

Quinn Hirschi

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Education

- 2017–2022 **PhD, Social Psychology**, University of Virginia, *Charlottesville, VA*.
Concentration in Quantitative Psychology
Advisor: Dr. Tim Wilson
- 2017–2019 **MA, Psychology**, University of Virginia, *Charlottesville, VA*.
Thesis: Understanding the Liking Gap in Conversations: When People are Blind to How Interesting Others Find Them
Committee: Drs. Tim Wilson (Chair) and Adrienne Wood
- 2010–2014 **BA, Philosophy**, The University of Texas at Austin, *Austin, TX*.
Graduated with Honors
Studied in Africa, South America, and Europe
Minors in Studio Art and Art History

Employment

- 2021 **Survey & Demographic Research Intern**, *UVA*, Charlottesville, VA.
Weldon Cooper Center for Public Service
- 2017–Present **Graduate Research Assistant**, *University of Virginia*, Charlottesville, VA.
Project: Crafting Success for Underrepresented Scientists and Engineers
- 2018–2019 **Graduate Teaching Assistant**, *University of Virginia*, Charlottesville, VA.
Introduction to Social Psychology
Research Methods & Data Analysis I
- 2015–2017 **Lab Manager**, *The University of Texas at Austin*, Austin, TX.
Principal Investigator: Dr. David Yeager
- 2014–2015 **AmeriCorps Member**, *College Forward*, Austin, TX.
Mentored 78 Austin Community College freshmen

Honors and Awards

- 2021 UVA President and Provost's Fund for Institutionally Related Research
- 2019 NSF Graduate Research Fellowship, Honorable Mention
- 2019–2020 UVA Double Hoo Research Grant
- 2018 UVA Psychology Department Graduate Travel Award
- 2018–2019 UVA Society of Fellows Junior Fellow
- 2017–2018 UVA Power, Violence, & Inequality Graduate Research Fellow
- 2017 SPSP Graduate Student Travel Award

2015 National Service Trust Segal AmeriCorps Education Award
2014 UT Austin Graduation with Honors
2012 Institute for Shipboard Education Merit Grant

Publications

- Williams, C. L., **Hirschi, Q.**, Hulleman, C. S., & Roksa, J. (2021). Belonging in STEM: Growth mindset as a filter of contextual cues. *International Journal of Community Well-Being*.
- Reeves, S. L., Henderson, M. D., Cohen, G. L., Steingut, R., **Hirschi, Q.**, & Yeager, D. S. (2020). Psychological affordances help explain where a self-transcendent purpose intervention improves performance. *Journal of Personality and Social Psychology*.
- Williams, C. L., **Hirschi, Q.**, Sublett, K. V., Hulleman, C. S., & Wilson, T. D. (2020). A brief social belonging intervention improves academic outcomes for minoritized high school students. *Motivation Science*.

In Preparation *undergraduate mentee

- Hirschi, Q.**, Wilson, T. D., Gilmer, K.*, & Gilbert, D. T. (in preparation). Speak up! Mistaken beliefs about how much to talk in conversations.
- Hirschi, Q.**, Wilson, T. D., Lieu, B.*, & Gilbert, D. T. (in preparation). Understanding the Liking Gap in conversations: When people are blind to how interesting others find them.
- Brady, S. T., Ospina, J. P., **Hirschi, Q.**, Cole, S. W., Yeager, D. S., Cohen, G. L., Markus, H. R. & Walton, G. M. (in preparation). (Some) narratives about adversity buffer the genome against adversity.
- Sanchez, K. L., Corrington, A., **Hirschi, Q.**, ... & Walton, G. M. (in preparation). Race-related conversations in intergroup friendships.
- Jones, J., Bland, J., Inkelas, K., Roksa, J., **Hirschi, Q.**, Maeng, J., Williams, A., Fortune, A., & Gates, J. (in preparation). Data and diversity in action.

Conference Talks & Symposia *undergraduate mentee

- Hirschi, Q.** & Wilson, T. D. (2021, May). Speak up! Mistaken beliefs about how much to talk in conversations. Flask talk presented at the annual meeting of the Association for Psychological Science, Virtual.
- Gilmer, K.*, **Hirschi, Q.**, & Wilson, T. D. (2021, April). Rethinking the traditional approach to speaking and listening in conversations. Paper presented at the University of Virginia's annual L. Starling Reid Undergraduate Psychology Research Conference, Virtual.
- Lieu, B.*, **Hirschi, Q.**, & Wilson, T. D. (2021, April). A construal level manipulation can reduce the Liking Gap in conversations. Paper presented at the University of Virginia's annual L. Starling Reid Undergraduate Psychology Research Conference, Virtual.
- Williams, C. L., **Hirschi, Q.**, Hulleman, C. S., & Roksa, J. (2021, April). Growth mindset and belonging: The importance of perceived context. Paper presented at the annual

meeting of the American Educational Research Association, Virtual.

Hirschi, Q. & Wilson, T. D. (2020, October). How to be interesting and likable in conversations. Data Byte presented at the annual meeting of the Society of Southeastern Social Psychologists, Virtual.

Sanchez, A.*, **Hirschi, Q.**, & Wilson, T. D. (2019, July). What do people enjoy talking about in conversations? Paper presented at the annual meeting of the Leadership Alliance Program, Hartford, CT.

Silverman, D. M., **Hirschi, Q.**, Moran, M., Williams, C. L., Tibbetts, C. Y., & Hulleman, C. S. (2019, April). Rapid development to design interventions: Incorporating qualitative data in real time. Paper presented at the annual meeting of the American Educational Research Association, Toronto, ON.

Hirschi, Q., Williams, C. L., Sublett, K. V., & Hulleman, C. S. (2018, April). Adolescents' perceptions of race-based violence in a neighboring community. In D. Walsh & N. J. G. Winter (Chairs), *Democracy and difference*. Symposium conducted at the annual meeting of the University of Virginia Power, Violence, & Inequality Collective, Charlottesville, VA.

Yeager, D. S., Reeves, S. L., Medrano, F. N., **Hirschi, Q.**, Henderson, M. D., & Cohen, G. L. (2018, March). Person x context interaction in real-world goal pursuit: A field experiment to promote a purpose for learning in middle school classrooms. In B. A. Converse (Chair), *Making an impact: Taking meaningful action on real-life goals*. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.

Hirschi, Q., Josephs, R. A., & Yeager, D. S. (2017, May). Harnessing testosterone to promote medical adherence. In D. S. Yeager (Chair), *New frontiers in testosterone and the pursuit of social status*. Symposium conducted at the annual meeting of the Association for Psychological Science, Boston, MA.

Hirschi, Q., Josephs, R. A., & Yeager, D. S. (2017, April). The adherence-autonomy dilemma: Effects of testosterone administration and autonomy-supportive framing on medical adherence. In H. Y. Lee (Chair), *The new science of adolescent behavioral change: Psychological and hormonal methods for leveraging social motivation*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Austin, TX.

Poster Presentations *undergraduate mentee

Hirschi, Q. & Wilson, T. D. (2021, February). How to be interesting and likable in conversations. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Virtual.

Williams, C. L., **Hirschi, Q.**, & Roksa, J. (2020, April). Finding one's place in Engineering: Importance of ability appraisal for belonging and academic performance. Poster was to be presented at the annual meeting of the American Educational Research Association, San Francisco, CA. (Conference canceled)

Lieu, B.*, **Hirschi, Q.**, & Wilson, T. D. (2020, April). Reducing the Liking Gap: Exploring methods to increase perceived liking in conversations. Poster was to be presented

at the annual Undergraduate Research Symposium at the University of Virginia, Charlottesville, VA. (Conference canceled)

Hirschi, Q. & Wilson, T. D. (2020, February). Understanding the Liking Gap in conversations: When people are blind to how interesting others find them. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Woolf, S.*, **Hirschi, Q.**, & Wilson, T. D. (2020, February). Speaking and listening: The science of being well-liked in conversations. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Williams, C. L., Sublett, K. V., **Hirschi, Q.**, Wilson, T. D., & Hulleman, C. S. (2020, February). Mixed effects of a high school social belonging intervention: Considering context, timing, and delivery. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Hirschi, Q. & Wilson, T. D. (2019, May). We enjoy listening to others talk about themselves—because they're good at it. Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

Hirschi, Q. & Wilson, T. D. (2019, February). We enjoy talking about ourselves, but underestimate how much others enjoy listening. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

Williams, C. L., Sublett, K. V., **Hirschi, Q.**, Wilson, T. D., & Hulleman, C. S. (2019, February). A brief video intervention improves first year academic outcomes for high school students. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

Hirschi, Q., Williams, C. L., Sublett, K. V., & Hulleman, C. S. (2018, May). Adolescents' remembrance of race-based violence in a neighboring community. Poster presented at the biannual convening of the Mindset Scholars Network, Boston, MA.

Hirschi, Q., Brady, S. T., Cole, S. W., Walton, G. M., & Yeager, D. S. (2018, March). Teaching a growth mindset of intelligence before college reduces adversity-related gene expression four years later. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.

Williams, C. L., Sublett, K. V., Pugh, R., Leary, R., **Hirschi, Q.**, & Hulleman, C. S. (2018, March). A brief video intervention improves high school students' perceptions of social belonging four months later. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.

Hirschi, Q., Josephs, R. A., & Yeager, D. S. (2017, January). The effects of intranasal testosterone administration on adherence to autonomy supportive vs. autonomy threatening instructions. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Hirschi, Q., Reeves, S. L., Cohen, G. L., & Yeager, D. S. (2016, January). Believing that an institution helps you pursue prosocial goals increases trust: Evidence from a longitudinal study in an urban middle school. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.

Invited Talks

Jan. 2021	How to be likable in conversations *Selected Speaker	<i>UVA Psych Dept</i>
Feb. 2019	The graduate school experience	<i>UVA Motivate Lab</i>
Jan. 2018	Creating social belonging interventions	<i>NYC DOE</i>
Oct. 2017	The graduate school application process	<i>UVA DMP Seminar</i>

Other Talks

April 2021	Speak up! Mistaken beliefs about how much to talk...	<i>UVA Quant Area</i>
April 2019	We enjoy listening to others talk about themselves –because they’re good at it	<i>UVA Social Area</i>
April 2018	Do we know how interesting others find us?	<i>UVA Social Area</i>

Research Mentorship

2019–Present	UVA Distinguished Majors Program (DMP) Mentor <ul style="list-style-type: none">◦ Brigitte Lieu, UVA CLAS '21 *Maury Pathfinder Prize Recipient◦ Kathleen Gilmer, UVA CLAS '21◦ Sarah Woolf, UVA CLAS '20
2019–2020	UVA Double Hoo Mentor <ul style="list-style-type: none">◦ Brigitte Lieu, UVA CLAS '21
2019	UVA Leadership Alliance Summer Program Mentor <ul style="list-style-type: none">◦ Alexander Sanchez, Minerva Schools at KIG '20, Current Psychology Fellow at Harvard University with Dr. Mahzarin Banaji

Teaching Experience

Summer 2019	Research Methods & Data Analysis I	<i>Graduate TA</i>
Spring 2019	Research Methods & Data Analysis I	<i>Graduate TA</i>
Fall 2018	Introduction to Social Psychology	<i>Graduate TA</i>

Graduate Coursework in Psychology

Quantitative	Quantitative Psychology I
	Quantitative Psychology II
	Multilevel Modeling in Education Research
	Machine Learning & Data Mining
	Applied Multivariate Methods
	Structural Equation Modeling
Social	Social Psychology

Research Methods in Social Psychology
 Emotion & Cognition
 Self-Knowledge and the Adaptive Unconscious
 Misc. Scientific & Professional Ethics
 Teaching Psychology: Review Sessions
 Teaching Psychology: Sections
Cumulative GPA: 4.0

Additional Training & Workshops

Spring 2021	Business in Society	<i>UVA PhD+</i>
Jan. 2021	Science Policy Bootcamp	<i>UVA PhD+</i>
July 2018	Scaling Learning Mindsets in Higher Education	<i>UVA Motivate Lab</i>
June 2018	Missing Data	<i>UVA Ed School</i>
Jan. 2018	R	<i>UVA Ed School</i>
May 2017	Designing Behavioral Science Interventions	<i>UVA Ed School</i>
Apr. 2016	Collecting Dried Blood Spot Samples	<i>UCLA Hopelab</i>

Professional Service

2020–Present Ad Hoc Reviewer
 ◦ *International Journal of Community Well-Being*

2020–Present UVA Psychology Department DEI Website & Social Media Committee

2020–Present Tim Wilson Lab Research Assistant Coordinator

2018–2019 UVA GSASC Psychology Department Representative

2018 UVA SPAM Speaker Series Coordinator

2015–2019 Social Belonging Interventions in Academic Contexts Consultant

2014–2015 AmeriCorps Member/College Completion Advisor