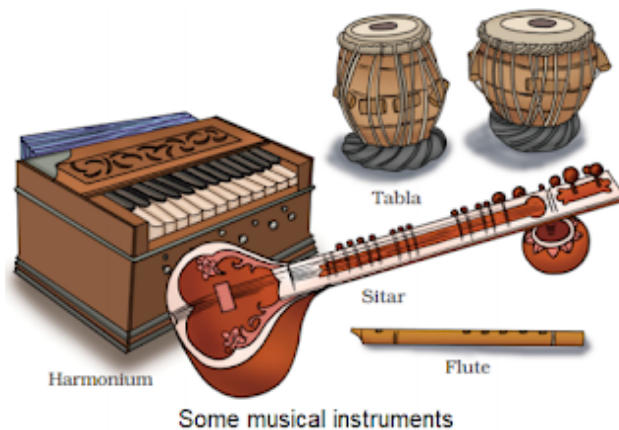


10.1 Sound is Produced by a Vibrating Body

- Sound is made when things vibrate (move back and forth).
- Without vibration, no sound is produced.



Some musical instruments

Activity 10.1 – Metal Plate Hanging

What to Do:

- Hang a metal plate or thali using a thread.
- Strike it with a stick.

What You Observe:

- It produces sound.
- When touched lightly, you feel vibrations.



 Conclusion: Vibrations produce sound.

Activity 10.2 – Rubber Band Plucking

What to Do:

- Stretch a rubber band between fingers.
- Pluck it with one finger.

What You Observe:

- The rubber band vibrates and produces a twang sound.



 **Conclusion:** Sound is produced by vibrating objects.

Activity 10.3 – Metal Dish with Water

What to Do:

- Take a metal plate and pour water into it.
- Strike the plate gently.

What You Observe:

- The plate produces sound.
- Ripples appear in water.



 **Conclusion:** Vibration of the plate transfers to water, proving sound comes from vibration.

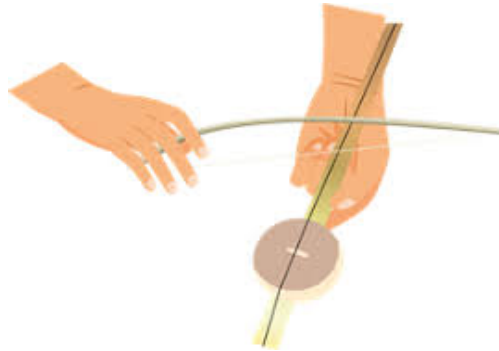
☀ Activity 10.4 – Ektara: Sound from Vibration of String

🔧 What to Do:

- Take an empty coconut shell or a wooden bowl.
- Stretch a rubber string tightly over it.
- Pluck the stretched string with your finger (just like an ektara).

🔍 What You Observe:

- The string vibrates and you hear a twang-like sound.



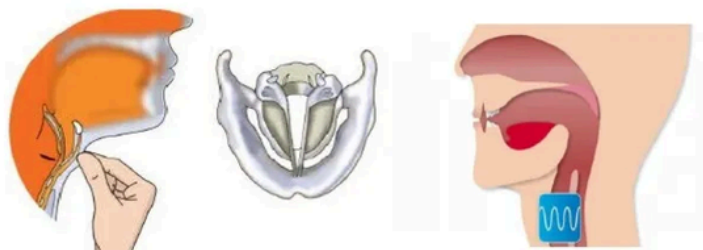
☀ Conclusion:

- Vibrating string produces sound.
- Musical instruments like ektara, guitar, and violin work on this principle.

✅ Sound is produced when a tight string vibrates.

🧑 10.2 Sound Produced by Humans

- Sound in humans is produced by voice box (larynx).
- Vocal cords vibrate when air passes through.



☀️ Activity 10.5 – Jaltrang (Bowls with Water)

🔧 What to Do:

- Take metal bowls with different water levels.
- Tap gently with a spoon.

🔍 What You Observe:

- Each bowl produces a different sound (pitch changes).



✅ Conclusion: Sound changes with amount of water due to vibration change.

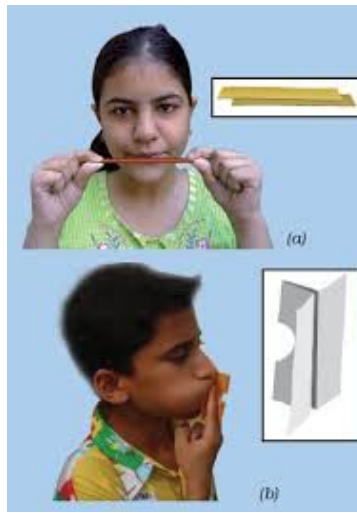
☀️ Activity 10.6 – Rubber Strip/Paper Experiment

🔧 What to Do:

- Stretch a rubber strip or paper between lips or fingers.
- Blow air through it.

🔍 What You Observe:

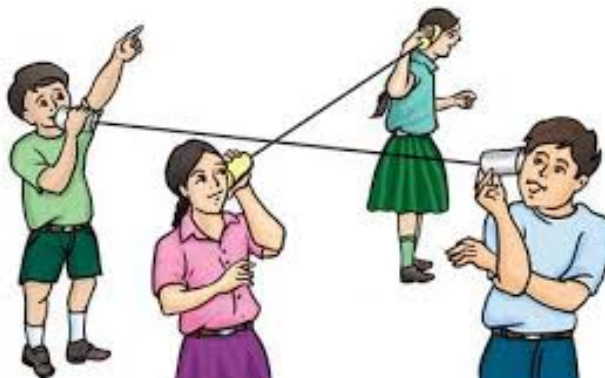
- A buzzing sound is produced.



✓ **Conclusion:** Vibrating strip produces sound — just like vocal cords.

🧠 10.3 Sound Needs a Medium to Travel

- Sound cannot travel in vacuum.
- It needs a medium (solid, liquid or gas).



A toy Telephone

☀️ Activity 10.7 — Phone in Airtight Jar

🔧 What to Do:

- Place a ringing phone in a sealed jar or container.
- Gradually remove air (if possible using a vacuum pump).

🔍 What You Observe:

- Sound becomes fainter or may stop completely.



✓ Conclusion: Sound needs air (a medium) to travel.

☀ Activity 10.8 – Bell in Water

🔧 What to Do:

- Ring a bell under water (in a bucket/tub).

🔍 What You Observe:

You can hear the bell even through water.



✓ Conclusion: Sound can travel through liquids also.

☀ Activity 10.9 – Sound Through Solids

🔧 What to Do:

- Touch one end of a metal scale or stick to your ear.
- Tap the other end lightly.

🔍 What You Observe:

- You can hear sound through the stick clearly.



✓ Conclusion: Sound also travels through solids.

💡 10.4 We Hear Sound Through Our Ears

- Eardrum vibrates when sound reaches it.
- Vibrations go to inner ear, then brain.

☀️ Activity 10.10 – Rubber Sheet with Grains

🔧 What to Do:

- Tie a rubber sheet tightly over a container.
- Put small grains (like pulses) on it.
- Make sound near the sheet (like clapping or speaking loudly).

🔍 What You Observe:

- Grains jump slightly.



✓ Conclusion: Vibrations caused by sound can move objects.

10.5 Amplitude, Time Period & Frequency

- Amplitude: Size of vibration → Loudness
- Time Period: Time for one vibration
- Frequency: Vibrations per second → Pitch

Activity 10.11 – Spoon and Tumbler

What to Do:

- Hit a metal tumbler gently and then hard with a spoon.



What You Observe:

- Soft hit → soft sound
- Hard hit → loud sound

 Conclusion: More amplitude = louder sound

10.6 Audible and Inaudible Sounds

- Human audible range: 20 Hz to 20,000 Hz
- Below 20 Hz or above 20,000 Hz → inaudible
- Dogs hear high-frequency sounds



🎵 10.7 Noise vs Music

Music	Noise
Pleasant sound	Unpleasant sound
Harmonious	Harsh, disturbing

✅ Music can become noise if too loud.

📢 10.8 Noise Pollution

- Excess unwanted sound = Noise Pollution
- Sources: Vehicles, factories, loudspeakers, kitchen appliances
- Harms: Lack of sleep, stress, hearing loss

✅ How to Reduce Noise Pollution:

- Use silencers in vehicles
- Avoid loud music/TV
- Plant trees
- Keep noisy machines away from homes