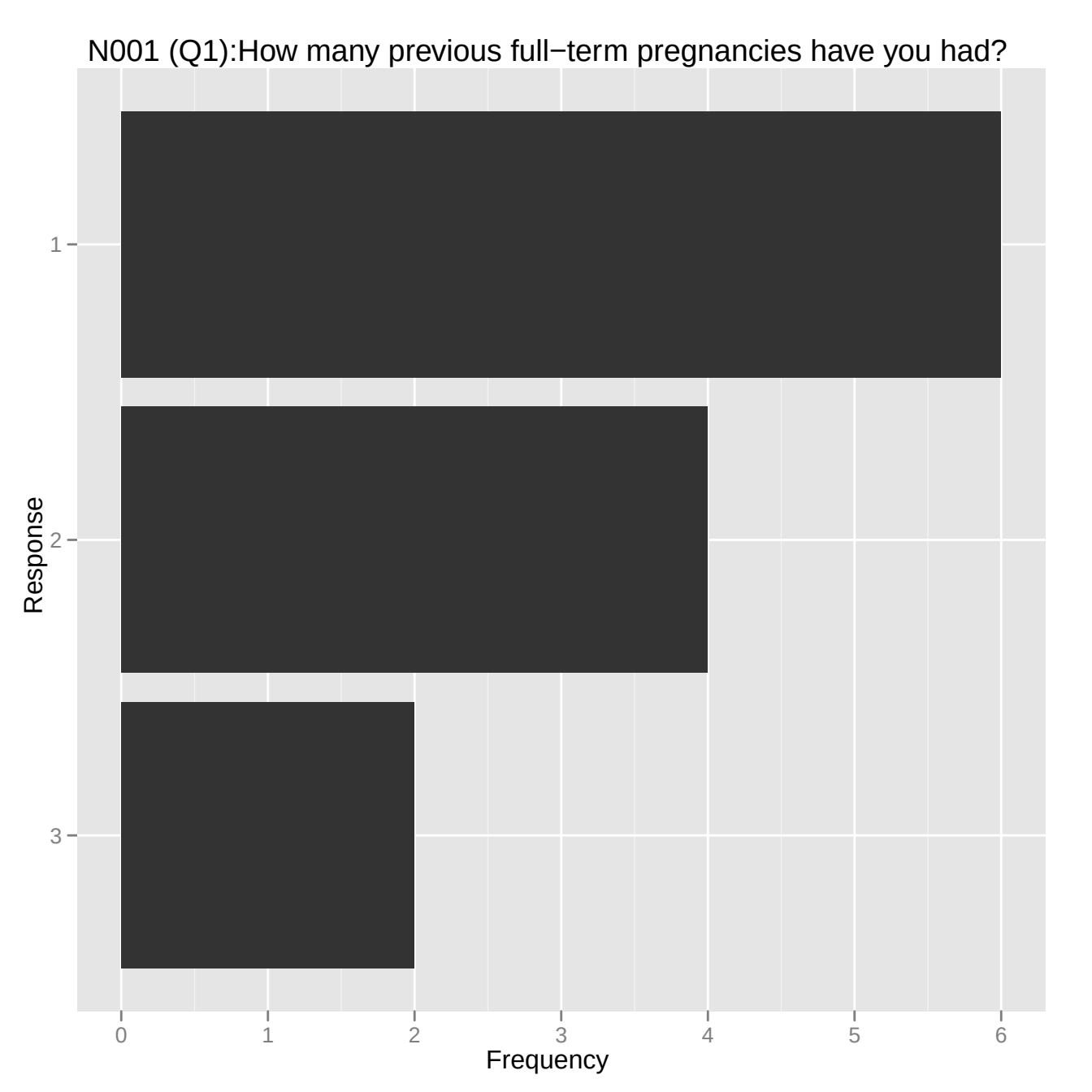
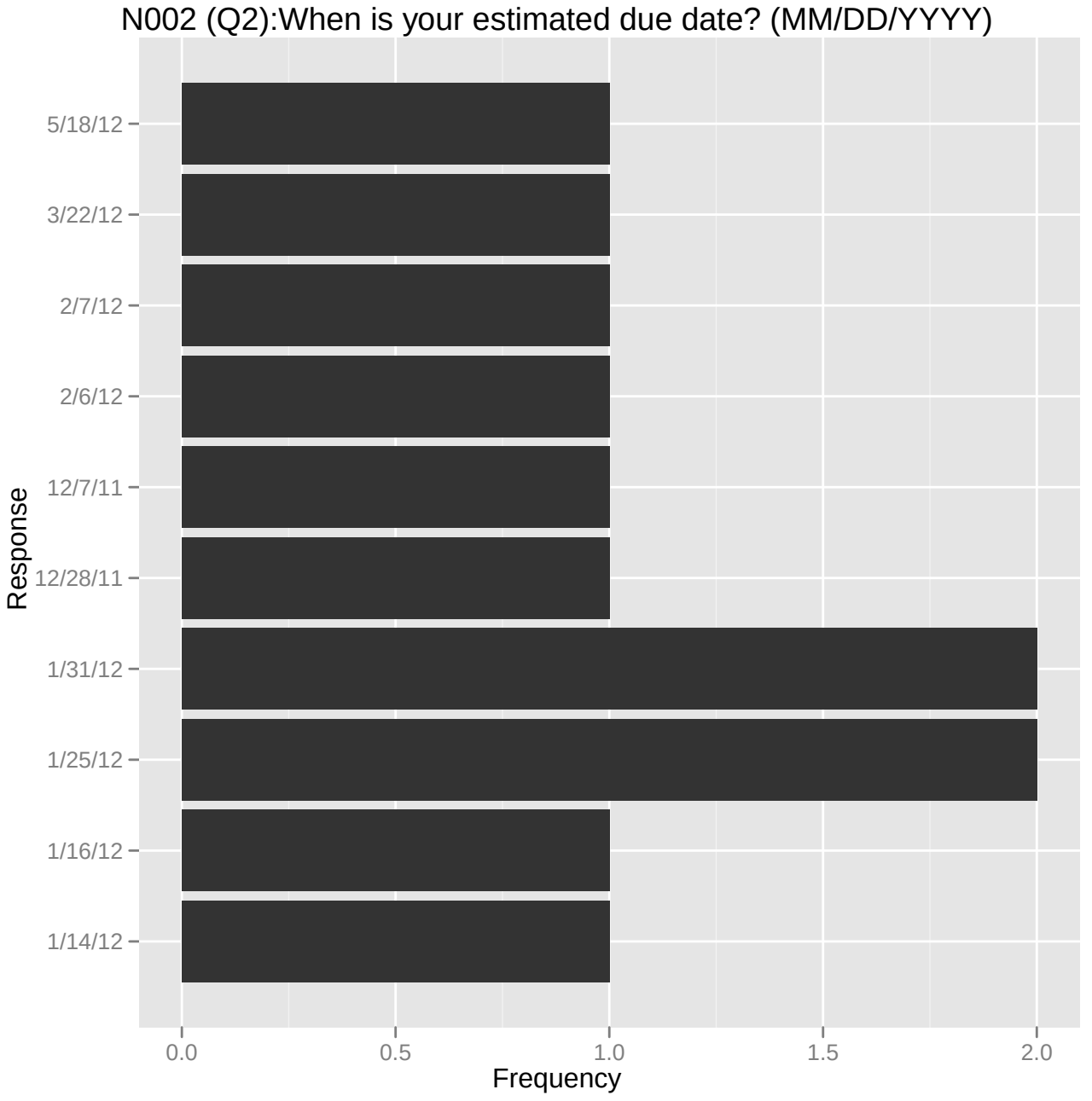
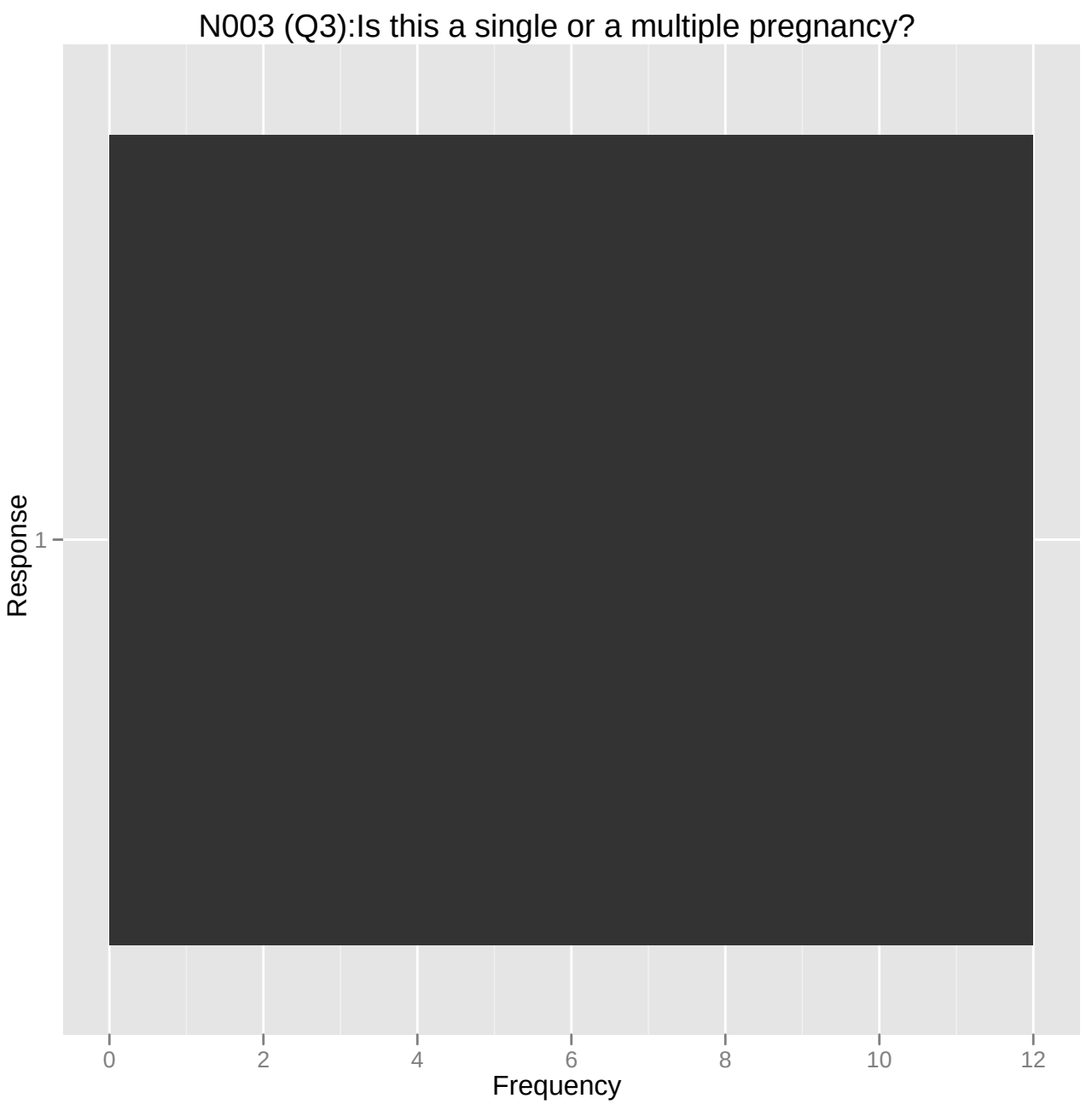
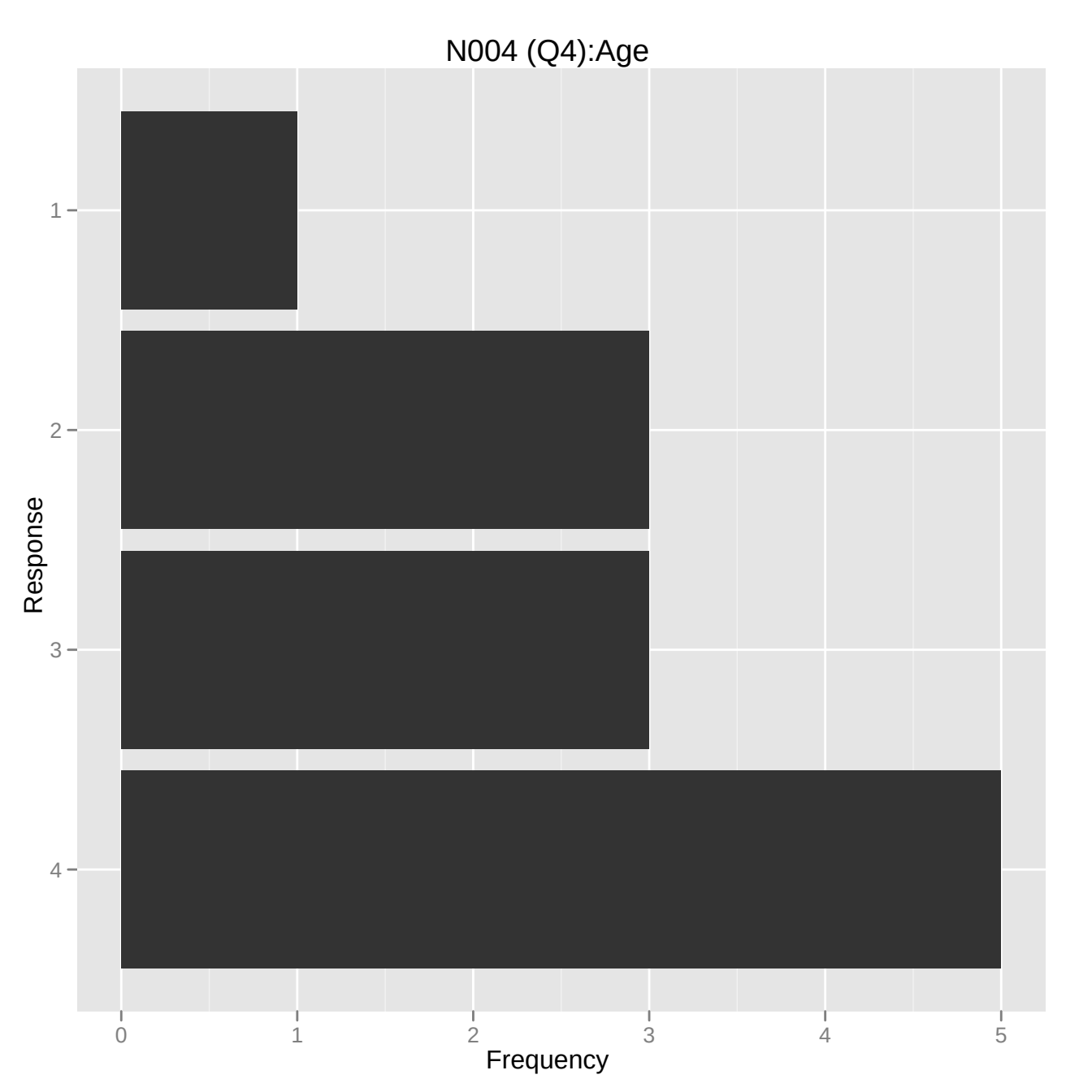
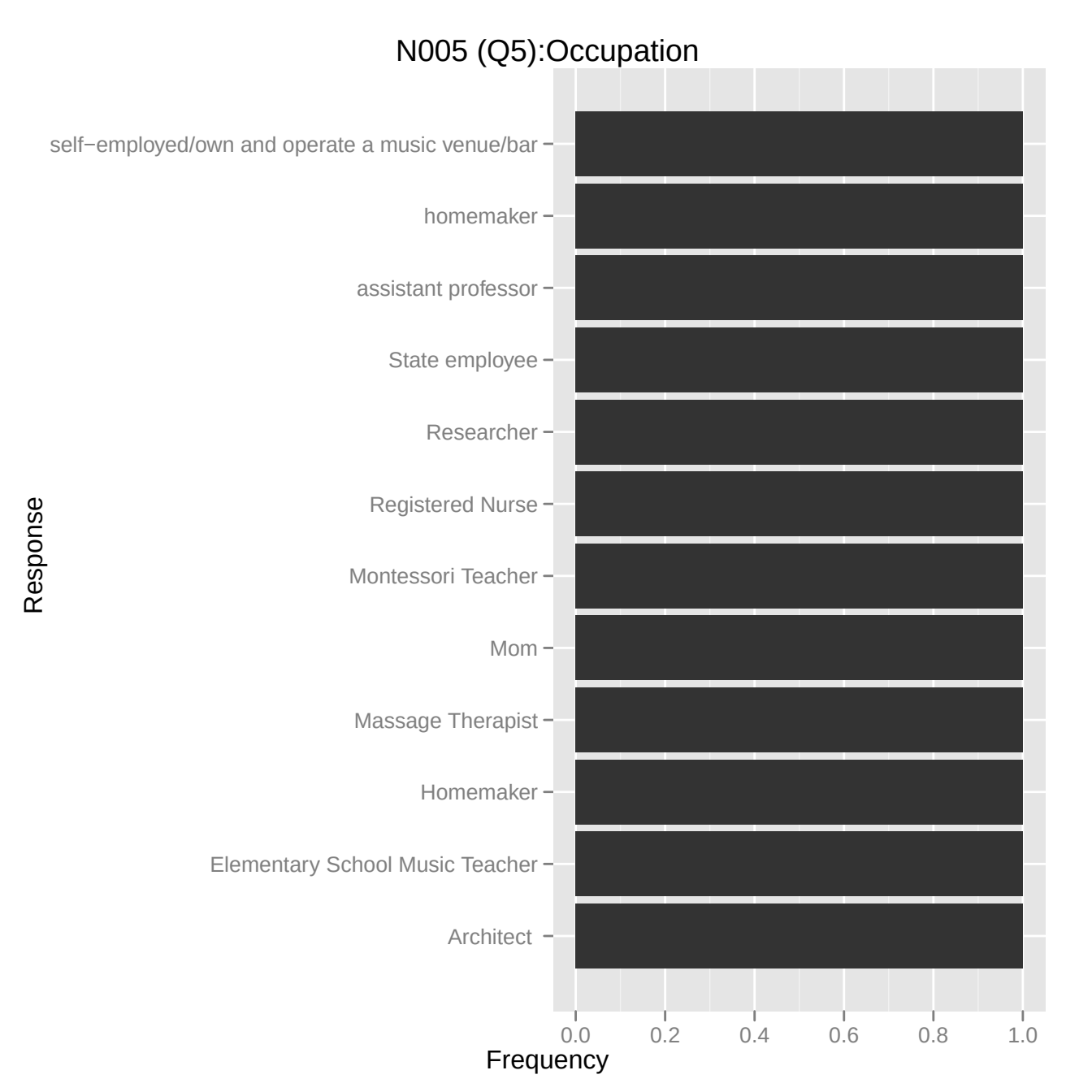
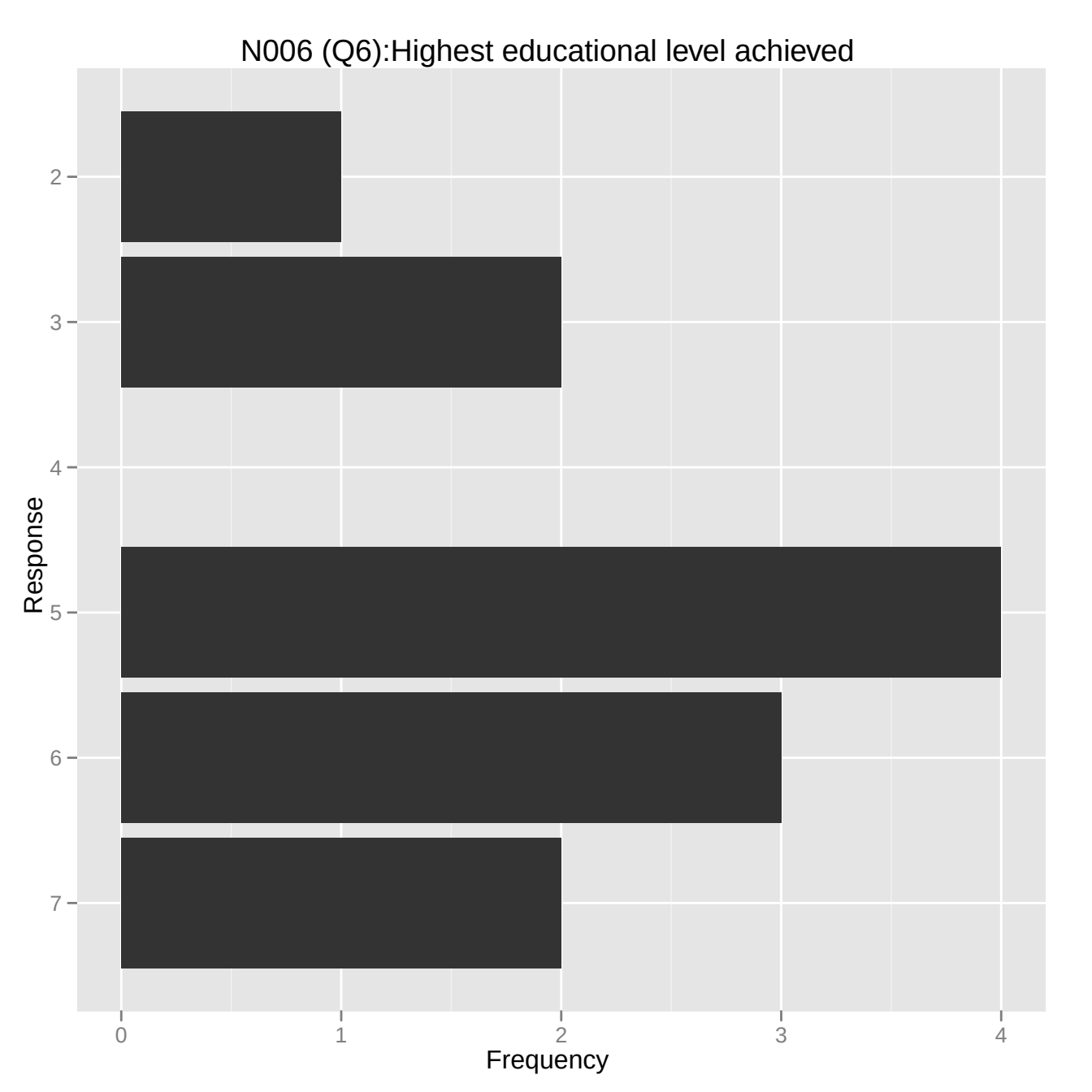

N001 (Q1):How many previous full−term pregnancies have you had?
Response
1
2
3
0
1
2
3
4
5
6
Frequency

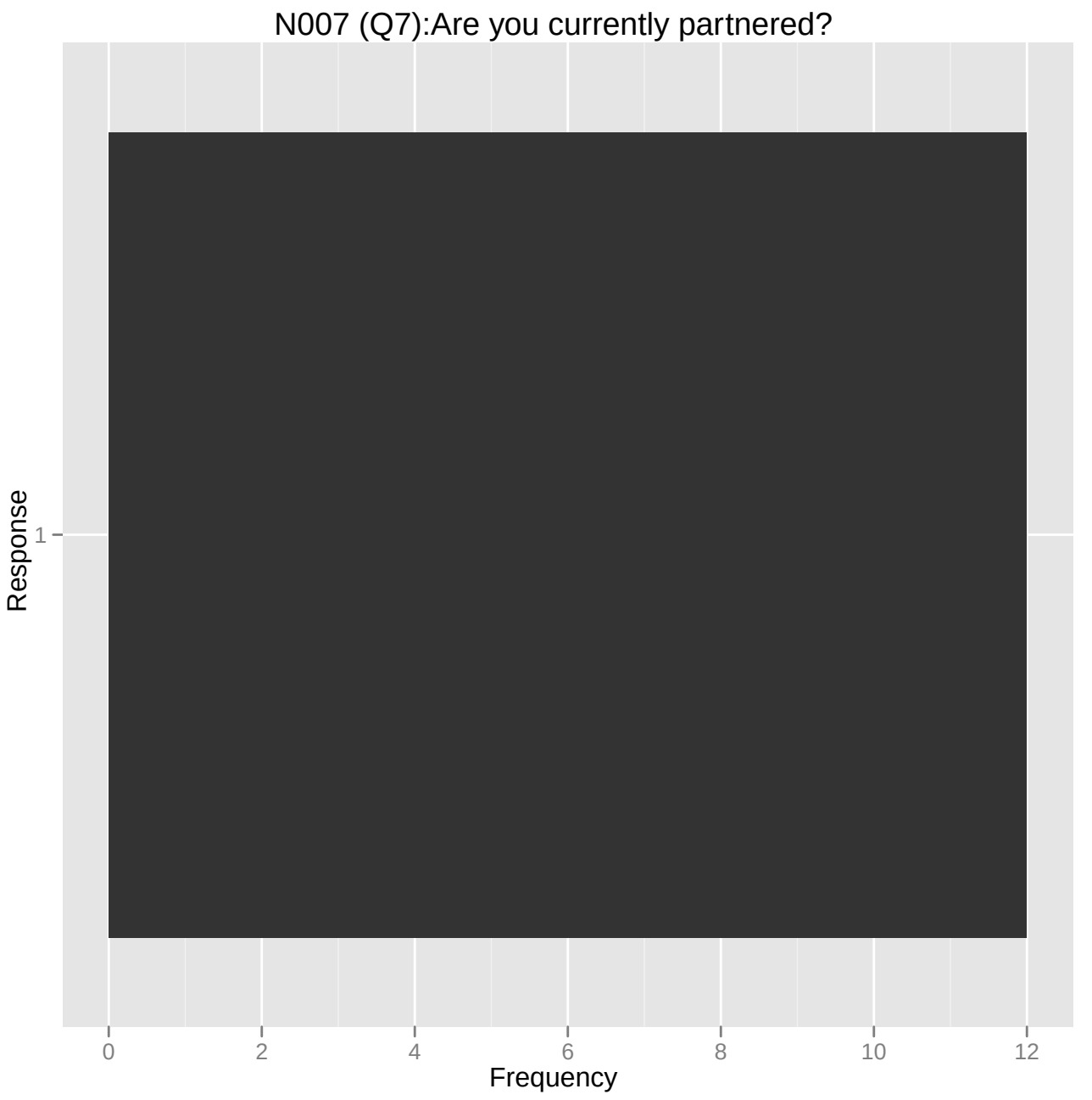

N002 (Q2):When is your estimated due date? (MM/DD/YYYY)
Response
5/18/12
3/22/12
2/7/12
2/6/12
12/7/11
12/28/11
1/31/12
1/25/12
1/16/12
1/14/12
0.0
0.5
1.0
1.5
2.0
Frequency

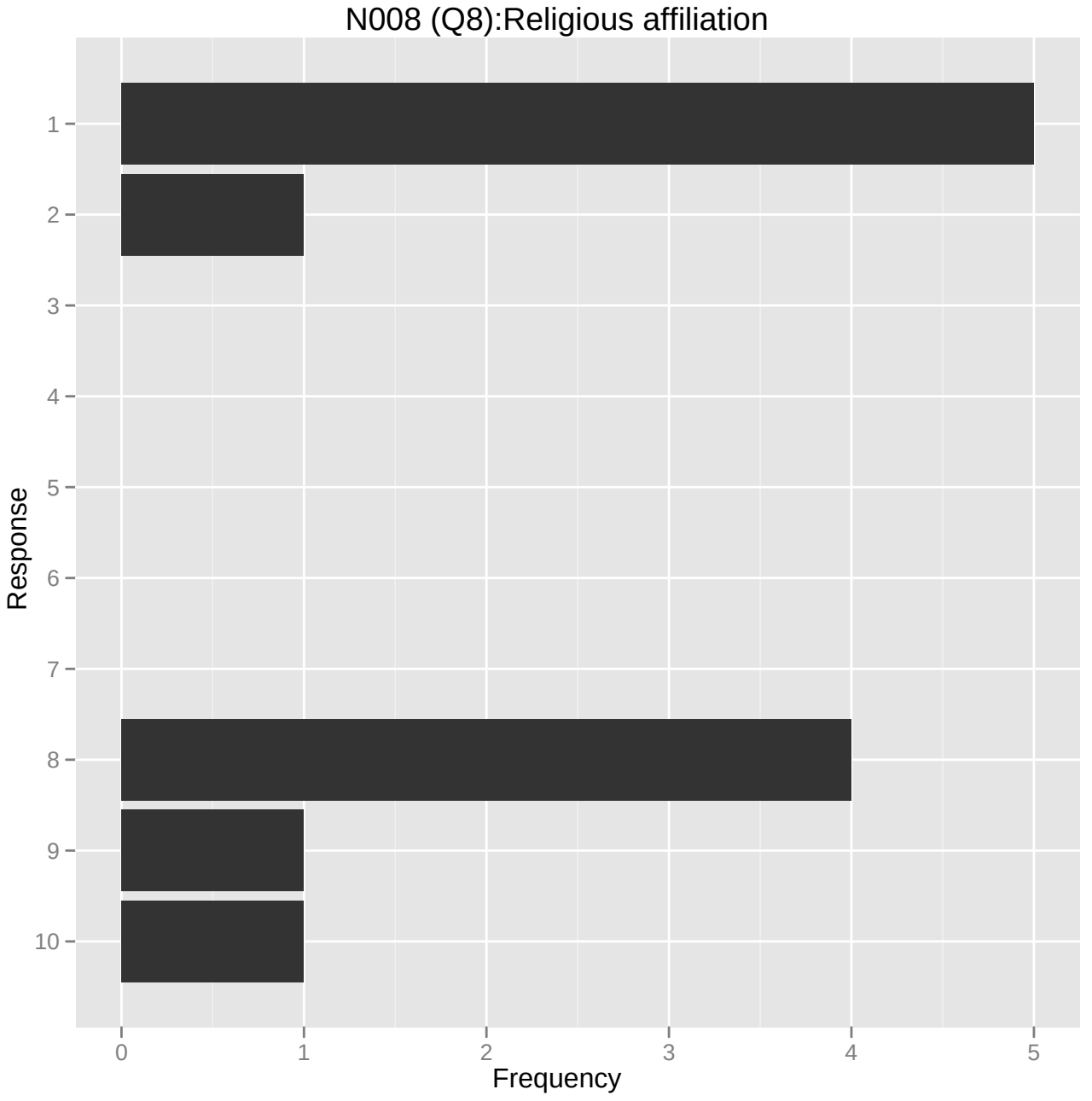

N003 (Q3):Is this a single or a multiple pregnancy?
Response
1
0
2
4
6
8
10
12
Frequency

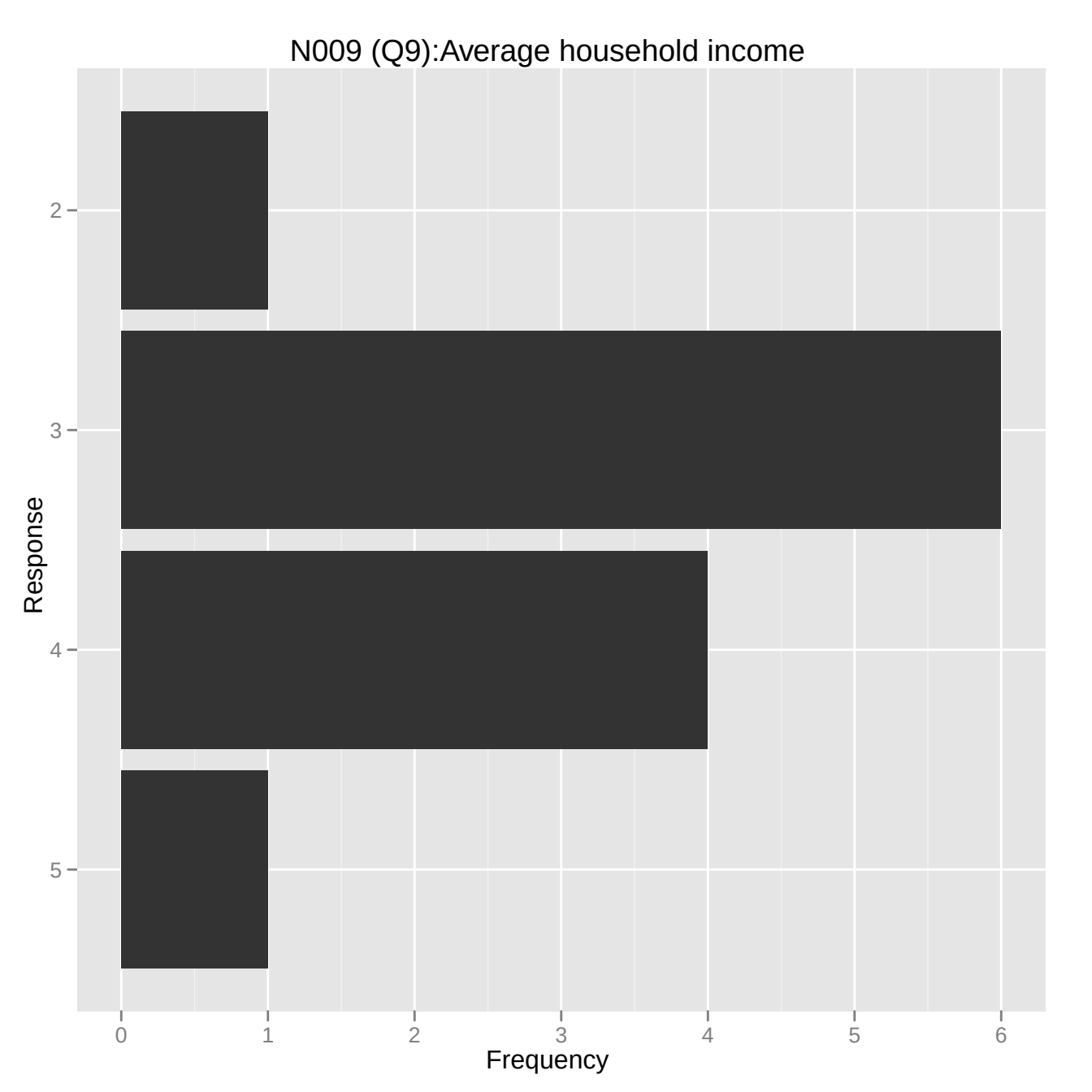

N004 (Q4):Age
Response
1
2
3
4
0
1
2
3
4
5
Frequency

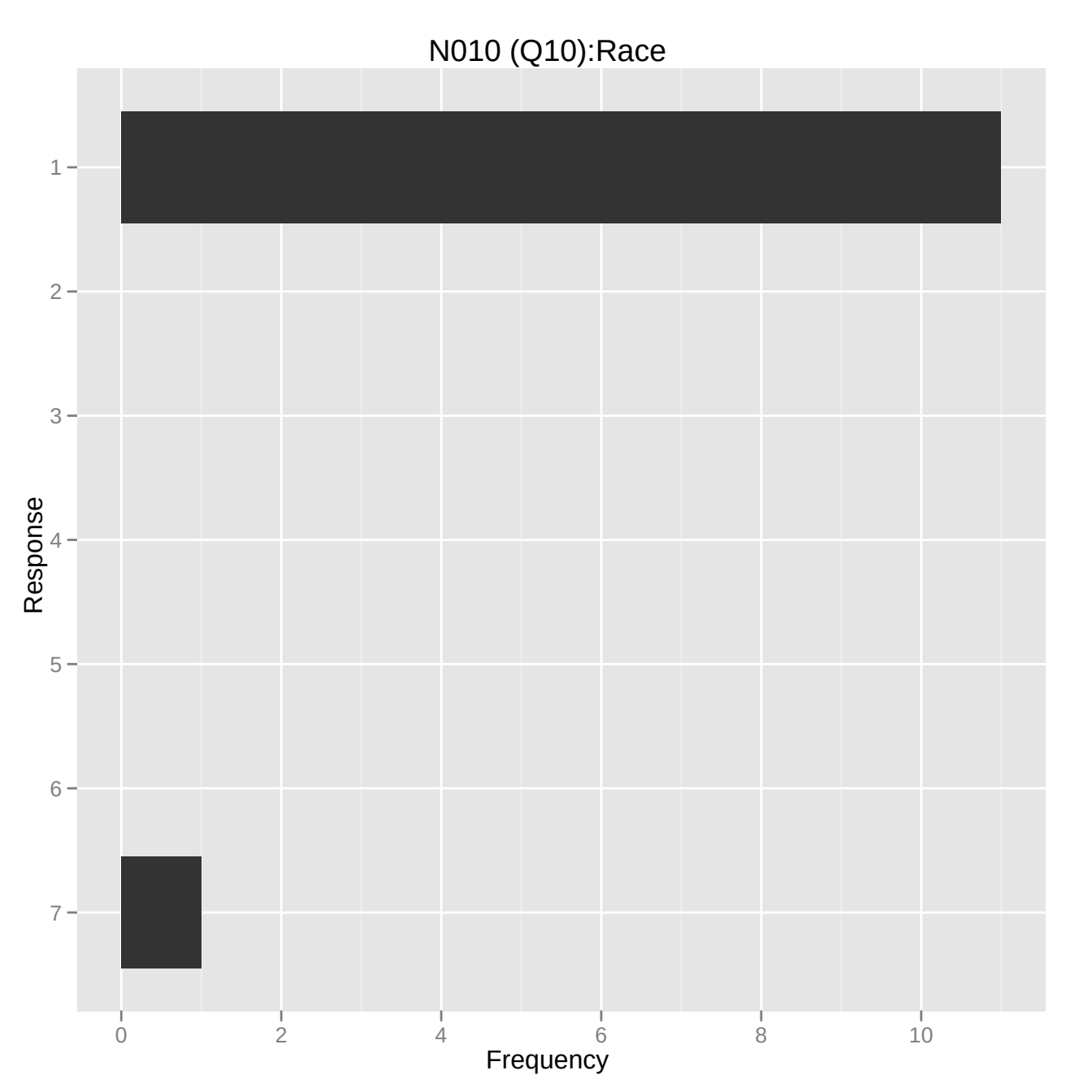

N005 (Q5):Occupation
self−employed/own and operate a music venue/bar
homemaker
assistant professor
State employee
Researcher
Registered Nurse
Montessori Teacher
Mom
Massage Therapist
Homemaker
Elementary School Music Teacher
Architect
Response
0.0
0.2
0.4
0.6
0.8
1.0
Frequency

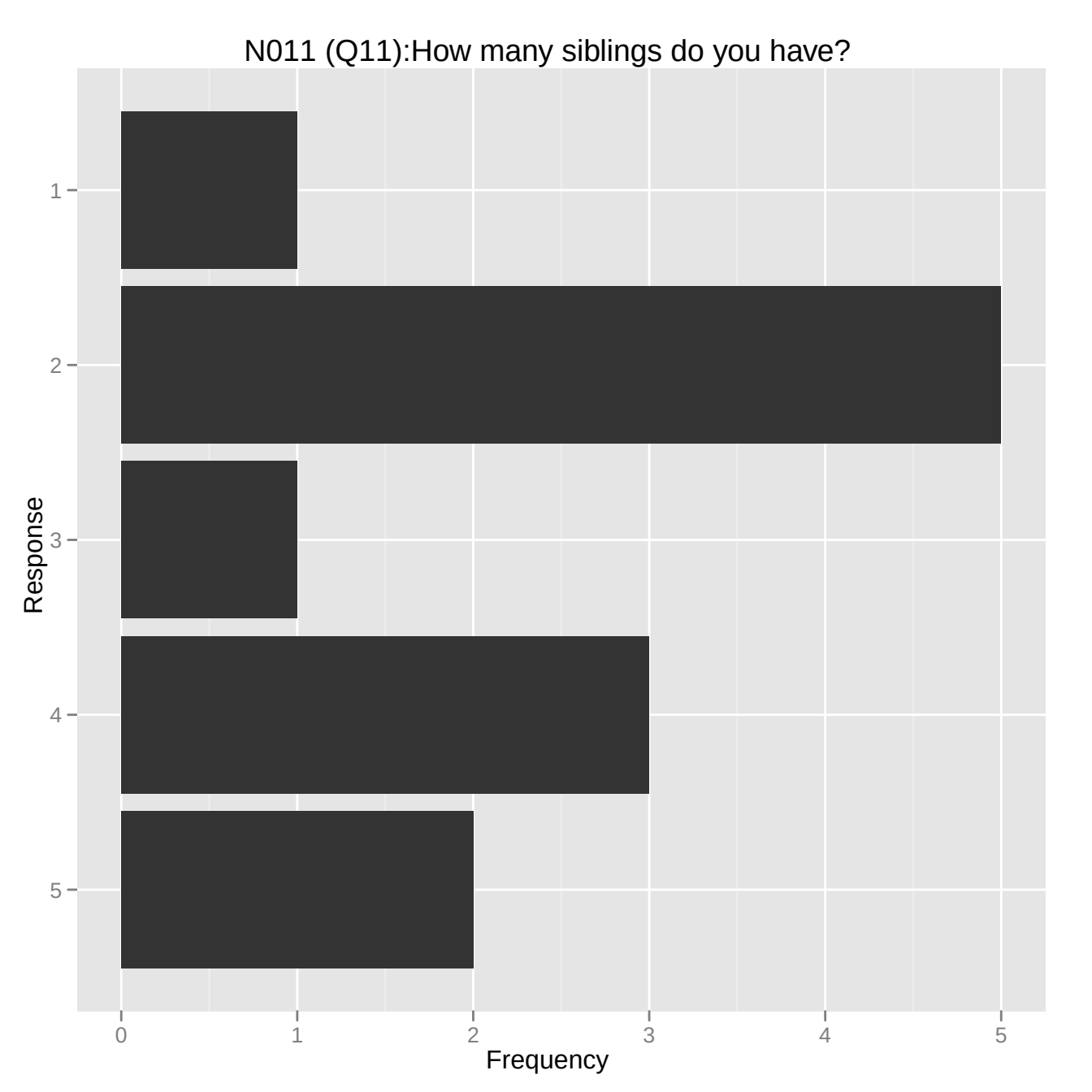

N006 (Q6):Highest educational level achieved
Response
2
3
4
5
6
7
0
1
2
3
4
Frequency

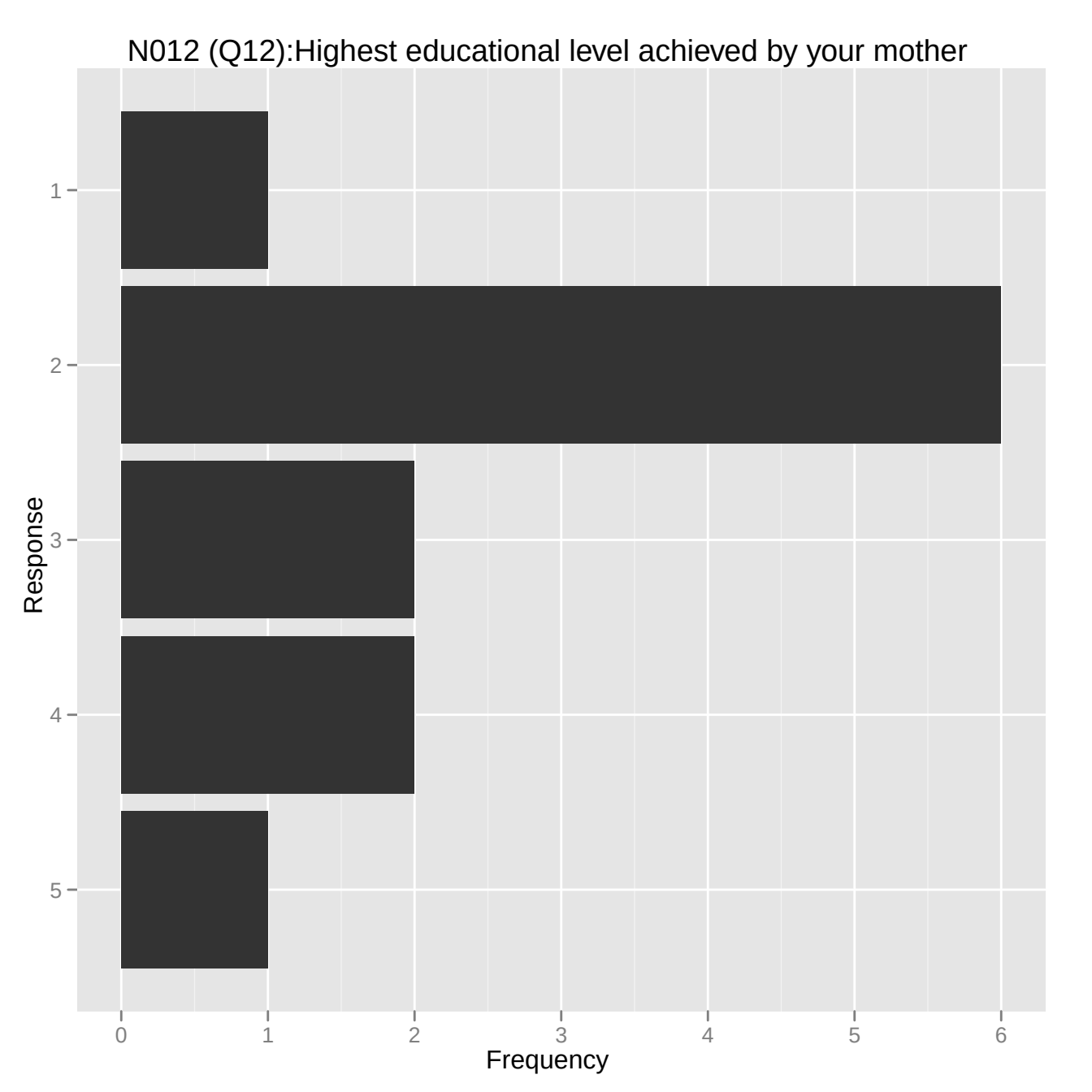

N007 (Q7):Are you currently partnered?
Response
1
0
2
4
6
8
10
12
Frequency

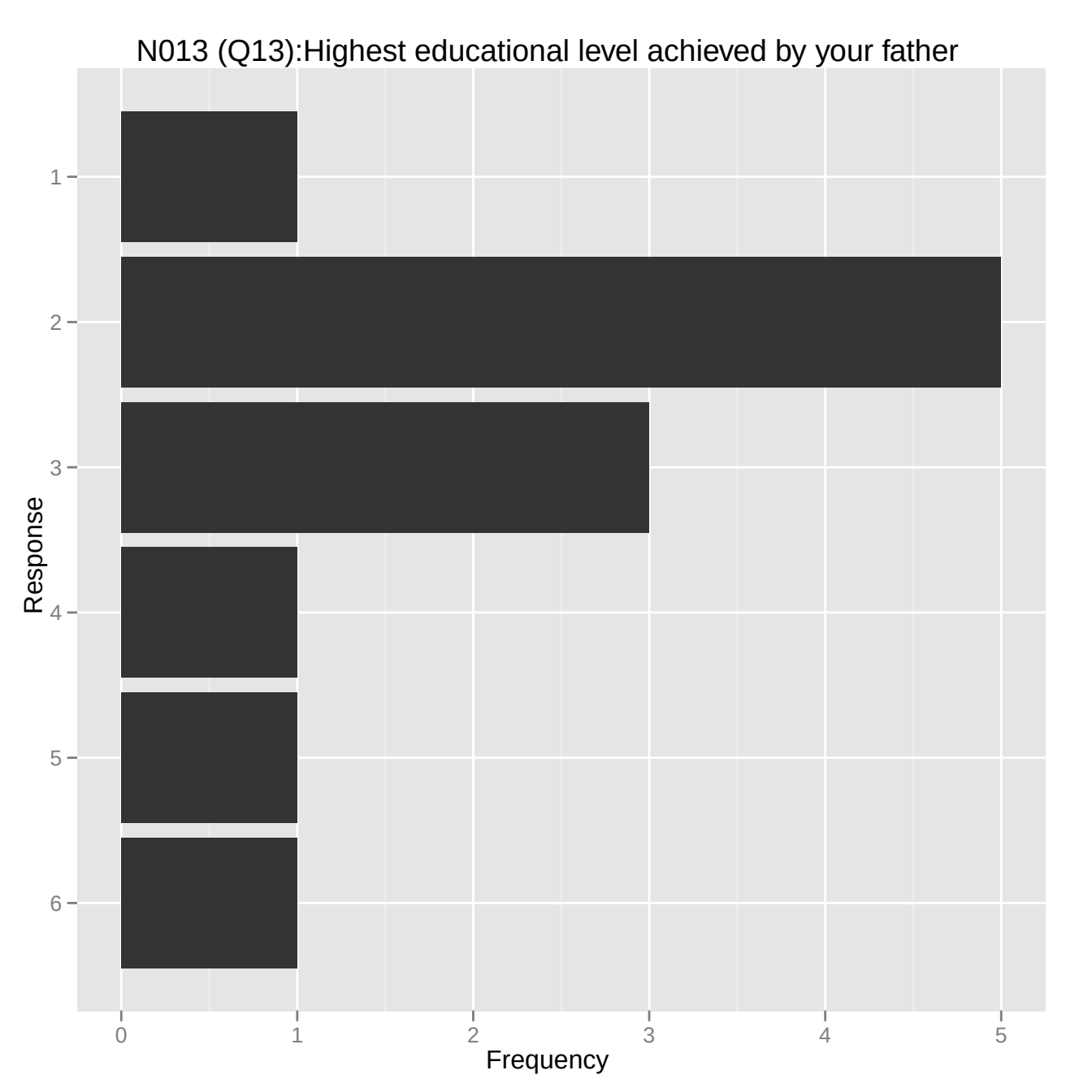

N008 (Q8):Religious affiliation
Response
1
2
3
4
5
6
7
8
9
10
0
1
2
3
4
5
Frequency

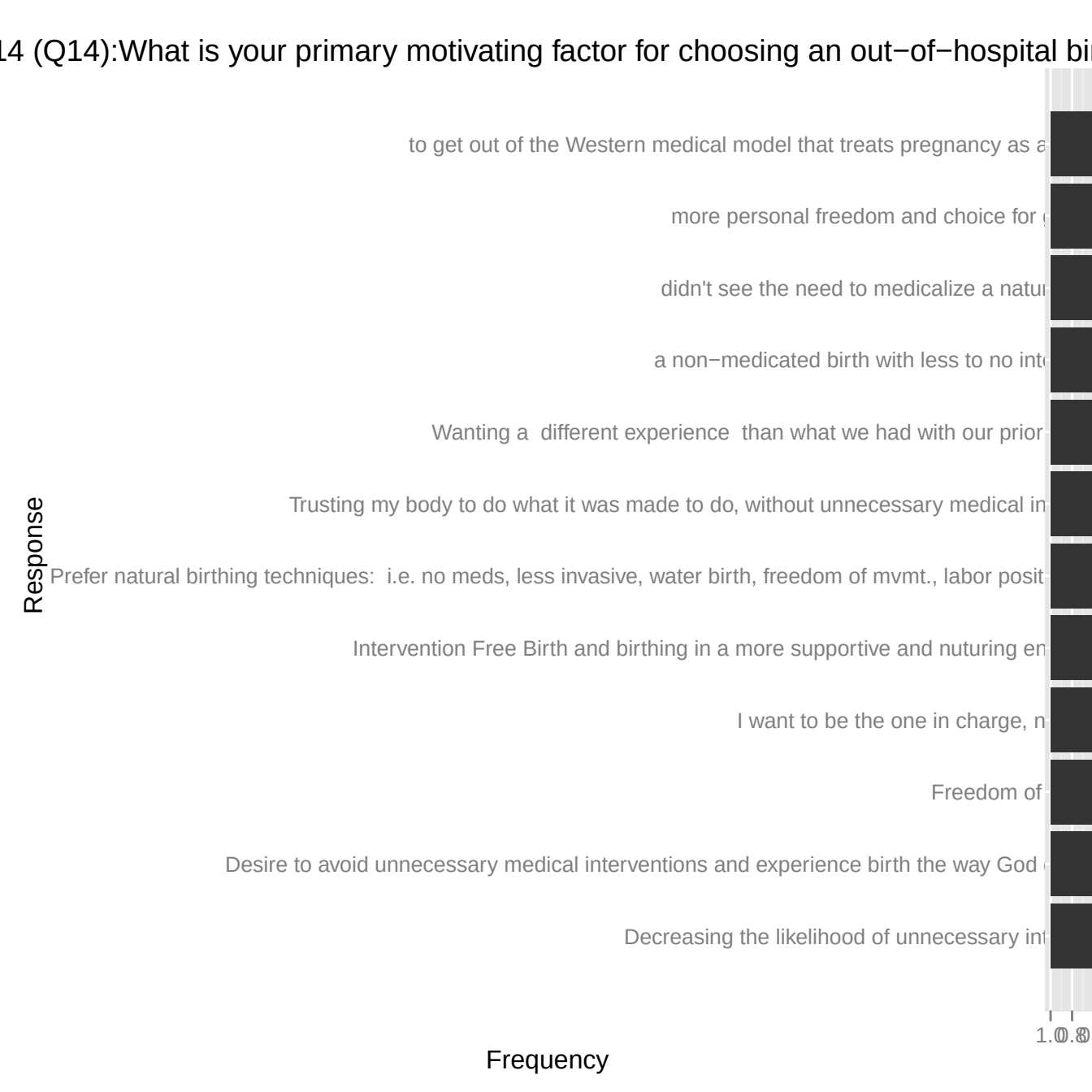

N009 (Q9):Average household income
Response
2
3
4
5
0
1
2
3
4
5
6
Frequency

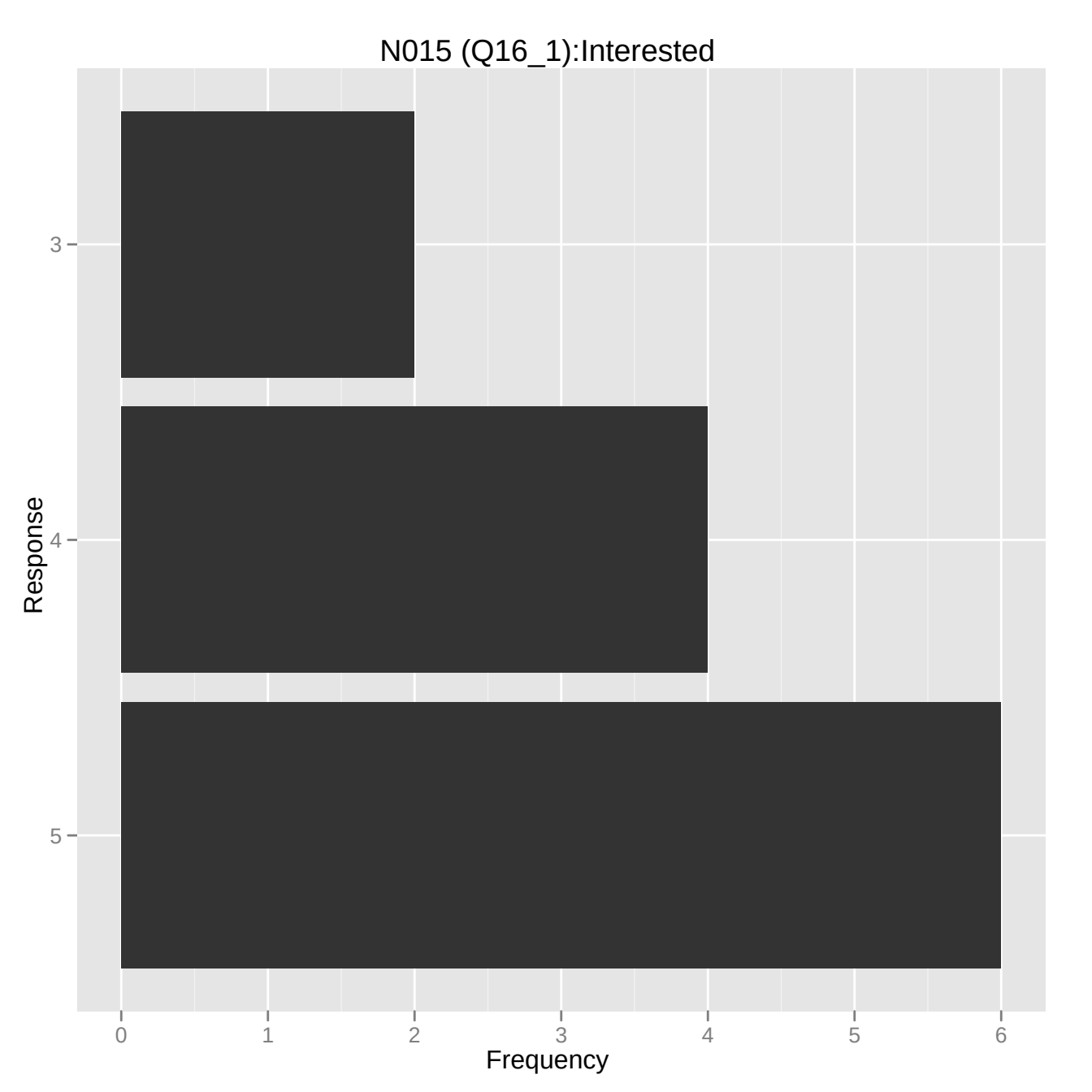

N010 (Q10):Race
Response
1
2
3
4
5
6
7
0
2
4
6
8
10
Frequency

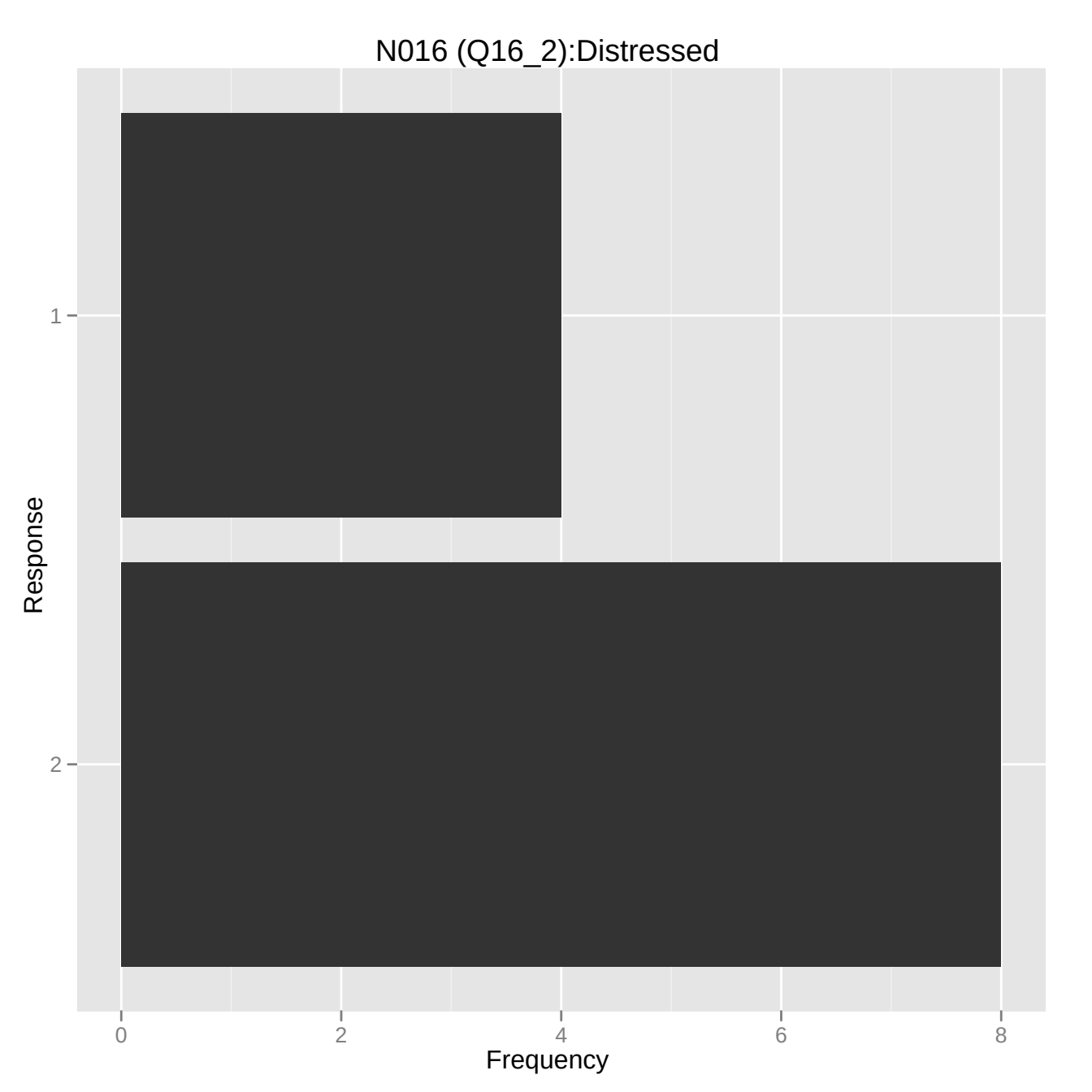

N011 (Q11):How many siblings do you have?
Response
1
2
3
4
5
0
1
2
3
4
5
Frequency

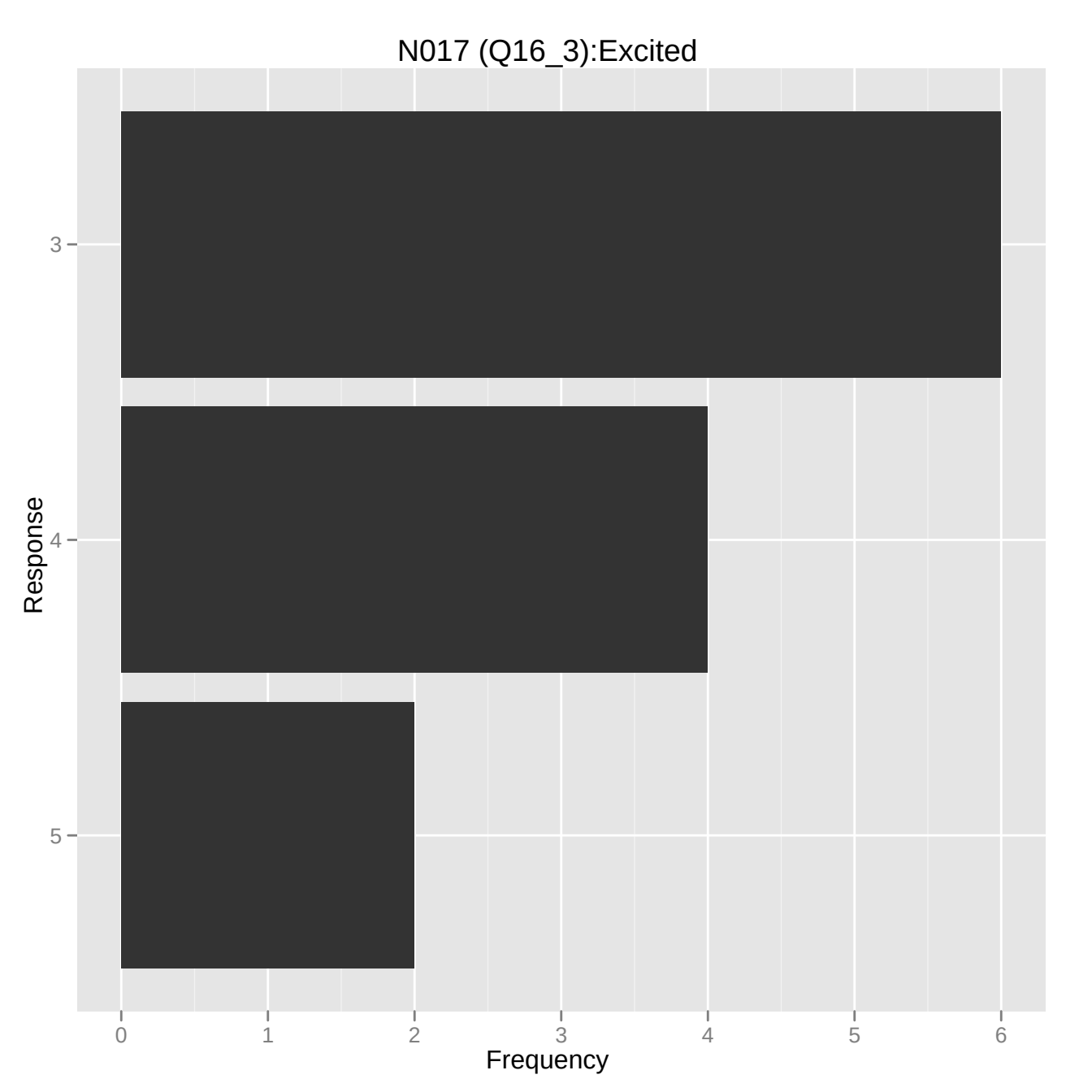

N012 (Q12):Highest educational level achieved by your mother
Response
1
2
3
4
5
0
1
2
3
4
5
6
Frequency

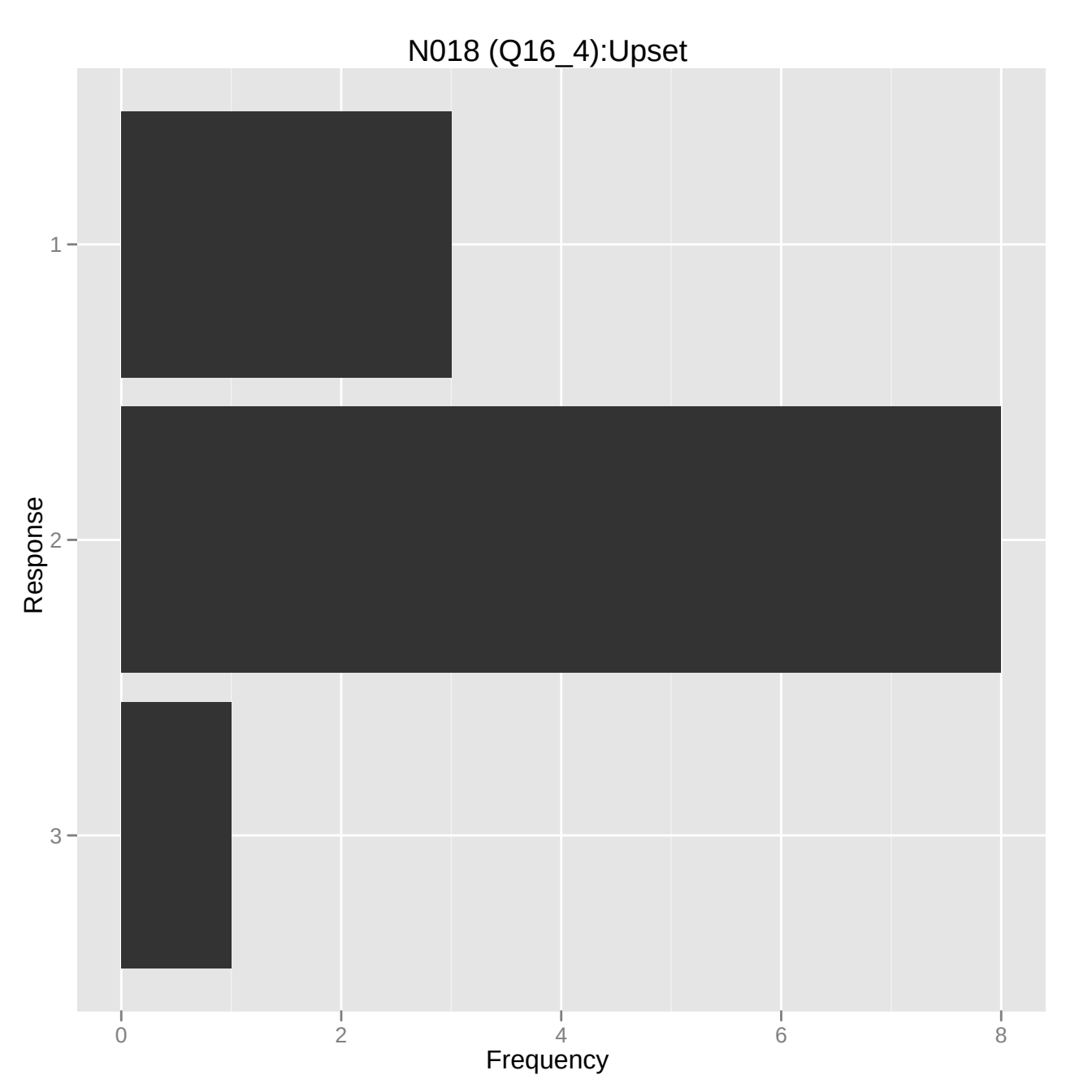

N013 (Q13):Highest educational level achieved by your father
Response
1
2
3
4
5
6
0
1
2
3
4
5
Frequency

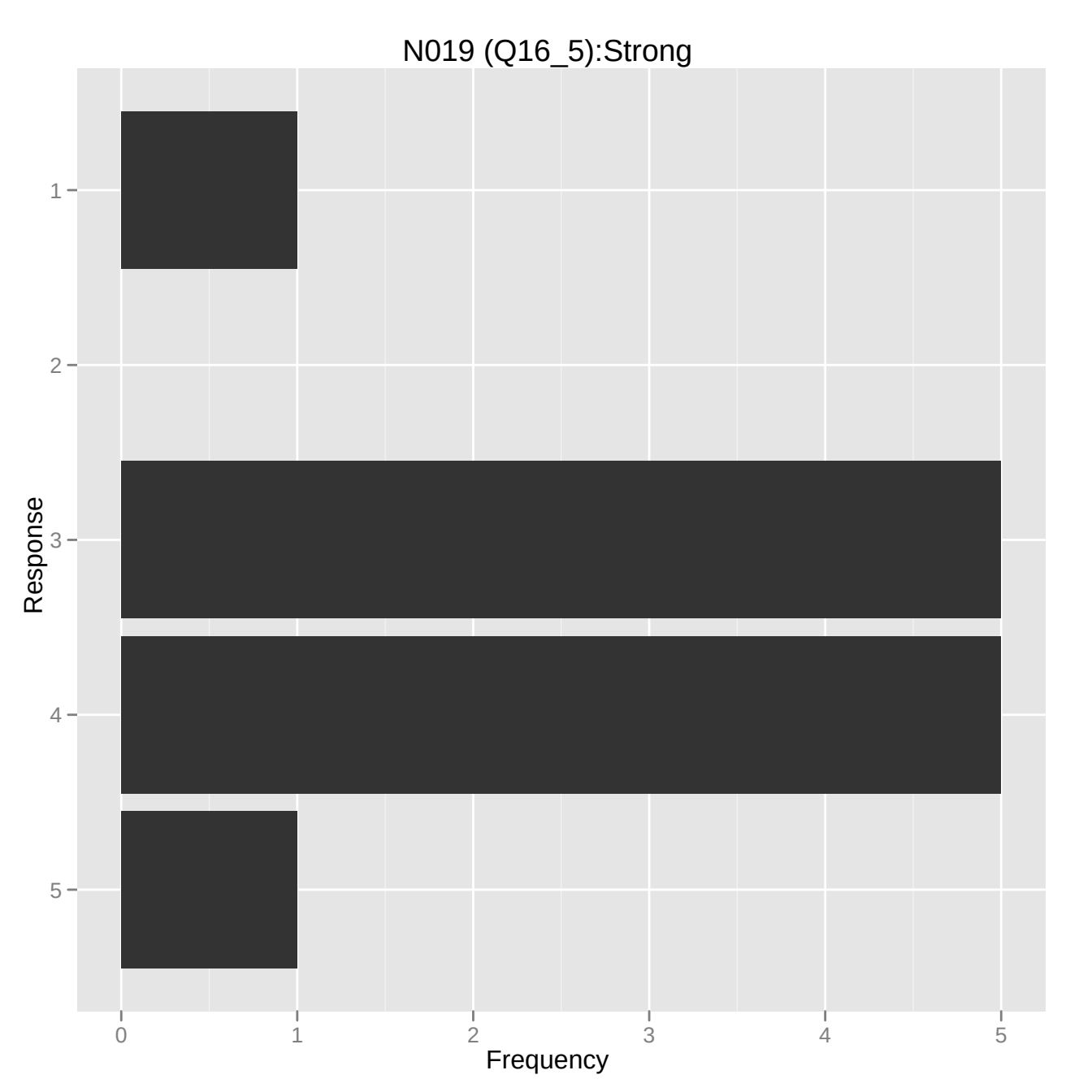

14 (Q14):What is your primary motivating factor for choosing an out−of−hospital bi
to get out of the Western medical model that treats pregnancy as a
more personal freedom and choice for
didn't see the need to medicalize a natu
a non−medicated birth with less to no int
Wanting a different experience than what we had with our prior
Trusting my body to do what it was made to do, without unnecessary medical in
Prefer natural birthing techniques: i.e. no meds, less invasive, water birth, freedom of mvmt., labor posit
Intervention Free Birth and birthing in a more supportive and nuturing en
I want to be the one in charge, n
Freedom of
Desire to avoid unnecessary medical interventions and experience birth the way God
Decreasing the likelihood of unnecessary int
Response
1.0
0.8
Frequency

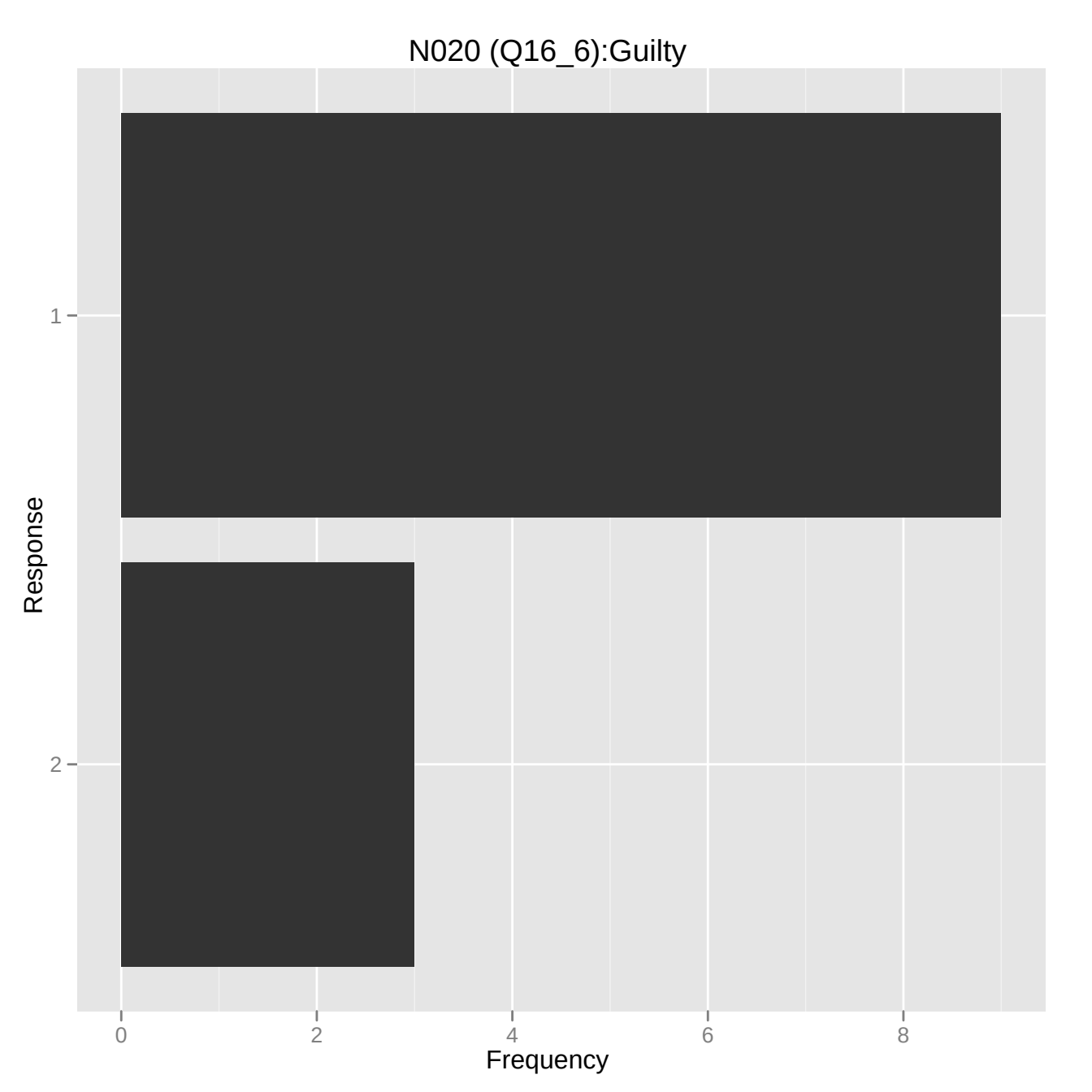

N015 (Q16_1):Interested
Response
3
4
5
0
1
2
3
4
5
6
Frequency

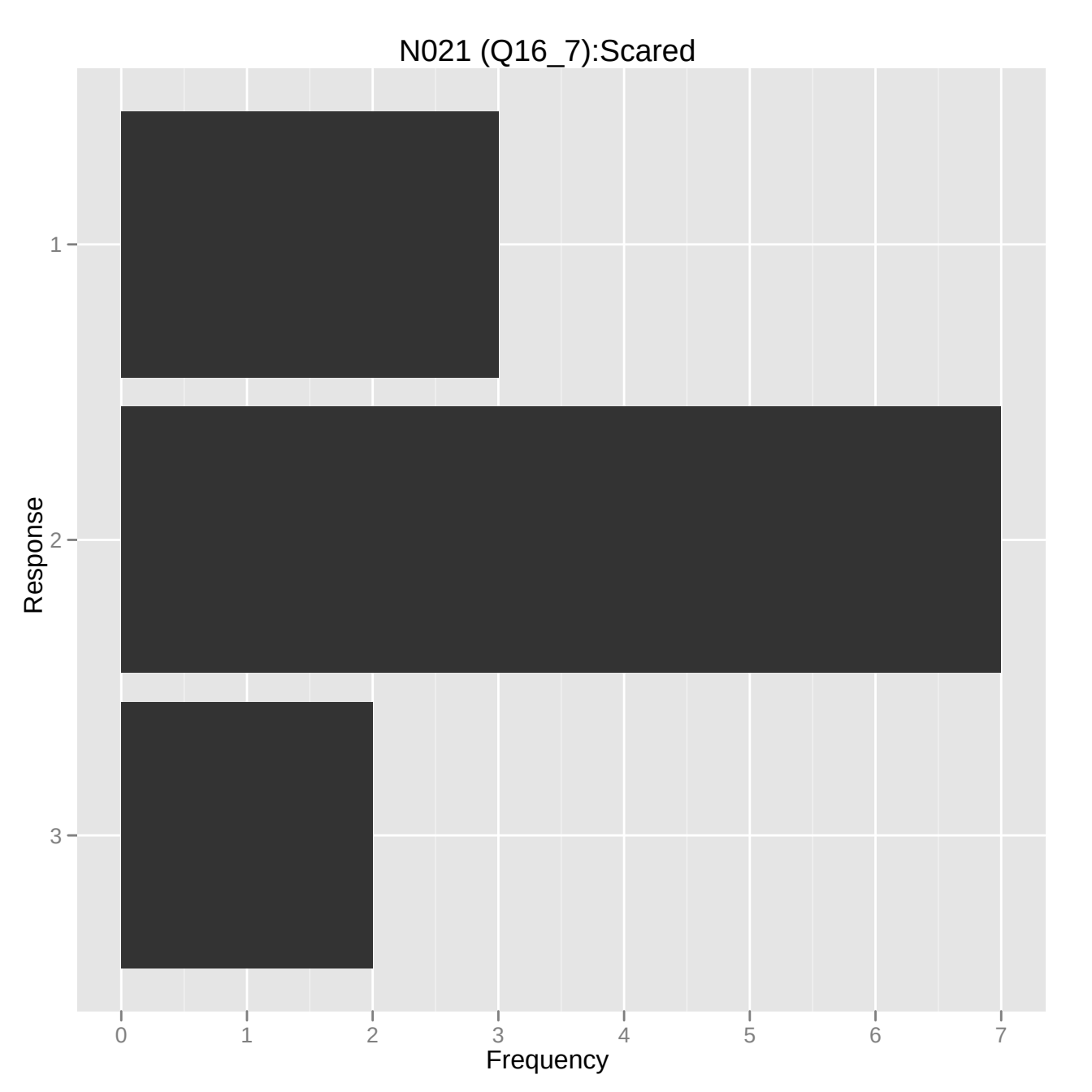

N016 (Q16_2):Distressed
Response
1
2
0
2
4
6
8
Frequency

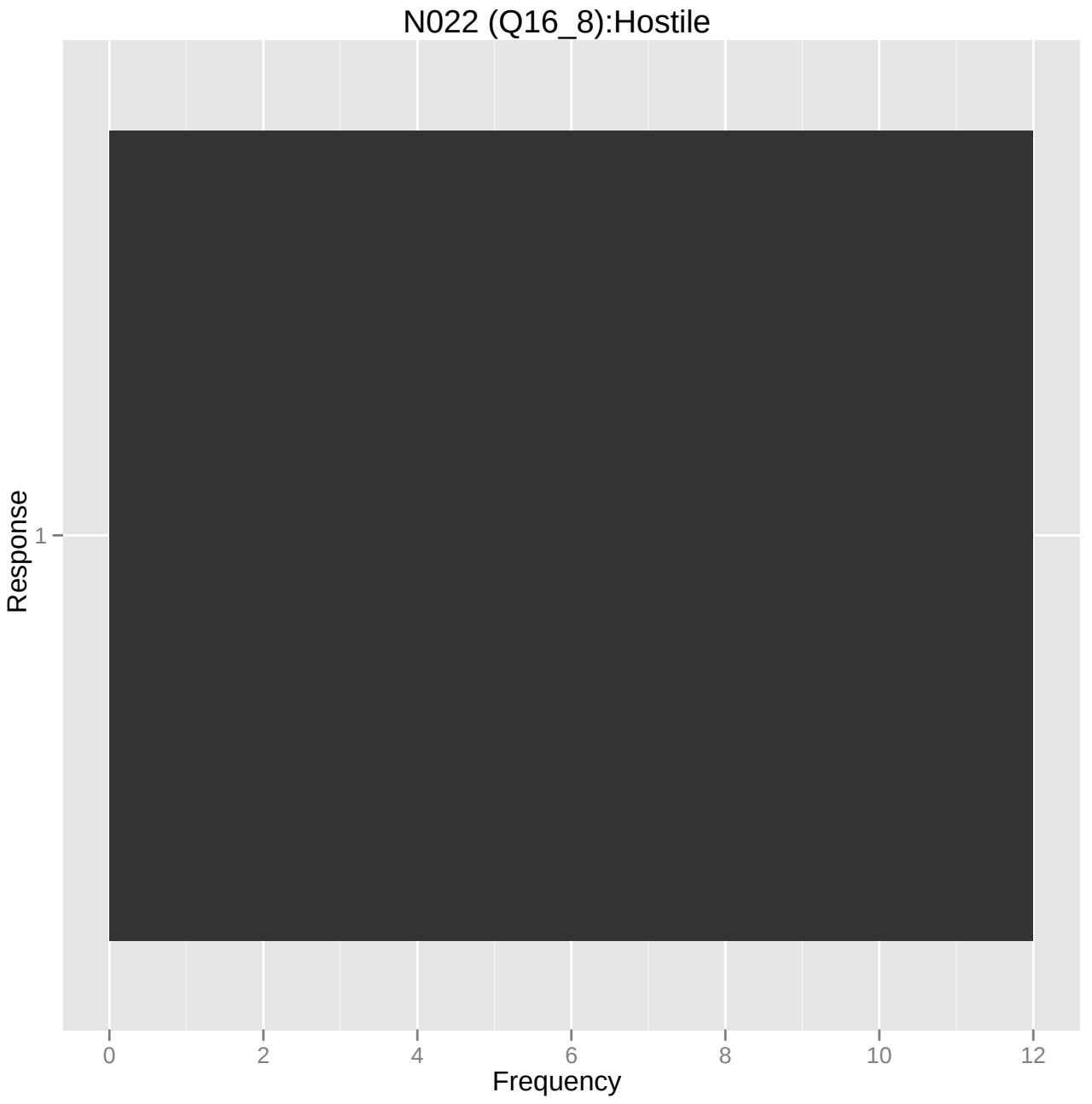

N017 (Q16_3):Excited
Response
3
4
5
0
1
2
3
4
5
6
Frequency

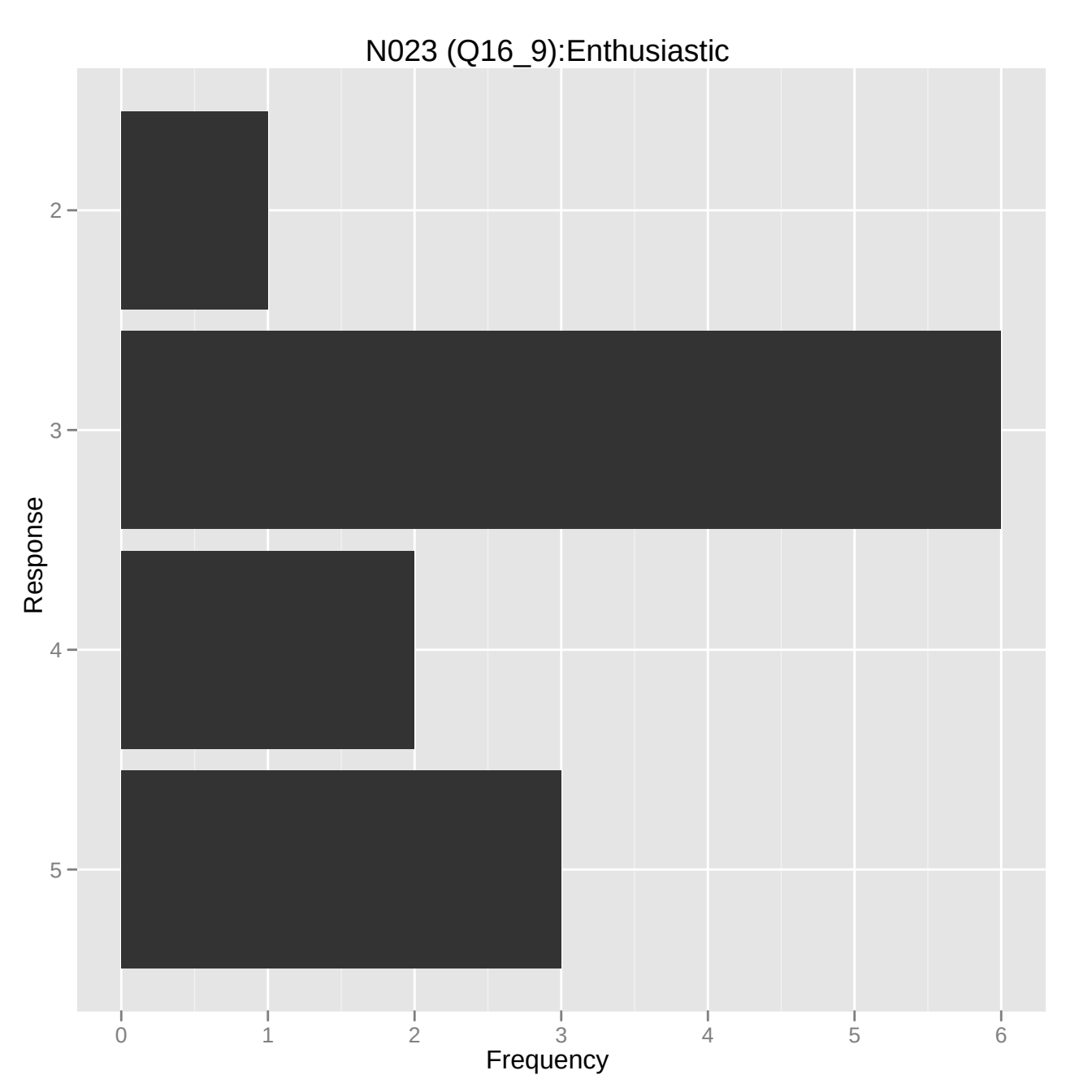

N018 (Q16_4):Upset
Response
1
2
3
0
2
4
6
8
Frequency

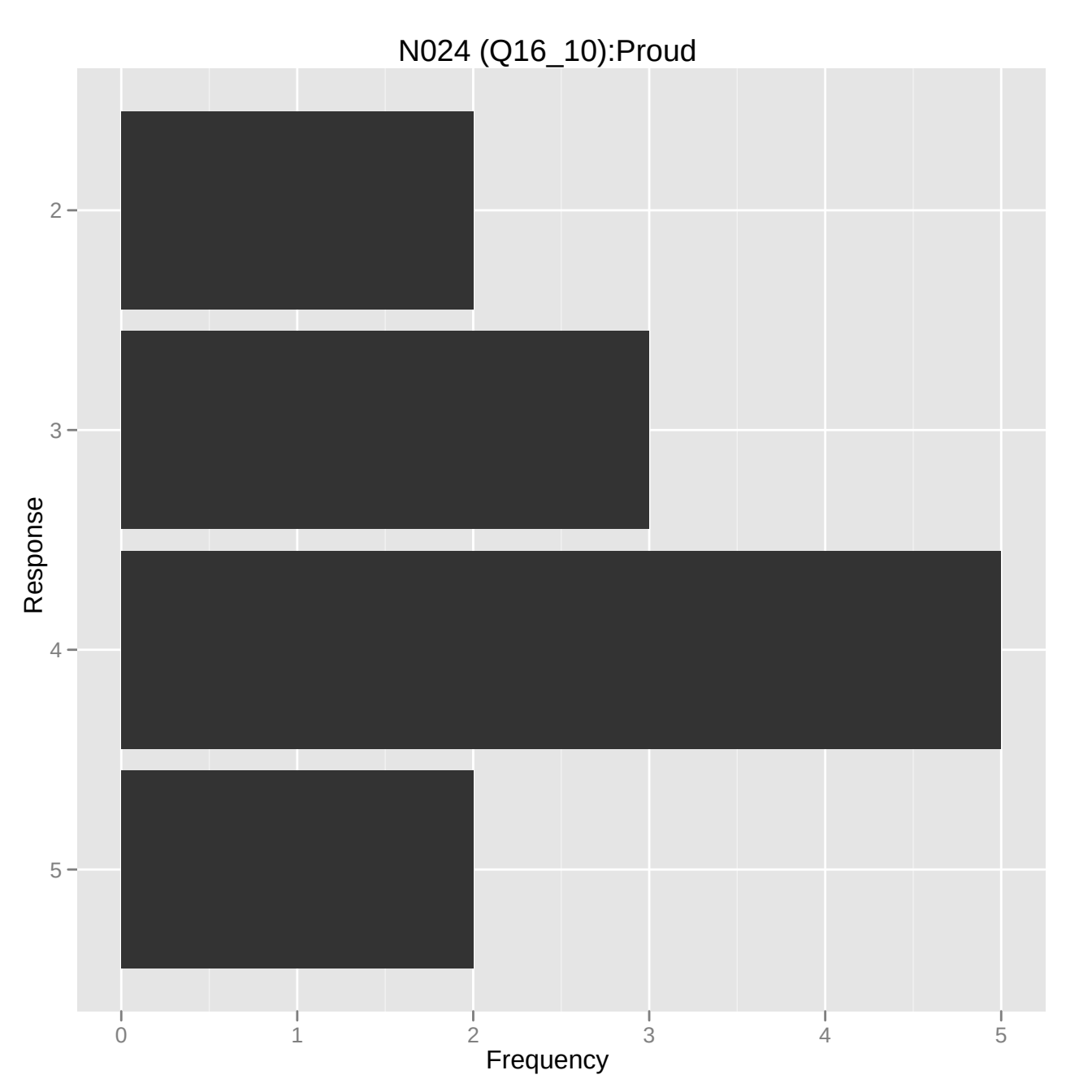

N019 (Q16_5):Strong
Response
1
2
3
4
5
0
1
2
3
4
5
Frequency

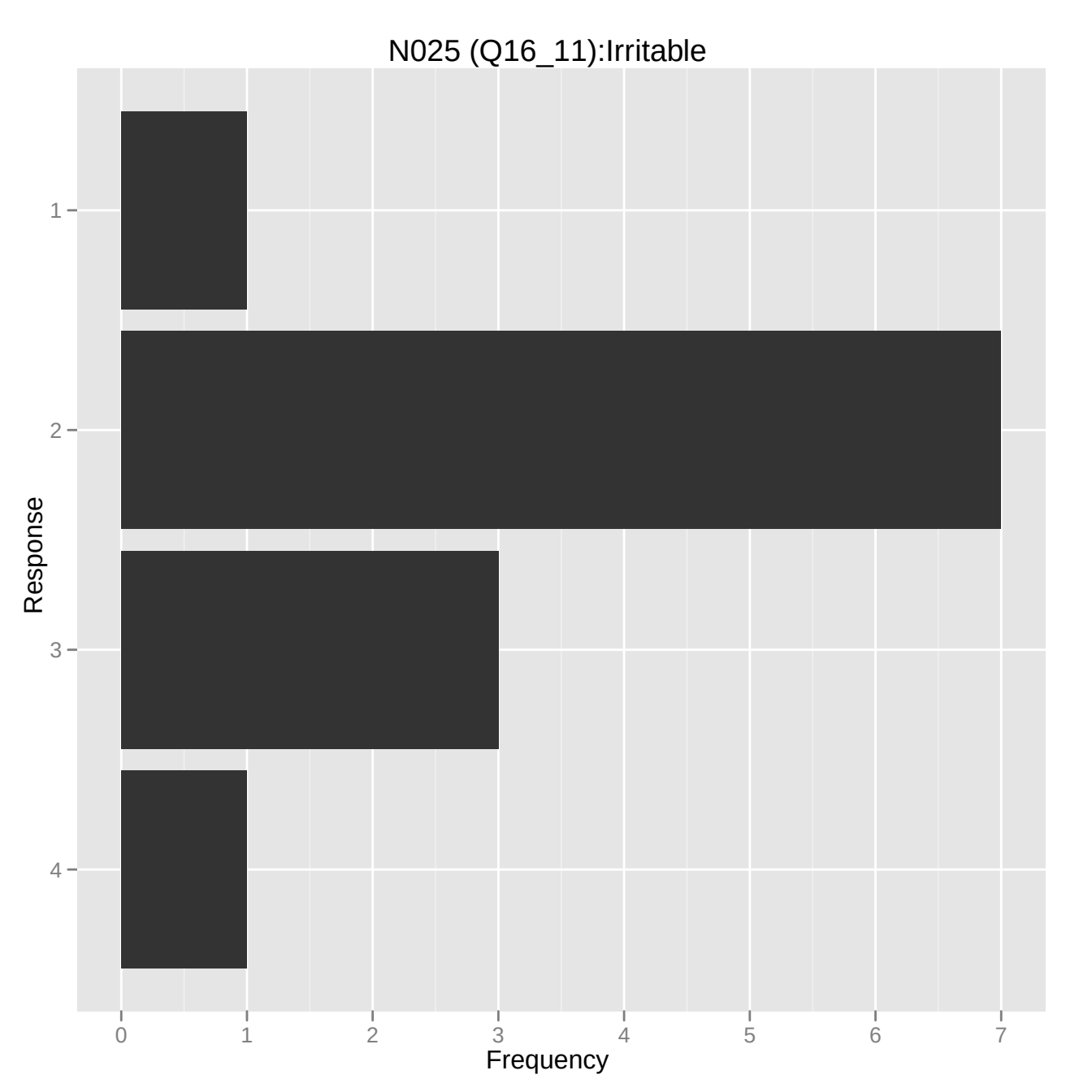

N020 (Q16_6):Guilty
Response
1
2
0
2
4
6
8
Frequency

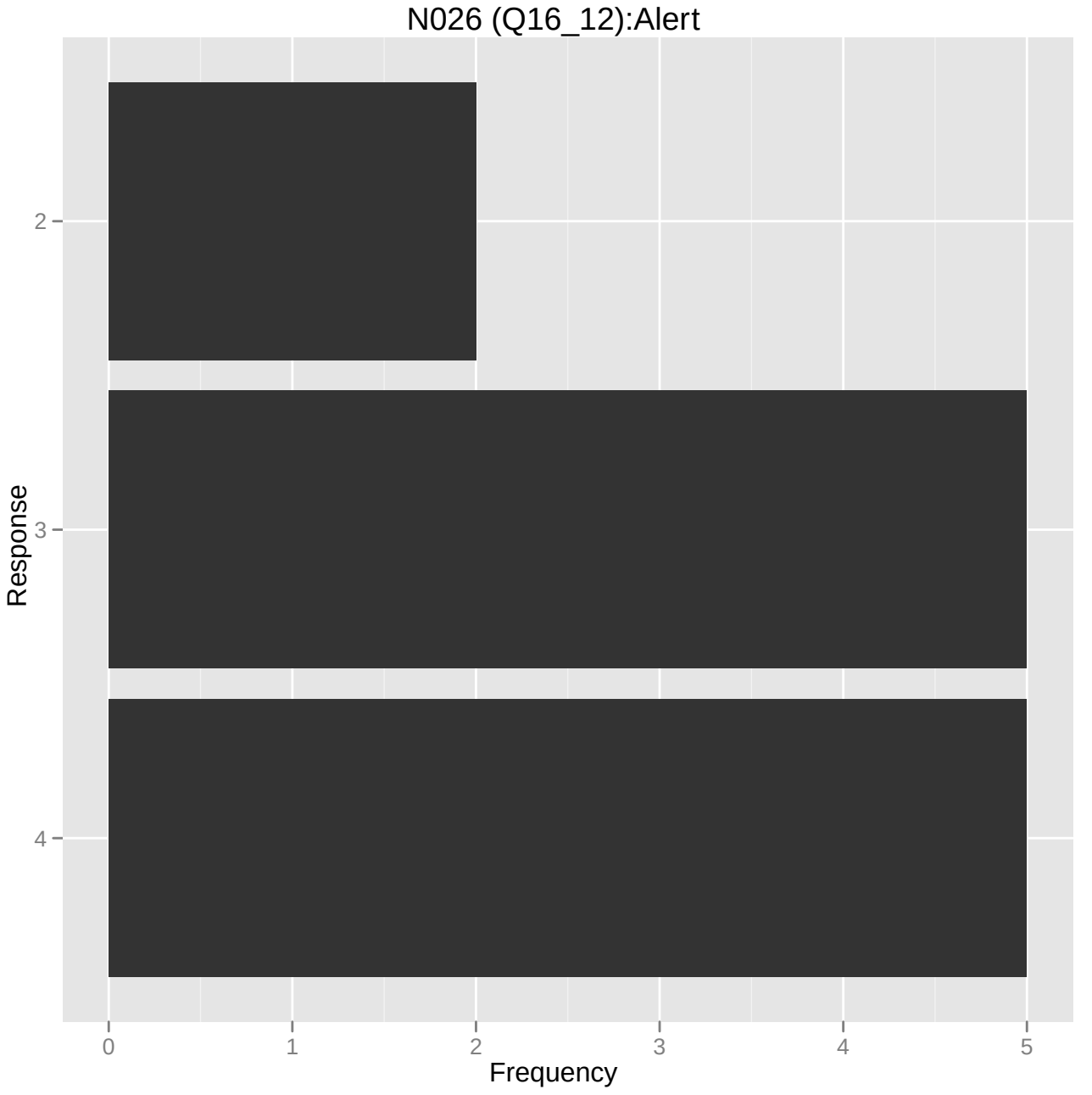

N021 (Q16_7):Scared
Response
1
2
3
0
1
2
3
4
5
6
7
Frequency

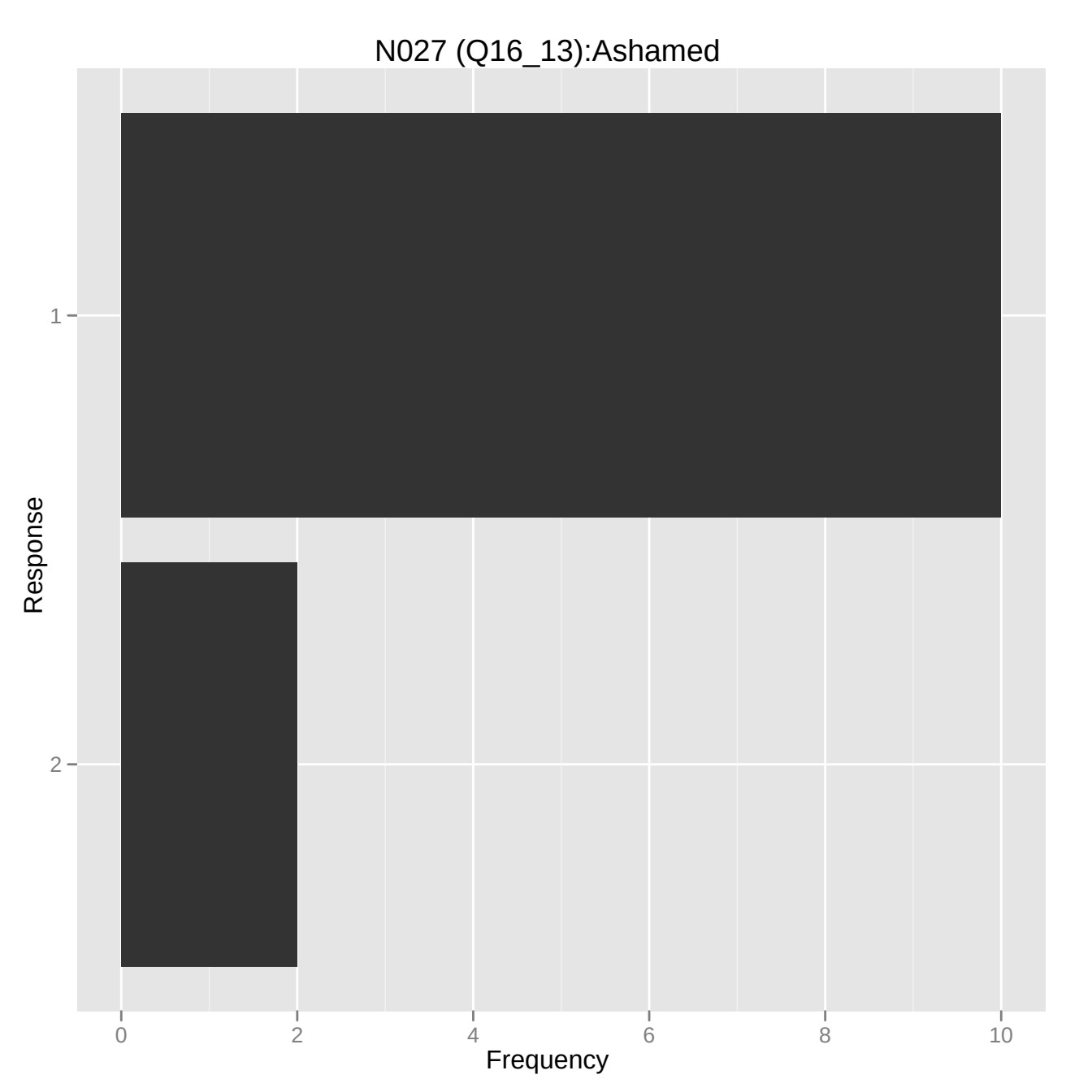

N022 (Q16_8):Hostile
Response
1
0
2
4
6
8
10
12
Frequency

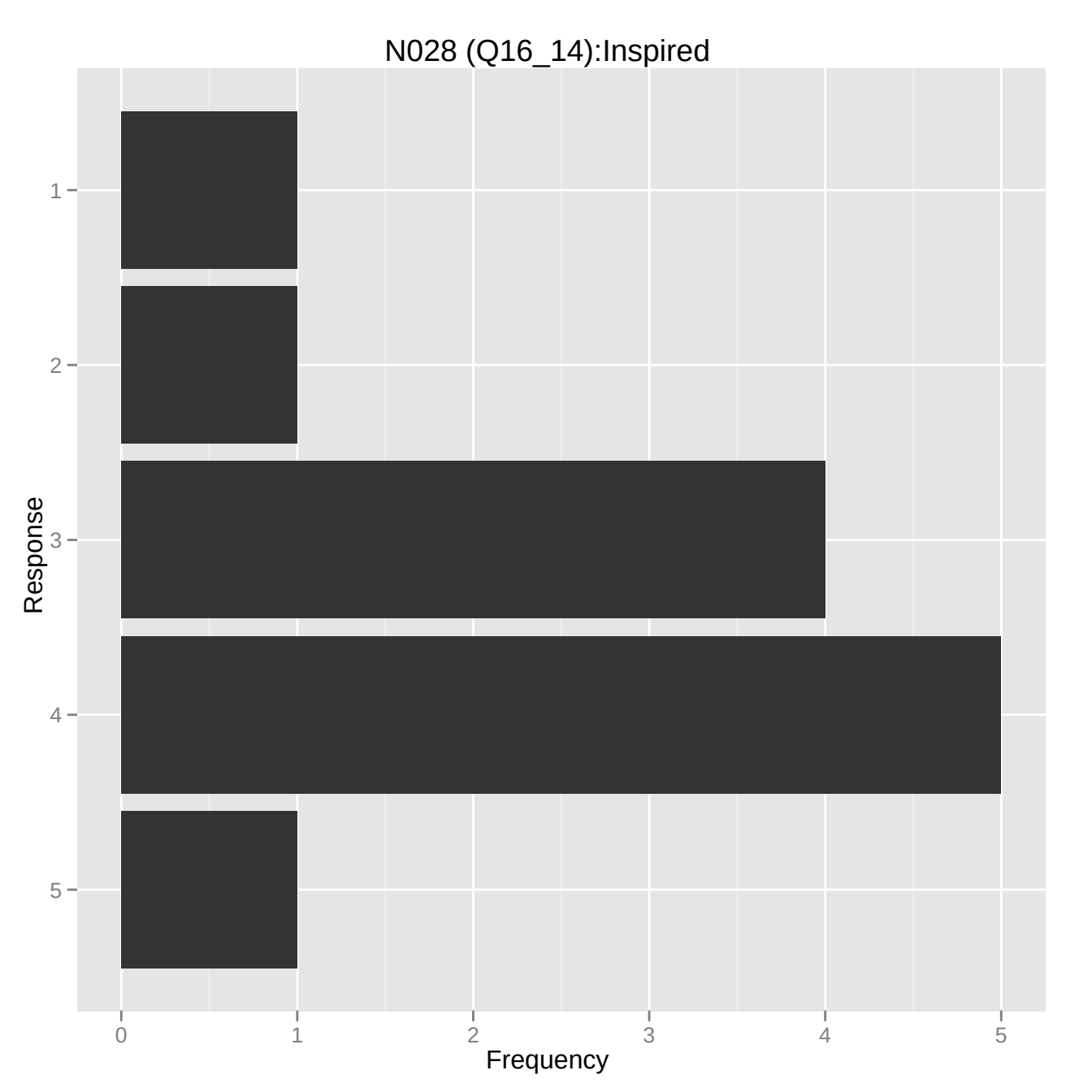

N023 (Q16_9):Enthusiastic
Response
2
3
4
5
0
1
2
3
4
5
6
Frequency

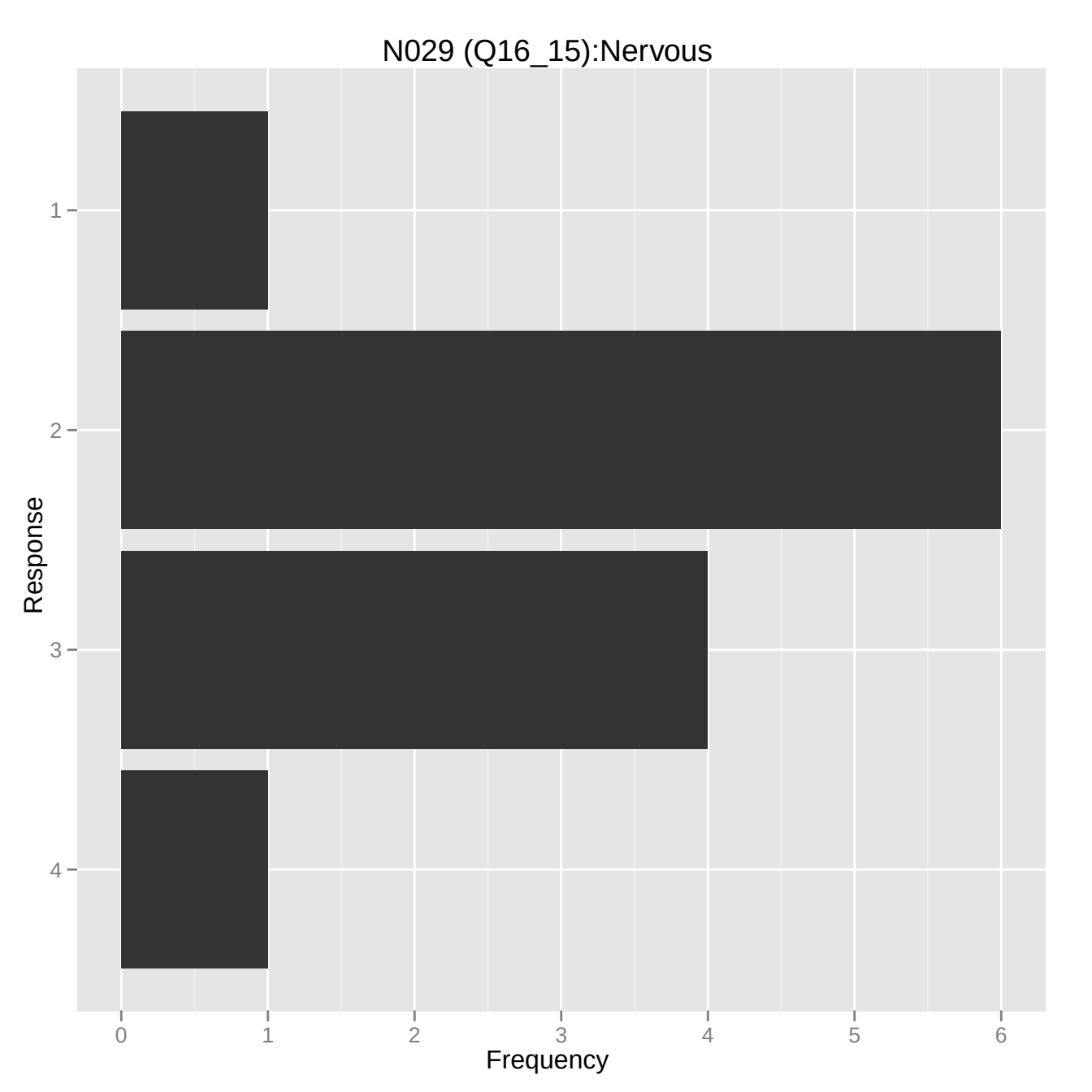

N024 (Q16_10):Proud
Response
2
3
4
5
0
1
2
3
4
5
Frequency

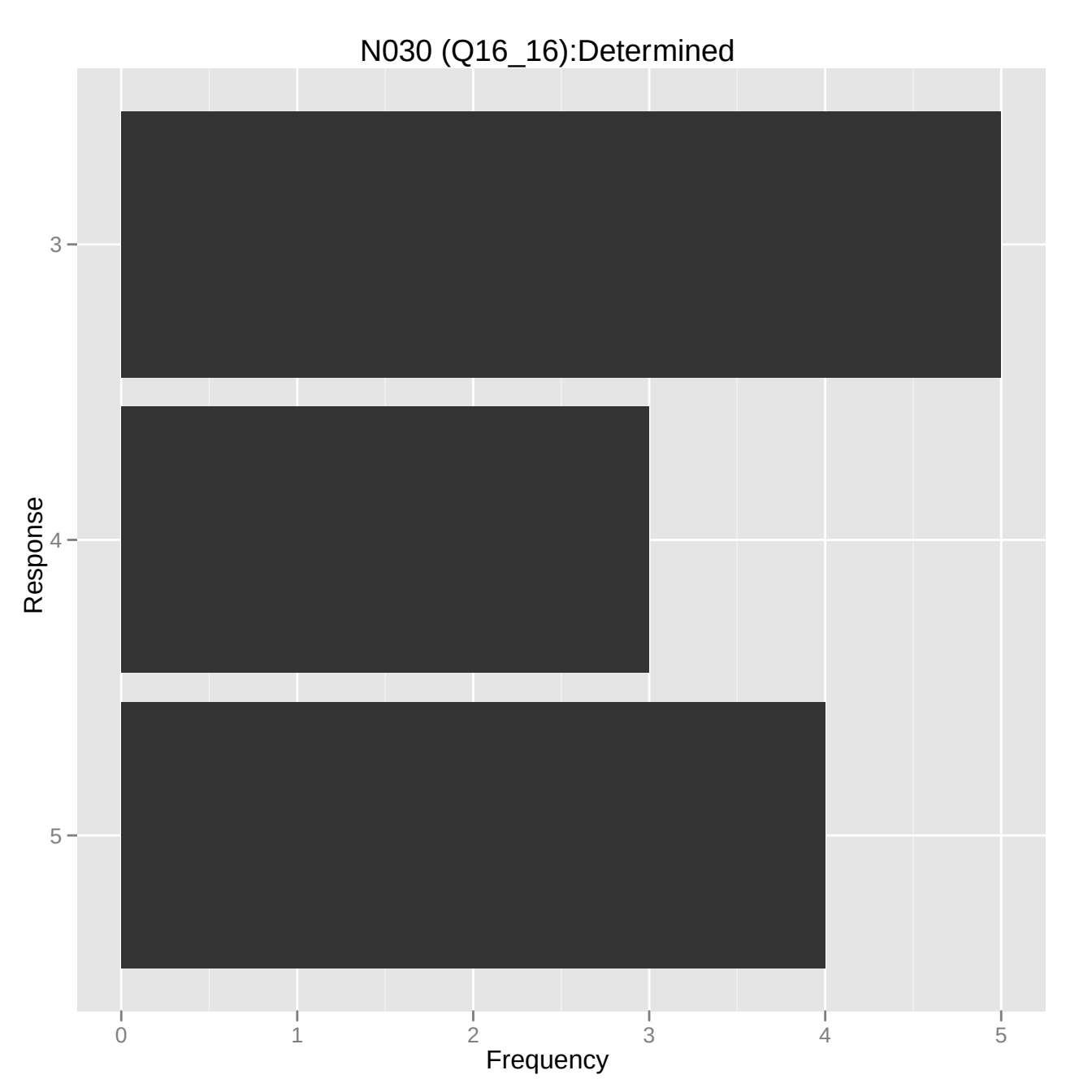

N025 (Q16_11):Irritable
Response
1
2
3
4
0
1
2
3
4
5
6
7
Frequency

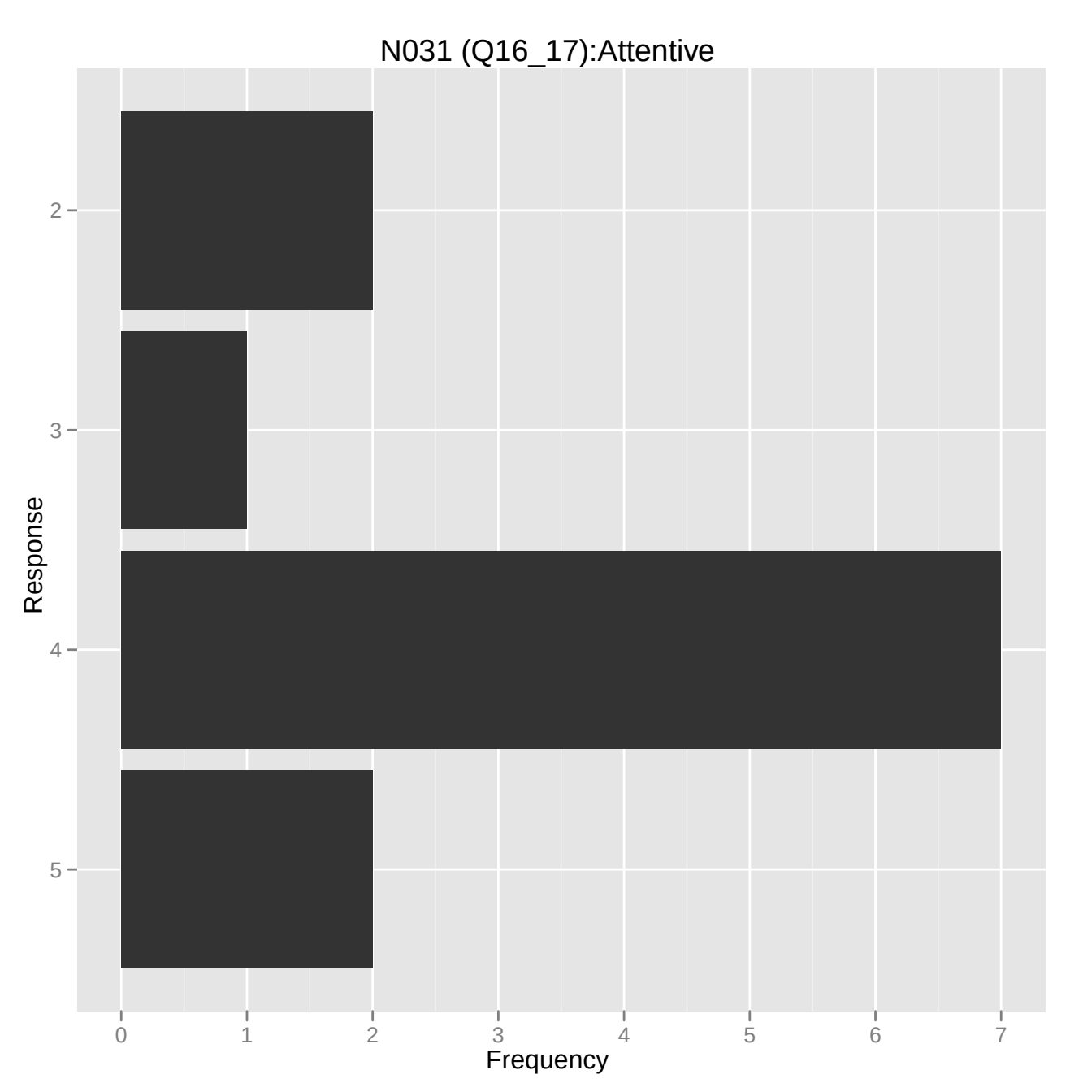

N026 (Q16_12):Alert
Response
2
3
4
0
1
2
3
4
5
Frequency

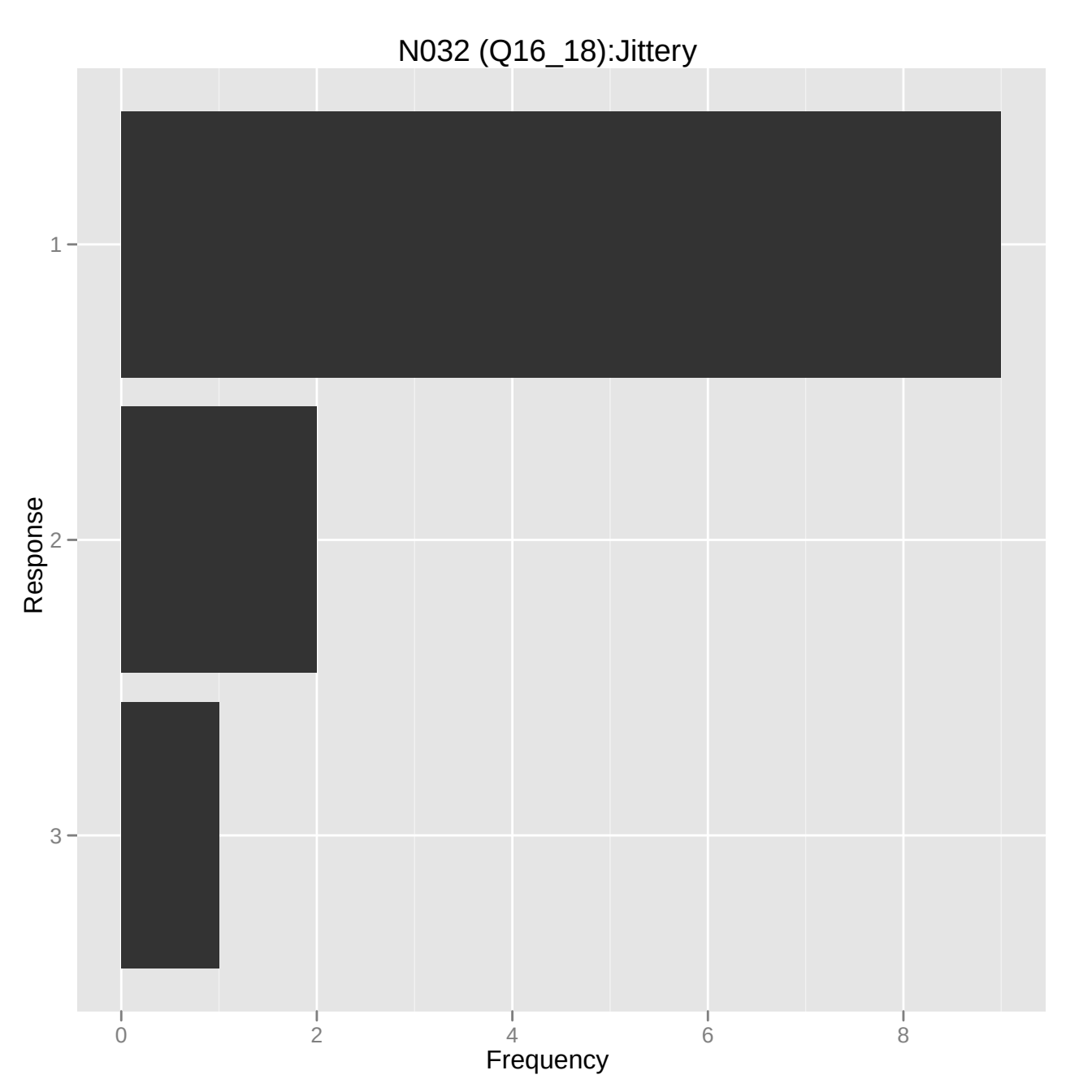

N027 (Q16_13):Ashamed
Response
1
2
0
2
4
6
8
10
Frequency

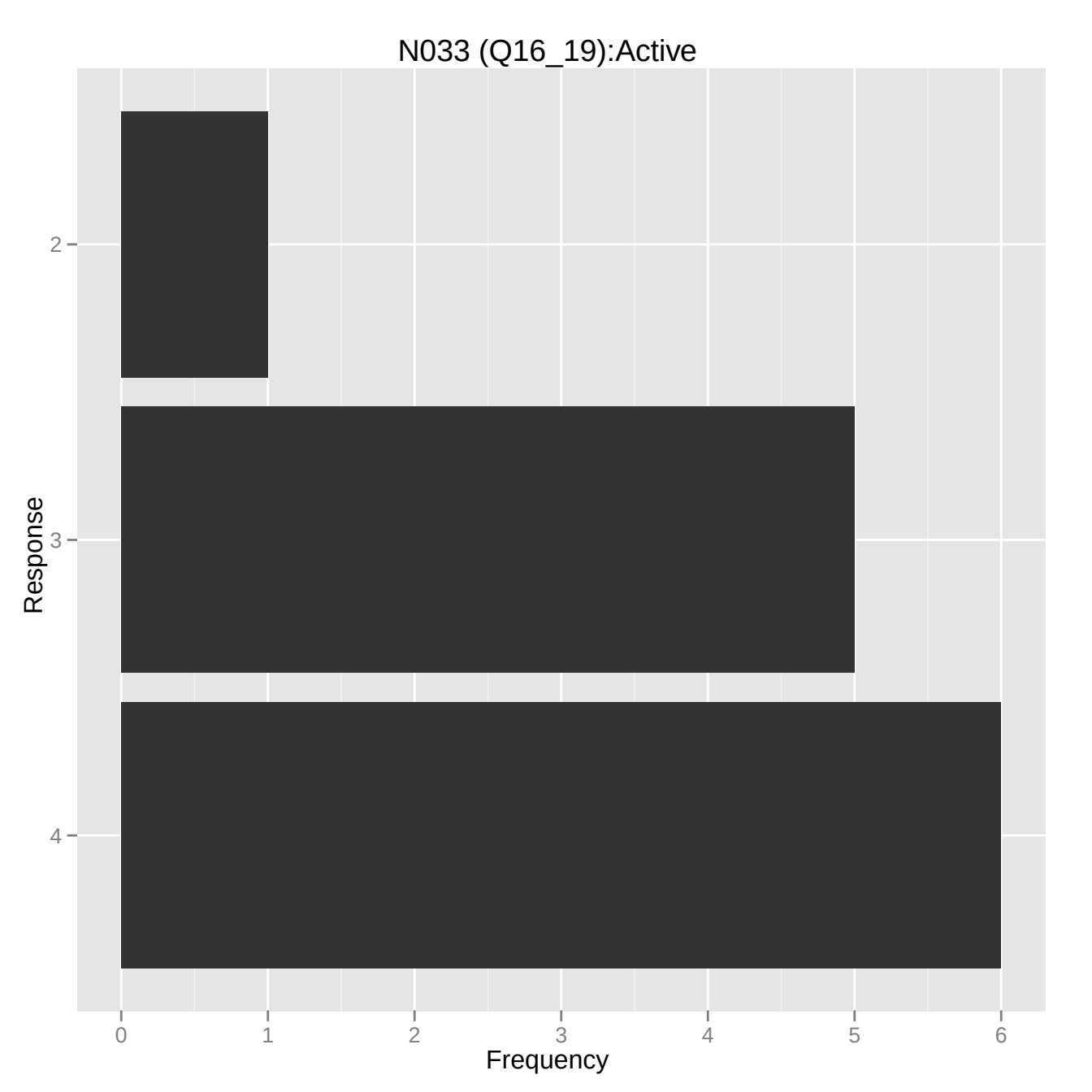

N028 (Q16_14):Inspired
Response
1
2
3
4
5
0
1
2
3
4
5
Frequency

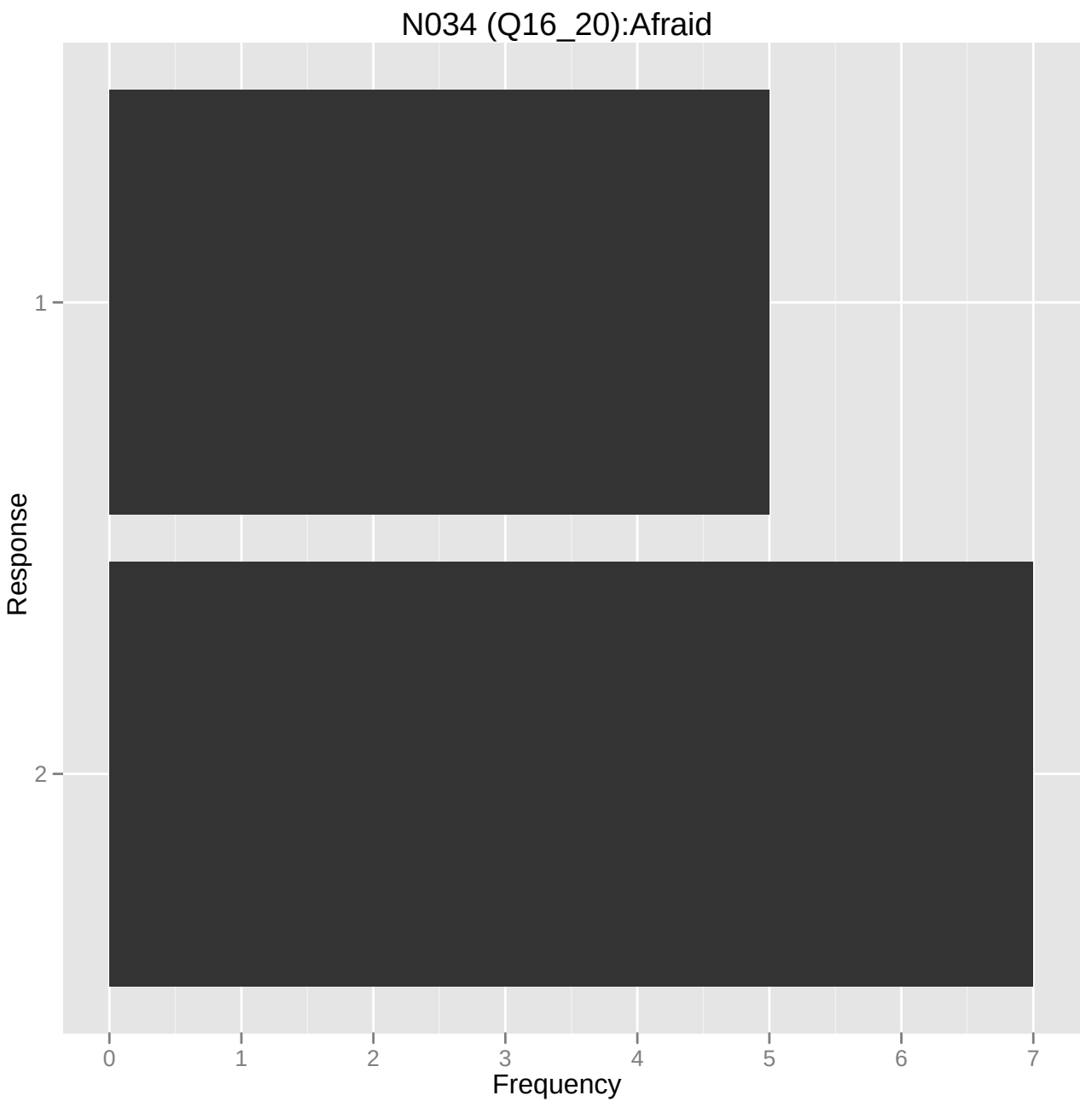

N029 (Q16_15):Nervous
Response
1
2
3
4
0
1
2
3
4
5
6
Frequency

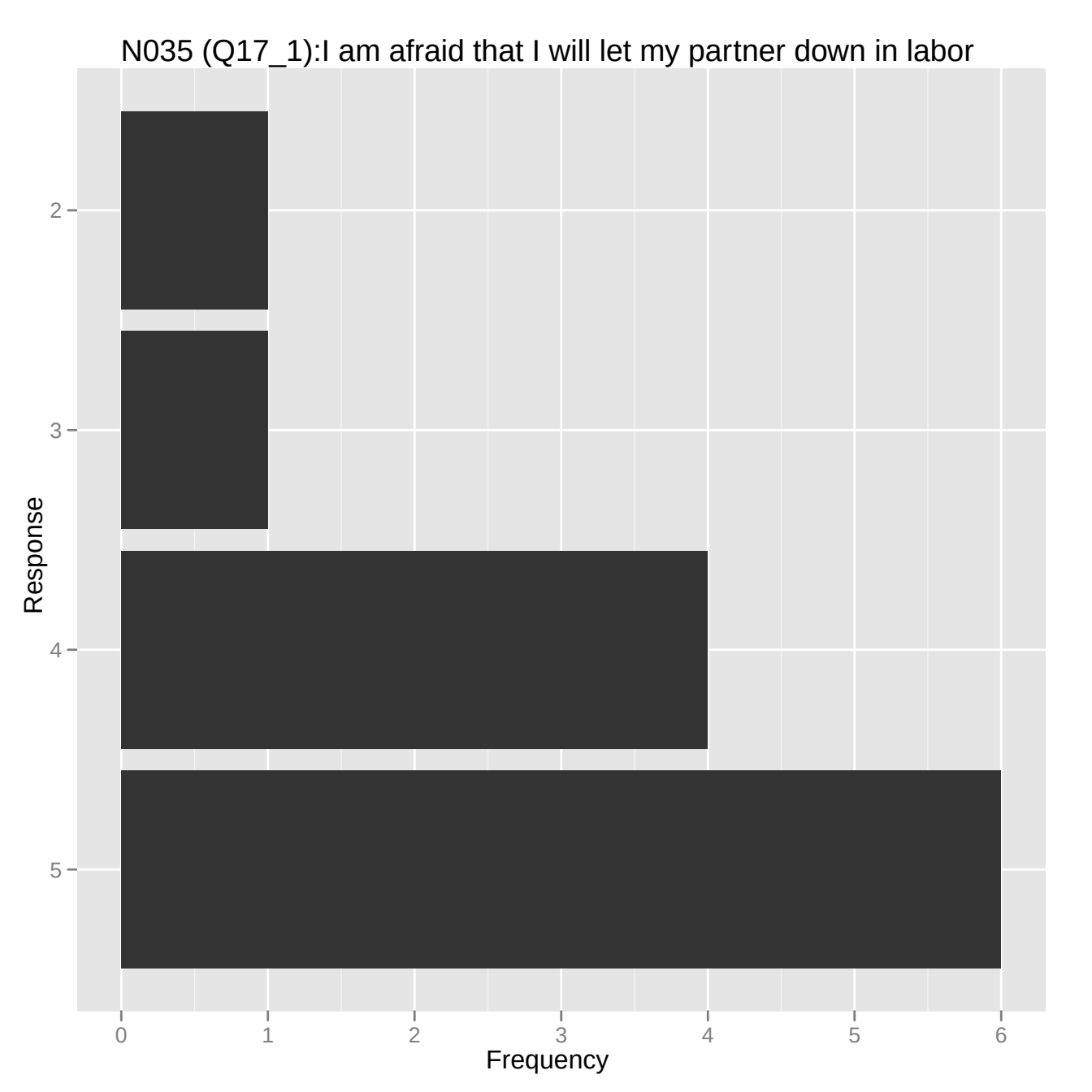

N030 (Q16_16):Determined
Response
3
4
5
0
1
2
3
4
5
Frequency

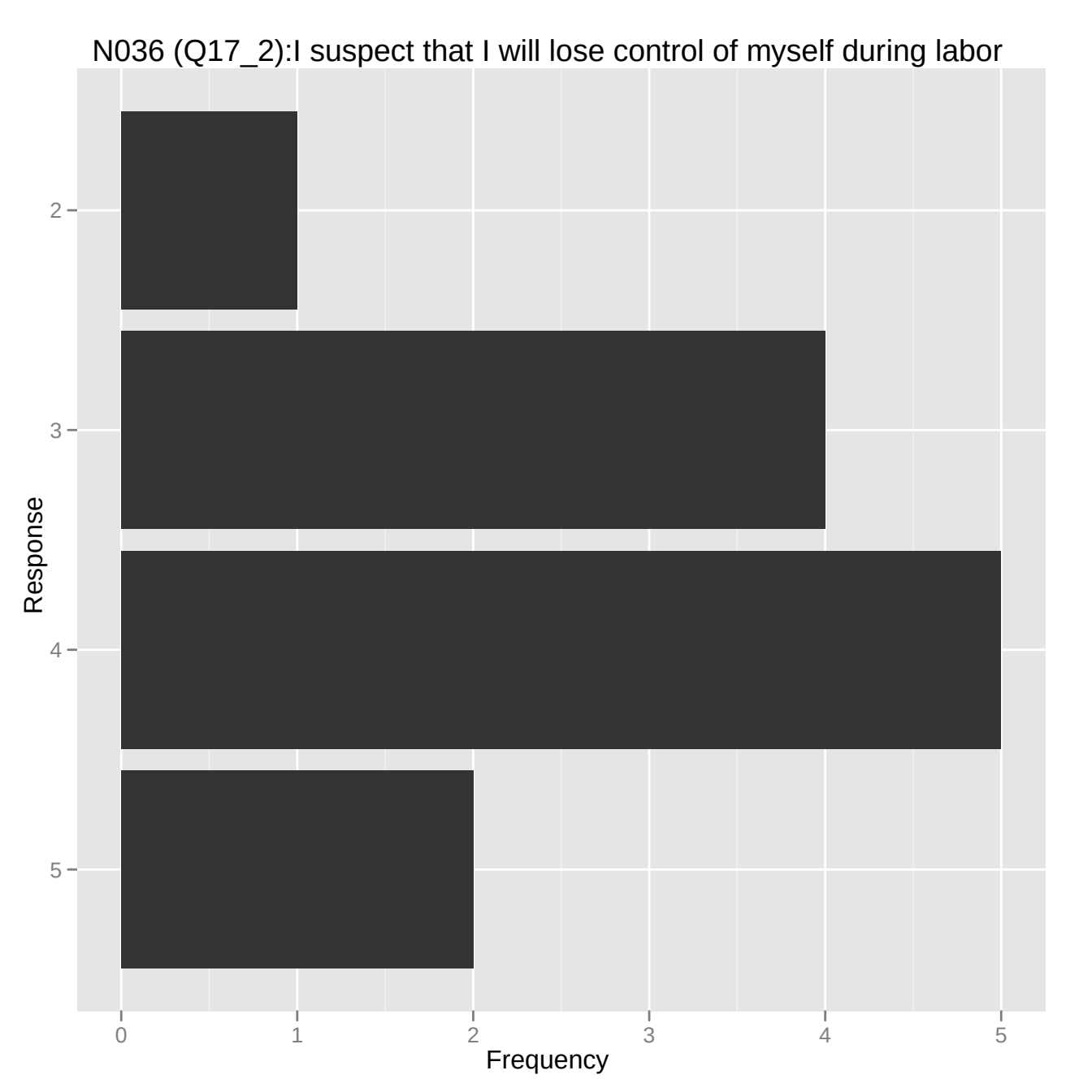

N031 (Q16_17):Attentive
Response
2
3
4
5
0
1
2
3
4
5
6
7
Frequency

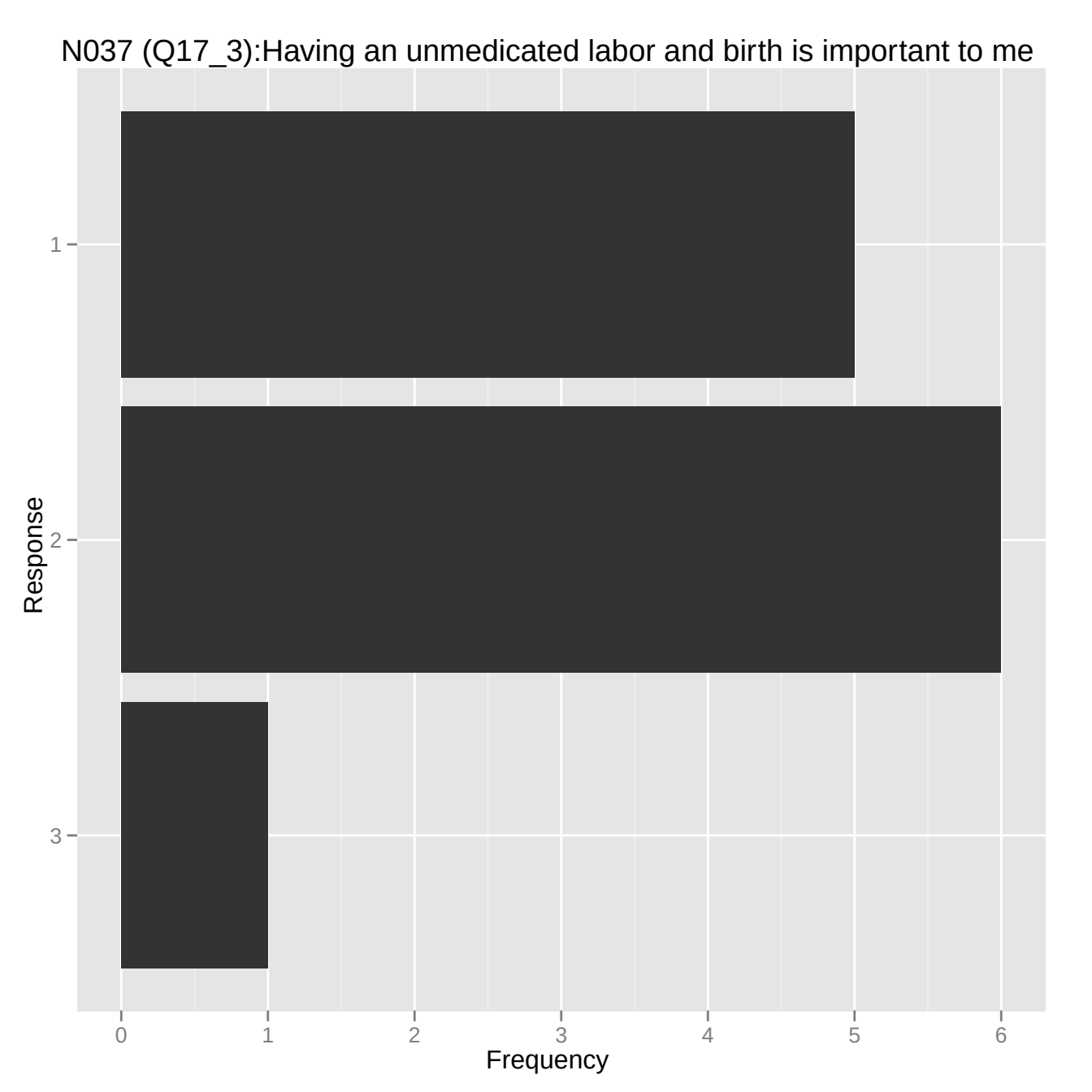

N032 (Q16_18):Jittery
Response
1
2
3
0
2
4
6
8
Frequency

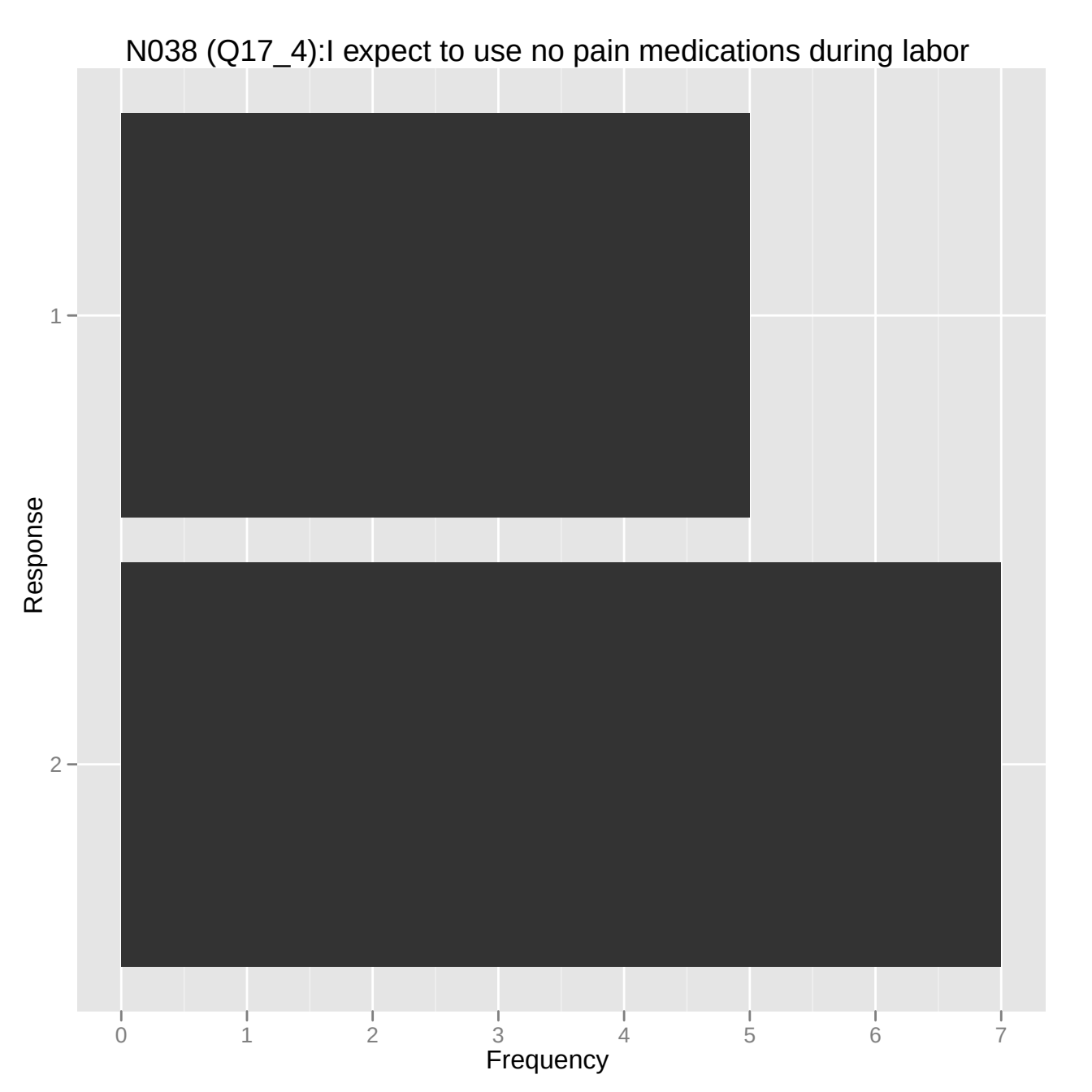

N033 (Q16_19):Active
Response
2
3
4
0
1
2
3
4
5
6
Frequency

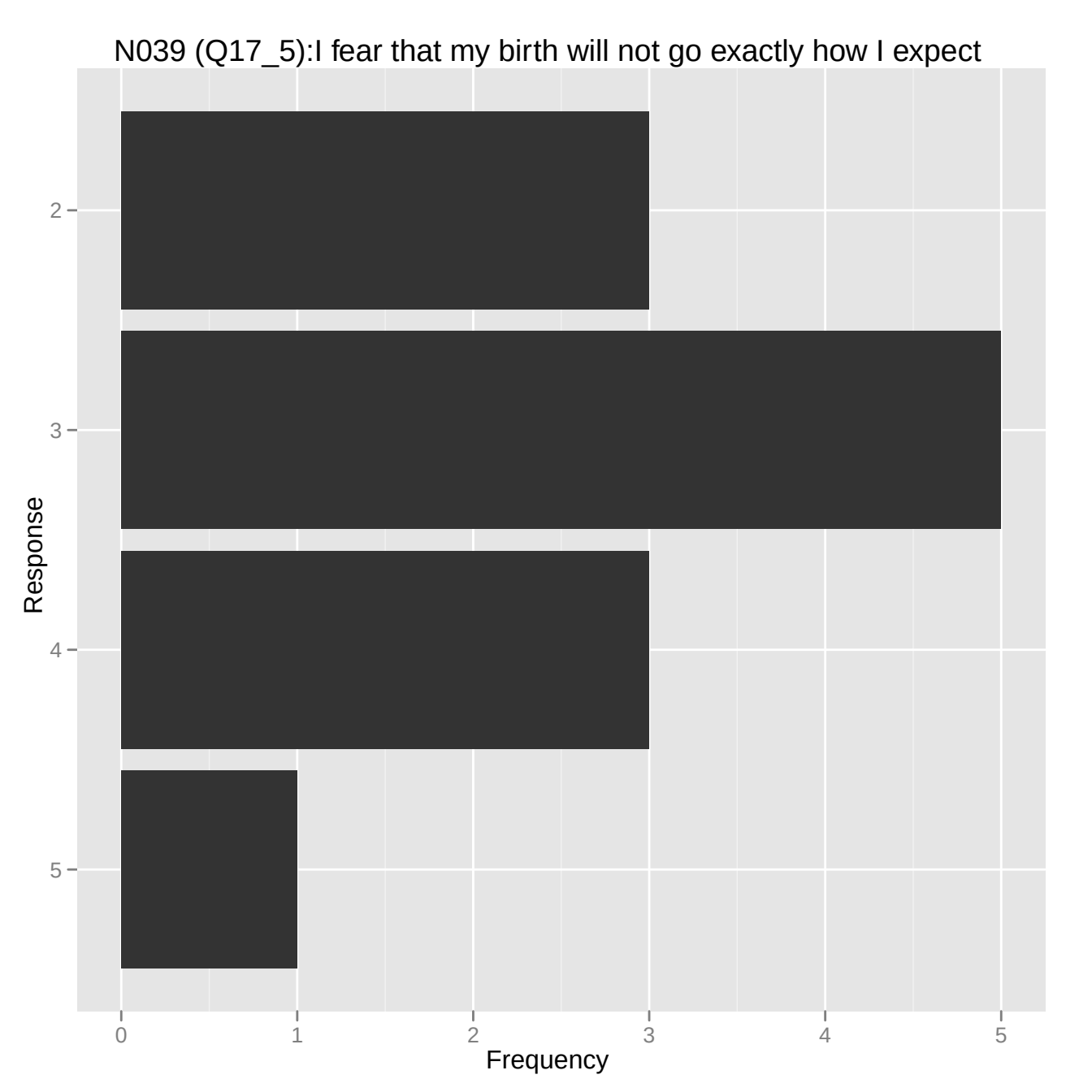

N034 (Q16_20):Afraid
Response
1
2
0
1
2
3
4
5
6
7
Frequency

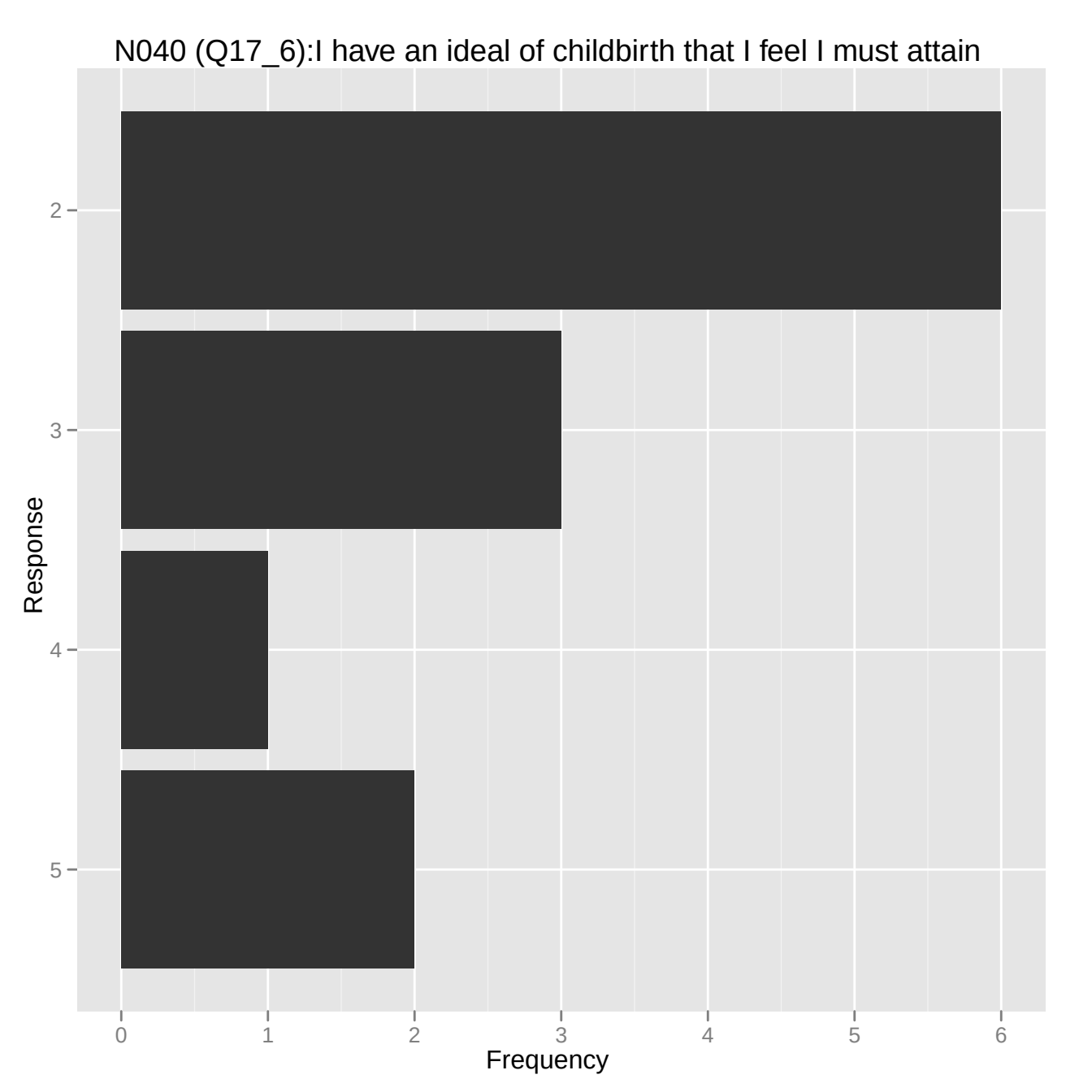

N035 (Q17_1):I am afraid that I will let my partner down in labor
Response
2
3
4
5
0
1
2
3
4
5
6
Frequency

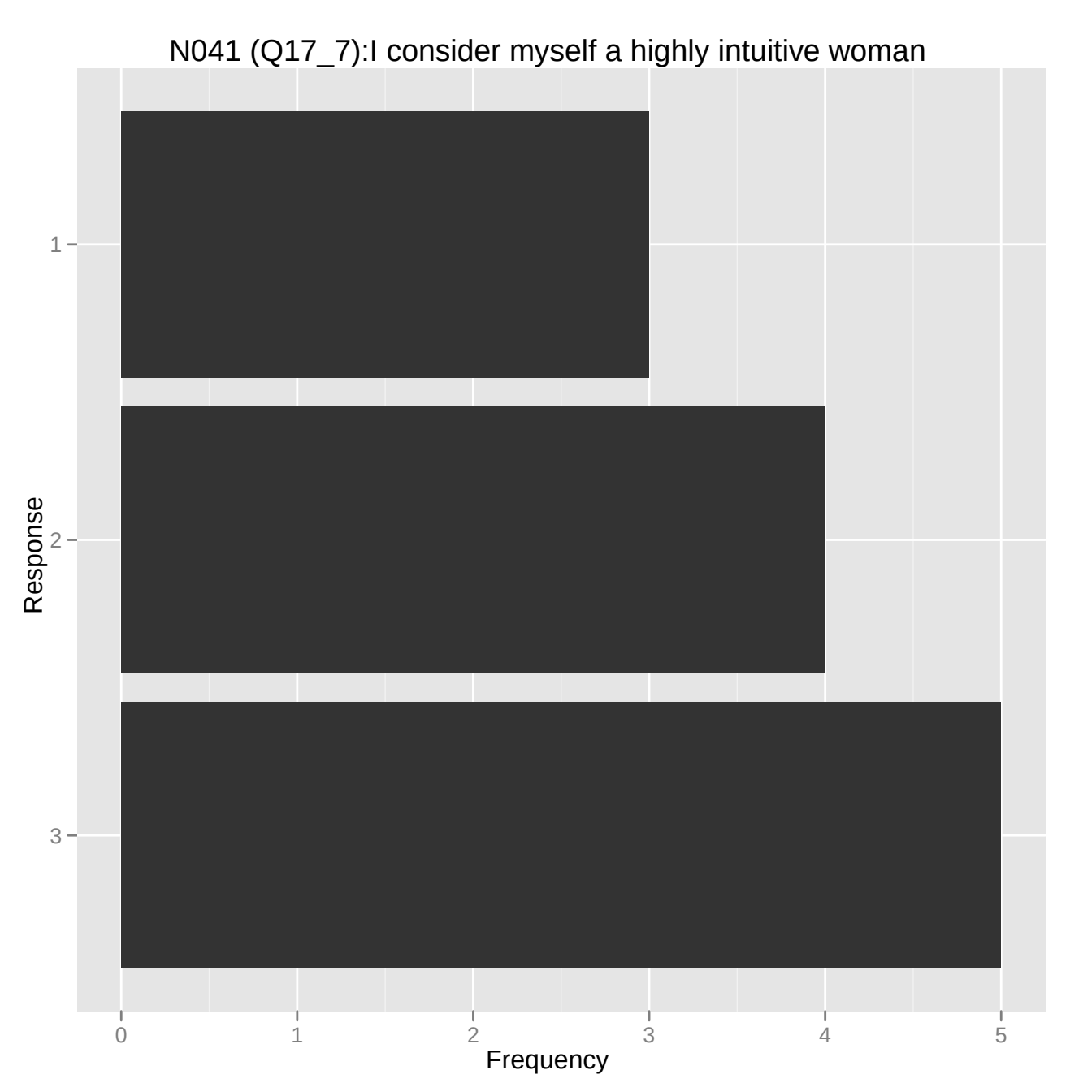

N036 (Q17_2):I suspect that I will lose control of myself during labor
Response
2
3
4
5
0
1
2
3
4
5
Frequency

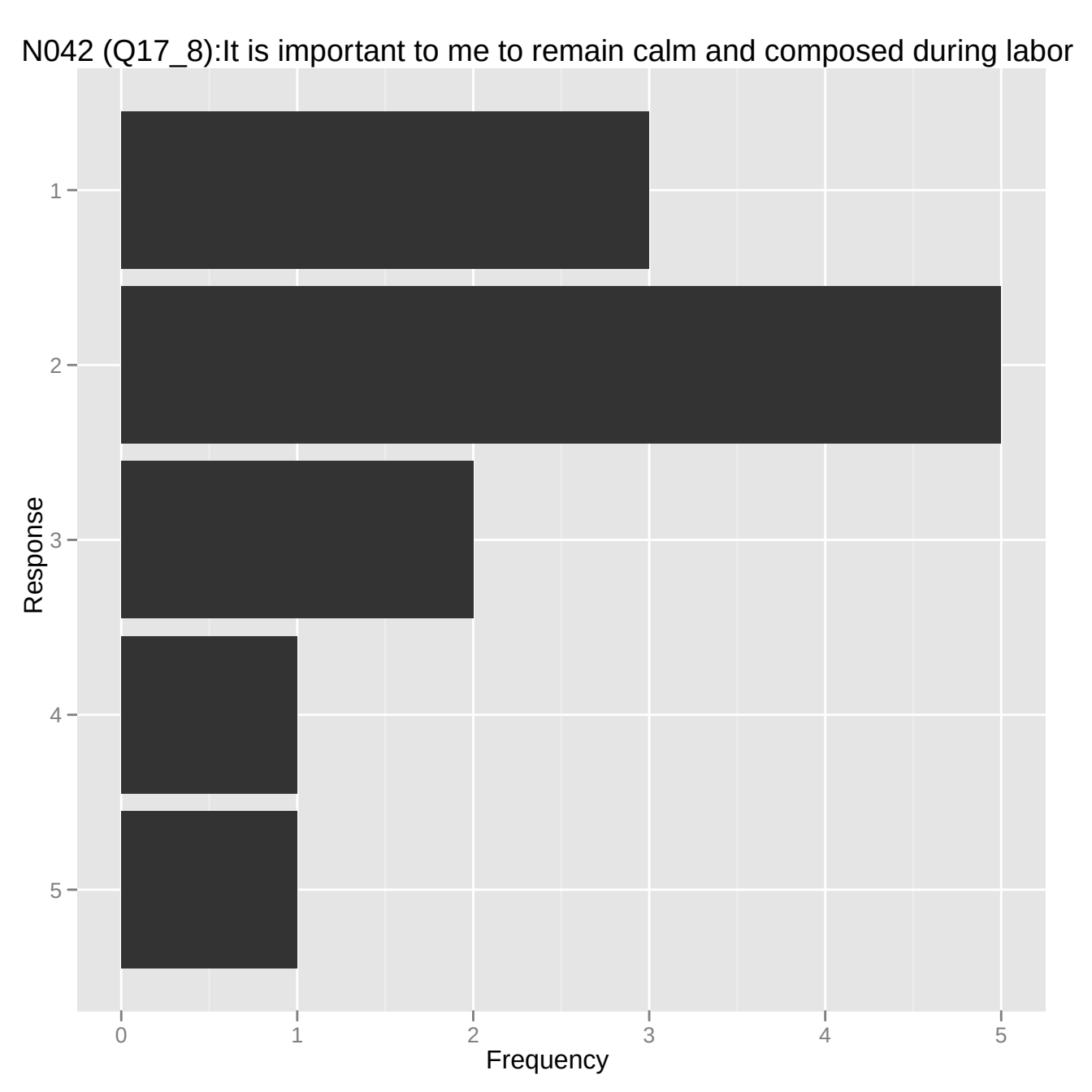

N037 (Q17_3):Having an unmedicated labor and birth is important to me
Response
1
2
3
0
1
2
3
4
5
6
Frequency

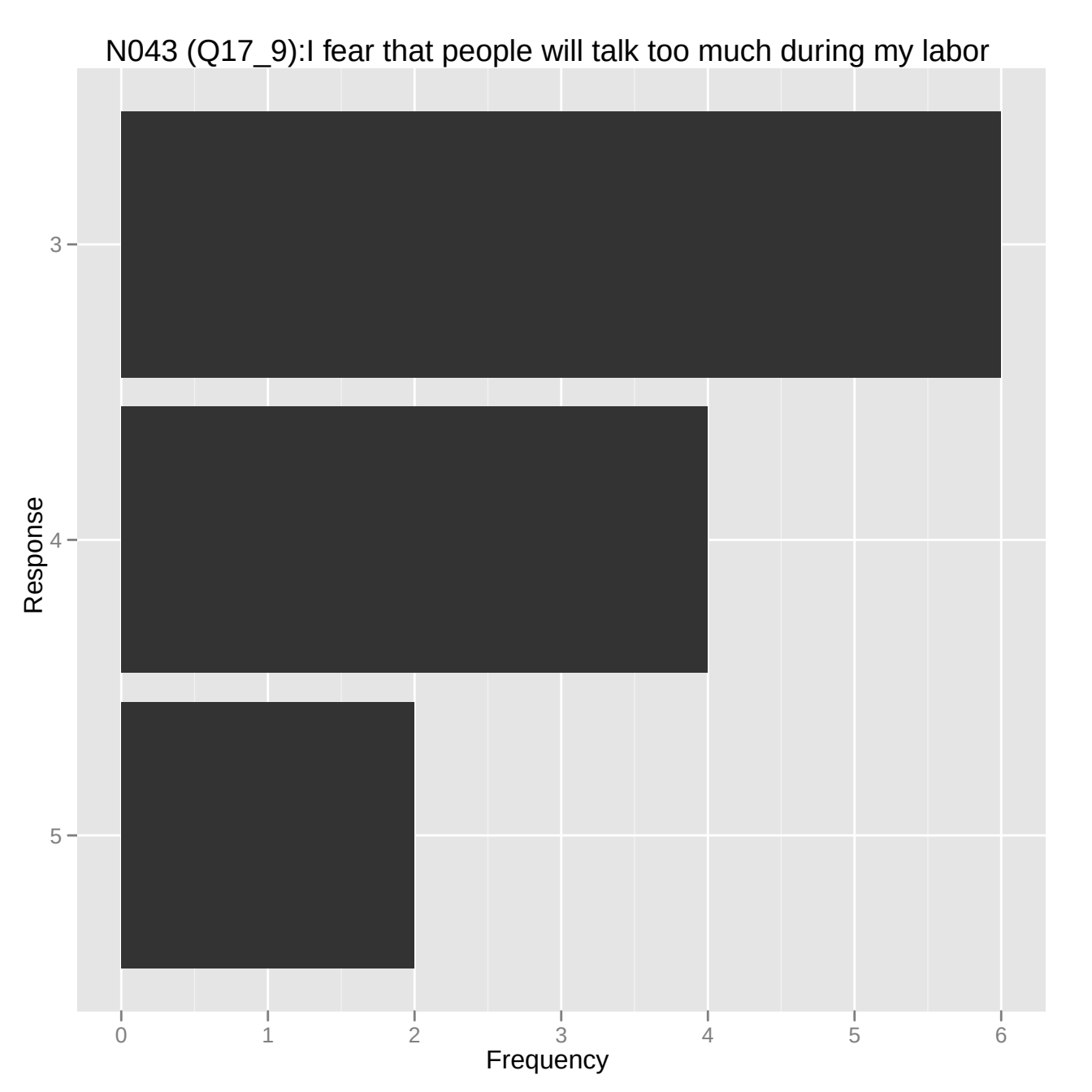

N038 (Q17_4):I expect to use no pain medications during labor
Response
1
2
0
1
2
3
4
5
6
7
Frequency

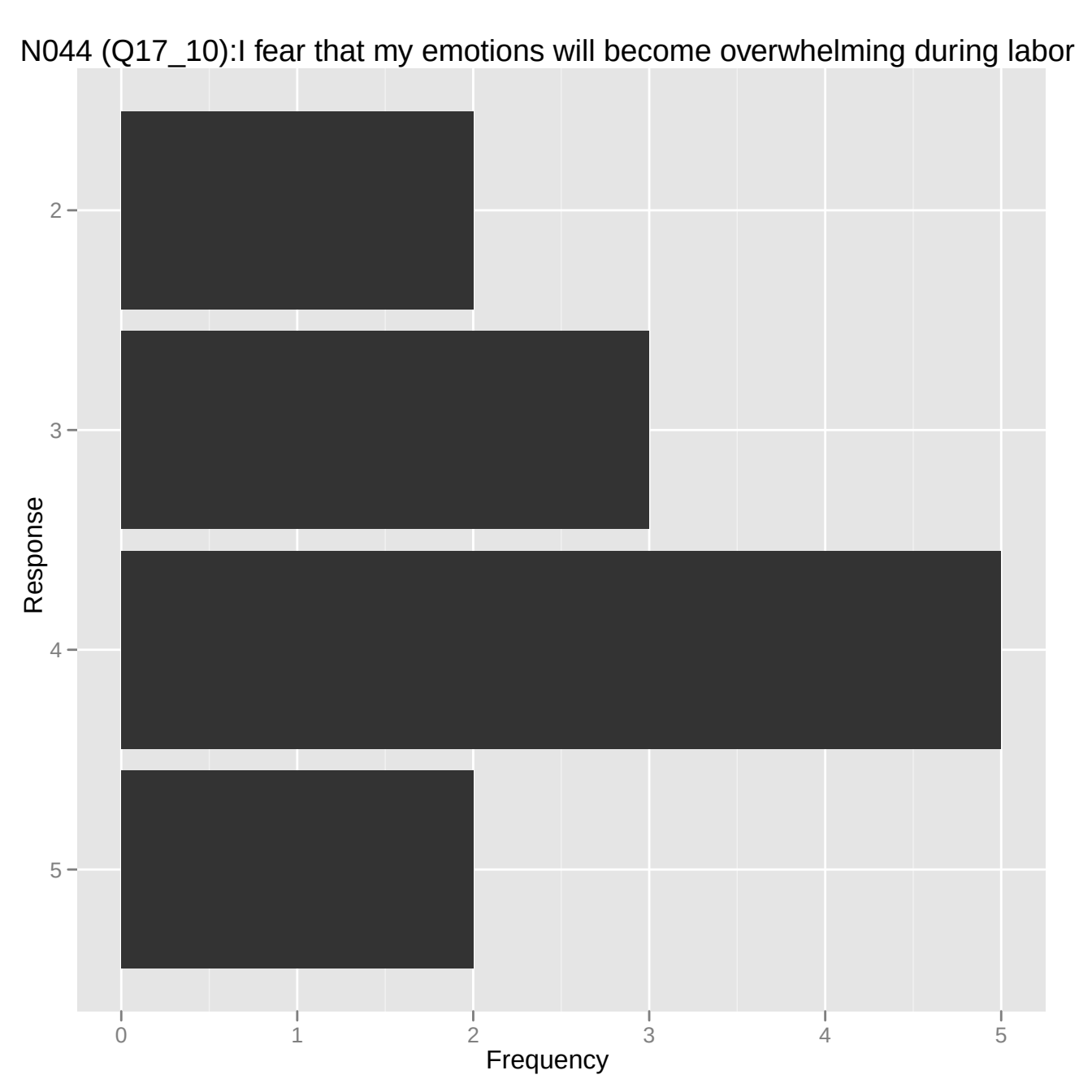

N039 (Q17_5):I fear that my birth will not go exactly how I expect
Response
2
3
4
5
0
1
2
3
4
5
Frequency


N040 (Q17_6):I have an ideal of childbirth that I feel I must attain
Response
2
3
4
5
0
1
2
3
4
5
6
Frequency

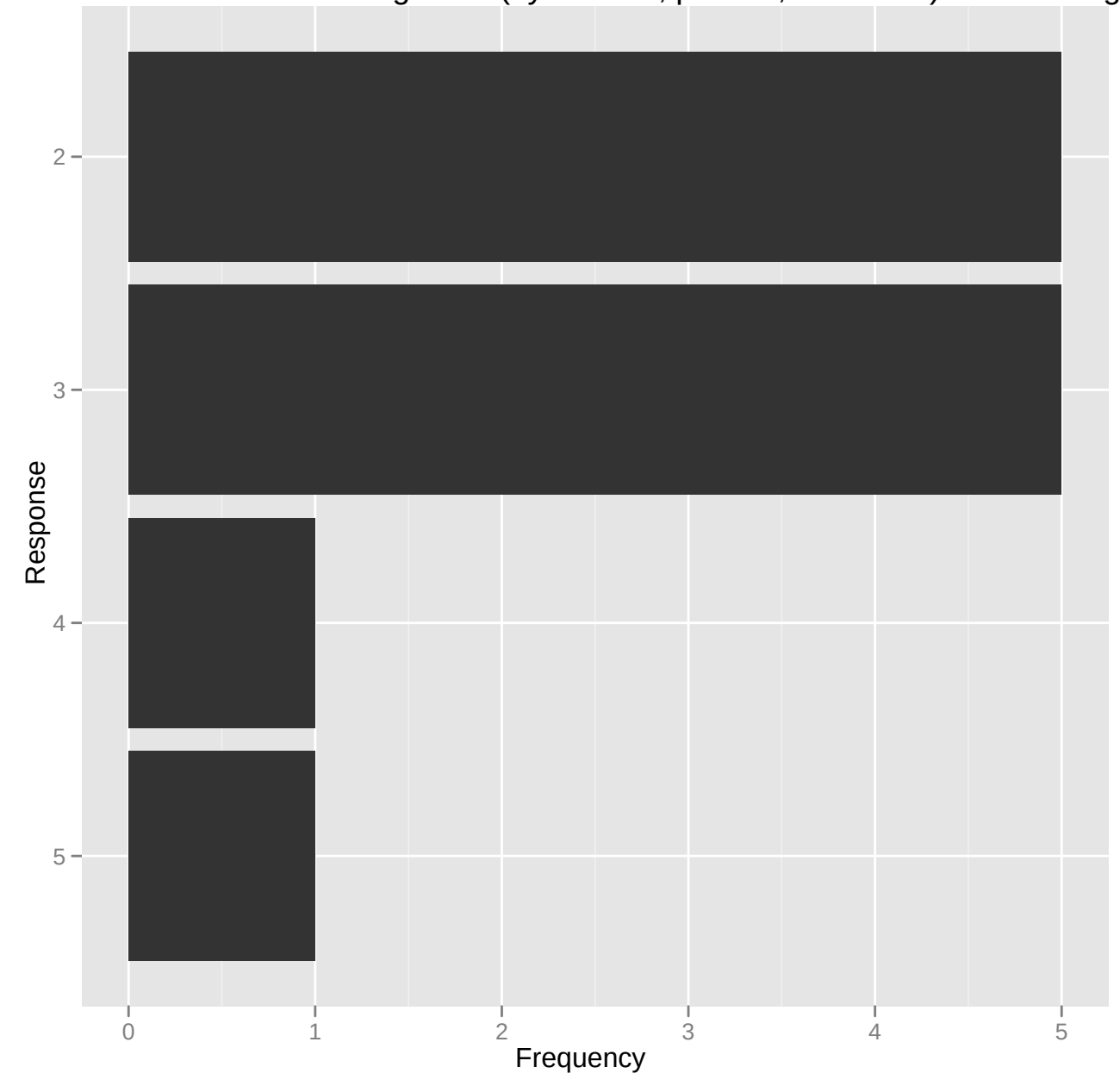

N041 (Q17_7):I consider myself a highly intuitive woman
Response
1
2
3
0
1
2
3
4
5
Frequency

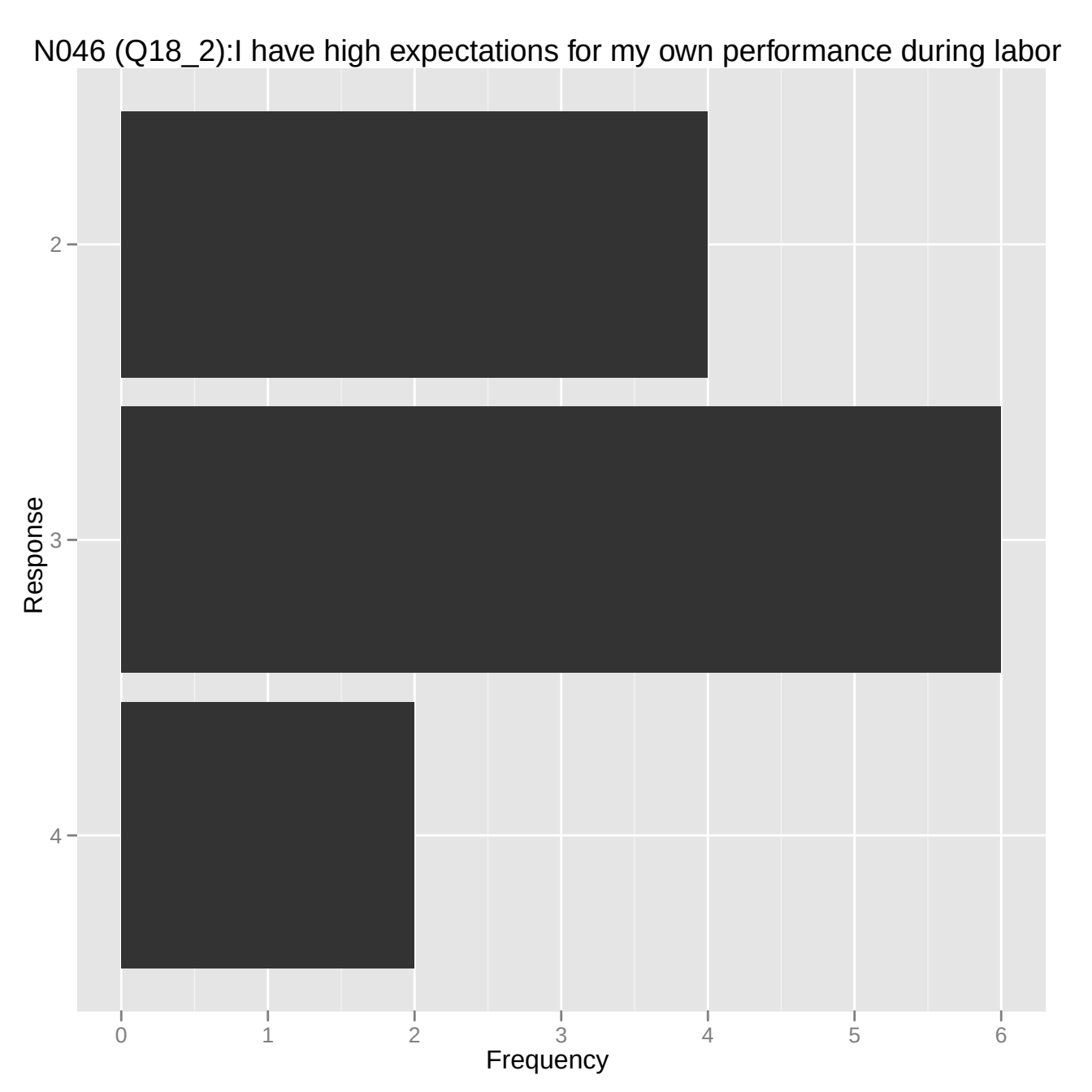

N042 (Q17_8):It is important to me to remain calm and composed during labor
Response
1
2
3
4
5
0
1
2
3
4
5
Frequency

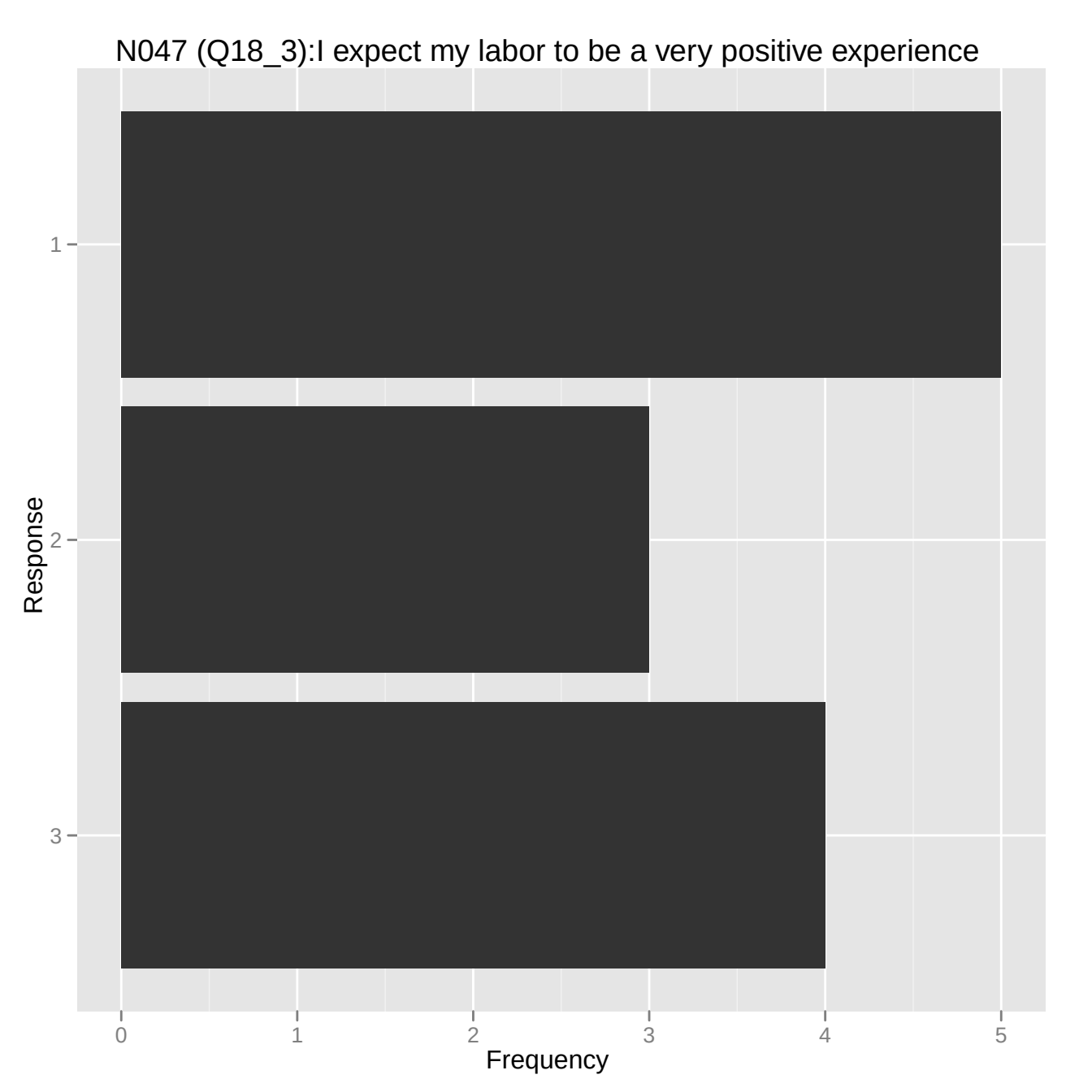

N043 (Q17_9):I fear that people will talk too much during my labor
Response
3
4
5
0
1
2
3
4
5
6
Frequency

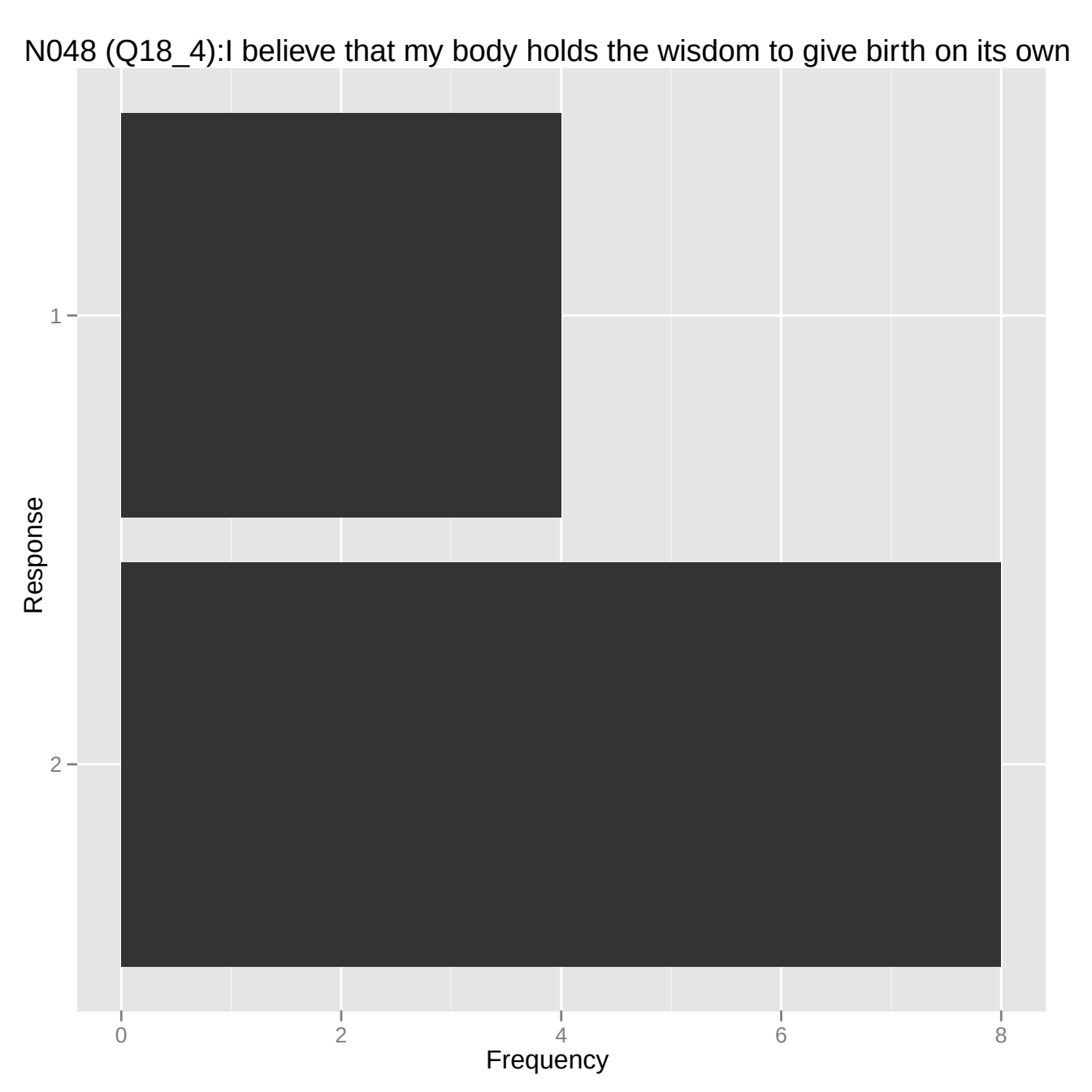

N044 (Q17_10):I fear that my emotions will become overwhelming during labor
Response
2
3
4
5
0
1
2
3
4
5
Frequency

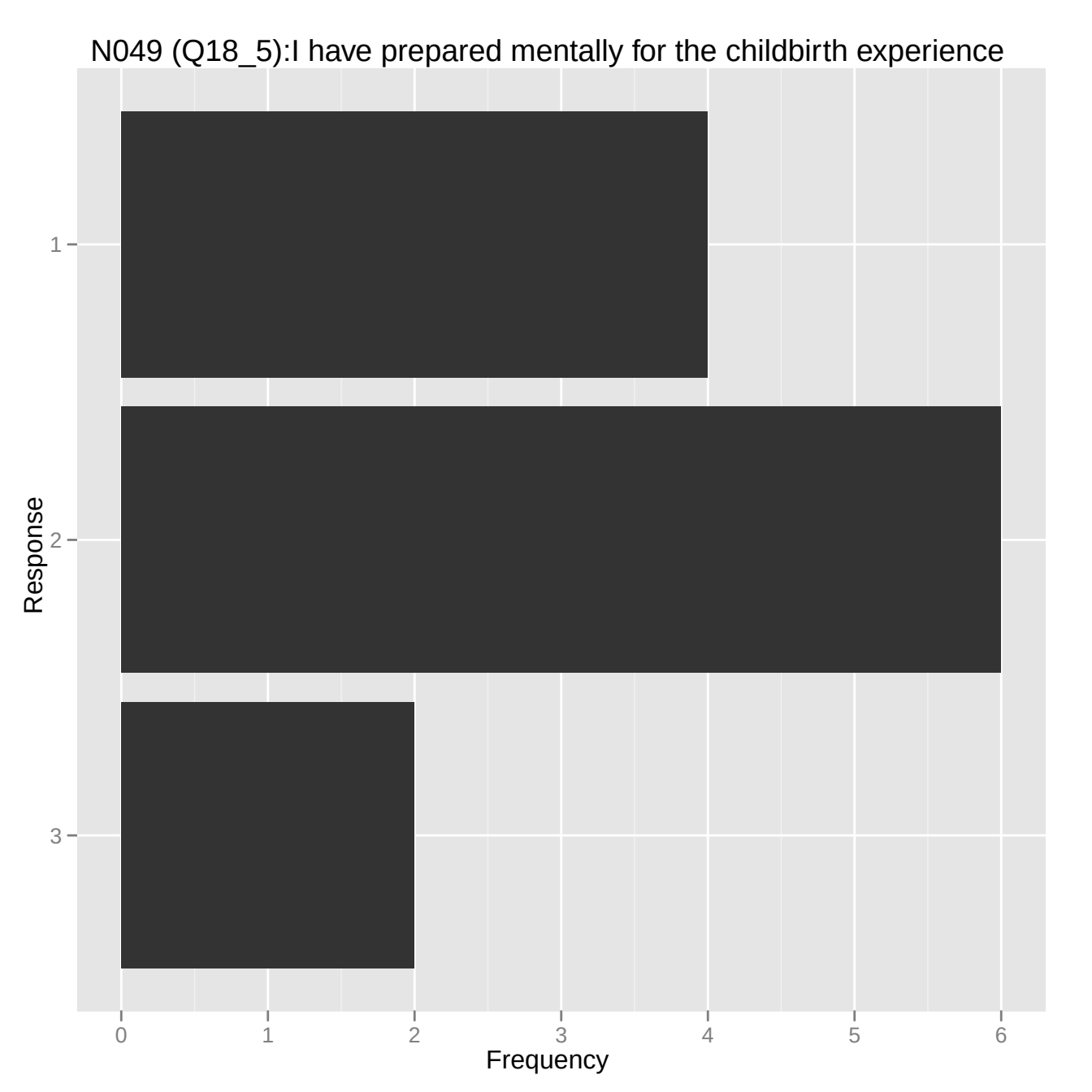
ill need to be coached during labor (by a doula, partner, midwife...) in order to give

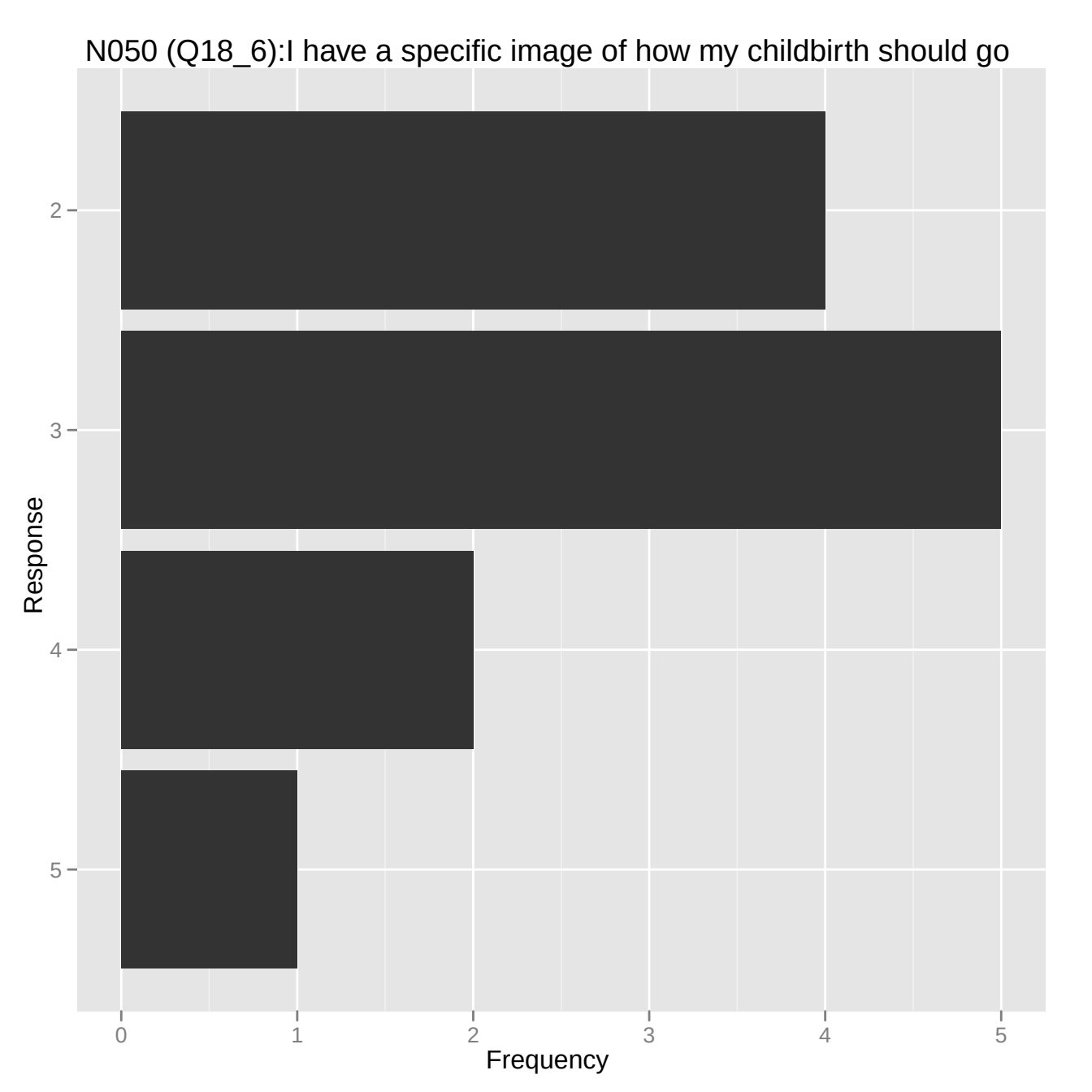


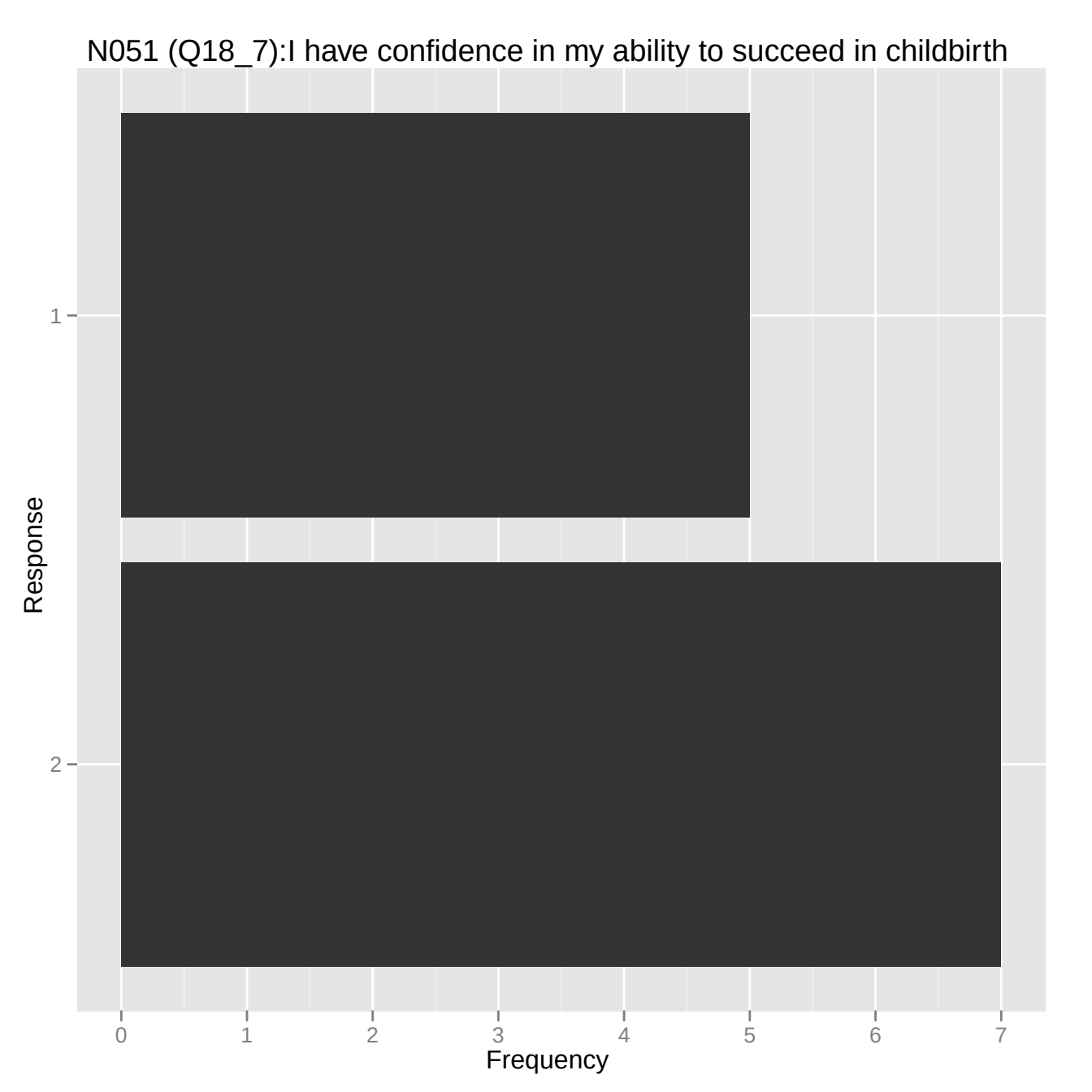

N046 (Q18_2):I have high expectations for my own performance during labor
Response
2
3
4
0
1
2
3
4
5
6
Frequency

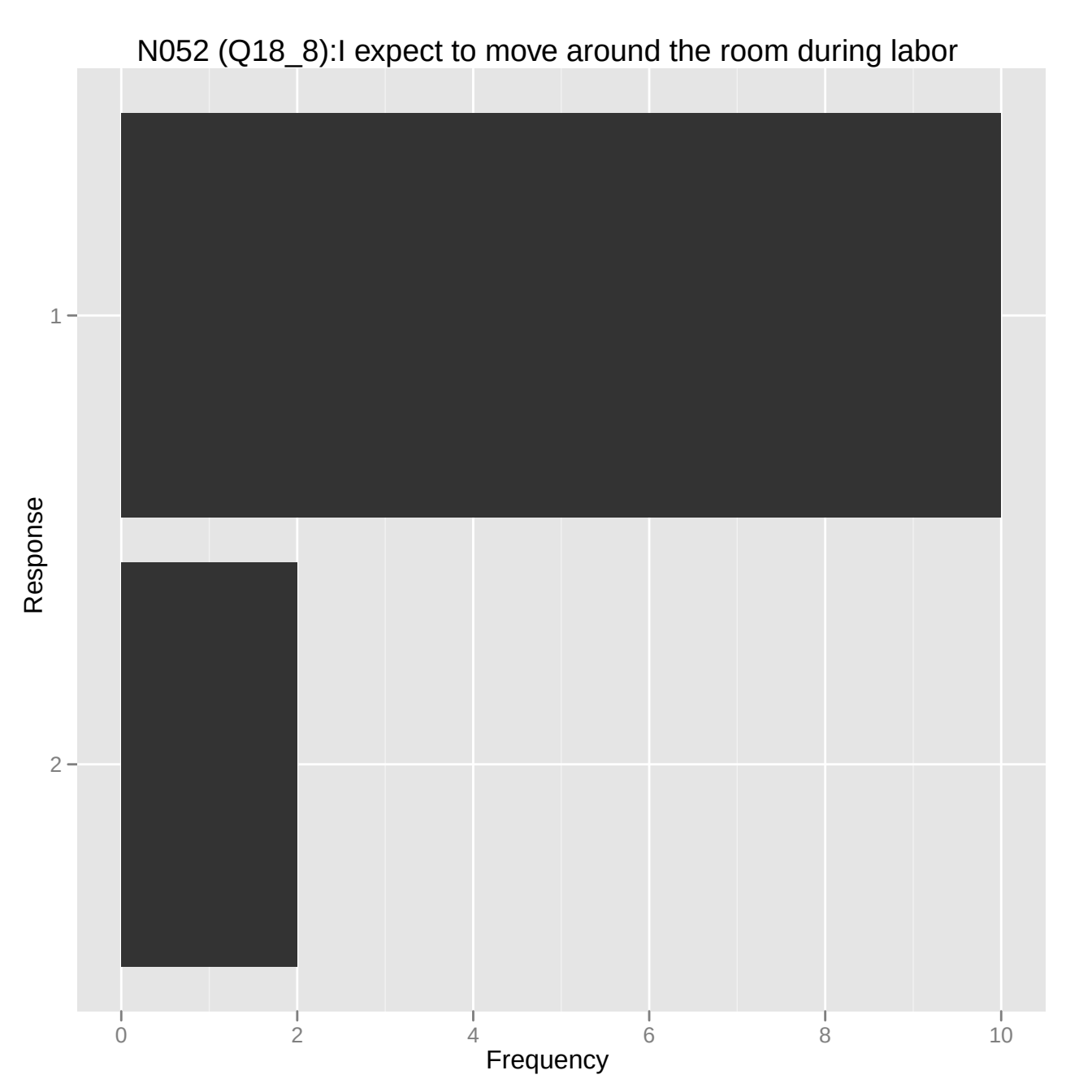

N047 (Q18_3):I expect my labor to be a very positive experience
Response
1
2
3
0
1
2
3
4
5
Frequency


N048 (Q18_4):I believe that my body holds the wisdom to give birth on its own
Response
1
2
0
2
4
6
8
Frequency

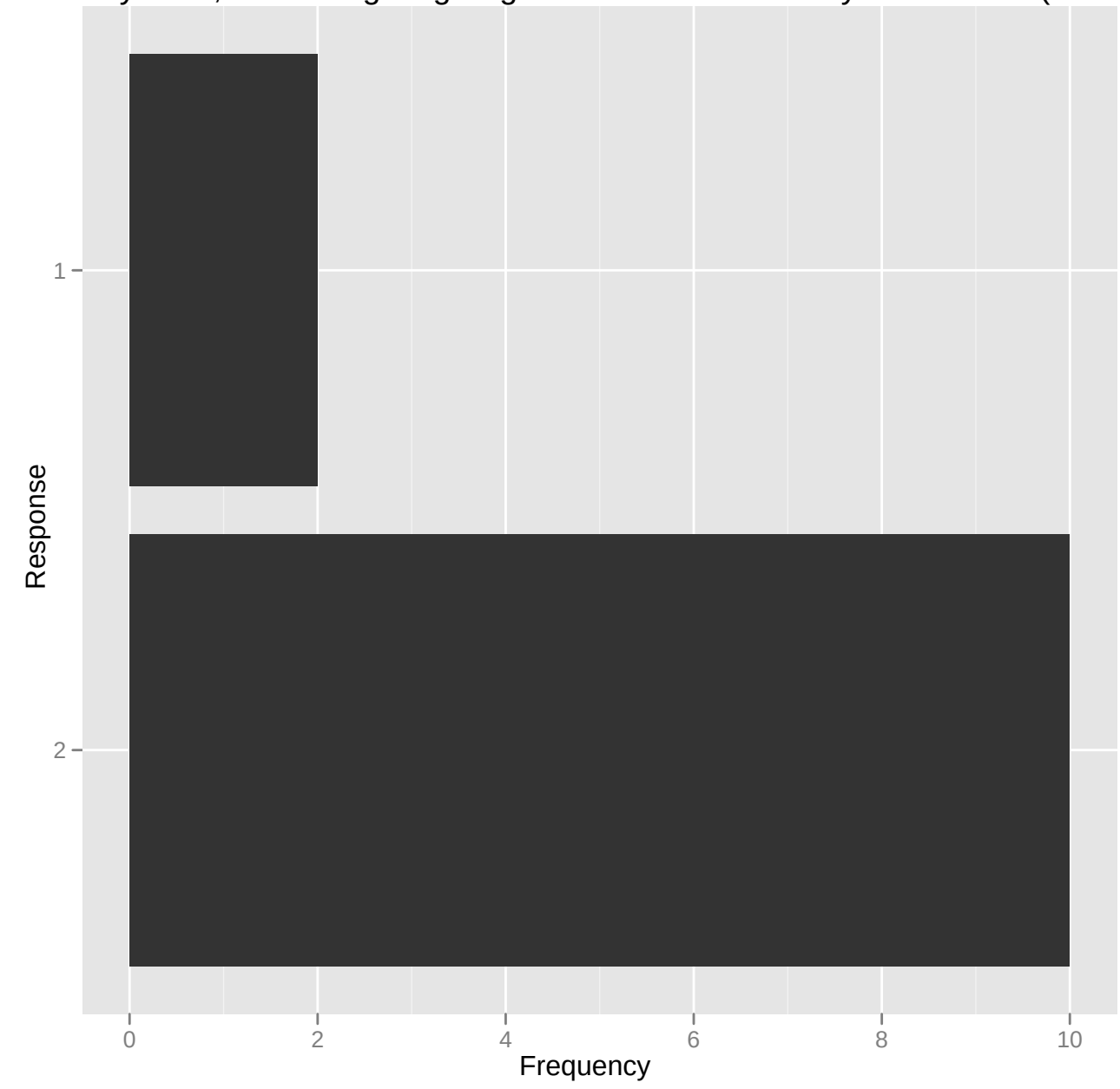

N049 (Q18_5):I have prepared mentally for the childbirth experience
Response
1
2
3
0
1
2
3
4
5
6
Frequency

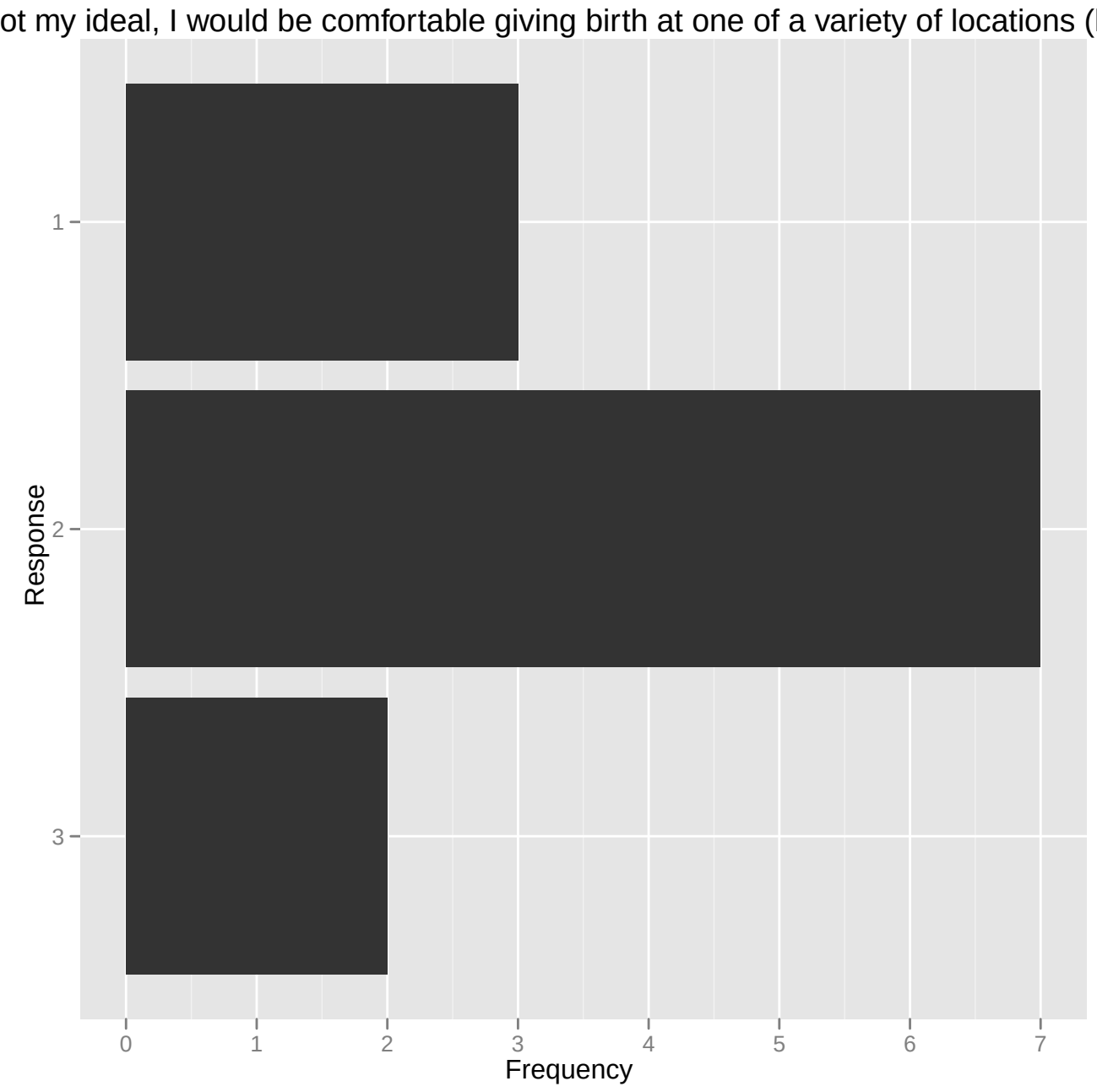

N050 (Q18_6):I have a specific image of how my childbirth should go
Response
2
3
4
5
0
1
2
3
4
5
Frequency

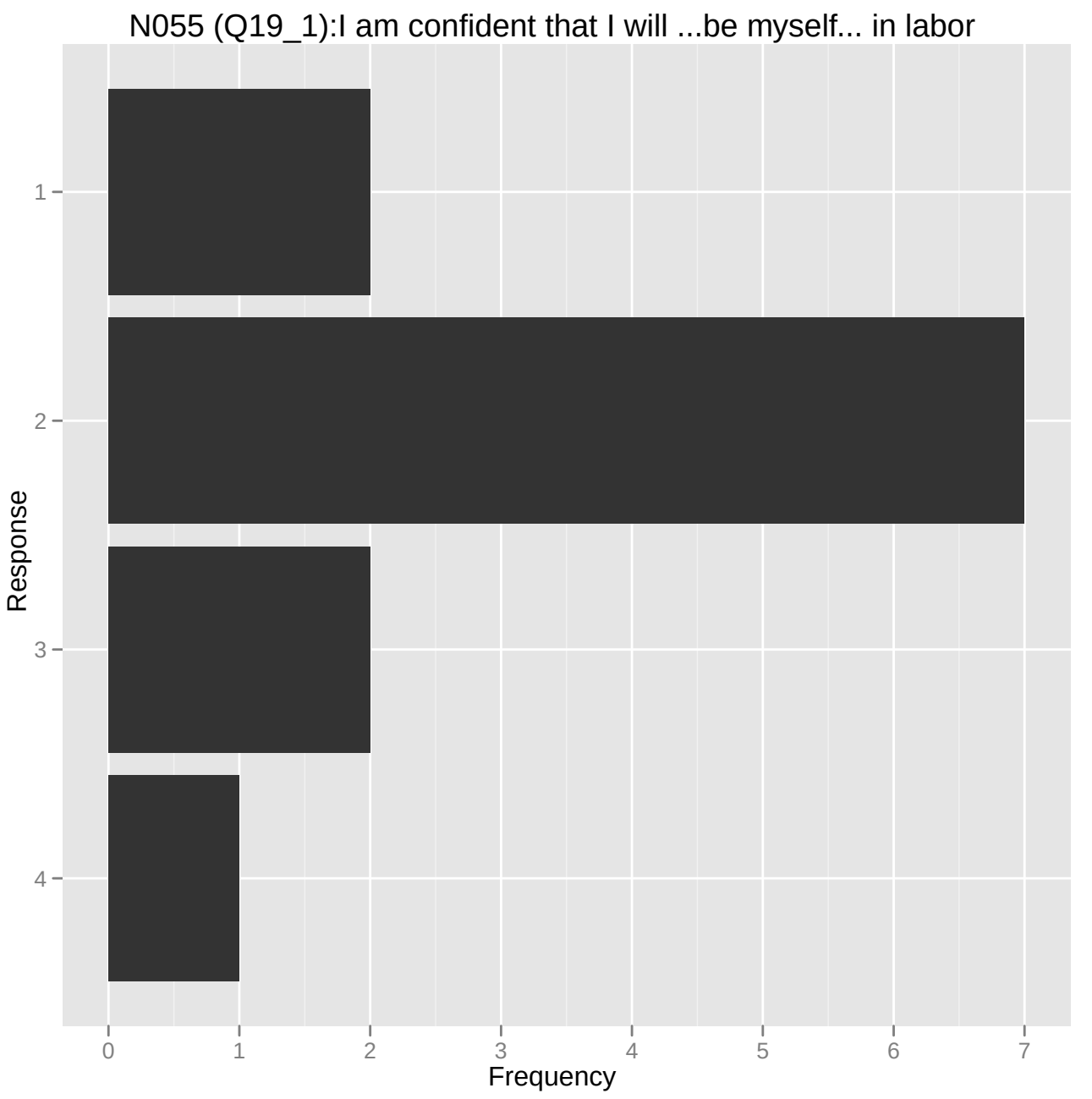

N051 (Q18_7):I have confidence in my ability to succeed in childbirth
Response
1
2
0
1
2
3
4
5
6
7
Frequency

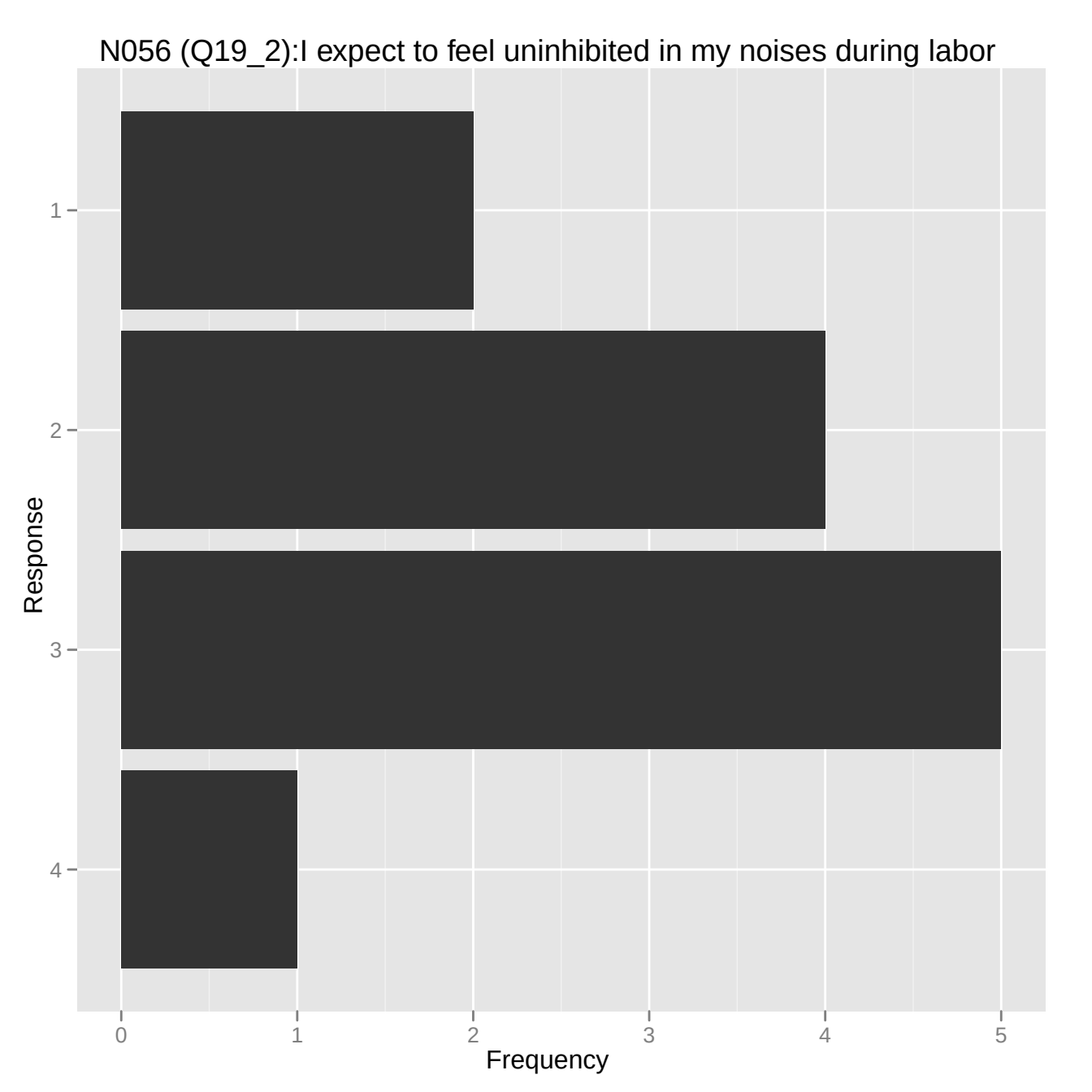

N052 (Q18_8):I expect to move around the room during labor
Response
1
2
0
2
4
6
8
10
Frequency

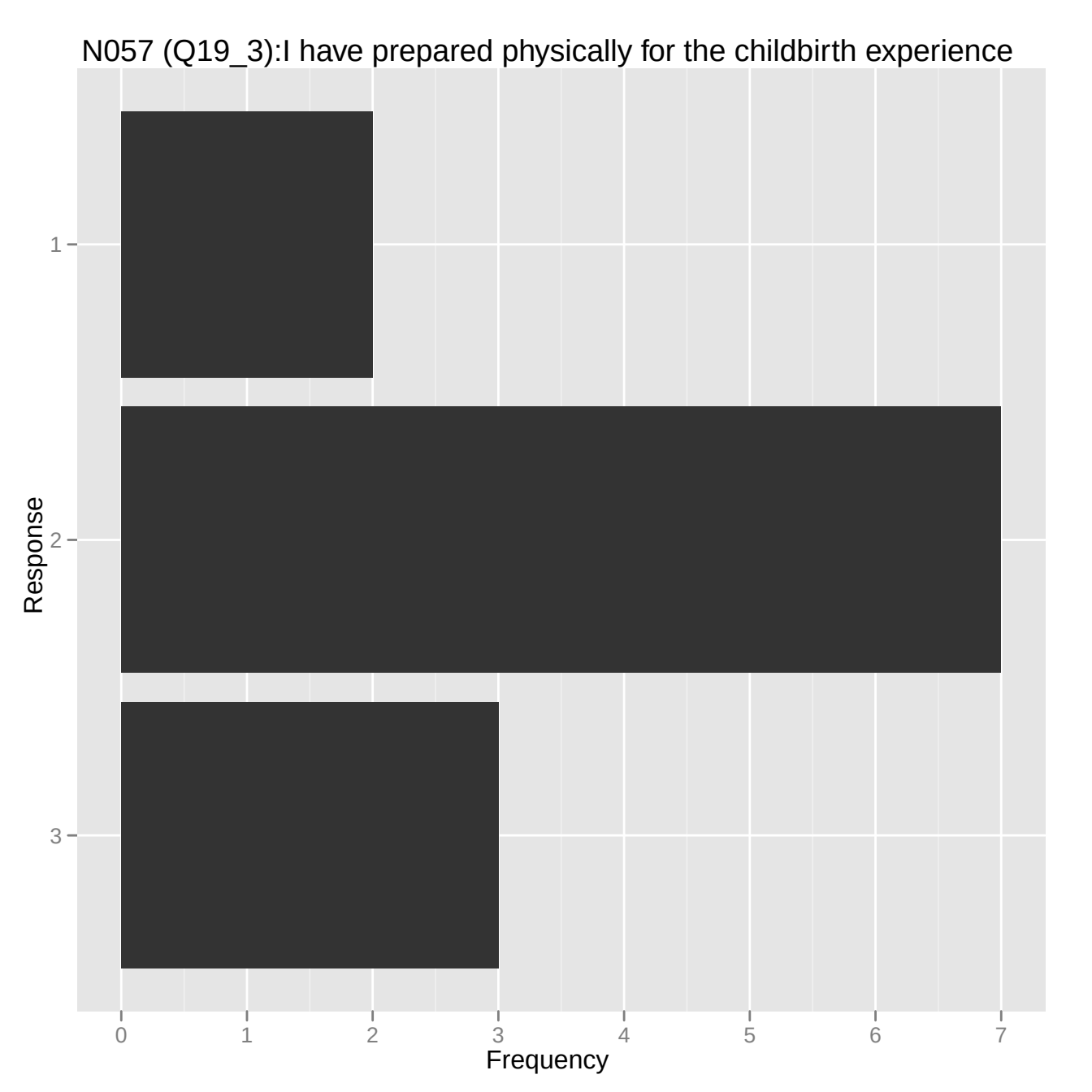
..s not my ideal, I can imagine giving birth at one of a variety of locations (home, b

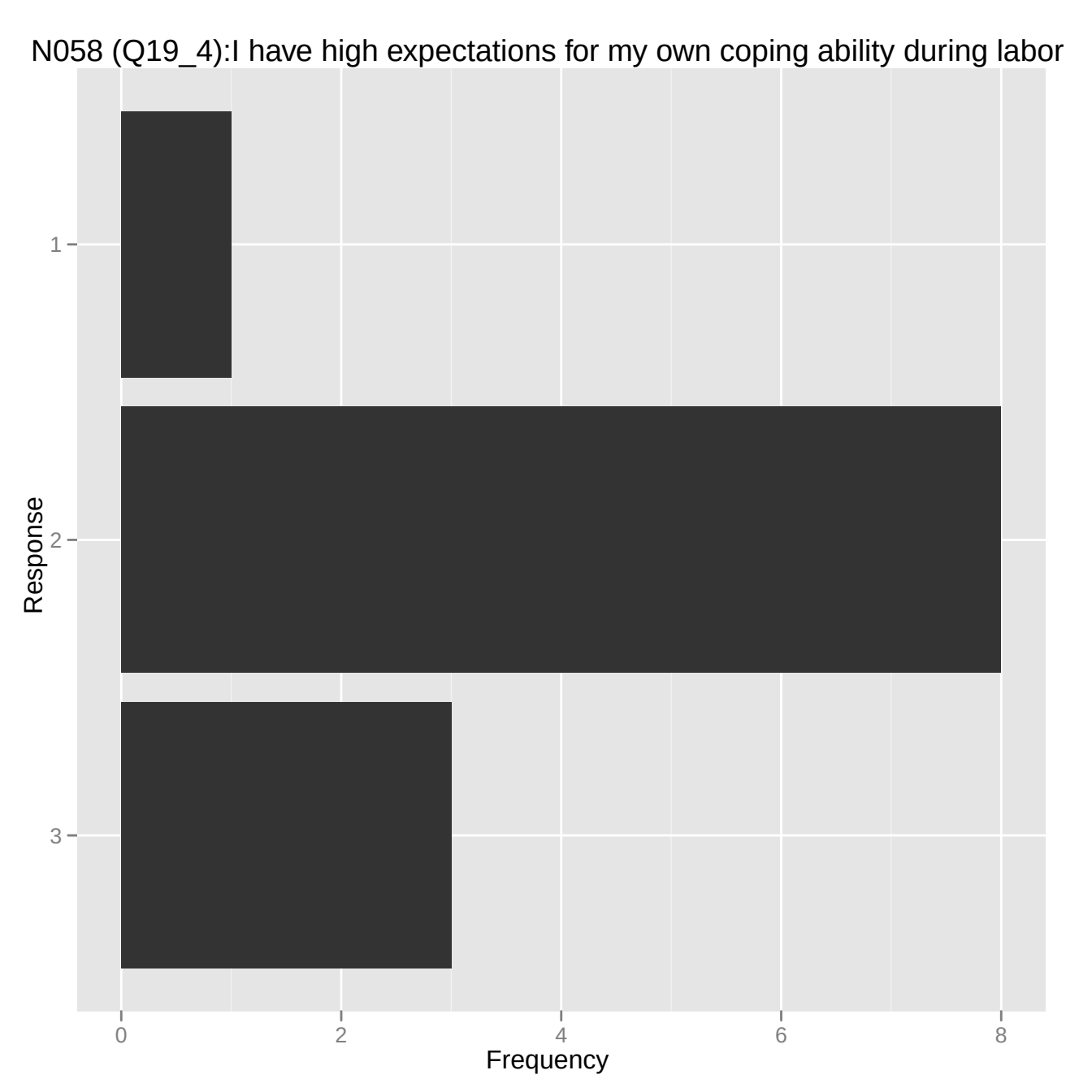


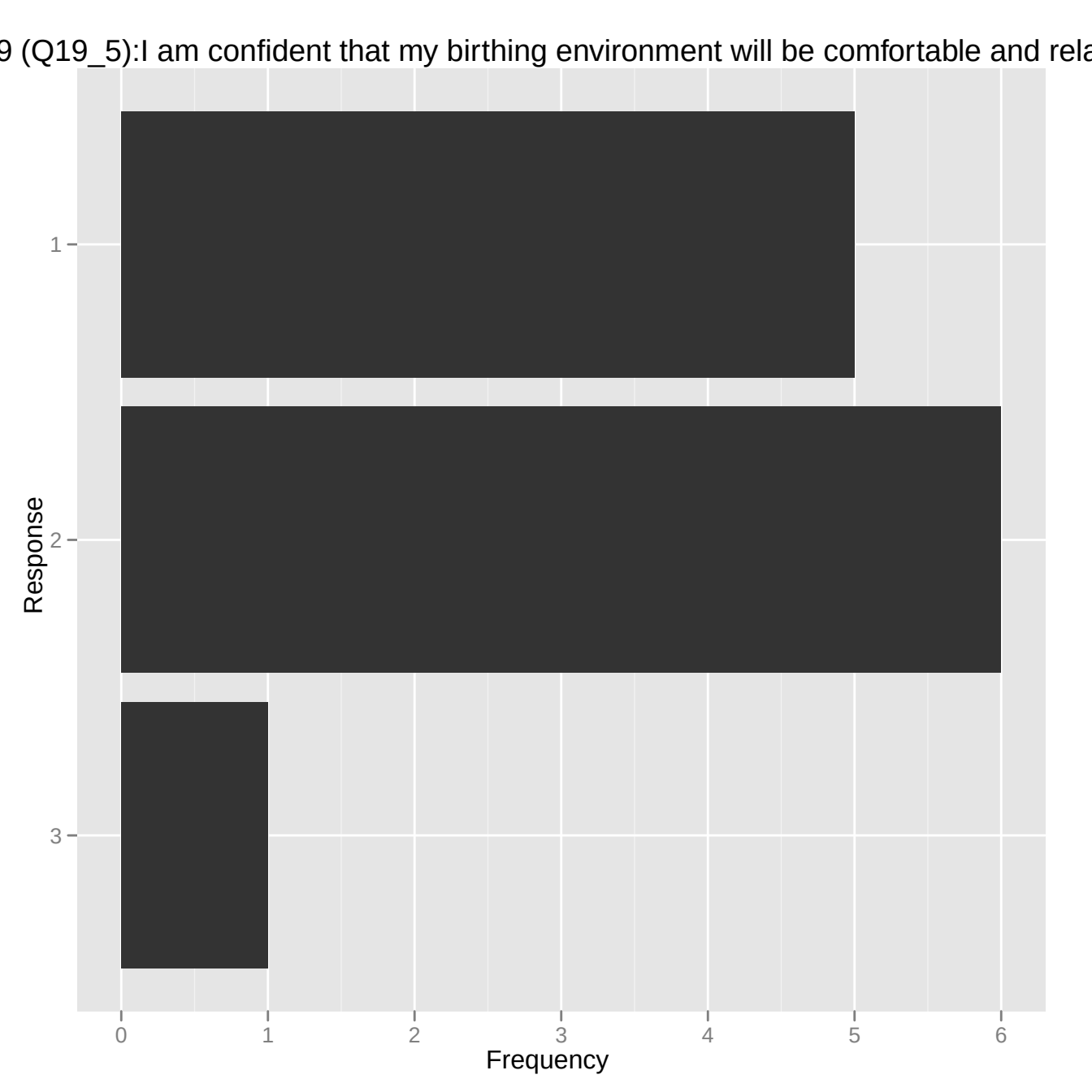

ot my ideal, I would be comfortable giving birth at one of a variety of locations (hor
Response
1
2
3
0
1
2
3
4
5
6
7
Frequency

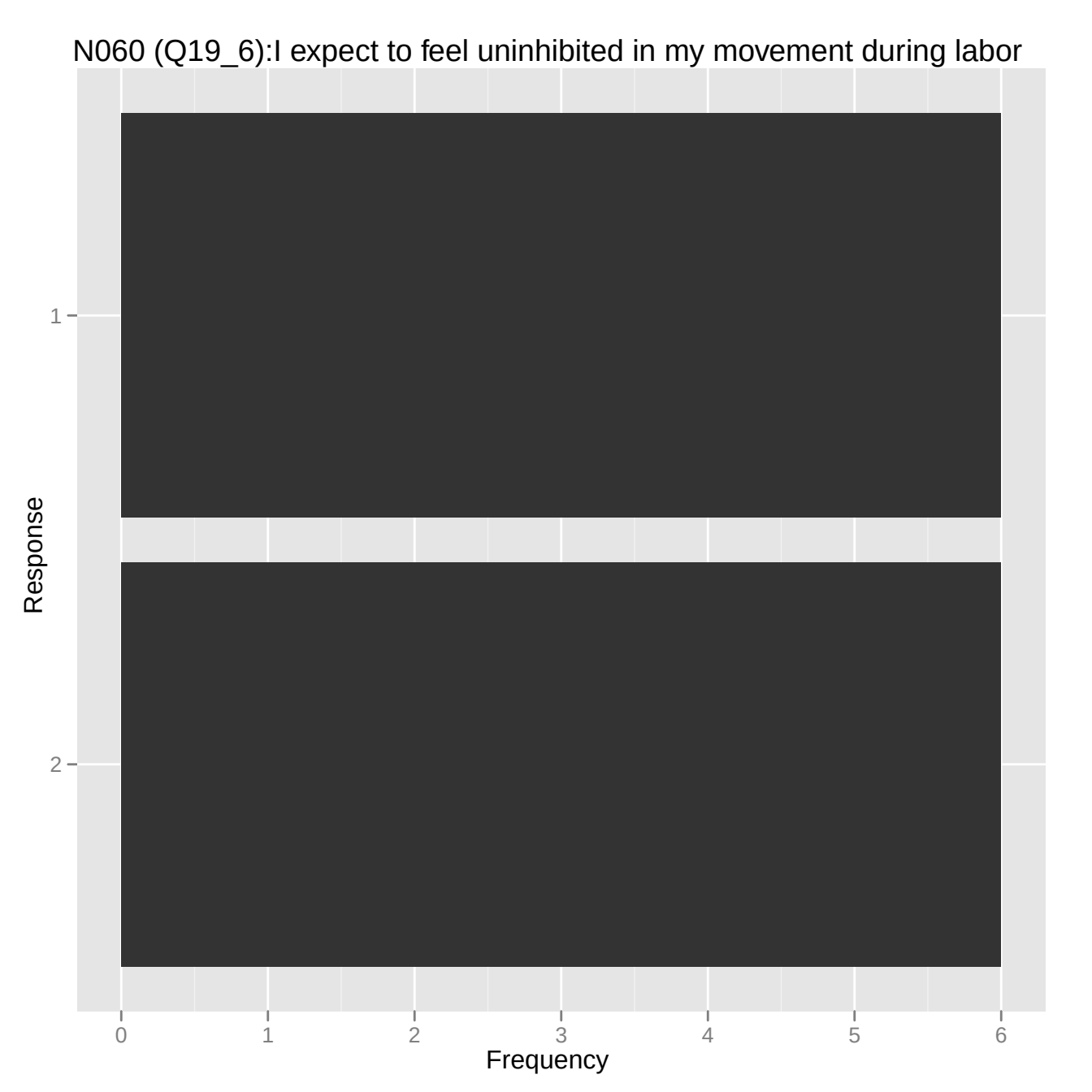

N055 (Q19_1):I am confident that I will ...be myself... in labor
Response
1
2
3
4
0
1
2
3
4
5
6
7
Frequency

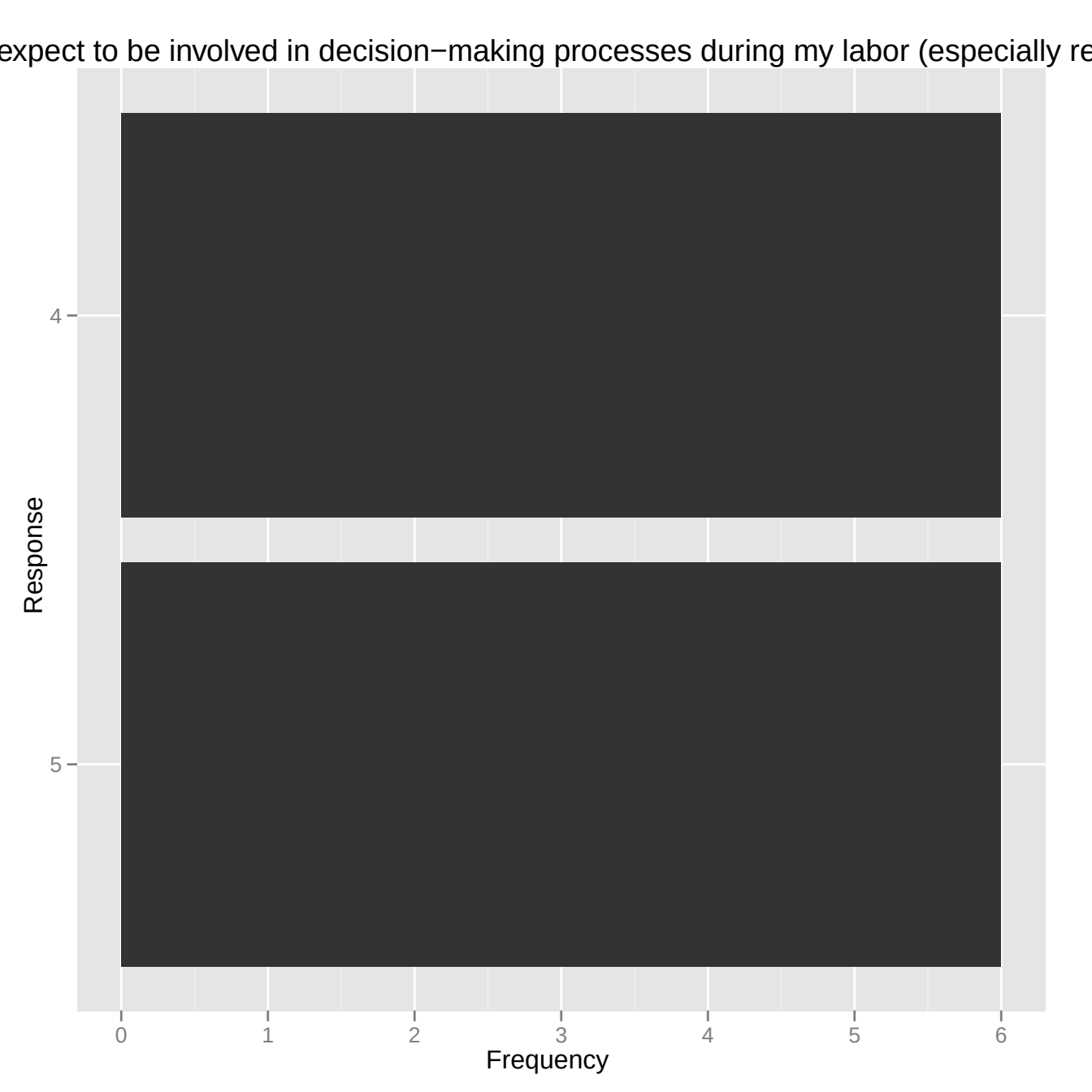

N056 (Q19_2):I expect to feel uninhibited in my noises during labor
Response
1
2
3
4
0
1
2
3
4
5
Frequency

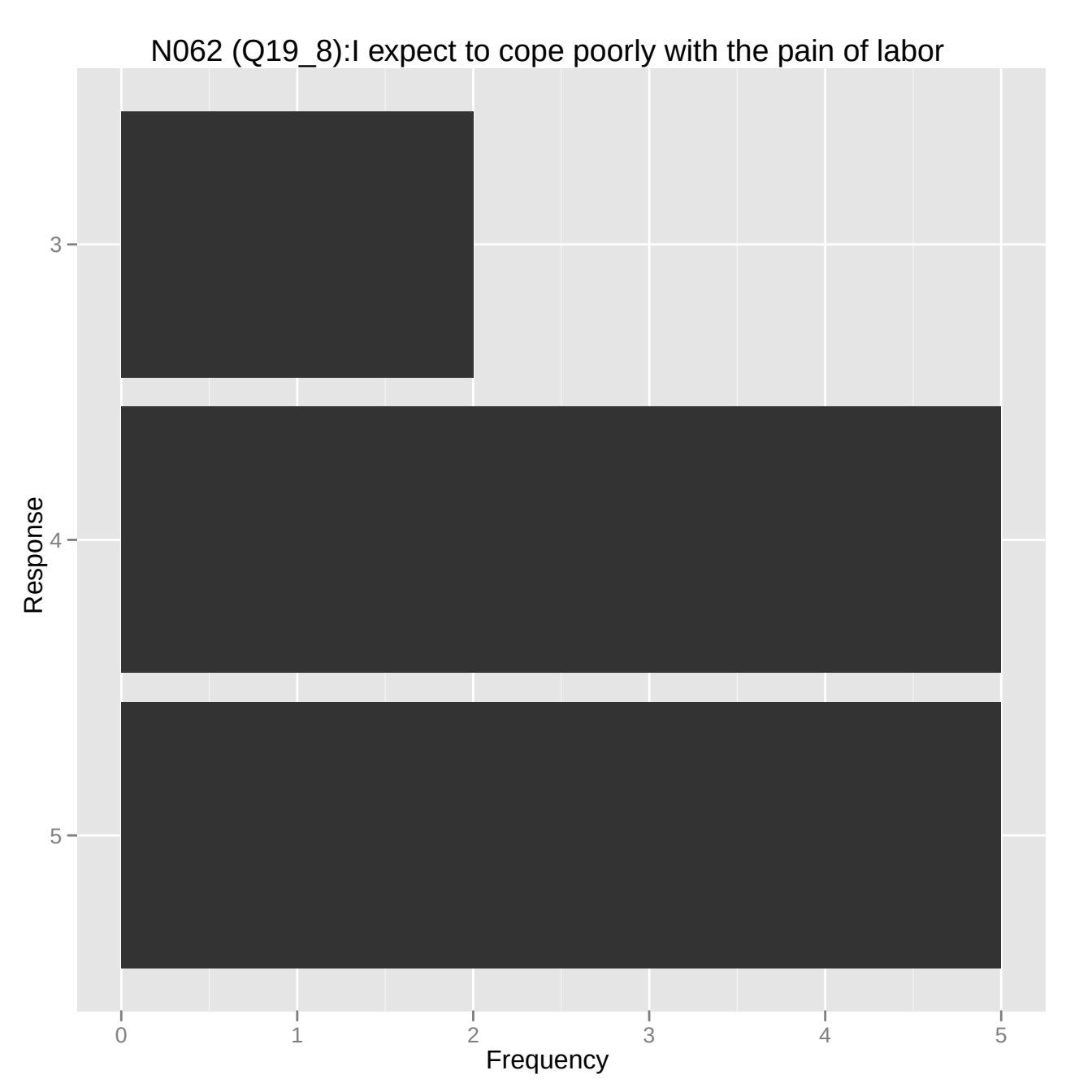

N057 (Q19_3):I have prepared physically for the childbirth experience
Response
1
2
3
0
1
2
3
4
5
6
7
Frequency

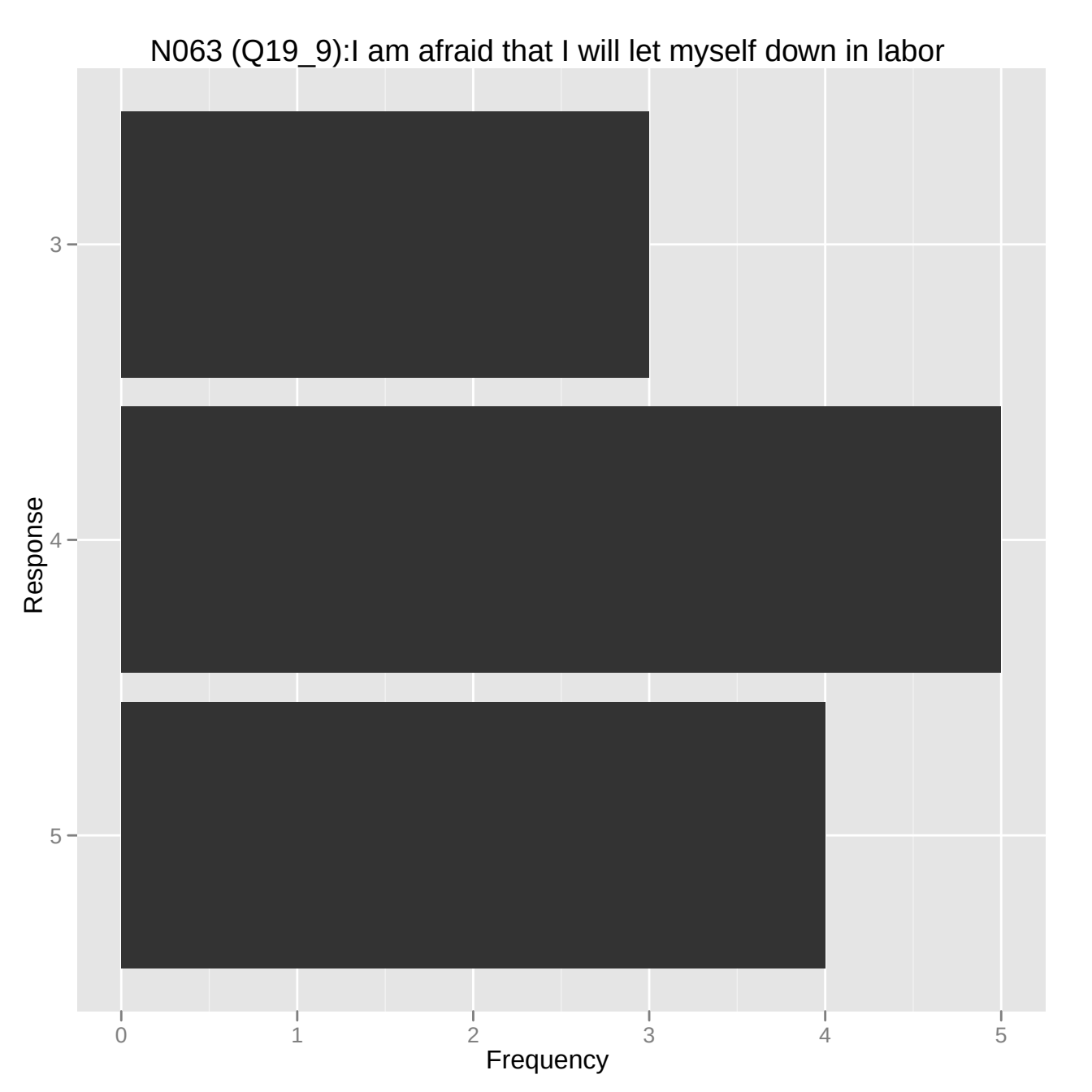

N058 (Q19_4):I have high expectations for my own coping ability during labor
Response
1
2
3
0
2
4
6
8
Frequency

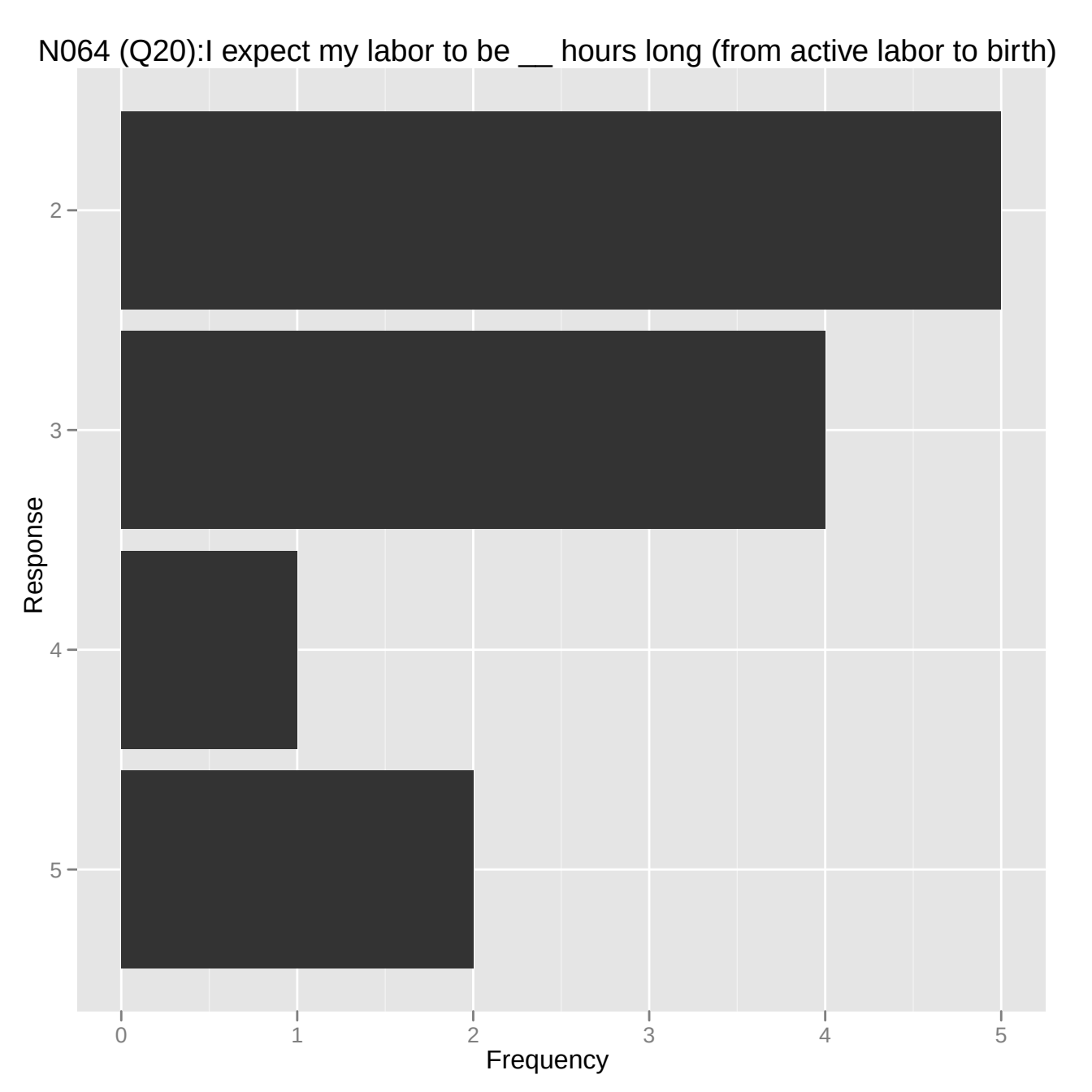

9 (Q19_5):I am confident that my birthing environment will be comfortable and rela
Response
1
2
3
0
1
2
3
4
5
6
Frequency

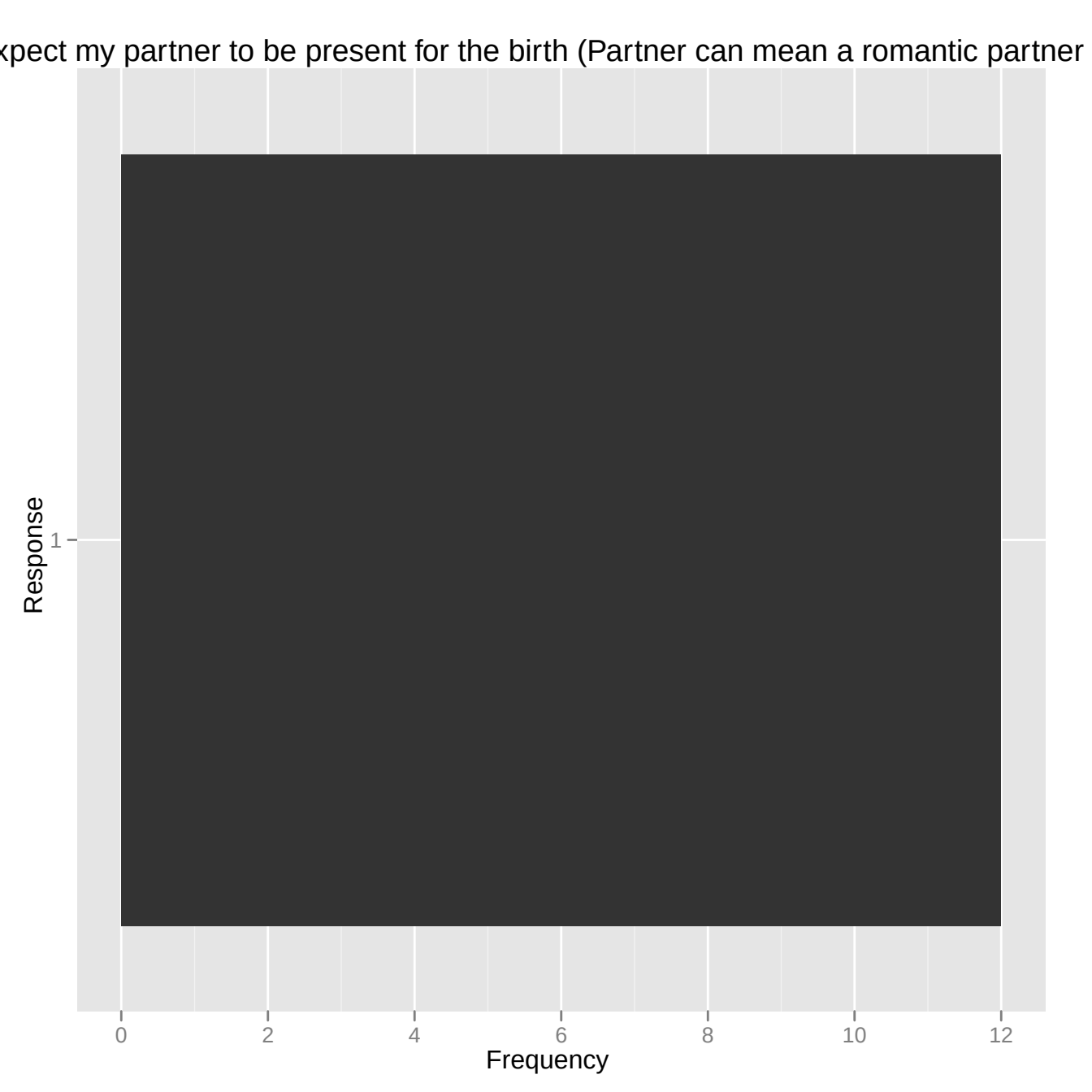

N060 (Q19_6):I expect to feel uninhibited in my movement during labor
Response
1
2
0
1
2
3
4
5
6
Frequency

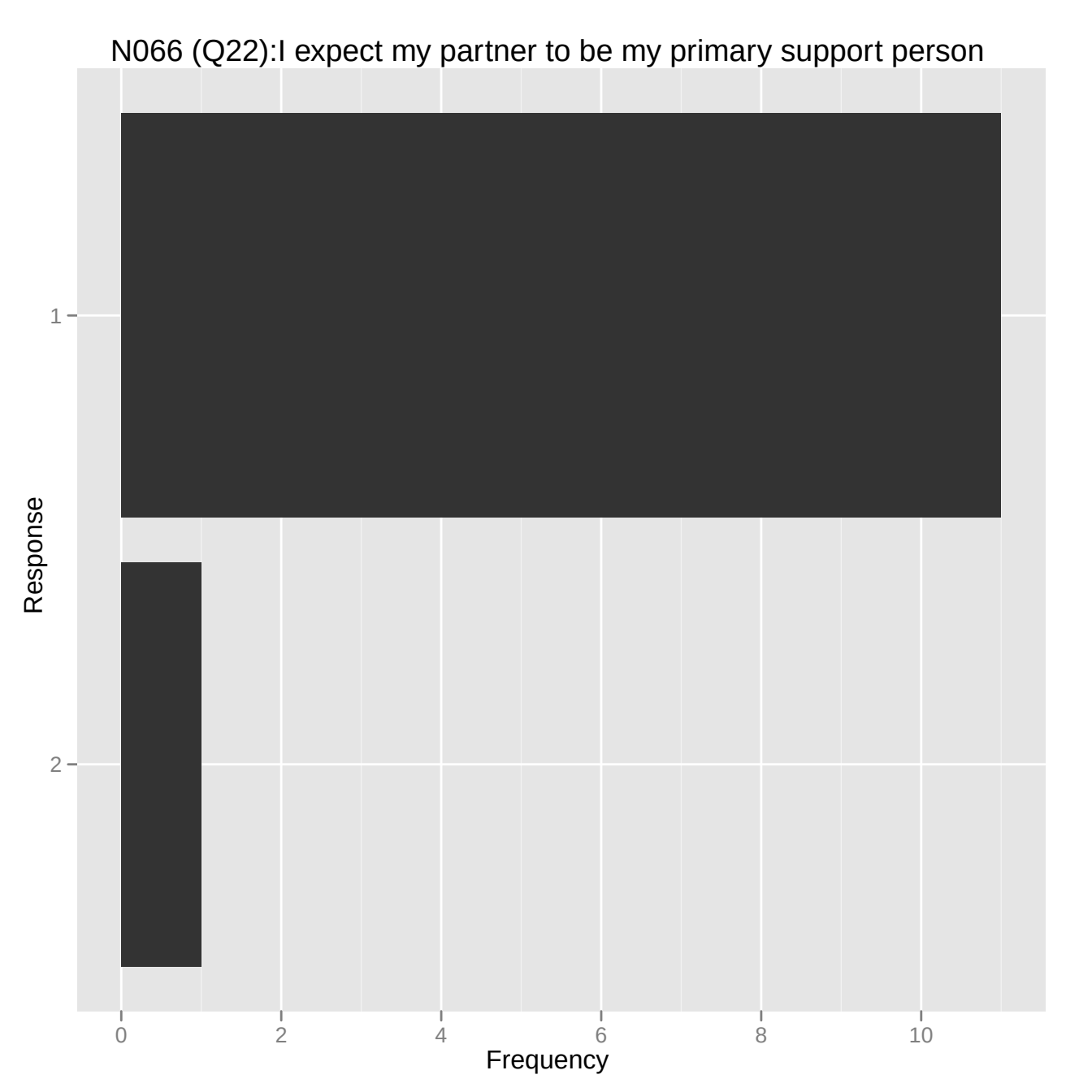

expect to be involved in decision−making processes during my labor (especially re
Response
4
5
0
1
2
3
4
5
6
Frequency

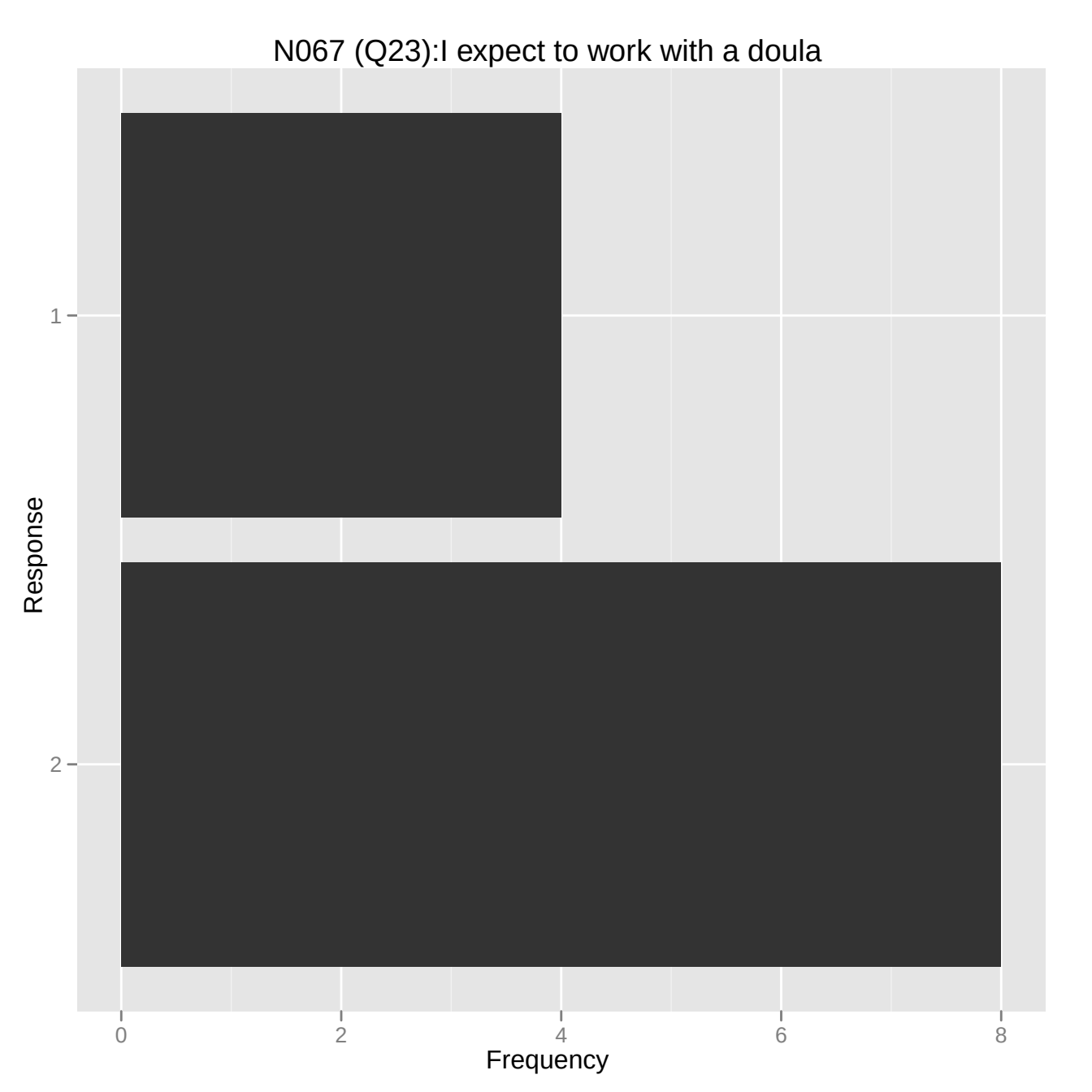

N062 (Q19_8):I expect to cope poorly with the pain of labor
Response
3
4
5
0
1
2
3
4
5
Frequency

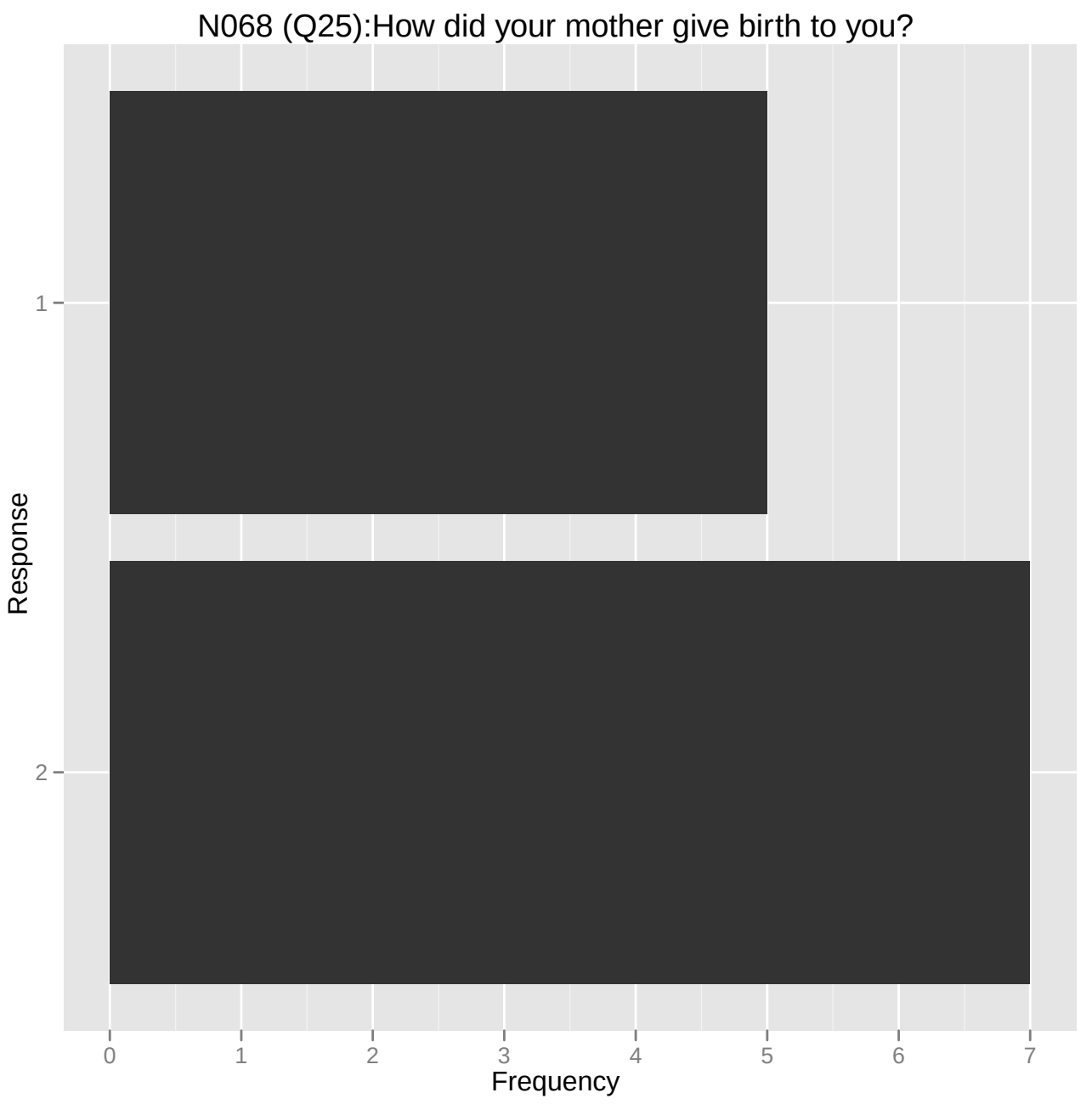

N063 (Q19_9):I am afraid that I will let myself down in labor
Response
3
4
5
0
1
2
3
4
5
Frequency

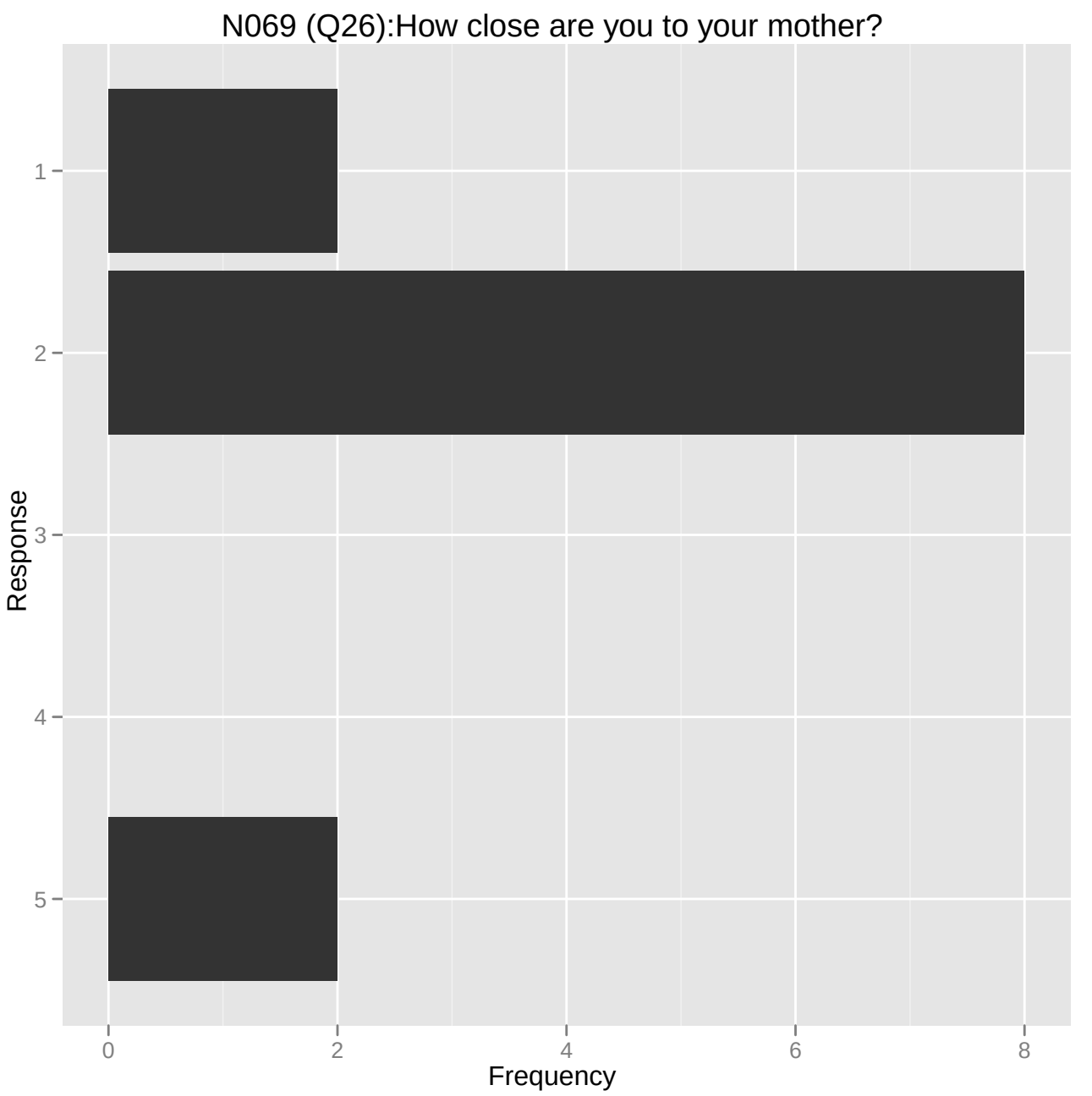

N064 (Q20):I expect my labor to be __ hours long (from active labor to birth)
Response
2
3
4
5
0
1
2
3
4
5
Frequency

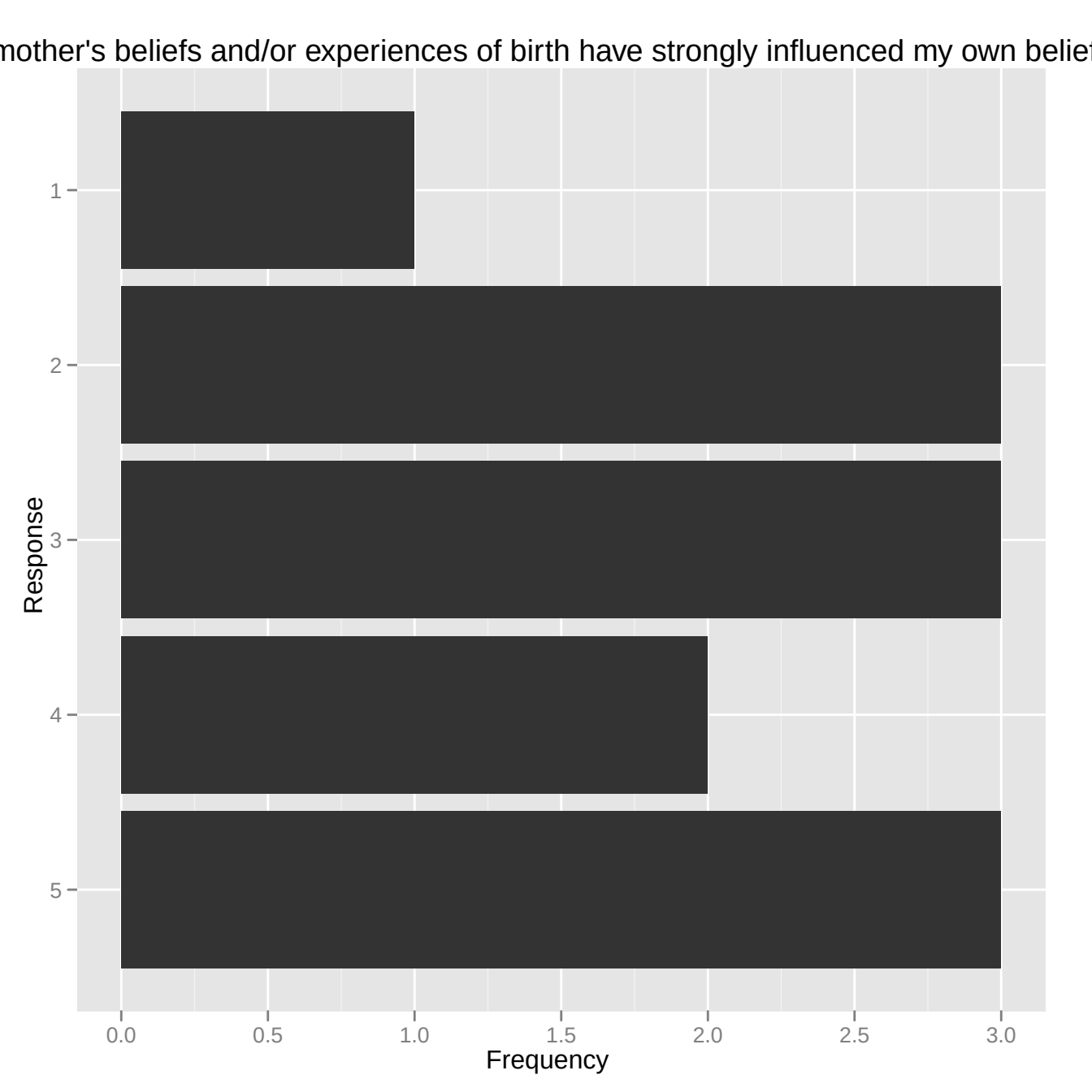

xpect my partner to be present for the birth (Partner can mean a romantic partner
Response
1
0
2
4
6
8
10
12
Frequency

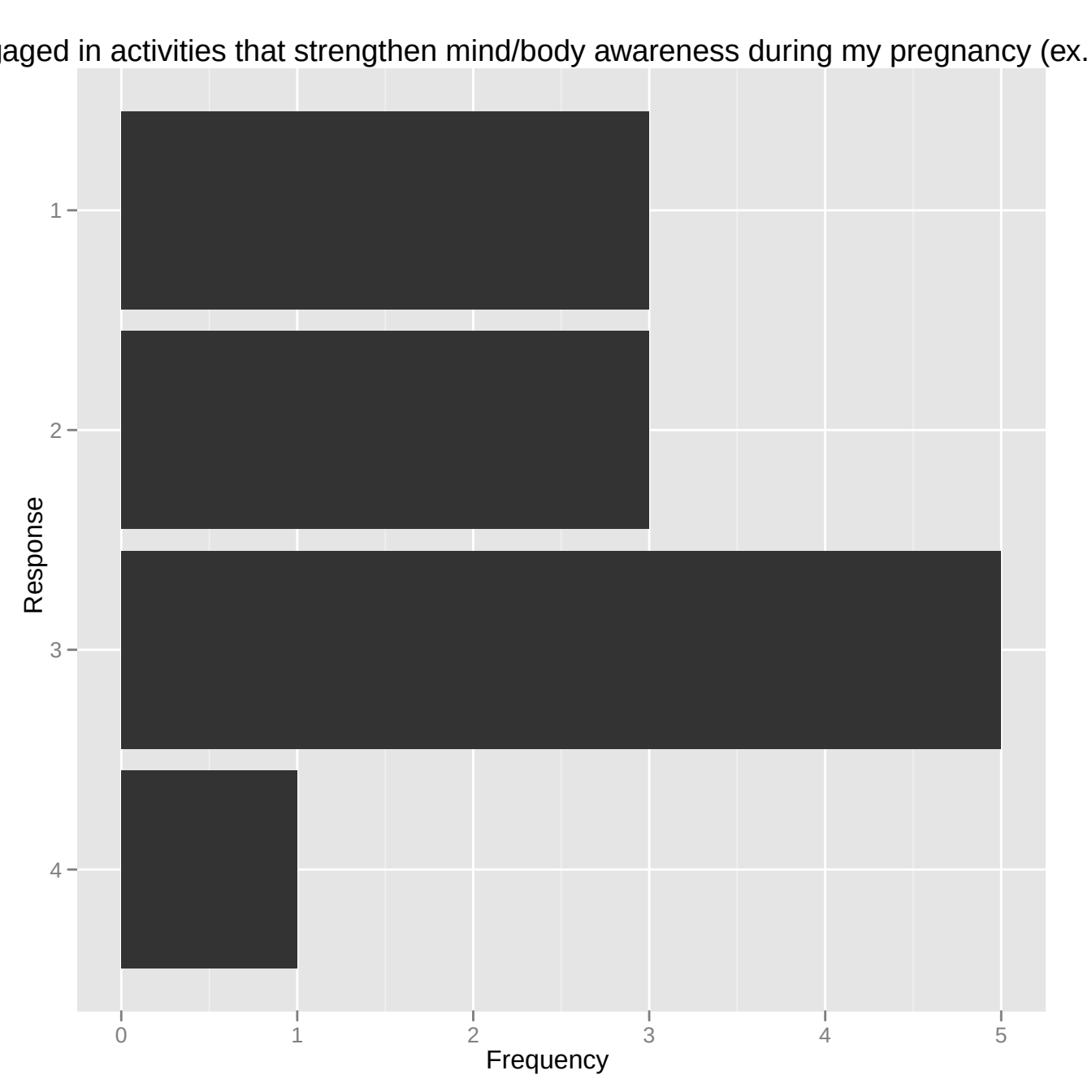

N066 (Q22):I expect my partner to be my primary support person
Response
1
2
0
2
4
6
8
10
Frequency

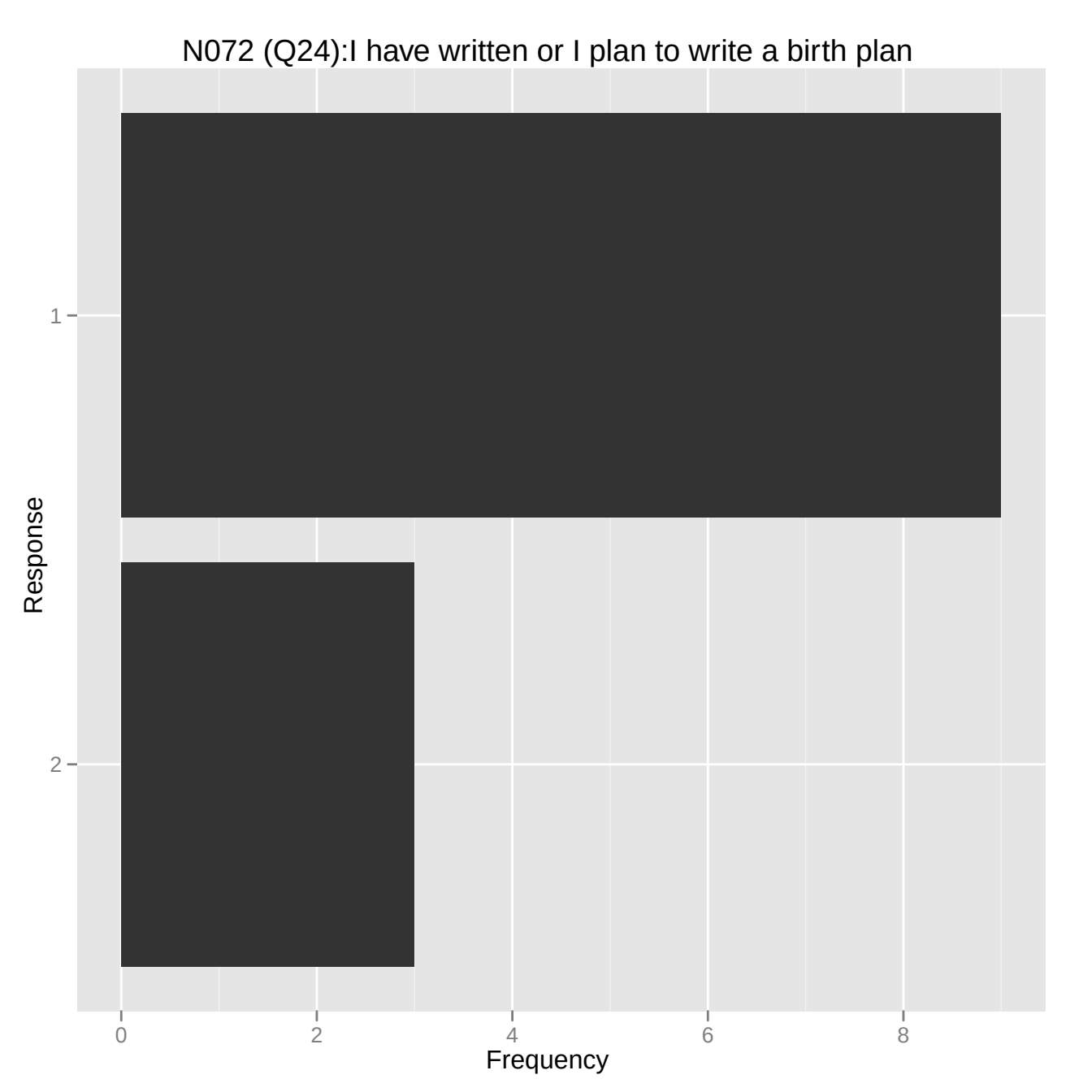

N067 (Q23):I expect to work with a doula
Response
1
2
0
2
4
6
8
Frequency

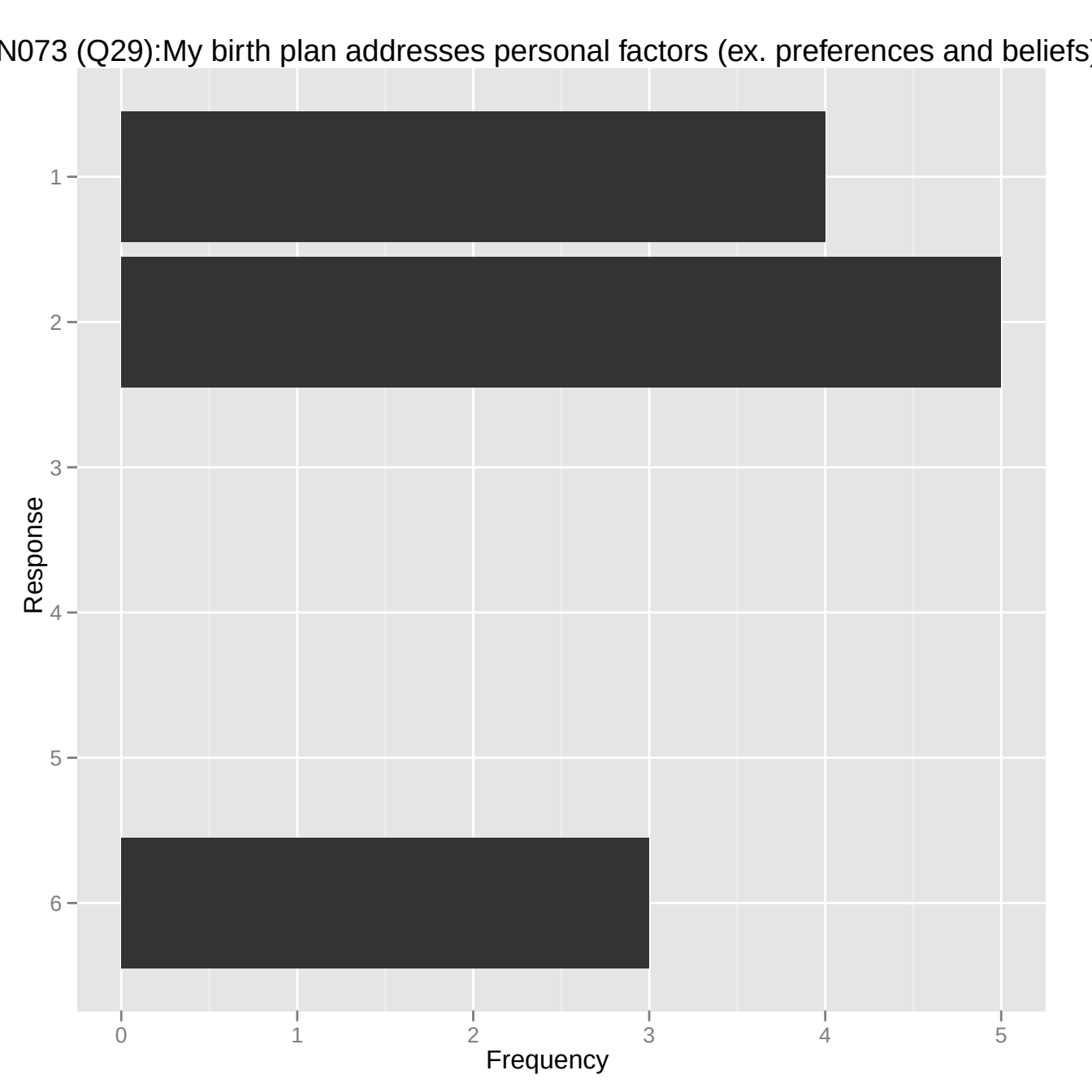

N068 (Q25):How did your mother give birth to you?
Response
1
2
0
1
2
3
4
5
6
7
Frequency

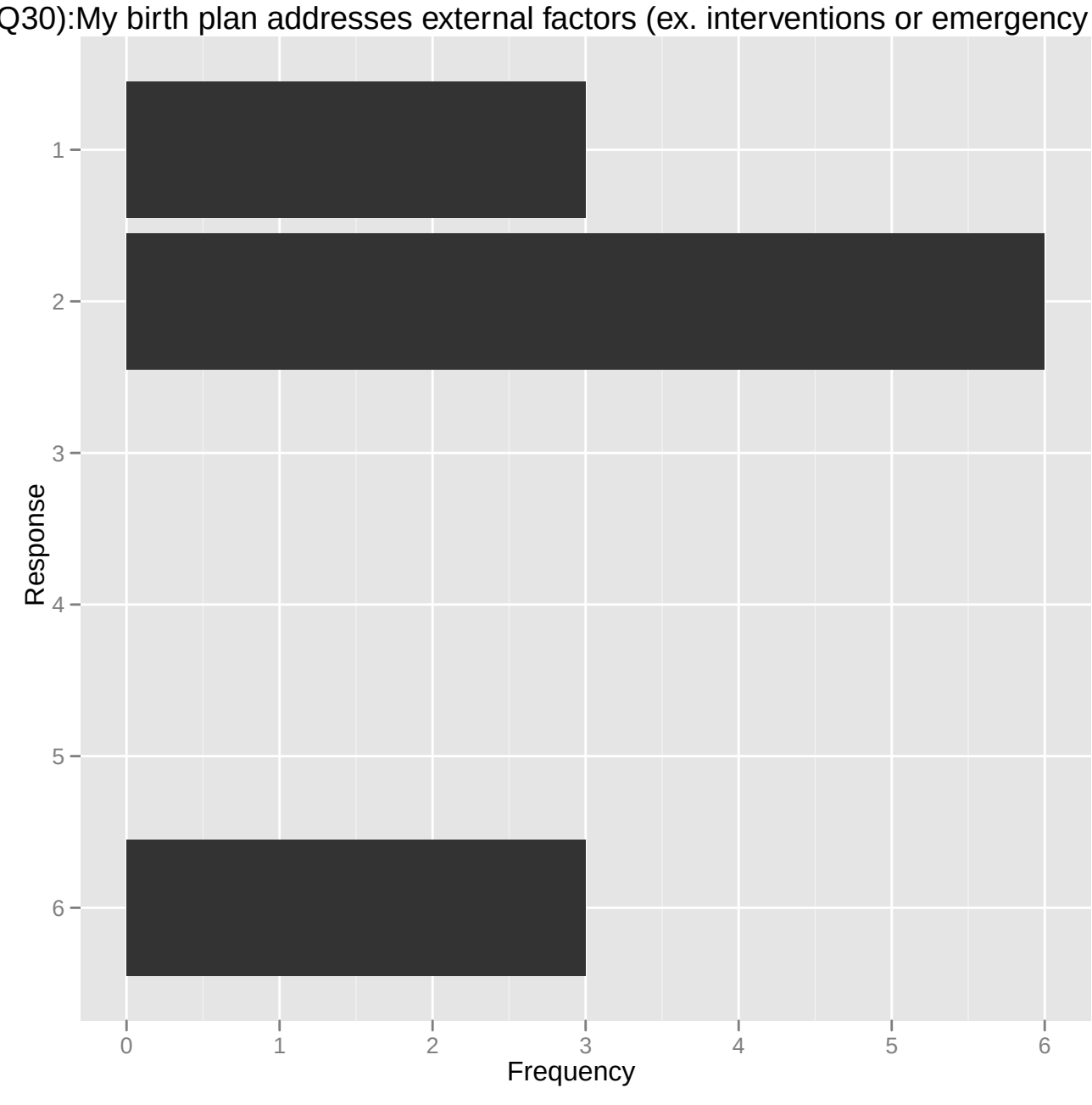

N069 (Q26):How close are you to your mother?
Response
1
2
3
4
5
0
2
4
6
8
Frequency

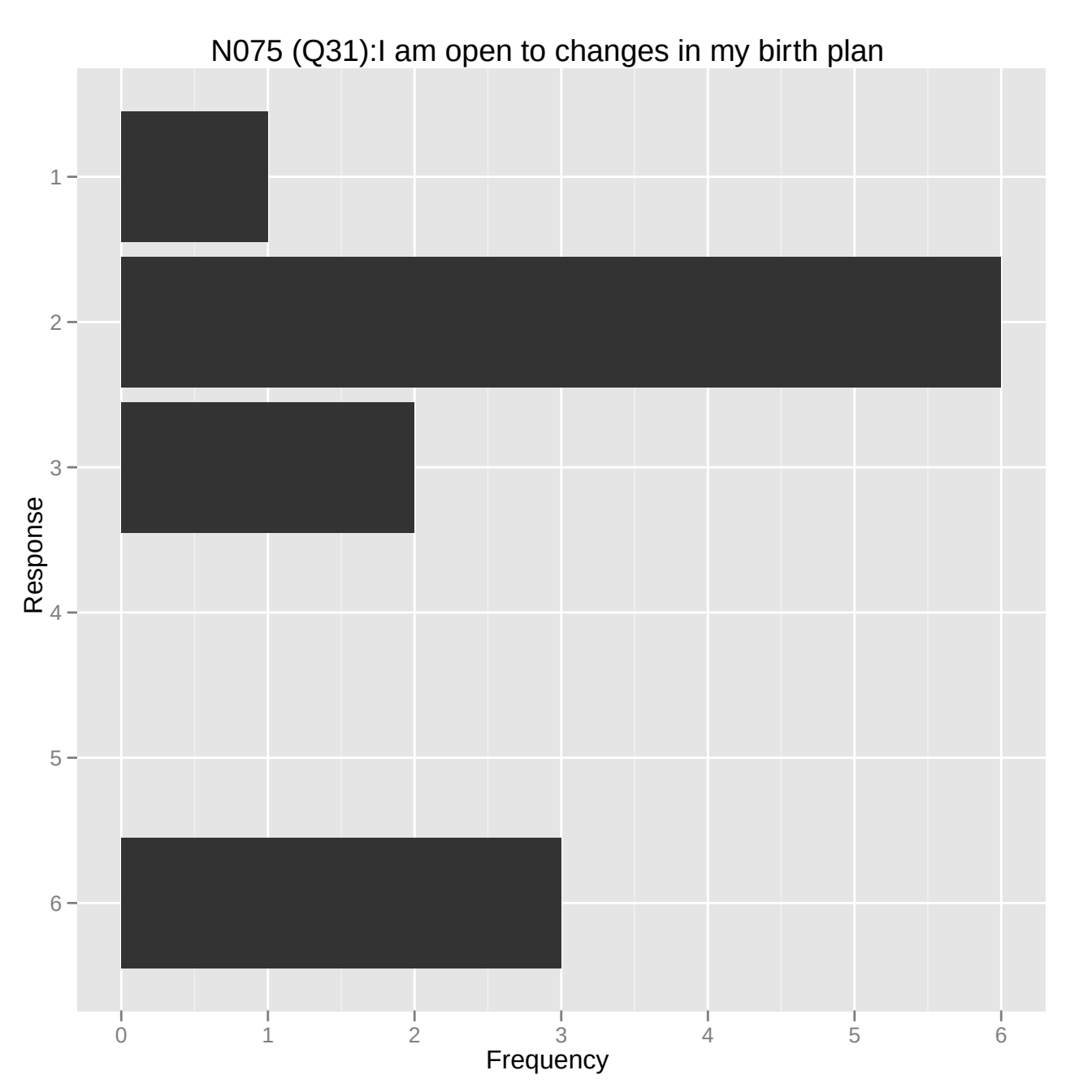

mother's beliefs and/or experiences of birth have strongly influenced my own belief
Response
1
2
3
4
5
0.0
0.5
1.0
1.5
2.0
2.5
3.0
Frequency

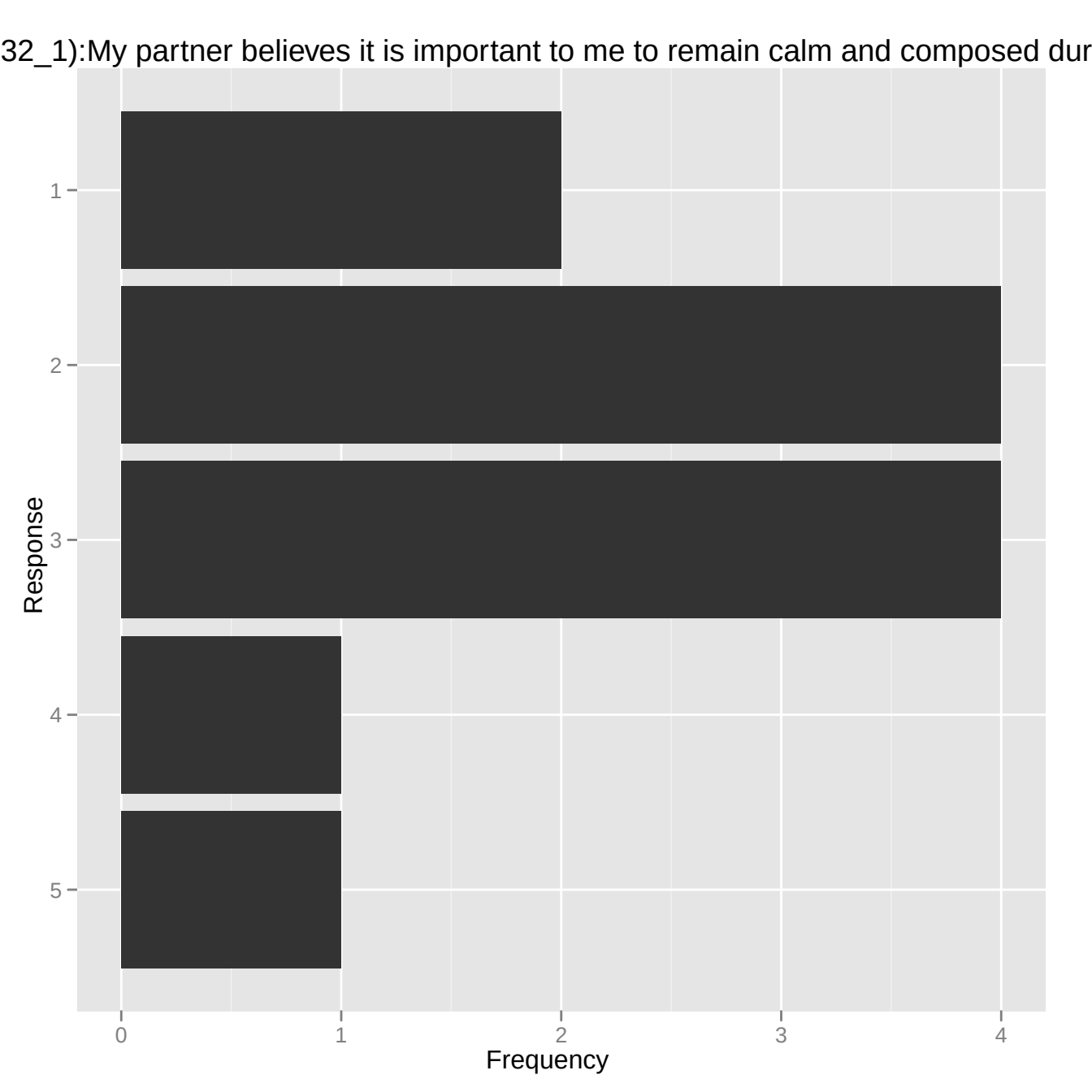

gaged in activities that strengthen mind/body awareness during my pregnancy (ex.
Response
1
2
3
4
0
1
2
3
4
5
Frequency

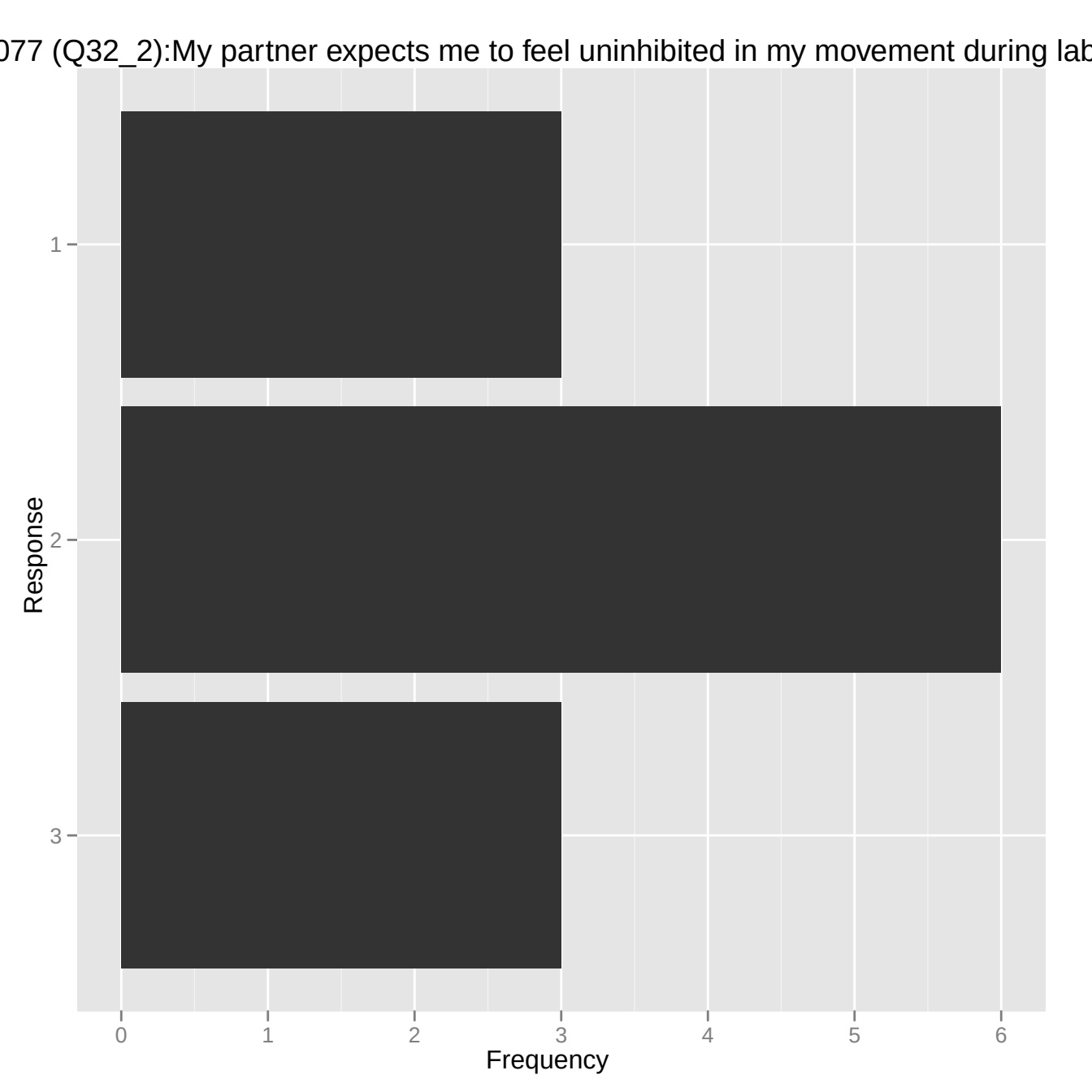

N072 (Q24):I have written or I plan to write a birth plan
Response
1
2
0
2
4
6
8
Frequency

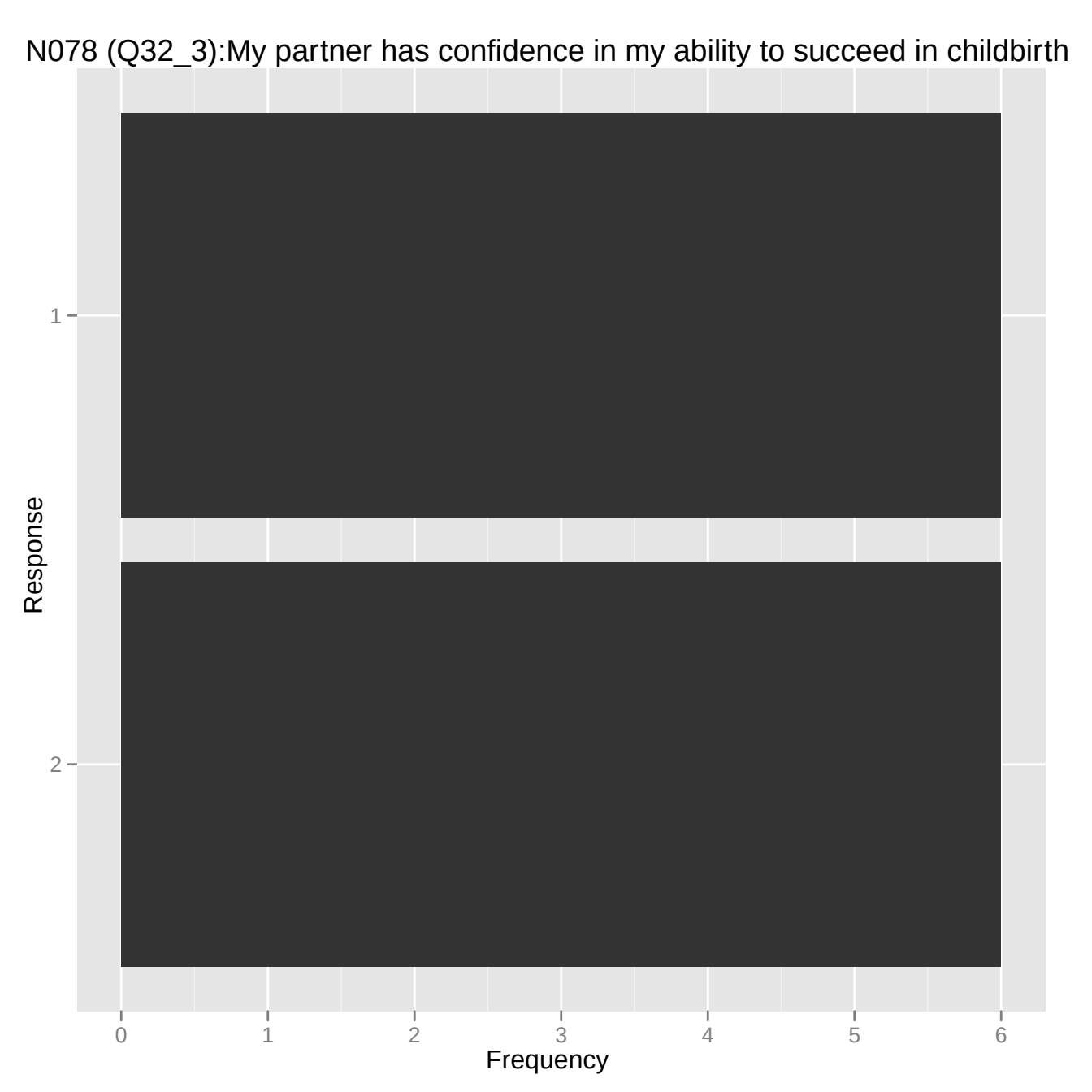

N073 (Q29):My birth plan addresses personal factors (ex. preferences and beliefs)
Response
1
2
3
4
5
6
0
1
2
3
4
5
Frequency

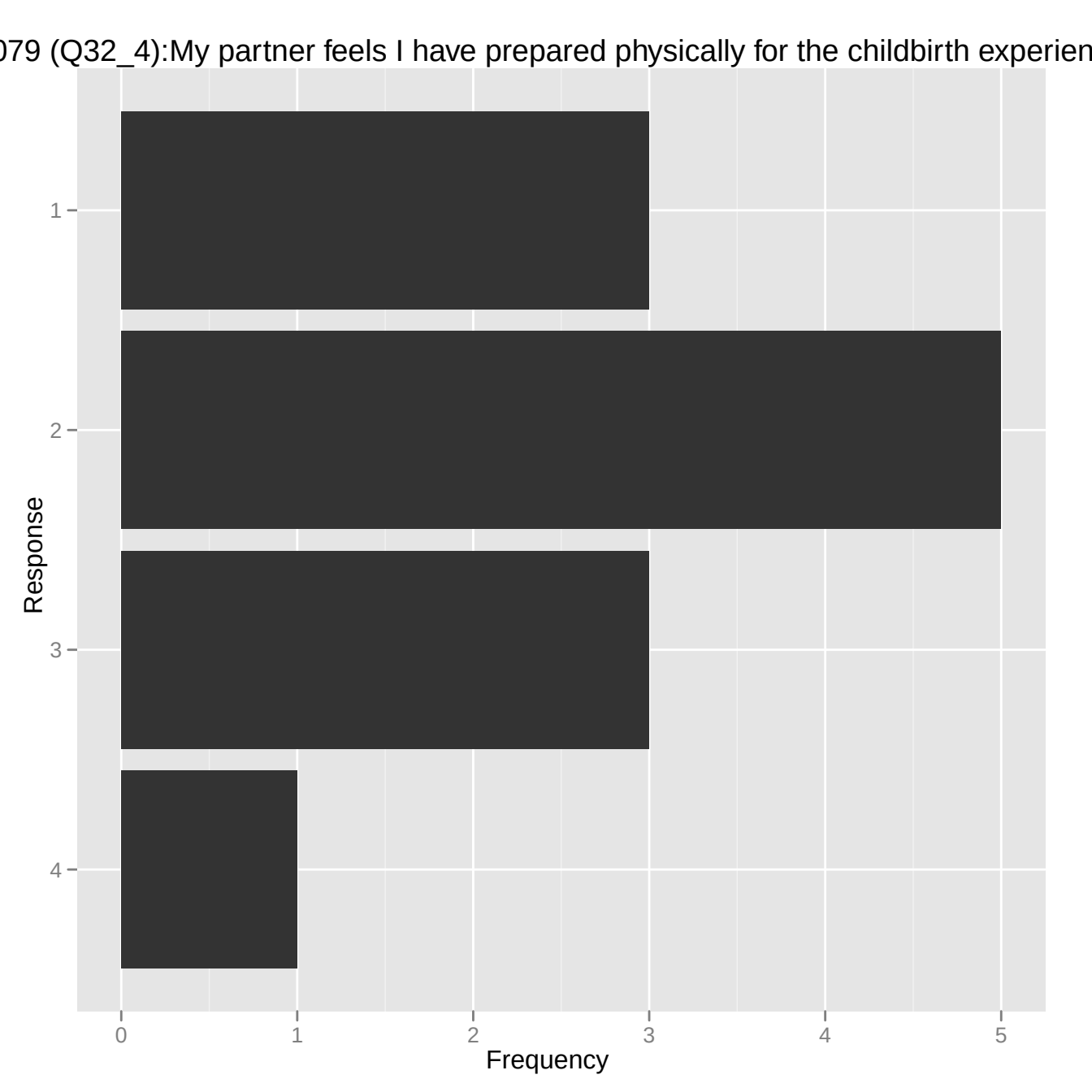

Q30):My birth plan addresses external factors (ex. interventions or emergency situ
Response
1
2
3
4
5
6
0
1
2
3
4
5
6
Frequency

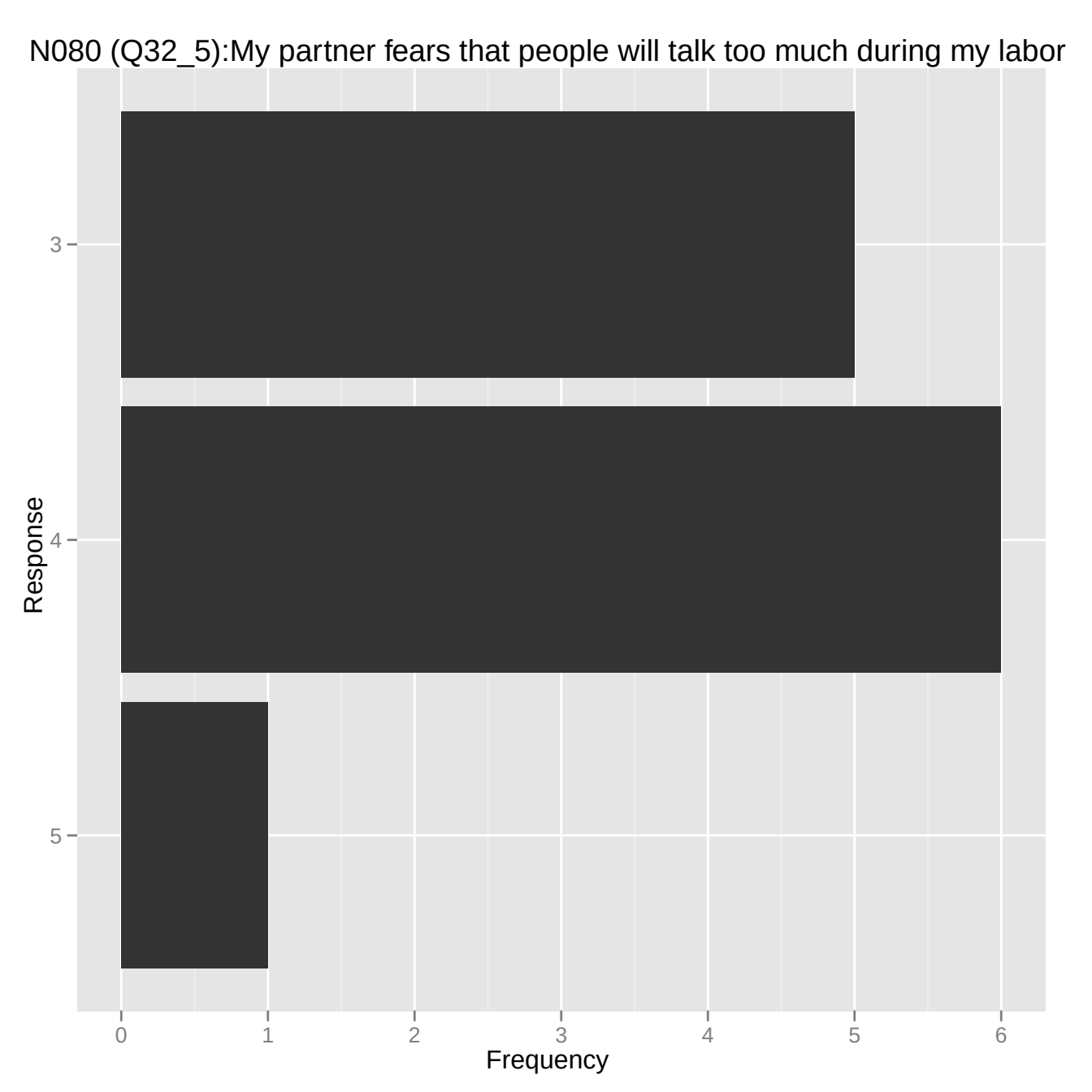

N075 (Q31):I am open to changes in my birth plan
Response
1
2
3
4
5
6
0
1
2
3
4
5
6
Frequency

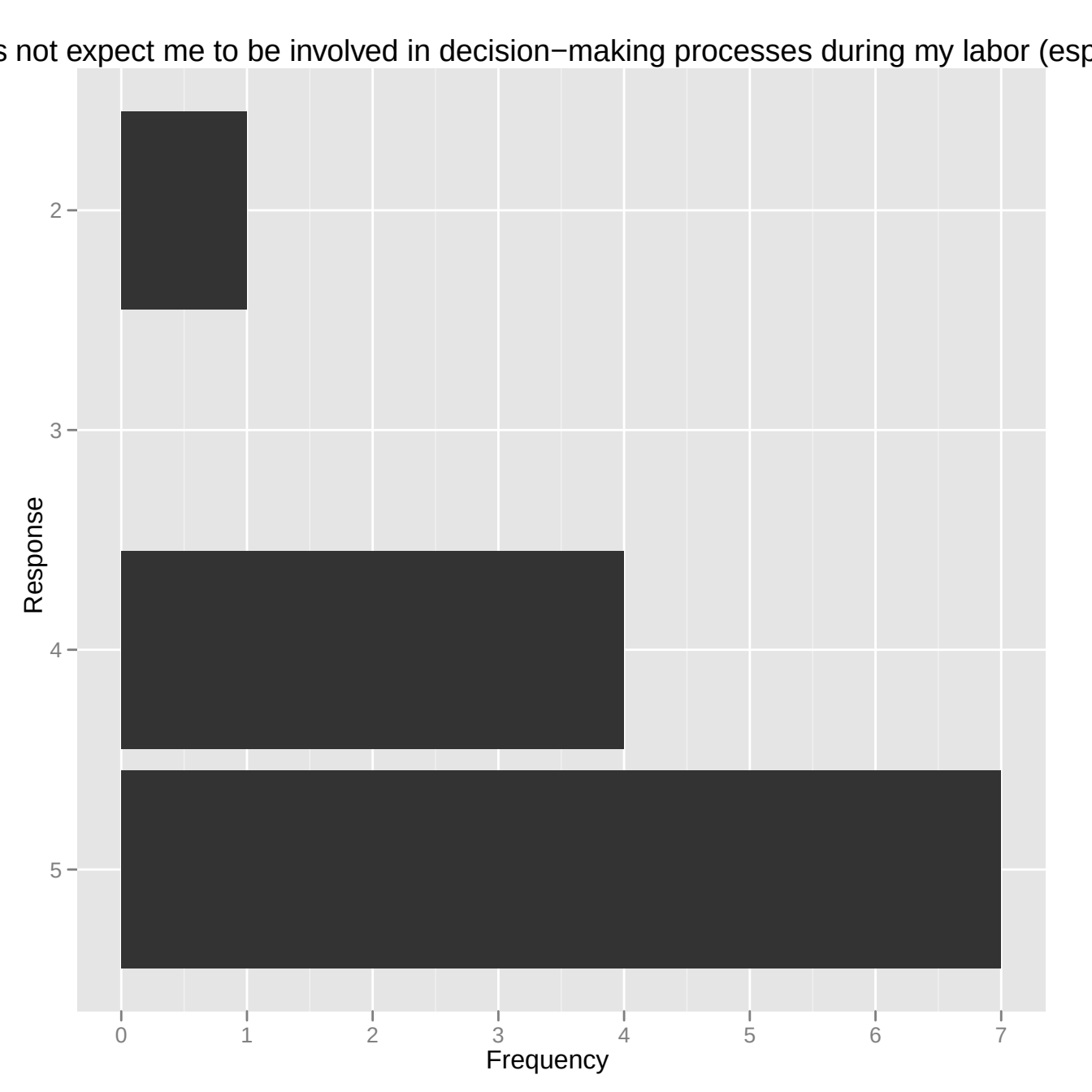

32_1):My partner believes it is important to me to remain calm and composed dur
Response
1
2
3
4
5
0
1
2
3
4
Frequency

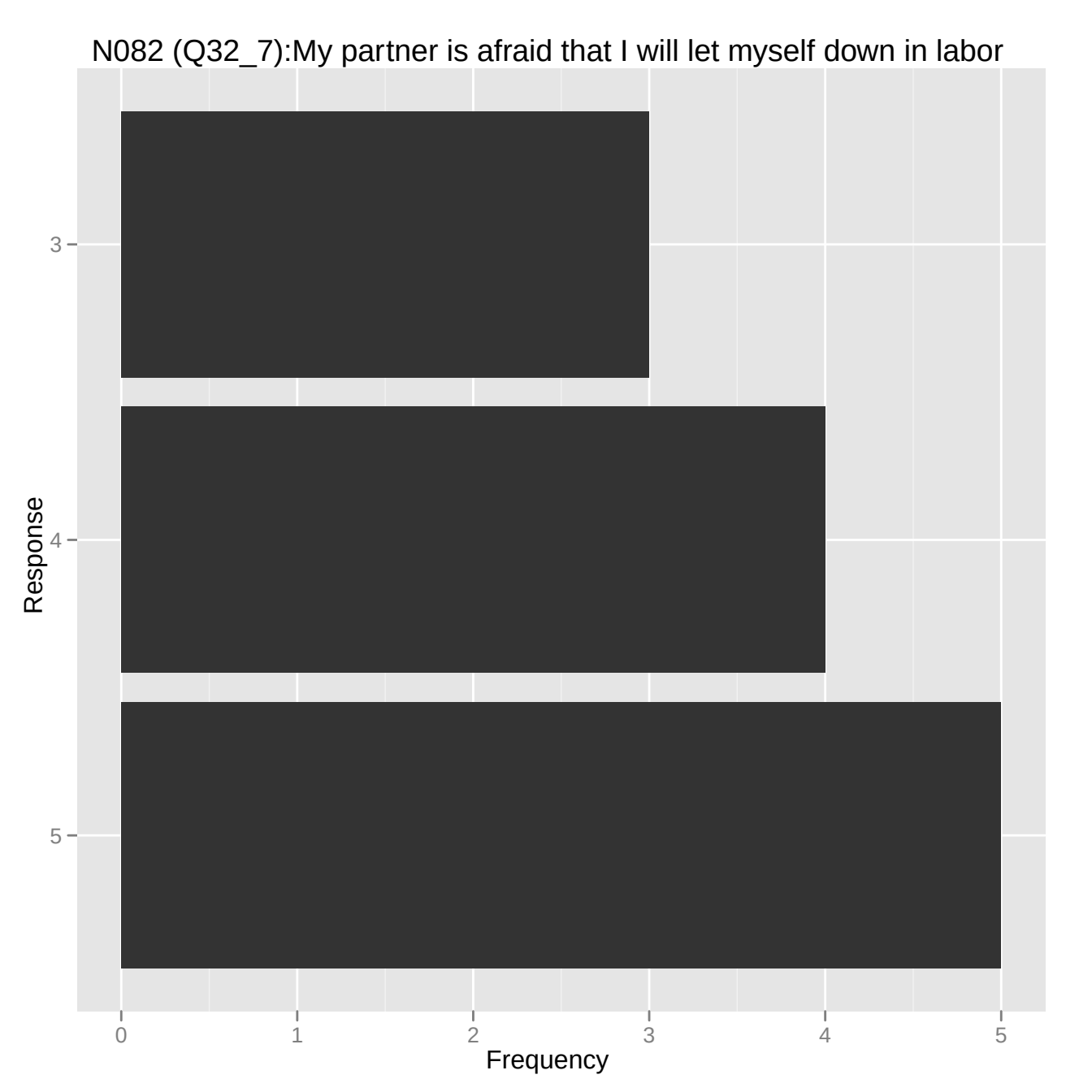

077 (Q32_2):My partner expects me to feel uninhibited in my movement during lab
Response
1
2
3
0
1
2
3
4
5
6
Frequency

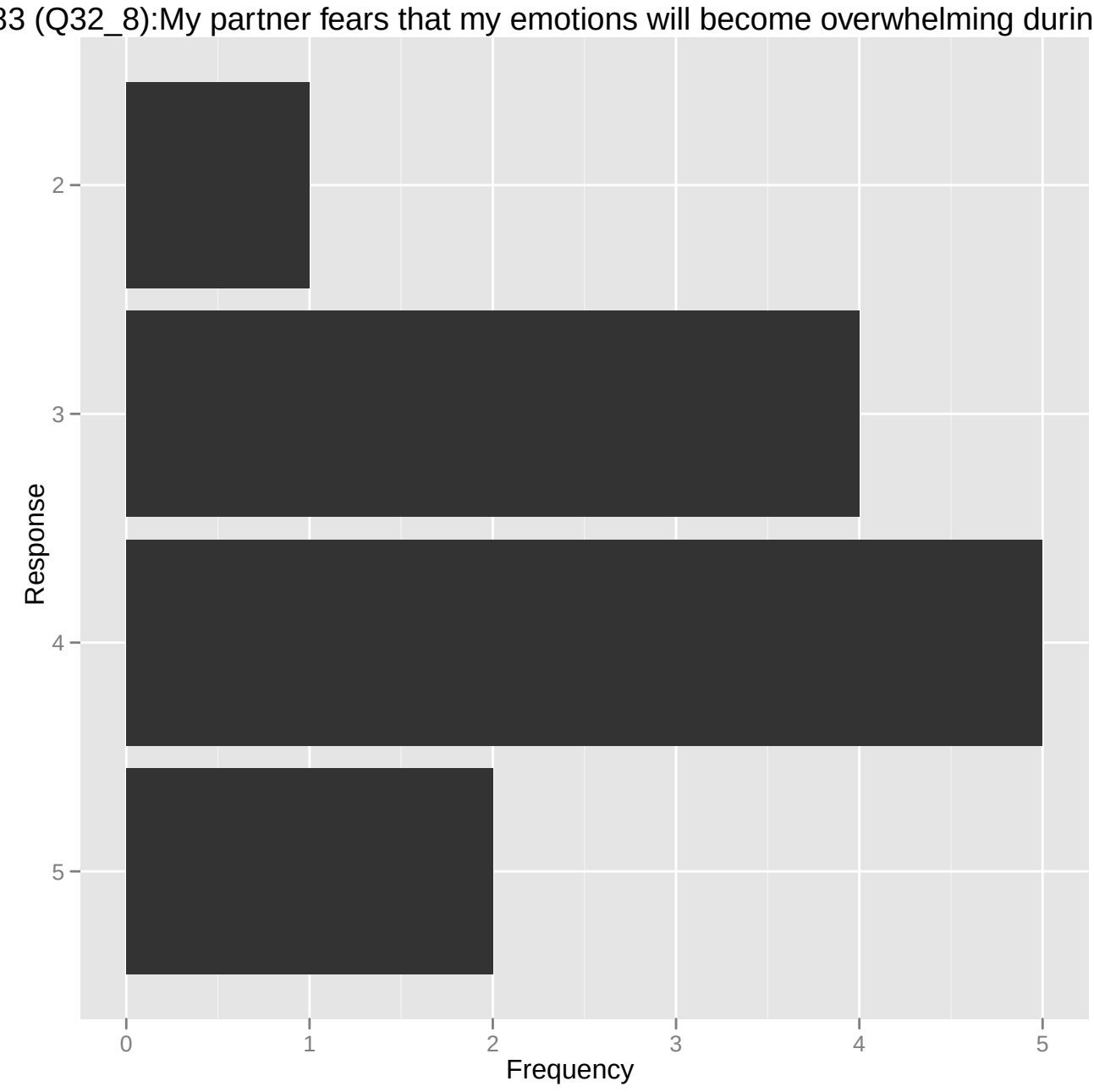

N078 (Q32_3):My partner has confidence in my ability to succeed in childbirth
Response
1
2
0
1
2
3
4
5
6
Frequency

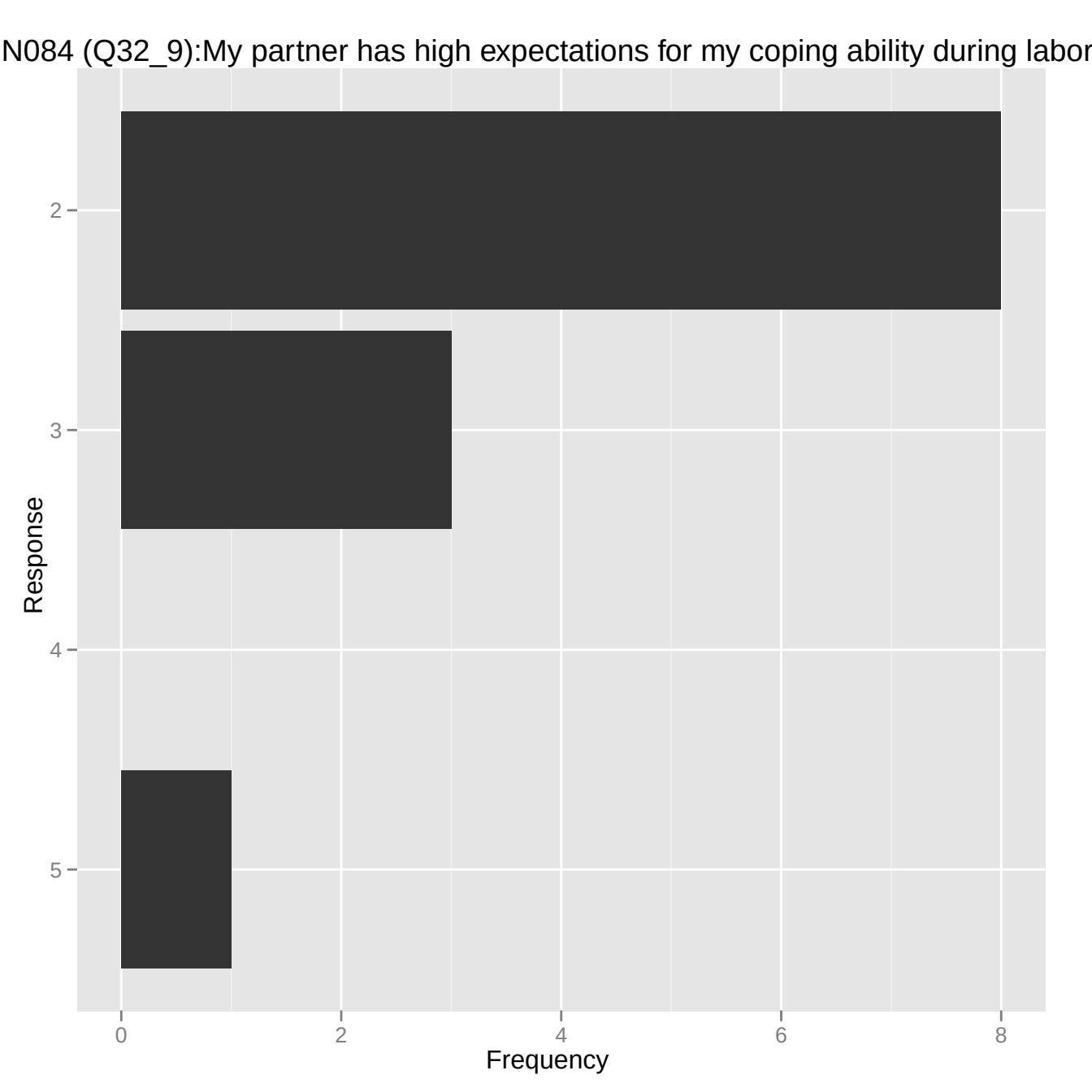

079 (Q32_4):My partner feels I have prepared physically for the childbirth experien
Response
1
2
3
4
0
1
2
3
4
5
Frequency

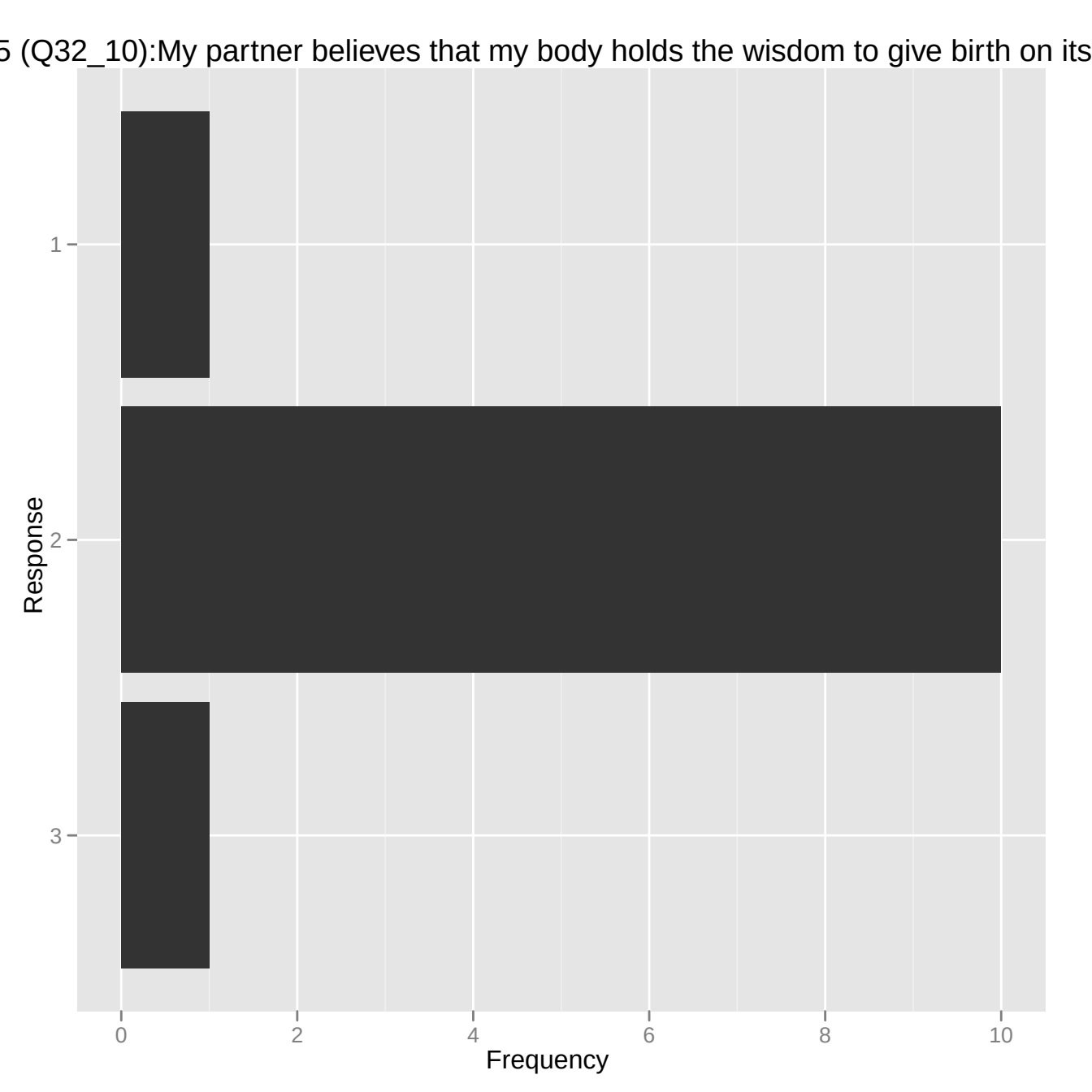

N080 (Q32_5):My partner fears that people will talk too much during my labor
Response
3
4
5
0
1
2
3
4
5
6
Frequency

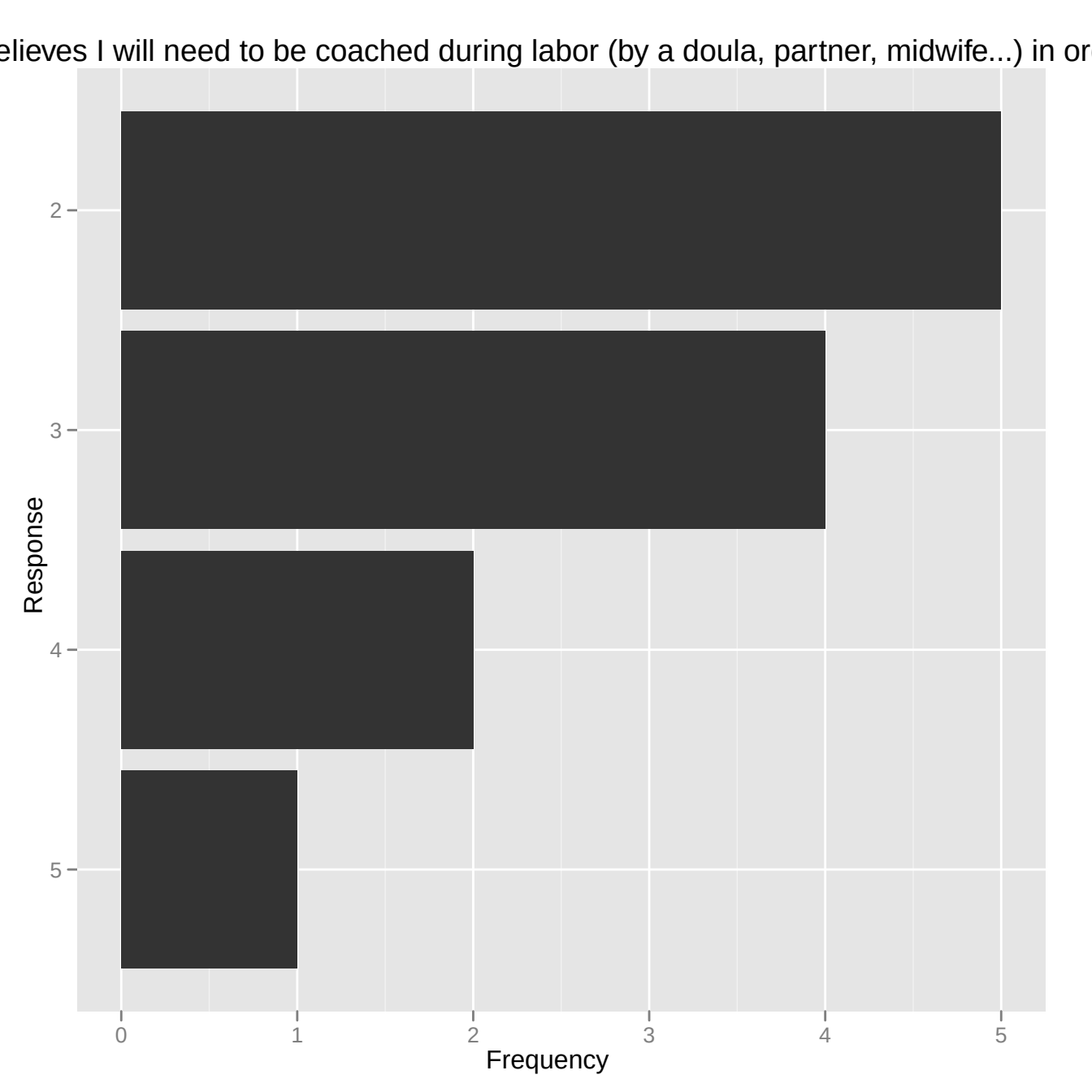

s not expect me to be involved in decision−making processes during my labor (esp
Response
2
3
4
5
0
1
2
3
4
5
6
7
Frequency

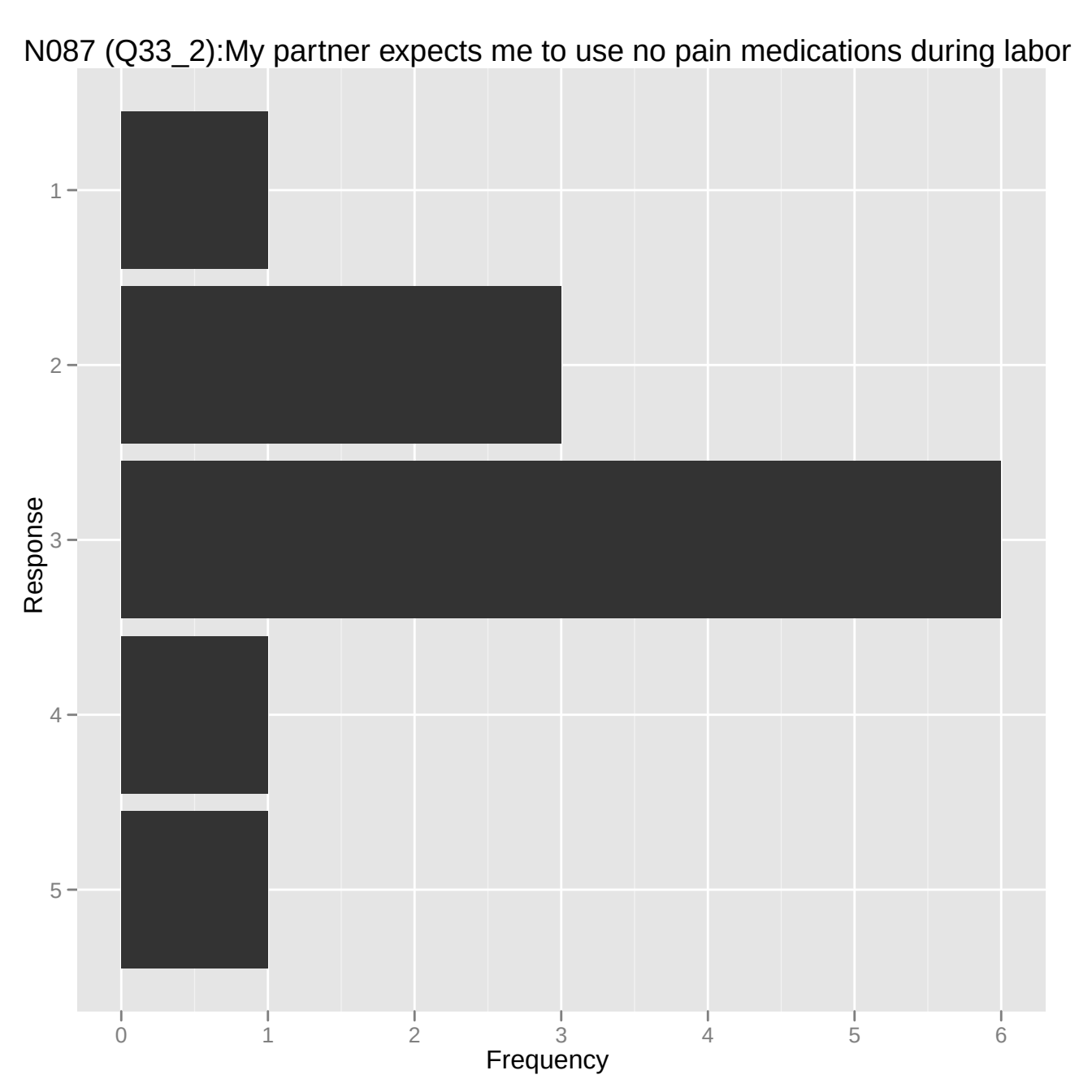

N082 (Q32_7):My partner is afraid that I will let myself down in labor
Response
3
4
5
0
1
2
3
4
5
Frequency

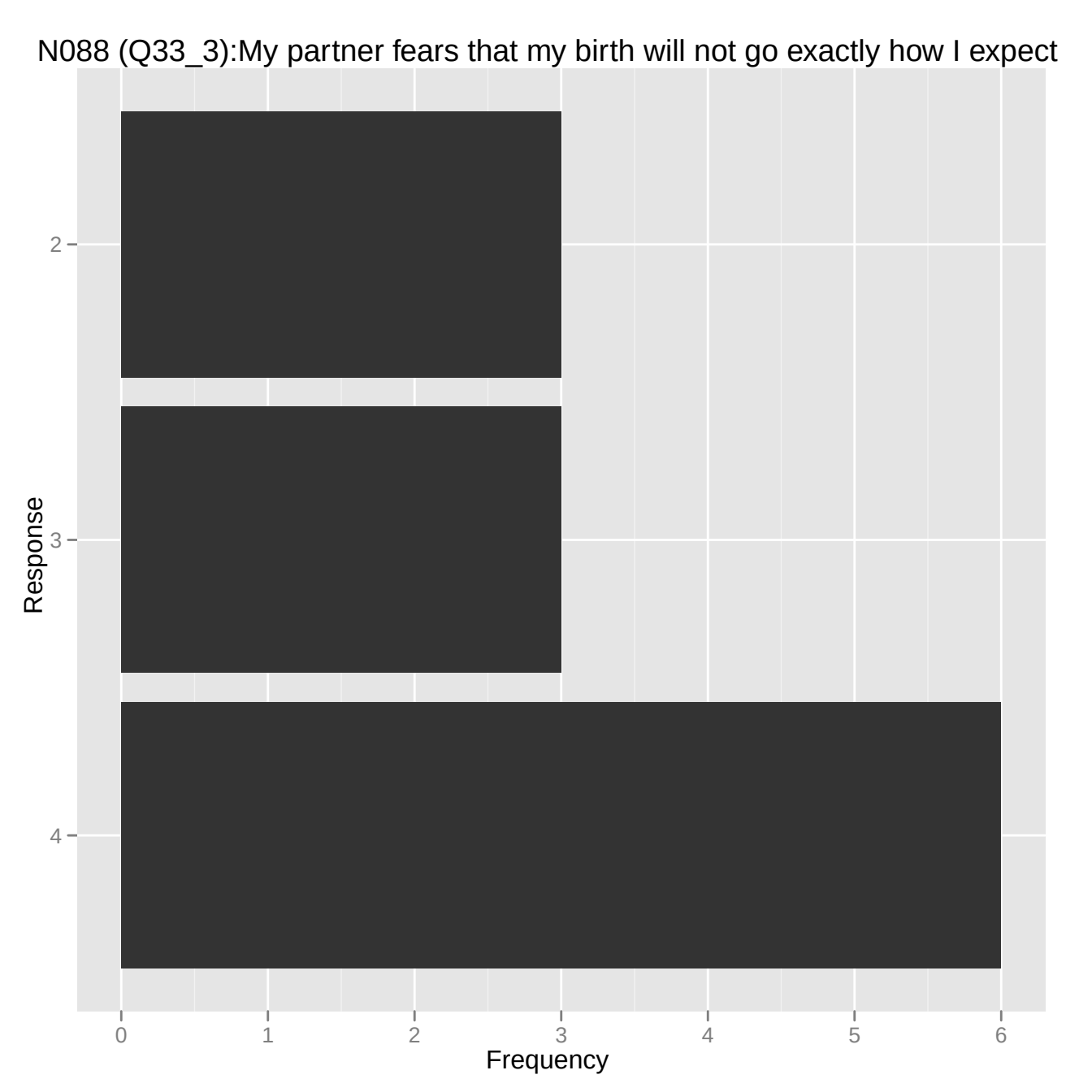

33 (Q32_8):My partner fears that my emotions will become overwhelming during la
Response
2
3
4
5
0
1
2
3
4
5
Frequency

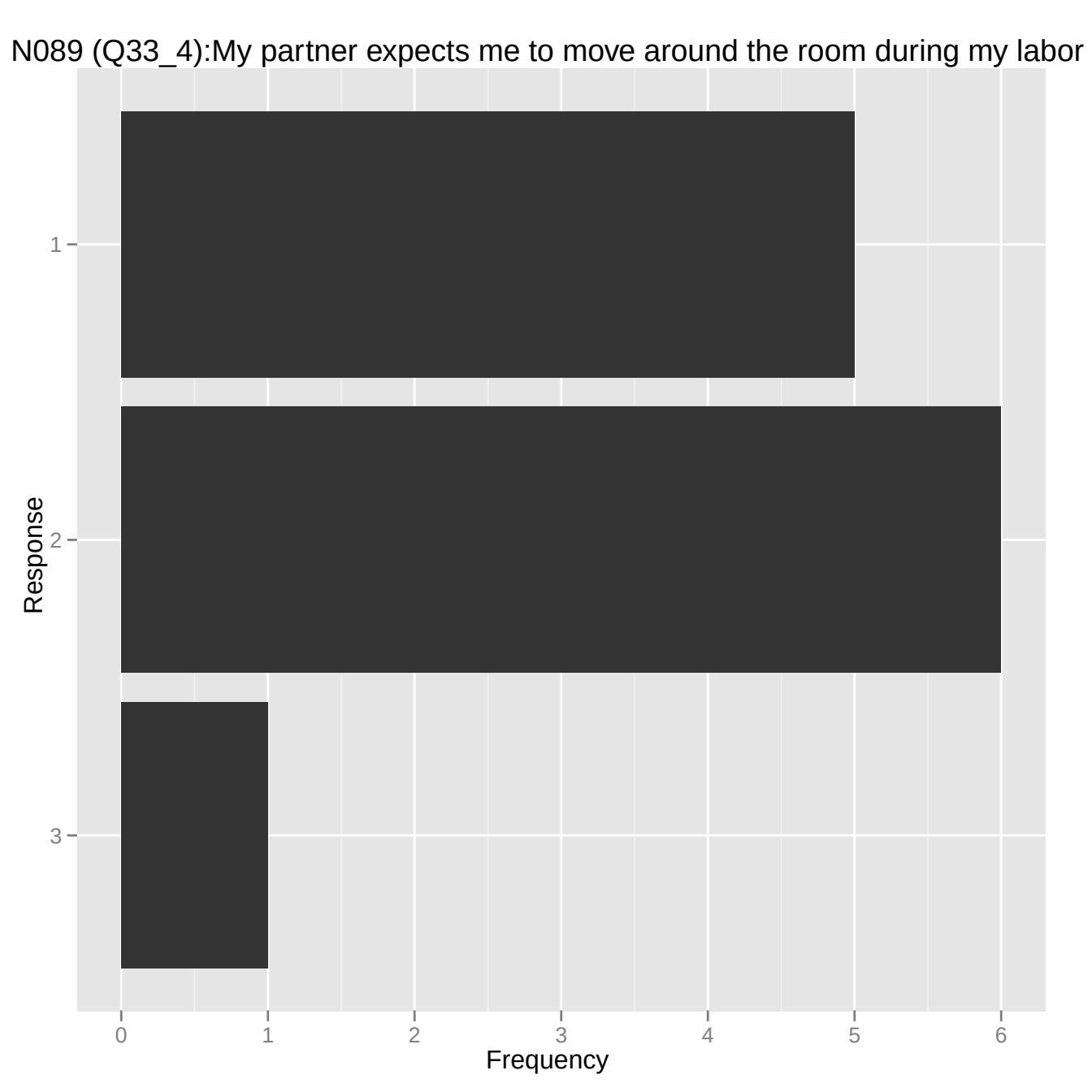

N084 (Q32_9):My partner has high expectations for my coping ability during labor
Response
2
3
4
5
0
2
4
6
8
Frequency

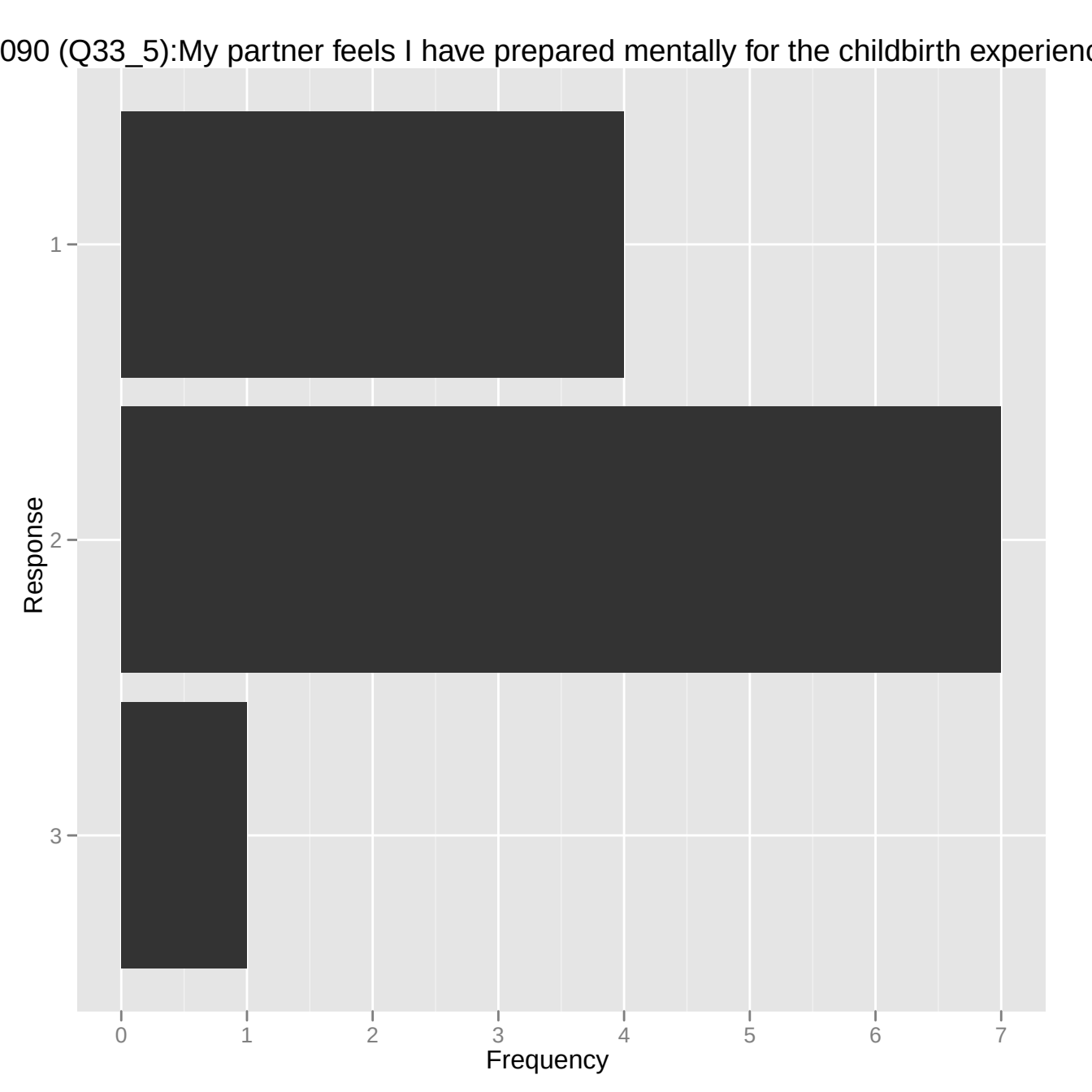

5 (Q32_10):My partner believes that my body holds the wisdom to give birth on its
Response
1
2
3
0
2
4
6
8
10
Frequency

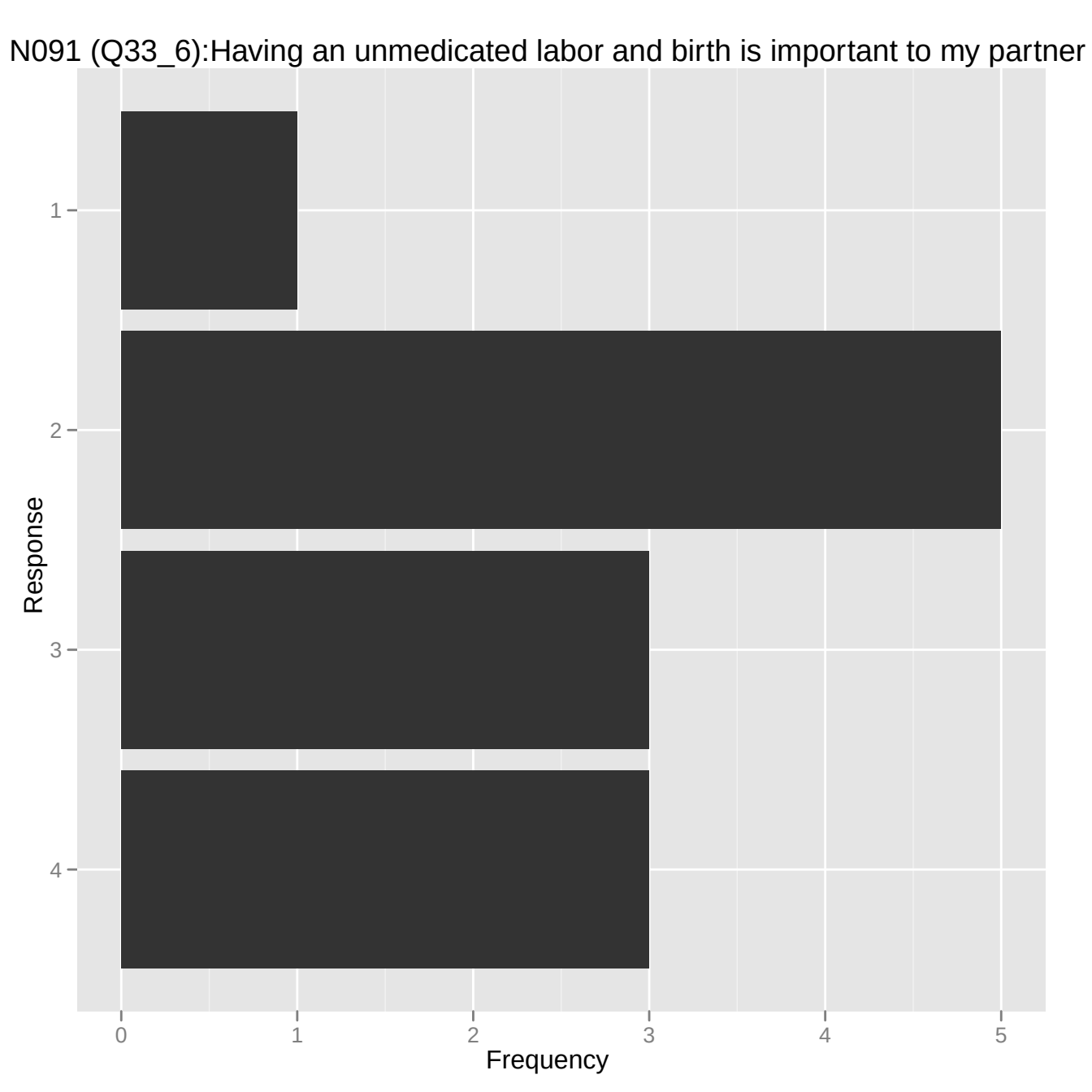

elieves I will need to be coached during labor (by a doula, partner, midwife...) in or
Response
2
3
4
5
0
1
2
3
4
5
Frequency

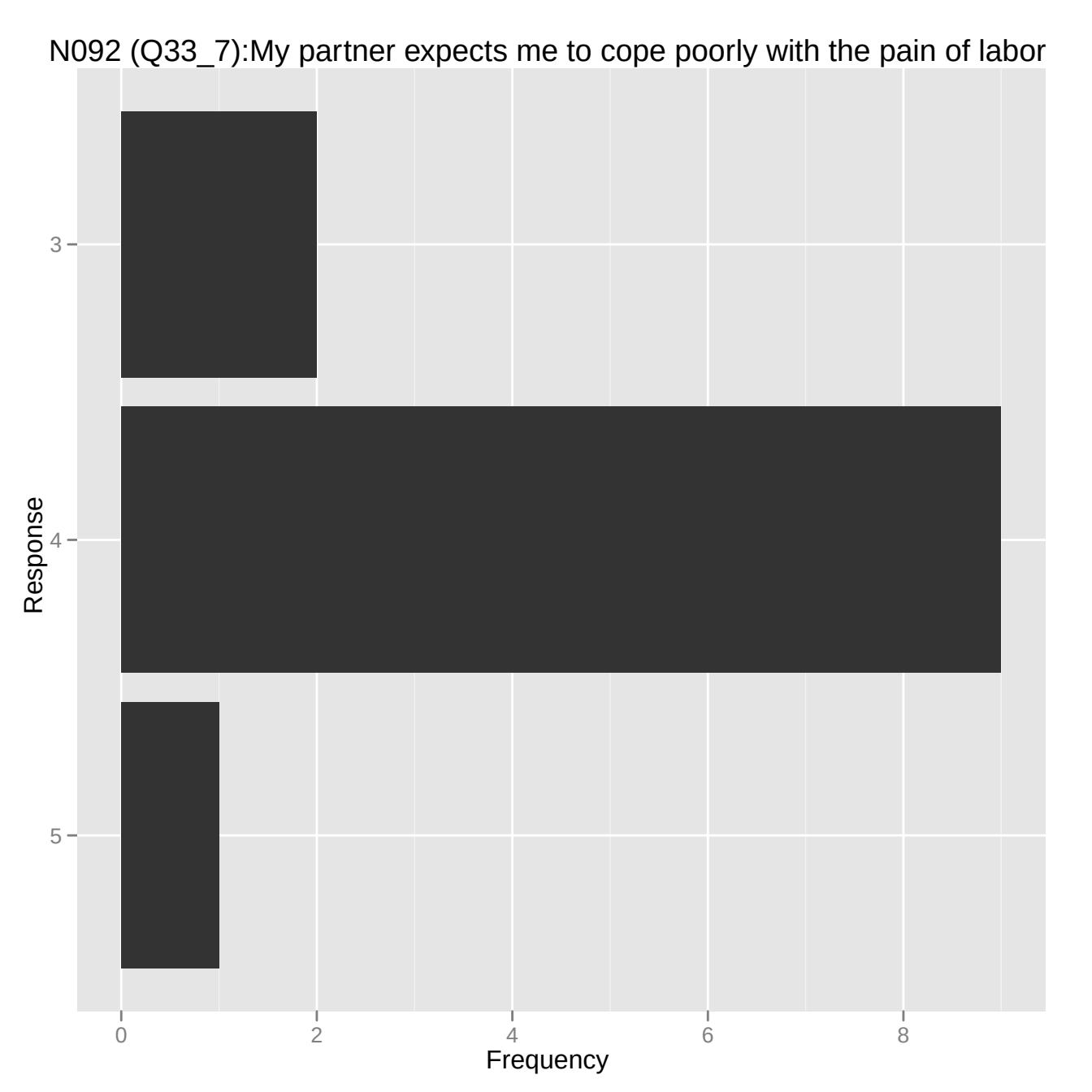

N087 (Q33_2):My partner expects me to use no pain medications during labor
Response
1
2
3
4
5
0
1
2
3
4
5
6
Frequency

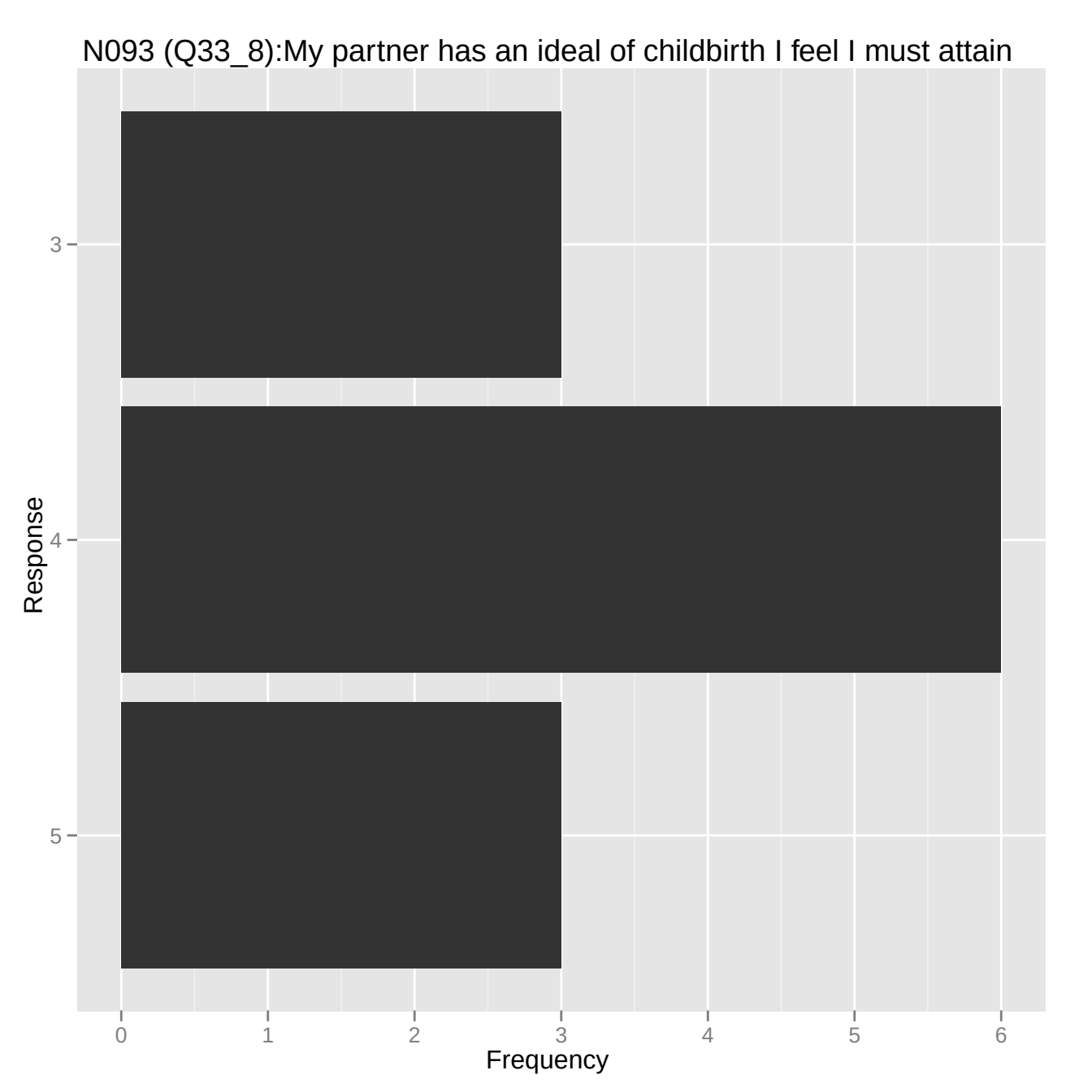

N088 (Q33_3):My partner fears that my birth will not go exactly how I expect
Response
2
3
4
0
1
2
3
4
5
6
Frequency

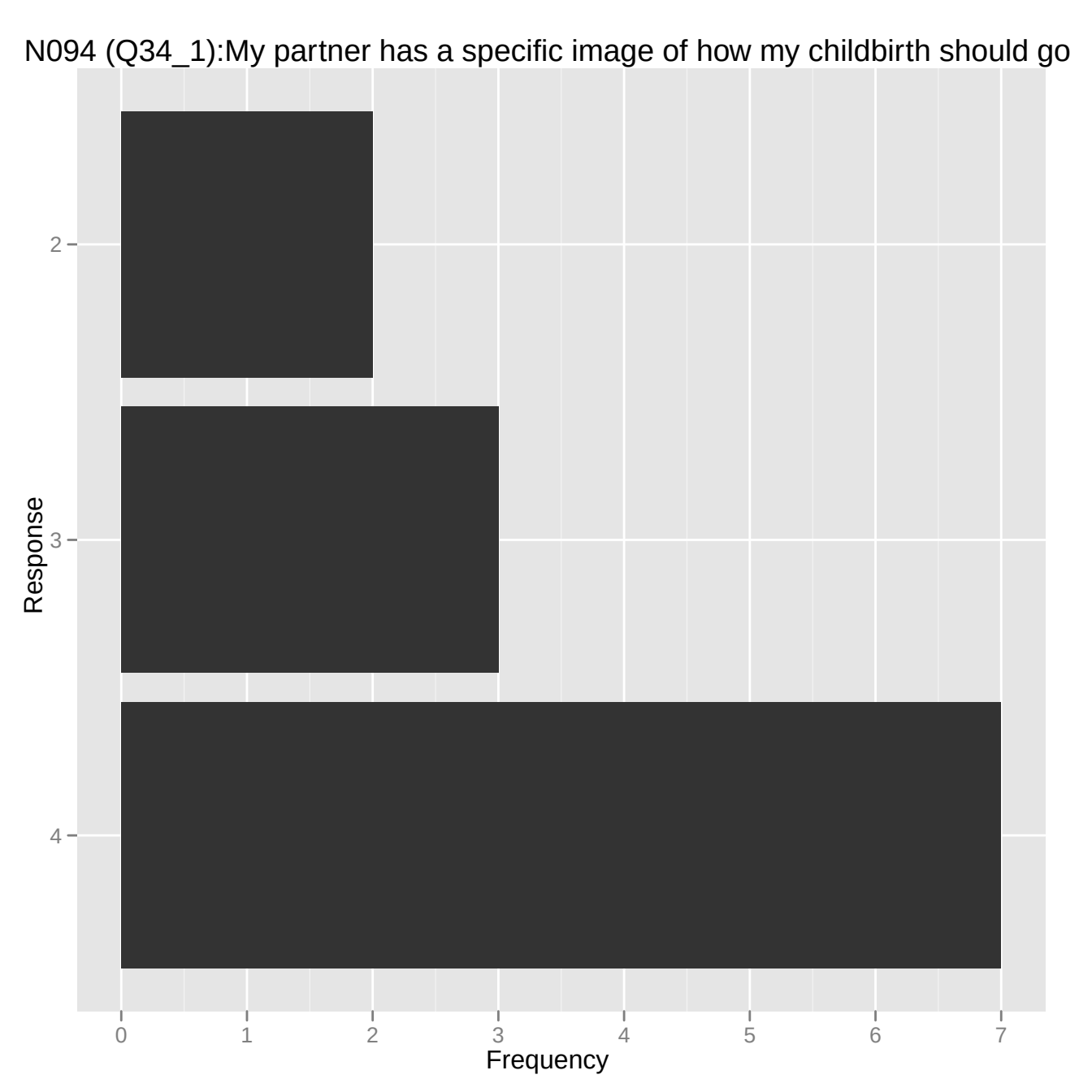

N089 (Q33_4):My partner expects me to move around the room during my labor
Response
1
2
3
0
1
2
3
4
5
6
Frequency

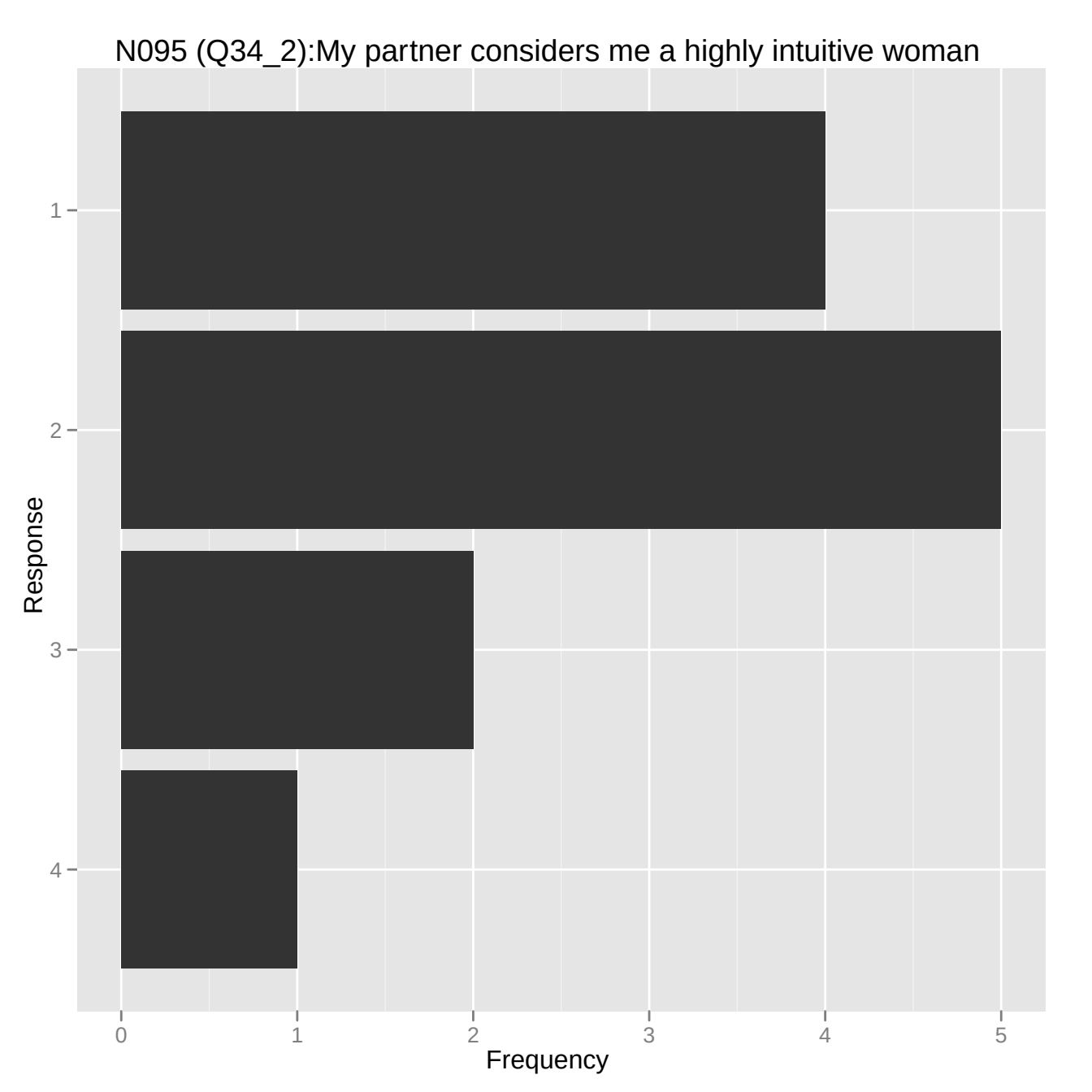

090 (Q33_5):My partner feels I have prepared mentally for the childbirth experienc
Response
1
2
3
0
1
2
3
4
5
6
7
Frequency

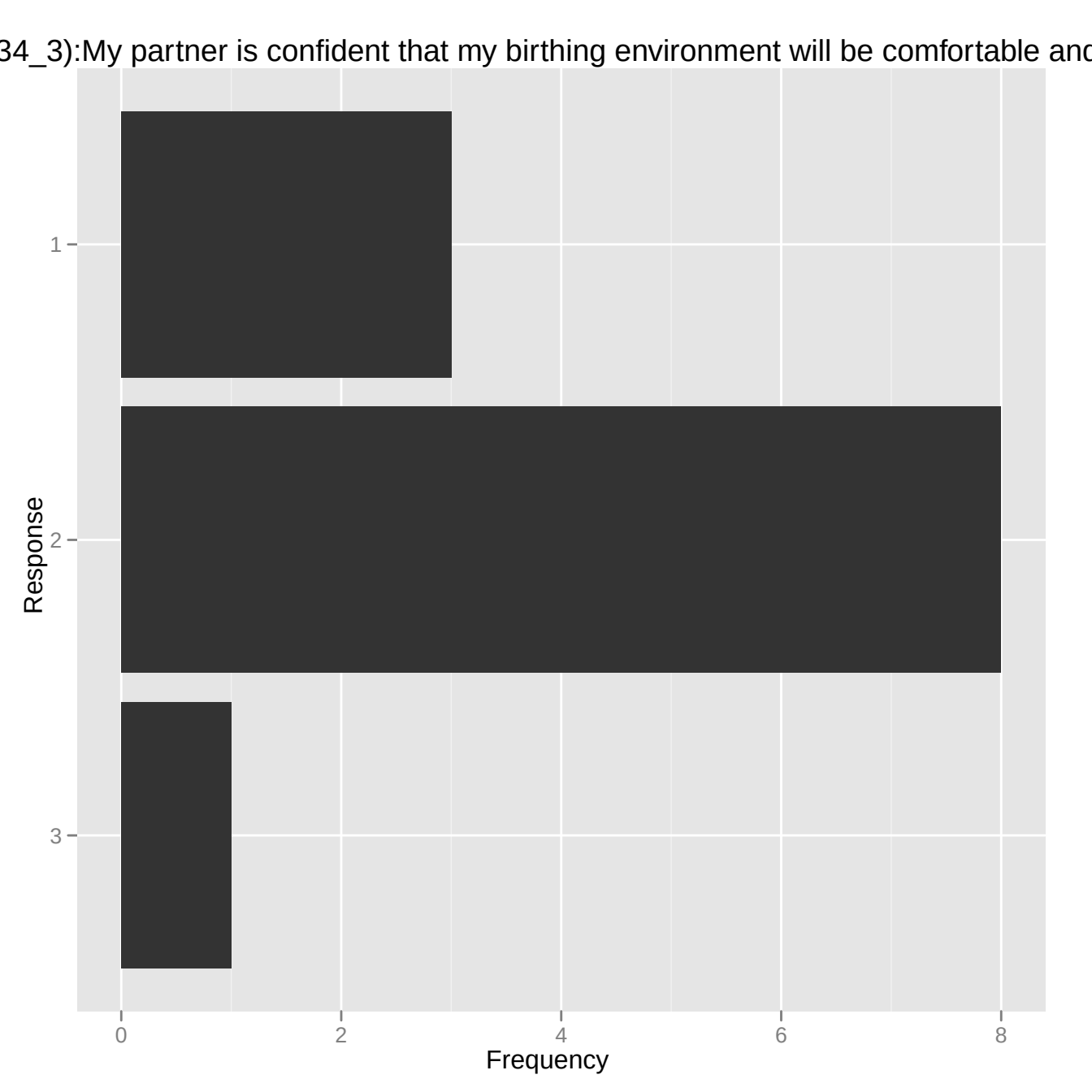

N091 (Q33_6):Having an unmedicated labor and birth is important to my partner
Response
1
2
3
4
0
1
2
3
4
5
Frequency

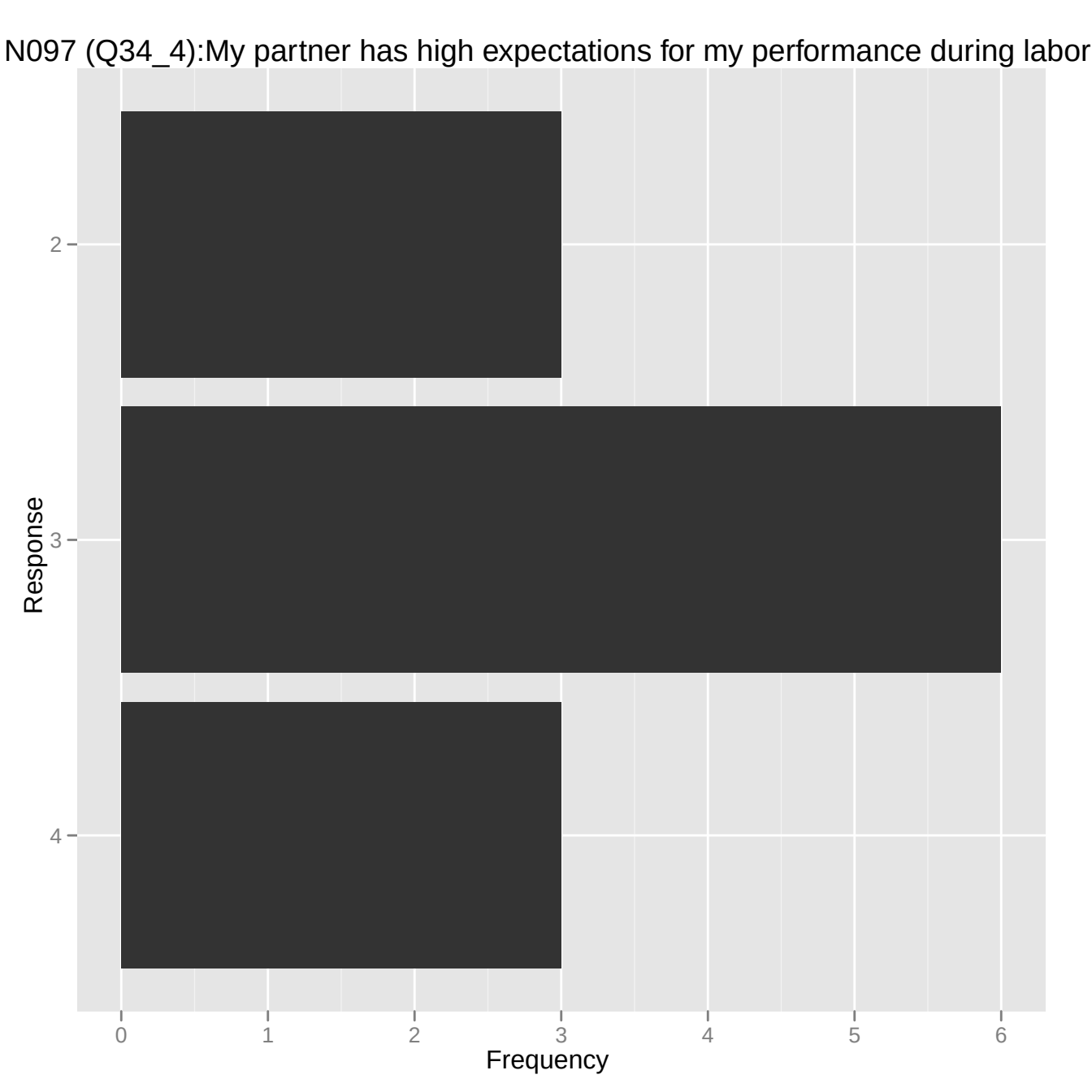

N092 (Q33_7):My partner expects me to cope poorly with the pain of labor
Response
3
4
5
0
2
4
6
8
Frequency

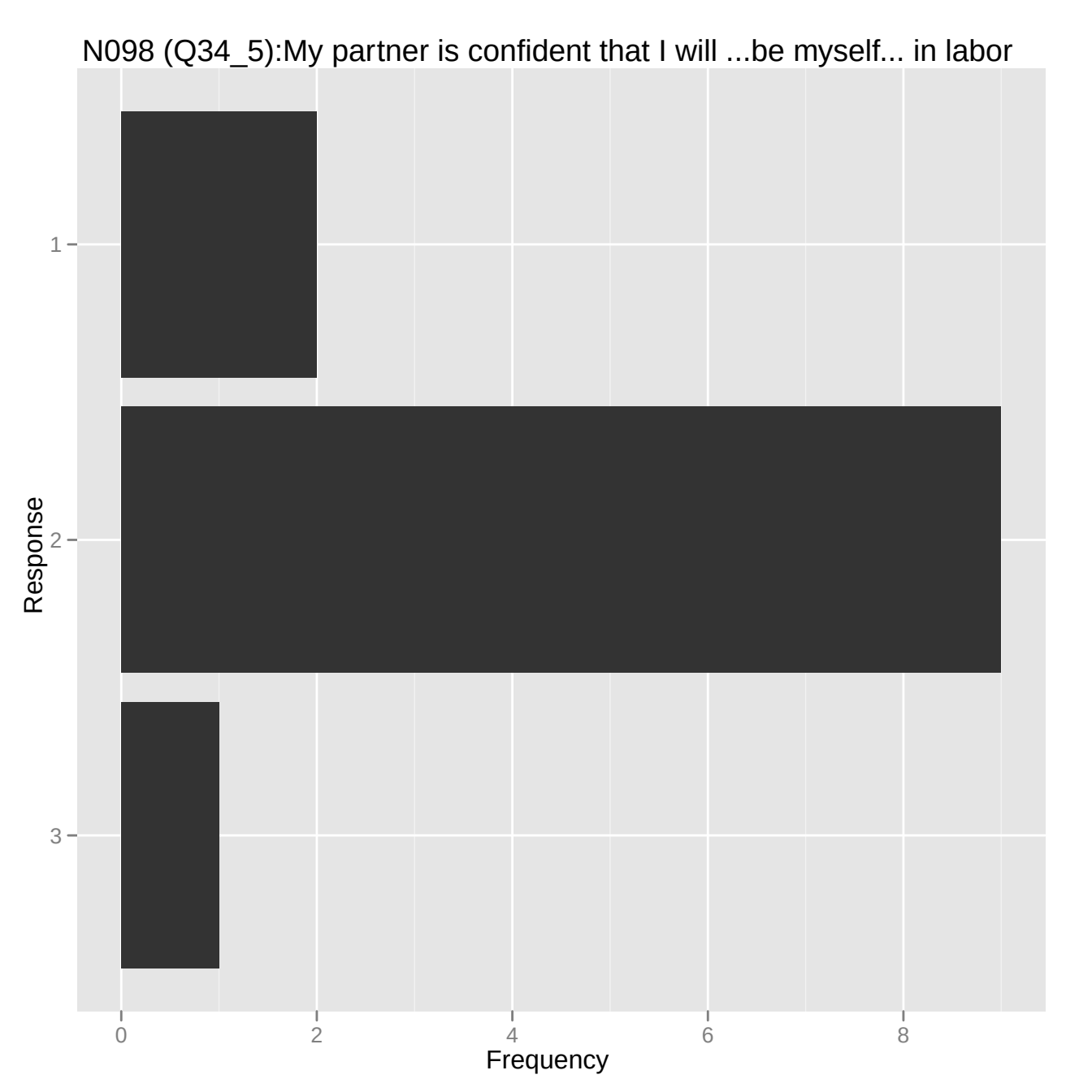

N093 (Q33_8):My partner has an ideal of childbirth I feel I must attain
Response
3
4
5
0
1
2
3
4
5
6
Frequency

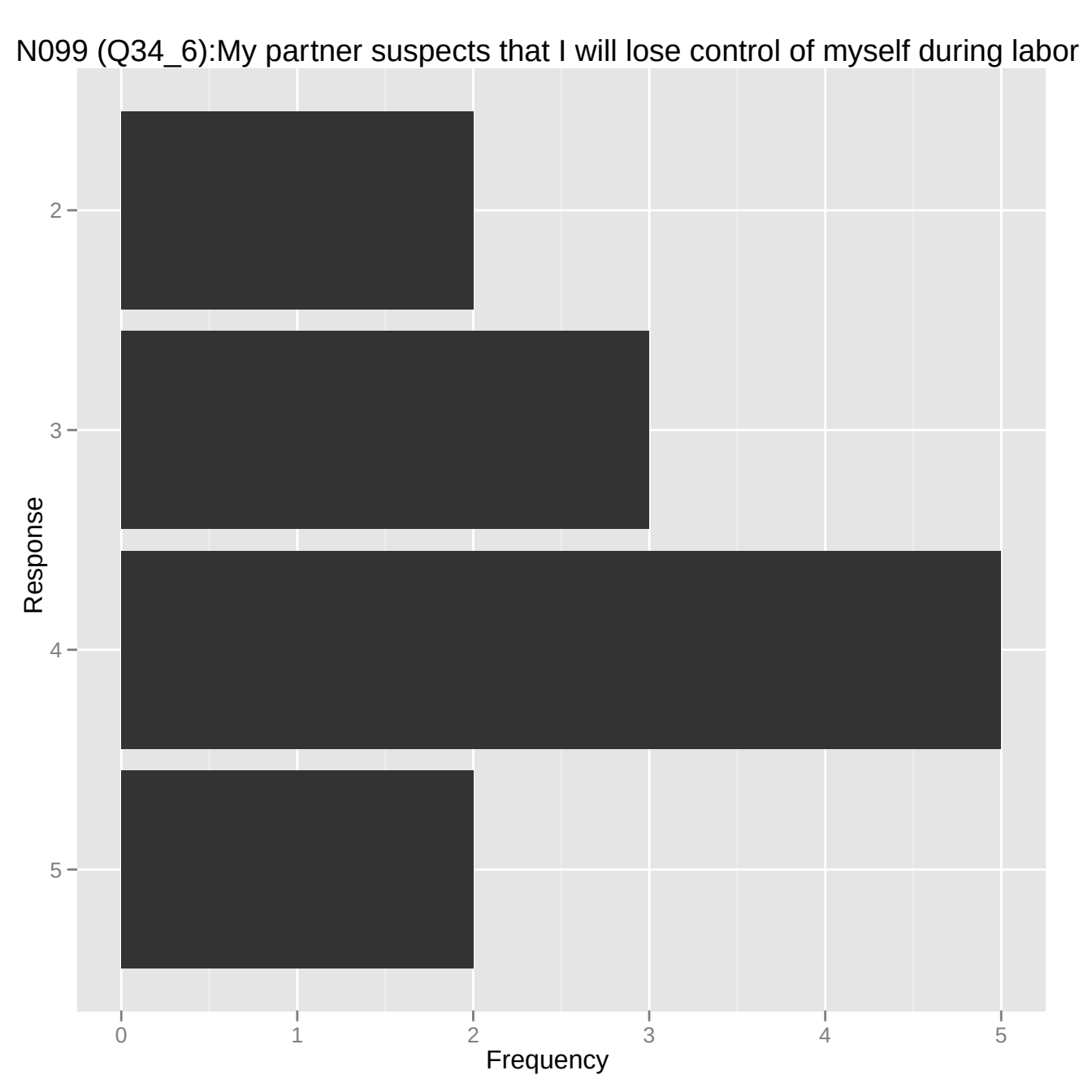

N094 (Q34_1):My partner has a specific image of how my childbirth should go
Response
2
3
4
0
1
2
3
4
5
6
7
Frequency

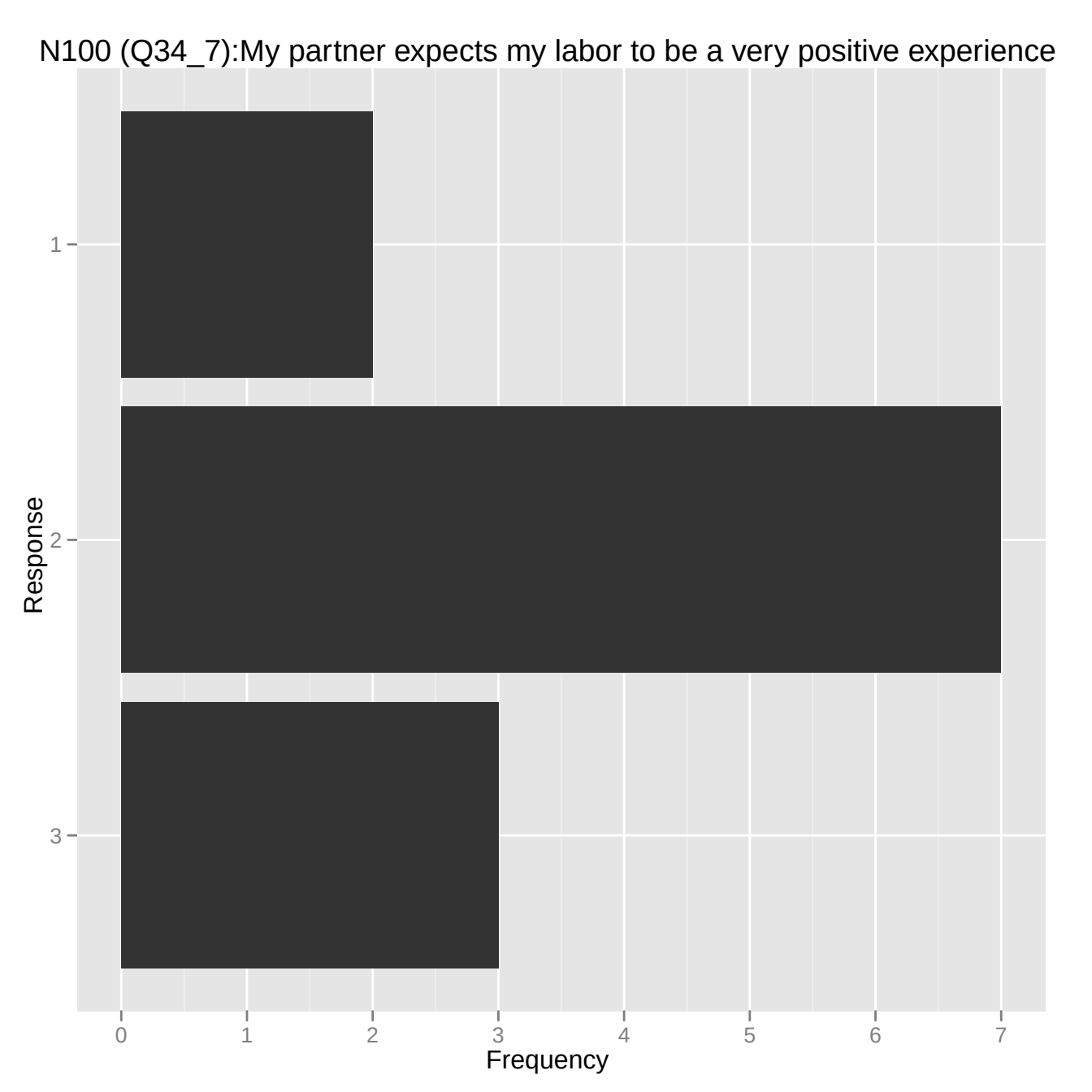

N095 (Q34_2):My partner considers me a highly intuitive woman
Response
1
2
3
4
0
1
2
3
4
5
Frequency

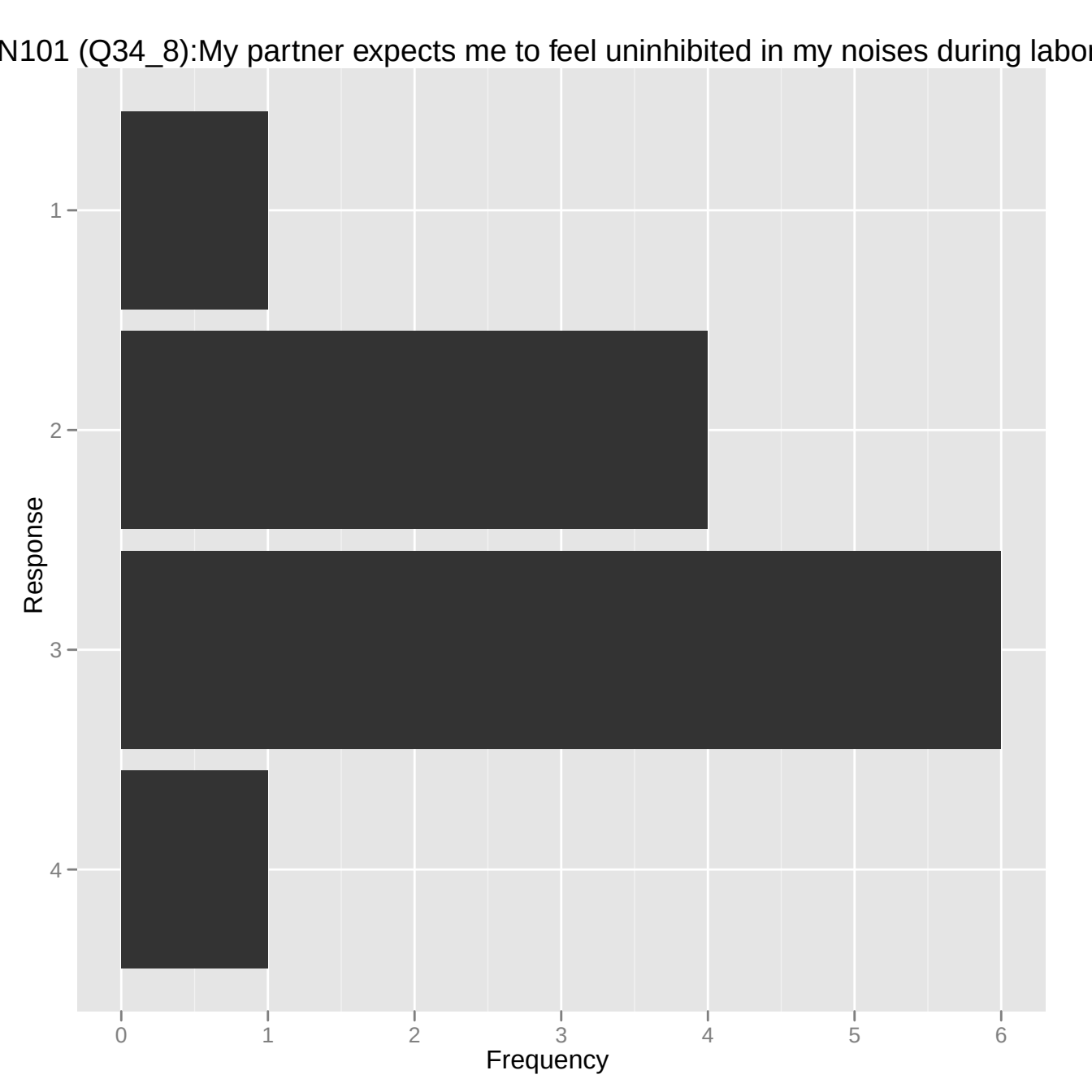

34_3):My partner is confident that my birthing environment will be comfortable and
Response
1
2
3
0
2
4
6
8
Frequency


N097 (Q34_4):My partner has high expectations for my performance during labor
Response
2
3
4
0
1
2
3
4
5
6
Frequency


N098 (Q34_5):My partner is confident that I will ...be myself... in labor
Response
1
2
3
0
2
4
6
8
Frequency


N099 (Q34_6):My partner suspects that I will lose control of myself during labor
Response
2
3
4
5
0
1
2
3
4
5
Frequency


N100 (Q34_7):My partner expects my labor to be a very positive experience
Response
1
2
3
0
1
2
3
4
5
6
7
Frequency


N101 (Q34_8):My partner expects me to feel uninhibited in my noises during labor
Response
1
2
3
4
0
1
2
3
4
5
6
Frequency