What is a Constitution?

Constitution: A set of fundamental written rules that determines how a country is governed.

It defines:

- Powers and responsibilities of the government
- Rights and duties of citizens
- Limits on the powers of those who govern
- Structure of democratic institutions
- It's like a rulebook for both citizens and the government.

Why Do We Need a Constitution?

India is diverse — different religions, languages, communities. A constitution:

- ✓ Provides rules to resolve conflicts
- ✓ Gives rights and freedoms equally
- √ Makes sure everyone is treated fairly
- ✓ Prevents misuse of power
- ✓ Ensures that elected rulers follow the law
- In short, a Constitution builds trust, ensures justice, and holds everyone accountable.

South Africa's Story – A Powerful Example



- Apartheid = Legal racial discrimination in South Africa (whites ruled, blacks oppressed)
- Nelson Mandela & African National Congress (ANC) led peaceful struggle
 - Blacks had no voting rights
 - Were segregated in transport, schools, toilets (Fig: Durban beach board)

Mandela jailed for 28 years

- But no revenge after freedom
- Blacks & whites together drafted one of the world's most progressive constitutions
- 同 Lesson: Constitution helps build peace & equality after long conflict.

What Does a Constitution Do?

- 1. Sets basic rules of power who rules, how they are elected
- 2. Limits the powers of the government
- 3. Grants rights to citizens
- 4. Shows vision of an ideal society

Important: All democracies have constitutions, but not all countries with constitutions are democracies.

Making of the Indian Constitution ==

m Time: 1946-1949

Institution: Constituent Assembly (elected representatives)

★ Context:

- Partition violence & refugee crisis
- 500+ princely states had to be merged
- India was moving from subjects to citizens

Path already paved:

- 1928: Motilal Nehru Report
- 1931: Karachi Resolution talked of freedom, equality, minority rights

Solution 2018 Silverse Assembly:

- 299 members
- From various religions, castes, regions, ideologies
- Included Congress & non-Congress leaders
- Women like Sarojini Naidu, leaders like Jaipal Singh (tribal rights), Ambedkar (Drafting Chairperson)
- Final Constitution adopted: 26 November 1949
- 📆 Came into force: 26 January 1950 (Republic Day)

Guiding Values of the Constitution

Let's understand through 3 great voices:

🦊 Mahatma Gandhi (1931, Young India):

- Wanted equality, no untouchability, women's rights, no class divide
- India should be a place where the poorest feel they have a voice."

Dr. B.R. Ambedkar:

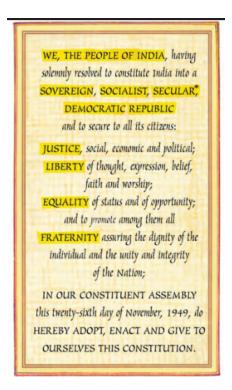


- Warned about social and economic inequality despite political democracy
- "One person, one vote" won't mean much if society remains unequal
- 🕯 Jawaharlal Nehru (15 August 1947, Tryst with Destiny speech):



- Freedom means responsibility
- Serve the poor, end inequality and ignorance

The Preamble: India's Constitutional Philosophy



- 🧵 The Preamble is the soul of the Constitution. It expresses India's fundamental values and goals.
- Key Words:

Word	Meaning
Sovereign	India is independent; no foreign power can control it
Socialist	Wealth should be shared equally; reduce inequality
Secular	No official religion; all religions respected equally
Democratic	People elect leaders; government is accountable
Republic	Head of state is elected, not hereditary
Justice	No discrimination; fairness in society and economy
Liberty	Freedom of thought, speech, belief, expression
Equality	Equal treatment before the law
Fraternity	Sense of brotherhood; unity among all

- Note: "Socialist" and "Secular" were added in 1976 (42nd Amendment).
- Think of the Preamble as India's promise to its people of freedom, equality, and dignity.

Institutional Design

■ The Constitution is not just values — it also creates institutions:

- ✓ Legislature (makes laws)
- ✓ Executive (implements laws)
- ✓ Judiciary (interprets laws)
- ✓ Fundamental Rights and Duties

Amendment = A change in the Constitution (necessary to keep it relevant)

India's Constitution is one of the lengthiest in the world because:

- It covers a large, diverse population
- Allows changes with time

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E Glossary (Important Terms):

- Constitution: Supreme law of the land
- Constituent Assembly: Group that wrote the Constitution
- Amendment: A formal change in the Constitution
- Preamble: Introductory statement of values
- Apartheid: System of racial segregation
- Treason: Crime of betraying the state

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Summary:

India's Constitution:

- Is people-made and people-approved
- Balances majority rule with minority rights
- Is both flexible (can change) and firm (protects core values)
- Is India's strongest tool to uphold democracy, unity, and justice