Topics in differential geometry: Reading report

1 Introduction

The main material of this project is [MR91]. The idea of that paper is to adopt the method in [HK78] and give a new proof of the Alexandrov type theorem for the r-th mean curvature. Moreover, this approach can also be used for hypersurfaces in hyperbolic space and upper semi-sphere, after some modifications. The main work of the report besides typing is filling in some ommitted details of [MR91], especially the proof of the spherical case. I sincerely thank professor for in-depth teaching and those well-arranged notes. It is very lucky for me to take this course.

2 Preliminaries

MEAN CURVATURE

Let $x: M^n \to R^{n+1}(c)$ be an immersed compact orientable hypersurface, k_1, \dots, k_n the principal curvatures.

Definition 1 (r-th mean curvature). The r-th mean curvature H_r is defined by

$$P_n(t) = (1 + tk_1) \cdots (1 + tk_n) = 1 + \binom{n}{1} H_1 t + \dots + \binom{n}{n} H_n t^n.$$
 (1)

For example, H_1 is the mean curvature, H_2 , up to a constant, is the scalar curvature, and H_n is the Gauss curvature.

Here is an important lemma from the inequalities in [Går59].

Lemma 2. Suppose k_i are all positive at some point in M.

- (1) If $H_r > 0$ everywhere on M, then so is for H_k , $1 \leq k \leq r 1$.
- (2) We have

$$H_k^{\frac{k-1}{k}} \leqslant H_{k-1}, \quad H_k^{\frac{1}{k}} \leqslant H_1.$$
 (2)

Moreover, for $k \ge 2$, the equality holds only at umbilical points.

THE EXISTENCE OF CONVEX POINT

Lemma 3. Let $x: M^n \to R^{n+1}(c)$ be an immersed compact orientable hypersurface,

- (1) For c = 0, there is a point in M, where all the principal curvature are positive.
- (2) For c = 1, suppose im $x \subset S_+^{n+1}$, there is a point in M, where all the principal curvature are positive.
- (3) For c = -1, there is a point in M, where all the principal curvature are greater than 1.

Remark 4. For example,

- if c = 0, since M is compact, we can take a sphere tangent to M;
- if c = 1, take the point where the height $\langle x, a \rangle$ attains maximum;
- if c = -1, take the point where distance of H^{n+1} attains maximum.

AN INTEGRATION FORMULA

Let $x: M^n \to R^{n+1}(c)$ be an embedded compact hypersurface, N the inner unit normal vector field, Ω the compact domain with $\partial \Omega = M$.

Lemma 5 ([Cha95]). Suppose the volume element of \mathbb{R}^{n+1} has the expression

$$dvol = \exp_{x(p)}(tN(p)) = F(p, t) dt dA,$$

then we have an integration formula

$$\int_{\Omega} f \operatorname{dvol} = \int_{M} \int_{0}^{c(p)} f(\exp_{x(p)}(tN(p))) F(p, t) dt dA$$
 (3)

where c is the cut function of M.

3 The Euclidean case

Let $x:M^n\to\mathbb{R}^{n+1}$ be an immersed compact orientable hypersurface, N the inner unit normal vector field. By direct calculation,

$$\Delta \langle x, x \rangle = 2(D\langle x, e_i \rangle)_i$$

= $2\sum_i \delta_{ij} (\langle e_i, e_j \rangle + \langle x, e_\alpha \rangle h_{ij}^\alpha) = 2n(1 + H\langle x, N \rangle).$

Using divergence theorem,

$$\int_{M} (1 + H_1 \langle x, N \rangle) \, \mathrm{d}A = 0. \tag{4}$$

Lemma 6 (Minkowski formulae). Let $x: M^n \to \mathbb{R}^{n+1}$ be an immersed compact orientable hypersurface, N the inner unit normal vector field, then for $1 \le r \le n$, we have

$$\int_{M} (H_{r-1} + H_r \langle x, N \rangle) \, \mathrm{d}A = 0. \tag{5}$$

Proof. (From [Hsi56]) For small number t, consider hypersurface

$$x_t(p) = \exp_{x(p)}(-tN(p)) = x(p) - tN(p).$$
 (6)

Since t is small, N is also a unit normal vector field for x_t , and the principal directions are given by

$$x_{t,*}e_i = (1 + tk_i)e_i, 1 \leqslant i \leqslant n. \tag{7}$$

where e_i are the principal directions for x. Thus $(1 + tk_i)k_i(t) = k_i$. For the area element,

$$dA_t = (1 + tk_1) \cdots (1 + tk_n) dA = P_n(t) dA.$$
 (8)

For the mean curvature,

$$H_1(t) = \frac{1}{n} \sum_{i=1}^{n} \frac{k_i}{1 + tk_i} = \frac{P'_n(t)}{nP_n(t)}.$$
 (9)

So we have by (4), (8), (9)

$$0 = \int_{M} n(1 + H_{1}(t)\langle x, N \rangle) dA_{t}$$

$$= \int_{M} (nP_{n}(t) + P'_{n}(t)\langle x - tN, N \rangle) dA$$

$$= \sum_{i} \int_{M} n\binom{n}{i} H_{i}t^{i} + \binom{n}{i} i H_{i}t^{i-1}(\langle x, N \rangle - t) dA.$$

$$(10)$$

Regarding both sides as polynomials of t, we can solve

$$\int_{M} (H_{r-1} + H_r \langle x, N \rangle) \, \mathrm{d}A = 0 \tag{11}$$

for
$$1 \leqslant r \leqslant n$$
.

Theorem 7 (Heintze-Karcher inequality [HK78, MR91]). Let $x: M^n \to \mathbb{R}^{n+1}$ be an embedded compact hypersurface. If $H_1 > 0$ everywhere on M, then we have

$$\int_{M} \frac{1}{H_1} dA \geqslant (n+1) \operatorname{vol}(\Omega) \tag{12}$$

where Ω is the compact domain with $\partial\Omega=M$. Moreover, the equality holds if and only if M^n is a round sphere.

Proof. Recall that $x_t = \exp_{x(p)}(tN(p)) = x(p) + tN(p)$ here, we have

$$dV(x+tN) = (1 - tk_1) \cdots (1 - tk_n) dt dA.$$
 (13)

Using (3) for $f(x) \equiv 1$,

$$vol(\Omega) = \int_{M} \int_{0}^{c(p)} (1 - tk_1) \cdots (1 - tk_n) dt dA.$$
 (14)

Note that $c(p) \leqslant \frac{1}{k_{\text{max}}} \leqslant \frac{1}{H_1(p)}$ since the normal geodesic is well-defined before reaching the focal point. And as an algebraic inequality,

$$(1 - tk_1) \cdots (1 - tk_n) \leqslant (1 - tH_1)^n \tag{15}$$

Then from (14)

$$vol(\Omega) \leqslant \int_{M} \int_{0}^{\frac{1}{H_{1}}} (1 - tH_{1})^{n} dt dA = \frac{1}{n+1} \int_{M} \frac{1}{H_{1}} dA.$$
 (16)

The equality holds if (15) holds, which means M is totally umbilical. \square

Theorem 8 ([MR91]). Let $x: M^n \to \mathbb{R}^{n+1}$ be an embedded compact hypersurface. If H_r is constant for some $1 \le r \le n$, then M is a round sphere.

Proof. From Lemma 3, there is a convex point in M, thus H_r is a positive constant. Let Ω be the compact domain with $\partial\Omega=M$. Using Lemma 2, we have $H_r^{\frac{1}{r}} \leq H_1, H_{r-1} \geqslant H_r^{\frac{r-1}{r}}$. Together with Lemma 6, we get

$$0 = \int_{M} (H_{r-1} + H_{r}\langle x, N \rangle) dA$$

$$\geqslant \int_{M} (H_{r}^{\frac{r-1}{r}} + H_{r}\langle x, N \rangle) dA$$

$$= H_{r}^{\frac{r-1}{r}} \int_{M} (1 + H_{r}^{\frac{1}{r}}\langle x, N \rangle) dA.$$
(17)

Recall that from divergence theorem,

$$(n+1)\operatorname{vol}(\Omega) + \int_{M} \langle x, N \rangle \, \mathrm{d}A = 0. \tag{18}$$

So

$$0 \geqslant \operatorname{area}(M) - (n+1)H_r^{\frac{1}{r}}\operatorname{vol}(\Omega). \tag{19}$$

Using Theorem 7,

$$(n+1)H_r^{\frac{1}{r}}\operatorname{vol}(\Omega) \leqslant \operatorname{area}(M). \tag{20}$$

Thus the equality in (20) holds, and hence M is totally umbilical by the rigidity of Theorem 7.

4 The hyperbolic case

Let \mathbb{R}^{n+2}_1 be the real vector space \mathbb{R}^{n+2} endowed with the Lozrentzain metric

$$\langle x, y \rangle = -x_0 y_0 + x_1 y_1 + \dots + x_{n+1} y_{n+1}.$$

The hyperbolic space $R^{n+1}(-1)$ can be regarded as $H^{n+1} = \{x \in R_1^{n+2} \mid |x|^2 = -1, x_0 \geqslant 1\}$, with the induced positive-definite metric. Then an immersed compact orientable hypersurface $x: M \to H^{n+1}$ can be viewed as $x: M \to R_1^{n+2}$ with $|x|^2 = -1, x_0 \geqslant 1$. Let N be the inner unit normal vector field, $a \in R_1^{n+2}$. By direct calculation,

$$\Delta \langle x, a \rangle = (D \langle e_i, a \rangle)_i$$

= $\sum_i \delta_{ij} (\langle e_i, a \rangle + \langle e_\alpha, a \rangle h_{ij}^\alpha) = n(\langle x, a \rangle + H_1 \langle N, a \rangle).$

Using divergence theorem,

$$\int_{M} (\langle x, a \rangle + H_1 \langle N, a \rangle) \, dA = 0.$$
 (21)

Lemma 9 ([MR91]). Let $x: M^n \to H^{n+1}$ be an immersed compact orientable hypersurface, N the inner unit normal vector field, then for $1 \le r \le n$ and arbitrary $a \in \mathbb{R}^{n+2}_1$, we have

$$\int_{M} (H_{r-1}\langle x, a \rangle + H_r \langle N, a \rangle) \, \mathrm{d}A = 0. \tag{22}$$

Proof. For small number t, consider hypersurface

$$x_t(p) = \exp_{x(p)}(-tN(p)) = x(p)\cosh t - N(p)\sinh t.$$
 (23)

By solving Jacobi field equation, the unit normal vector field is given by $N_t = -x \sinh t + N \cosh t$, and the principal directions are given by

$$x_{t,*}e_i = (\cosh t + k_i \sinh t)e_i, 1 \leqslant i \leqslant n \tag{24}$$

where e_i are the principal directions for x. Thus $(\cosh t + k_i \sinh t)k_i(t) = \sinh t + k_i \cosh t$. For the area element,

$$dA_t = (\cosh t + k_1 \sinh t) \cdots (\cosh t + k_n \sinh t) dA$$

= $\cosh^n t \cdot P_n(\tanh t) dA$. (25)

For the mean curvature,

$$H_1(t) = \frac{1}{n} \sum_{\substack{\text{cosh } t + k_i \text{ cosh } t \\ \text{cosh } t + k_i \text{ sinh } t}} = \frac{1}{n} \sum_{\substack{\text{tanh } t + k_i \\ 1 + k_i \text{ tanh } t}} \frac{\tanh t + k_i}{1 + k_i \tanh t}$$
$$= \frac{n \cosh t \sinh t \cdot P_n(\tanh t) + P'_n(\tanh t)}{n \cosh^2 t \cdot P_n(\tanh t)}.$$
 (26)

So we have by (21), (25), (26),

$$0 = \int_{M} n(\langle x_{t}, a \rangle + H_{1}(t)\langle N_{t}, a \rangle) dA_{t}$$

$$= \int_{M} n \cosh^{2} t \cdot P_{n}(\tanh t)\langle x \cosh t - N \sinh t, a \rangle dA$$

$$+ \int_{M} (n \cosh t \sinh t \cdot P_{n}(\tanh t) + P'_{n}(\tanh t))\langle -x \sinh t + N \cosh t, a \rangle dA$$

$$= \int_{M} (nP_{n}(\tanh t)\langle x, a \rangle + P'_{n}(\tanh t)\langle -x \tanh t + N, a \rangle) dA.$$
(27)

Regarding both sides as polynomials of $\tanh t$, we can solve

$$\int_{M} (H_{r-1}\langle x, a \rangle + H_r\langle N, a \rangle) \, \mathrm{d}A = 0 \tag{28}$$

for
$$1 \leqslant r \leqslant n$$
.

Definition 10. We define a positive function $\rho_n : (1, \infty) \to (0, \infty)$ with parameter $n \in \mathbb{N}$ by

$$\rho_n(u) = \int_0^{\coth^{-1} u} (\cosh t - u \sinh t)^n \cosh t \, \mathrm{d}t. \tag{29}$$

We have the following Heintze-Karcher type inequality.

Theorem 11 ([MR91]). Let $x: M^n \to H^{n+1}$ be an embedded campact hypersurface. If $H_r > 1$ everywhere on M, then we have

$$\int_{M} (\langle x, a \rangle + H_r^{\frac{1}{r}} \langle N, a \rangle) \rho_n(H_r^{\frac{1}{r}}) \, \mathrm{d}A \geqslant 0 \tag{30}$$

for $a \in \mathbb{R}^{n+2}_1$ with $|a|^2 = -1$. Moreover, the equality holds if and only if M is a geodesic sphere.

Proof. Recall that $x_t = \exp_{x(p)}(tN(p)) = x(p)\cosh t + N(p)\sinh t$ here, $dV(x\cosh t + N\sinh t) = (\cosh t - k_1\sinh t)\cdots(\cosh t - k_n\sinh t)\,dt\,dA.$ (31)

Note $\overline{\Delta}\langle x,a\rangle=(n+1)\langle x,a\rangle$, and $\overline{\nabla}\langle x,a\rangle=a$, from divergence theorem,

$$(n+1)\int_{\Omega}\langle x,a\rangle \,dV + \int_{M}\langle N,a\rangle \,dA = 0.$$
 (32)

Using (3) for $f(x) = (n+1)\langle x, a \rangle$,

$$-\int_{M} \langle N, a \rangle \, dA = (n+1) \int_{M} \int_{0}^{c(p)} \langle x_{t}, a \rangle \prod_{i} (\cosh t - k_{i} \sinh t) \, dt \, dA.$$
(33)

From Lemma 3, there is a point in M, where all the principal curvatures are greater than 1. Using Lemma 2, we have $1 < H_r^{\frac{1}{r}} \leq H_1$. Note that $c(p) \leq \coth^{-1} k_{\text{max}} \leq \coth^{-1} H_1(p) \leq \coth^{-1} H_r^{\frac{1}{r}}(p)$. And as an algebraic inequality,

$$\prod_{i} (\cosh t - k_i \sinh t) \leqslant (\cosh t - H_1 \sinh t)^n \leqslant (\cosh t - H_r^{\frac{1}{r}} \sinh t)^n.$$
 (34)

Then from (33),

$$-\frac{1}{n+1} \int_{M} \langle N, a \rangle \, dA$$

$$\leq \int_{M} \int_{0}^{\coth^{-1} H_{r}^{\frac{1}{r}}} (\cosh t - H_{r}^{\frac{1}{r}} \sinh t)^{n} \langle x_{t}, a \rangle \, dt \, dA.$$
(35)

On the other hand, by taking $w = \cosh t - H_r^{\frac{1}{r}} \sinh t$, we can show

$$(n+1) \int_0^{\coth^{-1} H_r^{\frac{1}{r}}} (\cosh t - H_r^{\frac{1}{r}} \sinh t)^n (\sinh t - H_r^{\frac{1}{r}} \cosh t) dt$$

$$= \int_1^0 dw^{n+1} = -1.$$
(36)

So multiplying by $\langle N, a \rangle$ and integrating over M, we have

$$-\frac{1}{n+1} \int_{M} \langle N, a \rangle \, \mathrm{d}A$$

$$= \int_{M} \langle N, a \rangle \int_{0}^{\coth^{-1} H_{r}^{\frac{1}{T}}} (\cosh t - H_{r}^{\frac{1}{r}} \sinh t)^{n} (\sinh t - H_{r}^{\frac{1}{r}} \cosh t) \, \mathrm{d}t \, \mathrm{d}A. \tag{37}$$

Putting together (35) and (37),

$$0 \leqslant \int_{M} \int_{0}^{\coth^{-1}H_{r}^{\frac{1}{r}}} (\cosh t - H_{r}^{\frac{1}{r}} \sinh t)^{n} \langle x_{t}, a \rangle dt dA$$

$$- \int_{M} \langle N, a \rangle \int_{0}^{\coth^{-1}H_{r}^{\frac{1}{r}}} (\cosh t - H_{r}^{\frac{1}{r}} \sinh t)^{n} (\sinh t - H_{r}^{\frac{1}{r}} \cosh t) dt dA$$

$$= \int_{M} \int_{0}^{\coth^{-1}H_{r}^{\frac{1}{r}}} (\cosh t - H_{r}^{\frac{1}{r}} \sinh t)^{n}$$

$$\cdot (\langle x \cosh t + N \sinh t, a \rangle - (\sinh t - H_{r}^{\frac{1}{r}} \cosh t) \langle N, a \rangle) dt dA$$

$$= \int_{M} (\langle x, a \rangle + H_{r}^{\frac{1}{r}} \langle N, a \rangle) \int_{0}^{\coth^{-1}H_{r}^{\frac{1}{r}}} (\cosh t - H_{r}^{\frac{1}{r}} \sinh t)^{n} dt dA$$

$$= \int_{M} (\langle x, a \rangle + H_{r}^{\frac{1}{r}} \langle N, a \rangle) \rho_{n} (H_{r}^{\frac{1}{r}}) dA.$$

$$(38)$$

The equality holds if (34) holds, which means M is totally umbilical. \square

Theorem 12 ([MR91]). Let $x: M^n \to H^{n+1}$ be an embedded campact hypersurface. If H_r is constant for some $1 \le r \le n$, then M is a geodesic hypersphere.

Proof. From Lemma 3, there is a point in M, where all the principal curvatures are greater than 1, thus H_r is a constant greater than 1. Then $\rho_n(H_r^{\frac{1}{r}})$ is a positive constant. Using Lemma 2, $H_{r-1} \geqslant H_r^{\frac{r-1}{r}}$. Together with Lemma 9, we get

$$0 = \int_{M} (H_{r-1}\langle x, a \rangle + H_{r}\langle N, a \rangle) \, dA$$

$$\geqslant \int_{M} (H_{r}^{\frac{r-1}{r}}\langle x, a \rangle + H_{r}\langle N, a \rangle) \, dA$$

$$= H_{r}^{\frac{r-1}{r}} \int_{M} (\langle x, a \rangle + H_{r}^{\frac{1}{r}}\langle N, a \rangle) \, dA.$$
(39)

Using Theorem 11,

$$0 \leqslant \int_{M} (\langle x, a \rangle + H_r^{\frac{1}{r}} \langle N, a \rangle) \, \mathrm{d}A. \tag{40}$$

Thus the equality in (40) holds, and hence M is totally umbilical by the rigidity of Theorem 11.

5 The spherical case

Let $x: M^n \to S^{n+1}$ be an immersed compact orientable hypersurface, N the inner unit normal vector field, $a \in \mathbb{R}^{n+2}$. By direct calculation,

$$\Delta \langle x, a \rangle = (D \langle e_i, a \rangle)_i$$

= $\sum_i \delta_{ij} (\langle e_i, a \rangle + \langle e_\alpha, a \rangle h_{ij}^\alpha) = n(\langle x, a \rangle - H_1 \langle N, a \rangle).$

Using divergence theorem,

$$\int_{M} (\langle x, a \rangle - H_1 \langle N, a \rangle) \, dA = 0. \tag{41}$$

Lemma 13 ([MR91, Biv83]). Let $x: M^n \to S^{n+1}$ be an immersed compact orientable hypersurface, N the inner unit normal vector field, then for $1 \le r \le n$ and arbitrary $a \in \mathbb{R}^{n+2}$, we have

$$\int_{M} (H_{r-1}\langle x, a \rangle - H_r \langle N, a \rangle) \, \mathrm{d}A = 0. \tag{42}$$

Proof. For small number t, consider hypersurface

$$x_t(p) = \exp_{x(p)}(-tN(p)) = x(p)\cos t - N(p)\sin t.$$
 (43)

By solving Jacobi field equation, the unit normal vector field is given by $N_t = x \sin t + N \cos t$, and the principal directions are given by

$$x_{t,*}e_i = (\cos t - k_i \sin t)e_i, 1 \leqslant i \leqslant n \tag{44}$$

where e_i are the principal directions of x. Thus $(\cos t - k_i \sin t)k_i(t) = \sin t - k_i \cos t$. For the area element,

$$dA_t = (\cos t - k_1 \sin t) \cdots (\cos t - k_n \sin t) dA$$

= $\cos^n t P_n(-\tan t) dA$. (45)

For the mean curvature,

$$H_{1}(t) = \frac{1}{n} \sum_{i} \frac{\sin t - k_{i} \cos t}{\cos t - k_{i} \sin t} = \frac{1}{n} \sum_{i} \frac{\tan t - k_{i}}{1 - k_{i} \tan t}$$

$$= -\frac{n \cos t \sin t \cdot P_{n}(-\tan t) + P'_{n}(-\tan t)}{n \cos^{2} t \cdot P_{n}(-\tan t)}.$$
(46)

So we have by (41), (45), (46),

$$0 = \int_{M} n(\langle x_{t}, a \rangle + H_{1}\langle N_{t}, a \rangle) dA_{t}$$

$$= \int_{M} n \cos^{2} t \cdot P_{n}(-\tan t) \langle x \cos t - N \sin t, a \rangle dA$$

$$+ \int_{M} (-n \cos t \sin t \cdot P_{n}(-\tan t) - P'_{n}(-\tan t)) \langle x \sin t + N \cos t \rangle dA$$

$$= \int_{M} (nP_{n}(-\tan t) \langle x, a \rangle - P'_{n}(-\tan t) \langle x \tan t + N, a \rangle) dA.$$

$$(47)$$

Regarding both sides as polynomials of $-\tan t$, we can solve

$$\int_{M} (H_{r-1}\langle x, a \rangle - H_r\langle N, a \rangle) \, \mathrm{d}A = 0 \tag{48}$$

for
$$1 \leqslant r \leqslant n$$
.

Definition 14. We define a positive function $\tau_n:(0,\infty)\to(0,\infty)$ with parameter $n\in\mathbb{N}$ by

$$\tau_n(u) = \int_0^{\cot^{-1} u} (\cos t - u \sin t)^n \cos t \, \mathrm{d}t. \tag{49}$$

We have the following Heintze-Karcher type inequality.

Theorem 15 ([MR91]). Let $x: M^n \to S^{n+1}_+$ be an embedded campact hypersurface lying in the upper semi-sphere. If $H_r > 0$ everywhere on M, then we have

$$\int_{M} (\langle x, a \rangle - H_r^{\frac{1}{r}} \langle N, a \rangle) \tau_n(H_r^{\frac{1}{r}}) \, \mathrm{d}A \geqslant 0$$
 (50)

where a is the north pole of S^{n+1} . Moreover, the equality holds if and only if M is umbilical.

Proof. Recall that $x_t = \exp_{x(p)}(tN(p)) = x(p)\cos t + N(p)\sin t$ here,

$$dV(x\cos t + N\sin t) = (\cos t - k_1\sin t)\cdots(\cos t - k_n\sin t) dt dA.$$
 (51)

Note $\overline{\Delta}\langle x,a\rangle = -(n+1)\langle x,a\rangle$, and $\overline{\nabla}\langle x,a\rangle = a$, from divergence theorem,

$$(n+1)\int_{\Omega} \langle x, a \rangle \, dV = \int_{M} \langle N, a \rangle \, dA.$$
 (52)

Using (3) for $f(x) = (n+1)\langle x, a \rangle$,

$$\int_{M} \langle N, a \rangle \, dA = (n+1) \int_{M} \int_{0}^{c(p)} \langle x_{t}, a \rangle \prod_{i} (\cos t - k_{i} \sin t) \, dt \, dA. \quad (53)$$

From Lemma 3, there is a convex point in M. Using Lemma 2, we have $0 < H_r^{\frac{1}{r}} \leq H_1$. Note that $c(p) \leq \cot^{-1} k_{\max} \leq \cot^{-1} H_1(p) \leq \cot^{-1} H_r^{\frac{1}{r}}(p)$. And as an algebraic inequality

$$\prod_{i} (\cos t - k_i \sin t) \leqslant (\cos t - H_1 \sin t)^n \leqslant (\cos t - H_r^{\frac{1}{r}} \sin t)^n.$$
 (54)

Then from (53),

$$\frac{1}{n+1} \int_{M} \langle N, a \rangle \, \mathrm{d}A \leqslant \int_{M} \int_{0}^{\cot^{-1} H_{r}^{\frac{1}{r}}} (\cos t - H_{r}^{\frac{1}{r}} \sin t)^{n} \langle x_{t}, a \rangle \, \mathrm{d}t \, \mathrm{d}A. \tag{55}$$

On the other hand, by taking $w = \cos t - H_r^{\frac{1}{r}} \sin t$, we can show

$$(n+1) \int_0^{\cot^{-1} H_r^{\frac{1}{r}}} (\cos t - H_r^{\frac{1}{r}} \sin t)^n (-\sin t - H_r^{\frac{1}{r}} \cos t) dt$$
$$= \int_1^0 dw^{n+1} = -1.$$
 (56)

So multiplying by $\langle N, a \rangle$ and integrating over M, we have

$$-\frac{1}{n+1} \int_{M} \langle N, a \rangle \, \mathrm{d}A$$

$$= \int_{M} \langle N, a \rangle \int_{0}^{\cot^{-1} H_{r}^{\frac{1}{r}}} (\cos t - H_{r}^{\frac{1}{r}} \sin t)^{n} (-\sin t - H_{r}^{\frac{1}{r}} \cos t) \, \mathrm{d}t \, \mathrm{d}A$$

$$(57)$$

Putting together (55) and (57),

$$0 \leqslant \int_{M} \int_{0}^{\cot^{-1}H_{r}^{\frac{1}{r}}} (\cos t - H_{r}^{\frac{1}{r}} \sin t)^{n} \langle x_{t}, a \rangle dt dA$$

$$+ \int_{M} \langle N, a \rangle \int_{0}^{\cot^{-1}H_{r}^{\frac{1}{r}}} (\cos t - H_{r}^{\frac{1}{r}} \sin t)^{n} (-\sin t - H_{r}^{\frac{1}{r}} \cos t) dt dA$$

$$= \int_{M} \int_{0}^{\cot^{-1}H_{r}^{\frac{1}{r}}} (\cos t - H_{r}^{\frac{1}{r}} \sin t)^{n}$$

$$\cdot (\langle x \cos t + N \sin t, a \rangle + (-\sin t - H_{r}^{\frac{1}{r}} \cos t) \langle N, a \rangle) dt dA$$

$$= \int_{M} (\langle x, a \rangle - H_{r}^{\frac{1}{r}} \langle N, a \rangle) \tau_{n} (H_{r}^{\frac{1}{r}}) dA.$$

$$(58)$$

The equality holds if (54) holds, which means M is totally umbilical. \square

Theorem 16 ([MR91]). Let $x: M^n \to S^{n+1}_+$ be an embedded campact hypersurface. If H_r is constant for some $1 \leqslant r \leqslant n$, then M is a geodesic hypersphere.

Proof. From Lemma 3, there is a convex point in M, thus H_r is a positive constant. Then $\tau_n(H_r^{\frac{1}{r}})$ is a positive constant. Using Lemma 2, $H_{r-1} \geqslant H_r^{\frac{r-1}{r}}$. Together with Lemma 13, we get

$$0 = \int_{M} (H_{r-1}\langle x, a \rangle - H_{r}\langle N, a \rangle) \, dA$$

$$\geqslant \int_{M} (H_{r}^{\frac{r-1}{r}}\langle x, a \rangle - H_{r}\langle N, a \rangle) \, dA$$

$$= H_{r}^{\frac{r-1}{r}} \int_{M} (\langle x, a \rangle - H_{r}^{\frac{1}{r}}\langle N, a \rangle) \, dA.$$
(59)

Using Theorem 15,

$$0 \leqslant \int_{M} (\langle x, a \rangle - H_r^{\frac{1}{r}} \langle N, a \rangle) \, \mathrm{d}A. \tag{60}$$

Thus the equality (60) holds, and hence M is totally umbilical by the rigidity of Theorem 15.

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