

**Global Connections Seminar XVI:
Macedonia, Greece and Cyprus: June
21-30, 2014**
**PEACE EDUCATION: GREAT TEACHING-
EDUCATORS FOR PEACE**



General Information

Accommodation

Macedonia

Holiday Inn

2 Mosa Pijade str

Skopje, 1000

+389 2 329 29 29

www.holidayinn.com/skopje



Hotel Bellevue

Naselba Konjsko b.b

Ohrid, 6000

+389 46 2030001

www.metropol-ohrid.com.mk (select Hotel Bellevue)



Greece

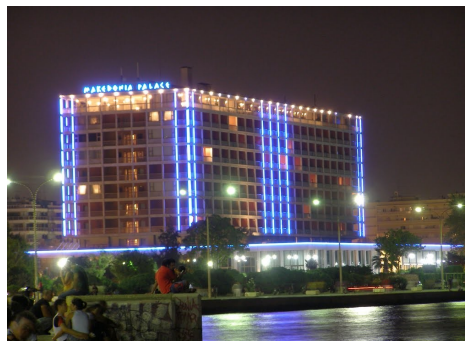
Makedonia Palace

Leoforos Megalou Alexandrou 2

Thessaloniki, 546 40

+30 231 089 71 97

www.makedoniapalace.com



Cyprus

The Classic Hotel

94 Reginis Str.

Nicosia, 1513

+357 22664006

www.classic.com.cy



Airport

Once you have passed customs and passport control in Skopje you are exiting the restricted area. Please look for a sign that says 'Global Connections' and identify yourself. You will be transported to the hotel which is approximately 30 minutes away from the airport.

Alexander The Great Airport– Skopje:

<http://skp.airports.com.mk/default.aspx?ItemID=345>



If you have not done so already, please send your flight details along with dietary requirements and name as per passport to the following email address:
melissa.mitreski@nova.edu.mk

Registration

Registration and refreshments will take place at the hotel on June 21 at 5pm. We will be able to answer any questions you may have during the registration.

Contact information

In case you need to reach use these are our mobile phone numbers : Viktor Novakovski (High School Principal/Deputy Head of Schools– NOVA International Schools) +389 70 337 628.
Melissa Mitreski (logistics coordinator) +389 71 610 005.



Currency

MKD– Macedonian Denar

The Macedonian **Denar** is the currency of Macedonia. Our currency rankings show that the most popular Macedonia **Denar** exchange rate is the MKD to USD rate. The currency code for **Denar** is MKD, and the currency symbol is ден.

Top MKD Exchange Rates

	 EUR	 USD	 TRY	 AUD	 GBP	 BGN	 CHF	 RSD	 HRK
 1 MKD	0.01626	0.02227	0.04674	0.02378	0.01324	0.03174	0.01988	1.87731	0.12355
Inverse:	61.4907	44.9048	21.3965	42.0466	75.5232	31.5018	50.3090	0.53268	8.09418

Mid-market rates: 2014-05-17 19:50 UTC



EUR - Euro (Greece and Cyprus)

The **Euro** (sign: €; code: **EUR**) is the currency used by the institutions of the European Union and is the official currency of the Euro Zone, which consists of 18 of the 28 member states of the European Union: Austria, Belgium, Cyprus, Estonia, Finland, France, Germany, Greece, Ireland, Italy, Latvia, Luxembourg, Malta, the Netherlands, Portugal, Slovakia, Slovenia, and Spain.

Top EUR Exchange Rates

	 USD	 GBP	 CHF	 AUD	 CAD	 INR	 TRY	 HUF	 AED
 1 EUR	1.36936	0.81420	1.22226	1.46244	1.48781	80.2059	2.87387	305.102	5.02965
Inverse:	0.73027	1.22820	0.81816	0.68379	0.67213	0.01247	0.34796	0.00328	0.19882



TRY- Turkish Lira (Northern Cyprus)

Northern Cyprus uses the Turkish Lira as its currency which links its economy to that of Turkey's. The currency code of the Lira is **TRY** and the currency symbol is ₺. The Euro is also wide in circulation in Northern Cyprus.

Top TRY Exchange Rates

	EUR	USD	GBP	RUB	AUD	AED	AZN	CNY	BGN
1 TRY	0.34796	0.47649	0.28331	16.5636	0.50888	1.75013	0.37376	2.97041	0.67922
Inverse:	2.87387	2.09870	3.52970	0.06037	1.96512	0.57139	2.67555	0.33665	1.47229

Mid-market rates: 2014-05-17 20:10 UTC

*** Please note that all exchange rates are as of May 17, 2014

Weather

Macedonia

Average temperatures for the month of June in Macedonia- 26°C (79 °F) to 30°C (86°F) over the course of the month, exceeding 35°C (96°F) or dropping below 21°C (69°F).



Prognosis for Skopje : June 21-23

*** all temperatures are in °C (as at 17.05.2014)



Prognosis for Ohrid: June 24

Greece

Average temperatures for the month of June in Greece - 27°C (80°F) to 31°C (87°F) over the course of the month, exceeding 34°C (94°F) or dropping below 23°C (73°F).

Prognosis for Thessaloniki: June 25-27



Cyprus

Average temperatures for the month of June in Cyprus - 28°C (82°F) to 31°C (88°F) over the course of the month, exceeding 34°C (94°F) or dropping below 25°C (78°F).



Prognosis for Nicosia: June 27-30

Time Zones

Macedonia: Central European Summer Time (UTC/GMT + 2 hours)

Greece and Cyprus: Eastern European Summer Time (UTC/GMT +3 hours)

What to bring

In all three countries, summer time is quite hot and dry. Below are some general packing tips.

- Sun cream and protection is very important during the summer as UV exposure can get quite high.
- Light coloured clothing to fend off sun-rays and bathing suit.
- Mosquito repellent.
- An adaptor if your appliances use other than European styled socket (hotel in Cyprus has both European and UK sockets).
- Comfortable shoes for walking (many of the tours planned are by foot).
- If free time permits, visiting monasteries, churches or mosques require some dressing rules, long pants with not too revealing tops, t-shirts, and shirts are advised for women and men alike.
- Prescription medicine– please bring a doctor's note of all prescription medicine you bring. Over the counter medicine is abound and there is plenty of choice.
- Photocopies of important documents– please ensure you have ones especially from your passport, visa (if applicable) and travel insurance. Due to the fact that it is peak season, and as in any other major cities, pick-pocketing occurs. A suggestion is that you leave these copies in the safe at the hotel or use an internet service like Google Documents to keep scans of them online and print in case of need.

MACEDONIA

General information

The Republic of Macedonia (Република Македонија/Republika Makedonija) is a land-locked country bordered by Kosovo to the northwest, Serbia to the north, Bulgaria to the east, Greece to the south and Albania to the west. The capital city is Skopje, with 530,000 inhabitants out of the 2.1 million total population. Other cities include: Bitola, Kumanovo, Prilep, Tetovo, Ohrid, Veles, Shtip, Kochani, Gostivar, Kavadarci and Strumica. Macedonia has more than fifty lakes and sixteen mountains higher than 2,000 m (6,565 ft). Macedonia prides itself on its multi-ethnic society with a large presence of Albanian, Turkish, Roma, Serbian and Bosniak ethnic groups living in Macedonia.



Macedonia is a member of the UN and the Council of Europe. Since December 2005, Macedonia has been a candidate for joining the European Union and has applied for NATO membership.

More general information about Macedonia can be found on the following links:

Macedonia Timeless: <http://www.macedonia-timeless.com/DesktopDefault.aspx?tabindex=0&tabid=1062>

<http://www.youtube.com/watch?v=FWGJuANELm8>

Republic of Macedonia, Wikipedia: http://en.wikipedia.org/wiki/Republic_of_Macedonia

BBC Country Profile: <http://www.bbc.com/news/world-europe-17553072>

Macedonia, The World Factbook: <https://www.cia.gov/library/publications/the-world-factbook/geos/mk.html>

Top 10 most interesting things about Macedonia, idebate: <http://idebate.org/magazine/files/Magazine436a33a81950a.pdf>

History

History of Macedonia: <http://www.historyofmacedonia.org/ConciseMacedonia/timeline.html>

Macedonia History, Lonely Planet: <http://www.lonelyplanet.com/macedonia/history>

Macedonia Archeology: <http://www.youtube.com/watch?v=mRkn5S5lc7w>



Culture

Macedonia Culture, Wikipedia: http://en.wikipedia.org/wiki/Macedonian_culture_%28Slavic%29

Religion

Macedonian Temples: <http://www.youtube.com/watch?v=hMs2KKPEAc4>

Macedonia, The Root of Christianity– CNN: <http://www.youtube.com/watch?v=hDW92UkN7Gw>

Sharena Dzamija– Colourful Mosque: http://en.wikipedia.org/wiki/%C5%A0arena_D%C5%BEamija

Cinema

Crno Seme– Black Seed (1971): Directed by Kiril Genezski
<http://www.youtube.com/watch?v=iqZgq8597Oc>

Pred Dozhdot– Before the Rain (1994): Directed by Milcho Manchevski
Nominated for an Academy Award
<http://www.youtube.com/watch?v=vHFY0GRL9Ns>

Prashina—Dust (2001): Directed by Milcho Manchevski
<http://www.youtube.com/watch?v=kqKaQvOMq3c>

Bal-can-can (2005): Directed by Darko Mitrevski
<http://www.youtube.com/watch?v=WvJA59YGolQ>

Music and Dance

Music: http://en.wikipedia.org/wiki/Music_of_the_Republic_of_Macedonia

Ethnology: <http://www.soros.org.mk/konkurs/076/angver/etnologija.html>

Traditional Macedonian Songs (channel): <http://www.youtube.com/watch?v=FLPXHfZY9Ws&list=PLB937F486AE921344>

Aleksandar Sarievski: http://en.wikipedia.org/wiki/Aleksandar_Sarievski

Vaska Ilieva: http://en.wikipedia.org/wiki/Vaska_Ilieva

Esma Redzepova: http://en.wikipedia.org/wiki/Esma_Red%C5%BEepova
<http://www.youtube.com/watch?v=QKqTao01020>

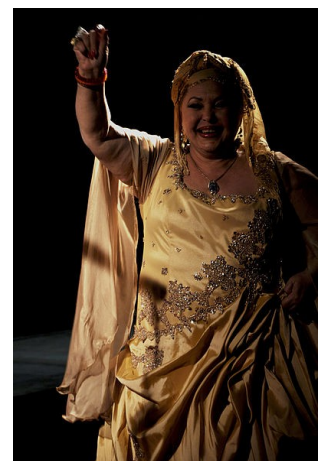
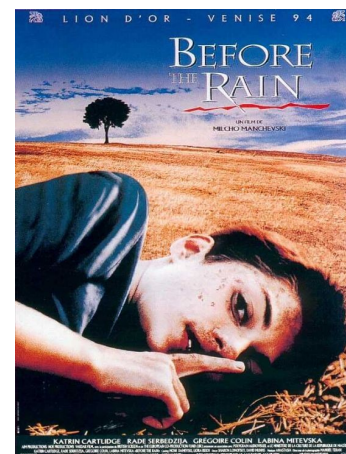
Toshe Proeski: http://en.wikipedia.org/wiki/To%C5%A1e_Proeski
<http://www.youtube.com/watch?v=MBUs8f1Oeiw>



Sv Jovan (St. John) Kaneo, Ohrid



Sharena Dzamija (Colourful Mosque), Tetovo



Esma Redzepova

National Ensemble of Dances and Songs of Macedonia
"Tanec": <http://www.tanec.com.mk/>

Repertoire of Macedonian folk dances by ensemble
"Tanec": <http://www.youtube.com/watch?v=hDKl1X1SE-Y>

Teshkoto– *The Hard One* (UNESCO protected male folk dance): http://www.youtube.com/watch?v=EkM_jbc5eJw

Pajdusko Oro - *The drunken dance*: http://en.wikipedia.org/wiki/Paidushko_horo

<http://www.youtube.com/watch?v=kRrx3K5SsEk>

DD Synthesis: <http://sintezis.com.mk/eng/index.asp>

Cuisine

Macedonian Food: http://newcastle.makedonio.com/index.php?option=com_content&view=article&id=59&Itemid=92

22 delicious Macedonian Dishes You Should Know About, BuzzFeed: <http://www.buzzfeed.com/jovcov/delicious-macedonian-dishes-for-your-inner-foodie-h04v>

Macedonia Timeless - Food: <http://www.youtube.com/watch?v=rUB6N1Lr2NM>

Sports

European Handball as well as Football (Soccer) and Basketball have a major following in Macedonia

Handball Club "Metalurg": <http://www.rkmetalurg.mk/en/>

Handball Club "Vardar": <http://rkvardar.com.mk/en>

Both *Vardar* and *Metalurg* competed in the EHF European Handball Champions League. The only two teams in the league to hail from not only from the same country but from the same city. Both teams placed in the final 8 respectively.

Macedonian Basketball Team: http://en.wikipedia.org/wiki/Macedonia_national_basketball_team

Macedonia Football: <http://www.ffm-mk.com/en/>

Kiril Lazarov (Handball player): <http://www.lazarovkiril7.com/index.php/en/>

Goran Pandev (Football player): <http://www.goran-pandev.com/>

Pero Antic (Basketball player): http://en.wikipedia.org/wiki/Pero_Antic%C4%87



National Ensemble of Dances and Songs of Macedonia "Tanec" dancing *Teshkoto*



Variety of traditional Macedonian Cuisine



Pero Antic

Literature

Macedonian Literature, Wikipedia: http://en.wikipedia.org/wiki/Macedonian_literature

Blazhe Koneski, Wikipedia: http://en.wikipedia.org/wiki/Blaze_Koneski

Kocho Racin, Wikipedia: http://en.wikipedia.org/wiki/Ko%C4%8Do_Racin



Blazhe Koneski

A Survey of Macedonian Literature by Michael Seraphinoff: <http://www.makedonika.org/whatsnew/Michael%20Seraphinoff/A%20Survey%20of%20Macedonian%20Lit.pdf>

Famous Macedonians

Famous Macedonians, The World Atlas: <http://www.worldatlas.com/webimage/countrys/europe/macedonia/mkfamous.htm>

World famous Macedonians: http://www.youtube.com/watch?v=QkW_cwv6u5U



Mother Theresa, born Anjezë Gonxhe Bojaxhiu in Skopje.

GREECE

General Information

The Hellenic Republic of Greece (Ελληνική Δημοκρατία /Elliniki Dimokratika), is located at the crossroads of Europe, Western Asia and Africa. Greece shares its borders with Albania to the north-west, Macedonia and Bulgaria to the north and Turkey to the east. The total population of Greece is 11 million and the capital city is Athens which is also the country's largest city.

Although Greece has an extremely rich and proud history, it is considered as the cradle of all Western civilisation. Greece is the birthplace of democracy, philosophy, the Olympic Games, politics, mathematical principles and drama.



Greece has been a member of the European Union since 1981 and currently holds the presidency of the Council of Europe which rotates between EU member –states on a six monthly basis.

More general information about Greece can be found on the following links:

BBC Country Profile, Greece: <http://www.bbc.com/news/world-europe-17373216>

Greece, The World Factbook: <https://www.cia.gov/library/publications/the-world-factbook/geos/gr.html>

Greece, Wikipedia: <http://en.wikipedia.org/wiki/Greece>

Greece, The Travel Café: <http://www.youtube.com/watch?v=RCYiVqmVTYA>

History

Greece, Ancient History Encyclopedia: <http://www.ancient.eu.com/greece/>

Ancient Greece– Golden Age of Civilisation, The History Channel: <http://www.youtube.com/watch?v=vHMu2gVzspA>



The Parthenon

A History of Greece, Matt Barrett: <http://www.ahistoryofgreece.com/>

History of Modern Greece, S. Petmezas: http://video.minpress.gr/wwwminpress/aboutgreece/aboutgreece_history.pdf

Famous Historic Buildings: http://www.famous-historic-buildings.org.uk/greece_4.html

Culture

Religion

Ancient Greek Religion, Wikipedia: http://en.wikipedia.org/wiki/Ancient_Greek_religion

The Greek Gods: <http://www.youtube.com/watch?v=AOL0oAAO9LA>

Religion in Greece: <http://www.greeka.com/greece-culture/religion/>

Mount Athos, UNESCO: <http://whc.unesco.org/en/list/454>

The Eastern Orthodox Church, BBC: http://www.bbc.co.uk/religion/religions/christianity/subdivisions/easternorthodox_1.shtml



Mount Athos

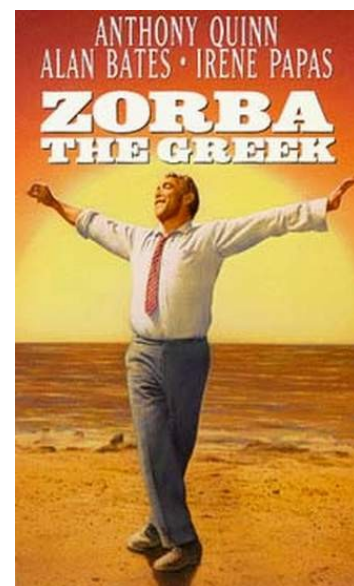
Cinema

Cinema of Greece, Wikipedia: http://en.wikipedia.org/wiki/Cinema_of_Greece

Αντιγόνη– Antigone (1961): directed by Yorgos Tzavellas <http://www.youtube.com/watch?v=suN2Pq6qoKE>

Ηλέκτρα– Elektra/Elektra (1962): directed by Michalis Kakogiannis
Nominated for Academy Award
<http://www.youtube.com/watch?v=wWLPclJ3xfk>

Βίος και Πολιτεία του Αλέξη Ζορμπά– Life and Times of Alexis Zorbas (1964): directed by Michalis Kakogiannis
Winner of three Academy Awards
http://movies-tv-series-online-free.com/new-movies-2013/adventure/zorba-the-greek-1964#.U3jBsXYZ_YU



Music and Dance

Music of Greece, Wikipedia: http://en.wikipedia.org/wiki/Music_of_Greece

Short history of Greek music: <http://www.helleniccomserve.com/musichistory.html>

Greek folk instruments: <http://www.greekfolkmusicanddance.com/instruments.php>



Bouzouki

Bouzouki and Sitarki (Collection): <http://www.youtube.com/watch?v=vMRcO5H5TzQ>

Nana Mouskouri: http://en.wikipedia.org/wiki/Nana_Mouskouri
<http://www.youtube.com/watch?v=78dPMmBFbm8>

Manos Hadjidakis: <http://www.hadjidakis.gr/english/homeweb.htm>
<http://www.youtube.com/watch?v=qQL0RAkDOSk&list=PL1D87B24EA15A2F19>
Katy Garbi: <http://www.youtube.com/watch?v=ggMLhUY4EV4>

History of Greek folk dancing: <http://www.annunciationgoc.org/festival/festival3b.shtml>

Syrtaki (dance): <http://www.youtube.com/watch?v=f9zpaSku564>



Cuisine

Greek food: <http://www.sbs.com.au/food/cuisine/greek>

Greek Food History: <http://www.buzzle.com/articles/greek-food-history.html>

Greece Food: <http://www.youtube.com/watch?v=rV8JLQgBnCU>



A variety of traditional Greek Cuisine

Sports

Greek Sports: <http://www.mapsofworld.com/greece/sports/>

Ancient Olympics: <http://www.perseus.tufts.edu/Olympics/sports.html>

Sport in Greece, Wikipedia: http://en.wikipedia.org/wiki/Sport_in_Greece

Olympiacos Basketball Club: <http://www.olympiacosbc.gr/en/Home.aspx>

Panathinaikos Football Club: <http://www.pao.gr/en/>

Vassilis Spanoulis: http://en.wikipedia.org/wiki/Vassilis_Spanoulis

Theodoros Zagorakis: http://en.wikipedia.org/wiki/Theodoros_Zagorakis



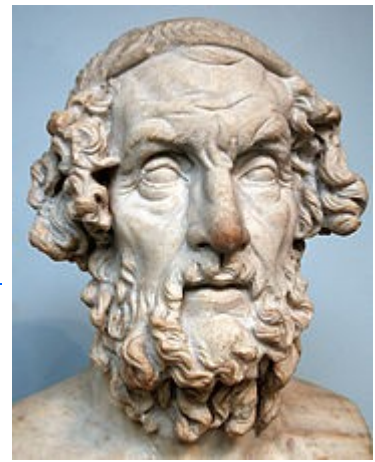
Vassilis Spanoulis

Literature

Greek Literature, Ancient Civilisations: <http://www.ushistory.org/civ/5d.asp>

10 Ancient Greek writers you should know: <http://listverse.com/2009/07/05/10-ancient-greek-writers-you-should-know/>

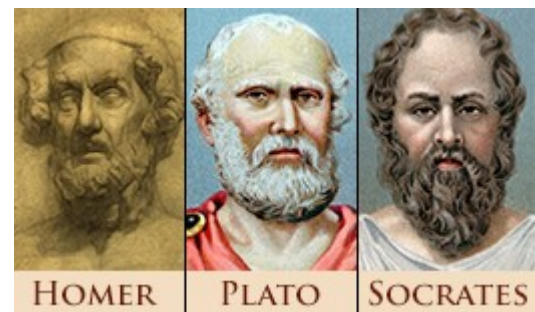
Modern Greek Literature with English Translations: <http://onlinebooks.library.upenn.edu/webbin/book/browse?type=lcsb&key=Greek%20literature%2C%20Modern%20-%20Translations%20into%20English&c=x>



Homer

Famous Greeks

Famous Greeks of the Ancient World: <https://www.ambrosevideo.com/resources/documents/344.pdf>



Famous Greeks: <http://www.biography.com/people/groups/greek#awesm=~oEDMKqDNEOP9RI>

CYPRUS

General information

The Republic of Cyprus (Greek: Κυπριακή Δημοκρατία/Kipriaki Dimokratia; Turkish: *Kıbrıs Cumhuriyeti*) is the world's third largest and third most populous island in the world located in the Eastern Mediterranean. It is located to the south of Turkey, west of Syria and Lebanon, northwest of Israel, north of Egypt and east of Greece. Cyprus was a member of the British Commonwealth from 1878 until it was granted independence in 1960. In 1974 a coup d'état divided the island between Greek Cypriots and Turkish Cypriots. Since then the island has been split with Turkish administration in the northern portion of the island, calling itself the Turkish Republic of Northern Cyprus. The total population is approximately 1.2 million and Nicosia is the capital and largest city in Cyprus. It is also known to be the world's 5th richest city in the world based in per capita income.



Cyprus has been a member of the European Union since 2004.

More general information about Cyprus can be found on the following links:

Cyprus, The World Factbook: <https://www.cia.gov/library/publications/the-world-factbook/geos/cy.html>

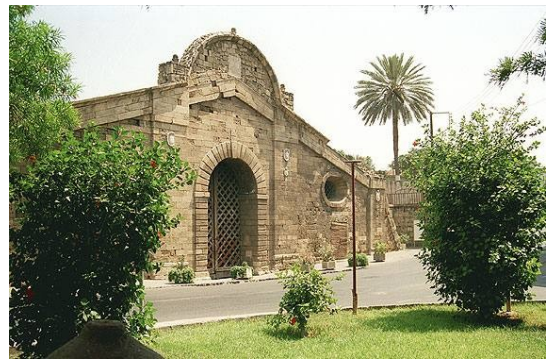
Cyprus, The European Union: http://europa.eu/about-eu/countries/member-countries/cyprus/index_en.htm

BBC Country Profile: Cyprus: <http://www.bbc.com/news/world-europe-17317956>

History

Cyprus History, Lonely Planet: <http://www.lonelyplanet.com/cyprus/history>

History of Cyprus, Cypriot Ministry of Foreign Affairs: http://www.mfa.gov.cy/mfa/highcom/highcomcanberra.nsf/cyprus02_en/cyprus02_en?OpenDocument



Famagusta Gate

Brief history of Cyprus, Costas Constantinou: http://www.youtube.com/watch?v=l9_JMBsC2Vw

The Island of Cyprus, National Geographic: <http://www.youtube.com/watch?v=bAwto68jEuI>

Culture

Religion

Religion in Cyprus, Wikipedia: http://en.wikipedia.org/wiki/Religion_in_Cyprus

Cyprus by Michael Spilling (pages 69-75): <http://books.google.mk/books?>



Churches and Mosques in Nicosia

[id=S1WvHjrmhkkC&pg=PA69&lpg=PA69&dq=religion+in+cyprus&source=bl&ots=y3_7gMtqum&sig=Zn_k0TlpF_W61T6PdF_z0Algzxk&hl=en&sa=X&ei=ahB5U4e_OaaD4gTBvYHwBA&redir_esc=y#v=onepage&q=religion%20in%20cyprus&f=false](http://books.google.mk/books?id=S1WvHjrmhkkC&pg=PA69&lpg=PA69&dq=religion+in+cyprus&source=bl&ots=y3_7gMtqum&sig=Zn_k0TlpF_W61T6PdF_z0Algzxk&hl=en&sa=X&ei=ahB5U4e_OaaD4gTBvYHwBA&redir_esc=y#v=onepage&q=religion%20in%20cyprus&f=false)

Cinema

List of Cypriot Films: http://en.wikipedia.org/wiki/List_of_Cypriot_films

Music and Dance

Music of Cyprus: <http://www2.ucy.ac.cy/research/ethno/article2.htm>

Cypriot Folk Culture: <http://www.aboutcyprus.org.cy/en/culture/folk-culture>



Traditional Cypriot dancing

Music of Cyprus, Wikipedia: http://en.wikipedia.org/wiki/Music_of_Cyprus

Traditional music of Cyprus: <http://www.youtube.com/watch?v=wxC6IebhDzk>

Zeimbekiko: <http://www.youtube.com/watch?v=Vk5Nea4q92A>

Turkish –Cypriot Folk Dance: <http://www.youtube.com/watch?v=OC8VayKm1Xc>

Mihailis Volaris: http://en.wikipedia.org/wiki/Mihailis_Volaris
<http://www.youtube.com/watch?v=5VgQNBXzrXM>

Anna Vissi: http://en.wikipedia.org/wiki/Anna_Vissi
<http://www.youtube.com/watch?v=HAXiawRlHk>

Cuisine

About Cypriot Food: <http://www.sbs.com.au/food/article/2013/01/21/about-cypriot-food>

Food from the heart of Cyprus: <http://www.visitcyprus.com/media/eBrochures/High/Food from the heart of Cyprus lrg.pdf>

My Cypriot Kitchen (Channel) http://www.youtube.com/watch?v=pB47NvMt_7Y&list=PLXUJhIqaRJAW_yQ38okYx3Mk8kukdGgcl



A variety of traditional Cypriot cuisine

Sports

Sport in Cyprus, Wikipedia: http://en.wikipedia.org/wiki/Sport_in_Cyprus

Cyprus Rally: <http://www.cyprusrally.com.cy/>

Marcos Baghdatis: <http://www.baghdatis.com/>

Pavlos Kontides: <http://www.pavloskontides.com.cy/>



Pavlos Kontides (recipient of Cyprus' first ever Olympic medal in 2012)

Literature

Cypriot Literature, Wikipedia: http://en.wikipedia.org/wiki/Cypriot_literature

The Voice of Cyprus, an anthology of Cypriot poetry: http://www.lykionellinidon.org.cy/likeio/userfiles/documents/the_voice_of_Cyprus.pdf

Nese Yasin, Wikipedia: http://en.wikipedia.org/wiki/Nese_Yasin

Kyriakos Charalambides, Wikipedia: http://en.wikipedia.org/wiki/Kyriakos_Charalambides



Nese Yasin

Famous Cypriots

Famous Cypriots, The World Atlas: <http://www.worldatlas.com/webimage/countrys/europe/cyprus/cyfamous.htm>

List of Cypriots, Wikipedia: http://en.wikipedia.org/wiki/List_of_Cypriots



Christopher Pissarides –Nobel Laureate