



Report on World Health Day Celebration in Collaboration with Public Health Center Laloo, Hyderpora

Introduction: World Health Day is celebrated annually on April 6 to raise awareness about global health issues and to promote healthy living. This year, Iqbal Institute of Technology and Management (IITM) observed World Health Day in collaboration with the Public Health Center, Laloo, Hyderpora. The theme for World Health Day 2023 was "Health for All," emphasizing the importance of providing universal access to healthcare services for every individual, regardless of socioeconomic status.

Event Overview: On April 7, 2023, a special event was organized to commemorate World Health Day with the collaboration of Public Health Center Laloo. The event aimed at raising awareness about health-related issues and promoting the theme "Health for All." The activities included interaction sessions, health awareness talks, and the organization of a free medical camp for the local community and IITM students.

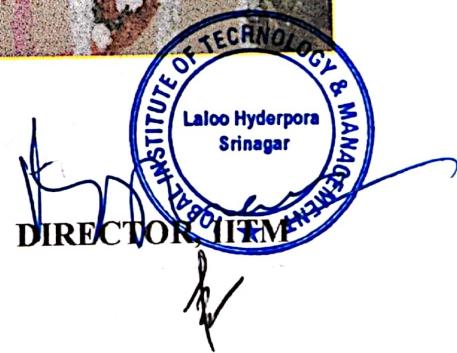
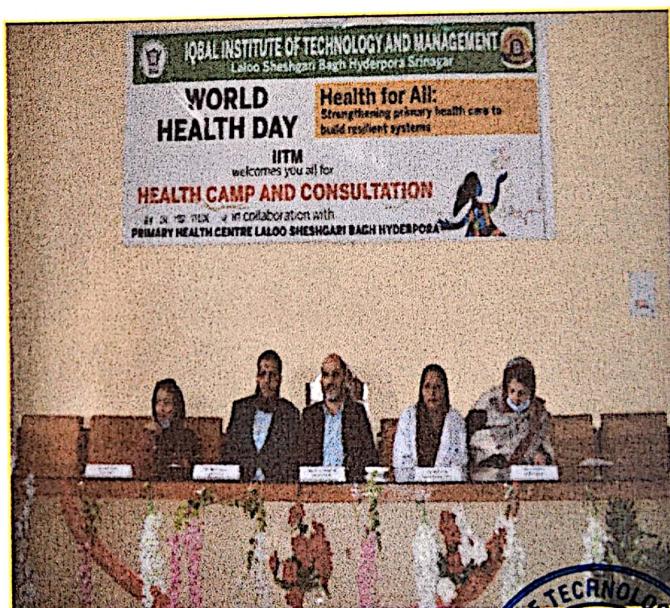
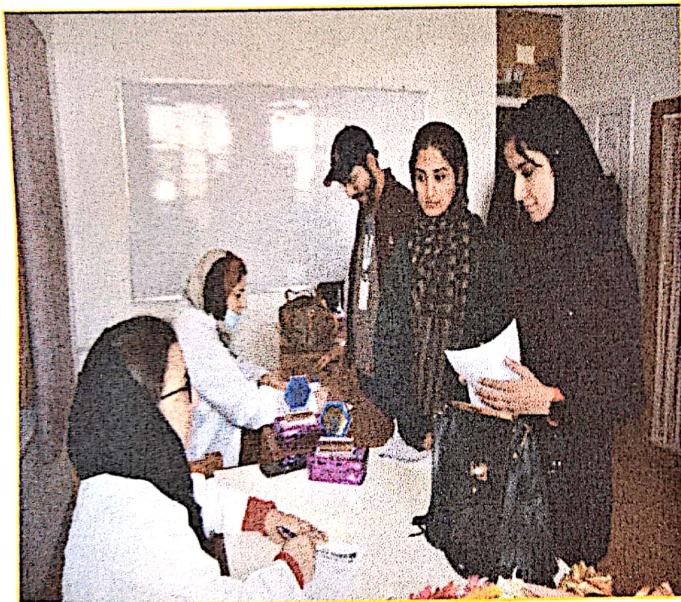
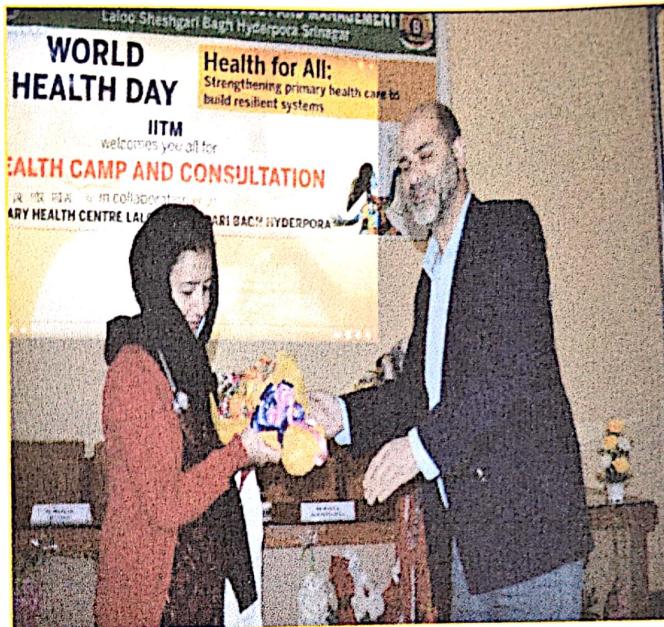
Objective: The primary objectives of the event were:

1. To promote the theme "Health for All" by educating students and the local community about accessible healthcare.
2. To provide free healthcare services, including basic medical consultations, check-ups and medications.
3. To raise awareness about the importance of health and well-being.
4. To foster collaboration between IITM and the Public Health Center Laloo, Hyderpora.

Activities Conducted:

1. **Interactive Sessions:** Public Health Center Laloo organized several interactive sessions with IITM students. These sessions covered various aspects of health, including preventive care, nutrition, mental health, and the importance of regular health check-ups. The experts from the public health center engaged students in lively discussions, answering their questions and sharing tips on maintaining good health.
2. **Health Awareness Talks:** The event featured informative talks on the theme "Health for All." Health professionals from the Public Health Center highlighted the importance of equitable healthcare services, the role of preventive healthcare in improving public health, and the significance of community health initiatives.
3. **Free Medical Camp:** A free medical camp was set up at IITM in collaboration with the Public Health Center Laloo. The camp offered a range of medical services, including free consultations, blood pressure check-ups, glucose testing, and general health assessments. Local residents and students were invited to avail of these services, ensuring that individuals from all walks of life could benefit from the initiative.

Impact: The celebration of World Health Day in collaboration with the Public Health Center Laloo proved to be a success in promoting the theme of "Health for All." Several students and local residents benefited from the free medical services provided, while others gained valuable knowledge about maintaining their health. The interactive sessions and health talks helped raise awareness about the importance of healthcare access and preventive measures in promoting long-term well-being.





Report on International Yoga Day Celebration

Date: June 21, 2023

Location: Iqbal Institute of Technology and Management (IITM)

Objective

The celebration of International Yoga Day at Iqbal Institute of Technology and Management (IITM) aimed to promote the physical, mental, and spiritual benefits of yoga. The event emphasized the importance of incorporating yoga into daily life as a means of improving overall well-being, reducing stress, and enhancing focus and productivity.

Event Highlights

1. Yoga Sessions

The day began with a group yoga session conducted by a certified yoga instructor. Students, faculty, and staff participated in various yoga poses designed to improve flexibility, strength, and mental clarity. The instructor also highlighted the importance of proper breathing techniques (pranayama) to reduce stress and increase mindfulness.

2. Lecture on the Benefits of Yoga

A special lecture was held, where an expert in wellness and yoga shared insights into the long-term benefits of regular yoga practice. The lecture focused on how yoga can enhance mental health, increase focus, improve posture, and alleviate common physical issues such as back pain and fatigue.

3. Promoting a Healthy Lifestyle

As part of the Yoga Day celebration, participants were also introduced to holistic living principles, including healthy eating, mindfulness, and the importance of sleep. Information about maintaining a balanced and healthy lifestyle was distributed through pamphlets and posters.

Acknowledgments

Special thanks to the yoga instructor for conducting the sessions and workshops with great expertise. Appreciation is also extended to the Department of Management Studies and the Physical Education Department for their support in organizing the event. The students and faculty members who participated in the sessions made the celebration a resounding success.

Conclusion

The celebration of International Yoga Day at IITM was a memorable and impactful event that not only raised awareness about the importance of yoga but also encouraged the community to adopt yoga as a practice for improving their health and well-being. The event reinforced the idea that yoga is a holistic approach to leading a healthy, balanced life. We look forward to continuing such initiatives in the future, aiming to foster a culture of wellness and mindfulness at IITM.





Report on Inter-College Marathon Run
Organized by Iqbal Institute of Technology and Management (IITM)
Date: 5th June 2023
Theme: Freedom from Drugs

On the occasion of World Environment Day, the Iqbal Institute of Technology and Management (IITM) organized an **Inter-College Marathon Run** on 5th June 2023. The event, themed *Freedom from Drugs*, aimed to promote a healthy and drug-free lifestyle while highlighting the importance of environmental preservation.

Event Details

The marathon began at **Foreshore Road, Nishat**, and concluded at **Duck Park**, covering a scenic route along the picturesque Dal Lake. Participants included over 100 students from various colleges, faculty members and volunteers.

Objectives

1. To raise awareness about the detrimental effects of drug abuse.
2. To inspire youth to adopt healthier lifestyles.
3. To commemorate World Environment Day by encouraging eco-friendly practices.

Inauguration Ceremony

The event commenced with a brief inauguration ceremony at Foreshore Road, where the Principal of IITM delivered an inspiring speech emphasizing the dual significance of the event—spreading awareness about drug abuse and environmental conservation.

Highlights of the Event

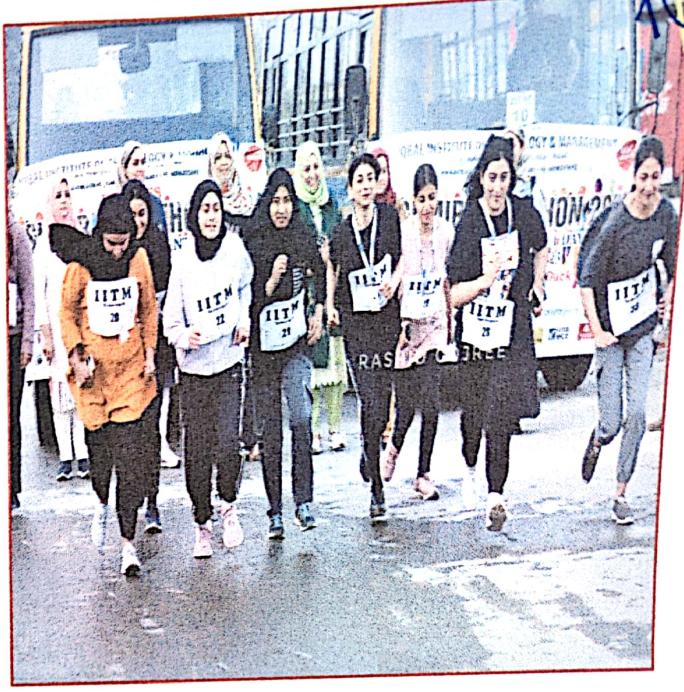
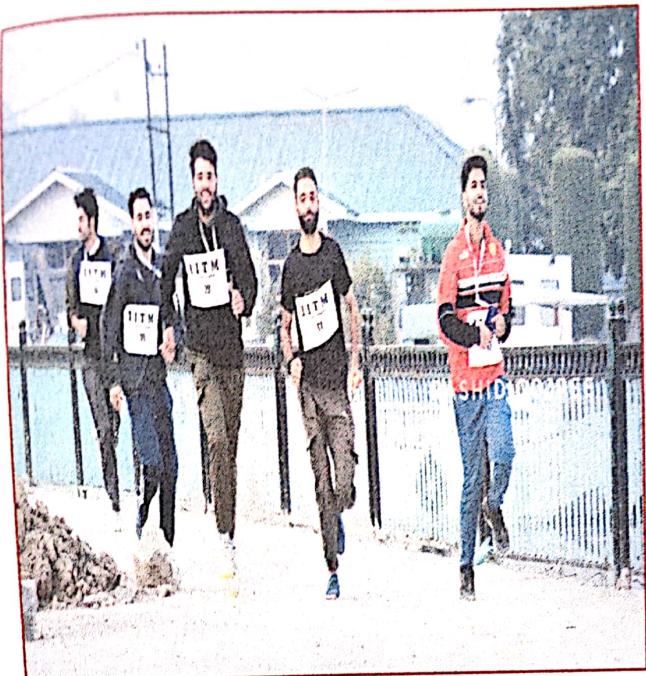
- The marathon was flagged off at 7:00 AM, with participants enthusiastically taking to the road amidst cheers and encouragement.
- Eco-friendly practices were emphasized, with water stations providing biodegradable cups and volunteers ensuring no littering occurred along the route.
- Informative banners and placards carried by participants spread impactful messages about the theme.

Awards and Acknowledgments

The top three runners were awarded trophies and certificates of appreciation during a small concluding ceremony at Duck Park. All participants received participation certificates as a token of encouragement from Chairman IITM in college Felicitation ceremony.

Conclusion

The event was a grand success, receiving positive feedback from participants and spectators alike. It not only raised awareness about the importance of staying drug-free but also underscored the significance of protecting the environment. The organizers expressed gratitude to all the participants, volunteers, and



X2

 IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT
Laloo, Hyderpora, Srinagar, J&K UT, India - 190014
www.iitm.edu.in | contact@iitm.edu.in | +91- 6006195692 

INITIATES
KASHMIR MARATHON 2023
WORLD ENVIRONMENT DAY
Monday 5th June, 2023
Running Track: Nishat To Duck Park
Sponsored By:







Laloo, sheshgari bagh, 2QXF+4H9, Hyderpora, Srinagar, 190014

Latitude

34.04770478°

Local 11:23:13 AM
GMT 05:53:13 AM

Longitude

74.77399156°

Altitude 1587 meters
Wednesday, 20.12.2023



GPS Map Camera



18/01/25 12:15 PM GMT +05:30

COMPUTER SCIENCE DEPARTMENT

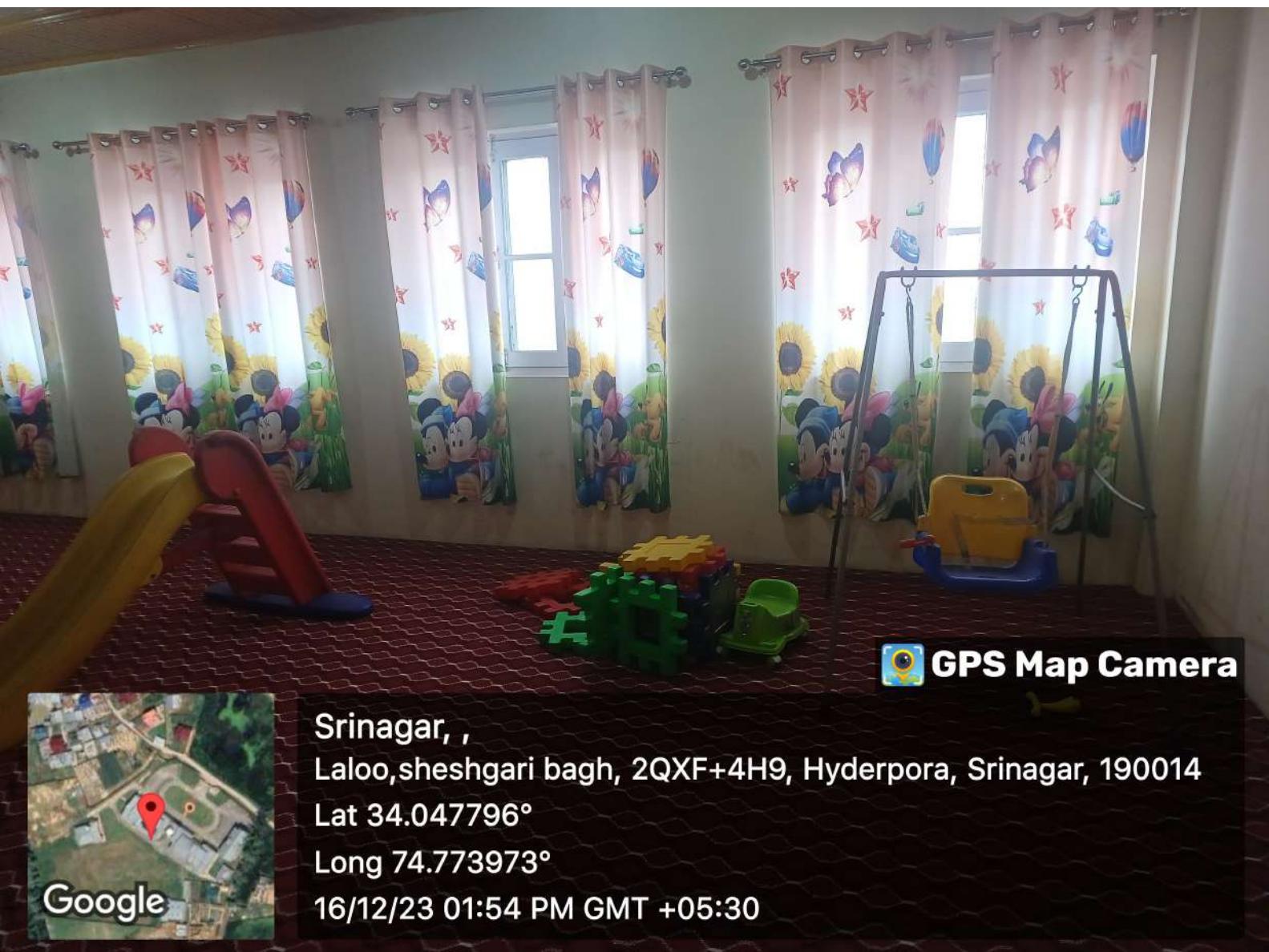


Google



GPS Map Camera

Srinagar
, Srinagar, 190015
Lat 34.047683° Long 74.774176°
18/01/25 12:14 PM GMT +05:30

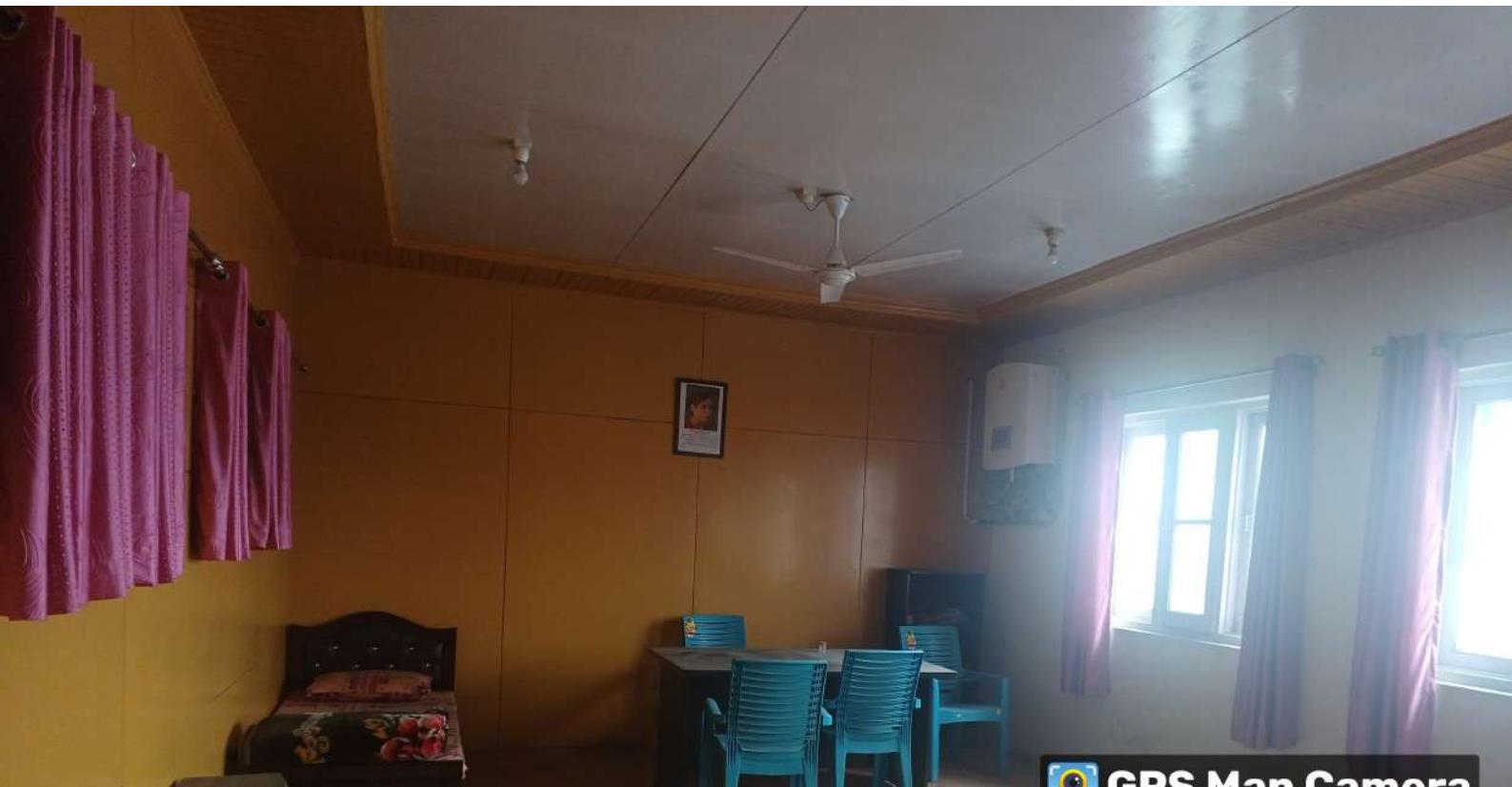


GPS Map Camera



Google

Srinagar, ,
Laloo, sheshgari bagh, 2QXF+4H9, Hyderpora, Srinagar, 190014
Lat 34.047796°
Long 74.773973°
16/12/23 01:54 PM GMT +05:30



 GPS Map Camera



Srinagar ,
Laloo,sheshgari bagh, 2QXF+4H9, Hyderpora, Srinagar, 190014
Lat 34.047796°
Long 74.773976°
16/12/23 01:57 PM GMT +05:30



 GPS Map Camera



Srinagar, ,
Laloo, sheshgari bagh, 2QXF+4H9, Hyderpora, Srinagar, 190014
Lat 34.047498°
Long 74.774419°
16/12/23 02:01 PM GMT +05:30

Dear Students,

Your safety, dignity, and well-being are our top priority. If you face or witness any form of harassment, ragging or inappropriate behavior, we are here to support you.

Please do not hesitate to reach out through the following helpline numbers:

- Anti-Harassment Helpline:** 9906471860
- Anti-Ragging Helpline:** 7006104909

Email Support: [swo@iitm.edu.in]
Counselor Contact: [Room no. 40]

All reports will be treated with the utmost confidentiality, and strict action will be taken as per college and legal policies.

Let's work together to ensure a safe and respectful campus environment for everyone.

- College Administration



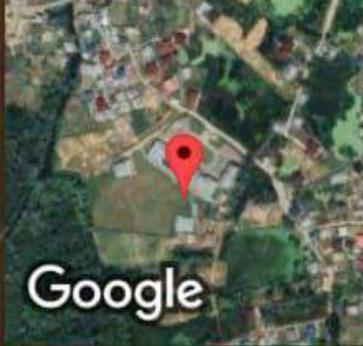
GPS Map Camera

Srinagar

, Srinagar, 190015

Lat 34.047683° Long 74.774176°

18/01/25 12:14 PM GMT +05:30



**OFFICE ORDER**ORDER NO : 364 IITM OF 2022

DATED : 04- 04 - 2022

In the interest of administration, Mr. Nisar Ahmad is hereby given the charge of Watch & Ward Officer with immediate effect till further orders for carrying out the smooth flow of work.

[Mir Zaffar Hussain]
PRINCIPAL

No. :- IITM/2022/78/00/553n
Dated: - 04-04-22

Copy for information to:-

1. HOD Computer Science.
2. Mr. Nisar Ahmad, Lab Bearer IITM
3. Office Order File.

Tax Invoice

Tax Invoice

SRINAGAR TECHNOLOGY CONSULTANTS PVT LTD 125 IT Tower One Electronic Complex Industrial Estate SIDCO Rangreth GSTIN/UIN: 01ABBFS5155Q2ZX State Name : Jammu & Kashmir, Code : 01 CIN: U72200JK2005PTC2488 E-Mail : accounts@stc.in, billing@stc.in Consignee (Ship to) IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO) Laloo, Sheshgari Bagh, Hyderpora Srinagar State Name : Jammu & Kashmir, Code : 01 Buyer (Bill to) IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO) Laloo, Sheshgari Bagh, Hyderpora Srinagar State Name : Jammu & Kashmir, Code : 01	Invoice No. STC222354	Dated 6-Mar-23
	Delivery Note	Mode/Terms of Payment
	Reference No. & Date.	Other References
	Buyer's Order No. IMT/46-49	Dated 4-Apr-22
	Dispatch Doc No.	Delivery Note Date
	Dispatched through	Destination Laloo, Hyderpora
	Bill of Lading/LR-RR No. dt. 4-Mar-23	Motor Vehicle No.
Terms of Delivery		

Sl No.	Description of Goods	HSN/SAC	Quantity	Rate	per	Disc. %	Amount
1	Hikvision 4MP Network PTZ Camera (DS-2DE4425IW-DE)	998314	5.00 No	33,885.50	No		1,69,427.50
2	Hikvision 5MP Network Varifocal Camera (DS-2CD3651G0-IZS 2.7 - 13.5 mm)	998314	9.00 No	13,664.96	No		1,22,984.64
3	Hikvision 4MP Network Dome Camera With Built in Mic (DS-2CD2143G2-IU 2.8 mm)	998314	23.00 No	6,029.42	No		1,38,676.66
4	Hikvision 64CH Professional Network Video Recorder (NVR) (DS-9632NI-18)	998314	1.00 No	79,750.00	No		79,750.00
5	WD 3.5 Surveillance HDD (Purple)	998314	2.00 No	26,745.76	No		53,491.52
6	Dlink L2 8 Port PoE Managed Switch (DGS-1210 Series) 10240	998314	2.00 No	12,000.00	No		24,000.00
7	Dlink 6 Core, Unitube, Armoured SM Optical Fiber Cable (OFC)	998314	555 Mtr	28.20	Mtr		15,651.00
8	Dlink Fiber Patch Panels 6 Port SM Loaded Rack Mountable (9NLU-FSSLSCR-12)	998314	5.00 No	3,566.27	No		17,831.35
9	Dlink Optical Fiber Equipment Cord (Min 3 Mtr) (NCB-FS09D-LCSC-3)	998314	10.00 No	1,118.64	No		11,186.40
10	Dlink Pigtails (NCB-FS09S-SC1)	998314	30.00 No	138.81	No		4,164.30

continued to page number 2

This is a Computer Generated Invoice

115

Tax Invoice(Page 2)

Tax Invoice

SRINAGAR TECHNOLOGY CONSULTANTS PVT LTD 125 IT Tower One Electronic Complex Industrial Estate SIDCO Rangreth GSTIN/UIN: 01ABBFS5155Q2ZX State Name : Jammu & Kashmir, Code : 01 CIN: U72200JK2005PTC2488 E-Mail : accounts@stc.in, billing@stc.in Consignee (Ship to) IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO) Laloo, Sheshgari Bagh, Hyderpora Srinagar State Name : Jammu & Kashmir, Code : 01 Buyer (Bill to) IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO) Laloo, Sheshgari Bagh, Hyderpora Srinagar State Name : Jammu & Kashmir, Code : 01	Invoice No. STC222354	Dated 6-Mar-23
	Delivery Note	Mode/Terms of Payment
	Reference No. & Date.	Other References
	Buyer's Order No. IMT/46-49	Dated 4-Apr-22
	Dispatch Doc No.	Delivery Note Date
	Dispatched through	Destination Laloo, Hyderpora
	Bill of Lading/LR-RR No. dt. 4-Mar-23	Motor Vehicle No.
Terms of Delivery		

SI No.	Description of Goods	HSN/SAC	Quantity	Rate	per	Disc. %	Amount
11	Dlink 9U Rack (NWR-9U-5040-GR)	998314	11.00 No	4,498.81	No		49,486.91
12	Dlink 1G SFP Transceiver for Single Mode Fiber (DEM-310GT)	998314	10.00 No	2,836.86	No		28,368.60
13	Dlink Category 6 UTP Indoor Cable, 4 Pair (NCB-C6UGRYR-305)	998314	24 Boxes	7,047.22	Boxes		1,69,133.28
14	Dlink Category 6 24 Port Jack Panel (NPP-C61BLK241)	998314	11.00 No	2,816.46	No		30,981.06
15	Dlink Category 6 UTP Patch Cord (NCB-C6UGRY1-1)	998314	120.00 No	138.11	No		16,573.20
16	Dlink Horizontal Cable Manager (NCM-XX01-B)	998314	11.00 No	437.42	No		4,811.62
17	Dlink Category 6 Modular Jack (Keystone) With Face Plate Single (NKJ-C6WHI1B21, NFP-0WHI11)	998314	248.00 No	172.20	No		42,705.60
18	Dlink Surface Mount Jack Box (Gang Box/SMB)	998314	248.00 No	53.45	No		13,255.60
19	Mikrotik Ethernet Router (CCR1036-12G-4S)	998314	1.00 No	1,05,423.73	No		1,05,423.73
20	PVC Conduit Pipe (1")	998314	1,981.00 No	22.84	No		45,246.04
21	PVC Conduit Bend (1")	998314	1,344.00 No	14.92	No		20,052.48
22	PVC Flexible 1"	998314	150 Mtr	19.58	Mtr		2,937.00
23	HDPE (High Density Polyethylene) 32mm Fiber Duct	998314	390 Mtr	65.25	Mtr		25,447.50

continued to page number 3

This is a Computer Generated Invoice



Tax Invoice(Page 3)

Tax Invoice

114

SRINAGAR TECHNOLOGY CONSULTANTS PVT LTD
 125 IT Tower One Electronic Complex
 Industrial Estate SIDCO Rangreth
 GSTIN/UIN: 01ABBFS5155Q2ZX
 State Name : Jammu & Kashmir, Code : 01
 CIN: U72200JK2005PTC2488
 E-Mail : accounts@stc.in, billing@stc.in
 Consignee (Ship to)
IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO)
 Laloo, Sheshgari Bagh, Hyderpora
 Srinagar
 State Name : Jammu & Kashmir, Code : 01
 Buyer (Bill to)
IQBAL INSTITUTE OF TECHNOLOGY & MANAGEMENT (LALOO)
 Laloo, Sheshgari Bagh, Hyderpora
 Srinagar
 State Name : Jammu & Kashmir, Code : 01

Invoice No. STC222354	Dated 6-Mar-23
Delivery Note	Mode/Terms of Payment
Reference No. & Date.	Other References
Buyer's Order No. IMT/46-49	Dated 4-Apr-22
Dispatch Doc No.	Delivery Note Date
Dispatched through	Destination Laloo, Hyderpora
Bill of Lading/LR-RR No. dt. 4-Mar-23	Motor Vehicle No.
	Terms of Delivery

SI No.	Description of Goods	HSN/SAC	Quantity	Rate per	Disc. %	Amount
24	Installation, Configuration, Testing & Comm of IP <i>IP Cameras</i>	998314	37.00 No	391.53	No	14,486.61
25	Installation, Configuration, Testing & Comm. of NVR	998314	1.00 No	1,584.75	No	1,584.75
26	Installation, Configuration, Laying, Termination, <i>Testing & Commissioning of Active Components</i> <i>& UTP Cabling Components with All Accessories</i>	998314	7,320 Mtr	27.97	Mtr	2,04,740.40
(27)	Installation, Laying, Splicing, Termination, <i>Testing & Commissioning of Fiber Cable(underground)</i>	998314	130 Mtr	254.49	Mtr	33,083.70
(28)	Installation, Laying, Splicing, Termination, <i>Testing & Commissioning of Fiber Cable (surface)</i>	998314	404 Mtr	84.75	Mtr	34,239.00
29	Supply, Installation, Laying, Termination, <i>Testing & Comm. of Centralising Electric wiring</i> <i>Supply Uninterrupted Power to Wired & Wireless Network with Earthing (2.5 mm 2 Core Polycab Wire)</i>	998314	450 Mtr	245.76	Mtr	1,10,592.00
30	Dlink L2 24 Port PoE Managed Switch <i>(DGS-1210 Series)</i>	998314	3.00 No	25,830.00	No	77,490.00
<i>Output CGST @ 9%</i>						
16,67,802.45						
1,50,102.24						

continued to page number 4

This is a Computer Generated Invoice



Scanned with OKEN Scanner

(54)

Sold By :

Nakshatra Technology

* H.No 421/0469, Shreekrushna Nagar, behind
Yashwant Market,, Near Mauli Iwans, Ambad,
Nashik, MAHARASHTRA, 422010
IN

PAN No: AMIPJ1712C

GST Registration No: 27AMIPJ1712C1ZK

Billing Address :

Principal, IITM,
Laloo, Hyderpora,
Srinagar, JAMMU & KASHMIR, 190014
IN

State/UT Code: 01

Shipping Address :

Principal, IITM,
Laloo, Sheshgharibagh, Hyderpora,
Srinagar, JAMMU & KASHMIR, 190014
IN

State/UT Code: 01

Place of supply: JAMMU & KASHMIR

Place of delivery: JAMMU & KASHMIR

Invoice Number : IN-286

Invoice Details : MH-861201605-2122

Invoice Date : 26.03.2022

Order Number: 408-3814770-2654757

Order Date: 26.03.2022

Passed for Rs. 5,099/-
(Rupees Five thousand
Ninety-nine only)

Sl. No	Description	Unit Price	Qty	Net Amount	Tax Rate	Tax Type	Tax Amount	Total Amount
1	Stay Happy Manual Sanitary Napkin Vending Machine 33 Pad Capacity (Rs. 5 Coin Selector) B07MZ68VGN (Nakshatra Technology Manual Vending mach) HSN:84186930	₹4,321.19	1	₹4,321.19	18%	IGST	₹777.81	₹5,099.00
TOTAL:								₹777.81 ₹5,099.00

Amount in Words:

Five Thousand Ninety-nine only

For Nakshatra Technology:

Authorized Signatory

Whether tax is payable under reverse charge - No

Payment Transaction ID: 3lpxfVVRUoZ4H99kAK6n	Date & Time: 26/03/2022, 14:56:27 hrs	Invoice Value: 5,099.00	Mode of Payment: Credit Card
---	--	----------------------------	------------------------------

For verification / stock entry

Mrs. Girija
I/c Girls C. Room

Ms. Mehwaz

Item verified &
entered into the
stock register at
J. M. 190. of
store No. 134/w.
Stock taken account
of payment received.

The item has been delivered
physically verified
by me
26/03/2022

Amazon Seller Services Pvt. Ltd. operating in India, Ltd. only where Amazon Retail India, Pvt. Ltd. fulfillment center is collocated.
Customers do not pay any GST what are collected by Amazon. Amazon and purchase of Amazon business from Business eligible sellers.
Please note that this invoice is not a demand for payment.

9. Grievance Redressal Committee :-

- | | | |
|------|-------------------------|--------------------------------------|
| I. | Chairman | : Dr. R. A. Thakur (Director, IITM). |
| II. | Convener | : Mrs. Sabina Tariq. |
| III. | Members | : Mrs. Qurat, Mrs. Ambreen. |
| IV. | Student Representative. | |

Objectives:-

1. To provide an avenue for the aggrieved students to redress their individual grievances in order to have a healthy atmosphere among students, staff and management in the Institute.
2. To comply with the AICTE regulations to provide for establishment of Grievance Redressal Committee in each Institute approved by AICTE.

Responsibilities:-

1. Committee members meet once a month to discuss and resolve the grievances, if any received in writing from the concerned students or received from IT Cell through our grievance redressal software.
2. The SGRC shall send its report with recommendations, if any, to the concerned institution and a copy thereof to the aggrieved student, within a period of 15 days from the date of receipt of the compliant
3. To maintain the minutes of the meetings and submit the same to the Principal.



2. Disciplinary & Anti Ragging Committee :-

- i. Convener : Mr. Adil Mehraj
- ii. Members : Dr. Asma Gulzar, Mrs. Asifa Arabi.
- iii. Student Representative.

Objective:-

To assist the college authorities in promoting and maintaining discipline in the institute and prevent anti ragging menace in any form.

Responsibilities:-

1. To promote and maintain discipline in the institute by pro-actively assisting the college authorities by involvement and giving suggestions.
2. To ensure implementation of anti-ragging measures by students in the institute by pro-actively involving, giving wide publicity to prevent ragging and taking rounds around college premises and such taking preventive measures.
3. Awareness among Staff & Students regarding rules, norms, and values of I.M.T.
4. Remedial measures for indiscipline of any kind.



10. Women Development Cell :-

- i. Convener : Mrs. Qurat.
- ii. Members : Dr. Asma Gulzar and Dr. Mariya Mushtaq
- iii. Female Student Representatives.

Objectives:-

1. To create and maintain safe, healthy and supportive environment for women and girl students in the campus.
2. To address issues faced by women at work place and to organize awareness generation programs and to take preventive steps towards protection of women staff / female students from harassment in the college.
3. The Women Redressal Committee and Internal Complaints Committee is functioning in the college as per the norms laid down by the AICTE / University of Kashmir.

Responsibilities:-

1. To organize workshops affecting women in general and especially in the following areas:
 - a. Sensitization and gender equality on campuses.
 - b. Issues of women arising from societal concerns.
 - c. Any other theme based activities and events concerning significant issues of women.

