30-Day – 60-80 Hour

2026 PMP Study Plan

Directions:

- **Studying the content for a minimum of 2 hours per day**.
- This study plan is designed to take **1-2 months to complete.**
- You can finish the entire certification in 1 month, but I recommend taking off 1-2 days per week.
- It is outlined by day and what lessons to complete. Each day has about 2 hours of videos to watch or exams to complete.
- I don't recommend studying more than **2-3 hours per day while watching or reading the content**. After about 2 hours we will forget many of the topics we learn earlier.
- **Exams days are 4 hours long – Very Important to practice exam endurance**
- **Don't study just to pass a test.** KEEP asking yourself, how can I apply this in a project I am doing now or in the future.

Materials used in this study plan:

My Udemy Bestselling 35 Hour PMP Class (Over 400,000 Students):
https://www.udemy.com/course/pmp-certification-exam-prep-course-pmbok-6th-edition/

My Live coaching, self-pace and exam simulator(Over 80,000 Students):
https://tiaexams.com/pmcourses

Day 1

- Introduction
- Exam Details

Day 2

- Project Management Terms

Day 3

- Project Management Principles

Day 4

- Project Management Domains

Day 5

- Introduction to Traditional/Predictive Project Management

Day 6-8

- Processes to manage a Traditional/Predictive Project

Day 9-10

- Agile Project Management Methods and Delivery

Day 11

- Agile Stakeholder Management

Day 12

- Agile Planning, Problem Resolution and Continuous Improvement

Day 13

- Hybrid Project Management
- Ethics and Professional Responsibilities
- PMP Application (Start to list your projects and begin writing the descriptions)

Day 14-15

- PMP Exam Content Outline Review

Day 16-17

- PMP Mindset
- Exam Tips and Conclusion
- Drag and Drop Questions

Day 18-19 (4 Hour Day)

- Mock Exam
- Get 35 Hour Certificate
- Submit Application to PMI

Day 20 (4 Hours)

- Simulator Mock Exam 1-3

Day 21 (4 Hours)

- Simulator Mock Exam 4-6

Day 22(4 Hours)

- Simulator Full Length 1

Day 23 (4 Hours)

- Simulator Full Length 2

Day 24(4 Hours)

- Simulator Ultra Hard Full-Length Exam
- **Schedule your ACTUAL PMP EXAM for 4-5 day later**

Day 25(4 Hours)

- Simulator 100 Drag and Drop Questions

Day 26 (2 Hours)

- Review the mindset and ECO review. Review the EVM and PERT Formulas.

Day 27

- REST – DO NOT STUDY
- Wake up really early, I recommend 5AM. This way you can go to bed early that day and get a good night sleep. DO NOT DRINK ALCOHOL or anything that may disturb your sleep.
- Try not to be nervous. Keep in mind this is just a test, not something that is life or death. Accept that you might fail so keep your nerves calm.

Day 28 (JUDGEMENT DAY)

- Wake up early.
- Exercise to ensure you are awake.
- **Dress in blue**.
- Eat a well balance meal. Don't drink too much coffee, but I recommend a small coffee.
- Take Actual Certification. **Remember the mindset**.
- When done you might get your results. If you pass, **Carrot cake and beer** or Cherry coke. If not, you might have to wait a day or so then celebrate.

Check out my PMP Books and Classes with the links below:

Live Bootcamp Classes:
https://www.tiaedu.com/

My Live coaching, self-pace and exam simulator:
https://tiaexams.com/

My Udemy Bestselling PMP Class:
https://www.udemy.com/course/pmp-certification-exam-prep-course-pmbok-6th-edition/

Amazon Bestselling PMP Study guide:
https://www.amazon.com/PMP-Exam-Prep-Simplified-Learning/dp/B08SBFTXQT