



MINDFUL MIRROR

Organized. Central. Simple.

The mirror that doesn't let you forget the big things so you can keep enjoying the little things



Our Team



Farida Hanna



Gabriela
Colon-Melendez



Jordan Jones



Caitlin Harhai

Mentor: Carolyn Weaver

Faculty: Ben Kirkland and Martha Sullivan

Collaborators: Frankie Alfano

Third Year IDS Studio

Research

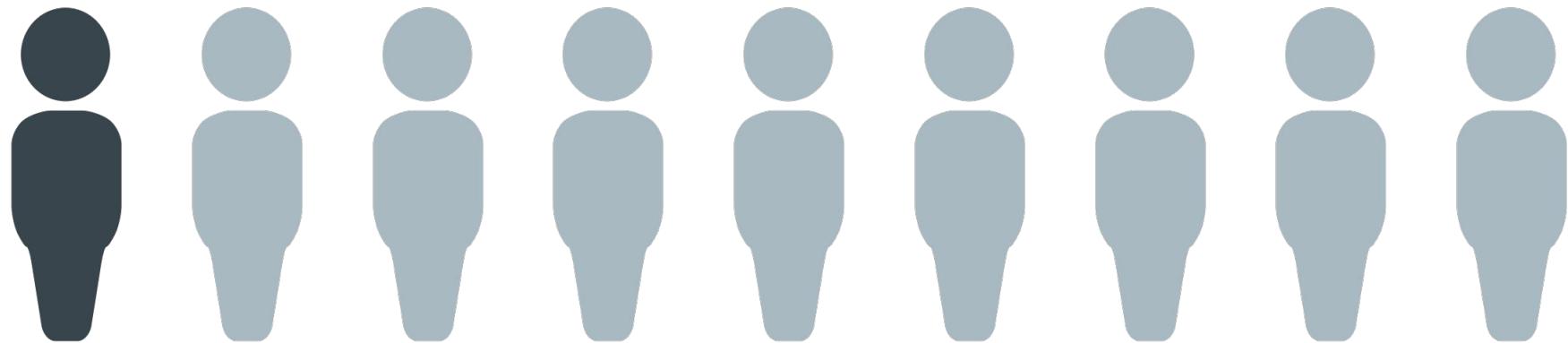
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People in the U.S. suffering from
Alzheimer's Disease

40%

65 or older have **memory**
impairment associated with age

1 in 9 adults age 45+



report **confusion or memory loss**

How to deal with forgetfulness...

Follow a **consistent** daily **routine**



Plan tasks, make to-do lists, and **use memory tools** such as calendars/notes

Put your wallet/purse, keys, phone, and glasses in the **same place each day**





How can we **assist** seniors in
their daily **organization** and
awareness of events, tasks, &
items using **technology**?

Market Research





MINDFUL MIRROR



Mirror Display



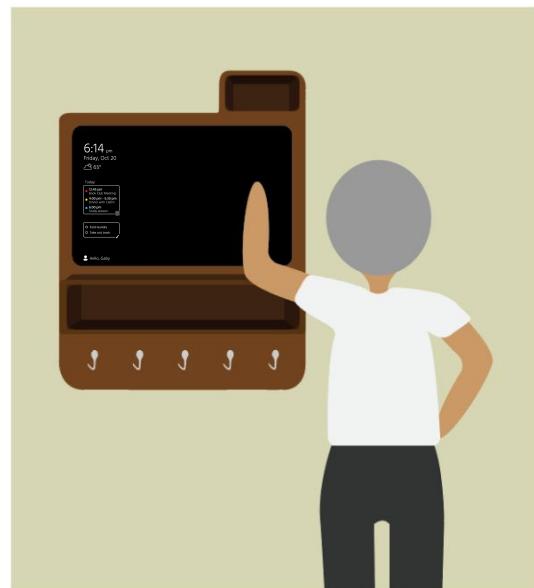
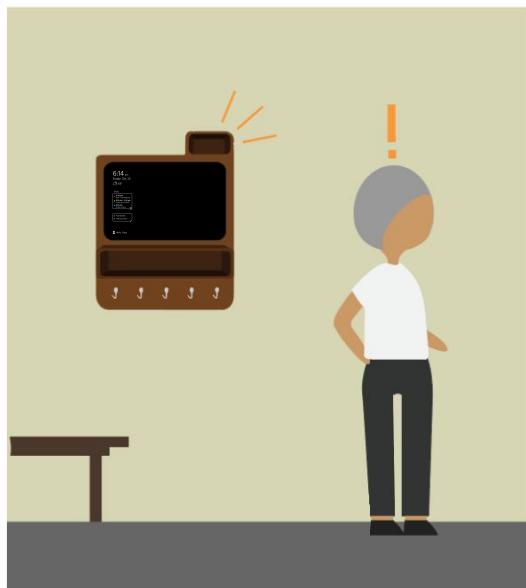
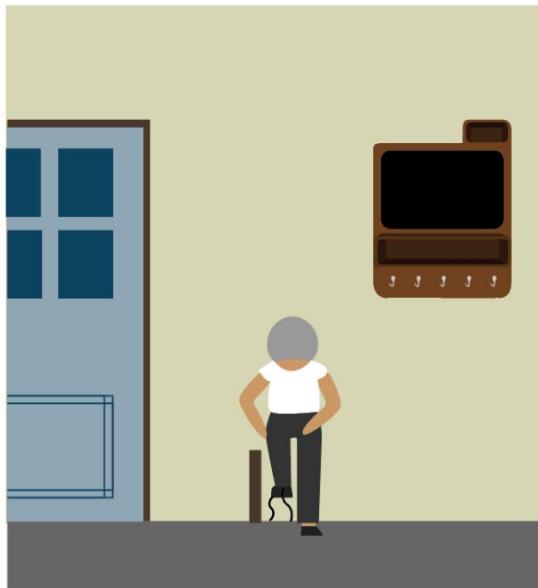
Shelves



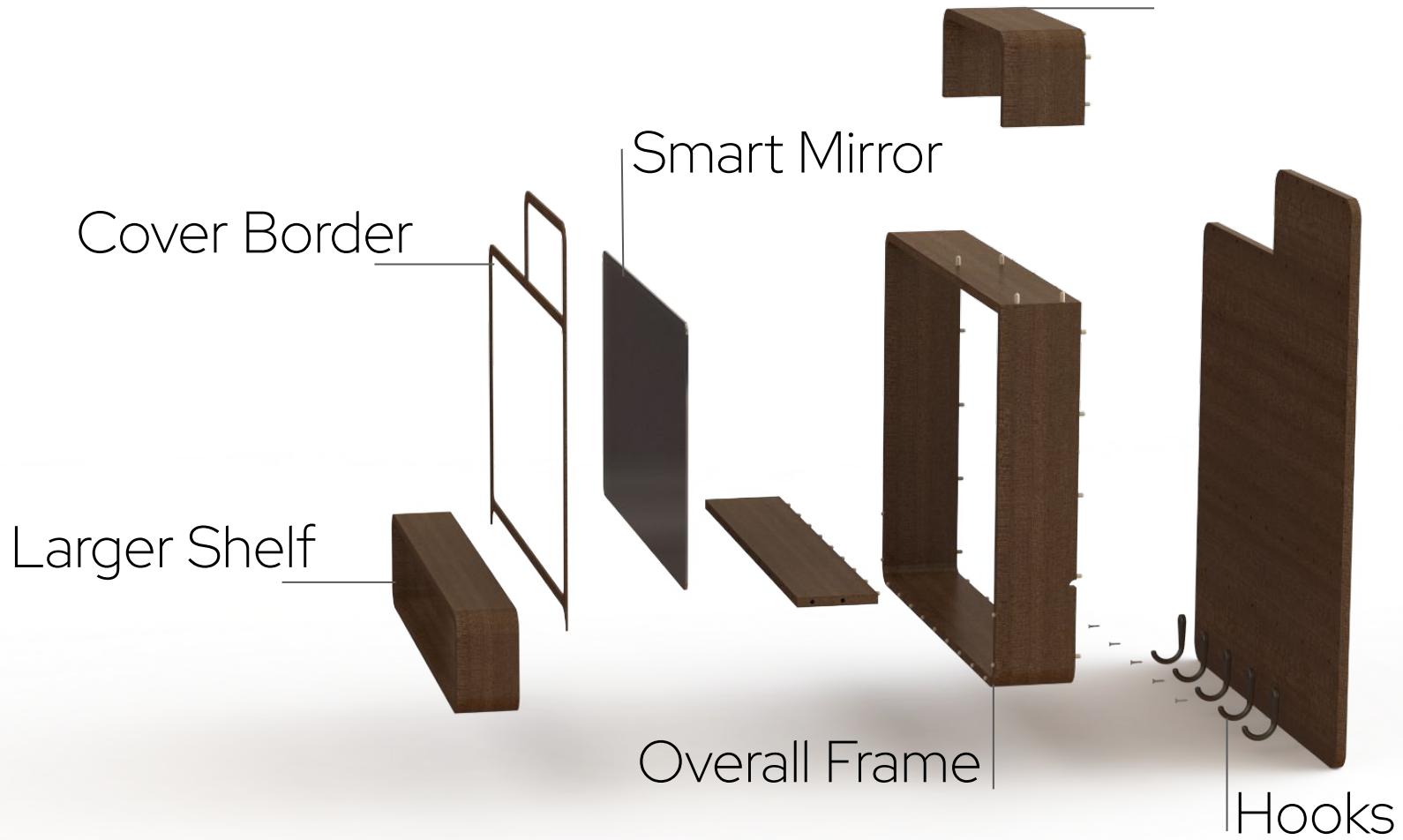


Hooks

Power Saving Mode-Motion Sensor



Exploded View



Home Screen

Date/time

Weather preview

Today's events

To-do list

Account settings



Weather

Hourly forecast

7 Day forecast

The image shows a dark-themed user interface for a smart home application. On the left, there's a large digital clock displaying "6:14 pm". Below it, the date "Friday, Oct 20" and a weather icon with "65°" are shown. A list of "Today:" events includes "Book Club Meeting" at 12:45 pm, "Dinner with Caitlin" from 4:00 pm to 5:30 pm, and "Study session" at 6:00 pm. A reminder to "Fold laundry" and "Take out trash" is also listed. On the right, a weather card for "Blacksburg" shows "Partly cloudy, sometimes overcast" with a temperature of "65 °F" and a low of "58" and a high of "68". It includes a "7-Day Forecast" with icons and temperatures for 6 PM, 7 PM, and 8 PM: 65°F, 67°F, and 68°F respectively. At the bottom, a greeting says "Hello, Barbara".

6:14 pm

Friday, Oct 20

Cloudy 65°

Today:

- 12:45 pm Book Club Meeting
- 4:00 pm - 5:30 pm Dinner with Caitlin
- 6:00 pm Study session

Fold laundry

Take out trash

Blacksburg

Partly cloudy, sometimes overcast

65 °F
L: 58 H: 68

7-Day Forecast

6 PM 65°F

7 PM 67°F

8 PM 68°F

Hello, Barbara

Weather

Hourly forecast

7 Day forecast

The image shows a digital weather interface with a dark wood-grain background. On the left, there's a vertical sidebar with the title "Weather" at the top, followed by "Hourly forecast" and "7 Day forecast". The main area displays two separate forecast cards.

Hourly Forecast Card: This card shows the current time as "6:14 pm" on "Friday, Oct 20". The temperature is listed as "65°" with a cloud icon. Below this, under "Today:", there's a list of events with colored dots: a red dot for "12:45 pm Book Club Meeting", a yellow dot for "4:00 pm - 5:30 pm Dinner with Caitlin", and a blue dot for "6:00 pm Study session". At the bottom, there's a list of chores with radio buttons: "Fold laundry" and "Take out trash", with a checkmark next to "Fold laundry".

7 Day Forecast Card: This card is titled "Blacksburg" and describes the weather as "Partly cloudy, sometimes overcast". The current temperature is "65 °F" with a sun and cloud icon. Below this, a section titled "This Week" lists the days from Friday to Thursday, each with an icon, the day name, and temperatures: 70/58, 70/58, 70/58, 70/58, 70/58, 70/58, and 70/58 respectively.

User Interface Elements: In the bottom right corner of the main area, there's a small square icon with rounded corners. In the bottom left corner of the main area, there's a small circular profile icon with the text "Hello, Barbara".

Calendar

Monthly view

Weekly view

Select Day

Edit/add events

6:14 pm
Friday, Oct 20
Cloudy 65°

Today:

- 12:45 pm Book Club Meeting
- 4:00 pm - 5:30 pm Dinner with Caitlin
- 6:00 pm Study session

S M T W T F S
26 27 28 29 30 31 1
2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30 31 1 2 3 4 5

Hello, Barbara

Calendar

Monthly view

Weekly view

Select Day

Edit/add events

The image displays a digital calendar interface with three main views:

- Monthly view (Top Right):** Shows the month of APRIL with the date range 04/12 - 04/18. Navigation arrows are available for switching months.
- Weekly view (Middle Right):** Shows the week starting from Sunday (S) to Saturday (S). It highlights the day 04/13 with a list of events: Book Club Meeting at 12:45 pm, Dinner with Caitlin from 4:00 pm to 5:30 pm, and Study Session at 6:00 pm. A small note indicates "Fold laundry" and "Take out trash".
- Daily view (Bottom Left):** Shows Friday, Oct 20, 2023. It displays the time 6:14 pm, the date Friday, Oct 20, a weather icon indicating 65°, and a list of events: Book Club Meeting at 12:45 pm, Dinner with Caitlin from 4:00 pm to 5:30 pm, and Study session at 6:00 pm. A note indicates "Fold laundry" and "Take out trash".

At the bottom left, there is a greeting: Hello, Barbara.

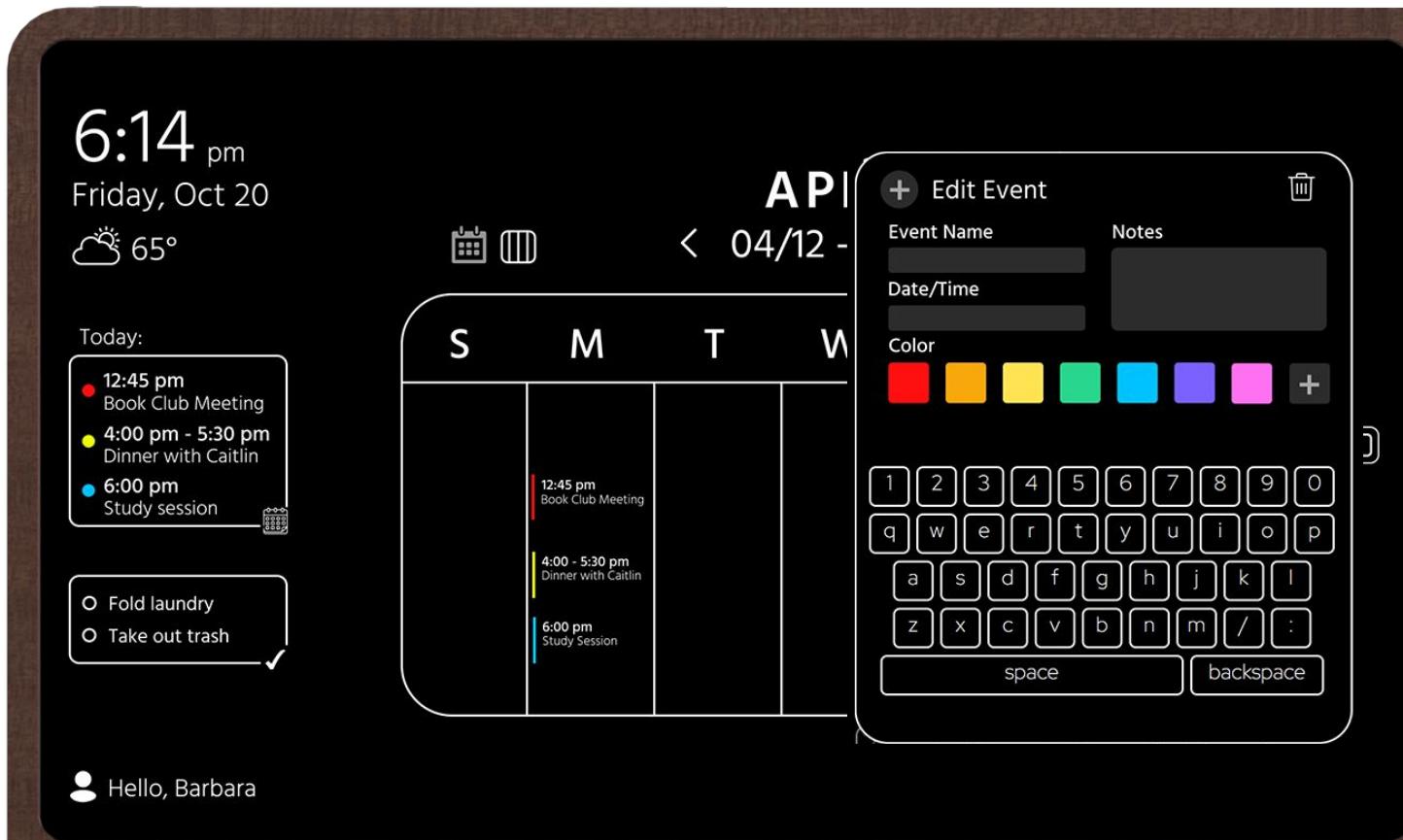
Calendar

Monthly view

Weekly view

Select Day

Edit/add events



To-Do List

Move tasks

Complete tasks

Edit/add tasks

The interface features a dark-themed card with rounded corners. At the top left, it displays the time as 6:14 pm and the date as Friday, Oct 20. Below that is a weather icon showing clouds and a temperature of 65°. A section labeled "Today:" lists three events with colored dots: a red dot for a Book Club Meeting at 12:45 pm, a yellow dot for Dinner with Caitlin from 4:00 pm to 5:30 pm, and a blue dot for a Study session at 6:00 pm. To the right of the calendar is a "To-Do List" box containing five items, each with a circular checkbox and an equals sign icon. At the bottom left is a "Hello, Barbara" greeting with a user icon. A small "+" button is located at the bottom center of the card.

6:14 pm
Friday, Oct 20
Cloudy 65°

Today:

- 12:45 pm Book Club Meeting
- 4:00 pm - 5:30 pm Dinner with Caitlin
- 6:00 pm Study session

To-Do List

- Fold laundry =
- Take out trash =
- Vacuum downstairs =
- Walk dog =
- Organize closet =

Hello, Barbara

To-Do List

Move tasks

Complete tasks

Edit/add tasks

The image shows a mobile application interface with a dark background. On the left, there's a weather card with the time 6:14 pm, date Friday, Oct 20, and a 65° temperature. Below it is a calendar section labeled "Today:" with three events: Book Club Meeting at 12:45 pm, Dinner with Caitlin from 4:00 pm to 5:30 pm, and a Study session at 6:00 pm. A "Hello, Barbara" greeting is at the bottom left. In the center, a rounded rectangle contains a "To-Do List" with five items: Fold laundry, Take out trash, Vacuum downstairs, Walk dog, and Organize closet. A "+" button is at the bottom right of this list. To the right, a modal window titled "Edit Task" has fields for "Task Name" and "Notes", and a "Delete" icon. Below it is another modal for "Add Task" with a keyboard and "Cancel" button.

6:14 pm
Friday, Oct 20
Cloudy 65°

Today:

- 12:45 pm Book Club Meeting
- 4:00 pm - 5:30 pm Dinner with Caitlin
- 6:00 pm Study session

To-Do List

- Fold laundry
- Take out trash
- Vacuum downstairs
- Walk dog
- Organize closet

Hello, Barbara

+ Edit Task

Task Name

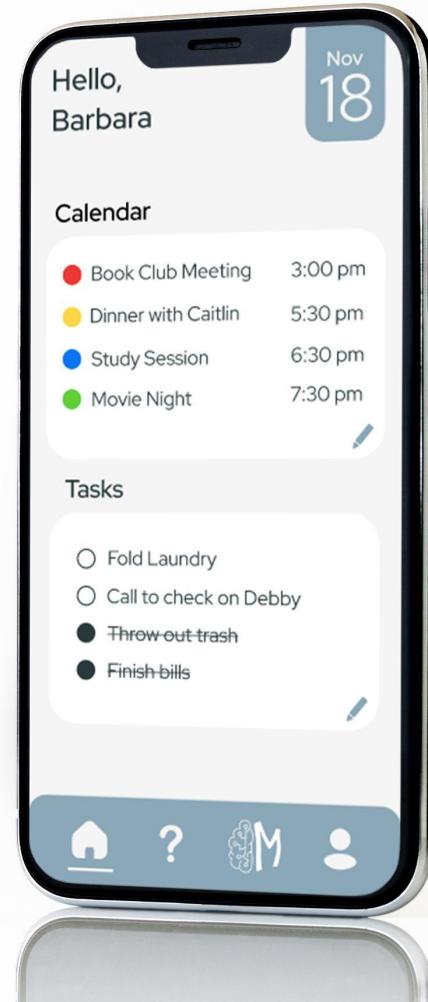
Date

Notes

Add Task Cancel

1 2 3 4 5 6 7 8 9 0
q w e r t y u i o p
a s d f g h j k l
z x c v b n m / :
space backspace

The App



The Mindful App Provides...

- Management of events/tasks to your account from anywhere
- Support page with tutorials, FAQs, and more
- Oversight of connections linked to your account



Support

The Mindful App Provides...

- Management of events/tasks to your account from anywhere
- Support page with tutorials, FAQs, and more
- Oversight of connections linked to your account

Tutorials & Info

- Editing Events and Tasks >
- Getting Started/ Set Up >
- Troubleshooting >
- Widgets >
- Screen Functionality >

FAQ's >

 Search... 

Need More Help?

Contact us!

 123-456-7890

 insyncsupport@gmail.com



Your Mindful Map

The Mindful App Provides...

- Management of events/tasks to your account from anywhere
- Support page with tutorials, FAQs, and more
- Oversight of connections linked to your account



Connections

Edit your InSync

Frank Alfano



iPhone

Laptop

Jordan Jones



InSync

Galaxy Phone

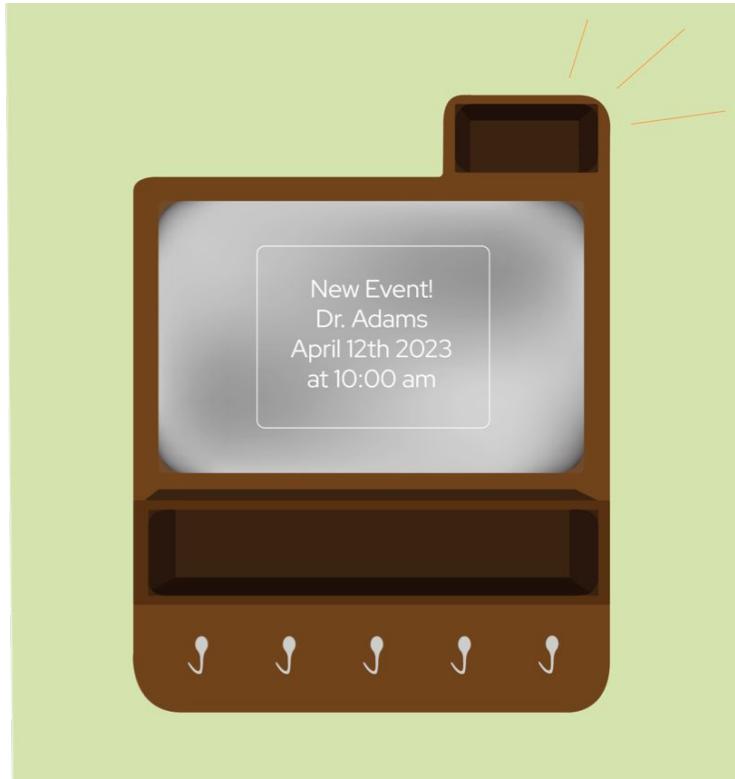
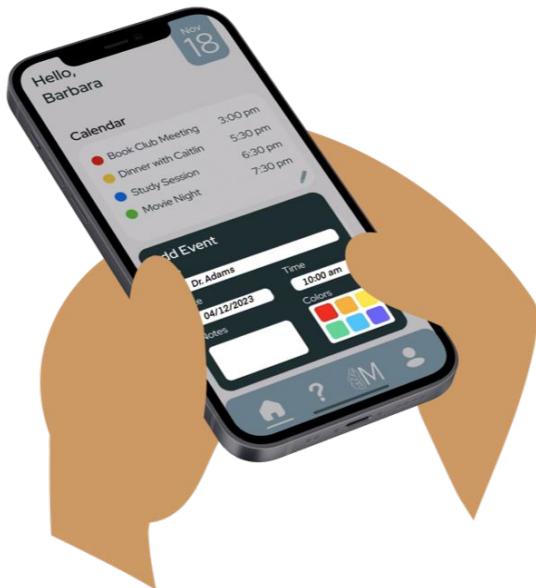
Farida Hanna



Phone

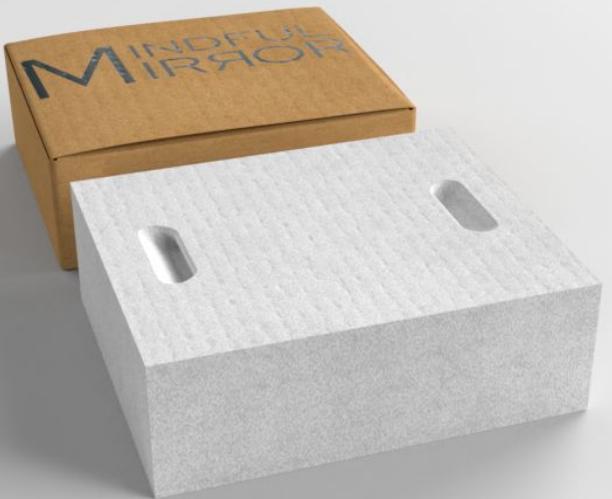


Add Events Anywhere

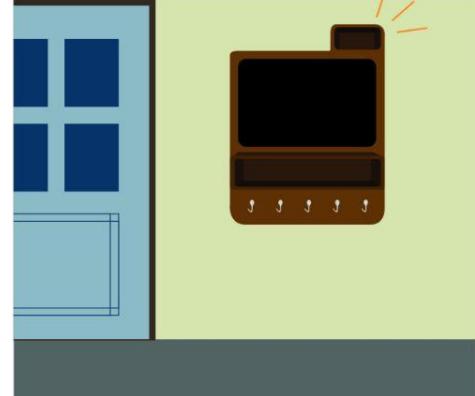
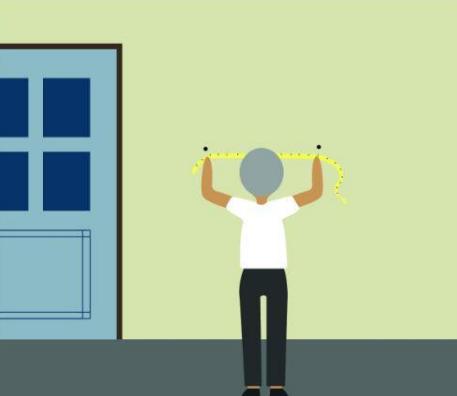
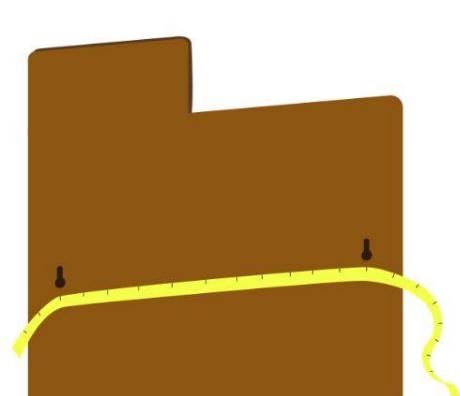
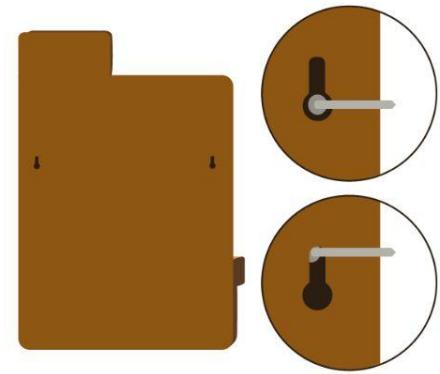


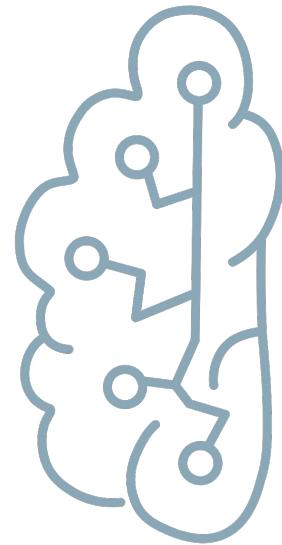
Packaging

- Biodegradable packing tape
- Cardboard box
- Biopolymer, compostable styrofoam



Installation





M

Organized. Central. Simple.

The mirror that doesn't let you forget the
big things so you can keep enjoying the
little things