WAIVER AND RELEASE OF LIABILITY

This Release and Waiver of Liability is executed in favor of Nathan Jin Swun, an individual, doing business as Masterful Meals, and its/his employees, assistants, volunteers, associates, affiliates, members, subcontractors, officers, directors, and agents, ("Releasees"), relating to their performance in presenting the Masterful Meals Program.

"Master Meals Program" means any and all activities organized, sponsored, sanctioned, or otherwise related to, the Masterful Meals Program, including, without limitation, the Masterful Meals cooking demonstrations, classes, presentations, and any activities related thereto.

LIABILITY RELEASE: The undersigned, on behalf of itself and its respective officers, directors, members, heirs, administrators, executors, successors, agents, representatives, contractors, employees, associates, affiliates, participants, and spectators to the Masterful Means Program, agents, and assigns, ("Releasors"), hereby unconditionally and irrevocably waive, release, discharge and covenant not to sue Releasees, jointly and severally, from any and every claim, demand, right or cause of action, of whatever kind or nature, and from any liability, cost, expense, injury, damage or loss, of whatever kind or nature, that Releasors may incur as a result of the Masterful Meals Program.

GENERAL RELEASE: Releasors acknowledge and agree that this Waiver and Release of Liability is intended to apply generally and comprehensively to any and all claims, liabilities, losses, costs or expenses resulting or arising from any injury, illness, death, loss or damage to person or property that Releasors may suffer, regardless of how or by whom caused, financial or otherwise, whether known or unknown, or foreseen or unforeseen, in connection with or as a result of Masterful Meals Program activities. Releasors are aware of the provisions of Section 1542 of the California Civil Code which states:

"A GENERAL RELEASE DOES NOT EXTEND TO CLAIMS THAT THE CREDITOR OR RELEASING PARTY DOES NOT KNOW OR SUSPECT TO EXIST IN HIS OR HER FAVOR AT THE TIME OF EXECUTING THE RELEASE AND THAT, IF KNOWN BY HIM OR HER, WOULD HAVE MATERIALLY AFFECTED HIS OR HER SETTLEMENT WITH THE DEBTOR OR RELEASED PARTY."

Releasors hereby unconditionally and irrevocably waive the provisions of Section 1542 of the California Civil Code.

Releasors agrees to indemnify, defend and hold harmless Releasees and their agents and representatives, from and against any and all claims, causes of action, loss, liability, cost, property damage or injury in any way arising from or related to i) the rendering of services for the Masterful Meals Program, ii) any breach by Releasors of any representation, warranty, or covenant contained herein.

ASSUMPTION OF RISK: Releasors are voluntarily participating in the Masterful Meals Program activities, which may involve a risk of injury of which the Releasors are each aware. Releasors hereby assume all risks and hazards incidental to participation in the Masterful Meals Program.

Releasors covenant, warrant, and represent that they shall Notify Releasee in advance in the event of any participant's food allergies or sensitivities

CONSENT FOR PHOTOGRAPHS: Releasors grant permission to Nathan Jin Swun to use Releasor's names and likenesses in any photographs, videotapes or digital recordings relating to the Masterful Meals Program activities for any legitimate purpose and without consideration or compensation of any kind.

Releasors hereby agree that this release is intended to be as broad and inclusive as permitted by the law of the State of California and, if any portion hereof is held invalid, the remainder shall continue in full legal force and effect.

Releasors covenant, represent, and warrant that Releasors have liability insurance
adequate to cover any potential liability arising from the Masterful Meals Program
activities, and have named Nathan Jin Swun an additional insured under such policies.

By:___

Date