

## **Vegan POV Lesson**

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Pam the panda needs to quit smoking. So first she goes to China. She decides she wants to turn over a new leaf because she is smoking 780 cigarettes a day.

First she tries to guit cold turkey. But she fails. She continues to smoke.

Hello, this is AJ. Welcome to the point of view story for "Vegan". Let's get started.

Next Pam the panda goes to Bangkok, Thailand. She goes to a Buddhist temple. She sees a monk at the temple. She says to the monk, "Help me. I'm over my head. I can't quit by myself."

The monk says, "Meditate 12 hours a day for 30 days."

But Pam is lazy. She doesn't wanna meditate 12 hours a day for 30 days. In fact, she quits meditating after only 2 minutes and 43 seconds.

And then she starts to smoke again.

She smokes and she smokes and she smokes more. Finally she decides to go to Japan. She goes to Japan to see Yoda. She says to Yoda, "Yoda, I need help. Now I smoke 1,800 cigarettes a day."

Yoda says, "Oh, that is a lot. But I'll give it a shot."

So he tells her, "Please smoke." And Pam begins to smoke. When she's smoking Yoda smacks her on the head. Pam starts to cry, "Why did you hit me?" Yoda says, "Smoke more." So Pam starts to smoke again. Yoda smacks her on the head again.

He hits Pam every time she smokes. Her head begins to hurt. She says, "Oh, I have a headache." She says, "Oh my god, I feel sick." Finally she decides, "No more, I will not smoke again." Pam finally quit smoking.

She becomes	healthy	and	happy.
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Okay, next this story is about the future. Imagine this is happening in 10 years, 10 years from now.

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Ten years from now Pam the panda will need to quit smoking. First she'll go to Japan. She'll decide to turn over a new leaf because she'll be smoking 780 cigarettes a day.

Well, first she's gonna try to quit cold turkey. But she's gonna fail. She'll continue to smoke.

So next she'll go to Bangkok, Thailand. She's gonna go to a Buddhist temple and she'll see a monk at the temple. She'll say to the monk, "Help me. I'm over my head. I can't quit by myself."

The monk is gonna say, "Meditate 12 hours a day for 30 days."

But Pam will be lazy. She won't want to meditate 12 hours a day for 30 days. In fact, she'll quit meditating after only 2 minutes and 43 seconds.

And then she'll start to smoke again and again and again.

She'll smoke and she'll smoke more. Finally she's gonna decide to go to Japan. Pam will go to Japan to see Yoda. She'll say to Yoda, "I need help. Now I smoke 1,800 cigarettes a day."

Yoda's gonna say, "Oh, that's a lot. But I'll give it a shot."

So he will tell her, "Please smoke." And Pam will begin to smoke. When she's smoking Yoda is gonna smack her on the head. And Pam will start to cry, "Why did you hit me?" Yoda'll say, "Smoke more." So Pam will start to smoke again and Yoda will smack her on the head yet again.

And he'll hit Pam every time she smokes. Her head will begin to hurt. She'll say, "Oh, I have a headache." She'll feel sick. And finally she'll decide, "No more, I will not smoke again." Pam is finally gonna quit smoking.

finally gonna quit smoking.

She'll become healthy and happy.

Alright, our final story begins with, "Since she was four years old..."

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Since she was 4 years old Pam has been smoking. She has been smoking since she was 4 years old. She has been smoking 780 cigarettes a day since she was 4 years old. Well, since she was 10 years old she has wanted to quit. So she has wanted to quit for a long time, for many years. Since she was



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10 years old she has wanted to quit. But she has not been able to quit. Not when she was 10 years old, not when she was 11, not when she was 15, not when she was 20, and not recently. She has not been able to quit smoking.

She has wanted to turn over a new leaf during this time. But she has not been able to do it. Well one day finally she went to China and she tried to quit cold turkey.

But she failed. She continued to smoke. So next she went to Bangkok, Thailand to a Buddhist temple.

She saw a monk at the temple. She said to the monk, "Help me. I'm over my head. I can't quit by myself."

And the monk said, "Meditate 12 hours a day for 30 days."

But Pam was lazy. She didn't wanna meditate 12 hours a day for 30 days. In fact, she quit after only 2 minutes and 43 seconds.

And then she started to smoke again.

She smoked and she smoked and she smoked more. Finally she decided to go to Japan. Pam went to Japan to see Yoda. She said to Yoda, "I need help. Now I smoke 1,800 cigarettes a day."

Yoda said, "Oh, that's a lot. But I'll give it a shot."

So he told her, "Please smoke." And Pam began to smoke. When she was smoking Yoda smacked her on the head. Pam started to cry, "Why did you hit me?" Yoda said, "Smoke more." So Pam started to smoke again. Yoda smacked her on the head again.

He hit Pam every time she smoked. Her head began to hurt. She said, "Oh, I have a headache." She felt sick. And finally she decided, "No more, I will not smoke again." Pam finally quit smoking.

She became healthy and happy.

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And that is the end of our point of view stories for "Vegan".