## Recitation 21

Thursday November 21, 2024

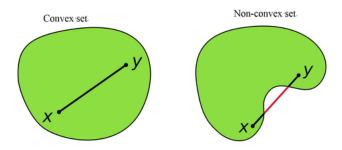
# 1 Recap

#### 1.1 Convex Set

A set C is *convex* if for all  $x_1, x_2 \in C$  and all  $t \in [0, 1]$ ,

$$tx_1 + (1-t)x_2 \in C.$$

In other words, C contains the line segment between any two points in C.



The projection of a point y onto a set C is given by the closest point in the set to y

$$\operatorname{Proj}_C(y) = \arg\min_{z \in C} \|z - y\|.$$

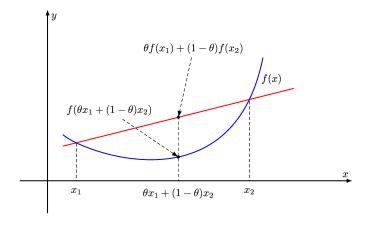
For example, if C is a box given by  $[0,1]^2$  and y = (1.5,0.5), then  $\text{Proj}_C(y) = (1,0.5)$ .

### 1.2 Convex Function

Let  $X \subseteq \mathbb{R}^n$  be a convex set. A function  $f: X \to \mathbb{R}$  is *convex* if for any pair of points  $x_1, x_2 \in X$  and any  $t \in [0, 1]$ , we have

$$f(tx_1 + (1-t)x_2) \le tf(x_1) + (1-t)f(x_2),$$

i.e., the graph of f(x) lies below the line segment connecting  $f(x_1)$  and  $f(x_2)$ .



## 1.3 Taylor Expansion for Differentiable Functions

For a differentiable function  $f: \mathbb{R}^n \to \mathbb{R}$ , the **first-order Taylor expansion** around a point  $x_k$  is:

$$f(x) \approx f(x_k) + \nabla f(x_k)^T (x - x_k).$$

This linear approximation estimates the function value near  $x_k$ . If f is twice differentiable, the **second-order Taylor expansion** includes the Hessian matrix  $\nabla^2 f(x_k)$ :

$$f(x) \approx f(x_k) + \nabla f(x_k)^T (x - x_k) + \frac{1}{2} (x - x_k)^T \nabla^2 f(x_k) (x - x_k).$$

This quadratic approximation provides a more accurate estimate near  $x_k$  and is used in methods like Newton's method.

## 1.4 Projected Gradient Descent

We can extend the quadratic minimization framework to constrained optimization by projecting the gradient step back into a feasible set C. When minimizing g(x) subject to  $x \in C$ , we have:

$$\min_{x \in C} \left[ f(x_k) + \nabla f(x_k)^T (x - x_k) + \frac{1}{2\alpha} ||x - x_k||^2 \right].$$

This is equivalent to:

- 1. Taking an unconstrained gradient step:  $y = x_k \alpha \nabla f(x_k)$ .
- 2. Projecting y back onto C:  $x_{k+1} = \operatorname{Proj}_C(y) = \arg\min_{z \in C} ||z y||$ .

Thus, the update rule for projected gradient descent is:

$$x_{k+1} = \operatorname{Proj}_C(x_k - \alpha \nabla f(x_k)).$$

# 2 Exercises

1. **Projection onto Convex Sets** Given the following sets, find an expression for  $Proj_C(y)$  for any point y in the same space:

- (a) **Box**:  $C = [0, 1]^3$
- (b) **Linear Subspace**:  $C = \{x \in \mathbb{R}^3 \mid x_1 + x_2 + x_3 = 0\}$
- (c) Affine Plane:  $C = \{x \in \mathbb{R}^3 \mid x_1 + x_2 + x_3 = -1\}$
- (d) **Half-Space**:  $C = \{x \in \mathbb{R}^2 \mid x_1 + x_2 \le 4\}$
- (e) **Ball**:  $C = \{x \in \mathbb{R}^2 \mid ||x||_2 \le 2\}$
- 2. In this problem, we are going to express Gradient Descent as a quadratic minimization. We want to minimize a quadratic approximation (a first-order Taylor expansion plus a quadratic penalty term). Consider a differentiable function f(x):

$$g(x) = \nabla f(x_k)^T (x - x_k) + \frac{1}{2\alpha} ||x - x_k||^2.$$

- (a) Show that minimizing the function g(x) with respect to x yields the gradient descent update  $x_{k+1} = x_k \alpha \nabla f(x_k)$ .
- (b) Show that this minimization is equivalent to solving the unconstrained quadratic minimization problem:

$$\min_{x} \left[ \frac{1}{2} x^T A x + b^T x \right],$$

where 
$$A = \frac{1}{\alpha}I$$
 and  $b = -\frac{1}{\alpha}x_k - \nabla f(x_k)$ .

- (c) Verify that the solution to the quadratic minimization problem in part (b) is the same as the gradient descent update.
- 3. **Projected Gradient Descent.** For this problem, we are interested in minimizing the quadratic approximation as similar to problem (2):

$$g(x) = \nabla f(x_k)^T (x - x_k) + \frac{1}{2\alpha} ||x - x_k||^2.$$

However, we are looking for solutions within the set C:

$$\min_{x \in C} \left[ \nabla f(x_k)^T (x - x_k) + \frac{1}{2\alpha} ||x - x_k||^2 \right].$$

(a) Show that the solution  $x_{k+1}$  to this problem is given by:

$$x_{k+1} = \operatorname{Proj}_C(x_k - \alpha \nabla f(x_k)).$$

*Hint*: Use the definition of projection onto a set C.

(b) Explain why this procedure can be interpreted as taking a gradient step followed by a projection onto C.

# 3 Solutions

#### 1. Projection onto Different Convex Sets

(a) Box Constraint  $C = [0, 1]^3$ : For any  $y = (y_1, y_2, y_3) \in \mathbb{R}^3$ , the projection onto C is given by:

 $x_i = \min(\max(y_i, 0), 1), \quad \forall i = 1, 2, 3.$ 

That is, each component is clipped to the interval [0,1].

(b) Plane Constraint  $C = \{x \in \mathbb{R}^3 \mid a^T x = b\}$ , where a = (1, 1, 1) and b = -1: The projection onto the plane is:

$$x = y - \frac{a^T y - b}{\|a\|^2} a$$

(c) Half-Space  $C = \{x \in \mathbb{R}^2 \mid a^T x \leq b\}$ , where a = (1, 1) and b = 4:

The projection is:

$$x = \begin{cases} y, & \text{if } a^T y \le b, \\ y - \frac{a^T y - b}{\|a\|^2} a, & \text{if } a^T y > b. \end{cases}$$

That is, if y is already in the half-space, it remains unchanged; otherwise, it is projected onto the boundary.

(d) Ball  $C = \{x \in \mathbb{R}^2 \mid ||x||_2 \le r\}$ , with radius r = 2:

The projection is:

$$x = \begin{cases} y, & \text{if } ||y||_2 \le r, \\ r \frac{y}{||y||_2}, & \text{if } ||y||_2 > r. \end{cases}$$

That is, y is scaled back to lie on the boundary of the ball if it is outside.

#### 2. Gradient Descent as Quadratic Minimization

(a) To minimize g(x), take the gradient with respect to x and set it to zero:

$$\nabla g(x) = \nabla f(x_k) + \frac{1}{\alpha}(x - x_k) = 0.$$

Solving for x:

$$x = x_k - \alpha \nabla f(x_k)$$
.

This is the gradient descent update rule.

(b) The function g(x) can be rewritten as:

$$g(x) = \frac{1}{2\alpha} ||x - x_k||^2 + \nabla f(x_k)^T (x - x_k)$$
  
=  $\frac{1}{2\alpha} (x - x_k)^T (x - x_k) + \nabla f(x_k)^T (x - x_k).$ 

Expanding and rearranging terms:

$$g(x) = \frac{1}{2\alpha}x^Tx - \left(\frac{1}{\alpha}x_k + \nabla f(x_k)\right)^Tx + \text{constant.}$$

Therefore, minimizing g(x) is equivalent to solving:

$$\min_{x} \left[ \frac{1}{2} x^T A x + b^T x \right],$$

where  $A = \frac{1}{\alpha}I$  and  $b = -\left(\frac{1}{\alpha}x_k + \nabla f(x_k)\right)$ .

(c) The solution to the quadratic minimization problem is:

$$x = -A^{-1}b = -\left(\frac{1}{\alpha}I\right)^{-1}\left(-\left(\frac{1}{\alpha}x_k + \nabla f(x_k)\right)\right) = x_k - \alpha \nabla f(x_k).$$

This matches the gradient descent update.

#### 3. Projected Gradient Descent

(a) The constrained minimization problem can be rewritten as:

$$x_{k+1} = \arg\min_{x \in C} \left[ \nabla f(x_k)^T (x - x_k) + \frac{1}{2\alpha} ||x - x_k||^2 \right].$$

Completing the square and ignoring constants (since they do not affect the minimization), we have:

$$\min_{x \in C} \left[ \frac{1}{2\alpha} \|x - x_k + \alpha \nabla f(x_k)\|^2 \right].$$

Therefore:

$$x_{k+1} = \arg\min_{x \in C} \|x - (x_k - \alpha \nabla f(x_k))\|^2 = \operatorname{Proj}_C (x_k - \alpha \nabla f(x_k)).$$

(b) This procedure first takes an unconstrained gradient step  $y = x_k - \alpha \nabla f(x_k)$  as if there were no constraints. Then, since y might not be in C, we project y back onto C to obtain  $x_{k+1}$ . This ensures that the iterates remain feasible with respect to the constraints defined by C.