The work tree and staging area

□ As you create or modify files, they will automatically be added to your work tree. You can easily add these files to your staging area, which is a place to assemble your code before adding it to a commit.

Make and commit changes

- On GitHub, saved changes are called *commits*. Each commit has an associated *commit message*, which is a description explaining why a particular change was made.
- ☐ Commit messages capture the history of your changes, so other contributors can understand what you've done and why. (Or, maybe just for you to remember what you did 6 months ago.)
- ☐ You can always review all commits to see what has been done in the past, and even roll back to any commit at any time if necessary.