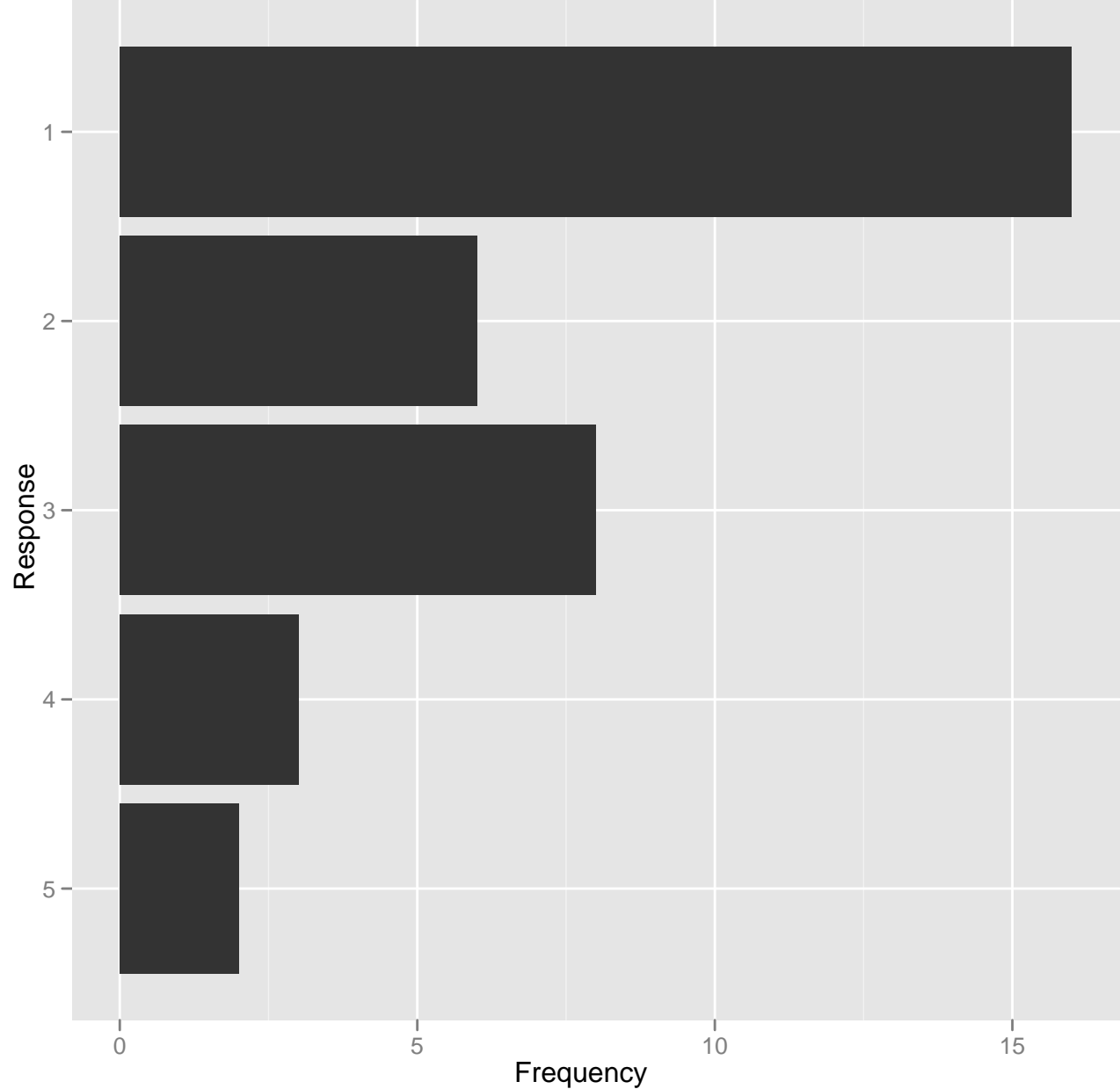
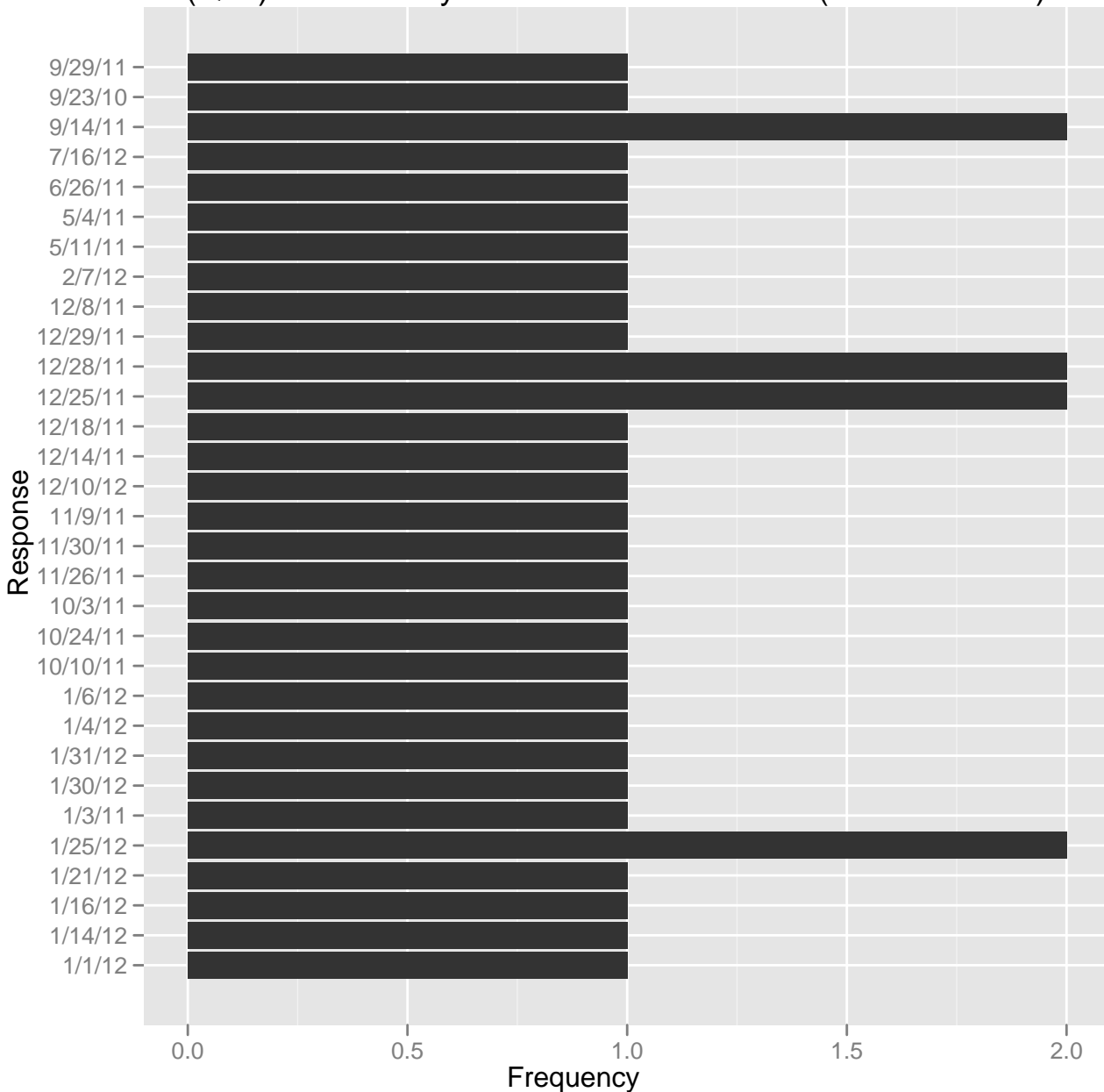


P001 (Q33):How many previous full-term pregnancies have you had?



P002 (Q35):When was your estimated due date? (MM/DD/YYYY)



P003 (Q37):Is this a single or a multiple pregnancy?

Response

1

0

5

10

15

20

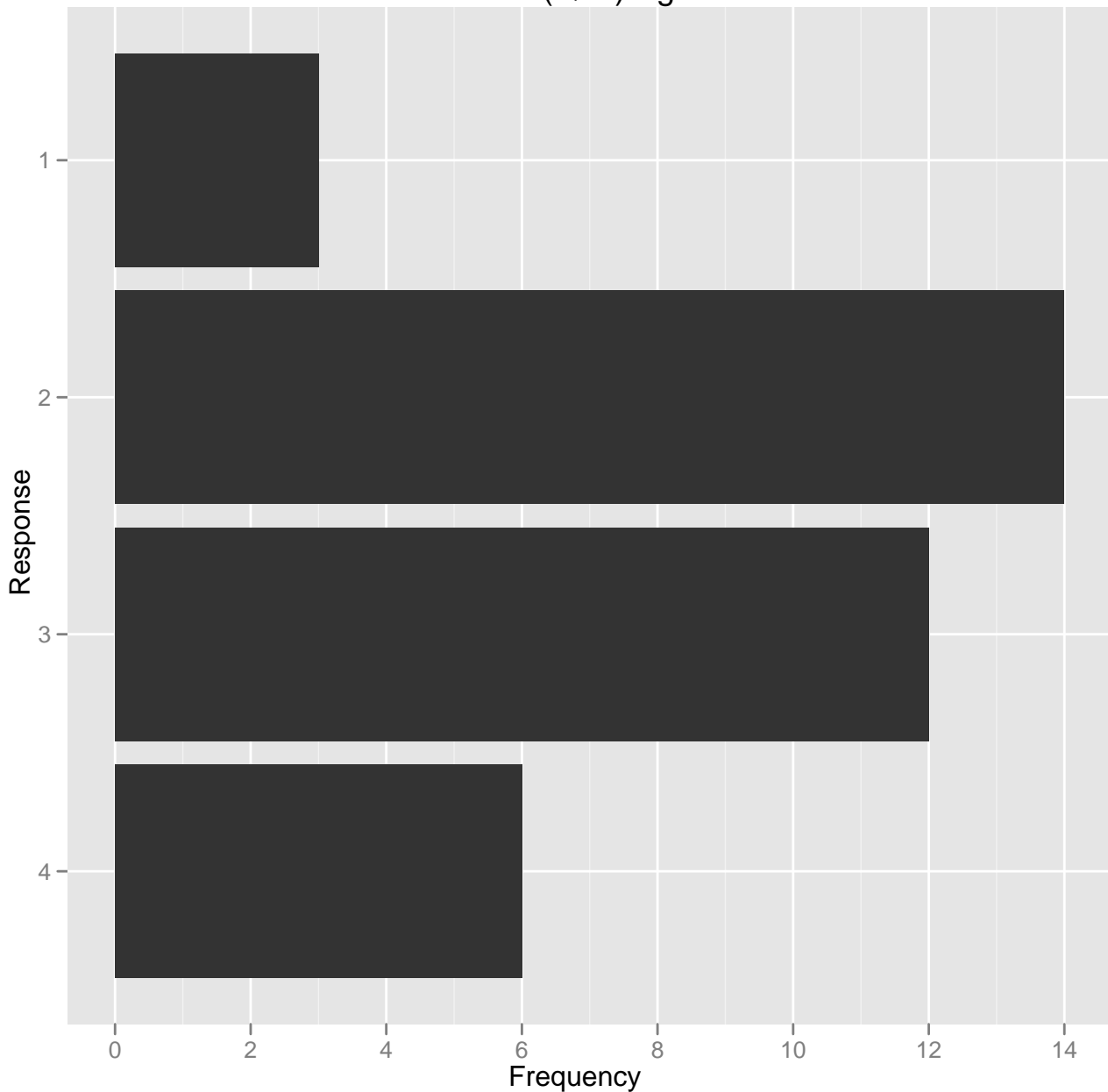
25

30

35

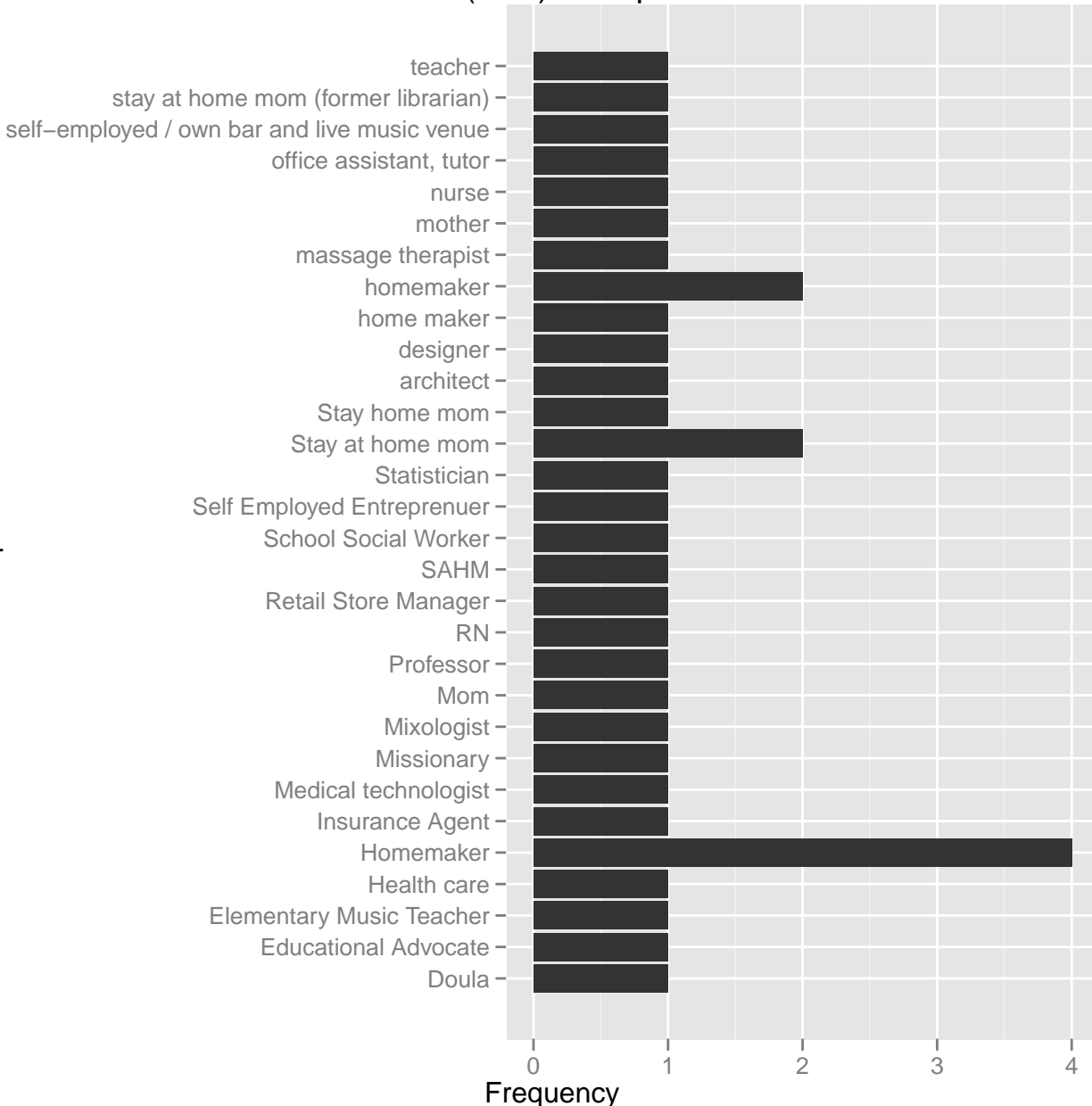
Frequency

P004 (Q39):Age

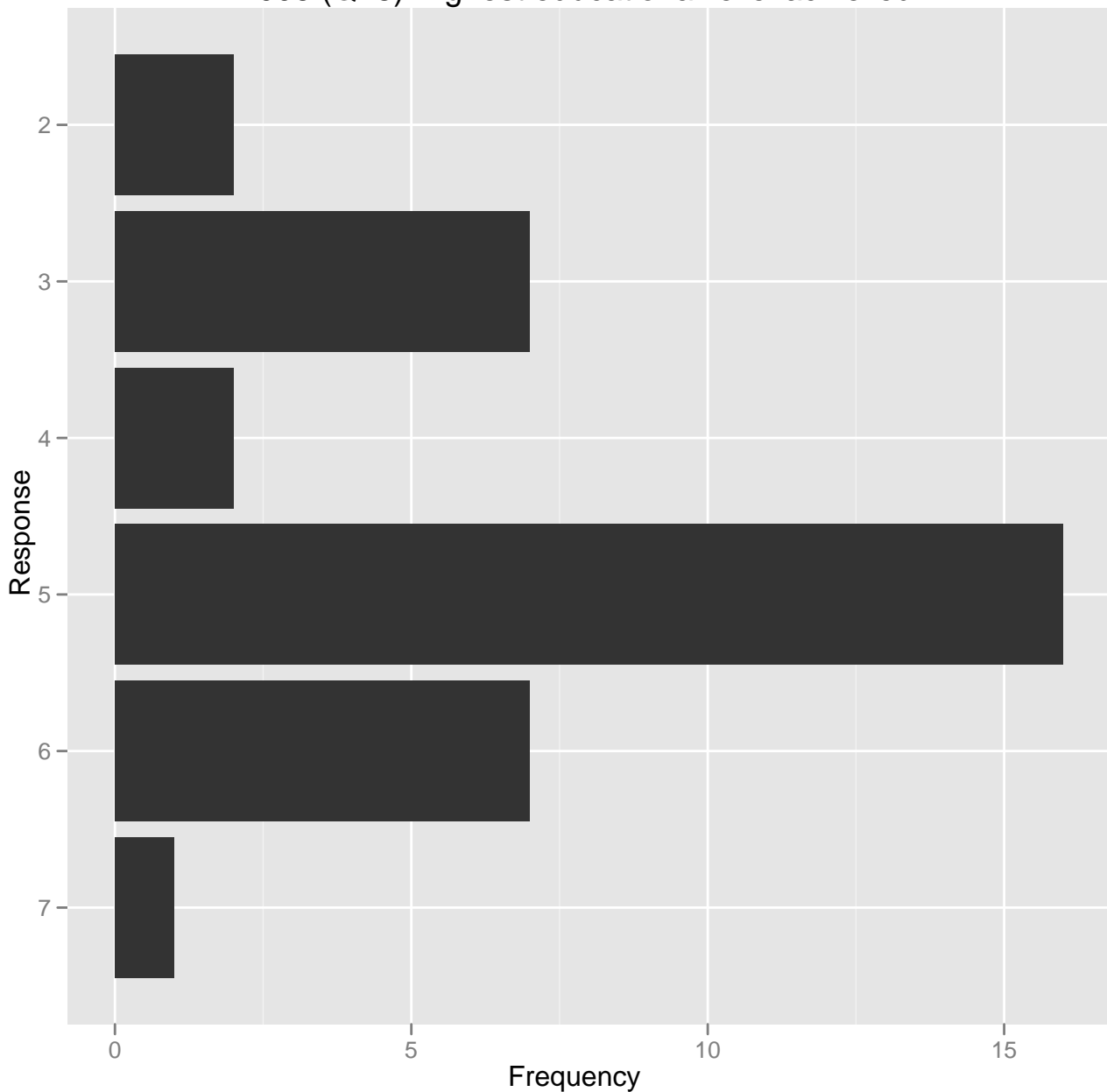


P005 (Q41):Occupation

Response



P006 (Q43):Highest educational level achieved



P007 (Q45):Are you currently partnered?

Response

1

0

5

10

Frequency

15

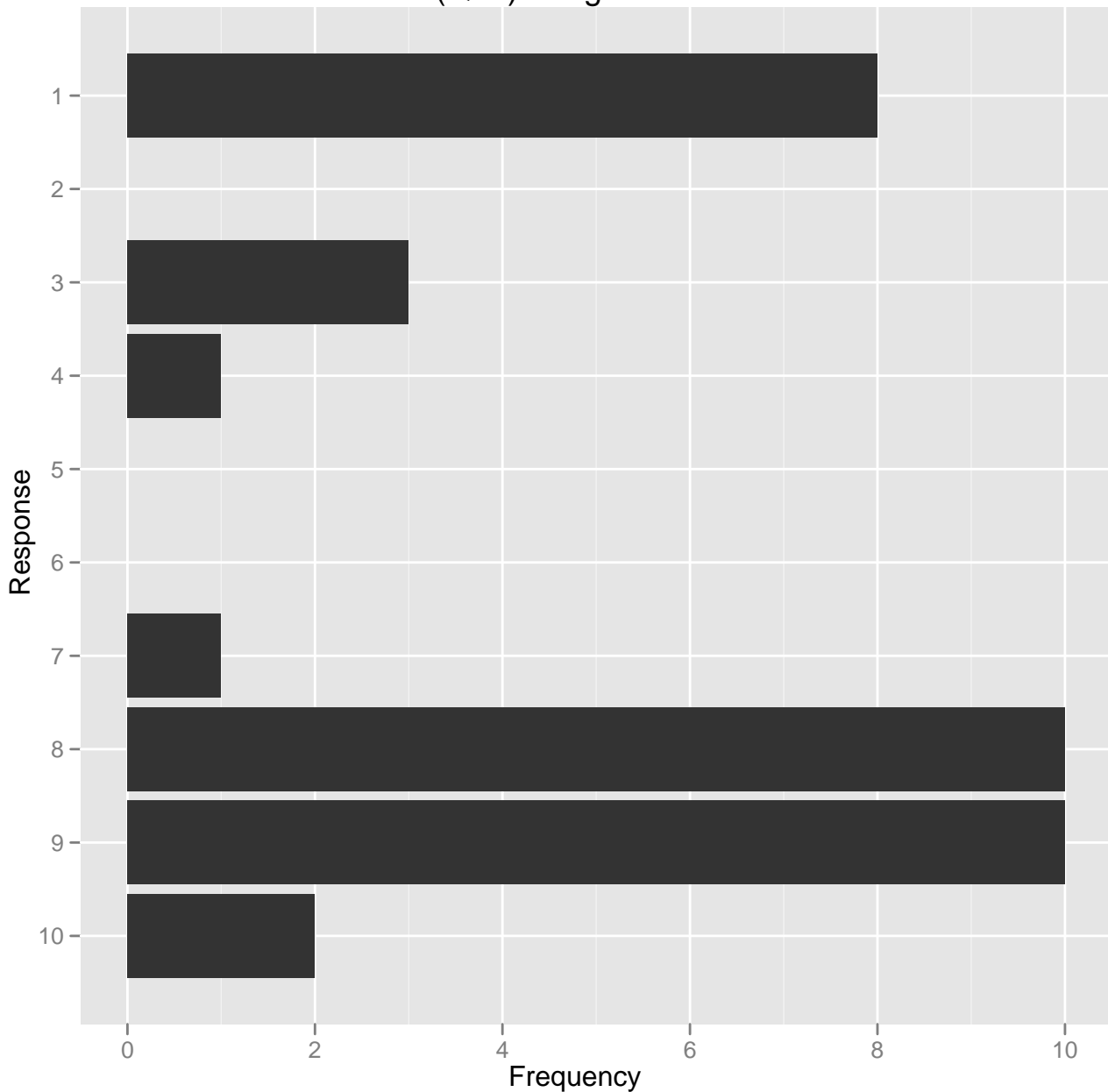
20

25

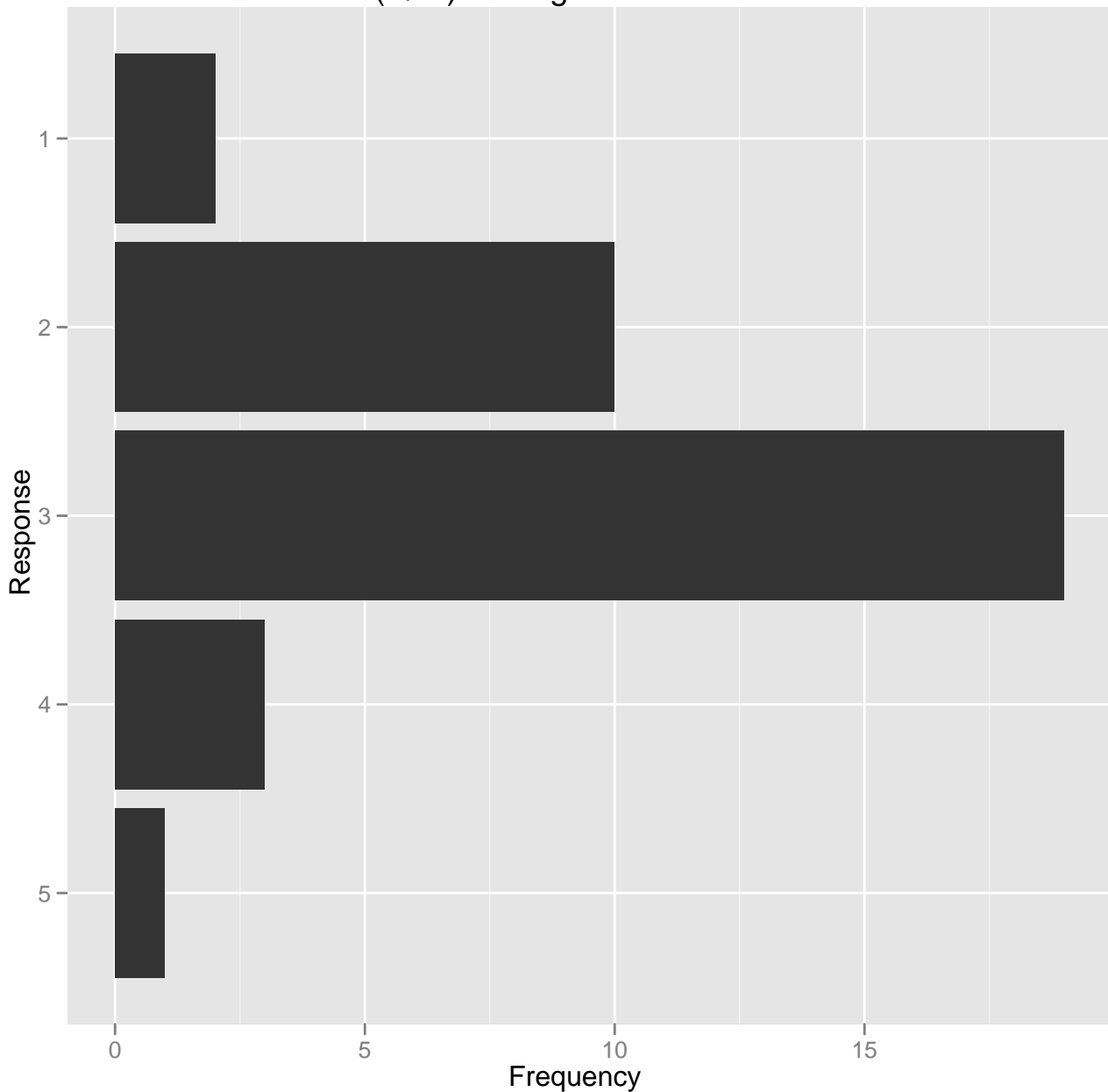
30

35

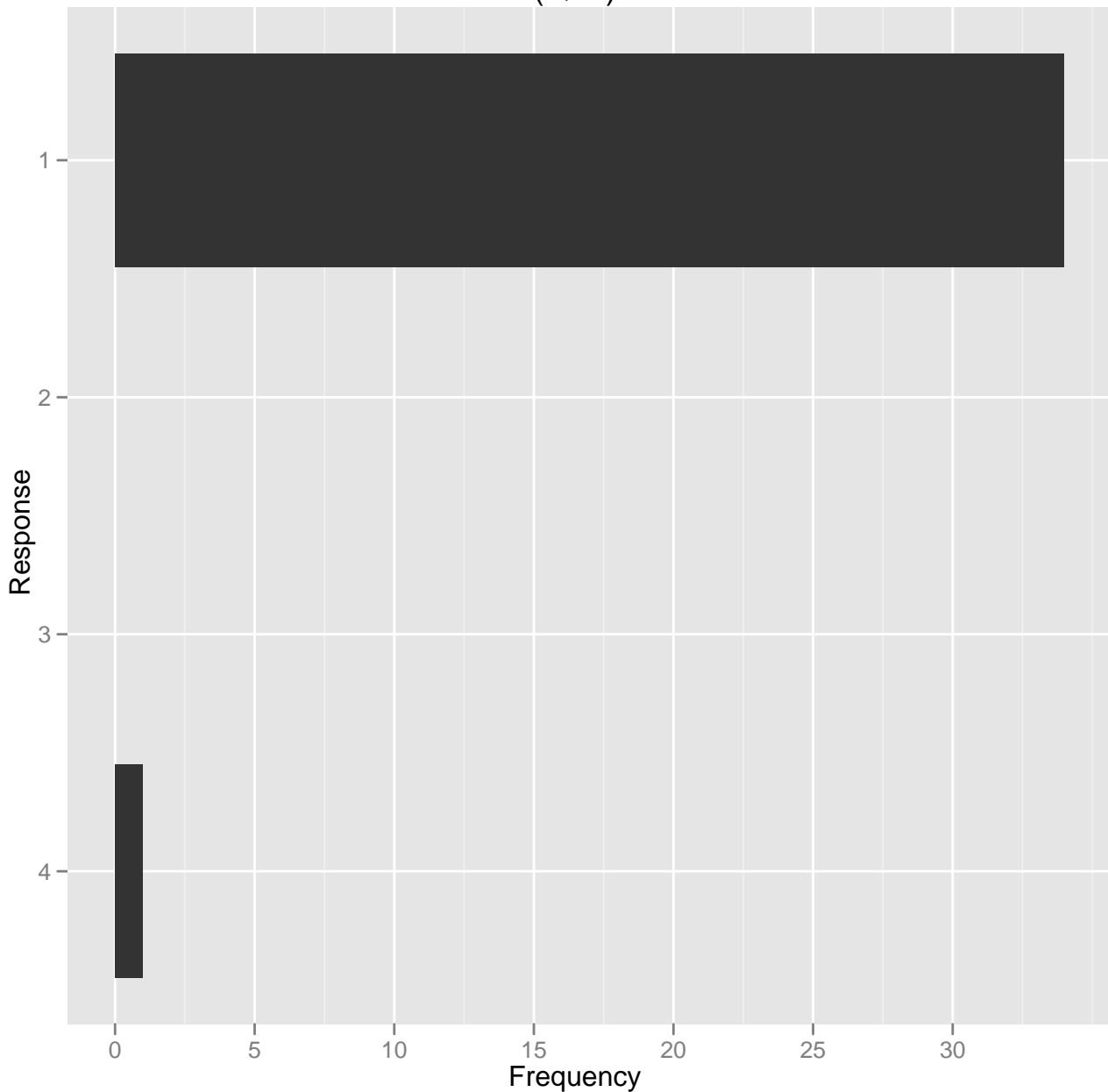
P008 (Q47):Religious affiliation



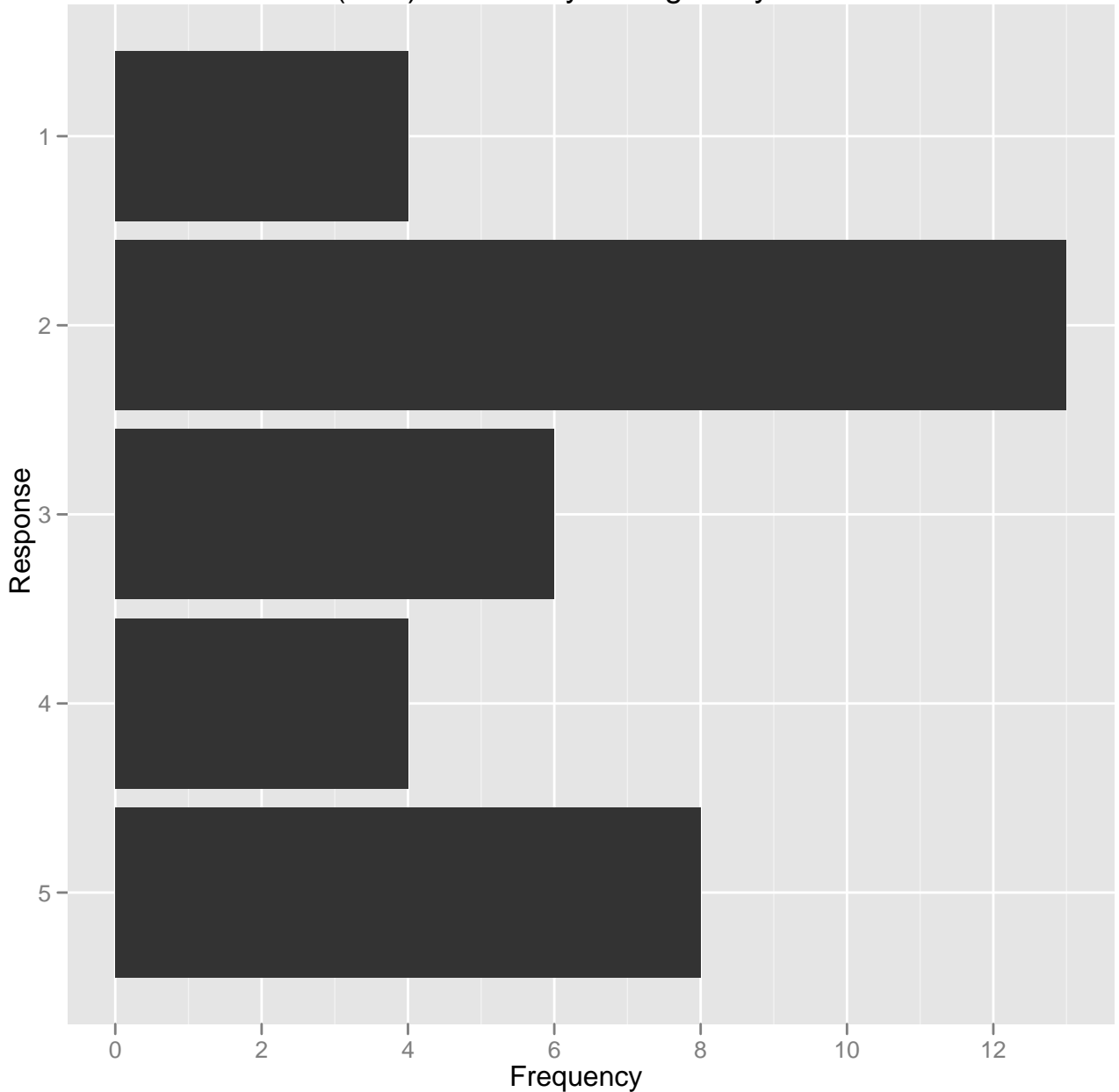
P009 (Q49):Average household income



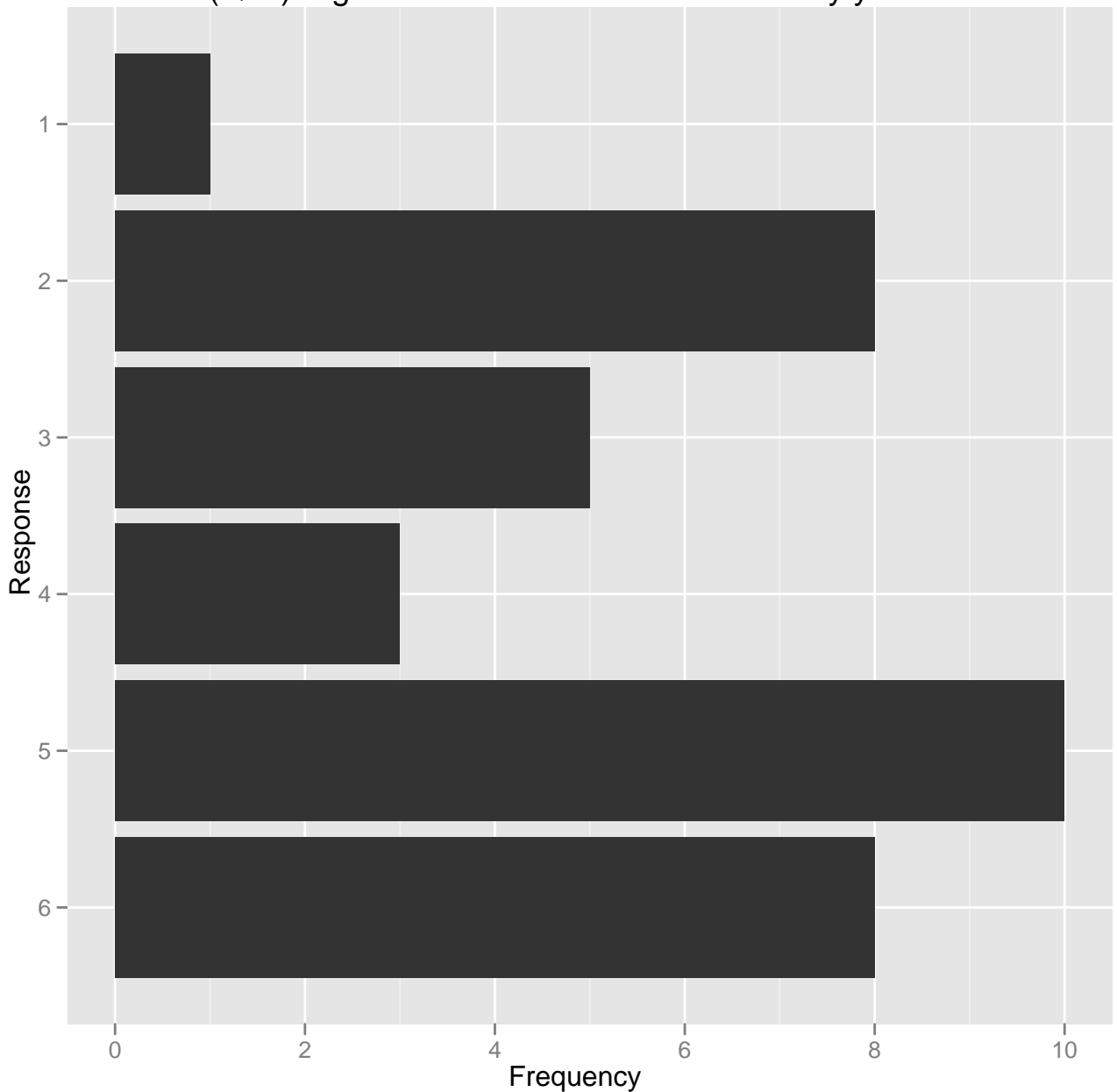
P010 (Q51):Race



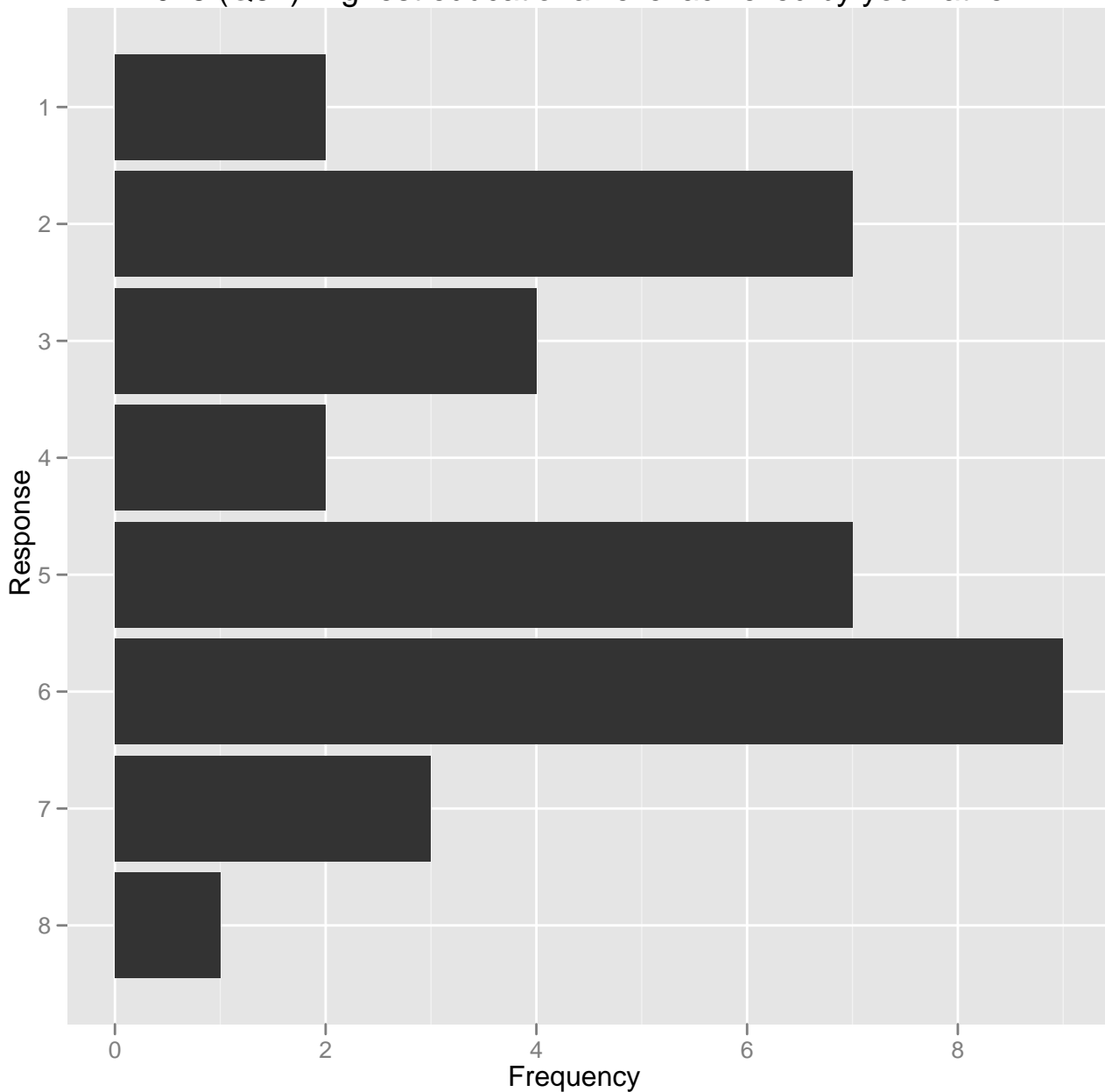
P011 (Q53):How many siblings do you have?



P012 (Q55):Highest educational level achieved by your mother



P013 (Q57):Highest educational level achieved by your father



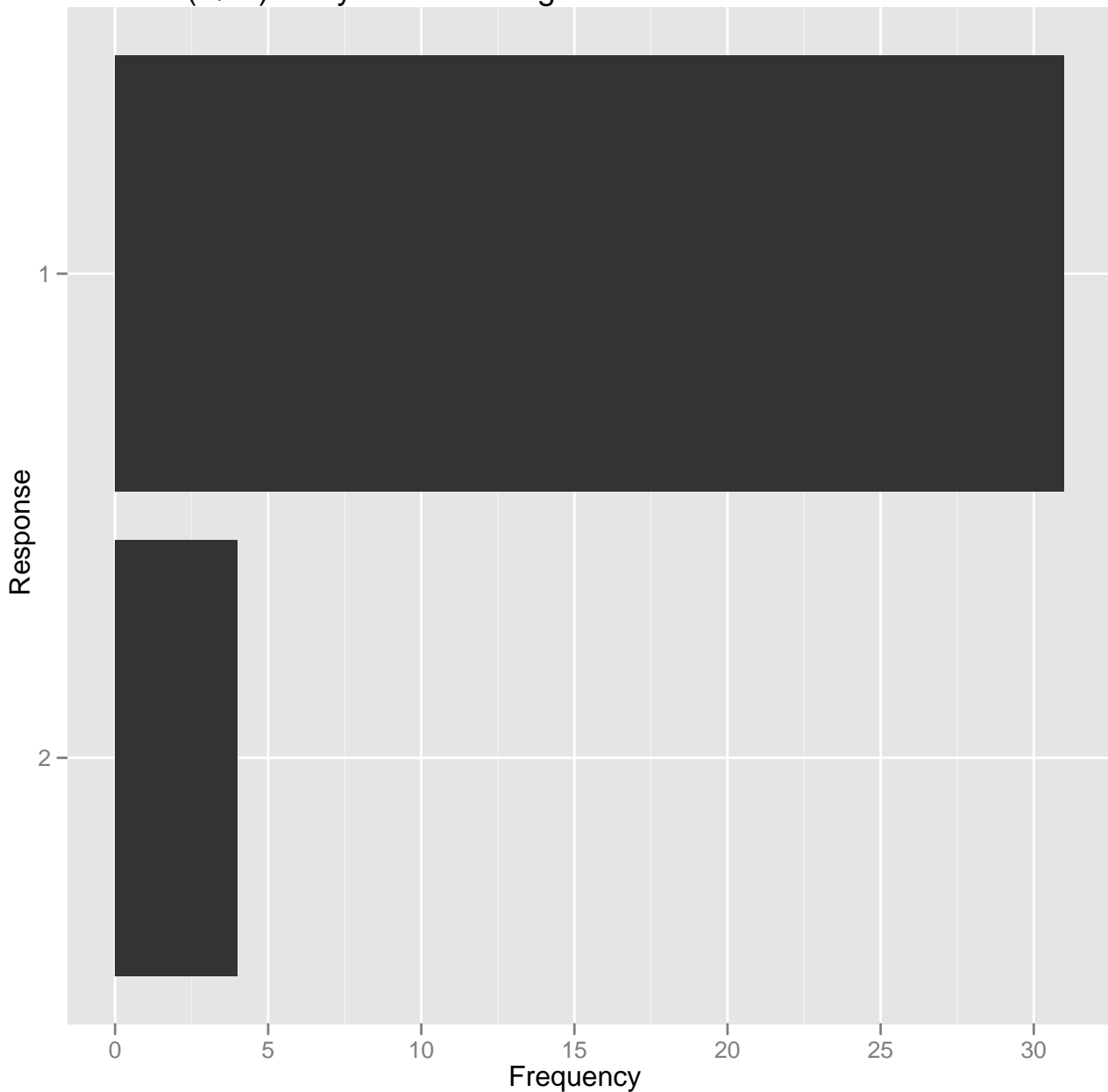
4 (Q59):What is your primary motivating factor for choosing an out-of-hospital bir

Response

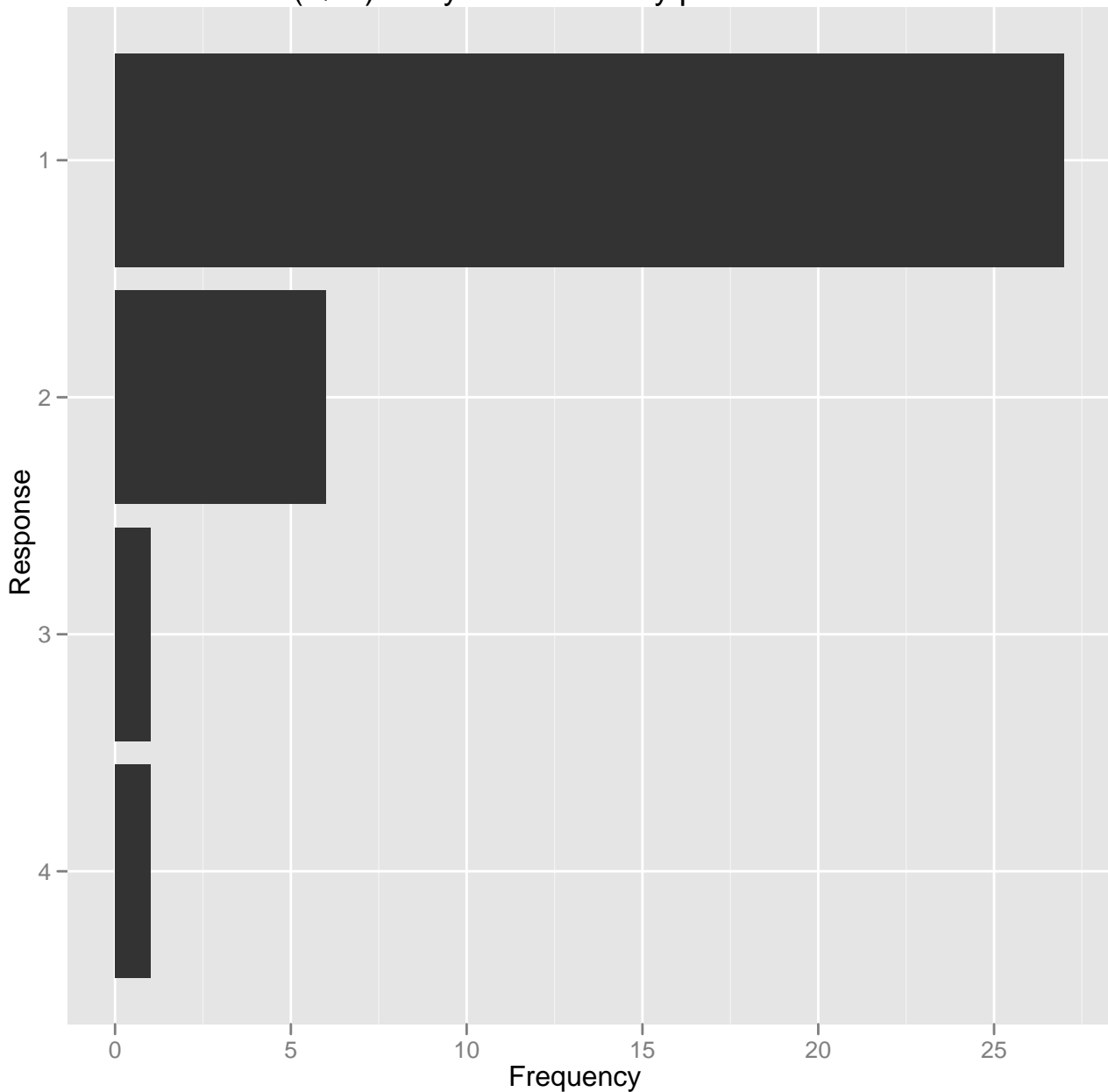
Frequency

2.

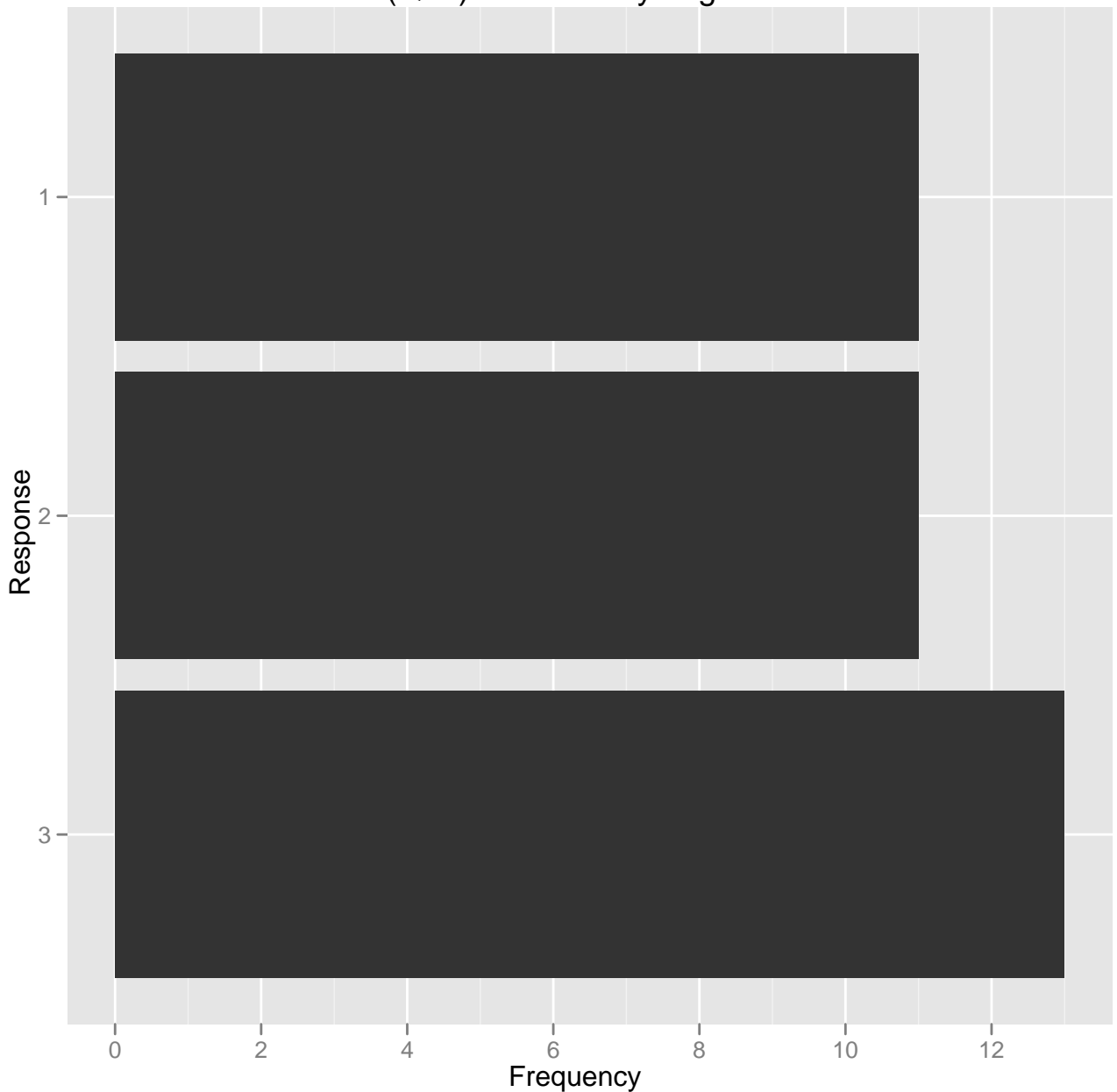
P015 (Q19):Did you have a vaginal childbirth or a cesarean birth?



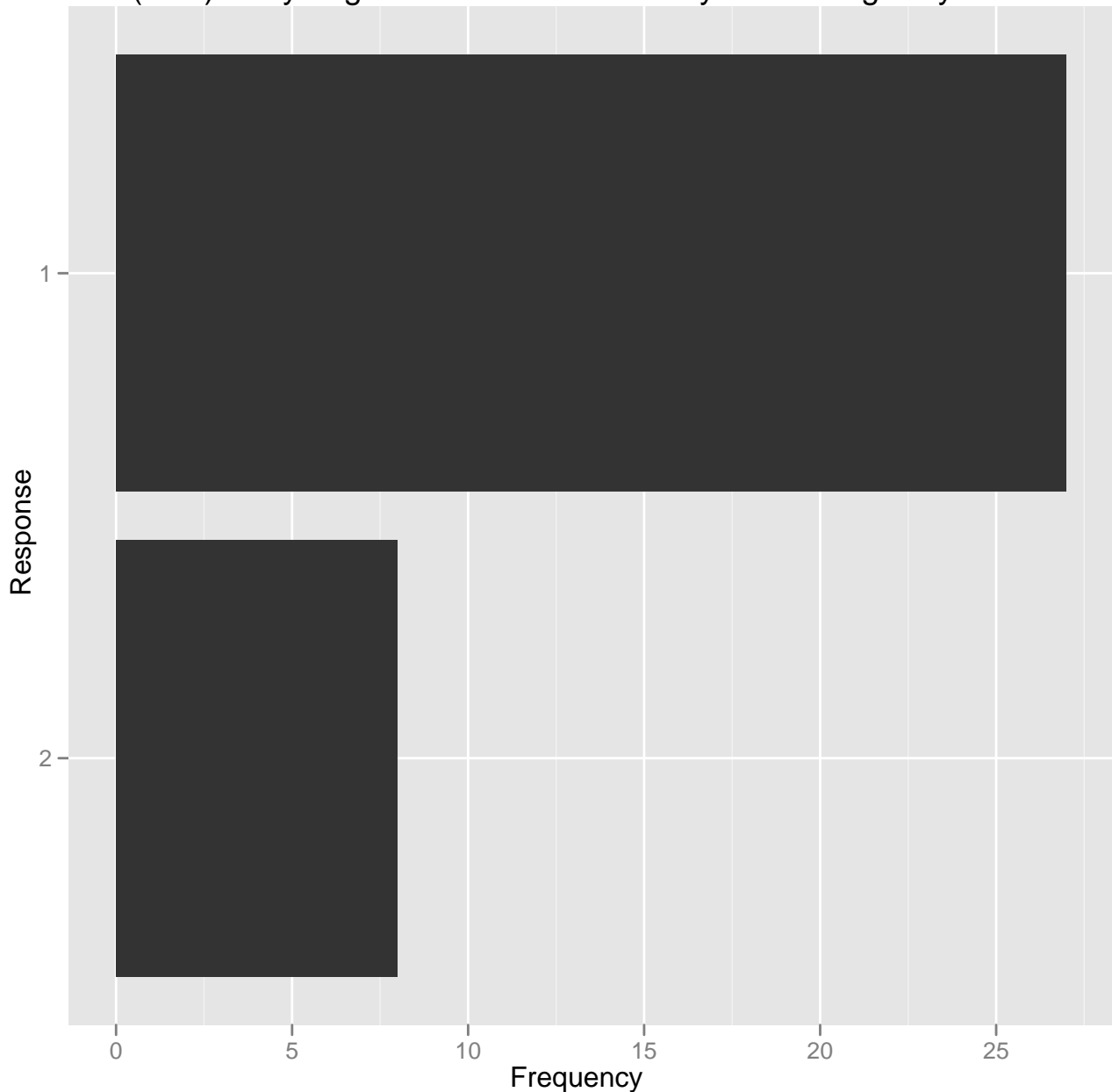
P016 (Q20):Did you receive any pain medications?



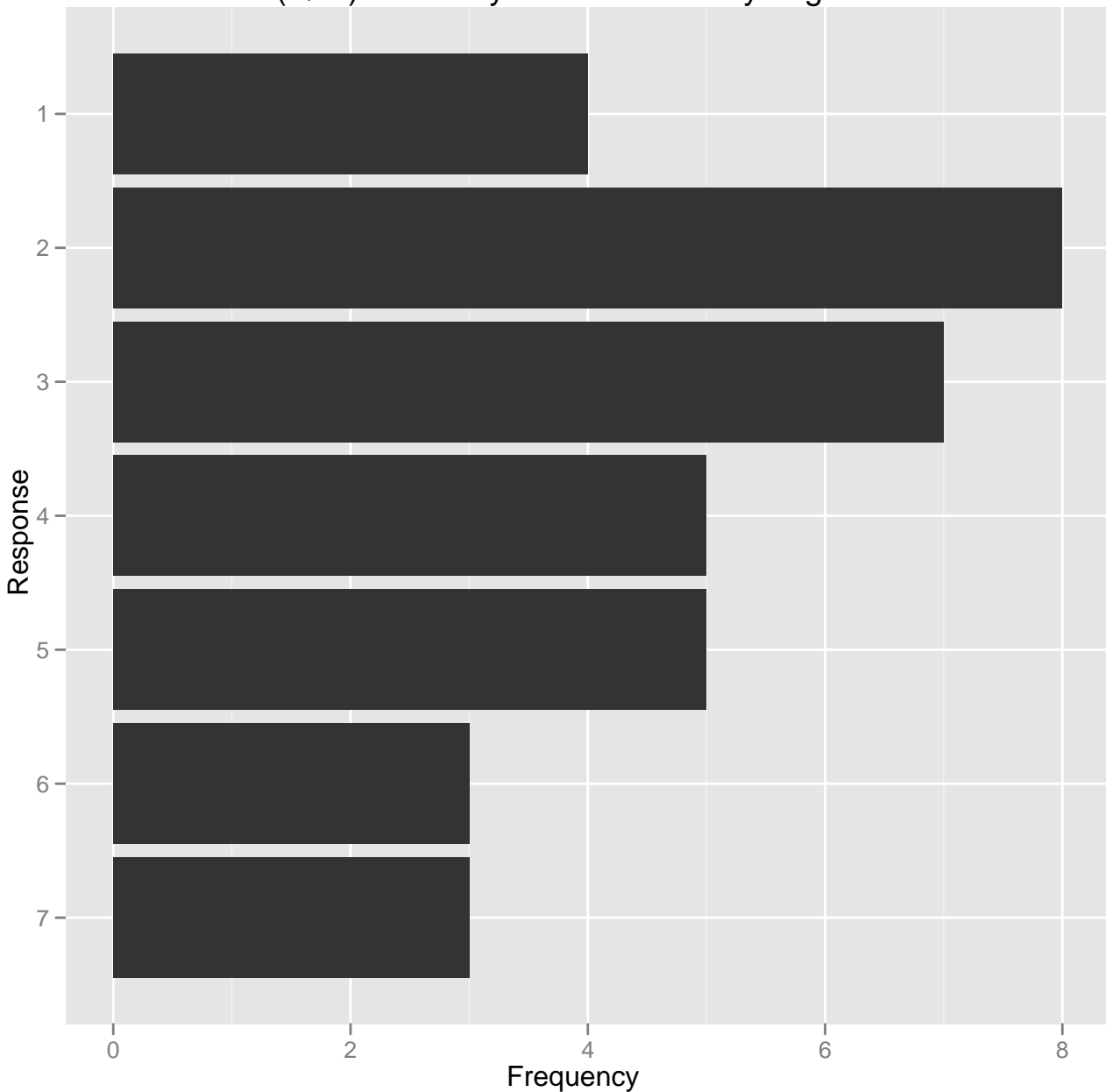
P017 (Q21):Where did you give birth?



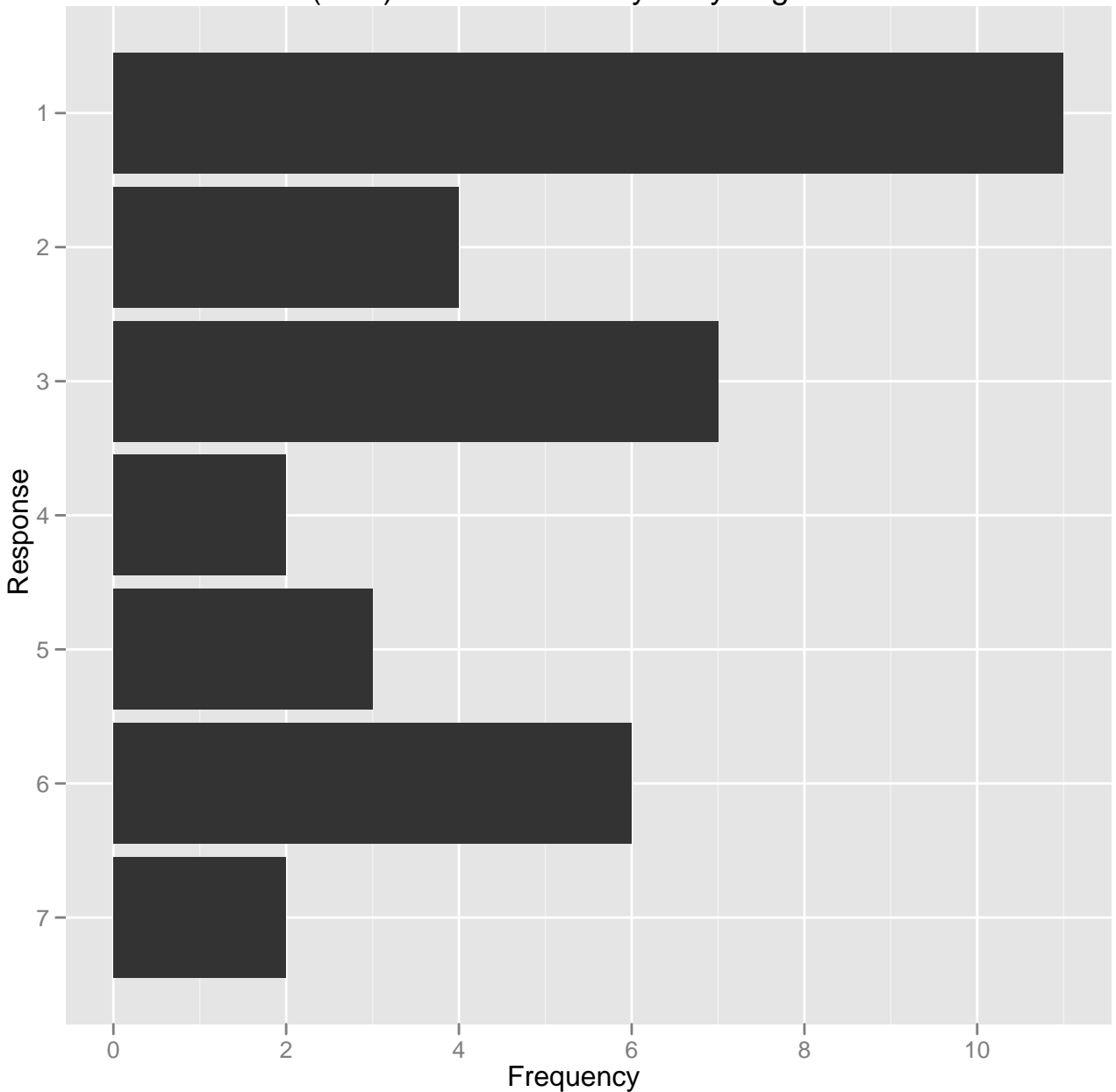
P018 (Q22):Did you give birth at the location you had originally intended?



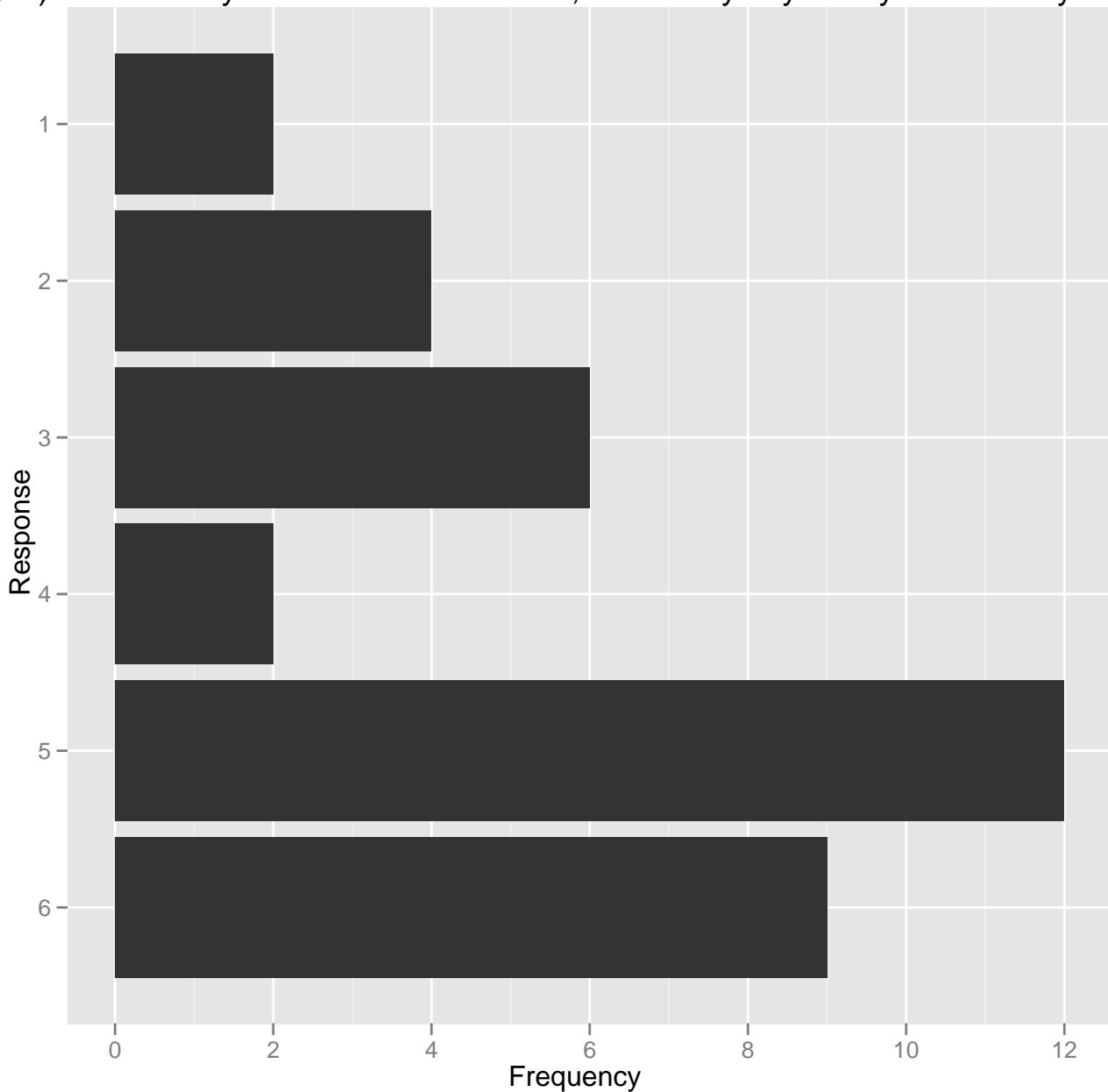
P019 (Q23):What day of the week did you give birth?



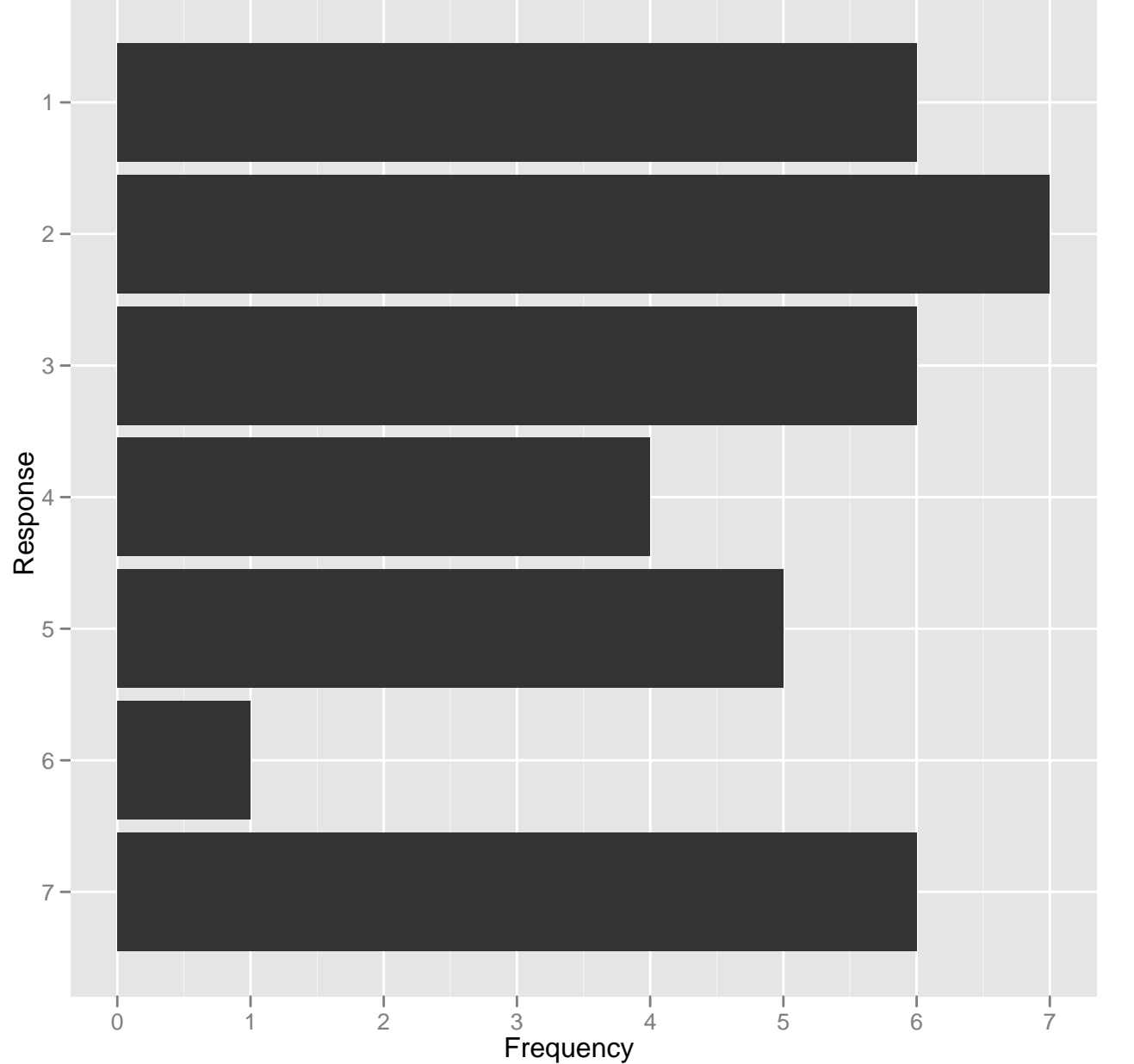
P020 (Q24):What time of day did you give birth?



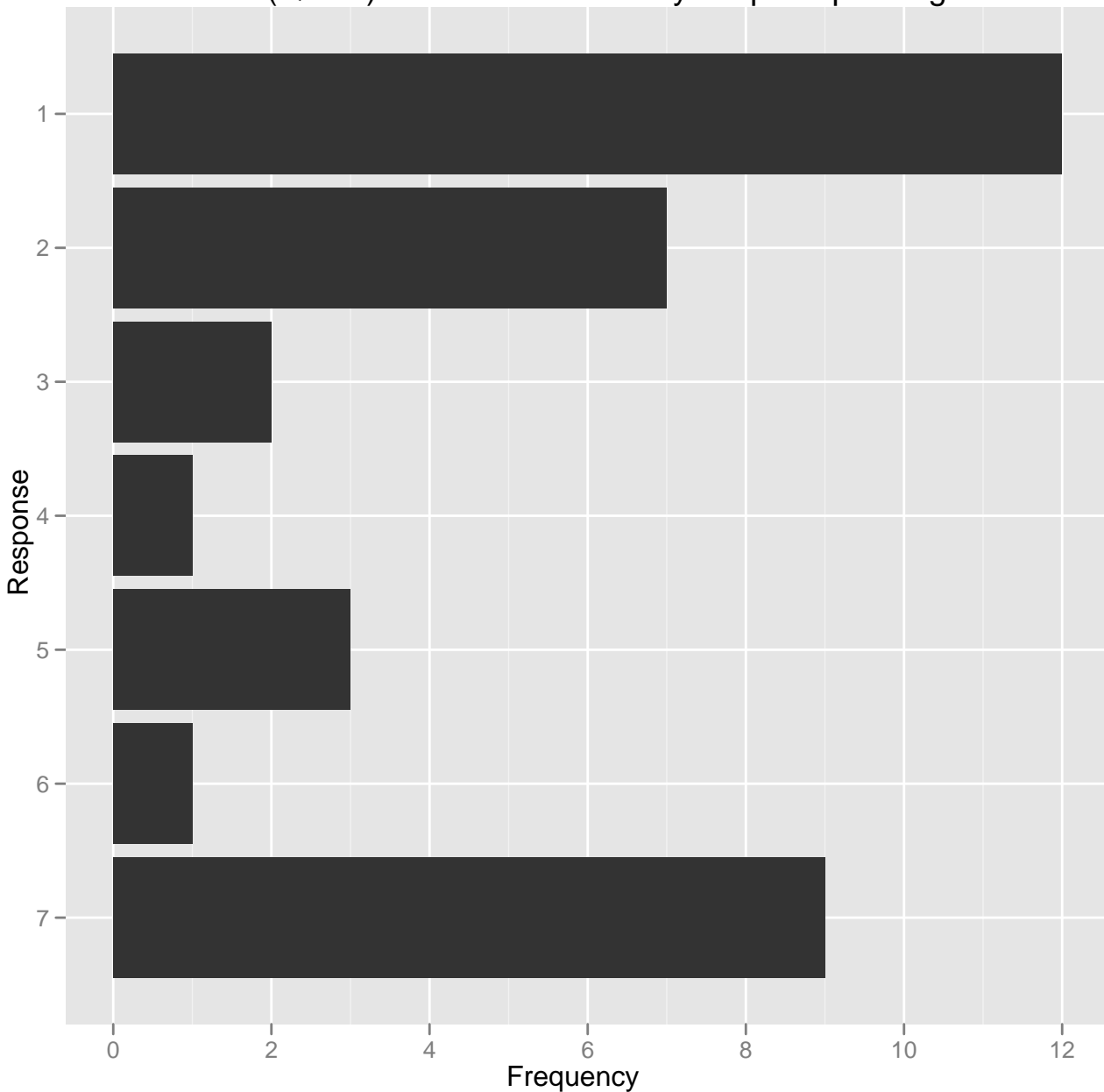
Q25):Relative to your estimated due date, how many days early or late did you give



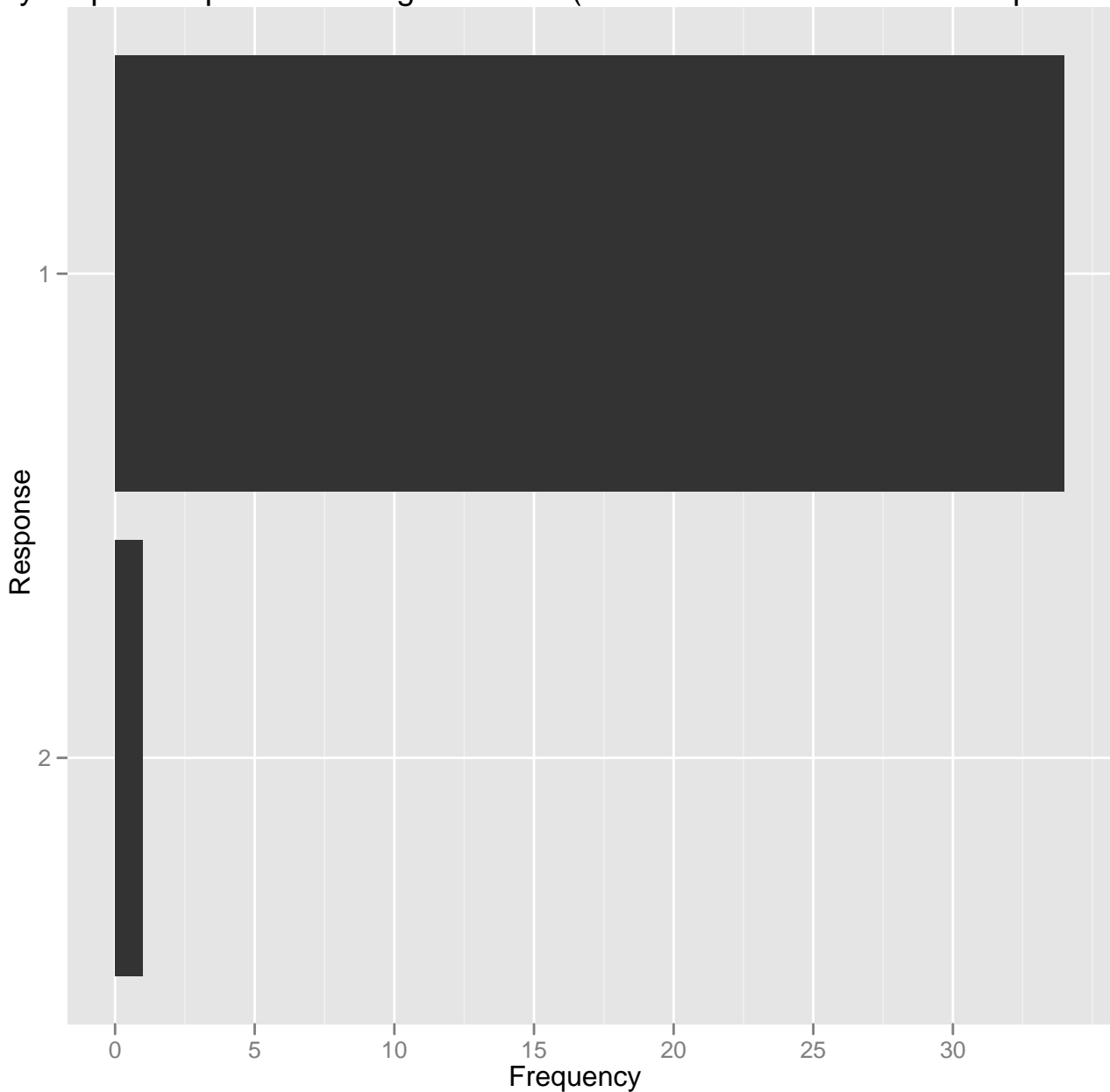
P022 (Q26):How much time did you spend in active labor (4cm or more dilated)?



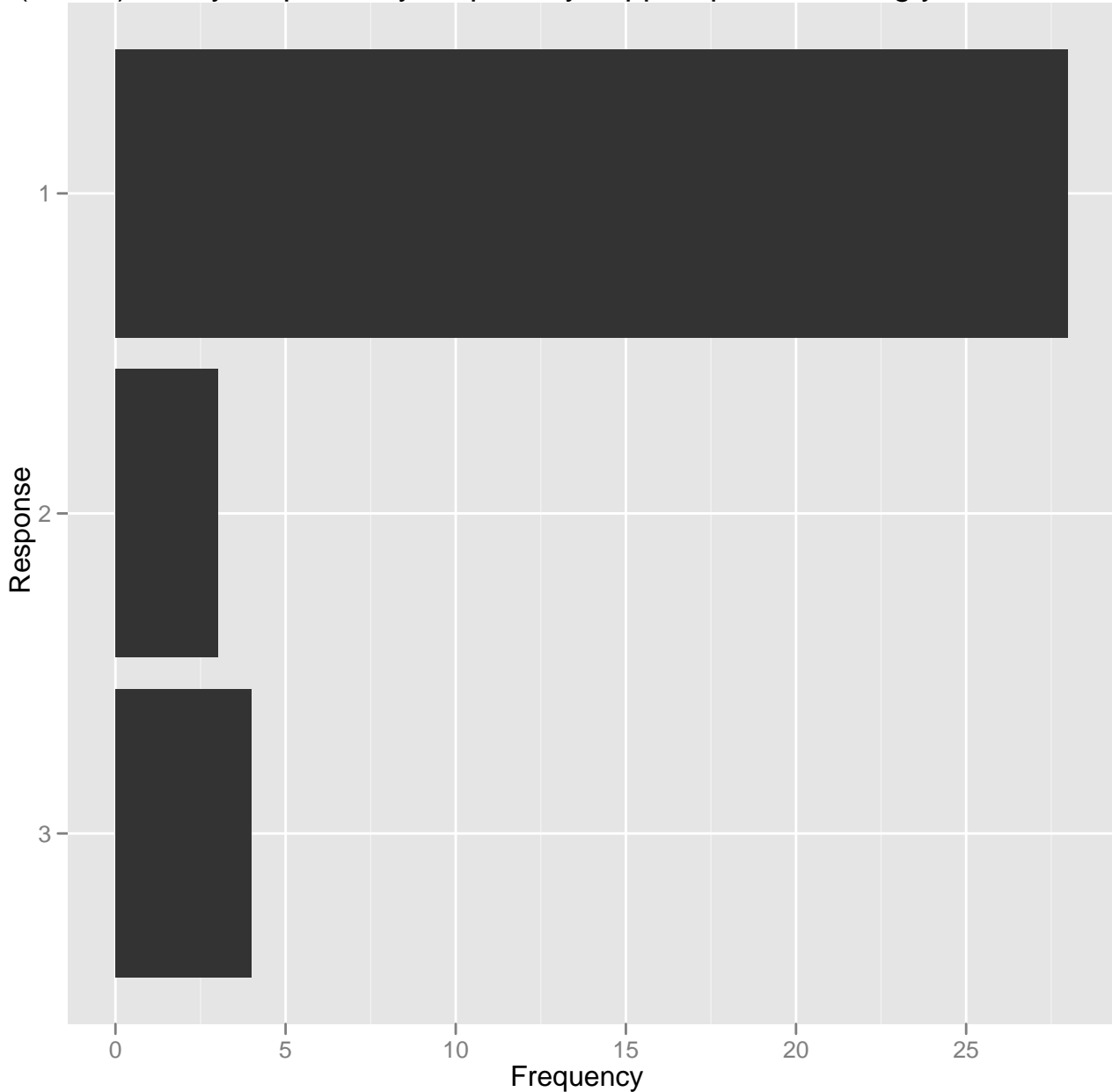
P023 (Q27.1):How much time did you spend pushing?



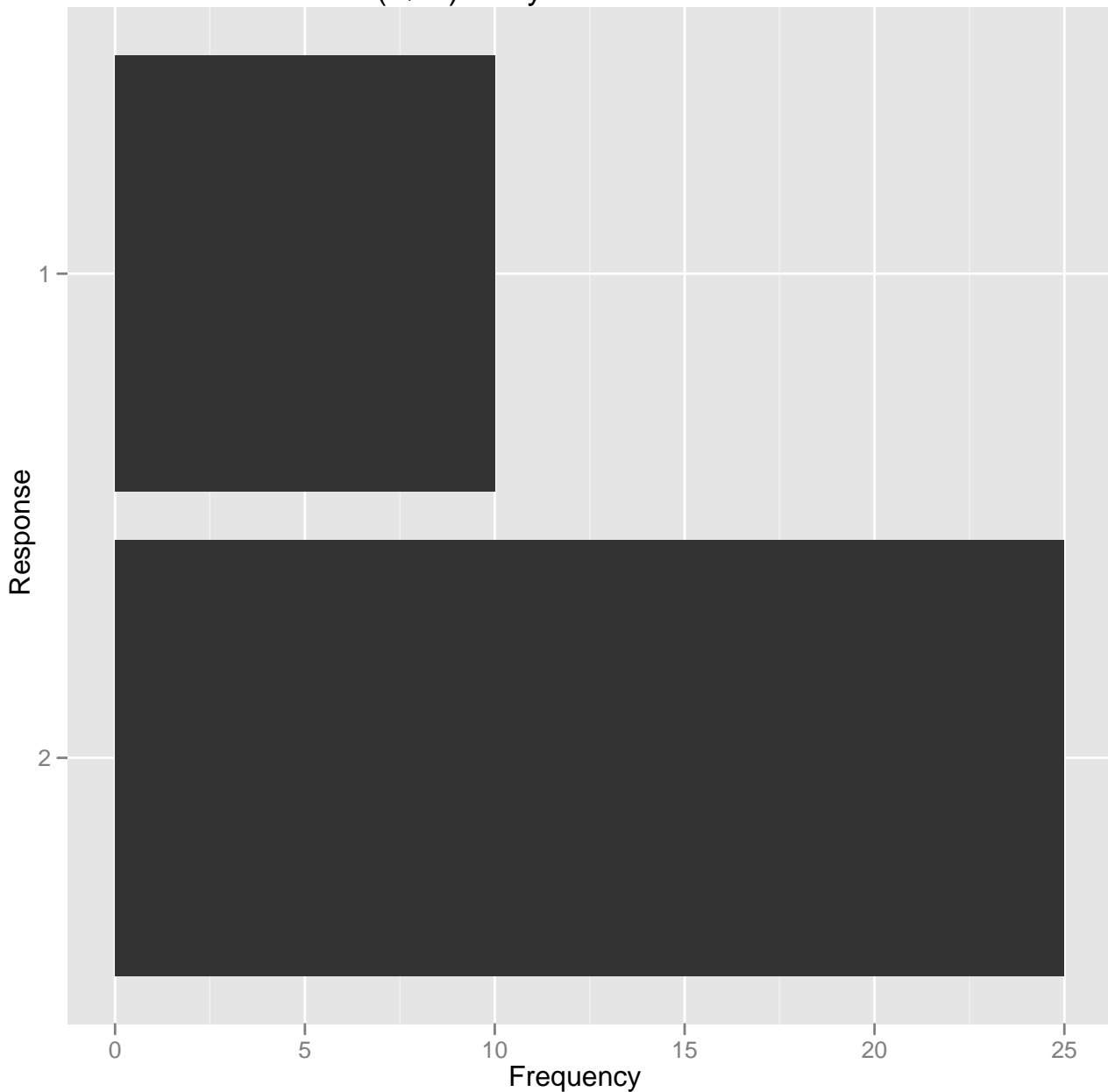
Was your partner present during the birth? (Partner can mean a romantic partner or



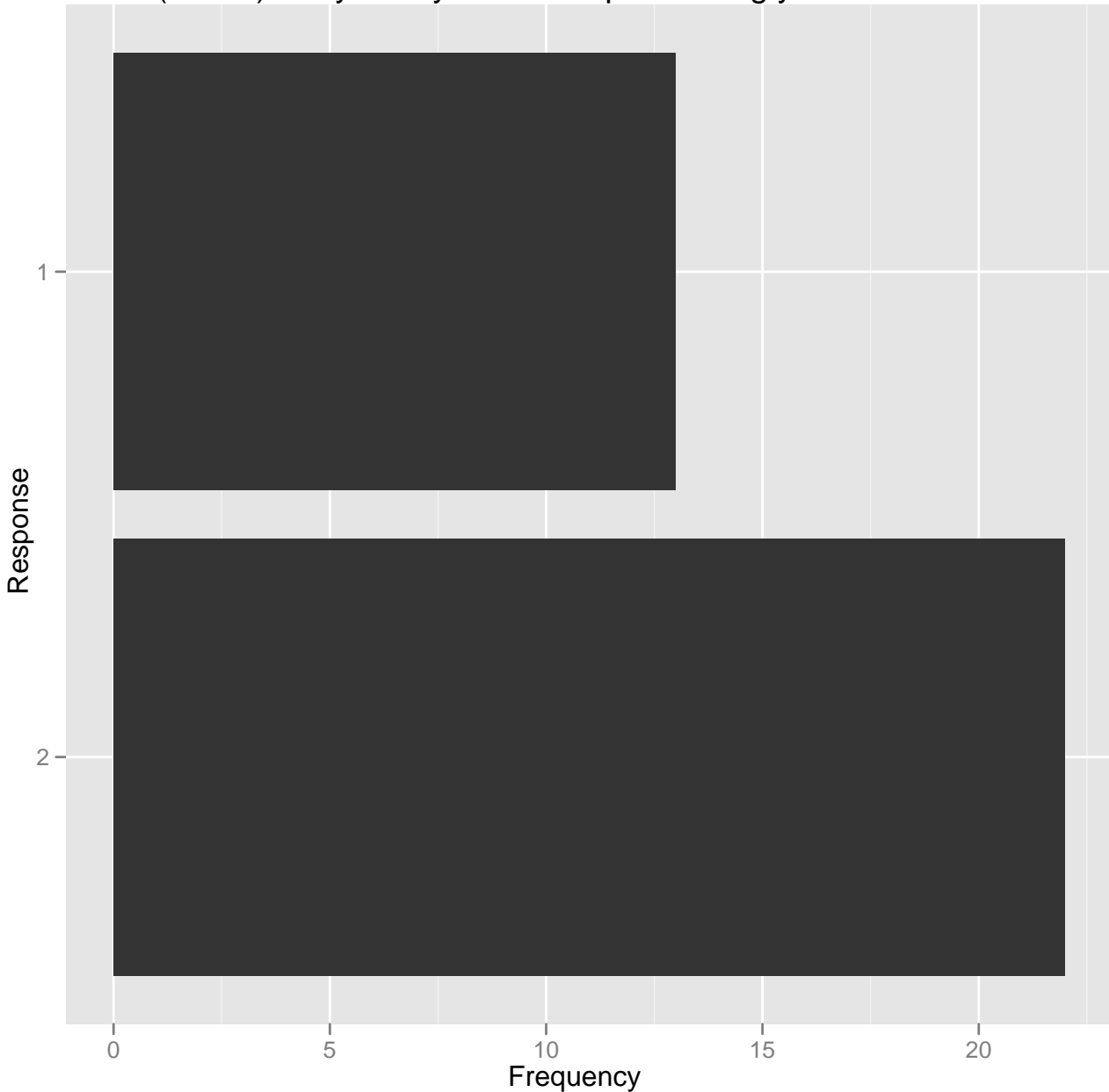
25 (Q29.1):Was your partner your primary support person during your labor and bi



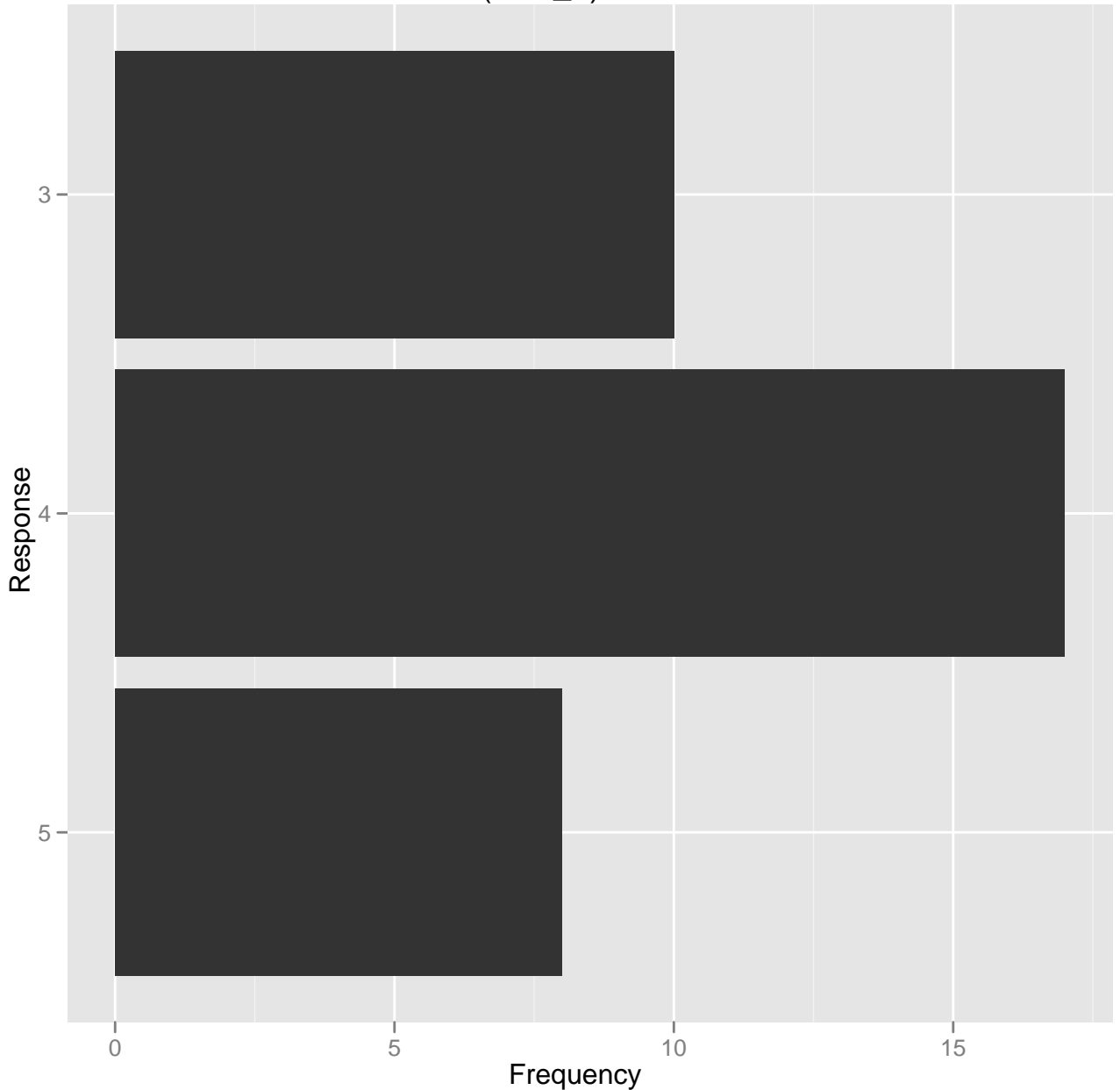
P026 (Q30):Did you work with a doula?



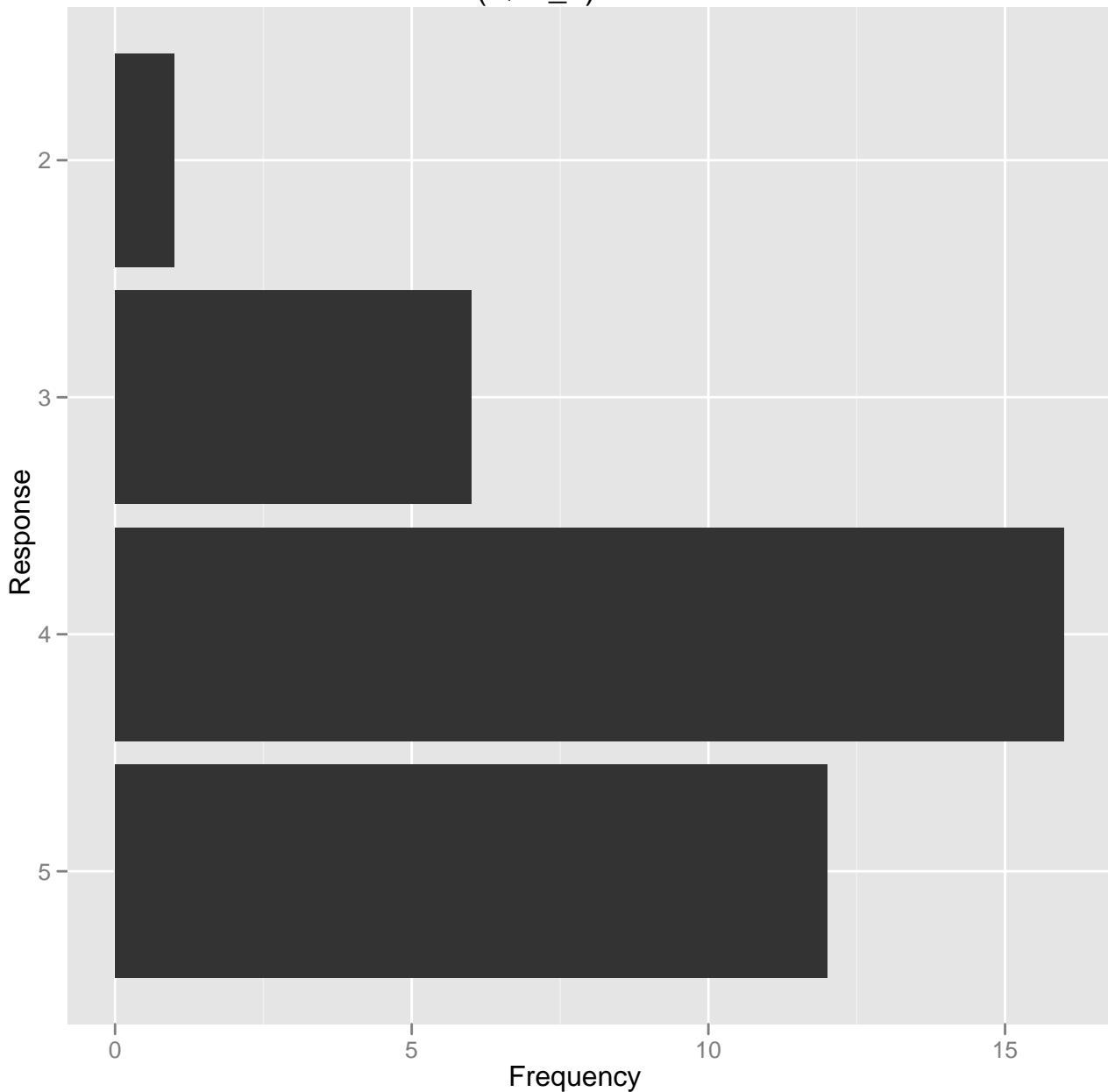
P027 (Q31.1):Did you rely on a birth plan during your labor and birth?



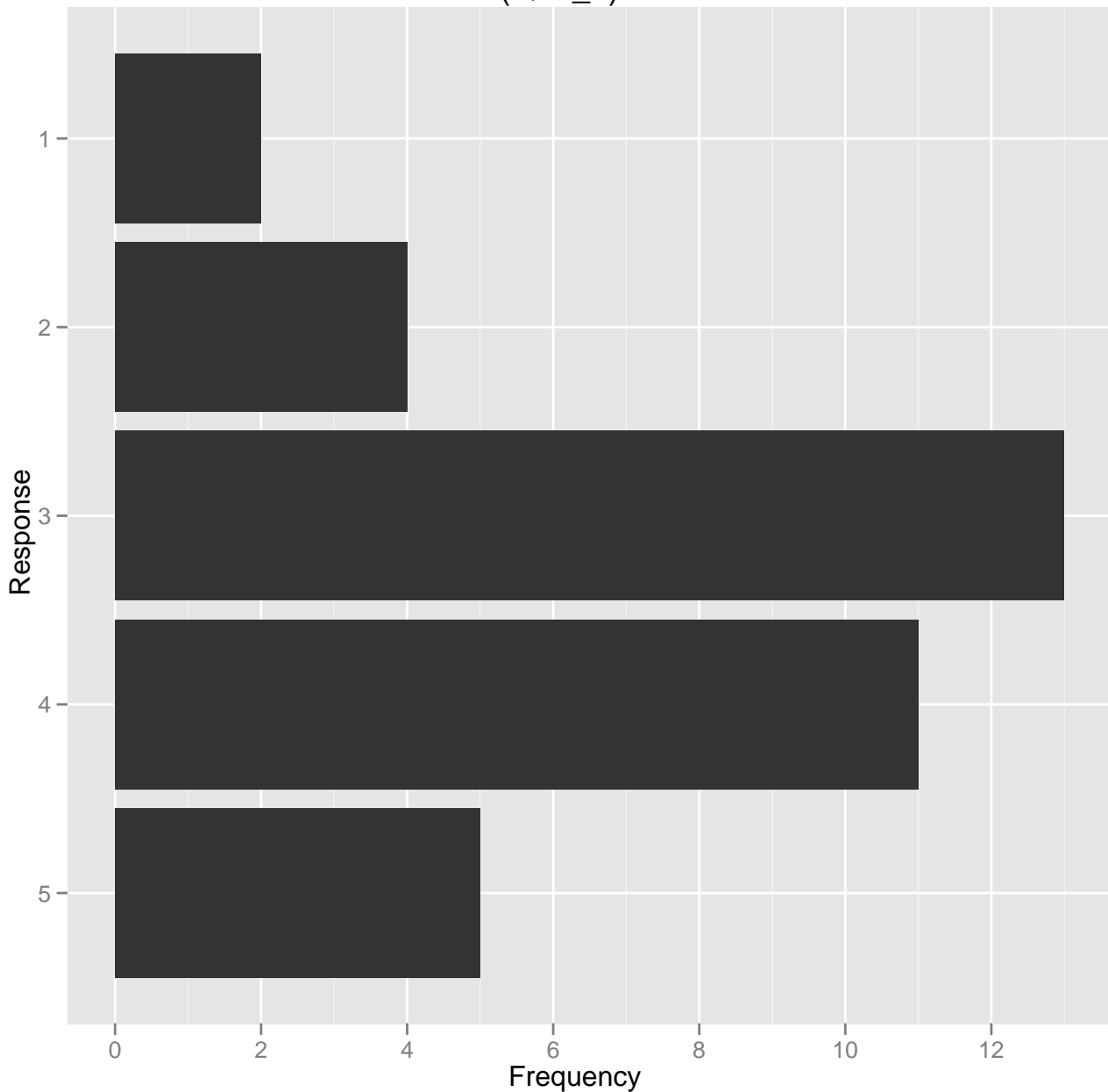
P028 (Q61_1):Interested



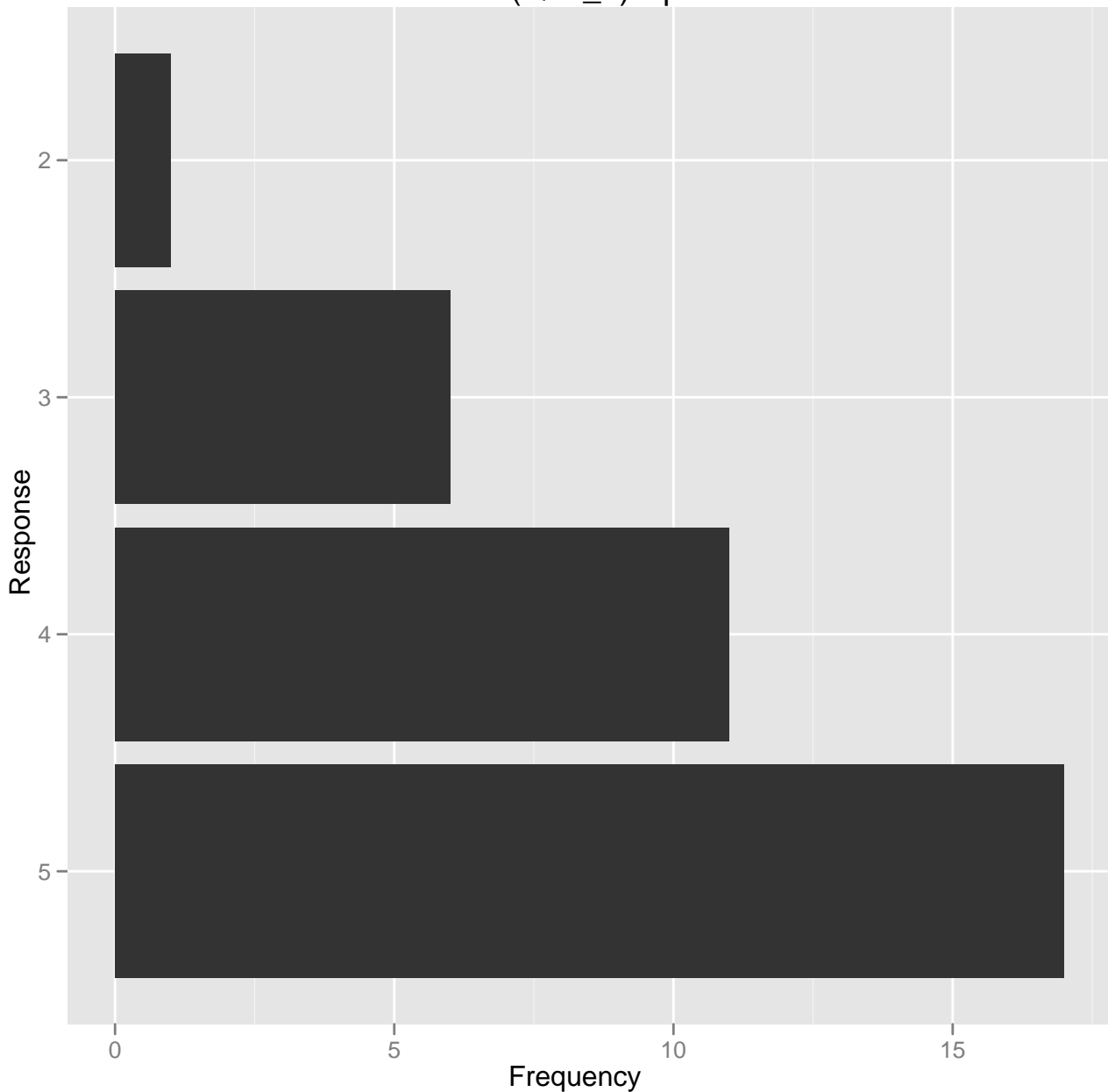
P029 (Q61_2):Distressed



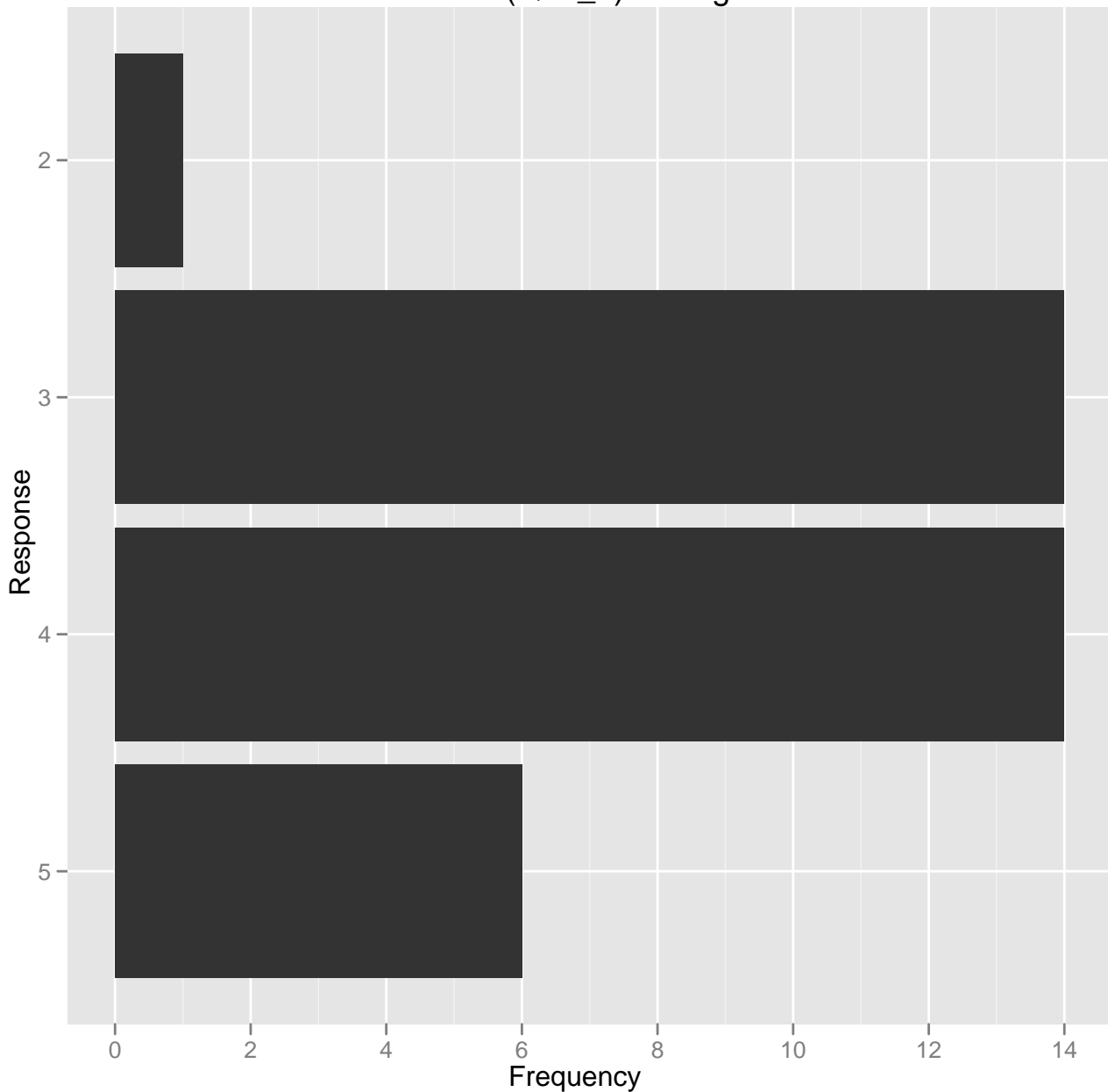
P030 (Q61_3):Excited



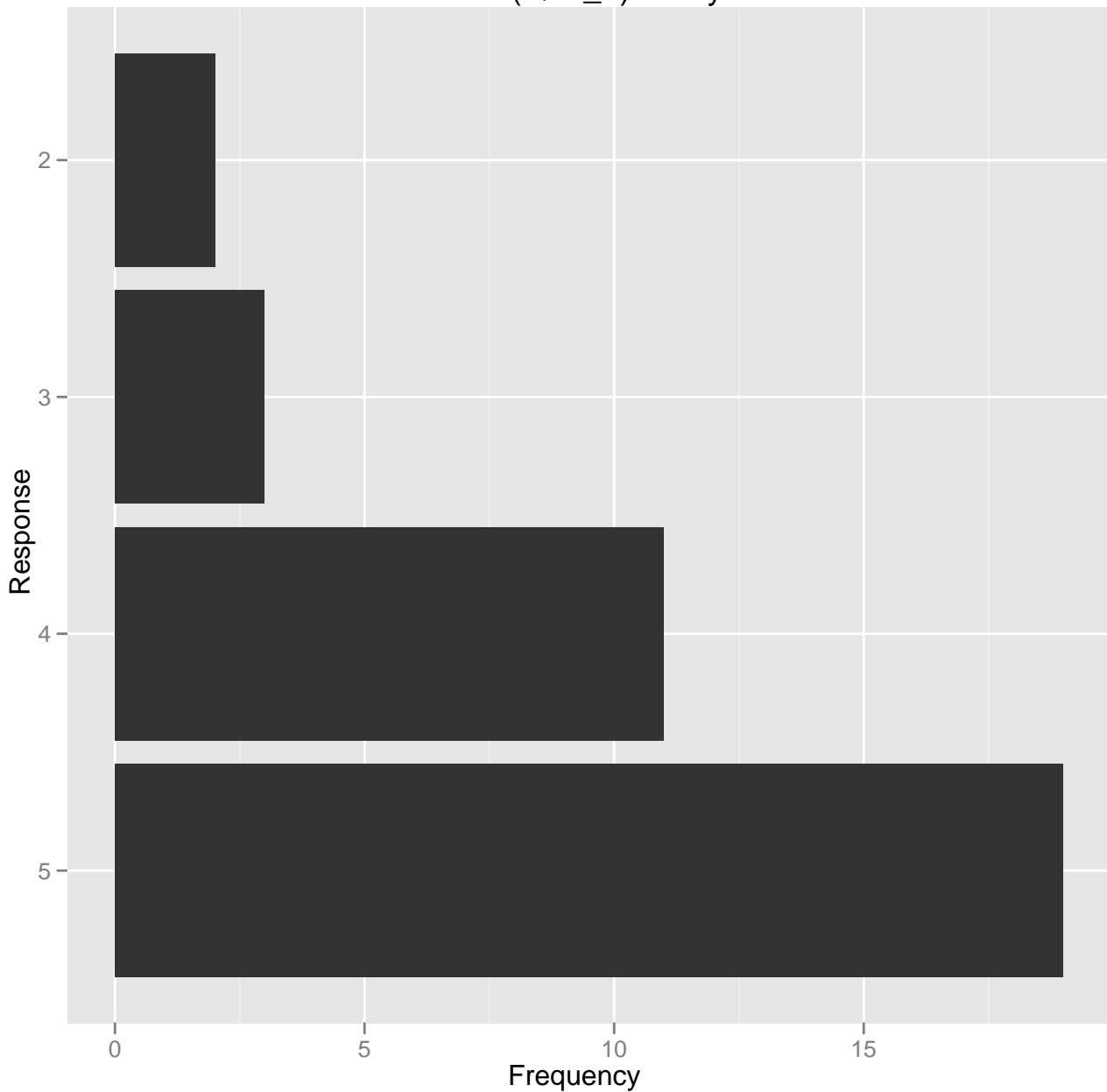
P031 (Q61_4):Upset



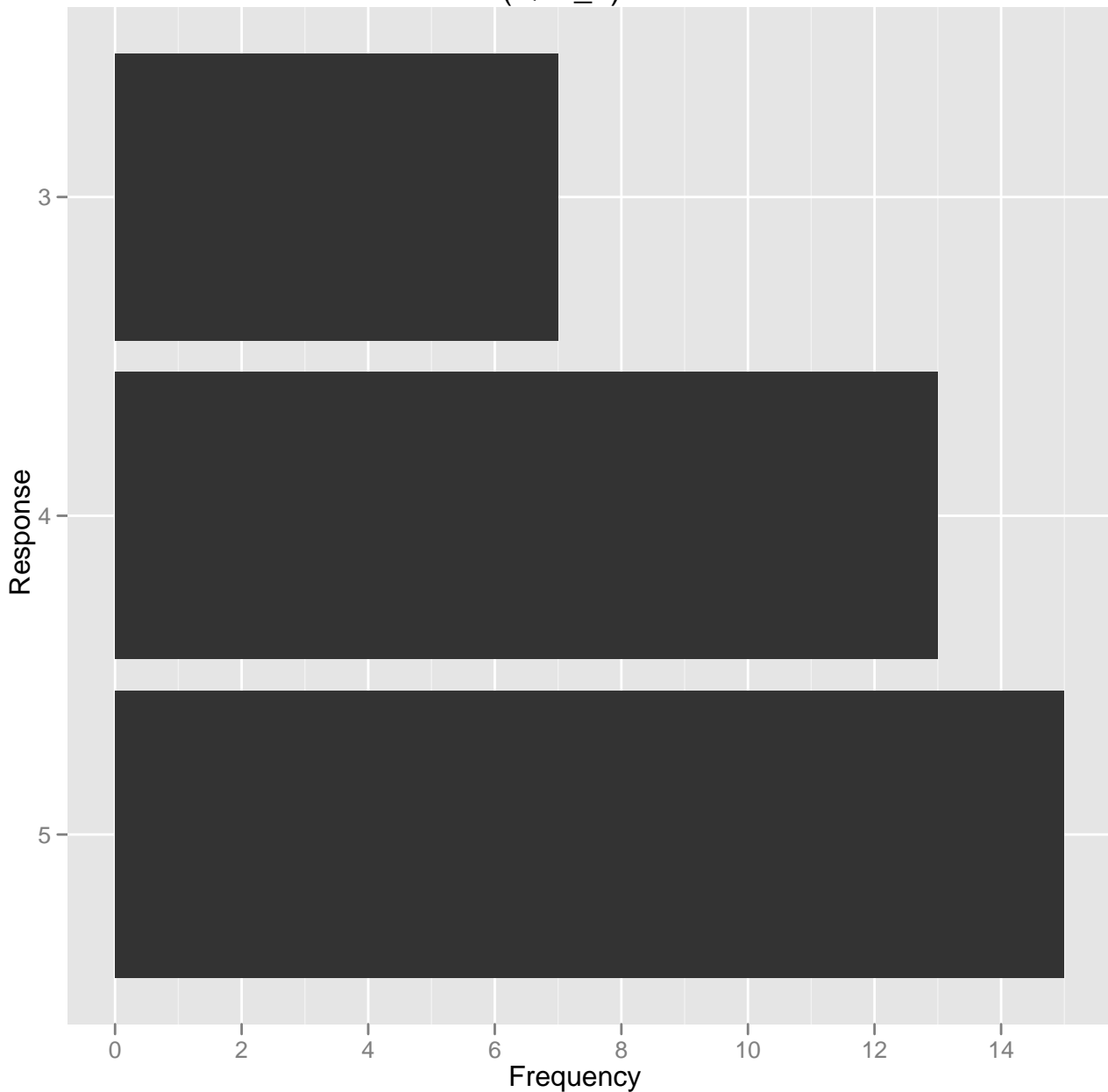
P032 (Q61_5):Strong



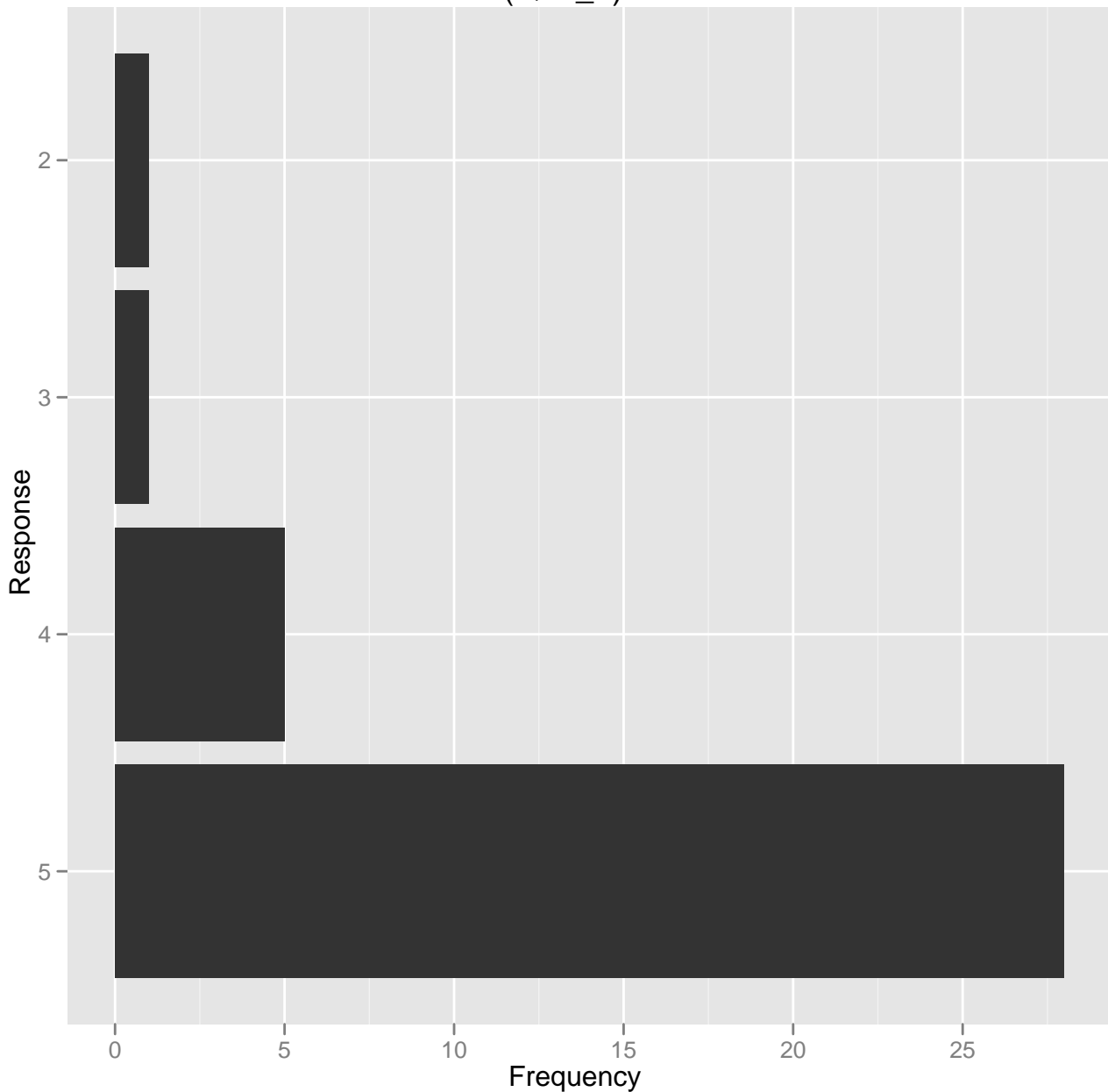
P033 (Q61_6):Guilty



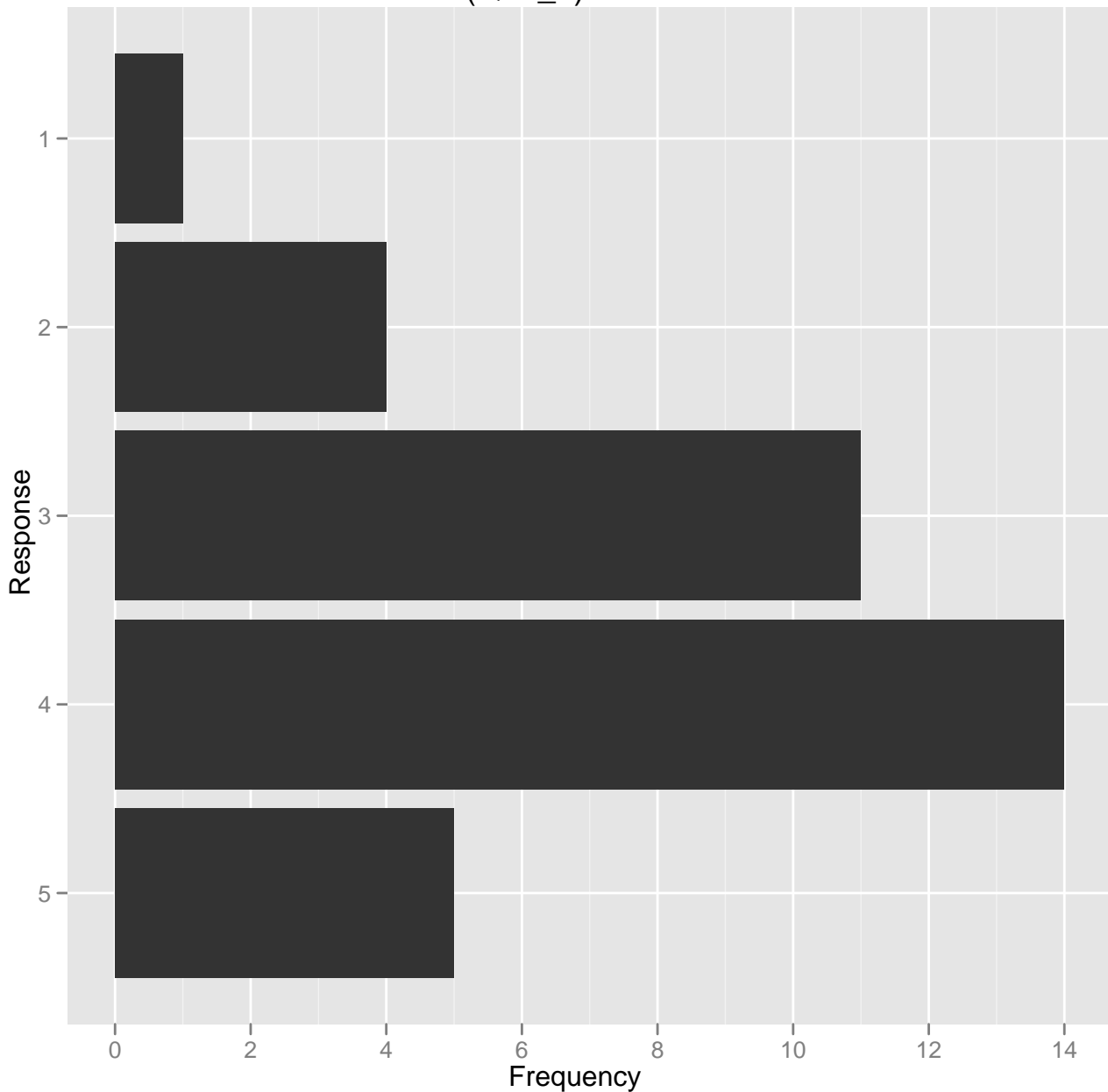
P034 (Q61_7):Scared



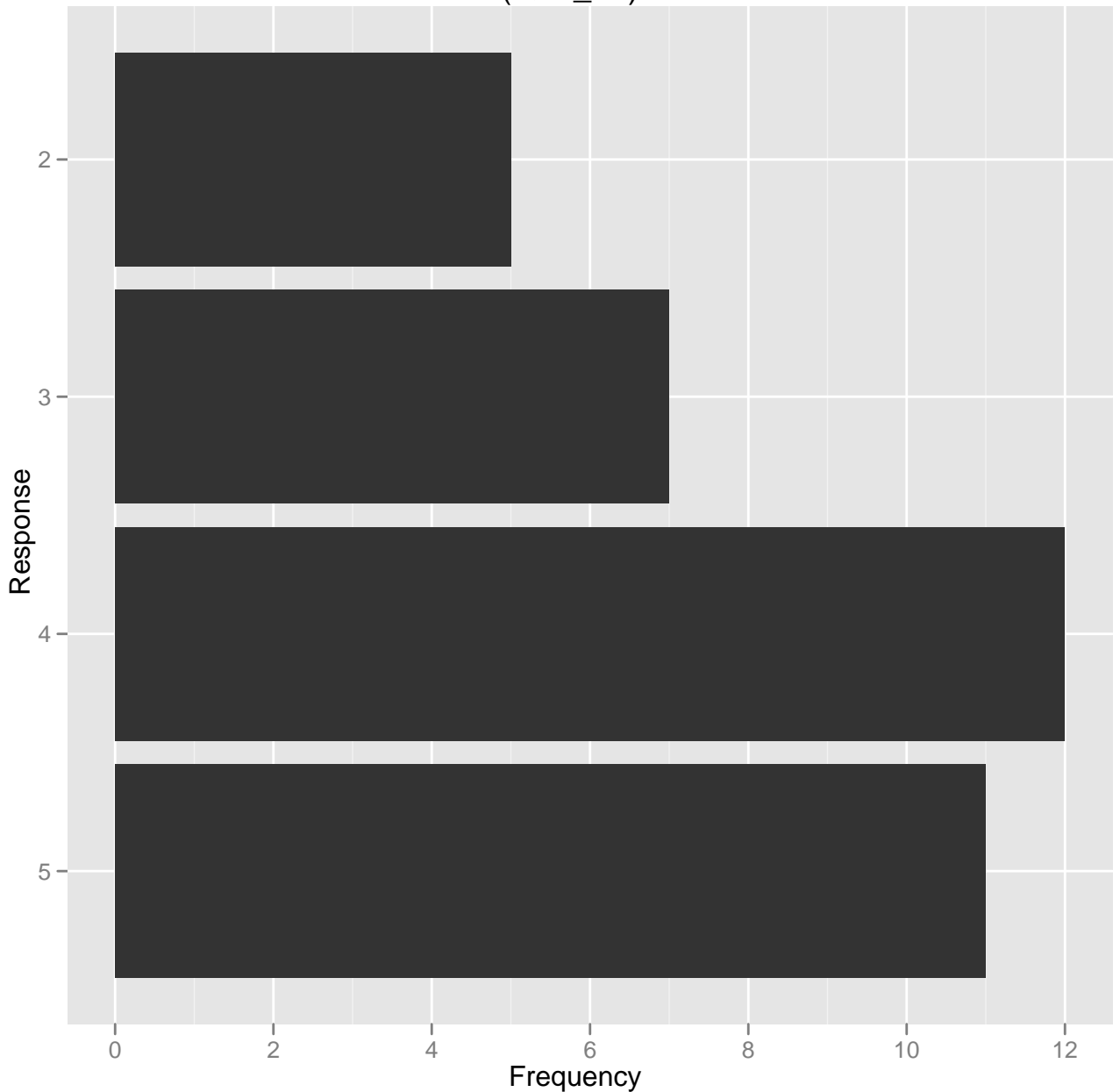
P035 (Q61_8):Hostile



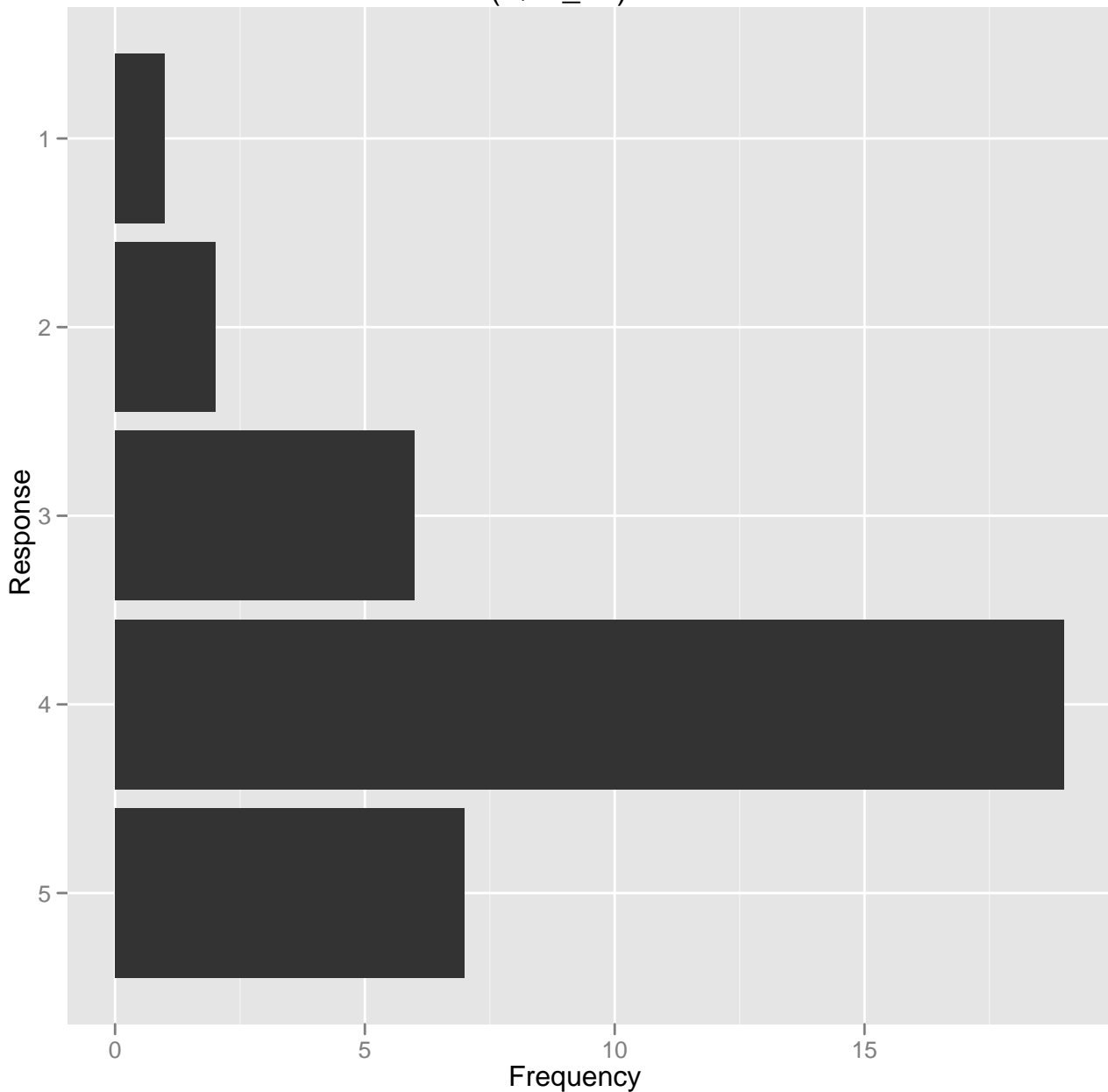
P036 (Q61_9):Enthusiastic



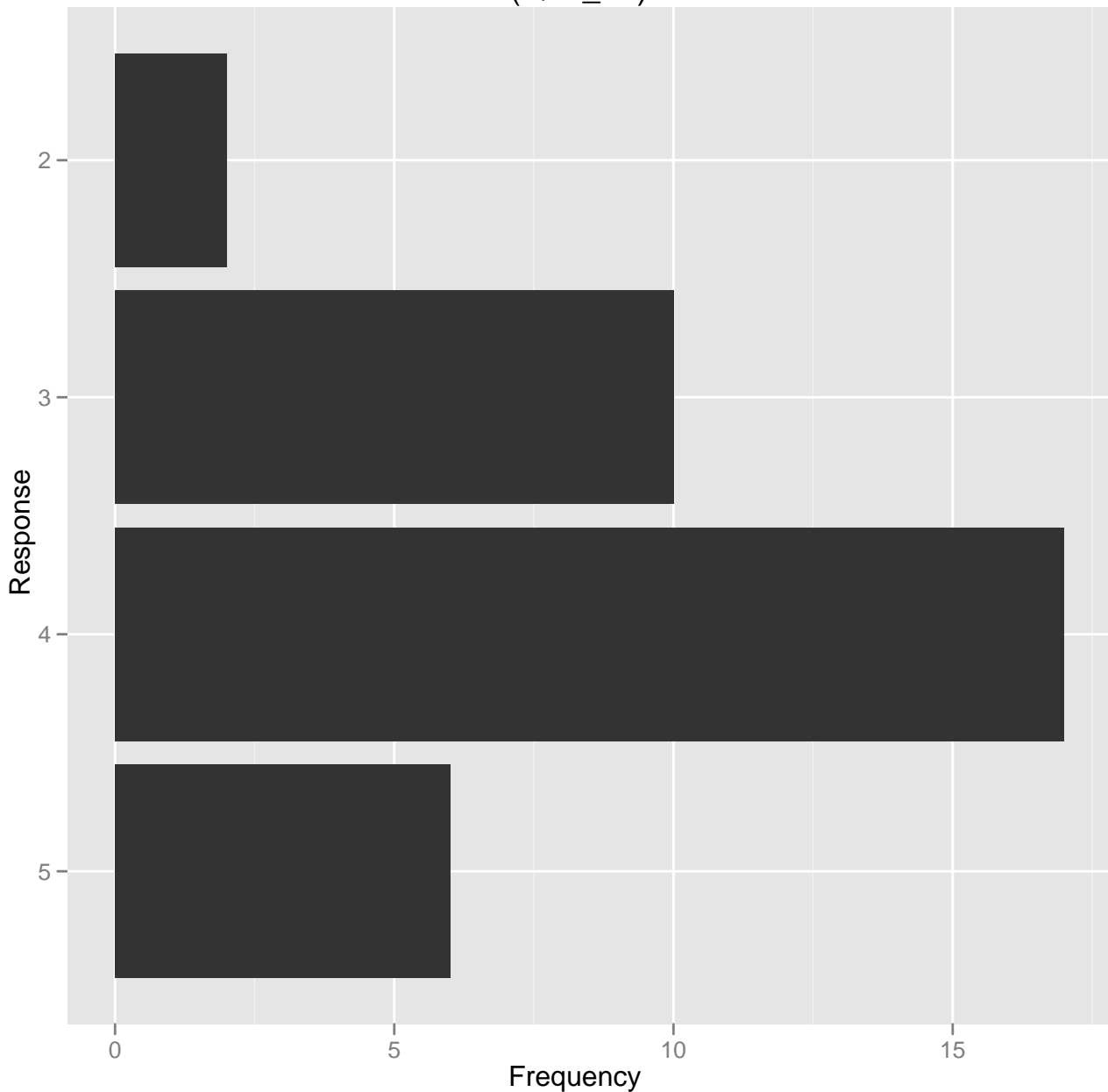
P037 (Q61_10):Proud



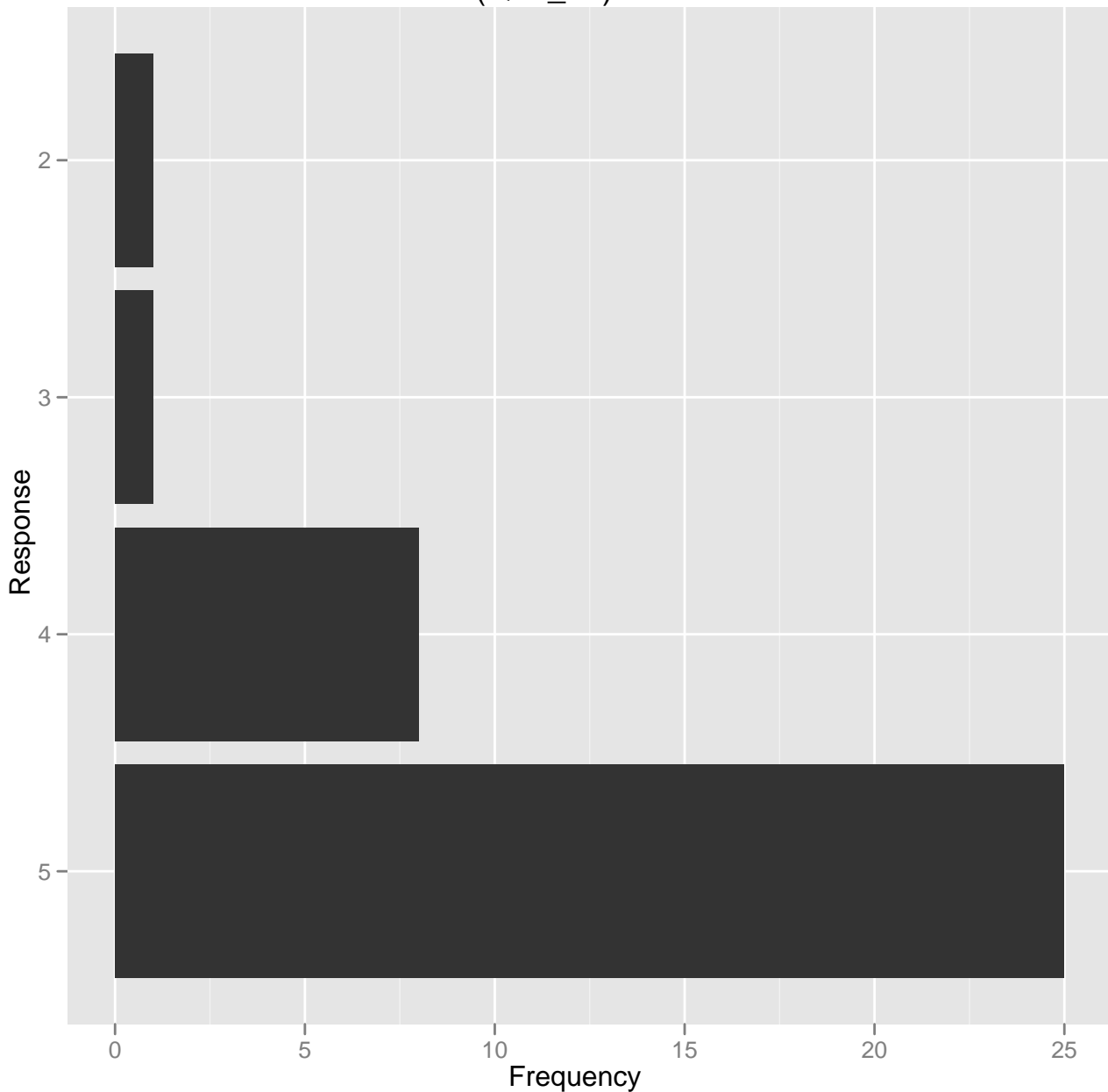
P038 (Q61_11):Irritable



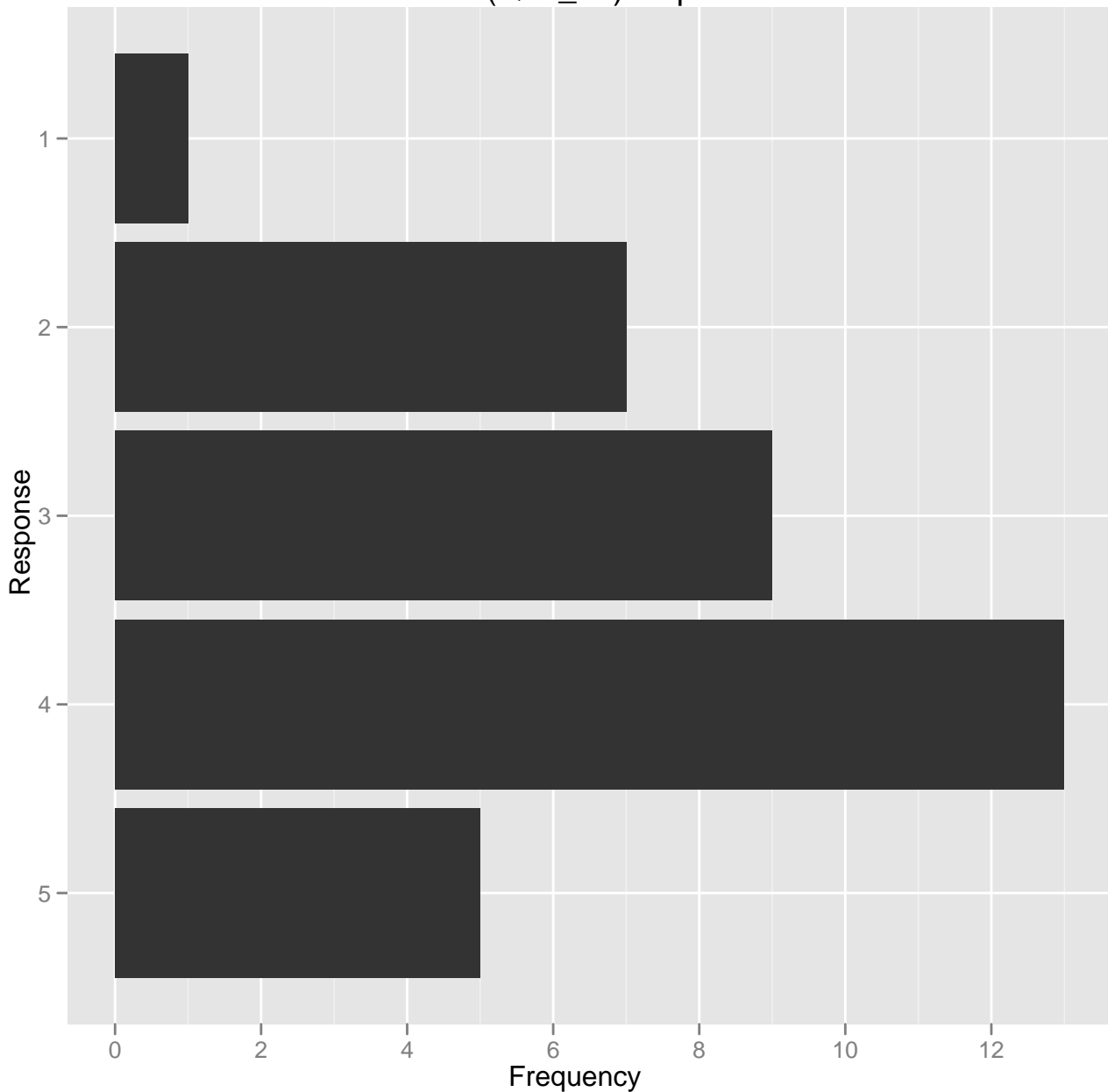
P039 (Q61_12):Alert



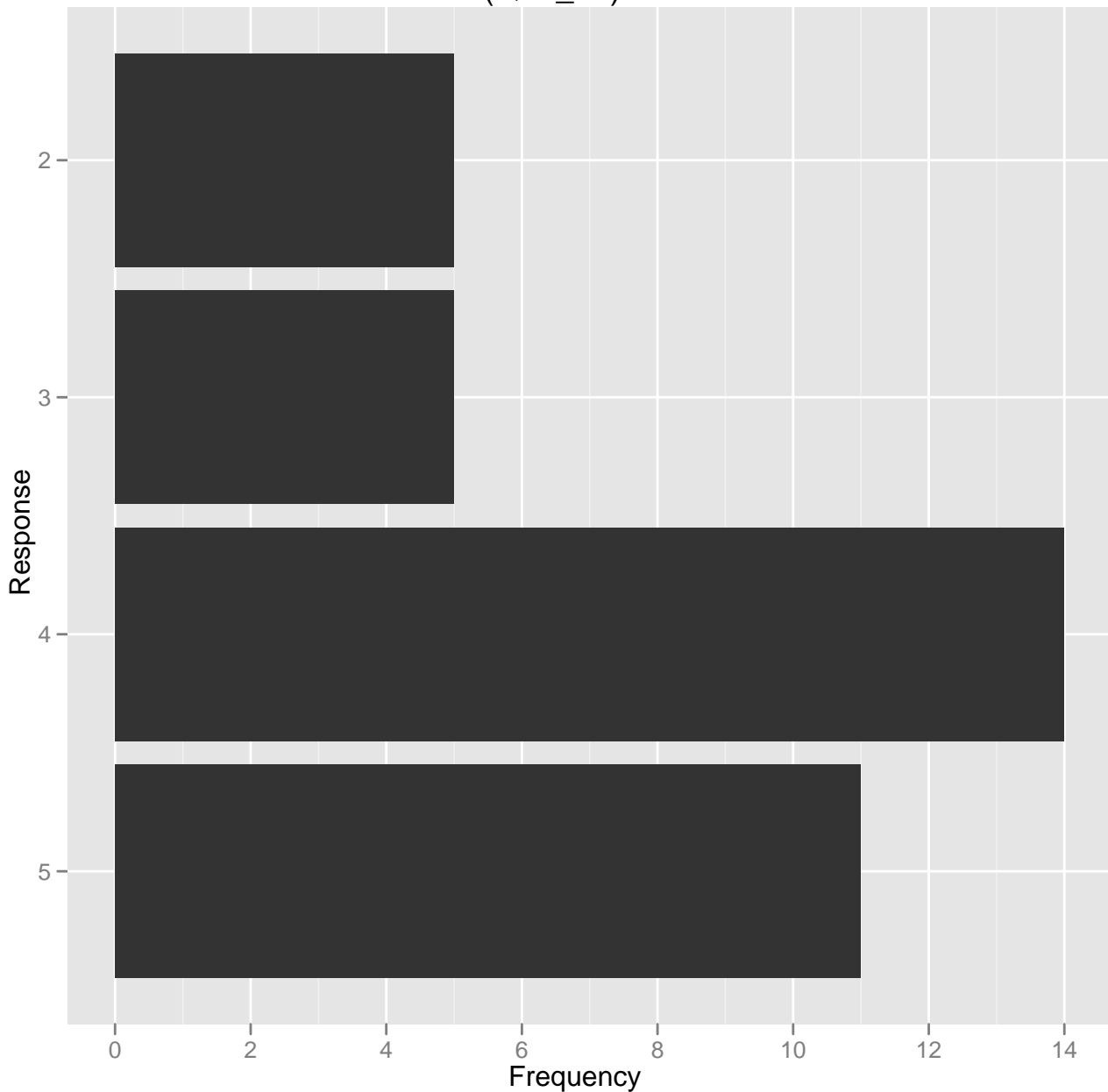
P040 (Q61_13):Ashamed



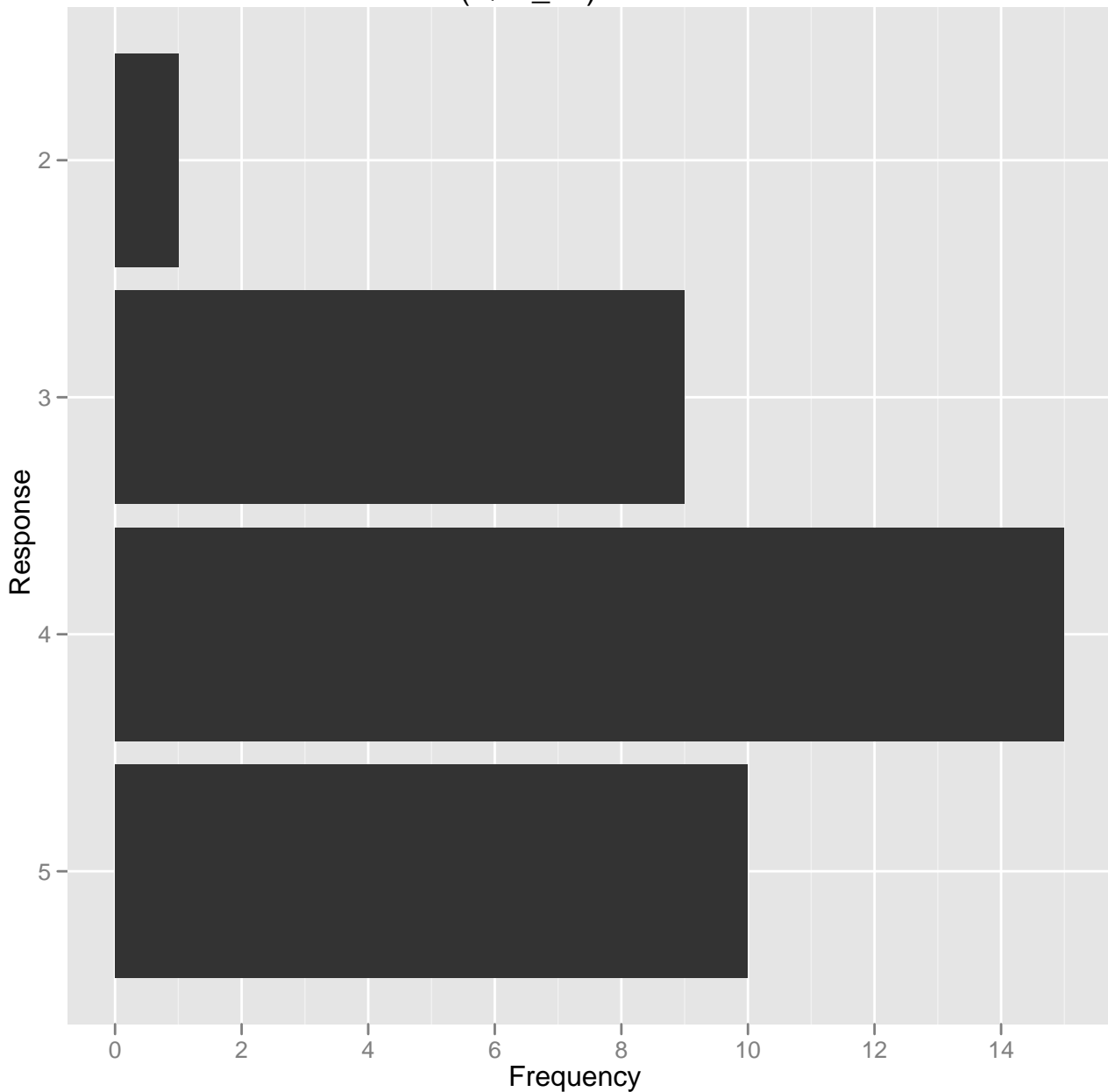
P041 (Q61_14):Inspired



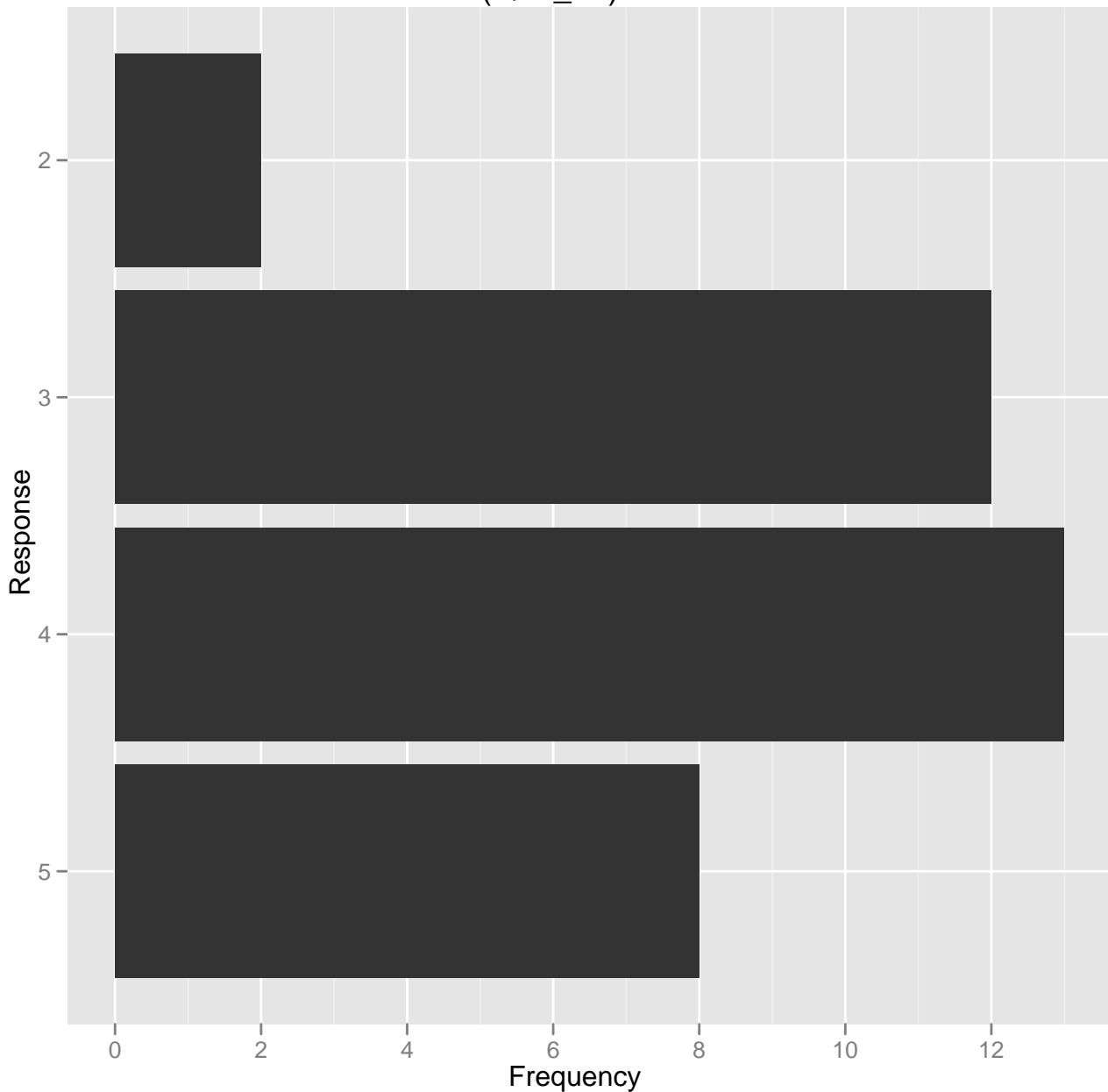
P042 (Q61_15):Nervous



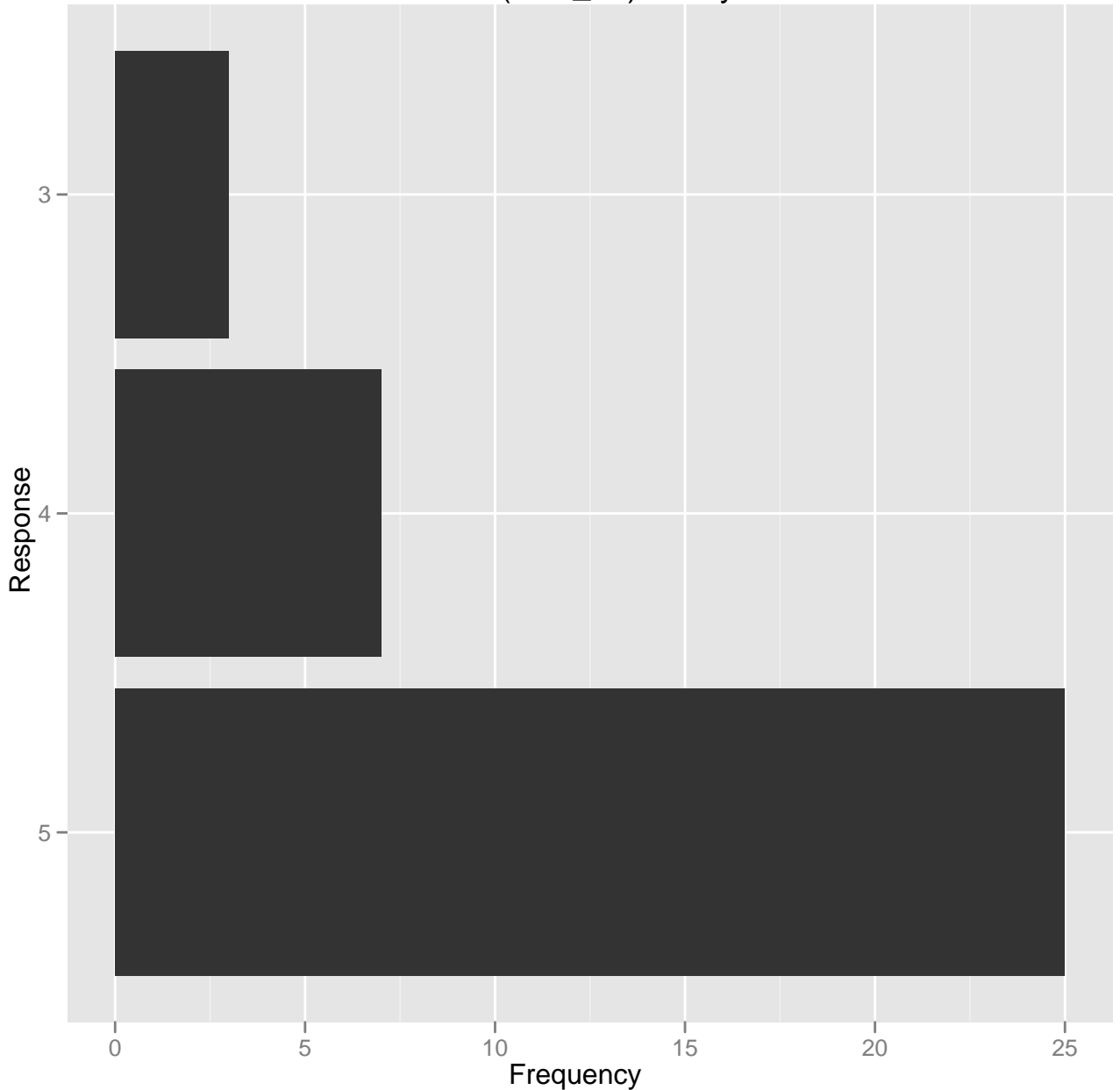
P043 (Q61_16):Determined



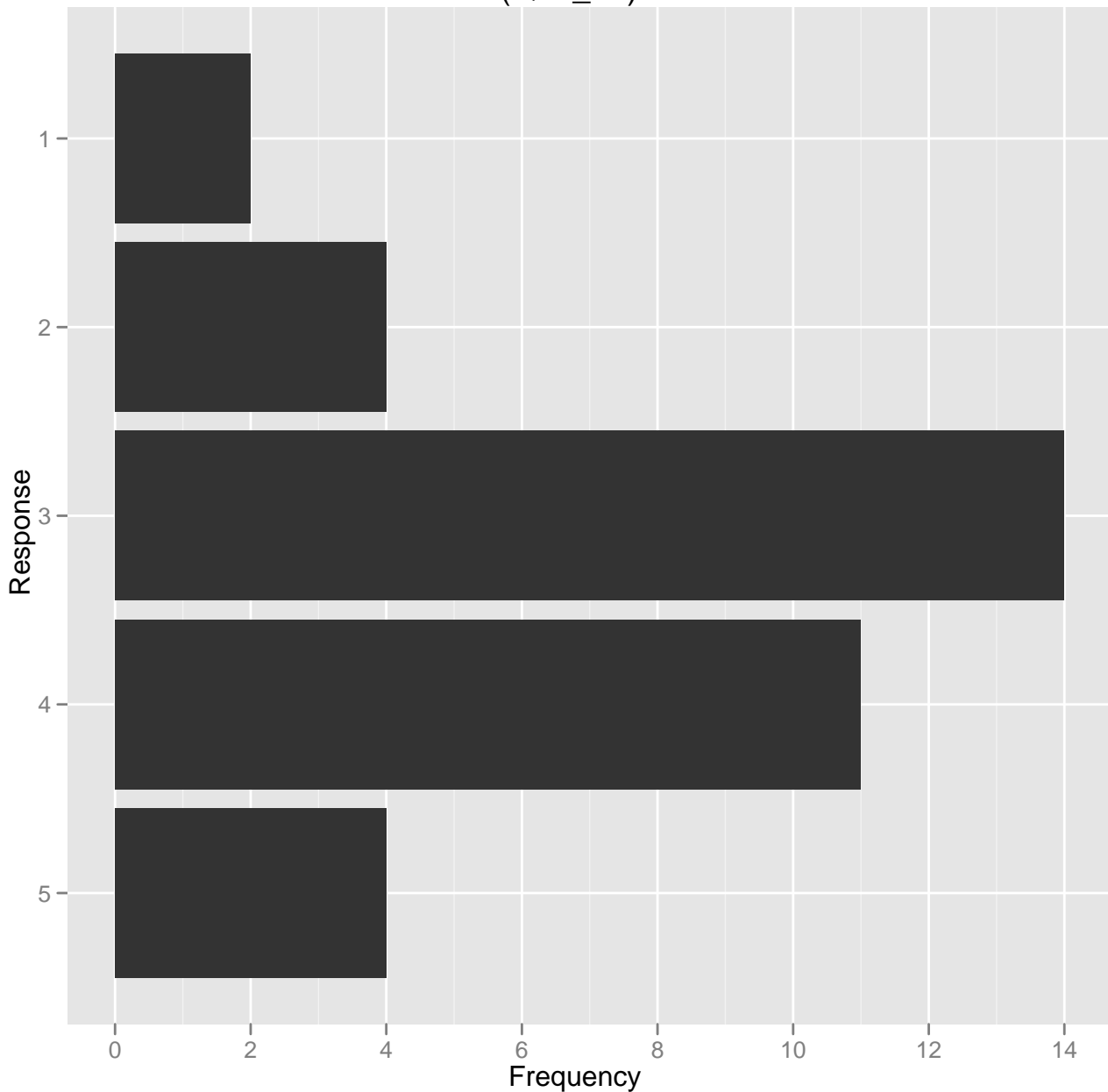
P044 (Q61_17):Attentive



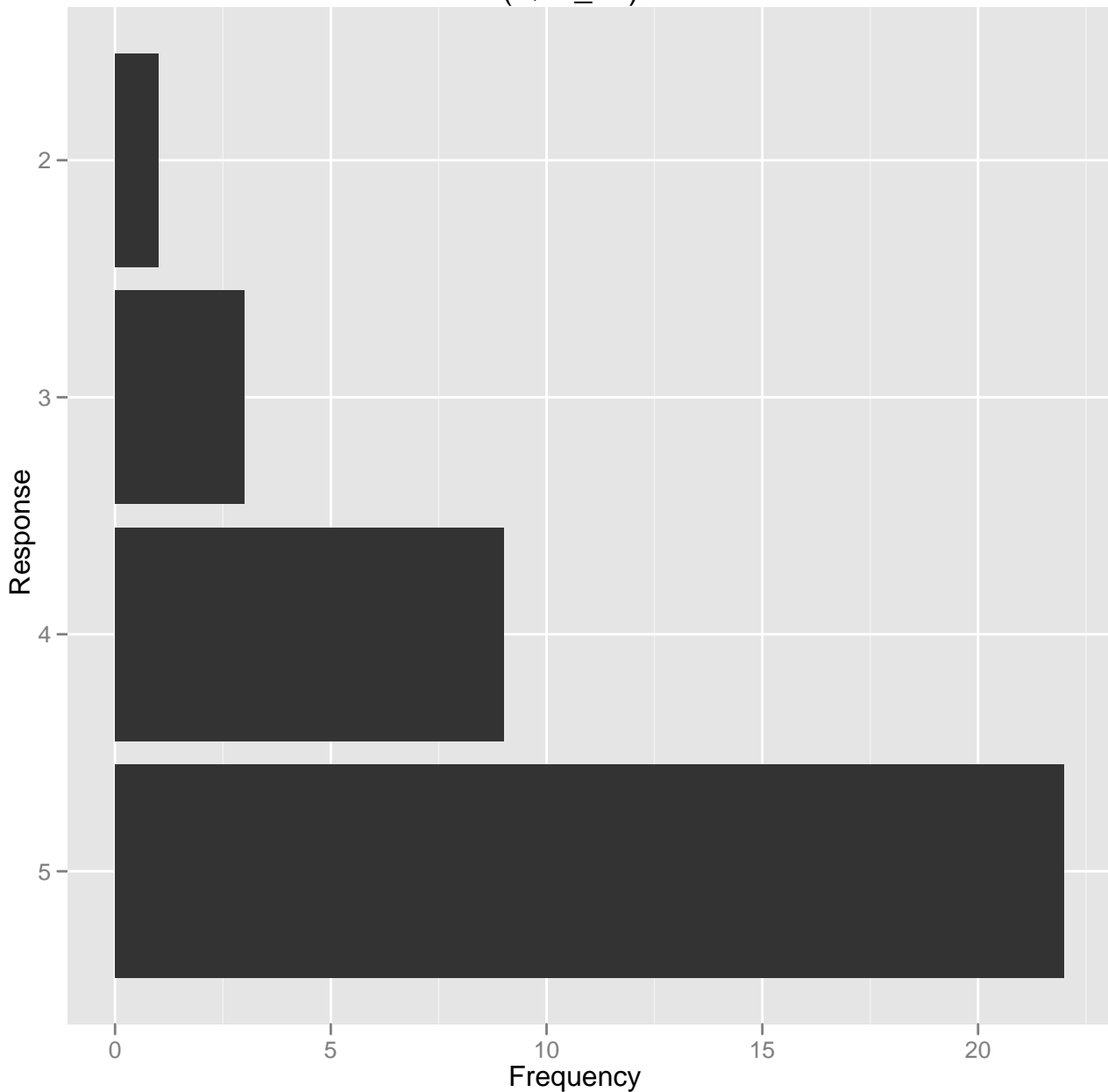
P045 (Q61_18):Jittery



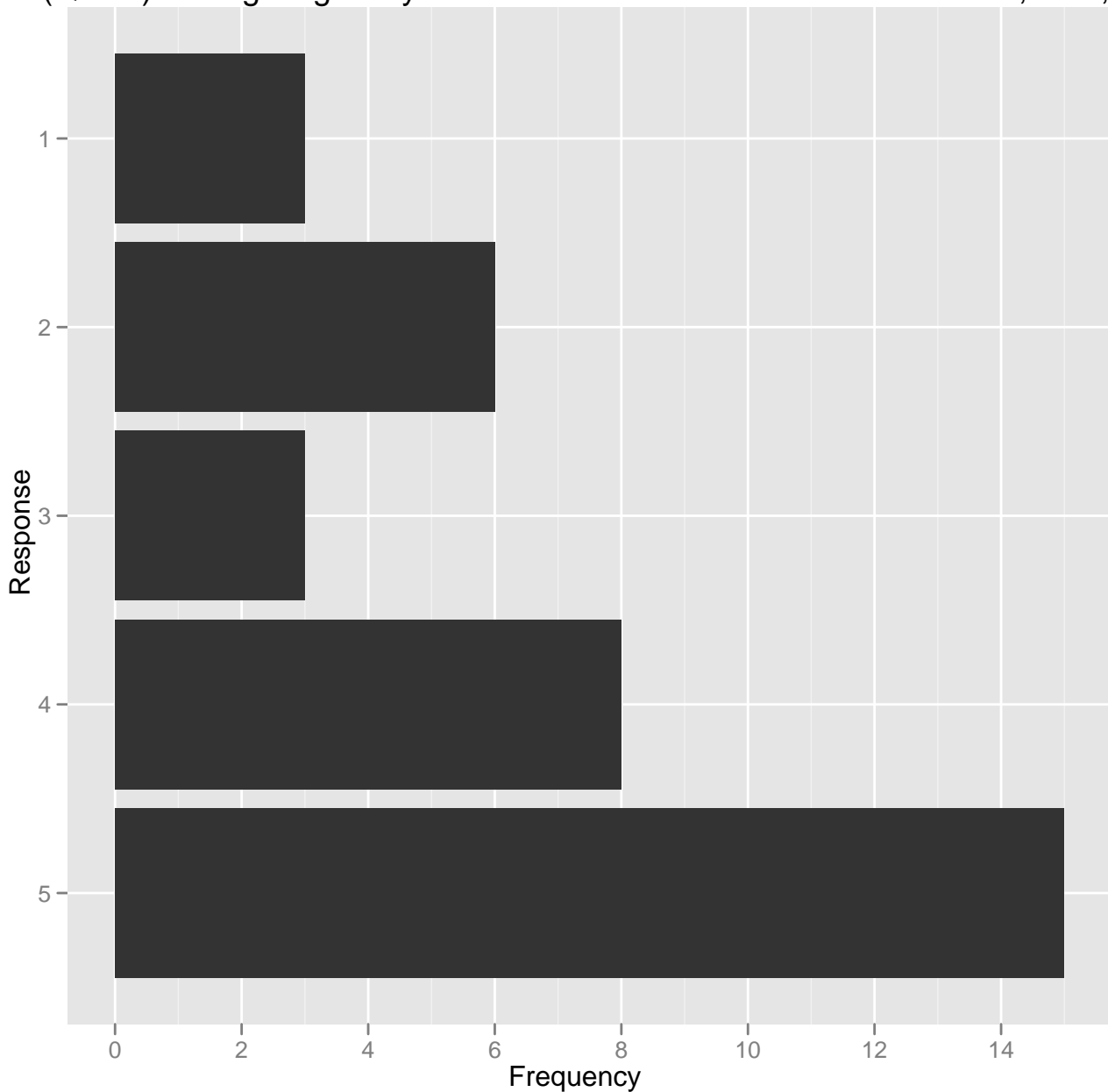
P046 (Q61_19):Active



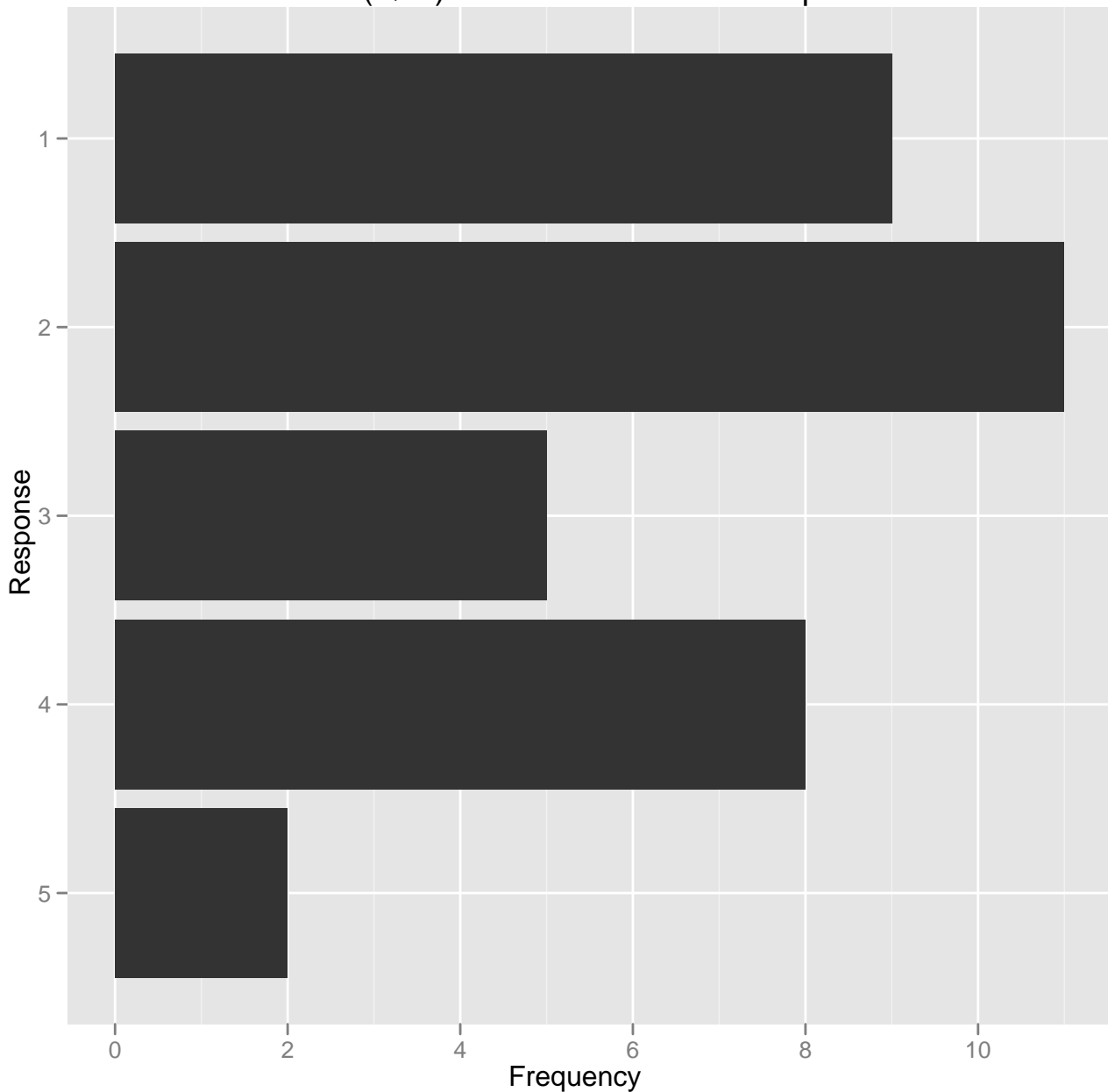
P047 (Q61_20):Afraid



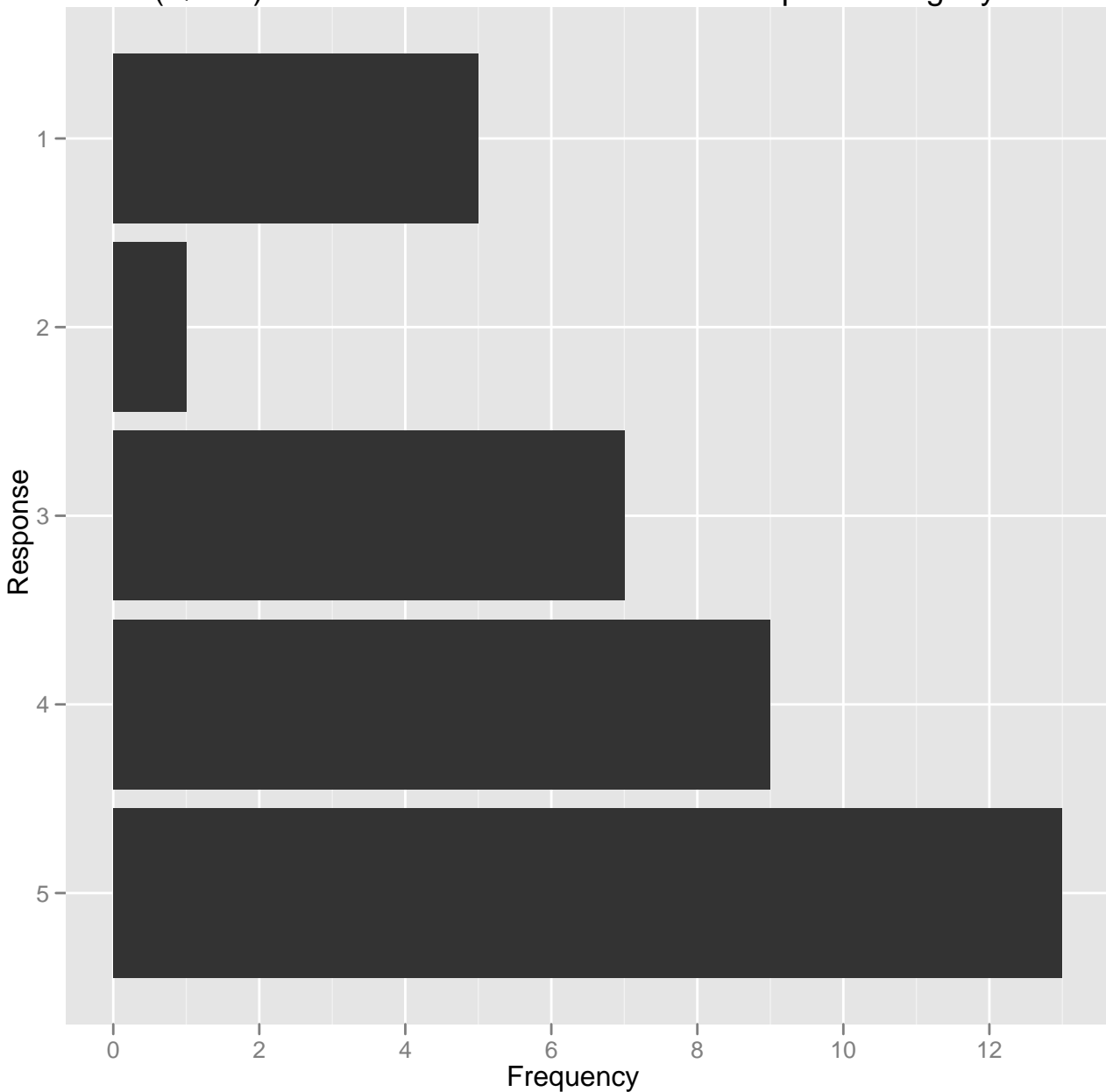
048 (Q33.1):The lighting in my labor and birth environment was dimmed, dark, or c



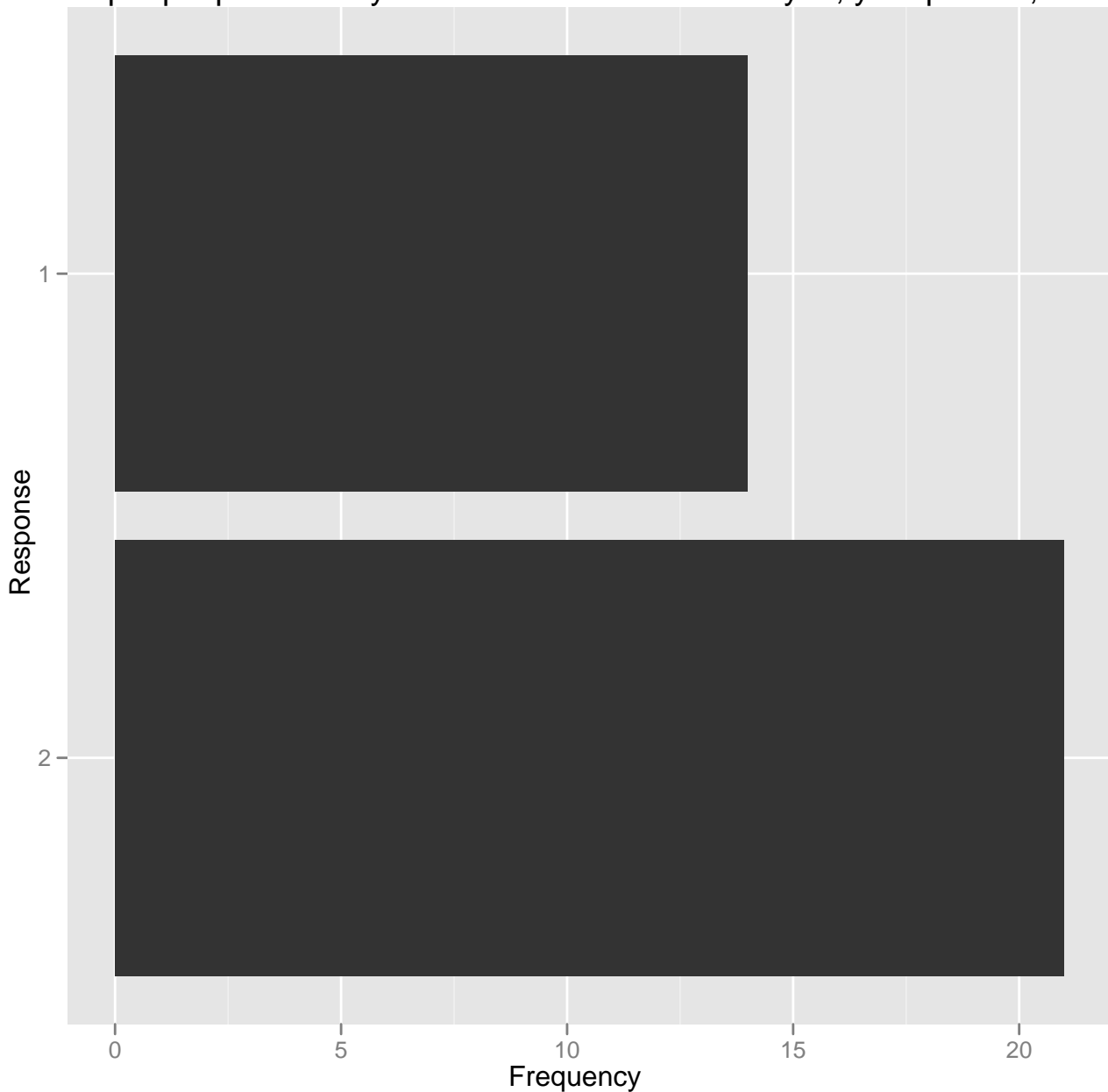
P049 (Q34):I labored in a confined space



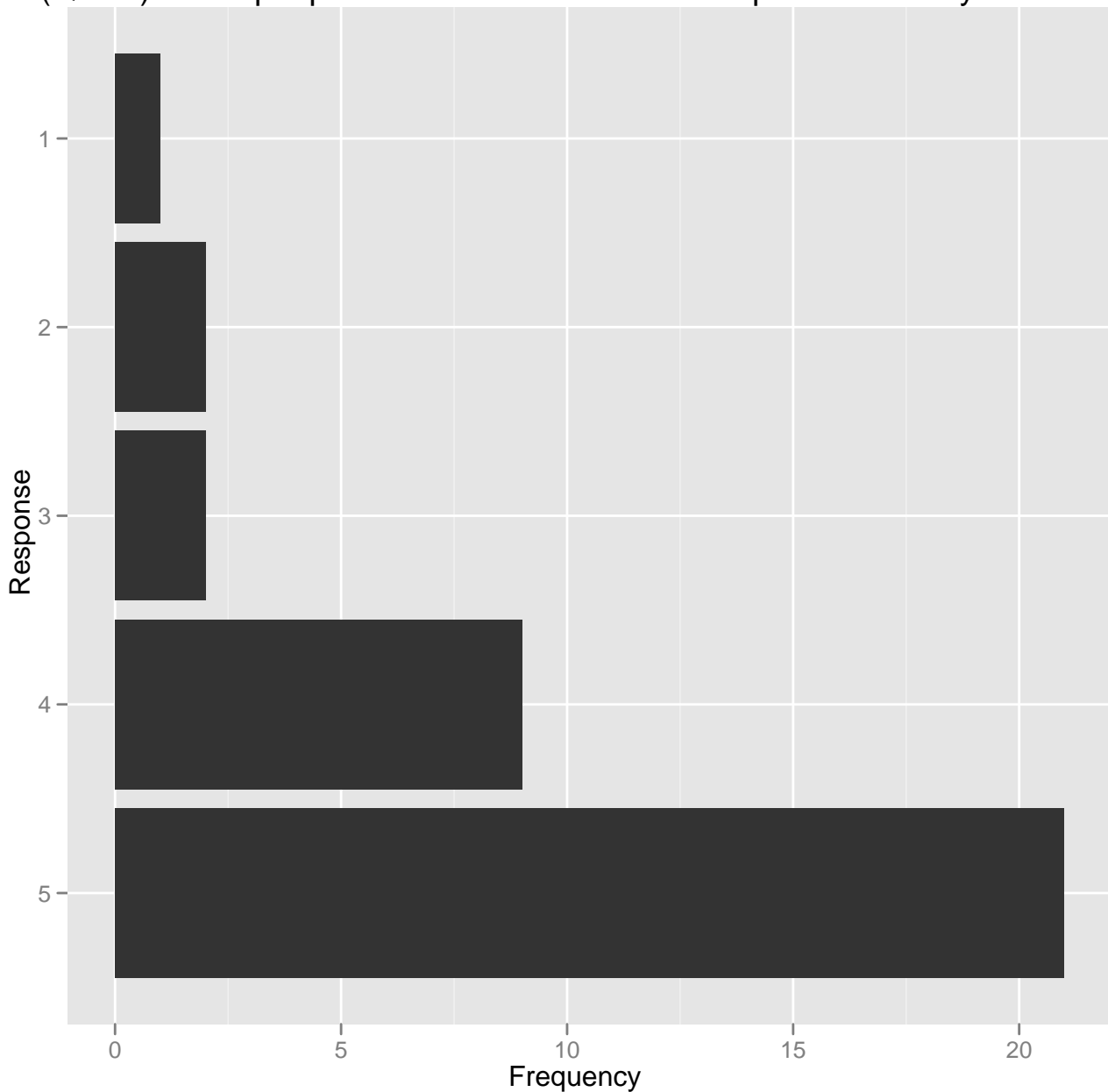
P050 (Q35.1):I used water to relax and/or relieve pain during my labor



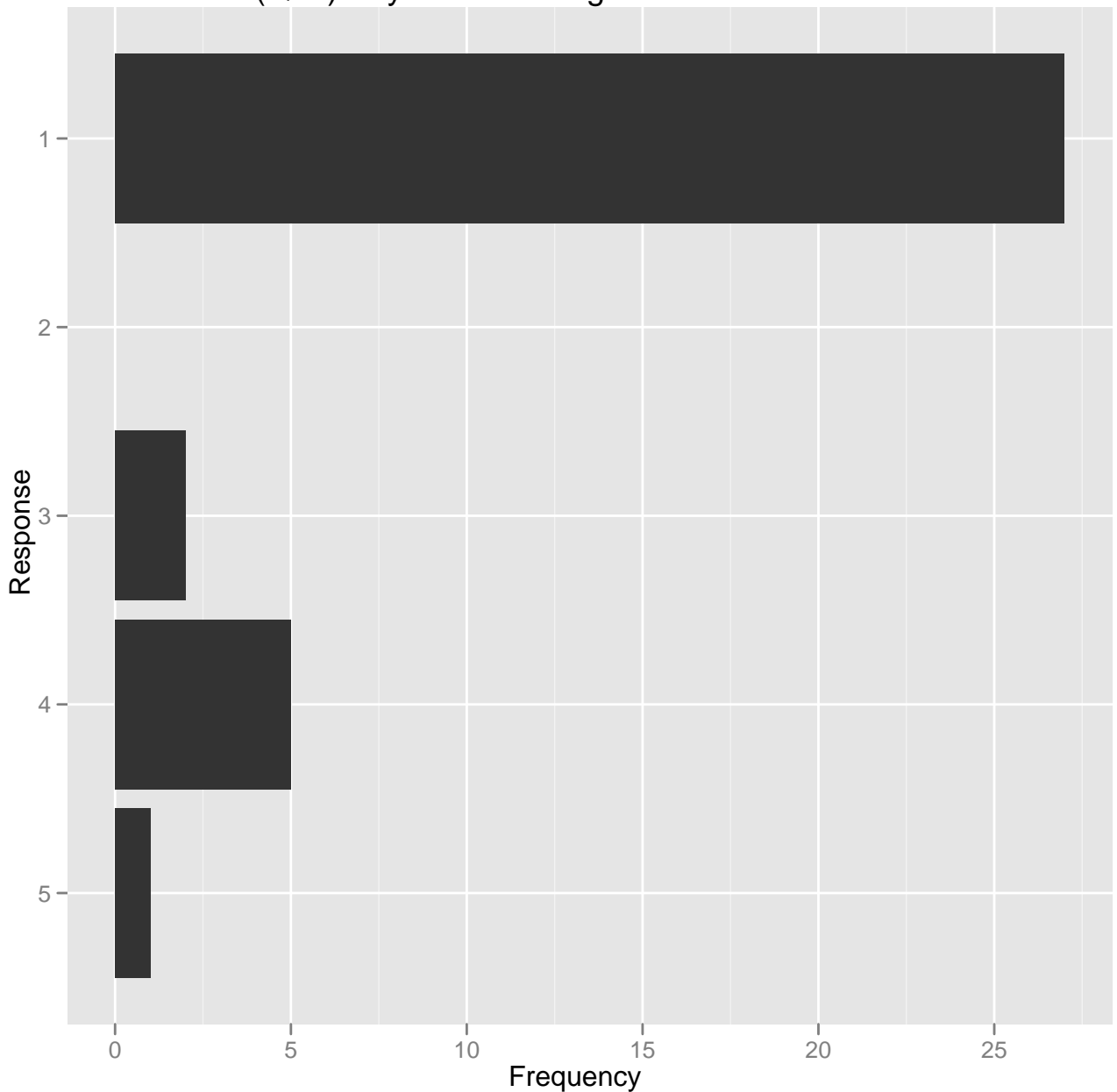
Are there people present at your labor and birth besides you, your partner, and you



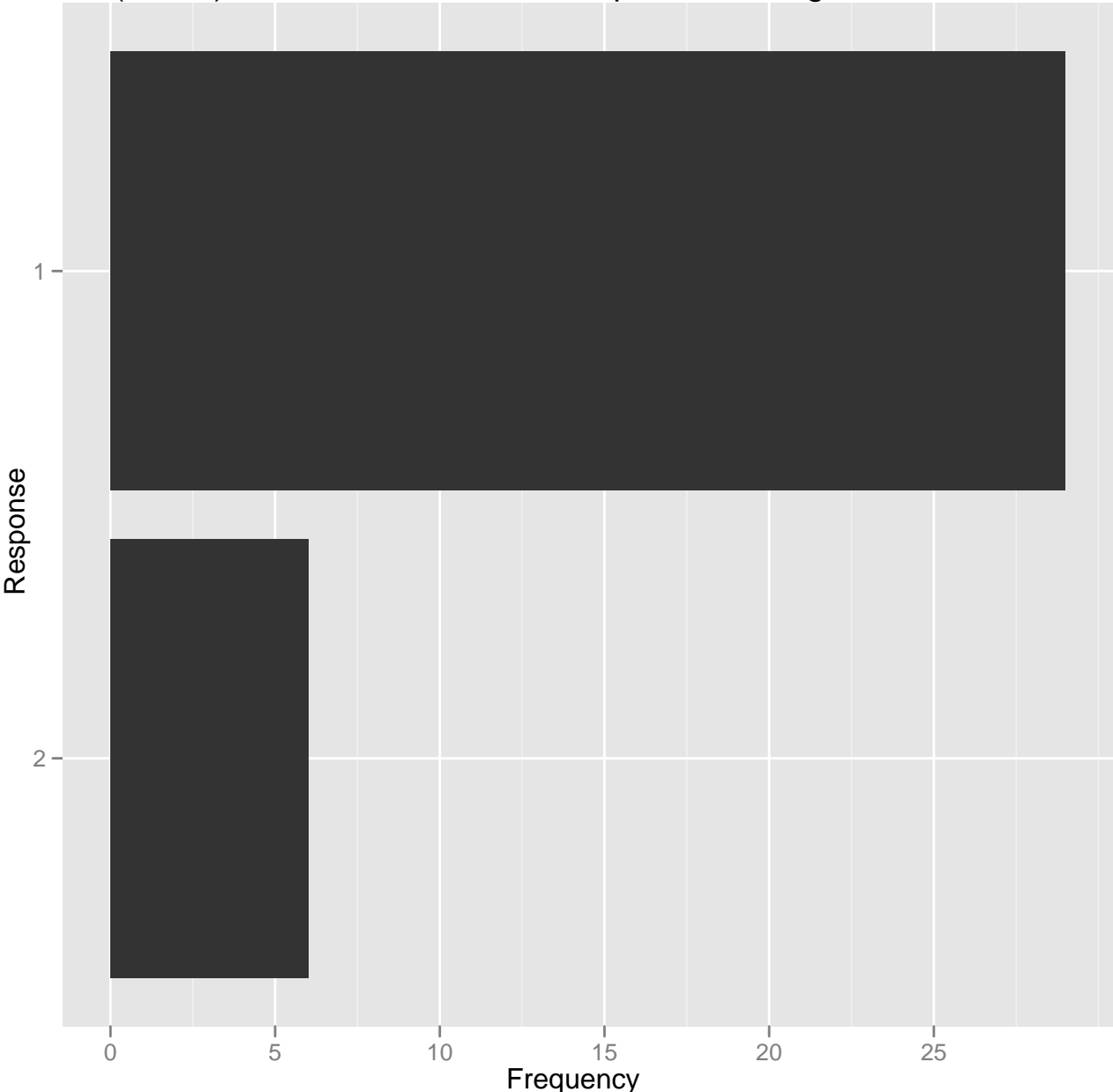
052 (Q37.1):Some people contributed an unwelcome presence to my labor and bir



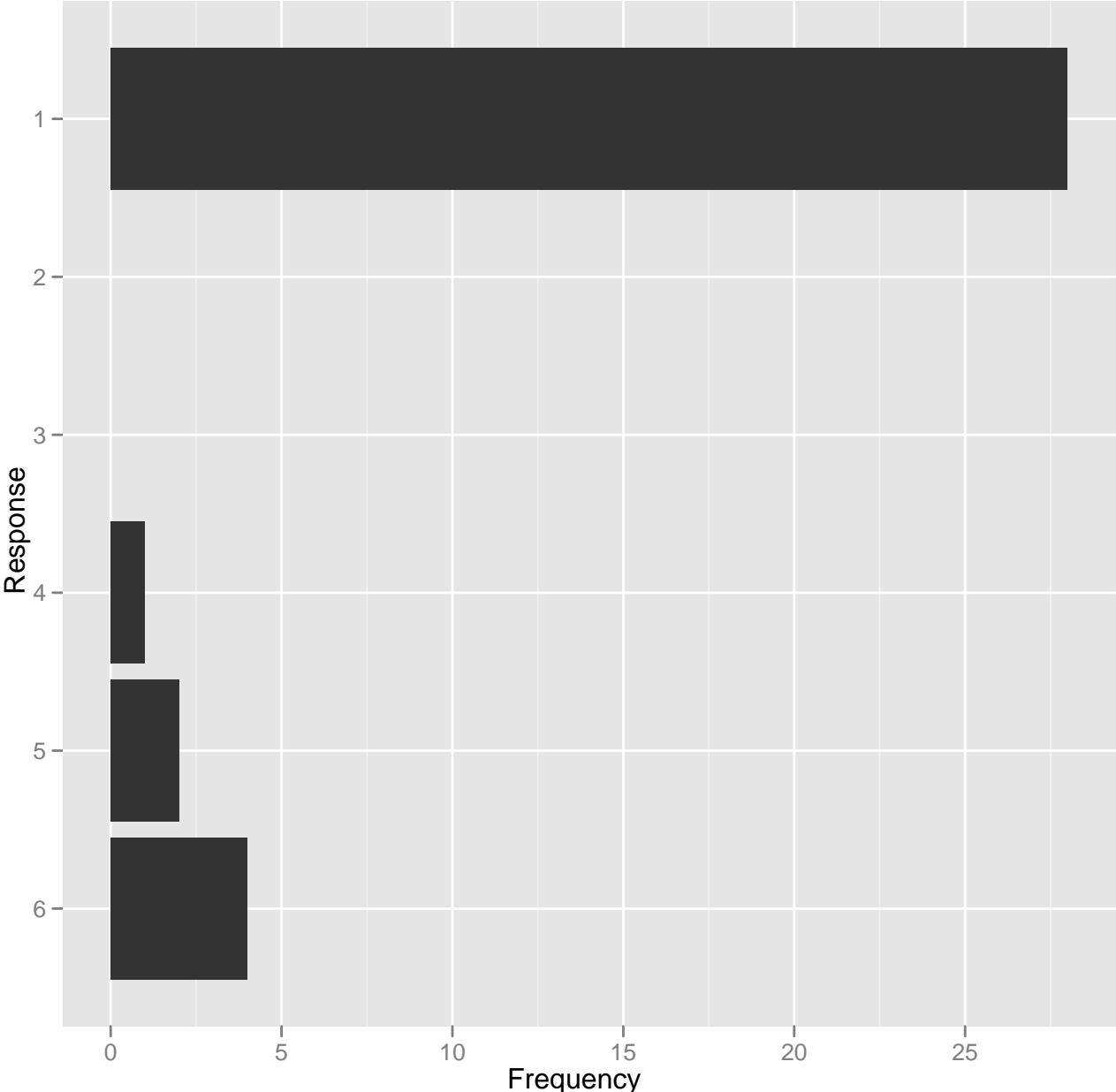
P053 (Q38):Any unwelcome guests were asked to leave



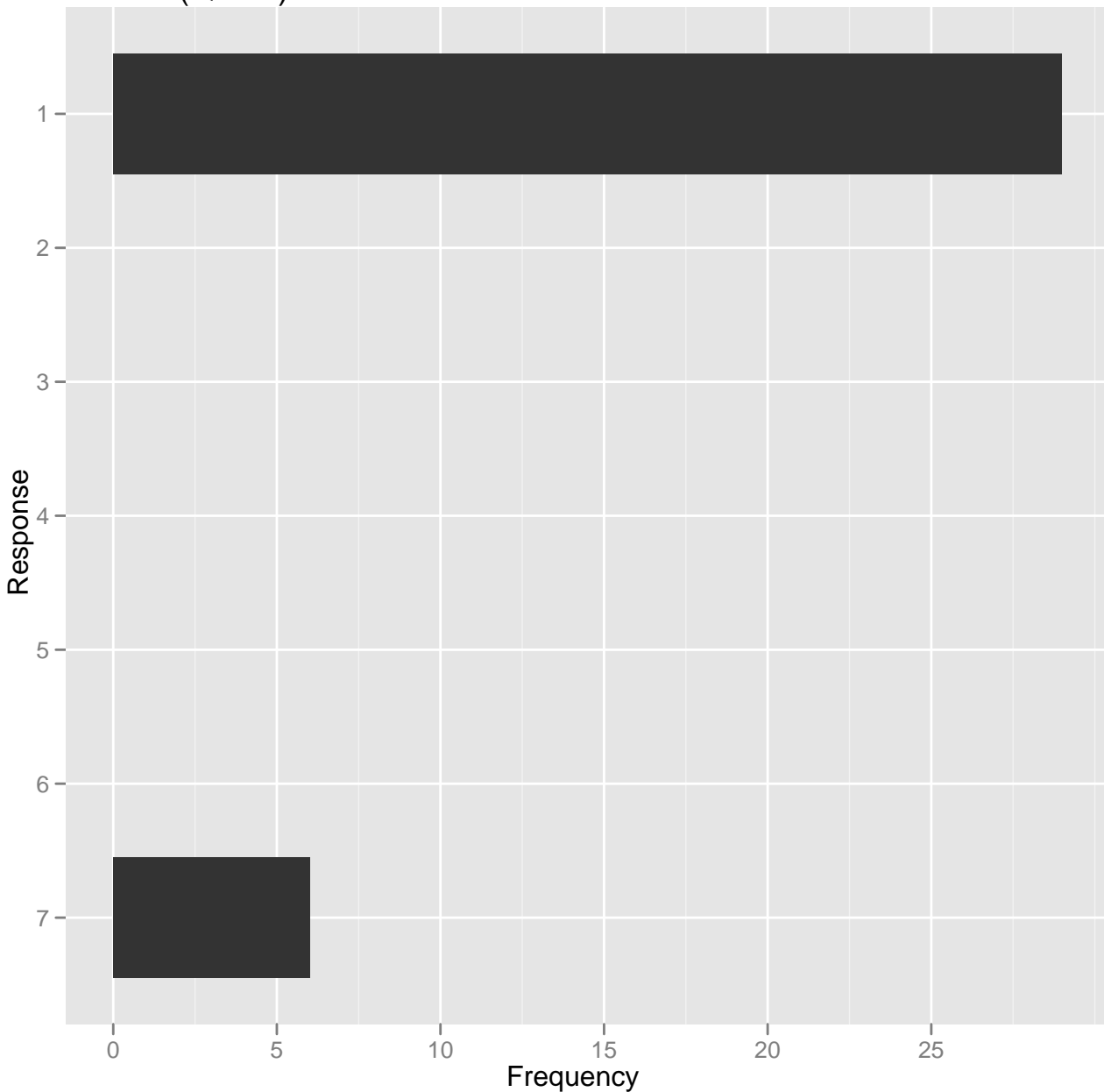
P054 (Q39.1):Were there other children present during the labor and birth?



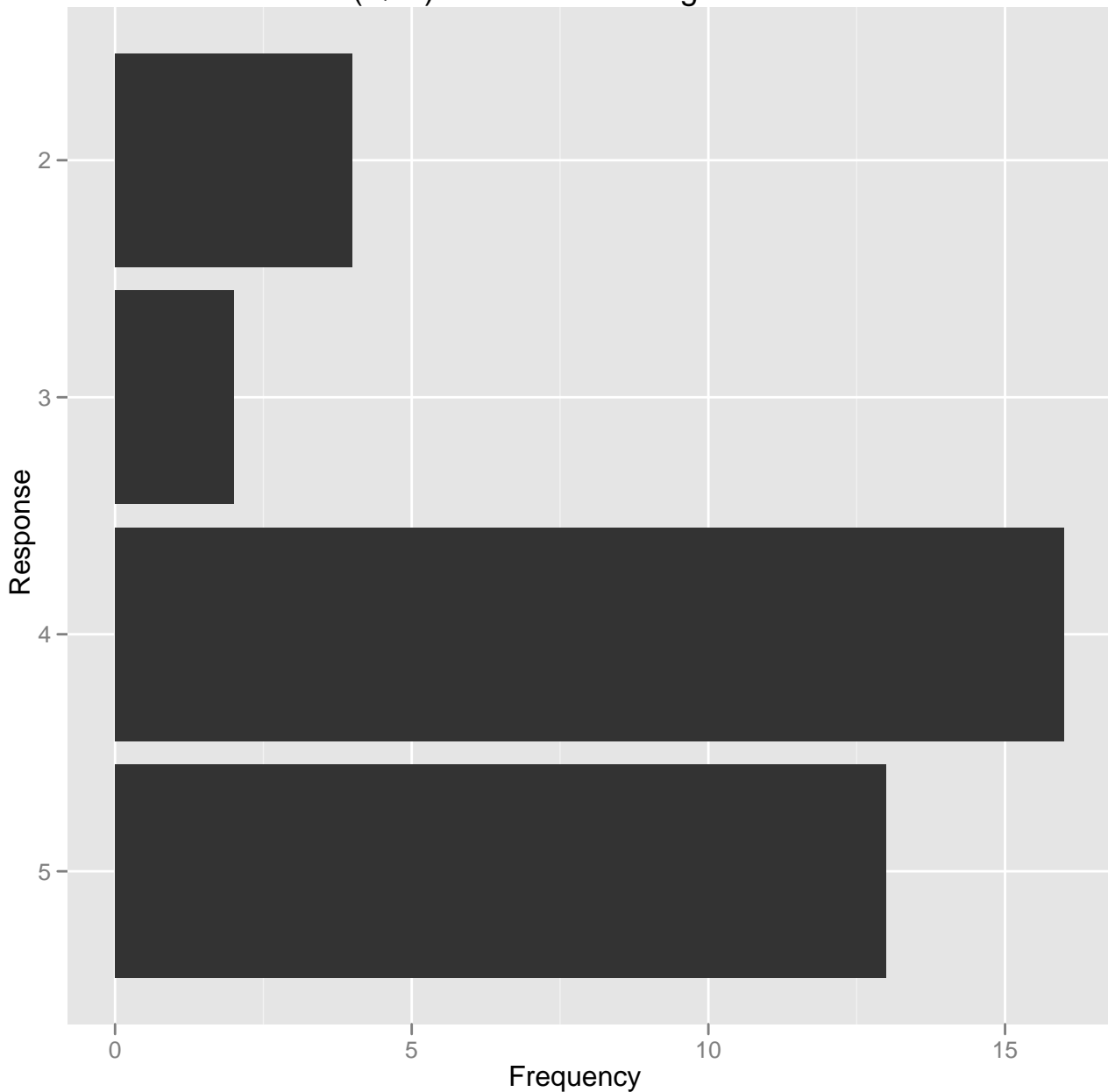
P055 (Q40):Choose what best describes the children's overall level of interest



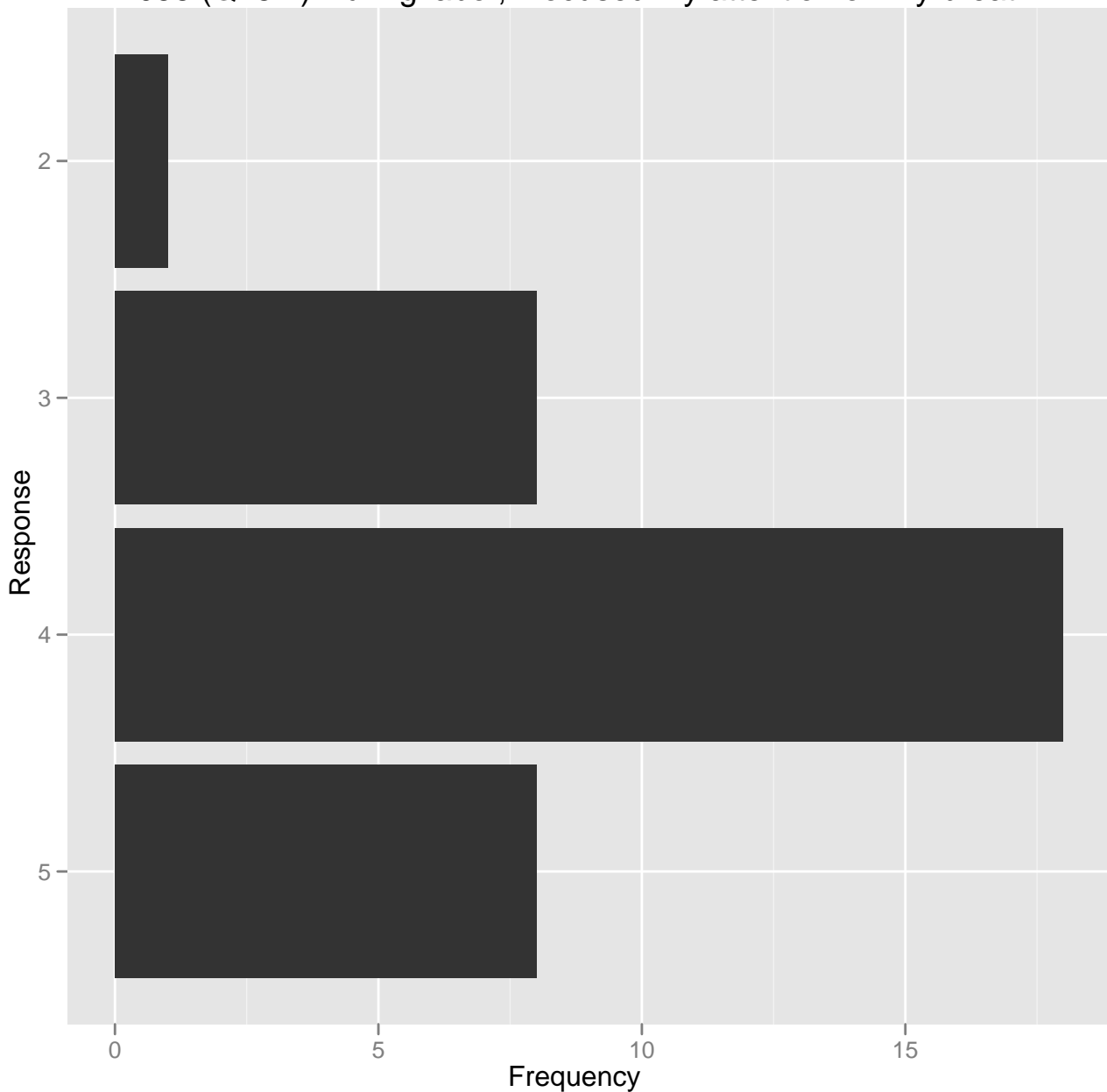
P056 (Q41.1):Choose what best describes the children's reactions



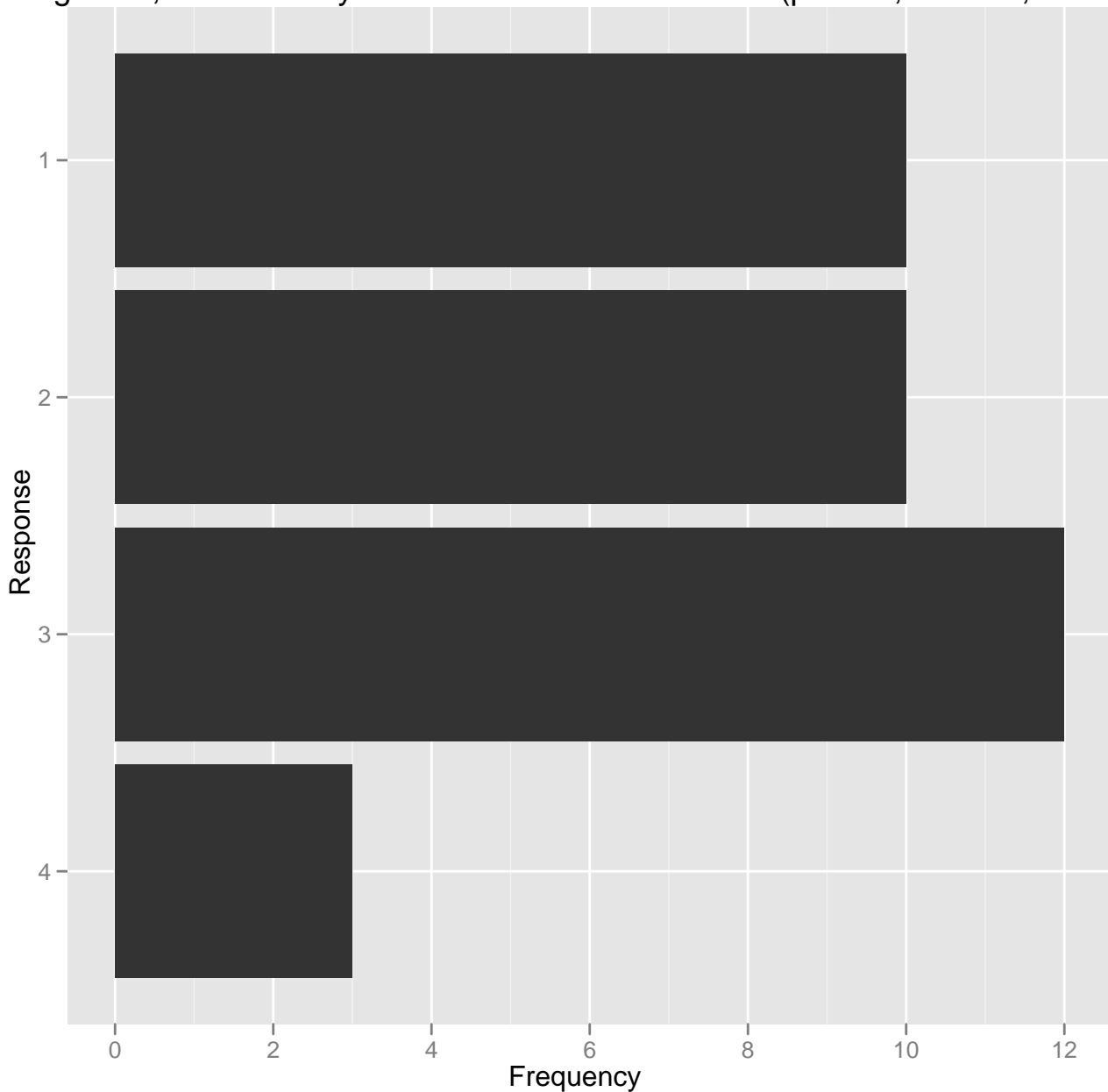
P057 (Q42):I vocalized during contractions



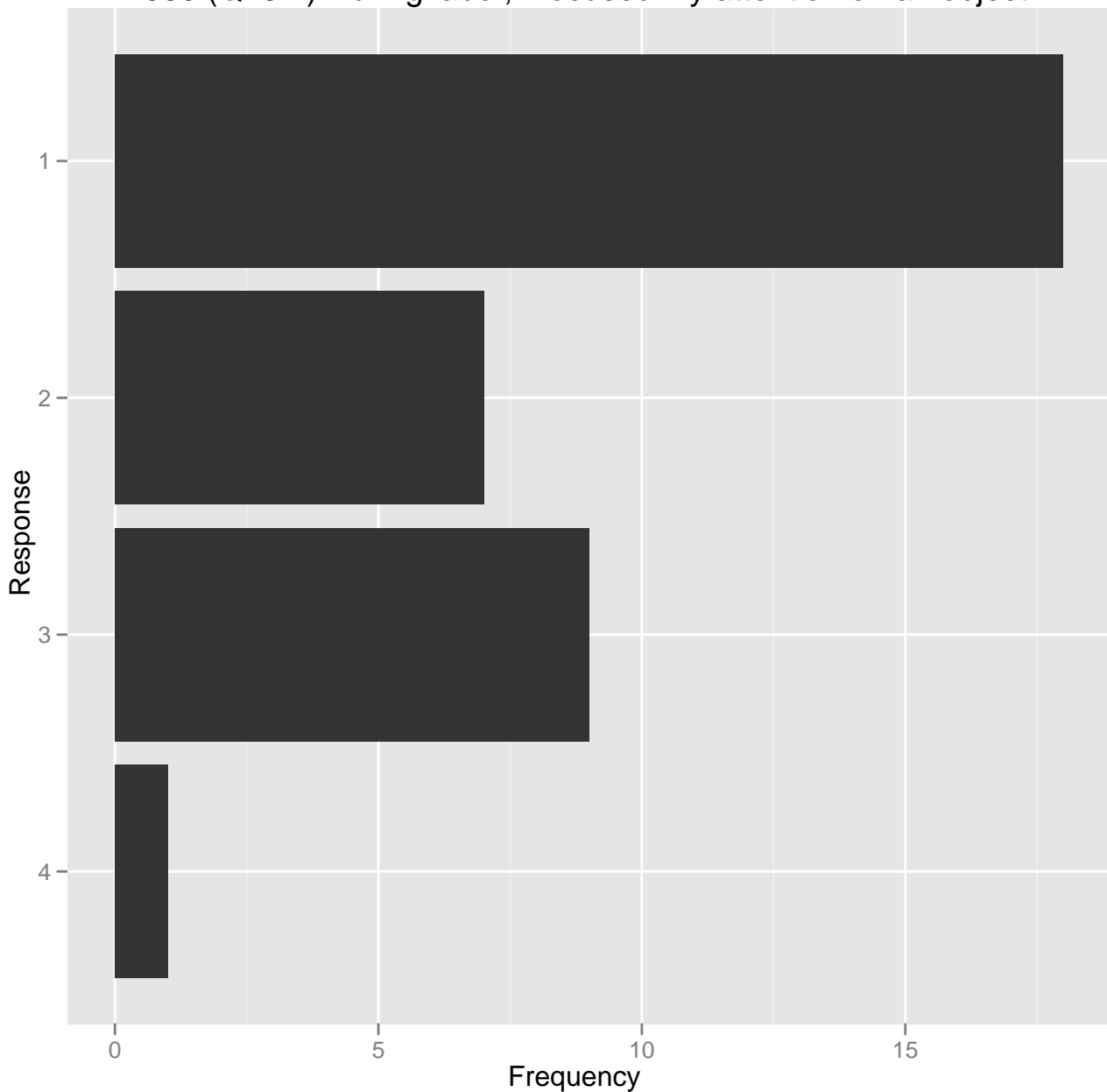
P058 (Q43.1):During labor, I focused my attention on my breath



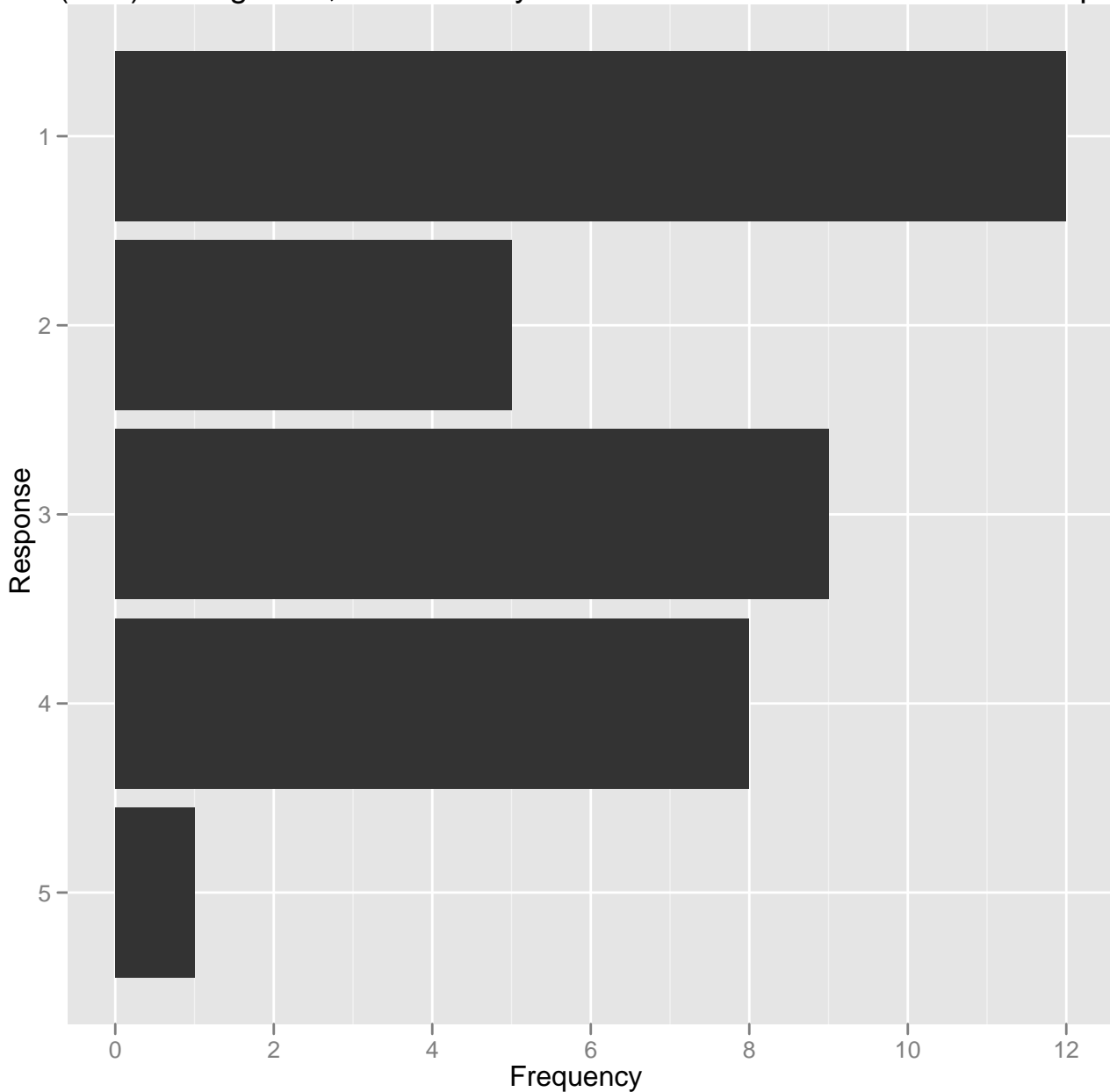
During labor, I focused my attention on someone's face (partner, midwife, doula, so



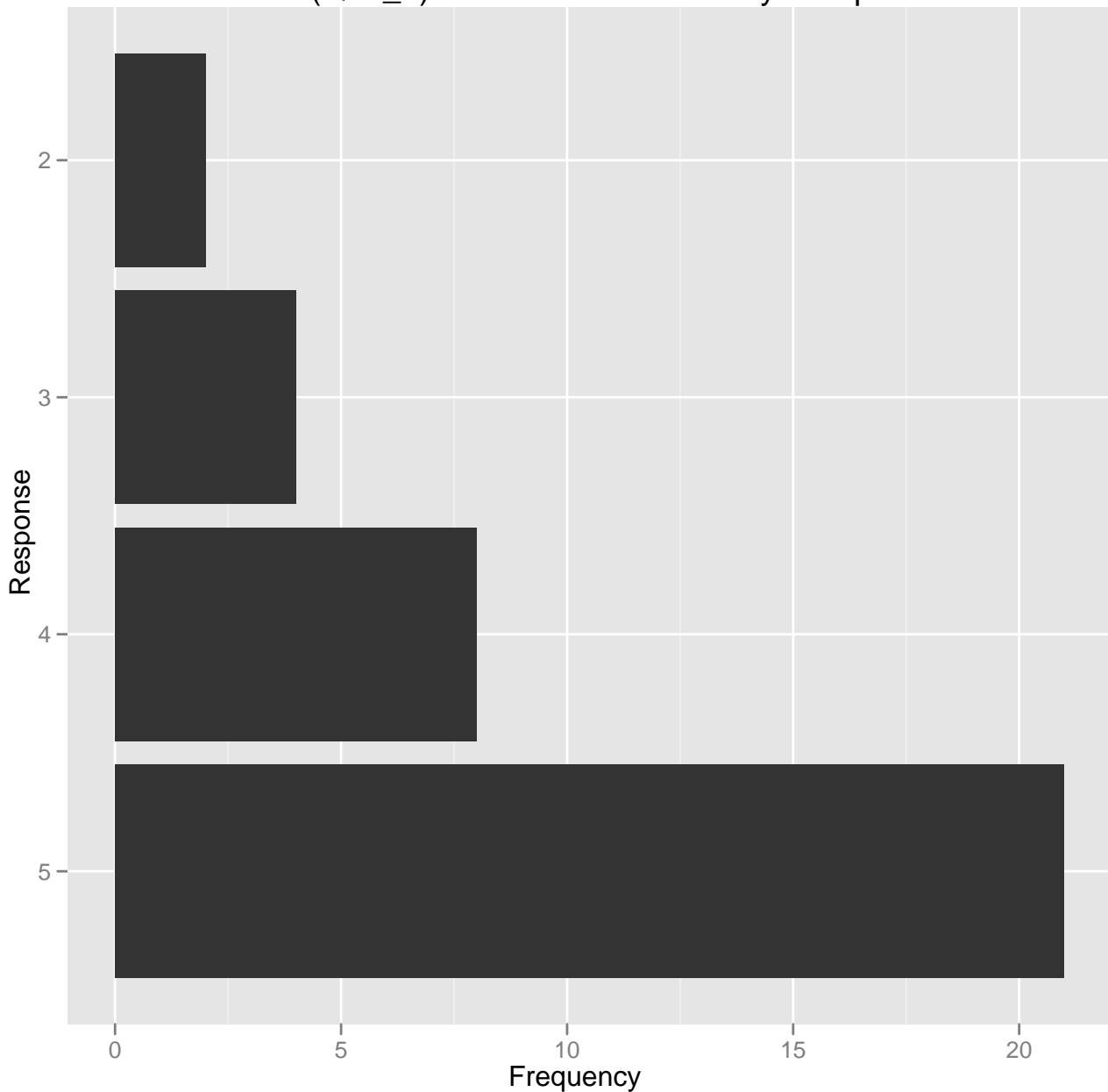
P060 (Q45.1):During labor, I focused my attention on an object



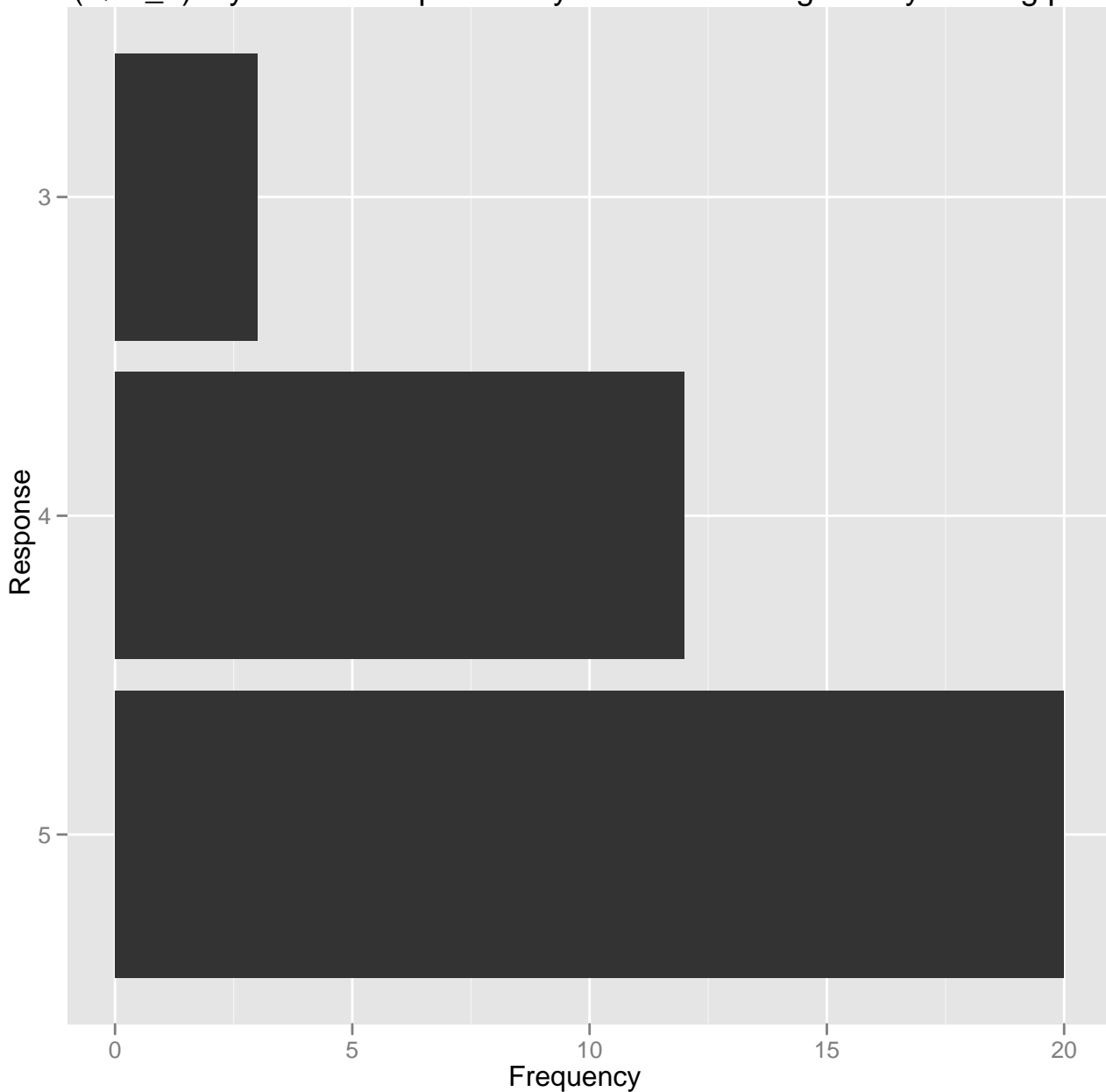
P061 (Q46):During labor, I focused my attention on a mantra or motivational phrase



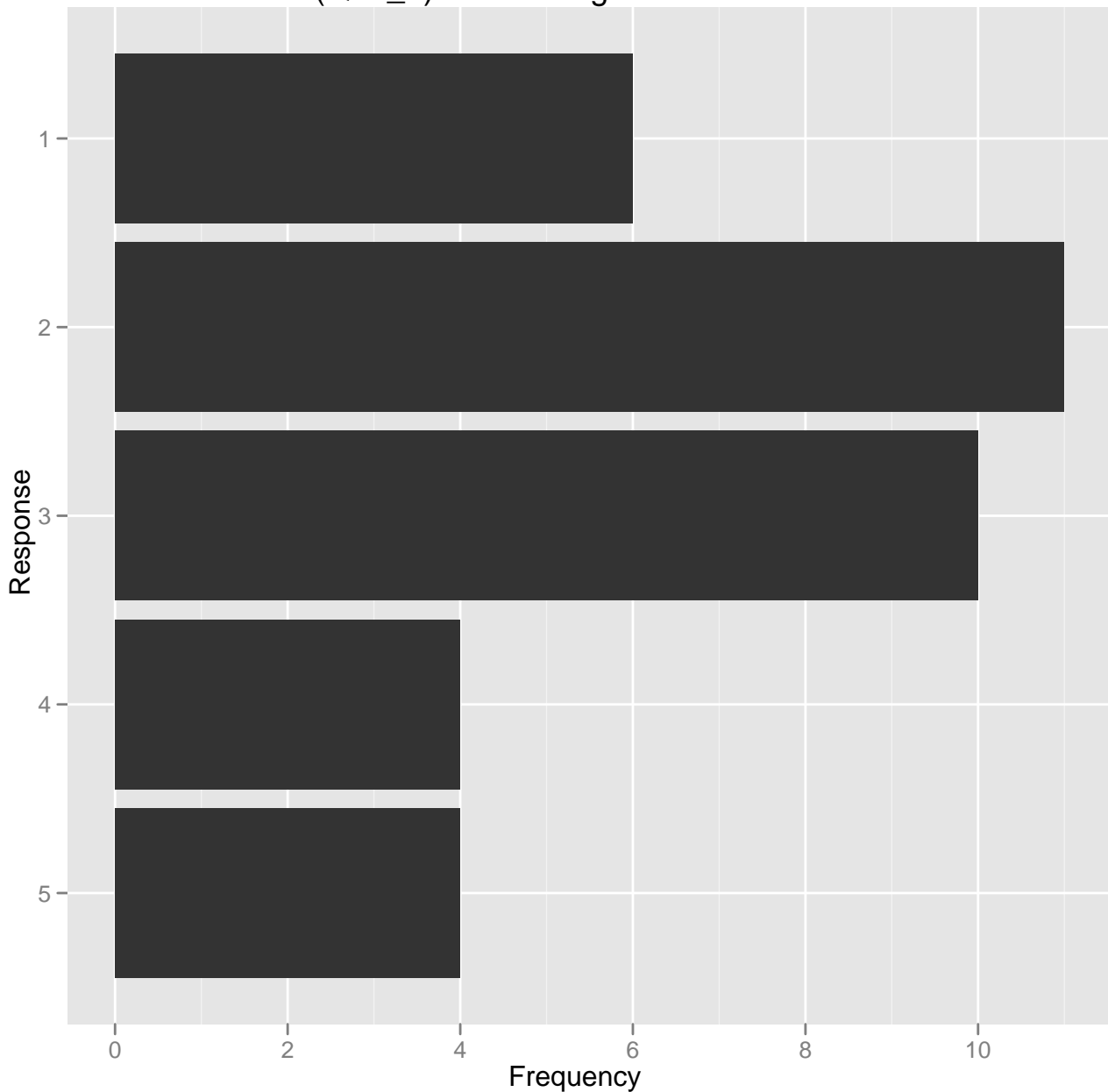
P062 (Q47_1):I could take labor at my own pace



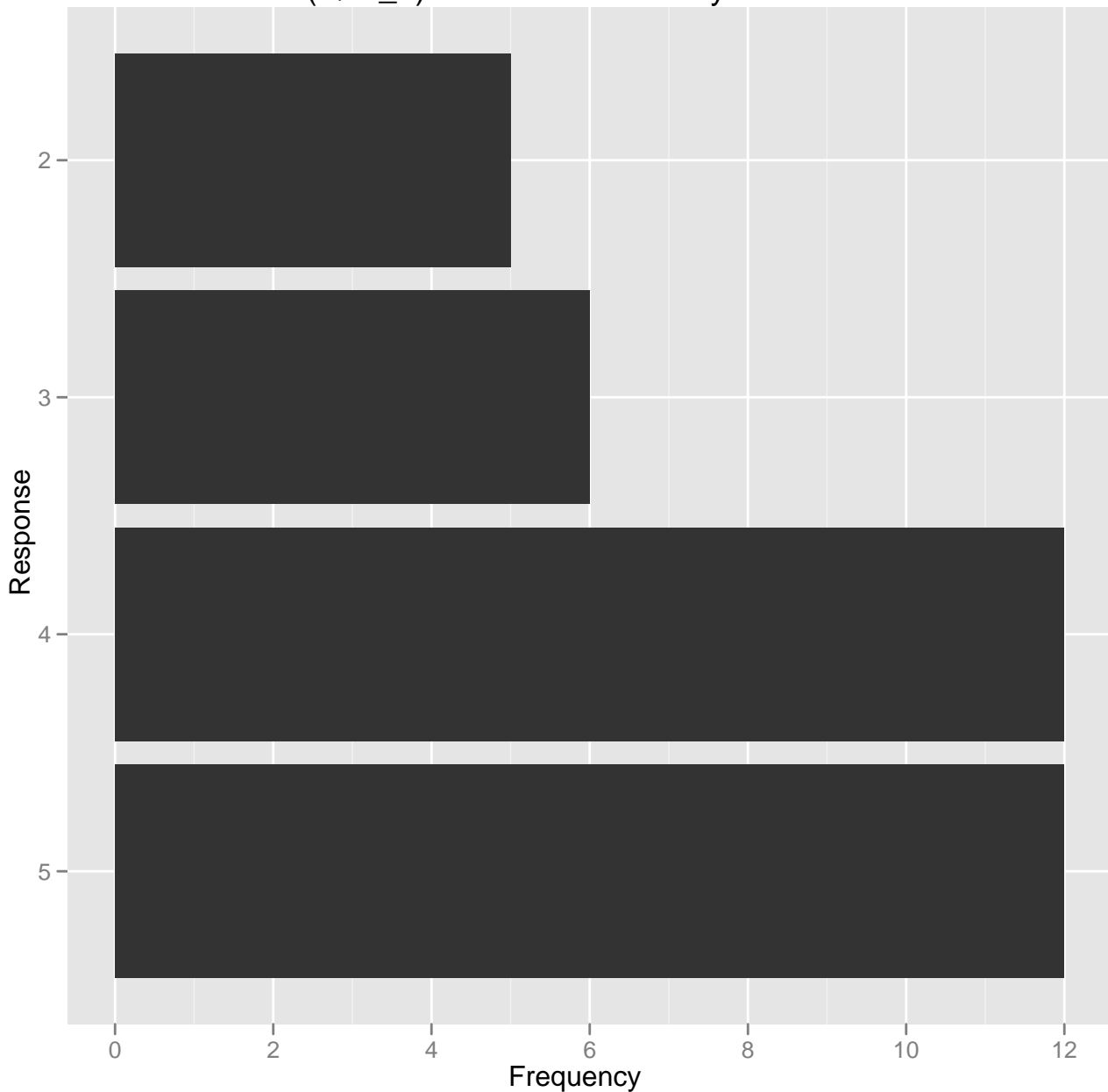
P063 (Q47_2):My midwife respected my innate knowledge of my birthing process



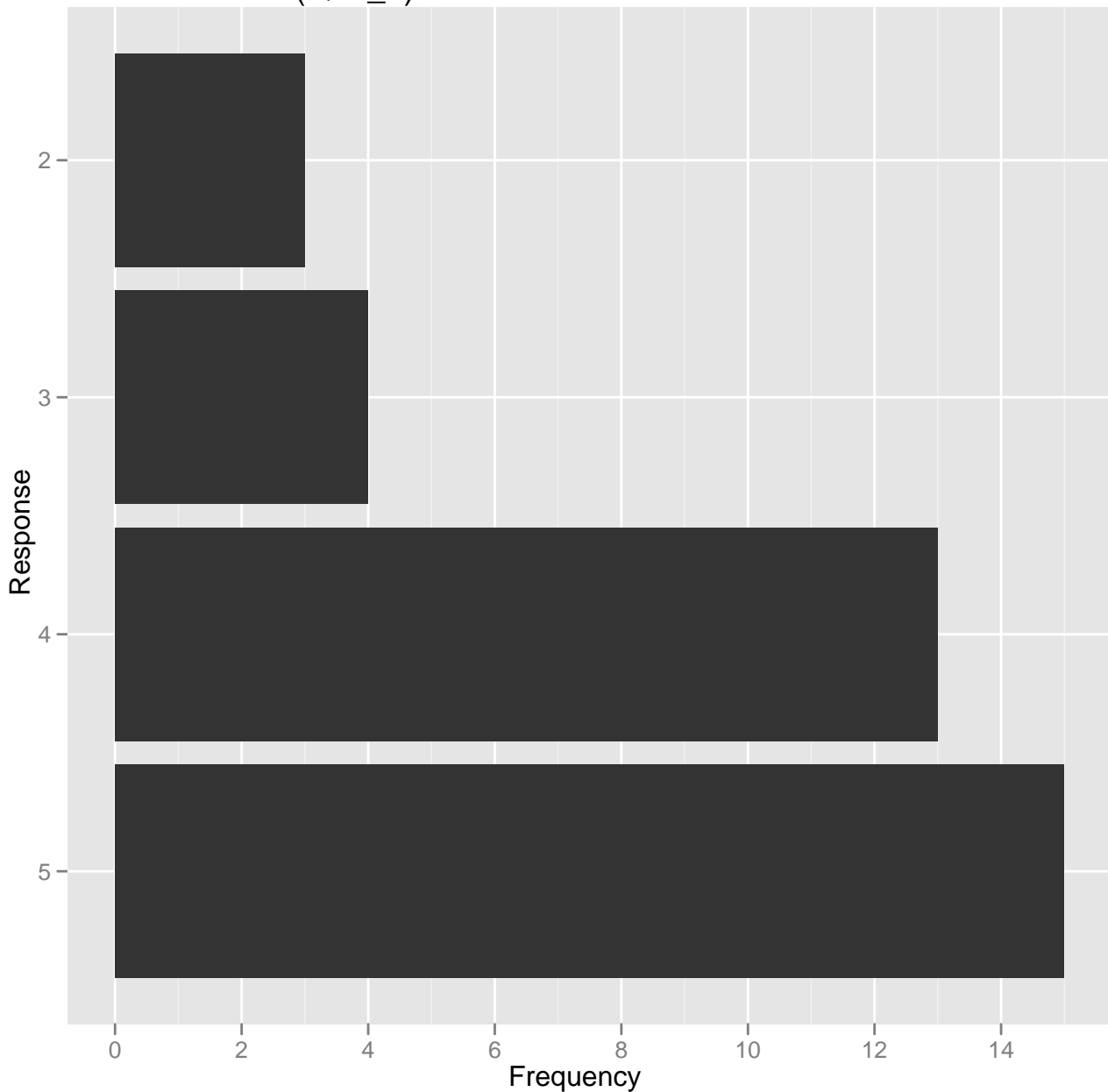
P064 (Q47_3):I was being observed or watched



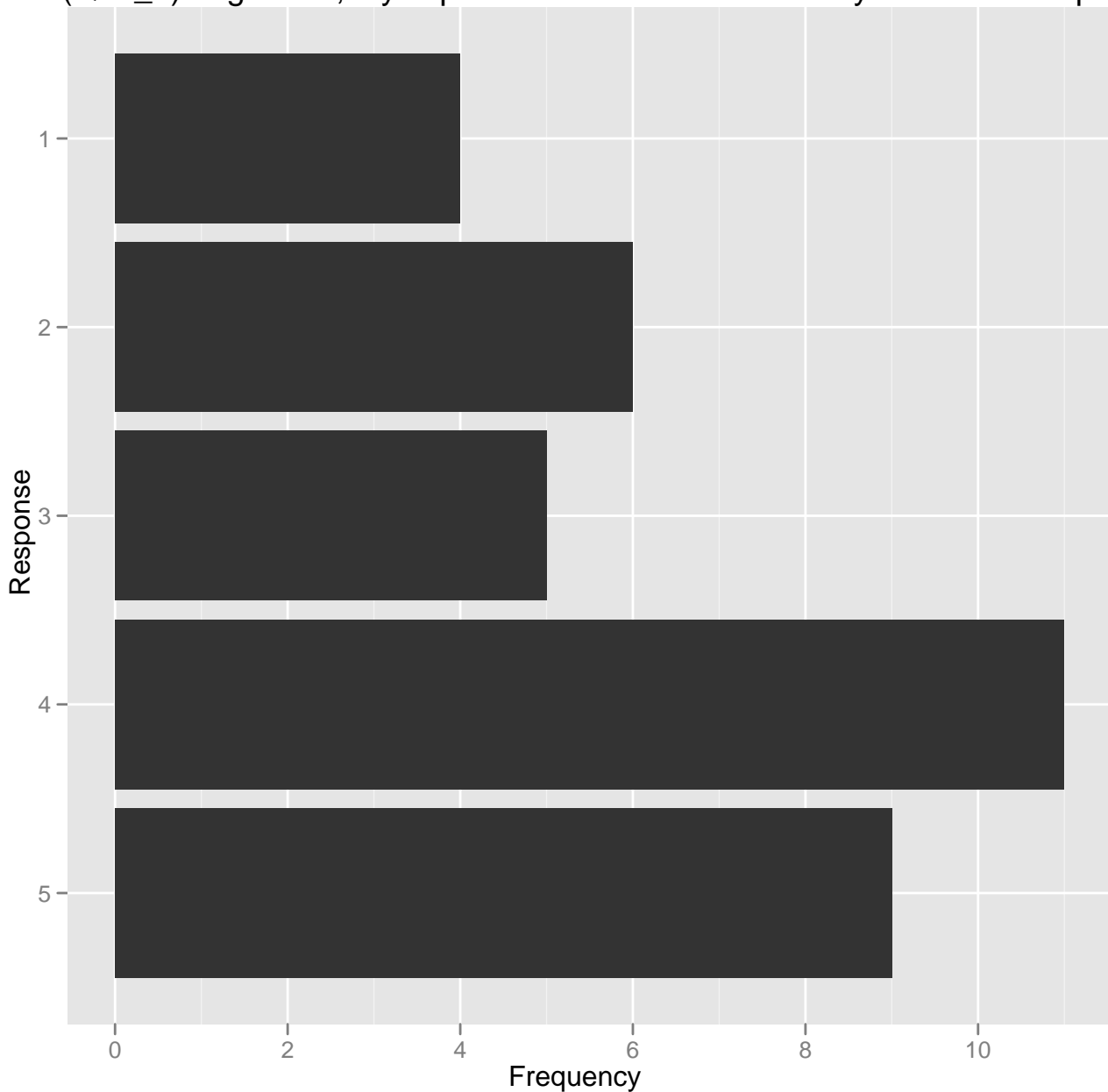
P065 (Q47_4):I felt in control of my own behavior



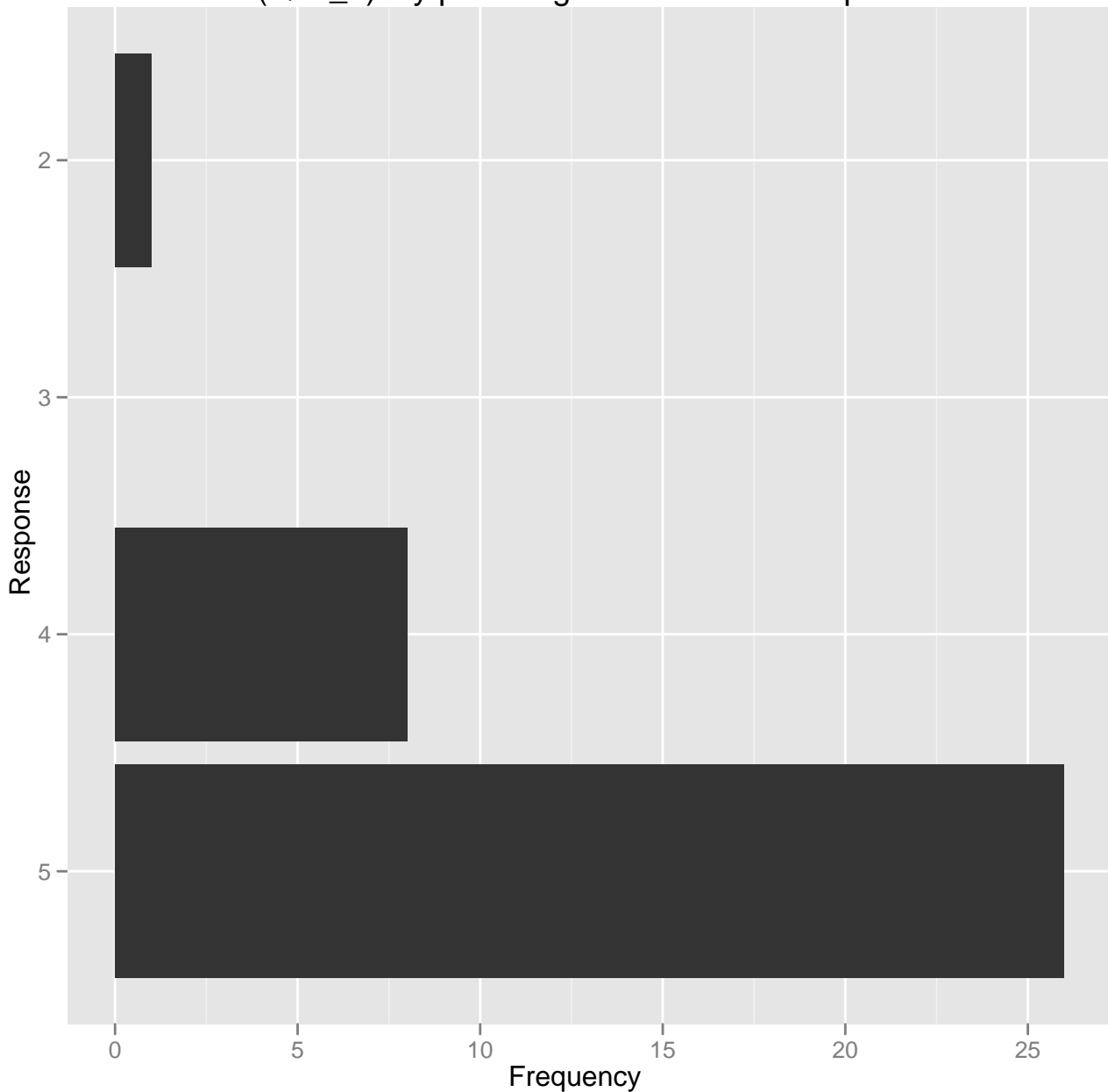
P066 (Q47_5):I felt in control of the care I received



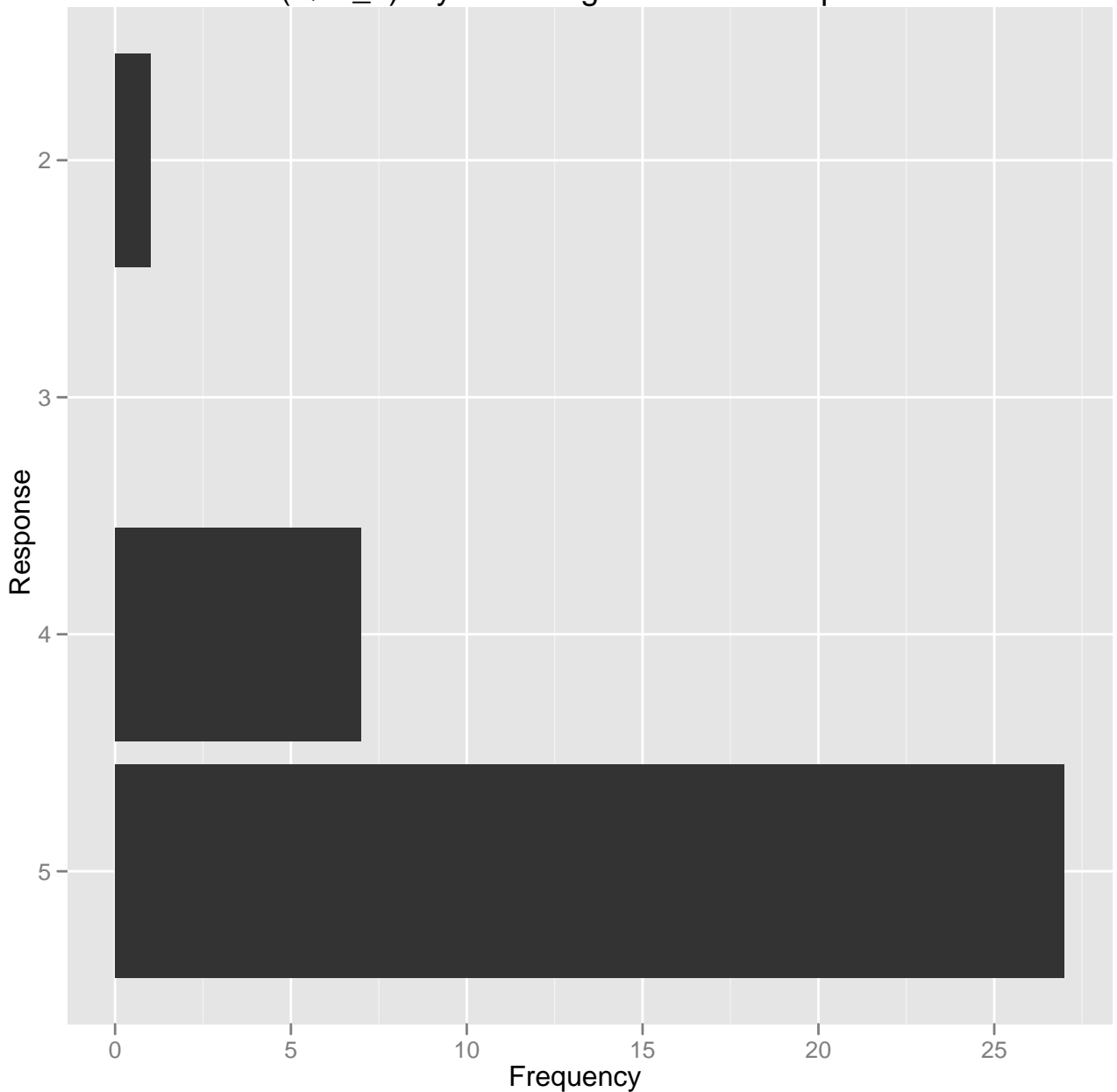
P067 (Q47_6):In general, my experience of labor and delivery was what I expected



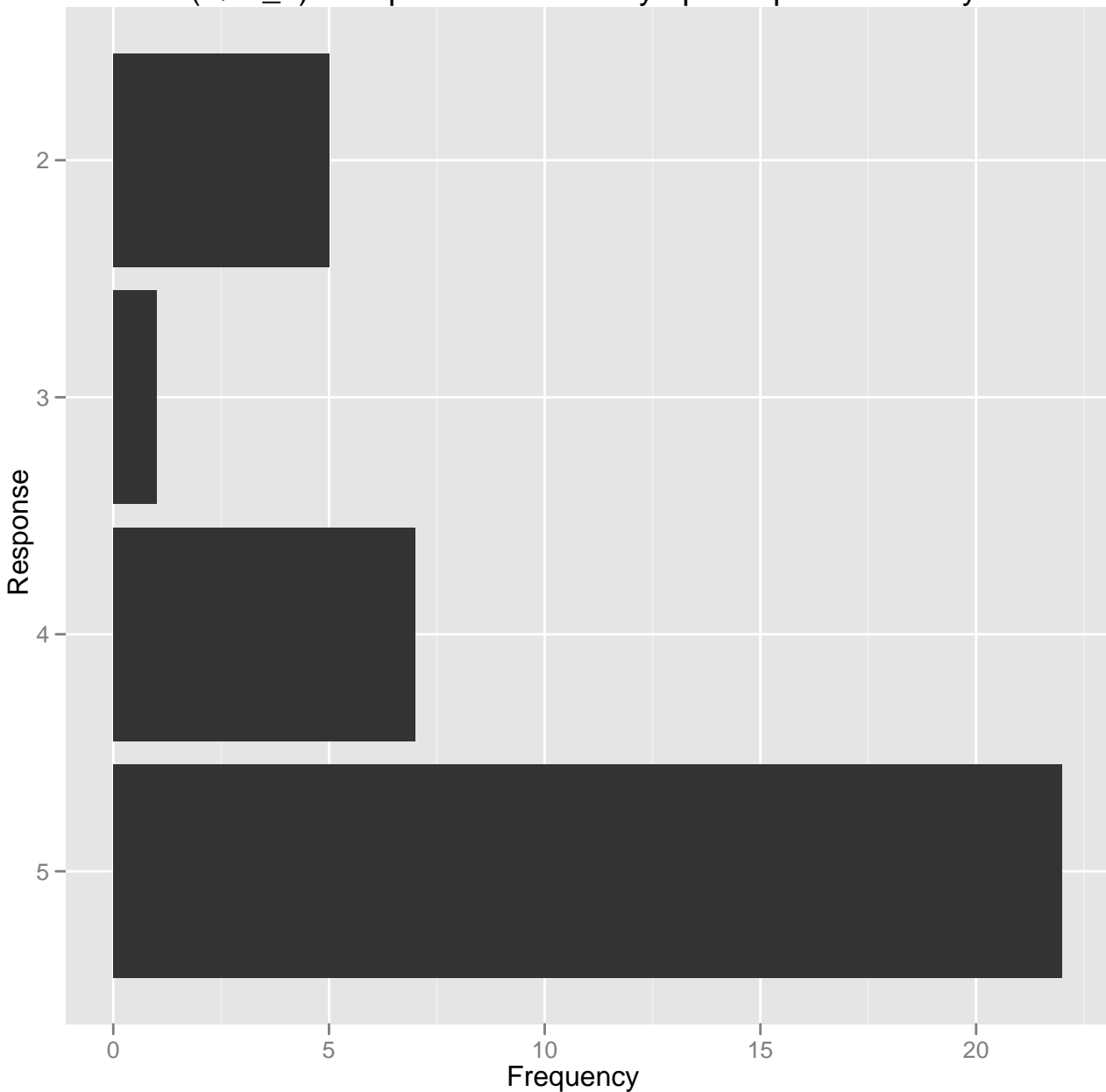
P068 (Q47_7):My partner gave me his/her full presence



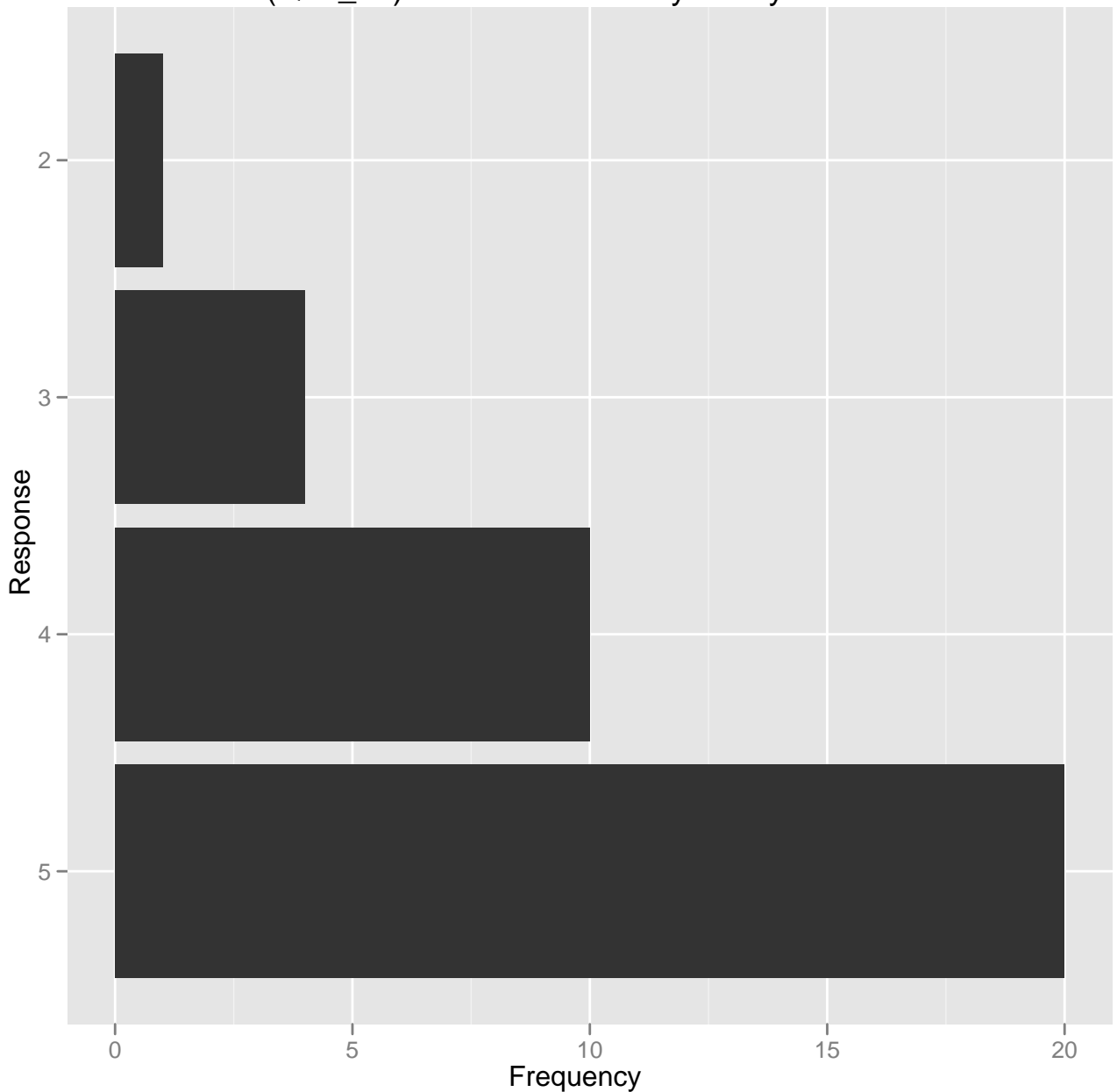
P069 (Q47_8):My midwife gave me her full presence



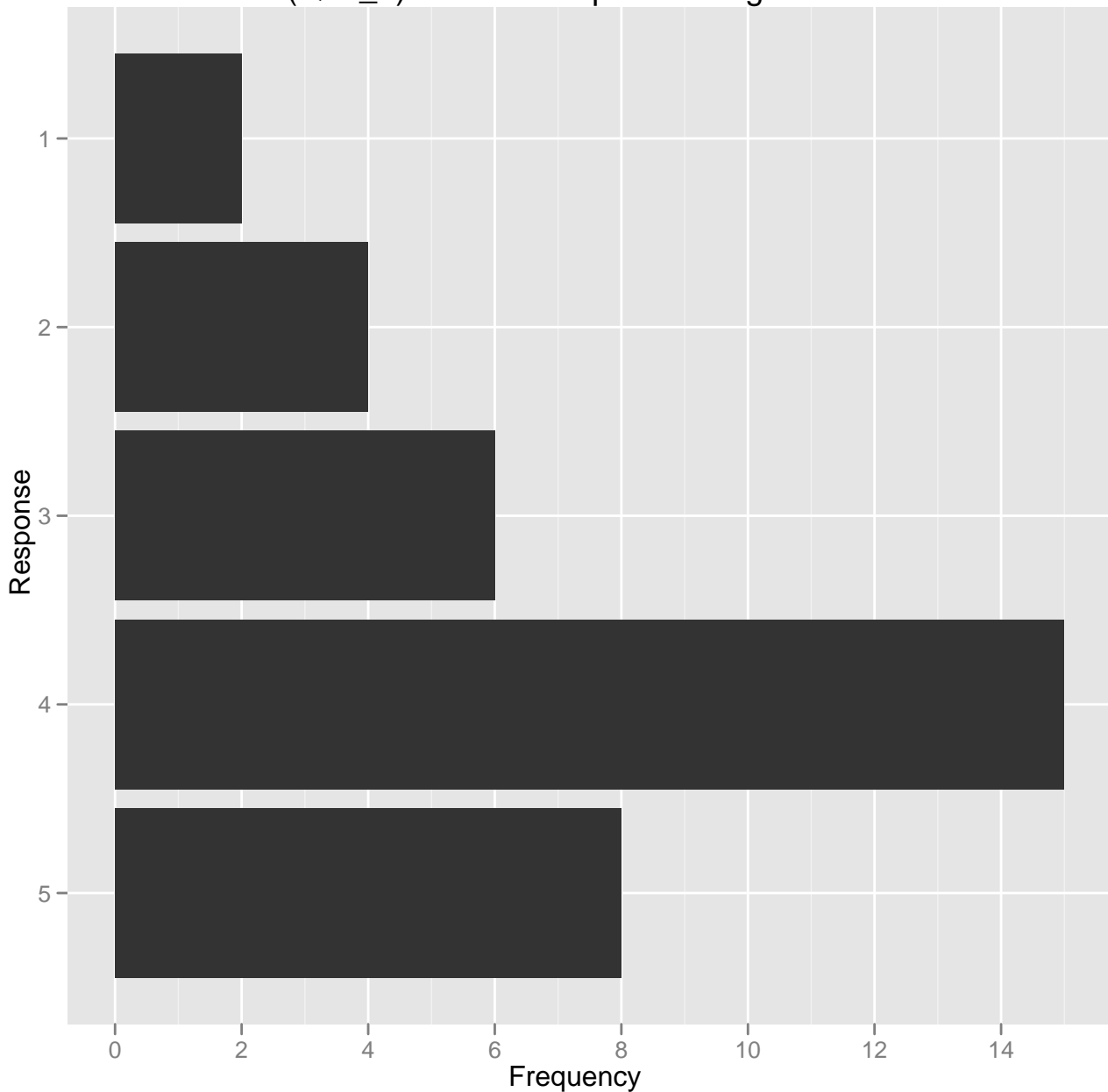
P070 (Q47_9):I felt pressured to hurry up and push the baby out



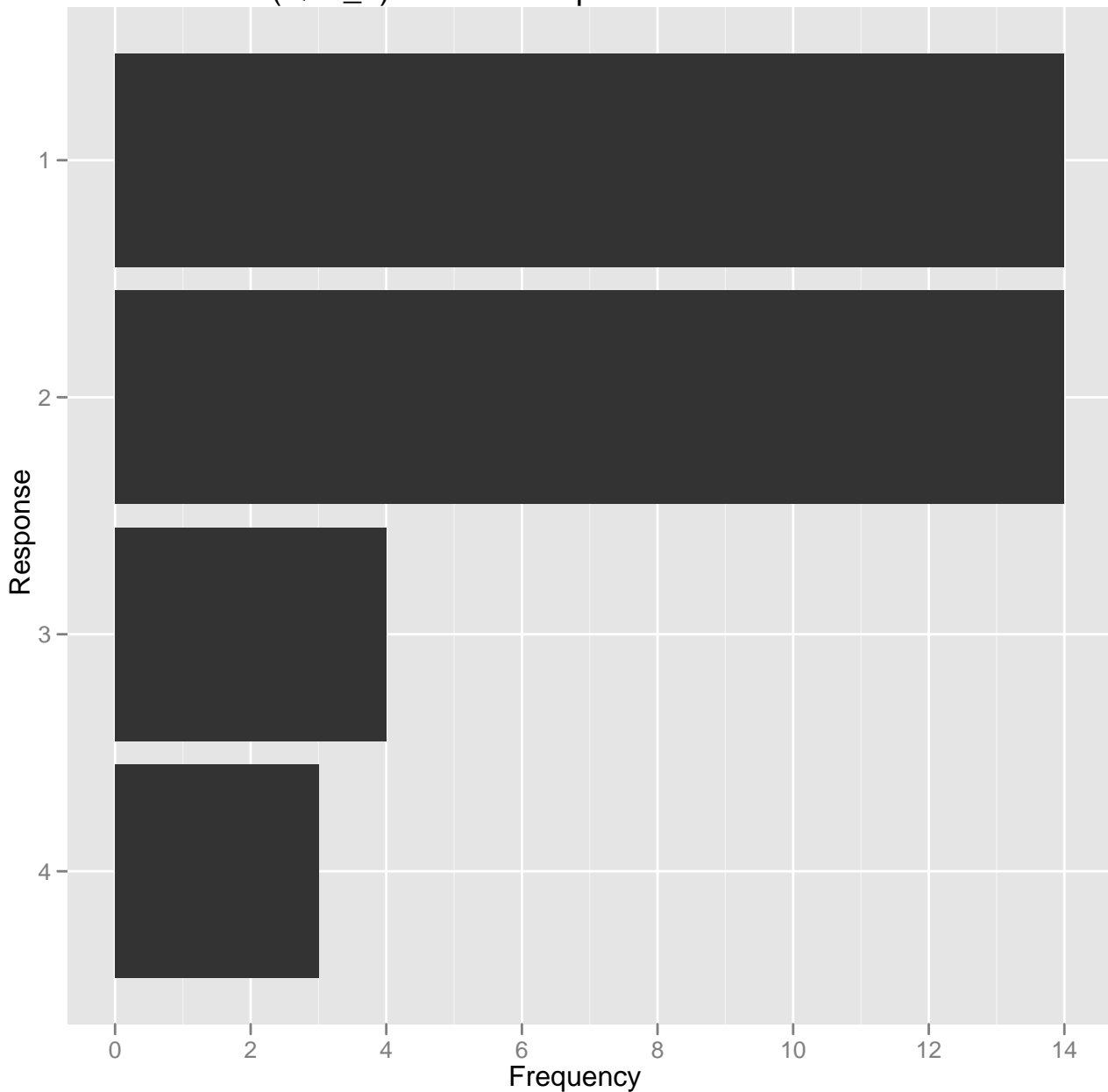
P071 (Q47_10):I concentrated fully on my contractions



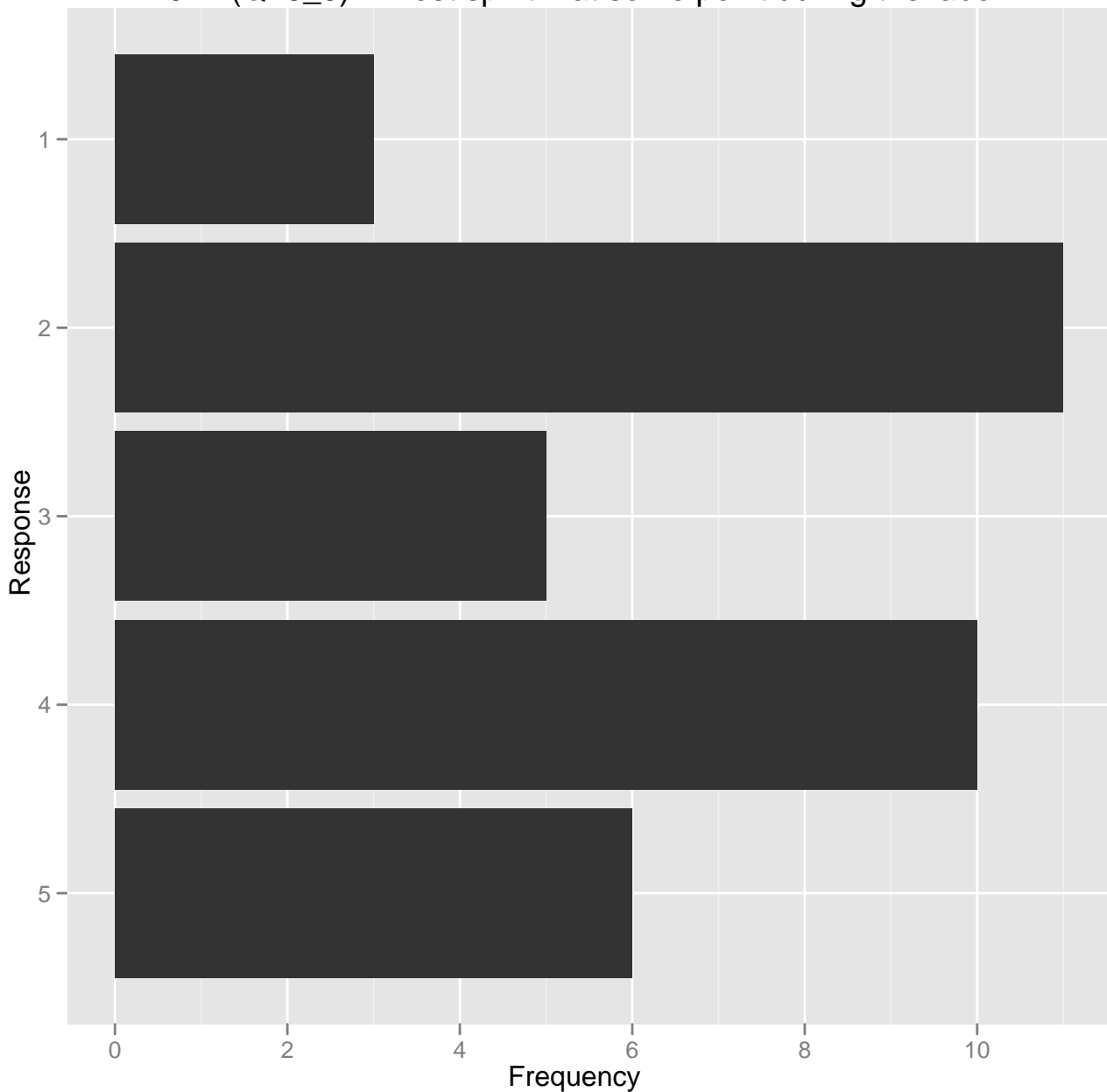
P072 (Q48_1):I could not speak during contractions



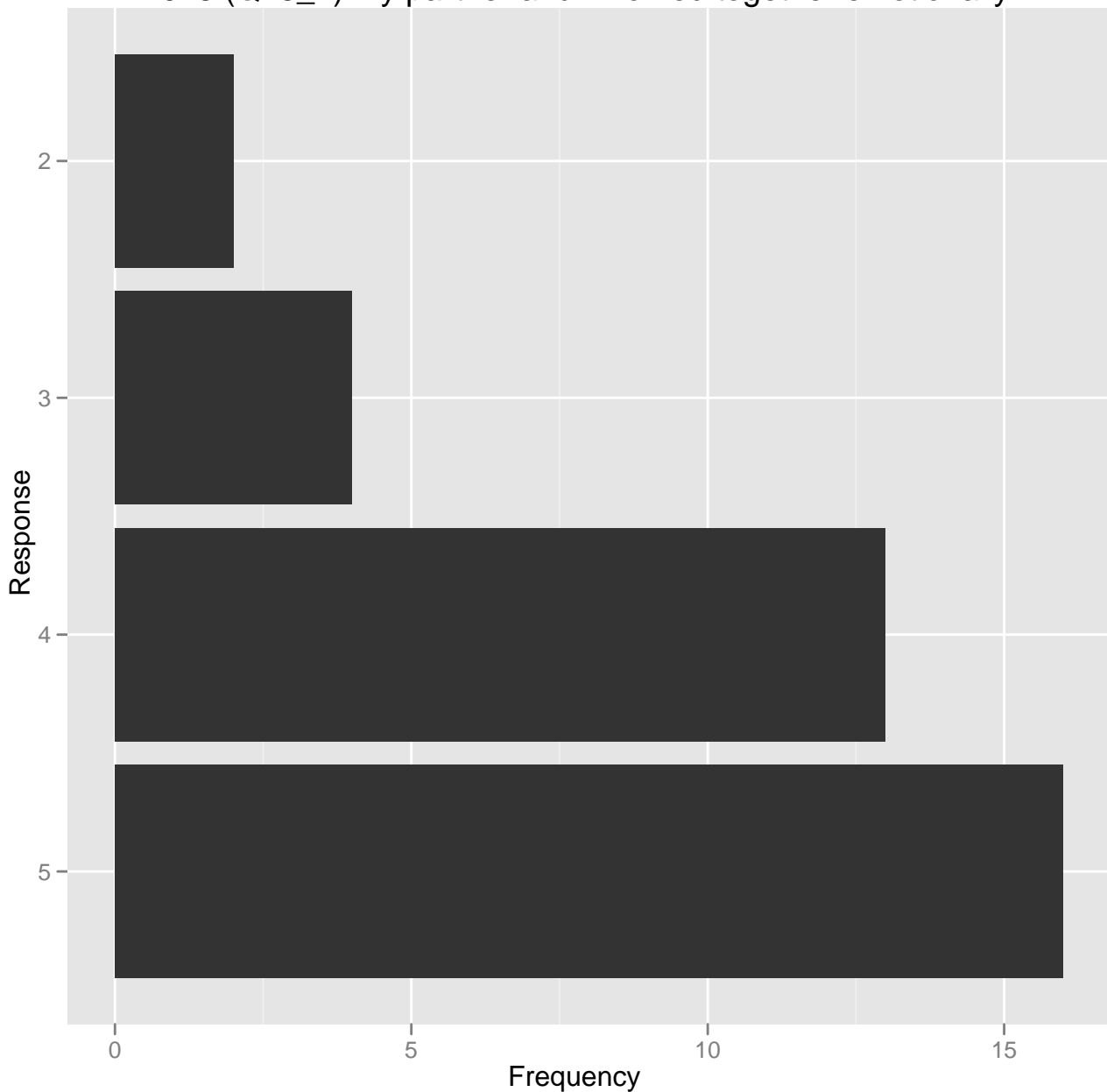
P073 (Q48_2):I could not speak between contractions



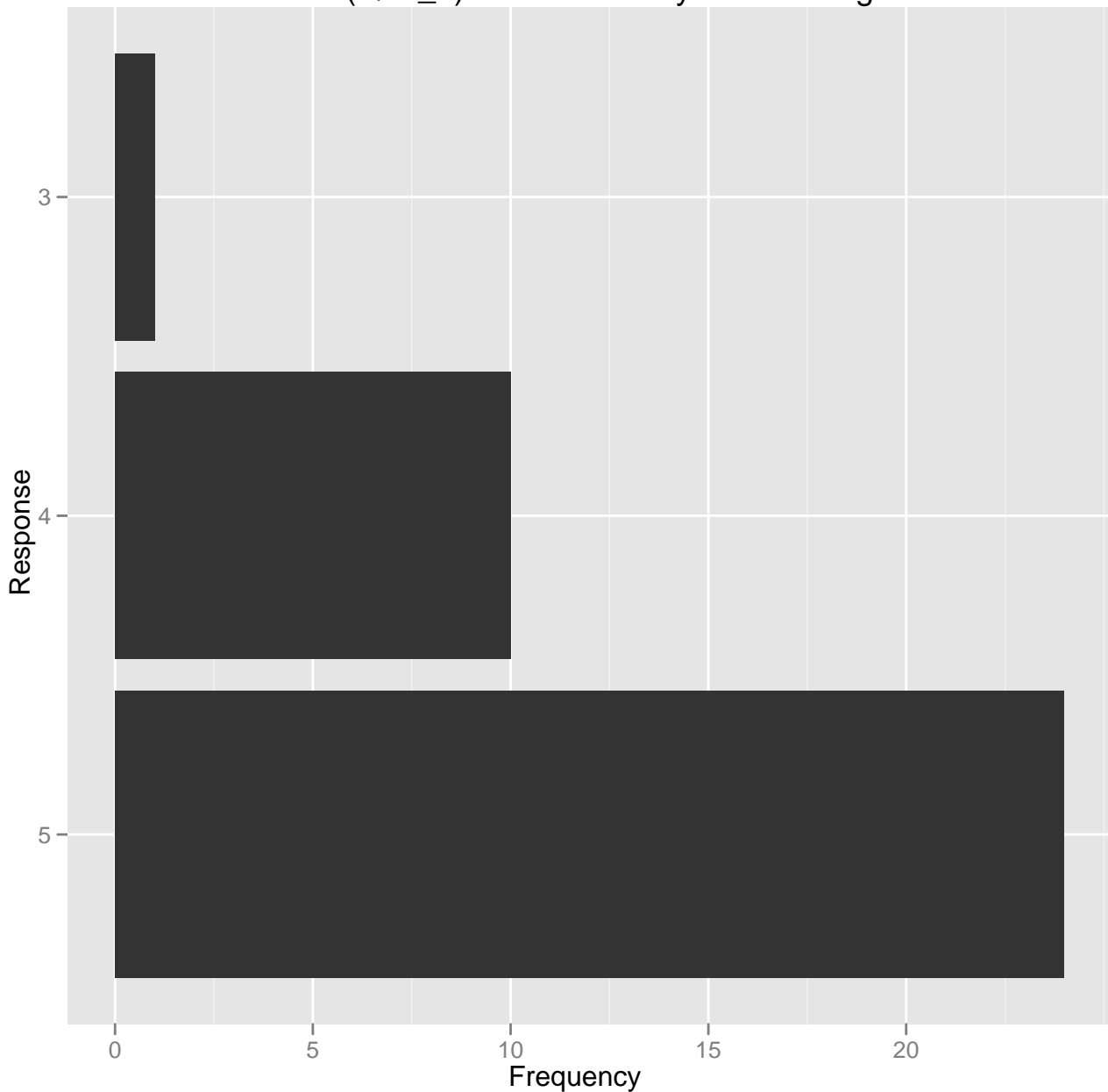
P074 (Q48_3):I ...lost spirit... at some point during the labor



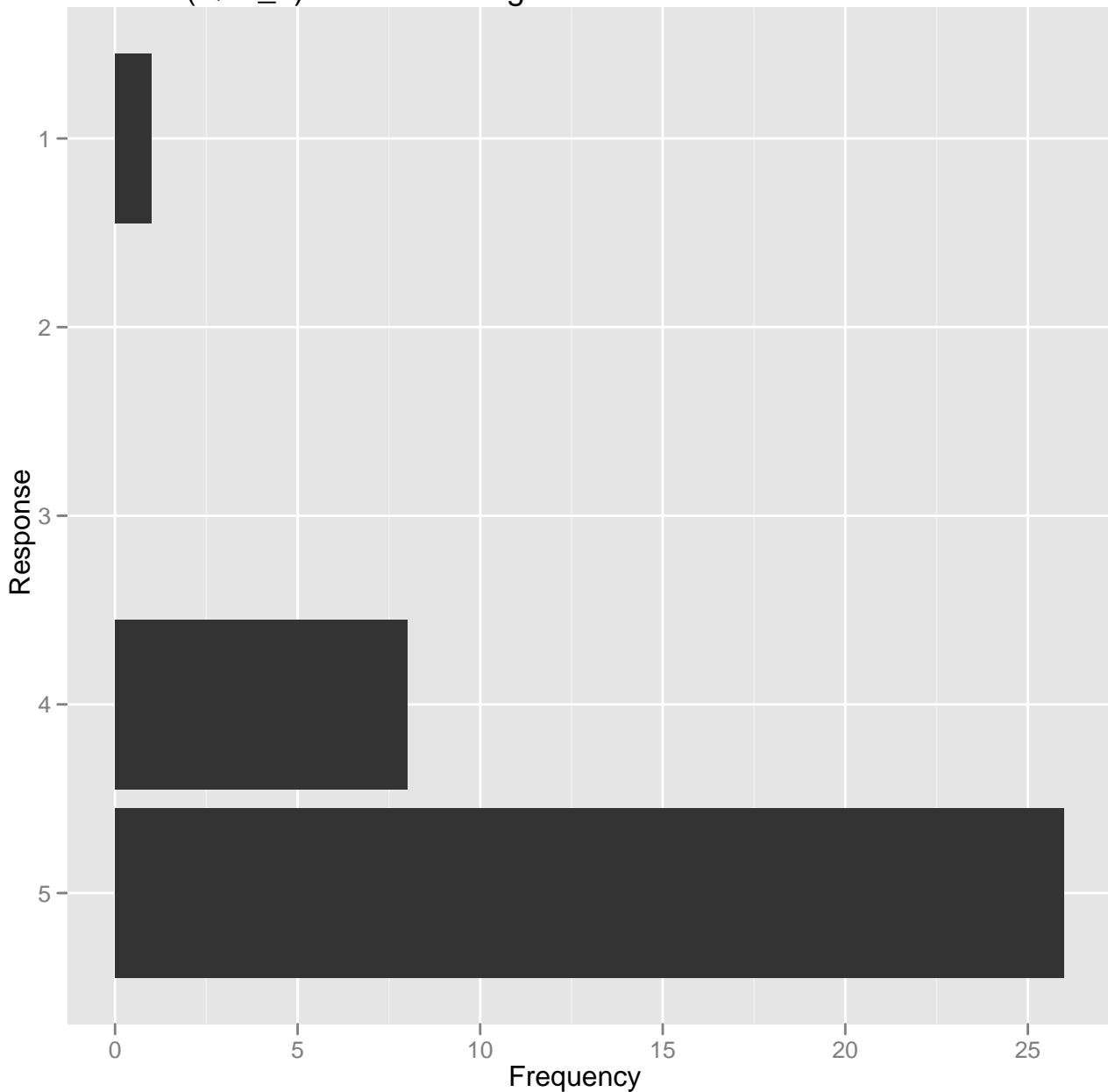
P075 (Q48_4):My partner and I worked together emotionally



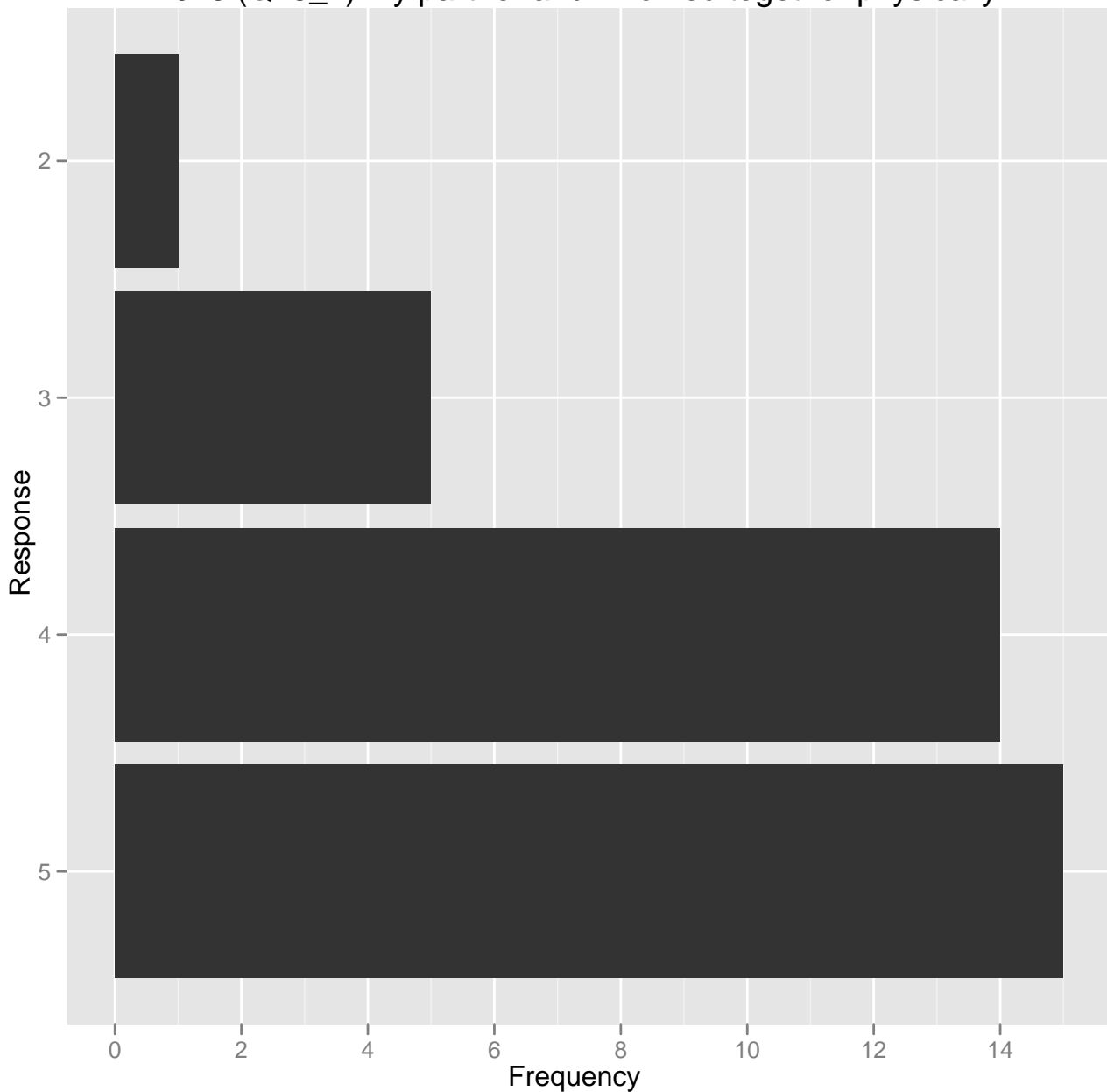
P076 (Q48_5):I felt safe in my surroundings



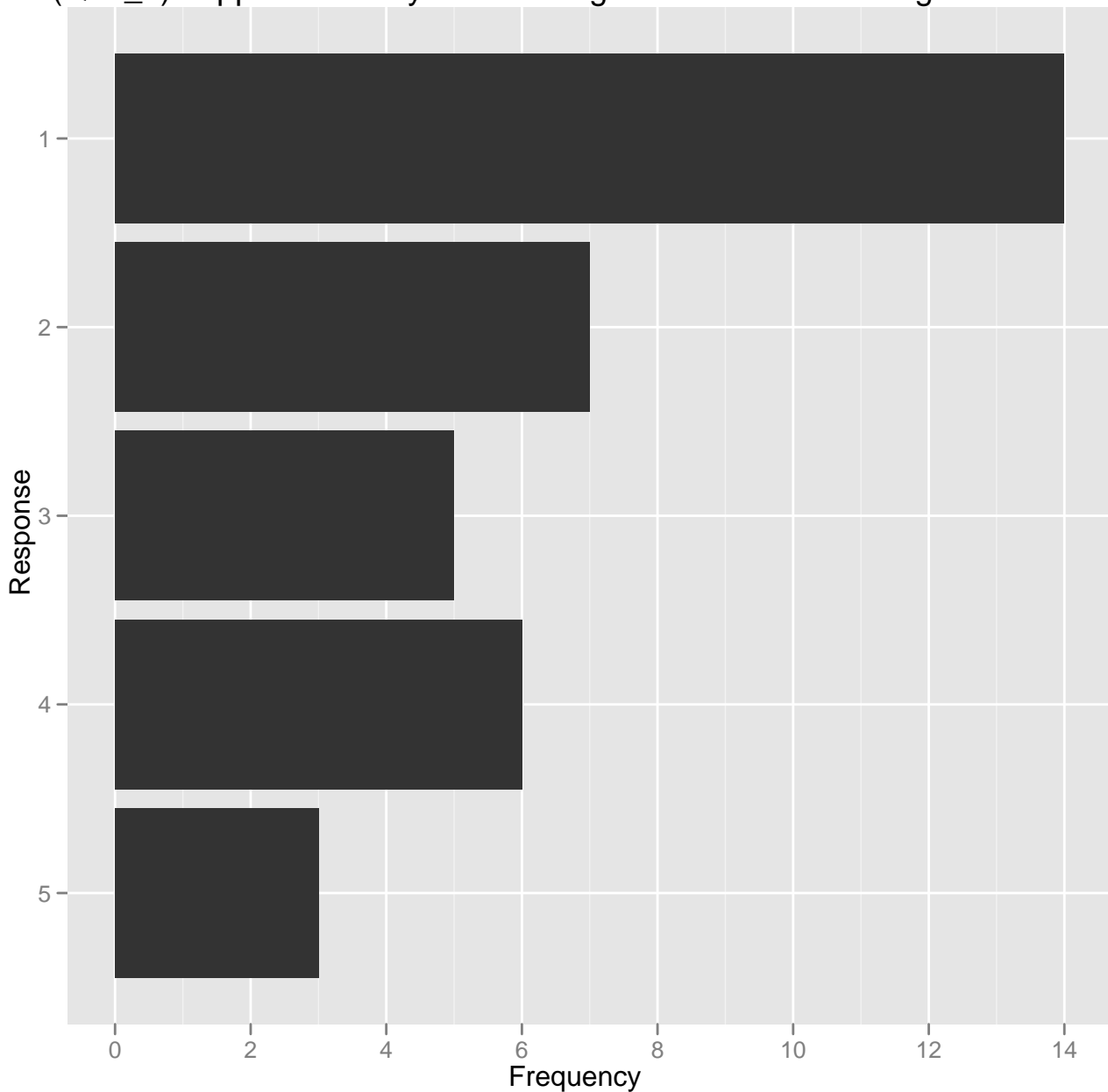
P077 (Q48_6):I was following someone else...s timetable for labor



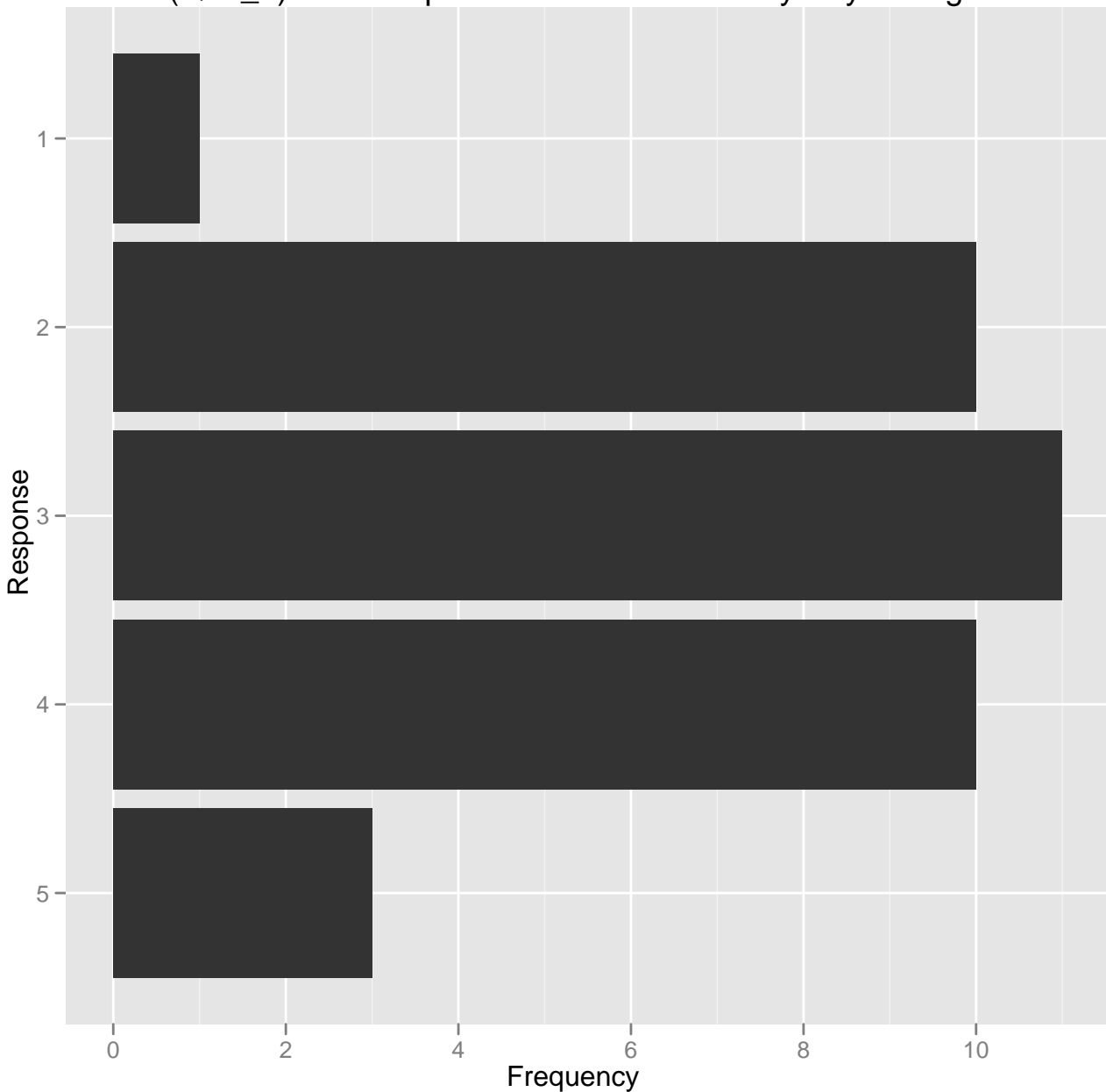
P078 (Q48_7):My partner and I worked together physically



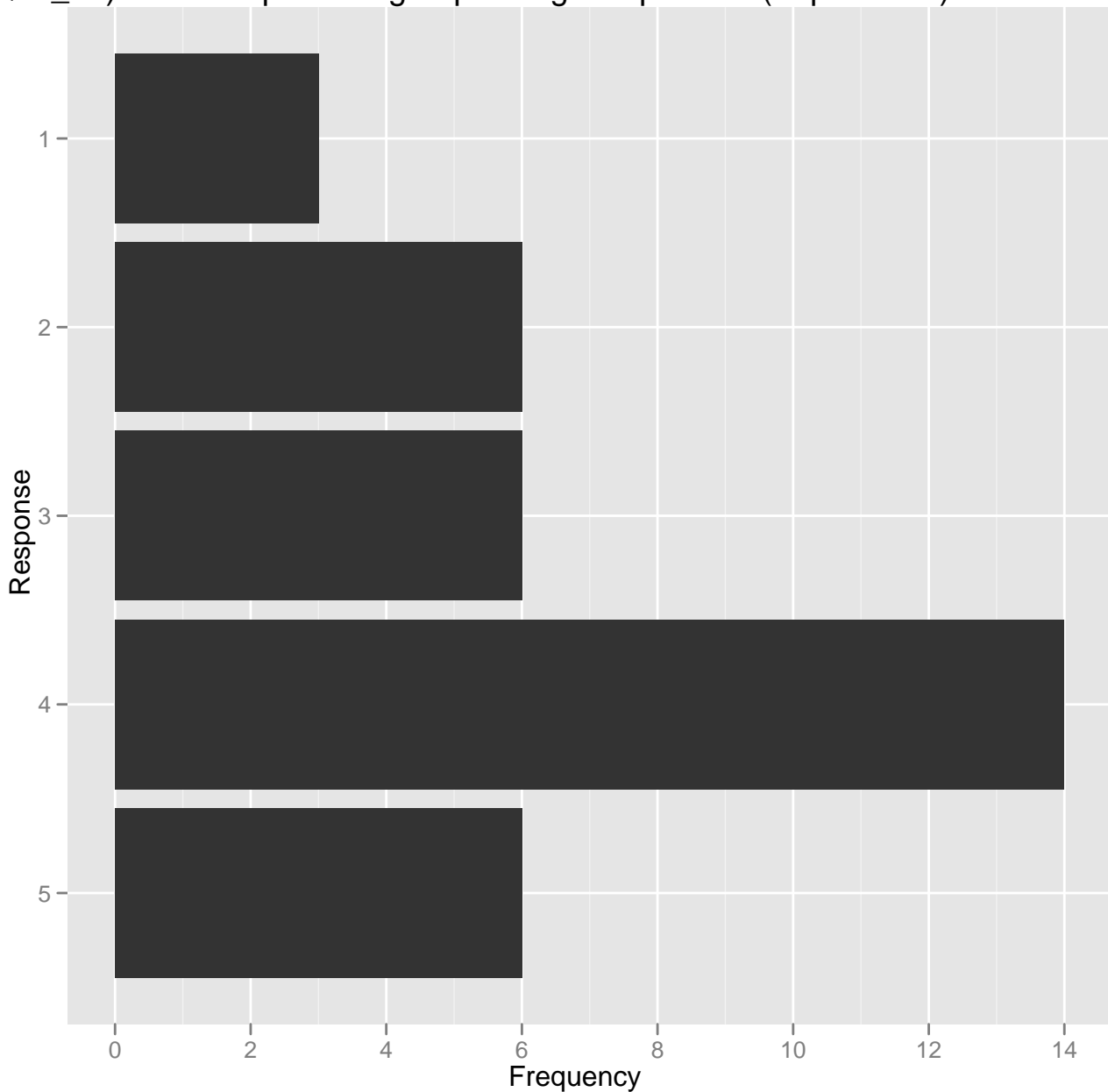
079 (Q48_8):I approached my labor through conscious reasoning and/or rationali



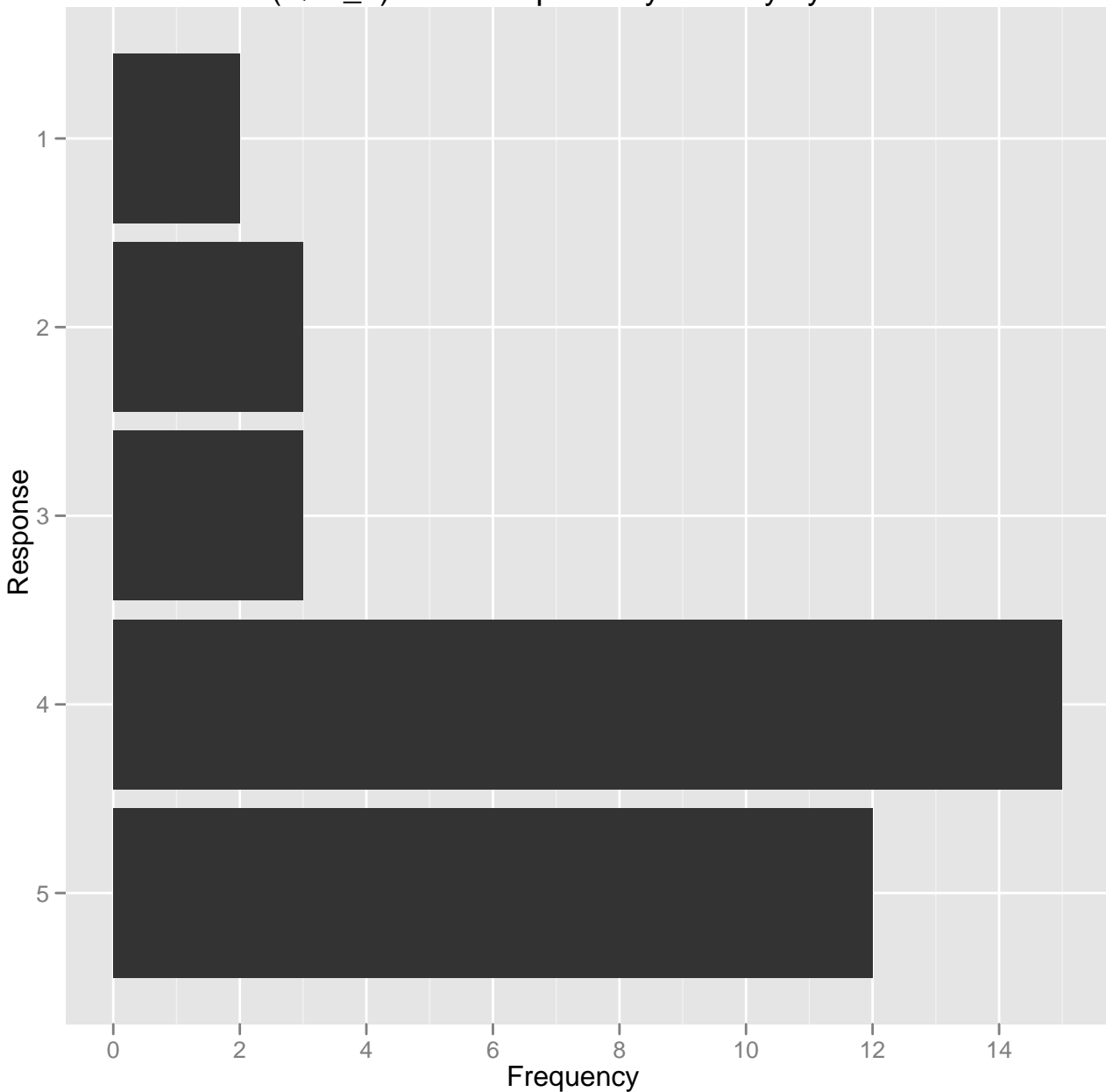
P080 (Q48_9):I tried to problem solve or think my way through labor



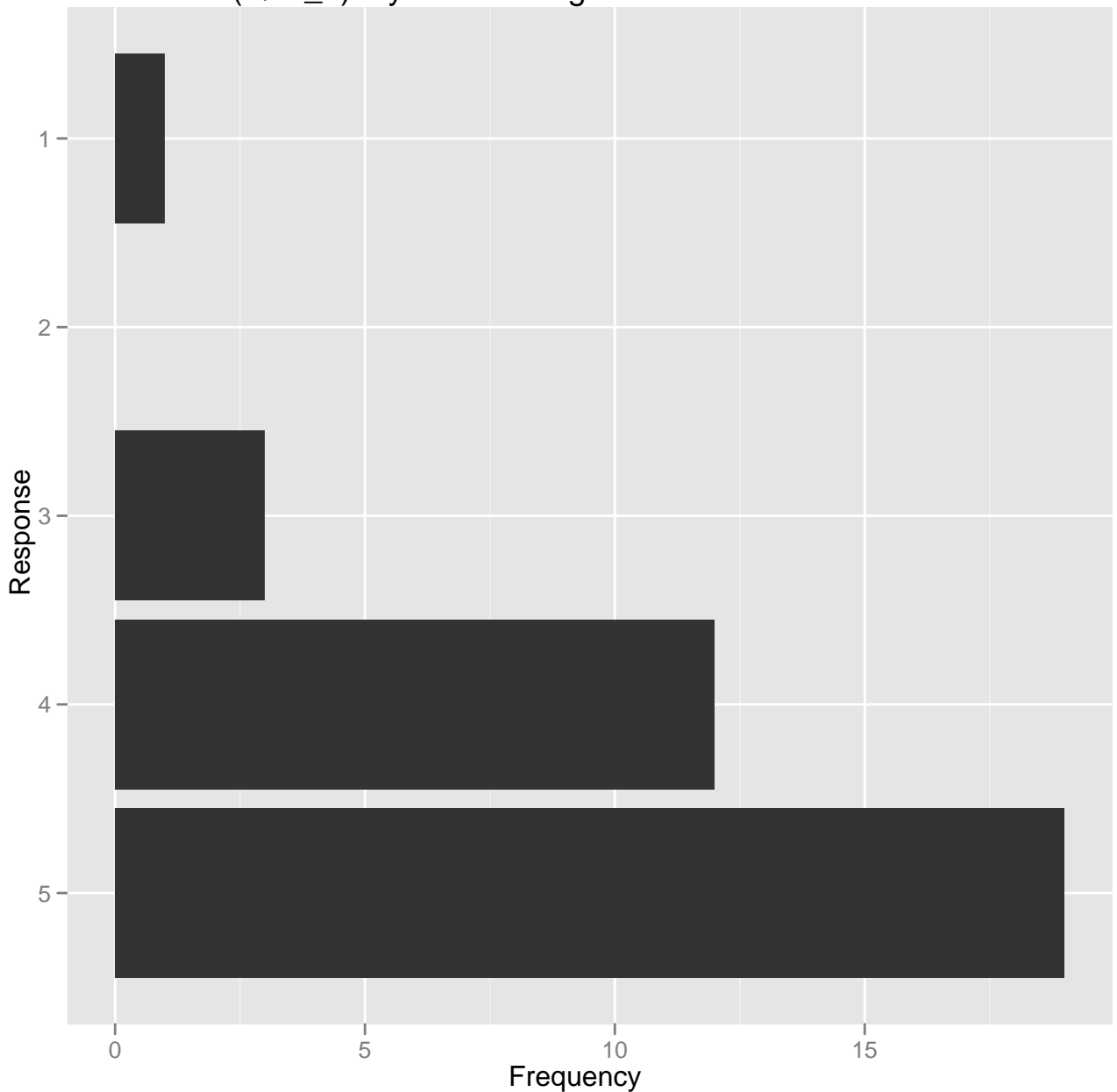
(Q48_10):I ended up laboring or pushing in a position (or positions) that I did not p



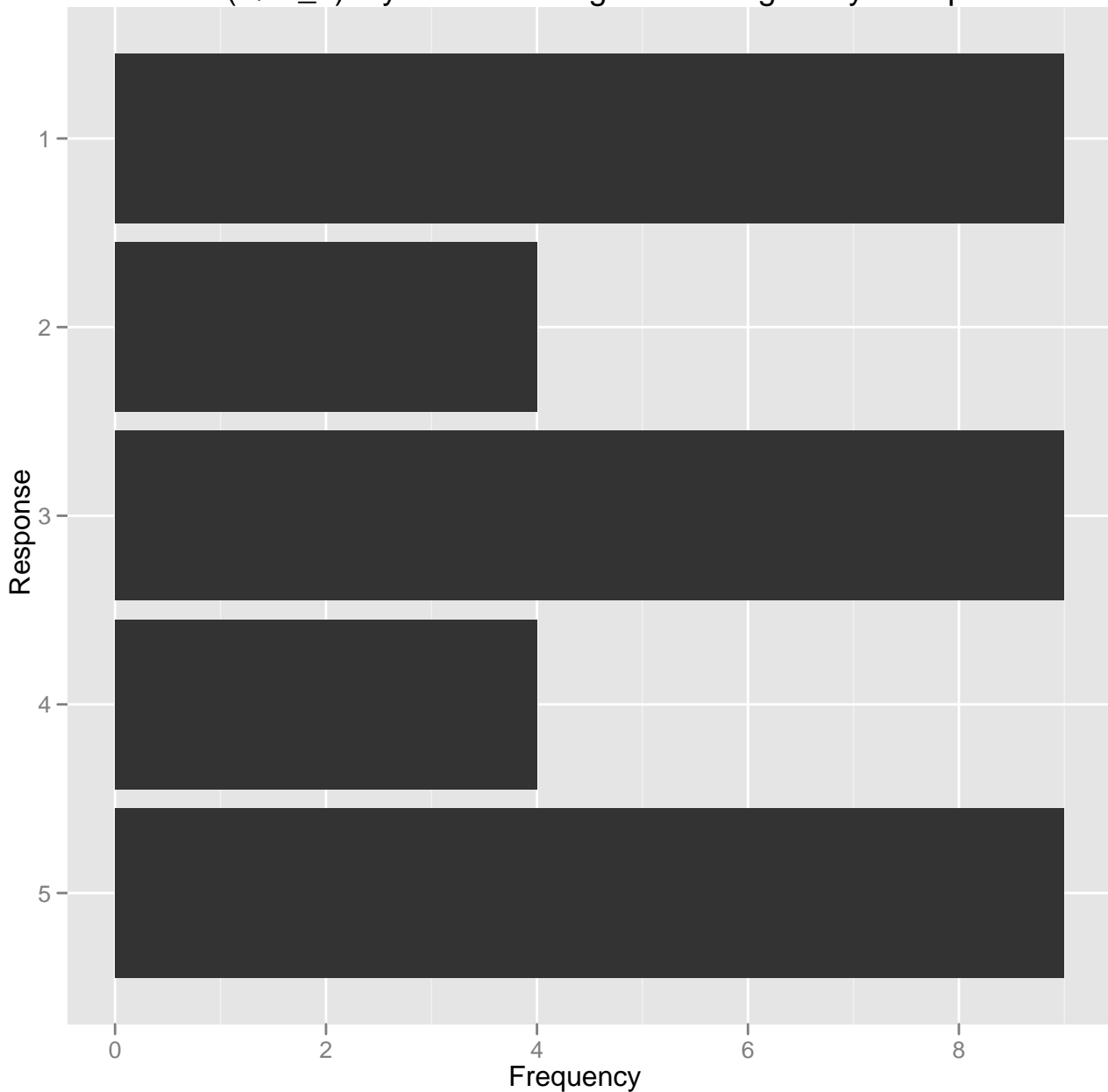
P082 (Q50_1):I labored primarily with my eyes closed



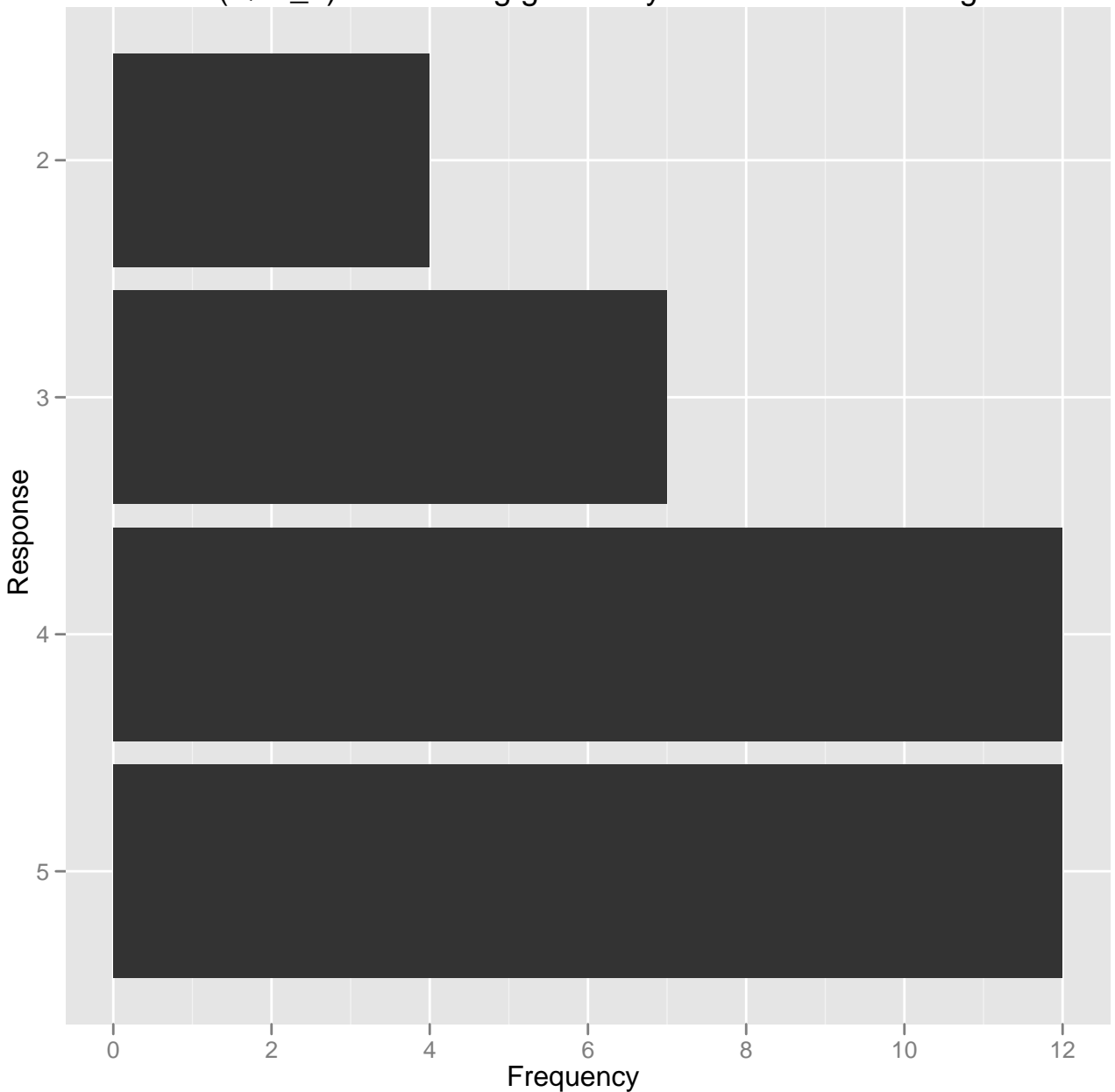
P083 (Q50_2):My surroundings were calm and comfortable



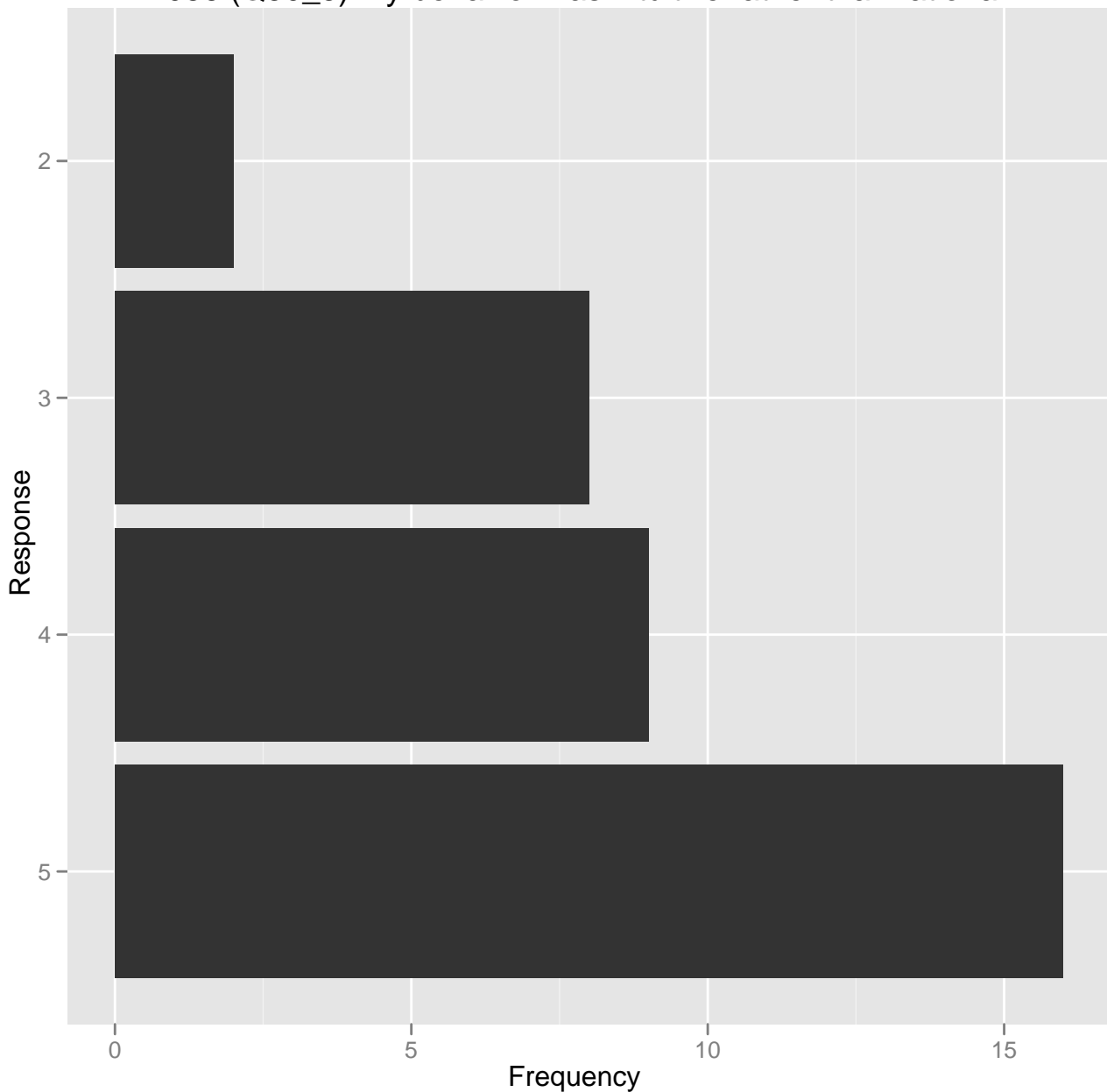
P084 (Q50_3):My birth did not go according to my birth plan



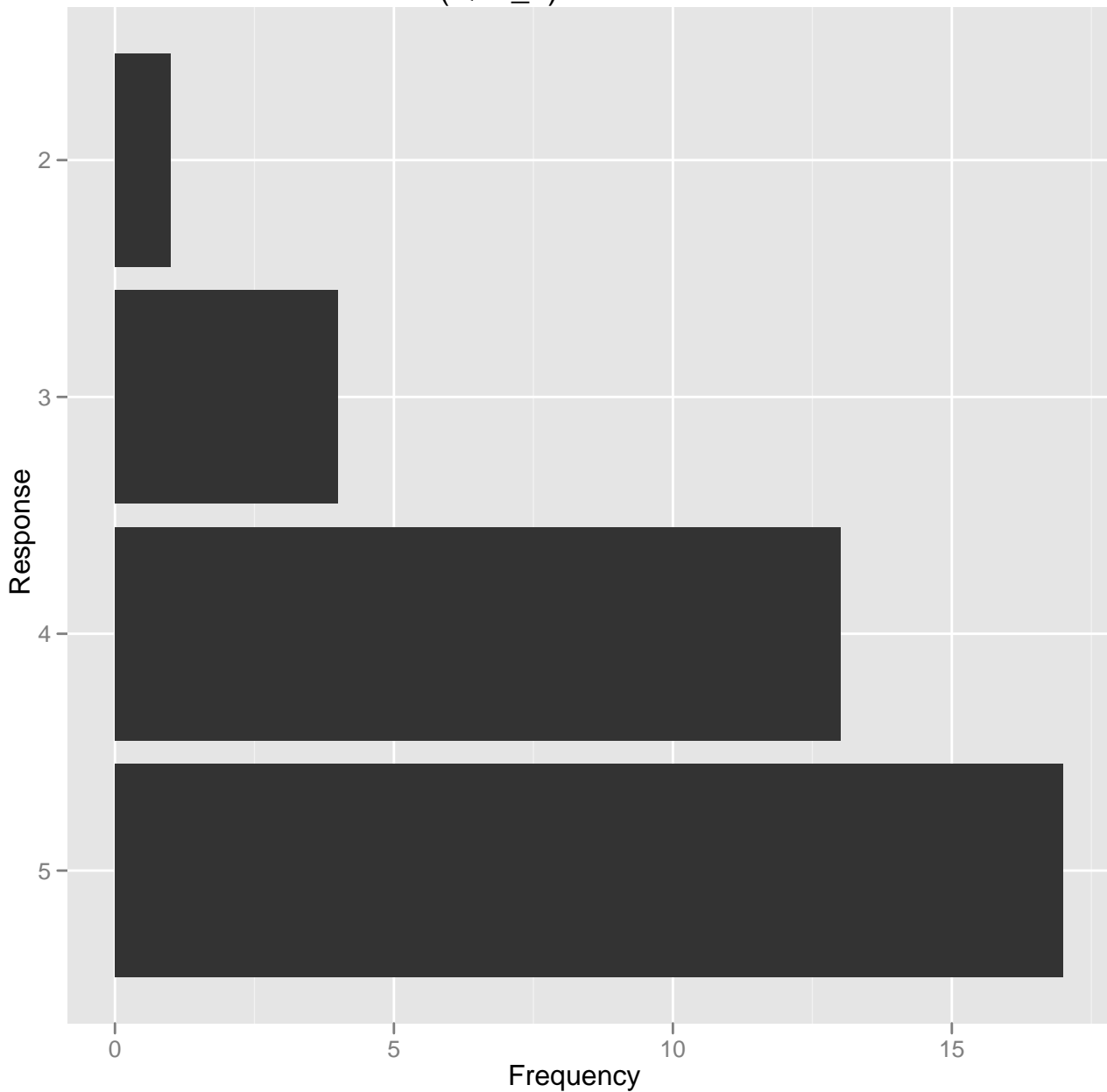
P085 (Q50_4):I was being guided by a sense of ...knowing...



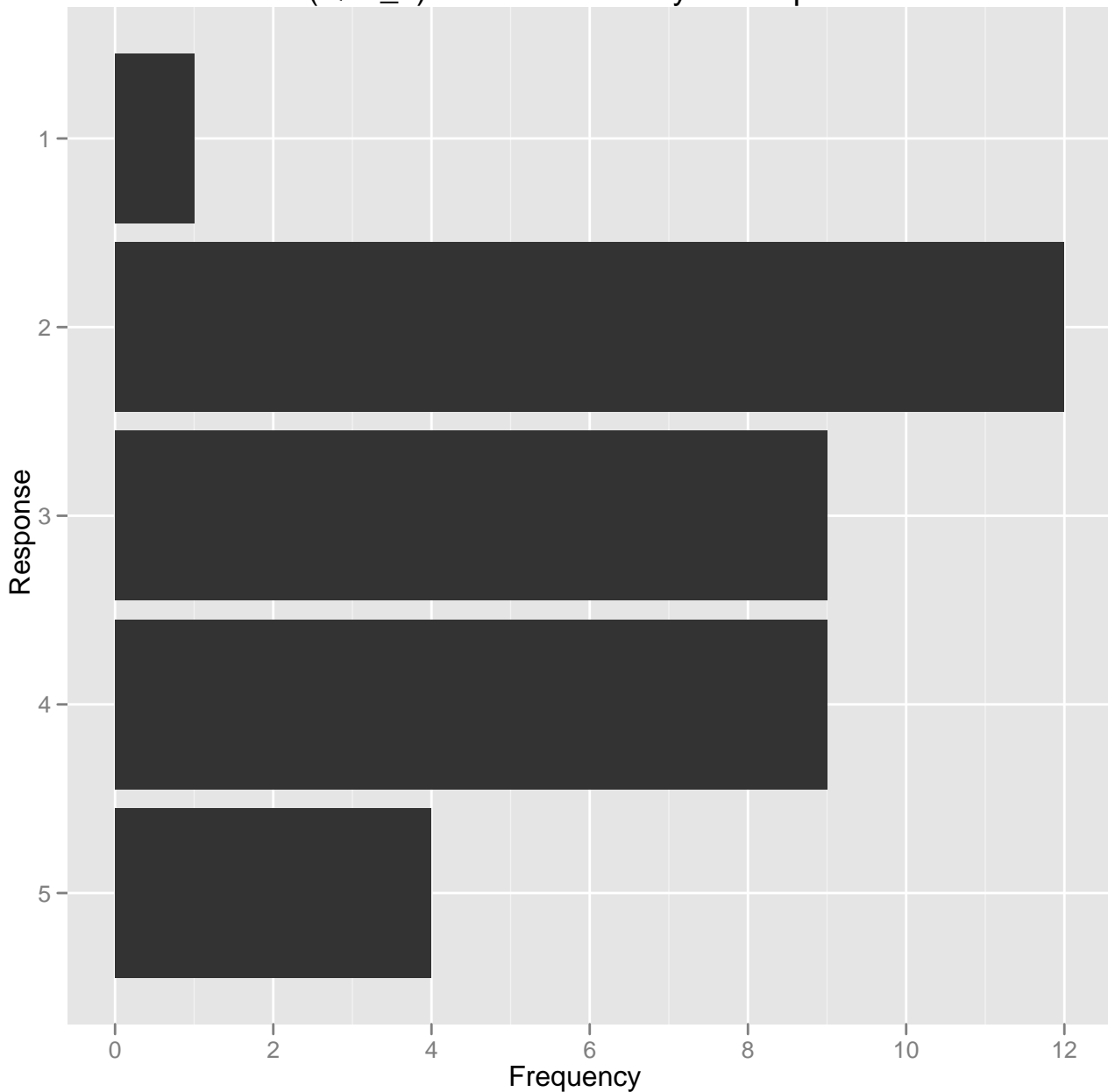
P086 (Q50_5):My behavior was intuitive rather than rational



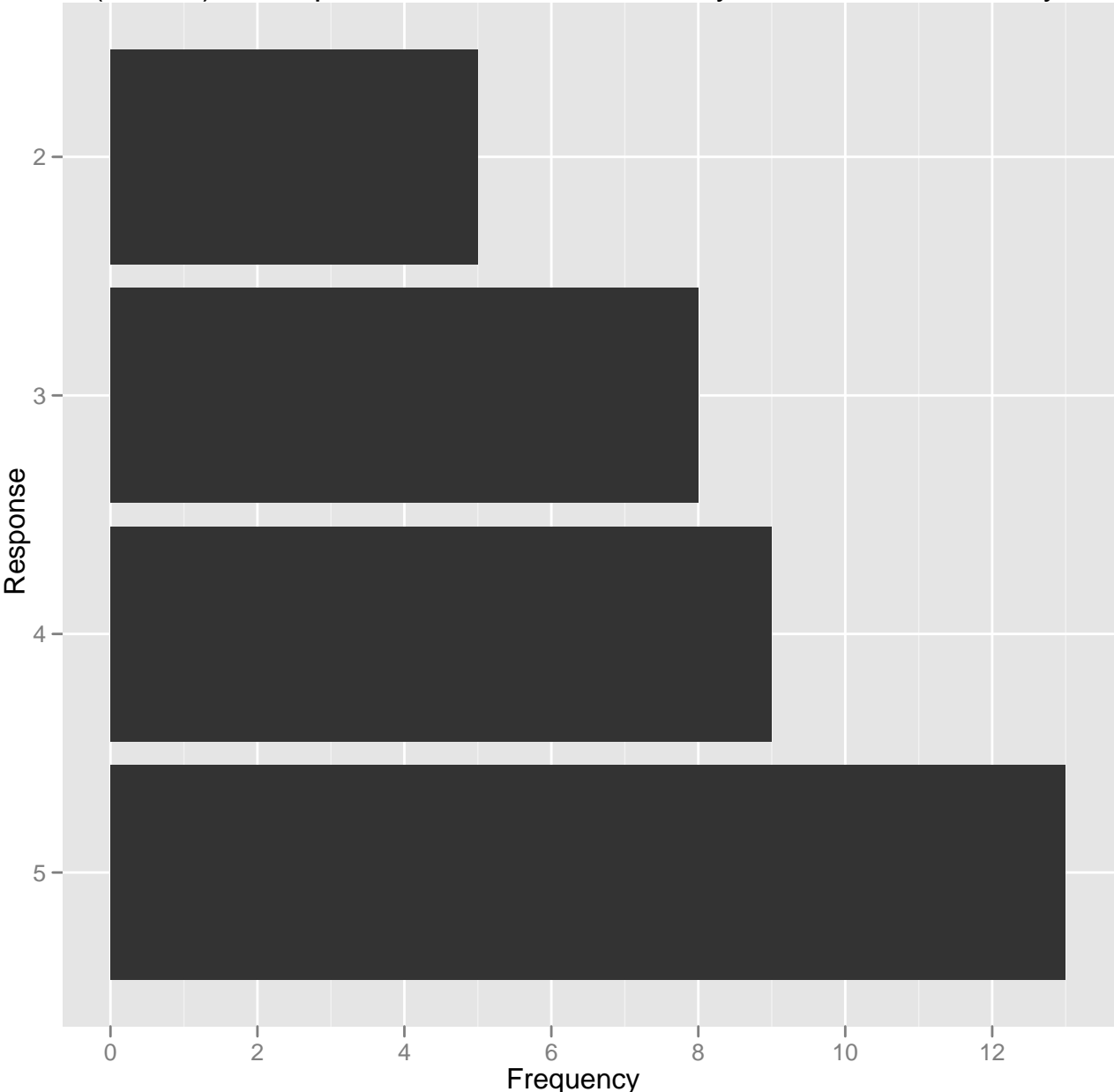
P087 (Q50_6):I felt uninhibited



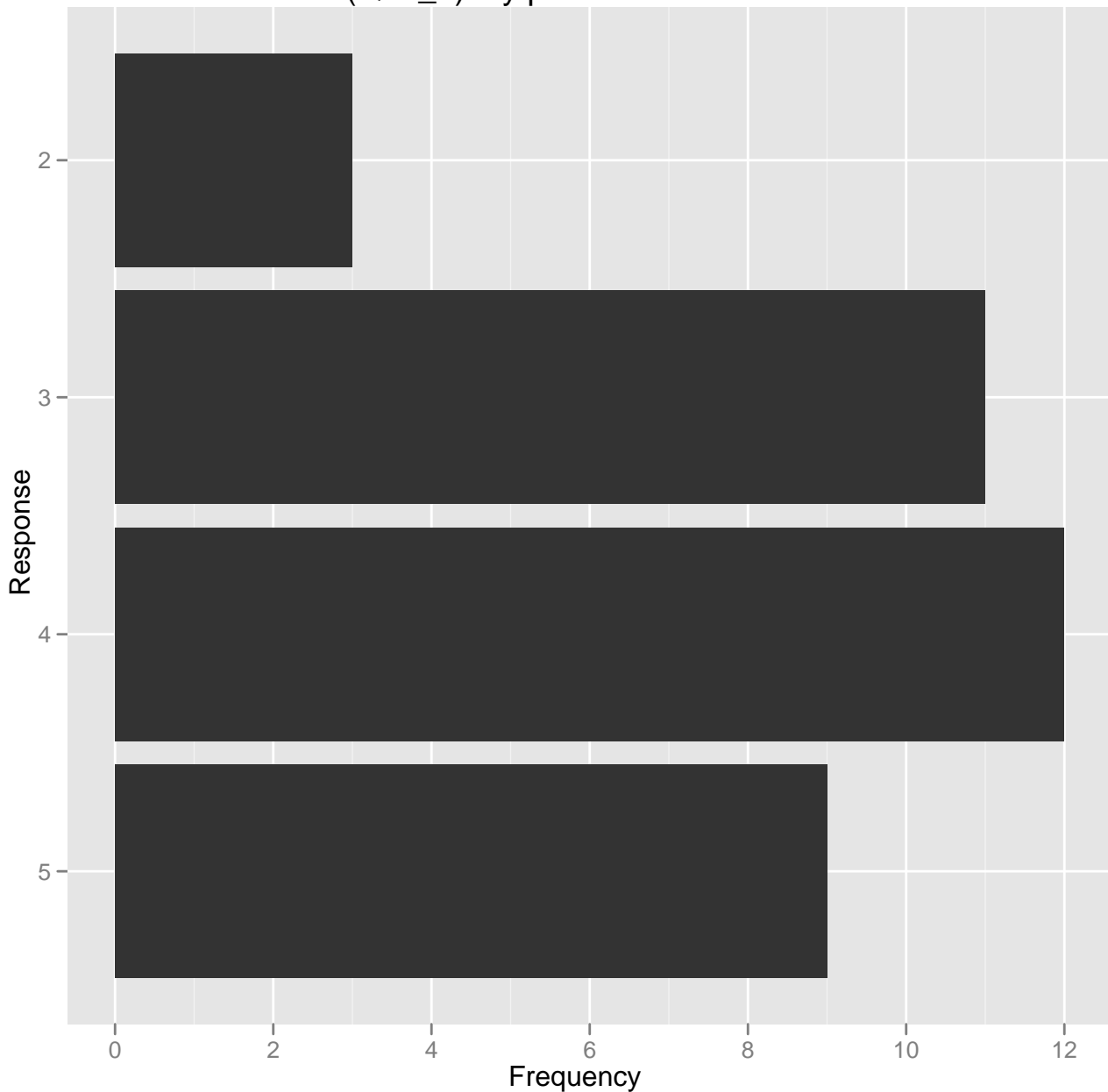
P088 (Q50_7):I behaved exactly as I expected to



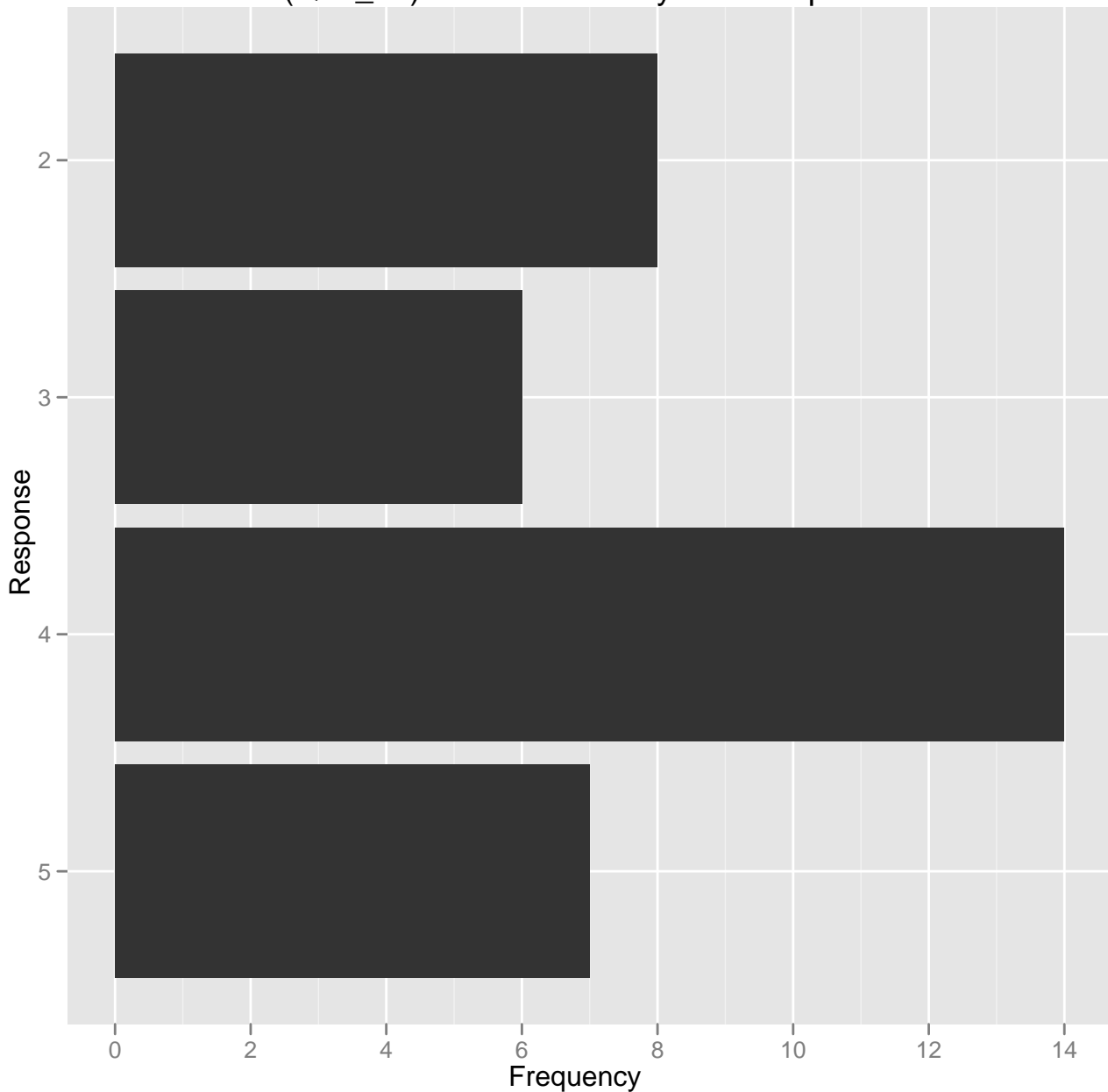
P089 (Q50_8):I relinquished rational control of myself and listened to my body



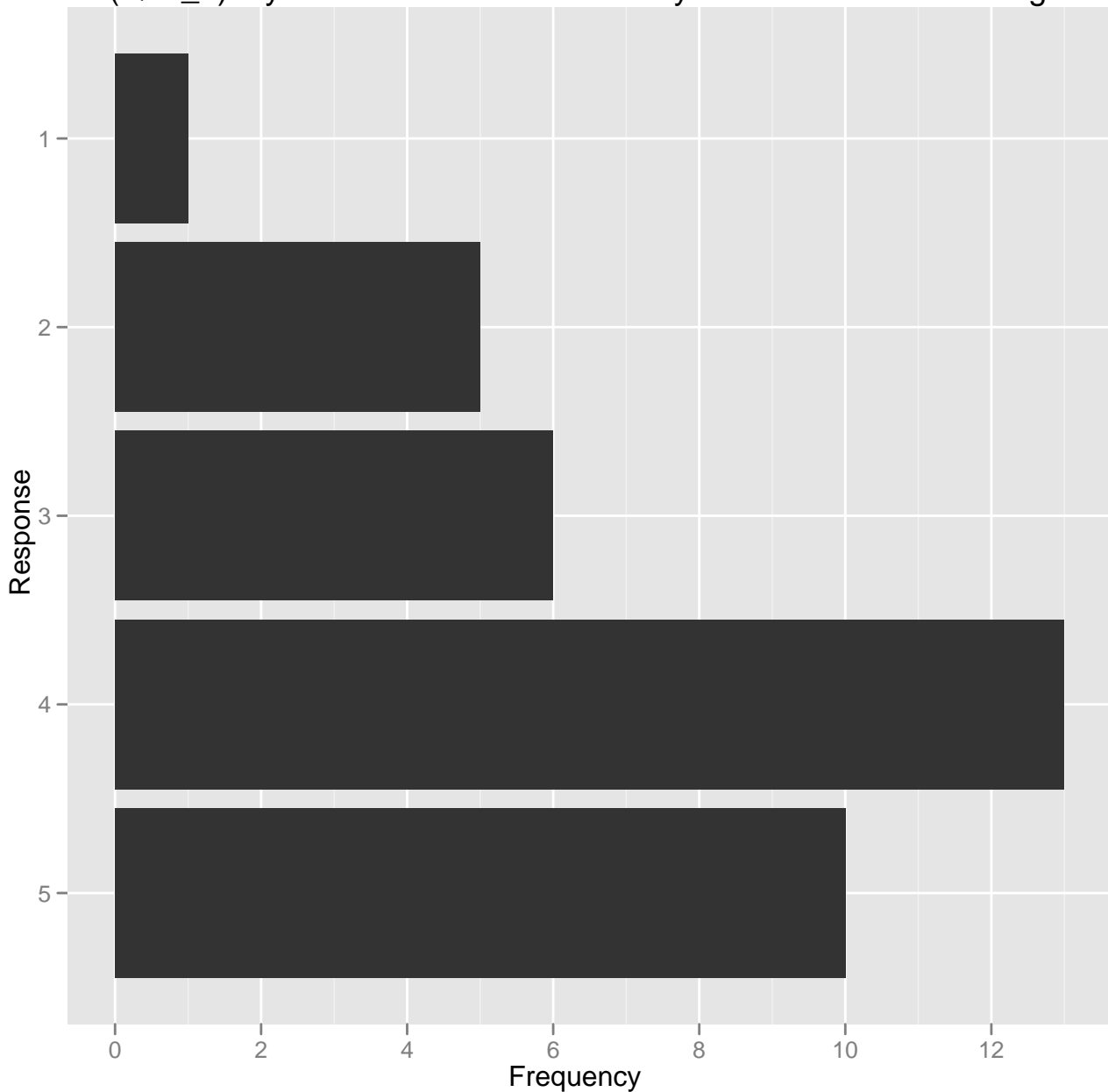
P090 (Q50_9):My partner and I felt intimate



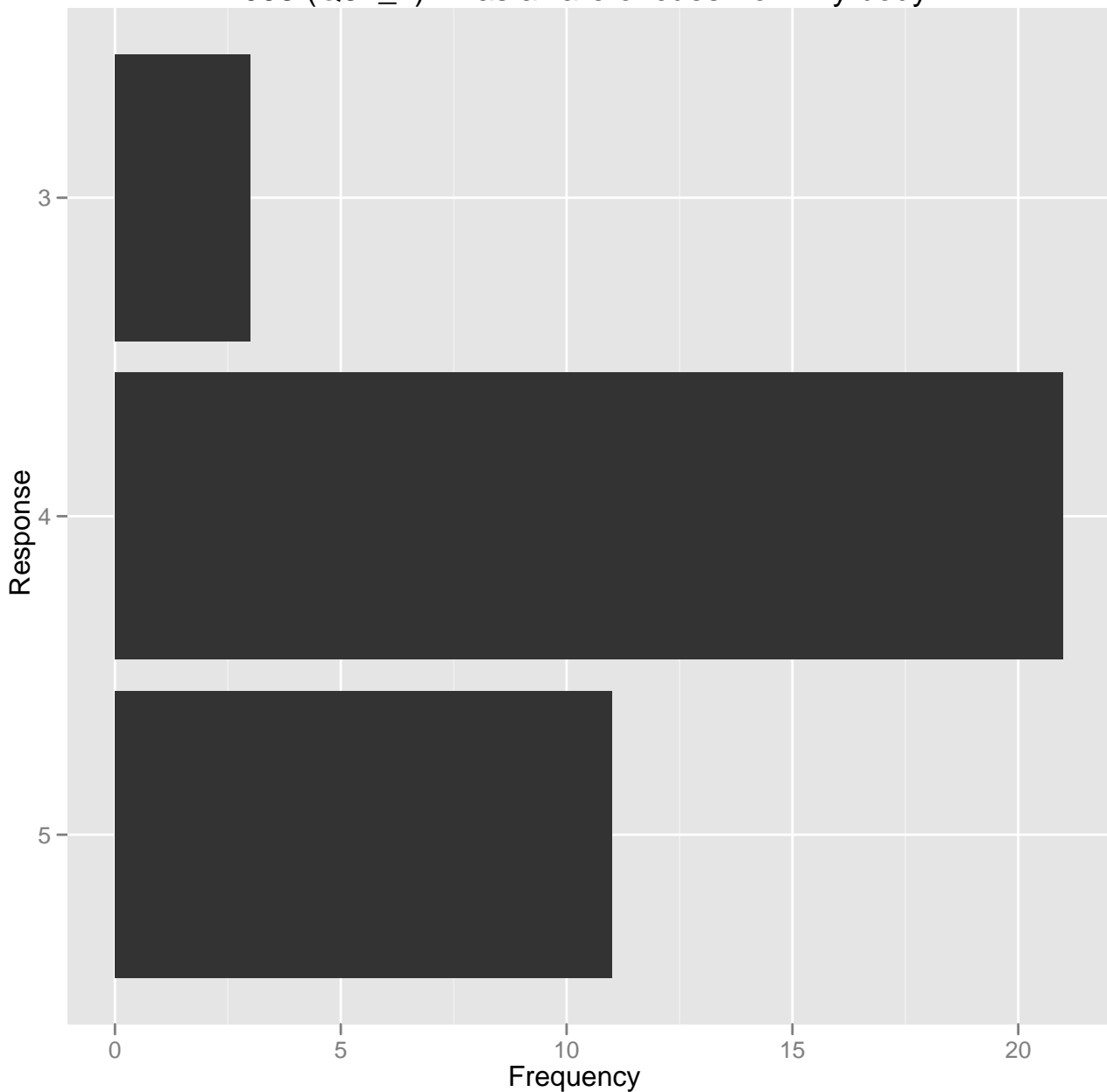
P091 (Q50_10):I behaved in ways that surprised me



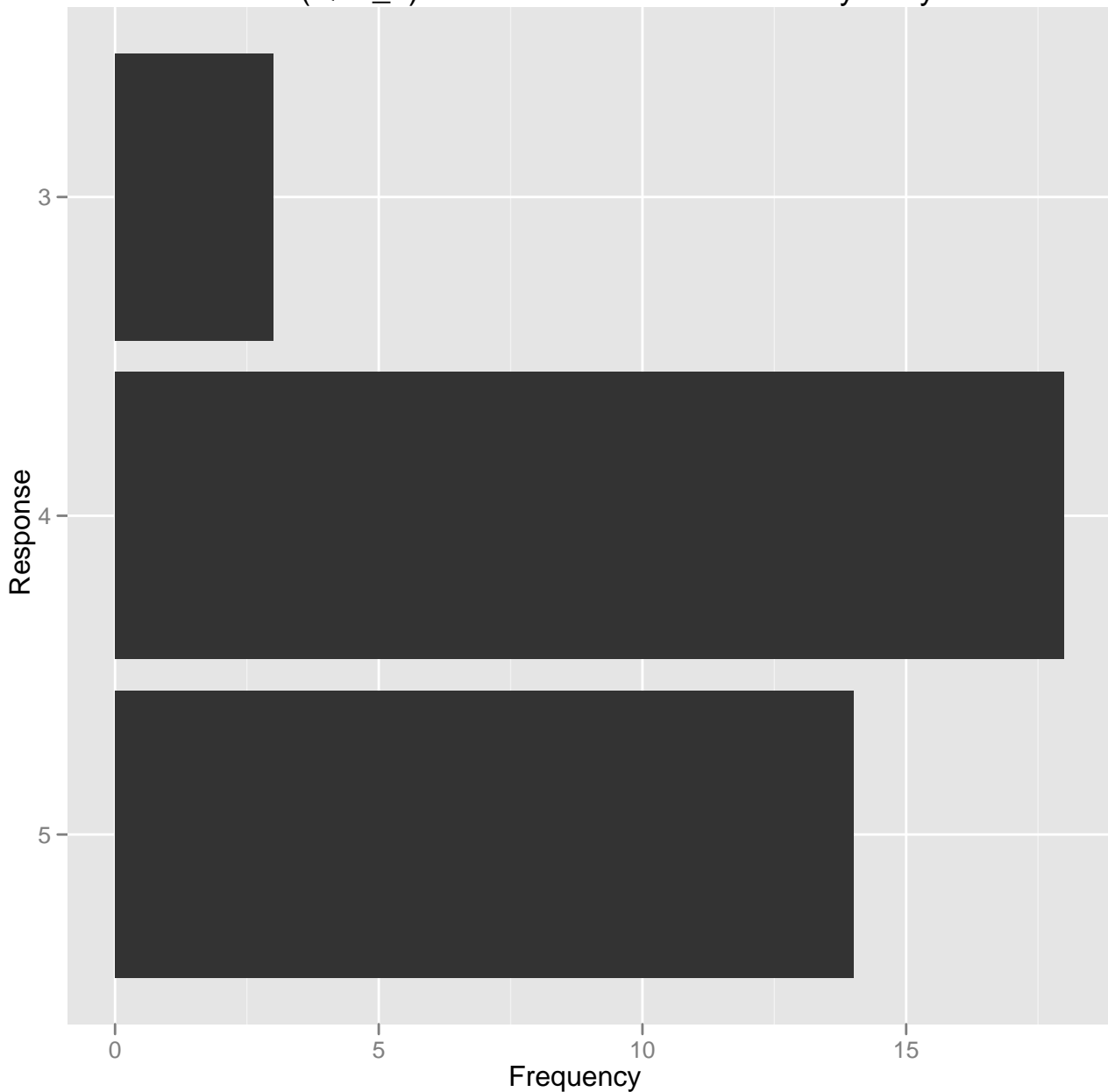
P092 (Q51_1):My birth environment was ...my turf... and I was in charge of it



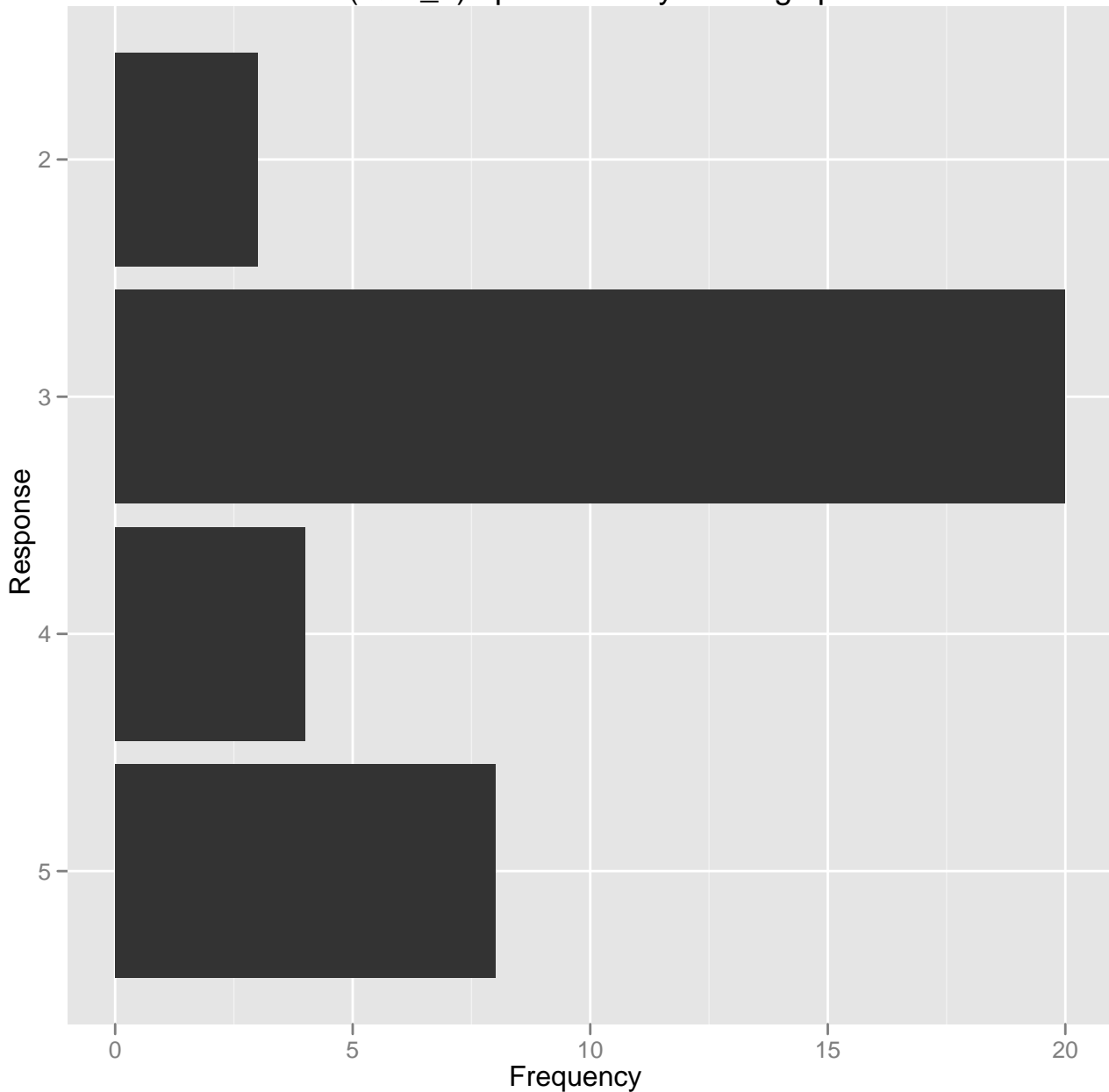
P093 (Q51_2):I was aware of cues from my body



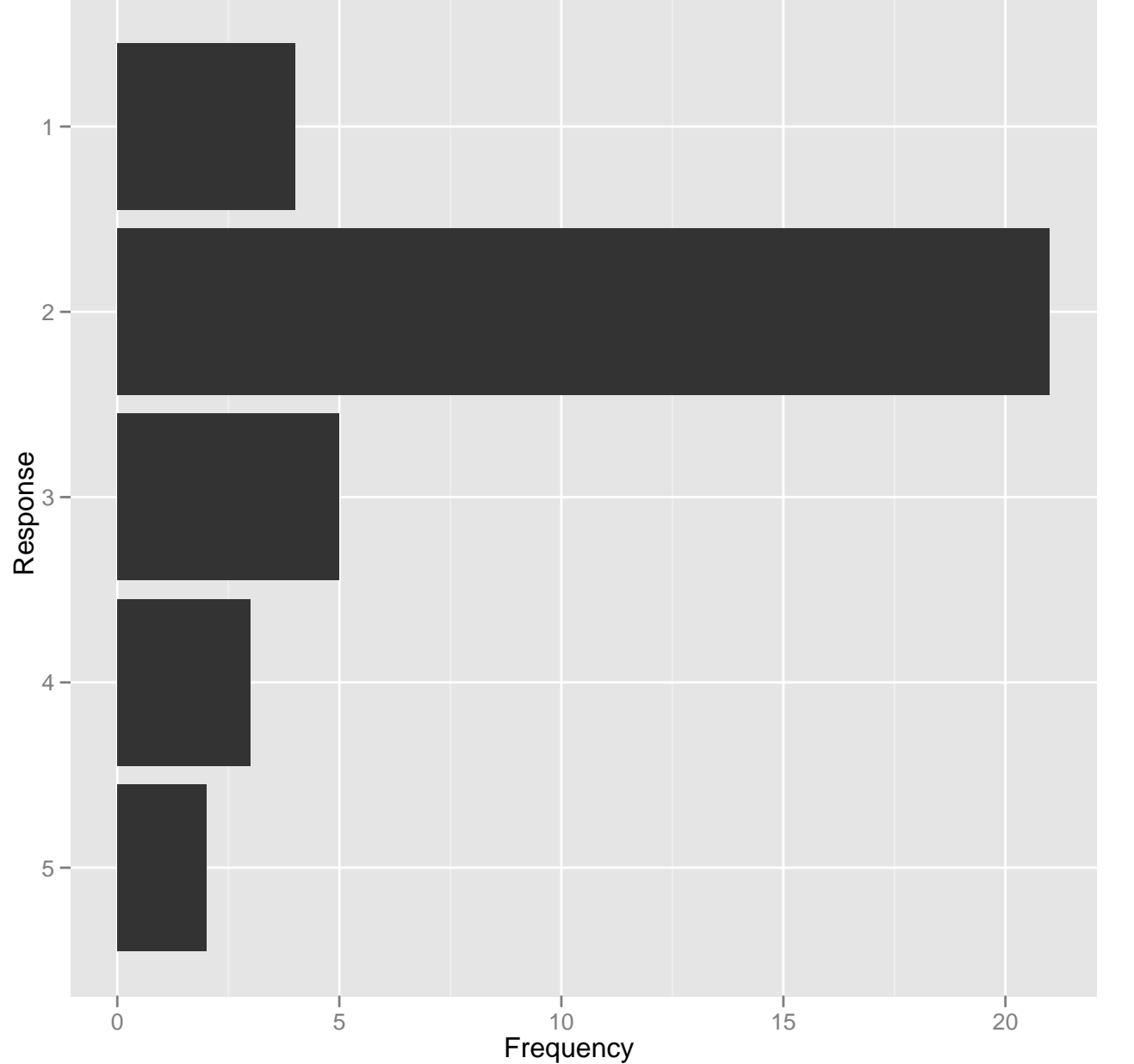
P094 (Q51_3):I listened to the cues from my body



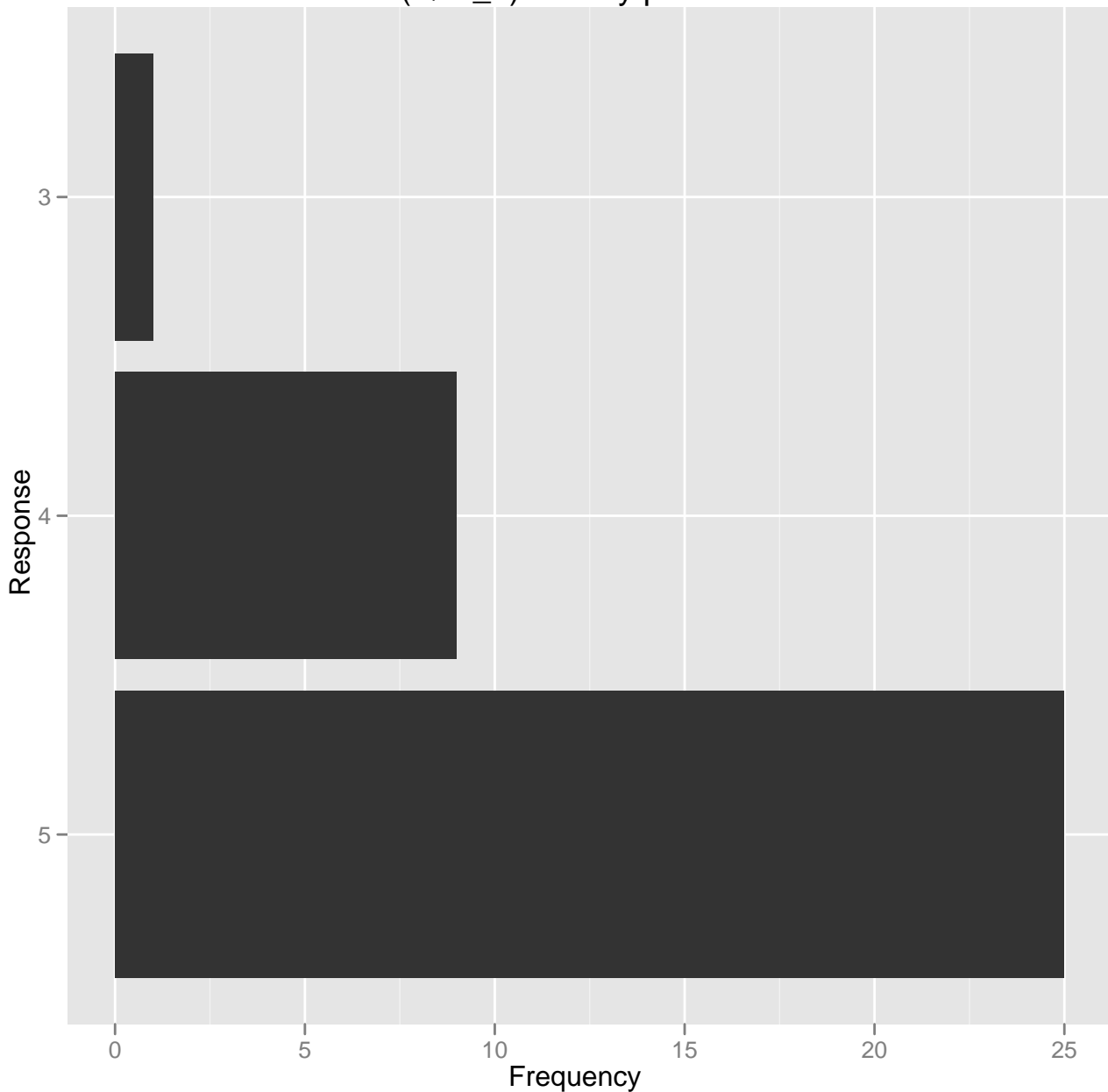
P095 (Q51_4):I protected by birthing space



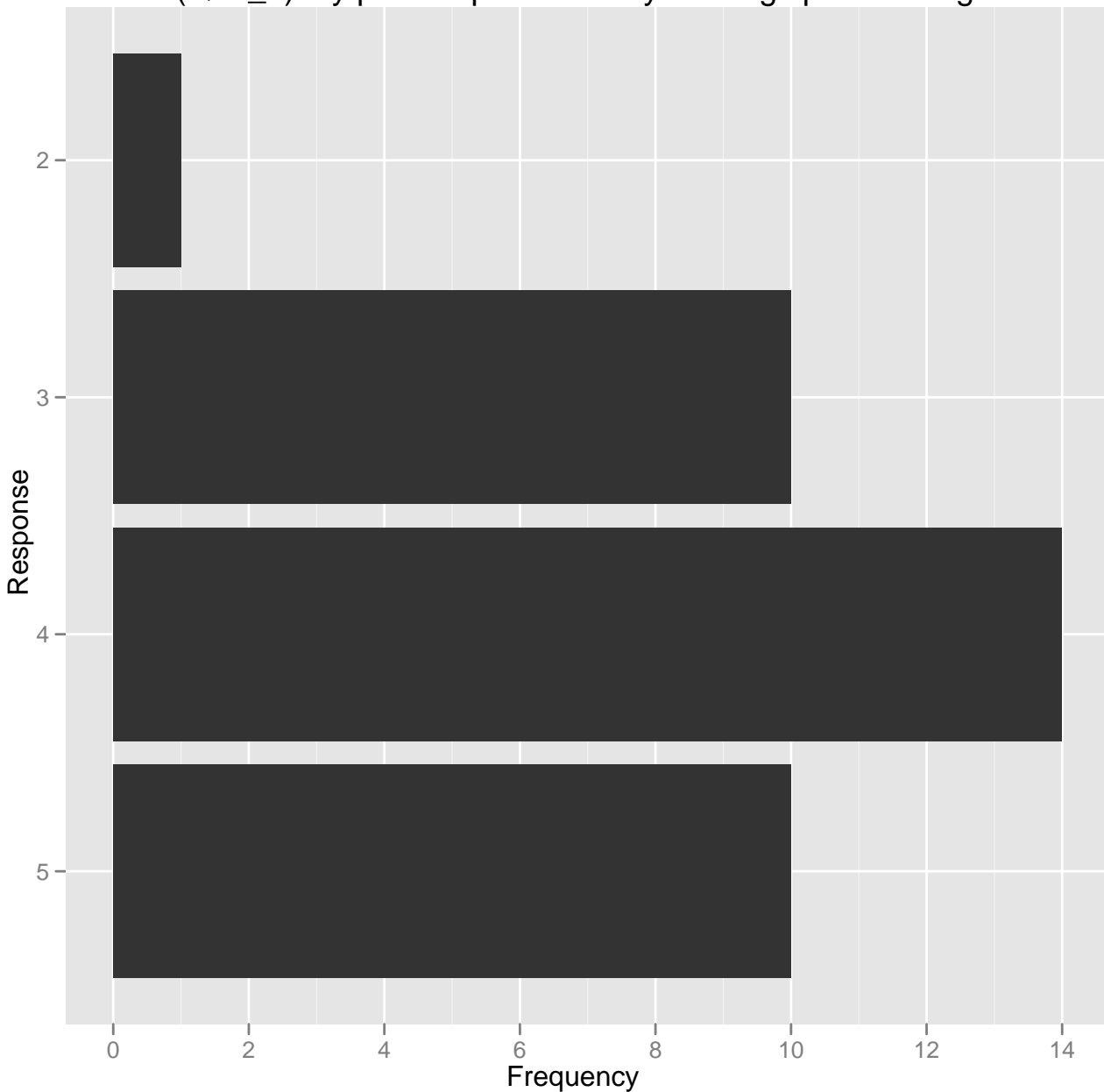
P096 (Q51_5):I could not respond to others if they talked or asked me questions



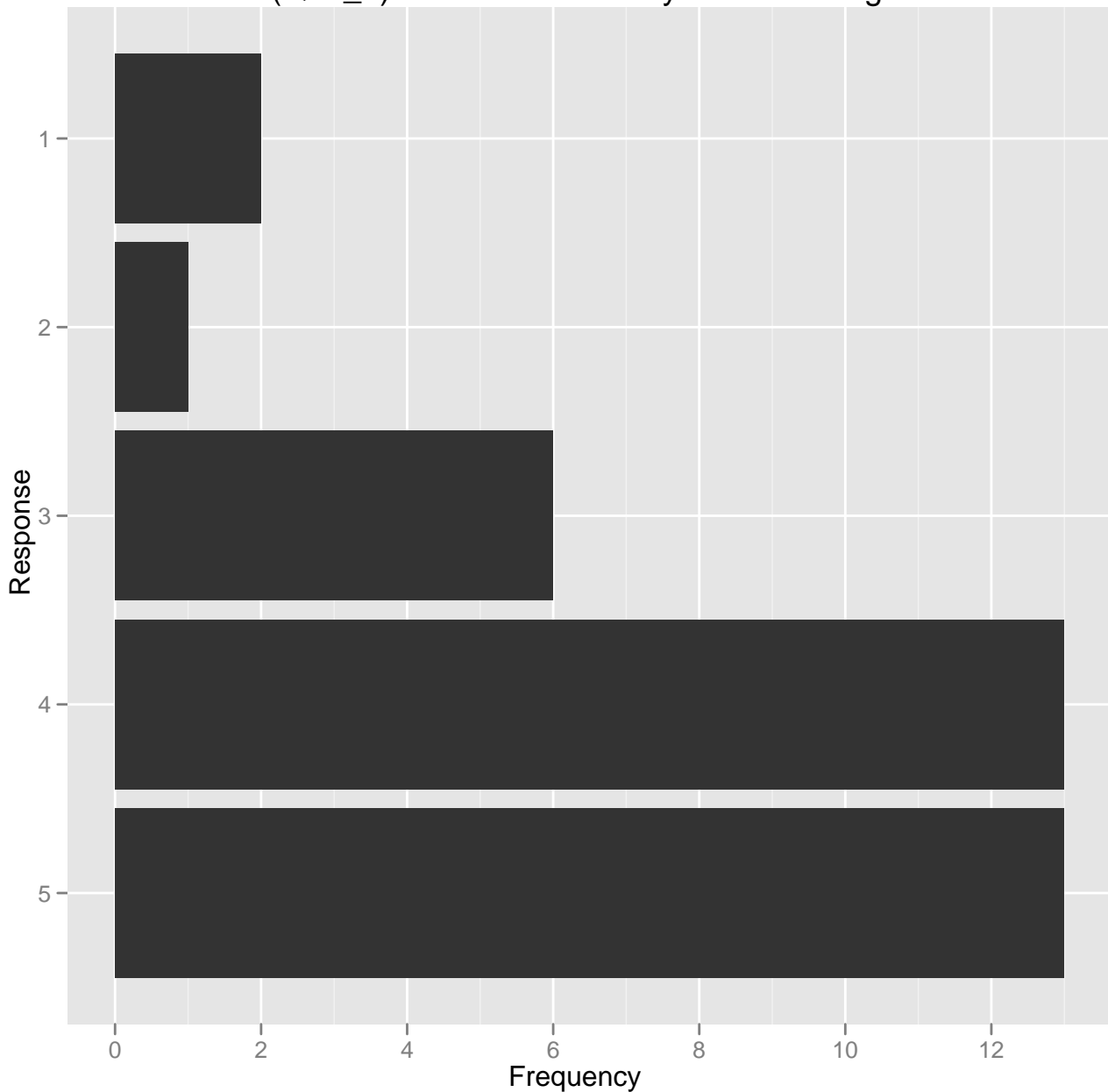
P097 (Q51_6):I let my partner down



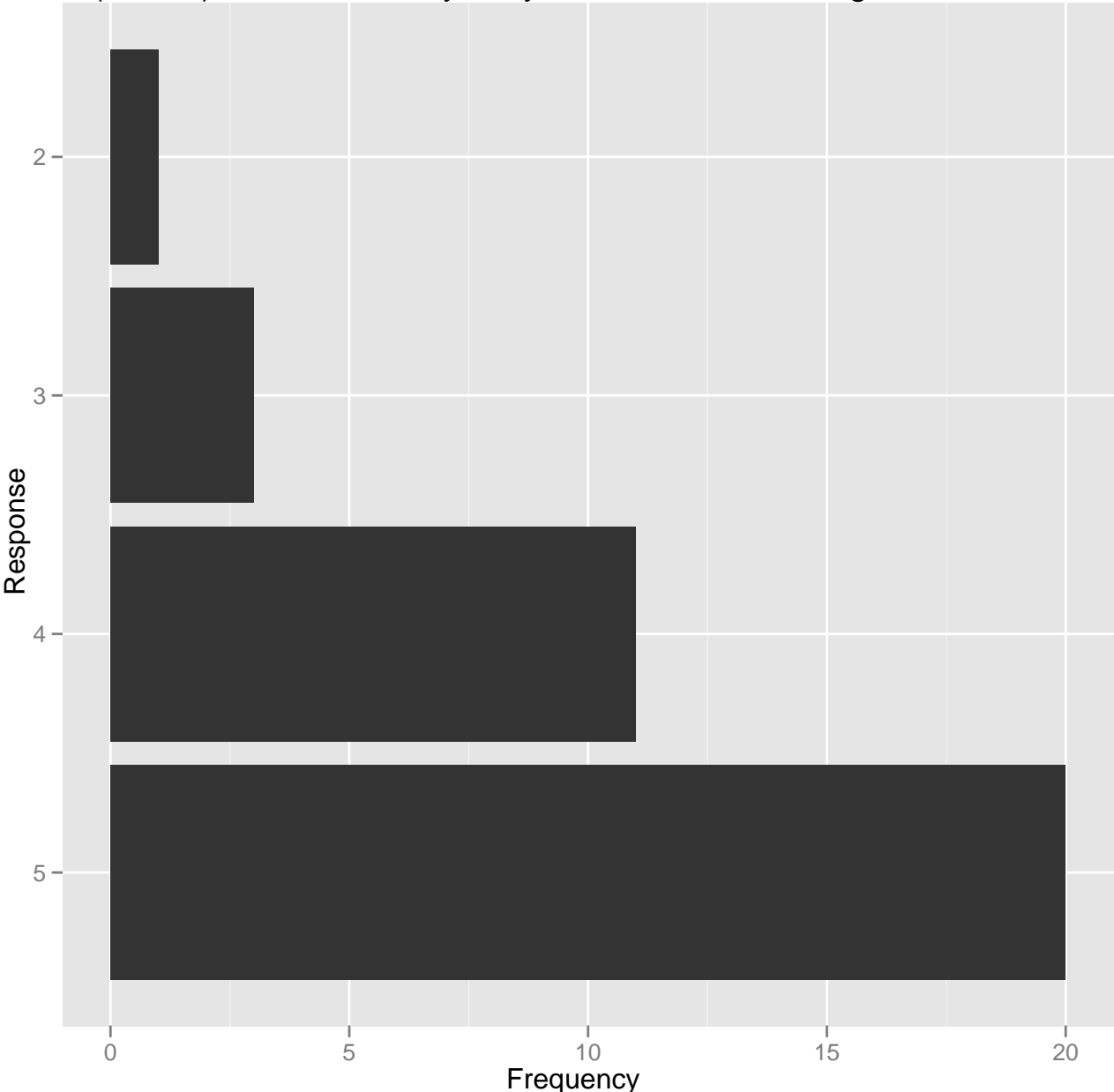
P098 (Q51_7):My partner protected my birthing space during labor



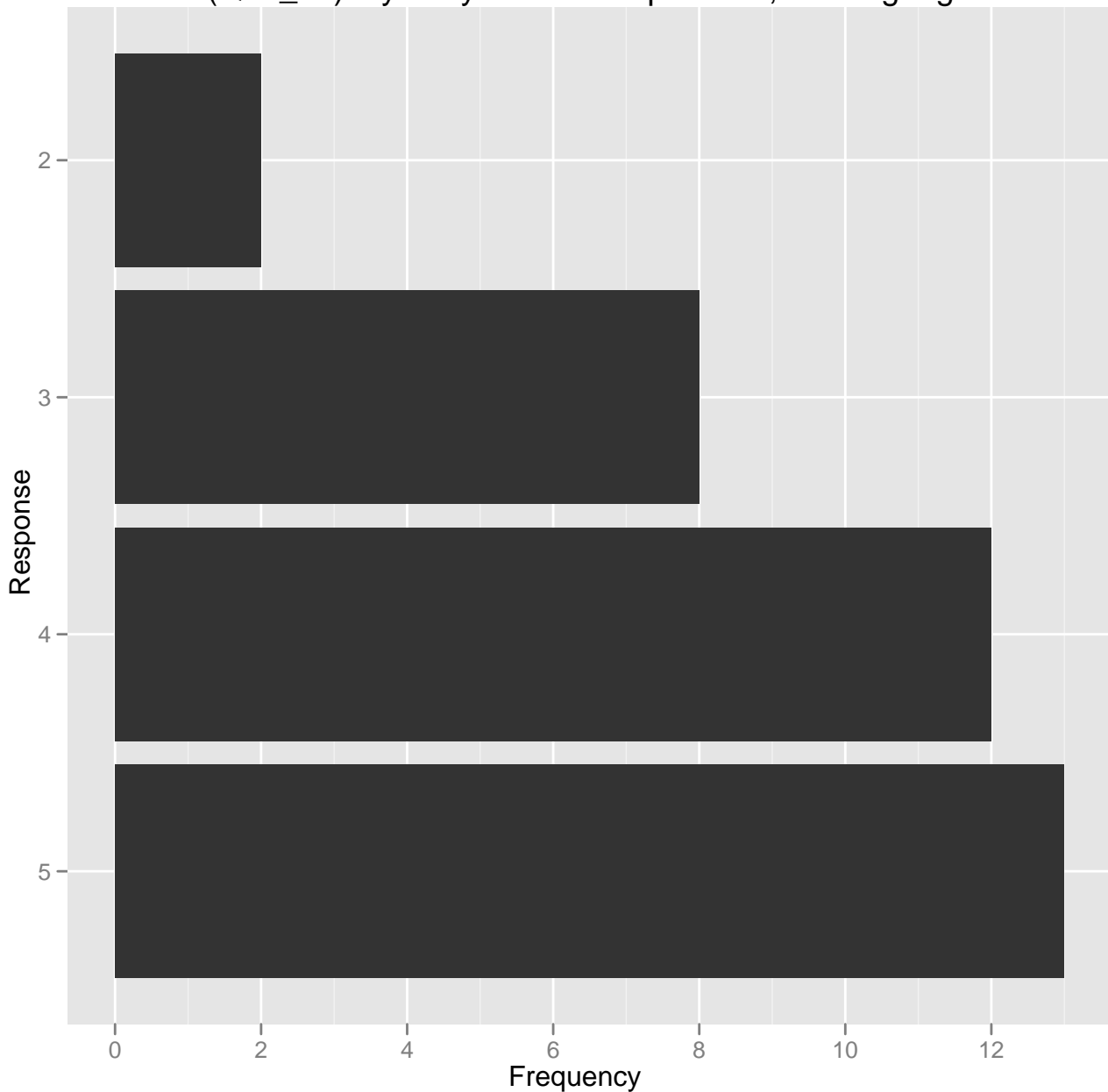
P099 (Q51_8):I felt inhibited in my noises during labor



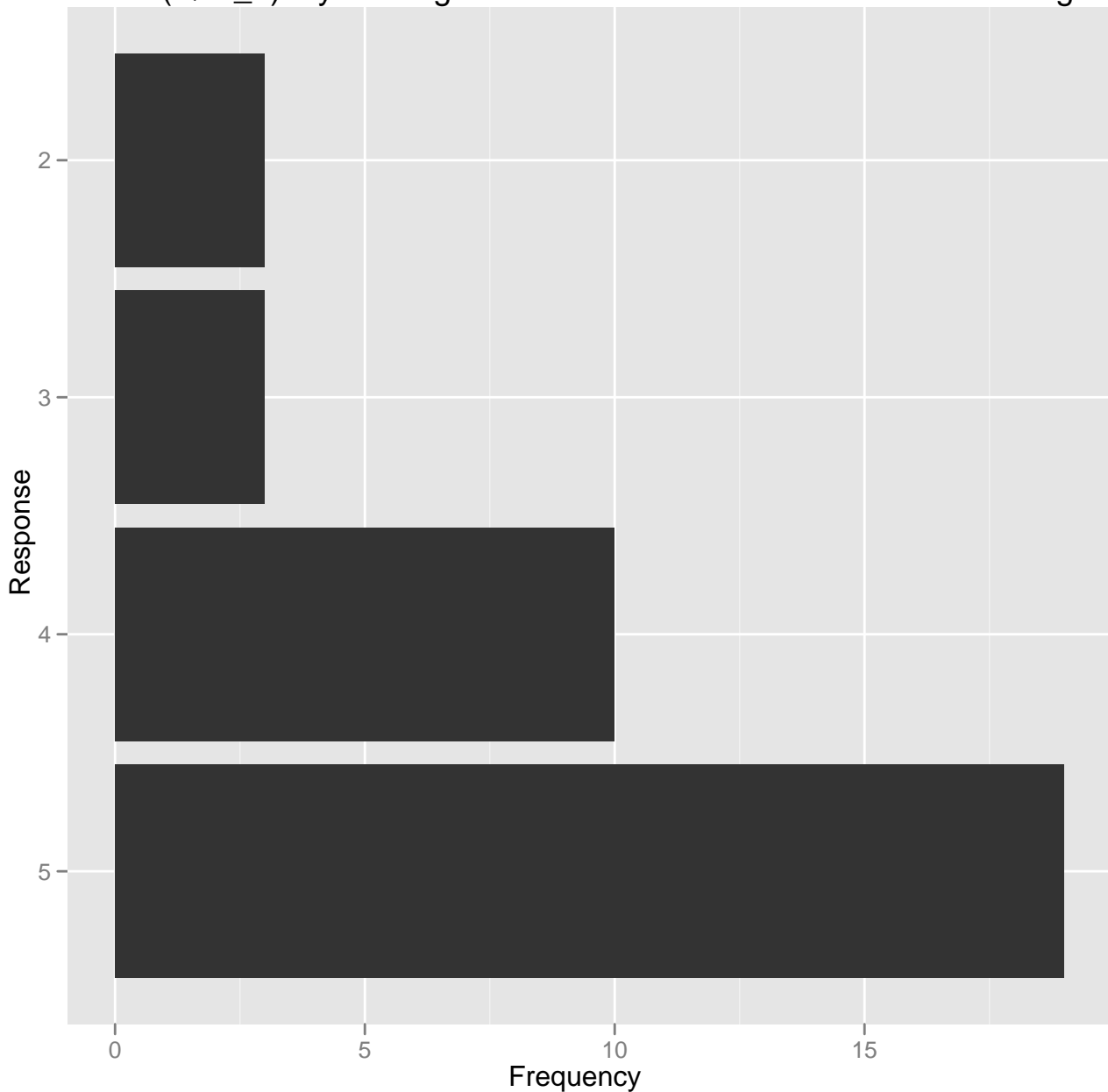
P100 (Q51_9):I believe that my body holds the wisdom to give birth on its own



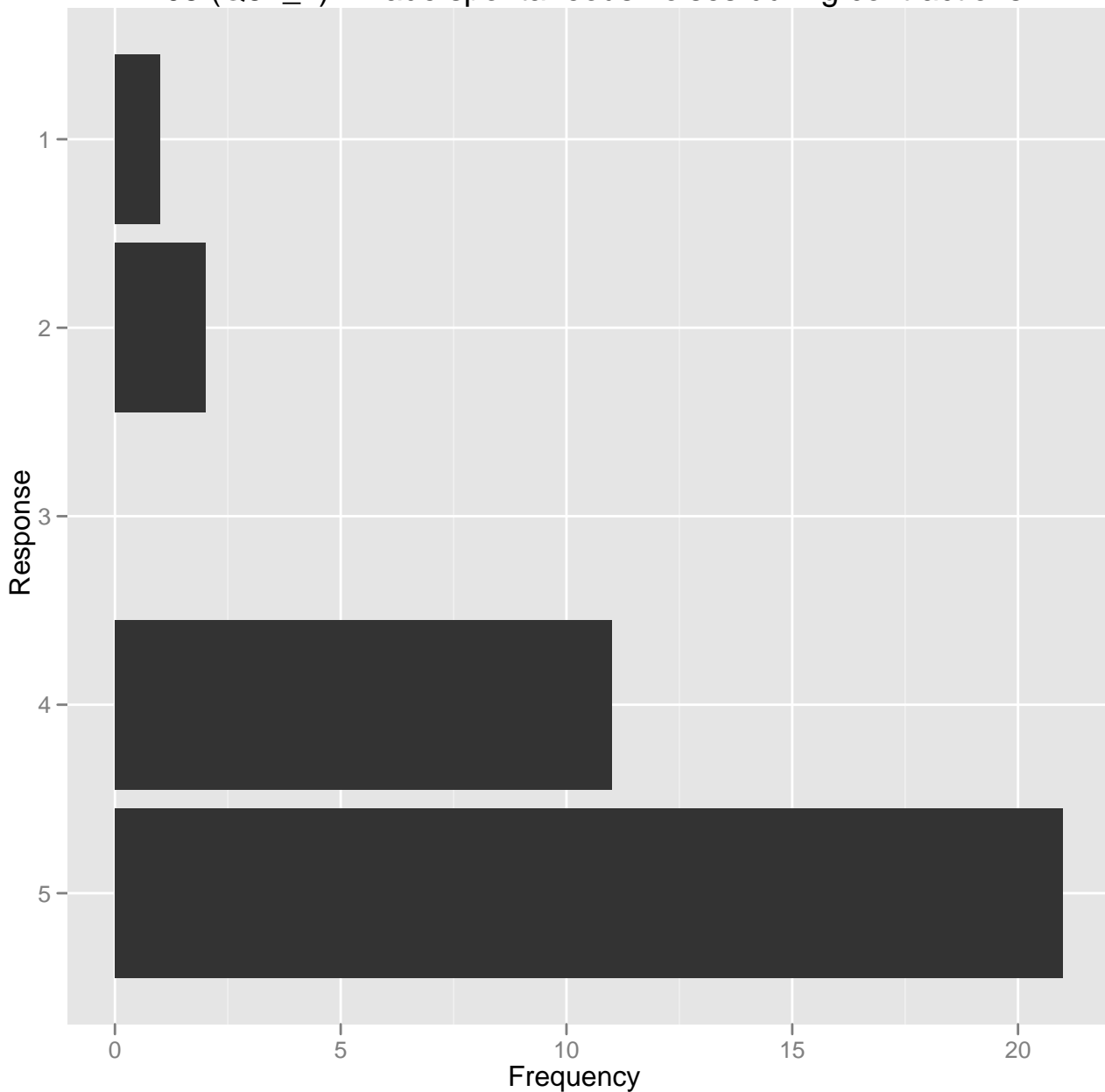
P101 (Q51_10):My baby and I were partners, working together



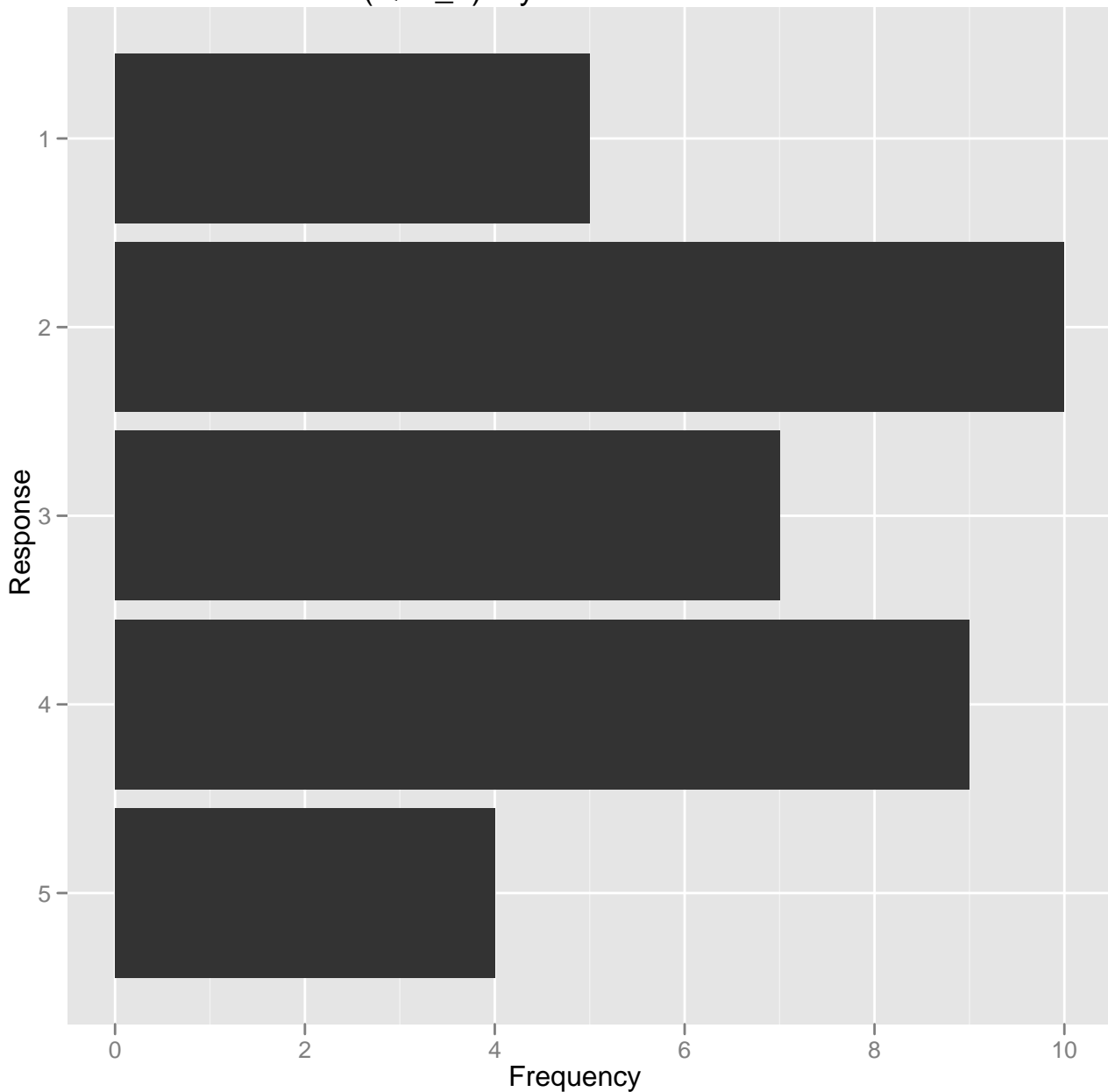
P102 (Q52_1):My birthing environment was comfortable and relaxing



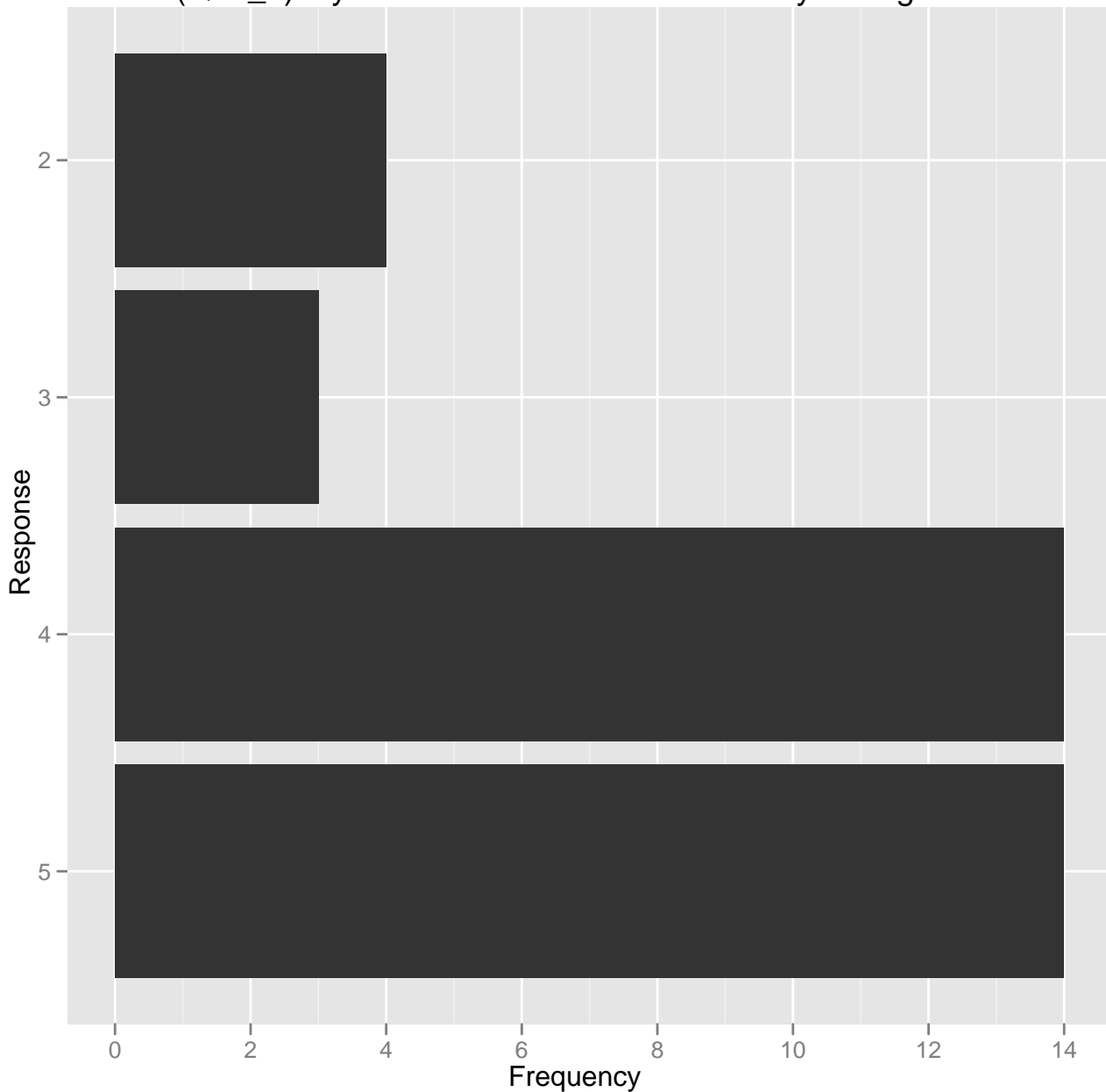
P103 (Q52_2):I made spontaneous noises during contractions



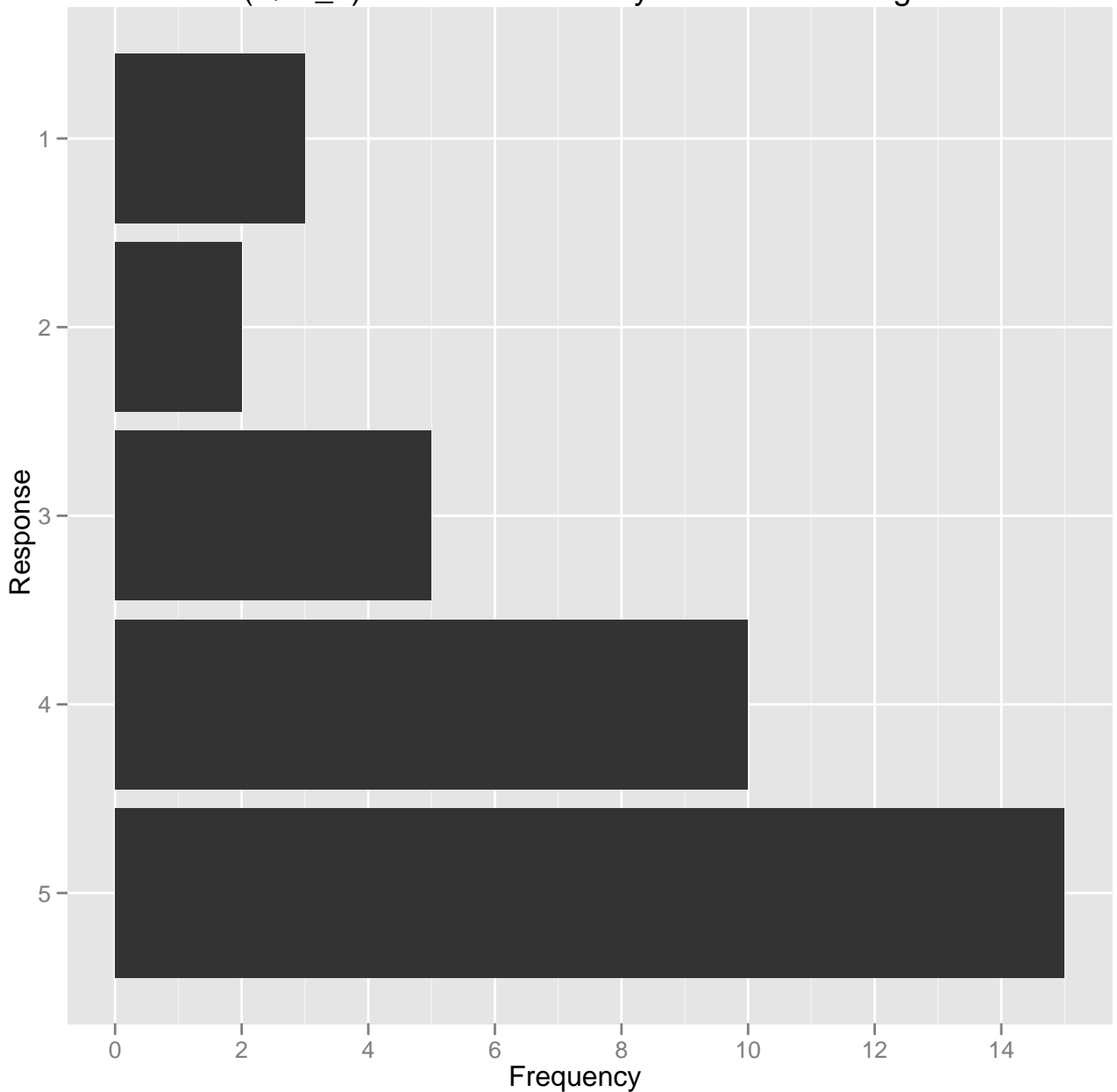
P104 (Q52_3):My sense of self dissolved



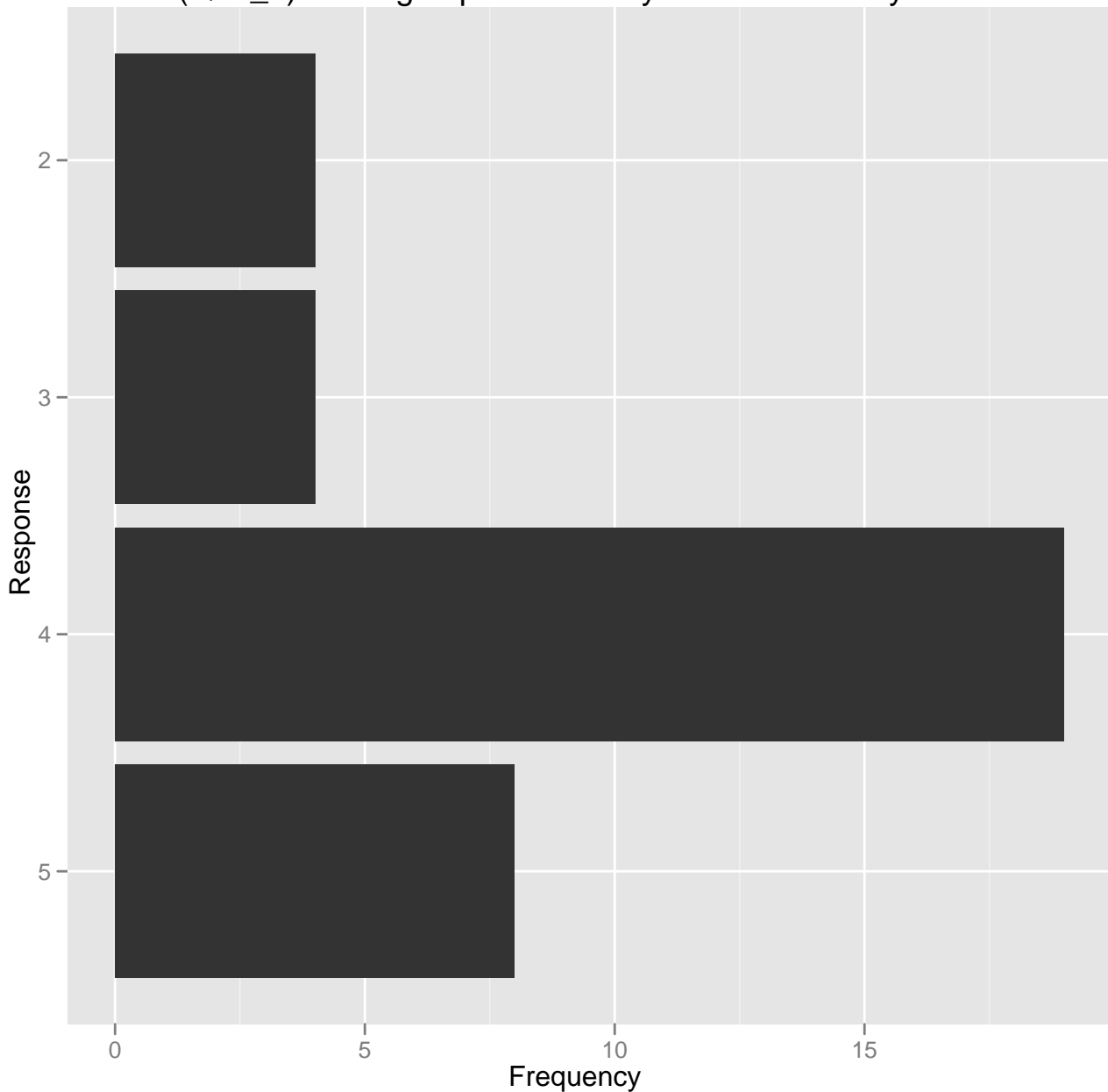
P105 (Q52_4):My attention was focused internally throughout labor



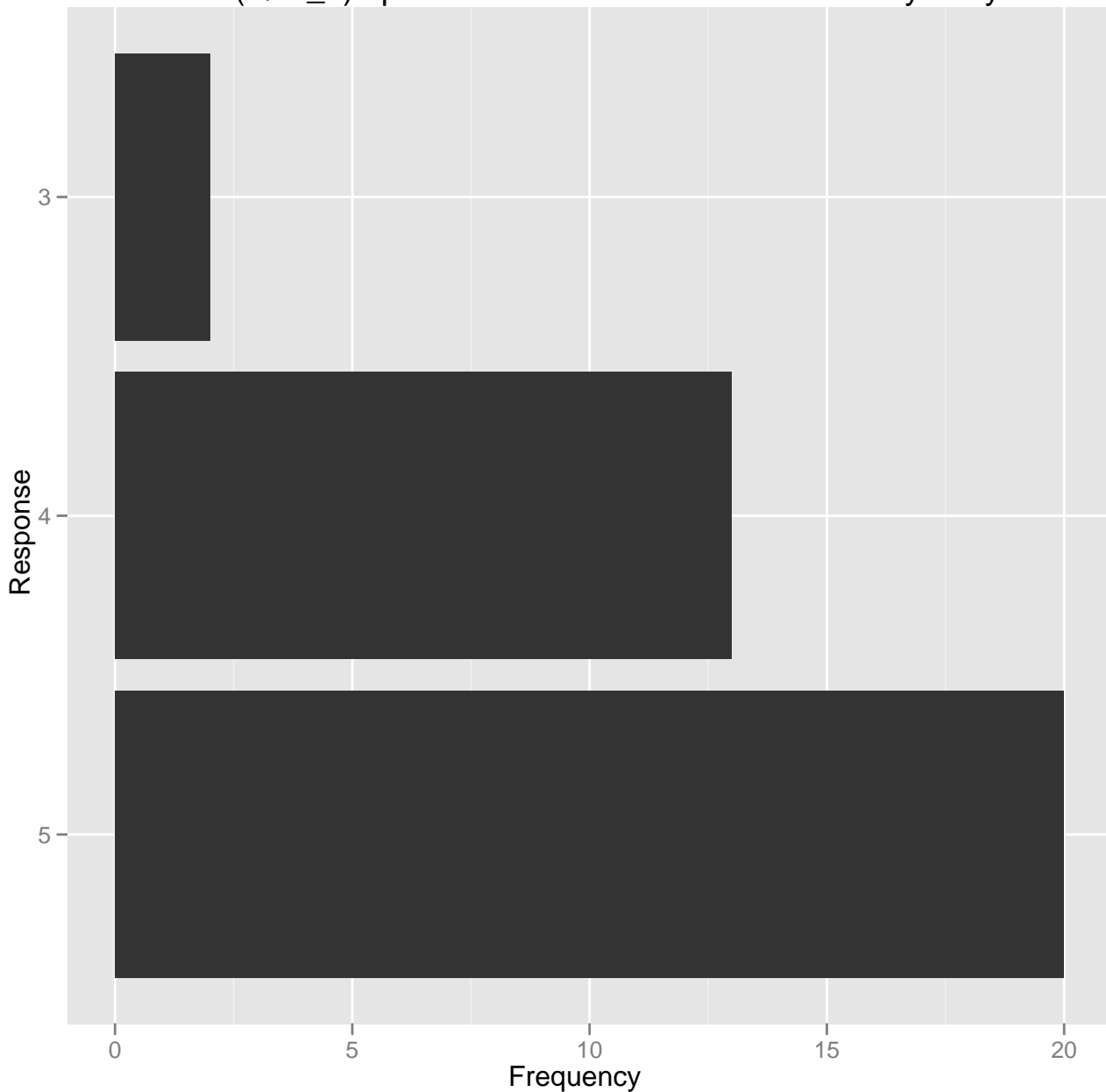
P106 (Q52_5):I felt inhibited in my movement during labor



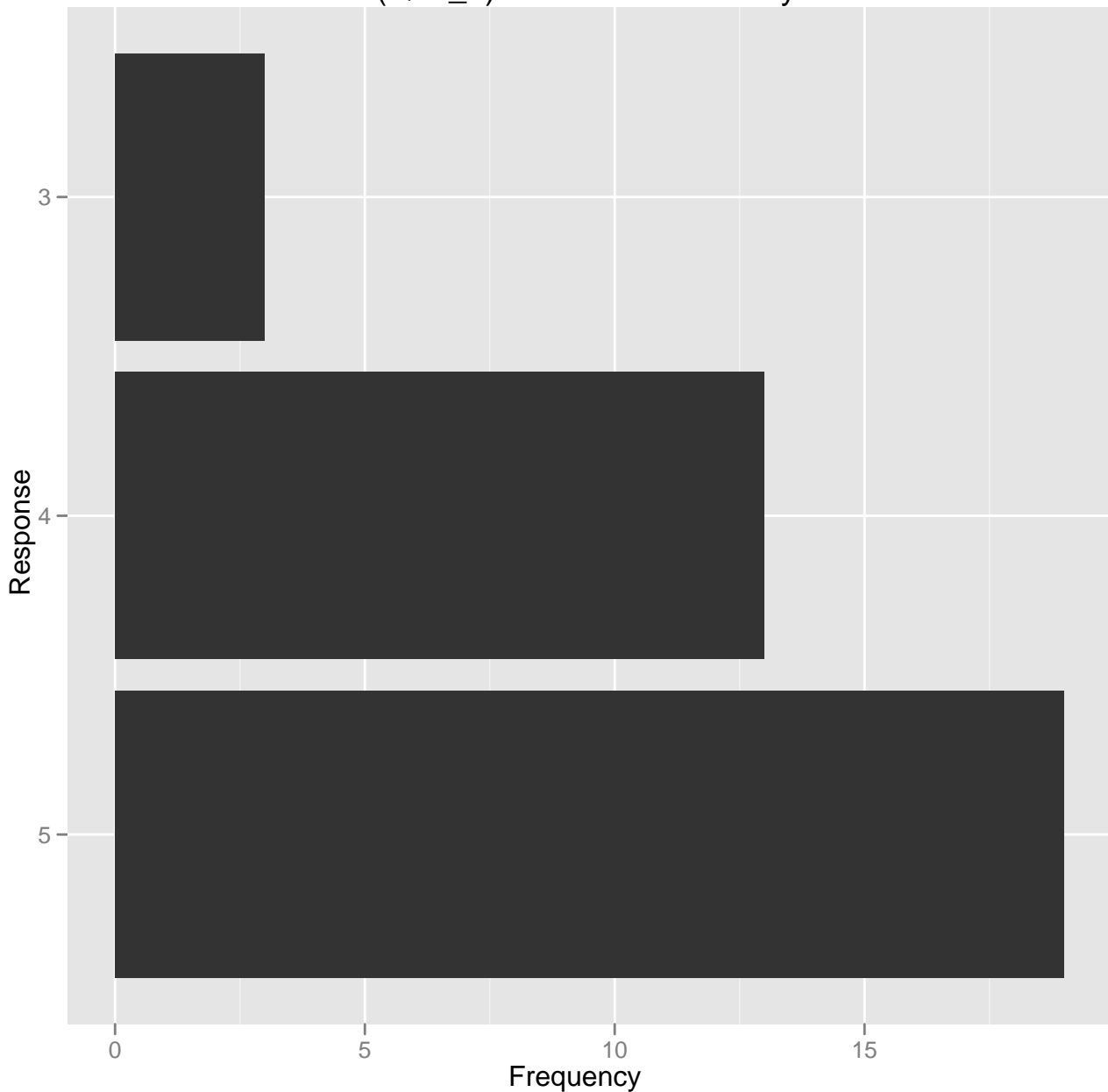
P107 (Q52_6):I changed positions only when somebody told me to



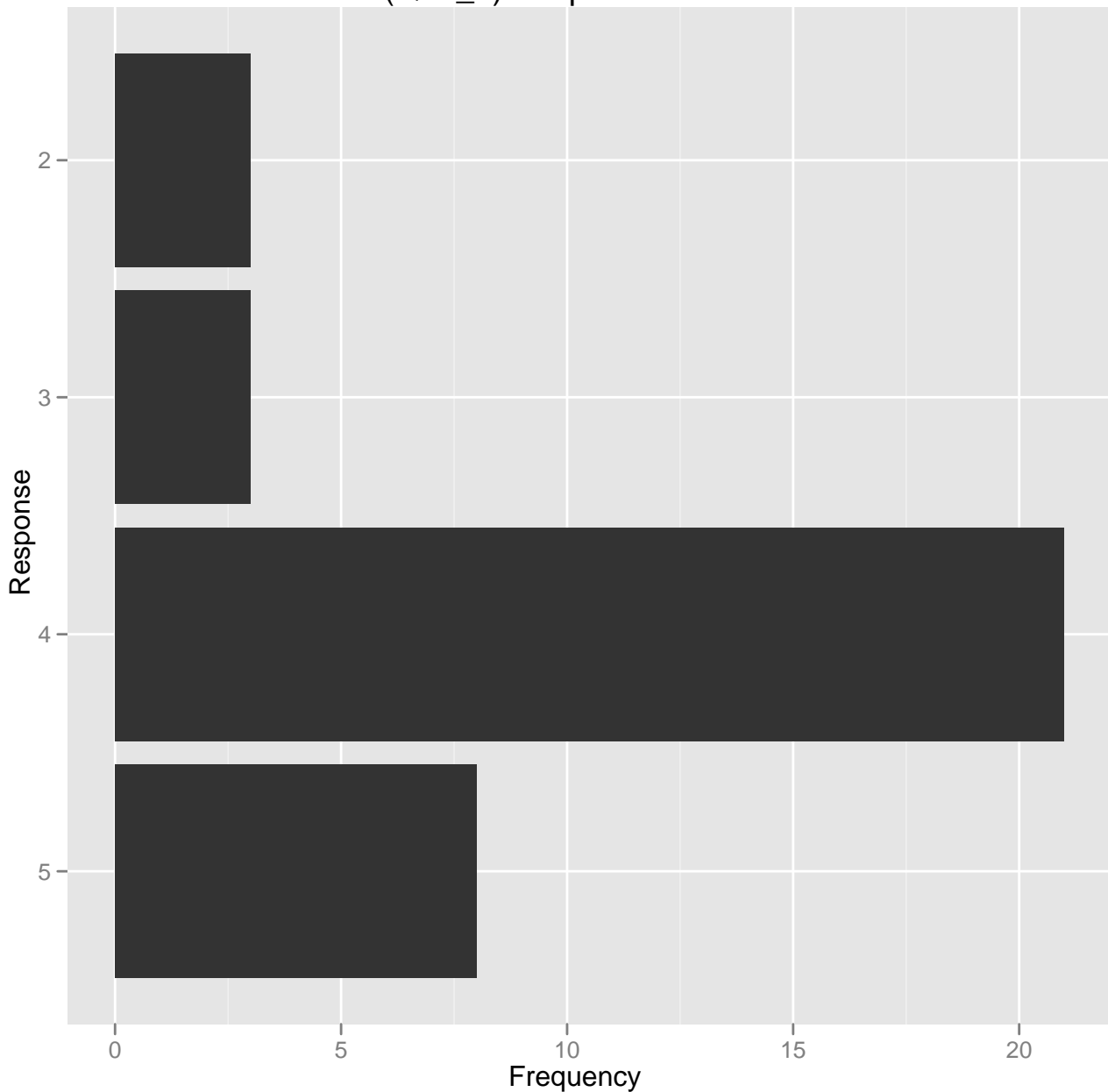
P108 (Q52_7):I paid attention to the sensations in my body



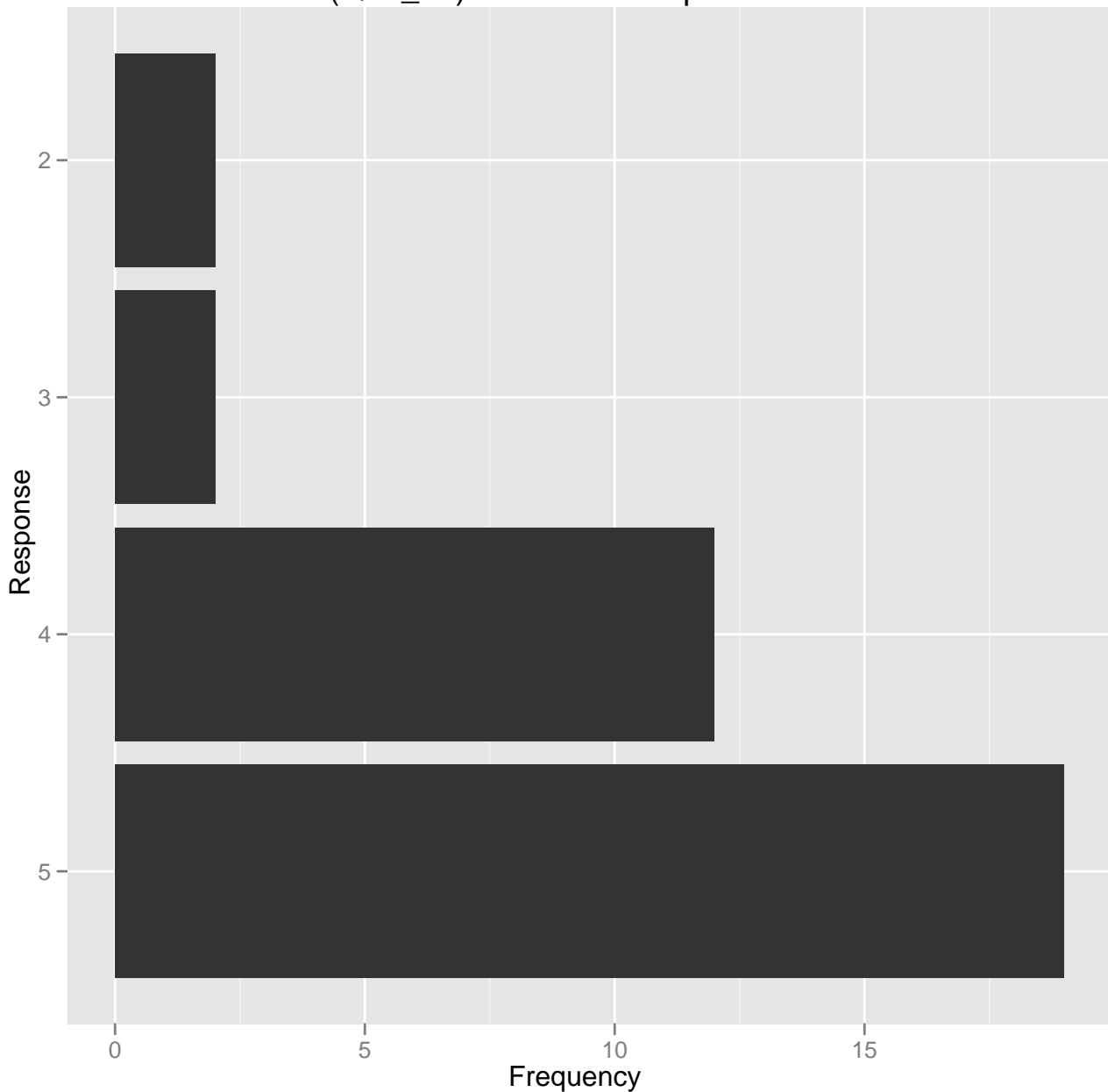
P109 (Q52_8):I was able to "be myself"



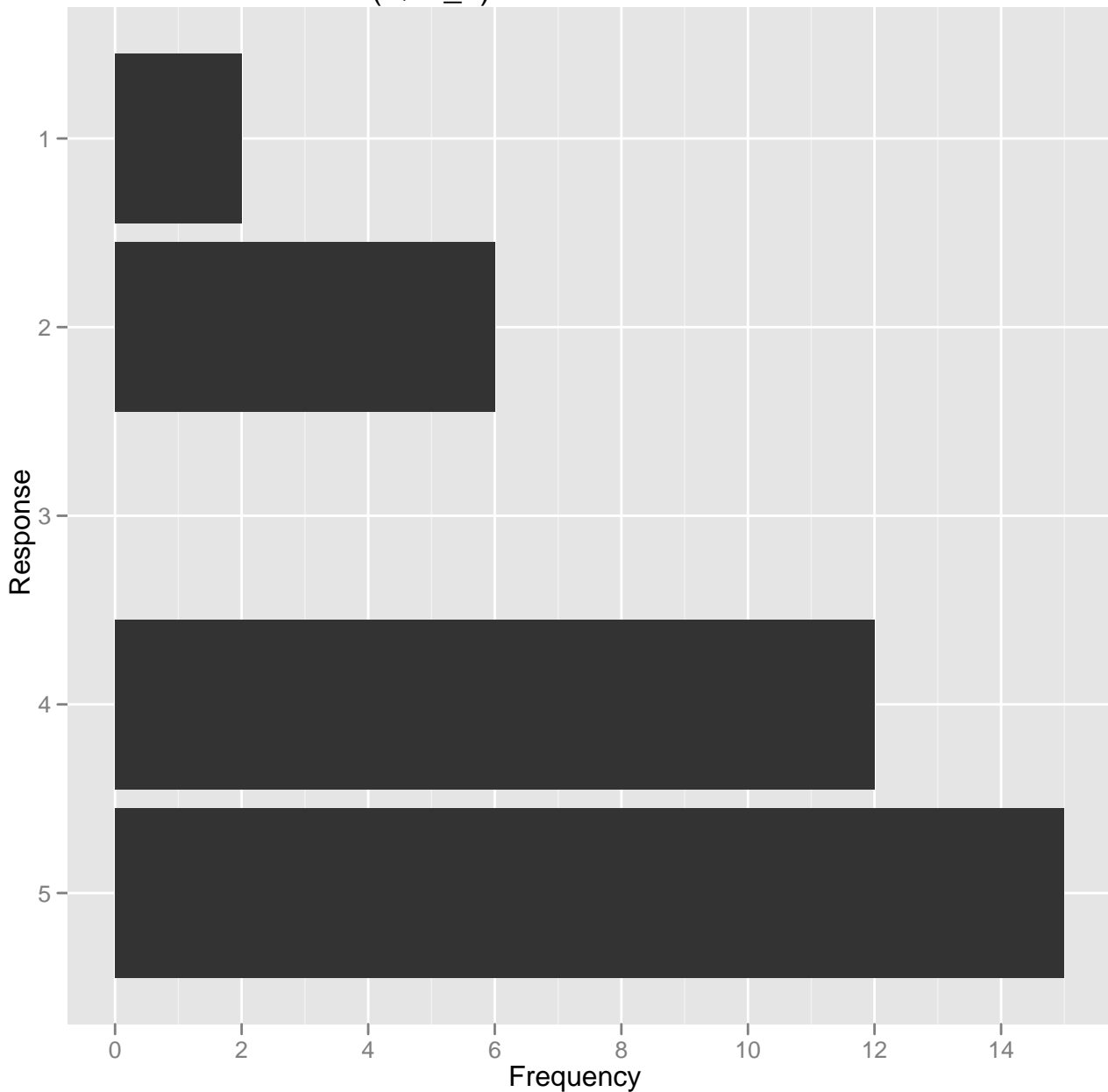
P110 (Q52_9):People talked too much



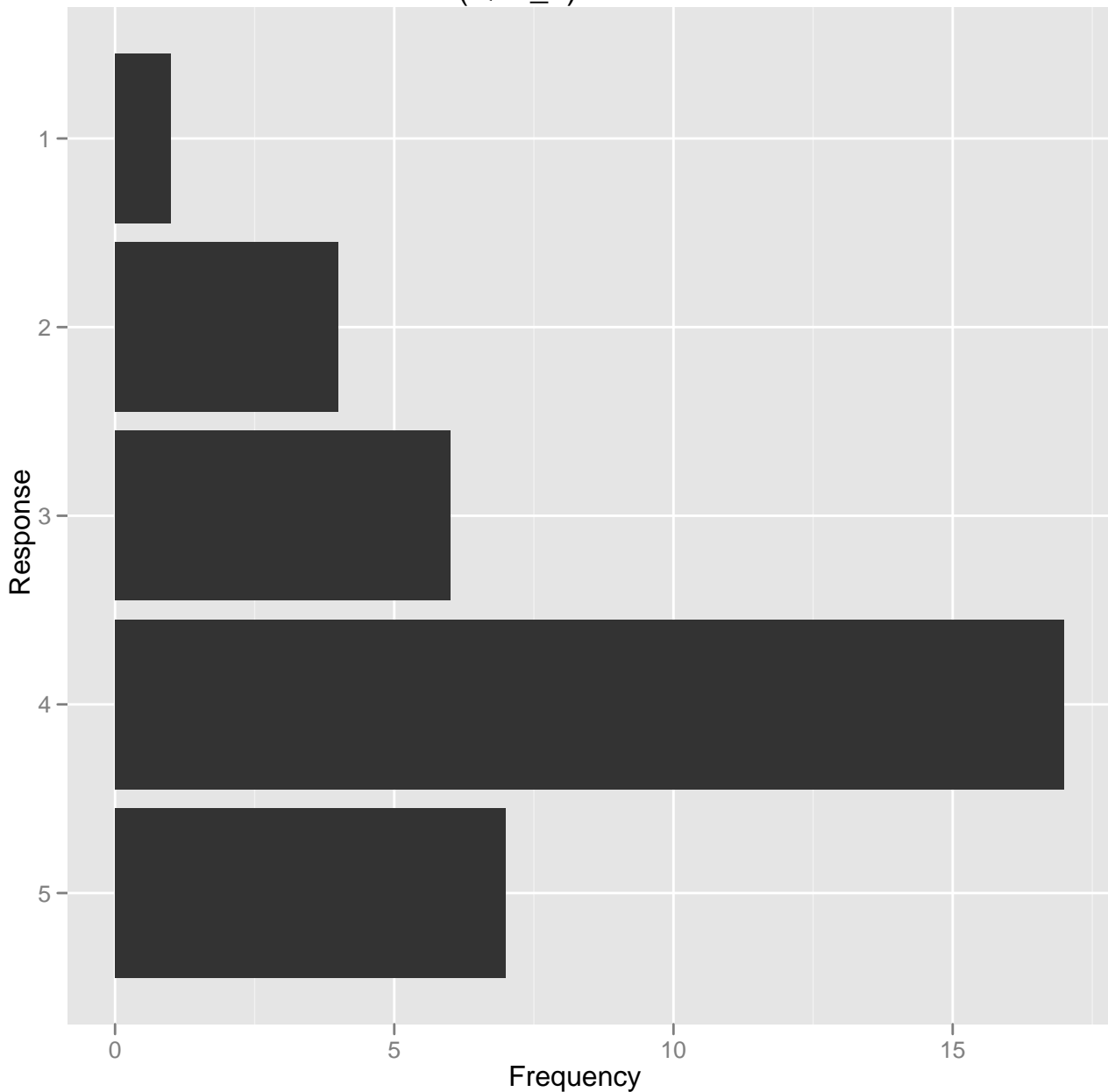
P111 (Q52_10):I needed to impress someone



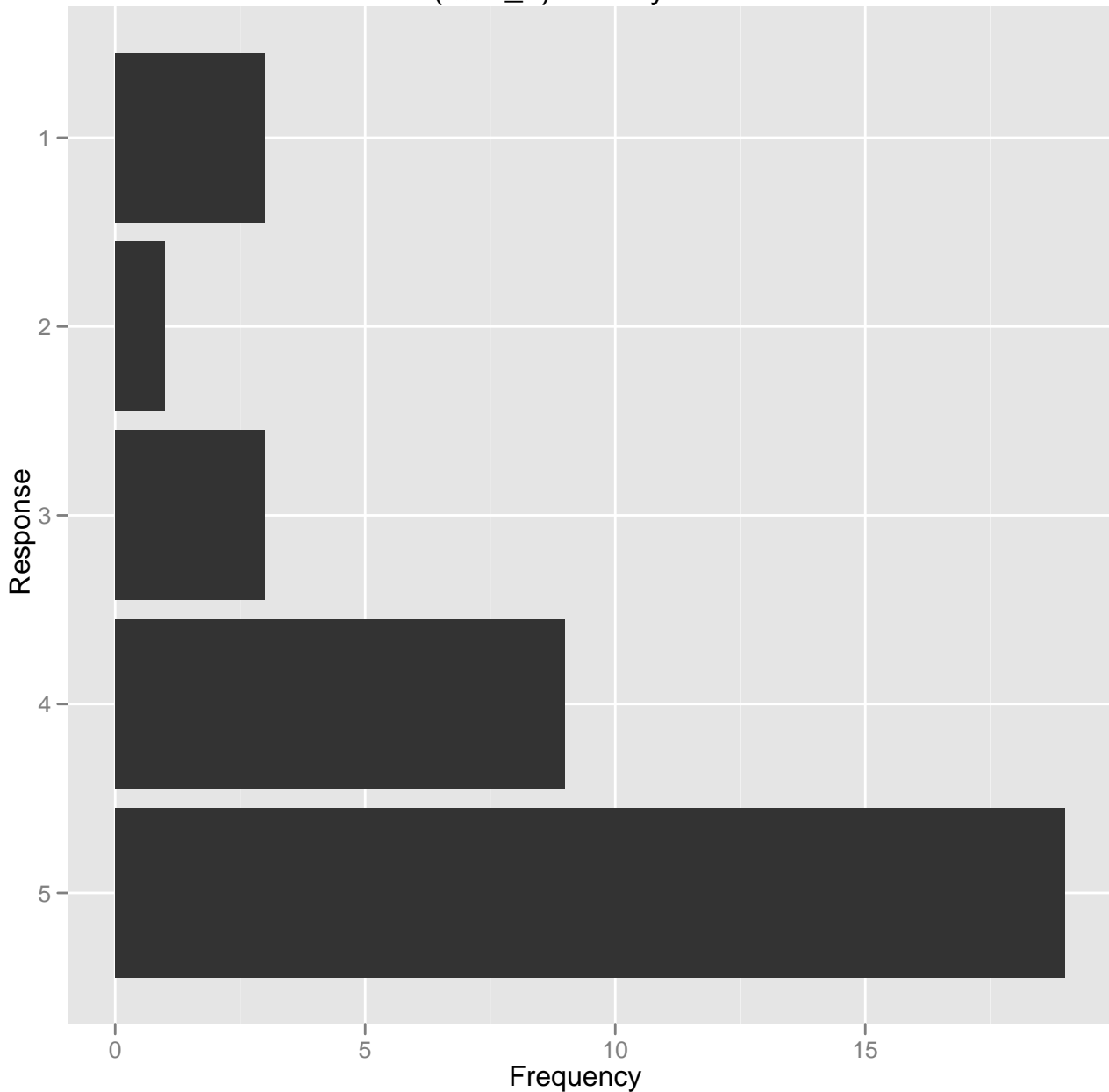
P112 (Q53_1):I moved around the room



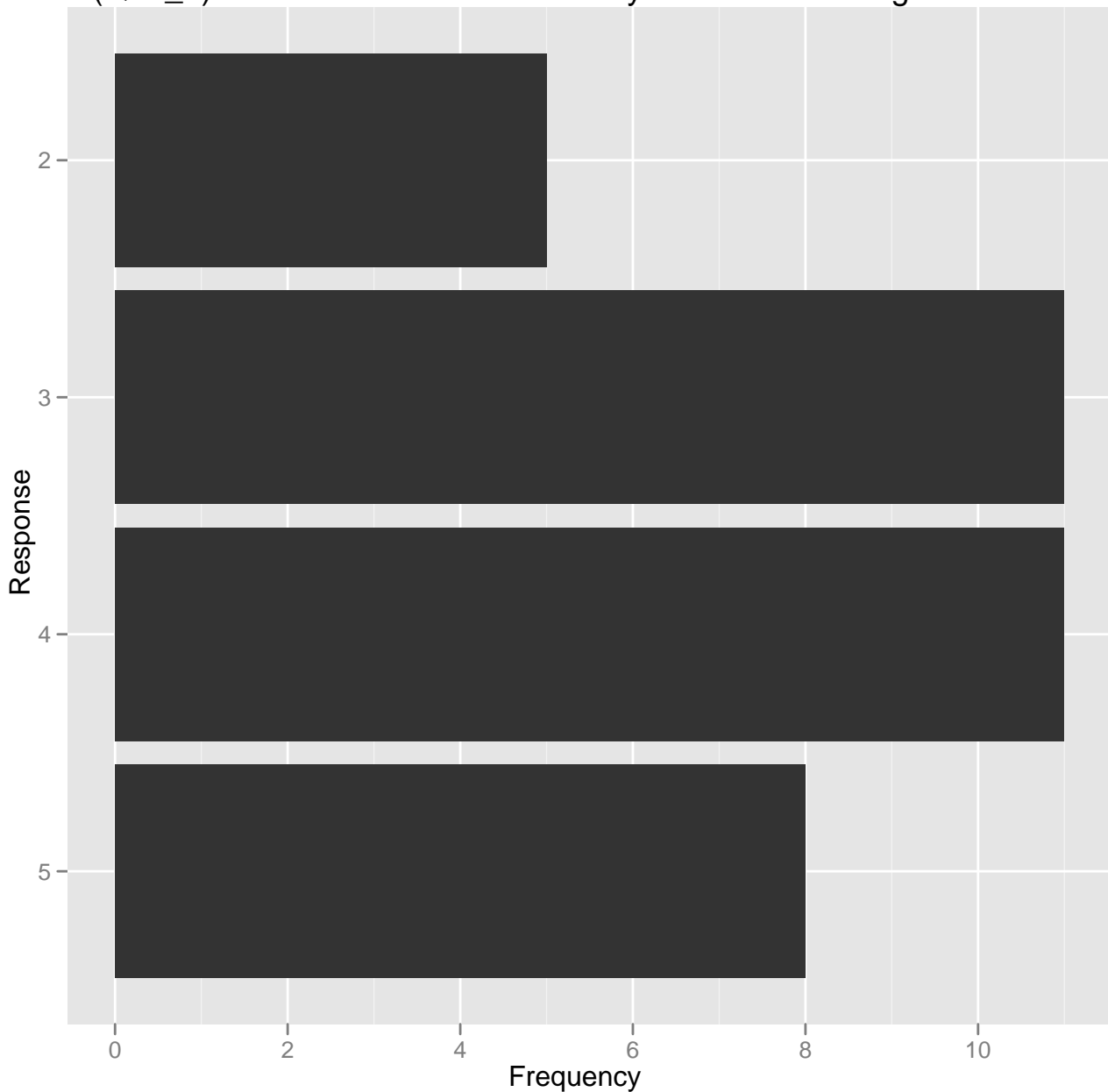
P113 (Q53_2):I was relaxed



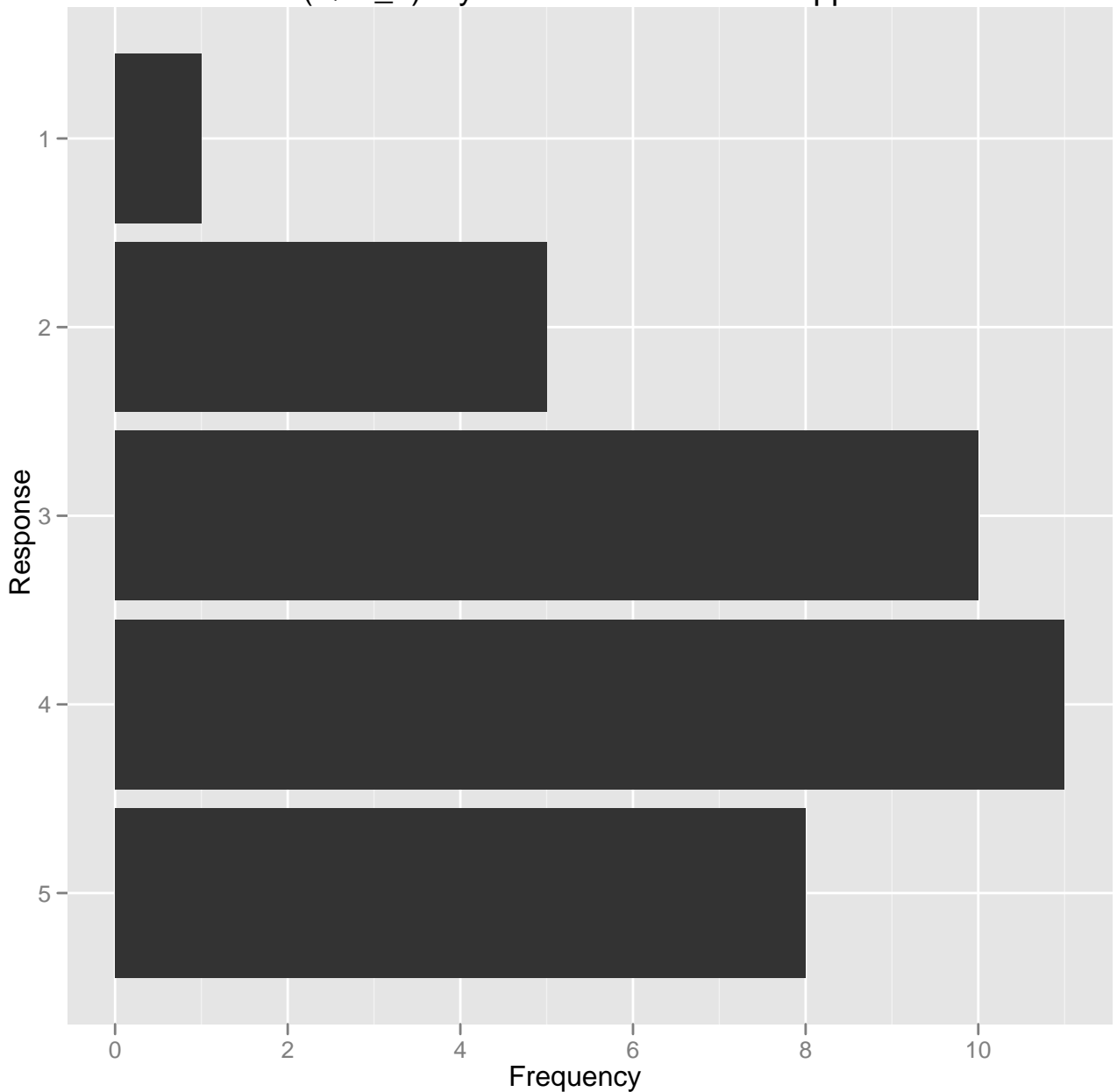
P114 (Q53_3):I let myself down



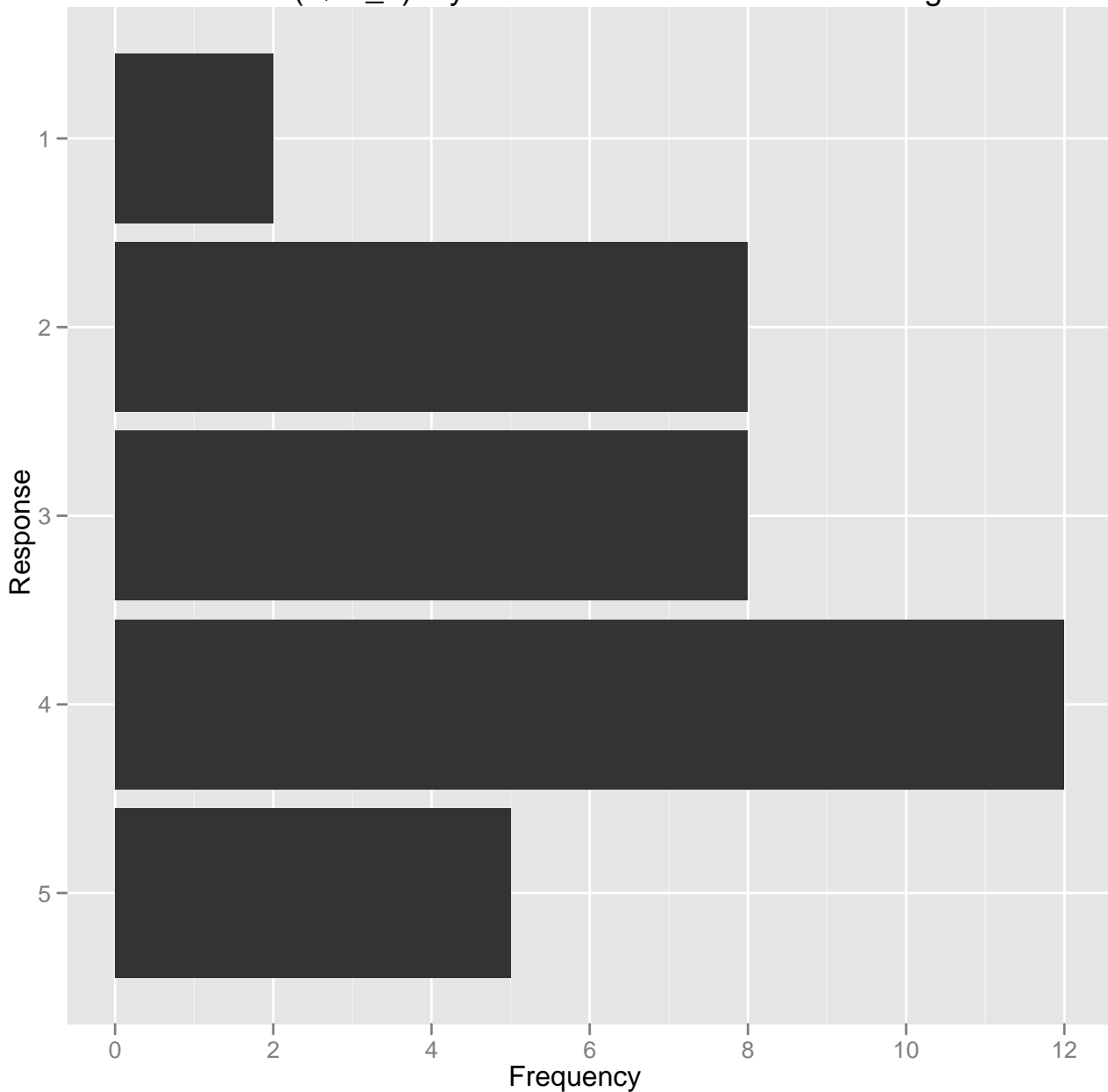
P115 (Q53_4):I moved around based on my intuitive knowledge of how to birth



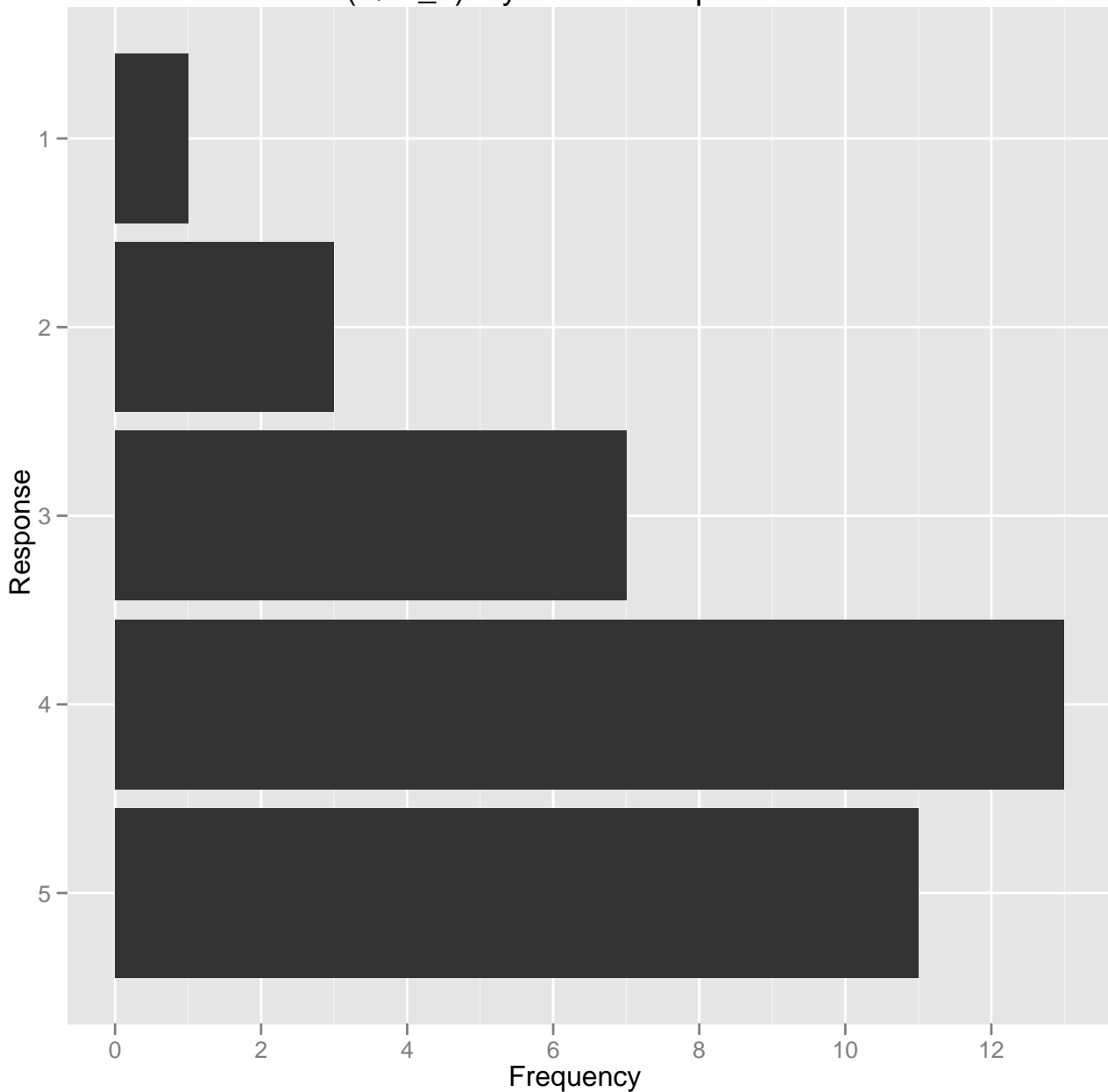
P116 (Q53_5):My ...mental chatter... disappeared



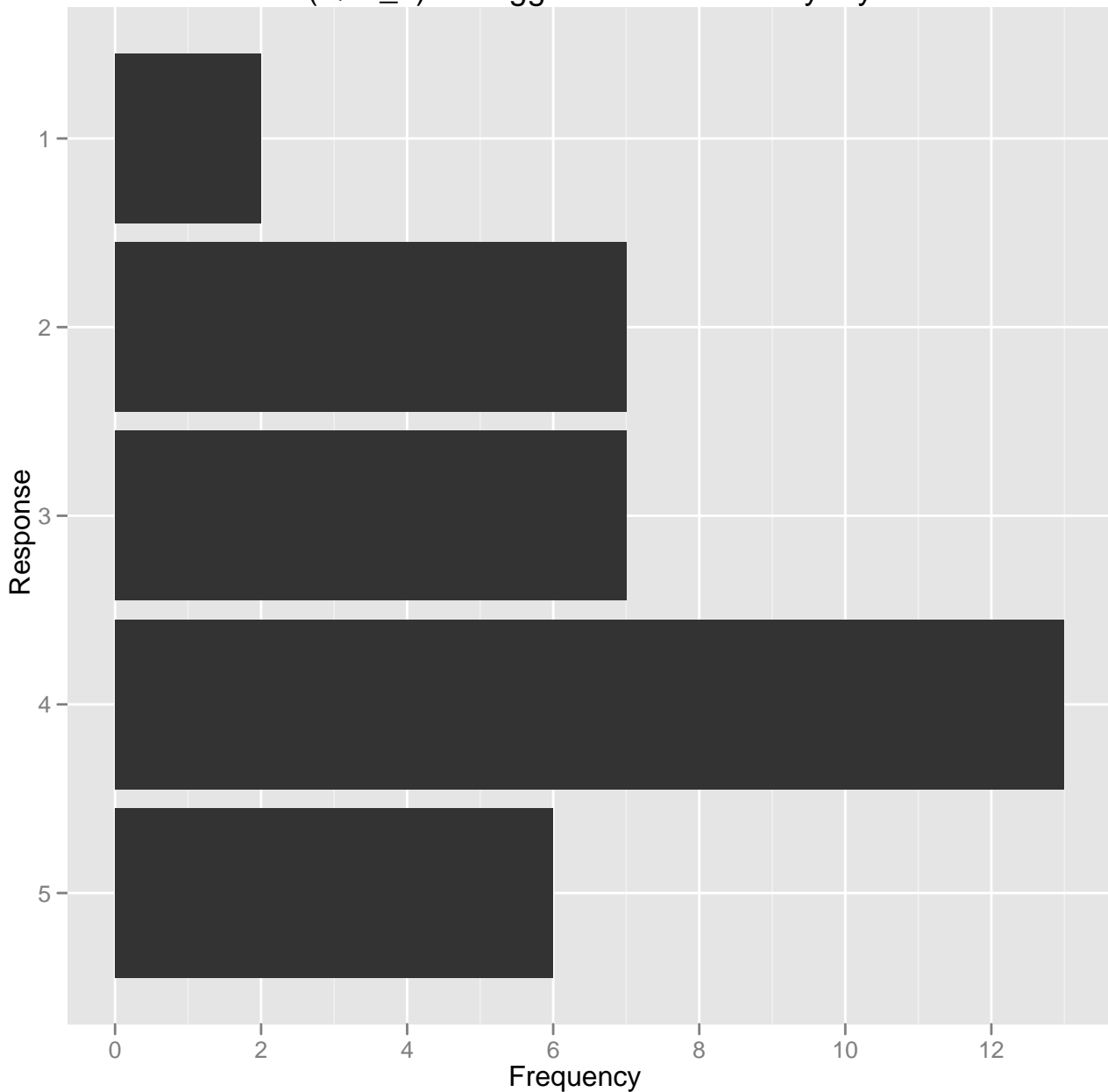
P117 (Q53_6):My emotions became overwhelming



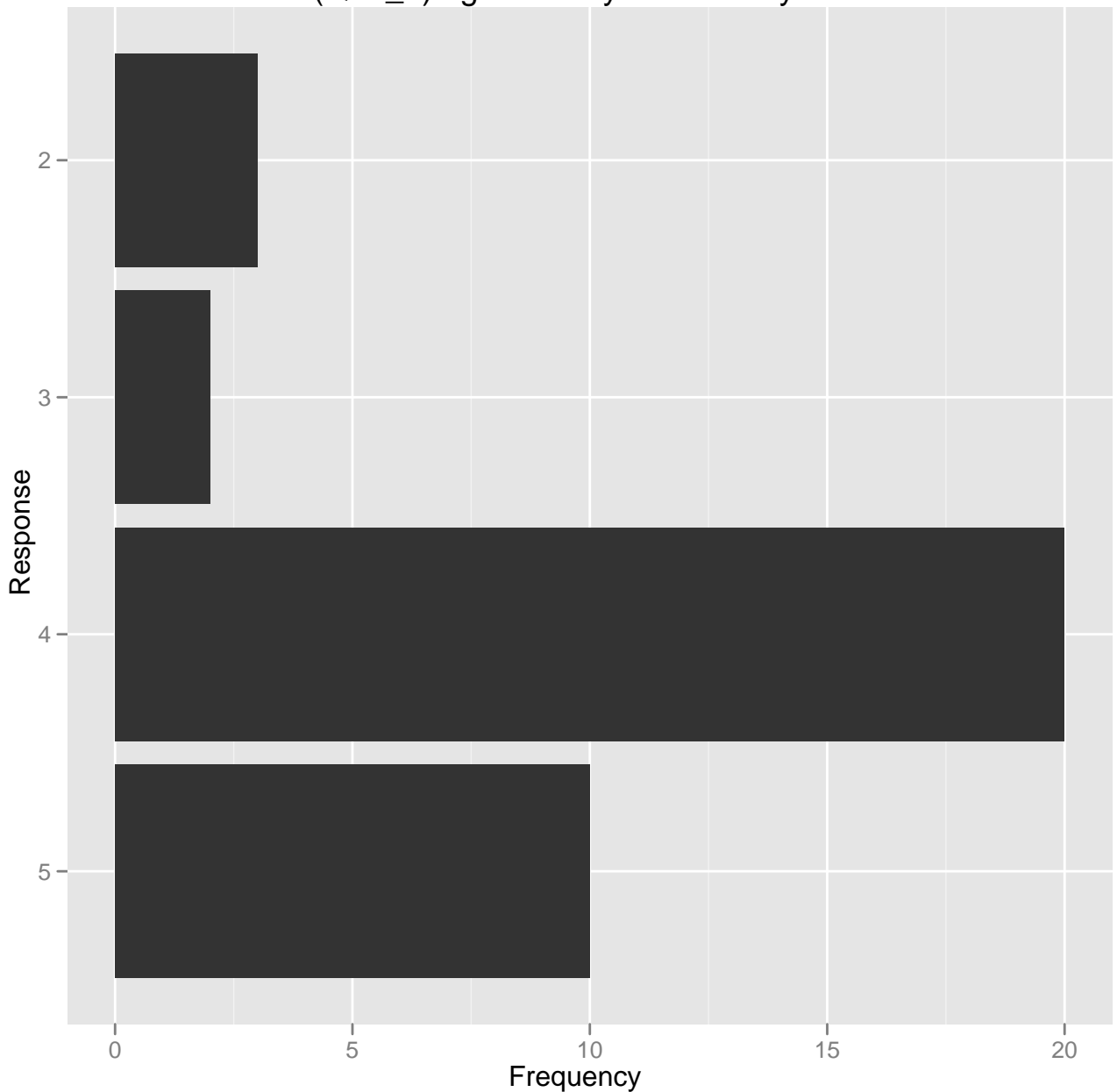
P118 (Q53_7):My birth was a private event



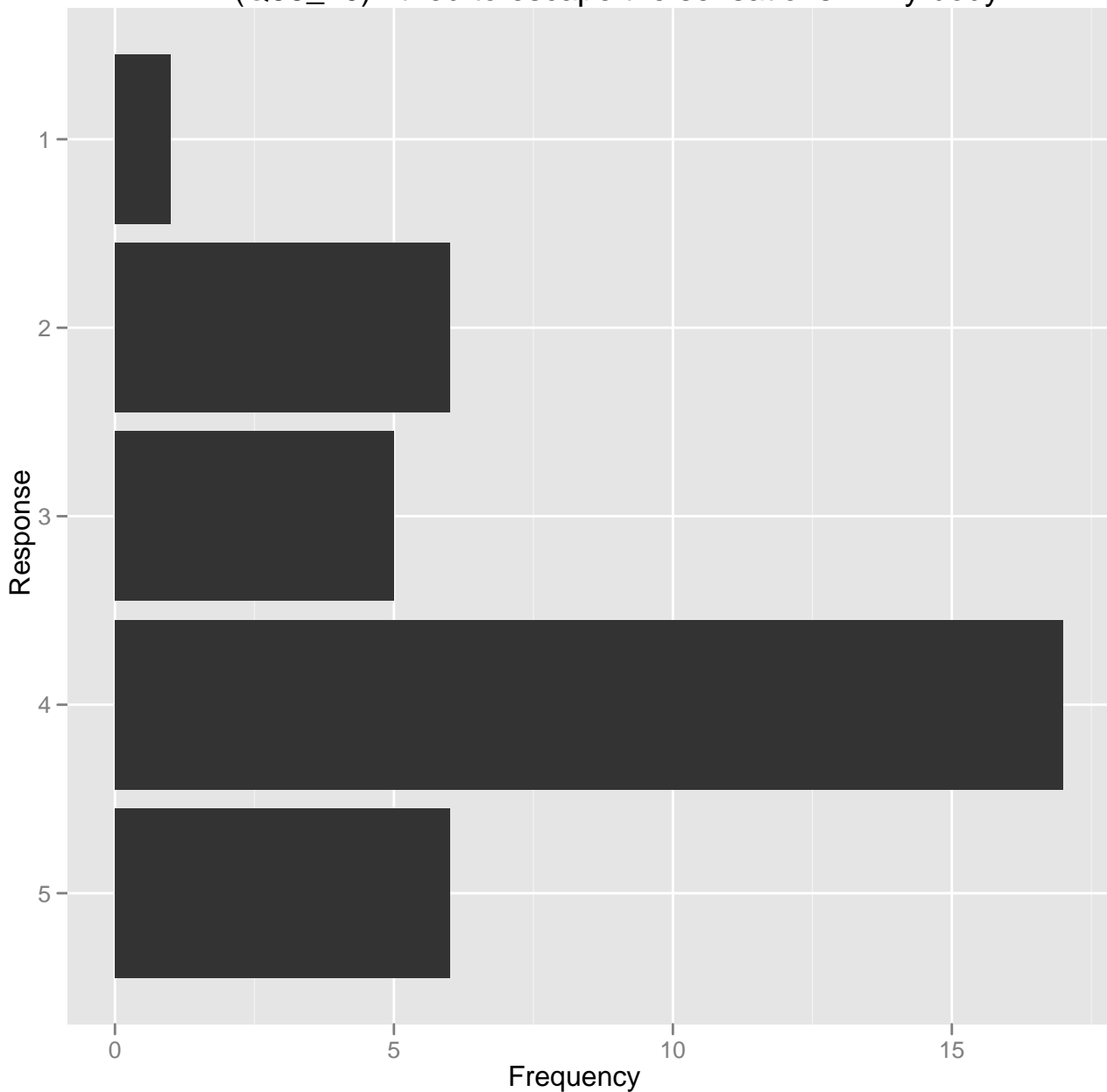
P119 (Q53_8):I struggled to find a steady rhythm



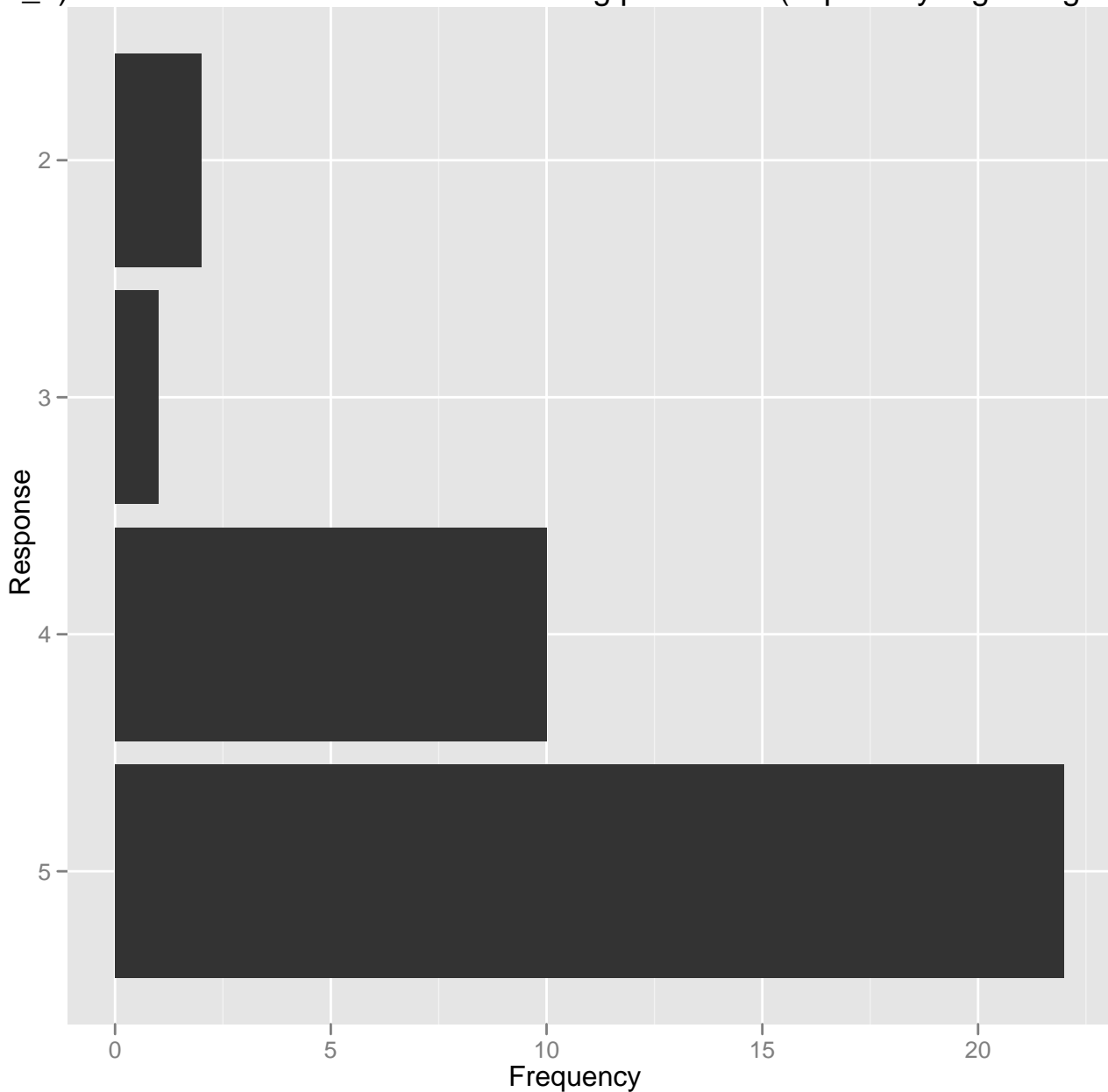
P120 (Q53_9):I gave it "my all" in every moment



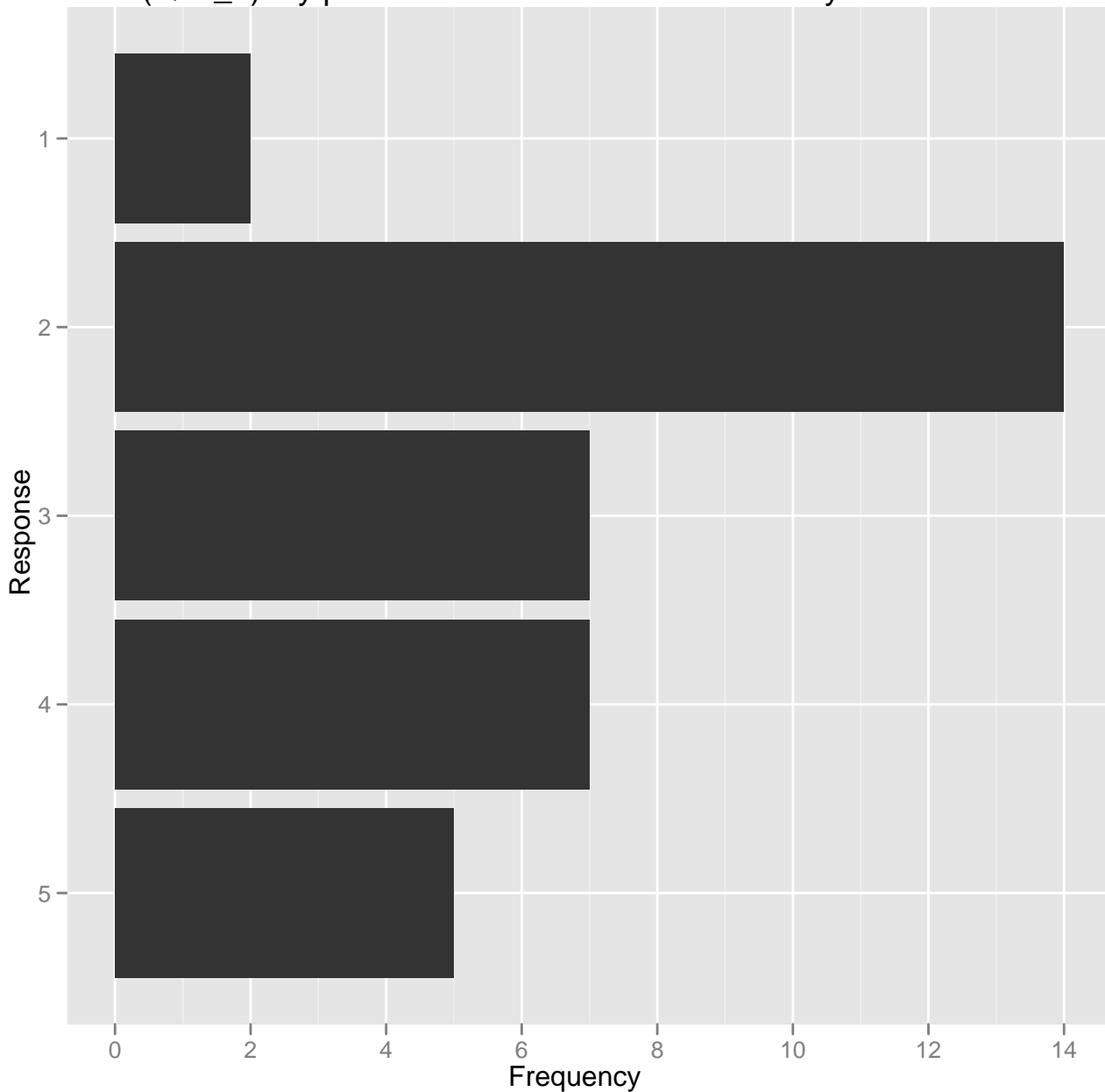
P121 (Q53_10):I tried to escape the sensations in my body



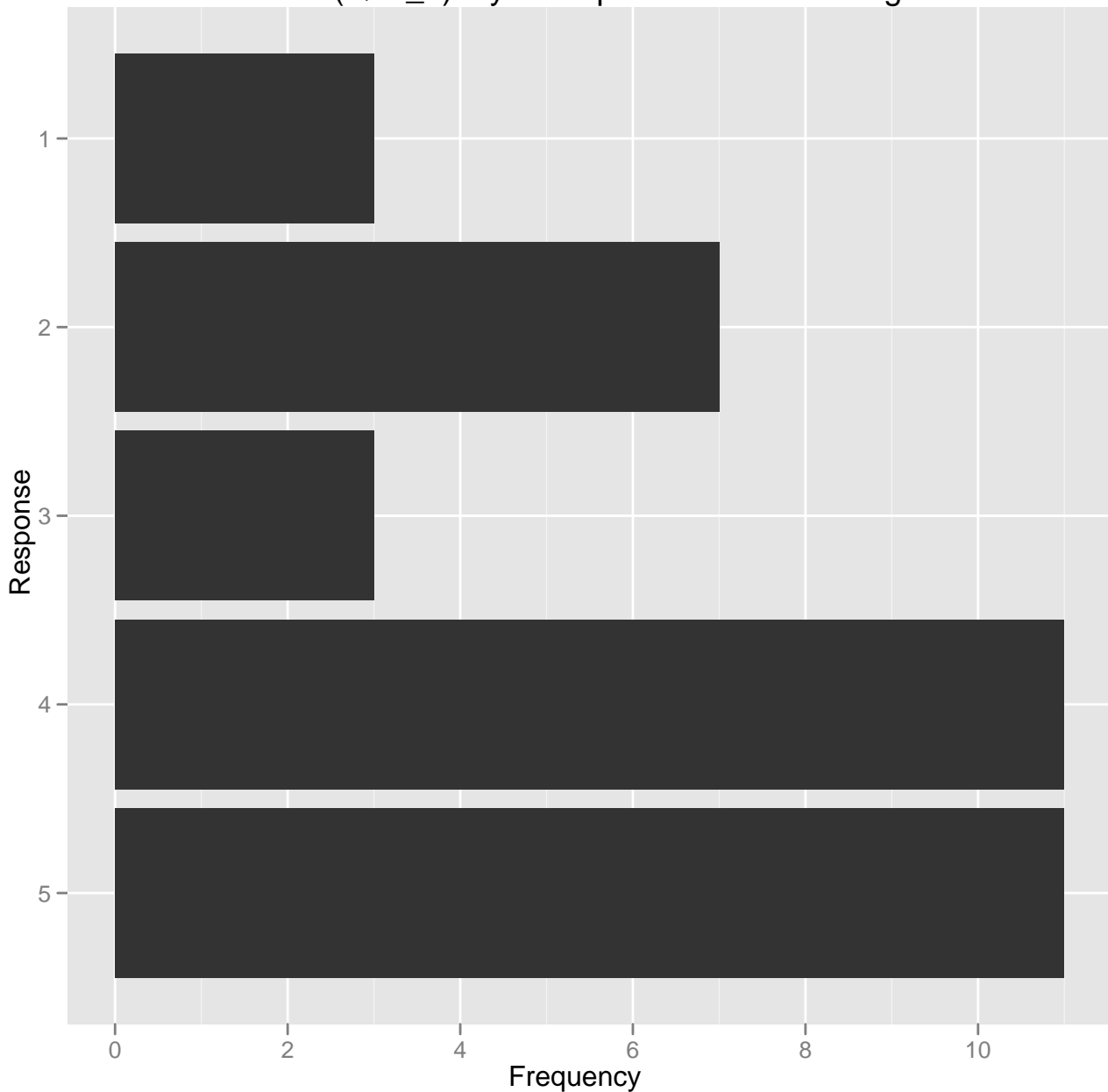
54_1):I was involved in all decision-making processes (especially regarding interv



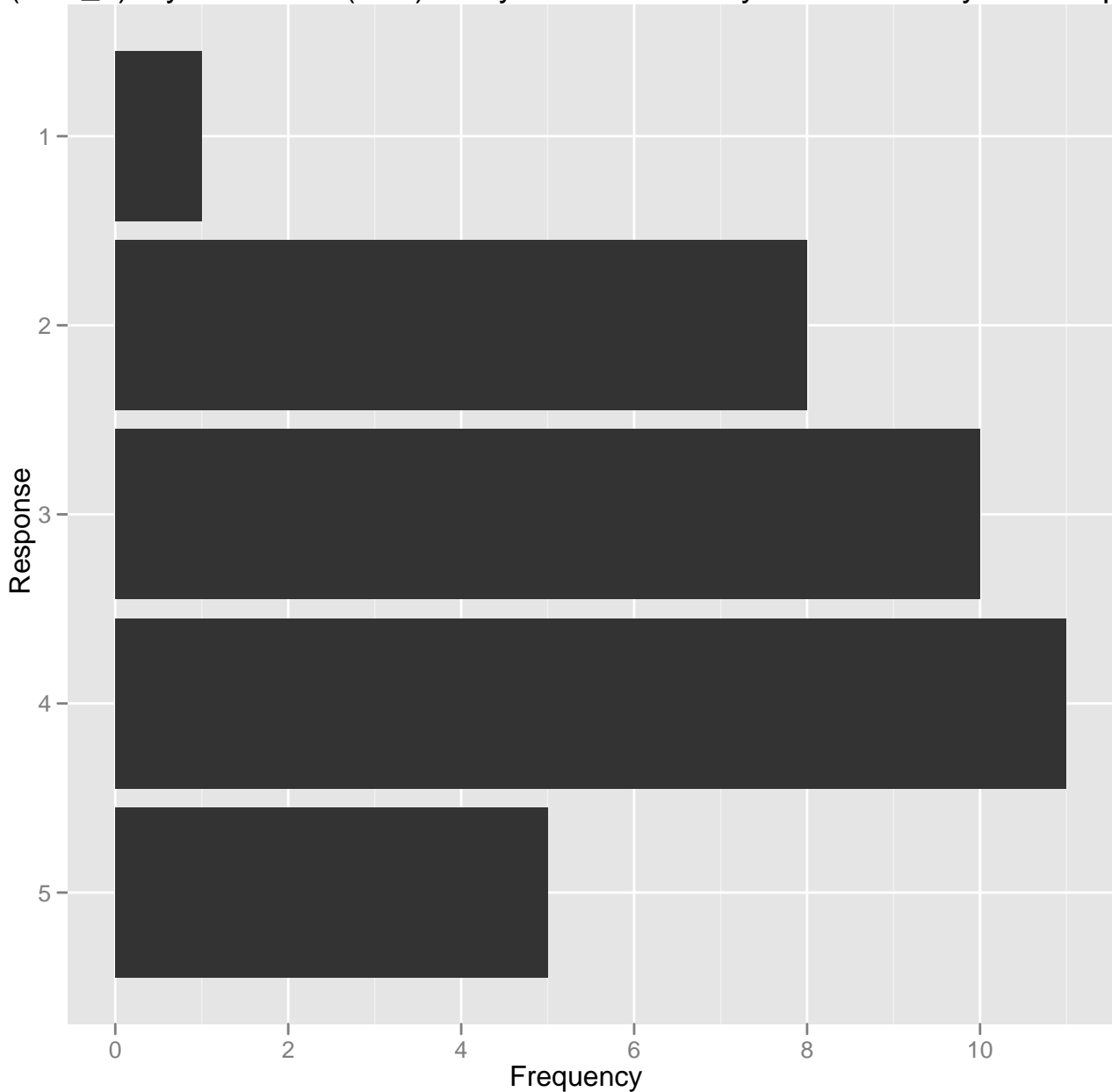
P123 (Q54_2):My partner and I seemed to be the only ones in the room



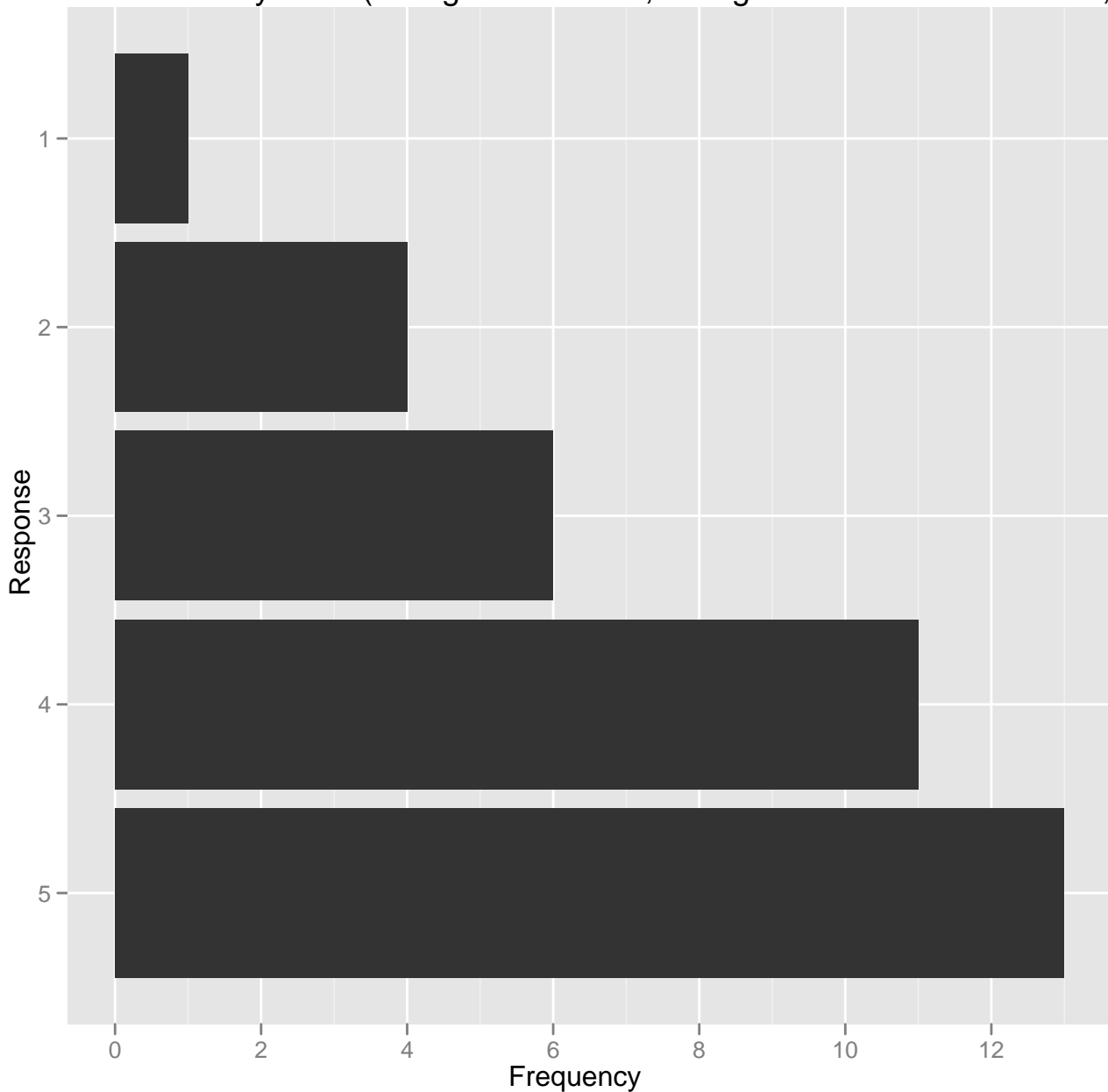
P124 (Q54_3):My labor pain felt like suffering



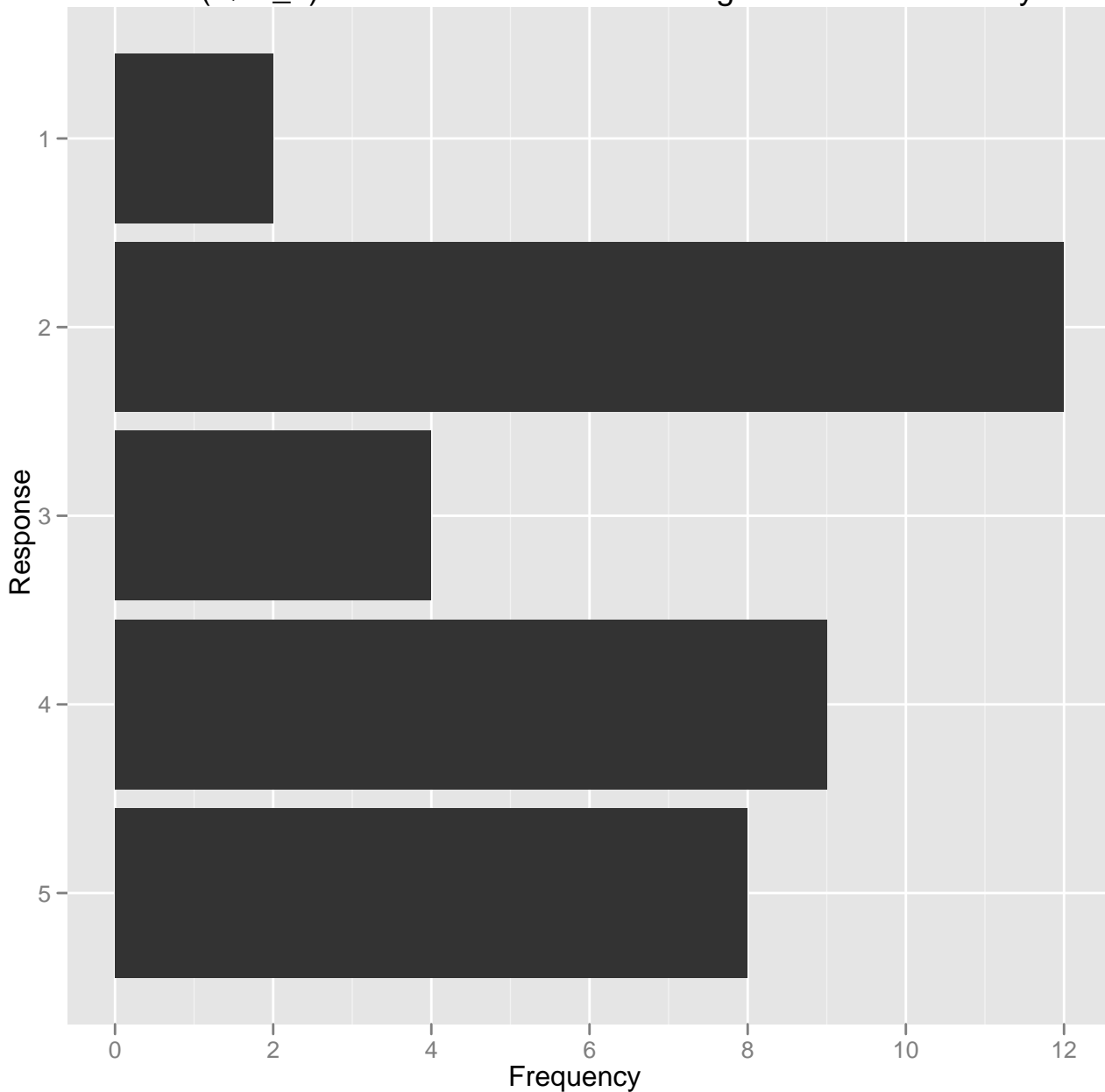
5 (Q54_4):My memories (now) of my labor are mostly focused on my inner experie



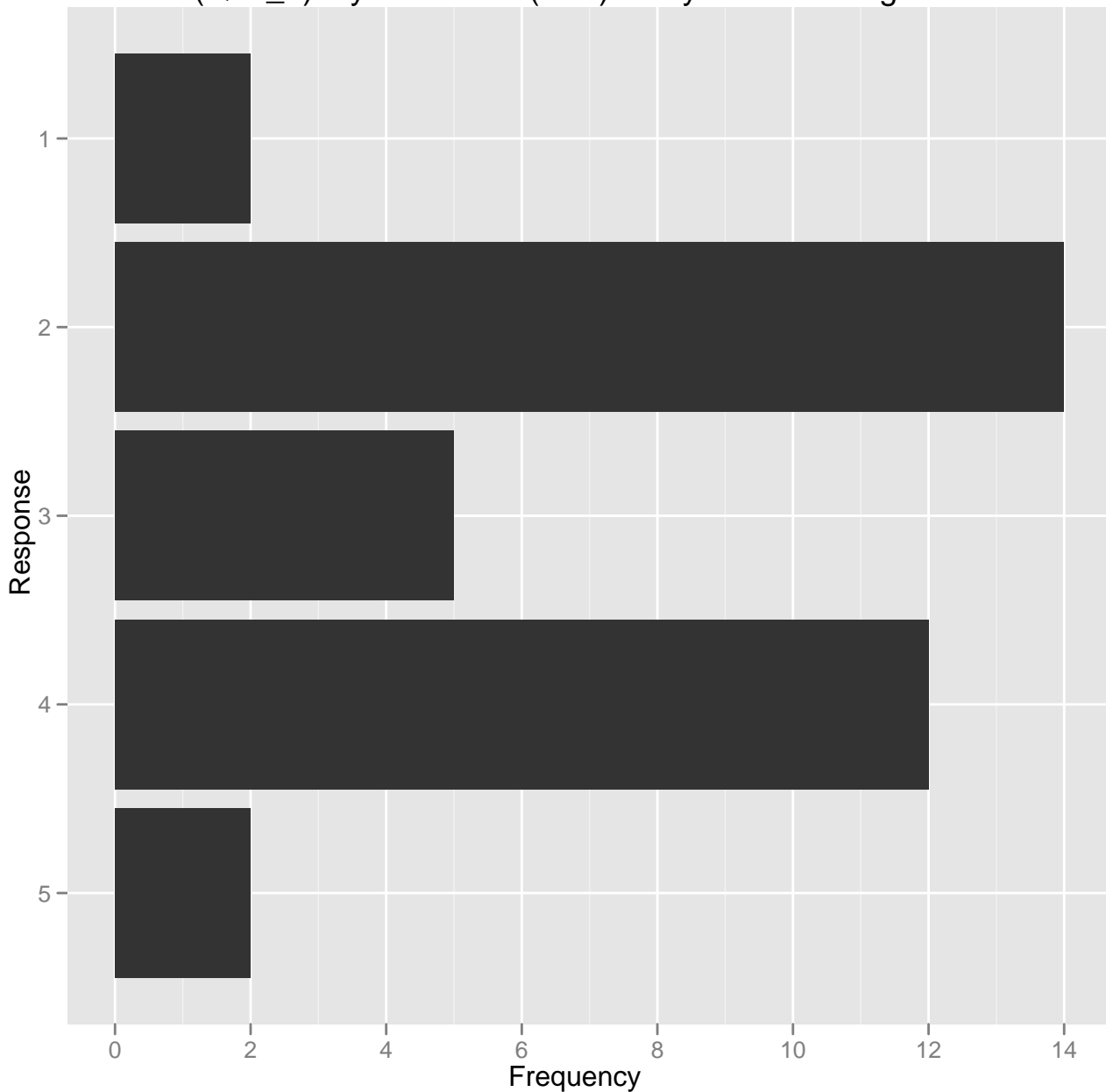
important factor in my labor (timing contractions, timing in between contractions, timing



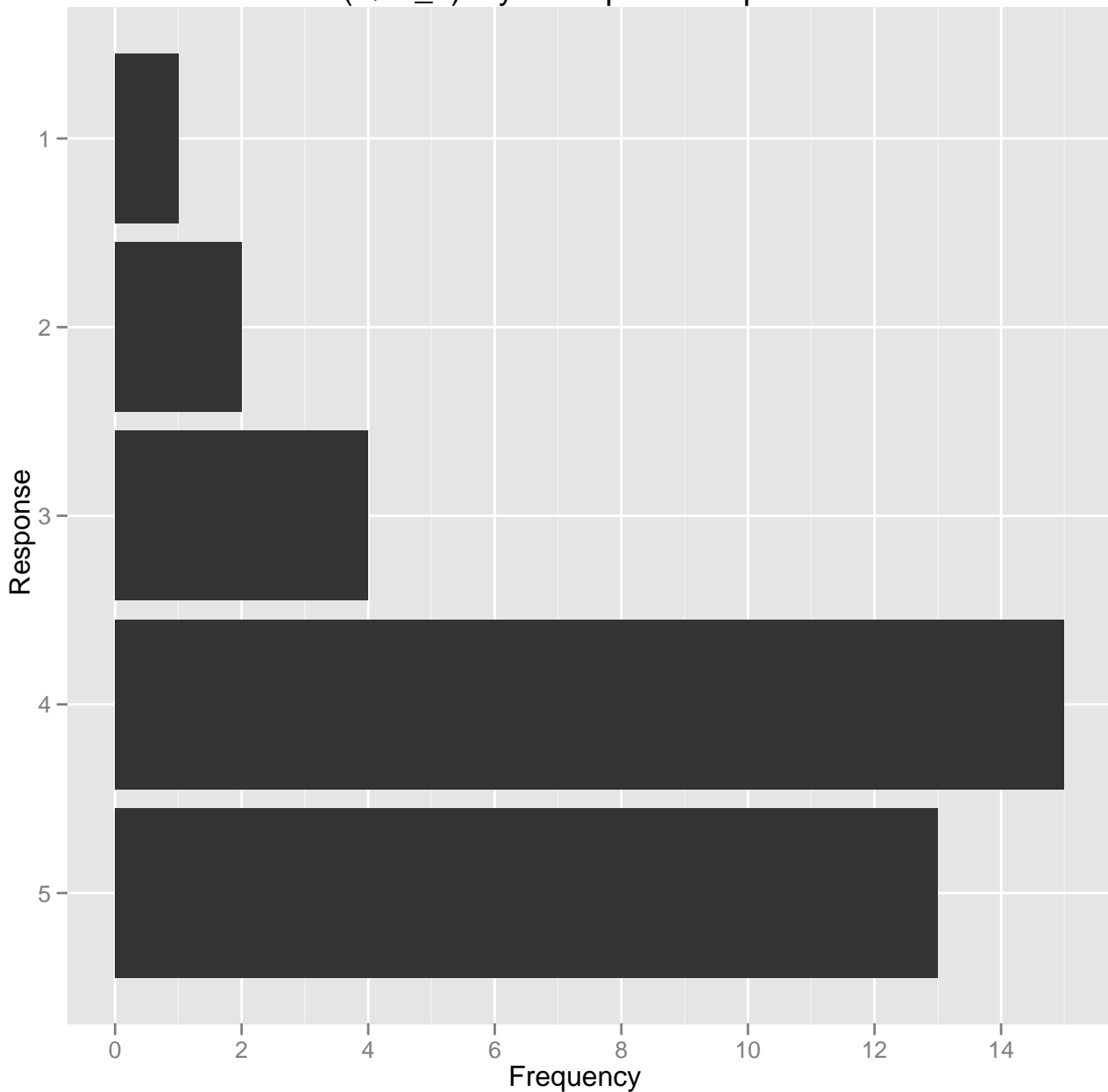
P127 (Q54_6):I needed to be coached to give birth successfully



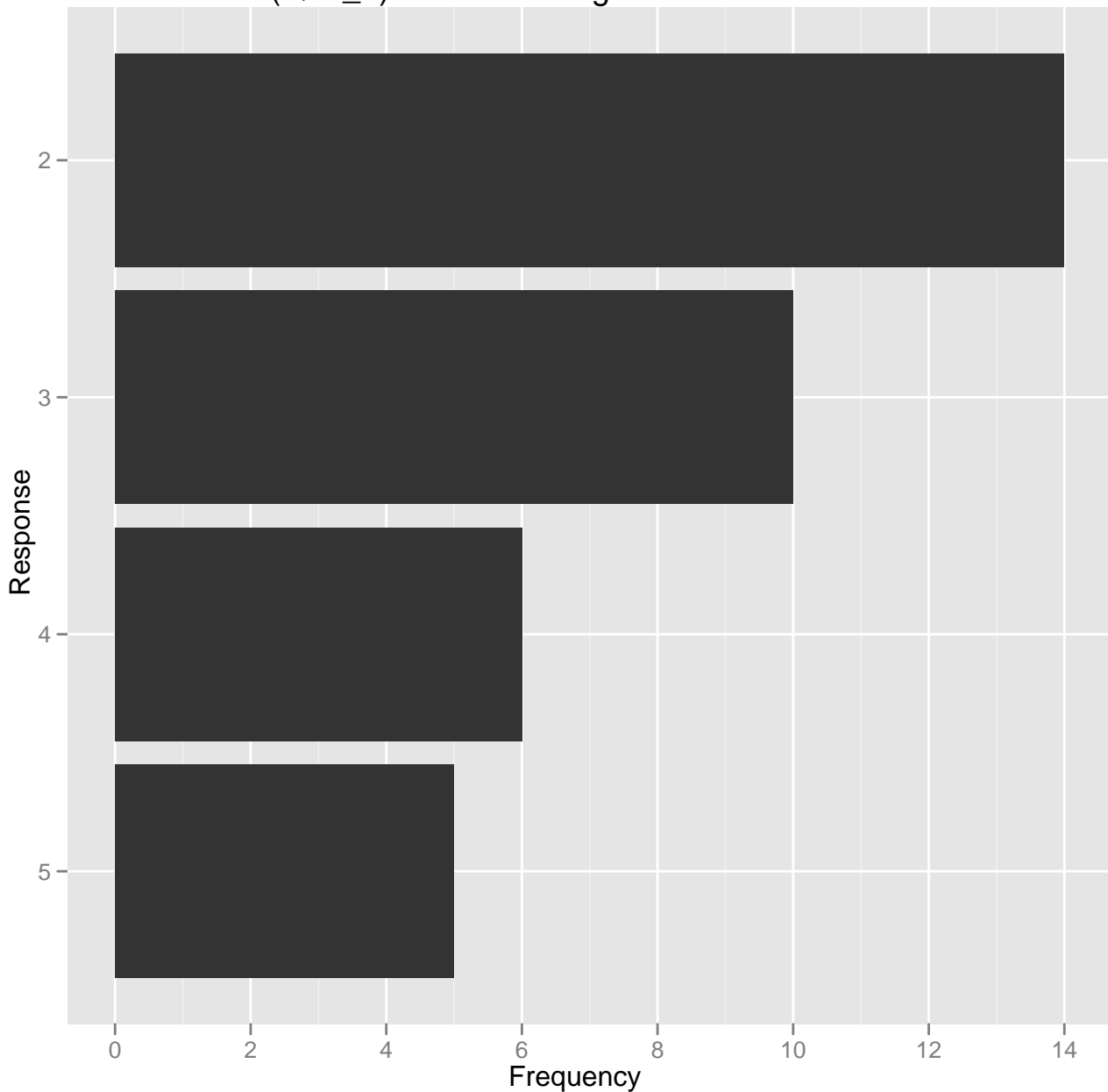
P128 (Q54_7):My memories (now) of my labor are vague or fluid



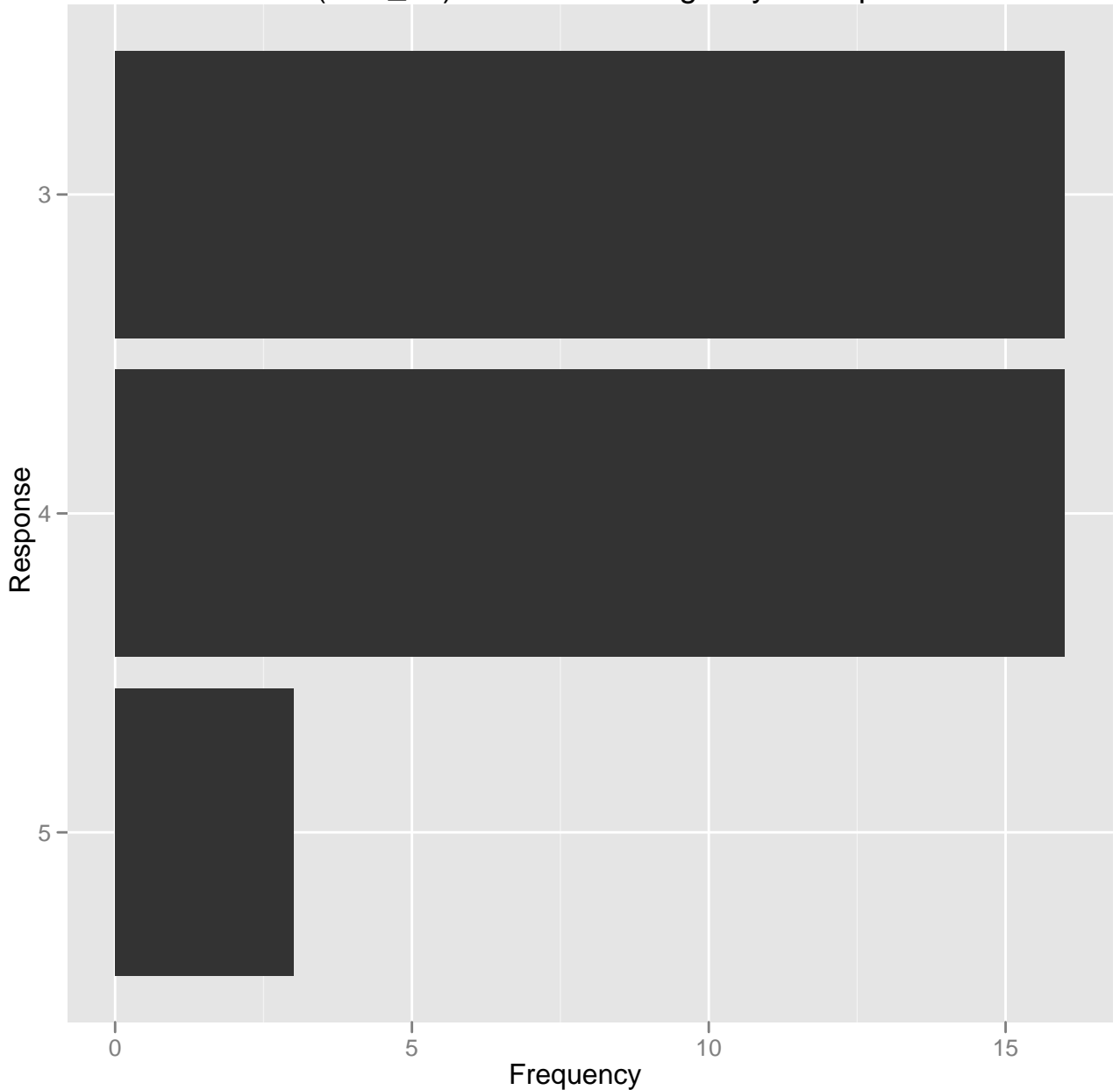
P129 (Q54_8):My labor pain was productive



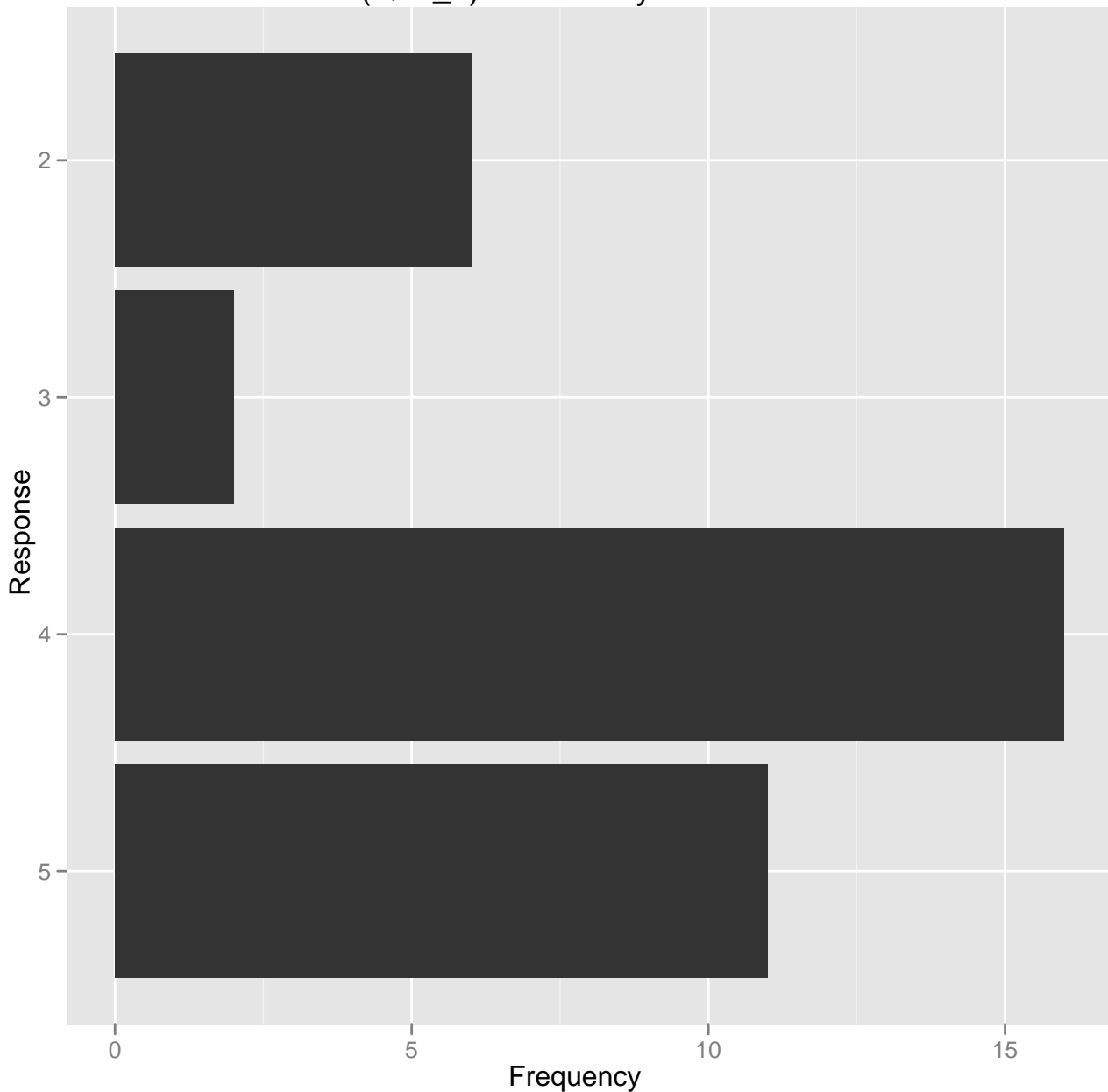
P130 (Q54_9):I was following directions for what to do



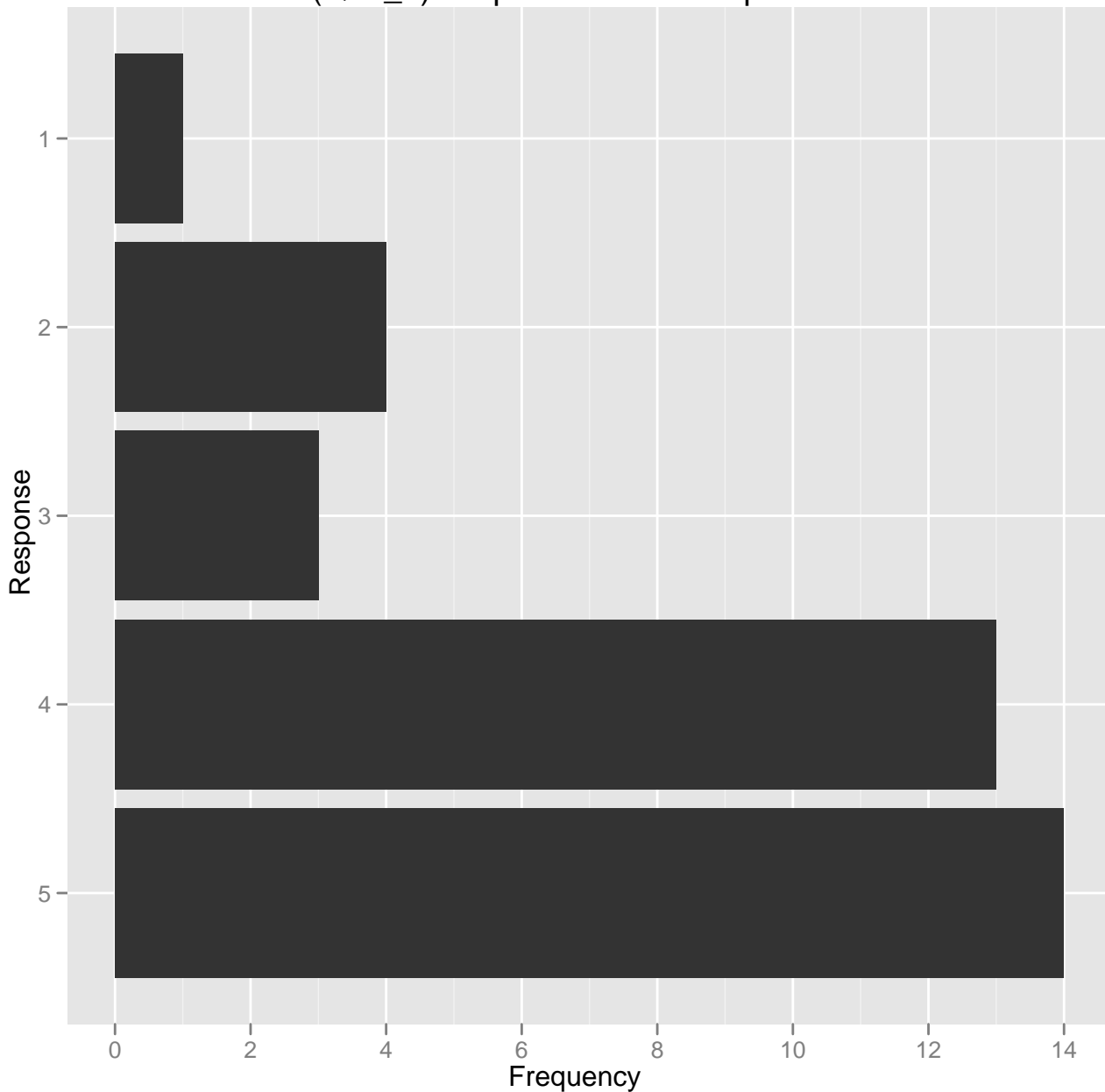
P131 (Q54_10):I traveled through my labor pain



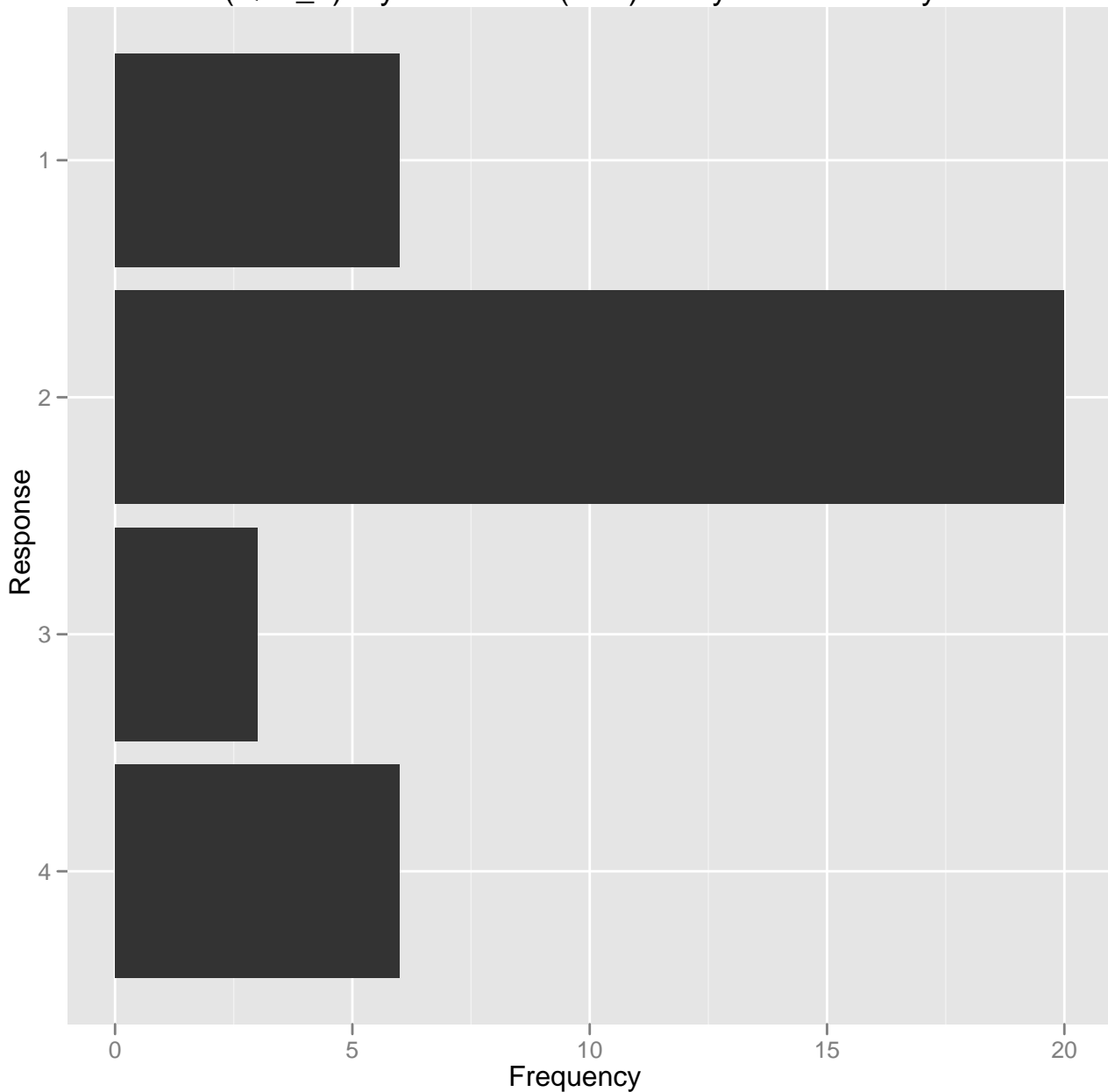
P132 (Q55_1):I was in my own little world



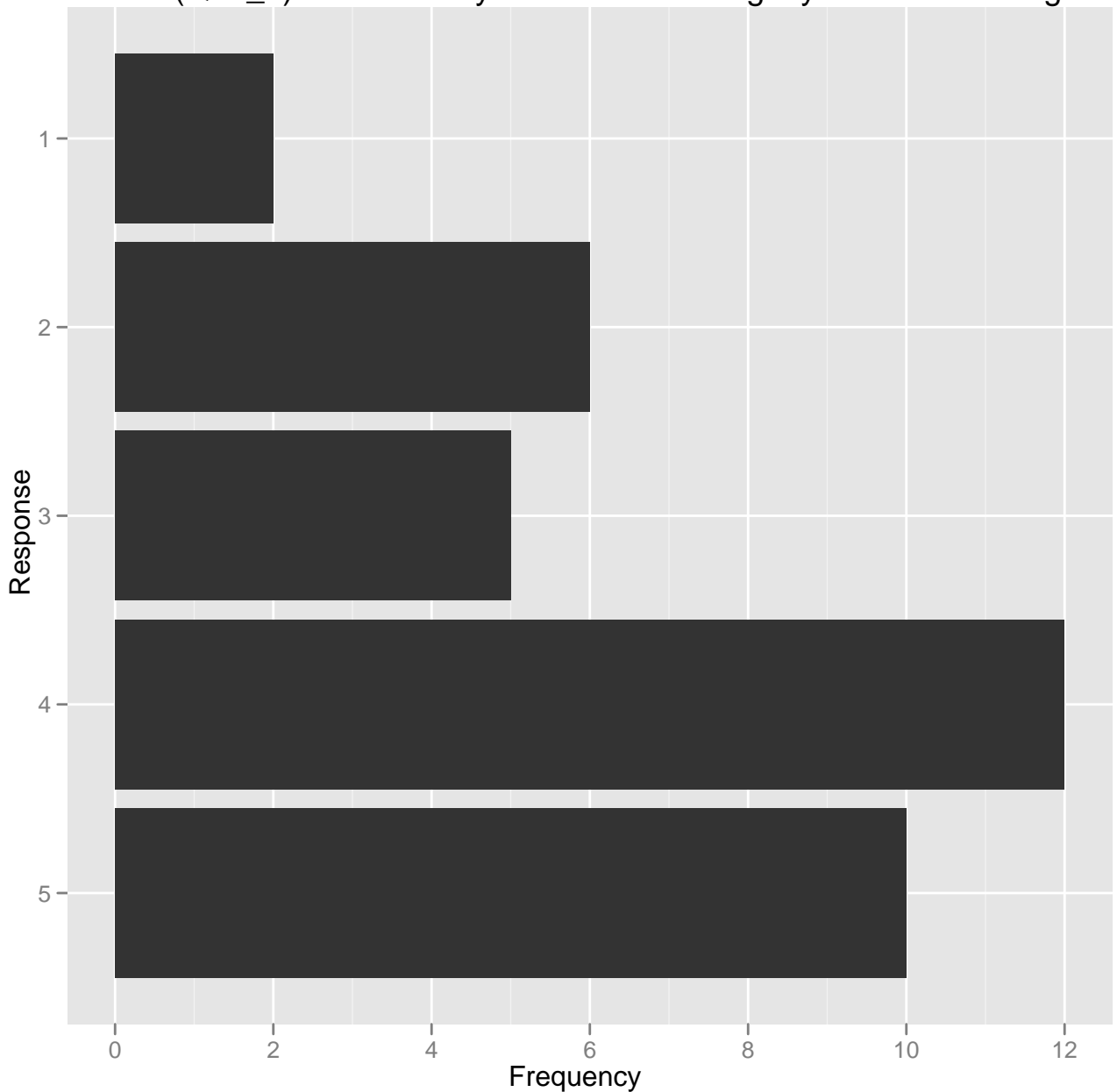
P133 (Q55_2):I coped well with the pain of labor



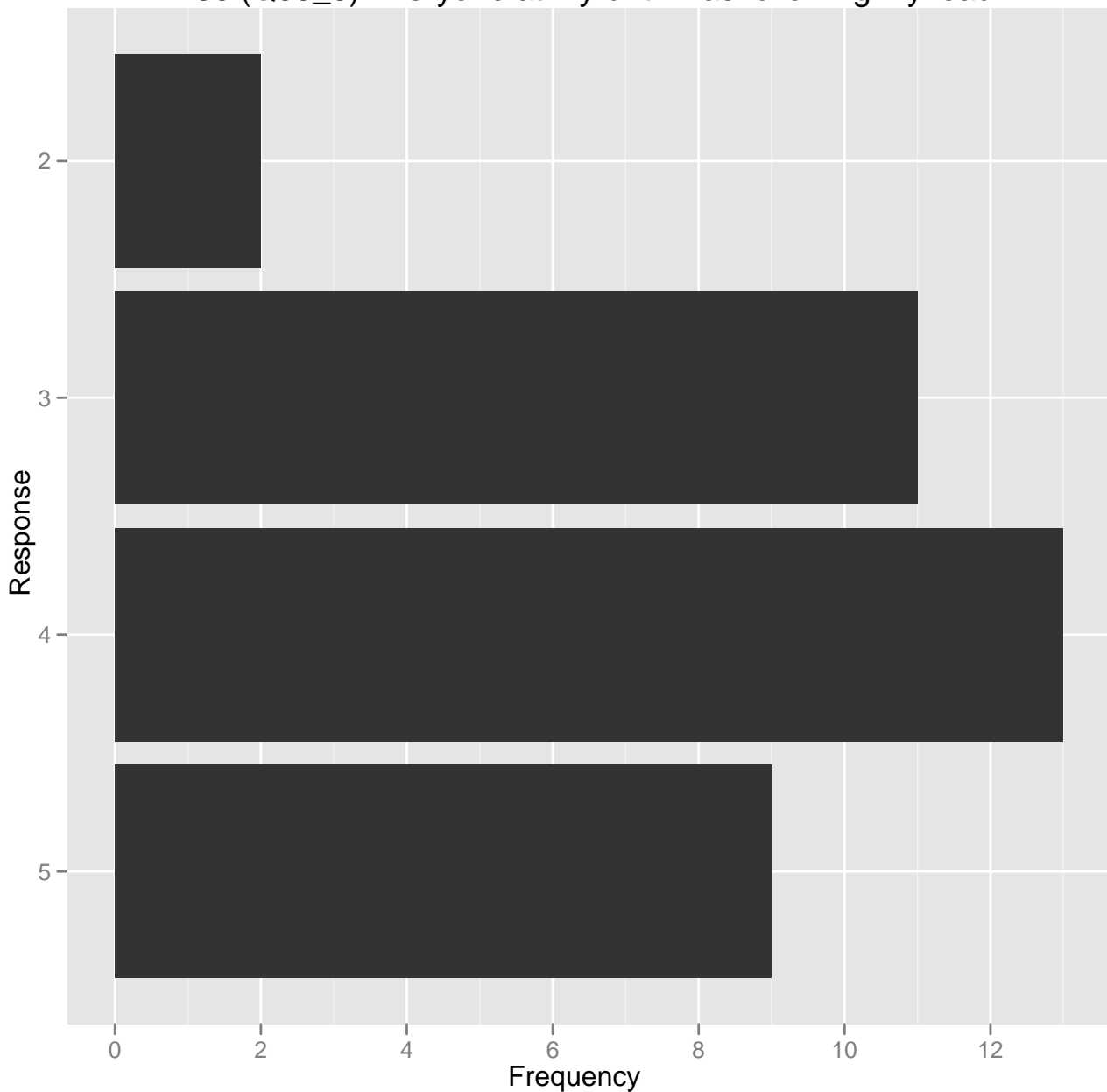
P134 (Q55_3):My memories (now) of my labor are very vivid



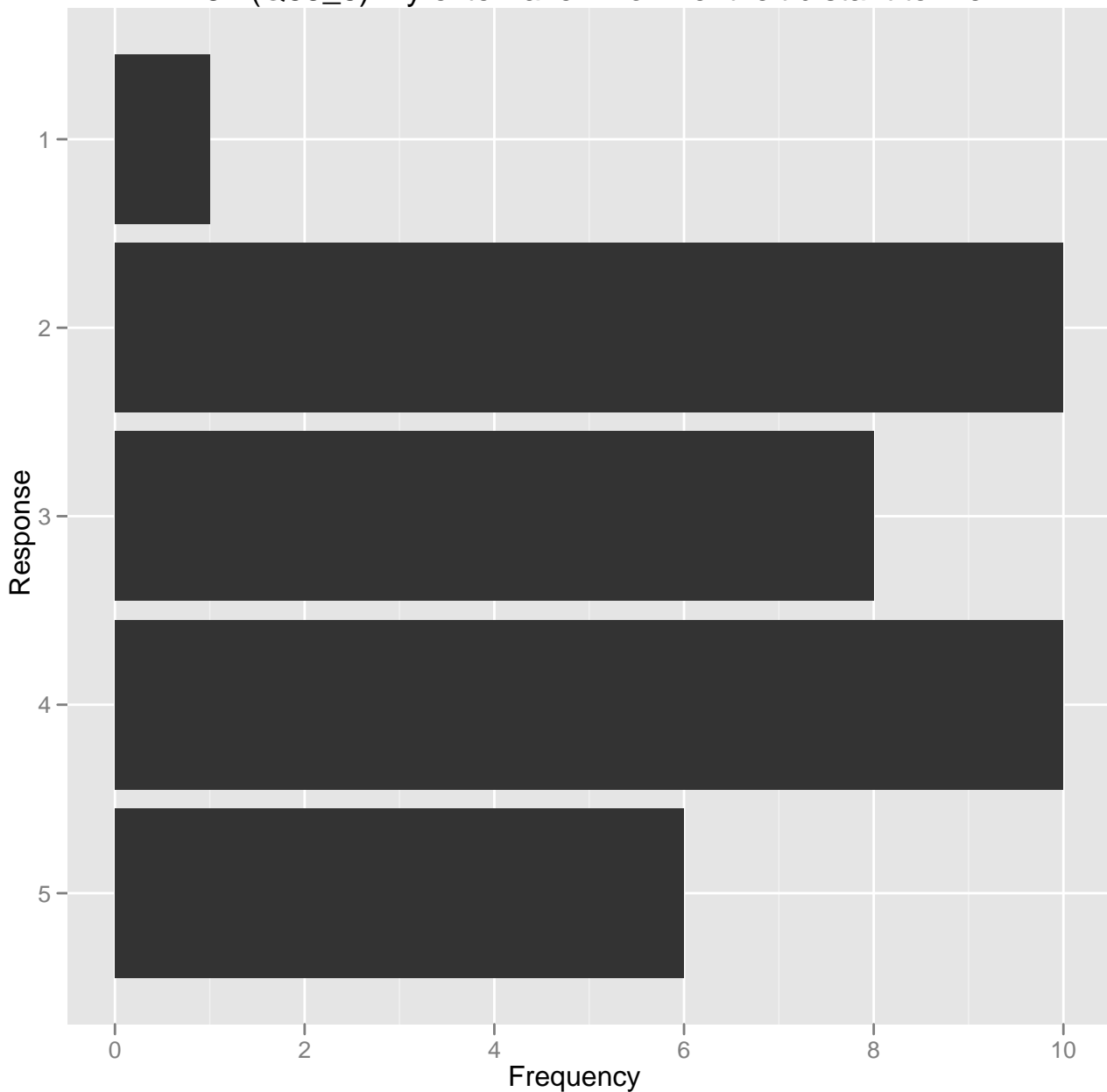
P135 (Q55_4):I was acutely aware of how long my labor was taking



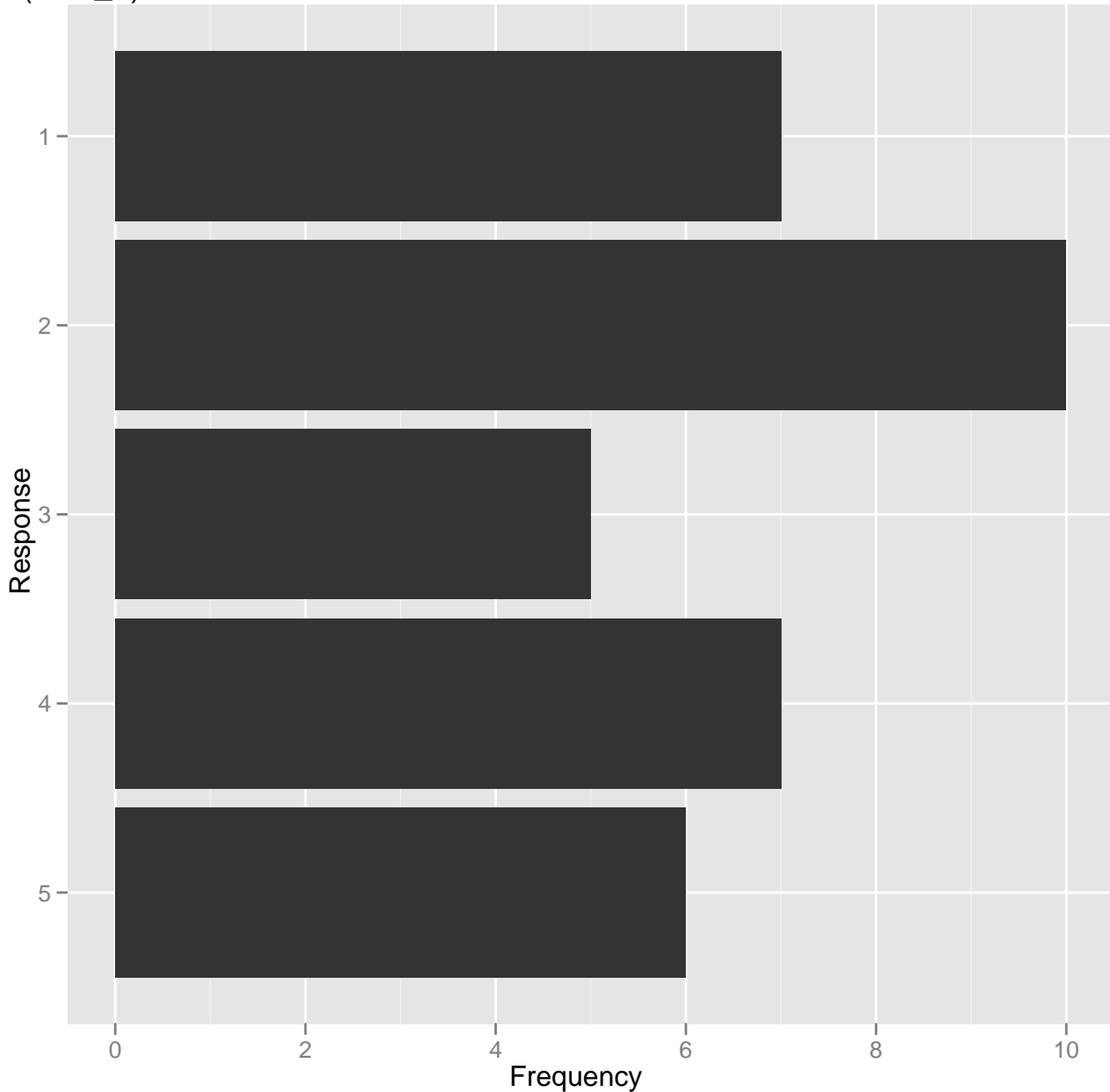
P136 (Q55_5):Everyone at my birth was following my lead



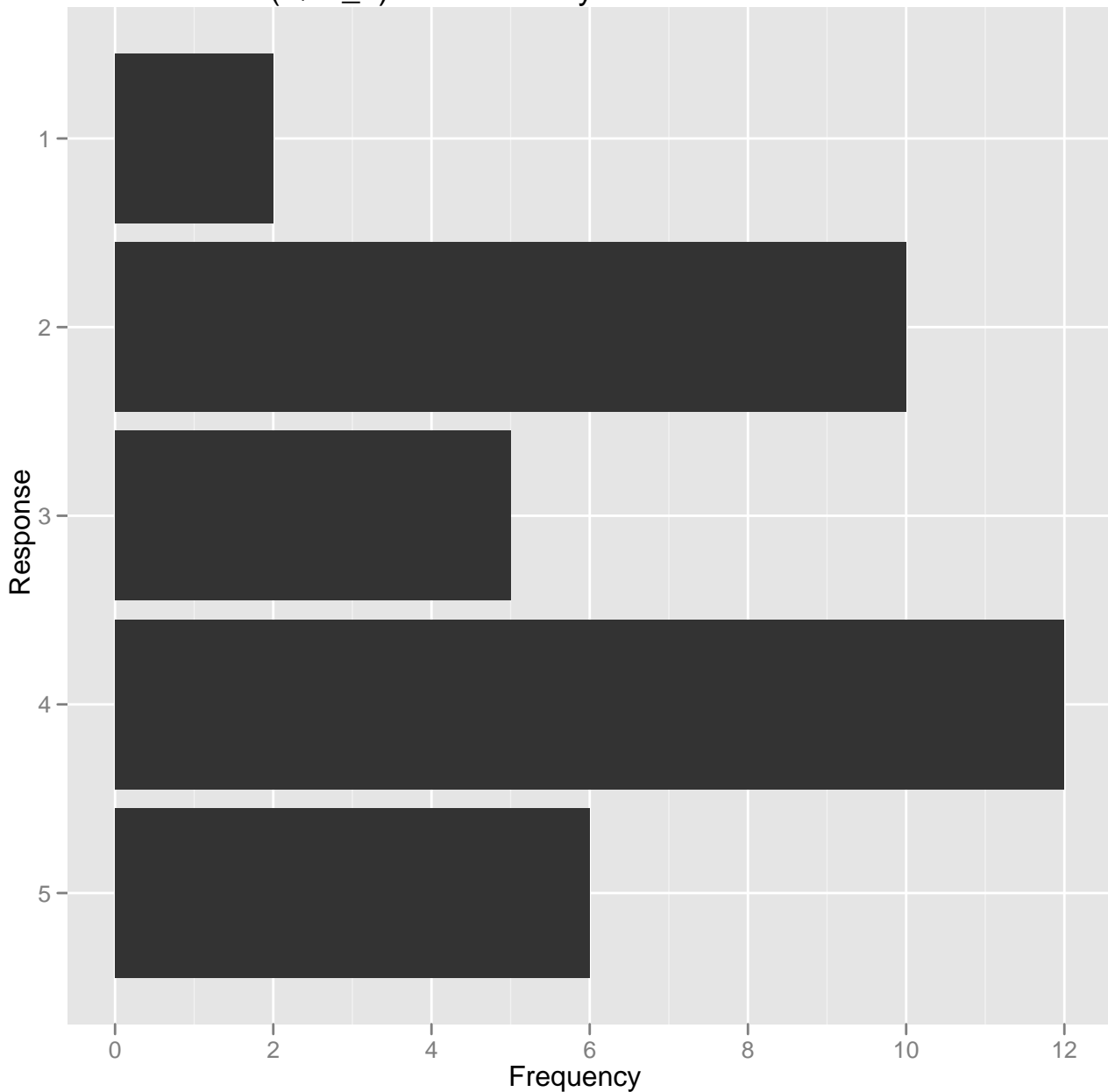
P137 (Q55_6):My external environment felt distant to me



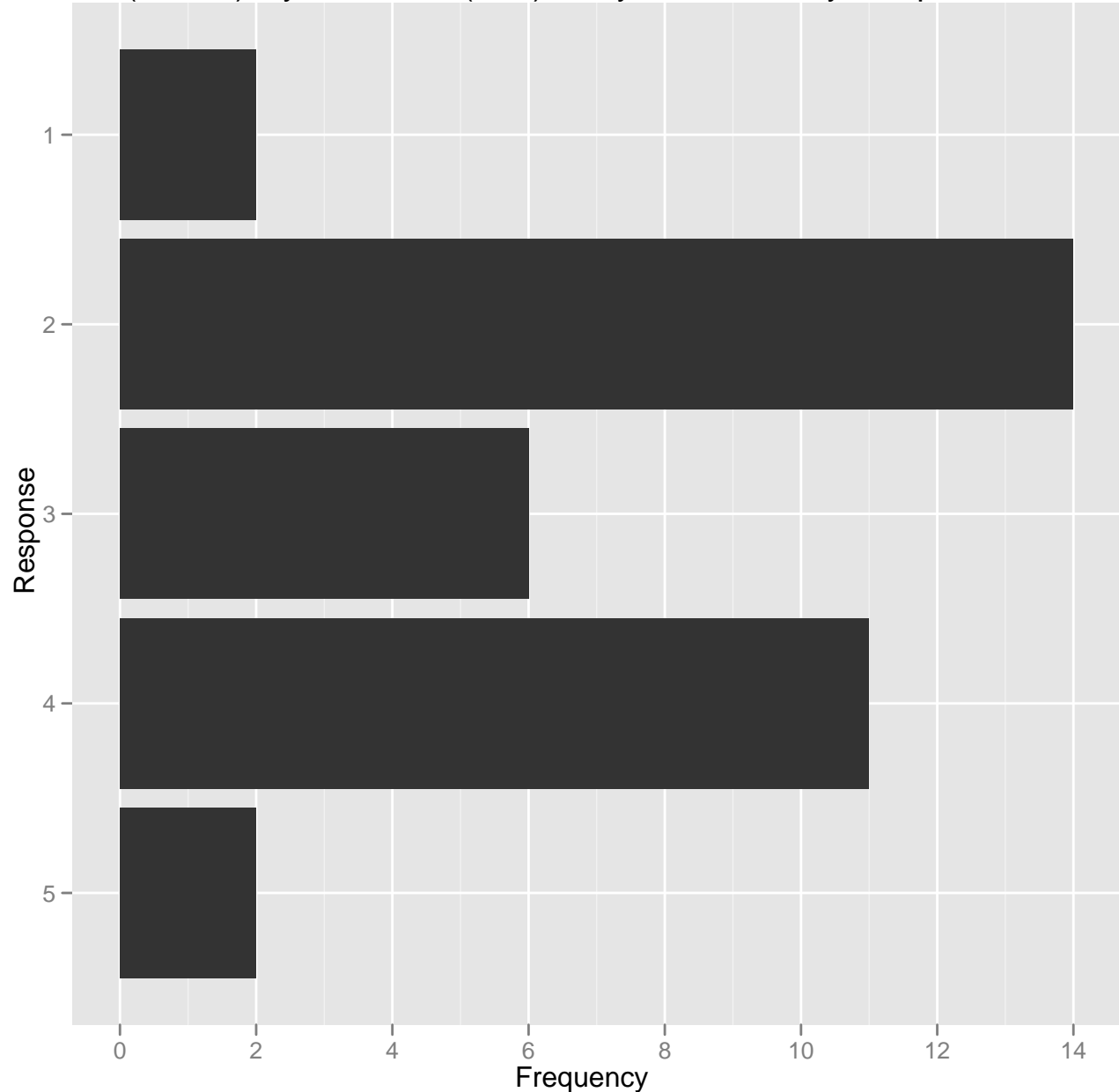
38 (Q55_7):I felt connected to all the women who have labored and birthed before



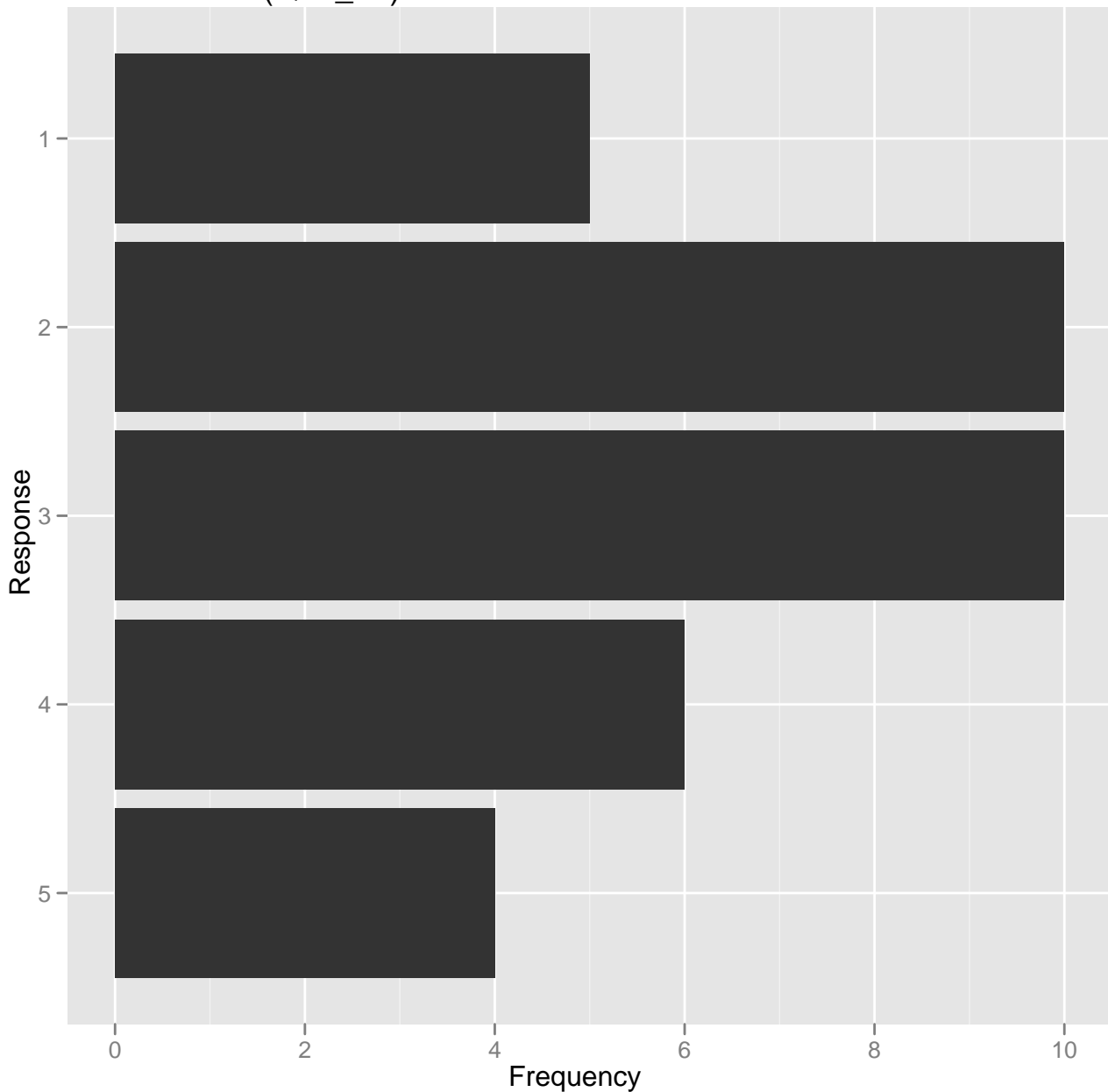
P139 (Q55_8):I found it very difficult to remain relaxed



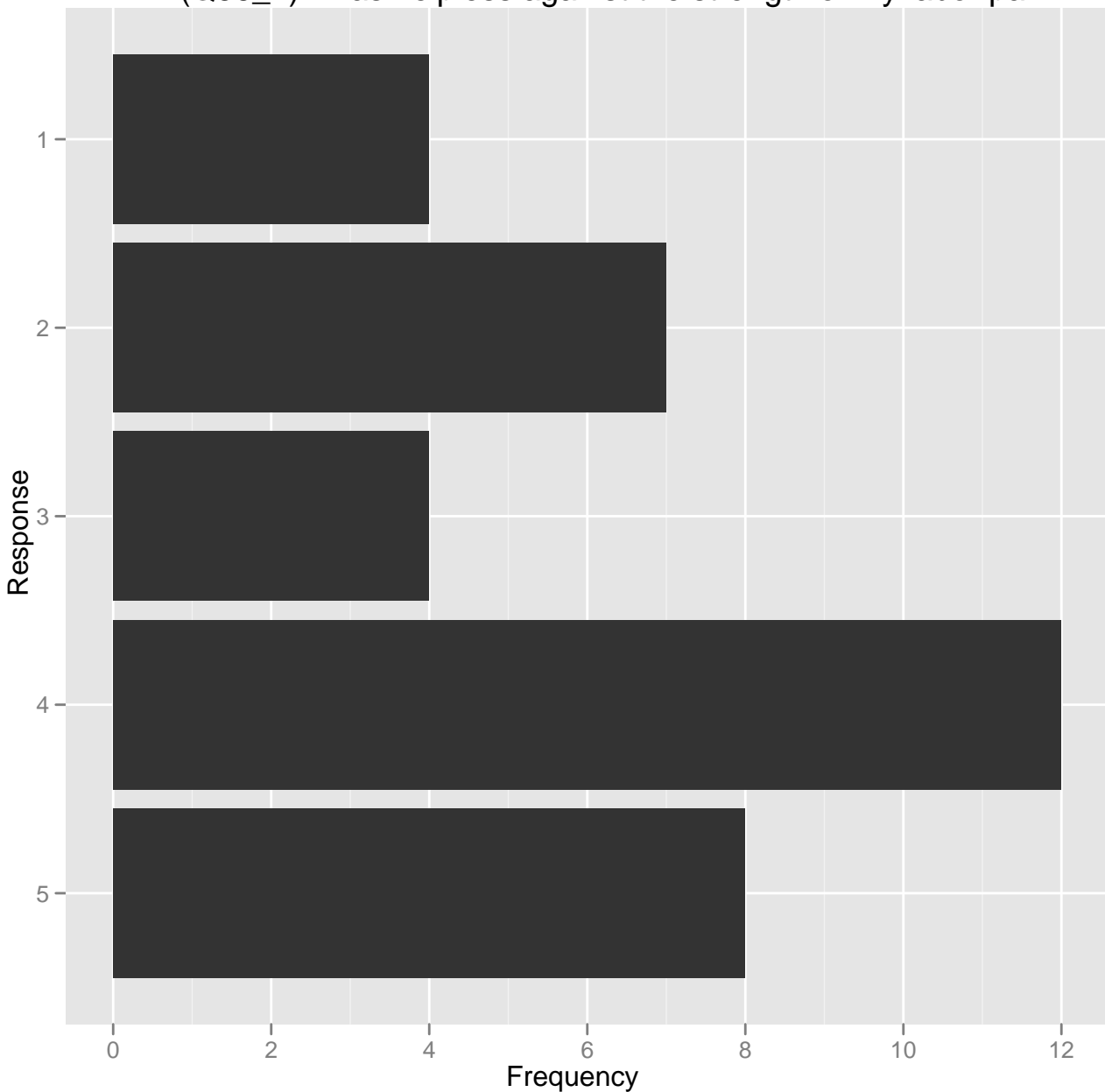
P140 (Q55_9):My memories (now) of my labor are very sharp and detailed



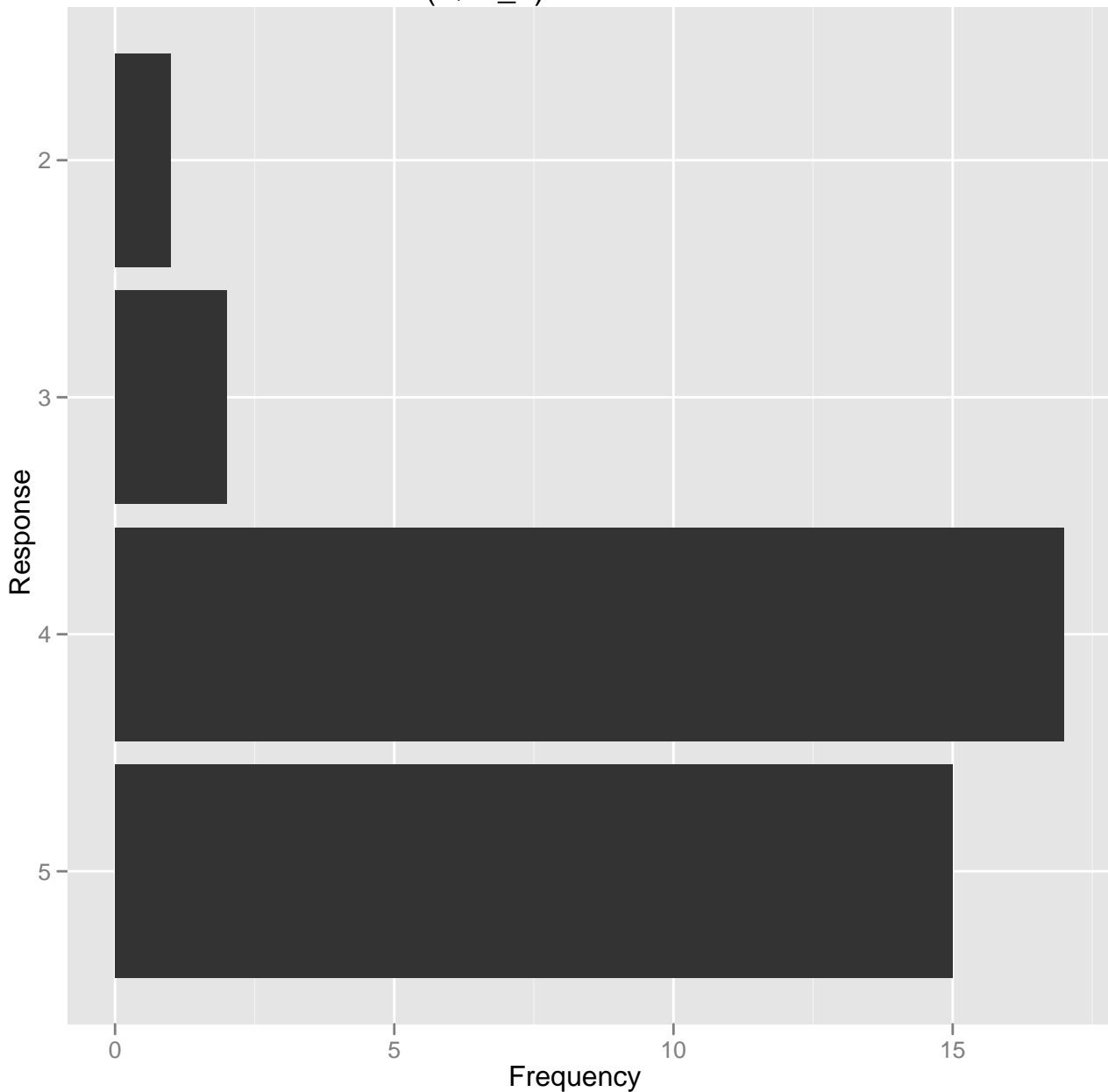
P141 (Q55_10):I felt a sense of oneness with the world



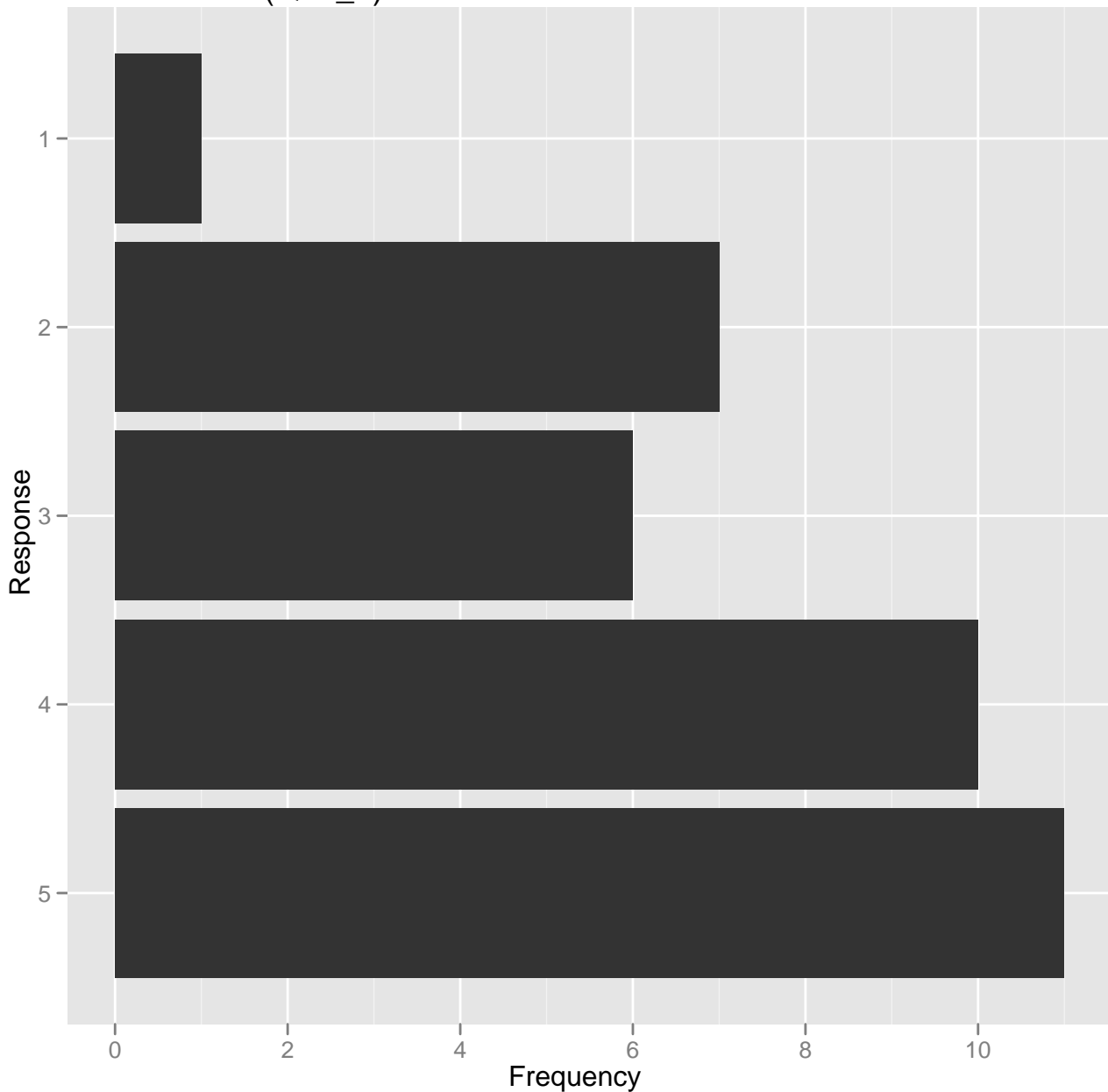
P142 (Q56_1):I was helpless against the strength of my labor pain



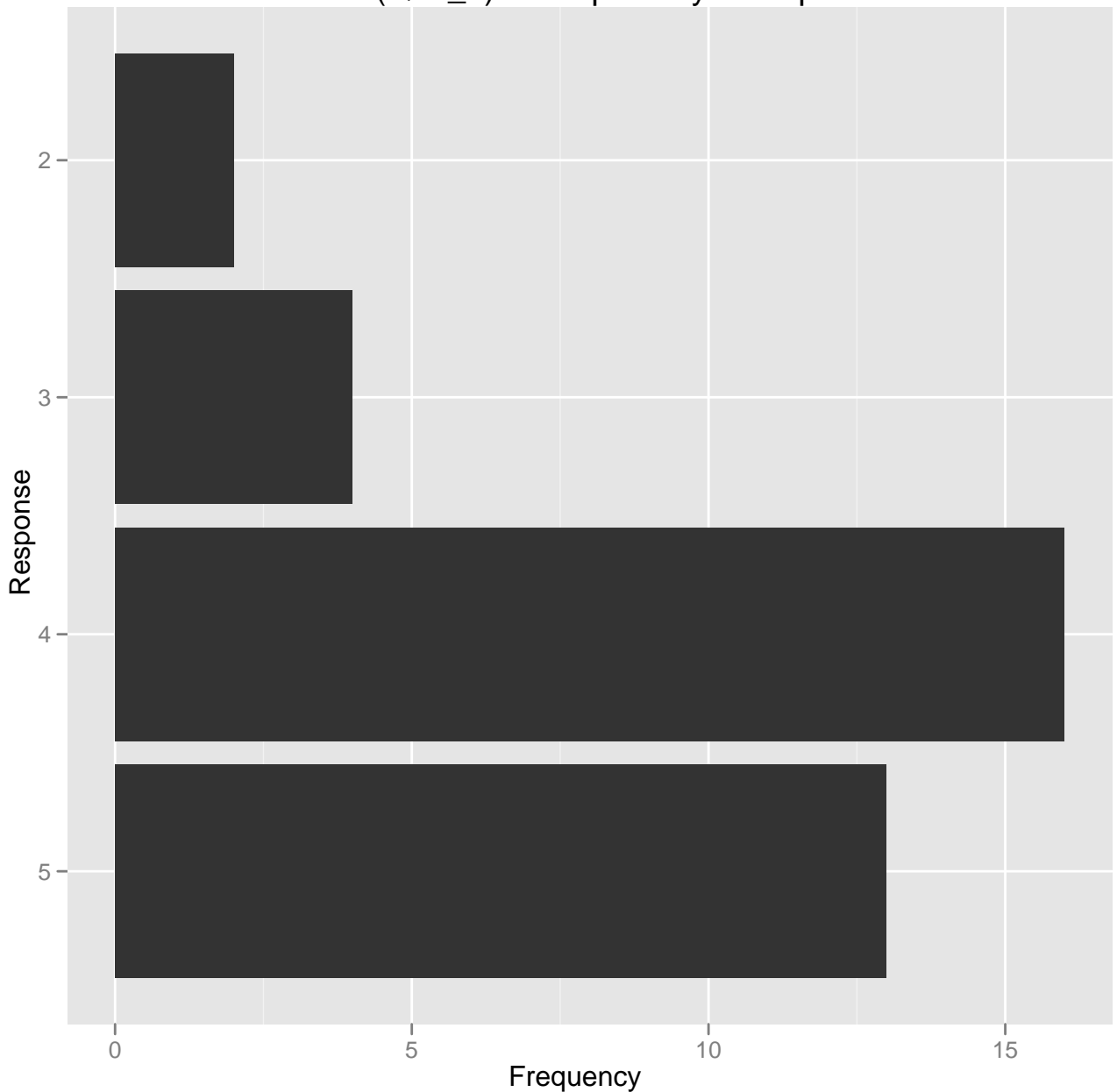
P143 (Q56_2):I lost track of time



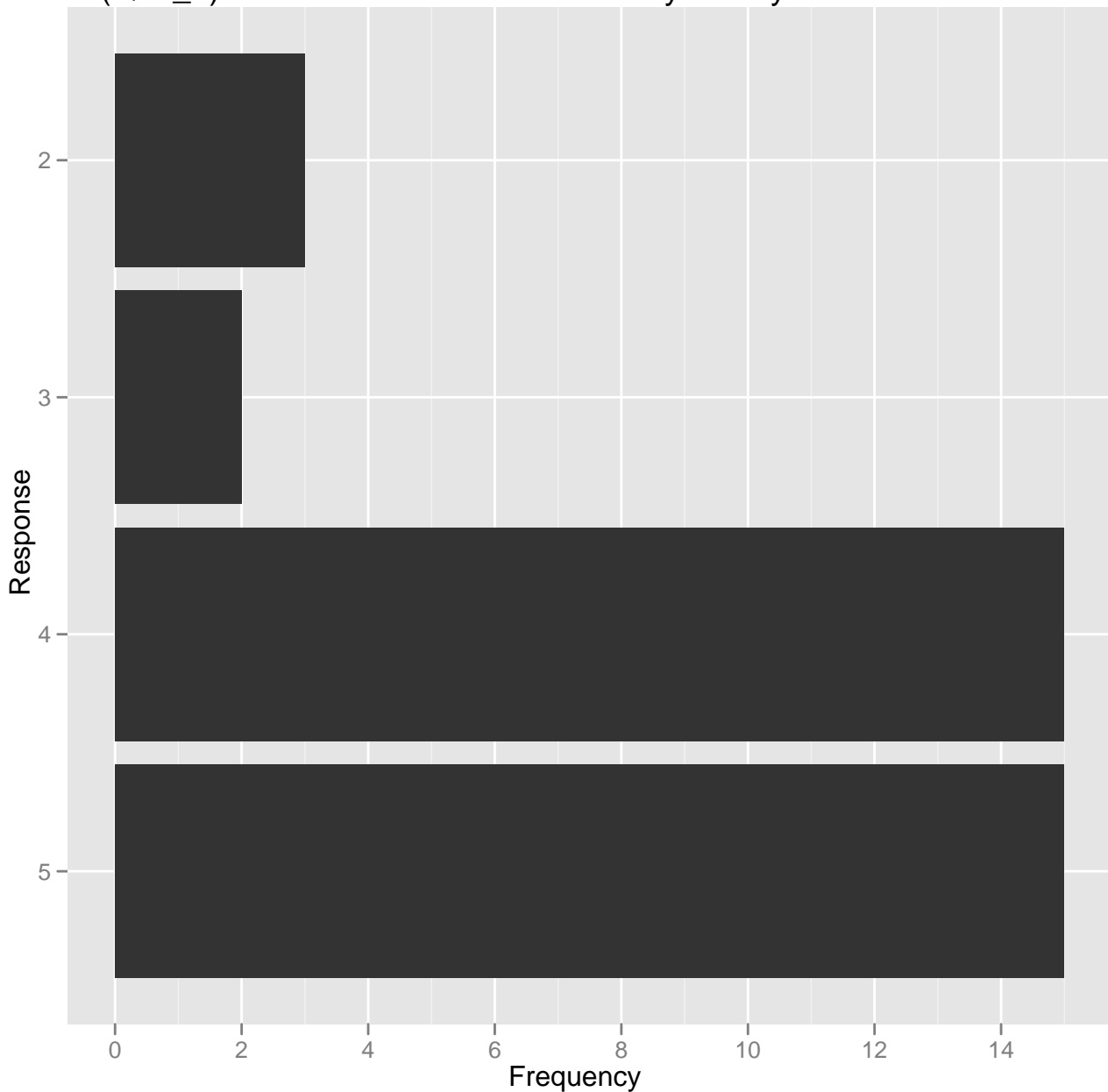
P144 (Q56_3):Time seemed to slow down or stand still



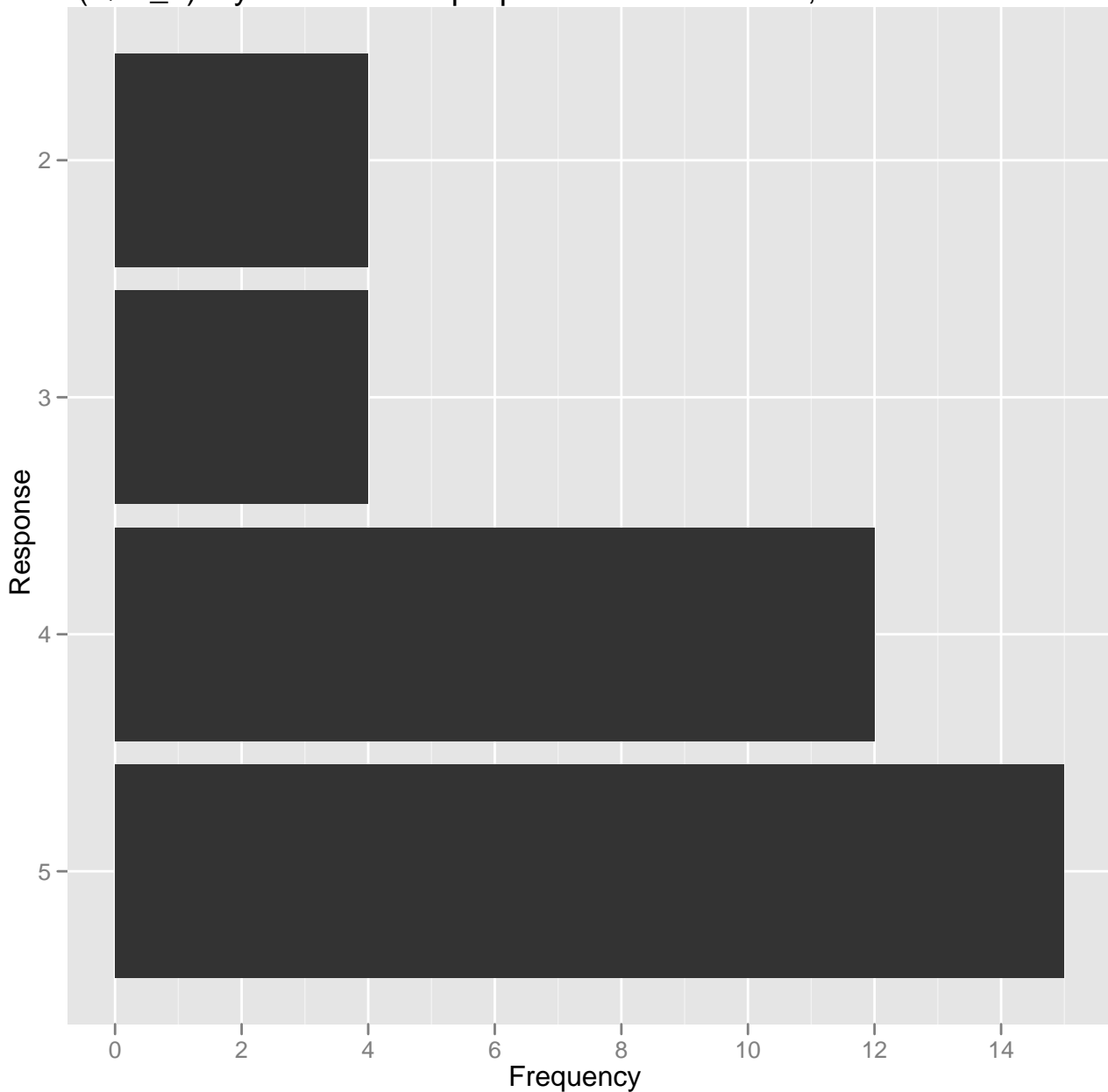
P145 (Q56_4):I accepted my labor pain



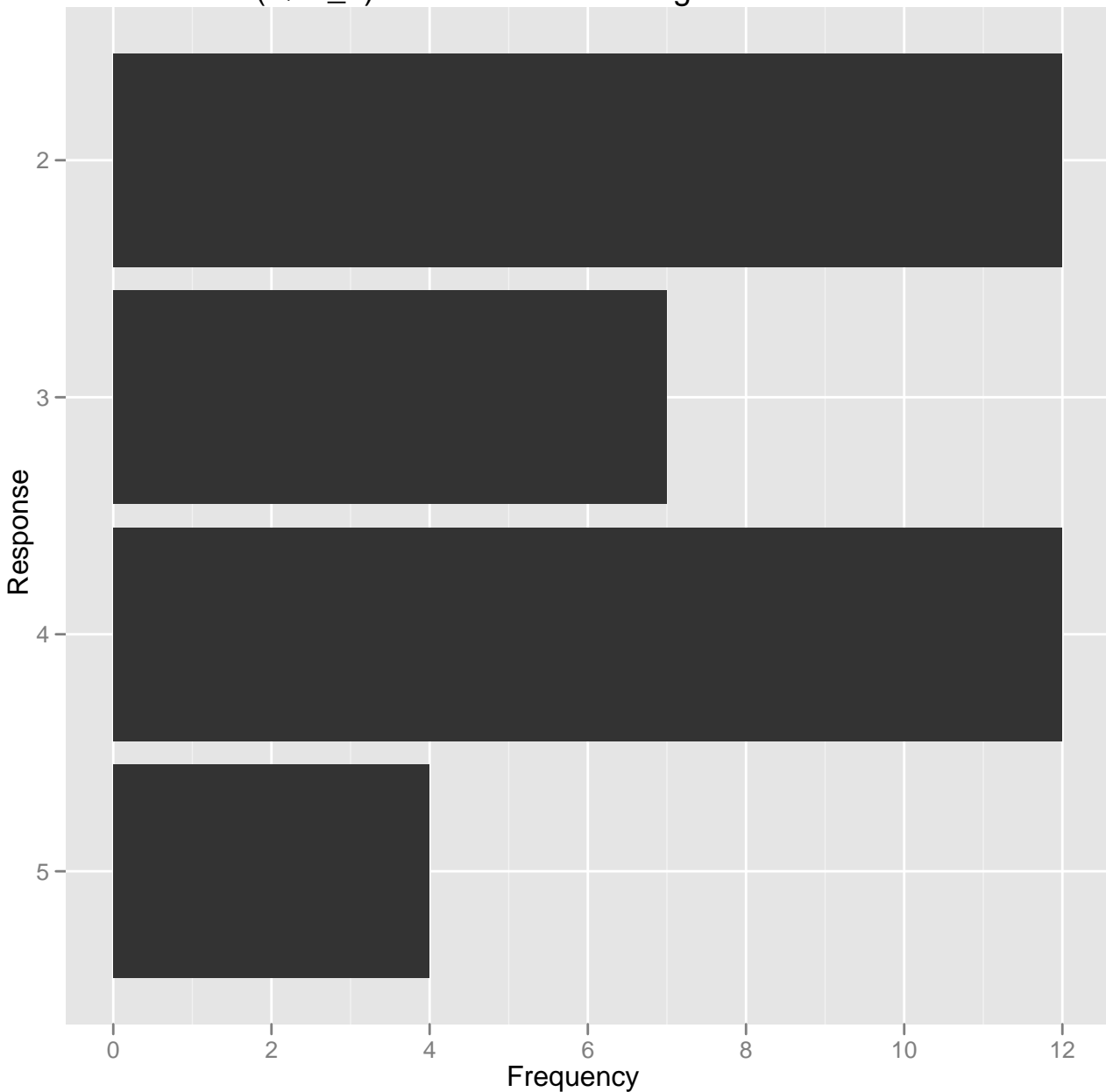
P146 (Q56_5):I was oblivious to the world beyond my immediate environment



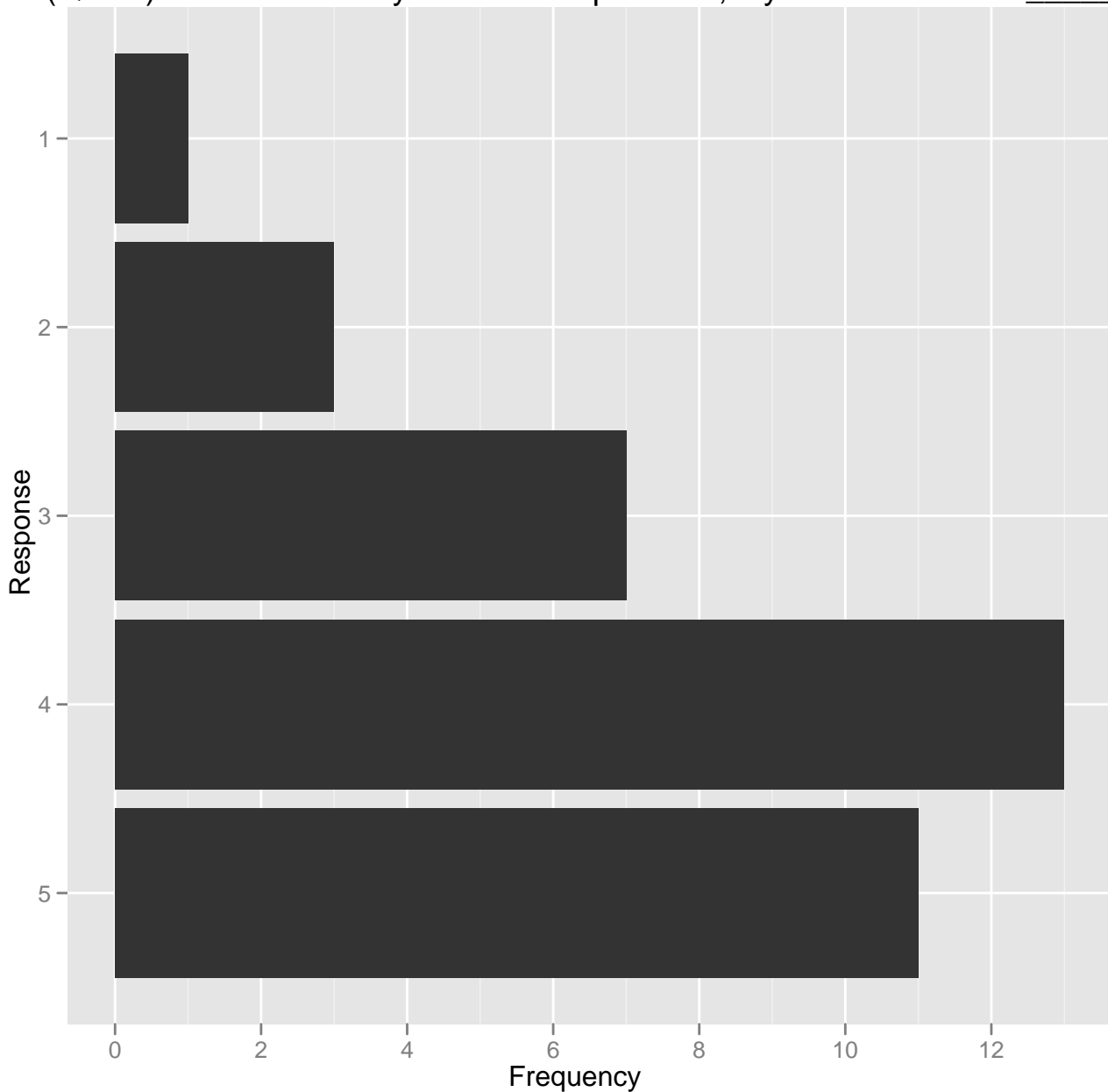
P147 (Q56_6):My actions were purposeful and essential, not frantic or excessive



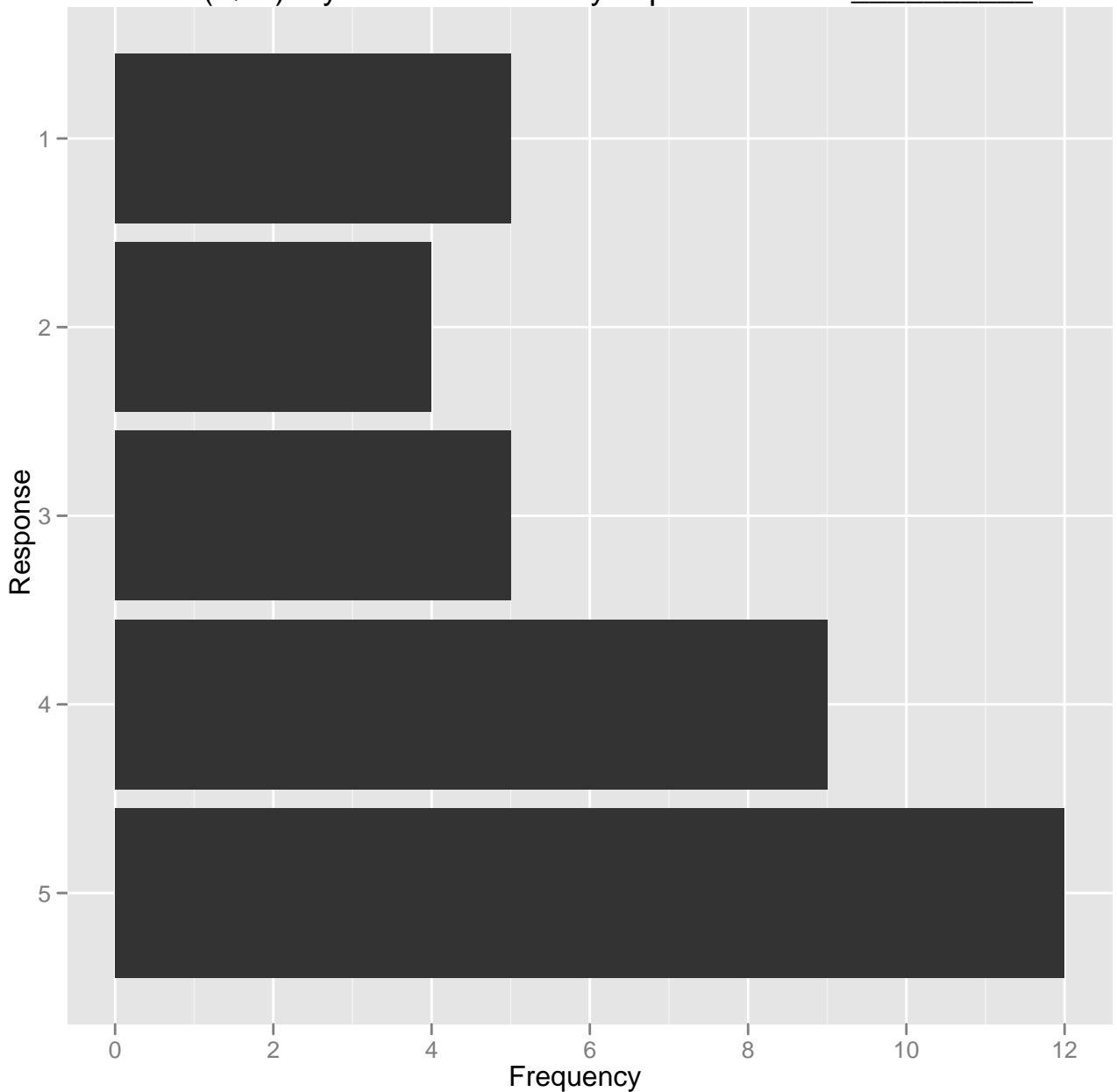
P148 (Q56_7):I dreaded the coming of each contraction



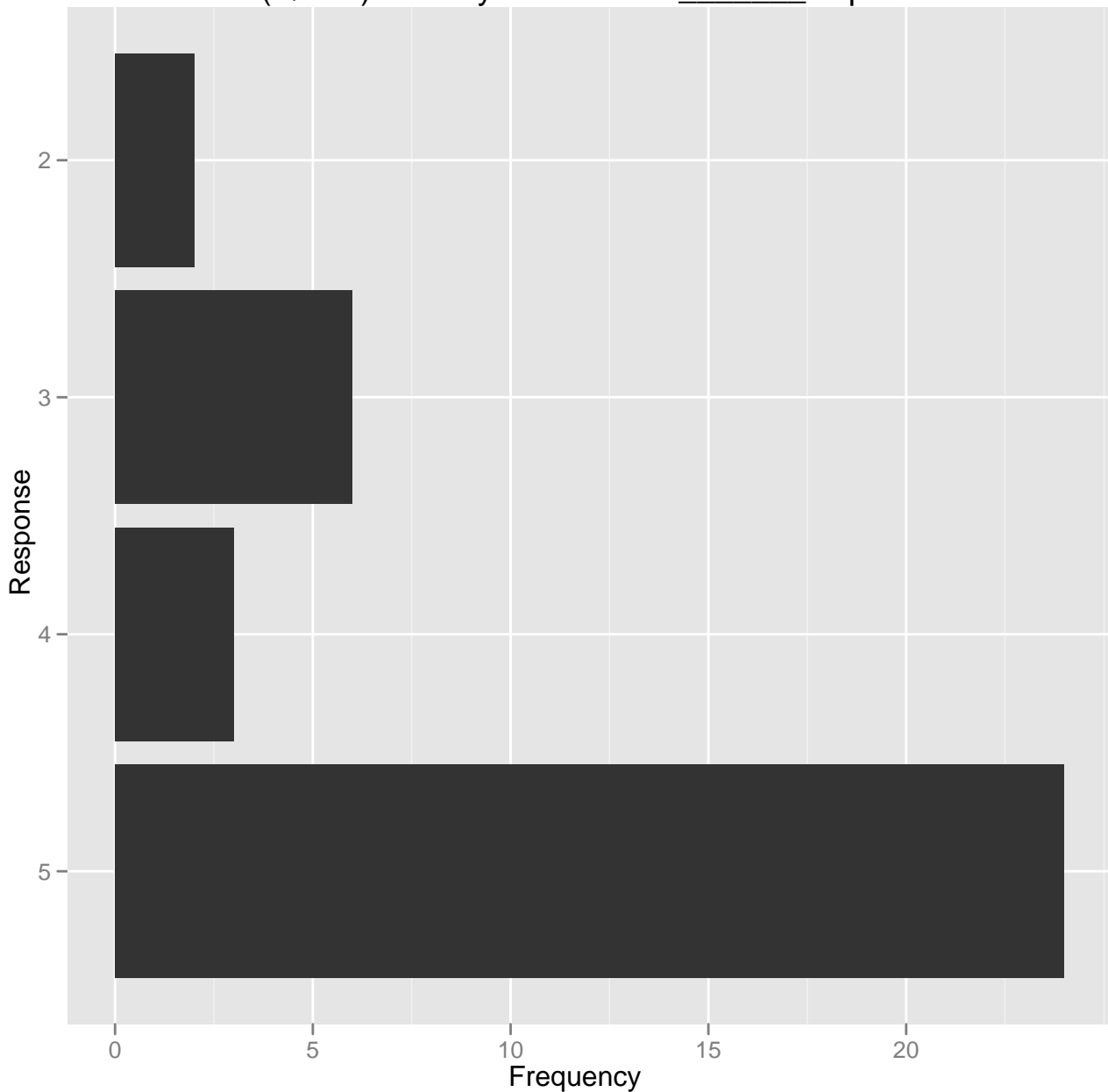
149 (Q57.1):As a result of my childbirth experience, my self-confidence _____



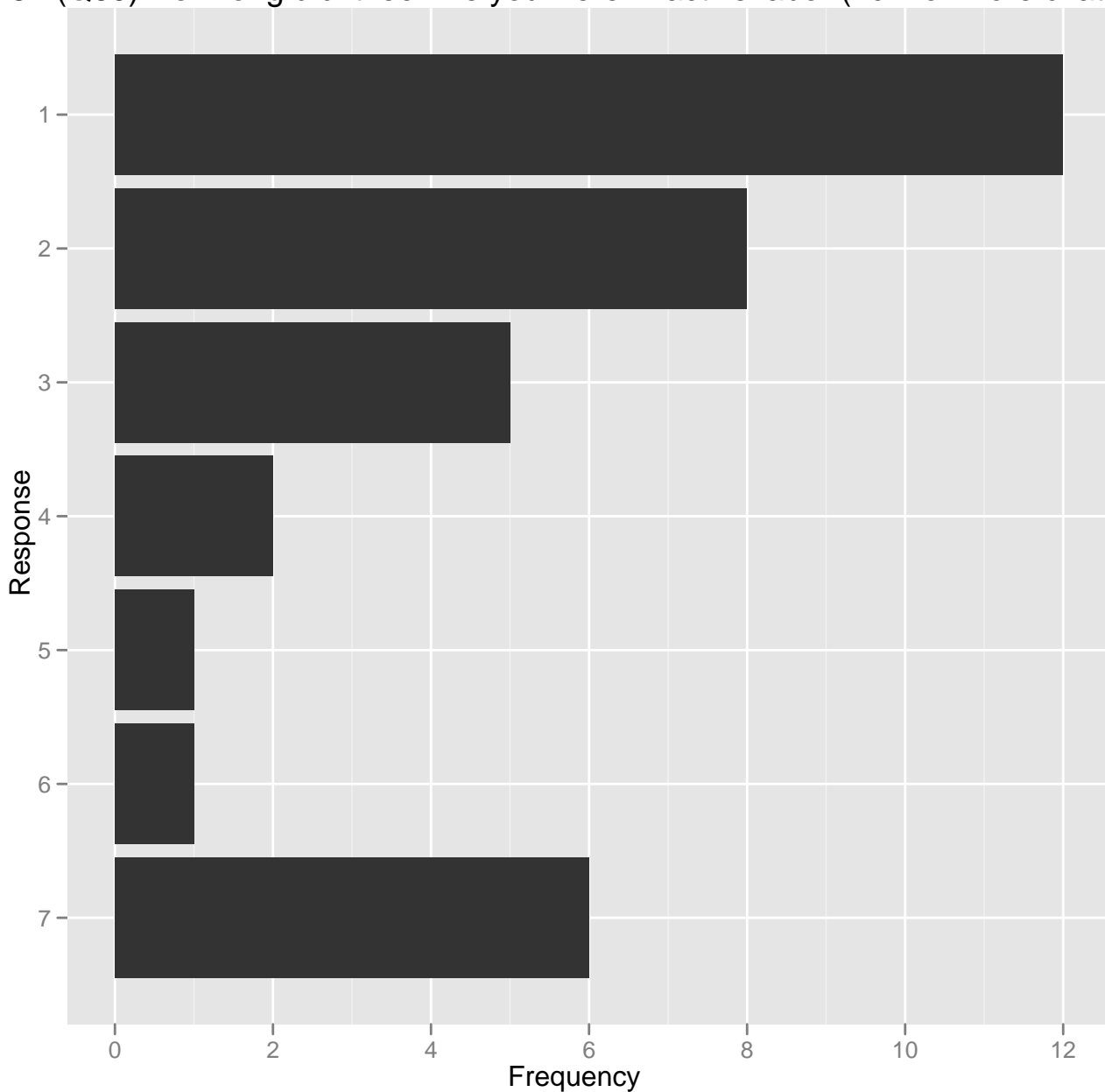
P150 (Q58):My labor and delivery experience was _____



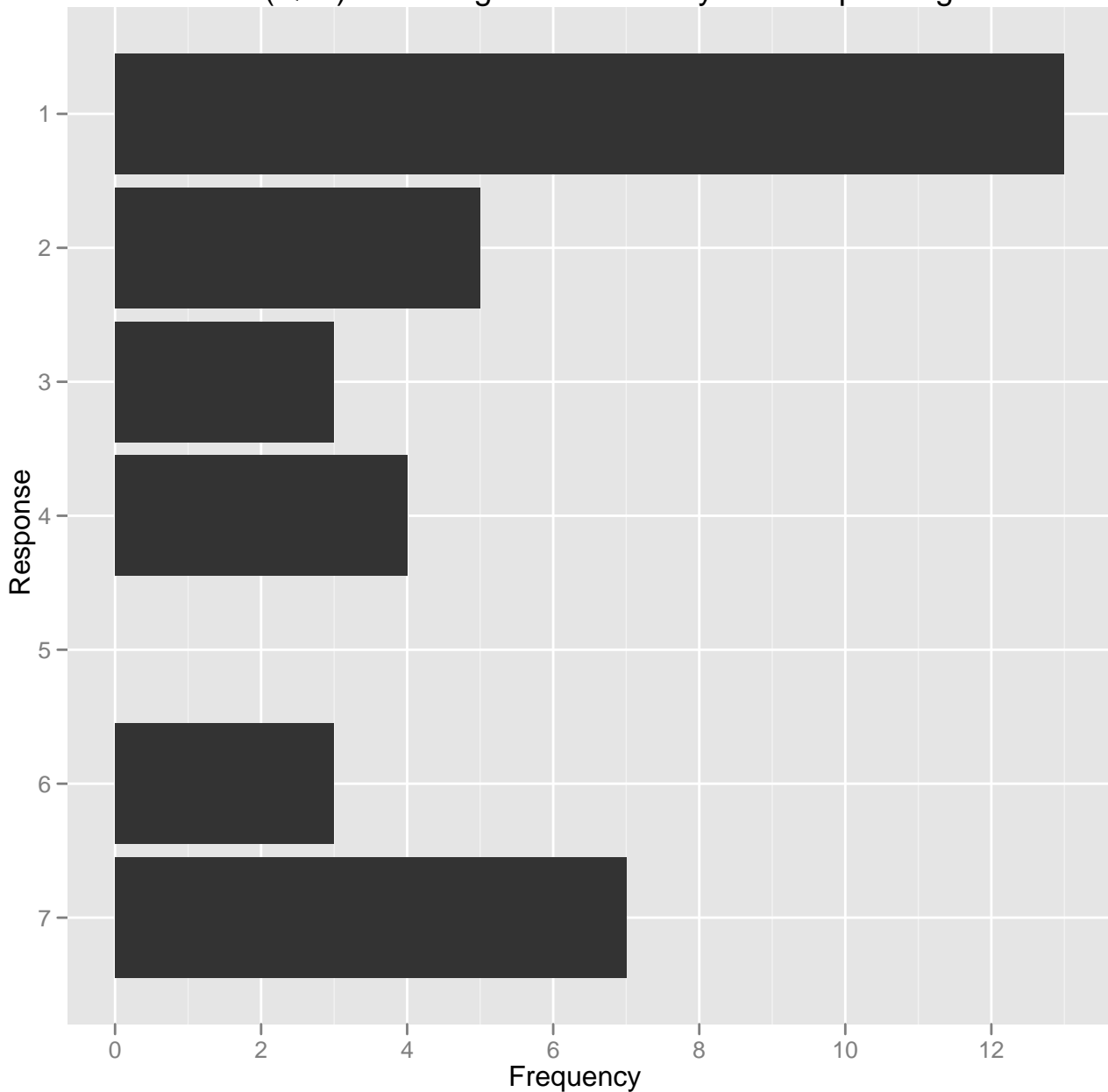
P151 (Q59.1):I felt my labor was a _____ experience



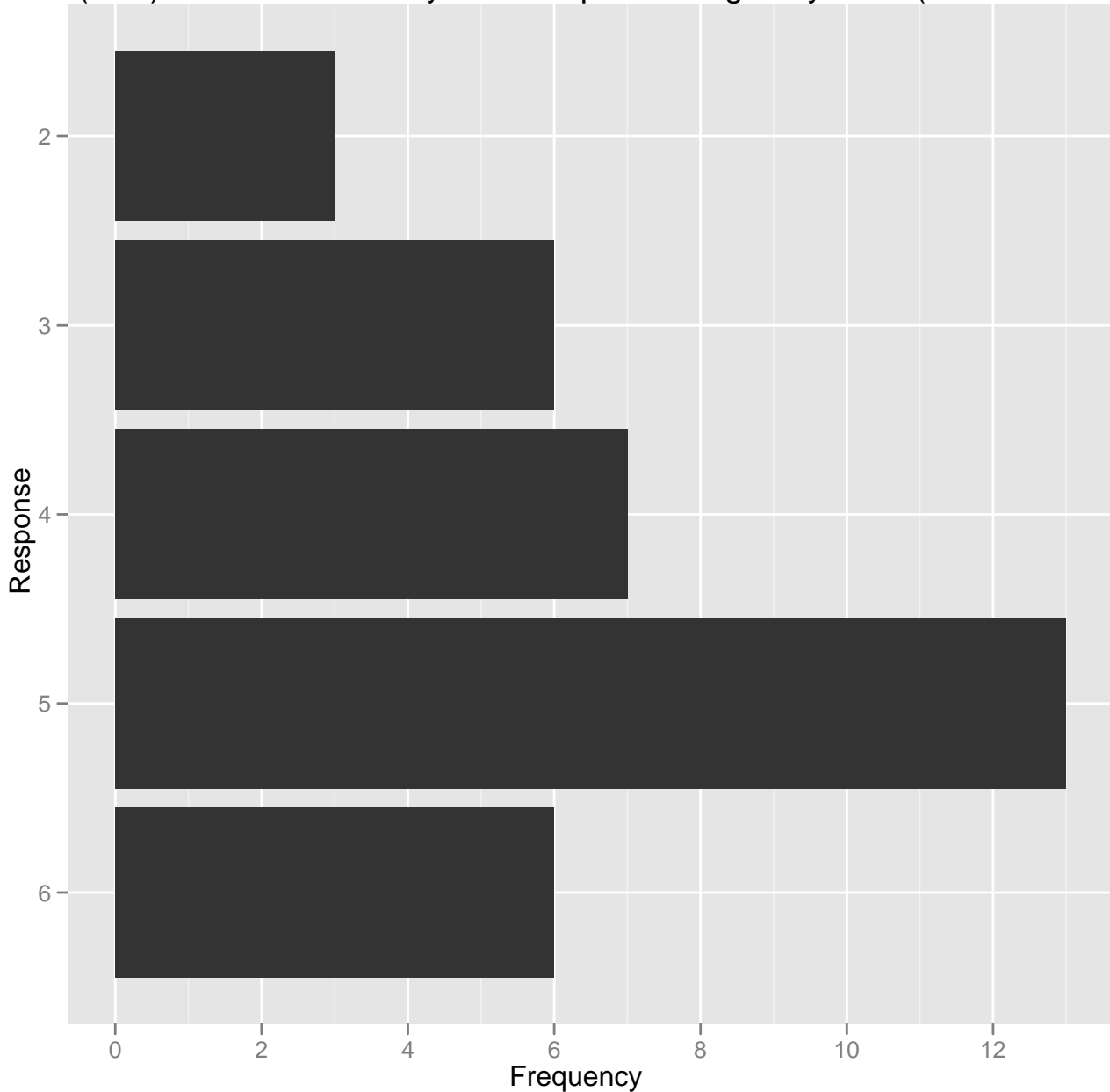
P152 (Q60):How long did it feel like you were in active labor (4cm or more dilated)?



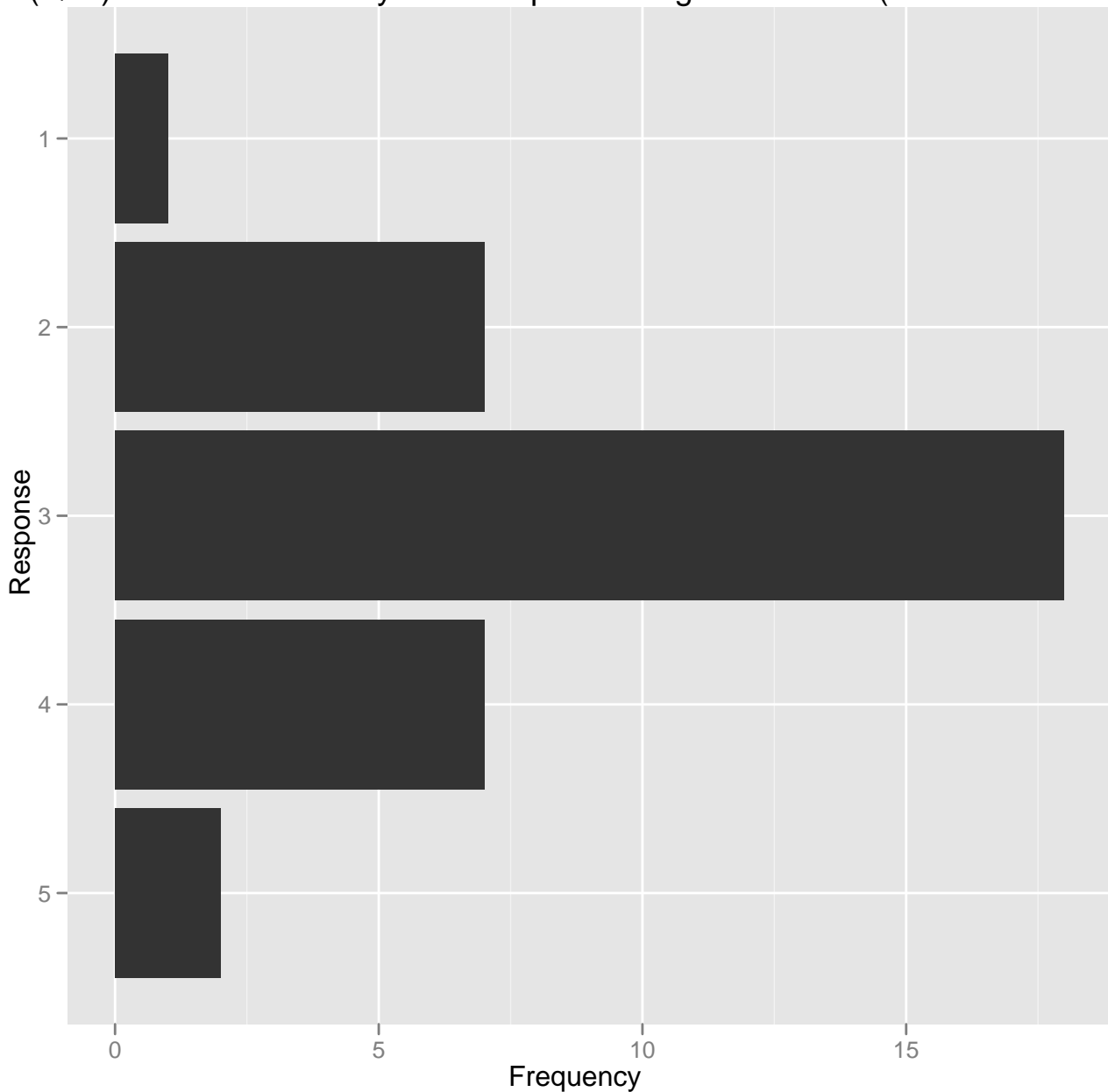
P153 (Q61):How long did it feel like you were pushing?



P154 (Q62):How intense was your labor pain during early labor (0–4cm dilated)?



55 (Q63):How intense was your labor pain during active labor (4cm or more dilated)



P156 (Q64):How intense was your labor pain during pushing?

