



The Quantum Garden

The stream of thought that waters the garden.

Search

Search

Now

March 5, 2023

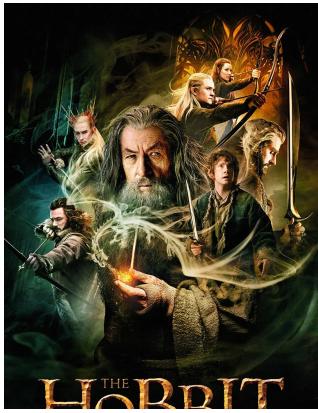
Bit of a crazy week. Doctor and psychologist appointments. Nothing too scientific, but I'm suffering severe depression, mild anxiety and moderate stress.

Had a number of good conversations of all types with different people about different things via different media. Should have been going away to a client this next week but that's been delayed so I have to rearrange everything.

Walked the 5km route this morning in the Bendigo Fun Run as part of a team from work. I was worried my left heel wouldn't make it, but was ok in the end, and remains ok at the end of the day.

Recently watched movies

Watched a little more of *The Raid 2* and finished *The Hobbit: The Desolation of Smaug* which had the last 40 minutes waiting for a couple of months. One sign of depression is the inability to complete things you'd normally otherwise enjoy doing.



5 March 2023



25 February 2023



In progress



10 February 2023



3 February 2023

Currently watching on TV

I run about a week behind on *The Last of Us* getting to episodes on Saturday morning instead of Monday evening. It's about getting the time to watch on my own terms and not have to dodge work, family and pets. The closeness to the game is amazing. No spoilers.



S01E07



S01E03



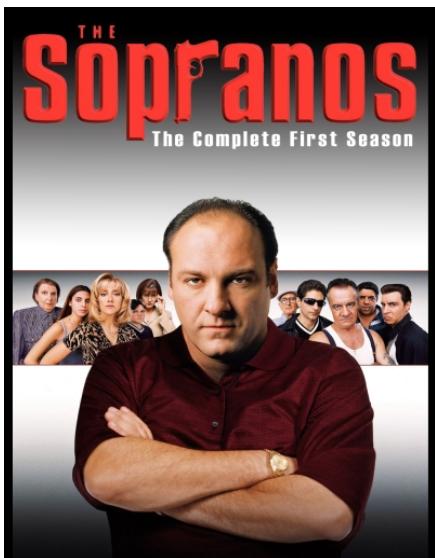
Complete



S02E06



S02E21



S01E07



S02E03

TV Seasons I've Completed contains a comprehensive list of all that I've watched from start to finish.

Currently gaming

I tried a couple of games this week. My PS Plus subscription level gives me plenty to choose from at no cost. Resident Evil was one and Fallout 4 another.

Today though has been Assetto Corsa Competizione where I am trying to get my safety rating above 50. Managed 51 today, but only just. Proud of yesterday's efforts on the Kyalami course where I took 2 seconds off my personal best.

And Elden Ring is back on the menu. Time to get back into this behemoth of a game and push my skill level upwards to get it finished.



In progress (struggling)



Started November 2021



Platinum 24 February 2023



Catinum 3 February 2023



Finished 21 January 2023

Currently reading

Very much enjoyed [The Collapsing Empire](#) by John Scalzi. Rather than push on with the series I'm back into [The Wheel of Time](#). Just 9 books to go.

Lord of Chaos

by [Robert Jordan](#)

tagged: currently-reading



Coaching To The Human Soul – Ontological Coaching And Deep Change

Volume I: The Linguistic Basis of Coaching

by [Alan Sieler](#)

tagged: currently-reading



Fire & Blood: 300 Years Before A Game of Thrones

by [George R.R. Martin](#)

tagged: currently-reading and audiobook



Sherlock Holmes: The Definitive Audio Collection

by [Arthur Conan Doyle](#)

tagged: currently-reading and audiobook



The Odyssey

by [Homer](#)

tagged: currently-reading



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