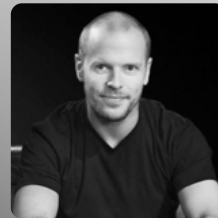


Want to learn a new skill ? You should try...

DiSSS

Tim Ferriss



Jobs

Author Podcaster
Counselor Investor

Books

Tribe of Mentors
4 Hour Workweek

Deconstruction



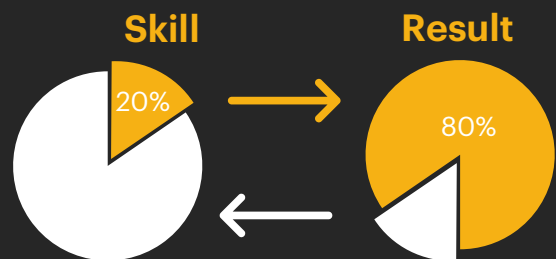
Break skill in small tasks.



Identify and avoid difficulties.

Selection

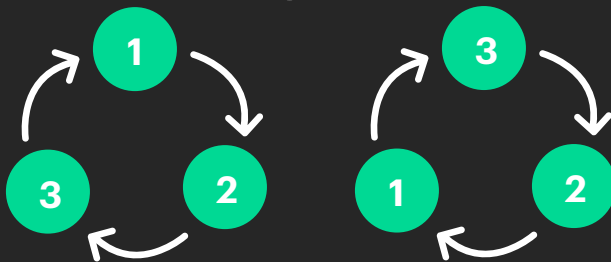
Pareto effect



Select the most valuable things to learn.

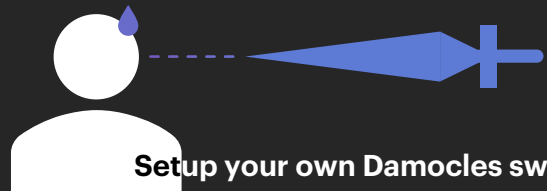
Sequencing

OR



Choose which order is the best to learn.

Stakes



Setup your own Damocles sword.



Step out of your comfort zone.

Why it works ?



Easier focus

Makes you simplify things.

Motivation
Result

Learn most useful bits of skill.



Become spartan

Avoid a lack of self-discipline.

Perfection is achieved, not when there is nothing more to add, but when there is nothing left to take away.
Antoine de Saint-Exupéry