

## Welcome Guide

### Getting Started:

1. Go to the Forums and Register now: <http://www.EffortlessEnglishForums.com>  
Click **“Register”**  
Create a Username and Password  
Introduce yourself to other members. Ask questions.
2. Download the first lesson set.
3. Read “How To Use The Lessons” below:

### *How To Use The Lessons:*

Welcome To Learn Real English! You now have a link to the download page. **Save the email and link. Do not lose it.** It is the only way you can download each lesson set. You are only able to click on the link up to 9 times. Therefore, try to download all of the lessons at one time and then save them on your computer. That way you will always have them.

Each lesson set has a Real Conversation, a Vocabulary Lesson, a Mini-Story Lesson and a Point of View (POV) Lesson for you to listen to. And we've also included the text for each of these, in case you want to read along as you listen. All lessons in a set have the same name. These lessons go together. Every day, listen to all the lessons in ONE lesson SET (all the lessons with the same name). You will listen to only one set for a week or more. This is very important. You will only improve quickly if you follow this method-- one lesson set everyday-- the same lesson set every day for a week (or more).

What kind of lessons are in each set, and how should you use them?

\* A Real English Conversation (MP3)

Listen to the conversation. You can read the text for the conversation (PDF) as you listen. Definitions for important words and phrases can be found in the left column of this text file.

\* Vocabulary Lesson (MP3)

Just listen. Don't try to memorize the words.

\* Mini-Story Lesson (MP3)

This is the most powerful lesson. First time, just listen. Then, listen and pause after each question. Answer each question loudly in English, then play again. Don't worry if you don't understand everything. Don't worry

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about mistakes.

### \*Point of View (POV) Mini-Story Lesson (MP3)

These are a way to improve grammar fluency, without studying. Just listen carefully. Relax. Do not think about grammar rules.

*In the Mini-Story, Joe & AJ will do only three things:*

1. They will make a statement. After a statement, just say, “Ahhhh” or “Ohhhh”.
2. They will ask a question that you know the answer to. Just answer the question. You don't need to answer with a sentence. You can answer with only one or two words.
3. They will ask a question that you don't know the answer to. Guess. Yell a guess immediately.
4. Again, you can guess with just one (or a few) words. Saying a correct and exact answer is not important. The most important thing is speed. Try to answer very quickly (remember, one word is fine). Speed is your goal. You want short fast answers, not long answers! In the beginning, this may be difficult. That's OK. Use your pause button. Listen to this lesson many times every day for at least a week. The Mini-Story is the MOST IMPORTANT LESSON in the Learn Real English system. Listen to these lessons the most.

*Real Audio Conversation (MP3):*

\*Just listen. Relax and enjoy. Listen to it several times each day for at least a week. Your goal is to understand 100% instantly and automatically.

*Suggested Lesson Order (Every Day Using The Same Set):*

1. First, read the Conversation Text article. Read and review it, do not “study” it. Don't try to memorize it.
2. Listen to the Conversation several times.

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3. Listen to the Vocabulary Lesson a few times.
4. Listen to the Mini-Story Lesson several times.
5. Listen to the Point of View Mini-Story Lesson a few times.

### *Learning Schedule:*

Learn Real English is a deep learning system. You will learn each lesson very well. You will relax, go slowly and learn to speak English easily and automatically.

The best study schedule is as follows:

- \*Study one lesson set for a week or more. That's right, only one set for at least a week. If you get bored, make a game with the Mini-Story Lessons - Try to answer each question faster and faster.
- \*Everyday, listen to all of the lessons in the lesson set. Try to listen to each lesson (in the set) at least two times every day.
- \*Listen at least one hour every day. Two hours every day is best. It's OK to divide your time during the day. For example, you might listen 30 minutes in the morning, 30 minutes going to work, 30 minutes during lunch, 30 minutes going home, and 30 minutes before going to sleep. In fact, this is an excellent way to learn.
- \*Relax :) Do not think about grammar rules. Just listen to the lessons and enjoy them.
- \*Start with the first lessons (at the top of the list).

Even if the lessons seem easy, listen to only one set for a full week. You might know the words very well, but you need them to go deep into your brain. You need a lot of repetition and a lot of answering questions. If the lessons seem easy, try to answer the questions very quickly - make it a game.

If the lessons seem difficult - just relax. You can listen to one lesson set for 4 weeks or 10 weeks if necessary. Don't worry about doing a lot of

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lesson sets. This is not important. Relax and focus on understanding. Go slowly. You will improve a lot, even if you listen to only one lesson set for 10 weeks!

*The Learn Real English Forum (part of the Effortless English Club Forum):*

Meet your new family! As a user of The Learn Real English System, you can join our Forum. The Forum is a place to meet other members (as well as members from Effortless English Club). This is a bonus for users of Learn Real English.

**\*\*Go to the Forum at: <http://www.EffortlessEnglishForums.com>**

Use the Forum to meet other English speakers from all over the world. Schedule Skype discussions with other members. Share opinions, suggestions, and information. Make new friends.

**\*\*You will be asked to login.**

Click "Register" and create an account.

Later, you will login with the username and password you created.

Good luck and enjoy your Learn Real English lessons,  
Kristin Dodds, Joe Weiss, and AJ Hoge  
Directors of Learn Real English, LLC  
[www.LearnRealEnglish.com](http://www.LearnRealEnglish.com)