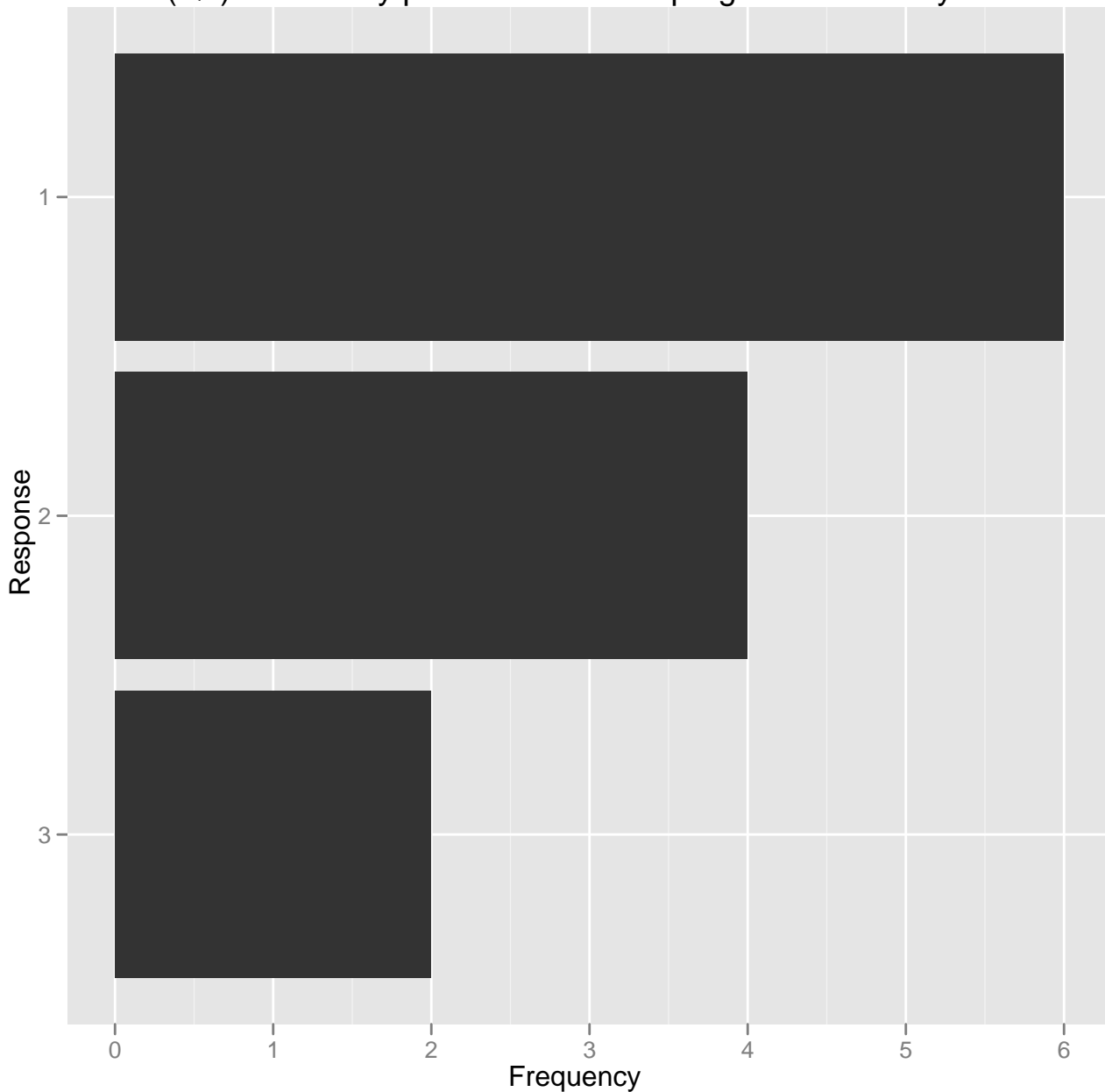
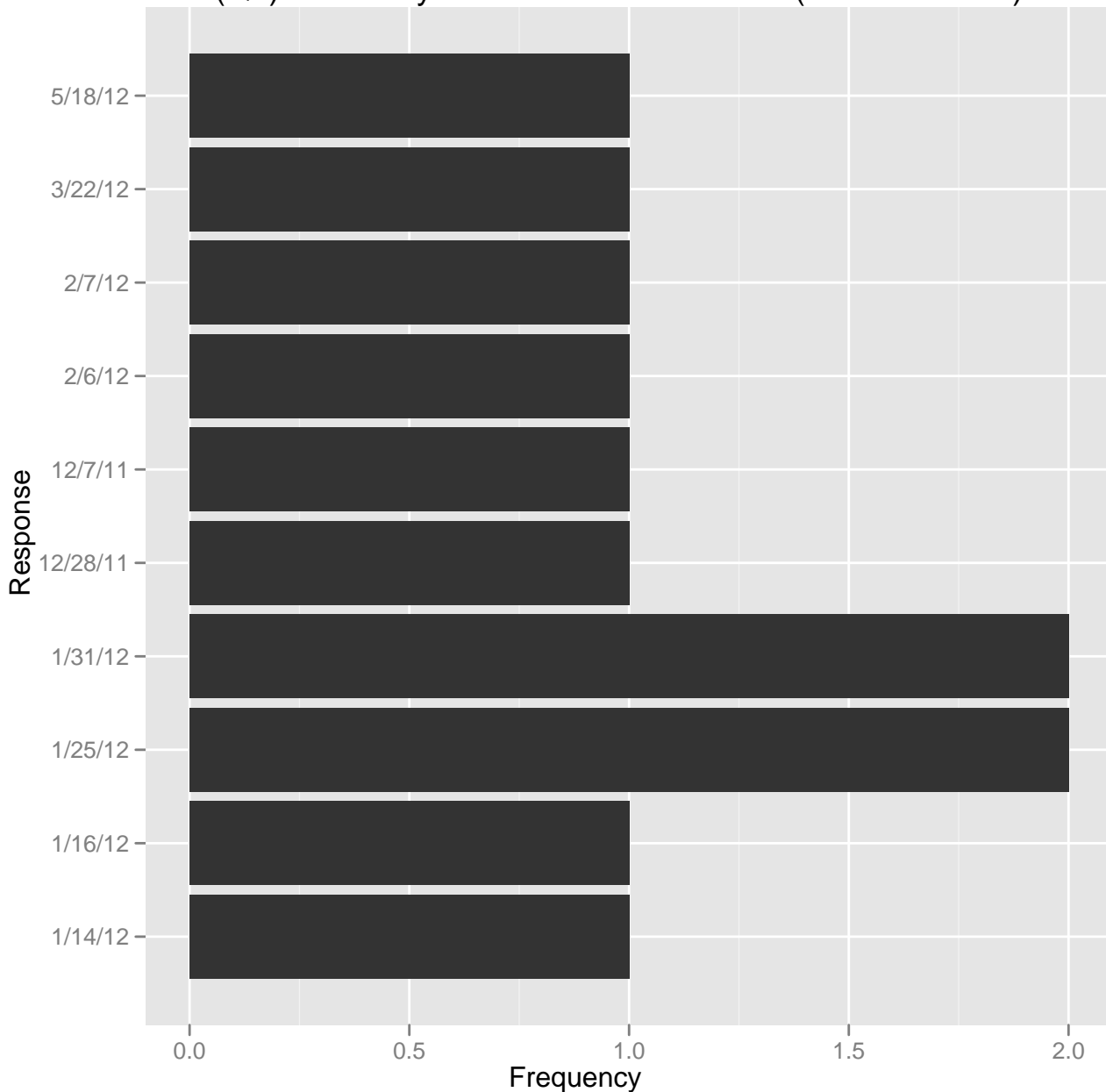


N001 (Q1):How many previous full-term pregnancies have you had?



N002 (Q2):When is your estimated due date? (MM/DD/YYYY)



N003 (Q3):Is this a single or a multiple pregnancy?

Response

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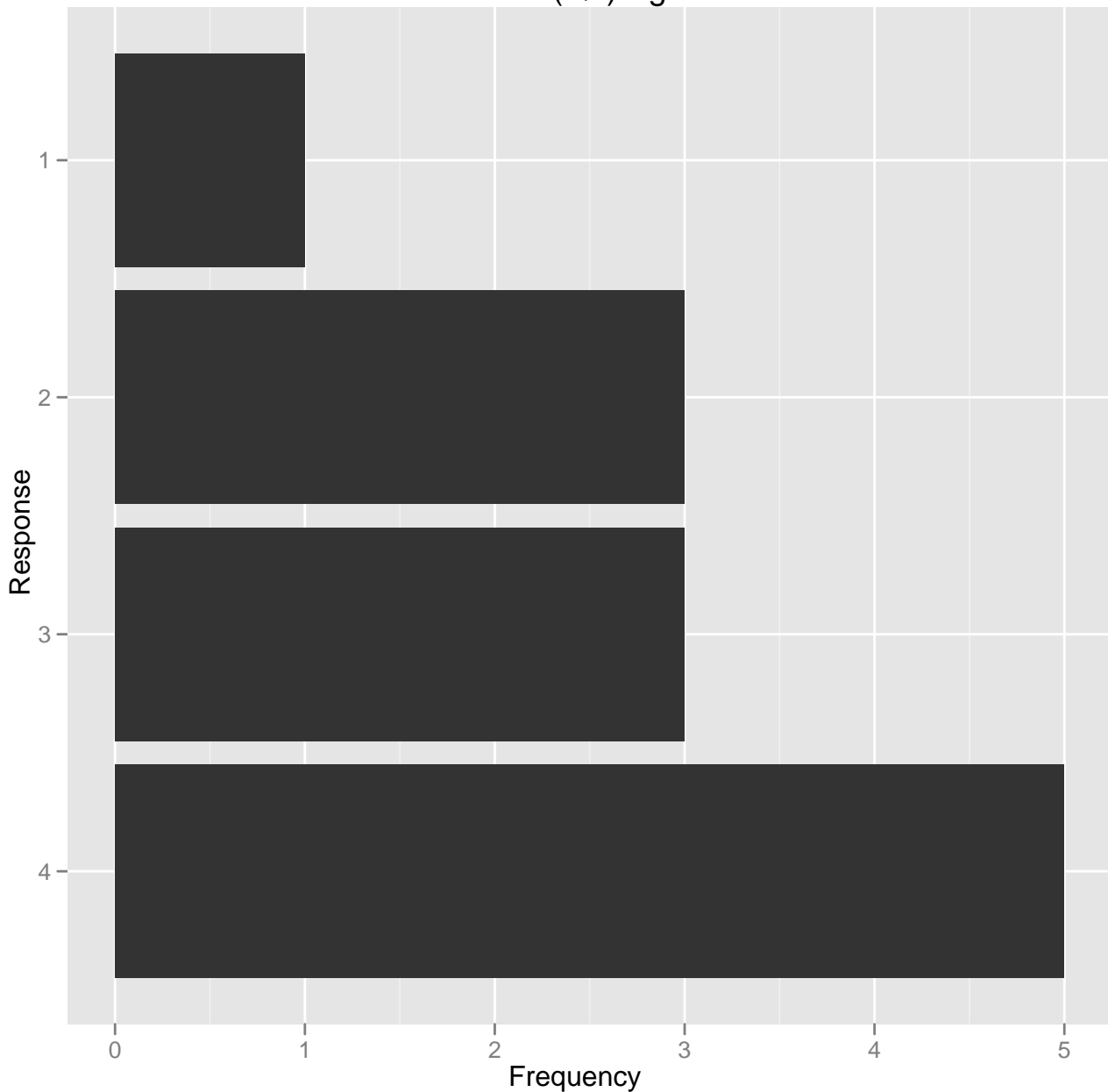
8

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Frequency

N004 (Q4):Age



N005 (Q5):Occupation

Response

self-employed/own and operate a music venue/bar

homemaker

assistant professor

State employee

Researcher

Registered Nurse

Montessori Teacher

Mom

Massage Therapist

Homemaker

Elementary School Music Teacher

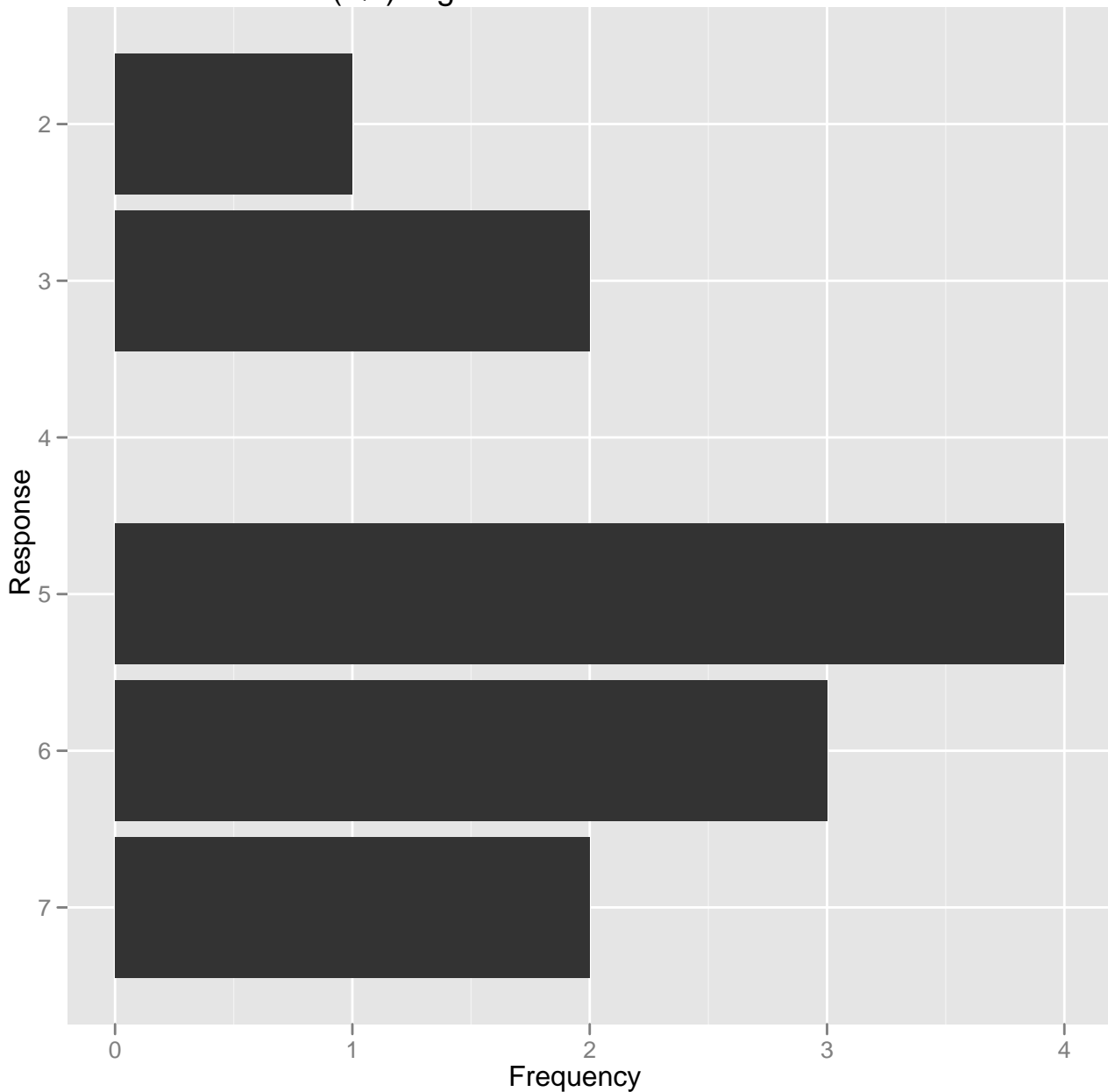
Architect

0.0 0.2 0.4 0.6 0.8 1.0

Frequency



N006 (Q6):Highest educational level achieved



N007 (Q7):Are you currently partnered?

Response

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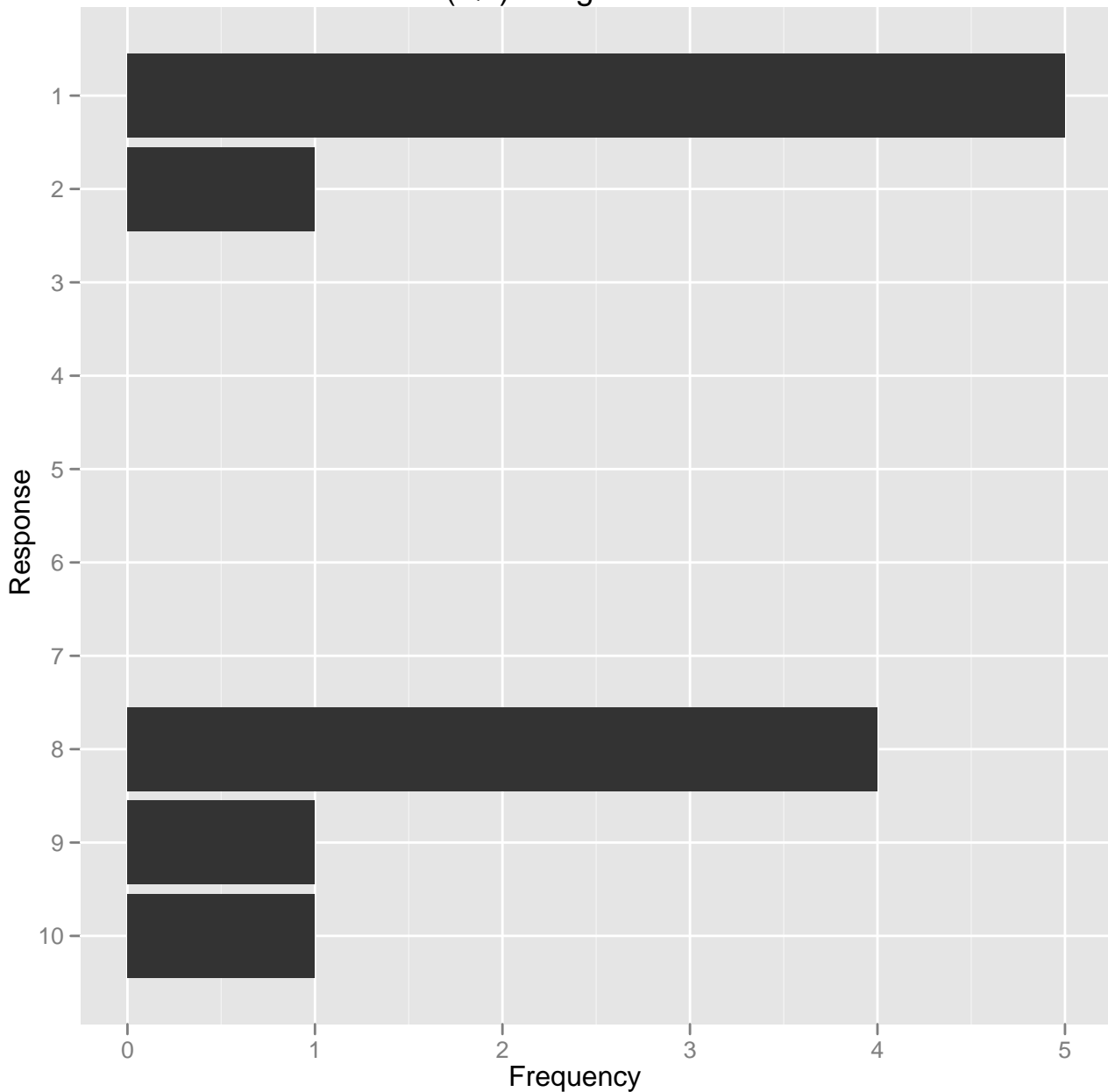
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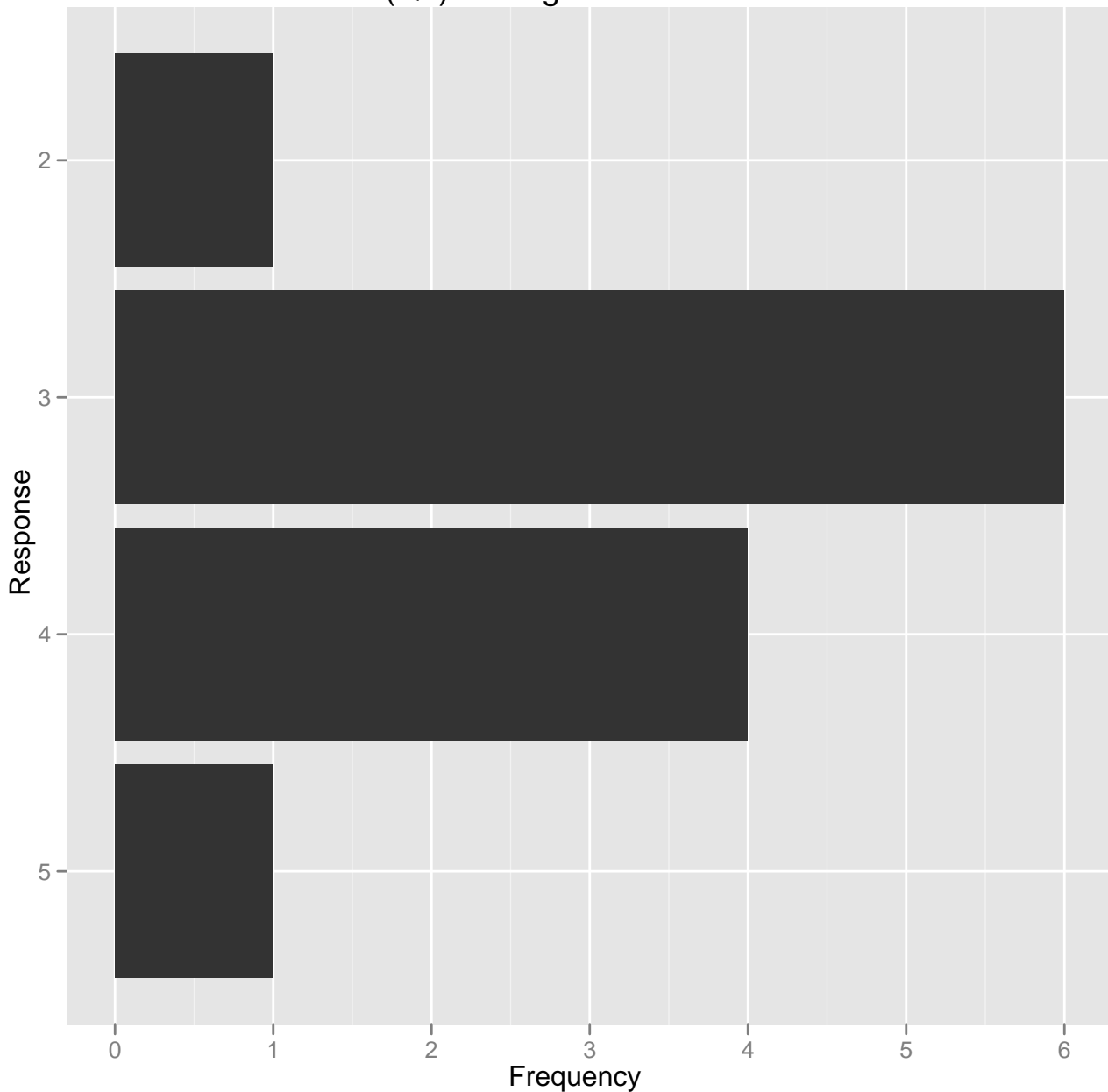
12

Frequency

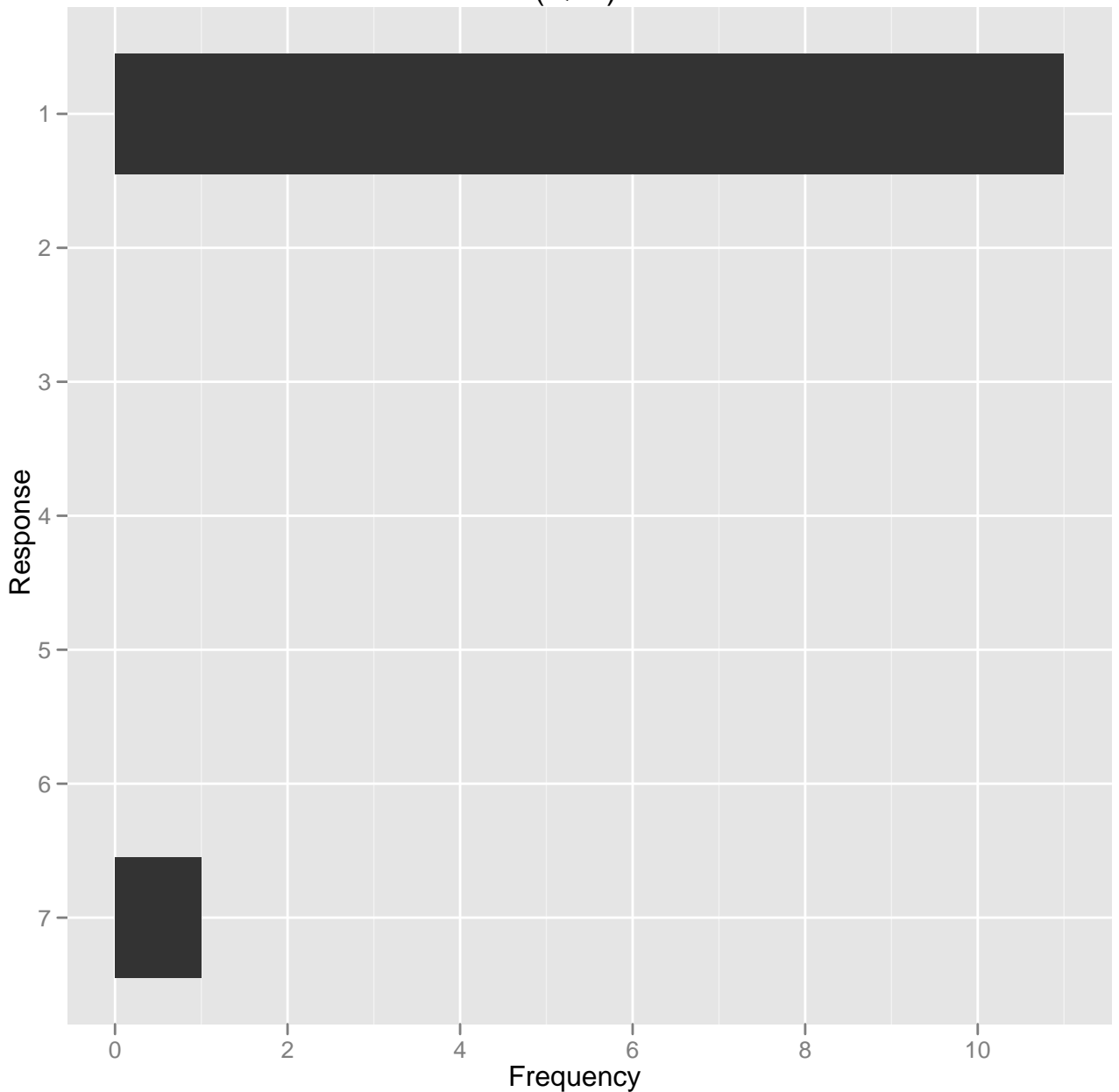
N008 (Q8):Religious affiliation



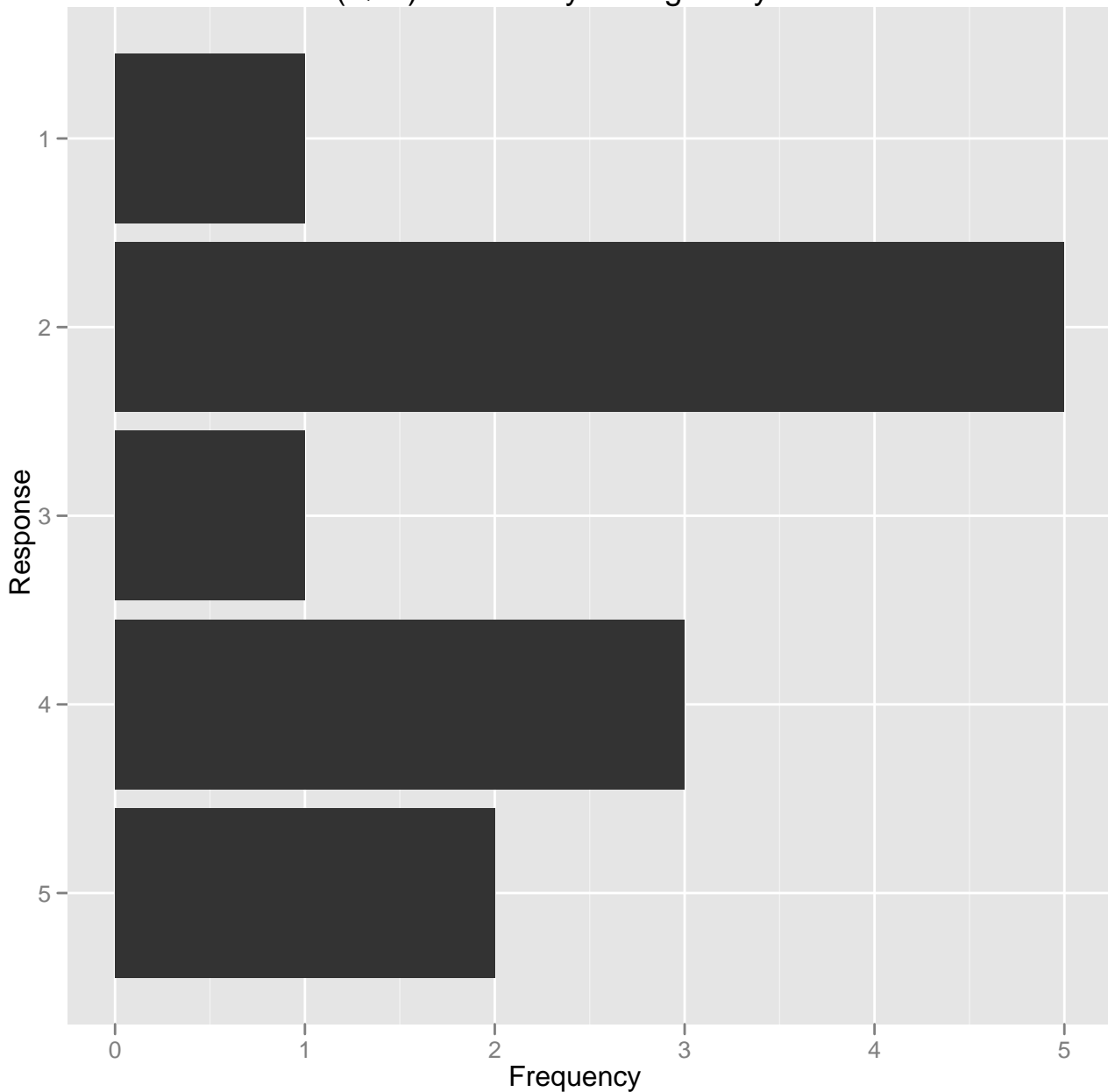
N009 (Q9):Average household income



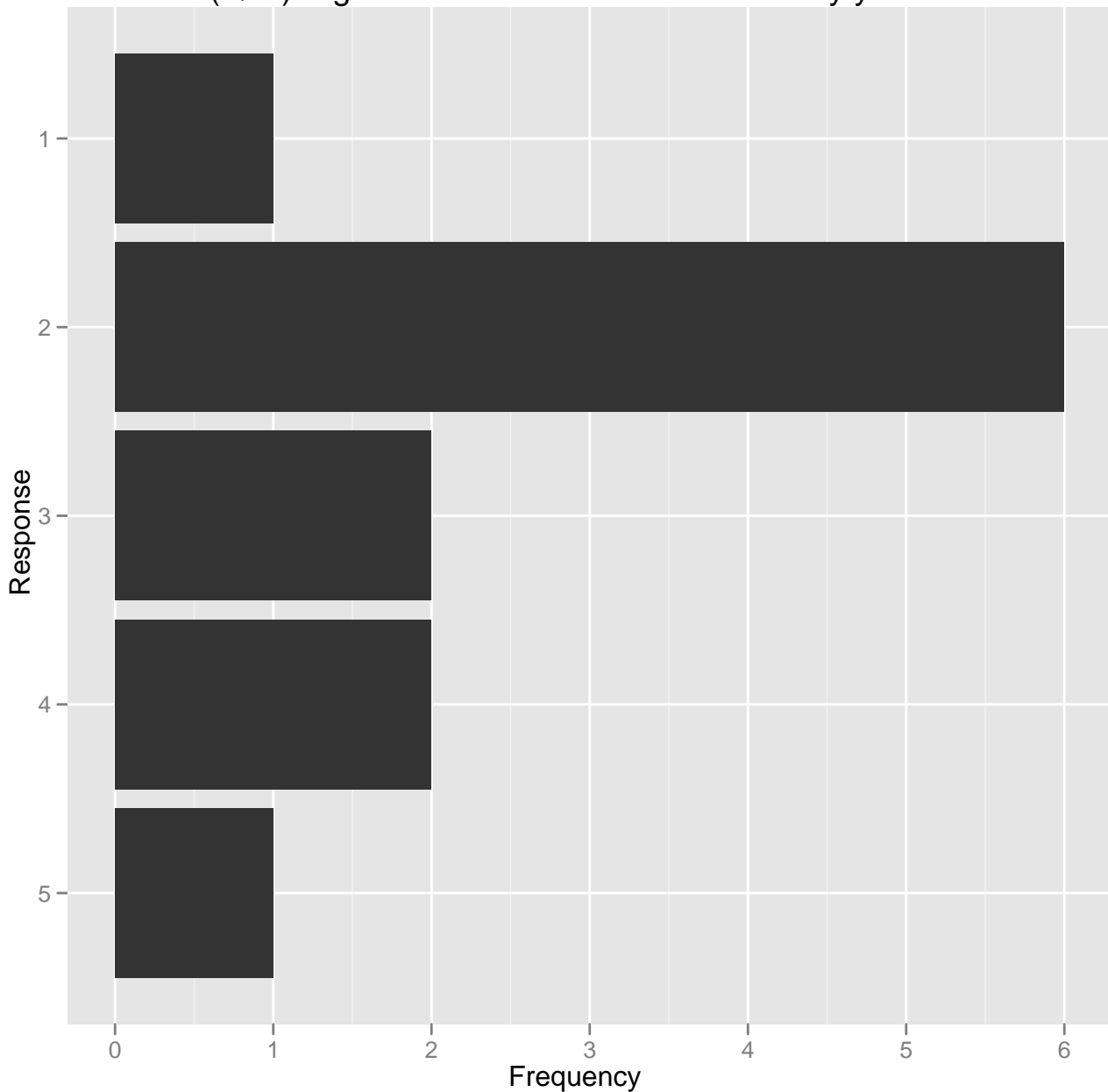
N010 (Q10):Race



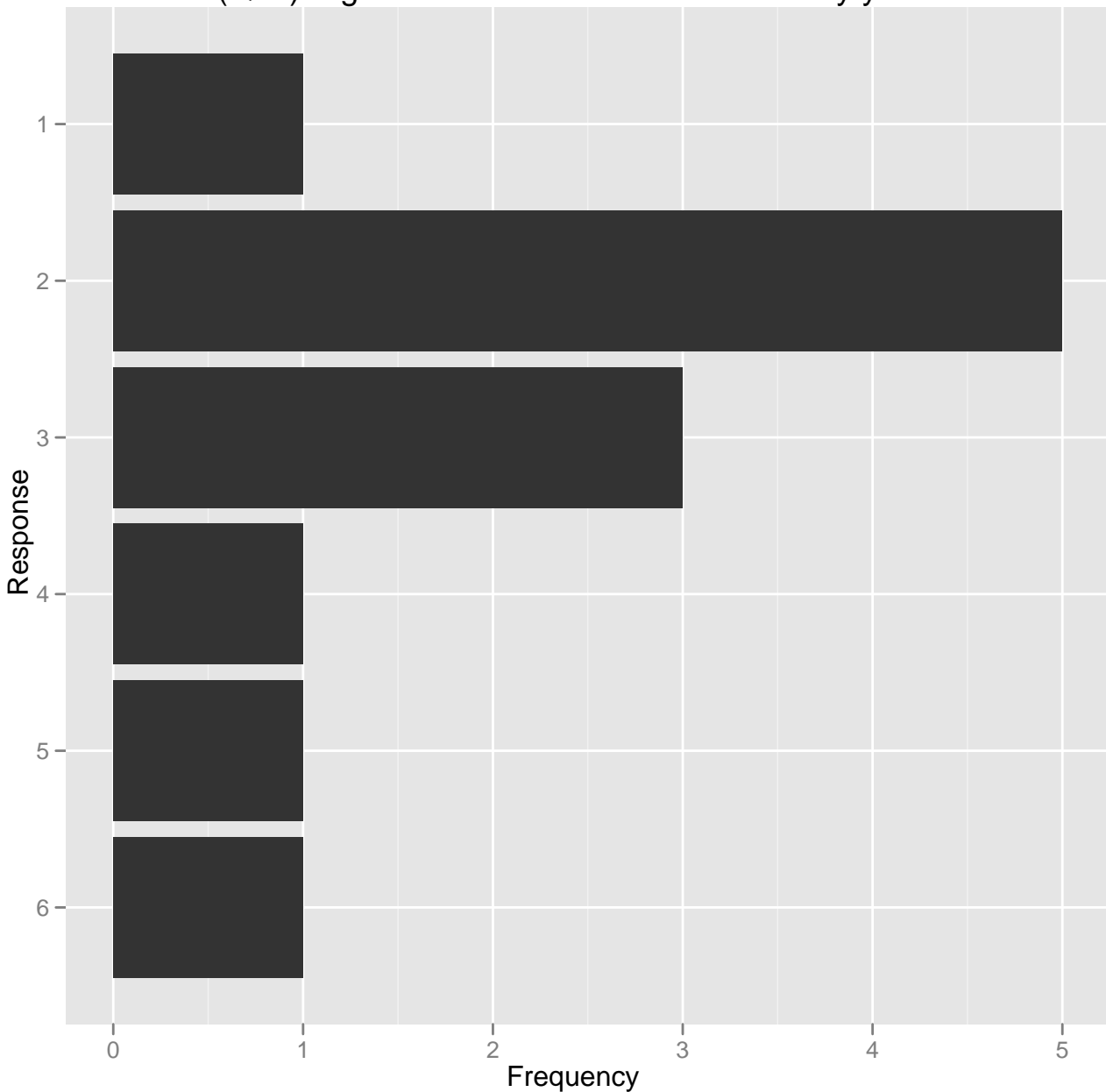
N011 (Q11):How many siblings do you have?



N012 (Q12):Highest educational level achieved by your mother



N013 (Q13):Highest educational level achieved by your father



Q14 (Q14):What is your primary motivating factor for choosing an out-of-hospital birthing experience?

Response

to get out of the Western medical model that treats pregnancy as a disease

more personal freedom and choice for self

didn't see the need to medicalize a natural process

a non-medicated birth with less to no intervention

Wanting a different experience than what we had with our prior children

Trusting my body to do what it was made to do, without unnecessary medical intervention

Prefer natural birthing techniques: i.e. no meds, less invasive, water birth, freedom of mvmt., labor position

Intervention Free Birth and birthing in a more supportive and nurturing environment

I want to be the one in charge, not the medical professionals

Freedom of choice

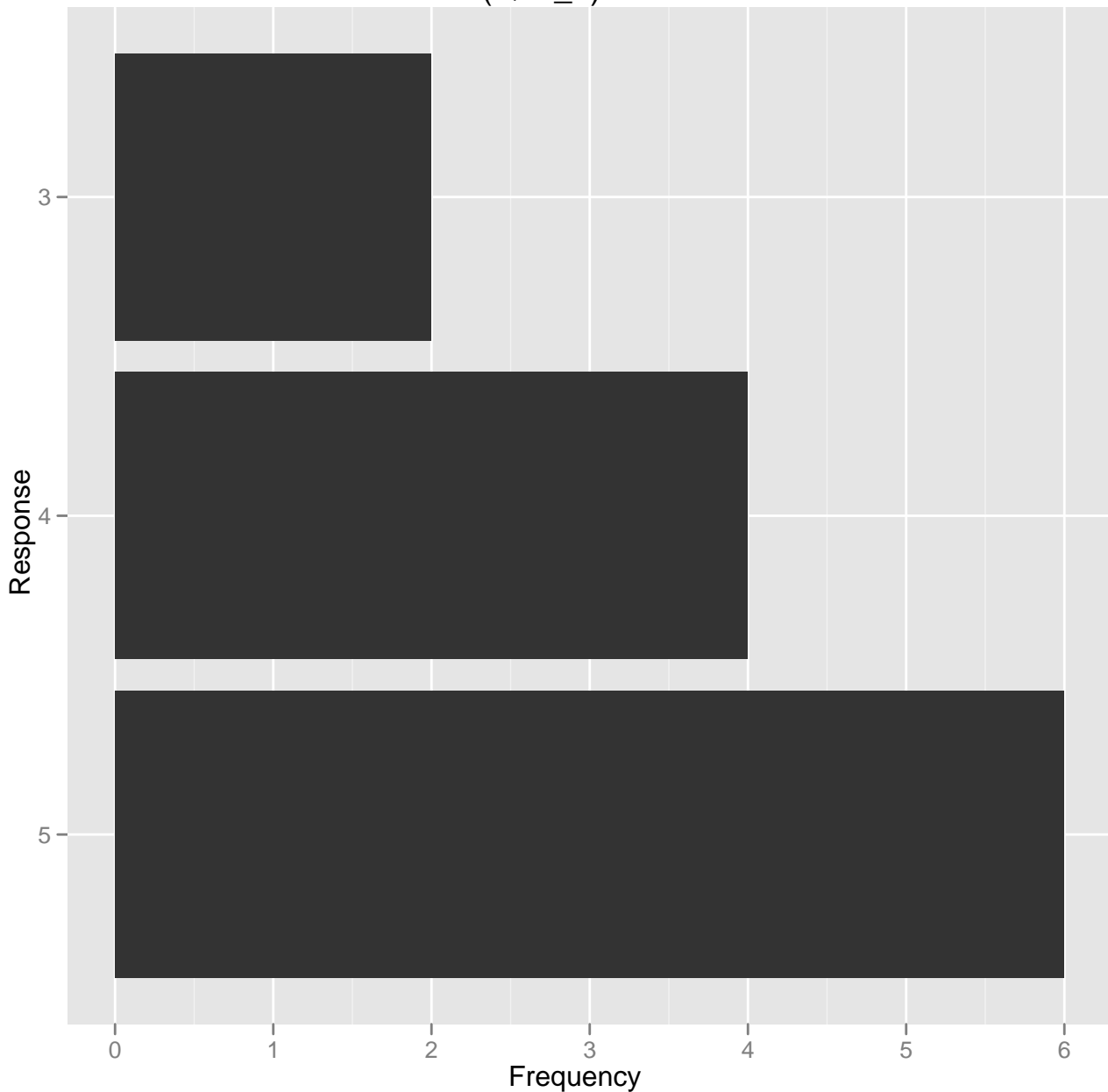
Desire to avoid unnecessary medical interventions and experience birth the way God created it

Decreasing the likelihood of unnecessary interventions

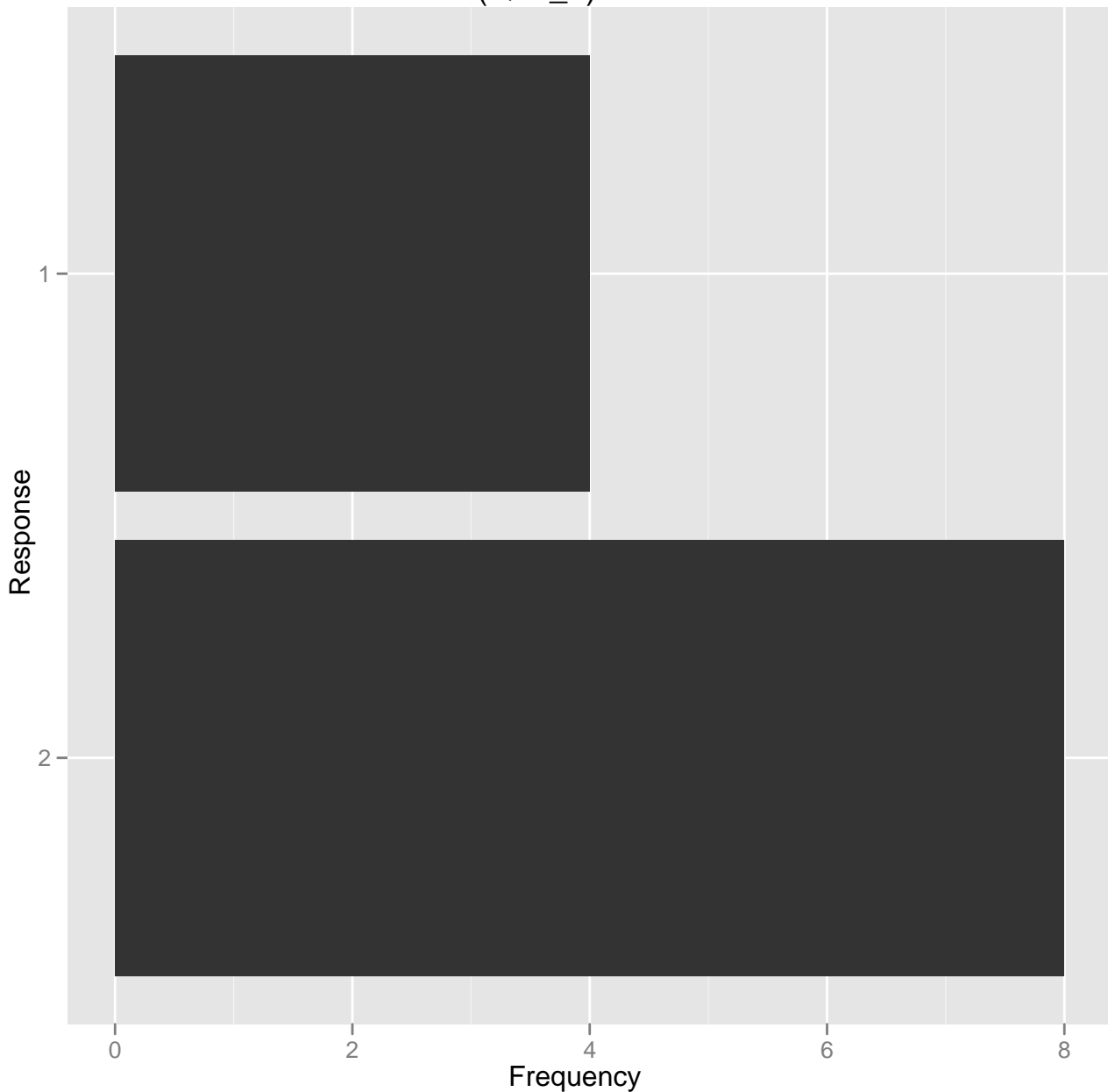
Frequency

1.0.8

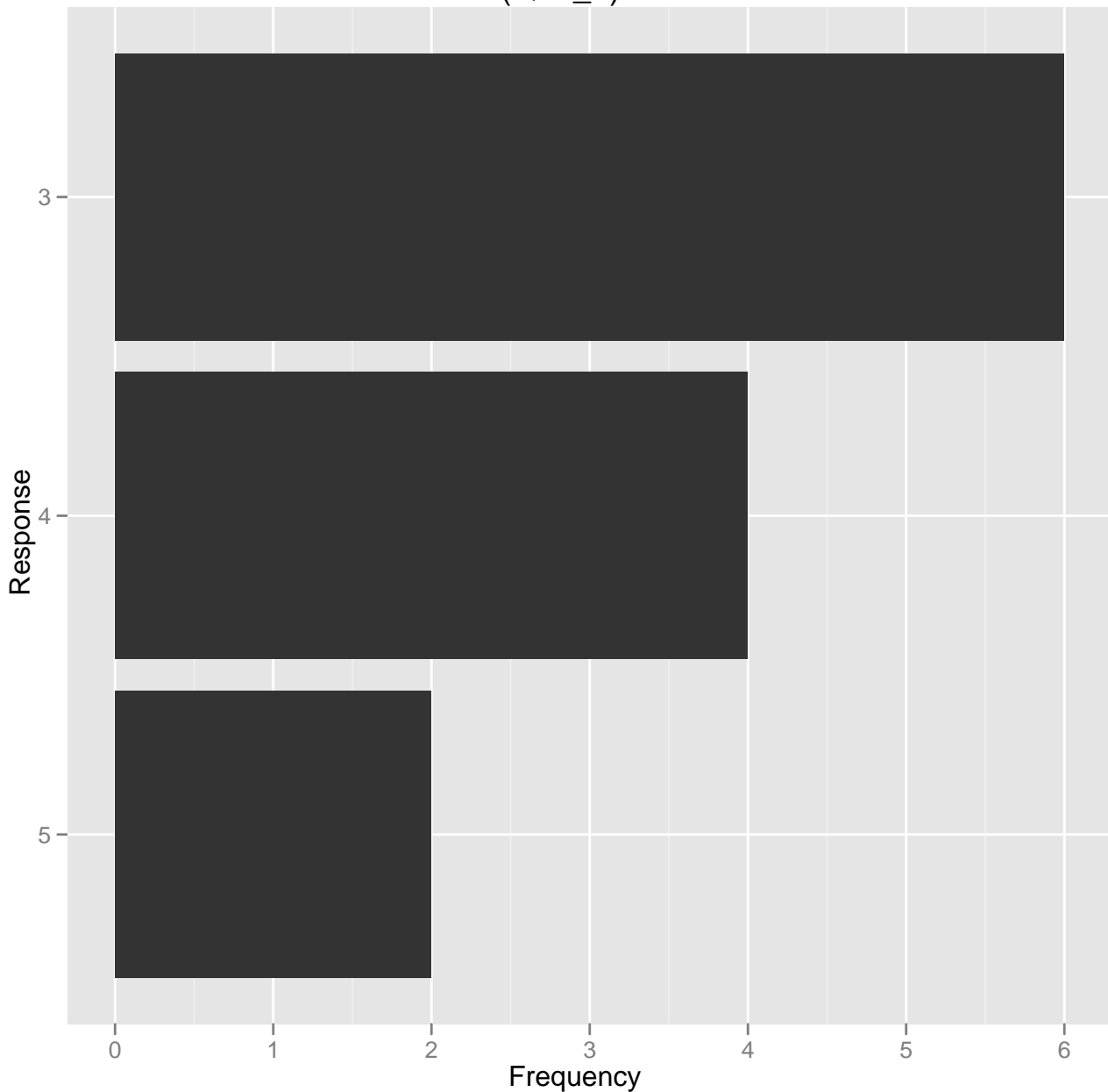
N015 (Q16_1):Interested



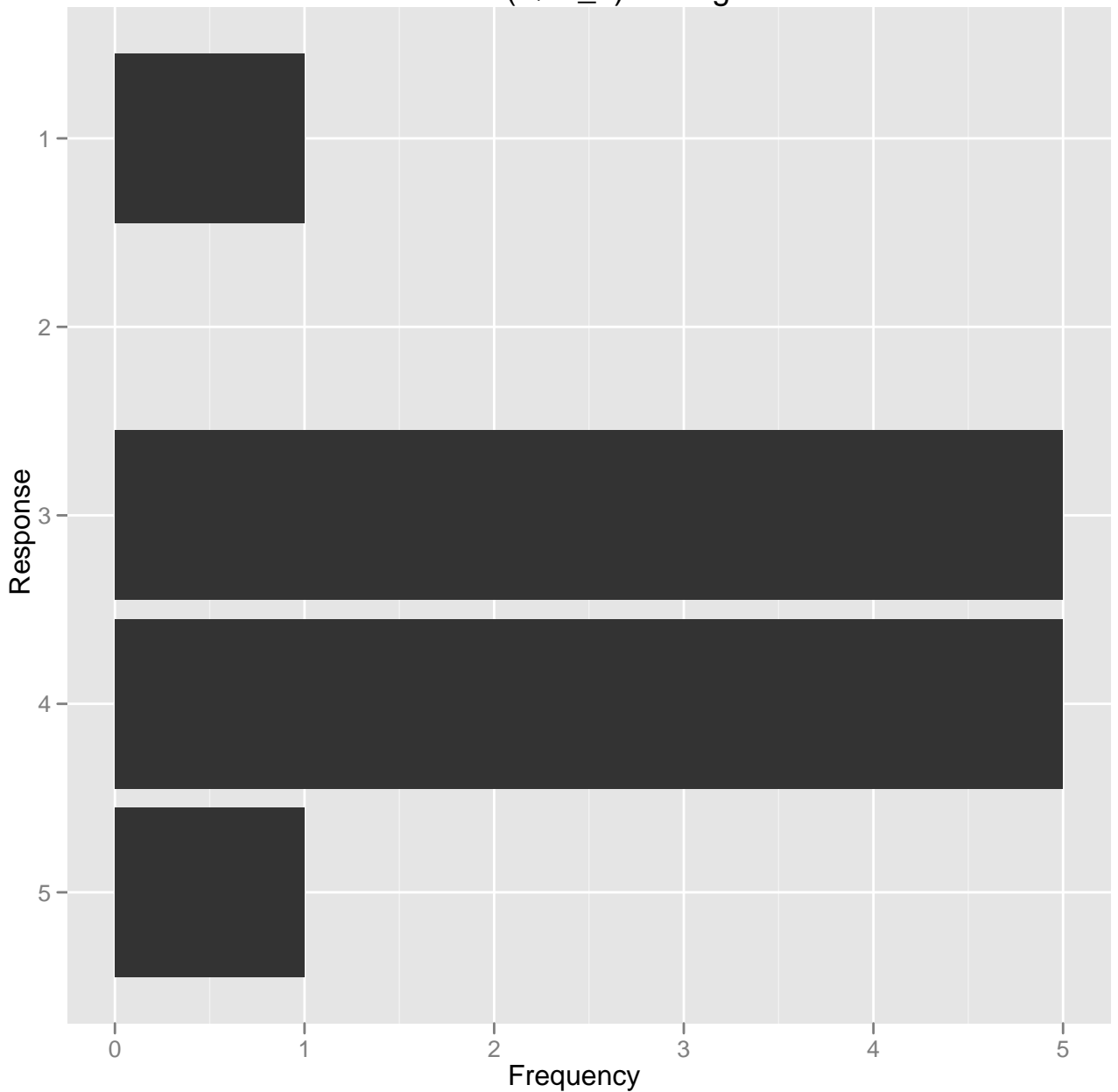
N016 (Q16_2):Distressed



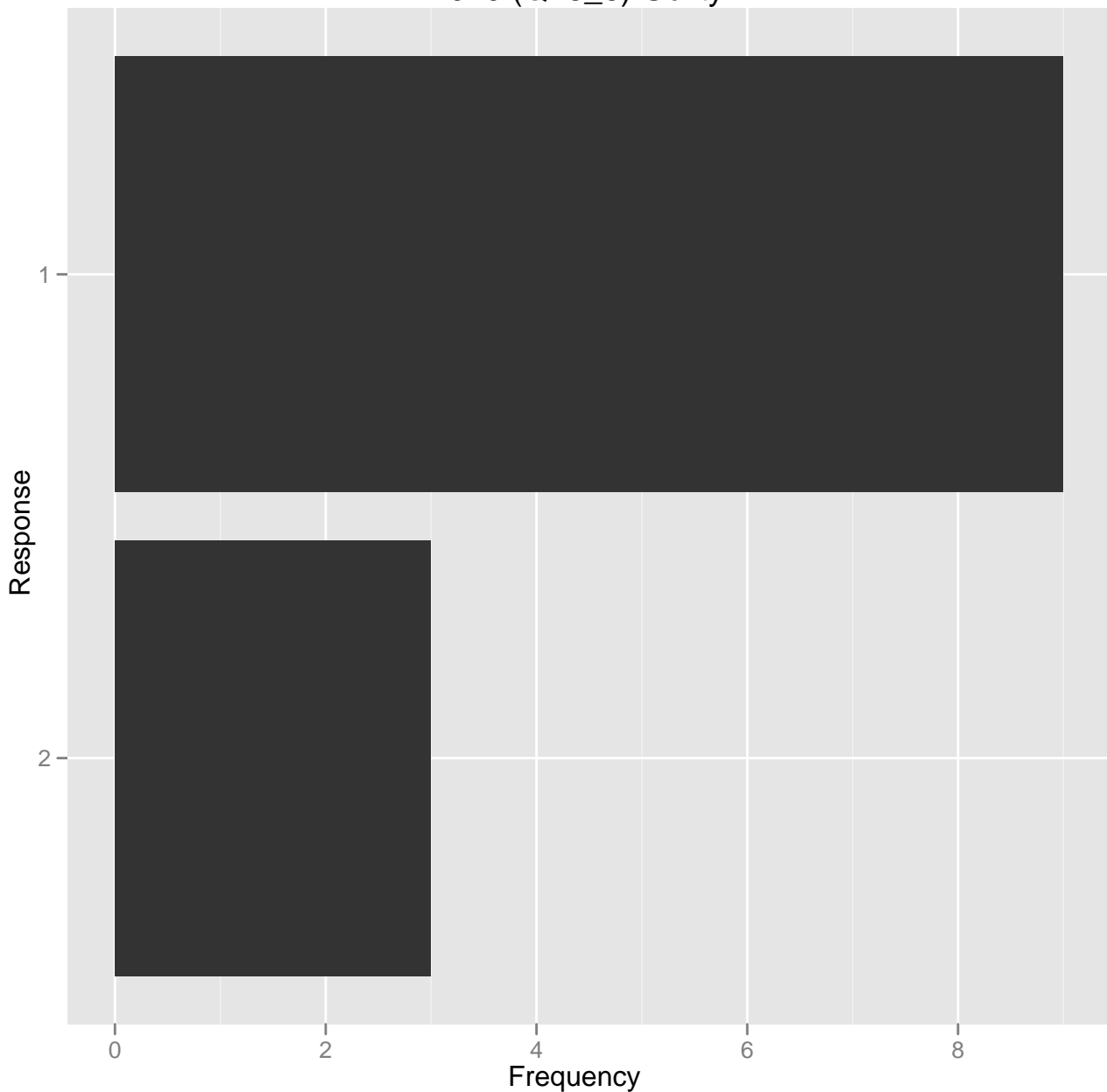
N017 (Q16_3):Excited



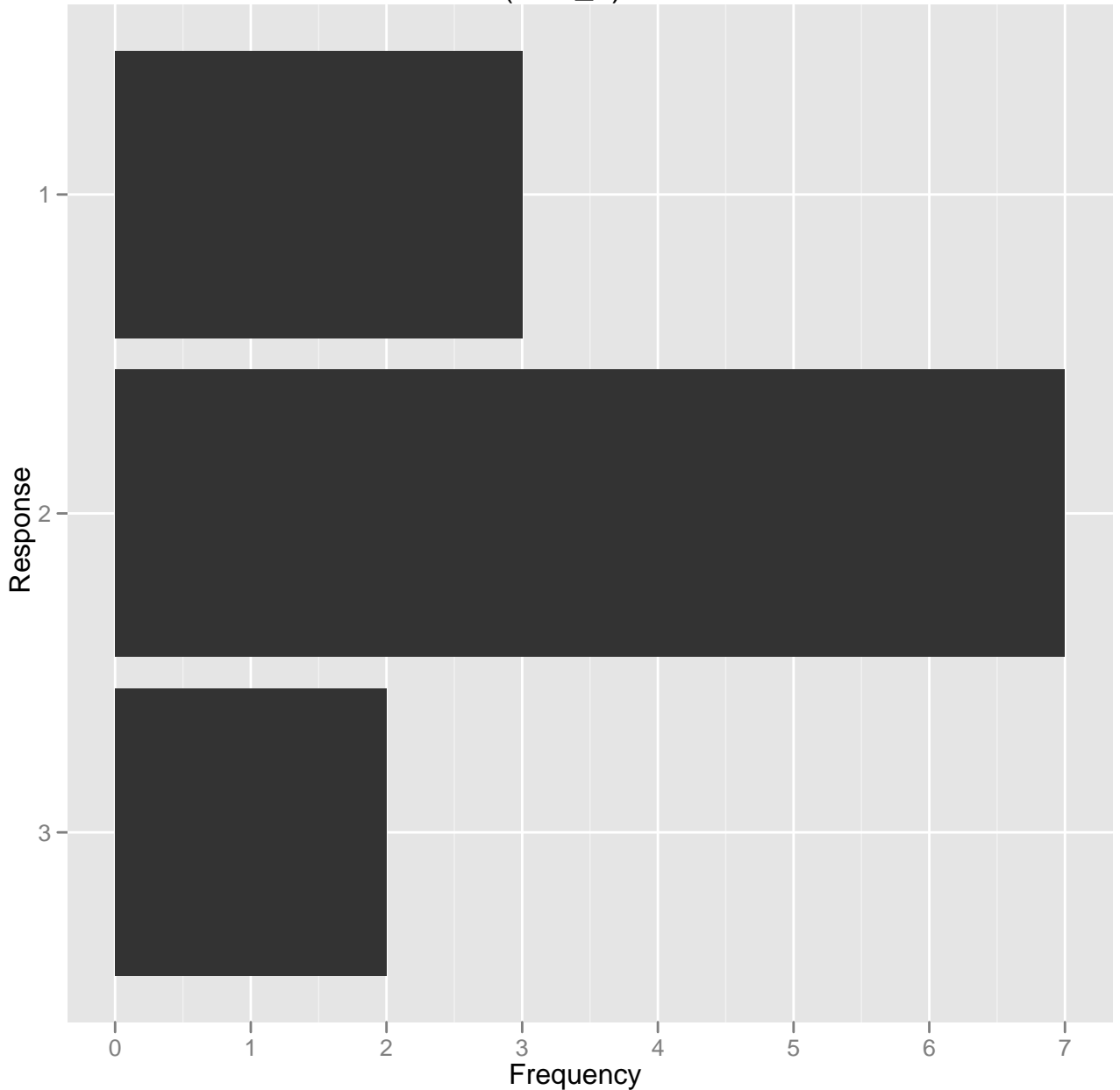
N019 (Q16_5):Strong



N020 (Q16_6):Guilty



N021 (Q16_7):Scared



N022 (Q16_8):Hostile

Response

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0

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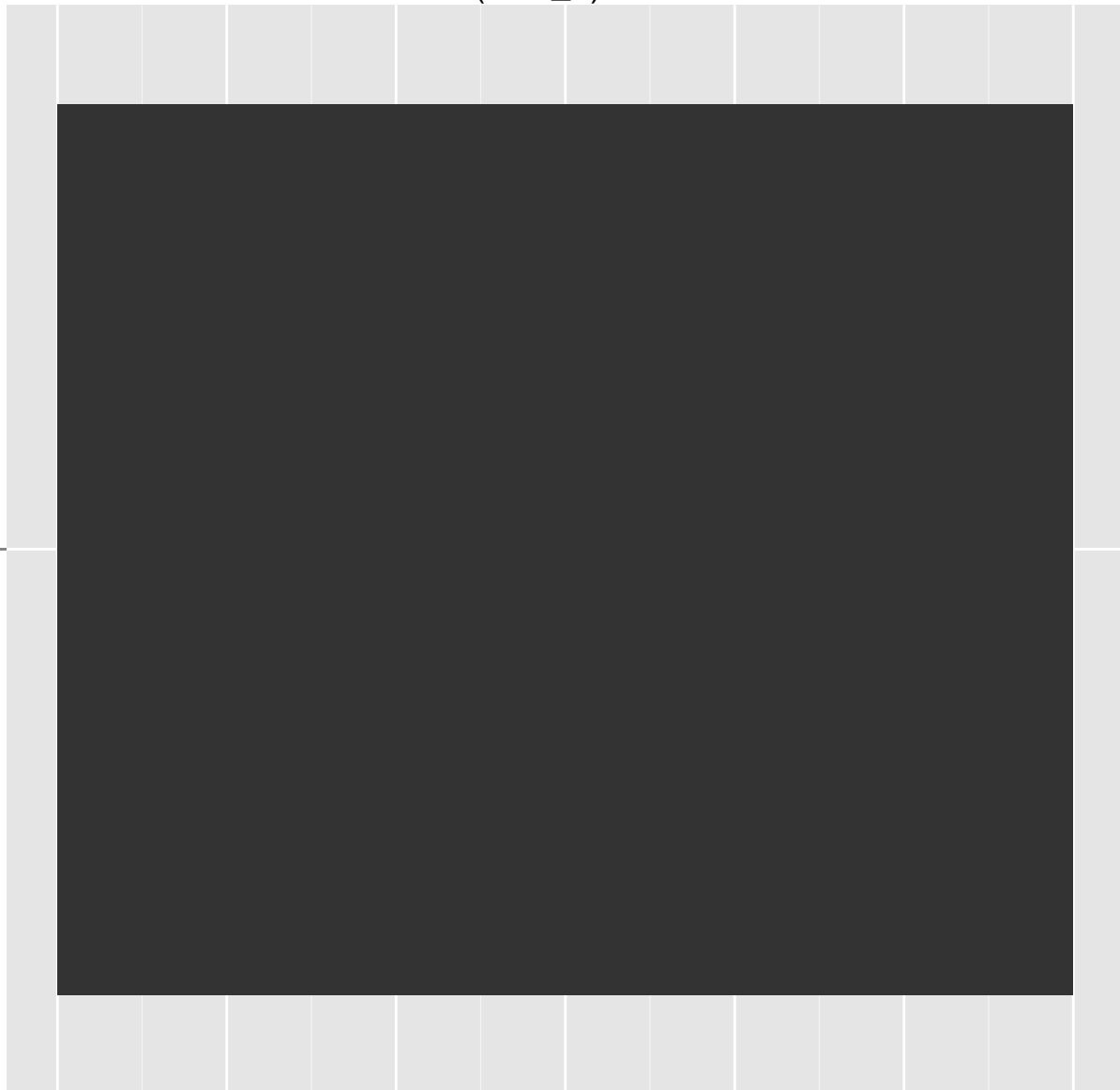
6

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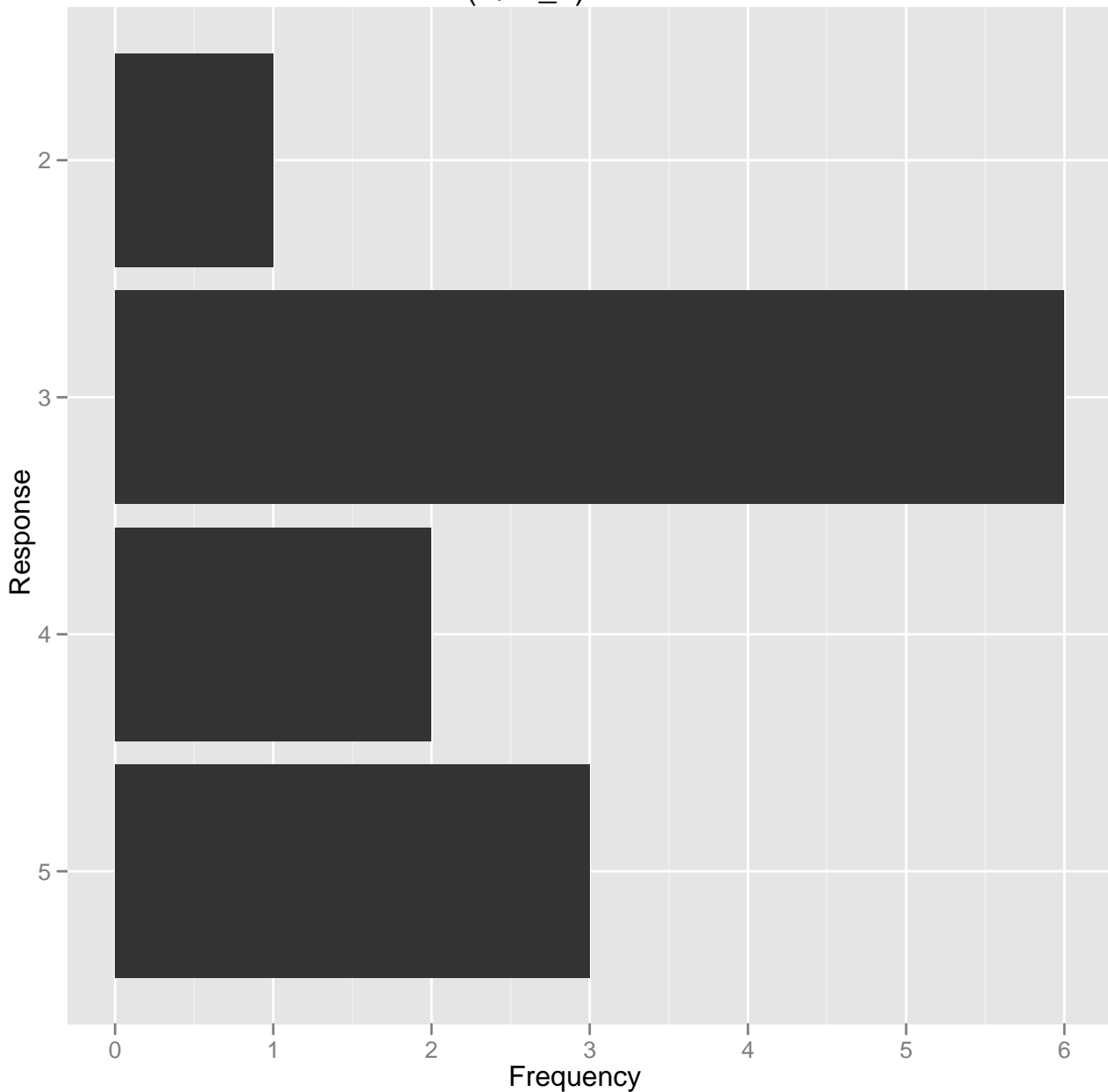
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12

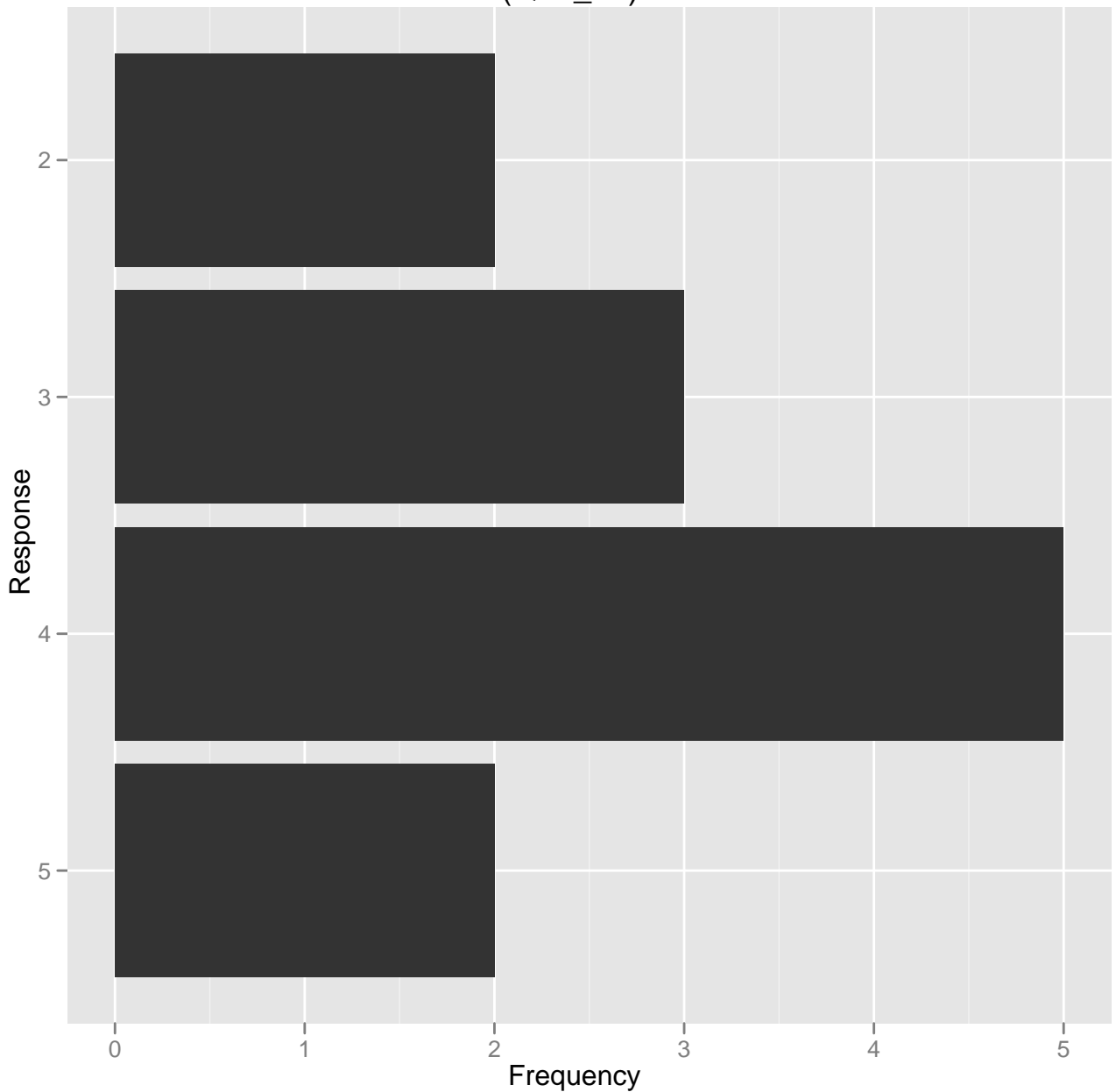
Frequency



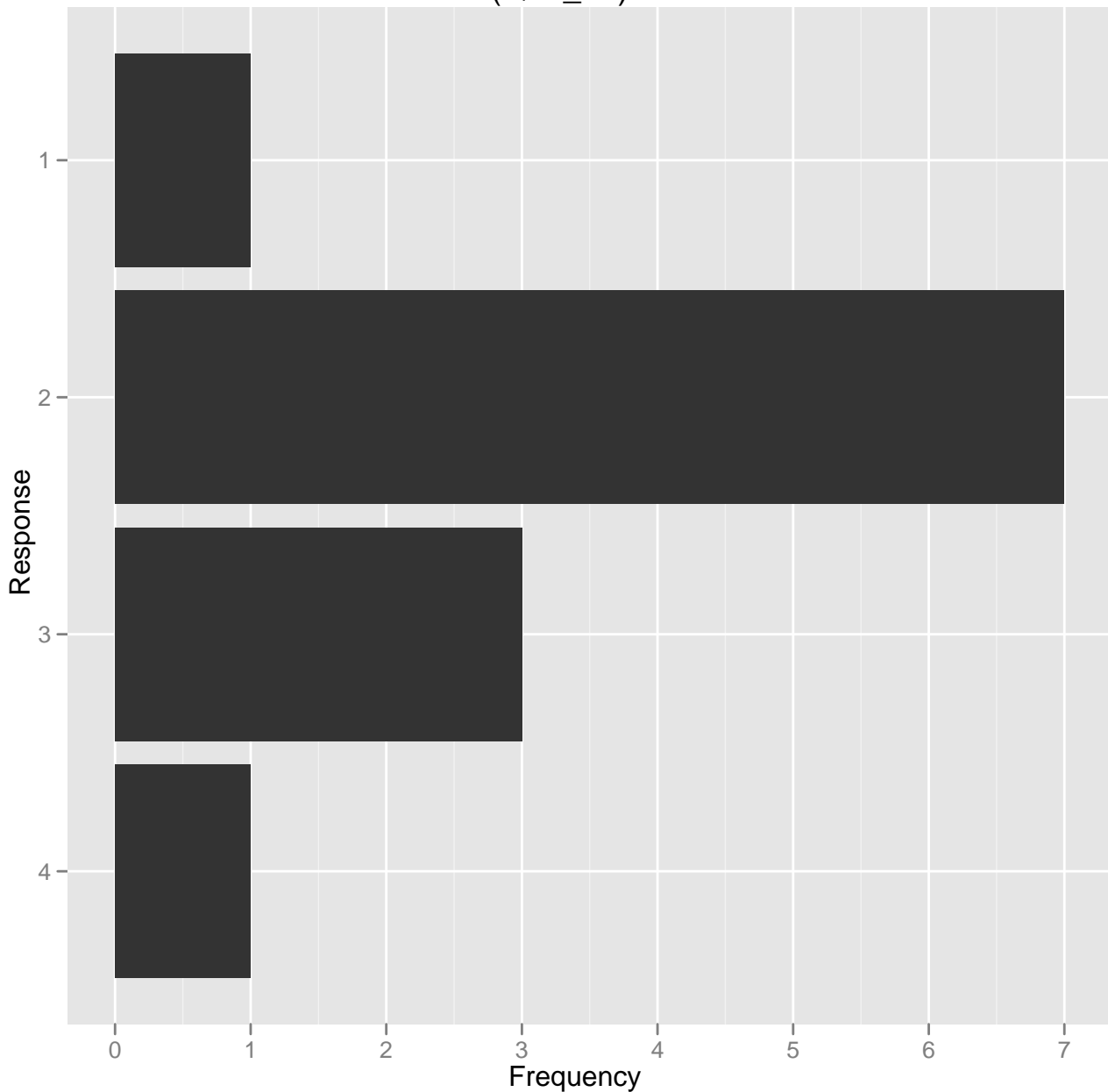
N023 (Q16_9):Enthusiastic



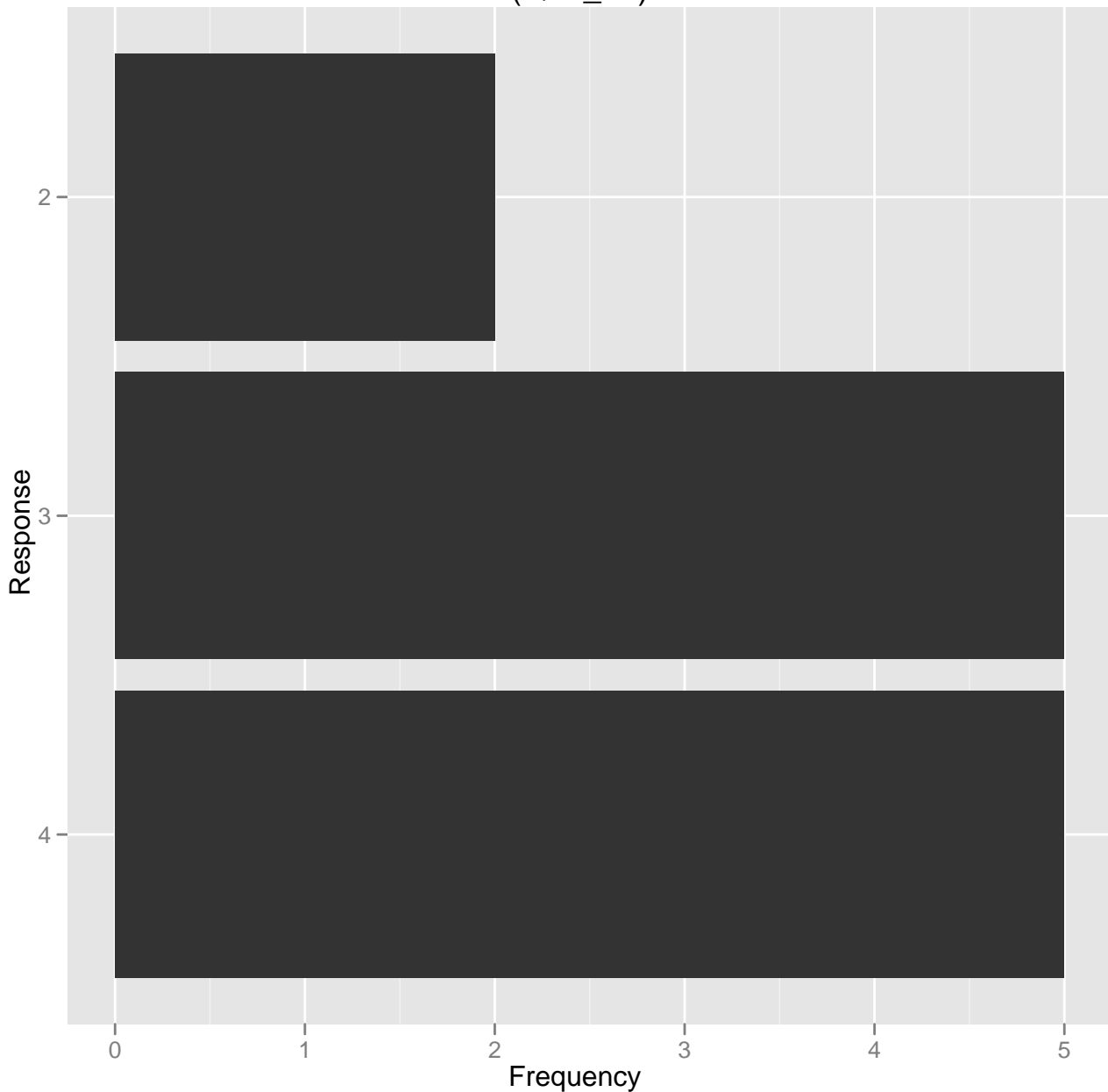
N024 (Q16_10):Proud



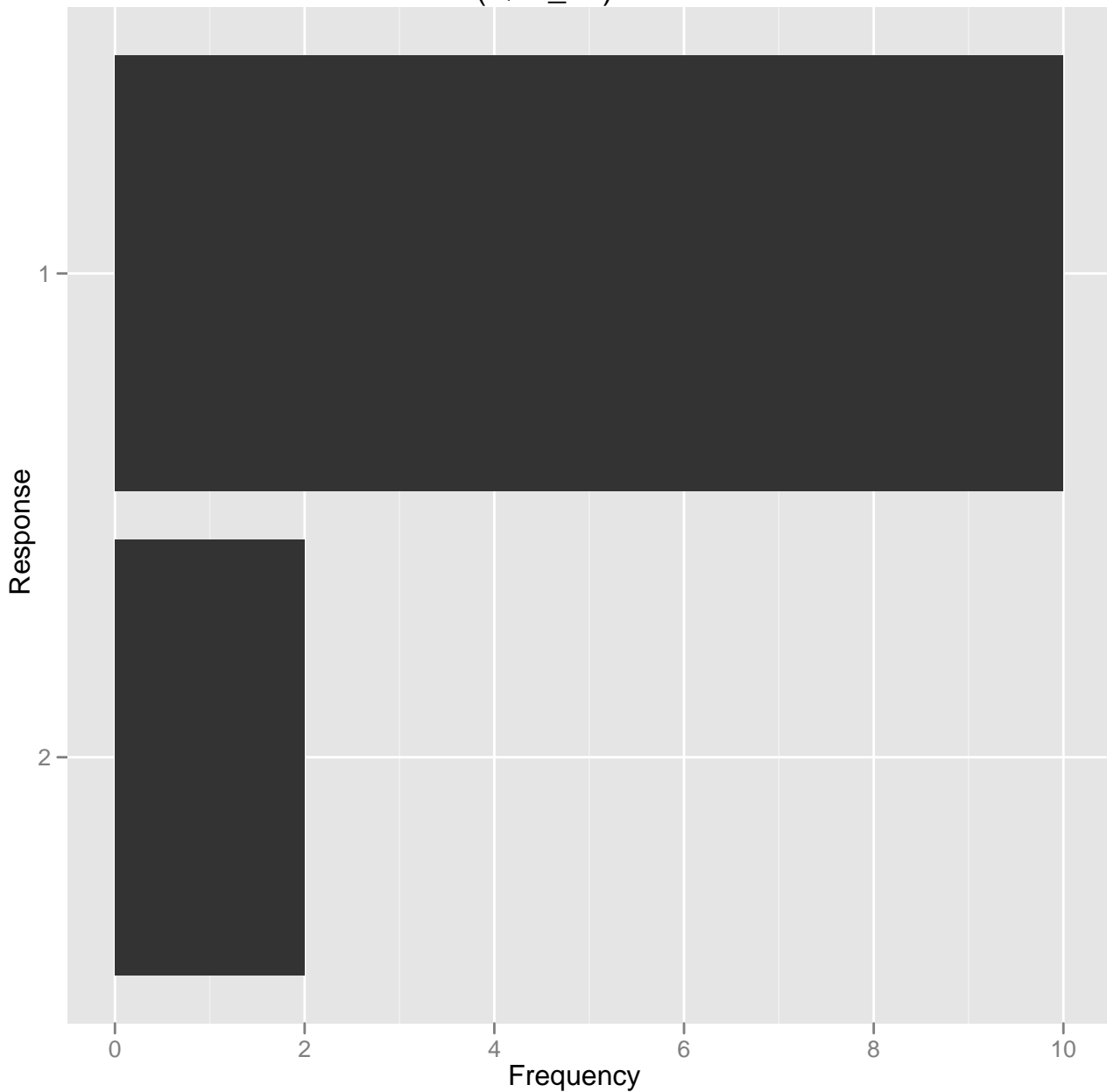
N025 (Q16_11):Irritable



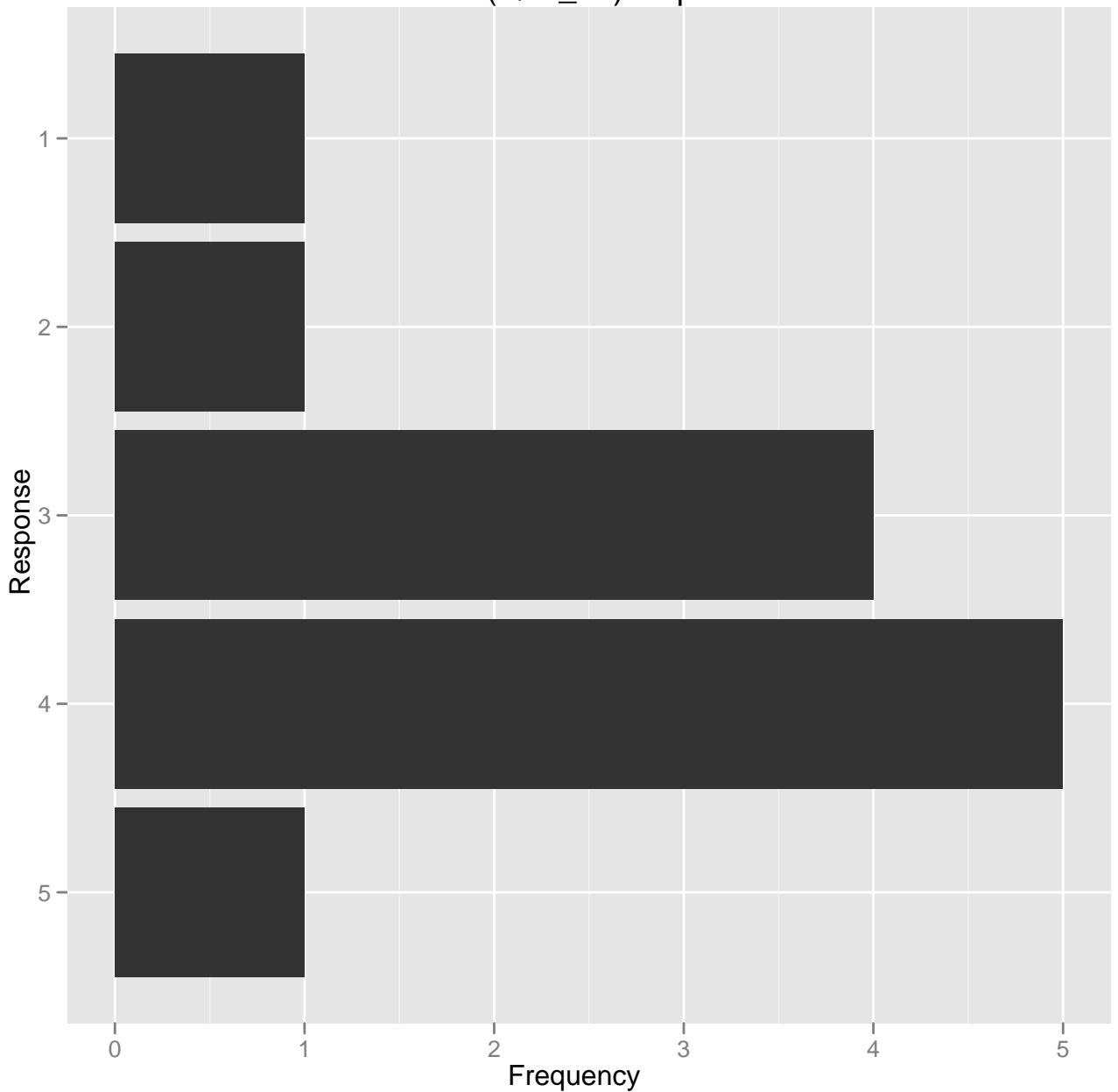
N026 (Q16_12):Alert



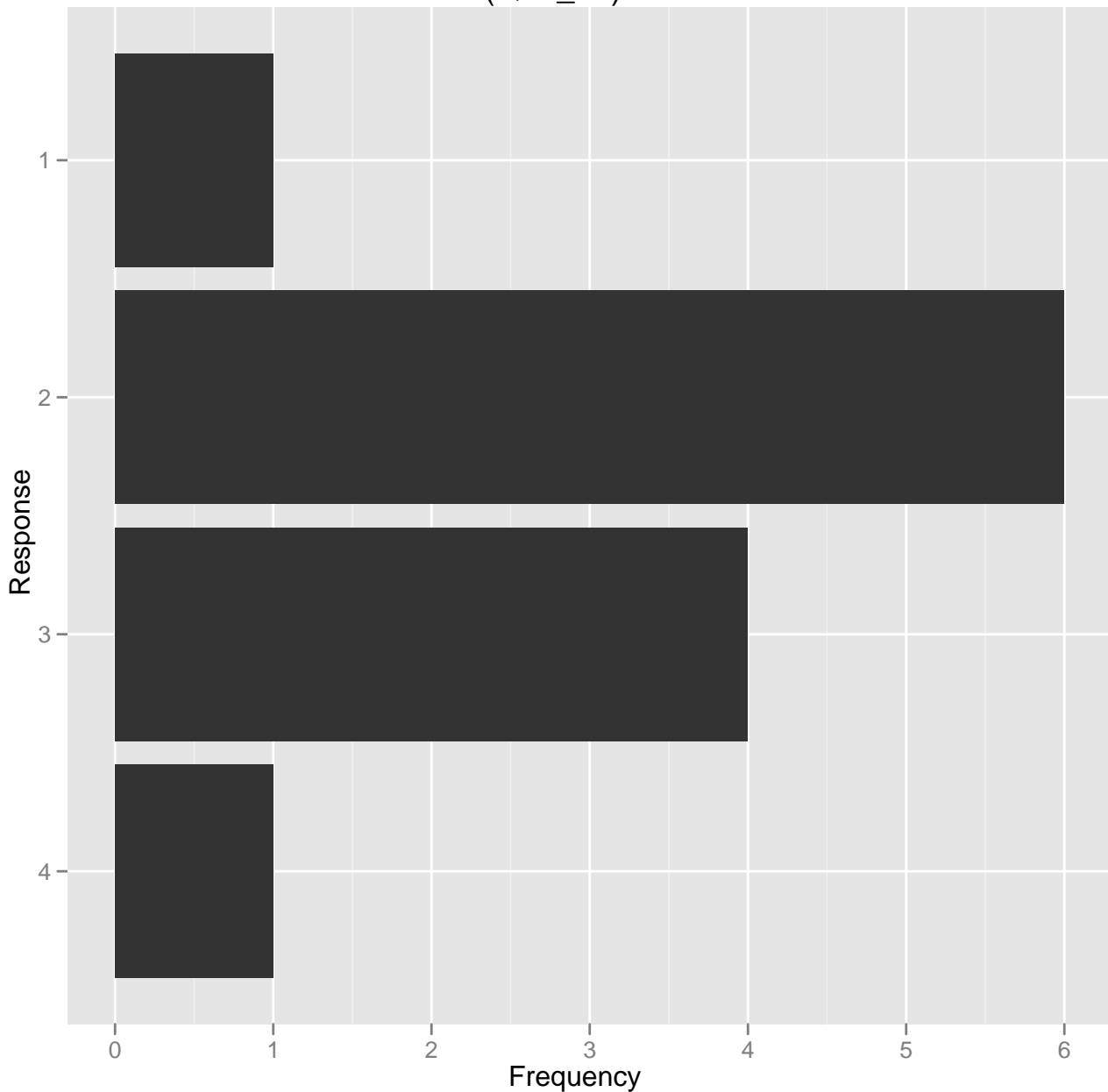
N027 (Q16_13):Ashamed



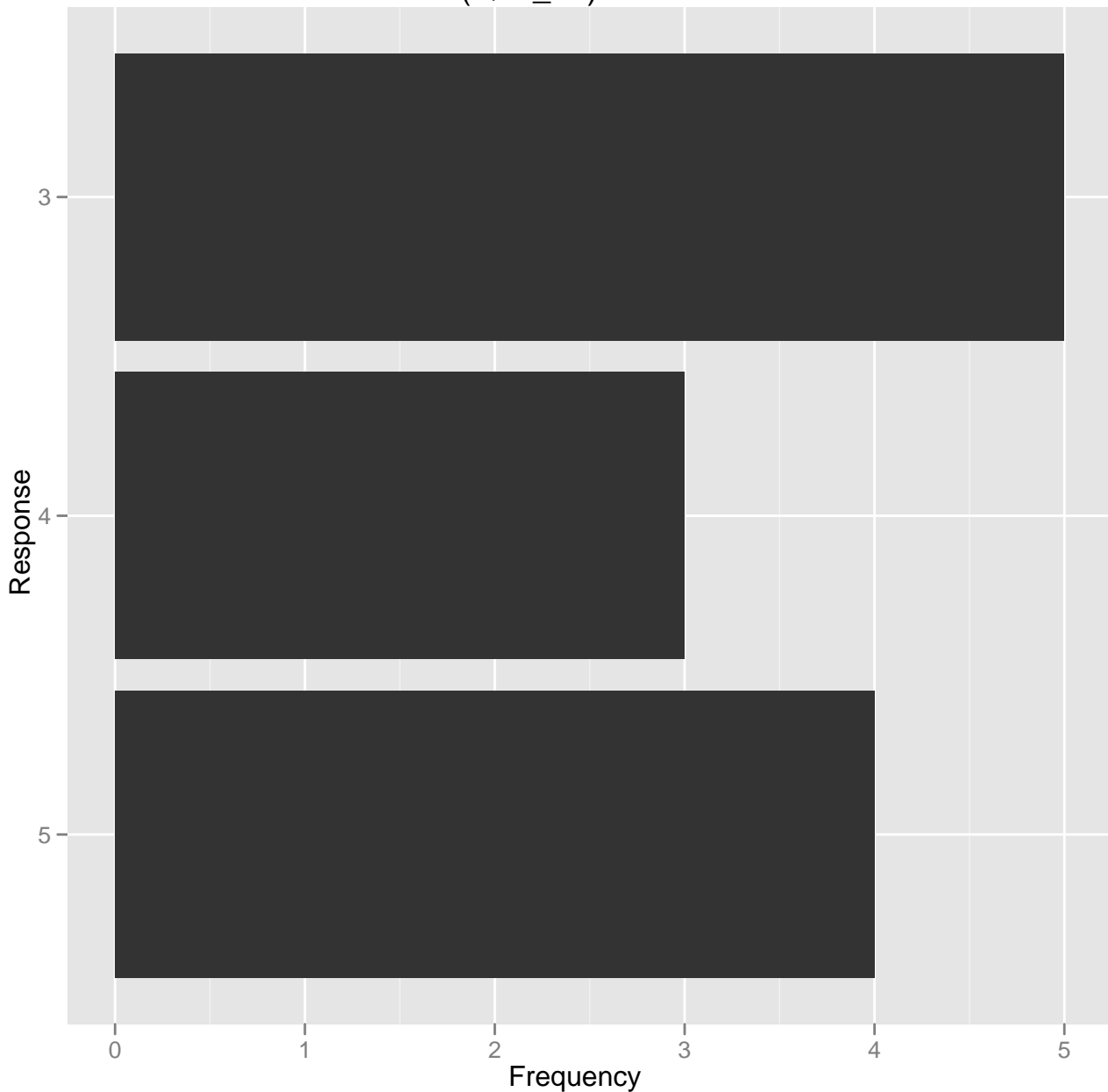
N028 (Q16_14):Inspired



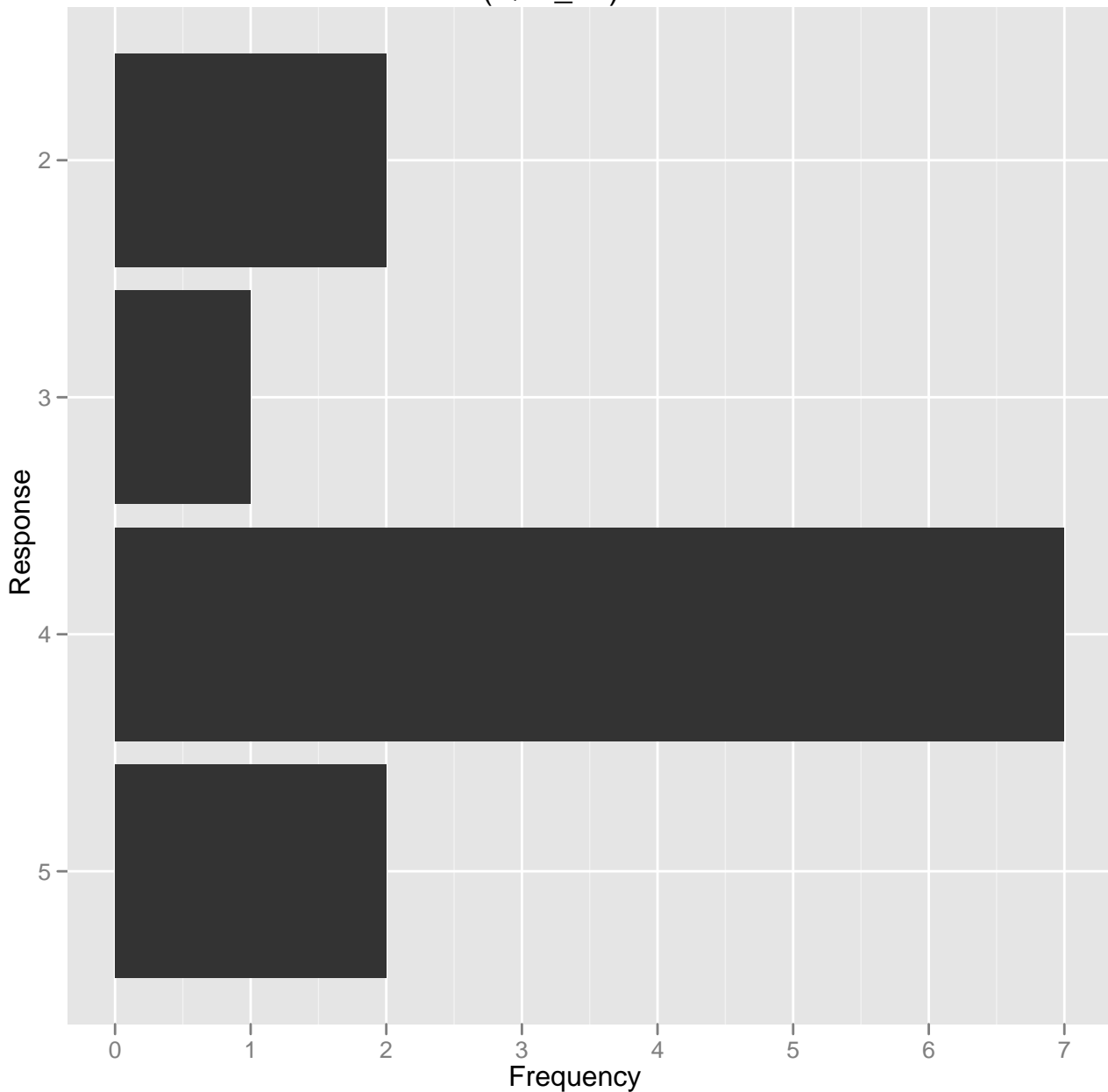
N029 (Q16_15):Nervous



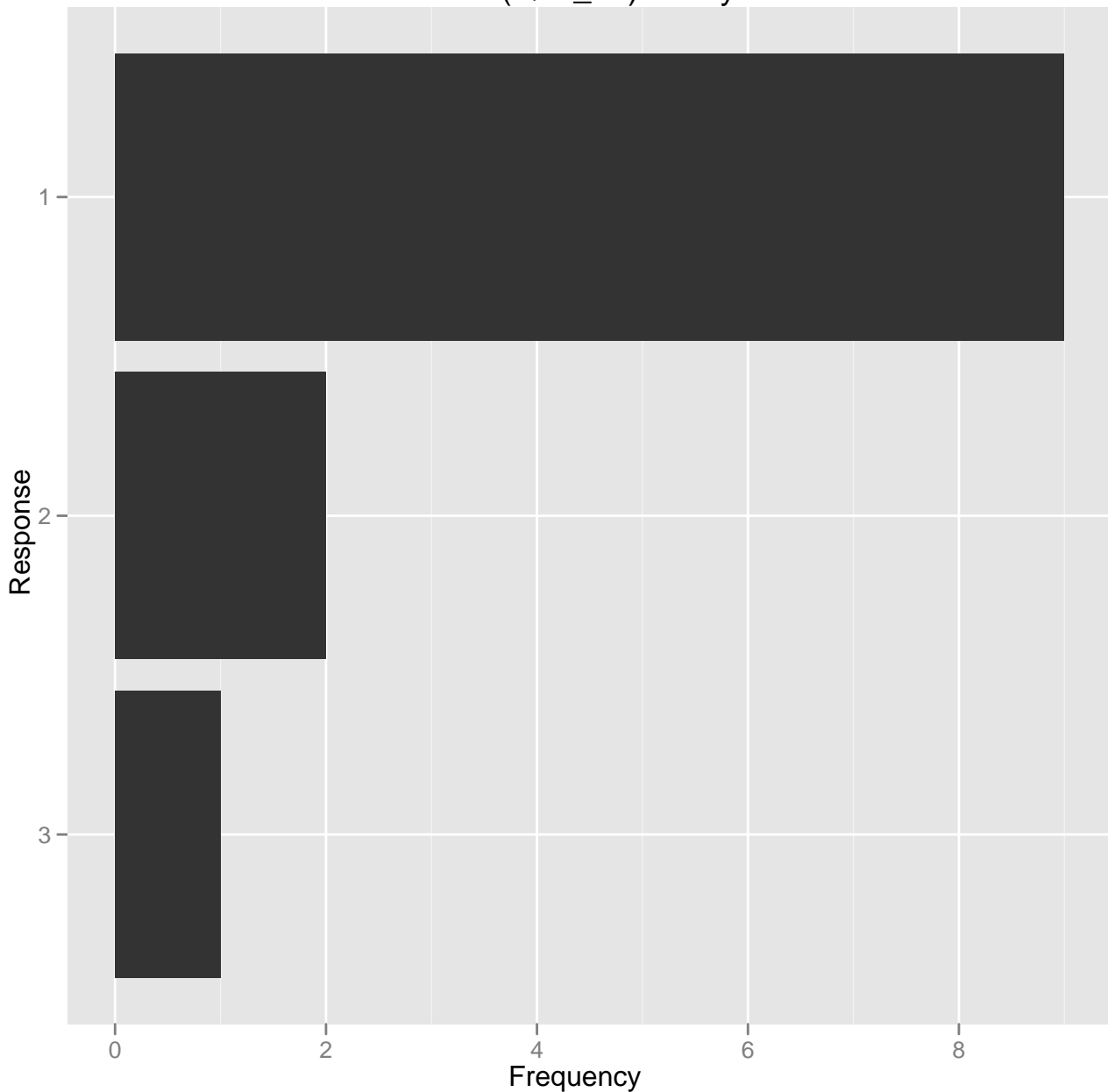
N030 (Q16_16):Determined



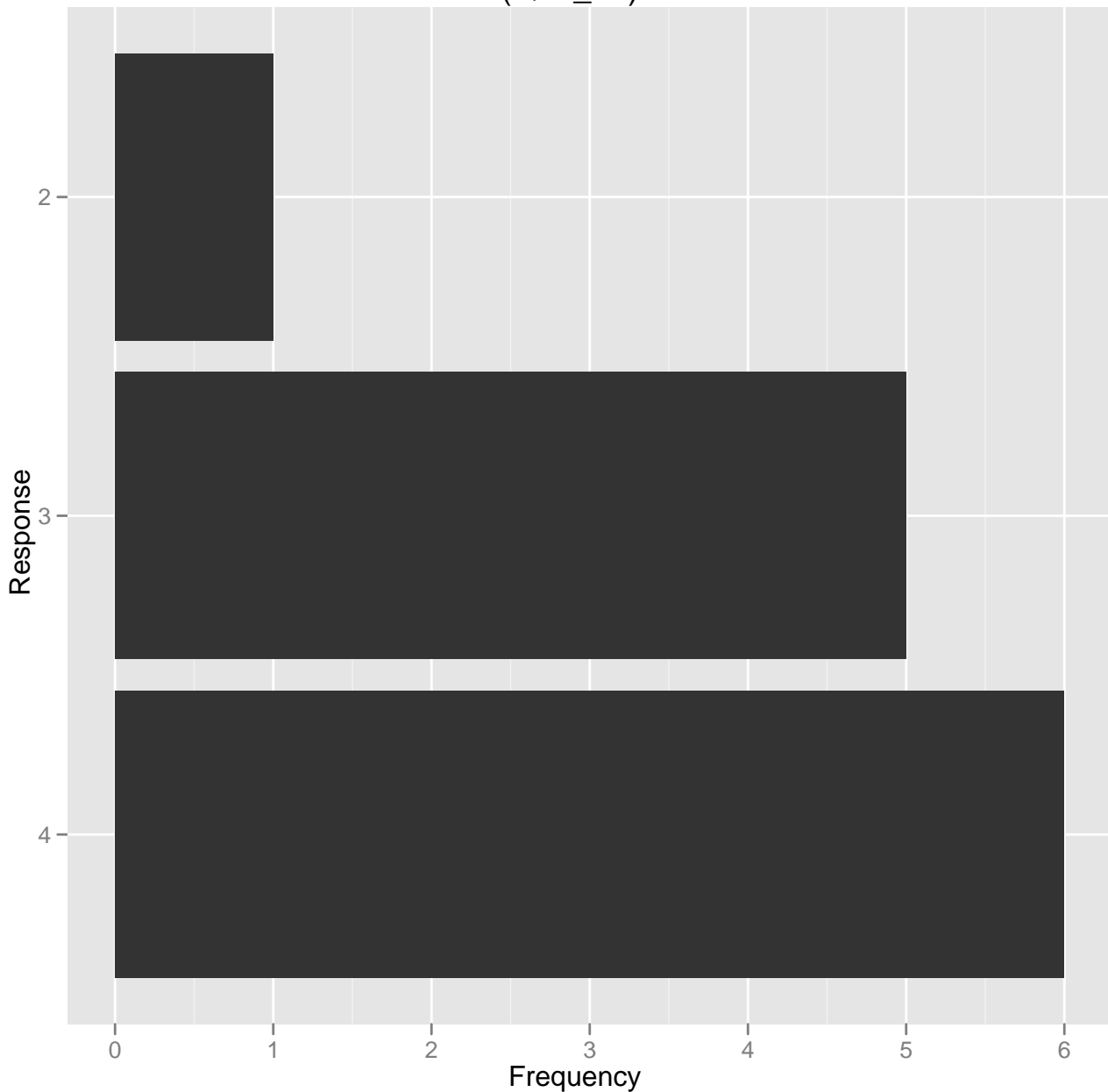
N031 (Q16_17):Attentive



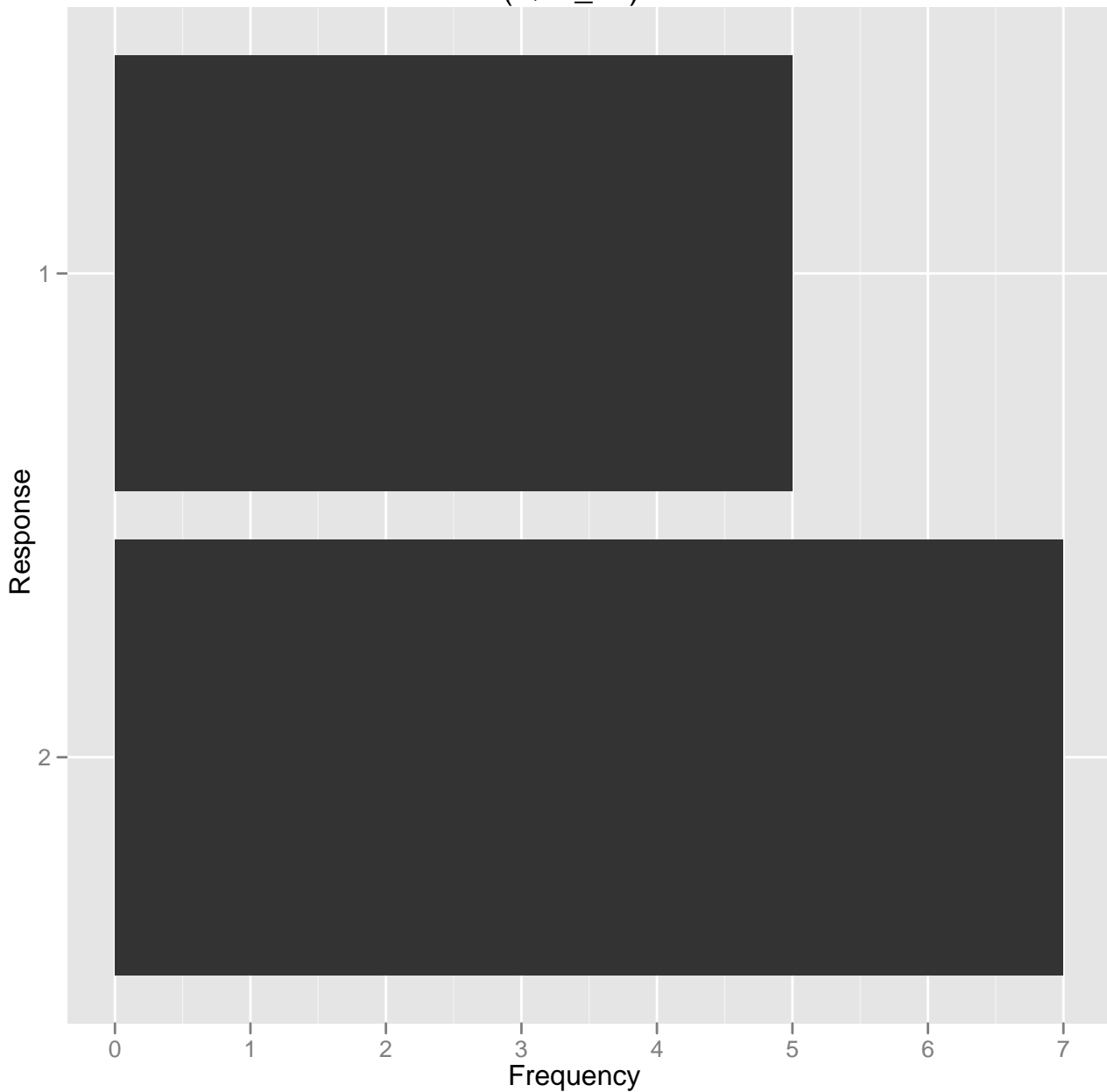
N032 (Q16_18):Jittery



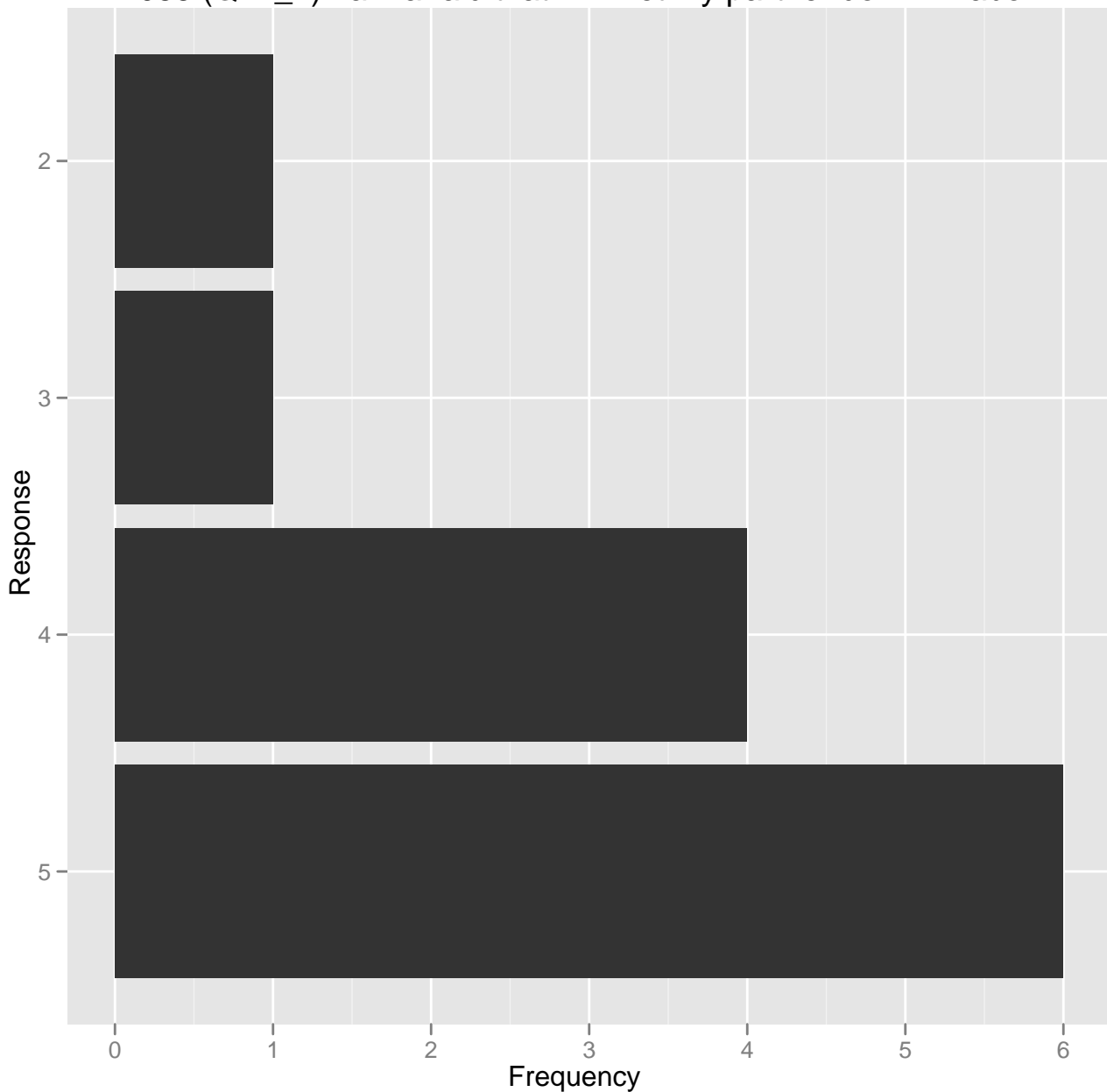
N033 (Q16_19):Active



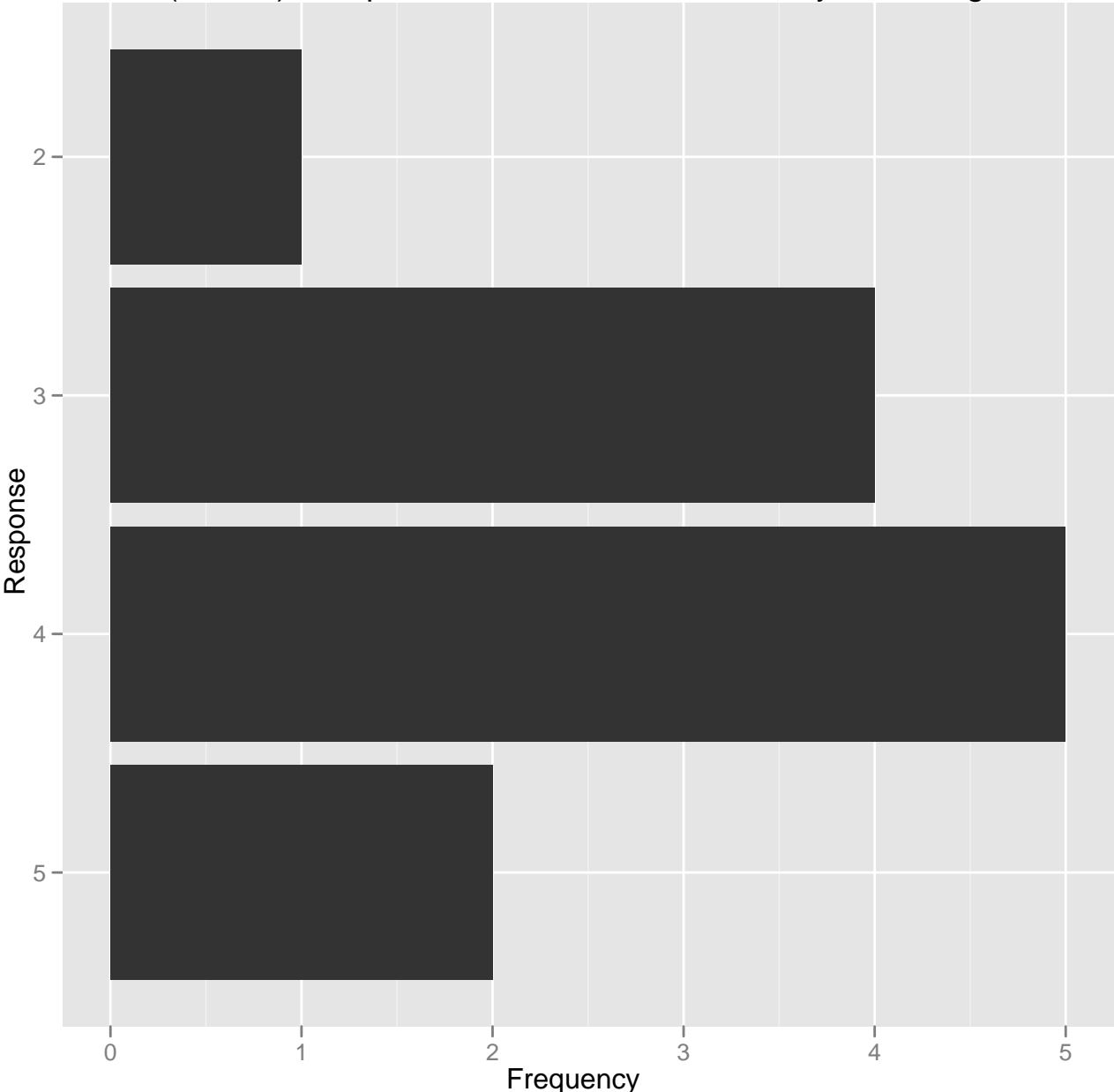
N034 (Q16_20):Afraid



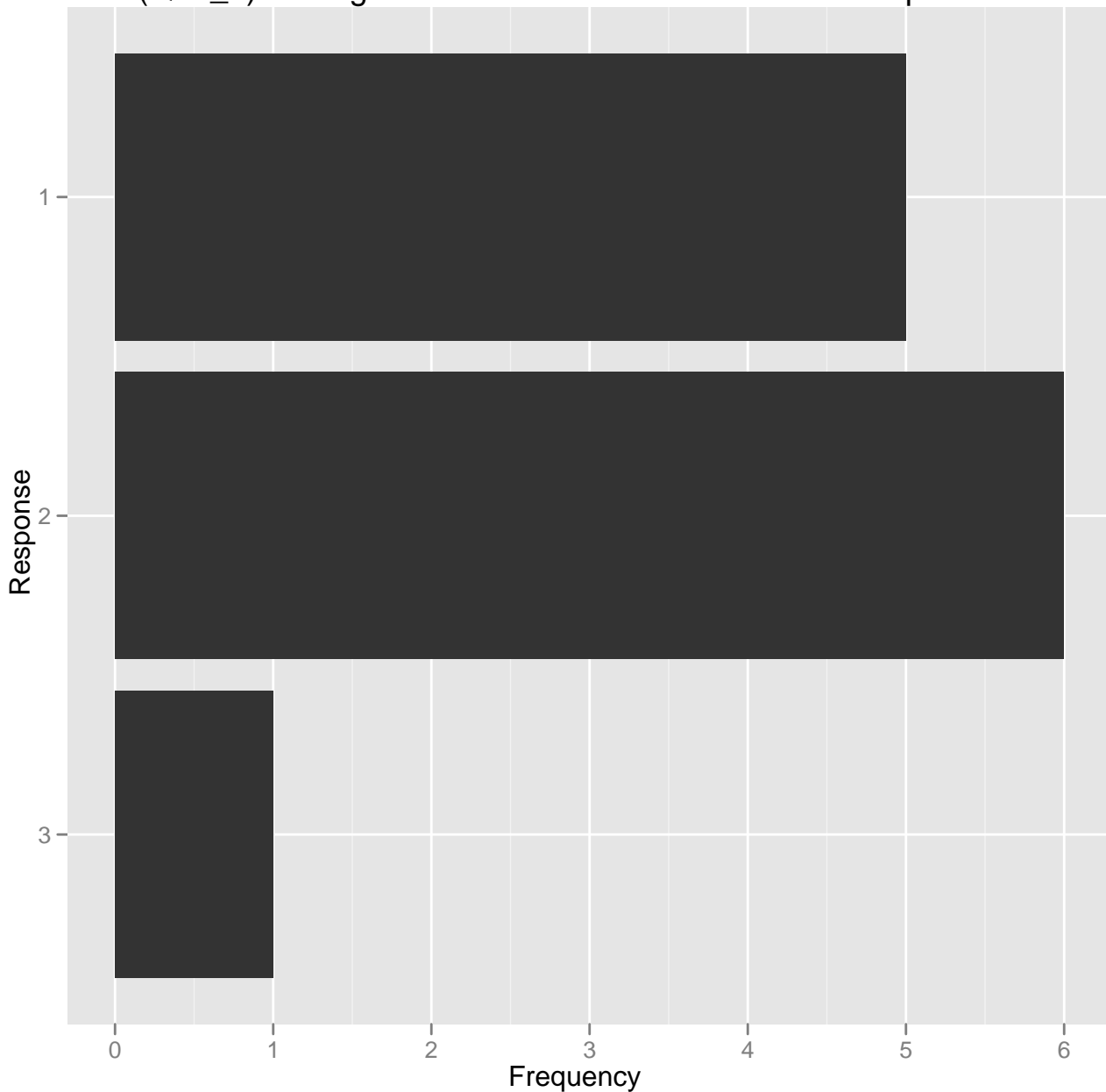
N035 (Q17_1):I am afraid that I will let my partner down in labor



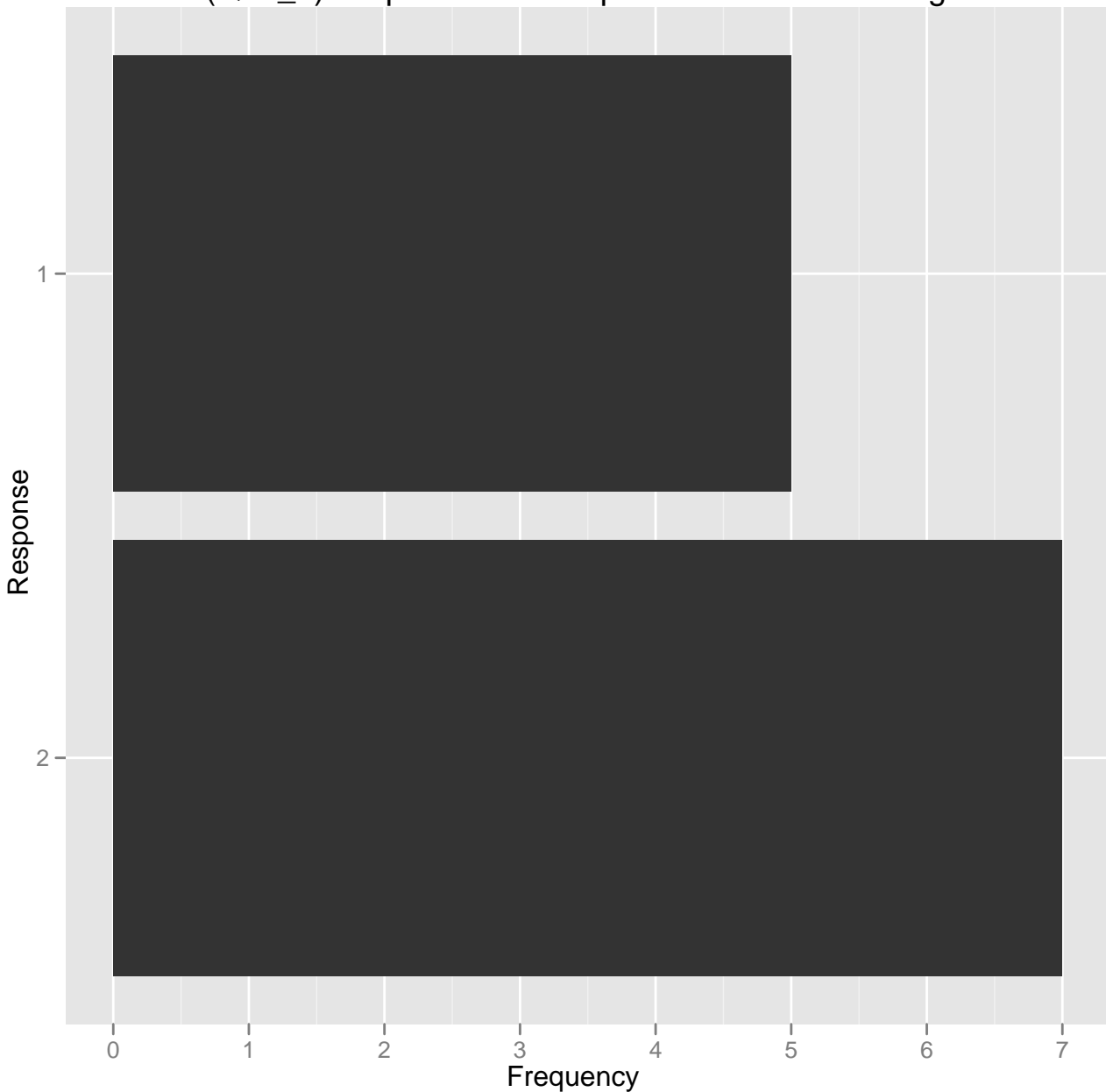
N036 (Q17_2):I suspect that I will lose control of myself during labor



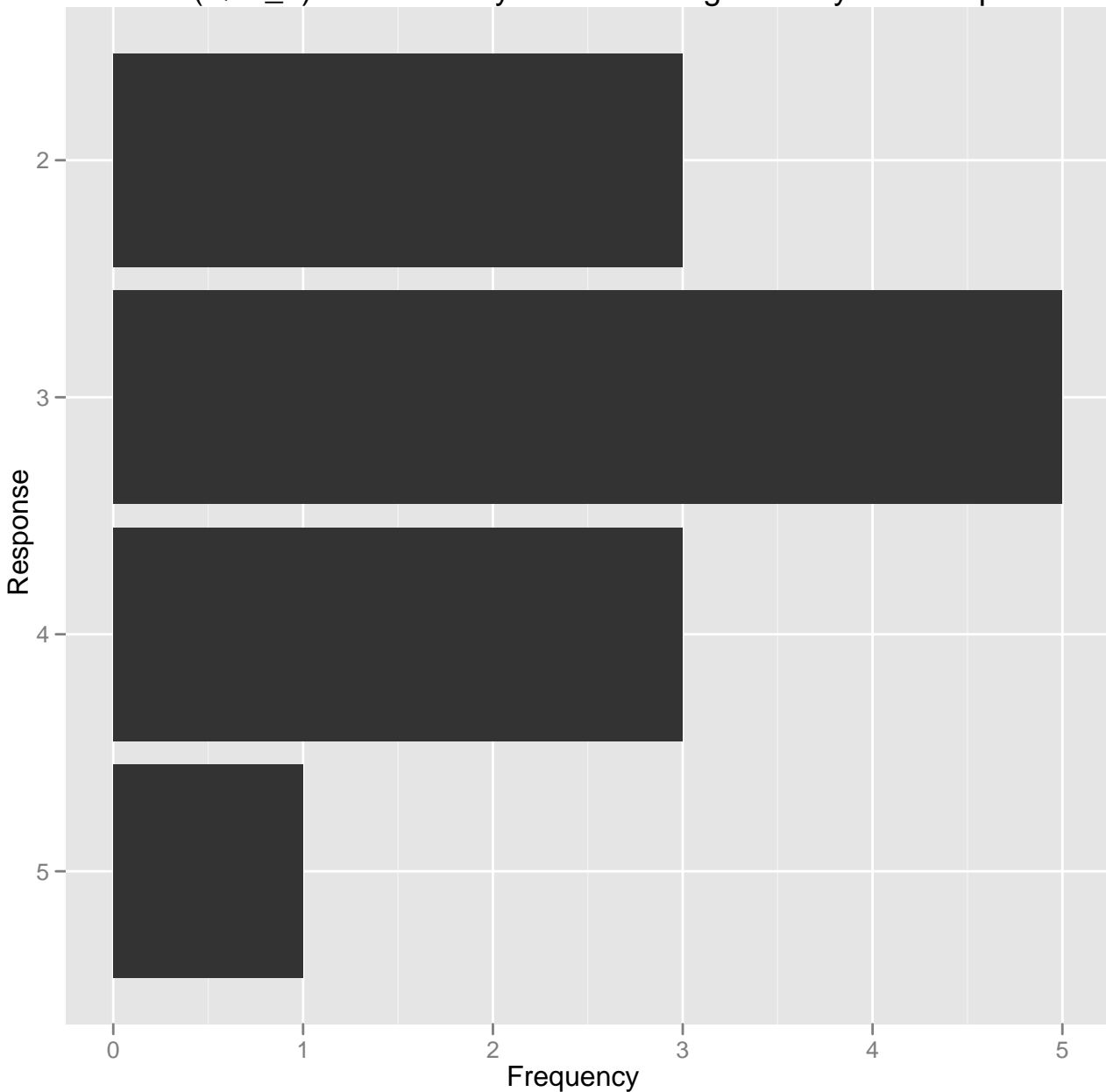
N037 (Q17_3):Having an unmedicated labor and birth is important to me



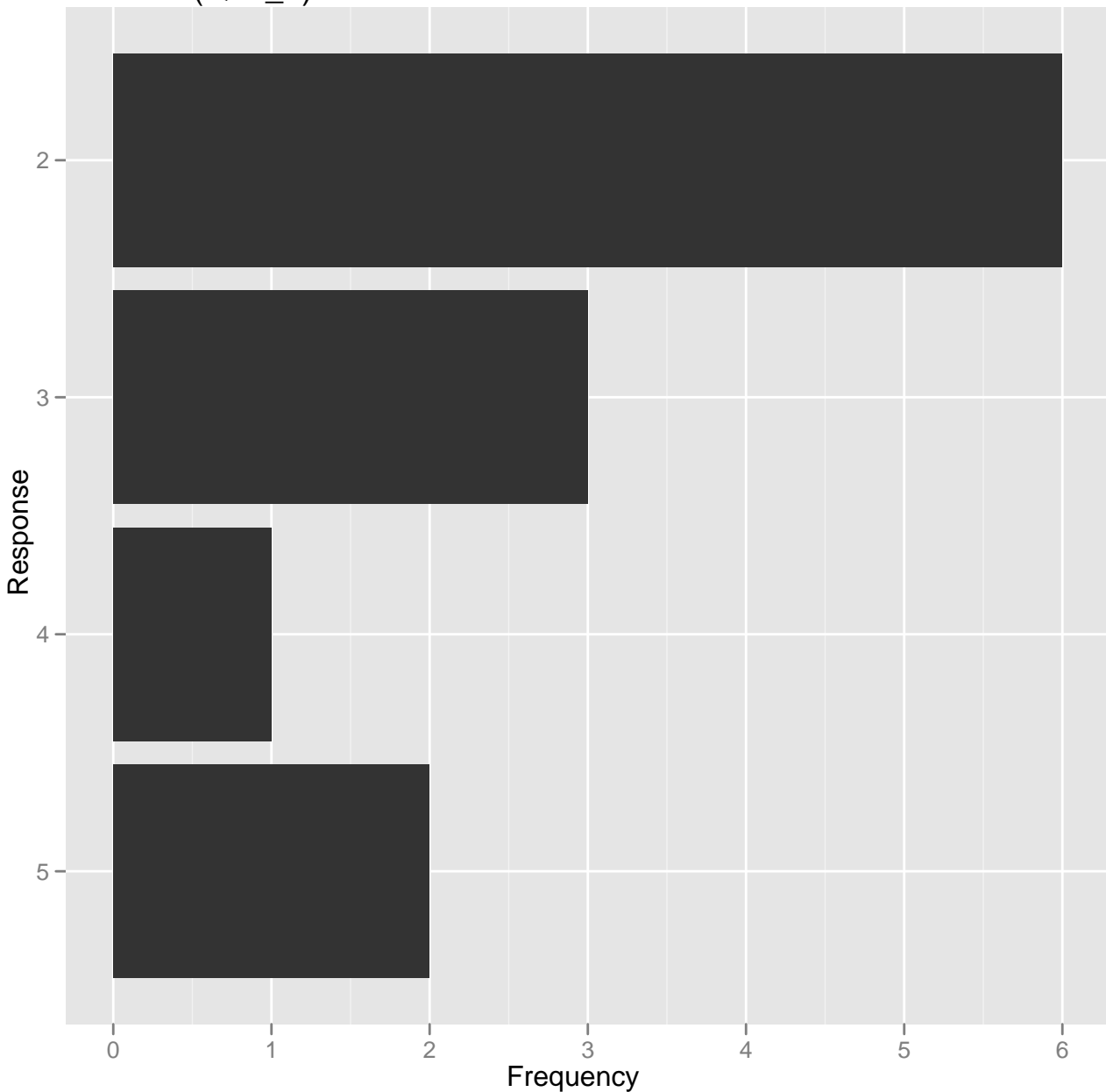
N038 (Q17_4):I expect to use no pain medications during labor



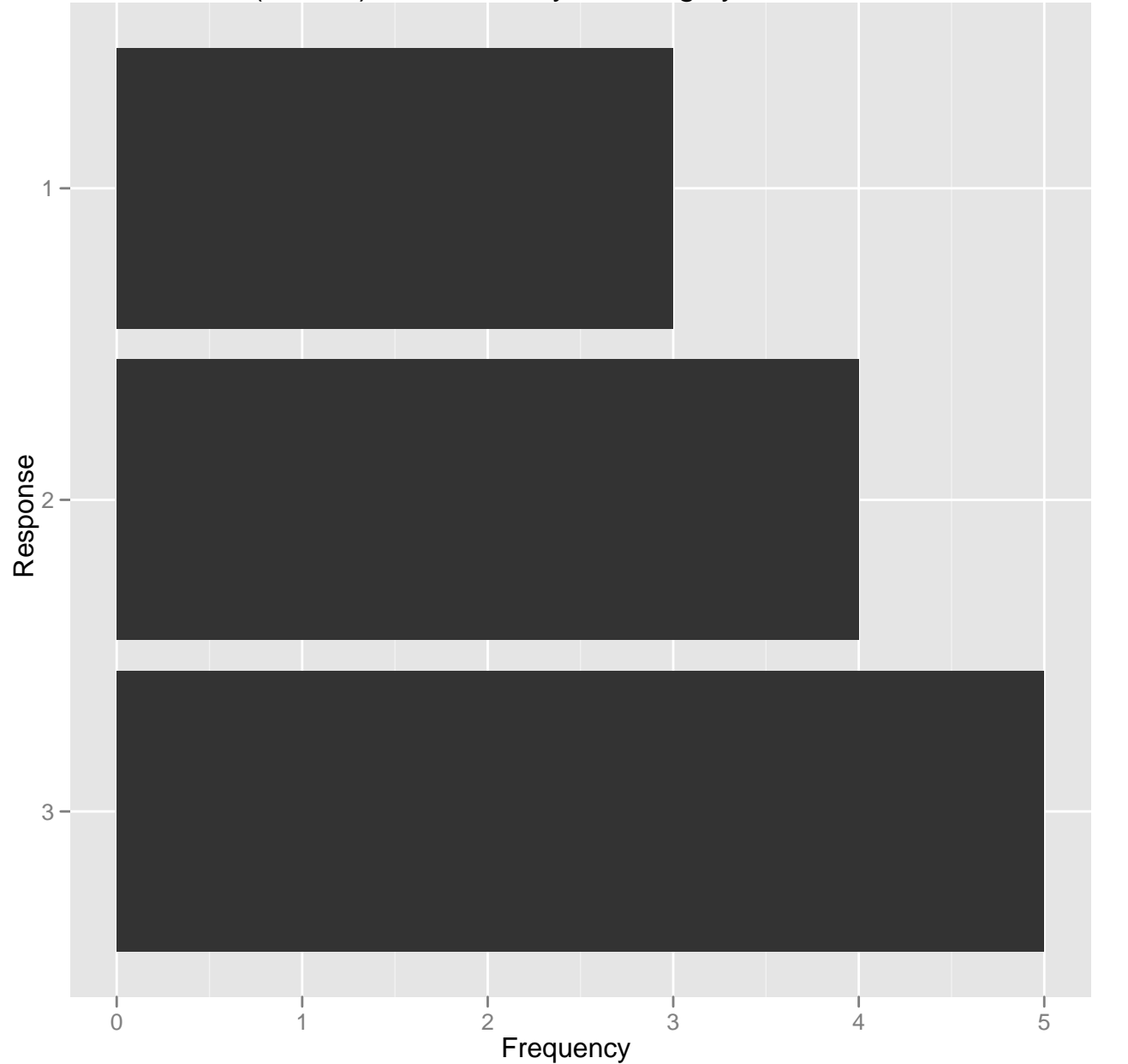
N039 (Q17_5):I fear that my birth will not go exactly how I expect



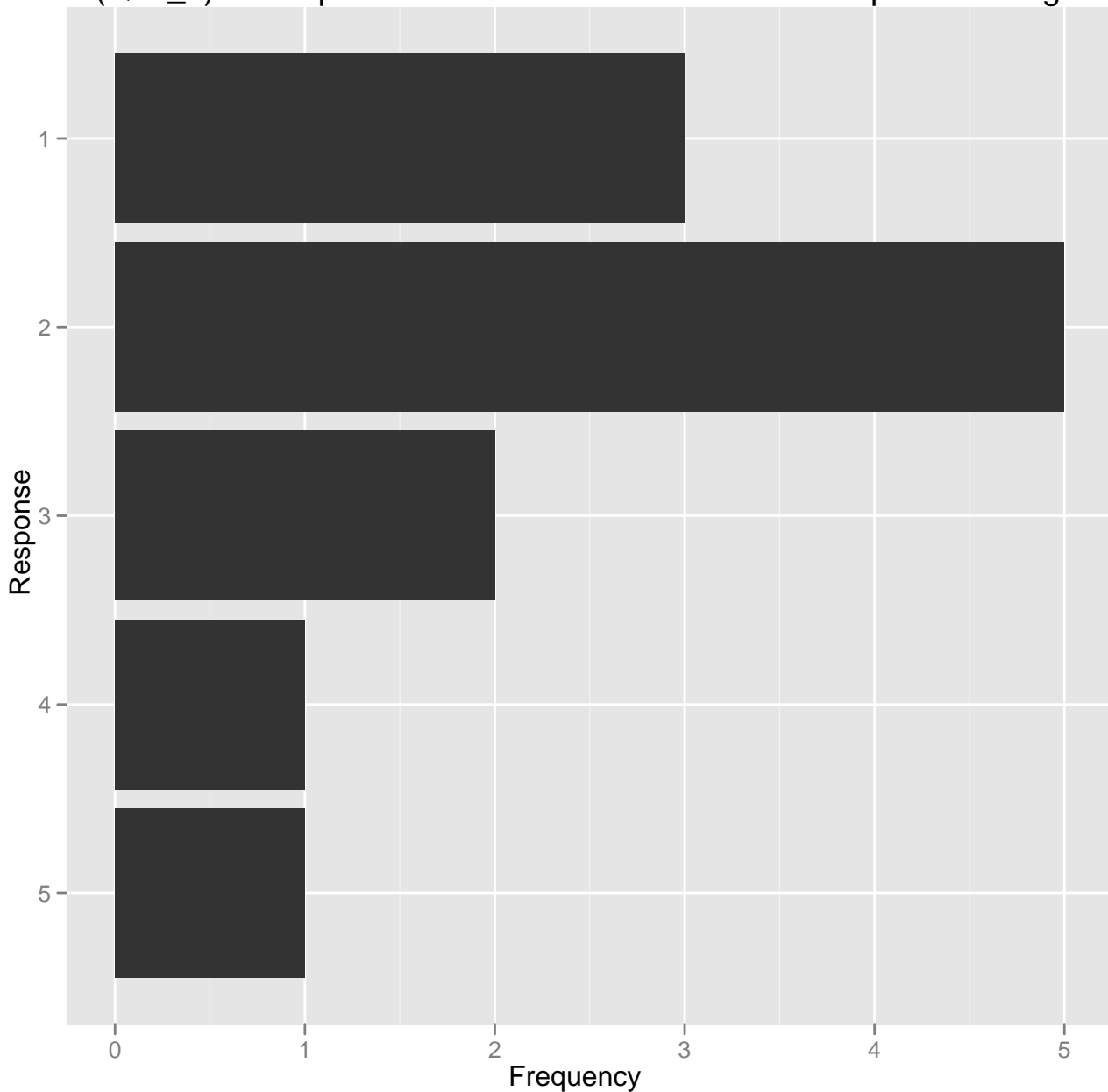
N040 (Q17_6):I have an ideal of childbirth that I feel I must attain



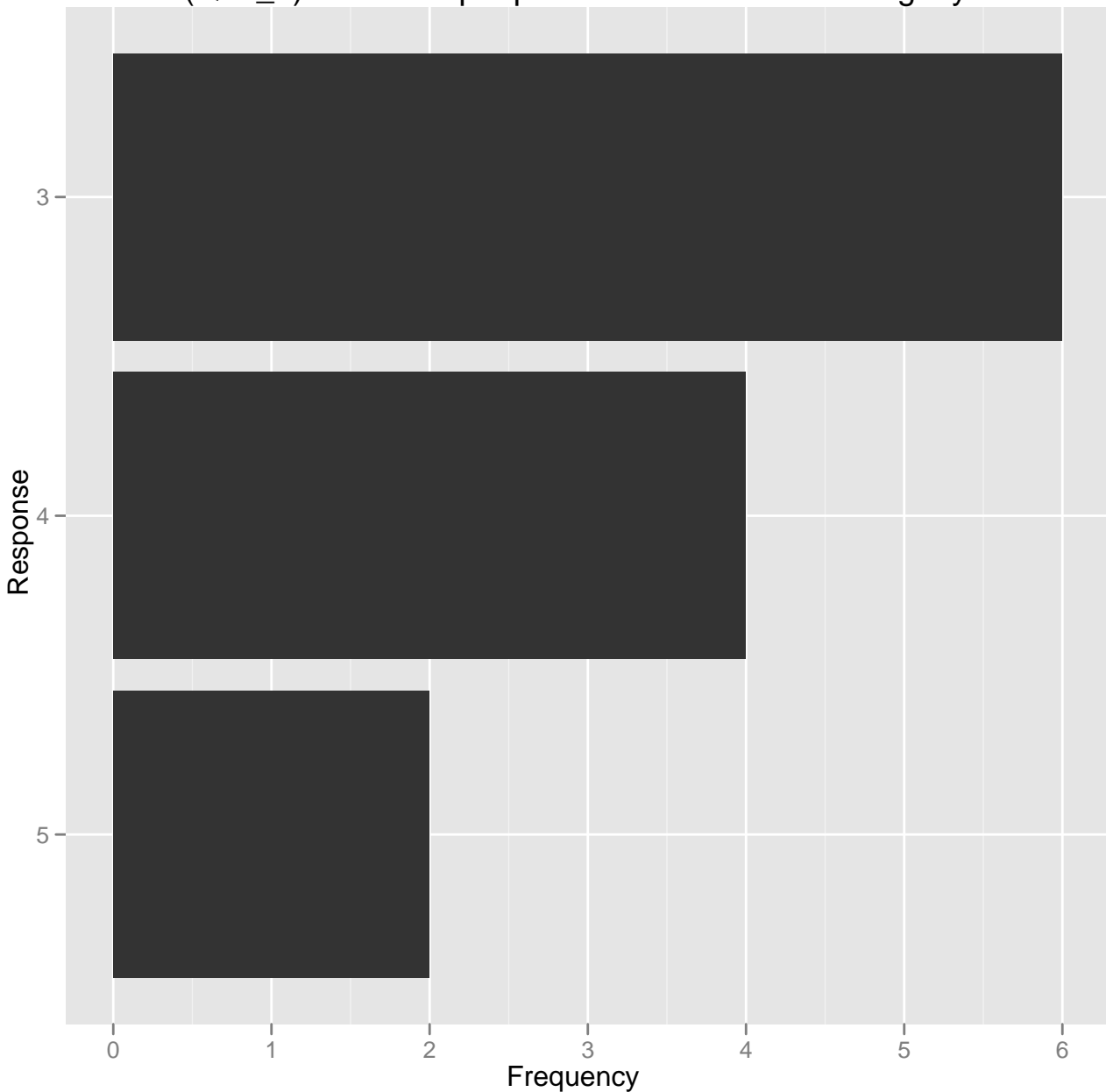
N041 (Q17_7):I consider myself a highly intuitive woman



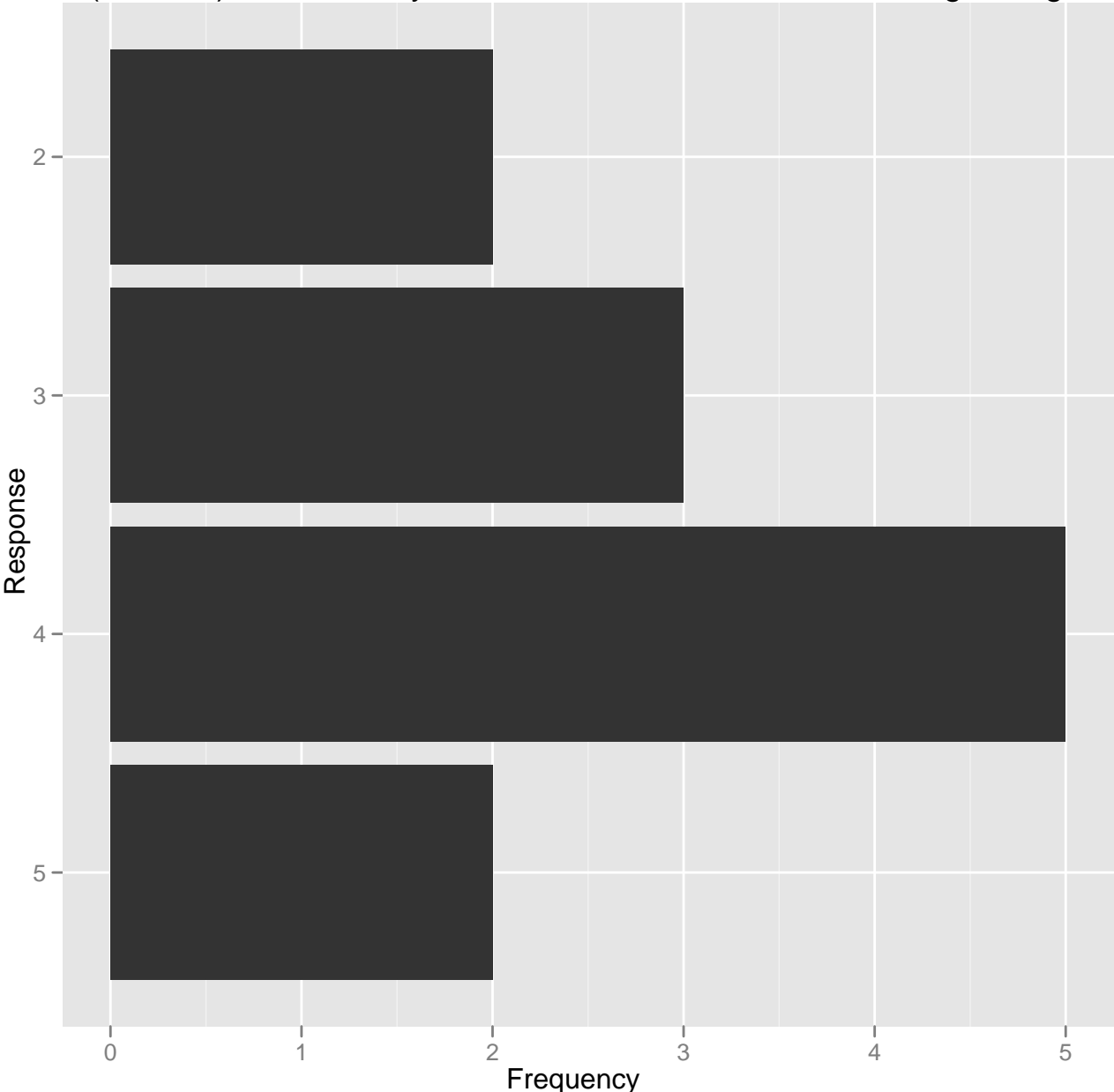
N042 (Q17_8):It is important to me to remain calm and composed during labor



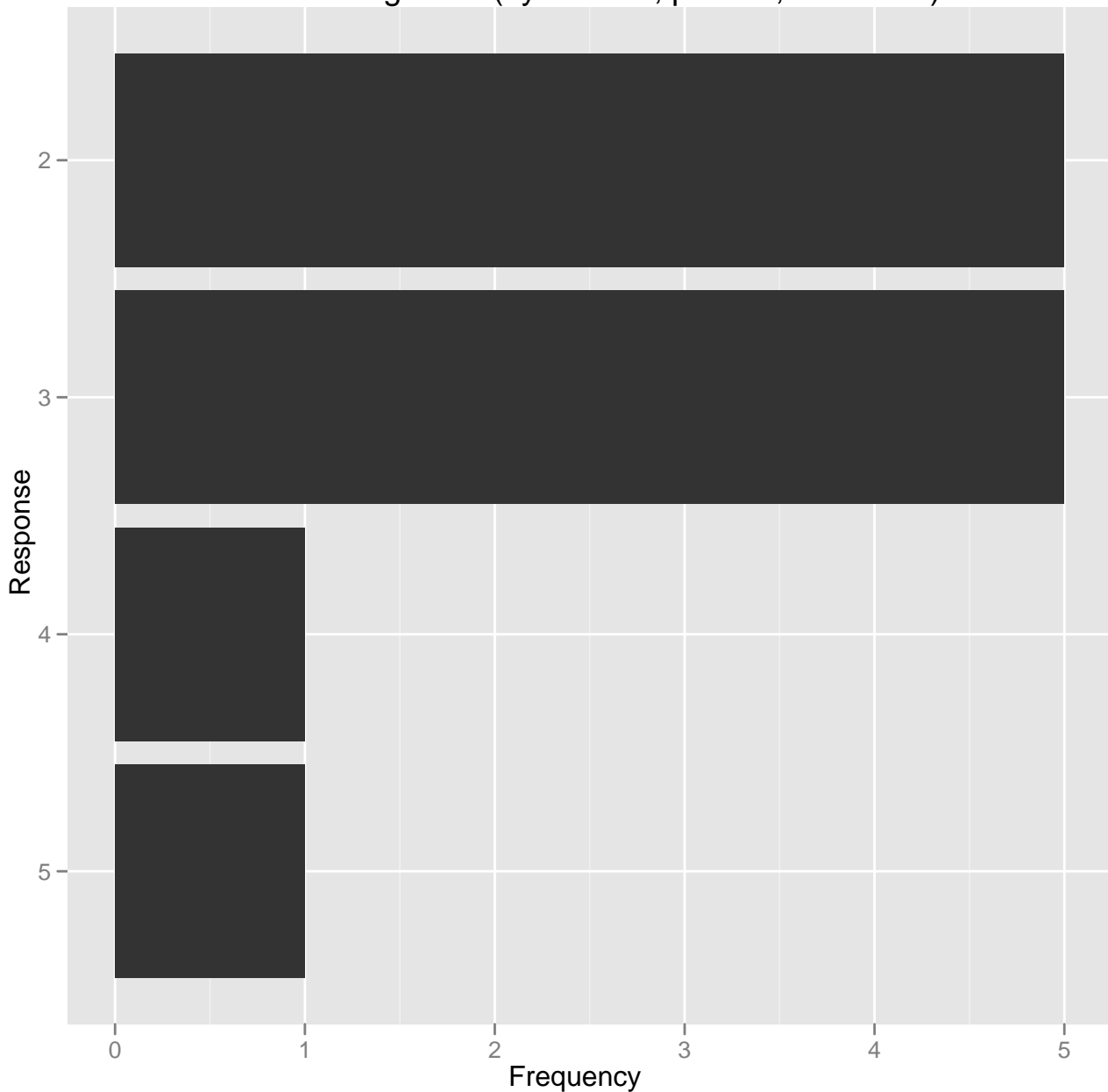
N043 (Q17_9):I fear that people will talk too much during my labor



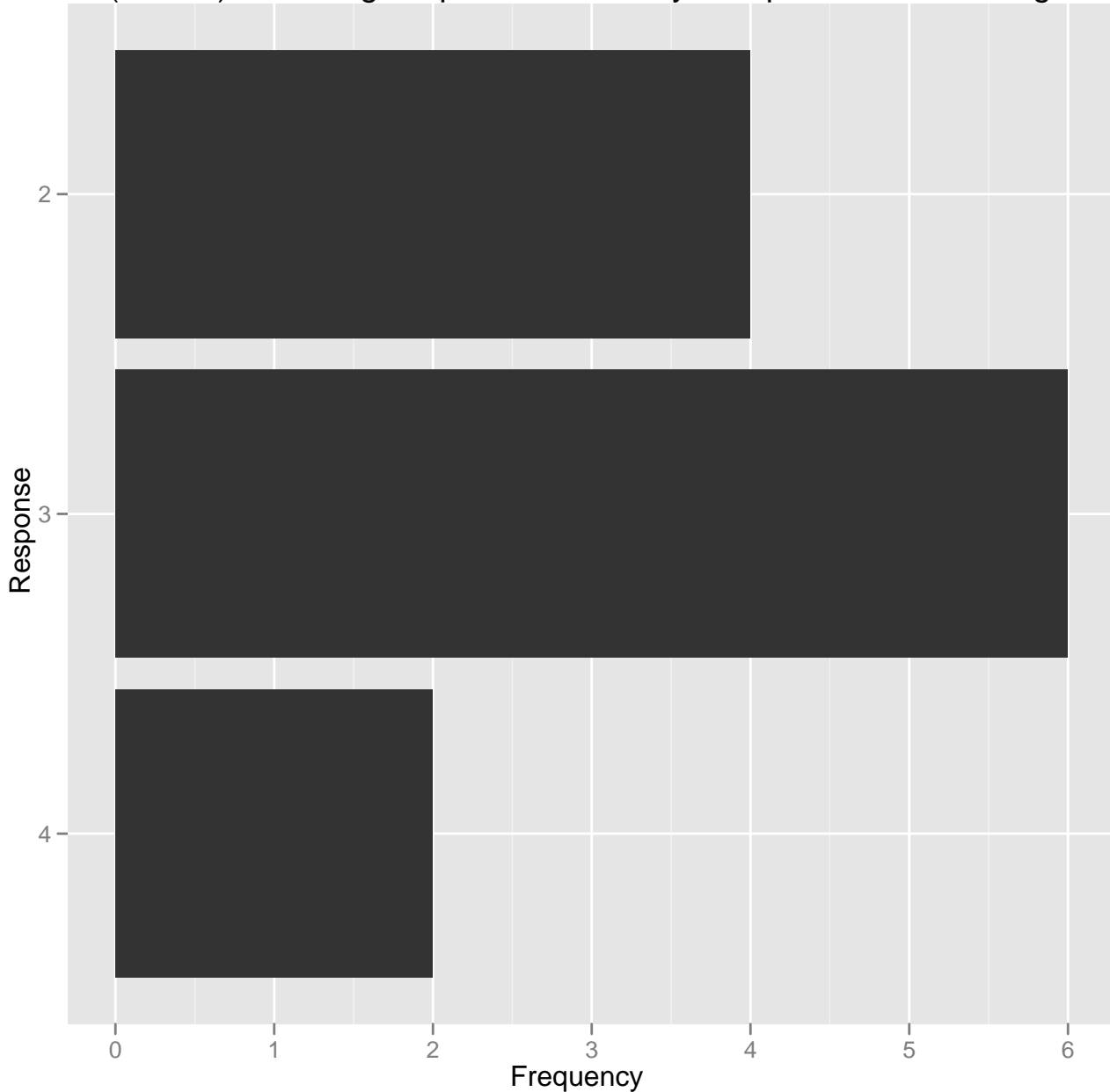
N044 (Q17_10):I fear that my emotions will become overwhelming during labor



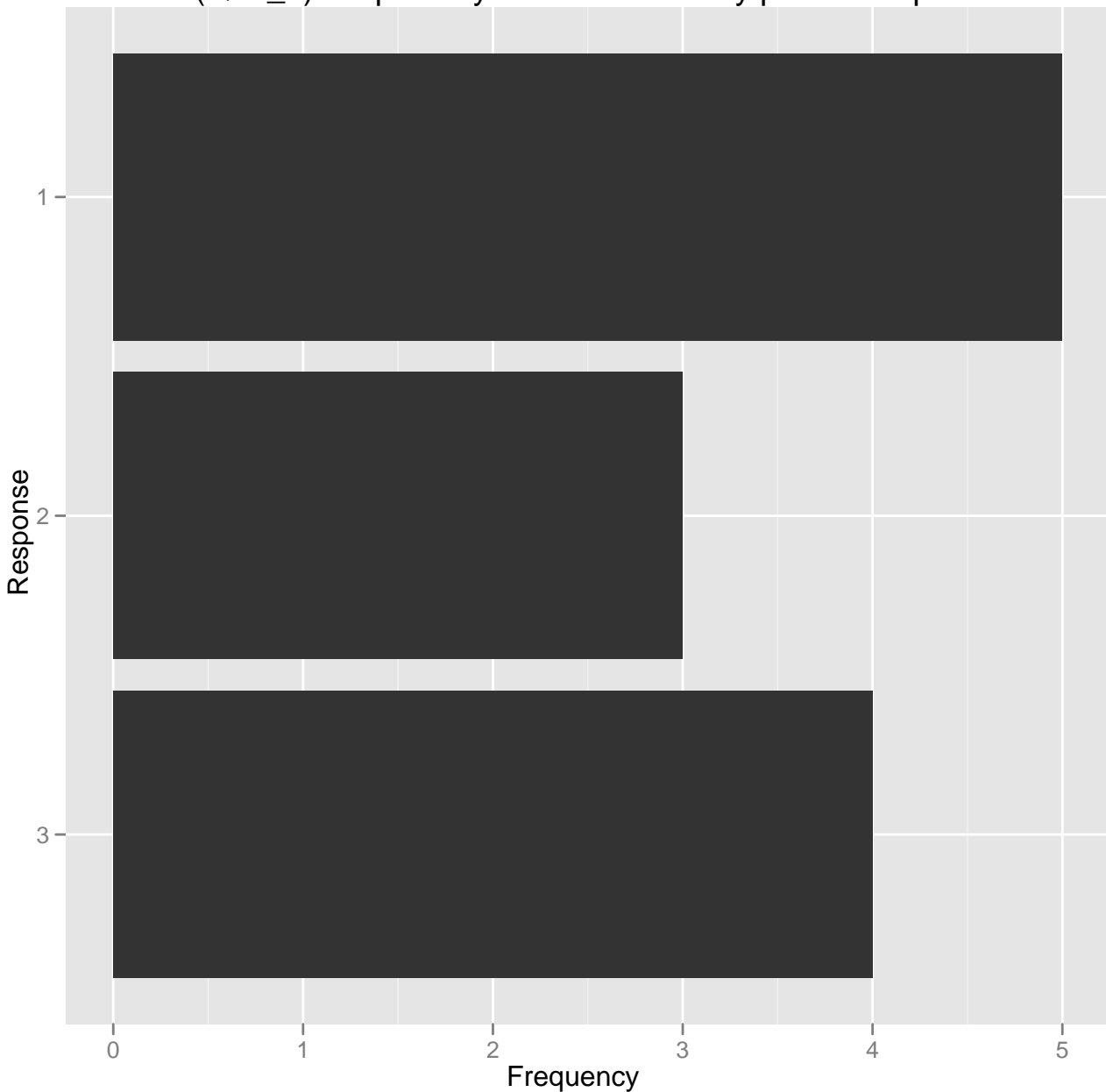
ill need to be coached during labor (by a doula, partner, midwife...) in order to give



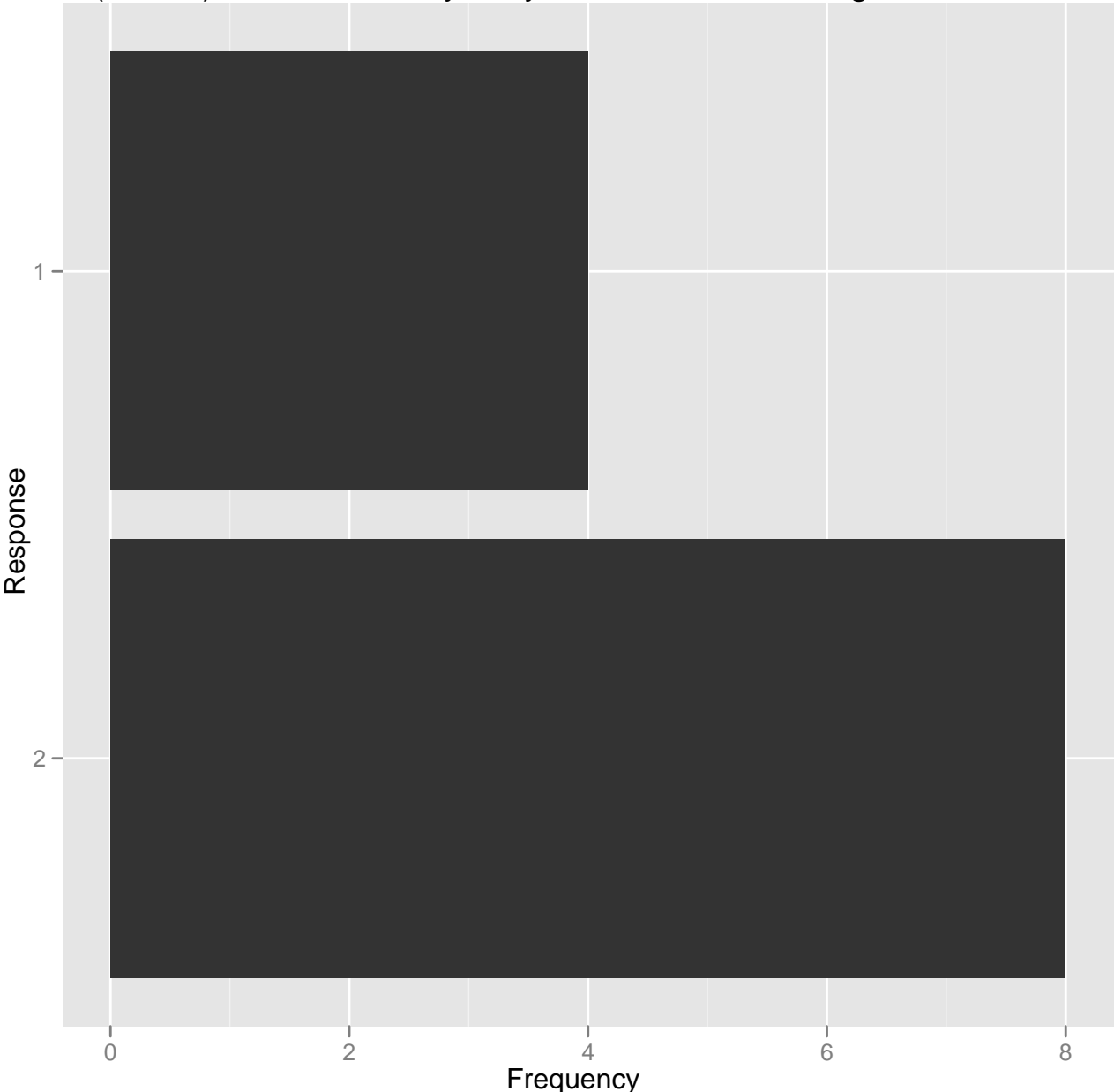
N046 (Q18_2):I have high expectations for my own performance during labor



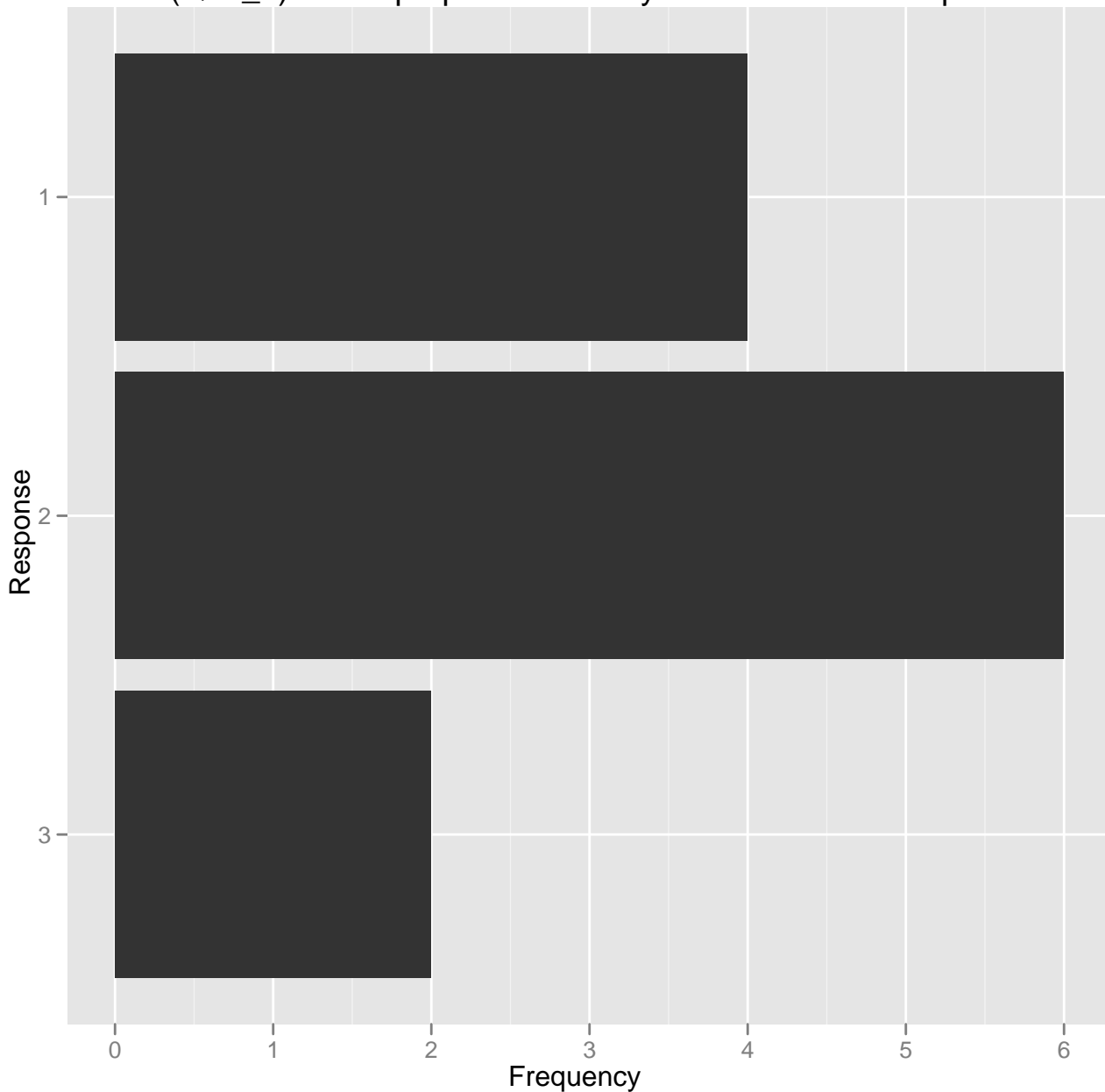
N047 (Q18_3):I expect my labor to be a very positive experience



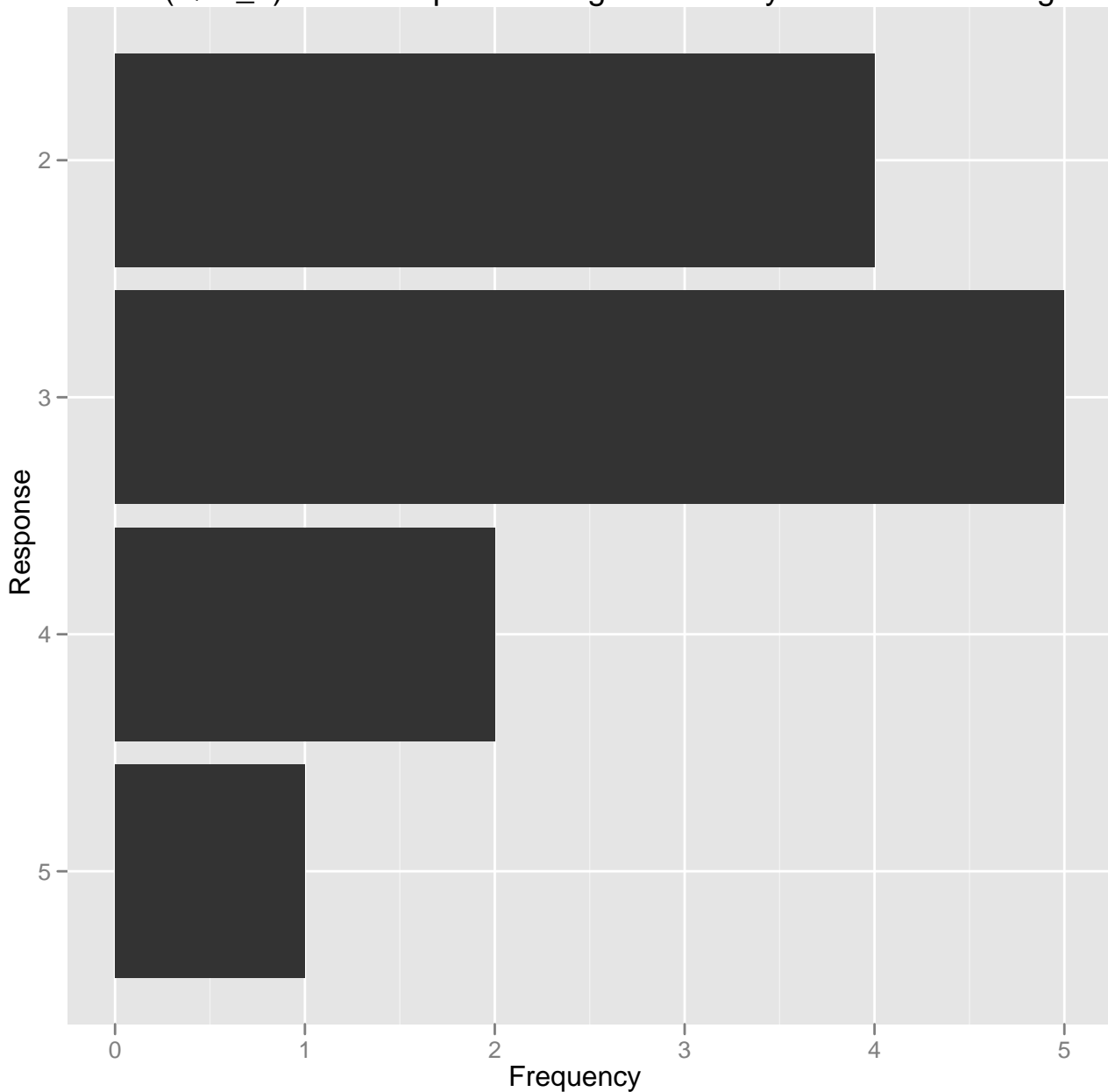
N048 (Q18_4):I believe that my body holds the wisdom to give birth on its own



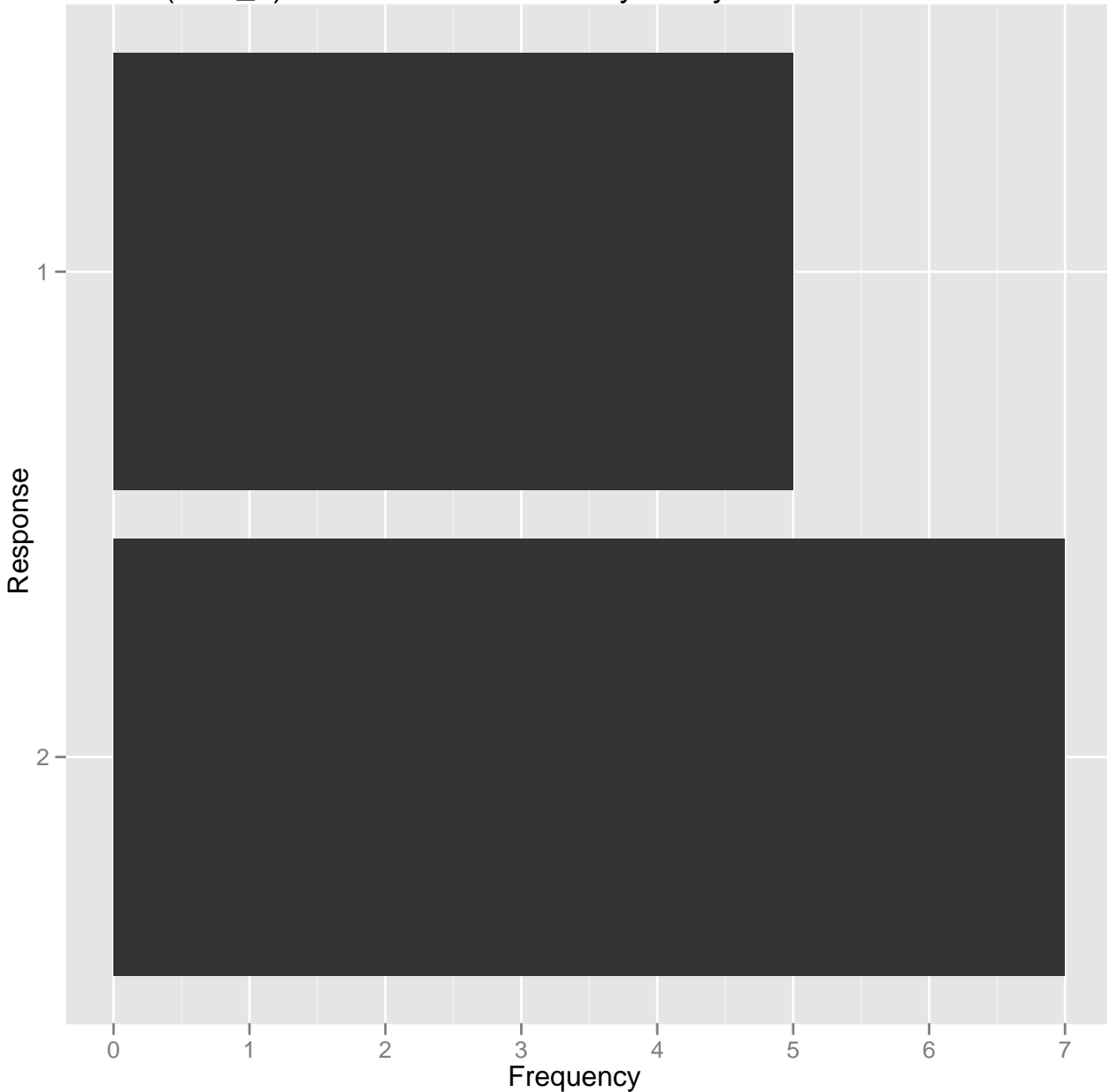
N049 (Q18_5):I have prepared mentally for the childbirth experience



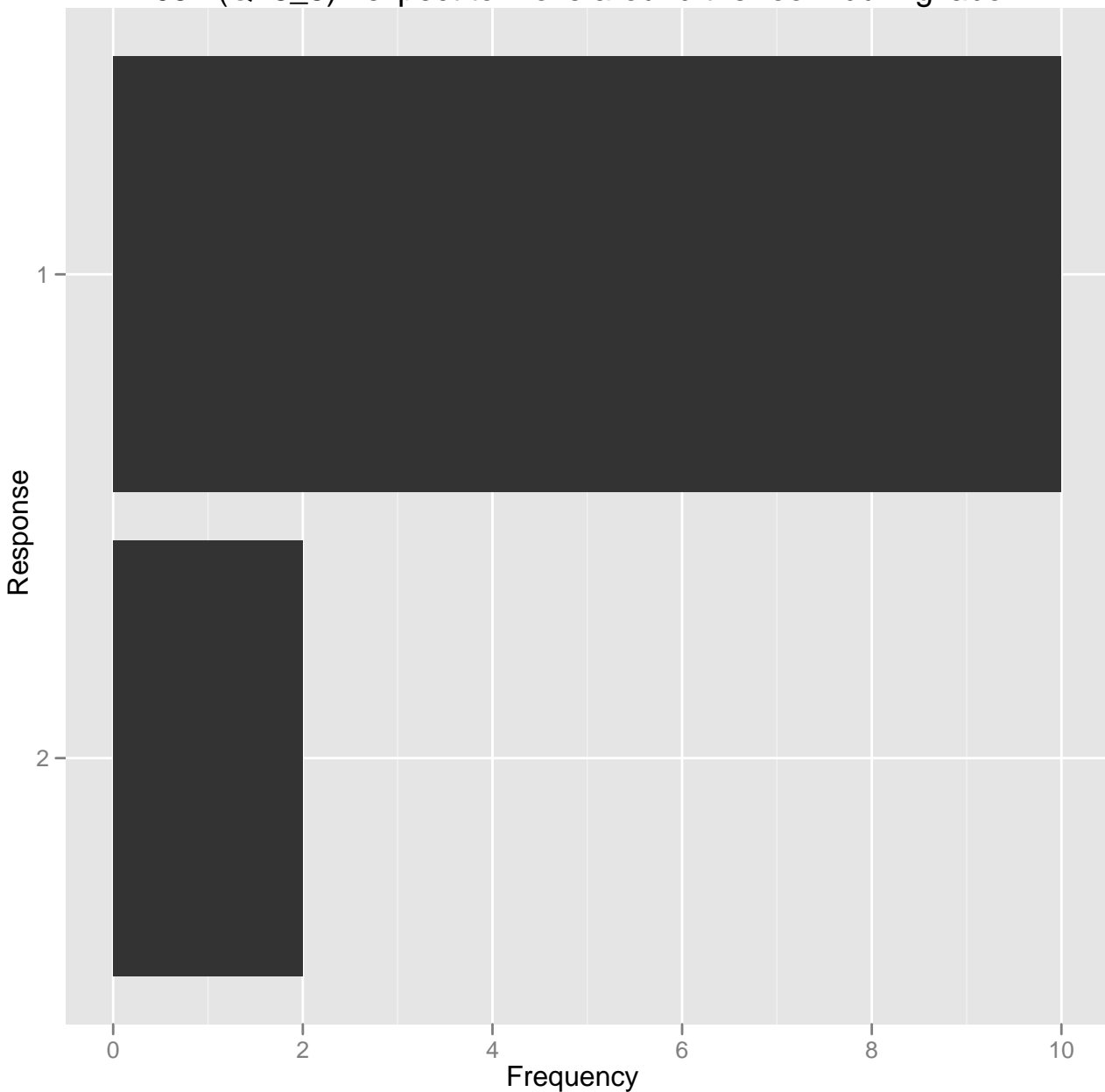
N050 (Q18_6):I have a specific image of how my childbirth should go



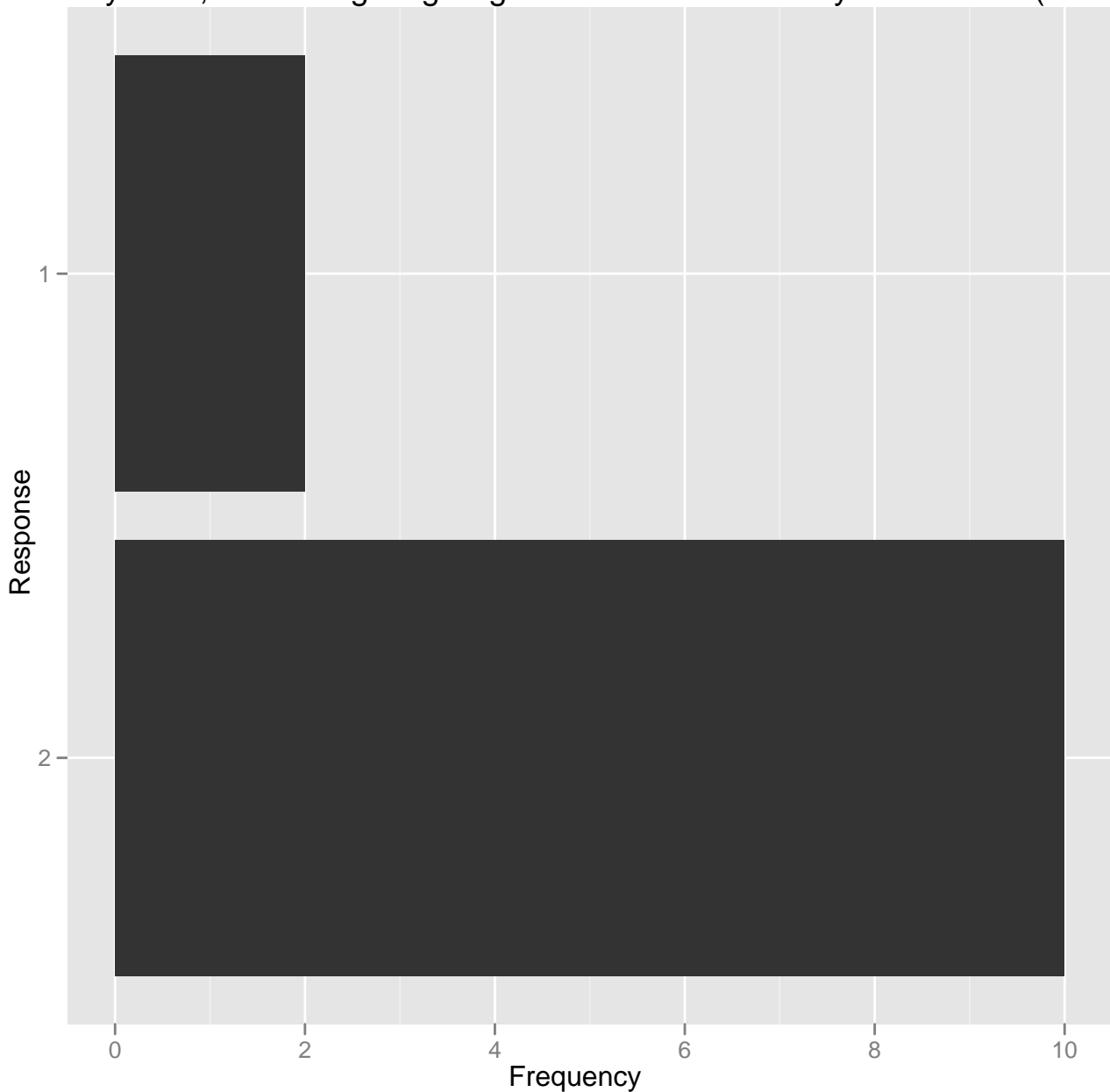
N051 (Q18_7):I have confidence in my ability to succeed in childbirth



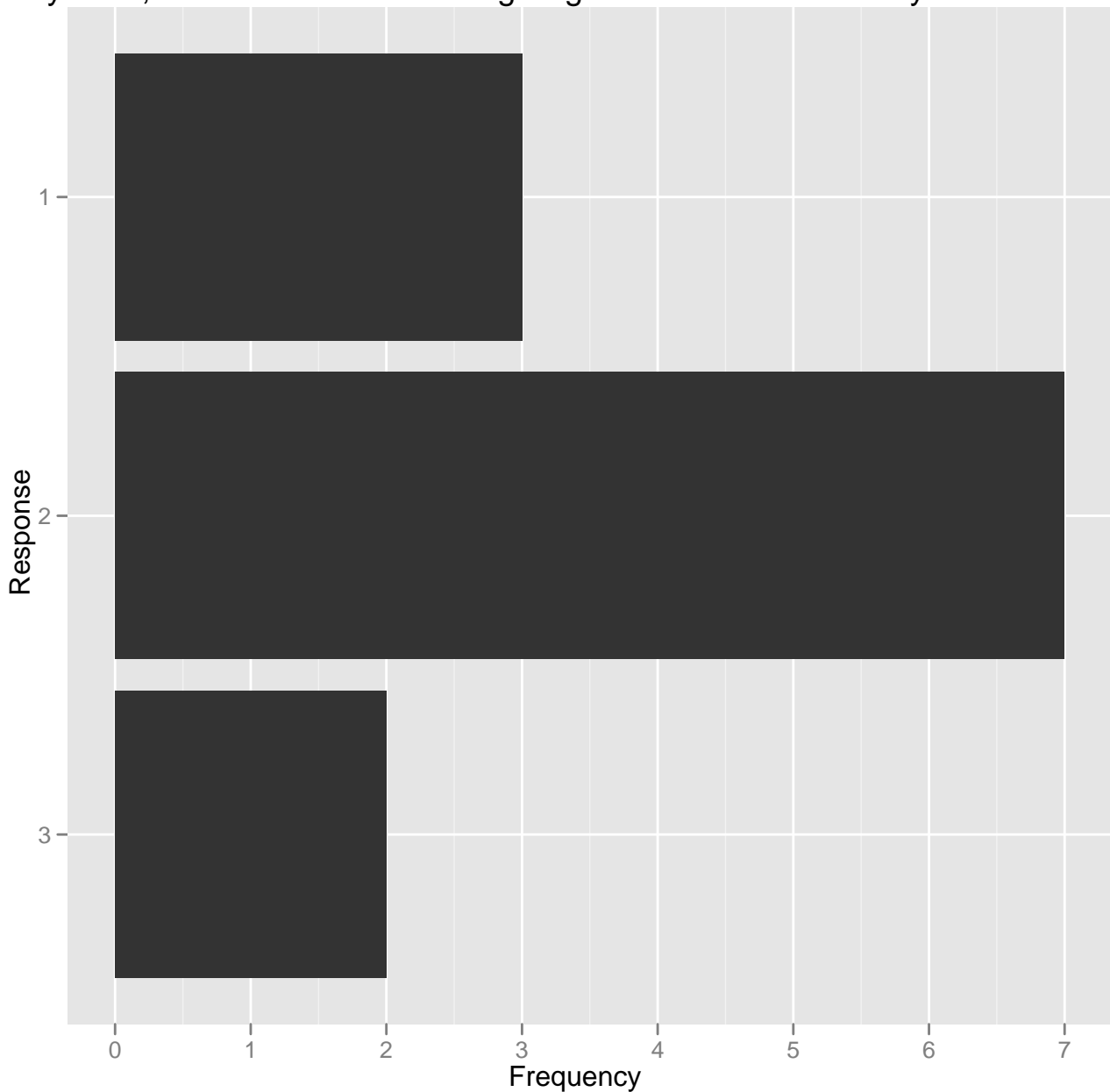
N052 (Q18_8):I expect to move around the room during labor



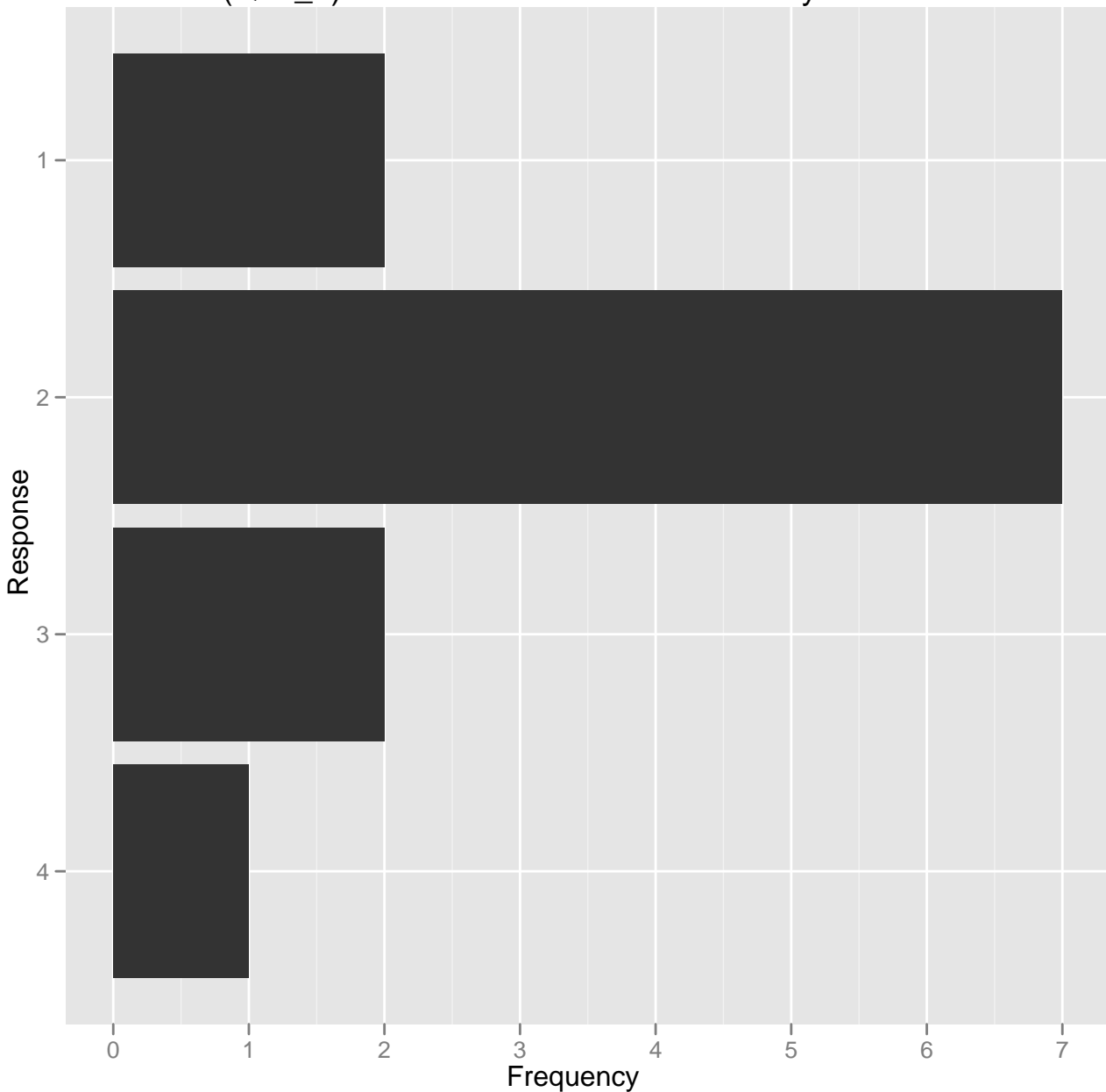
...s not my ideal, I can imagine giving birth at one of a variety of locations (home, b



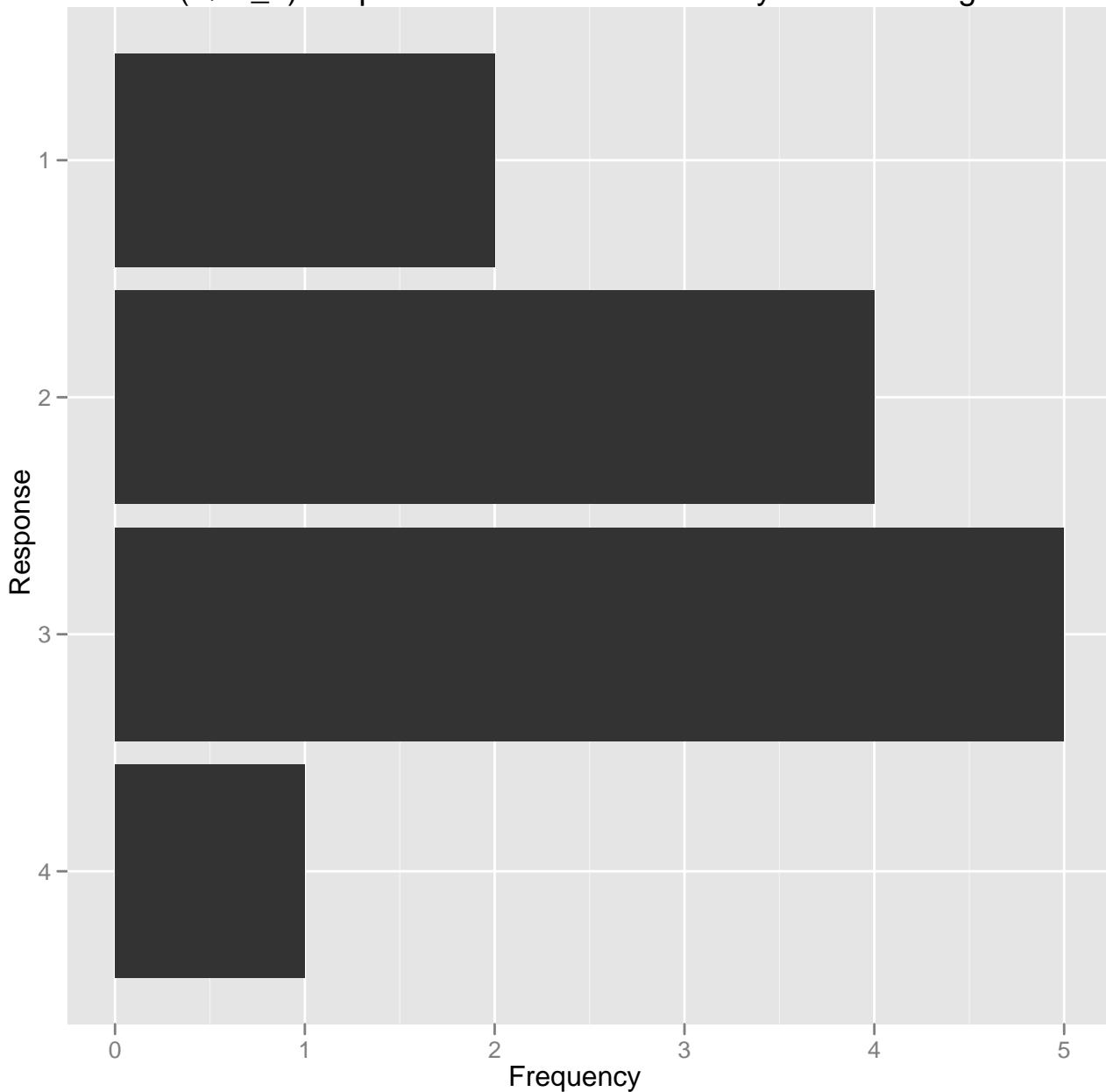
ot my ideal, I would be comfortable giving birth at one of a variety of locations (hor



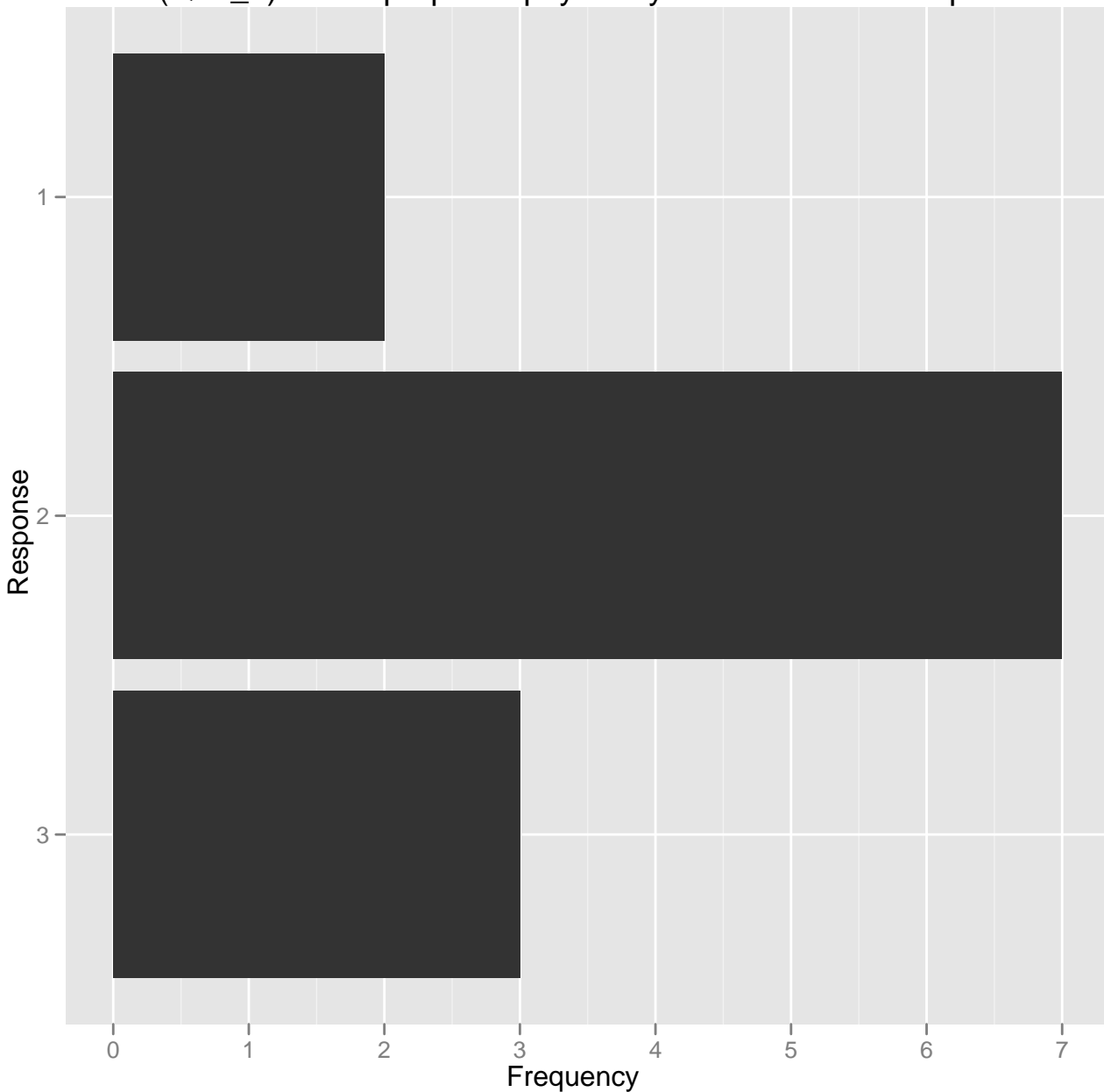
N055 (Q19_1):I am confident that I will ...be myself... in labor



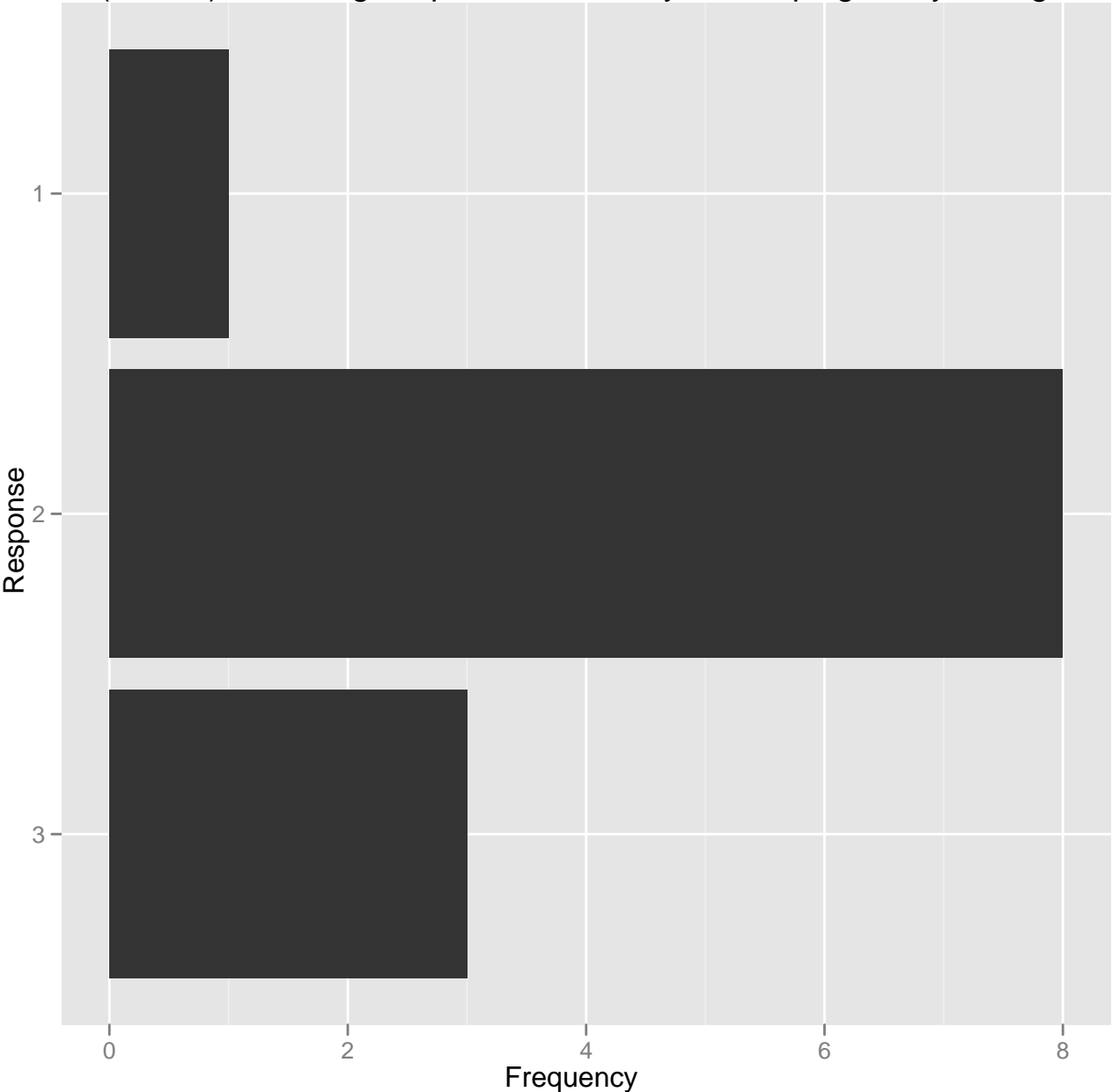
N056 (Q19_2):I expect to feel uninhibited in my noises during labor



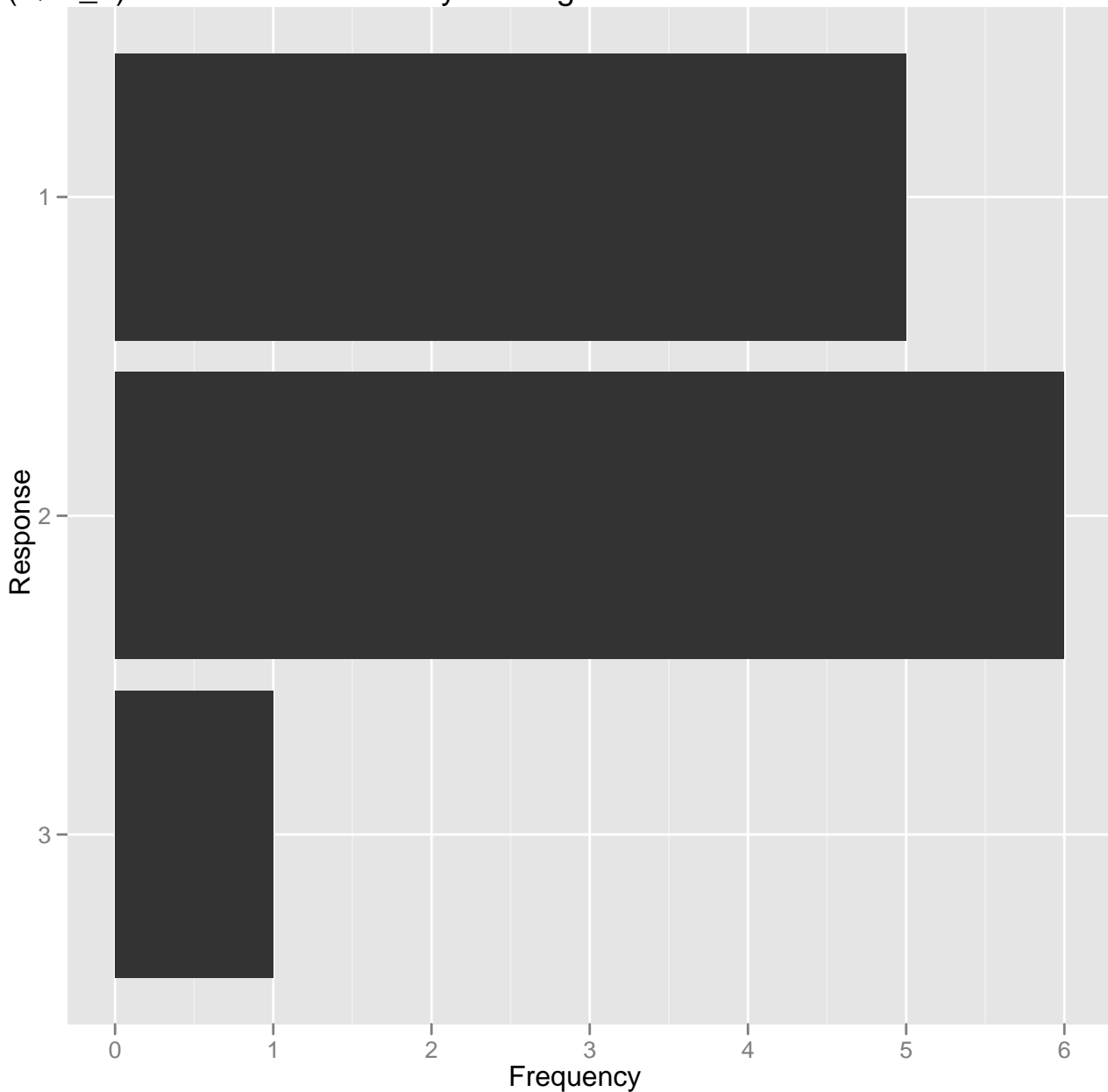
N057 (Q19_3):I have prepared physically for the childbirth experience



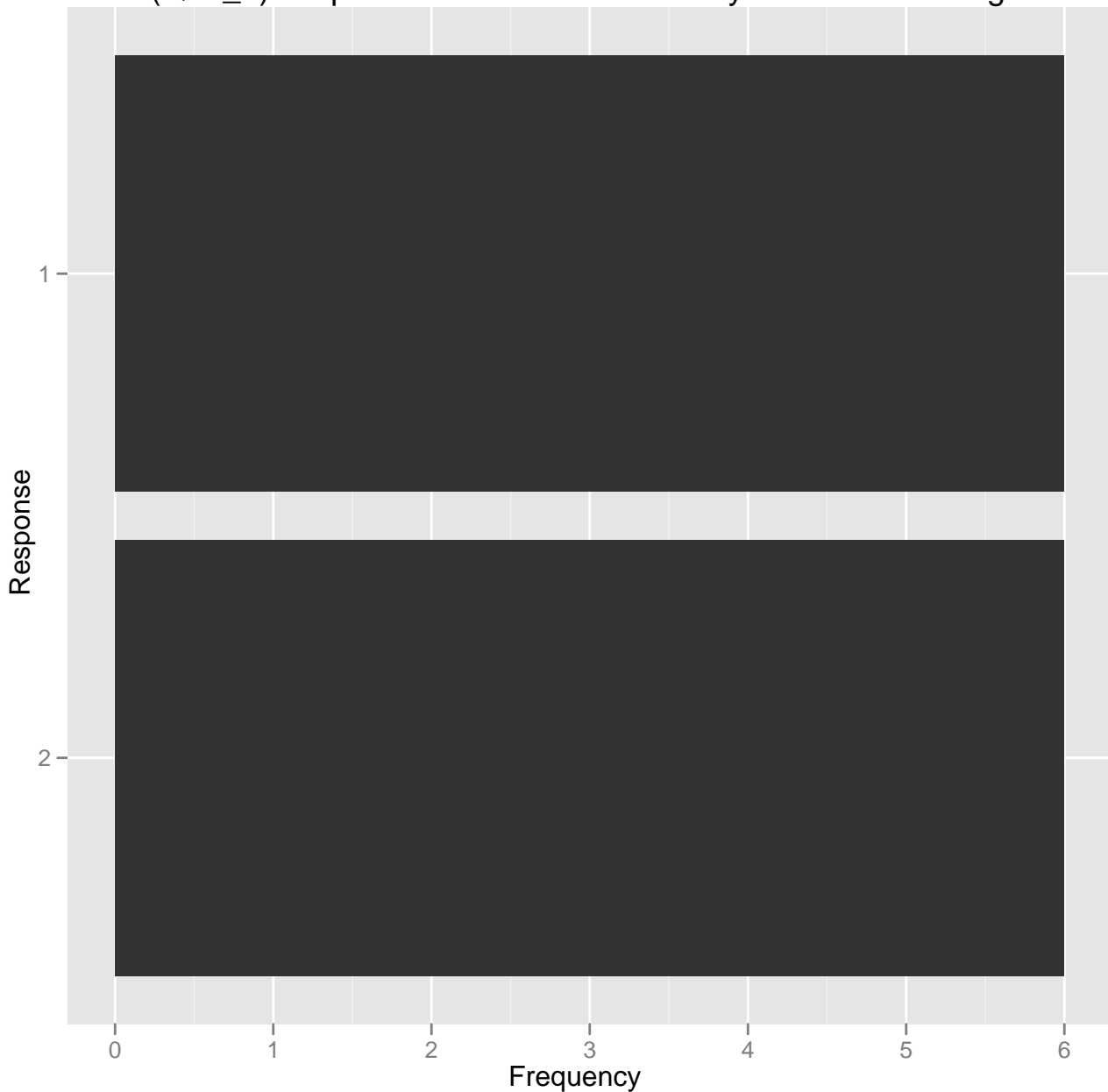
N058 (Q19_4):I have high expectations for my own coping ability during labor



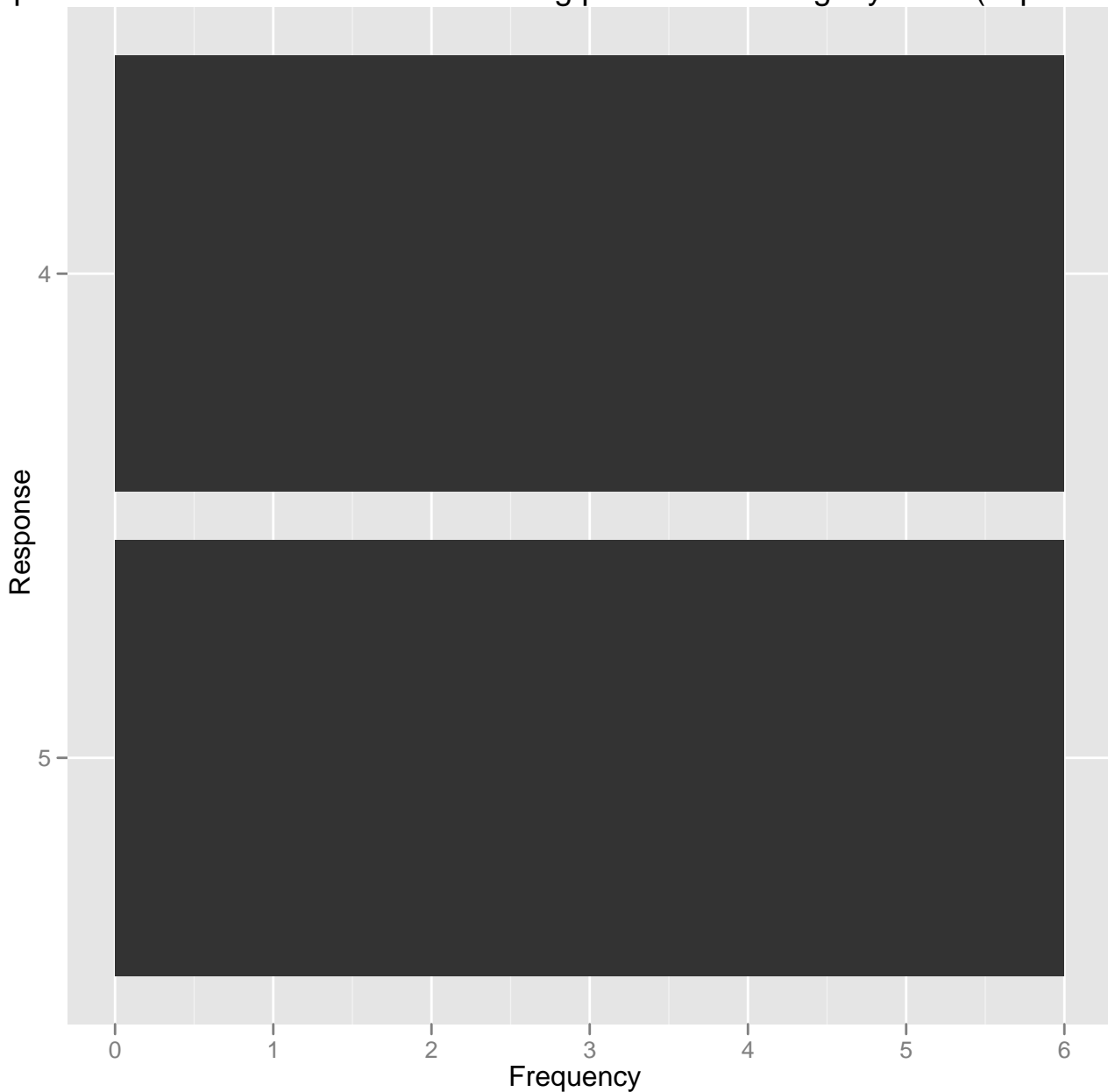
9 (Q19_5):I am confident that my birthing environment will be comfortable and rela



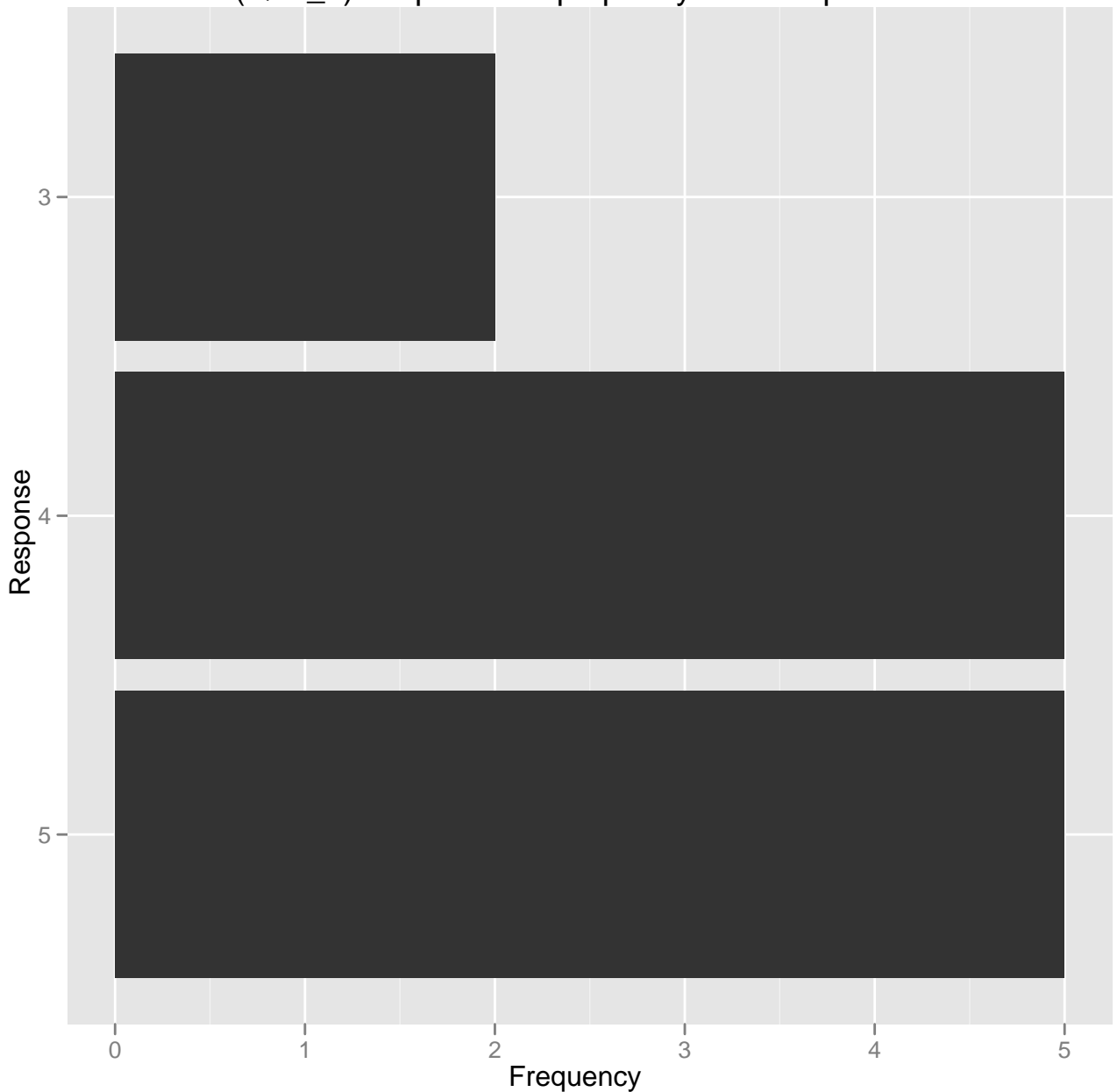
N060 (Q19_6): I expect to feel uninhibited in my movement during labor



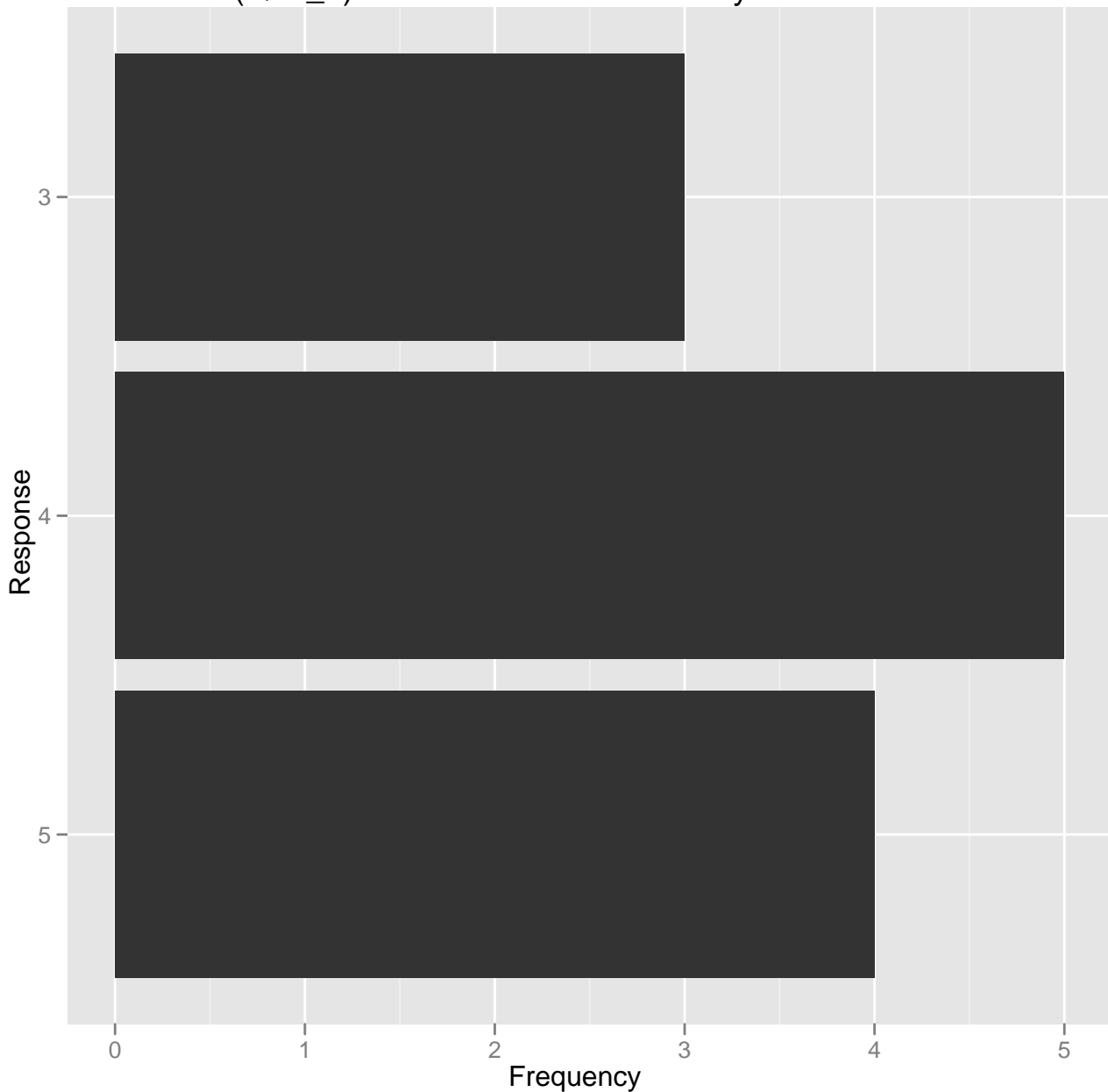
expect to be involved in decision-making processes during my labor (especially re



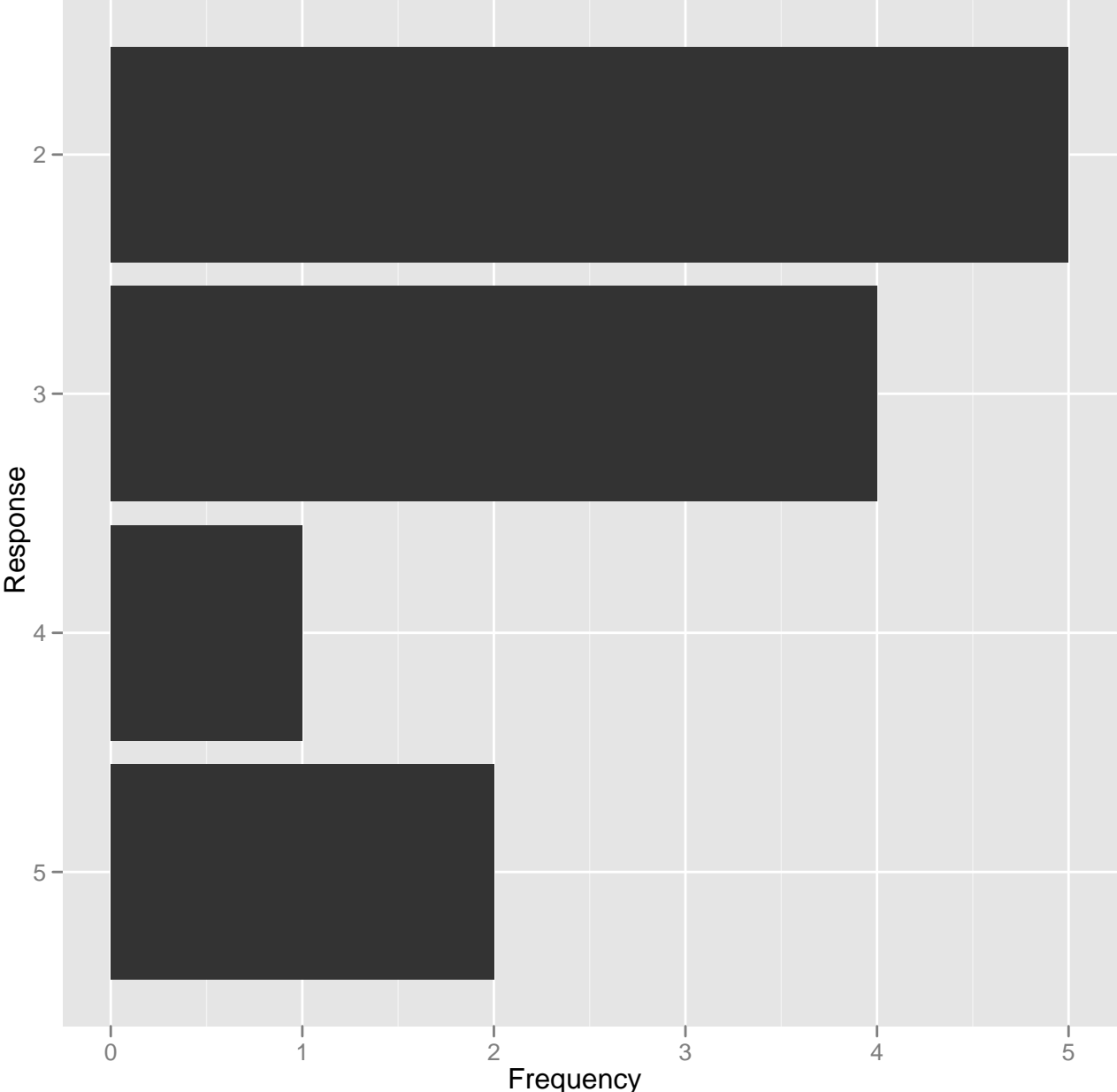
N062 (Q19_8):I expect to cope poorly with the pain of labor



N063 (Q19_9):I am afraid that I will let myself down in labor



N064 (Q20):I expect my labor to be ____ hours long (from active labor to birth)



Expect my partner to be present for the birth (Partner can mean a romantic partner

Response

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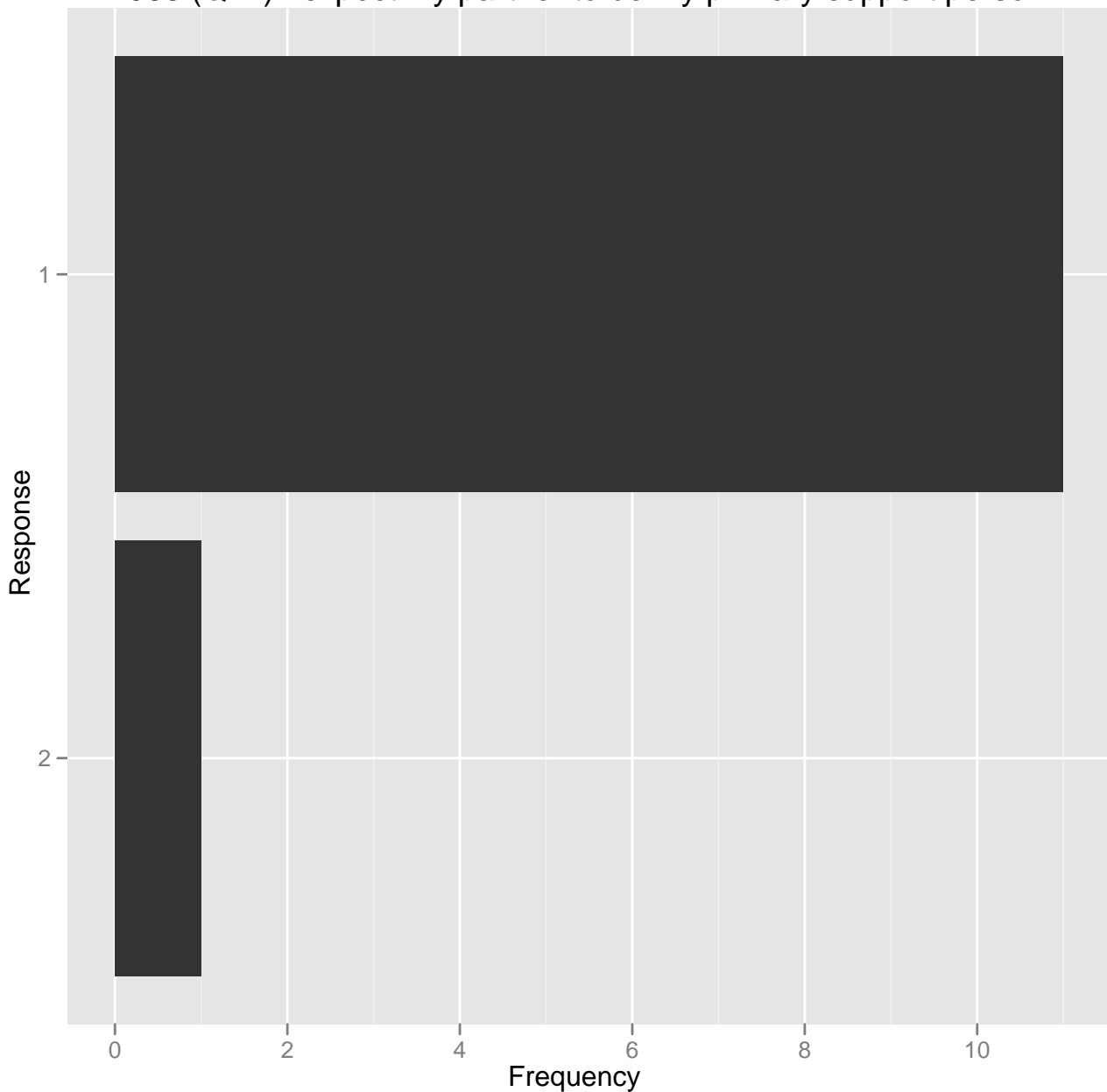
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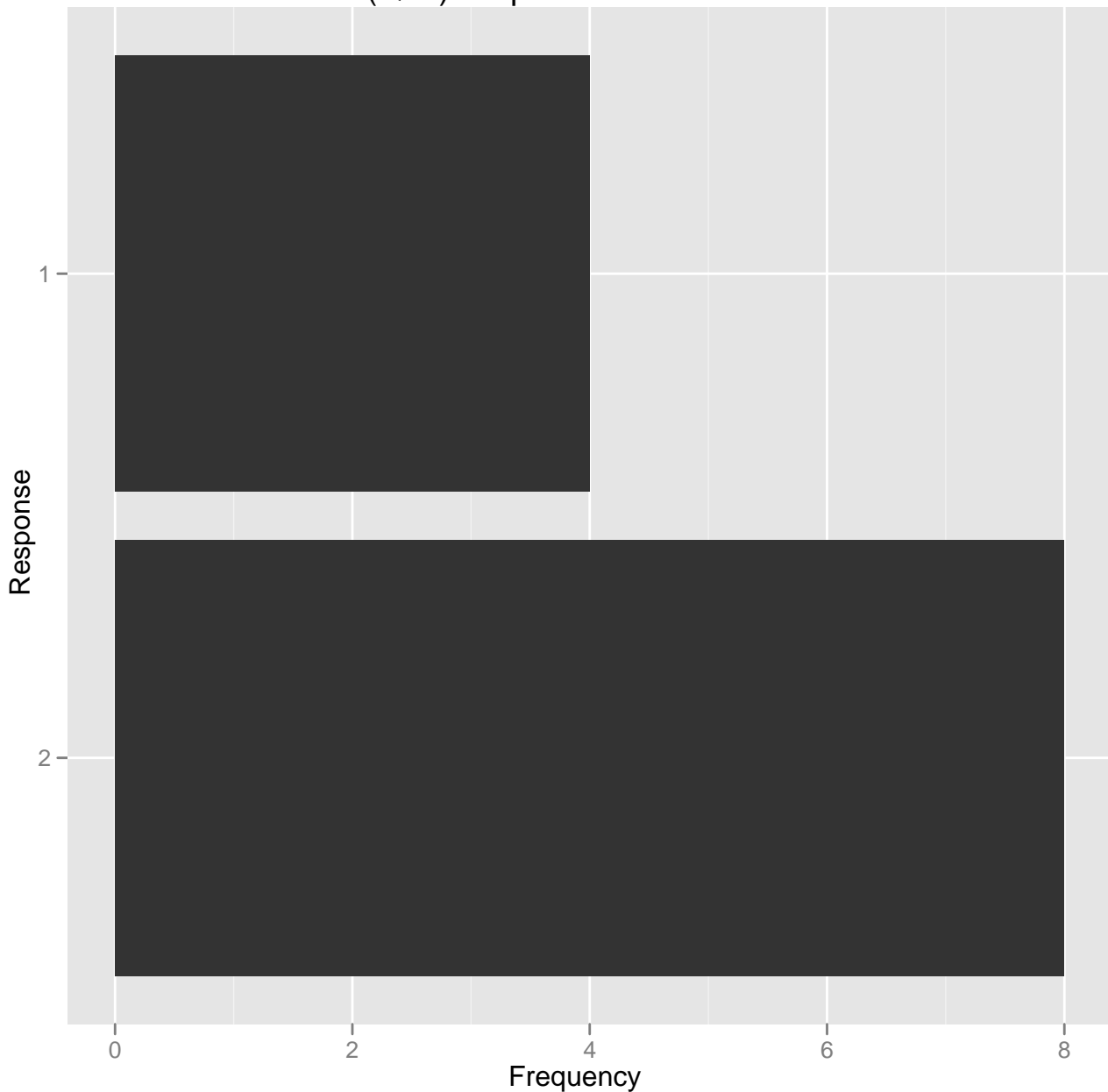
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Frequency

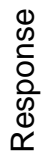
N066 (Q22):I expect my partner to be my primary support person



N067 (Q23):I expect to work with a doula



N068 (Q25):How did your mother give birth to you?



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2

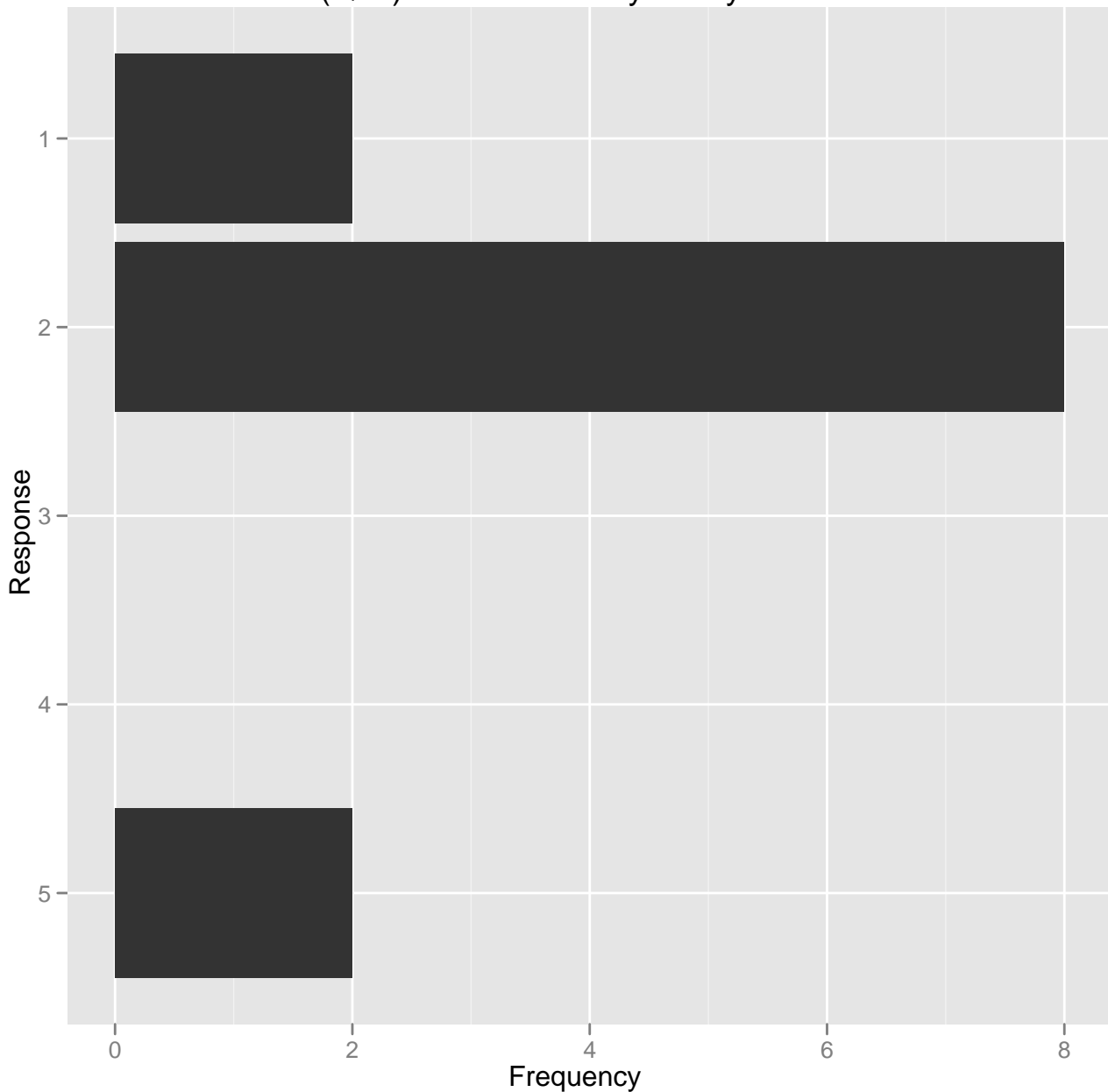
Frequency

4

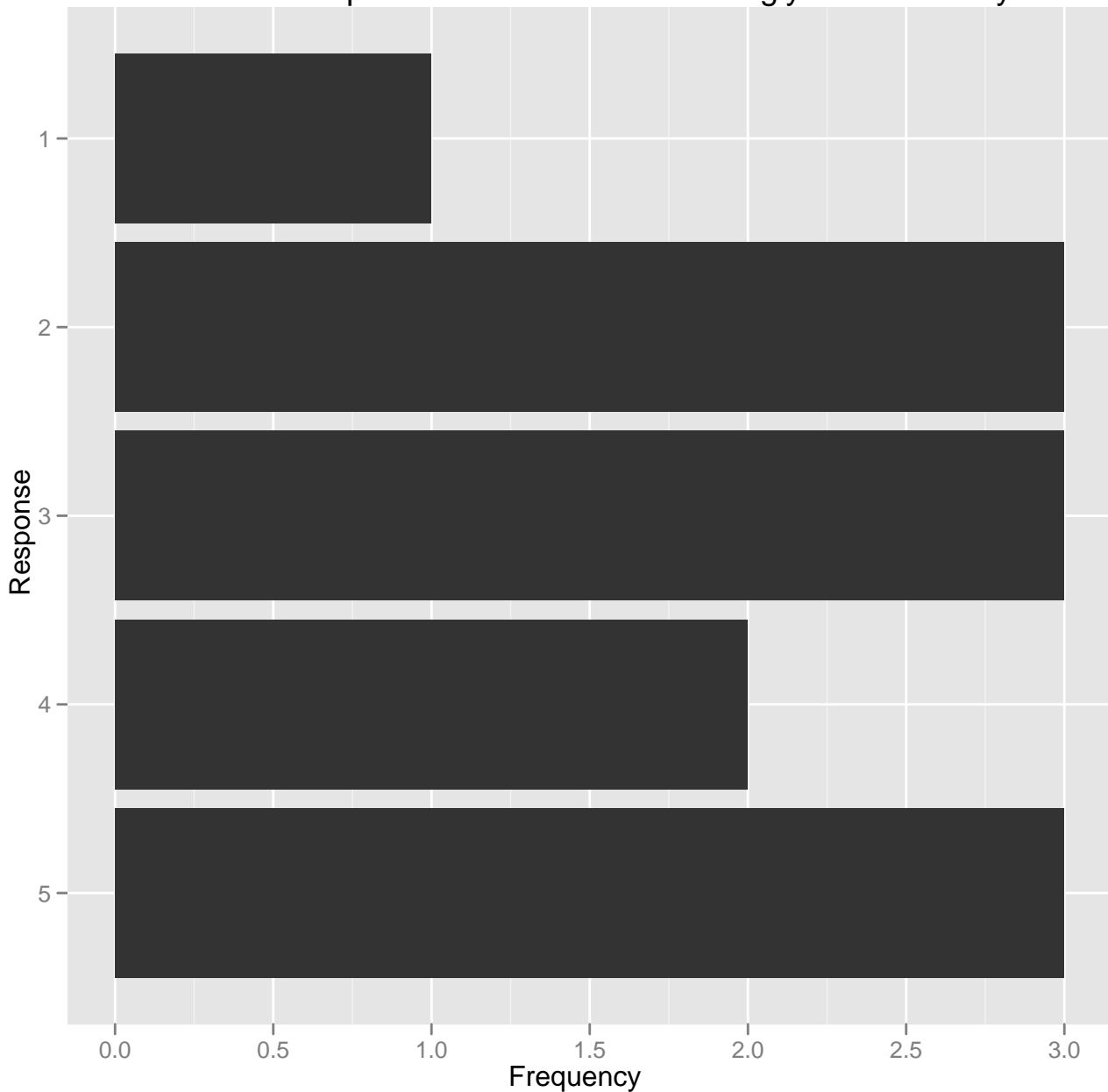
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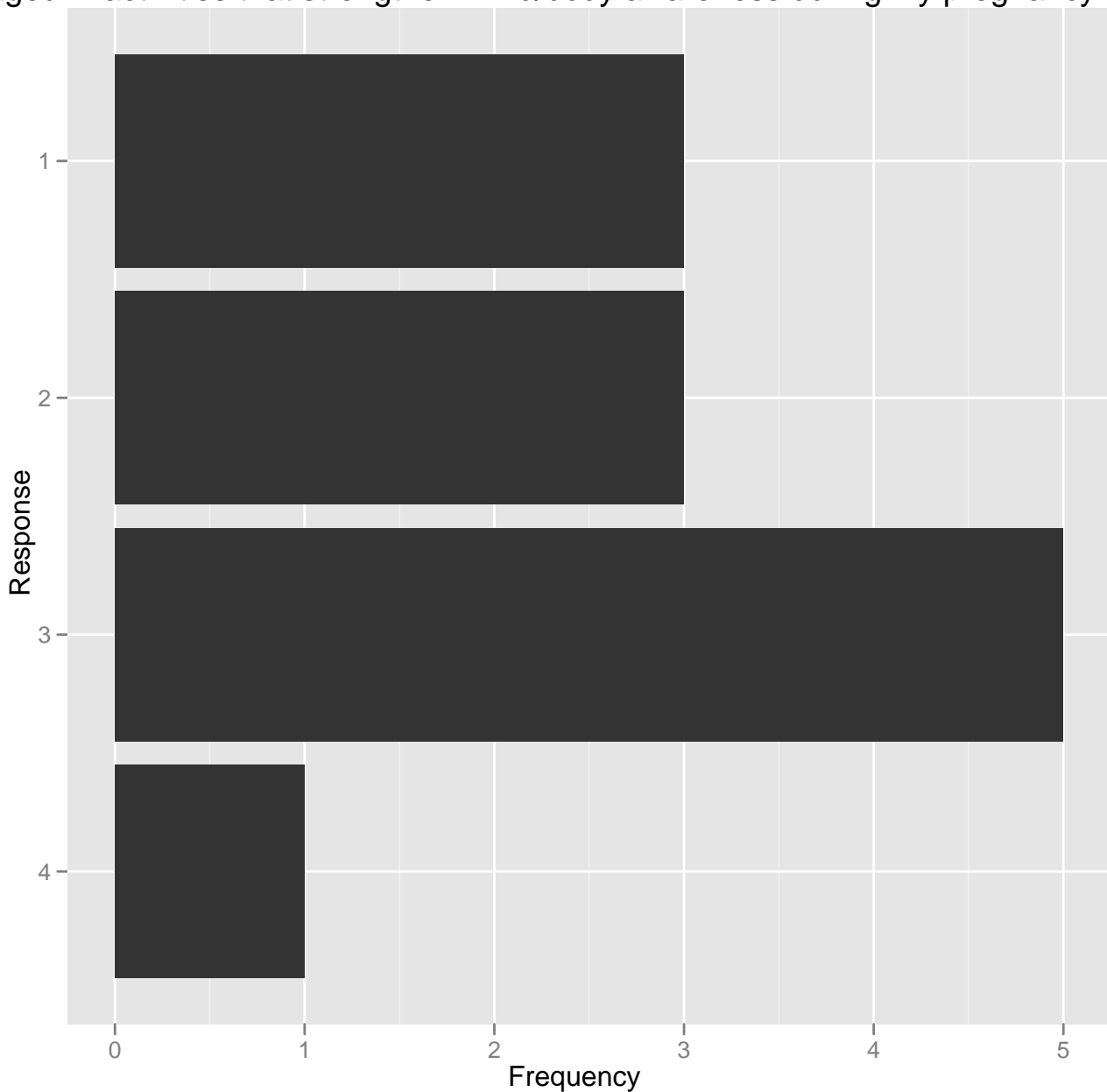
N069 (Q26):How close are you to your mother?



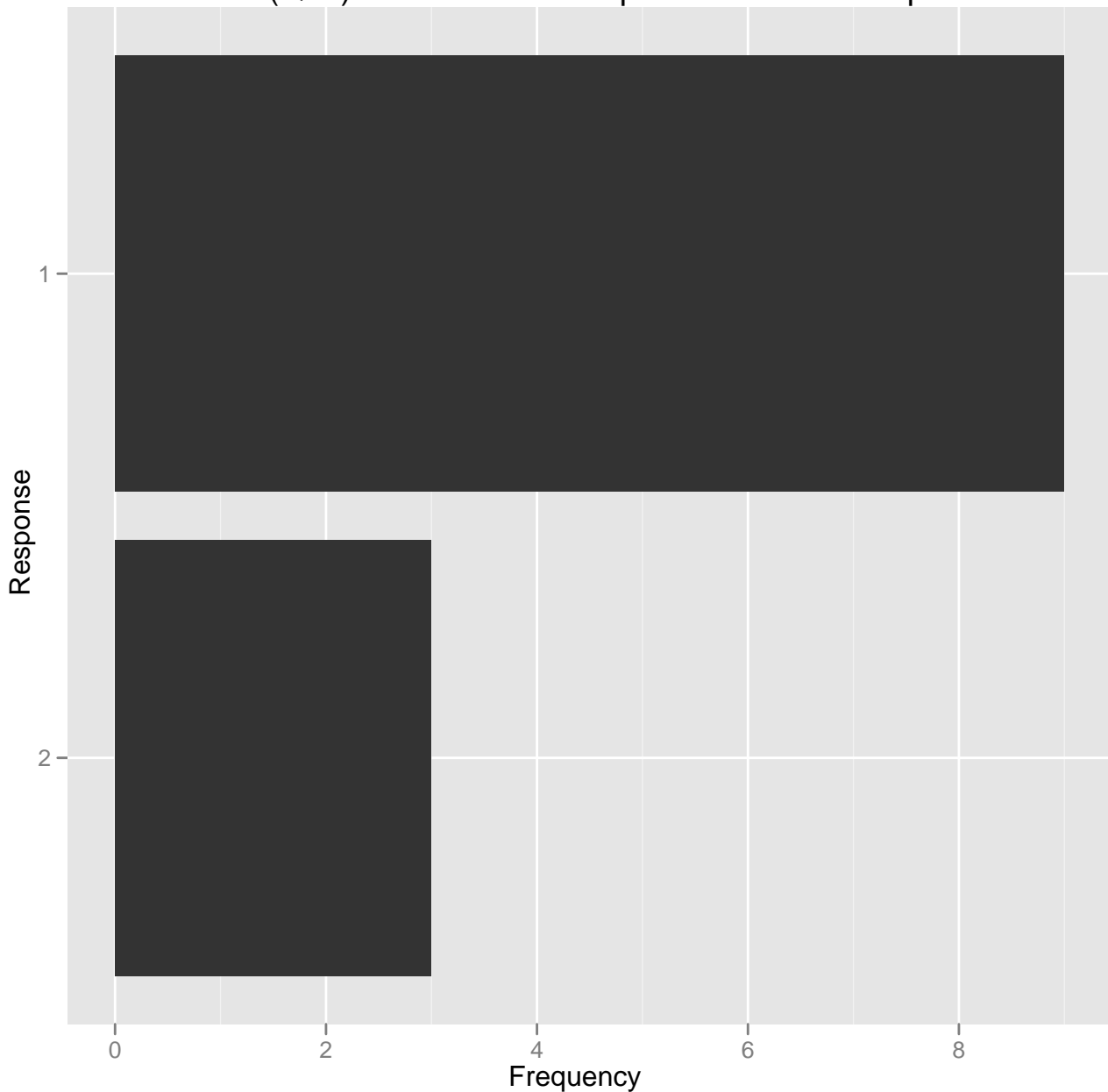
mother's beliefs and/or experiences of birth have strongly influenced my own beliefs



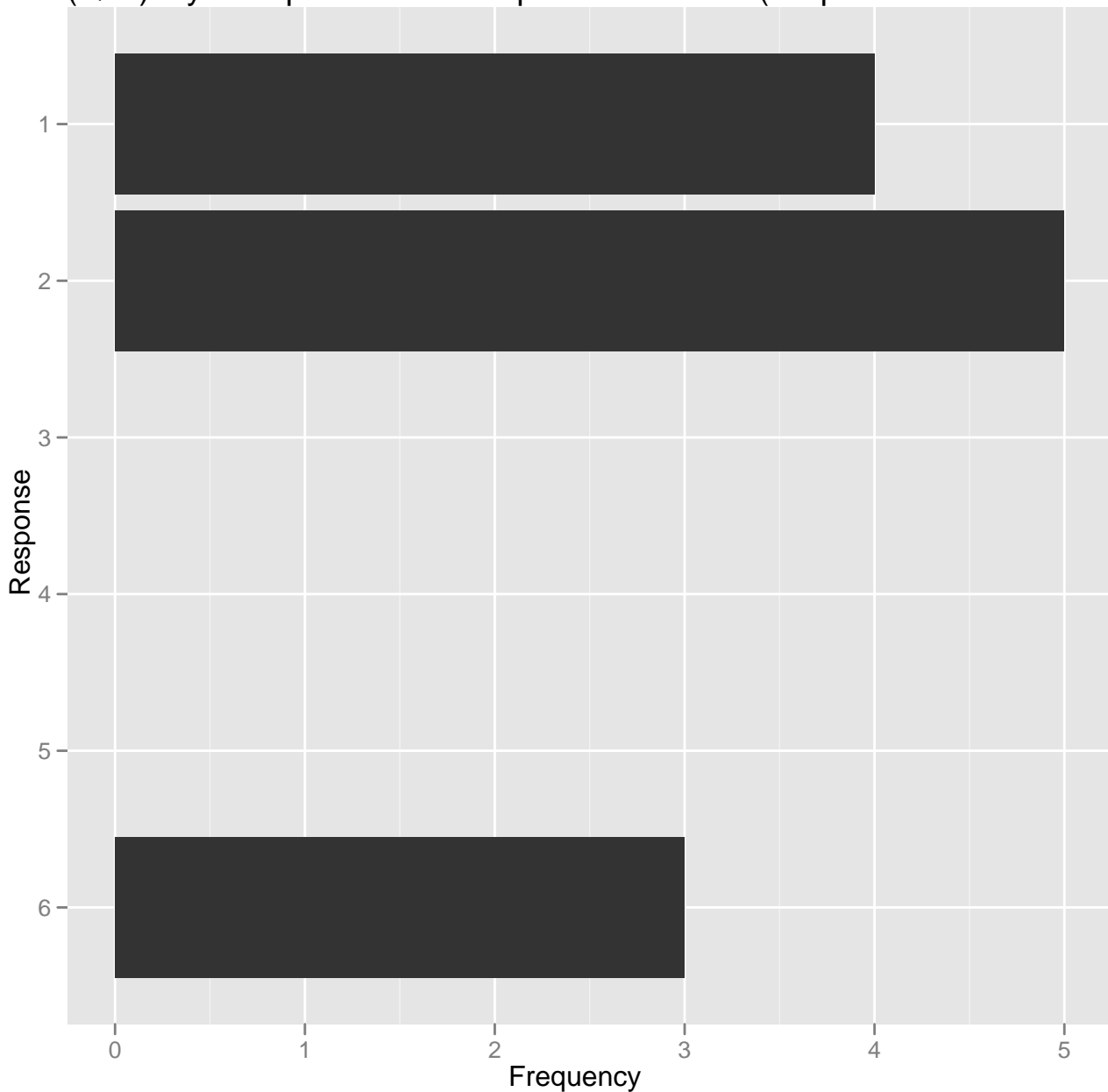
engaged in activities that strengthen mind/body awareness during my pregnancy (ex.



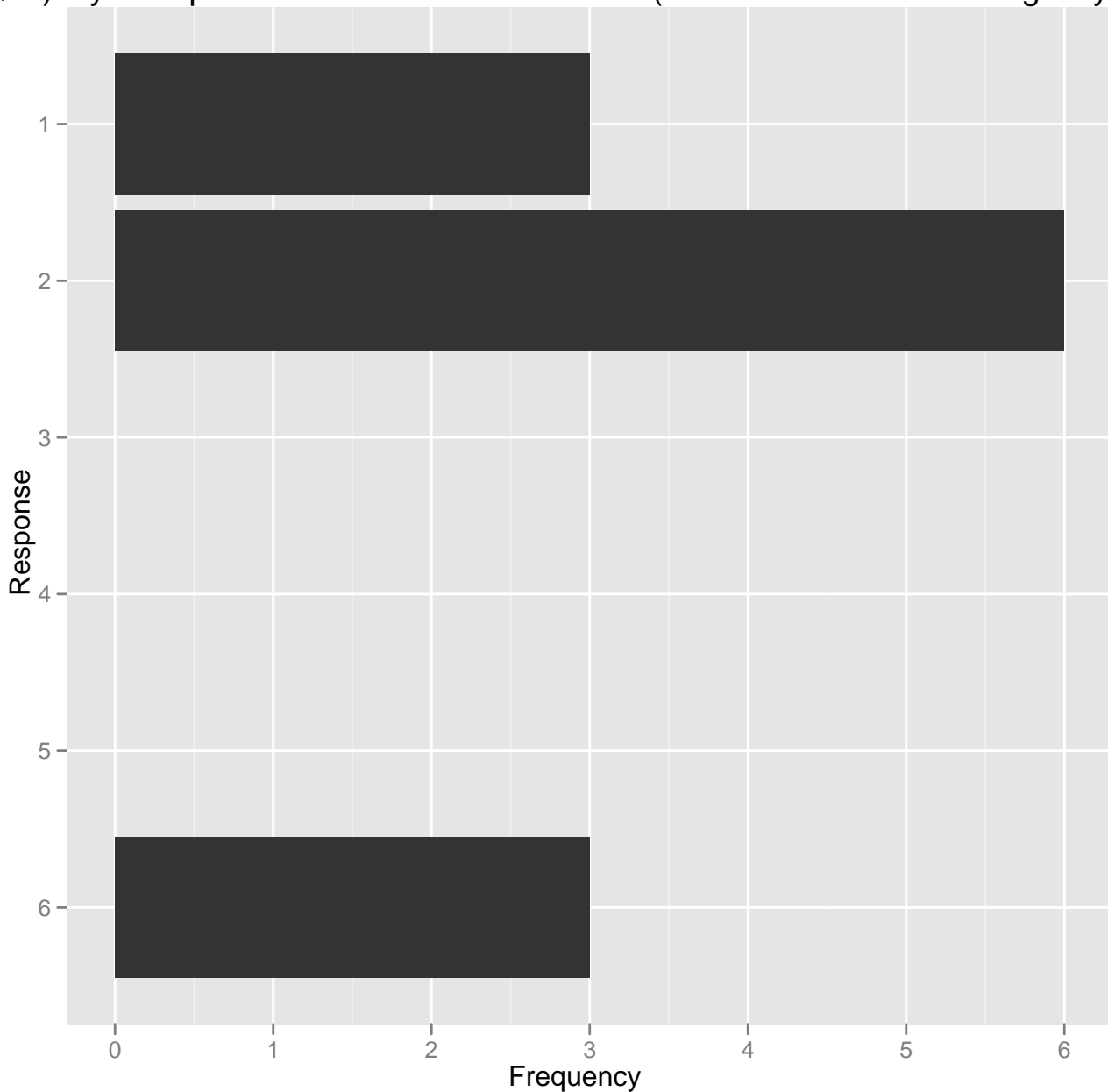
N072 (Q24):I have written or I plan to write a birth plan



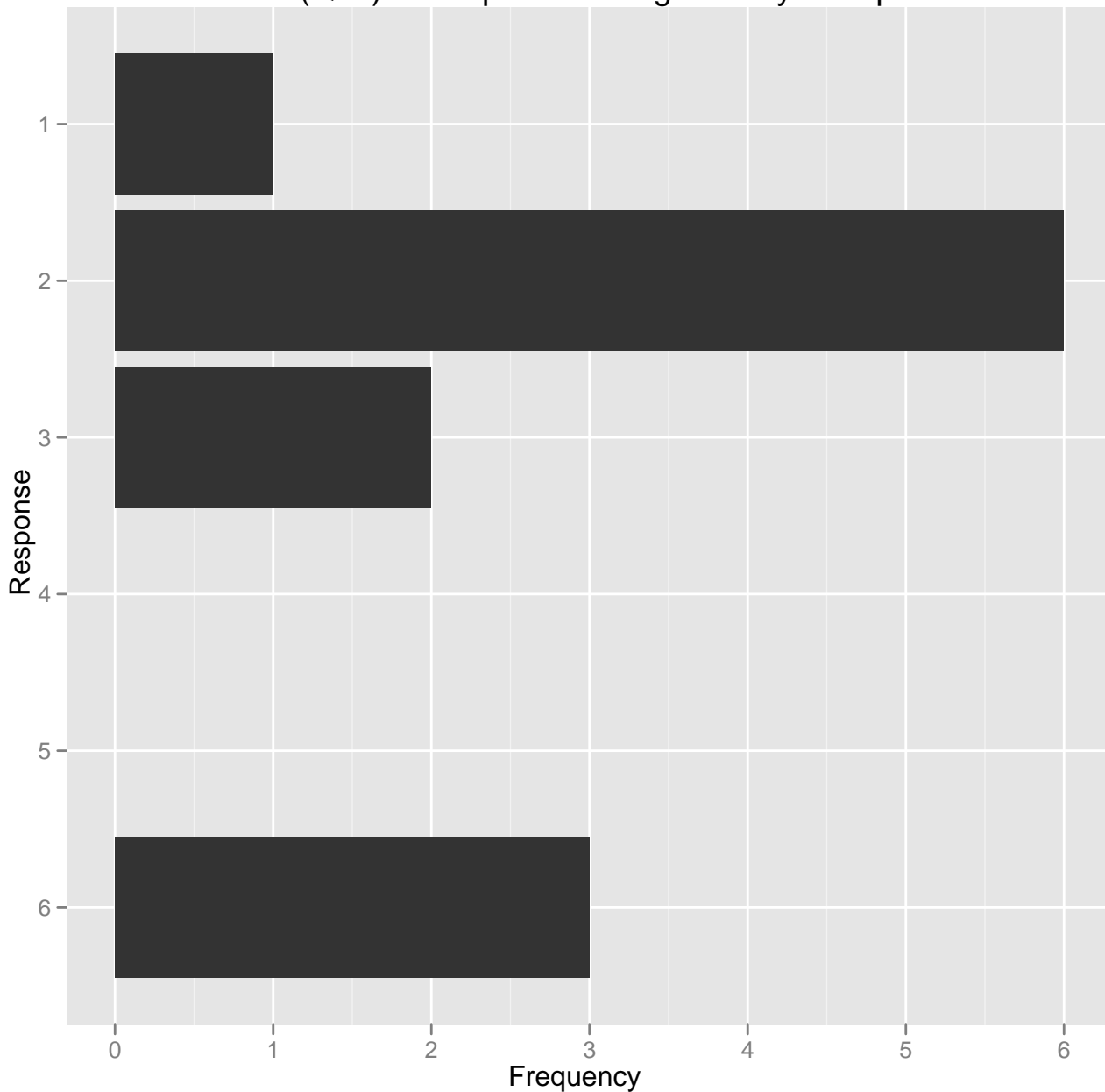
N073 (Q29):My birth plan addresses personal factors (ex. preferences and beliefs)



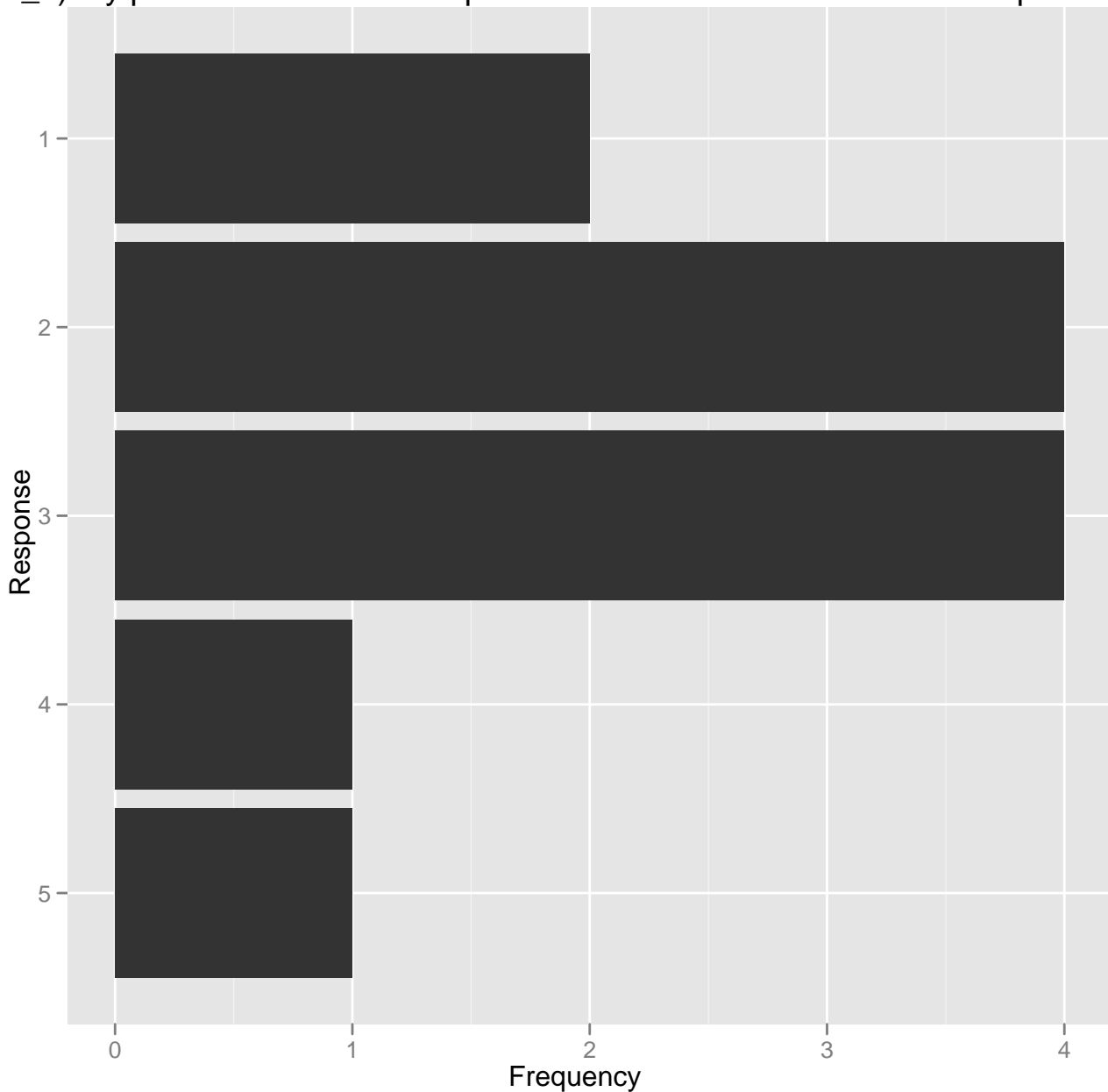
Q30):My birth plan addresses external factors (ex. interventions or emergency situ



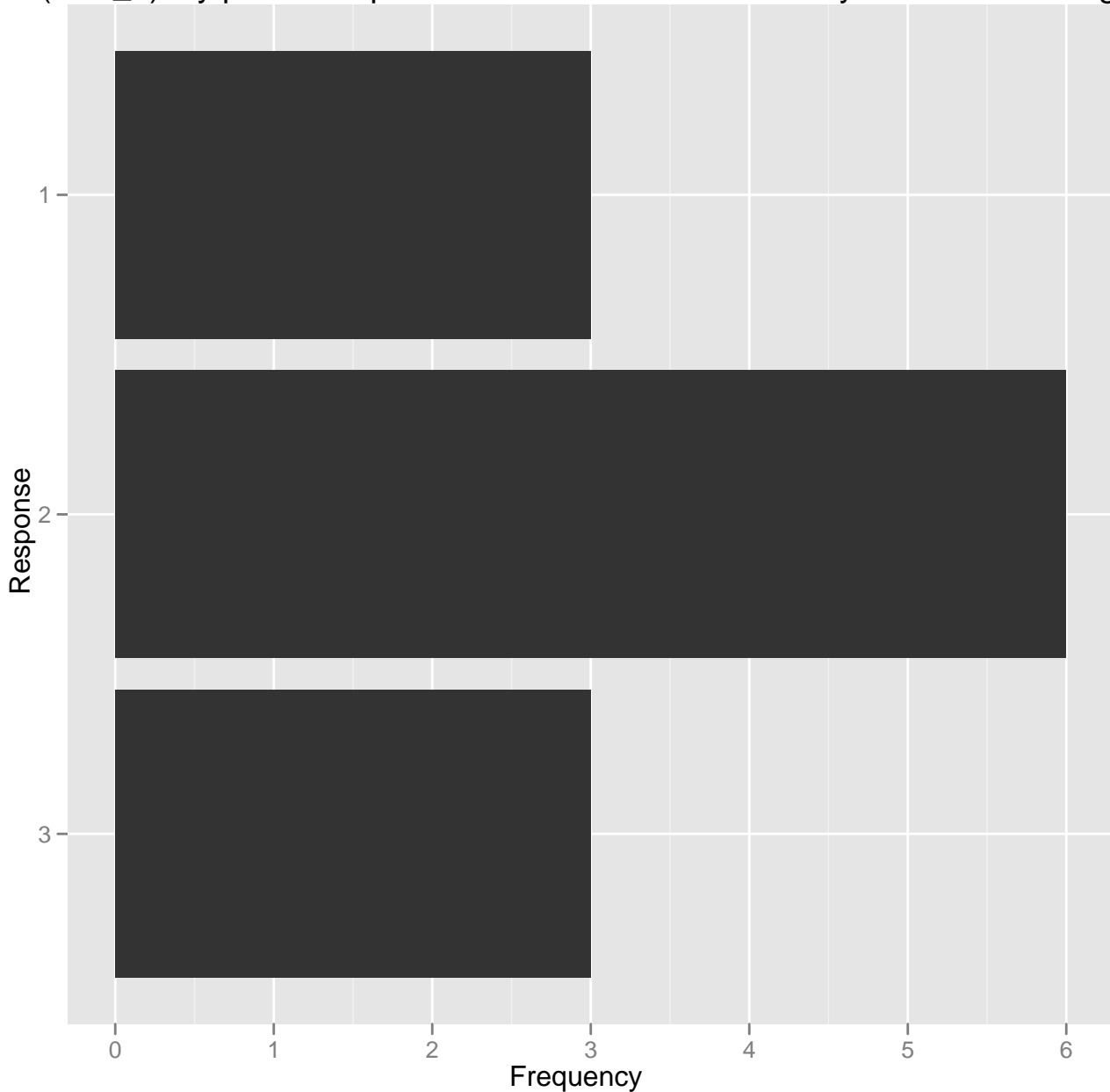
N075 (Q31):I am open to changes in my birth plan



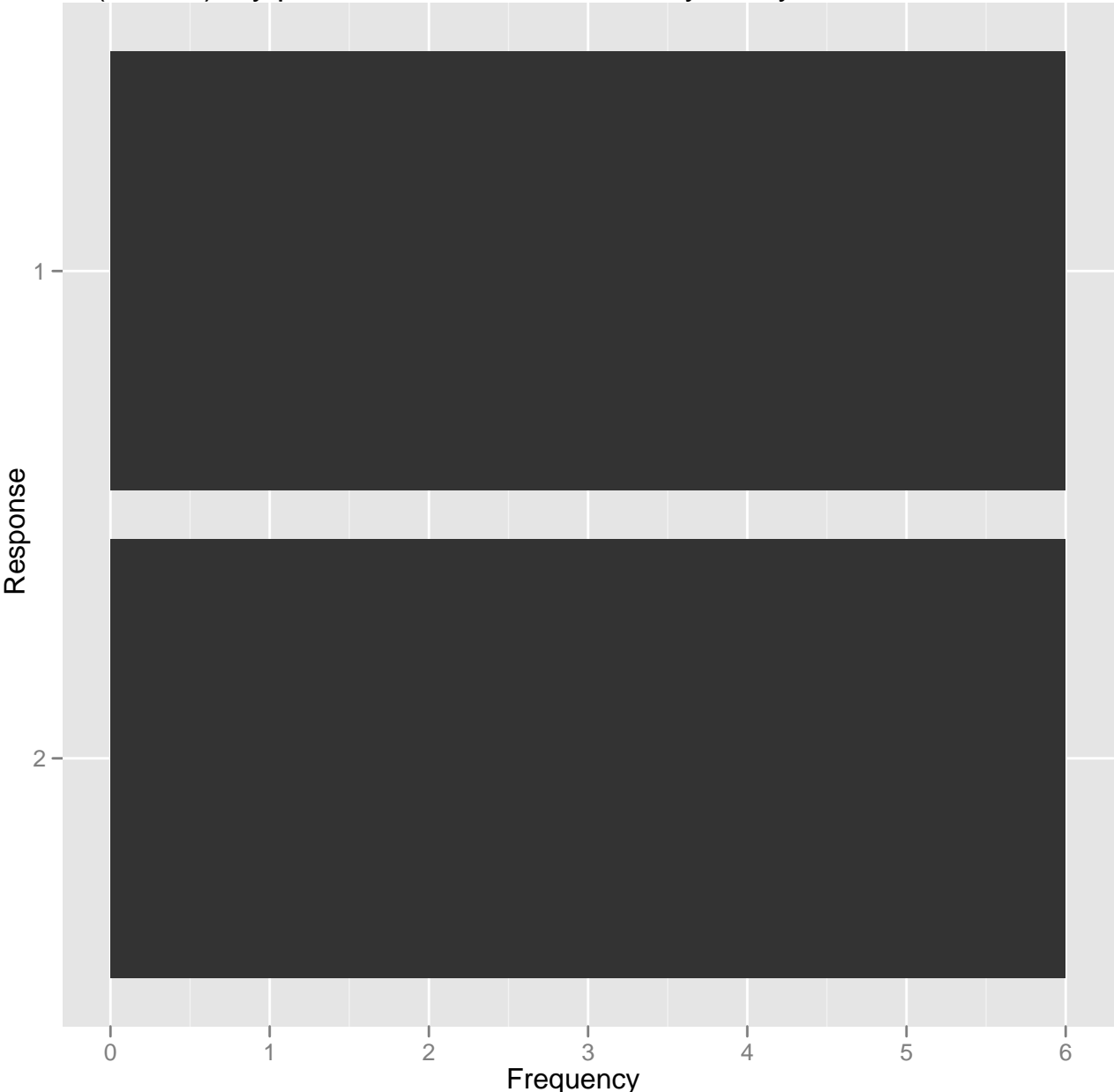
32_1):My partner believes it is important to me to remain calm and composed dur



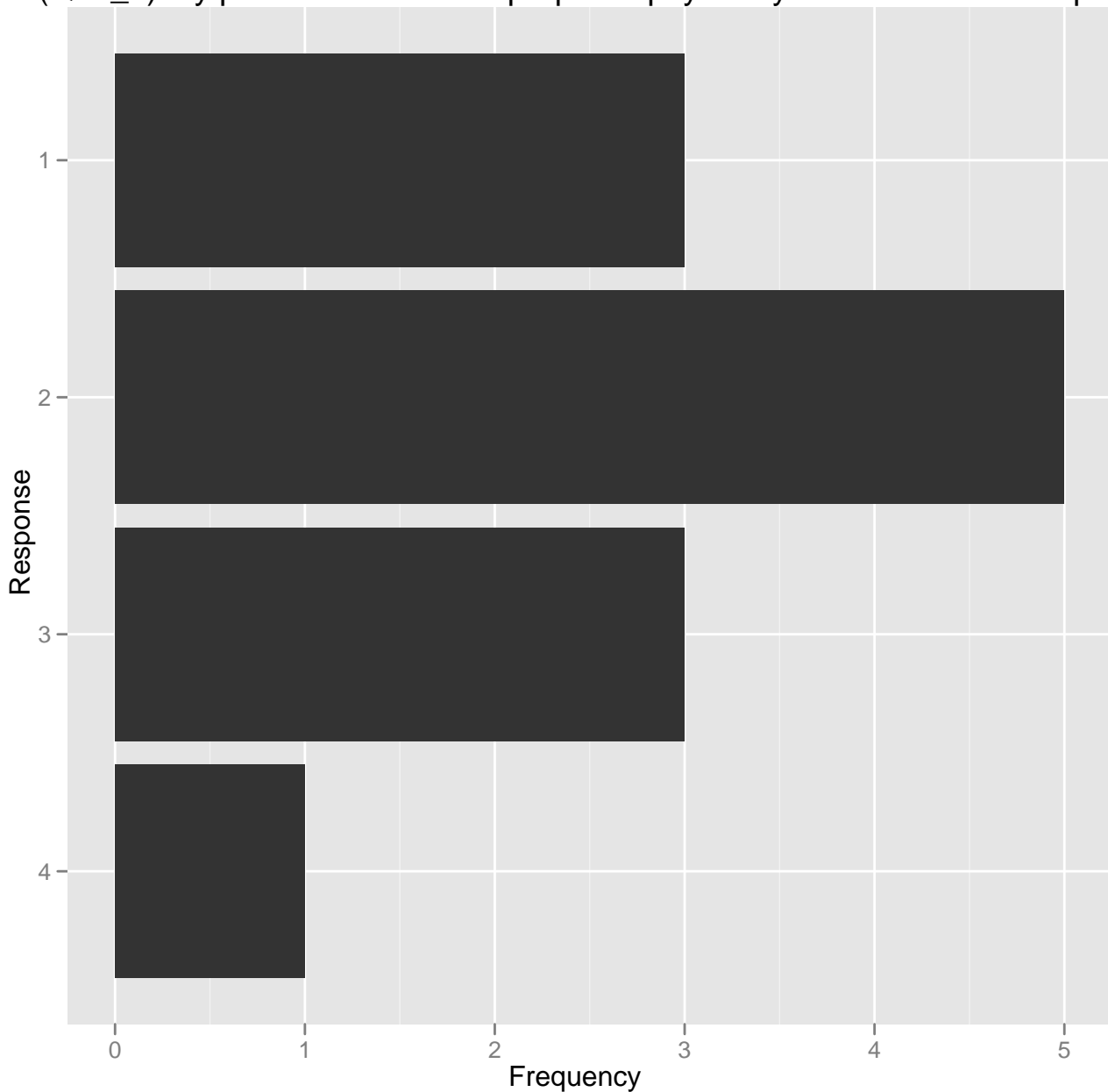
077 (Q32_2):My partner expects me to feel uninhibited in my movement during lab



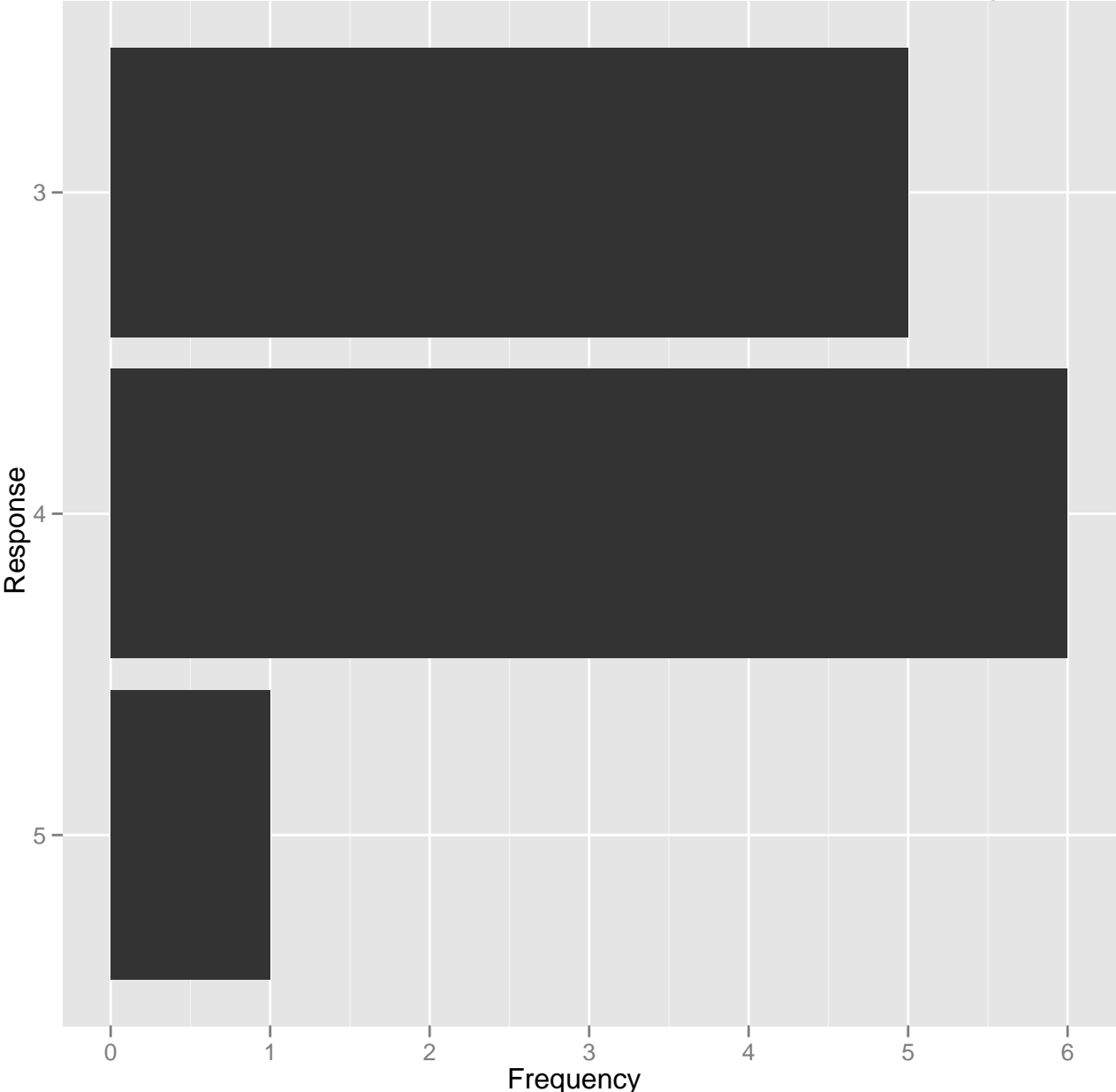
N078 (Q32_3):My partner has confidence in my ability to succeed in childbirth



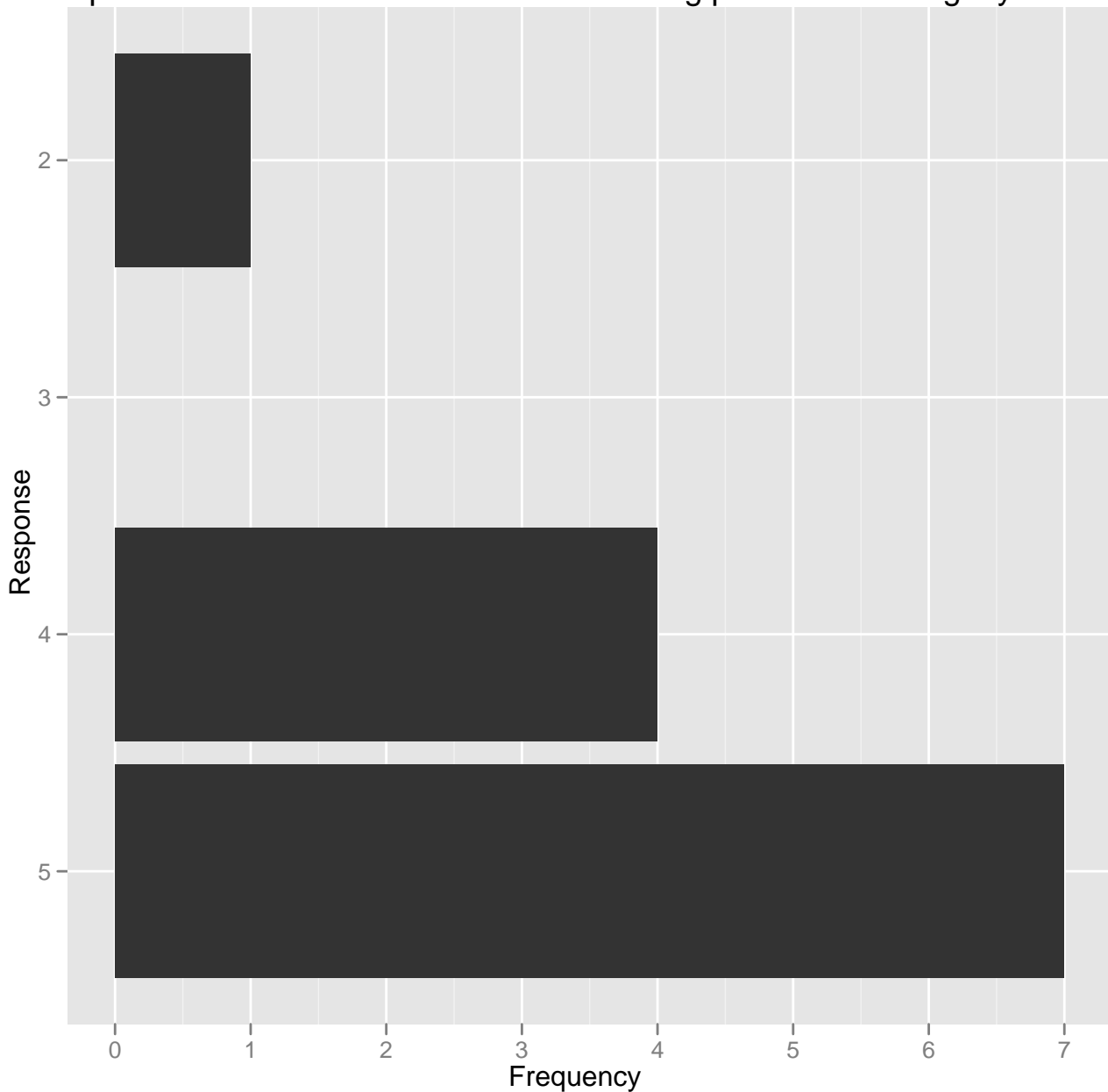
079 (Q32_4):My partner feels I have prepared physically for the childbirth experience



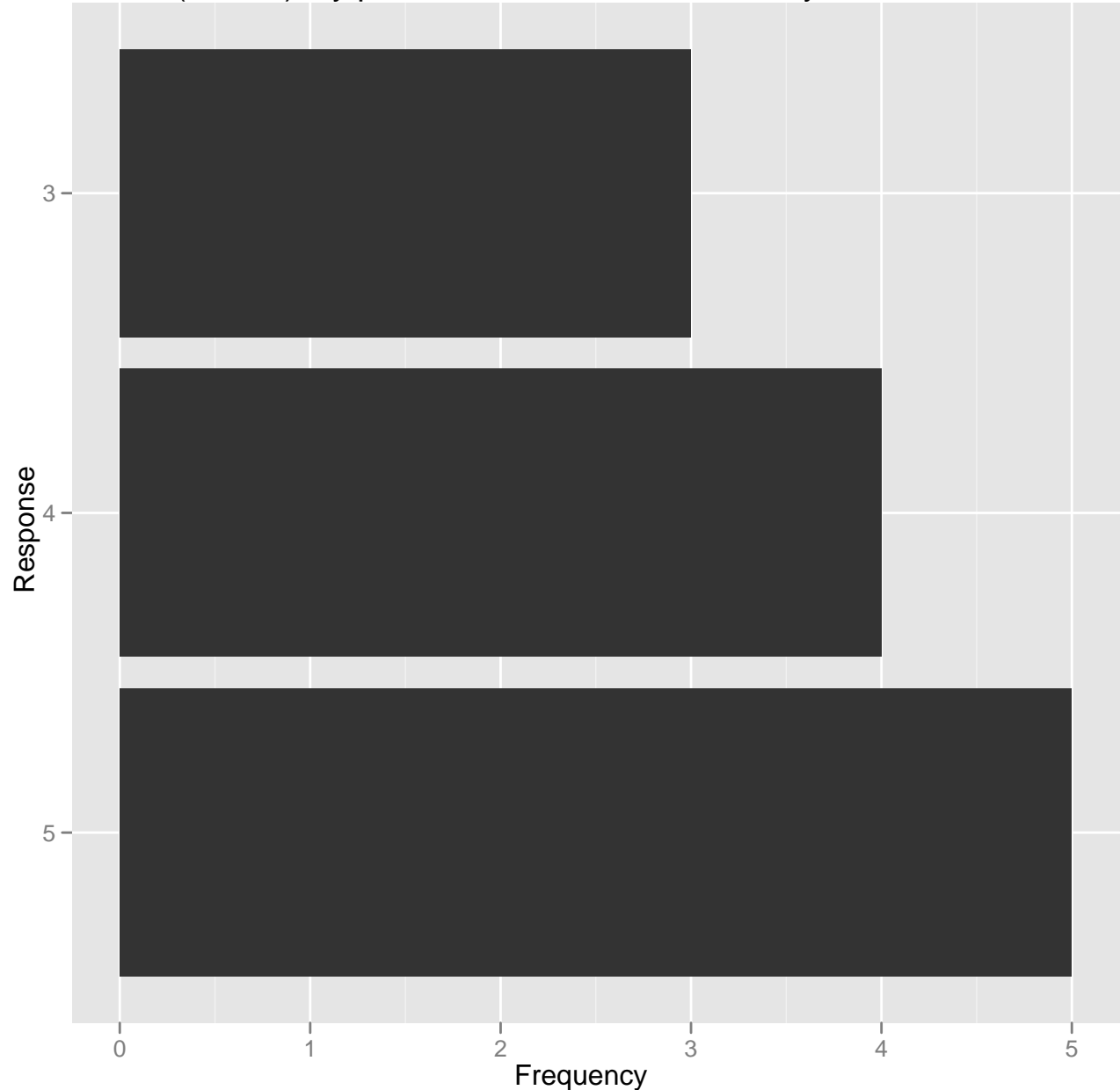
N080 (Q32_5):My partner fears that people will talk too much during my labor



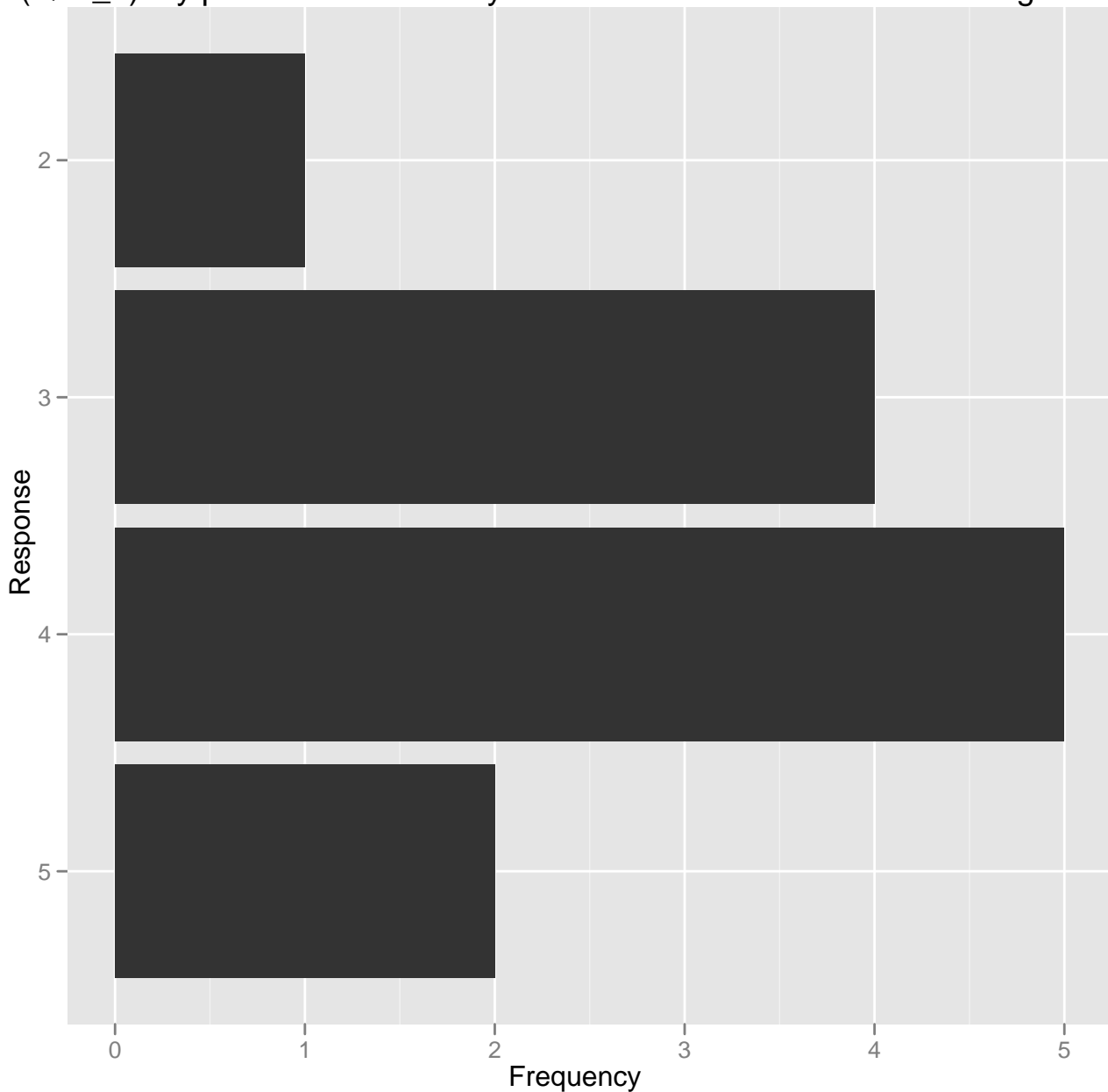
s not expect me to be involved in decision-making processes during my labor (esp



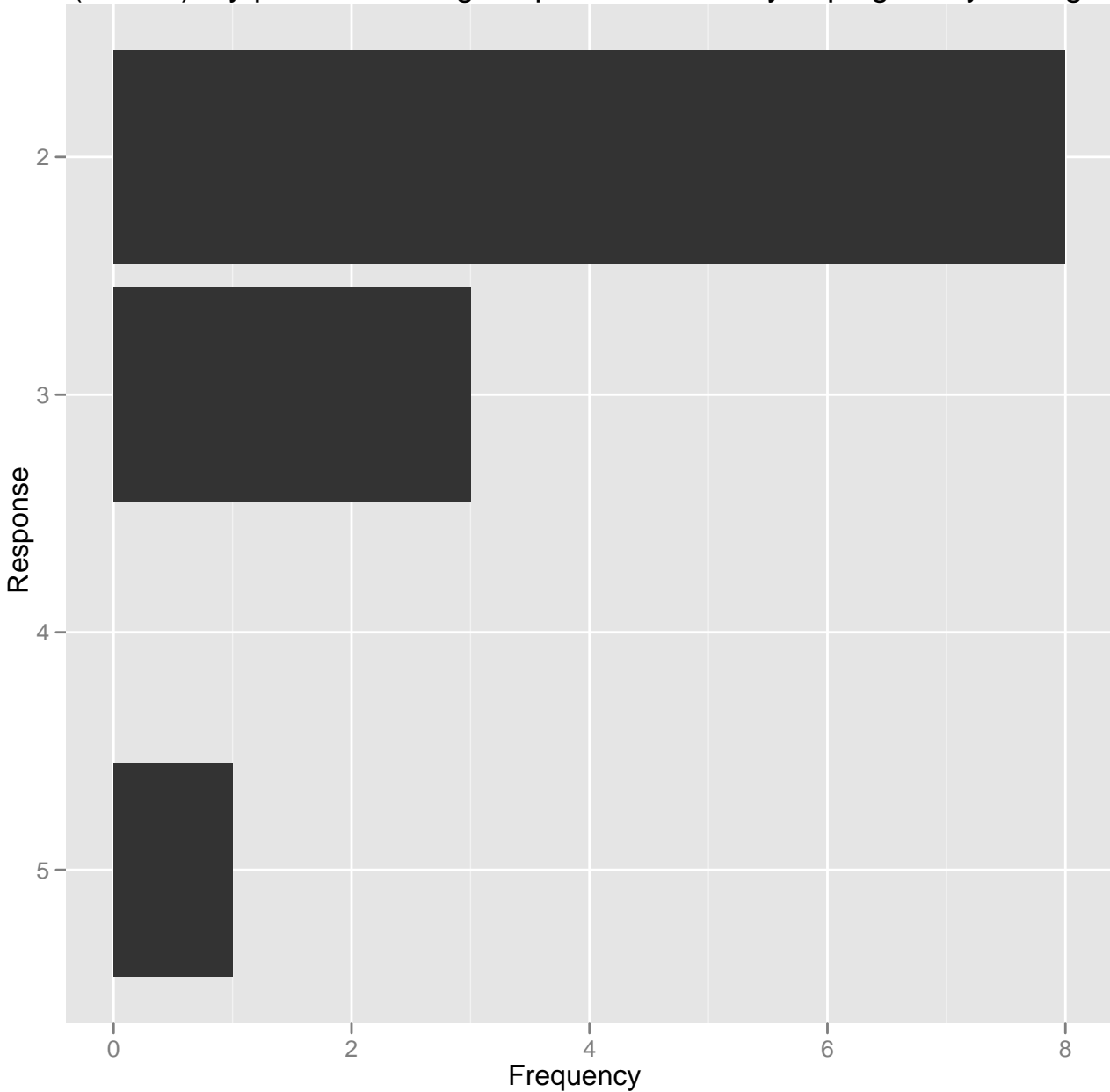
N082 (Q32_7):My partner is afraid that I will let myself down in labor



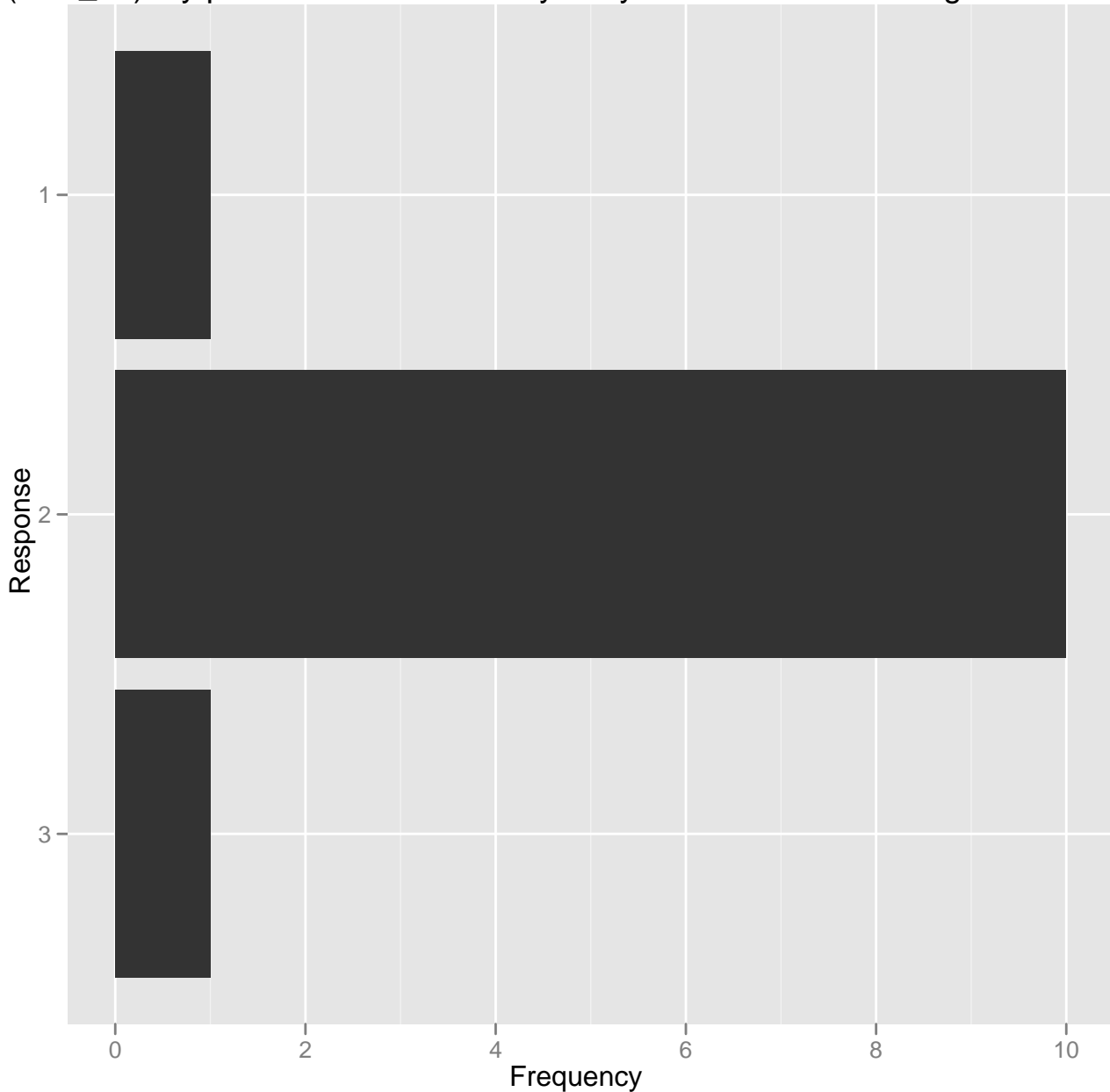
33 (Q32_8):My partner fears that my emotions will become overwhelming during la



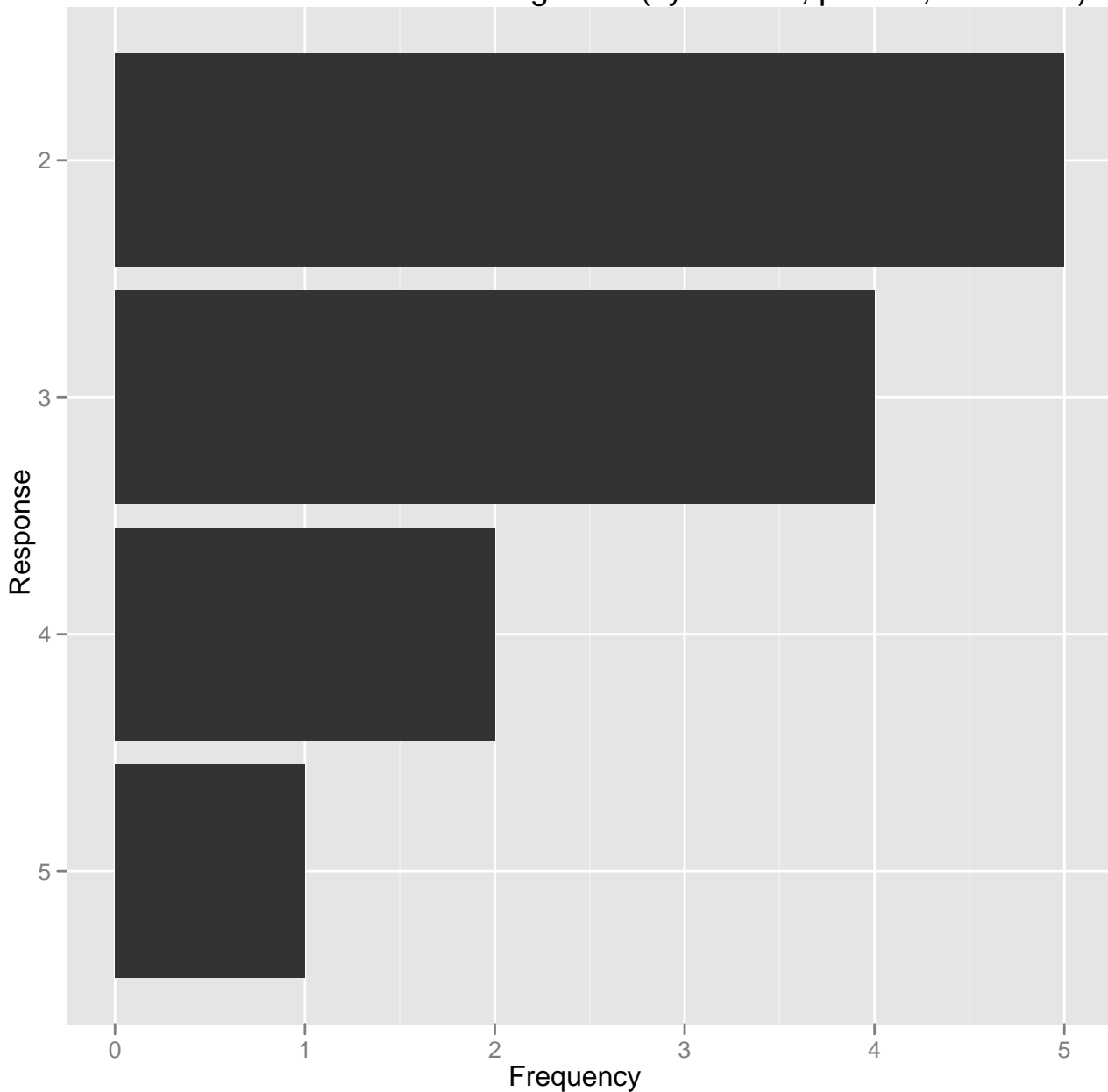
N084 (Q32_9):My partner has high expectations for my coping ability during labor



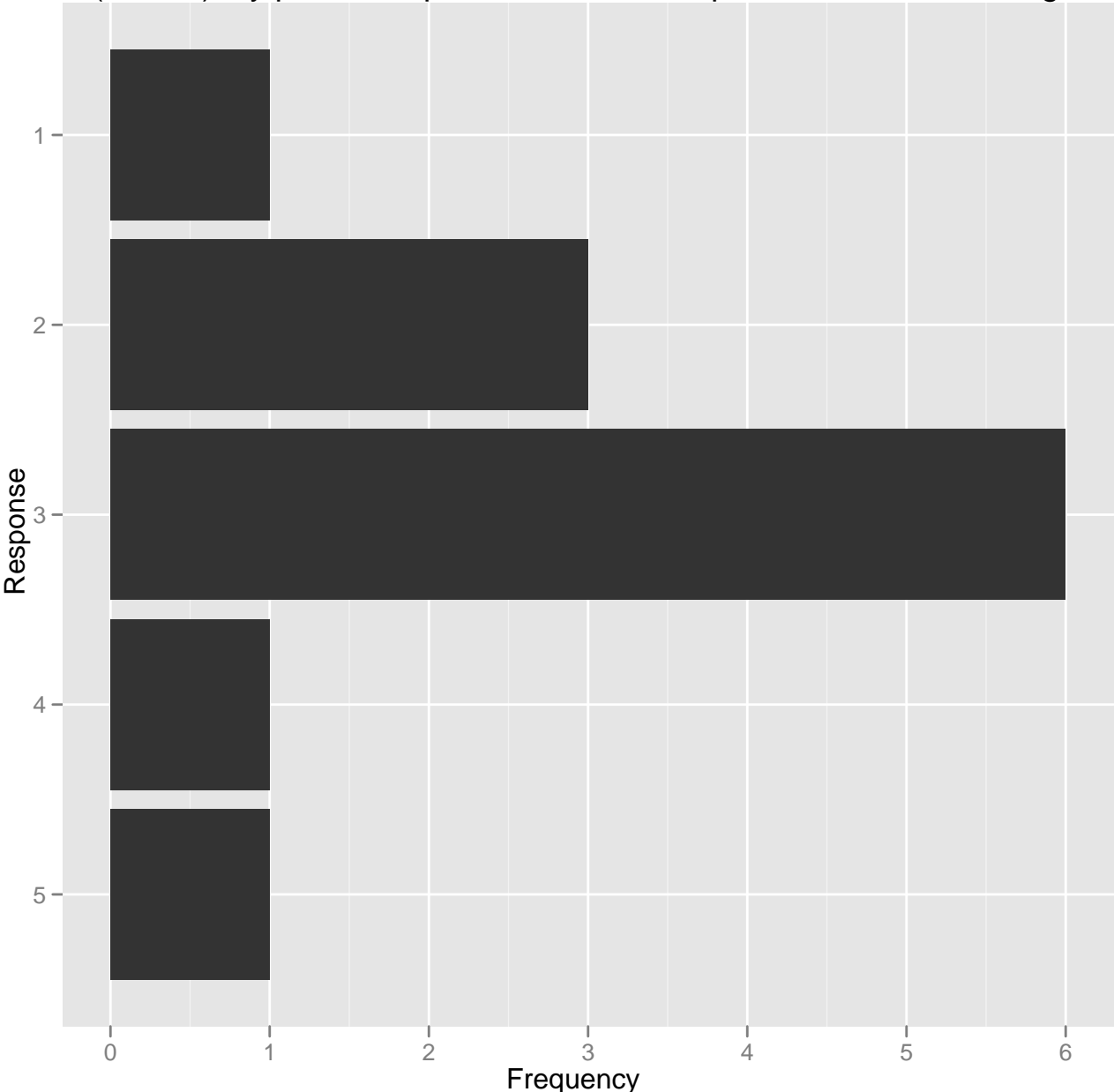
5 (Q32_10):My partner believes that my body holds the wisdom to give birth on its



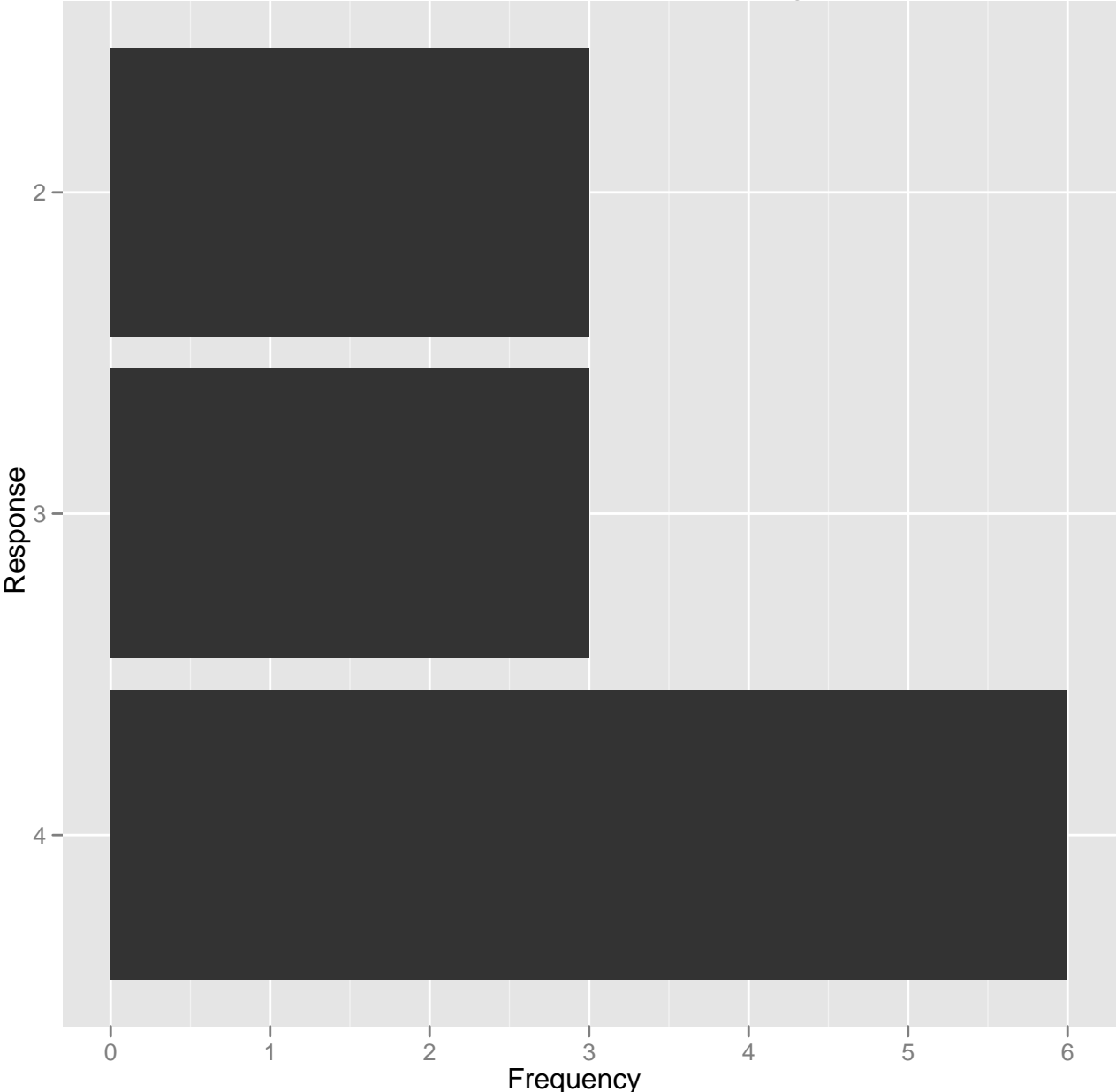
believes I will need to be coached during labor (by a doula, partner, midwife...) in or



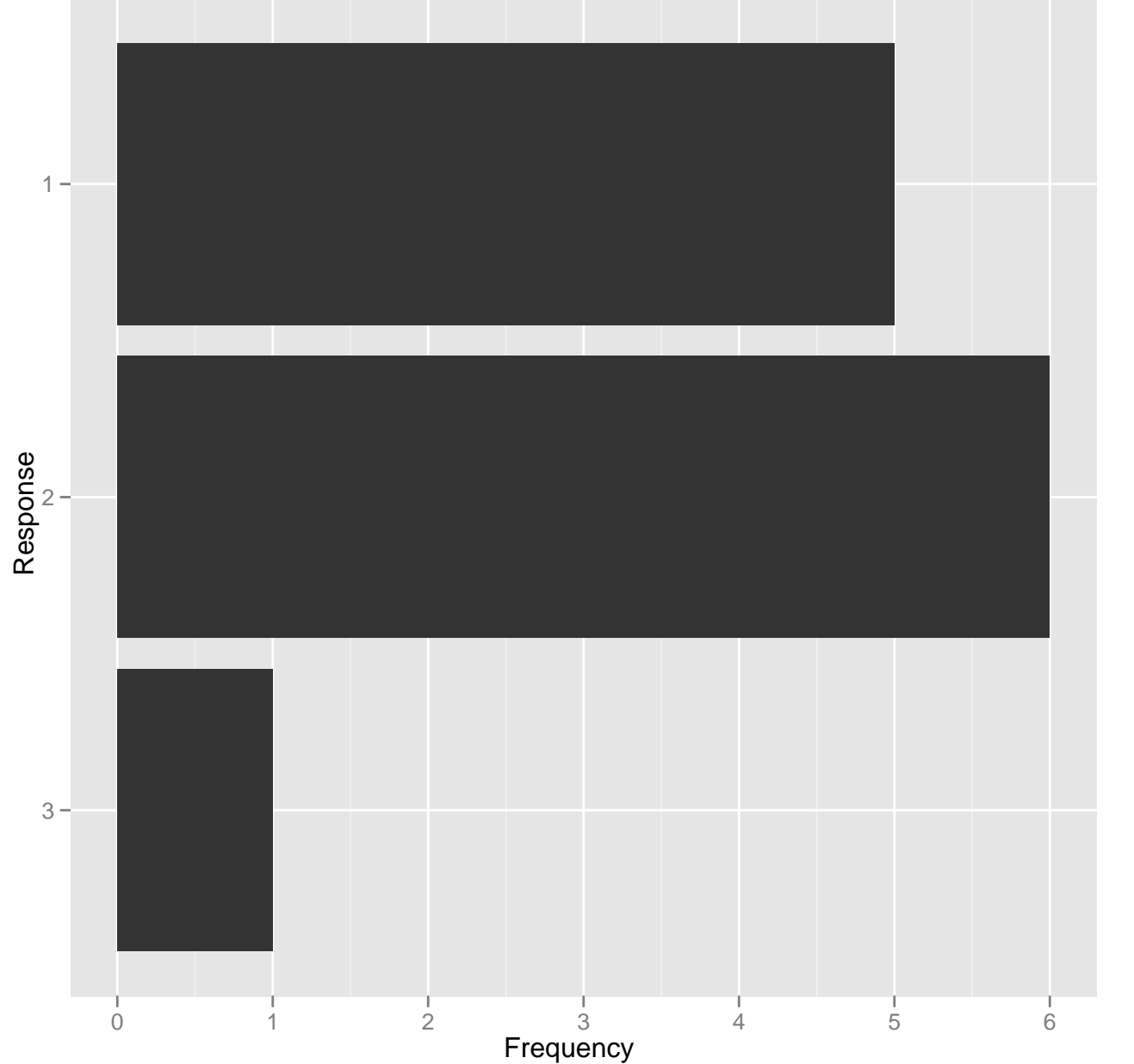
N087 (Q33_2):My partner expects me to use no pain medications during labor



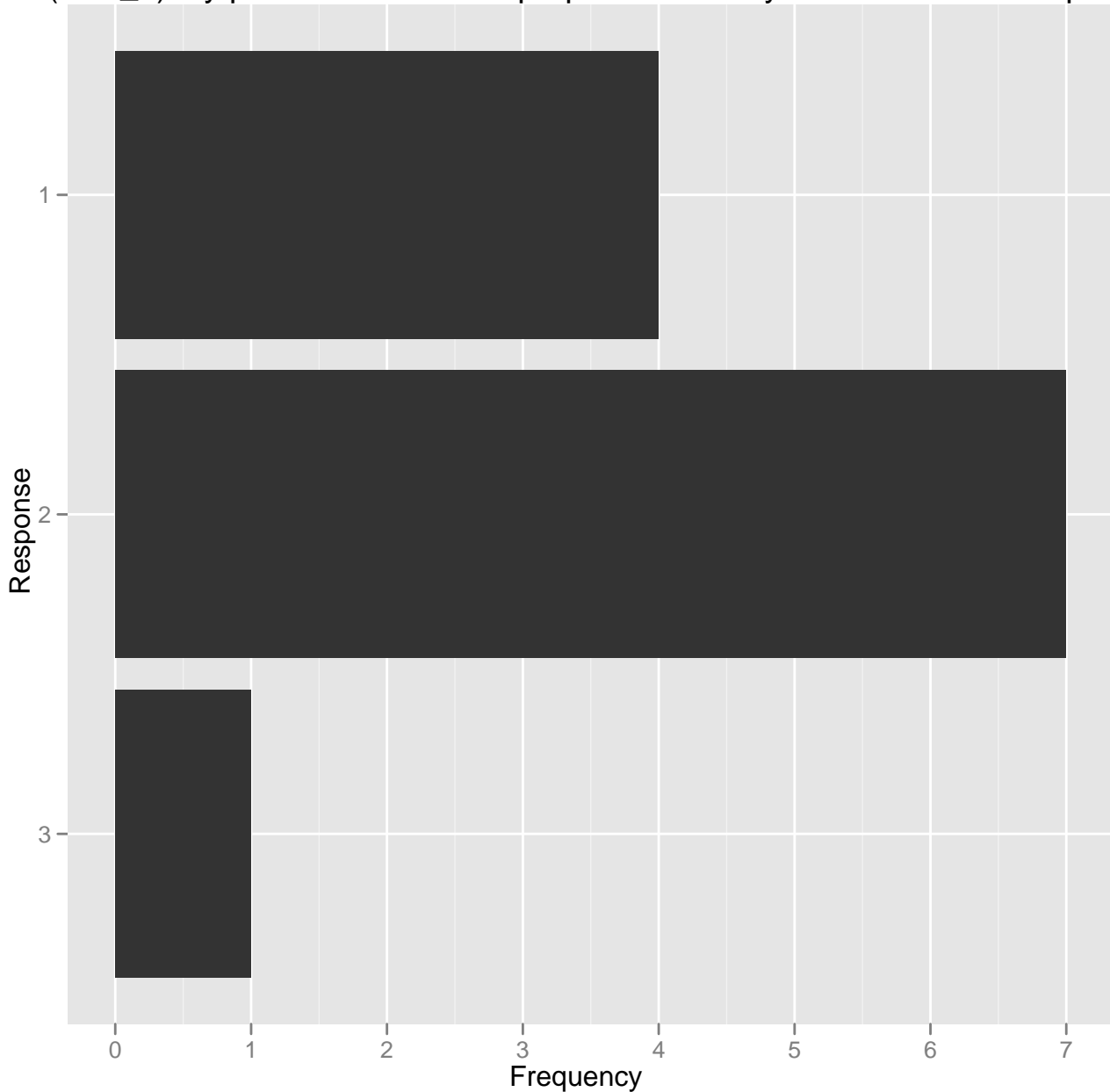
N088 (Q33_3):My partner fears that my birth will not go exactly how I expect



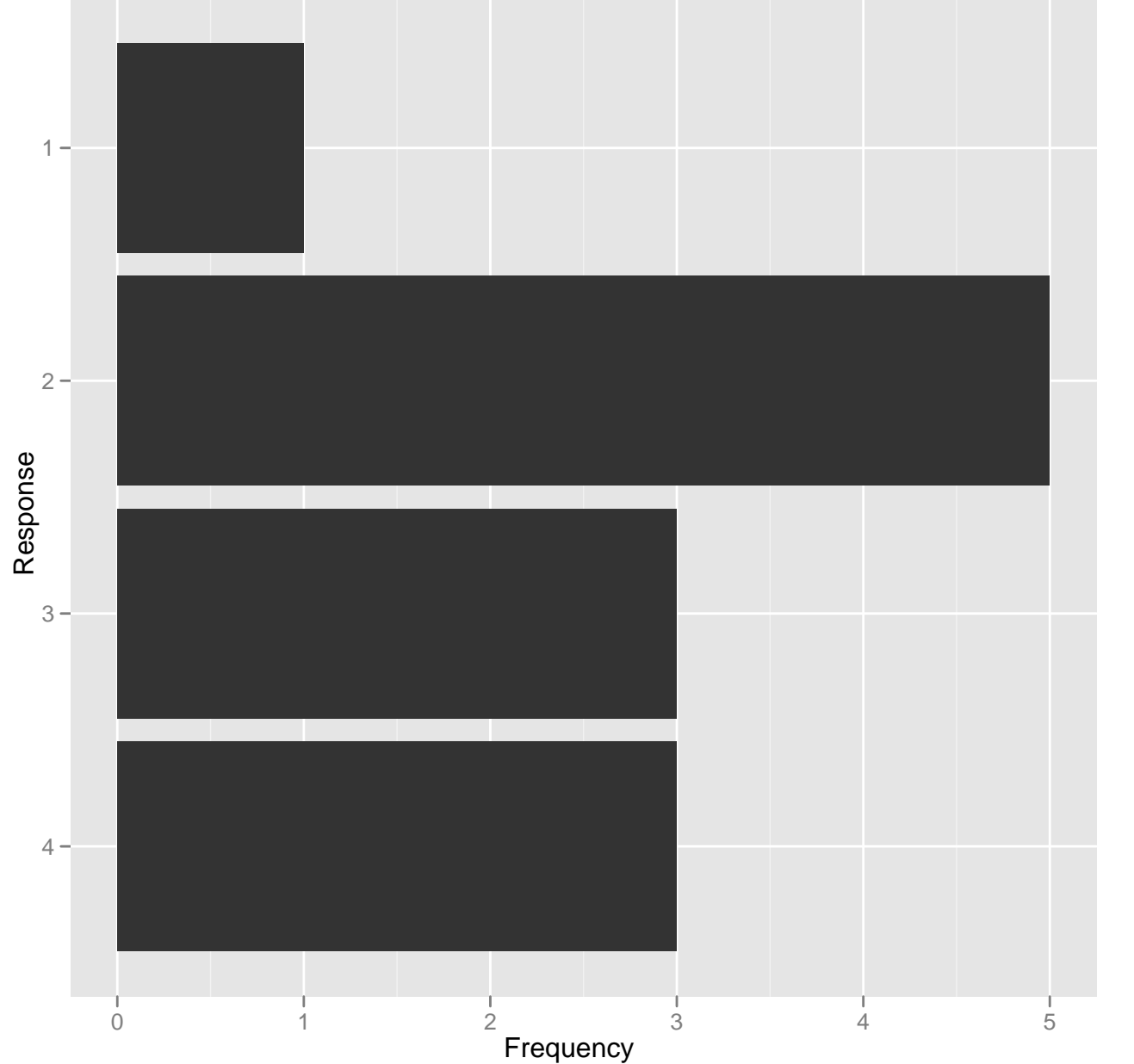
N089 (Q33_4):My partner expects me to move around the room during my labor



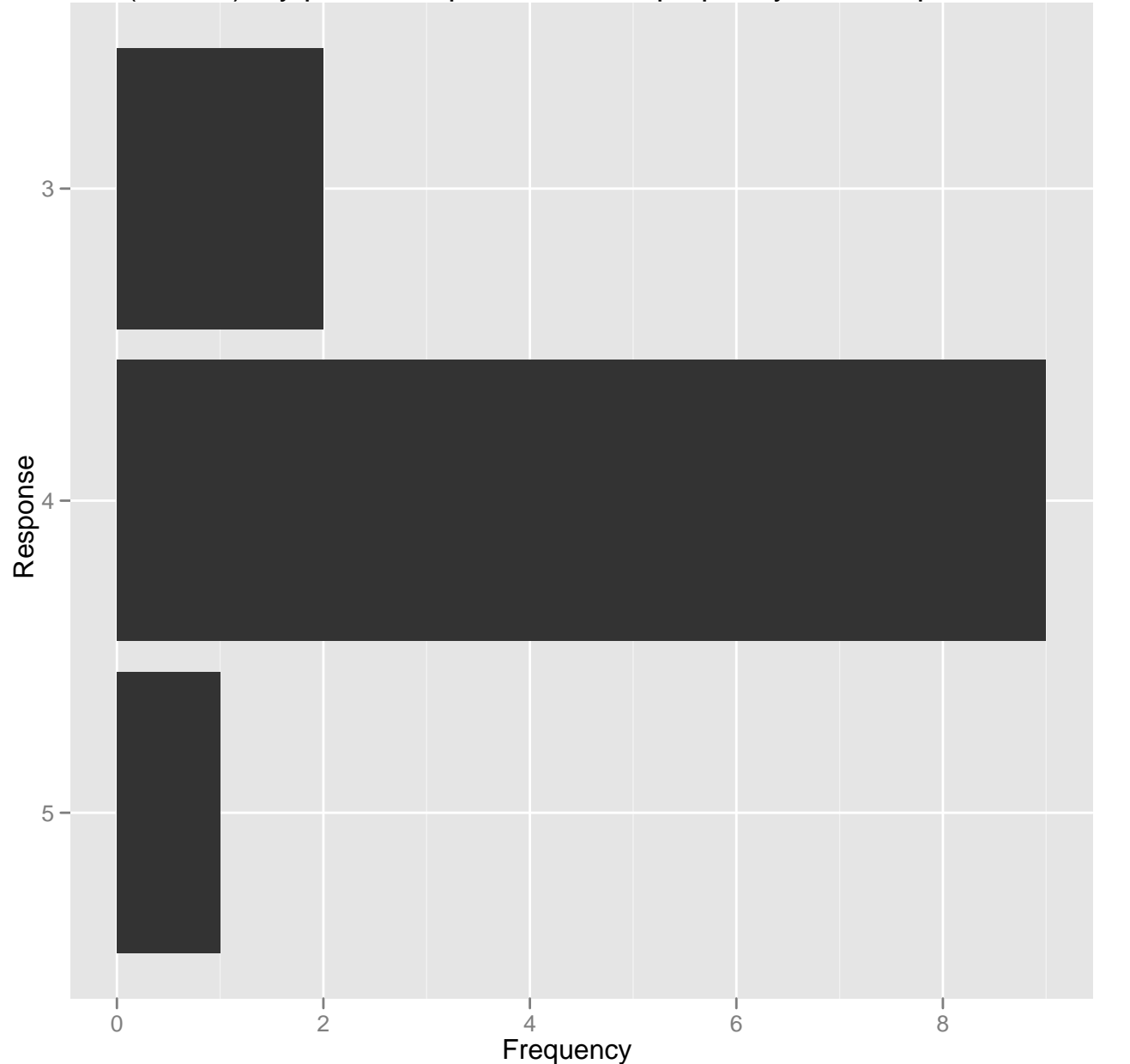
090 (Q33_5):My partner feels I have prepared mentally for the childbirth experience



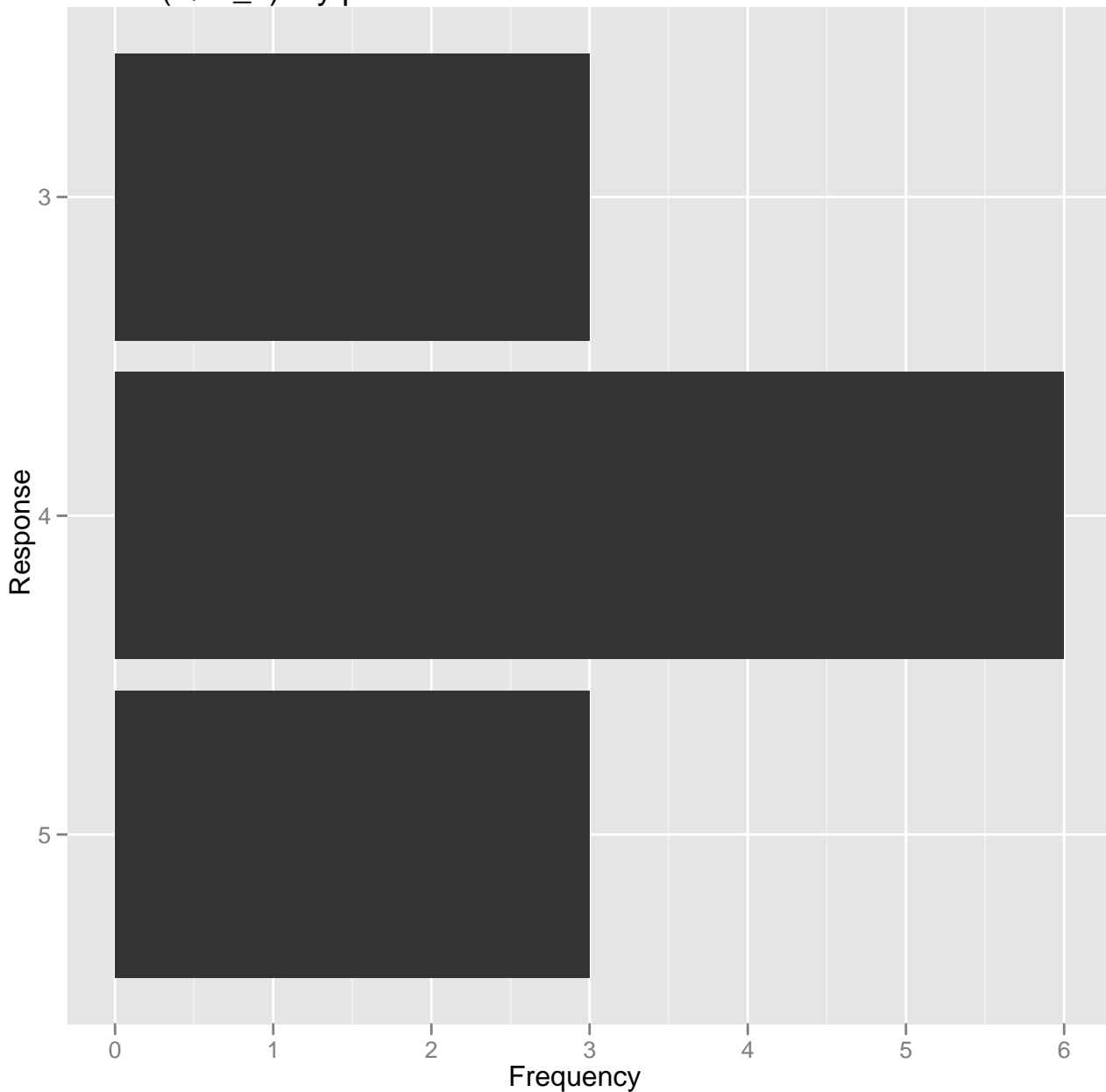
N091 (Q33_6):Having an unmedicated labor and birth is important to my partner



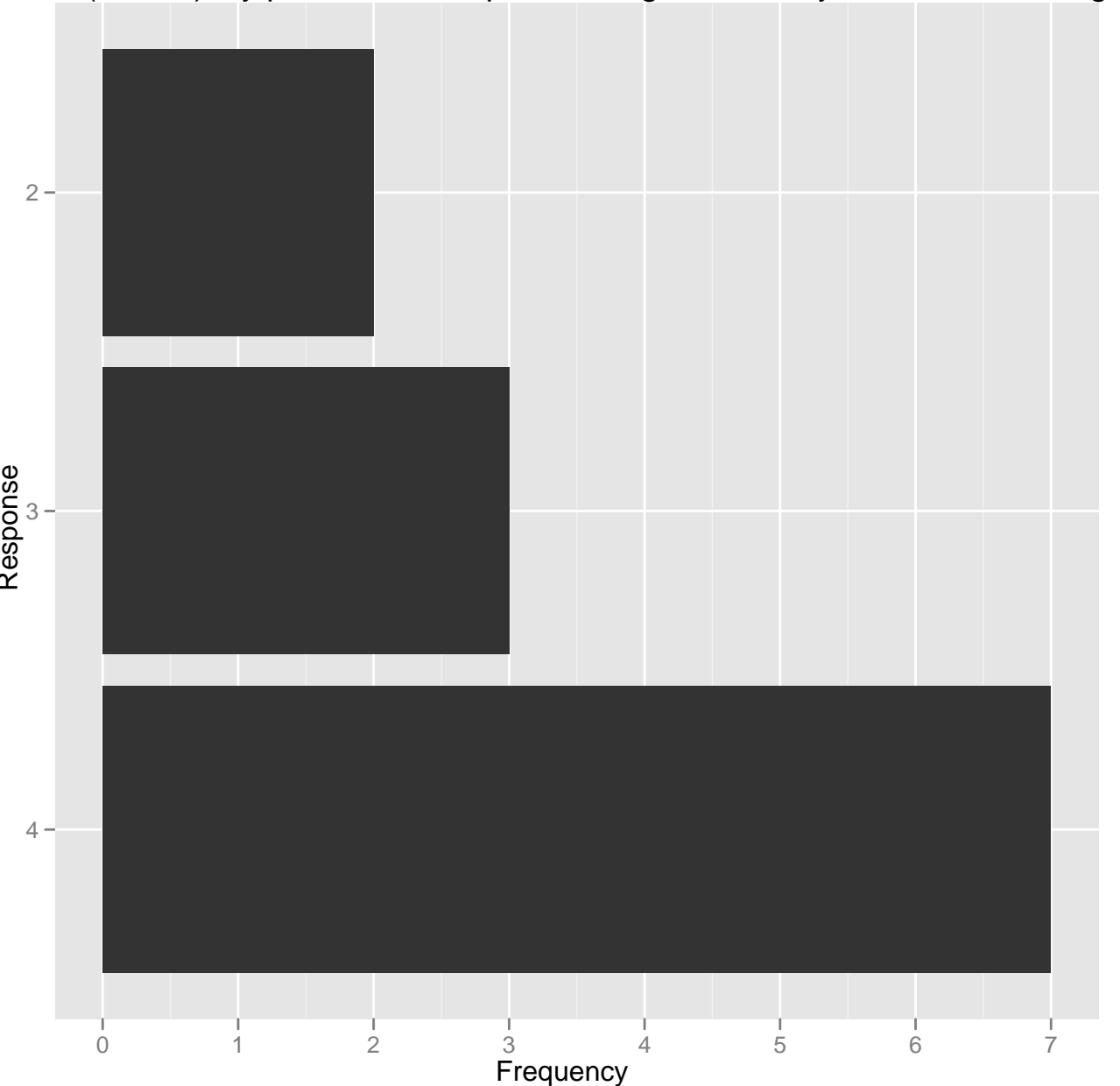
N092 (Q33_7):My partner expects me to cope poorly with the pain of labor



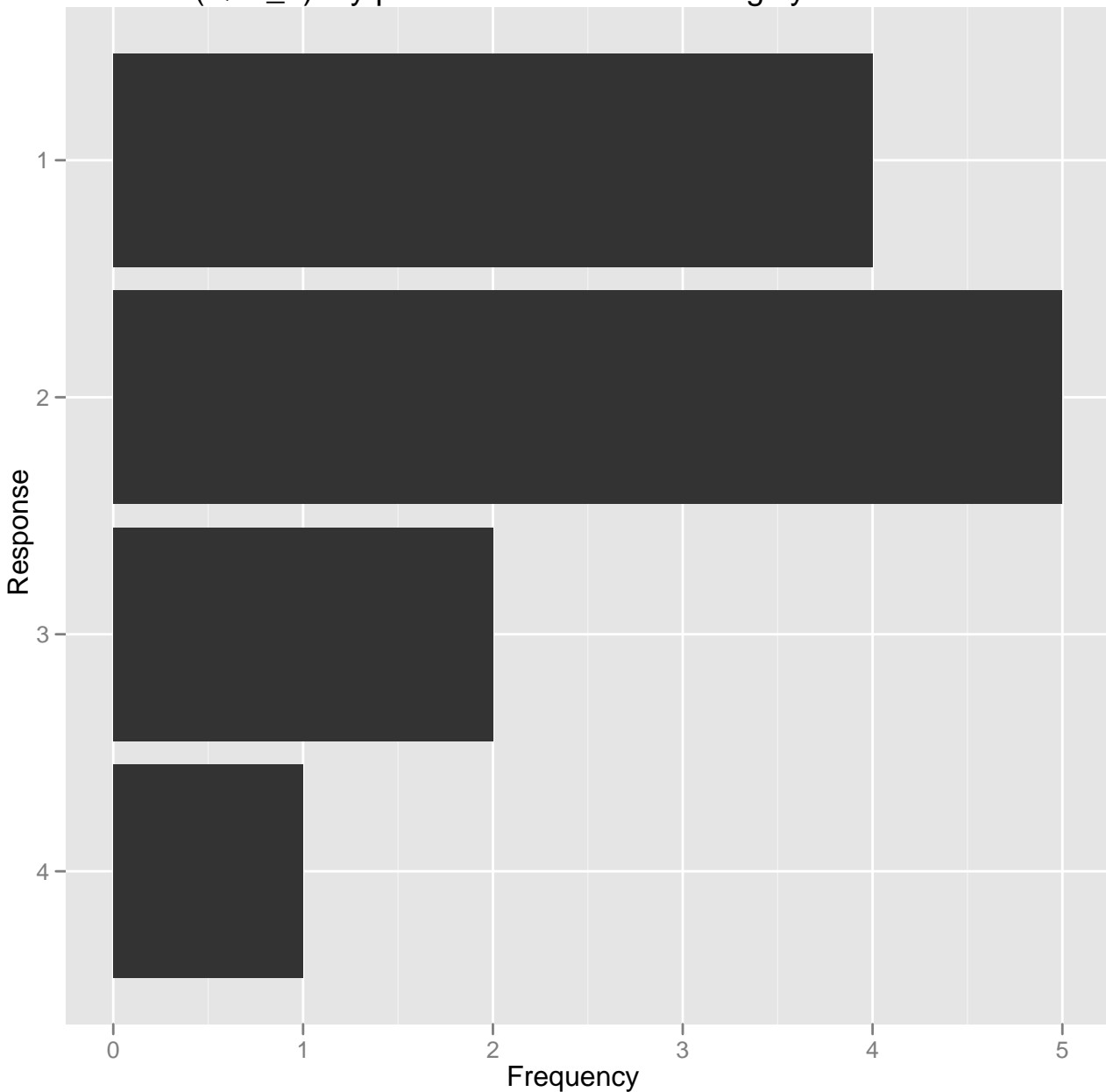
N093 (Q33_8):My partner has an ideal of childbirth I feel I must attain



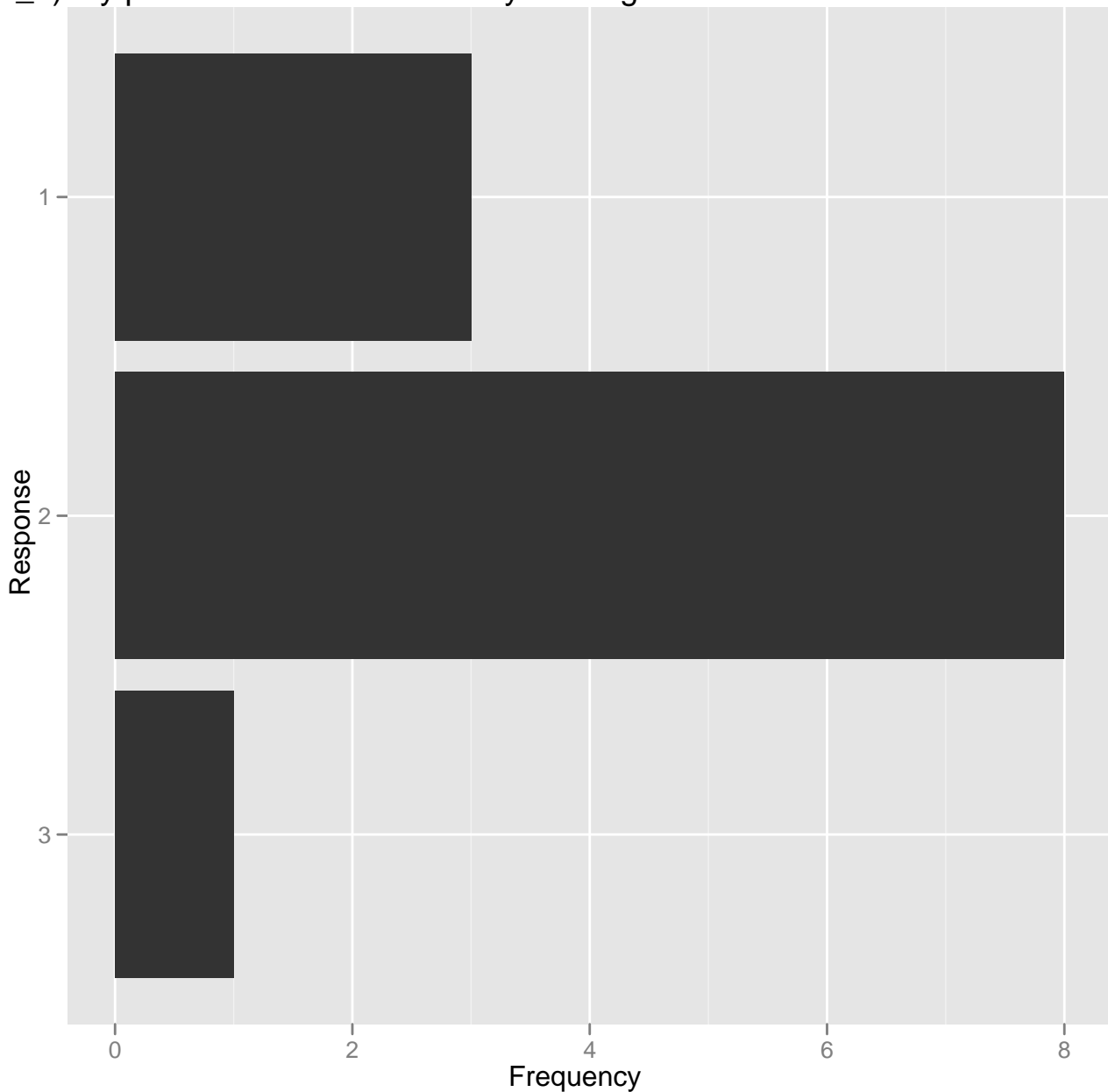
N094 (Q34_1):My partner has a specific image of how my childbirth should go



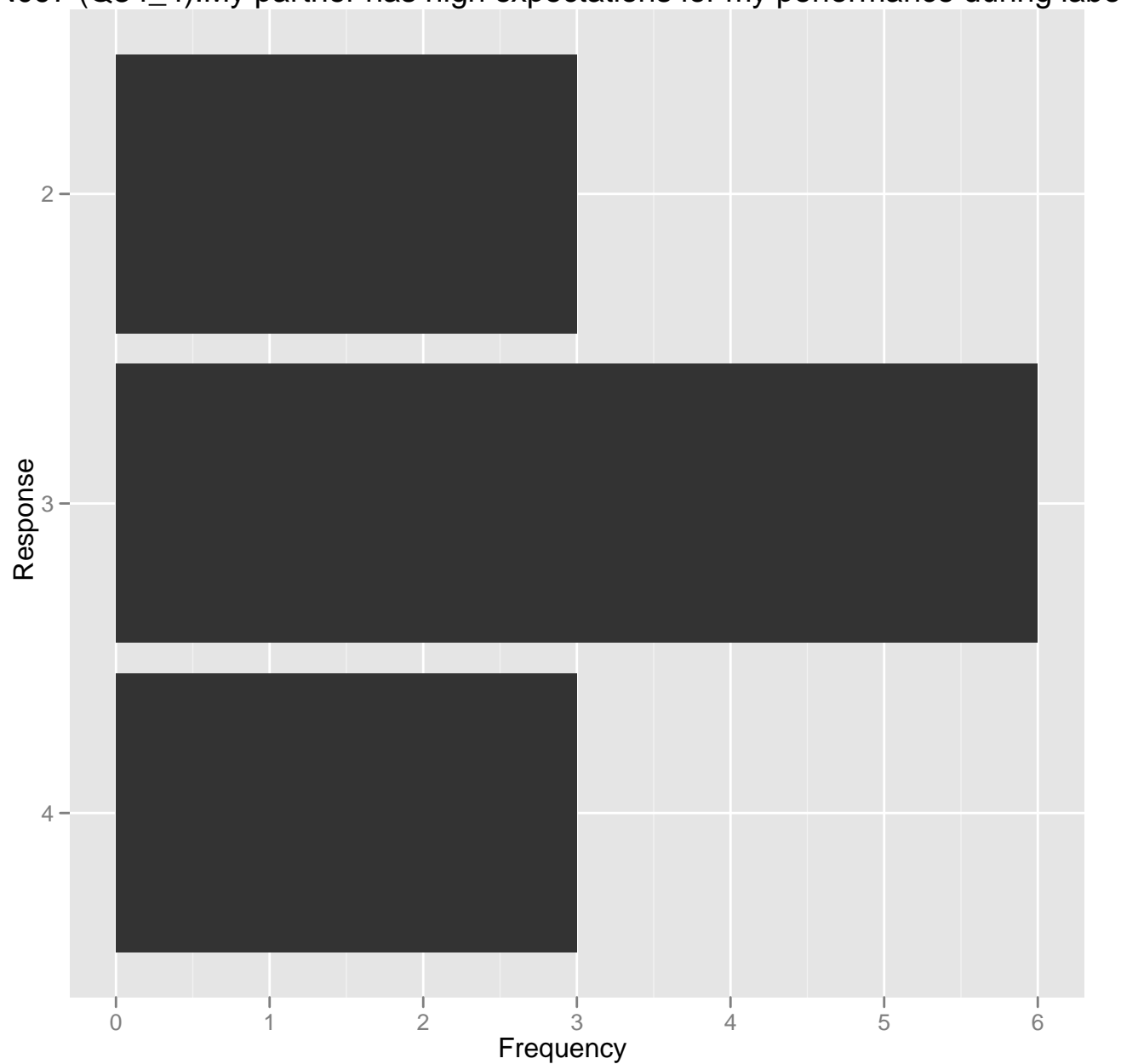
N095 (Q34_2):My partner considers me a highly intuitive woman



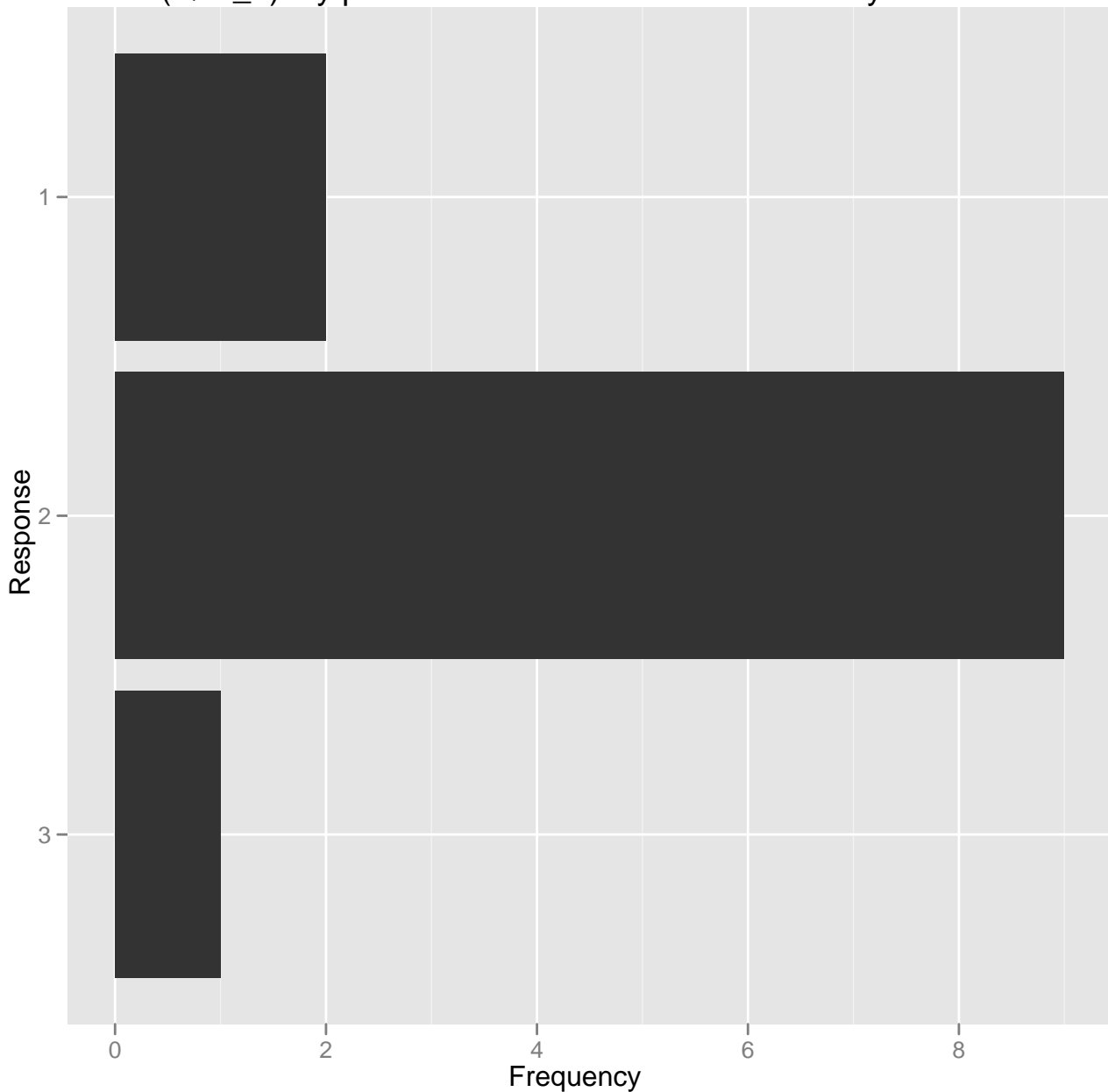
34_3):My partner is confident that my birthing environment will be comfortable and



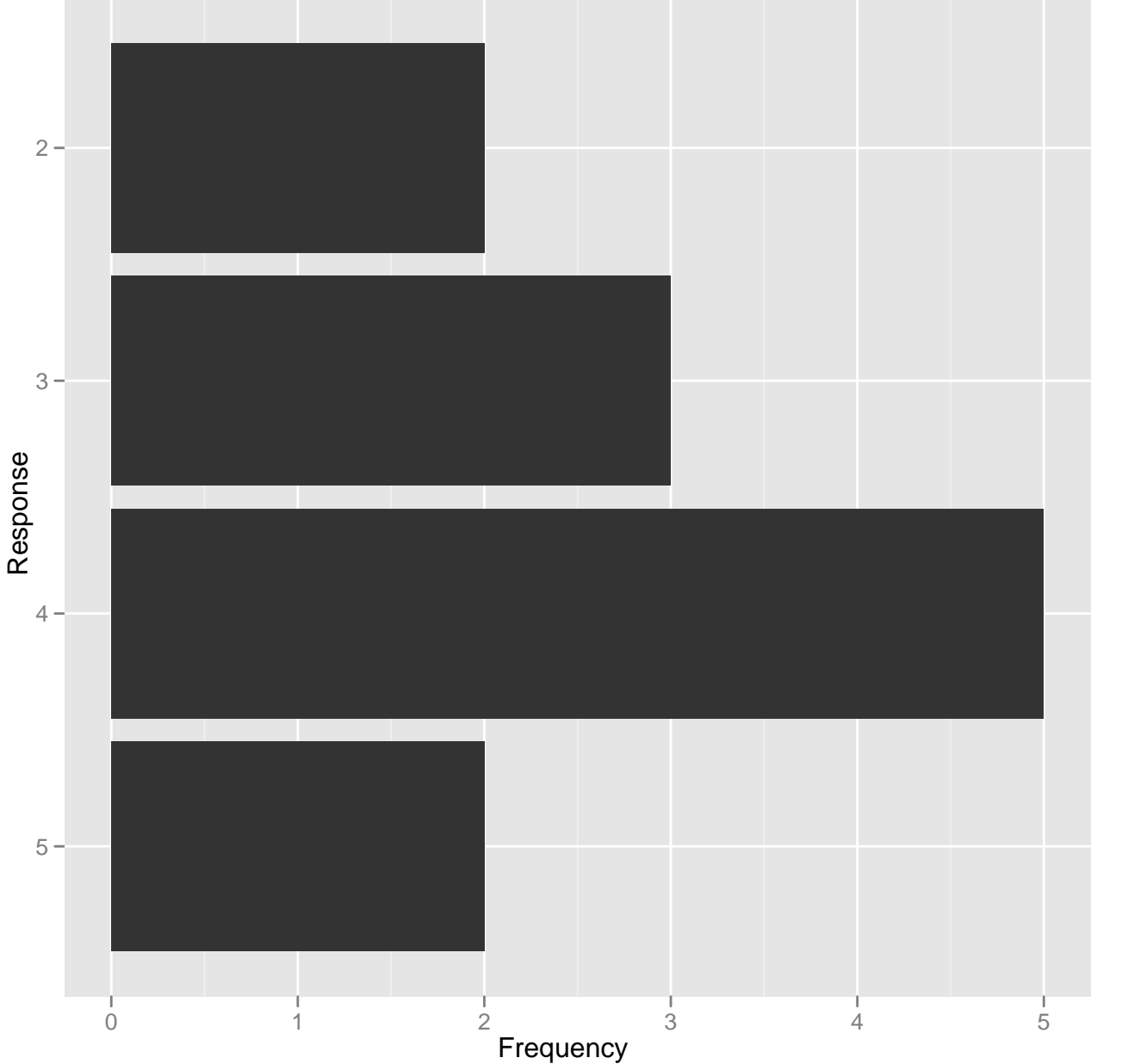
N097 (Q34_4):My partner has high expectations for my performance during labor



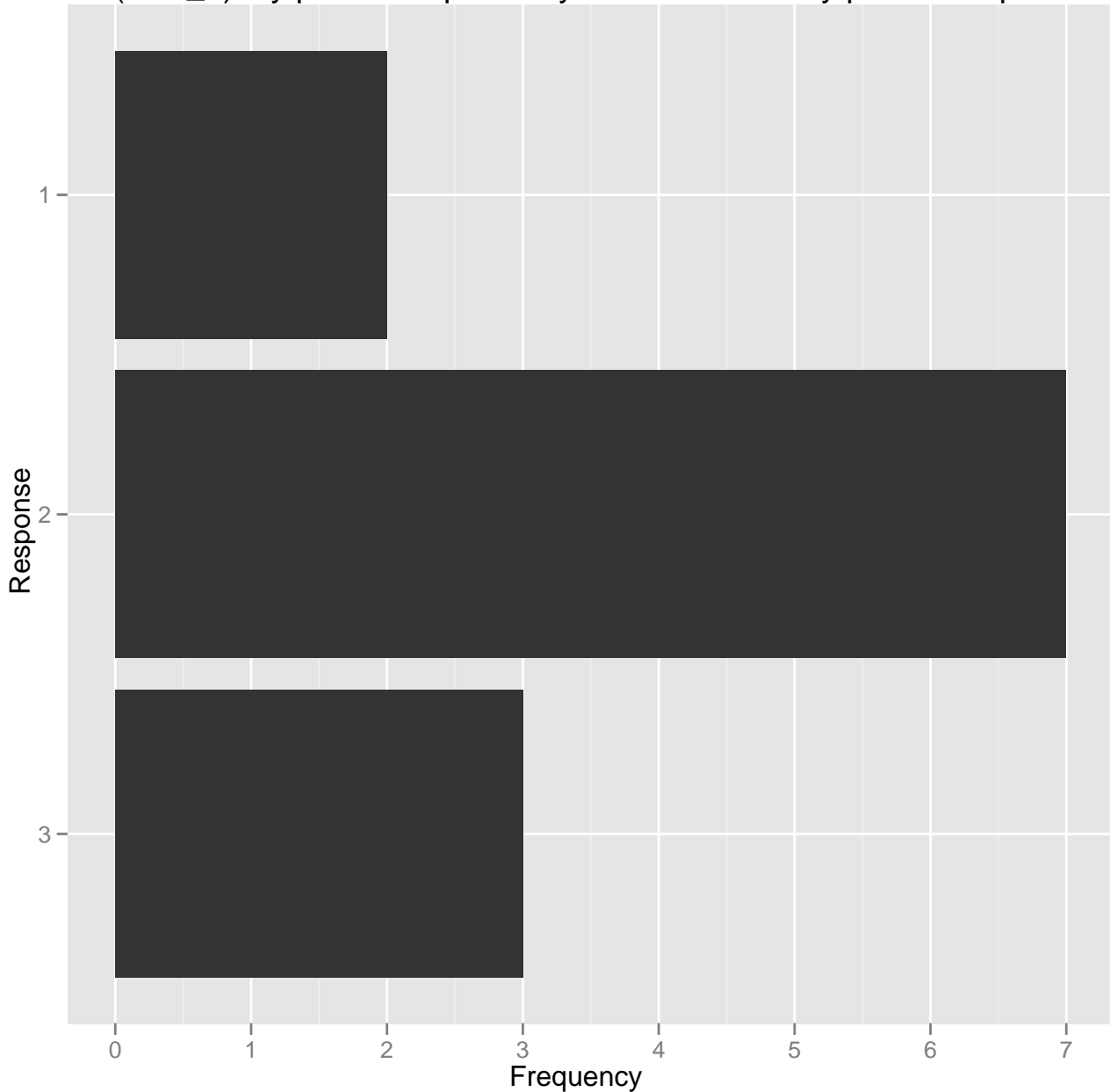
N098 (Q34_5):My partner is confident that I will ...be myself... in labor



N099 (Q34_6):My partner suspects that I will lose control of myself during labor



N100 (Q34_7):My partner expects my labor to be a very positive experience



N101 (Q34_8):My partner expects me to feel uninhibited in my noises during labor

