Report On International Yoga Day

International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system.

Today, on 21st June 2022, Iqbal Institute of Technology and Management (IITM) celebrated International Yoga Day. It was attended by Principal IITM, Assistant Professors, Non-Teaching staff and Students of the college with great enthusiasm.
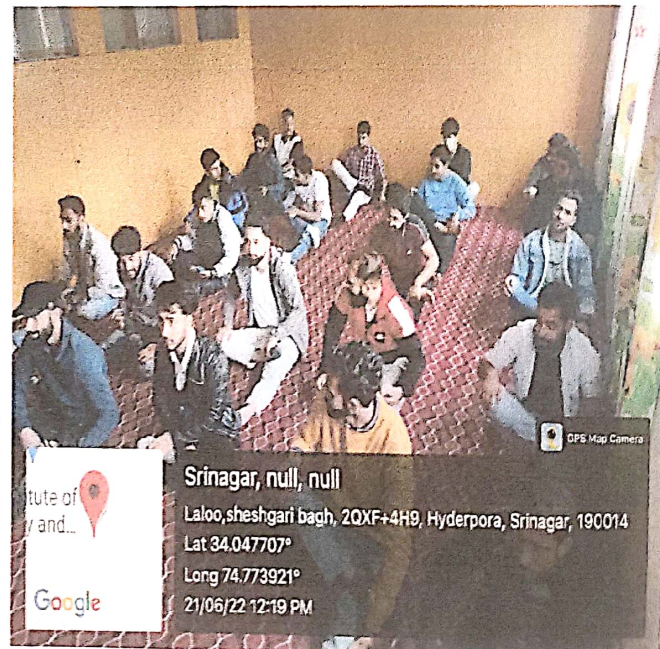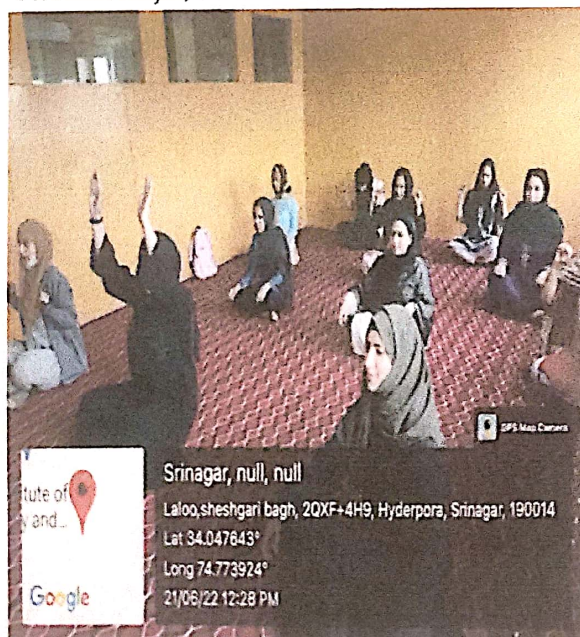
The event began with a brief introduction on Yoga Day by Mrs. Asma Gulzar and Mrs. Aasifa Arabi welcomed the IITM family and Instructor Mr. Pervaiz started the practice.
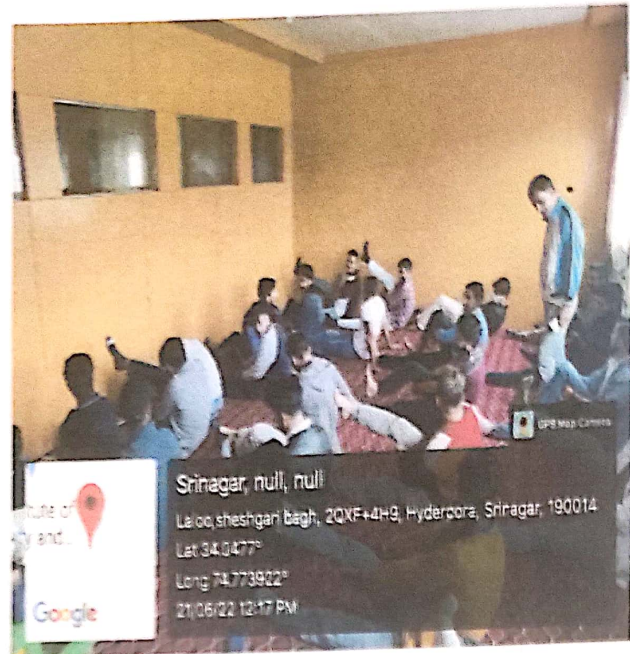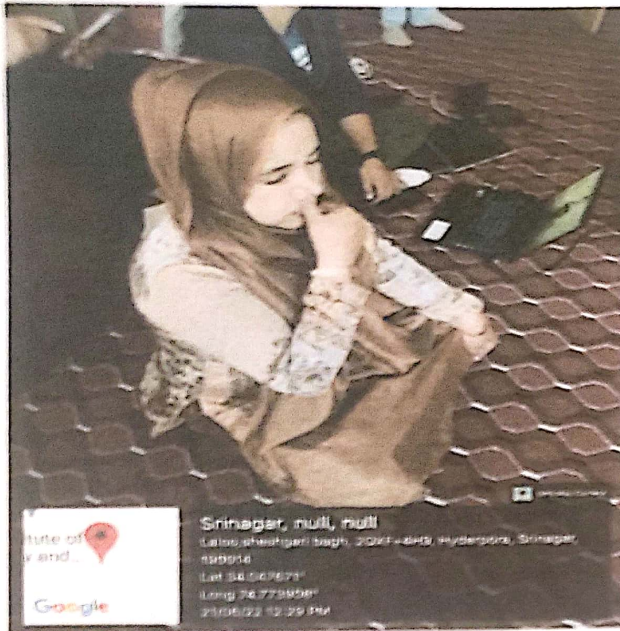
Warm up exercises were taken and all the students practiced & performed sitting and standing asanas, importance of these were explained simultaneously. The celebration concluded with the speech of our HOD Management Studies Mrs. Gousia Nazir. She encouraged students to practice regular yoga to remain fit and improve concentration.

The Hon'ble Principal addressed the participants on the importance of yoga practice in our life.All Faculties, Staff and students were taught the importance of Yoga in their life & how to maintain the harmony between body and mind. The students discussed the importance of yoga and also exhibited yoga postures and promised to introduce this activity in their daily lives.

International Yoga Day celebrations ended with a huge success under the supervision of the convener Cultural Committee, Mrs. Aasifa Arabi.

The function ended with a vote of thanks by Mr. Adil Majid, Member Cultural Committee.

Srinagar, null, null
Laloo,sheshgari bagh, 2QXF+4H9, Hyderpora, Srinagar, 190014
Lat 34.047643°
Long 74.773924°
21/06/22 12:28 PM

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Lat 34.067671°
Long 74.773958°
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PRINCIPAL

Print | Close Window

Subject: Complimentary Medical Camp By MedikoNet
From: Junaid Mushtaq <sales@medikonet.com>
Date: Thu, Dec 01, 2022 1:30 am
To: tap@iitmcampus.org

Dear Mr. Arshad,

It was great to talk to you earlier and as discussed here is a brief about our platform and also the details about the check-up camps that we are offering your institute,

We introduce MedikoNet as J&K's first true 'Health Service Provider' hosting platform where we connect patients/service users to their preferred Health Service Providers including doctors, pharmacists, diagnostic centers, and other medics.

MedikoNet comes with a variety of features - some of them are the Industry first including My MedikoNet - a personalized digital space where our 'App Users' have the power to manage their profile, digitalize the healthcare experience, and read from an interactive dashboard showing all their history at one place

As part of our endeavor to enhance the healthcare experience of the users, we would like to organize a free eye check-up for your institution. In the future, we will also organize other camps like general check-ups, dental check-ups, and other such services for your employees as well as students from time to time.

To begin with, we could start this program with Teachers, and then subsequently do it with the students as well and hopefully create awareness of the new and digitized healthcare system.

Our prime focus at MedikoNet is to save people's time, manage all their health-related issues on this platform and experience the state of art healthcare services. For this to happen we'll have to make sure all of those taking part, install our app beforehand so that we can manage the event properly. We would need the following things from your end:
- Provide us the MK ID's after they download the MedikoNet (Our team members will guide on this process). We will use the ID's for managing the appointments during the medical camp.
- We will also need ample and proper space for executing the consultations. We will send you the list of equipment the management will bring along for the consultations.
- We will need two separate rooms to do both Dental and Eye checkups simultaneously.
- We might require 3 medium size tables and 5-10 chairs

Looking forward to taking this forward with your organization.

Thank You

IITM/2022/N/23/ 1119   dated:- 11-11-2022

Notice regarding Seminar on
CYBER SECURITY

DATE : 14/11/2022

VENUE : Seminar Hall

CLASS: BCA IST SEMISTER

TOPICS

Careers in Cyber Security.
Security Breaches & Cyber Attacks.
Hackers & Cyber Defense.
Domains of Cyber Security.
Cyber security is Highest paid IT domain.
Training for different security domains.

Arshad Ahmad
P.

Mir Zaffar Hussain
PRINCIPAL

copy for information to :-
1) HOD Computer Science
2) Coordinator CS.
3) Whatapp group. (student)
4) office copy.

ose Window

ct: **Re: Permission for cyber security seminar**

om: **Ahmad Asif <ahmadaasif00@gmail.com>**

Date: **Tue, Nov 08, 2022 10:56 pm**

To: **tap@iitmcampus.org**

Greetings for the day!

Below are the topics which will be covered during the seminar:

Careers in Cyber Security.
Security Breaches & Cyber Attacks.
Hackers & Cyber Defense.
Domains of Cyber Security.
Cyber security is Highest paid IT domain.
Training for different security domains.

Regards,
Asif Sofi

On Wed, 2 Nov, 2022, 2:32 pm Ahmad Asif, <ahmadaasif00@gmail.com> wrote:

Dear Sir,

With humble request, I am writing this to you so that I can ask for your permission, that I want to conduct a seminar on Cyber Security, which will definitely help the students for Security awareness and about the careers in cyber security. Cyber Security is the backbone of information technology, in order defend our assets, we need skilful Security engineers. Security Analysts/Engineers are highly paid IT professionals. Due to skill shortage, multi-national companies don't miss the opportunity when they find skill security engineers.

As there is lot of skill shortage in the cyber security domain and at the same time there is a demand of Security analysts and engineers. Being a security engineer, I really feel it's the right time to conduct awareness programs so that our new generation will have good careers in the field of Cyber security. Along with Cyber Security Seminars, I want to give awareness to students for completing the trainings from online and offline as well.

Looking forward to hearing from you soon.

Thanks & regards,
Mohammad Asif
Sr. Security Analyst.
Ph: 7006249276

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Attendance sheet for seminar on CYBER SECURITY (14/11/2022)

S.NO	Name of Student	Roll no	Batch	Signature
1	Taiba	58	BCA 9st Sem	Taiba
2	Baria		BCA I^st Sem	
3	Syeda Iffat	44		Iffat
4	Shaista	40	BcA 9st sem	
5	Tamkeen	46	BCA 1st Sem	
6	Faraz	15	BCA 1st Sem	
7	Imran Rather	25	BCA 1st sem	
8	Atoofa	10	BCA 1st sem	
9	Haran	69	BCA 1st sem	
10	Daniyal	23	BCA 1st Sem	Daniyal
11	Amaan	21	BCA 1st Sem	Salman
12	Salman	37	" "	Salman
13	Yawar	3	" "	Yawar
14	Faheem Manzoor	12	" "	
15	Tanik Shah	11	" "	
16	Asim Rashid	08	" "	
17	Moomin Mushtaq	30	" "	Moon
18	MOIN JAN RASHID	98	BCA 1st Sem	
19	TEHLEEL WANI	48	" "	
20	MUZAMIL BILAL	34	" "	M
21	Saarikh-ul-Bari	54	BCA 1st Sem	
22	Khalid Mahmood bin	61	BCA 1st Sem	
23	Ubaid Ullah	62	BCA 1st Sem	Ubaid
24	Fuzail Farooq	65	BCA 1st Sem	Fuzail
2.05	Aamir farooq	64	BCA 1st Sem	
26	Mohd Furkan	24	BCA 1st Sem	
27	INAM	17	BoCoA Ist Sem	
28	Sania Ashraf	38	BCA 9st Sem	Sania
29	Sajan Qayoom	36	BCA Ist Sem	
30	AHLAM MUSHTAQ	06	BCA Ist Sem	Ahlam

A2STEM Boot Camp 20th- 29th March 2023

LOCATION: Iqbal Institute Of Technology and Management, Narkora, Hyderpora, Srinagar, Jamm

S.No	Name	Email	Whatsapp Number		20th March	27th March	28th March
1	Aayid Rafiq	aahiedsofi12@gmail.com	9541428117		P		P
2	Ahlam Mushtaq	ahlammushtaq19@gmail.co	7889511707		P	P	P
3	Ahmad yawar	yawarmajeedbhat@gmail.co	9622166185		P	P	
4	Amir Farooq	melinbracco8@gmail.com	6005757931		P		
5	Asrar Fayaz Patha	asrarisof201@gmail.com	7889315162		P		
6	Baria Saleem	sheikhbaria123@gmail.com	9541591440		P	P	
7	Faheem Manzoor		7889506140		P	P	P
8	Faisal Khan	fk678274@gmail.com	8493912012		P	P	
9	Fanik hussain		9541379003		P	P	P
10	Fuzail farooq	fuzailf2@gmail.com	9103390537		P		
11	Masrat Yousuf	masratyousuf993@gmail.co	9149999373		P	P	P
12	Mehky Jaan	mehakhilal4503@gmail.com	9682601821		P	P	
13	Mir Amaan	miramaan88@gmail.com	7780905585		P	P	P
14	Mohammad Daniy	sidiq.daniyal@gmail.com	9622739061		P		
15	Mohammad Nazim	silenthack481@gmail.com	6006754509		P	P	
16	Mohammad Usma	usman826@gmail.com	7006408672		P		P
17	Moin Jan Rashid	moinmj7@gmail.com	7298449558		P	P	P
18	Mubaid Rashid		9682677441		P		
19	Mudasir Ahmad	mudasirnabi700@gmail.con	6006141613		P		
20	Mudasir Ahmad M	mirmudasir692@gmail.com	9149481557		P		P
21	Mudassir Rashid	wanim717@gmail.com	6005045591		P		P
22	Muzamil Bilal	mirm76732@gmail.com			P		P
23	Rayid ul Islam	rayyidbyya@gmail.com	8899801696		P		
24	Safaan Qayoom	qayoomsafan@gmail.com	6006269878		P	P	P
25	Salman Ali Khan	Khanalisk111@gmail.com	9149528275		P	P	P
26	Sania Ashraf	saniaashraf1313@gmail.con	6006656691		P	P	P
27	Shaista Rehman	basitpaul178@gmail.com	6006719205		P	P	
28	Shakir Ahmad Dar	Shakirahmaddara@gmail.co	8803532722		P		
29	Syeda Iffat	syedaiffat444@gmail.com	9149871735		P		P
30	Taiba	taibamalik957@gmail.com	6005175711		P	P	P
31	Tehleel Ashraf	tehleelwani15@gmail.com	9682582144		P	P	P
32	Ubaid ulllah	ubaidullah9622@gmail.com	9622020697		P		

				P		P	P
33	Umi Ayman		6005062821	P			
34	Usman Iqbal Qure	theefreetqureshi@gmail.com	8082261443	P			
35	Zahid Rather	zahidahimad3@gmail.com	8825075764	P			P
36	Zaid bin rashid	zaidbinrashid85@gmail.com	9541651716	P			

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IQBAL INSTITUTE OF TECHNOLOGY AND MANAGEMENT
Laloo Sheshgaribagh Hyderpora Srinagar
www.iitmcampus.org | iitm.sgr@gmail.com | +91 90703 37770

Attendance of BCA 2ND Semester Batch 2022 upto 25/05/2023

S NO.	ROLL NO	Name	REG_NO	Applied Computing (Ambreen)	Computer Applications(Mr.Imran)	Digital& technological (Qurat)	Phython Programming (Mr.Sajad)	Personality Development(M)	English Communication(Mrs.Anjuman)	HRM(Rizwana)	Total No Of Classes	%age
		Total no of Lectures :----------------->		30	34	16	13	30	30	29	152	116.0
1	BCA2022 I 01	ABID BASHIR	1330-IITM-2022	0	0	0	0	0	11	10	21	16.0
2	BCA2022 I 02	AHLAM MUSHTAQ BAGAW	1331-IITM-2022	27	18	11	9	17	12	15	92	60.5
3	BCA2022 I 03	AHMAD YAWAR BHAT	1371-IITM-2022	19	15	5	4	14	11	6	60	45.8
4	BCA2022 I 04	AMAN KHURSHID	1332-IITM-2022	20	5	3	1	15	13	1	43	32.8
5	BCA2022 I 05	ANEES RIYAZ	1333-IITM-2022	21	5	4	1	15	0	1	32	24.4
7	BCA2022 I 07	ARISH		0	4	0	0	0	0	0	4	3.1
8	BCA2022 I 08	ASIM RASHID	1323-IITM-2022	0	0	0	0	0	0	0	0	0.0
9	BCA2022 I 09	ASRAR FAYAZ PATHAN	1334-IITM-2022	20	15	3	3	13	16	6	63	48.1
10	BCA2022 I 10	ATOOFA KOUNSER	1335-IITM-2022	21	19	4	5	15	15	10	74	56.5

#	Roll No	Name	Registration									Total	%
11	BCA2022 I 11	FAANIQ HUSSAIN	1336-IITM-2022	24	17	8	2	12	16	13		80	61.1
12	BCA2022 I 12	FAHEEM BIN MANZOOR	1337-IITM-2022	26	17	11	2	12	19	12		87	66.4
13	BCA2022 I 13	FAISAL KHAN	1338-IITM-2022	23	7	9	1	10	13	2		55	42.0
14	BCA2022 I 14	ZAID BIN RASHID	1339-IITM-2022	21	9	6	1	11	0	4		41	31.3
15	BCA2022 I 15	FARAAZ KHAN	1340-IITM-2022	20	19	2	4	14	12	4		61	46.6
16	BCA2022 I 16	HAZIM MUSHTAQ	1341-IITM-2022	21	5	6	2	12	0	3		37	28.2
17	BCA2022 I 17	INAM UL HAQ	1342-IITM-2022	22	5	4	1	11	13	3		48	36.6
18	BCA2022 I 18	INAYAT MANZOOR	1343-IITM-2022	22	1	4	3	13	0	3		33	25.2
19	BCA2022 I 19	KAMRAN GOWHAR	1344-IITM-2022	22	2	5	4	14	14	4		51	38.9
20	BCA2022 I 20	MASRAT YOUSUF	1345-IITM-2022	22	16	7	4	14	16	11		76	58.0
21	BCA2022 I 21	MIR AMAAN RIYAZ	1346-IITM-2022	22	17	7	5	15	12	8		71	54.2
24	BCA2022 I 23	MOHAMMAD DANIYAL	1347-IITM-2022	23	15	9	5	15	14	7		73	55.7
25	BCA2022 I 24	MOHAMMAD FURKAN	1318-IITM-2022	0	15	5	6	16	18	13		57	43.5
26	BCA2022 I 25	MOHAMMAD IMRAN RATHER	1348-IITM-2022	21	12	0	3	13	12	7		55	42.0
27	BCA2022 I 26	MOHAMMAD IRFAN	1320-IITM-2022	21	13	3	3	13	13	11		64	48.9
28	BCA2022 I 27	MOHAMMAD USMAN ZARGAR	1349-IITM-2022	0	13	0	3	23	23	9		48	36.6
29	BCA2022 I 28	MOIN JAN RASHID	1326-IITM-2022	5	19	7	4	14	17	12		64	48.9

Sr	Roll	Name	Enrollment									
30	BCA2022 I 29	MOIN HASSAN ANDRABI	1350-IITM-2022	0	0	3	0	0	0	4	7	5.3
31	BCA2022 I 30	MOOMIN MUSHTAQ	1374-IITM-2022	21	1	3	3	13	0	3	31	23.7
32	BCA2022 I 31	MUDASIR AHMAD MIR	1351-IITM-2022	18	20	3	7	16	16	8	72	55.0
33	BCA2022 I 32	MUDASIR RASHID	1319-IITM-2022	18	5	3	3	23	0	3	32	24.4
34	BCA2022 I 33	MUNEER AHMMAD SOFI	1370-IITM-2022	21	15	4	4	14	14	6	64	48.9
35	BCA2022 I 34	MUZAMIL BILAL	1373-IITM-2022	18	15	6	1	11	23	7	70	53.4
36	BCA2022 I 35	RAYID UL ISLAM SHAH		19	8	6	0	0	15	2	50	38.2
37	BCA2022 I 36	SAFAN QAYOOM	1321-IITM-2022	21	18	11	8	18	16	14	88	67.2
38	BCA2022 I 37	SALMAN ALI KHAN	1352-IITM-2022	21	17	8	5	15	14	10	75	57.3
39	BCA2022 I 38	SANIA ASHRAF	37258-BC-2019	18	15	11	7	17	13	12	76	58.0
40	BCA2022 I 39	SARIB NASEER	1353-IITM-2022	17	17	9	4	14	12	9	68	51.9
41	BCA2022 I 40	SHAISTA REHMAN	1375-IITM-2022	18	23	11	7	17	18	17	94	71.8
42	BCA2022 I 42	SHIFRAAN NAZIR WANI	1354-IITM-2022	17	3	4	0	0	13	1	38	29.0
43	BCA2022 I 43	SOUBAN PARVAIZ	1355-IITM-2022	18	4	2	1	11	0	1	26	19.8
44	BCA2022 I 44	SYEDA IFFAT	1356-IITM-2022	14	17	9	9	18	16	12	77	58.8
45	BCA2022 I 45	TALHA FAYAZ	1357-IITM-2022	12	1	2	0	0	0	0	15	11.5
46	BCA2022 I 46	TAMKEEN SHABIR	1358-IITM-2022	16	18	7	4	14	11	7	63	48.1
47	BCA2022 I 47	TAYAB MOHI UD DIN BHAT	1359-IITM-2022	0	6	3	0	0	0	0	9	6.9

#	Enroll	Name	Roll No								Total	%
48 / I 48	BCA2022	TEHLEEL ASHRAF	1372-IITM-2022	15	15	6	1	11	15	9	61	46.6
49 / I 49	BCA2022	WASEEM AHMAD WANI	1324-IITM-2022	13	8	0	1	13	0	4	26	19.8
50 / I 50	BCA2022	ZAHIK RASHEED	1382-IITM-2022	15	0	0	0	0	0	1	16	12.2
51 / I 51	BCA2022	SHEIKH UMER IQBAL	1328-IITM-2022	0	2	2	0	0	0	2	6	4.6
52 / I 52	BCA2022	AAYID RAFIQ	1360-IITM-2022	0	6	2	0	0	12	4	24	18.3
53 / I 53	BCA2022	MOHAMMAD SARHAN WANI	1327-IITM-2022	18	3	0	0	0	14	0	35	26.7
54 / I 54	BCA2022	SAARIKH-UL-BARI NAQASHBANDI	1361-IITM-2022	12	9	1	3	14	13	0	38	29.0
56 / I 57	BCA2022	MAVIN MANZOOR	1325-IITM-2022	6	2	3	0	0	0	2	13	9.9
57 / I 58	BCA2022	TAIBA	1329-IITM-2022	12	22	10	9	19	16	15	84	64.1
58 / I 59	BCA2022	OWAIS NAZIR	1362-IITM-2022	0	3	3	1	11	11	2	20	15.3
59 / I 60	BCA2022	SUHAIB FAYAZ BANDAY	1376-IITM-2022	12	0	0	0	0	0	0	12	9.2
60 / I 61	BCA2022	Khalid Mahammad Jan	1363-IITM-2022	17	9	10	2	12	21	5	64	48.9
61 / I 62	BCA2022	Ubaidullah	1364-IITM-2022	13	12	0	7	17	11	3	46	35.1
62 / 63	BCA2022 I	NIDASH NAZIR	1369-IITM-2022	5	0	2	0	0	14	0	21	16.0
63 / 64	BCA2022 I	Amir Farooq	1365-IITM-2022	17	13	2	5	15	0	1	38	29.0
64 / 65	BCA2022 I	Fuzail Farooq	1366-IITM-2022	0	9	1	4	14	15	1	30	22.9

		Name	Enrollment	C1	C2	C3	C4	C5	C6	C7	Total	%
	BCA2022I	Hasnain Beigh	1367-IITM-2022	12	1	0	0	0	0	1	14	10.7
	BCA2022I 67	Adnan Ayoub	1390-IITM-2022	12	8	1	1	11	0	4	26	19.8
67	BCA2022I 68	Zahid Yousuf	1322-IITM-2022	0	12	3	5	16	0	2	22	16.8
68	BCA2022I 69	Hanan Sabzar mir	1368-IITM-2022	0	9	0	0	0	0	8	17	13.0
69	BCA2022I 70	usman	1388-IITM-2022	11	9	5	4	14	13	5	47	35.9
70	BCA2022I 71	nazim	1386-IITM-2022	12	14	1	3	13	23	8	61	46.6
71	BCA2022I 72	umi aiman	1383-IITM-2022	0	7	3	0	0	15	3	28	21.4
72	BCA2022I 73	Azan	1385-IITM-2022	14	3	1	1	13	0	3	22	16.8
73	BCA2022I 74	Baria	1387-IITM-2022	11	23	7	10	18	18	19	88	67.2
74	BCA2022I 75	Obaid	1384-IITM-2022	12	8	0	0	0	12	4	36	27.5
75	BCA2022I 76	FAISAL Ahmed Rather		0	5	0	0	0	0	1	6	4.6
76	BCA2022I 77	Mehky Jan	1389-IITM-2022	15	13	6	6	26	19	4	63	48.1

Mrs.Aasifa Arabi
BCA Coordinator

Mr.R.A.THAKUR
(DIRECTOR IITM)

Iqbal Memorial Trust's Group of Institutions
IQBAL INSTITUTE OF TECHNOLOGY AND MANAGEMENT
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B NAAC 2022

PERSONALITY DEVELOPMENT COURSE MODULE

Week	Particulars	Method
1st week	**Introduction to personality and working towards developing it** • Definition and basics of personality • Analysing strengths and weaknesses • Corporate theories on personality development • Increasing vocabulary • Body language • Preparation of self introduction	Theory class One on one discussion Video class Practical class Practical class Practical class

2nd week and 3rd week	**Techniques in personality development stage I**
	 • Communication skills
	   1. Listening
	   2. Communication barriers
	   3. Overcoming these barriers
		Theory cum practical class, group discussions, impromptu, public speaking

	• Building self and self esteem • Working on attitudes i.e. aggressive, assertive and submissive	Theory cum practical class Questionnaire, role play, Management games
4th and 5th week	**Techniques in personality development stage II** • Introduction to leadership • Leadership styles • Group dynamics • Team building	Group discussion, extempore, case studies Case studies, questionnaire Team games, Management games
6th week	**Techniques in personality development stage III** • Interpersonal relationships 1. Analysis of ego states, transactions, strokes and life positions • Stress management Causes, impact and managing stress	Lecture and questionnaire Lecture, group discussion and relaxation techniques

7th week	**Techniques in personality development stage IV**
	 • Conflict management
	   1. Introduction to conflict management
	   2. Levels of conflict
	   3. Managing conflict
		Management games and questionnaire

	Time management • Concept, importance and need • Steps towards better time management	Management games, questionnaire
8th week	**Employability Quotient** • Resume building • The art of participating in group discussions • Acing the personal interview	Lecture, Group discussions, mock interviews

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COMMUNICATION SKILLS COURSE

Introduction

- Communication: An Introduction
- Definition and Scope
- Process of Communication
- Barriers to Communication (semantic/linguistic, physical, psychological, socio-cultural)/Overcoming Barriers
- Verbal/Non-Verbal Communication

Soft Skills

- Introduction to Soft Skills
- Personality Development/Emotional Intelligence
- Time Management/Leadership Skills
- Interpersonal relations/Public Speaking
- Facing Interviews/ Group Discussion/Presentation Skills

Writing Skills

- Letter Writing- Formal and Informal
- CV, Email, Message
- Minutes, Report Writing
- Notice, Memoranda
- Short Speech