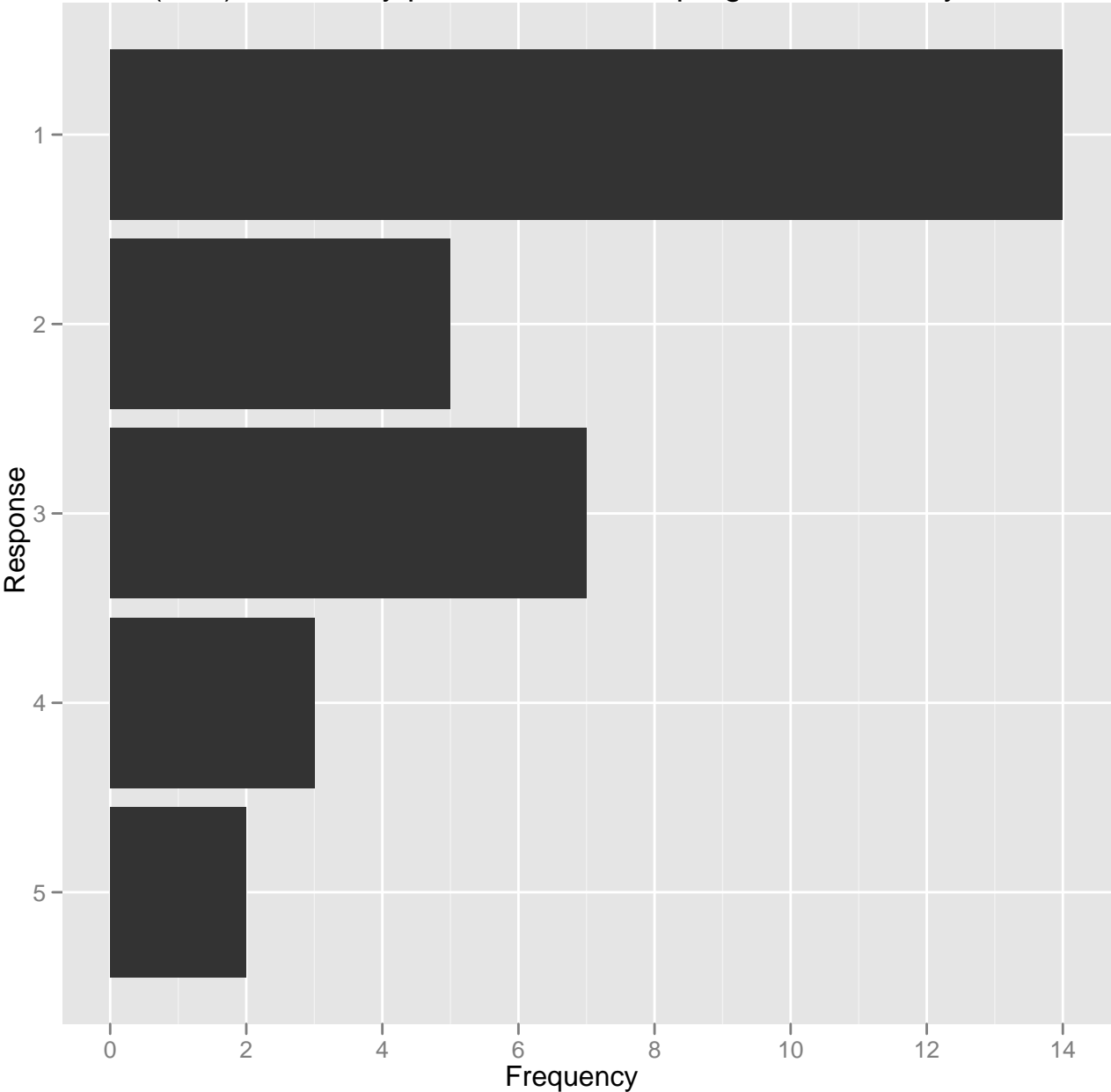
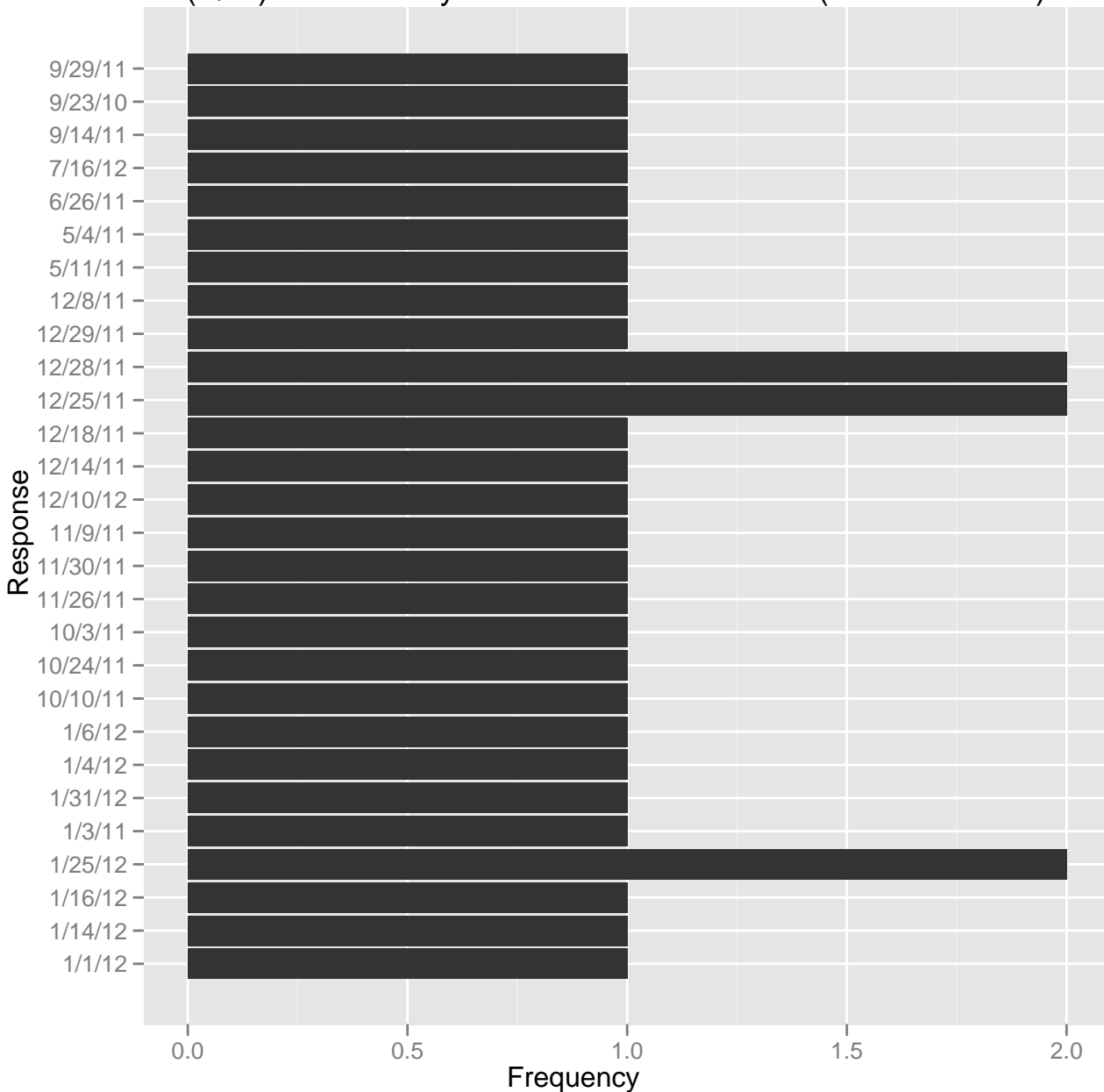


P001 (Q33):How many previous full-term pregnancies have you had?



P002 (Q35):When was your estimated due date? (MM/DD/YYYY)



P003 (Q37):Is this a single or a multiple pregnancy?

Response

1

0

5

10

Frequency

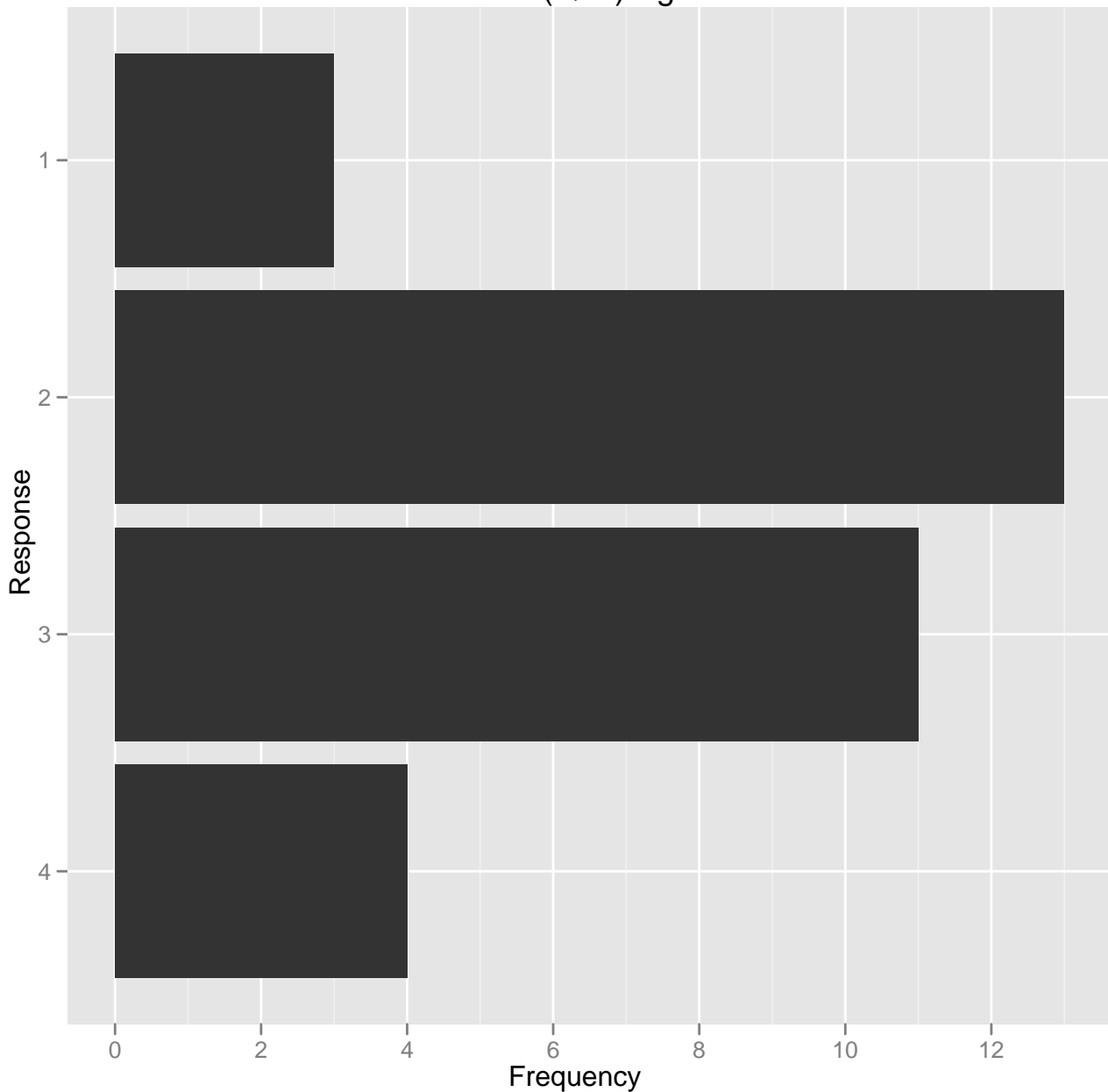
15

20

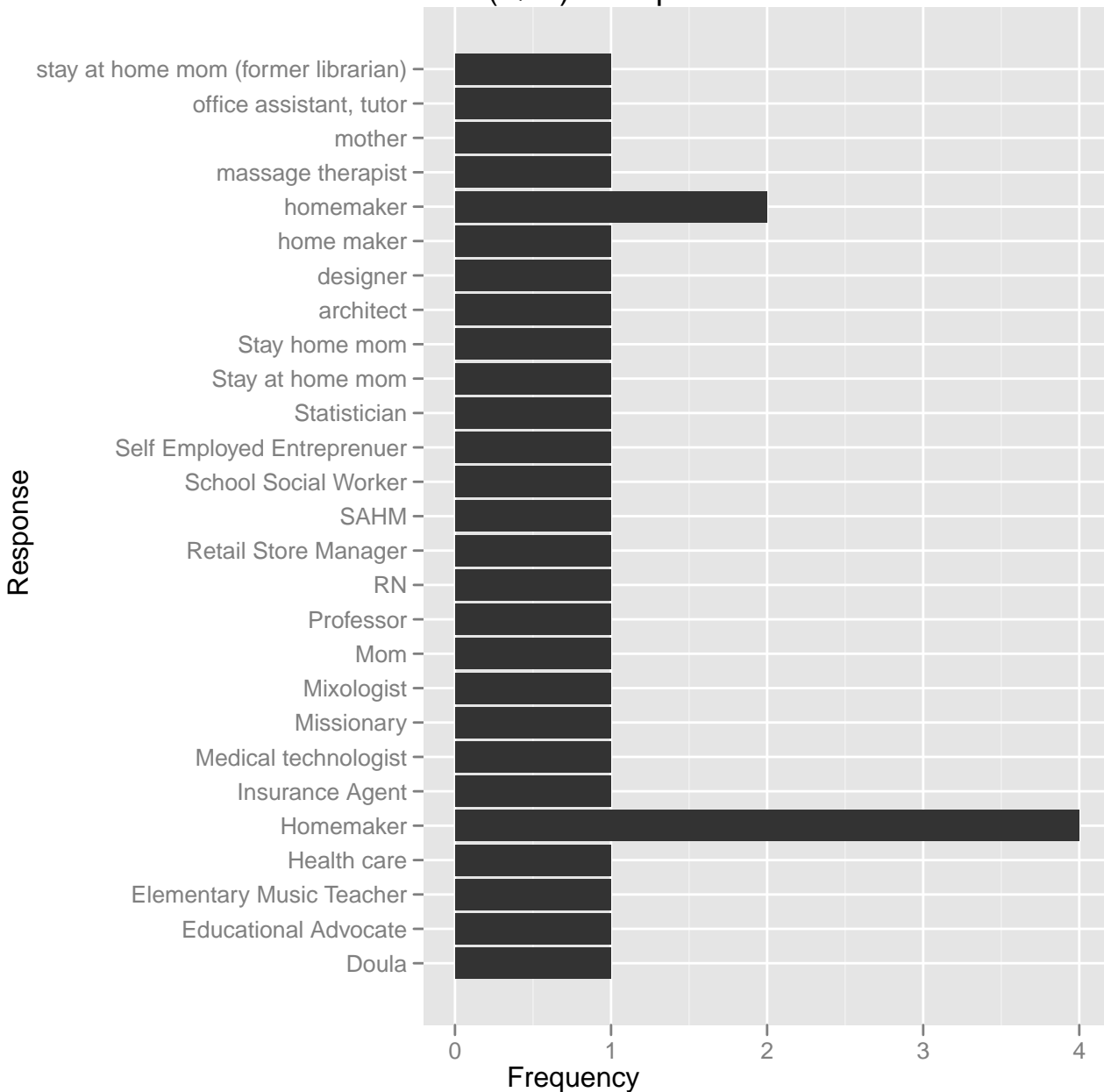
25

30

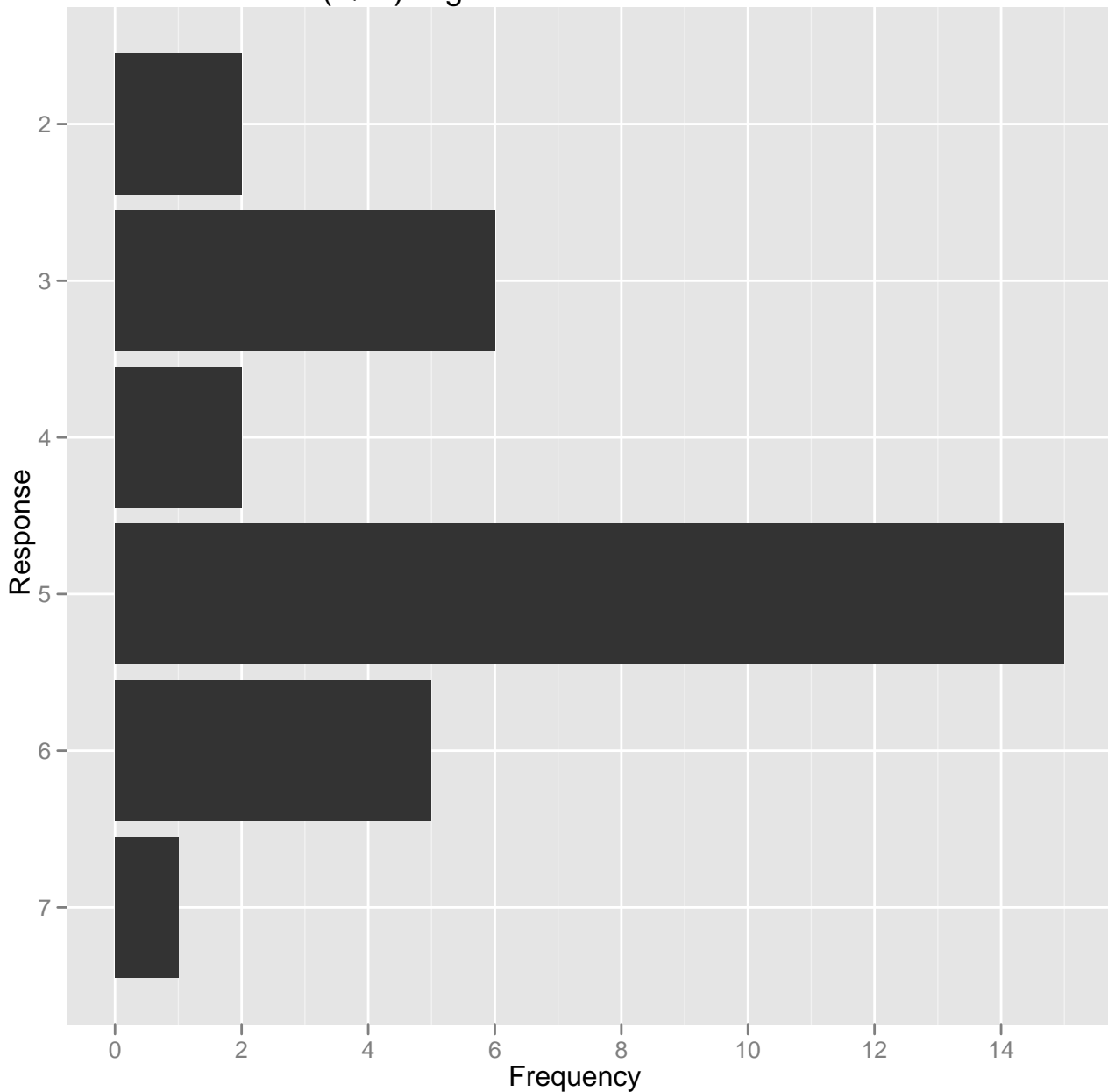
P004 (Q39):Age



P005 (Q41):Occupation



P006 (Q43):Highest educational level achieved



P007 (Q45):Are you currently partnered?

Response

Frequency

0

5

10

15

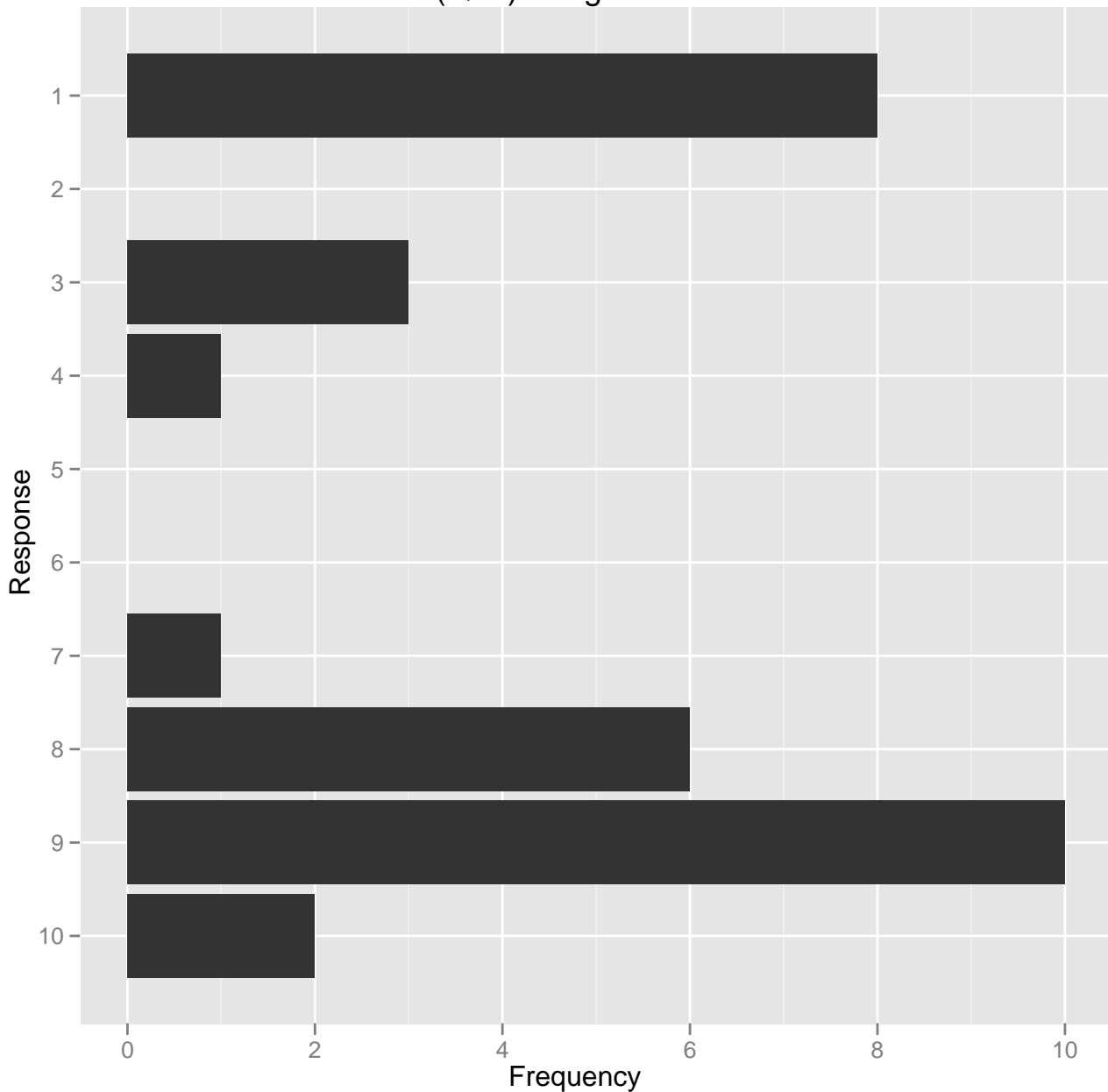
20

25

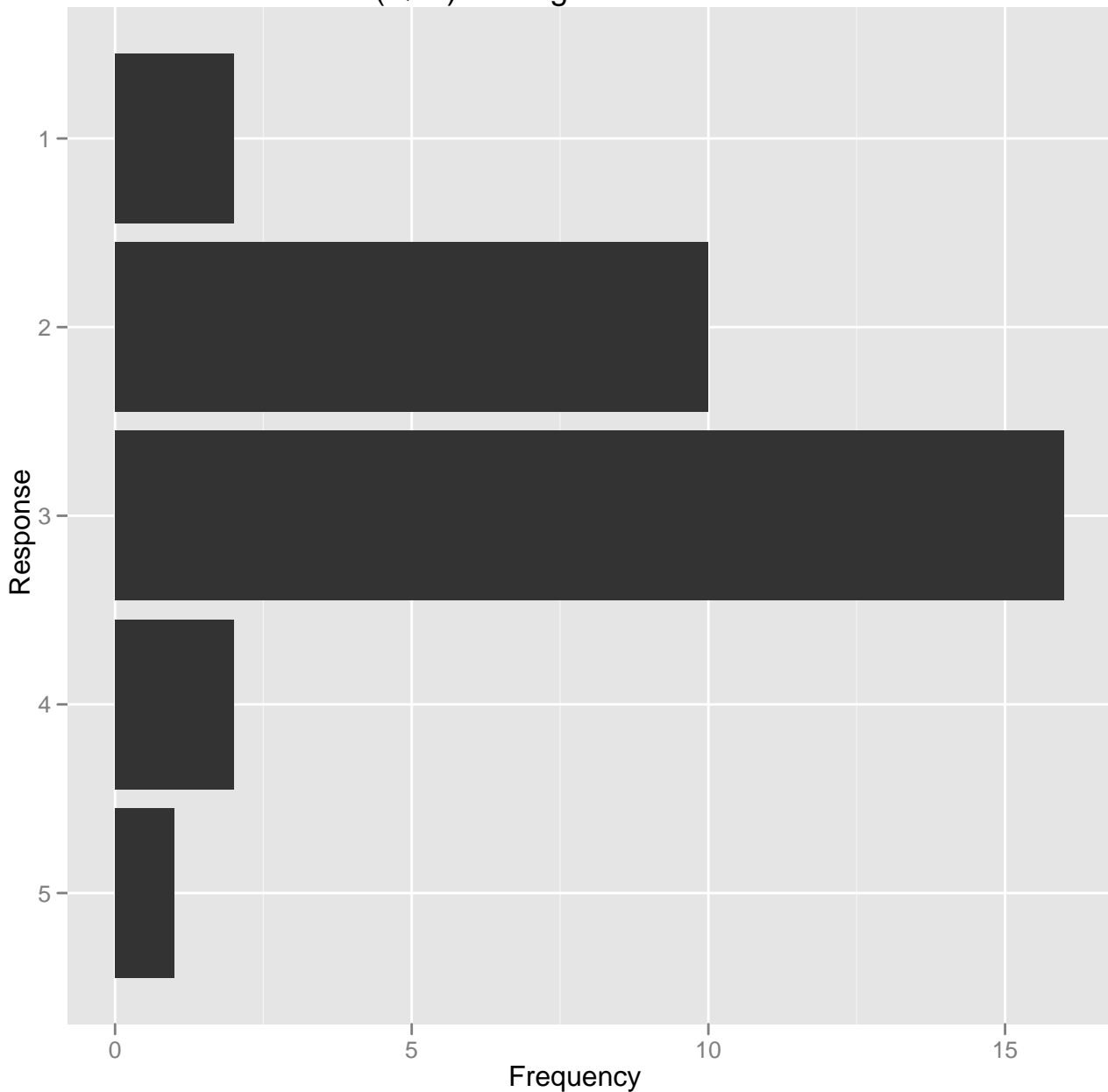
30

1

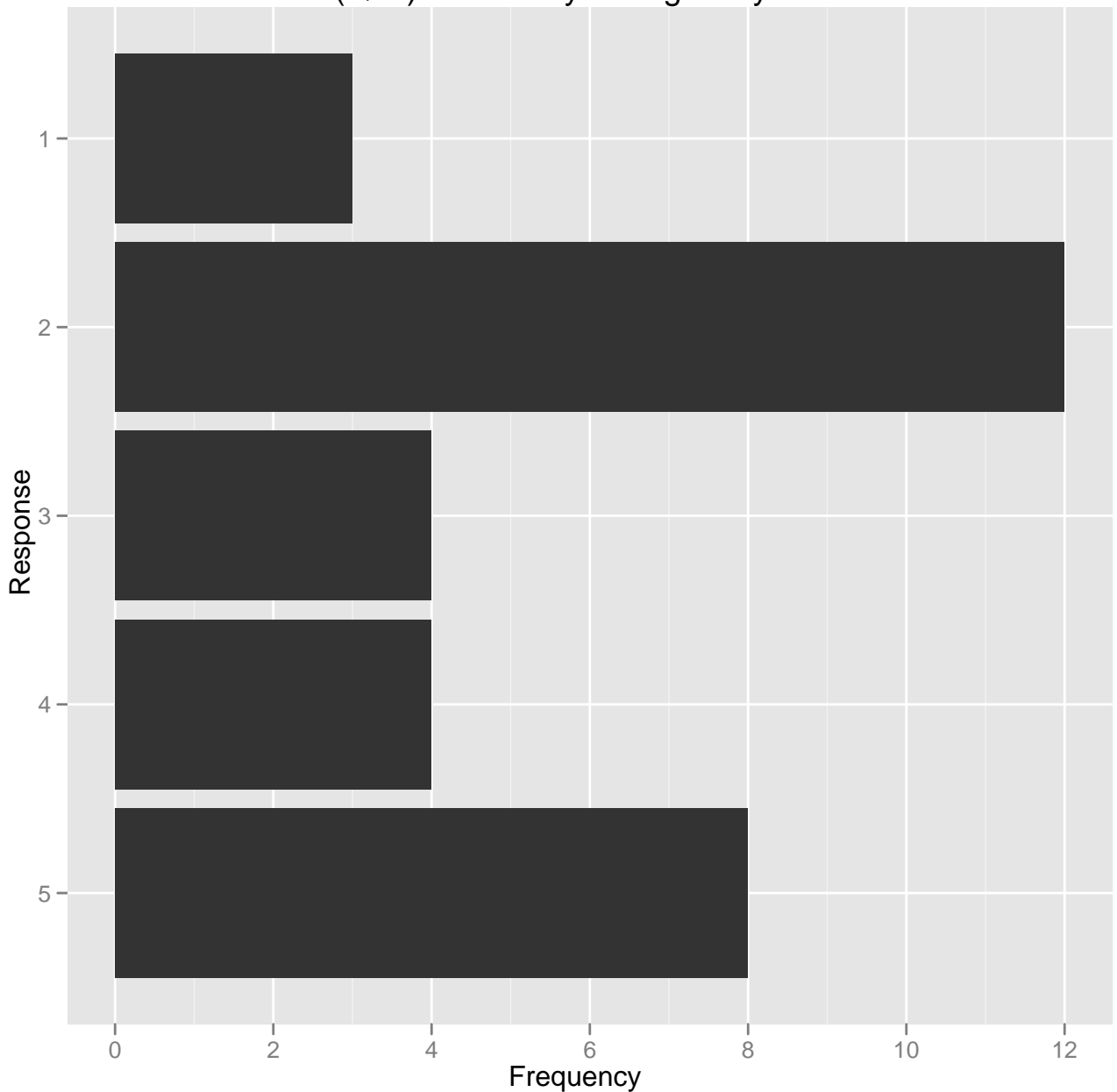
P008 (Q47):Religious affiliation



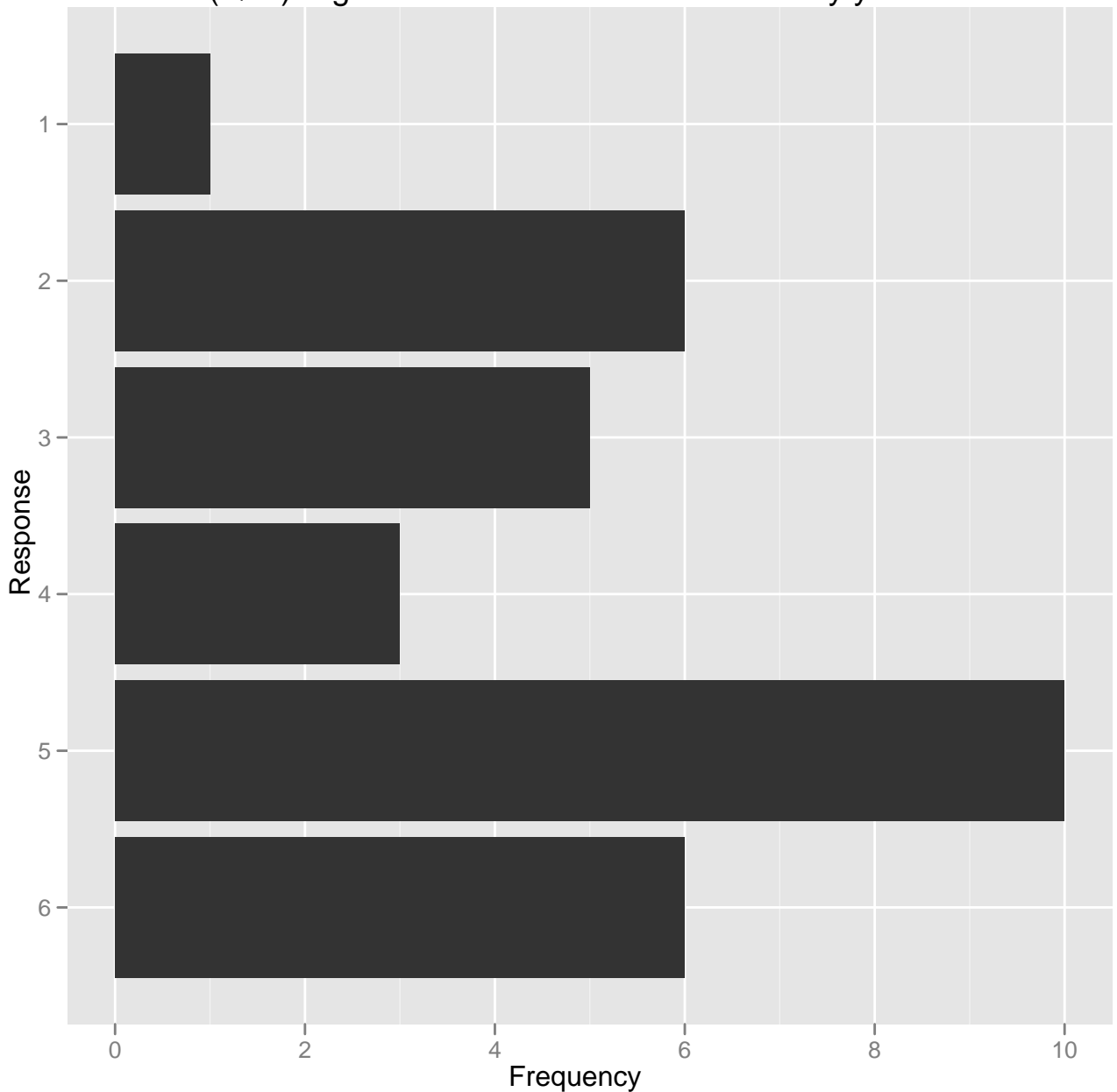
P009 (Q49):Average household income



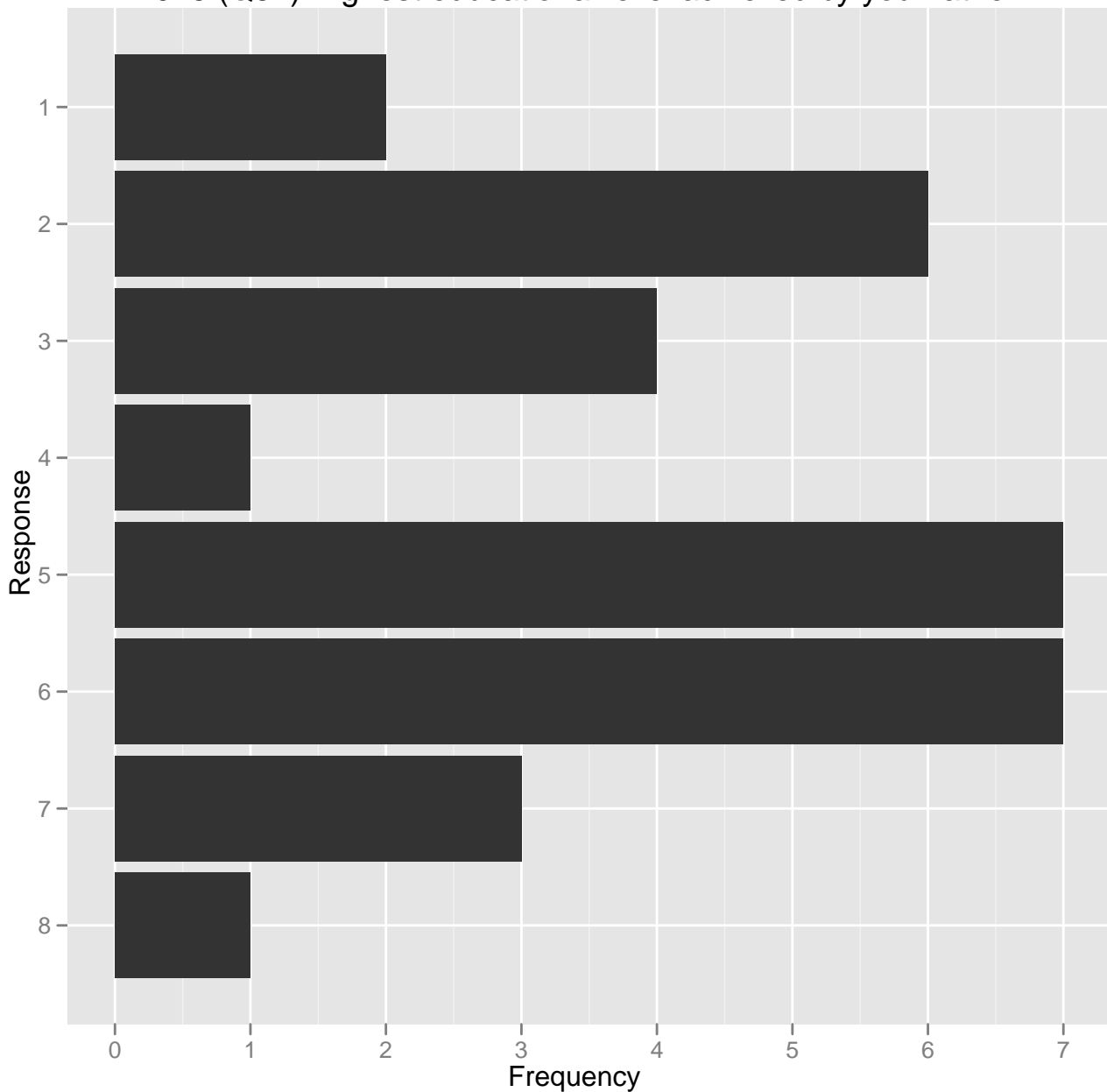
P011 (Q53):How many siblings do you have?



P012 (Q55):Highest educational level achieved by your mother



P013 (Q57):Highest educational level achieved by your father



4 (Q59):What is your primary motivating factor for choosing an out-of-hospital bir

Response

Frequency

1

2

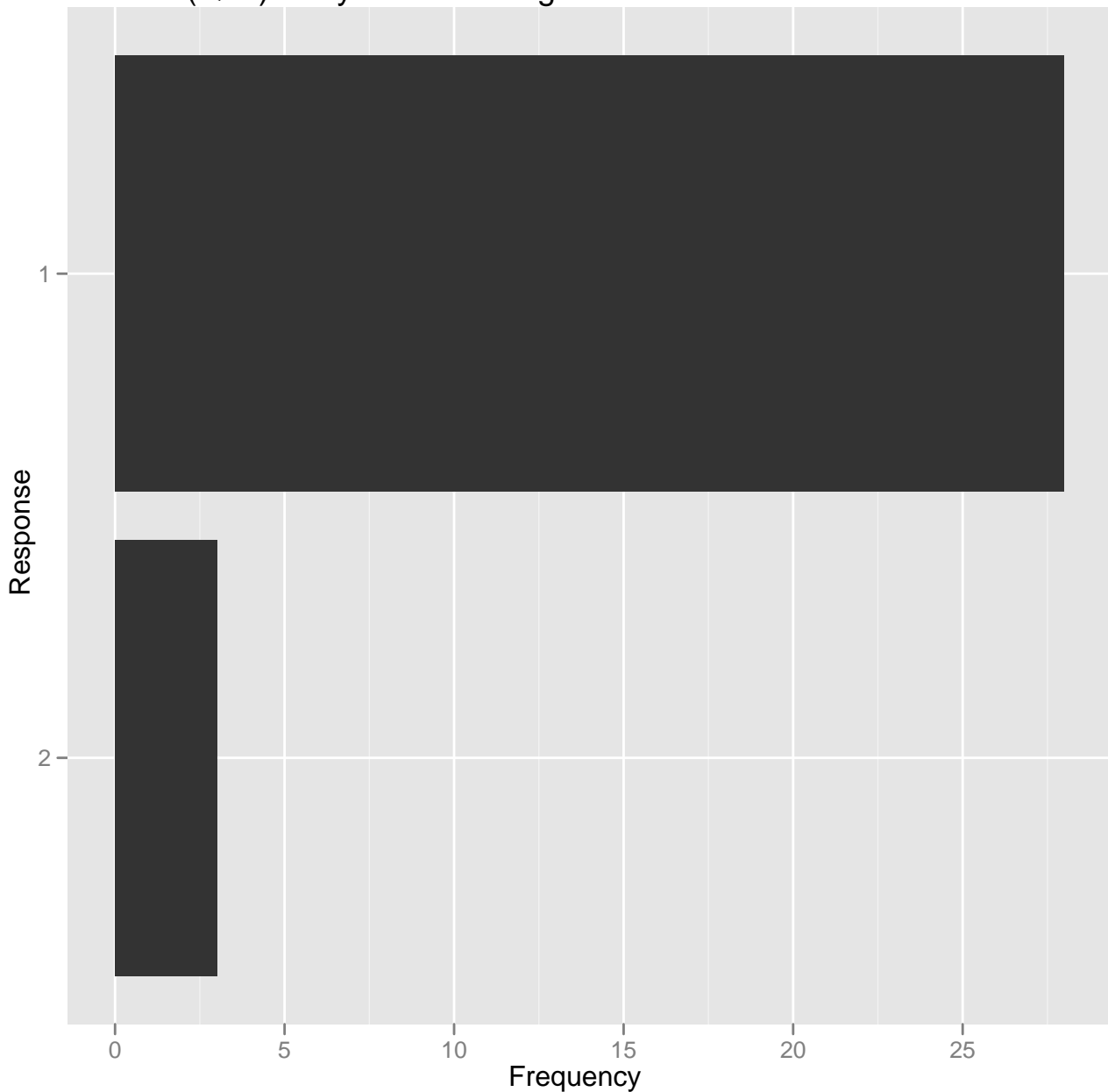
OB care performed by a practice of midwives and physicians; birth occurred within hospital with midwife.

I was scared to give b

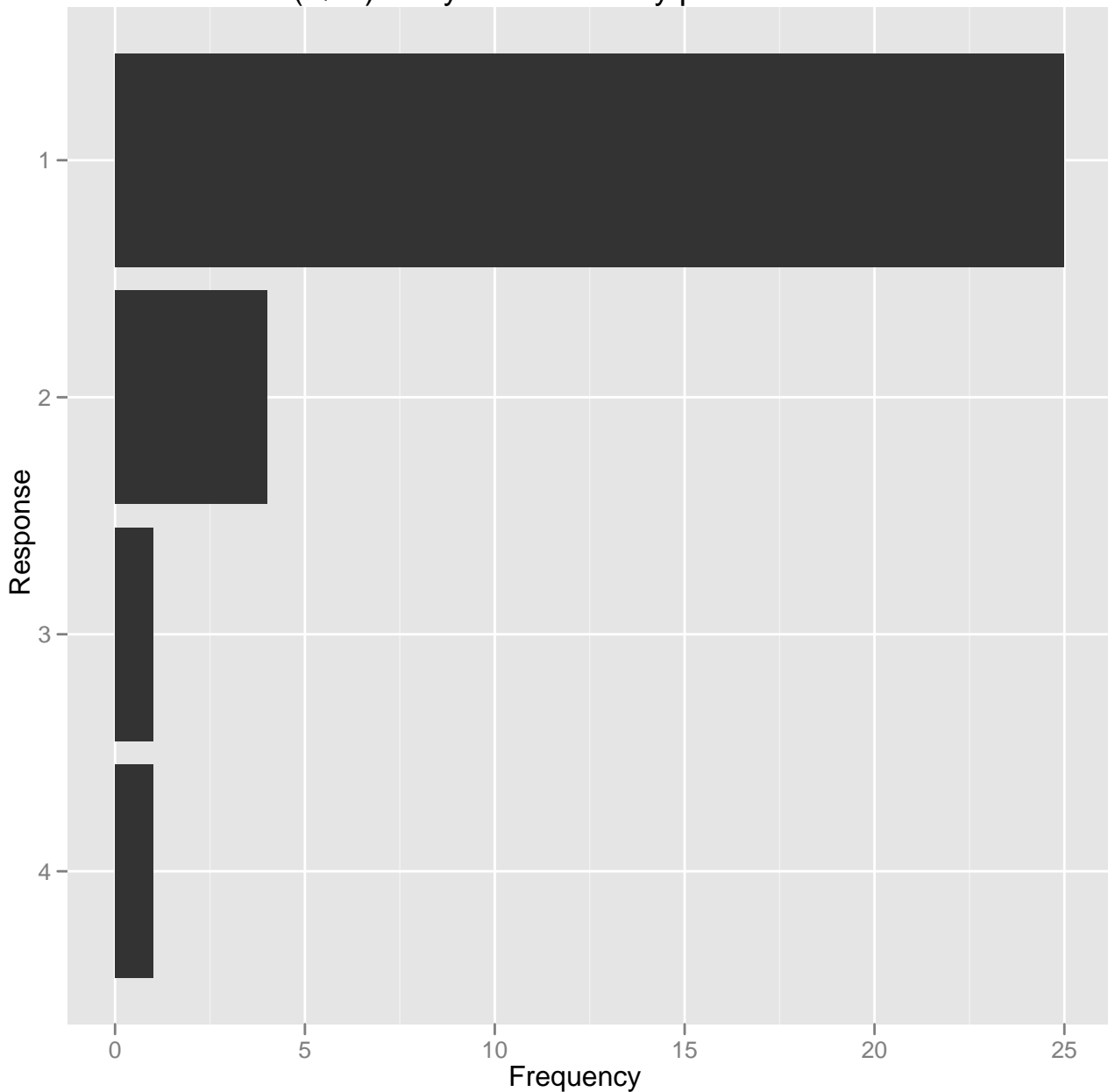
I wanted to honor the experience of the birth; taking it out of the formal, medical environment, to a mo

I wanted a natural birt

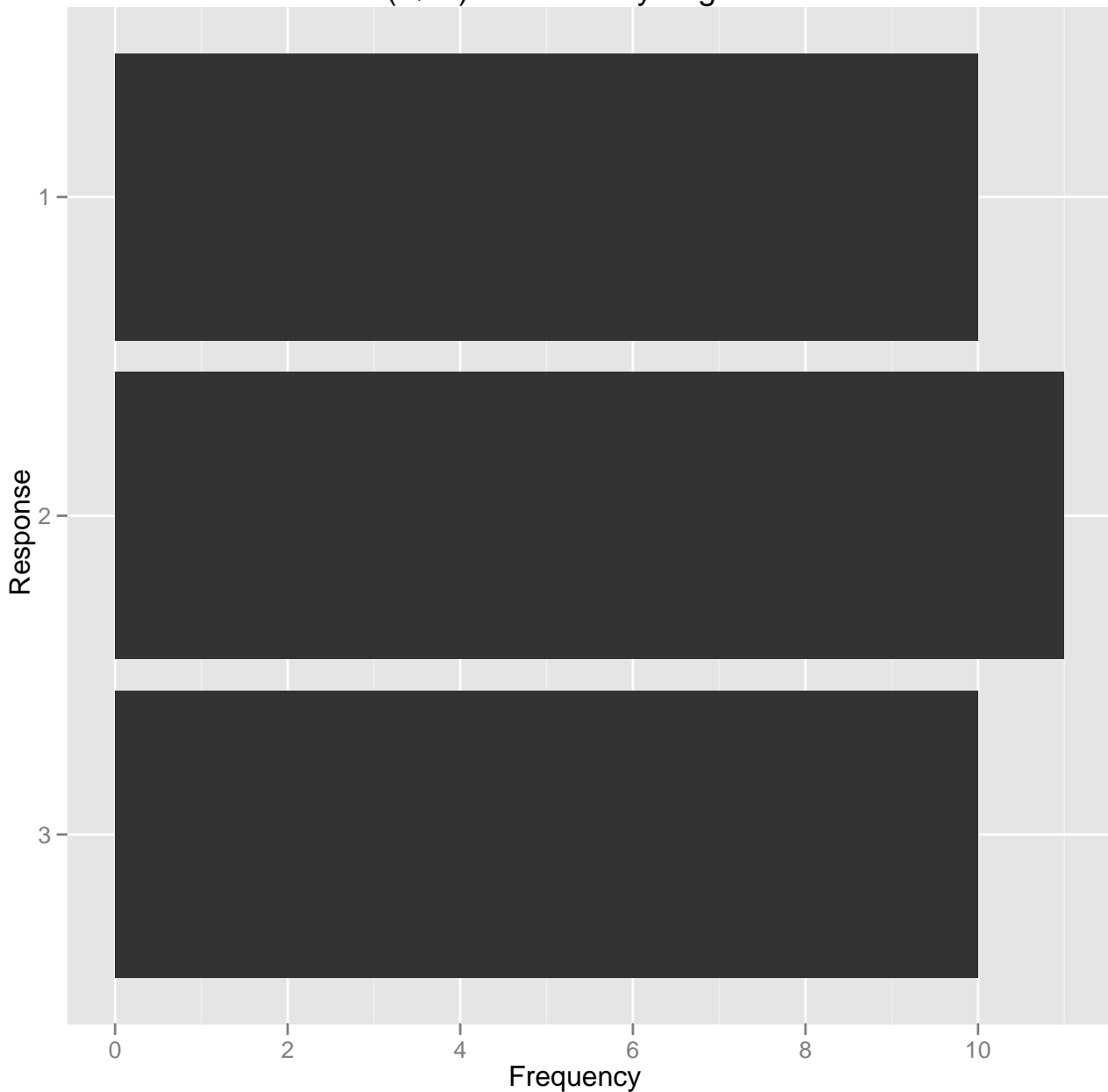
P015 (Q19):Did you have a vaginal childbirth or a cesarean birth?



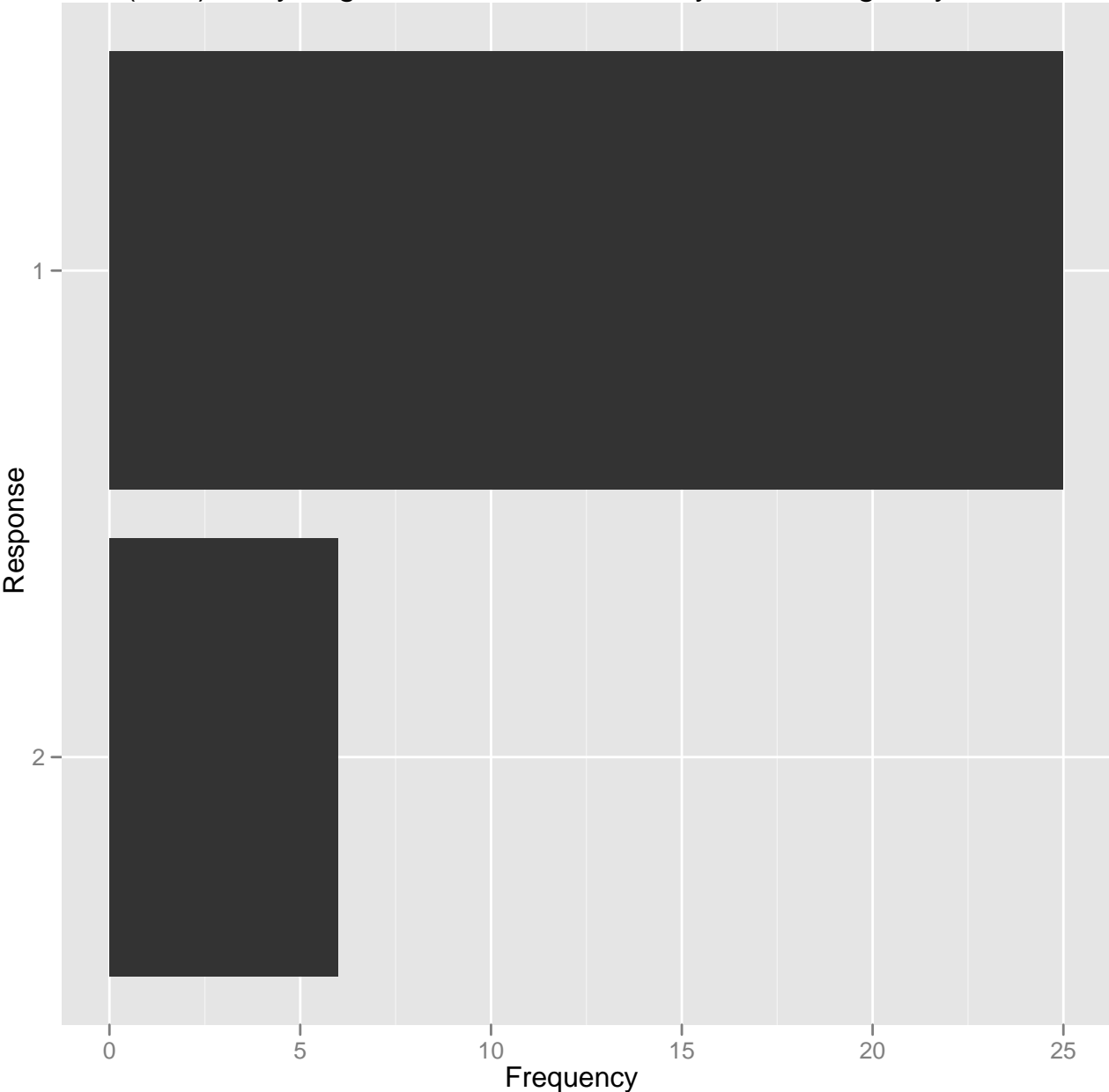
P016 (Q20):Did you receive any pain medications?



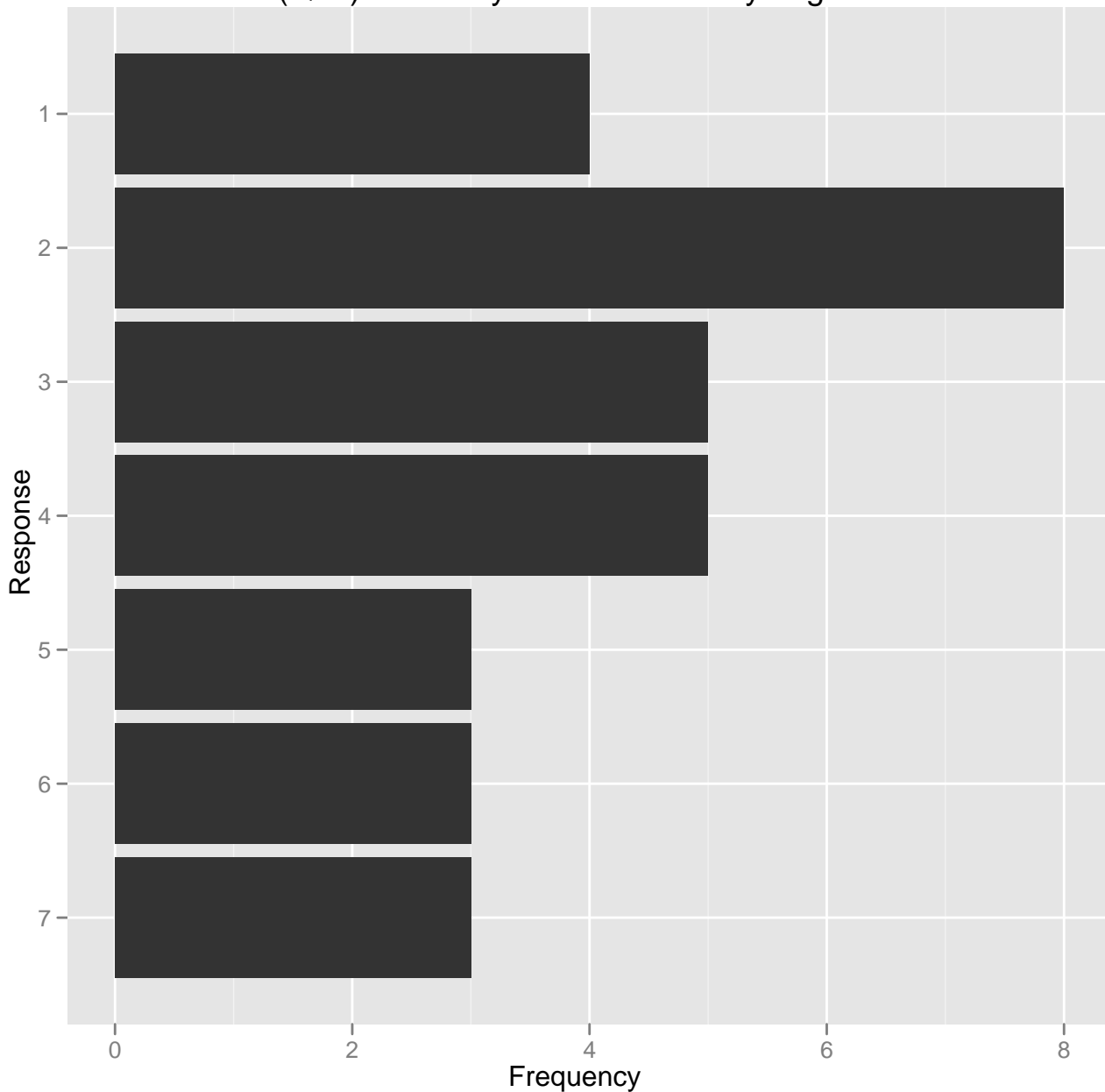
P017 (Q21):Where did you give birth?



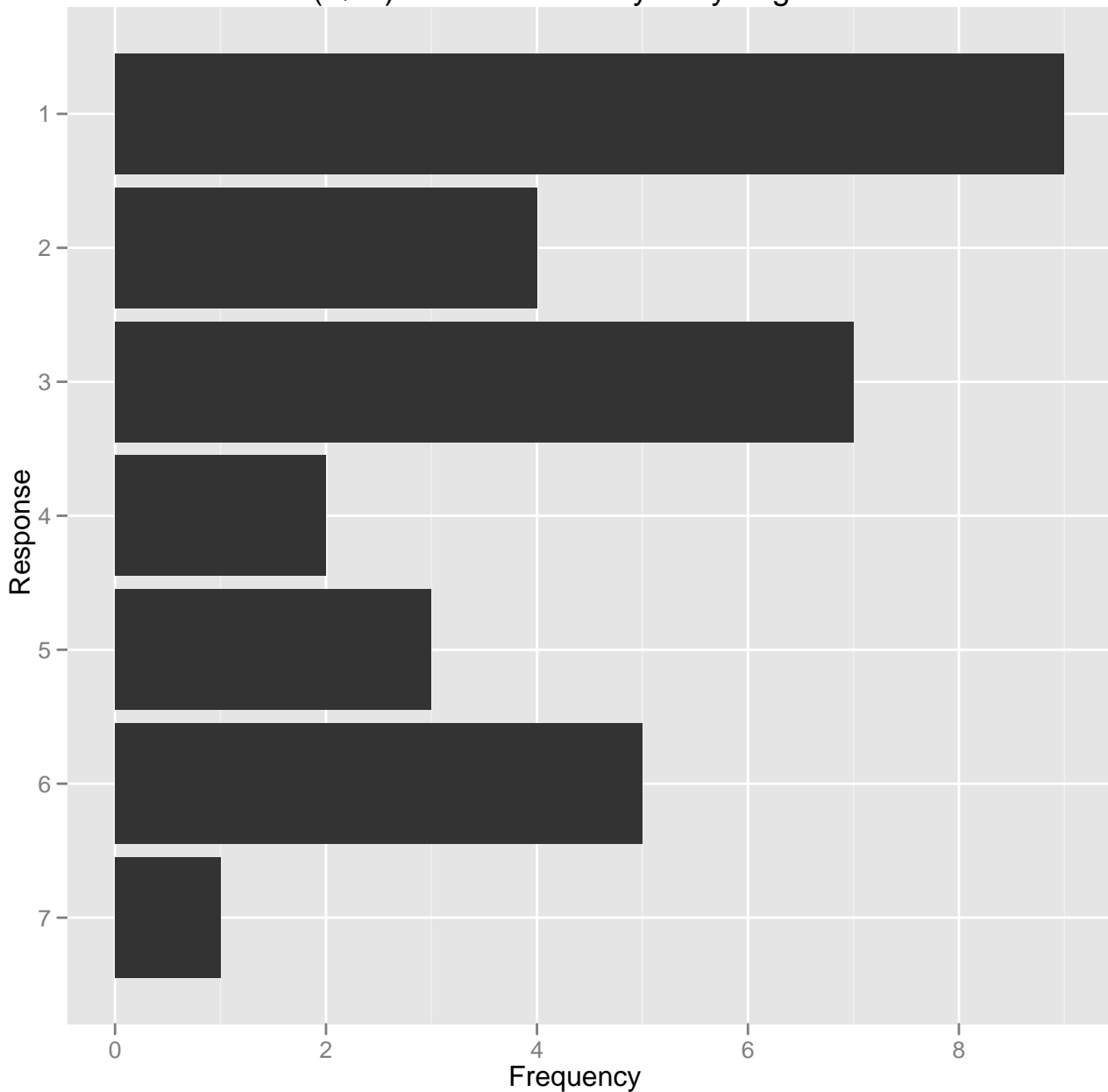
P018 (Q22):Did you give birth at the location you had originally intended?



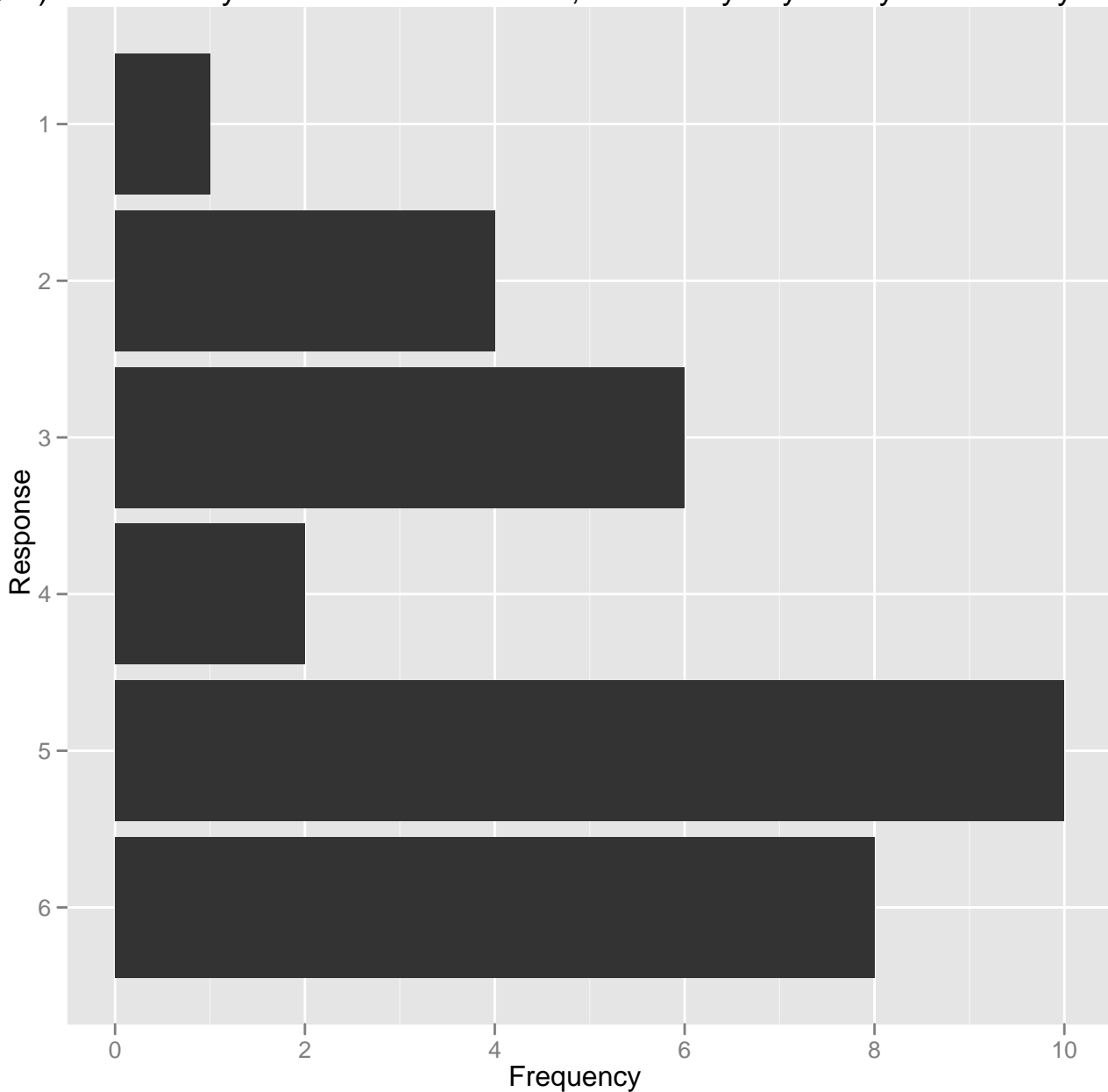
P019 (Q23):What day of the week did you give birth?



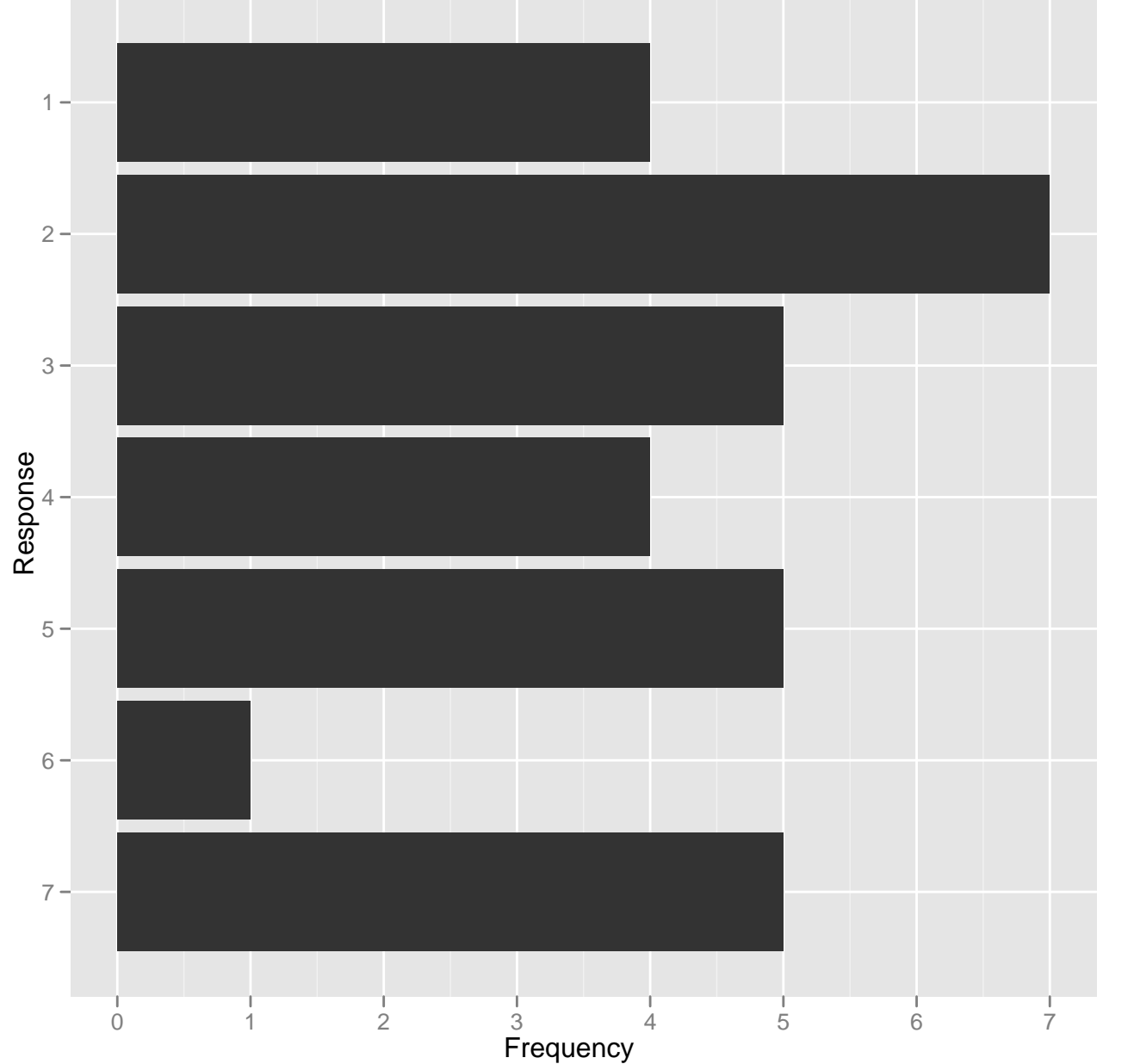
P020 (Q24):What time of day did you give birth?



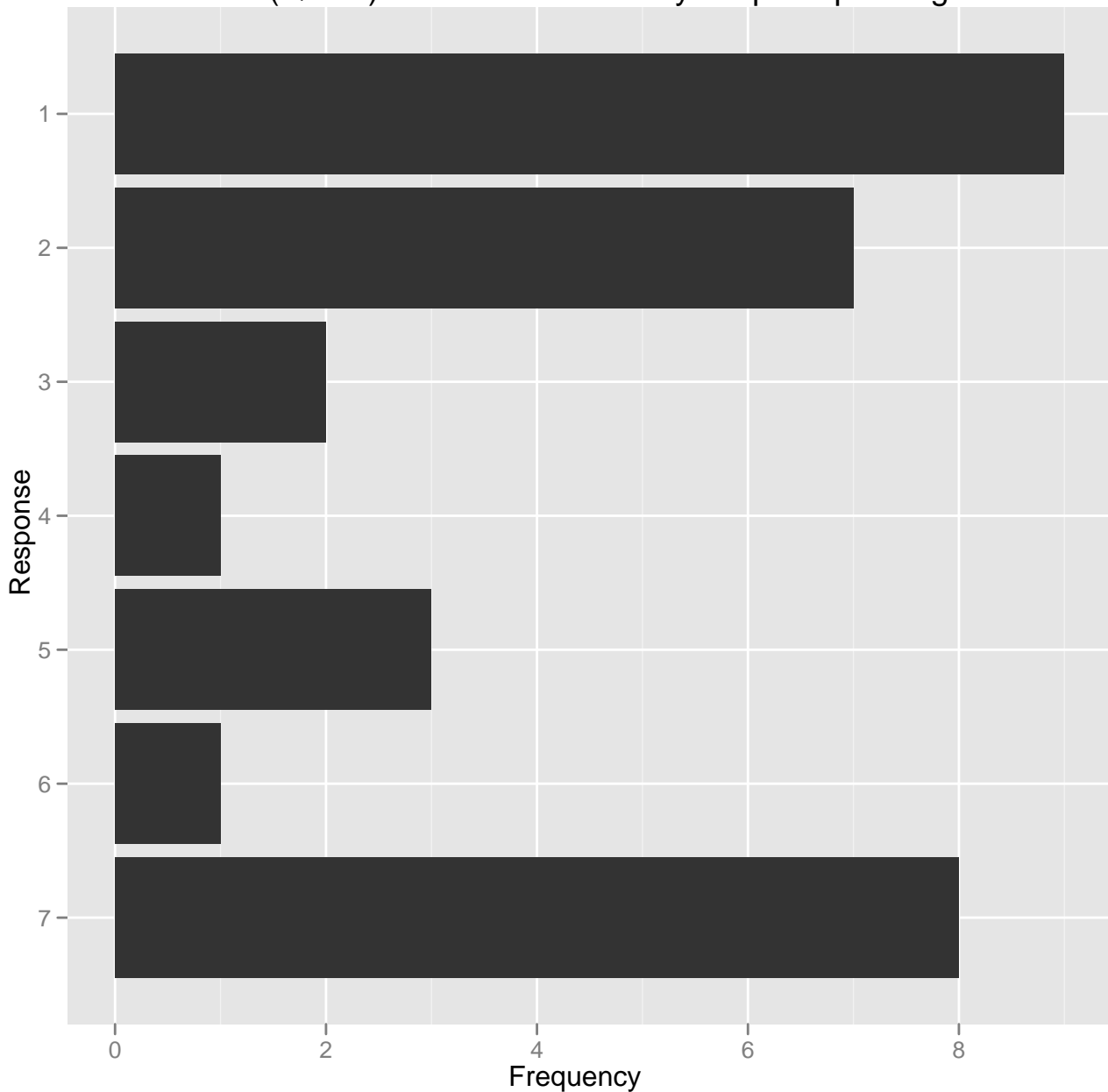
Q25):Relative to your estimated due date, how many days early or late did you give



P022 (Q26):How much time did you spend in active labor (4cm or more dilated)?



P023 (Q27.1):How much time did you spend pushing?



as your partner present during the birth? (Partner can mean a romantic partner or

Response

1

0

5

10

Frequency

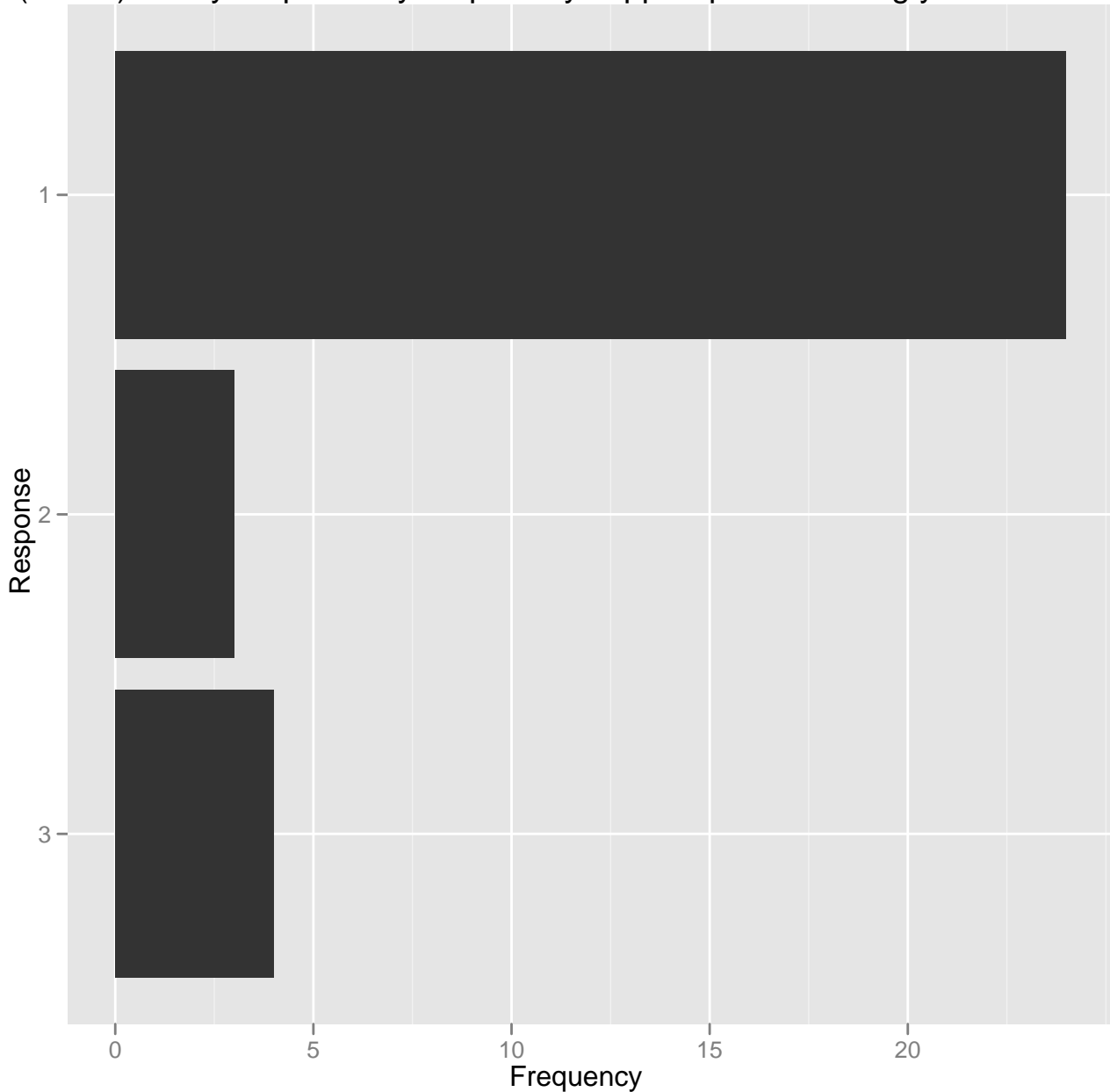
15

20

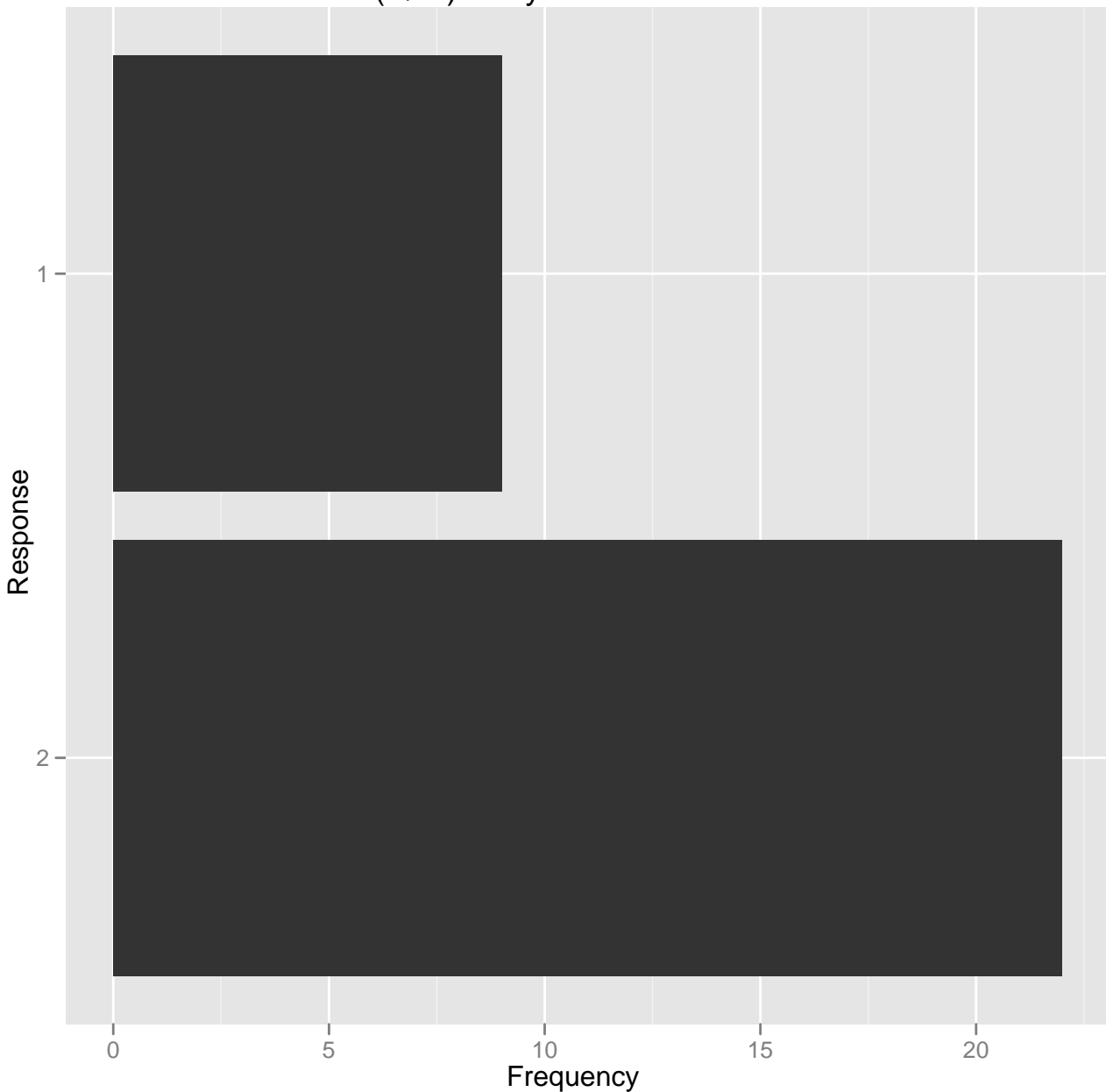
25

30

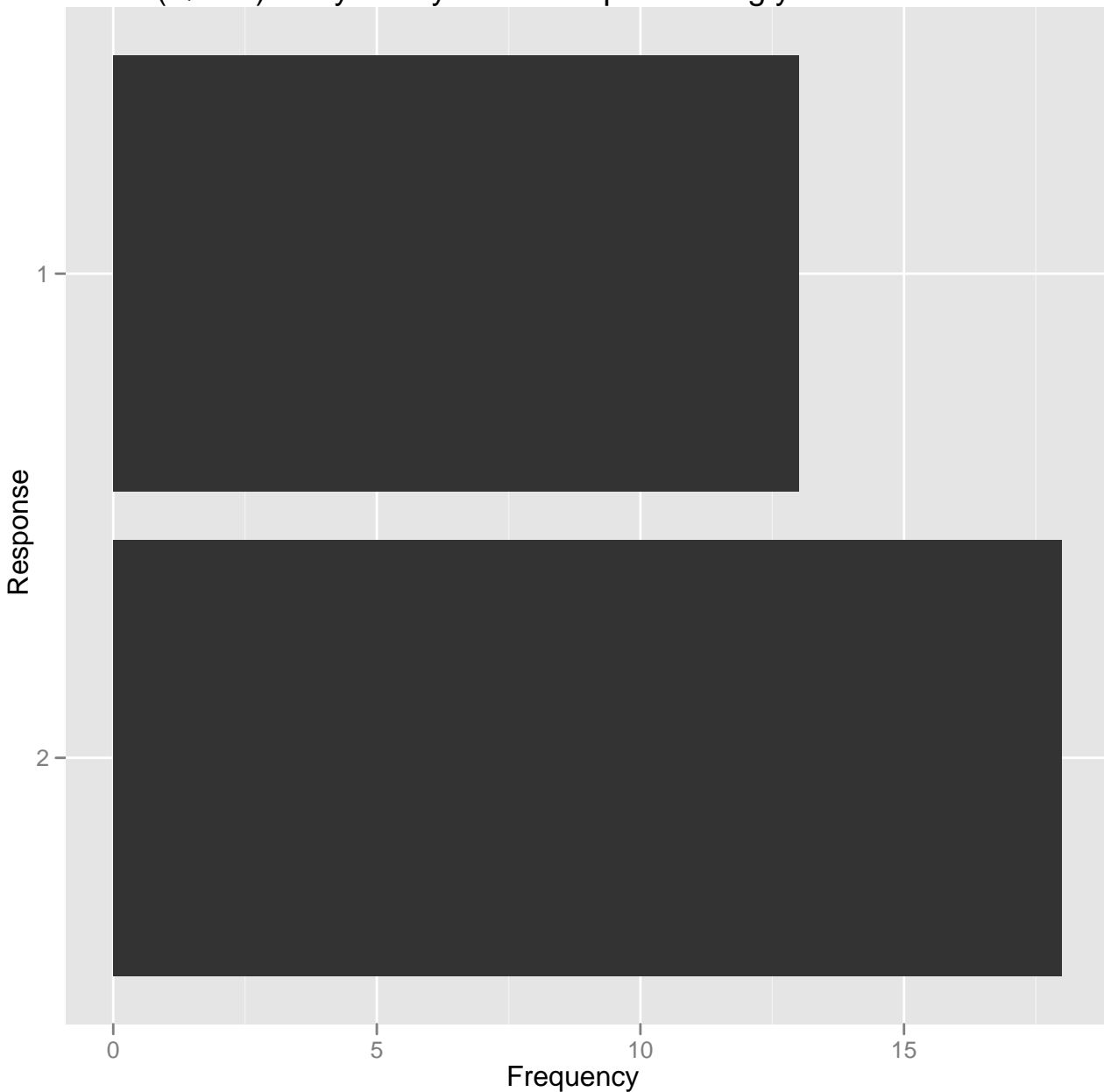
25 (Q29.1):Was your partner your primary support person during your labor and bi



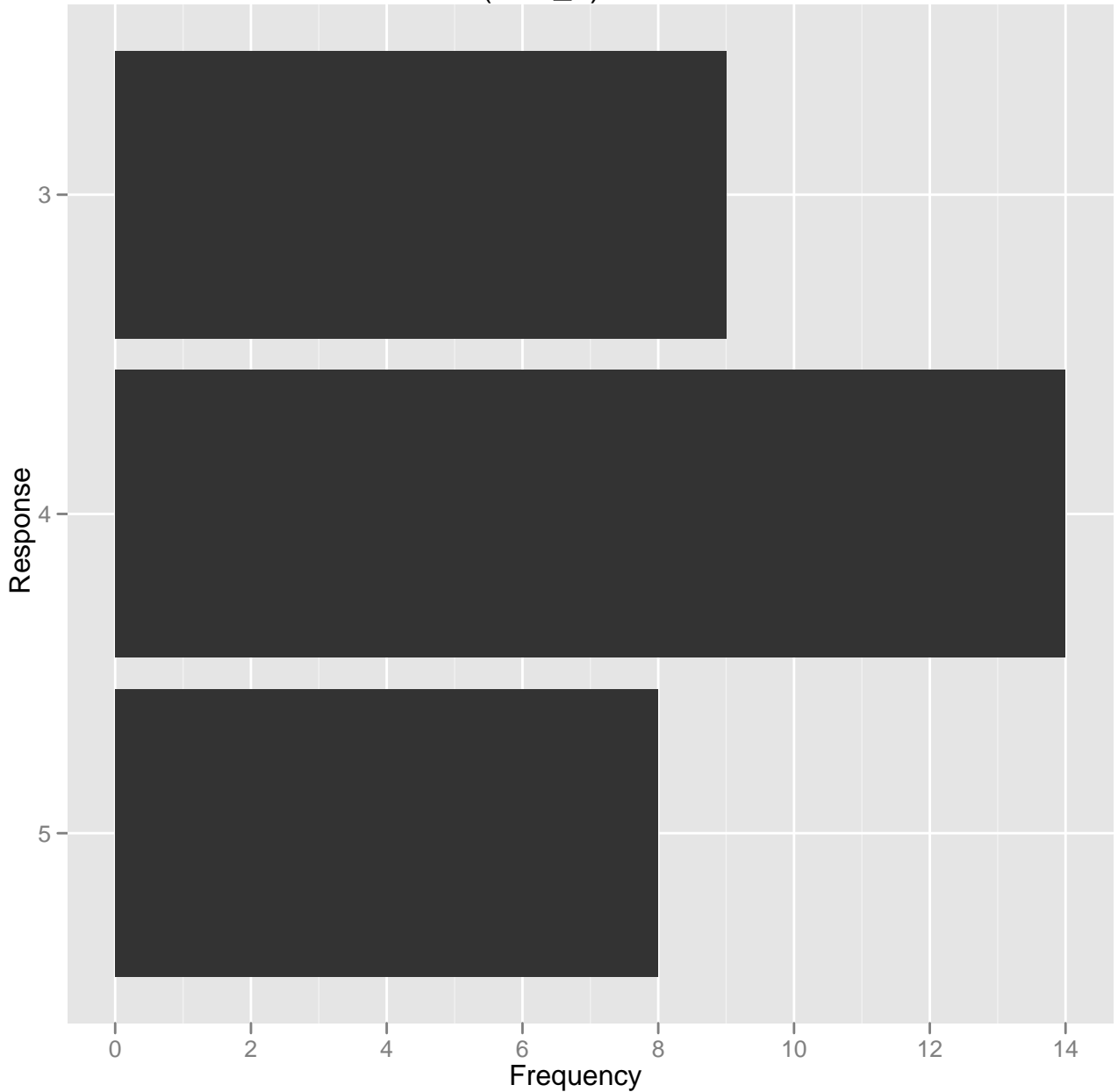
P026 (Q30):Did you work with a doula?



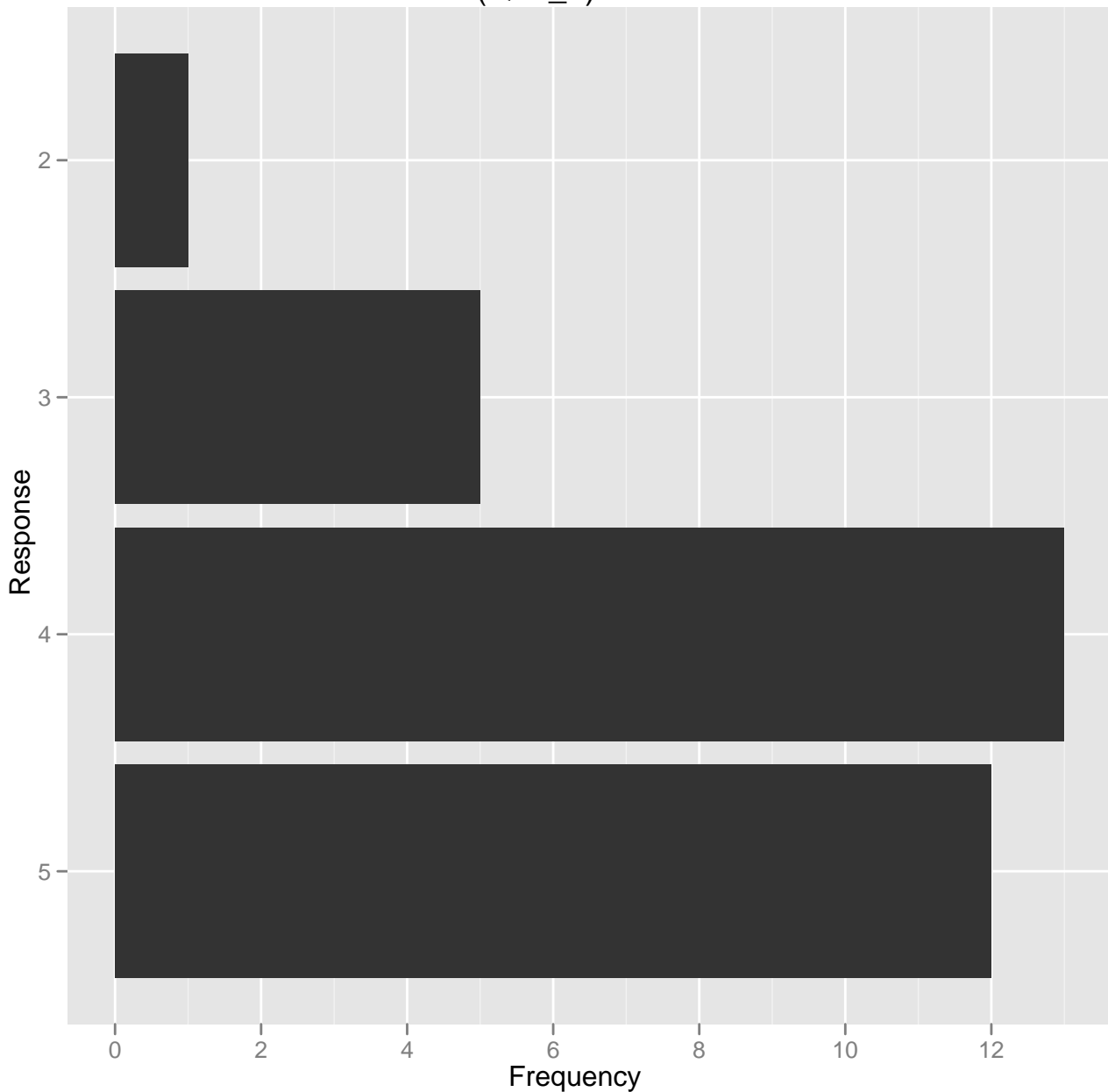
P027 (Q31.1):Did you rely on a birth plan during your labor and birth?



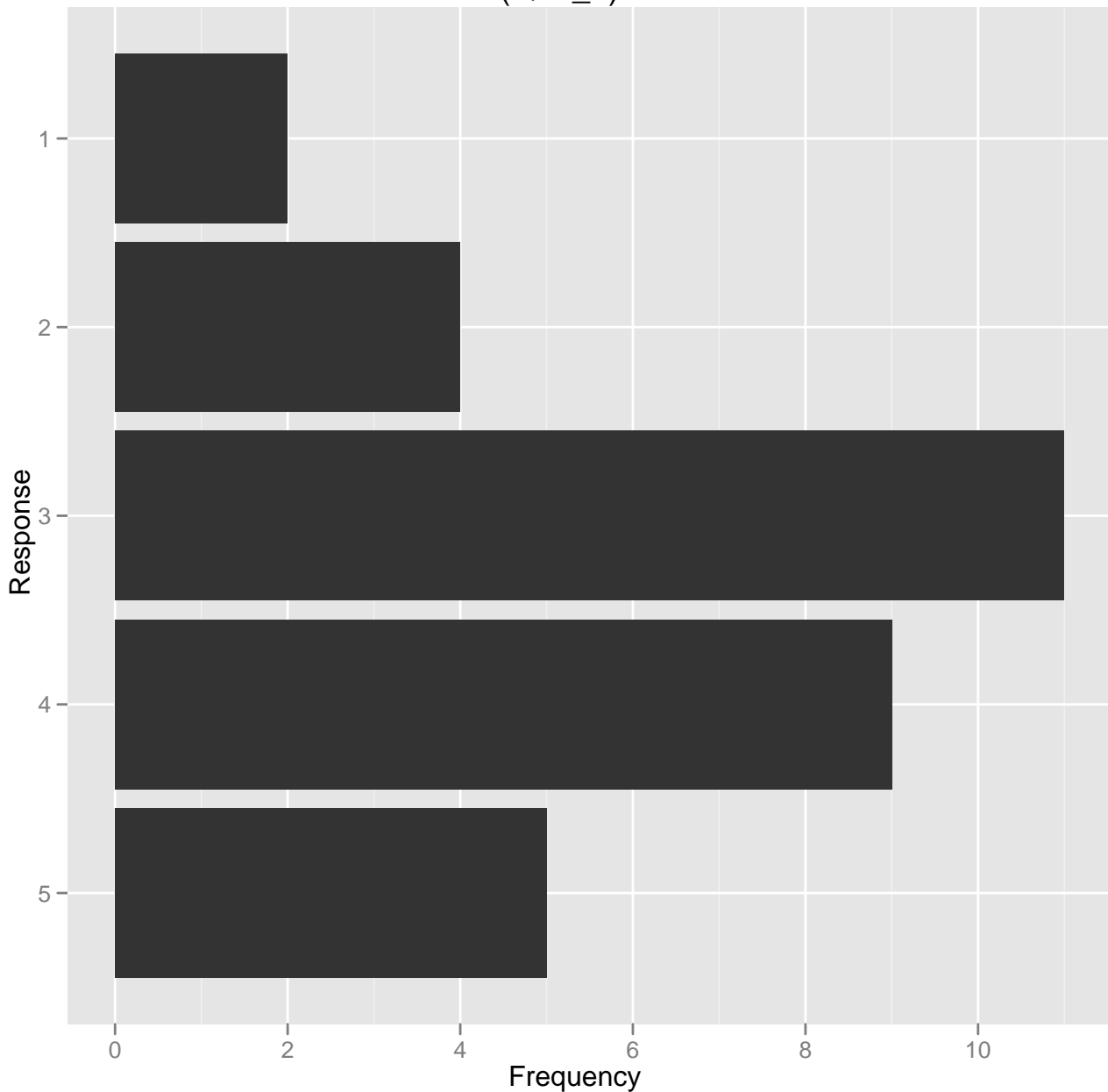
P028 (Q61_1):Interested



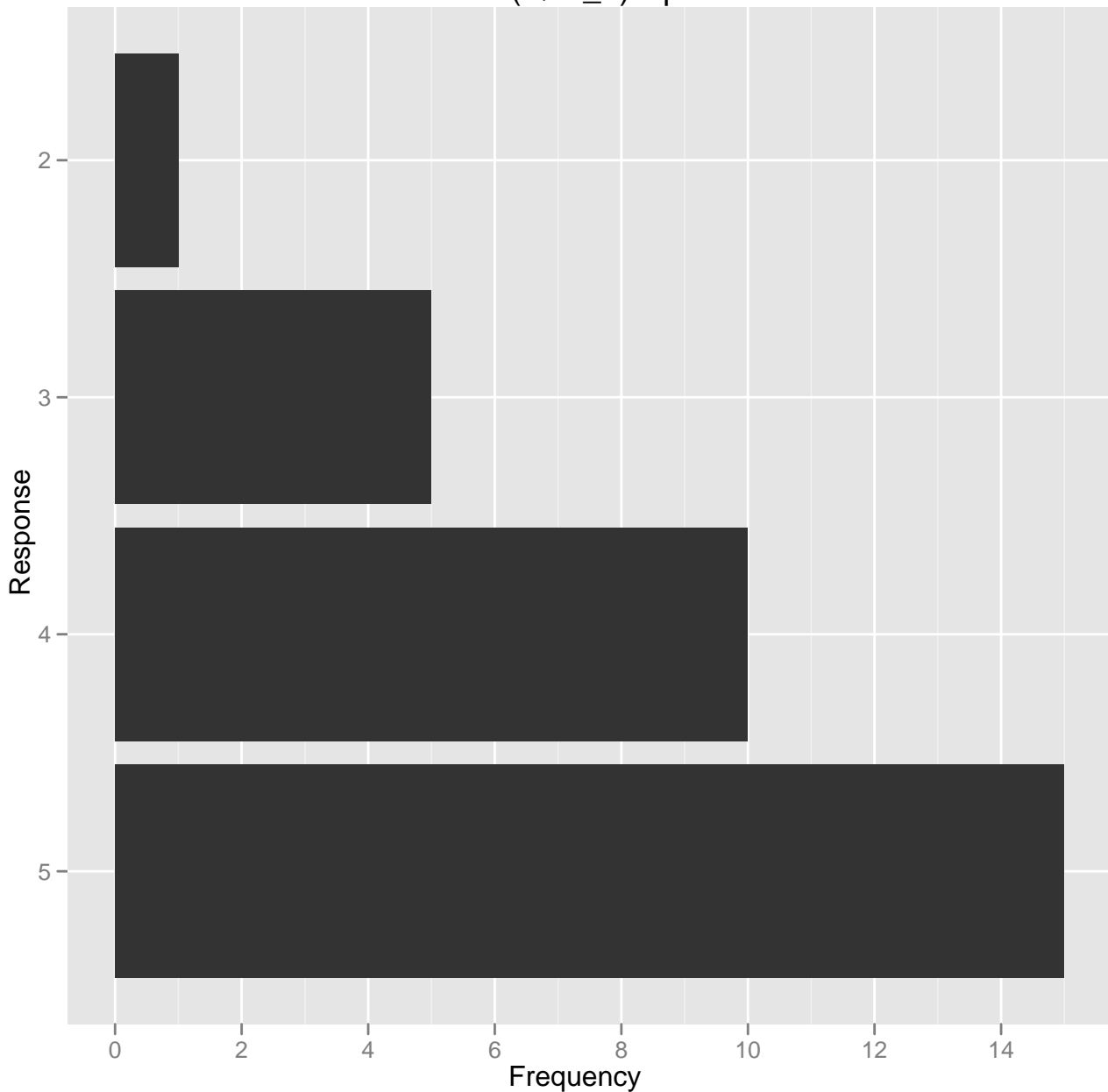
P029 (Q61_2):Distressed



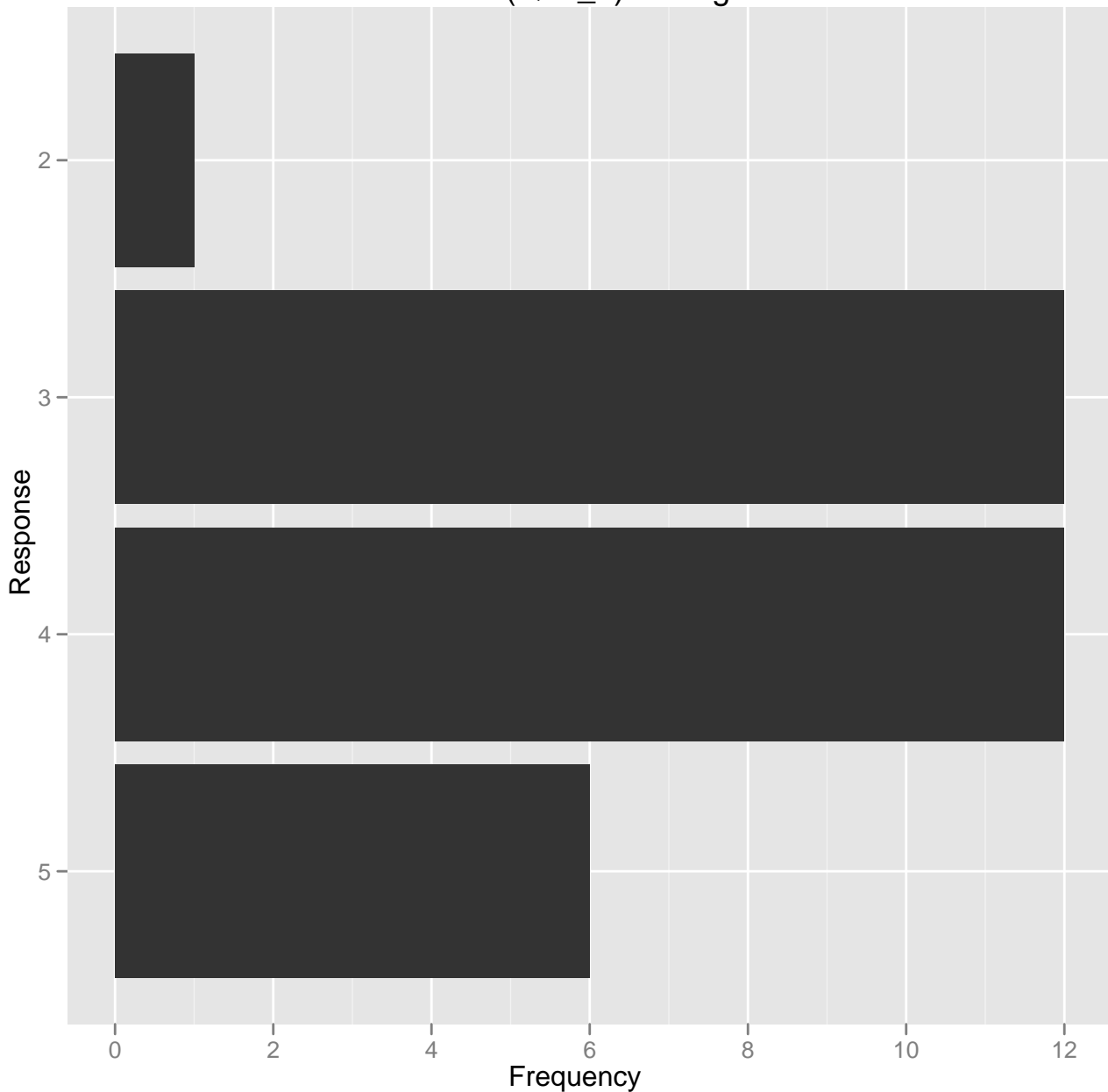
P030 (Q61_3):Excited



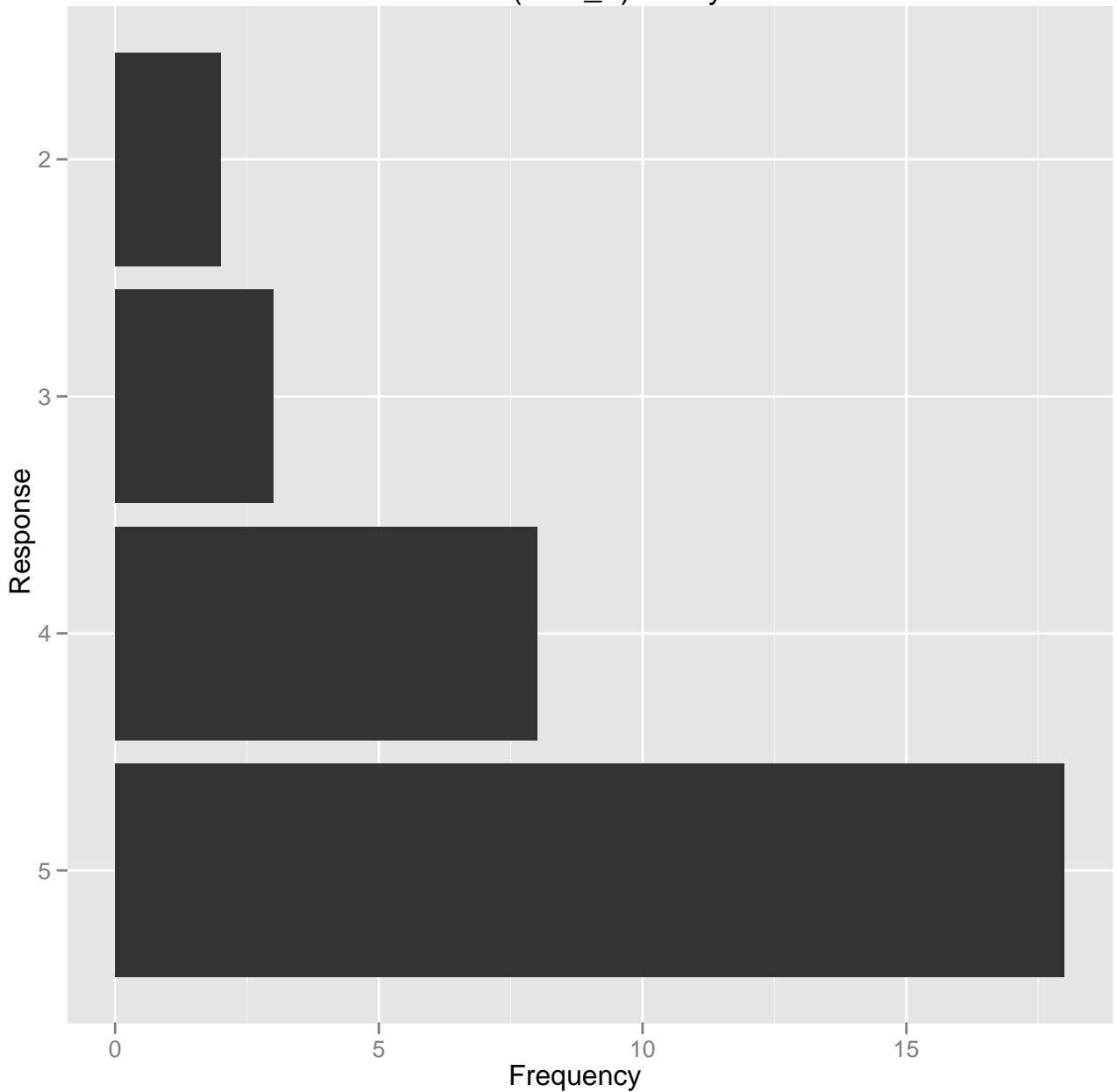
P031 (Q61_4):Upset



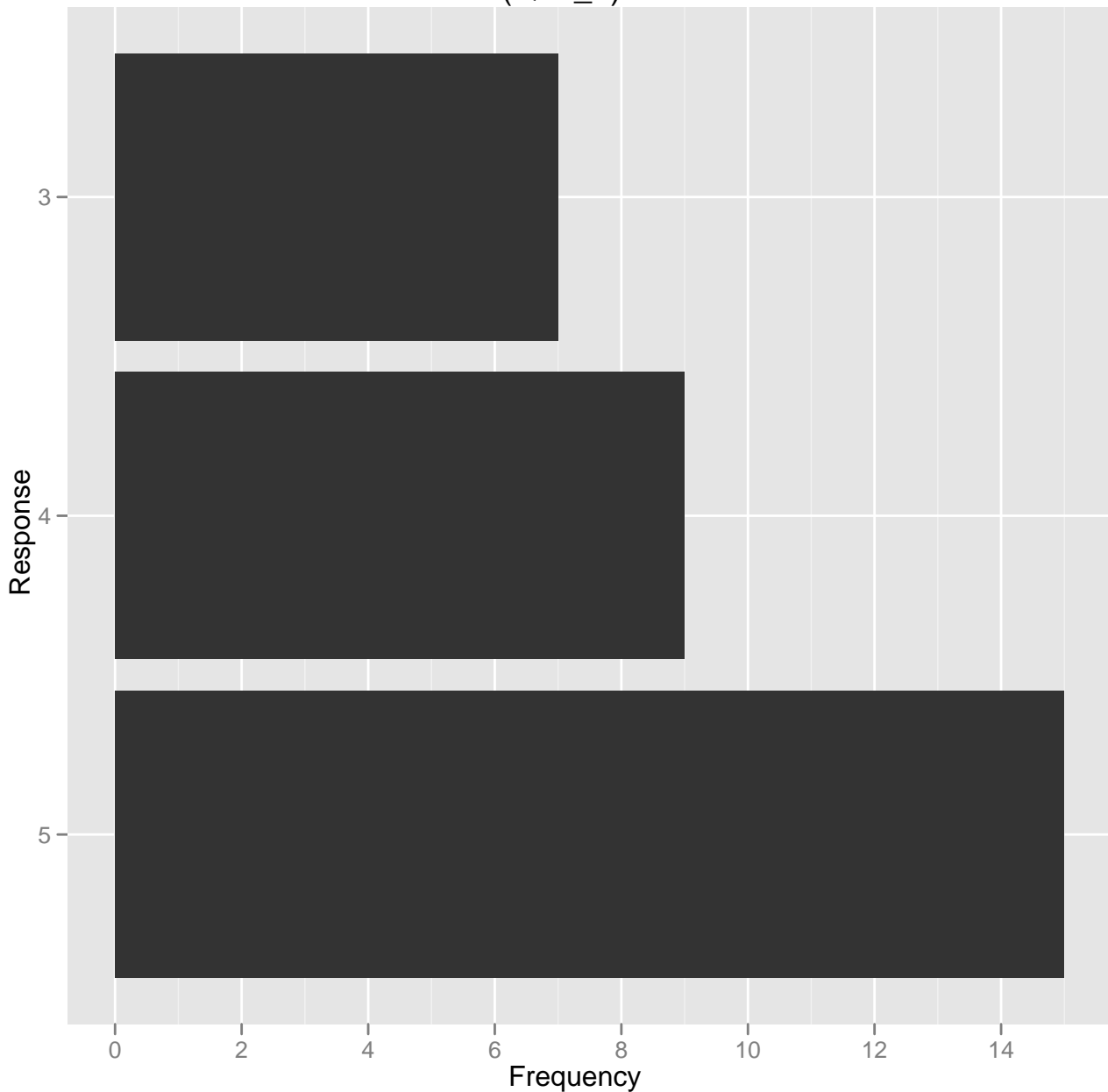
P032 (Q61_5):Strong



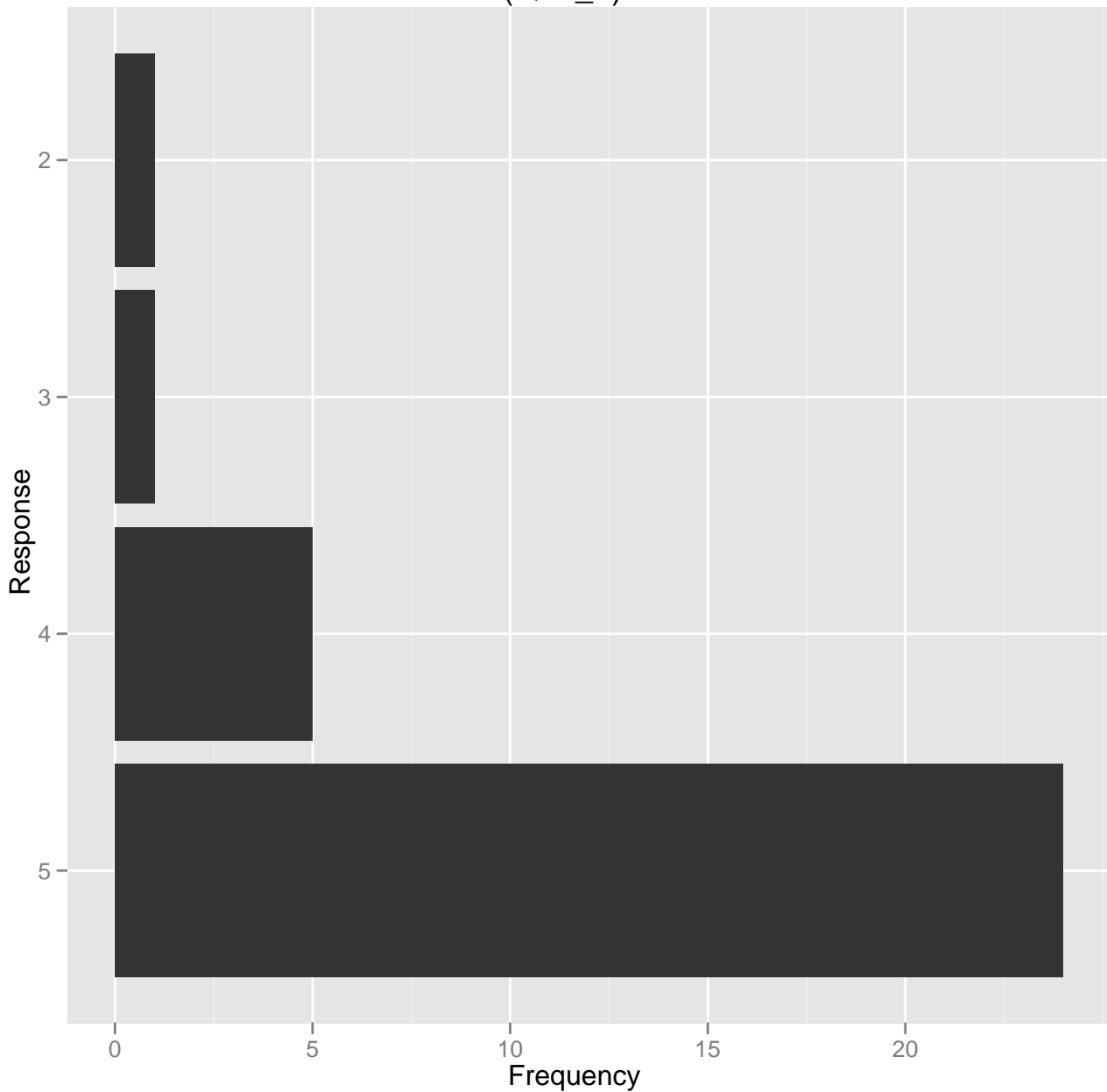
P033 (Q61_6):Guilty



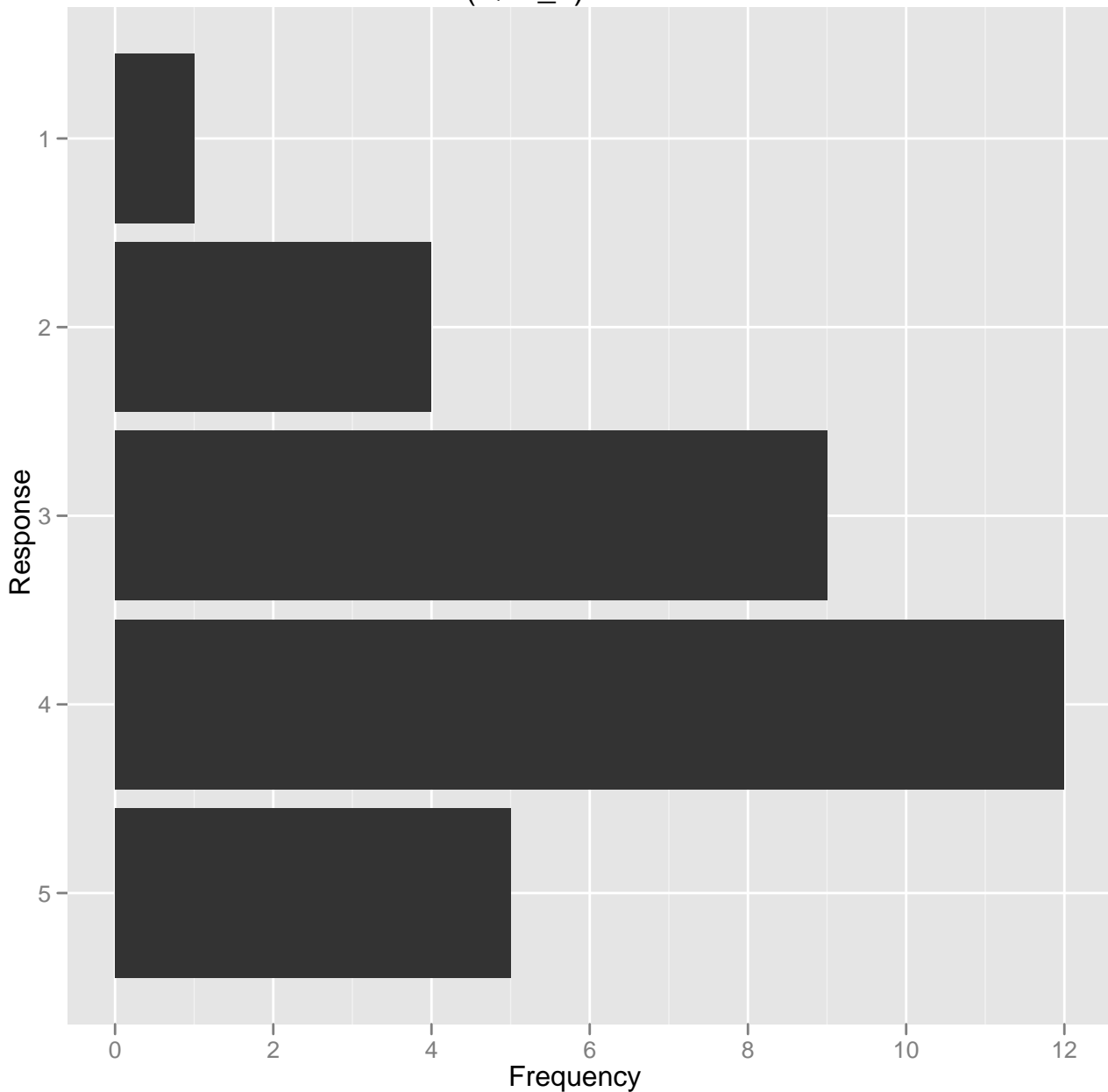
P034 (Q61_7):Scared



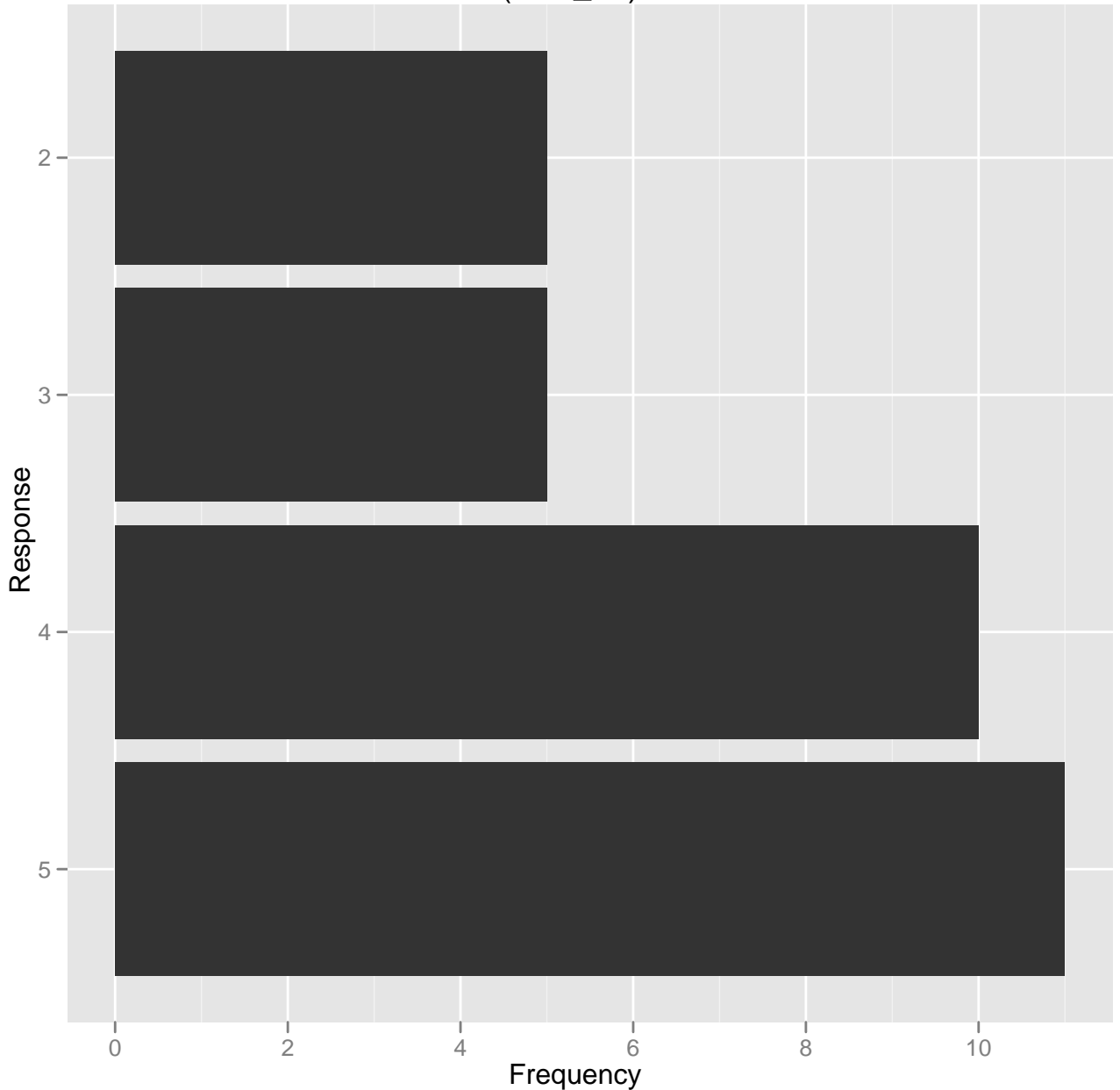
P035 (Q61_8):Hostile



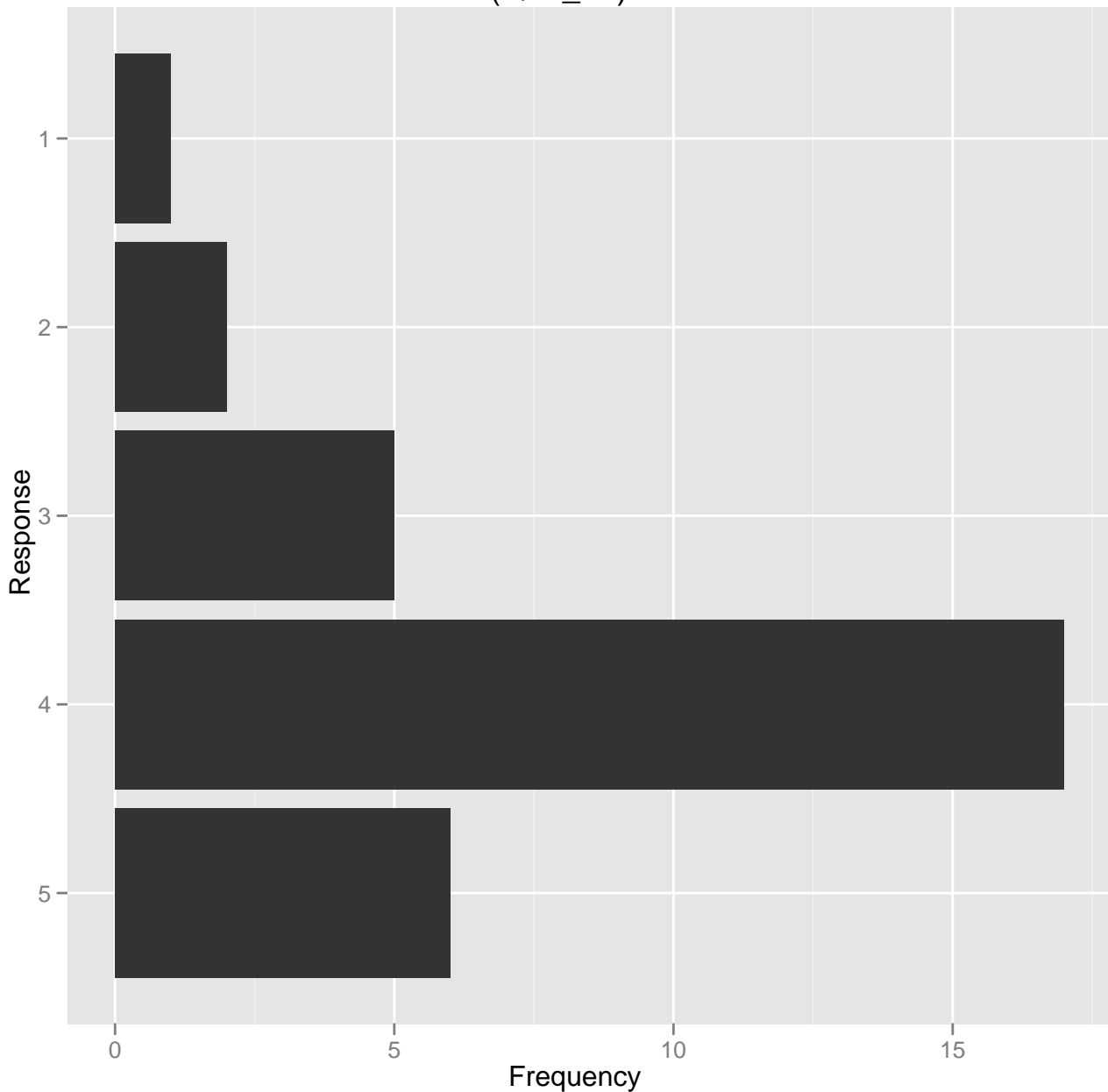
P036 (Q61_9):Enthusiastic



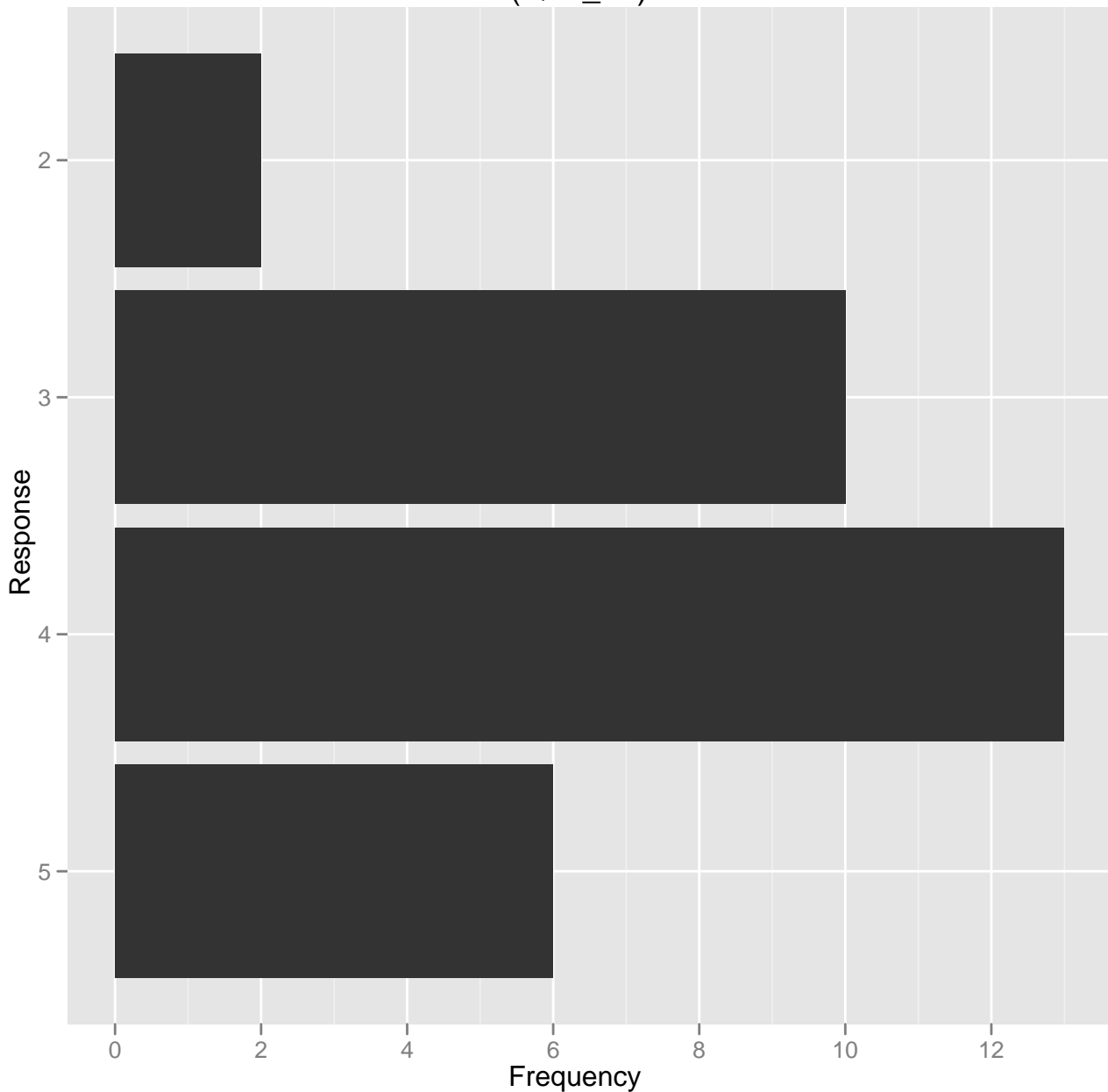
P037 (Q61_10):Proud



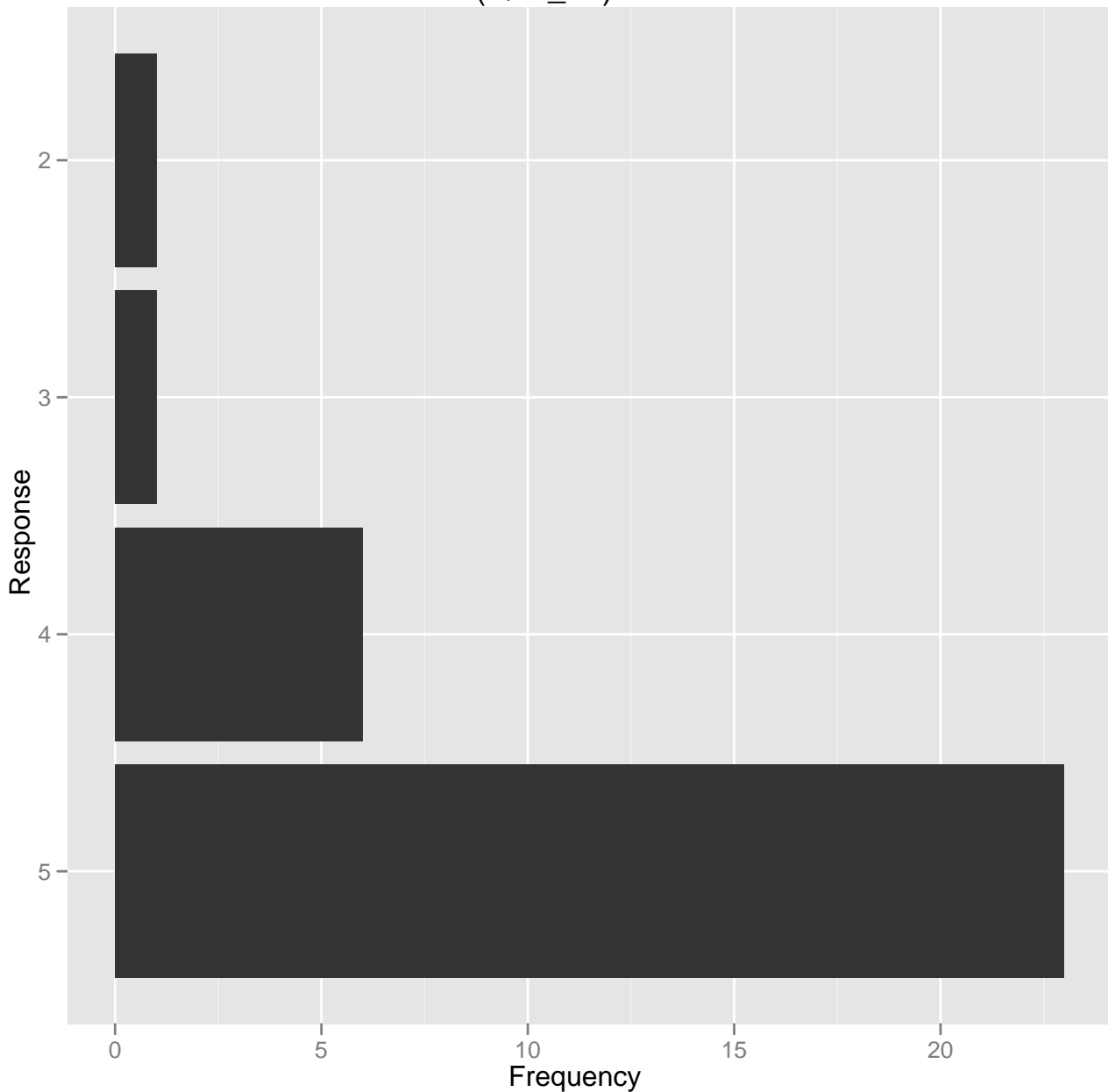
P038 (Q61_11):Irritable



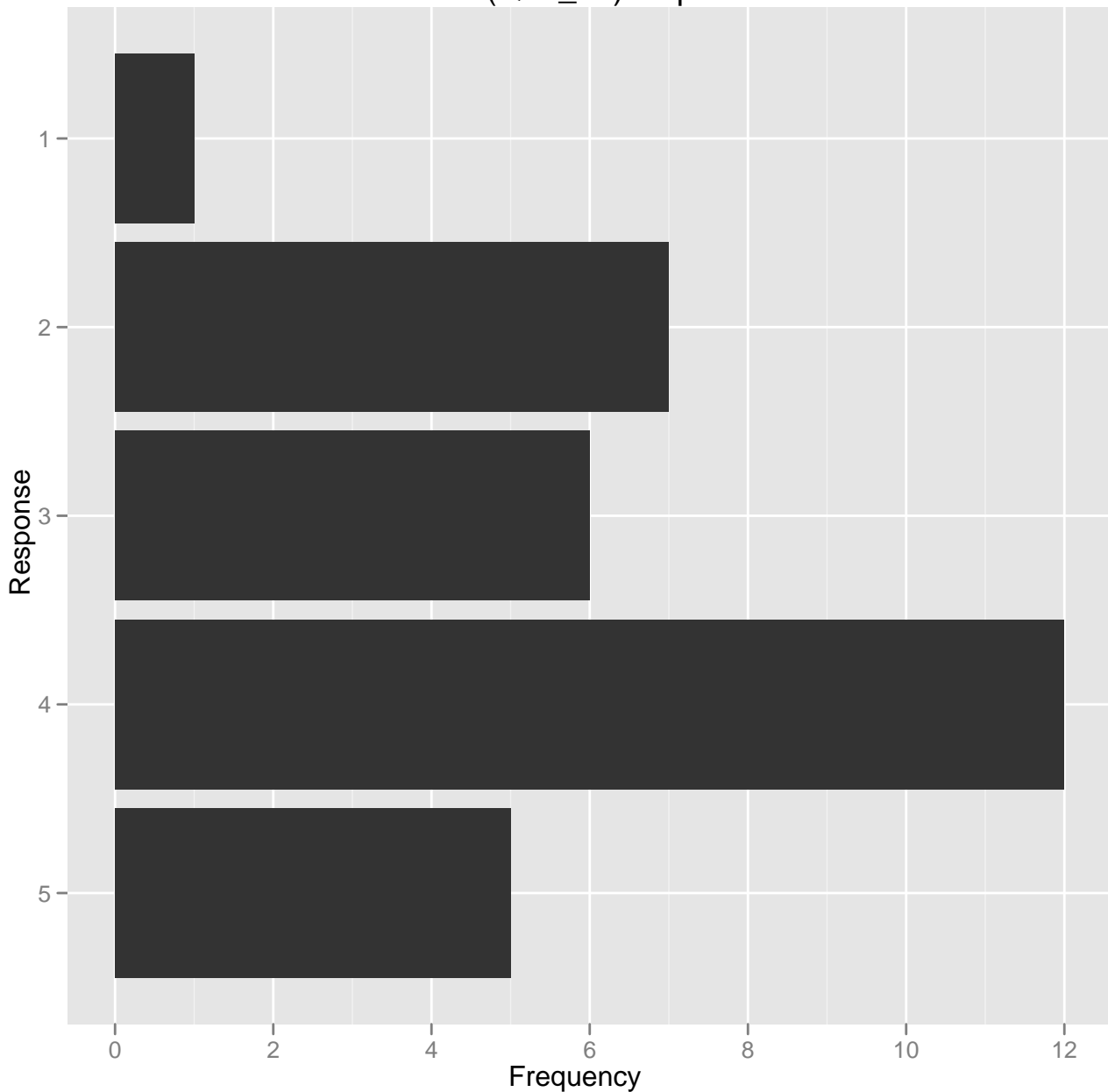
P039 (Q61_12):Alert



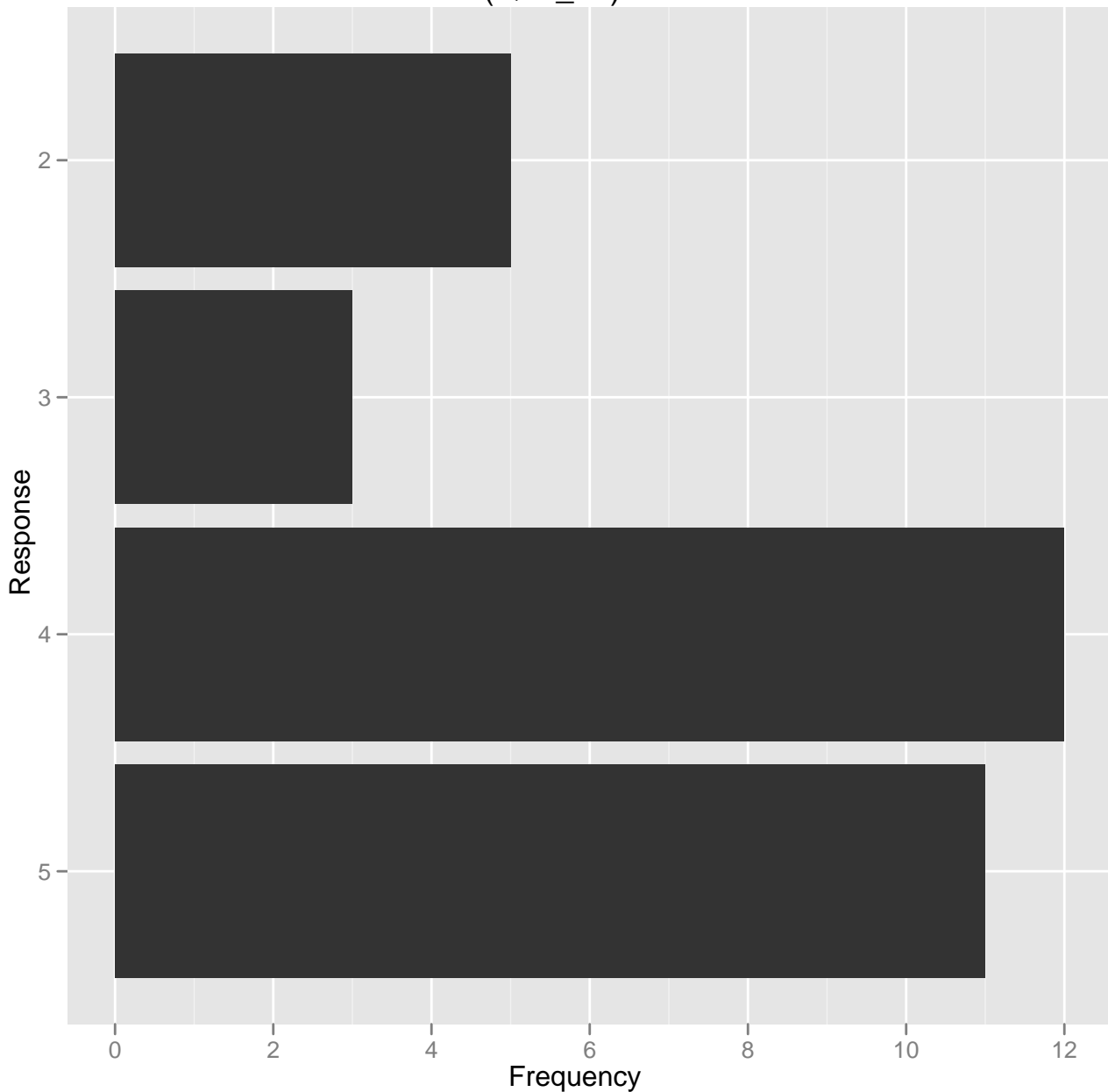
P040 (Q61_13):Ashamed



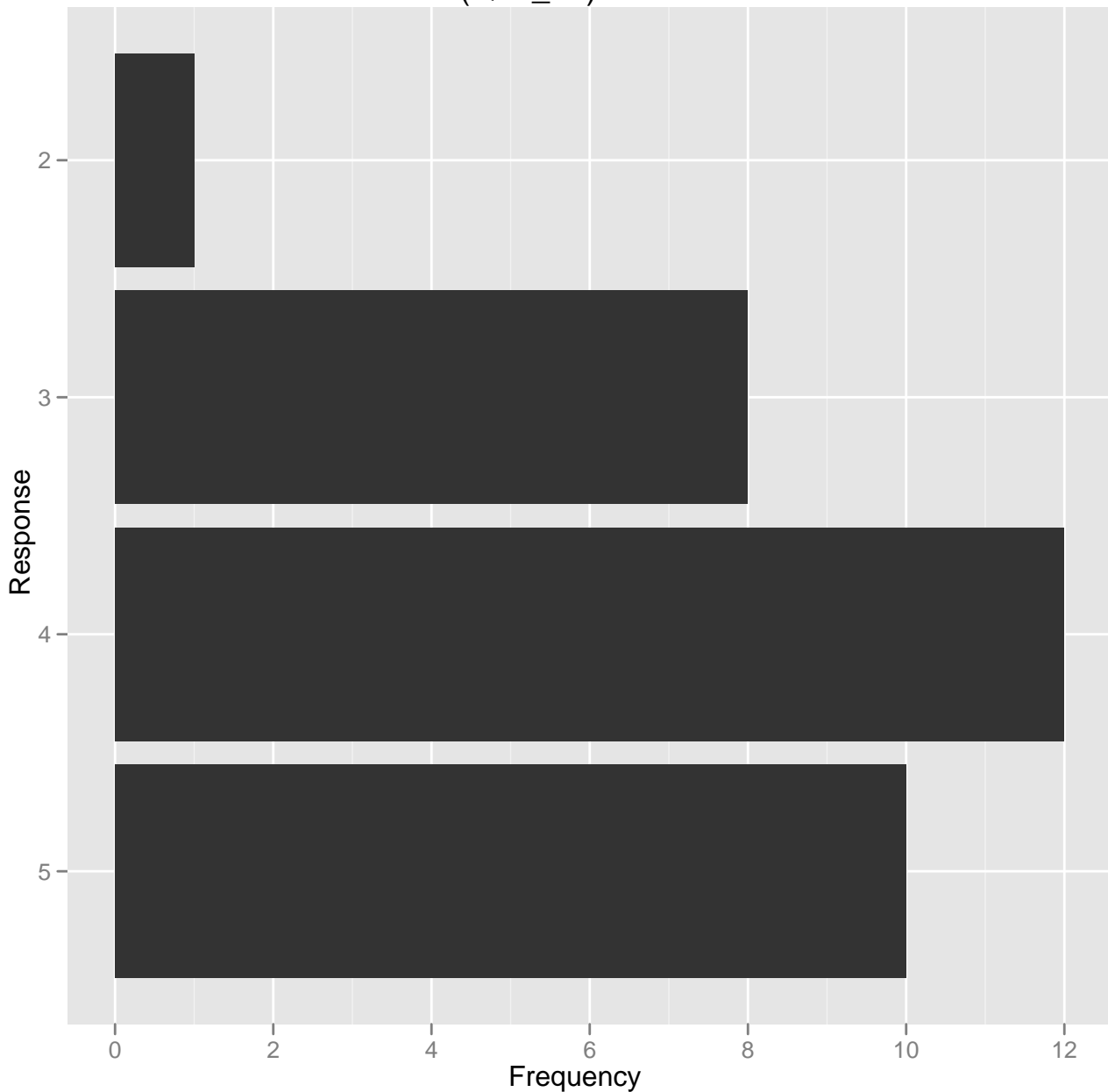
P041 (Q61_14):Inspired



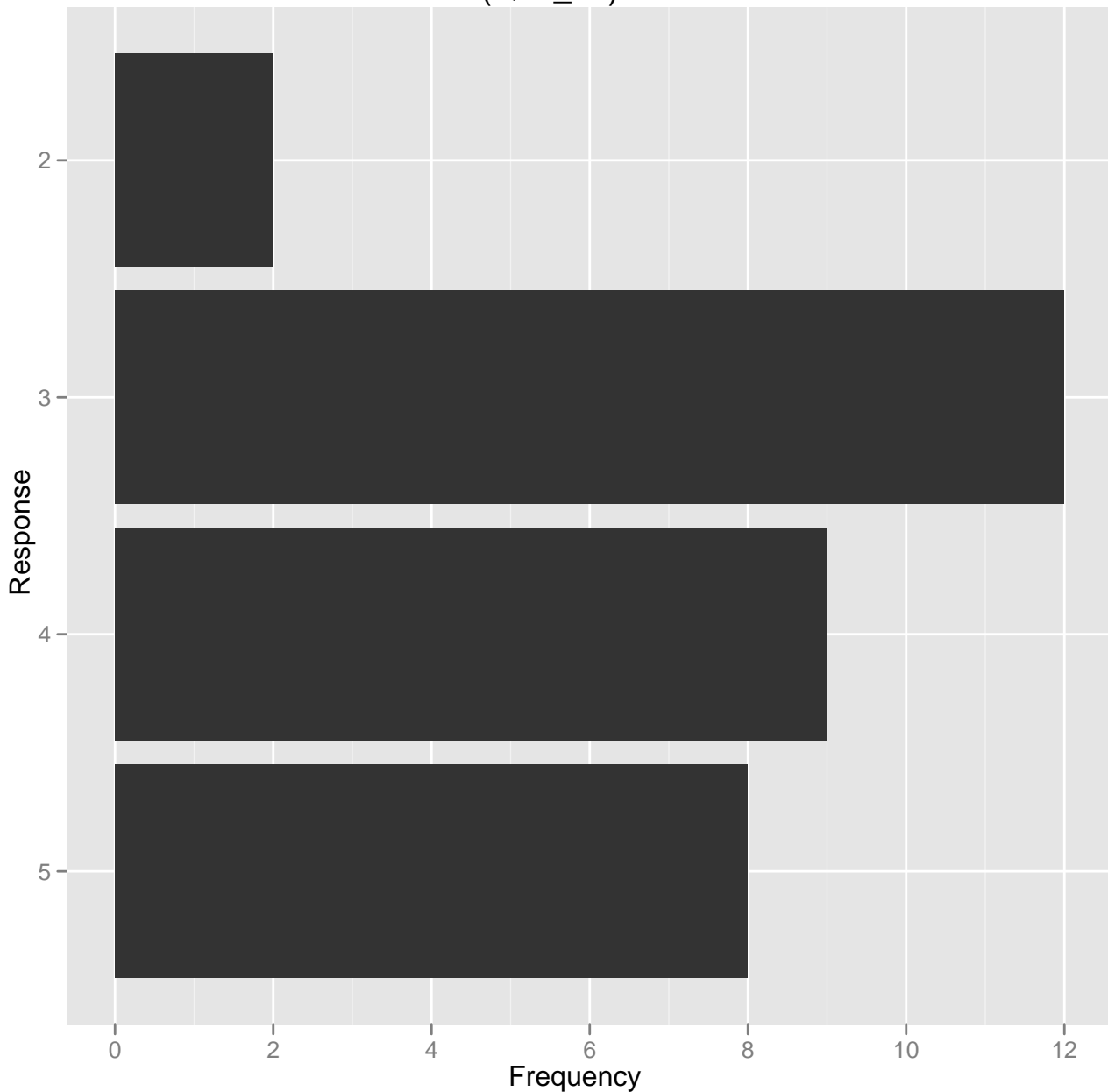
P042 (Q61_15):Nervous



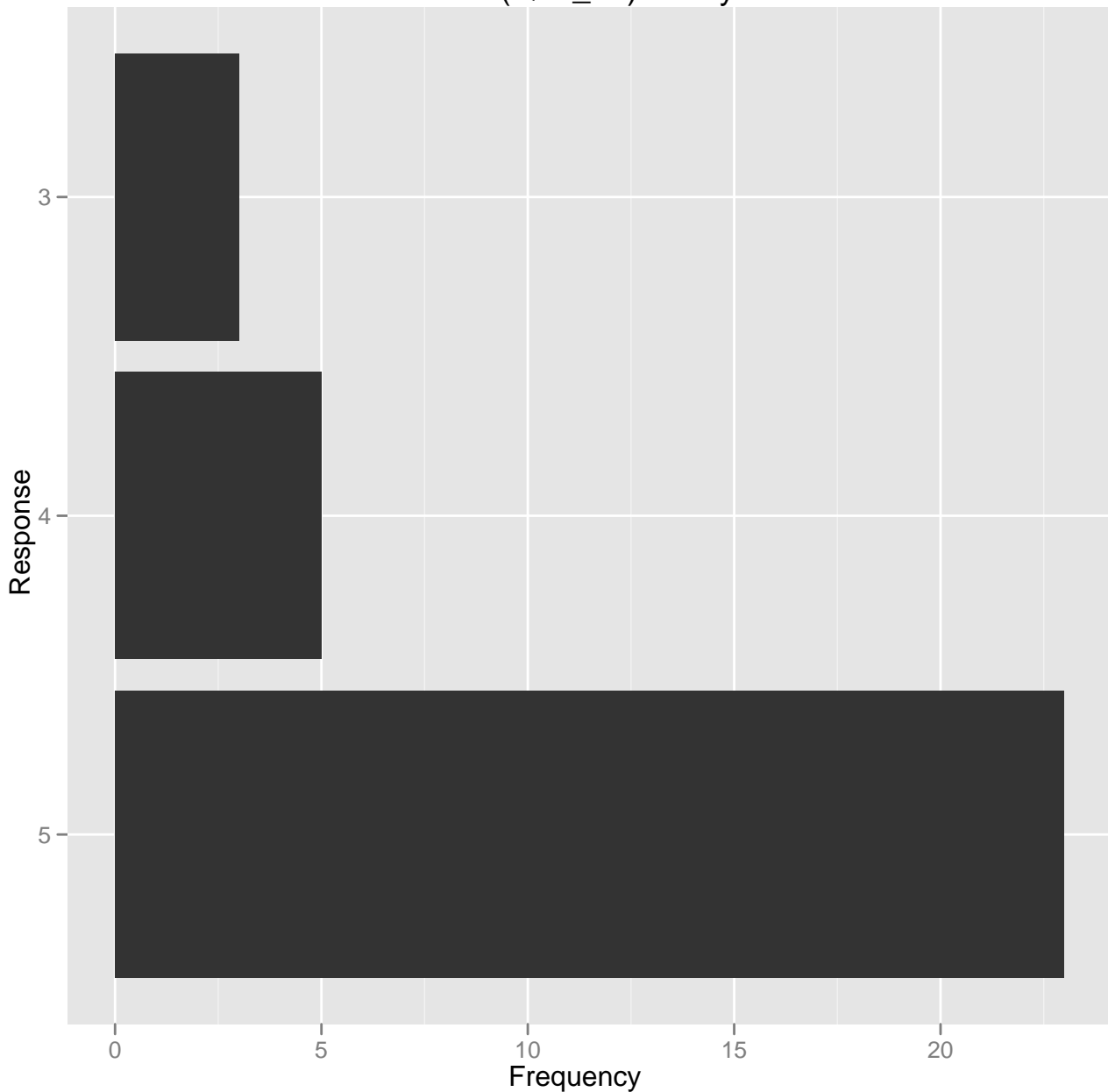
P043 (Q61_16):Determined



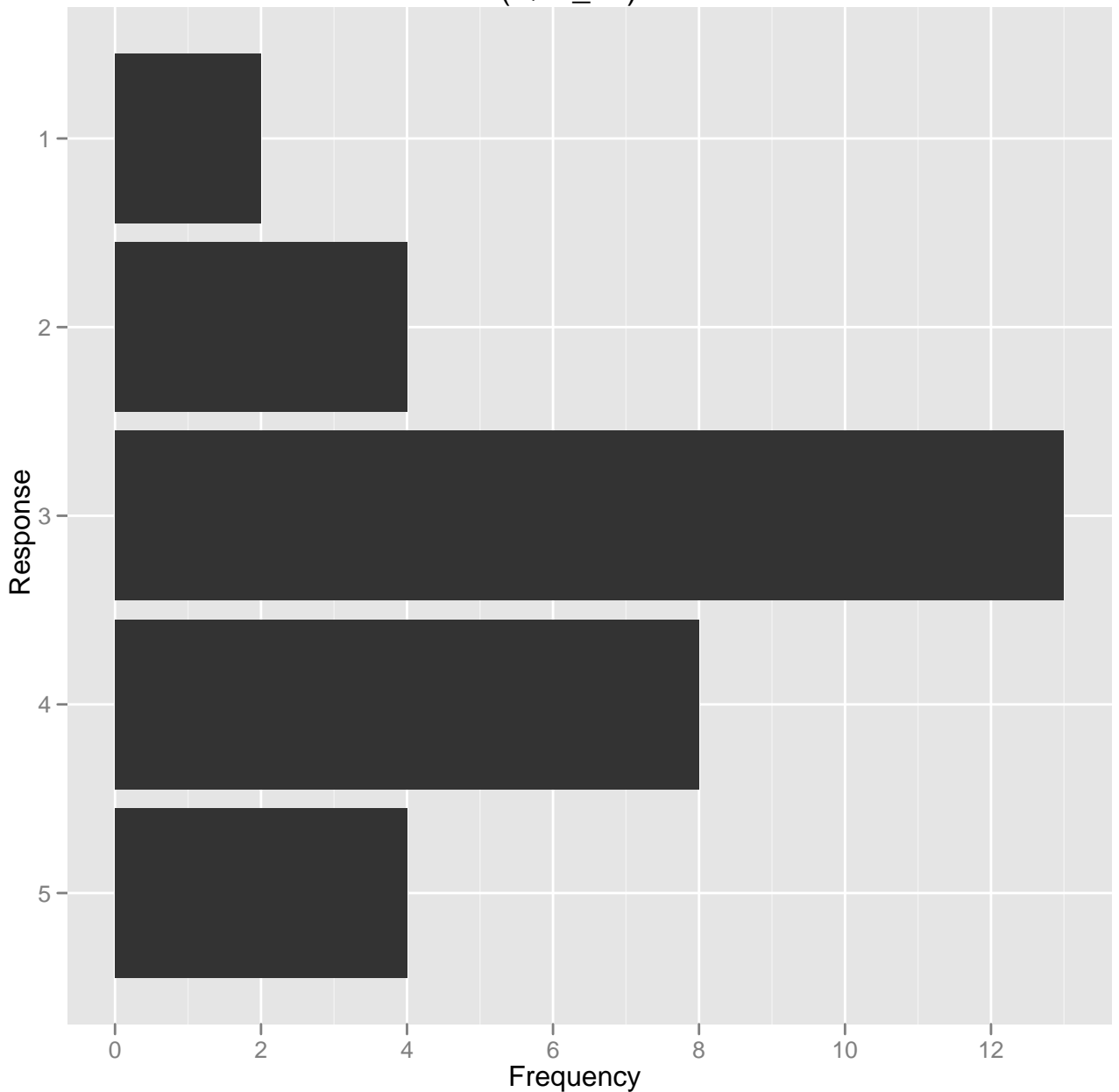
P044 (Q61_17):Attentive



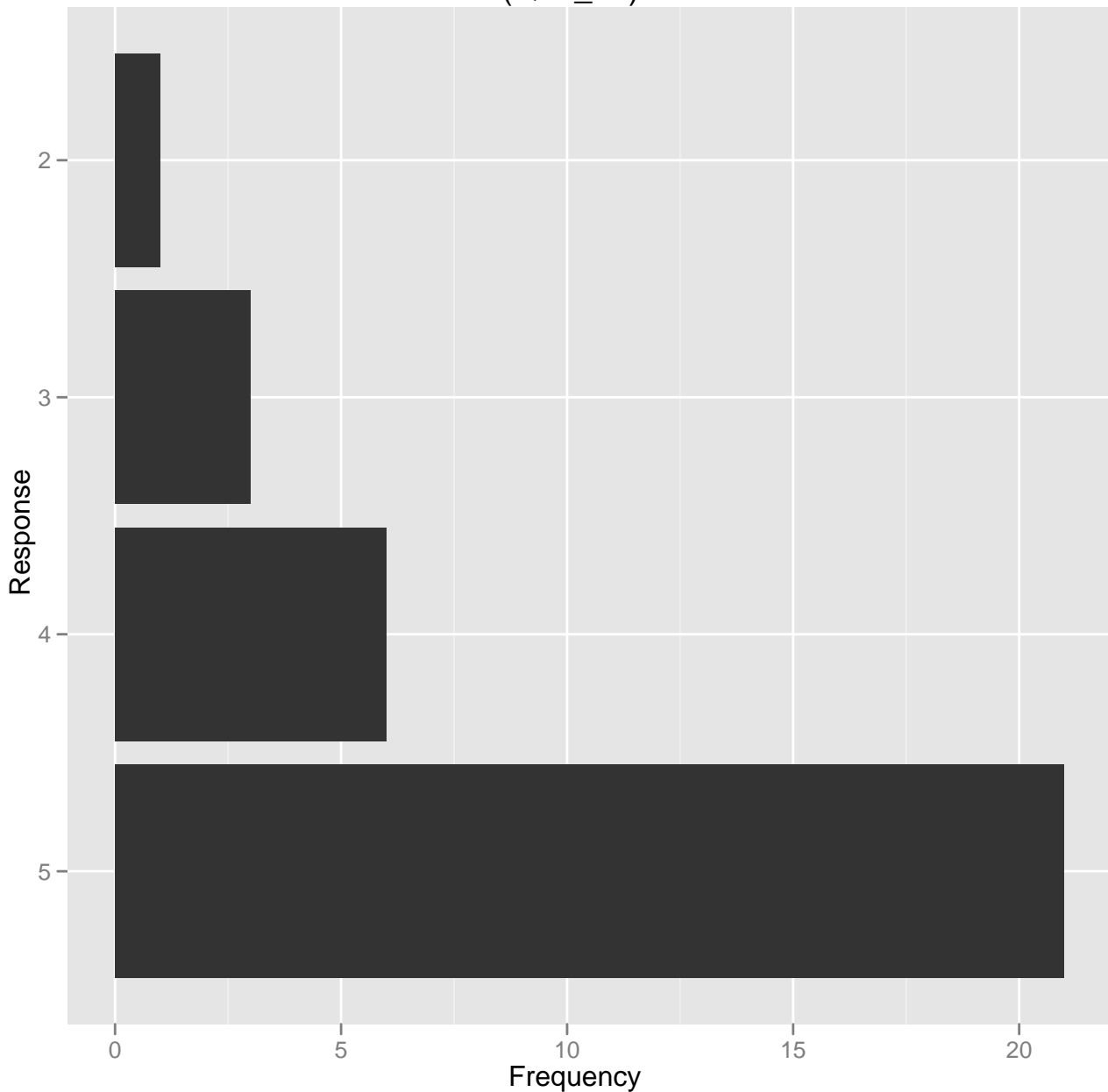
P045 (Q61_18):Jittery



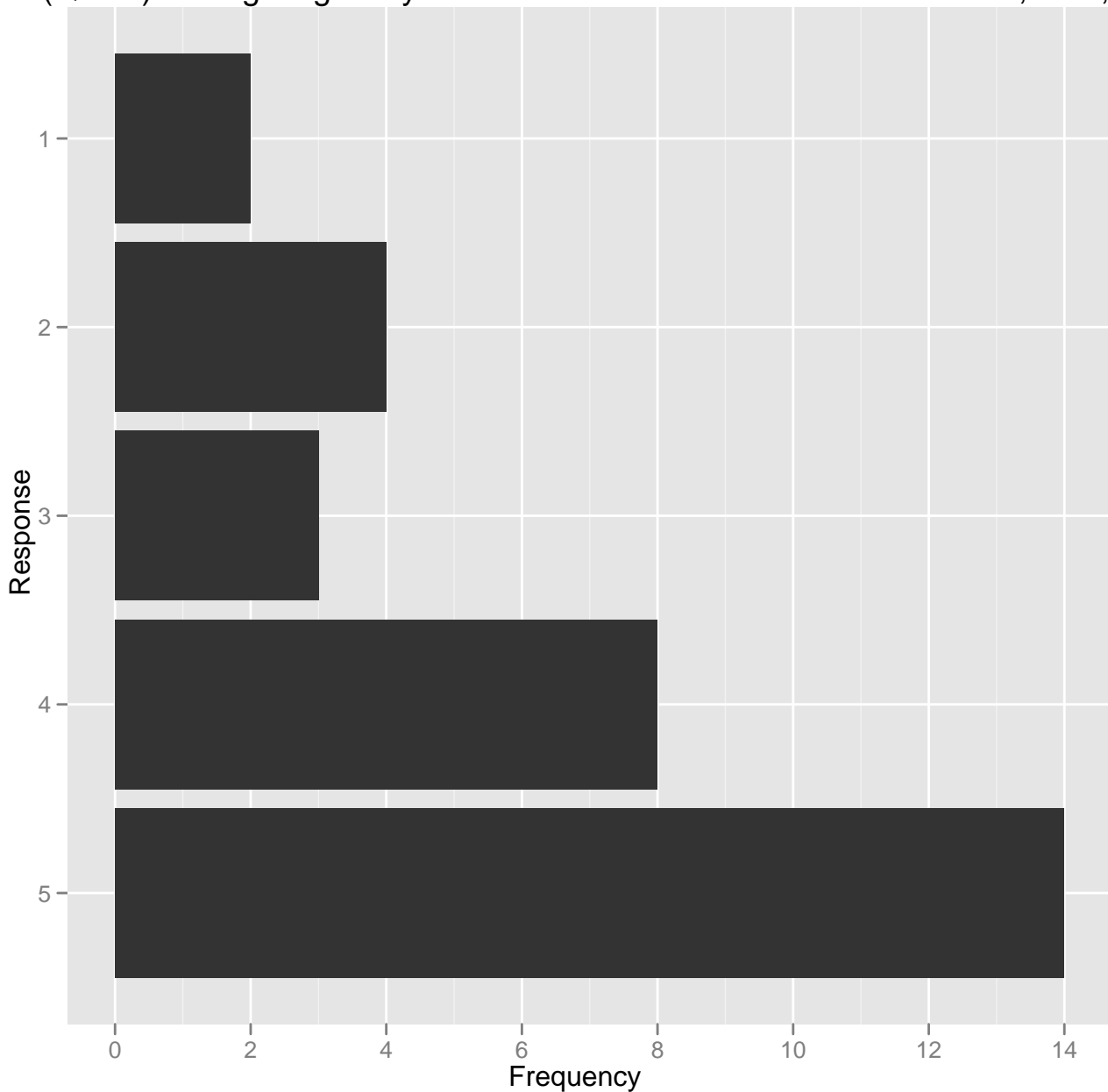
P046 (Q61_19):Active



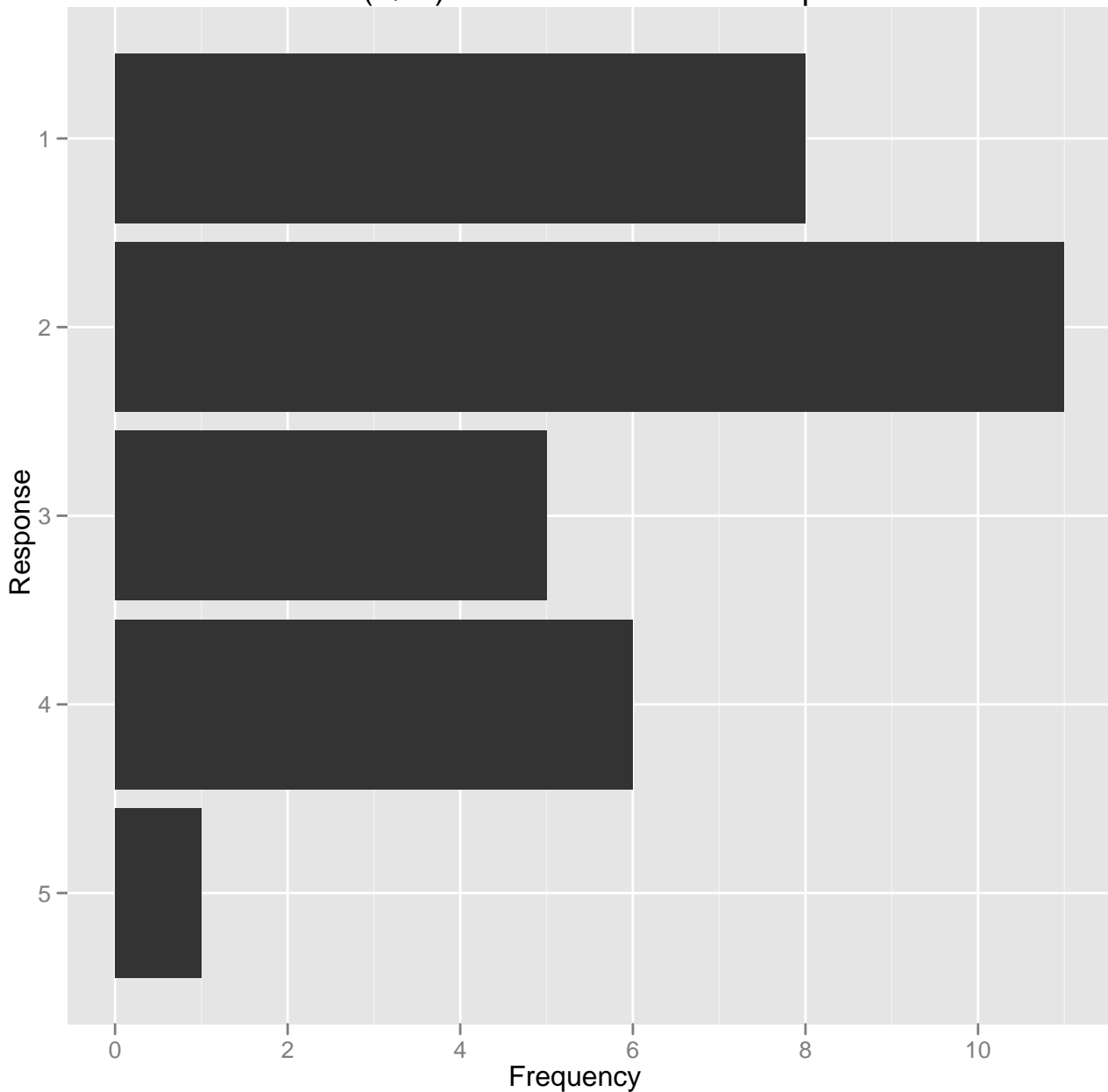
P047 (Q61_20):Afraid



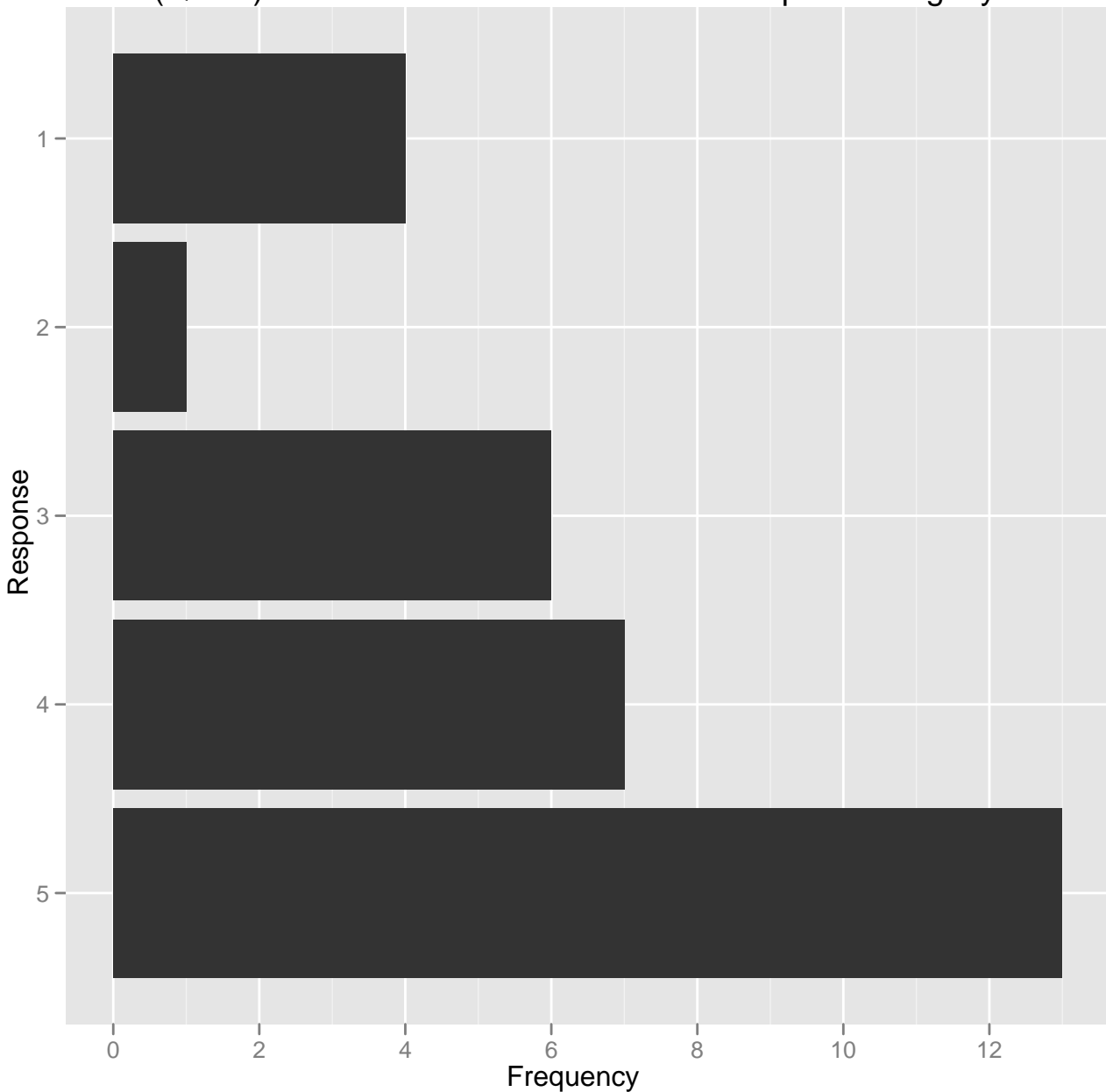
048 (Q33.1):The lighting in my labor and birth environment was dimmed, dark, or o



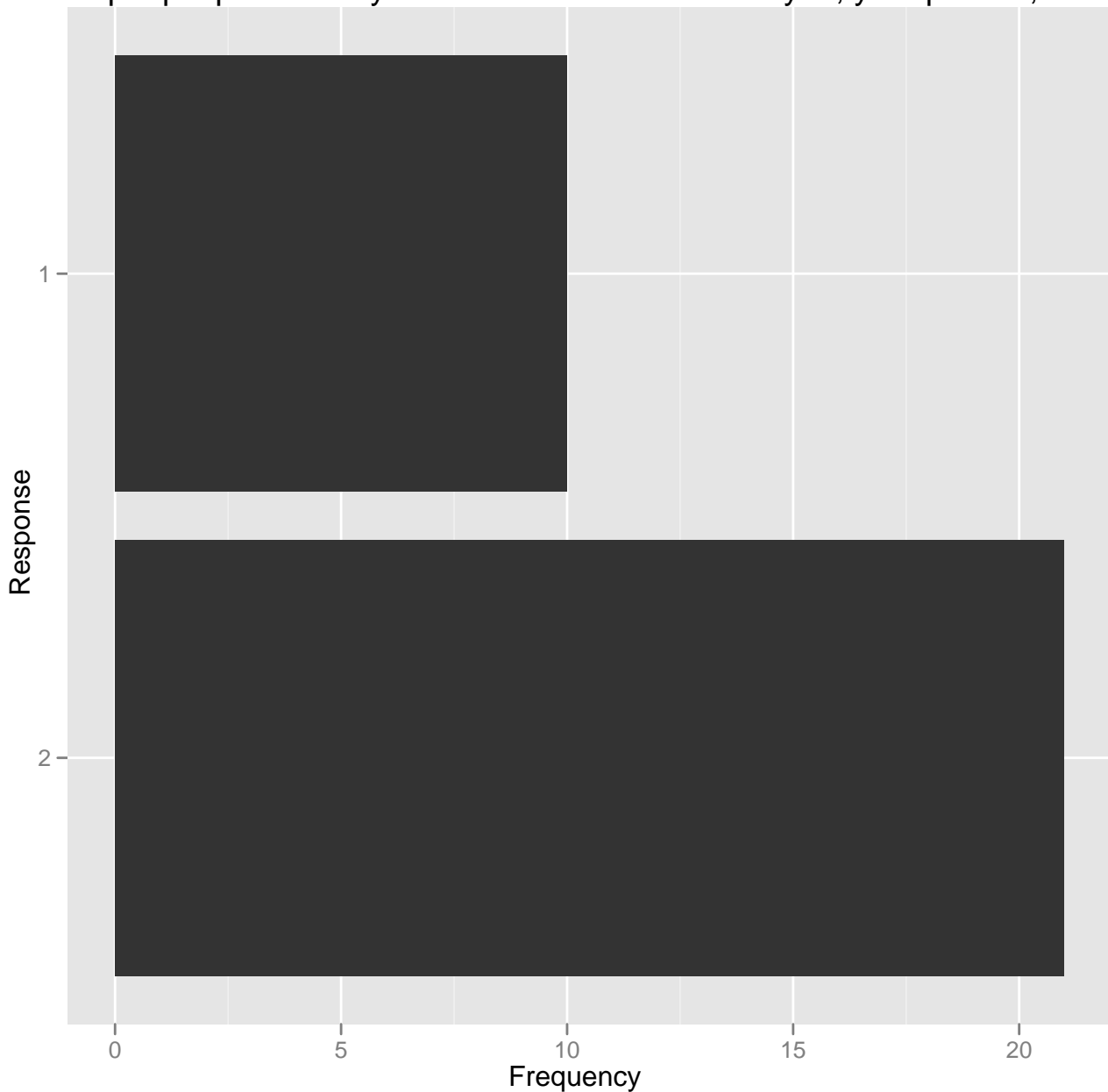
P049 (Q34):I labored in a confined space



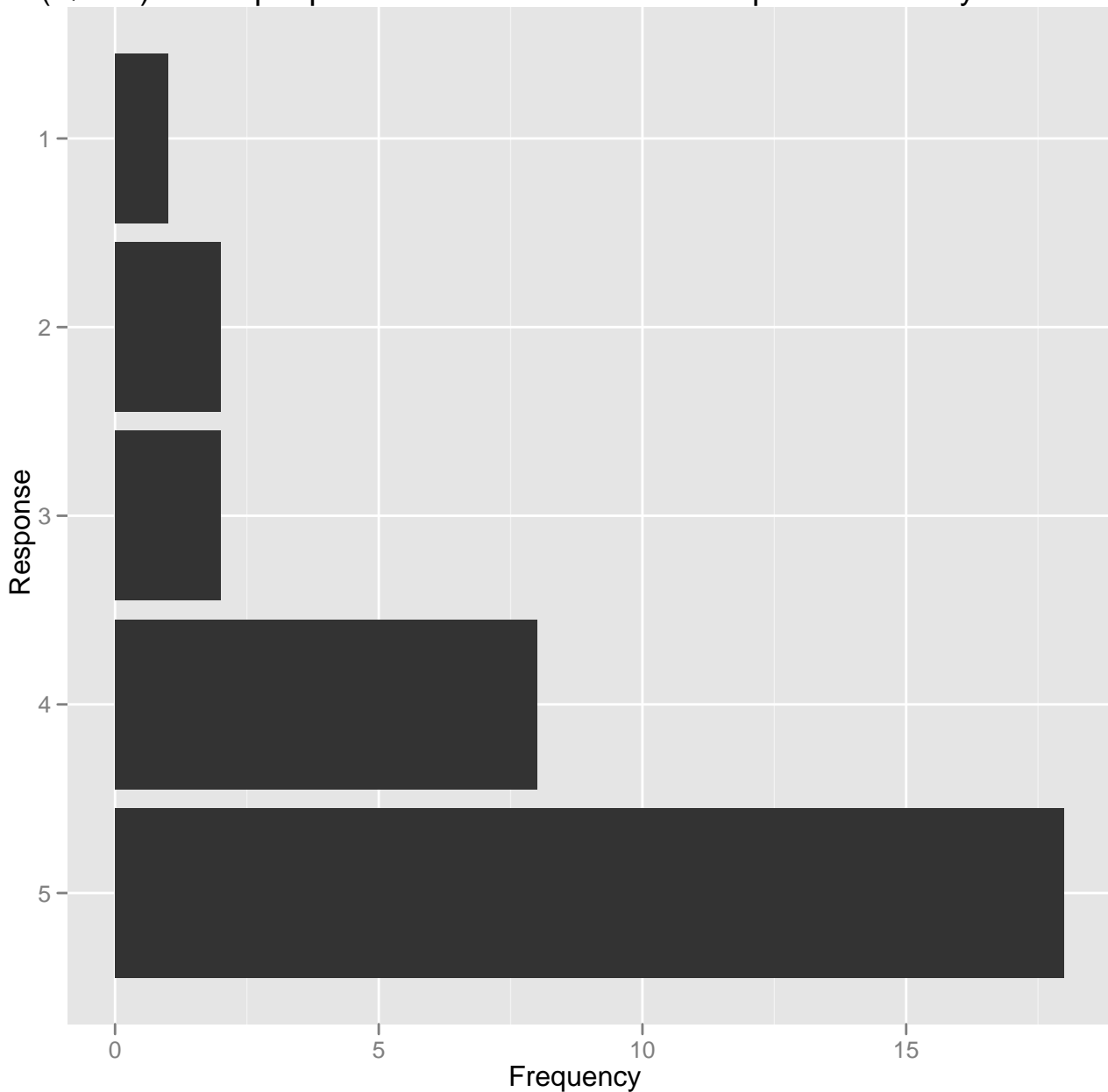
P050 (Q35.1):I used water to relax and/or relieve pain during my labor



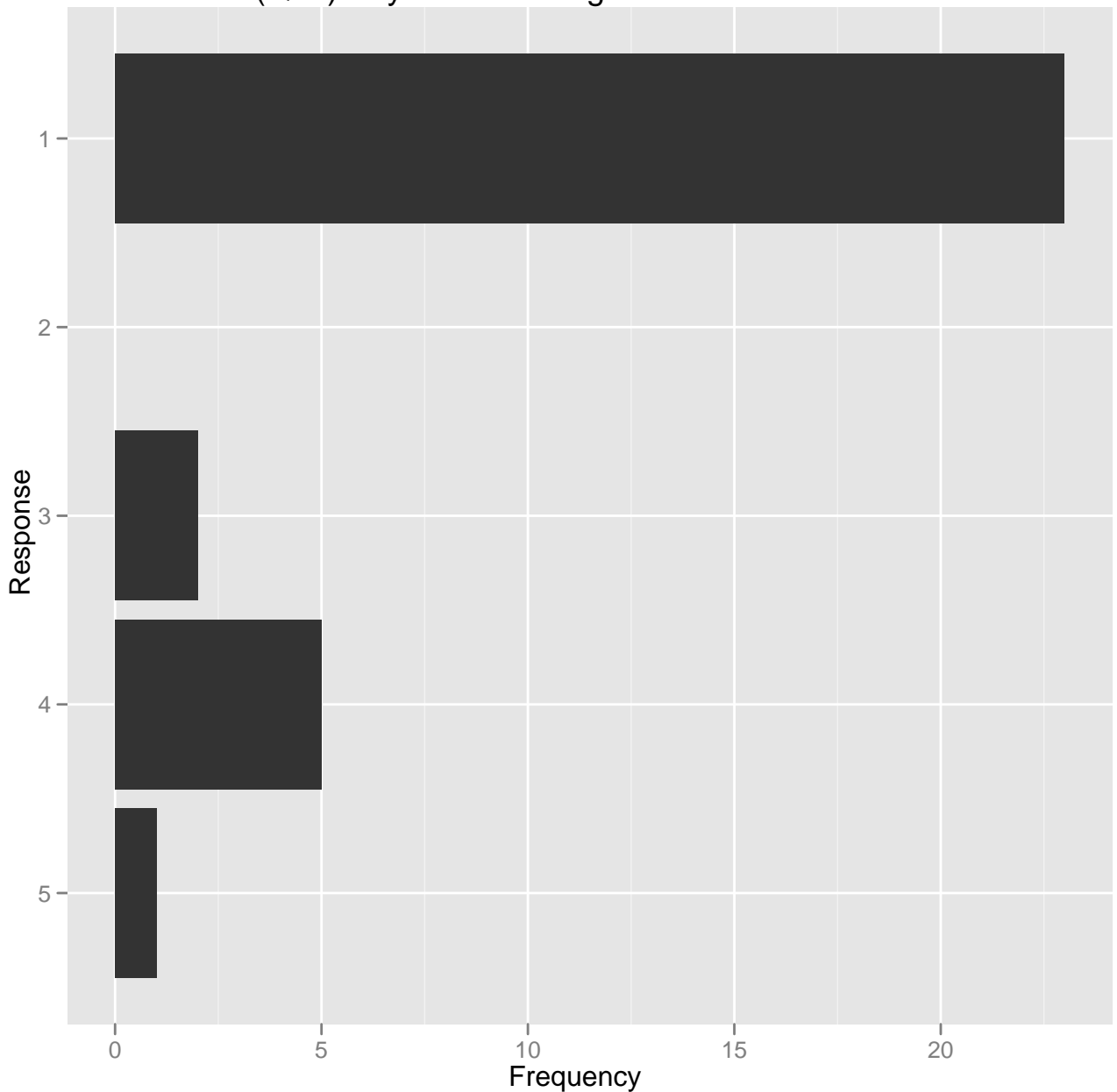
Are there people present at your labor and birth besides you, your partner, and you



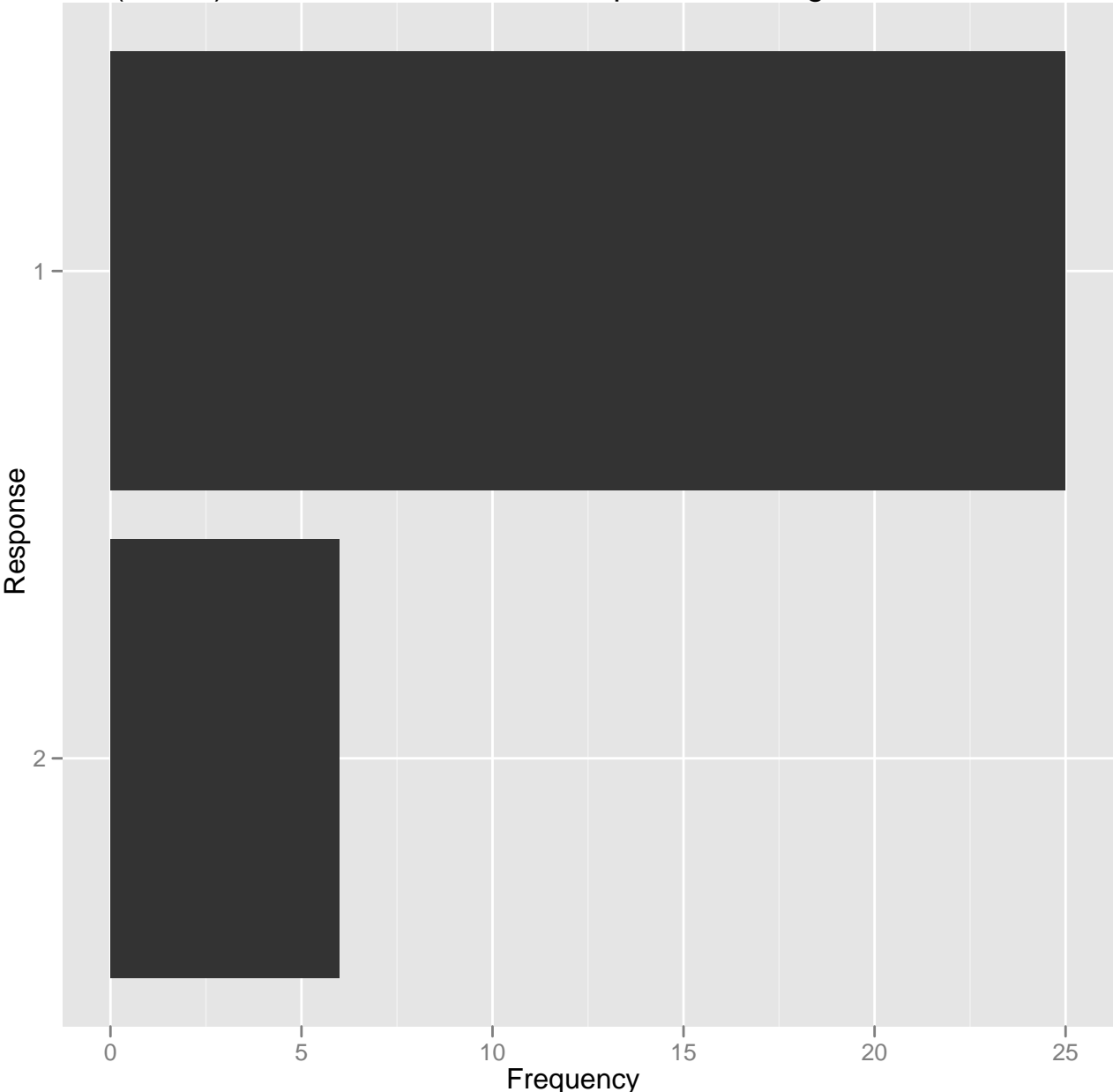
052 (Q37.1):Some people contributed an unwelcome presence to my labor and bir



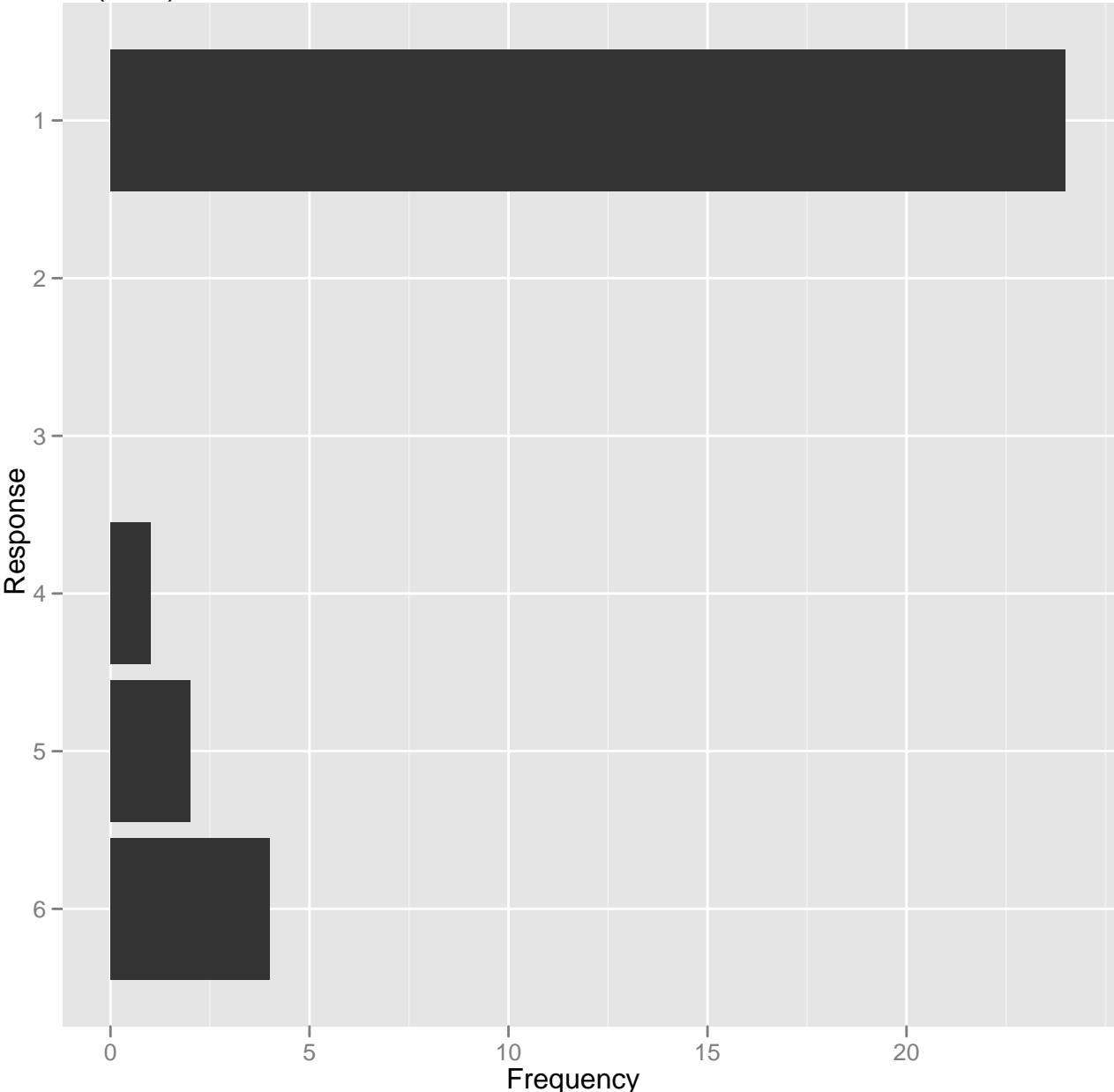
P053 (Q38):Any unwelcome guests were asked to leave



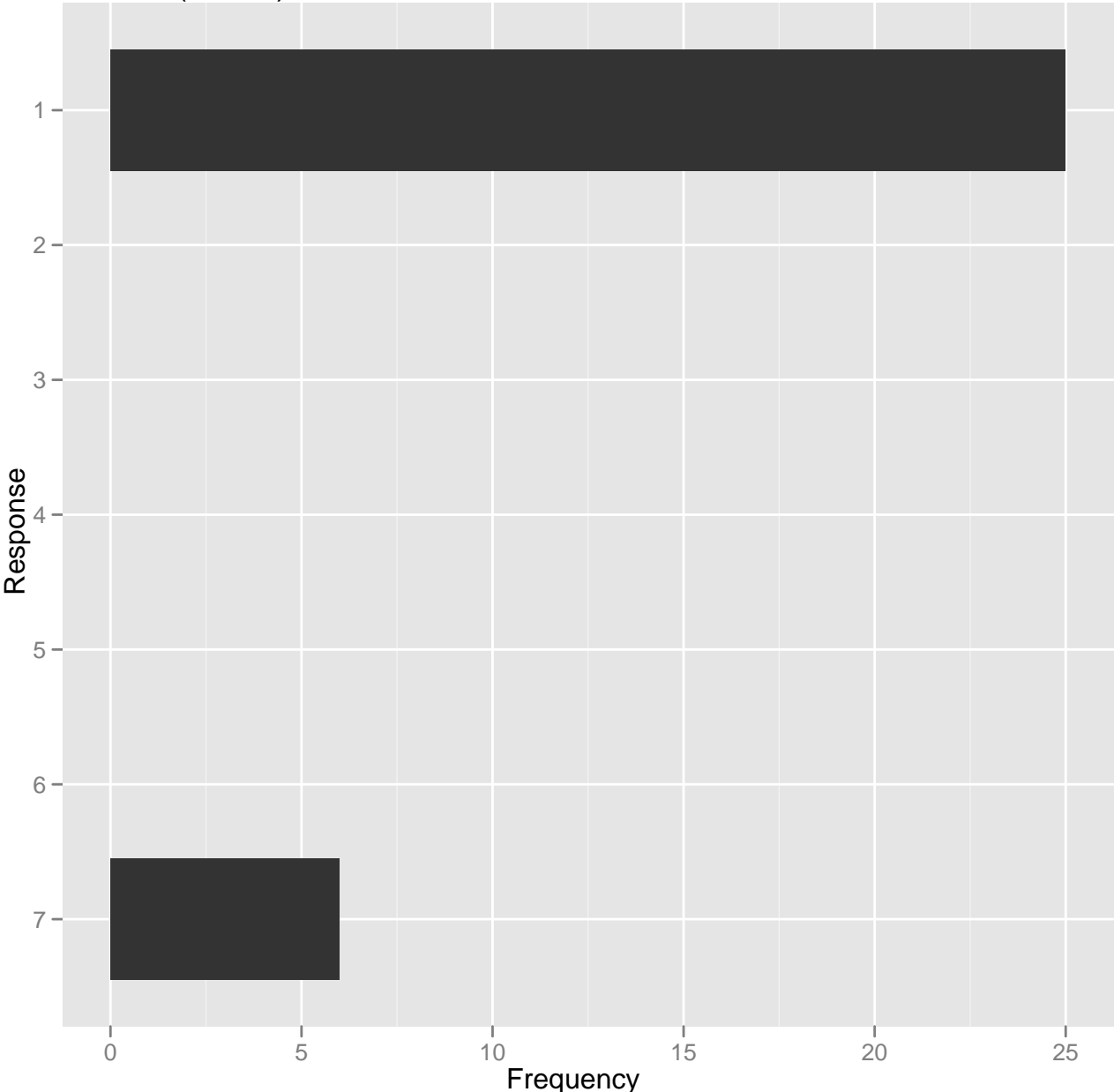
P054 (Q39.1):Were there other children present during the labor and birth?



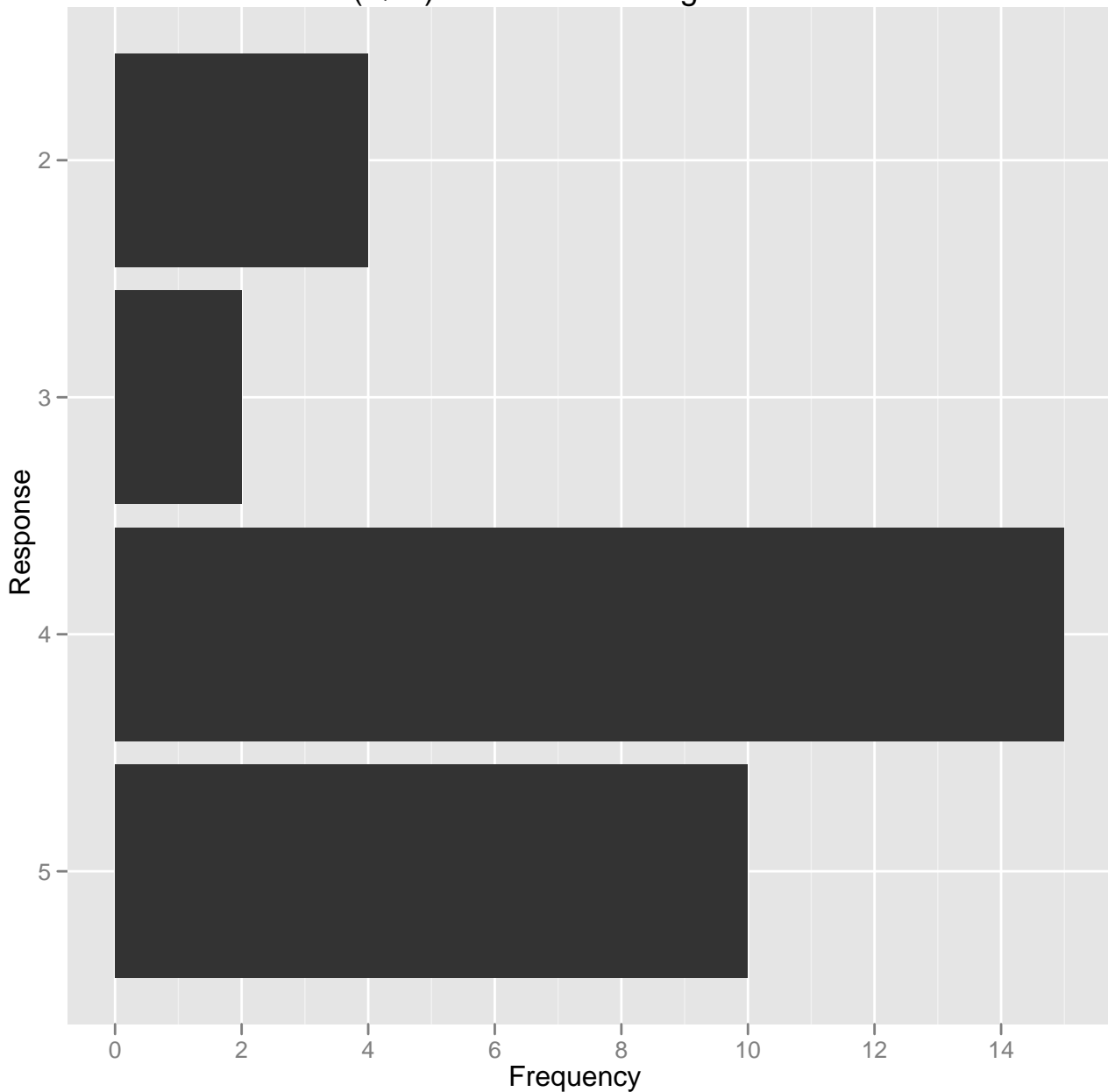
P055 (Q40):Choose what best describes the children's overall level of interest



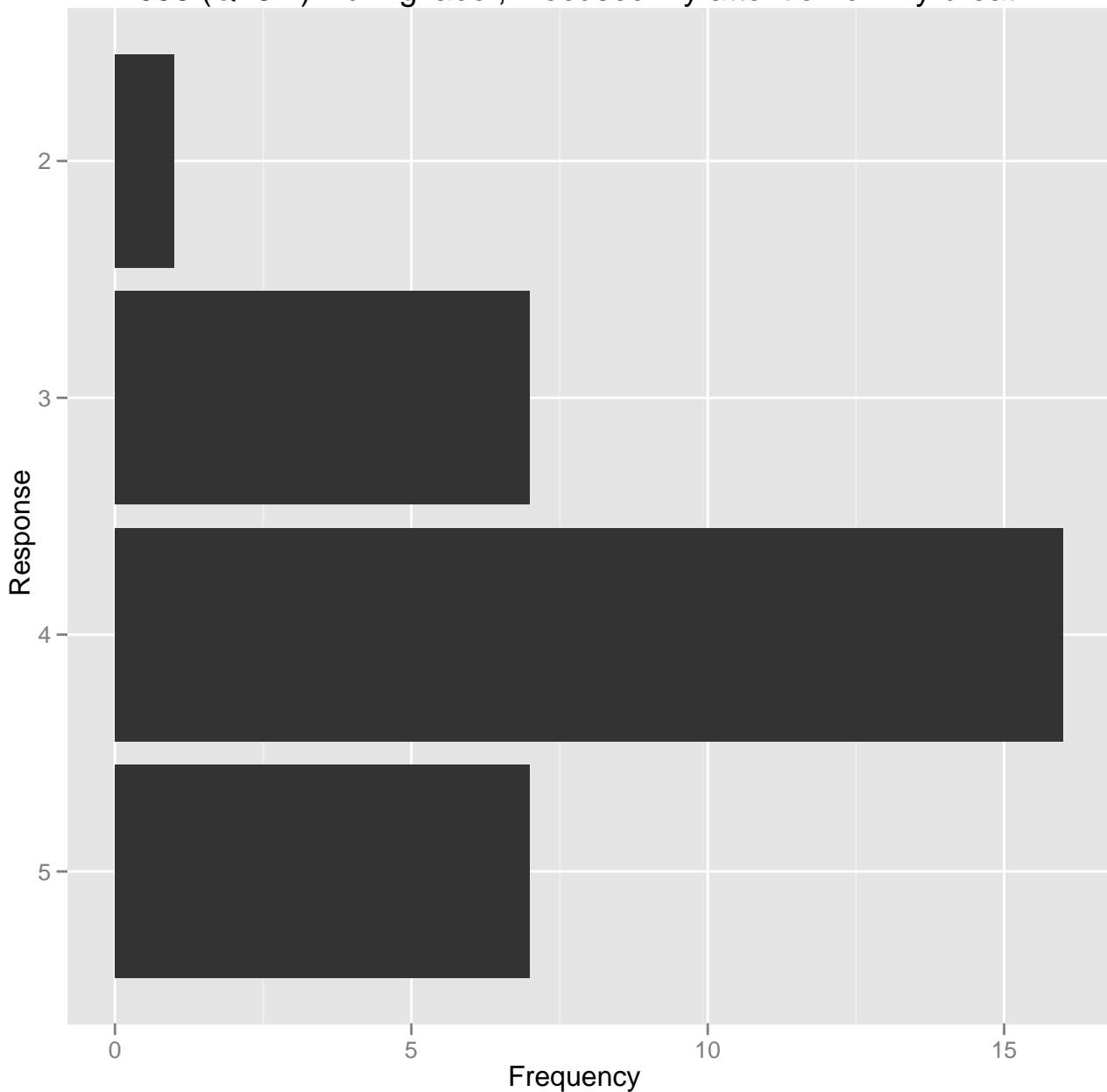
P056 (Q41.1):Choose what best describes the children's reactions



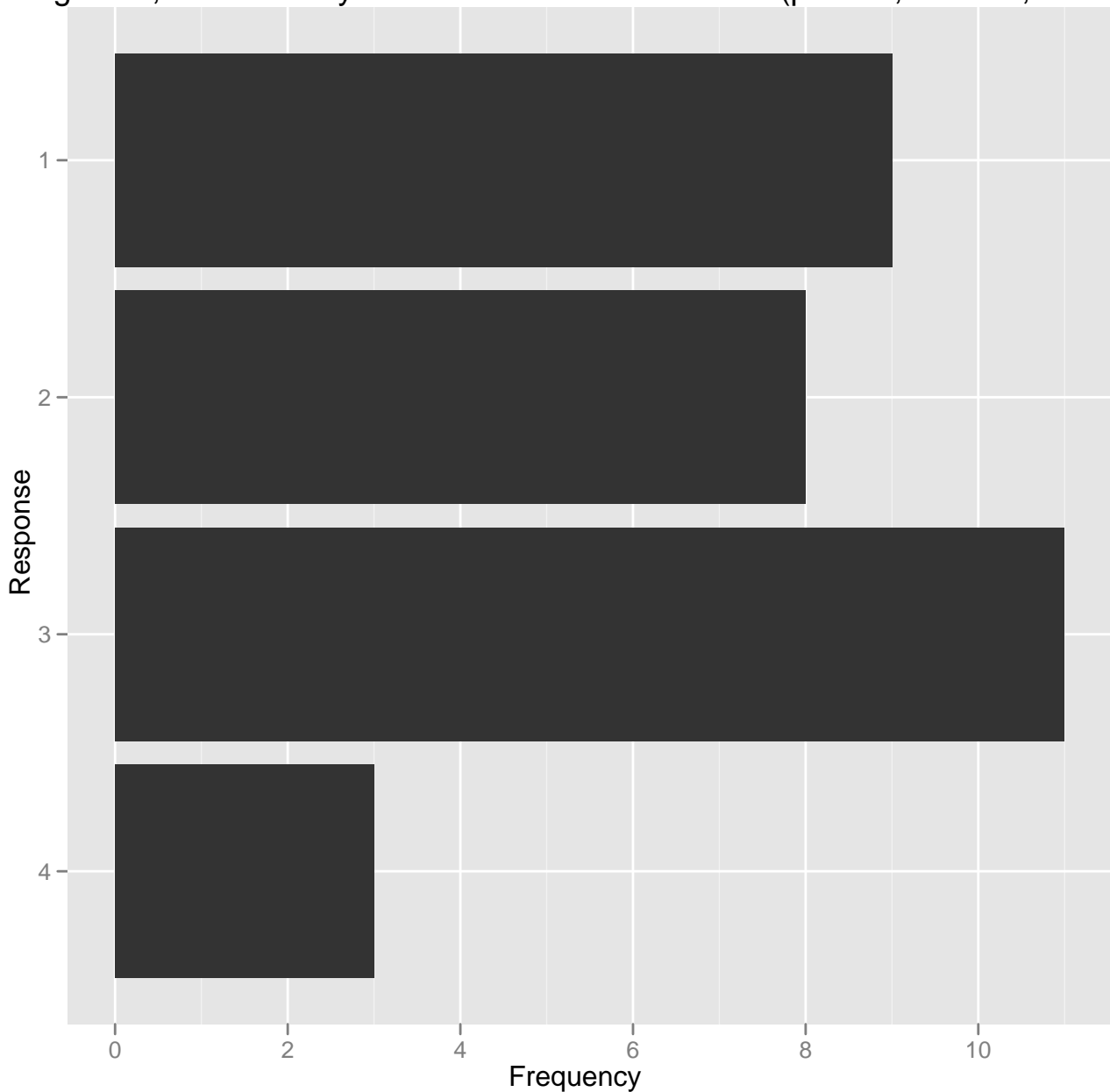
P057 (Q42):I vocalized during contractions



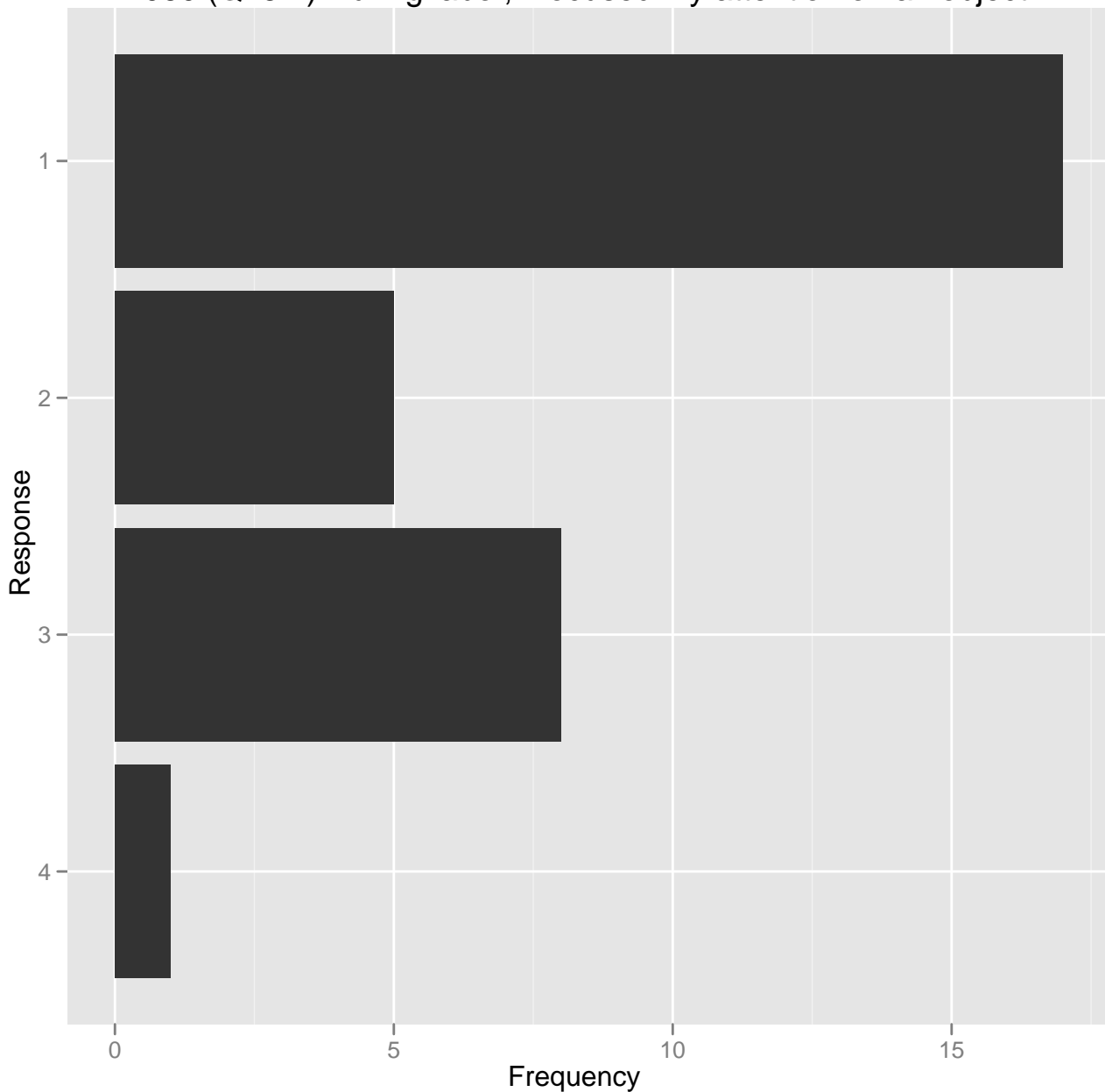
P058 (Q43.1):During labor, I focused my attention on my breath



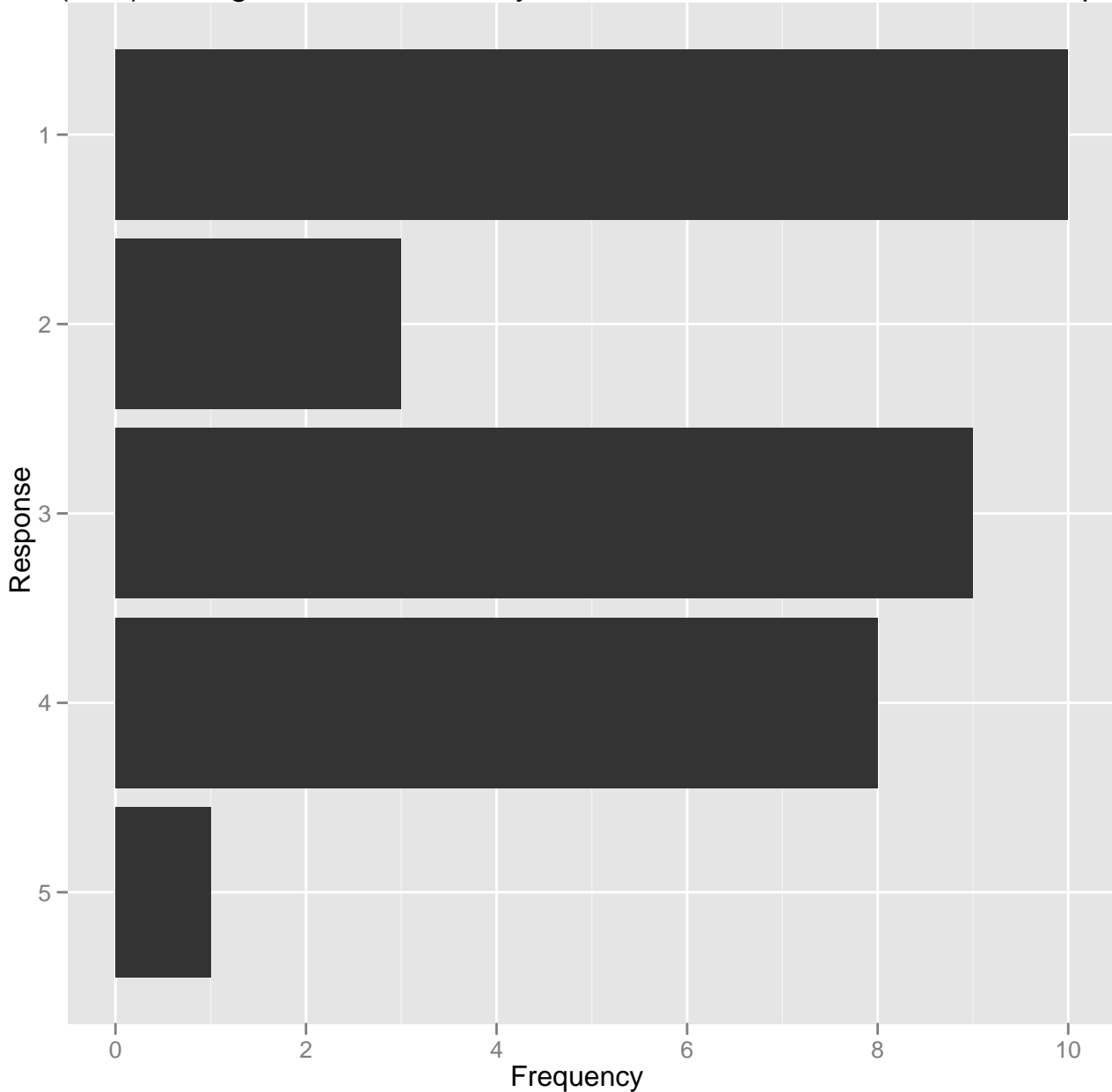
During labor, I focused my attention on someone's face (partner, midwife, doula, so



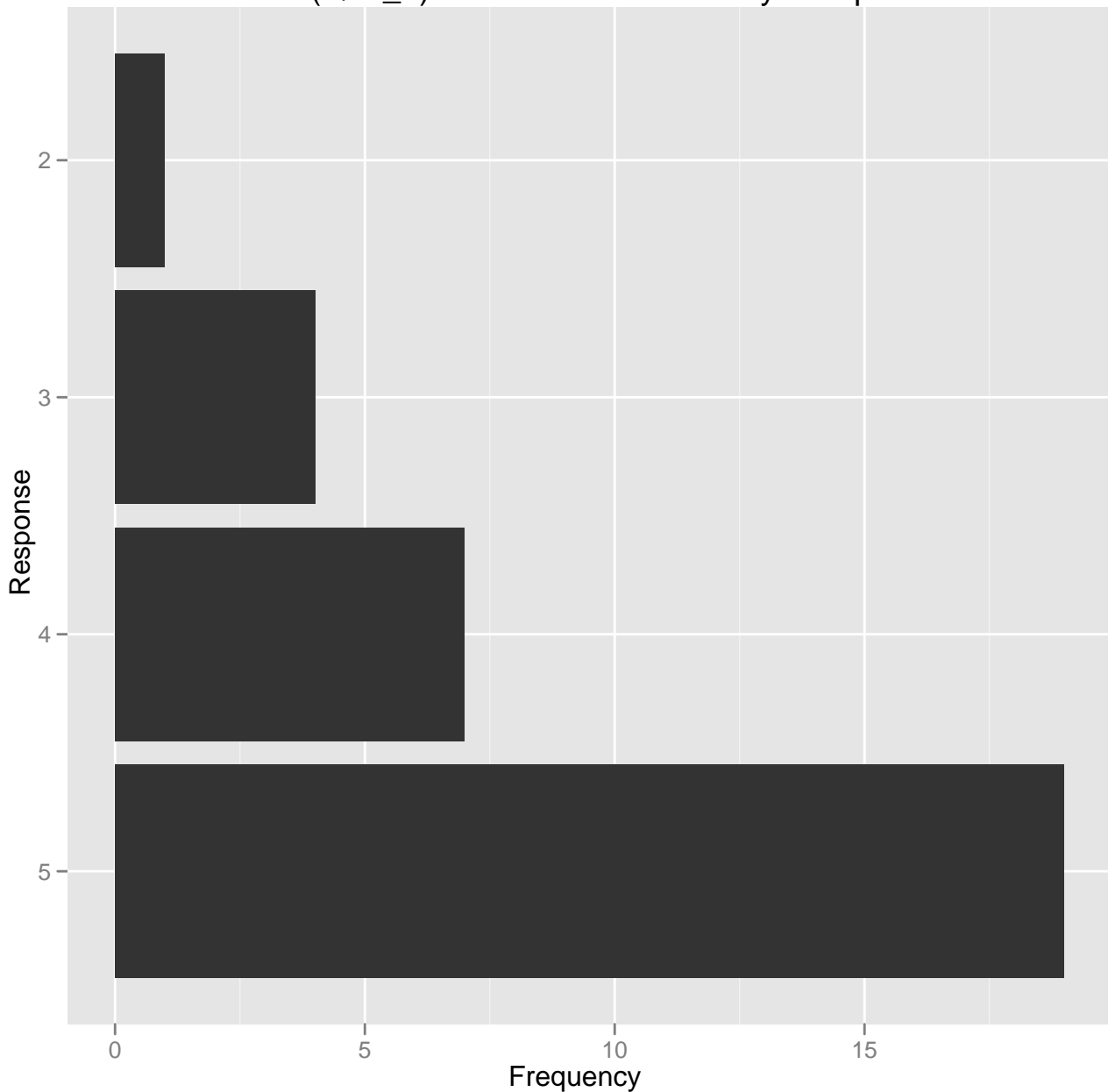
P060 (Q45.1):During labor, I focused my attention on an object



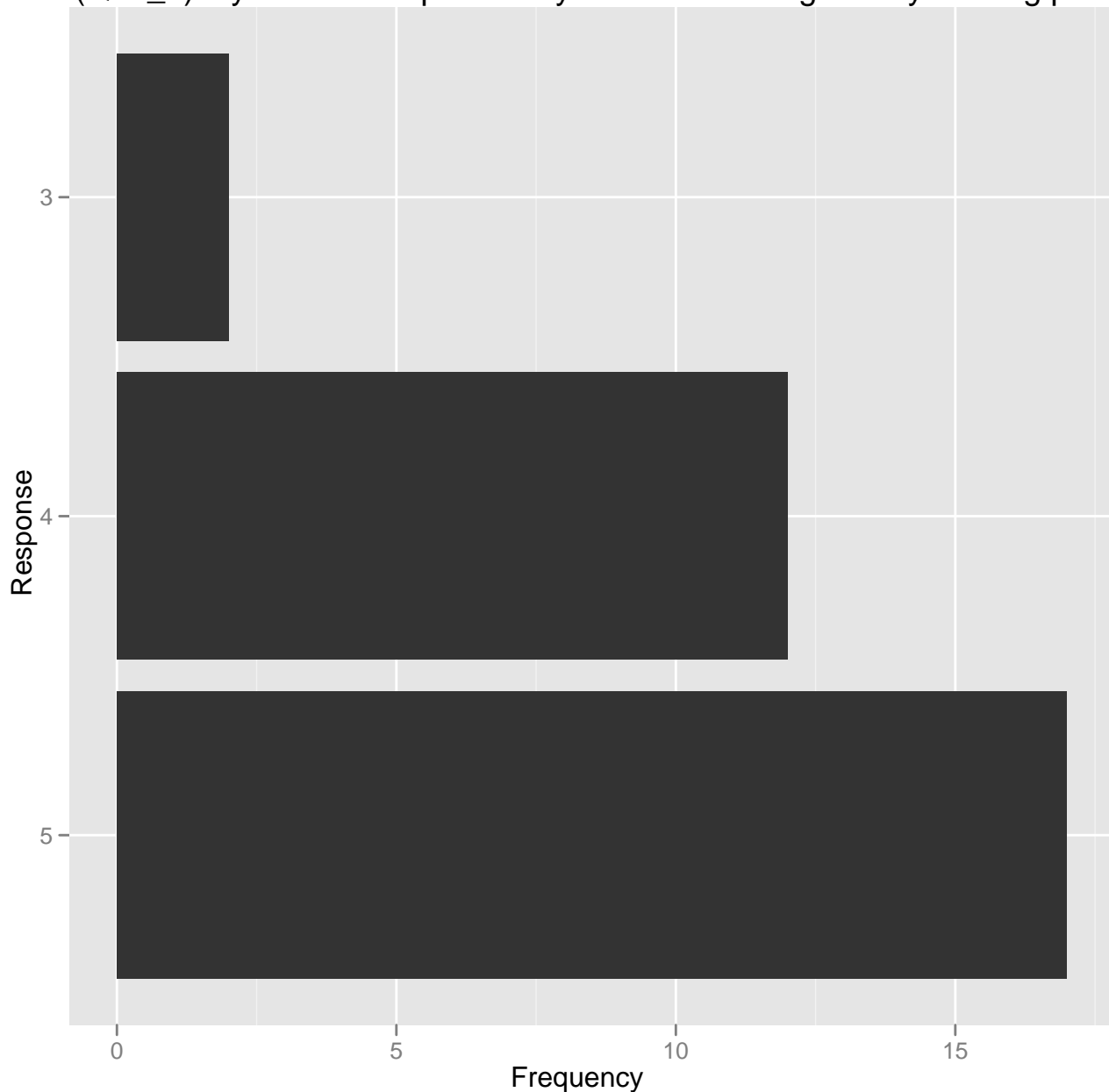
P061 (Q46):During labor, I focused my attention on a mantra or motivational phrase



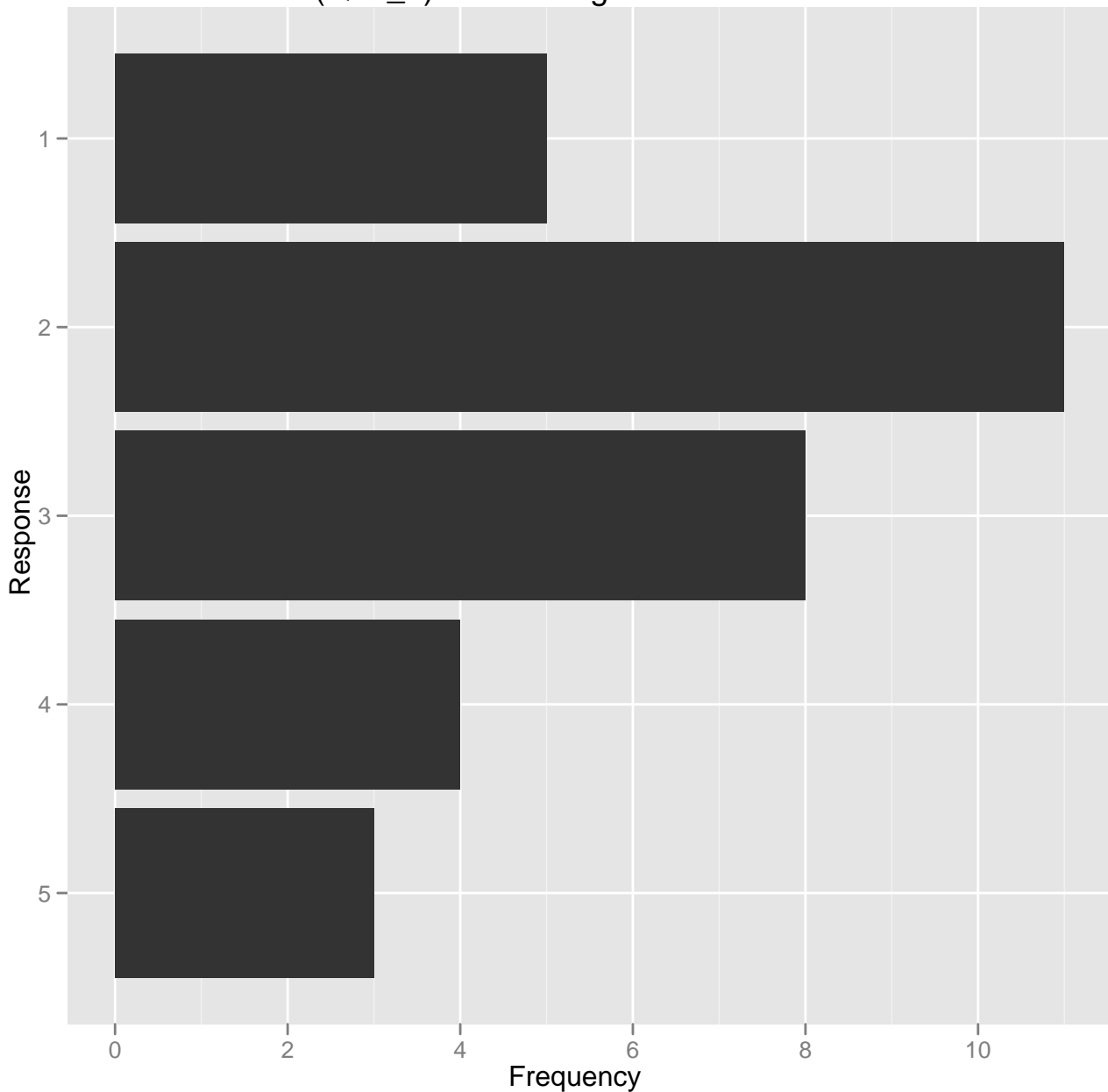
P062 (Q47_1):I could take labor at my own pace



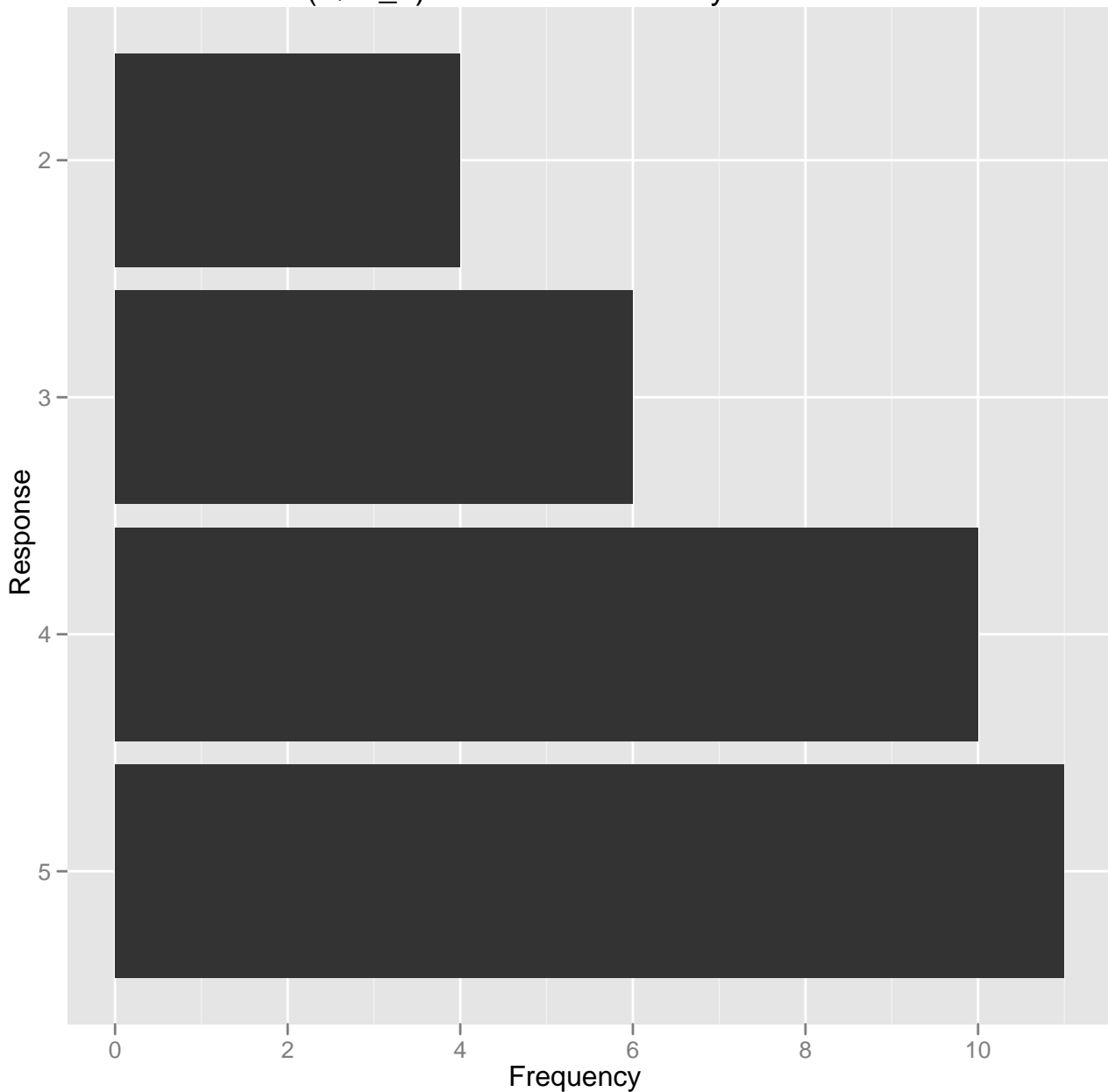
P063 (Q47_2):My midwife respected my innate knowledge of my birthing process



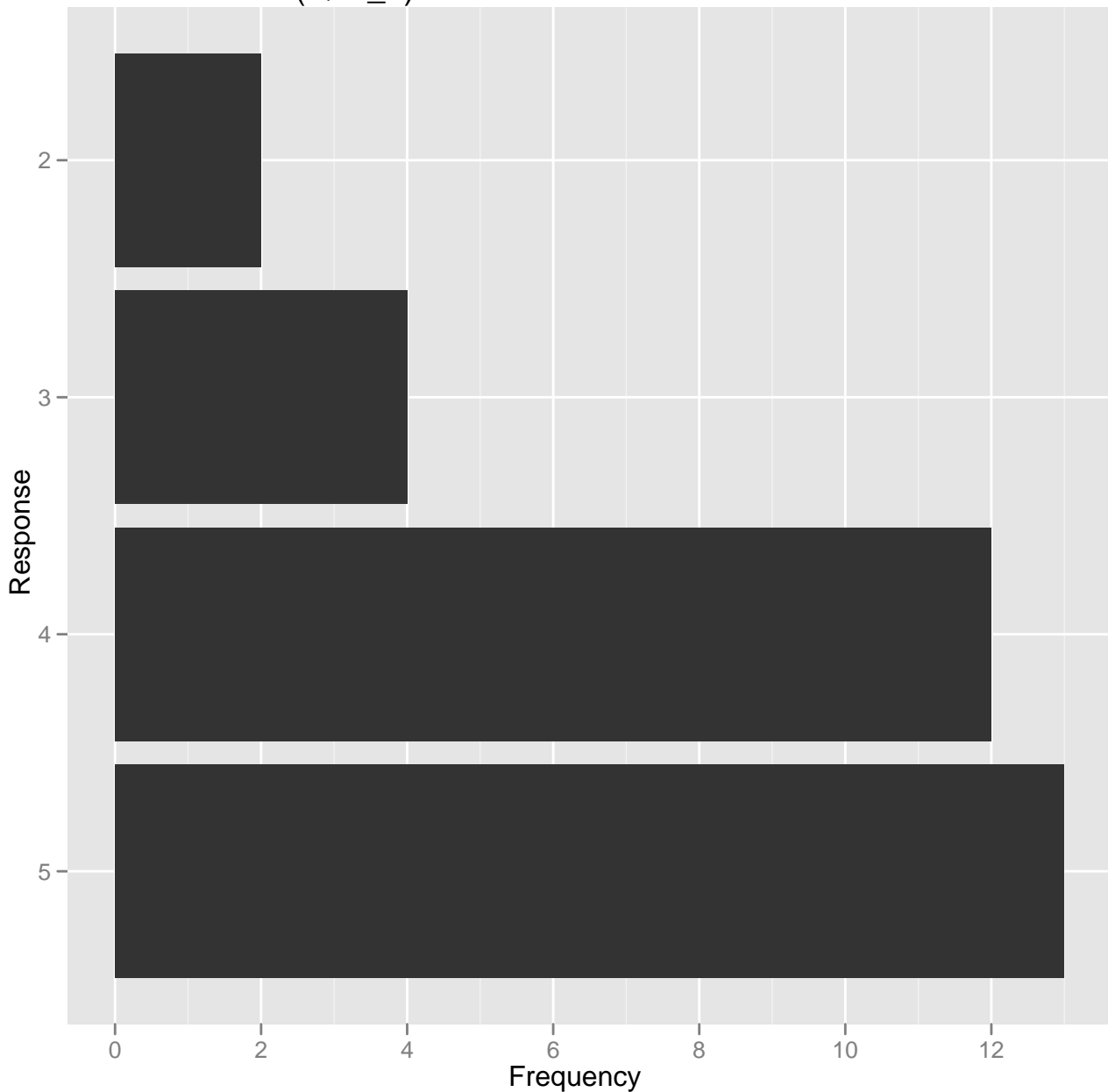
P064 (Q47_3):I was being observed or watched



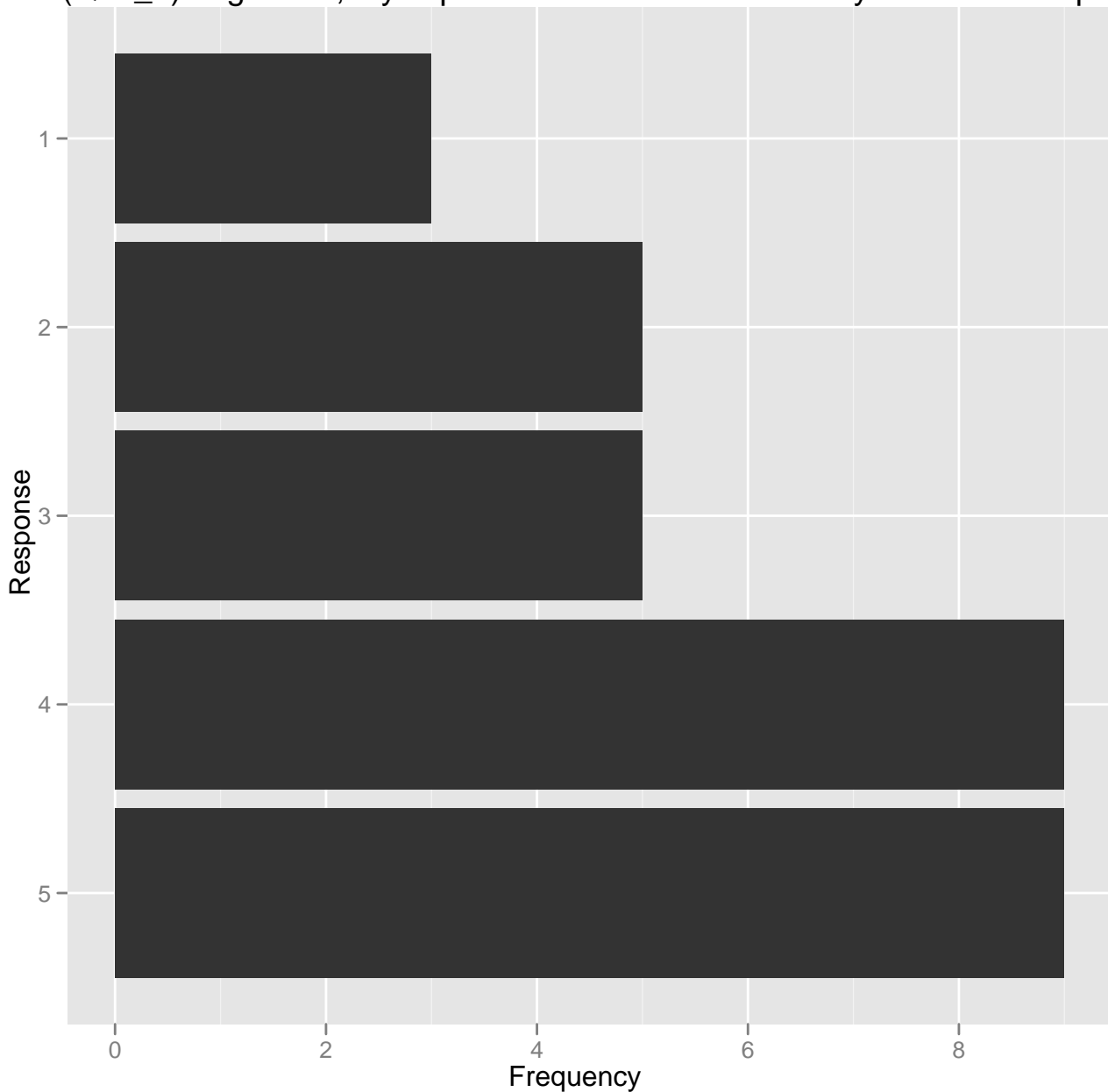
P065 (Q47_4):I felt in control of my own behavior



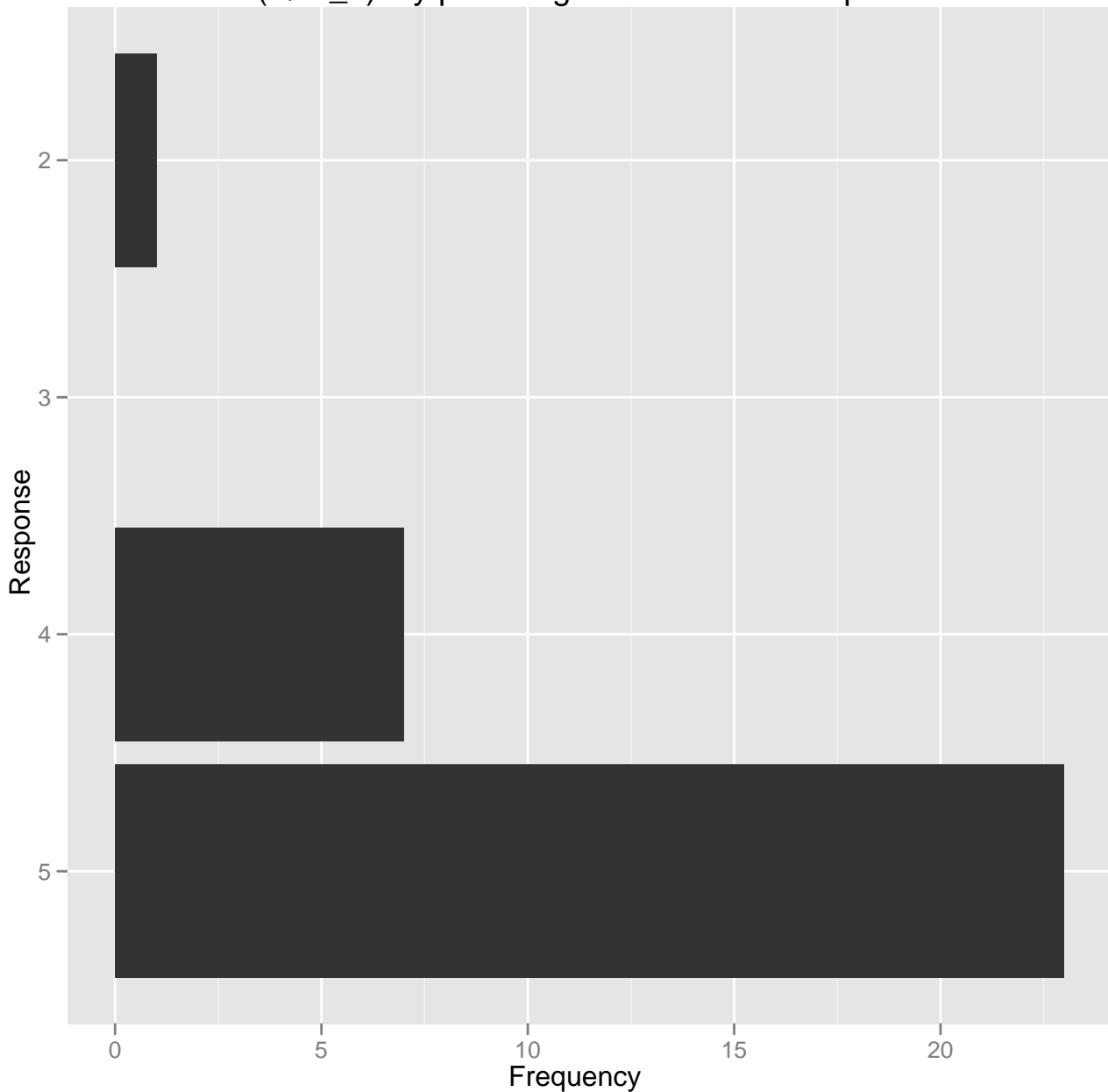
P066 (Q47_5):I felt in control of the care I received



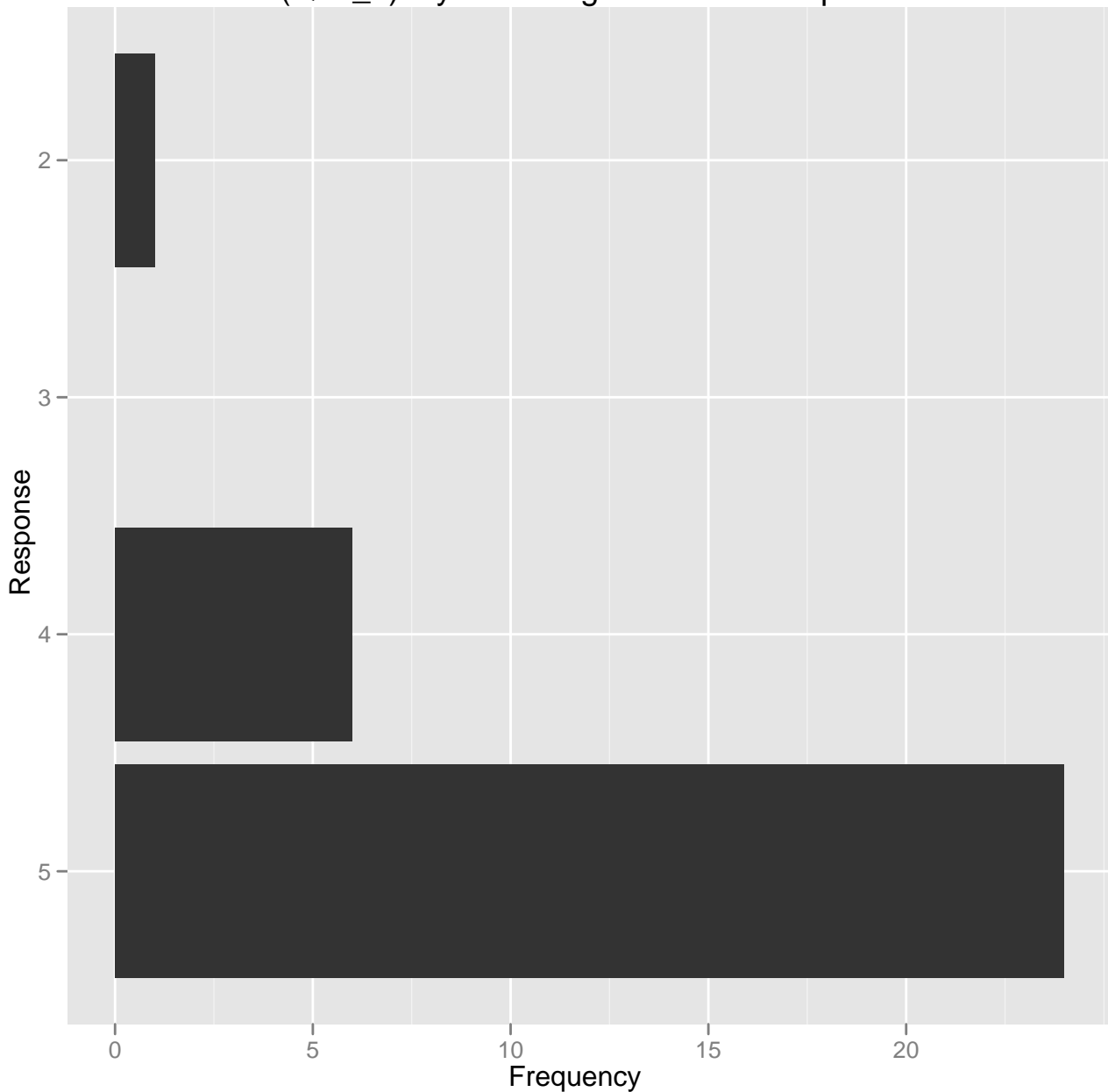
P067 (Q47_6):In general, my experience of labor and delivery was what I expected



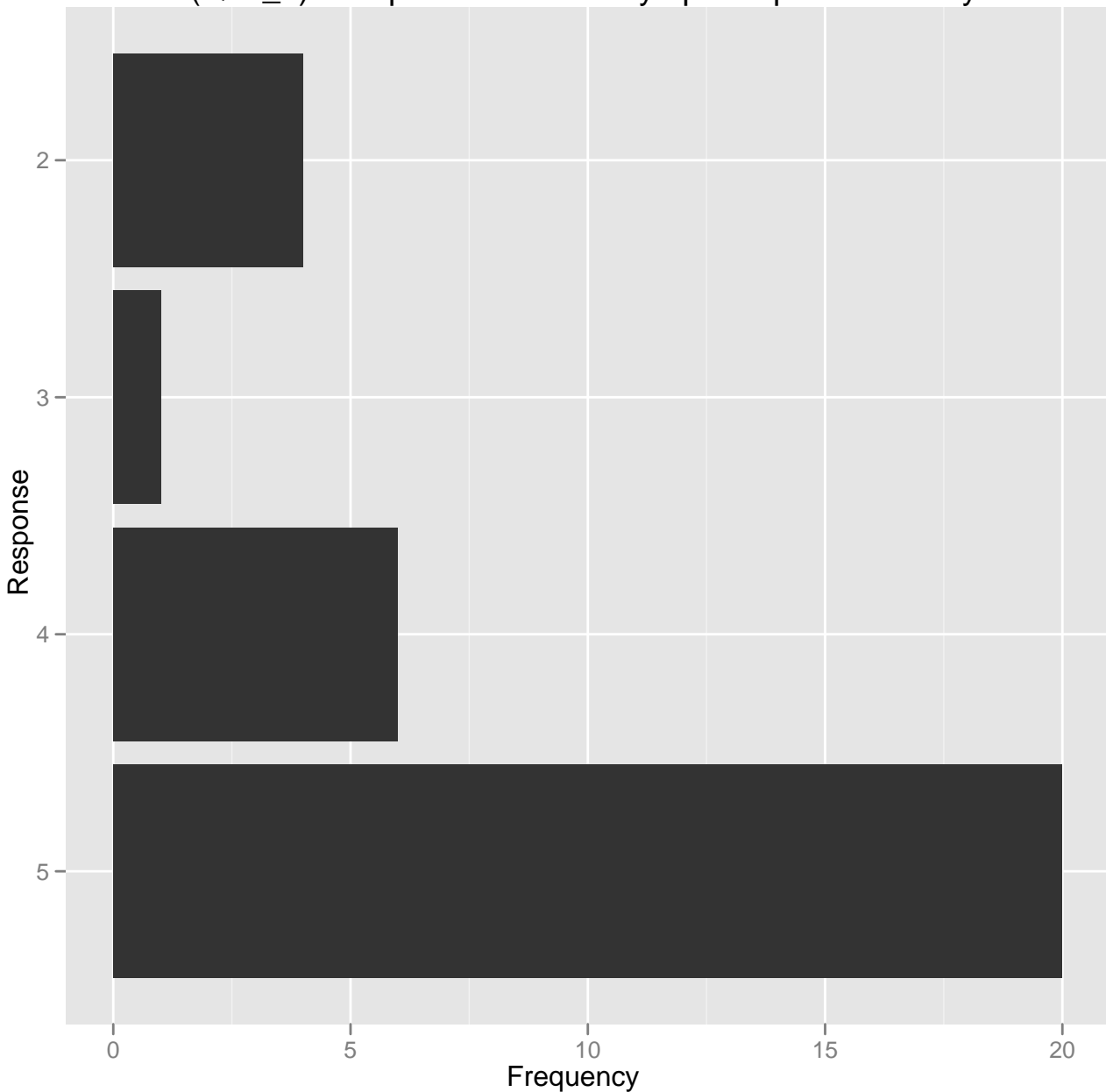
P068 (Q47_7):My partner gave me his/her full presence



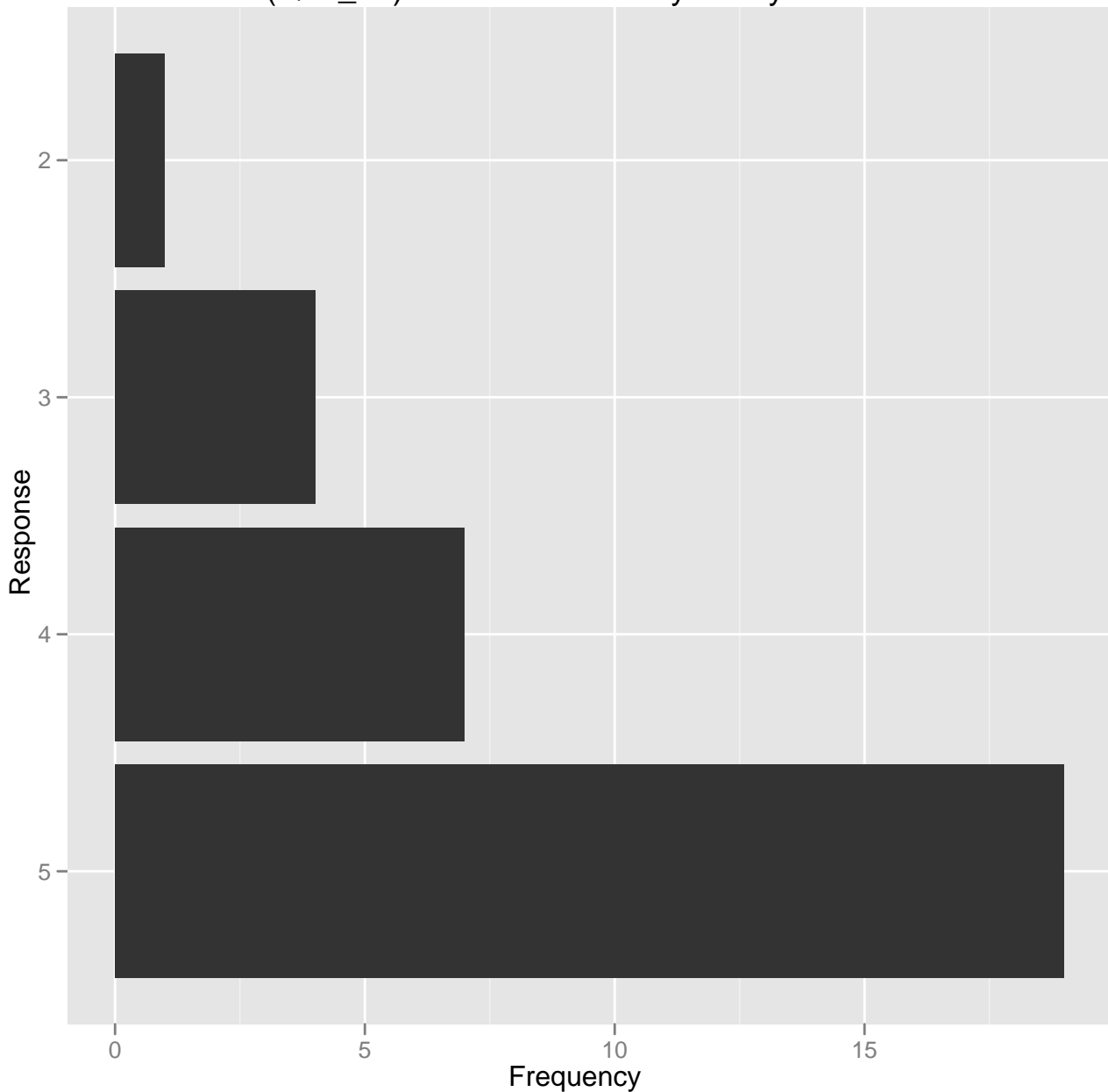
P069 (Q47_8):My midwife gave me her full presence



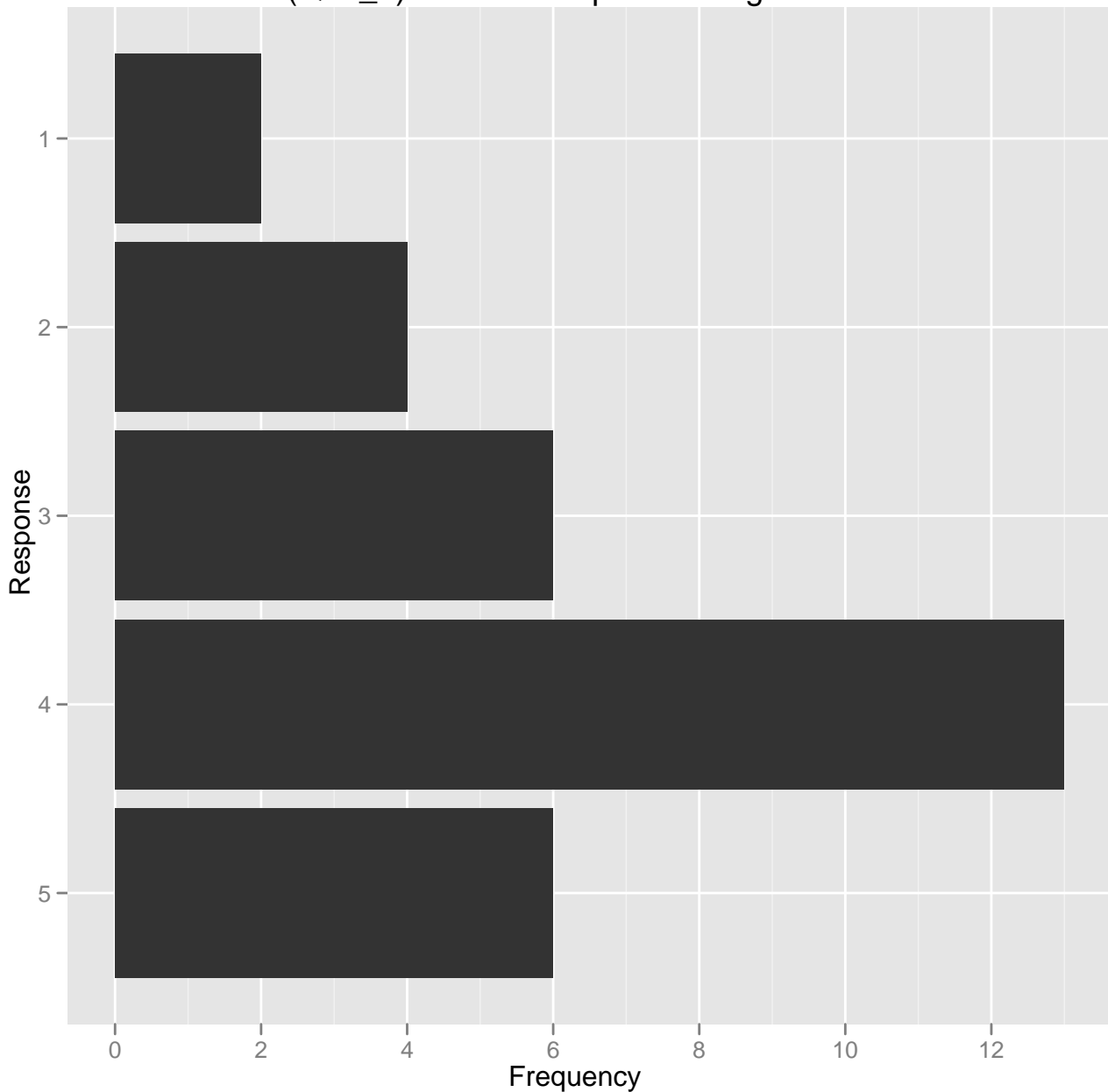
P070 (Q47_9):I felt pressured to hurry up and push the baby out



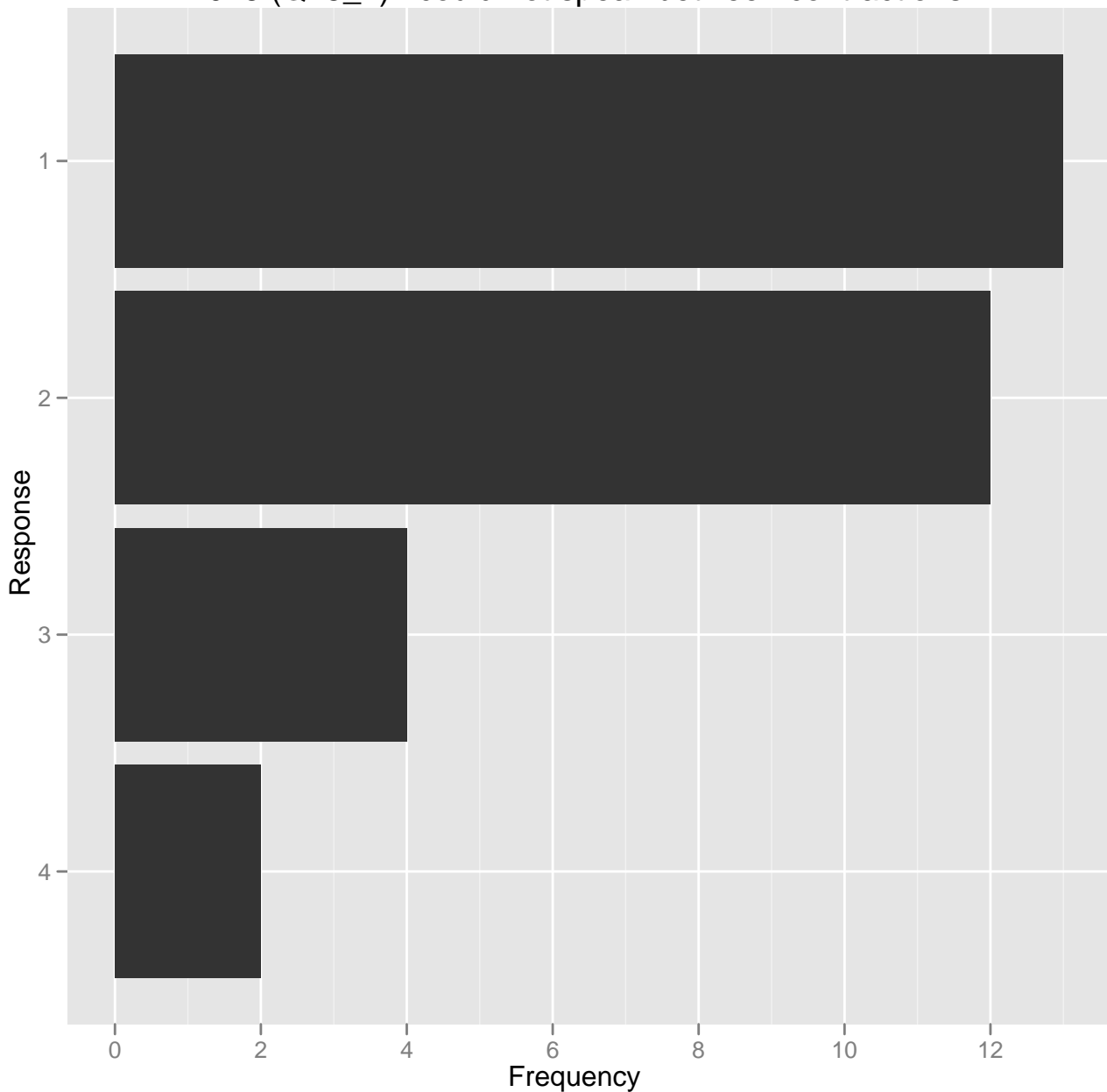
P071 (Q47_10):I concentrated fully on my contractions



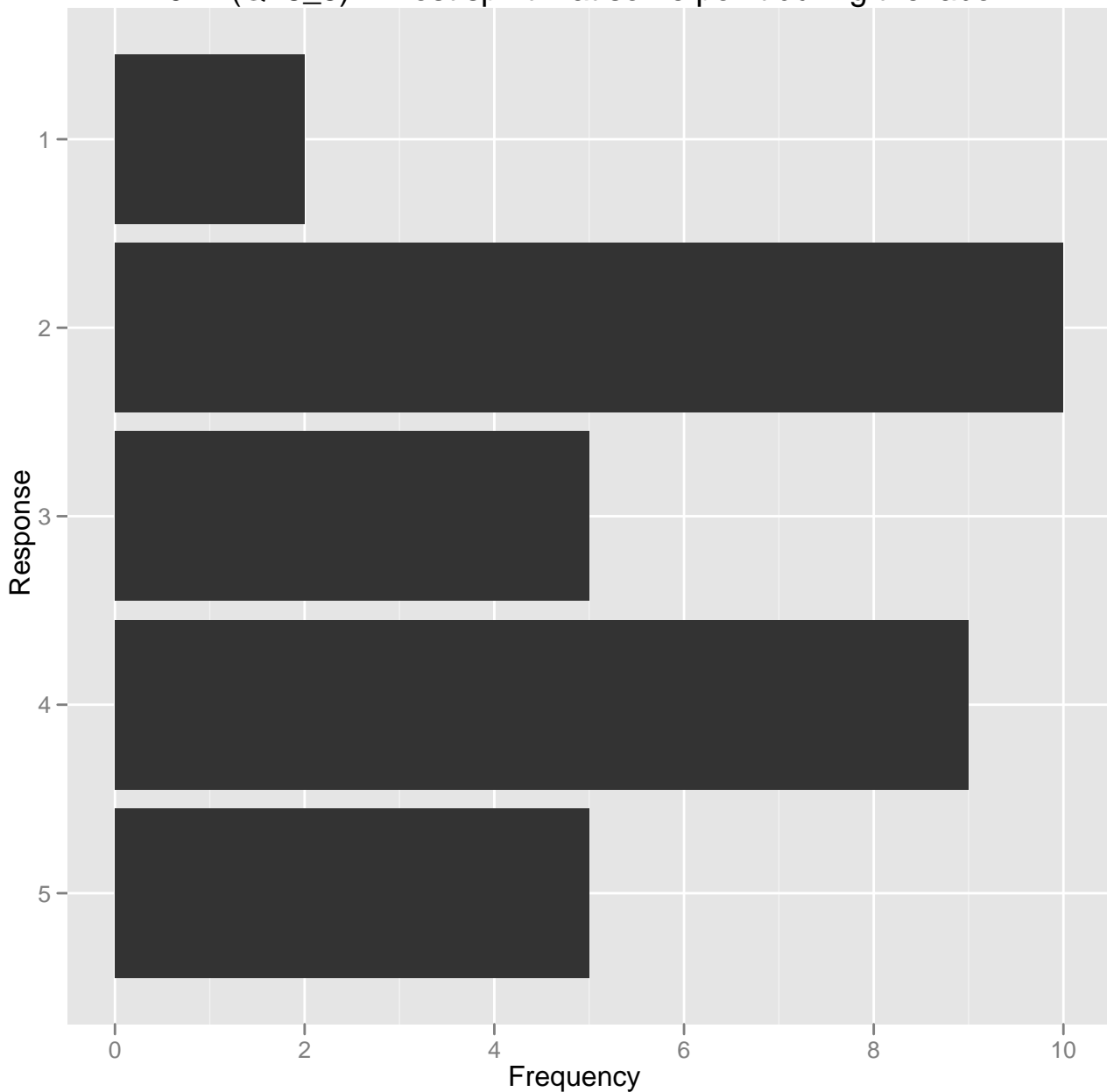
P072 (Q48_1):I could not speak during contractions



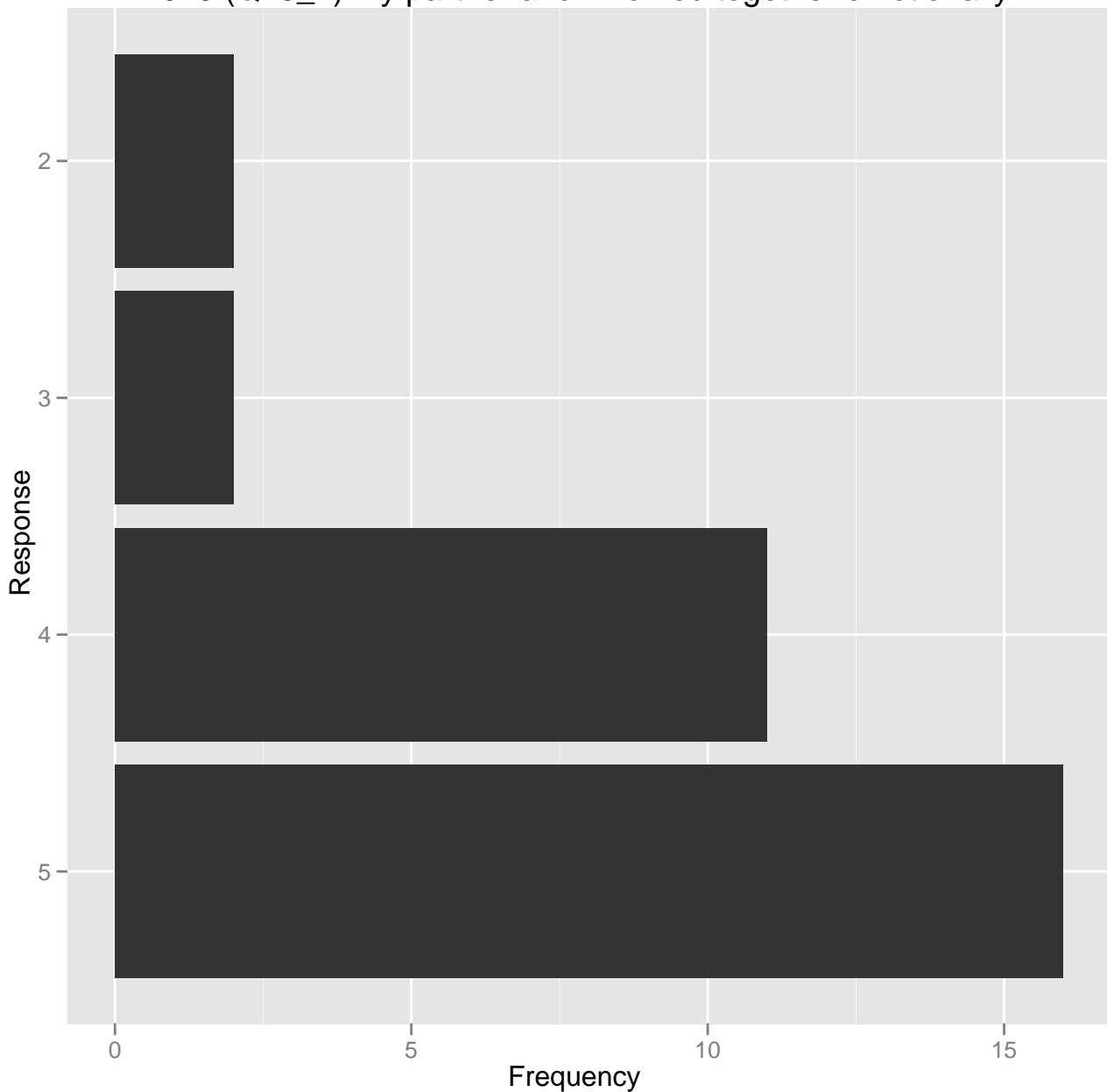
P073 (Q48_2):I could not speak between contractions



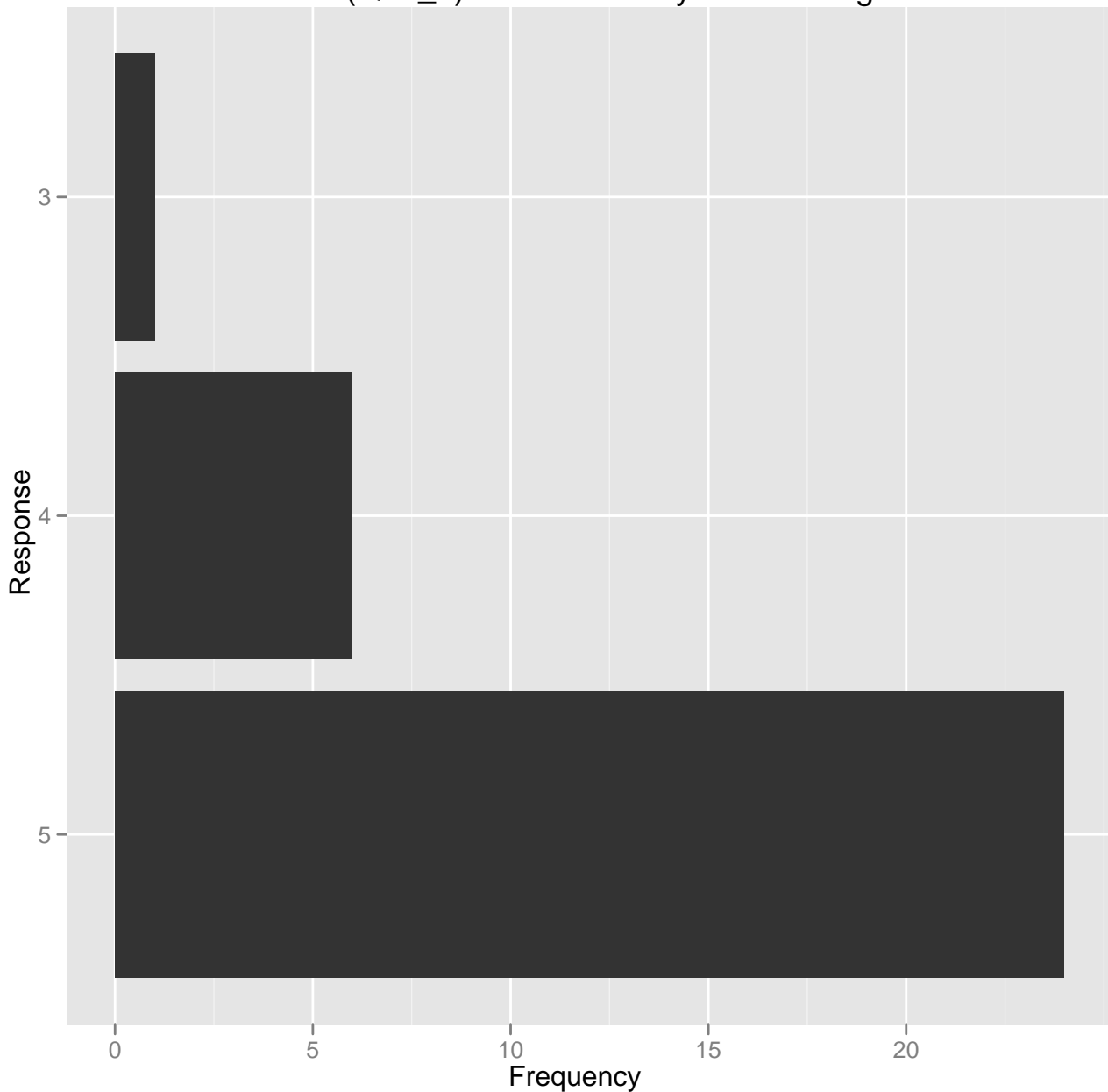
P074 (Q48_3):I ...lost spirit... at some point during the labor



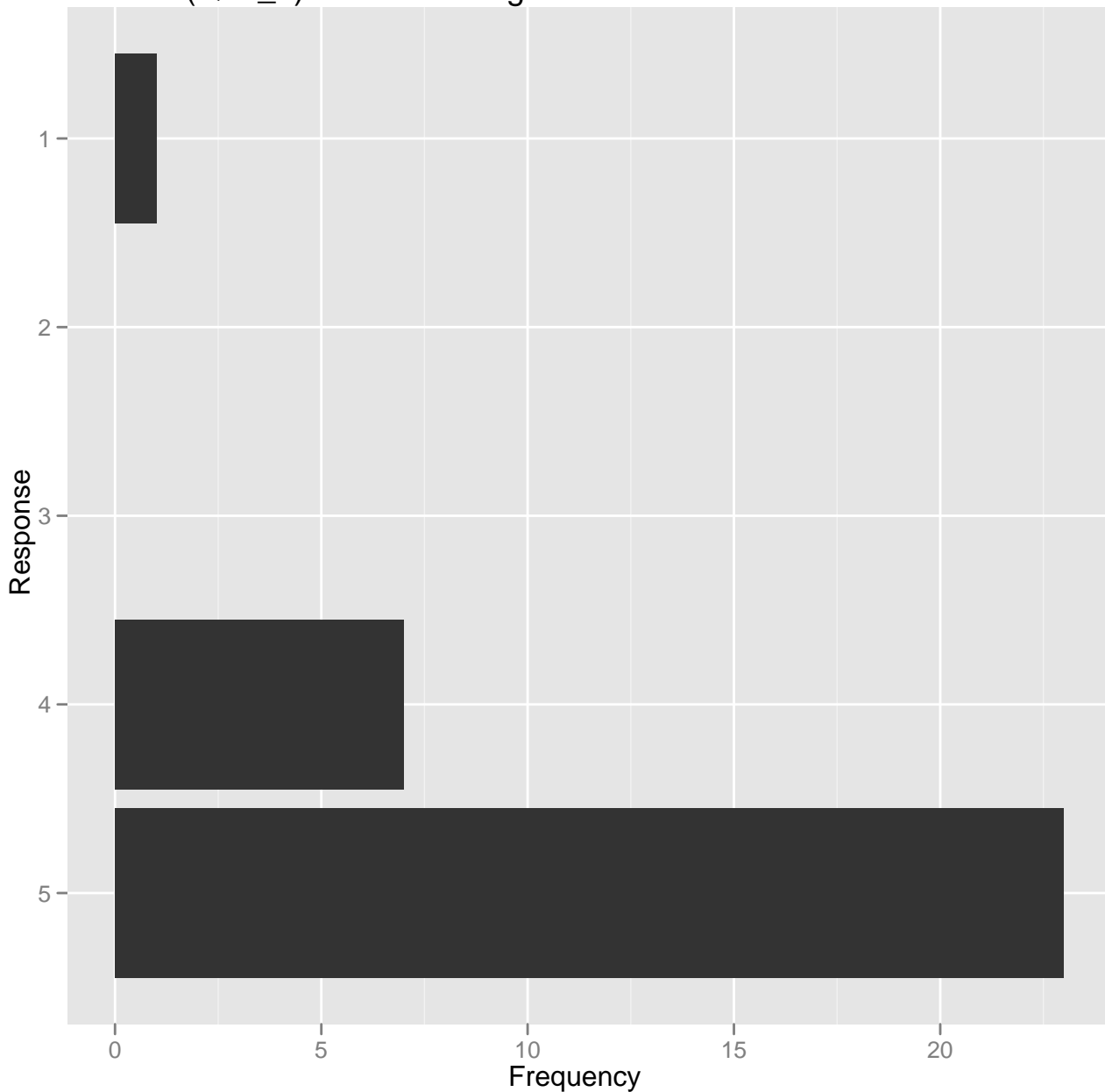
P075 (Q48_4):My partner and I worked together emotionally



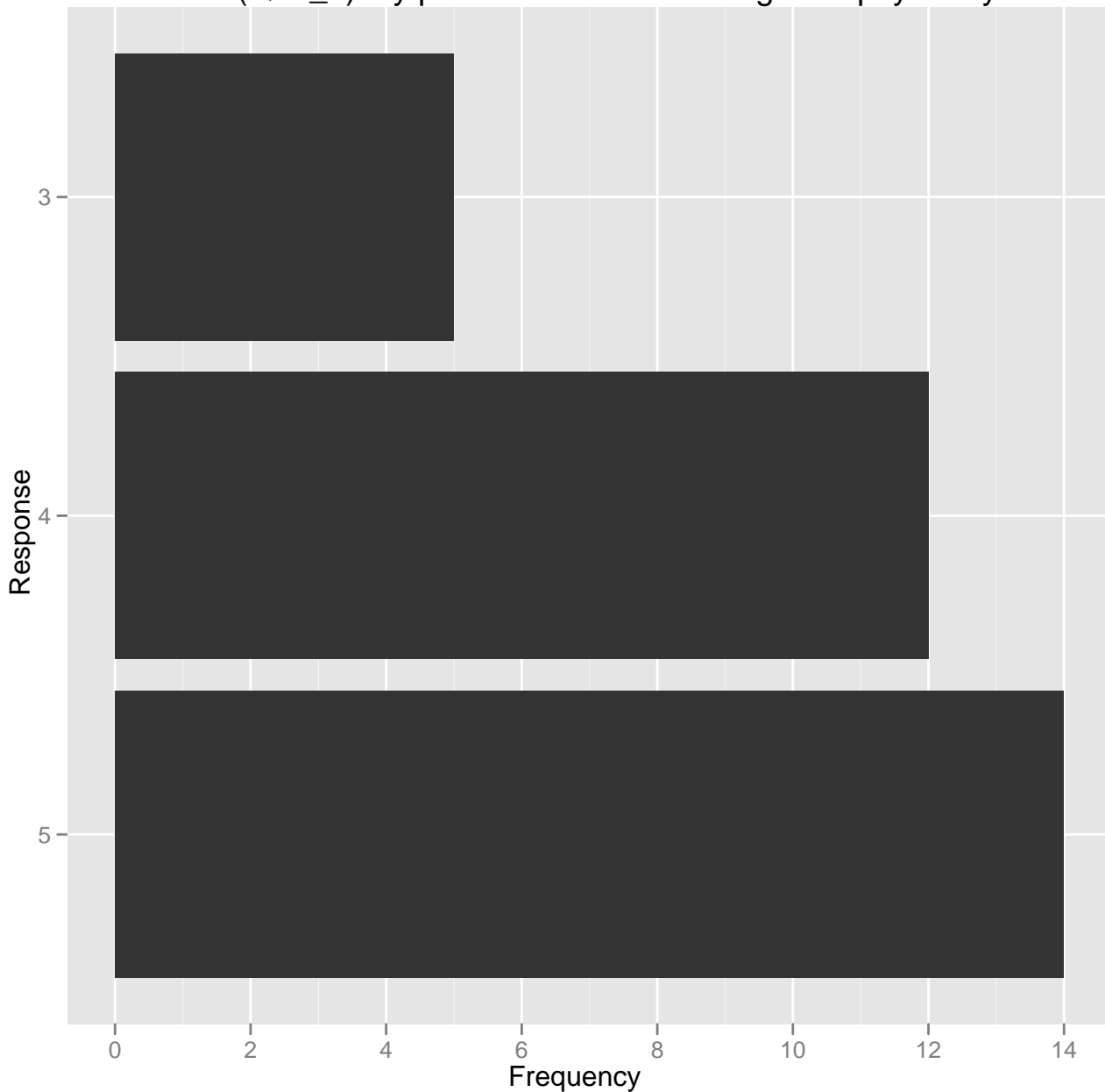
P076 (Q48_5):I felt safe in my surroundings



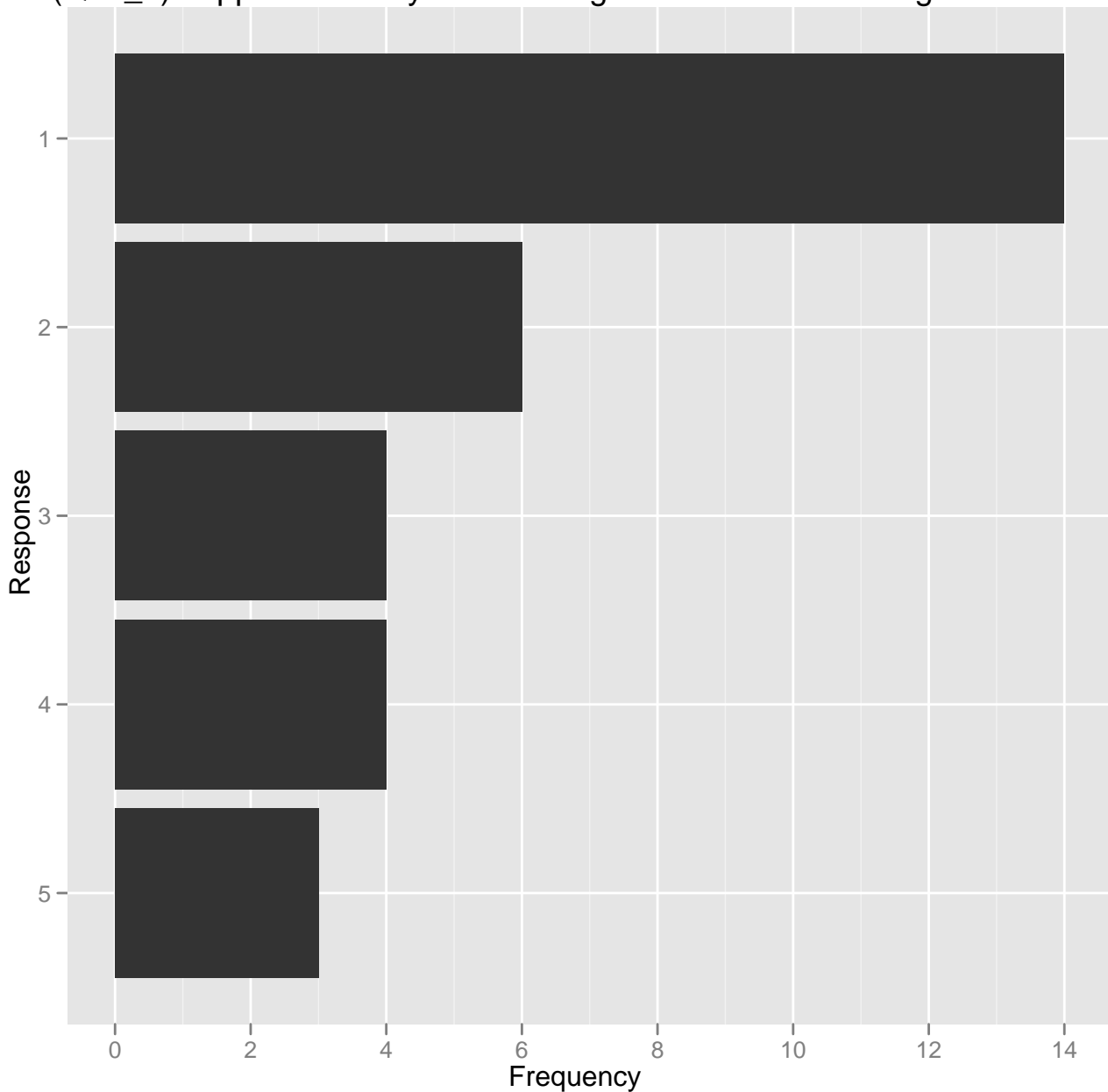
P077 (Q48_6):I was following someone else...s timetable for labor



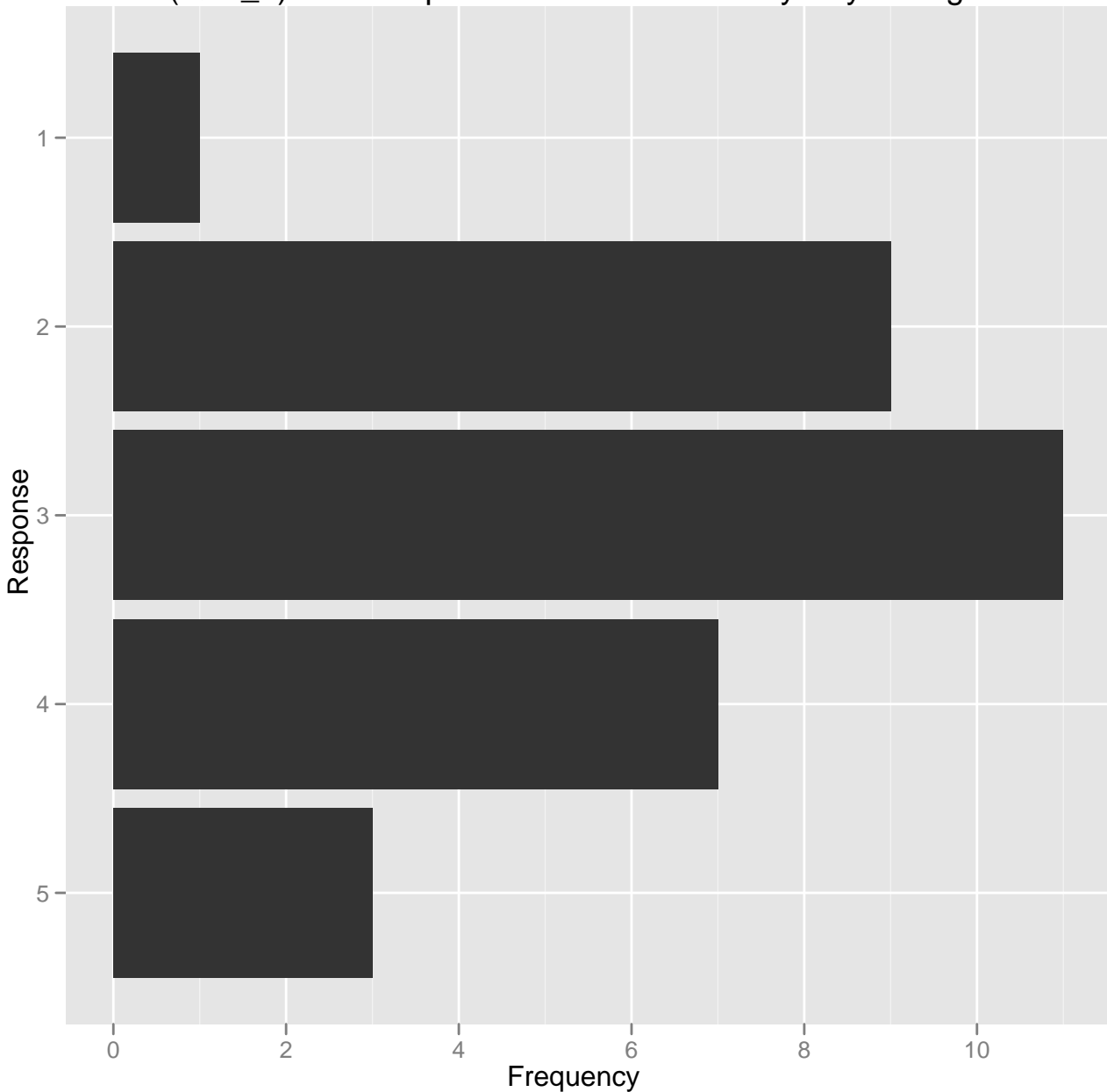
P078 (Q48_7):My partner and I worked together physically



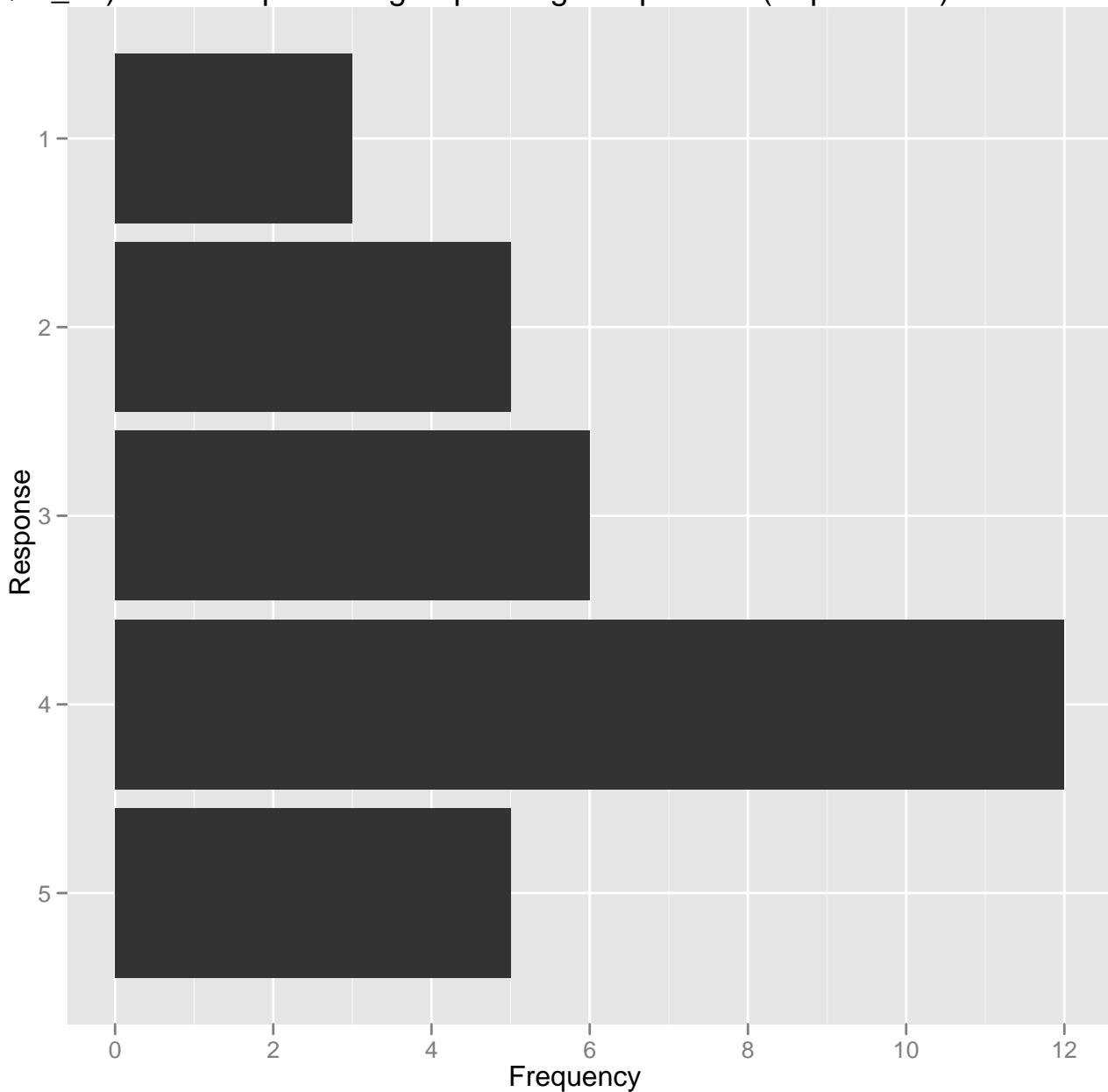
079 (Q48_8):I approached my labor through conscious reasoning and/or rationali



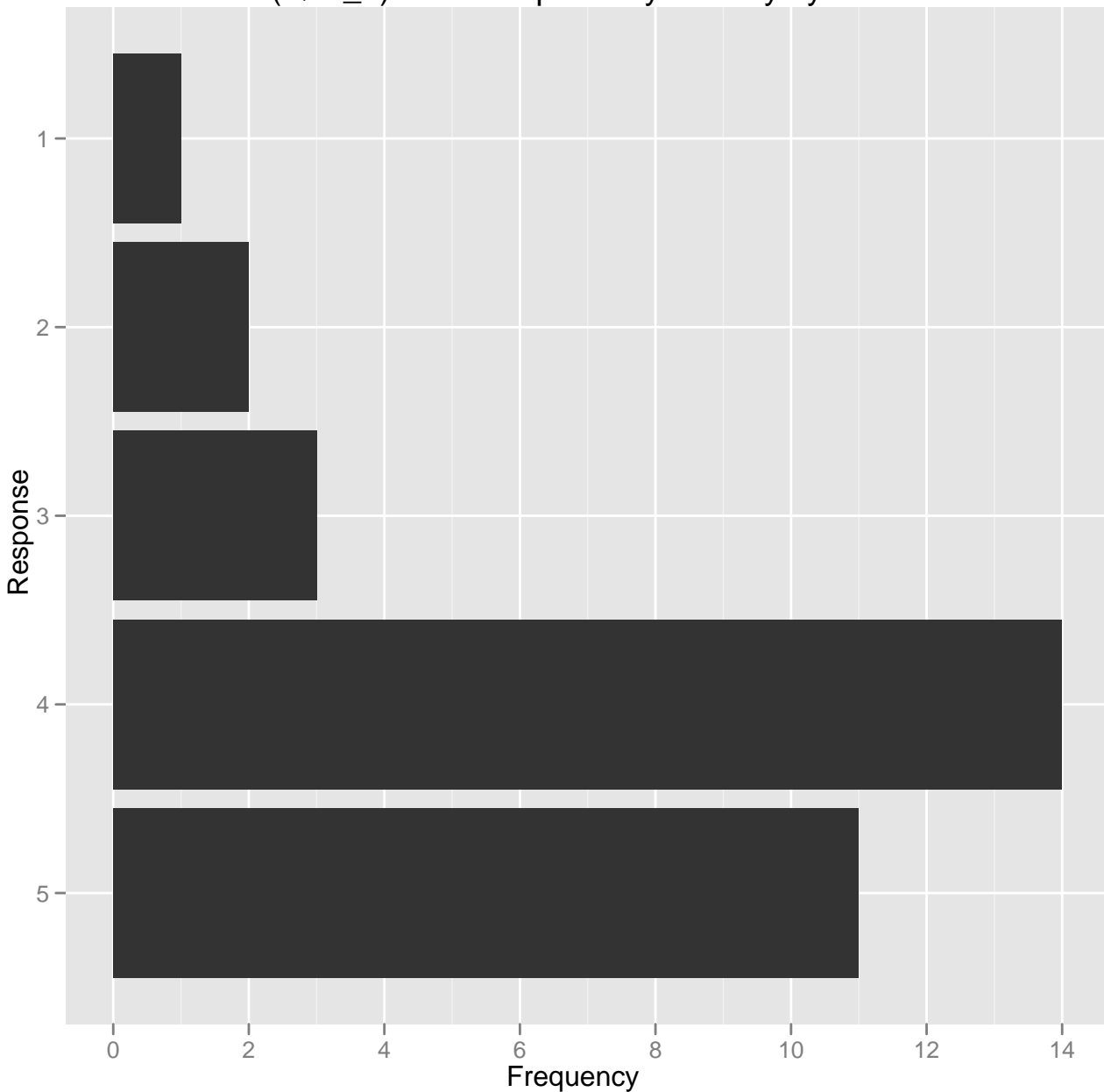
P080 (Q48_9):I tried to problem solve or think my way through labor



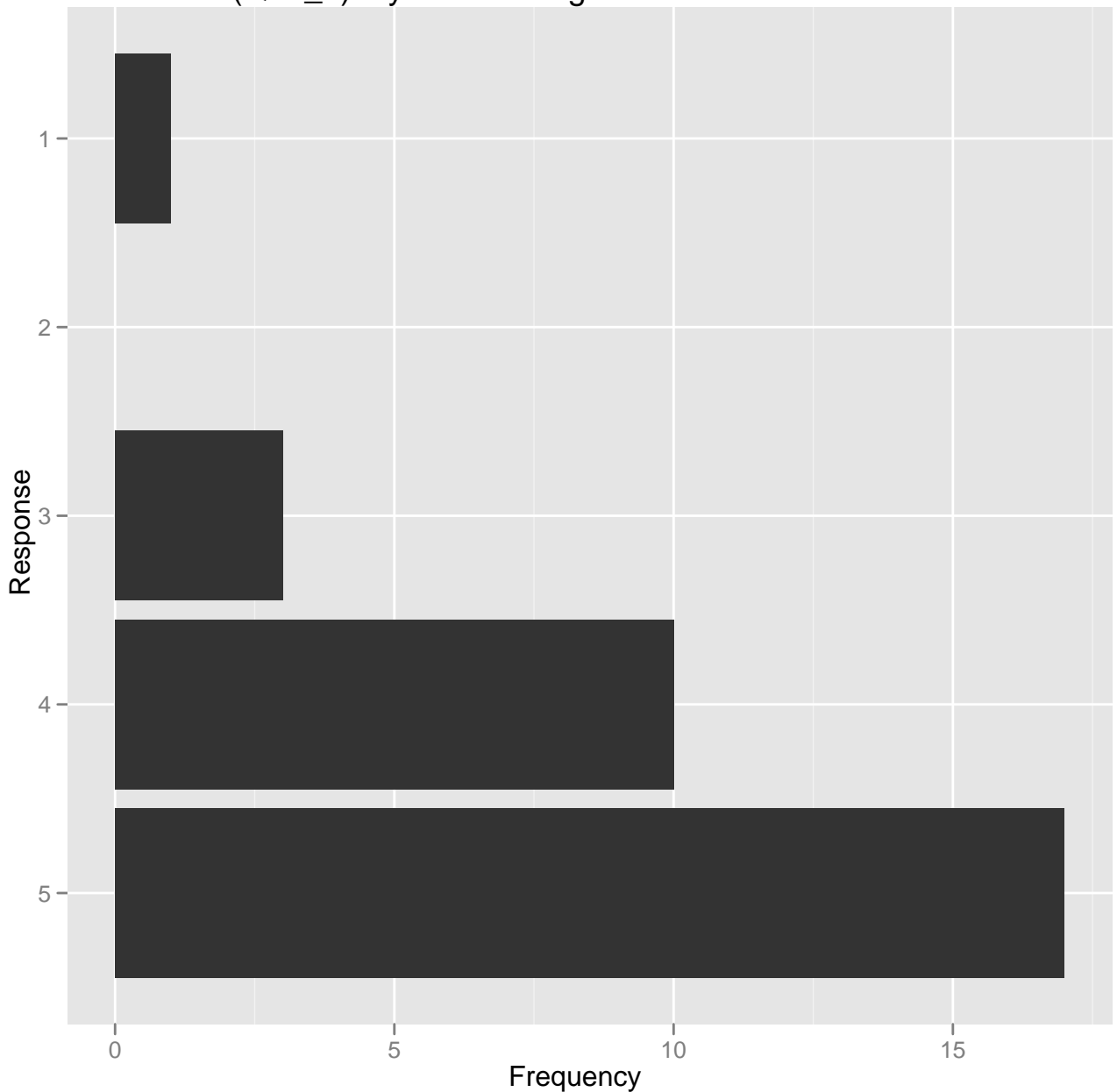
(Q48_10):I ended up laboring or pushing in a position (or positions) that I did not p



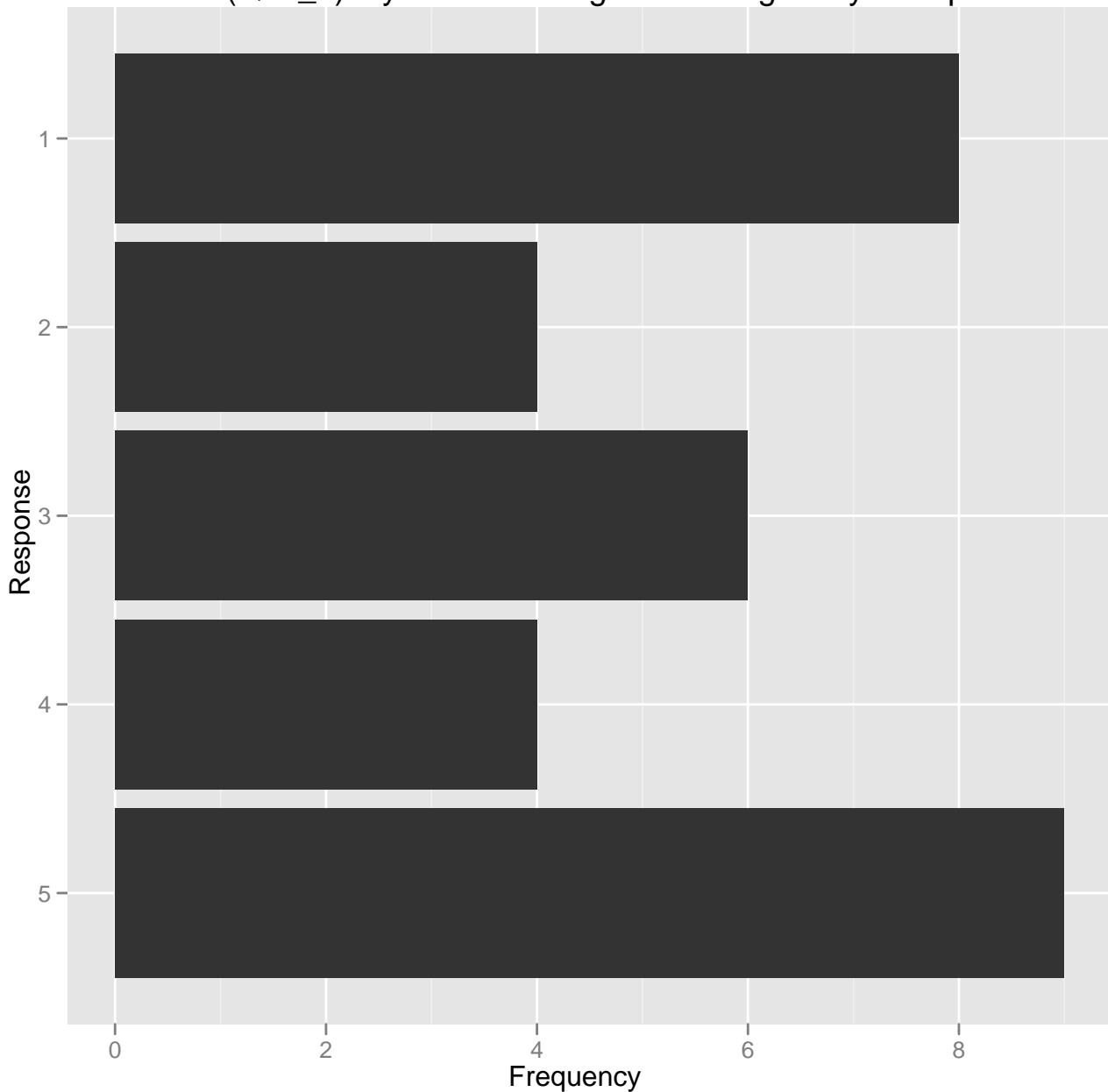
P082 (Q50_1):I labored primarily with my eyes closed



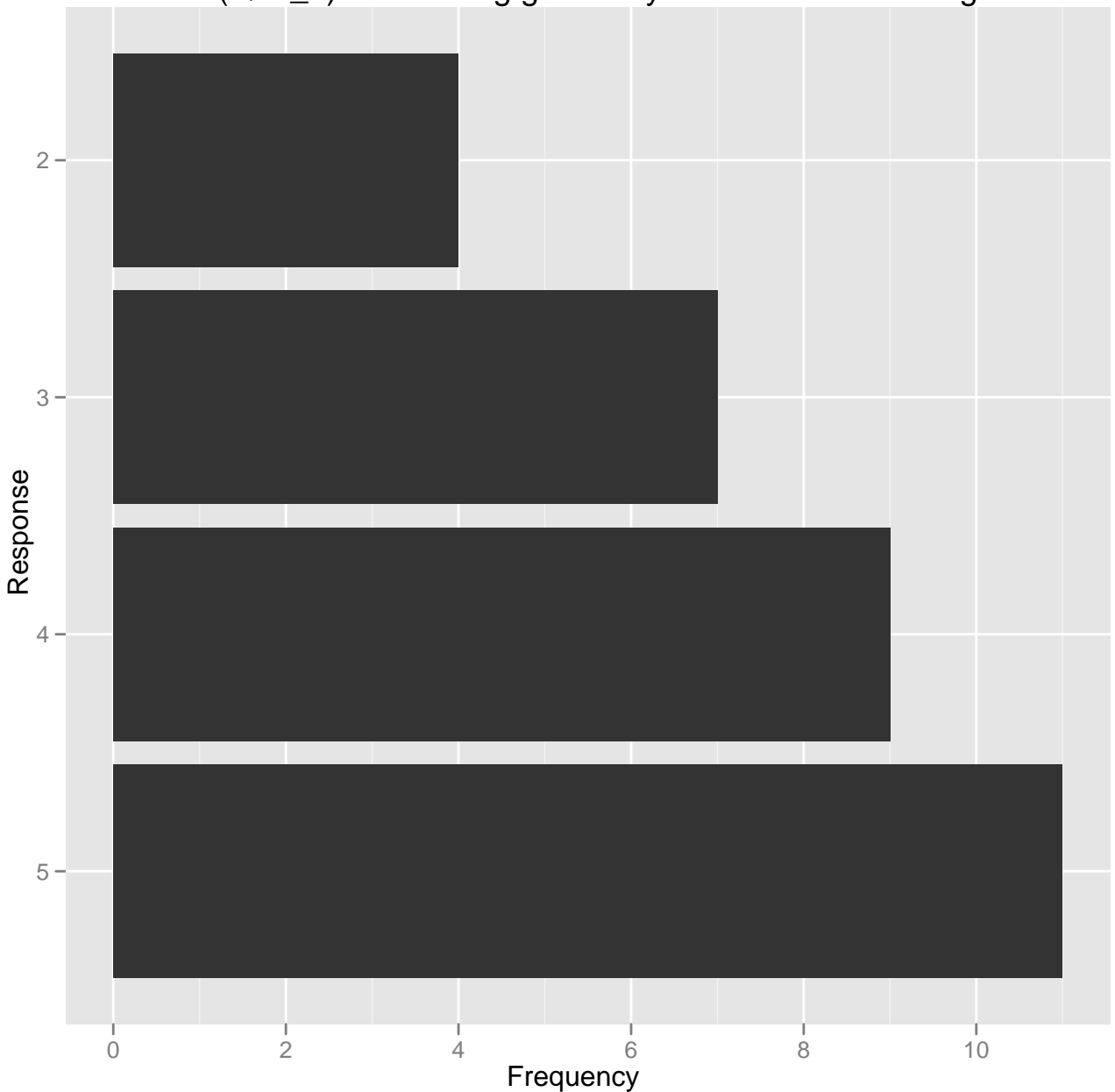
P083 (Q50_2):My surroundings were calm and comfortable



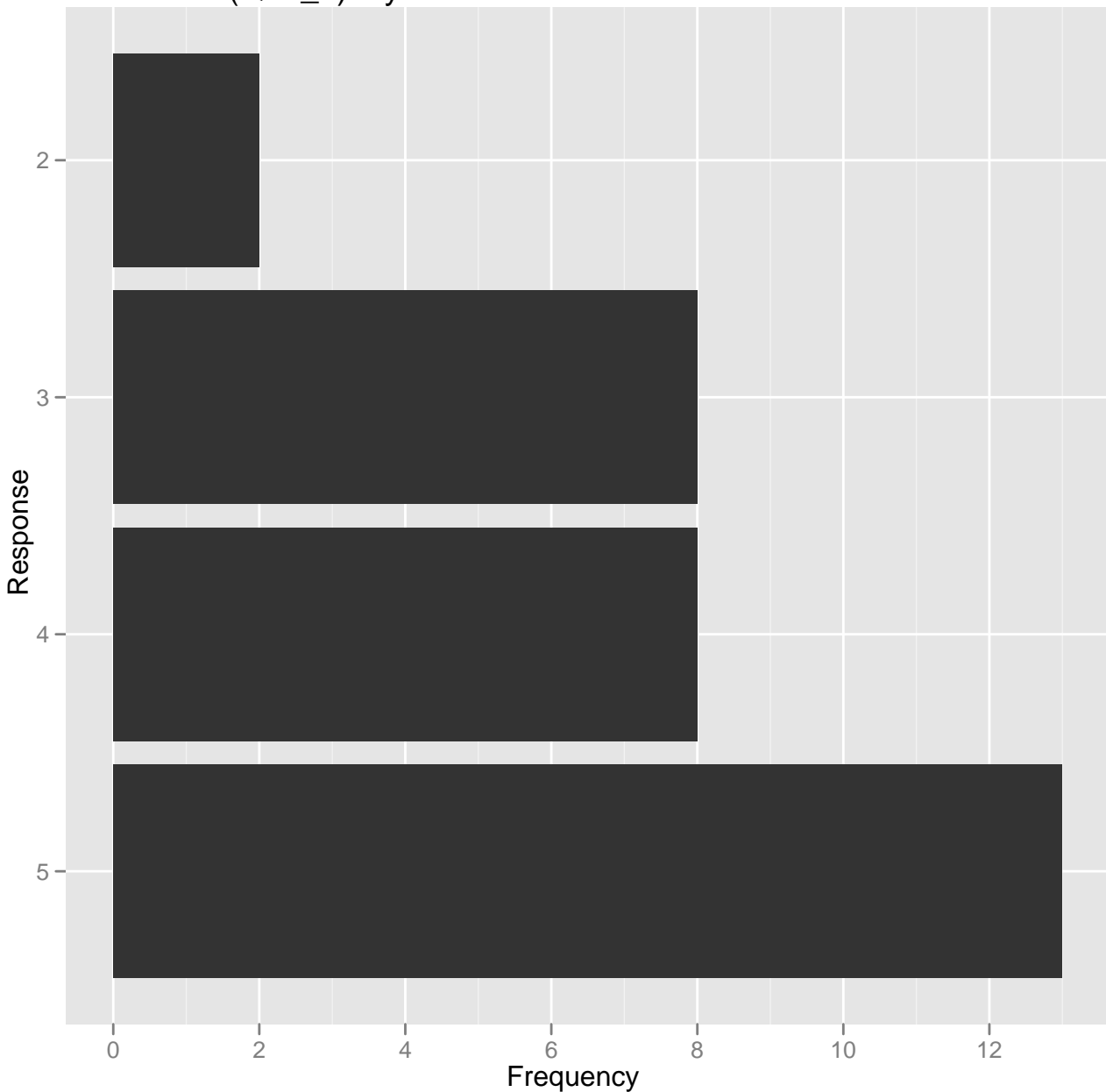
P084 (Q50_3):My birth did not go according to my birth plan



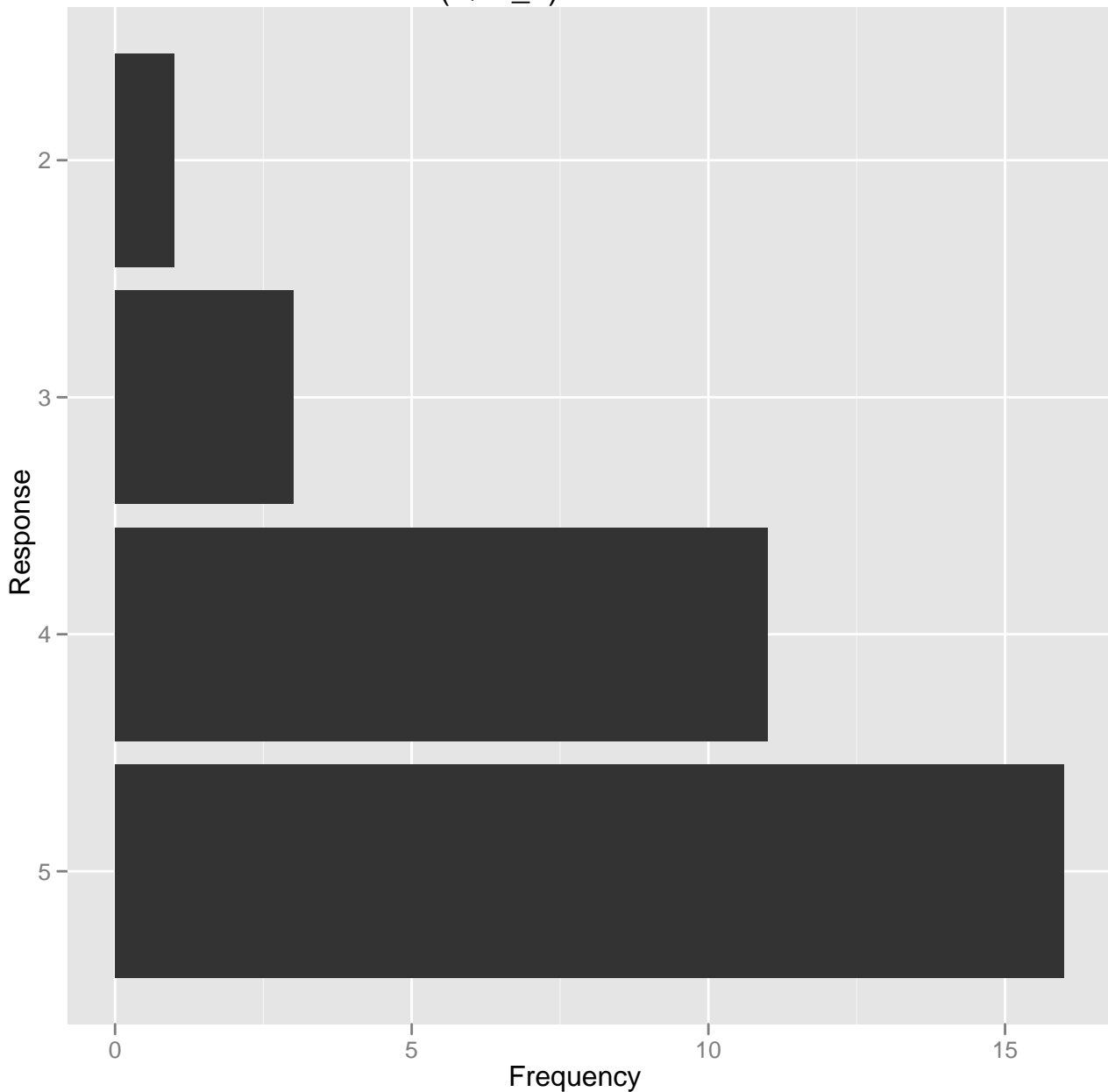
P085 (Q50_4):I was being guided by a sense of ...knowing...



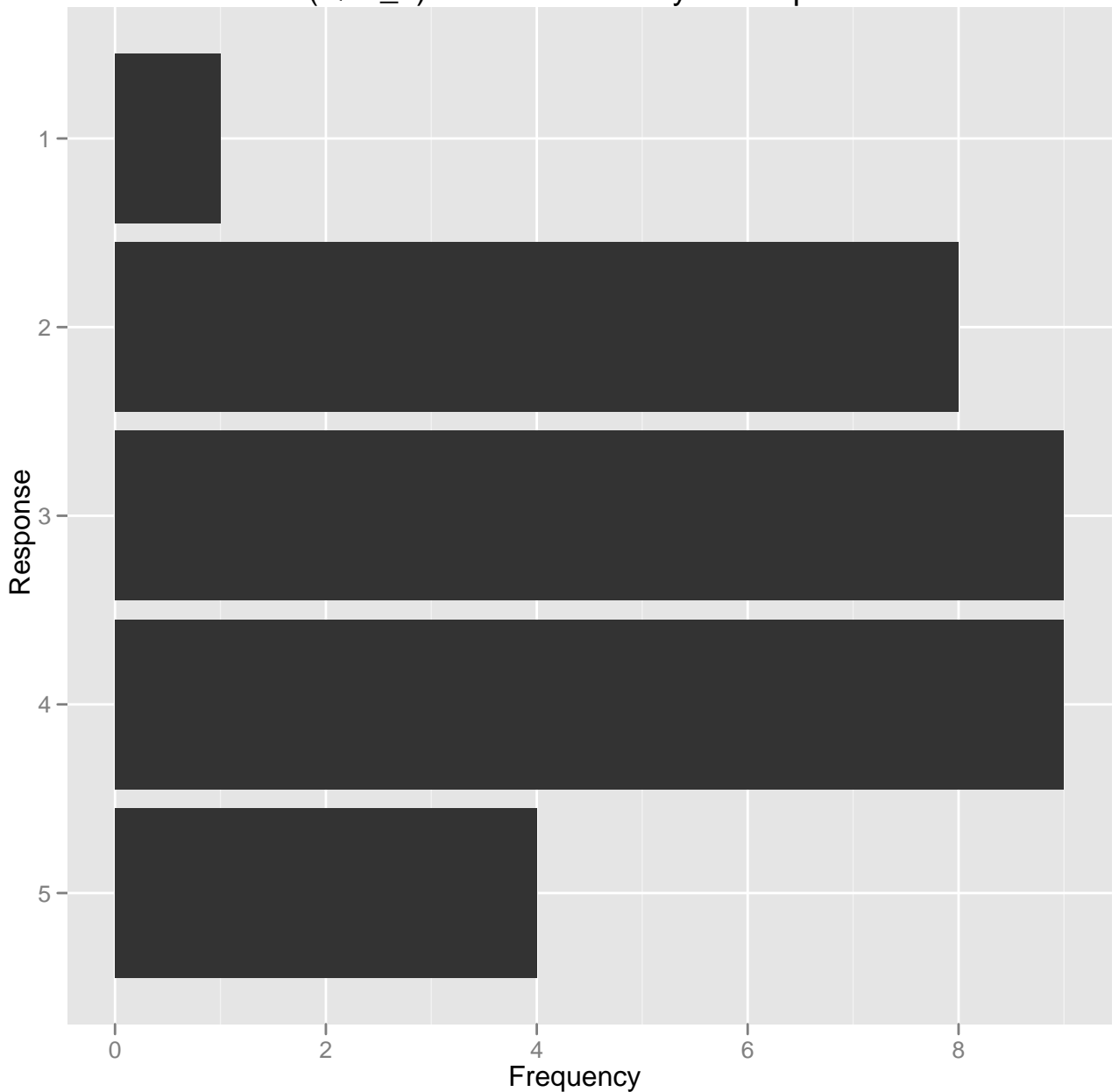
P086 (Q50_5):My behavior was intuitive rather than rational



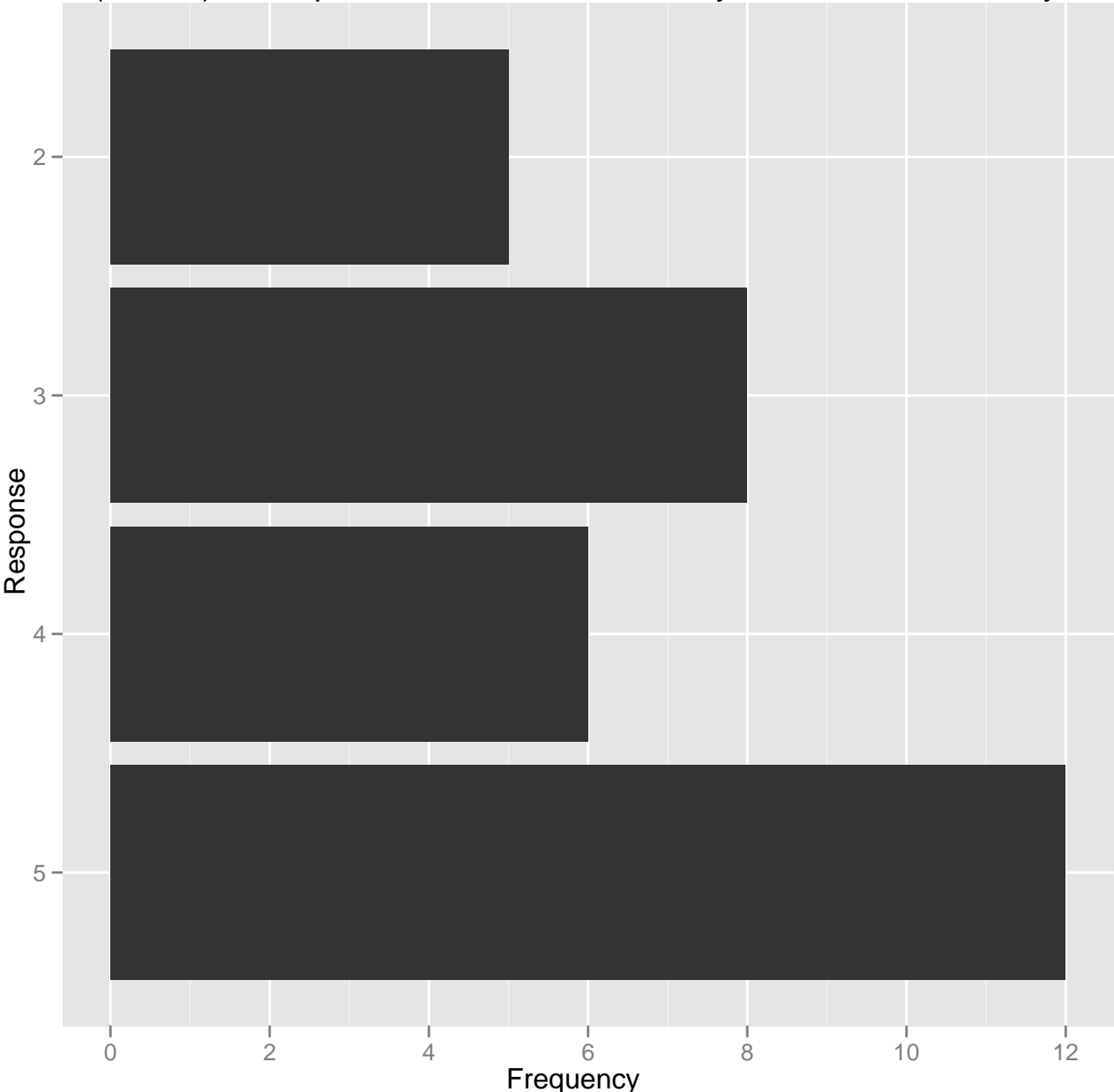
P087 (Q50_6):I felt uninhibited



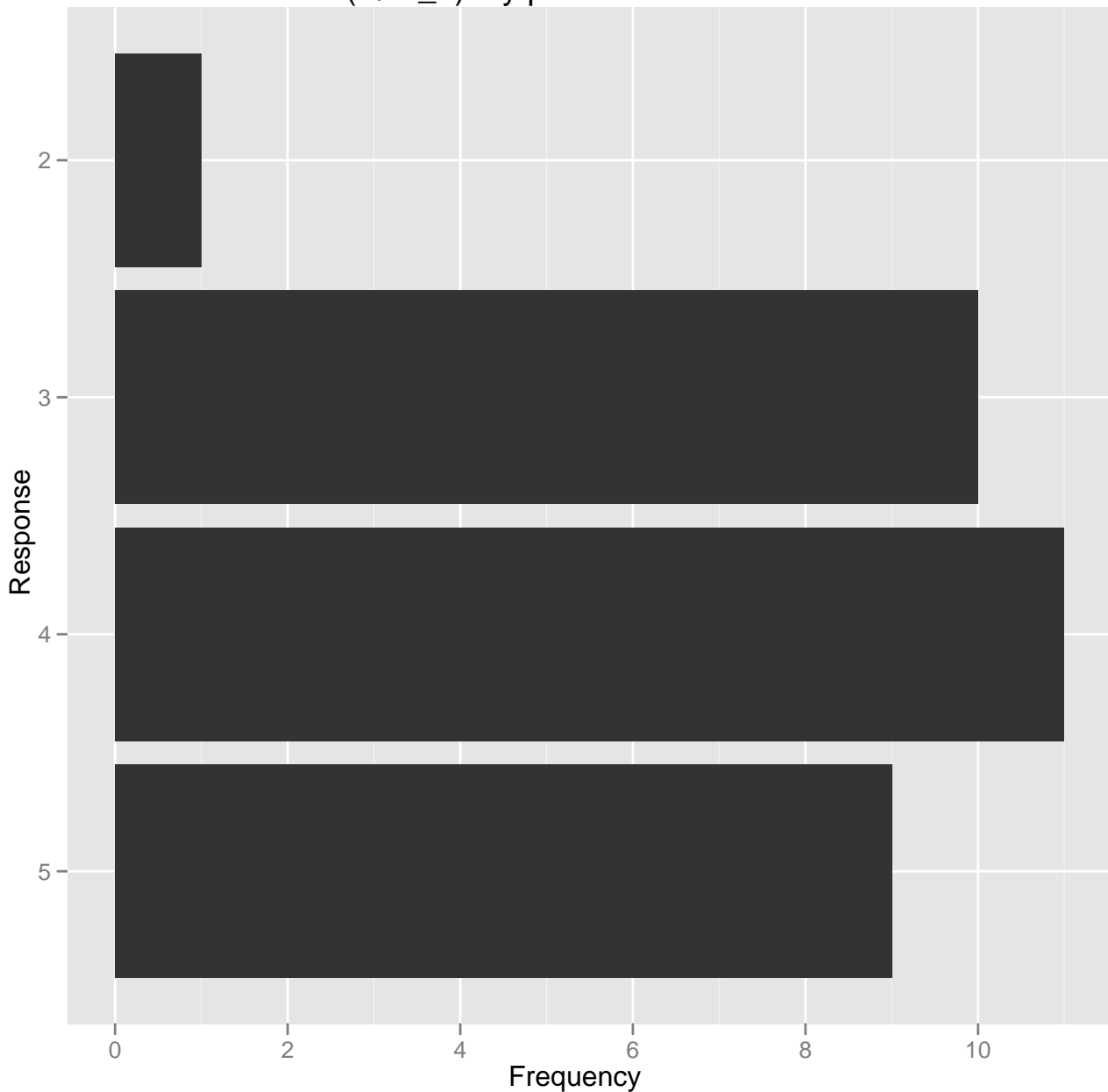
P088 (Q50_7):I behaved exactly as I expected to



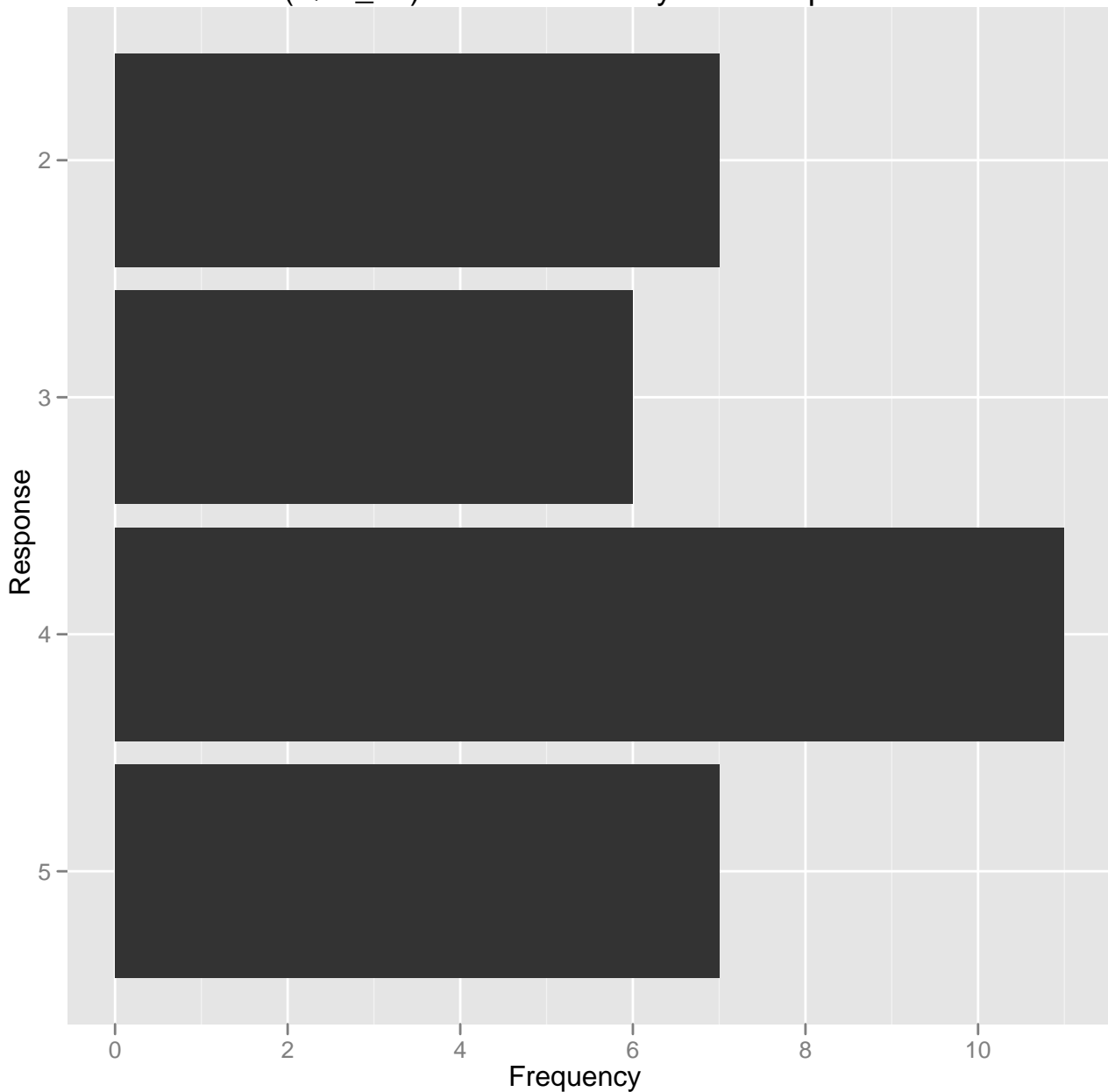
P089 (Q50_8):I relinquished rational control of myself and listened to my body



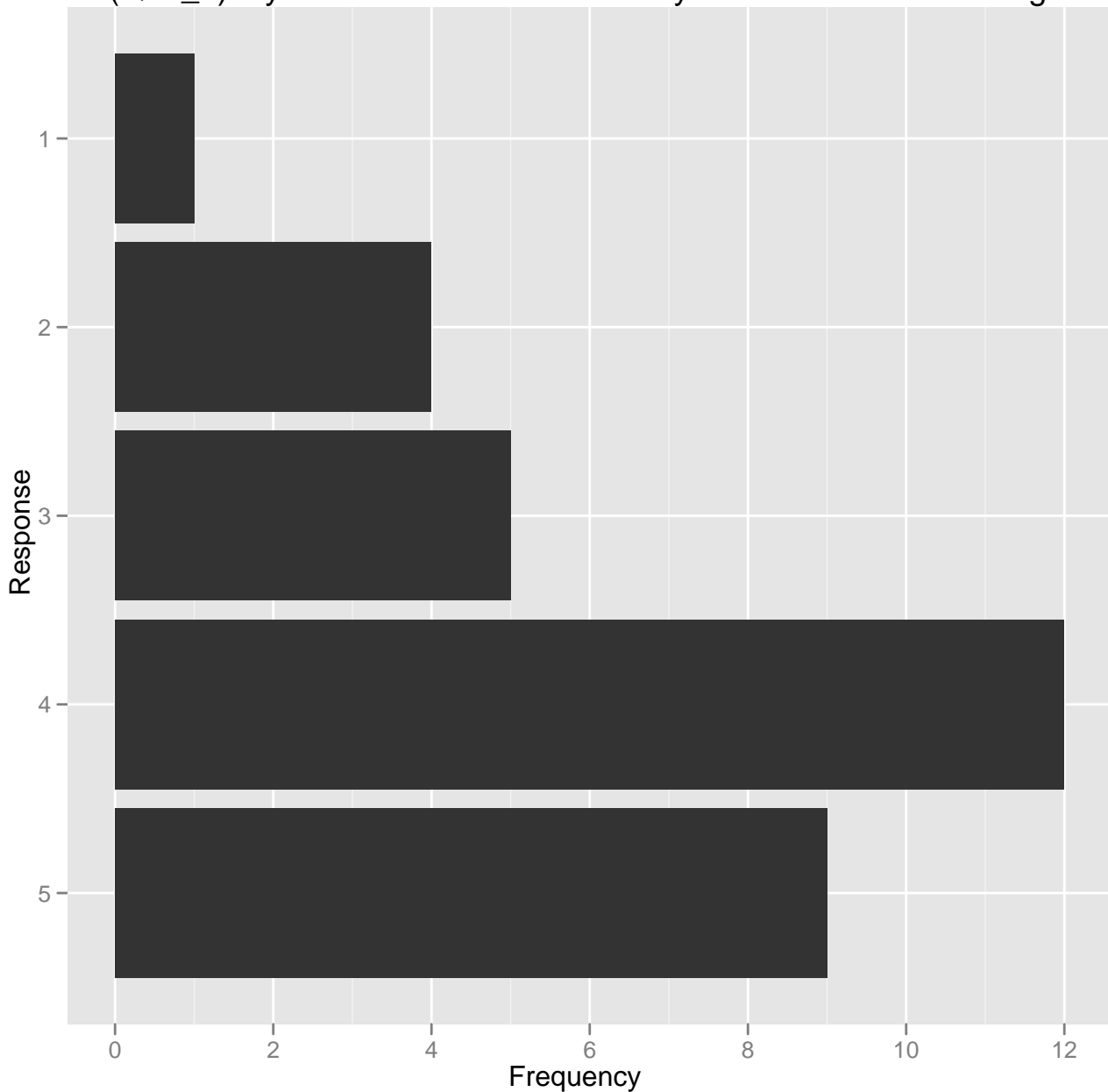
P090 (Q50_9):My partner and I felt intimate



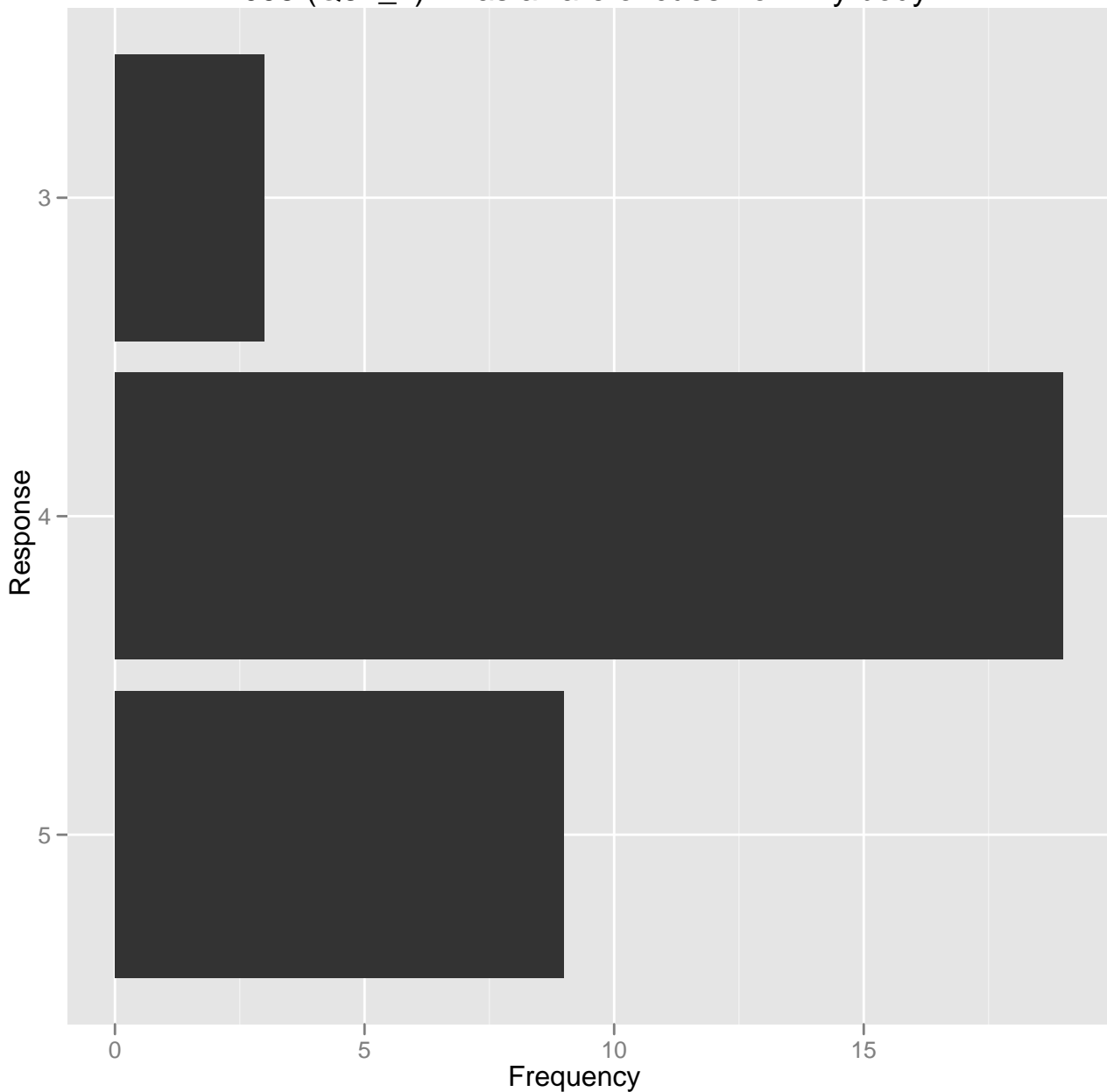
P091 (Q50_10):I behaved in ways that surprised me



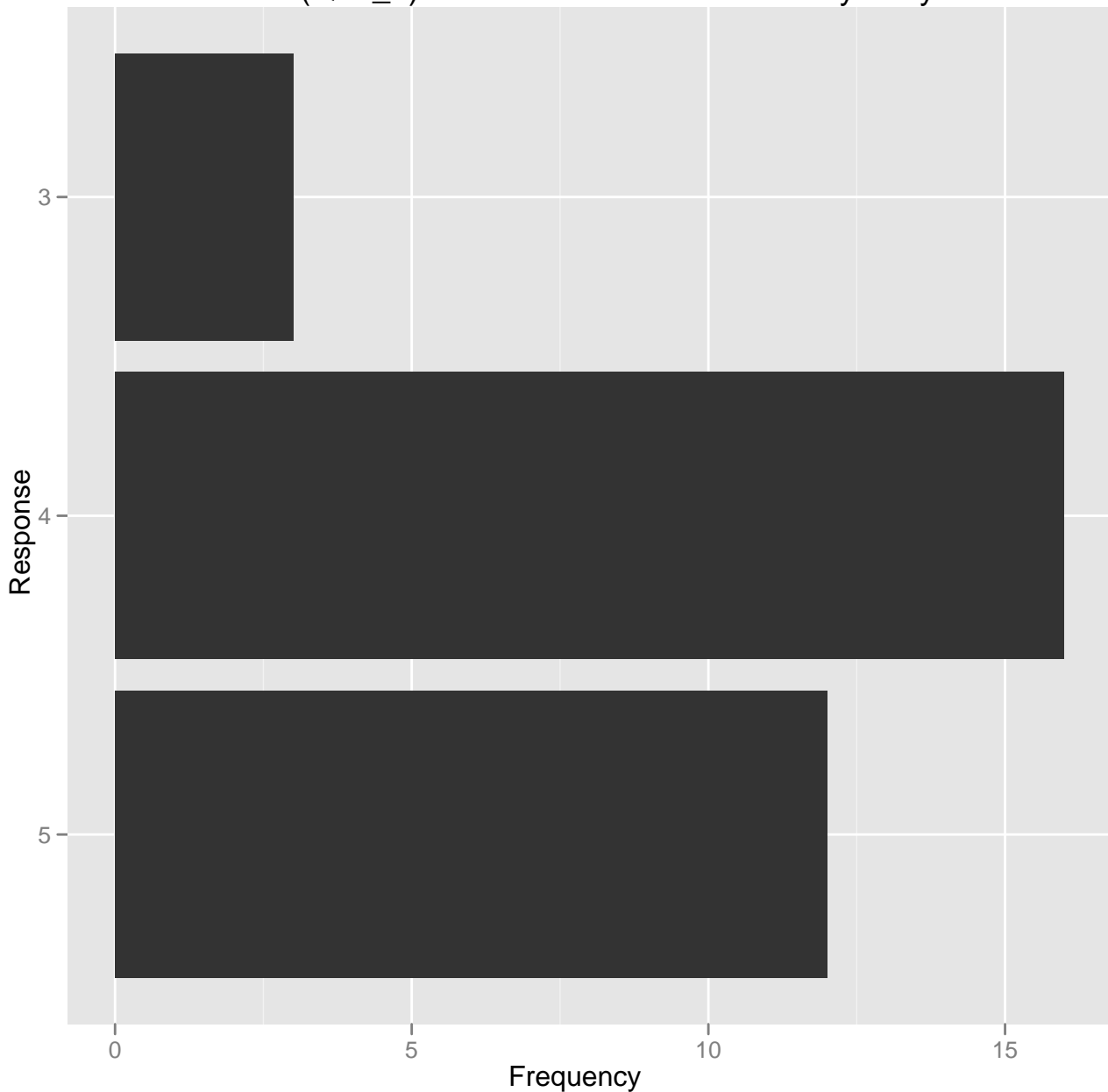
P092 (Q51_1):My birth environment was ...my turf... and I was in charge of it



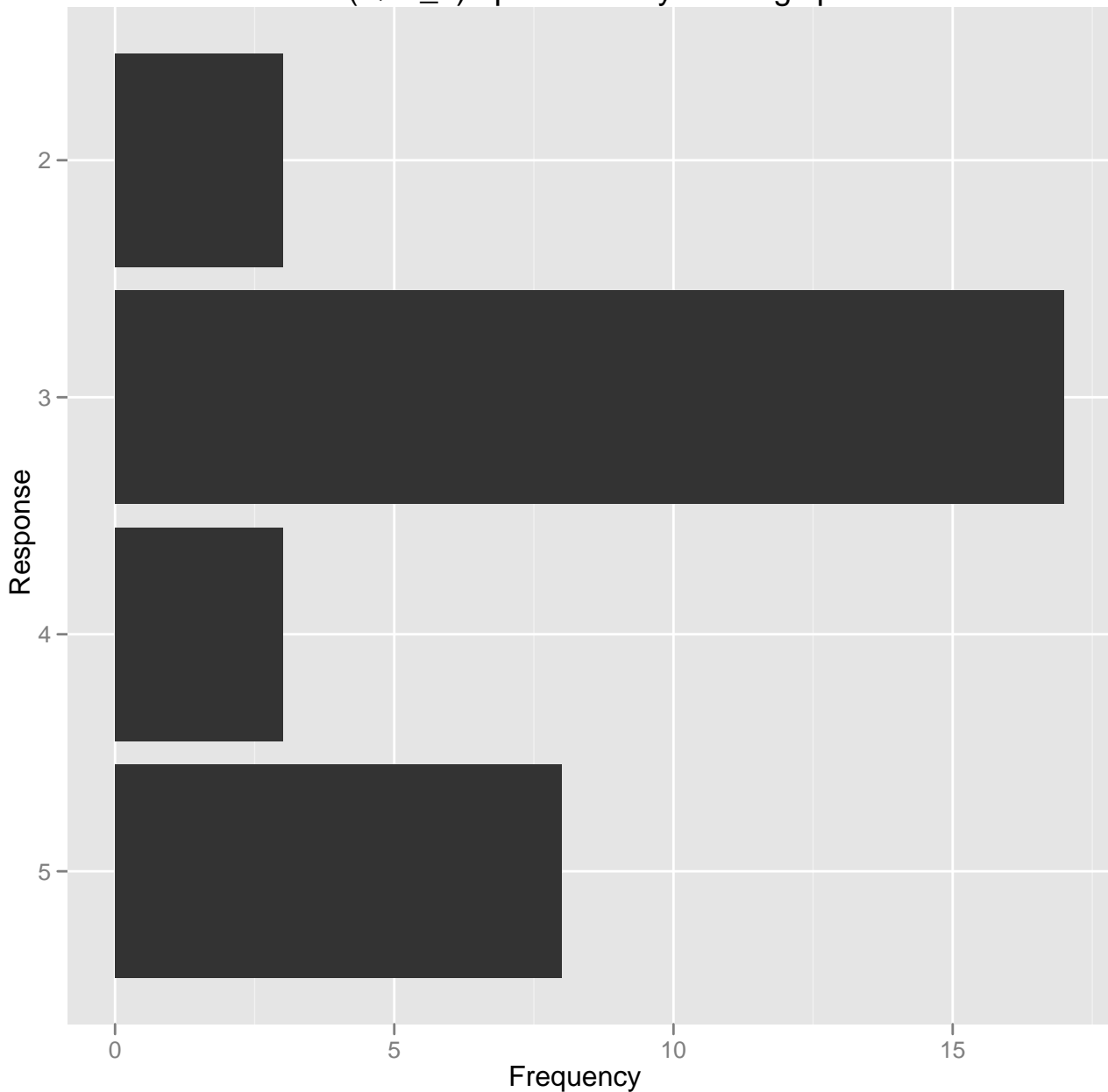
P093 (Q51_2):I was aware of cues from my body



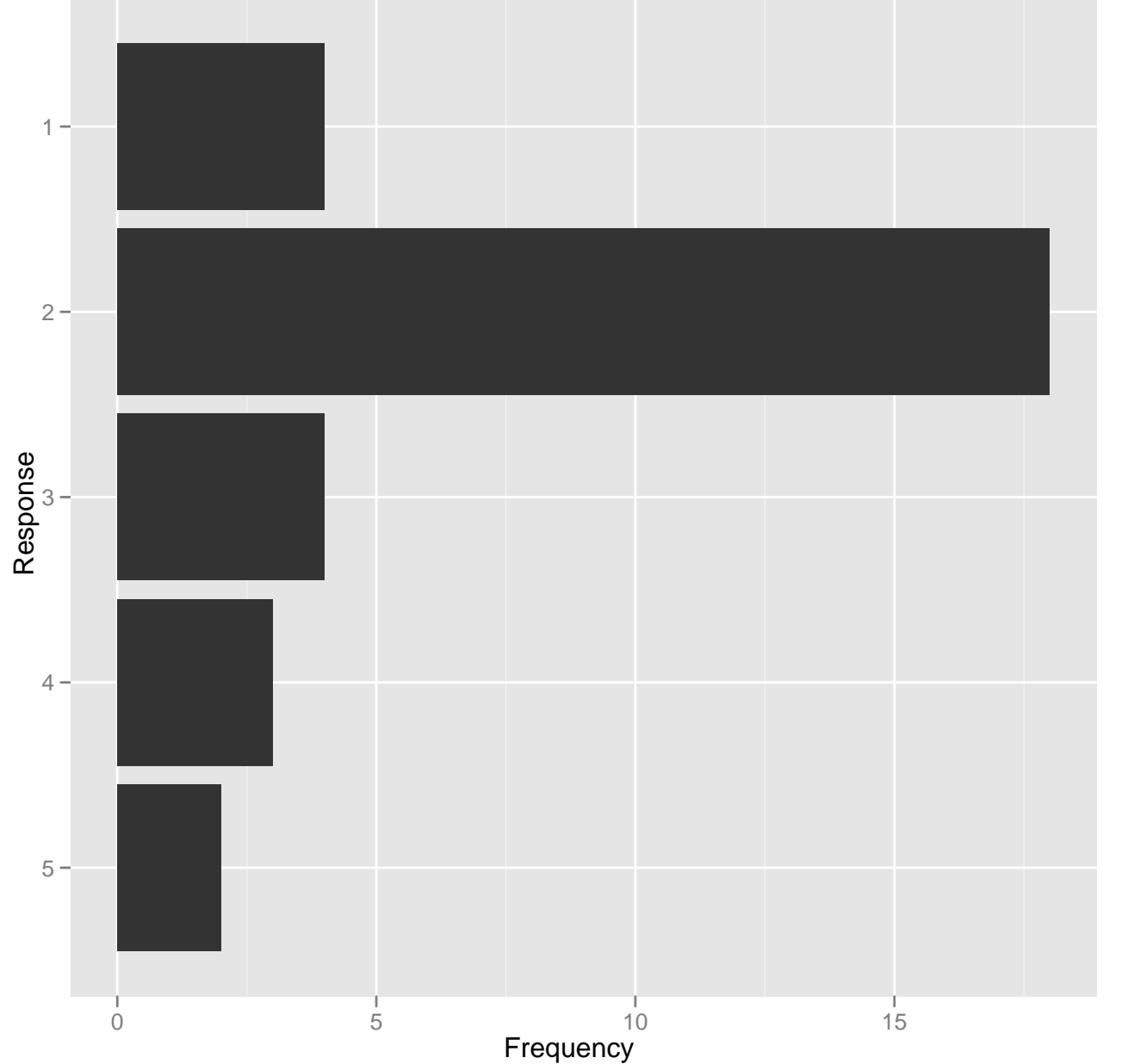
P094 (Q51_3):I listened to the cues from my body



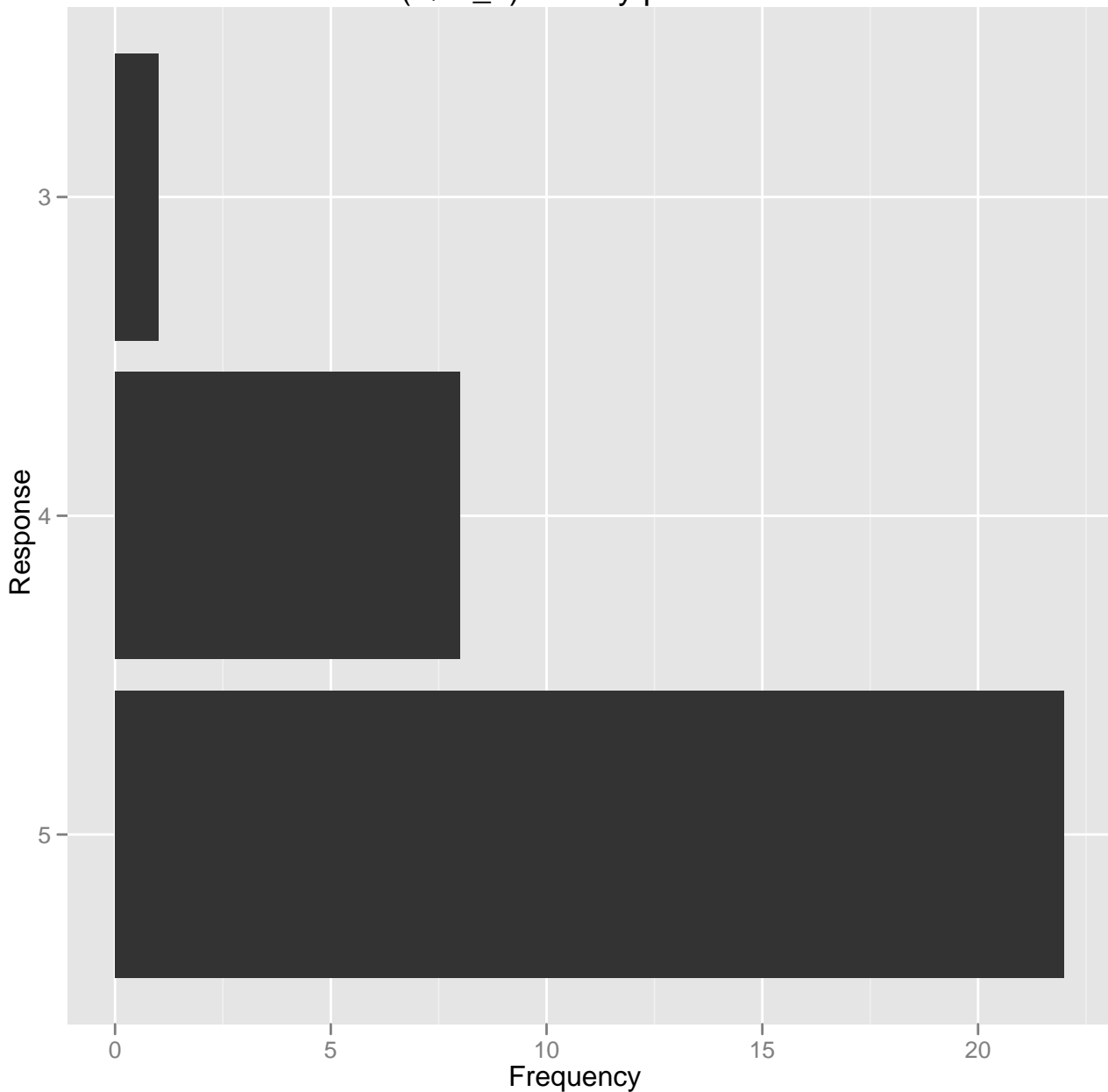
P095 (Q51_4):I protected by birthing space



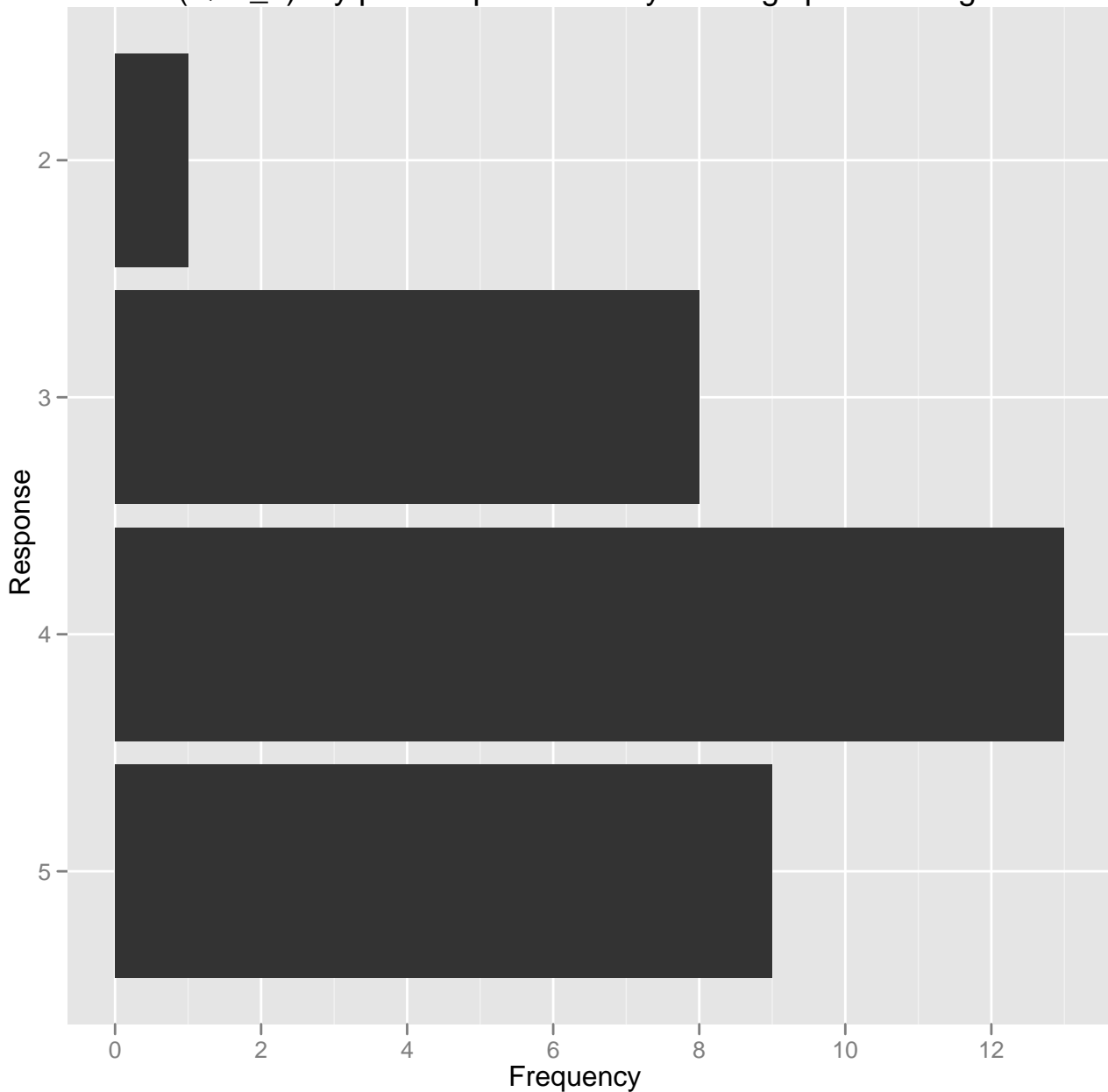
P096 (Q51_5):I could not respond to others if they talked or asked me questions



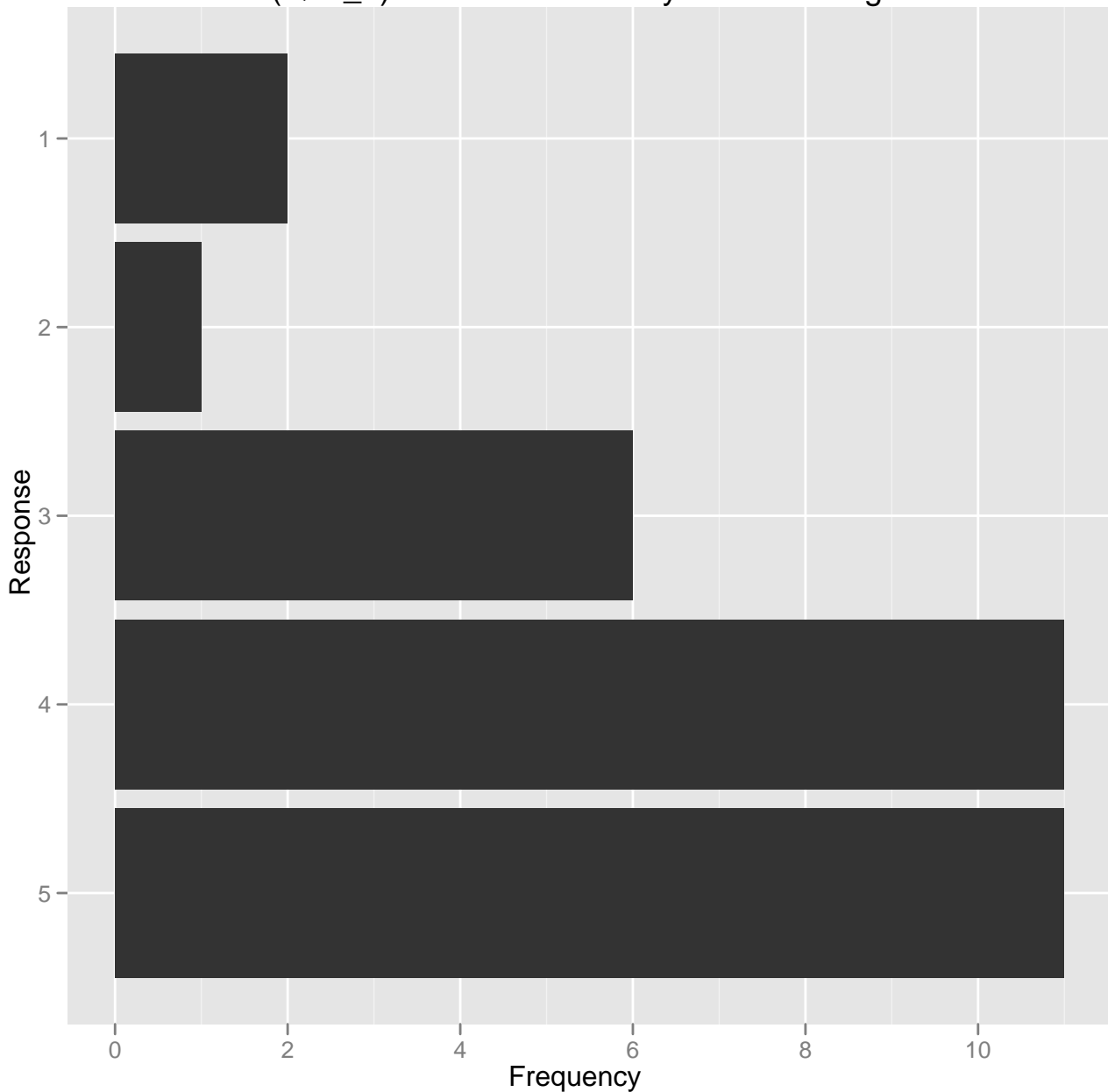
P097 (Q51_6):I let my partner down



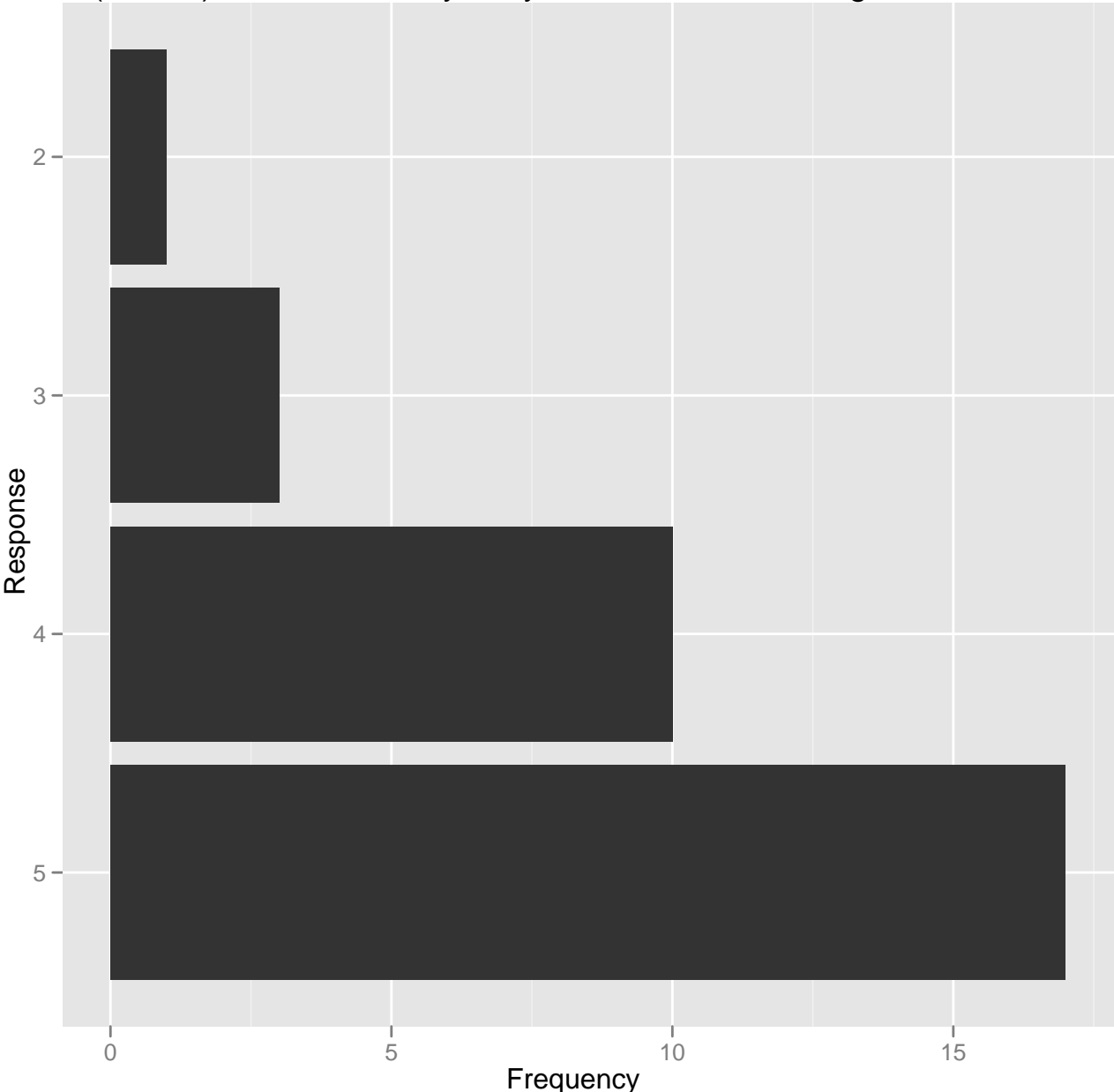
P098 (Q51_7):My partner protected my birthing space during labor



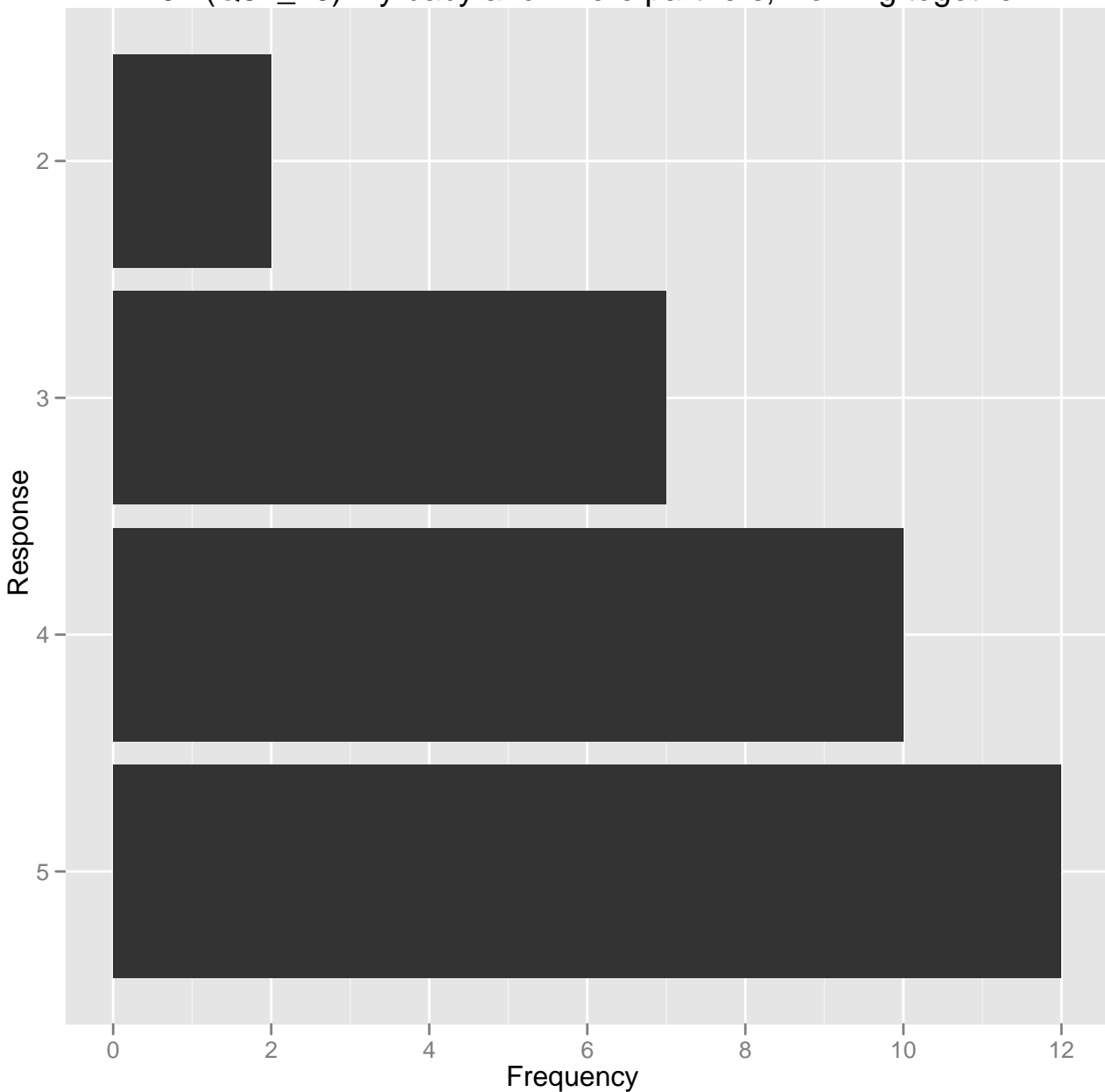
P099 (Q51_8):I felt inhibited in my noises during labor



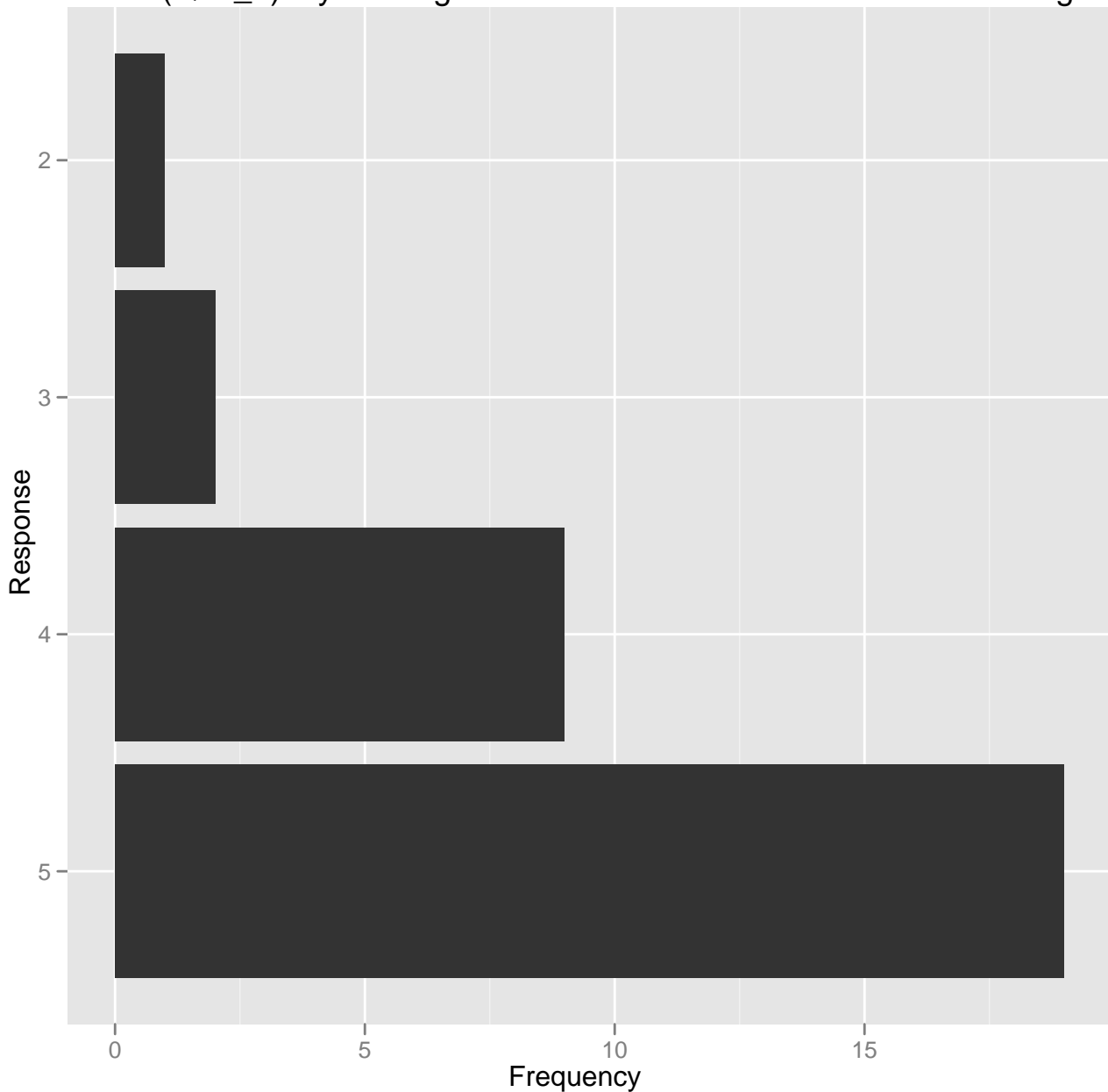
P100 (Q51_9):I believe that my body holds the wisdom to give birth on its own



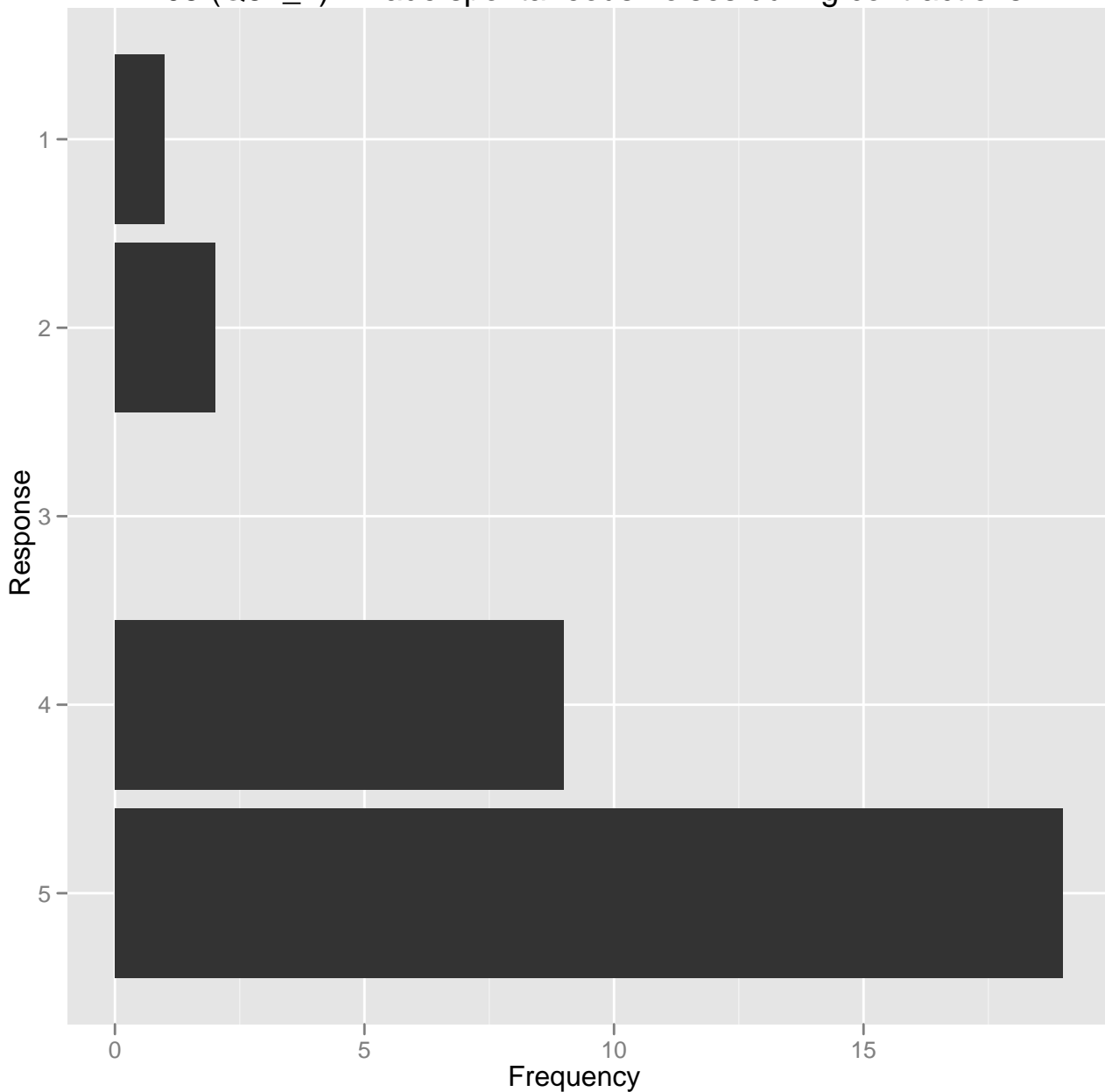
P101 (Q51_10):My baby and I were partners, working together



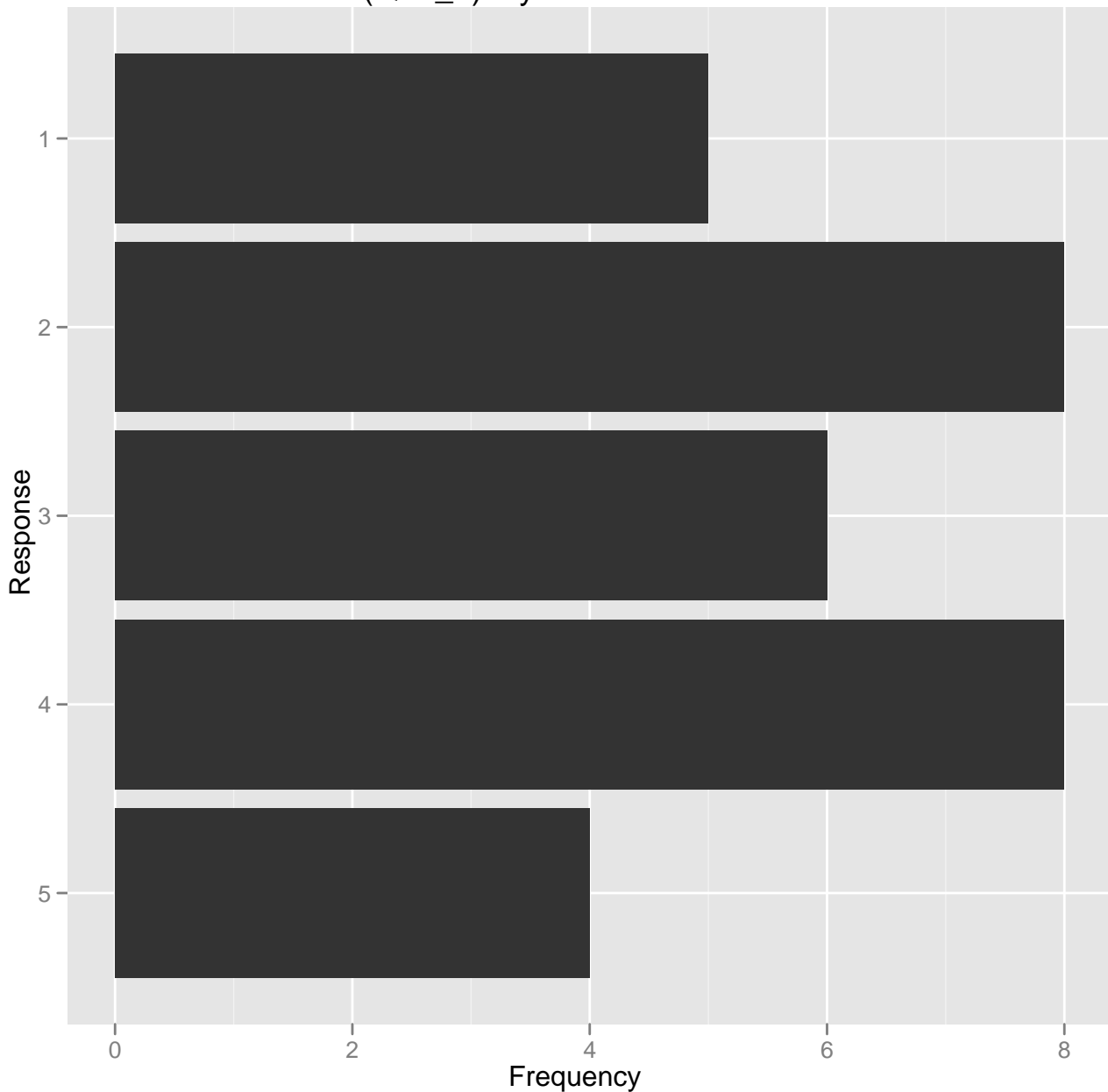
P102 (Q52_1):My birthing environment was comfortable and relaxing



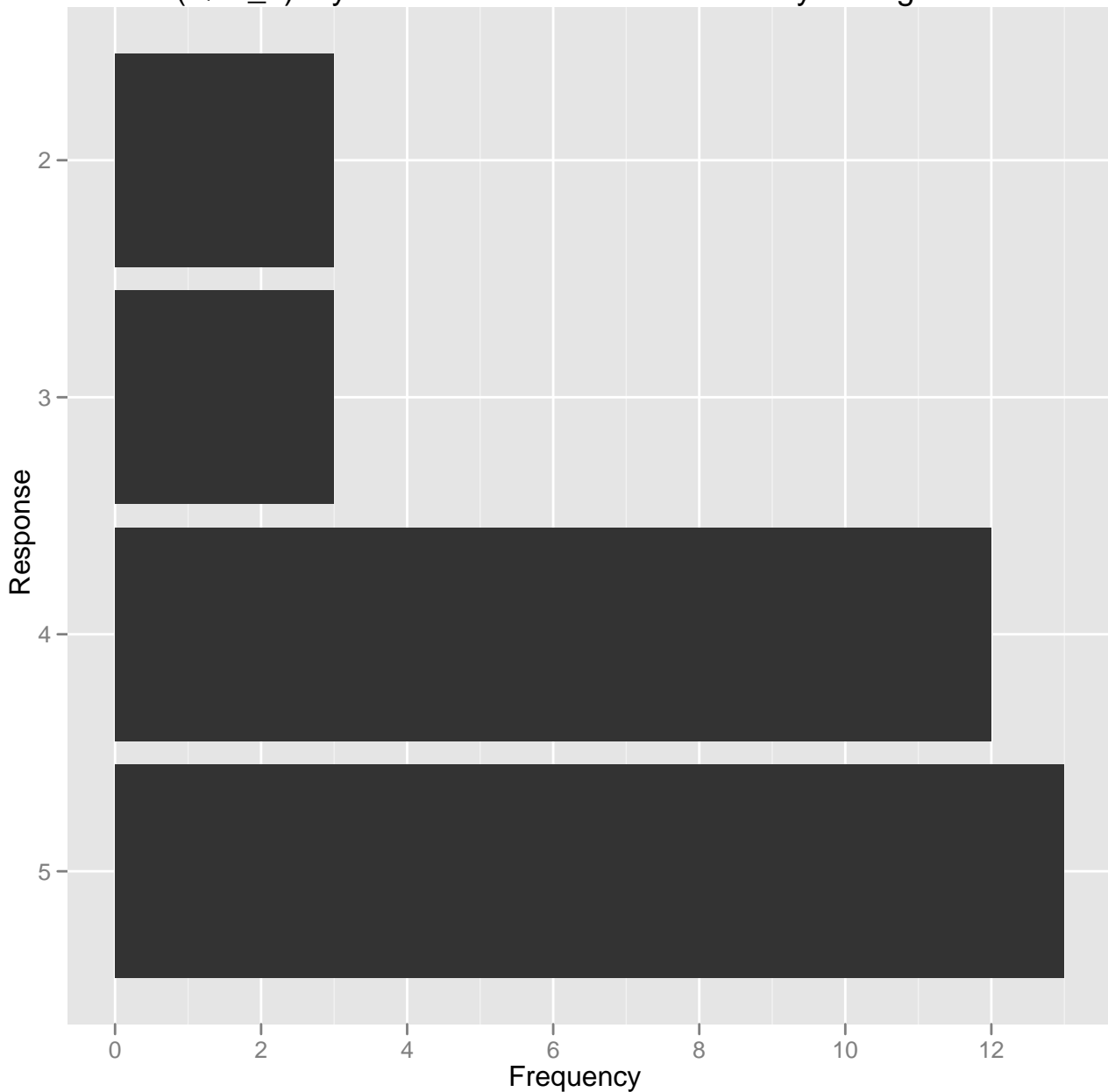
P103 (Q52_2):I made spontaneous noises during contractions



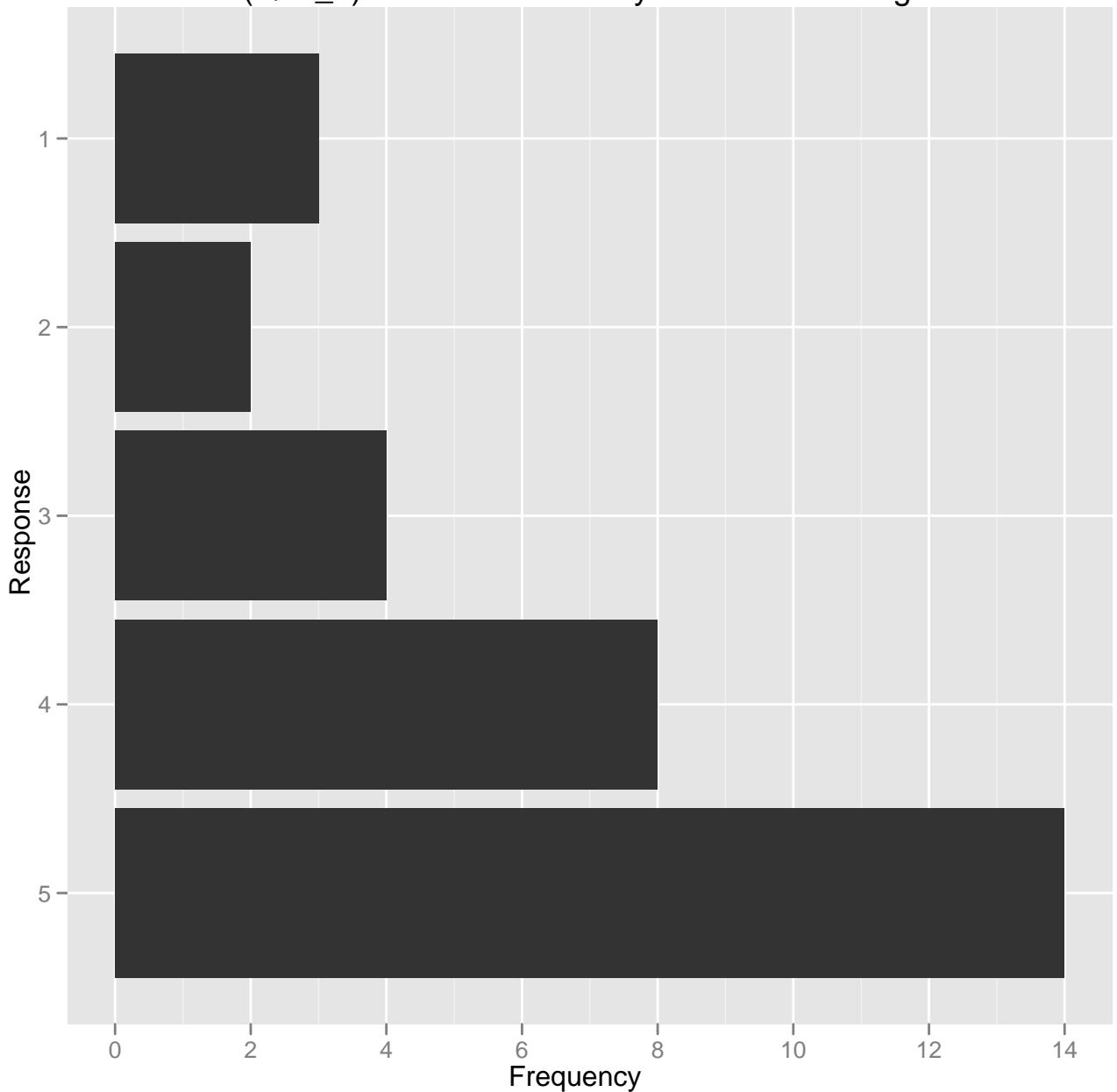
P104 (Q52_3):My sense of self dissolved



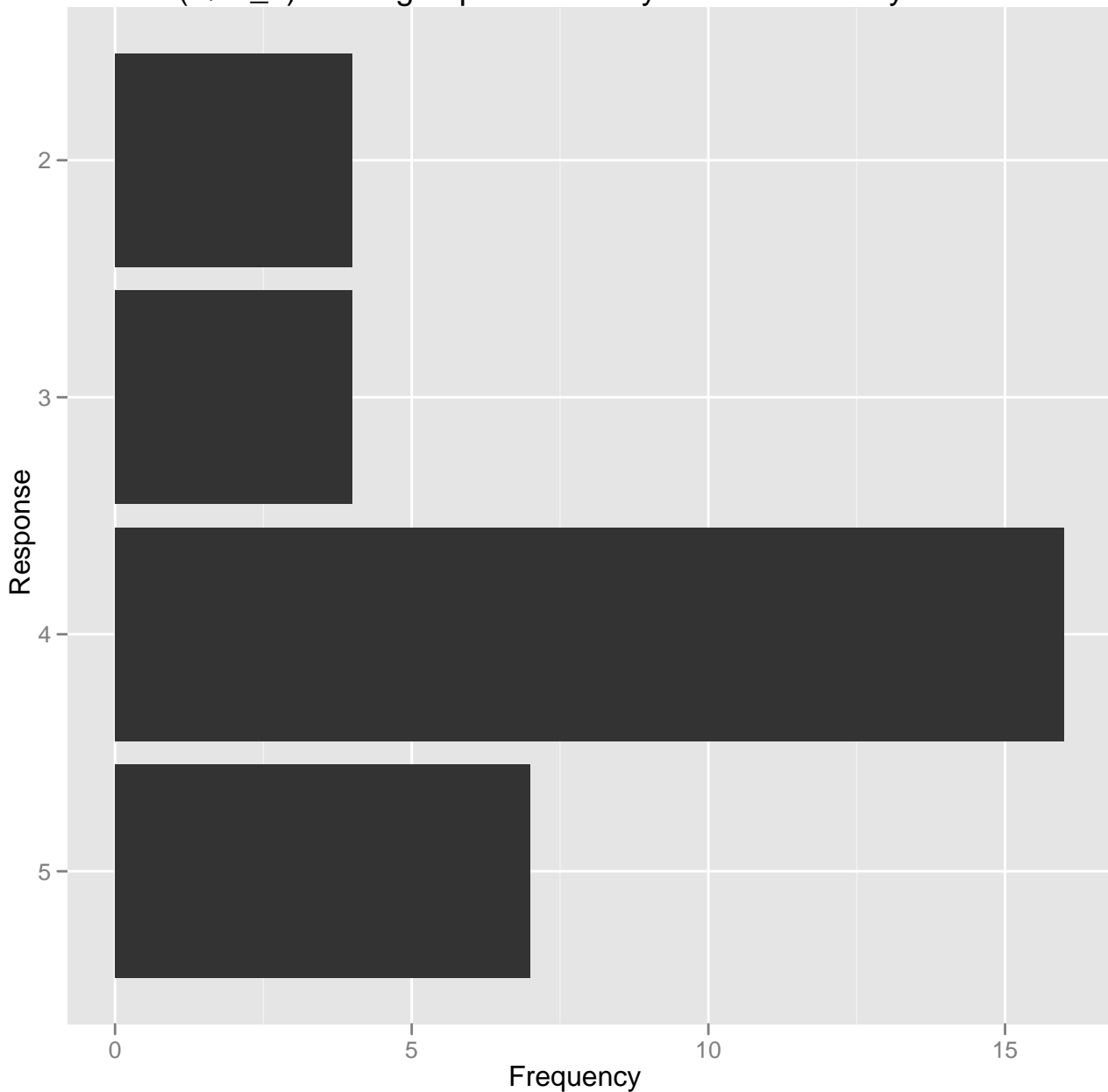
P105 (Q52_4):My attention was focused internally throughout labor



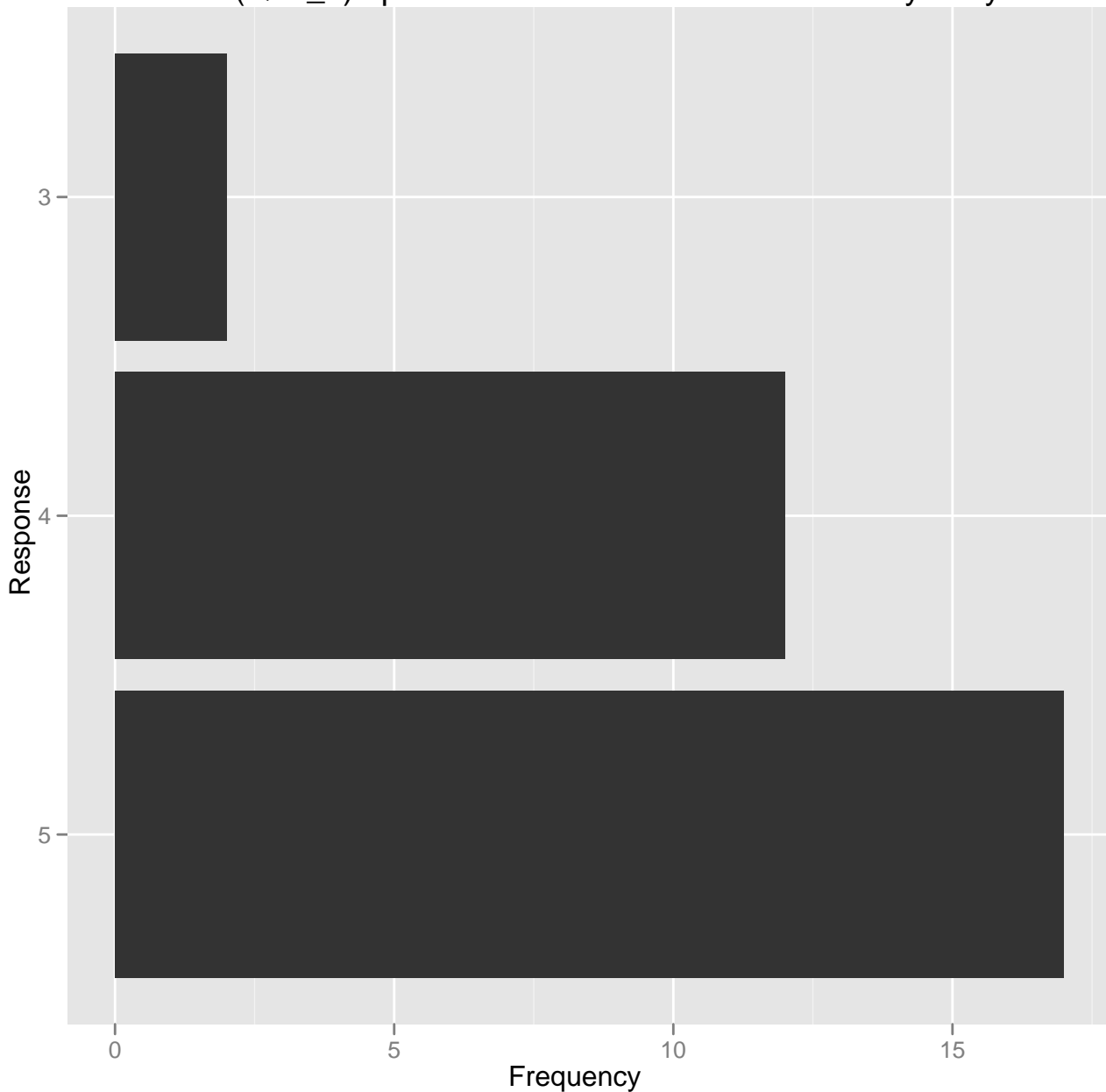
P106 (Q52_5):I felt inhibited in my movement during labor



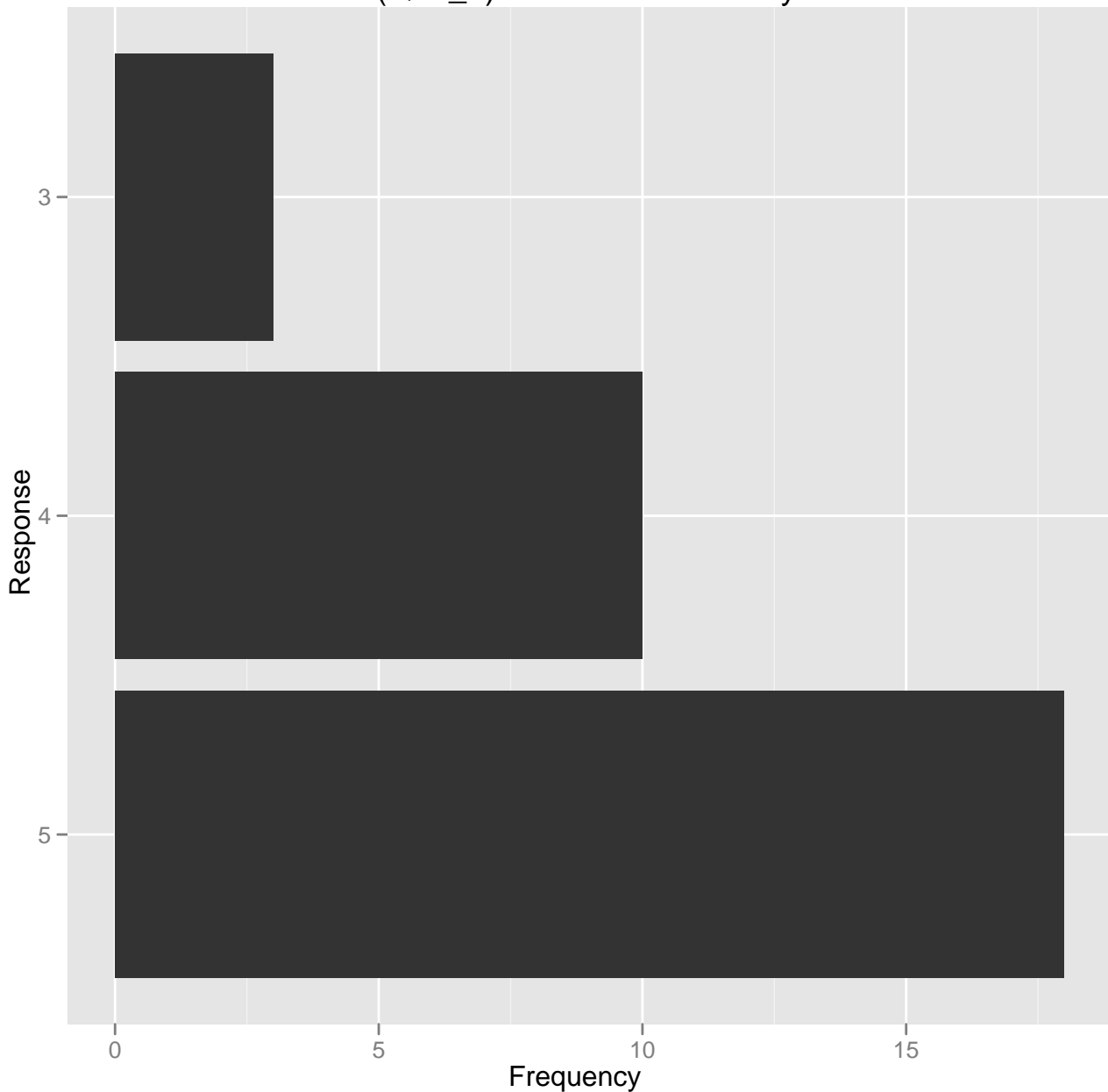
P107 (Q52_6):I changed positions only when somebody told me to



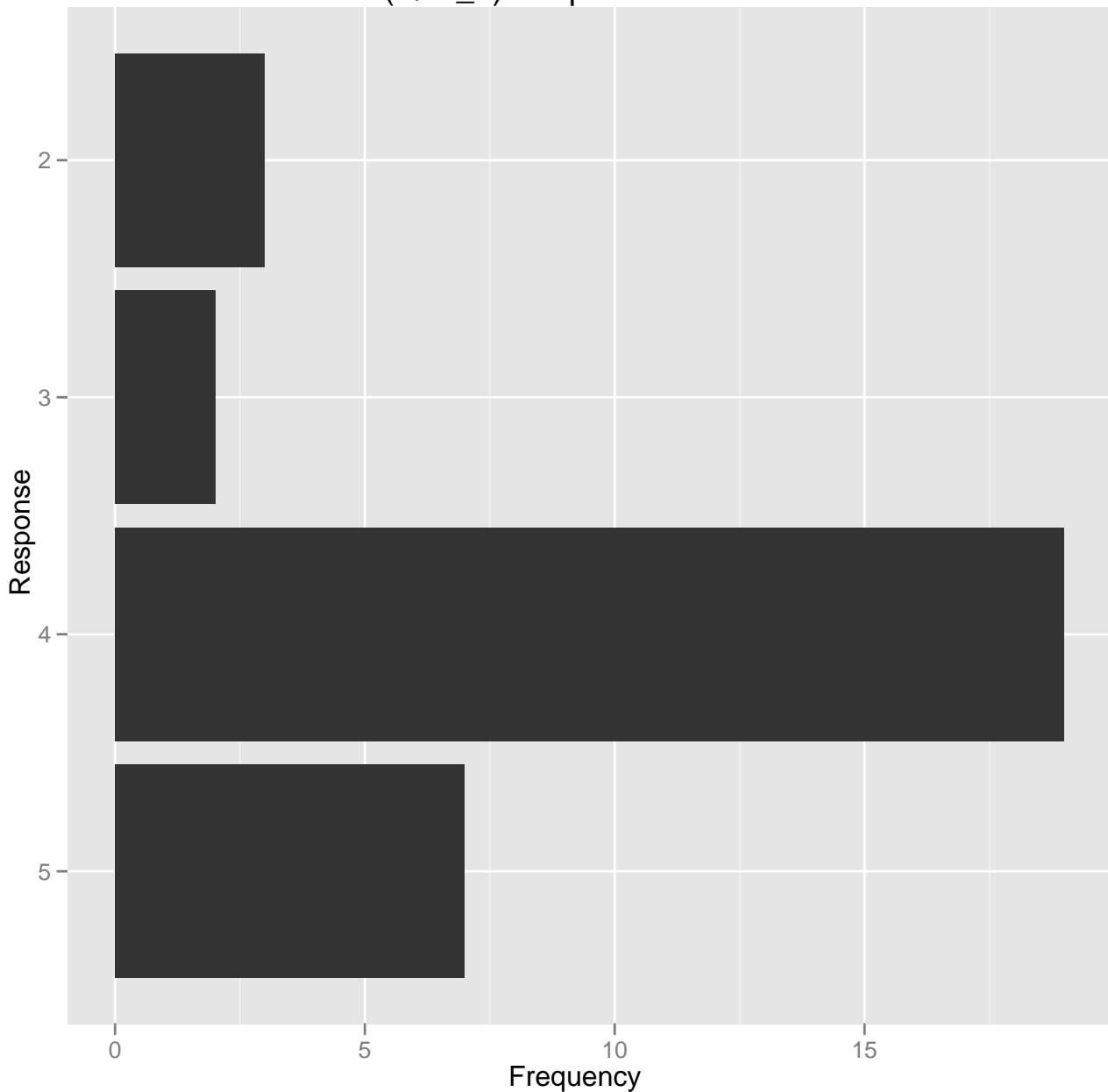
P108 (Q52_7):I paid attention to the sensations in my body



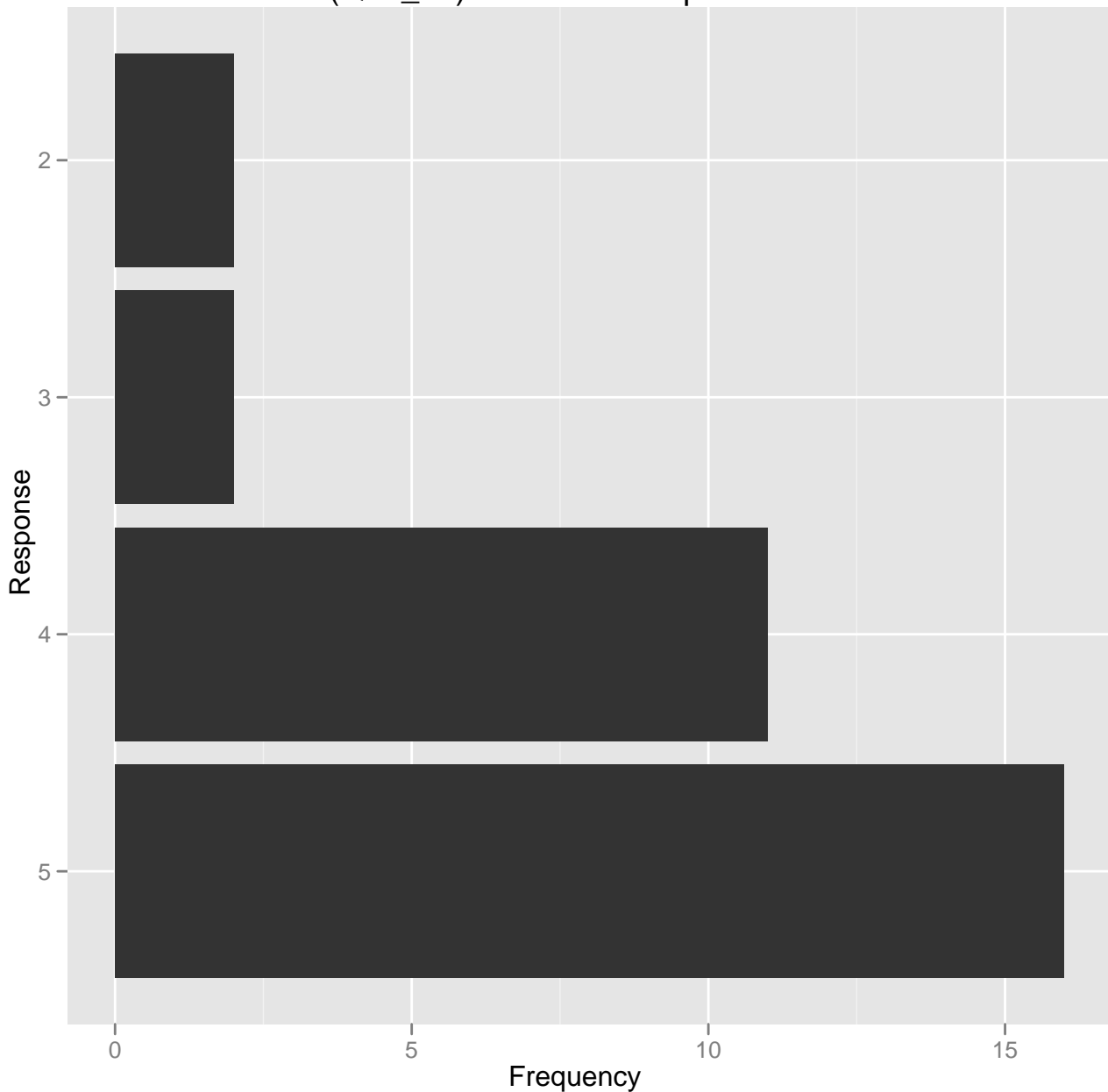
P109 (Q52_8):I was able to "be myself"



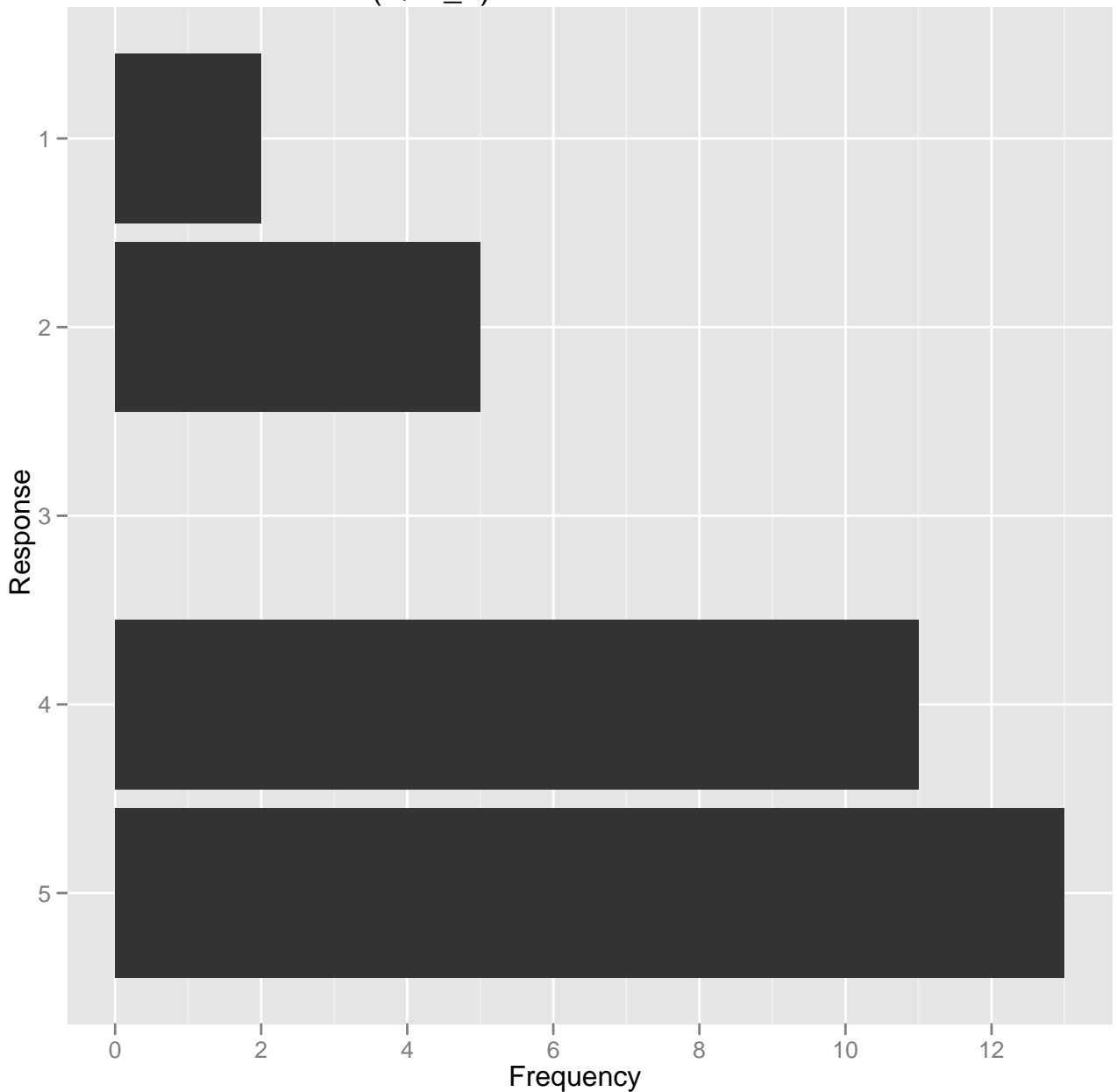
P110 (Q52_9):People talked too much



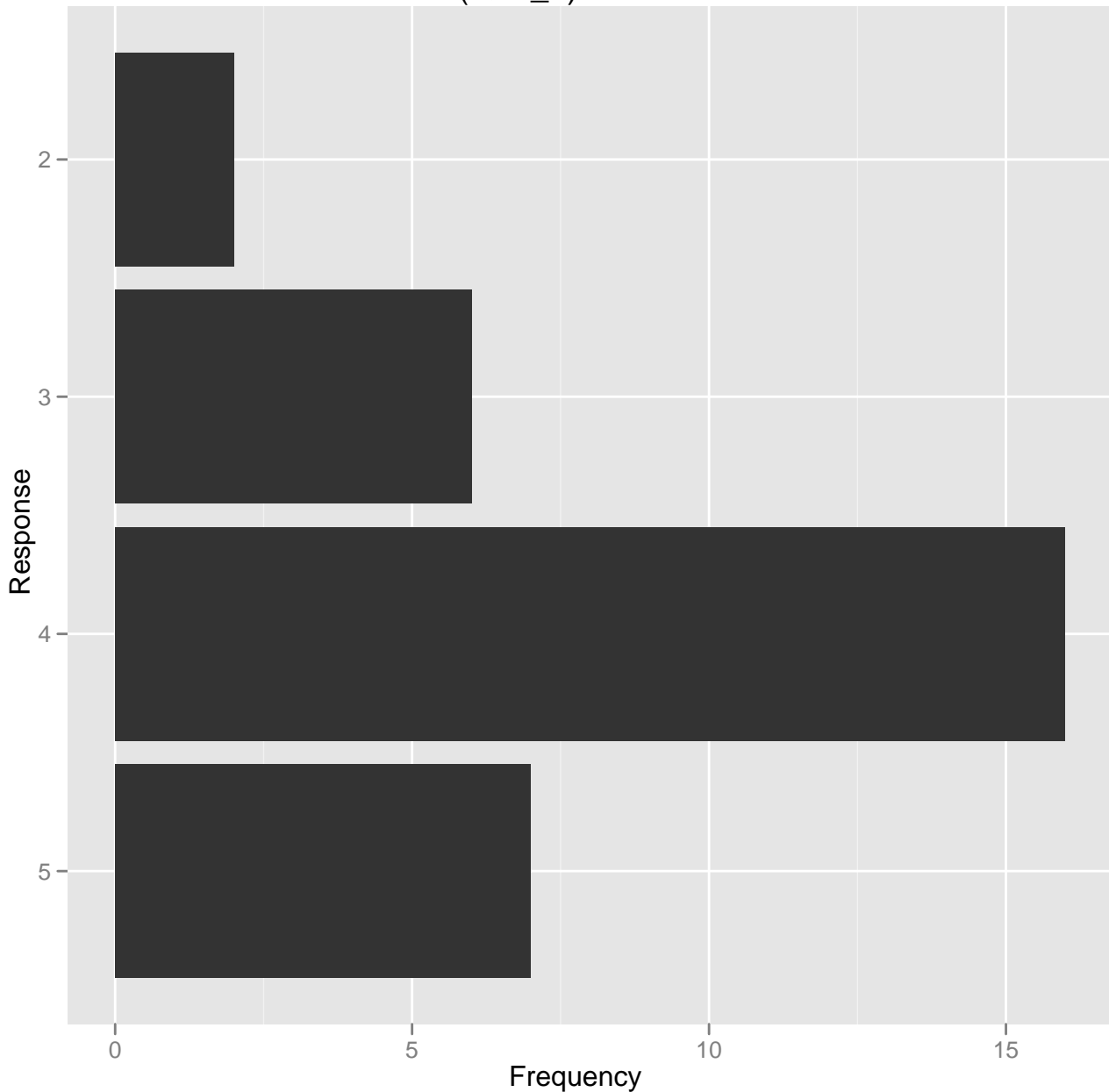
P111 (Q52_10):I needed to impress someone



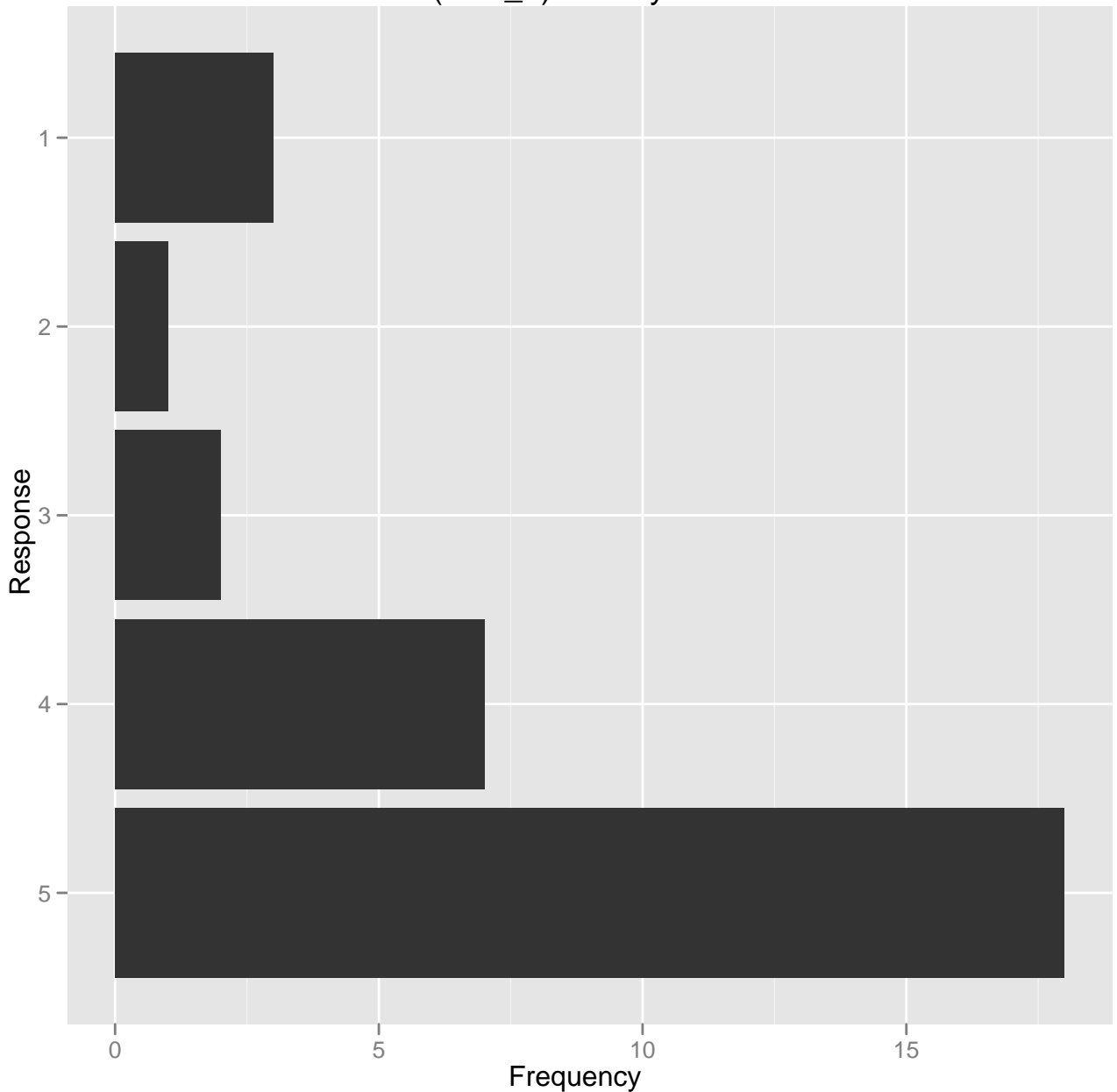
P112 (Q53_1):I moved around the room



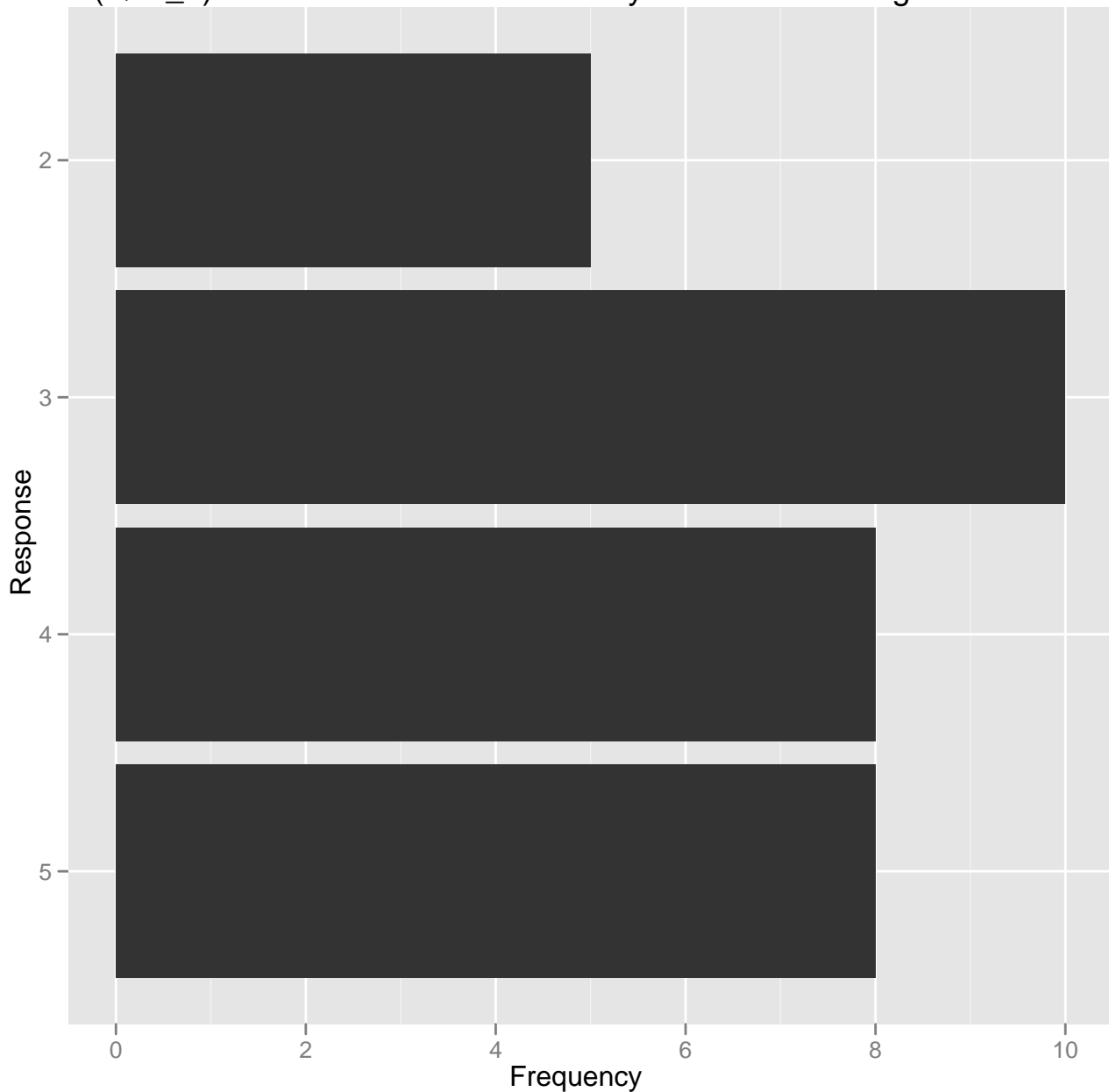
P113 (Q53_2):I was relaxed



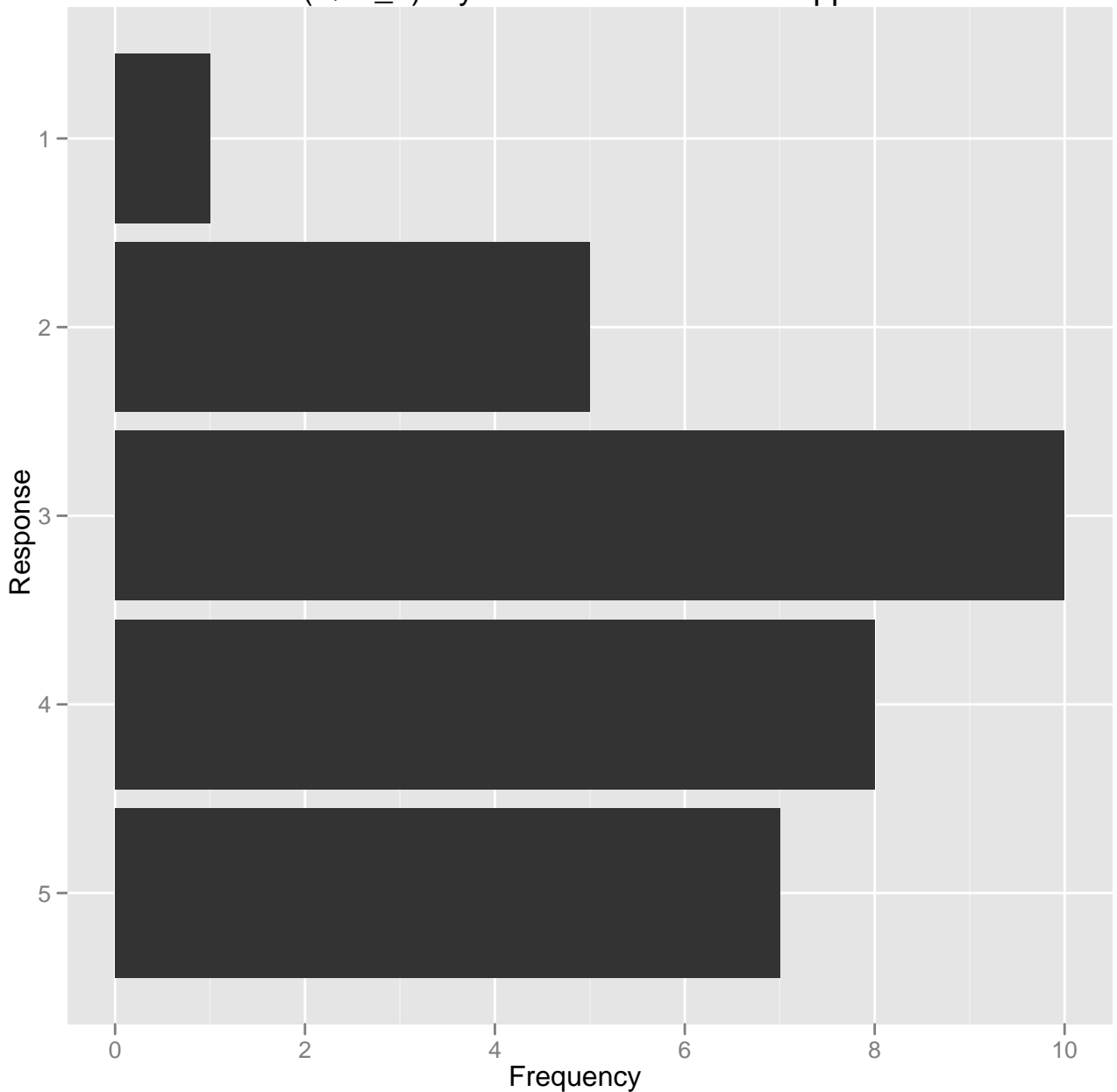
P114 (Q53_3):I let myself down



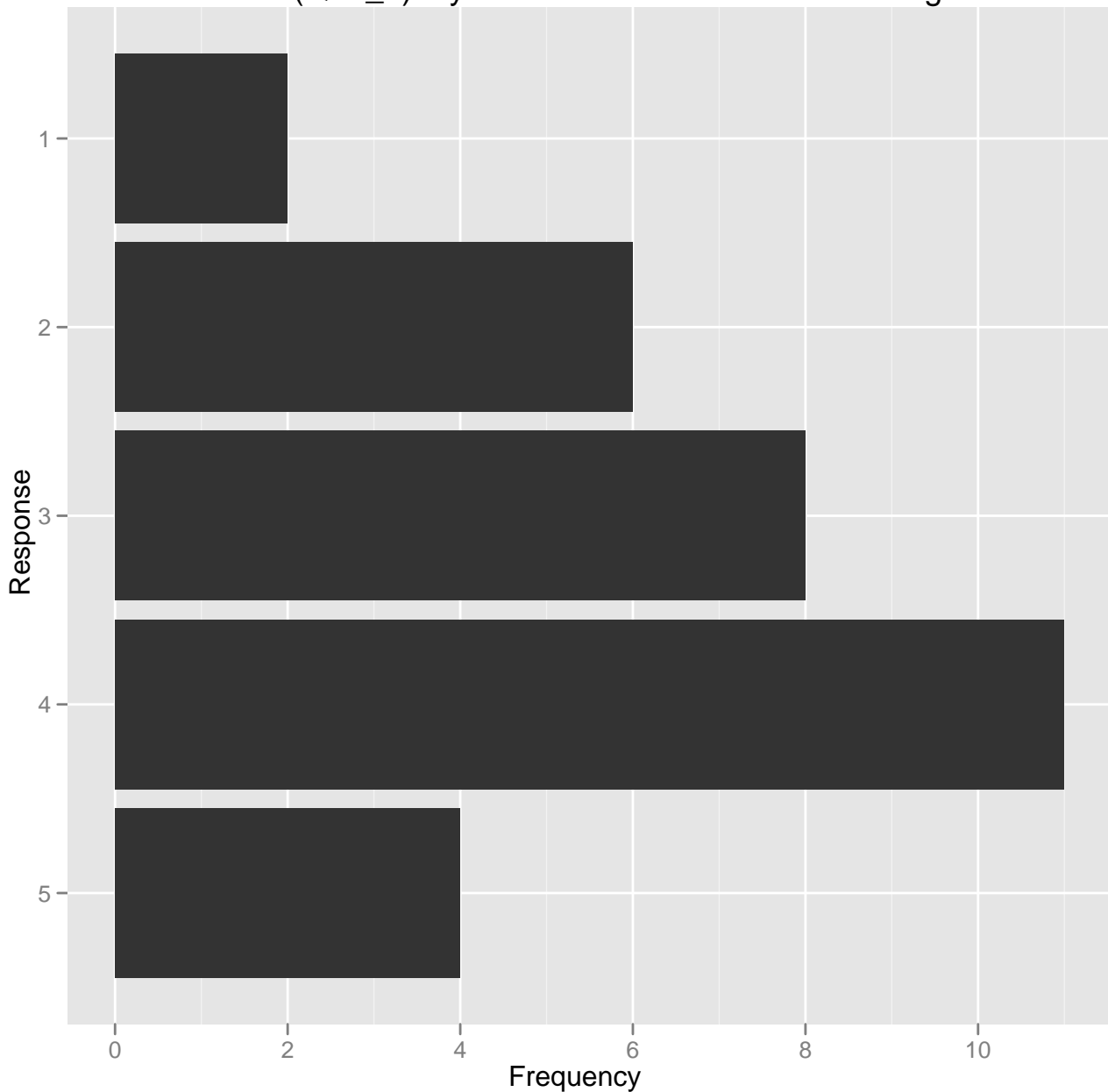
P115 (Q53_4):I moved around based on my intuitive knowledge of how to birth



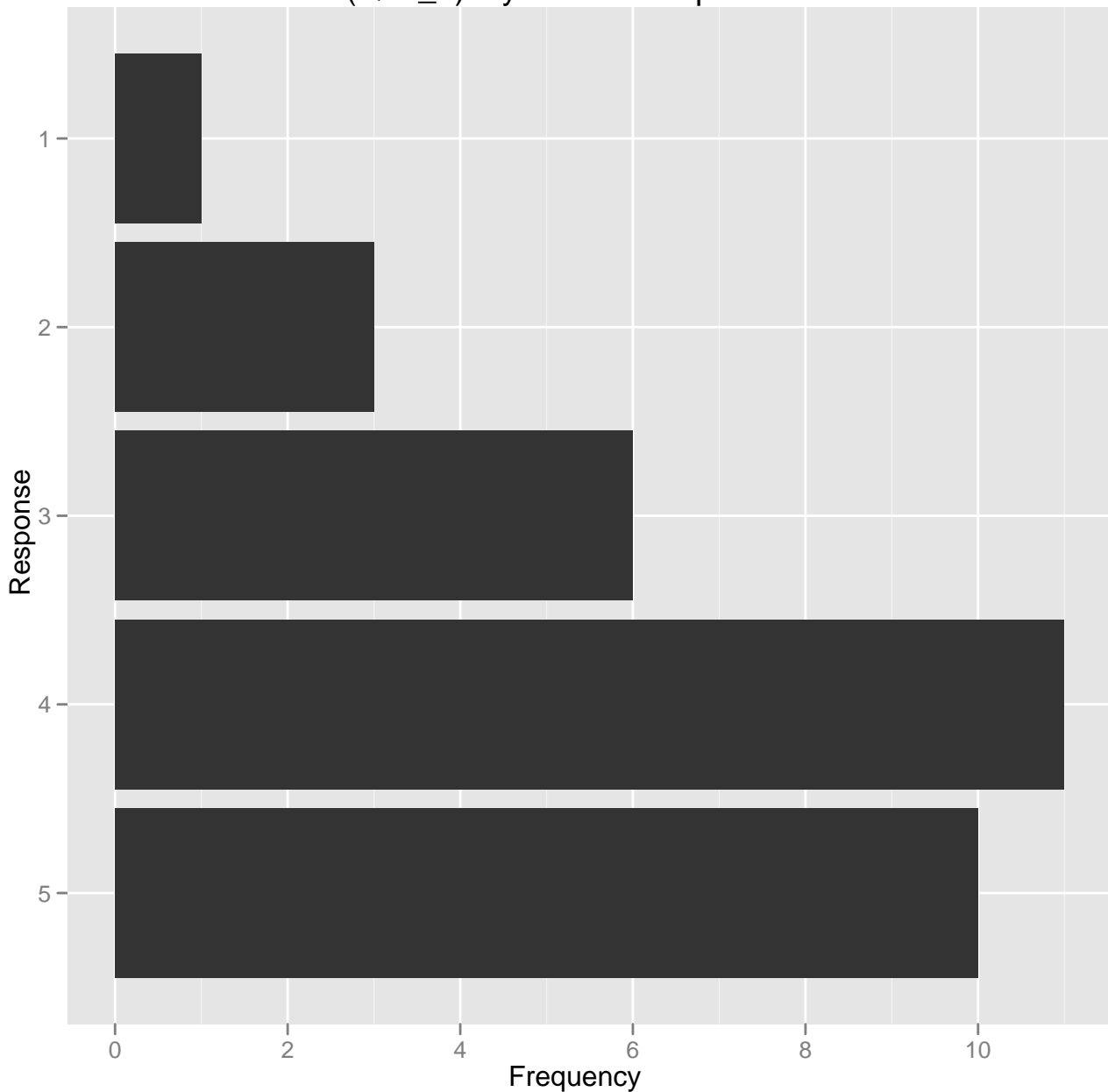
P116 (Q53_5):My ...mental chatter... disappeared



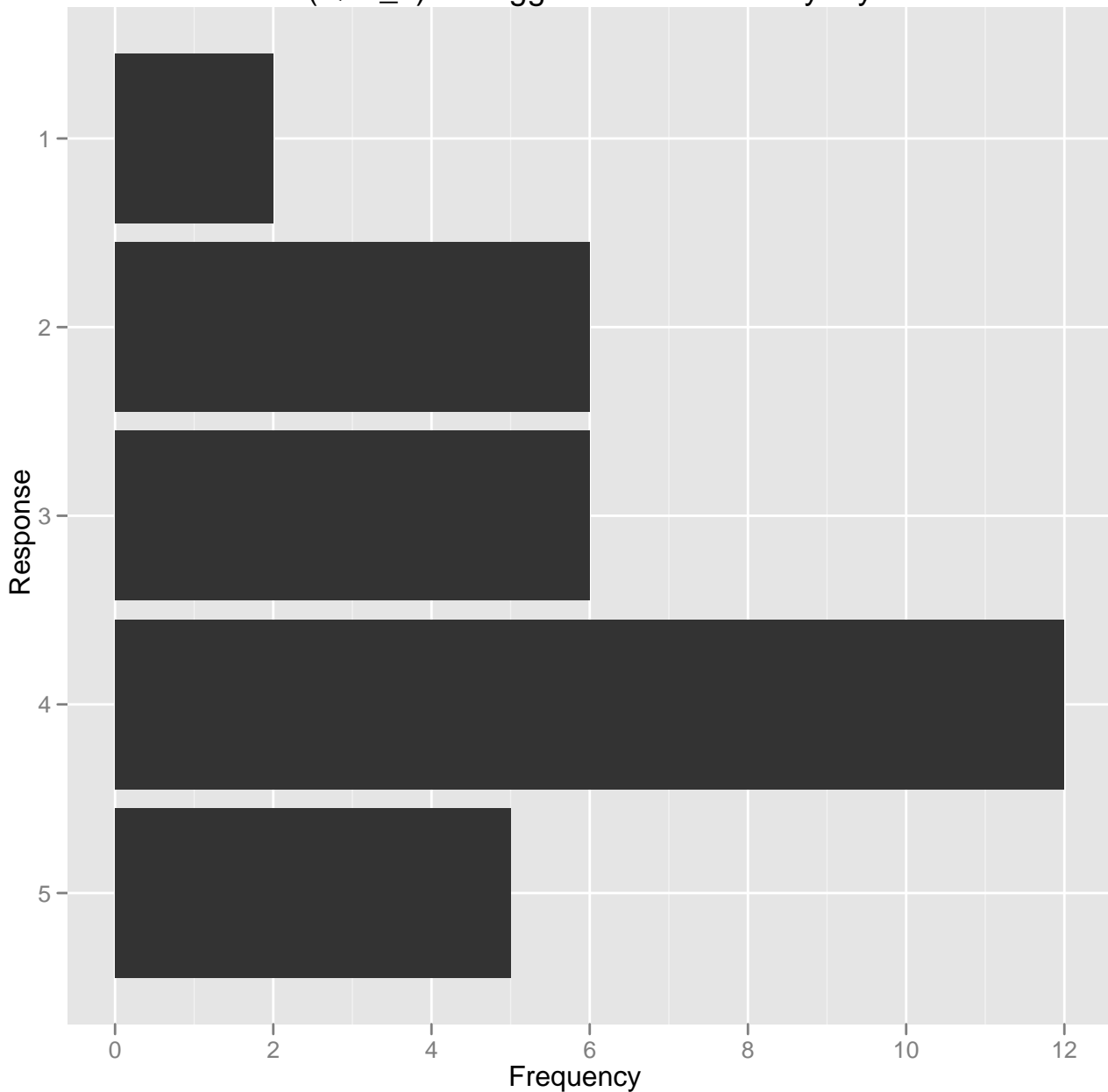
P117 (Q53_6):My emotions became overwhelming



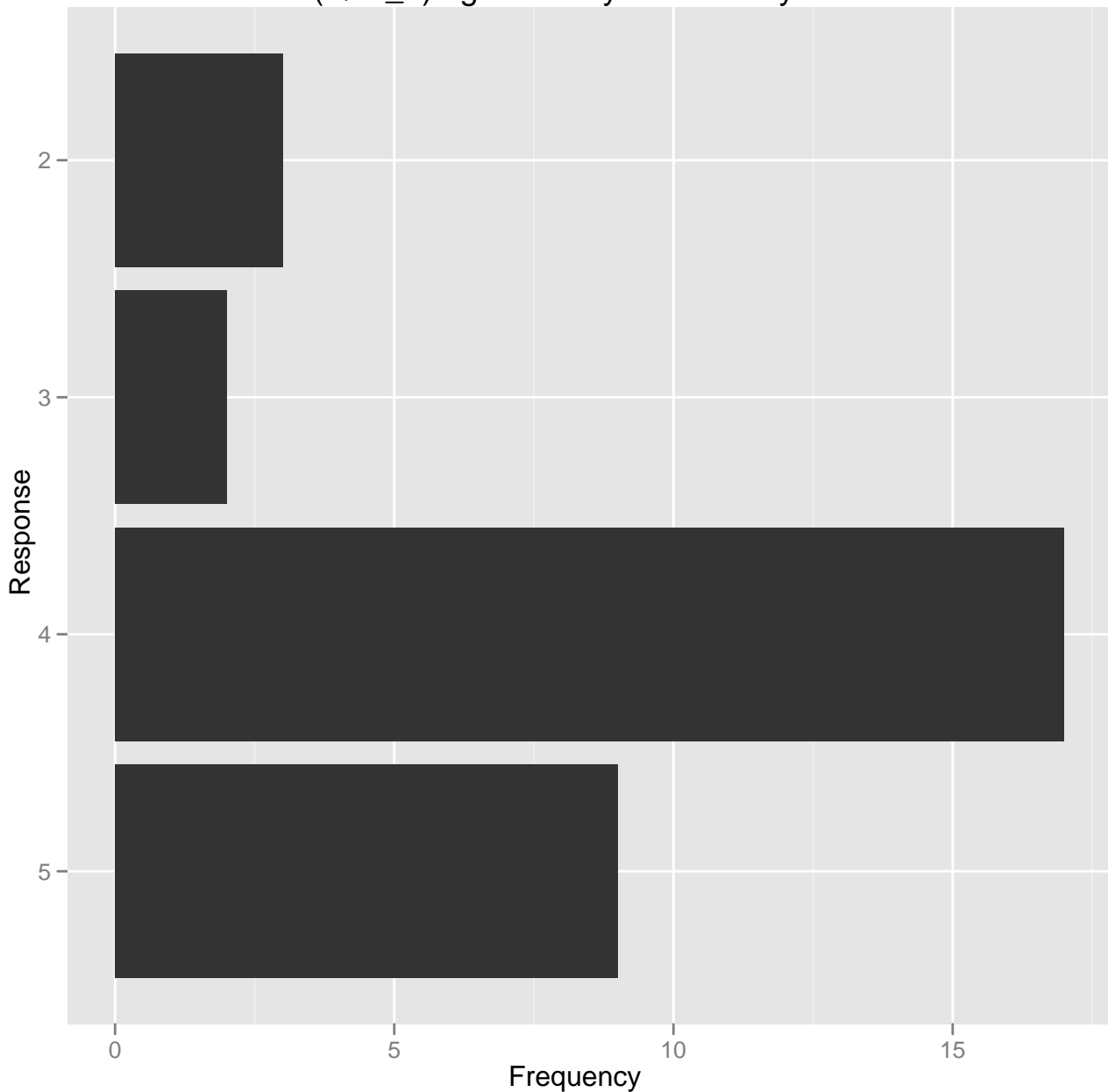
P118 (Q53_7):My birth was a private event



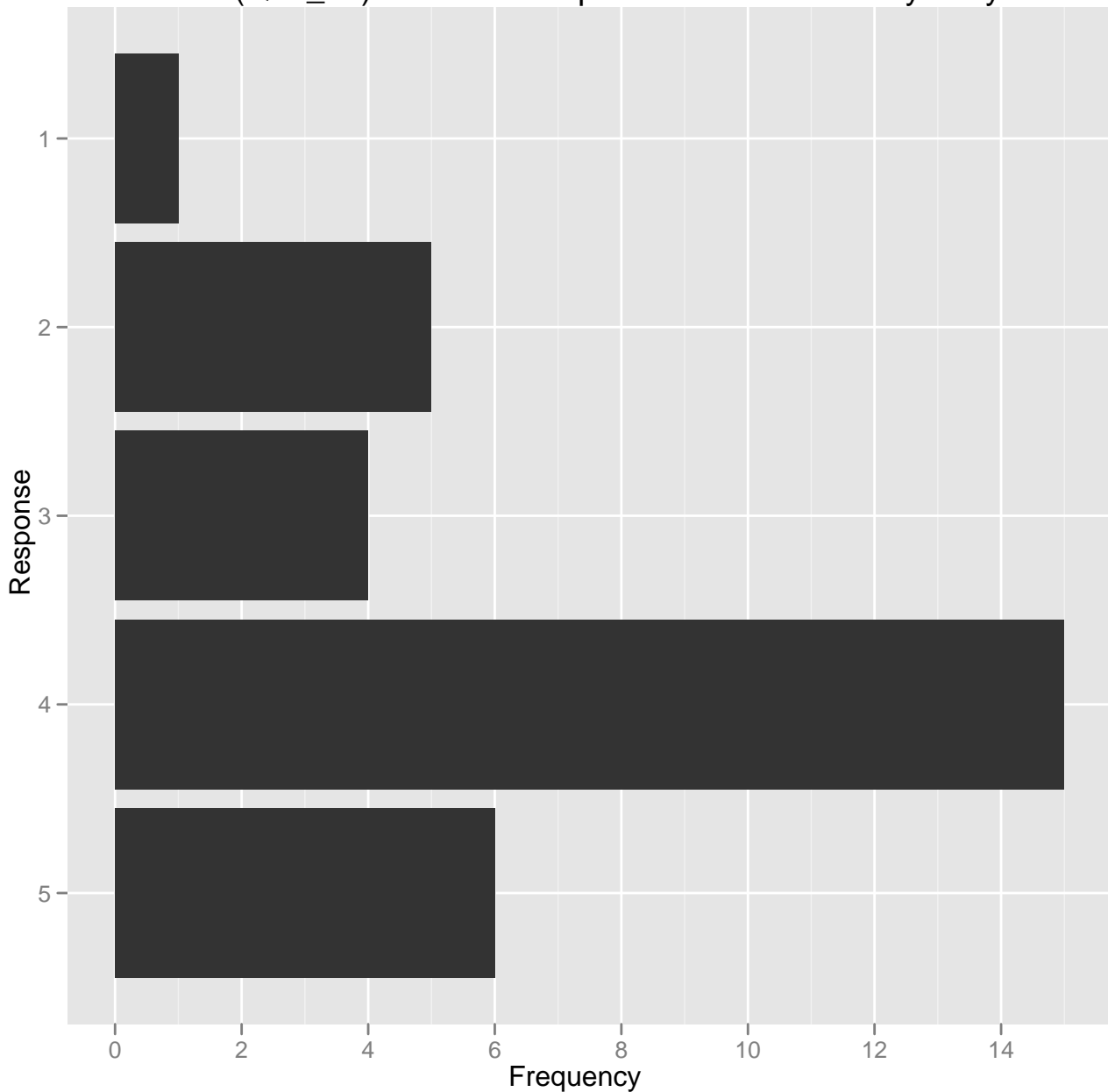
P119 (Q53_8):I struggled to find a steady rhythm



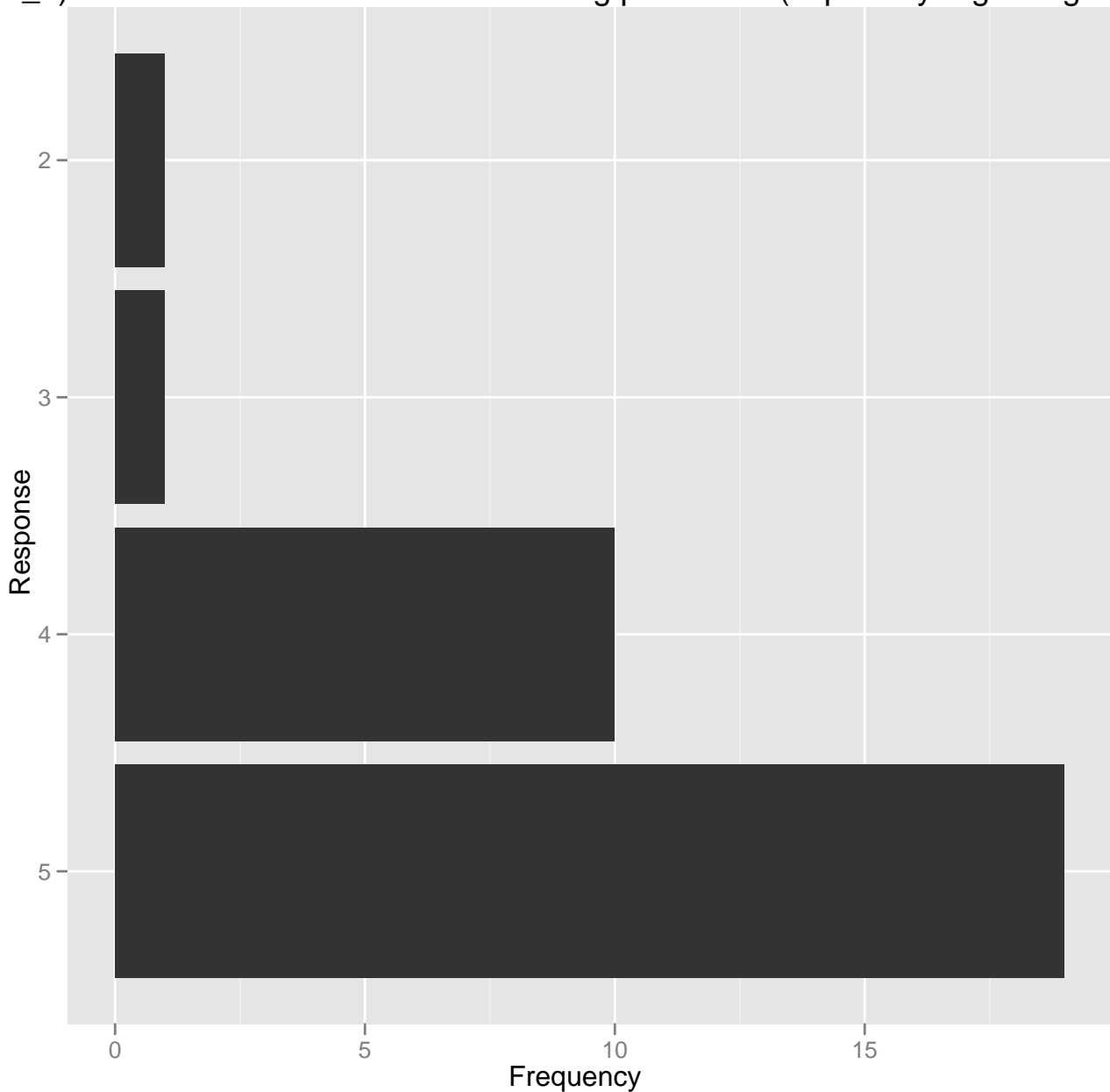
P120 (Q53_9):I gave it "my all" in every moment



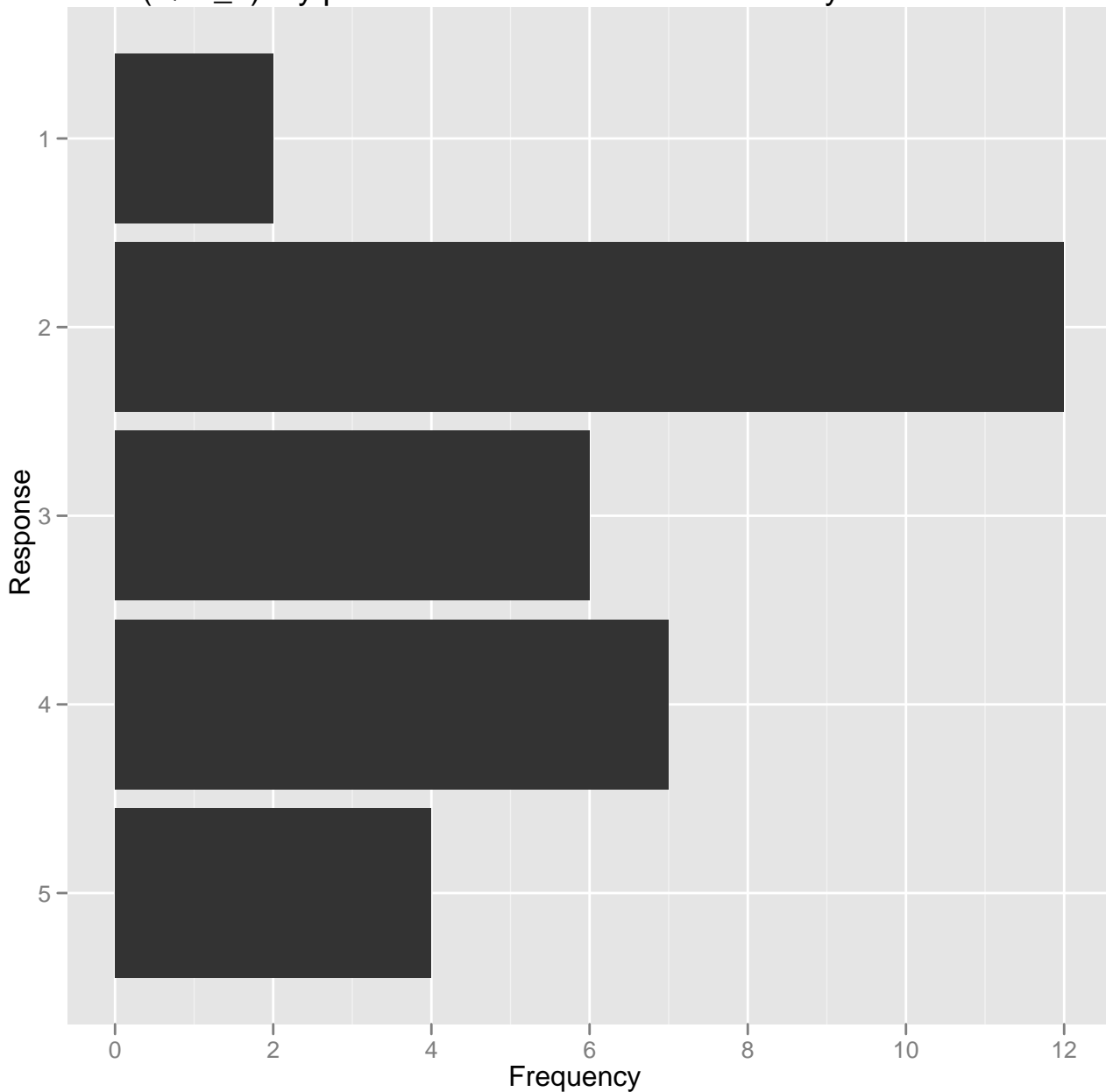
P121 (Q53_10):I tried to escape the sensations in my body



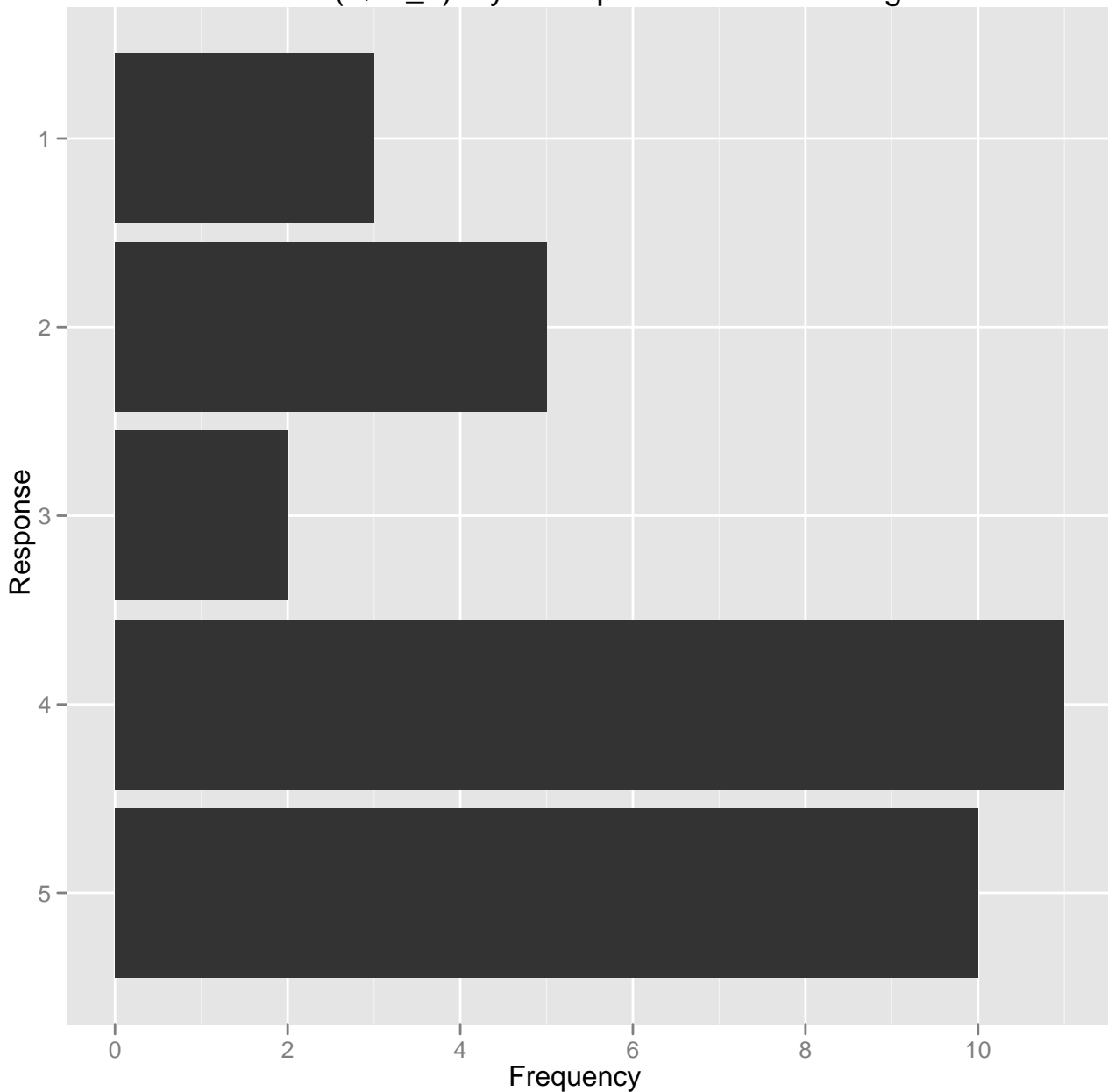
54_1):I was involved in all decision-making processes (especially regarding interv



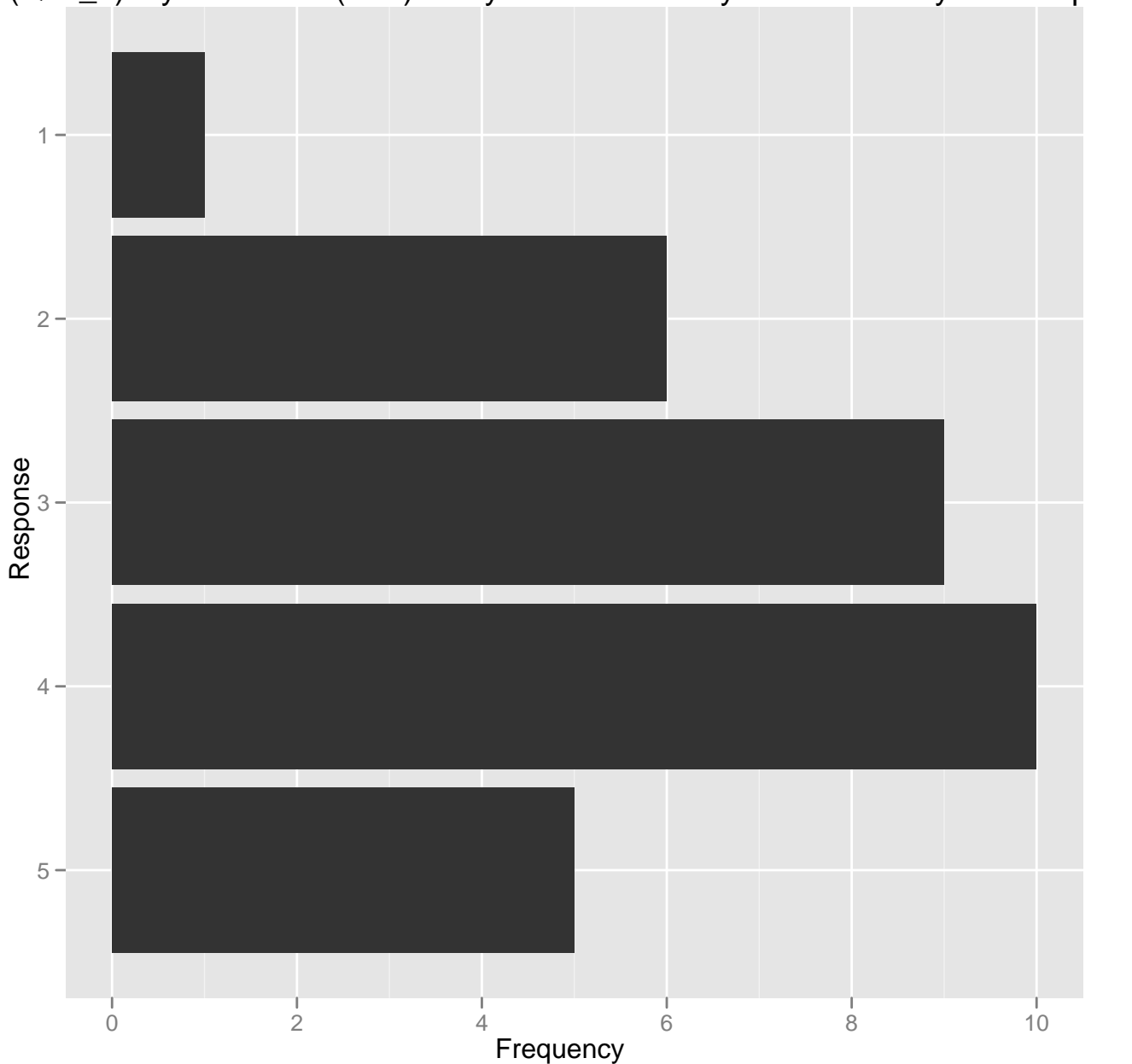
P123 (Q54_2):My partner and I seemed to be the only ones in the room



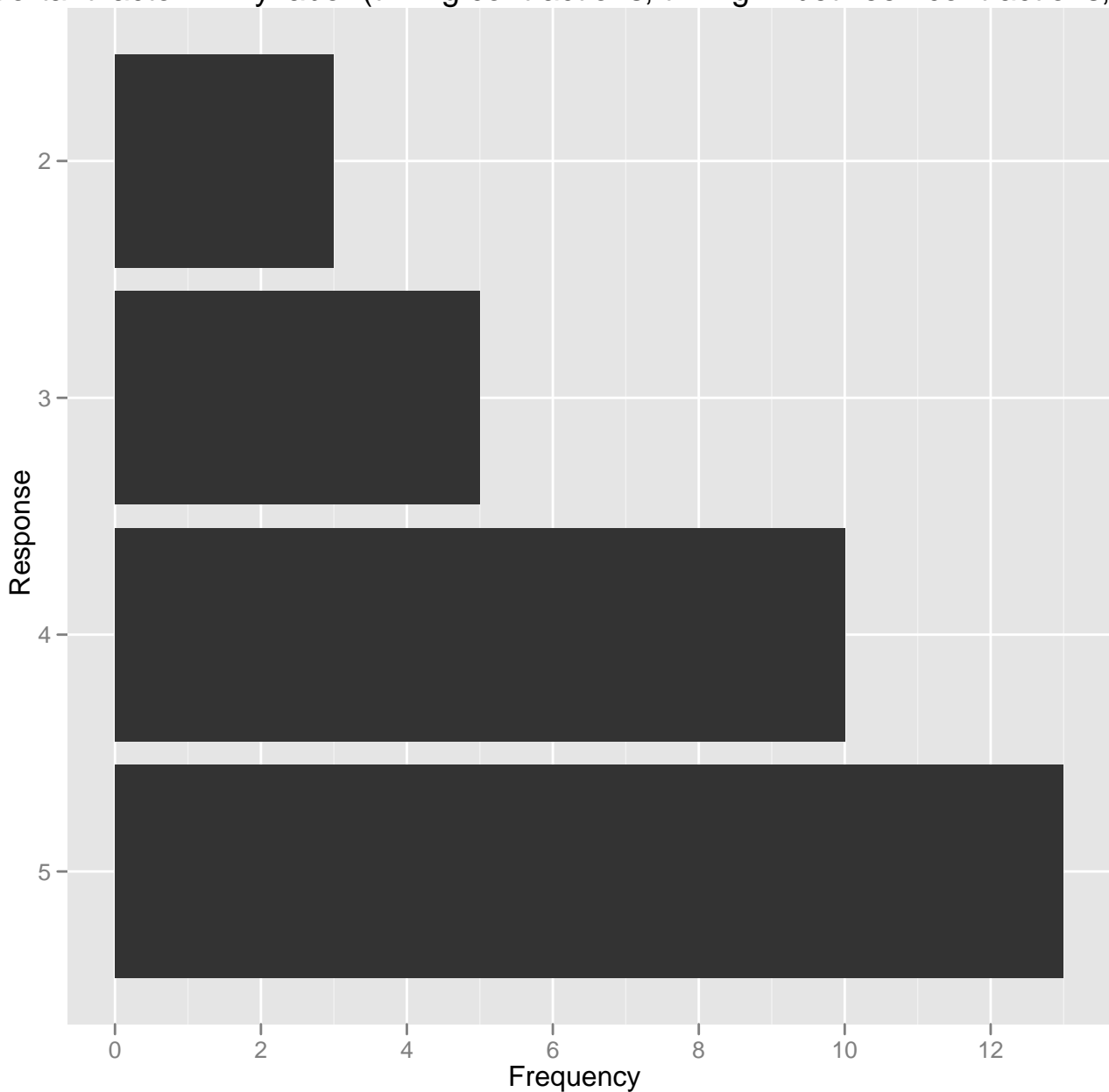
P124 (Q54_3):My labor pain felt like suffering



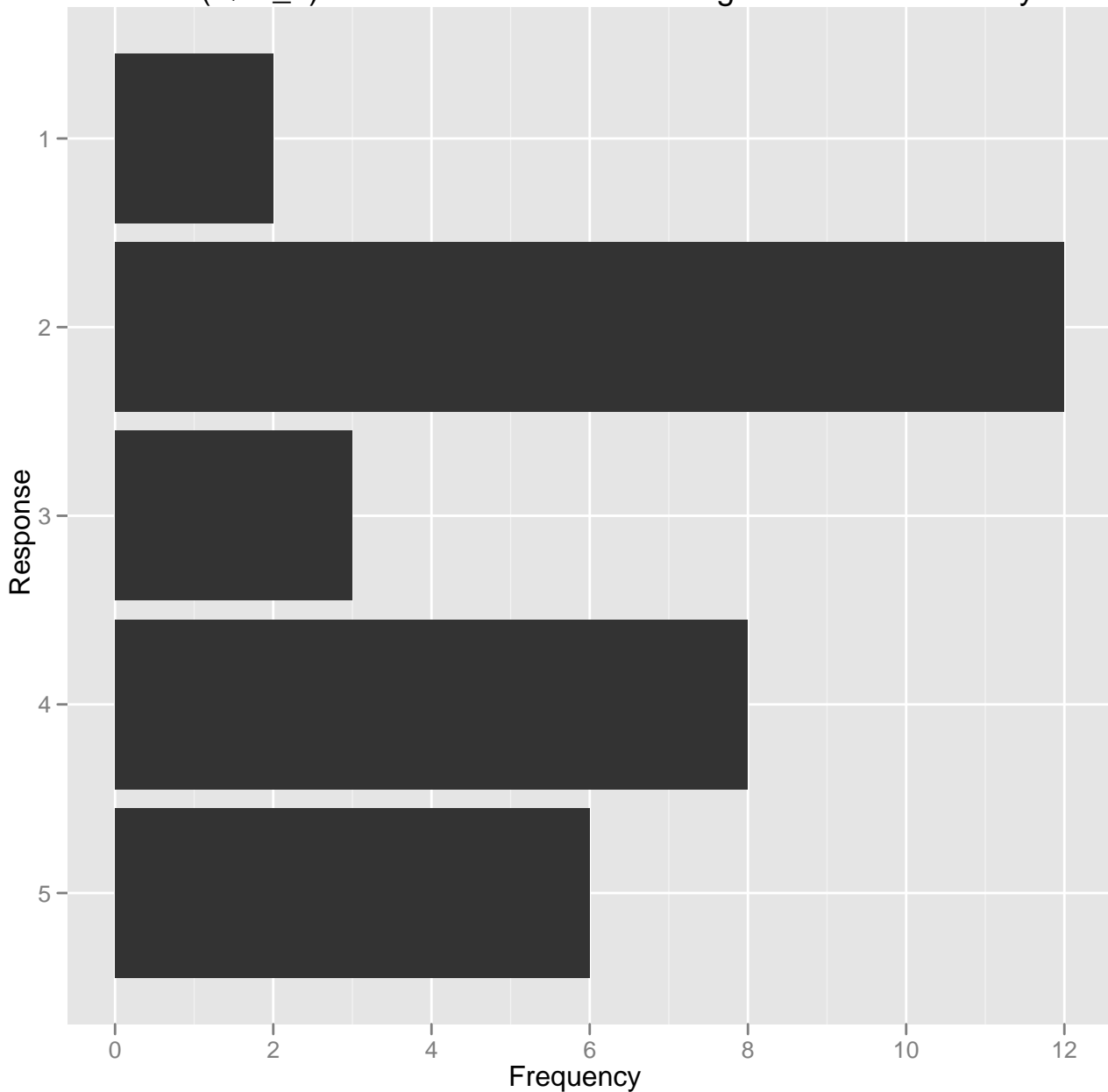
5 (Q54_4):My memories (now) of my labor are mostly focused on my inner experie



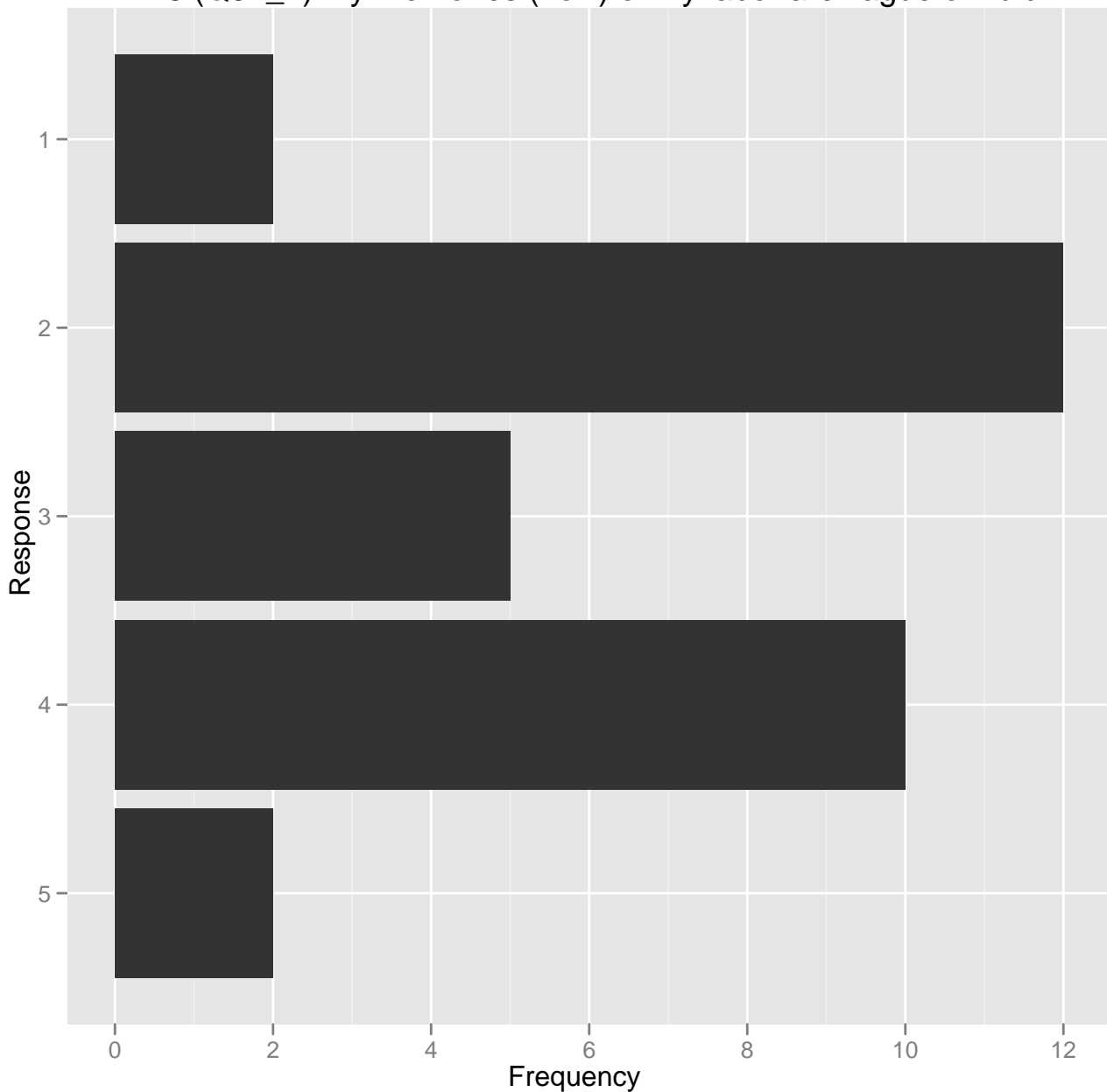
Important factor in my labor (timing contractions, timing in between contractions, timing of pushing, timing of breathing, timing of resting, timing of eating and drinking, timing of walking, timing of sitting, timing of standing, timing of lying down, timing of getting up, timing of going to the bathroom, timing of taking a shower, timing of taking a nap, timing of taking a break, timing of taking a walk, timing of taking a drive, timing of taking a trip, timing of taking a vacation, timing of taking a holiday, timing of taking a break from work, timing of taking a break from school, timing of taking a break from life, timing of taking a break from everything)



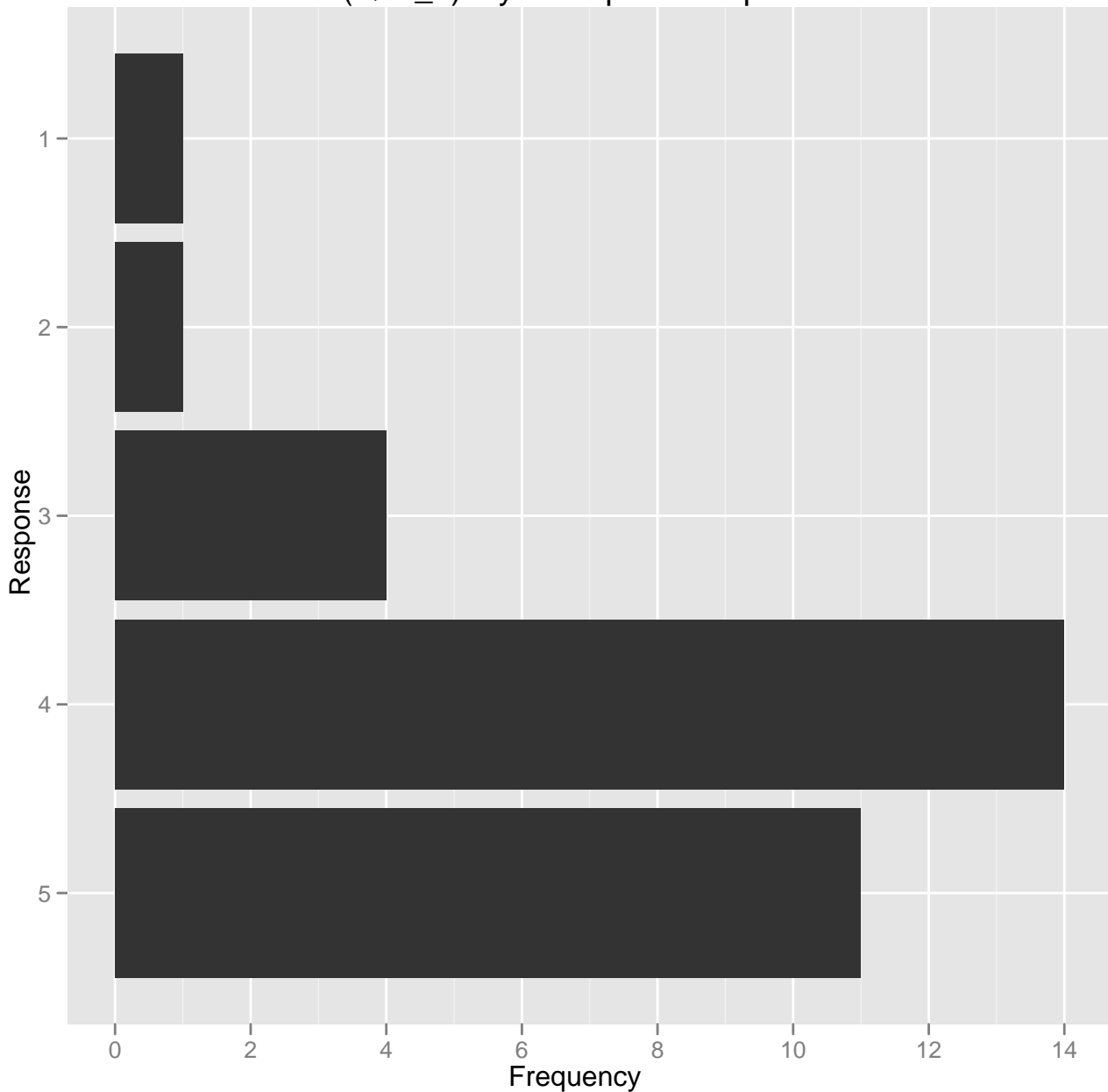
P127 (Q54_6):I needed to be coached to give birth successfully



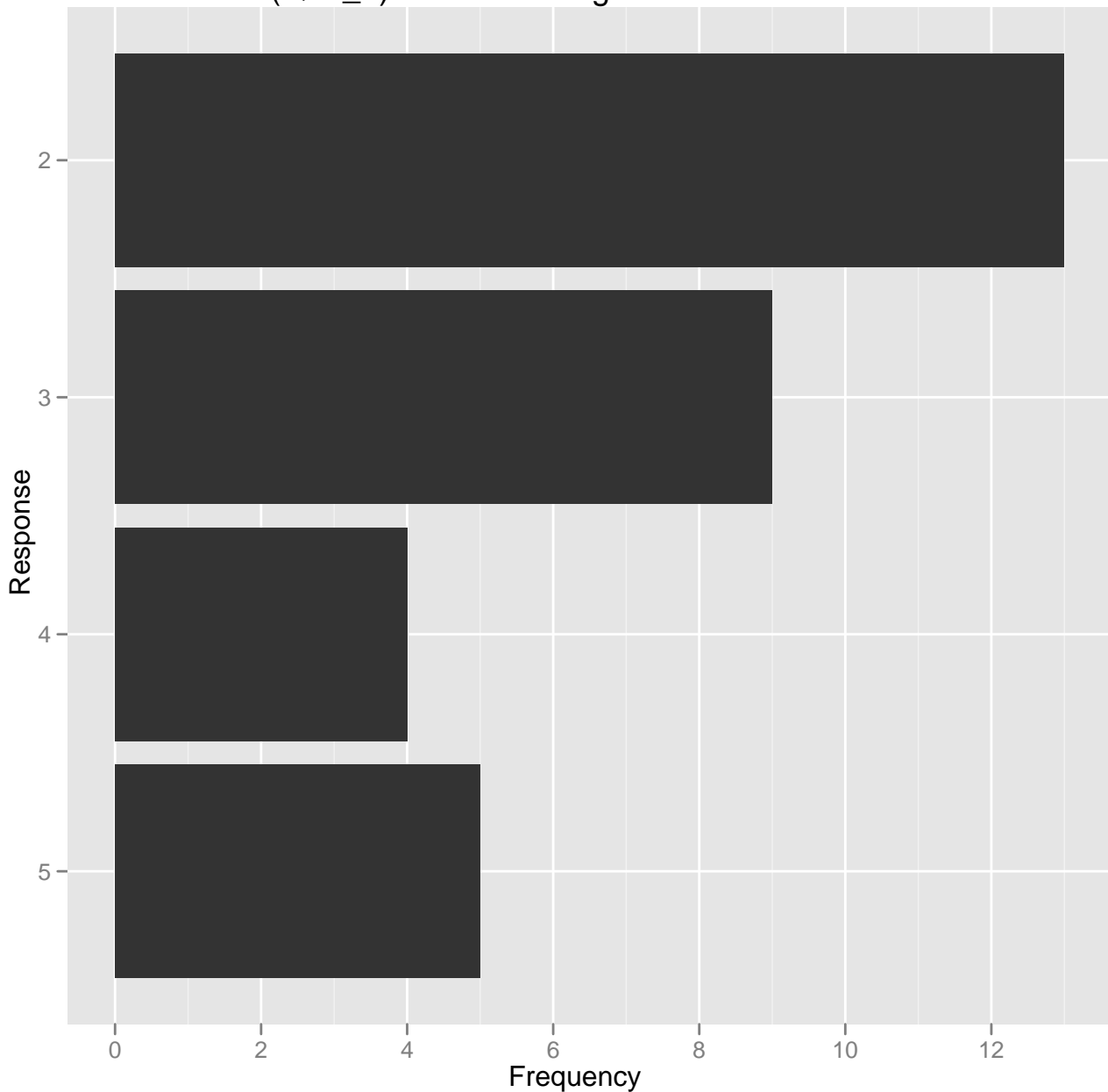
P128 (Q54_7):My memories (now) of my labor are vague or fluid



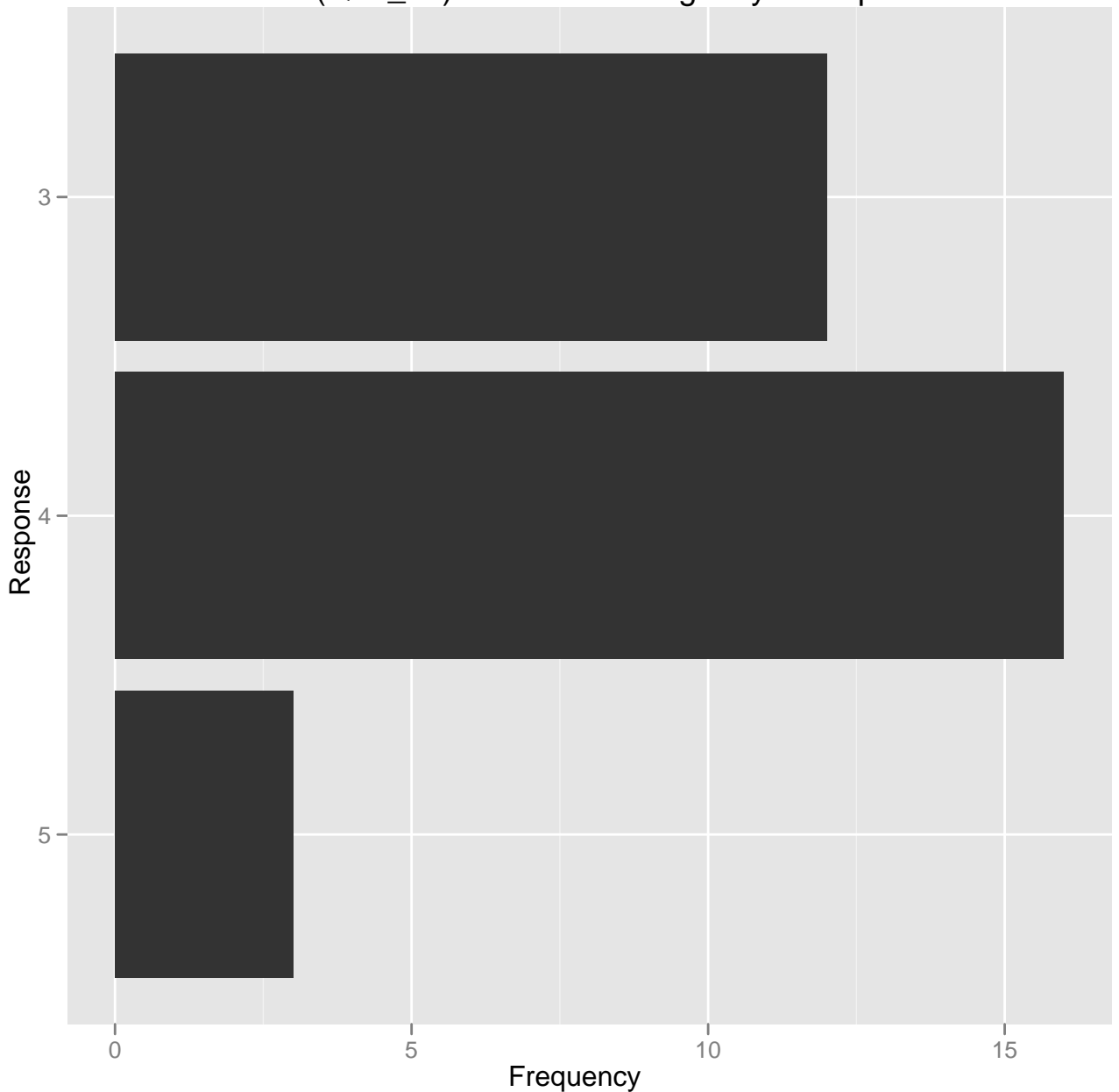
P129 (Q54_8):My labor pain was productive



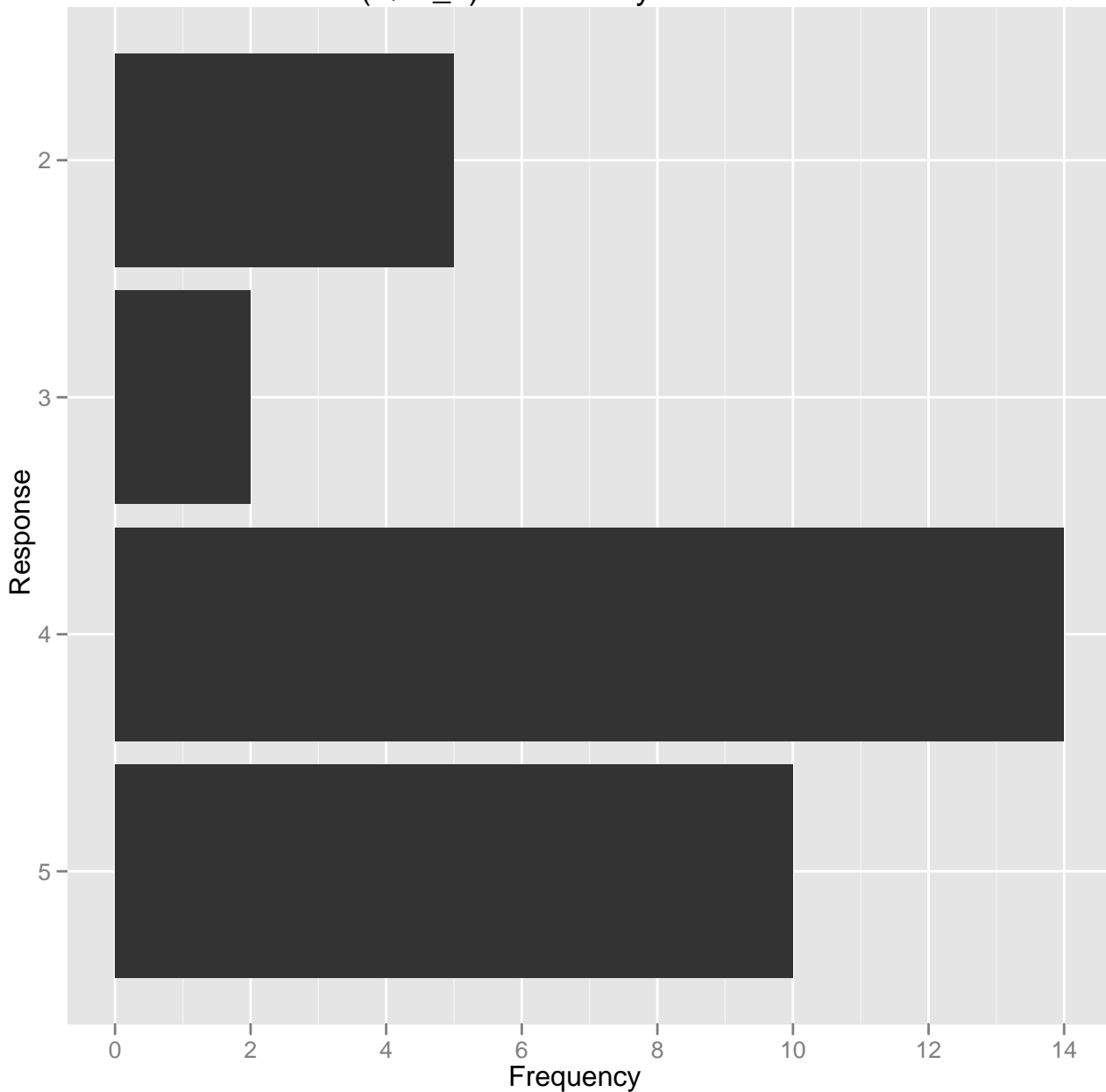
P130 (Q54_9):I was following directions for what to do



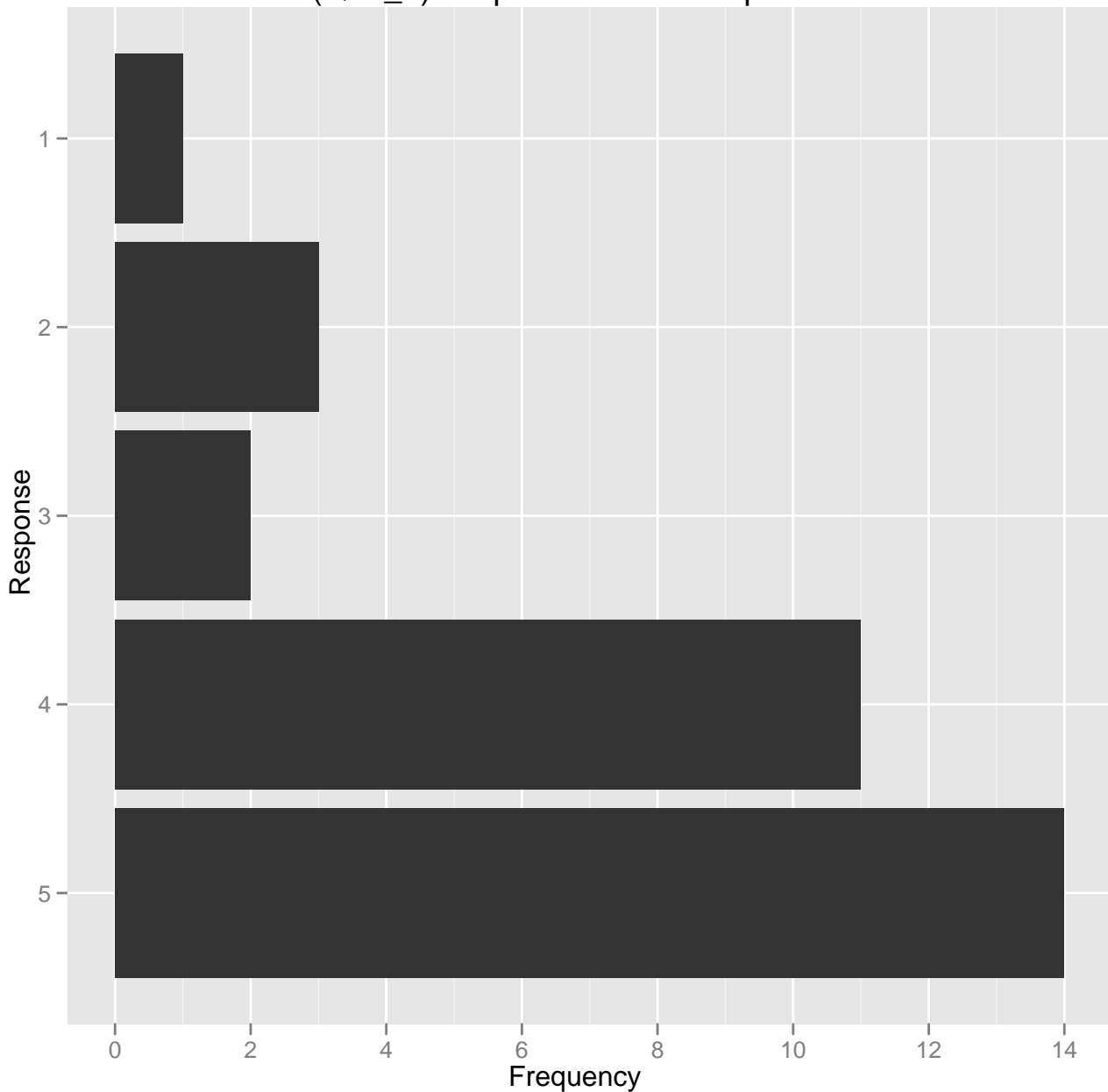
P131 (Q54_10):I traveled through my labor pain



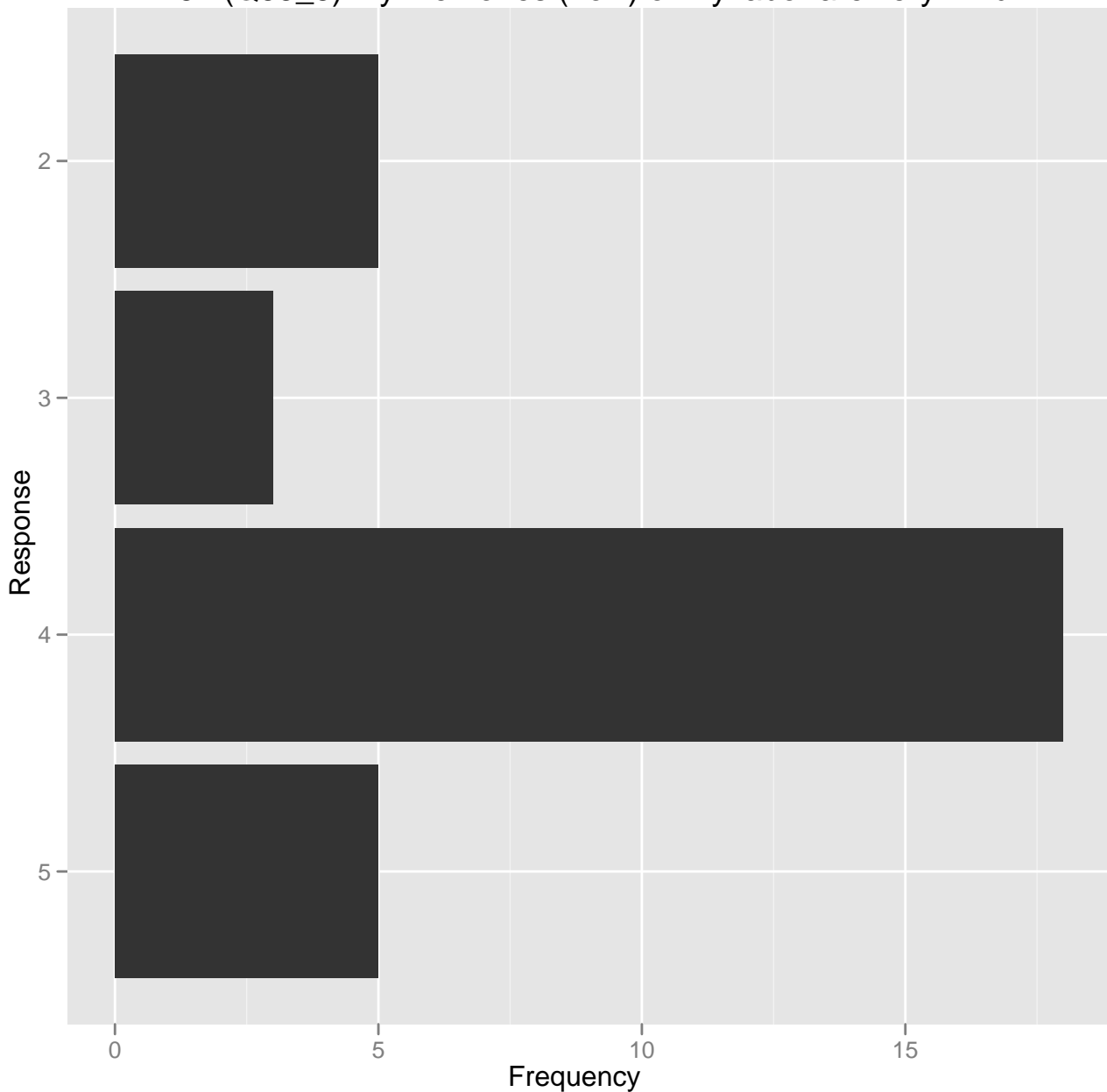
P132 (Q55_1):I was in my own little world



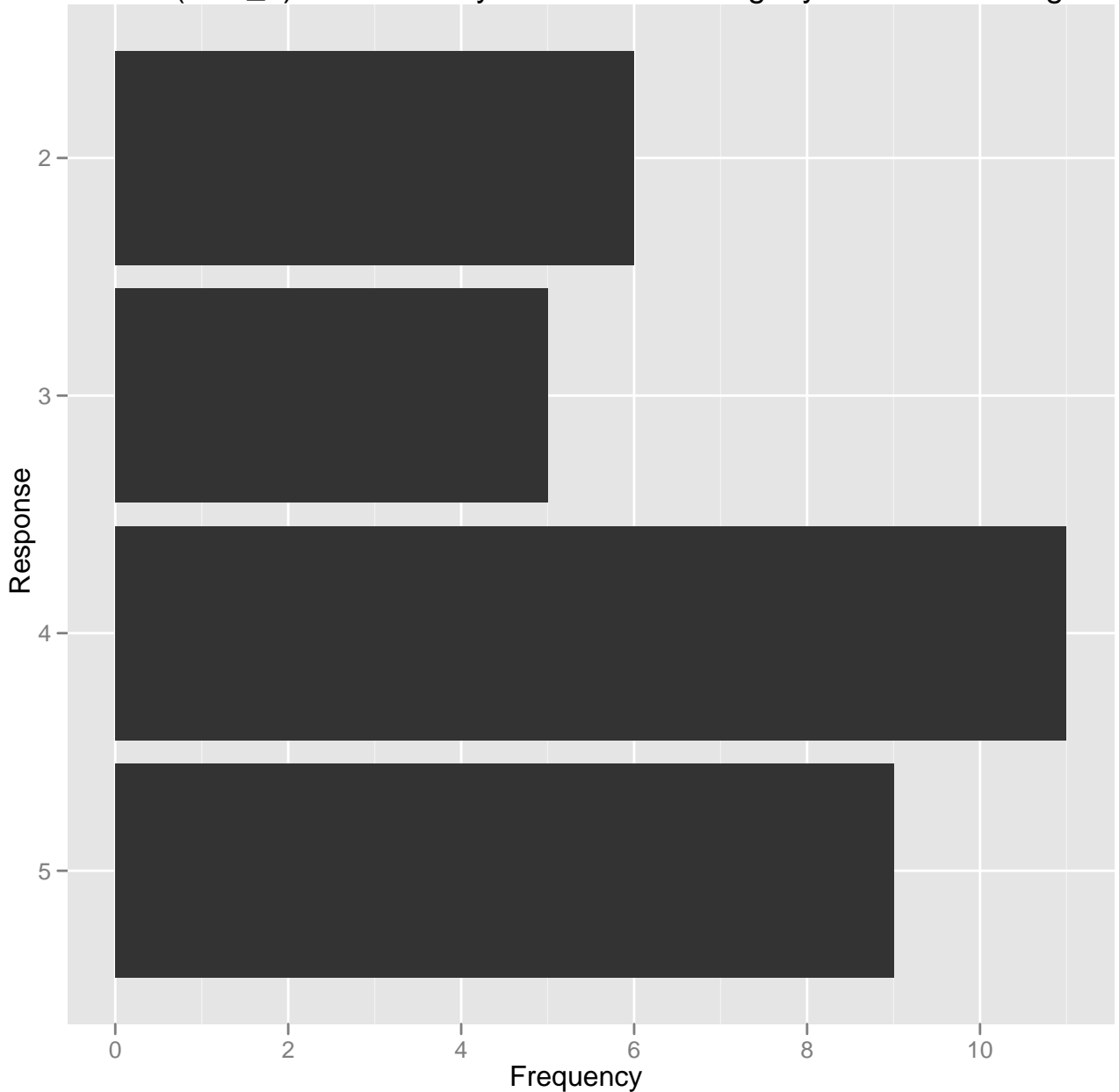
P133 (Q55_2):I coped well with the pain of labor



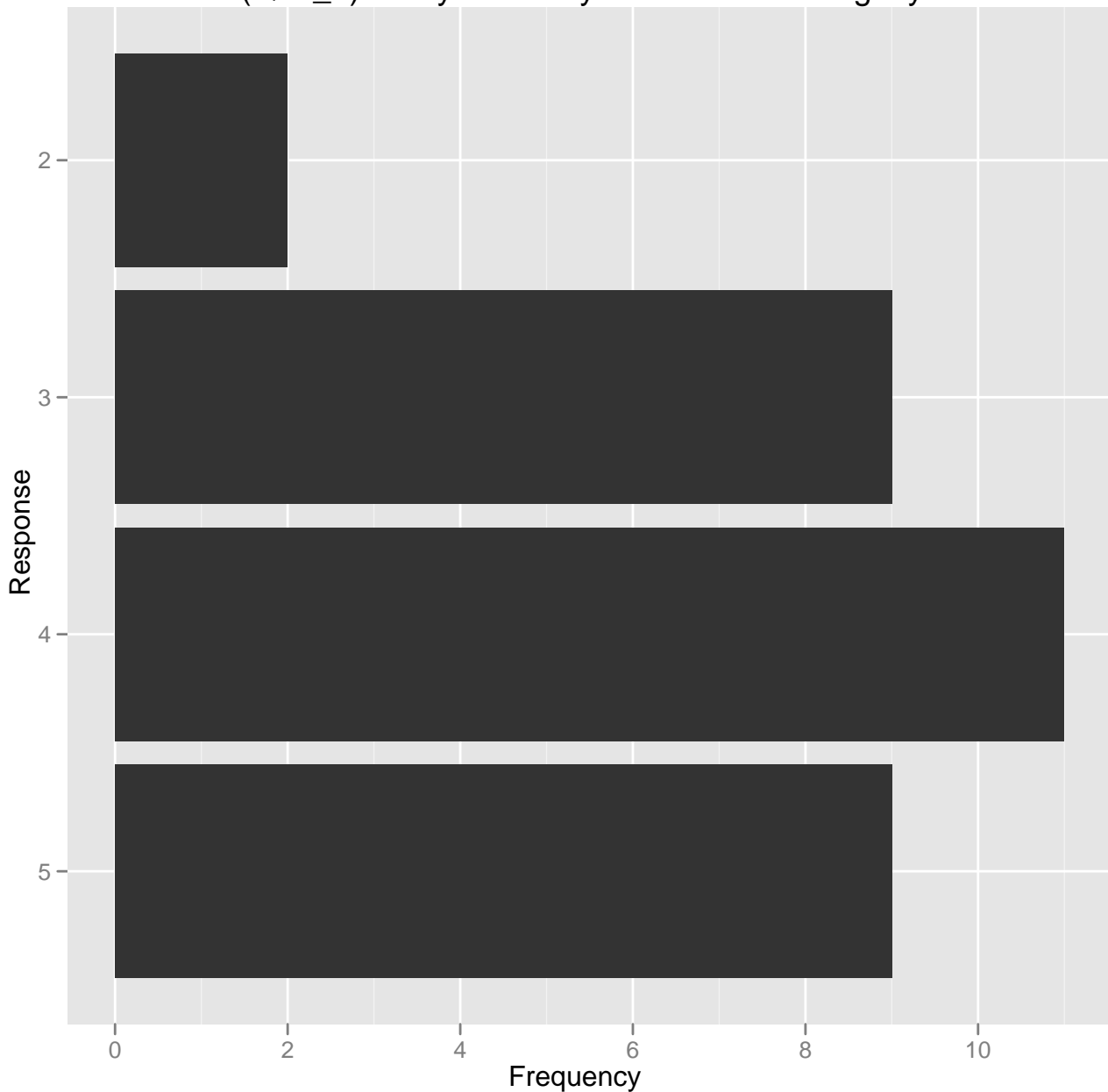
P134 (Q55_3):My memories (now) of my labor are very vivid



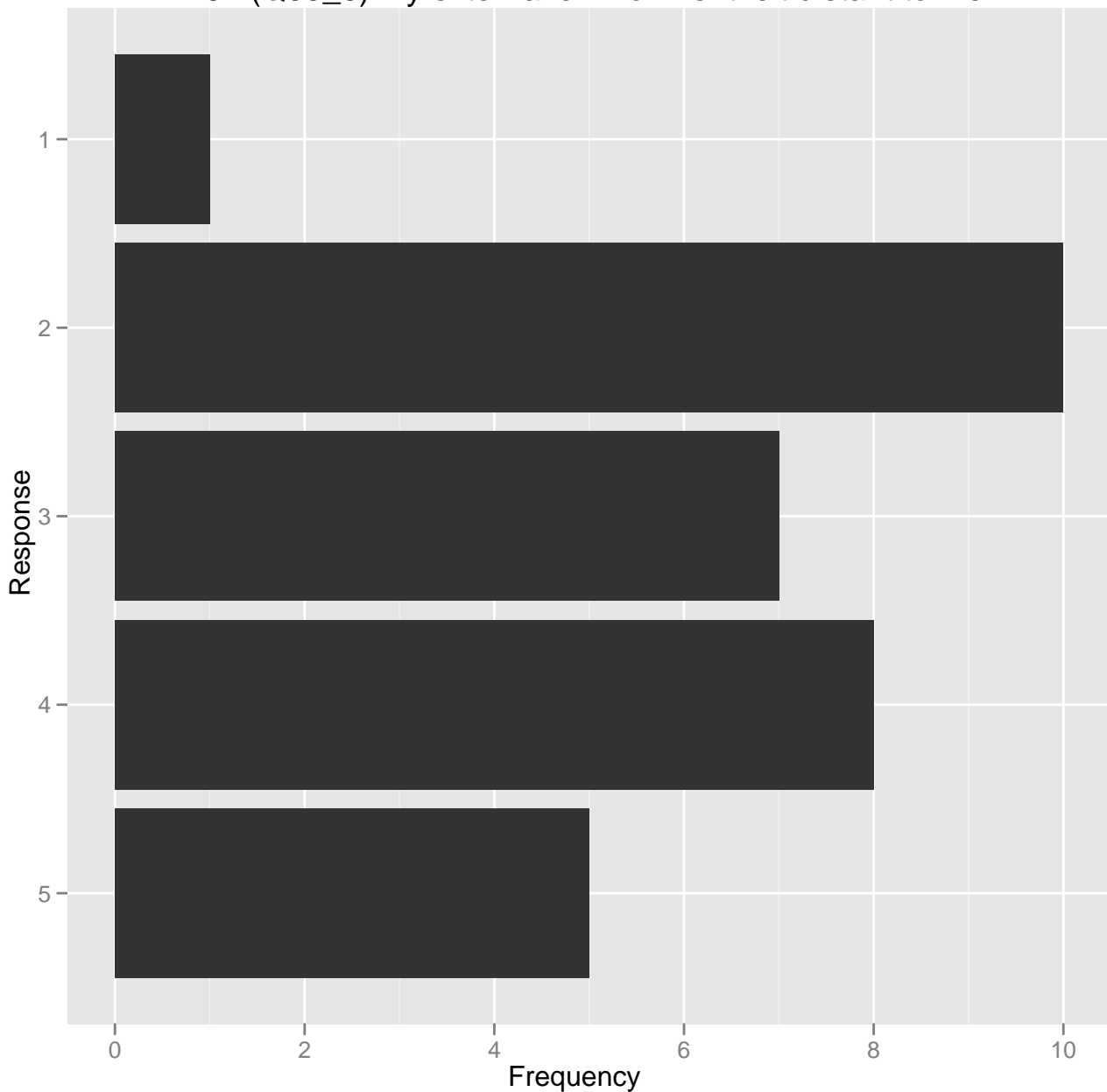
P135 (Q55_4):I was acutely aware of how long my labor was taking



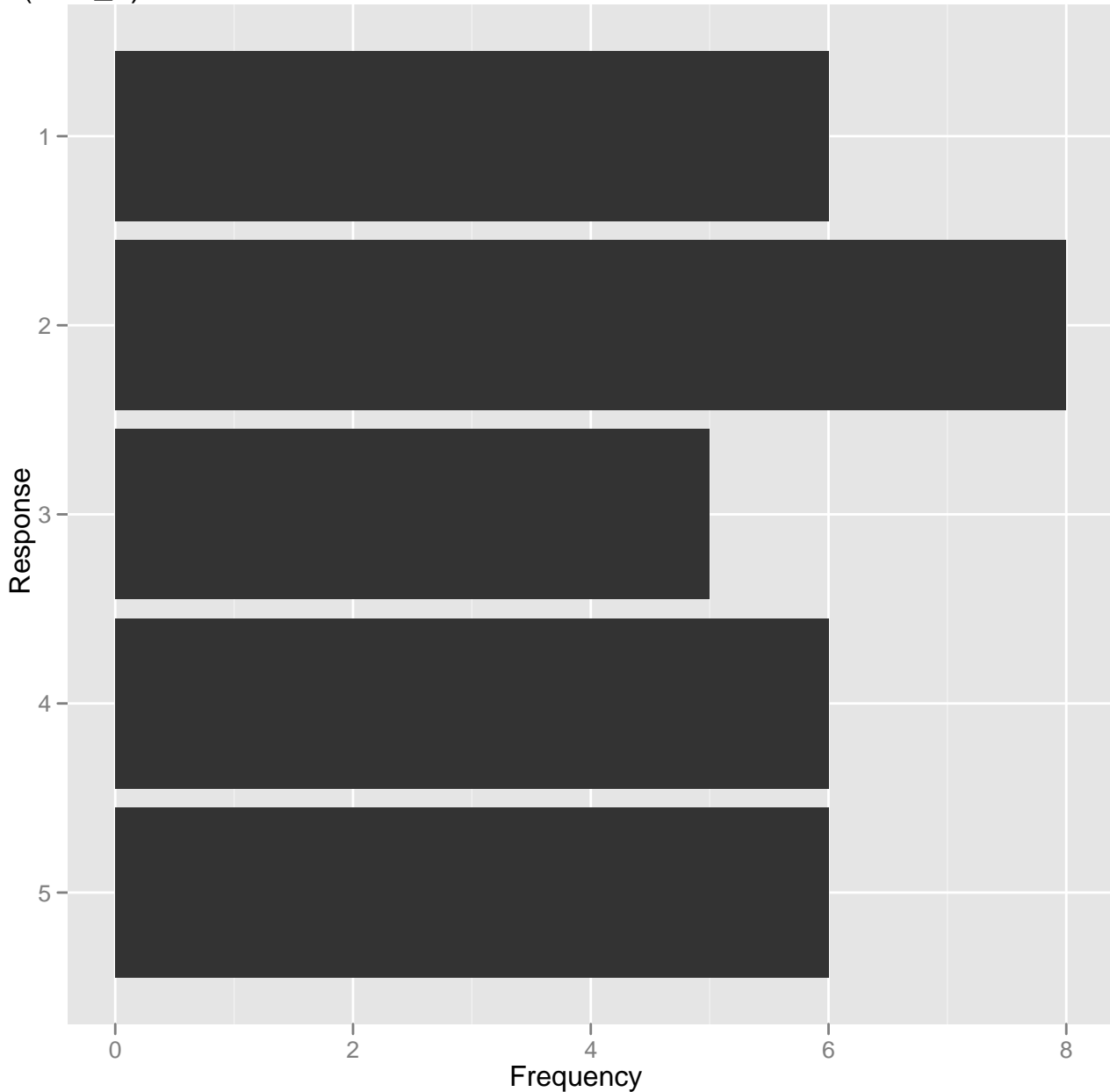
P136 (Q55_5):Everyone at my birth was following my lead



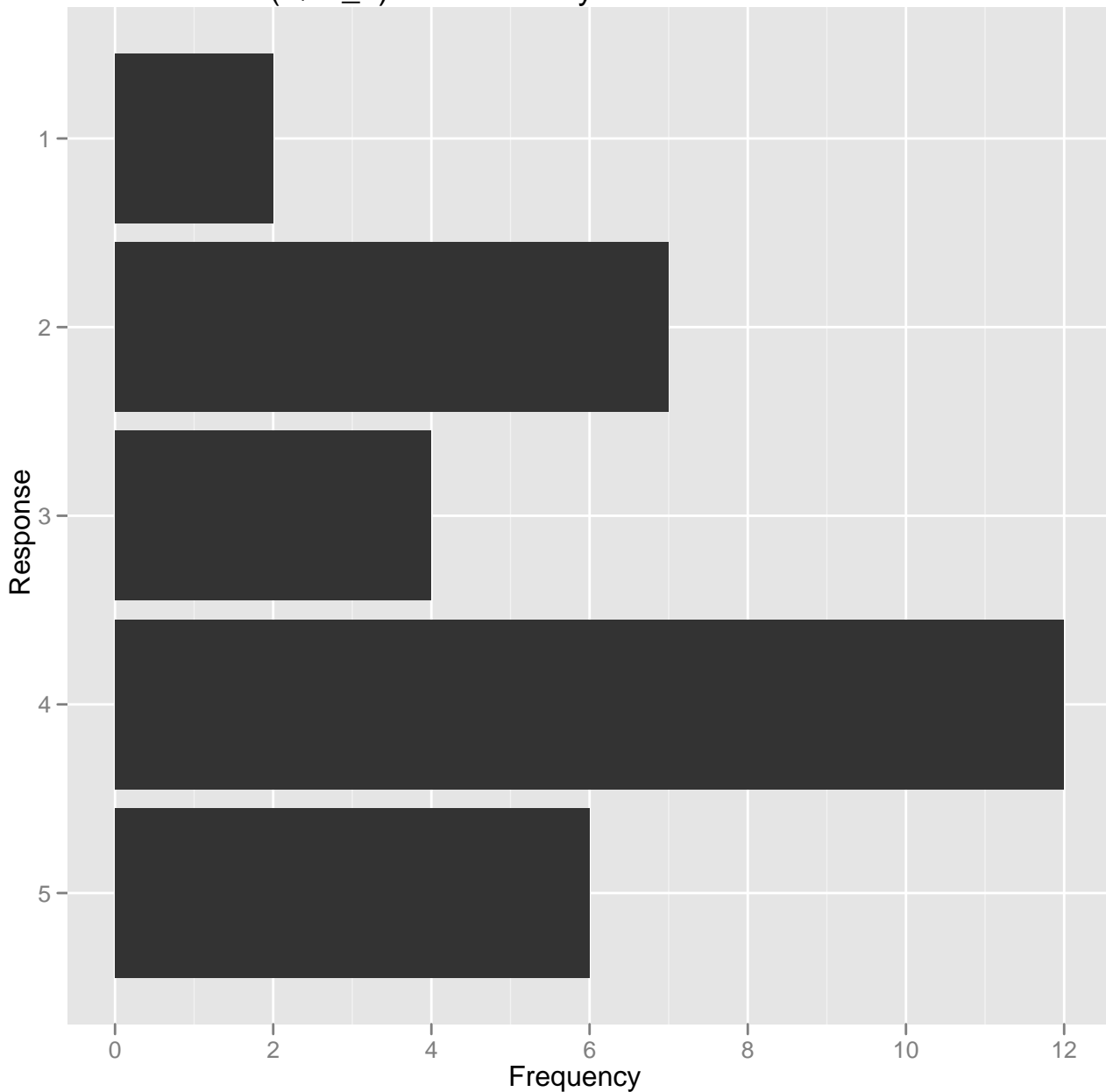
P137 (Q55_6):My external environment felt distant to me



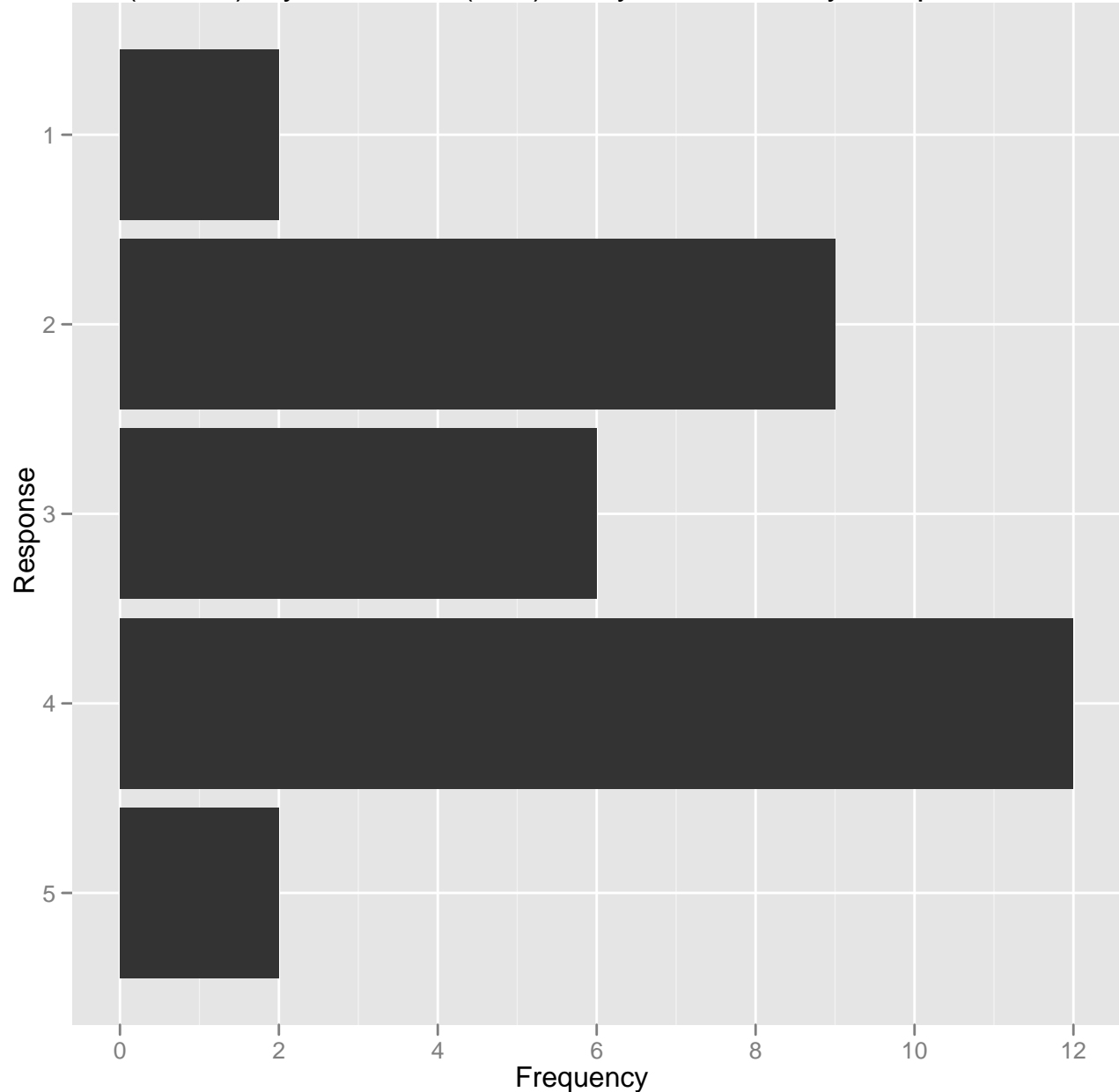
38 (Q55_7):I felt connected to all the women who have labored and birthed before



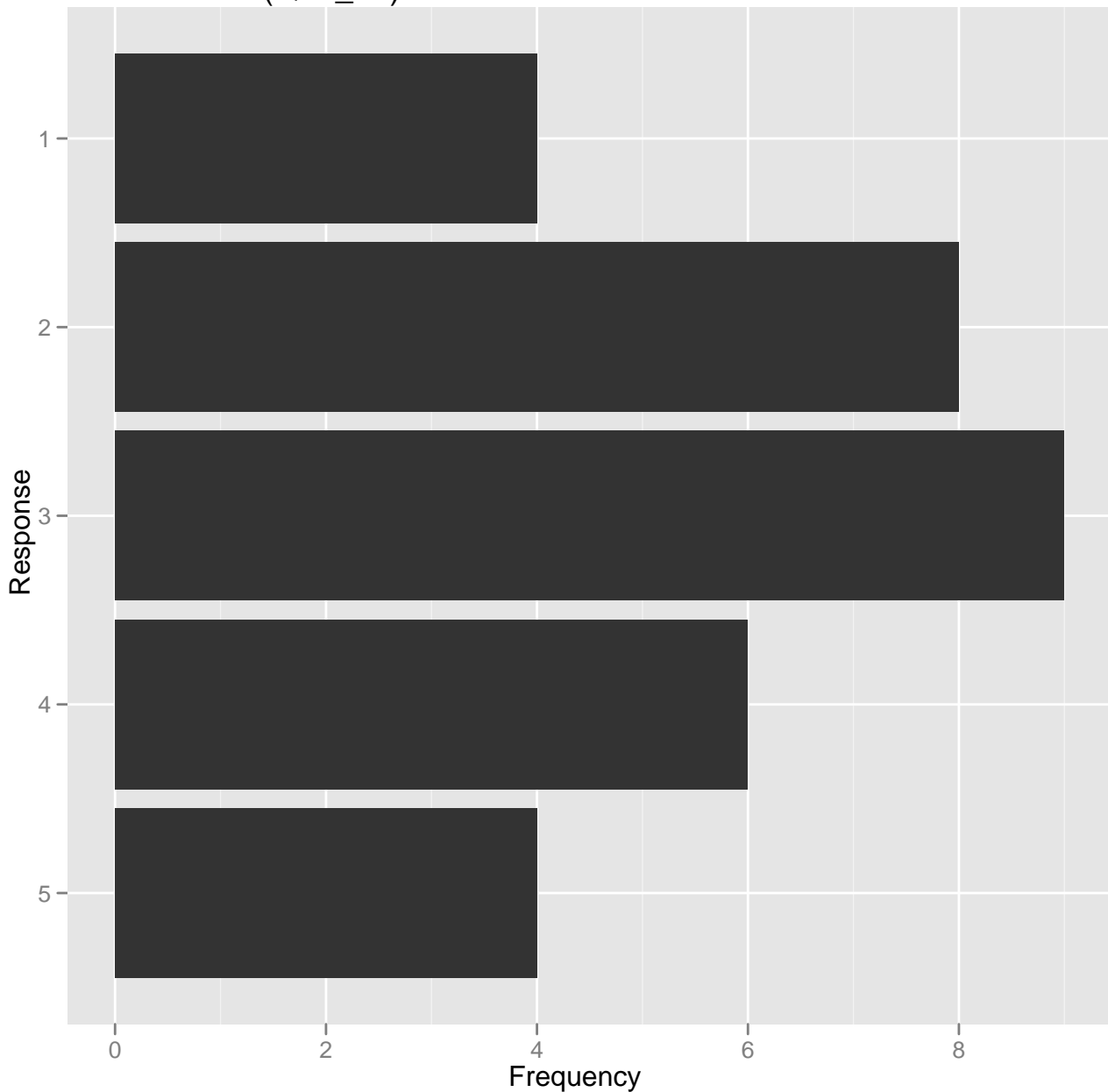
P139 (Q55_8):I found it very difficult to remain relaxed



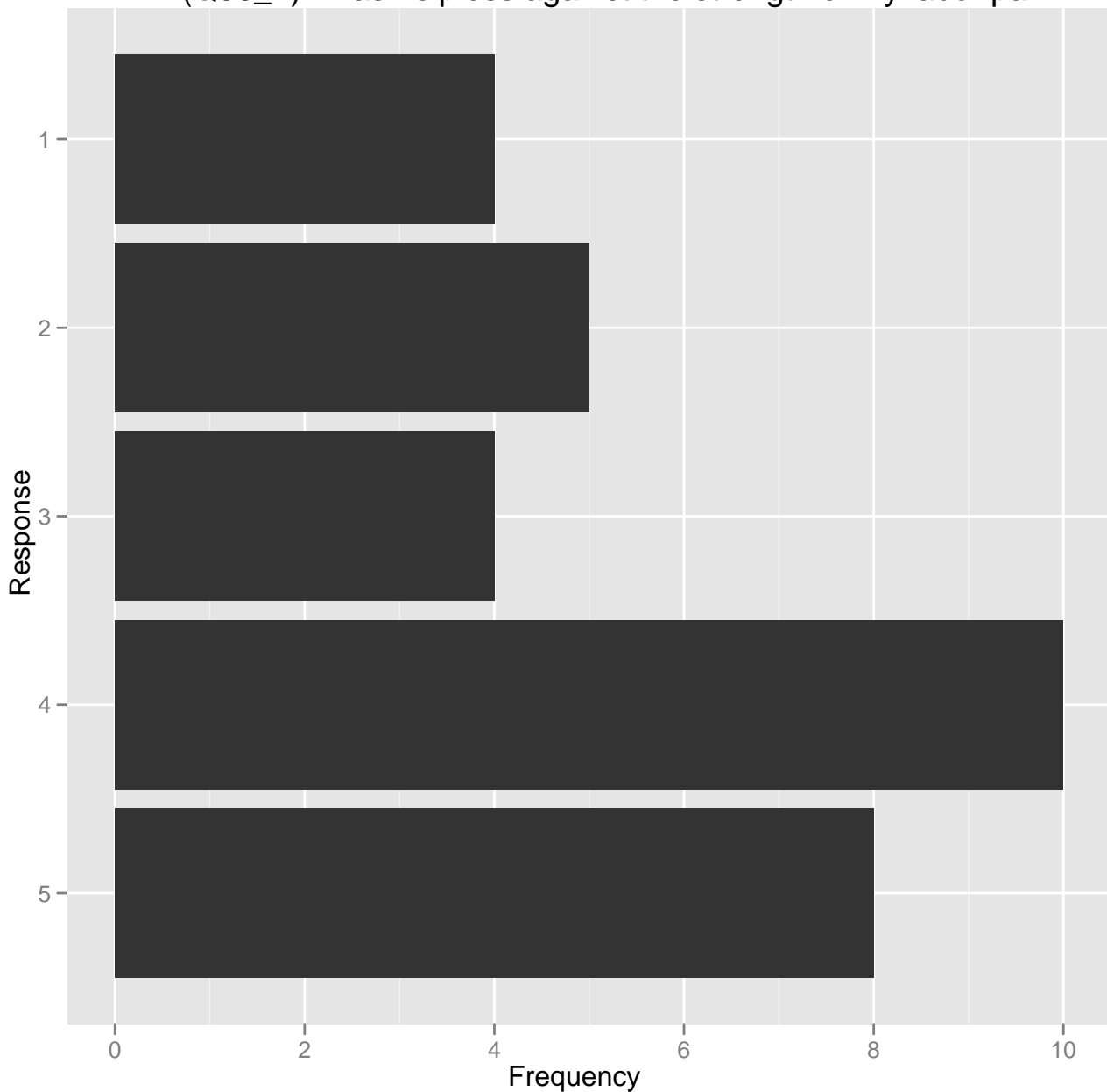
P140 (Q55_9):My memories (now) of my labor are very sharp and detailed



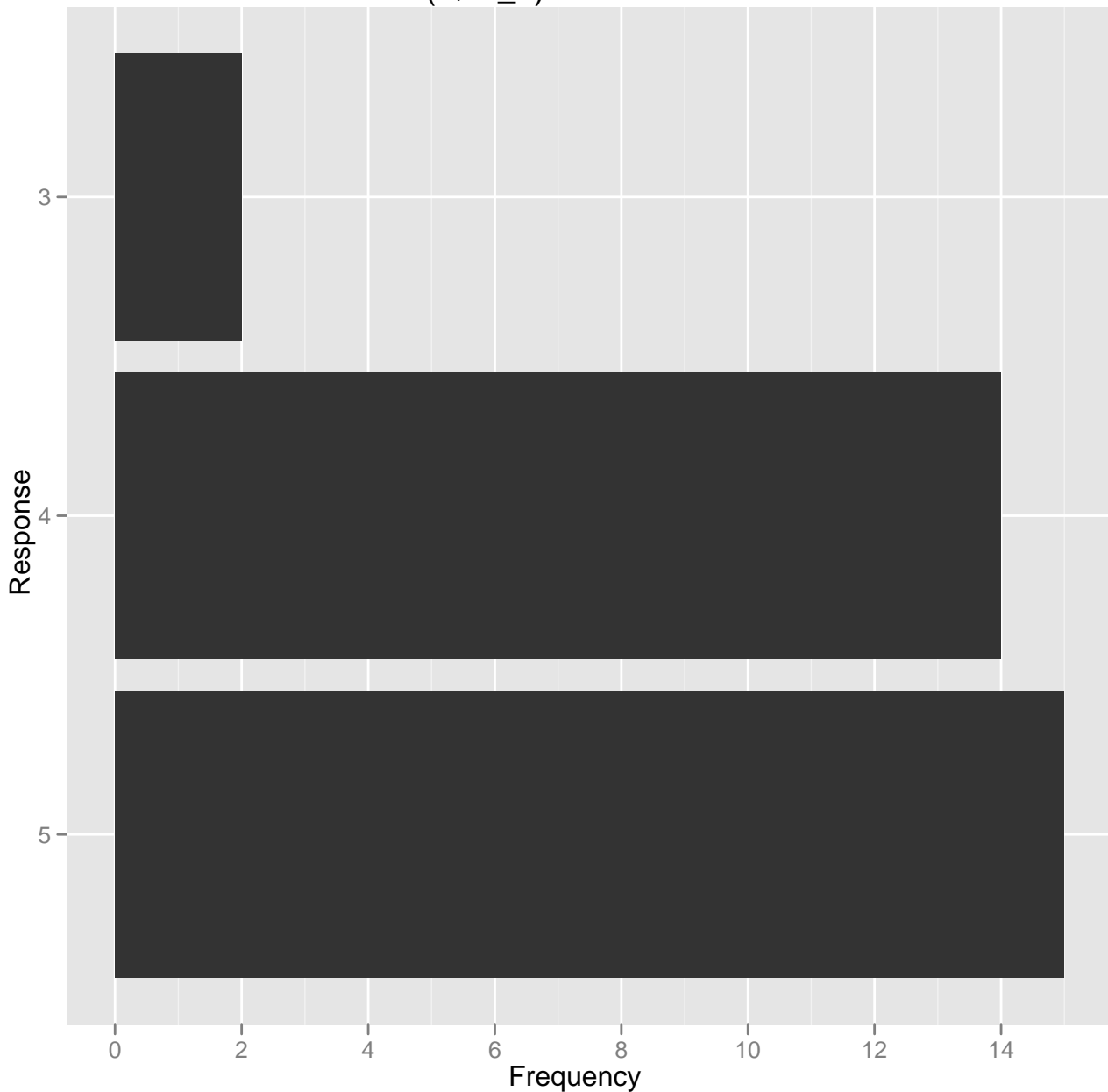
P141 (Q55_10):I felt a sense of oneness with the world



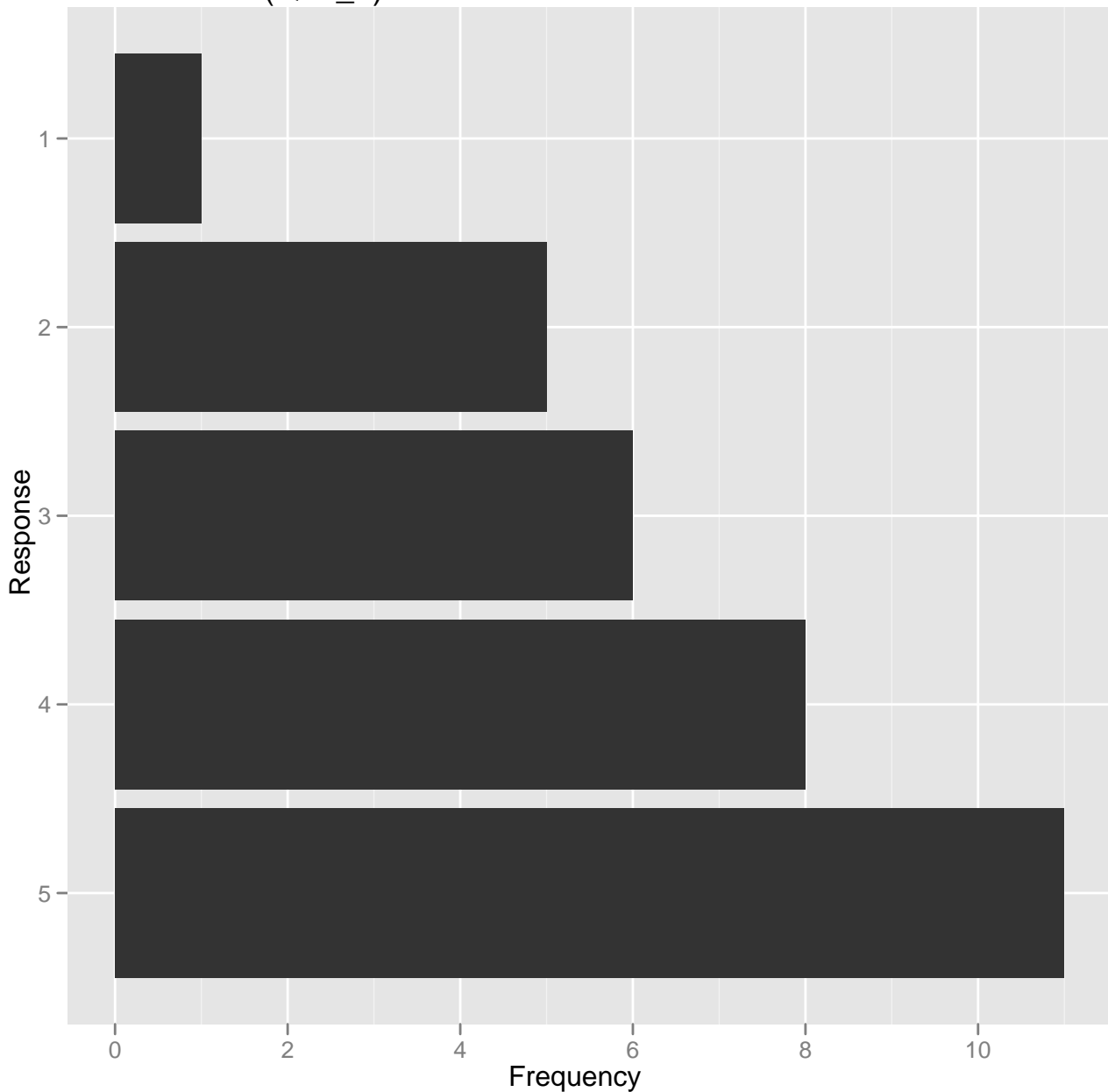
P142 (Q56_1):I was helpless against the strength of my labor pain



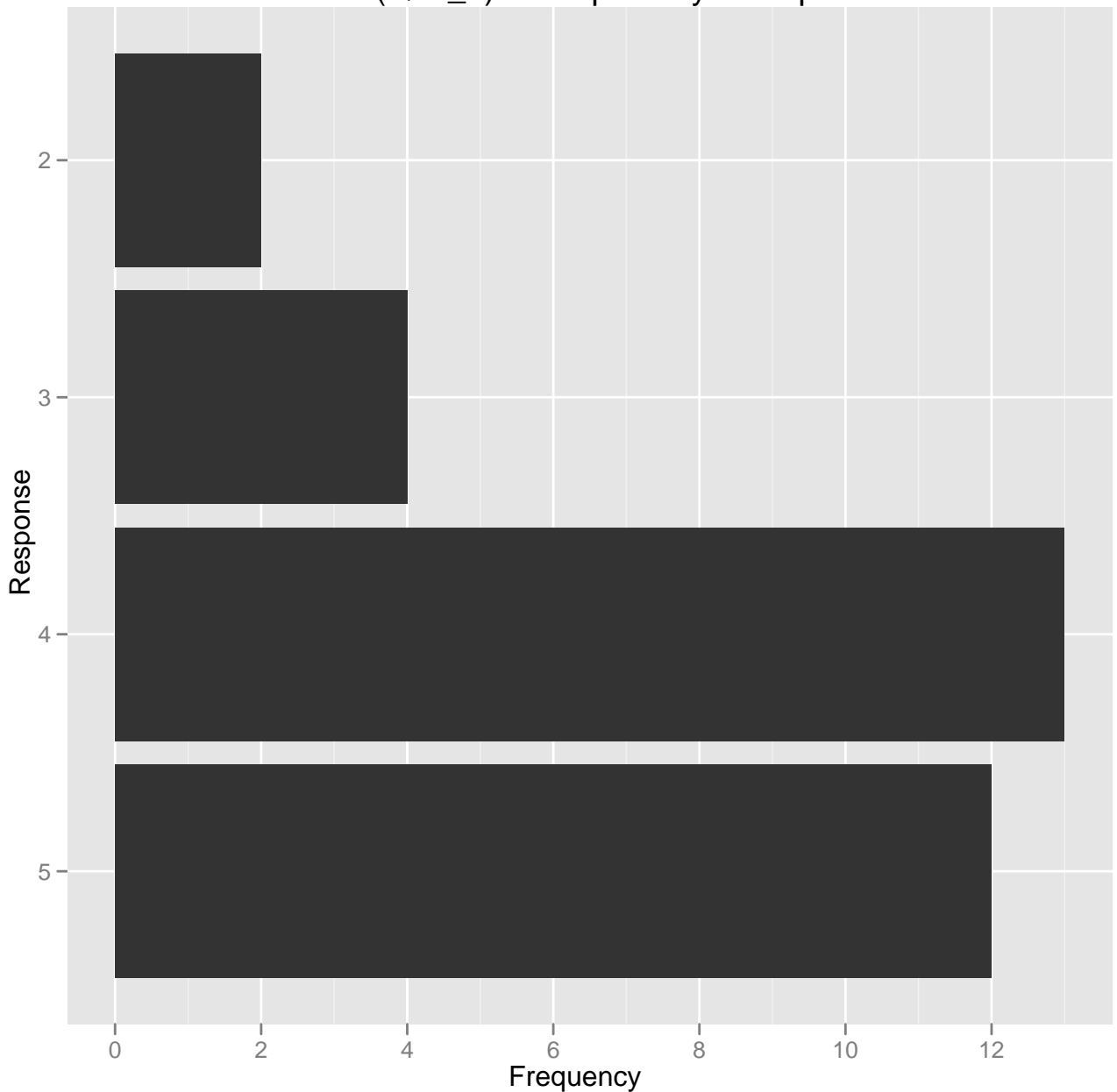
P143 (Q56_2):I lost track of time



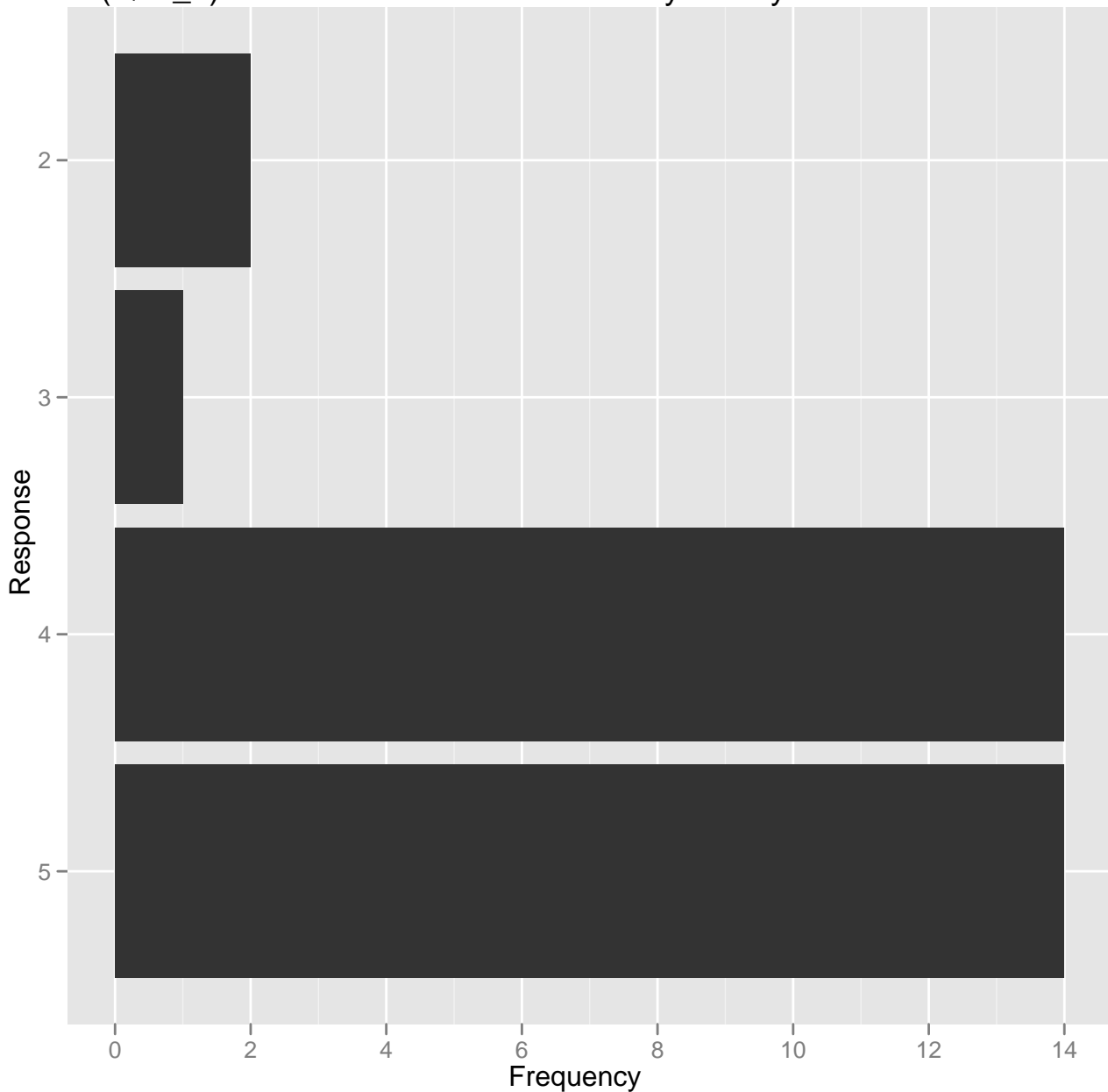
P144 (Q56_3):Time seemed to slow down or stand still



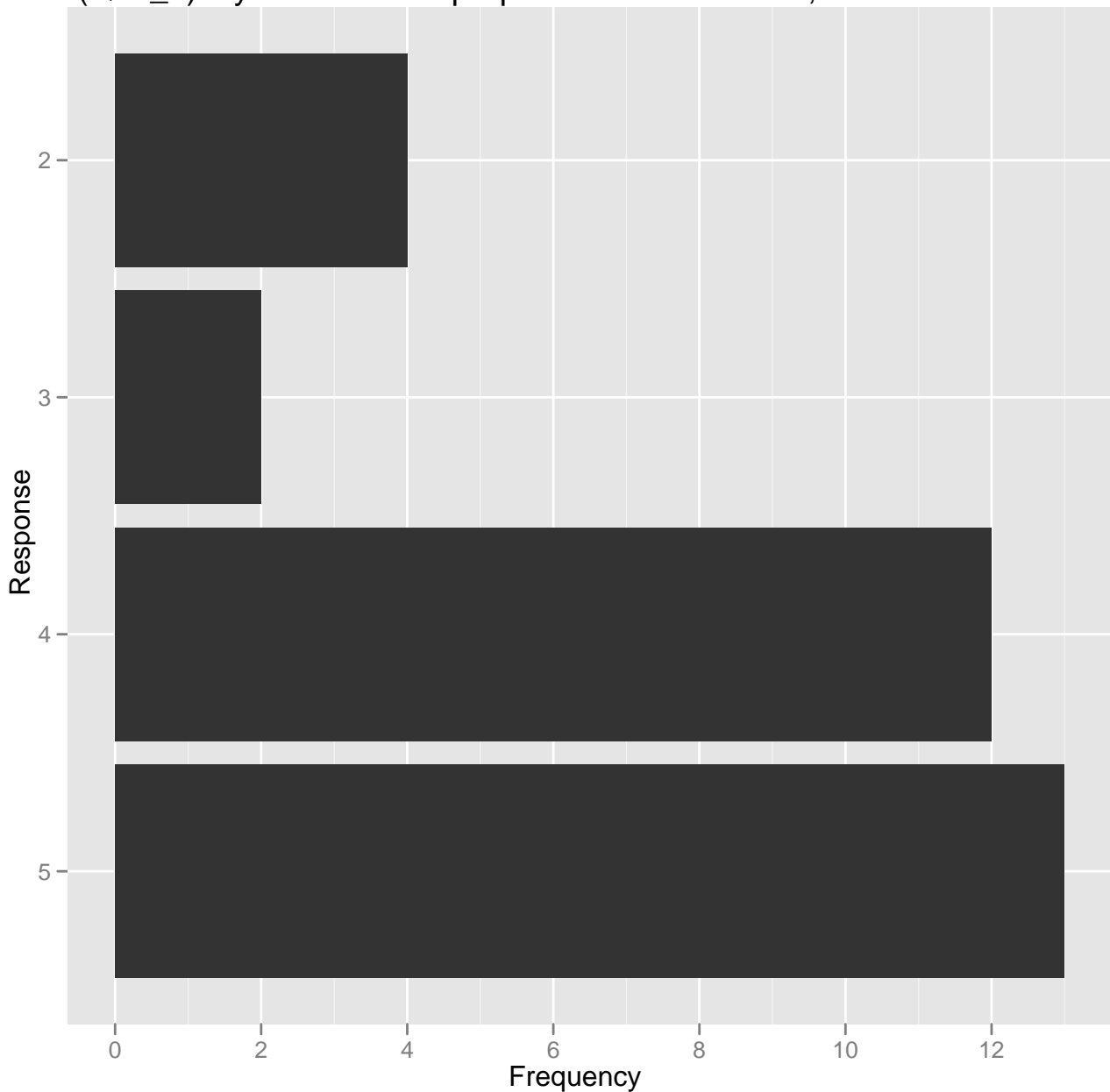
P145 (Q56_4):I accepted my labor pain



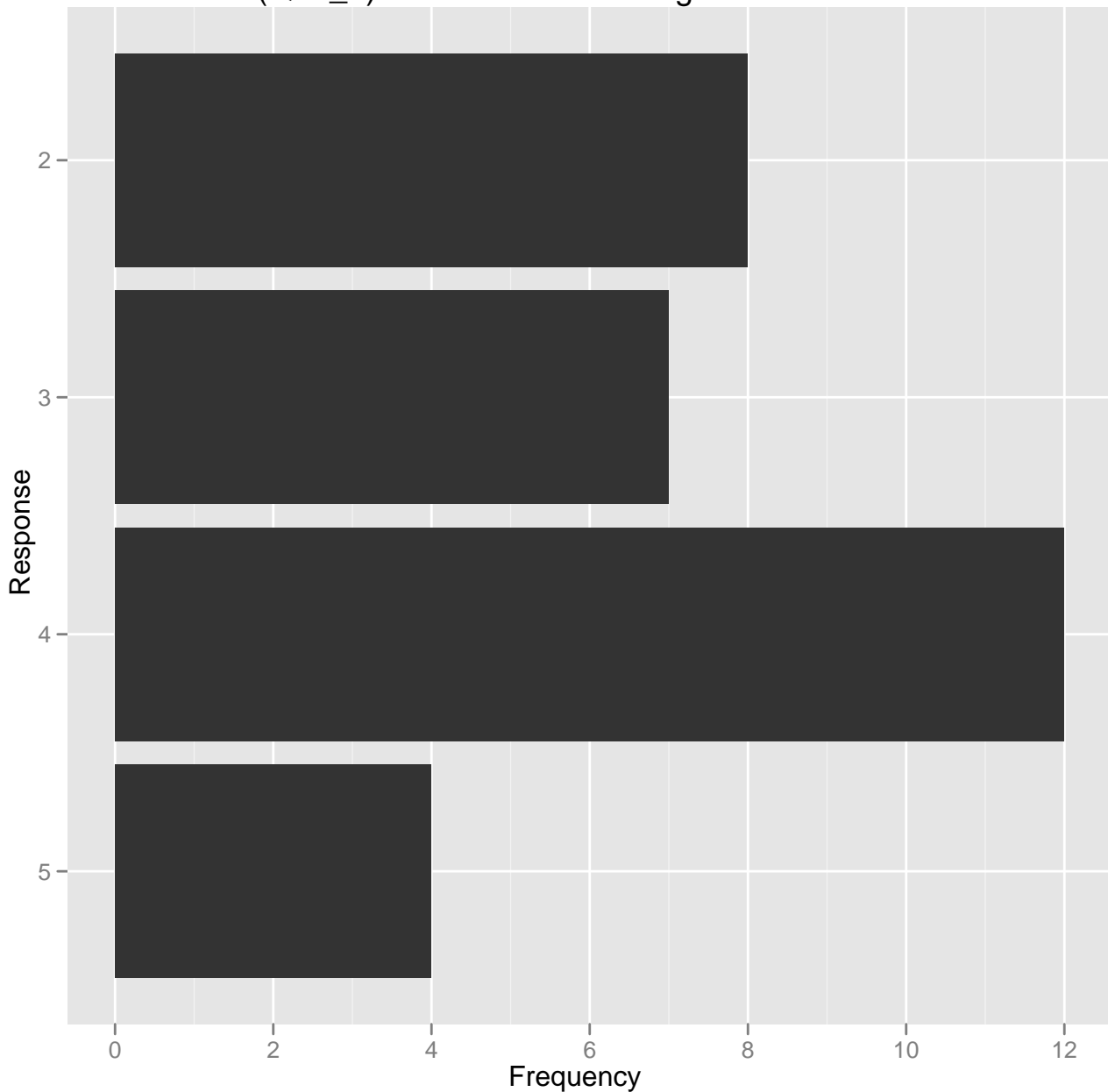
P146 (Q56_5):I was oblivious to the world beyond my immediate environment



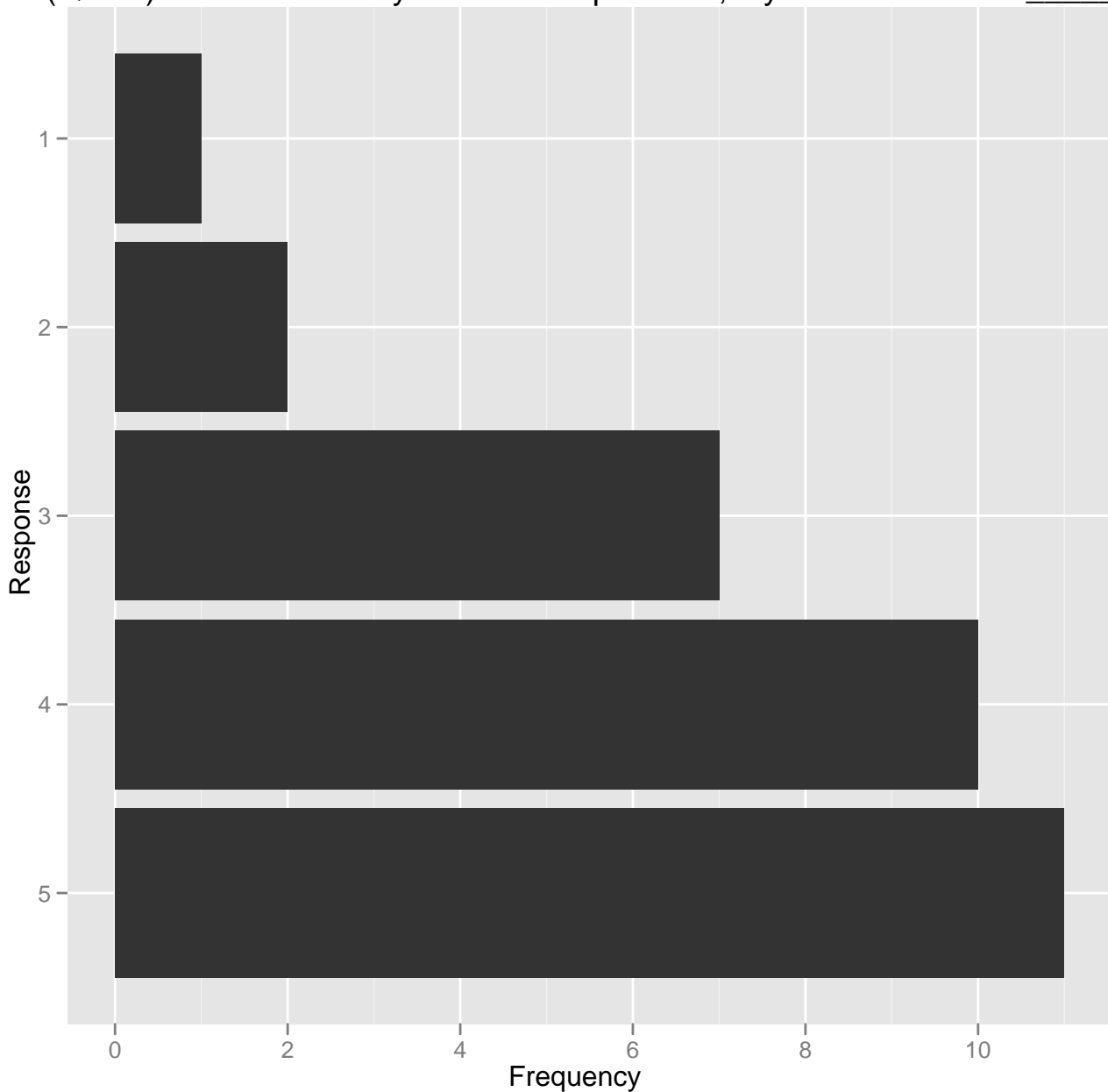
P147 (Q56_6):My actions were purposeful and essential, not frantic or excessive



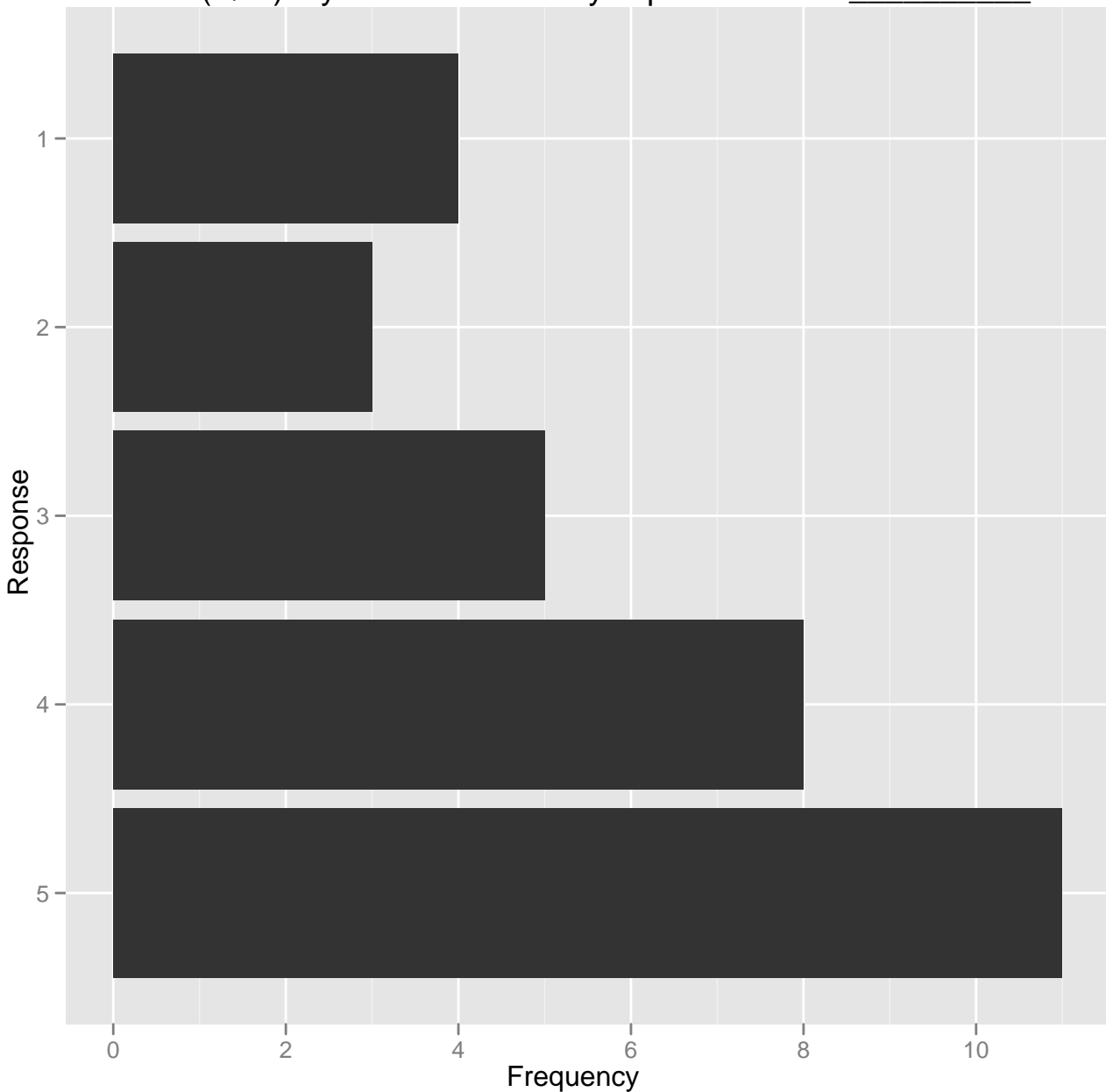
P148 (Q56_7):I dreaded the coming of each contraction



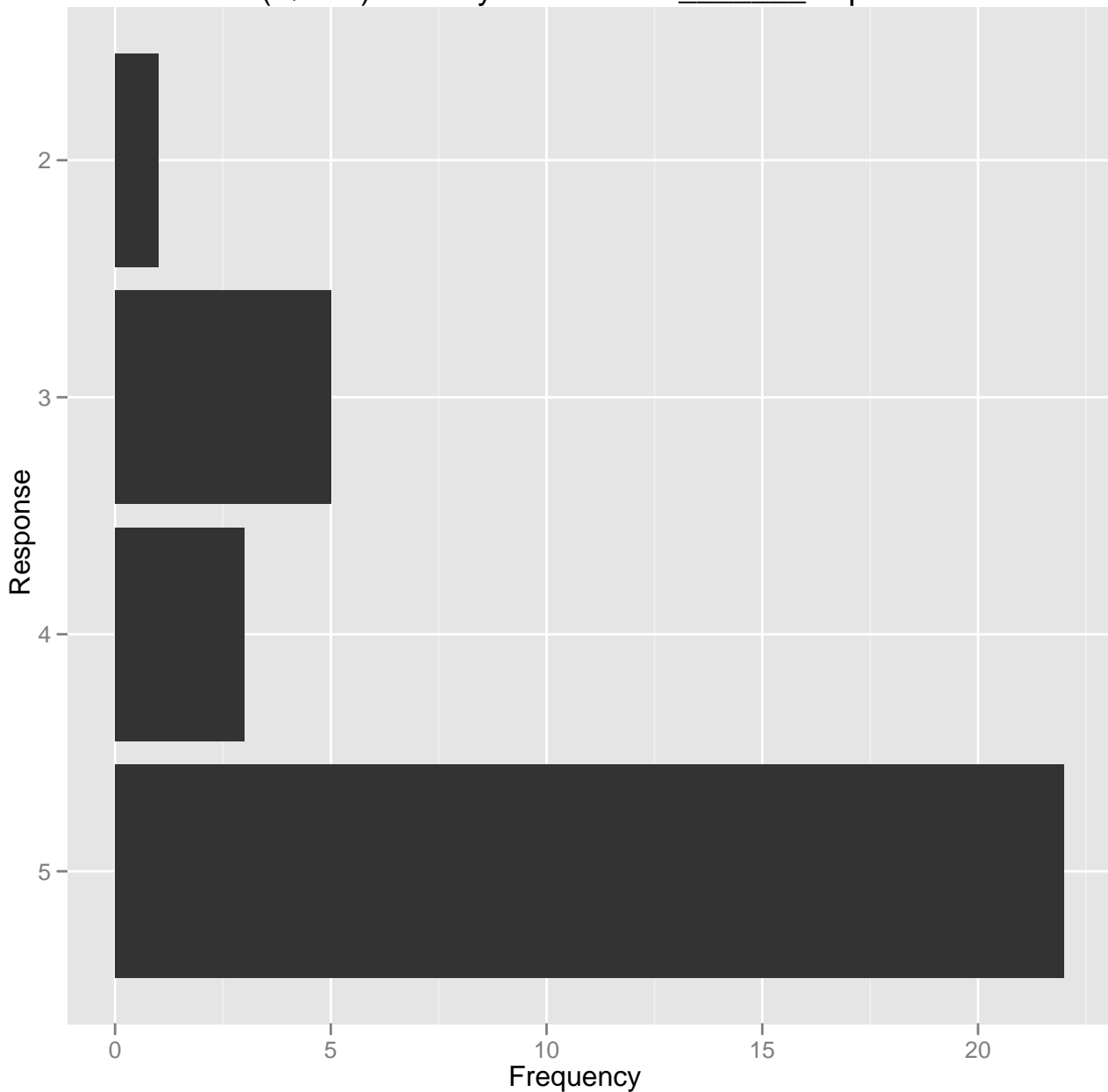
149 (Q57.1):As a result of my childbirth experience, my self-confidence _____



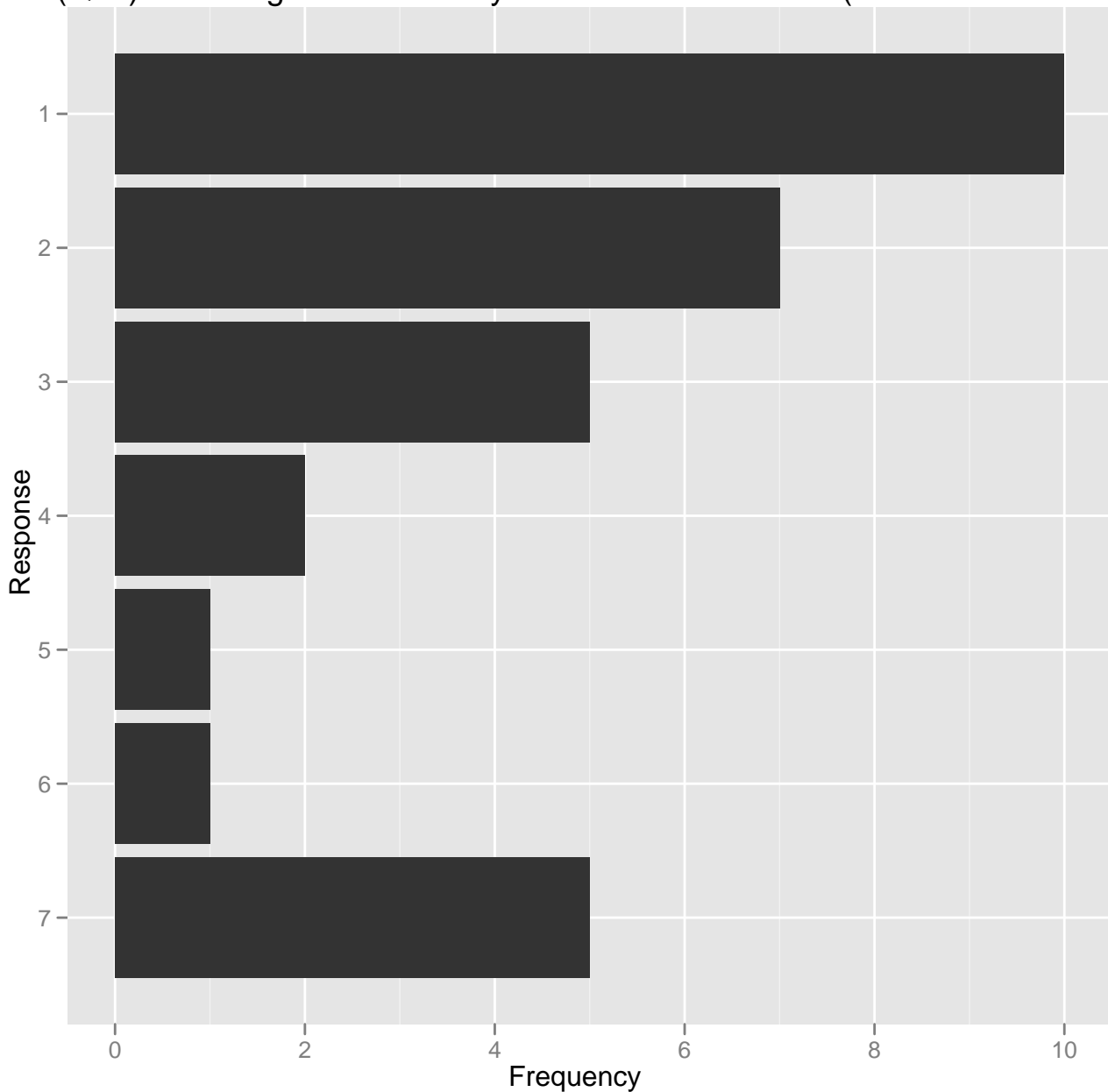
P150 (Q58):My labor and delivery experience was _____



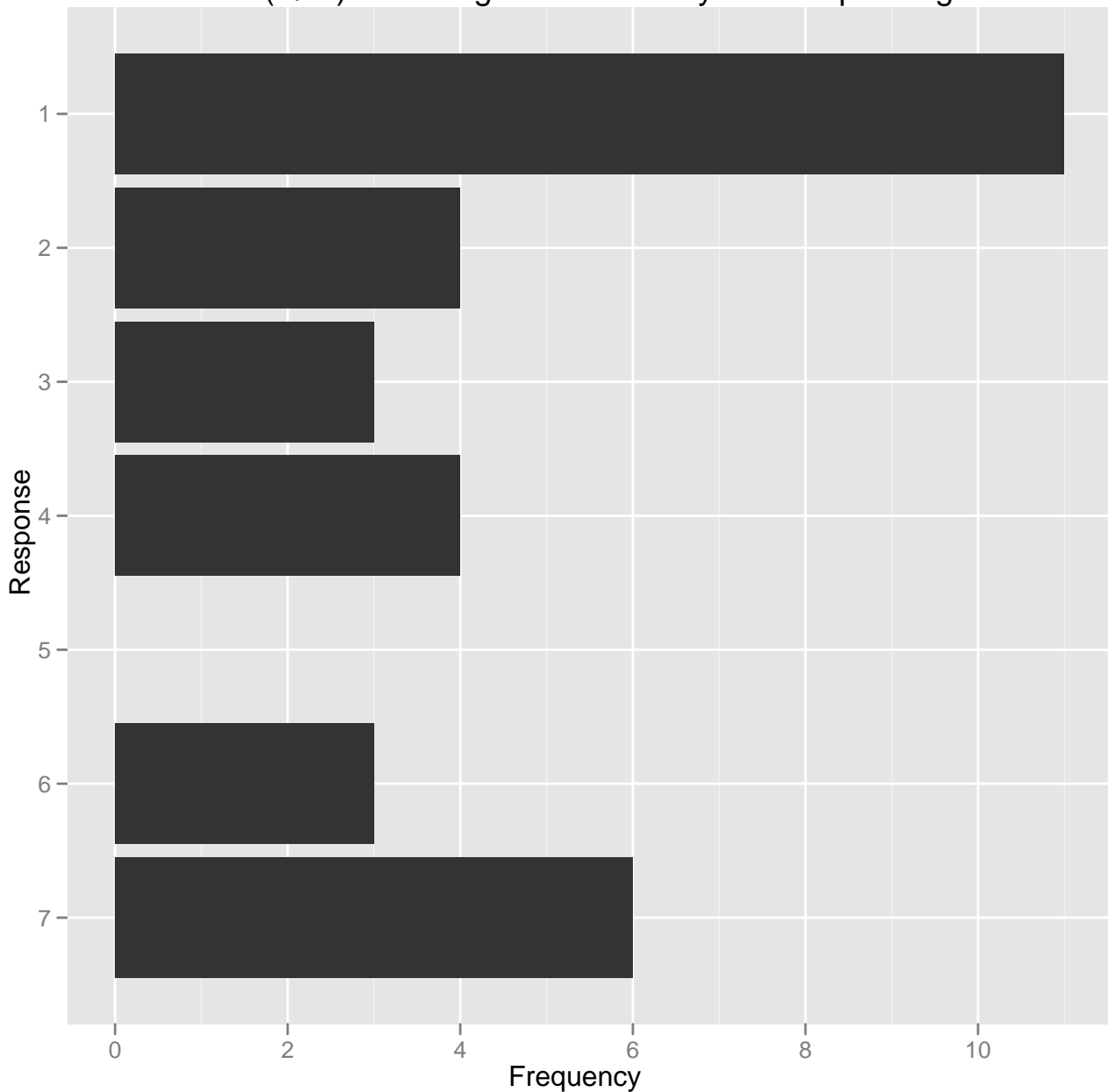
P151 (Q59.1):I felt my labor was a _____ experience



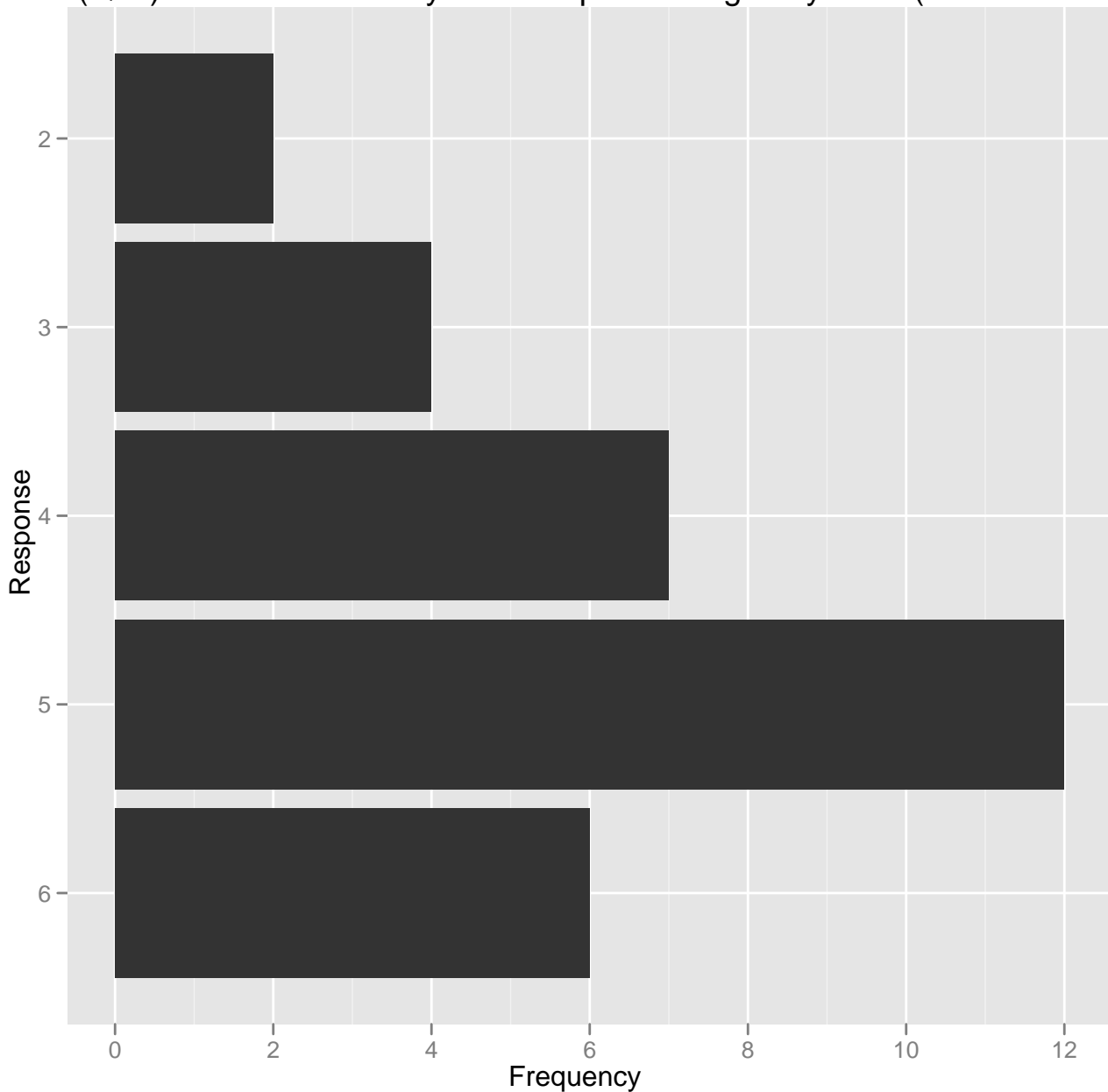
P152 (Q60):How long did it feel like you were in active labor (4cm or more dilated)?



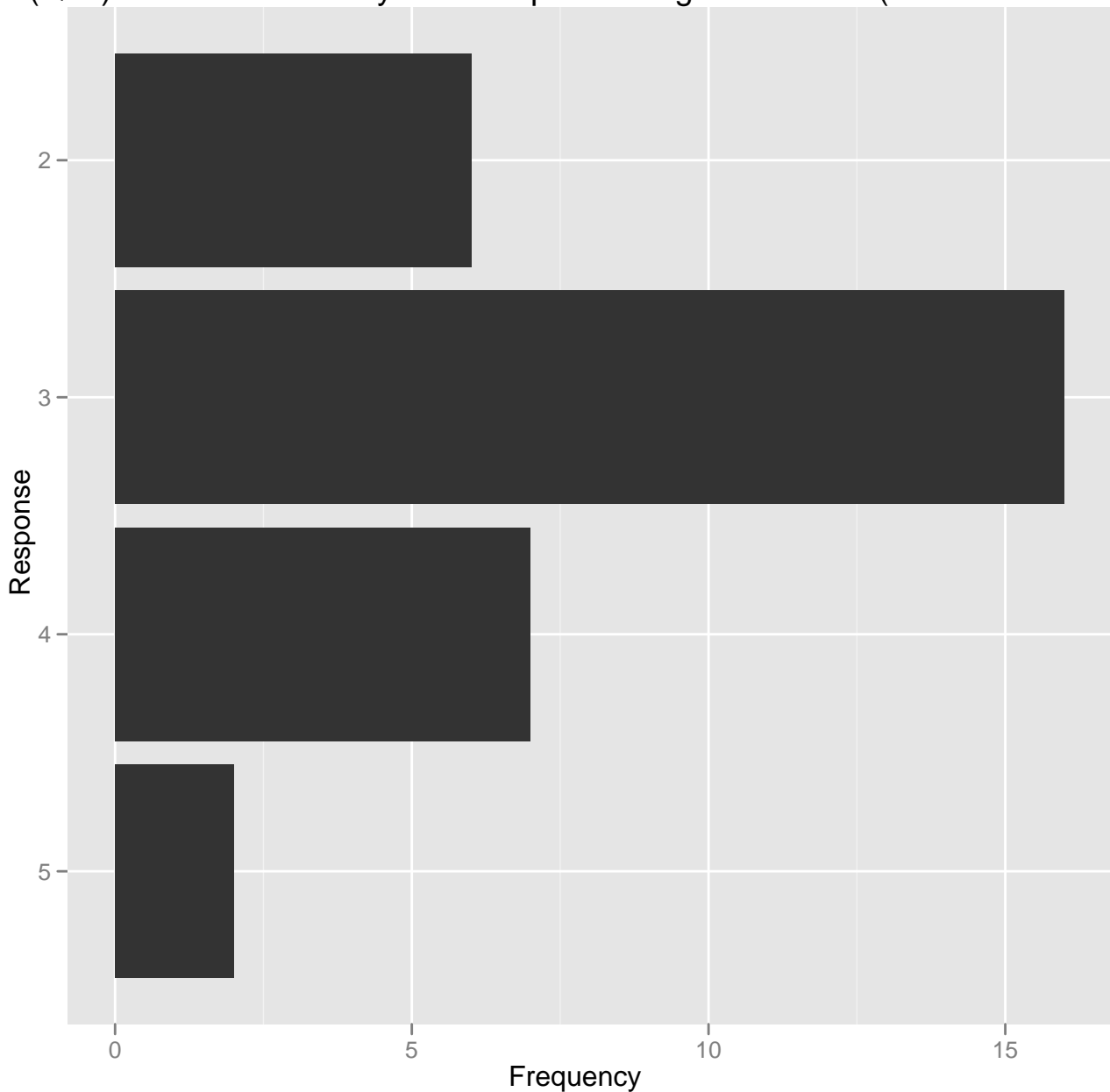
P153 (Q61):How long did it feel like you were pushing?



P154 (Q62):How intense was your labor pain during early labor (0–4cm dilated)?



55 (Q63):How intense was your labor pain during active labor (4cm or more dilate



P156 (Q64):How intense was your labor pain during pushing?

