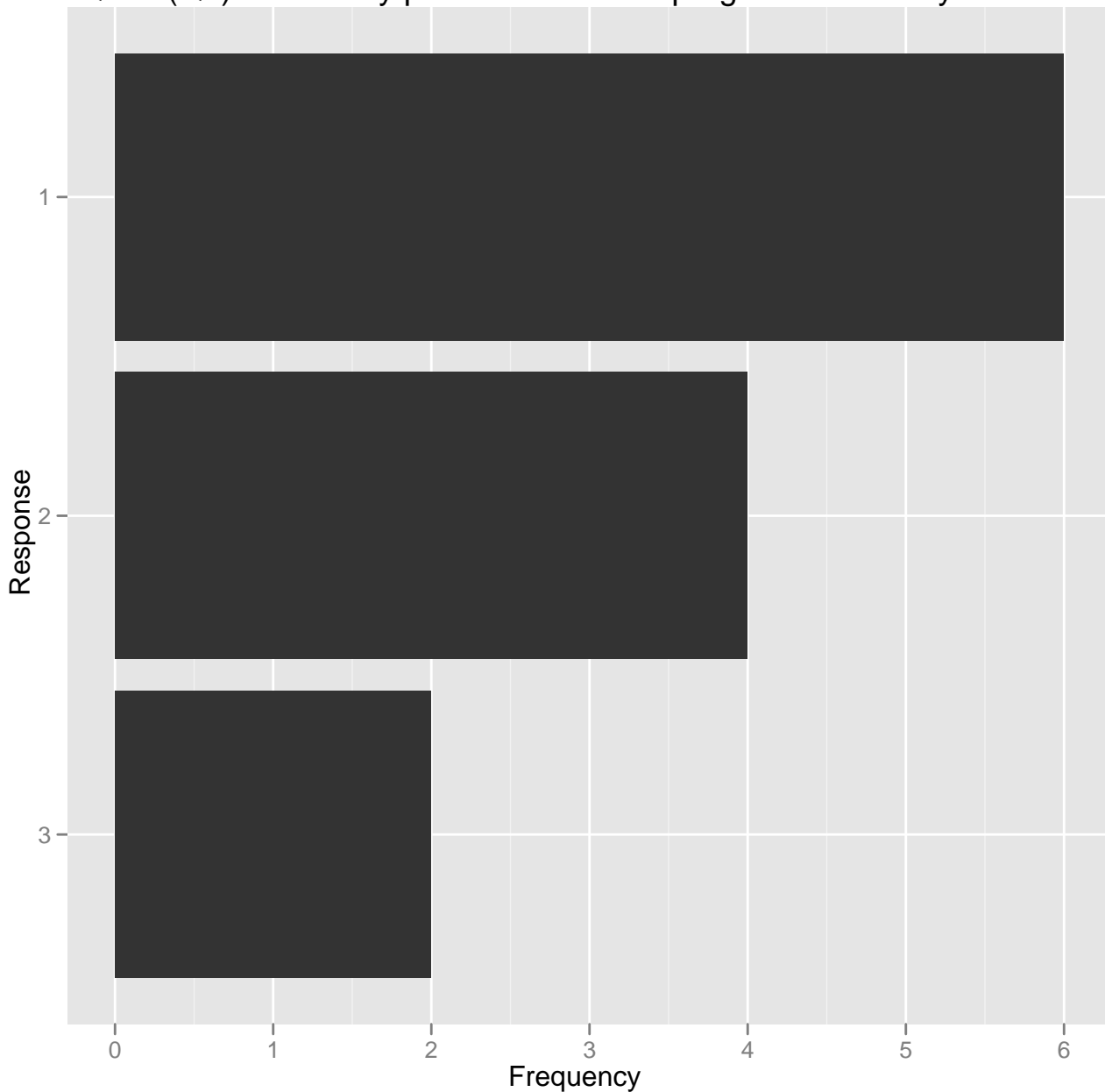
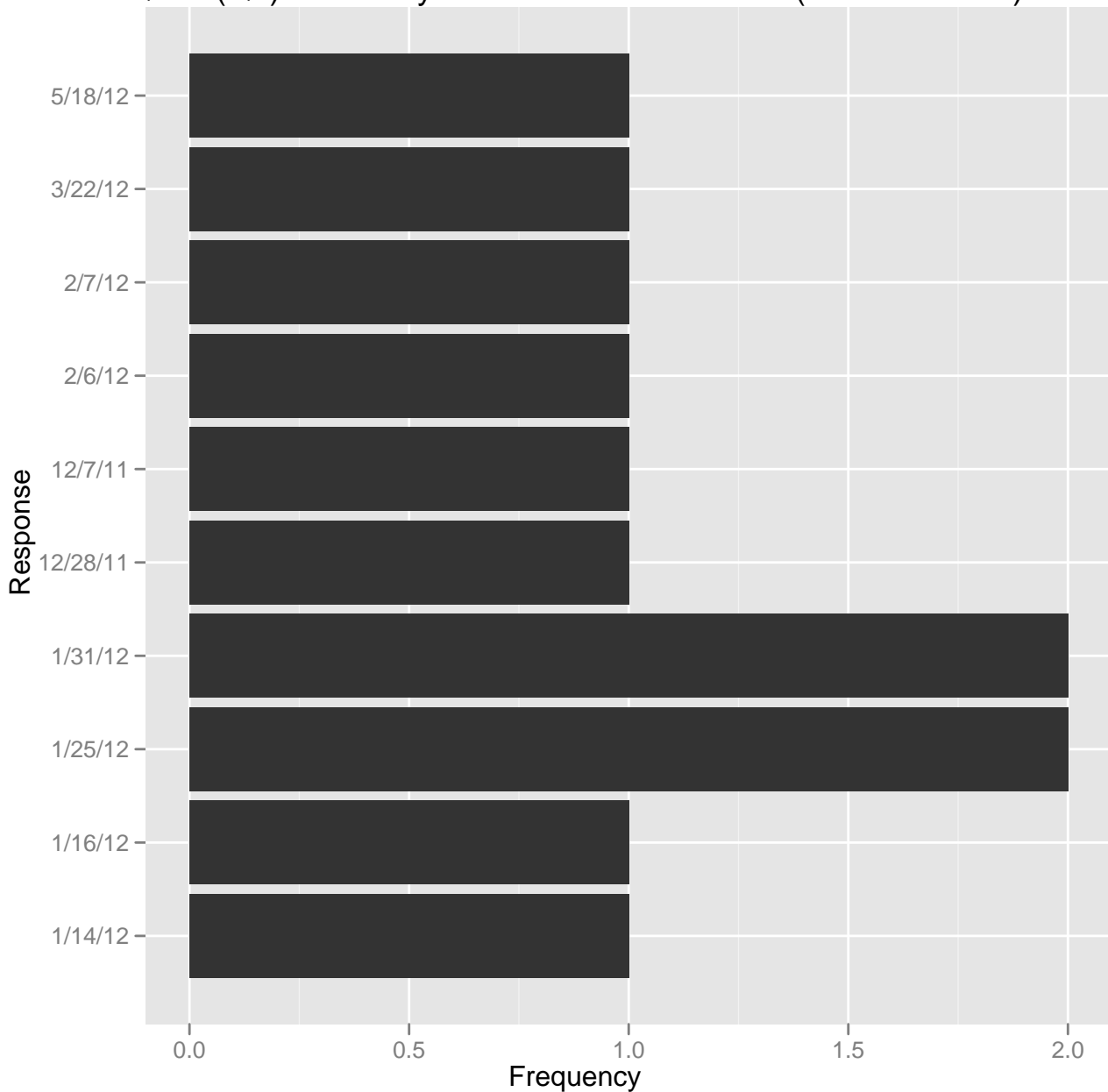


Q001 (Q1):How many previous full-term pregnancies have you had?



Q002 (Q2):When is your estimated due date? (MM/DD/YYYY)



Q003 (Q3):Is this a single or a multiple pregnancy?

Response

1

0

2

4

6

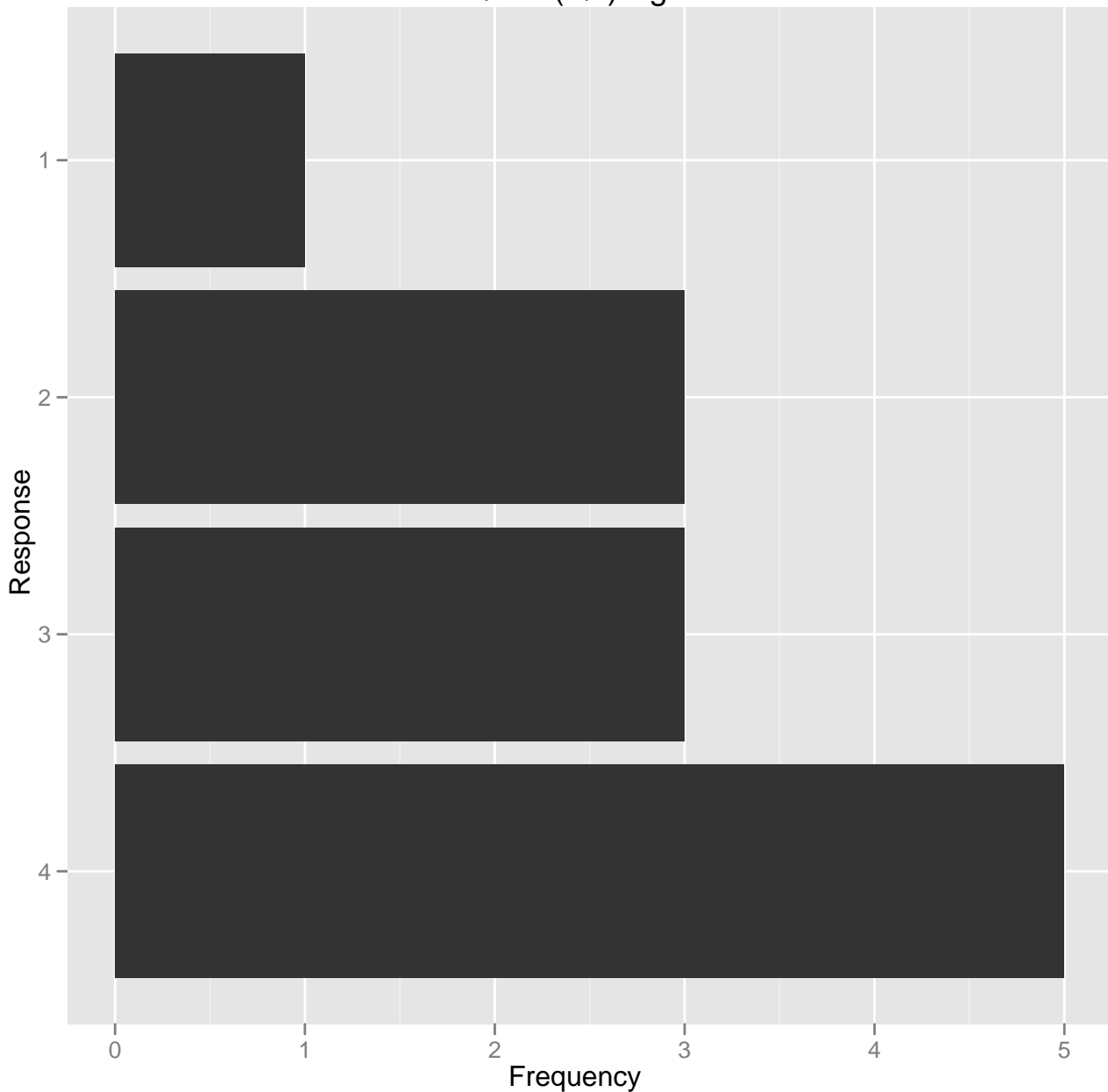
8

10

12

Frequency

Q004 (Q4):Age



Q005 (Q5):Occupation

Response

self-employed/own and operate a music venue/bar

homemaker

assistant professor

State employee

Researcher

Registered Nurse

Montessori Teacher

Mom

Massage Therapist

Homemaker

Elementary School Music Teacher

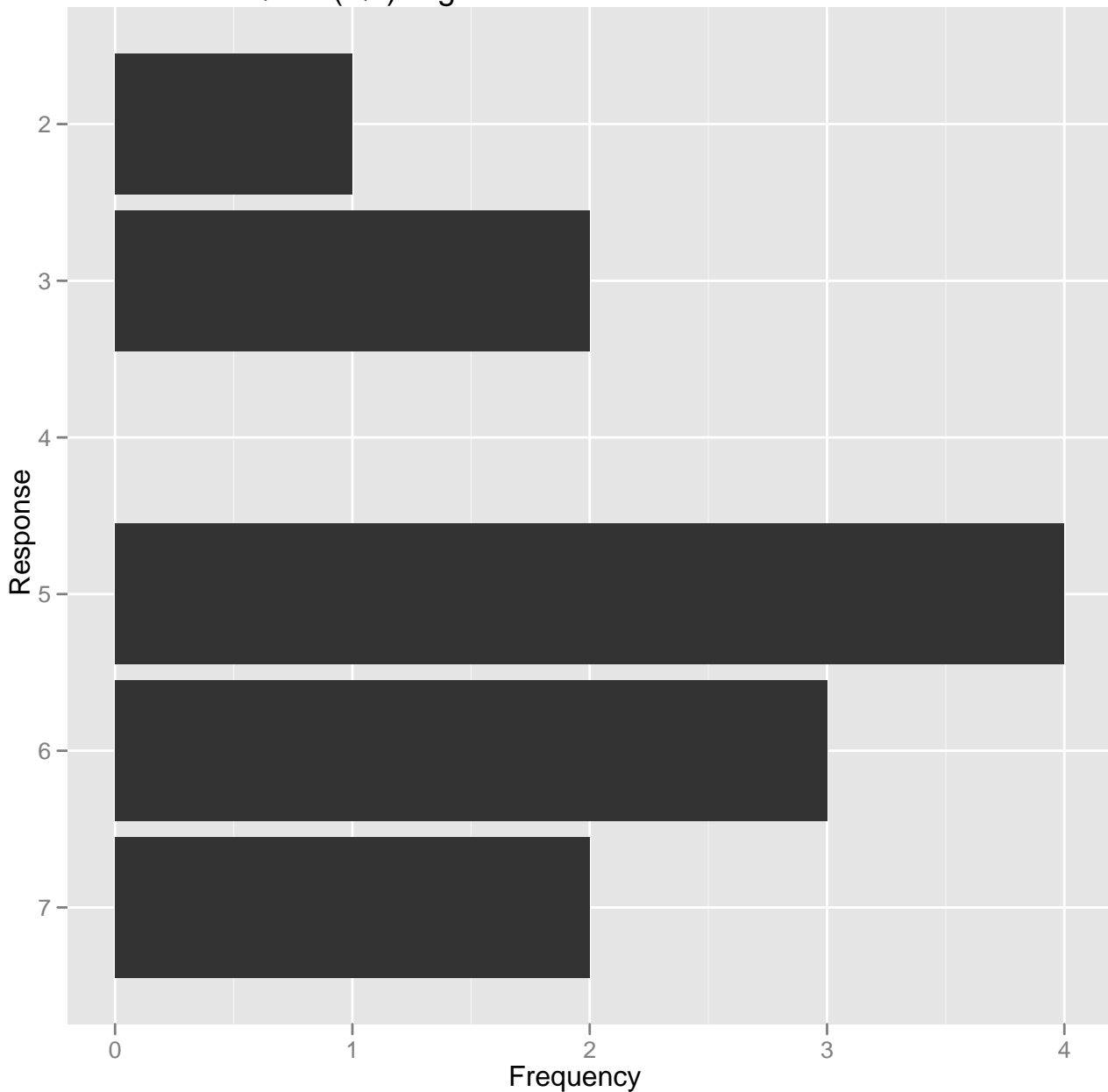
Architect

Frequency

0.0 0.2 0.4 0.6 0.8 1.0



Q006 (Q6):Highest educational level achieved



Q007 (Q7):Are you currently partnered?

Response

1

0

2

4

6

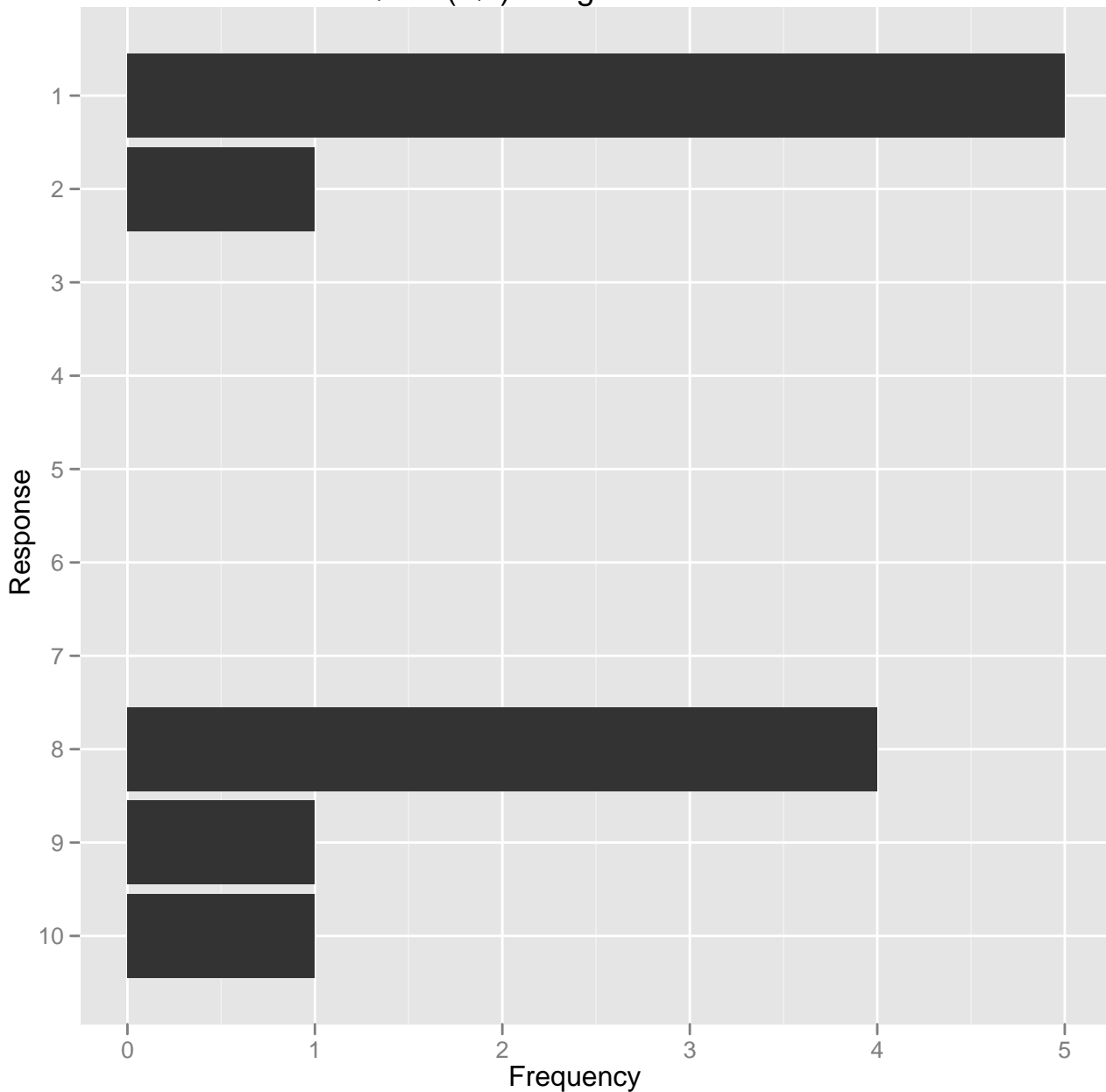
8

10

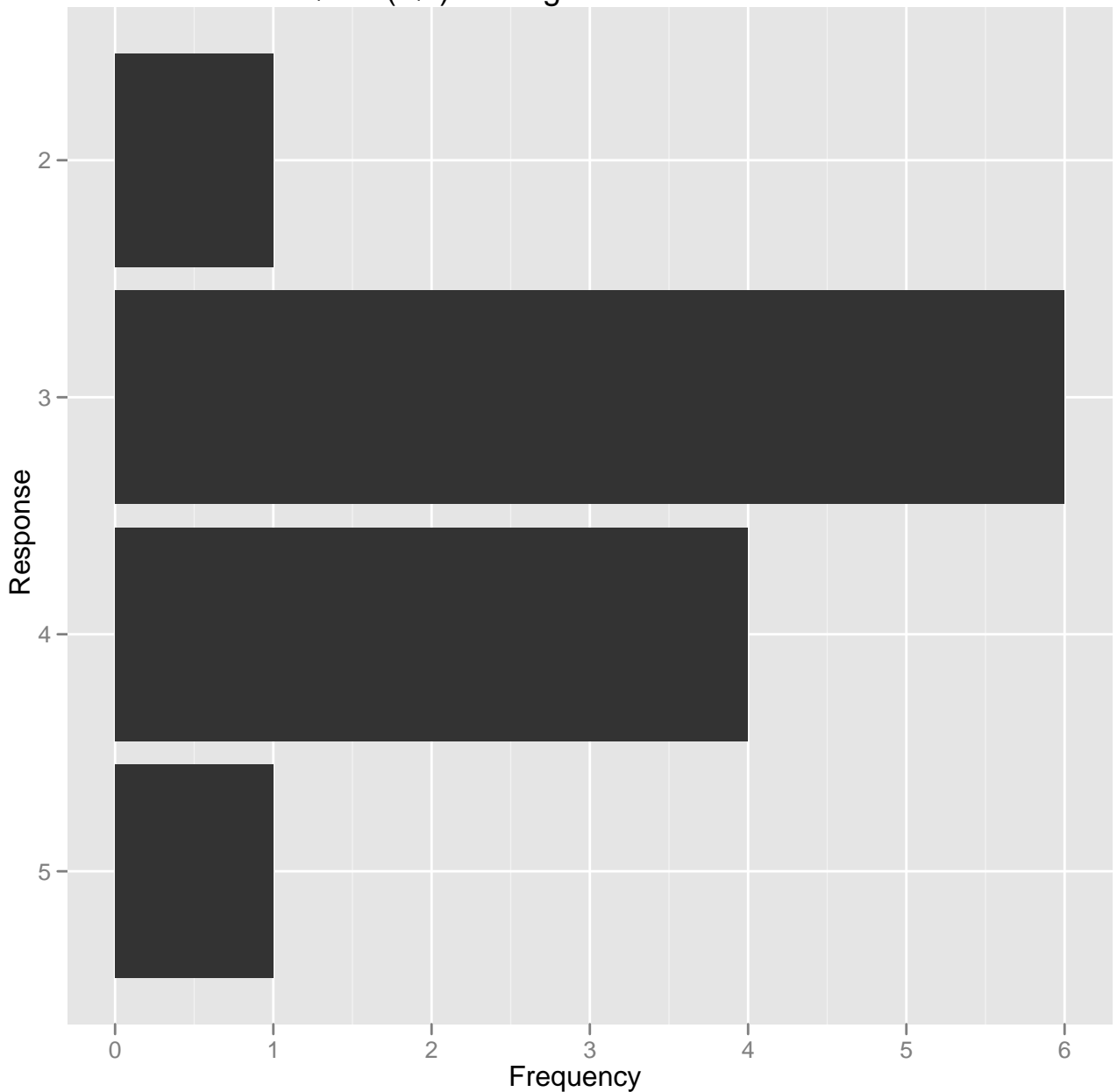
12

Frequency

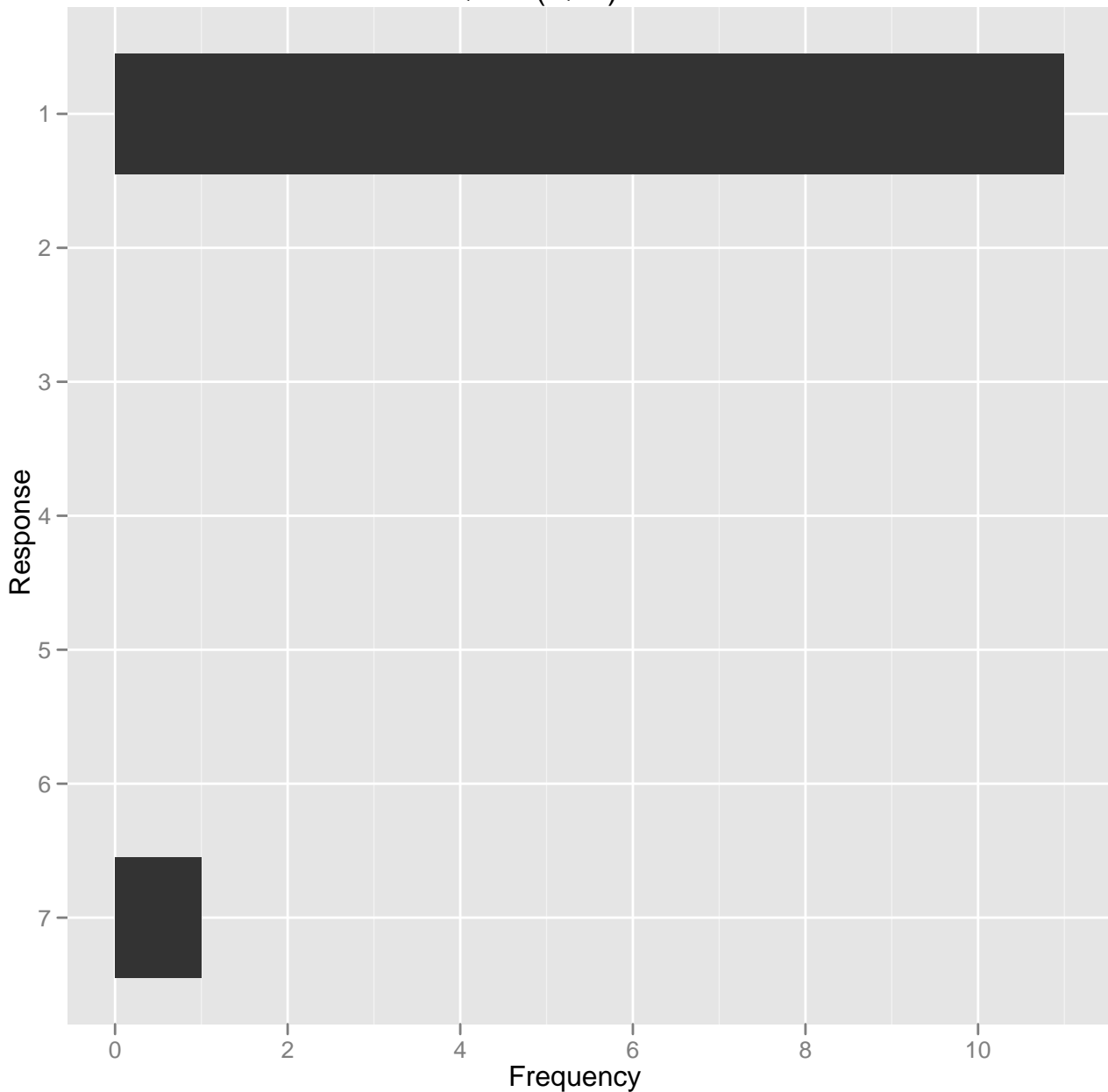
Q008 (Q8):Religious affiliation



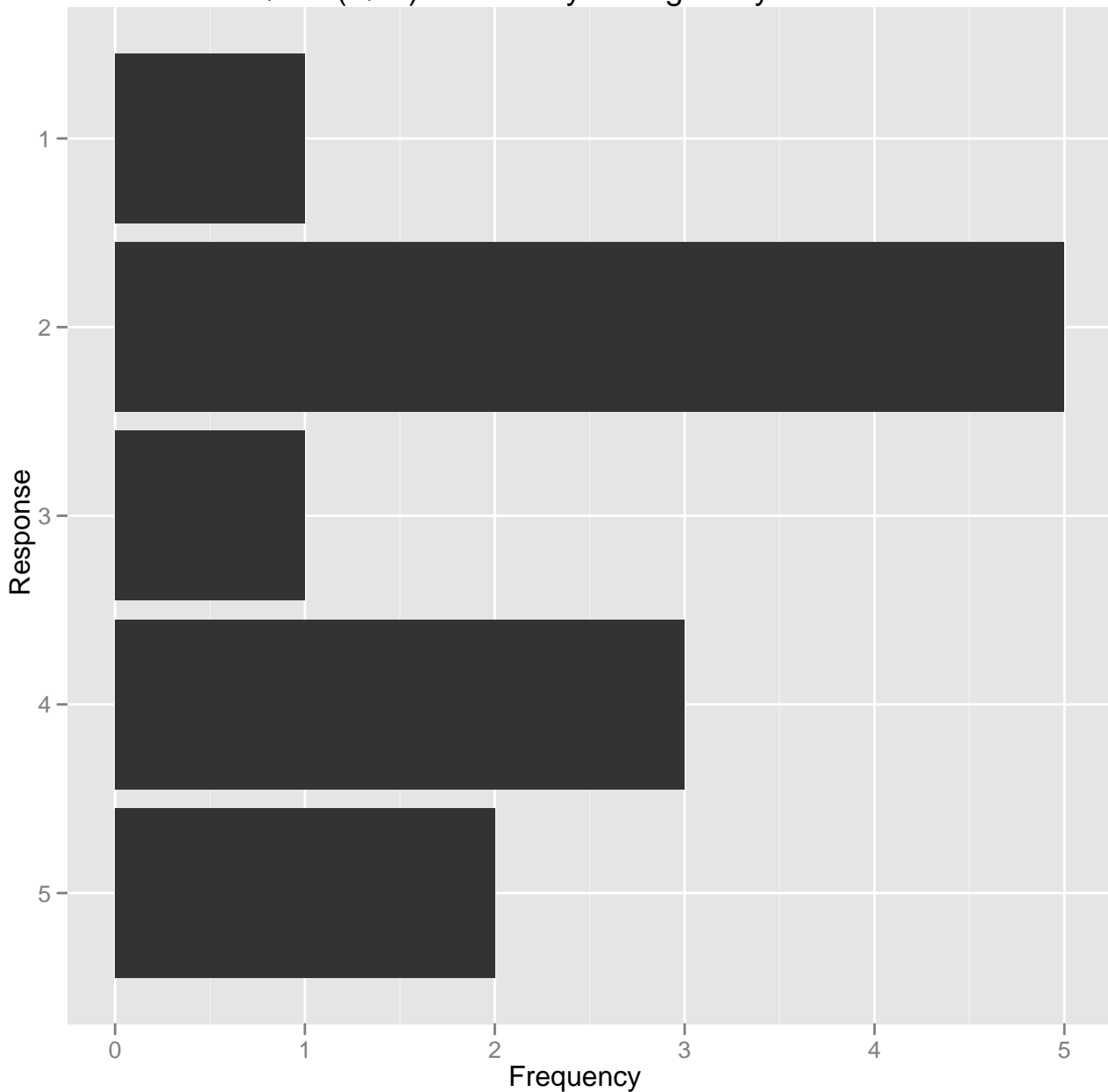
Q009 (Q9):Average household income



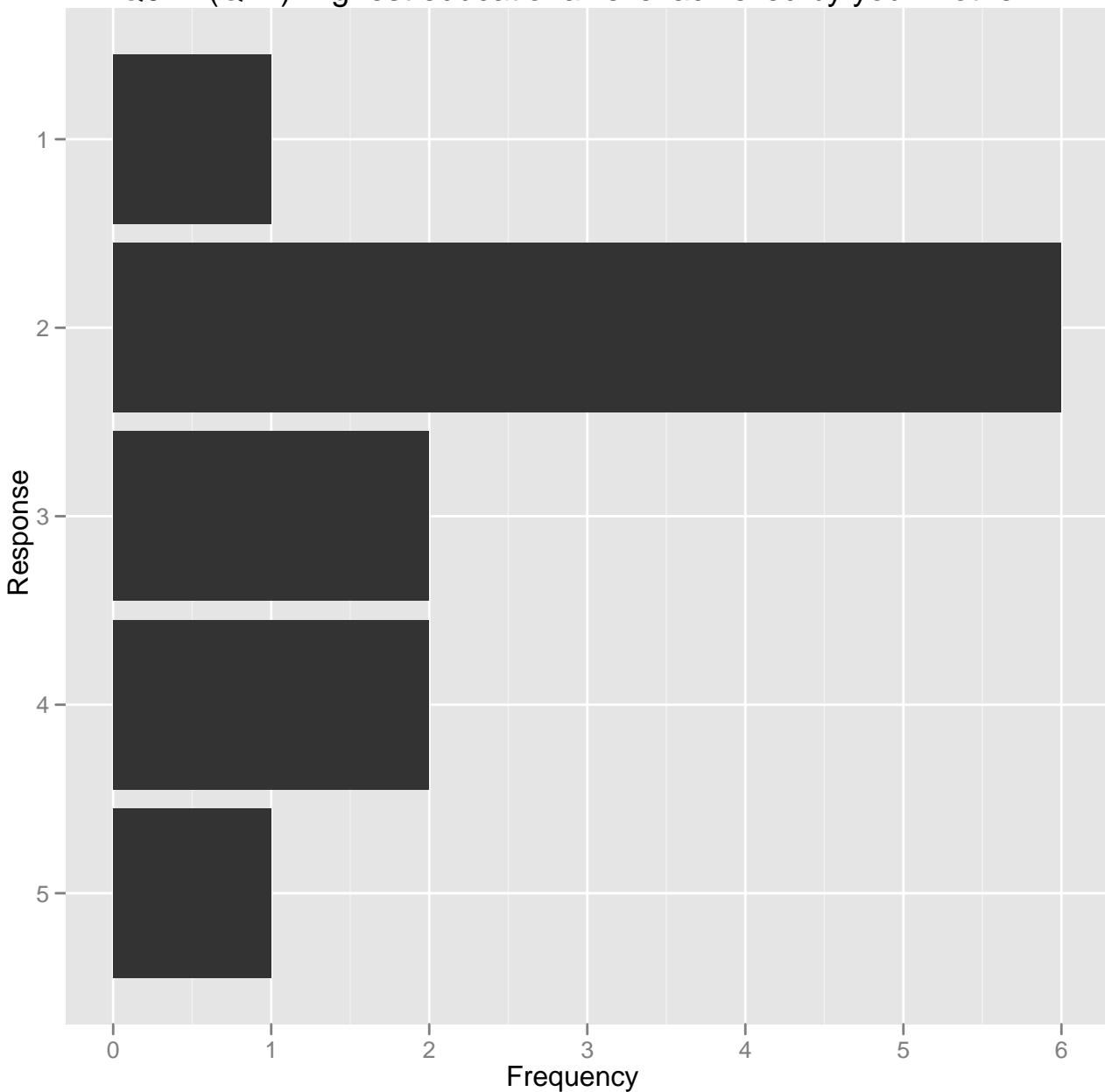
Q010 (Q10):Race



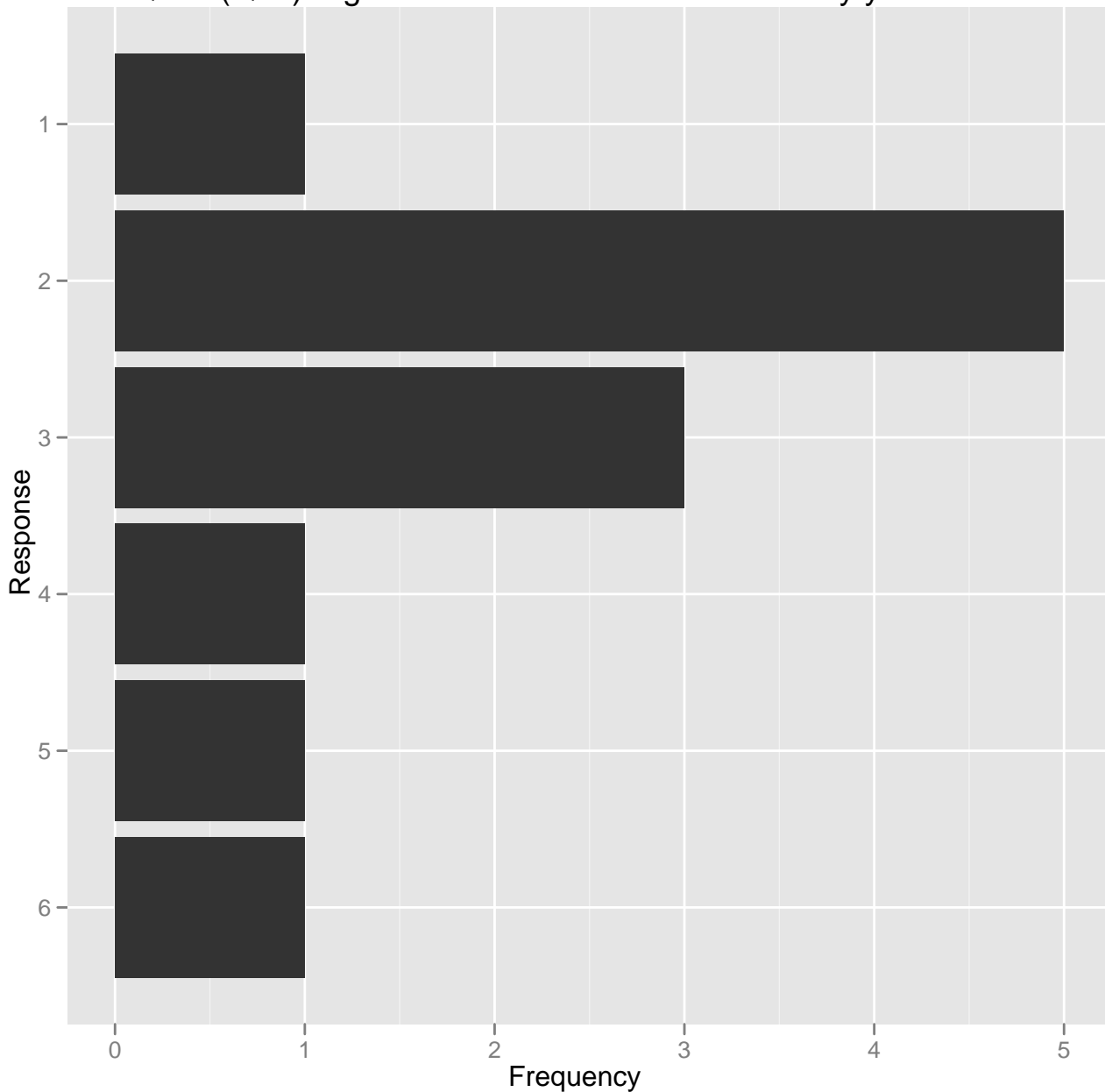
Q011 (Q11):How many siblings do you have?



Q012 (Q12):Highest educational level achieved by your mother



Q013 (Q13):Highest educational level achieved by your father



Q14 (Q14):What is your primary motivating factor for choosing an out-of-hospital birth?

Response

to get out of the Western medical model that treats pregnancy as a disease

more personal freedom and choice for self

didn't see the need to medicalize a natural process

a non-medicated birth with less to no intervention

Wanting a different experience than what we had with our prior births

Trusting my body to do what it was made to do, without unnecessary medical intervention

Prefer natural birthing techniques: i.e. no meds, less invasive, water birth, freedom of mvmt., labor position

Intervention Free Birth and birthing in a more supportive and nurturing environment

I want to be the one in charge, not the medical professionals

Freedom of choice

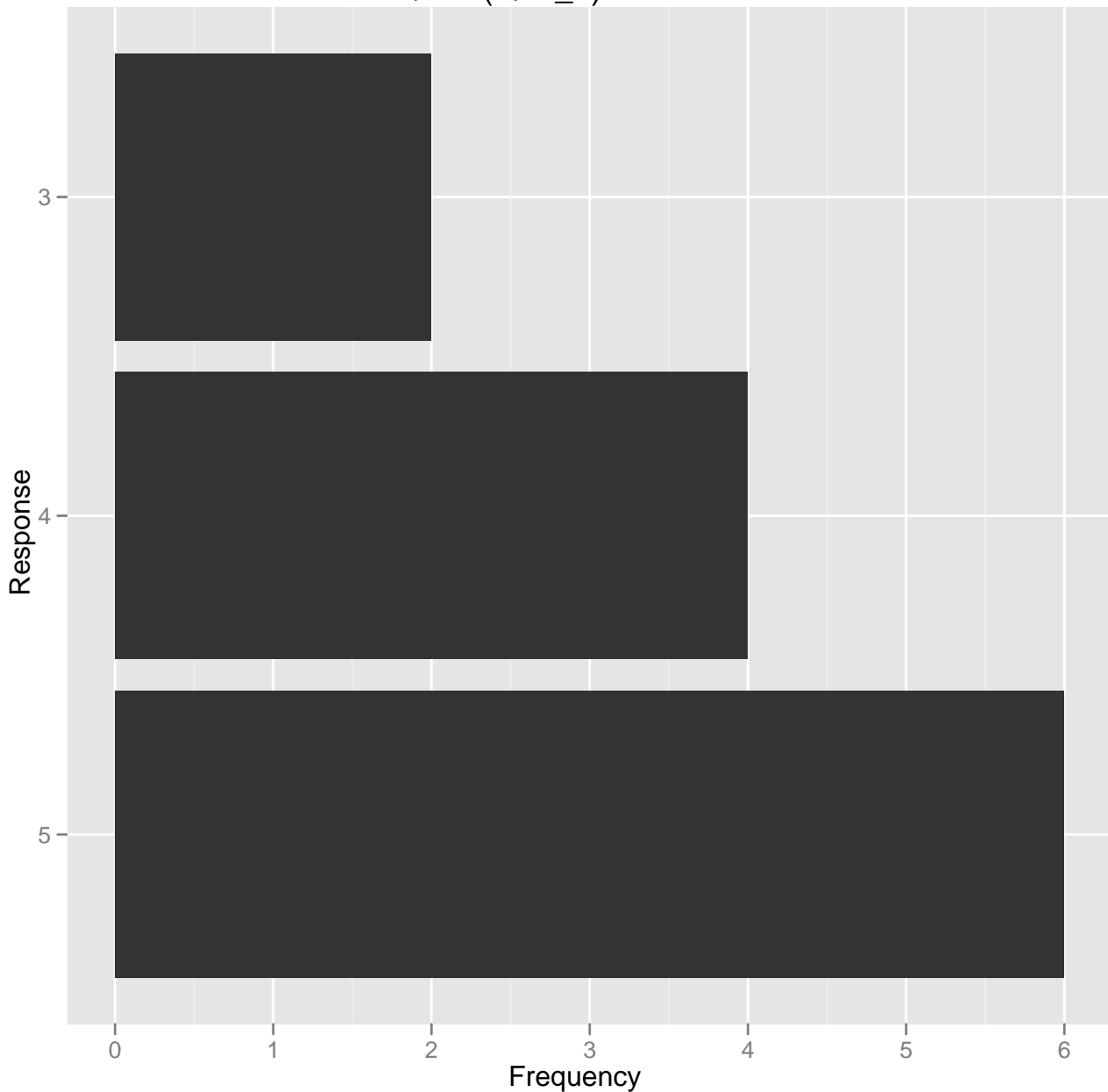
Desire to avoid unnecessary medical interventions and experience birth the way God created it

Decreasing the likelihood of unnecessary interventions

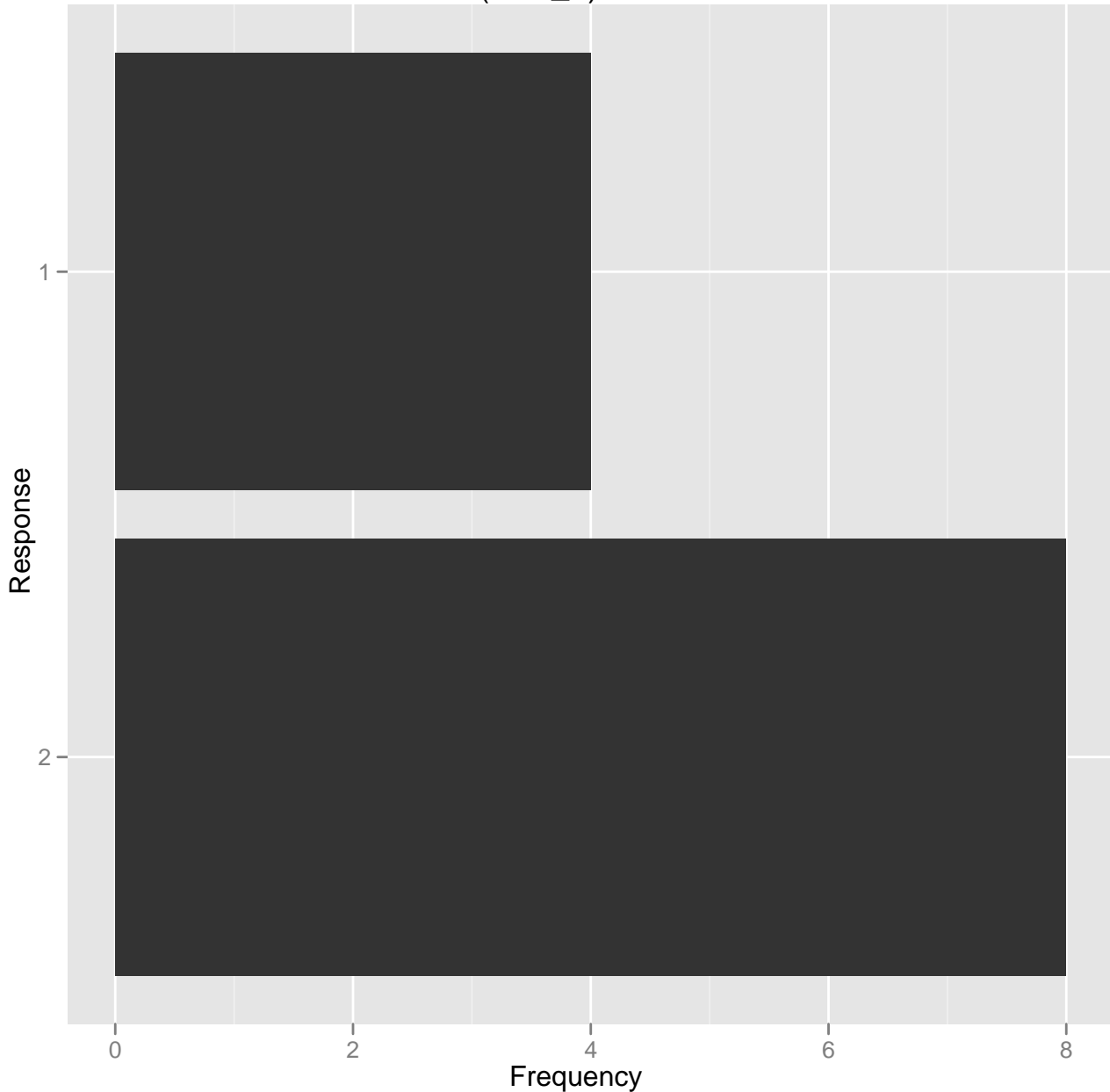
Frequency

1.0.8

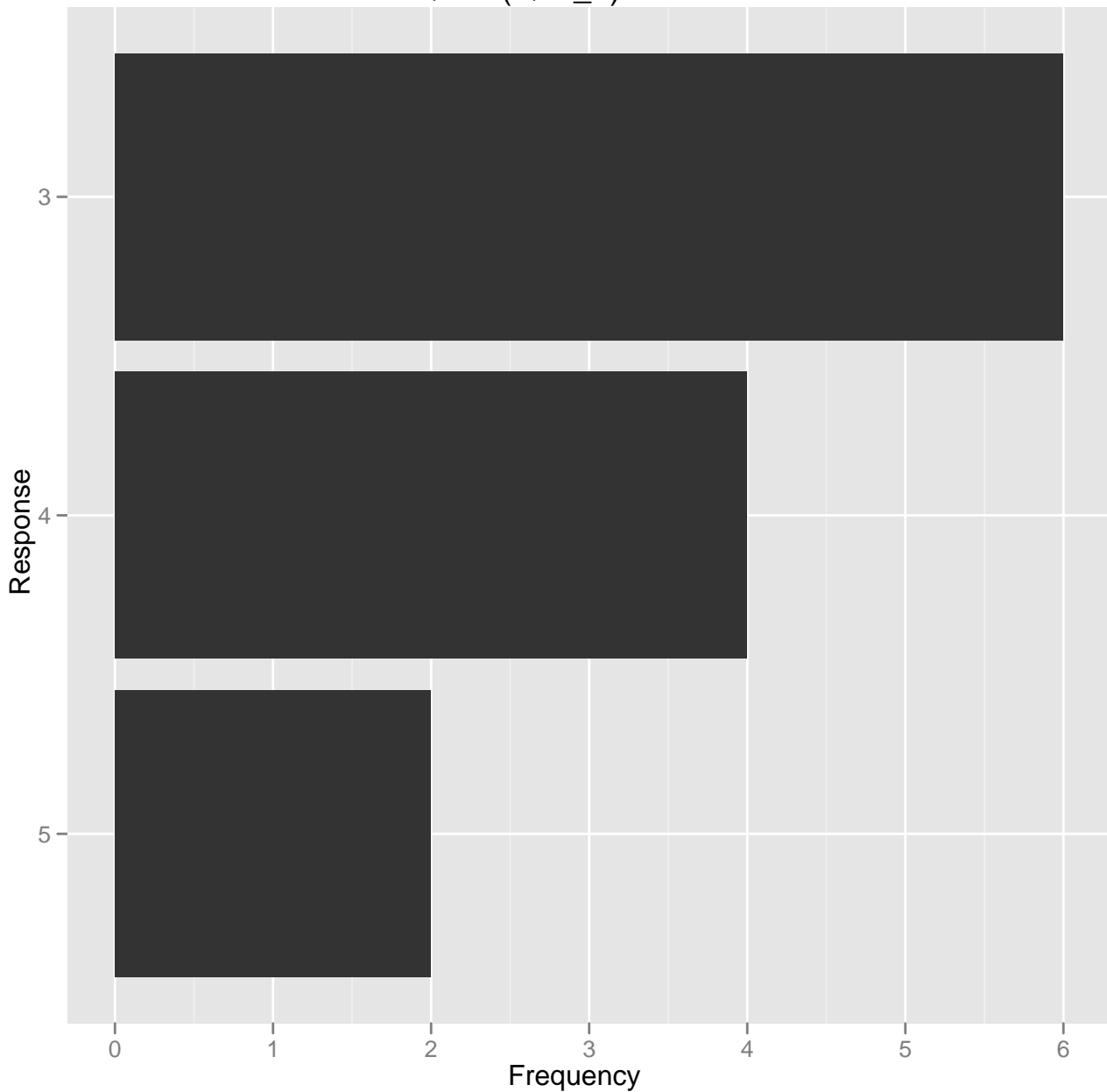
Q015 (Q16_1):Interested



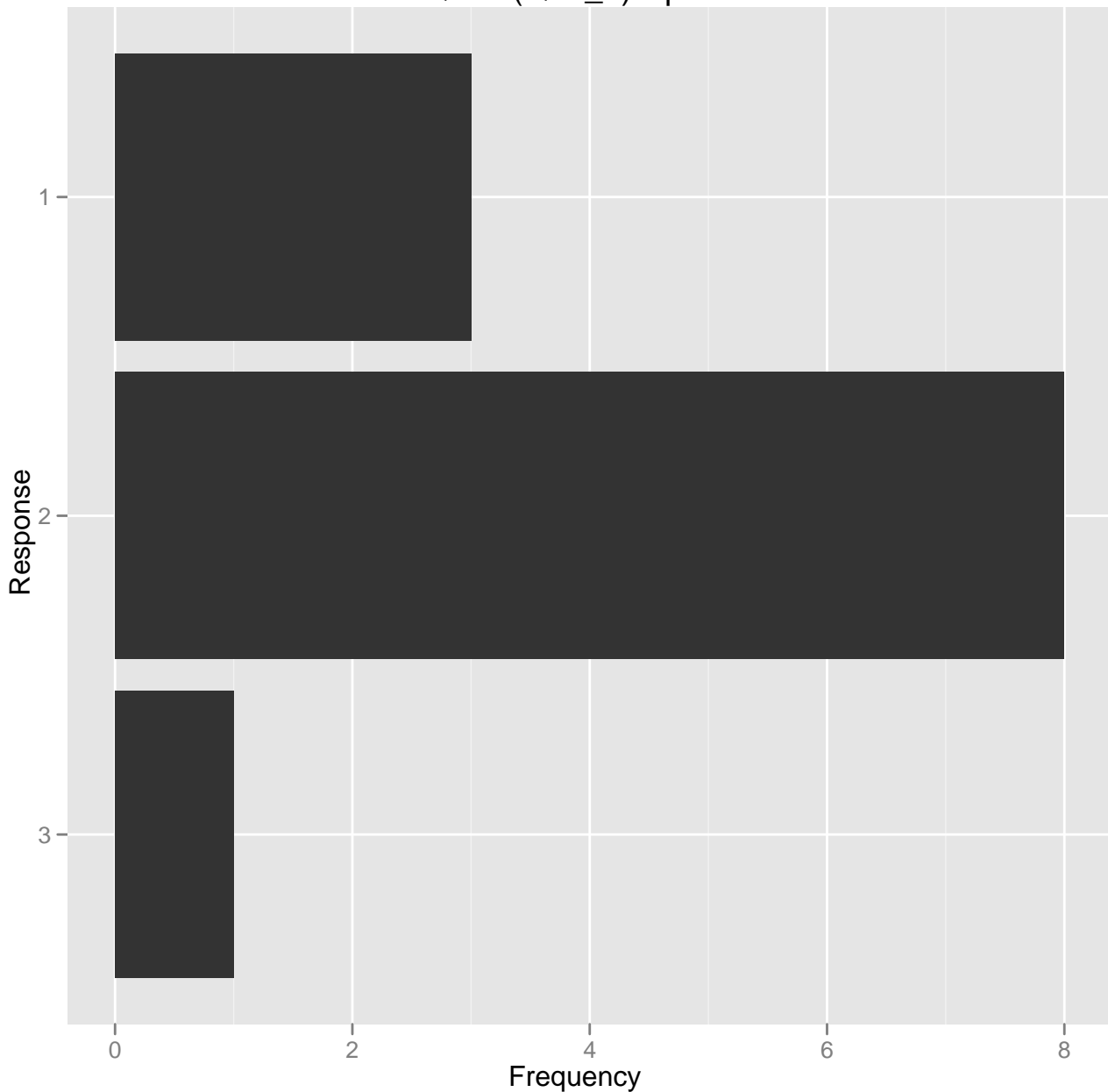
Q016 (Q16_2):Distressed



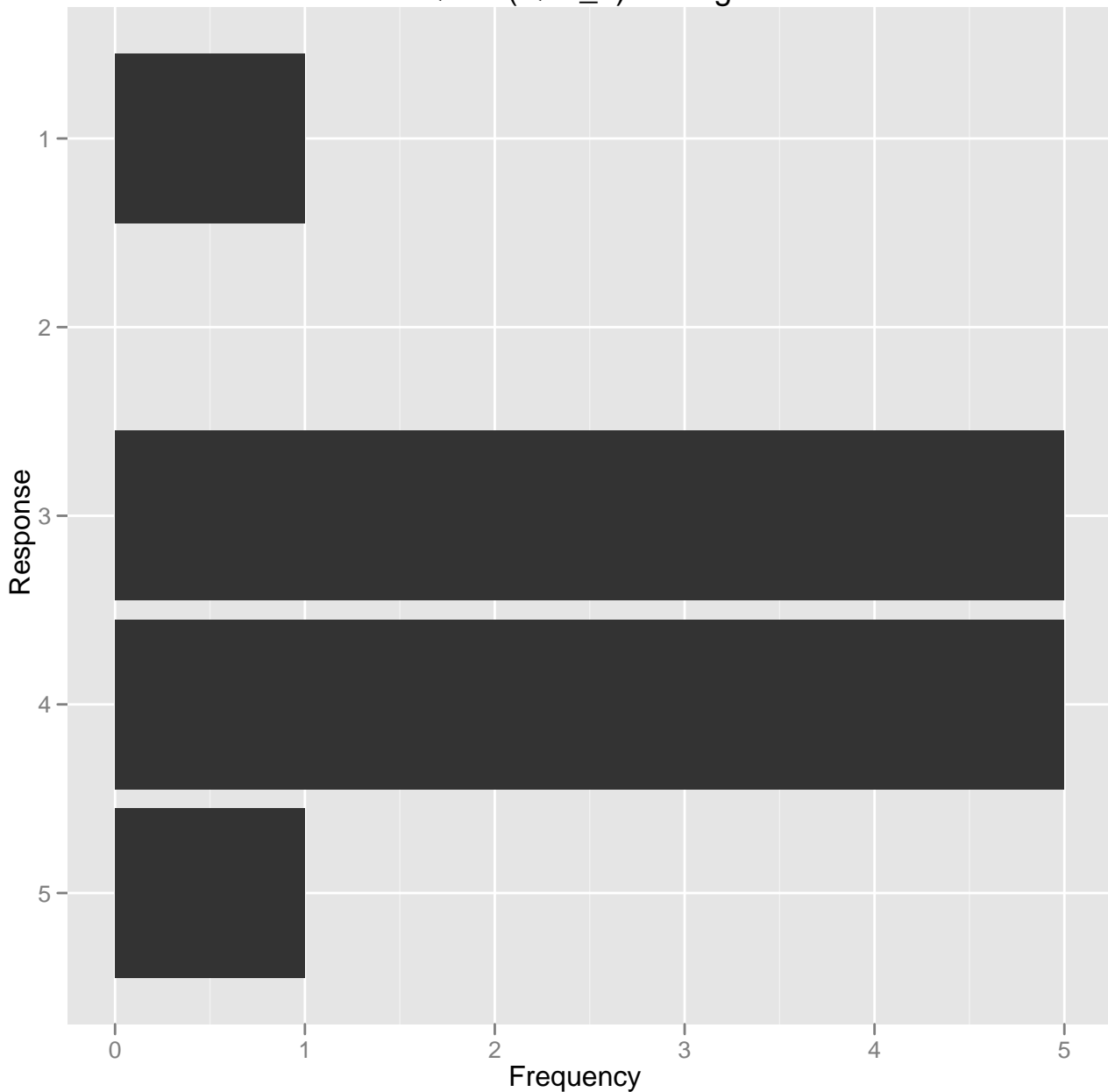
Q017 (Q16_3):Excited



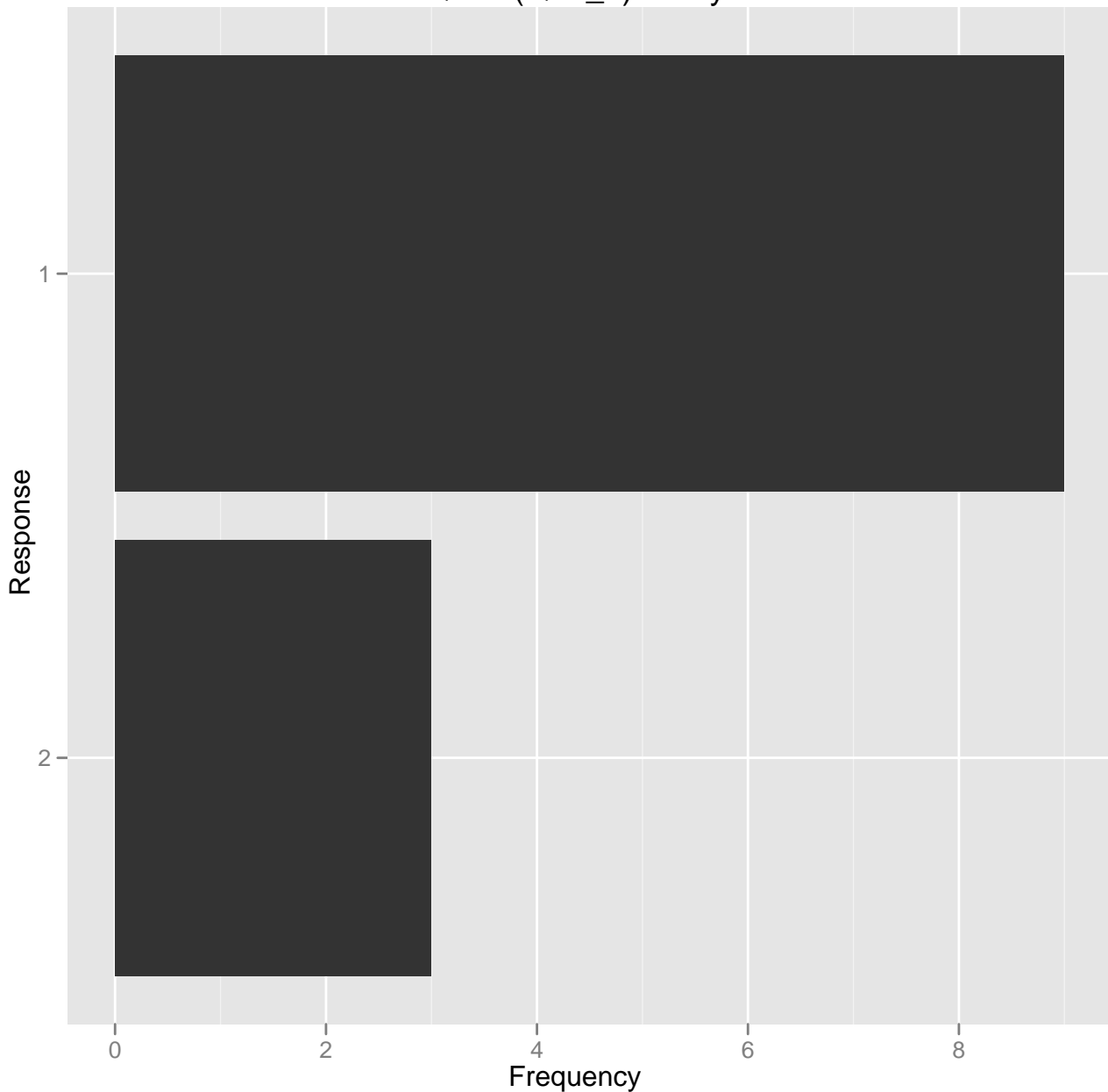
Q018 (Q16_4):Upset



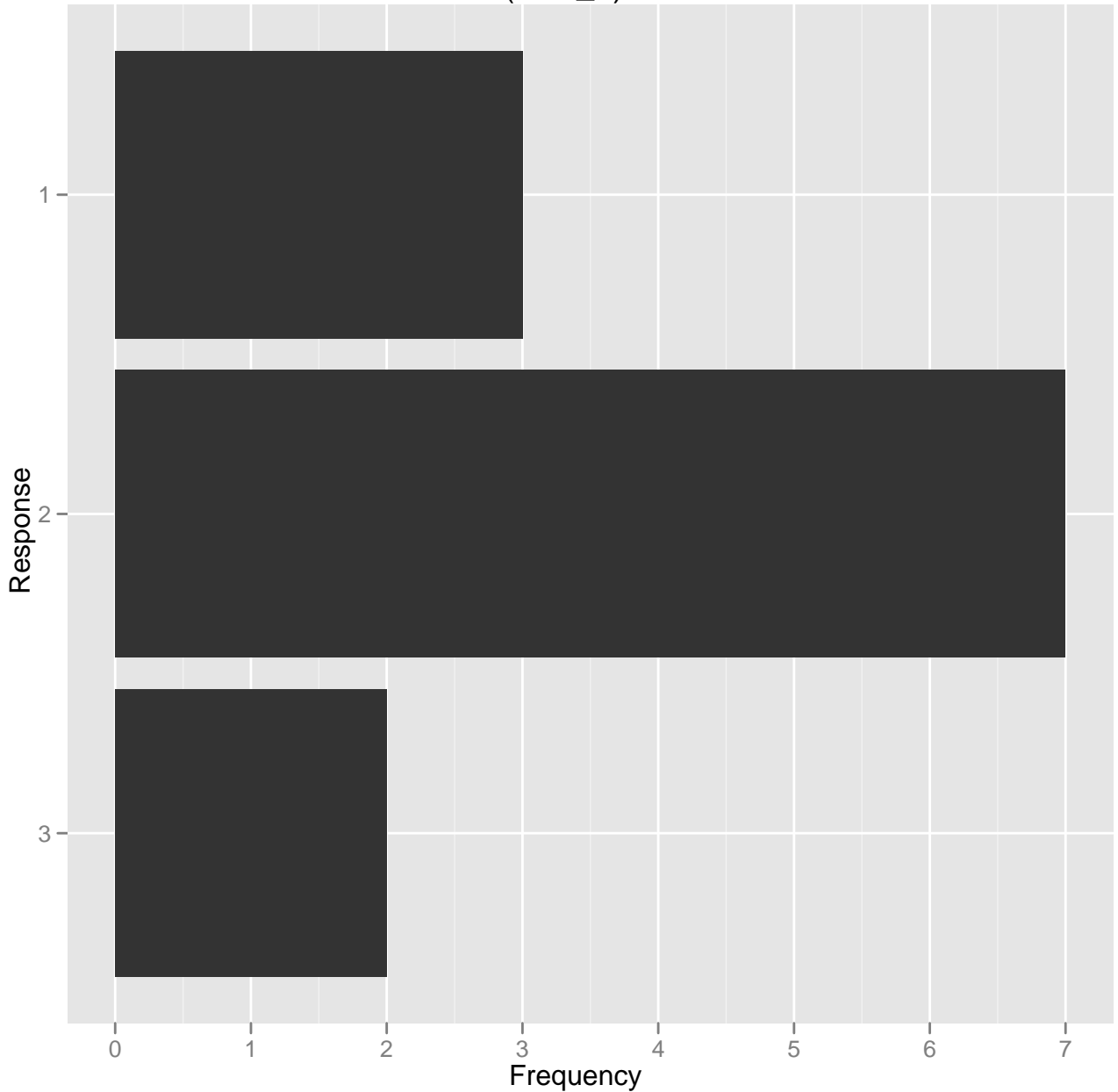
Q019 (Q16_5):Strong



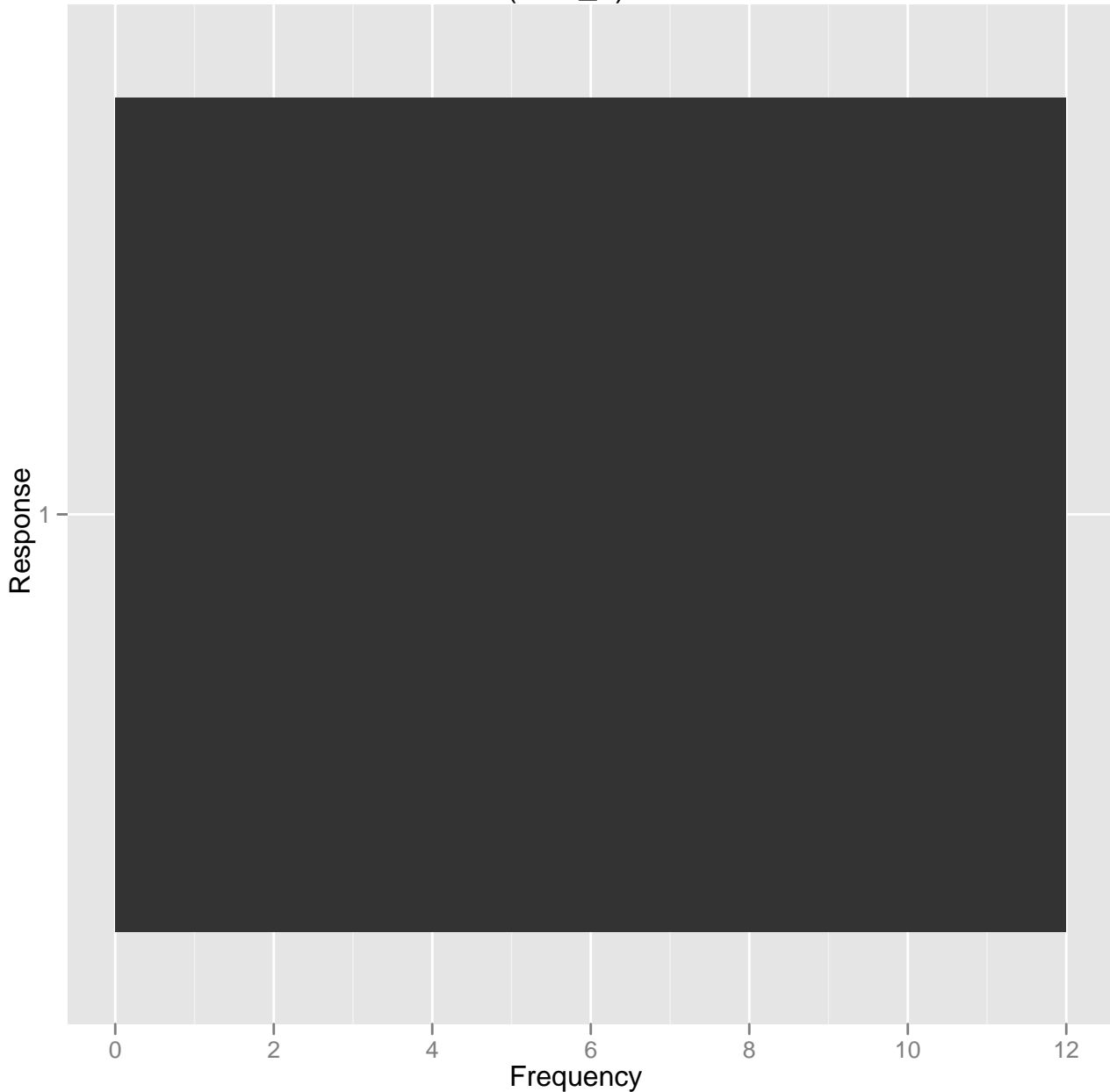
Q020 (Q16_6):Guilty



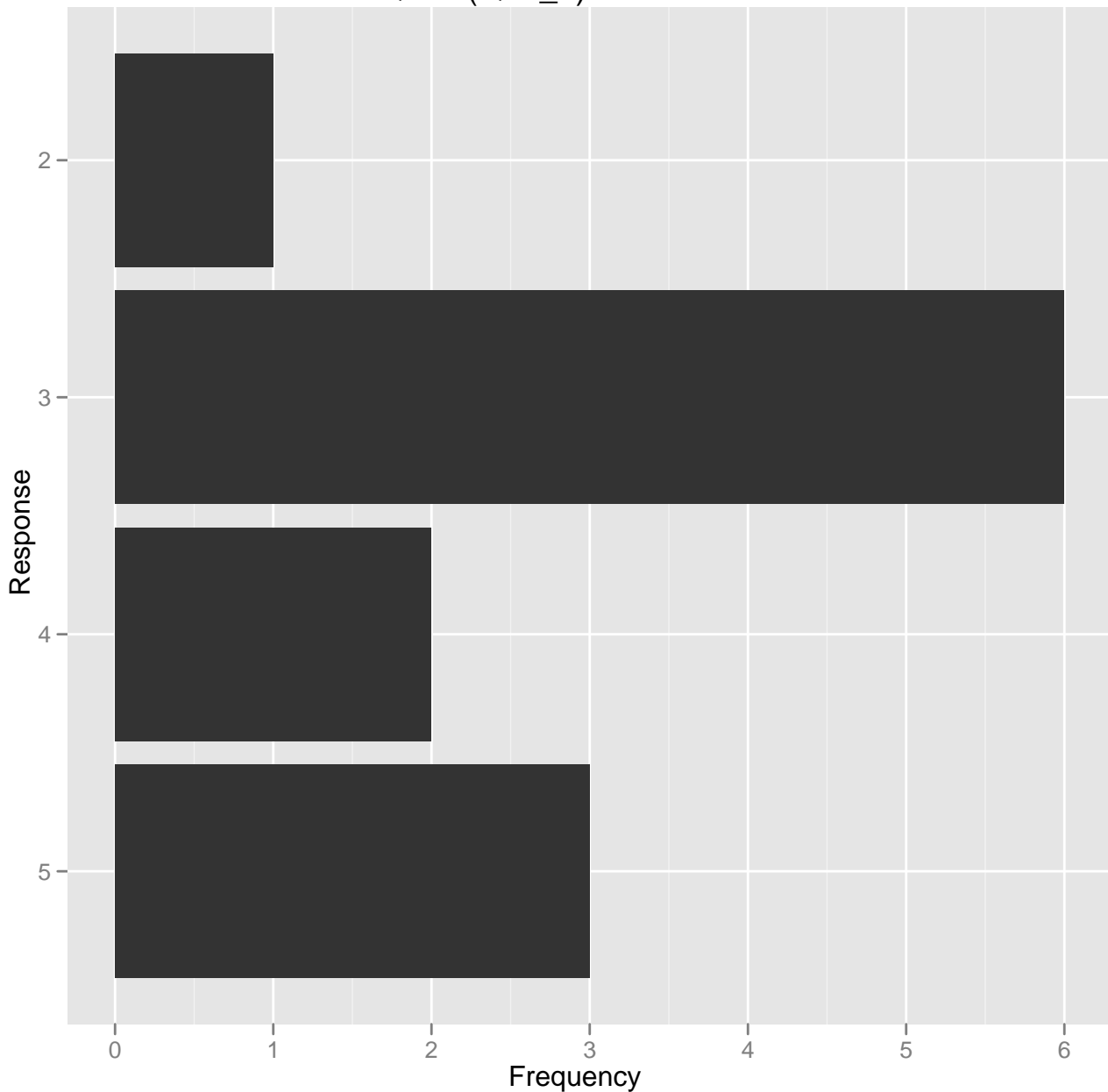
Q021 (Q16_7):Scared



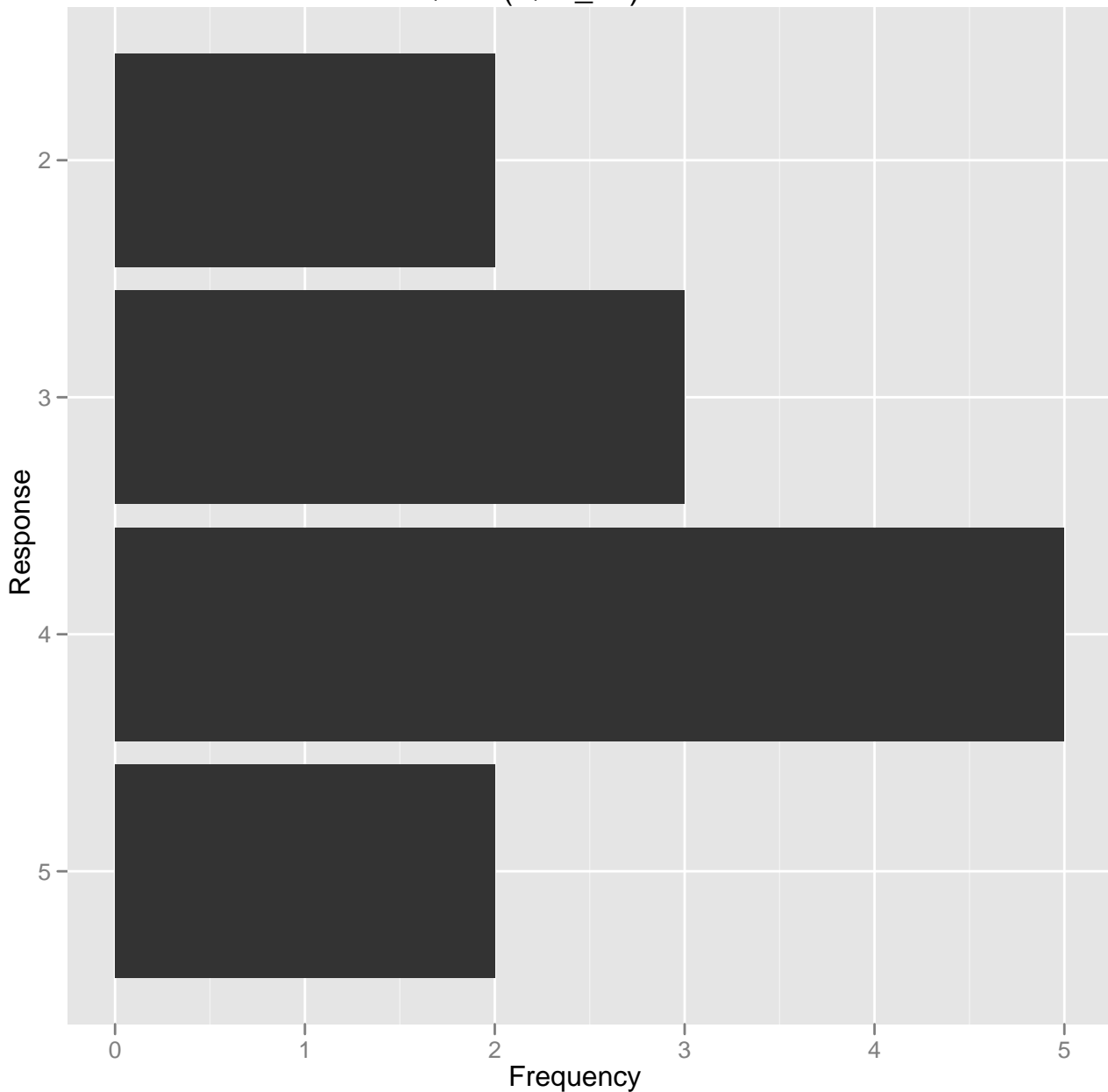
Q022 (Q16_8):Hostile



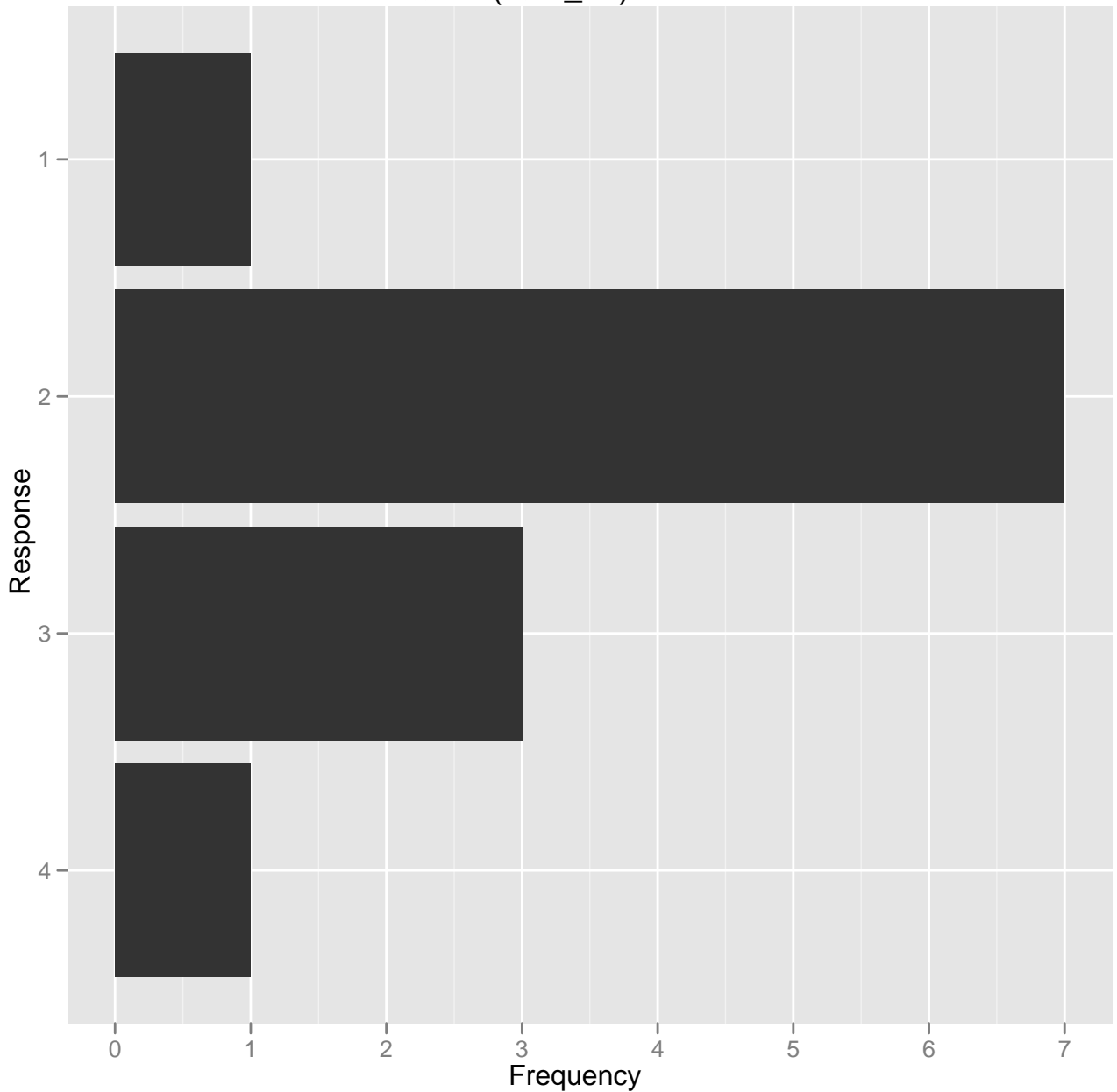
Q023 (Q16_9):Enthusiastic



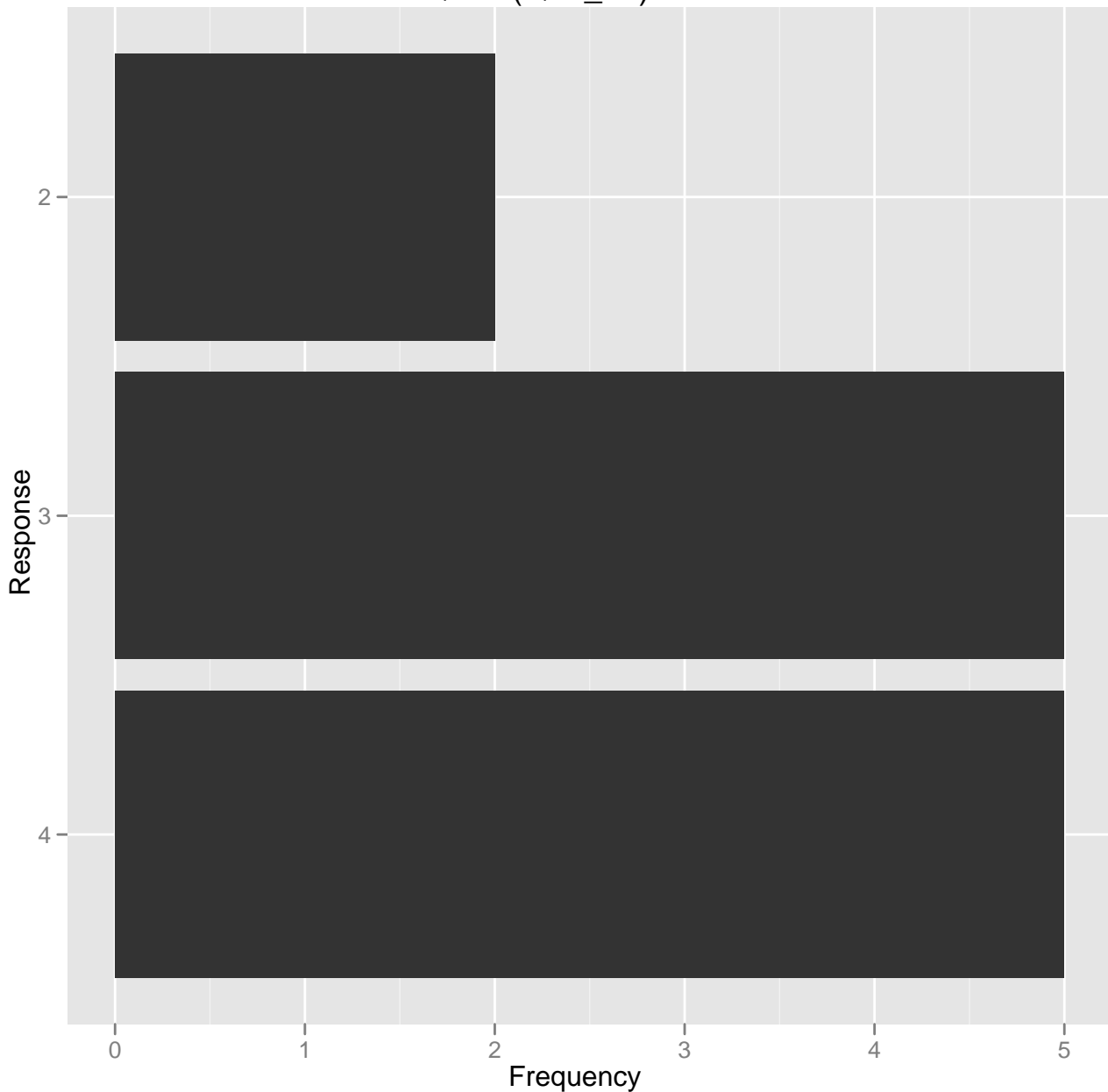
Q024 (Q16_10):Proud



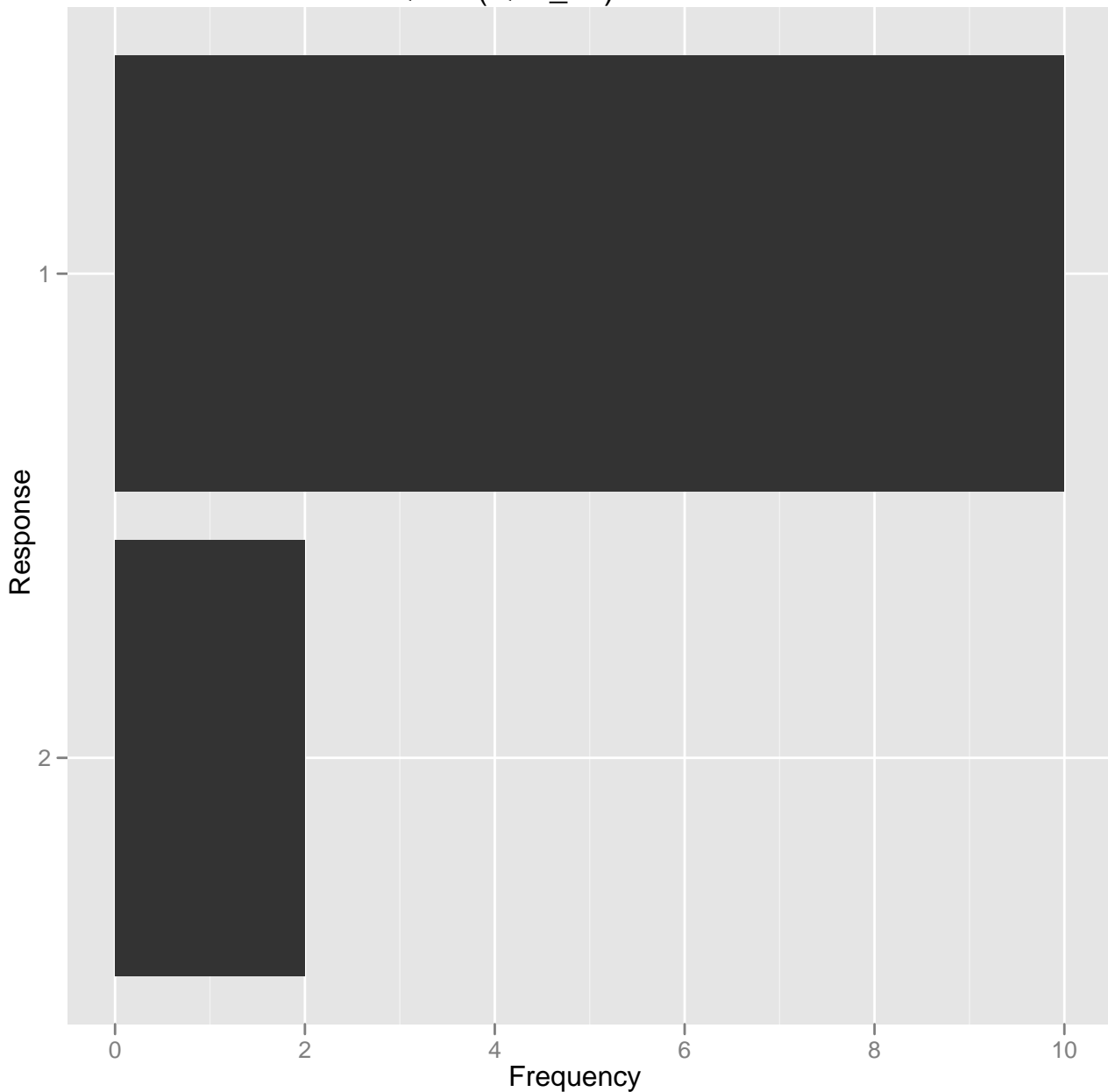
Q025 (Q16_11):Irritable



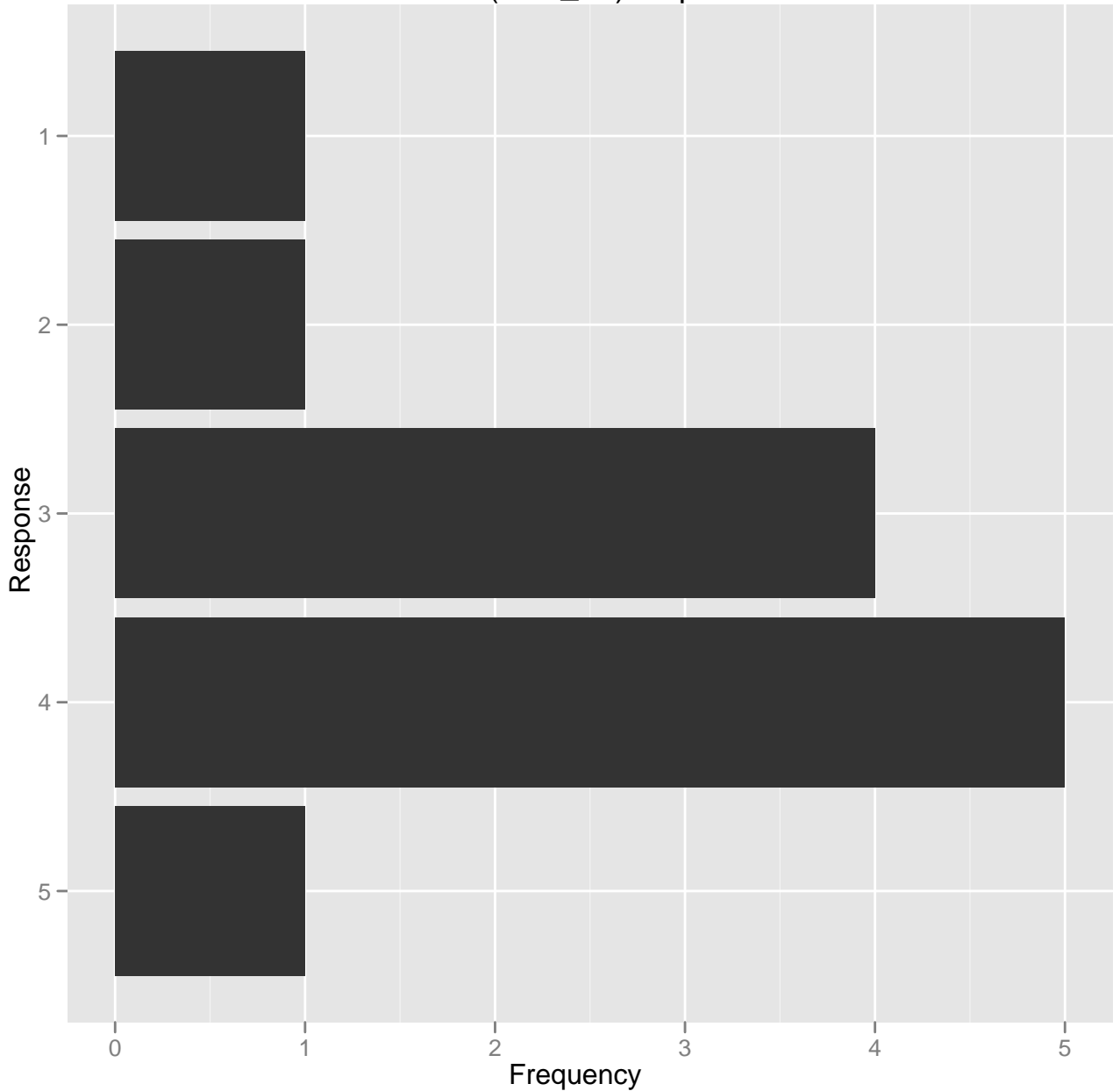
Q026 (Q16_12):Alert



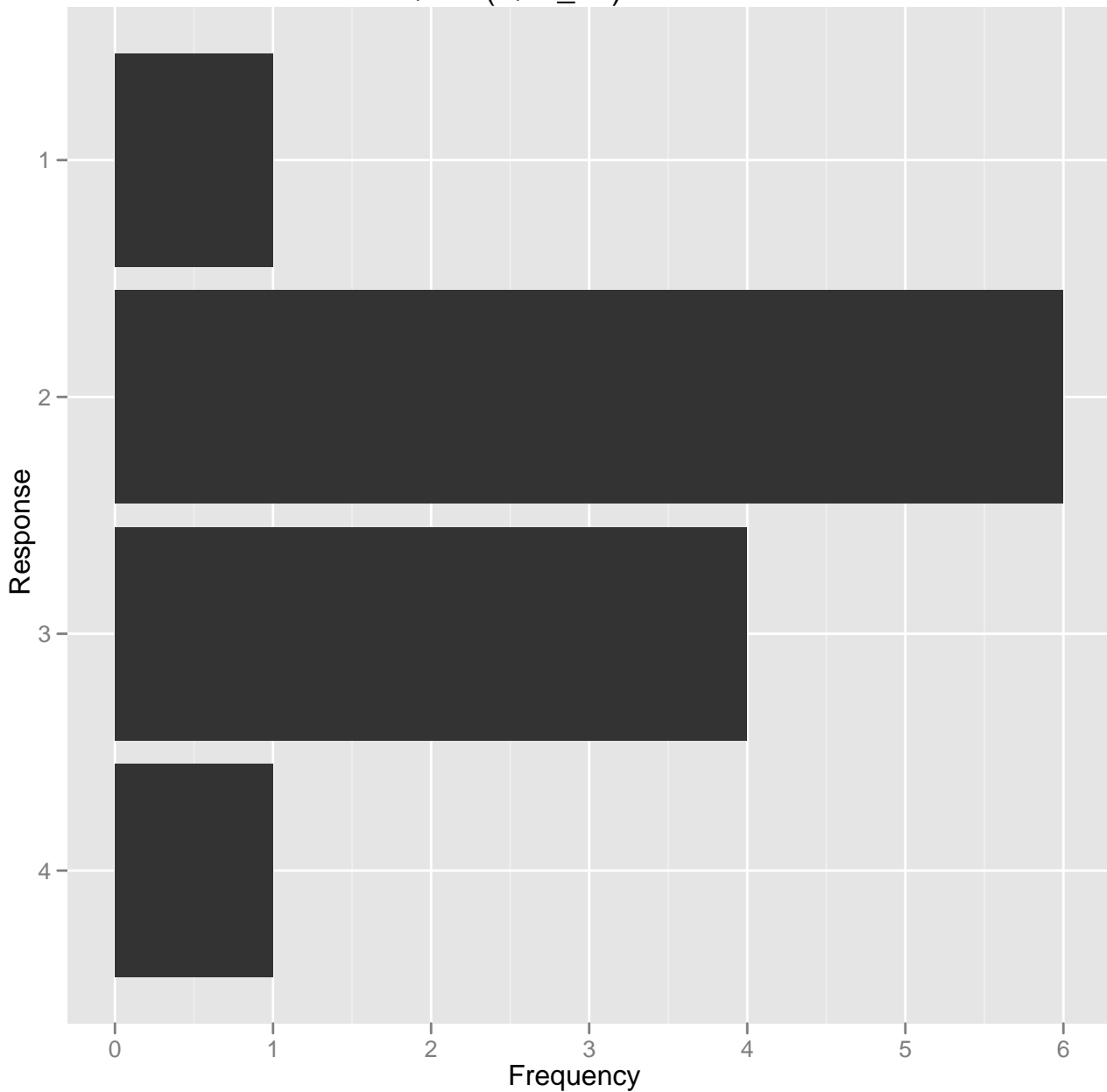
Q027 (Q16_13):Ashamed



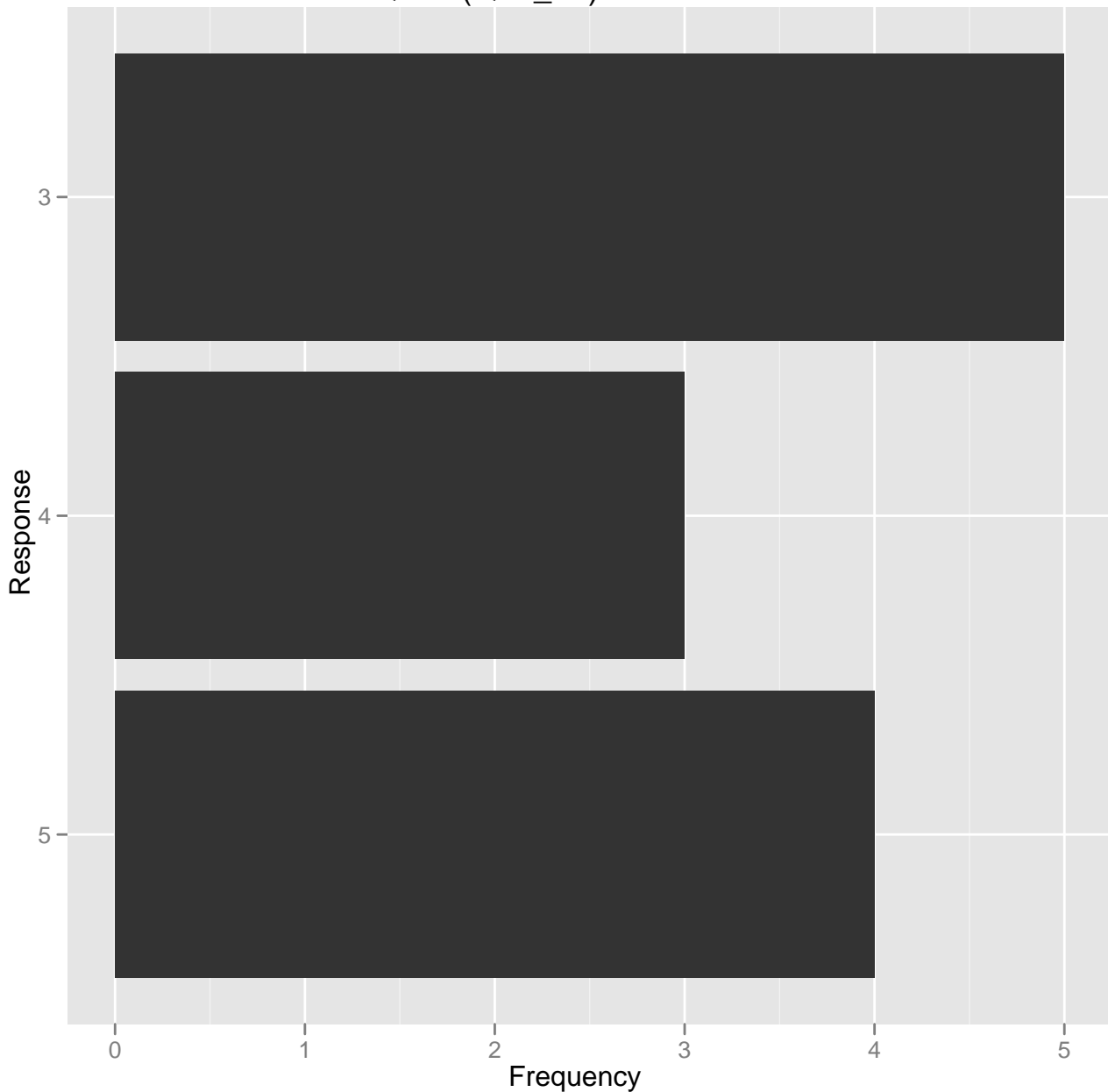
Q028 (Q16_14):Inspired



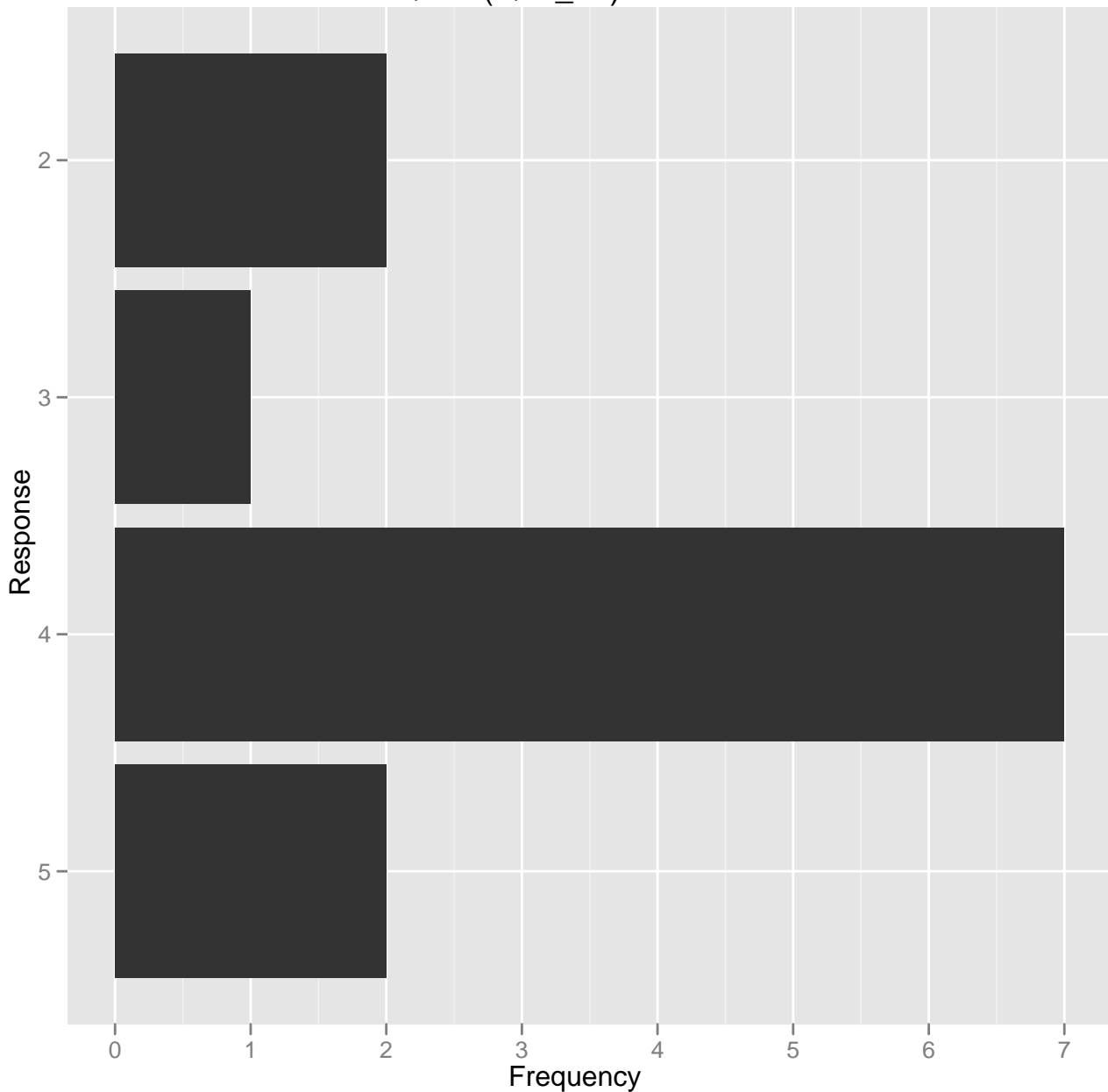
Q029 (Q16_15):Nervous



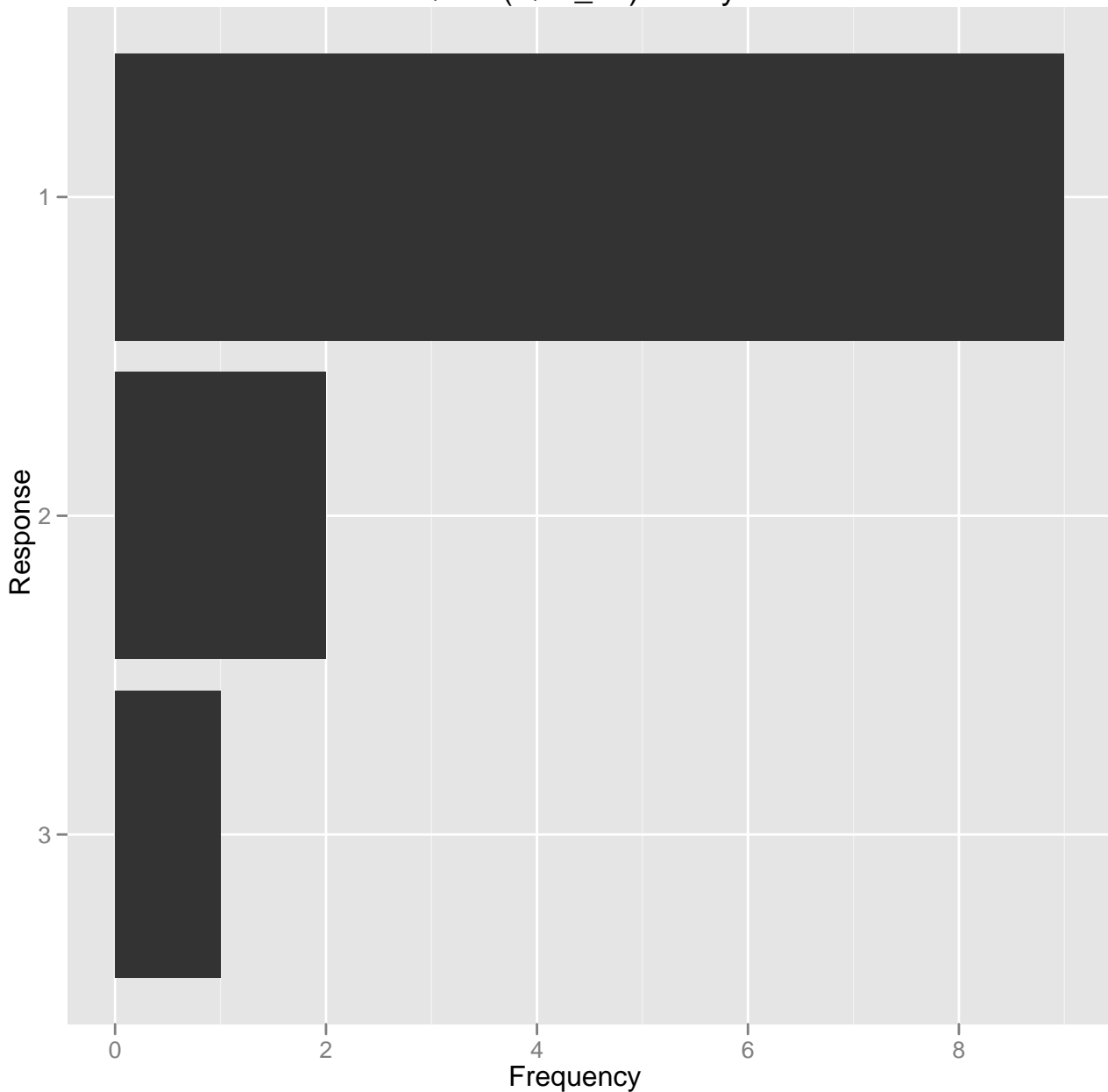
Q030 (Q16_16):Determined



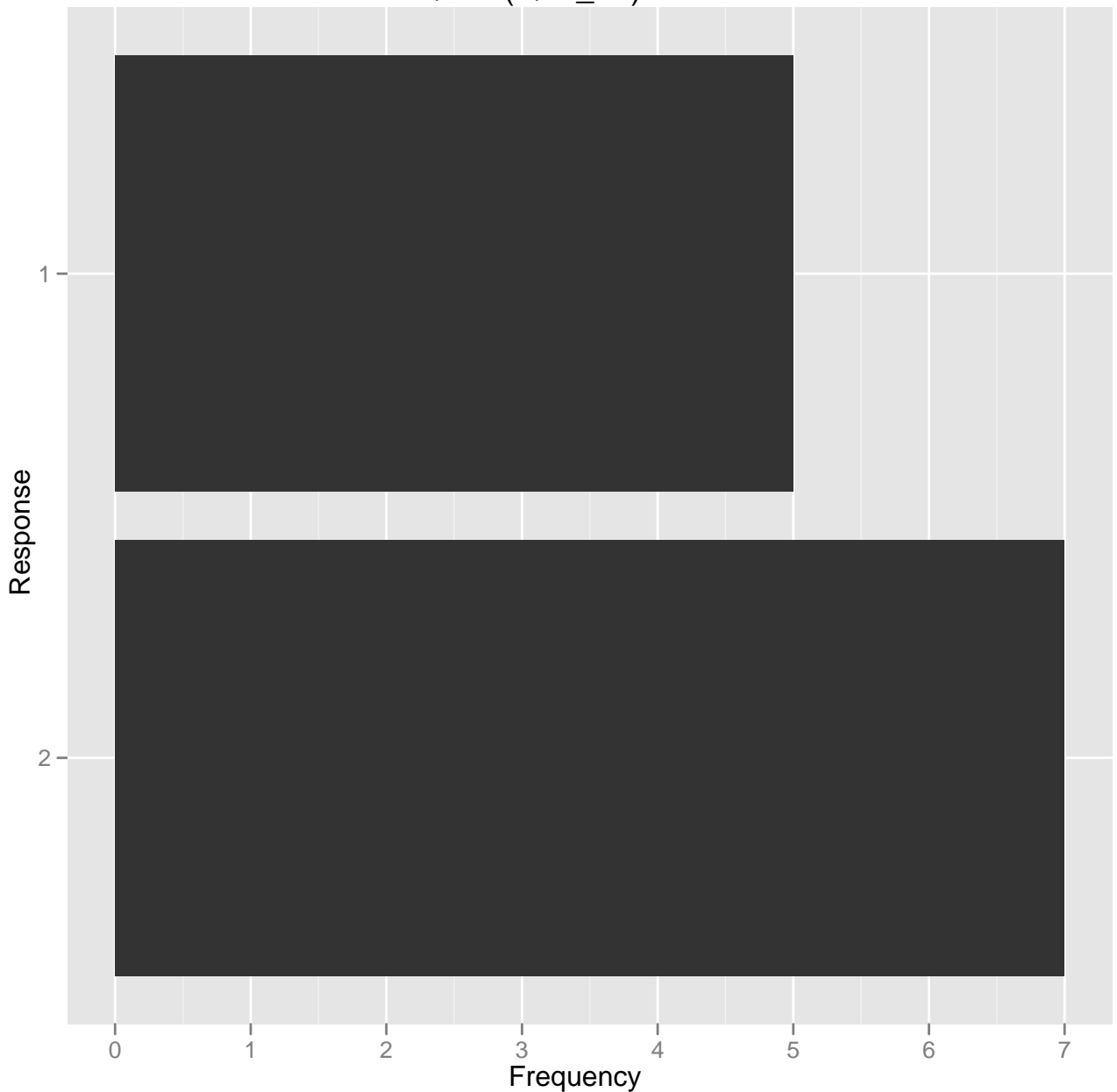
Q031 (Q16_17):Attentive



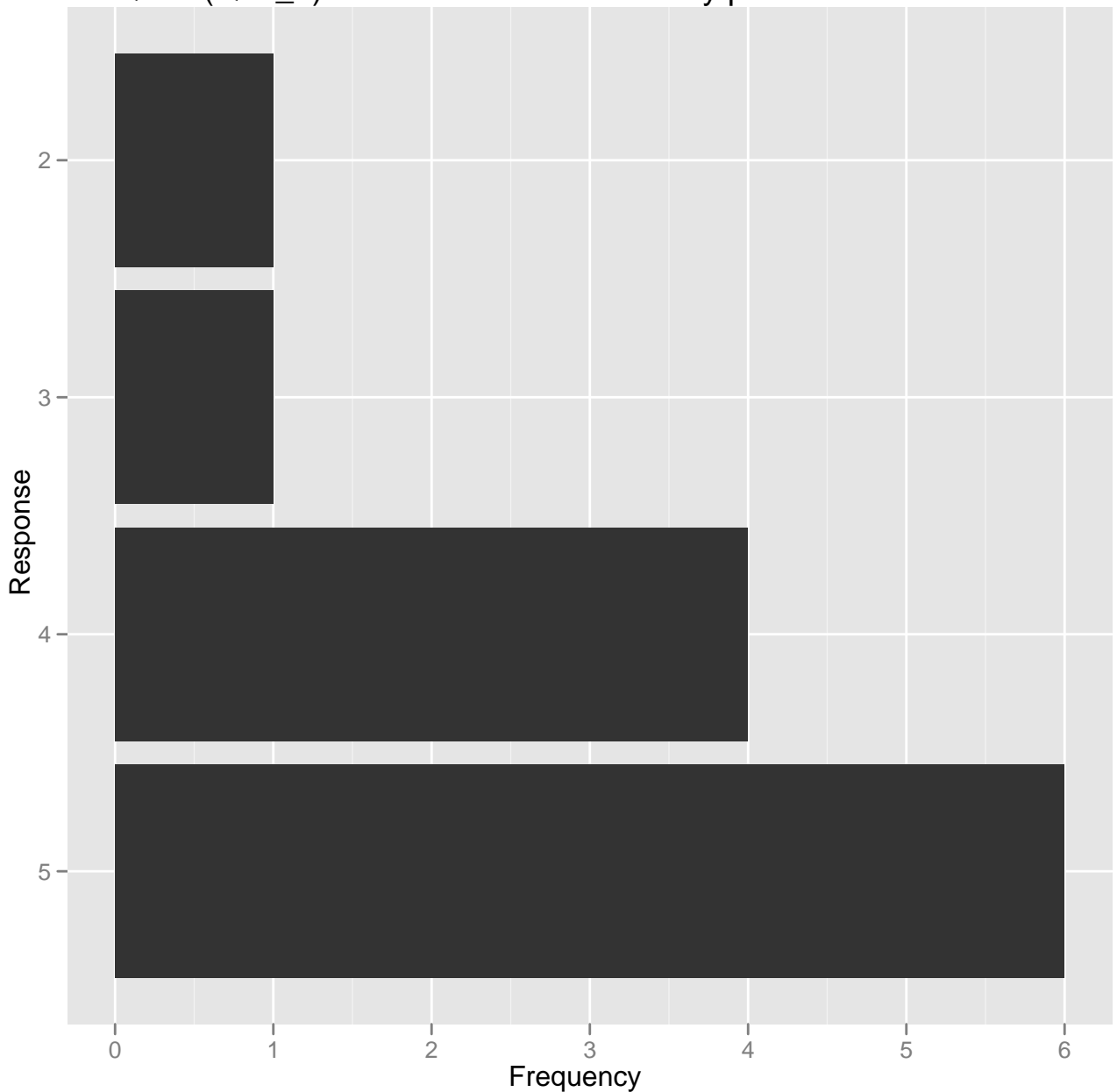
Q032 (Q16_18):Jittery



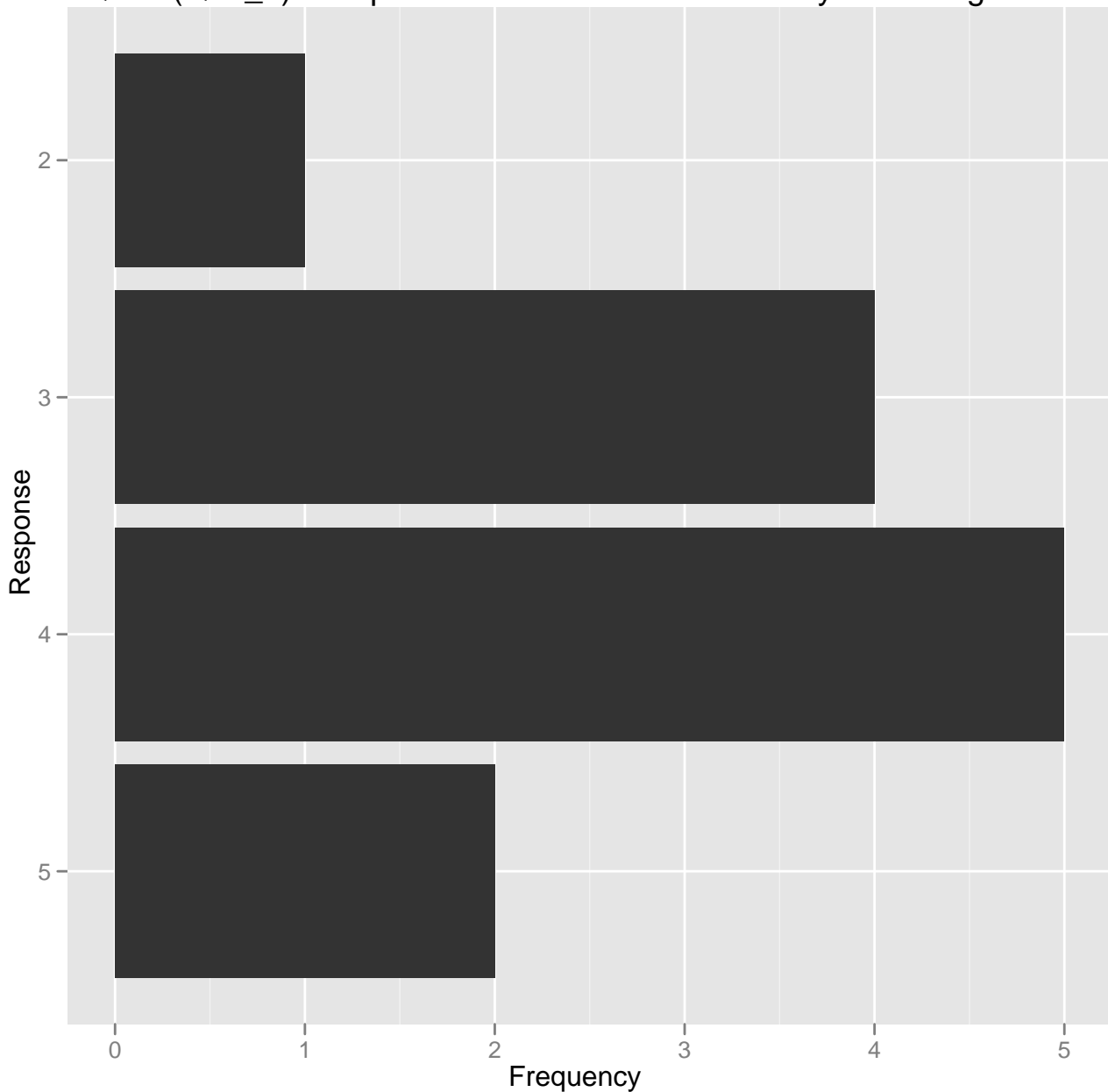
Q034 (Q16_20):Afraid



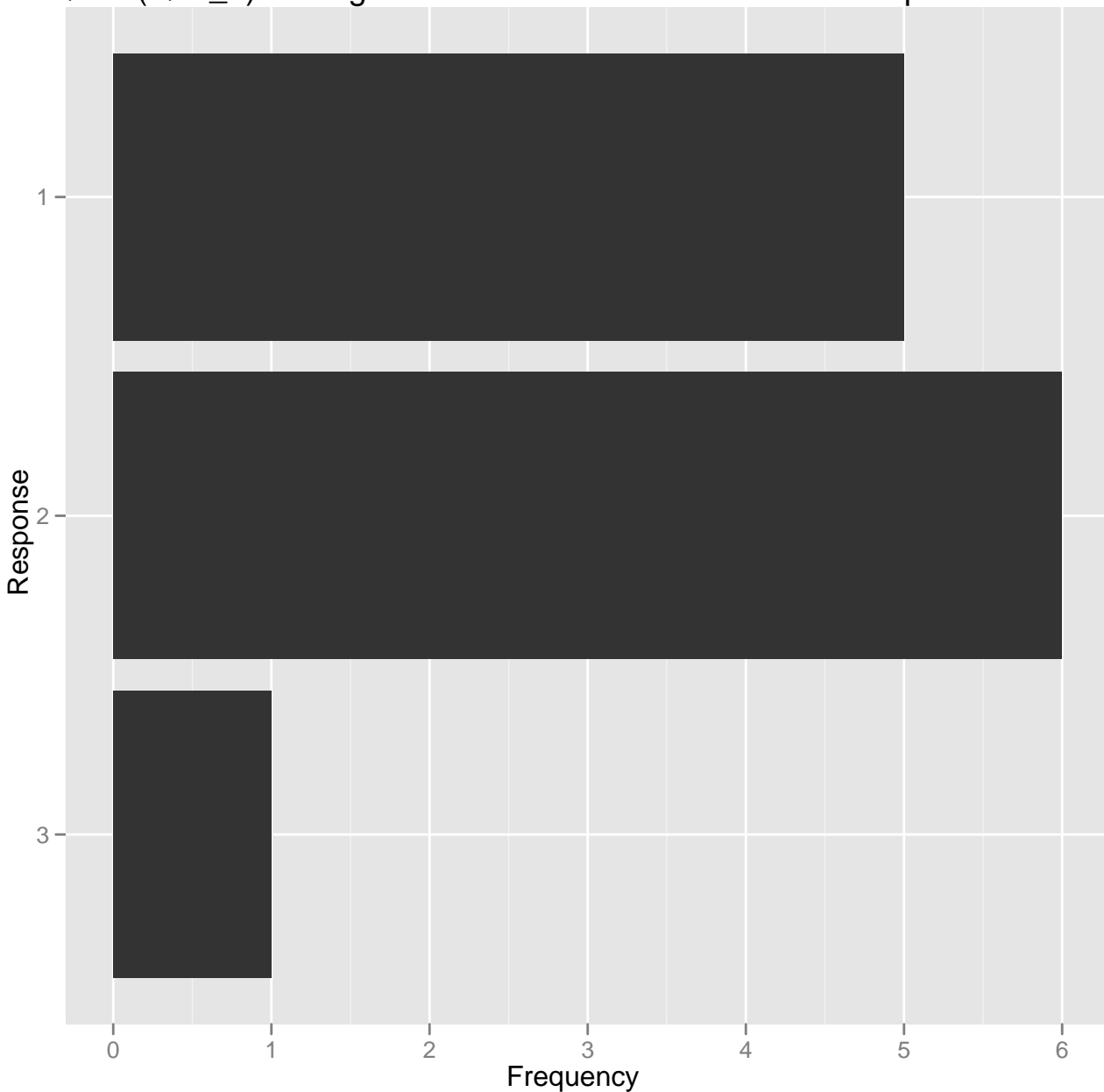
Q035 (Q17_1):I am afraid that I will let my partner down in labor



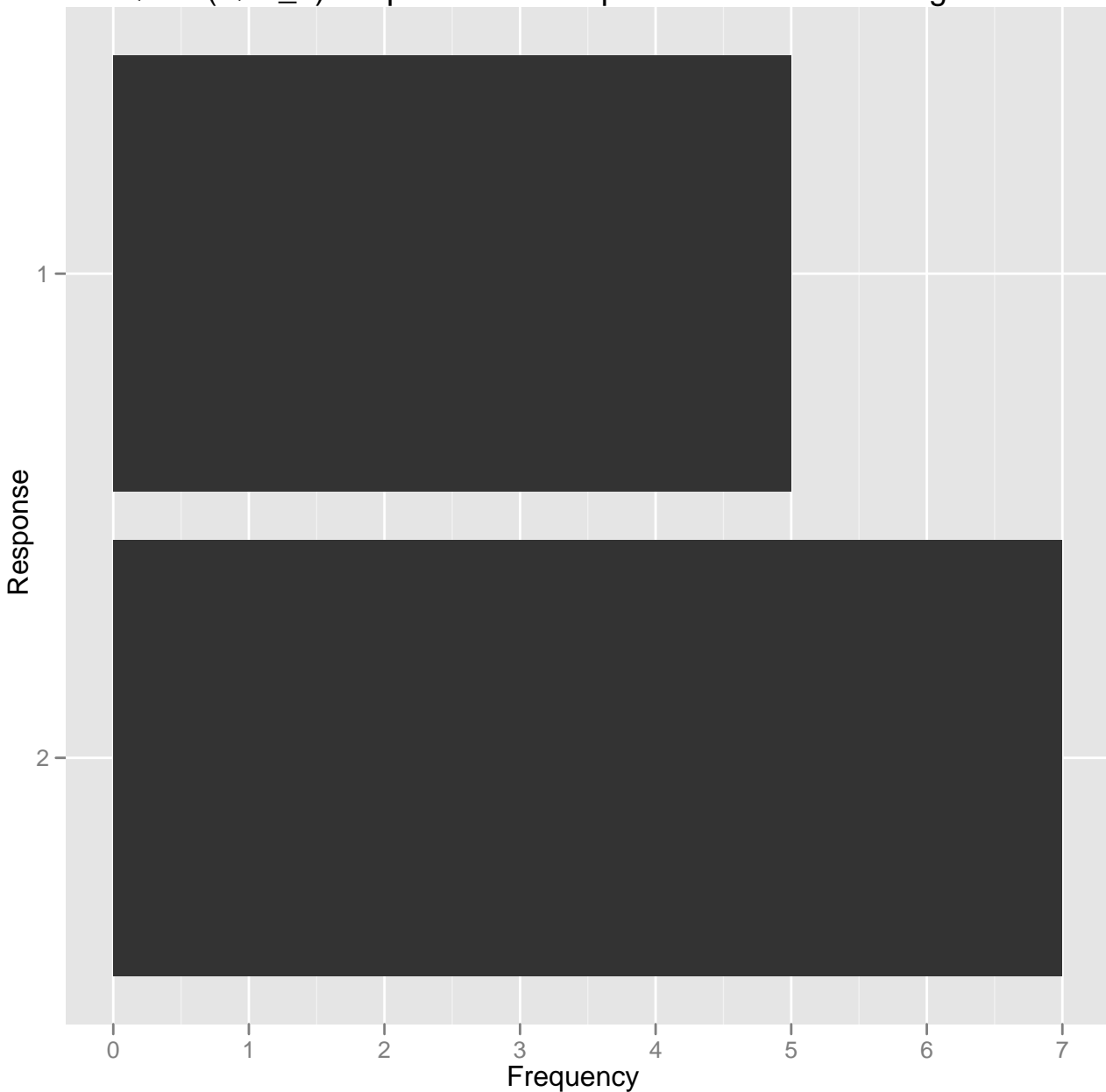
Q036 (Q17_2): I suspect that I will lose control of myself during labor



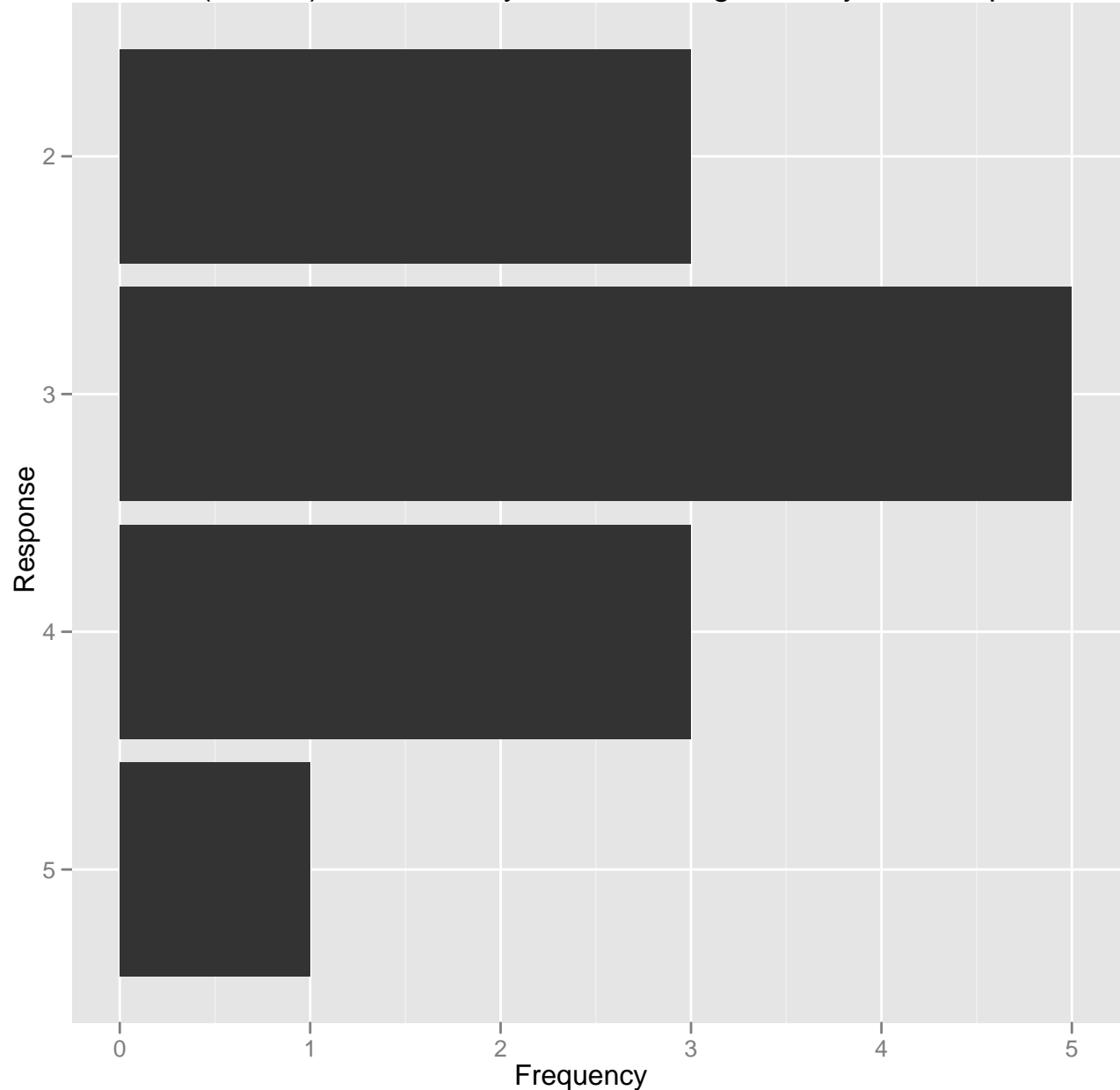
Q037 (Q17_3):Having an unmedicated labor and birth is important to me



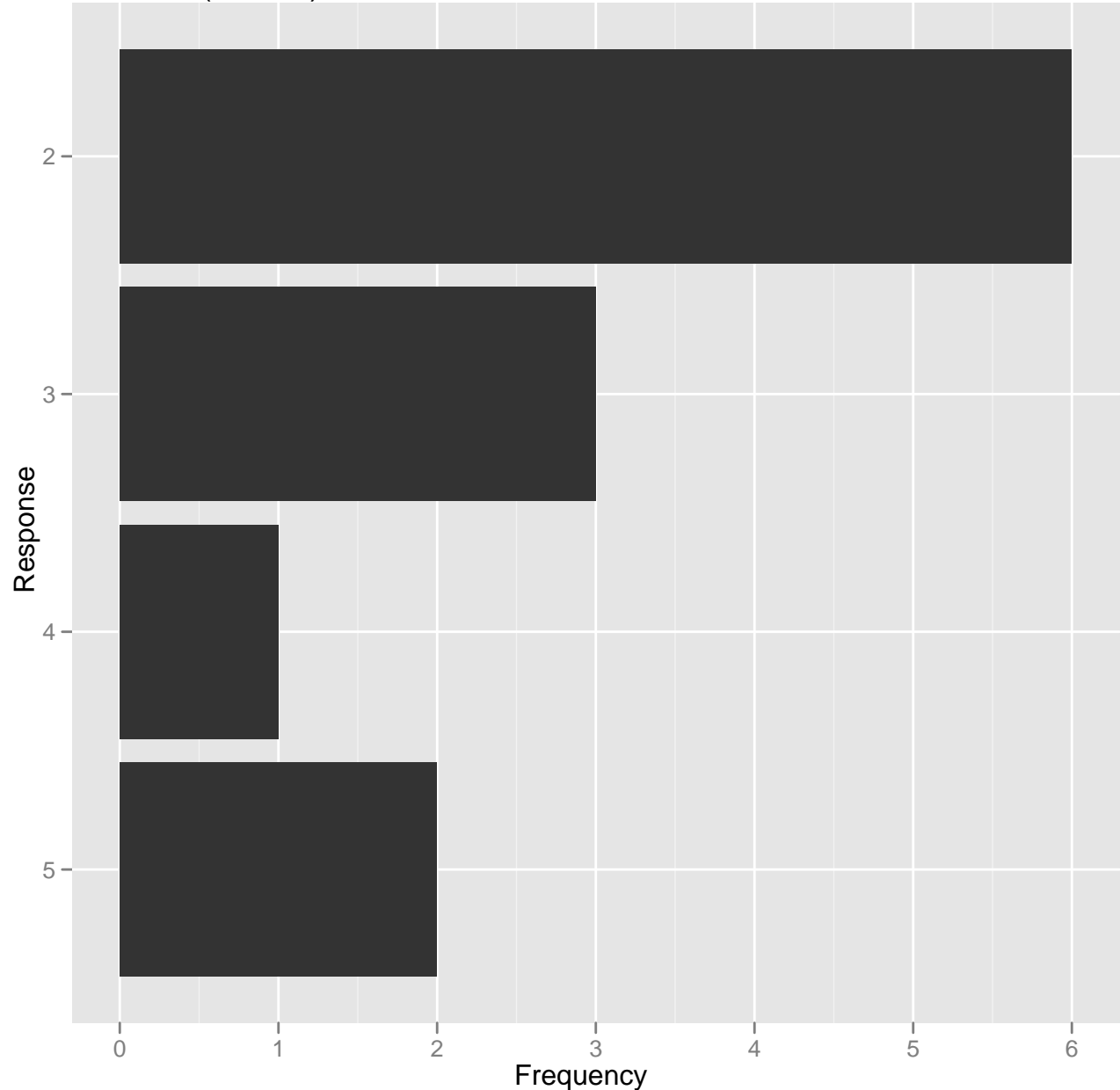
Q038 (Q17_4):I expect to use no pain medications during labor



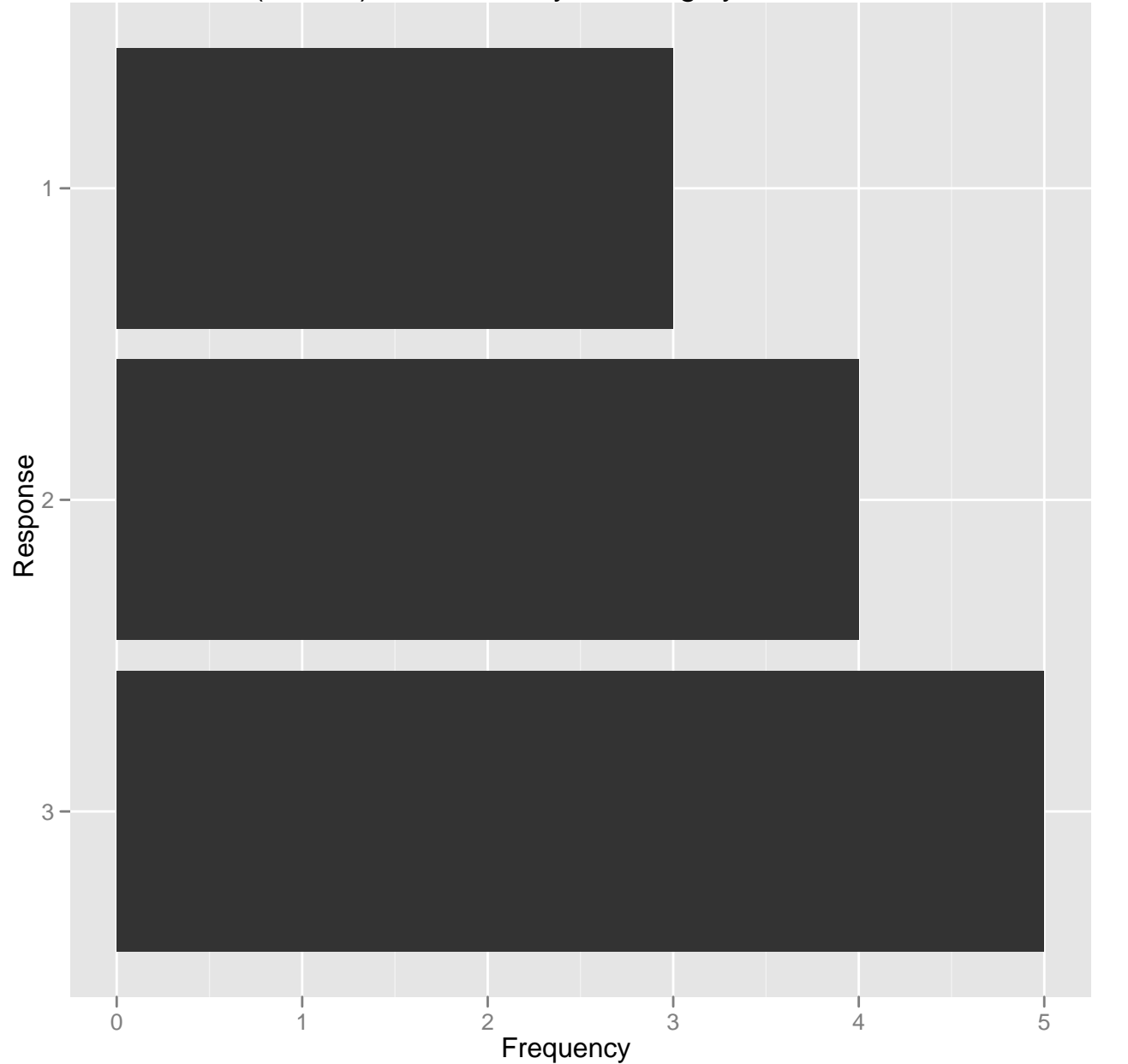
Q039 (Q17_5):I fear that my birth will not go exactly how I expect



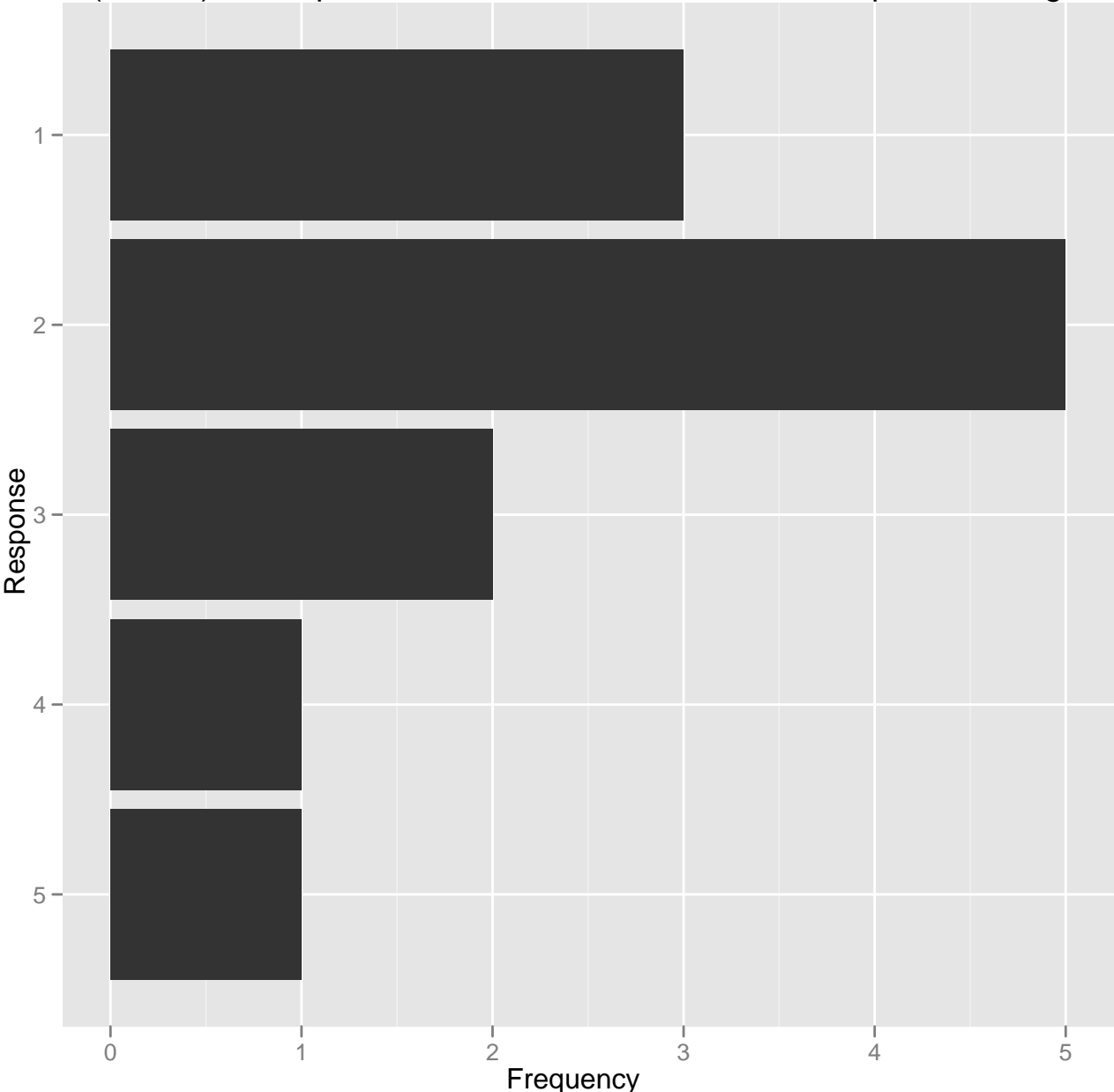
Q040 (Q17_6):I have an ideal of childbirth that I feel I must attain



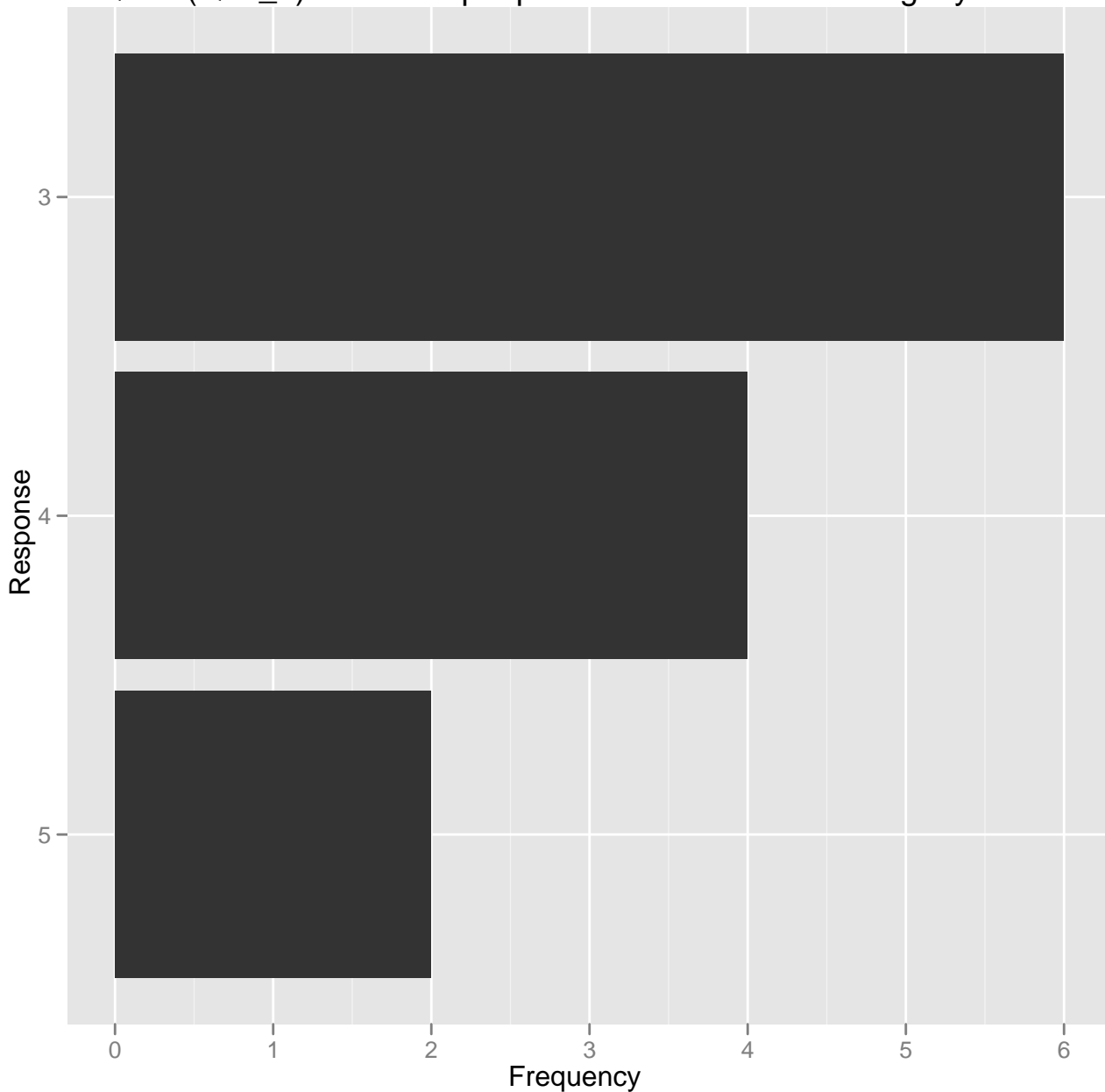
Q041 (Q17_7):I consider myself a highly intuitive woman



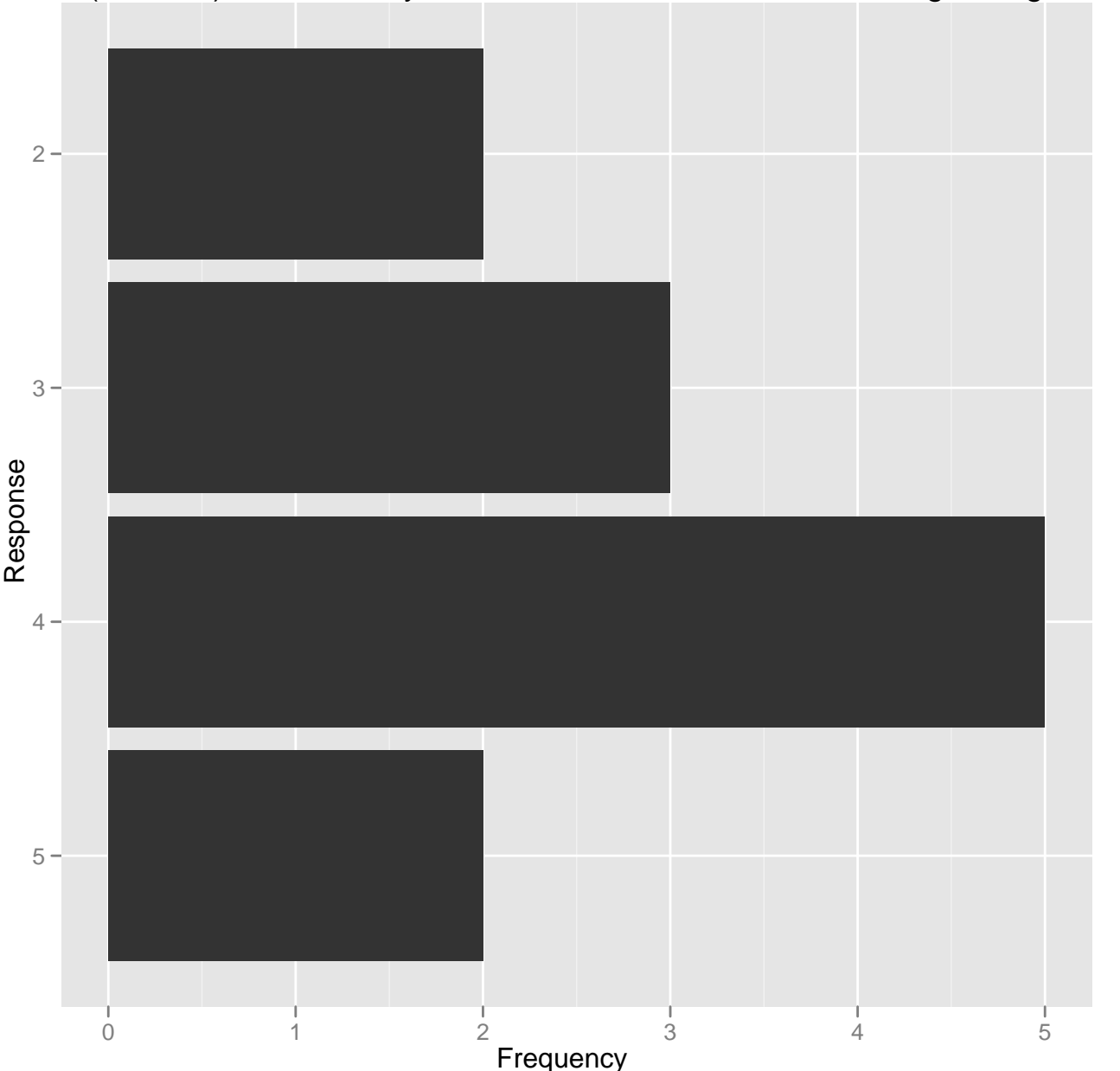
Q042 (Q17_8):It is important to me to remain calm and composed during labor



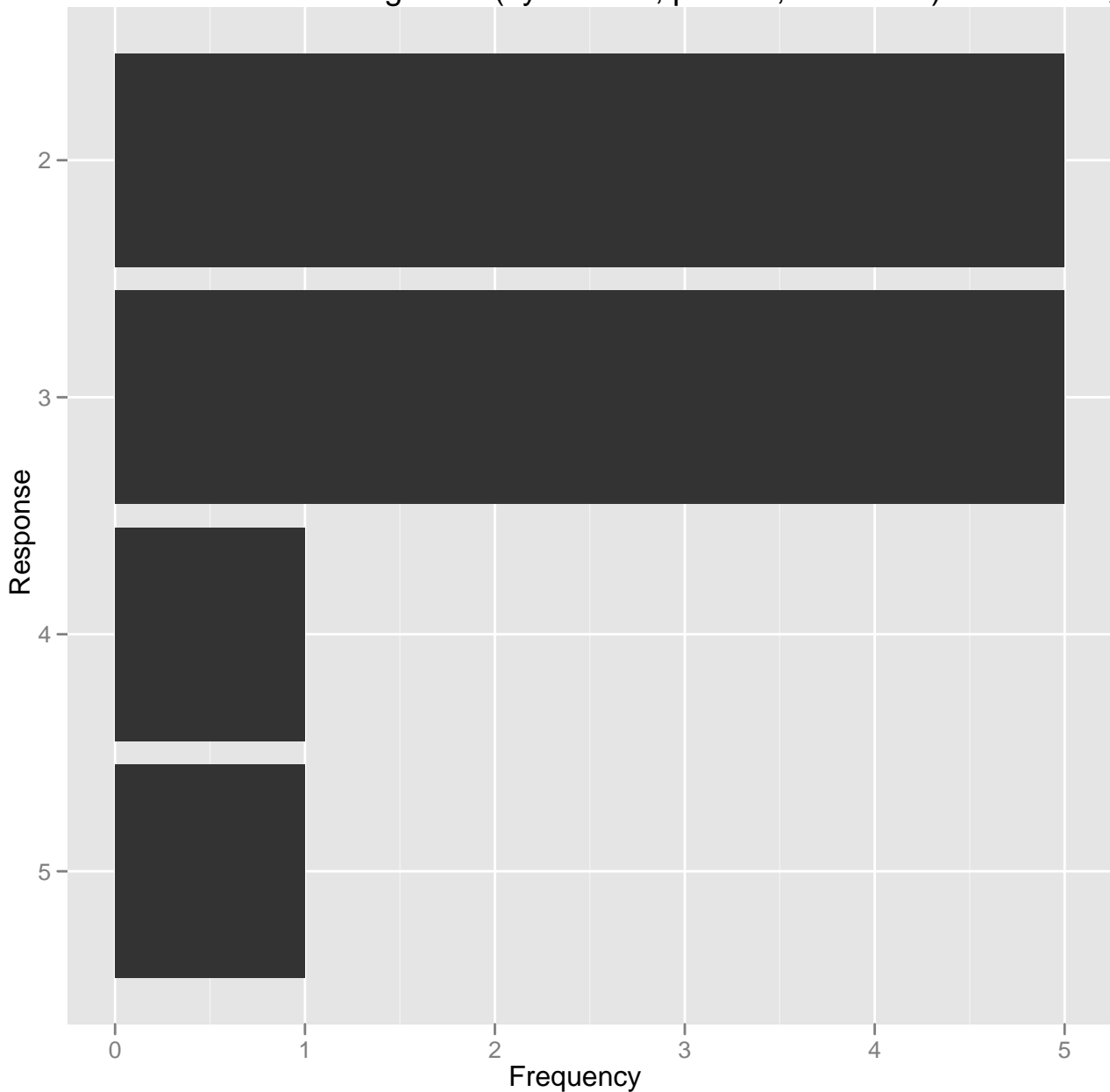
Q043 (Q17_9):I fear that people will talk too much during my labor



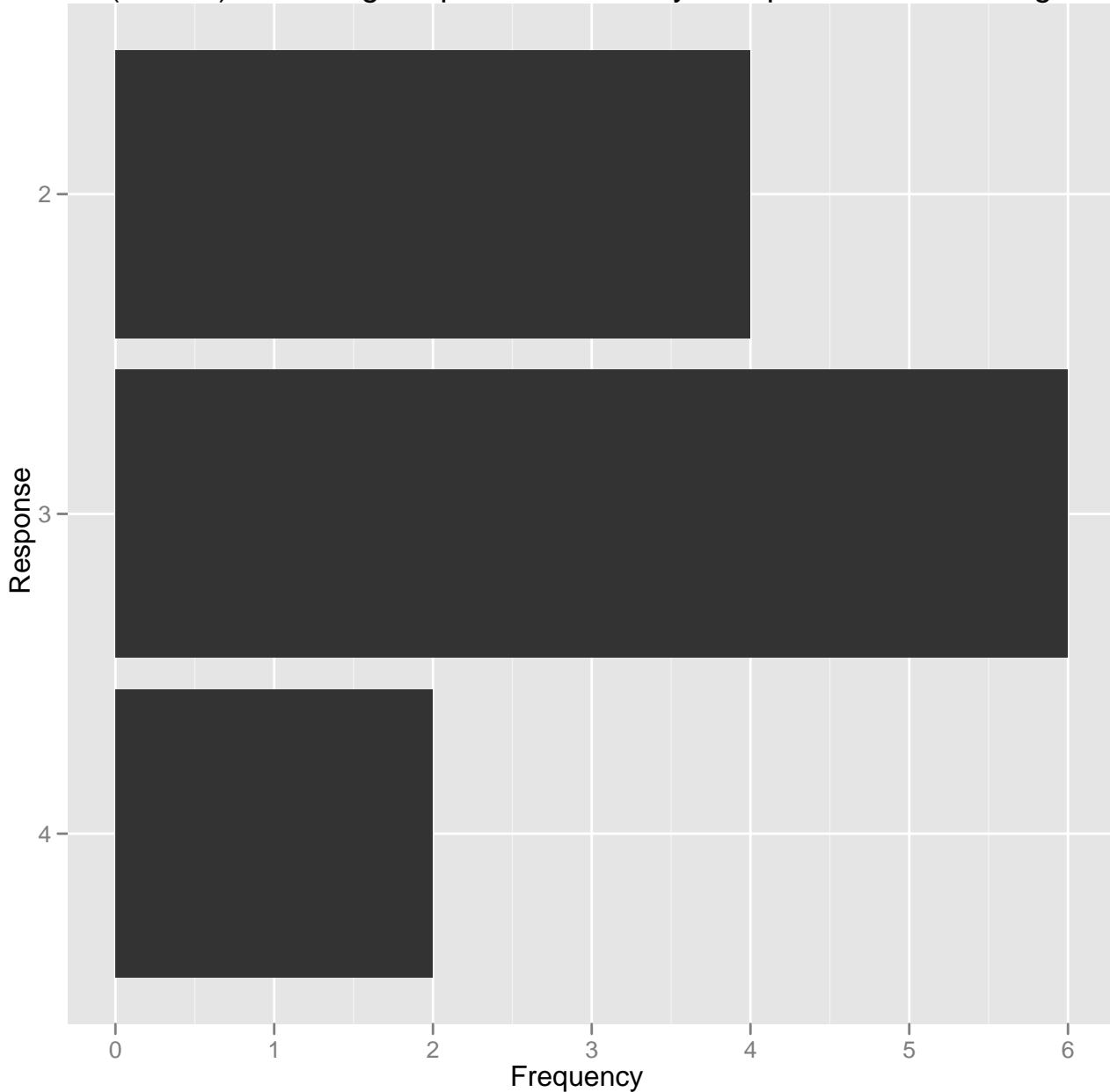
Q044 (Q17_10):I fear that my emotions will become overwhelming during labor



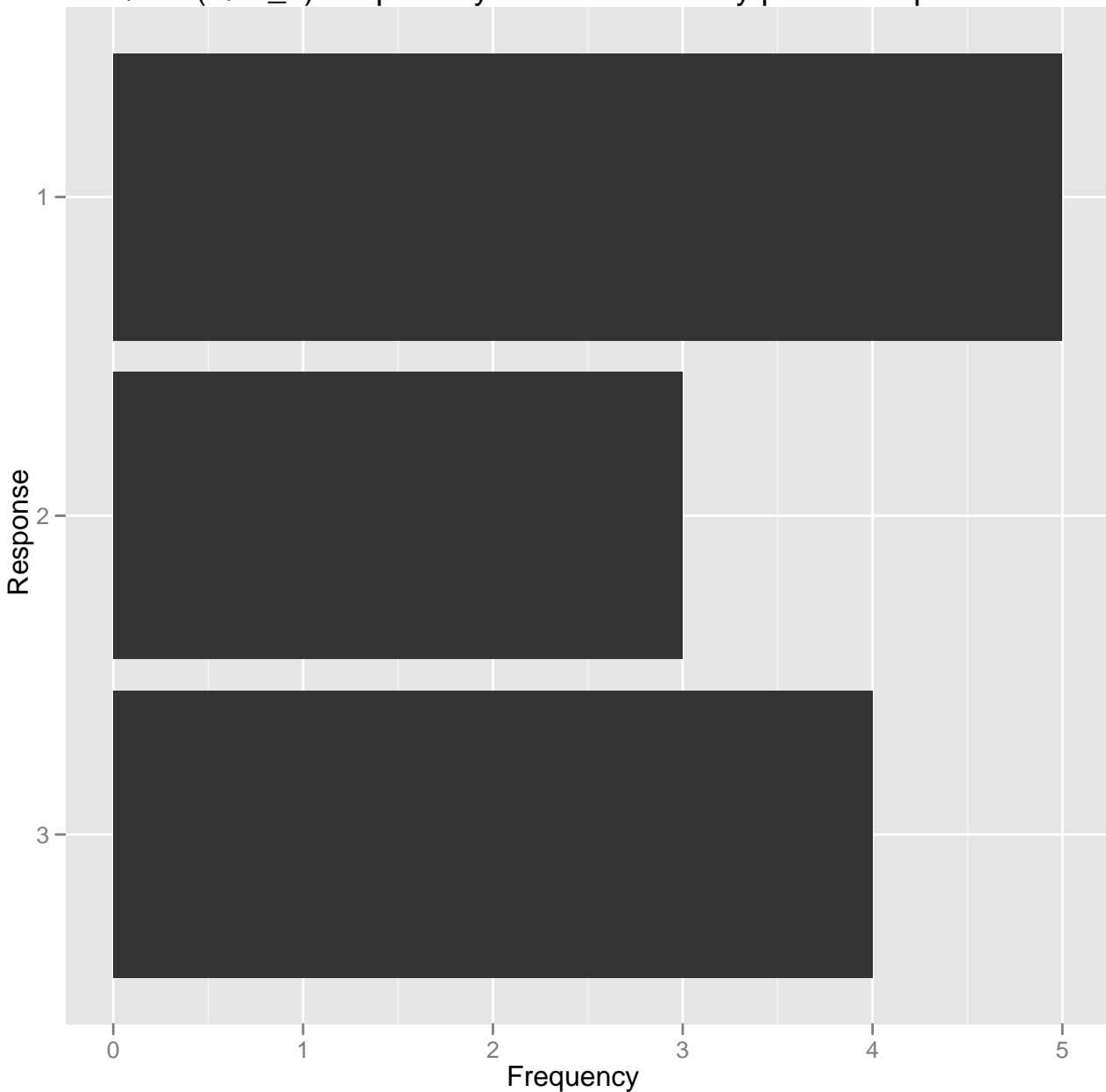
ill need to be coached during labor (by a doula, partner, midwife...) in order to give



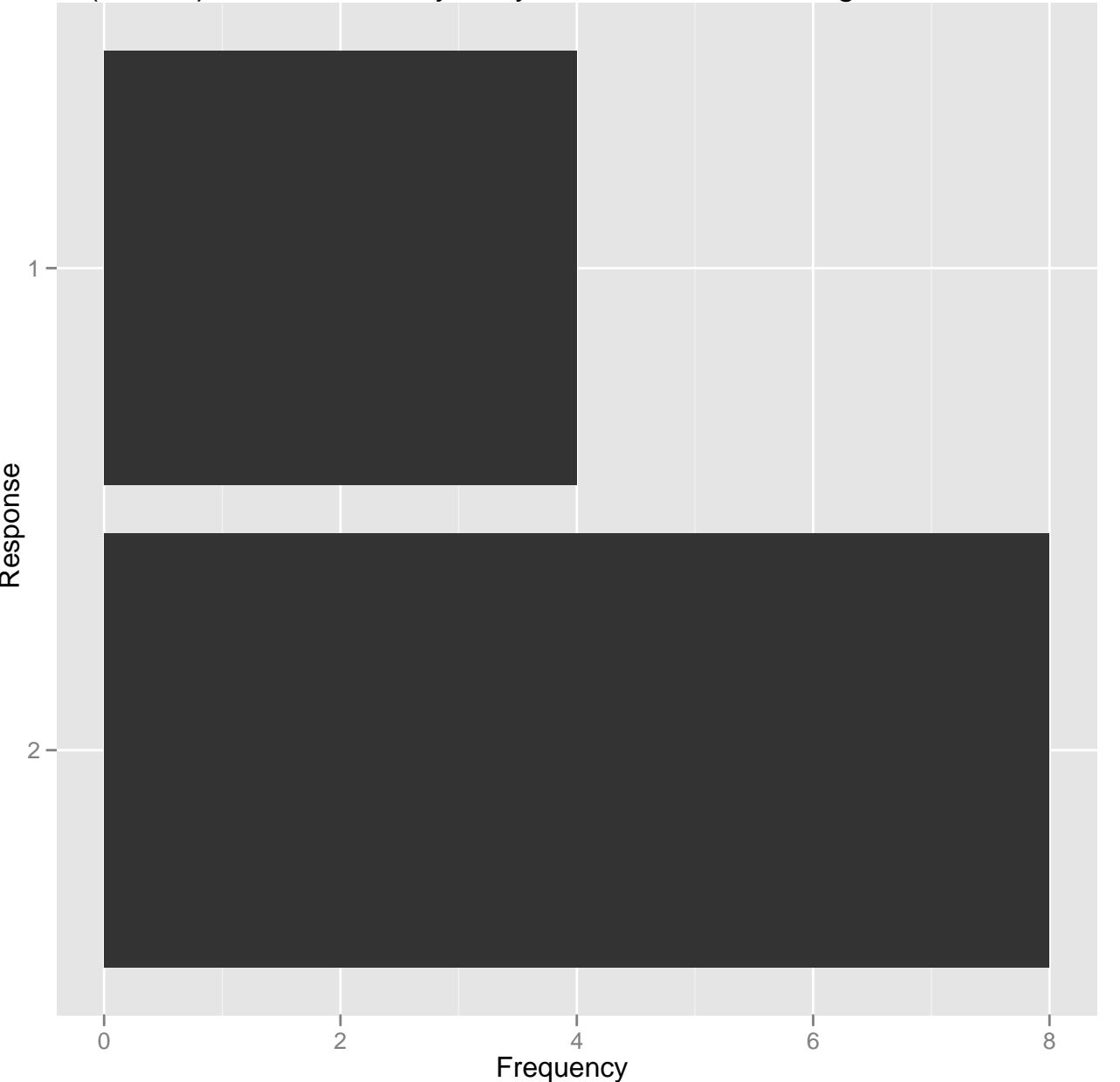
Q046 (Q18_2):I have high expectations for my own performance during labor



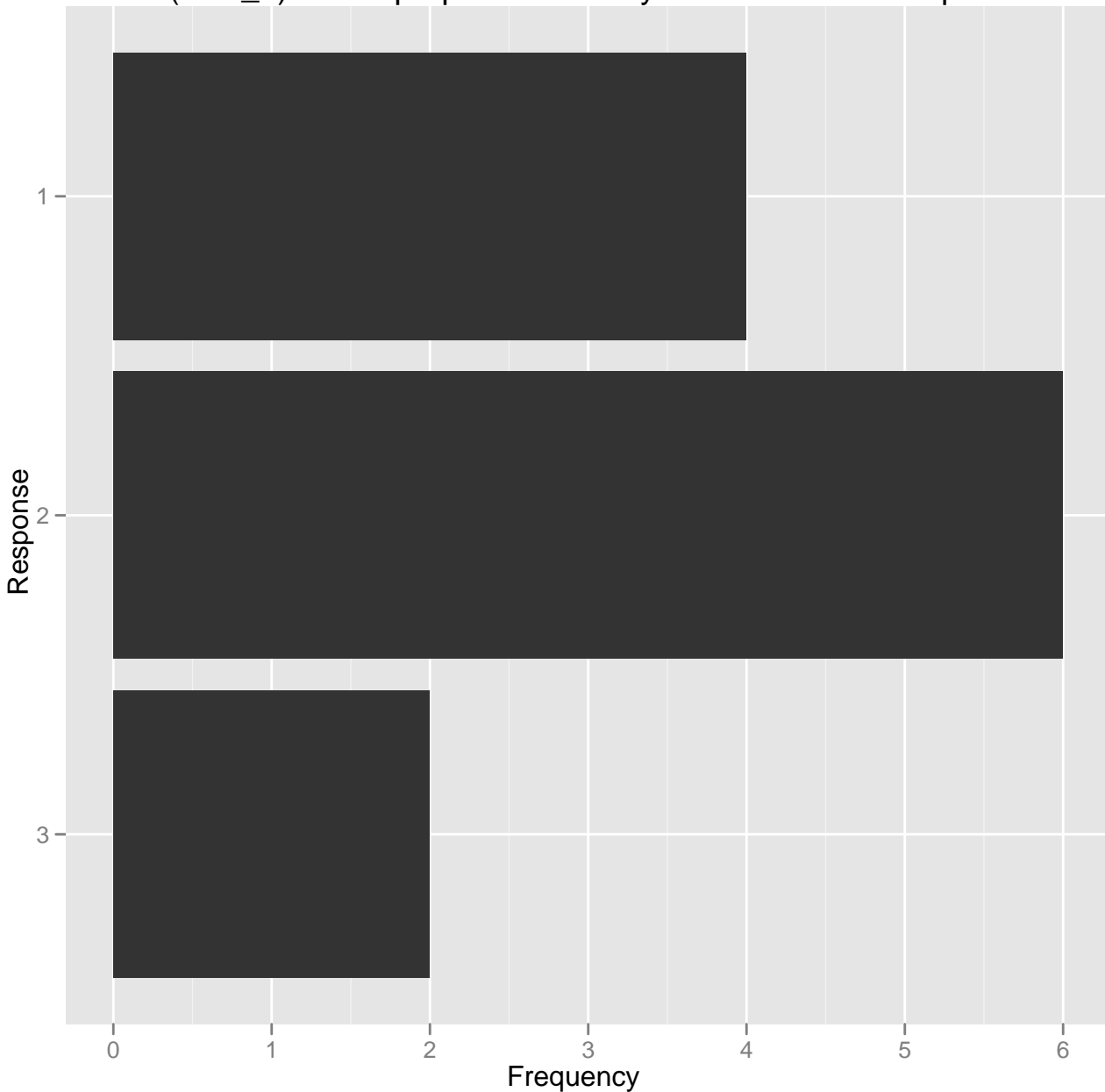
Q047 (Q18_3):I expect my labor to be a very positive experience



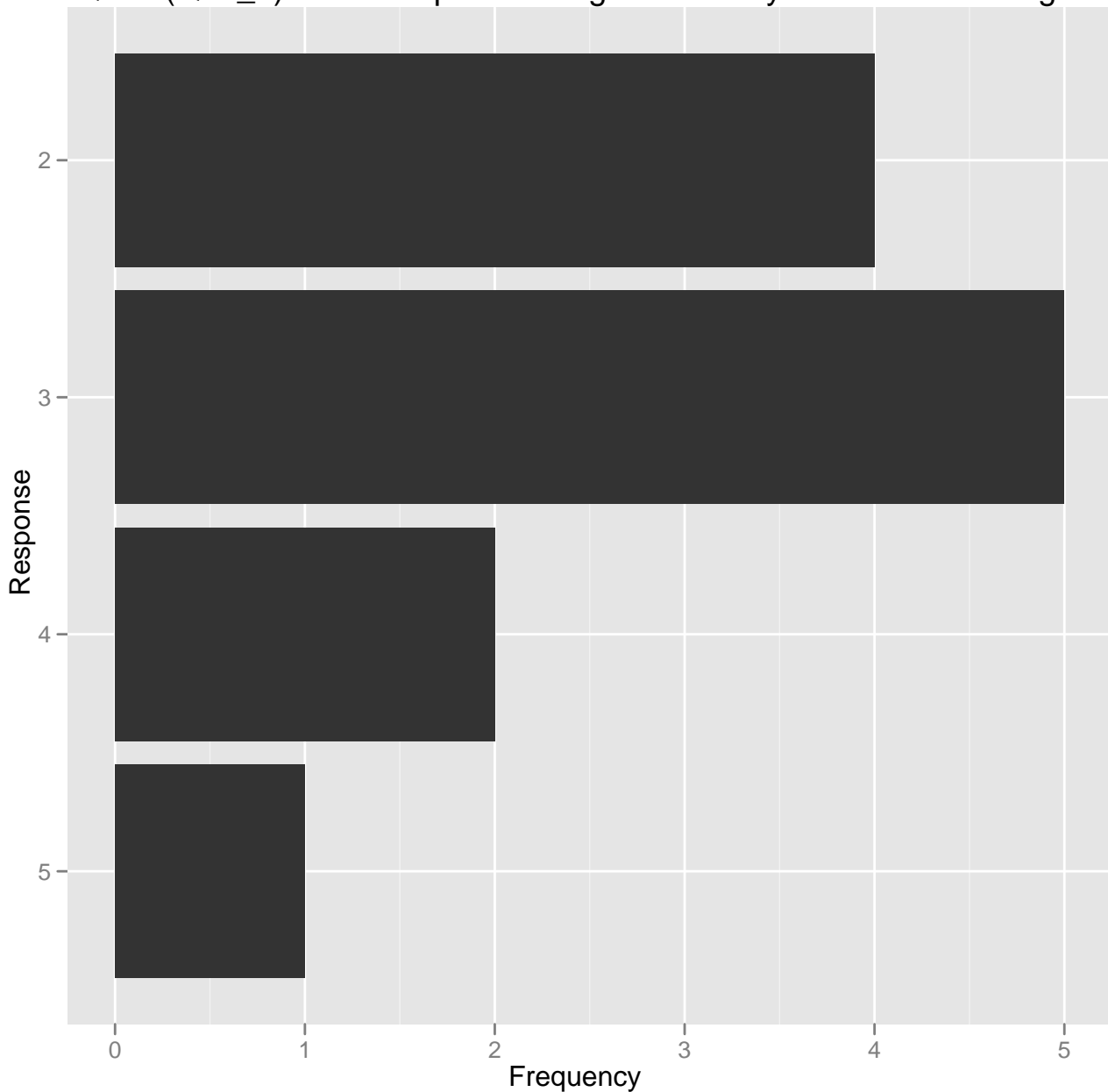
Q048 (Q18_4):I believe that my body holds the wisdom to give birth on its own



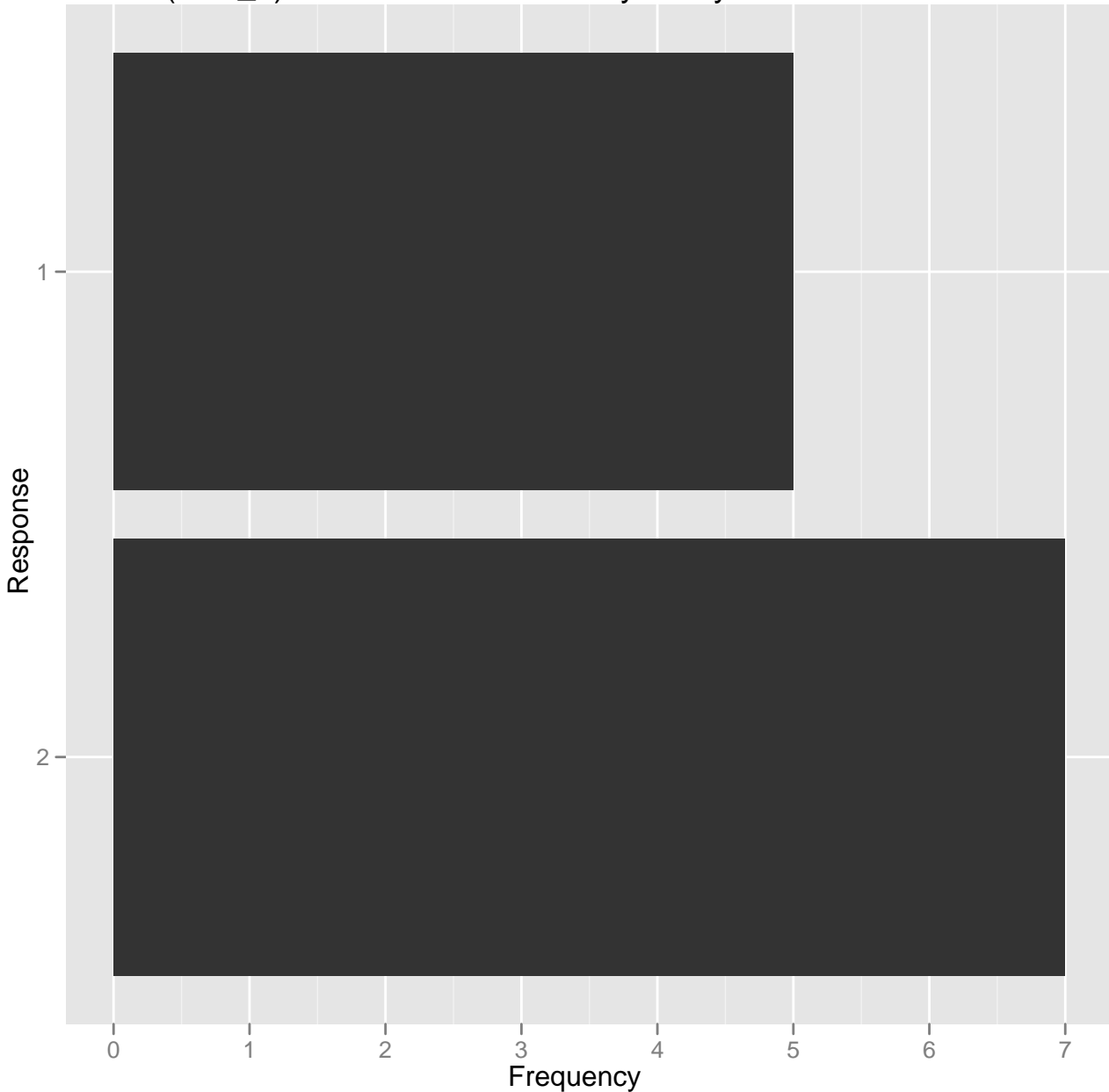
Q049 (Q18_5):I have prepared mentally for the childbirth experience



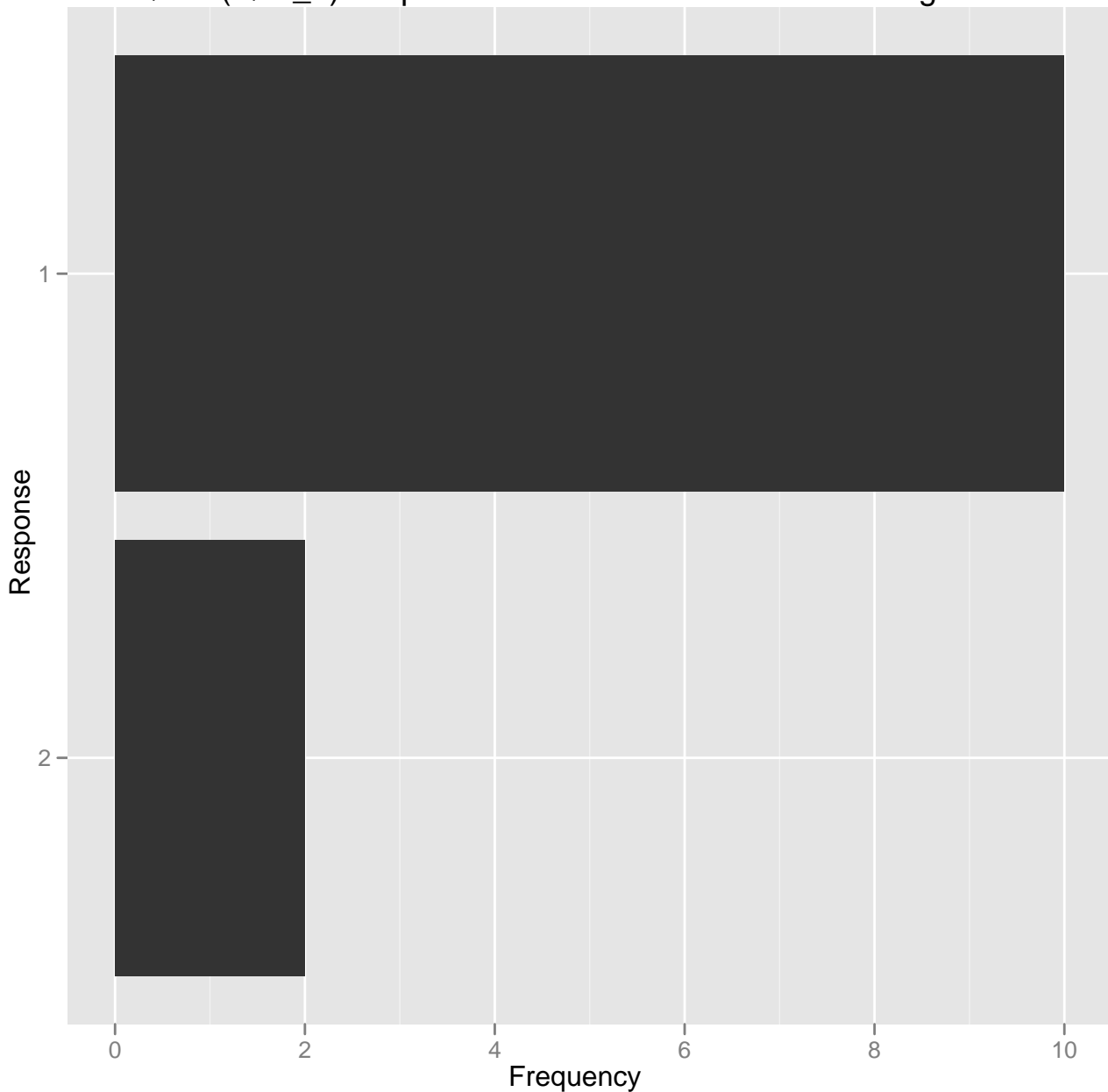
Q050 (Q18_6):I have a specific image of how my childbirth should go



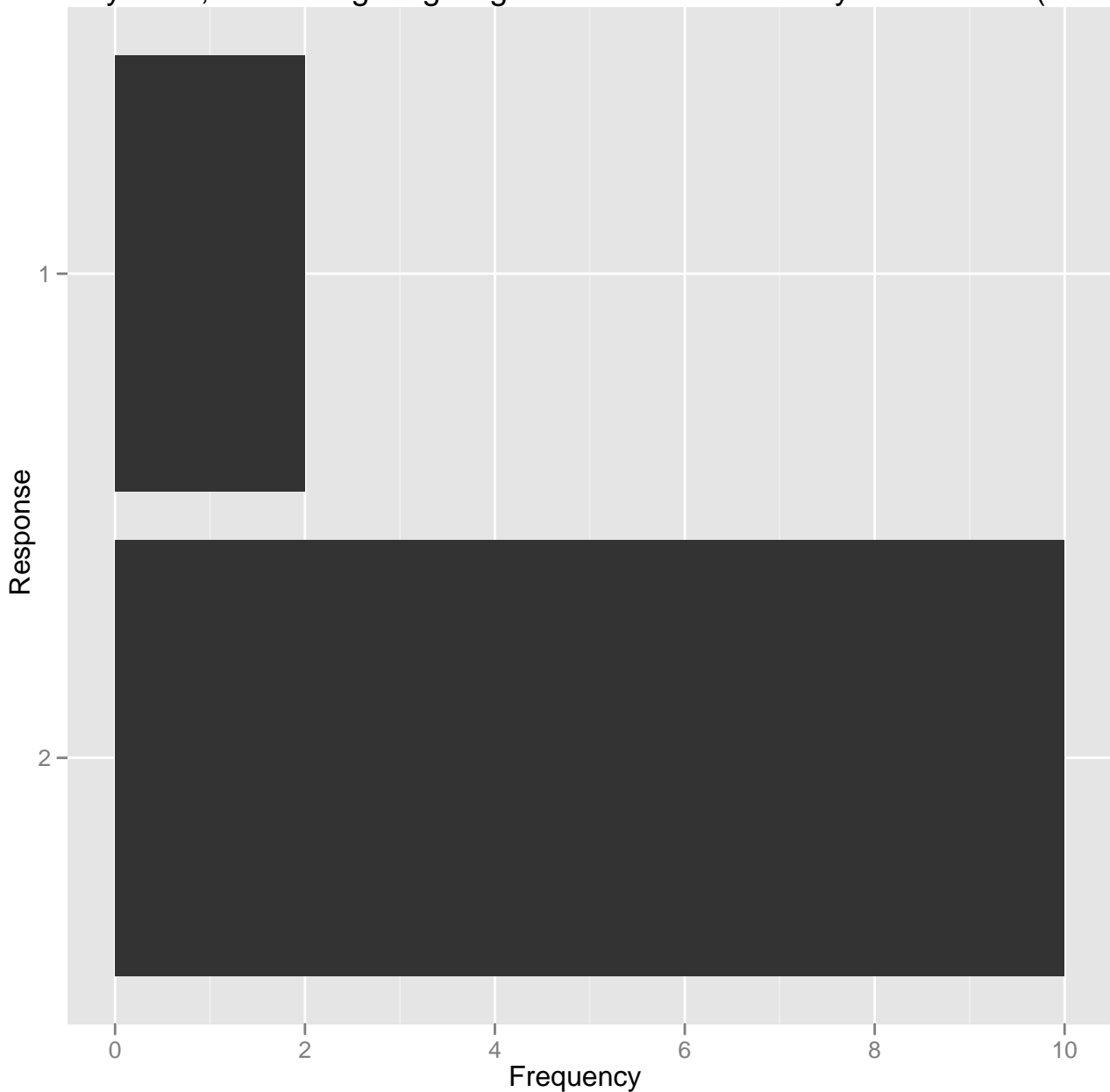
Q051 (Q18_7):I have confidence in my ability to succeed in childbirth



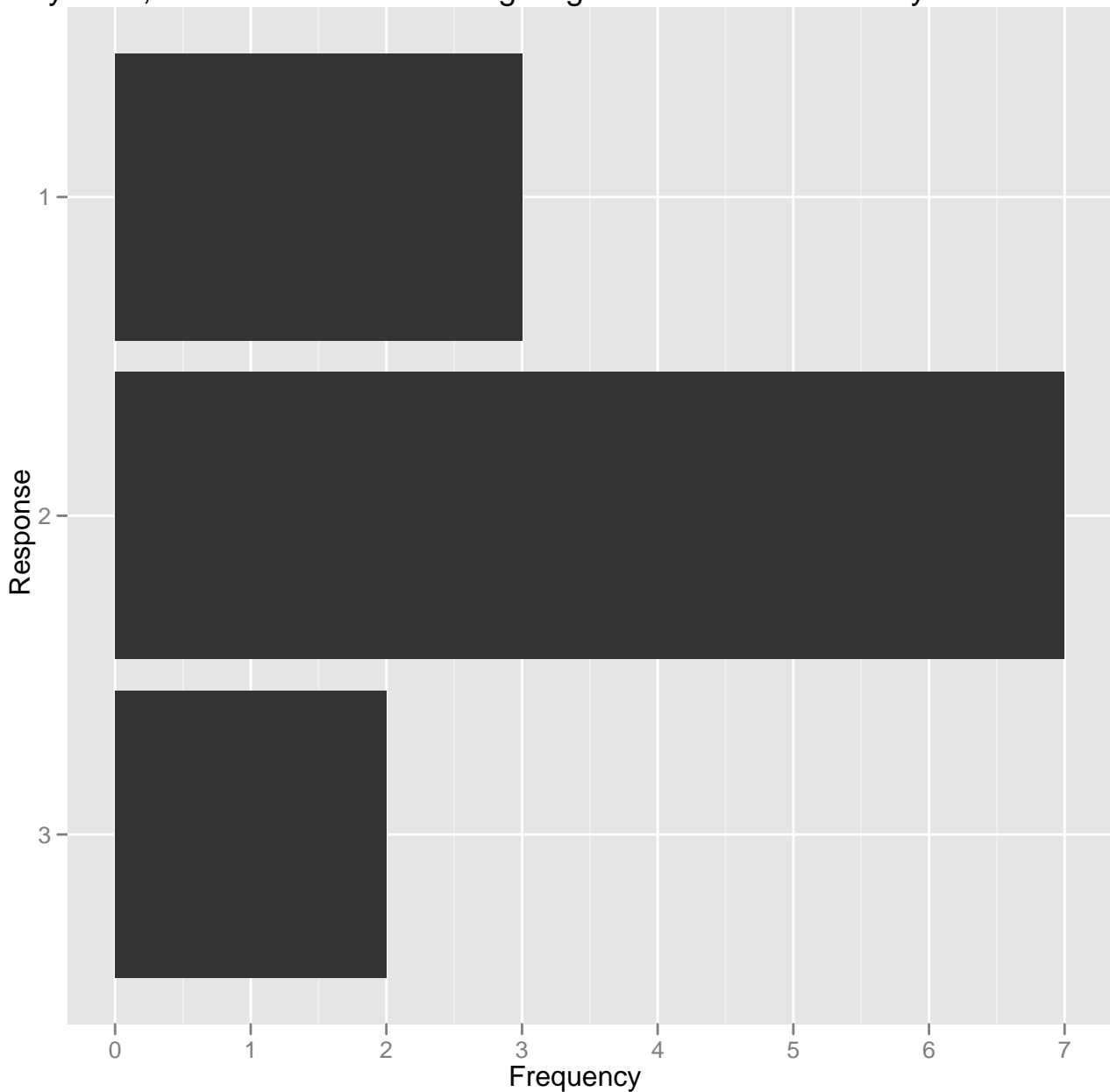
Q052 (Q18_8):I expect to move around the room during labor



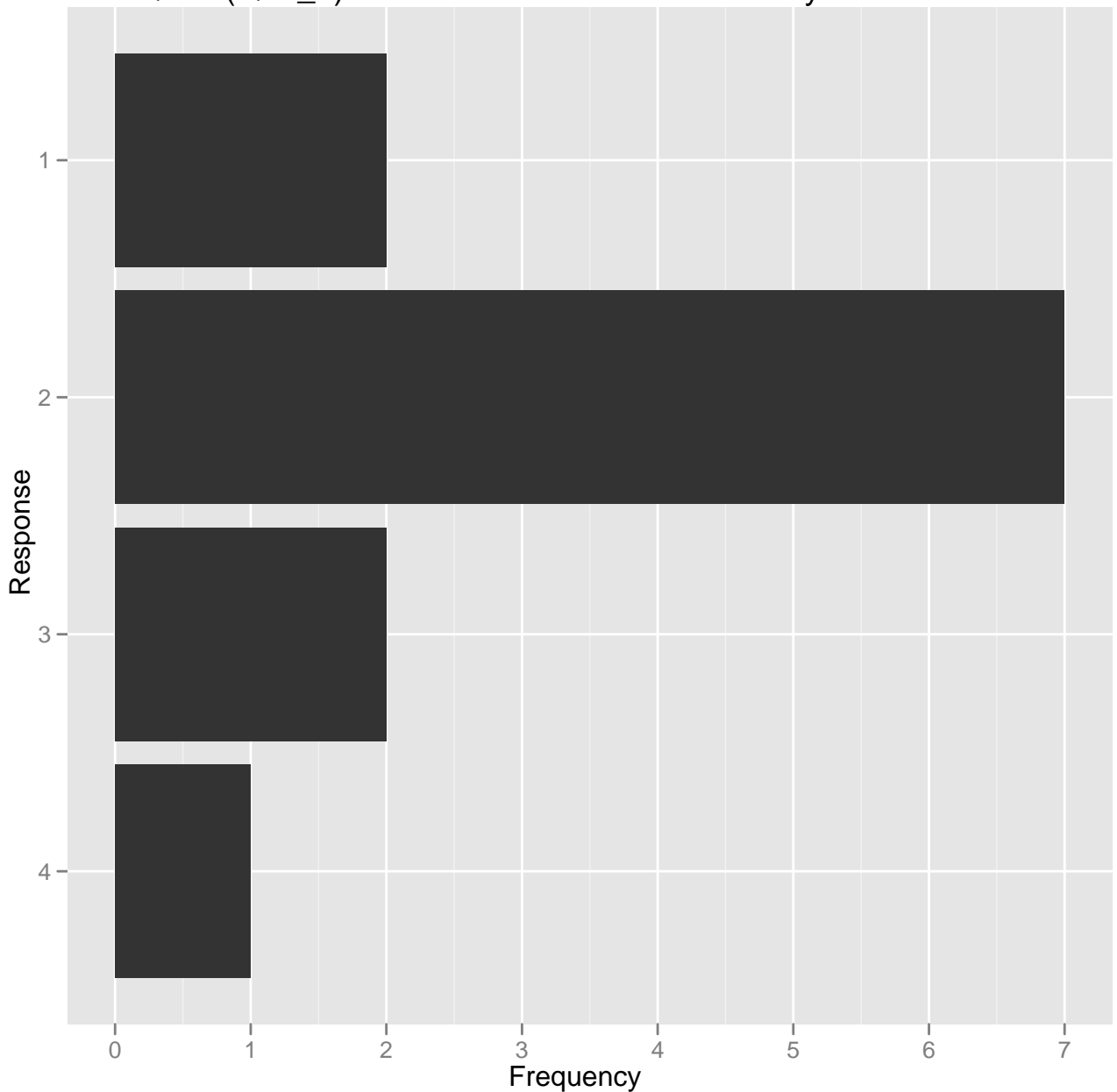
...s not my ideal, I can imagine giving birth at one of a variety of locations (home, b



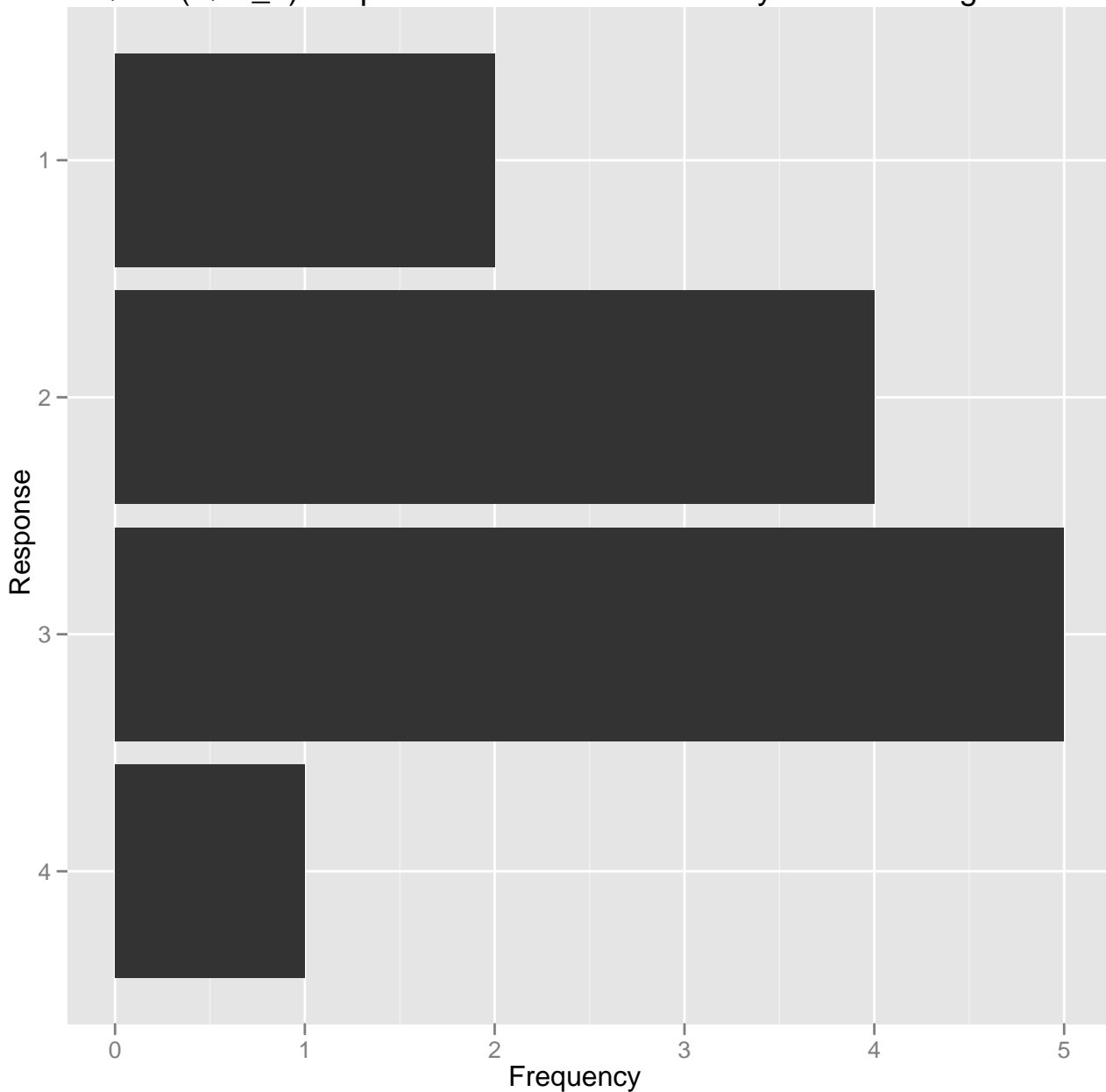
ot my ideal, I would be comfortable giving birth at one of a variety of locations (hor



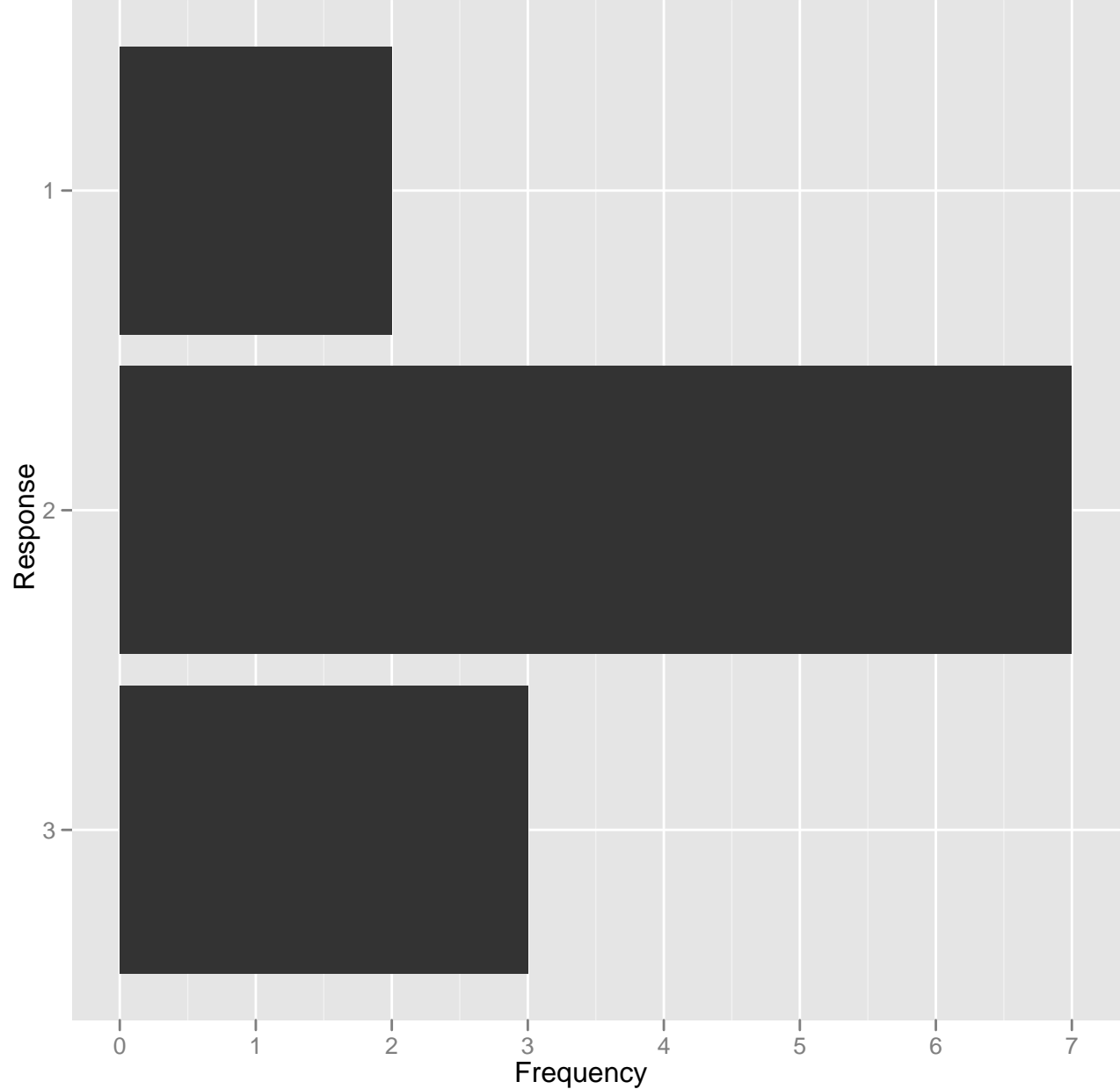
Q055 (Q19_1):I am confident that I will ...be myself... in labor



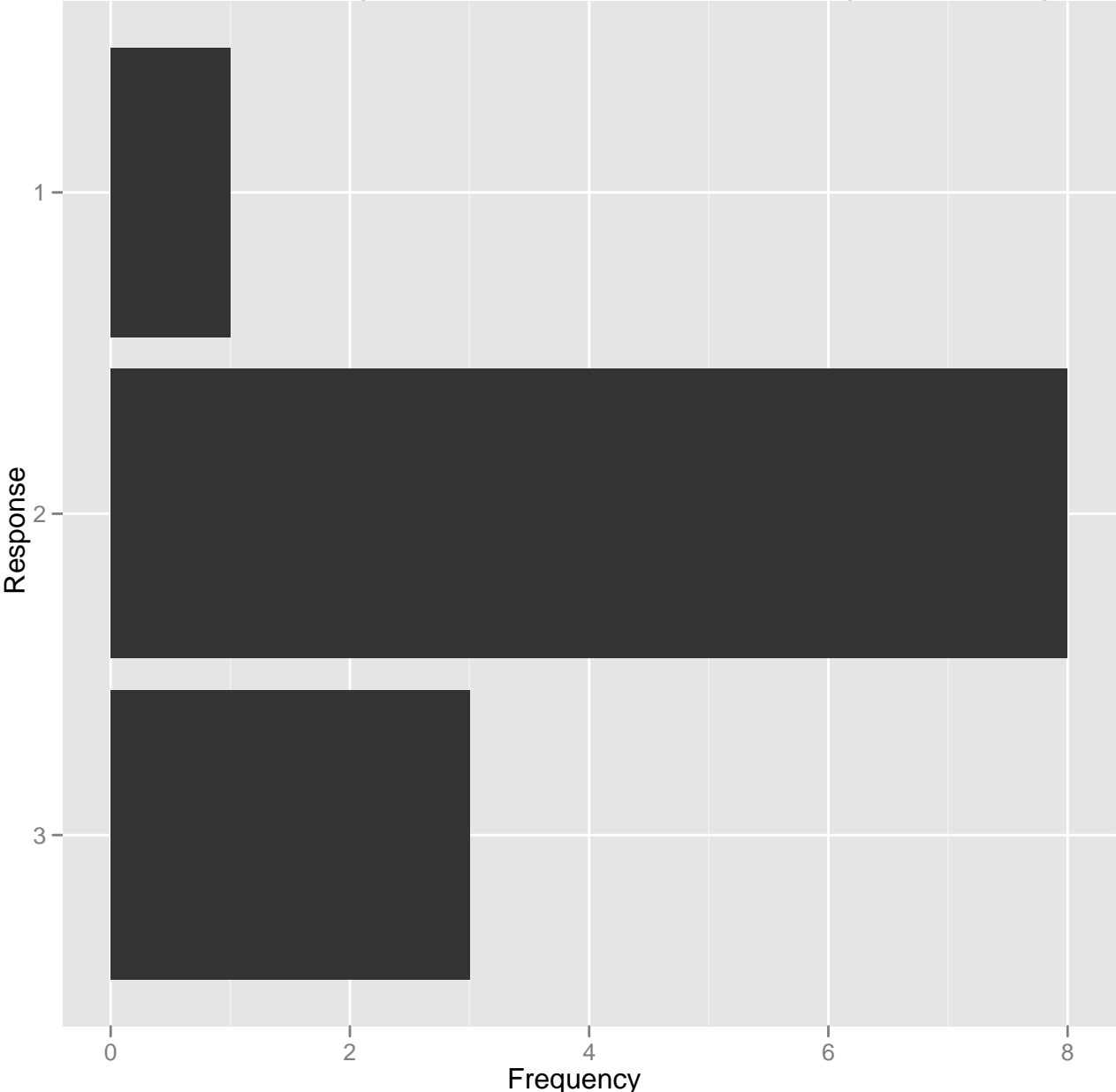
Q056 (Q19_2):I expect to feel uninhibited in my noises during labor



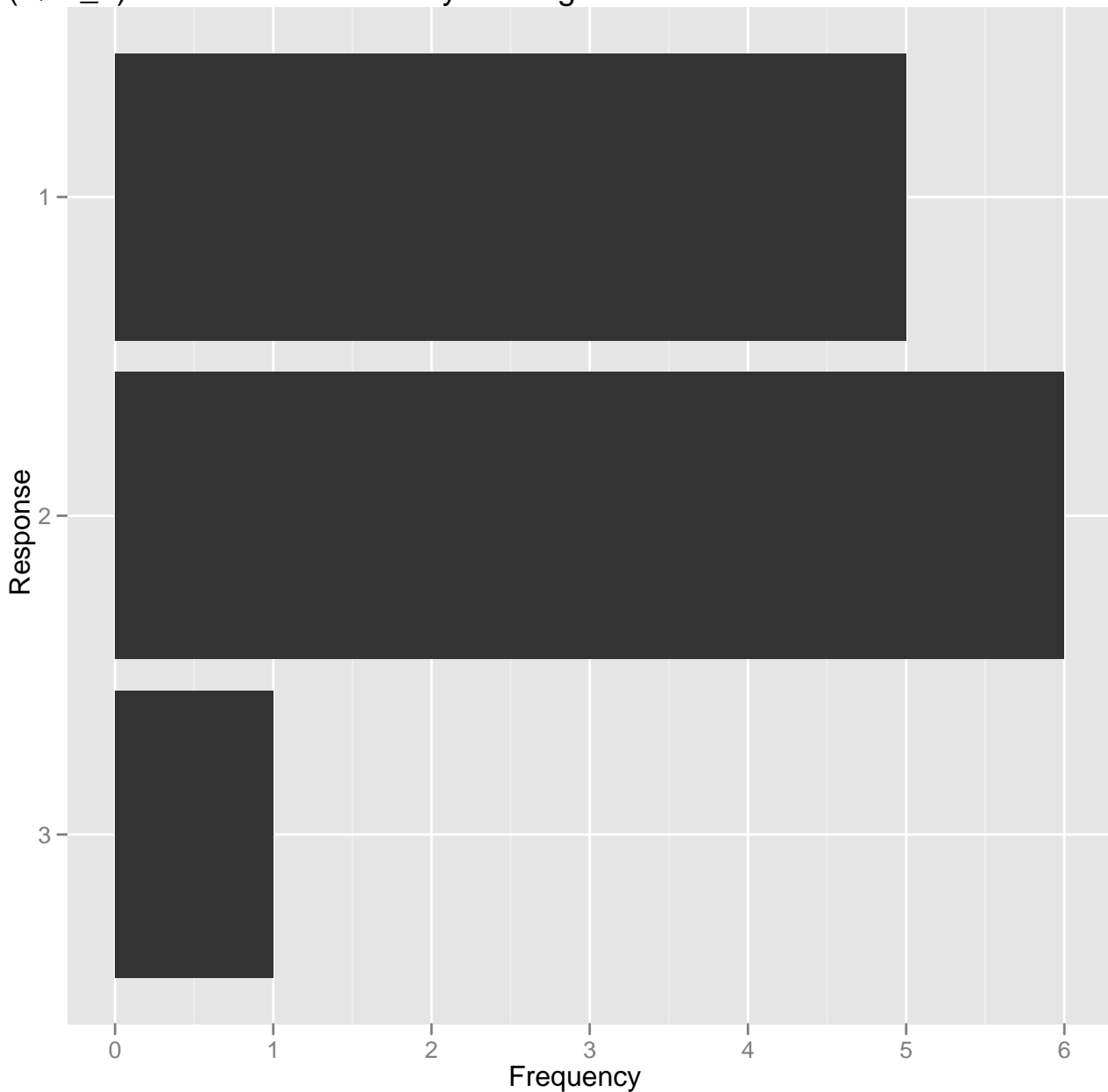
Q057 (Q19_3):I have prepared physically for the childbirth experience



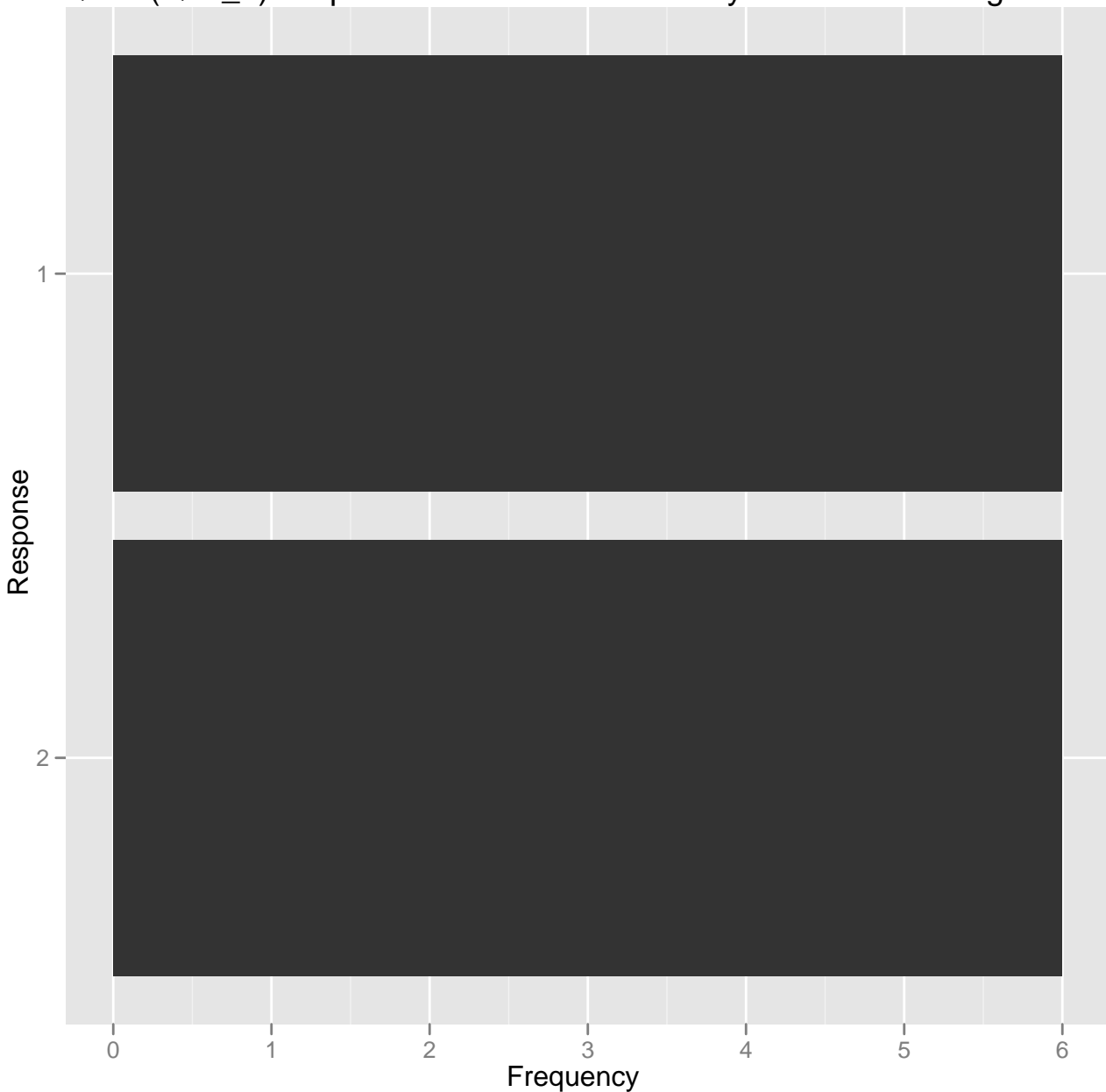
Q058 (Q19_4):I have high expectations for my own coping ability during labor



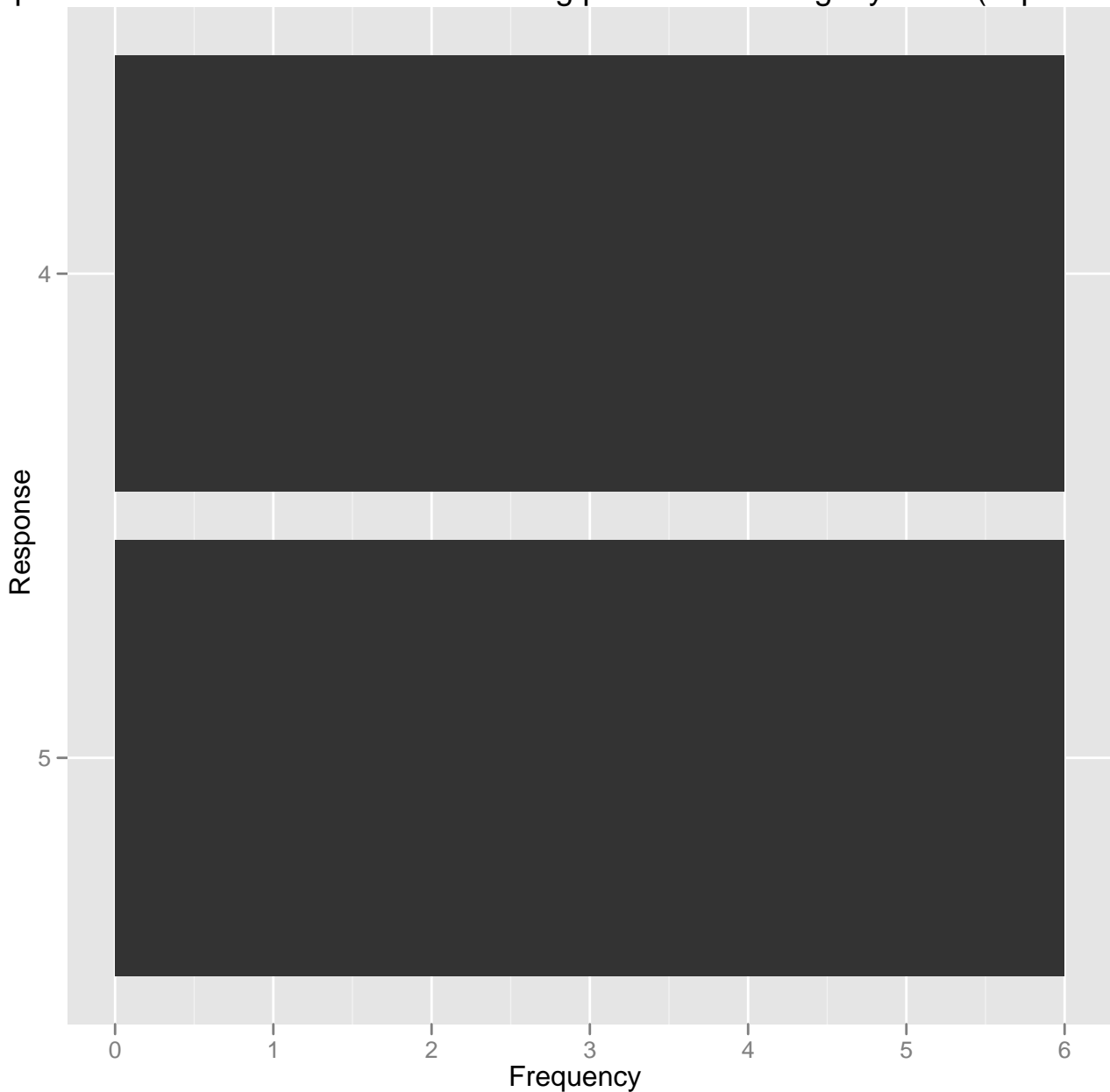
9 (Q19_5):I am confident that my birthing environment will be comfortable and rela



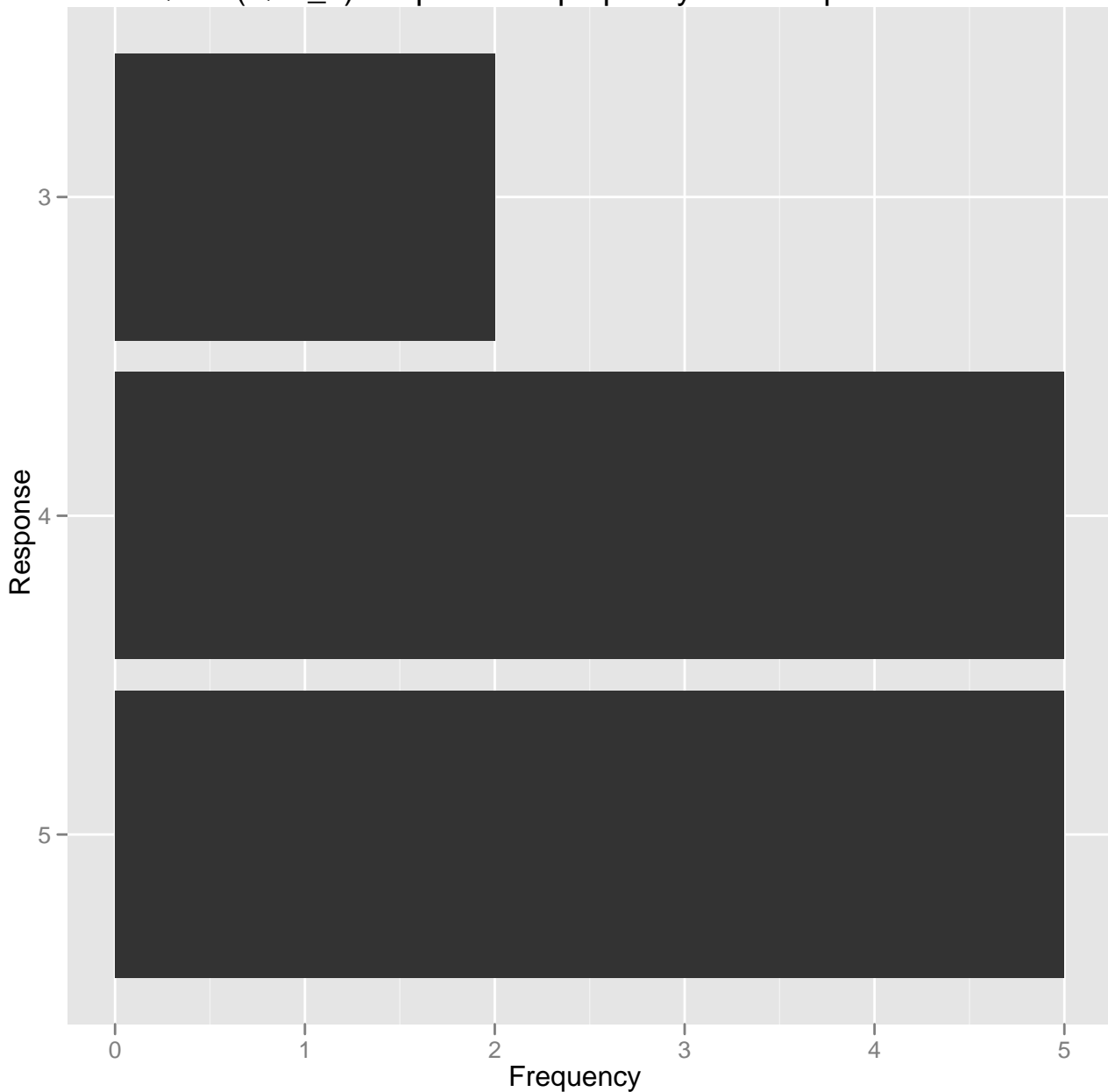
Q060 (Q19_6): I expect to feel uninhibited in my movement during labor



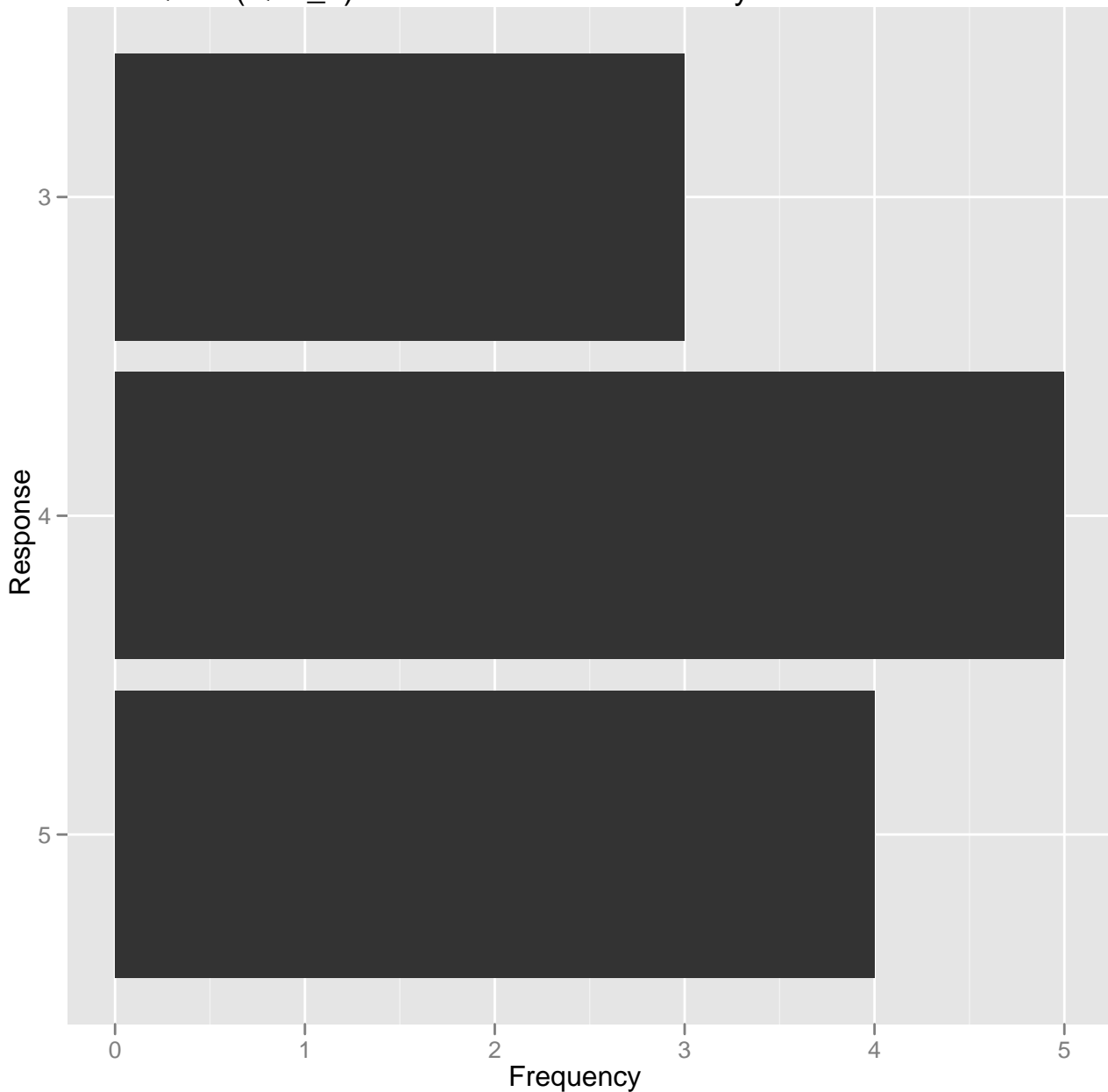
expect to be involved in decision-making processes during my labor (especially re



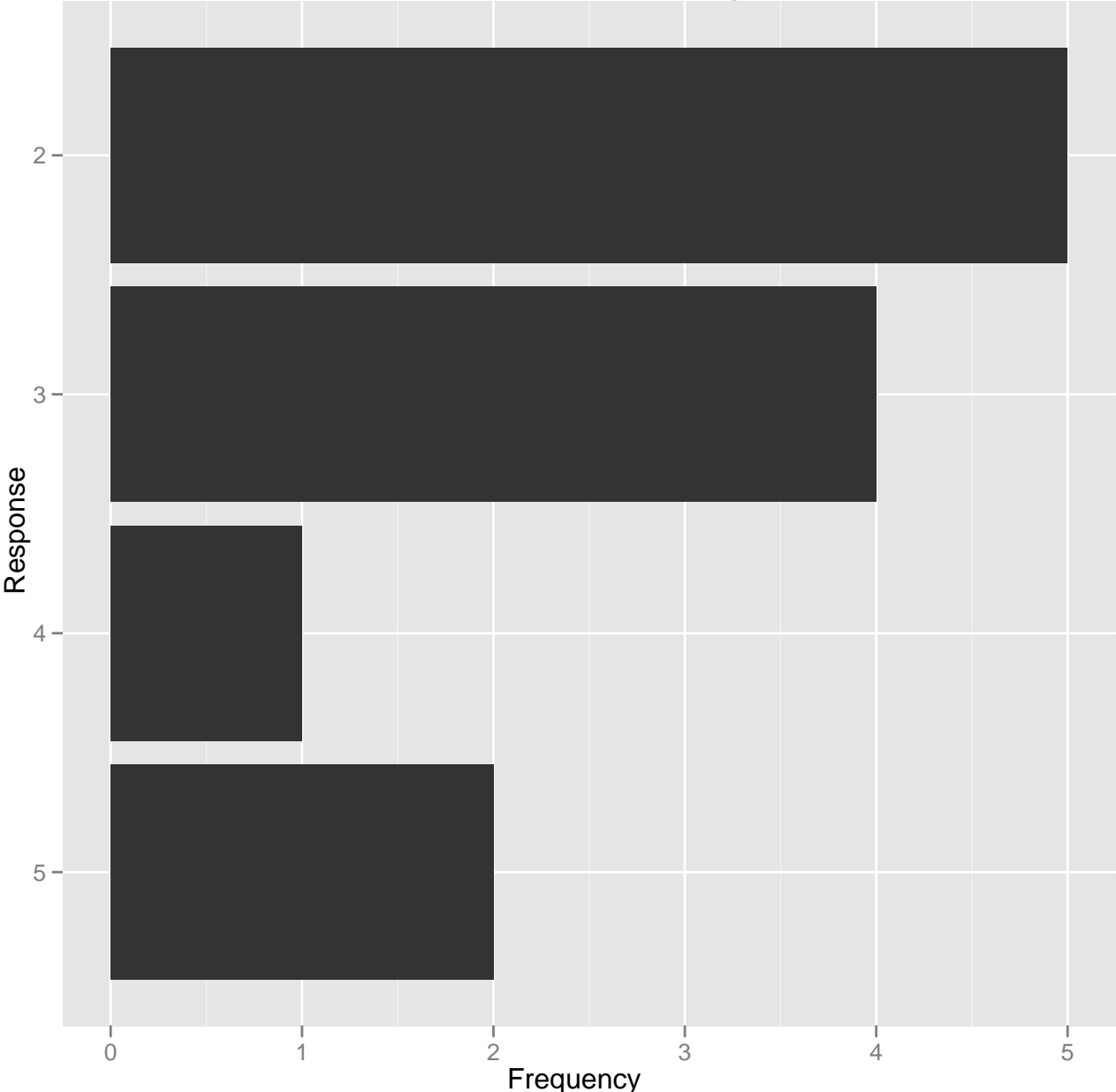
Q062 (Q19_8):I expect to cope poorly with the pain of labor



Q063 (Q19_9):I am afraid that I will let myself down in labor



Q064 (Q20):I expect my labor to be ____ hours long (from active labor to birth)



Expect my partner to be present for the birth (Partner can mean a romantic partner

Response

1

0

2

4

6

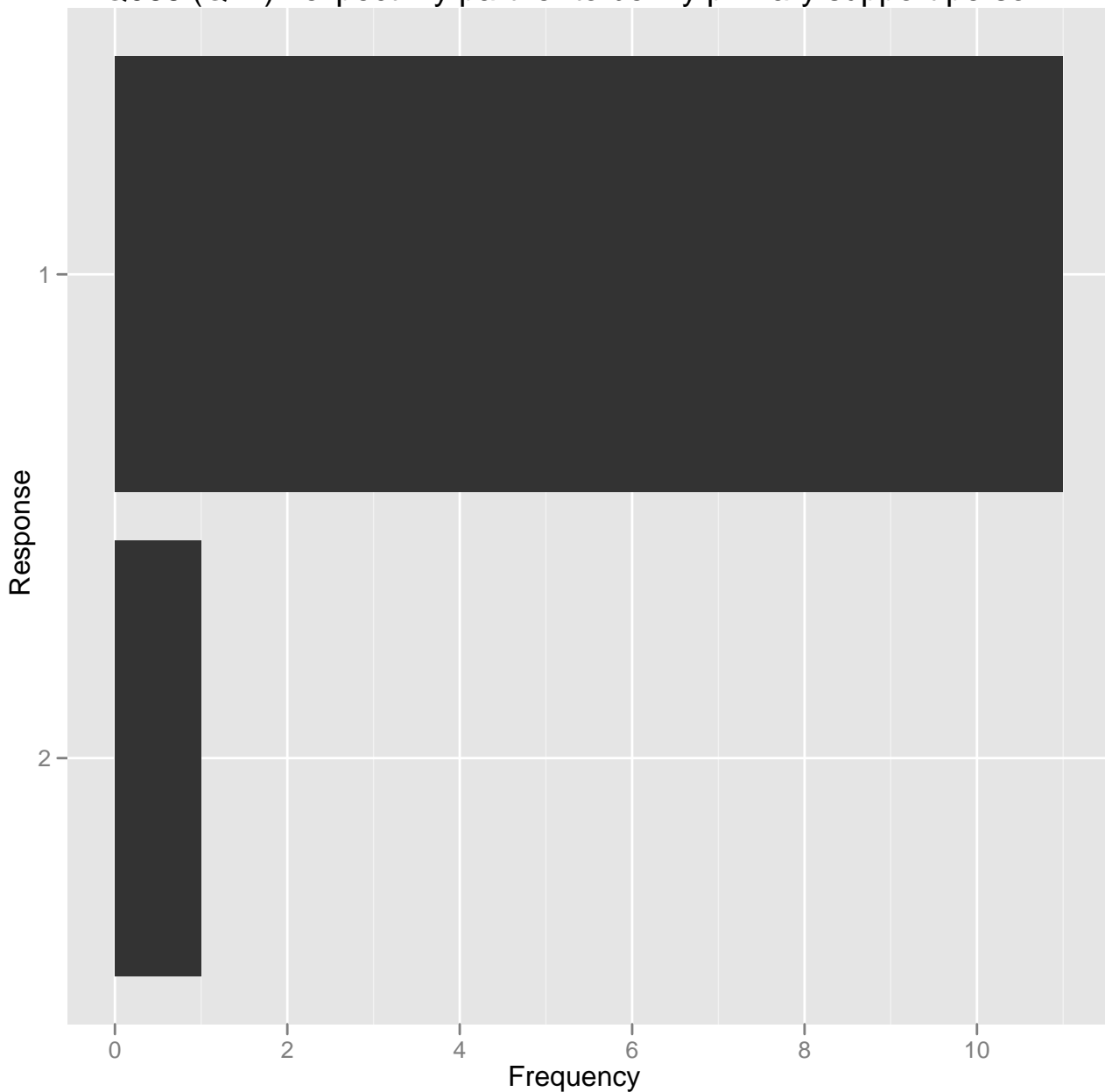
8

10

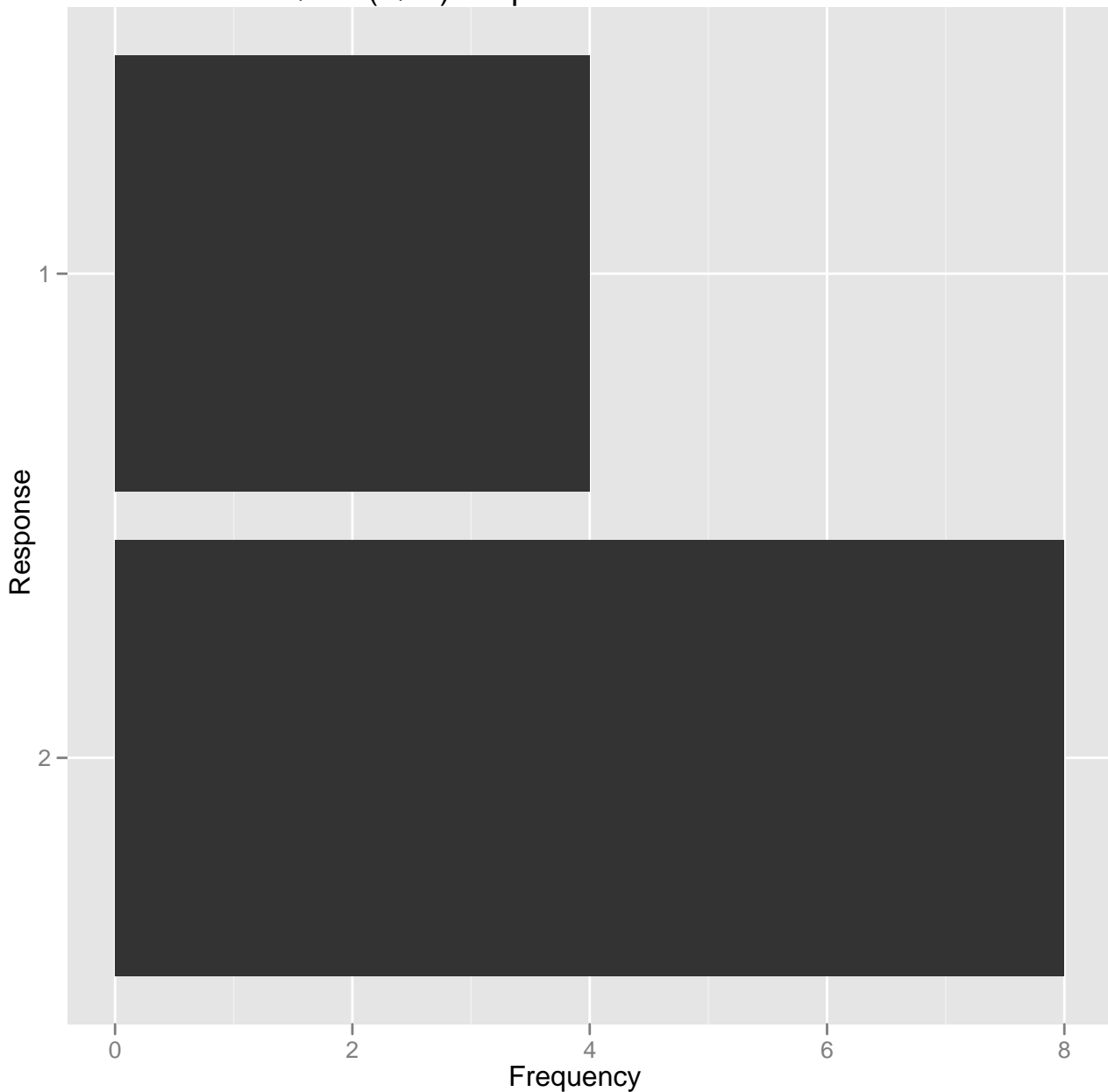
12

Frequency

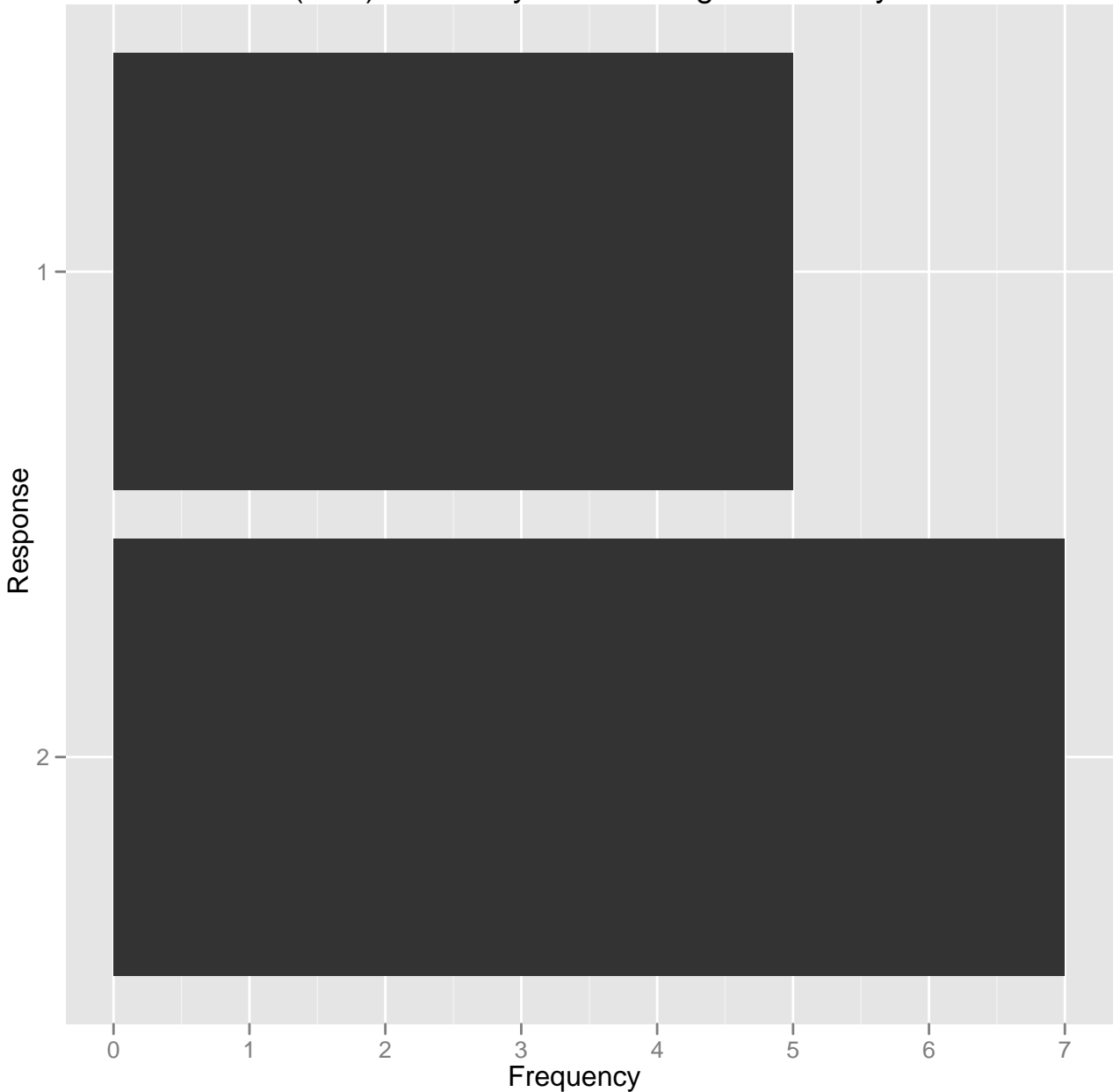
Q066 (Q22):I expect my partner to be my primary support person



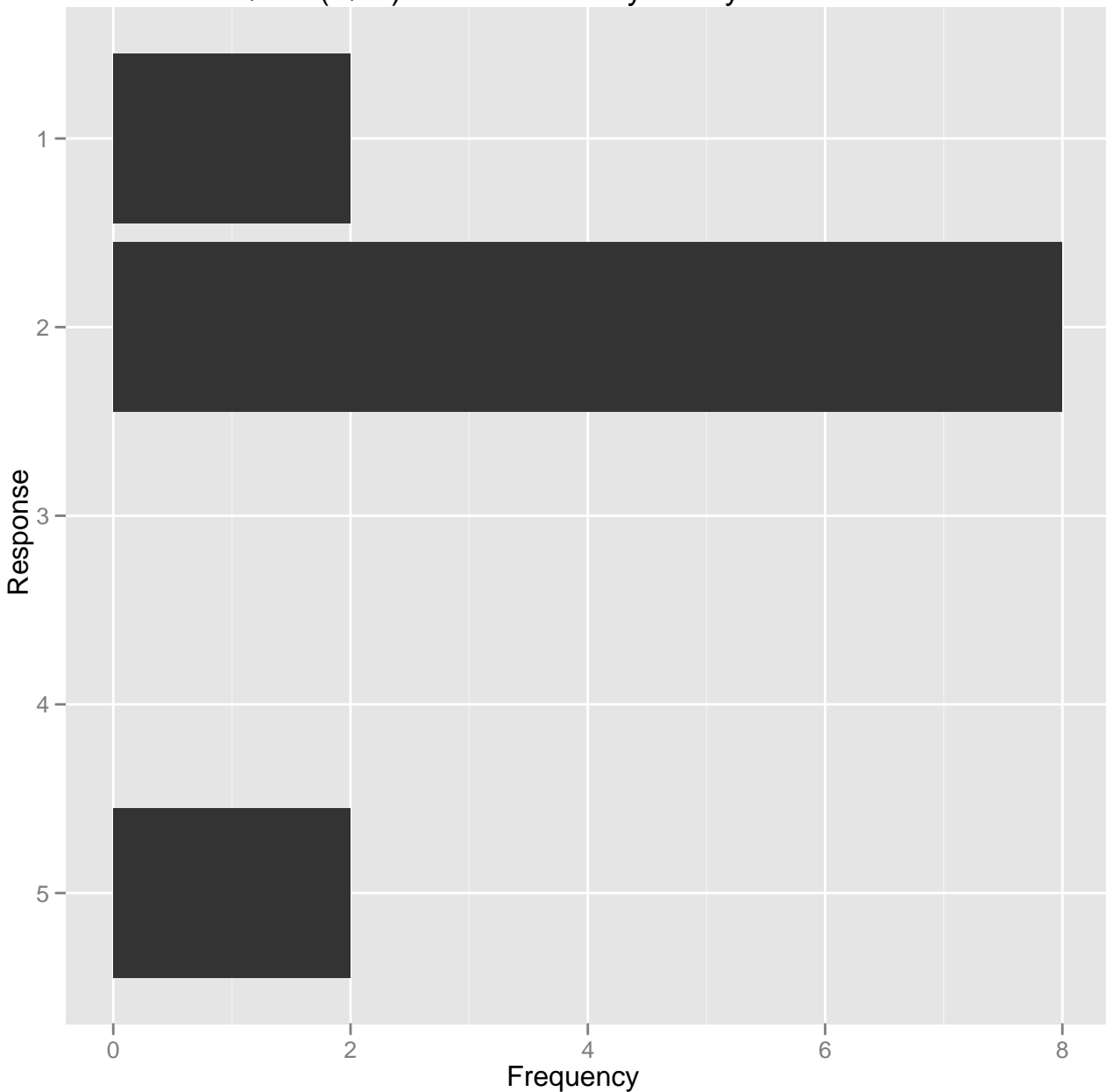
Q067 (Q23):I expect to work with a doula



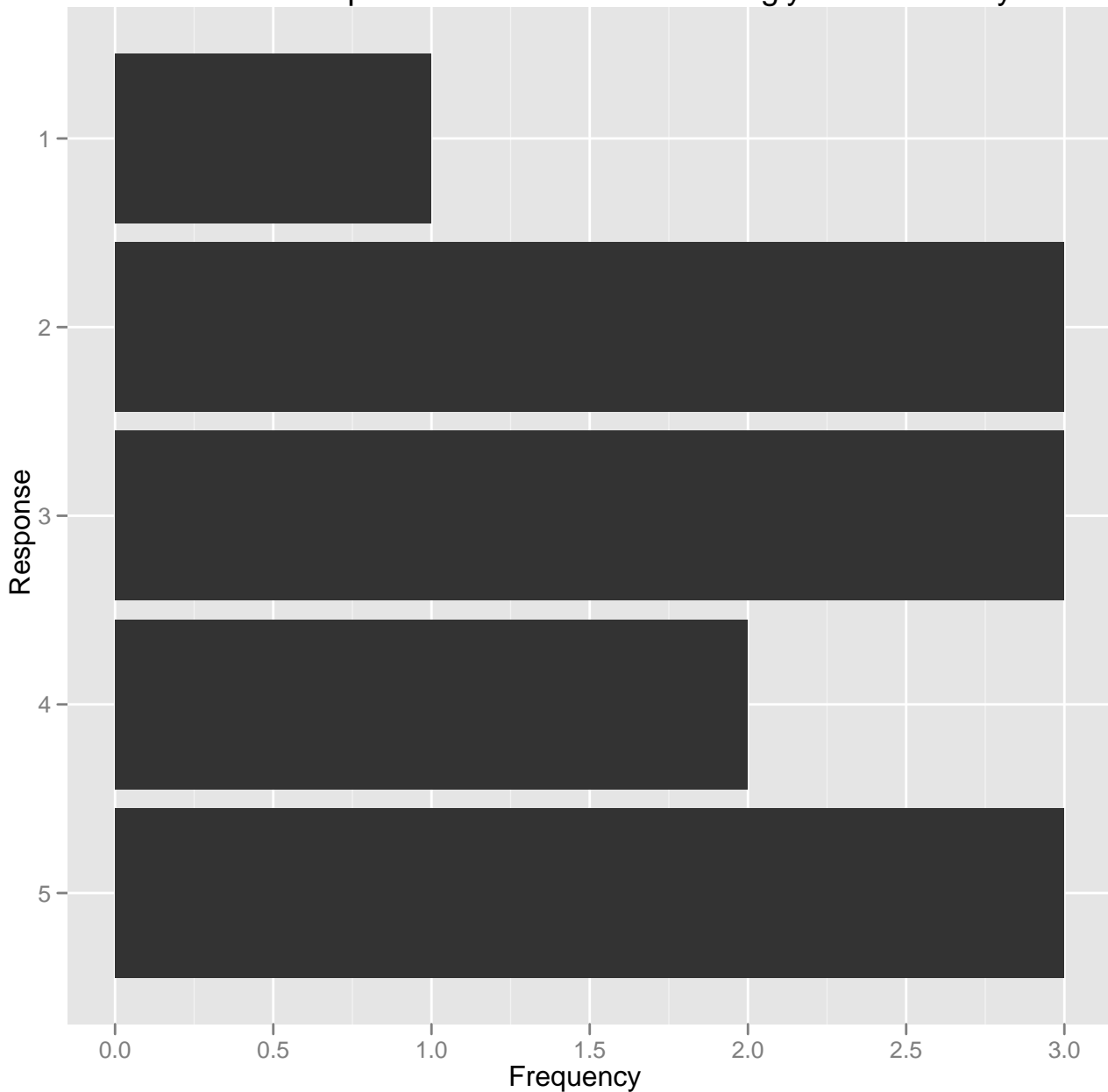
Q068 (Q25):How did your mother give birth to you?



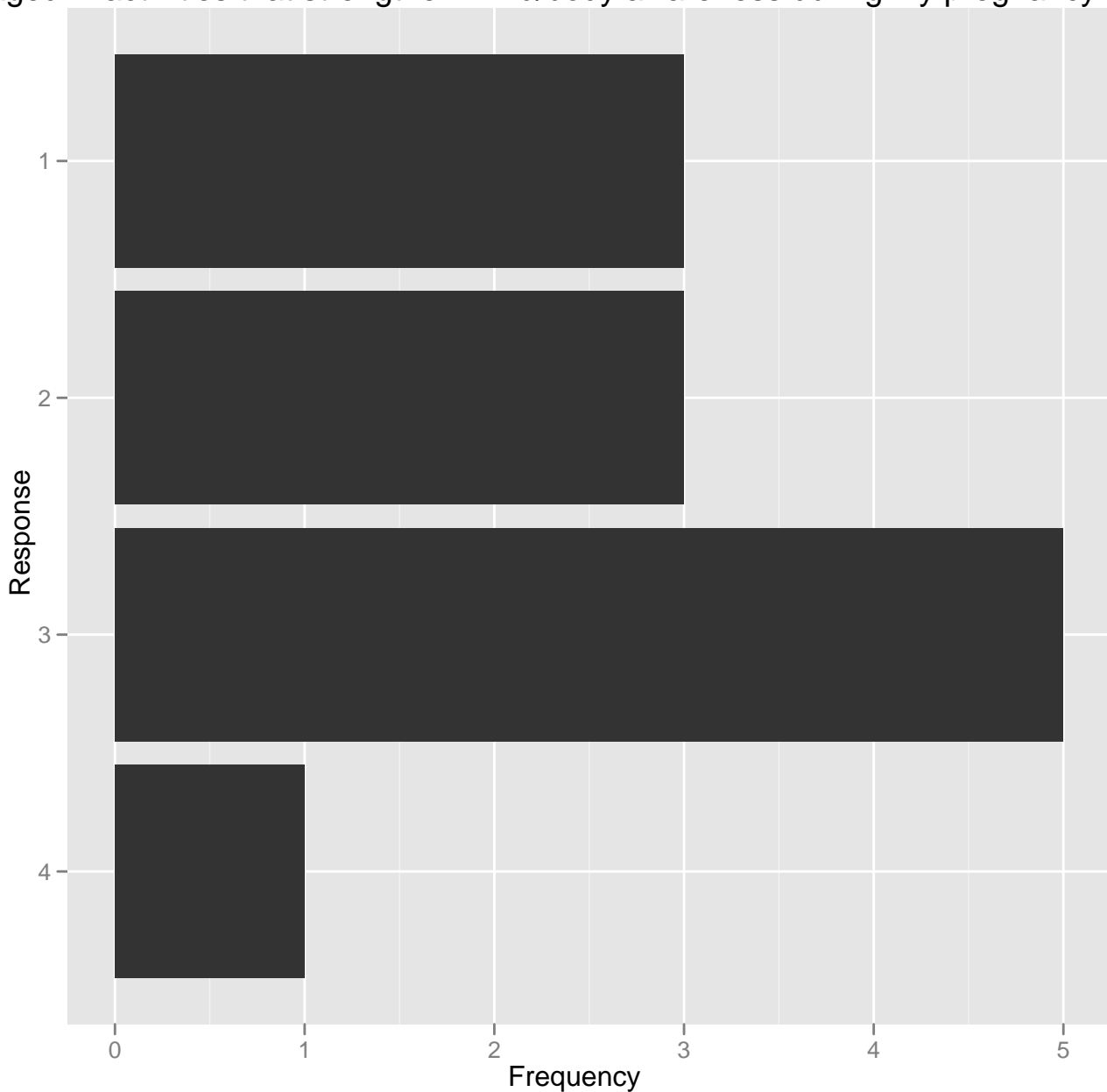
Q069 (Q26):How close are you to your mother?



mother's beliefs and/or experiences of birth have strongly influenced my own belie



engaged in activities that strengthen mind/body awareness during my pregnancy (ex.



Q072 (Q24):I have written or I plan to write a birth plan

Response

1

2

0

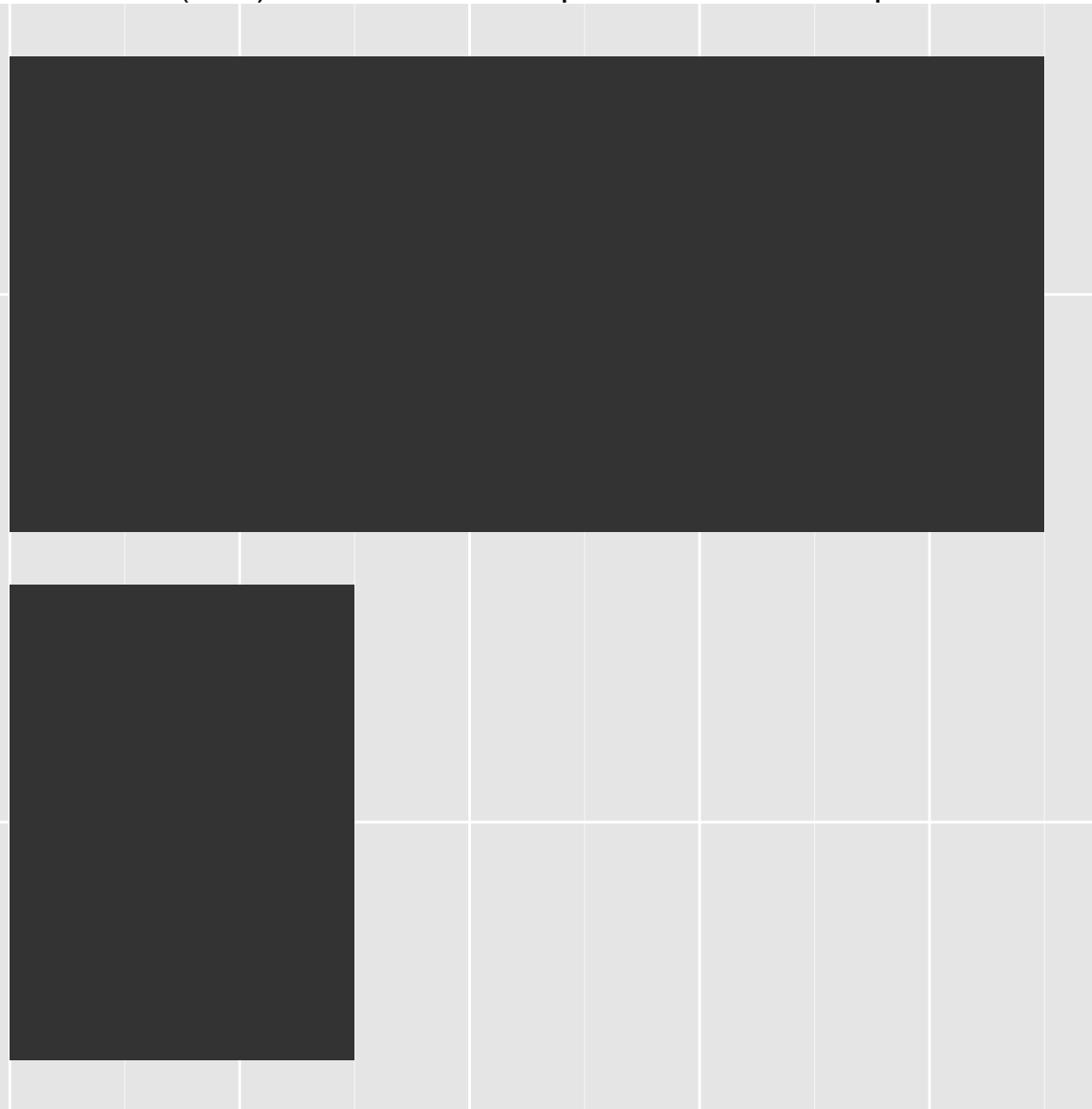
2

4

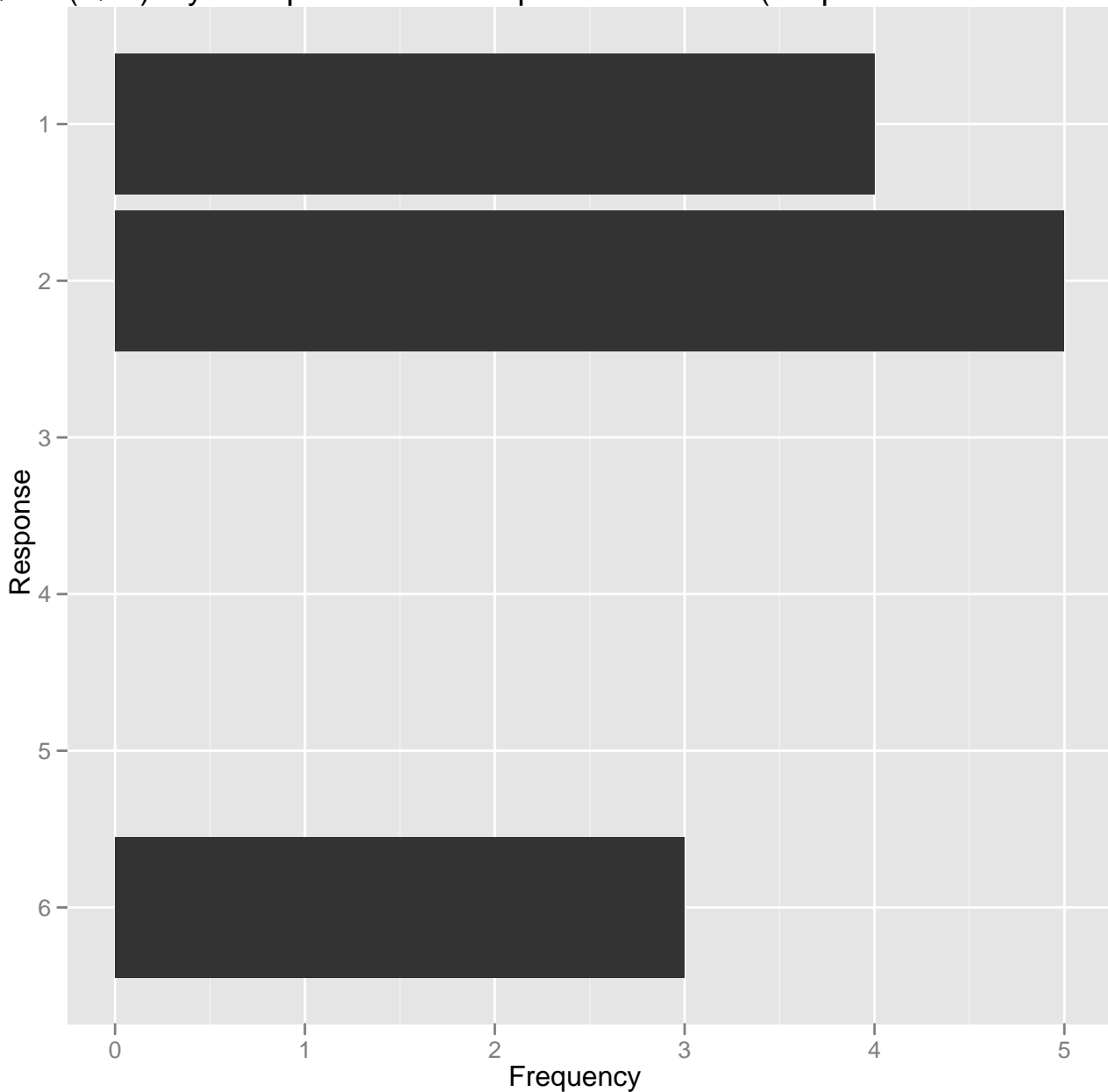
6

8

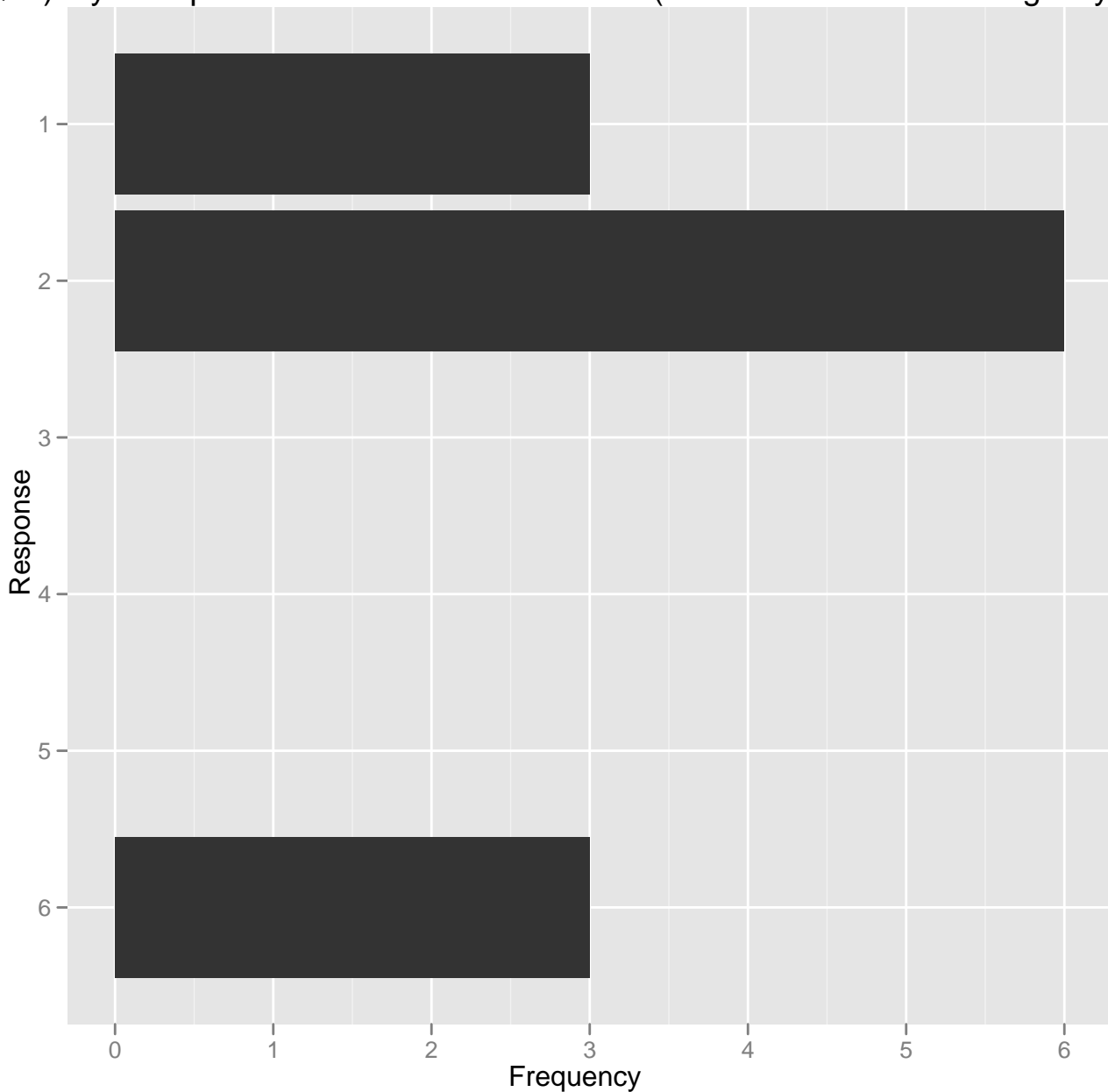
Frequency



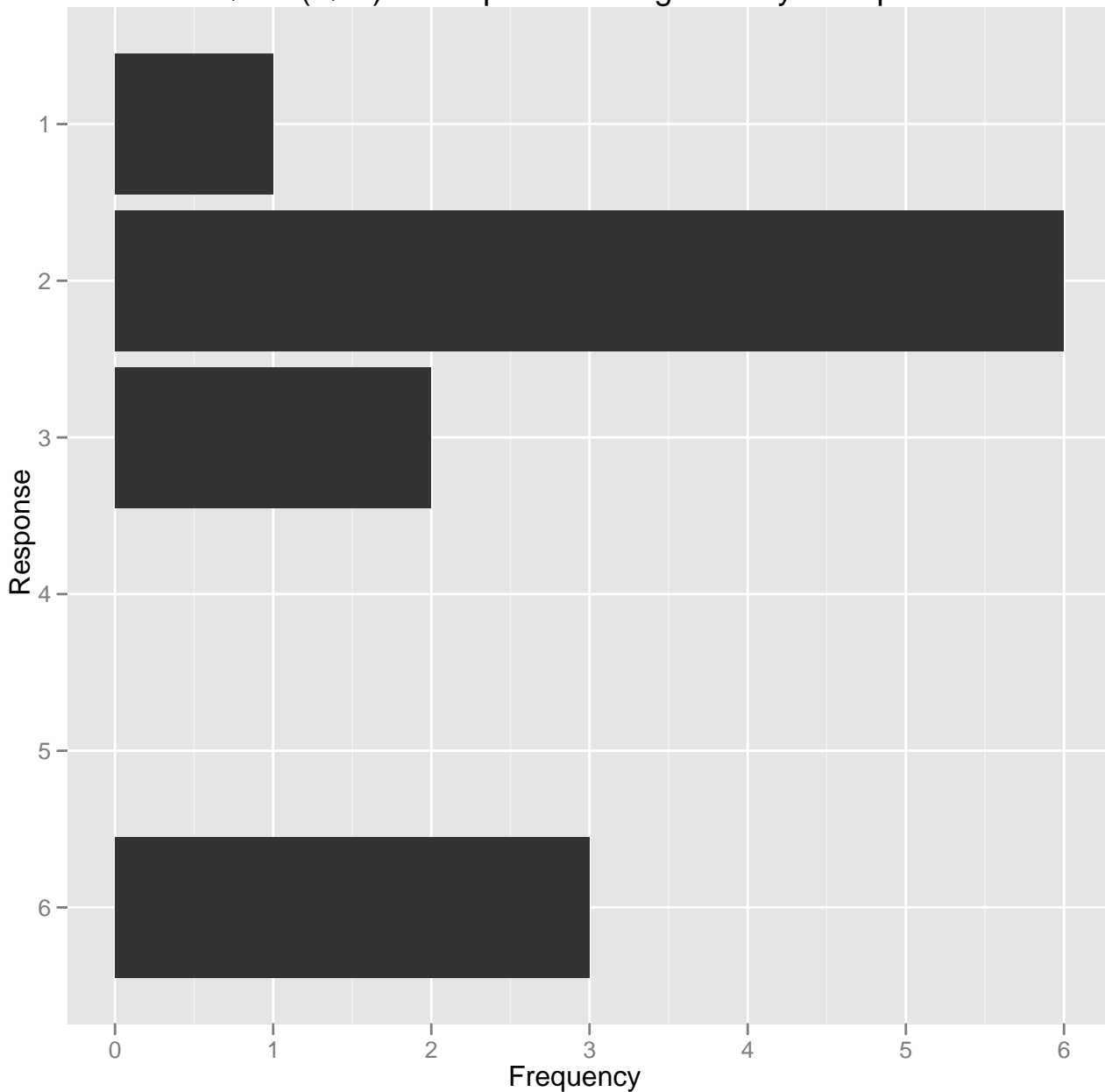
Q073 (Q29):My birth plan addresses personal factors (ex. preferences and beliefs)



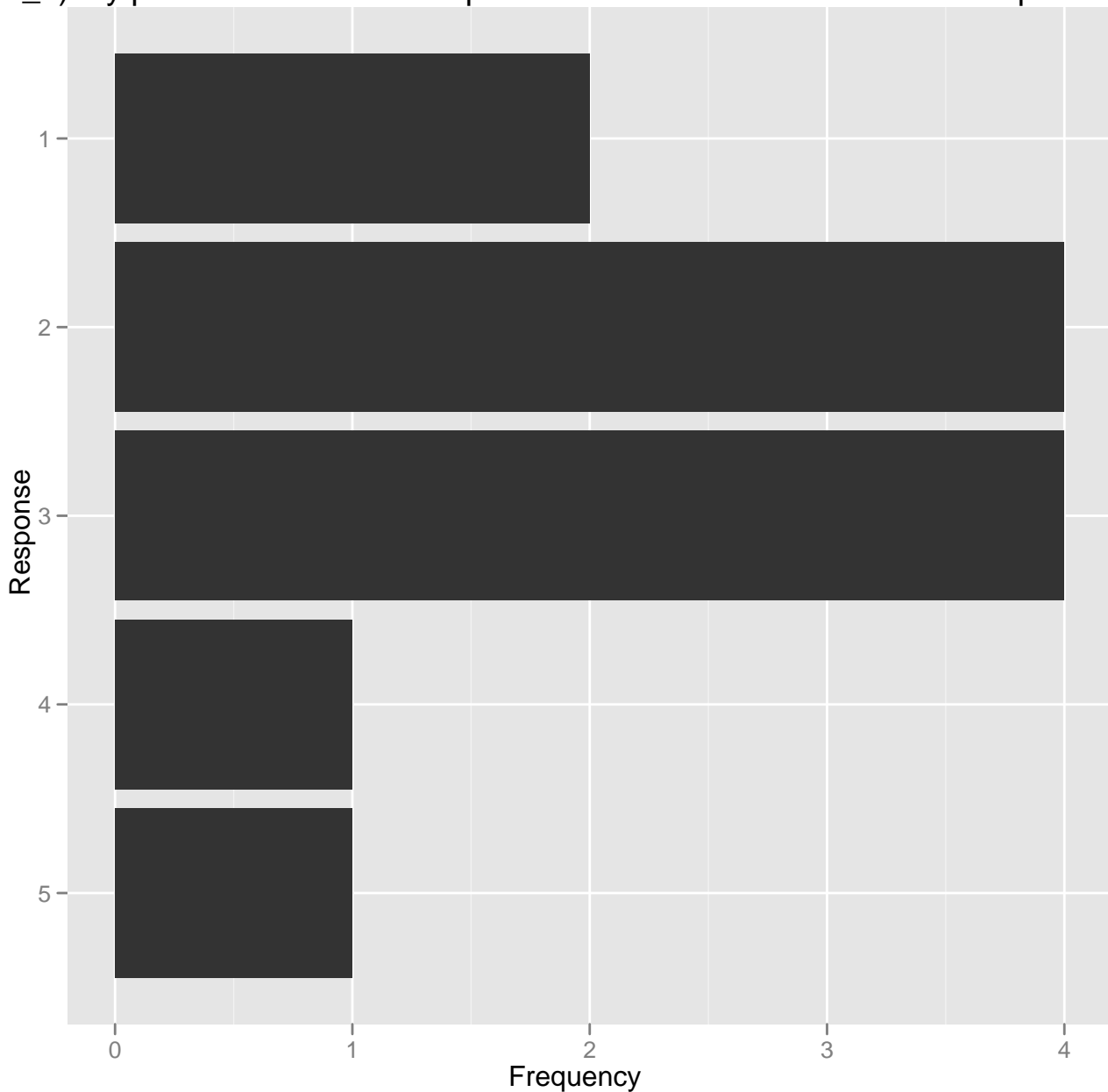
Q30):My birth plan addresses external factors (ex. interventions or emergency situ



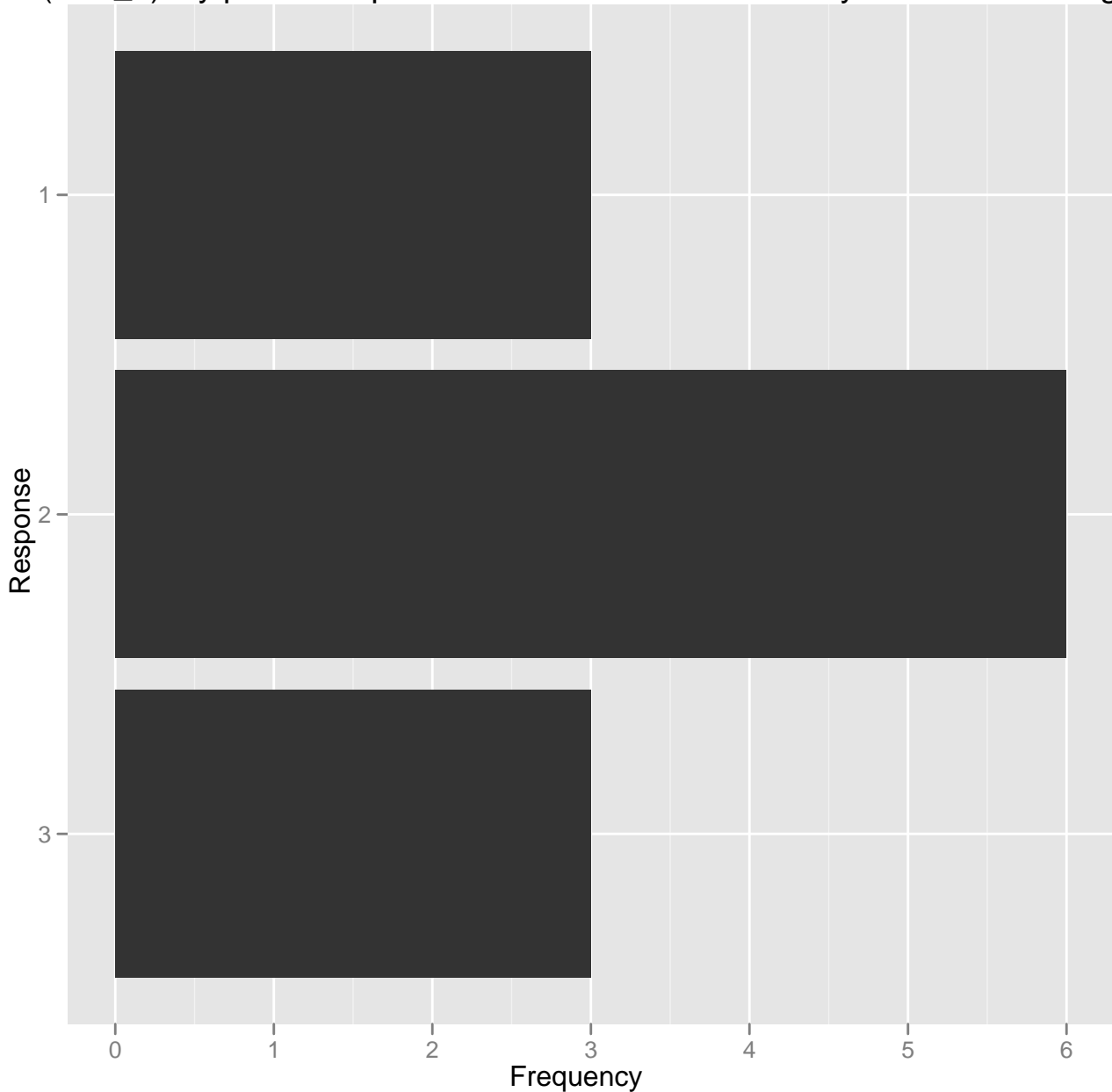
Q075 (Q31):I am open to changes in my birth plan



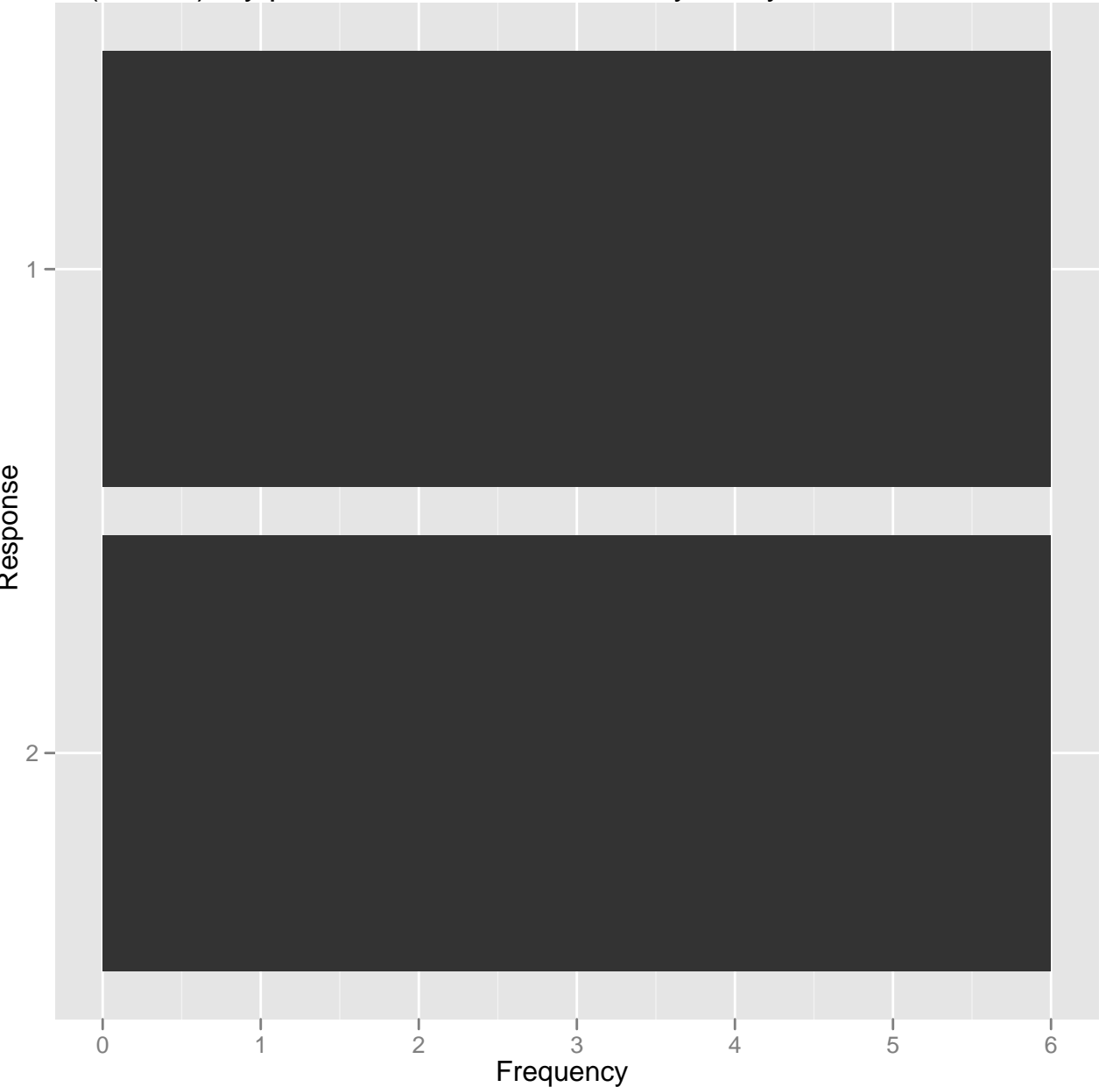
32_1):My partner believes it is important to me to remain calm and composed dur



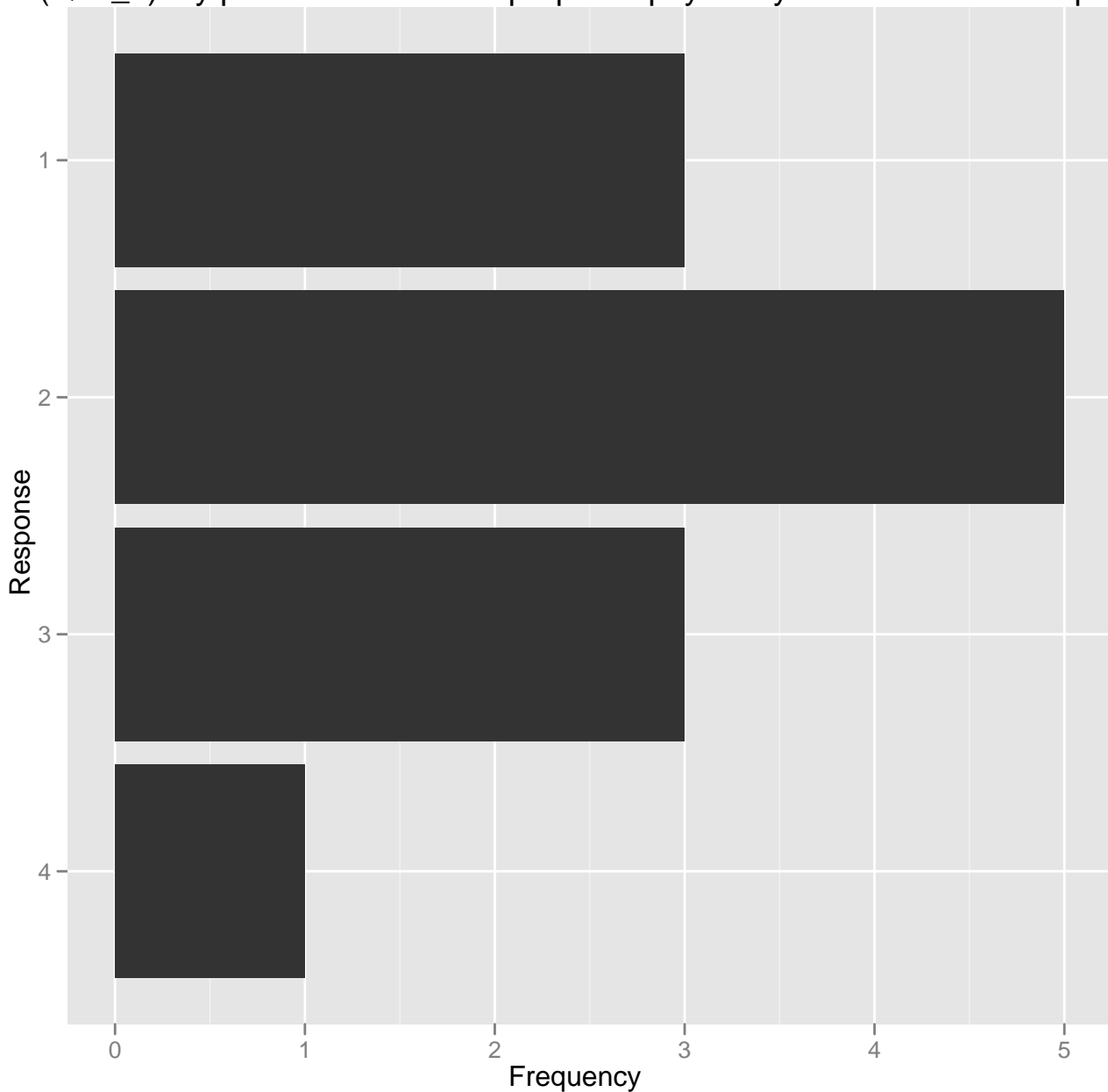
077 (Q32_2):My partner expects me to feel uninhibited in my movement during lab



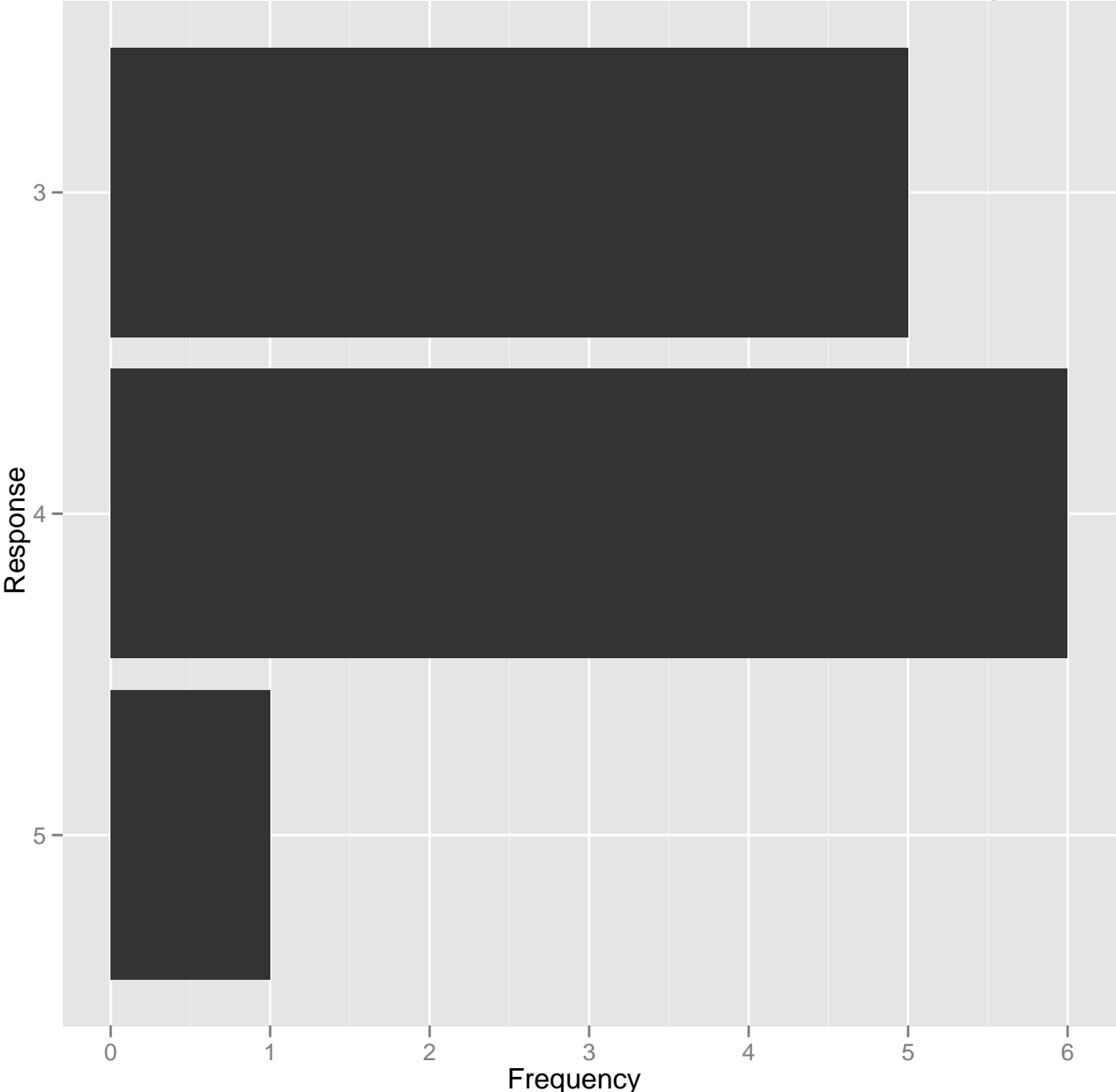
Q078 (Q32_3):My partner has confidence in my ability to succeed in childbirth



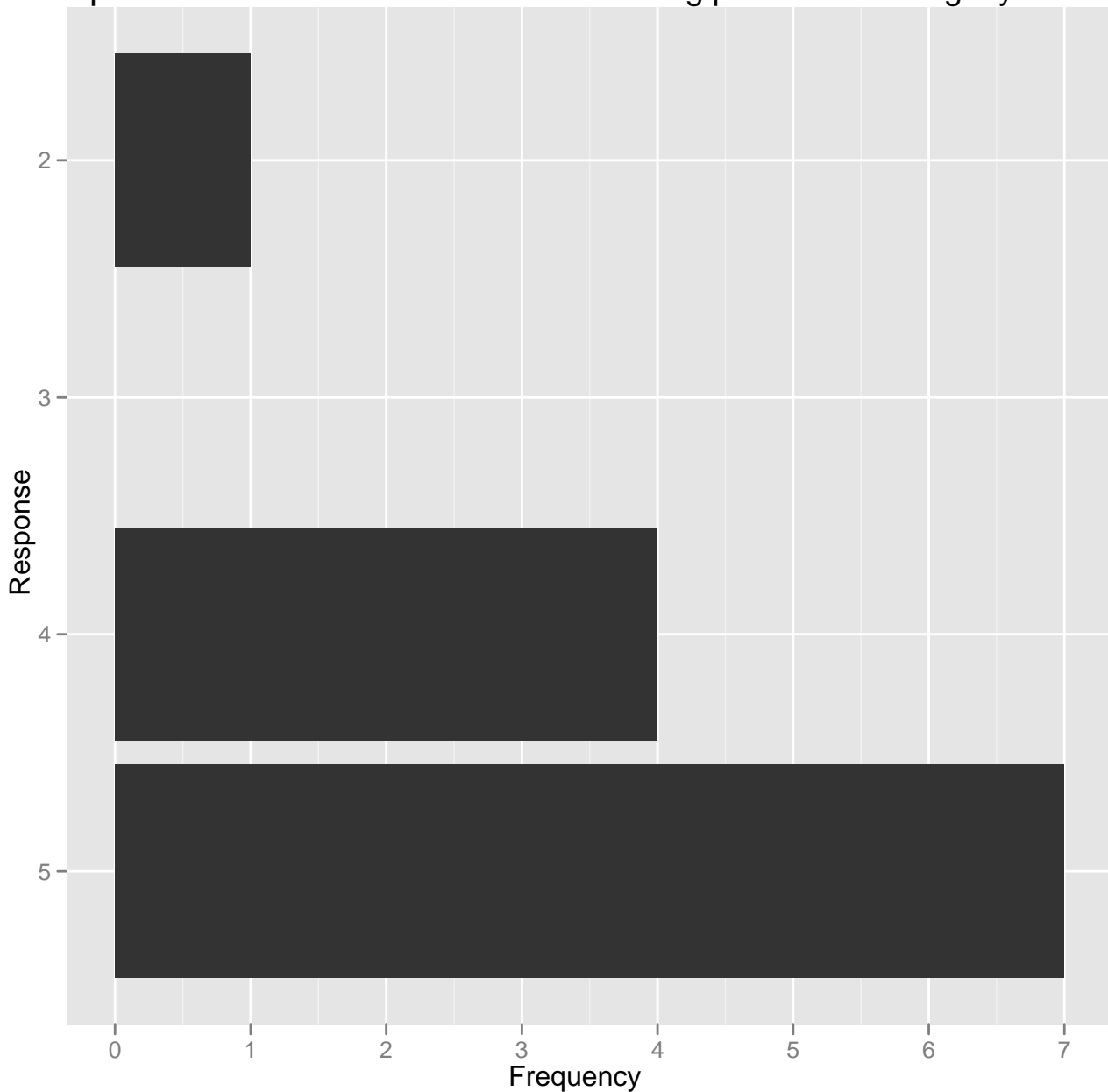
079 (Q32_4):My partner feels I have prepared physically for the childbirth experience



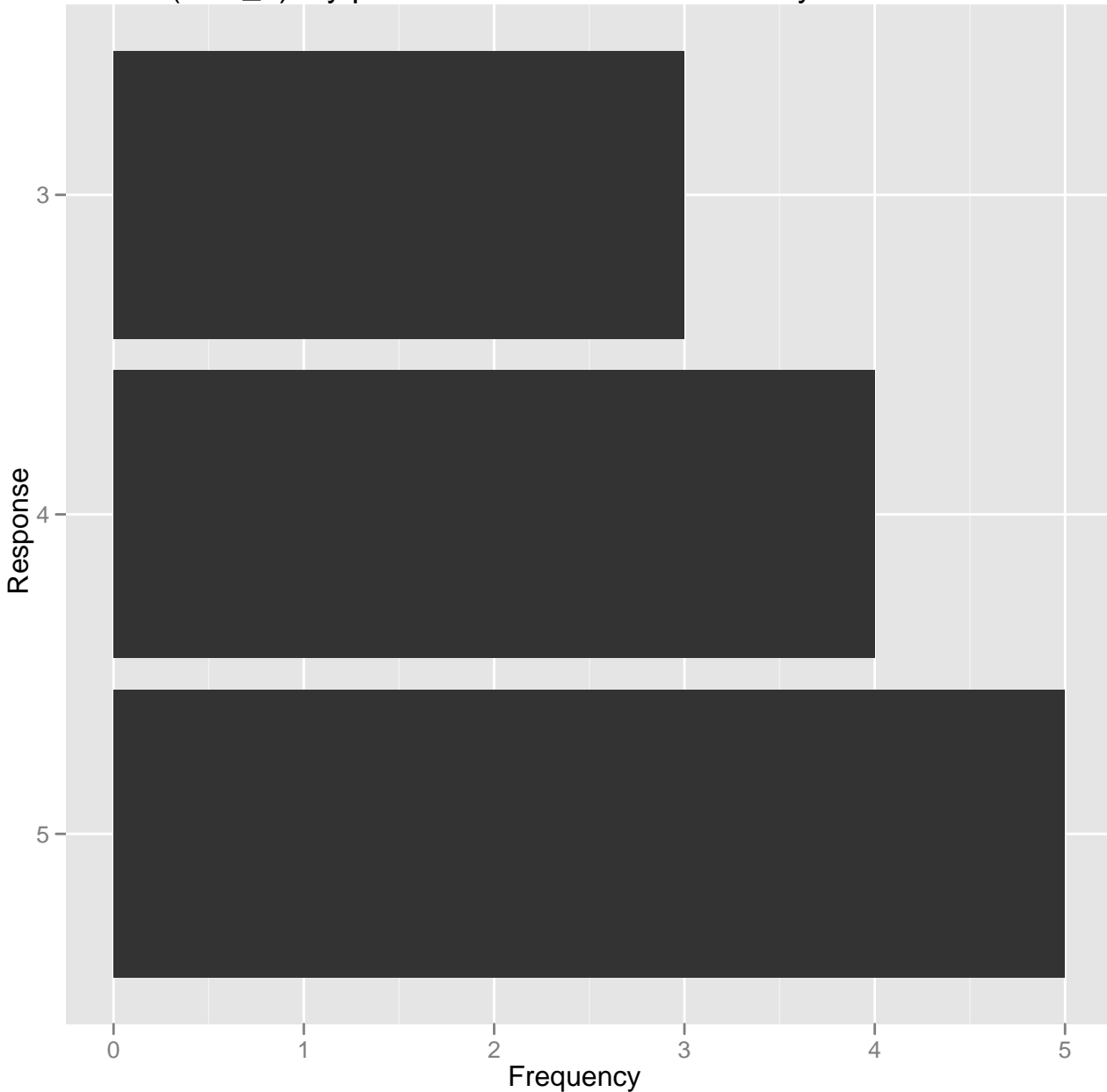
Q080 (Q32_5):My partner fears that people will talk too much during my labor



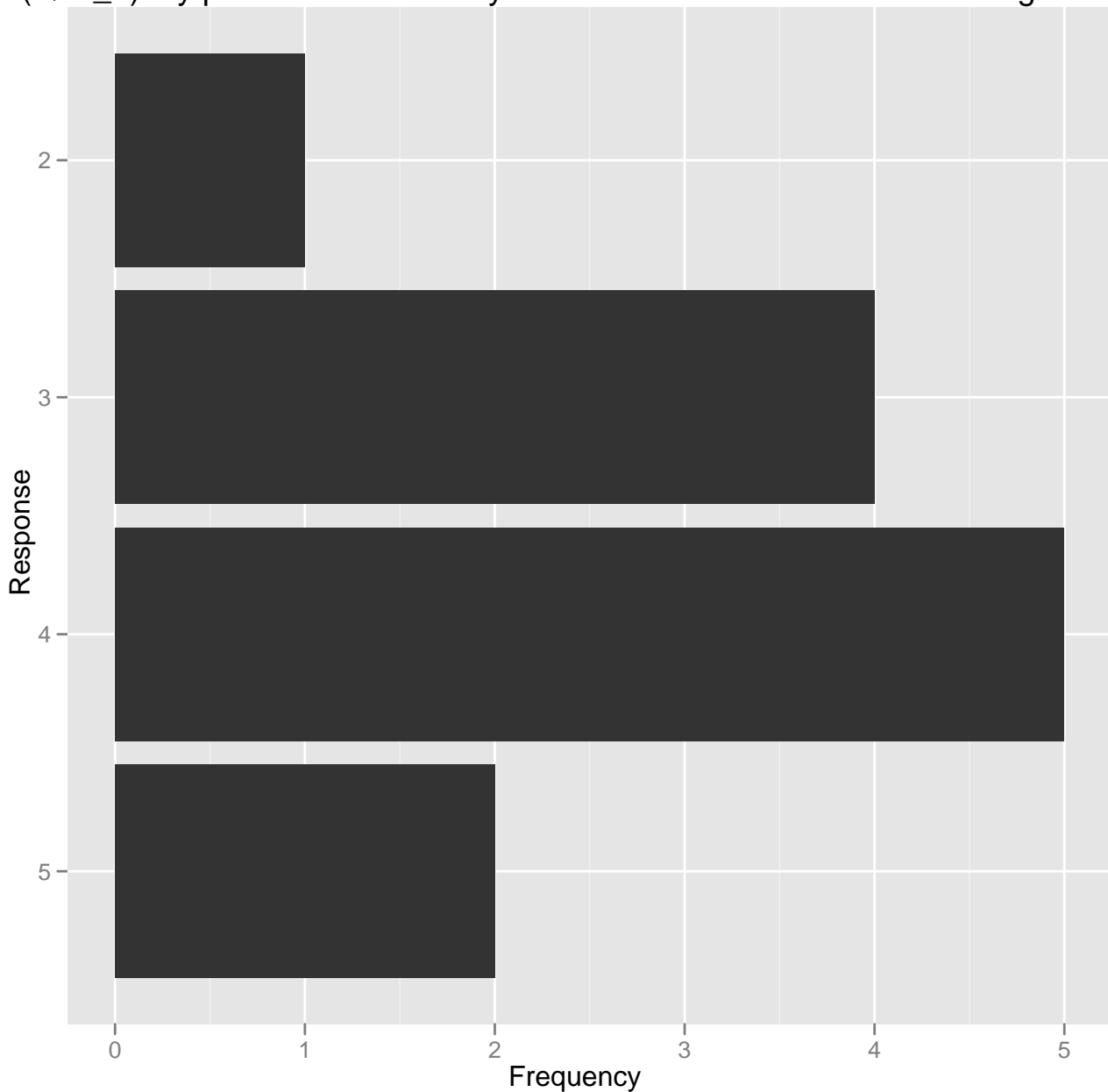
s not expect me to be involved in decision-making processes during my labor (esp



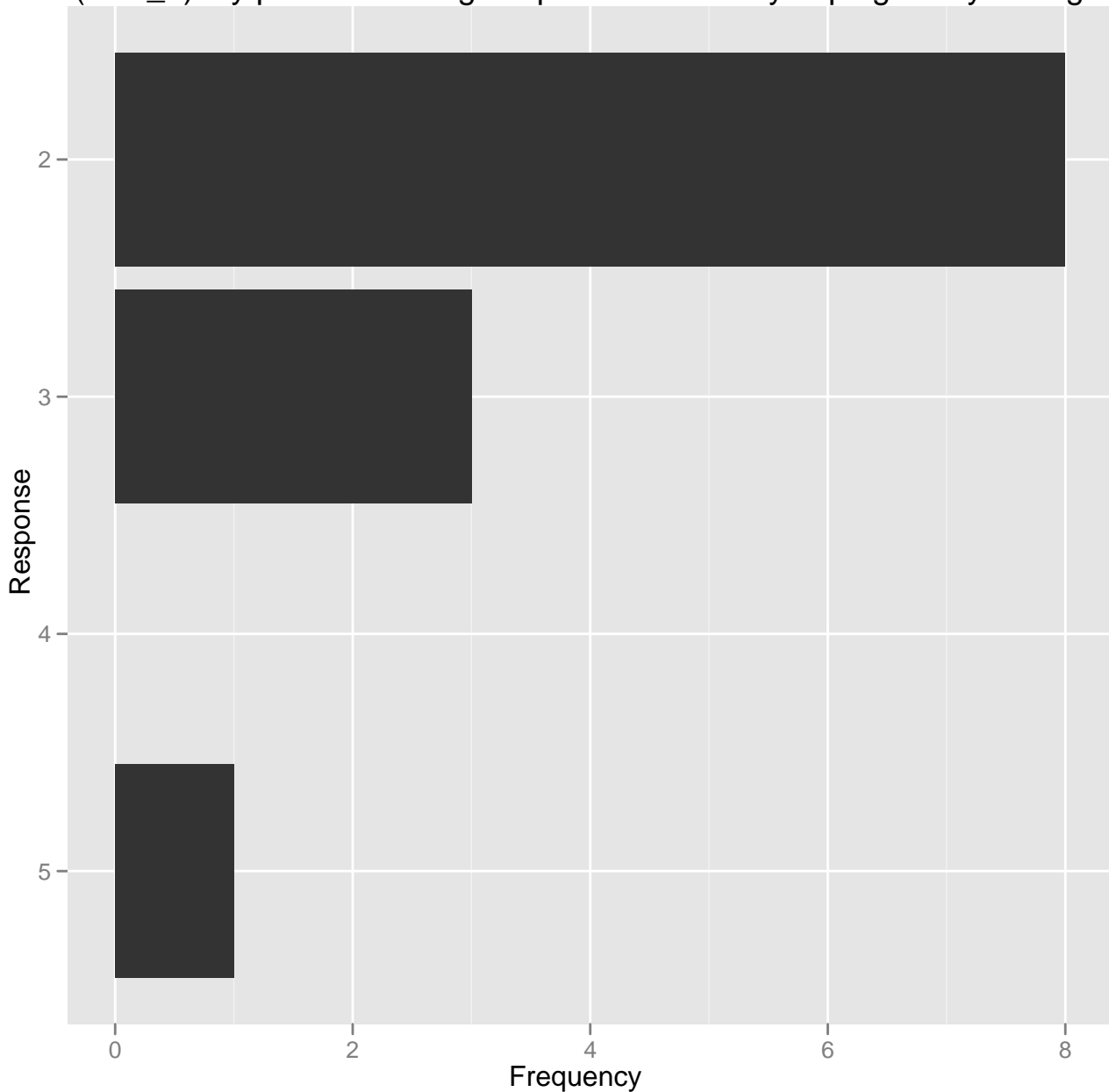
Q082 (Q32_7):My partner is afraid that I will let myself down in labor



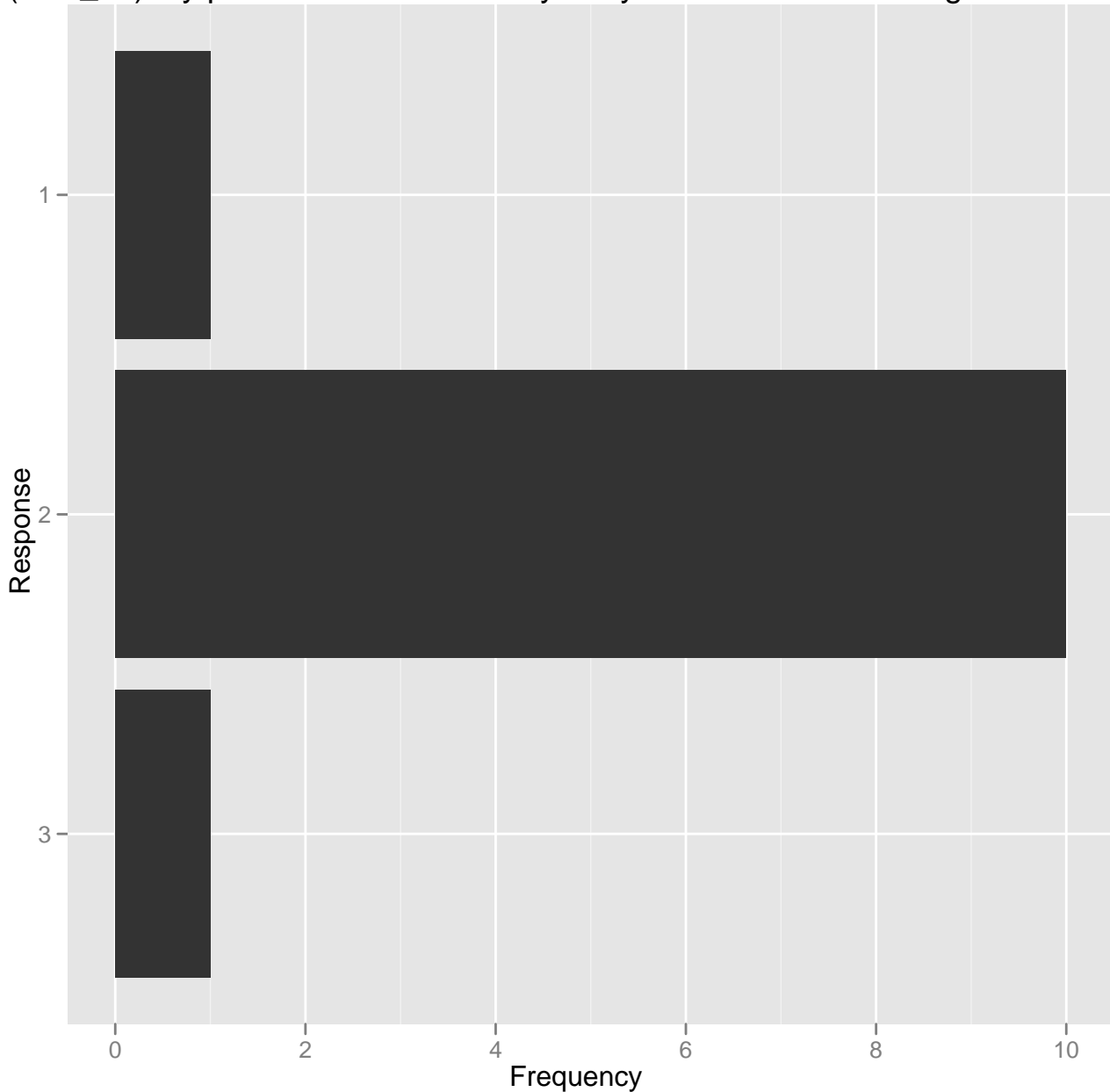
33 (Q32_8):My partner fears that my emotions will become overwhelming during la



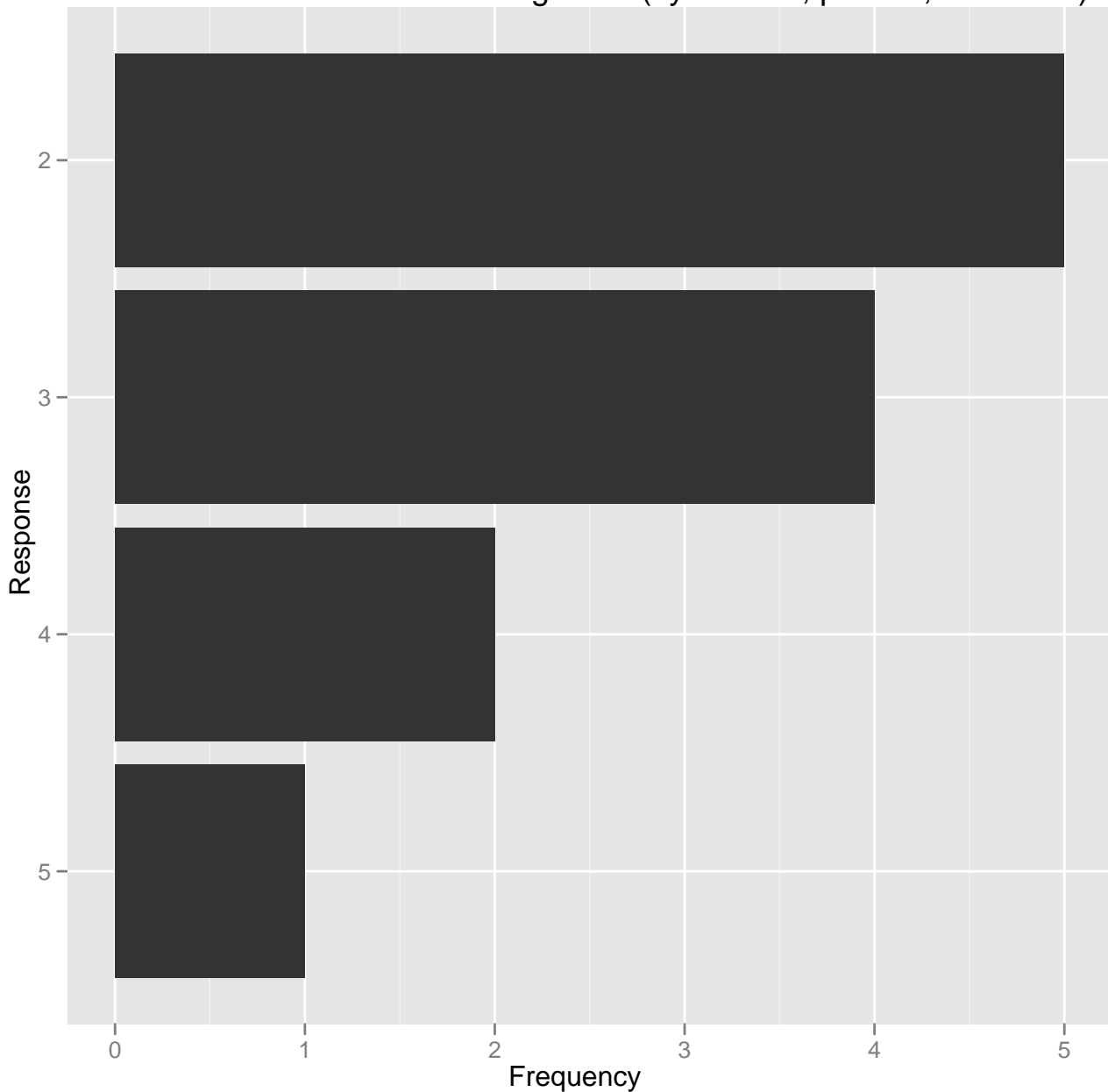
Q084 (Q32_9):My partner has high expectations for my coping ability during labor



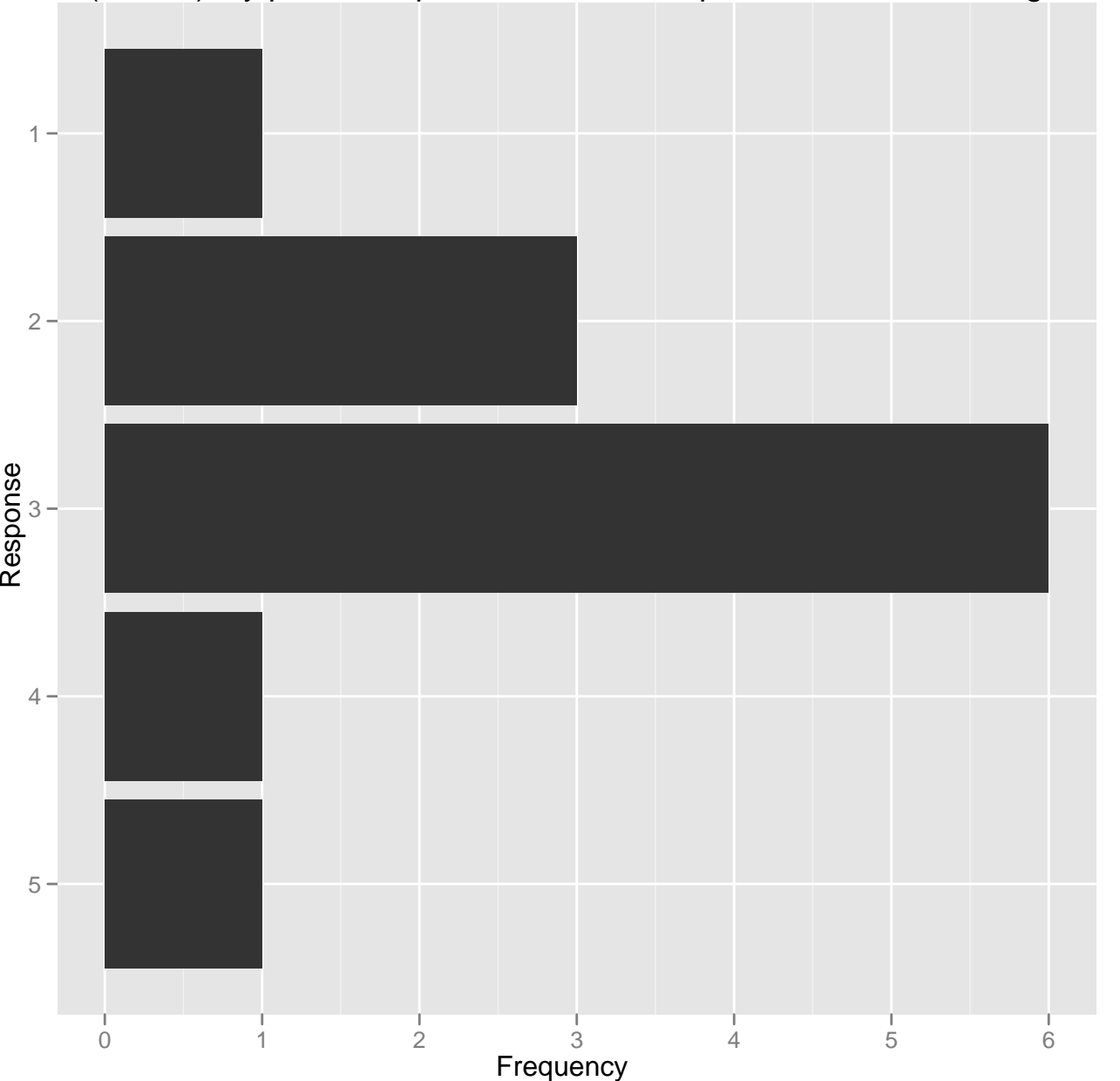
5 (Q32_10):My partner believes that my body holds the wisdom to give birth on its



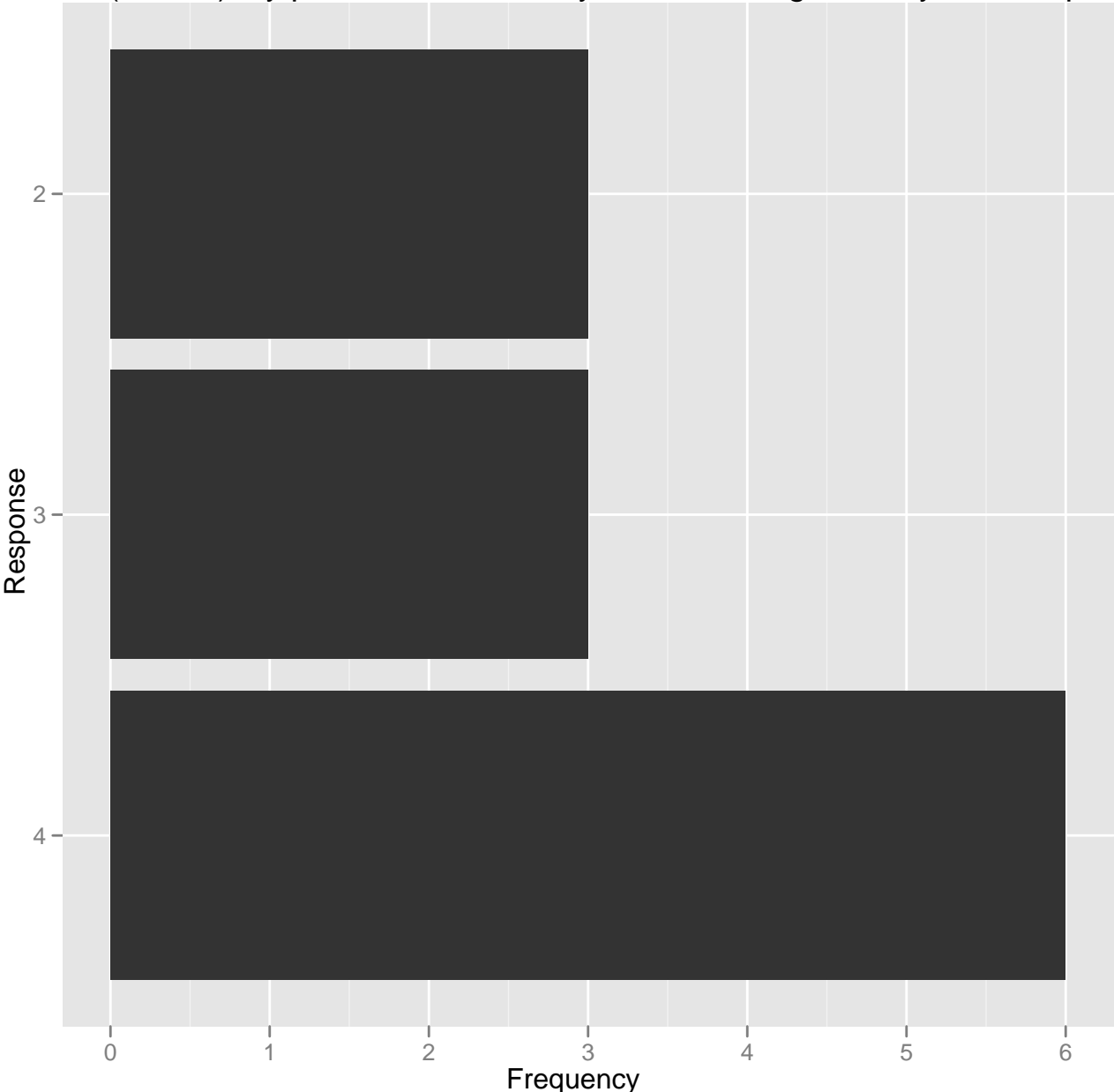
believes I will need to be coached during labor (by a doula, partner, midwife...) in or



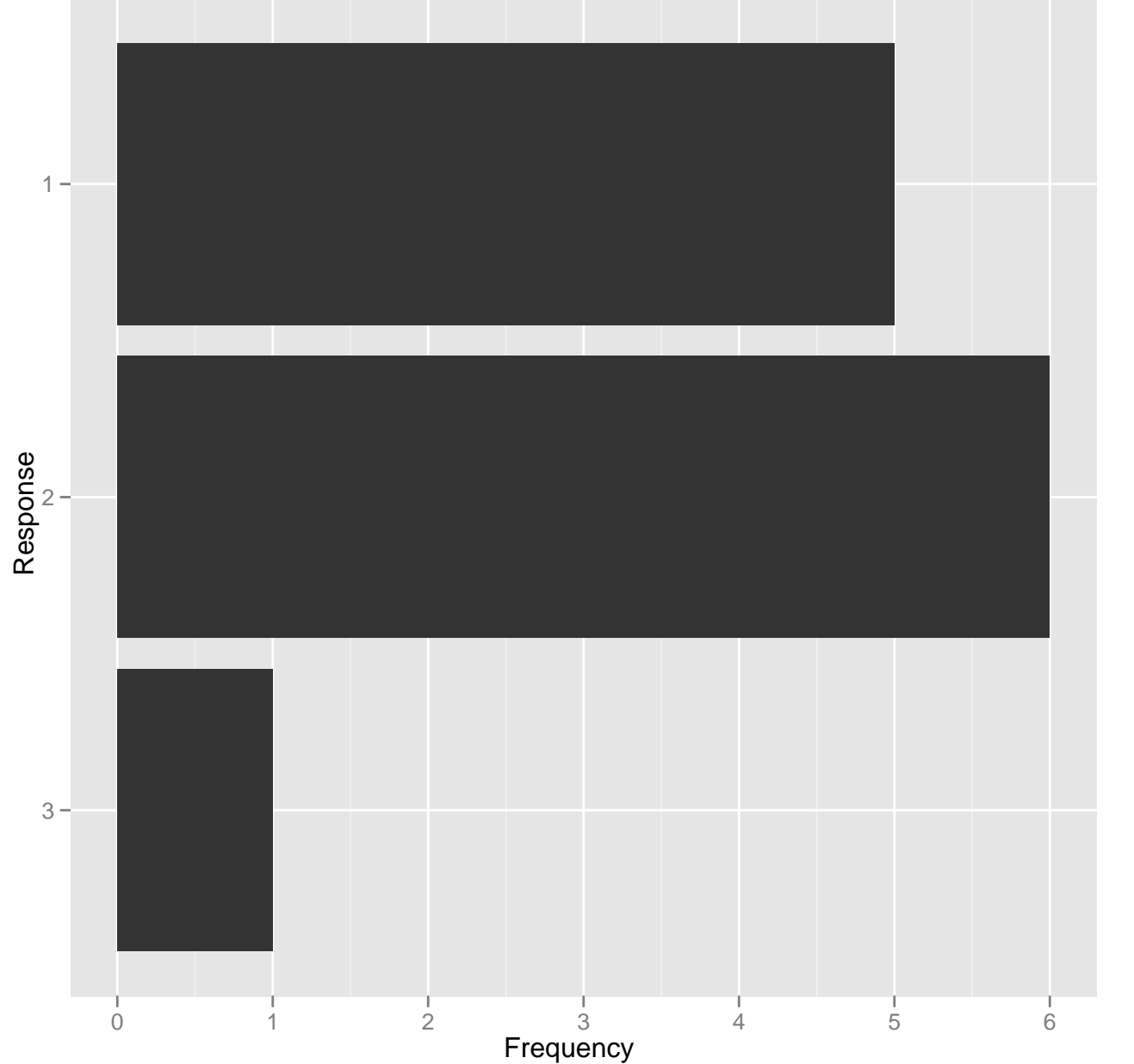
Q087 (Q33_2):My partner expects me to use no pain medications during labor



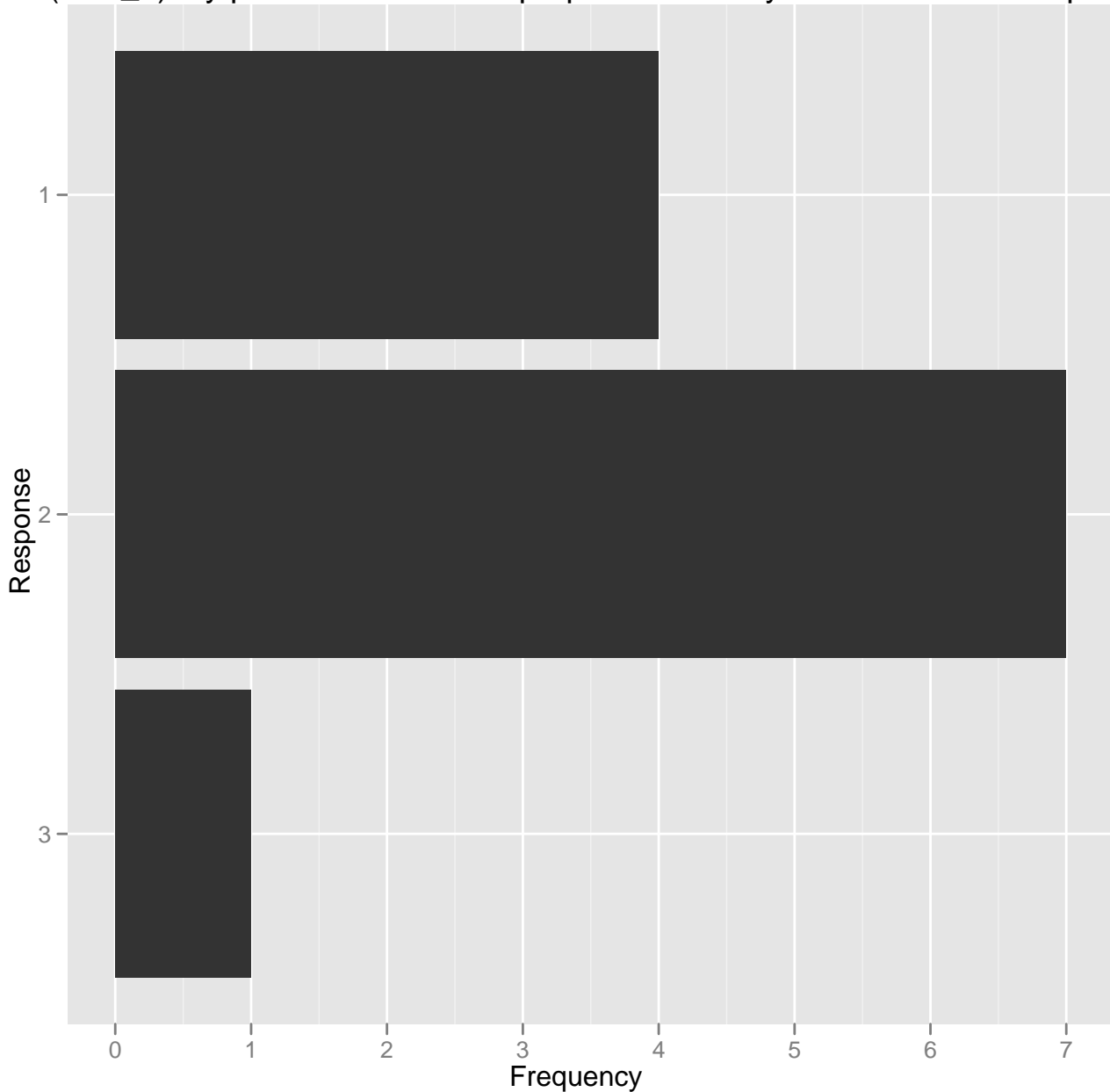
Q088 (Q33_3):My partner fears that my birth will not go exactly how I expect



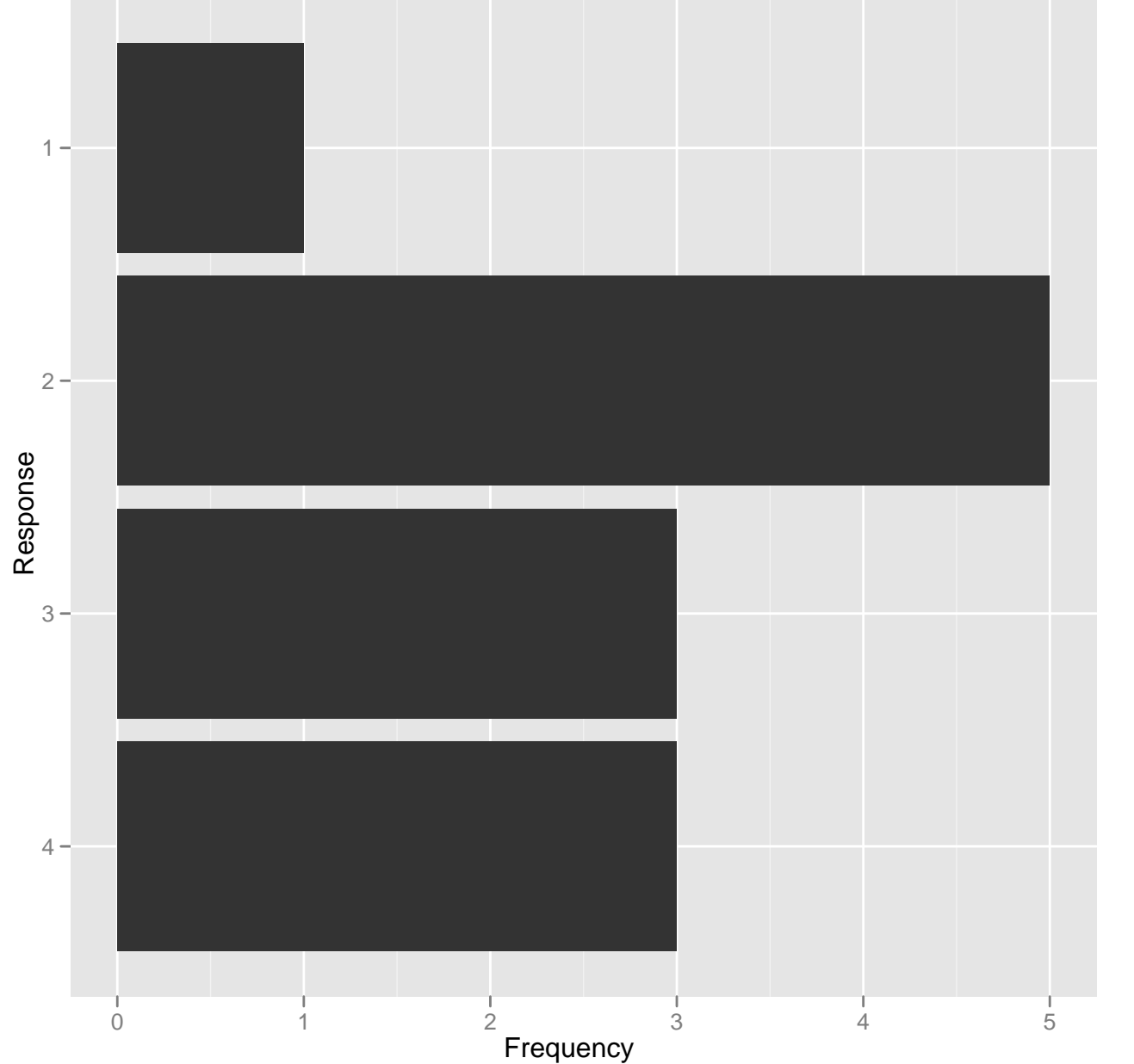
Q089 (Q33_4):My partner expects me to move around the room during my labor



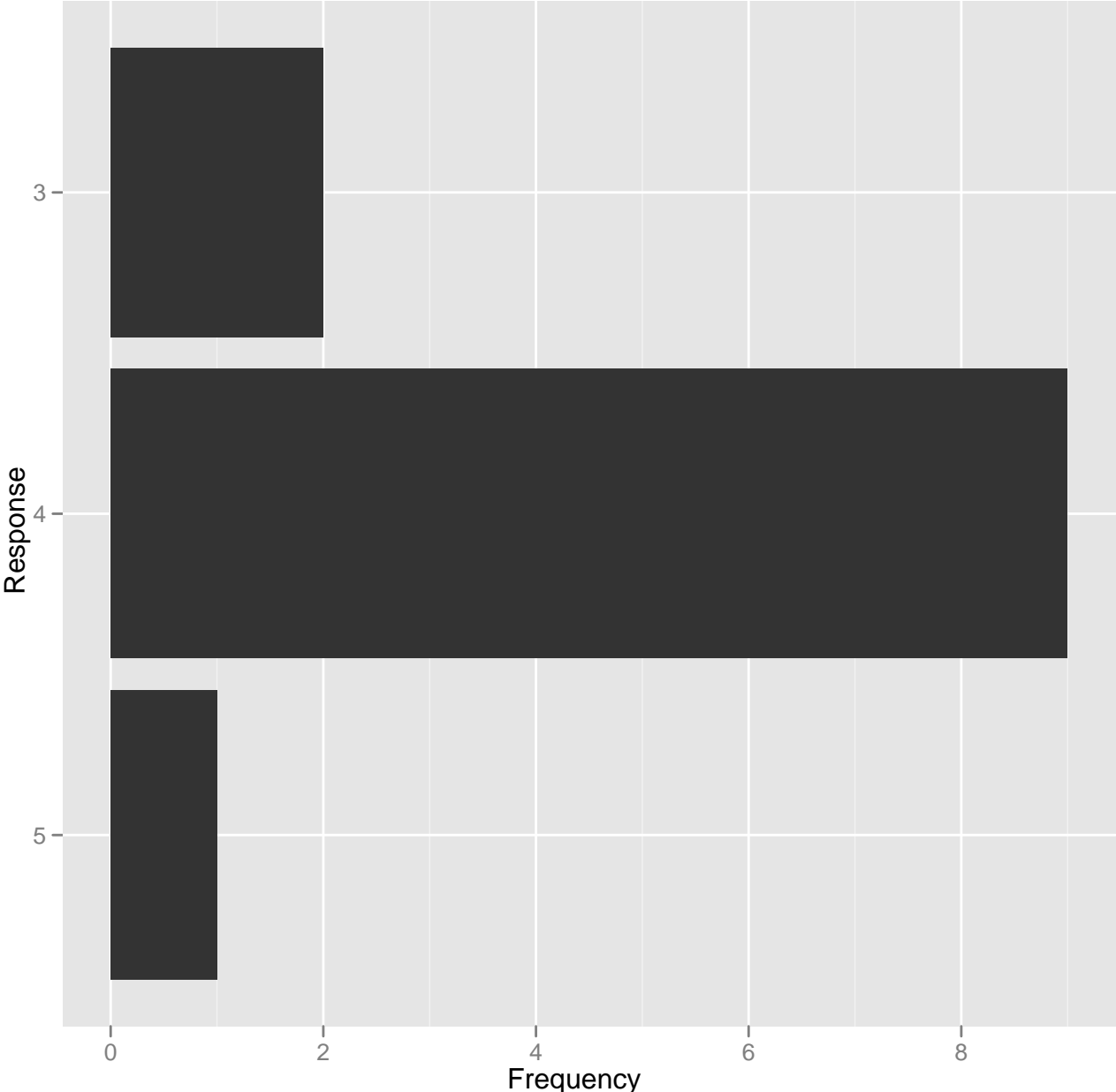
090 (Q33_5):My partner feels I have prepared mentally for the childbirth experience



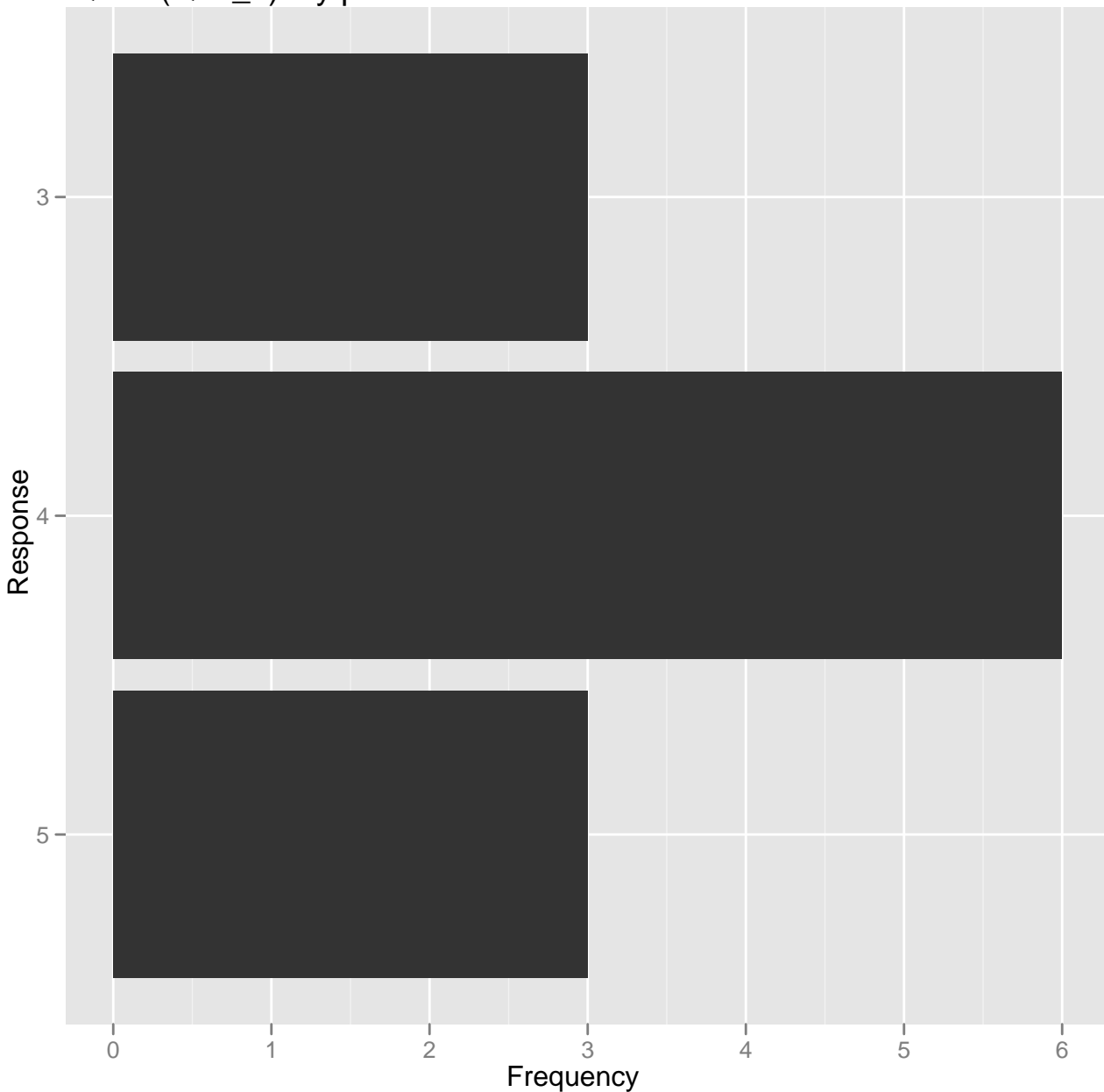
Q091 (Q33_6):Having an unmedicated labor and birth is important to my partner



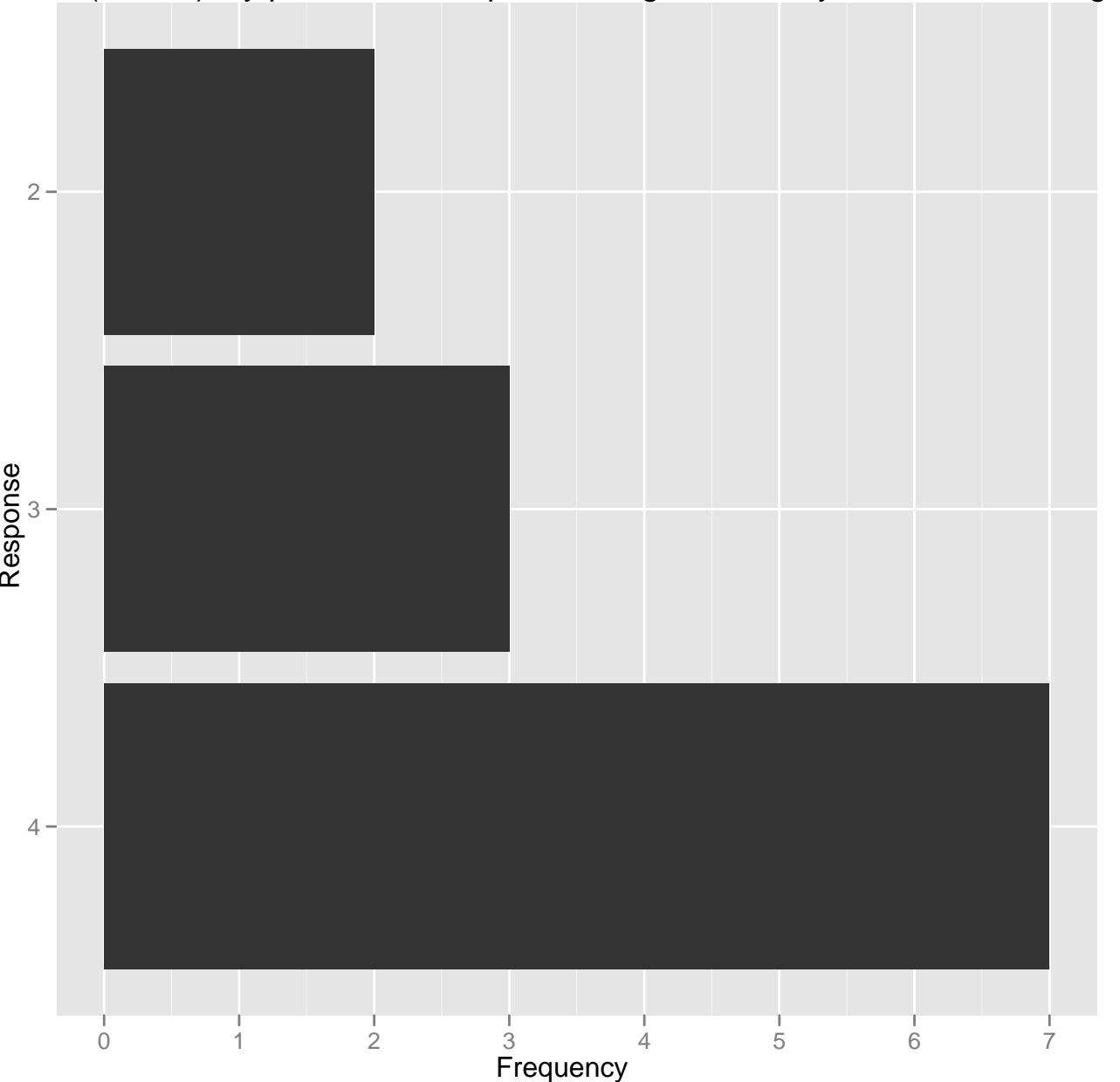
Q092 (Q33_7):My partner expects me to cope poorly with the pain of labor



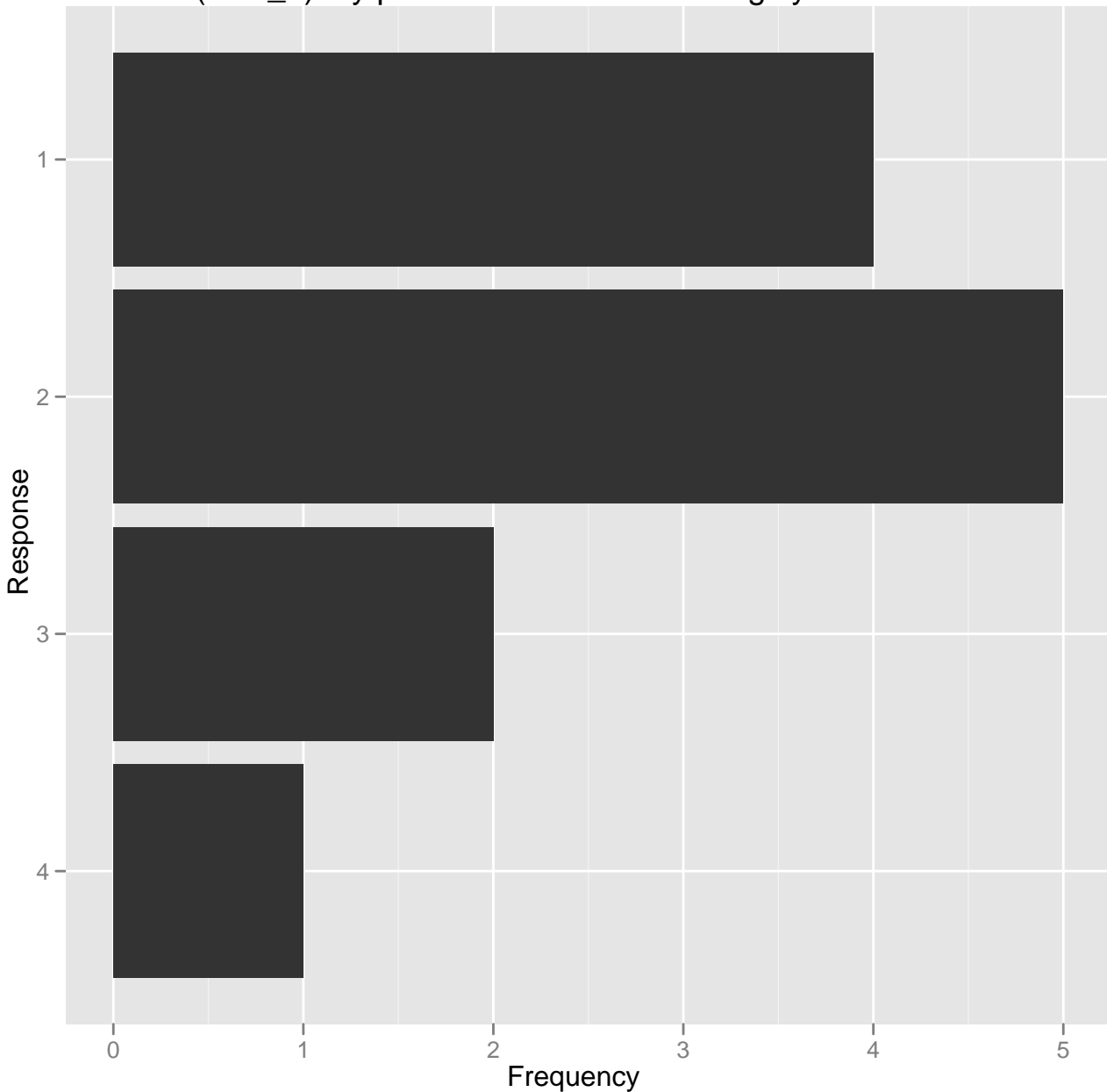
Q093 (Q33_8):My partner has an ideal of childbirth I feel I must attain



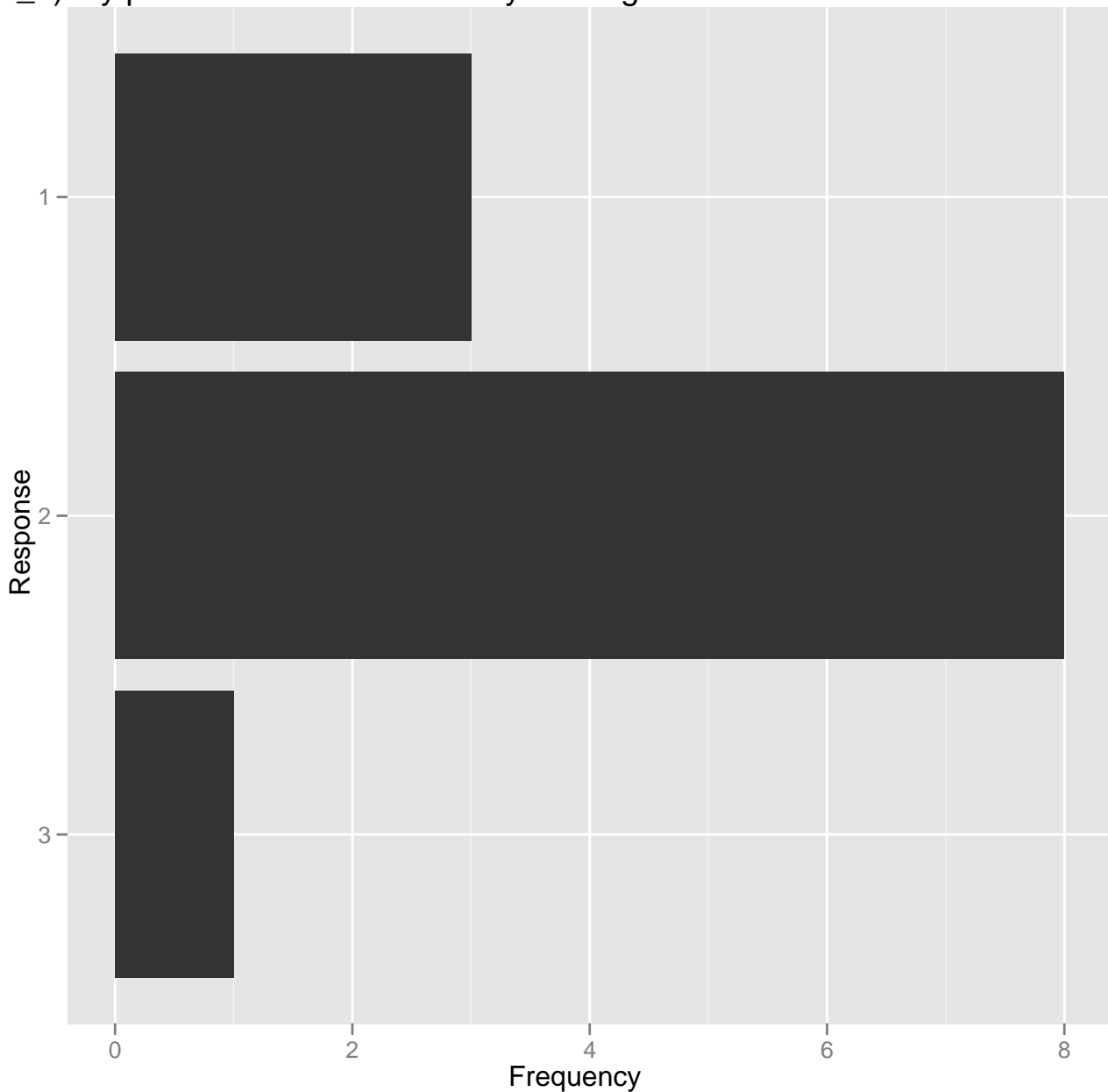
Q094 (Q34_1):My partner has a specific image of how my childbirth should go



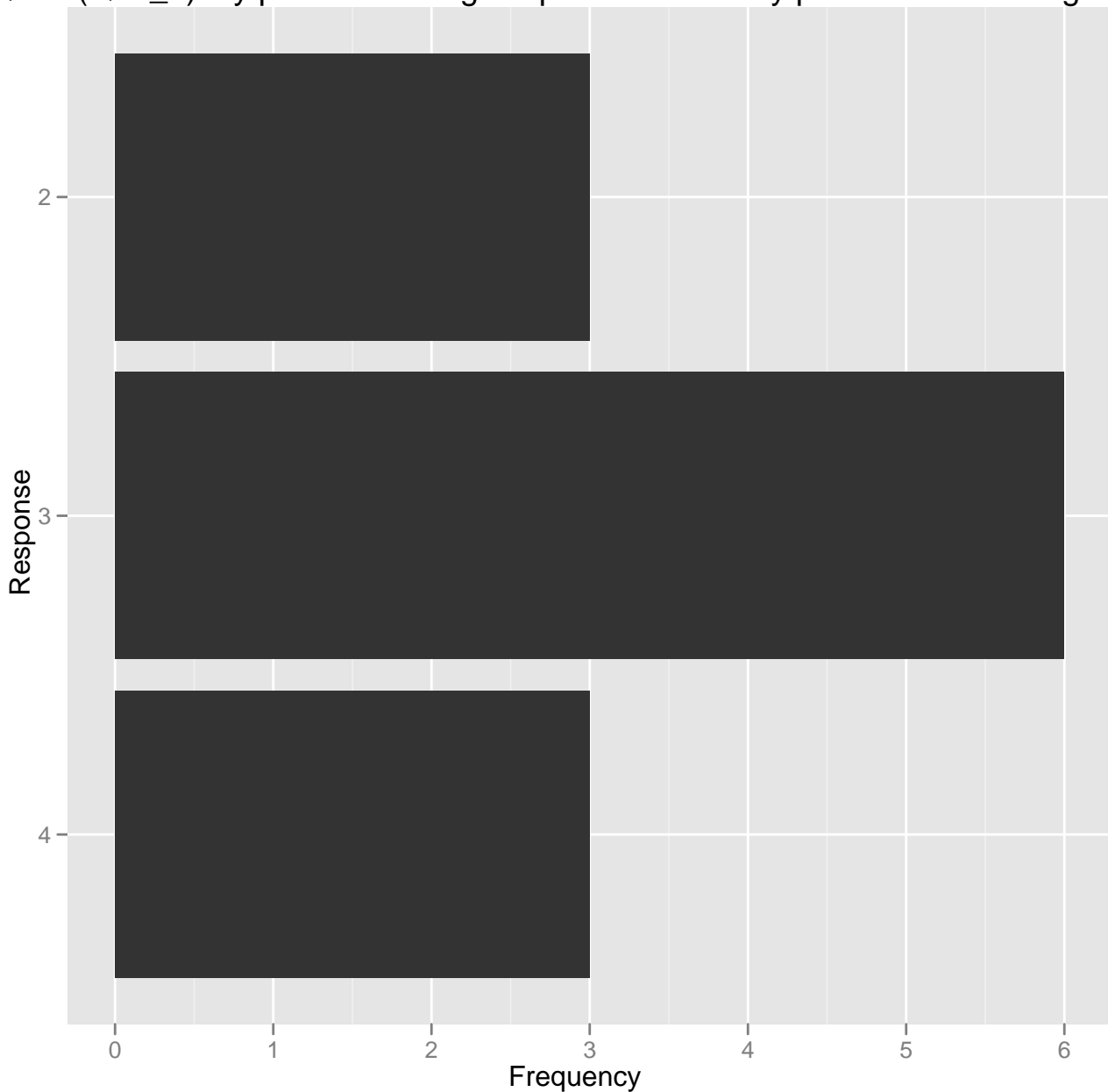
Q095 (Q34_2):My partner considers me a highly intuitive woman



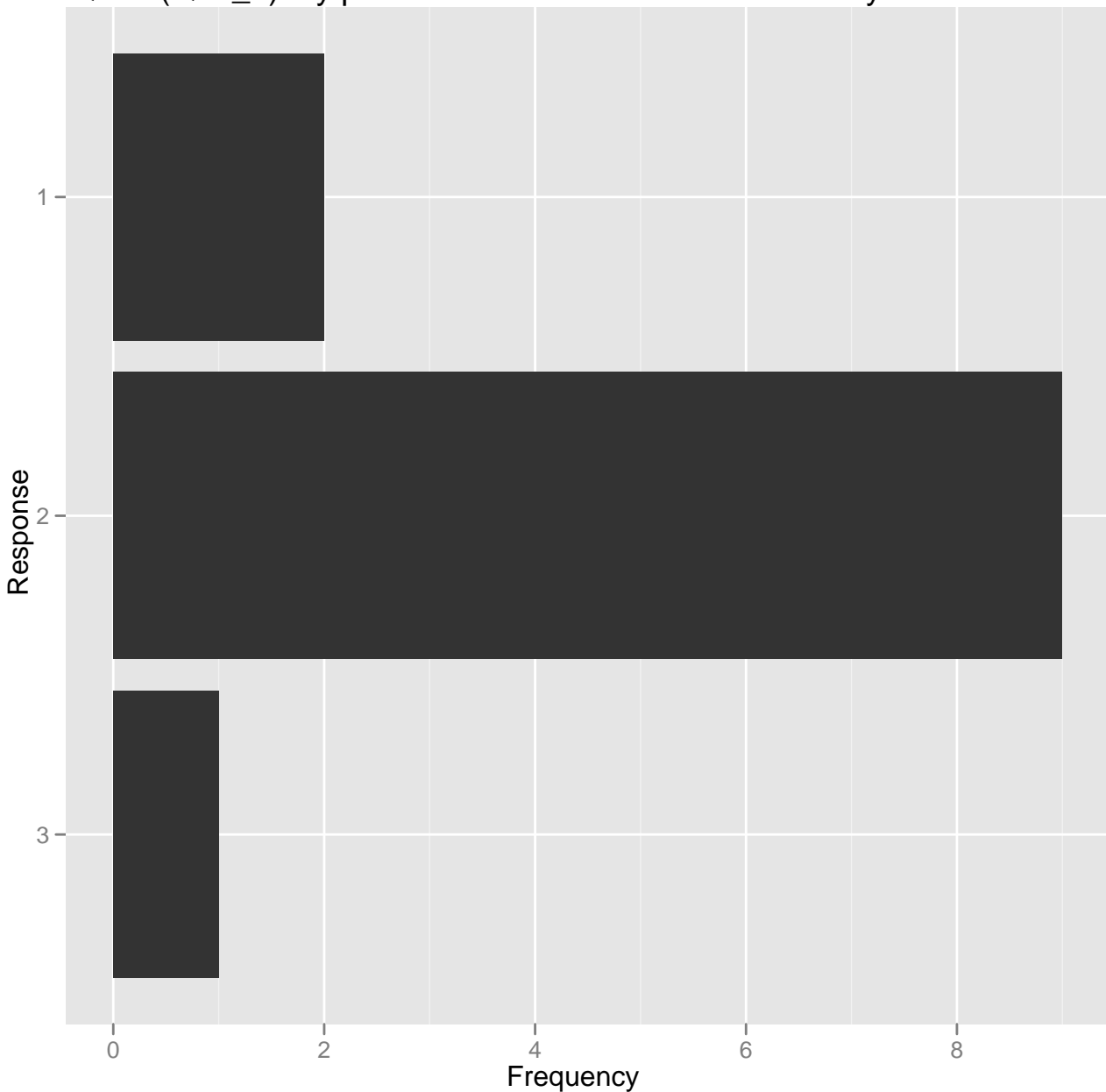
34_3):My partner is confident that my birthing environment will be comfortable and



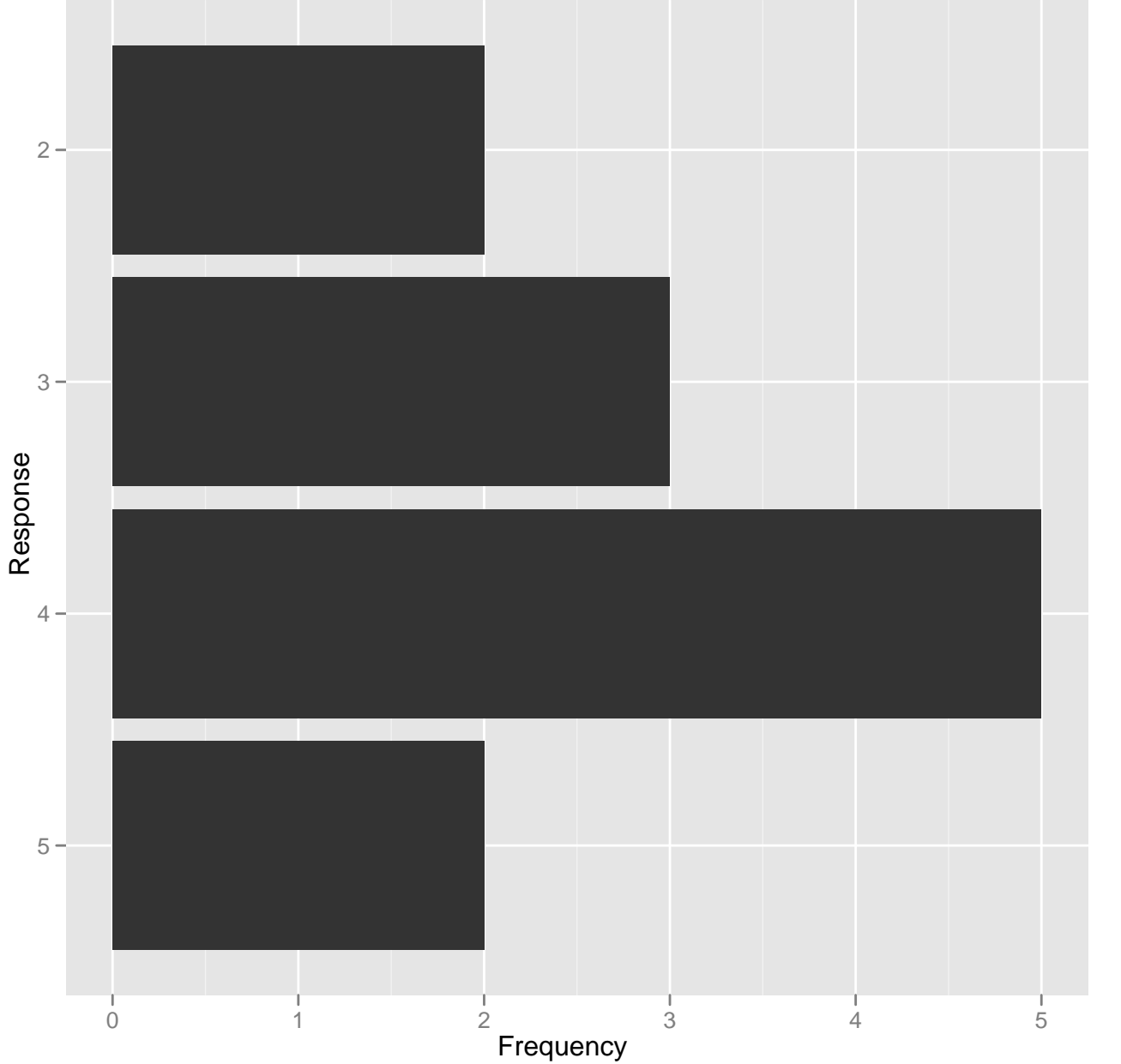
Q097 (Q34_4):My partner has high expectations for my performance during labor



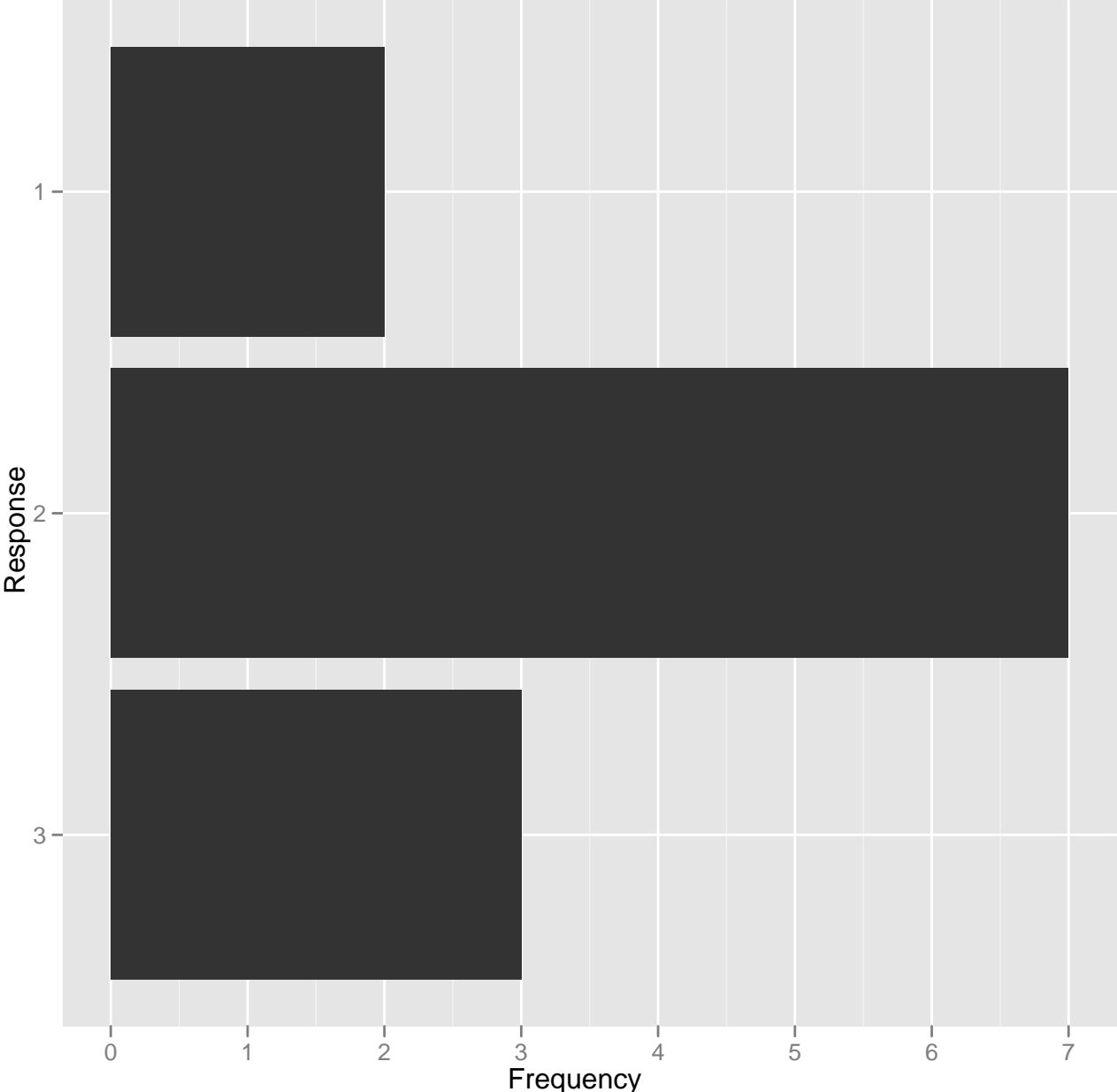
Q098 (Q34_5):My partner is confident that I will ...be myself... in labor



Q099 (Q34_6):My partner suspects that I will lose control of myself during labor



Q100 (Q34_7):My partner expects my labor to be a very positive experience



Q101 (Q34_8):My partner expects me to feel uninhibited in my noises during labor

