

PENNVENTION 2015

SPINESENSE

BUSINESS OPPORTUNITY

Poor posture is a ubiquitous health issue

- **Passive posture** Office work and constant use of smartphones resulting in slouching, neck bending, cause high strain on back and spine
- **Active posture** Injuries arising from incorrect technique during weightlifting. New generation, often self-directed workout regimens such as CrossFit or TRX offer little guidance as to proper technique and posture.
- **Workplace injuries** poorly executed repetitive motions occasion frequent injuries (e.g. construction workers, nurses, etc..)

Existing solutions are inadequate:

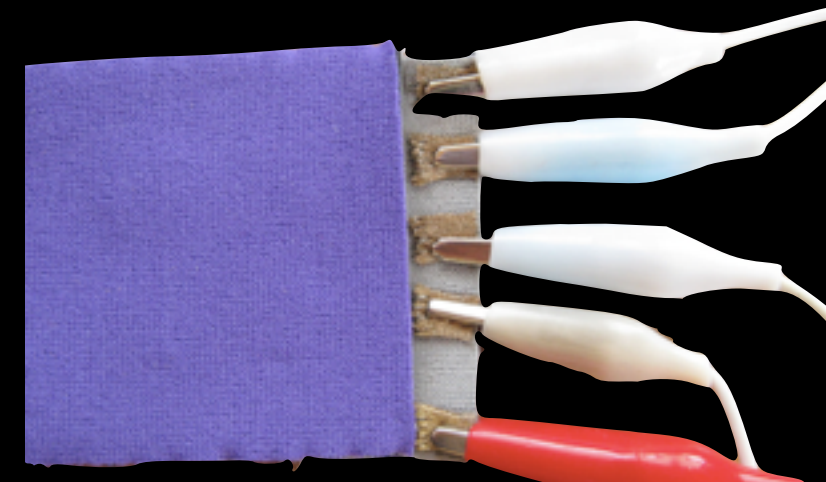
- Stretch garments provide passive support encouraging tighter posture, yet no active monitoring
- First generation wearables (e.g. Lumoback) are bulky and approximate
- Next-generation smart garments (Sensoria Fitness smart sock, Fraunhofer FitnessSHIRT) lack accurate posture monitoring capabilities



PRODUCT

SPINESENSE IS A COMFORTABLE SMART GARMENT THAT ENABLES ACCURATE POSTURE MONITORING TO REDUCE BACK PAIN AND POSTURE-RELATED SPINAL INJURIES

- UPPER-BODY GARMENT WITH EMBEDDED SENSORS PROVIDING LIVE MONITORING OF USER'S POSTURE AND SPINE POSITION:
 - Textile electrodes provide non-intrusive solution – regular fabric feel allows garment to be used continuously under everyday clothes or directly as work out gear.
 - Proprietary algorithm aggregates the signals from multiple electrodes and generates accurate 3D map of back and spine
 - Real-time feedback through sensory (vibrating) signals via embedded components
- ASSOCIATED SMARTPHONE APP DISPLAYS REAL TIME INFO AND PROVIDES GUIDANCE:
 - "Posture alerts" warn user of bad posture while sitting or standing
 - "Active coaching" provides guidance for users looking to perfect lifting or stretching technique and avoid injury
 - Aggregated statistics and visual progress indicators



MARKET

- Low back pain is number one cause of disability worldwide
- Experts estimate 80% of population will experience back pain at some point in their life
- Americans spend at least **\$50 B** each year on back pain care
- Global sportswear market expected to reach \$300B by 2017
- Sports, fitness and activity monitors to grow from \$1.9B/year in 2013 to \$2.8B in 2019
- The market for smart textiles expected to grow from \$0.7B in 2012 to \$2B in 2018



TIMELINE

Tasks	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
Concept validation																										
<i>Component testing and selection</i>																										
<i>Build proof-of-concept prototype to validate number and position of sensors</i>																										
<i>Mapping algorithm first implementation</i>																										
Full scale prototype build																										
<i>Garment design (including sensor positioning)</i>																										
<i>Tactile feedback implementation</i>																										
<i>Refinement of mapping algorithm</i>																										
Front end interface build																										
<i>UI design</i>																										
<i>Mobile application development</i>																										
User testing and feedback																										
MVP build incorporating user feedback																										

Development budget	
Prototypes build (5 prototypes)	455
<i>Electric components (microcontrollers, pressure sensors, accelerometers, textile electrodes, vibrating component)</i>	405
<i>Fabric</i>	50
User testing	200
Mobile app development	750
Total	1,405

COST PER PROTOTYPE: \$91

EST. COST PER UNIT IN PRODUCTION: \$60

THE TEAM



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