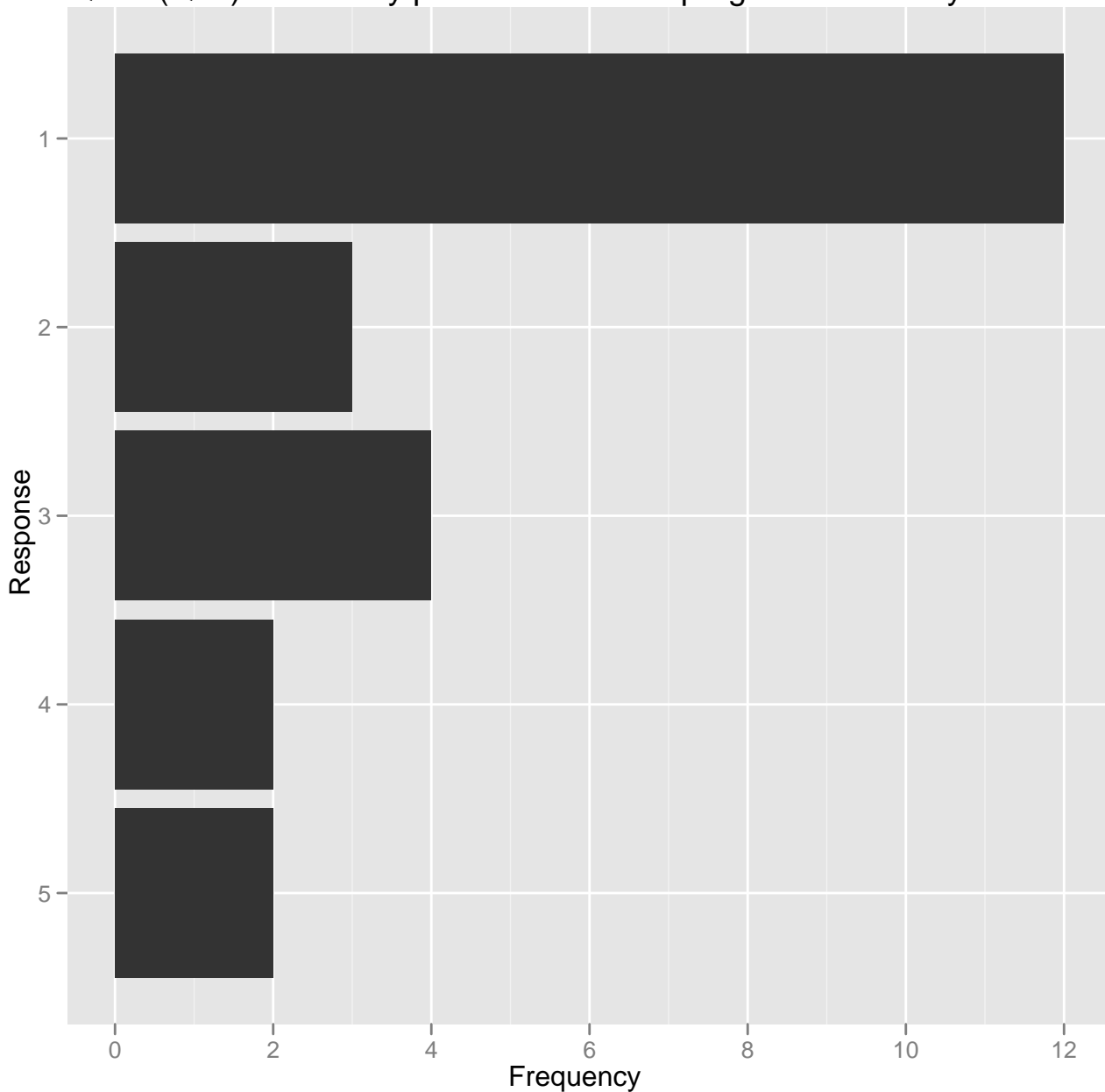
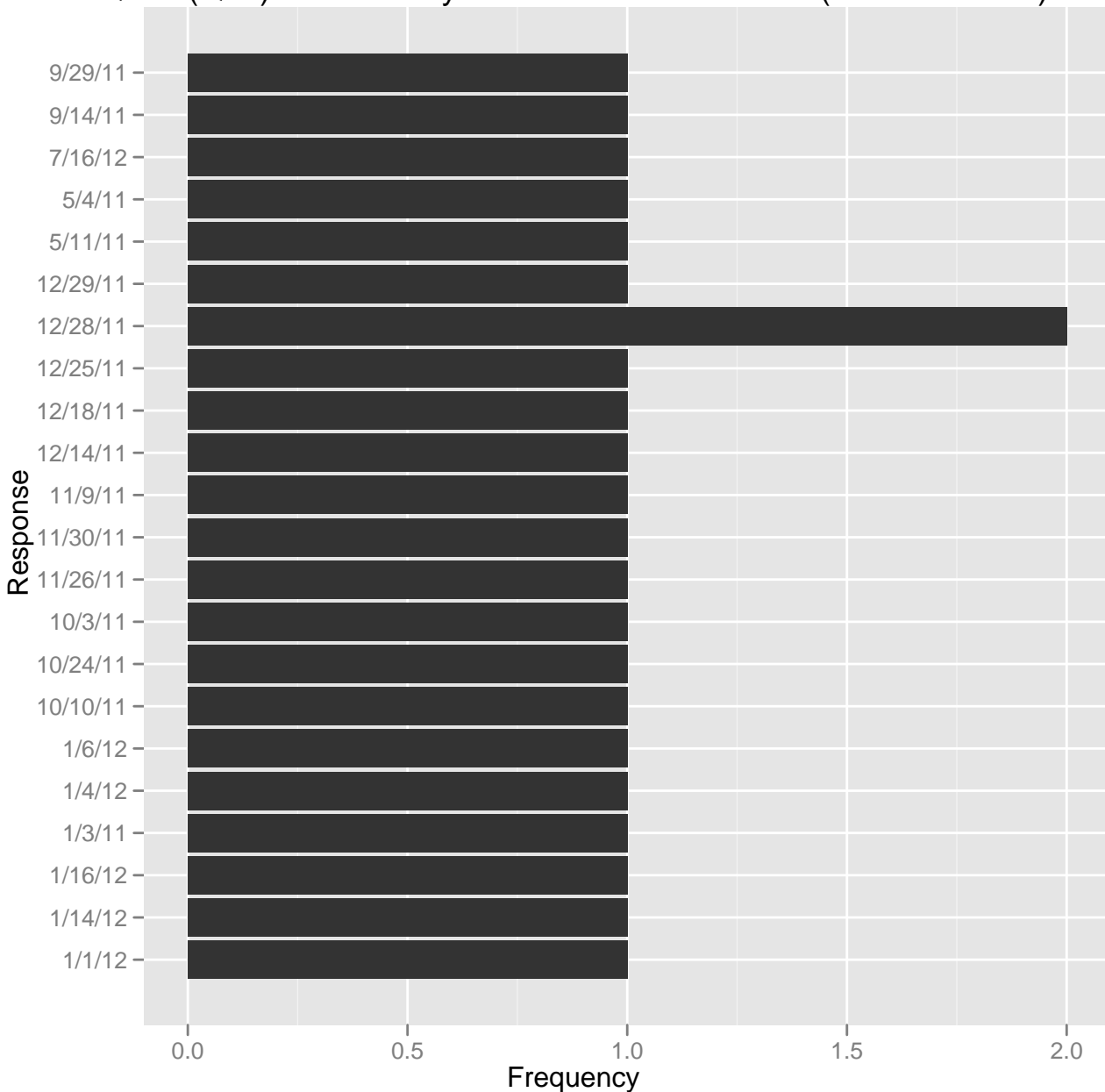


Q102 (Q33):How many previous full-term pregnancies have you had?



# Q103 (Q35):When was your estimated due date? (MM/DD/YYYY)



Q104 (Q37):Is this a single or a multiple pregnancy?

Response

Frequency

0

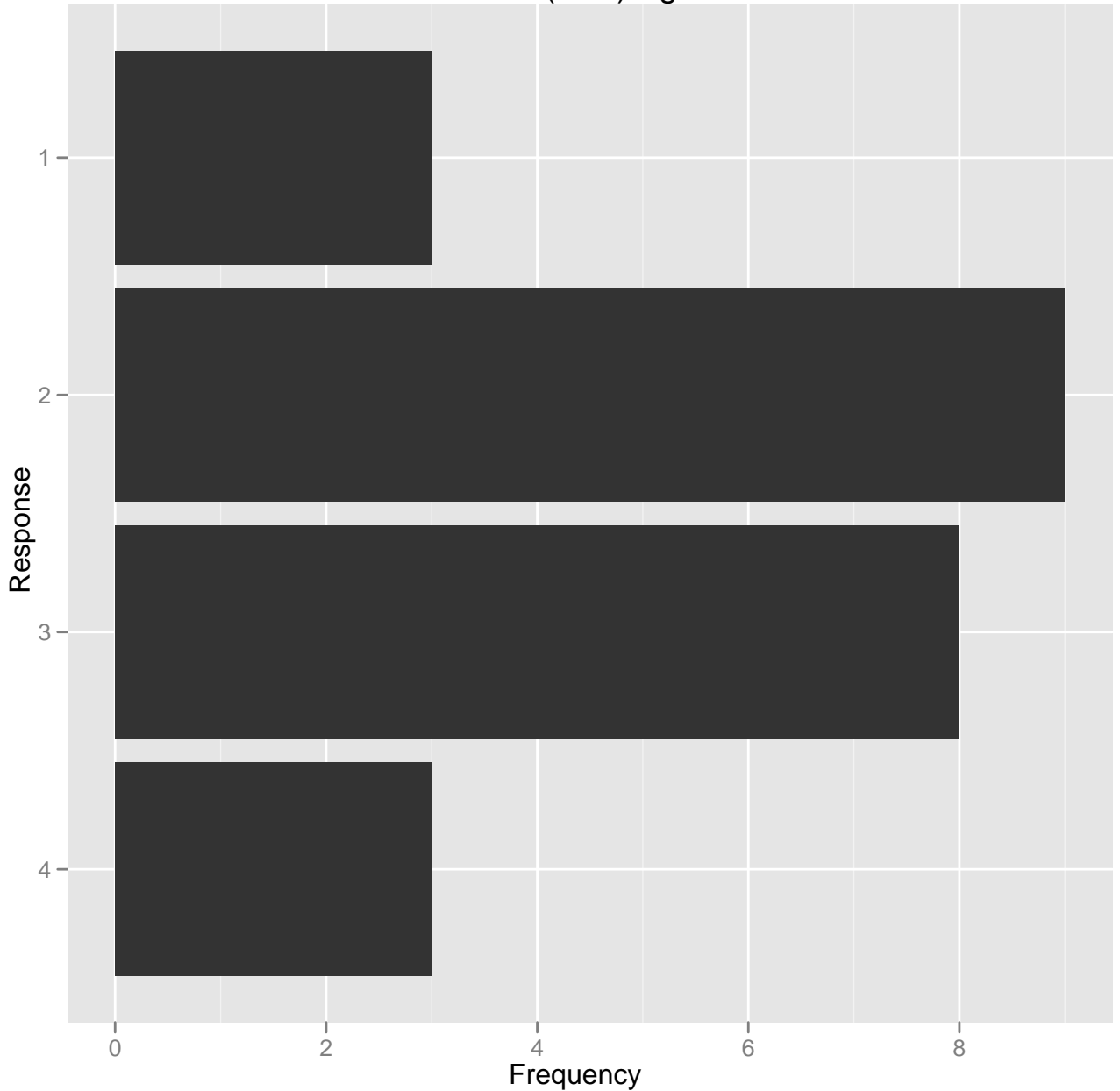
5

10

15

20

Q105 (Q39):Age

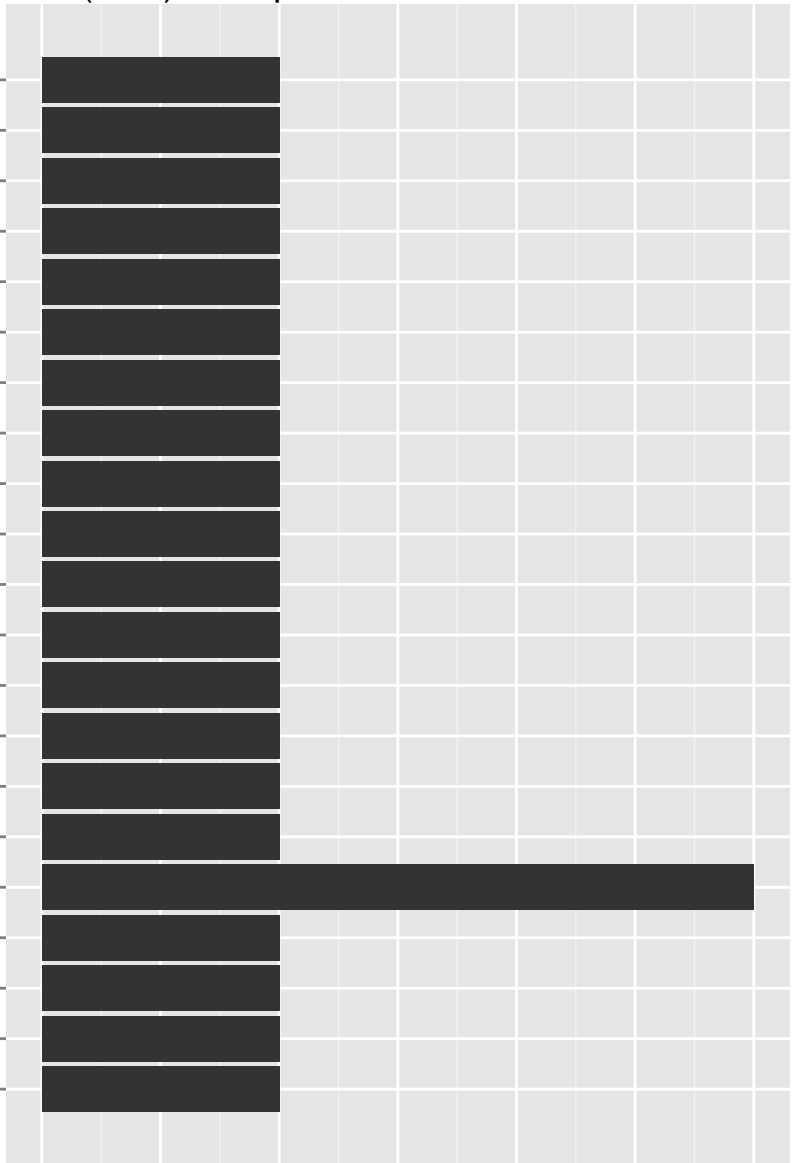


Q106 (Q41):Occupation

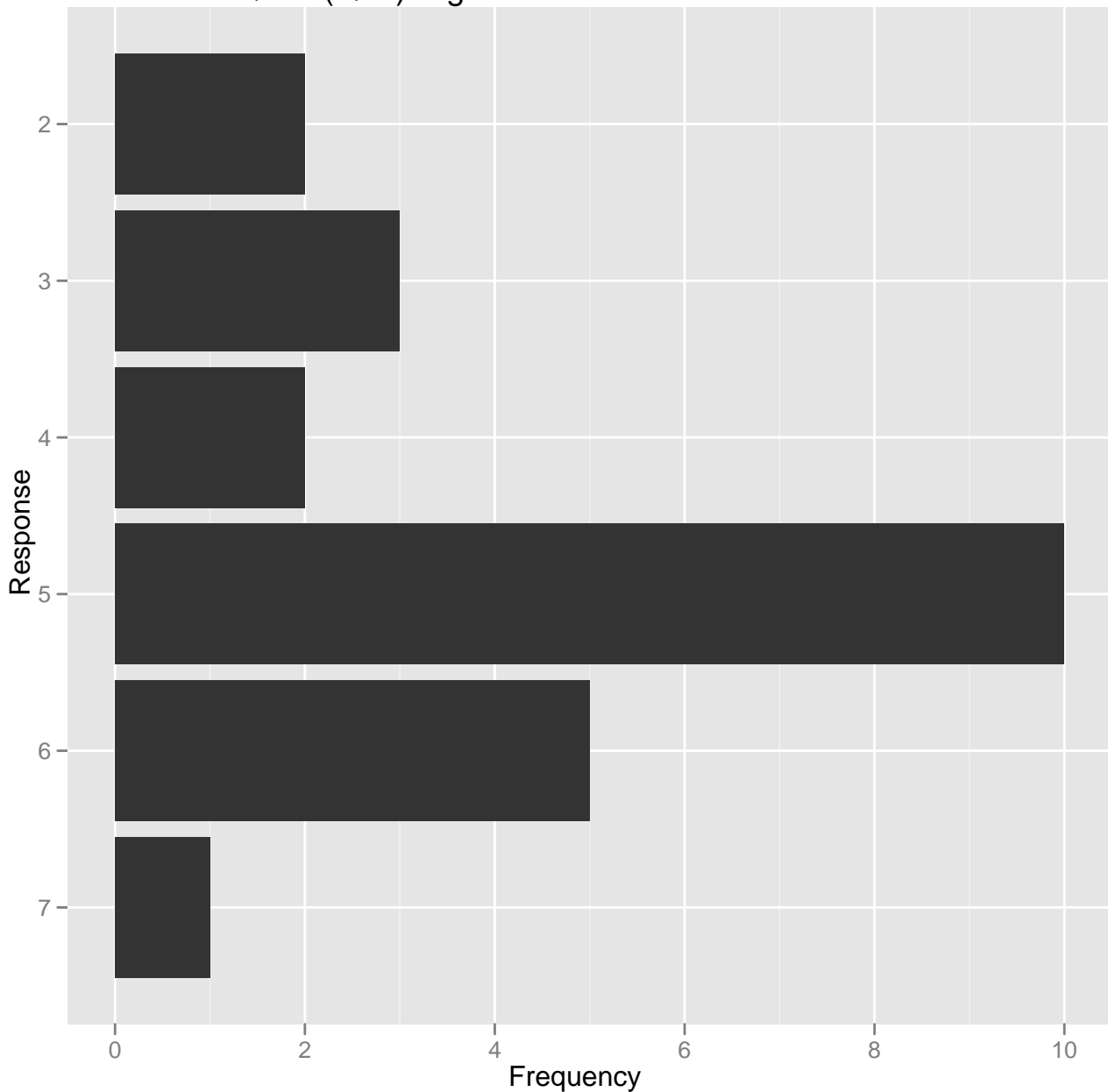
Response

stay at home mom (former librarian)  
 office assistant, tutor  
 mother  
 homemaker  
 home maker  
 designer  
 architect  
 Stay home mom  
 Stay at home mom  
 Statistician  
 Self Employed Entrepreneur  
 School Social Worker  
 SAHM  
 Professor  
 Mixologist  
 Missionary  
 Homemaker  
 Health care  
 Elementary Music Teacher  
 Educational Advocate  
 Doula

0.0 0.5 1.0 1.5 2.0 2.5 3.0  
 Frequency



Q107 (Q43):Highest educational level achieved



# Q108 (Q45):Are you currently partnered?

Response

1

0

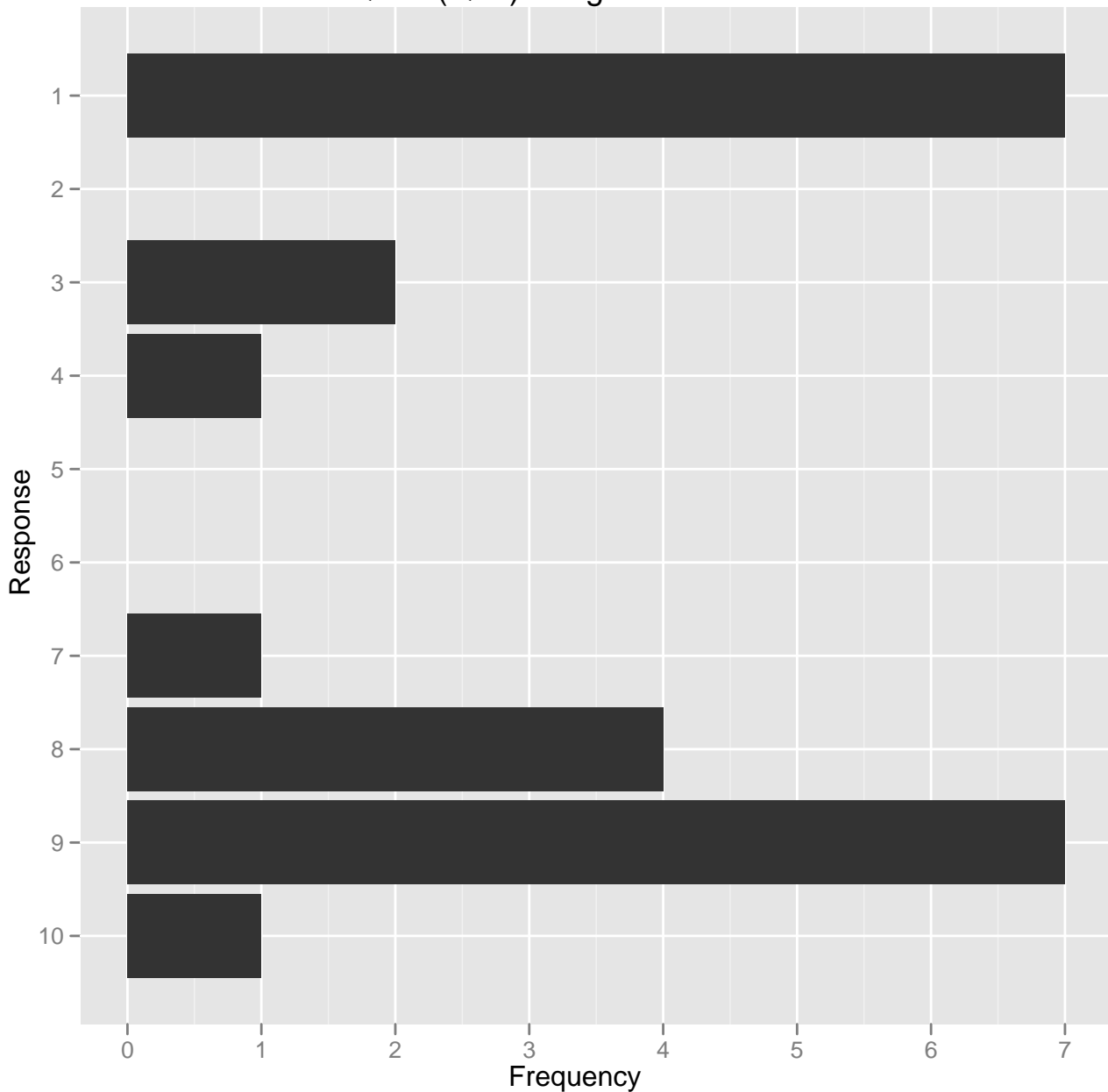
5

Frequency

15

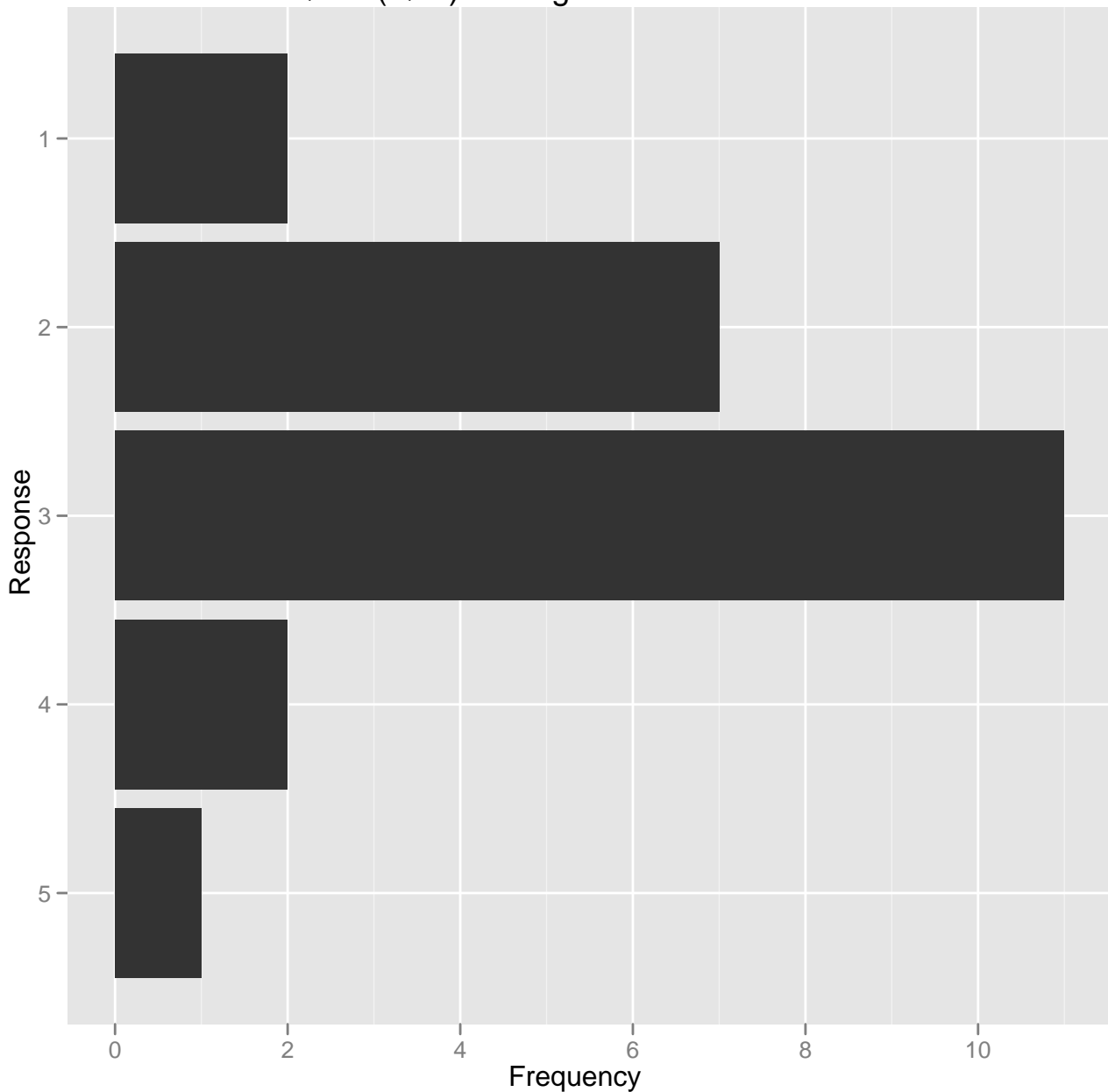
20

Q109 (Q47):Religious affiliation

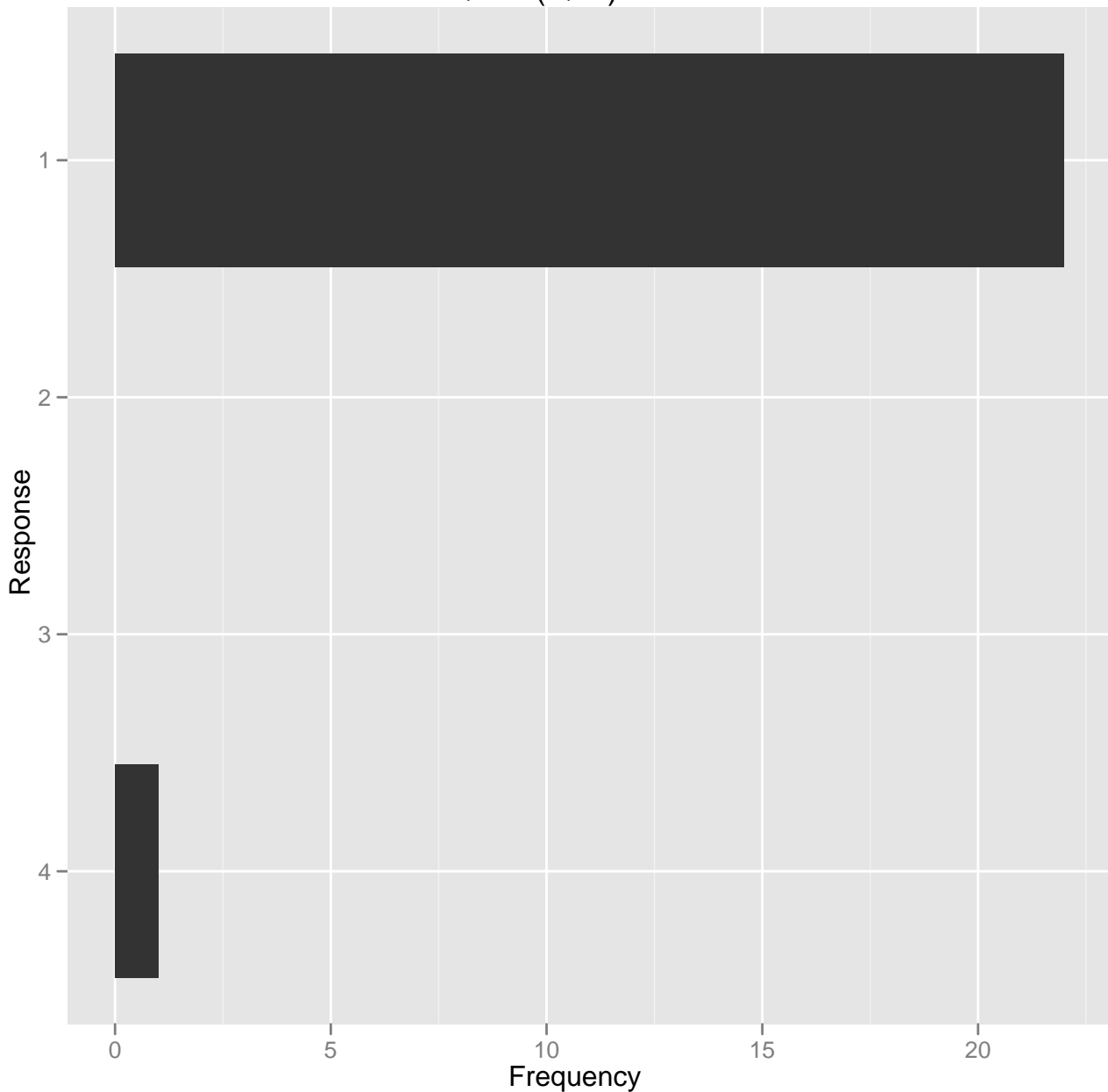




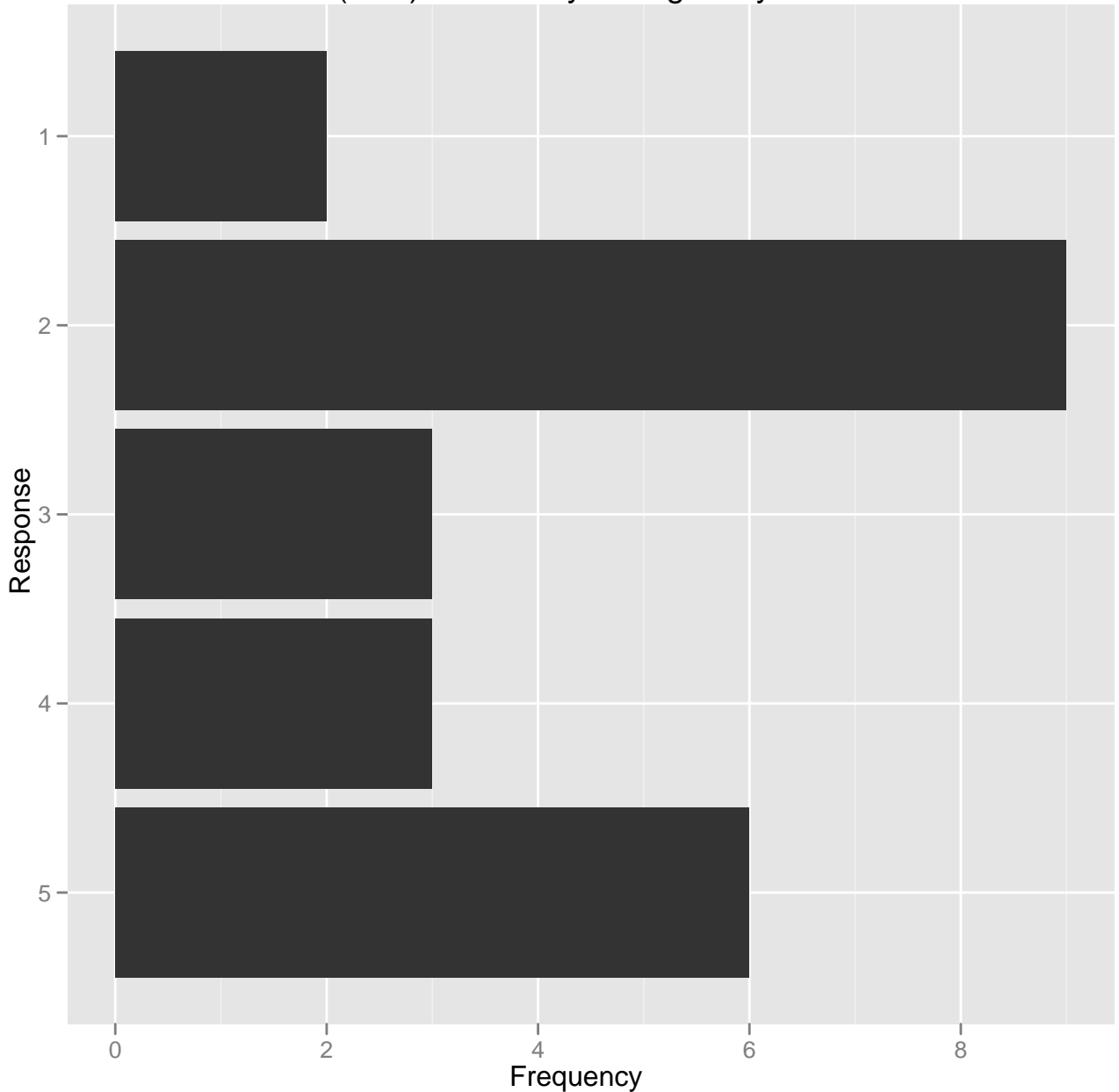
Q110 (Q49):Average household income



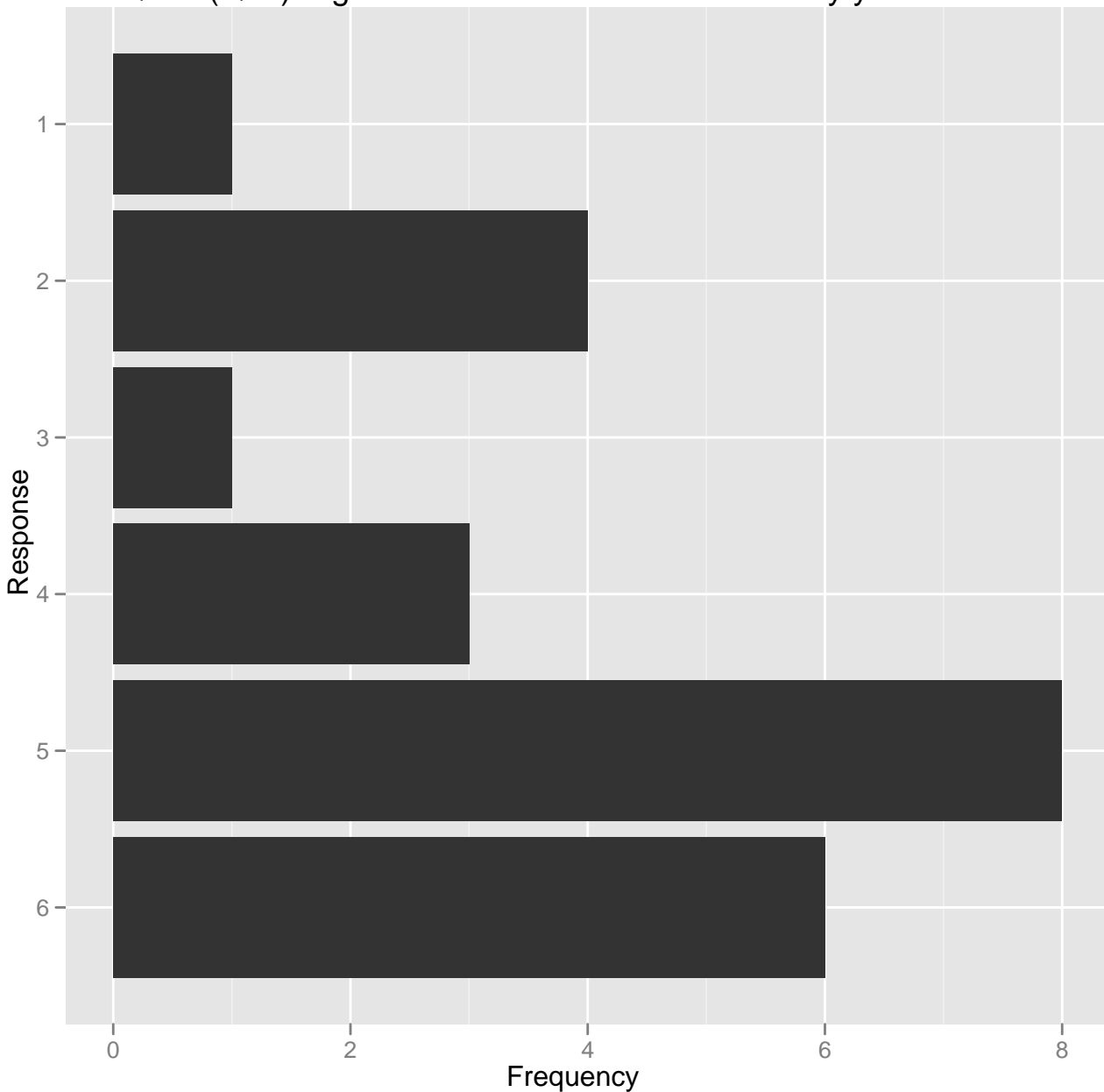
Q111 (Q51):Race



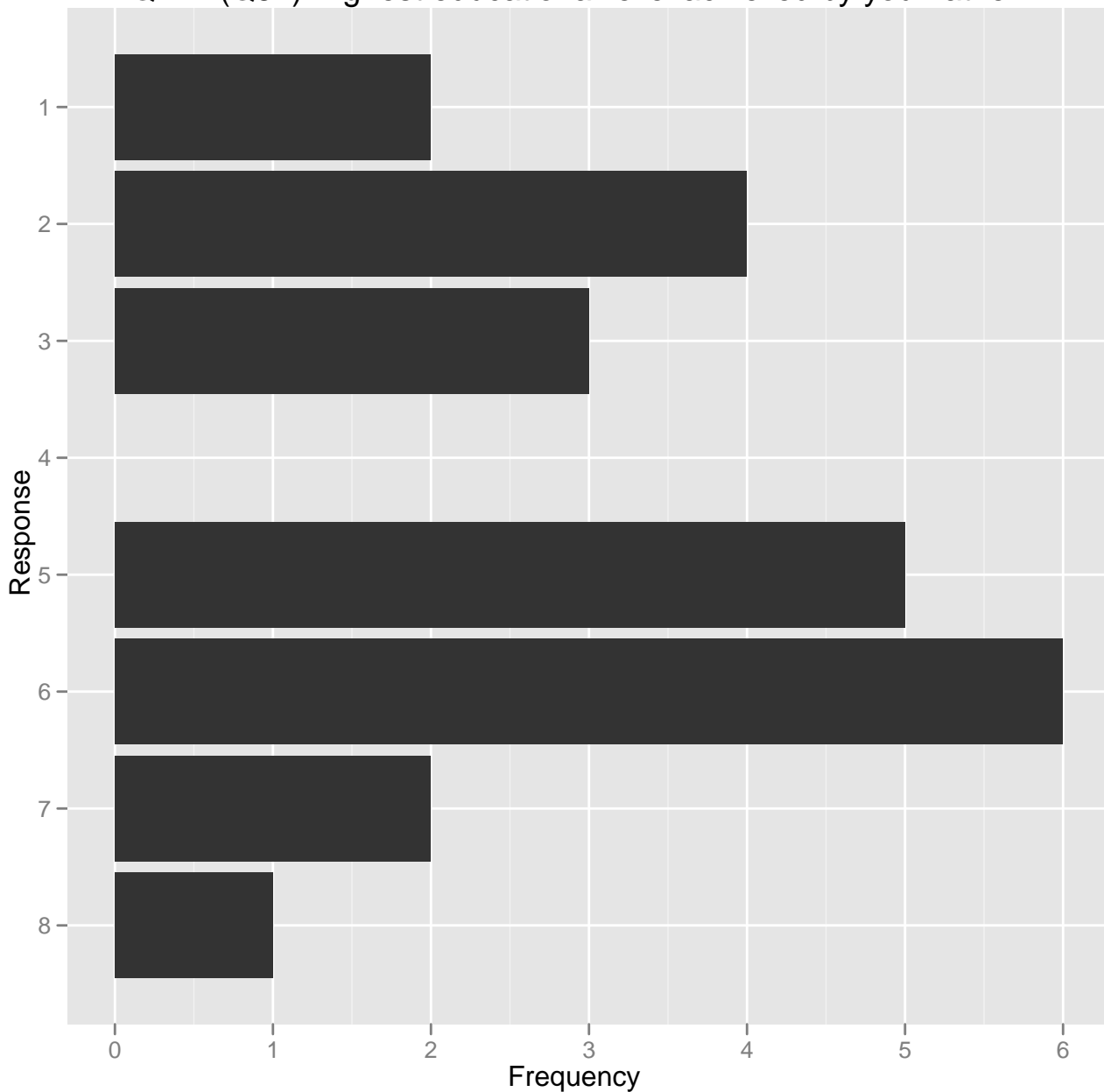
# Q112 (Q53):How many siblings do you have?



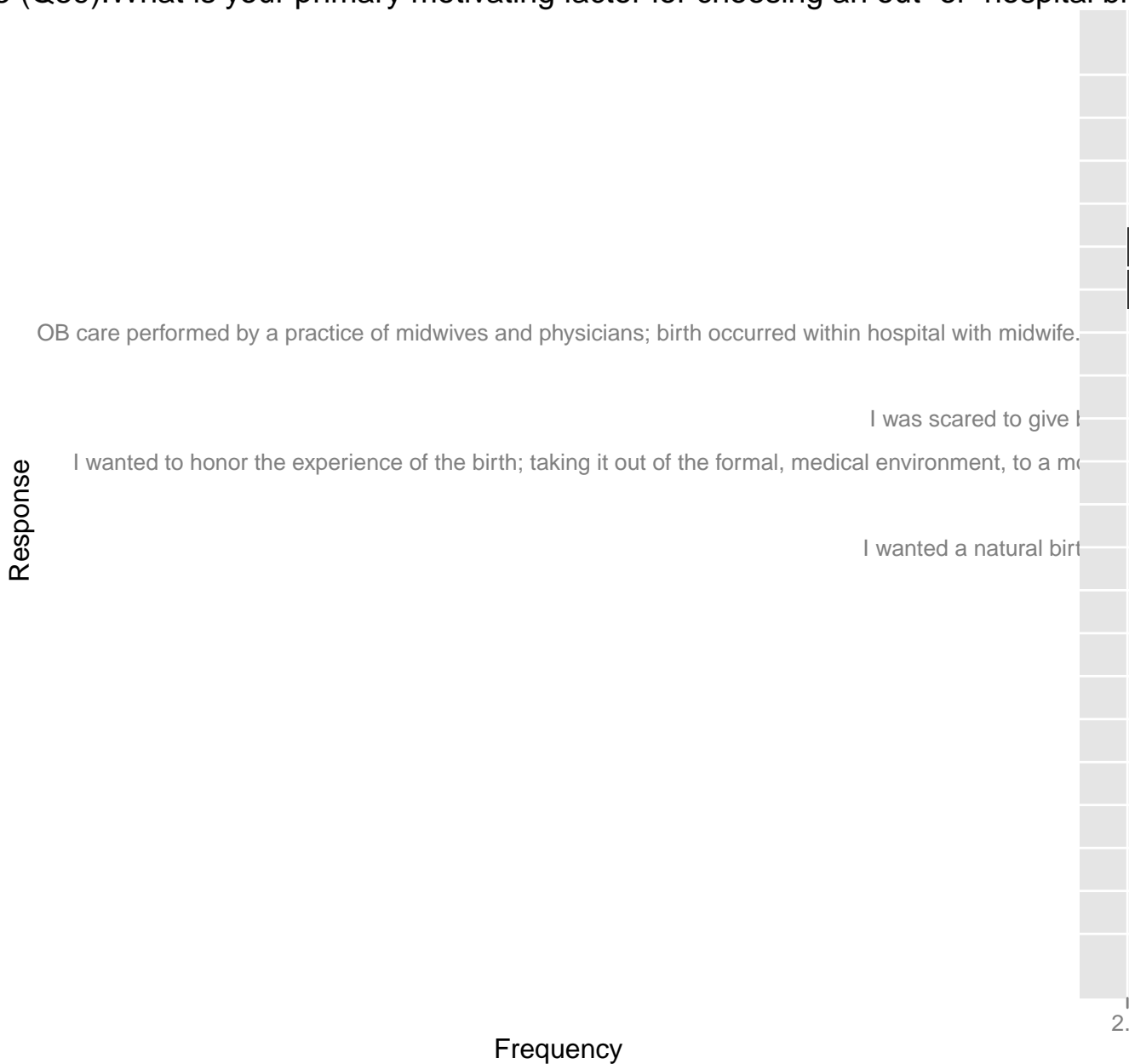
Q113 (Q55):Highest educational level achieved by your mother



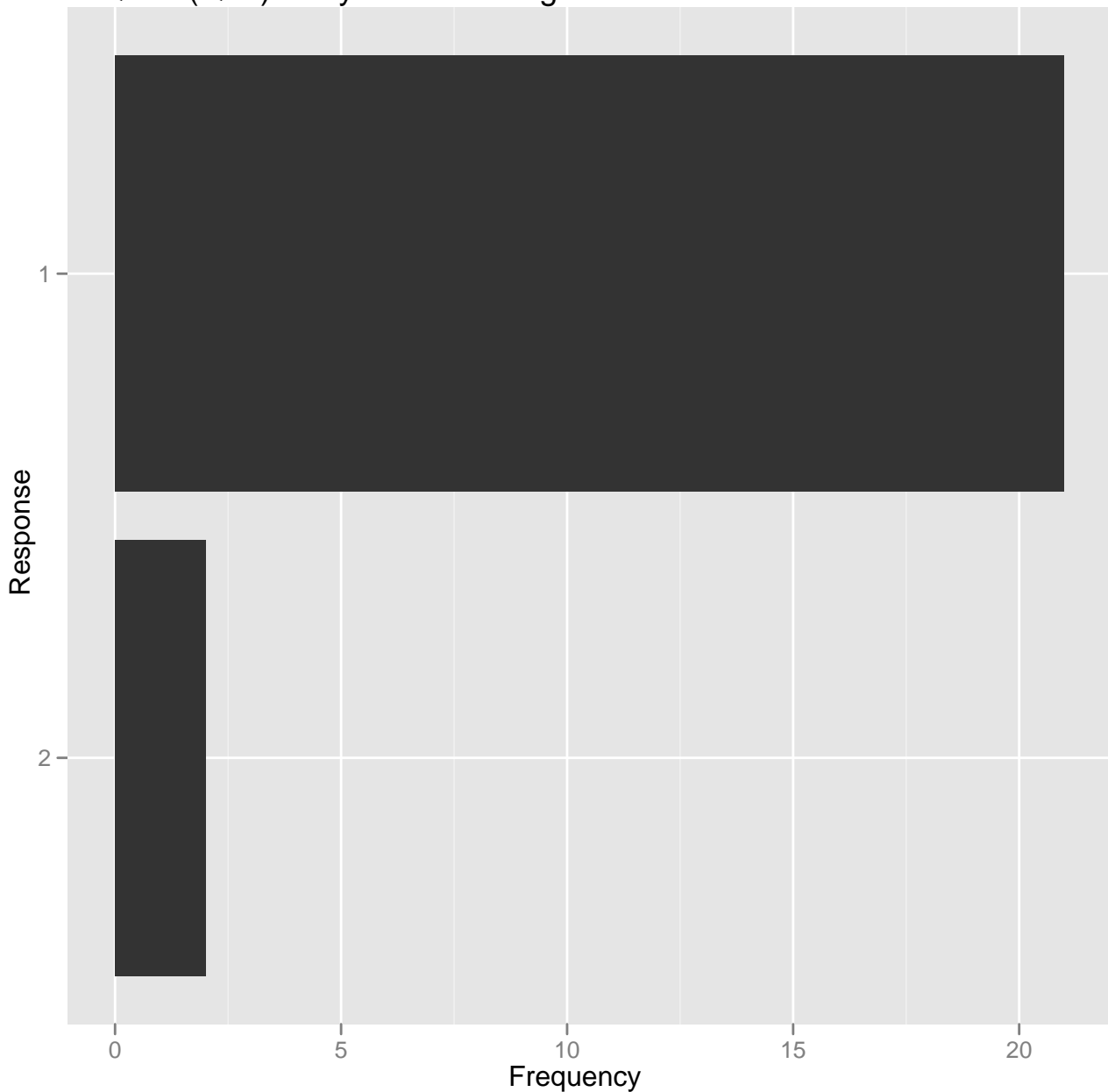
Q114 (Q57):Highest educational level achieved by your father



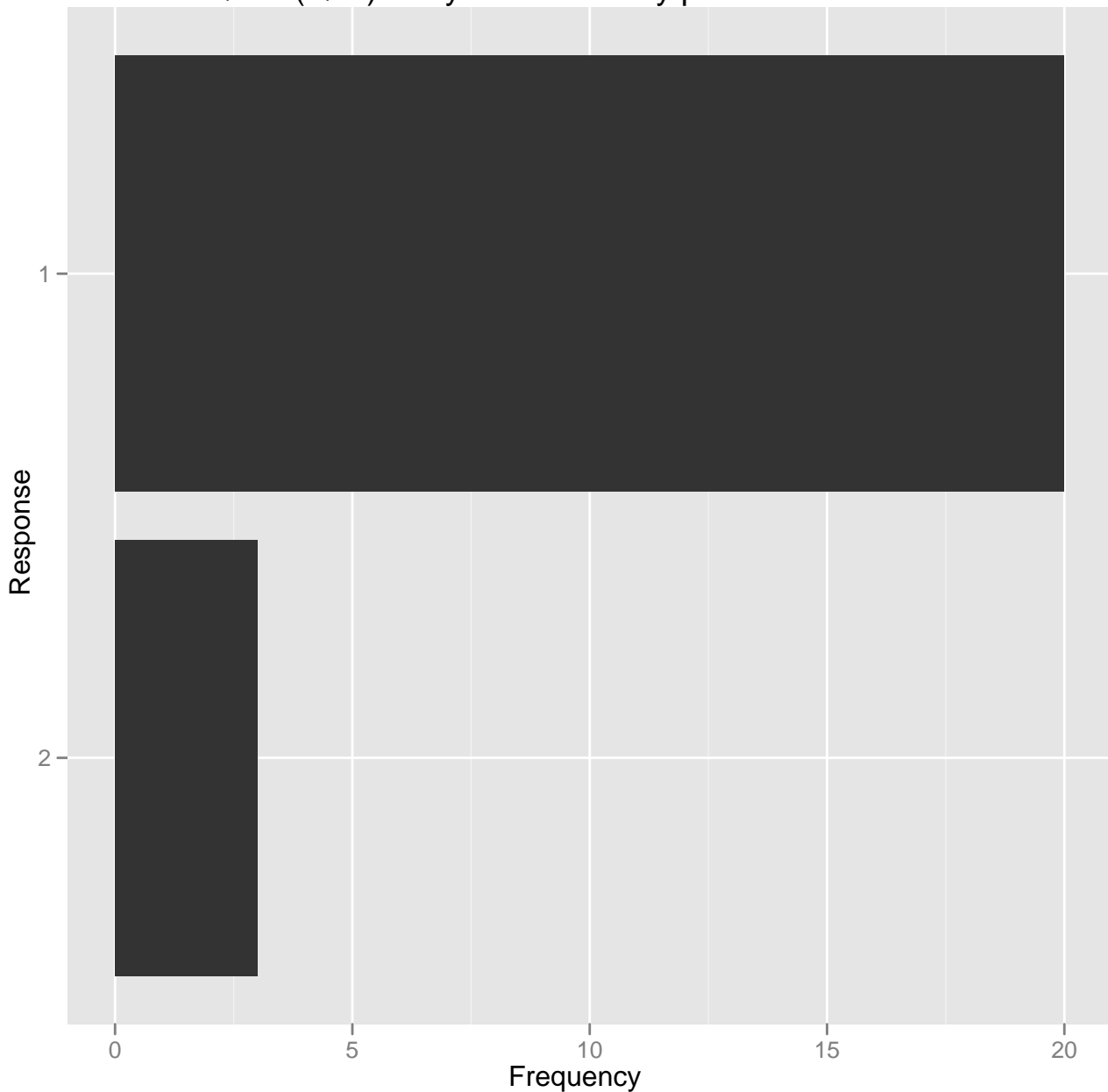
15 (Q59):What is your primary motivating factor for choosing an out-of-hospital birthing center?



Q116 (Q19):Did you have a vaginal childbirth or a cesarean birth?

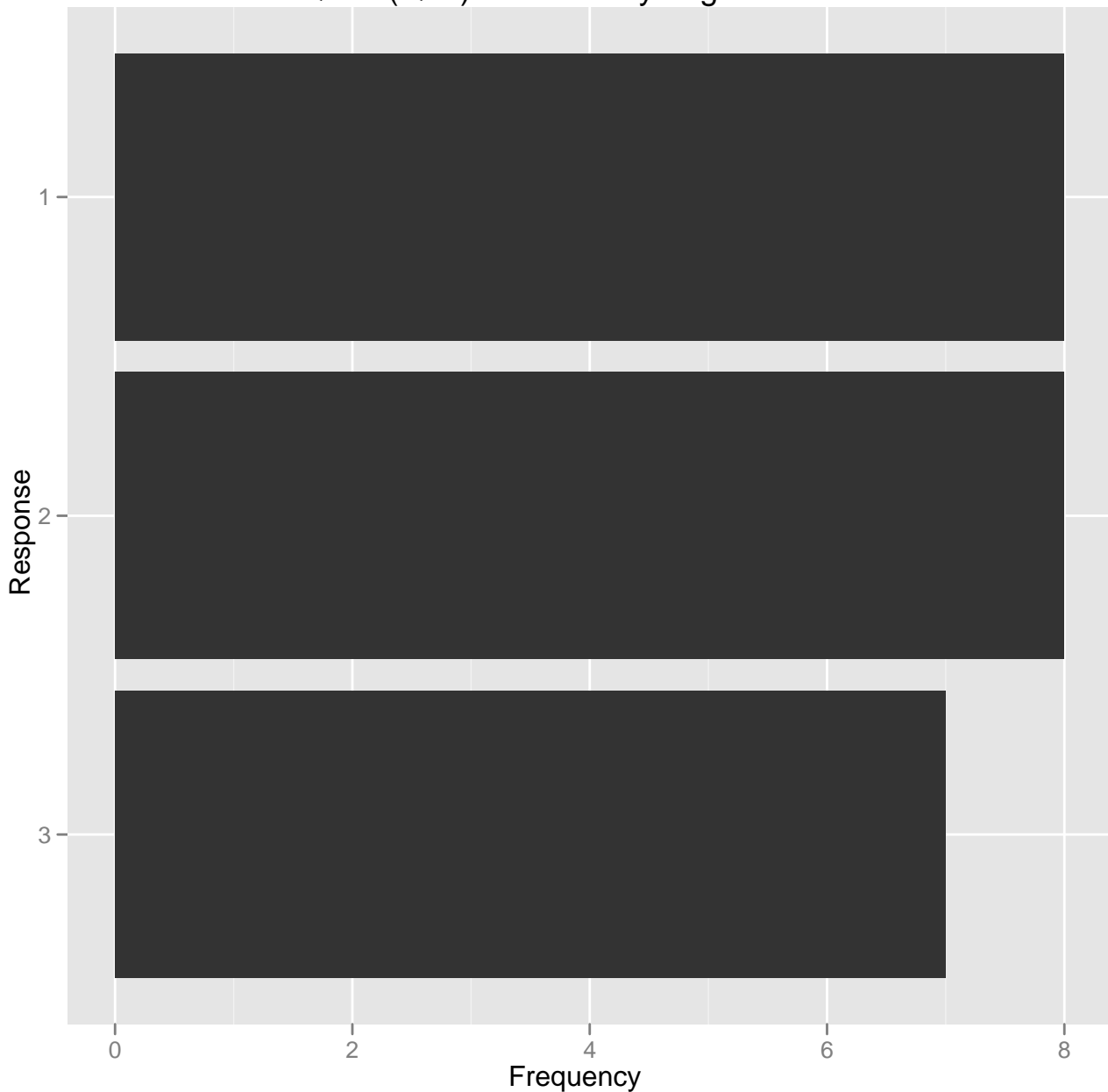


# Q117 (Q20):Did you receive any pain medications?

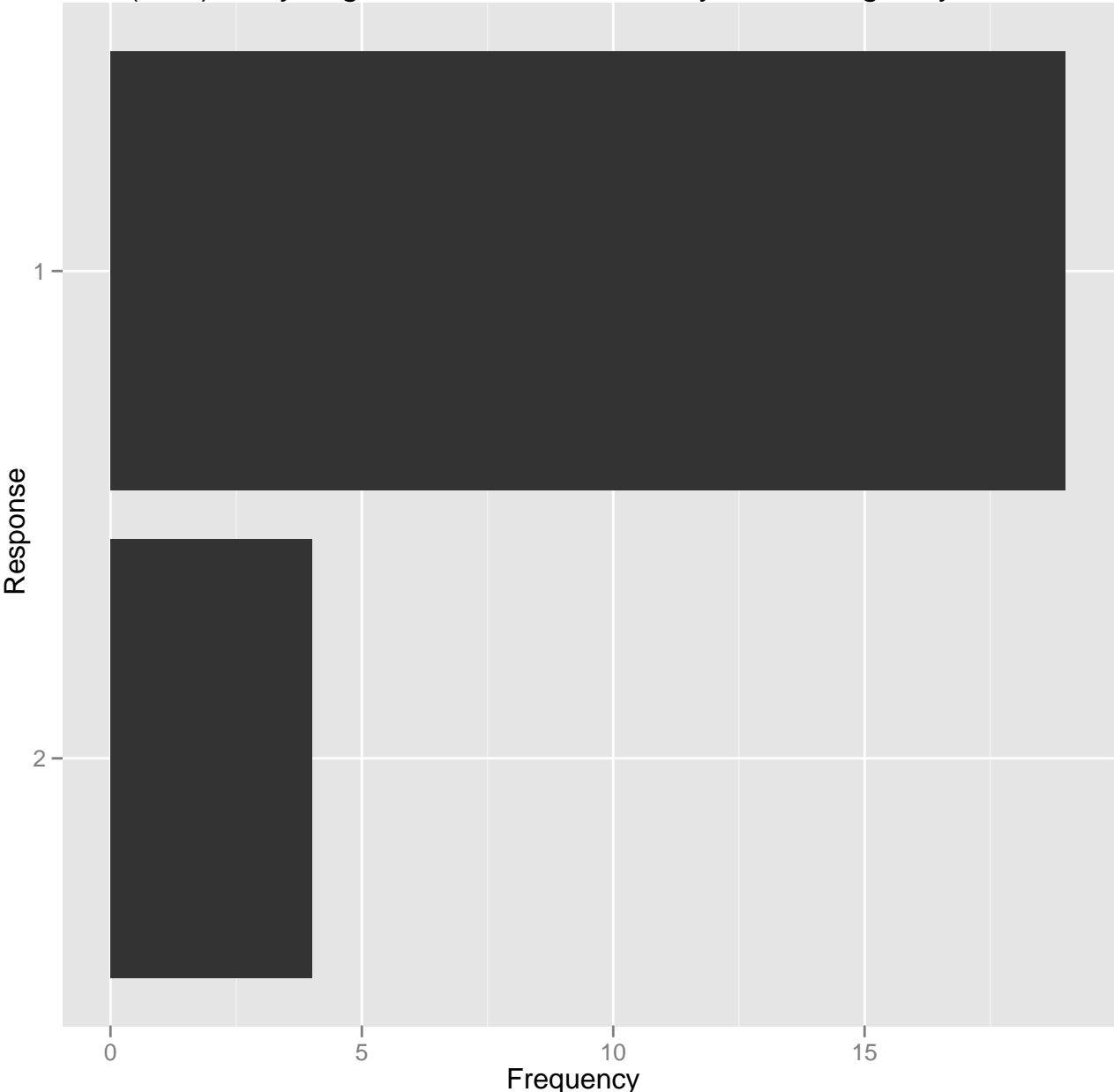




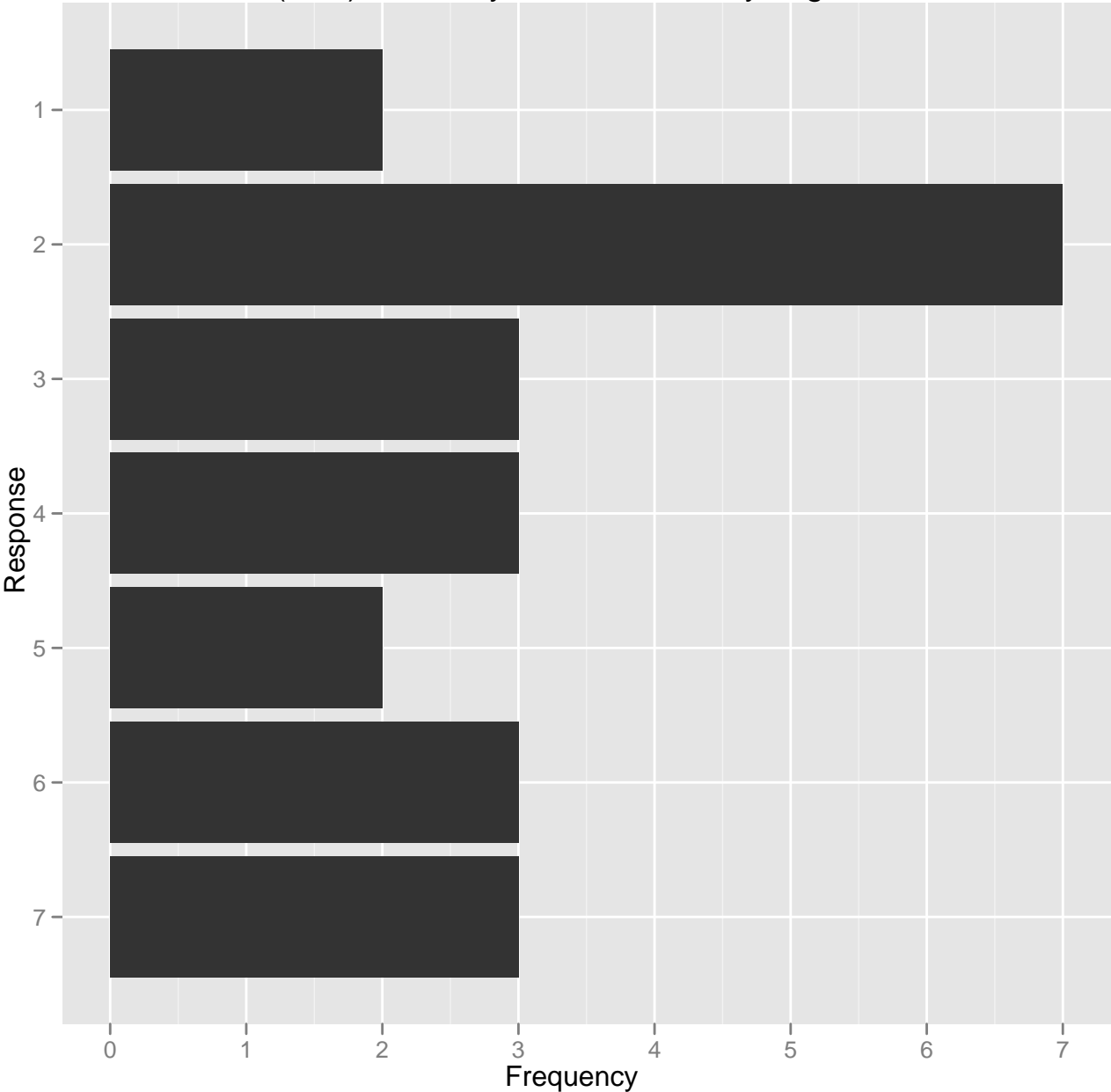
# Q118 (Q21):Where did you give birth?



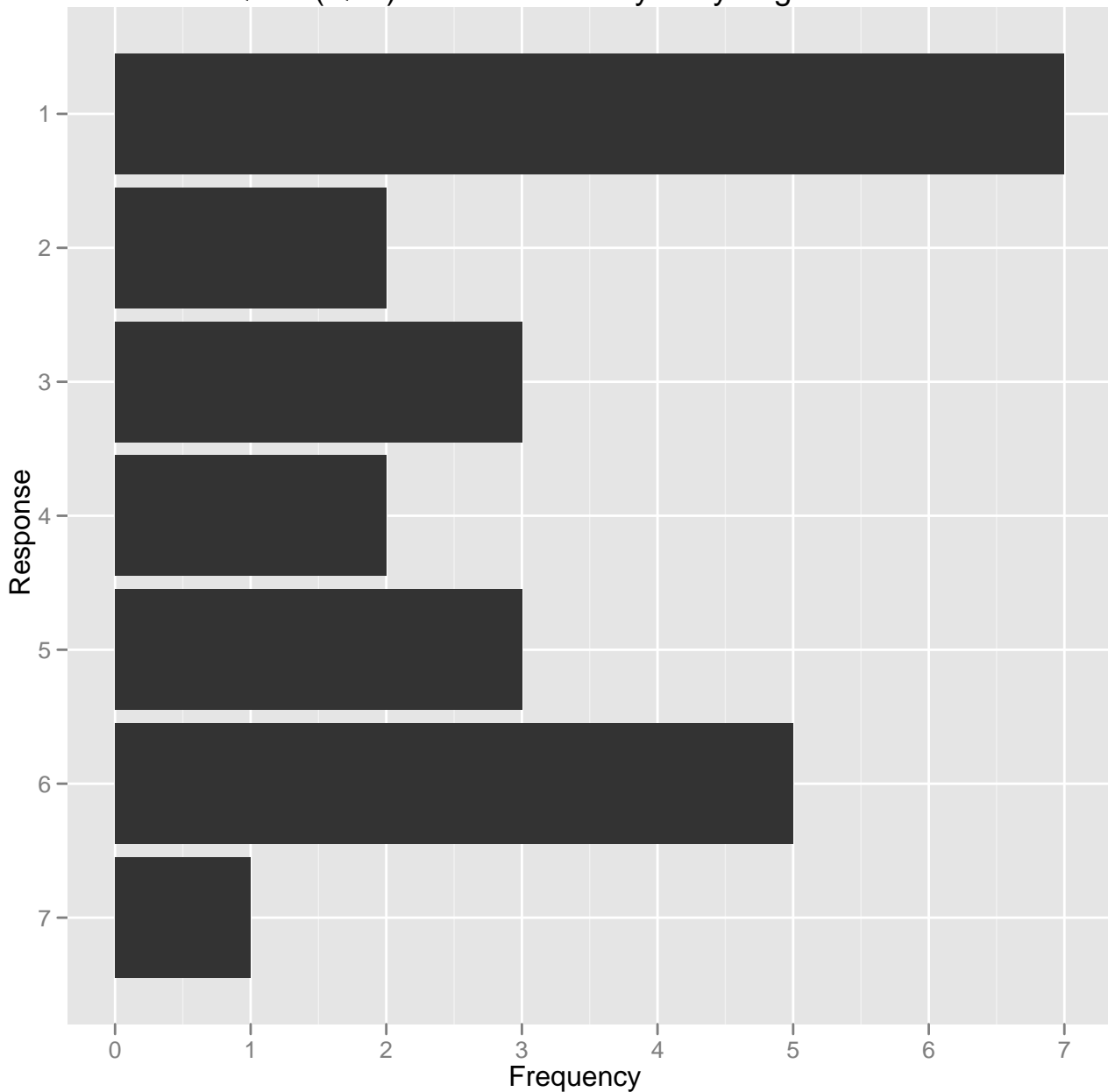
Q119 (Q22):Did you give birth at the location you had originally intended?



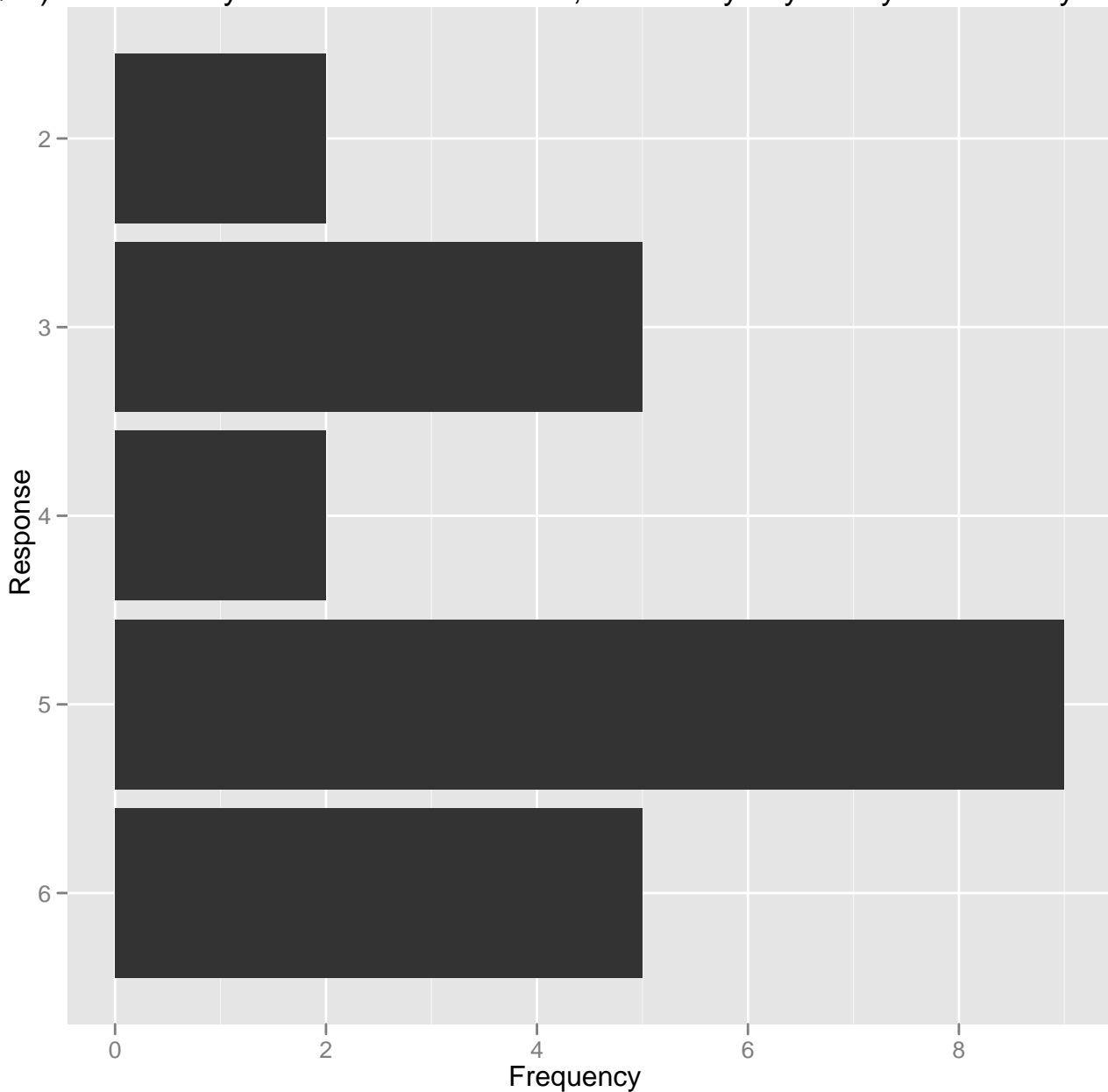
Q120 (Q23):What day of the week did you give birth?



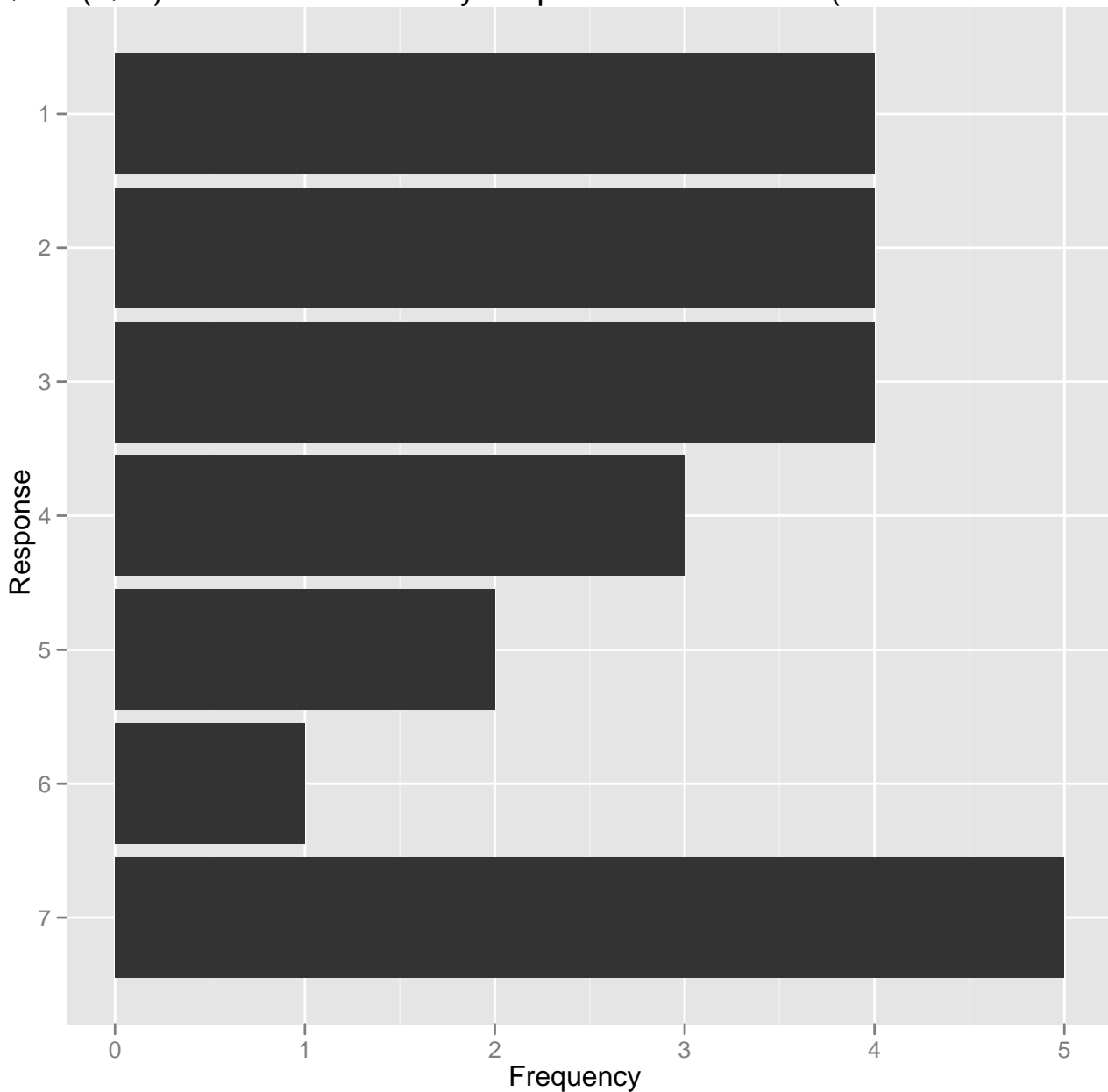
Q121 (Q24):What time of day did you give birth?



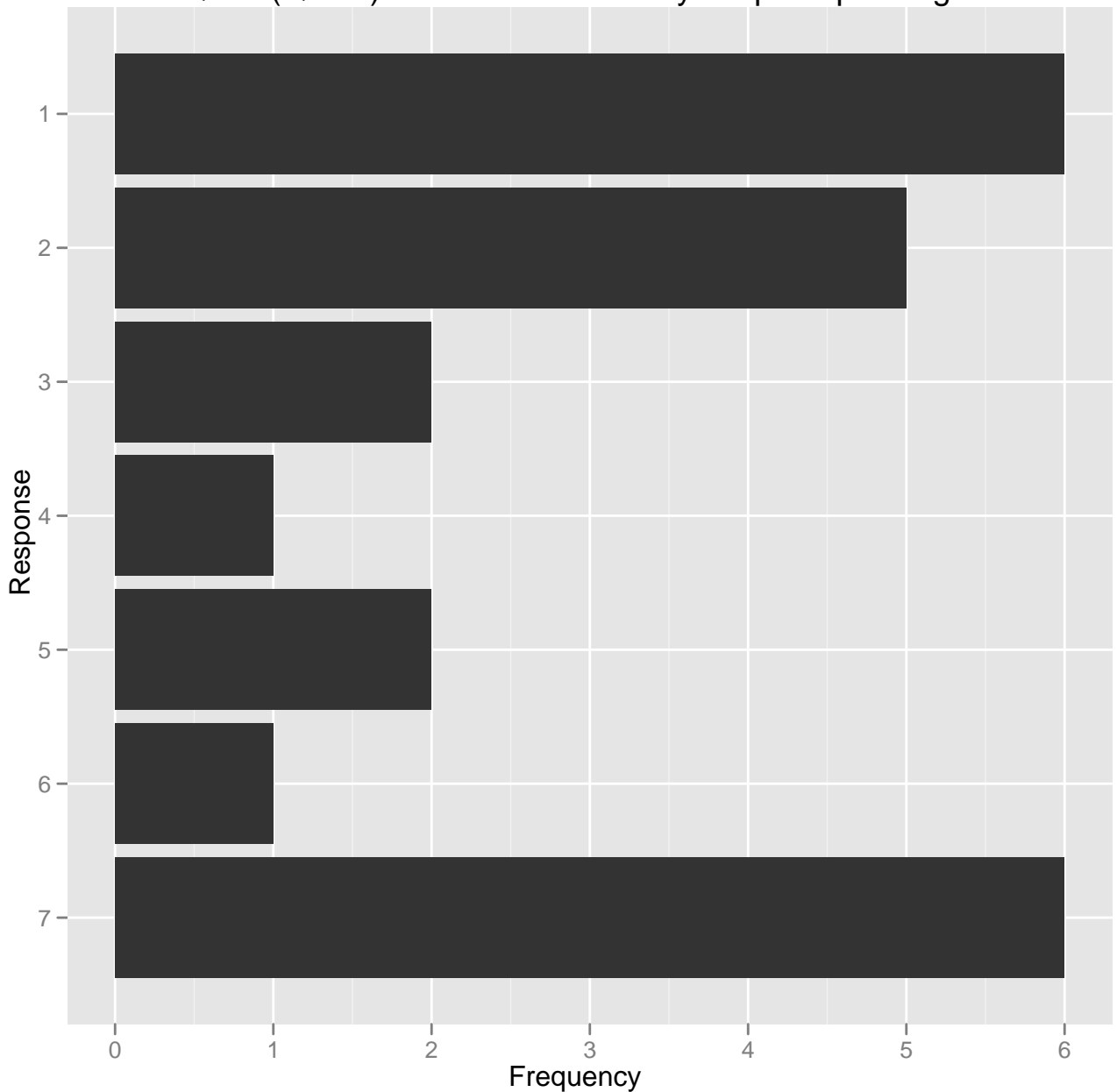
Q25):Relative to your estimated due date, how many days early or late did you give



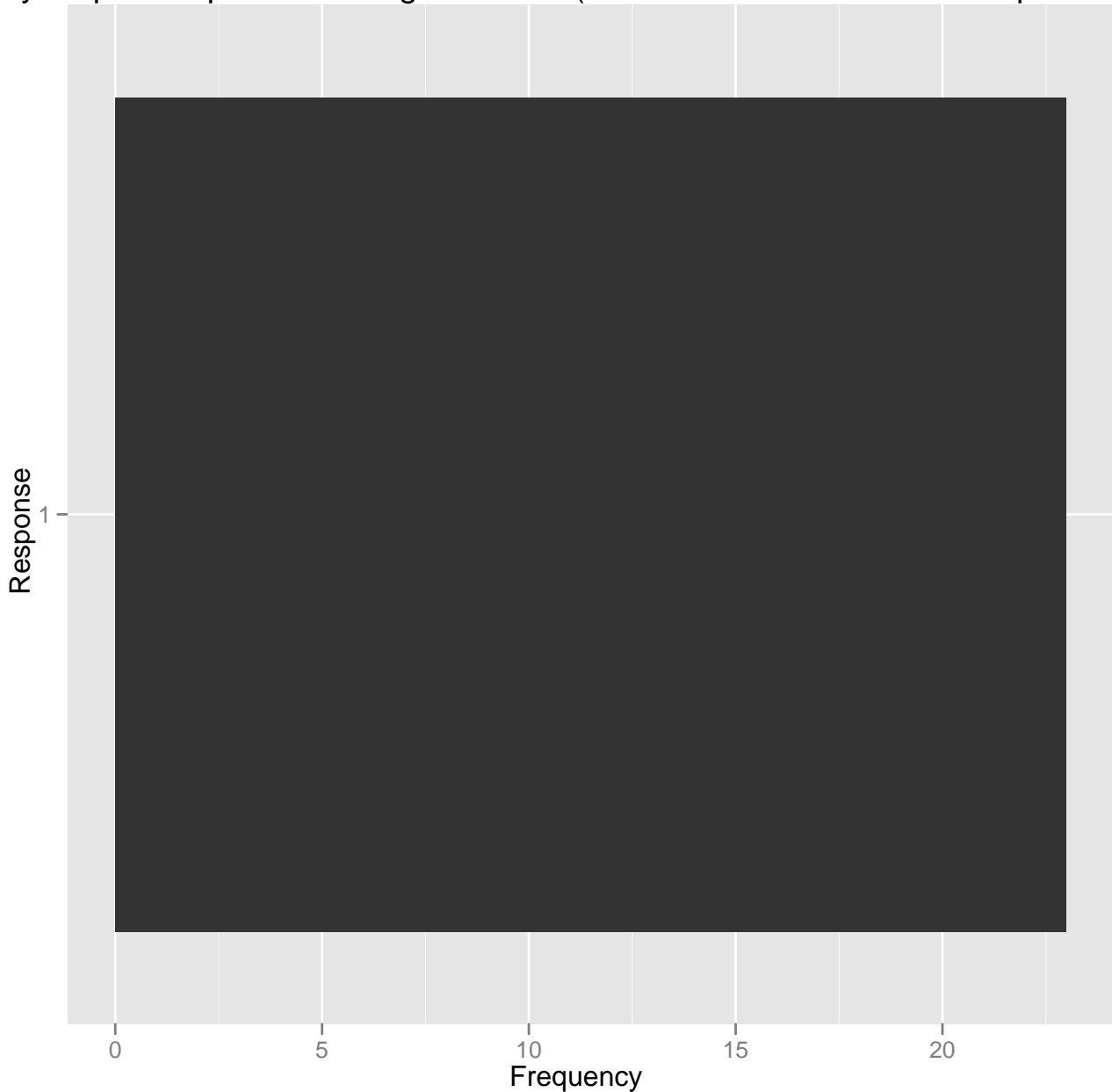
Q123 (Q26):How much time did you spend in active labor (4cm or more dilated)?



Q124 (Q27.1):How much time did you spend pushing?

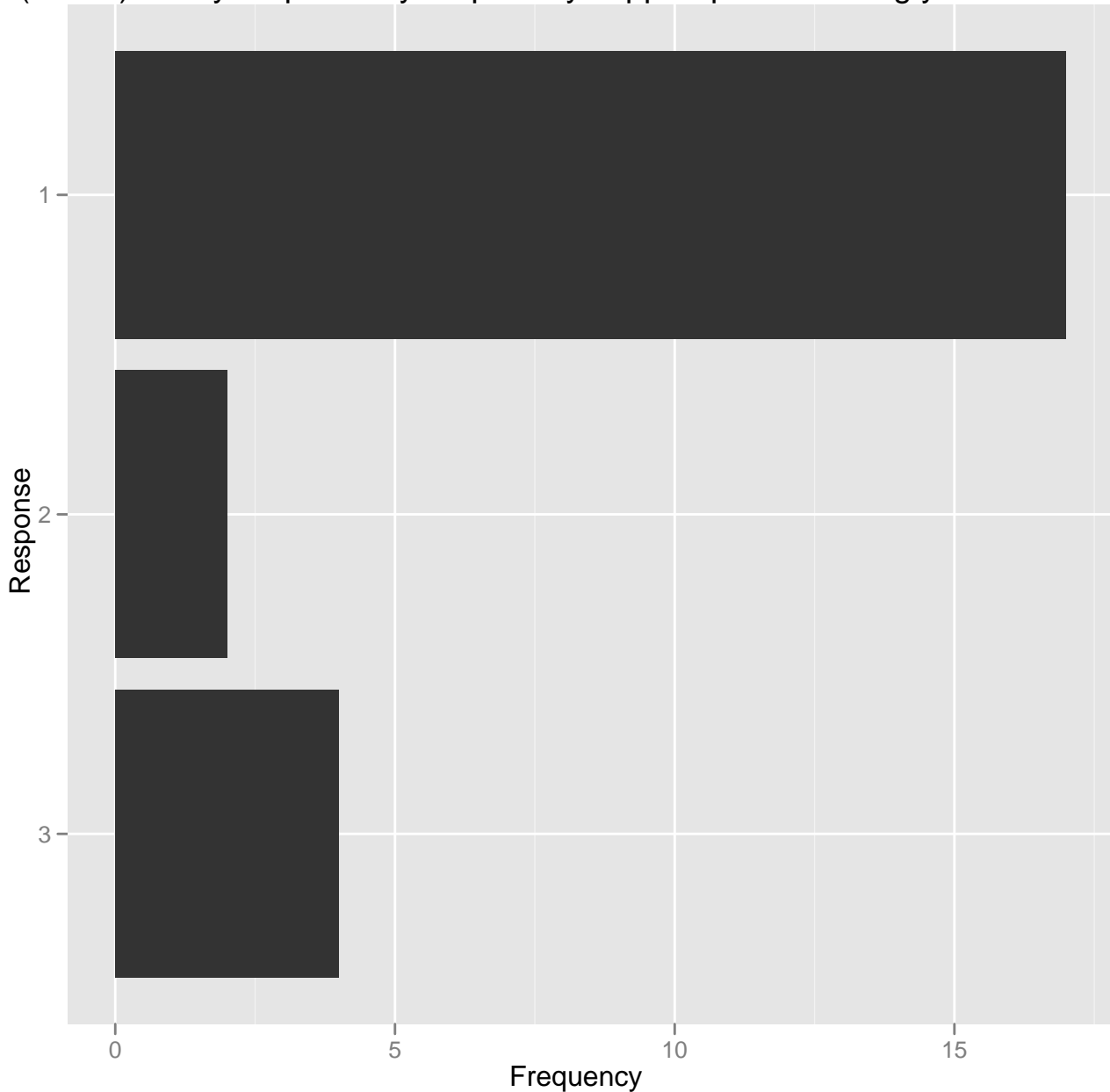


as your partner present during the birth? (Partner can mean a romantic partner or

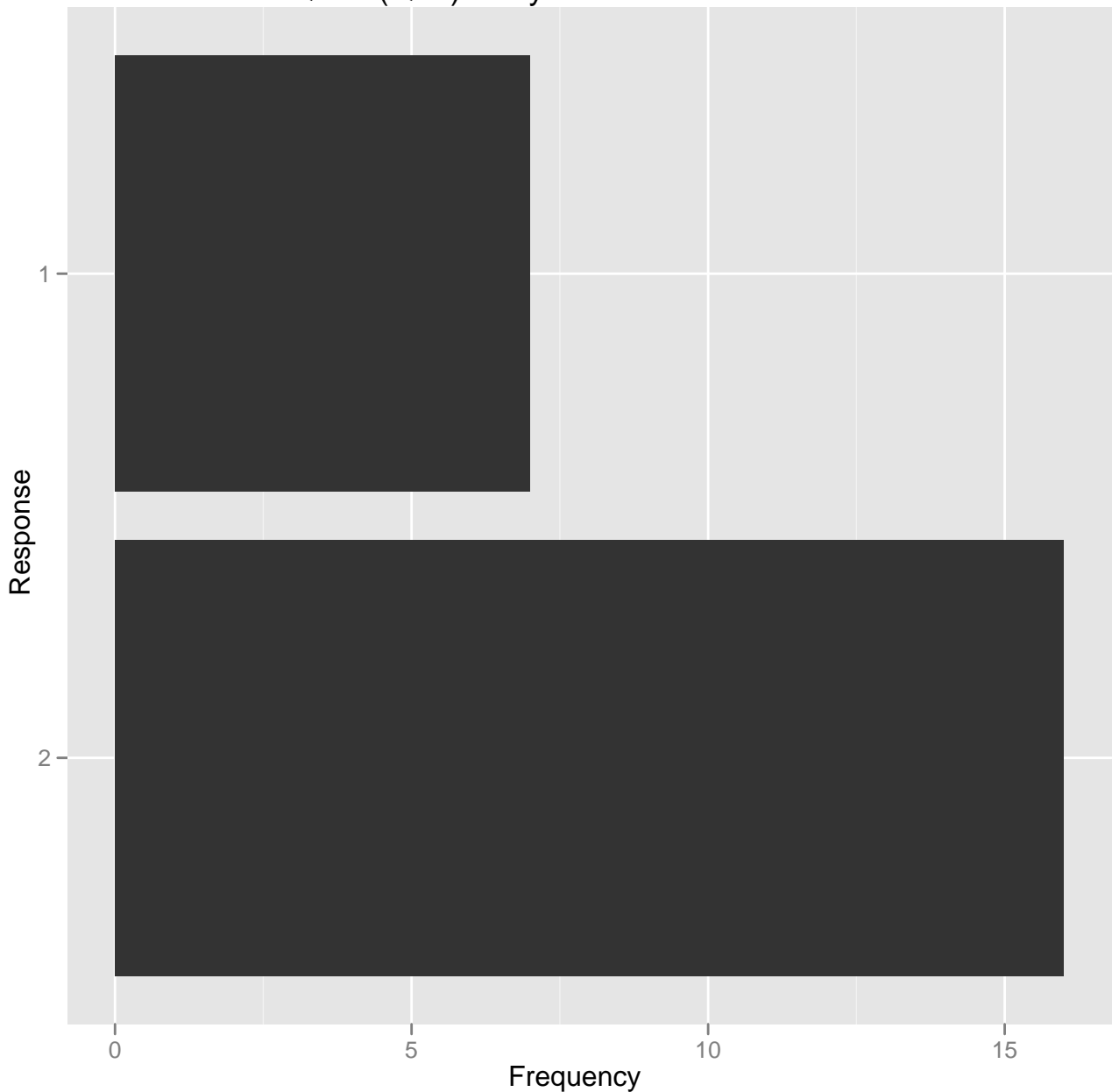




26 (Q29.1): Was your partner your primary support person during your labor and birth?



# Q127 (Q30):Did you work with a doula?



Q128 (Q31.1):Did you rely on a birth plan during your labor and birth?

Response

1

2

0

2

4

6

8

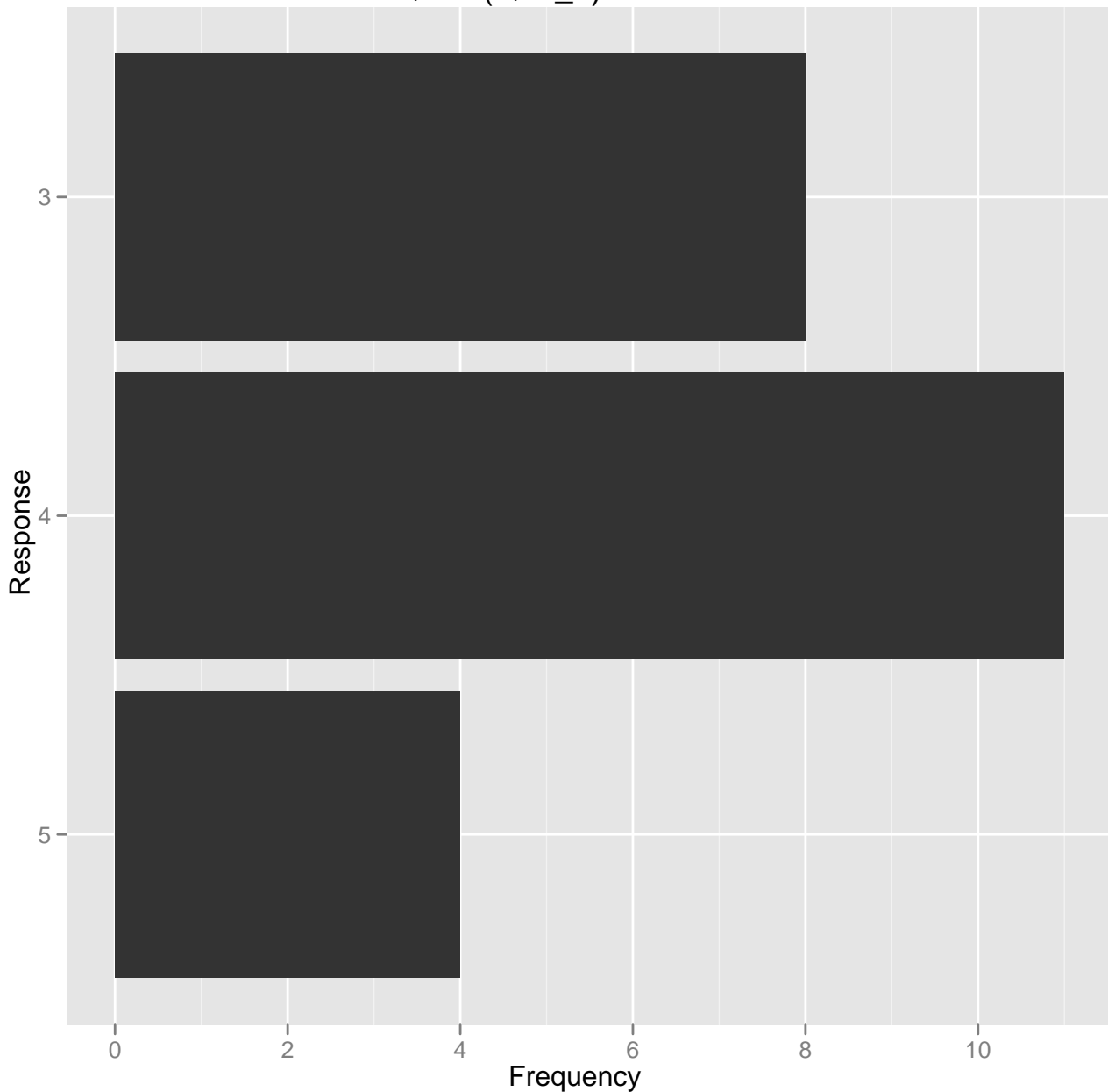
10

12

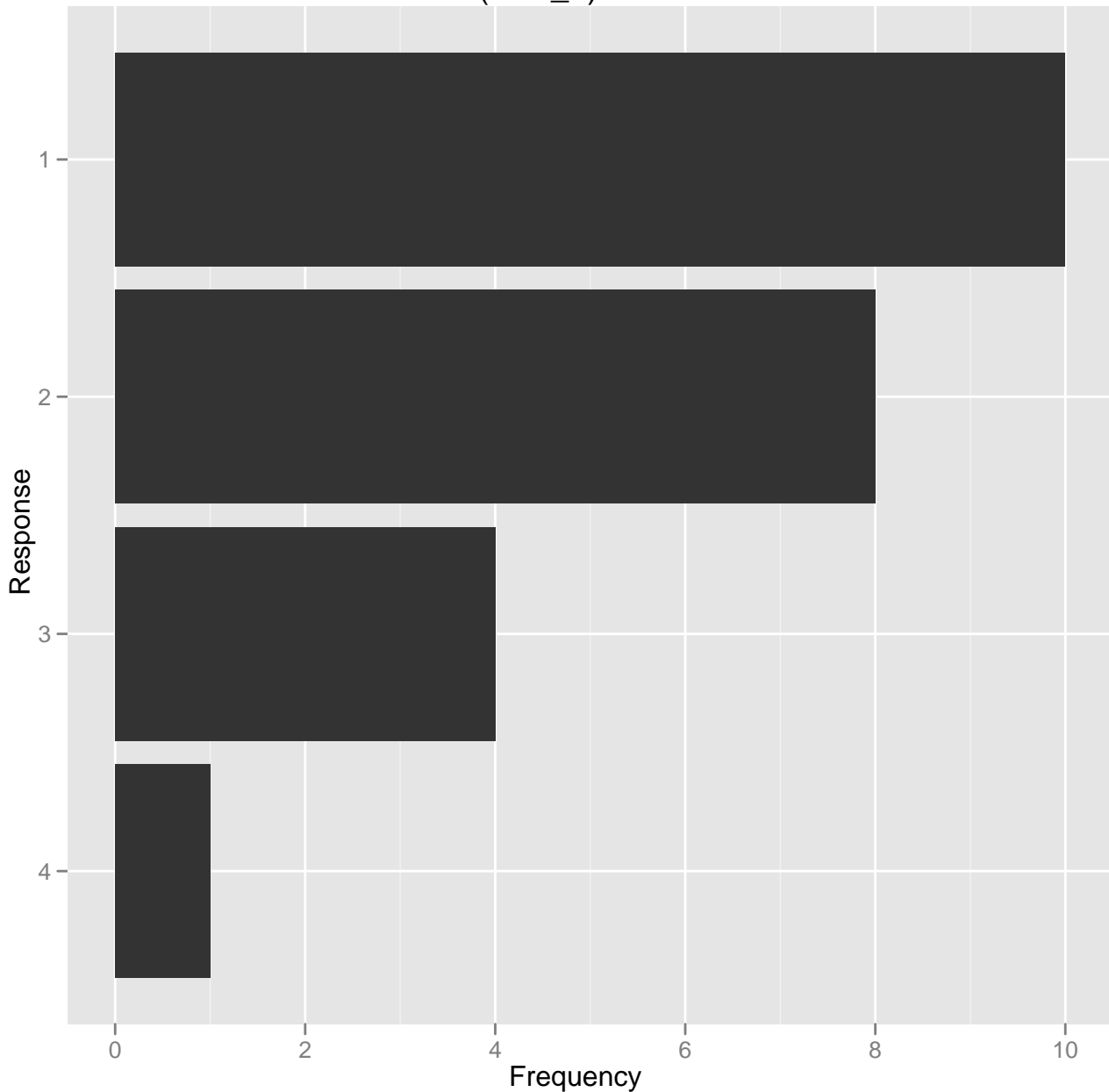
Frequency



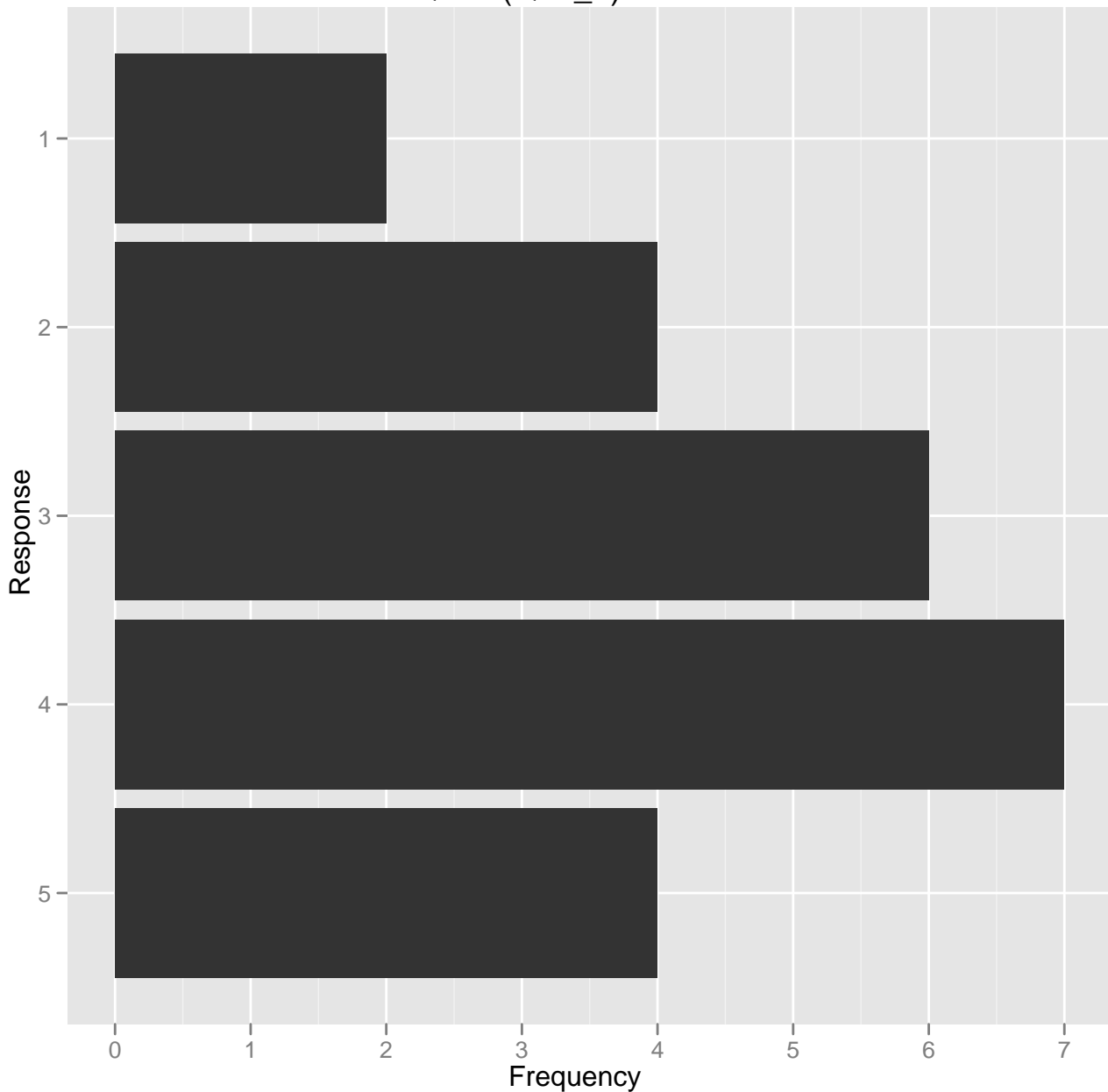
Q129 (Q61\_1):Interested



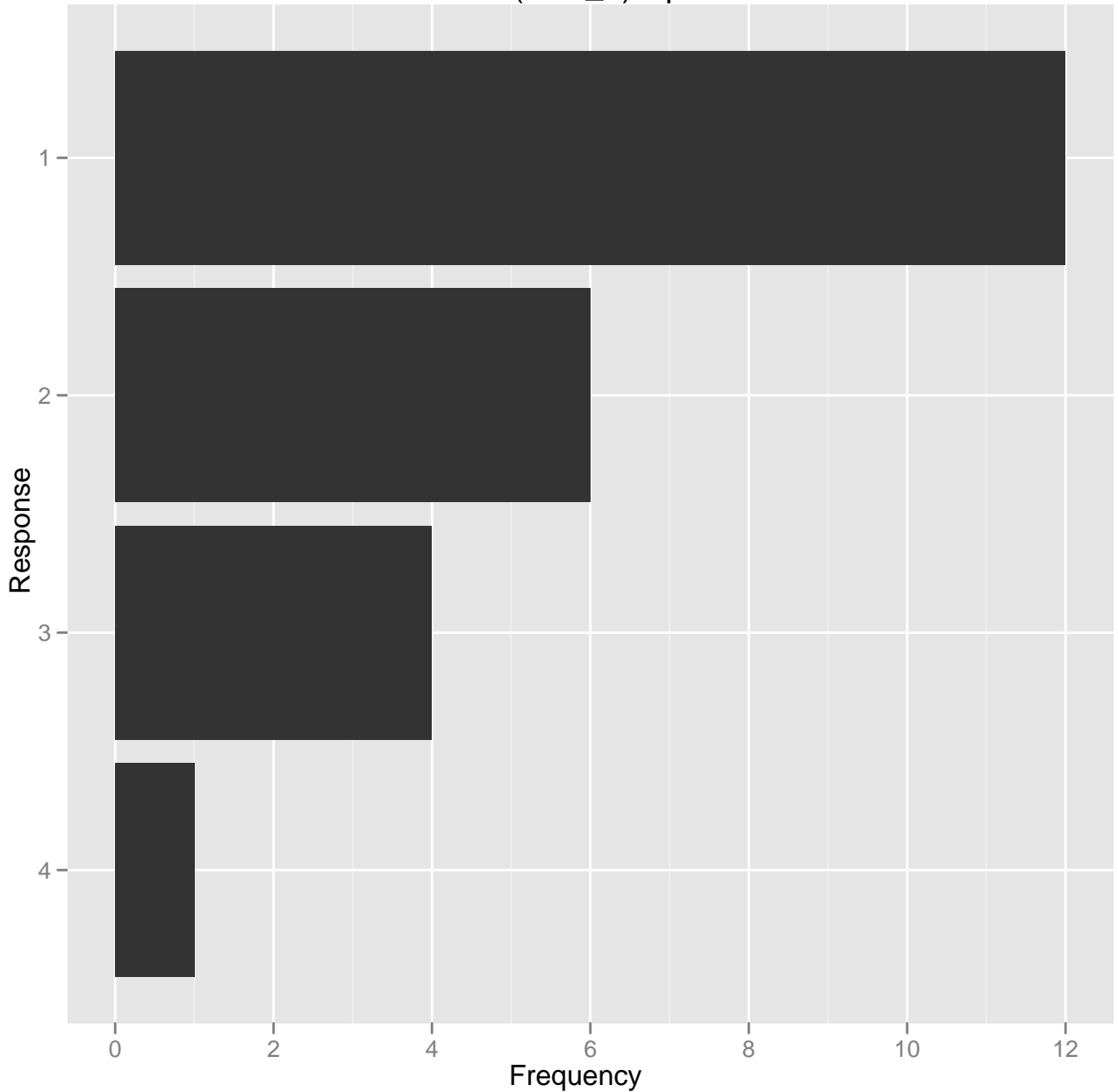
Q130 (Q61\_2):Distressed



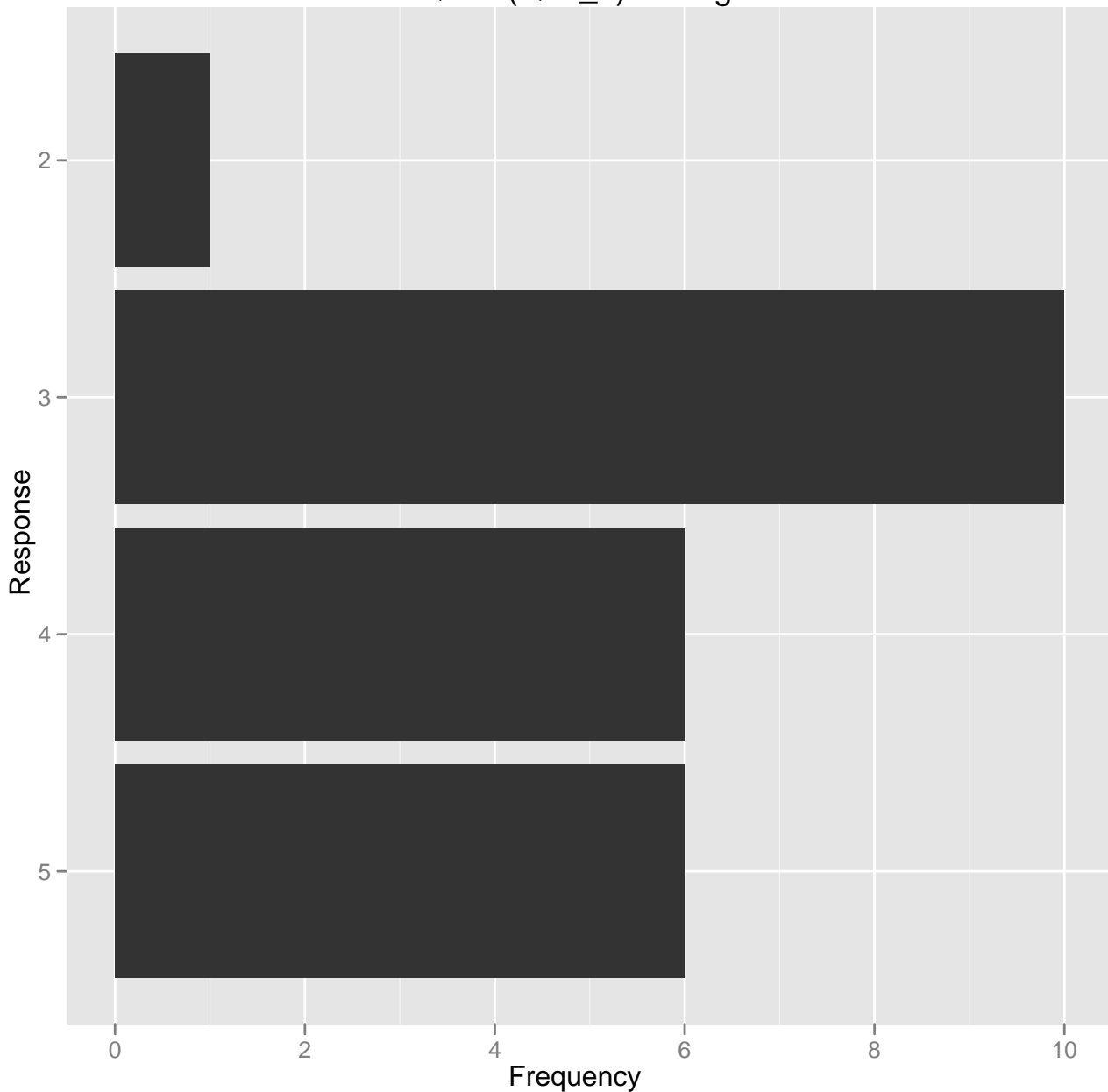
Q131 (Q61\_3):Excited



Q132 (Q61\_4):Upset

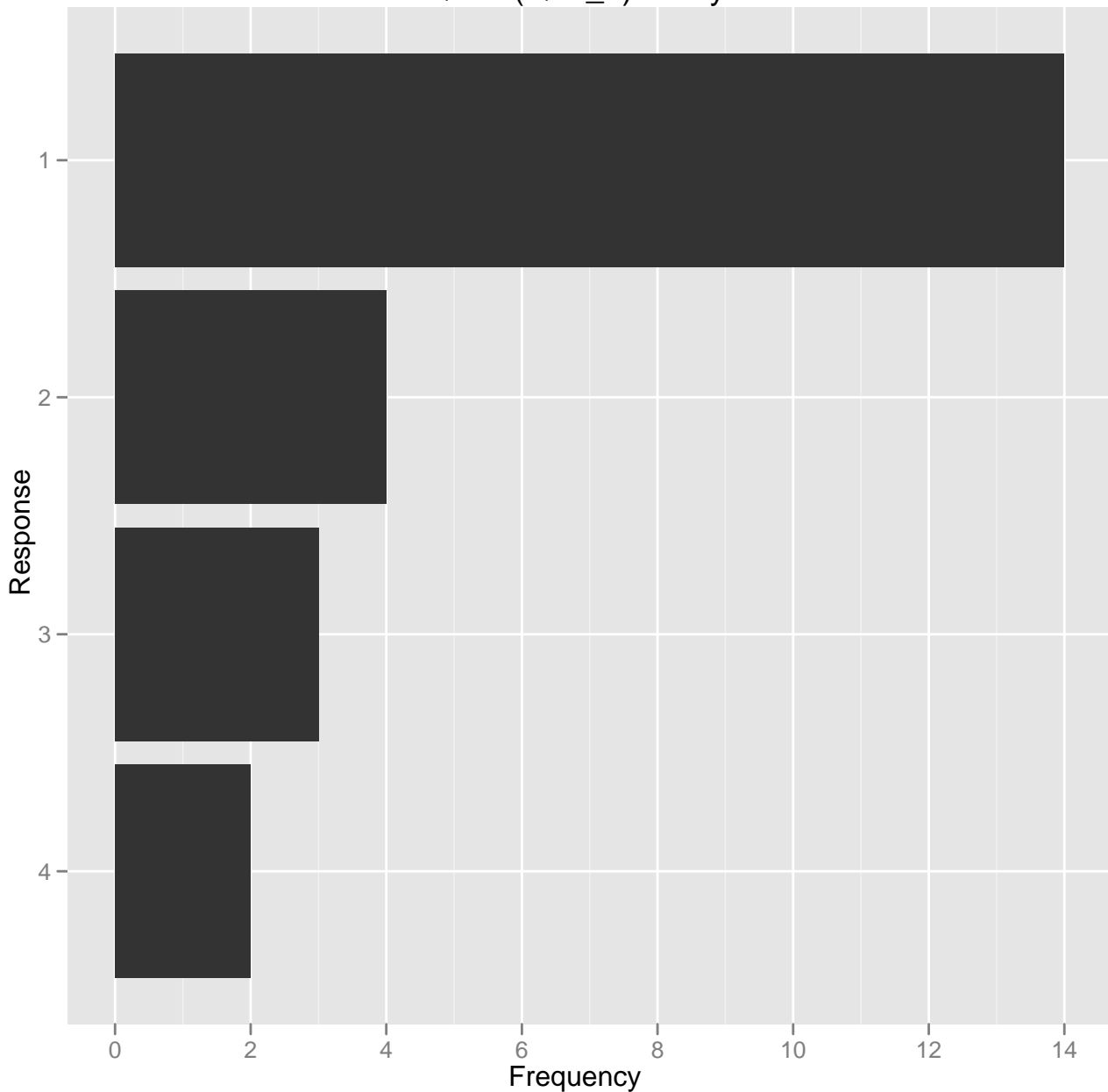


Q133 (Q61\_5):Strong

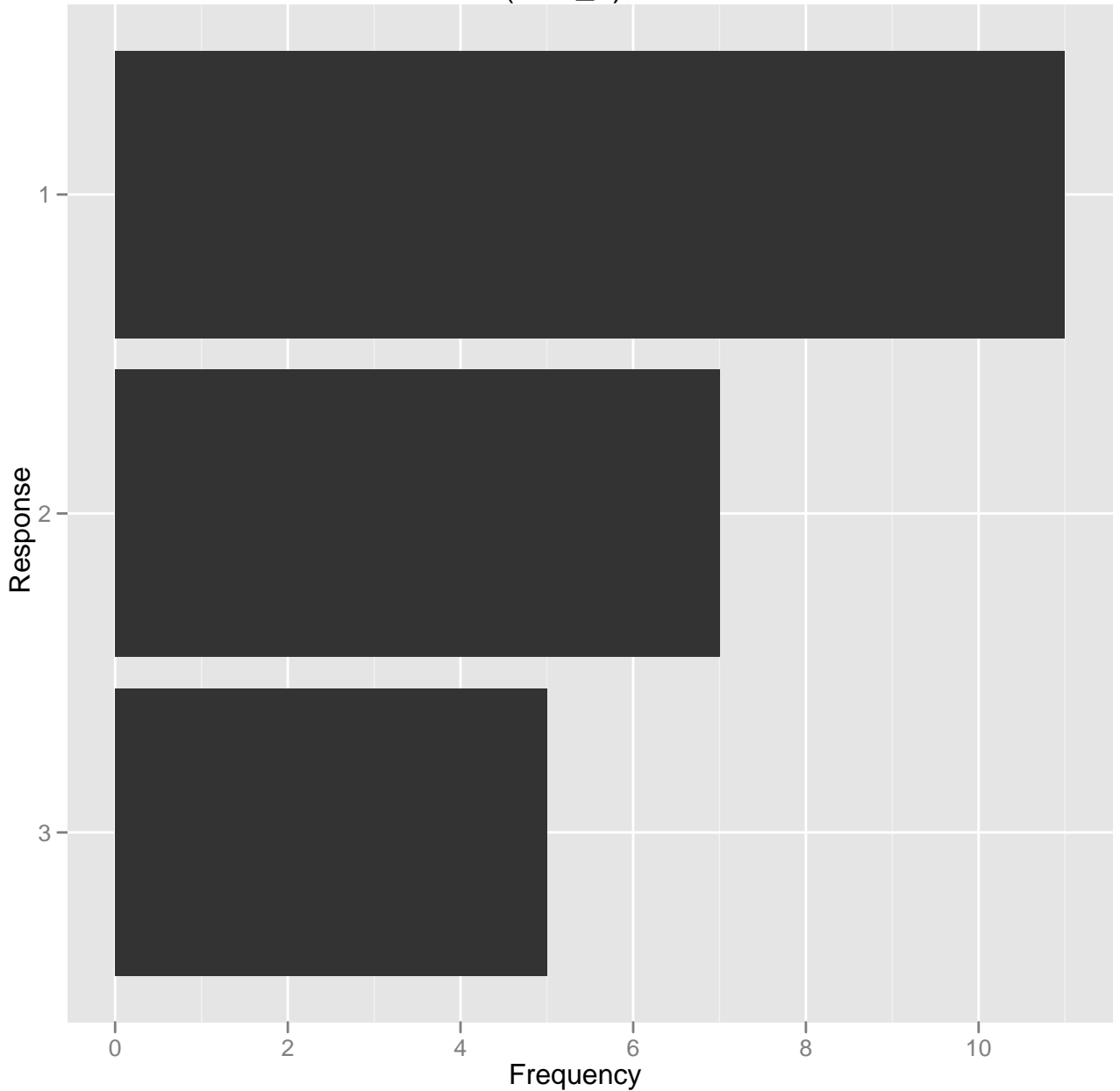




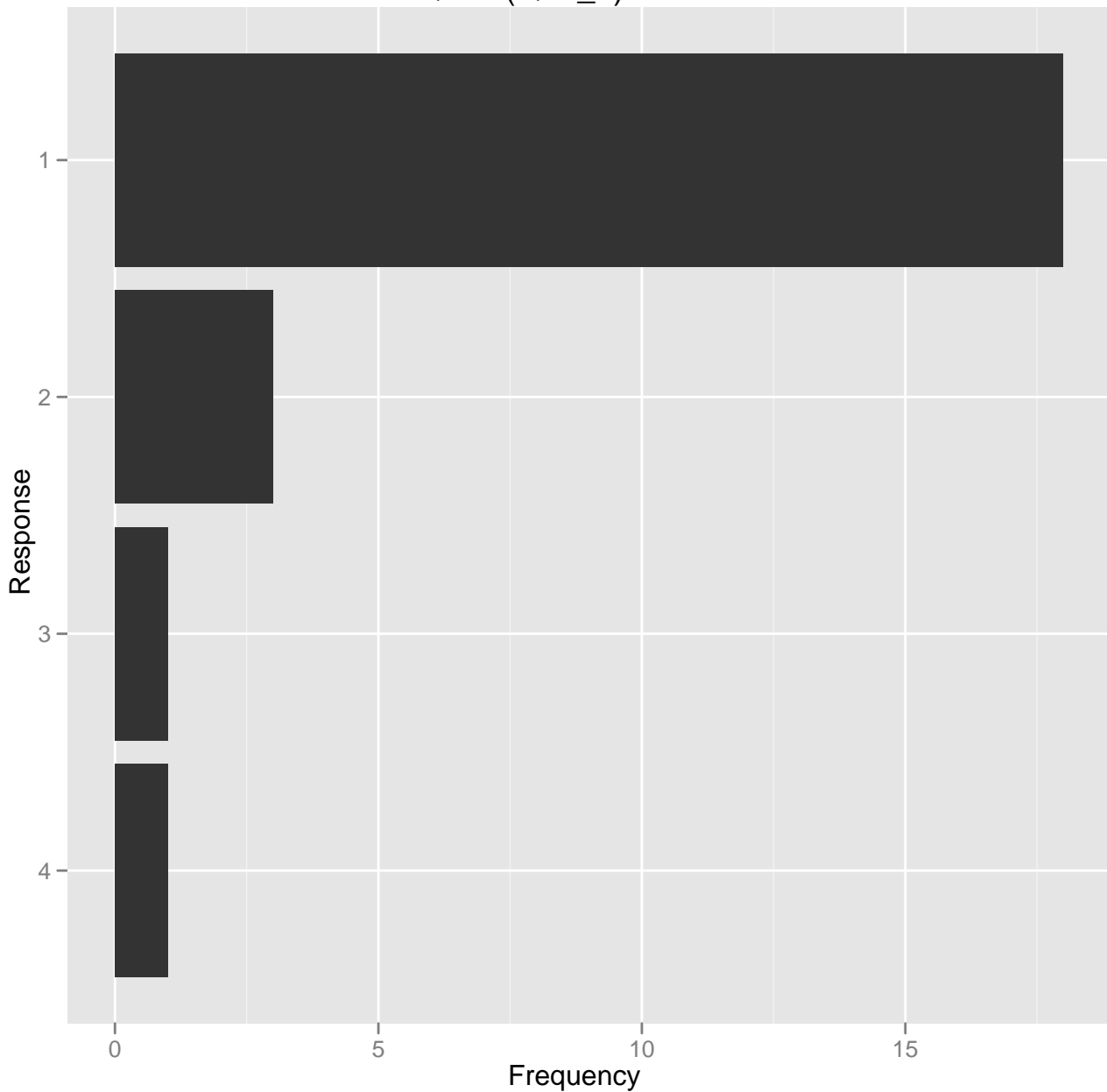
# Q134 (Q61\_6):Guilty



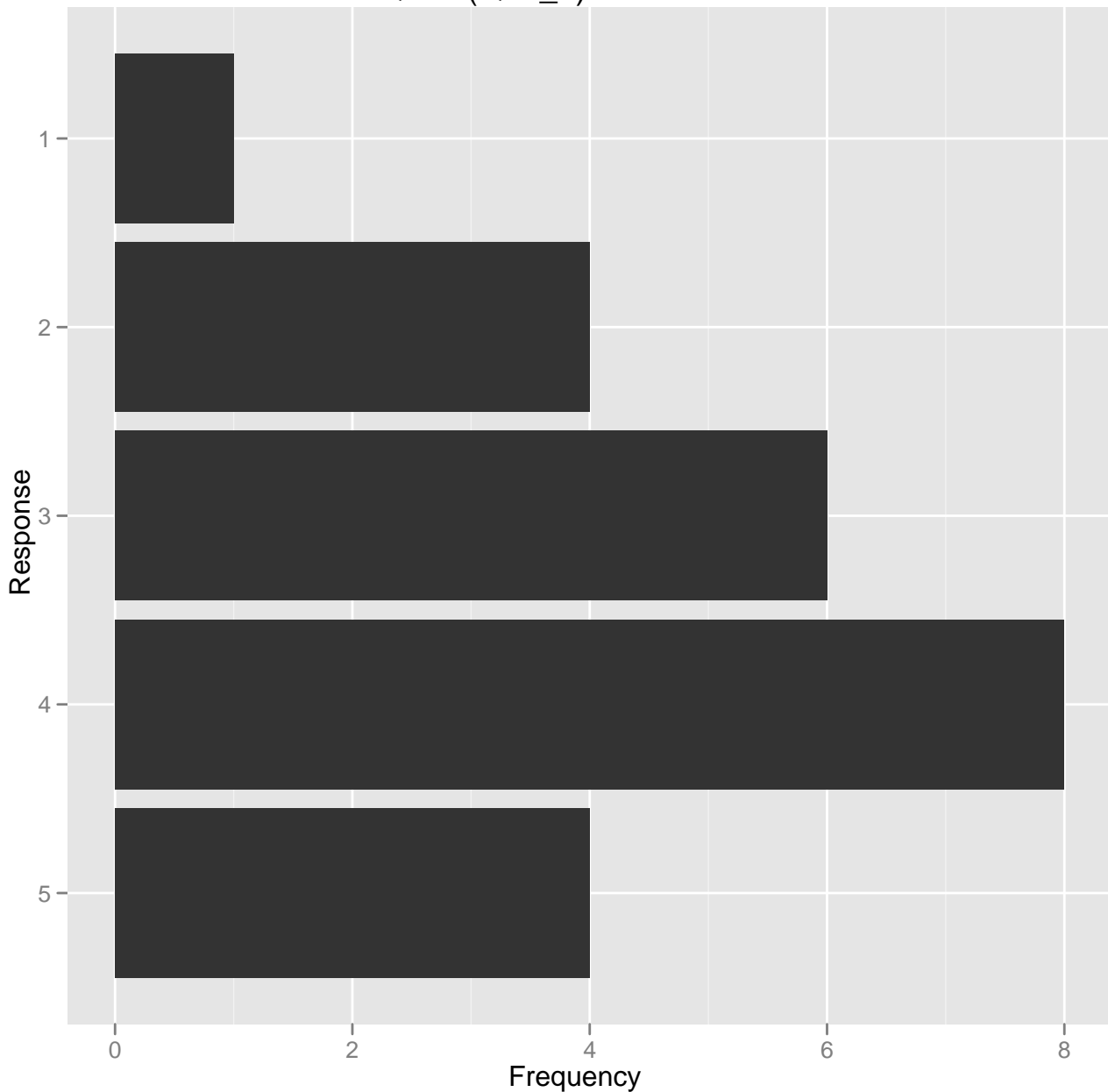
Q135 (Q61\_7):Scared



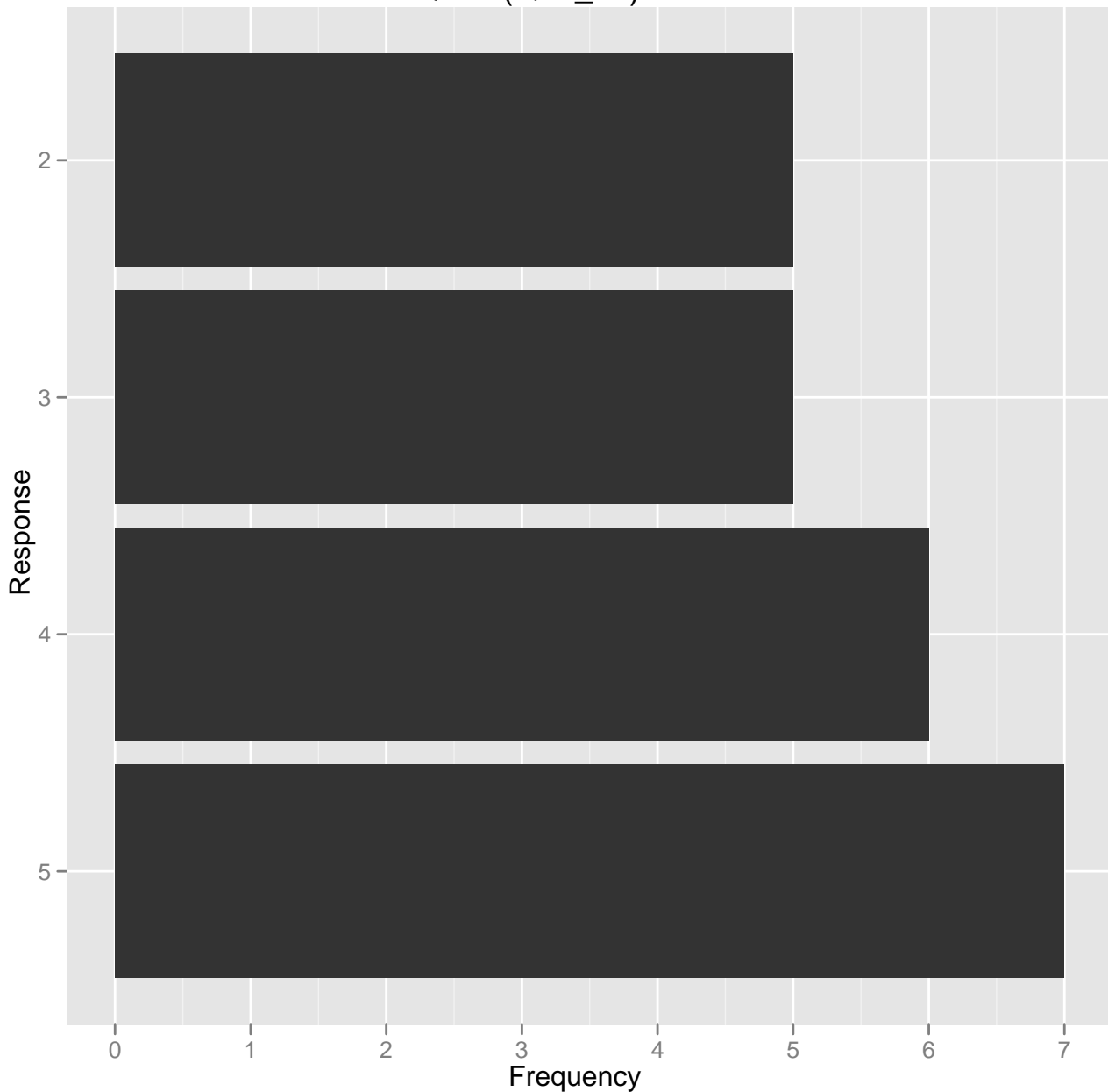
Q136 (Q61\_8):Hostile



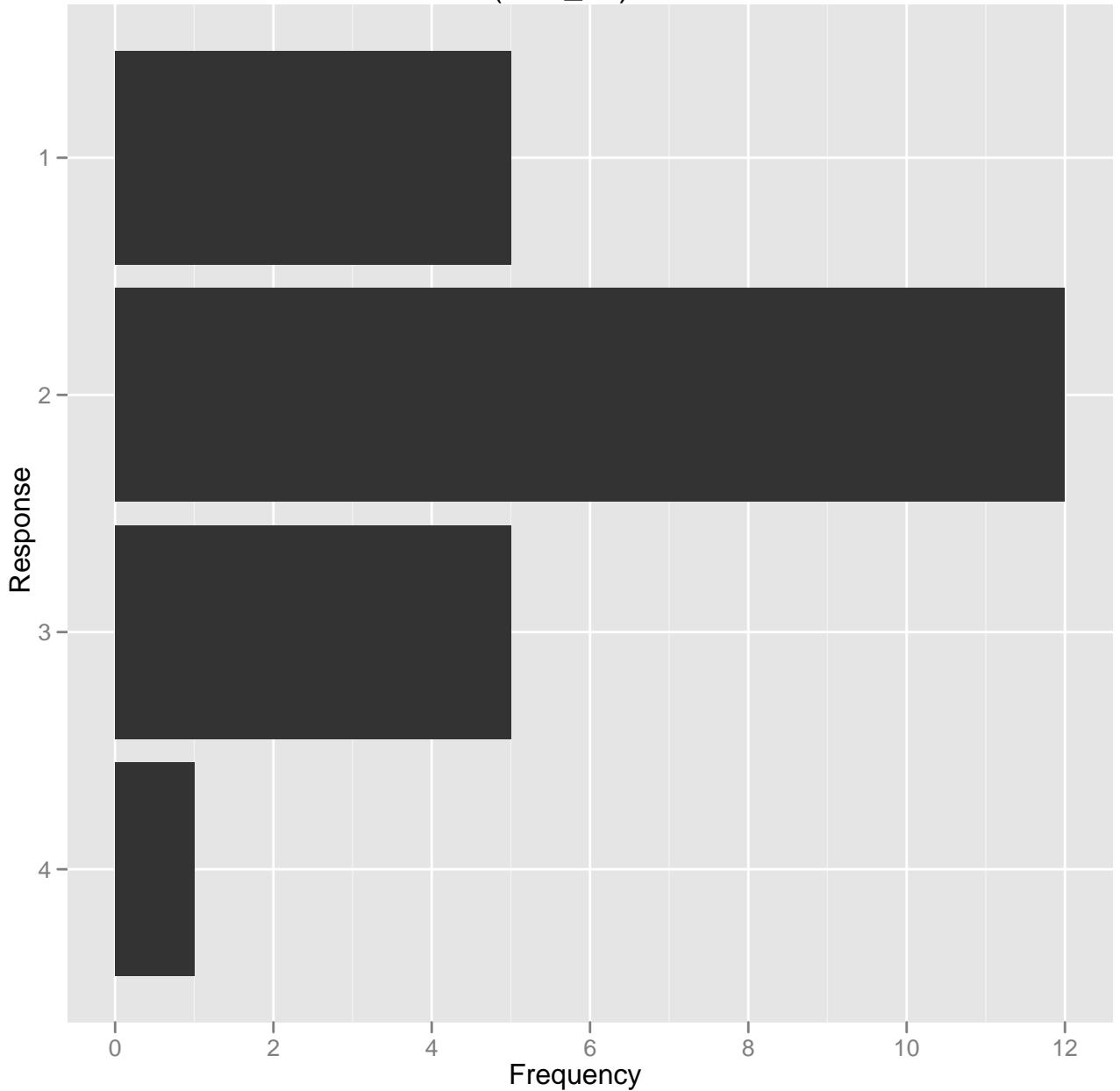
Q137 (Q61\_9):Enthusiastic



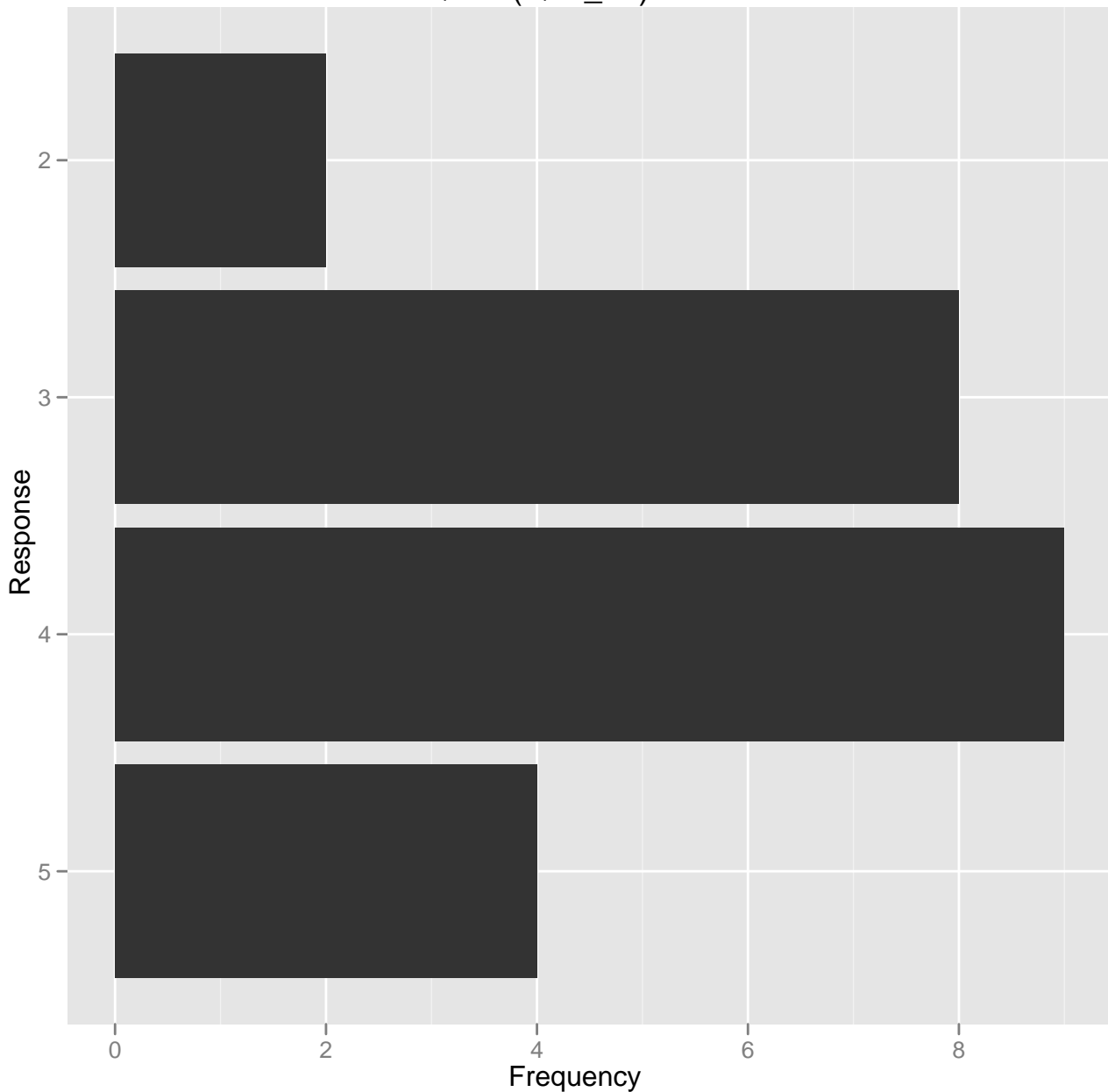
Q138 (Q61\_10):Proud



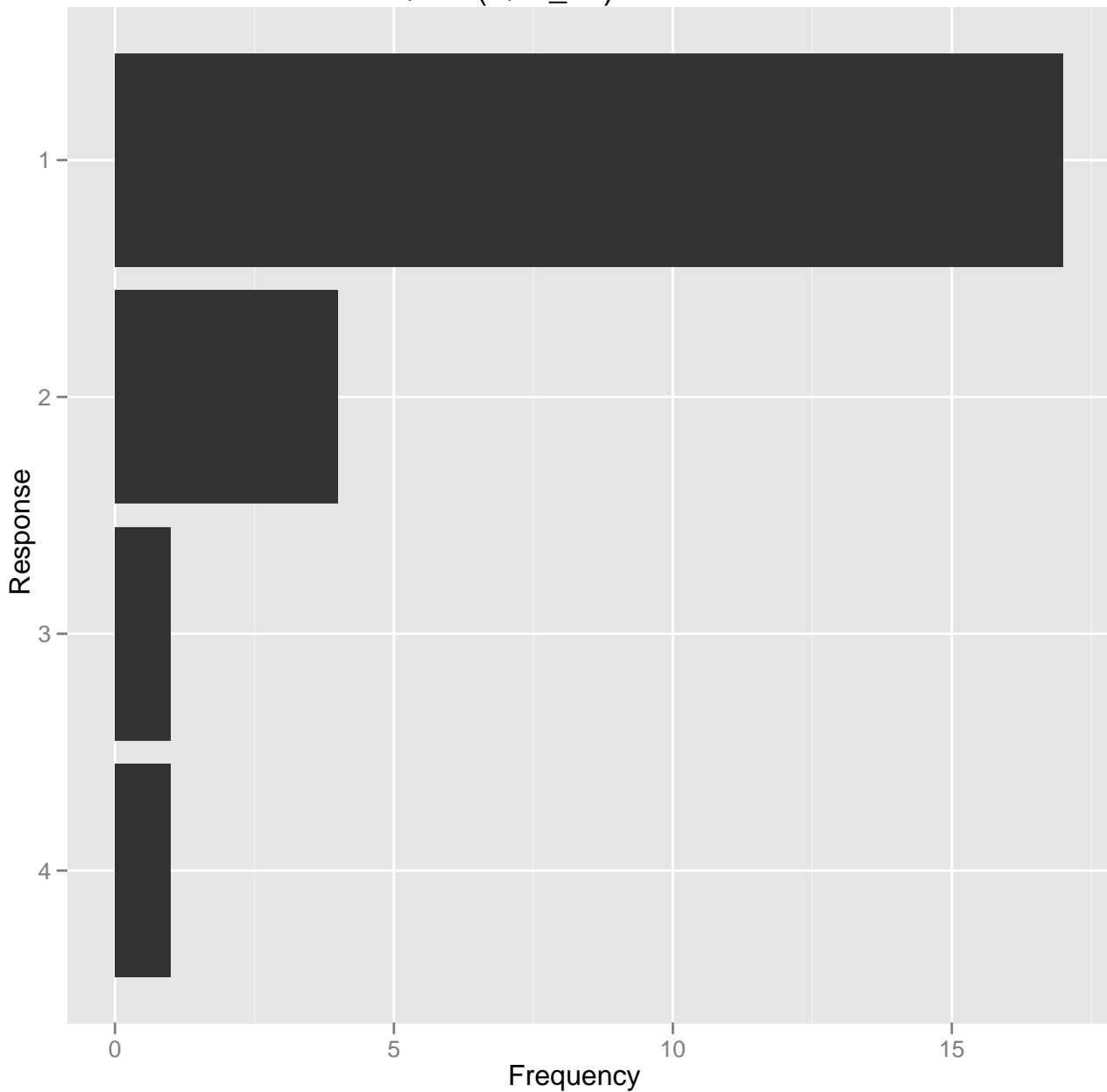
Q139 (Q61\_11):Irritable



Q140 (Q61\_12):Alert

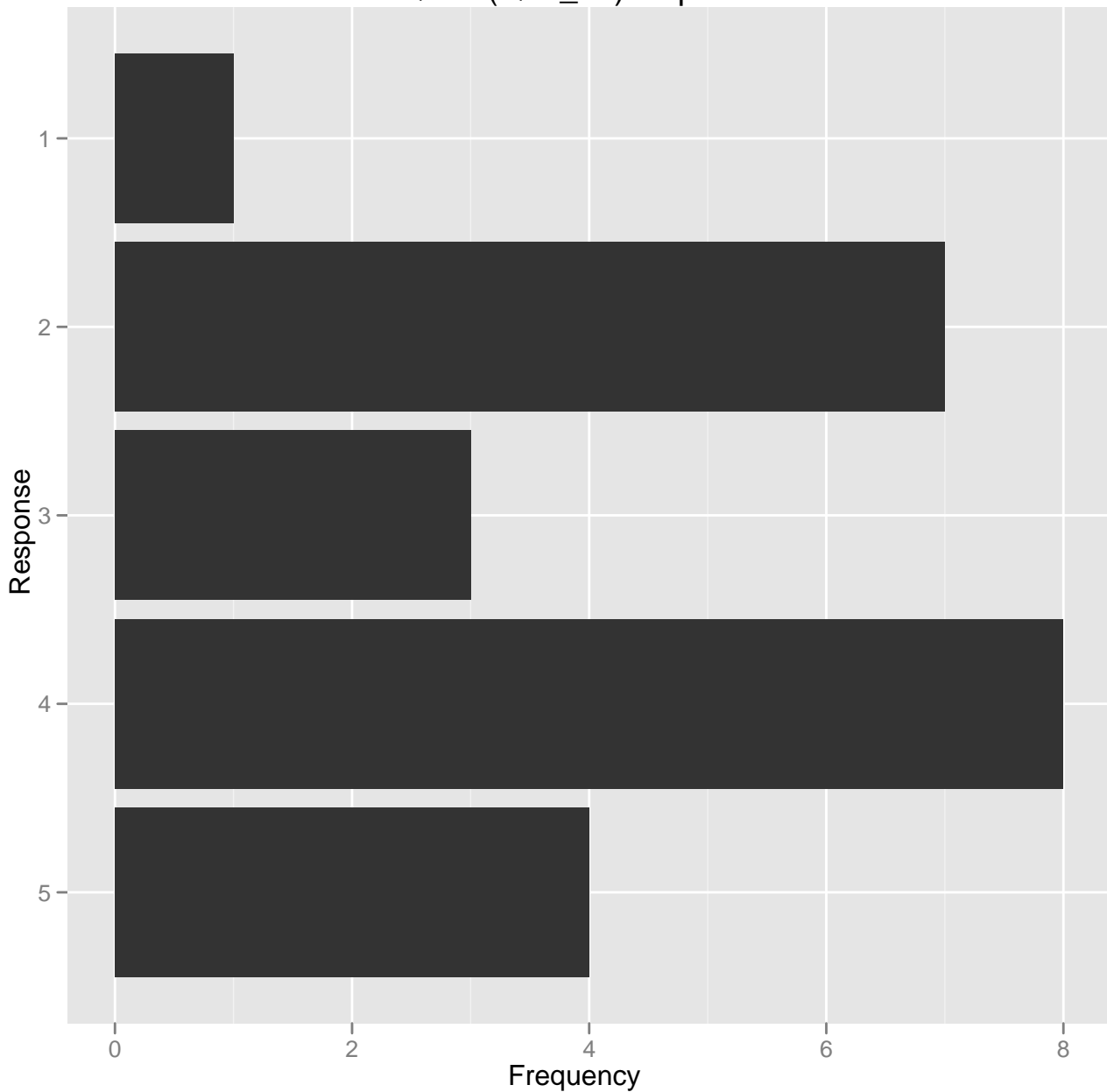


Q141 (Q61\_13):Ashamed

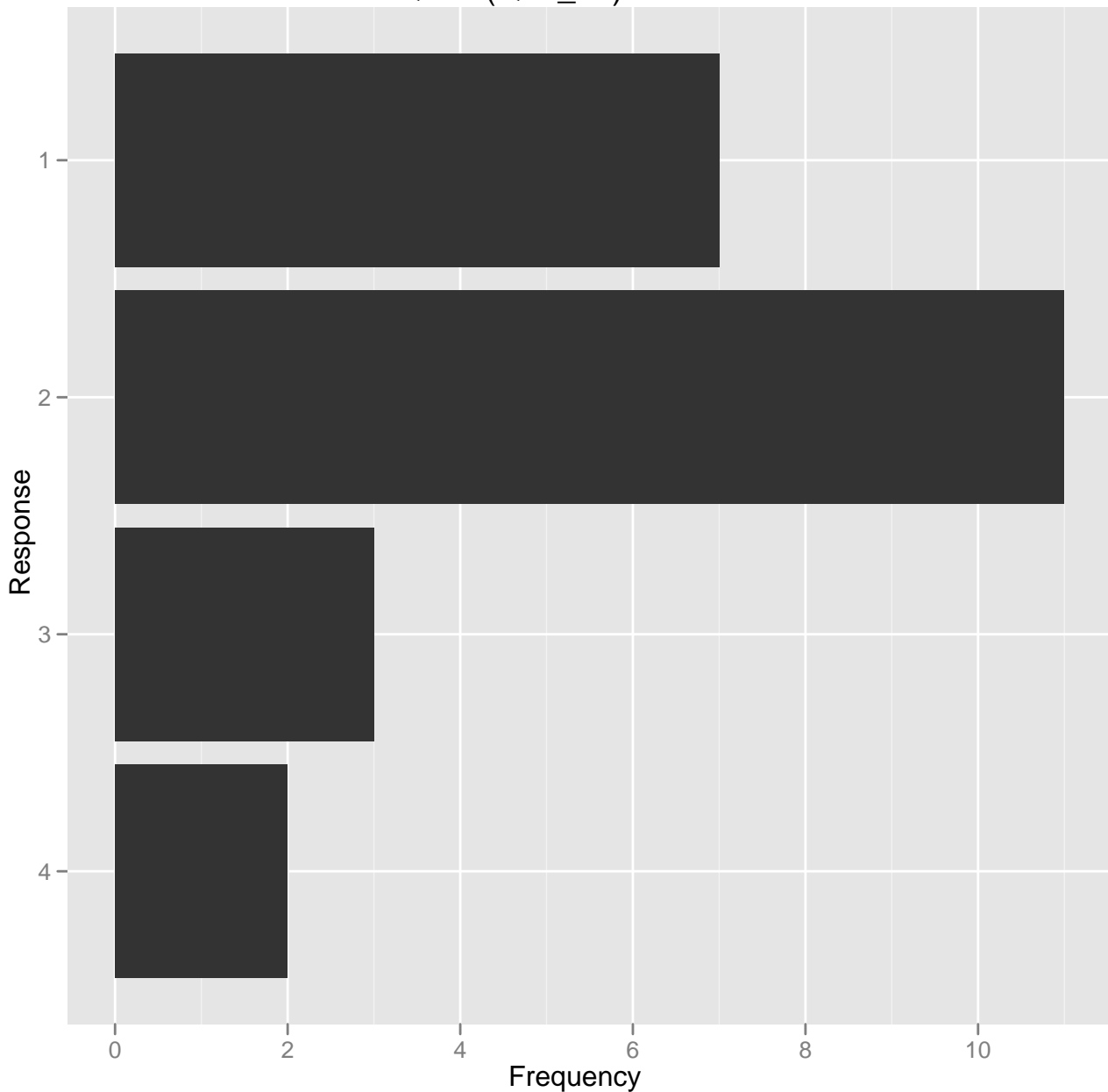




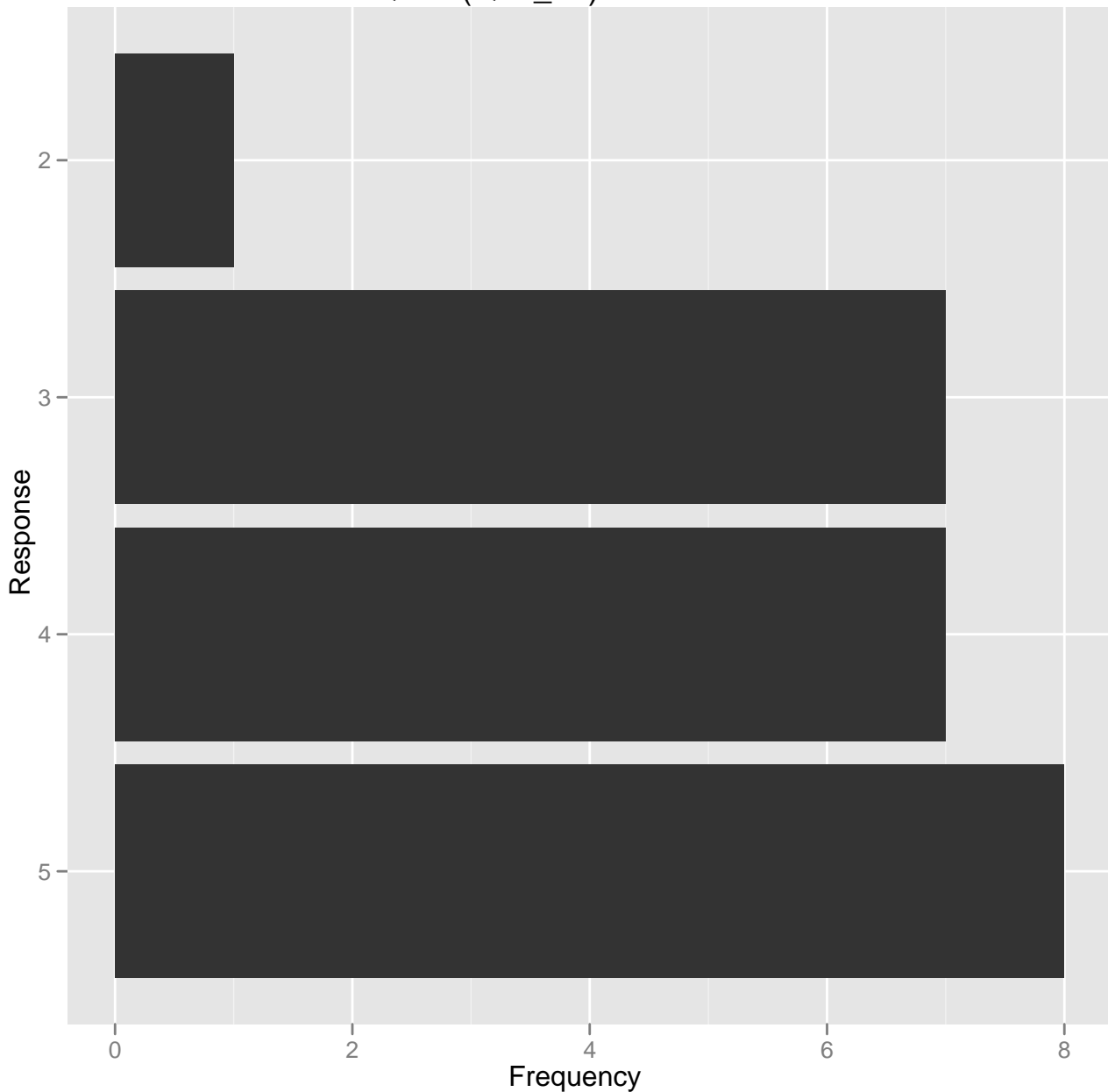
Q142 (Q61\_14):Inspired



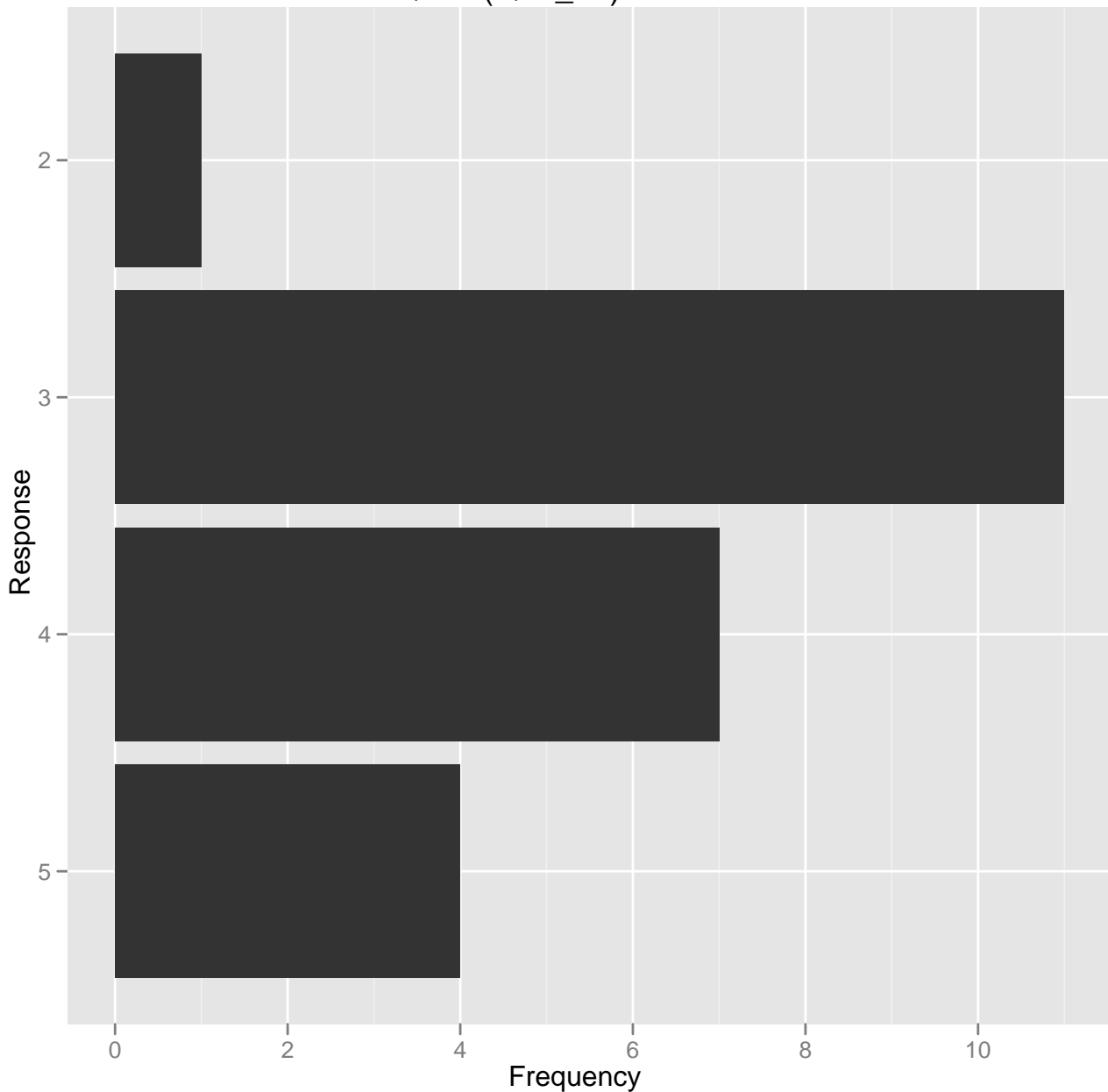
# Q143 (Q61\_15):Nervous



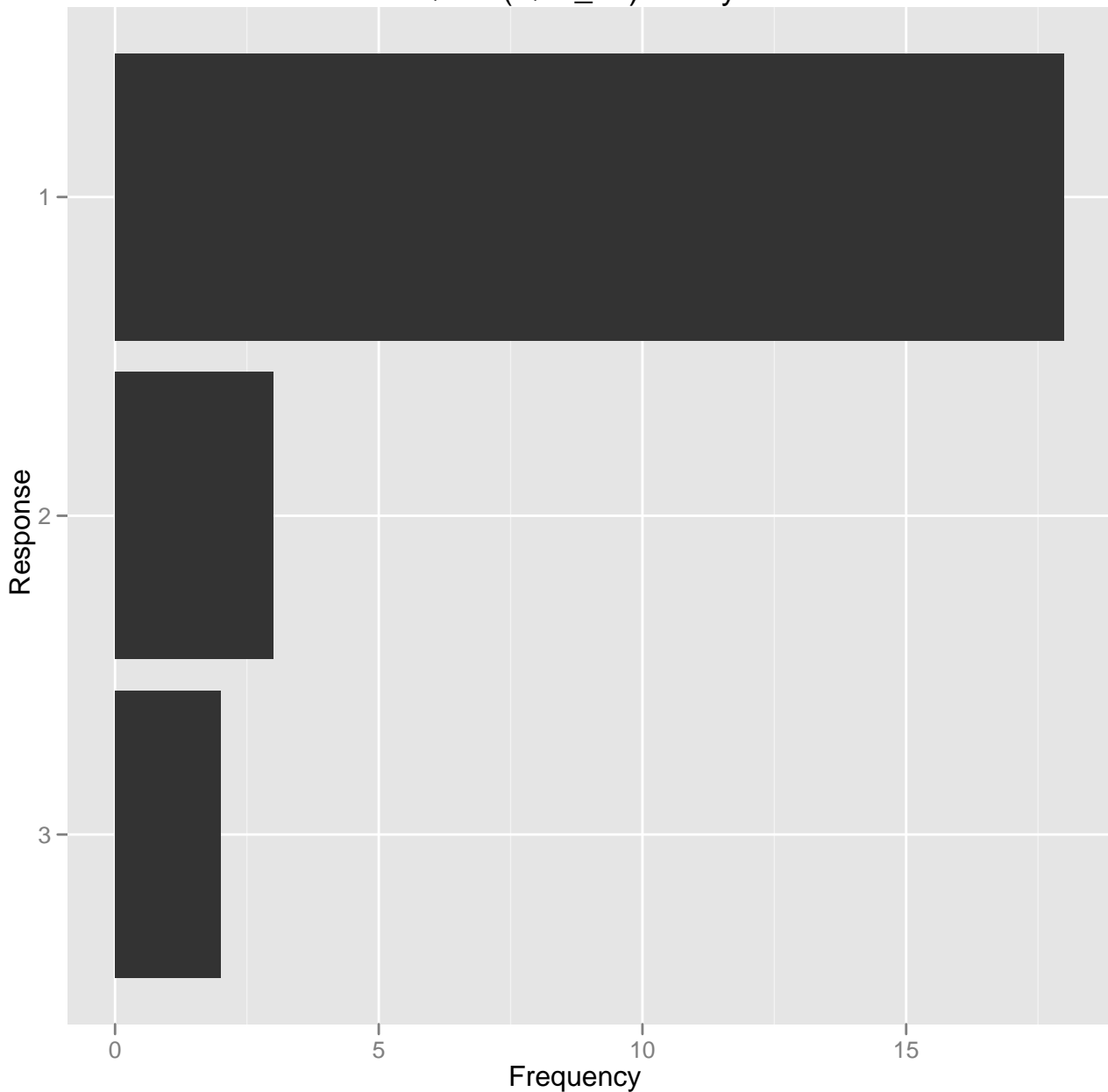
Q144 (Q61\_16):Determined



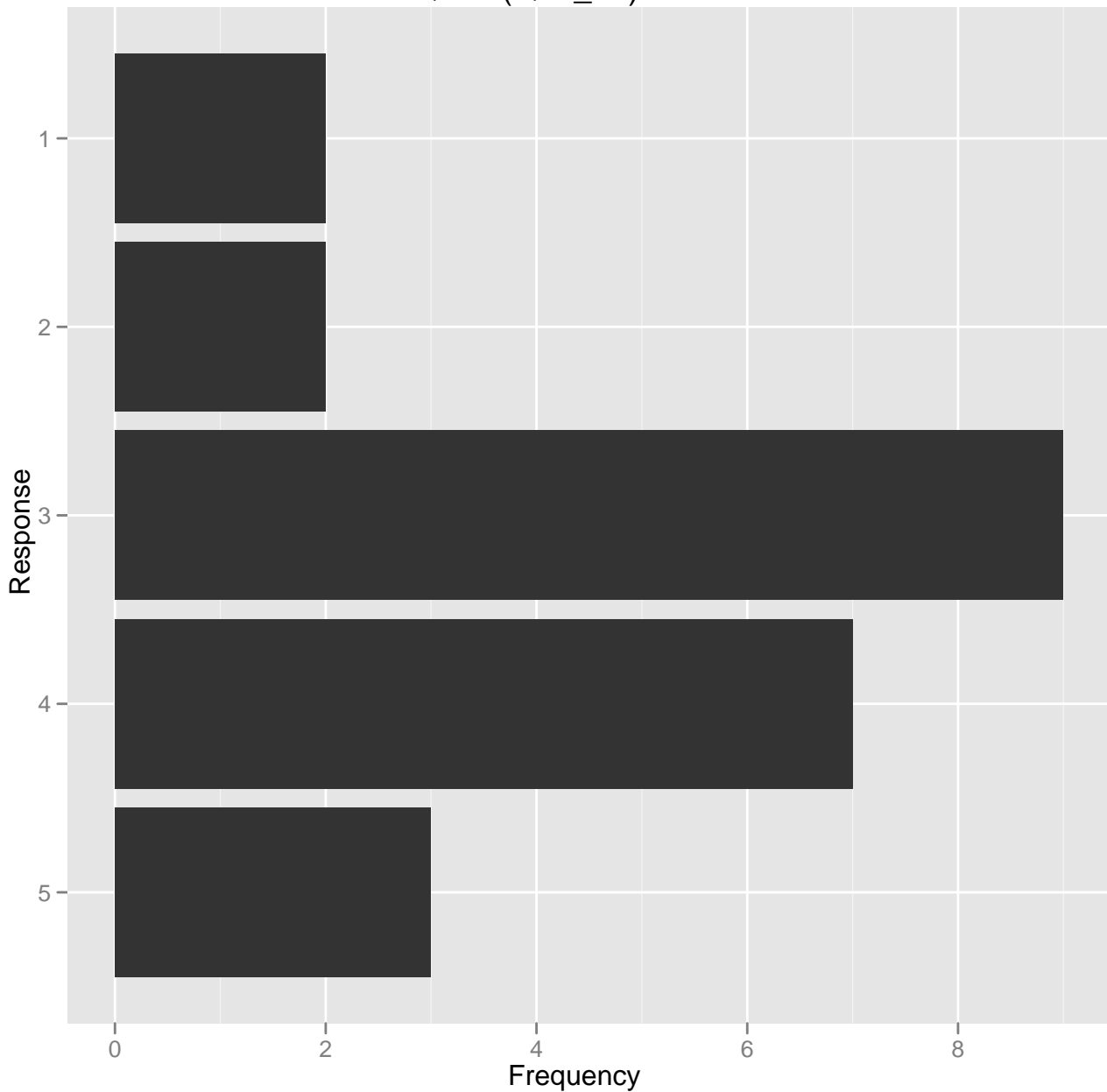
Q145 (Q61\_17):Attentive



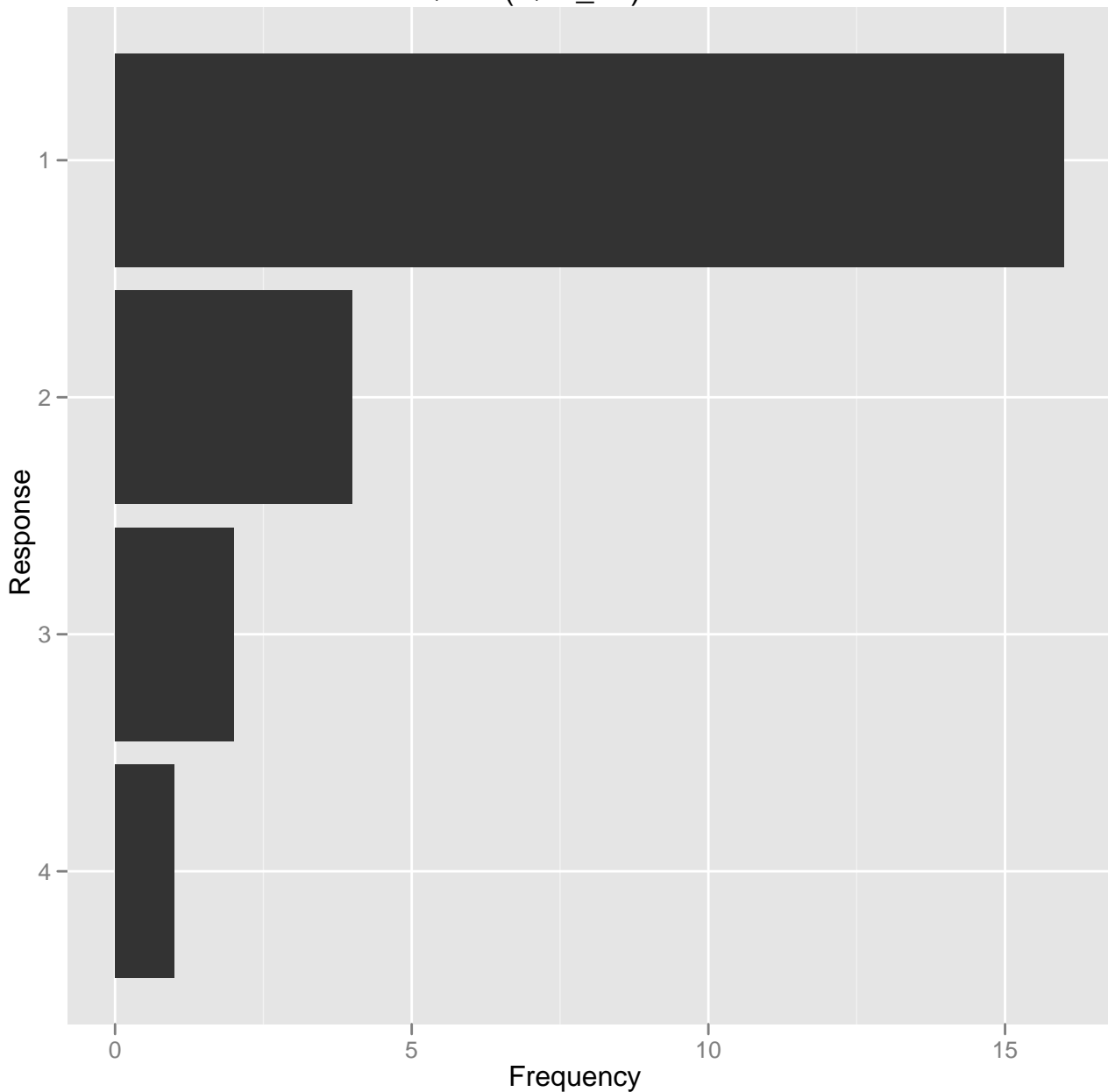
Q146 (Q61\_18):Jittery



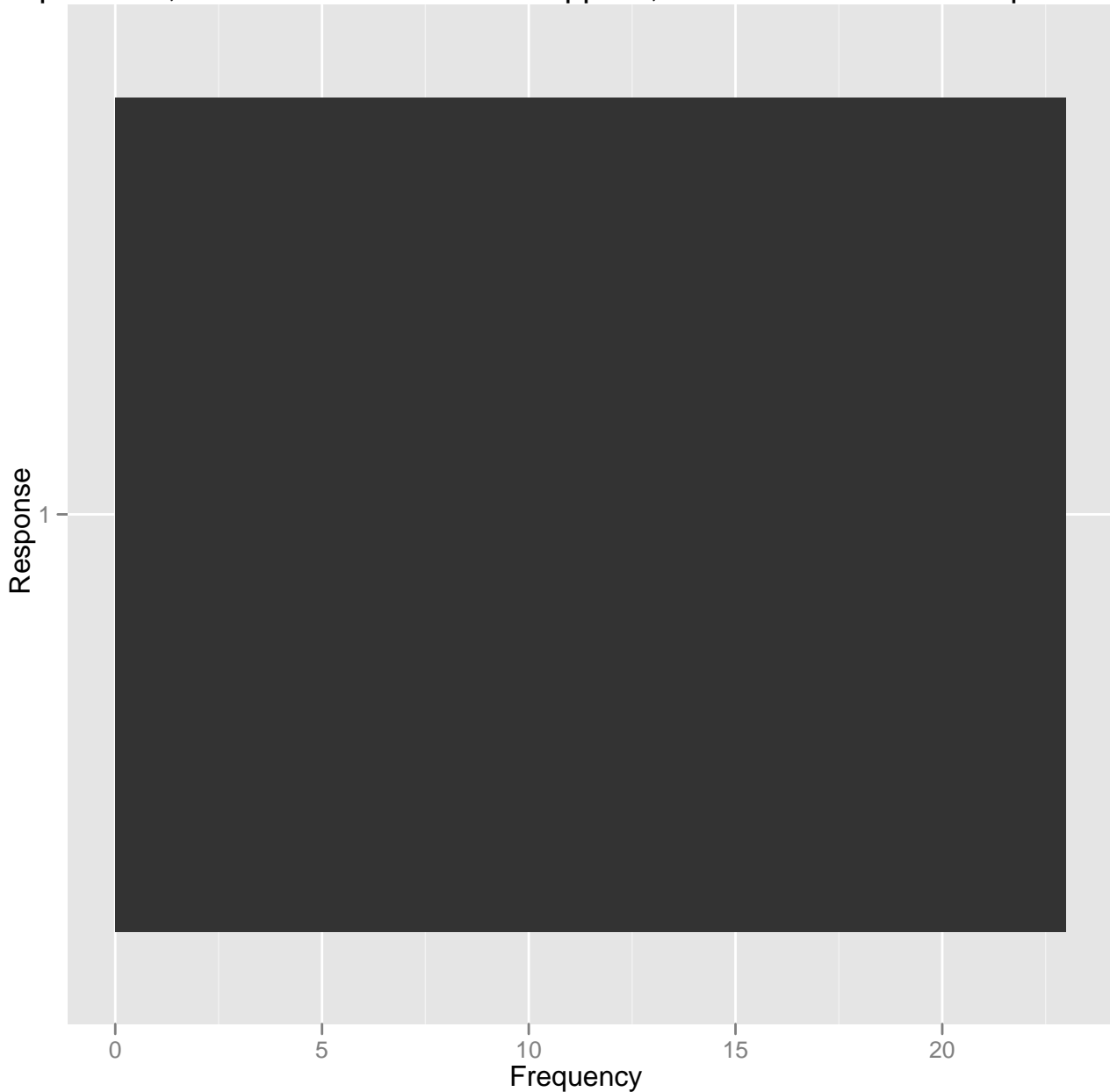
Q147 (Q61\_19):Active



Q148 (Q61\_20):Afraid

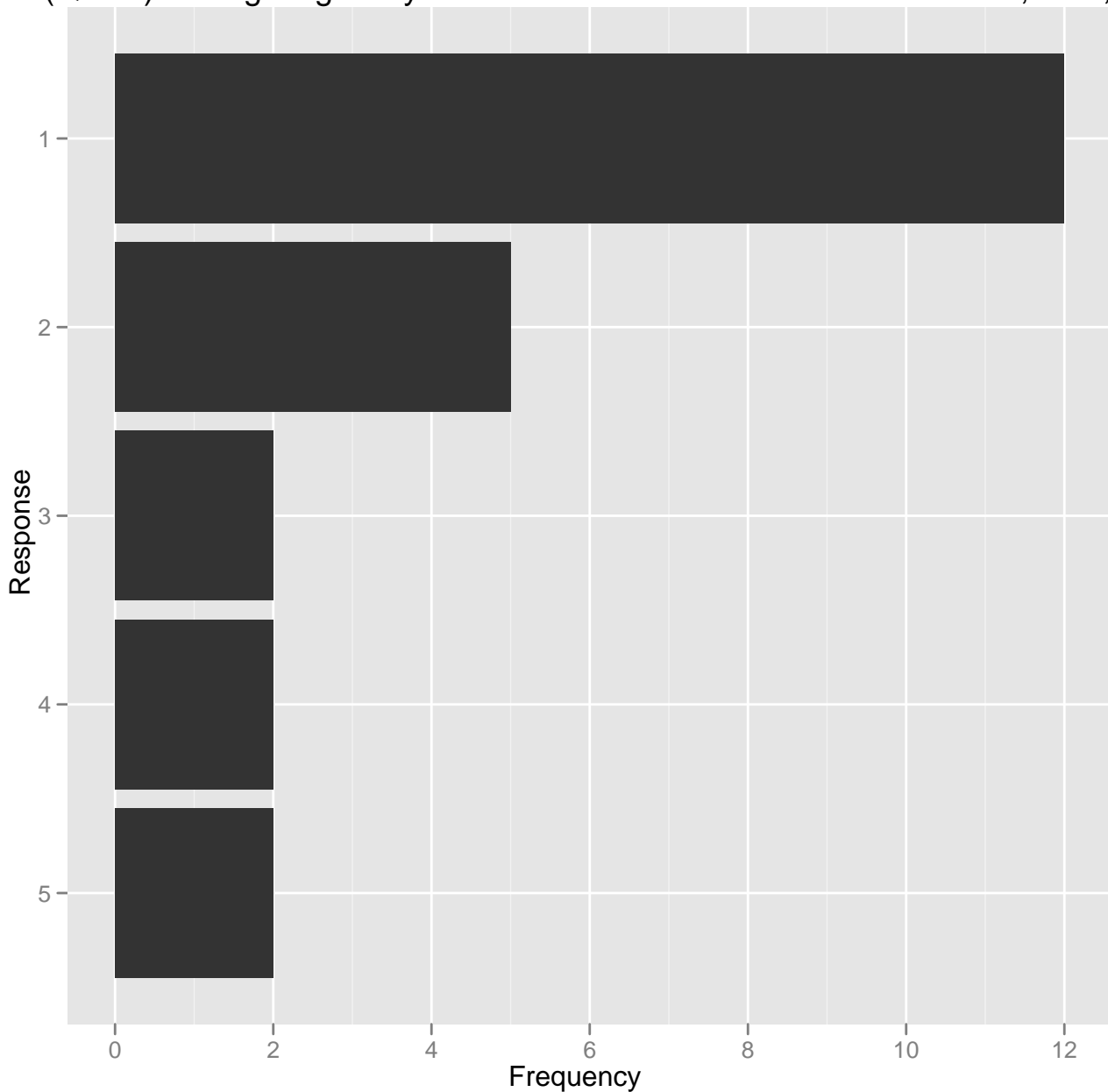


all questions, if more than one answer applies, choose the one most representative

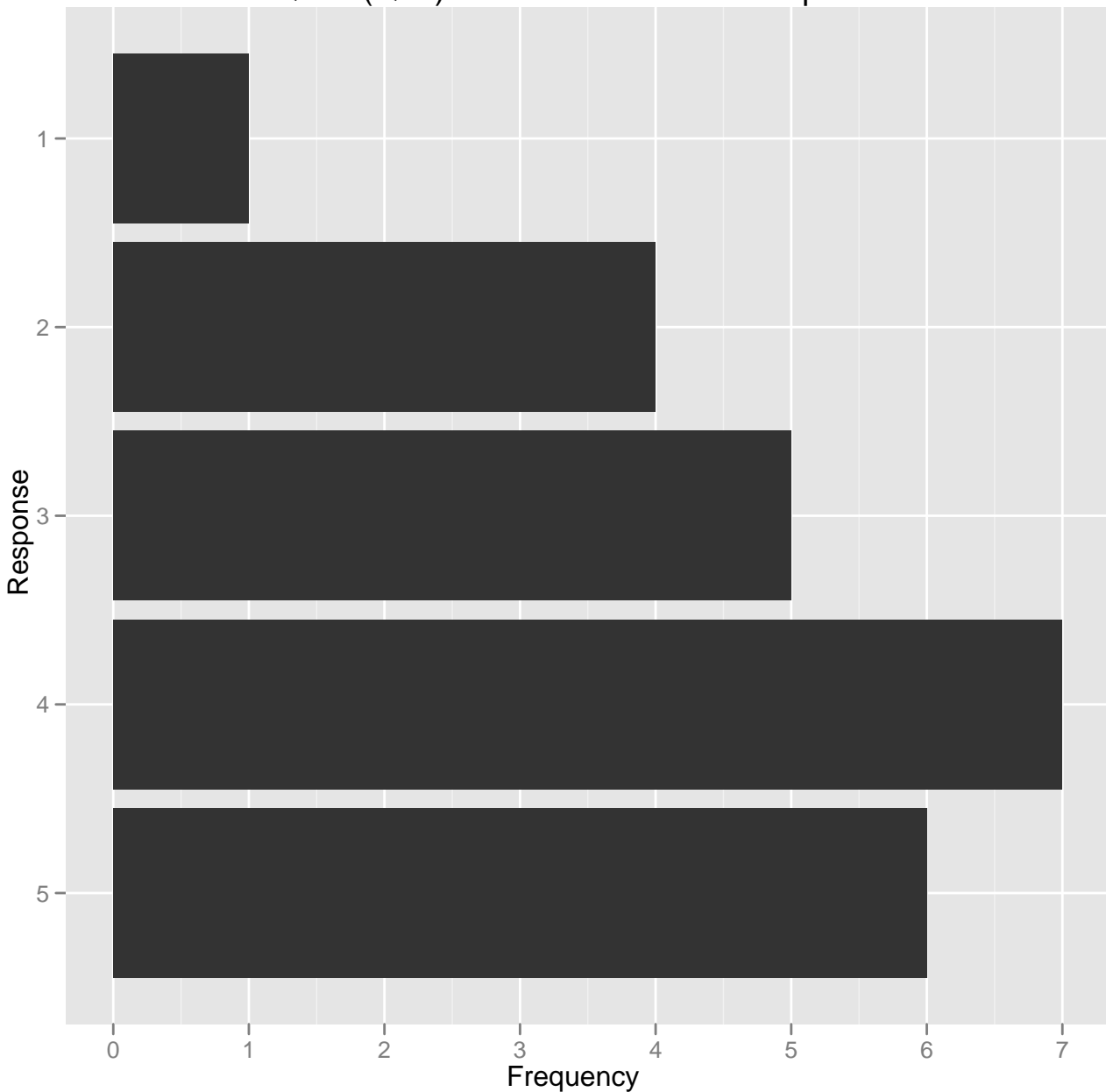




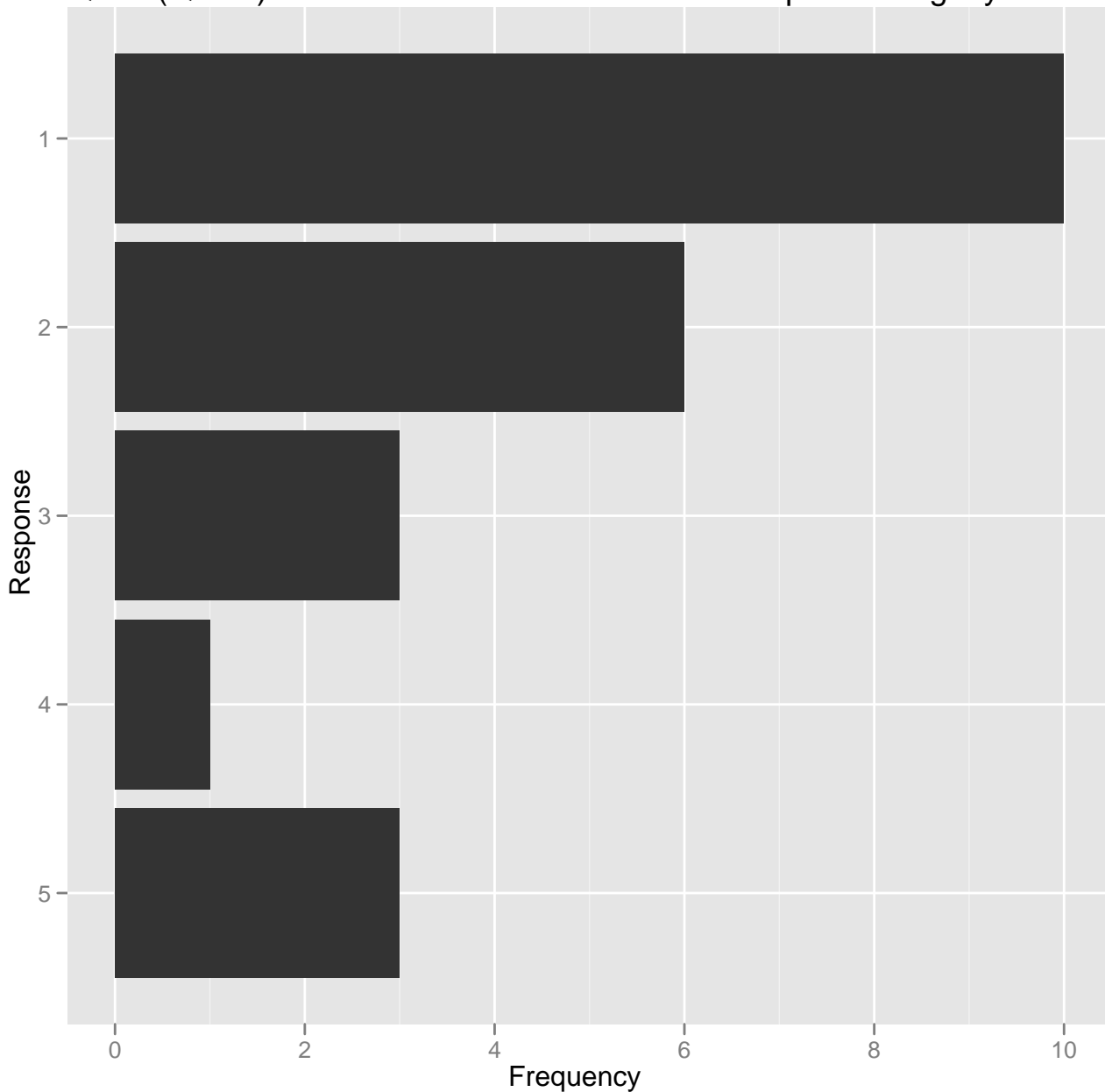
150 (Q33.1):The lighting in my labor and birth environment was dimmed, dark, or c



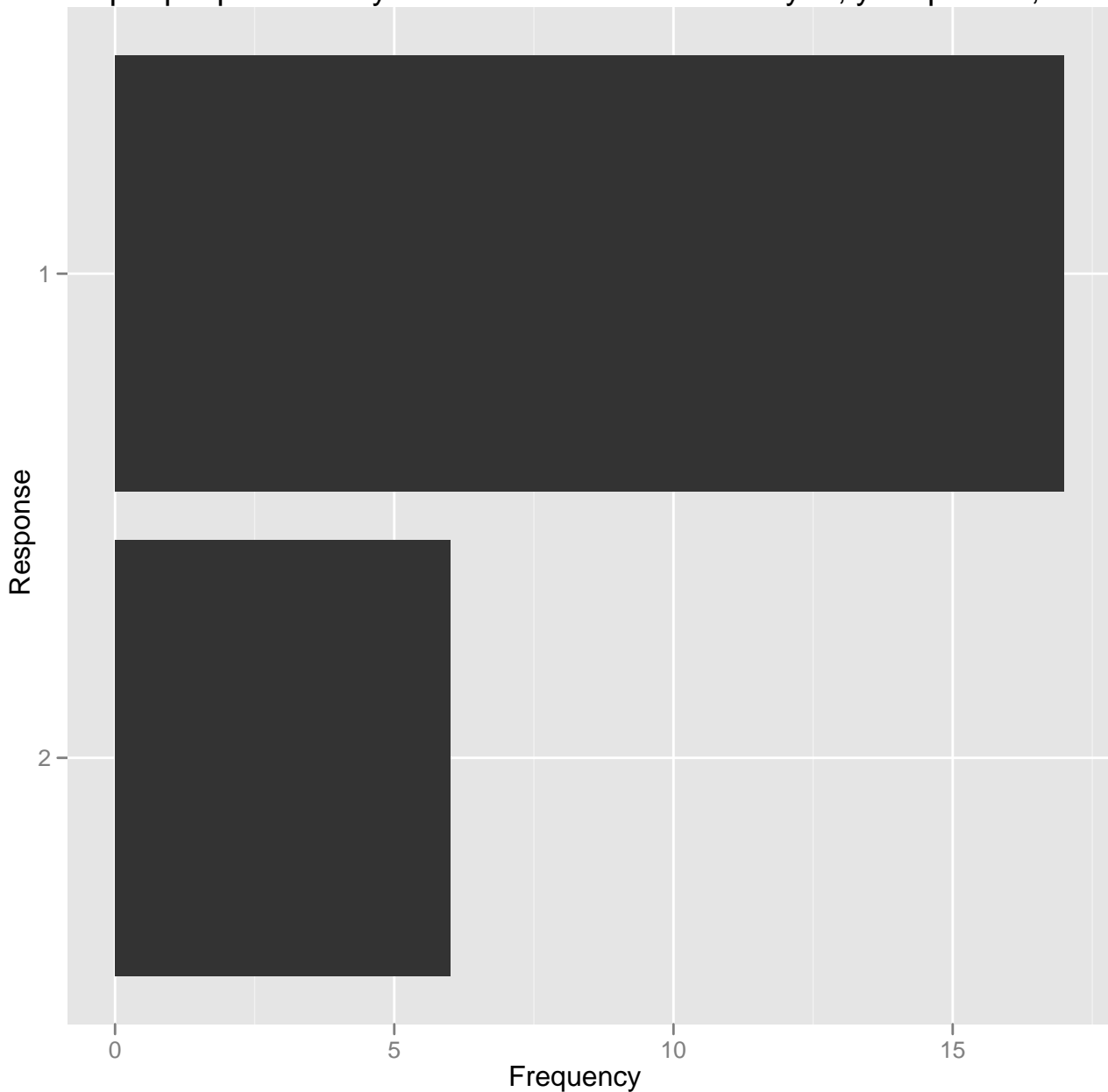
Q151 (Q34):I labored in a confined space



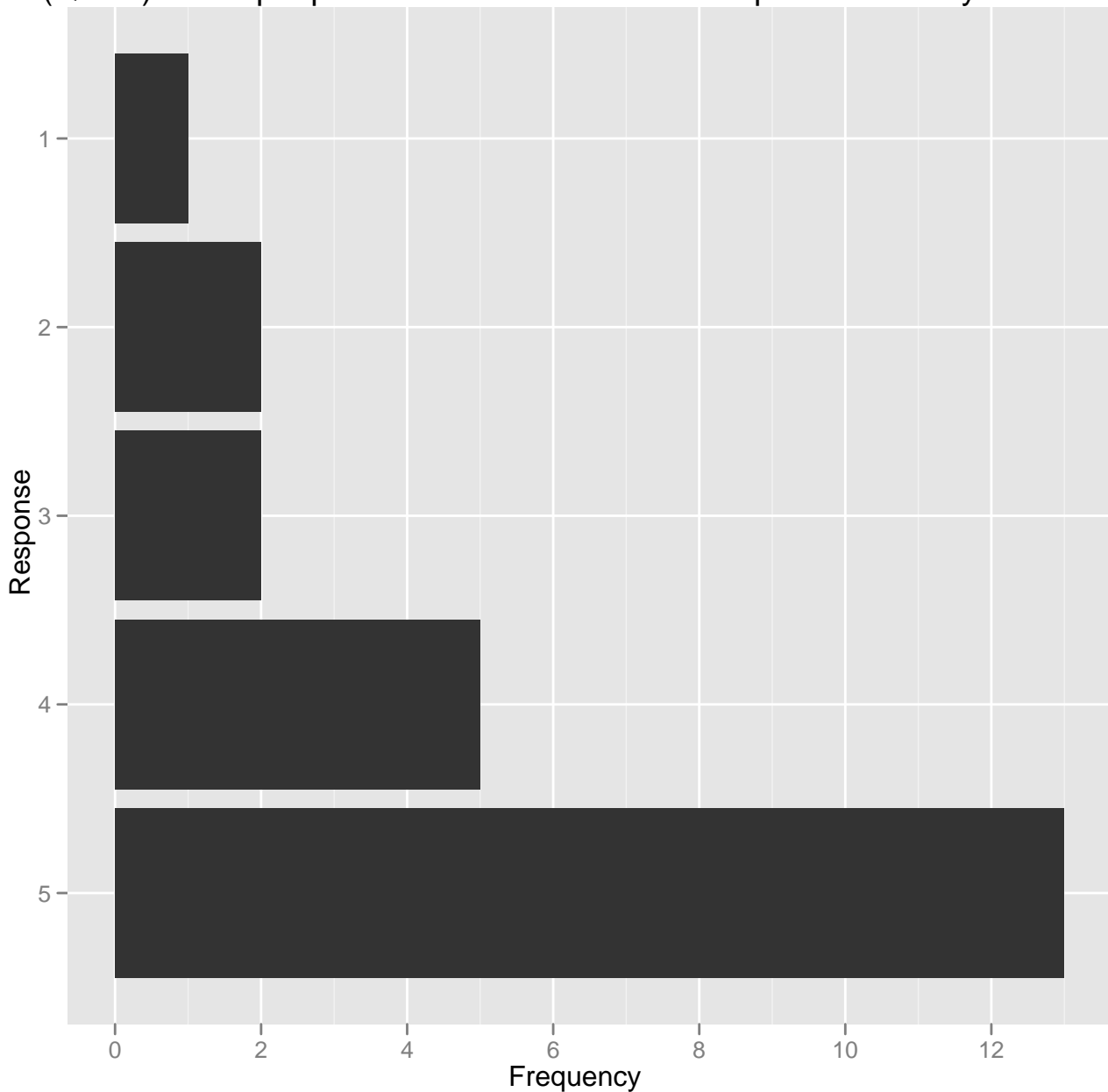
# Q152 (Q35.1):I used water to relax and/or relieve pain during my labor



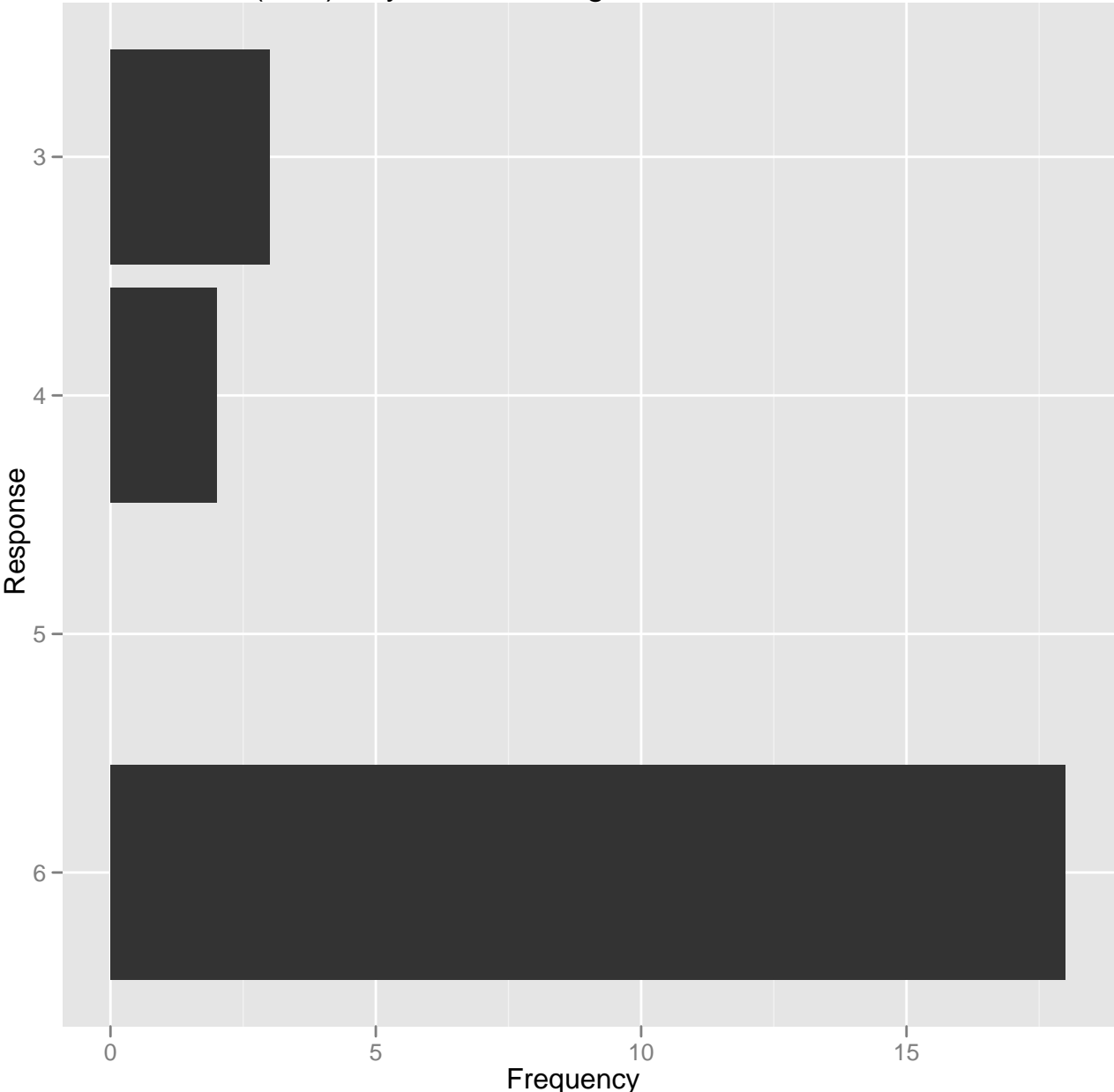
Are there people present at your labor and birth besides you, your partner, and you



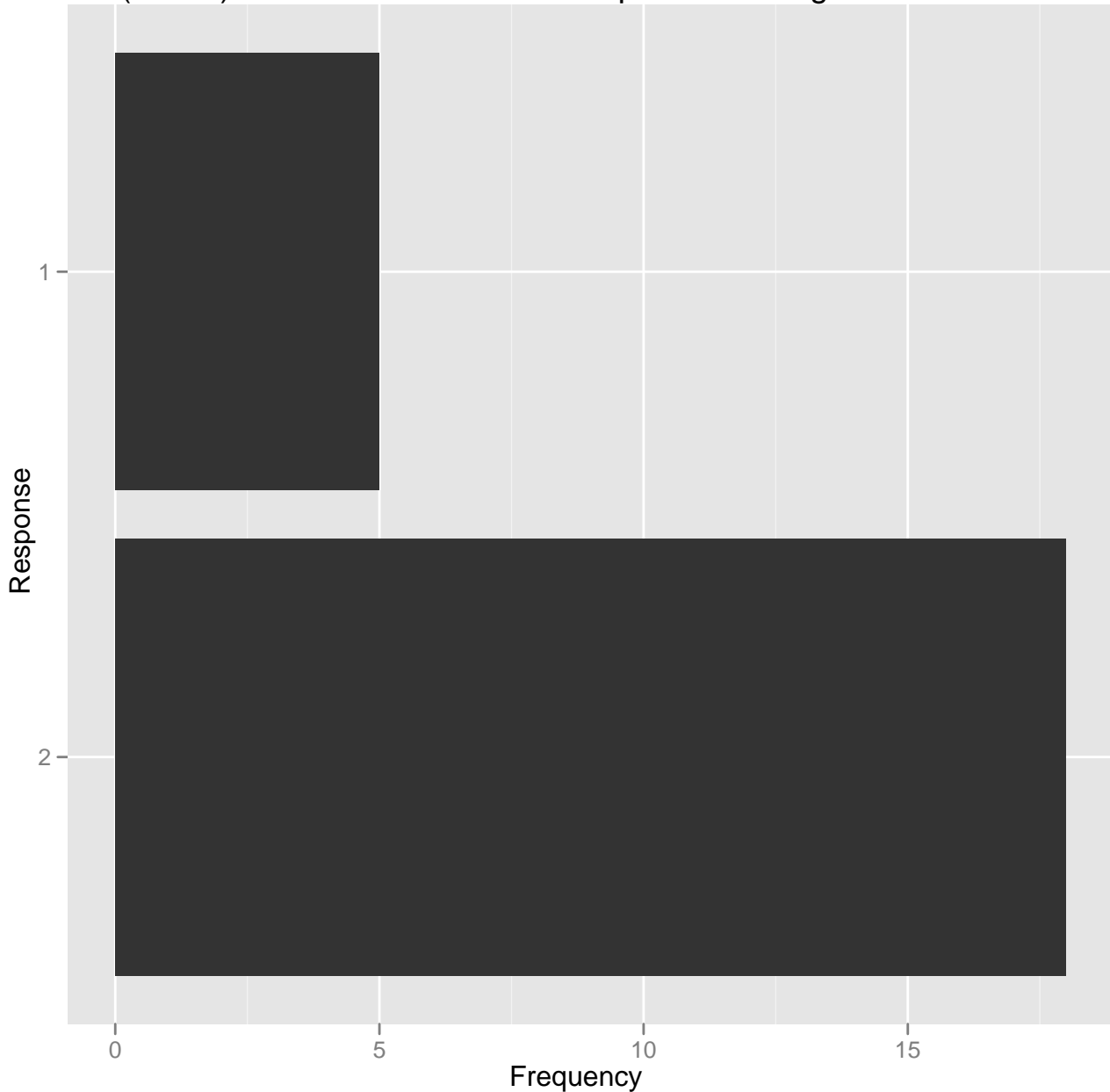
154 (Q37.1):Some people contributed an unwelcome presence to my labor and bir



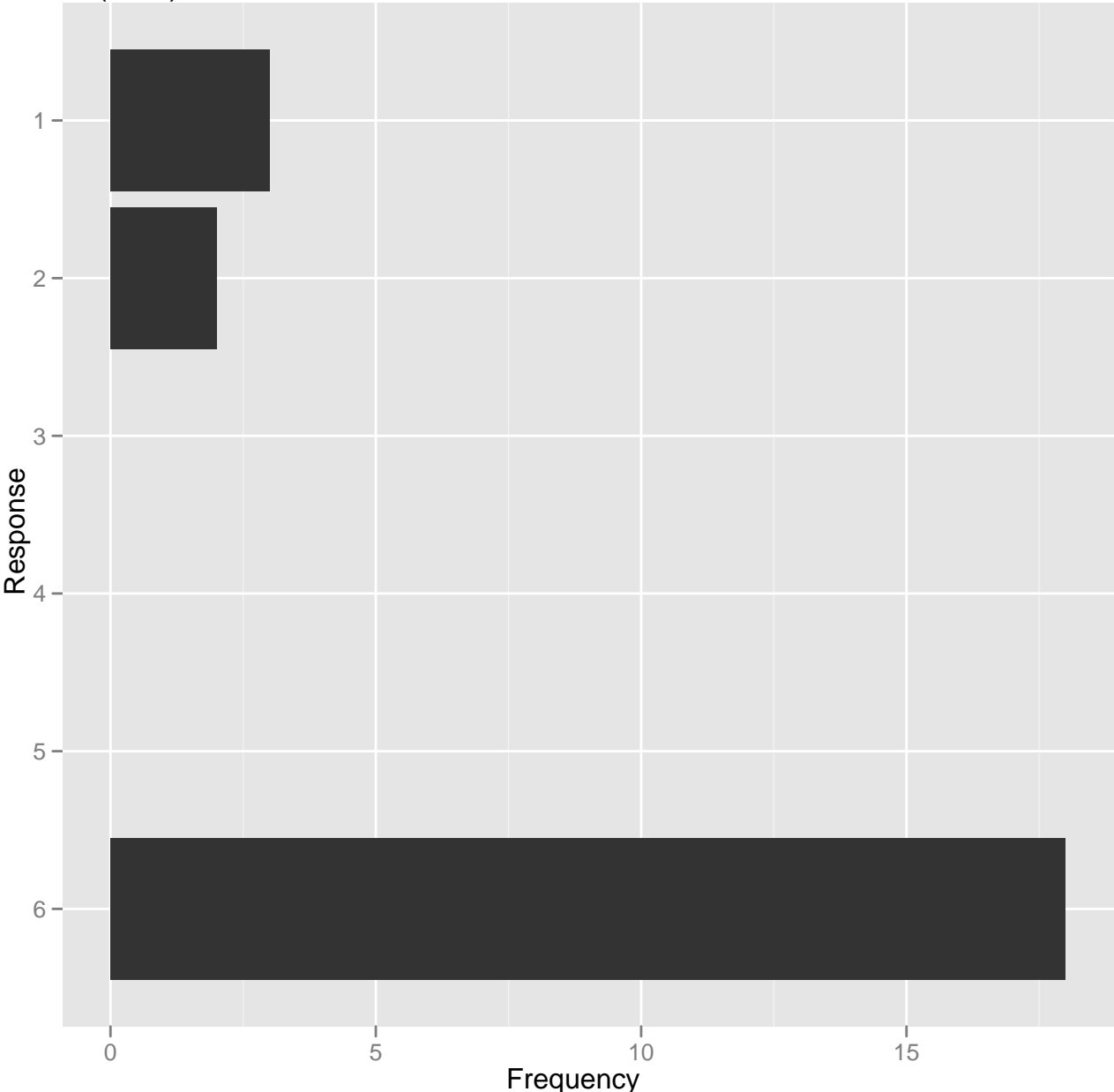
Q155 (Q38):Any unwelcome guests were asked to leave



Q156 (Q39.1):Were there other children present during the labor and birth?

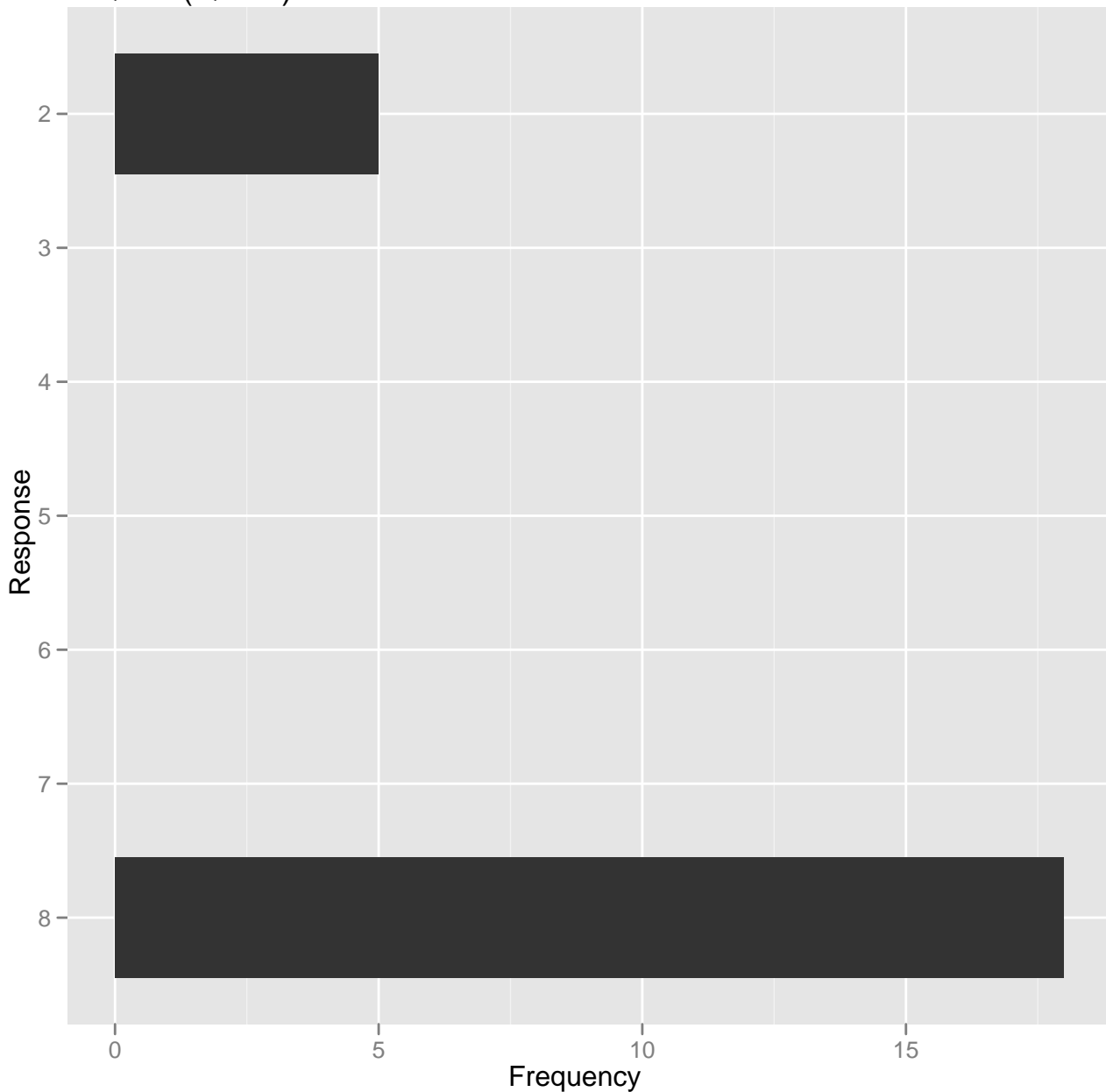


Q157 (Q40):Choose what best describes the children's overall level of interest

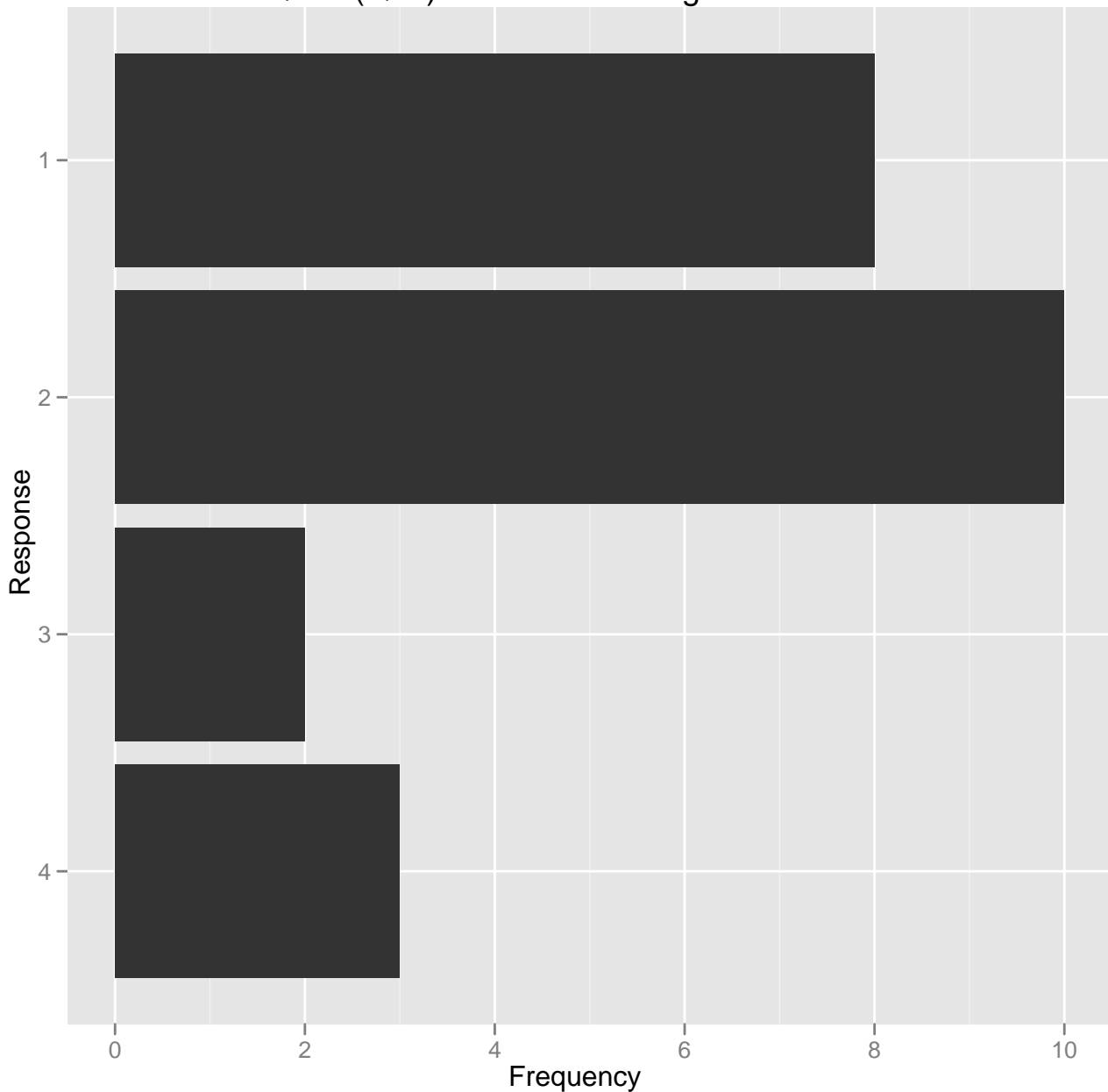




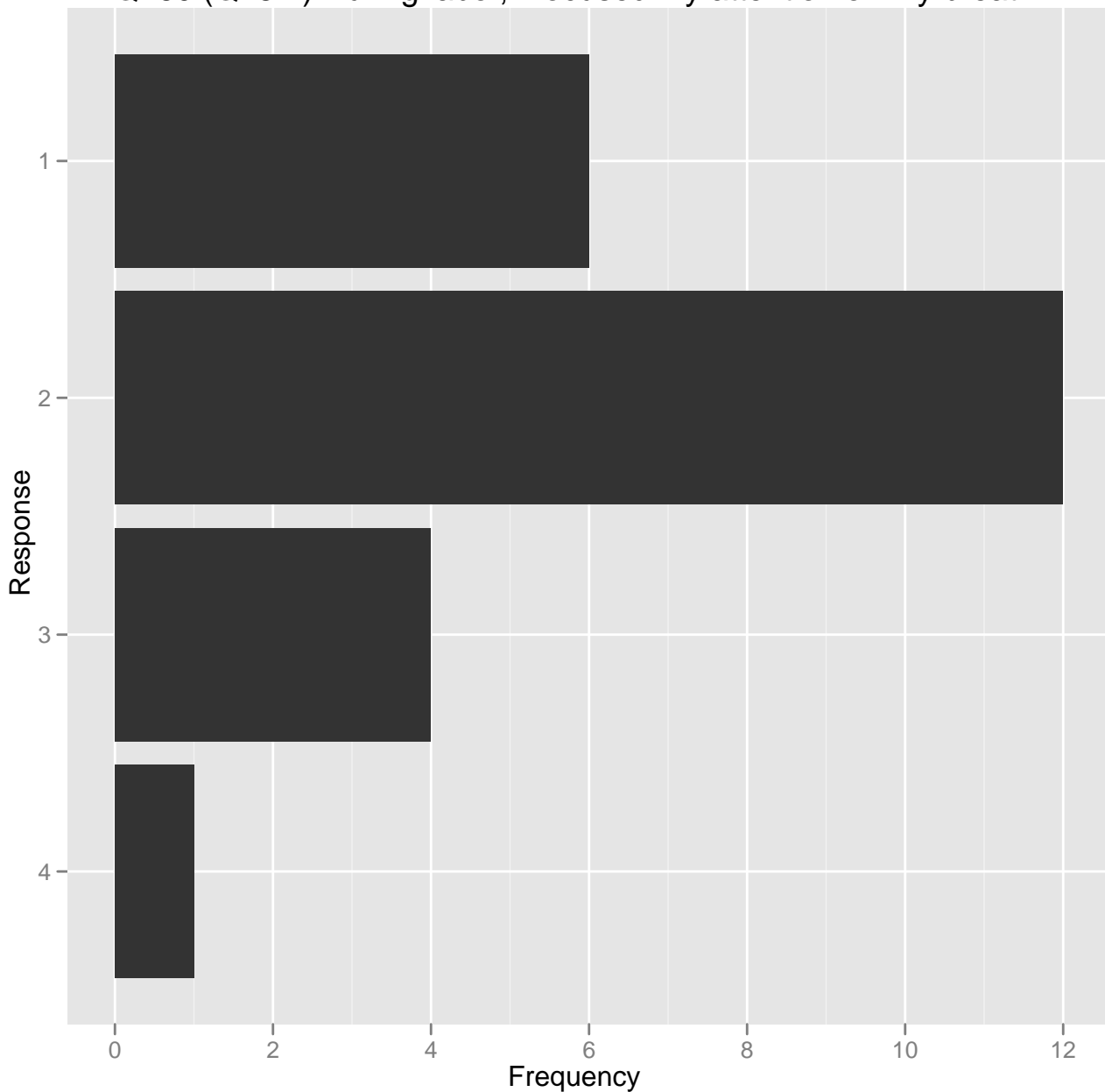
Q158 (Q41.1):Choose what best describes the children's reactions



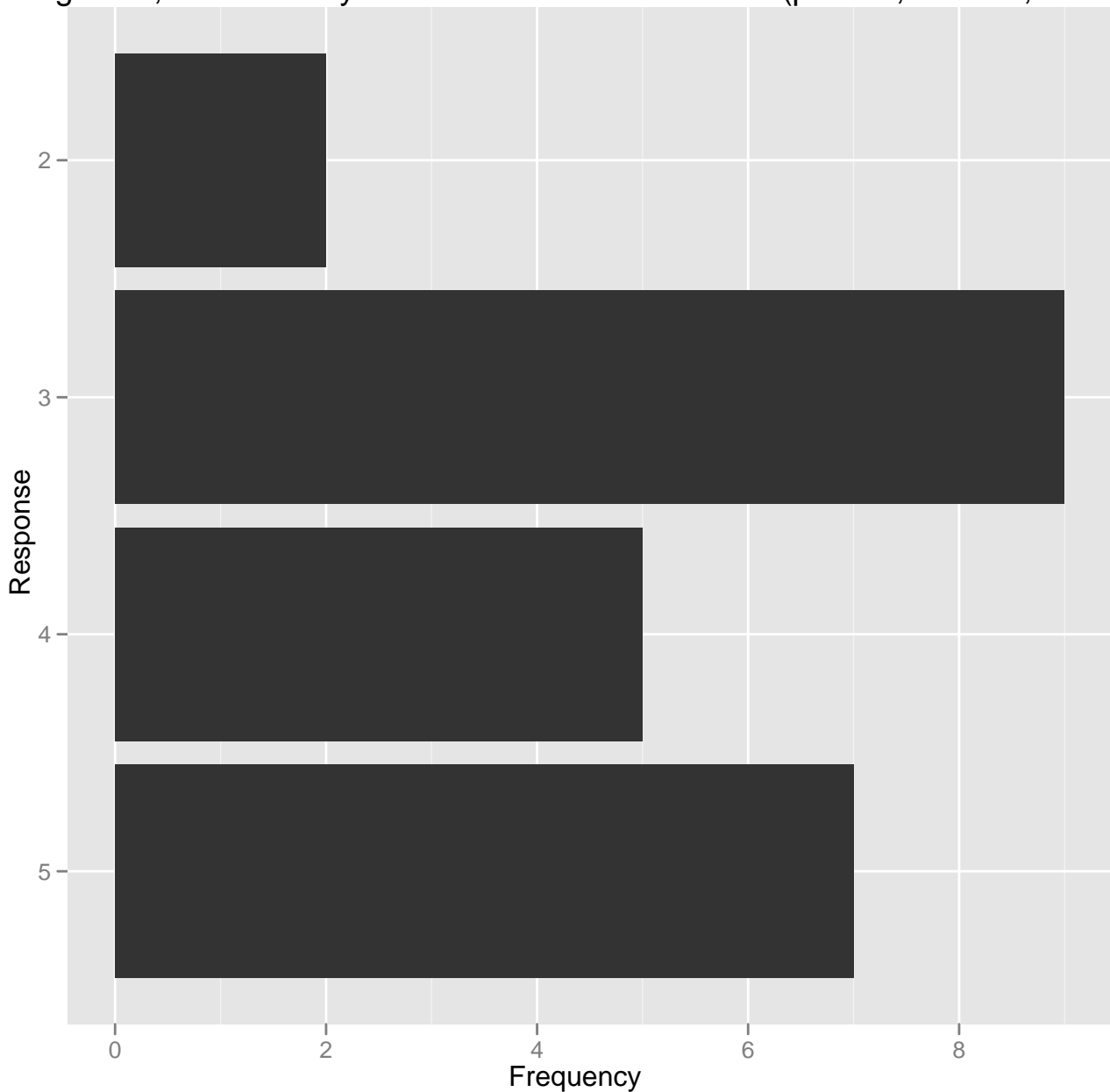
# Q159 (Q42):I vocalized during contractions



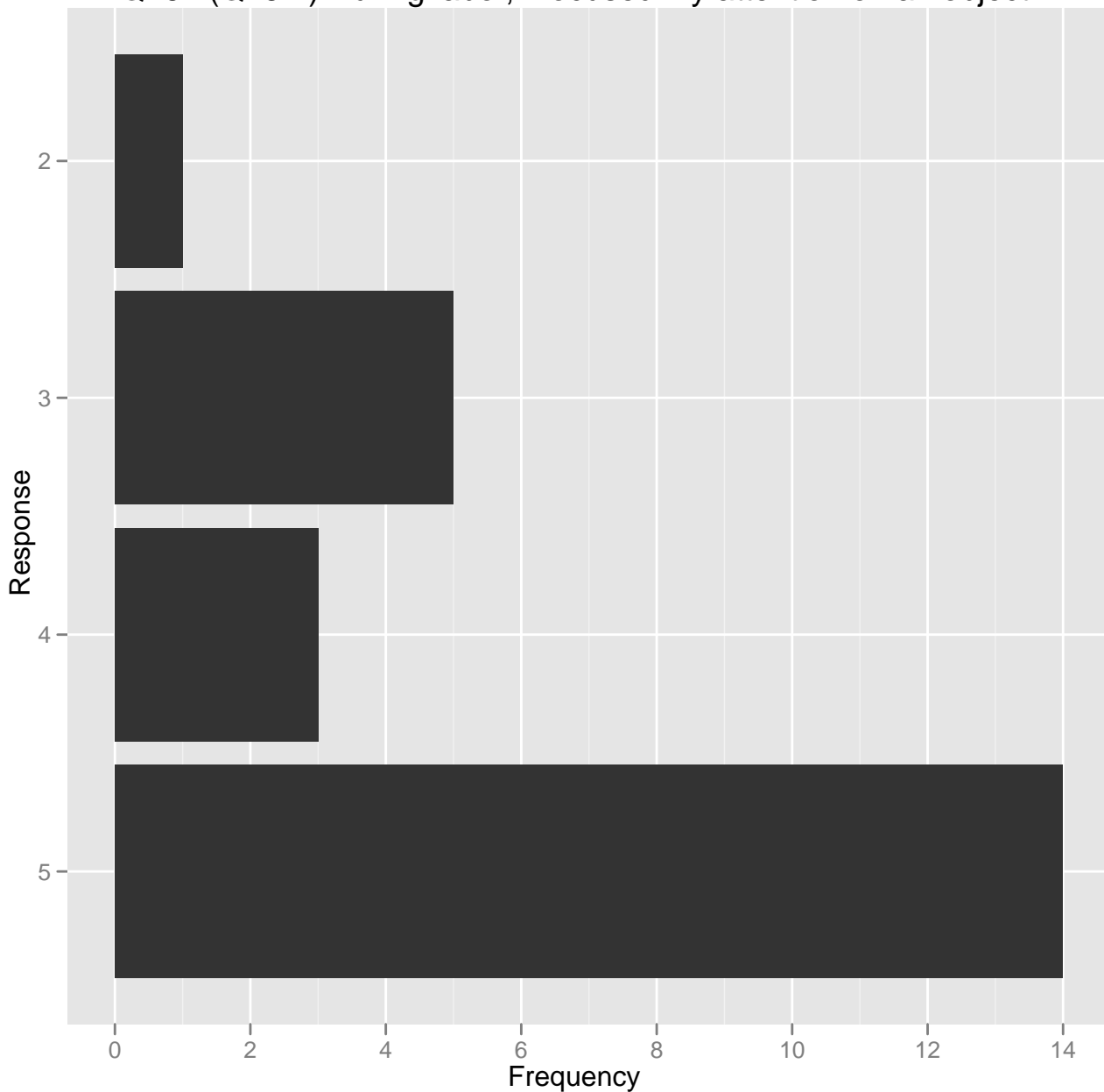
Q160 (Q43.1):During labor, I focused my attention on my breath



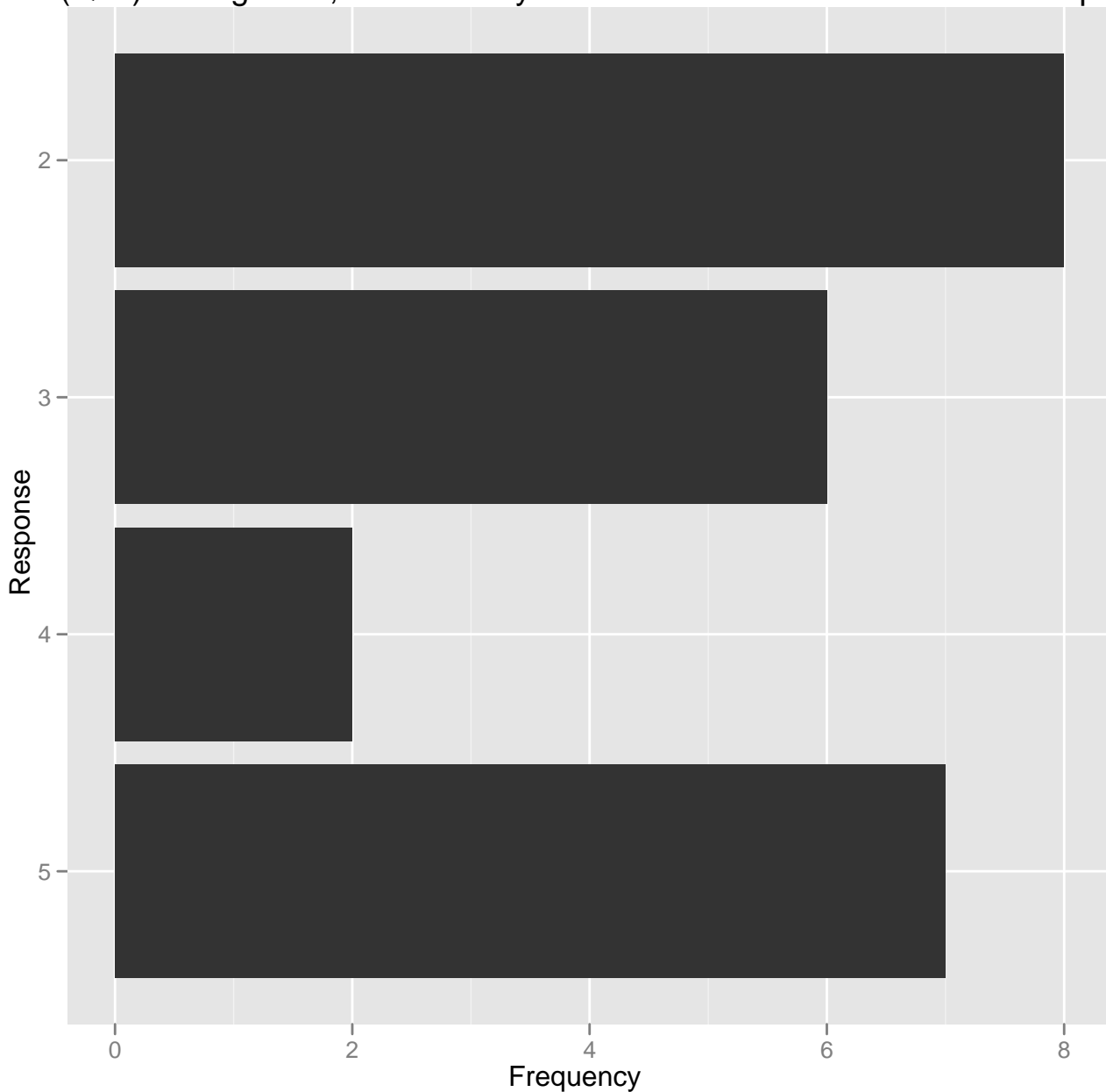
During labor, I focused my attention on someone's face (partner, midwife, doula, so



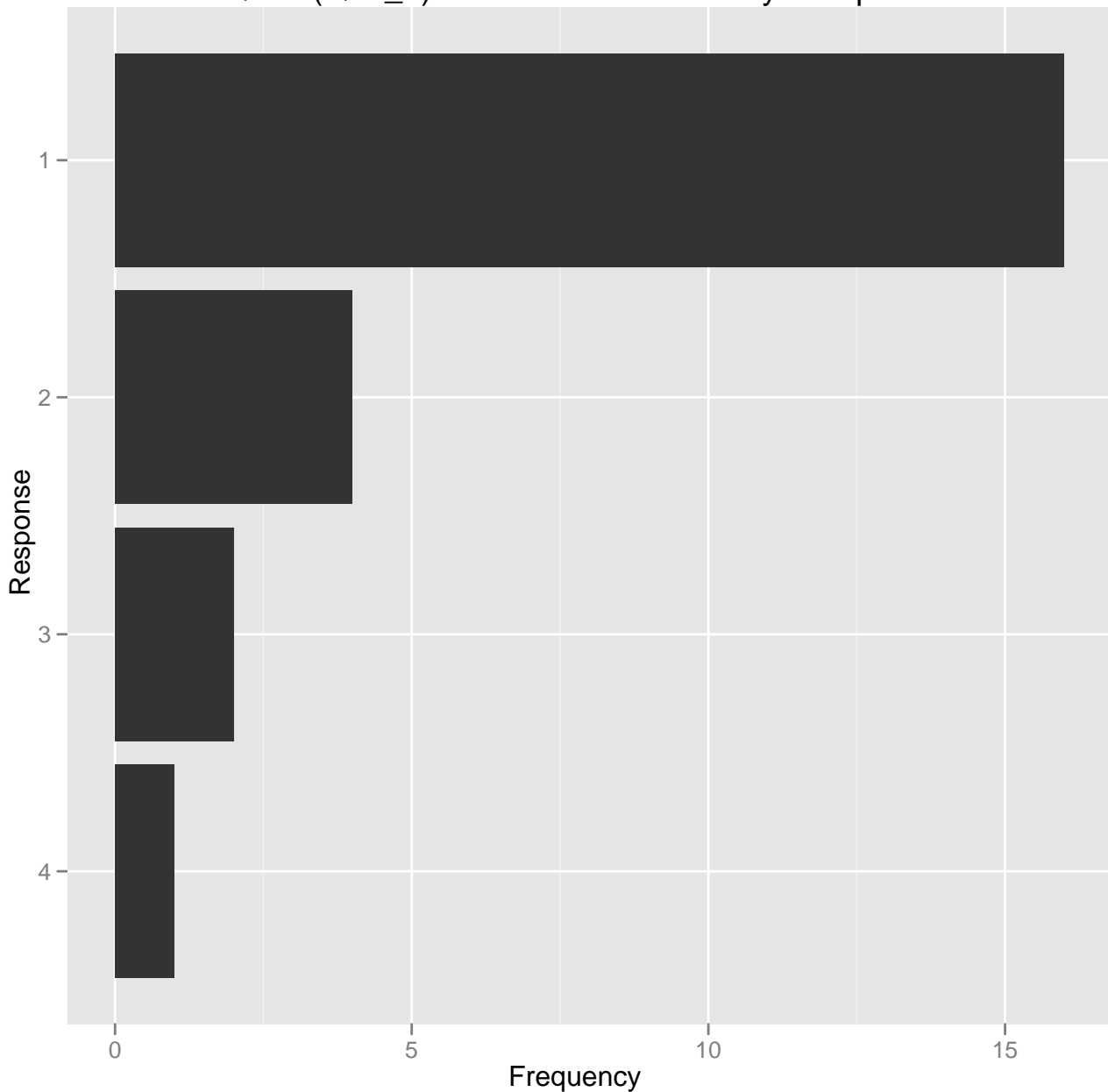
Q162 (Q45.1):During labor, I focused my attention on an object



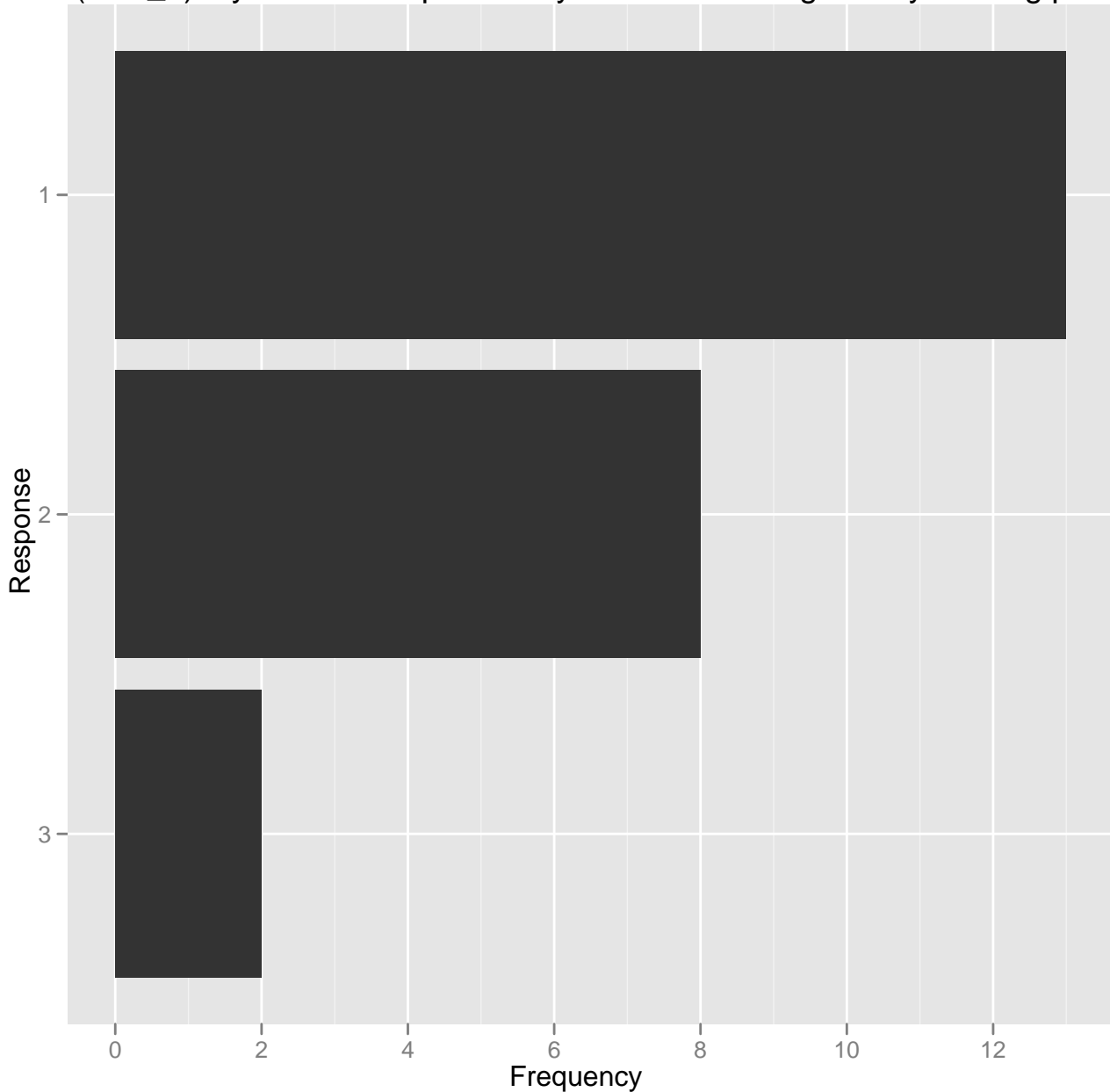
Q163 (Q46):During labor, I focused my attention on a mantra or motivational phras



# Q164 (Q47\_1):I could take labor at my own pace

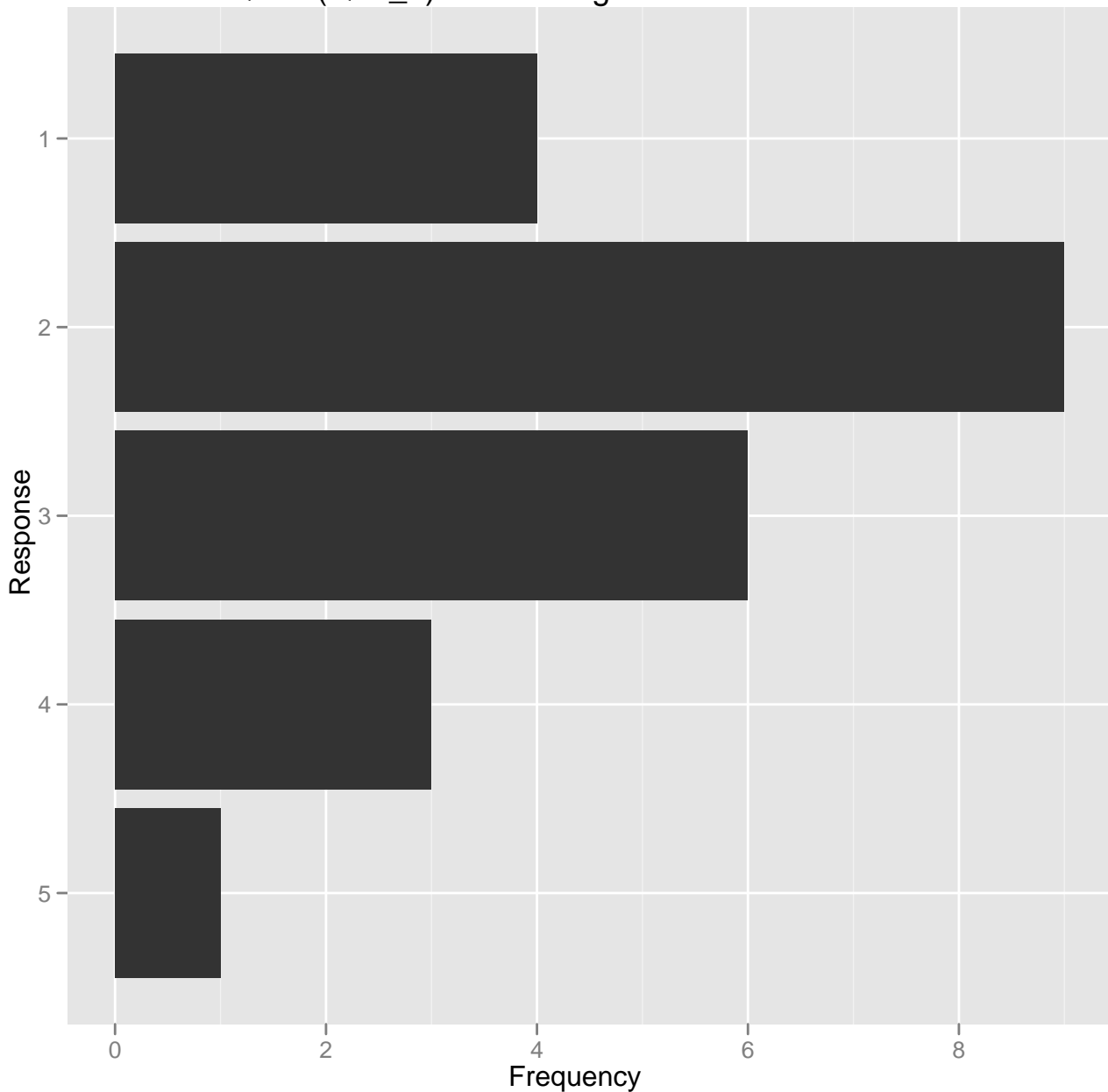


Q165 (Q47\_2):My midwife respected my innate knowledge of my birthing process

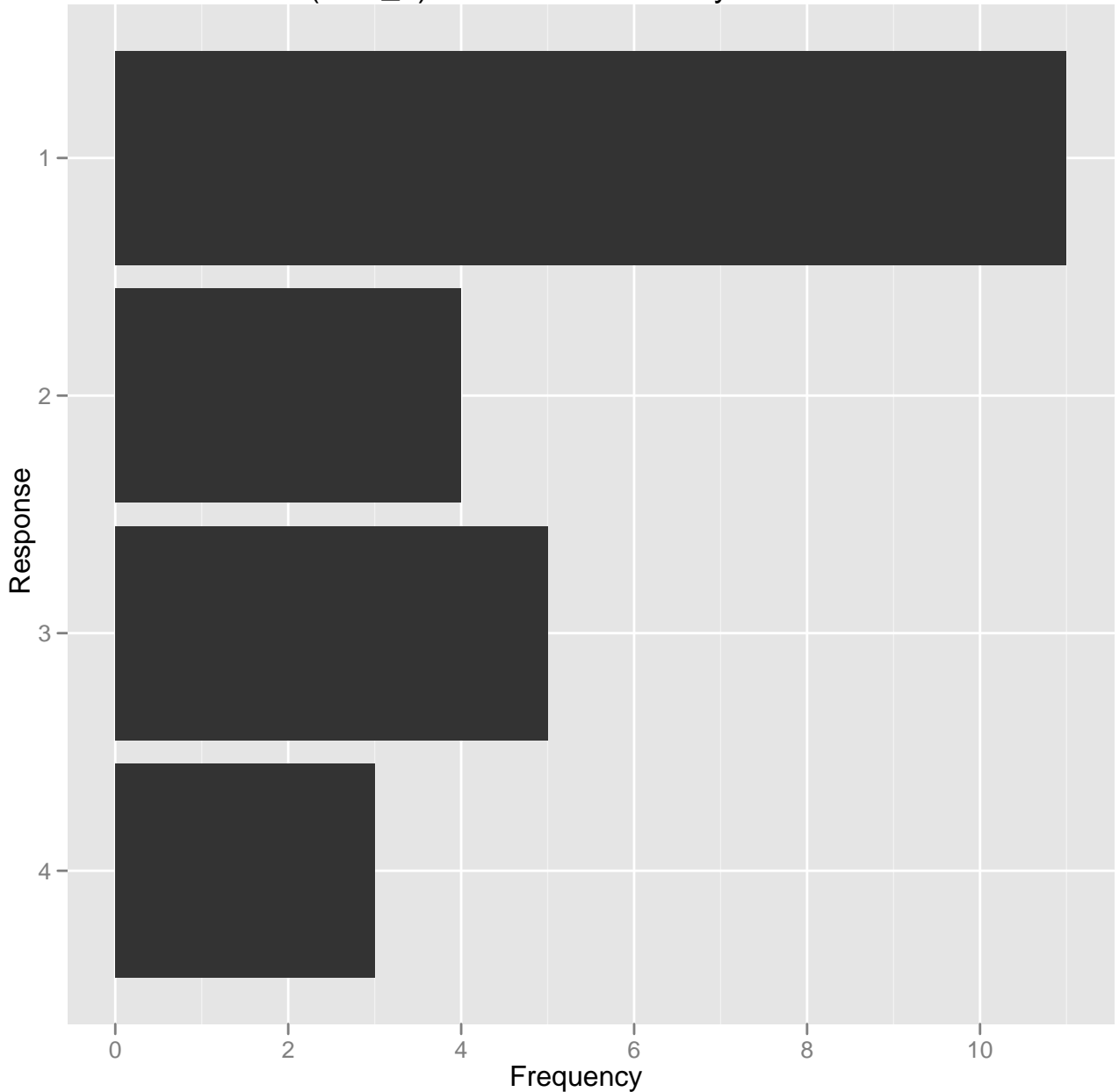




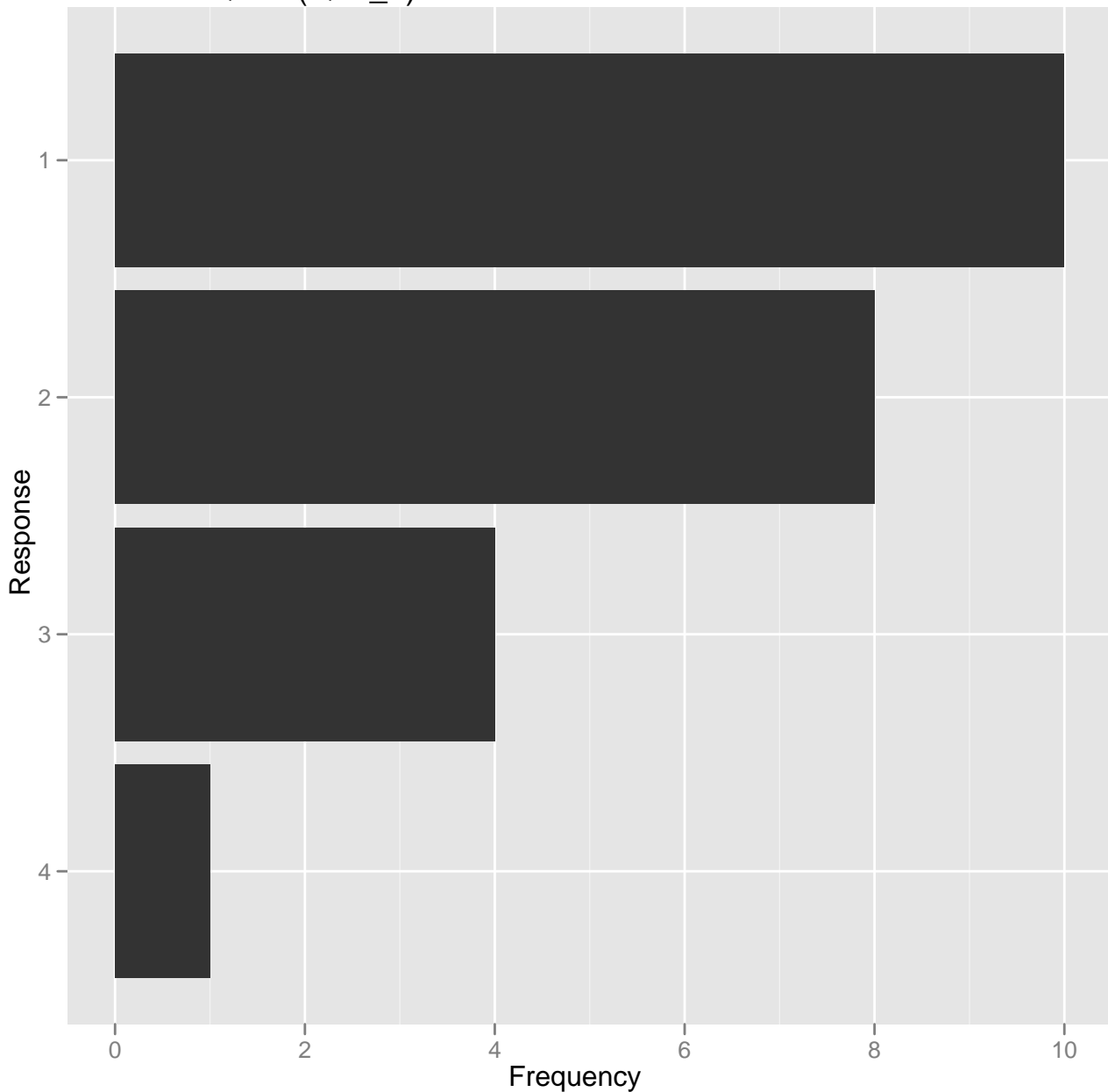
# Q166 (Q47\_3):I was being observed or watched



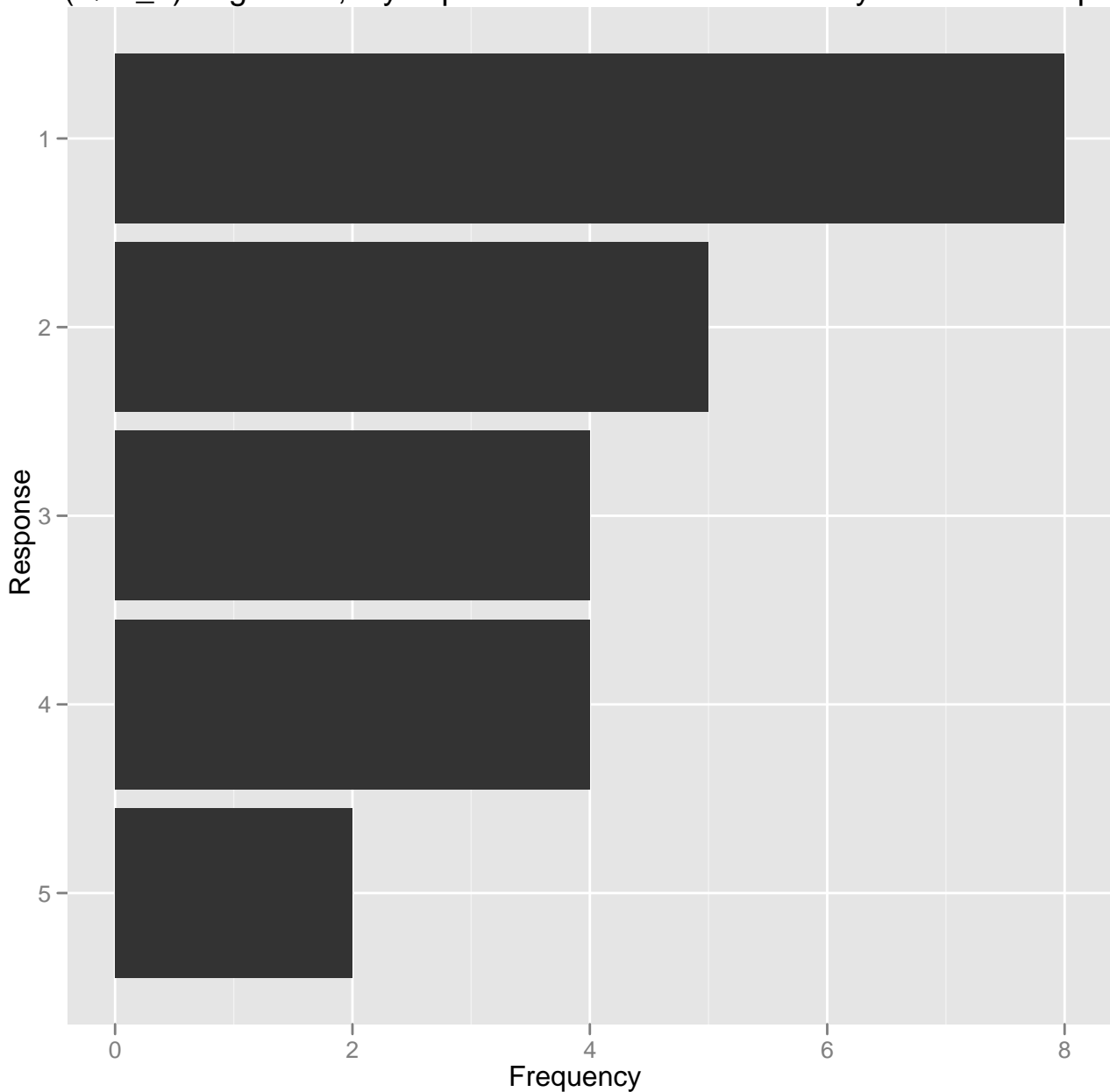
# Q167 (Q47\_4):I felt in control of my own behavior



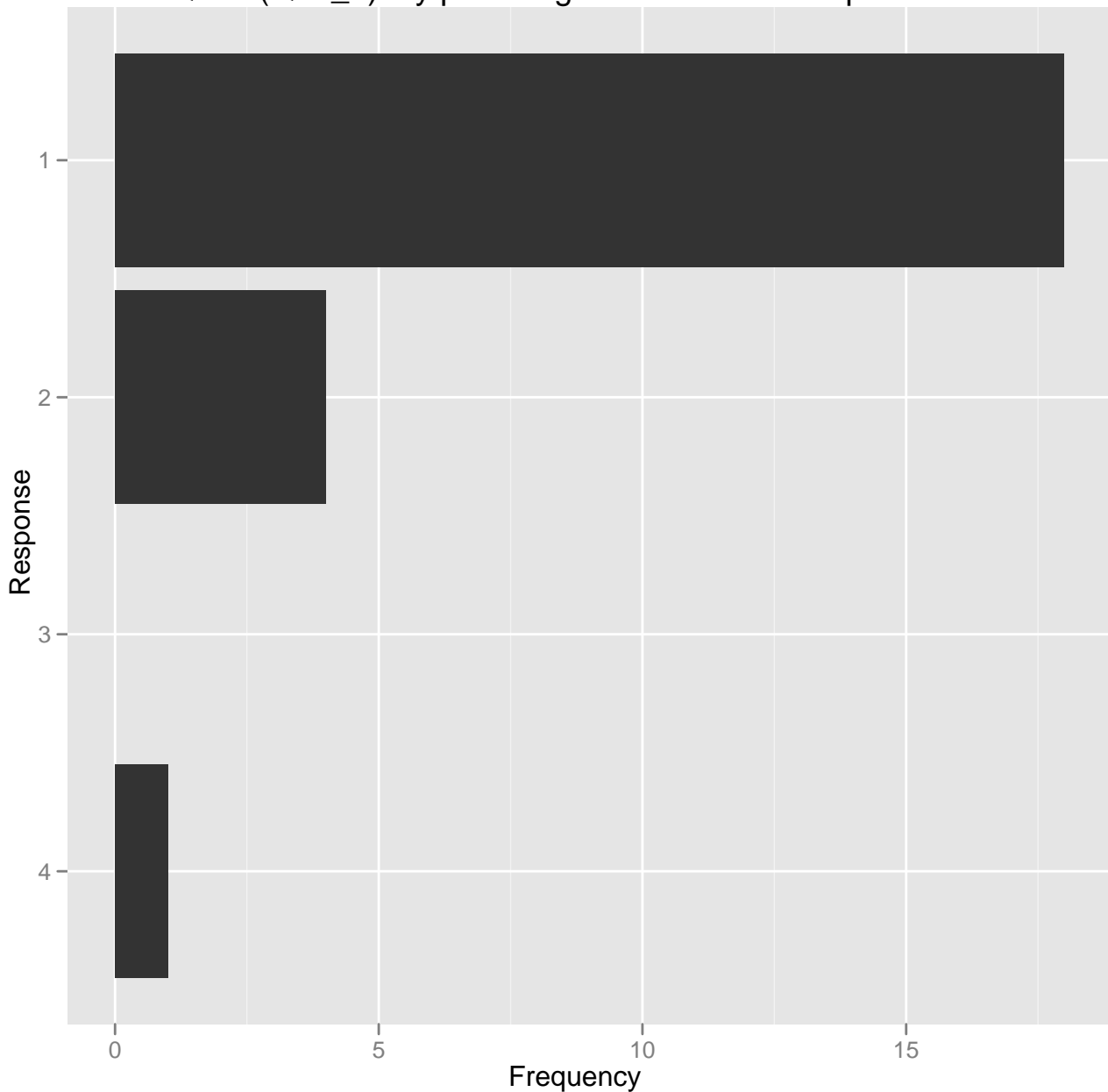
Q168 (Q47\_5):I felt in control of the care I received



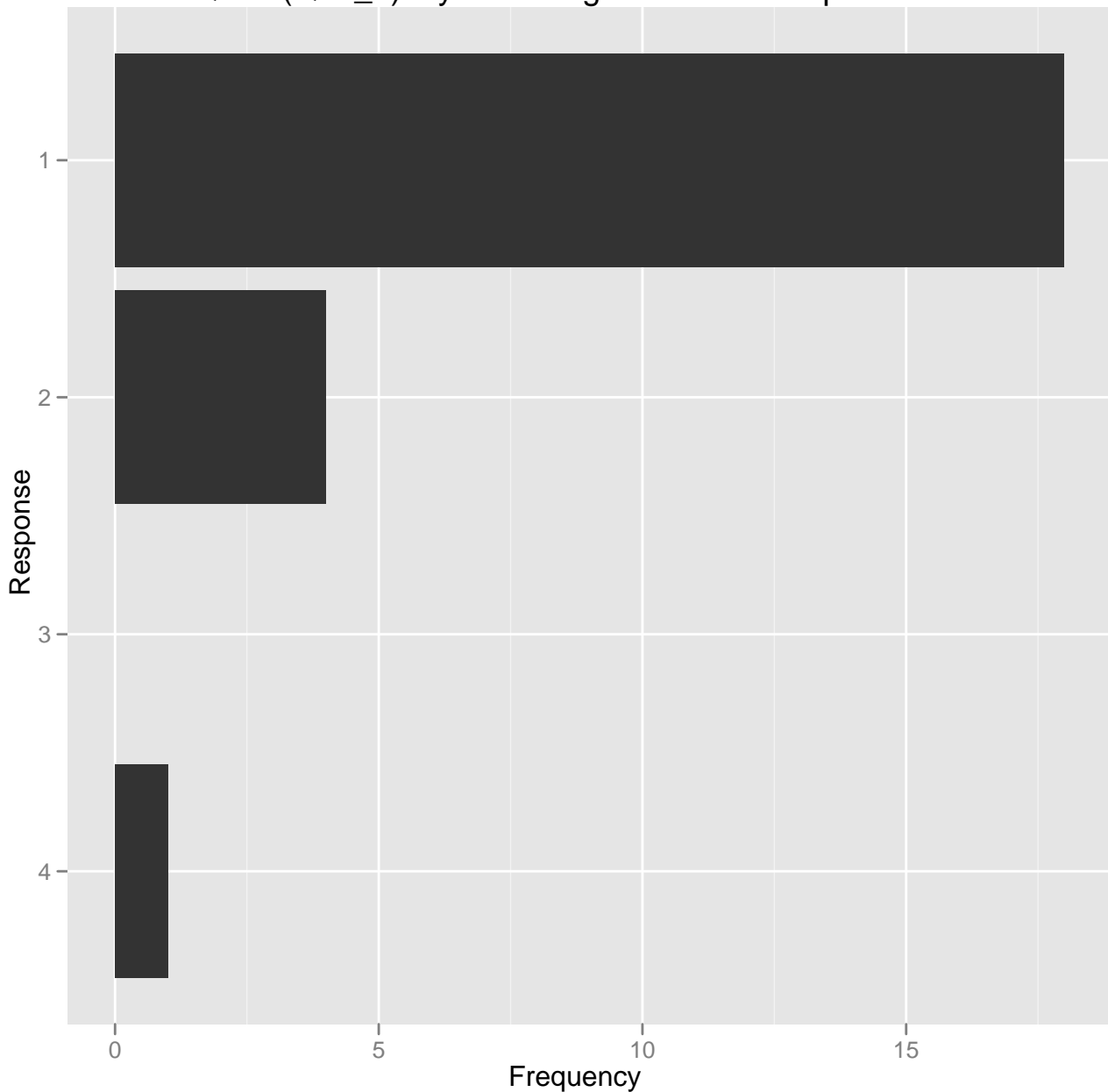
Q169 (Q47\_6):In general, my experience of labor and delivery was what I expected



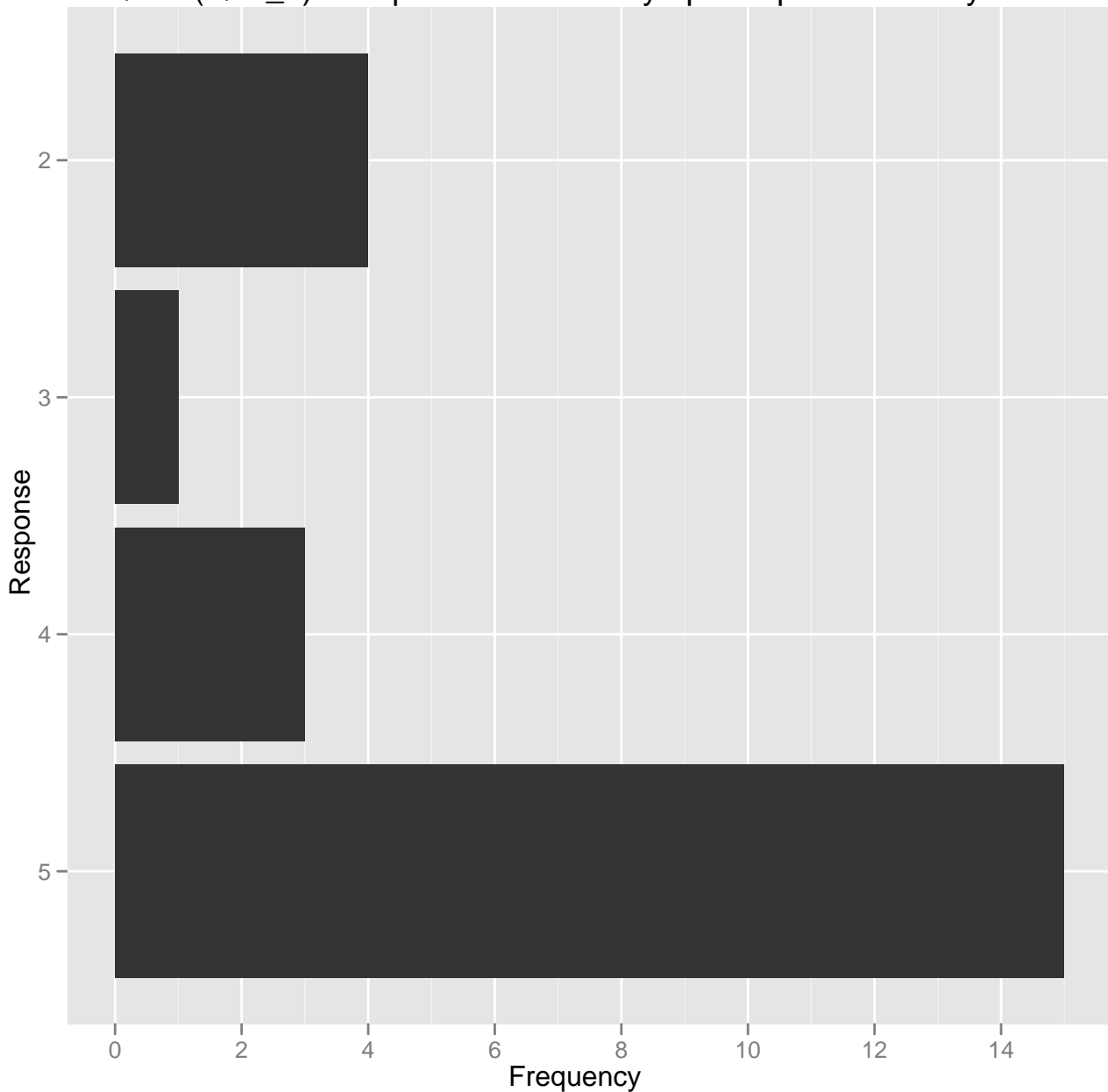
# Q170 (Q47\_7):My partner gave me his/her full presence



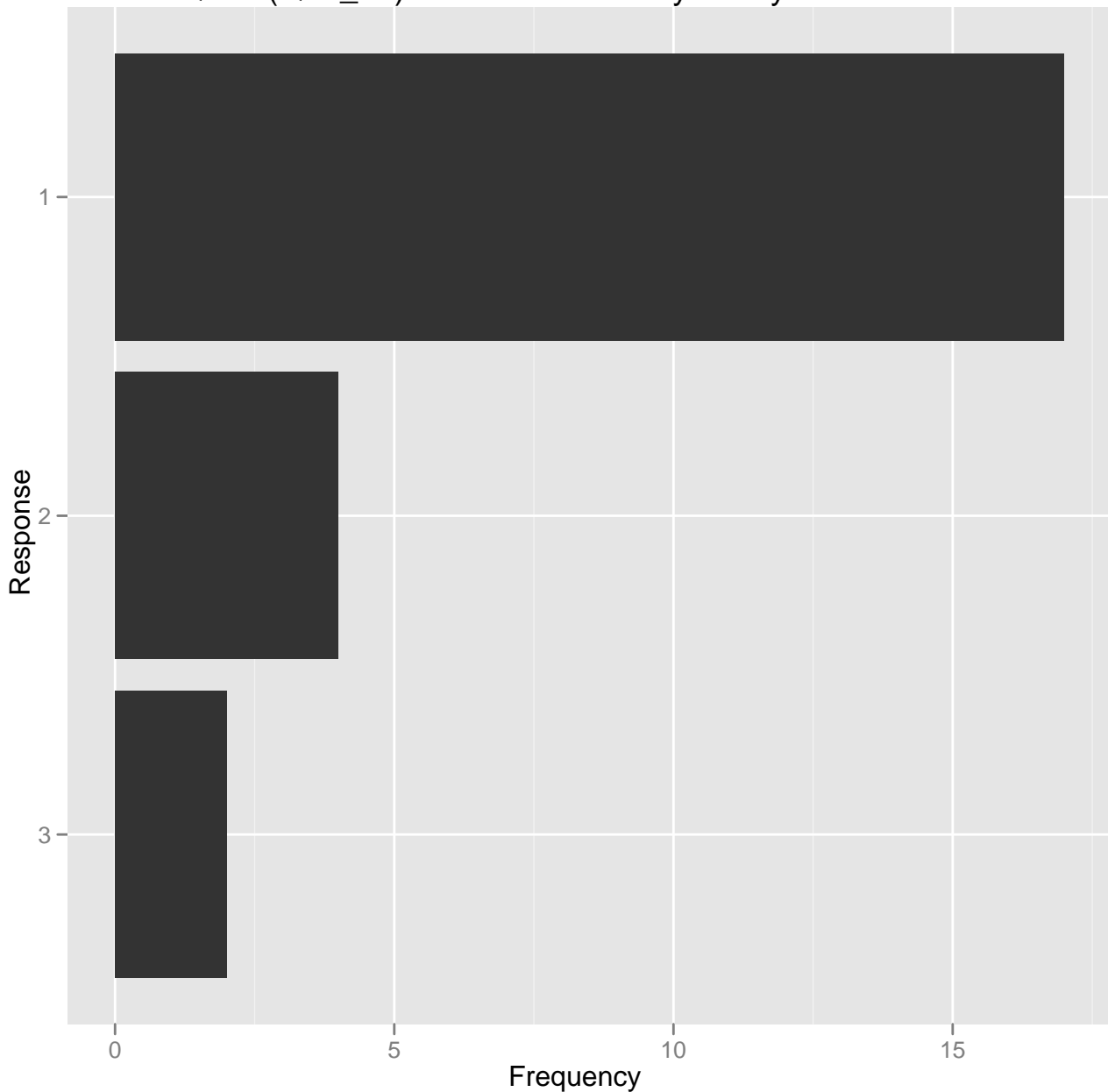
# Q171 (Q47\_8):My midwife gave me her full presence



Q172 (Q47\_9):I felt pressured to hurry up and push the baby out

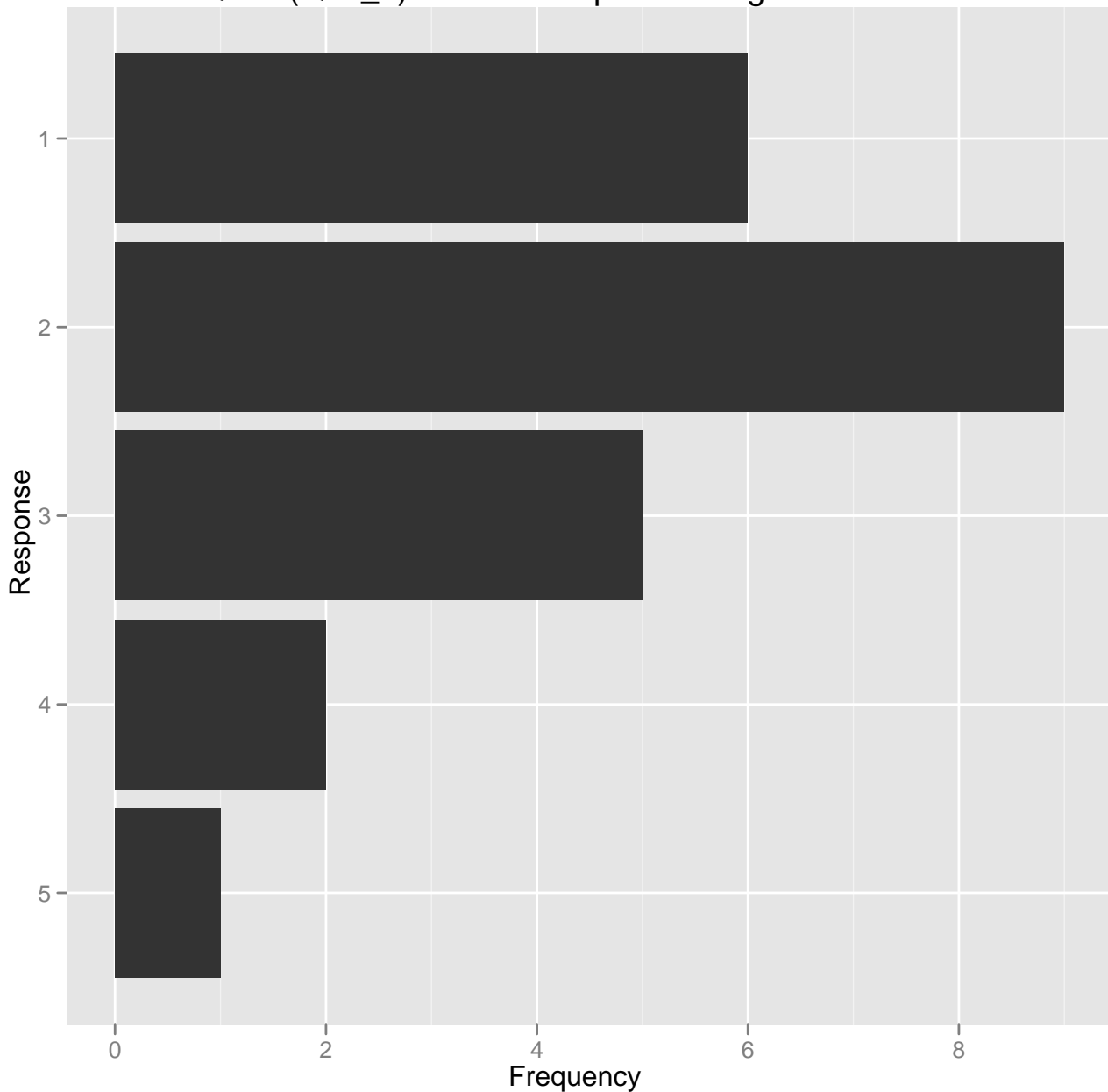


Q173 (Q47\_10):I concentrated fully on my contractions

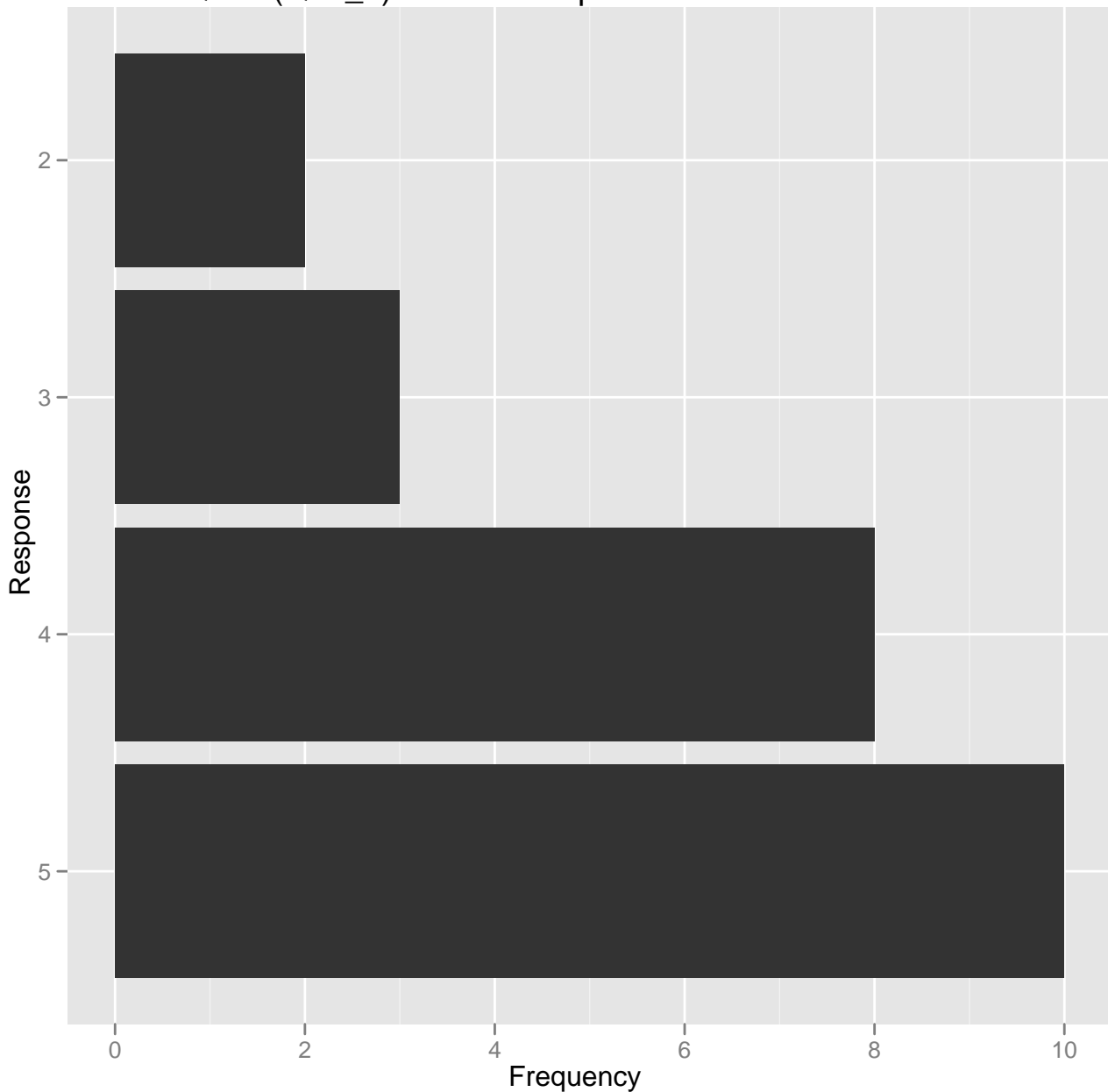




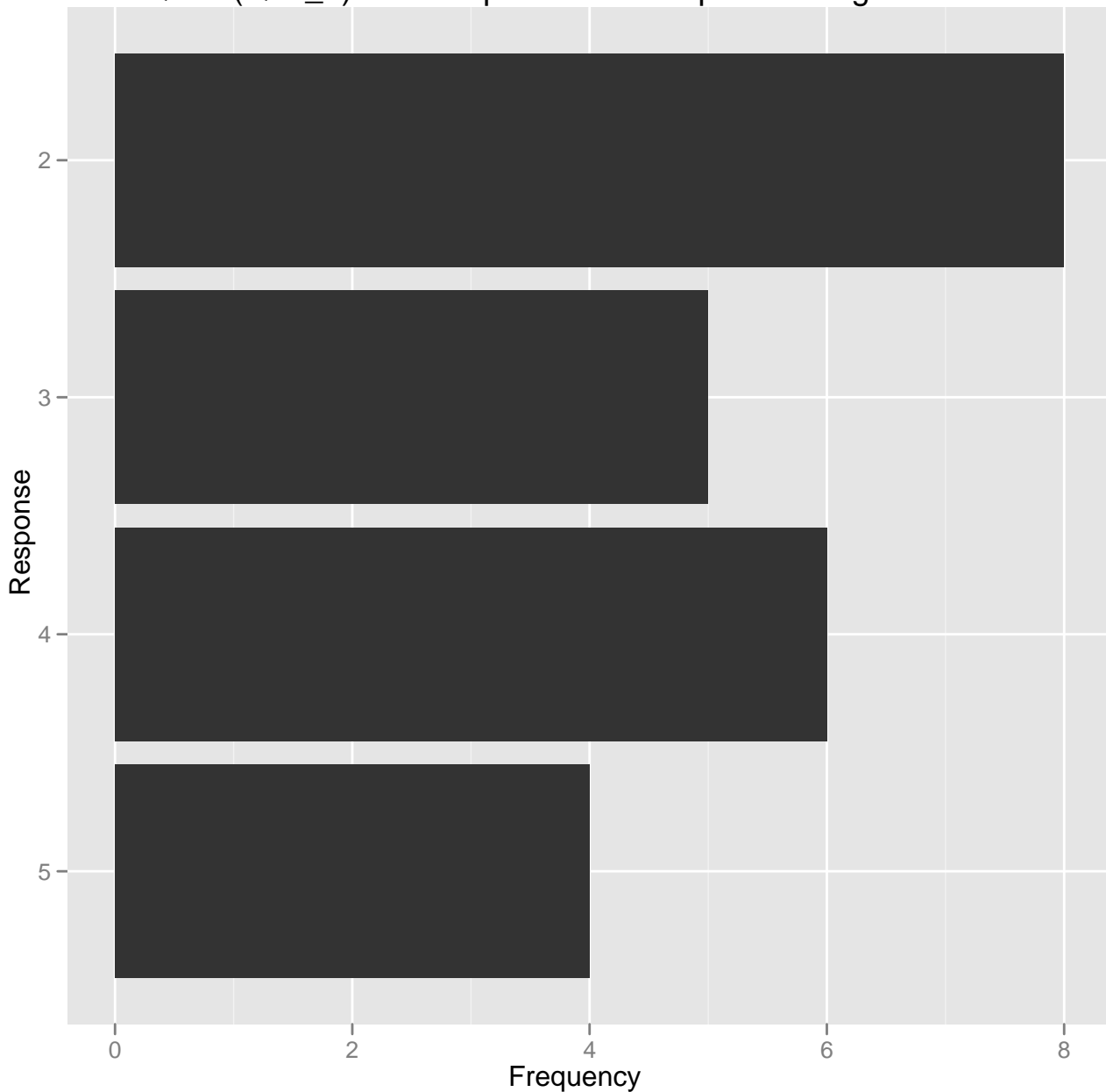
# Q174 (Q48\_1):I could not speak during contractions



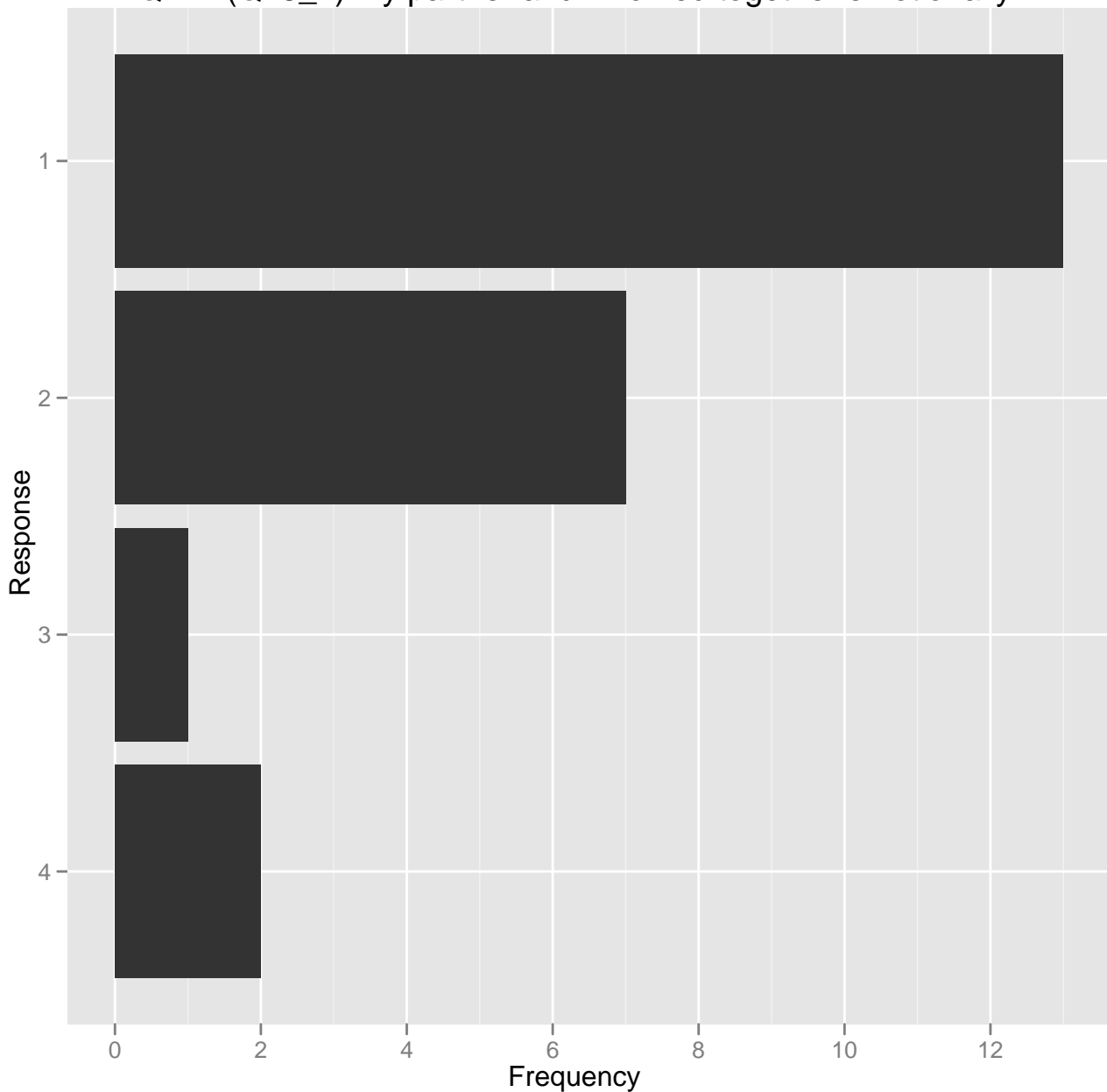
Q175 (Q48\_2):I could not speak between contractions



Q176 (Q48\_3):I ...lost spirit... at some point during the labor



# Q177 (Q48\_4):My partner and I worked together emotionally



# Q178 (Q48\_5):I felt safe in my surroundings

Response

1

2

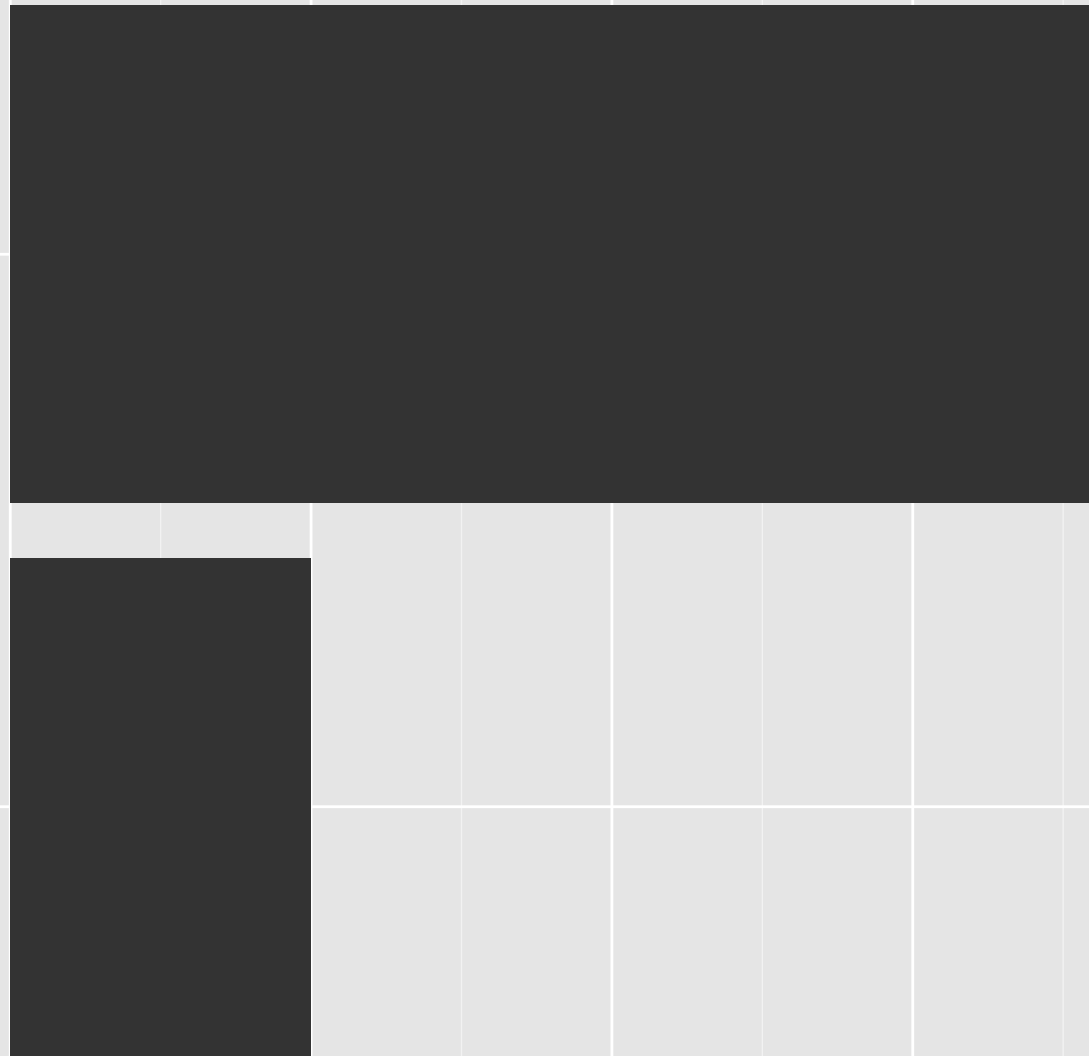
0

5

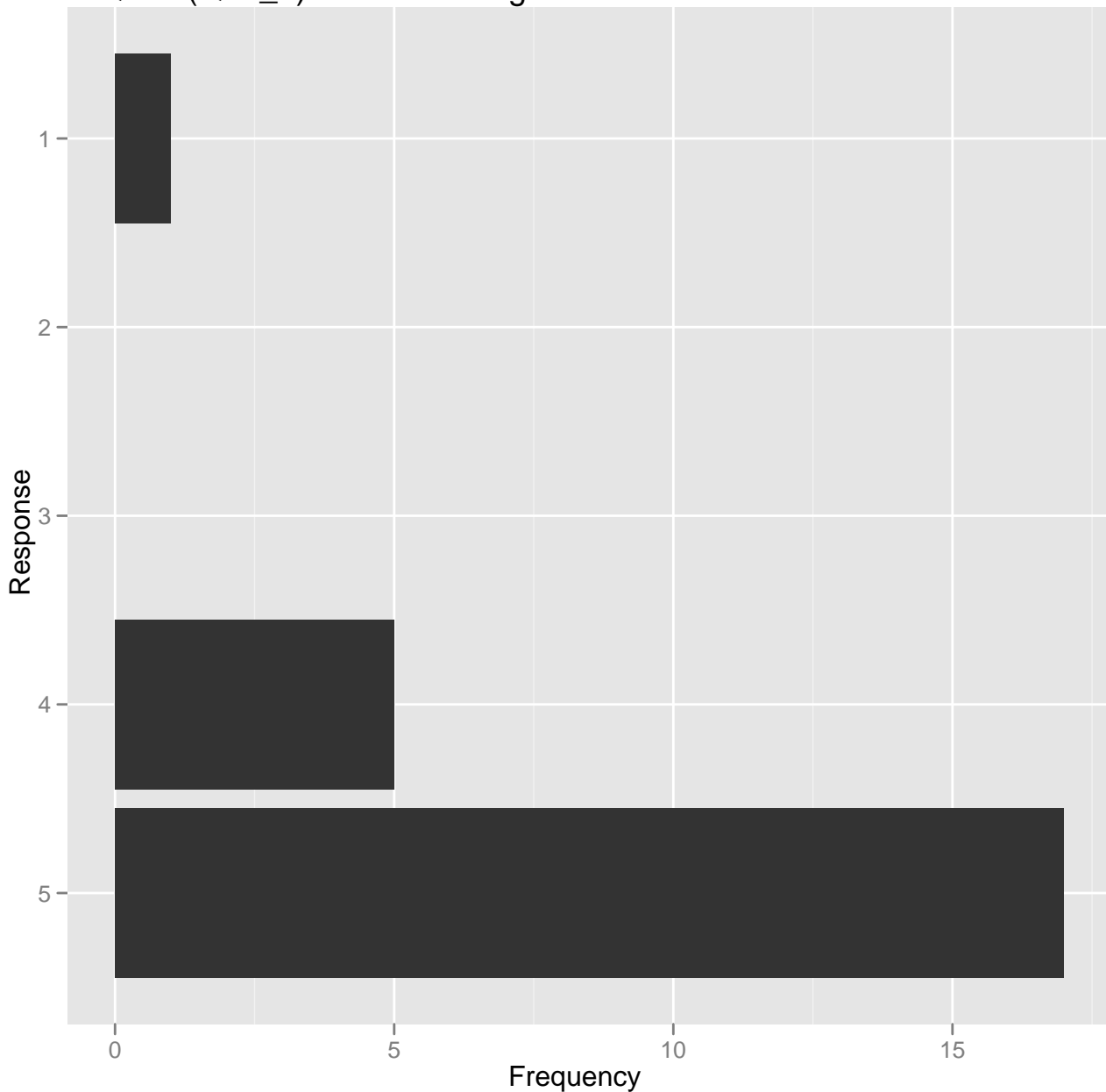
10

15

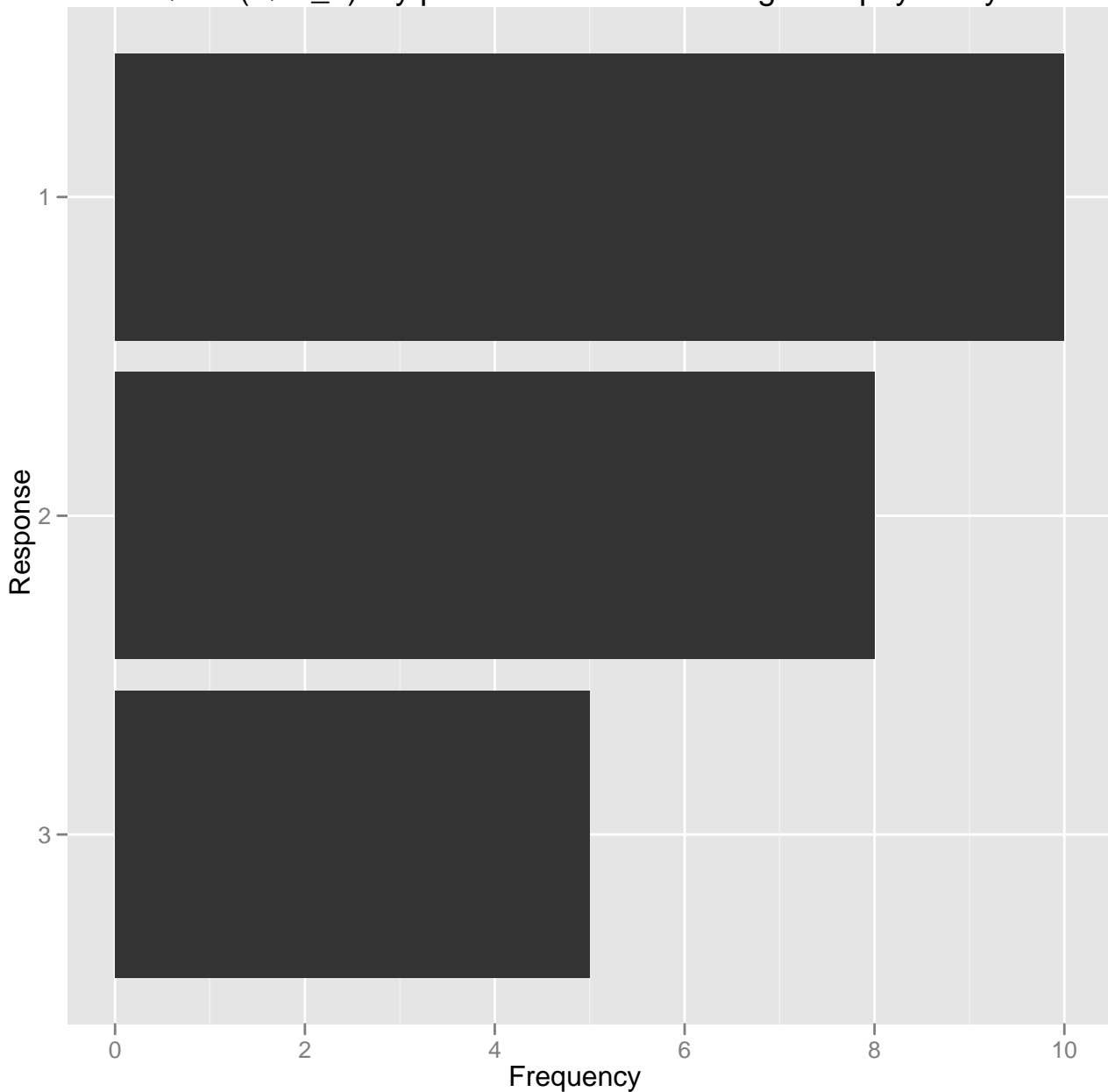
Frequency



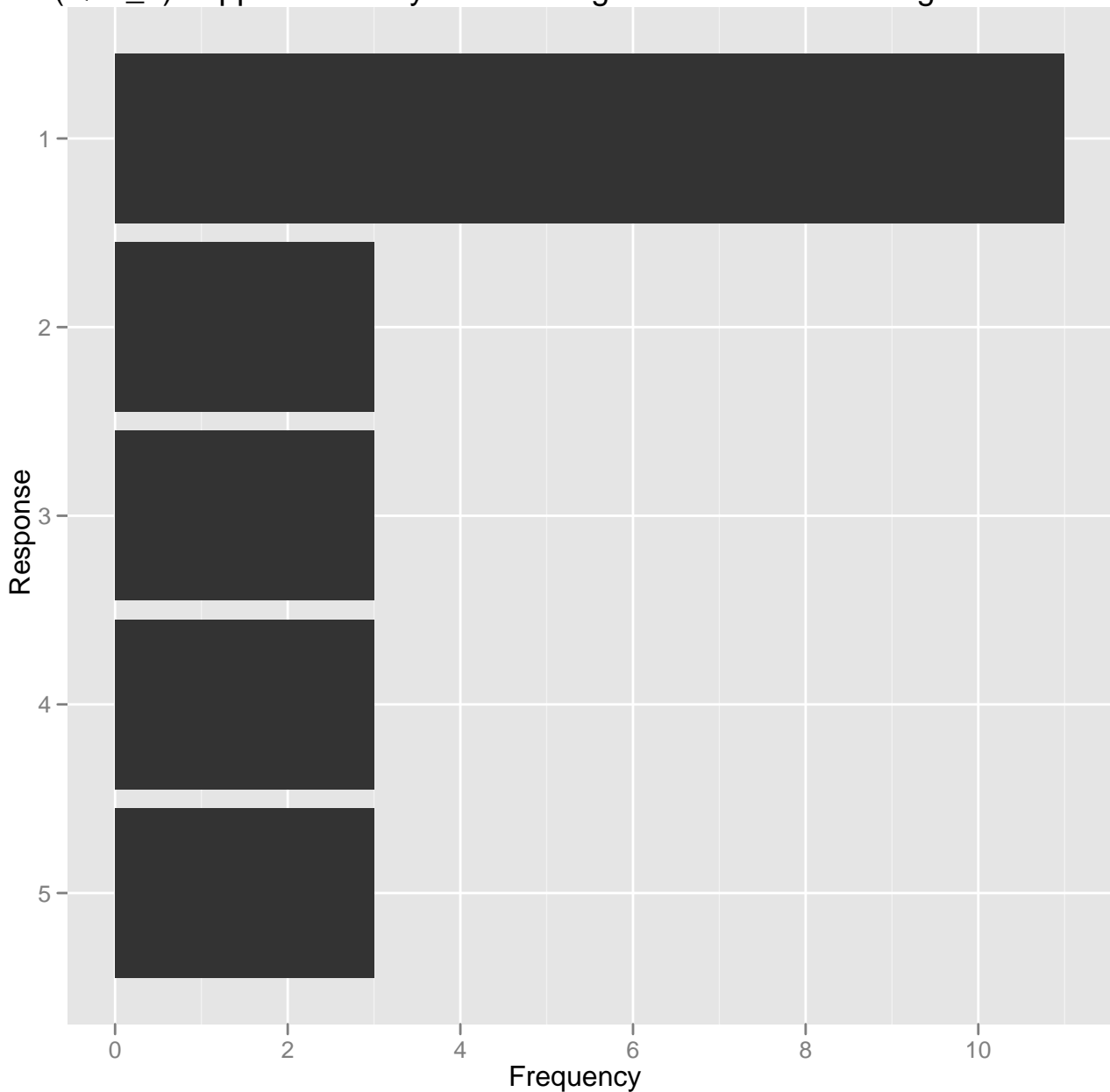
Q179 (Q48\_6):I was following someone else...s timetable for labor



# Q180 (Q48\_7):My partner and I worked together physically

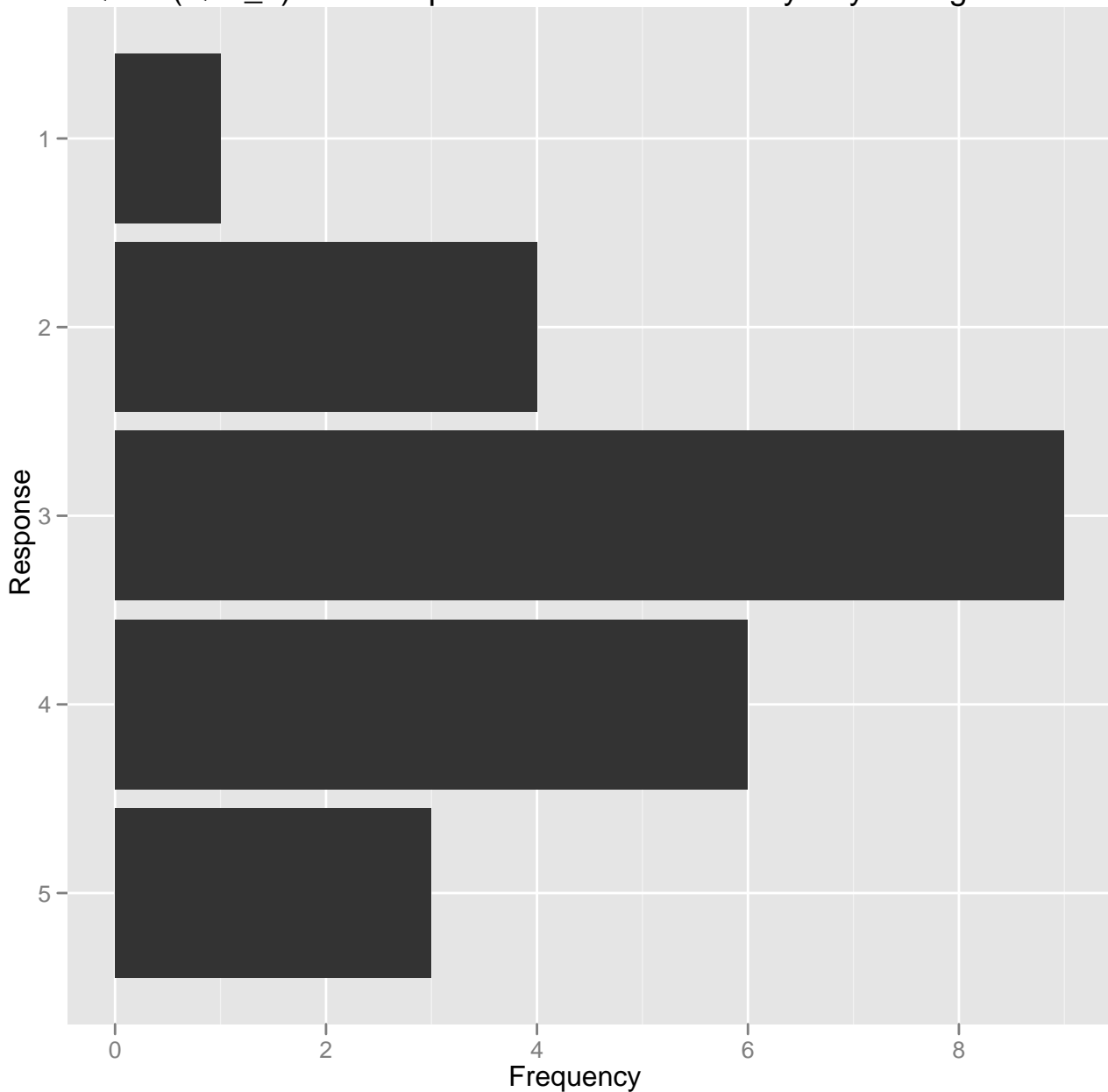


Q181 (Q48\_8):I approached my labor through conscious reasoning and/or rationali

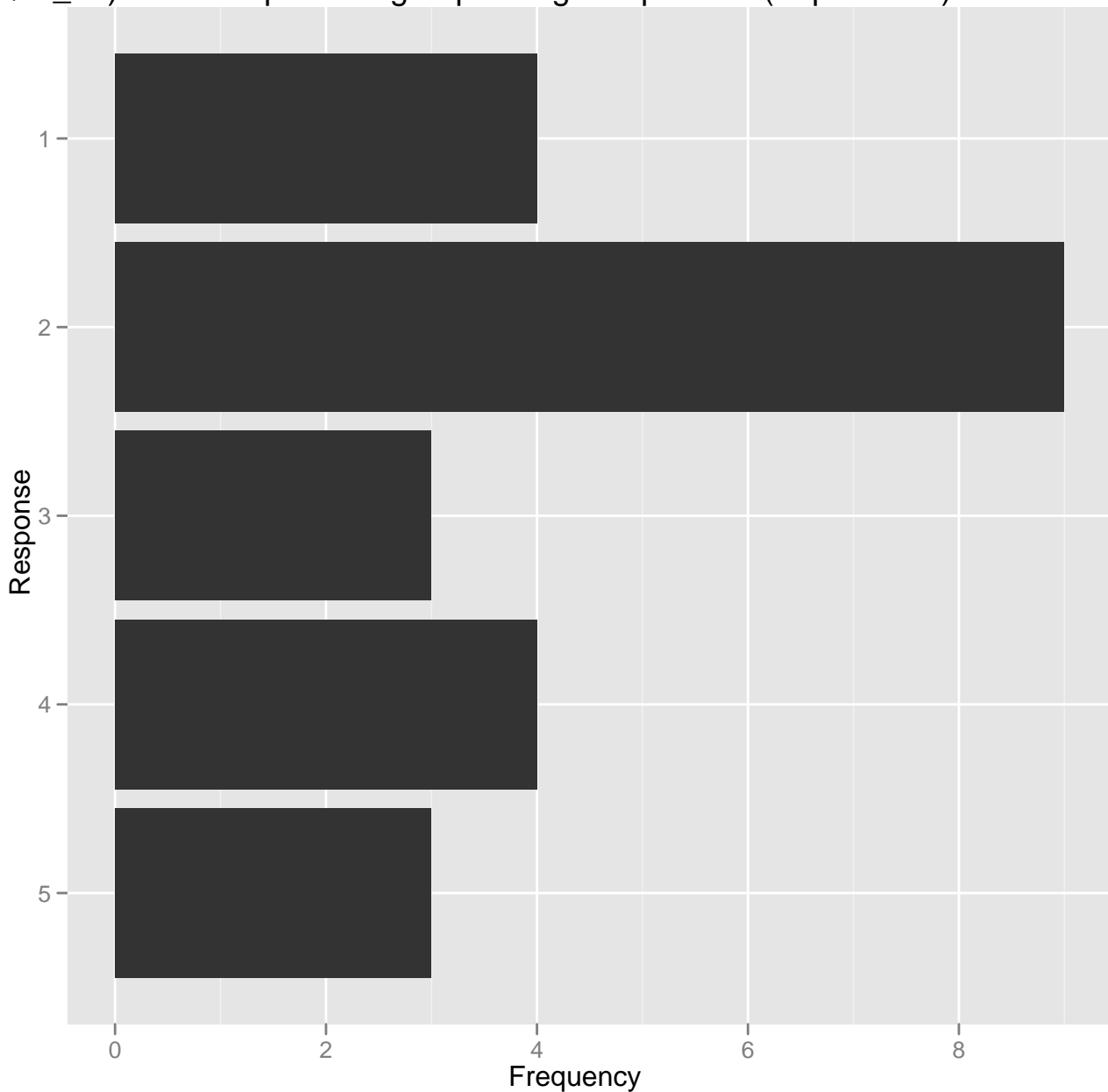




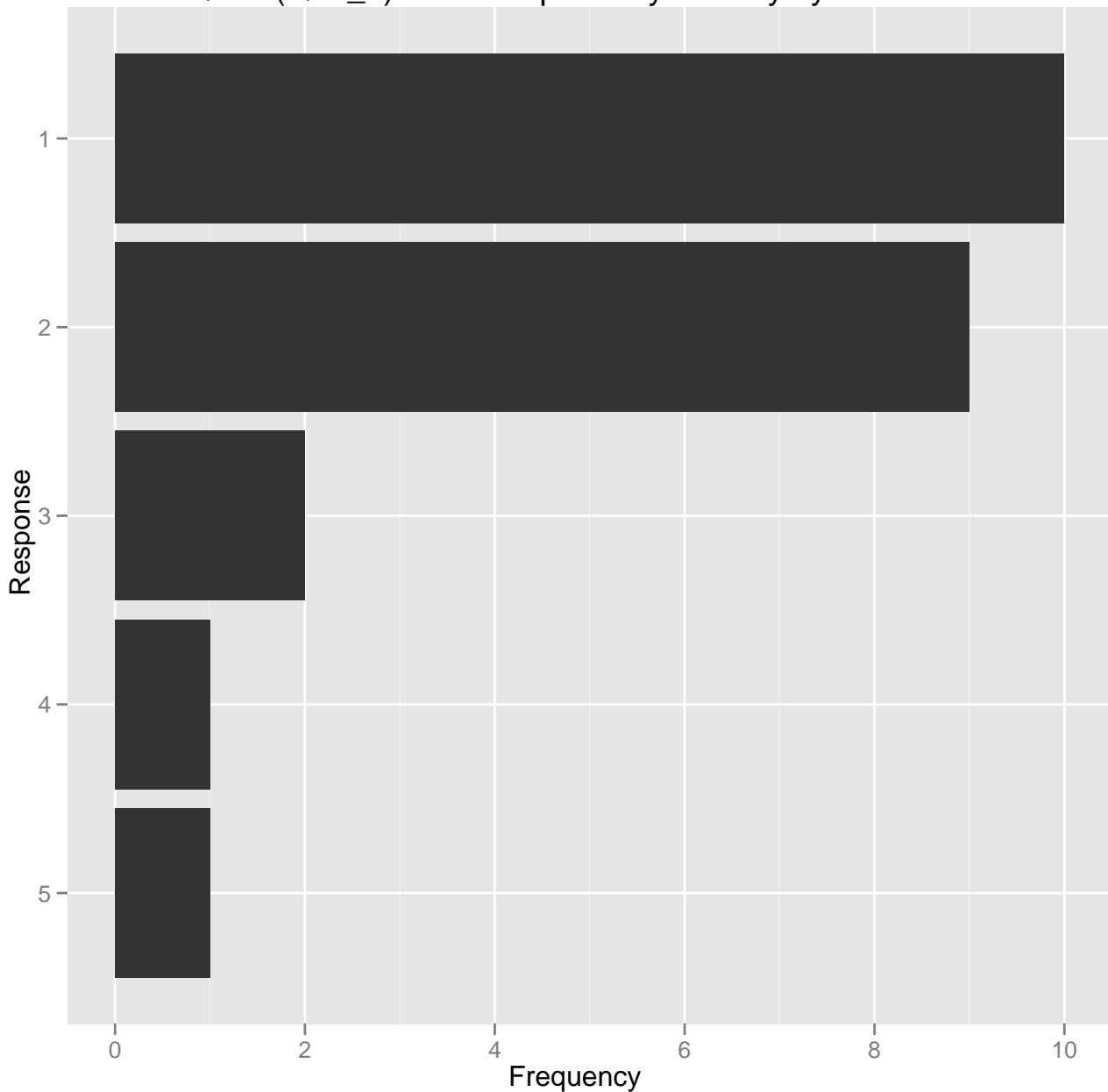
Q182 (Q48\_9):I tried to problem solve or think my way through labor



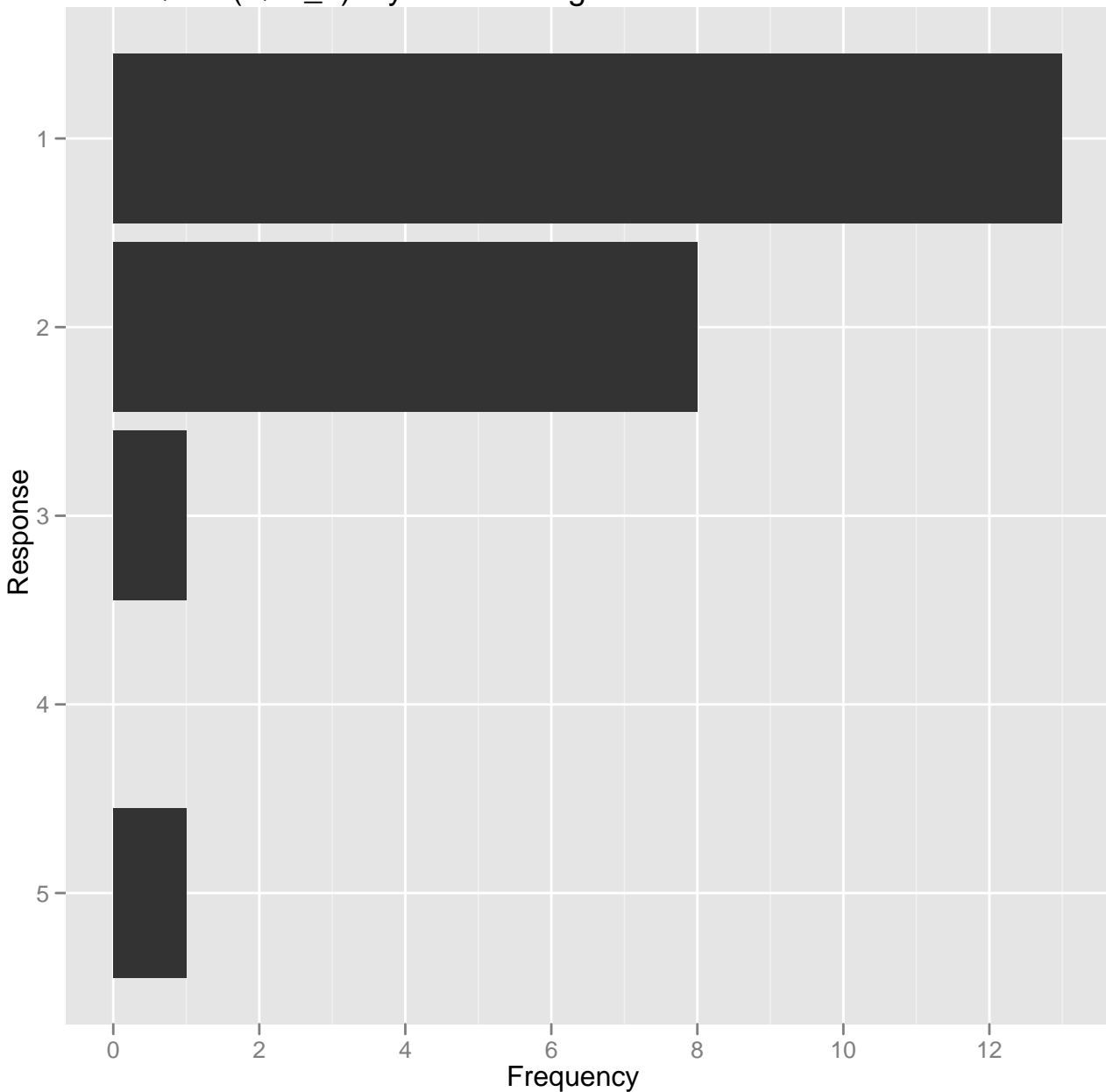
(Q48\_10):I ended up laboring or pushing in a position (or positions) that I did not p



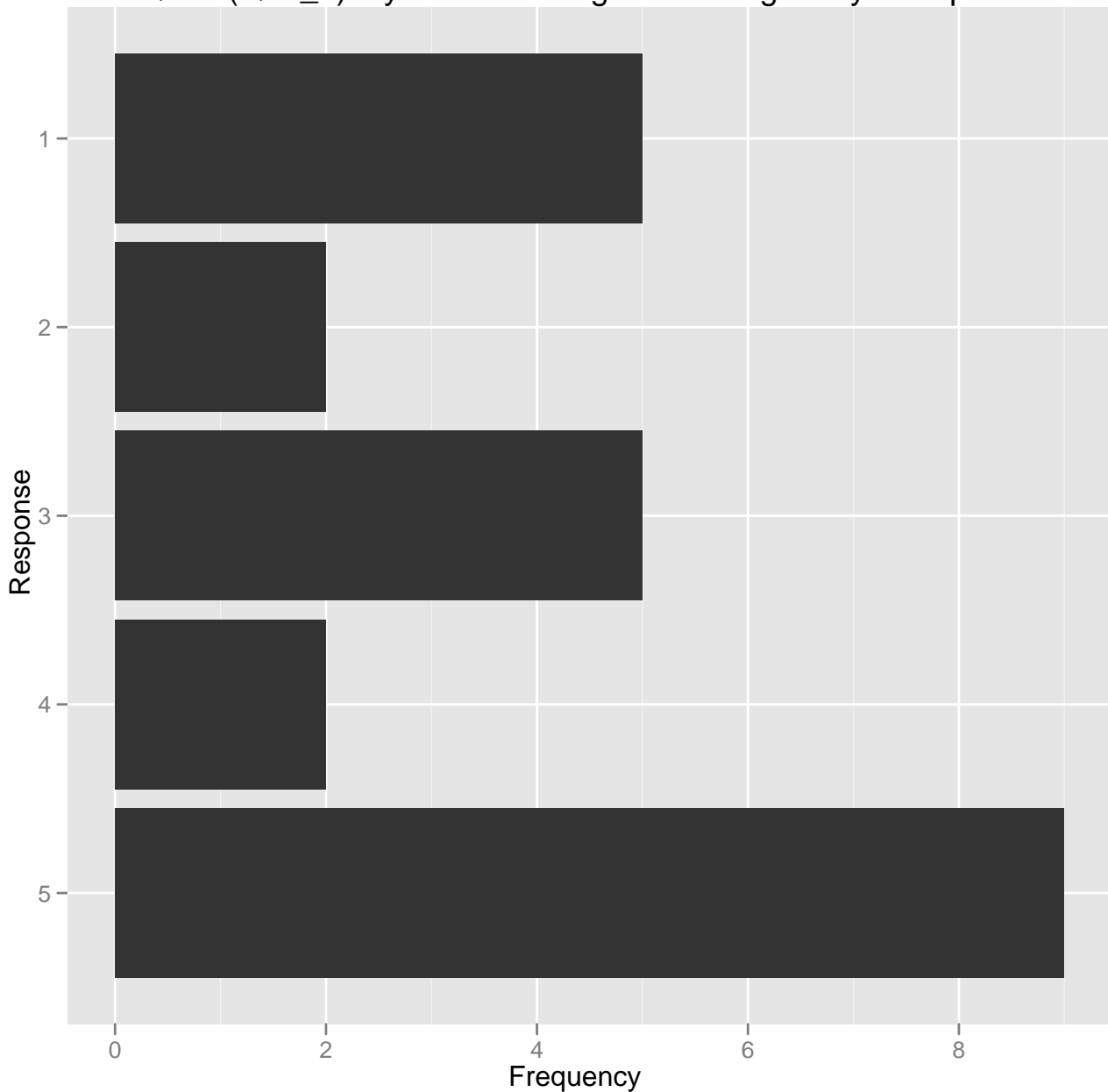
# Q184 (Q50\_1):I labored primarily with my eyes closed



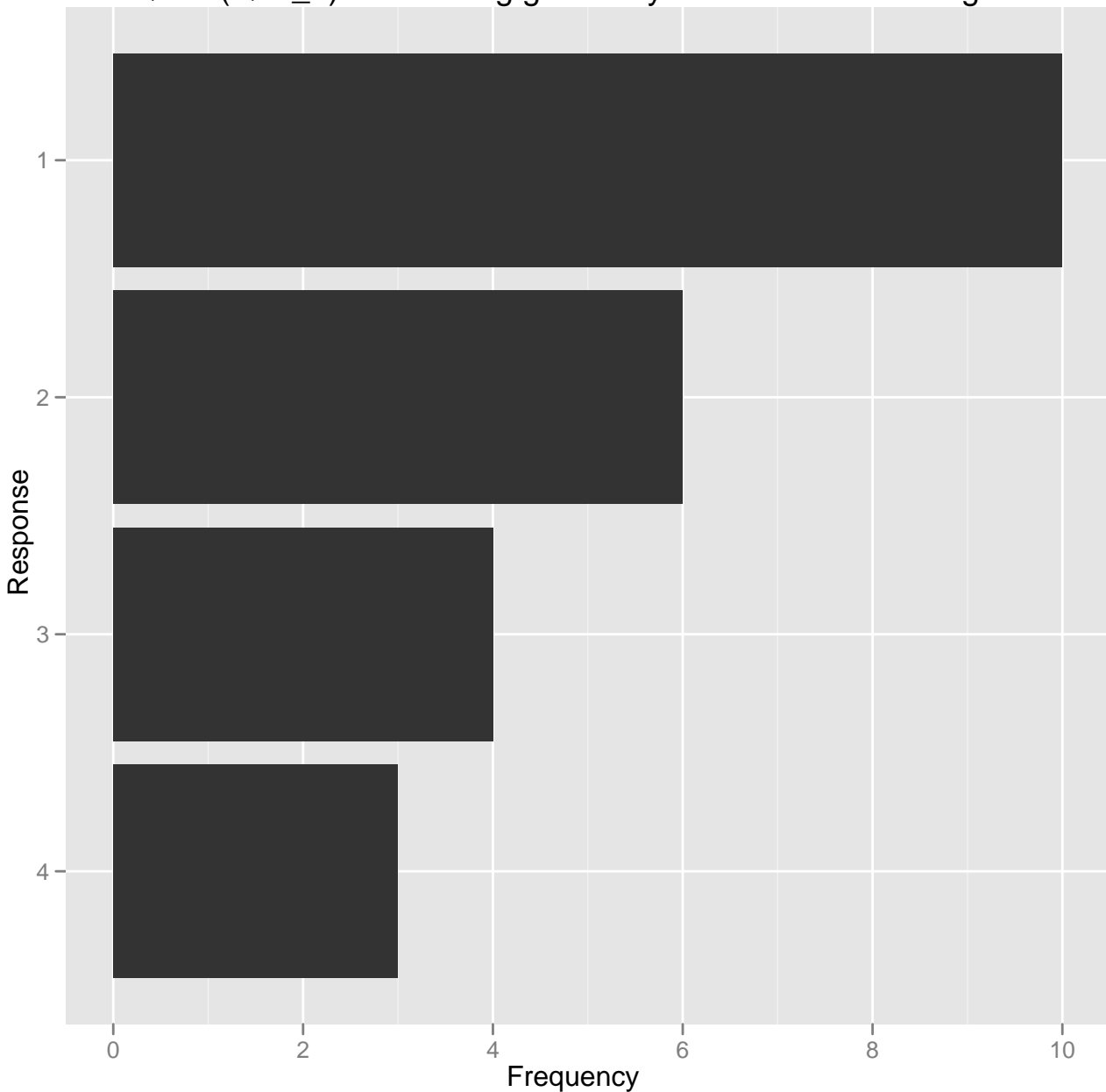
# Q185 (Q50\_2):My surroundings were calm and comfortable



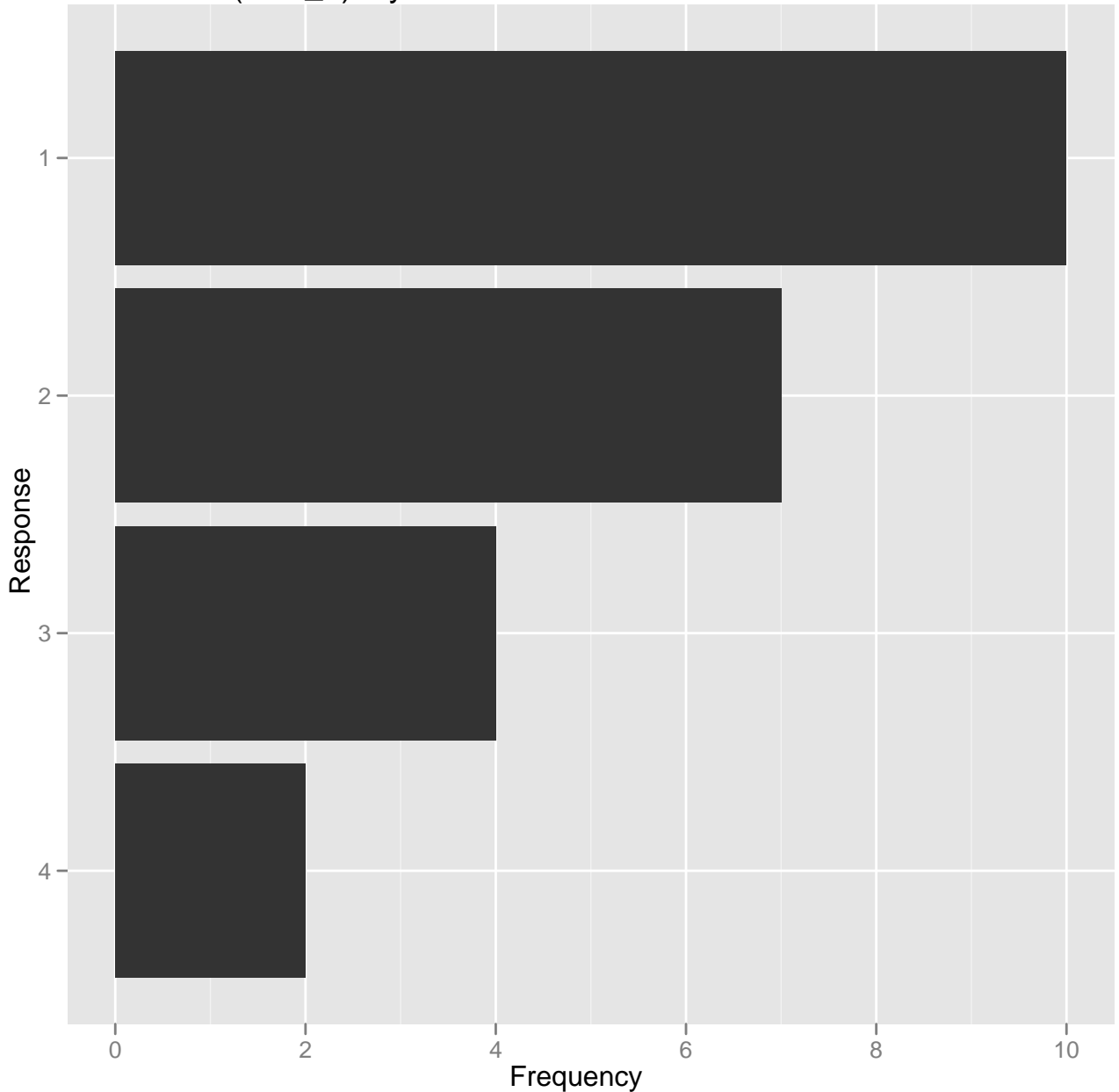
# Q186 (Q50\_3):My birth did not go according to my birth plan



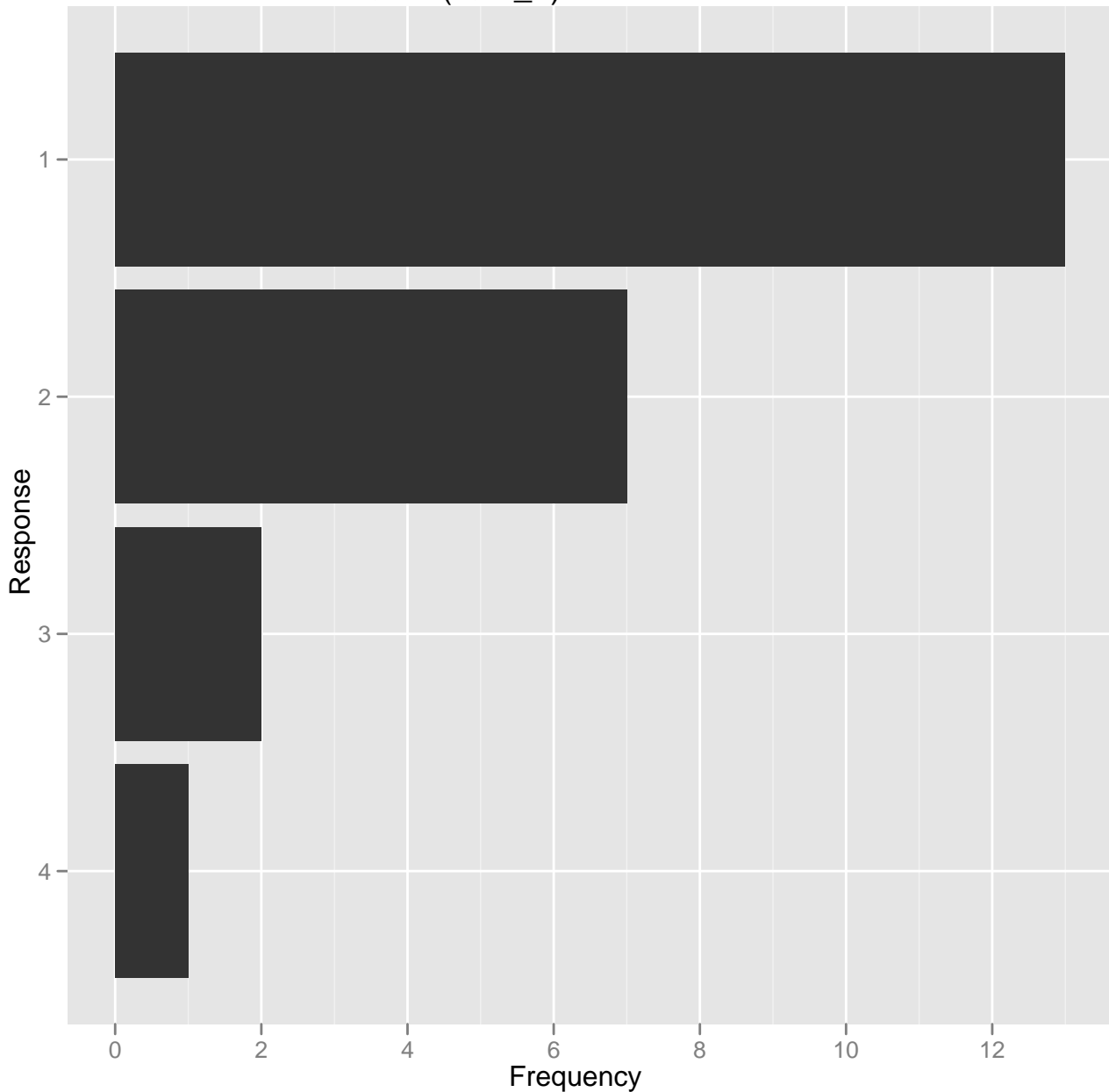
Q187 (Q50\_4):I was being guided by a sense of ...knowing...



# Q188 (Q50\_5):My behavior was intuitive rather than rational

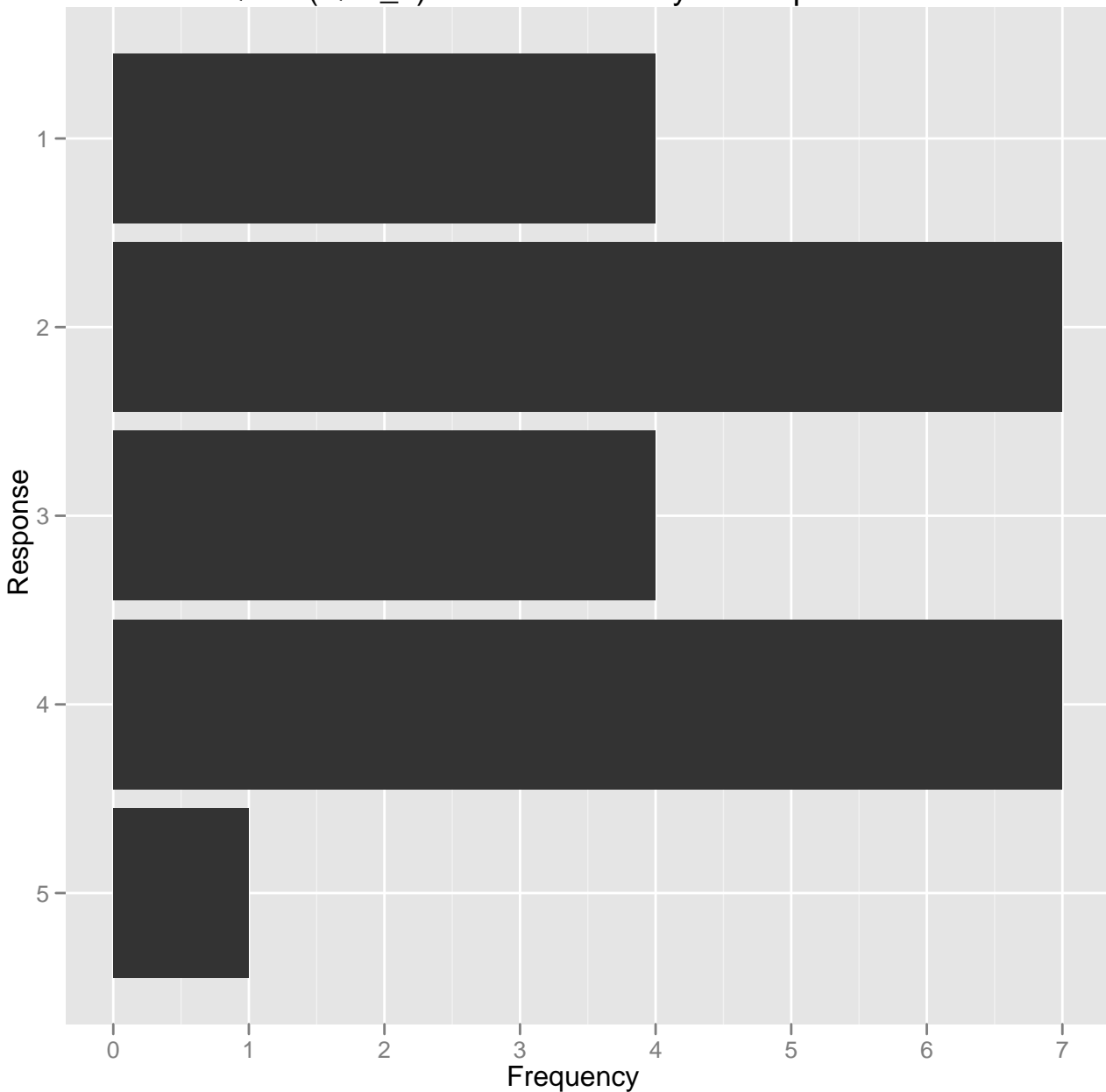


Q189 (Q50\_6):I felt uninhibited

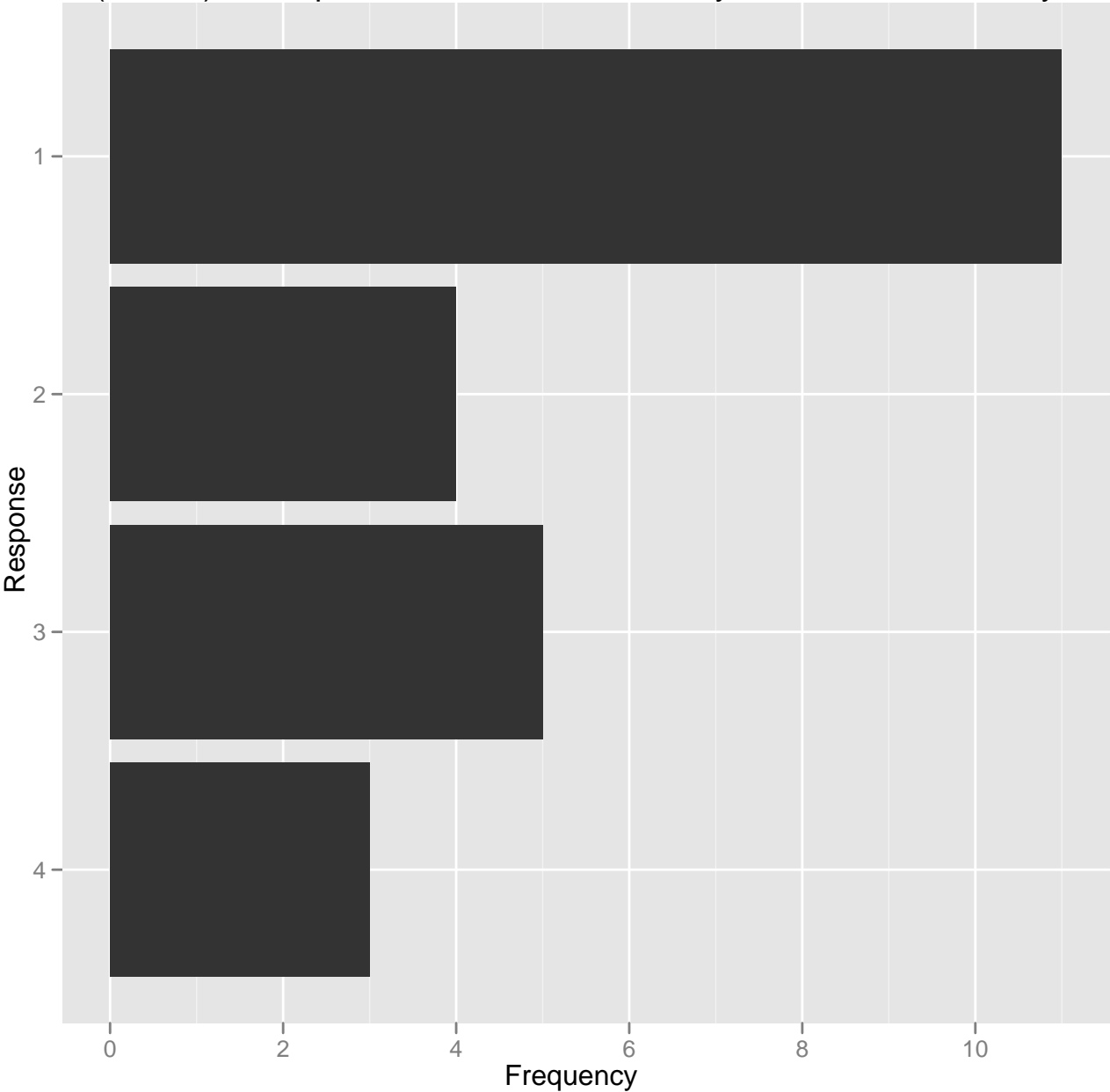




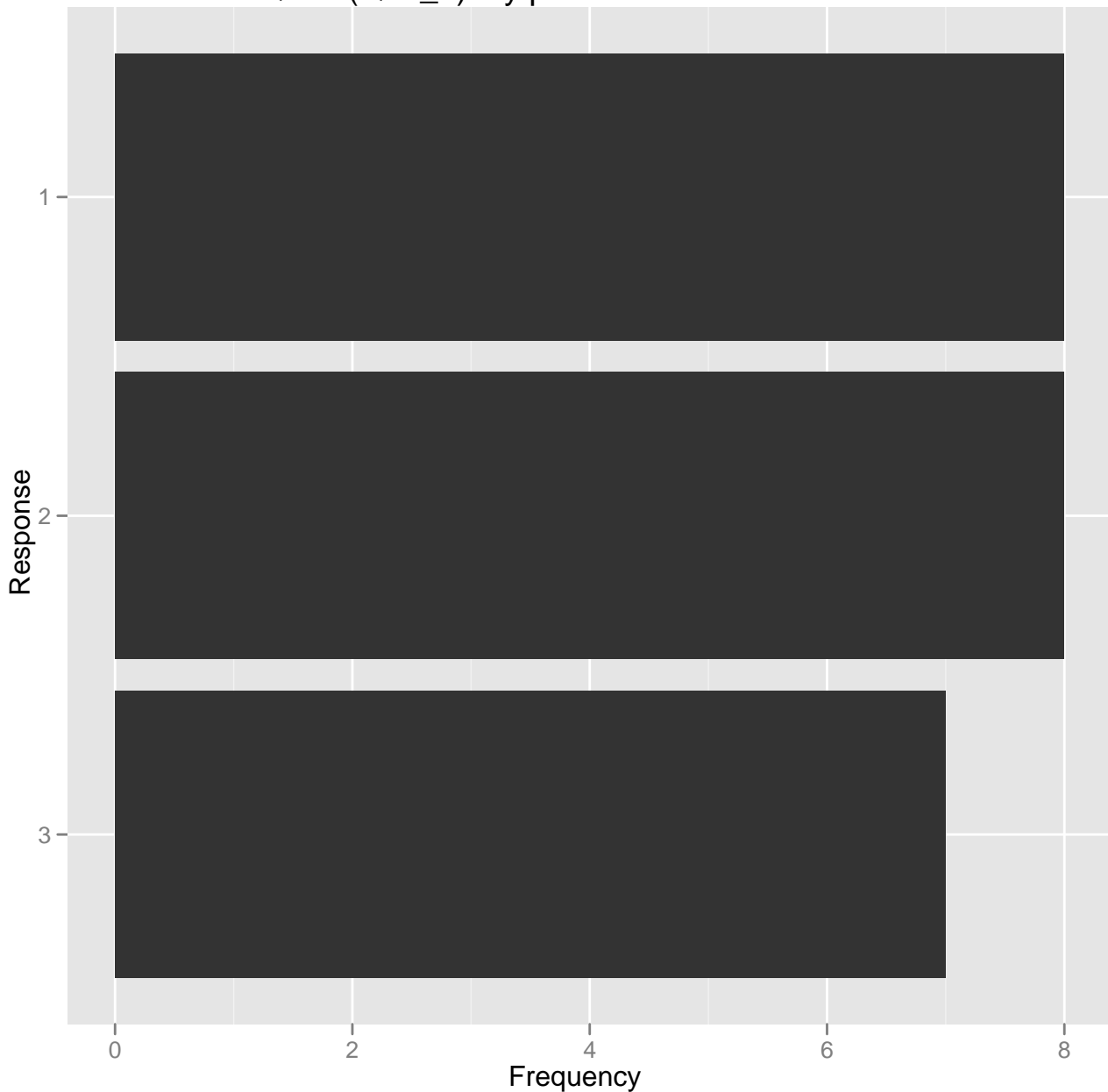
Q190 (Q50\_7):I behaved exactly as I expected to



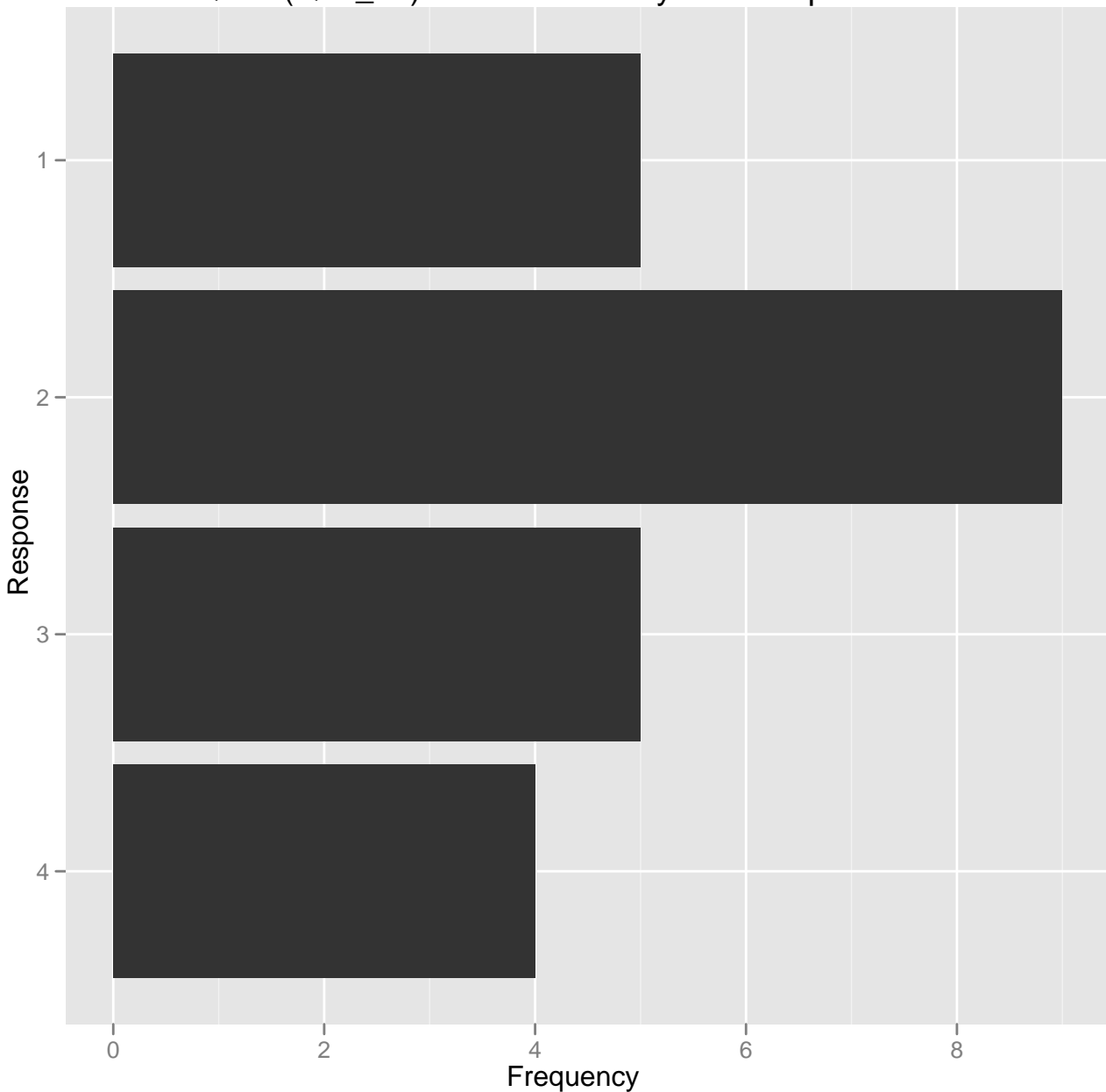
Q191 (Q50\_8):I relinquished rational control of myself and listened to my body



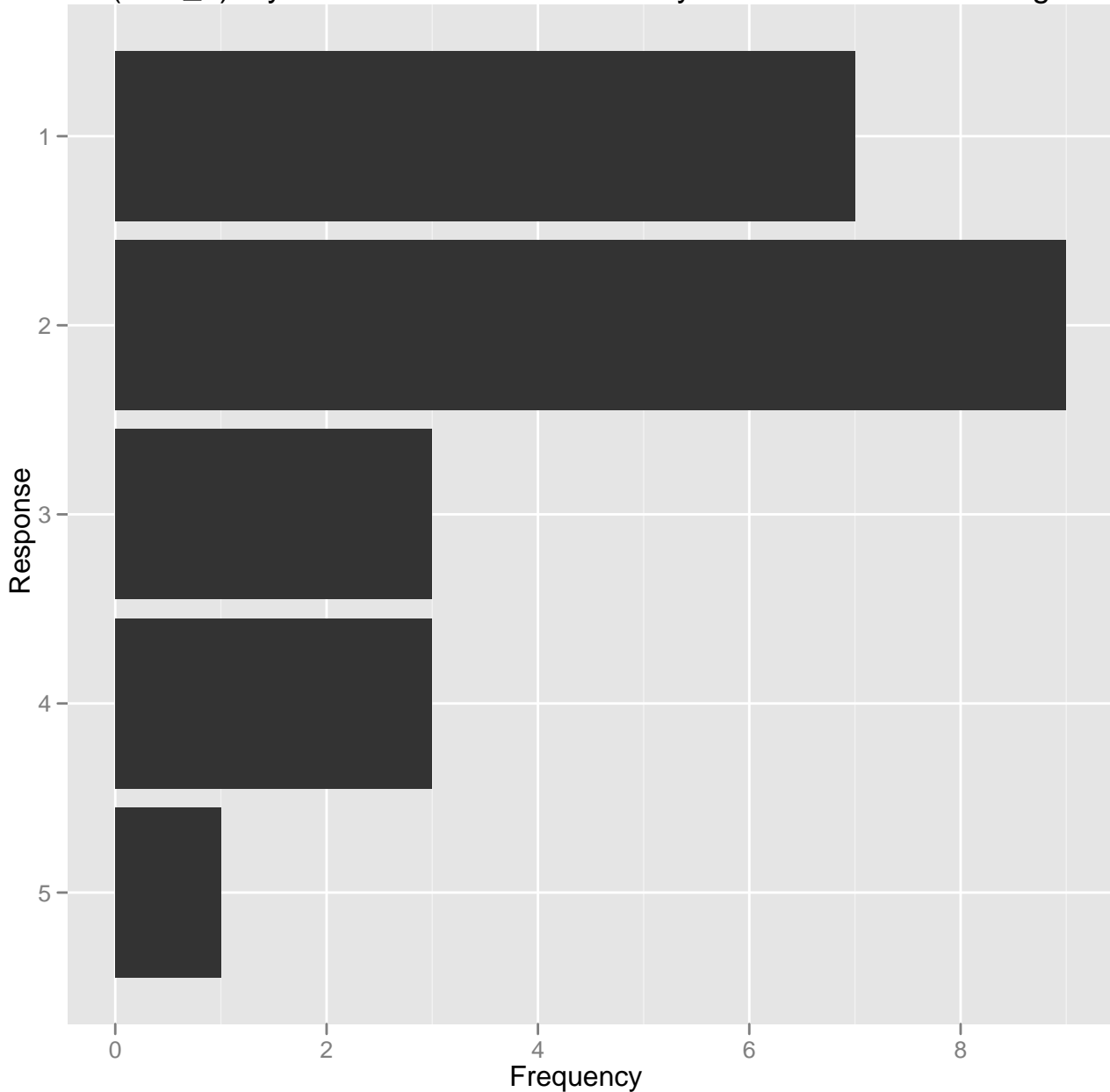
# Q192 (Q50\_9):My partner and I felt intimate



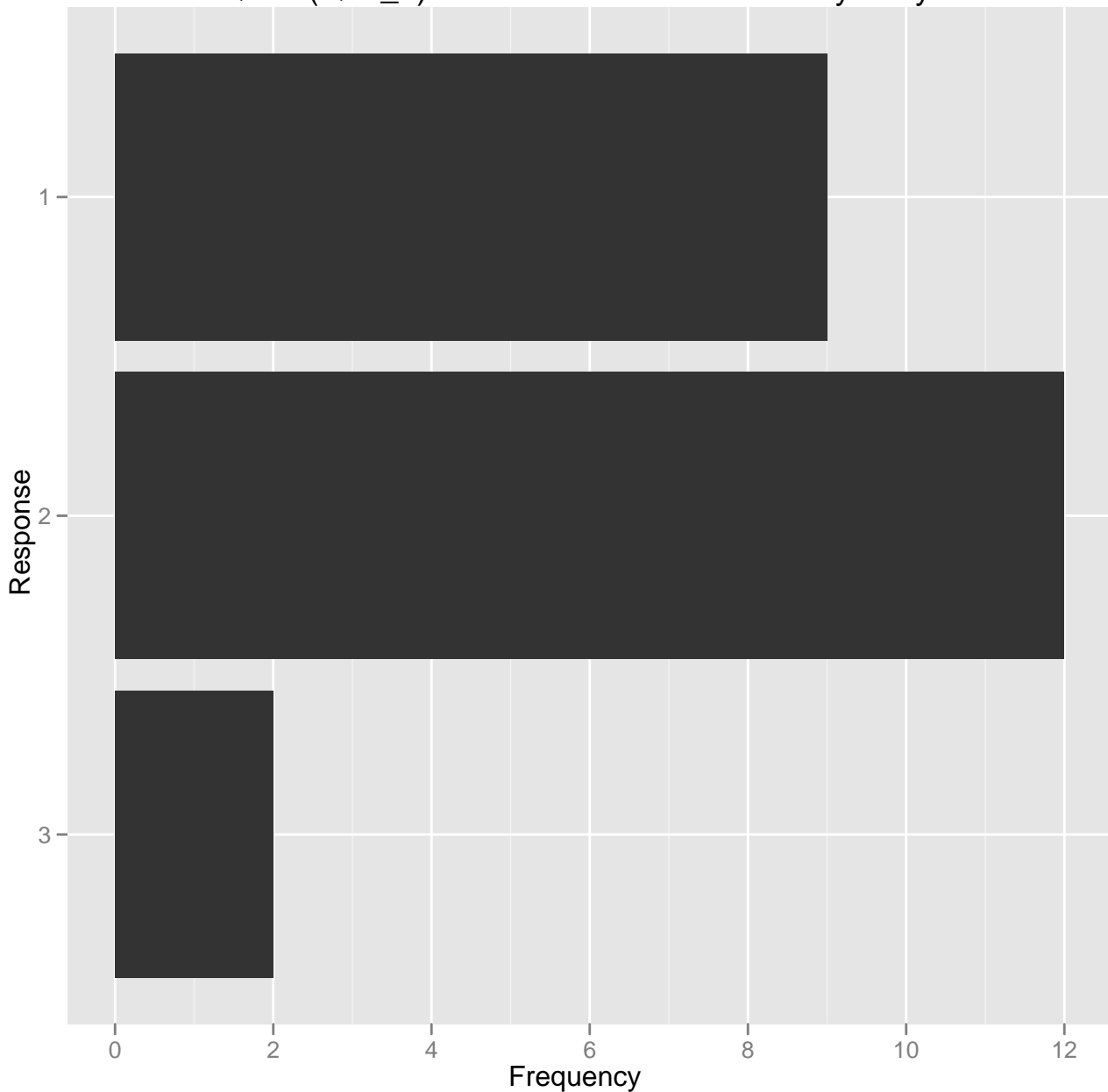
# Q193 (Q50\_10):I behaved in ways that surprised me



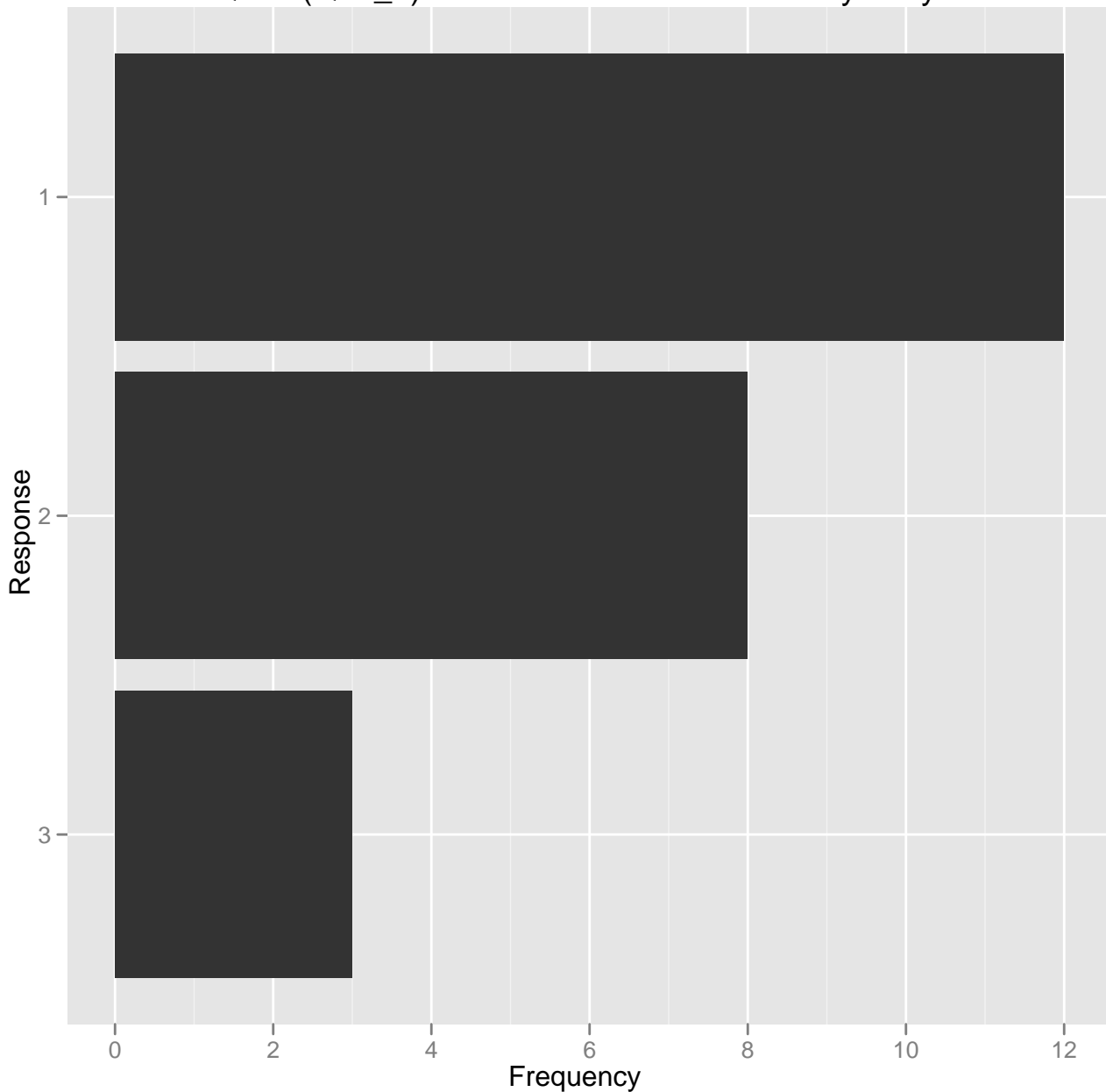
Q194 (Q51\_1):My birth environment was ...my turf... and I was in charge of it



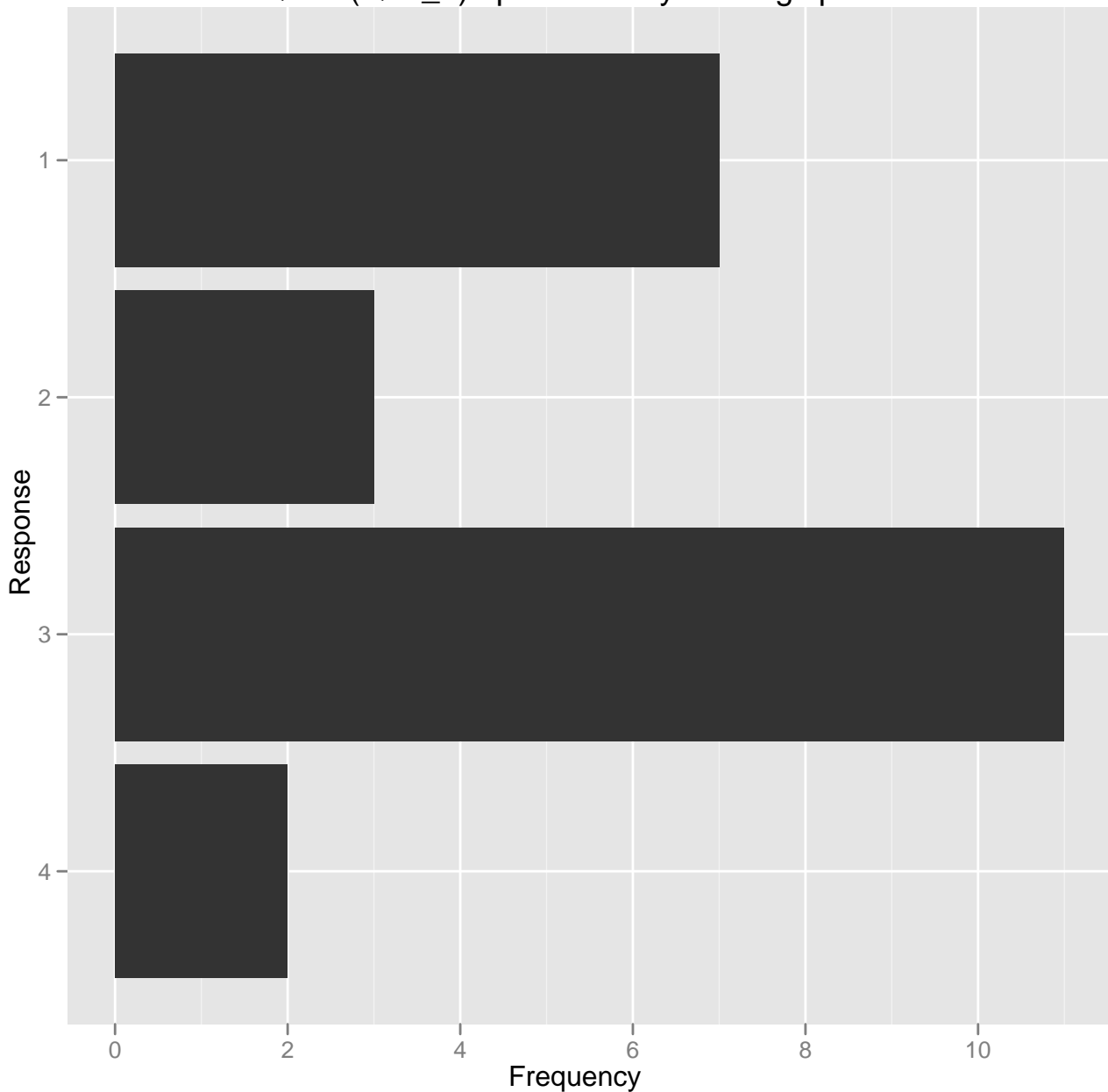
# Q195 (Q51\_2):I was aware of cues from my body



# Q196 (Q51\_3):I listened to the cues from my body

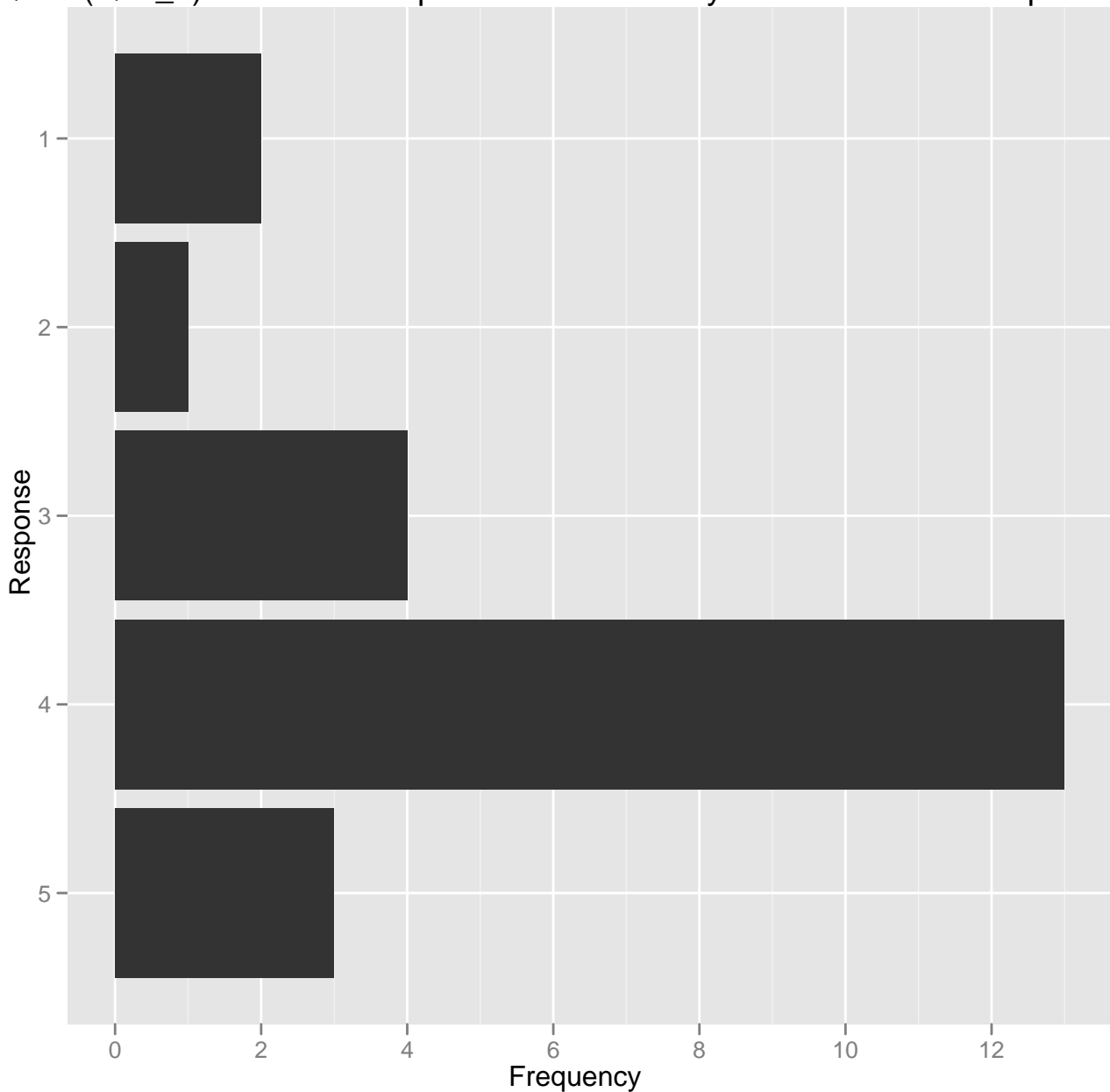


# Q197 (Q51\_4):I protected by birthing space

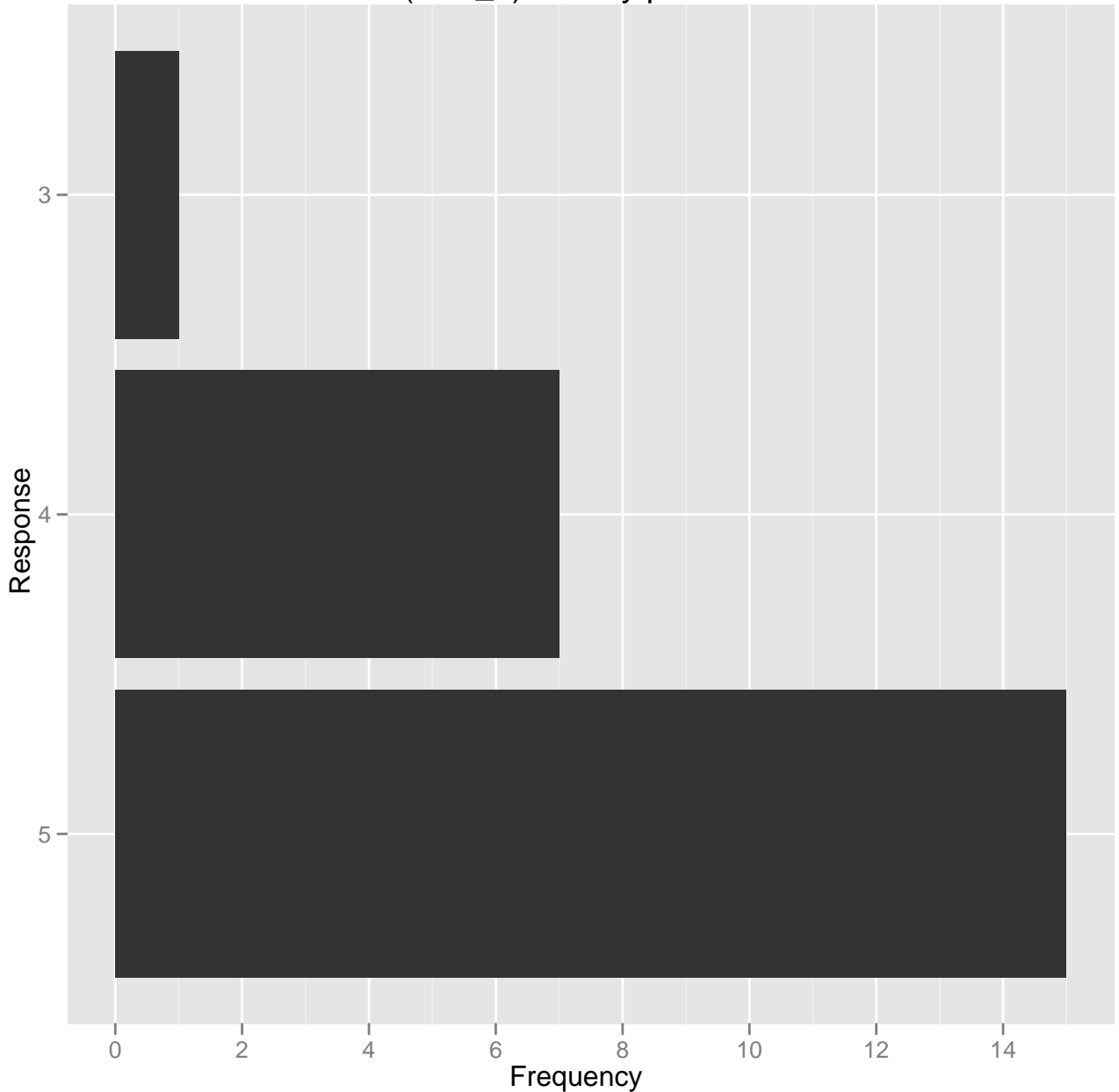




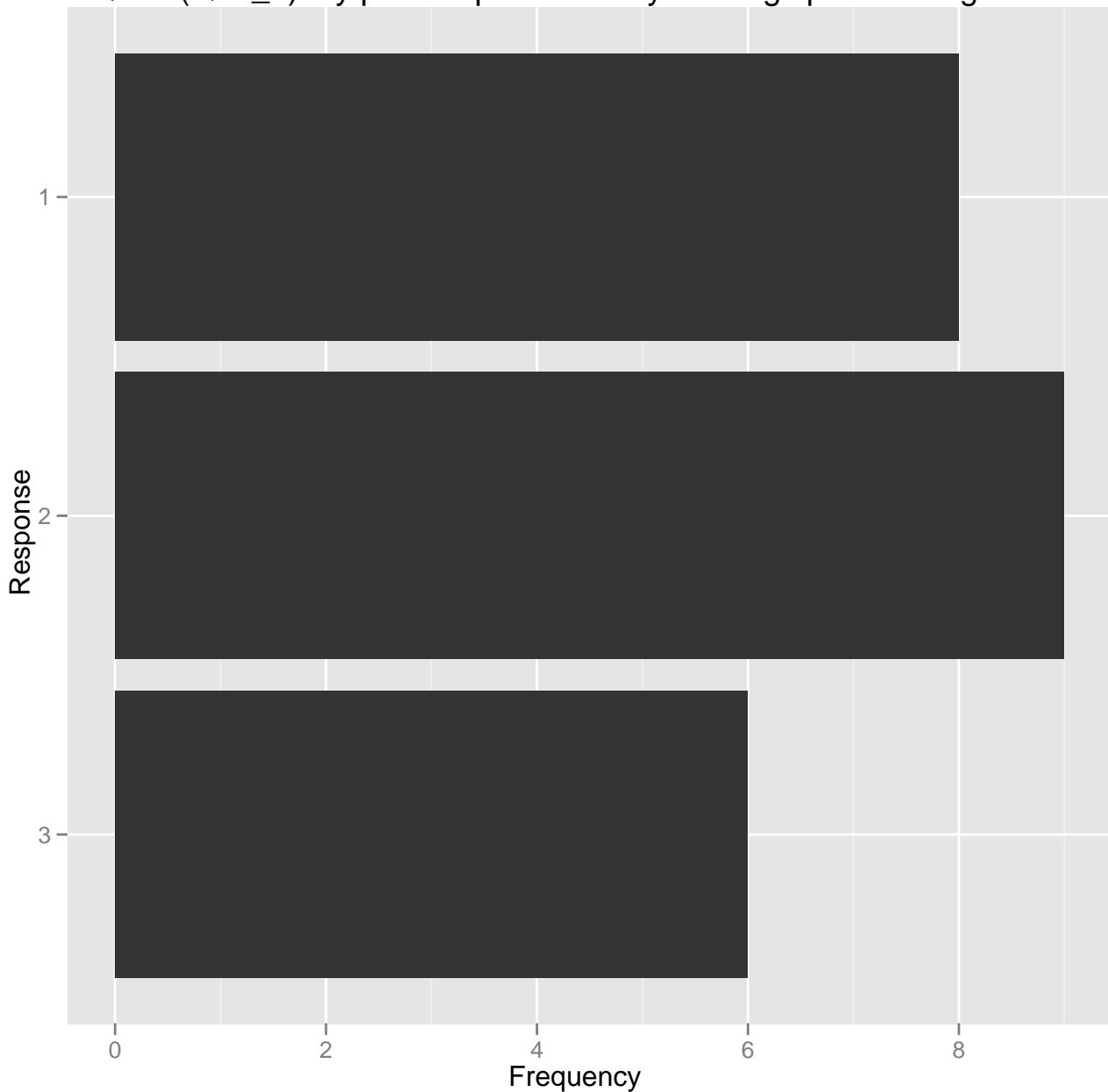
Q198 (Q51\_5):I could not respond to others if they talked or asked me questions



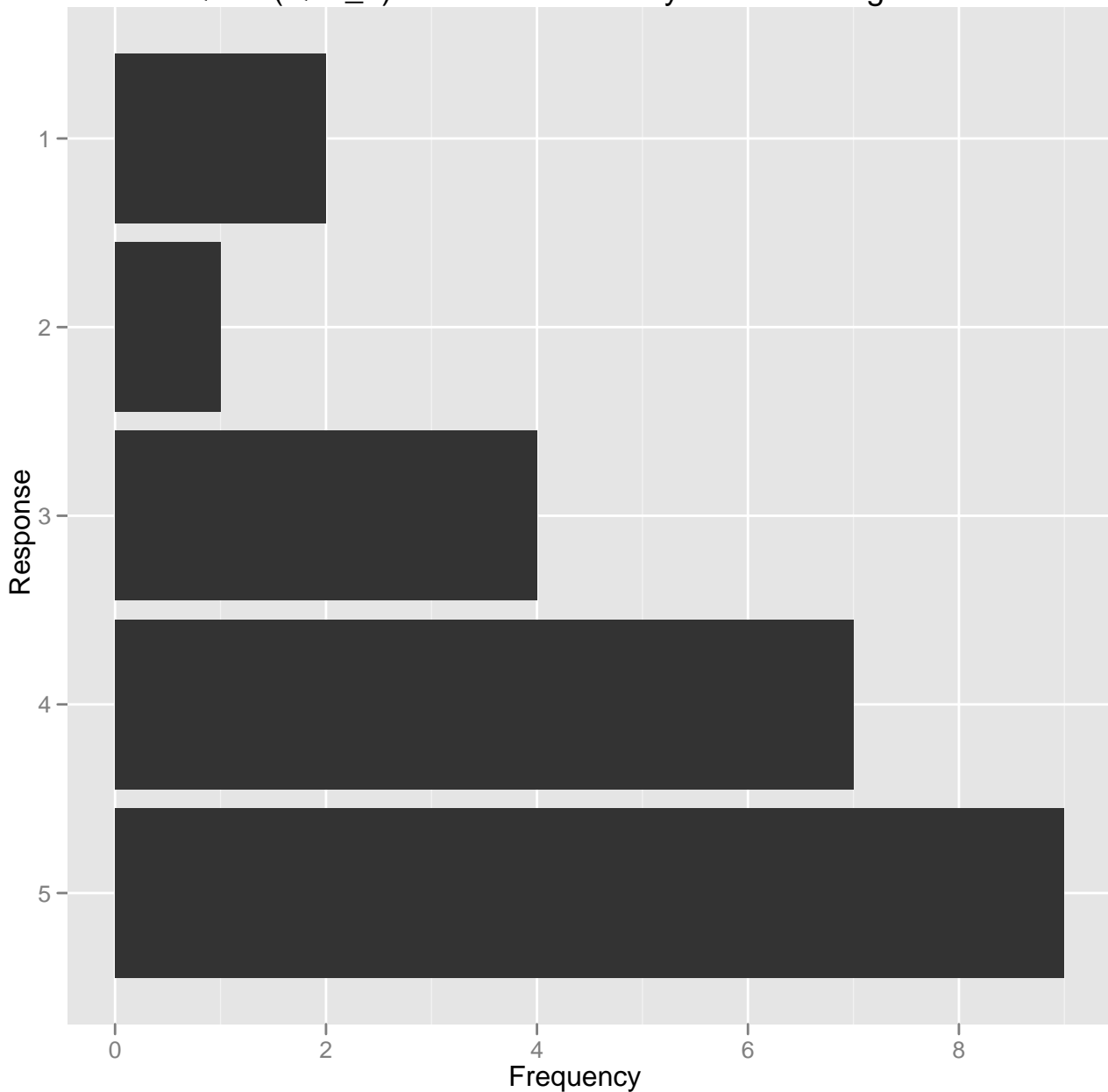
Q199 (Q51\_6):I let my partner down



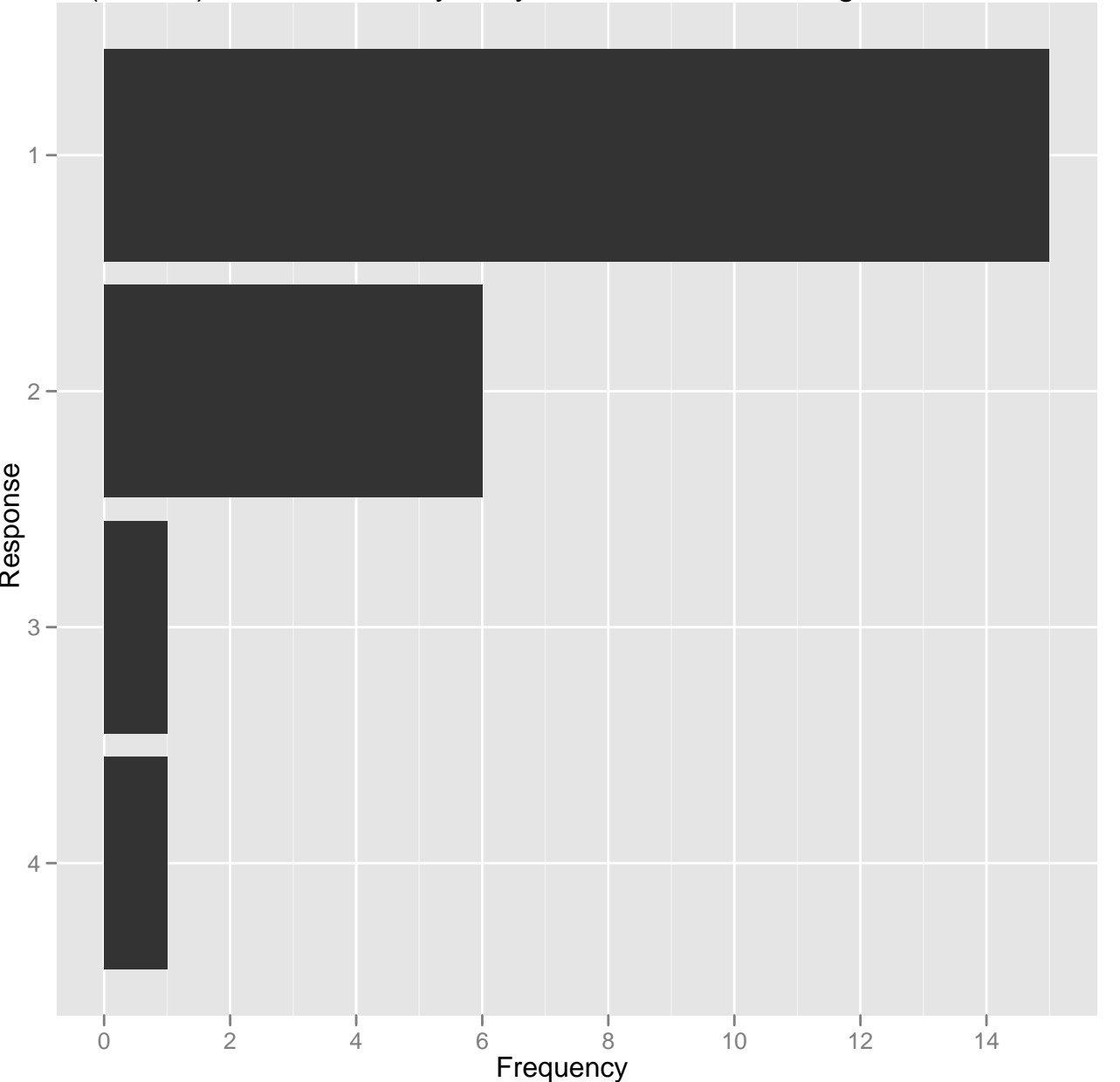
# Q200 (Q51\_7):My partner protected my birthing space during labor



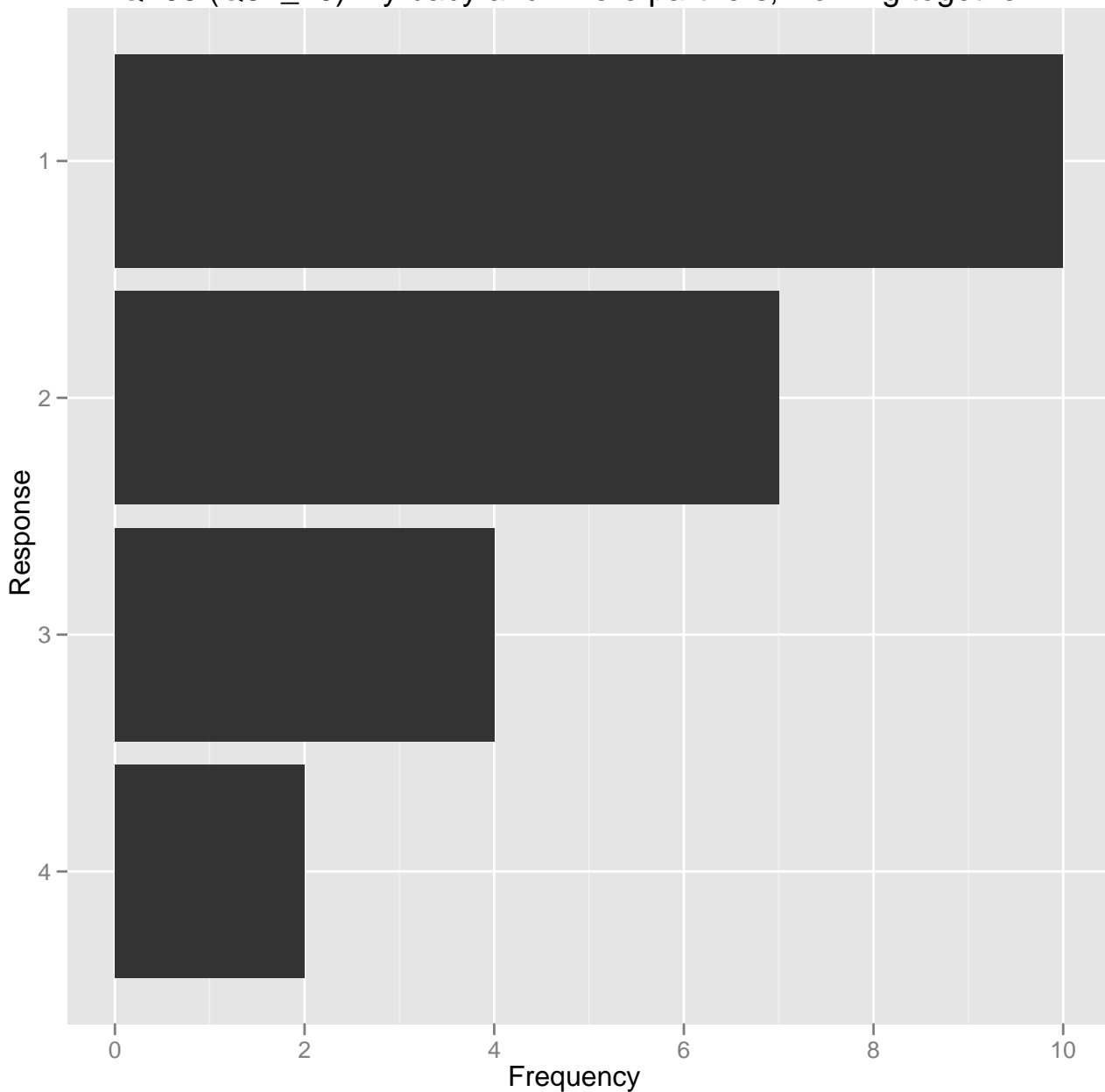
# Q201 (Q51\_8):I felt inhibited in my noises during labor



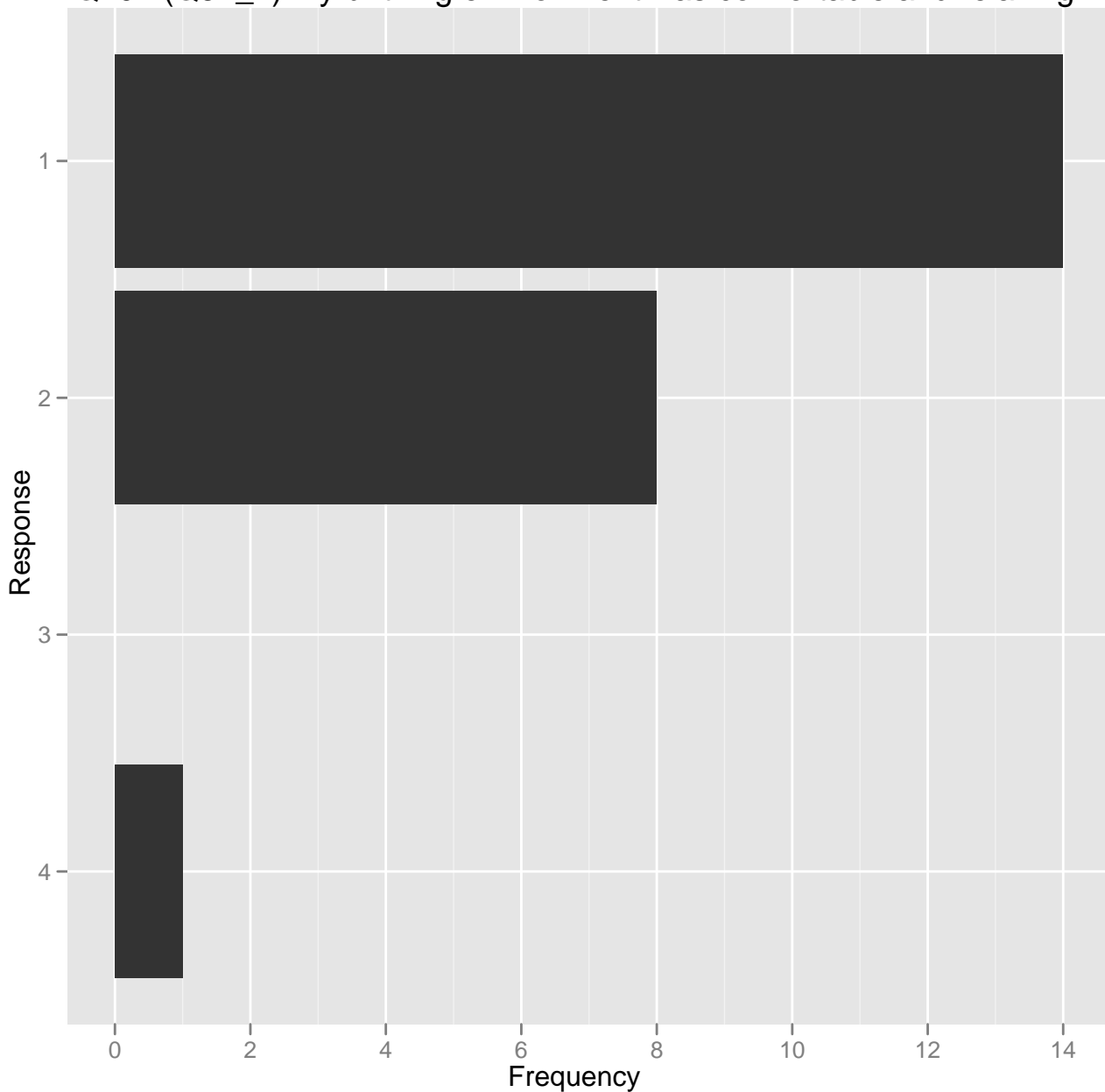
Q202 (Q51\_9):I believe that my body holds the wisdom to give birth on its own



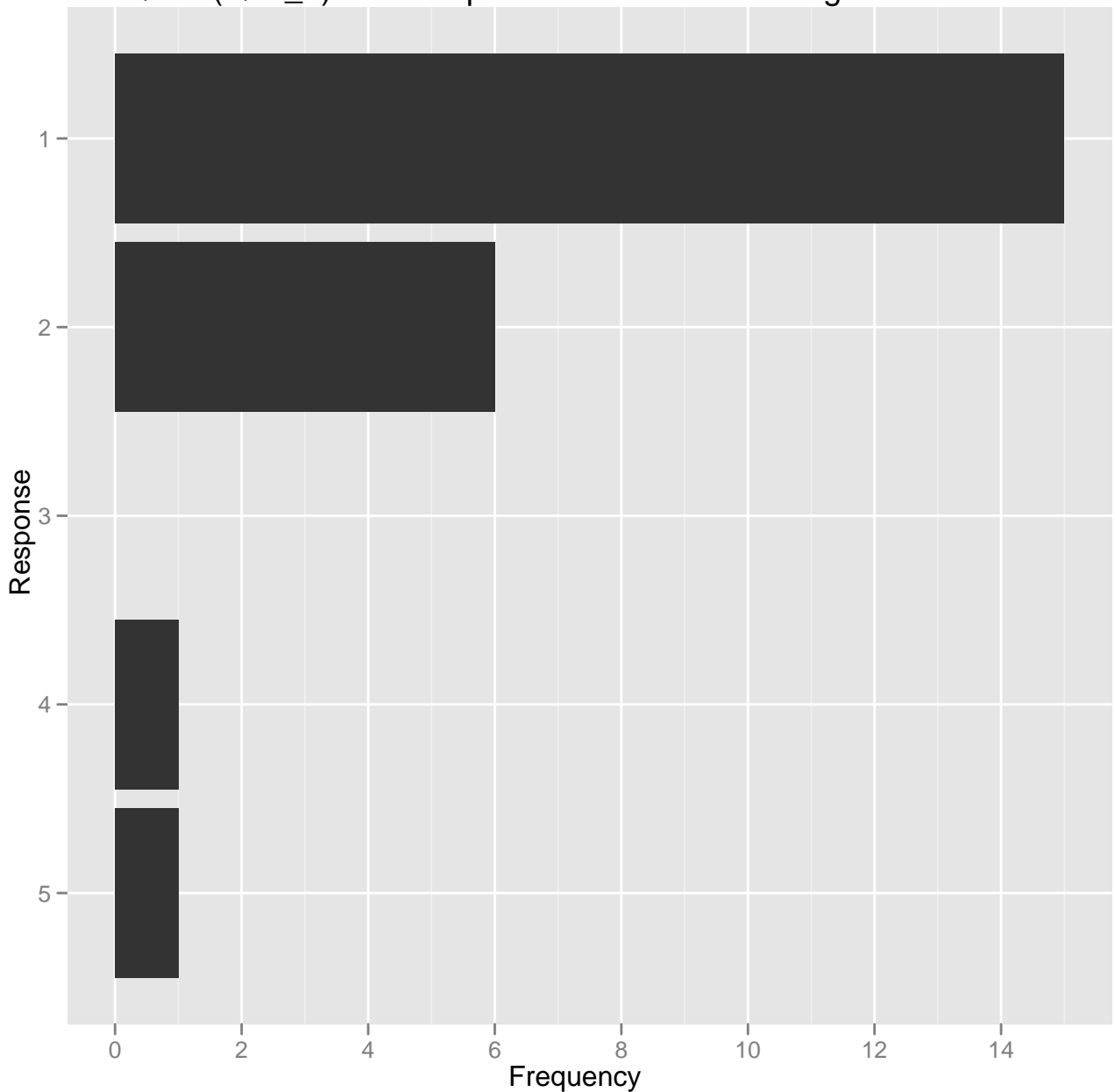
Q203 (Q51\_10):My baby and I were partners, working together



Q204 (Q52\_1):My birthing environment was comfortable and relaxing

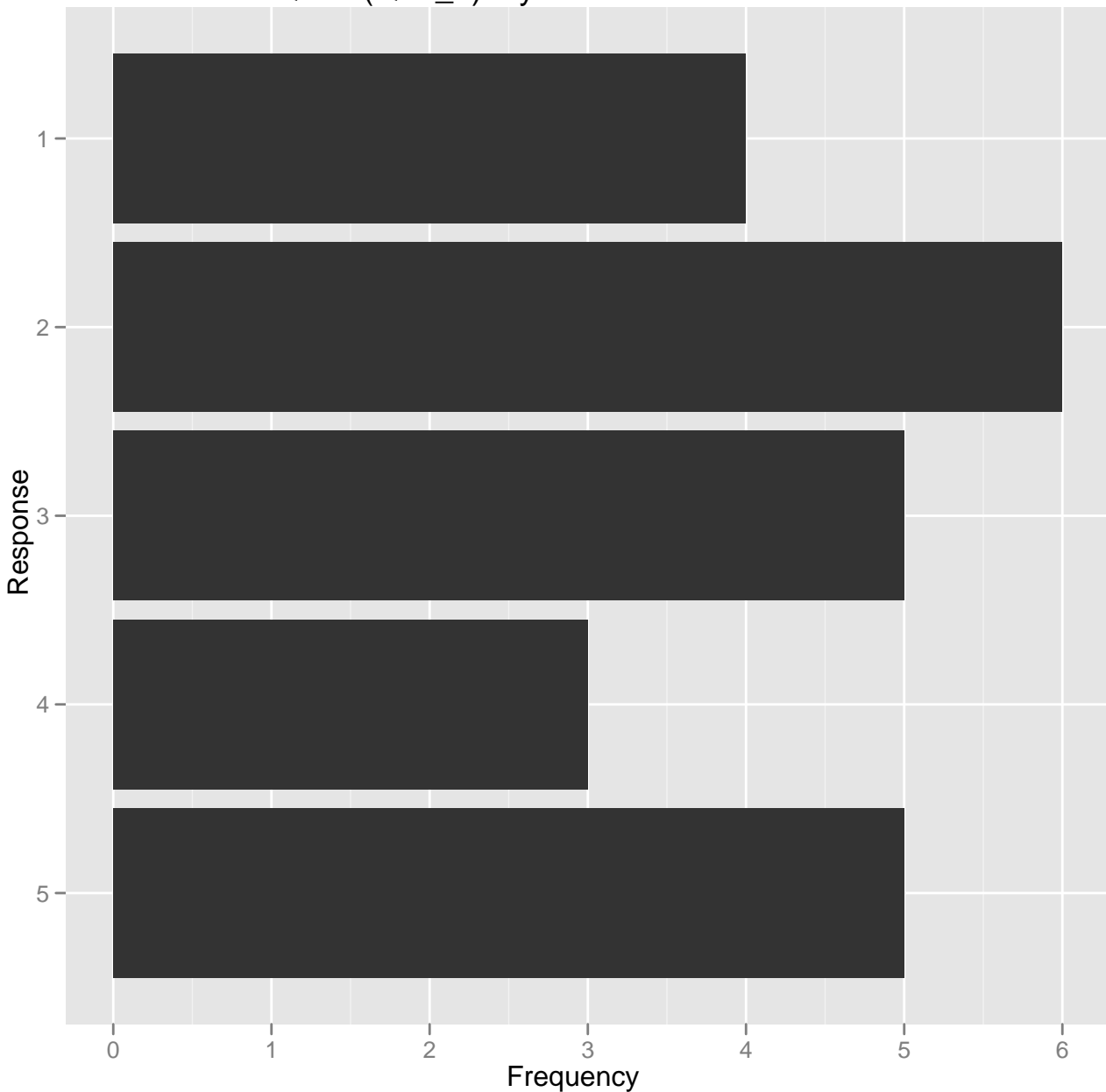


Q205 (Q52\_2):I made spontaneous noises during contractions

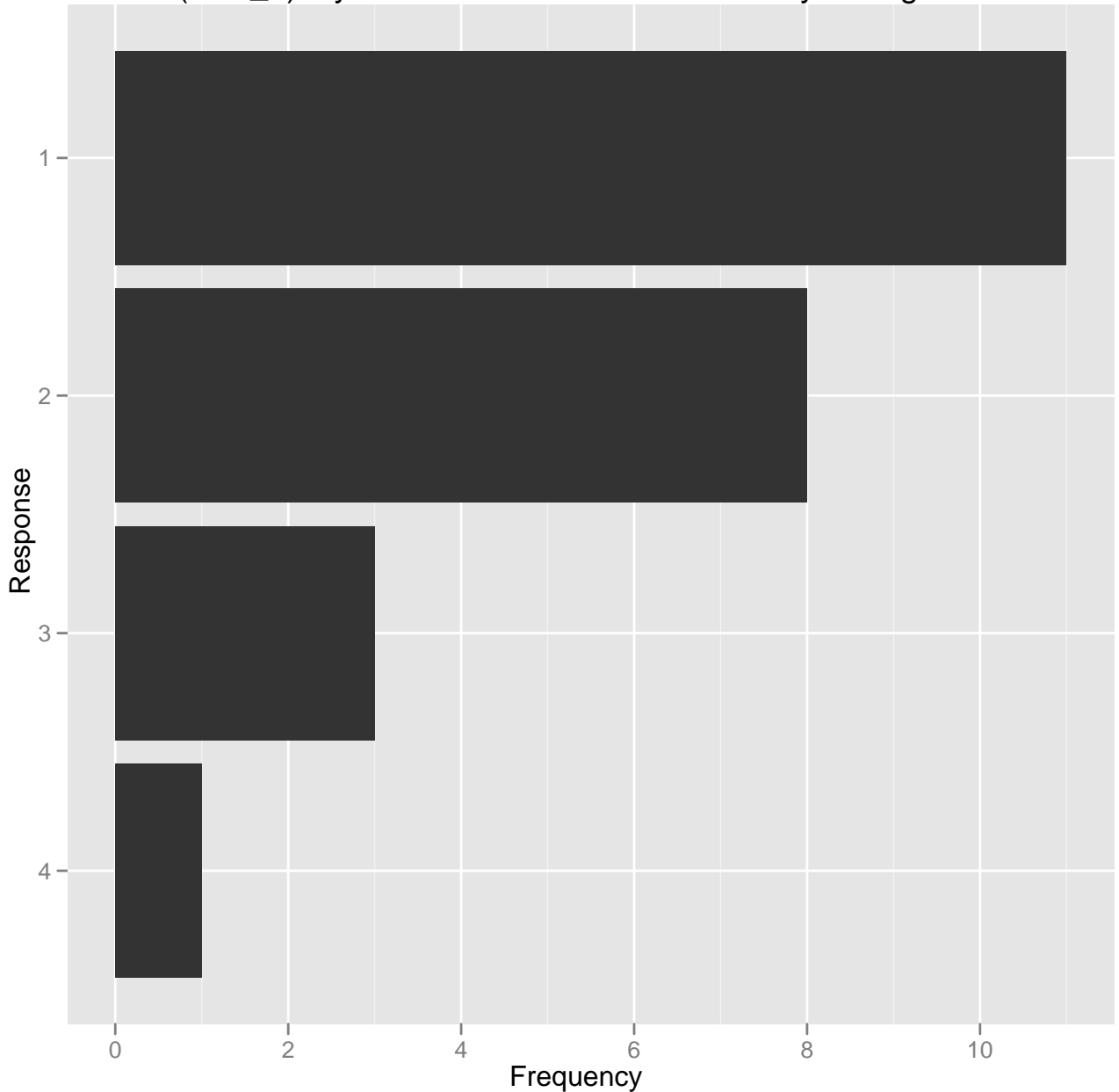




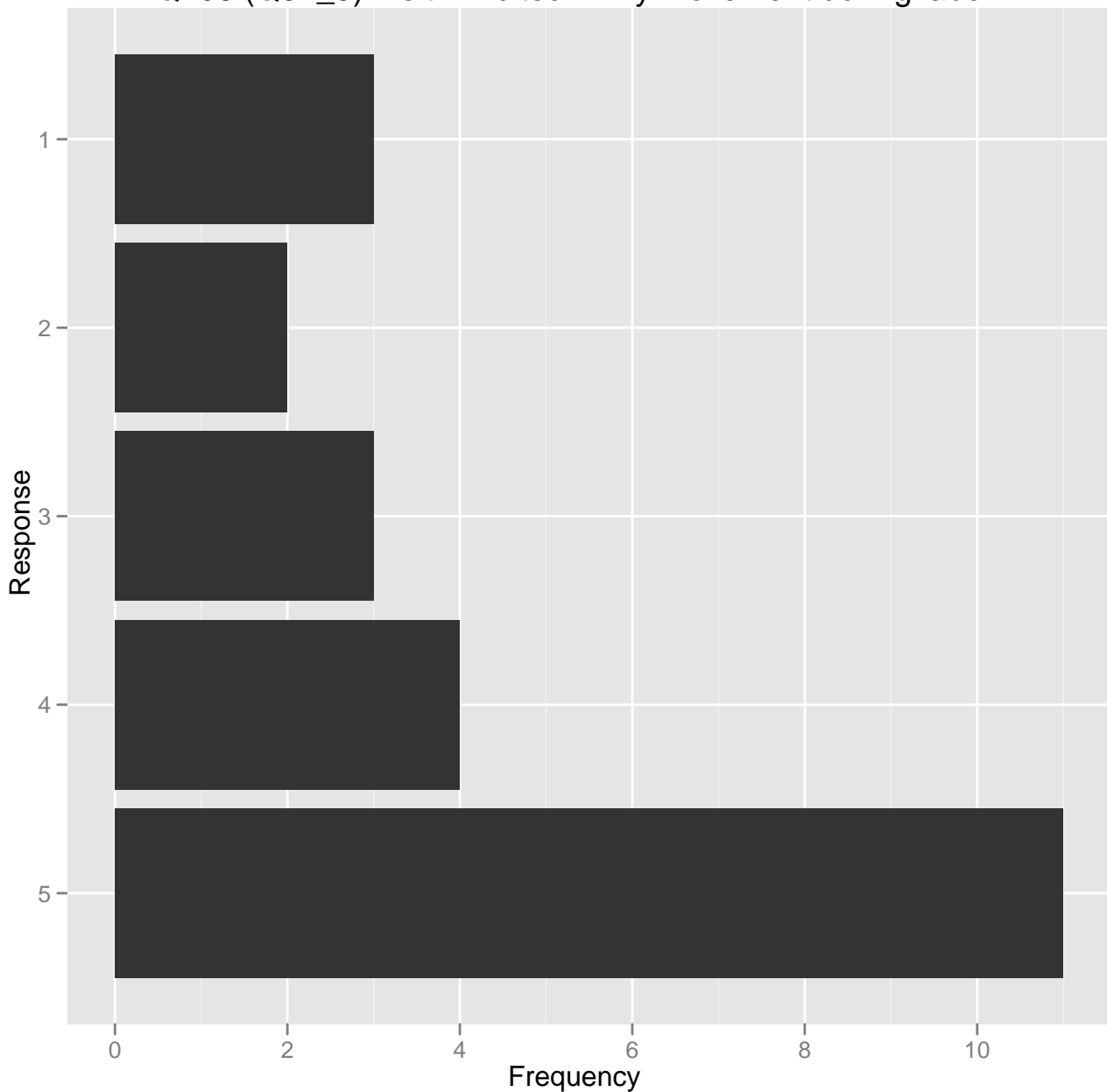
# Q206 (Q52\_3):My sense of self dissolved



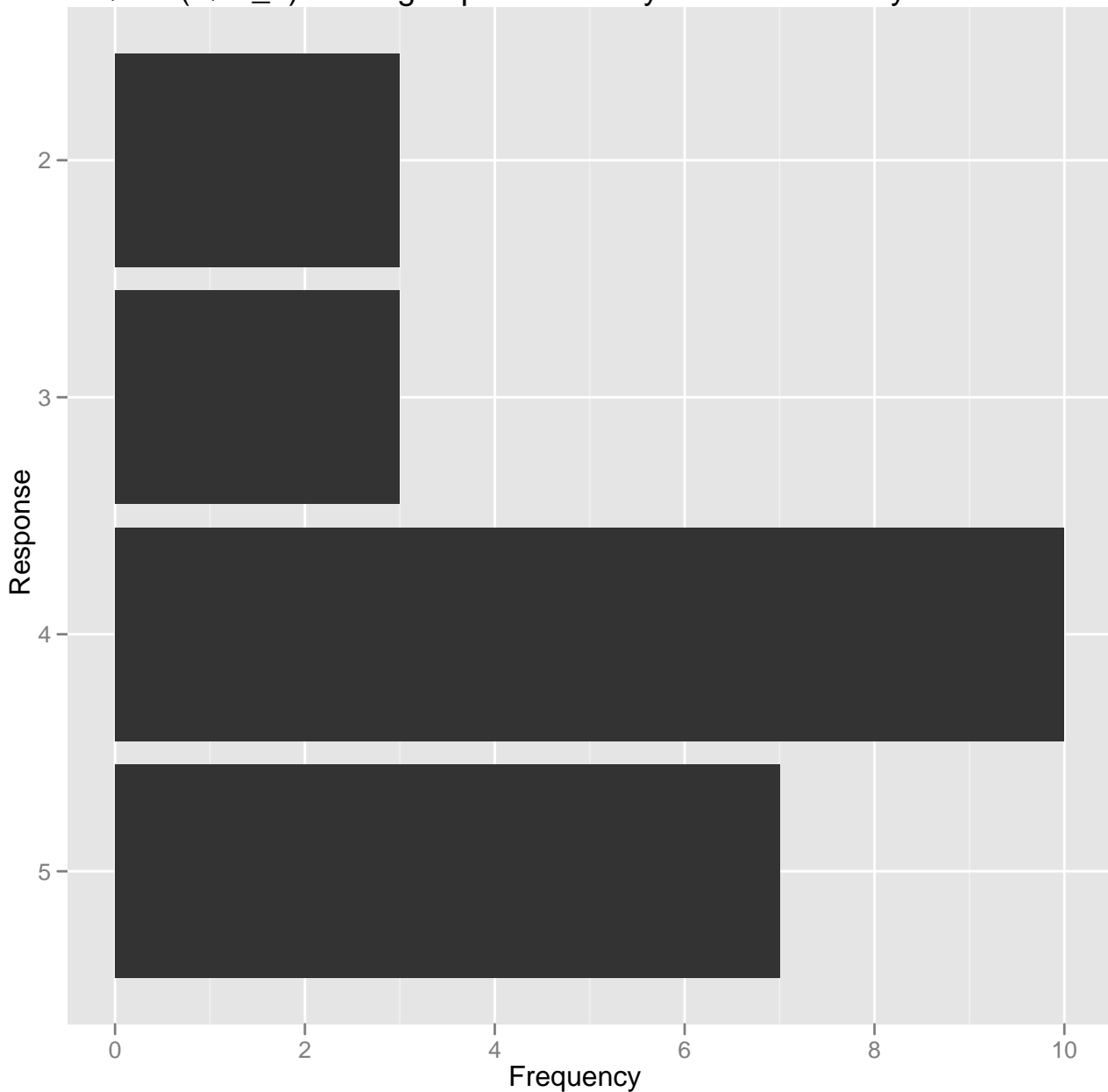
Q207 (Q52\_4):My attention was focused internally throughout labor



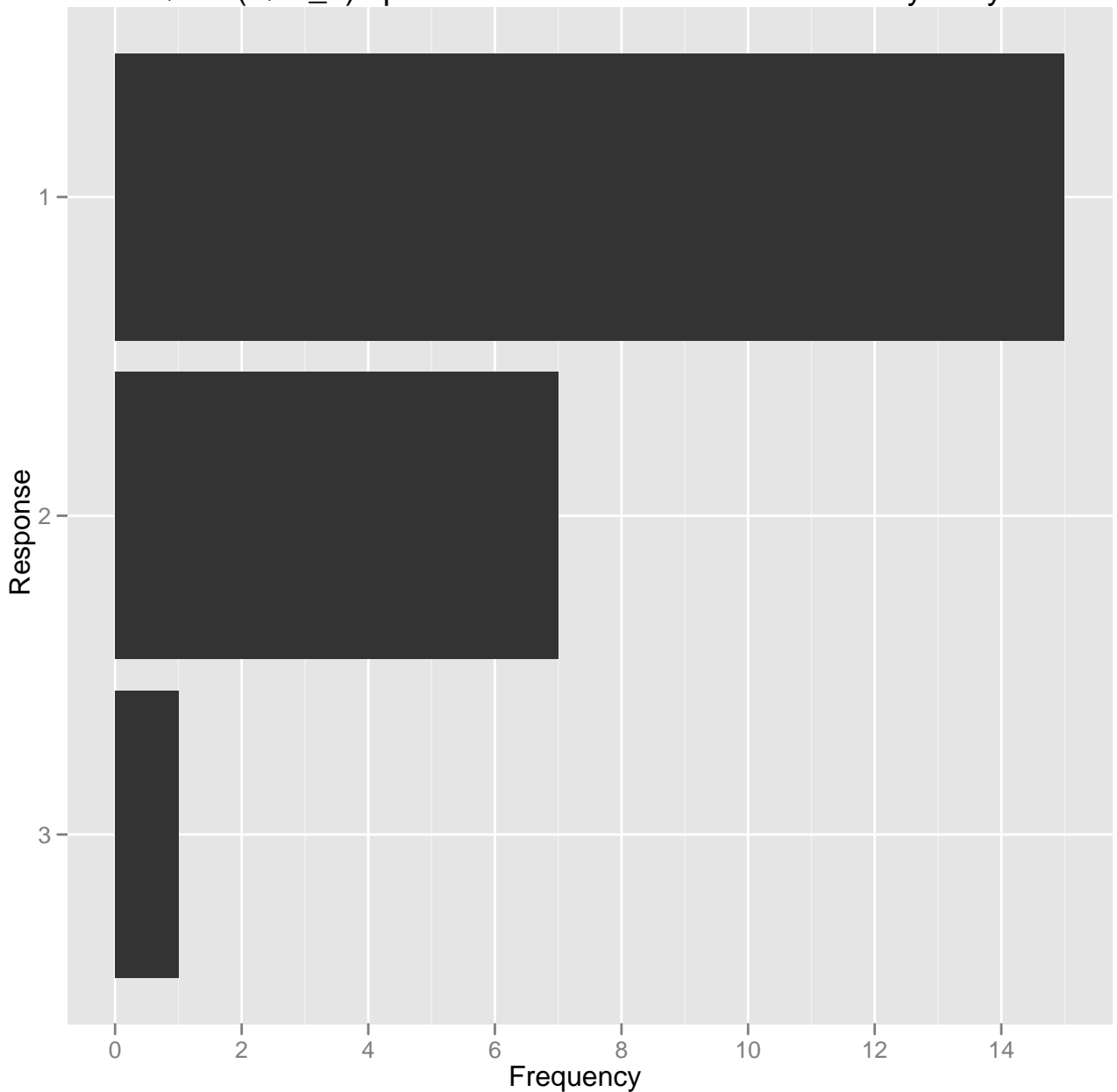
# Q208 (Q52\_5):I felt inhibited in my movement during labor



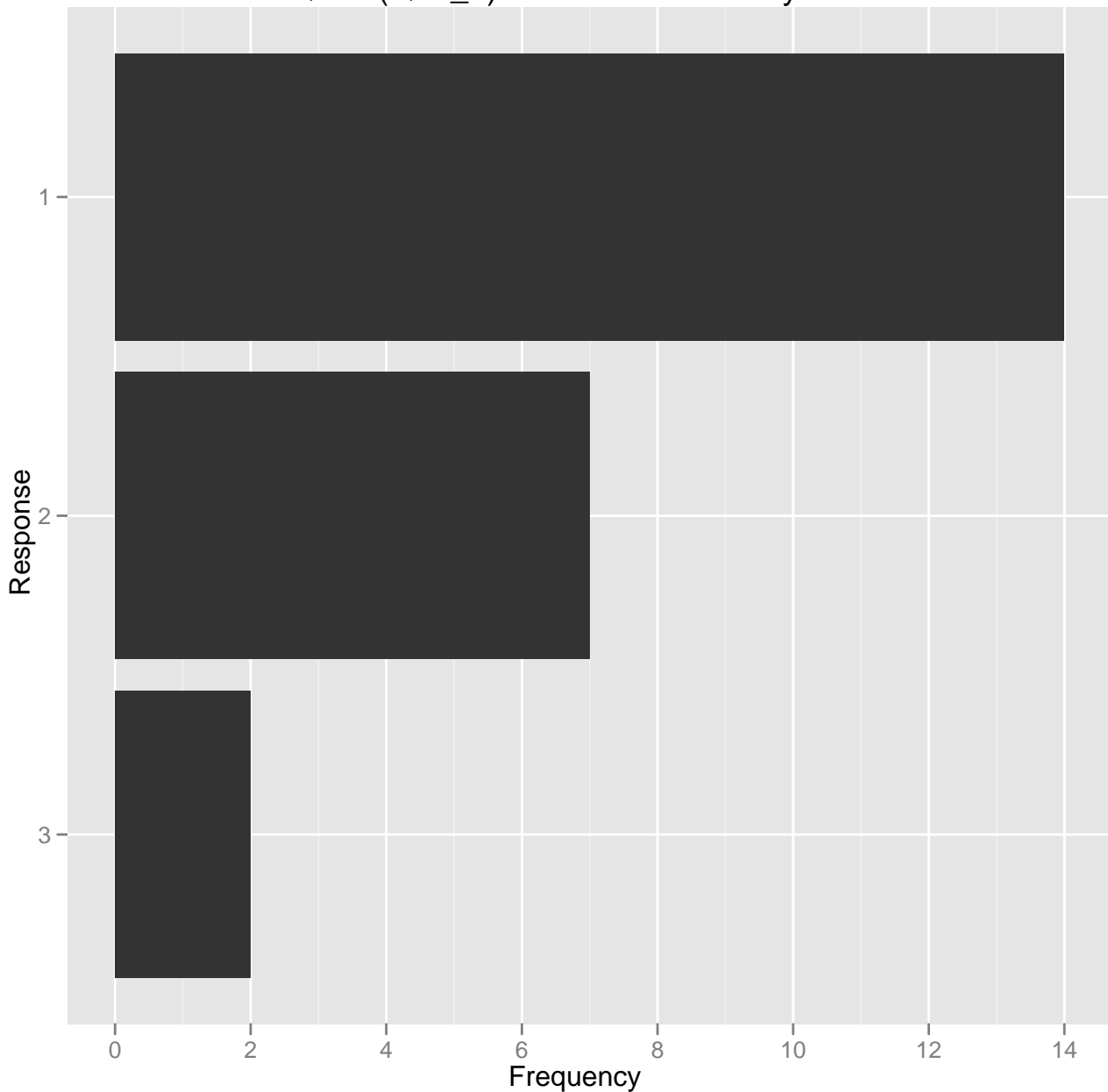
Q209 (Q52\_6):I changed positions only when somebody told me to



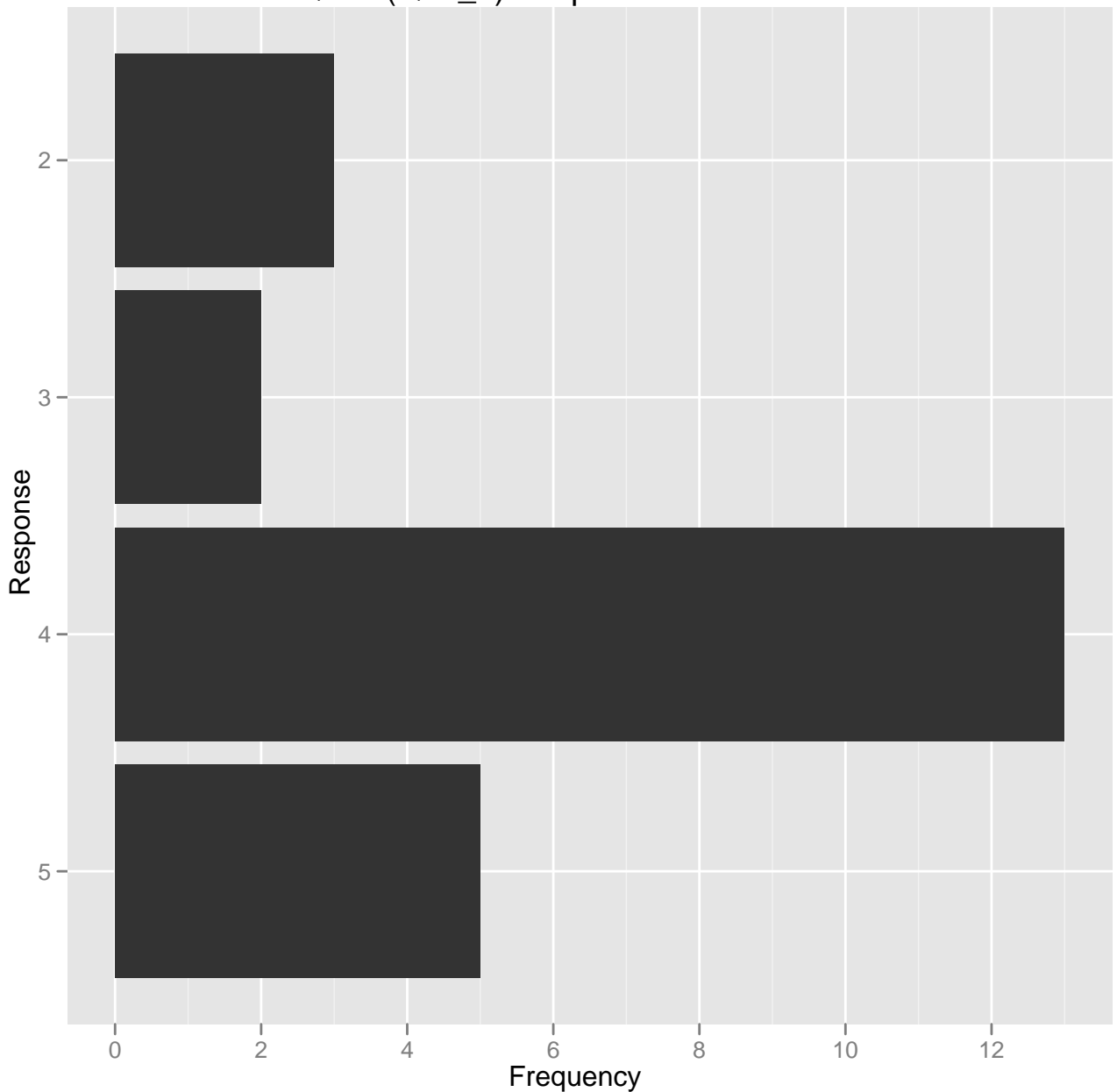
# Q210 (Q52\_7):I paid attention to the sensations in my body



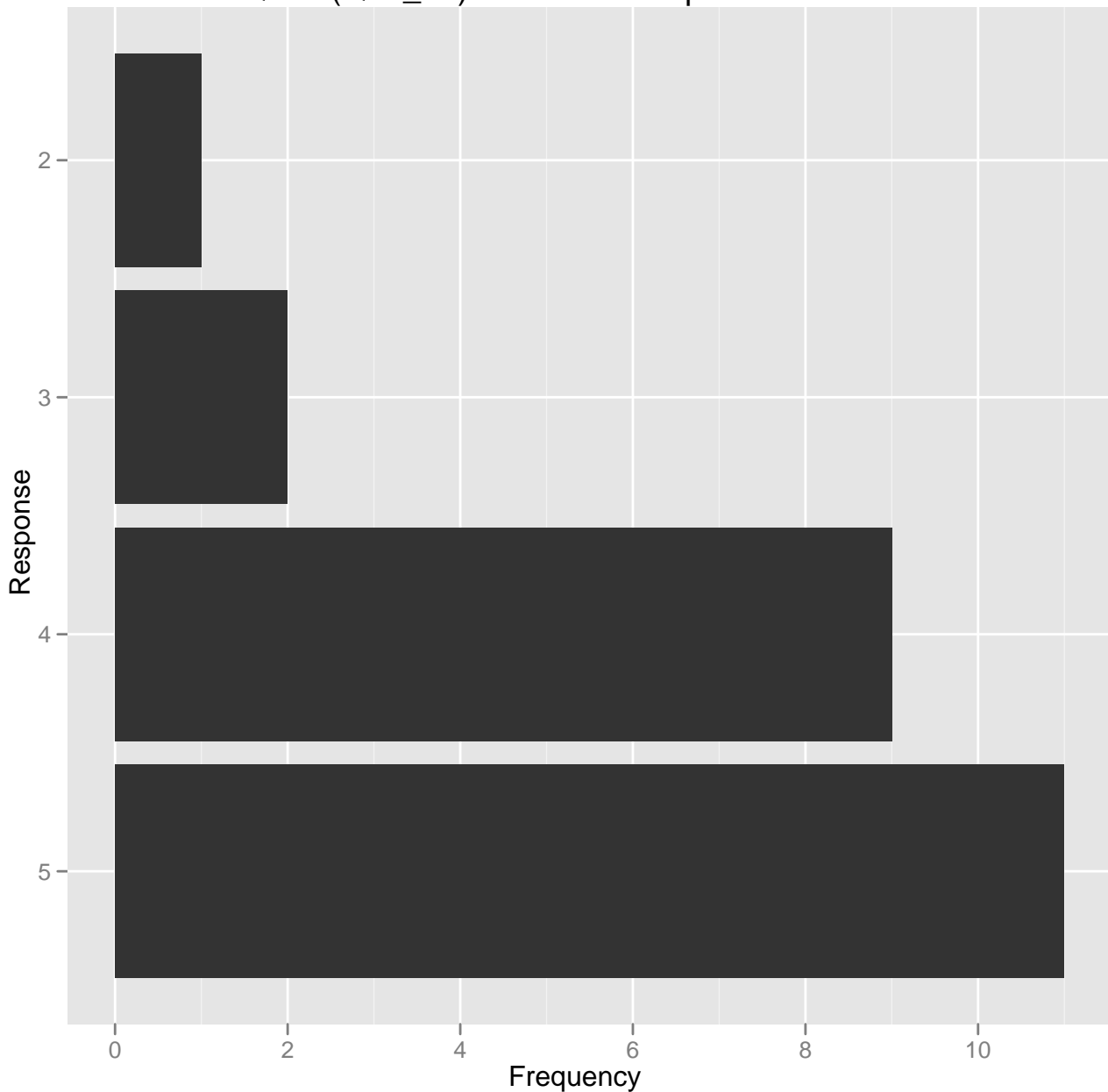
# Q211 (Q52\_8):I was able to "be myself"



Q212 (Q52\_9):People talked too much

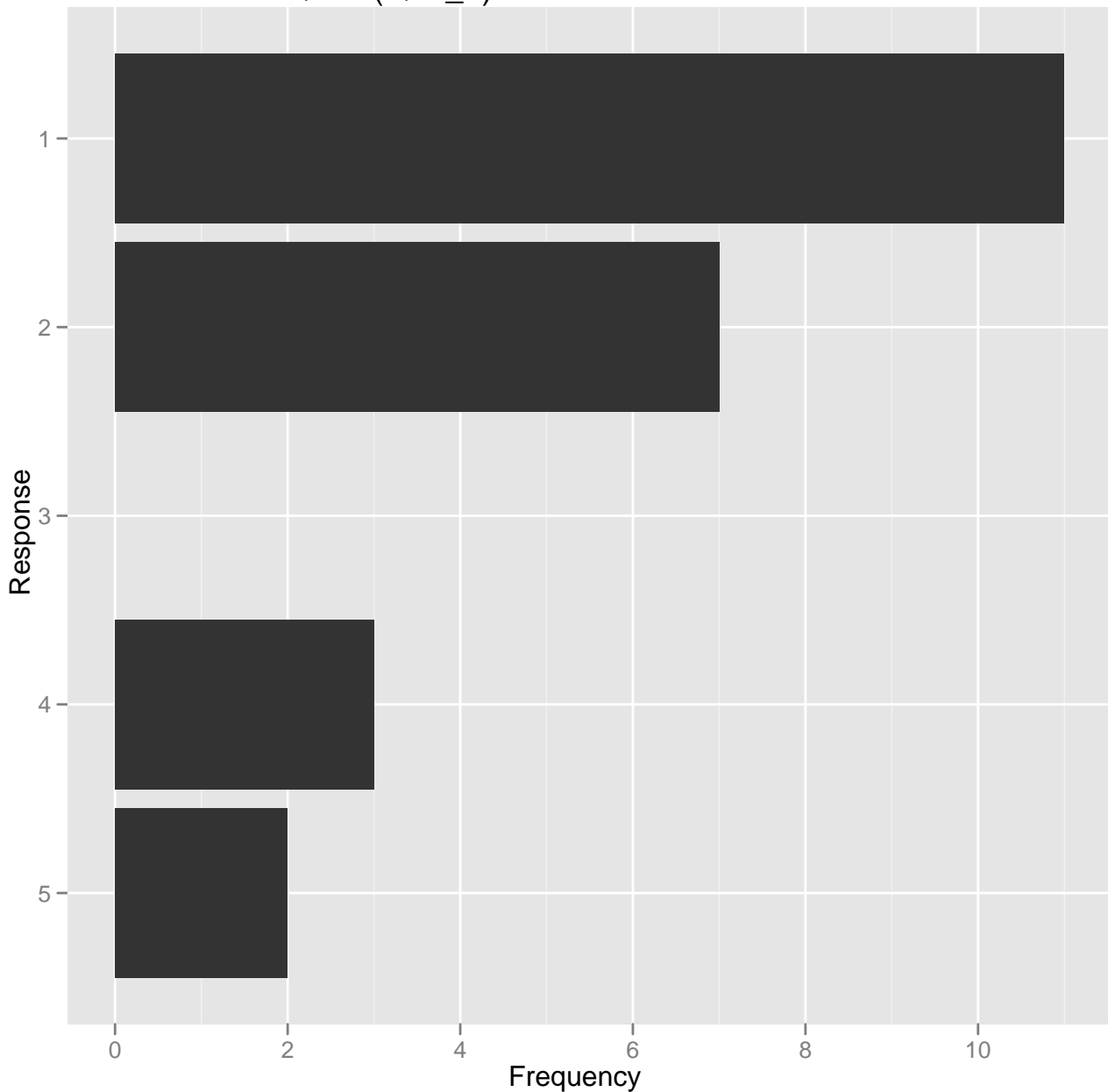


Q213 (Q52\_10):I needed to impress someone

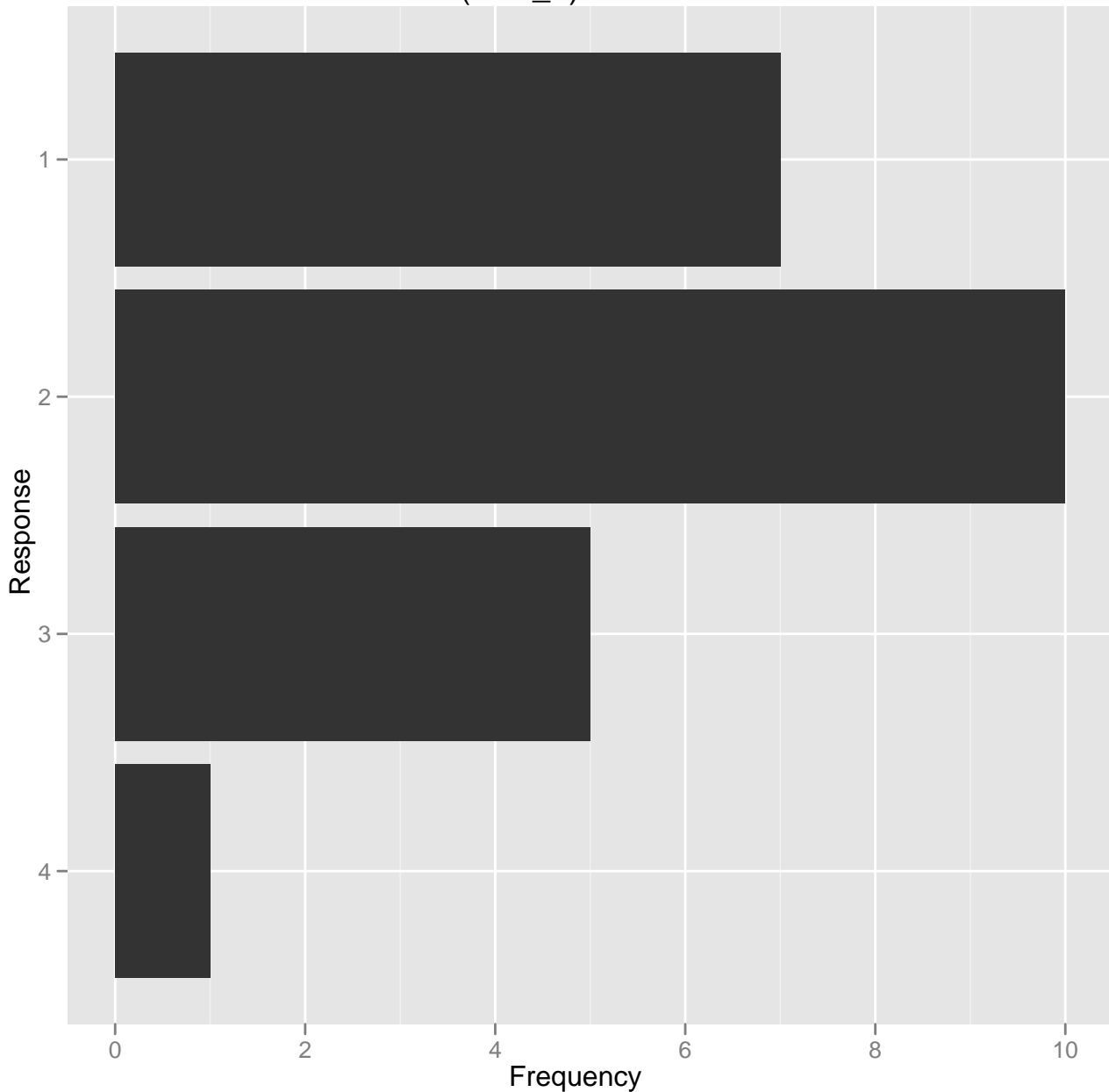




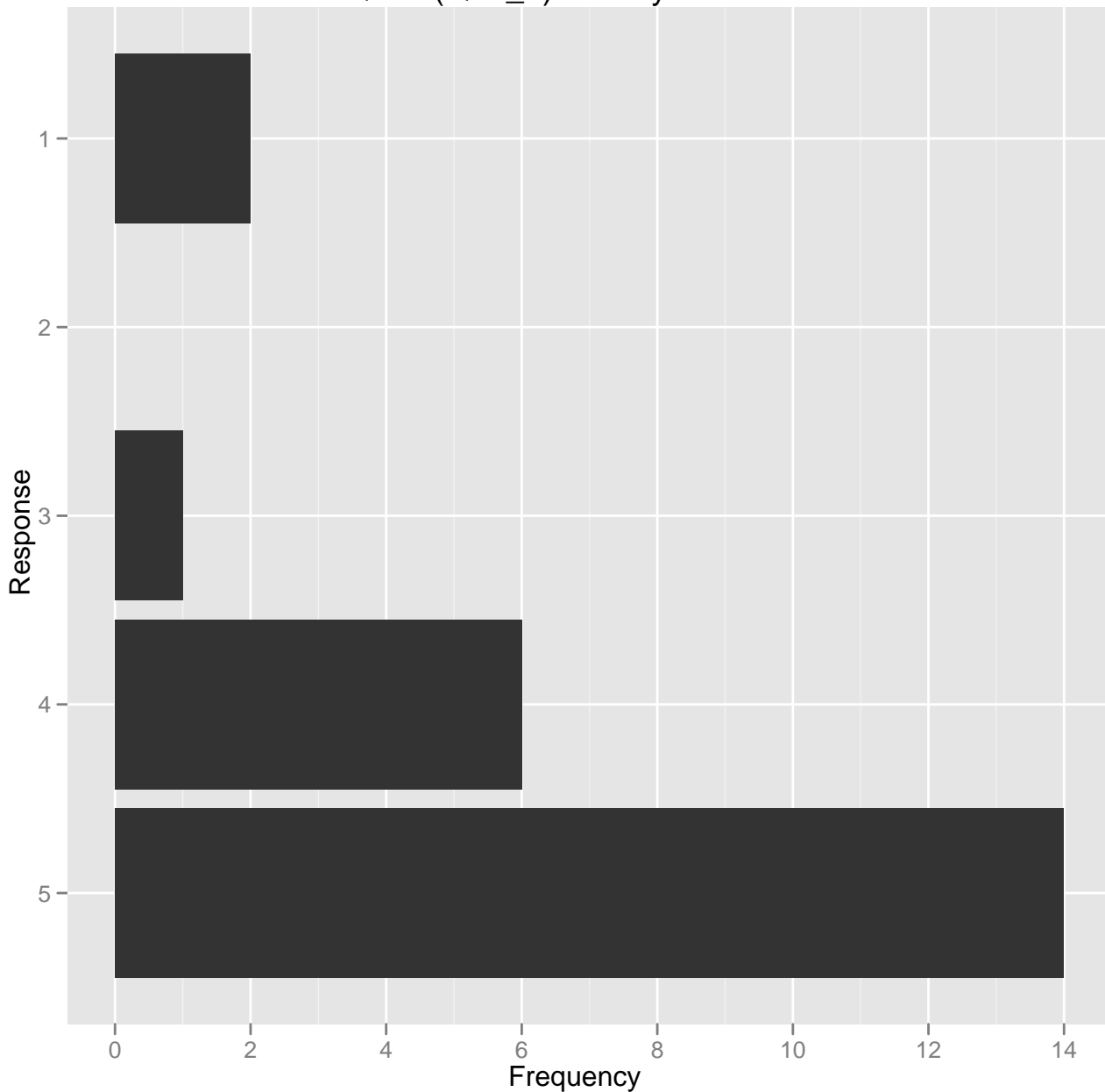
# Q214 (Q53\_1):I moved around the room



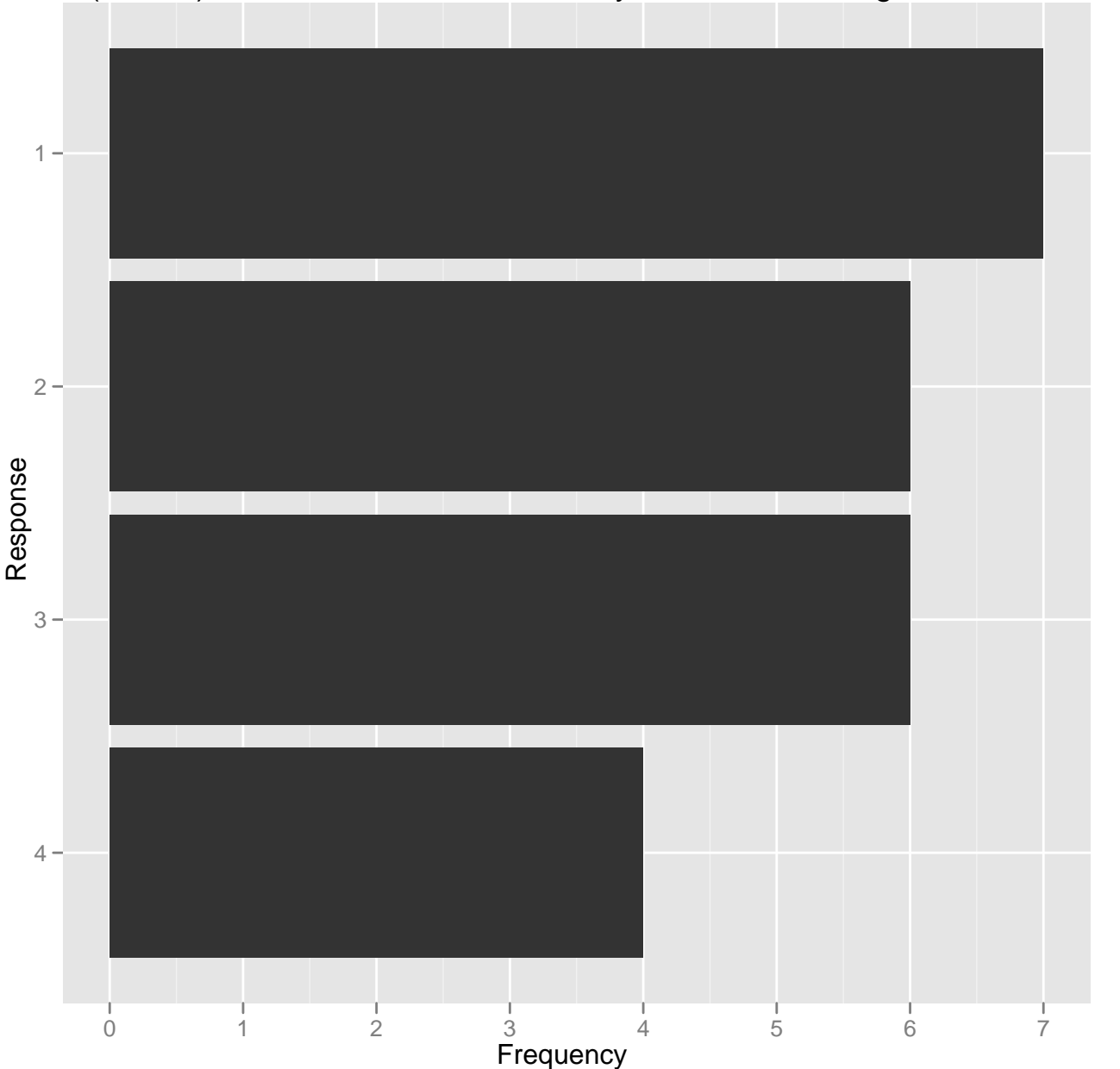
# Q215 (Q53\_2):I was relaxed



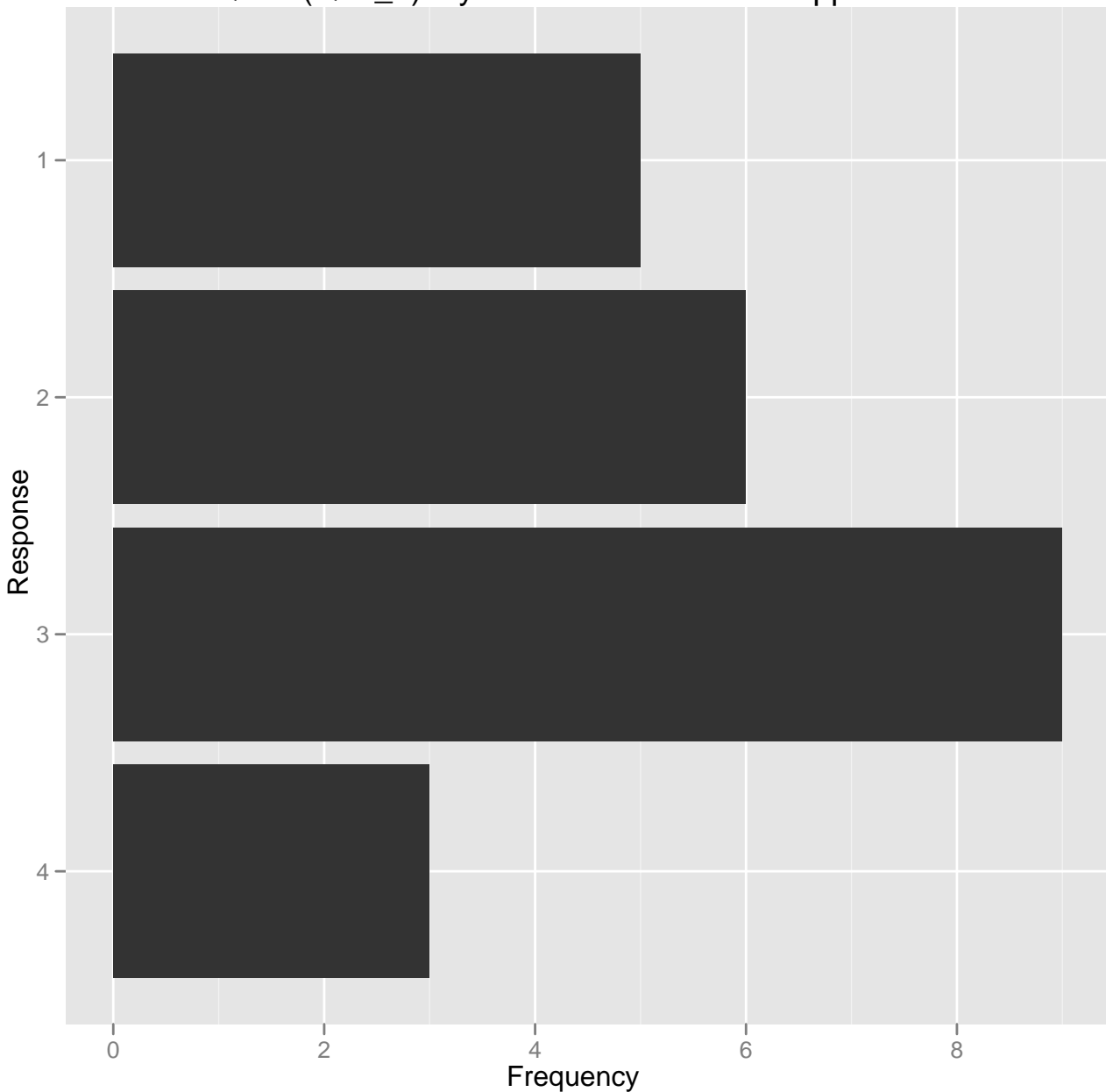
Q216 (Q53\_3):I let myself down



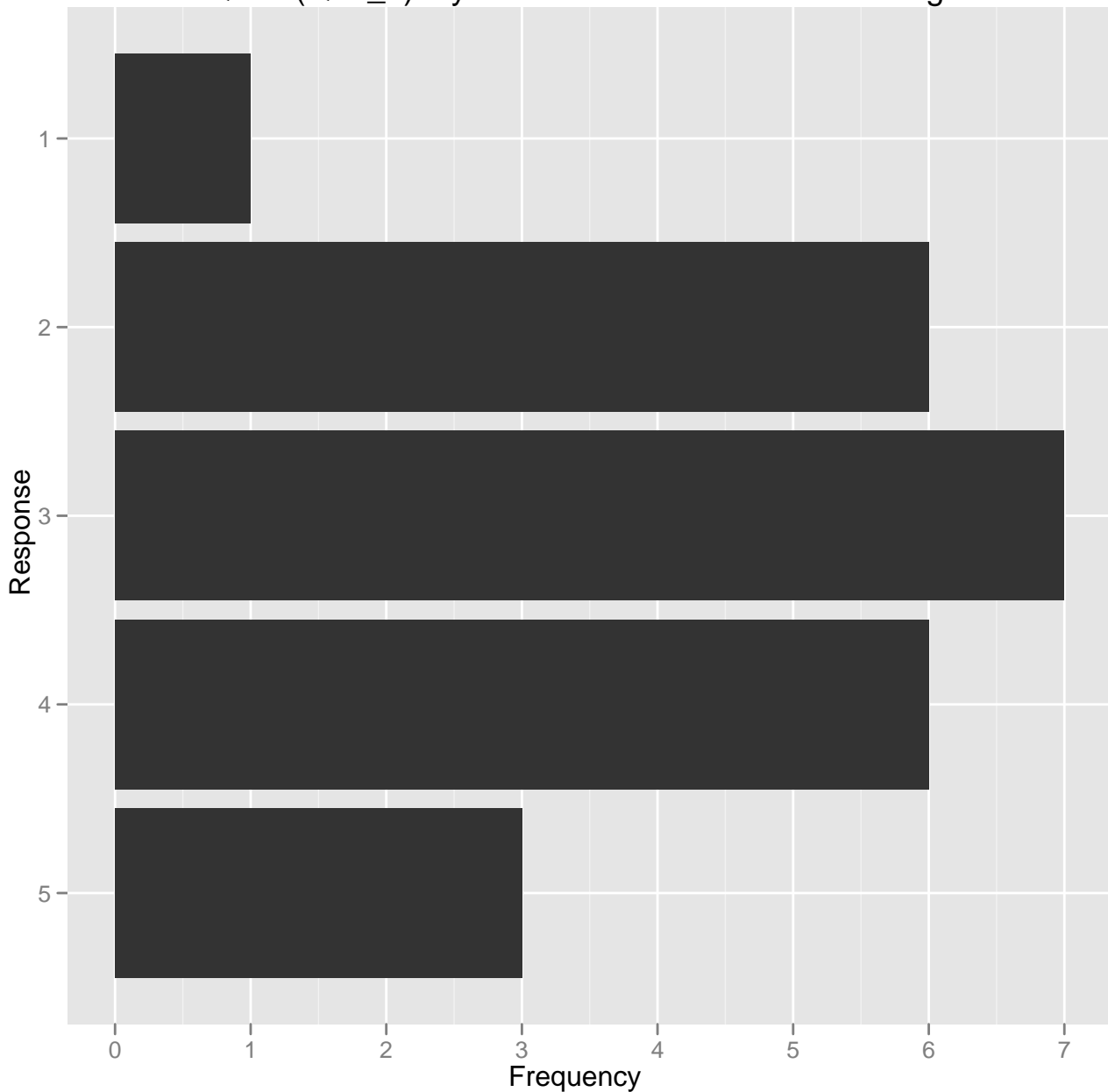
Q217 (Q53\_4):I moved around based on my intuitive knowledge of how to birth



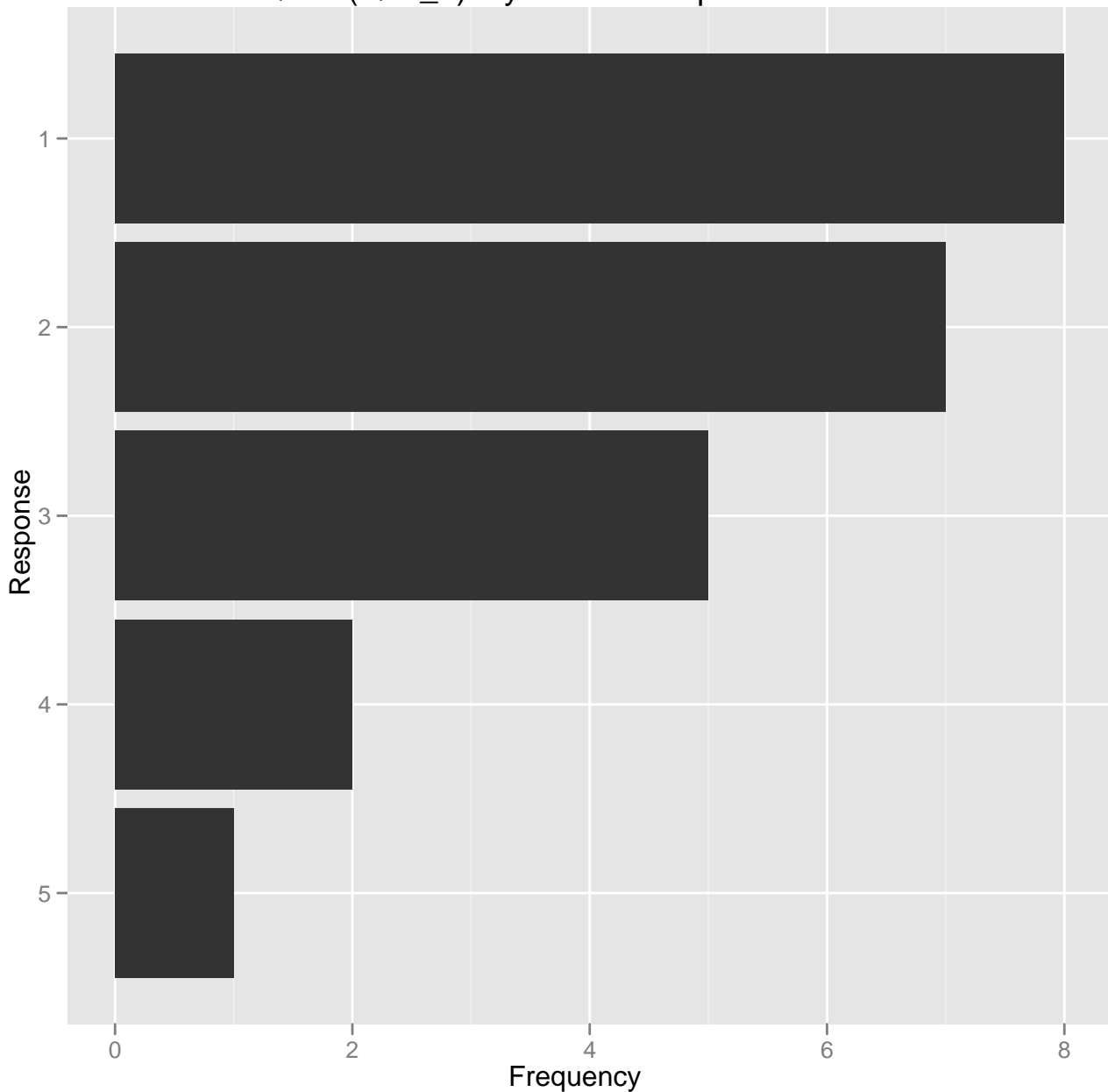
# Q218 (Q53\_5):My ...mental chatter... disappeared



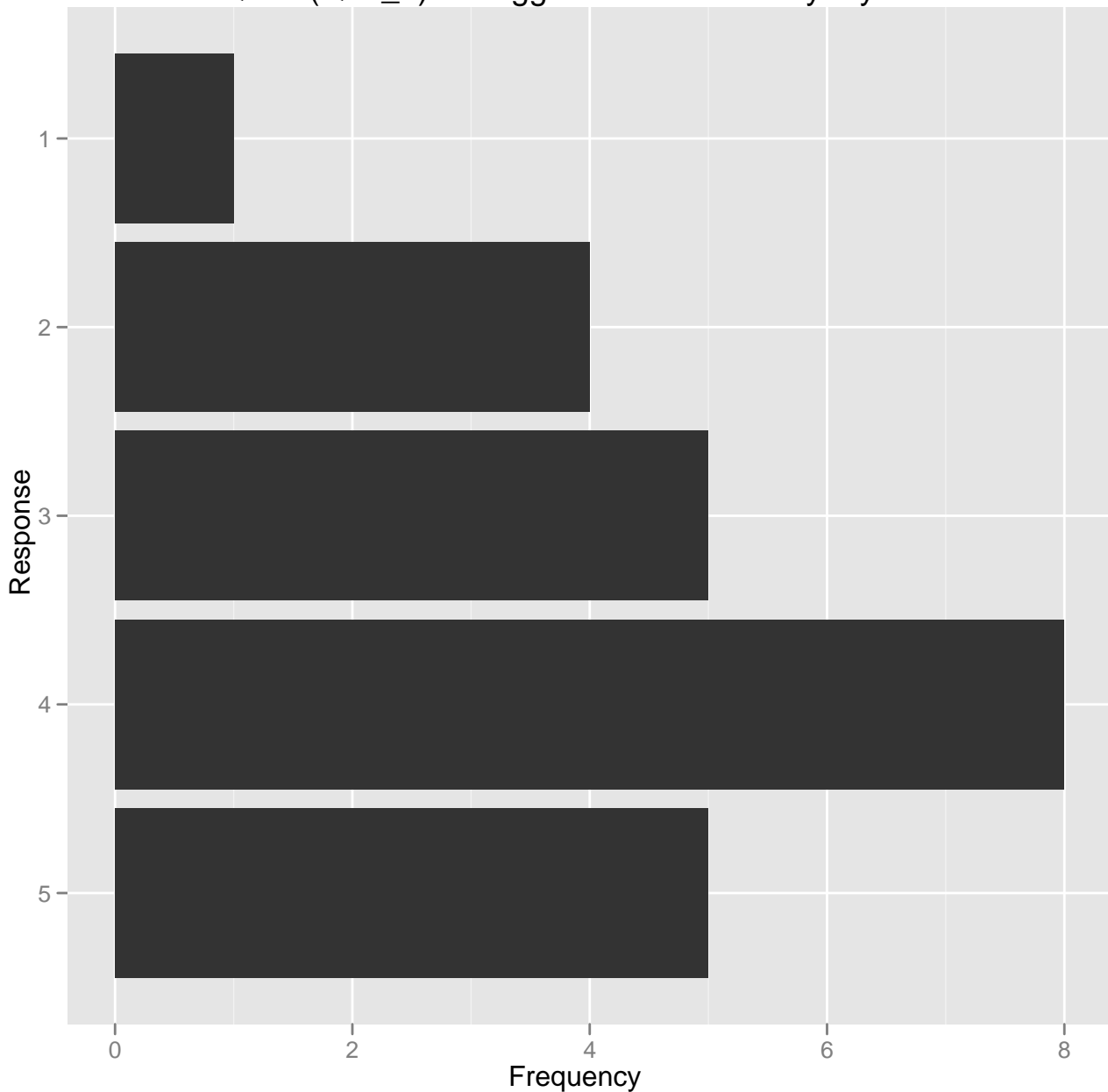
# Q219 (Q53\_6):My emotions became overwhelming



# Q220 (Q53\_7):My birth was a private event

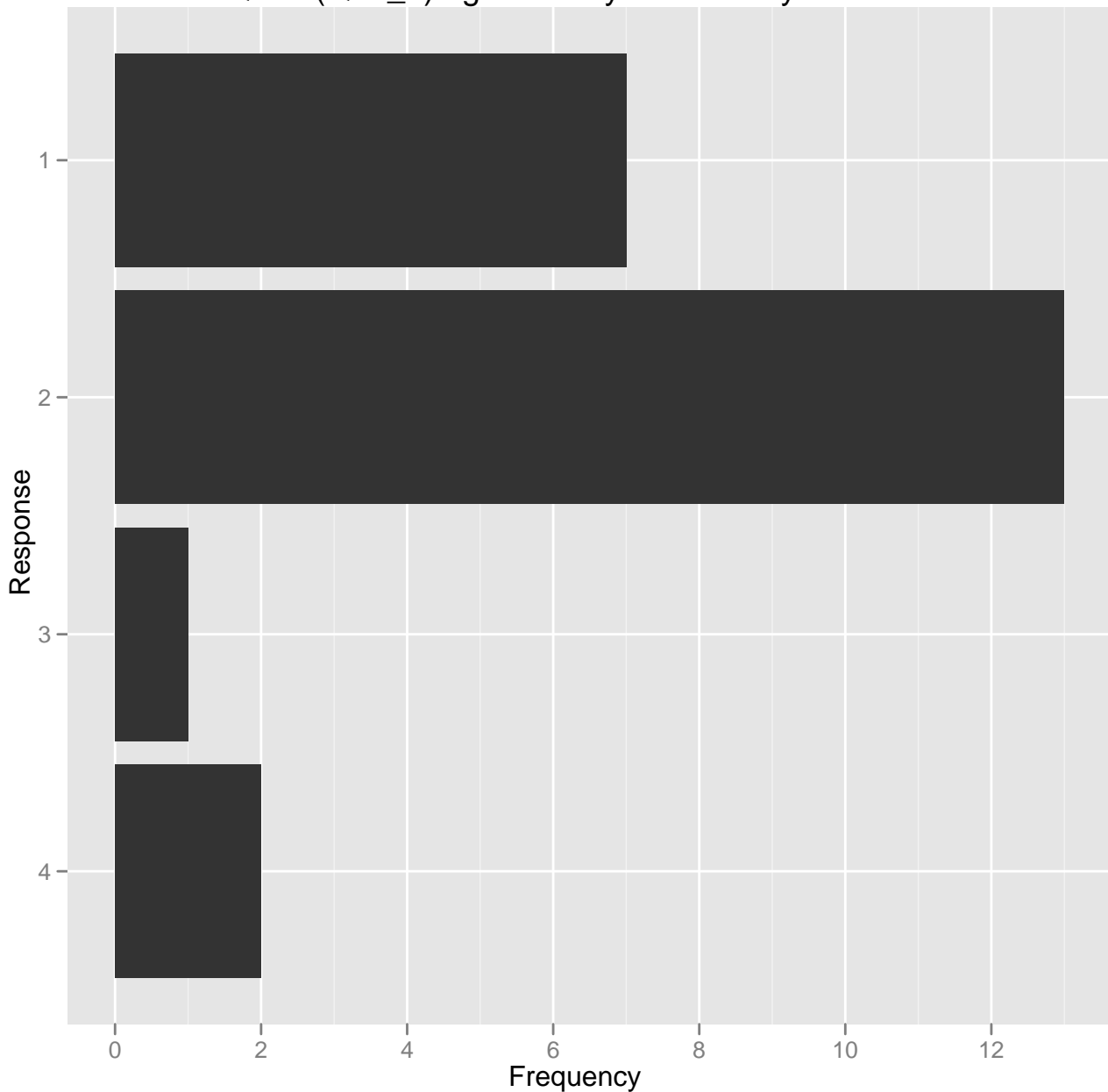


Q221 (Q53\_8):I struggled to find a steady rhythm

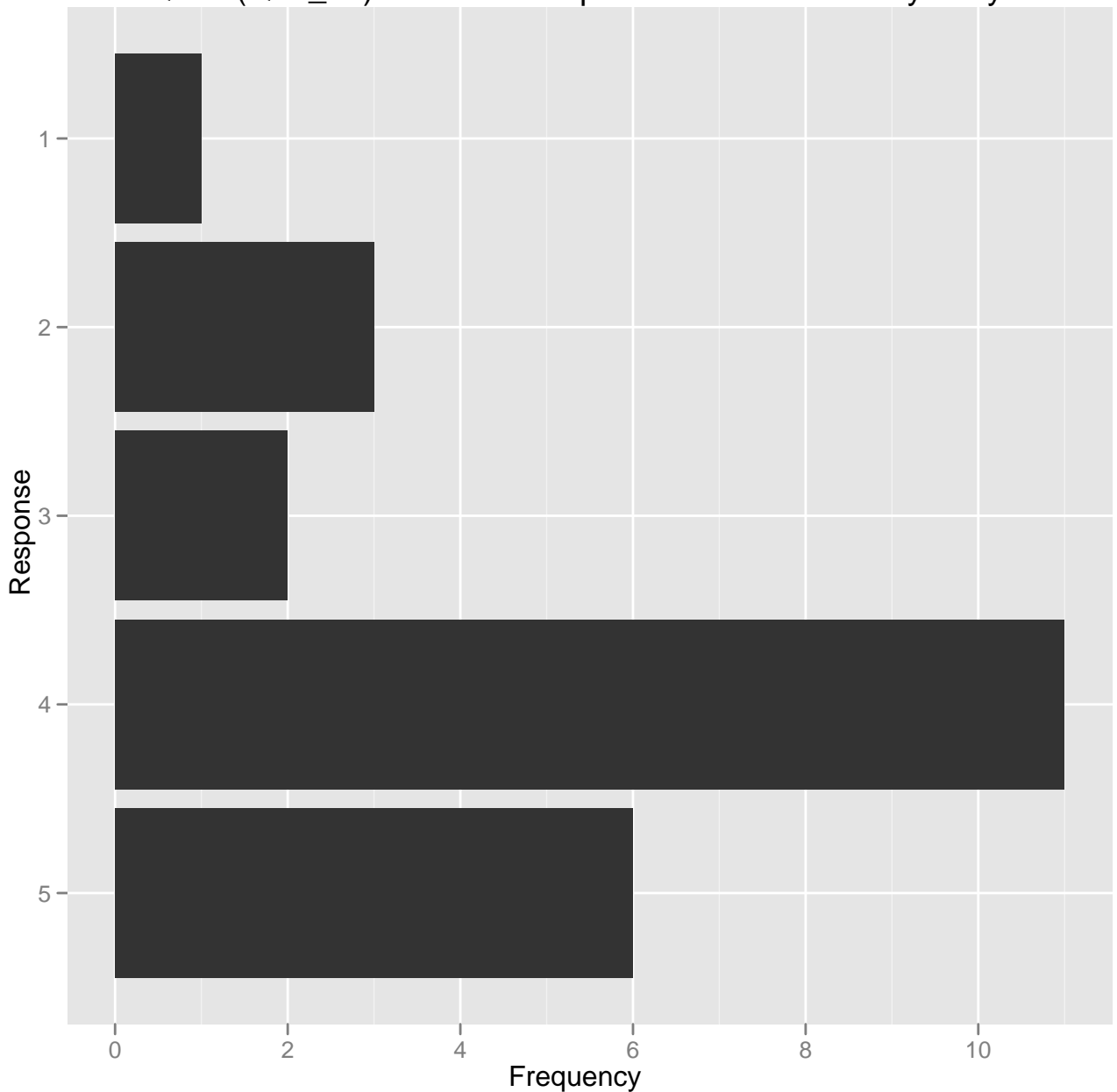




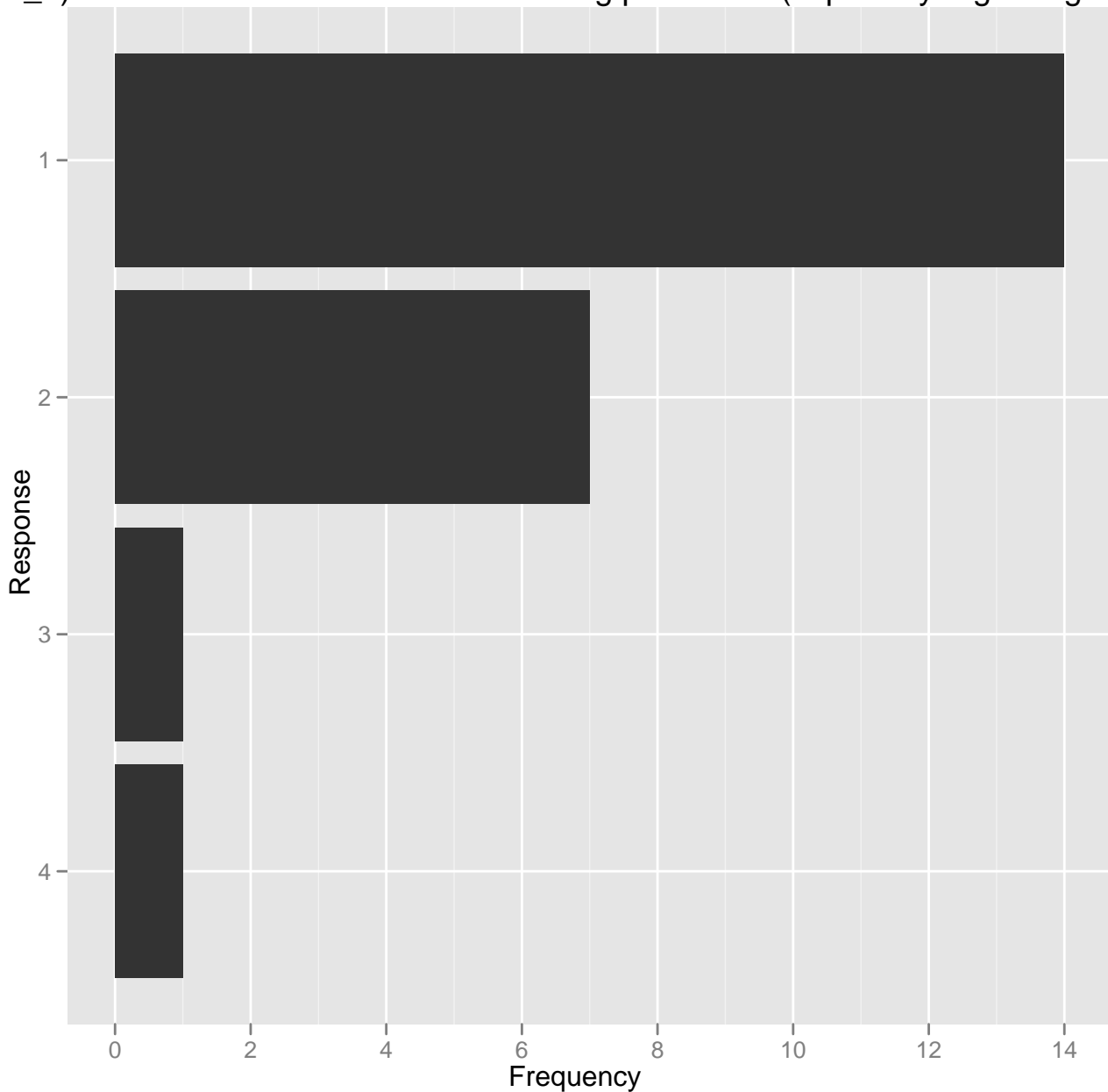
# Q222 (Q53\_9):I gave it "my all" in every moment



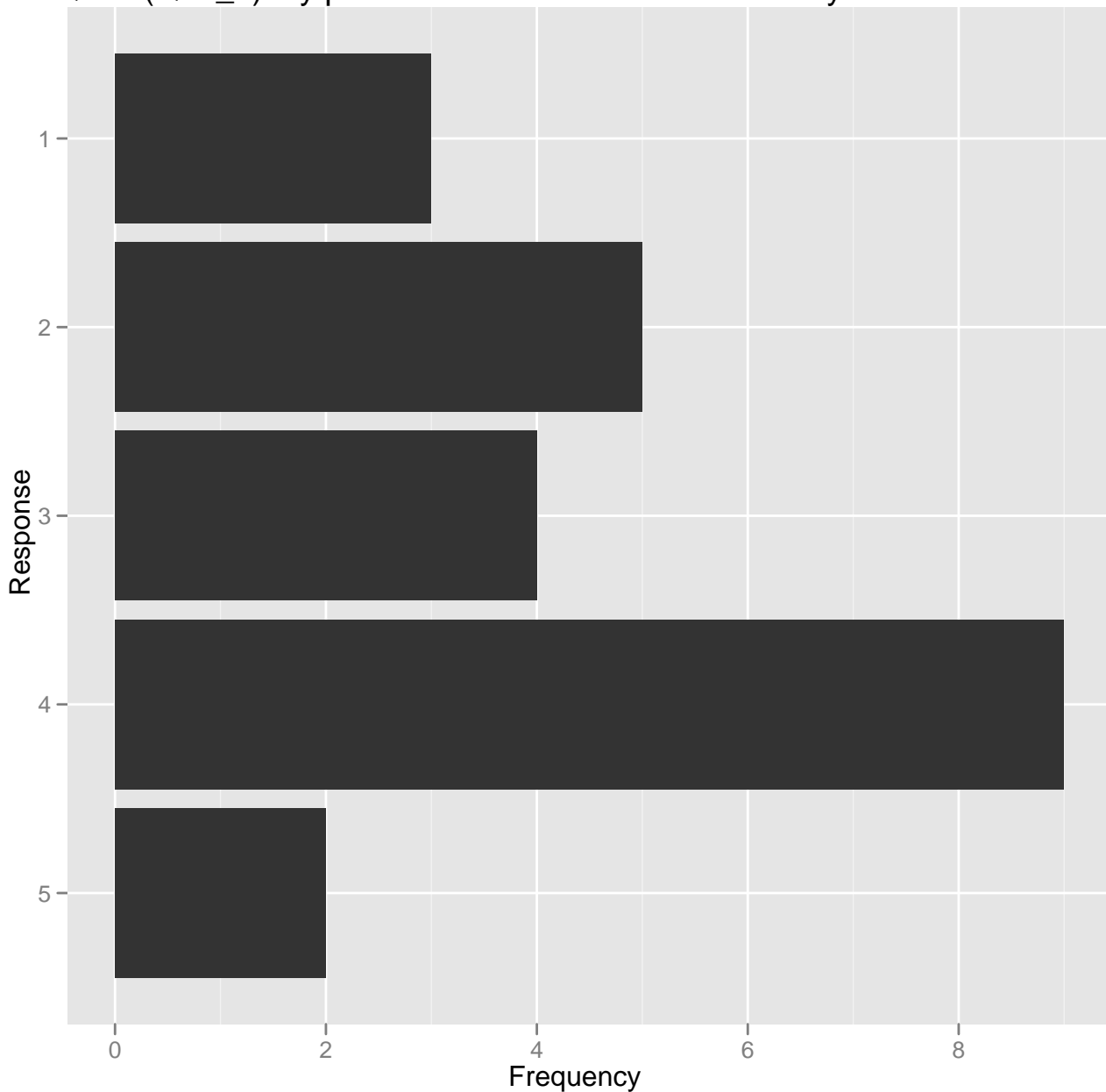
# Q223 (Q53\_10):I tried to escape the sensations in my body



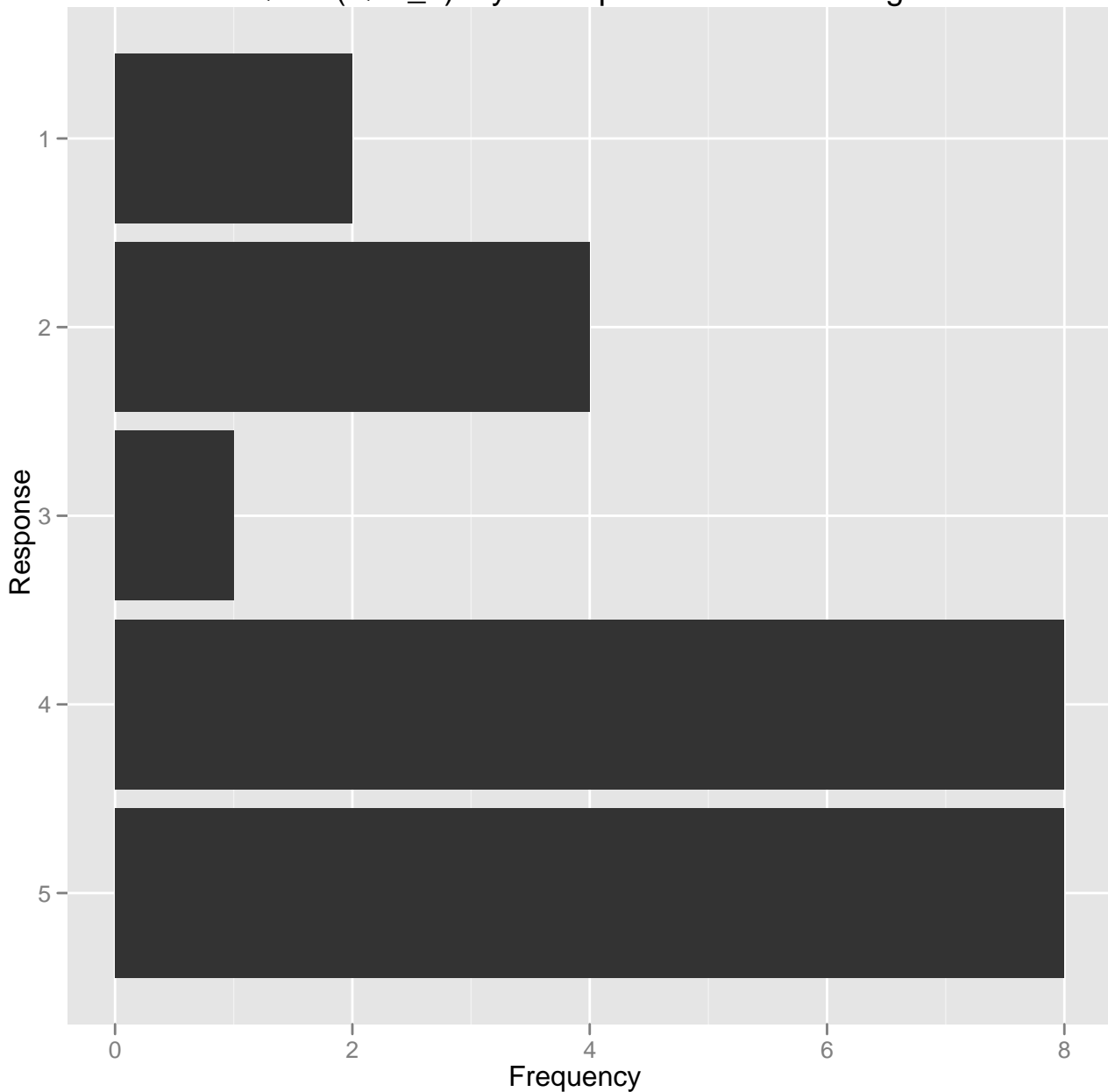
54\_1):I was involved in all decision-making processes (especially regarding interv



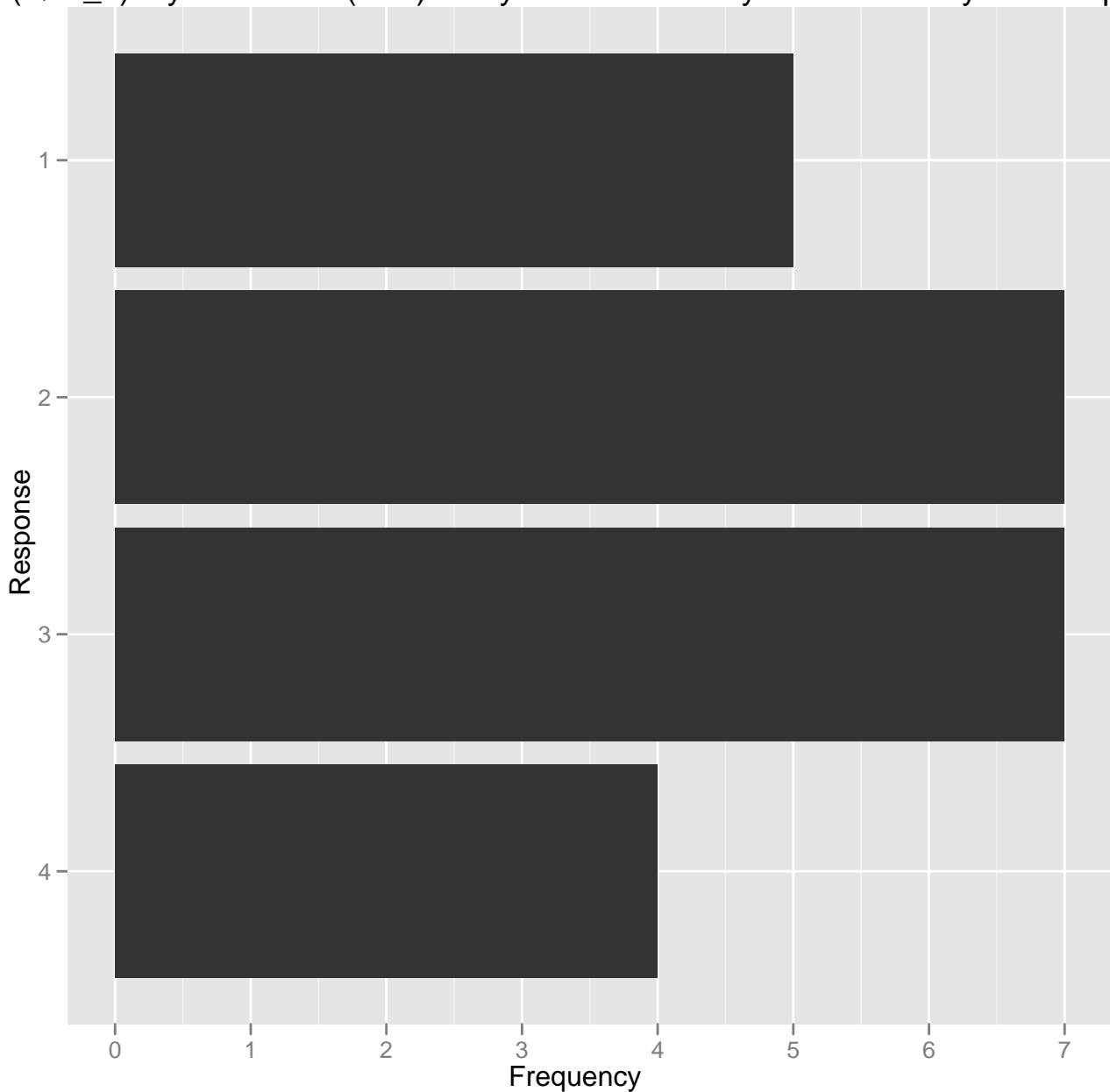
Q225 (Q54\_2):My partner and I seemed to be the only ones in the room



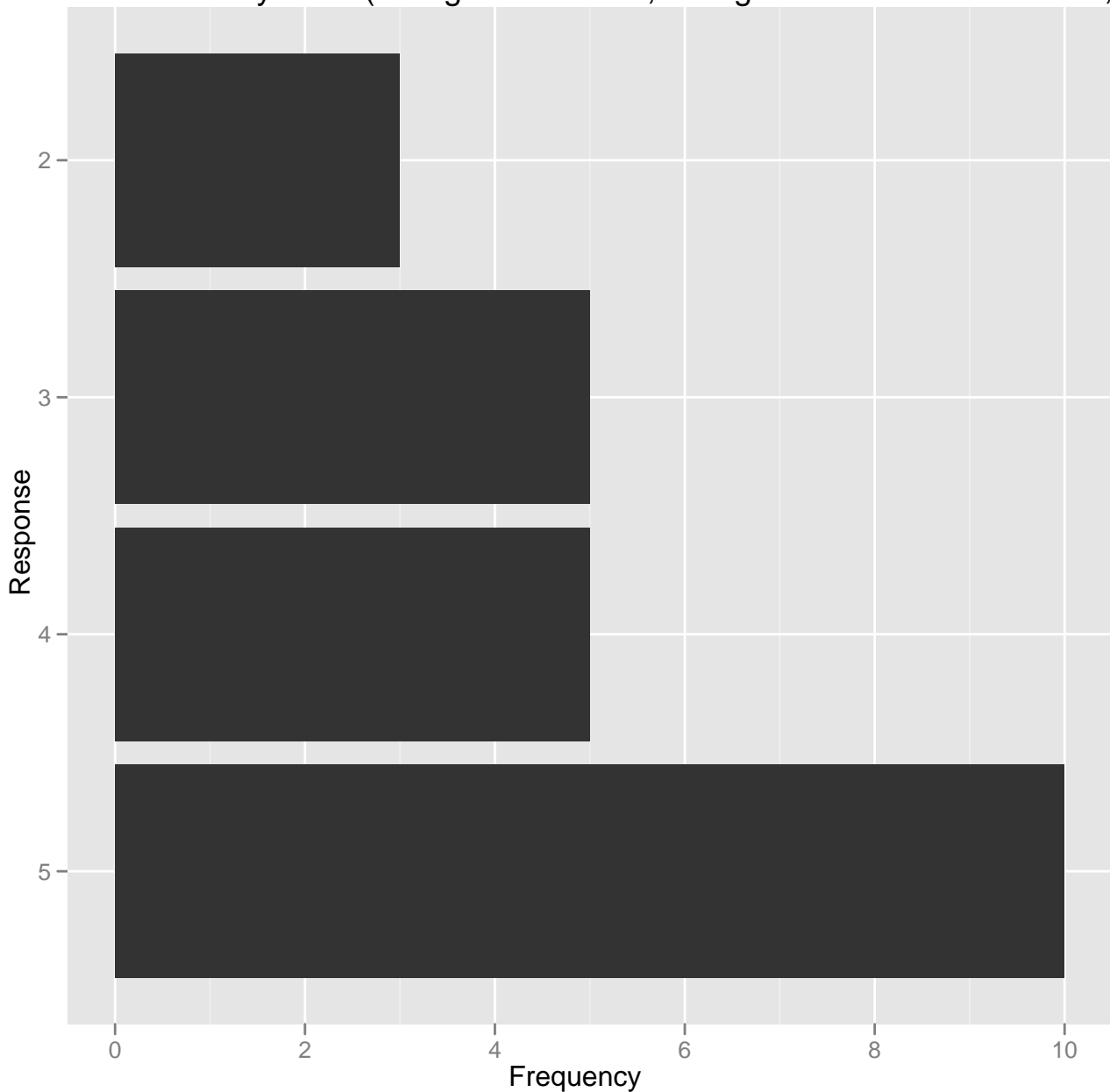
Q226 (Q54\_3):My labor pain felt like suffering



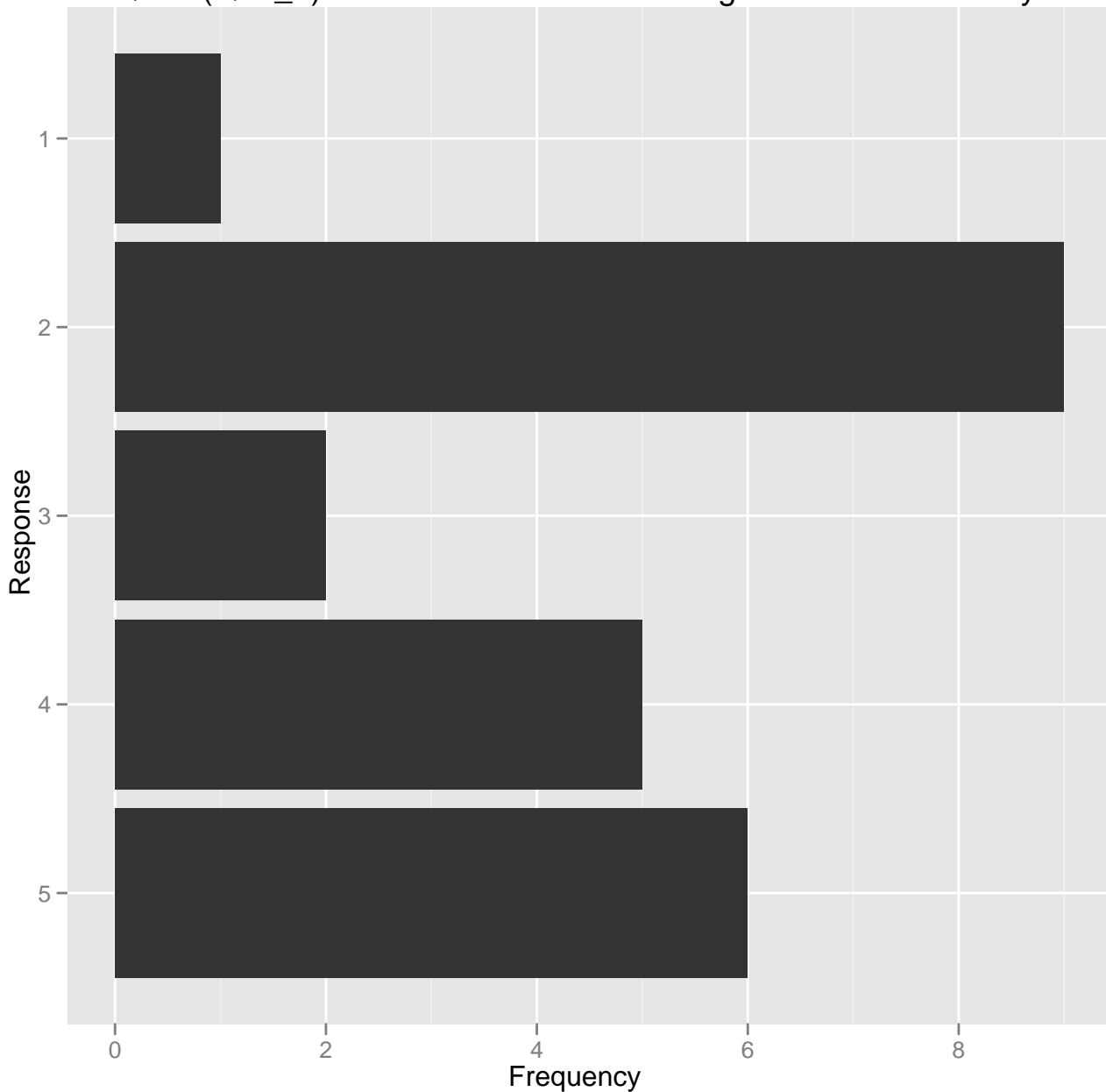
7 (Q54\_4):My memories (now) of my labor are mostly focused on my inner experie



important factor in my labor (timing contractions, timing in between contractions, timing

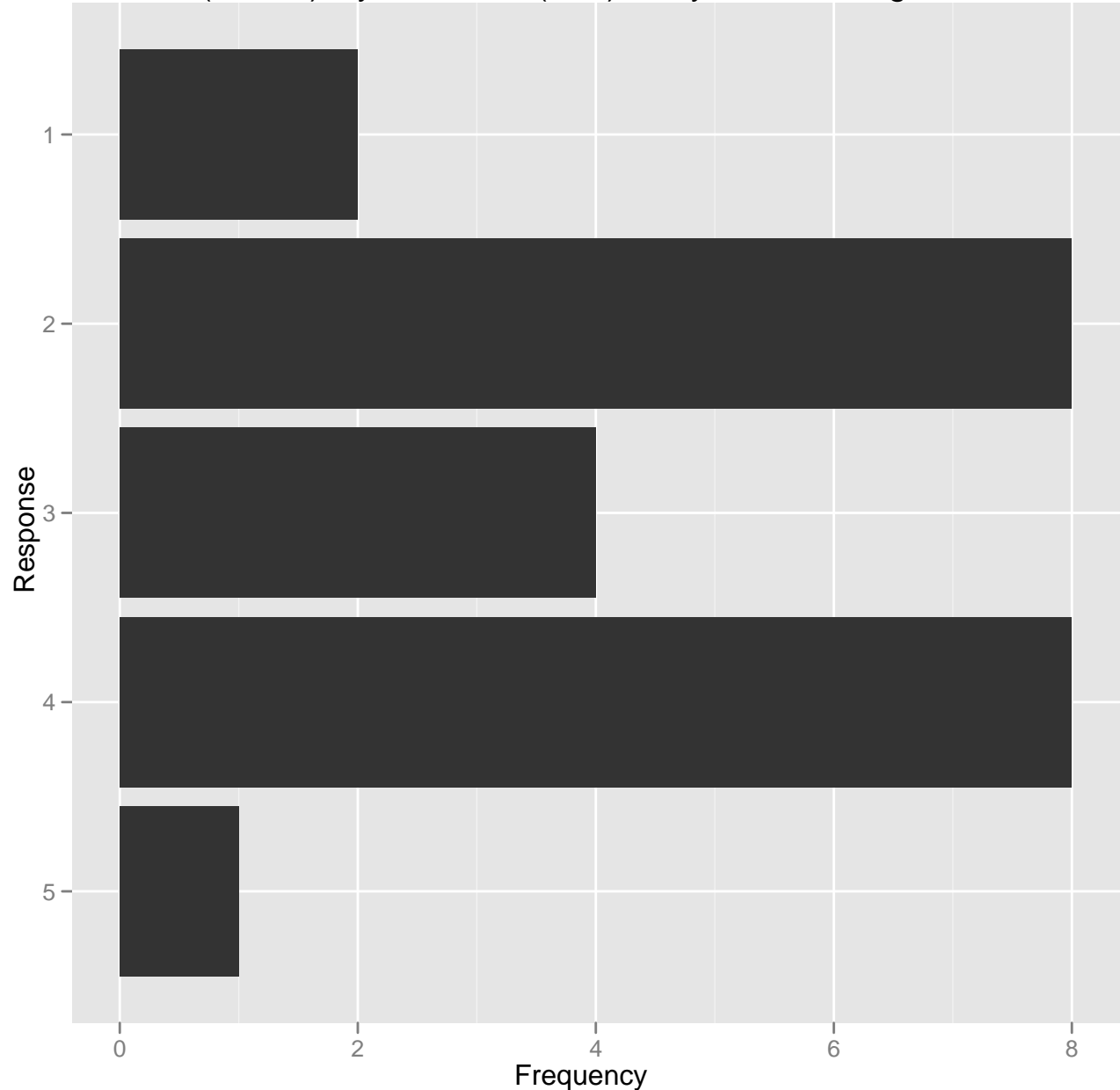


Q229 (Q54\_6):I needed to be coached to give birth successfully

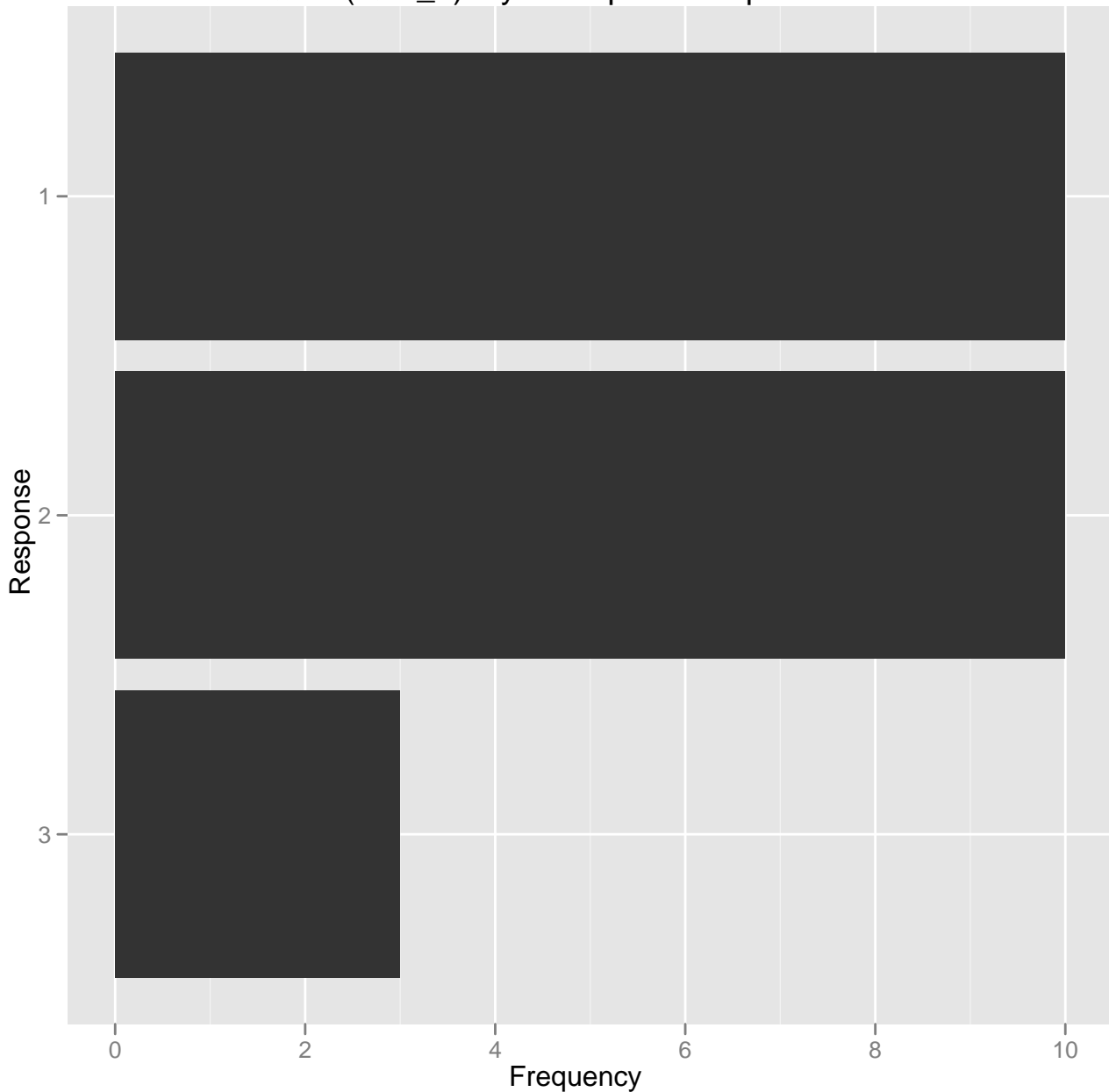




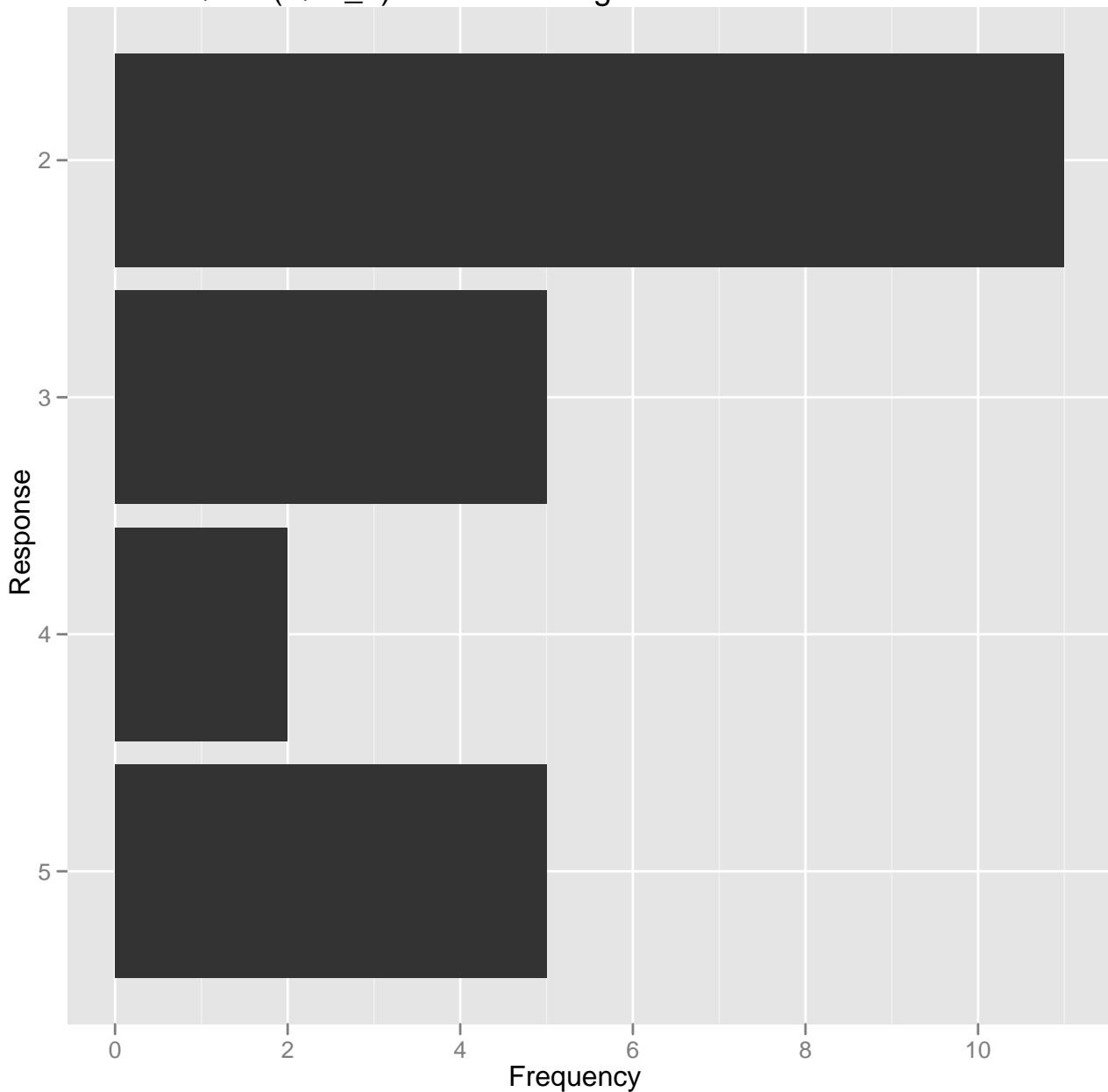
Q230 (Q54\_7):My memories (now) of my labor are vague or fluid



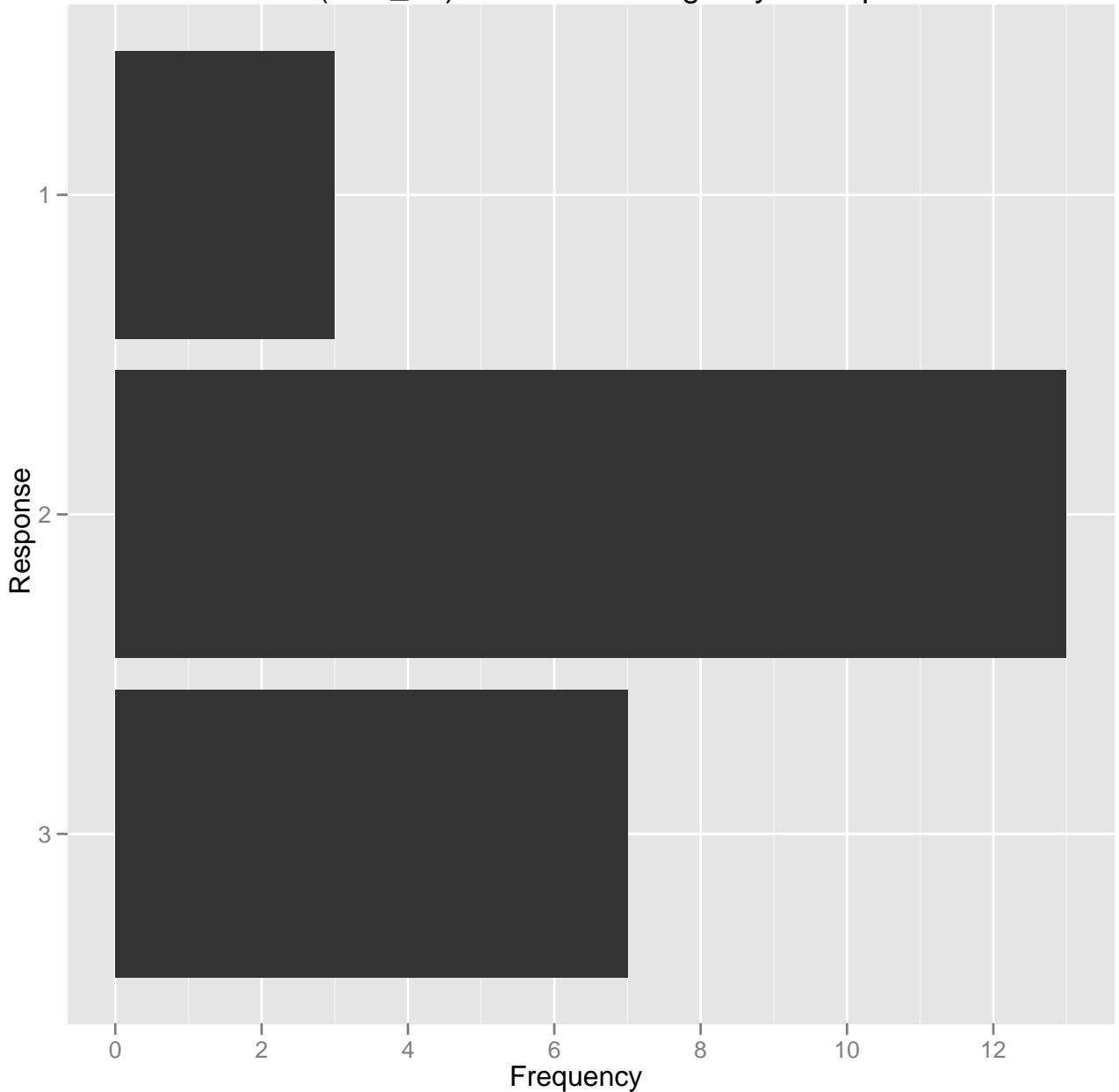
Q231 (Q54\_8):My labor pain was productive



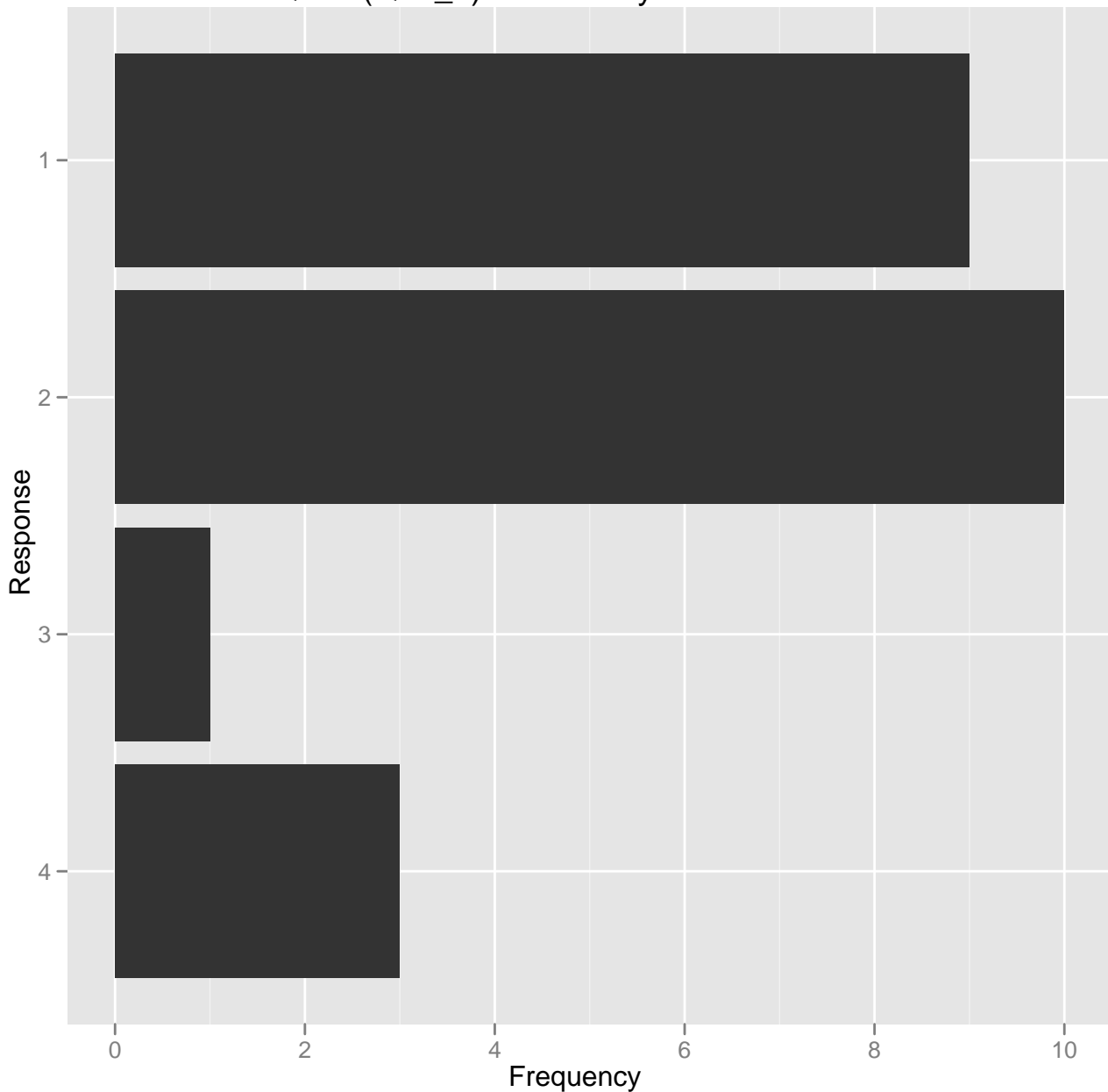
# Q232 (Q54\_9):I was following directions for what to do



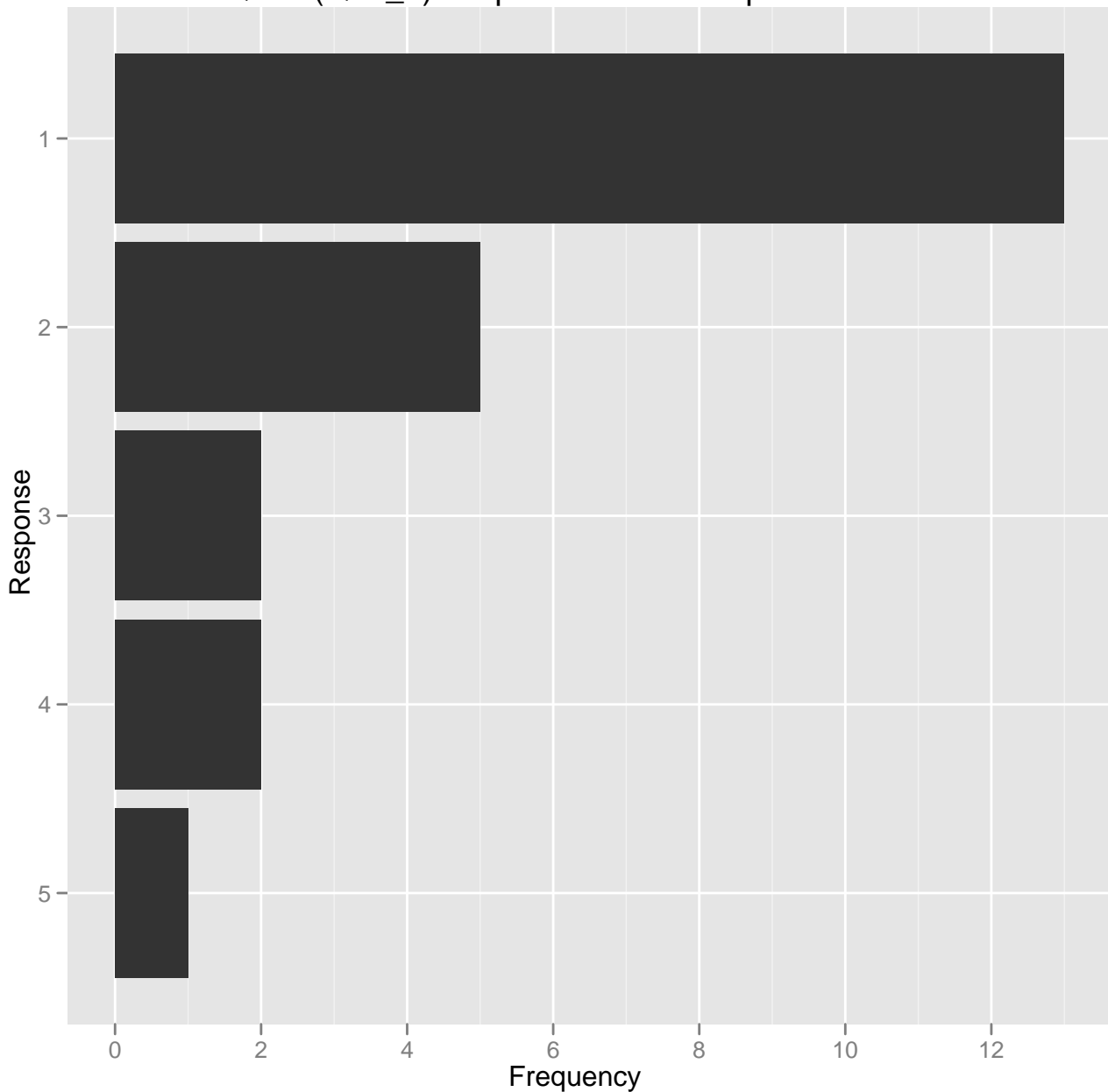
# Q233 (Q54\_10):I traveled through my labor pain



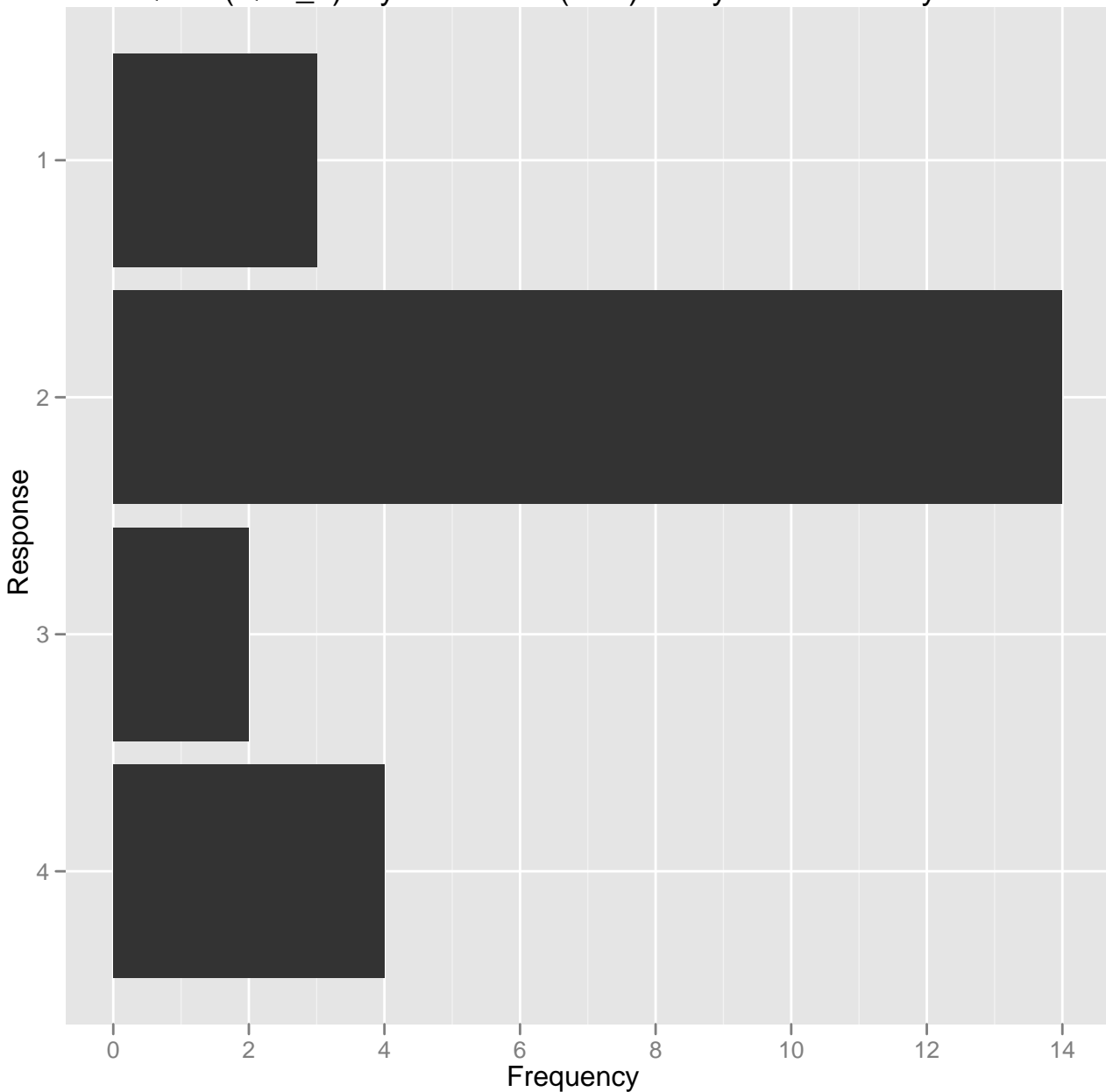
# Q234 (Q55\_1):I was in my own little world



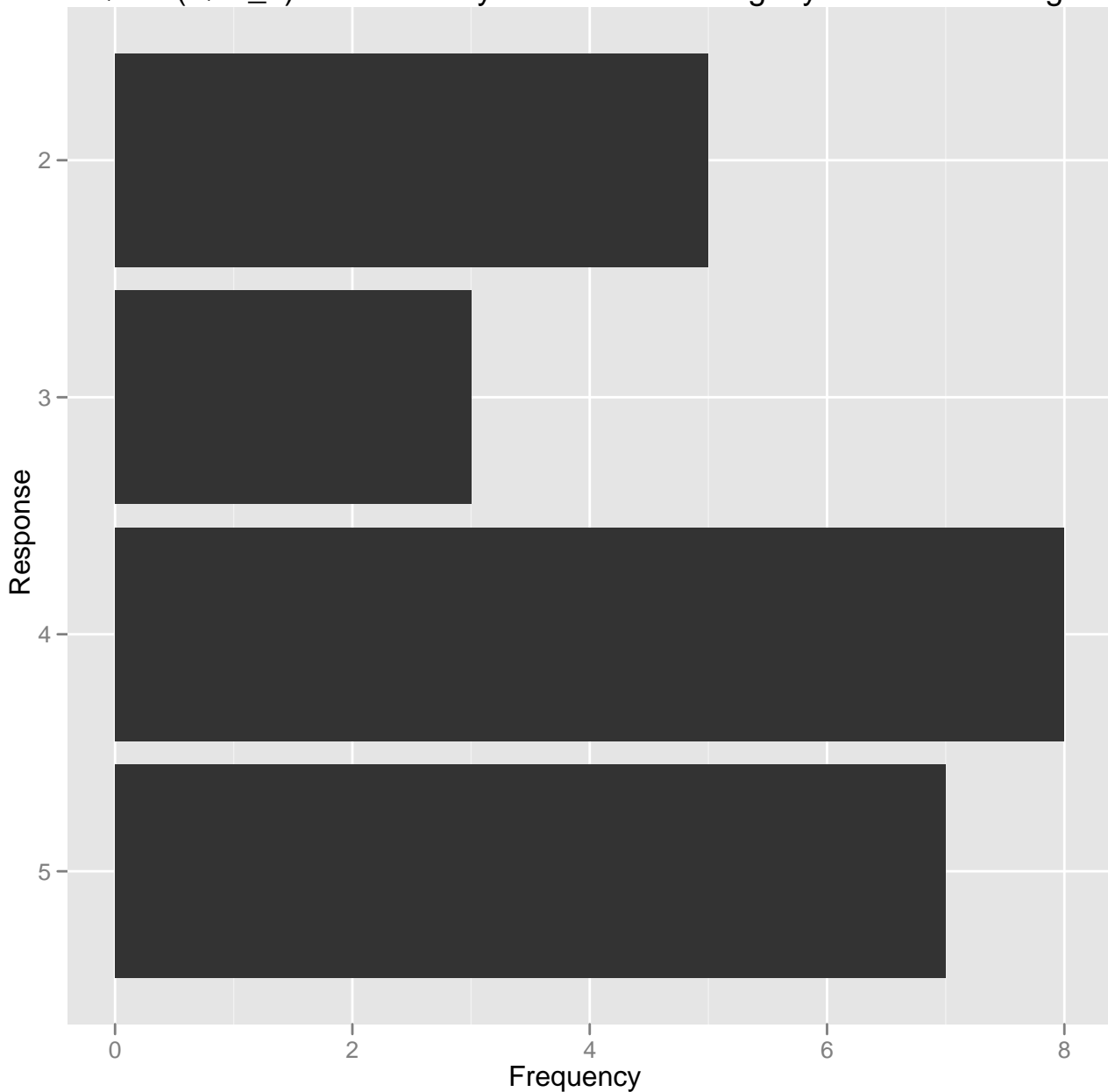
# Q235 (Q55\_2):I coped well with the pain of labor



# Q236 (Q55\_3):My memories (now) of my labor are very vivid

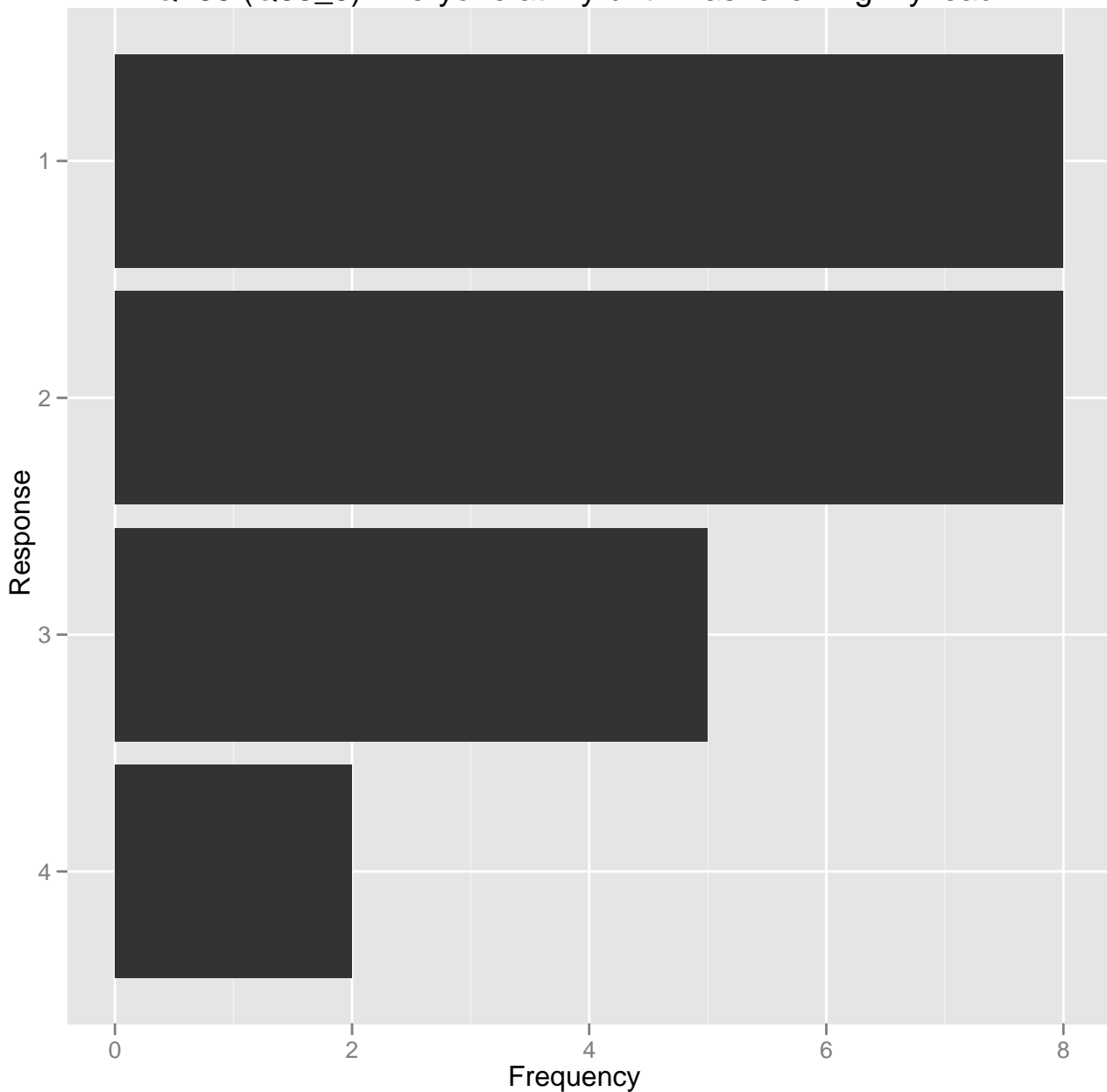


Q237 (Q55\_4):I was acutely aware of how long my labor was taking

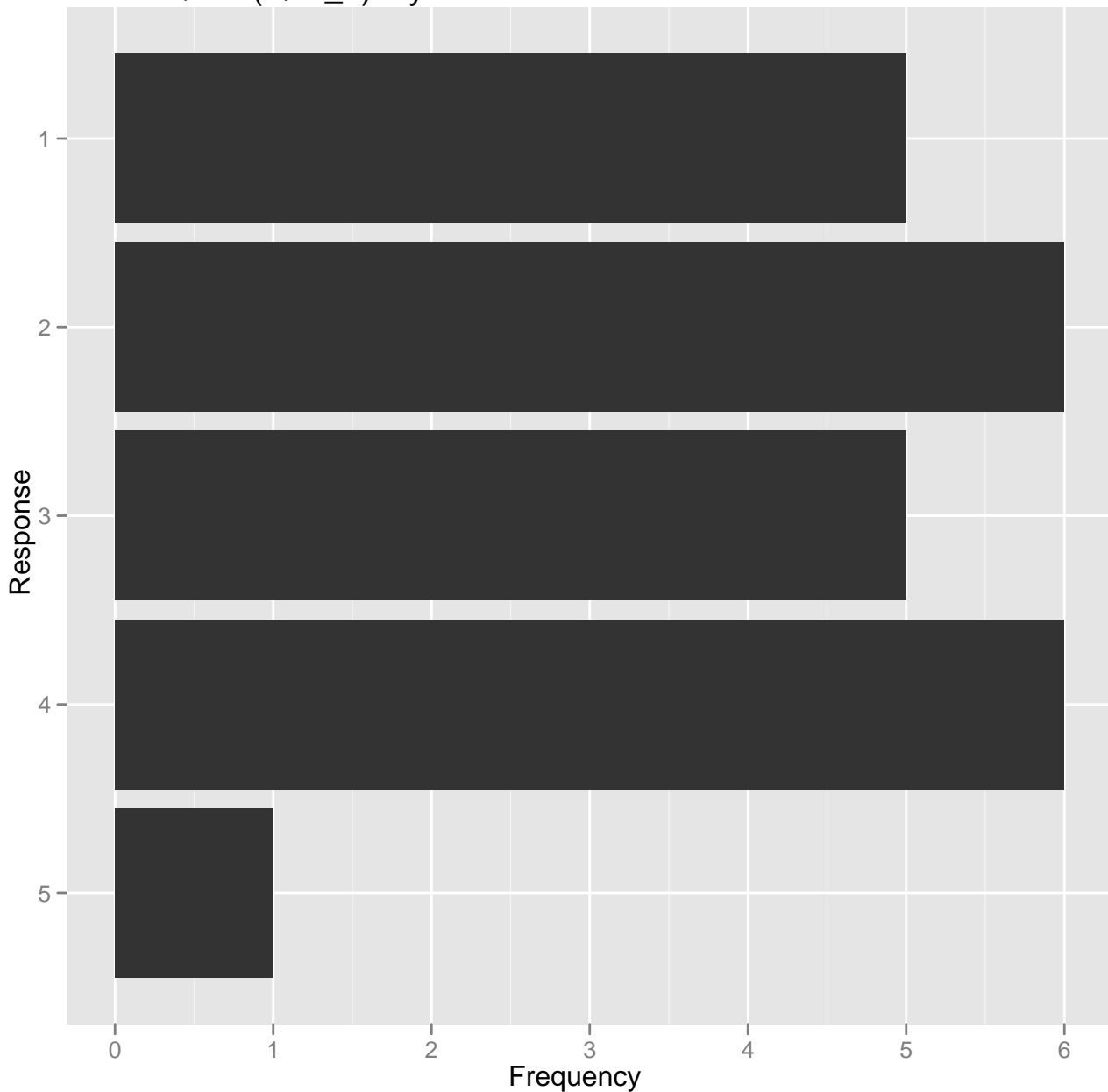




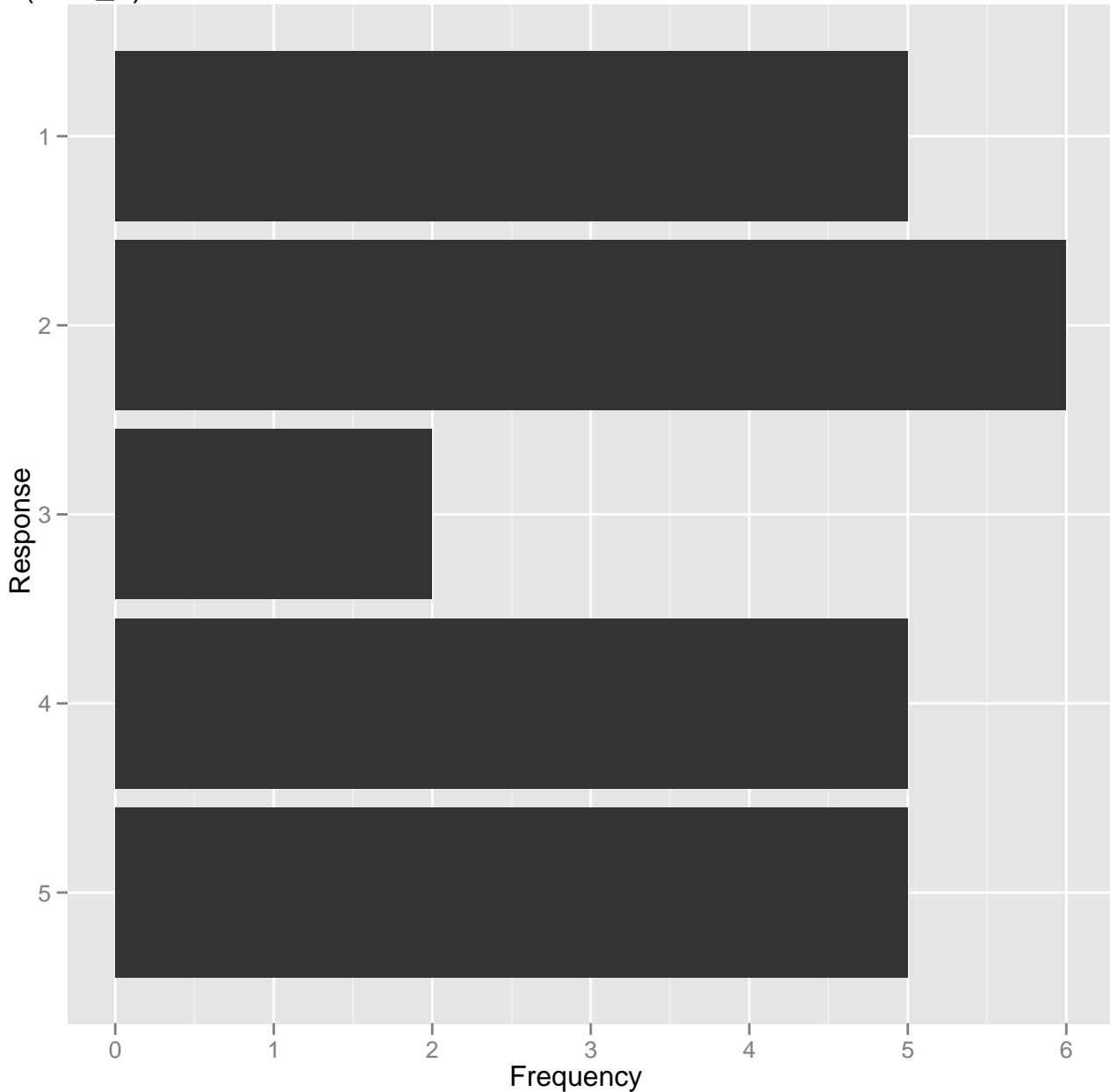
# Q238 (Q55\_5):Everyone at my birth was following my lead



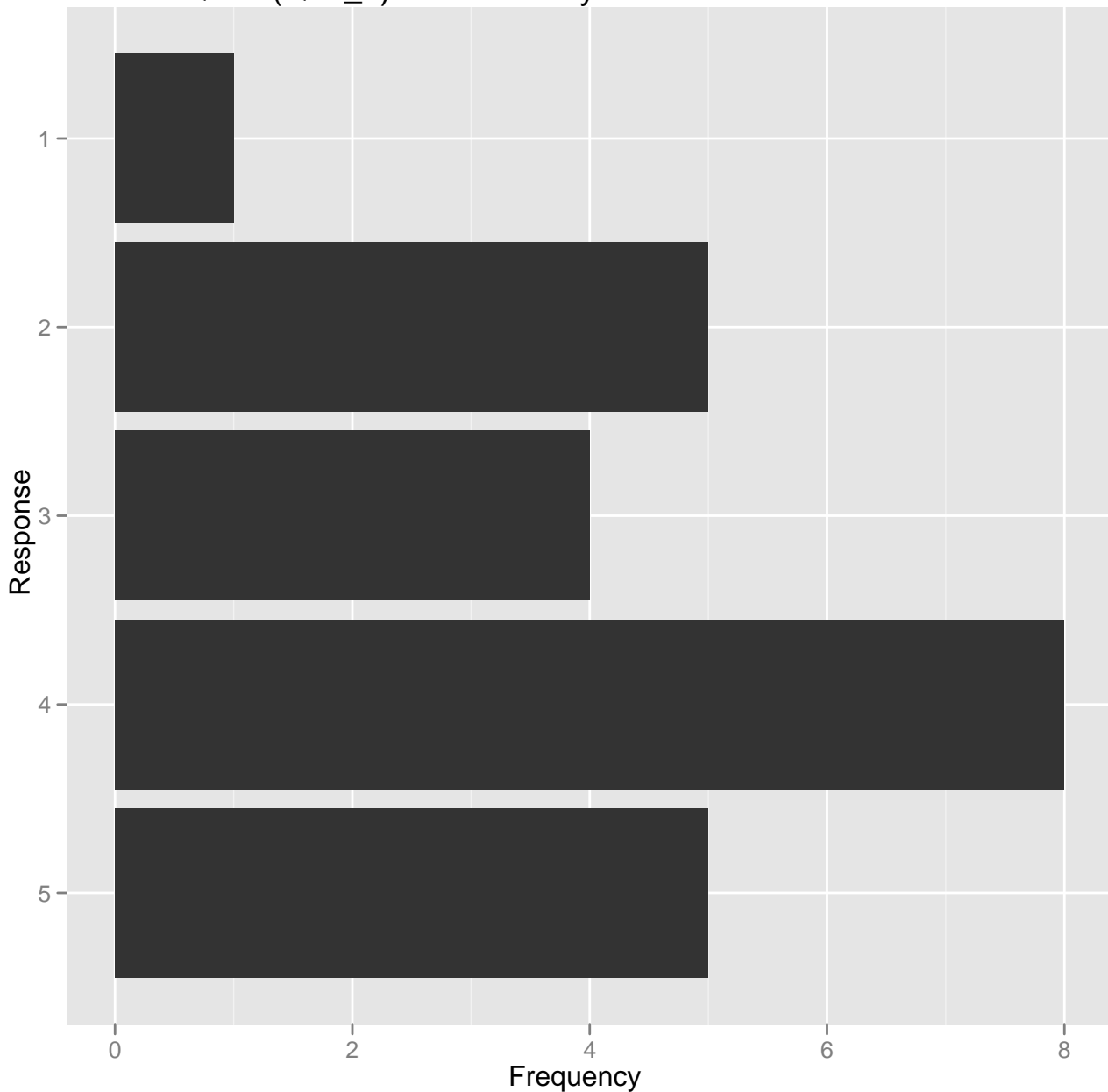
# Q239 (Q55\_6):My external environment felt distant to me



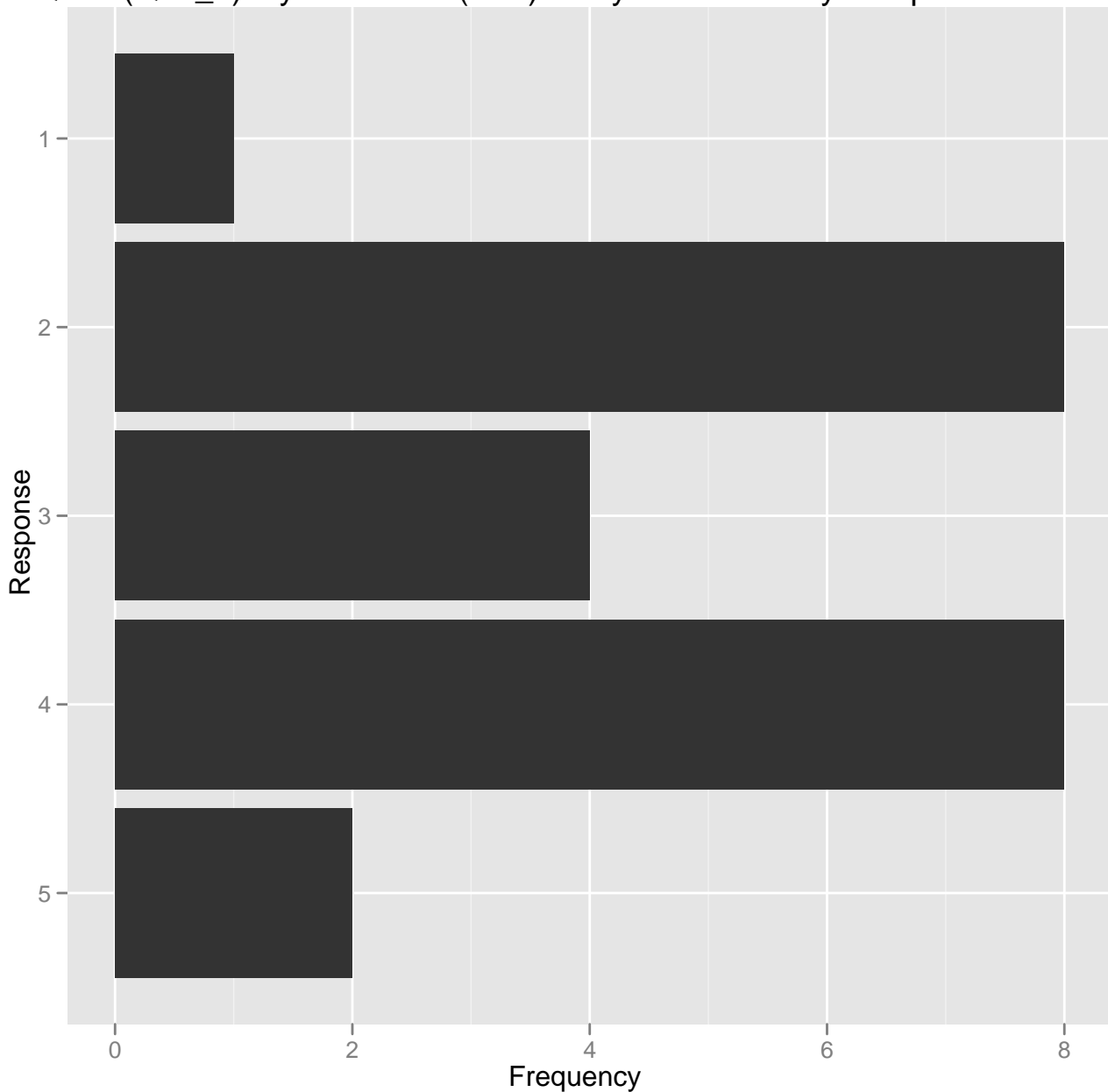
40 (Q55\_7):I felt connected to all the women who have labored and birthed before



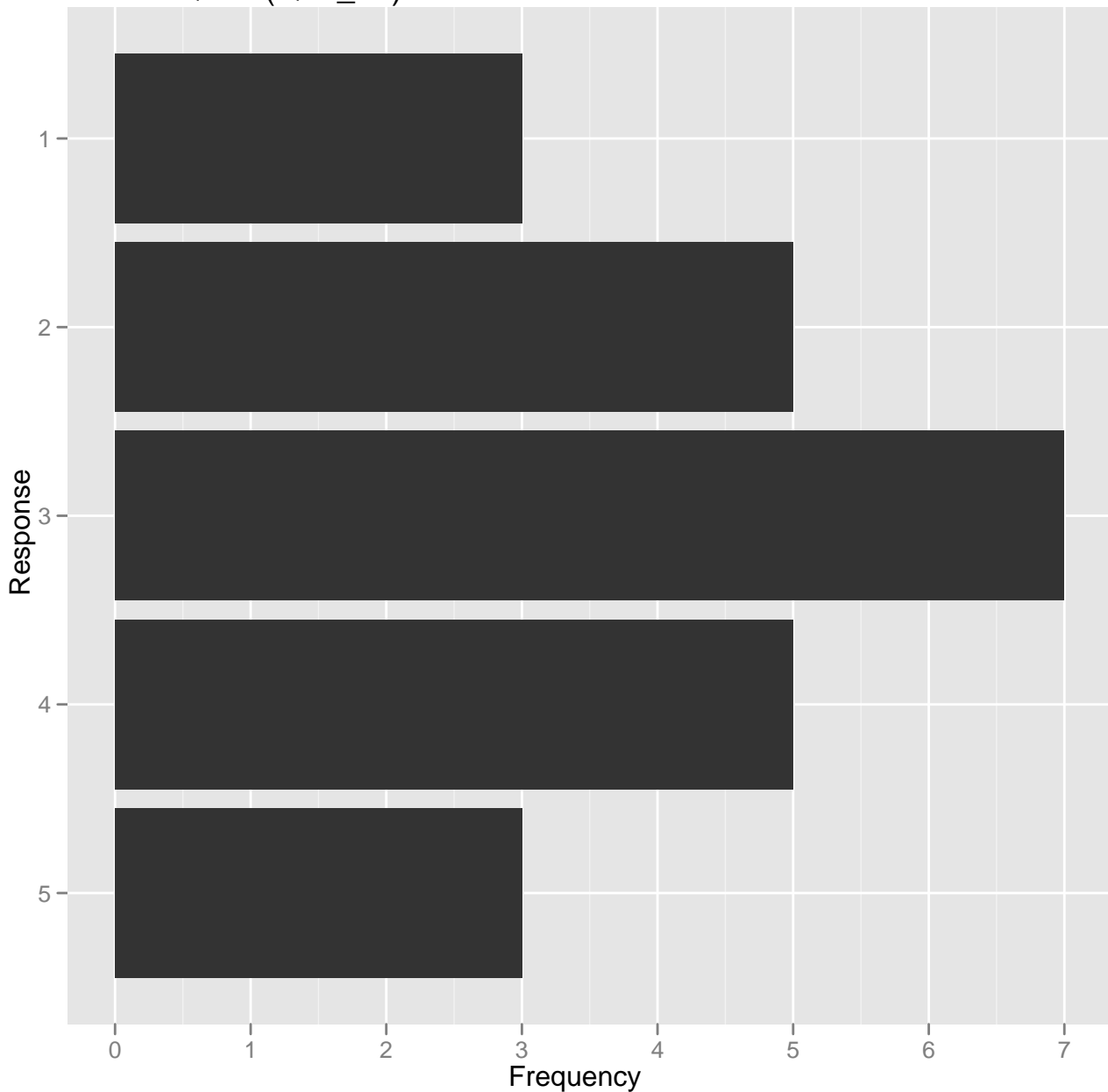
# Q241 (Q55\_8):I found it very difficult to remain relaxed



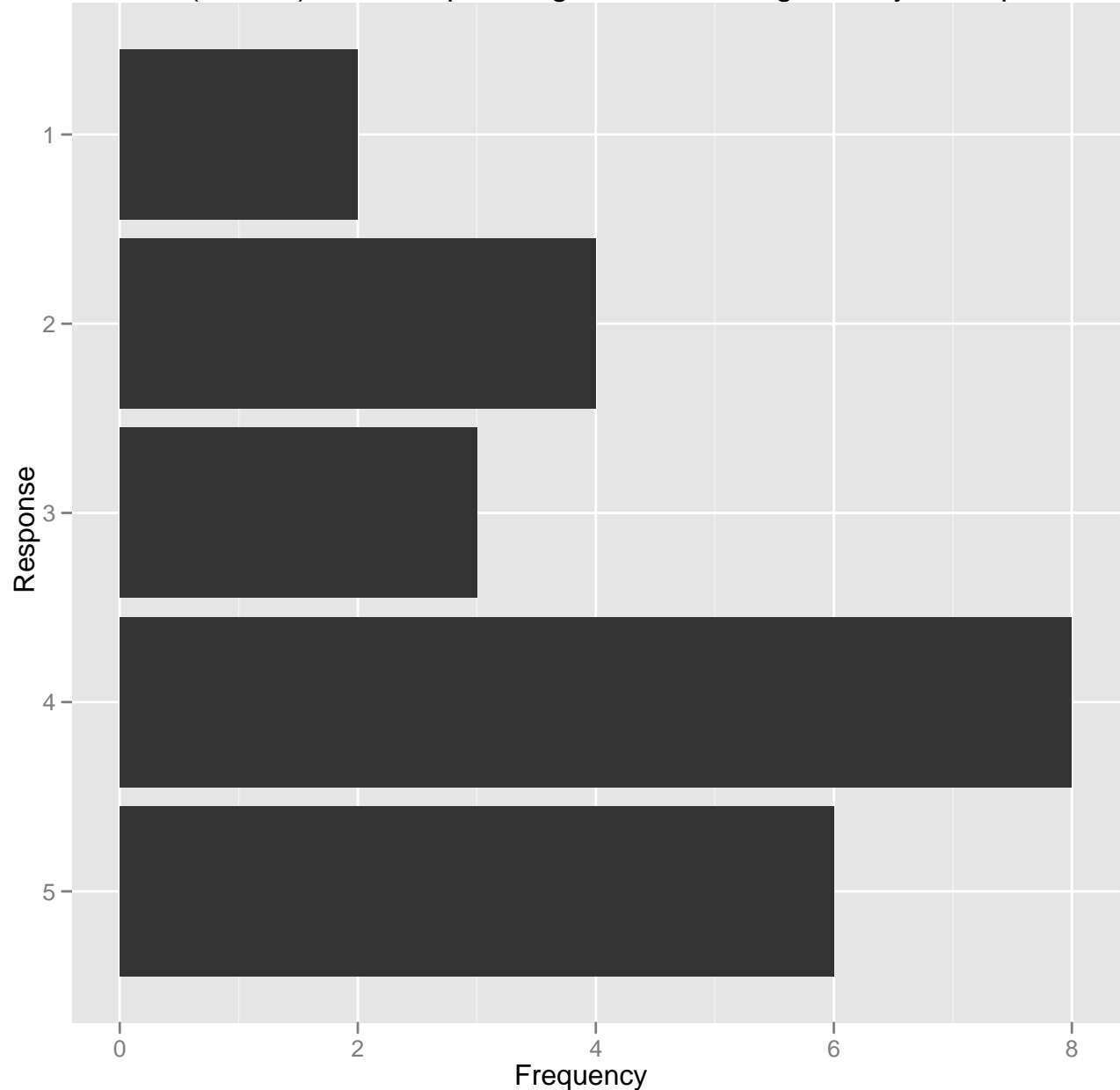
Q242 (Q55\_9):My memories (now) of my labor are very sharp and detailed



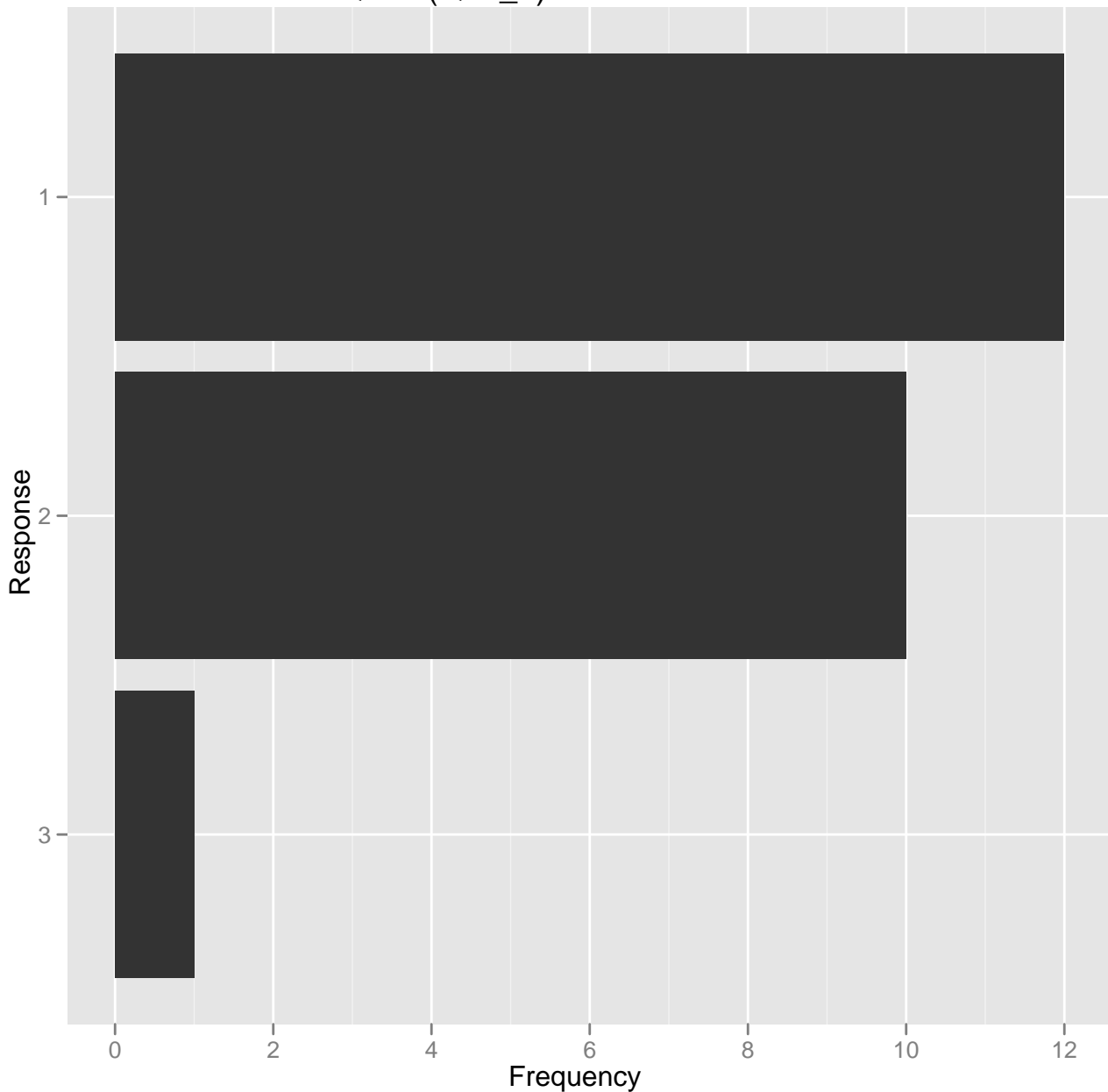
# Q243 (Q55\_10):I felt a sense of oneness with the world



Q244 (Q56\_1):I was helpless against the strength of my labor pain

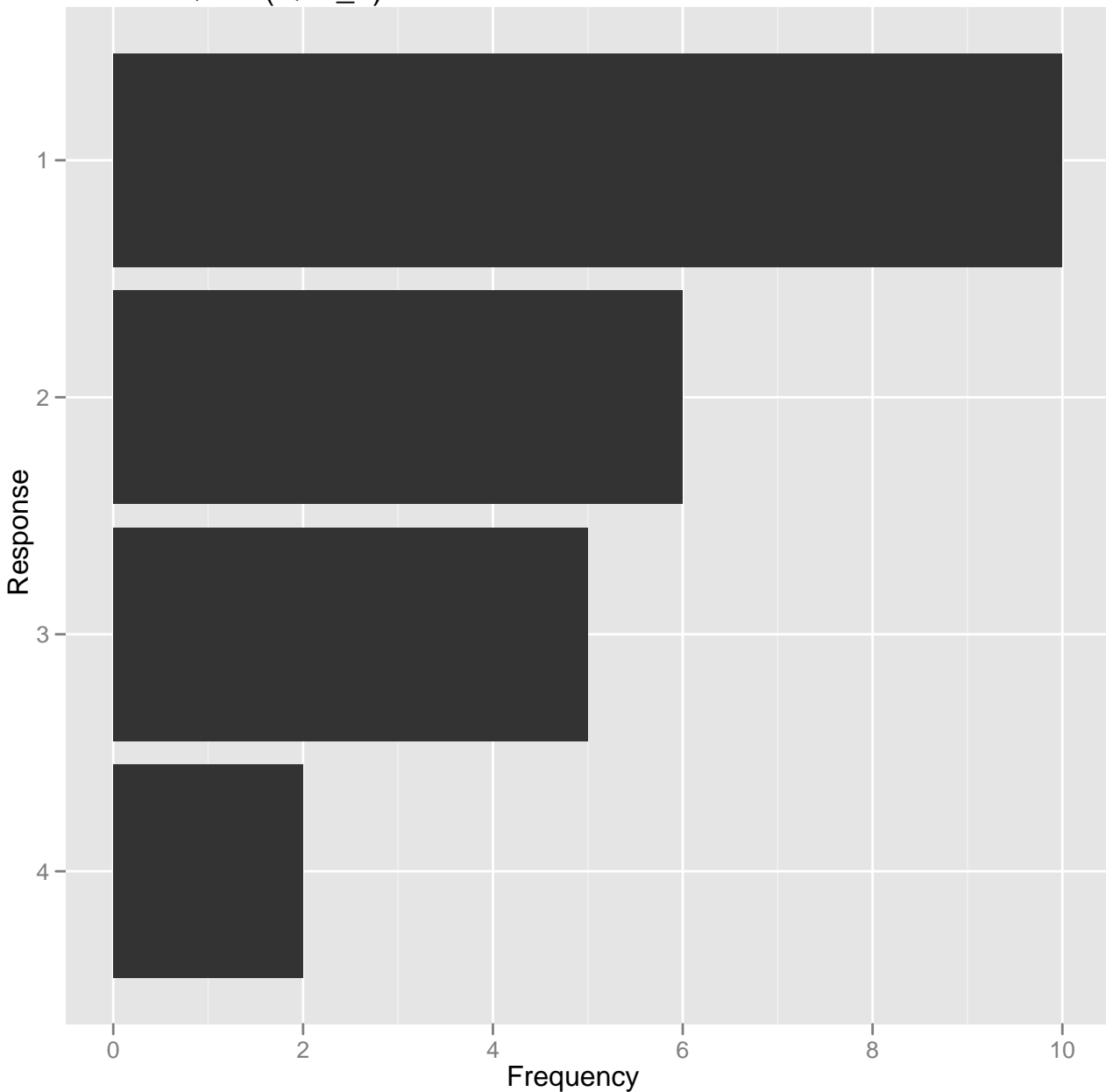


Q245 (Q56\_2):I lost track of time

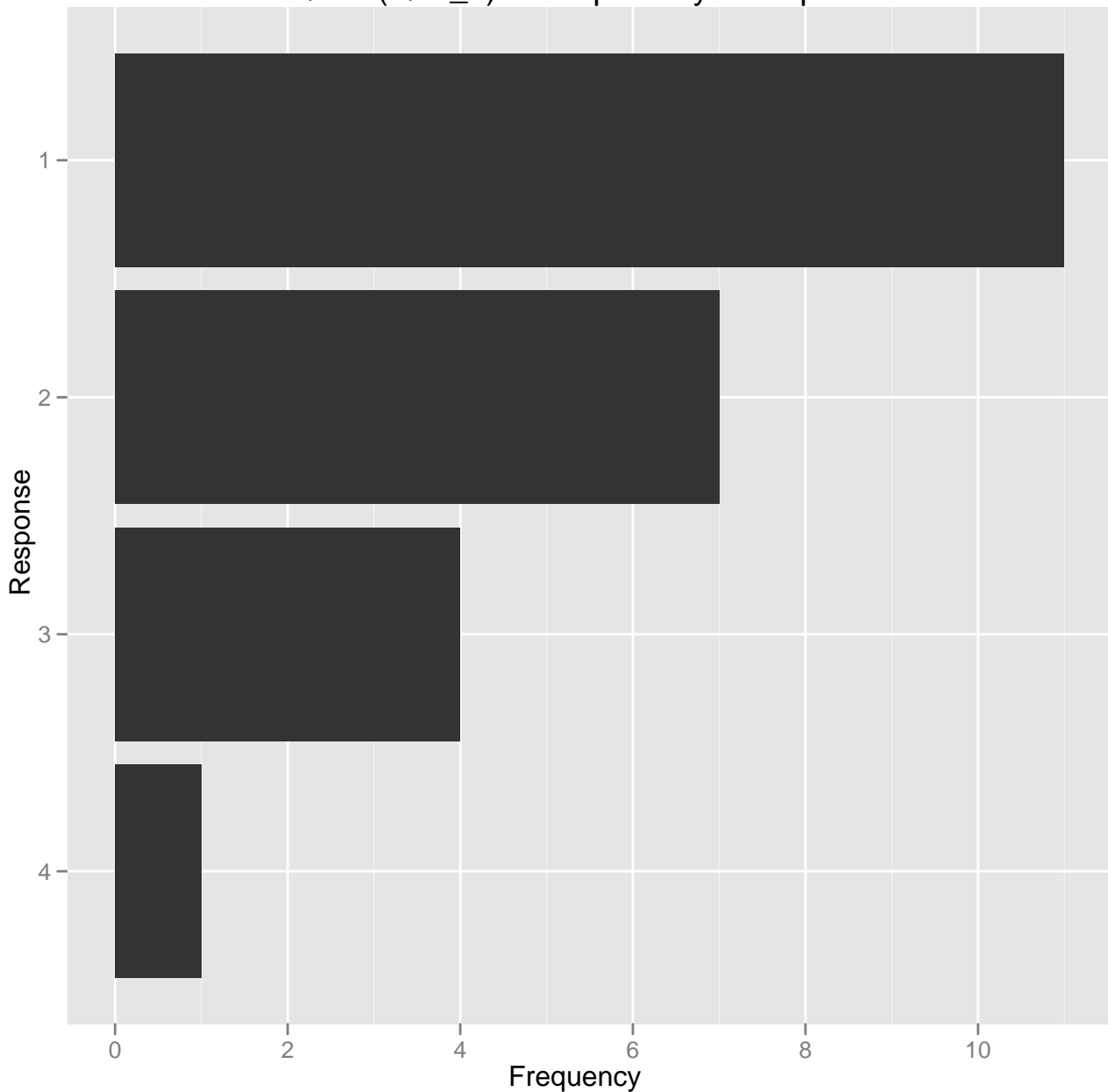




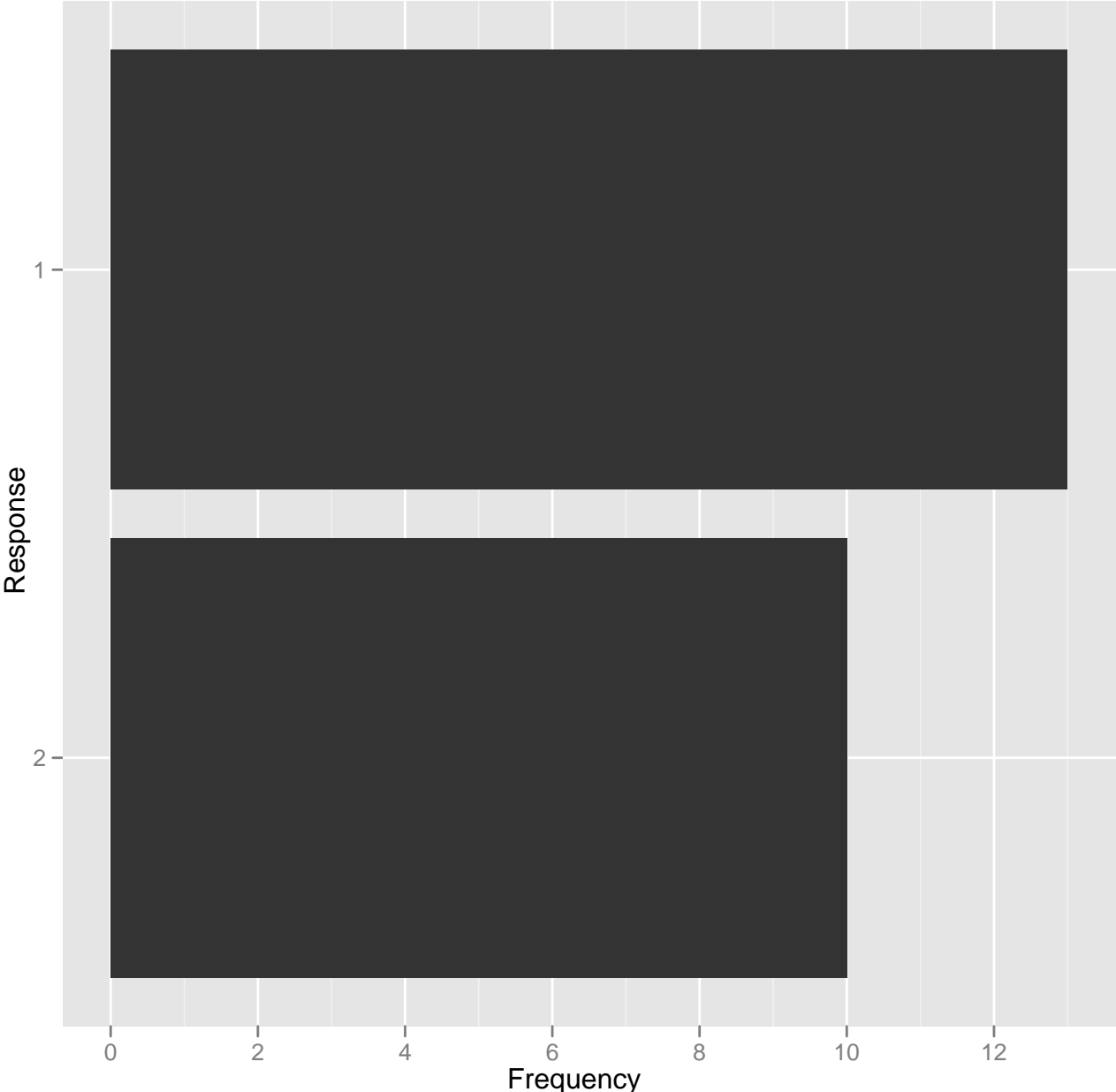
Q246 (Q56\_3):Time seemed to slow down or stand still



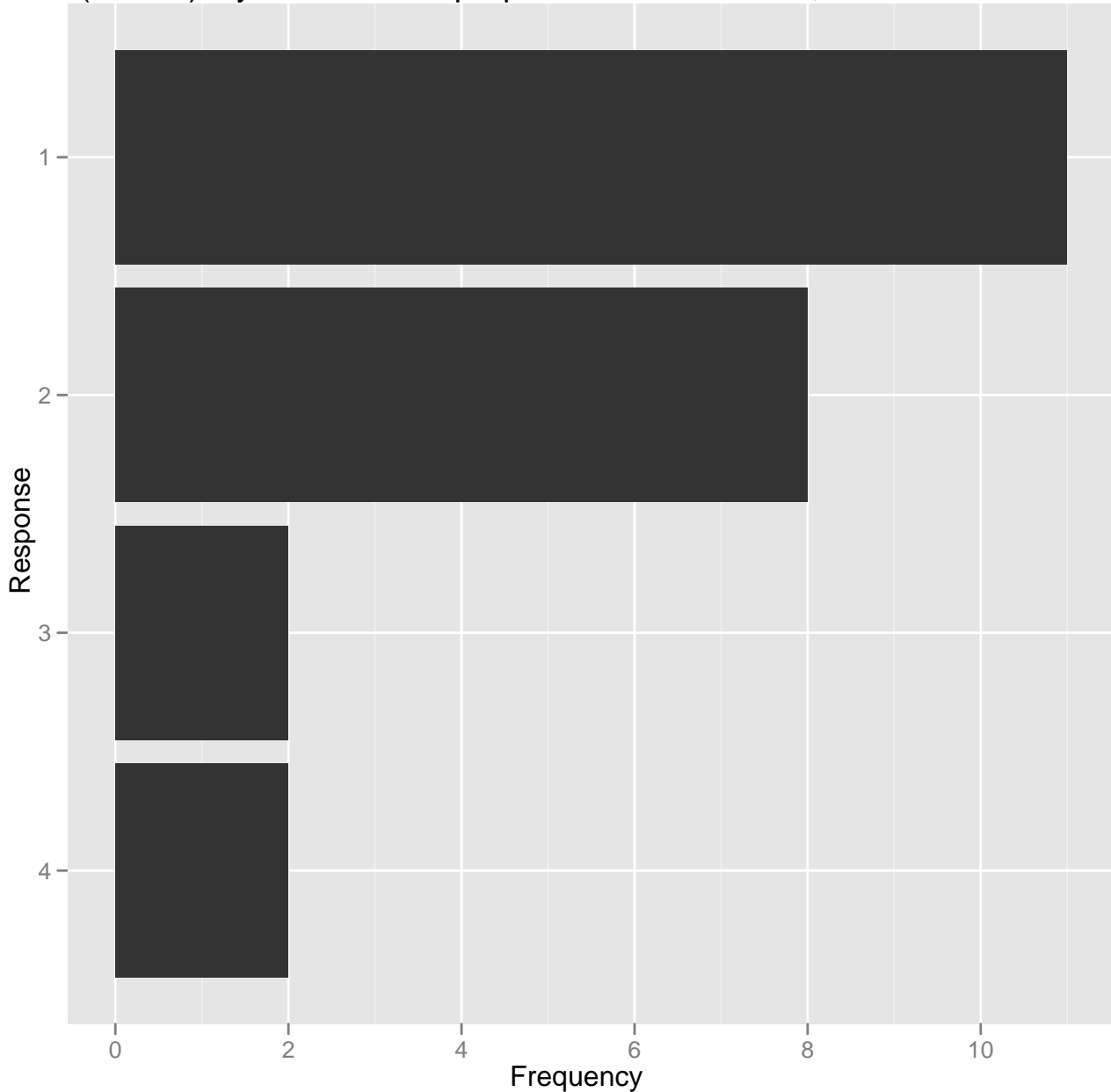
# Q247 (Q56\_4):I accepted my labor pain



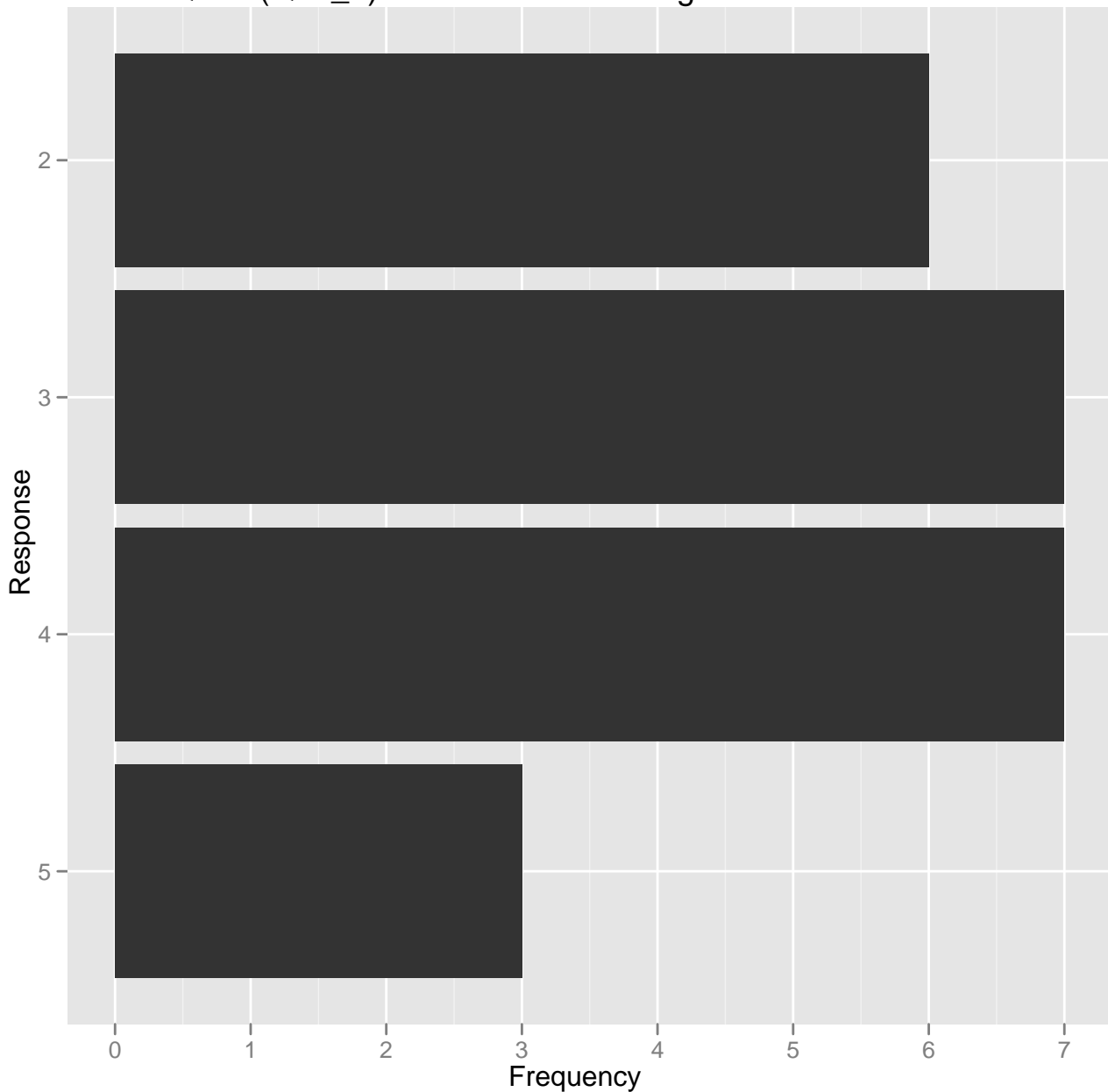
Q248 (Q56\_5):I was oblivious to the world beyond my immediate environment



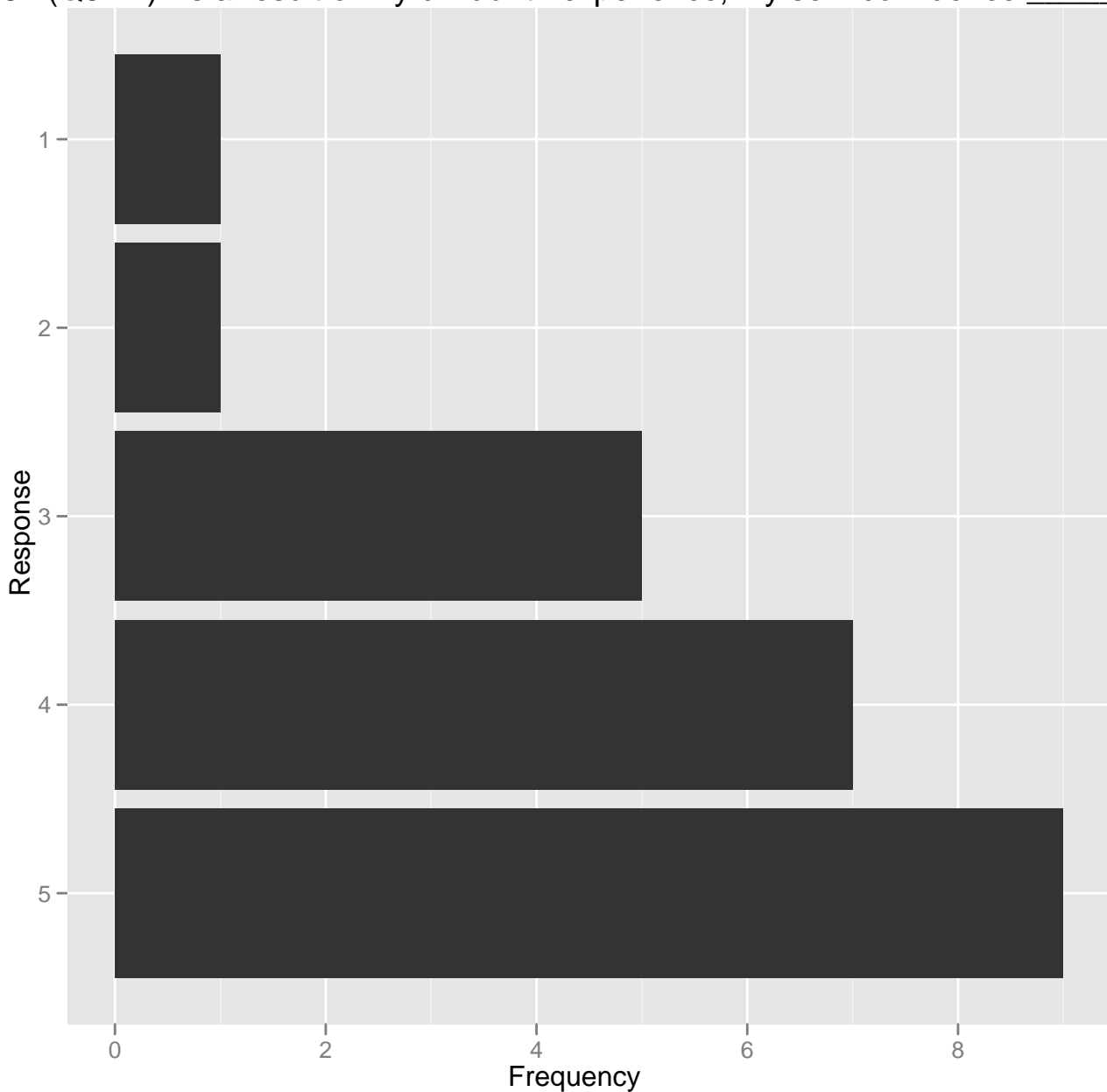
Q249 (Q56\_6):My actions were purposeful and essential, not frantic or excessive



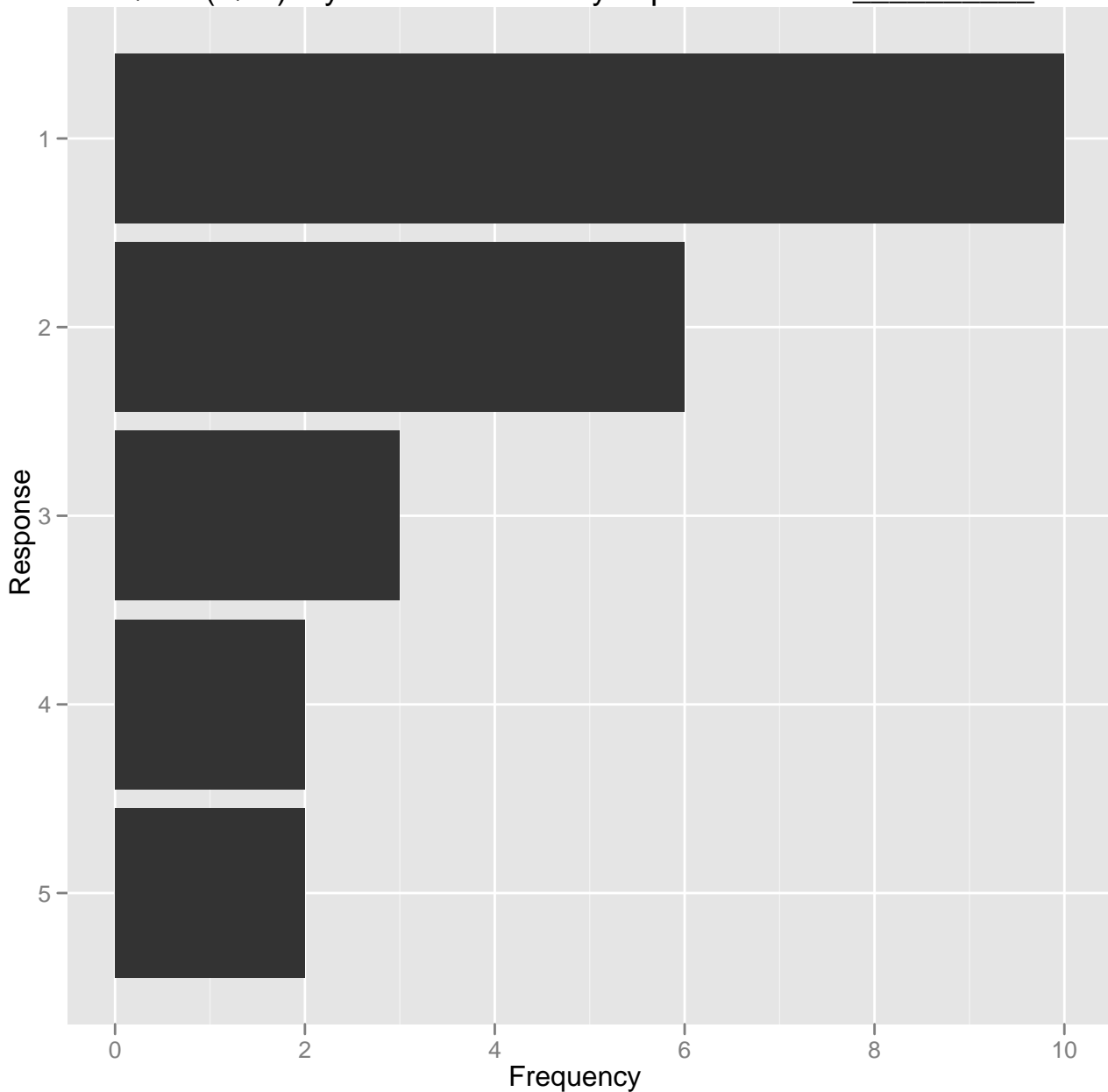
Q250 (Q56\_7):I dreaded the coming of each contraction



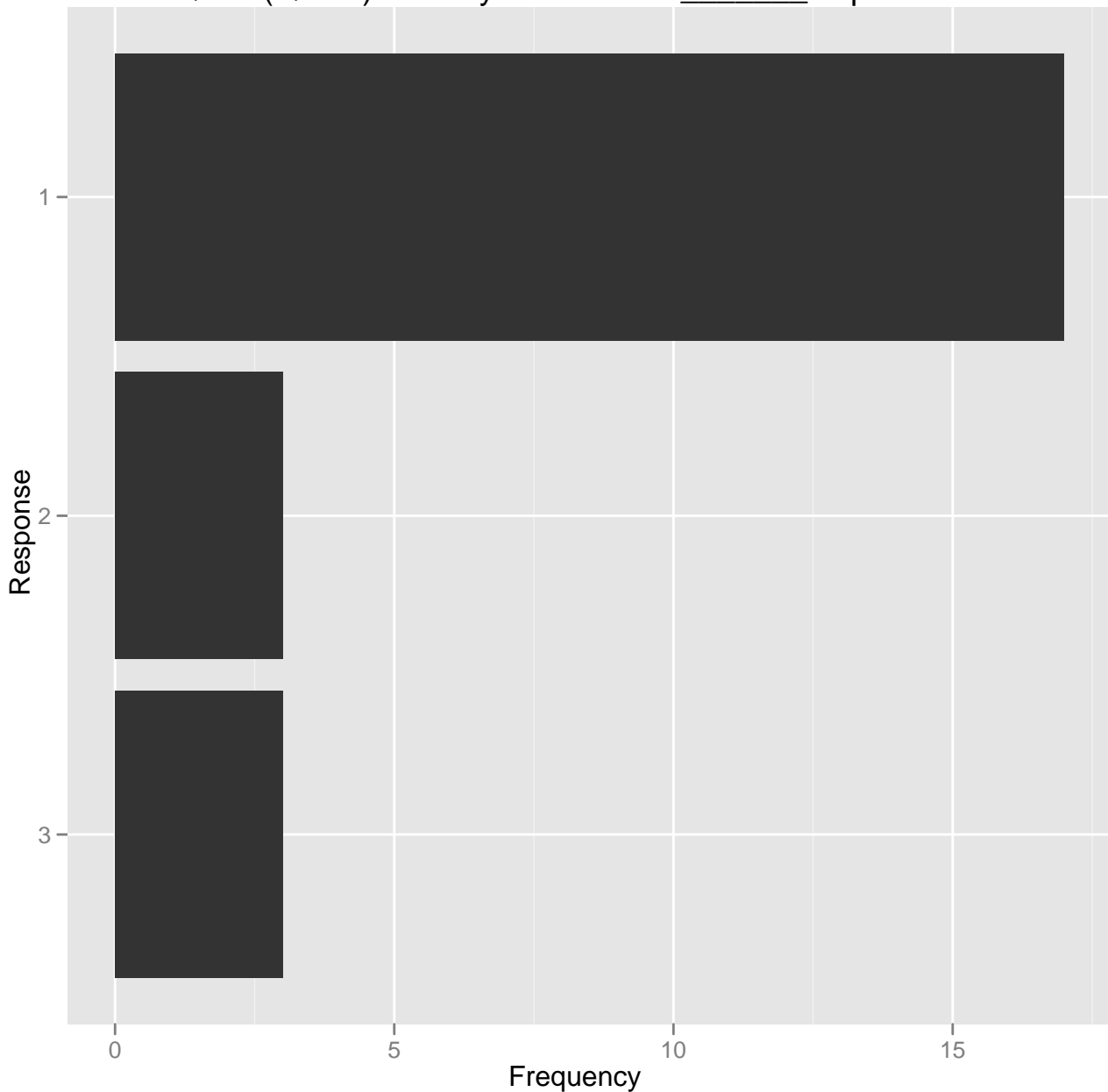
251 (Q57.1):As a result of my childbirth experience, my self-confidence \_\_\_\_\_



Q252 (Q58):My labor and delivery experience was \_\_\_\_\_

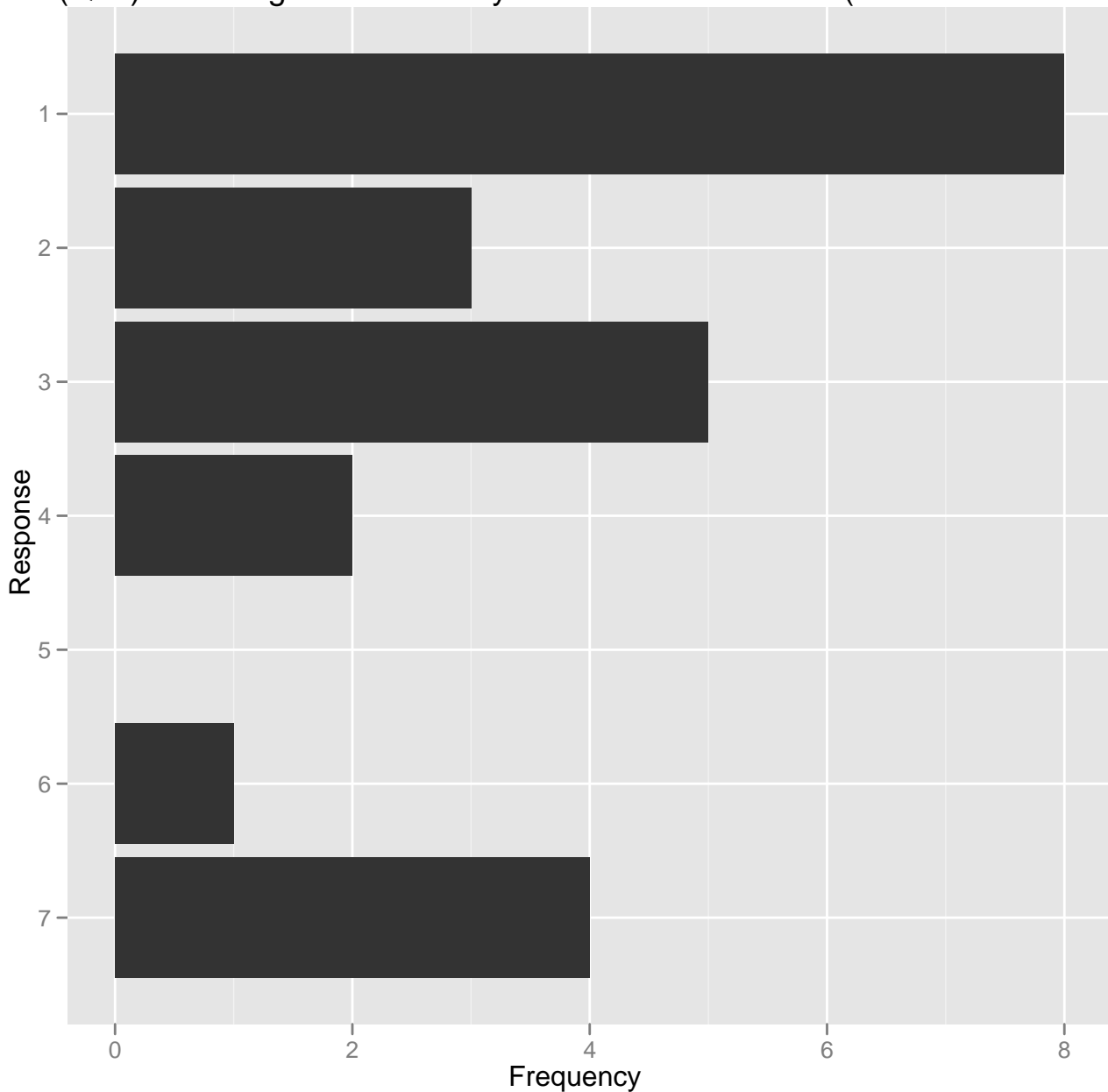


Q253 (Q59.1):I felt my labor was a \_\_\_\_\_ experience

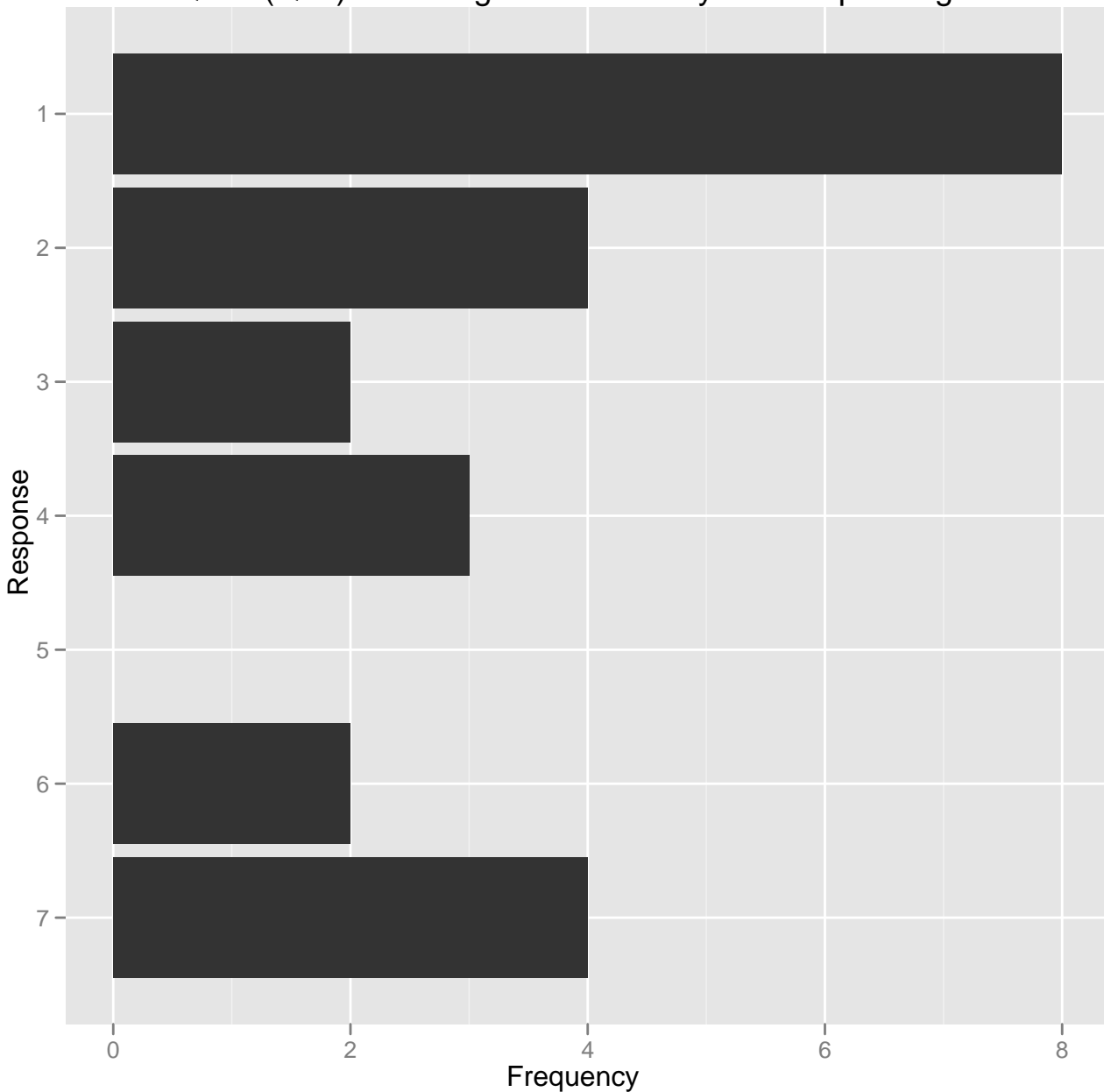




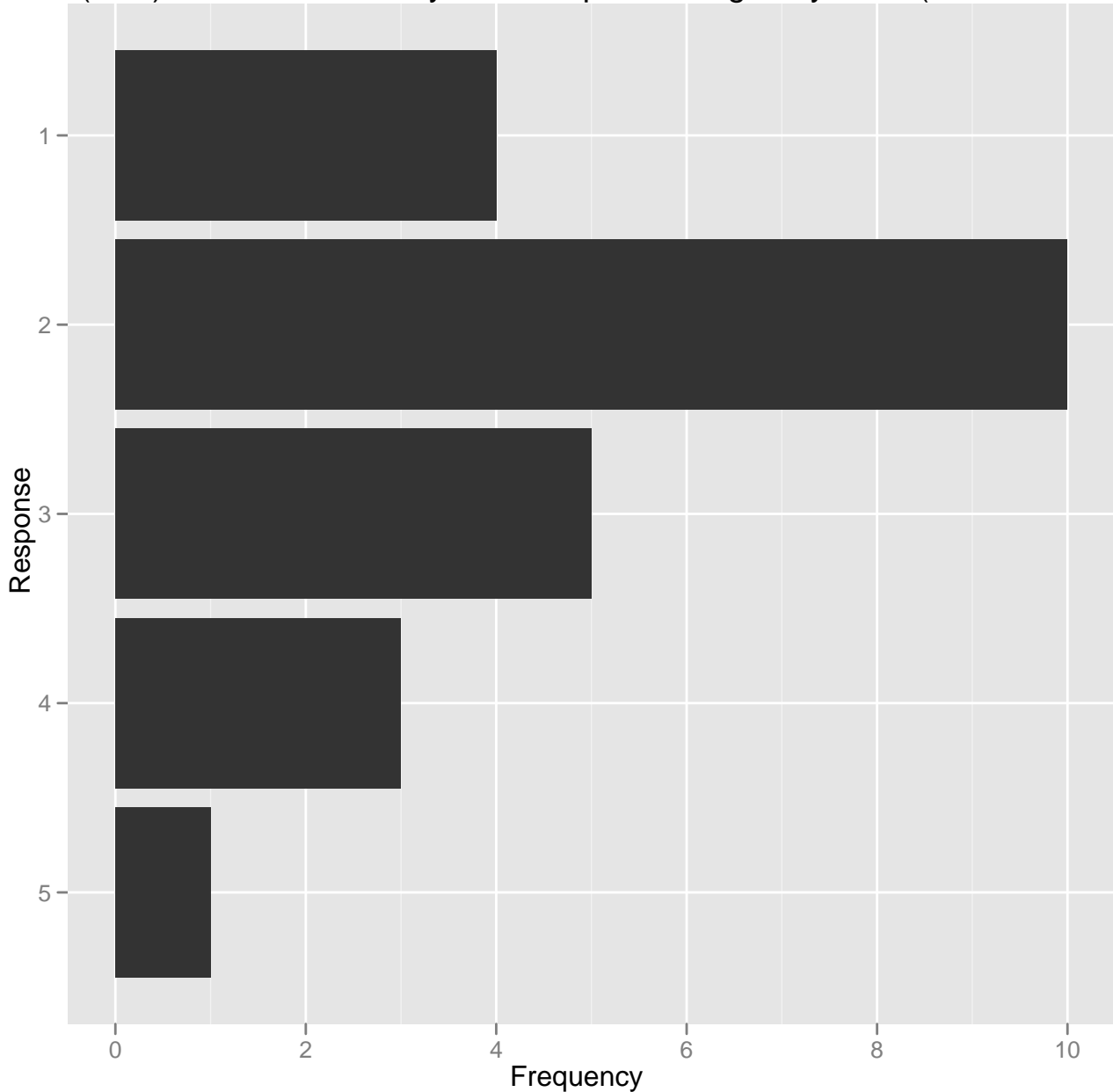
Q254 (Q60):How long did it feel like you were in active labor (4cm or more dilated)?



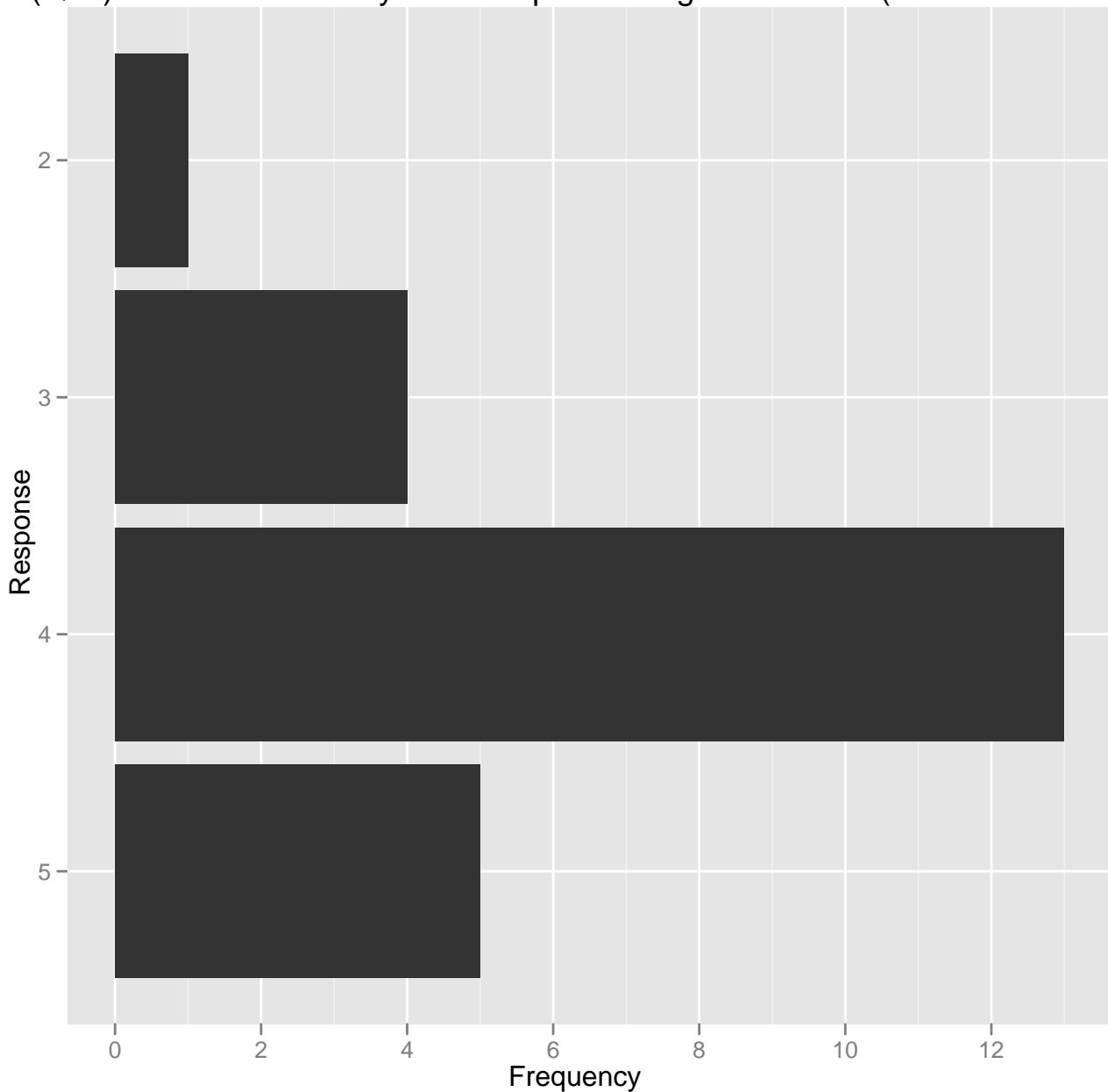
# Q255 (Q61):How long did it feel like you were pushing?



Q256 (Q62):How intense was your labor pain during early labor (0–4cm dilated)?



57 (Q63):How intense was your labor pain during active labor (4cm or more dilate



Q258 (Q64):How intense was your labor pain during pushing?

