## Handout 2

## Review of Regression

## Simple linear regression

**Body Fat data**: For a random sample of 18 individuals, we have records of 'measured body fat' (Y, in percent) and 'measured dietary fat' (X, in percent). Here Y=dependent variable and X=independent variable.

Scatterplot of the data indicates that there is a relation between dietary fat and body fat. The goal is to relate these two variables using a simple linear regression method. The model is

$$Y_i = \beta_0 + \beta_1 X_i + \varepsilon_i, i = 1, ..., n = 18,$$

where  $\beta_0$  and  $\beta_1$  are the intercept and slope of the regression line, and  $\{\varepsilon_i\}$  are independent and follow a normal distribution with mean zero and variance  $\sigma^2$ . Note that  $X_i$  and  $Y_i$  are the dietary fat and body fat, respectively, for the  $i^{th}$  individual in the sample. Estimates of  $\beta_0$  and  $\beta_1$  are given by

$$\hat{\beta}_1 = S_{XY}/S_{XX}, \ \hat{\beta}_0 = \bar{Y} - \hat{\beta}_1 \bar{X},$$

where  $\bar{X}$  is the average of X-values and  $\bar{Y}$  is the average of Y-values, and

$$S_{XX} = \sum (X_i - \bar{X})^2, \ S_{YY} = \sum (Y_i - \bar{Y})^2, \ S_{XY} = \sum (X_i - \bar{X})(Y_i - \bar{Y})^2$$

For the 'Body Fat' data, a summary of the data and the fitted regression line are

$$\bar{X} = 25.8333, \bar{Y} = 10.3167,$$
  
 $S_{XX} = 1010.50, S_{YY} = 36.2650, S_{XY} = 117.450,$   
 $\hat{\beta}_0 = 7.3141, s(\hat{\beta}_0) = 1.006, \hat{\beta}_1 = 0.1162, s(\hat{\beta}_1) = 0.374,$   
 $\hat{Y} = 7.3141 + 0.1162X.$ 

For an individual with dietary fat X = 30, our estimate of the body fat is

$$\hat{Y} = 7.3141 + 0.1162(30) = 10.801.$$

A measure of linear relationship between X and Y (in the population) is called the correlation coefficient which is defined as

$$\rho = \frac{Cov(X, Y)}{\sqrt{Var(X)Var(Y)}}.$$

In order to know  $\rho$  we will need to know the Cov(X,Y), Var(X) and Var(Y), and we clearly we do not know these quantities. However we can estimate each of these using our data set. Here are the estimates

$$\widehat{Cov(X,Y)} = S_{XY}/(n-1), \widehat{Var(X)} = S_{XX}/(n-1), \widehat{Var(Y)} = S_{YY}/(n-1).$$

Plugging in these estimates we can get a formula for obtaining an estimate of  $\rho$ 

$$\hat{\rho} = \frac{\widehat{Cov(X,Y)}}{\sqrt{\widehat{Var(X)}\ \widehat{Var(Y)}}} = \frac{S_{XY}/(n-1)}{\sqrt{[S_{XX}/(n-1)][S_{YY}/(n-1)]}} = \frac{S_{XY}}{\sqrt{S_{XX}S_{YY}}}.$$

For our data, we have  $\hat{\rho} = 0.6135$ .

Fitted values and residuals:

The fitted Y-values and residuals are

$$\hat{Y}_i = \hat{\beta}_0 + \hat{\beta}_1 X_i, \ \hat{\varepsilon}_i = Y_i - \hat{Y}_i, \ i = 1, ..., n.$$

Note that  $\{\hat{Y}_i\}$  are the fitted Y-values for the X-values in the sample using the estimated regression line. It is also important to note that the residuals  $\hat{\varepsilon}_i$ 's are the estimates of  $\varepsilon_i$ 's.

Sums of squares and mean squares.

There are three sums of squares: total sum of squares (SSTO), regression sum of squares (SSR) and the residual (or error) sum of squares (SSE). They are given by

$$SSTO = \sum (Y_i - \bar{Y})^2, \ SSR = \sum (\hat{Y}_i - \bar{Y})^2,$$
  
 $SSE = \sum (Y_i - \hat{Y}_i)^2 = \sum \hat{\varepsilon}_i^2.$ 

Associated with the sums of squares, there are concepts of degrees of freedom (df). They are

$$df(SSTO) = n - 1,$$
  
 $df(SSR) = \text{number of beta parameters estimated} - 1 = 2 - 1 = 1,$   
 $df(SSE) = n - \text{number of beta parameters estimated} = n - 2.$ 

The sums of squares and their degrees of freedom satisfy the following identities

$$SSTO = SSR + SSE,$$
  
 $df(SSTO) = df(SSR) + df(SSE).$ 

The mean square errors are defined as

$$MSR = SSR/df(SSR) = SSR/1,$$
  
 $MSE = SSE/df(SSE) = SSE/(n-2),$   
 $MSTO = SSTO/df(SSTO) = SSTO/(n-1).$ 

The quantity MSTO is rarely used. An estimate of  $\sigma^2$  (the common variance of  $\varepsilon$ 's) is given by MSE and this is a consequence of the following fact

Fact:  $E(MSE) = \sigma^2$ .

Another important measure of association:

Coefficient of determination: proportion of variability in Y that can be explained by its regression on X is given by

$$R^2 = \frac{SSR}{SSTO} = 1 - \frac{SSE}{SSTO}.$$

We should note that  $0 \le R^2 \le 1$  and  $R^2 = \hat{\rho}^2$ .

For the "Body Fat" data,  $R^2 = 0.376$ . Thus we can say that about 37.6% of the variability in body fat (Y) can be be explained by its regression on dietary fat (X).

There is another measure that is a little better than  $\mathbb{R}^2$ . It is called the adjusted  $\mathbb{R}^2$  and it is given by

$$R_{adi}^2 = 1 - MSE/MSTO = 0.337.$$

Adjusted  $R_{adj}^2$  has the same interpretation as  $R^2$ . It is always true that  $R_{adj}^2 \leq R^2$ . Please note that, as a measure of linear association,  $R_{adj}^2$  is generally preferrred over  $R^2$ .

### Multiple regression

Consider the Electric Bill data where we have n=34 households. For the  $i^{th}$  household,  $i=1,\ldots,n=34$ , we have

 $Y_i$  = monthly electric bill (in dollars),  $X_{i1}$  =monthly income (in dollars),  $X_{i2}$  = number of persons,  $X_{i3}$  = living area (in square feet).

The goal is to relate Y to  $X_1, X_2$  and  $X_3$  by a linear regression method. The model is

$$Y_i = \beta_0 + \beta_1 X_{i1} + \beta_2 X_{i2} + \beta_3 X_{i3} + \varepsilon_i, i = 1, ..., n = 34,$$

where  $\{\varepsilon_i\}$  are independent, normally distributed with zero mean and common variance  $\sigma^2$ . Unlike in the simple linear regression case (the "Body Fat" case), we cannot have simple expressions for the estimates of the beta parameters. Matrix-vector notations need to be used. The regression model above can be re-expressed as

Estimates of the beta parameters, fitted Y-values and residuals are now given in vector-matrix notations:

$$\hat{\boldsymbol{\beta}} = (\boldsymbol{X}'\boldsymbol{X})^{-1}\boldsymbol{X}'\boldsymbol{Y}, \ \hat{\boldsymbol{Y}} = \boldsymbol{X}\hat{\boldsymbol{\beta}}, \ \hat{\boldsymbol{\varepsilon}} = \boldsymbol{Y} - \hat{\boldsymbol{Y}},$$

where for any matrix or vector "'" denotes its transpose. The concepts of SSTO, SSR and SSE remain the same as in the case of simple linear regression. Thus we have

$$SSTO = \sum (Y_i - \bar{Y})^2, \ SSR = \sum (\hat{Y}_i - \bar{Y})^2,$$
  
 $SSE = \sum (Y_i - \hat{Y}_i)^2 = \sum \hat{\varepsilon}_i^2.$ 

The degrees of freedom (df) are

$$df(SSTO) = n - 1,$$
  
 $df(SSR) = \text{number of beta parameters estimated} - 1 = 4 - 1 = 3,$   
 $df(SSE) = n - \text{number of beta parameters estimated} = n - 4 = 30.$ 

As in the case with simple linear regression, the sum of squares and their degrees of freedom satisfy the identities

$$SSTO = SSR + SSE,$$
  
 $df(SSTO) = df(SSR) + df(SSE).$ 

If we denote the number of beta parameters estimated by p (here p=4), then

$$MSR = SSR/df(SSR) = SSR/(p-1),$$
  
 $MSE = SSE/df(SSE) = SSE/(n-p),$   
 $MSTO = SSTO/df(SSTO) = SSTO/(n-1)...$ 

Estimate of  $\sigma^2$  is given by MSE..

#### As usual, MSE estimates $\sigma^2$ .

Estimate of the variance covariance matrix of  $\hat{\beta}$  is given by

$$s^2(\hat{\boldsymbol{\beta}}) = MSE(\boldsymbol{X}'\boldsymbol{X})^{-1}.$$

Note that  $s^2(\hat{\beta})$  is a matrix whose diagonal elements are  $s^2(\hat{\beta}_0)$ ,  $s^2(\hat{\beta}_1)$ ,..... These can can be used for constructing confidence intervals for  $\beta_0$ ,  $\beta_1$  etc. They can also be used to decide if a particular variable can be dropped from the regression model. For the electric bill data we have  $\hat{\beta}_1 = 0.0751$  and  $s(\hat{\beta}_1) = 0.1361$ , So a 95% confidence interval for  $\beta_1$  is given by

$$\hat{\beta}_1 \pm t_{1-\alpha/2;n-p}s(\hat{\beta}_1), i.e., \hat{\beta}_1 \pm t_{0.975;30}s(\hat{\beta}_1), i.e., 0.0751 \pm (2.042)(0.1361), i.e., 0.0751 \pm 0.2779, i.e., (-0.203, 0.353).$$

If we want to check if a particular variable, say  $X_1$ , can be dropped from the regression model, we need to carry out the test  $H_0: \beta_1 = 0$  against  $H_1: \beta_1 \neq 0$  at level of significance  $\alpha = 0.05$ . The t-statistic is  $t^* = \hat{\beta}_1/s(\hat{\beta}_1) = 0.55$ . Since  $|t^*|$  is larger that the cut-off point (also called critical value)  $t_{1-\alpha/2;n-p} = t_{0.975;30} = 2.042$ , we cannot reject  $H_0$ . So the conclusion is: we may drop variable  $X_1$  from the full model. Alternatively, we may simply look at the p-value given in the output in the next page. This p-value is 0.585

and it is larger than  $\alpha = 0.05$ , and hence we conclude that variable  $X_1$  may be dropped. Another way of carrying out the test is to note that zero is inside the 95% confidence interval constructed above.

Remark: Note that the decision to retain or drop a variable is equivalent to testing if the corresponding beta coefficient is zero or not. It is important to keep in mind that, when building a model using a backward elimination method (or more generally backward stepwise procedure), variables are dropped one at a time using a preselected  $\alpha$  till no deletion is possible. In many cases, one may wish to build a model by employing a foward selection procedure (or more generally a forward stepwise procedure) whereby one starts with no independent variable and then adds one variable at a time till no inclusion is possible. In any of these methods (forward or backward), it is not advisable to add or drop more than one variable at a time.

#### Sums of squares and measures of association.

The definitions of the sums of squares, degrees of freedom, mean squares,  $R^2$  and adjusted  $R^2$  remain the same as in the case of simple linear regression.

For the "Electric Bill" data,  $R^2 = \frac{SSR}{SSTO} = 0.851$ . Thus we can say that about 85.1% of the variability in electricity bill can be expalined by its regression on income  $(X_1)$ , number of persons  $(X_2)$  and living area  $(X_3)$ .

There is one more measure of association between Y and the X's which is especially useful in the multiple regression case, and it is the the concept of "multiple correlation". Multiple correlation R is the positive square root of  $R^2$ . For the Electric Bill data, the multiple correlation is  $R = \sqrt{R^2} = \sqrt{0.851} = 0.923$ .

Here is another important fact

$$R = Corr(Y, \hat{Y}).$$

So if the multiple correlation R is close to 1, it means that the values of  $\hat{Y}$ 's are close to Y's, i.e., the regression function is very effective in guessing the Y-values.

Body fat data: X = dietary fat (in percent), Y = body fat (in percent).

Y	9.8	11.7	8.0	9.7	10.9	7.8	9.7	11.6	8.6	11.2	12.3	10.2	12.0	11.6	10.4
X	22	22	14	21	32	26	30	21	17	35	35	24	24	36	20
$\overline{Y}$	10.8	11.5	7.9												
X	37	35	14												

The regression equation is:  $\hat{Y} = 7.314 + 0.1162X$ ,

 $\begin{array}{cccccc} Predictor & Coef & SE & T & P \\ Constant & 7.314 & 1.006 & 7.27 & 0.000 \\ DietaryFat & 0.11623 & 0.0374 & 3.11 & 0.007 \\ S = \sqrt{MSE} = 1.18885, R^2 = 0.376, R_{adj}^2 = 0.337. \end{array}$ 

Analysis of Variance

Source	df	SS	MS	F	P
Regression	1	13.651	13.651	9.66	0.007
Error	16	1622.614	1.413		
Total	17	36.265			

# Electric Bill data.

Y	228	156	648	528	552	636	444	144	744	1104	204	420	876
$X_1$	3220	2750	3620	3940	4510	3990	2430	3070	3750	4790	2490	3600	5370
$X_2$	2	1	1	1	3	4	1	1	2	5	1	3	1
$X_3$	11602	1080	1720	1840	2240	2190	830	1150	1570	2660	900	1680	2550
Y	840	876	276	1236	372	276	540	1044	552	756	636	708	960
$X_1$	3180	5910	3020	5920	3520	3720	4840	4700	3270	4420	4480	3820	5740
$X_2$	7	2	2	3	2	1	1	6	2	2	2	4	2
$X_3$	1770	2960	1190	3130	1560	1510	2190	2620	1350	1990	2070	1850	2700
Y	1080	480	96	1272	1056	156	396	768					
$X_1$	5600	3950	2290	5580	5820	3160	2880	3780					
$X_2$	3	2	3	5	2	2	4	3					
$X_3$	3030	1700	890	3270	2660	1330	1280	1950					

The regression equation is

 $\hat{Y} = 358.4 + 0.0571X_1 + 55.09X_2 + 0.2811X_3.$ 

Predictor	Coef	SE	T	P
Constant	-358.4	198.7	-1.80	0.081
Income	0.0751	0.1361	0.55	0.585
Person	55.09	29.05	1.90	0.068
Area	0.2811	0.2261	1.24	0.223

$$S = \sqrt{MSE} = 135.421,\, R^2 = 0.851, R^2_{adj} = 0.837.$$

## Analysis of Variance

Source	df	SS	MS	F	P
Regression	3	3151504	1050502	57.28	0.000
Error	30	550163	18339		
Total	33	3701667			

Scatterplot: body fat data Obs vs. fitted body fat 00 00 o <sup>0</sup> 00 0 Body fat 10 10 00 00 0 0 0 0 0 0  $\infty$  $\infty$ 8 15 20 25 30 10.0 10.5 11.0 35 9.0 9.5 11.5 Fitted body fat Dietary fat Resid vs. fitted body fat Normal prob plot of resid 7 7 00 0 0 0 00 0 0 Residual 0000000 00 0 00 0 0000 0 0  $\overline{\phantom{a}}$ 8 T 0 7 7 10.5 11.0 0 1 -1 9.0 9.5 10.0 11.5 -2 2 Fitted body fat Normal score

Figure 1: Body Fat Data

Obs vs. fitted elec bill Resid vs. fitted elec bill Electric bill Residual Fitted electric bill Fitted electric bill Normal prob plot of resid -2 Normal score

Figure 2: Electric Bill Data