

Reproducible Research: Peer Assessment 1

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0 LOADING PACKAGES

To run the analysis, the package *tidyverse* will be loaded.

```
library(tidyverse)
library(knitr)
```

01 LOADING AND PRE PROCESSING DATA

To read the zip file directly, the package *readr* will be used. The function was configured using the Rstudio UI option, and the code was replicated here so the reproducibility is maintained.

```
activity <- read_csv("activity.zip", col_types = cols(steps = col_double()))
```

Summary the data

All variables for activity were summarized together to save space. There are three variables on the dataframe: (1) **steps** (number of steps taking in a 5-minute interval), (2) **date** (the date on which the measurement was taken in YYYY-MM-DD format) and (3) **interval** (identifier for the 5-minute interval in which measurement was take).

```
summary(activity)
```

##	steps	date	interval
##	Min. : 0.00	Min. :2012-10-01	Min. : 0.0
##	1st Qu.: 0.00	1st Qu.:2012-10-16	1st Qu.: 588.8
##	Median : 0.00	Median :2012-10-31	Median :1177.5
##	Mean : 37.38	Mean :2012-10-31	Mean :1177.5
##	3rd Qu.: 12.00	3rd Qu.:2012-11-15	3rd Qu.:1766.2
##	Max. :806.00	Max. :2012-11-30	Max. :2355.0
##	NA's :2304		

02 MEAN STEPS TAKEN BY DAY

Splitting the data by different days, the average value of steps is 9354 and the median is 10395 steps.

```

stepDay <- activity %>%
  group_by(date) %>%
  summarise(total = sum(steps, na.rm = TRUE))

summary(stepDay$total)

```

```

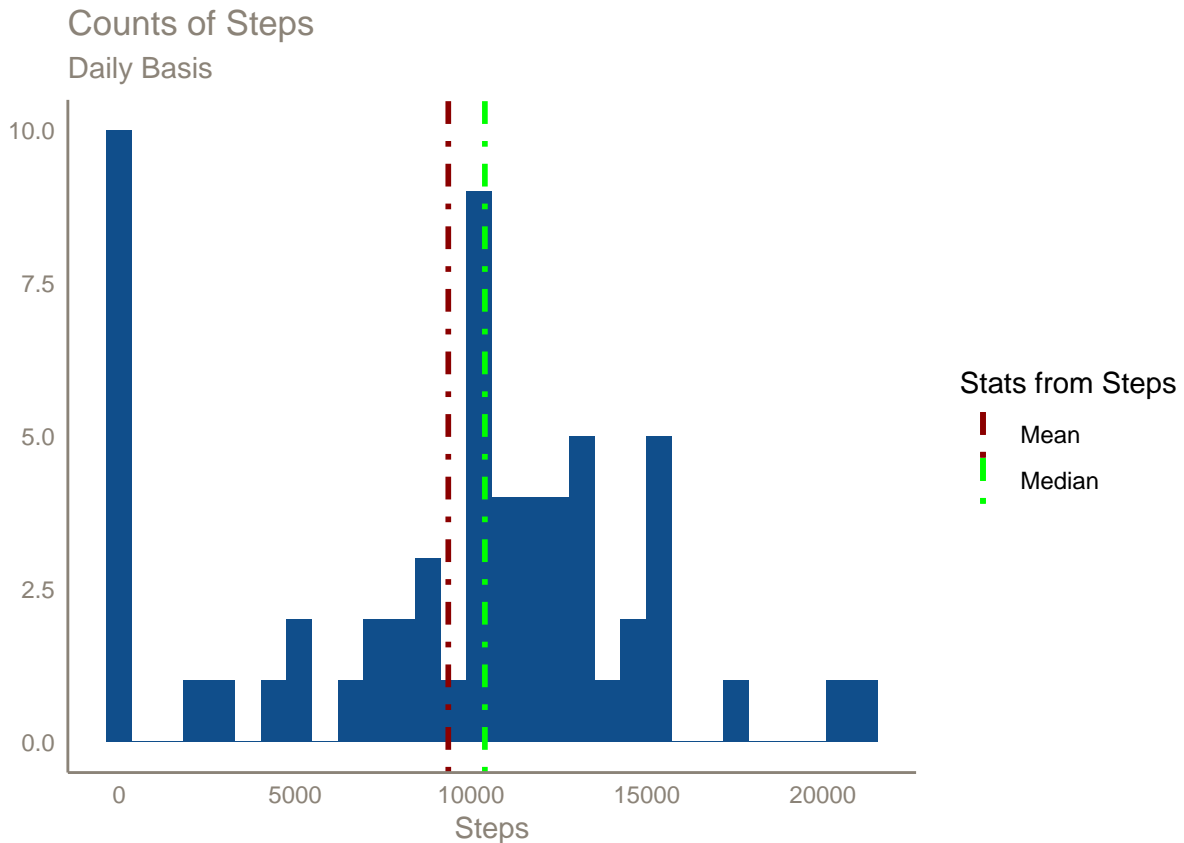
##      Min. 1st Qu.  Median    Mean 3rd Qu.    Max.
##         0    6778    10395    9354   12811   21194

```

```

ggplot(stepDay, aes(total)) +
  geom_histogram(fill = "dodgerblue4") +
  geom_vline(aes(xintercept = mean(total), col = "darkred"), size = 1, linetype = 4 ) +
  geom_vline(aes(xintercept = median(total), col = "green"), size = 1, linetype = 4 ) +
  scale_color_identity(guide = "legend",
                        name = "Stats from Steps",
                        labels = c("Mean", "Median")) +
  labs(x = "Steps",
       y = "",
       title = "Counts of Steps",
       subtitle = "Daily Basis") +
  theme_minimal() +
  theme(panel.border = element_blank(),
        panel.grid.major = element_blank(),
        panel.grid.minor = element_blank(),
        axis.line = element_line(colour = "antiquewhite4"),
        axis.title = element_text(colour = "antiquewhite4"),
        axis.text = element_text(colour = "antiquewhite4"),
        plot.title = element_text(colour = "antiquewhite4"),
        plot.subtitle = element_text(colour = "antiquewhite4"),
        strip.text = element_text(colour = "antiquewhite4"))

```



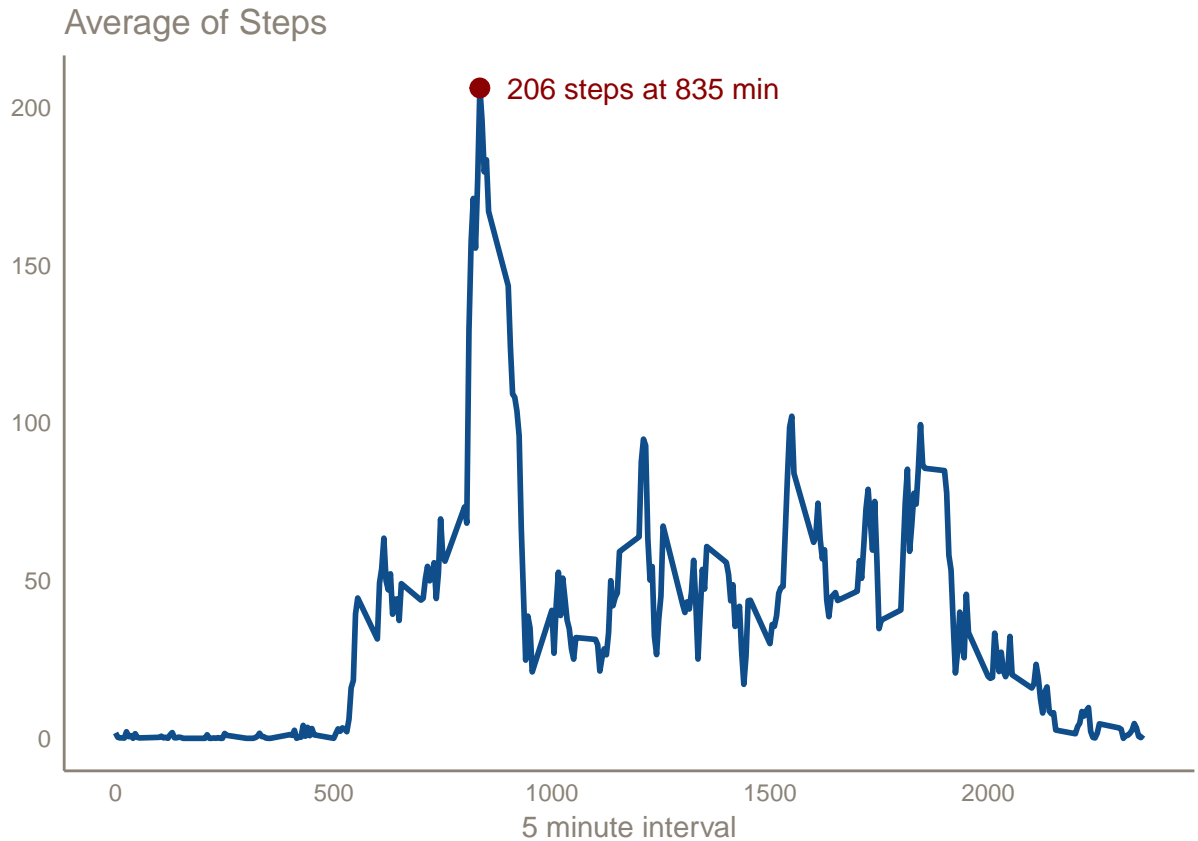
03 AVERAGE STEPS FOR 5 MINUTES INTERVAL

Below there is a time series of the averages of steps taken for all 5 minutes interval across all days. The maximum average of steps happens at 835 minutes, with a value of 206 (rounded).

```
stepInterval <- activity %>%
  group_by(interval) %>%
  summarise(mean = mean(steps, na.rm = TRUE))

ggplot(stepInterval, aes(x = interval, y = mean)) +
  geom_line(colour = "dodgerblue4", size = 1) +
  labs(x = "5 minute interval",
       y = "",
       title = "Average of Steps") +
  theme_minimal() +
  theme(panel.border = element_blank(),
        panel.grid.major = element_blank(),
        panel.grid.minor = element_blank(),
        axis.line = element_line(colour = "antiquewhite4"),
        axis.title = element_text(colour = "antiquewhite4"),
        axis.text = element_text(colour = "antiquewhite4"),
        plot.title = element_text(colour = "antiquewhite4"),
        plot.subtitle = element_text(colour = "antiquewhite4"),
        strip.text = element_text(colour = "antiquewhite4")) +
```

```
geom_point(data = stepInterval[which.max(stepInterval$mean), ], color = "darkred", size = 3) +
geom_text(data = stepInterval[which.max(stepInterval$mean), ], color = "darkred", size = 4,
          label = paste(round(stepInterval$mean[which.max(stepInterval$mean)]), "steps at", stepInter
          hjust = -0.1)
```



04 TREATING MISSING VALUES

The NA's values from variable **steps** are distributed along whole dataset and represent 13% of all data (2304 data points).

```
stepNA <- is.na(activity$steps)
```

```
summary(activity$date[stepNA])
```

```
##           Min.          1st Qu.          Median          Mean          3rd Qu.
## "2012-10-01" "2012-10-26" "2012-11-06" "2012-11-01" "2012-11-11"
##           Max.
## "2012-11-30"
```

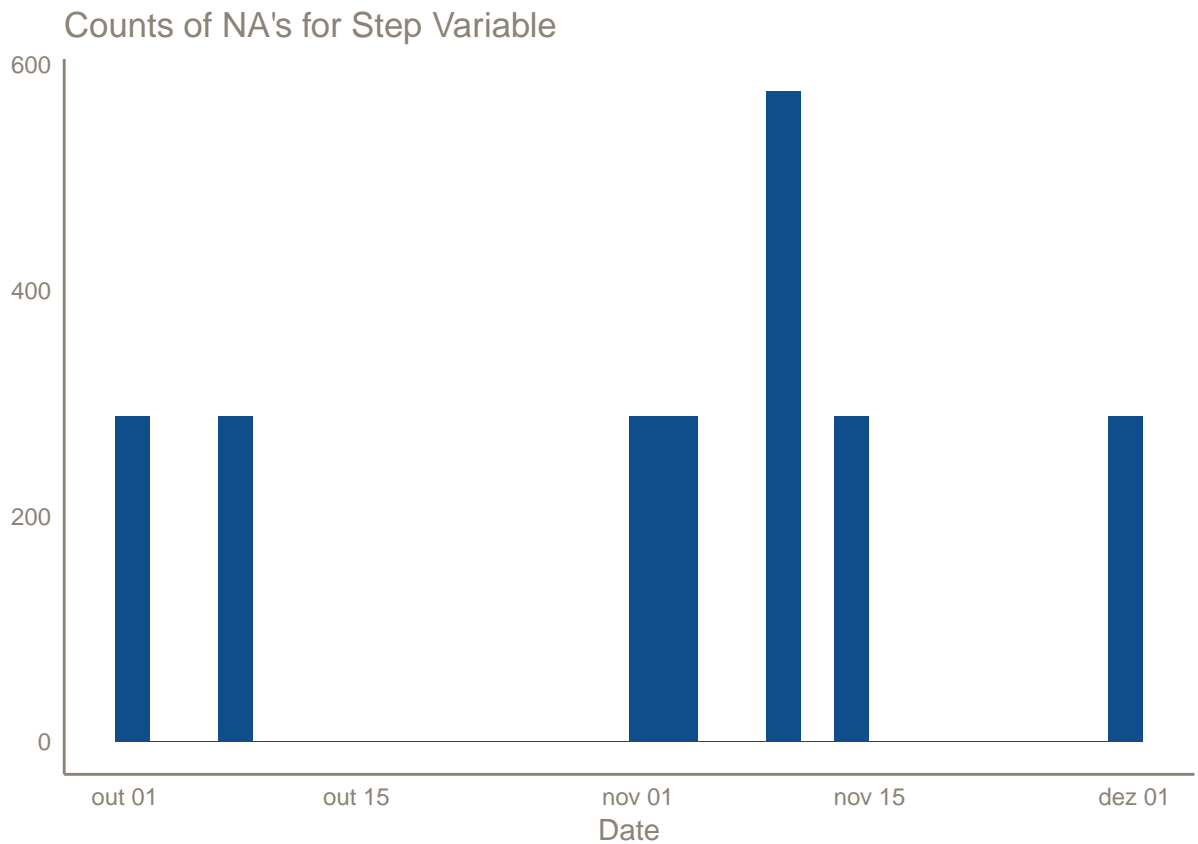
```
sum(stepNA)
```

```
## [1] 2304
```

```
mean(stepNA)
```

```
## [1] 0.1311475
```

```
activity %>%  
  filter(is.na(steps)) %>%  
  ggplot(aes(date)) +  
  geom_histogram(fill = "dodgerblue4") +  
  labs(x = "Date",  
       y = "",  
       title = "Counts of NA's for Step Variable") +  
  theme_minimal() +  
  theme(panel.border = element_blank(),  
        panel.grid.major = element_blank(),  
        panel.grid.minor = element_blank(),  
        axis.line = element_line(colour = "antiquewhite4"),  
        axis.title = element_text(colour = "antiquewhite4"),  
        axis.text = element_text(colour = "antiquewhite4"),  
        plot.title = element_text(colour = "antiquewhite4"),  
        plot.subtitle = element_text(colour = "antiquewhite4"),  
        strip.text = element_text(colour = "antiquewhite4"))
```



The missing values were replaced by the median of the steps, calculated by each 5 minute interval.

```

stepMedian <- activity %>%
  group_by(interval) %>%
  summarise(median = median(steps, na.rm = TRUE))

stepImp <- activity %>%
  left_join(stepMedian)

stepImp$steps[is.na(stepImp$steps)] <- stepImp$median[is.na(stepImp$steps)]

stepDay2 <- stepImp %>%
  group_by(date) %>%
  summarise(total = sum(steps, na.rm = TRUE))

summary(stepDay2$total)

```

```

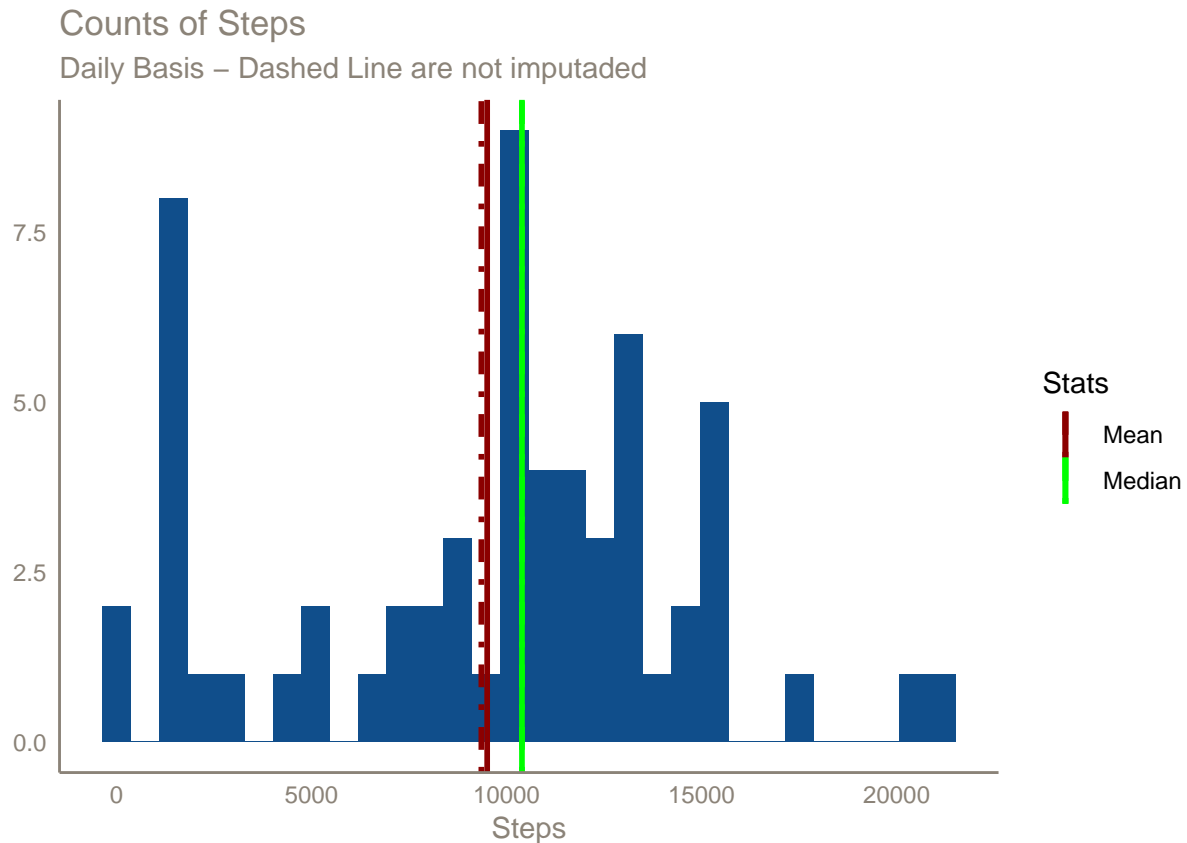
##      Min. 1st Qu.  Median    Mean 3rd Qu.    Max.
##       41    6778   10395   9504   12811   21194

```

```

ggplot(stepDay2, aes(total)) +
  geom_histogram(fill = "dodgerblue4") +
  geom_vline(aes(xintercept = mean(total), col = "darkred"), size = 1, linetype = 1) +
  geom_vline(aes(xintercept = median(total), col = "green"), size = 1, linetype = 1) +
  geom_vline(data = stepDay, aes(xintercept = mean(total), col = "darkred"), size = 1, linetype = 4) +
  geom_vline(data = stepDay, aes(xintercept = median(total), col = "green"), size = 1, linetype = 4) +
  scale_color_identity(guide = "legend",
                        name = "Stats",
                        labels = c("Mean", "Median")) +
  labs(x = "Steps",
       y = "",
       title = "Counts of Steps",
       subtitle = "Daily Basis - Dashed Line are not imputaded") +
  theme_minimal() +
  theme(panel.border = element_blank(),
        panel.grid.major = element_blank(),
        panel.grid.minor = element_blank(),
        axis.line = element_line(colour = "antiquewhite4"),
        axis.title = element_text(colour = "antiquewhite4"),
        axis.text = element_text(colour = "antiquewhite4"),
        plot.title = element_text(colour = "antiquewhite4"),
        plot.subtitle = element_text(colour = "antiquewhite4"),
        strip.text = element_text(colour = "antiquewhite4"))

```



05 ACTIVITIE DIFFERENCE BETWEEN WEEK DAYS AND WEEK ENDS

The `weekdays()` function was used to determine the weekdays name for **date** variable. The result was stored at **wday** variable. Then, an *if.else* flow was used to transform the character value from **wday** to a two level factor, stored in **wknd**. The imputed data frame was used to this computations.

After the factor creation, the steps were summarized by mean, grouped by 5 minute interval and week day or week end.

```
stepImp$wday <- weekdays(stepImp$date)

stepImp$wknd <- as.factor(ifelse(stepImp$wday == "sábado" |
                                stepImp$wday == "domingo", "Weekend", "Weekday"))

stepWeekend <- stepImp %>%
  group_by(interval, wknd) %>%
  summarise(mean = mean(steps, na.rm = TRUE))

stepMedian <- stepWeekend %>%
  group_by(wknd) %>%
  summarise(median = median(mean))

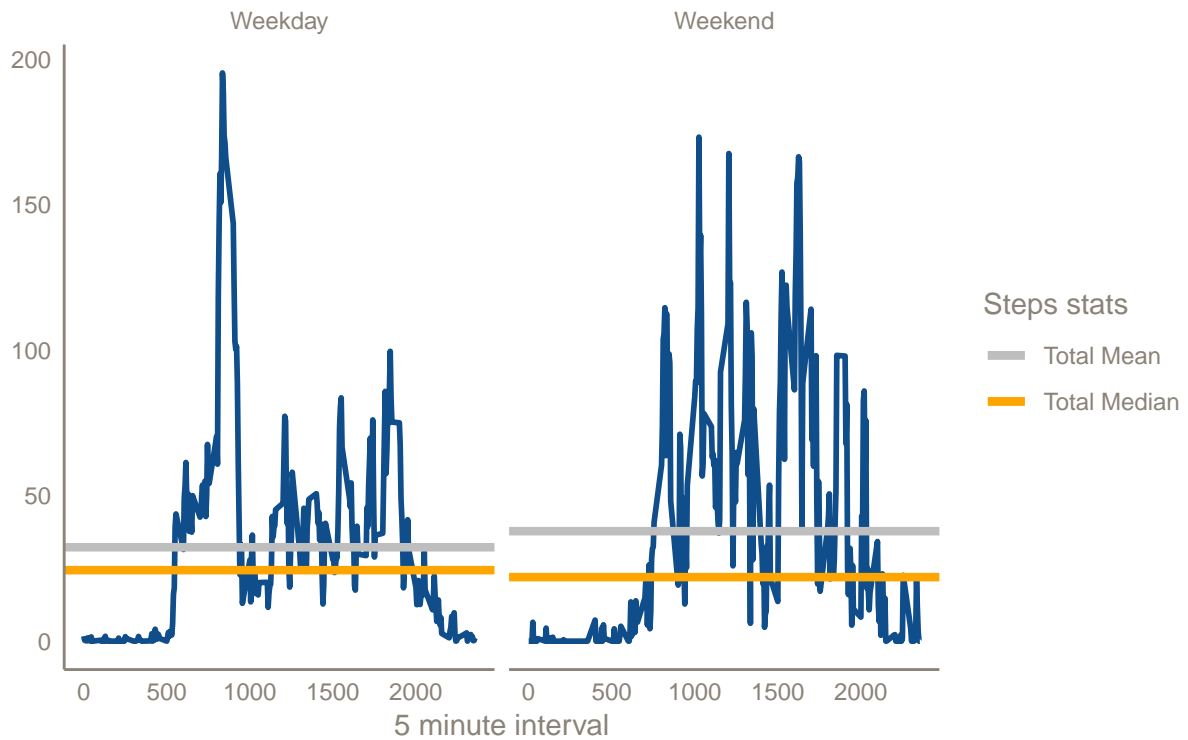
stepMean <- stepWeekend %>%
```

```
group_by(wknd) %>%
summarise(mean = mean(mean))
```

```
ggplot(stepWeekend, aes(x = interval, y = mean)) +
  facet_grid(. ~ wknd) +
  geom_line(color = "dodgerblue4", size = 1) +
  geom_hline(data = stepMedian, aes(yintercept = median, color = "orange"), size = 1.5) +
  geom_hline(data = stepMean, aes(yintercept = mean, color = "grey"), size = 1.5) +
  scale_color_identity(guide = "legend",
                        name = "Steps stats",
                        labels = c("Total Mean", "Total Median")) +
  labs(title = "Comparison of activity level between weekdays and weekends",
        subtitle = "Mean of steps",
        y = "",
        x = "5 minute interval") +
  theme_minimal() +
  theme(panel.border = element_blank(),
        panel.grid.major = element_blank(),
        panel.grid.minor = element_blank(),
        axis.line = element_line(colour = "antiquewhite4"),
        axis.title = element_text(colour = "antiquewhite4"),
        axis.text = element_text(colour = "antiquewhite4"),
        plot.title = element_text(colour = "antiquewhite4"),
        plot.subtitle = element_text(colour = "antiquewhite4"),
        strip.text = element_text(colour = "antiquewhite4"),
        legend.text = element_text(colour = "antiquewhite4"),
        legend.title = element_text(colour = "antiquewhite4"))
)
```


Comparison of activity level between weekdays and weekends

Mean of steps



The general activity seems to be a little higher on weekend, no matter if you consider the total mean or total median.