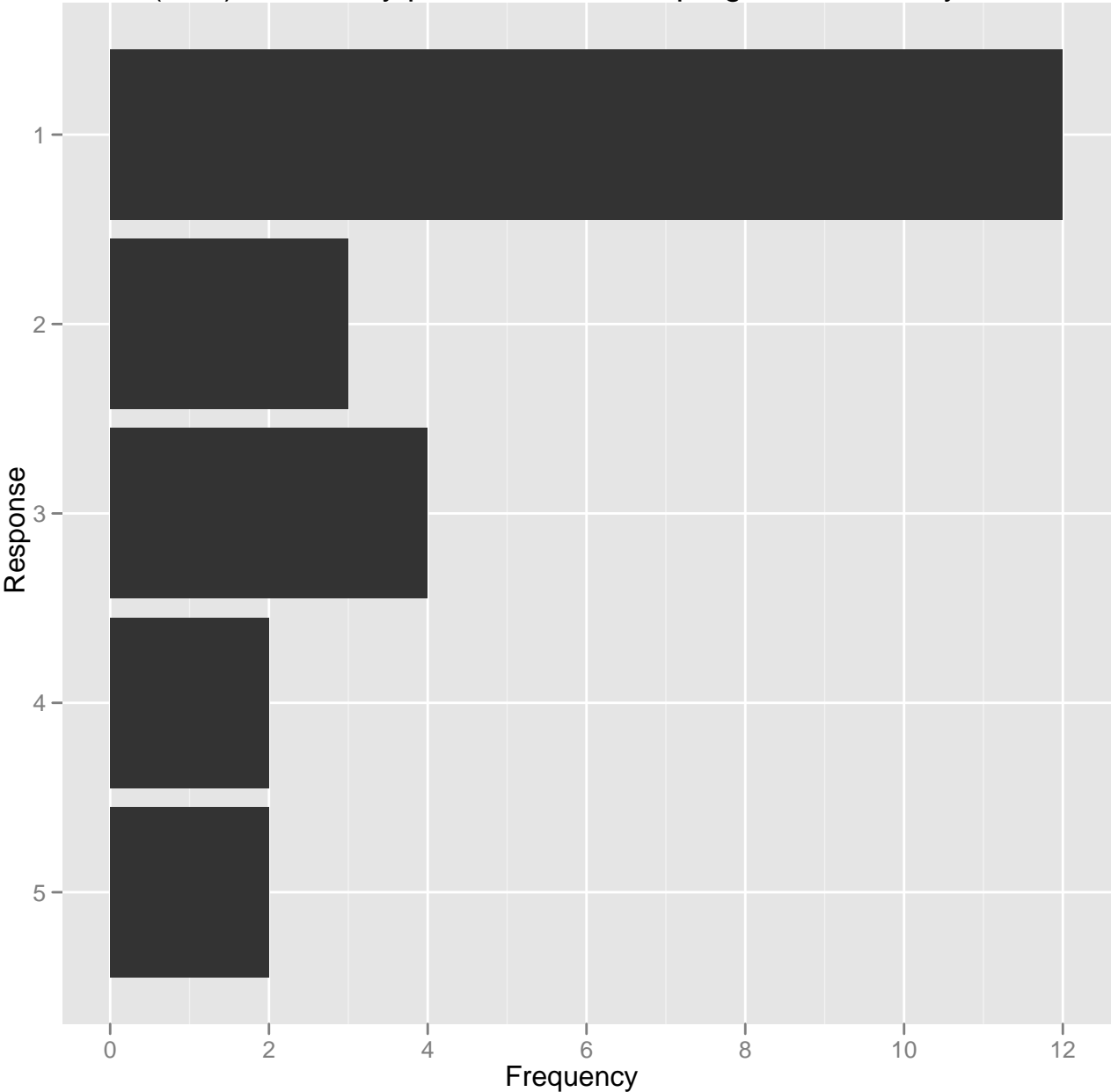
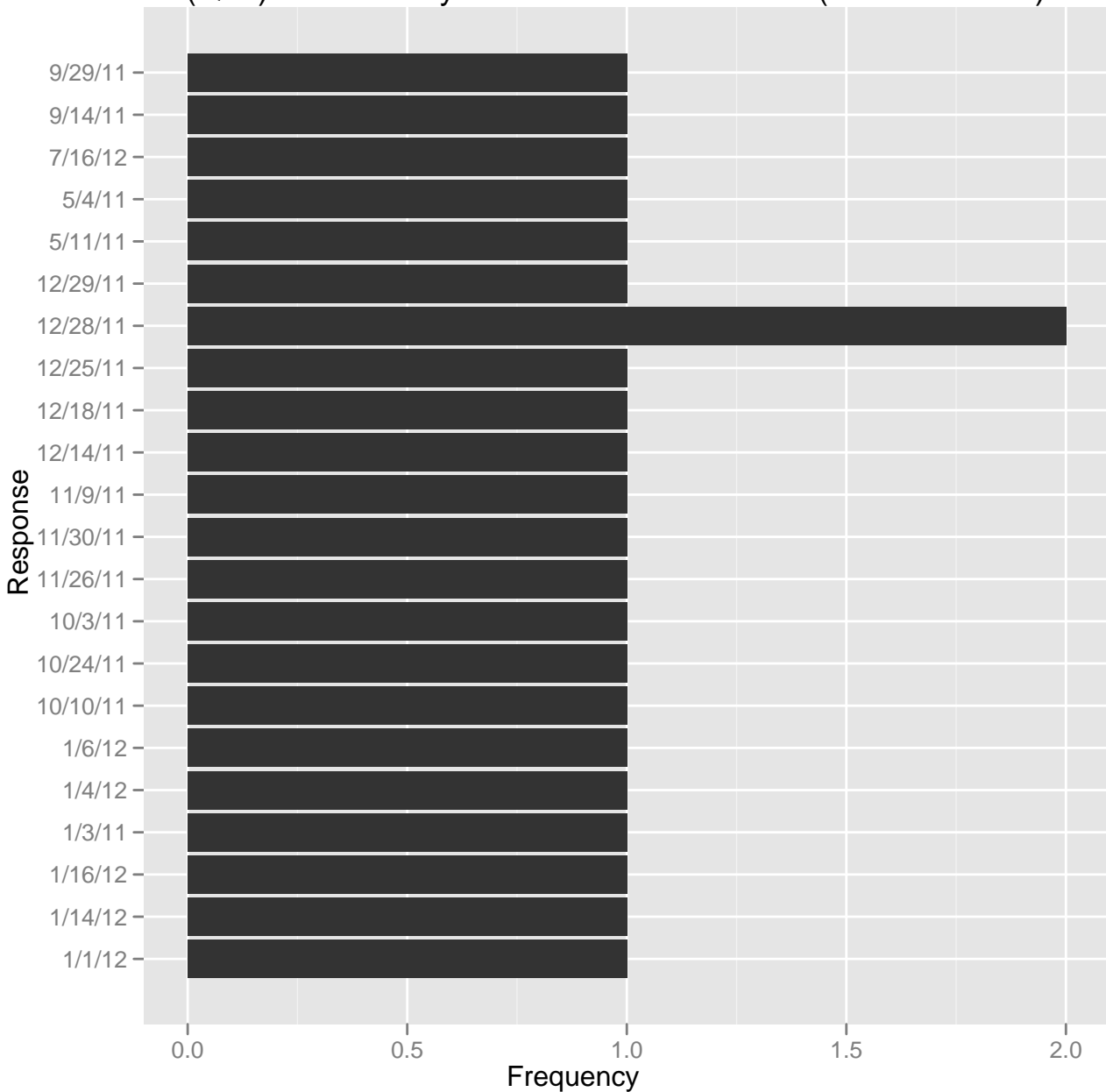


P001 (Q33):How many previous full-term pregnancies have you had?



P002 (Q35):When was your estimated due date? (MM/DD/YYYY)



P003 (Q37):Is this a single or a multiple pregnancy?

Response

Frequency

0

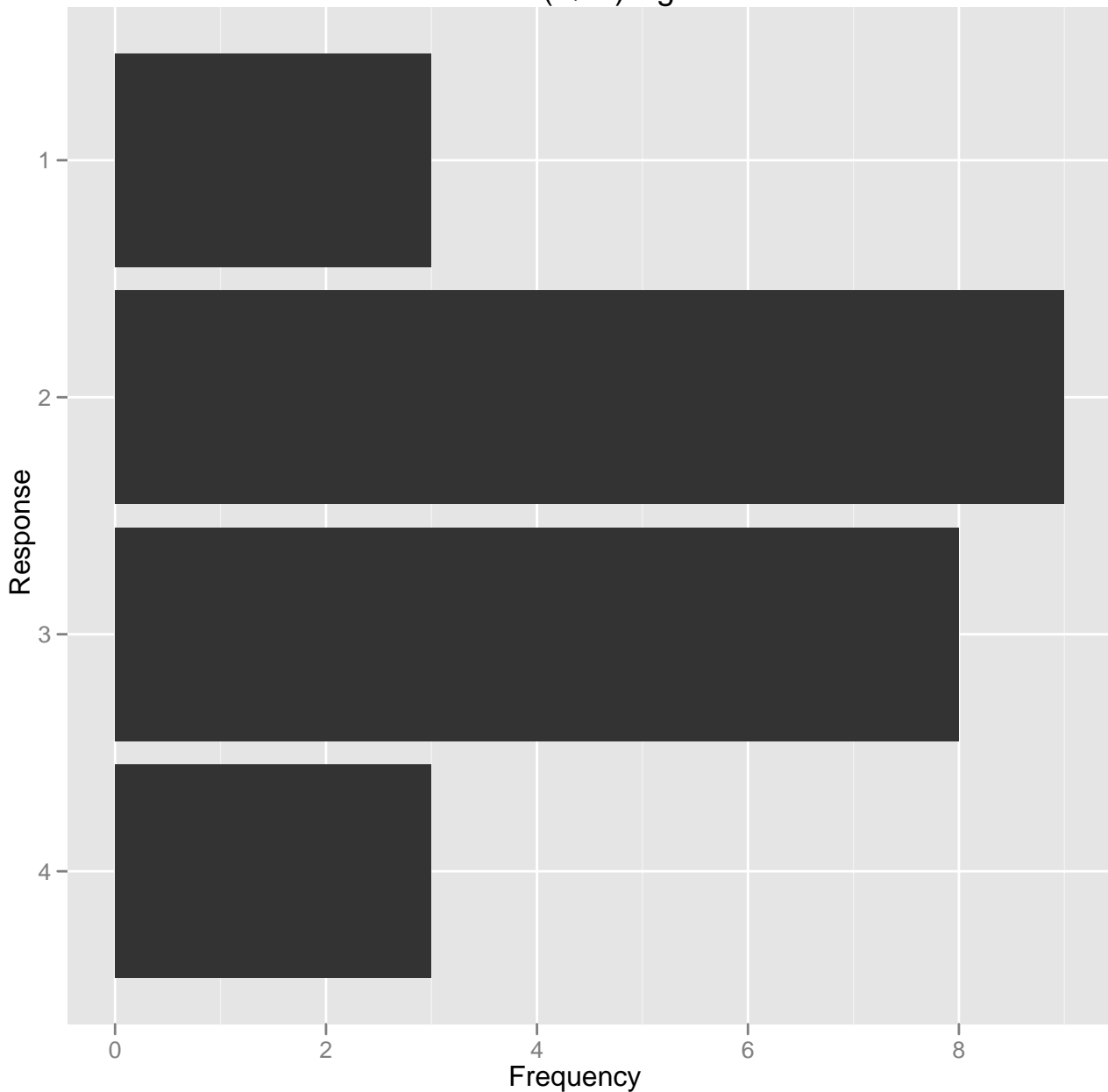
5

10

15

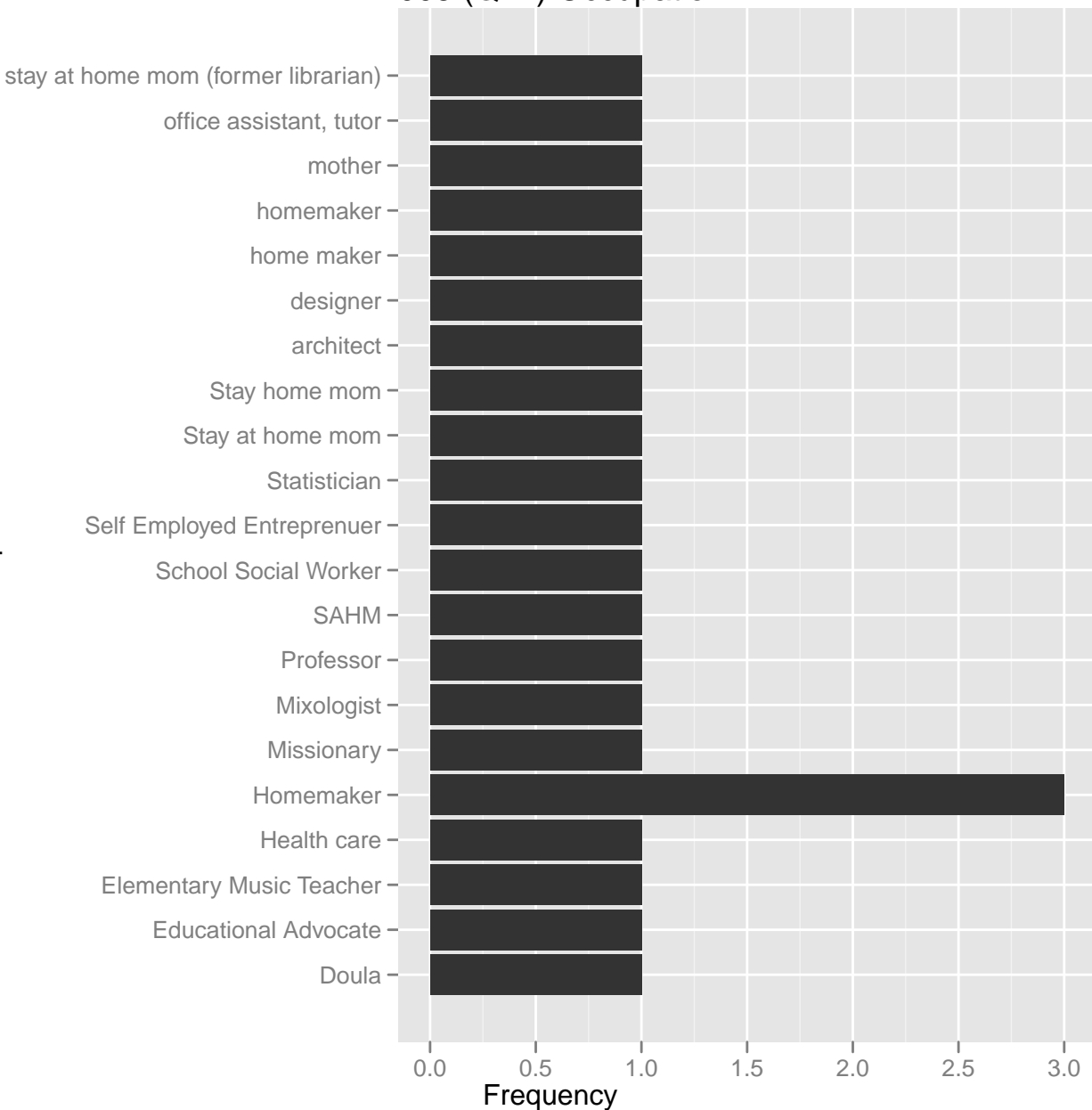
20

P004 (Q39):Age

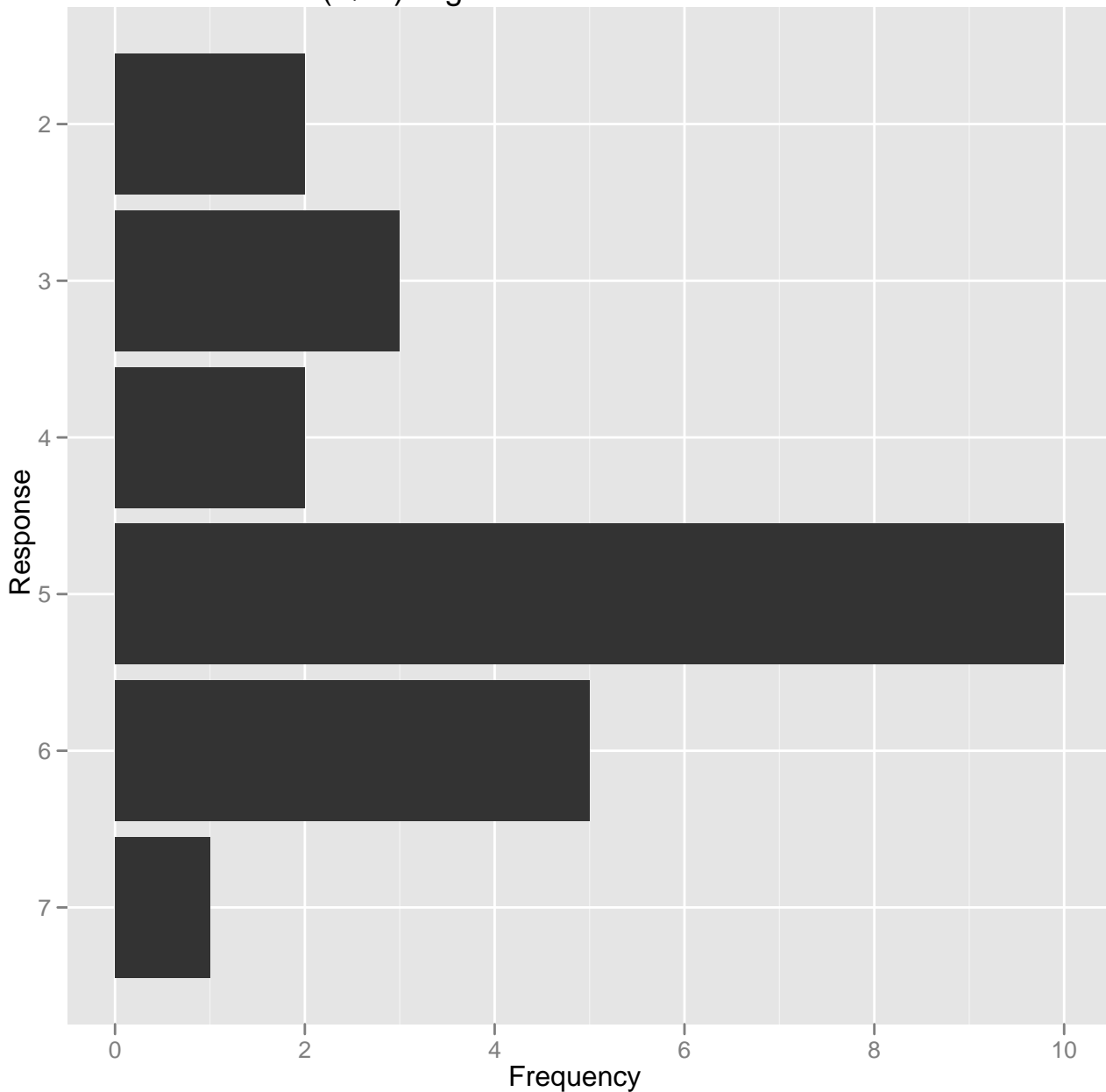


P005 (Q41):Occupation

Response



P006 (Q43):Highest educational level achieved



# P007 (Q45):Are you currently partnered?

Response

Frequency

0

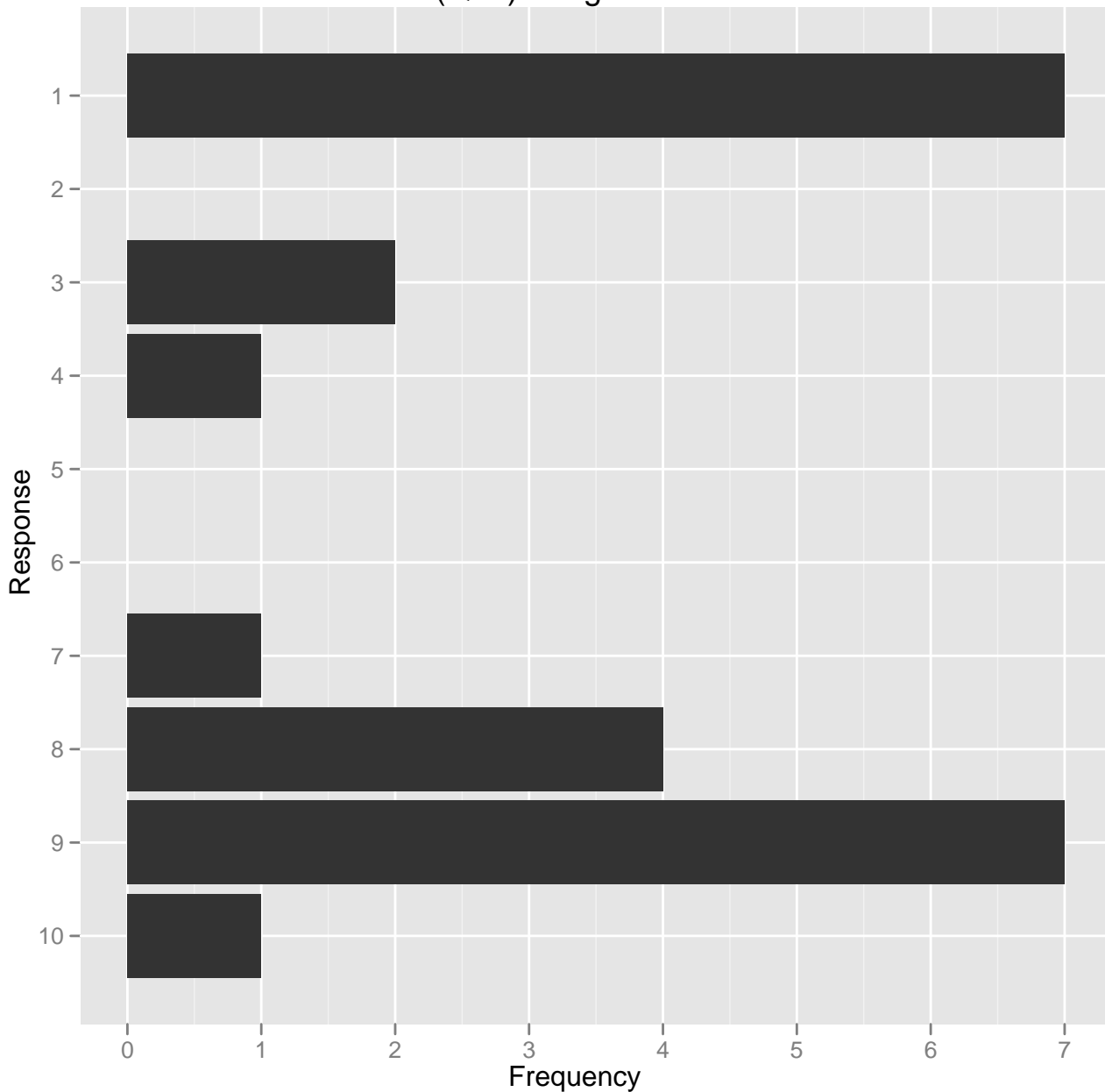
5

10

15

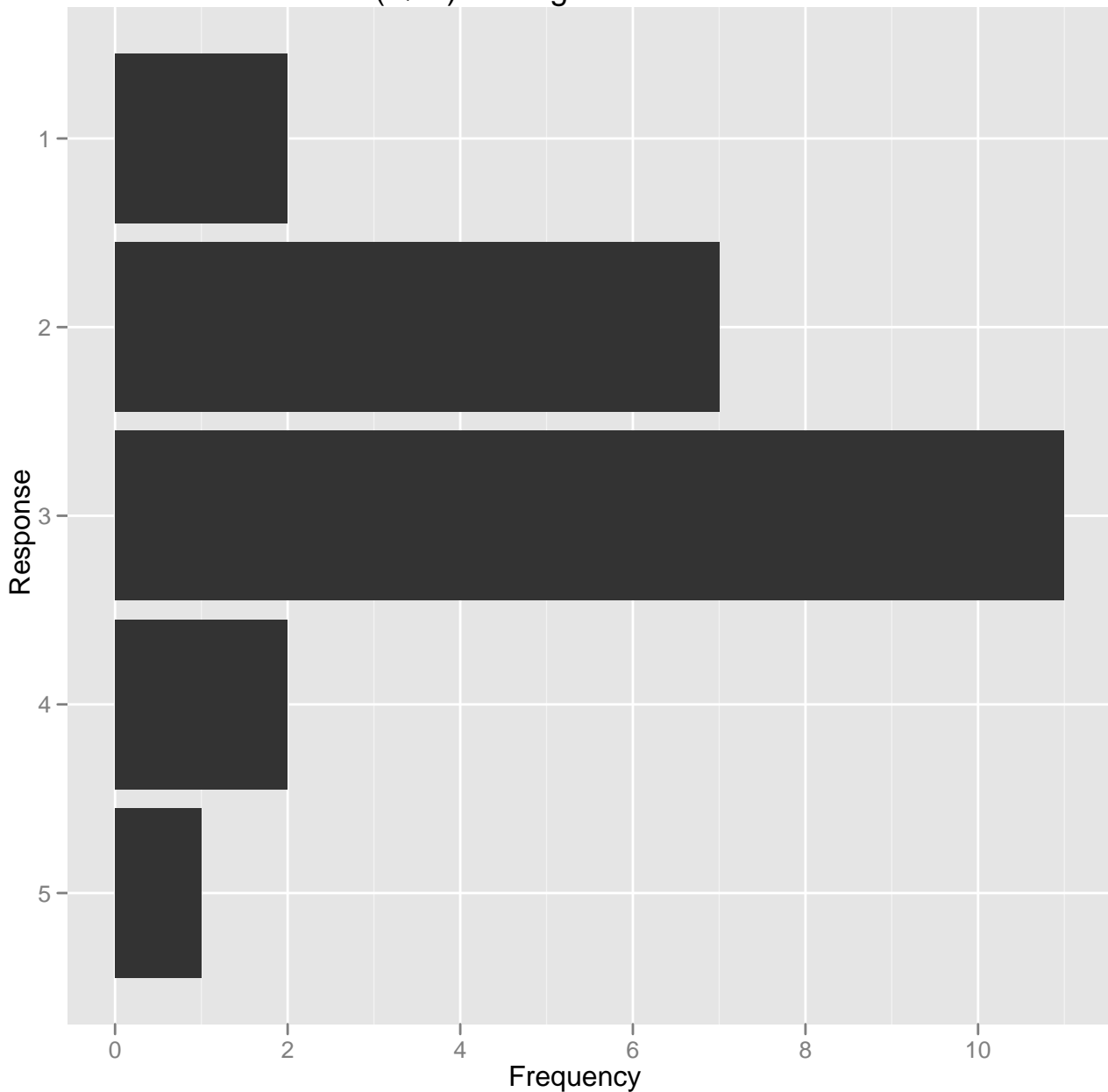
20

P008 (Q47):Religious affiliation

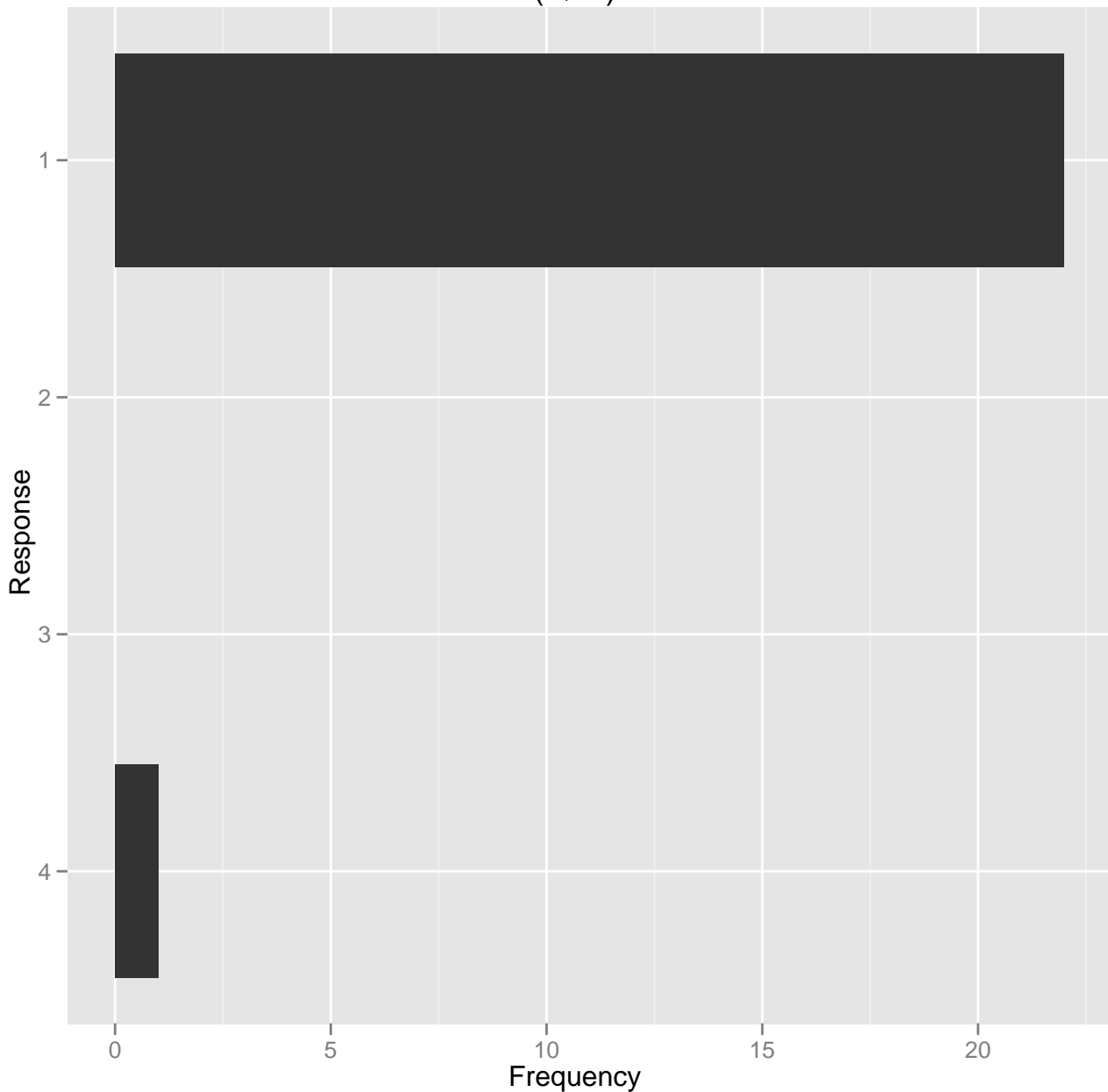




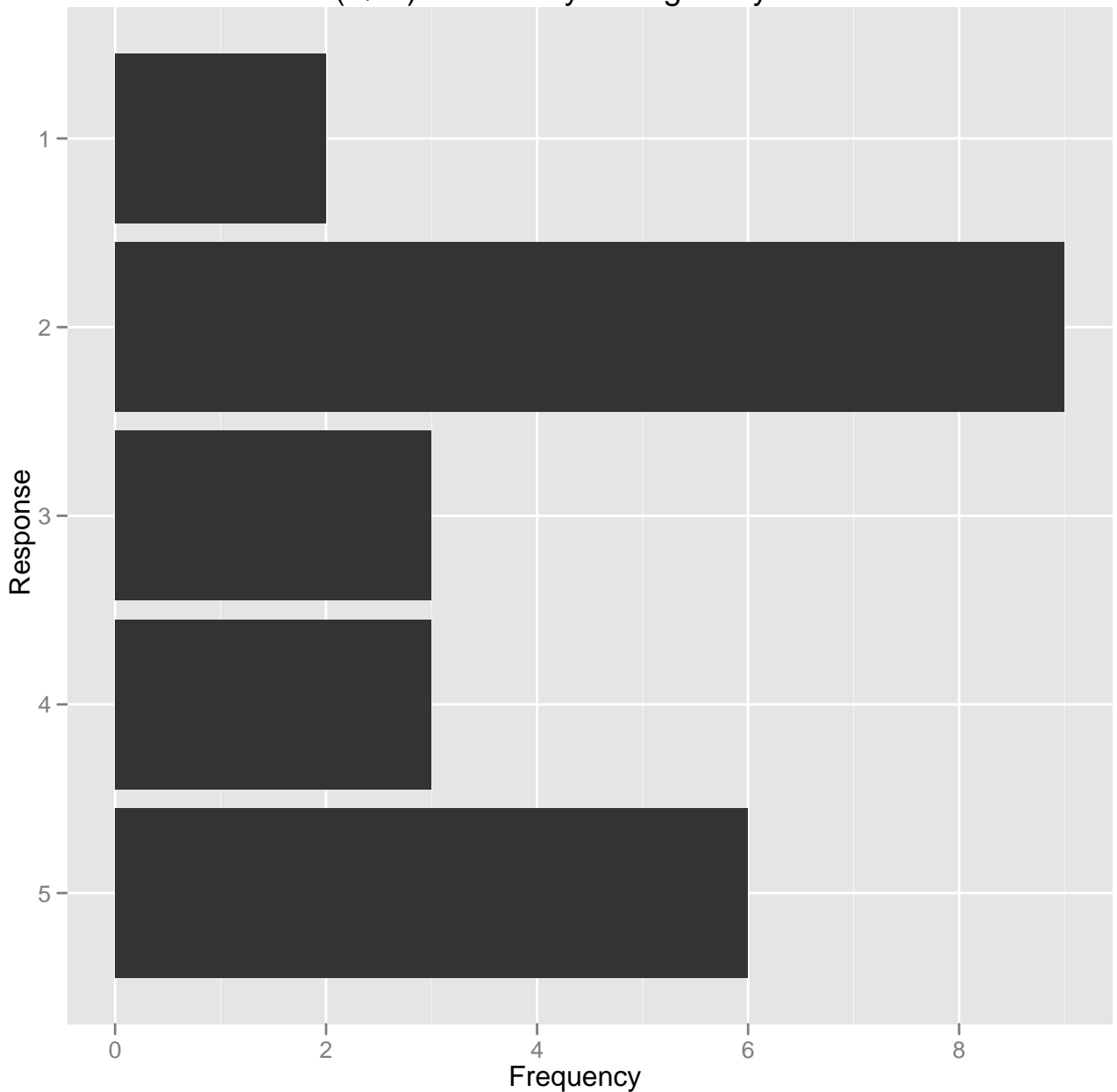
P009 (Q49):Average household income



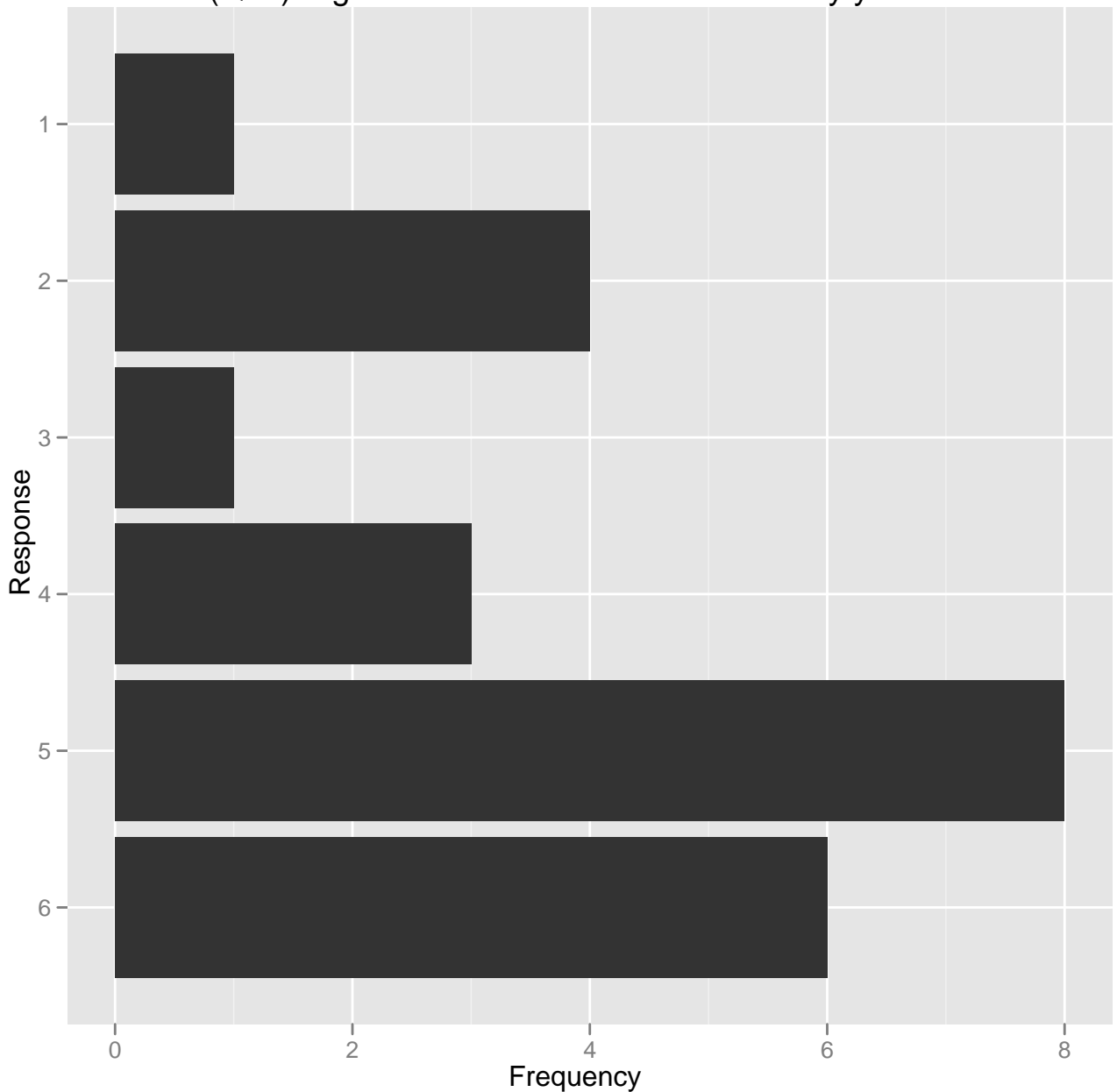
P010 (Q51):Race



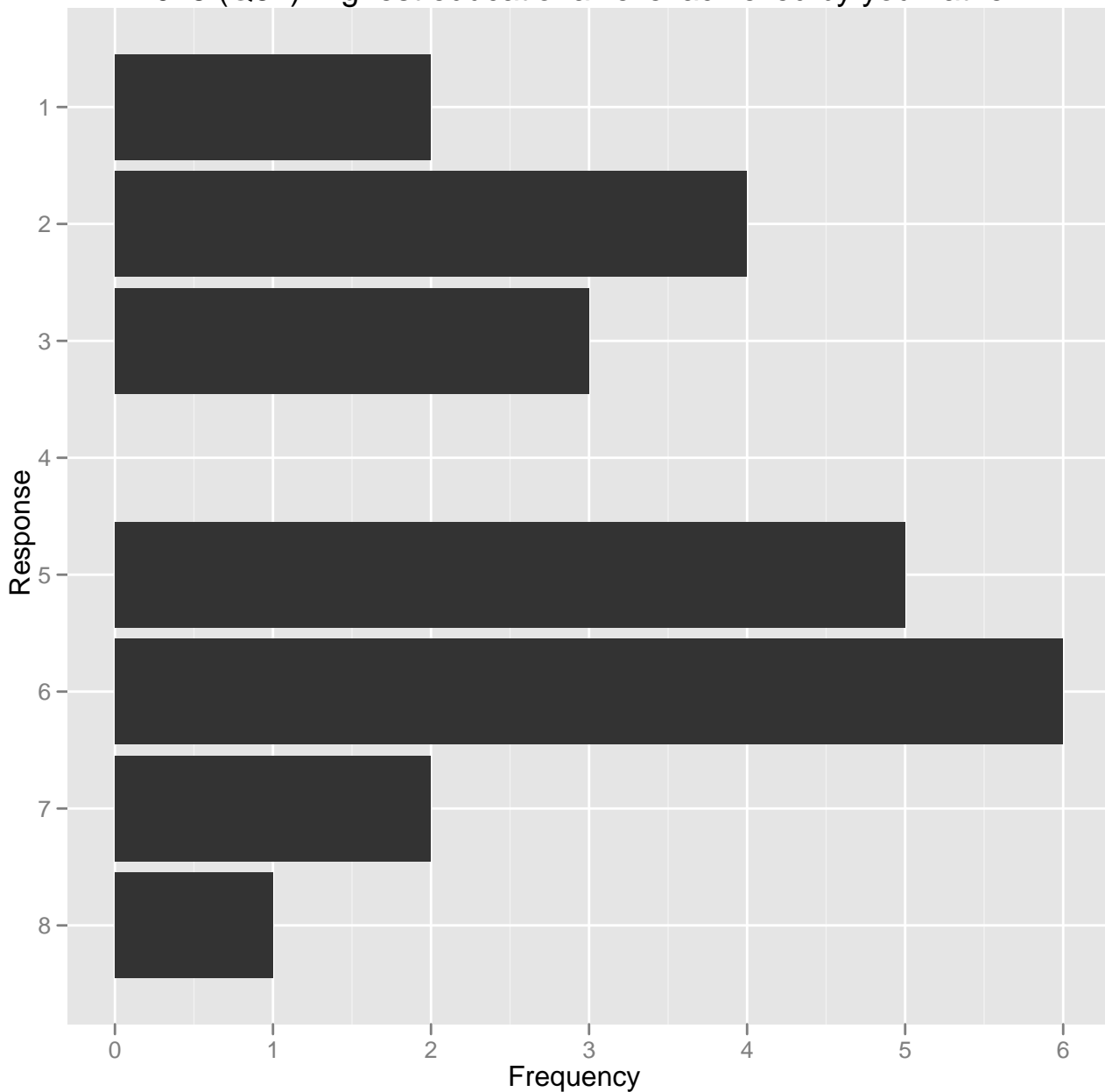
P011 (Q53):How many siblings do you have?



P012 (Q55):Highest educational level achieved by your mother



P013 (Q57):Highest educational level achieved by your father



4 (Q59):What is your primary motivating factor for choosing an out-of-hospital bir

Response

Frequency

1

2

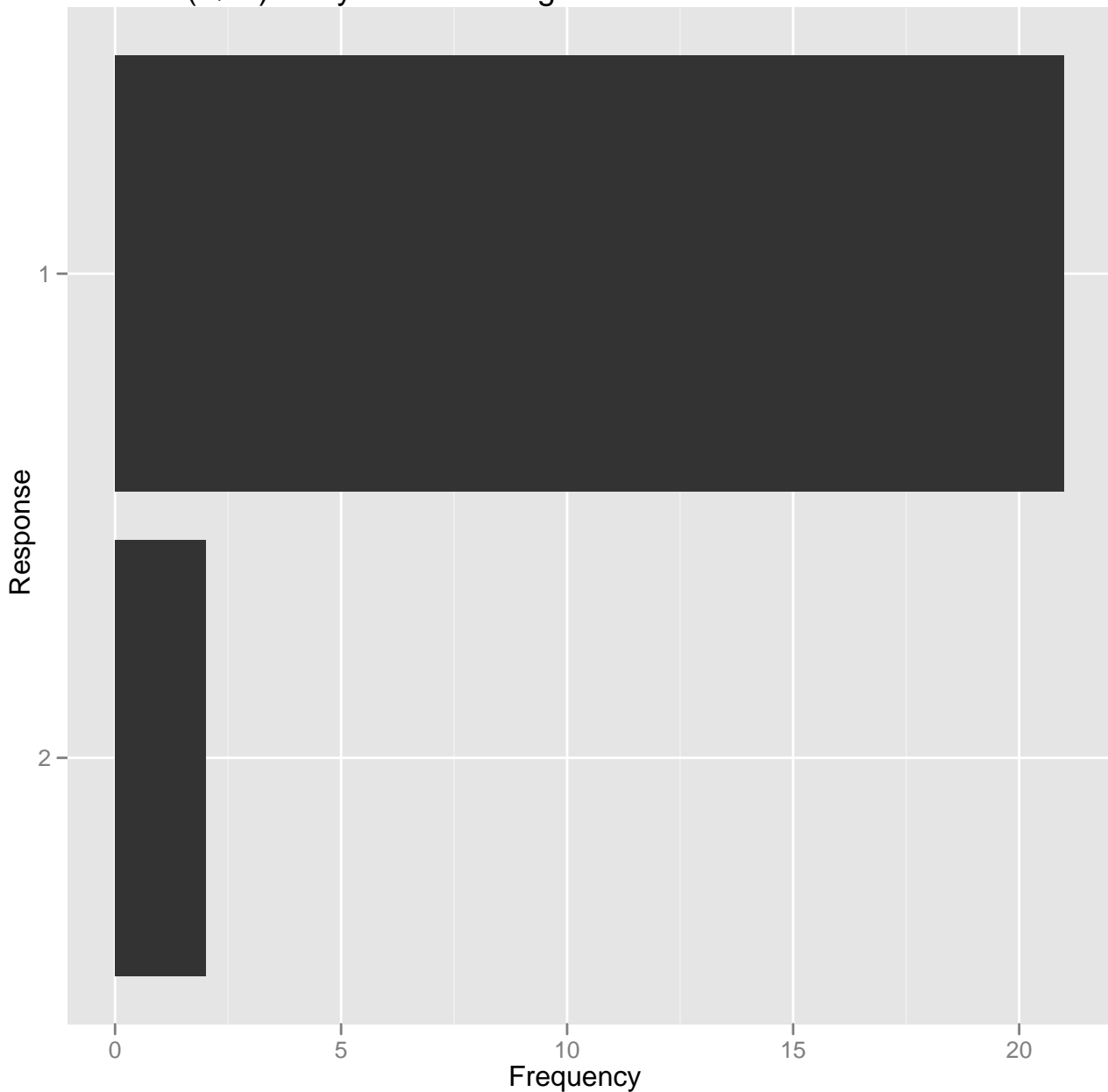
OB care performed by a practice of midwives and physicians; birth occurred within hospital with midwife.

I was scared to give b

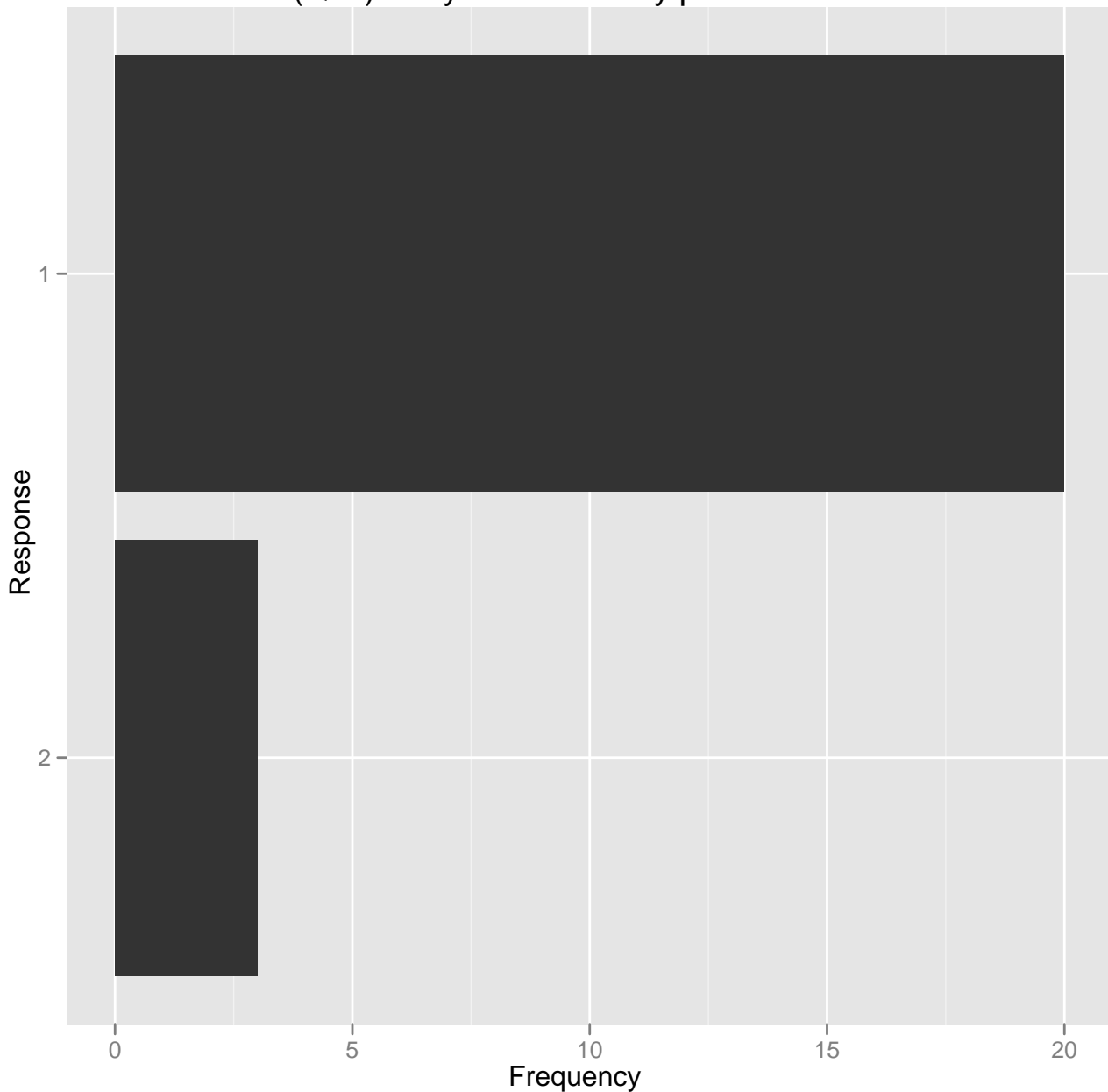
I wanted to honor the experience of the birth; taking it out of the formal, medical environment, to a mo

I wanted a natural birt

P015 (Q19):Did you have a vaginal childbirth or a cesarean birth?

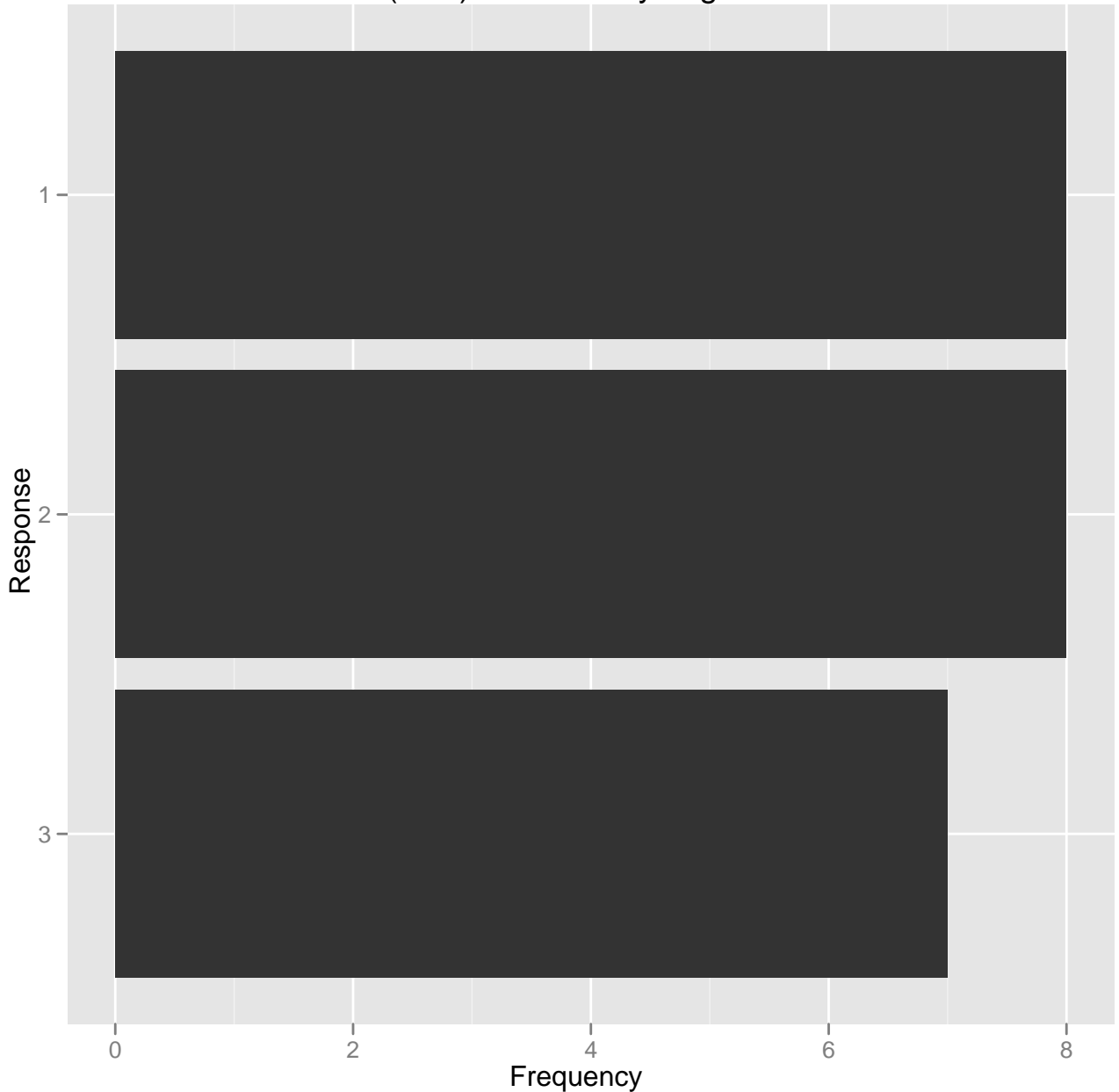


# P016 (Q20):Did you receive any pain medications?

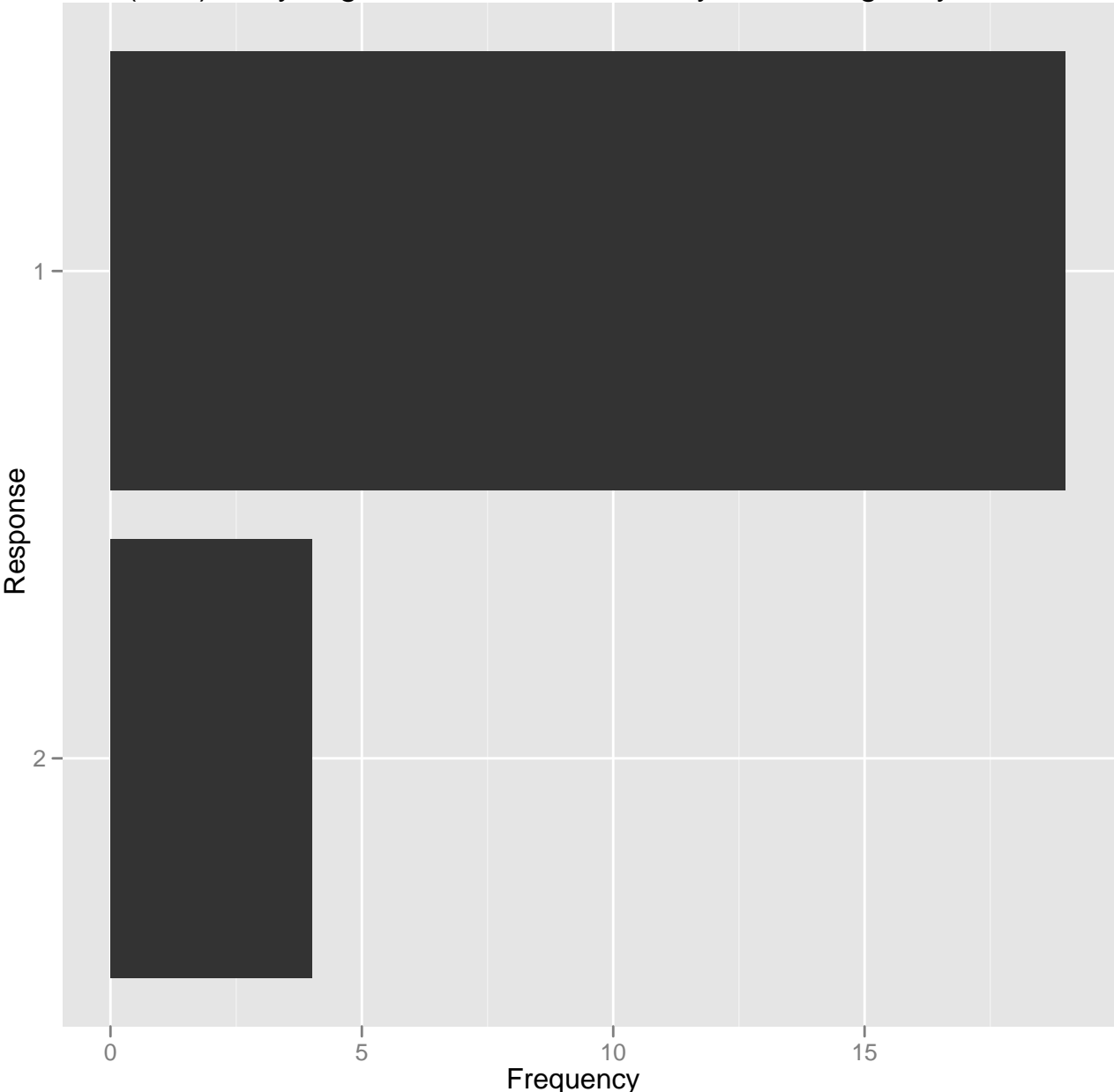




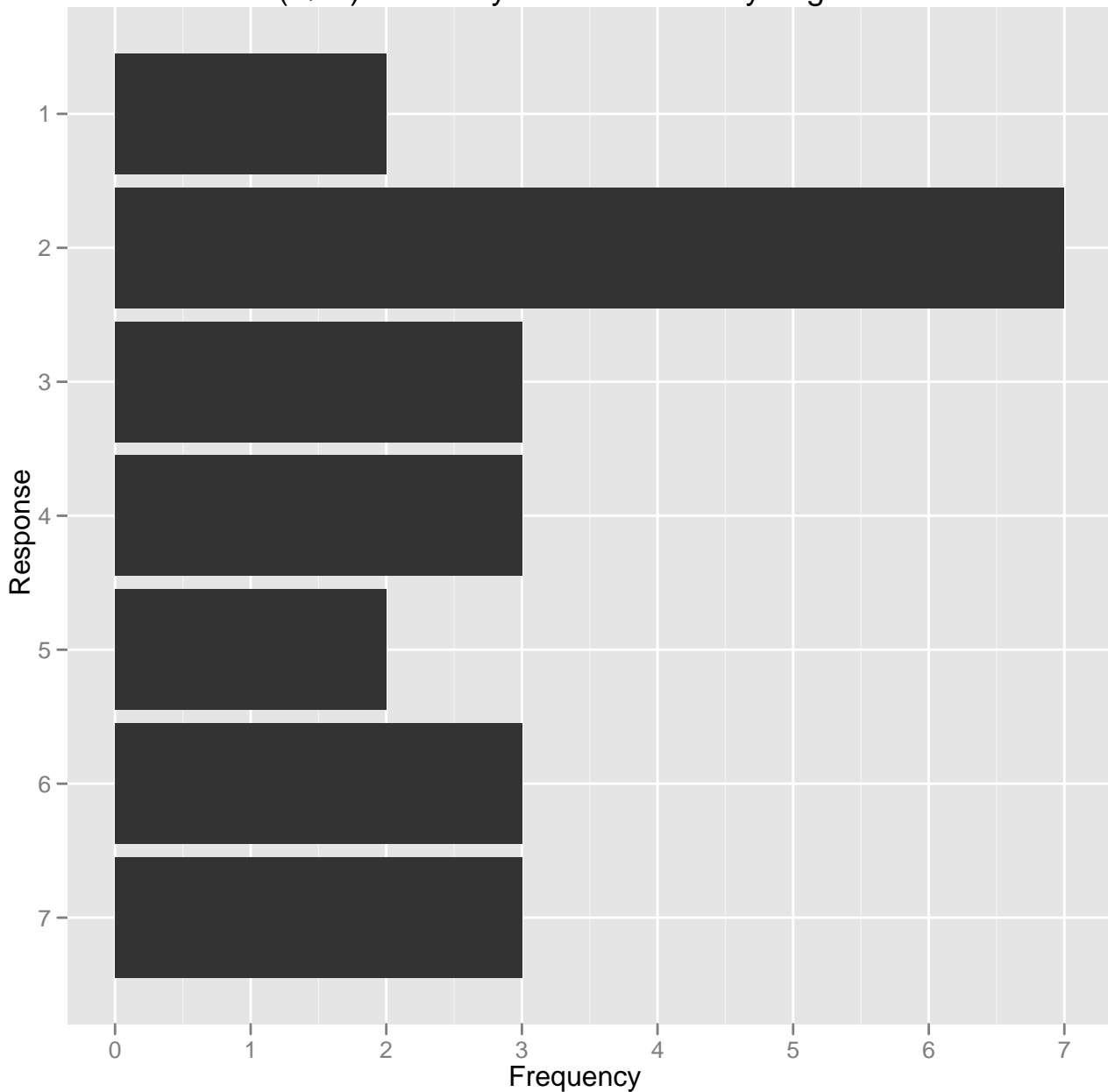
# P017 (Q21):Where did you give birth?



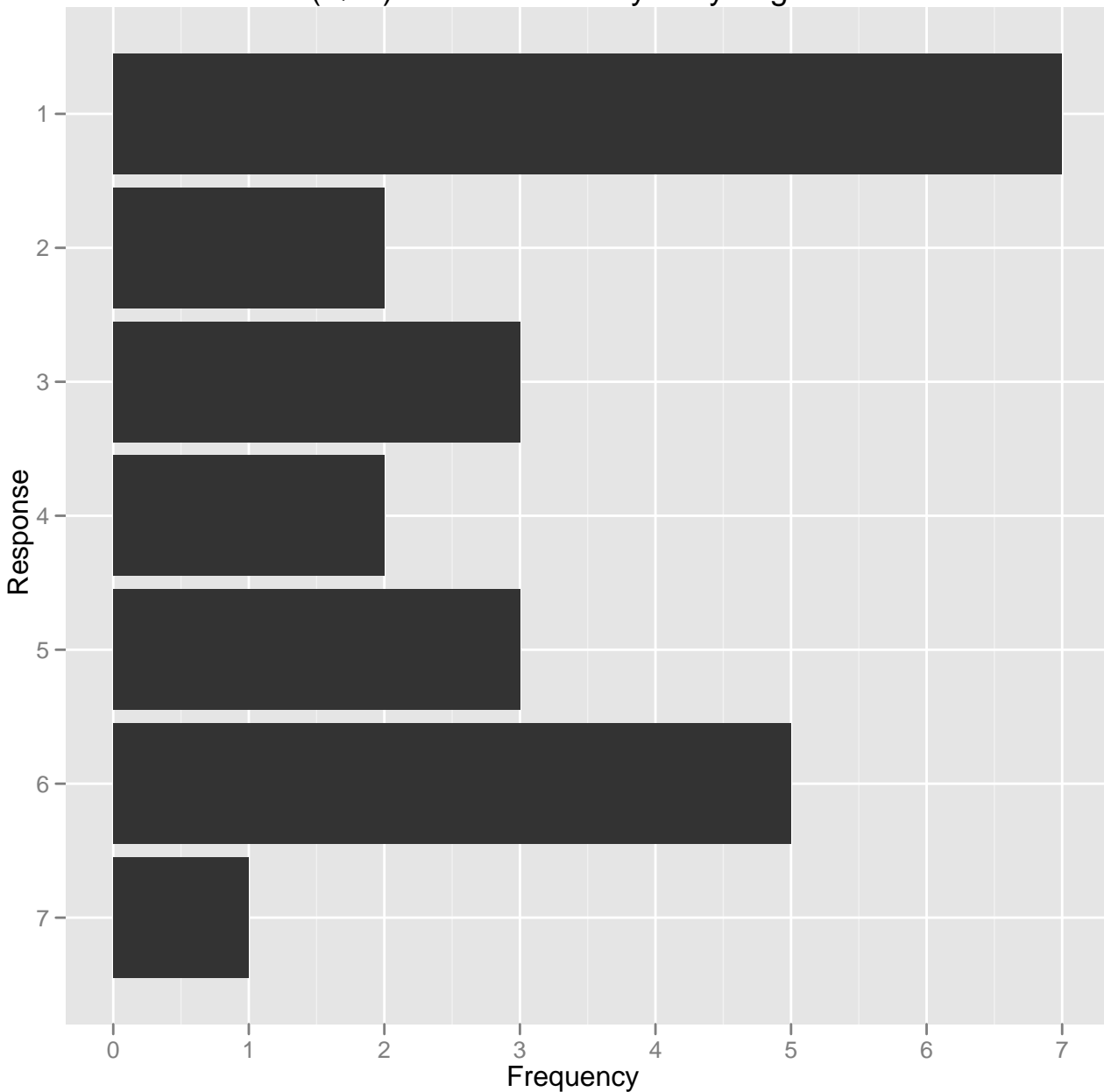
P018 (Q22):Did you give birth at the location you had originally intended?



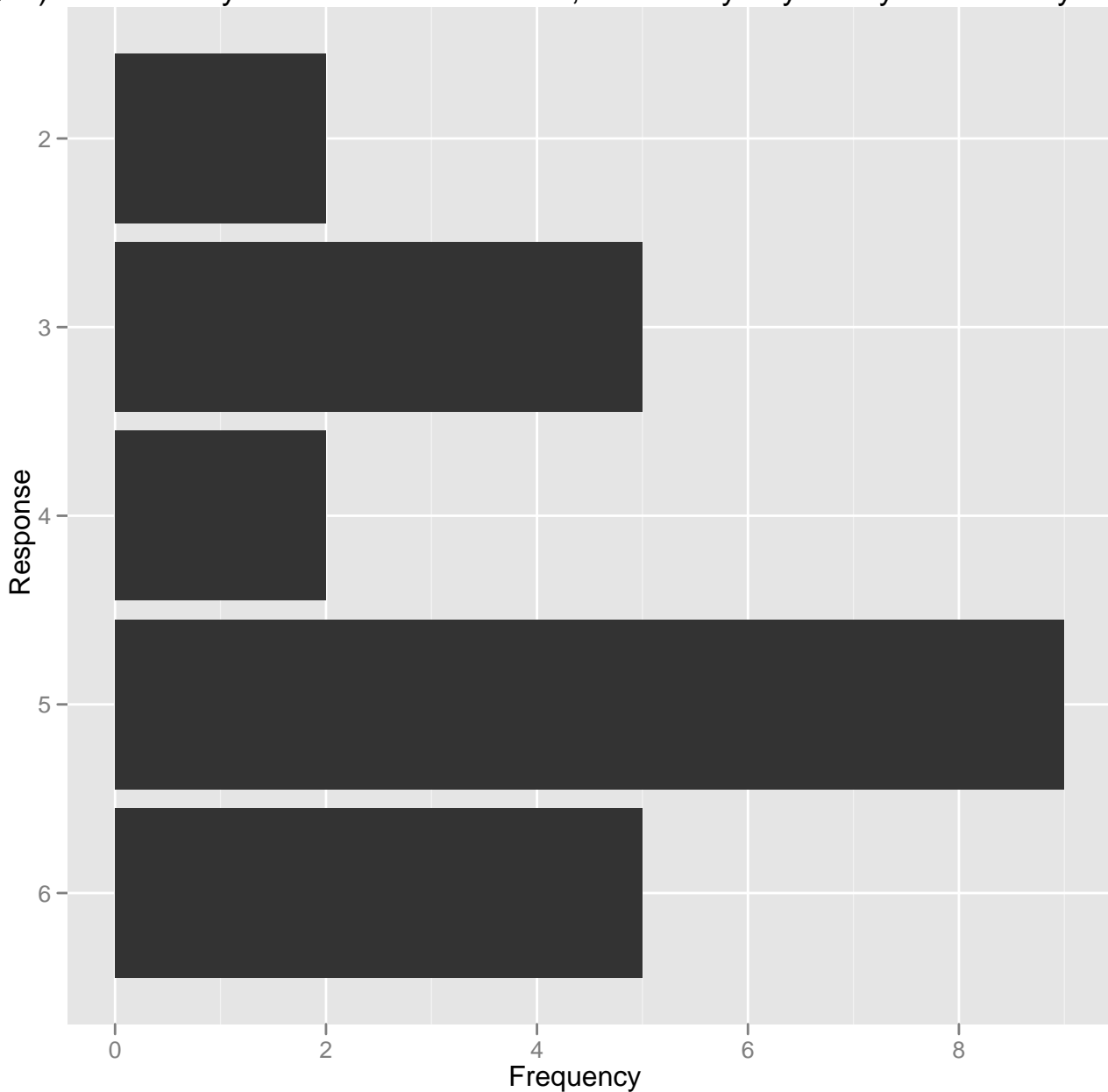
P019 (Q23):What day of the week did you give birth?



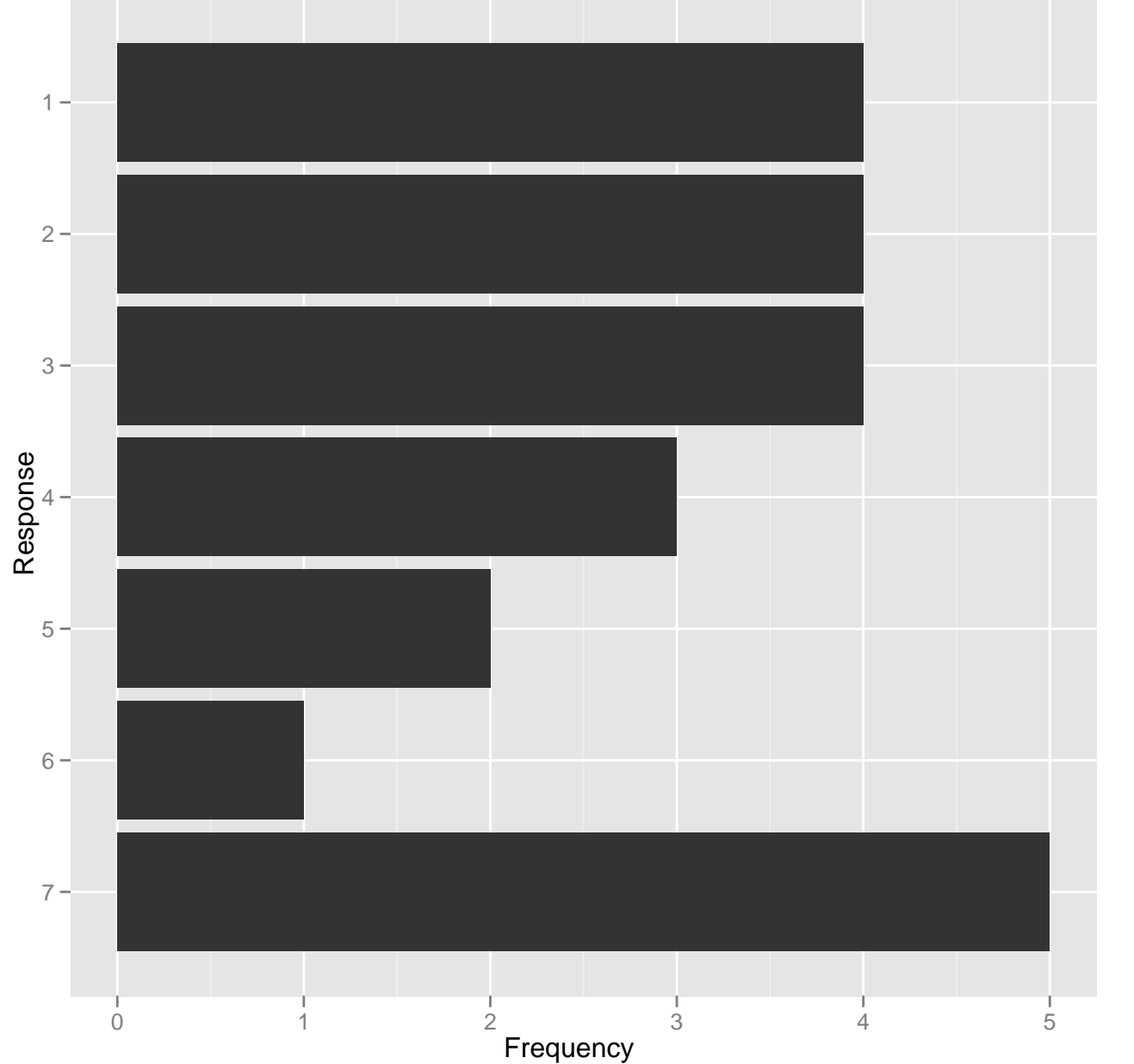
P020 (Q24):What time of day did you give birth?



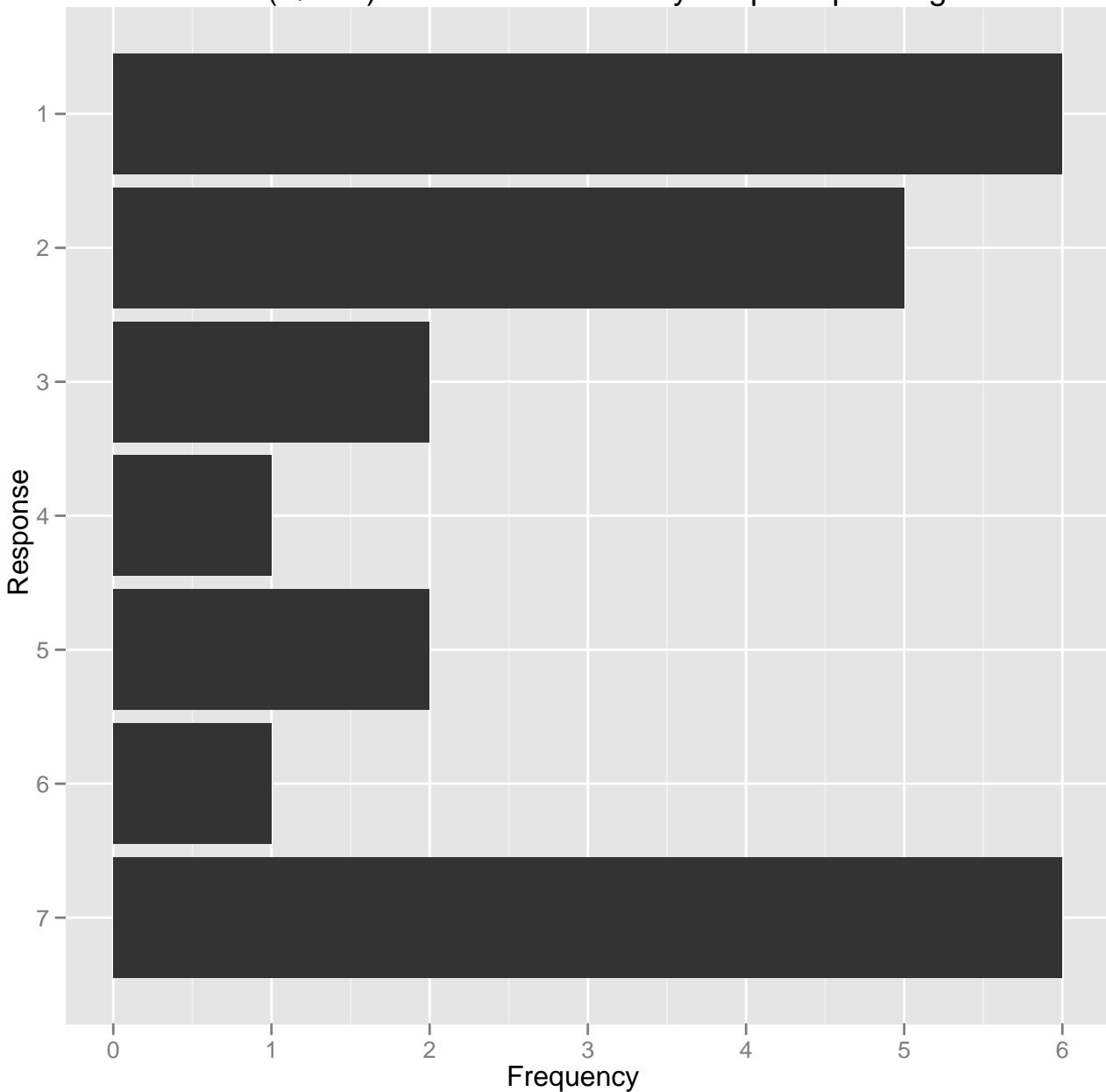
Q25):Relative to your estimated due date, how many days early or late did you give



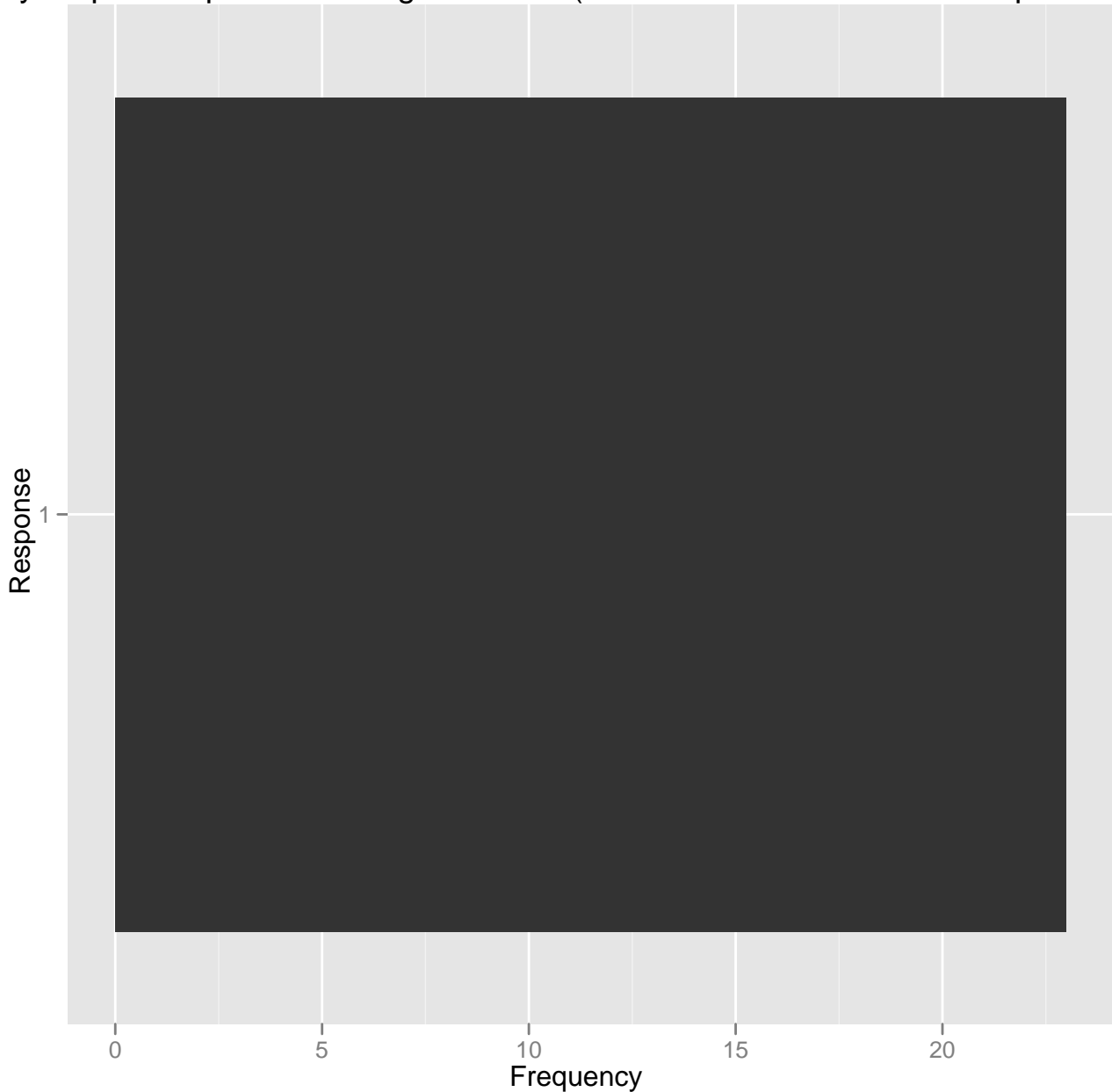
P022 (Q26):How much time did you spend in active labor (4cm or more dilated)?



P023 (Q27.1):How much time did you spend pushing?

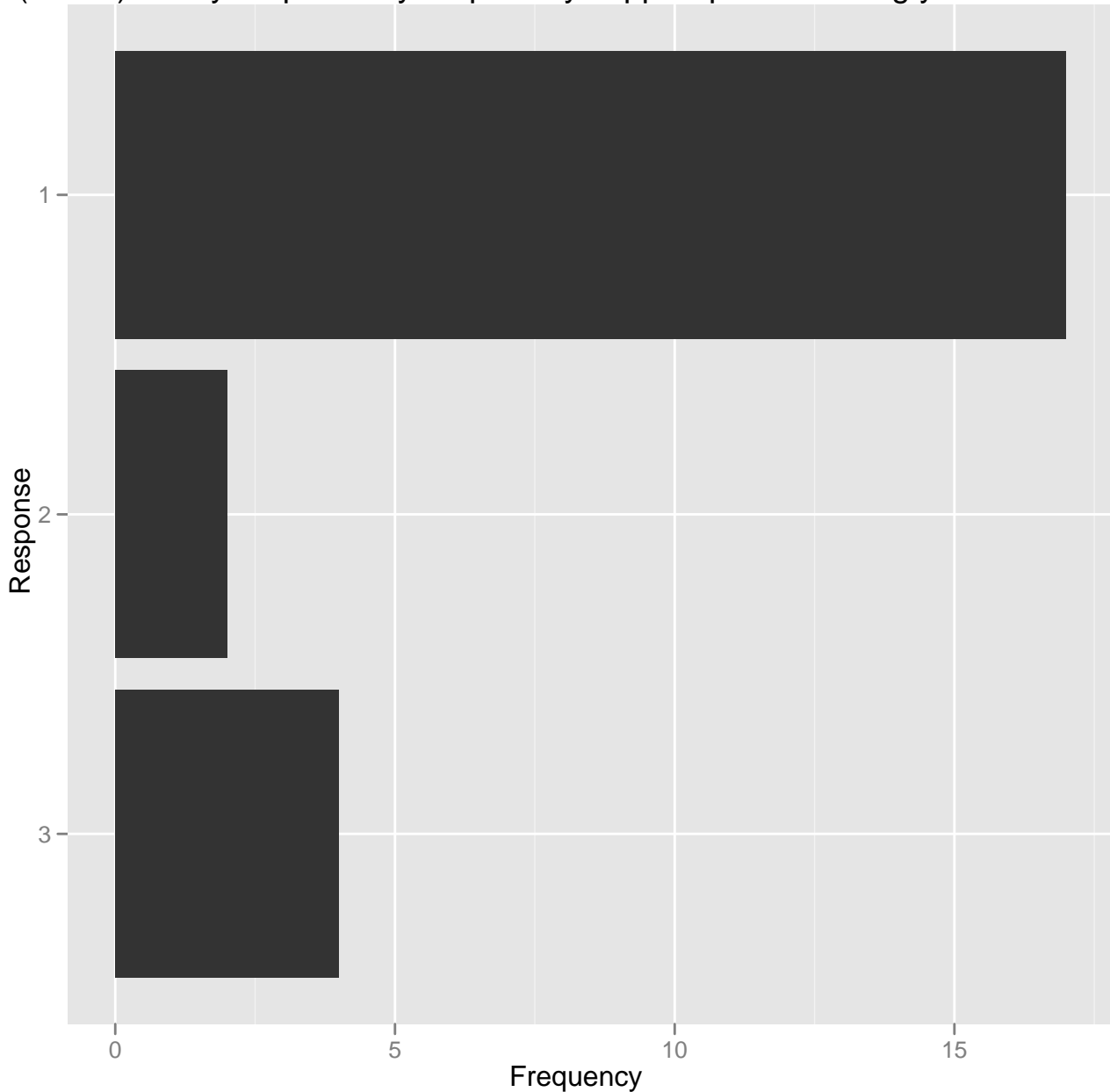


as your partner present during the birth? (Partner can mean a romantic partner or

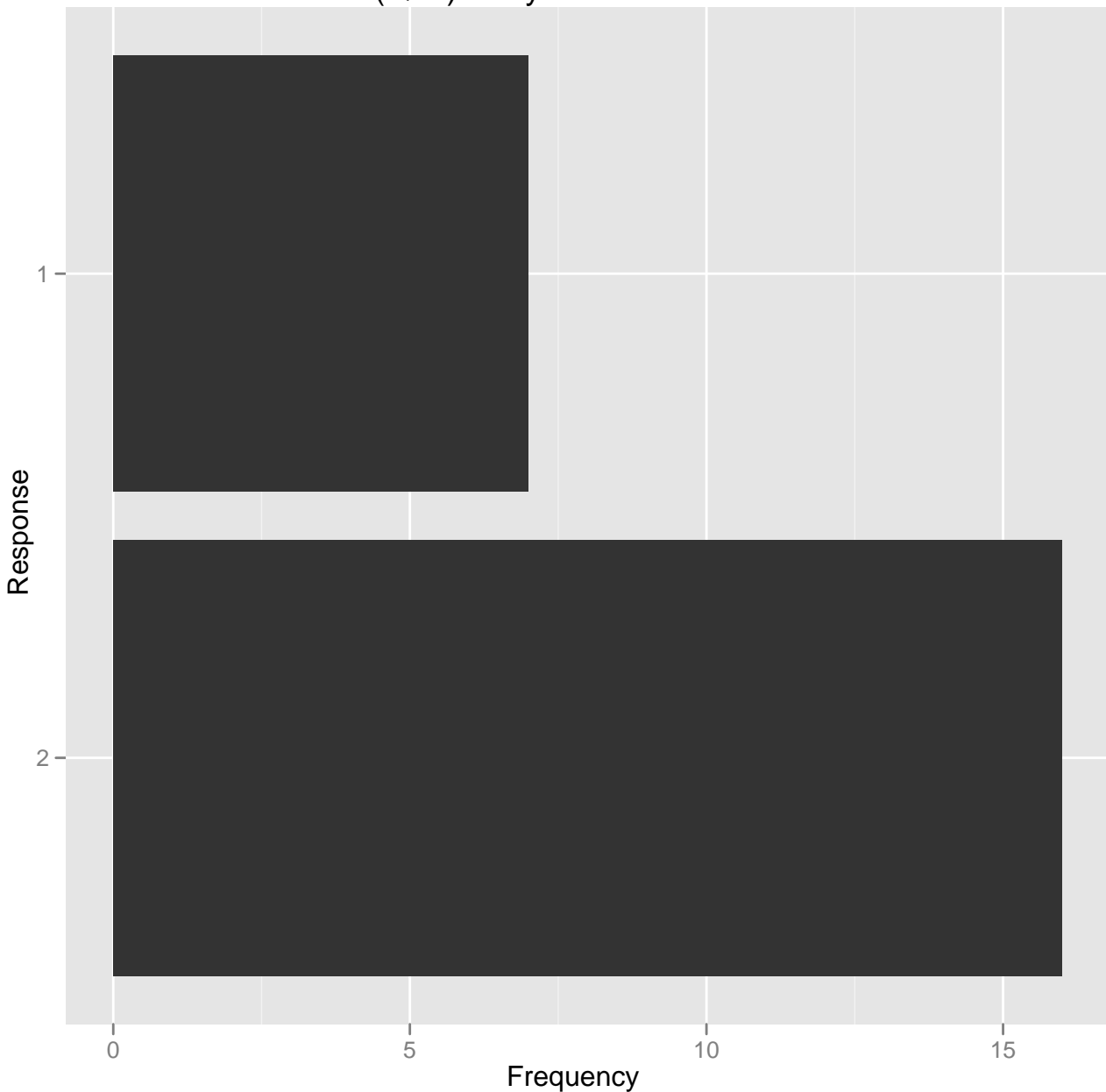




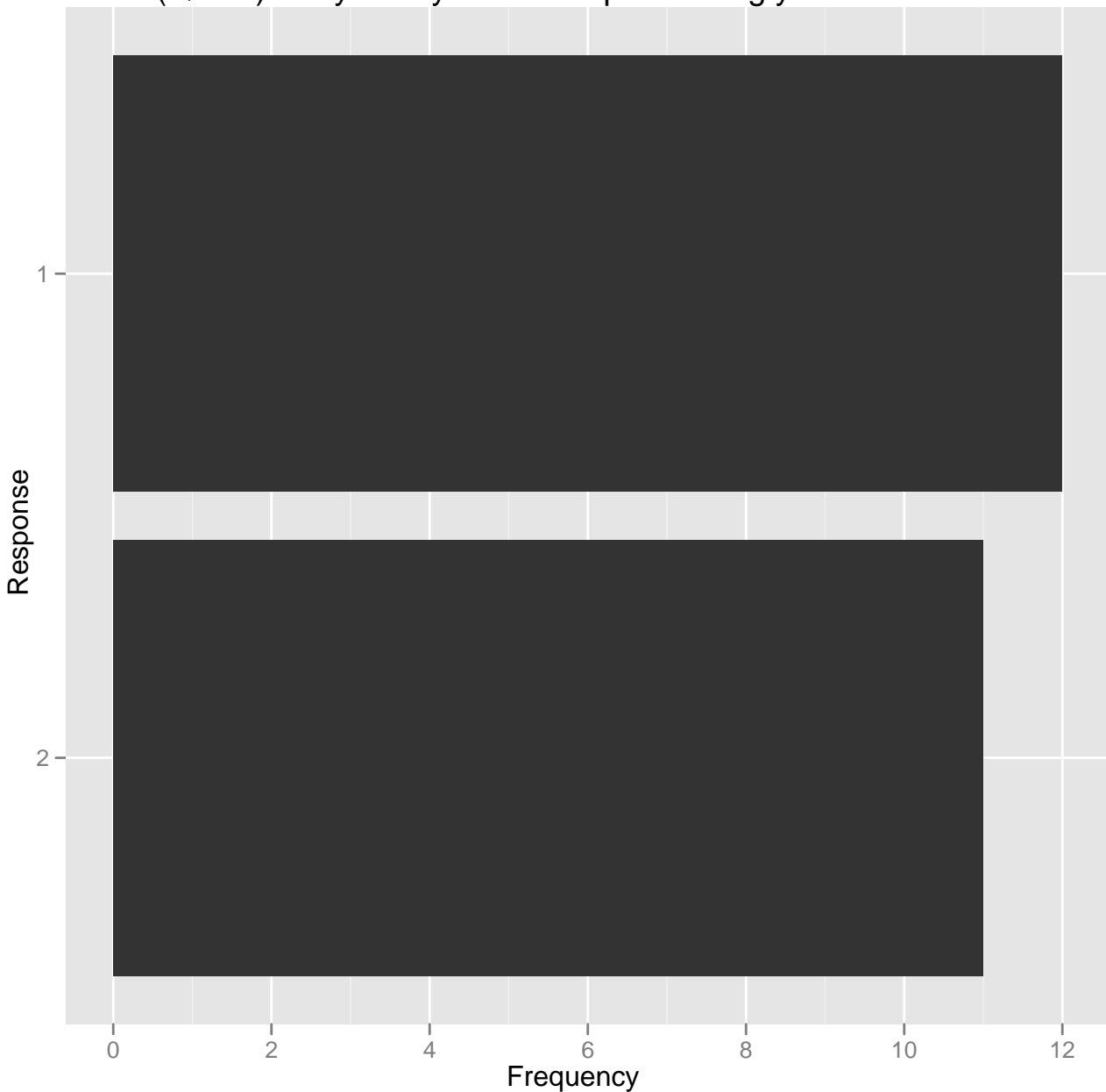
25 (Q29.1): Was your partner your primary support person during your labor and bi



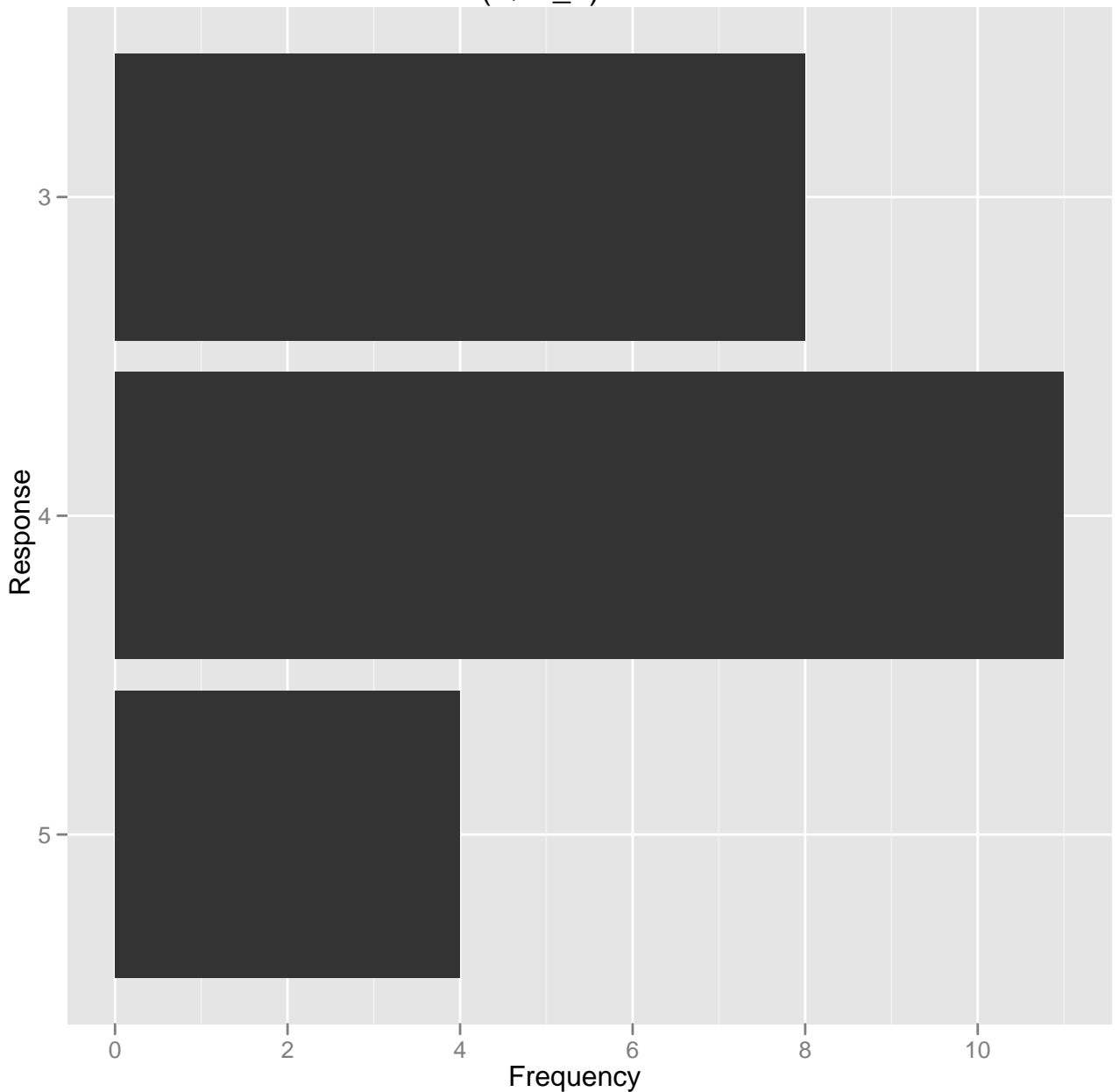
# P026 (Q30):Did you work with a doula?



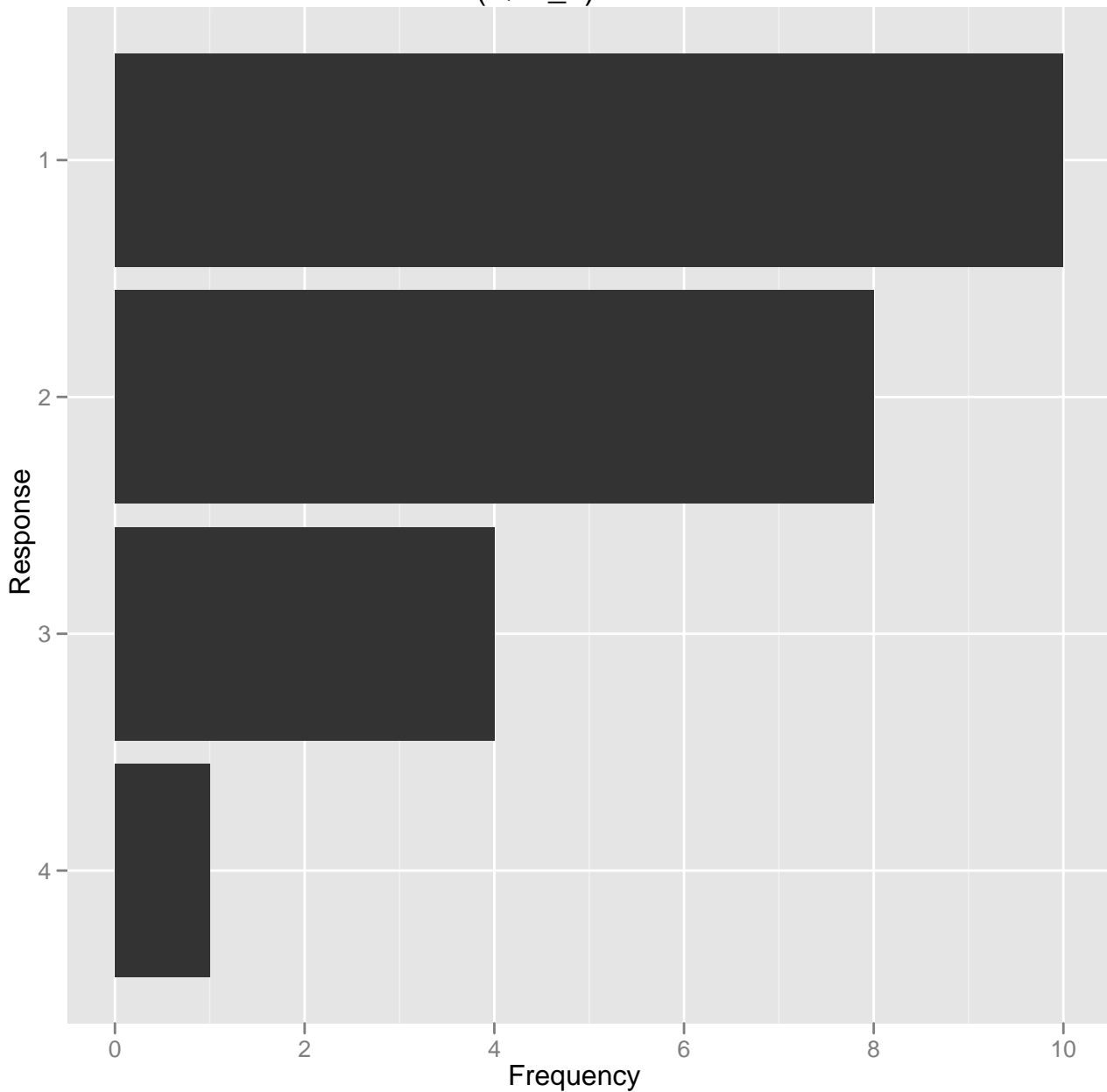
P027 (Q31.1):Did you rely on a birth plan during your labor and birth?



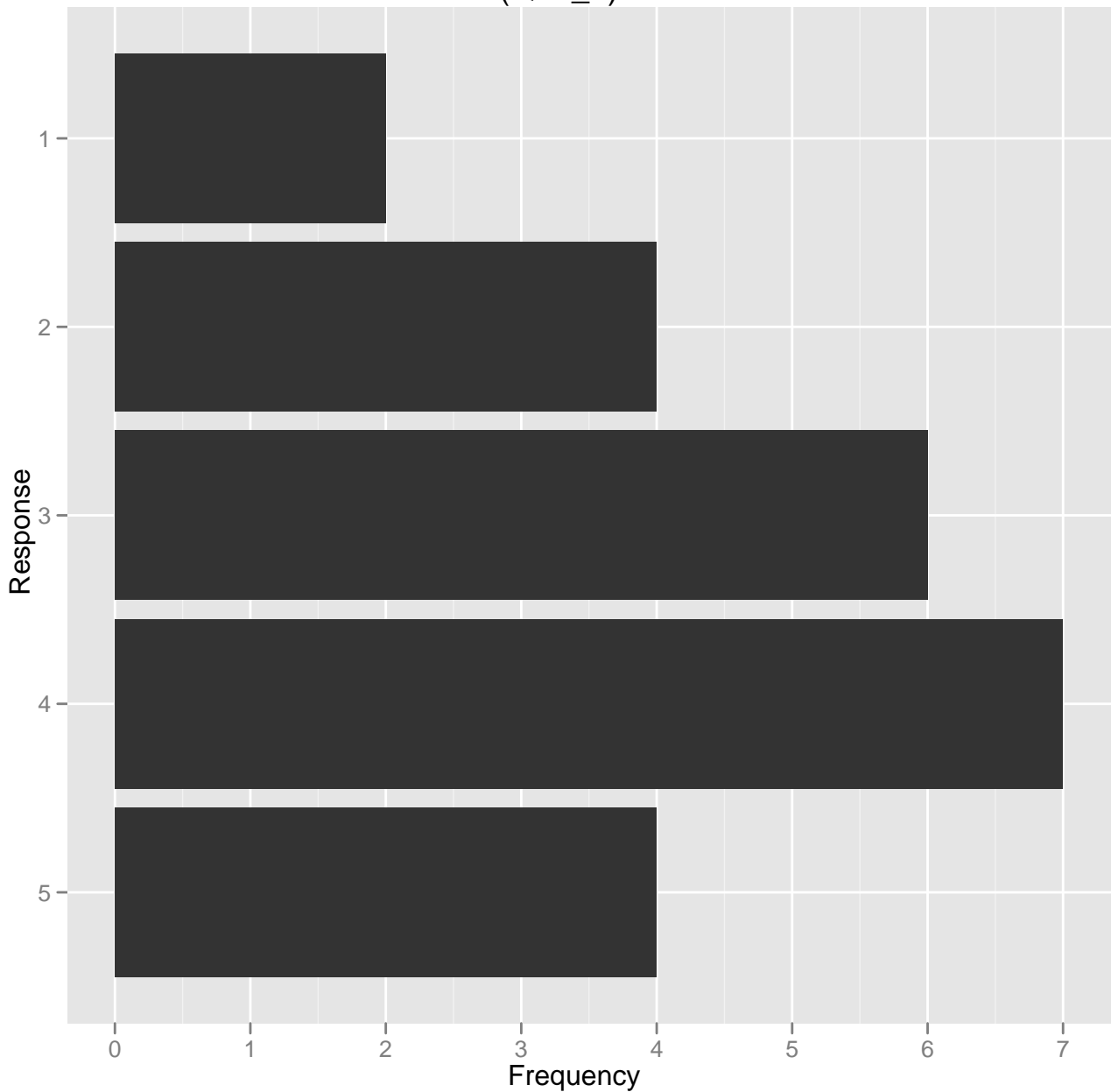
P028 (Q61\_1):Interested



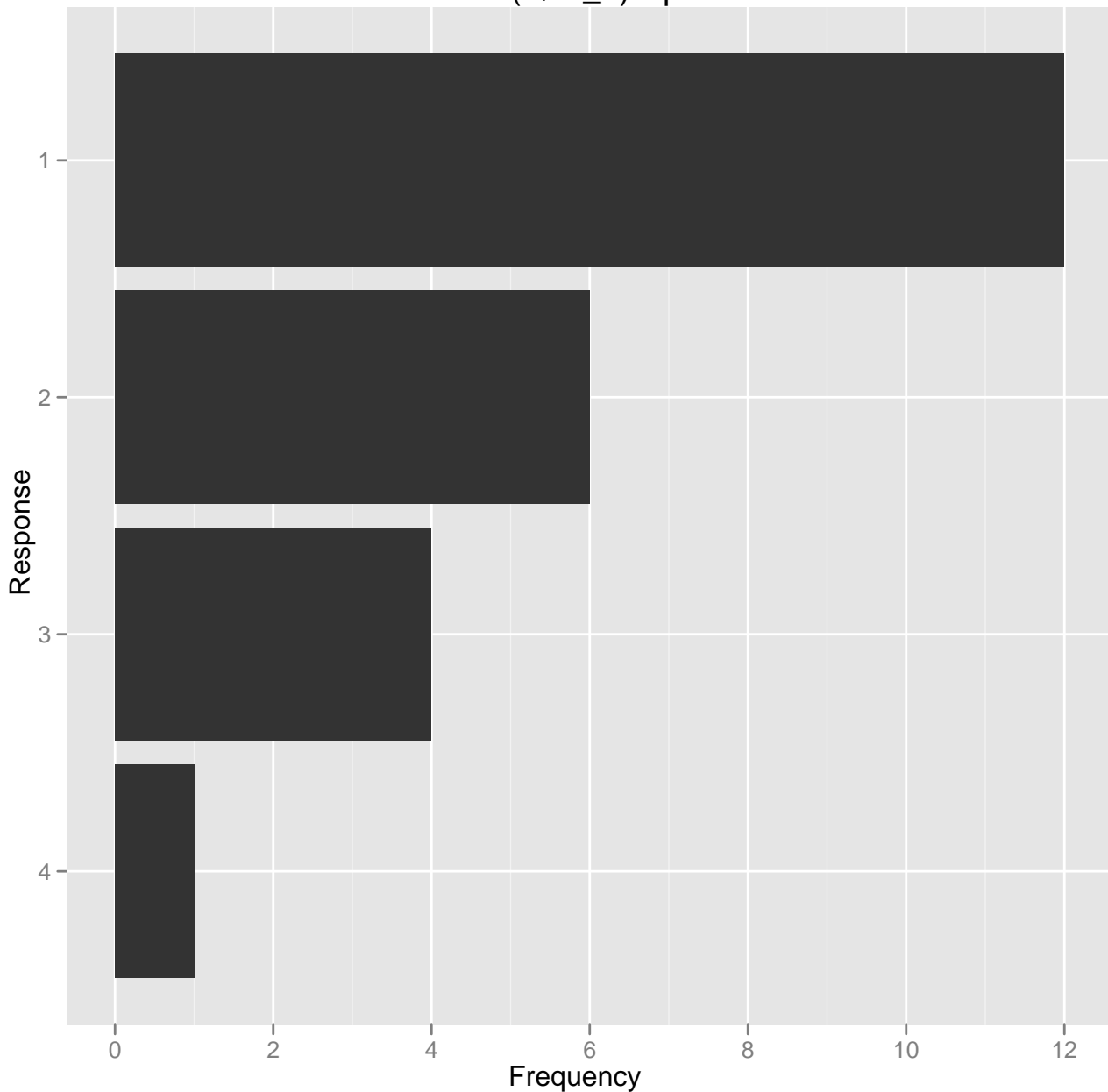
P029 (Q61\_2):Distressed



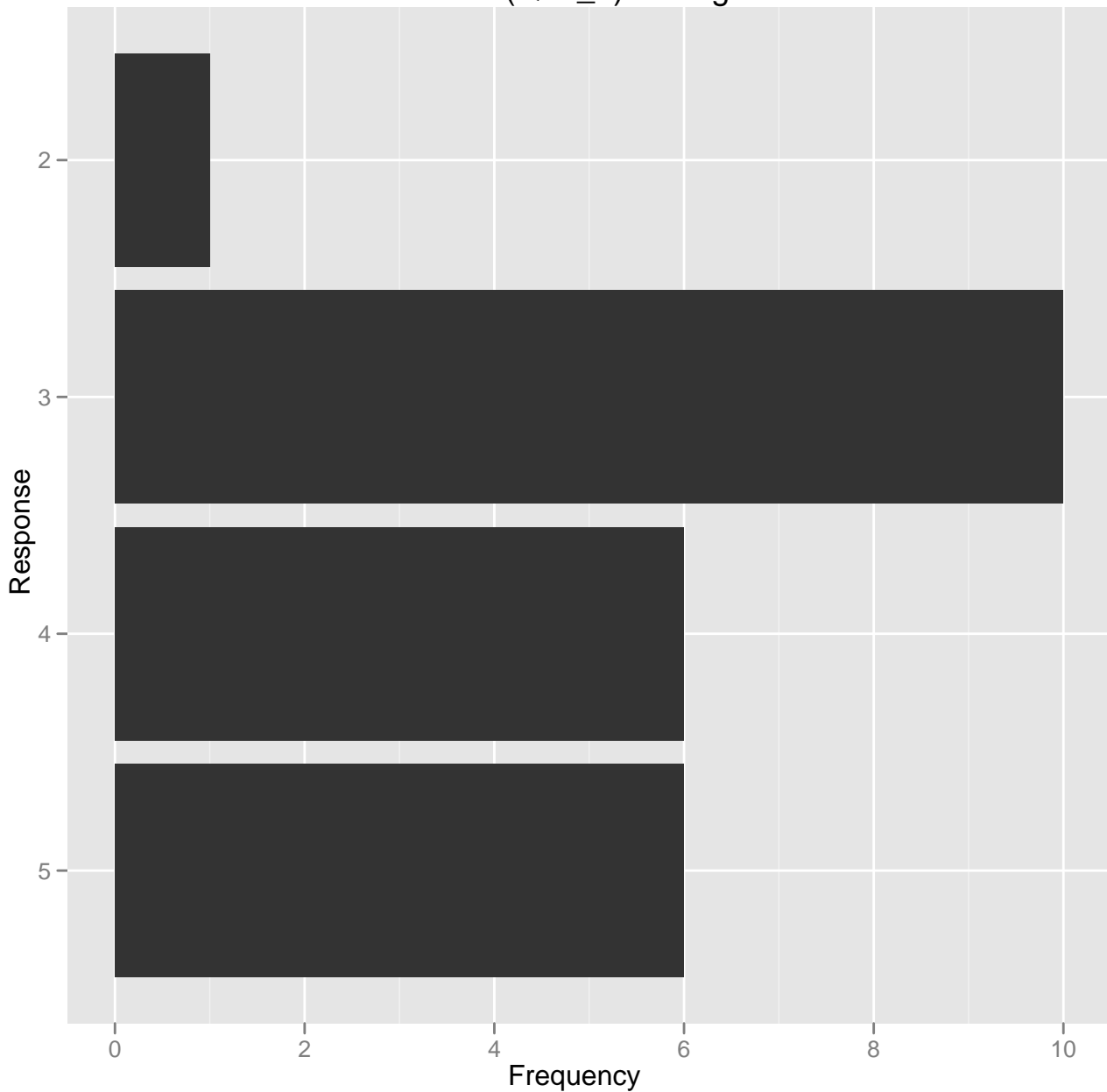
P030 (Q61\_3):Excited



P031 (Q61\_4):Upset

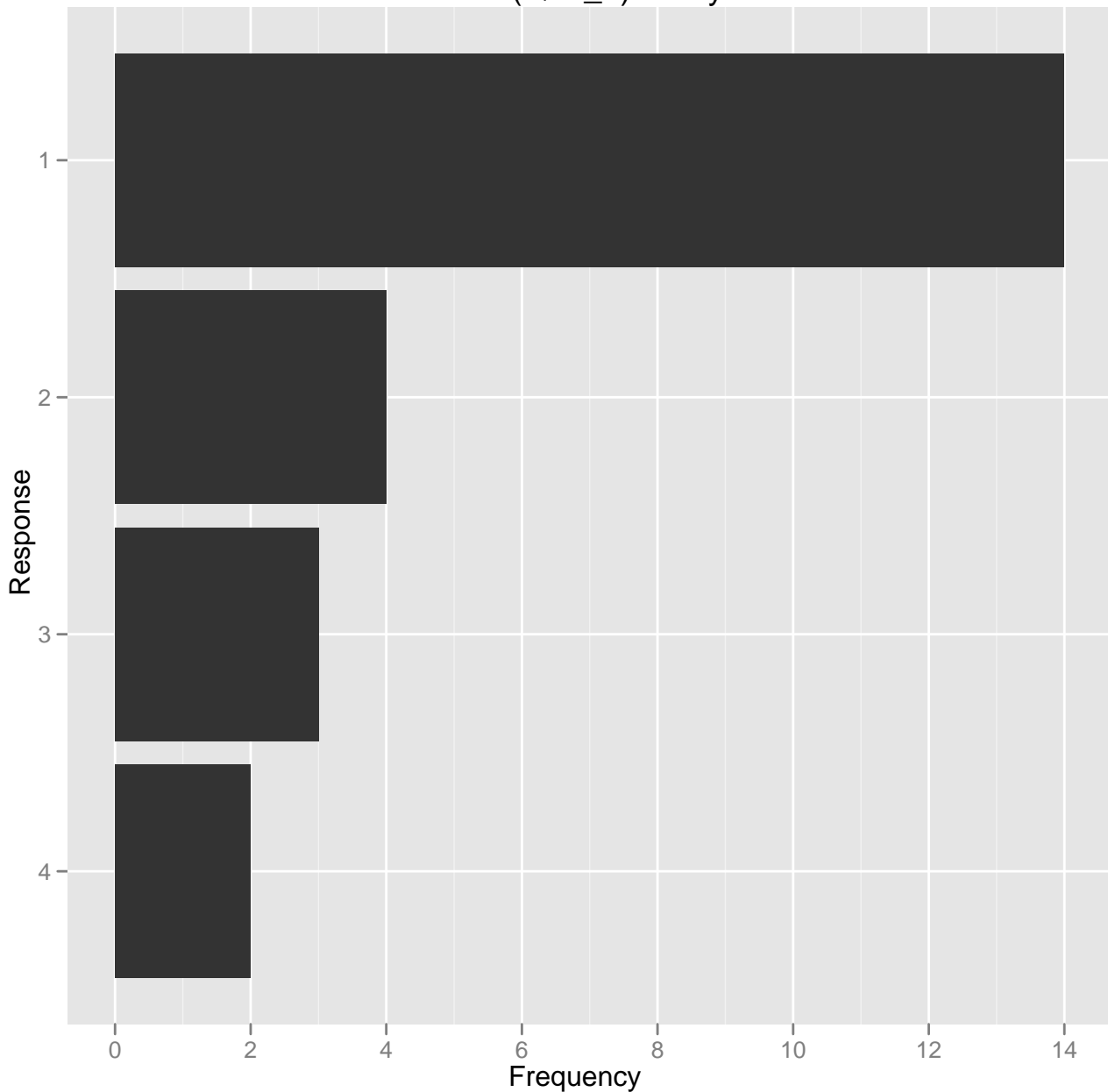


P032 (Q61\_5):Strong

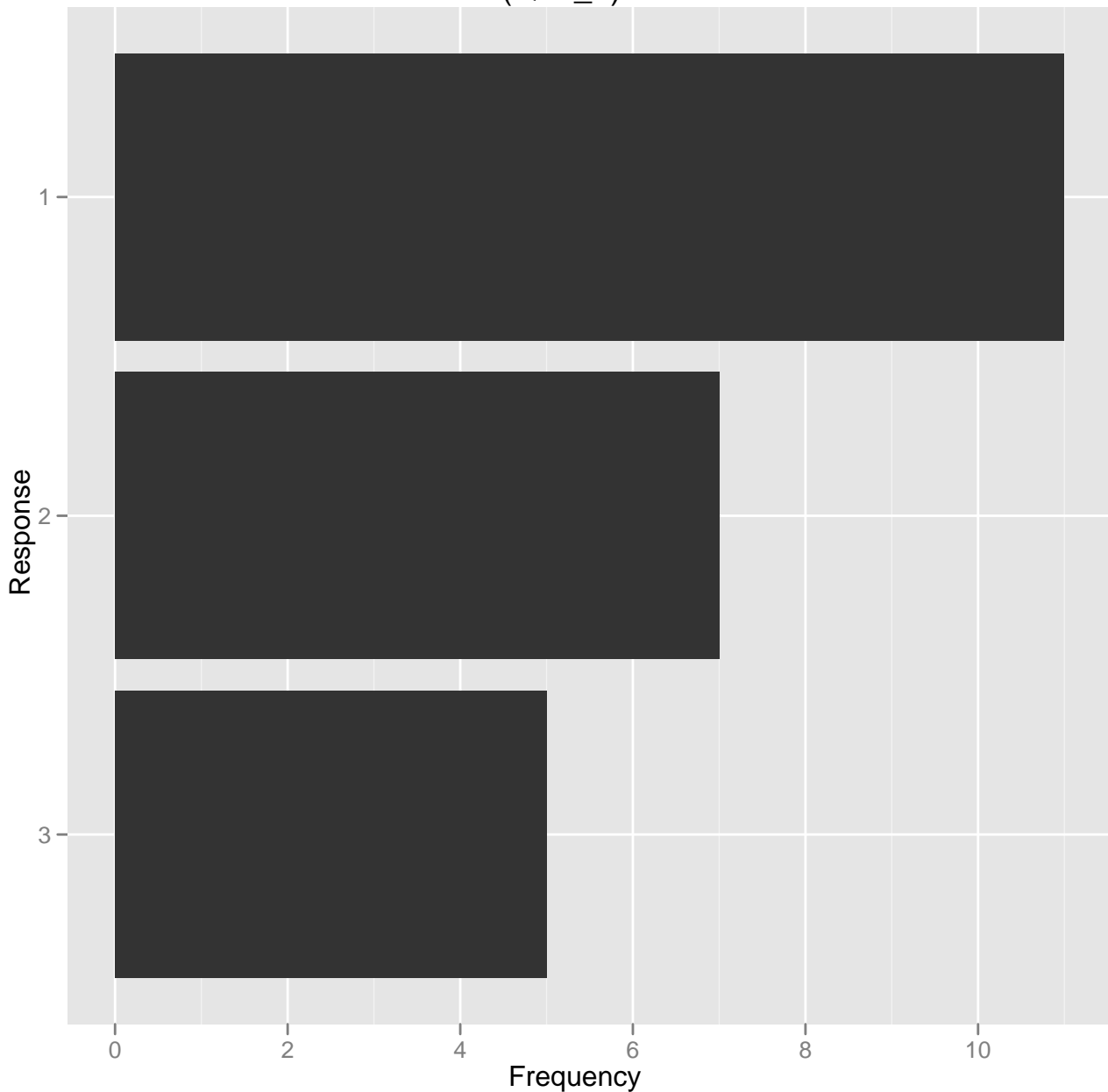




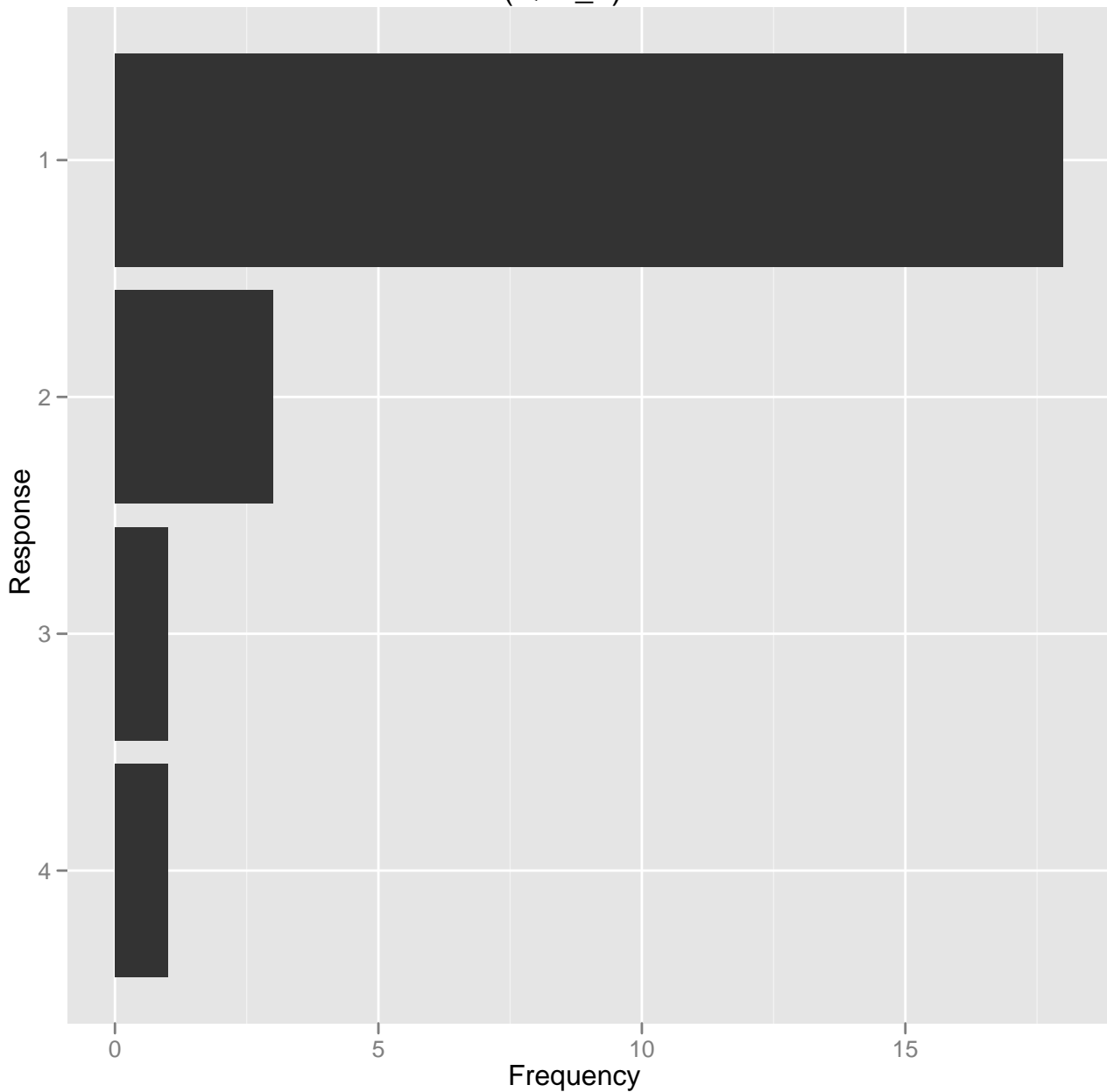
# P033 (Q61\_6):Guilty



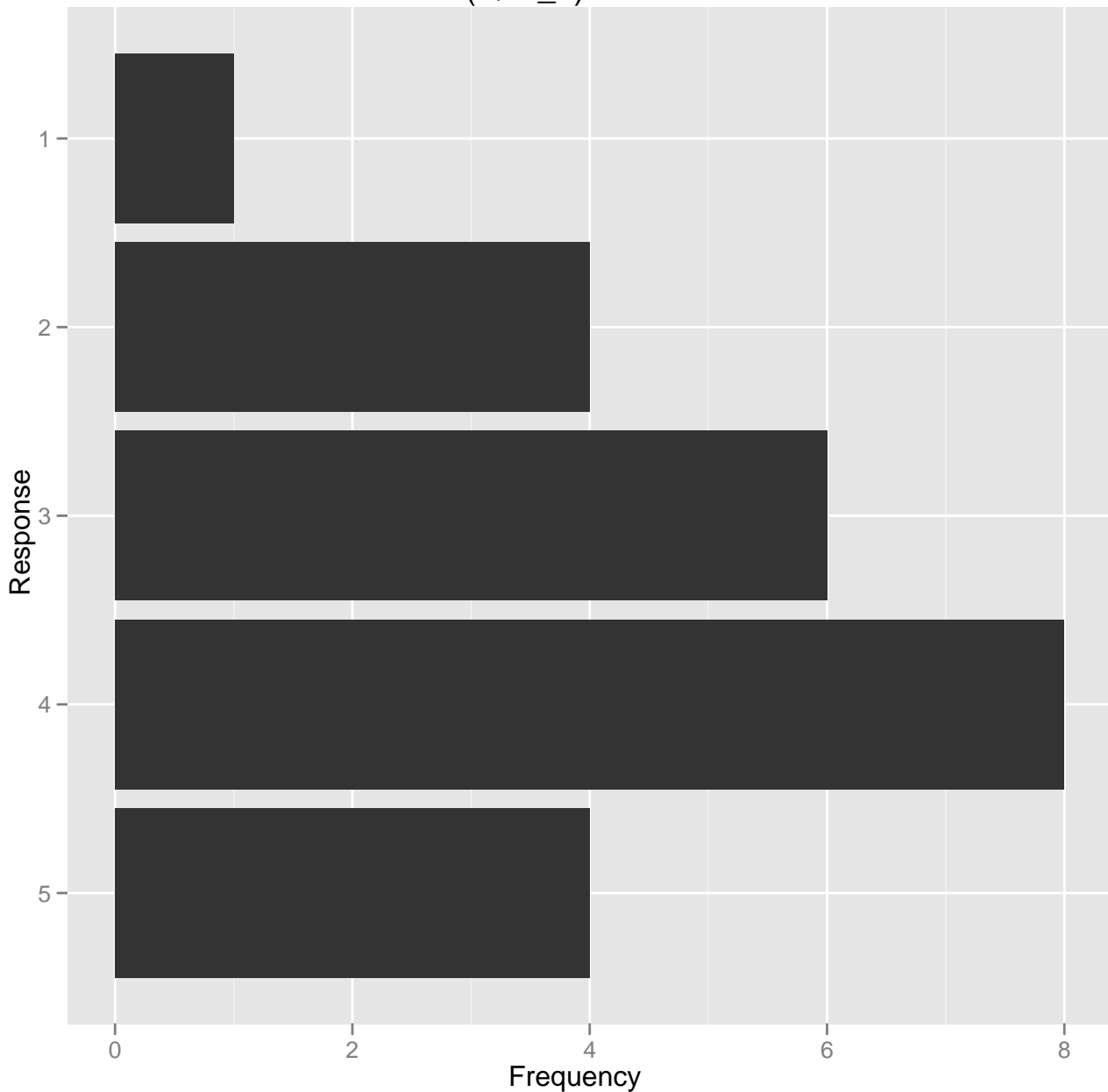
P034 (Q61\_7):Scared



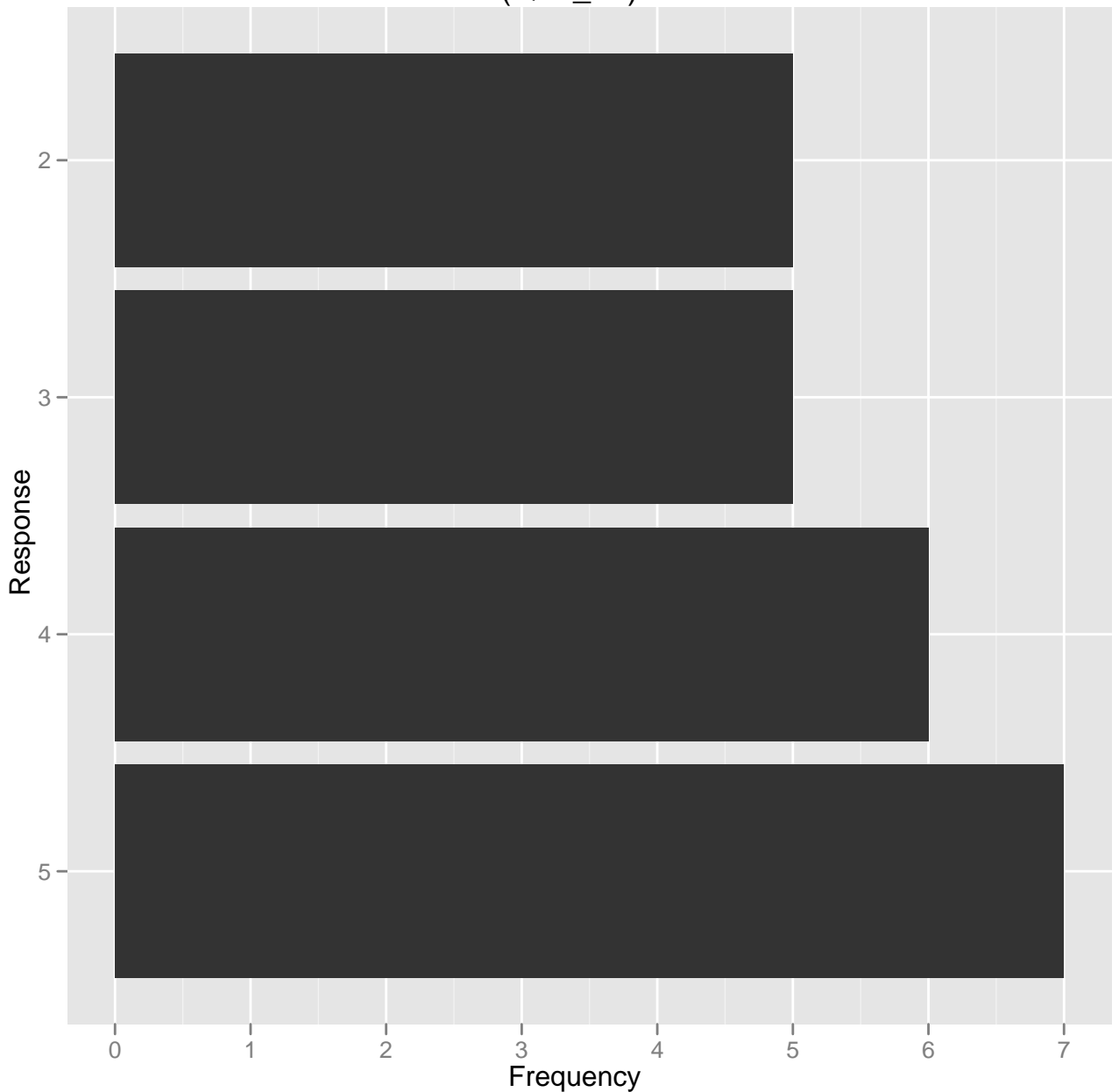
P035 (Q61\_8):Hostile



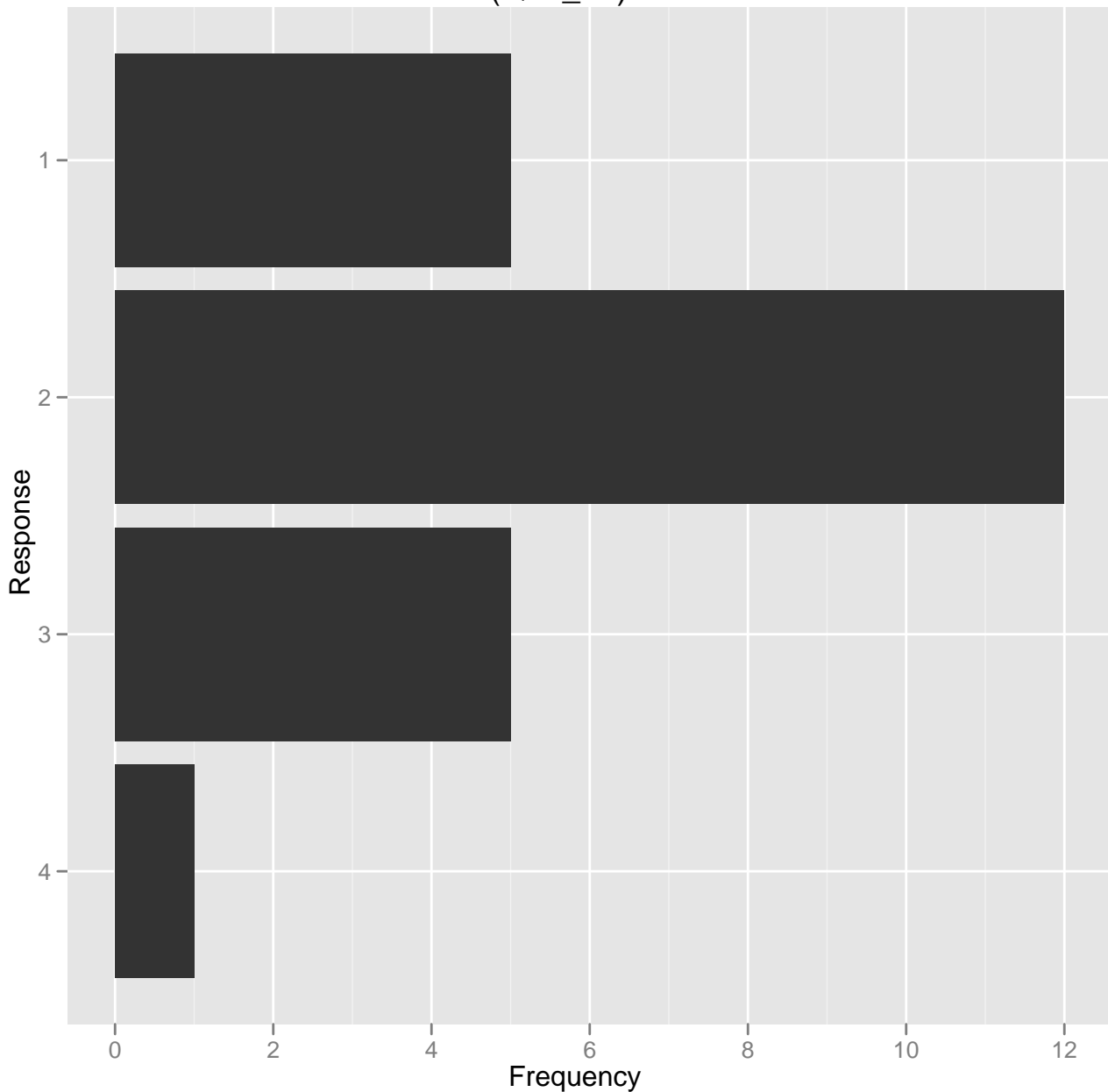
P036 (Q61\_9):Enthusiastic



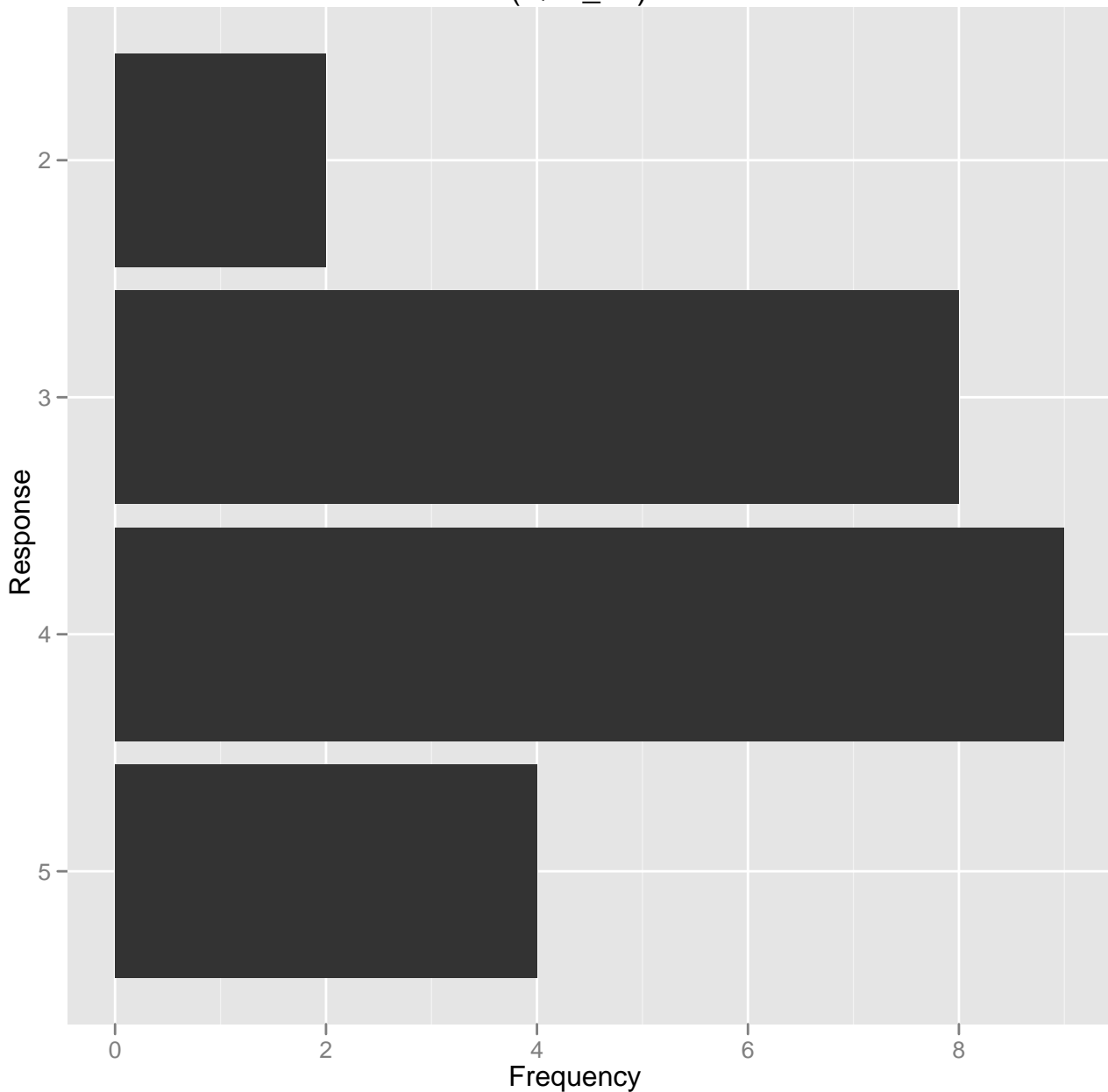
# P037 (Q61\_10):Proud



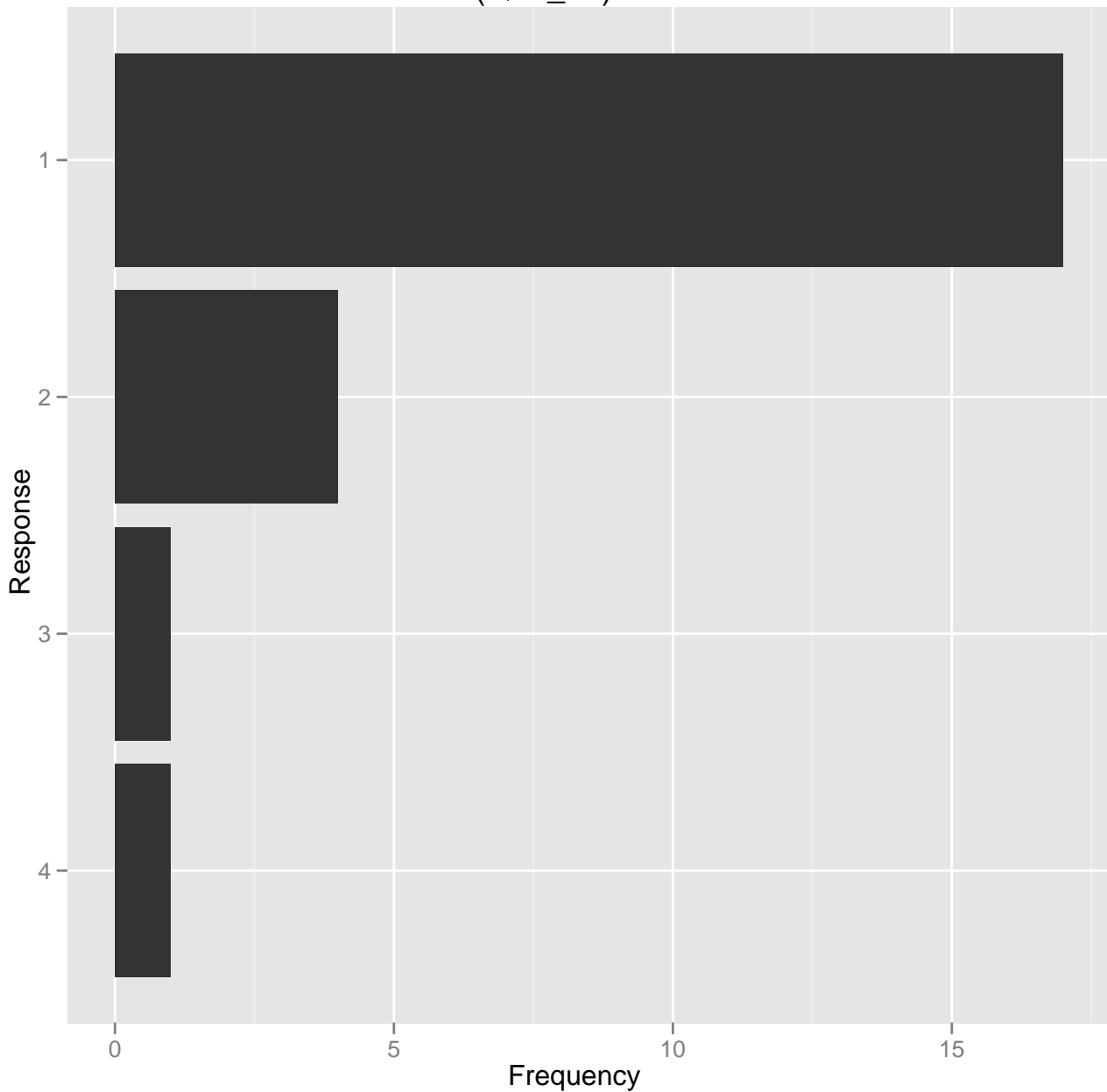
P038 (Q61\_11):Irritable



P039 (Q61\_12):Alert

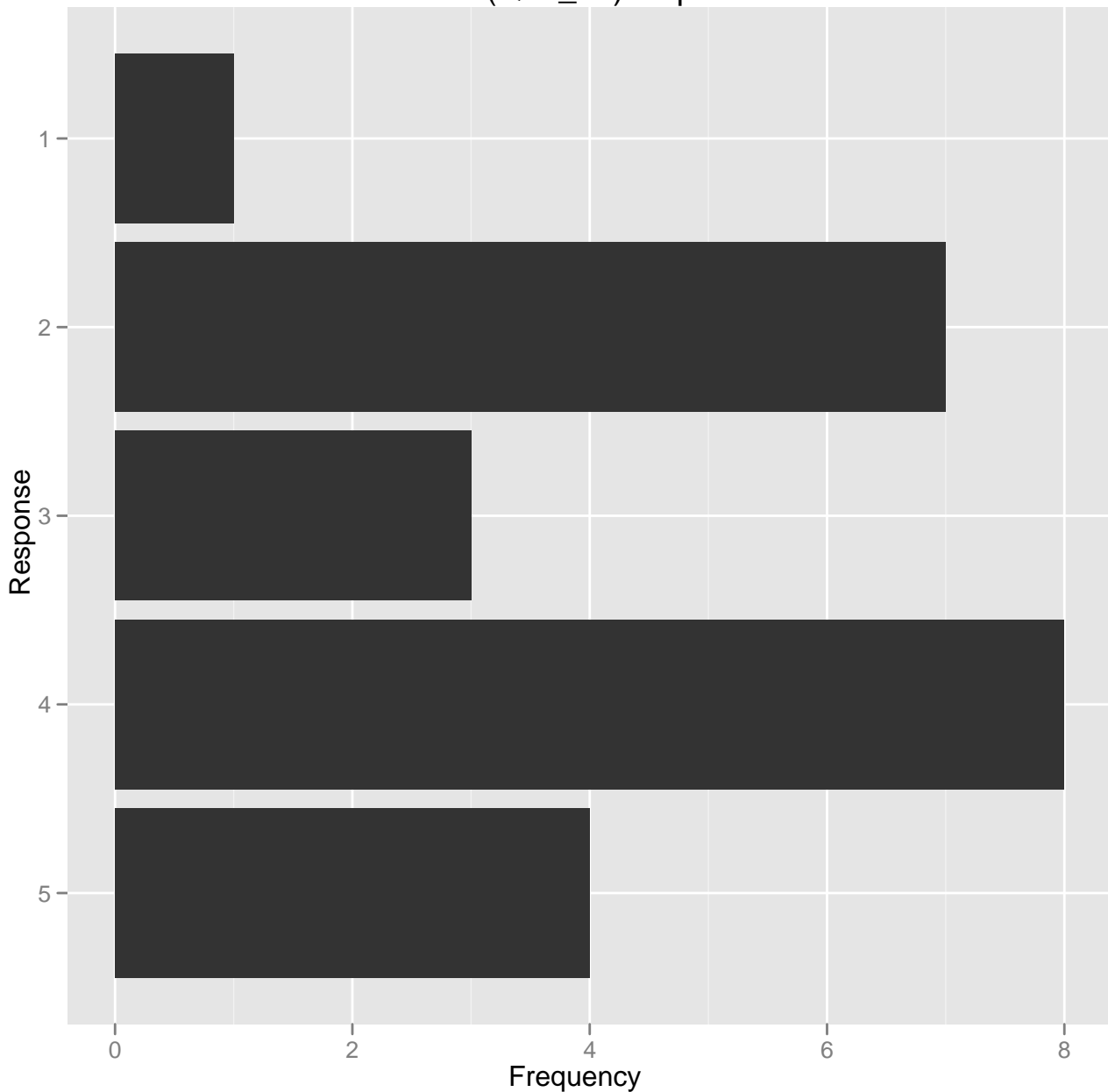


P040 (Q61\_13):Ashamed

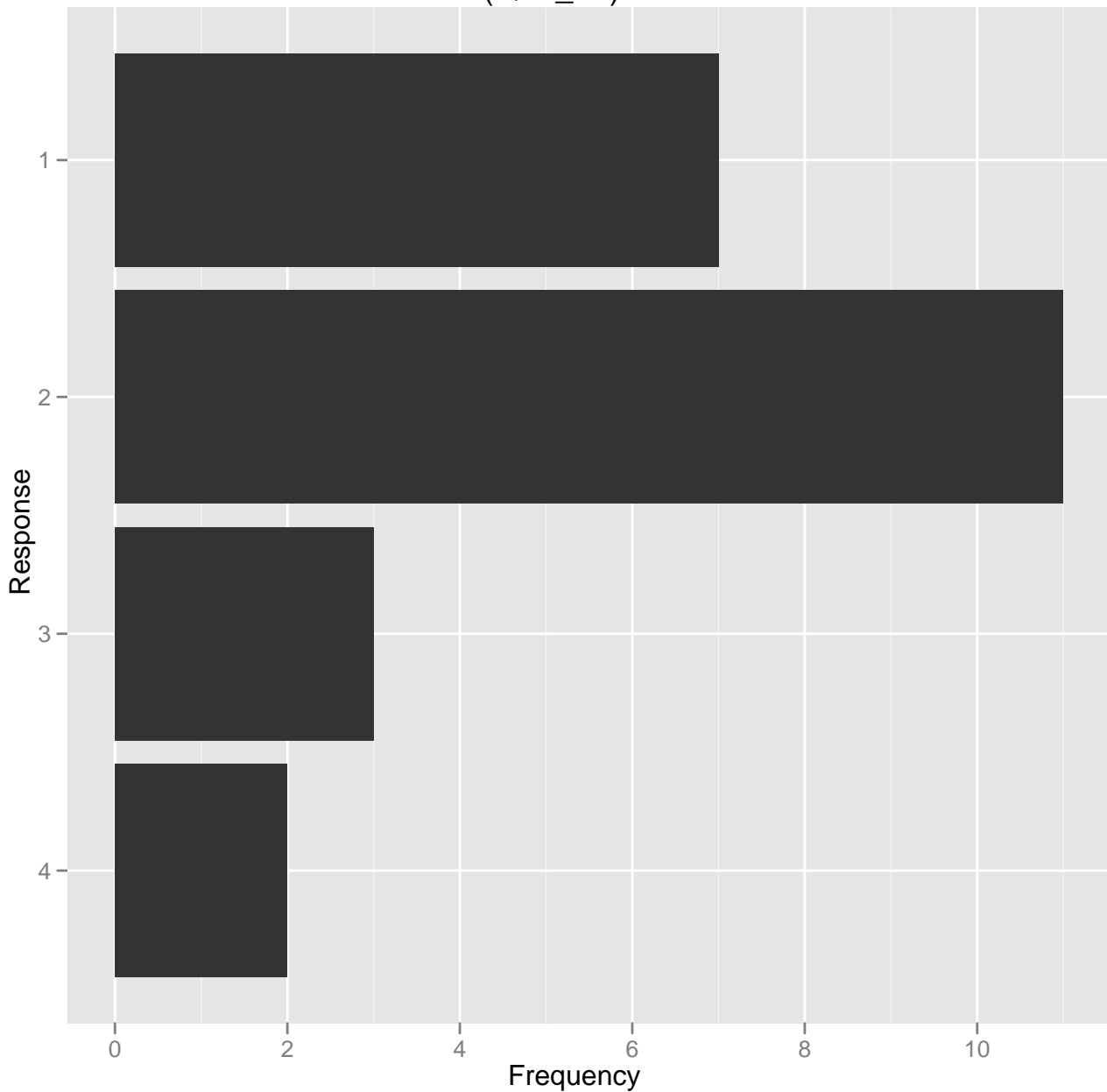




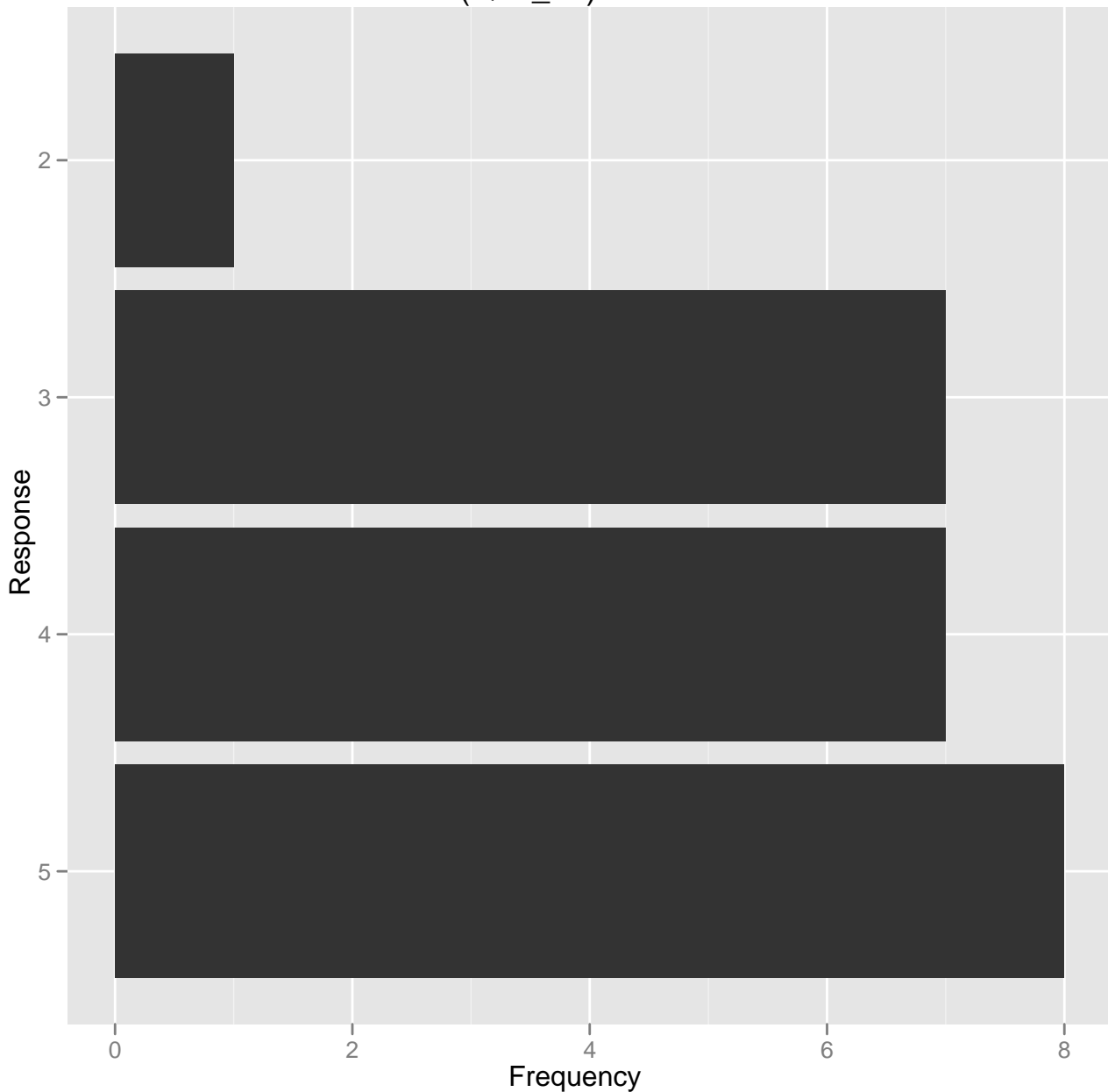
P041 (Q61\_14):Inspired



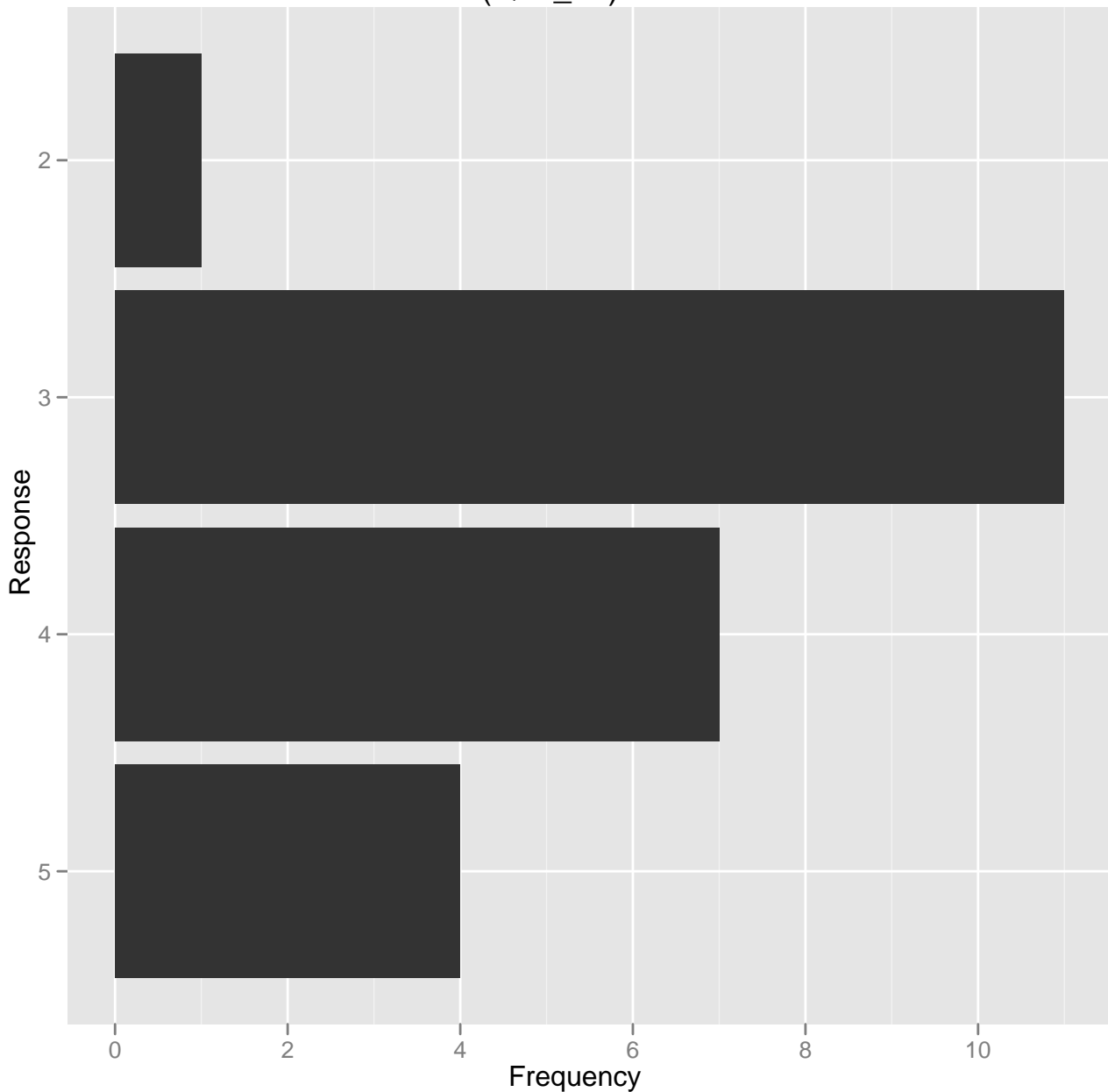
P042 (Q61\_15):Nervous



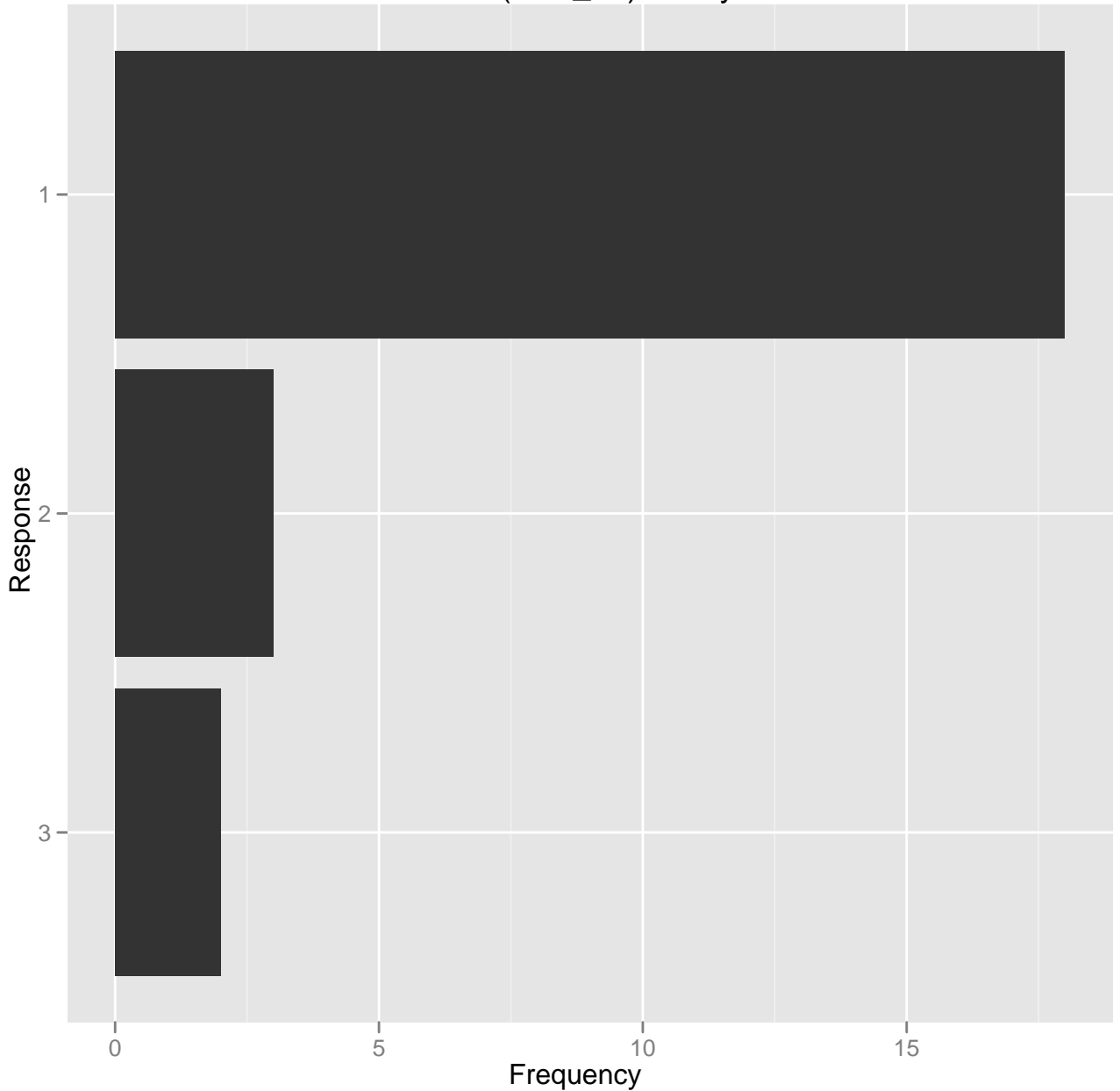
P043 (Q61\_16):Determined



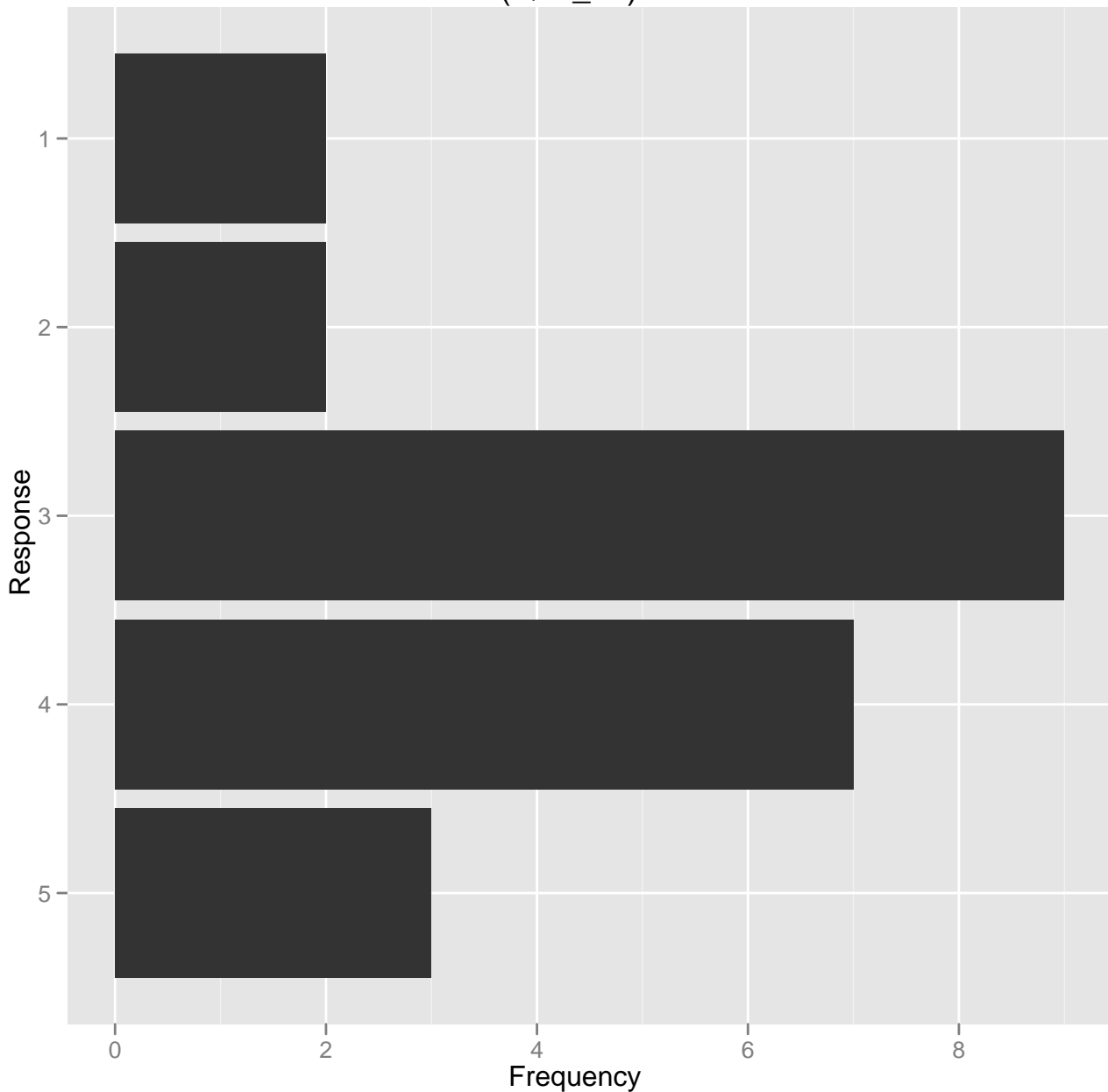
P044 (Q61\_17):Attentive



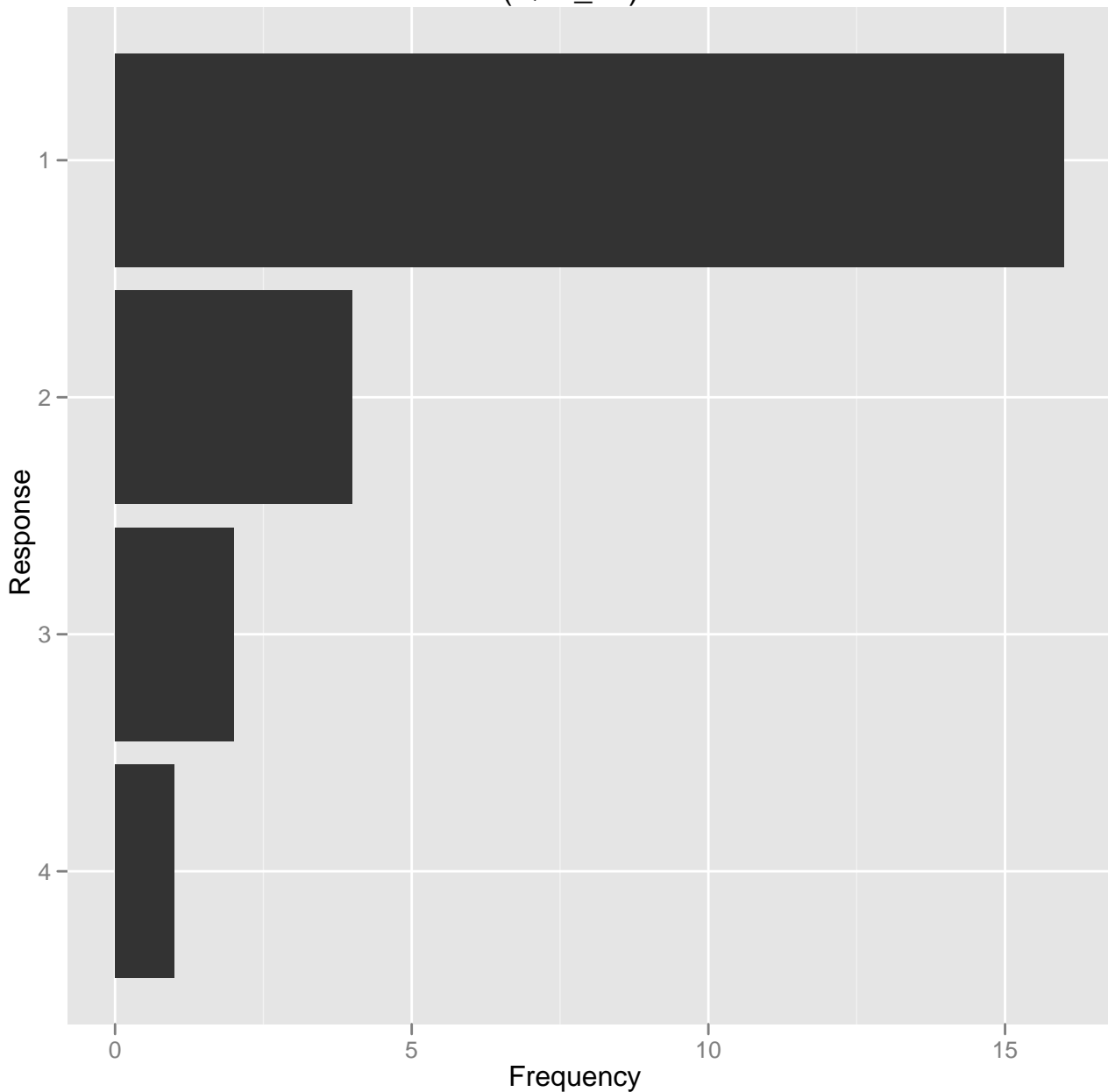
P045 (Q61\_18):Jittery



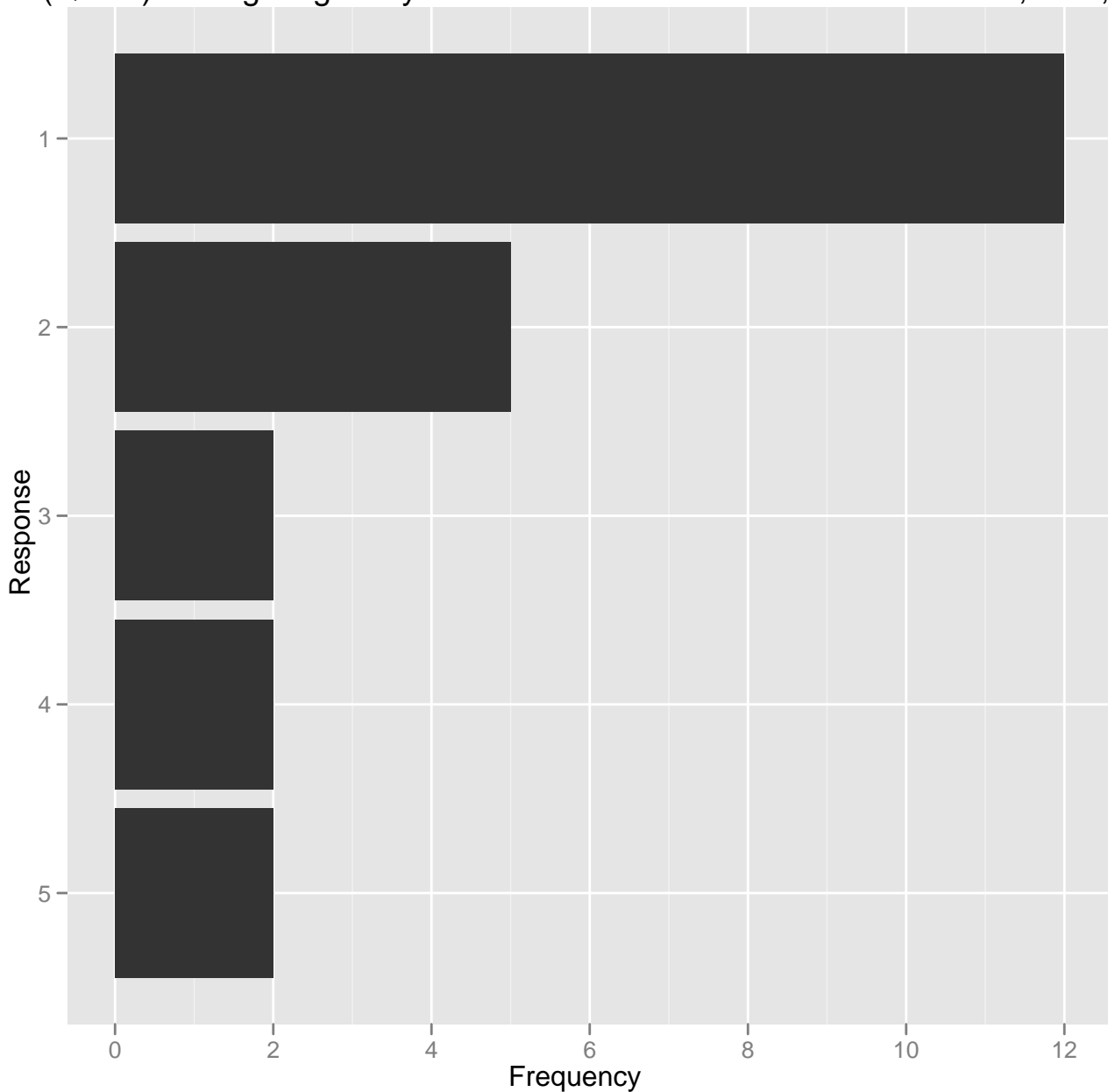
P046 (Q61\_19):Active



P047 (Q61\_20):Afraid

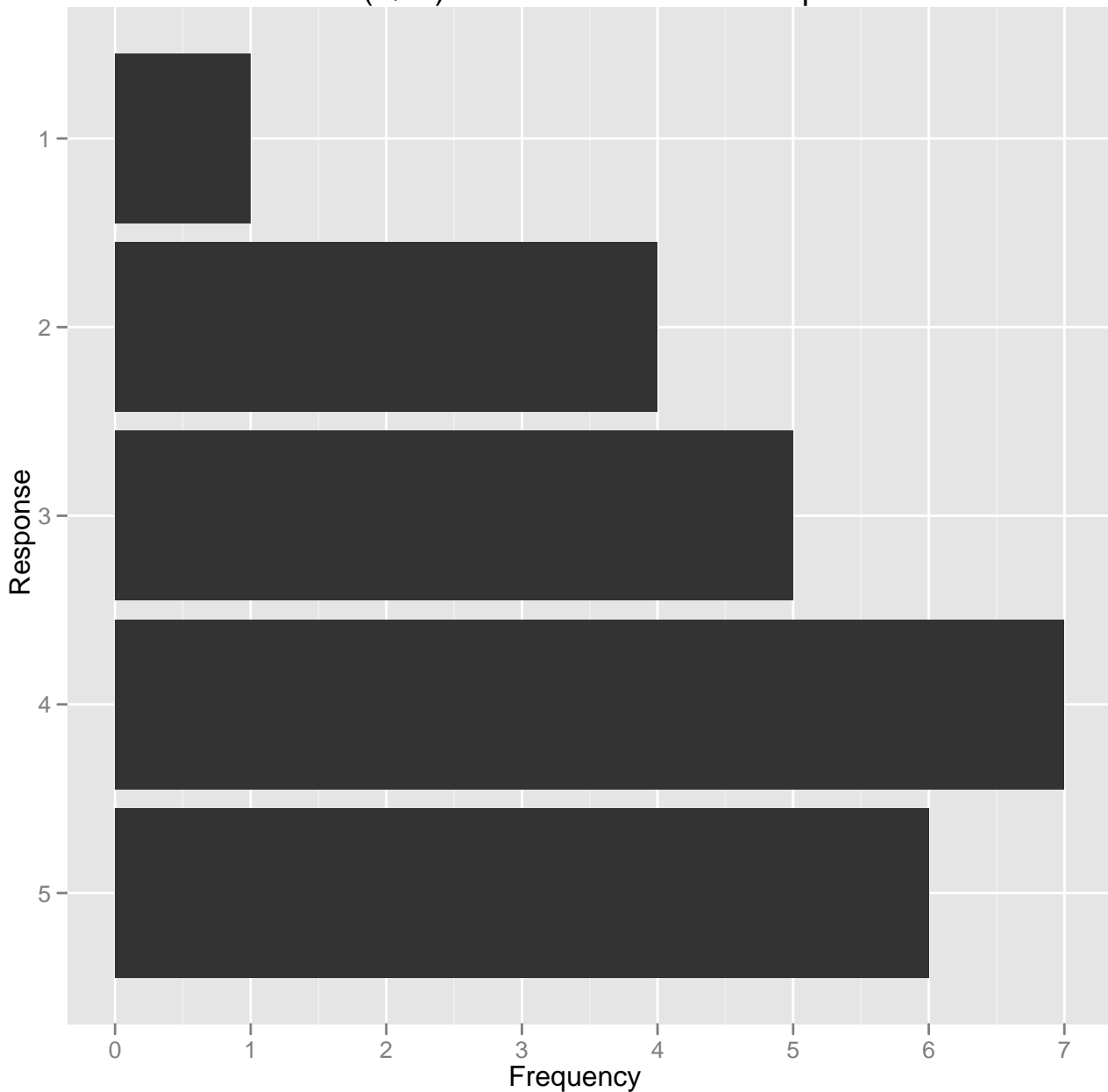


048 (Q33.1):The lighting in my labor and birth environment was dimmed, dark, or o

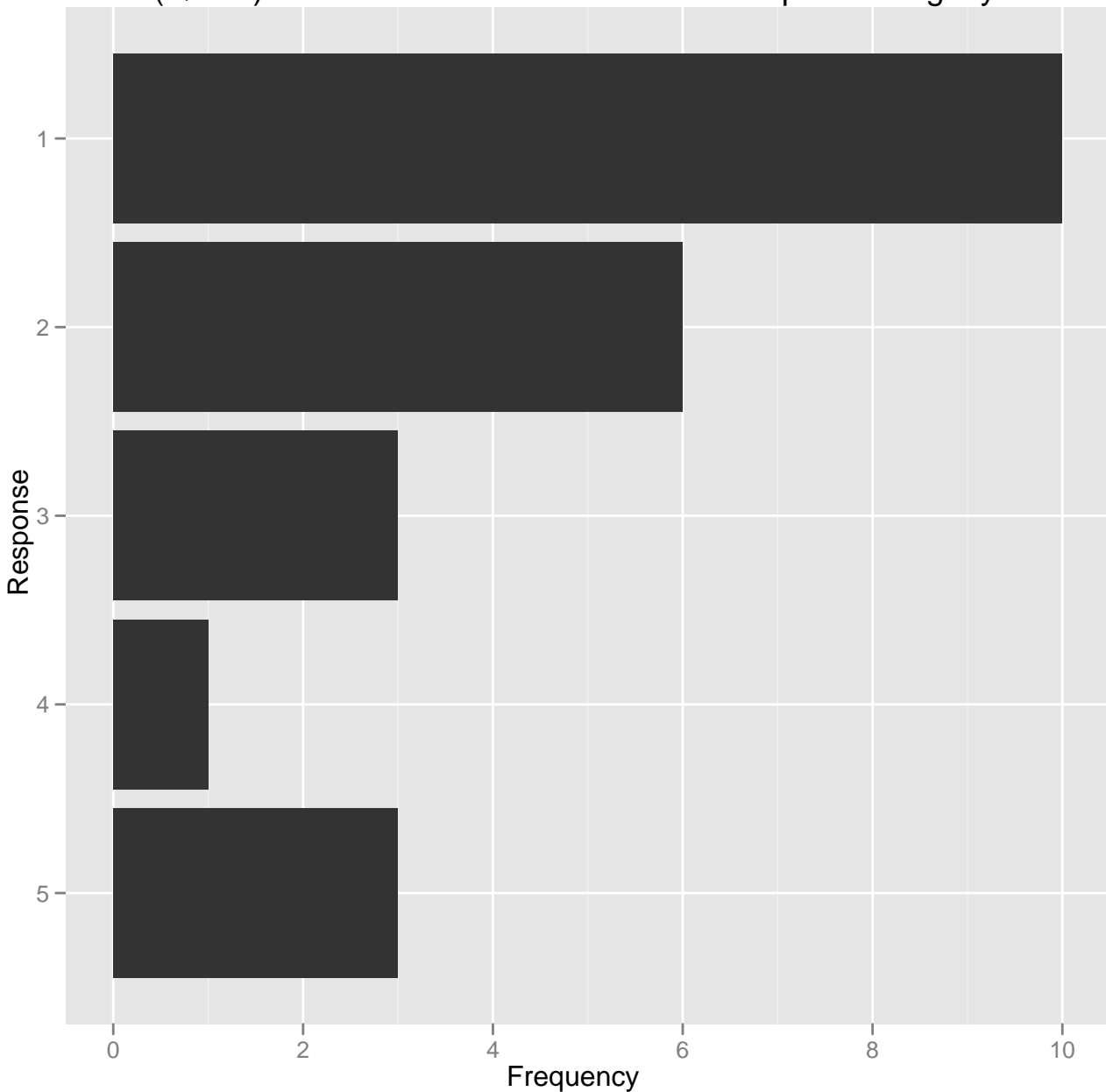




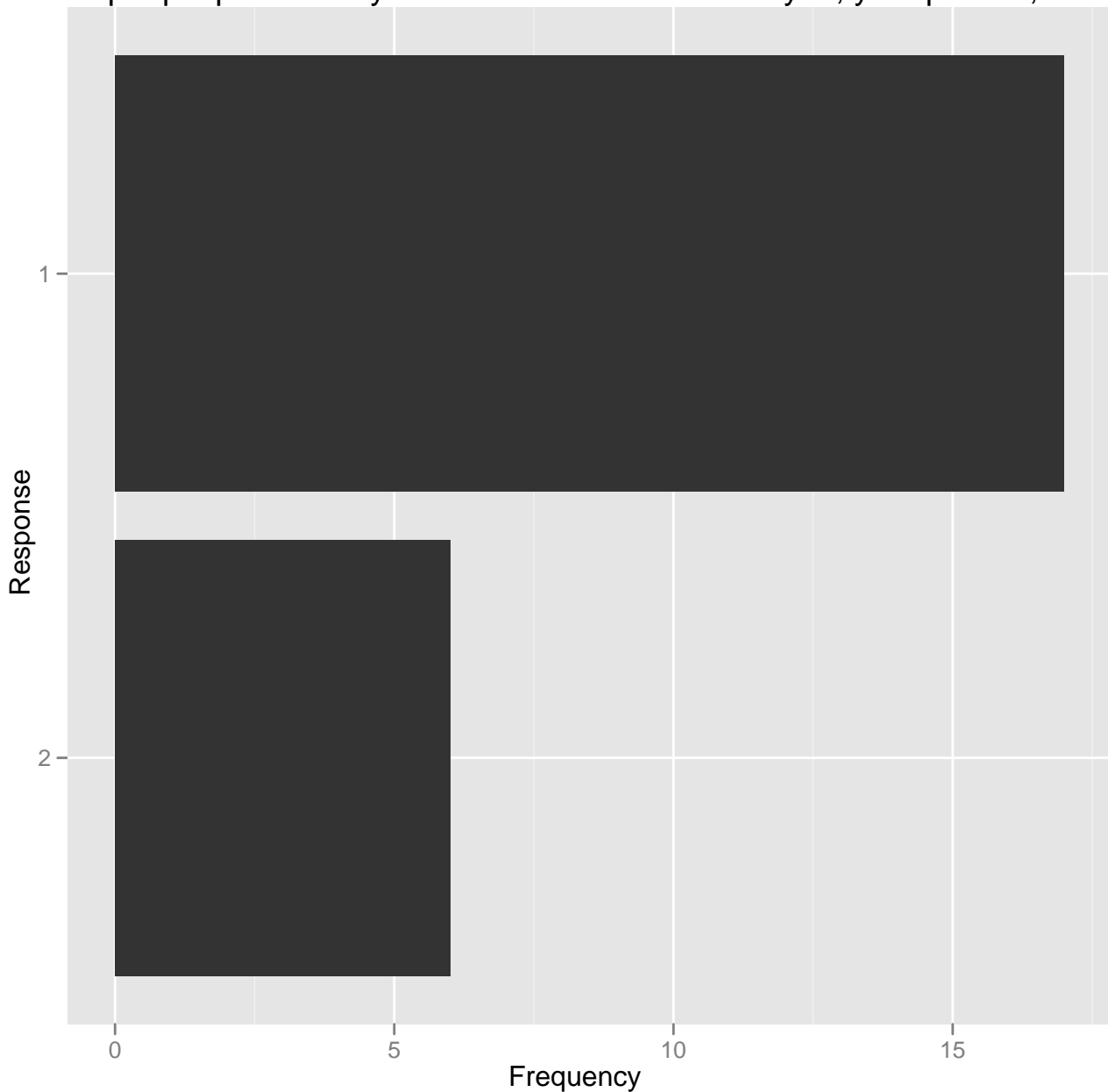
# P049 (Q34):I labored in a confined space



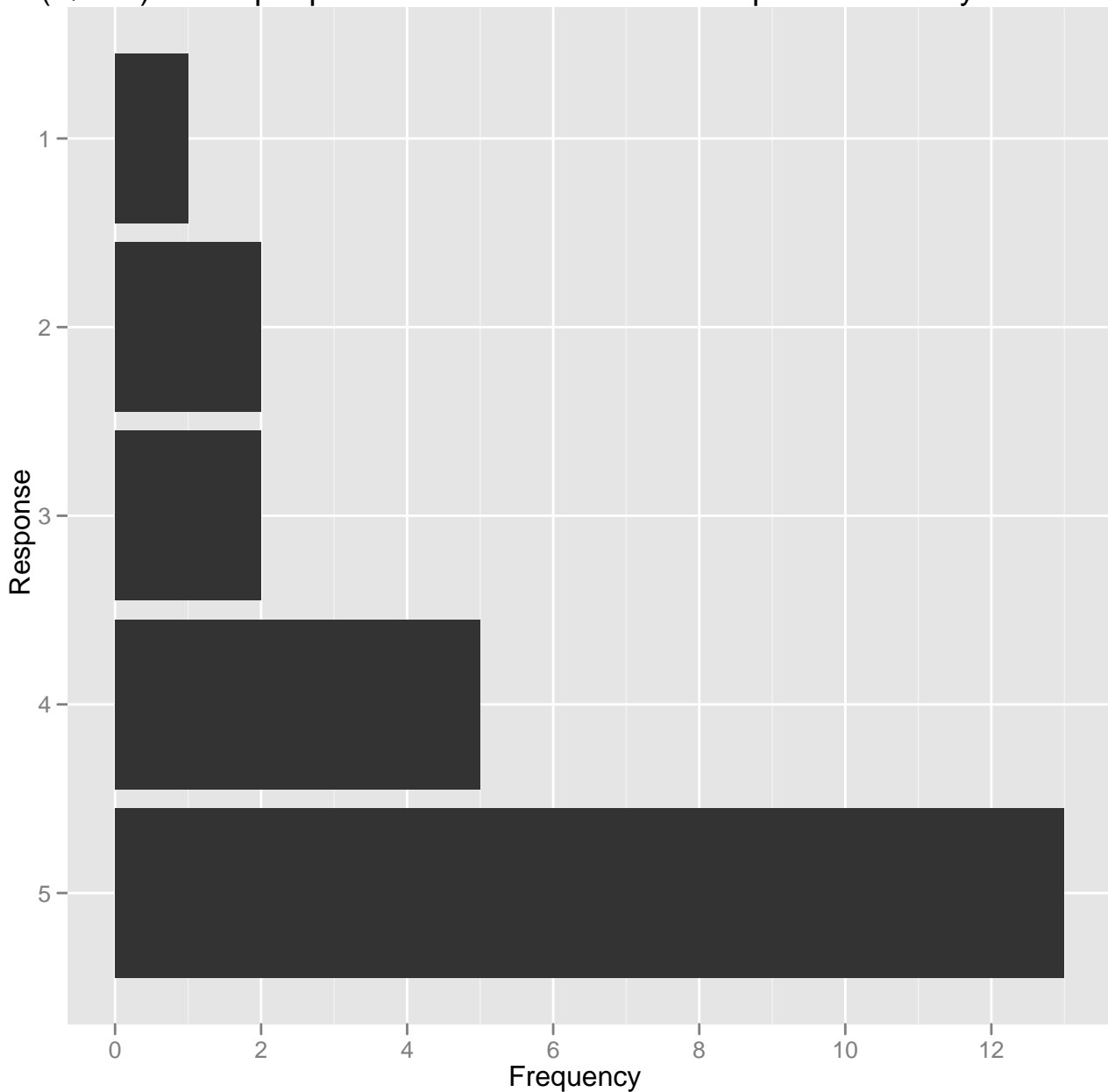
P050 (Q35.1):I used water to relax and/or relieve pain during my labor



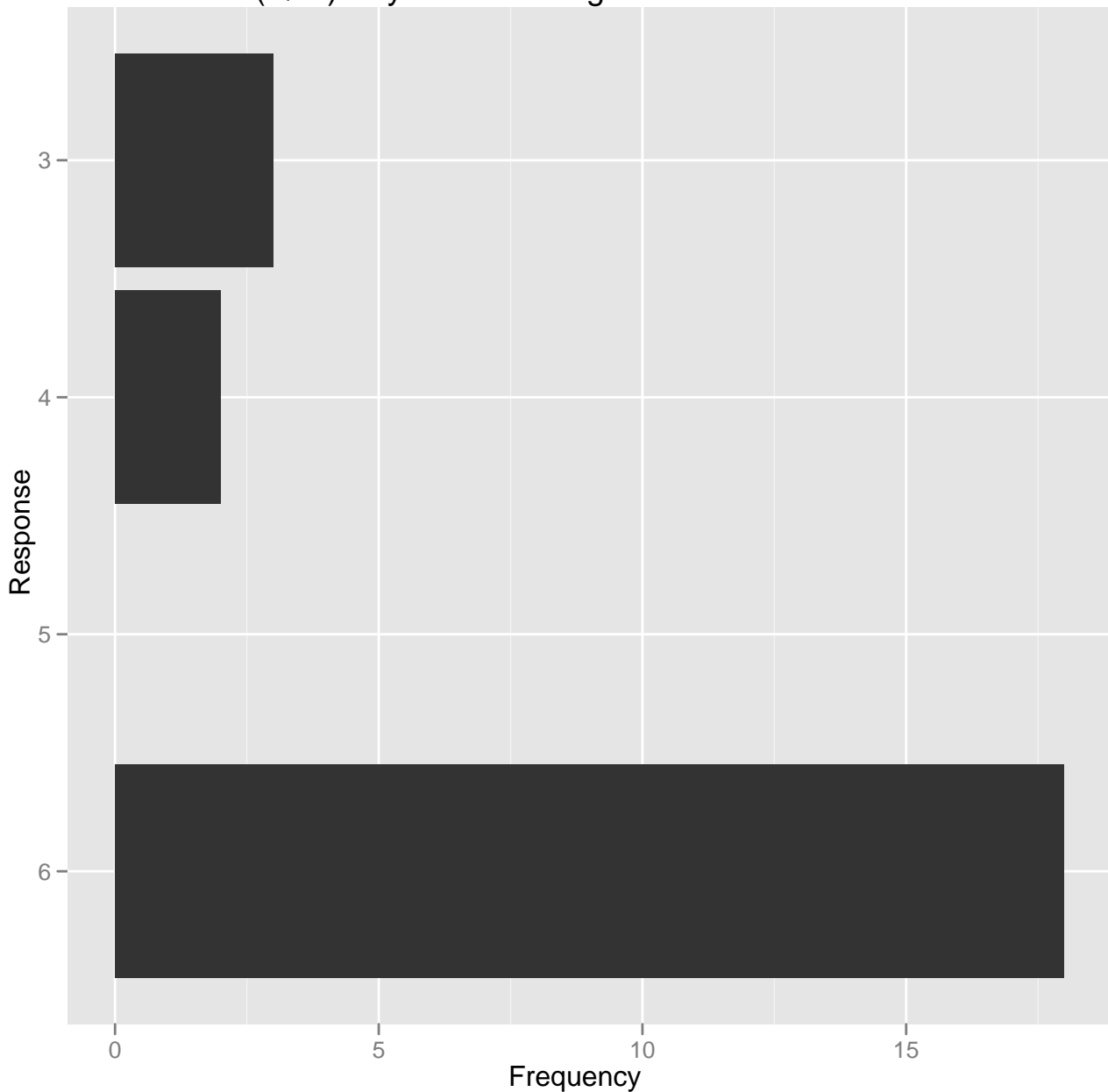
re there people present at your labor and birth besides you, your partner, and you



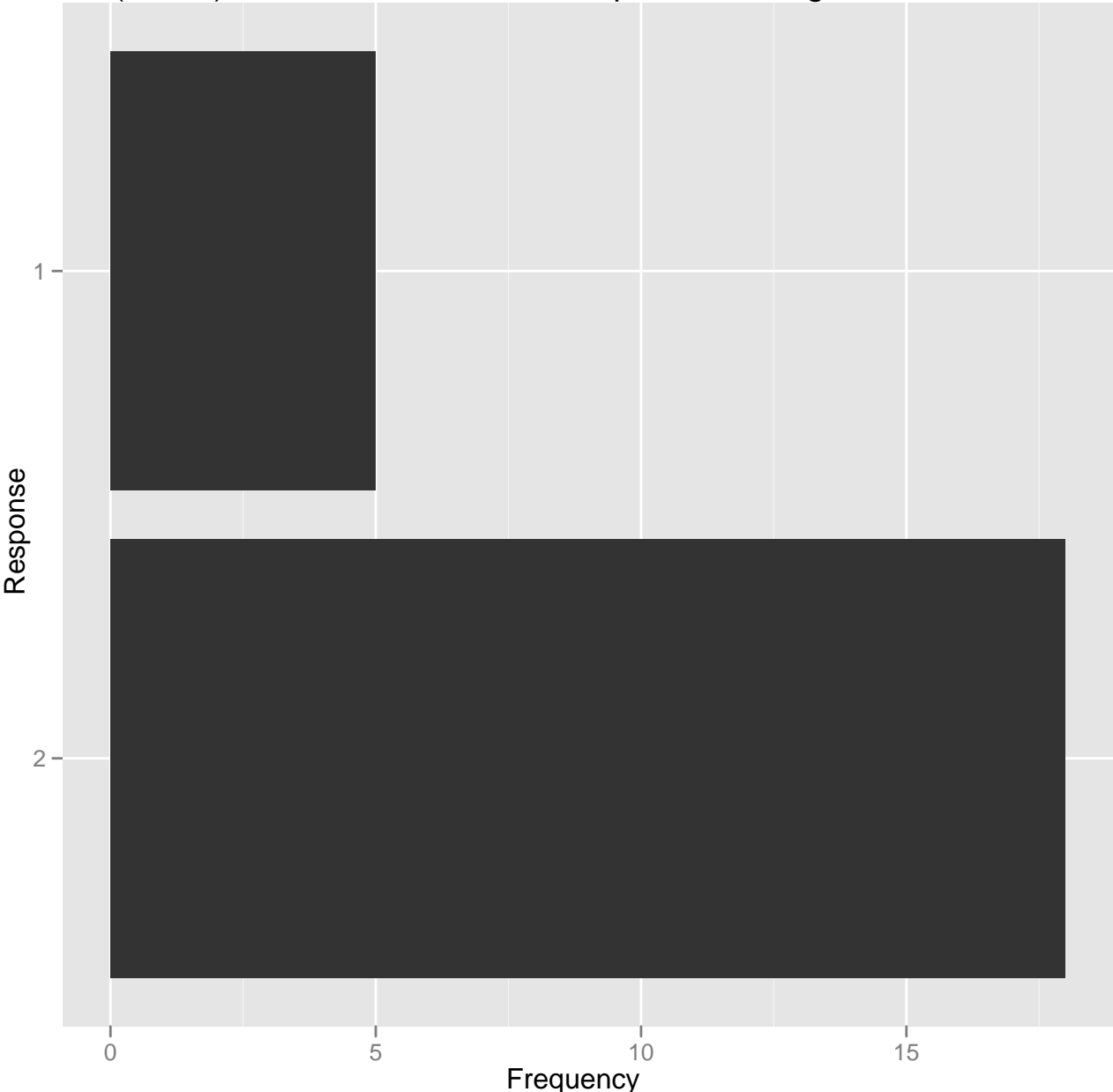
052 (Q37.1):Some people contributed an unwelcome presence to my labor and bir



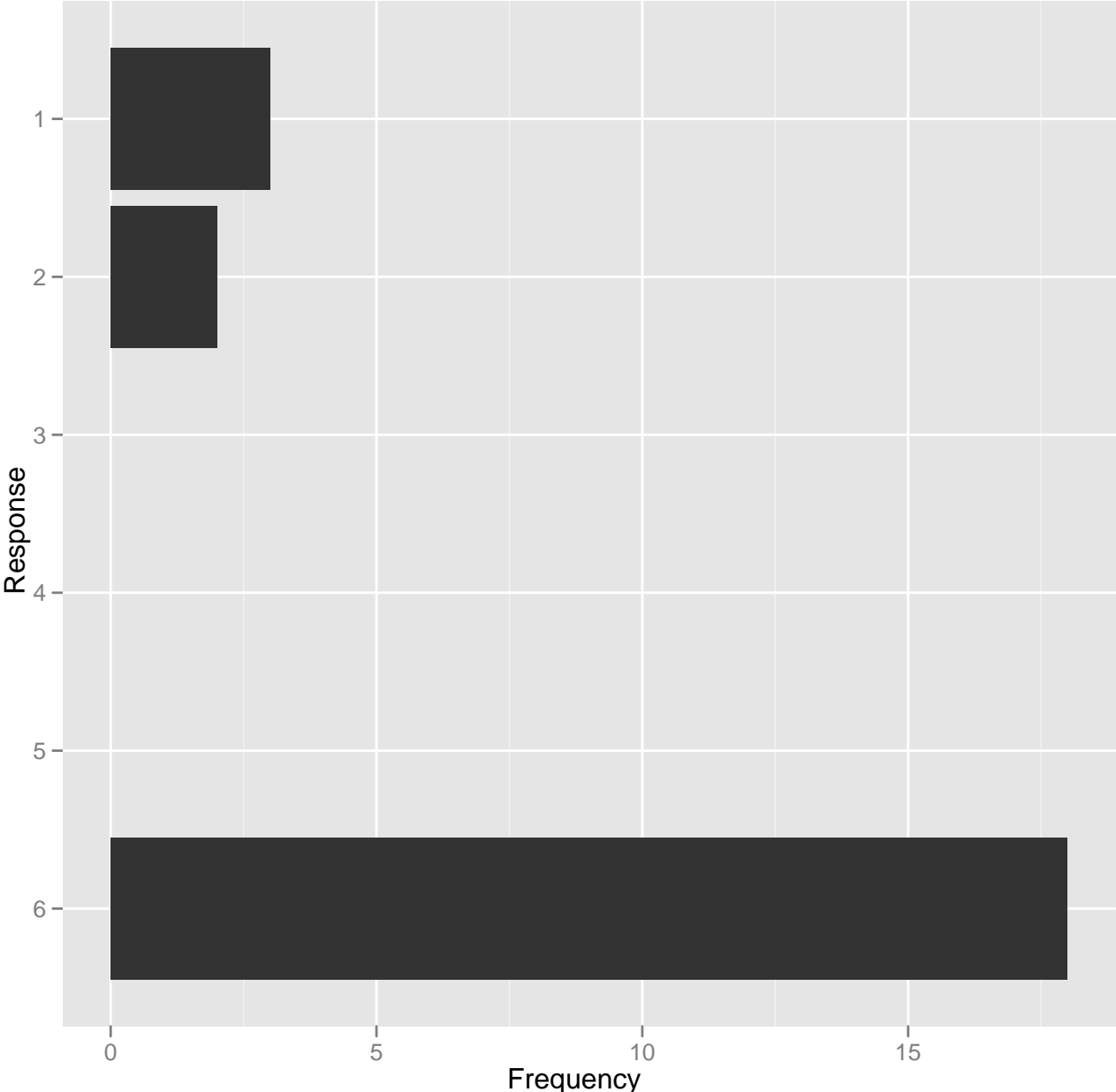
P053 (Q38):Any unwelcome guests were asked to leave



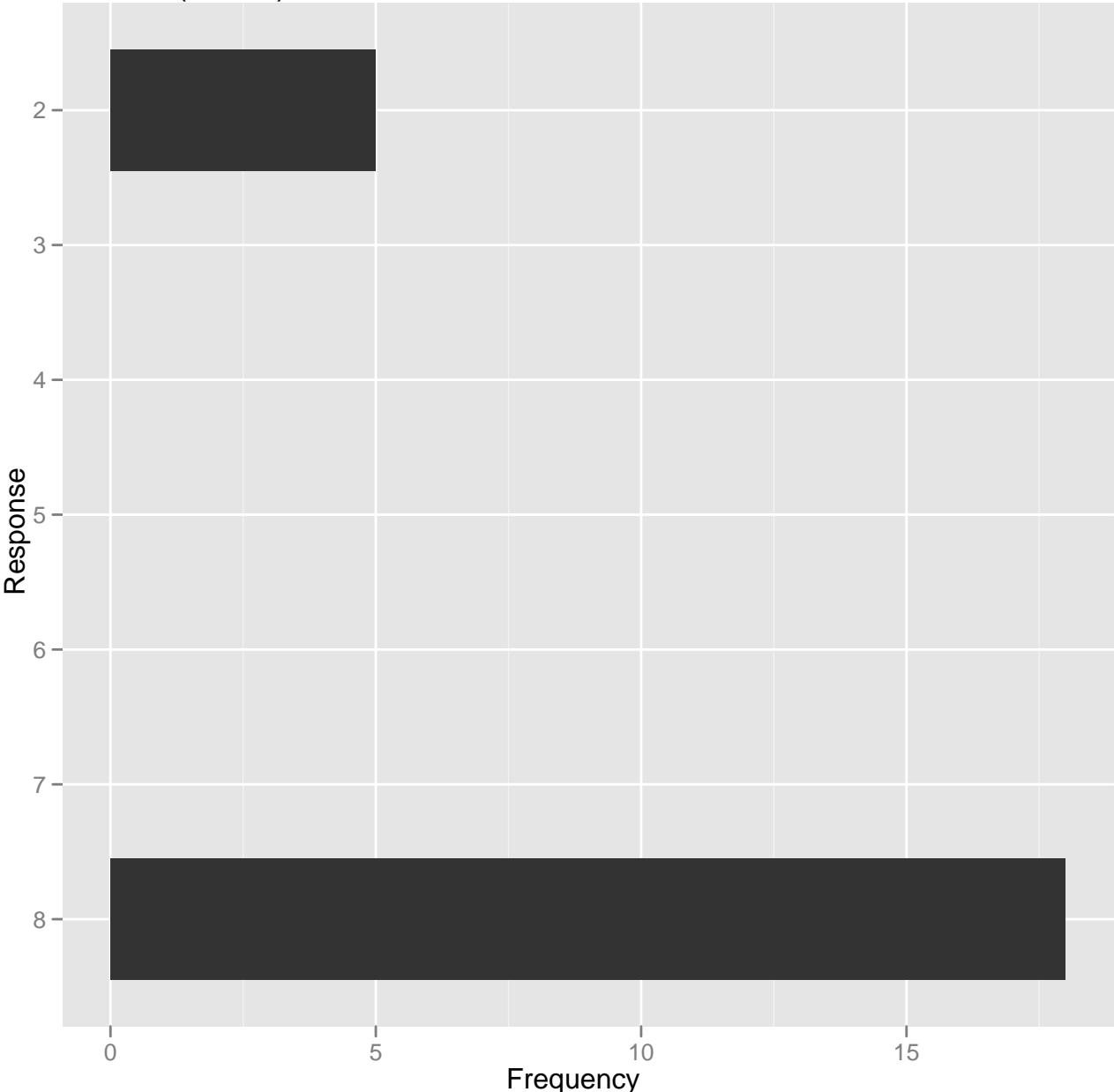
P054 (Q39.1):Were there other children present during the labor and birth?



P055 (Q40):Choose what best describes the children's overall level of interest

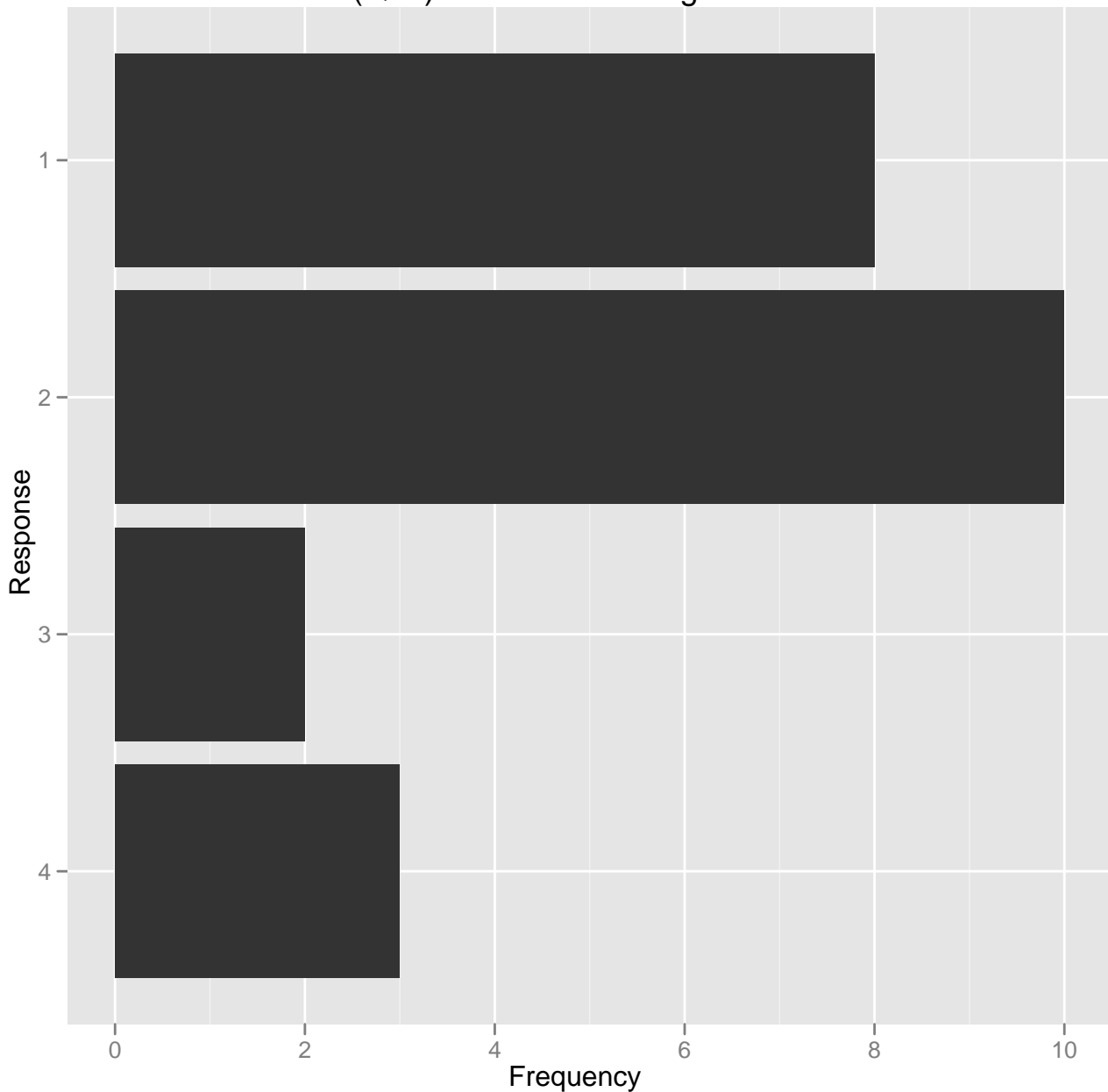


P056 (Q41.1):Choose what best describes the children's reactions

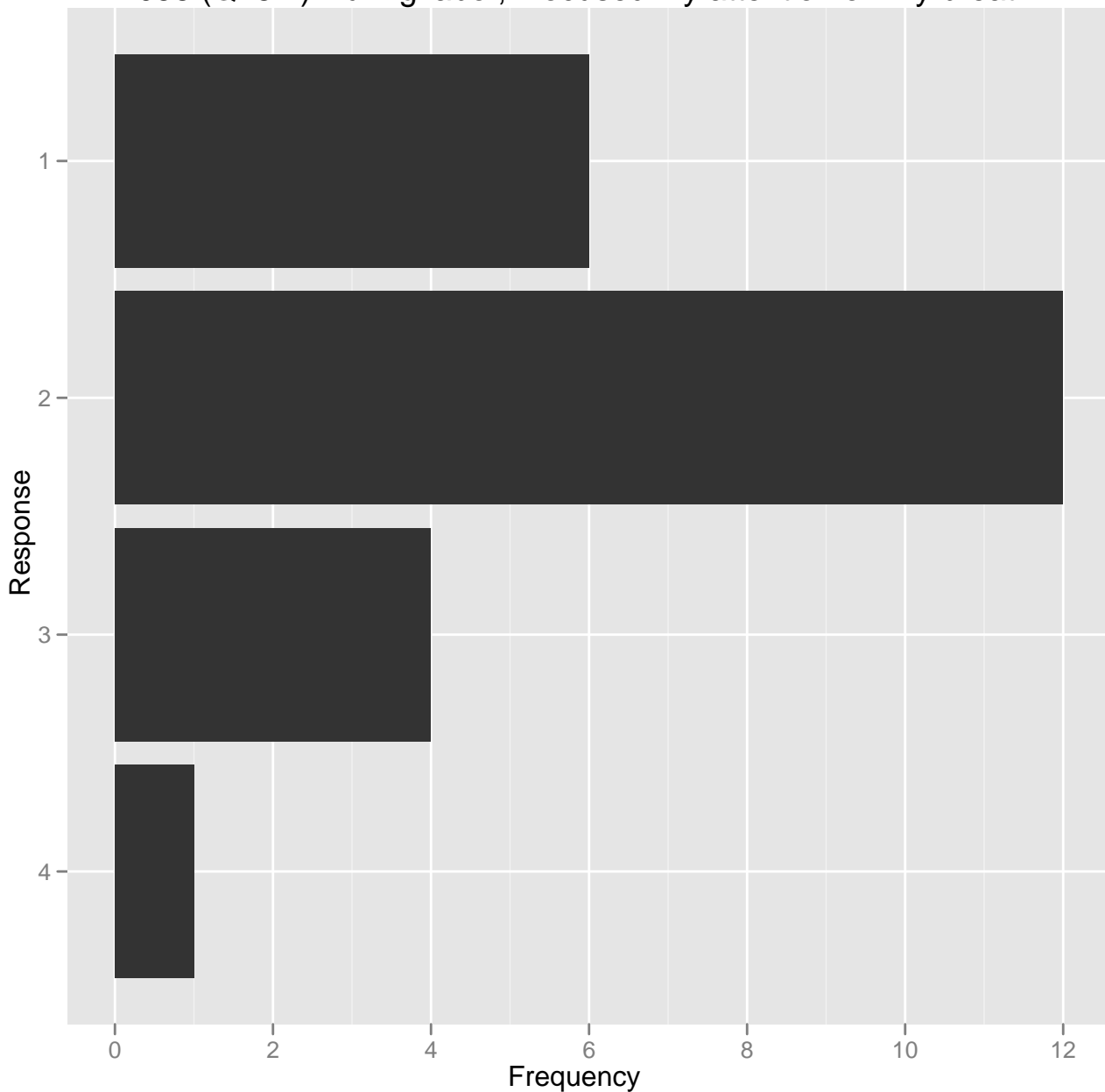




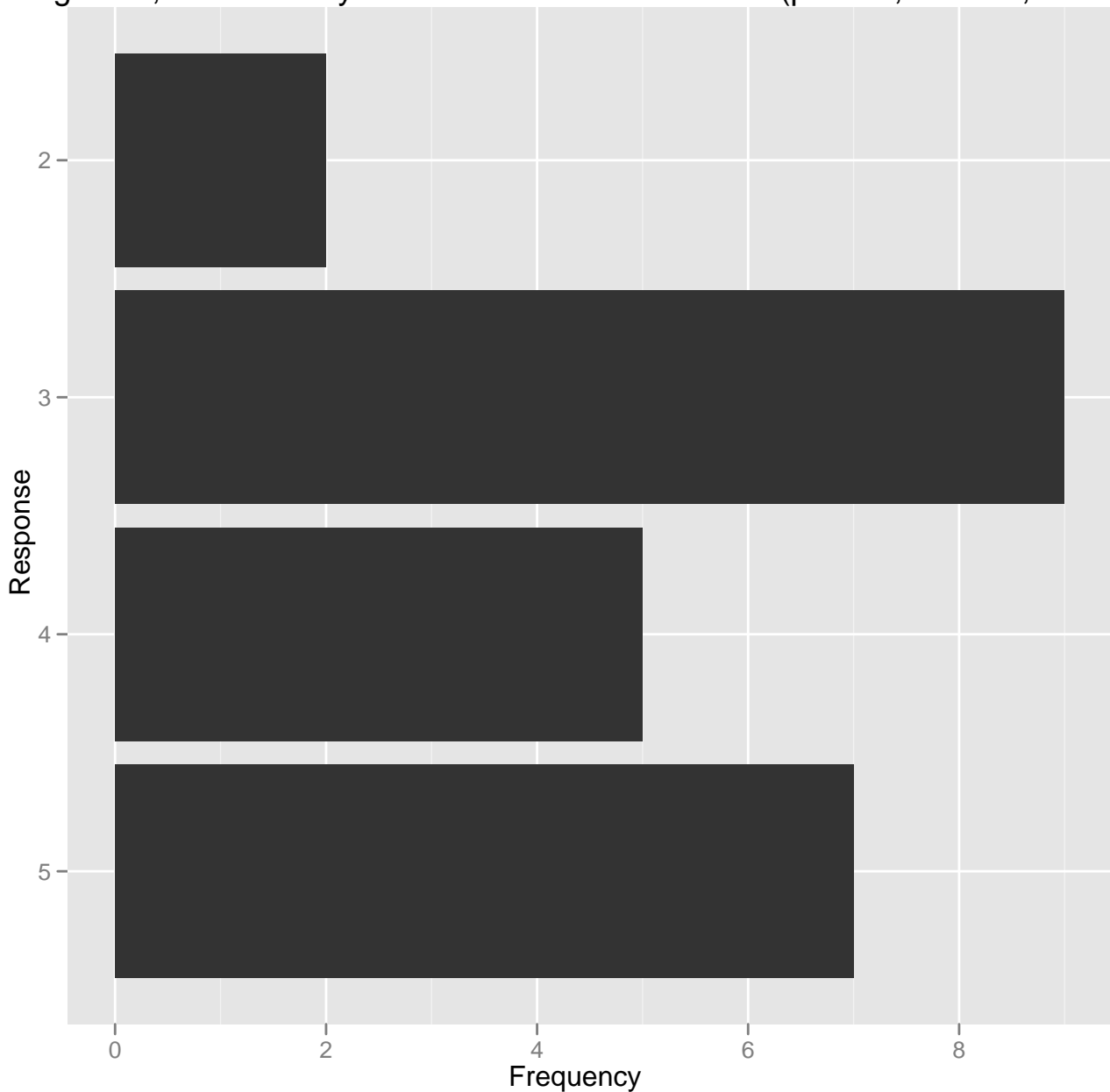
P057 (Q42):I vocalized during contractions



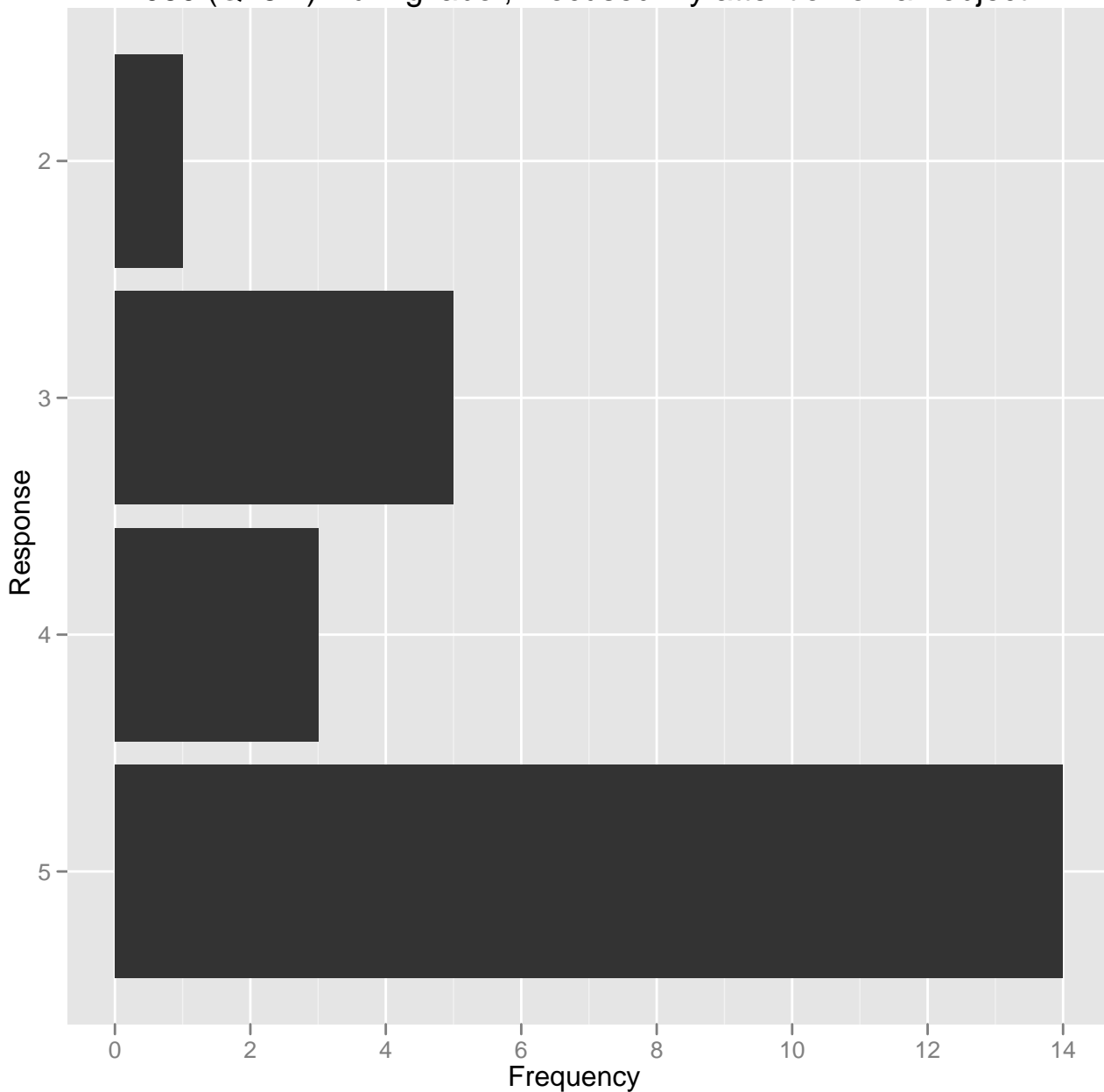
P058 (Q43.1):During labor, I focused my attention on my breath



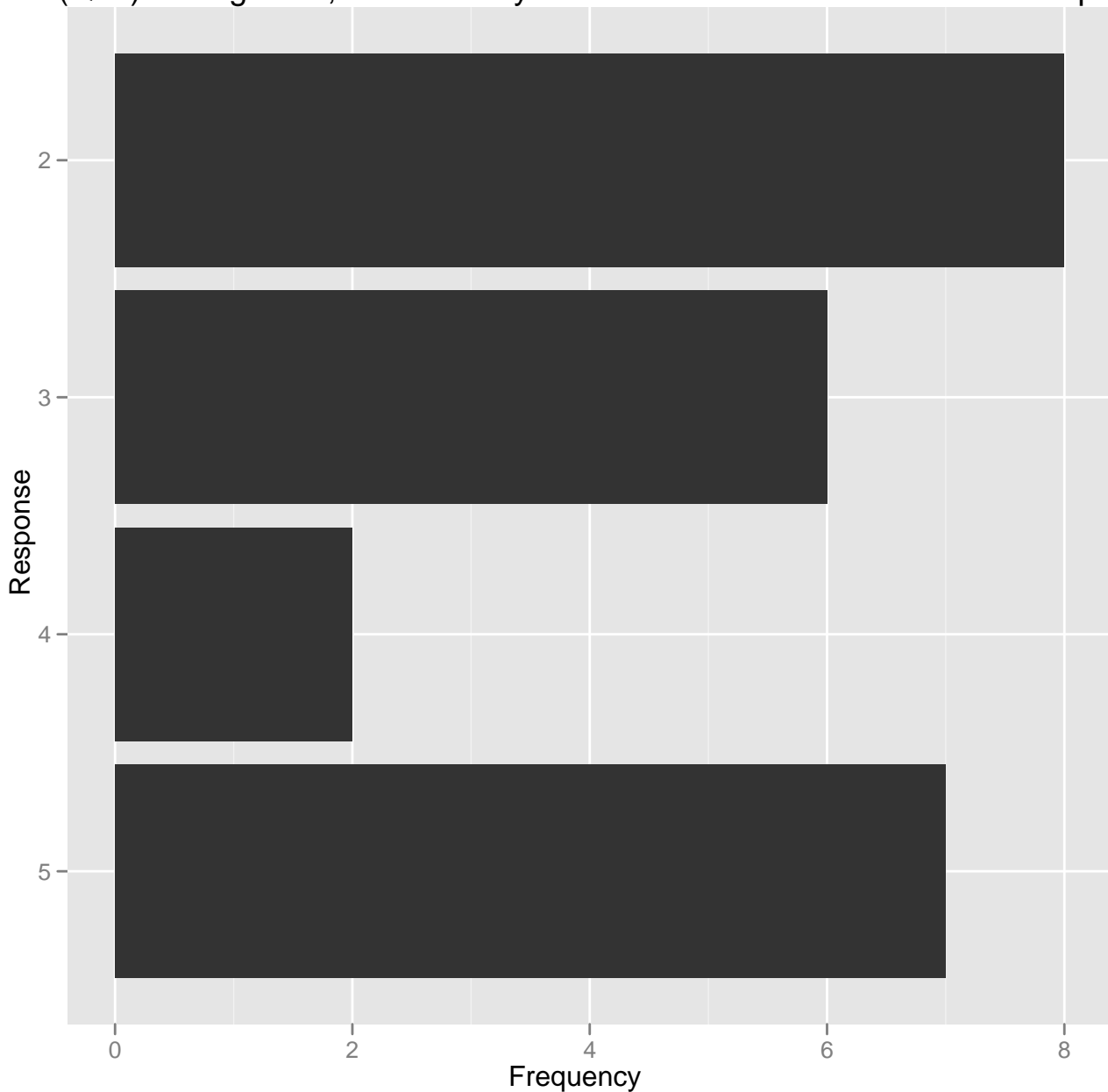
During labor, I focused my attention on someone's face (partner, midwife, doula, so



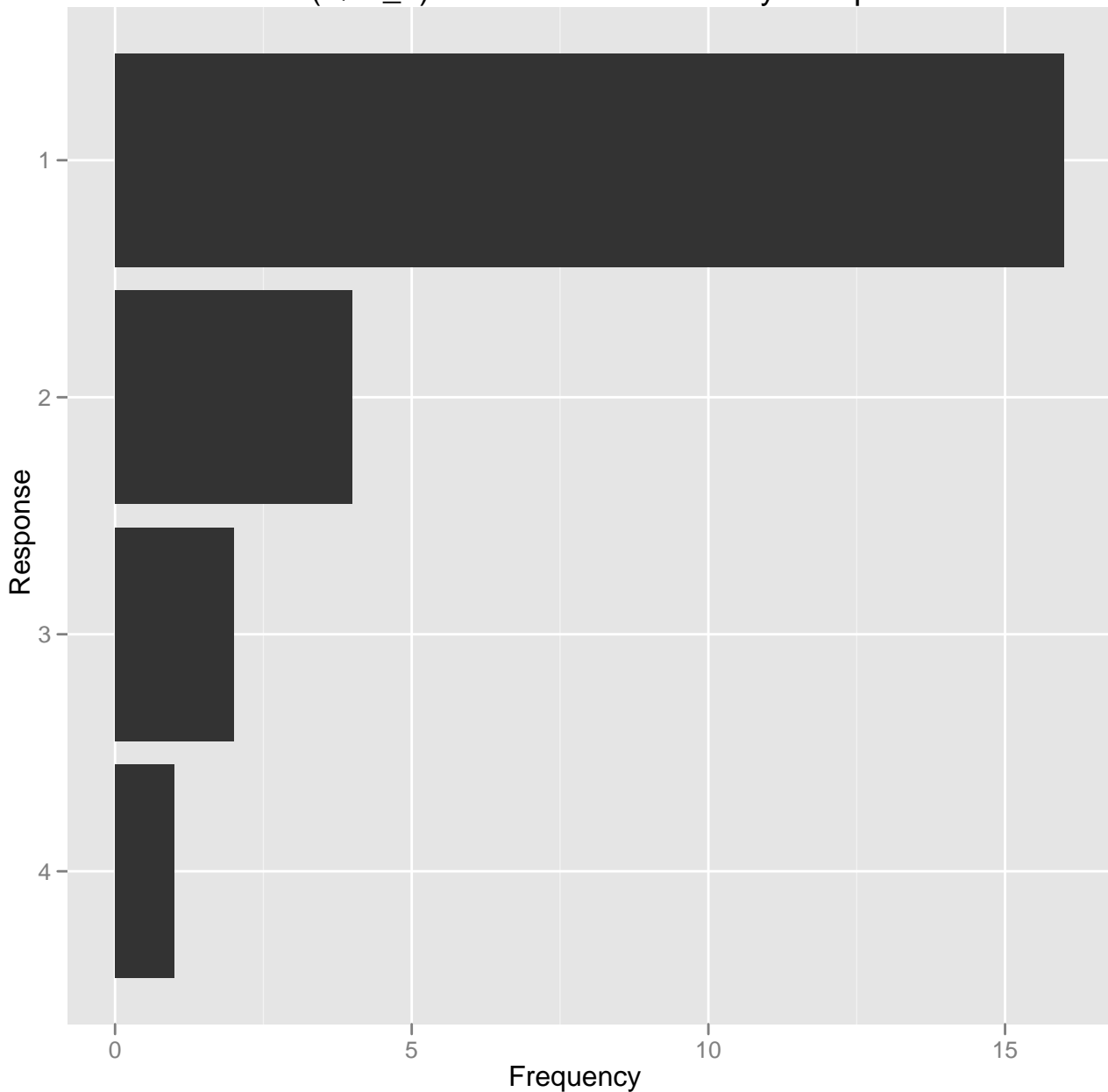
# P060 (Q45.1):During labor, I focused my attention on an object



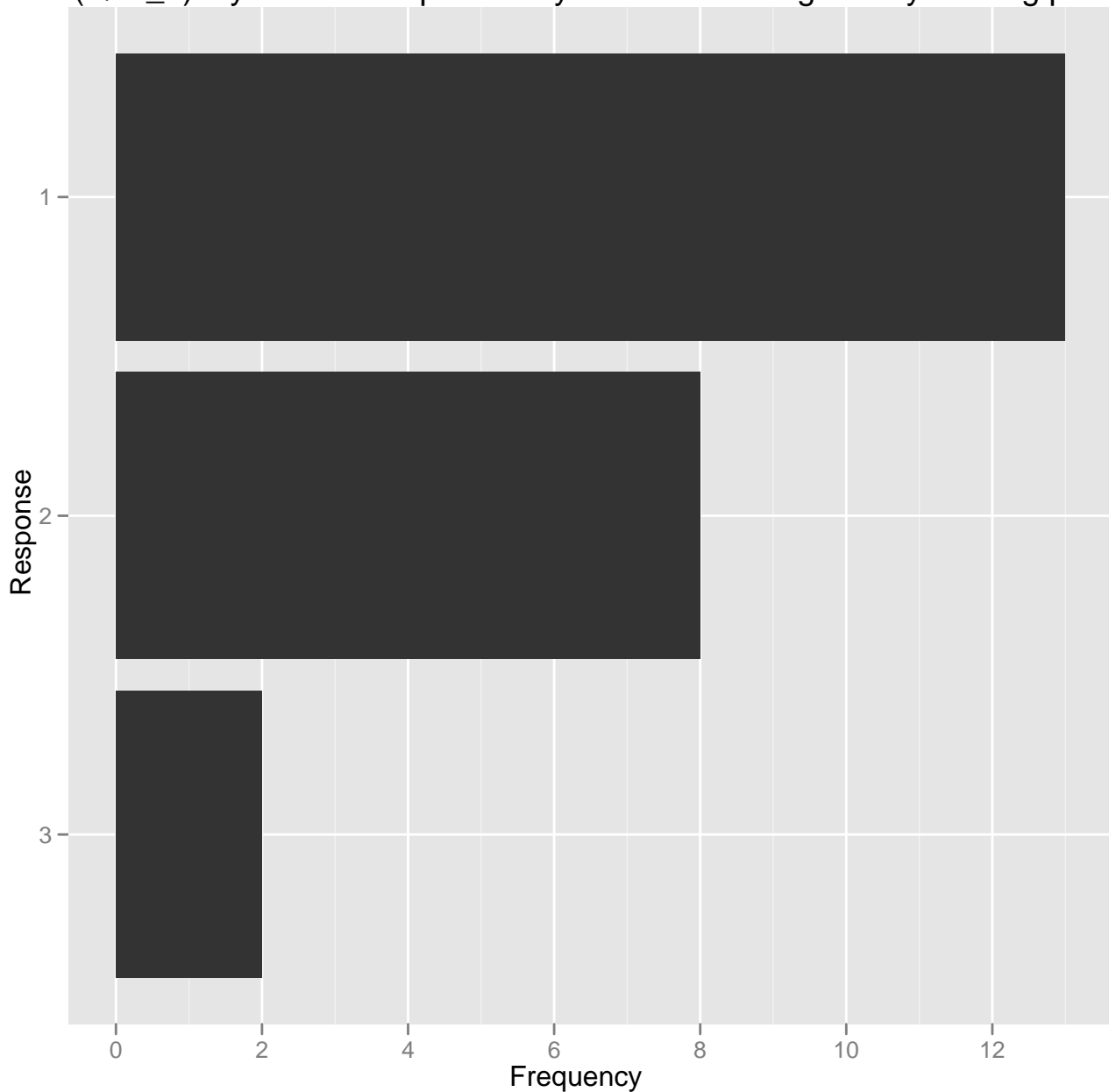
P061 (Q46):During labor, I focused my attention on a mantra or motivational phrase



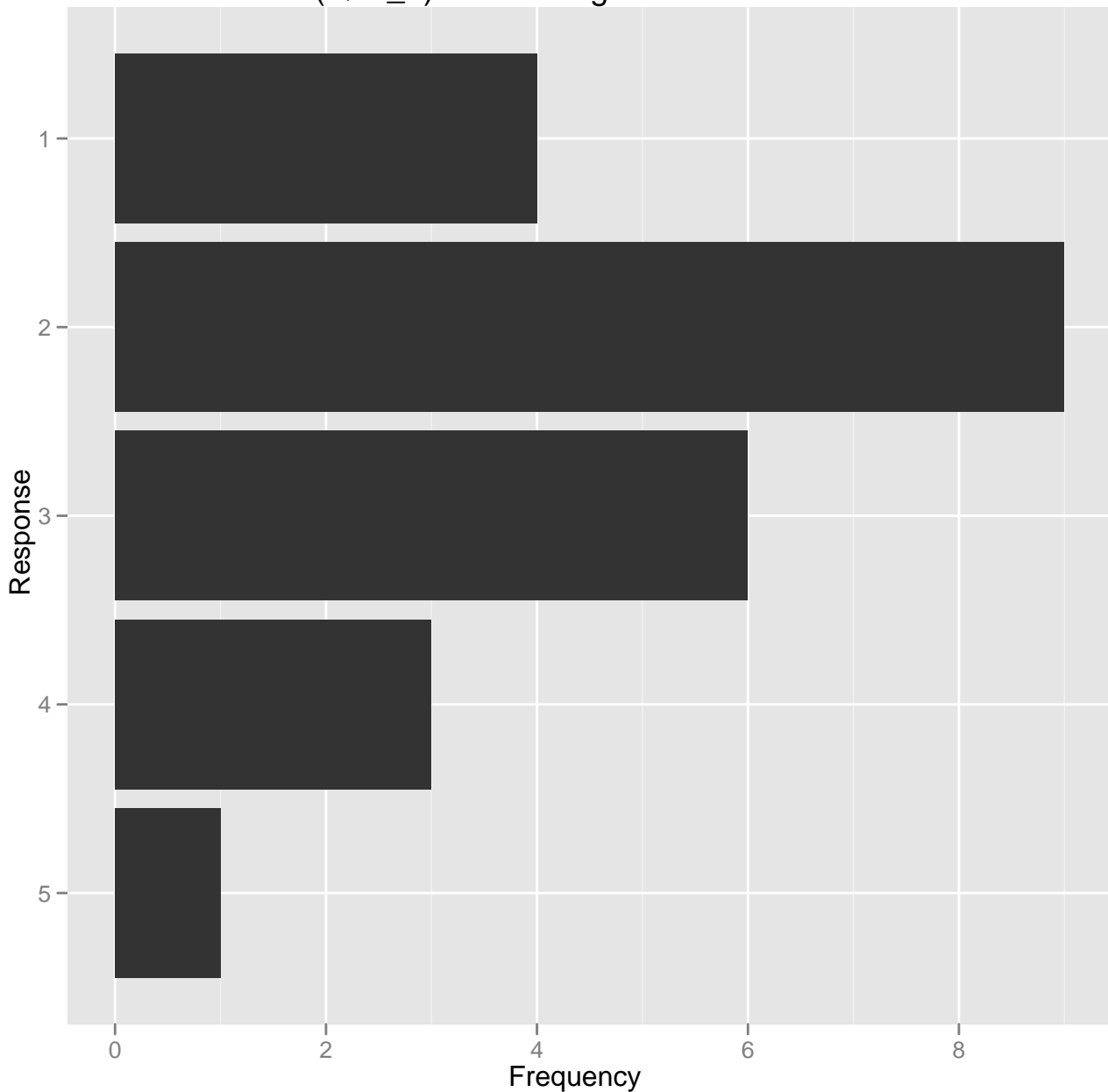
# P062 (Q47\_1):I could take labor at my own pace



P063 (Q47\_2):My midwife respected my innate knowledge of my birthing process

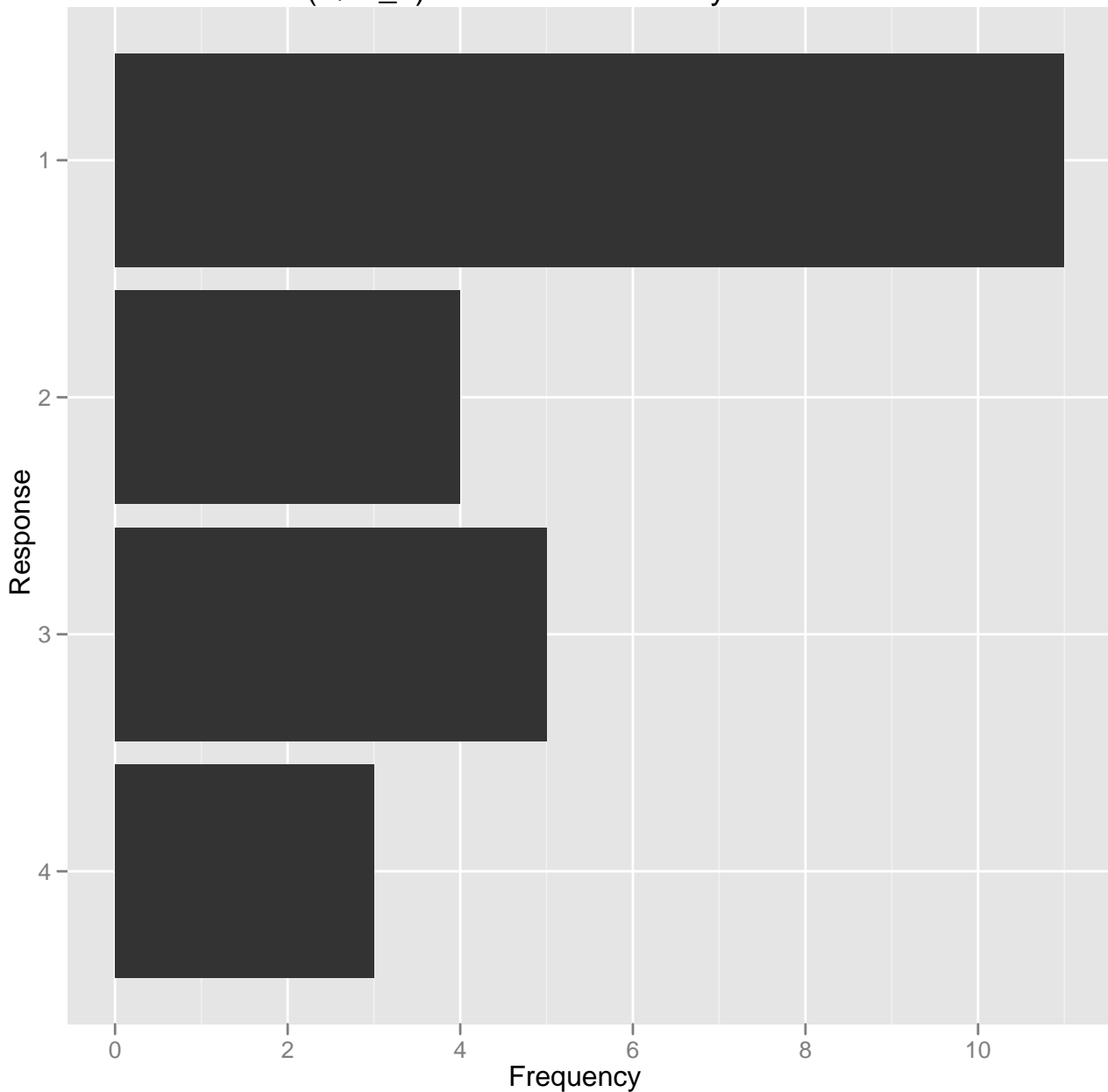


# P064 (Q47\_3):I was being observed or watched

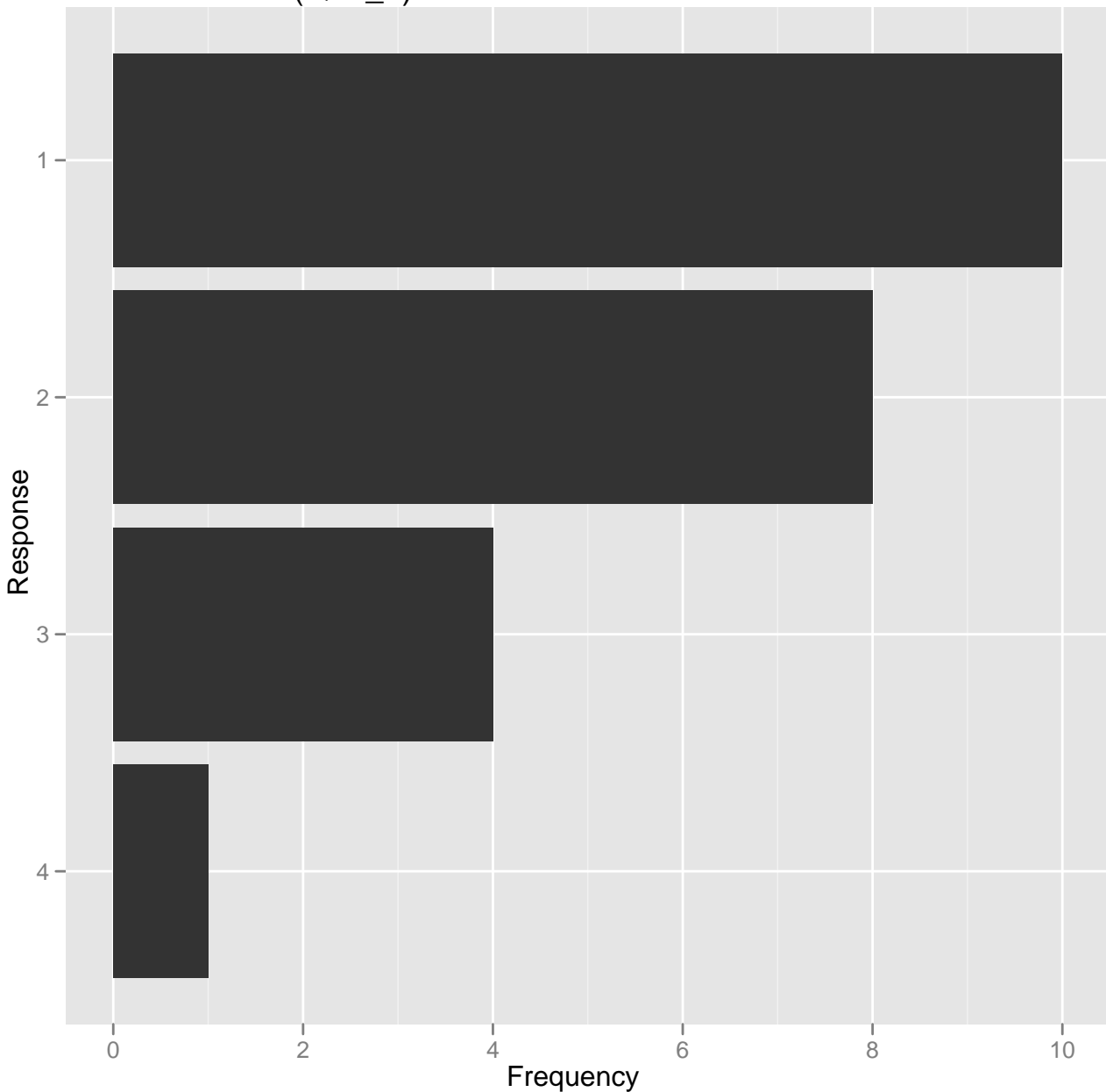




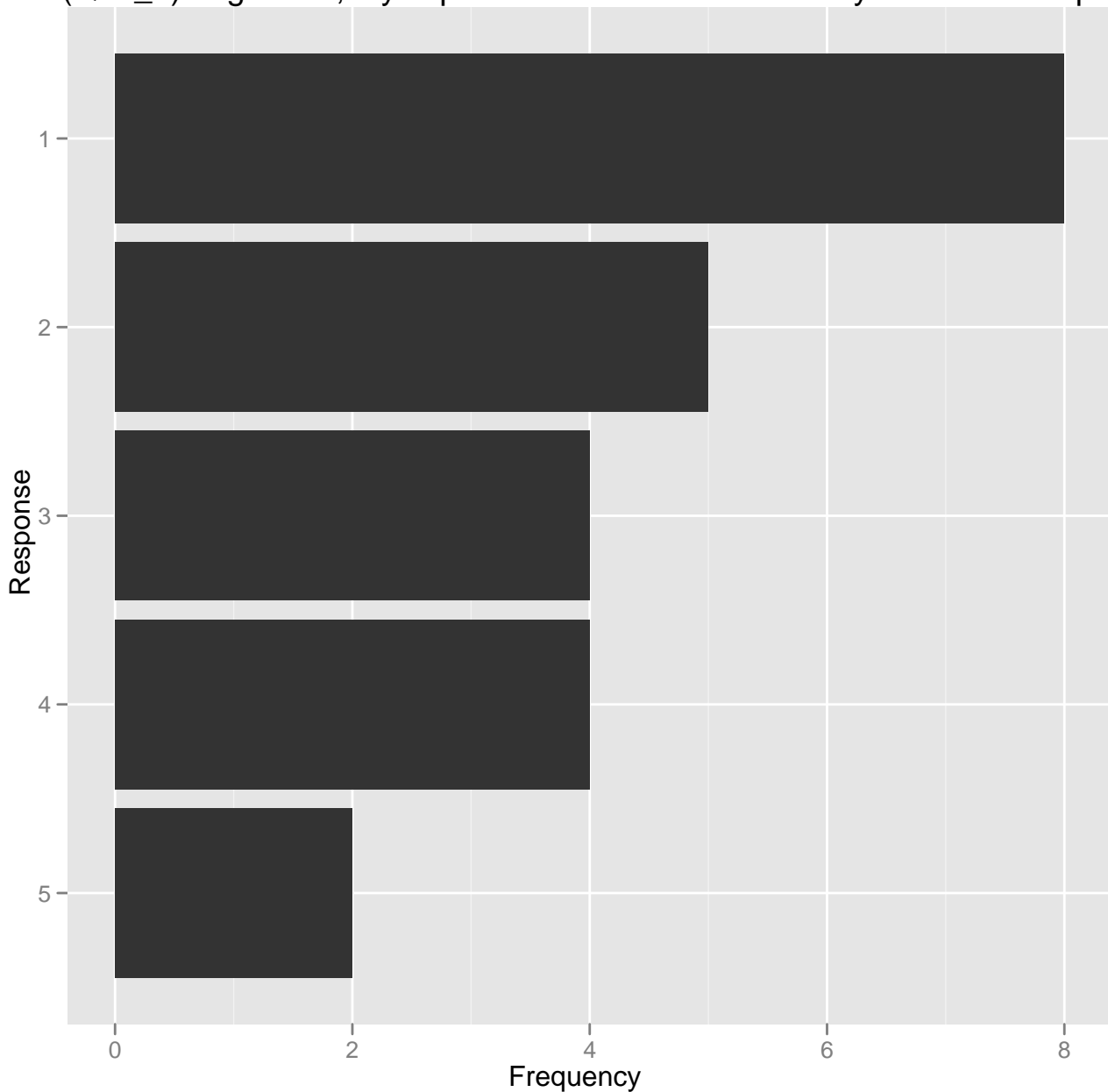
# P065 (Q47\_4):I felt in control of my own behavior



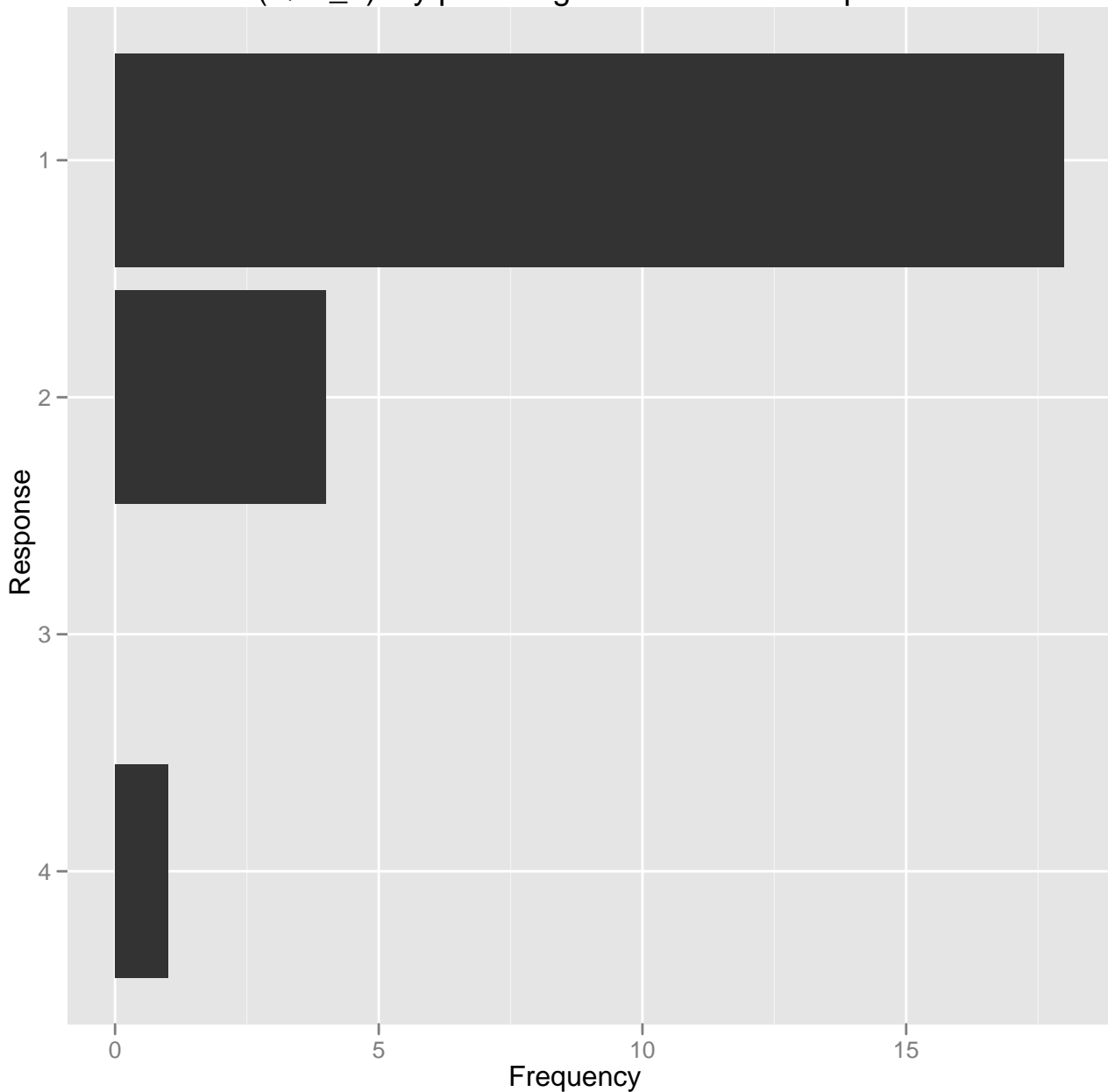
P066 (Q47\_5):I felt in control of the care I received



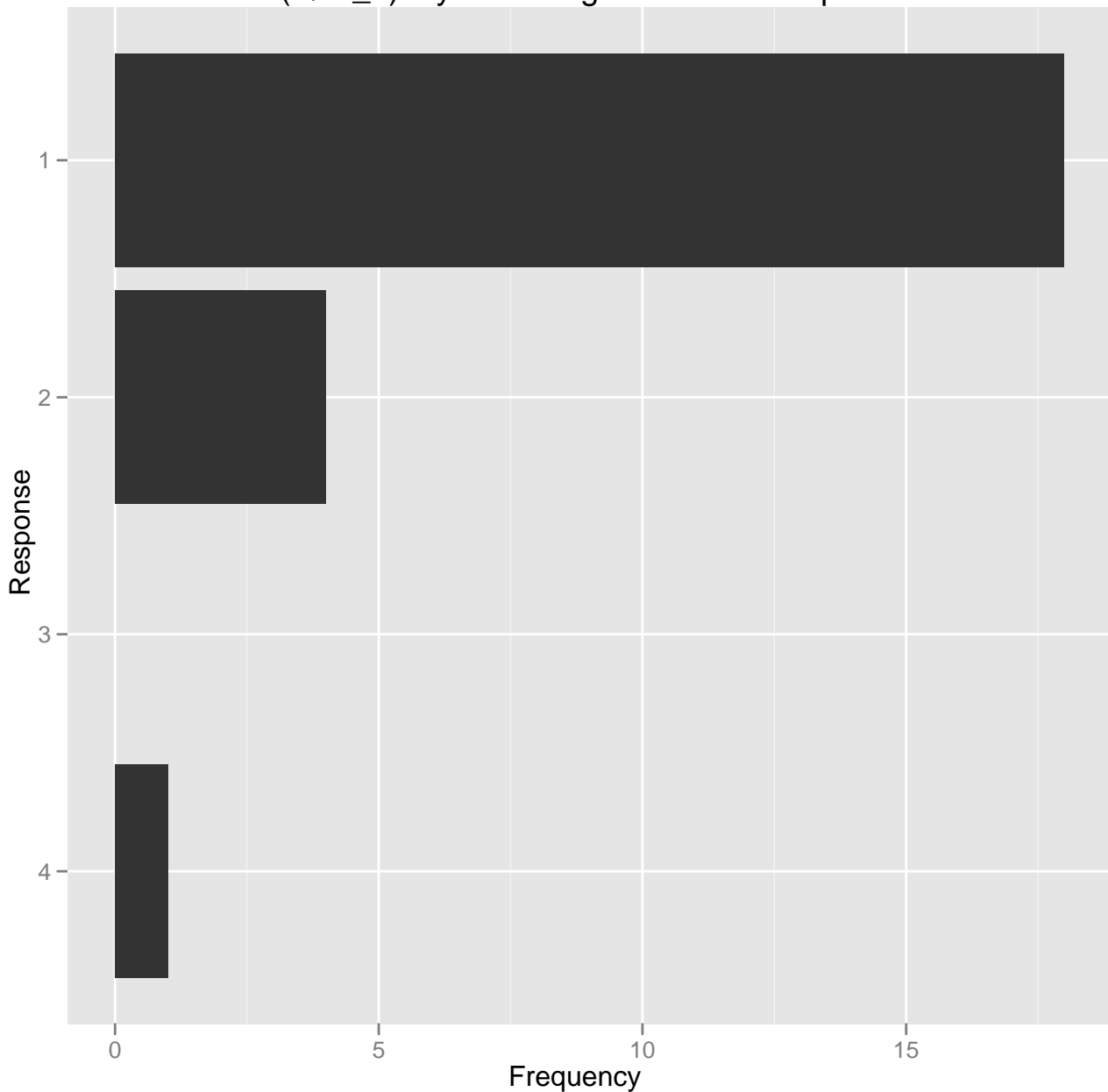
P067 (Q47\_6):In general, my experience of labor and delivery was what I expected



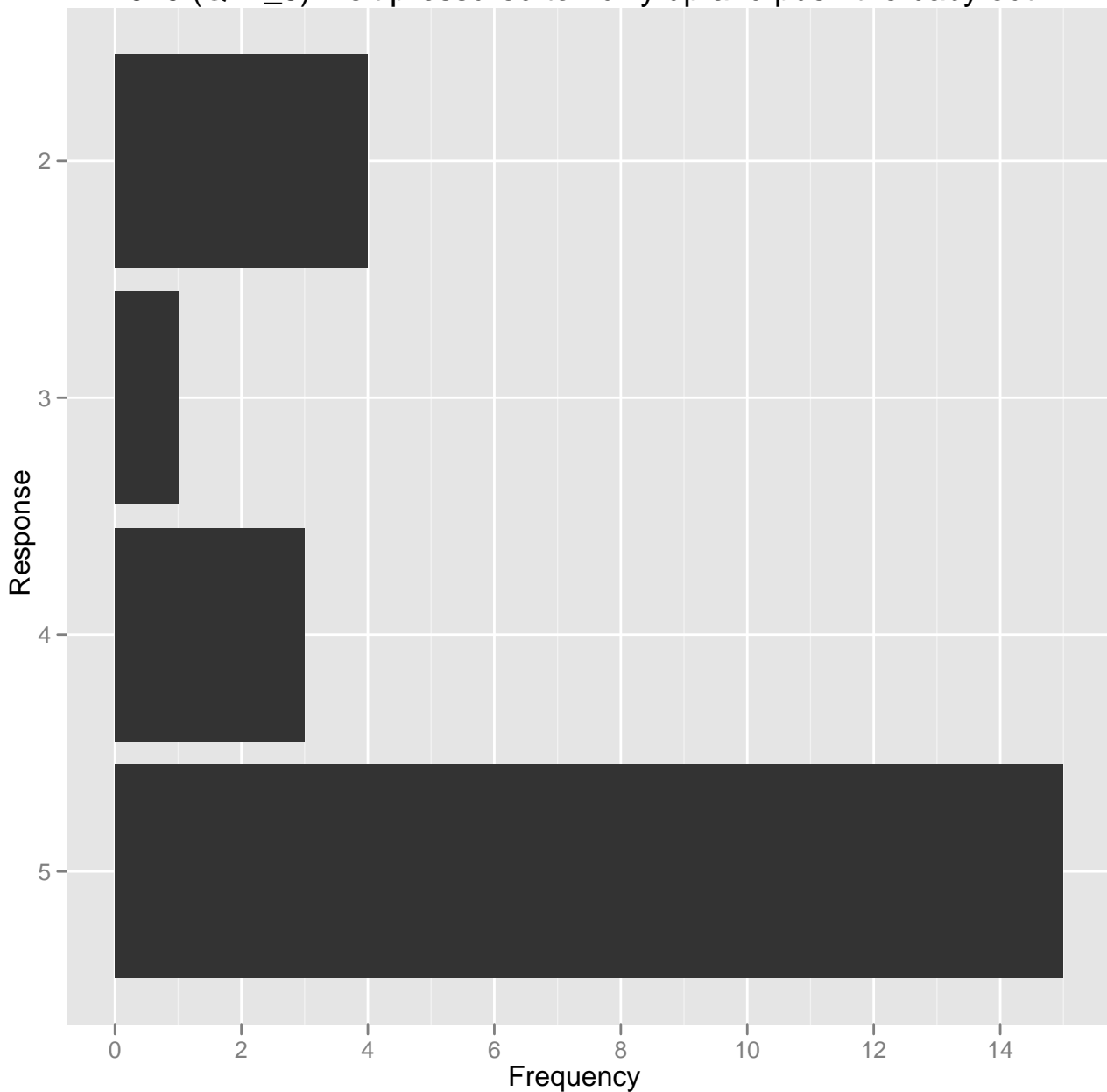
P068 (Q47\_7):My partner gave me his/her full presence



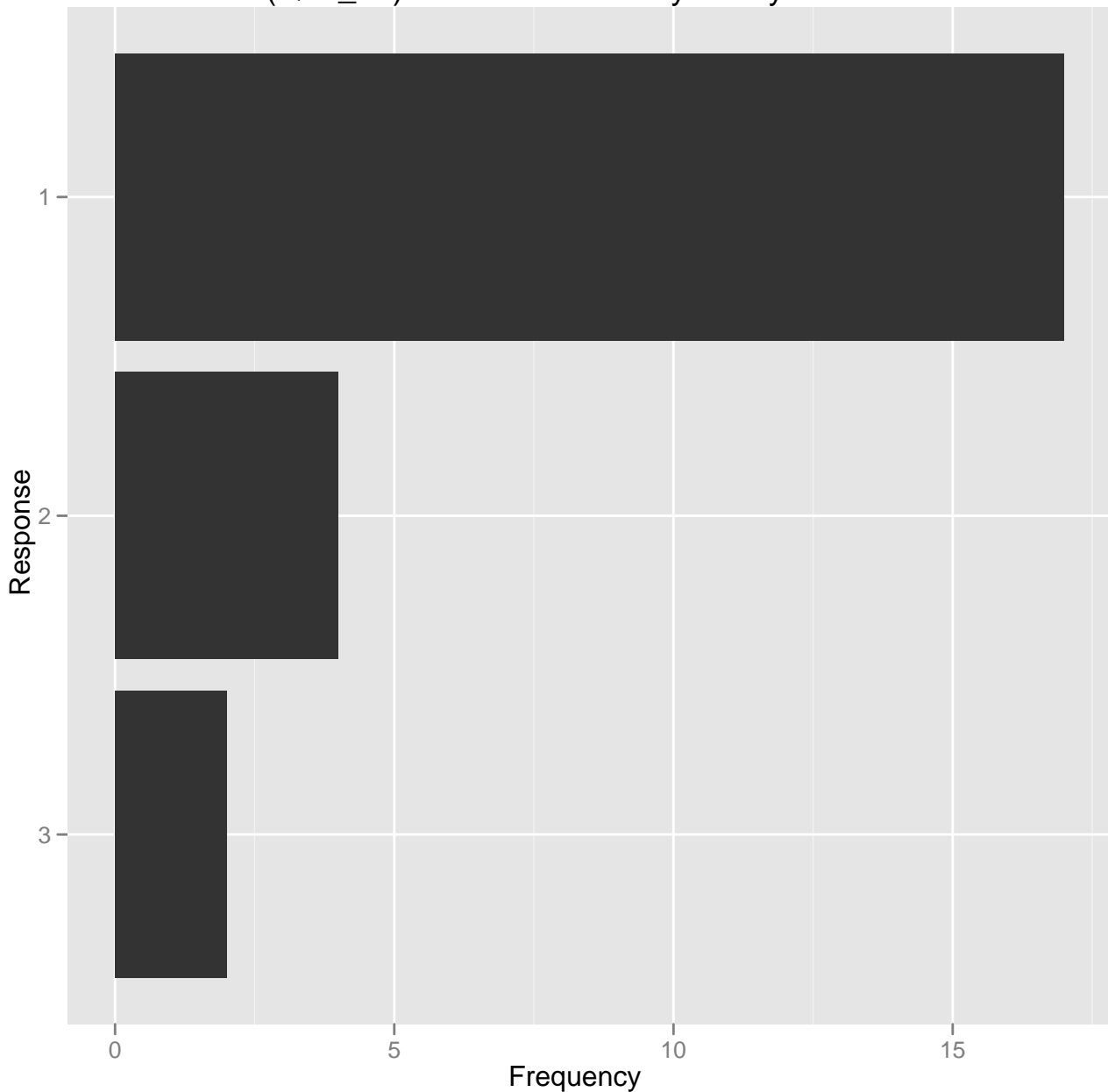
# P069 (Q47\_8):My midwife gave me her full presence



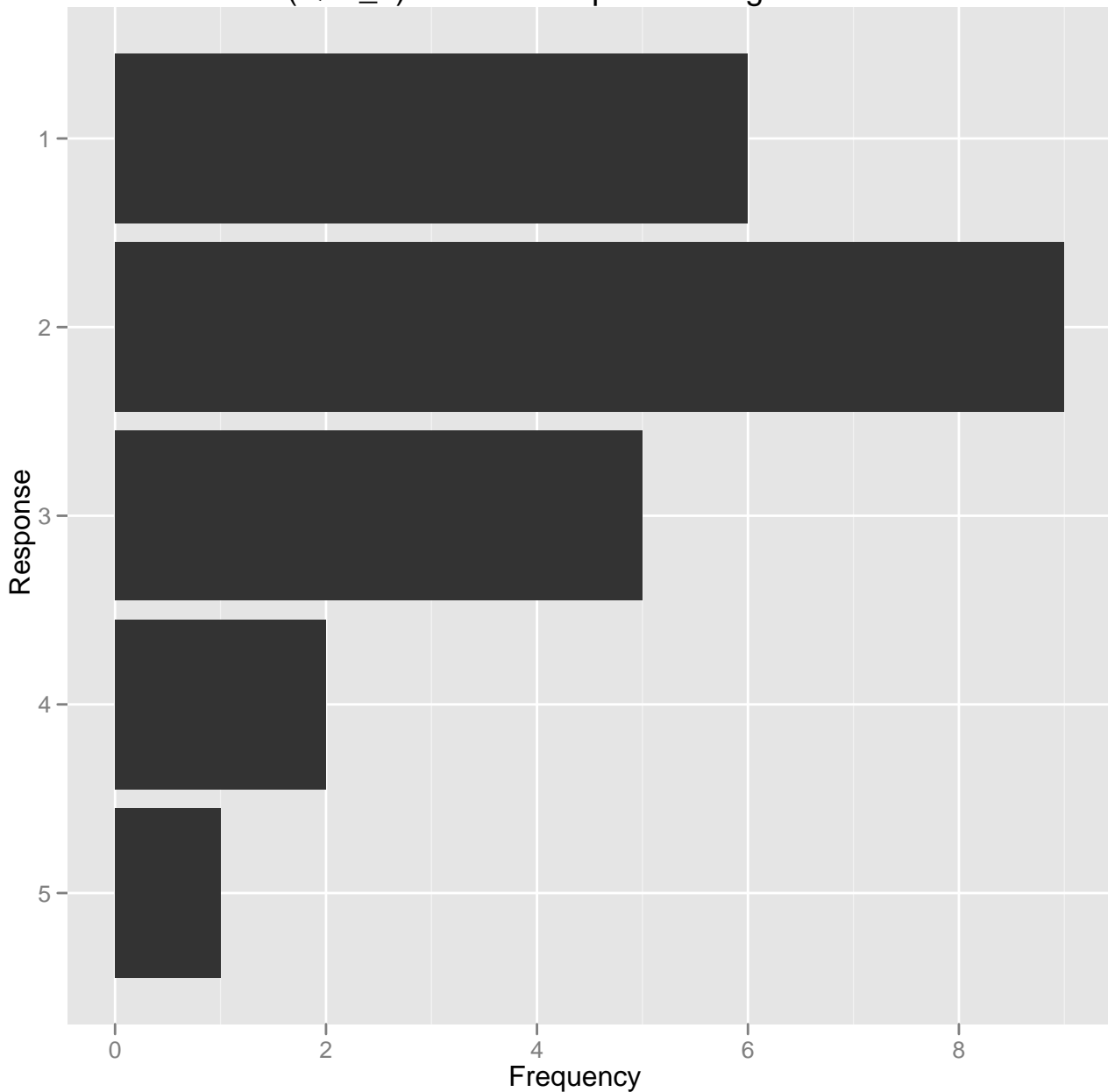
P070 (Q47\_9):I felt pressured to hurry up and push the baby out



P071 (Q47\_10):I concentrated fully on my contractions

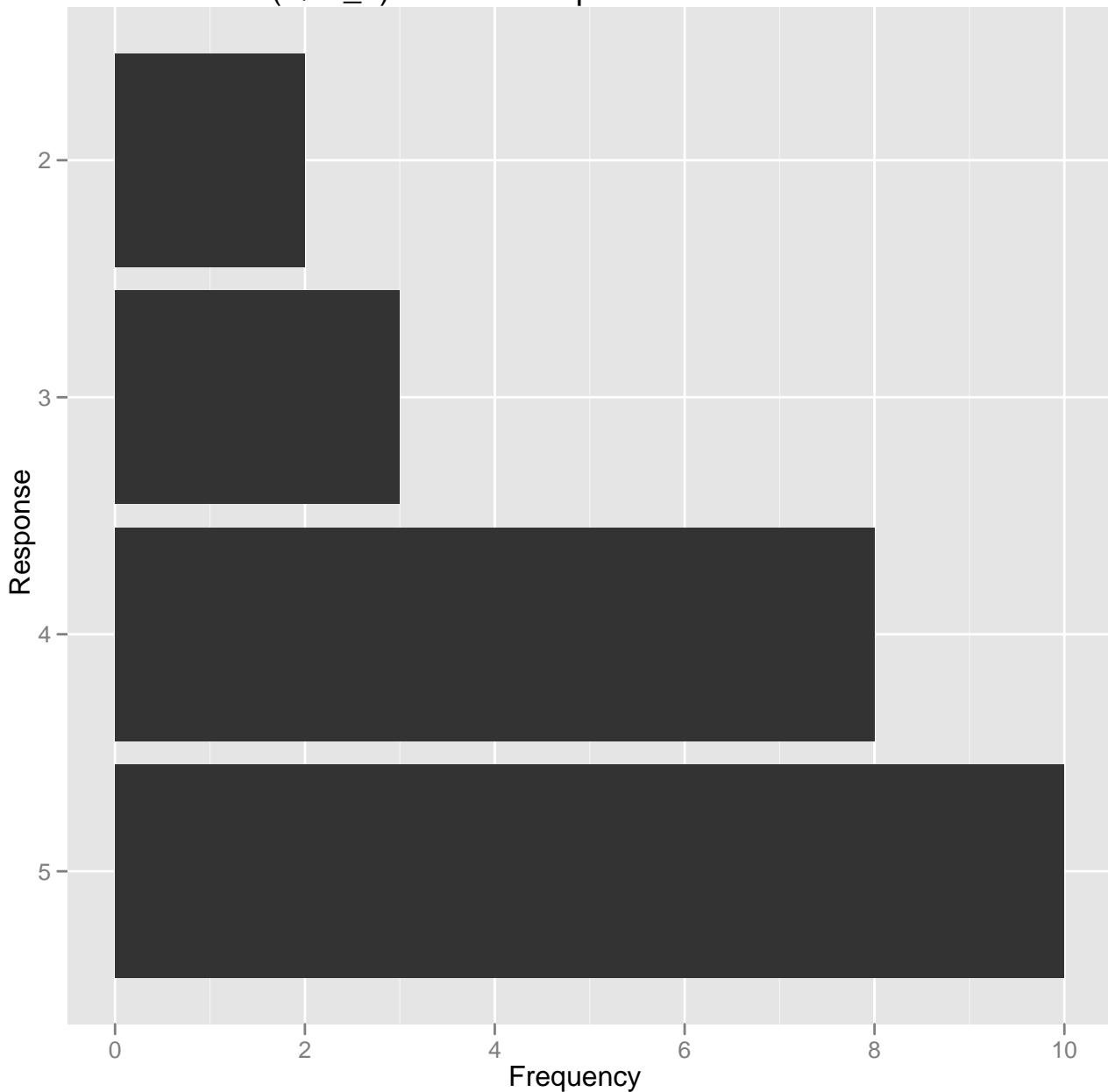


# P072 (Q48\_1):I could not speak during contractions

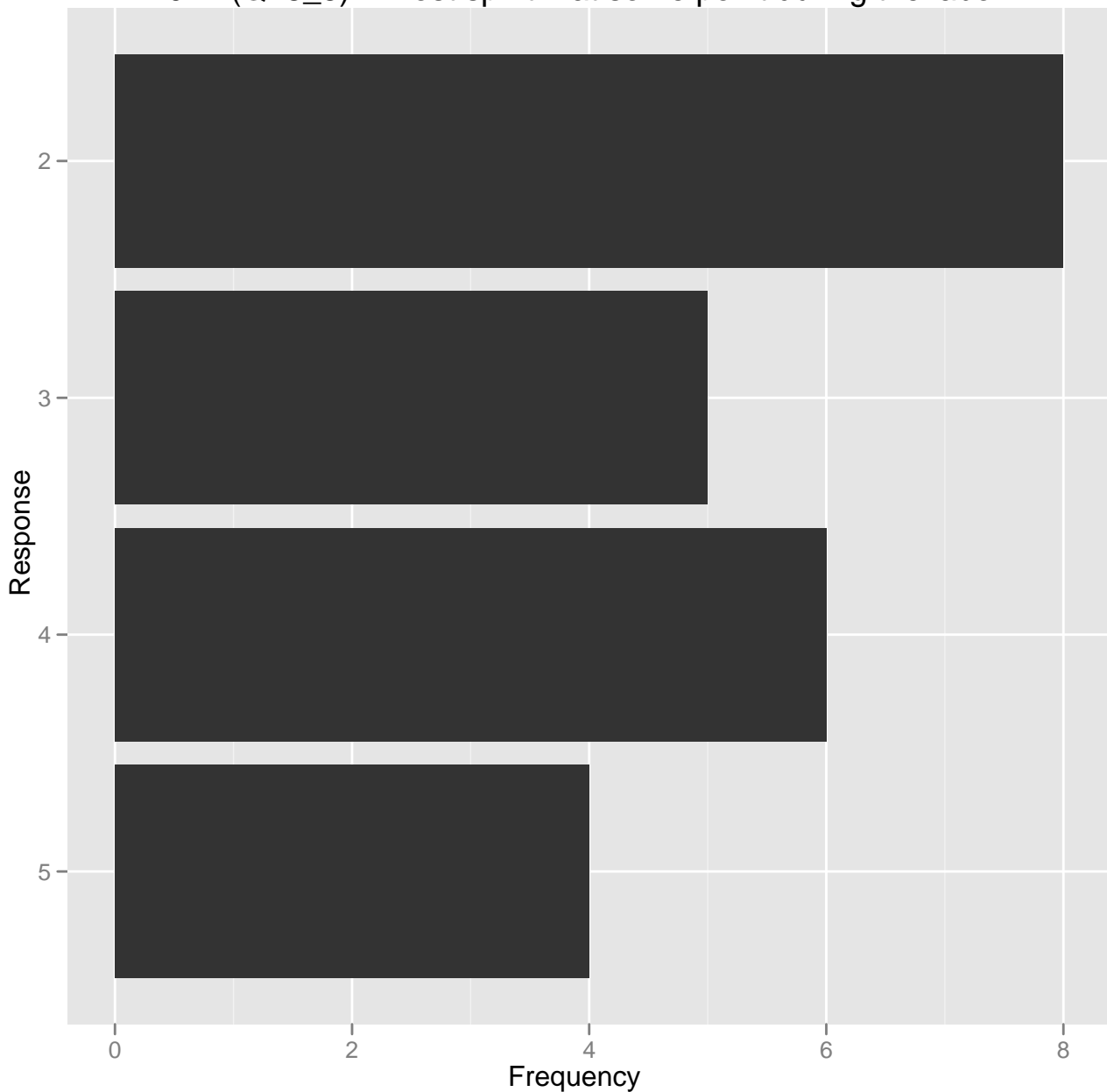




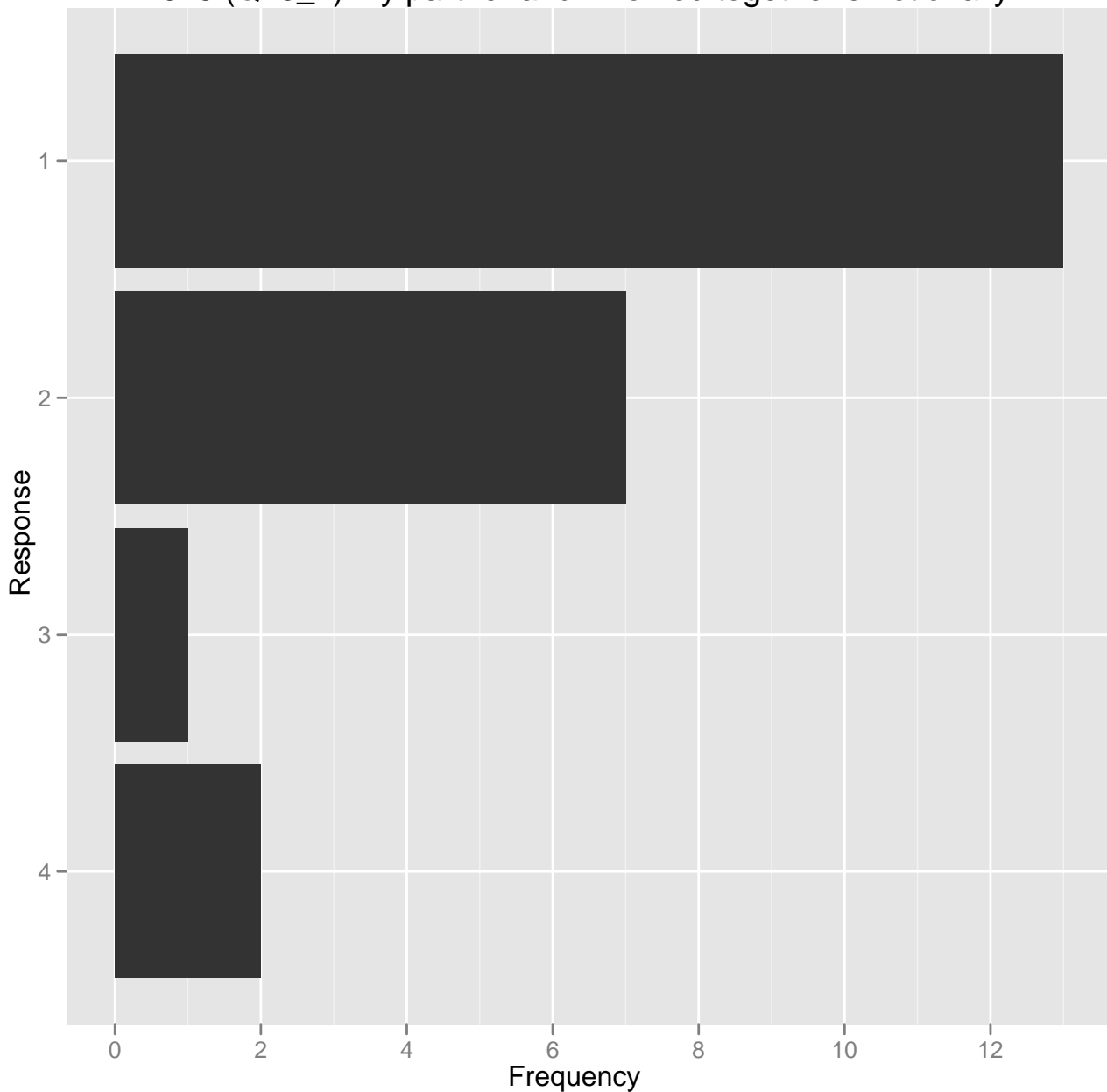
P073 (Q48\_2):I could not speak between contractions



P074 (Q48\_3):I ...lost spirit... at some point during the labor

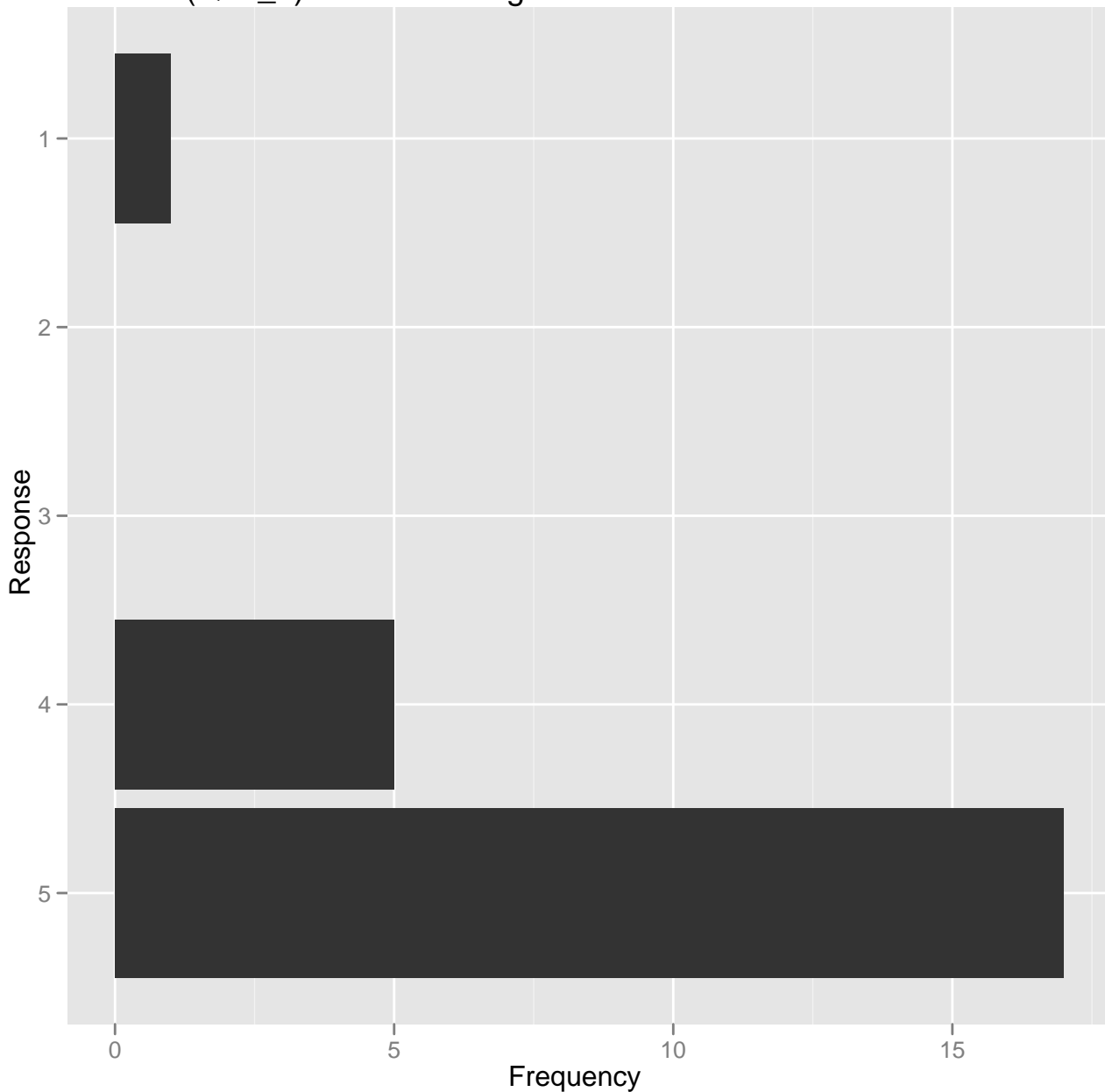


# P075 (Q48\_4):My partner and I worked together emotionally

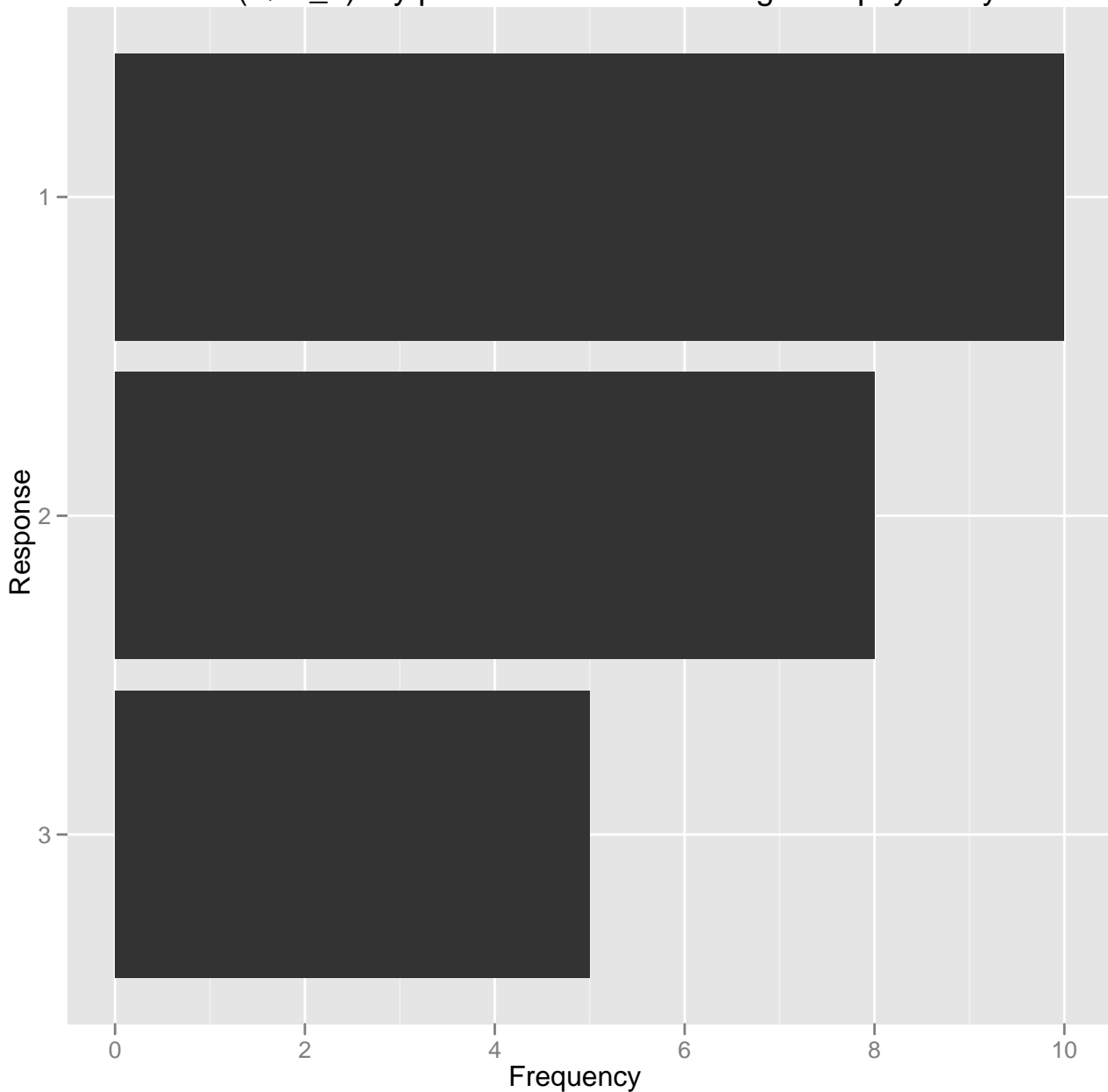




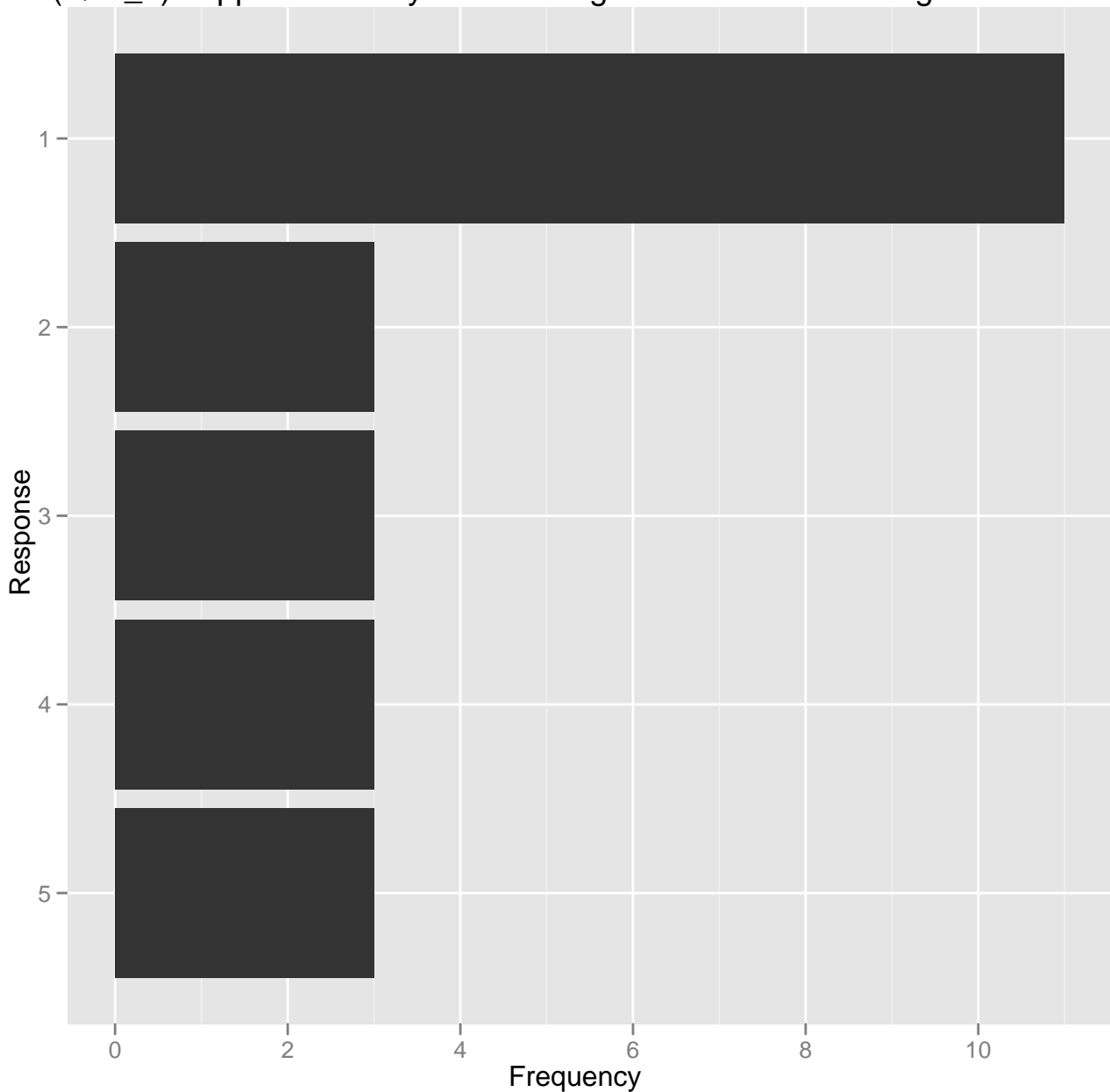
P077 (Q48\_6):I was following someone else...s timetable for labor



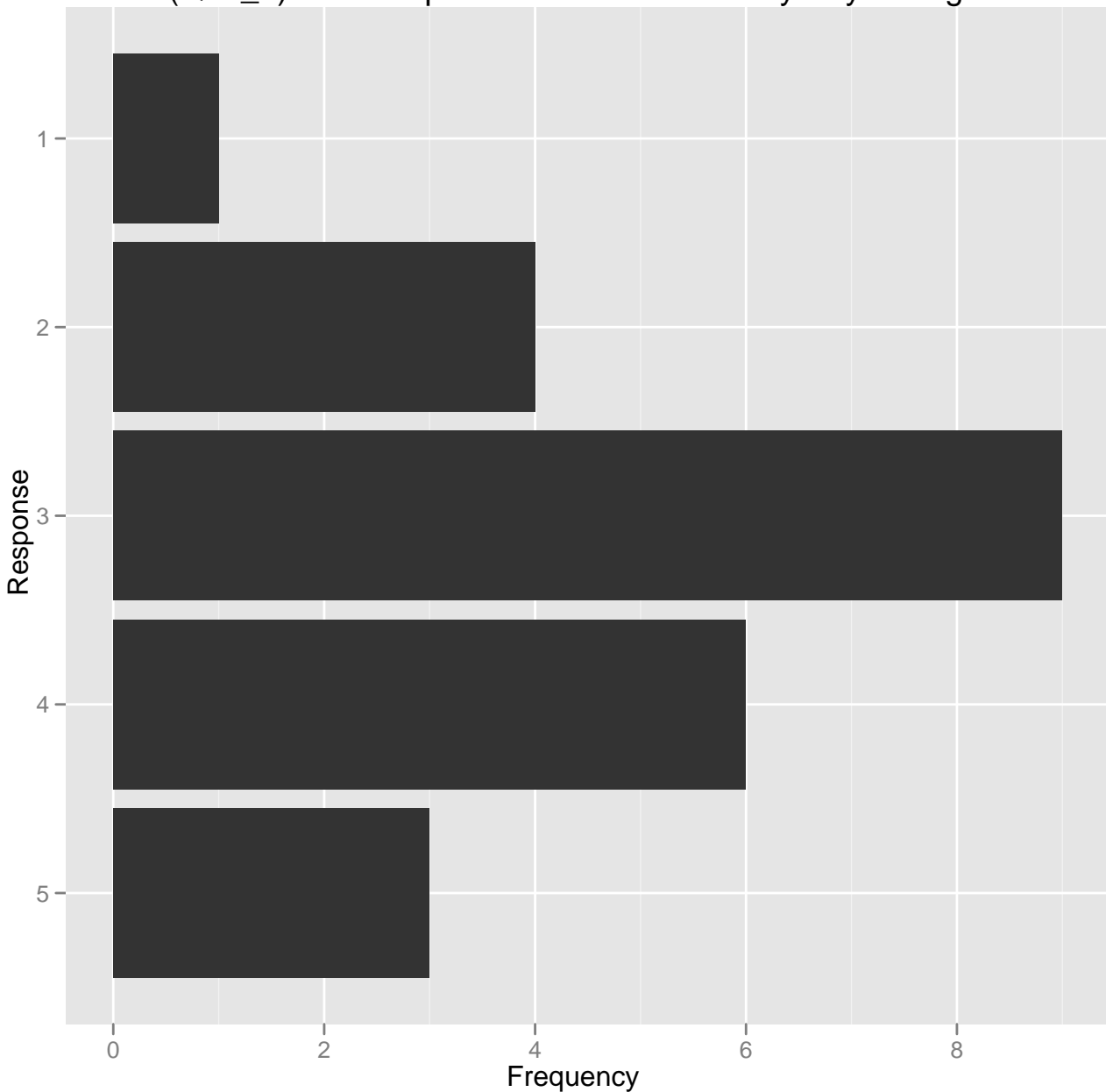
# P078 (Q48\_7):My partner and I worked together physically



079 (Q48\_8):I approached my labor through conscious reasoning and/or rationali

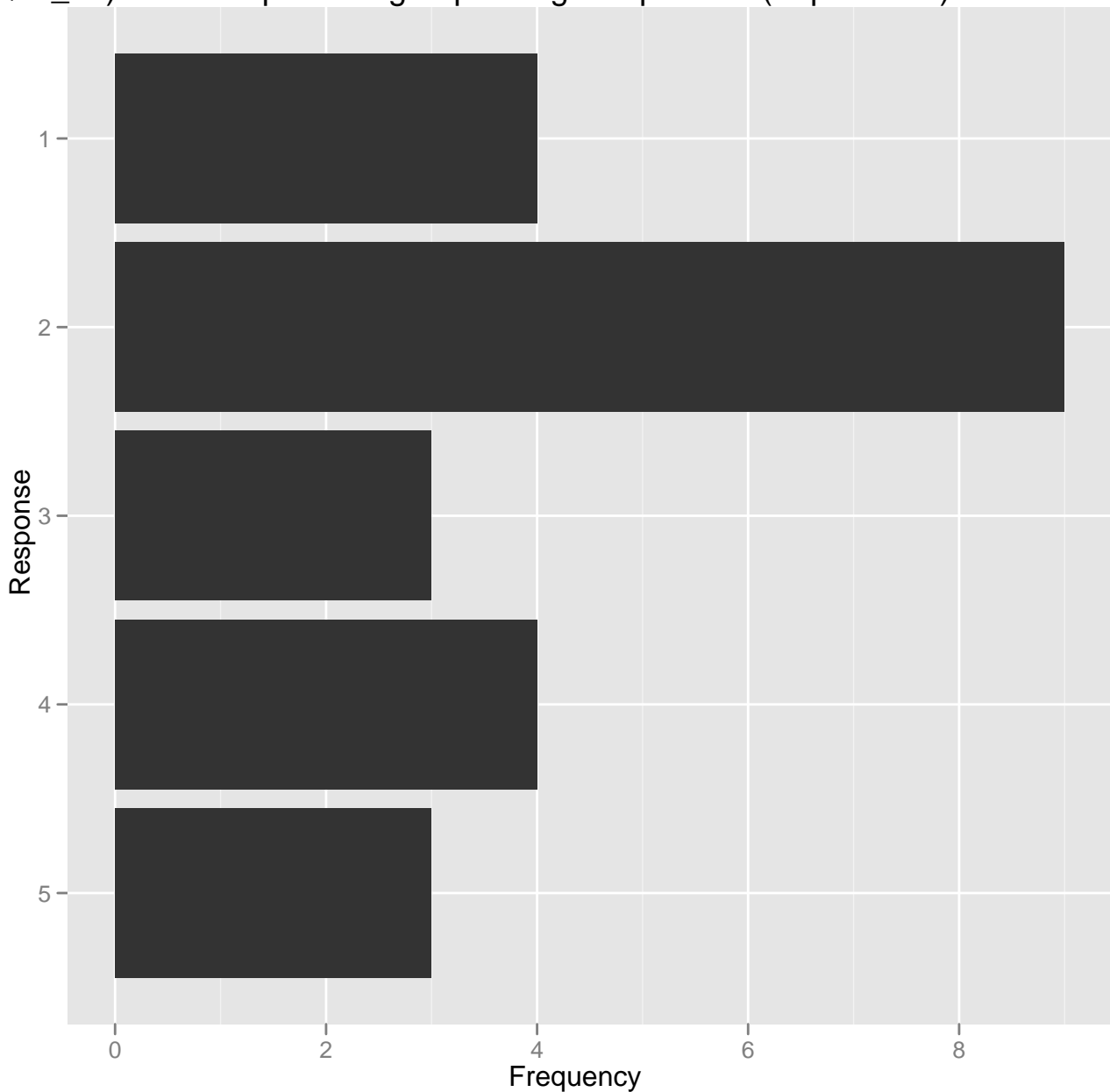


P080 (Q48\_9):I tried to problem solve or think my way through labor

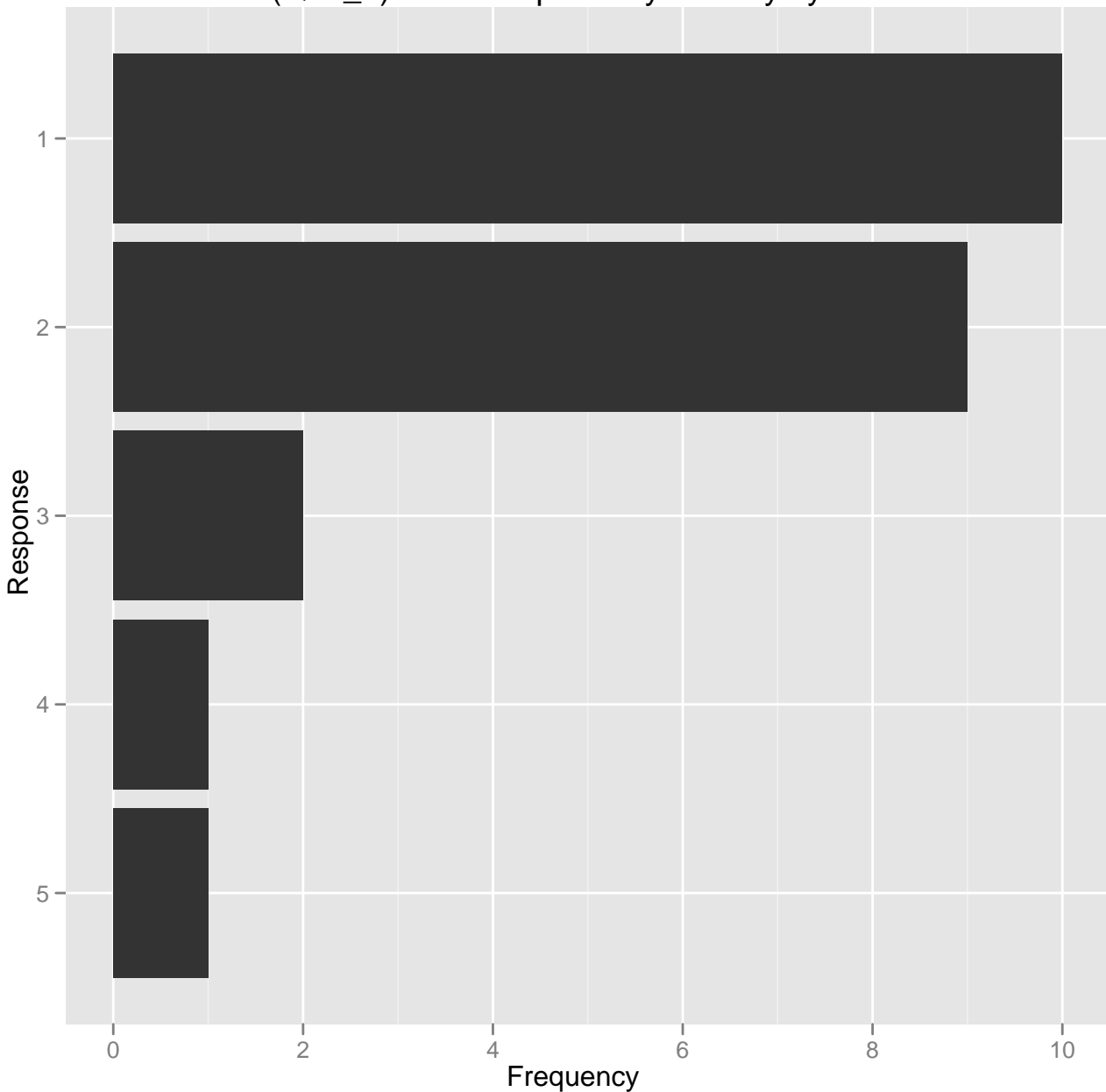




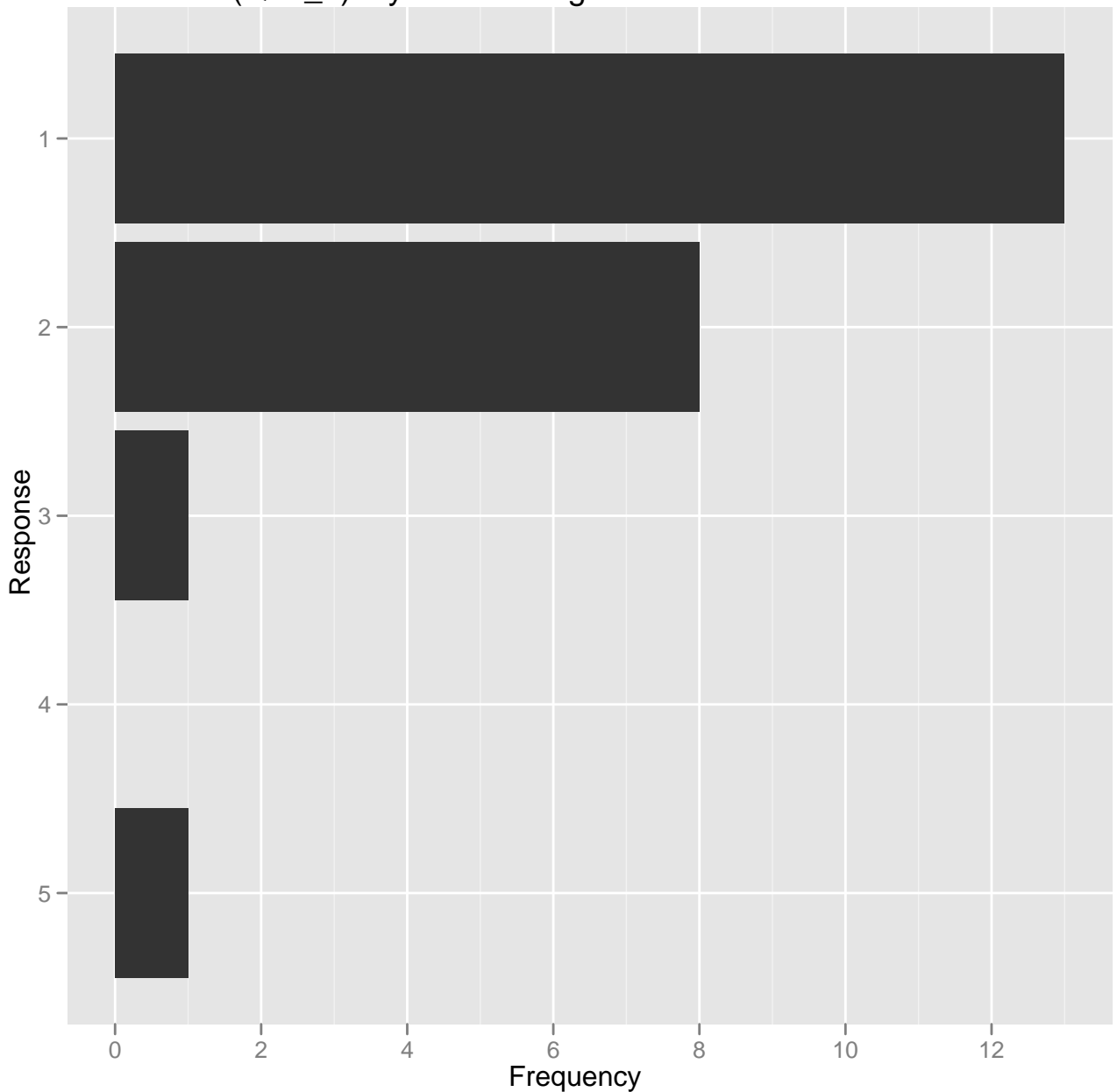
(Q48\_10):I ended up laboring or pushing in a position (or positions) that I did not p



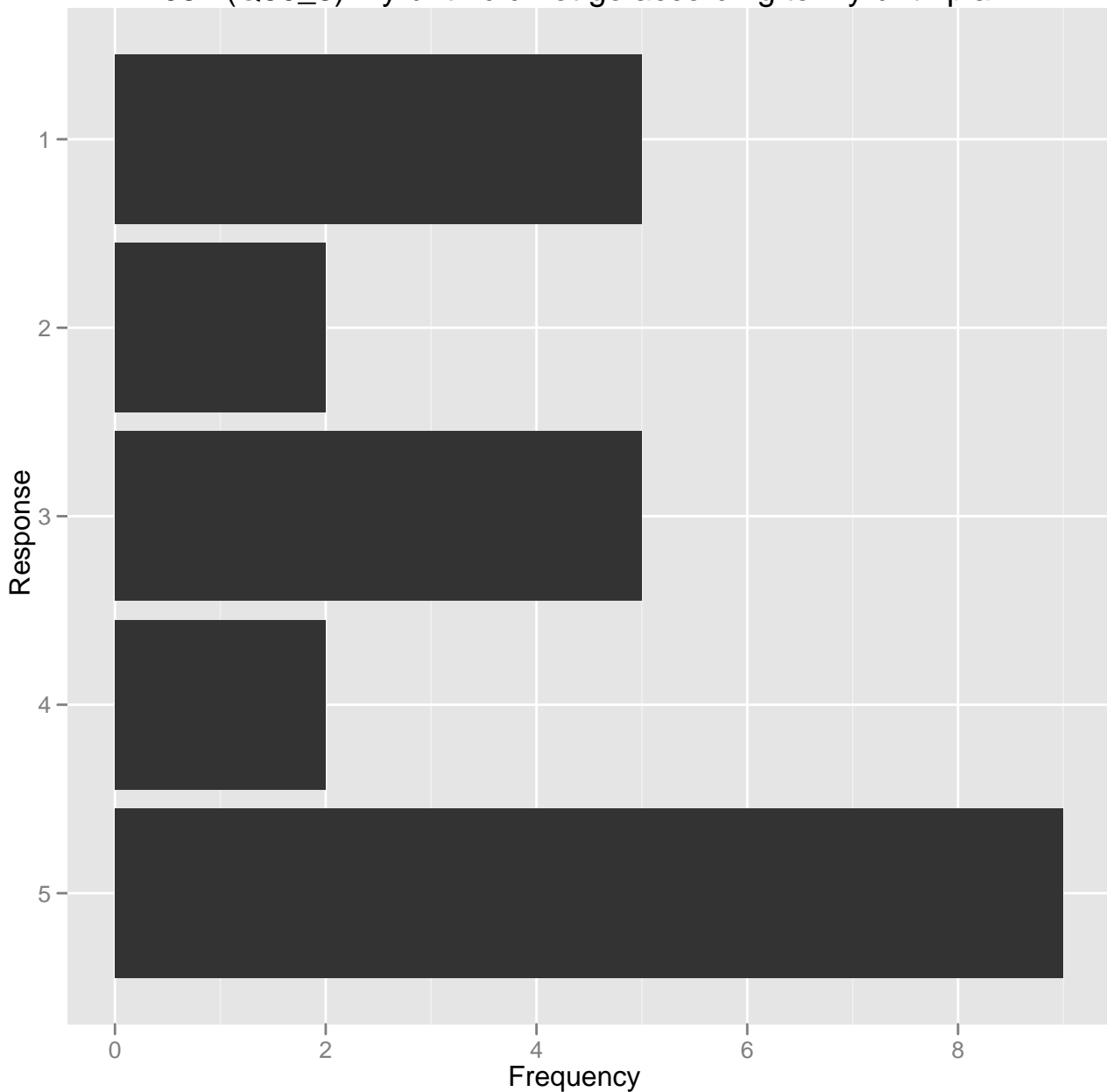
P082 (Q50\_1):I labored primarily with my eyes closed



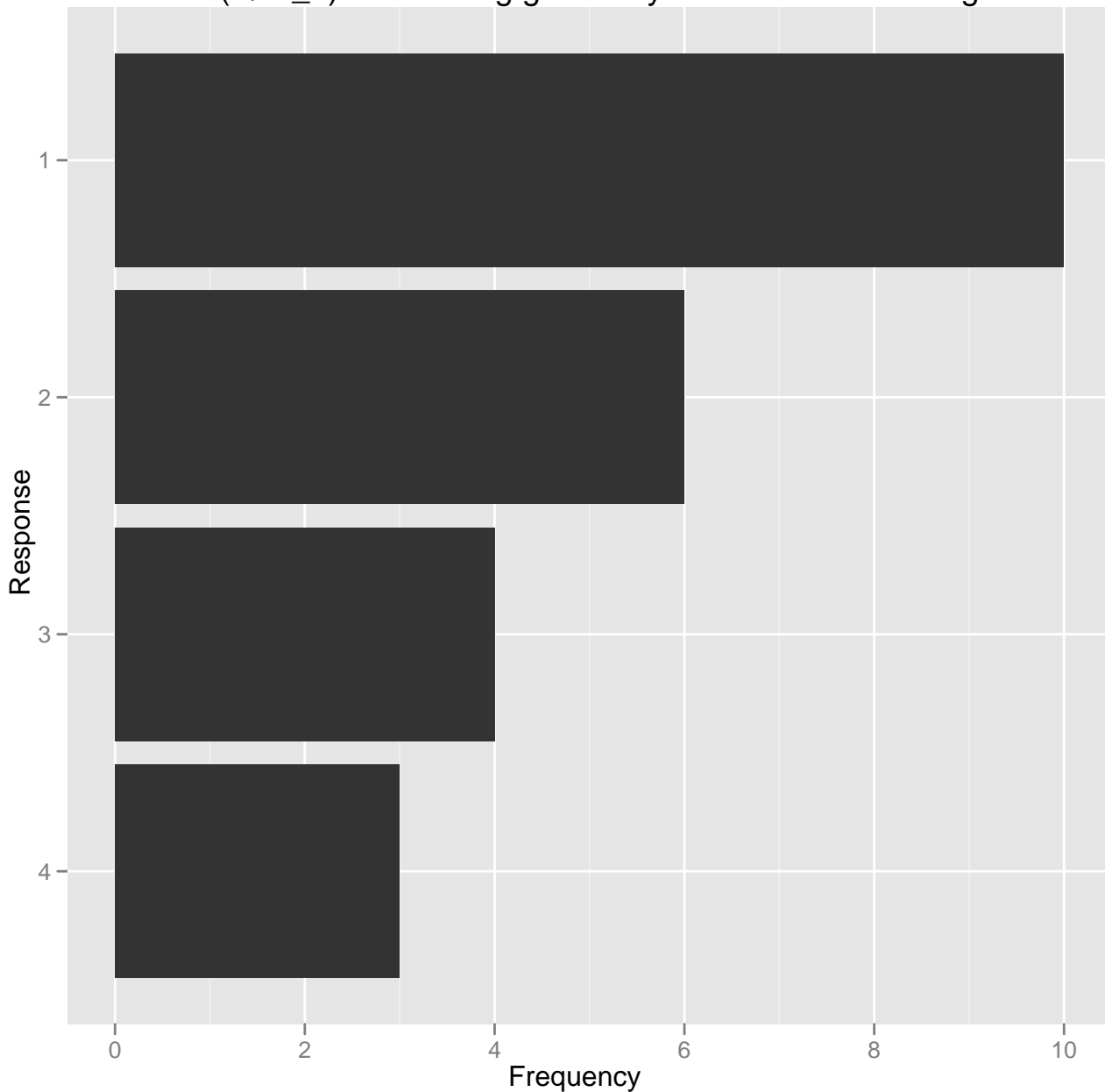
P083 (Q50\_2):My surroundings were calm and comfortable



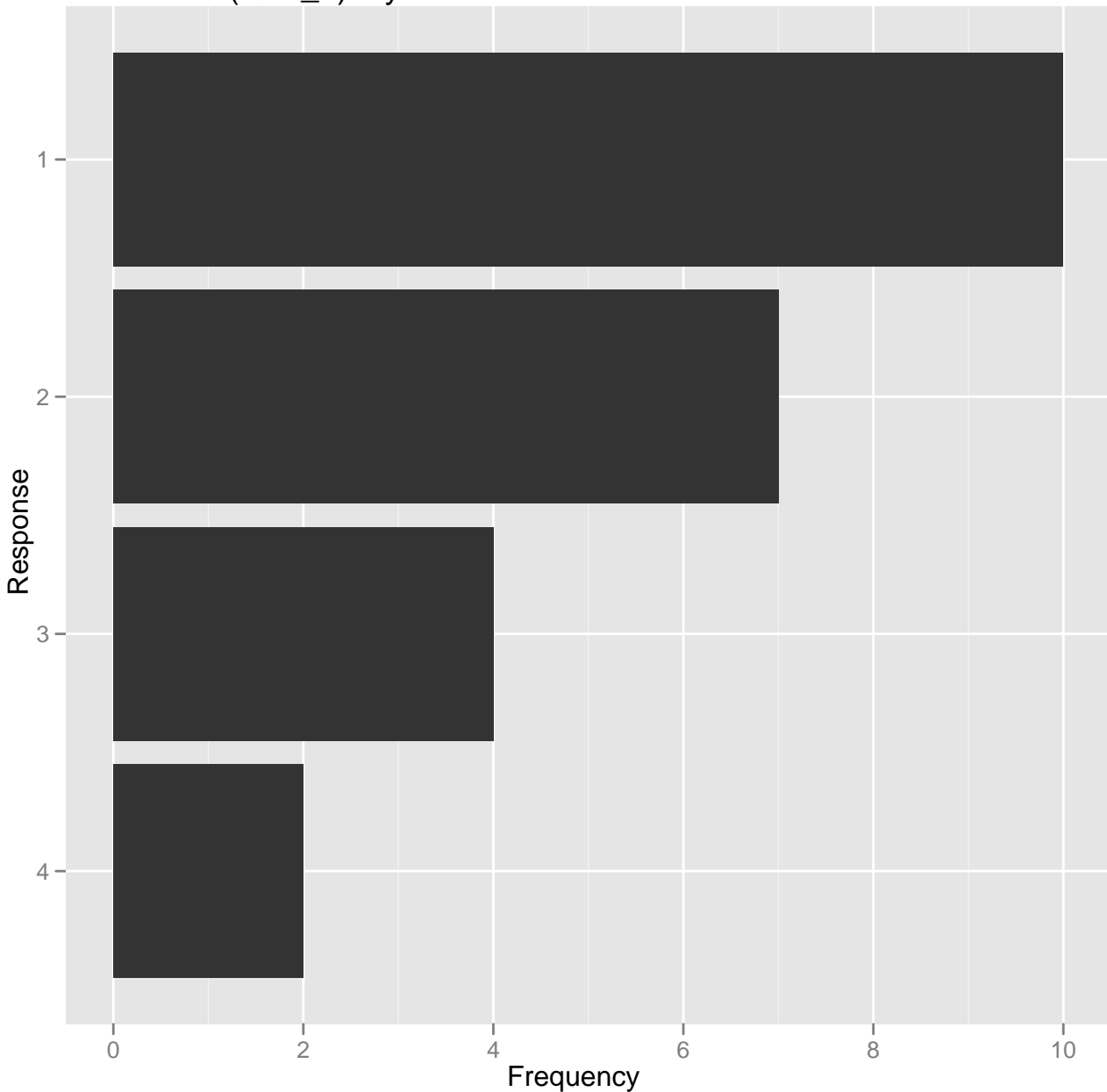
P084 (Q50\_3):My birth did not go according to my birth plan



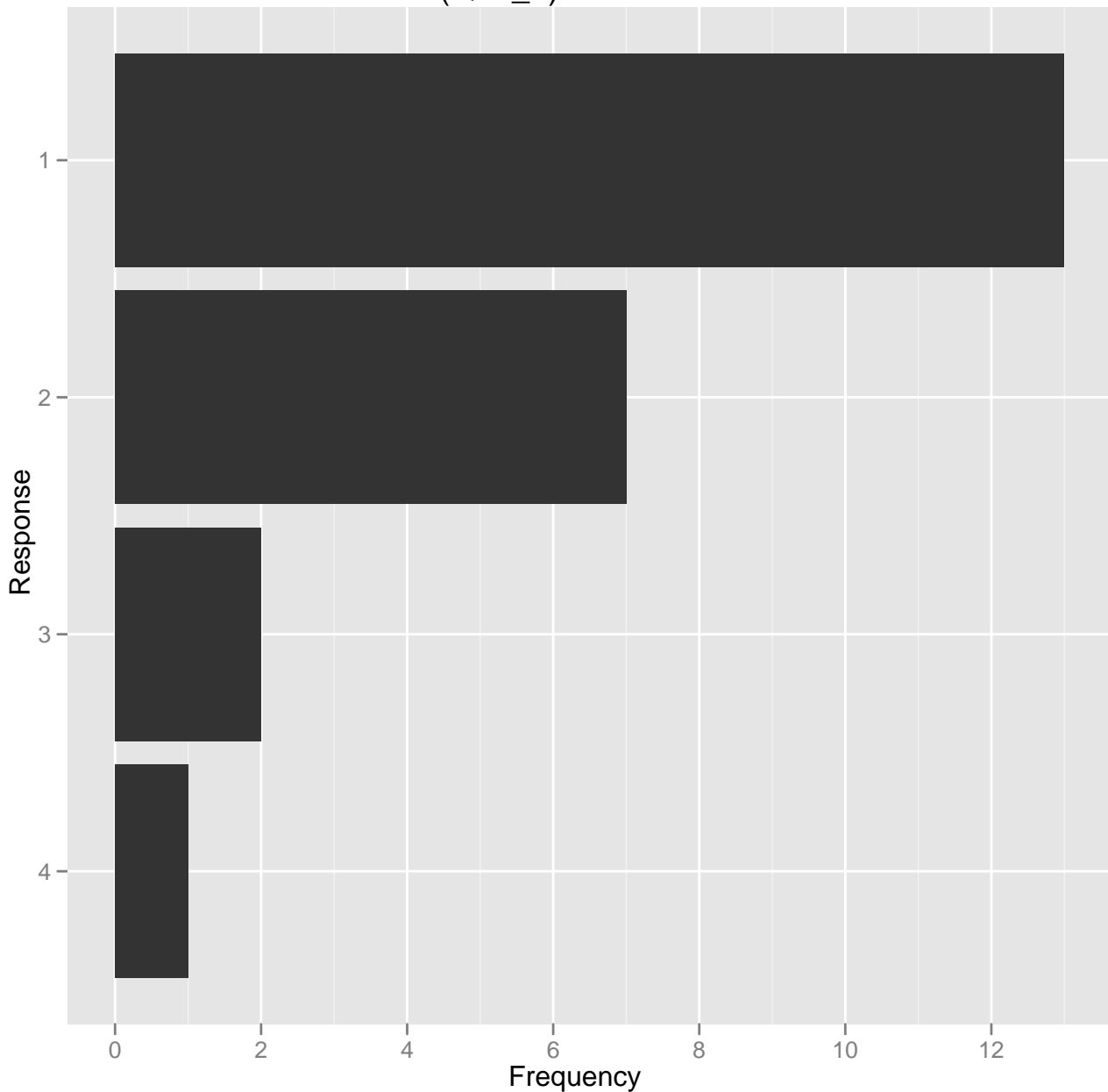
P085 (Q50\_4):I was being guided by a sense of ...knowing...



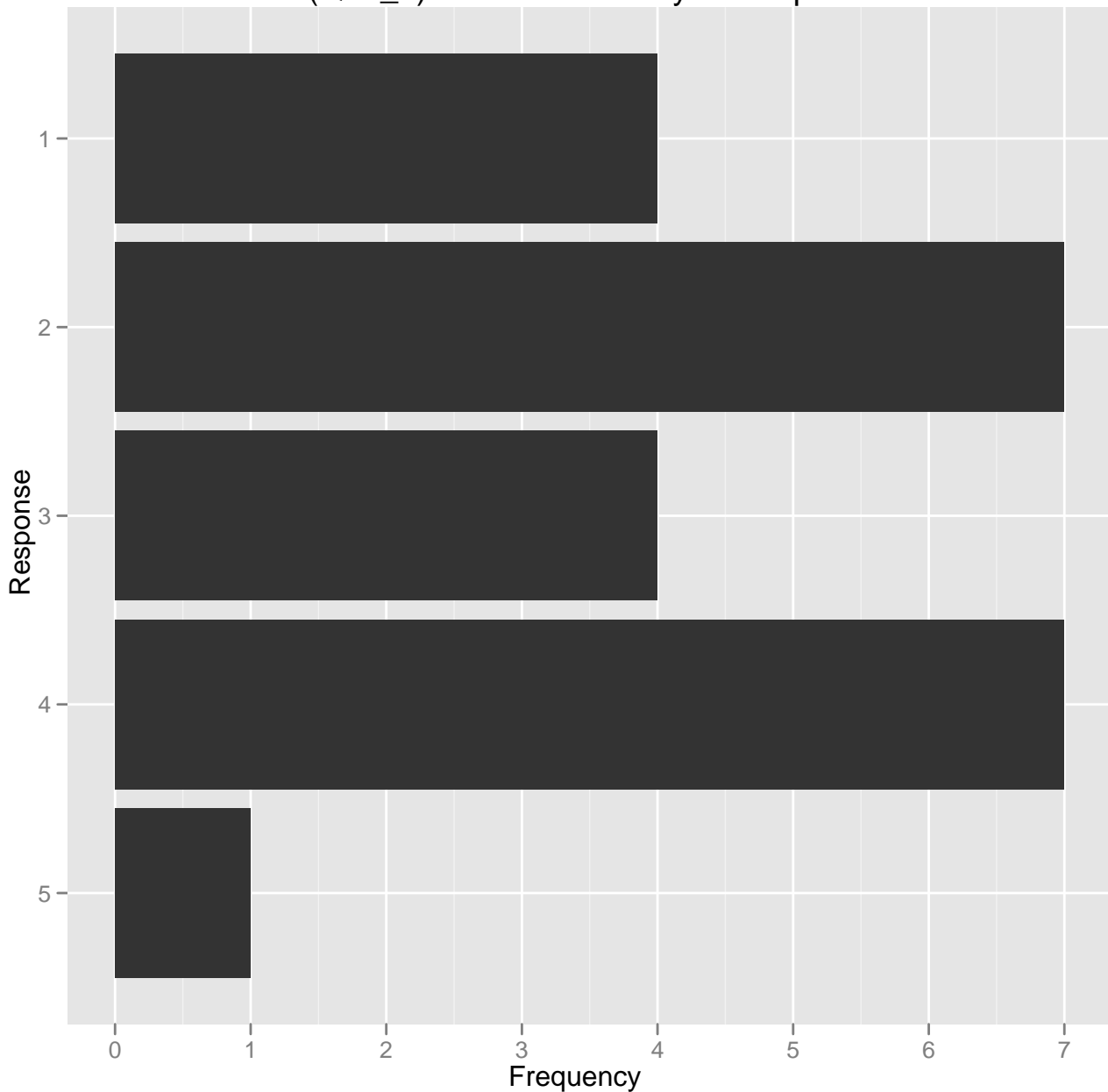
P086 (Q50\_5):My behavior was intuitive rather than rational



P087 (Q50\_6):I felt uninhibited

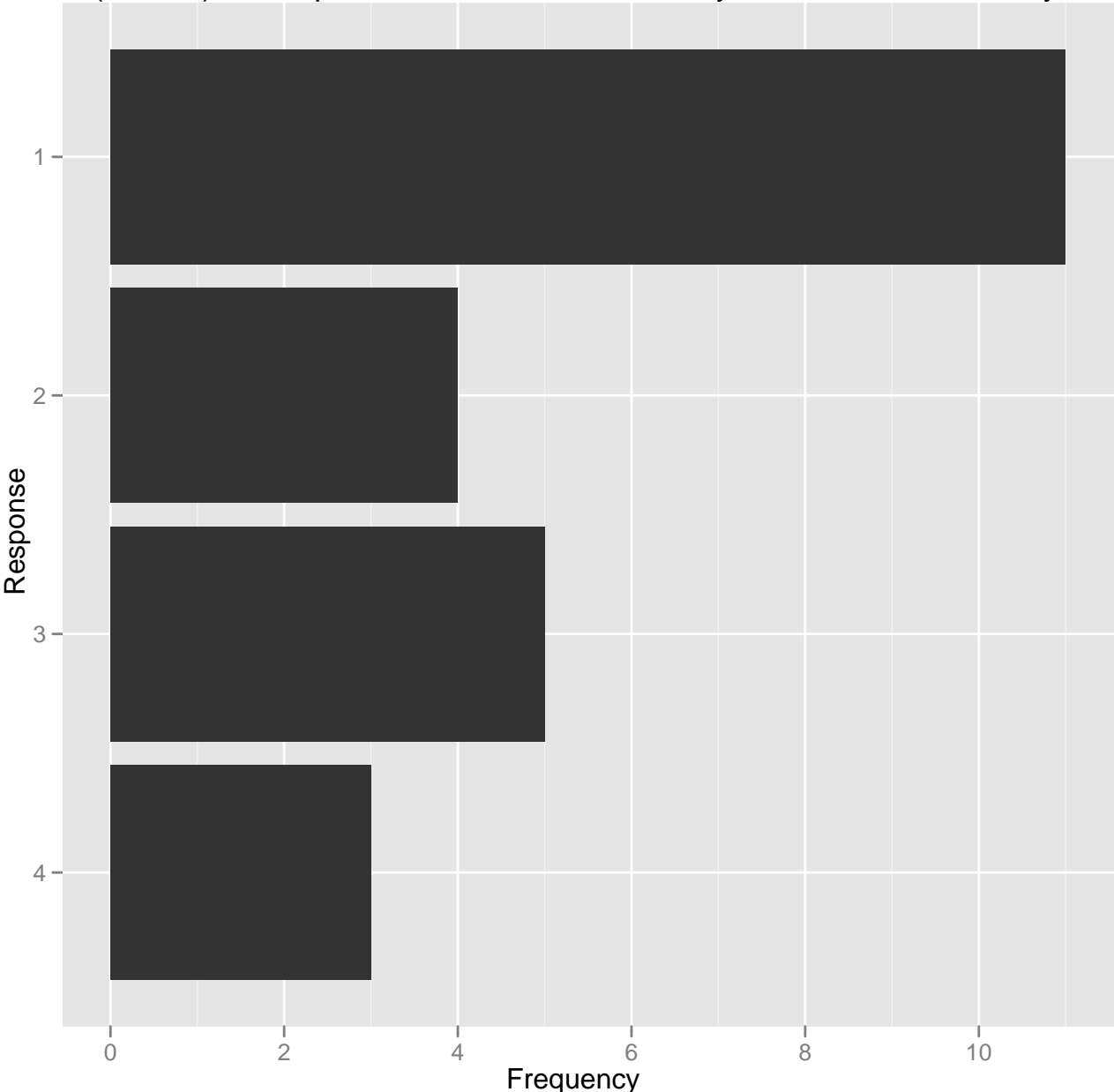


P088 (Q50\_7):I behaved exactly as I expected to

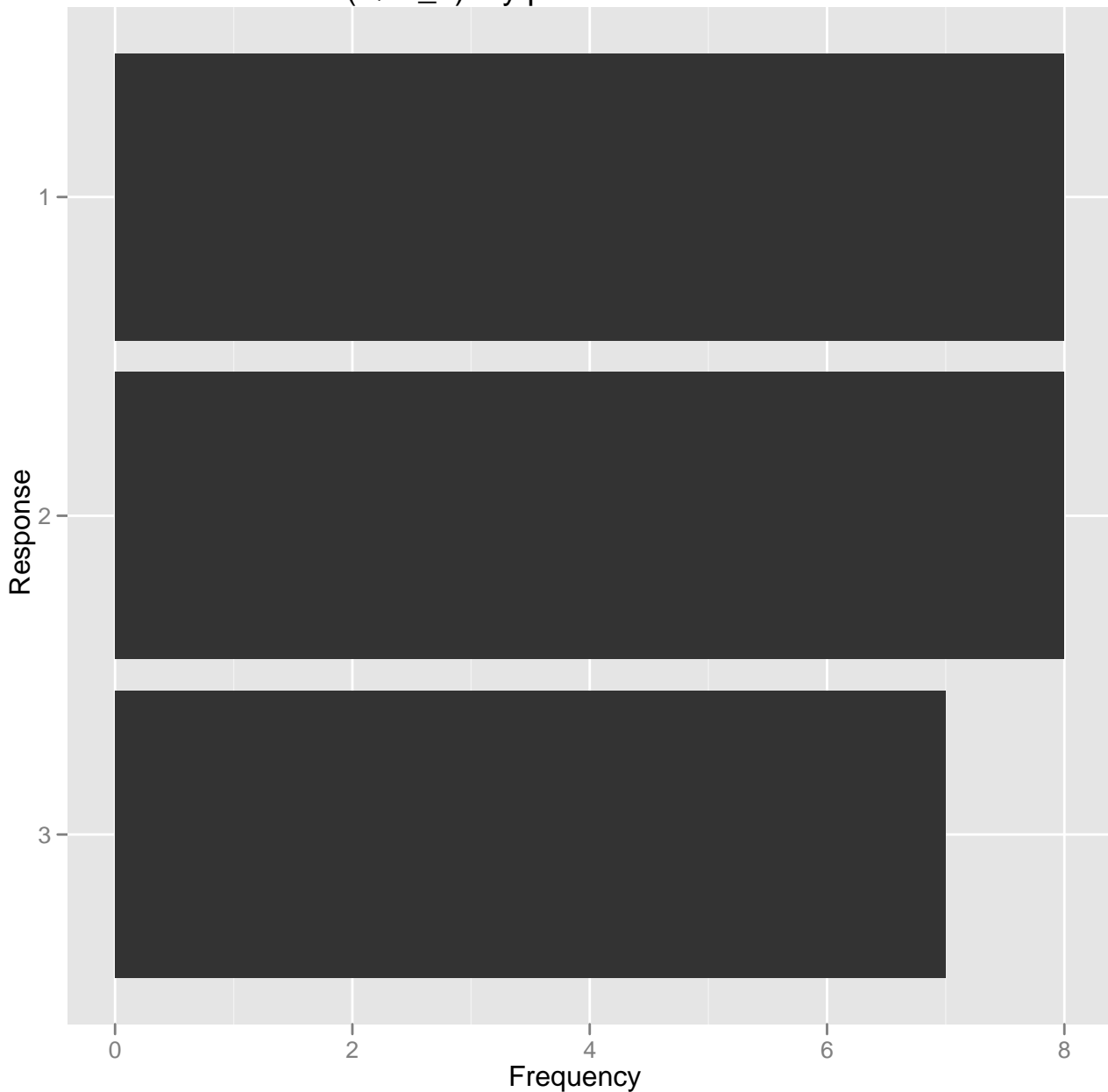




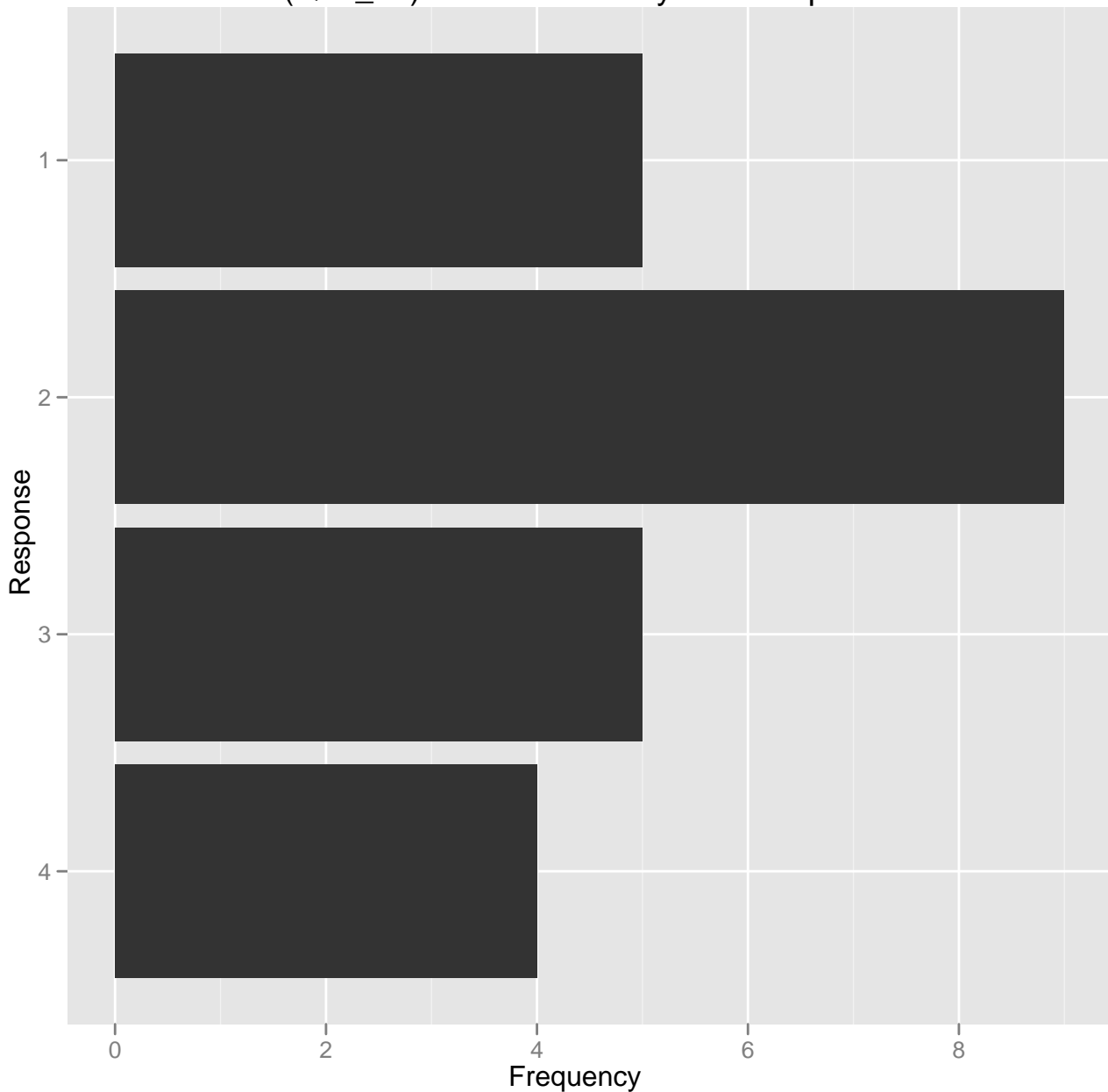
P089 (Q50\_8):I relinquished rational control of myself and listened to my body



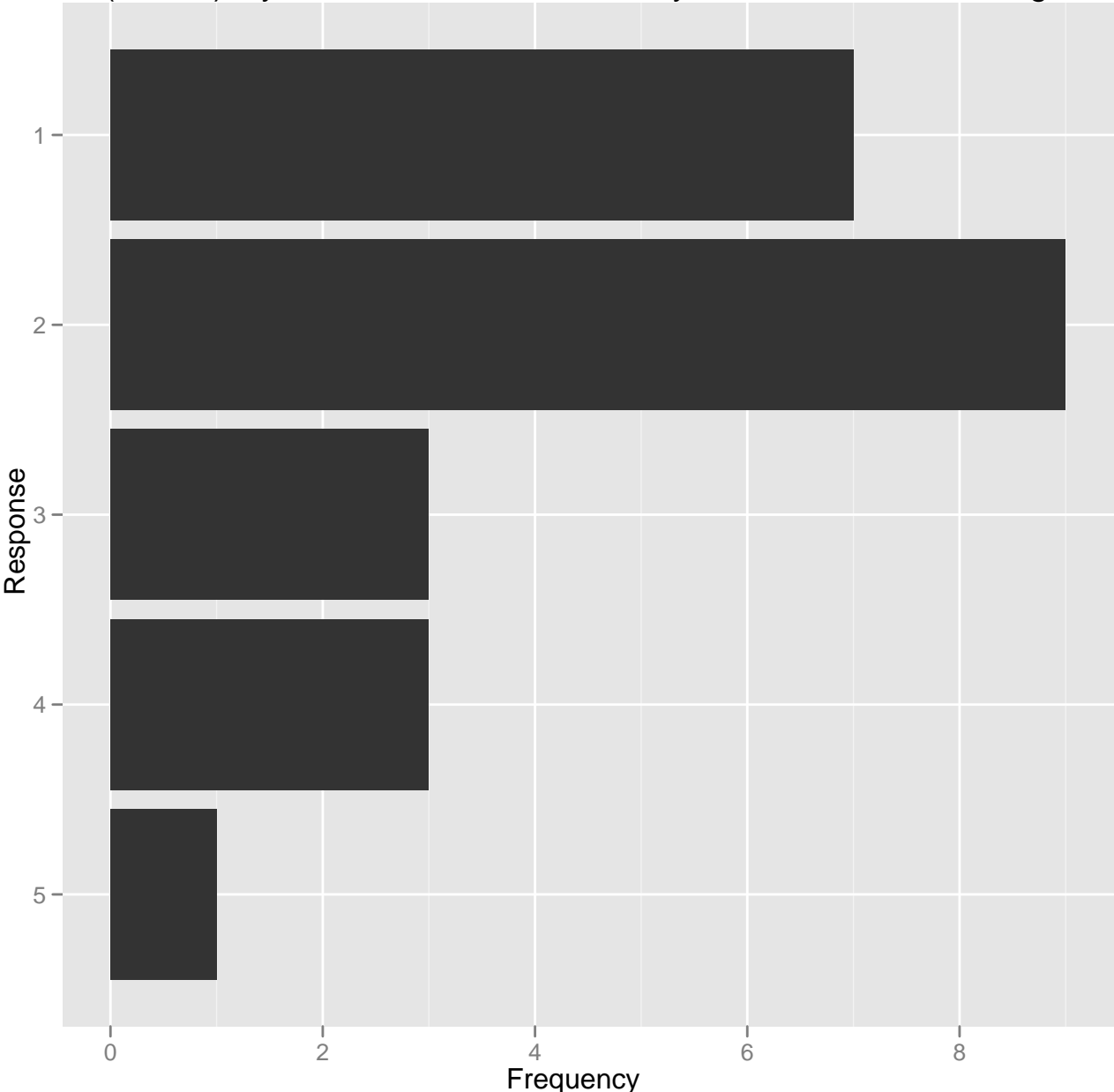
# P090 (Q50\_9):My partner and I felt intimate



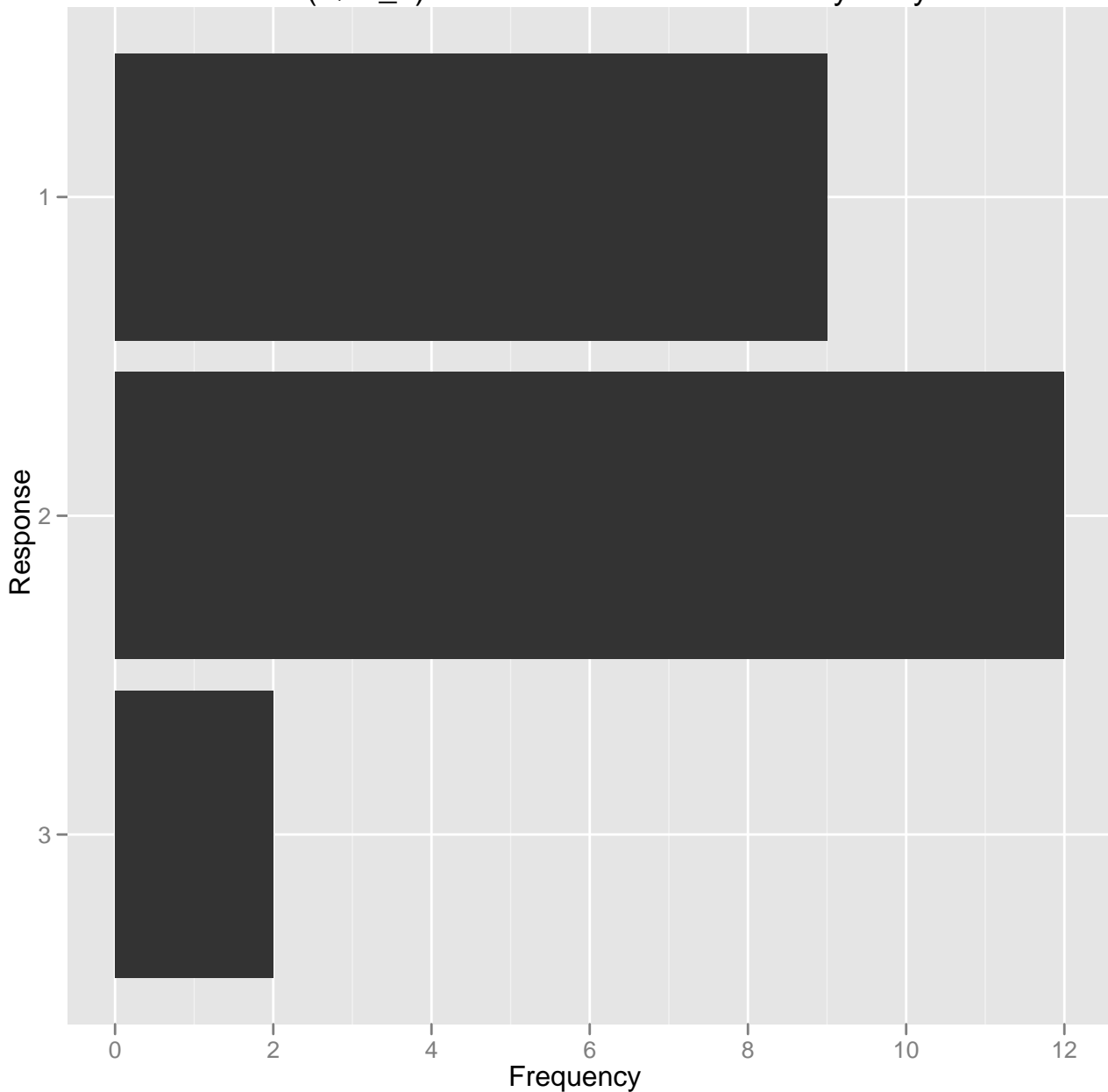
# P091 (Q50\_10):I behaved in ways that surprised me



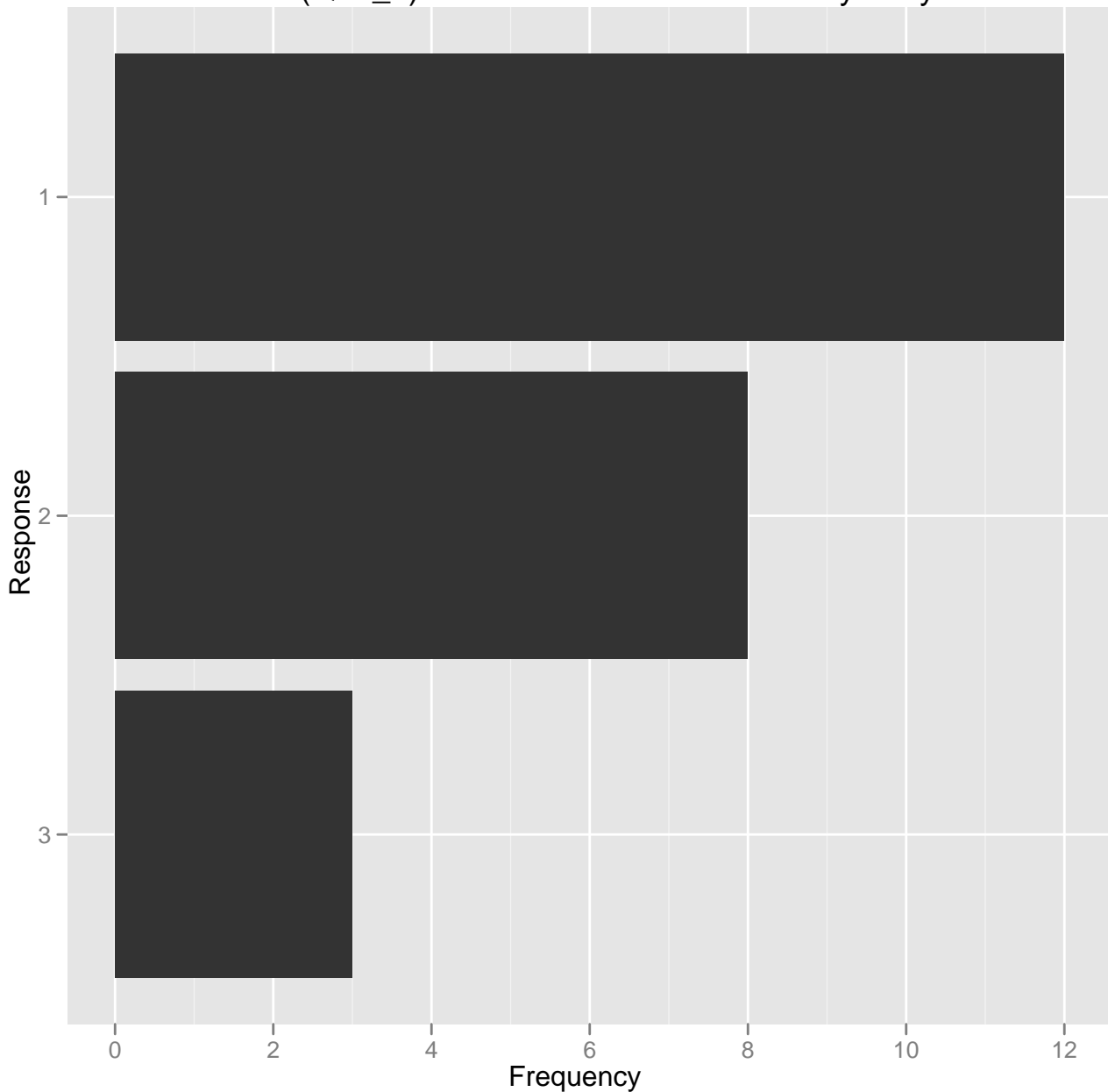
P092 (Q51\_1):My birth environment was ...my turf... and I was in charge of it



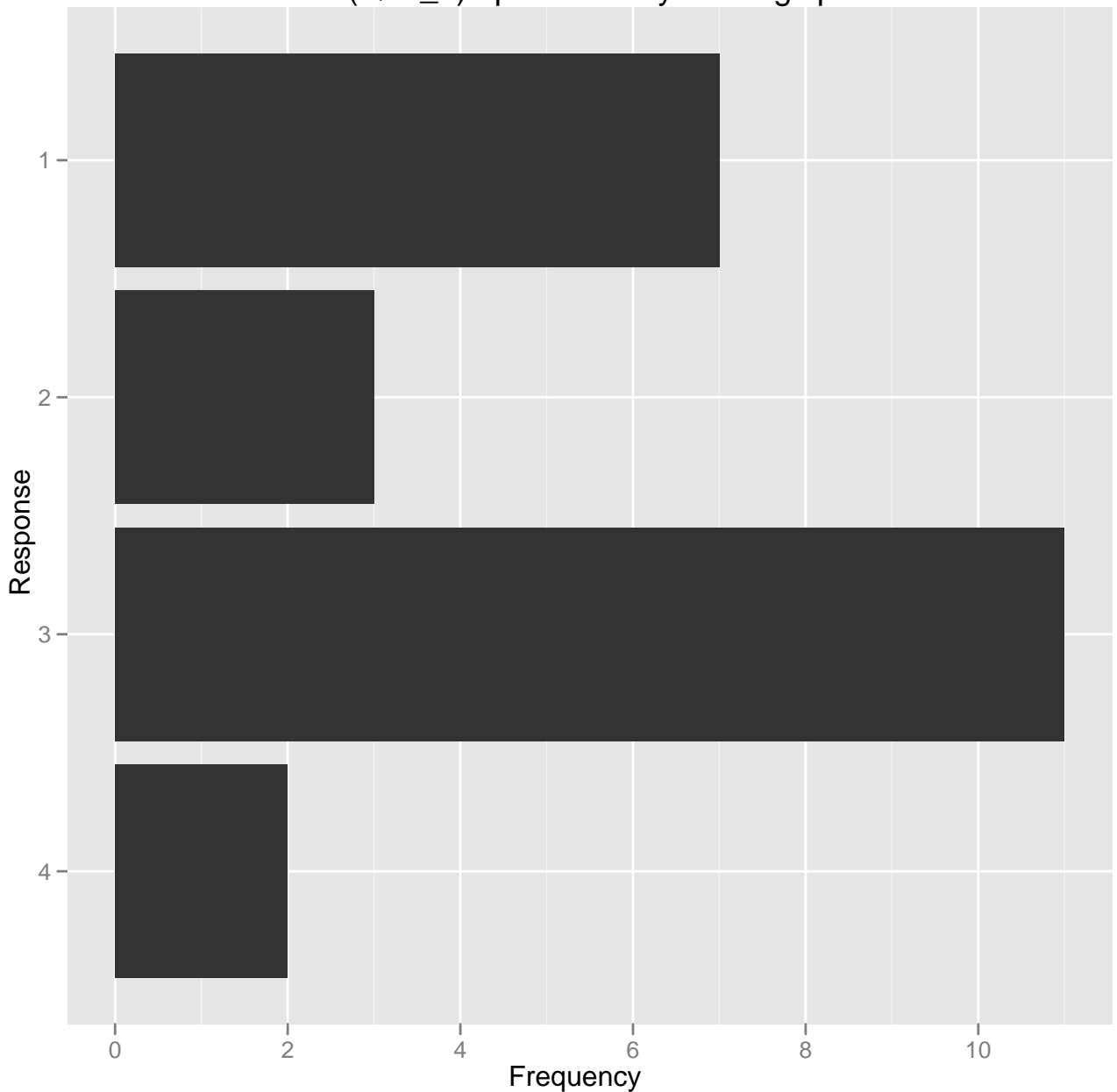
P093 (Q51\_2):I was aware of cues from my body



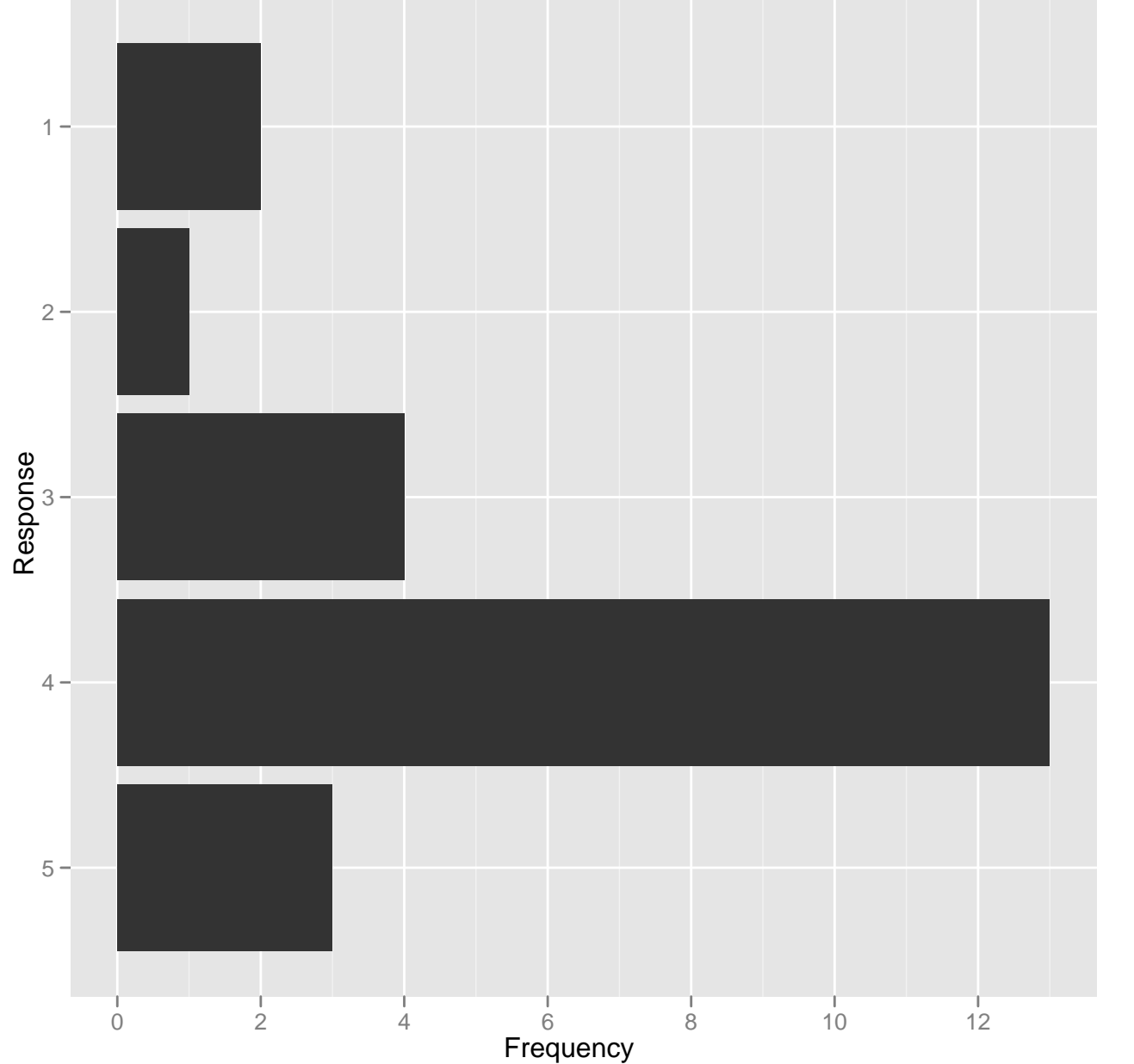
P094 (Q51\_3):I listened to the cues from my body



# P095 (Q51\_4):I protected by birthing space

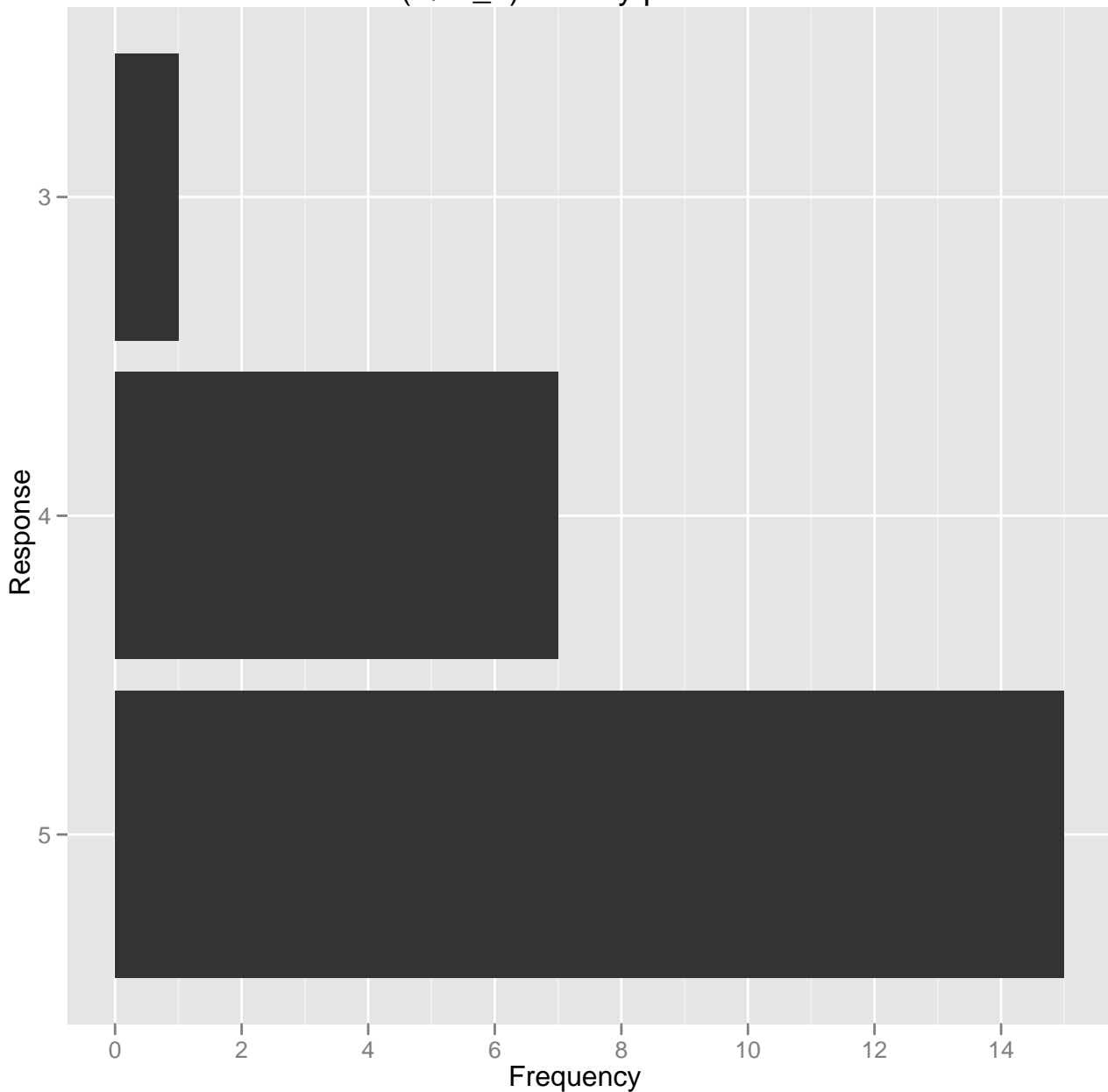


P096 (Q51\_5):I could not respond to others if they talked or asked me questions

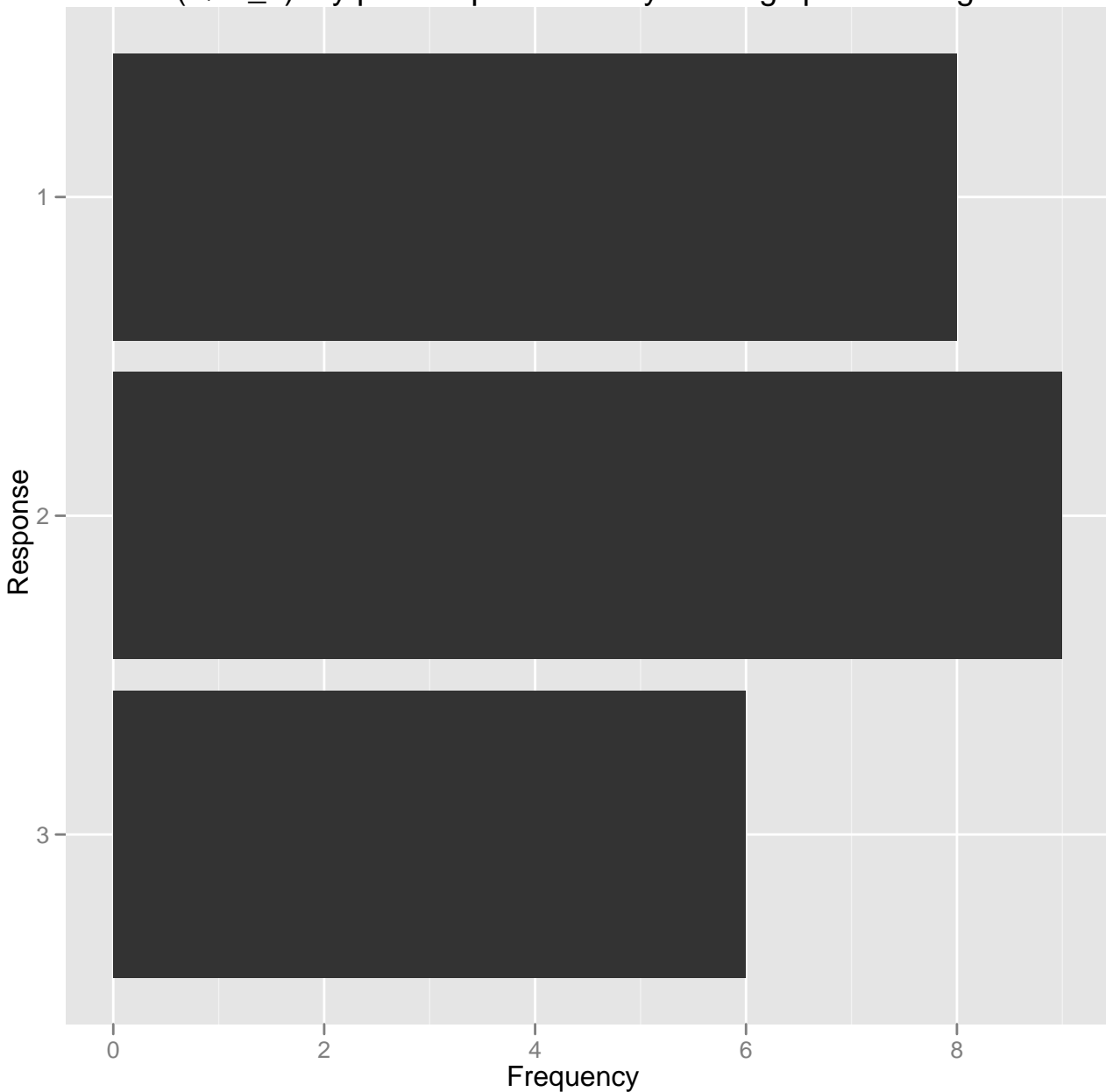




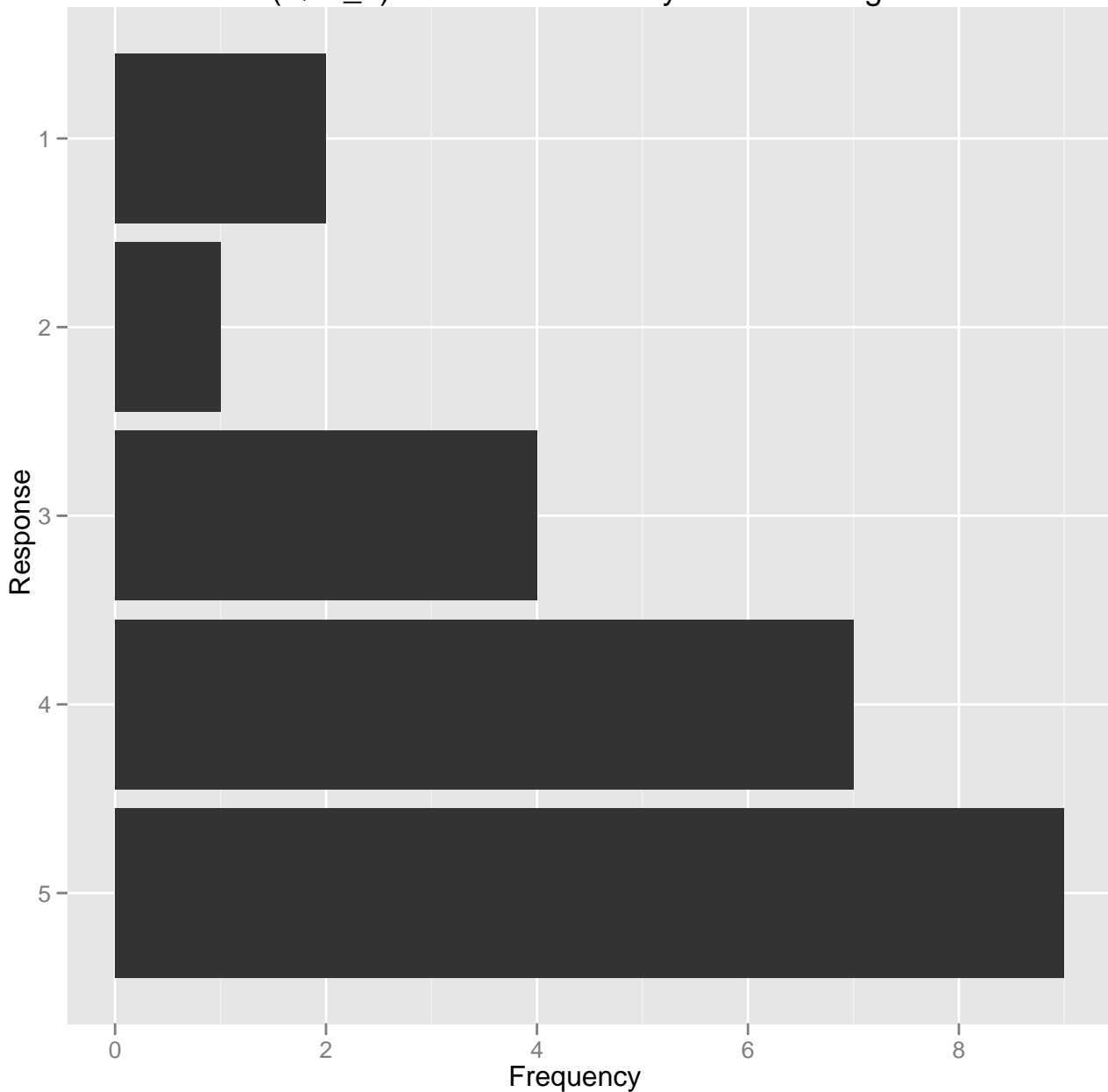
P097 (Q51\_6):I let my partner down



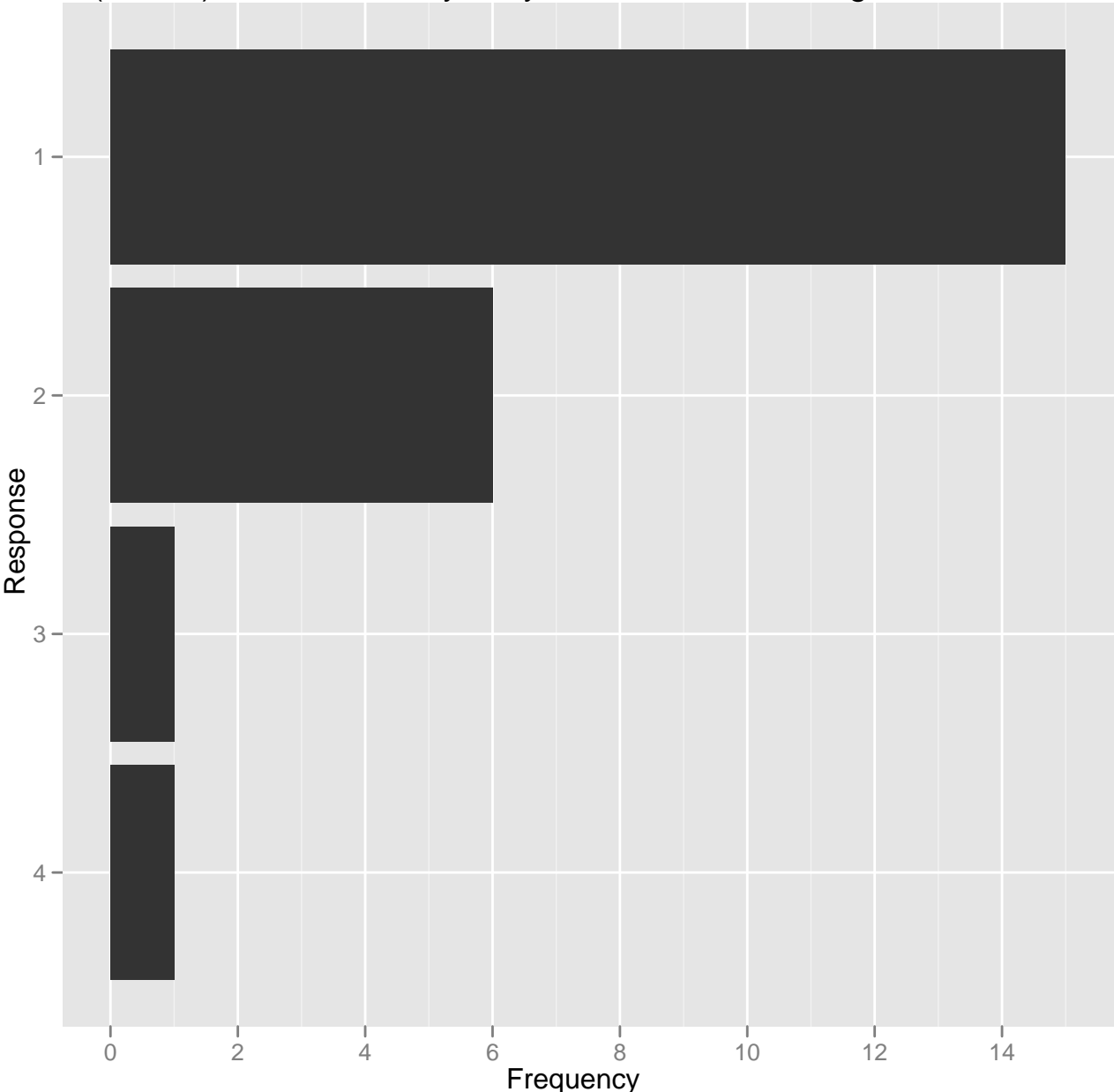
P098 (Q51\_7):My partner protected my birthing space during labor



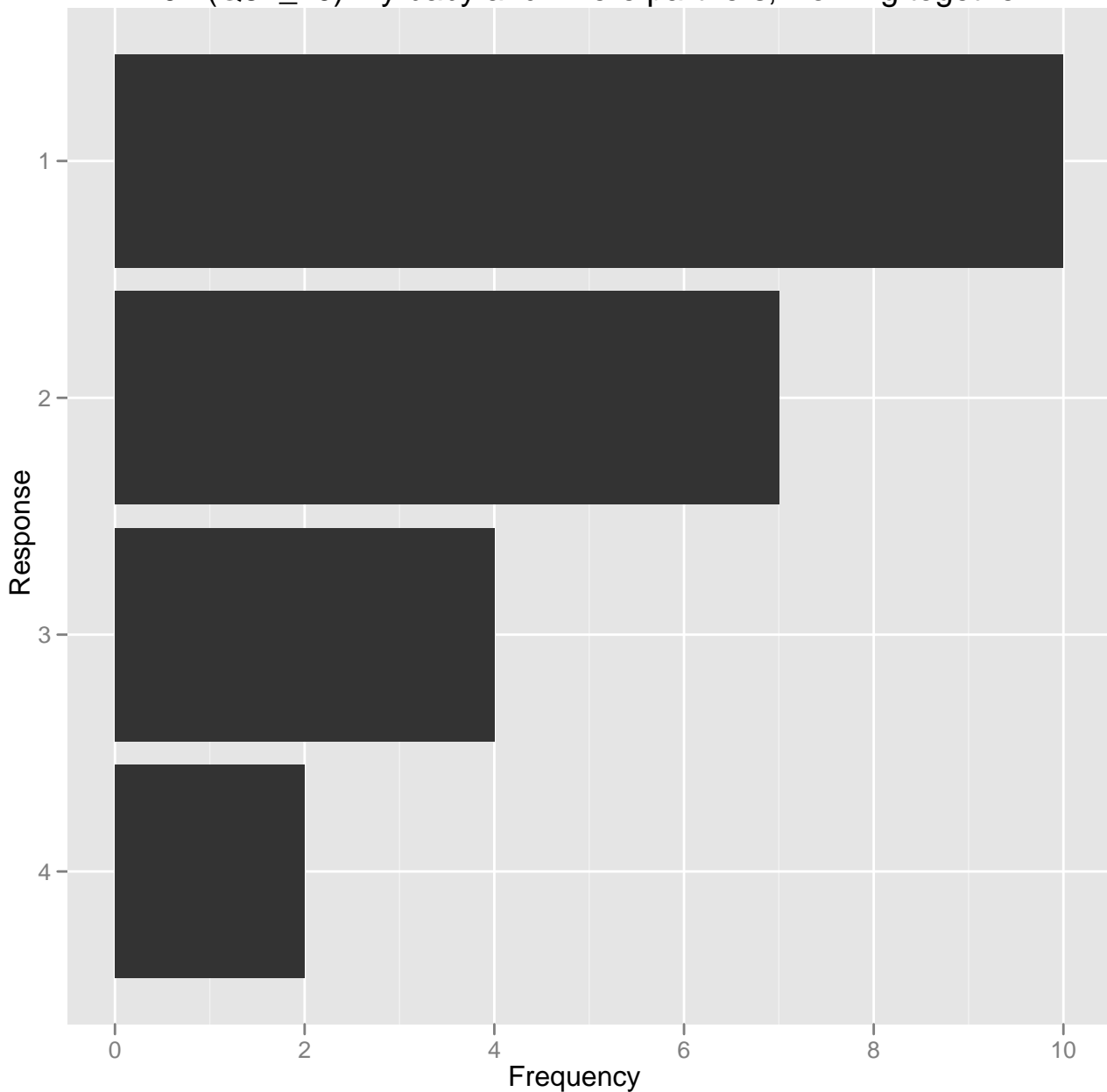
# P099 (Q51\_8):I felt inhibited in my noises during labor



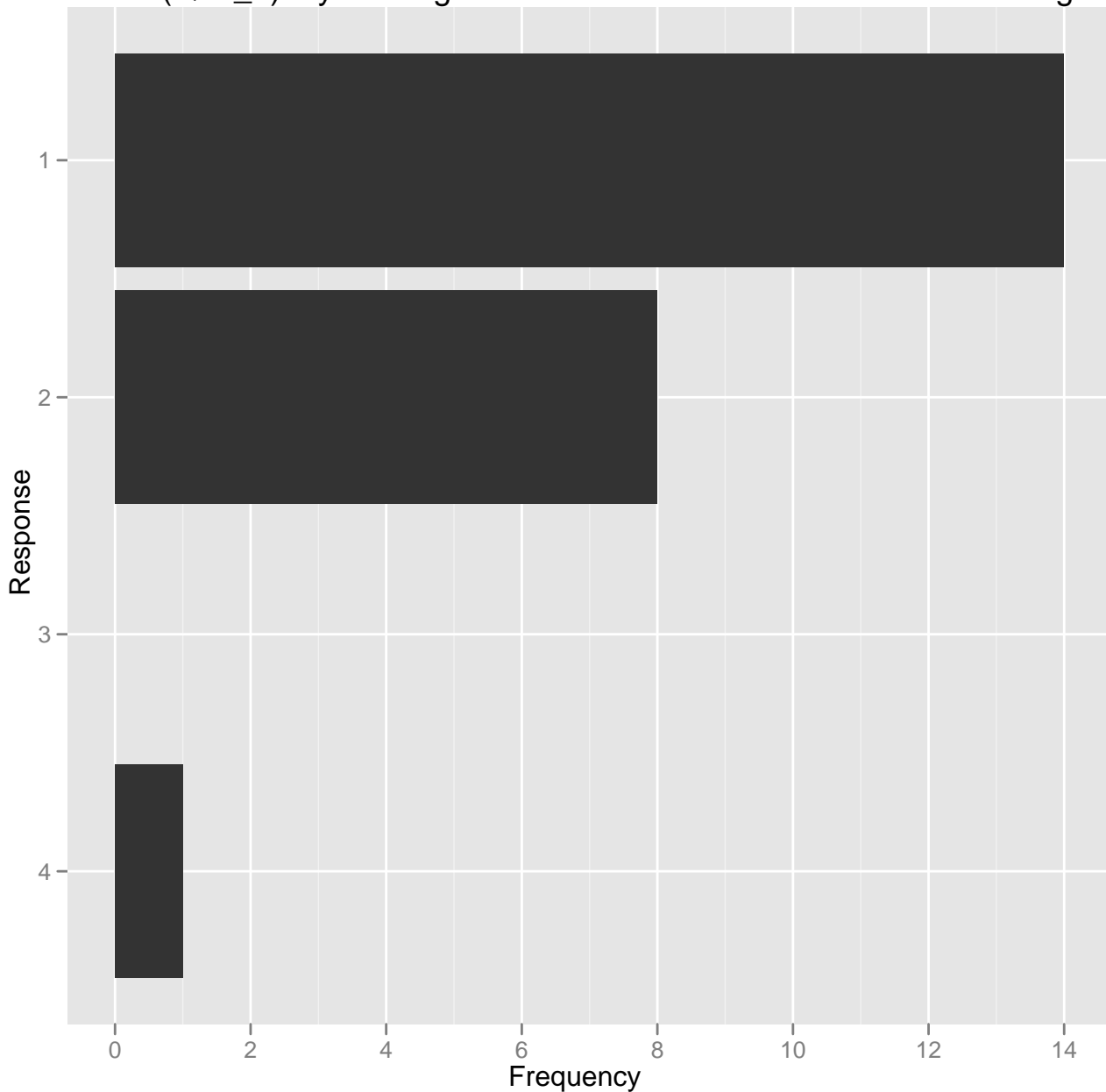
P100 (Q51\_9):I believe that my body holds the wisdom to give birth on its own



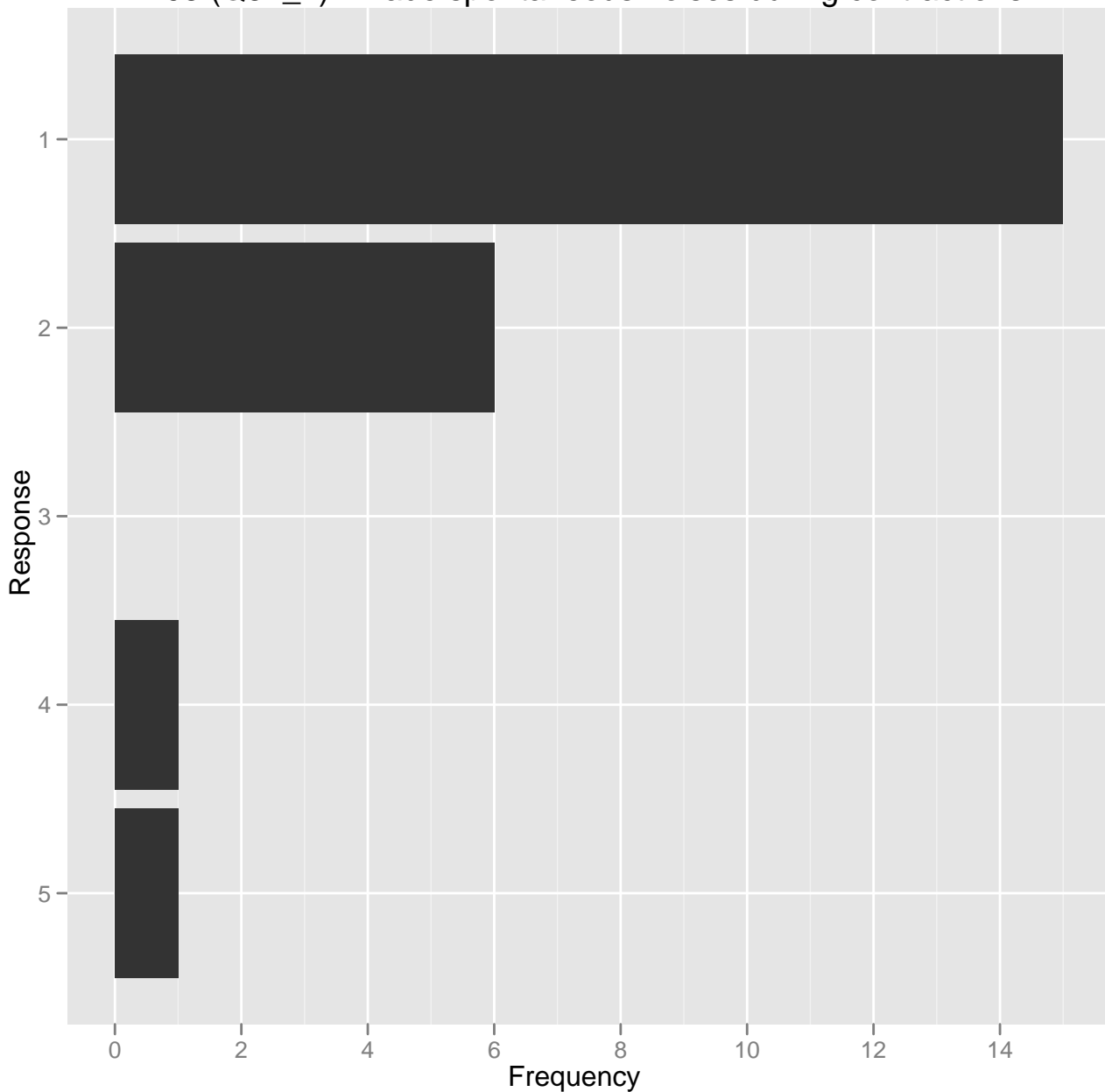
P101 (Q51\_10):My baby and I were partners, working together



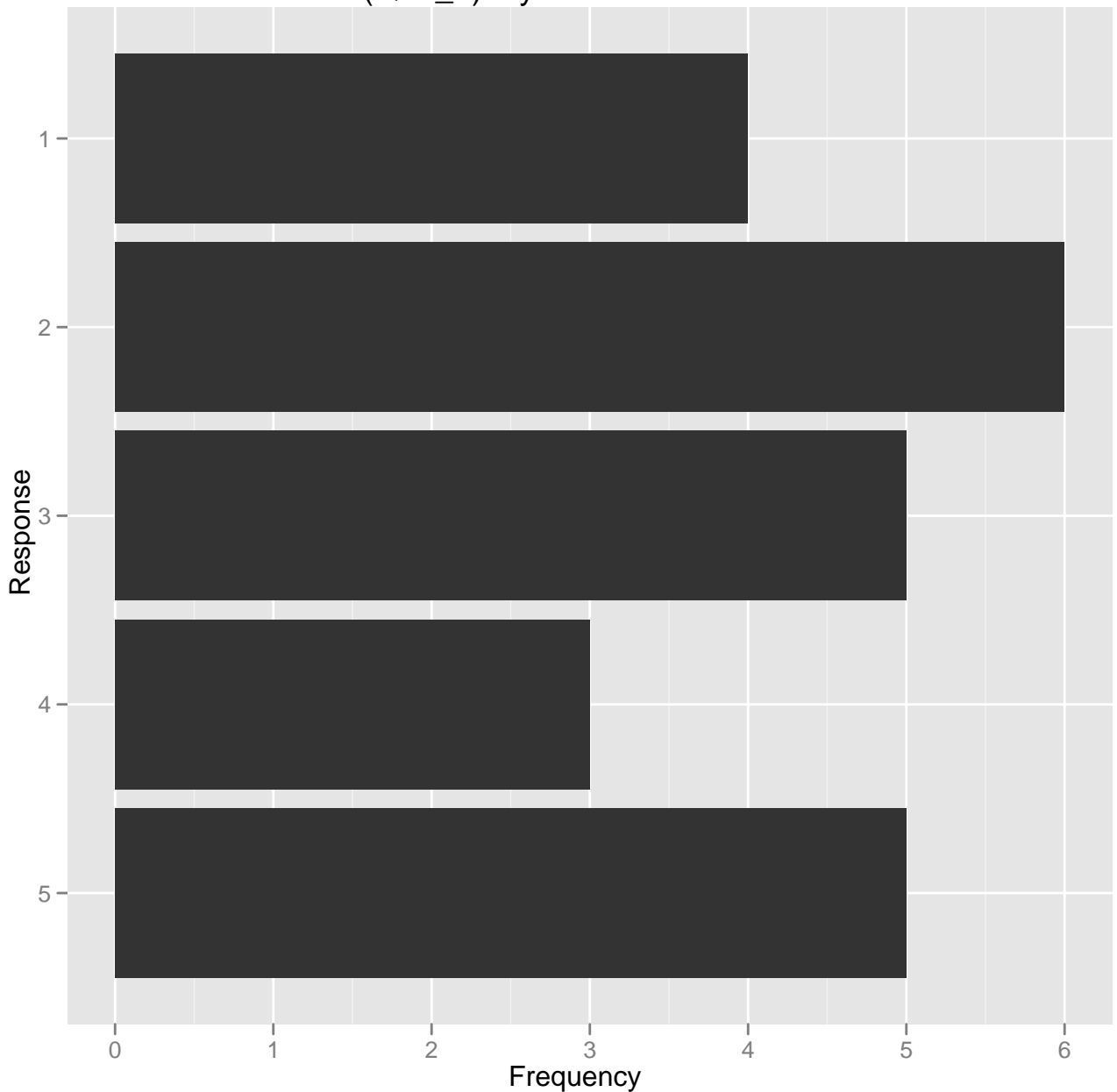
# P102 (Q52\_1):My birthing environment was comfortable and relaxing



P103 (Q52\_2):I made spontaneous noises during contractions

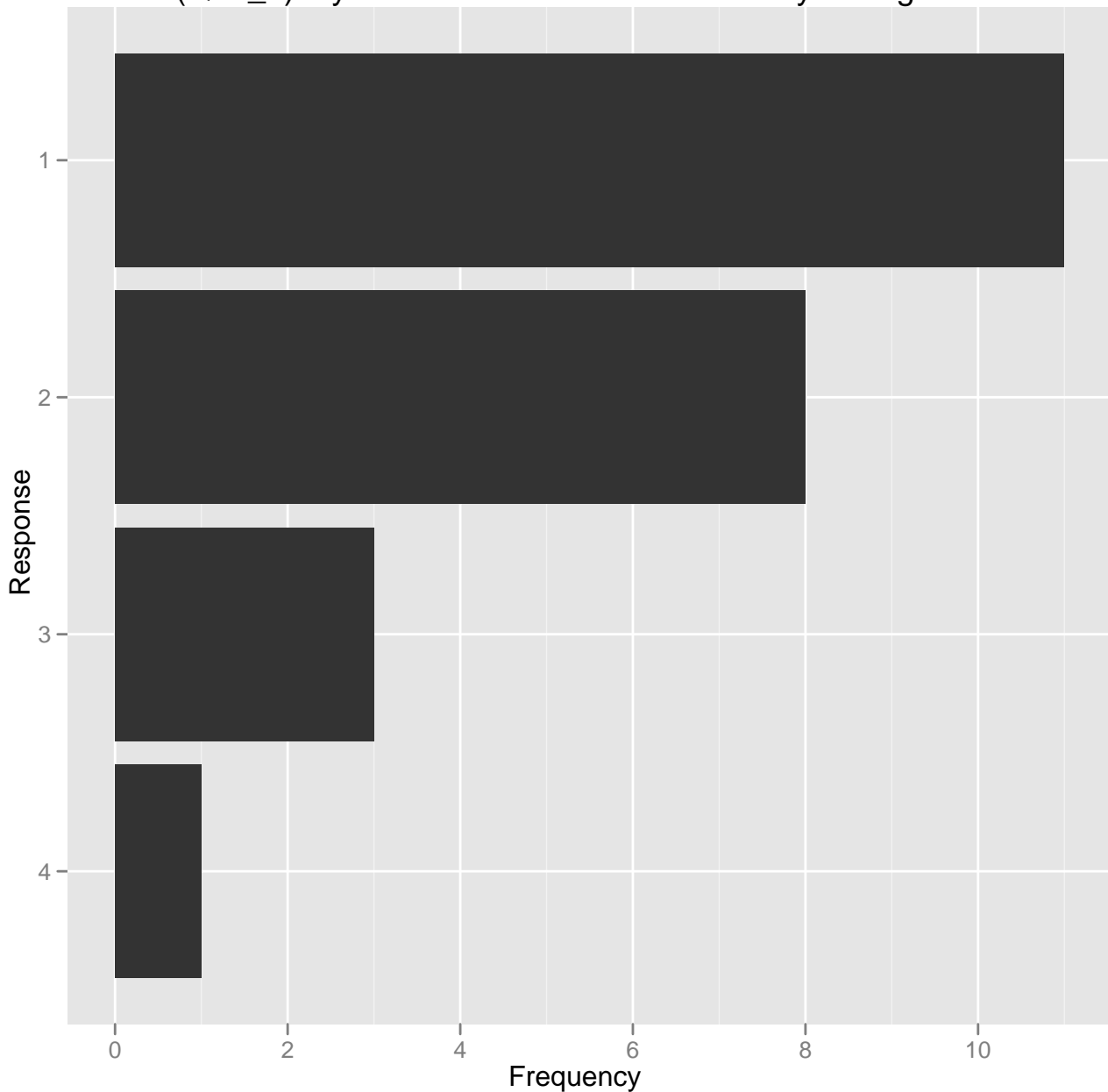


# P104 (Q52\_3):My sense of self dissolved

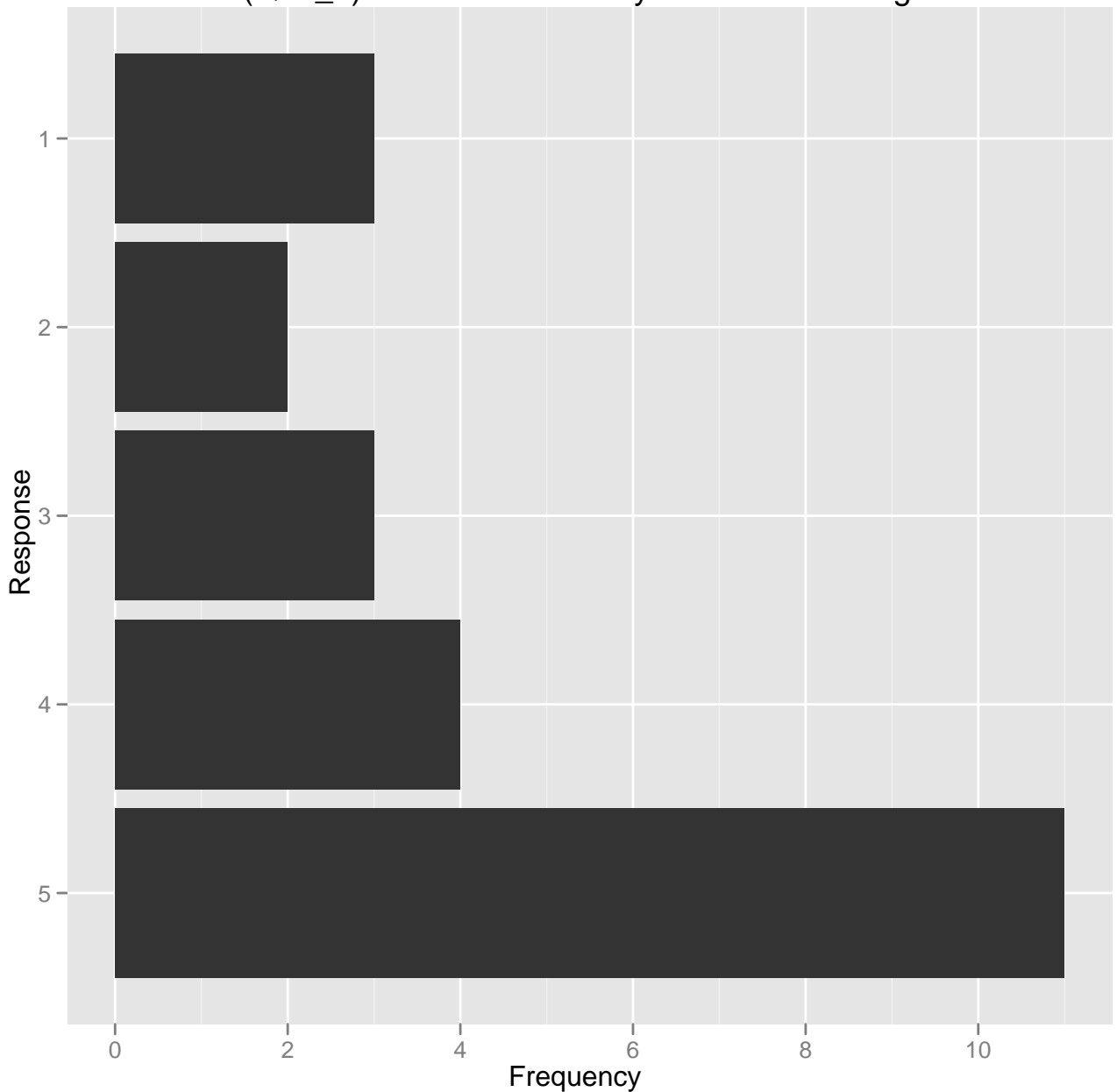




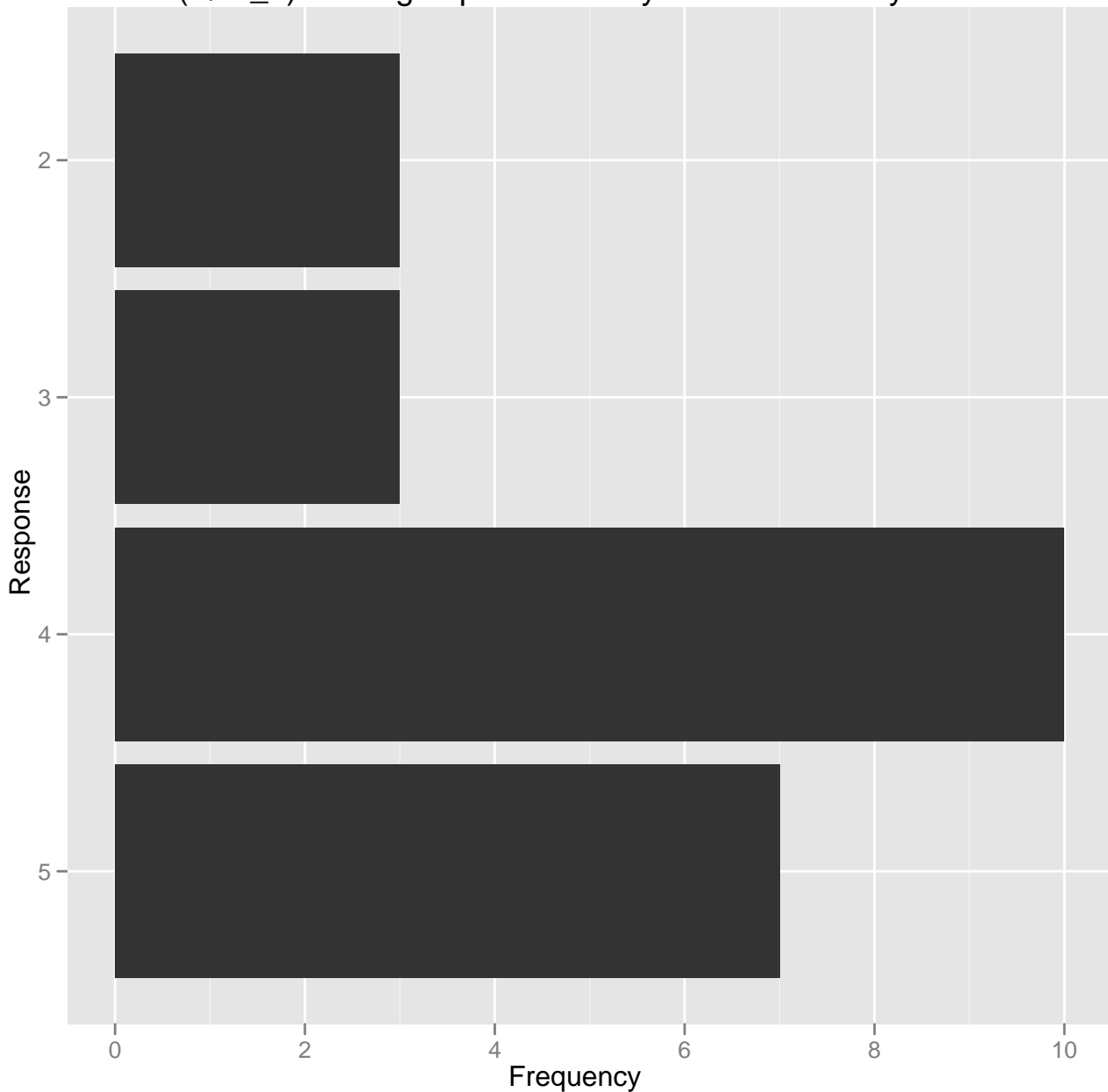
P105 (Q52\_4):My attention was focused internally throughout labor



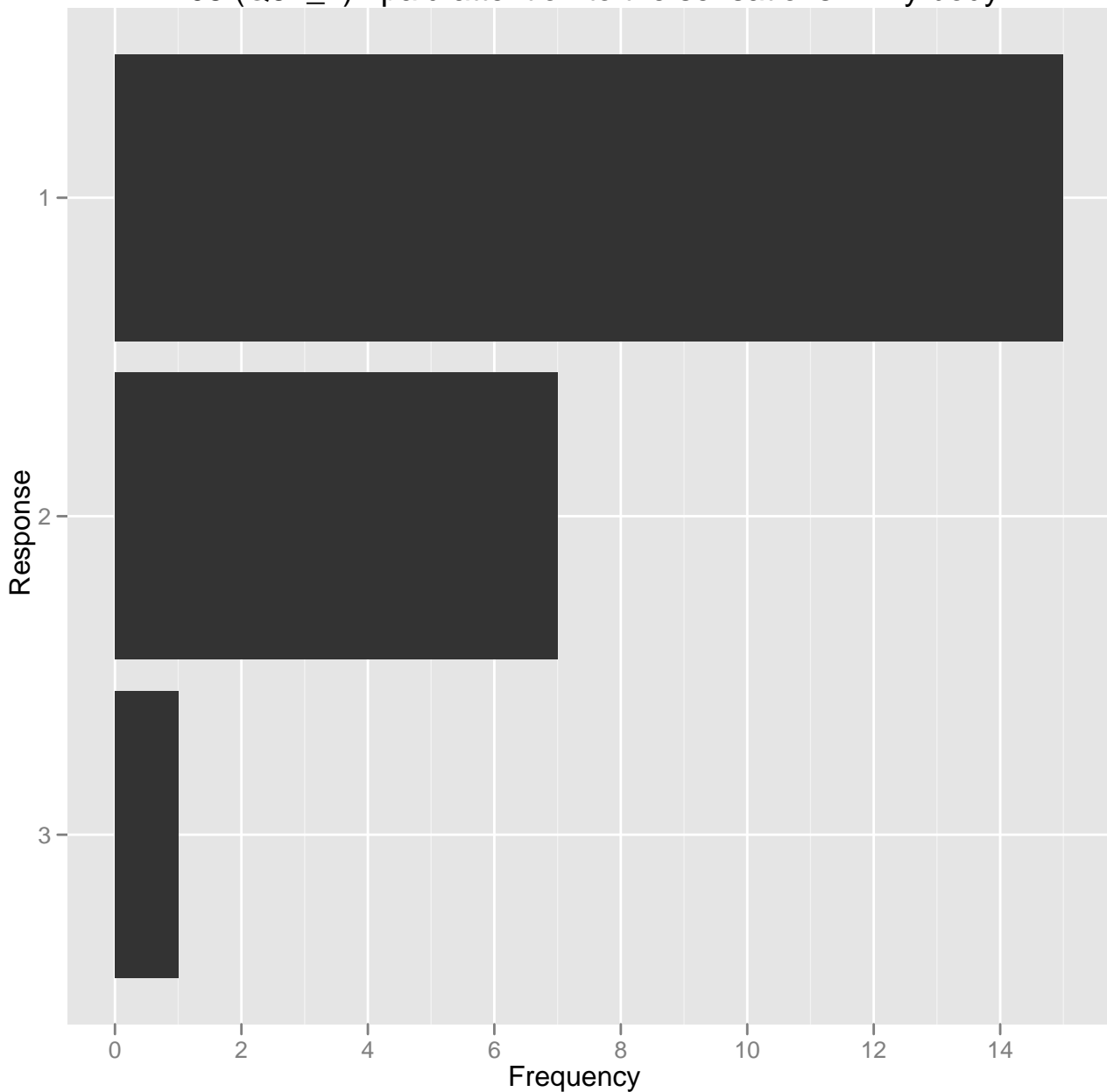
# P106 (Q52\_5):I felt inhibited in my movement during labor



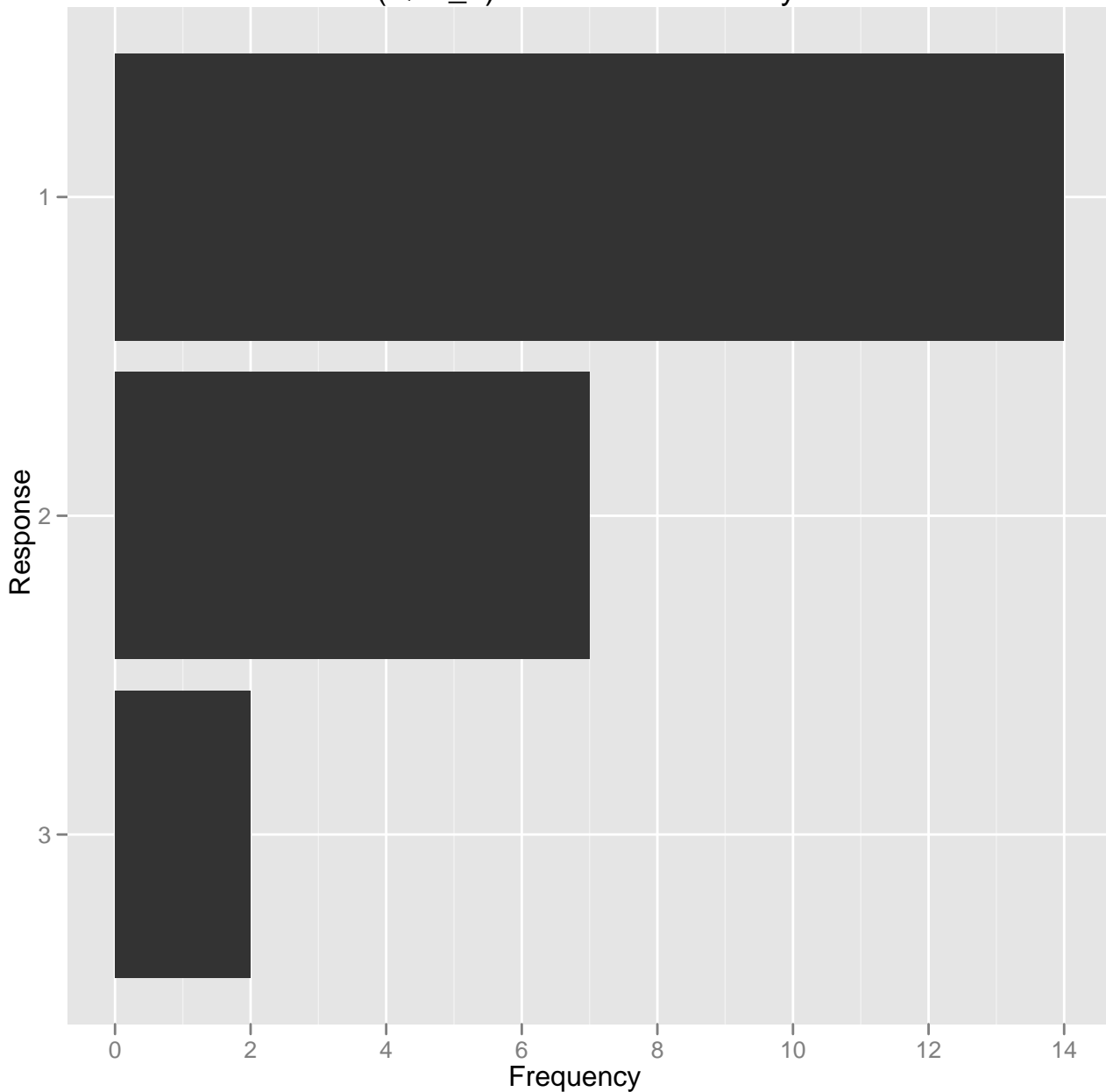
P107 (Q52\_6):I changed positions only when somebody told me to



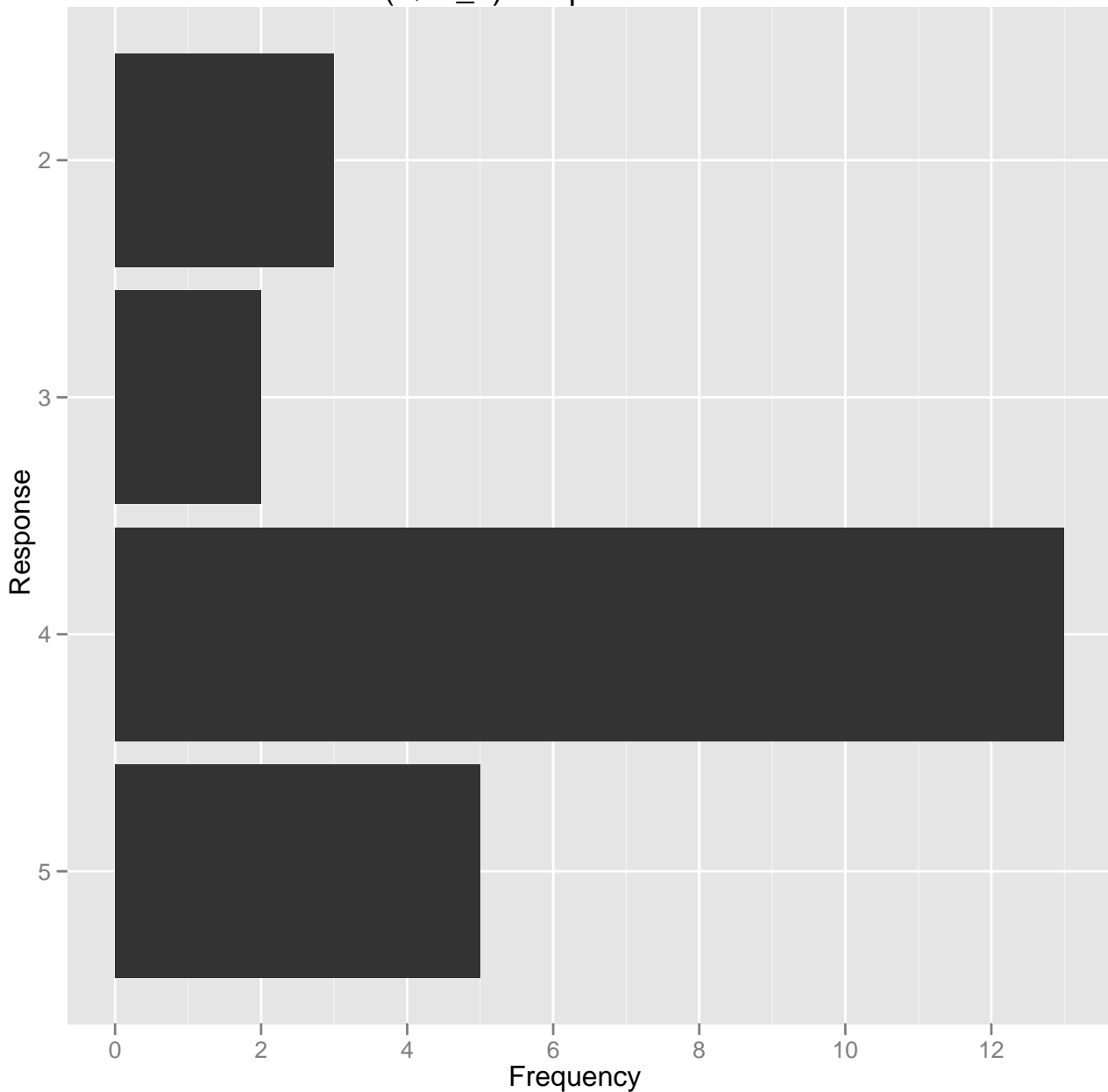
# P108 (Q52\_7):I paid attention to the sensations in my body



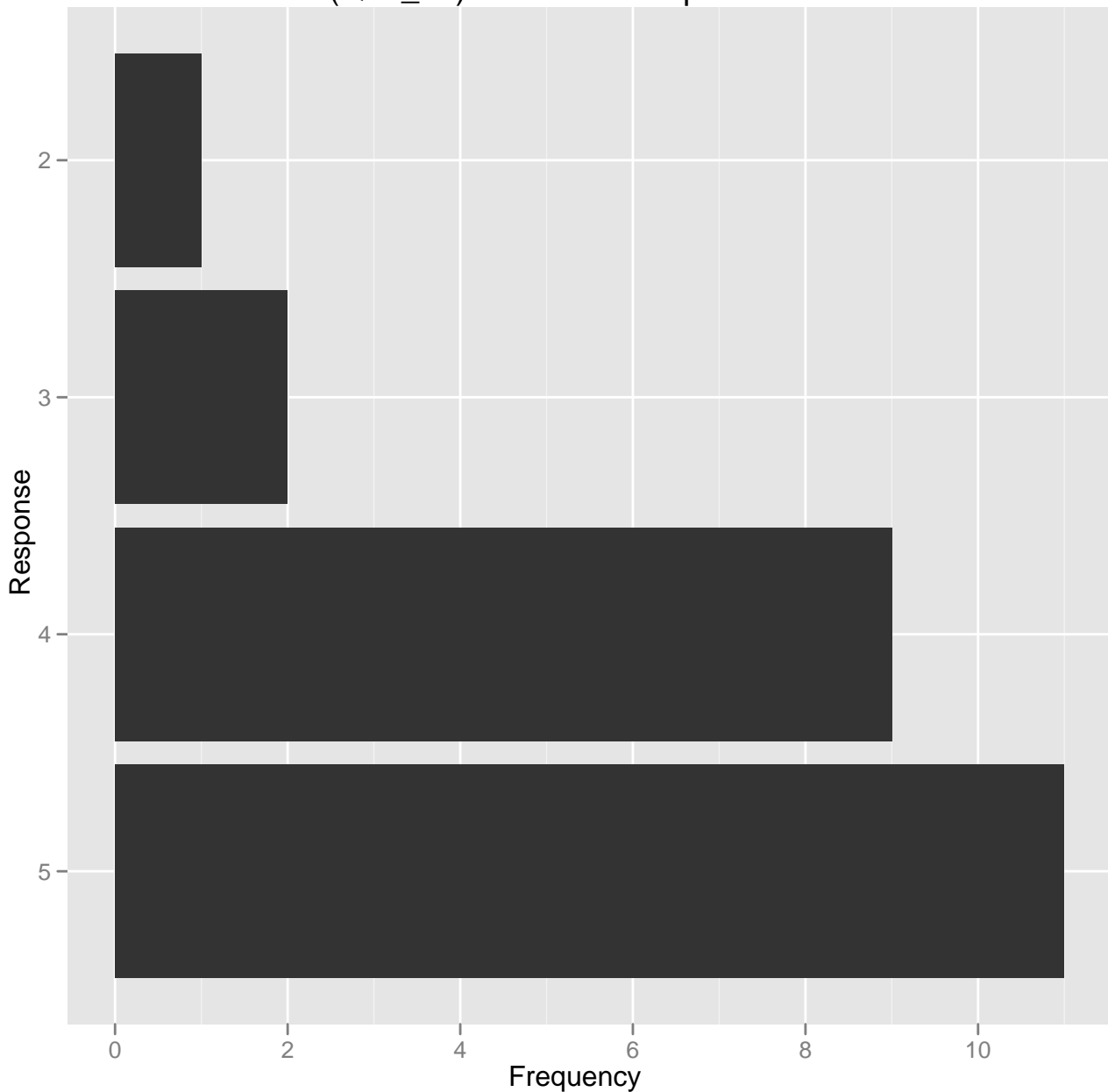
P109 (Q52\_8):I was able to "be myself"



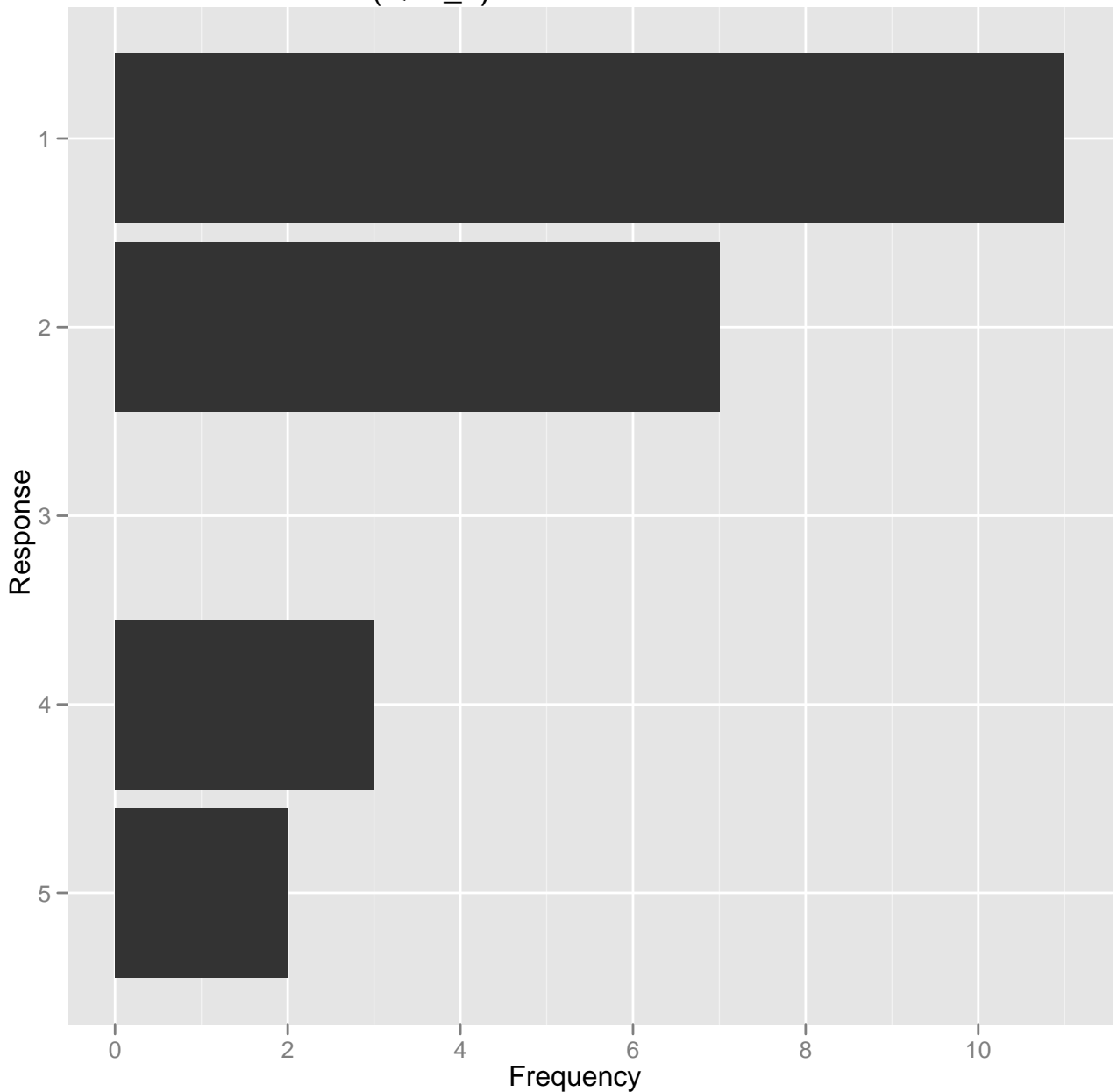
P110 (Q52\_9):People talked too much



# P111 (Q52\_10):I needed to impress someone

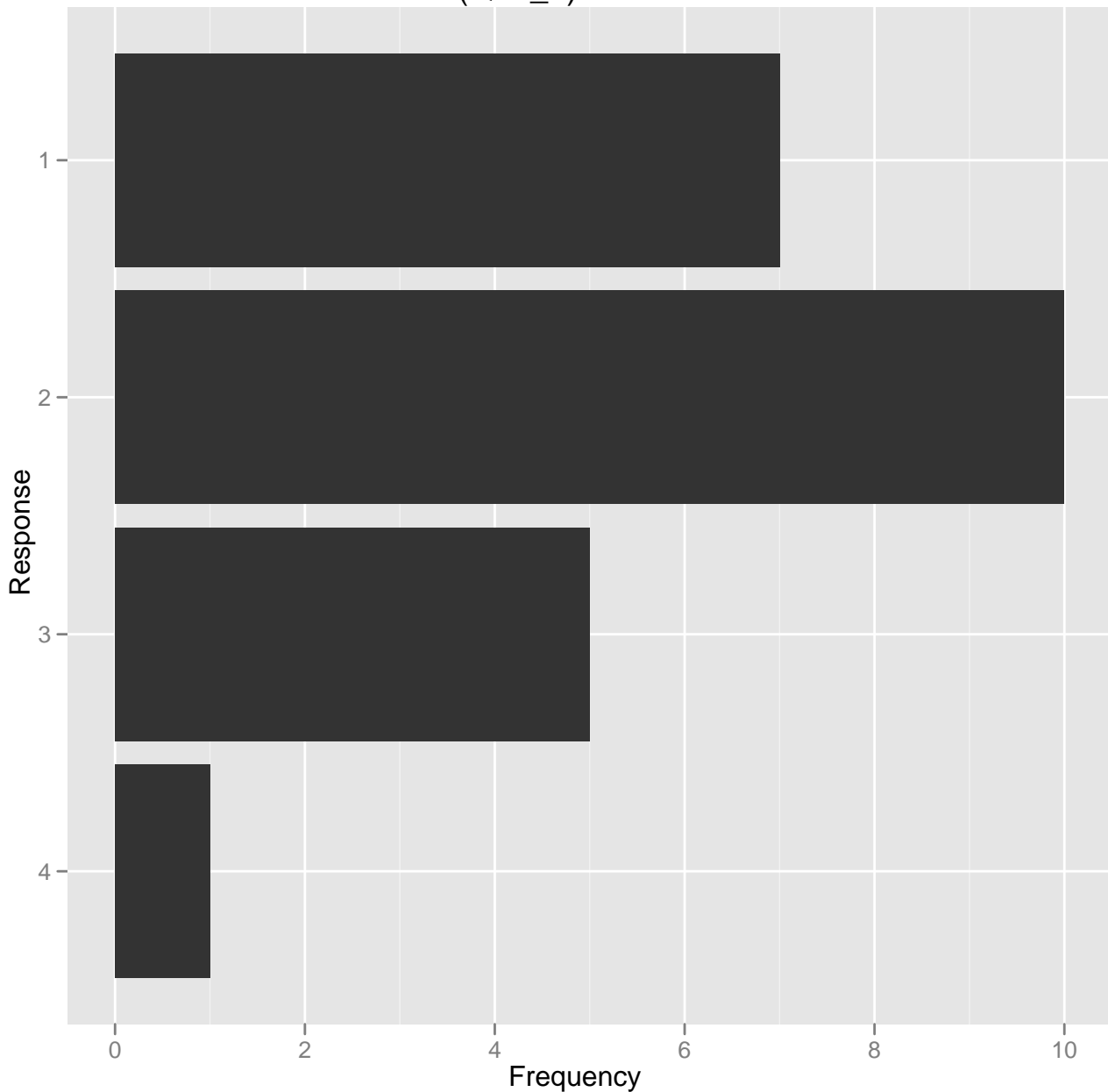


# P112 (Q53\_1):I moved around the room

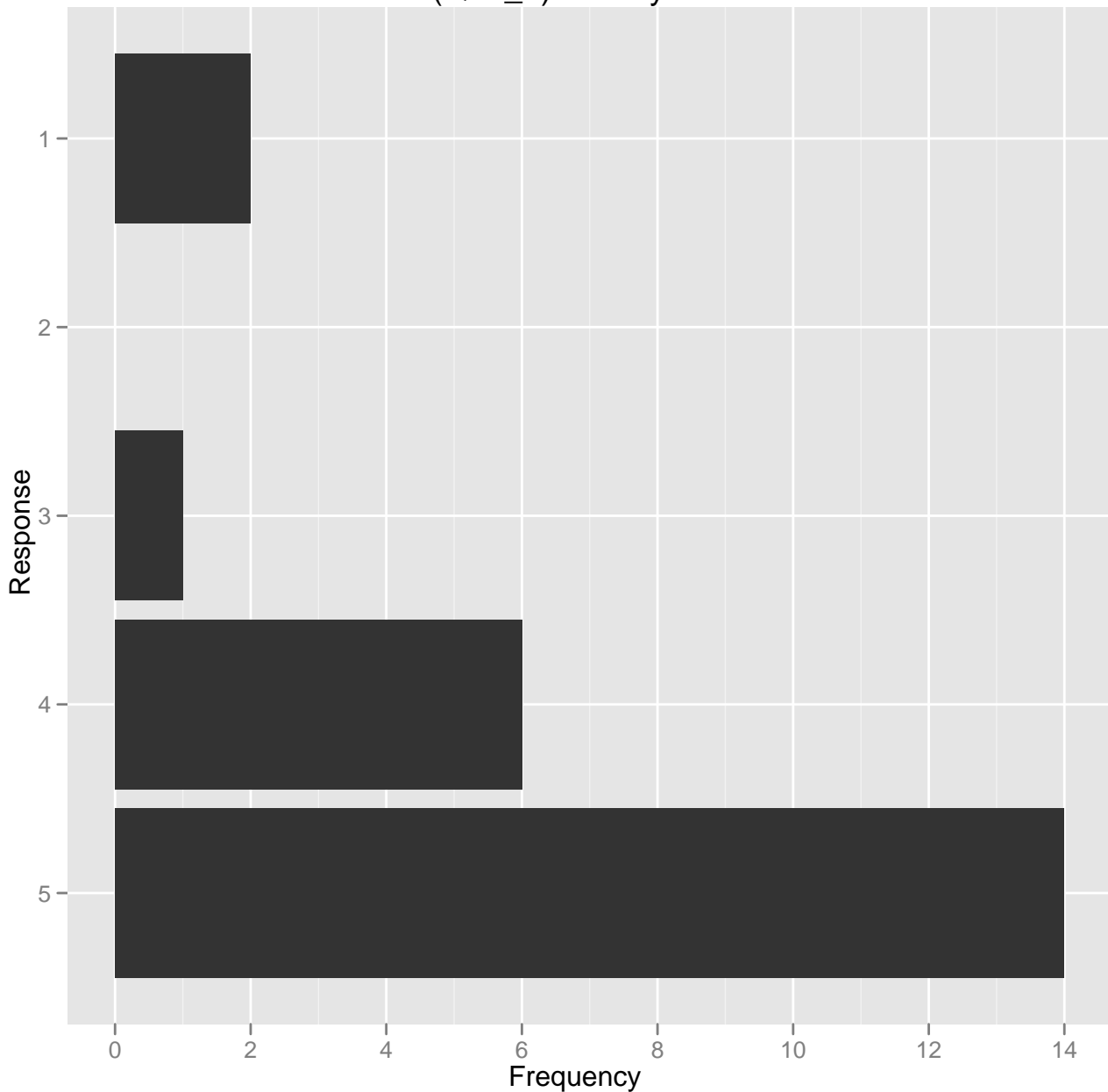




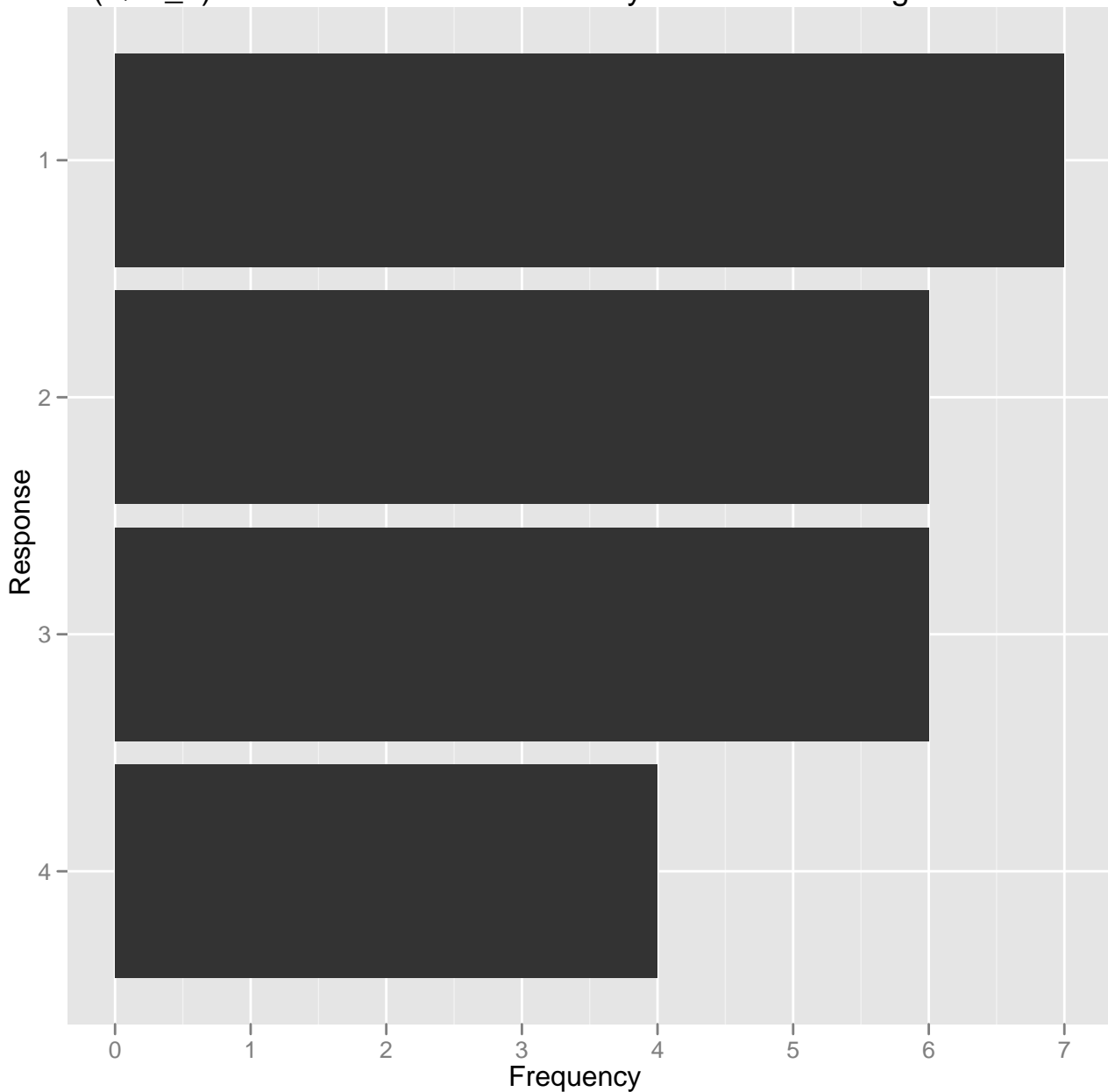
# P113 (Q53\_2):I was relaxed



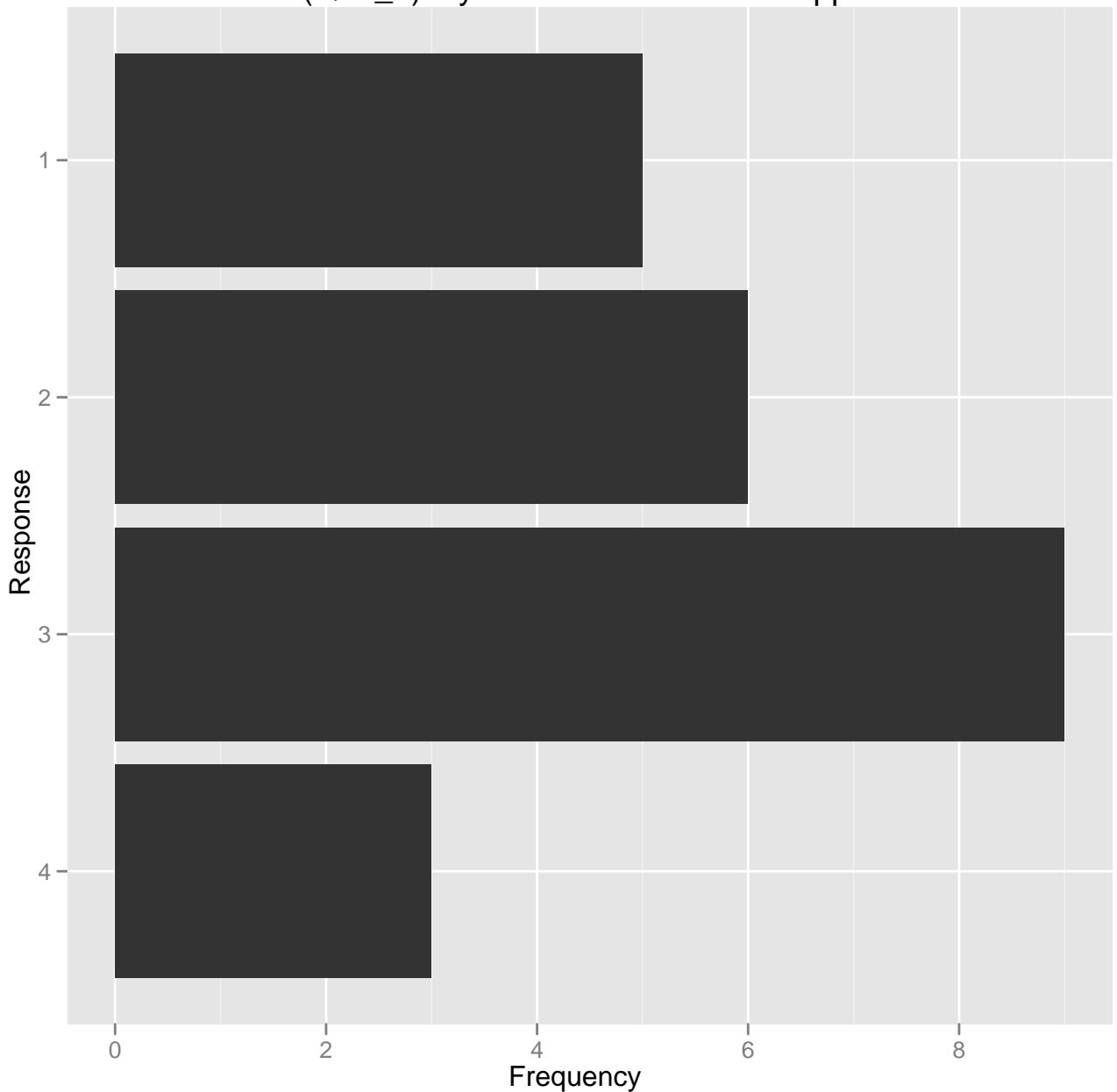
# P114 (Q53\_3):I let myself down



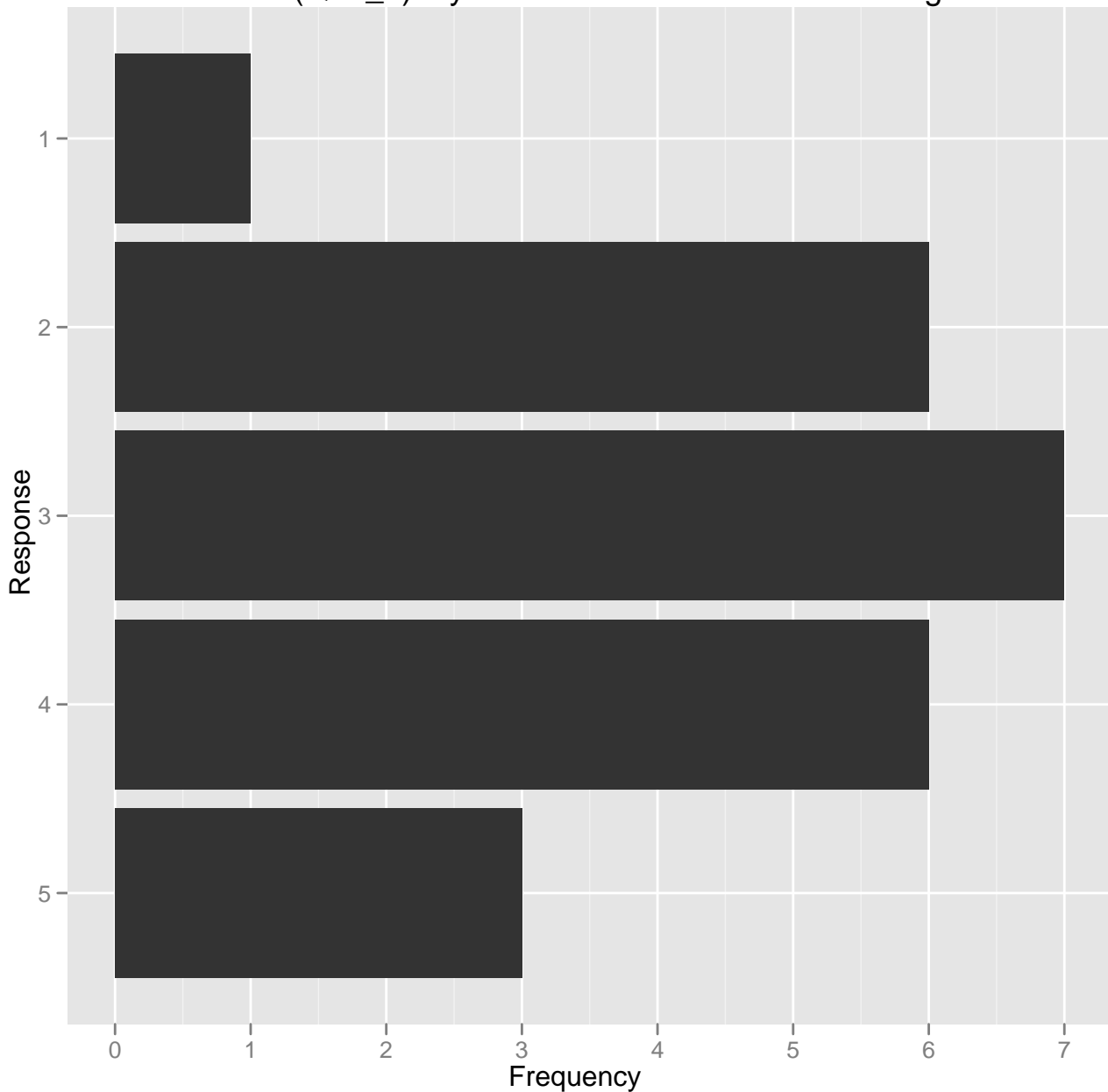
P115 (Q53\_4):I moved around based on my intuitive knowledge of how to birth



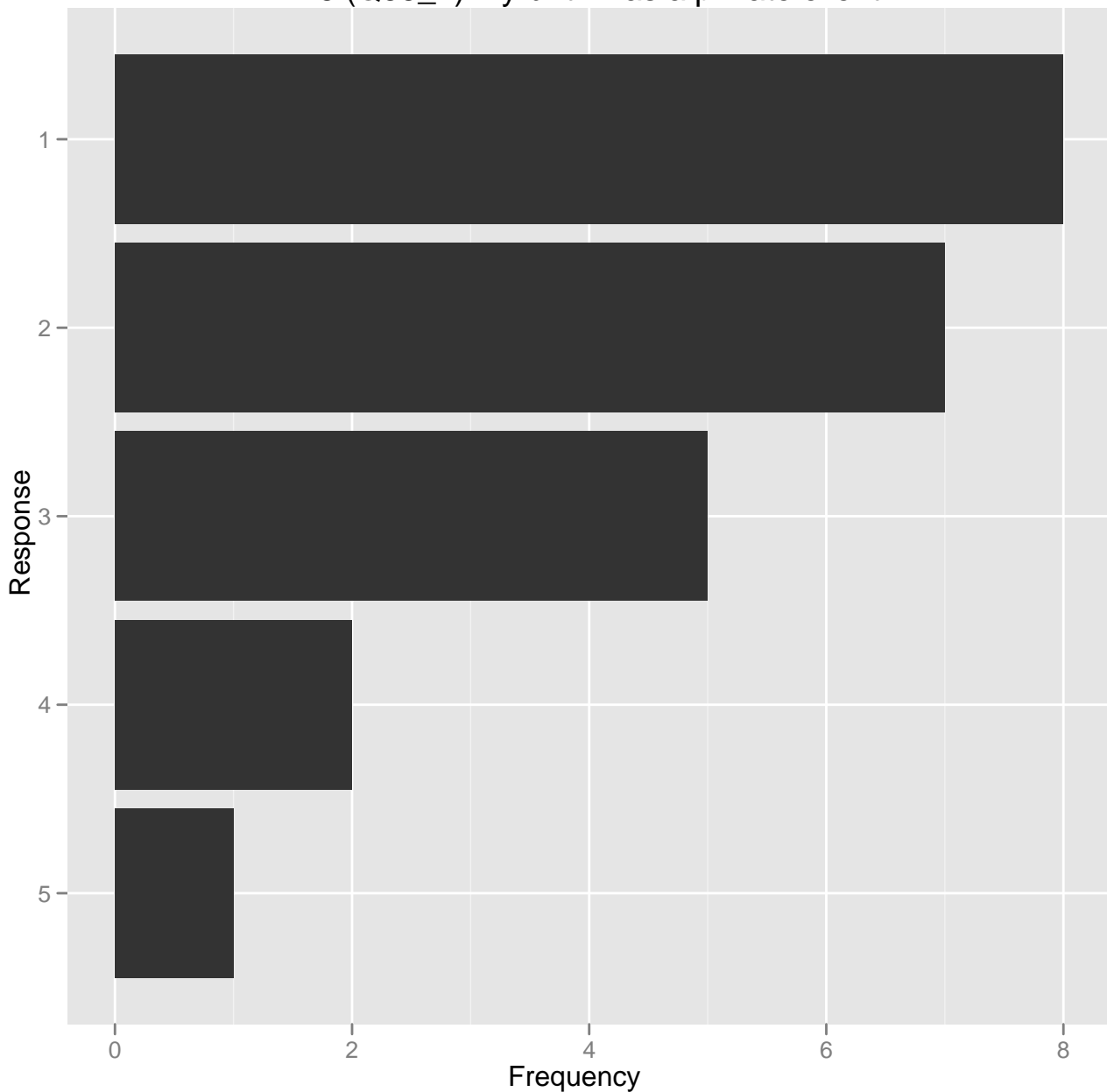
# P116 (Q53\_5):My ...mental chatter... disappeared



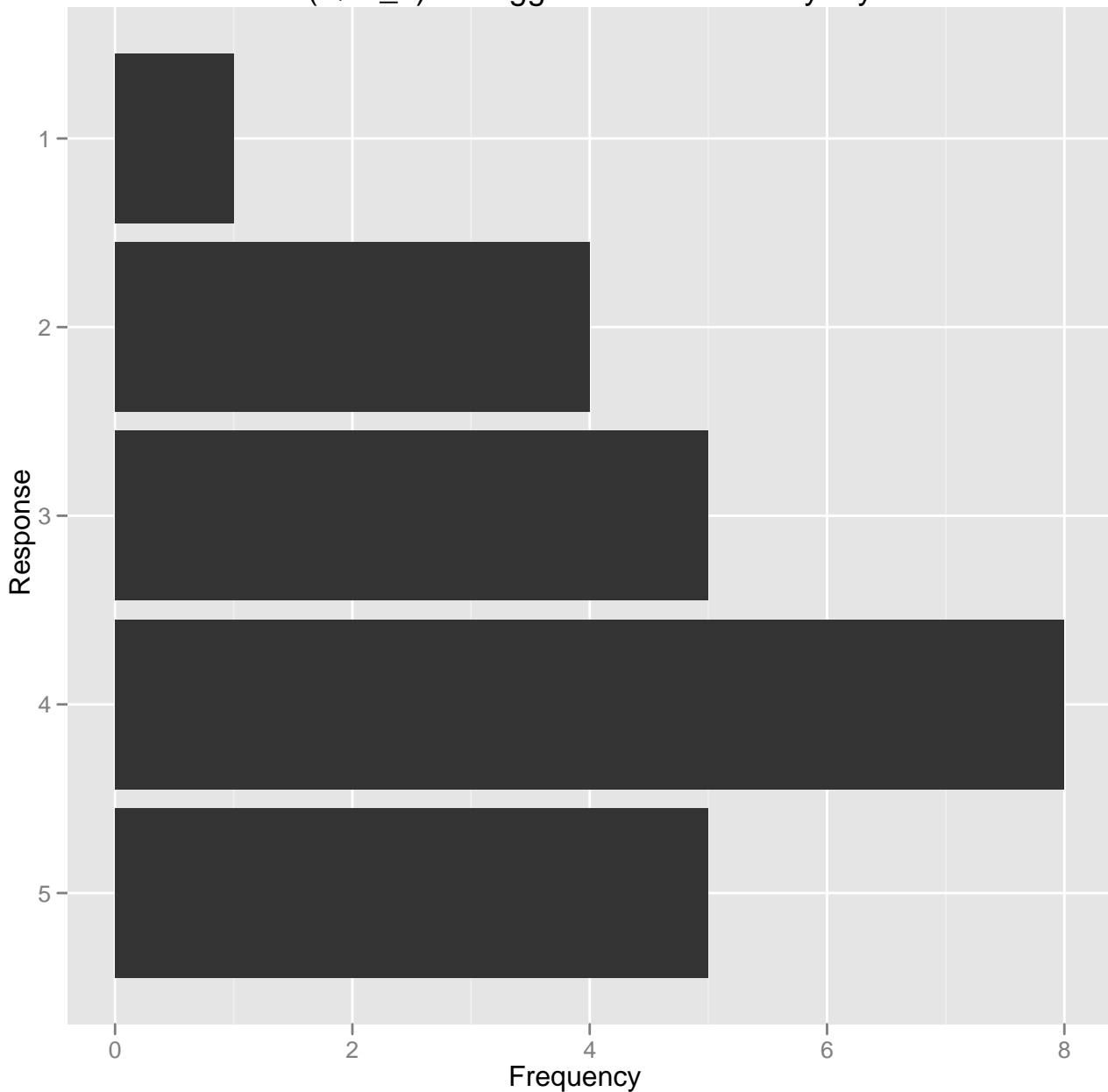
# P117 (Q53\_6):My emotions became overwhelming



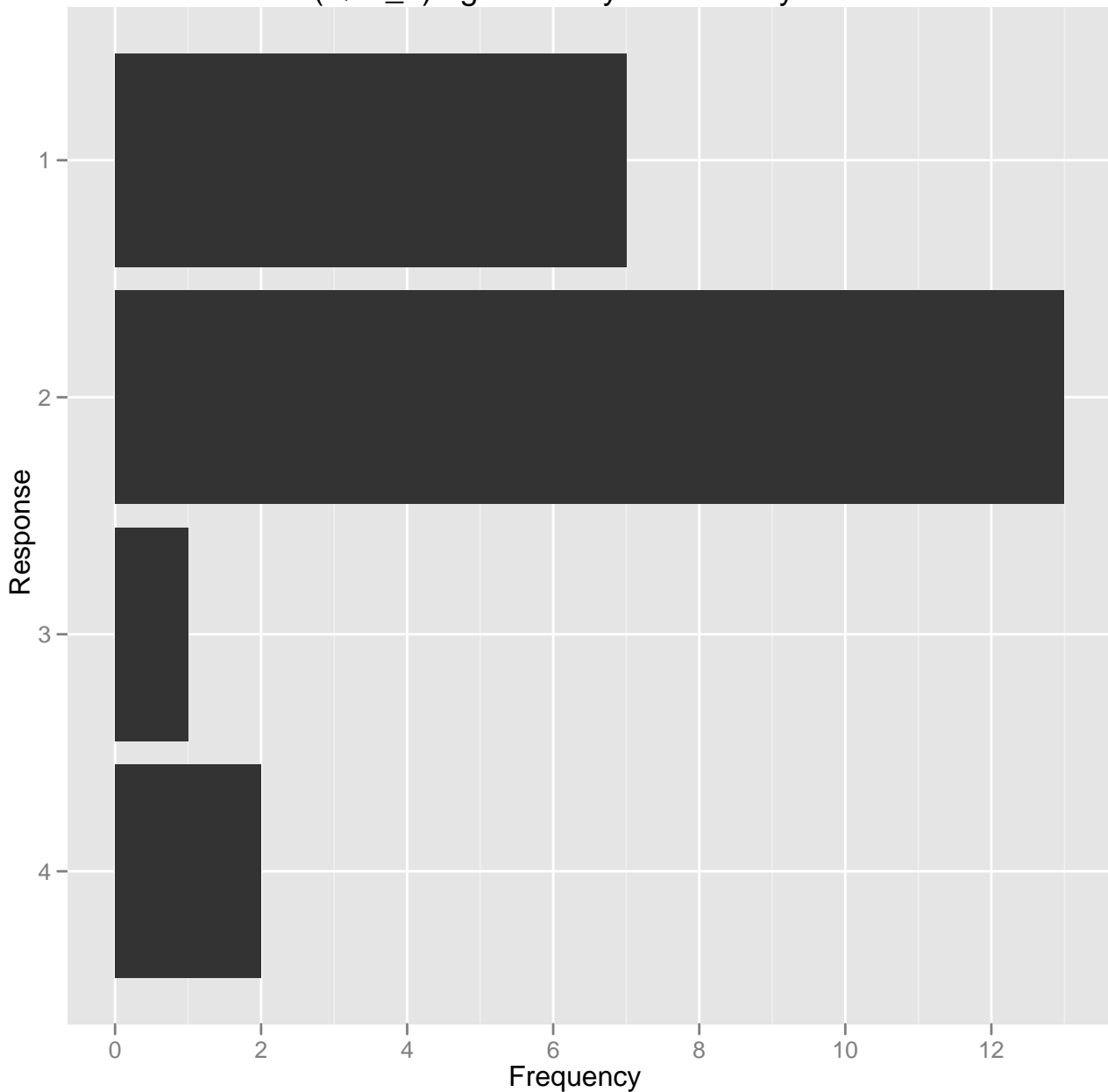
# P118 (Q53\_7):My birth was a private event



# P119 (Q53\_8):I struggled to find a steady rhythm

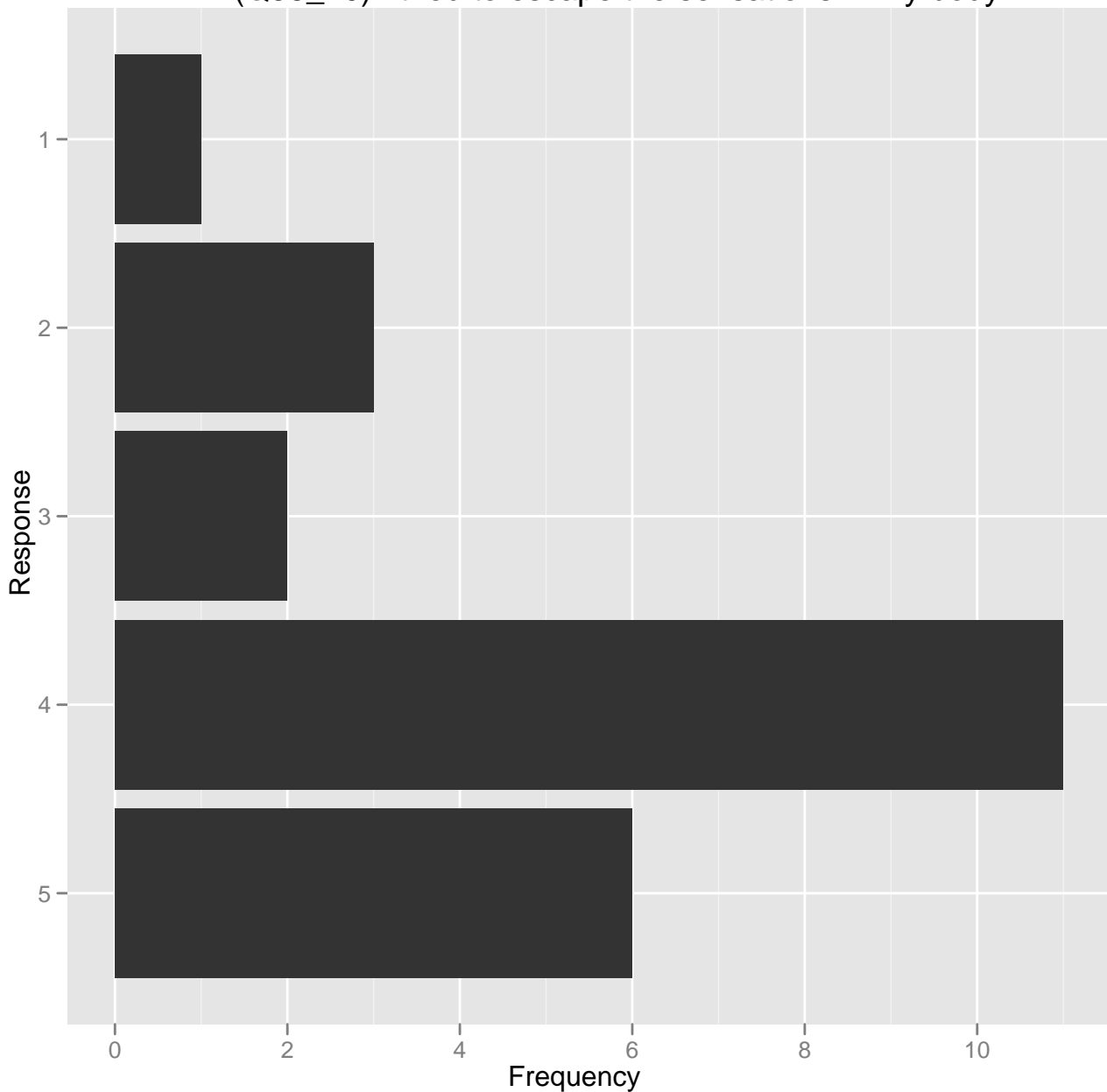


# P120 (Q53\_9):I gave it "my all" in every moment

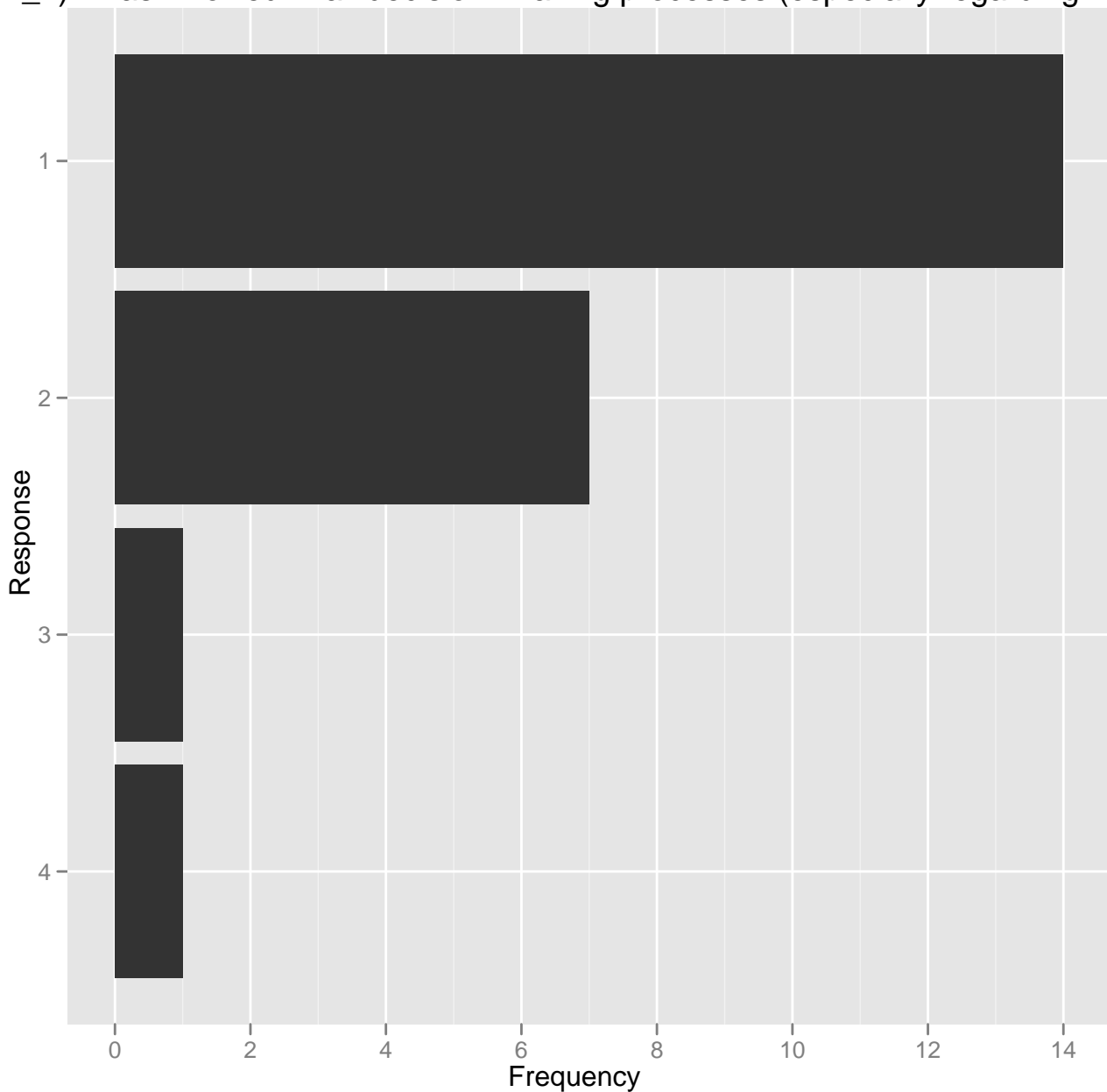




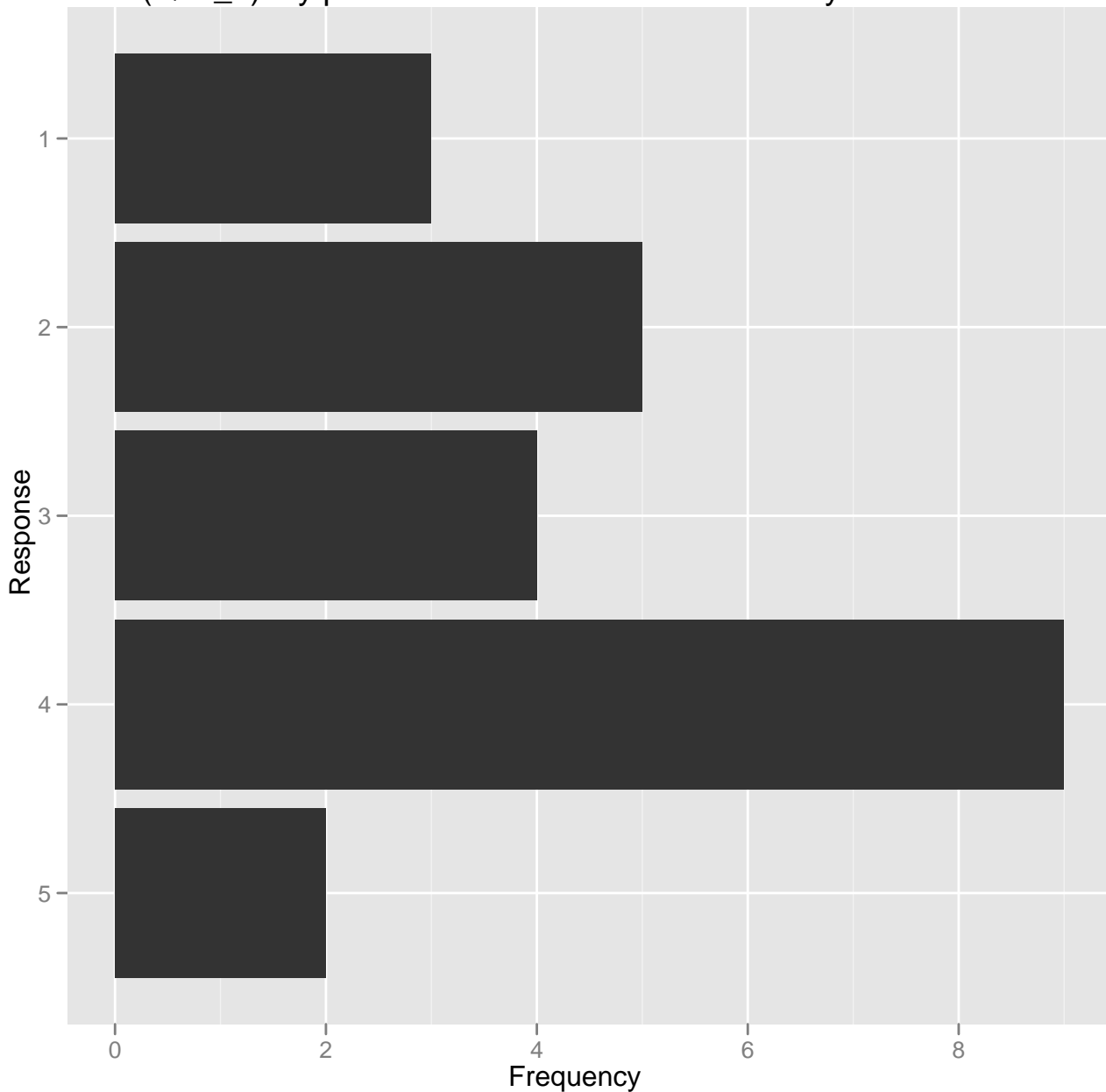
# P121 (Q53\_10):I tried to escape the sensations in my body



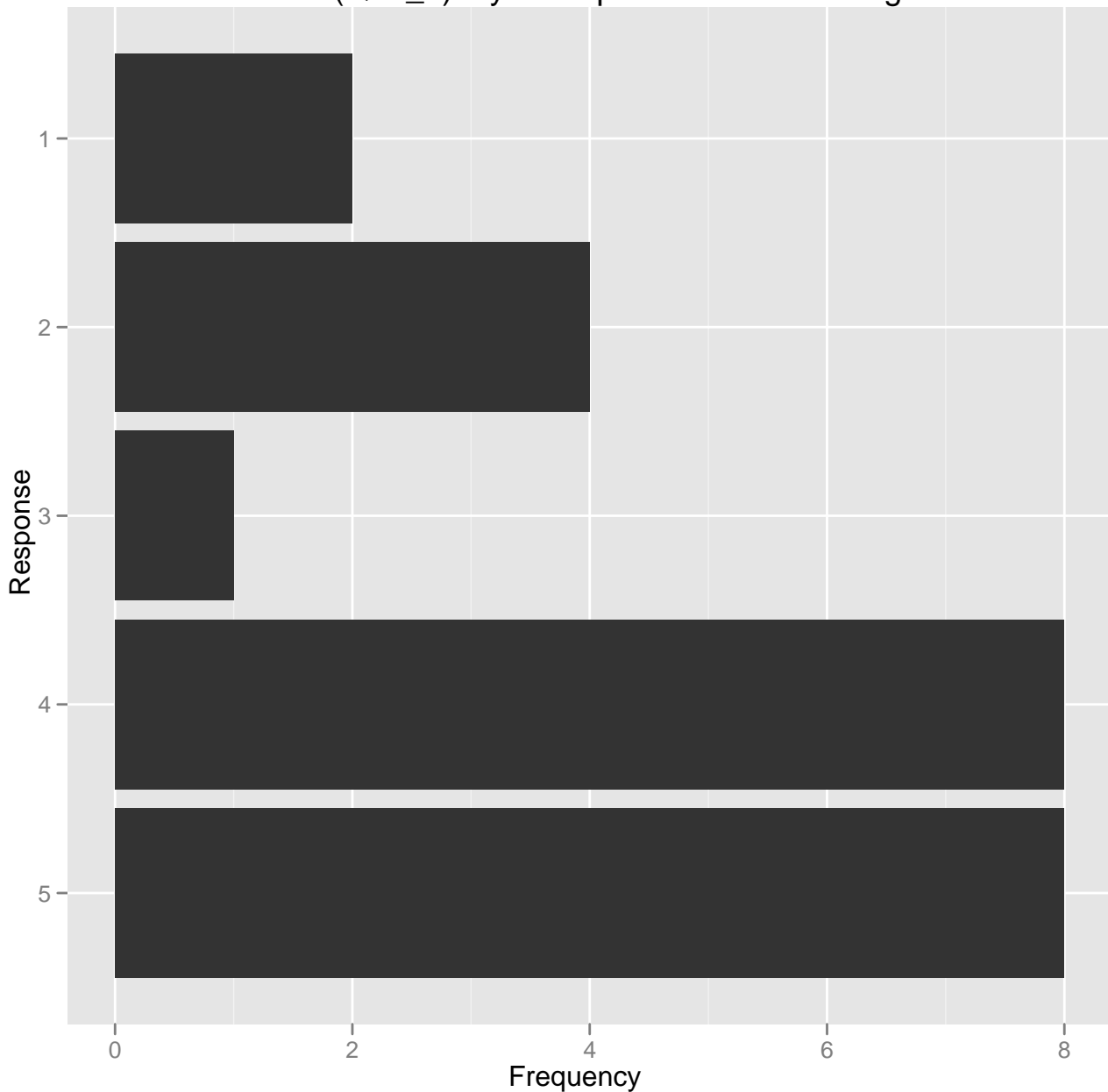
54\_1):I was involved in all decision-making processes (especially regarding interv



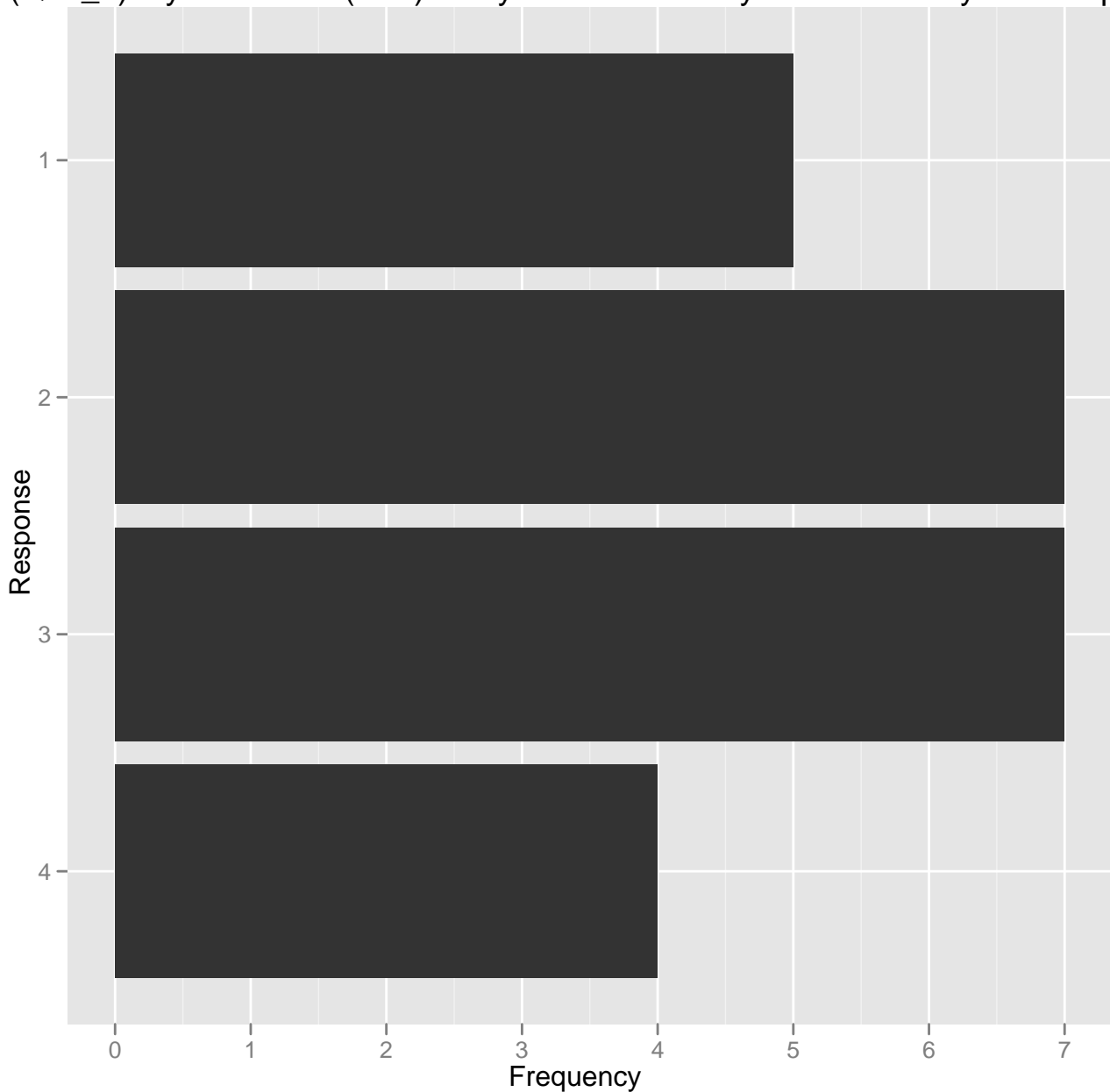
P123 (Q54\_2):My partner and I seemed to be the only ones in the room



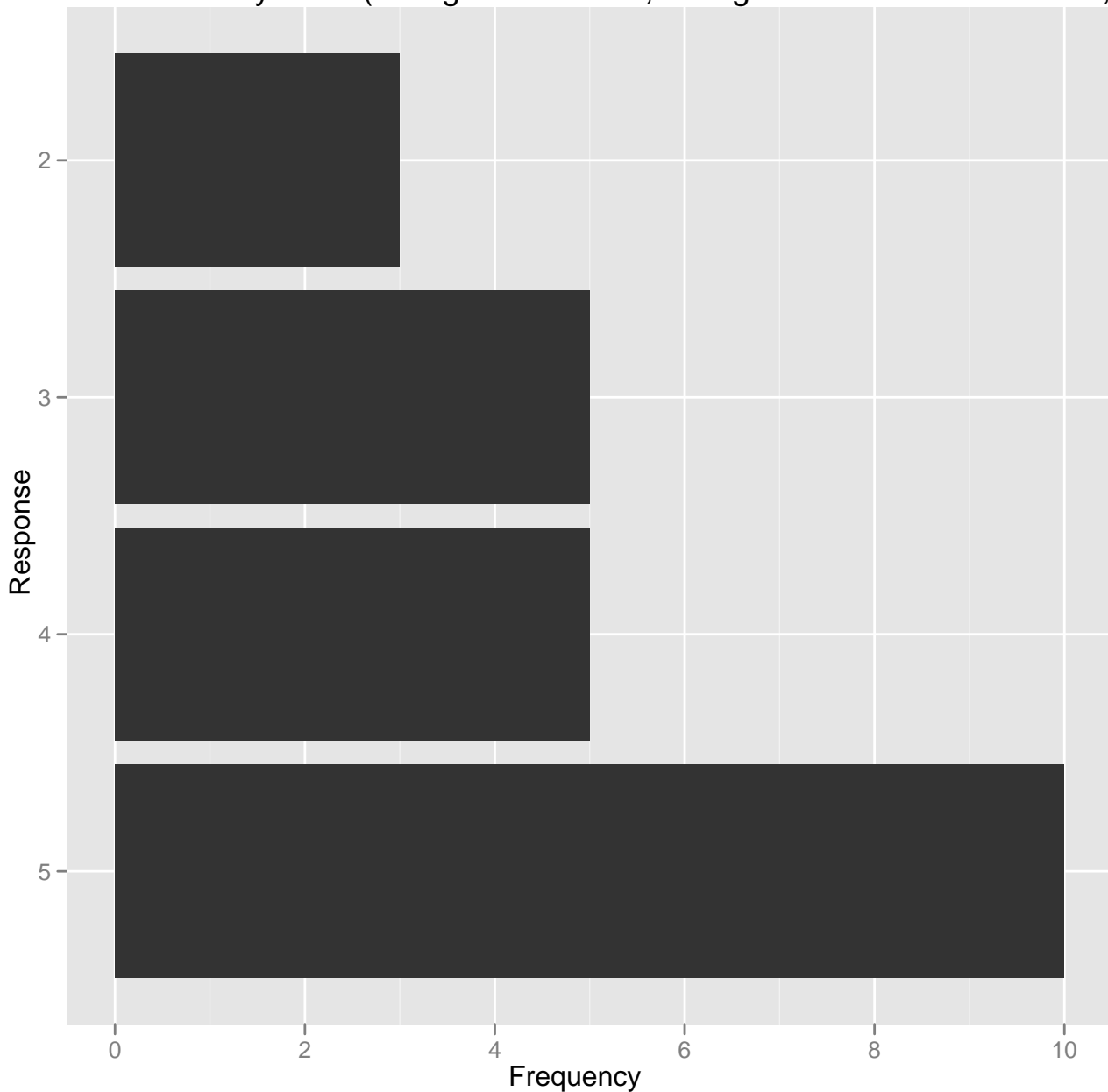
# P124 (Q54\_3):My labor pain felt like suffering



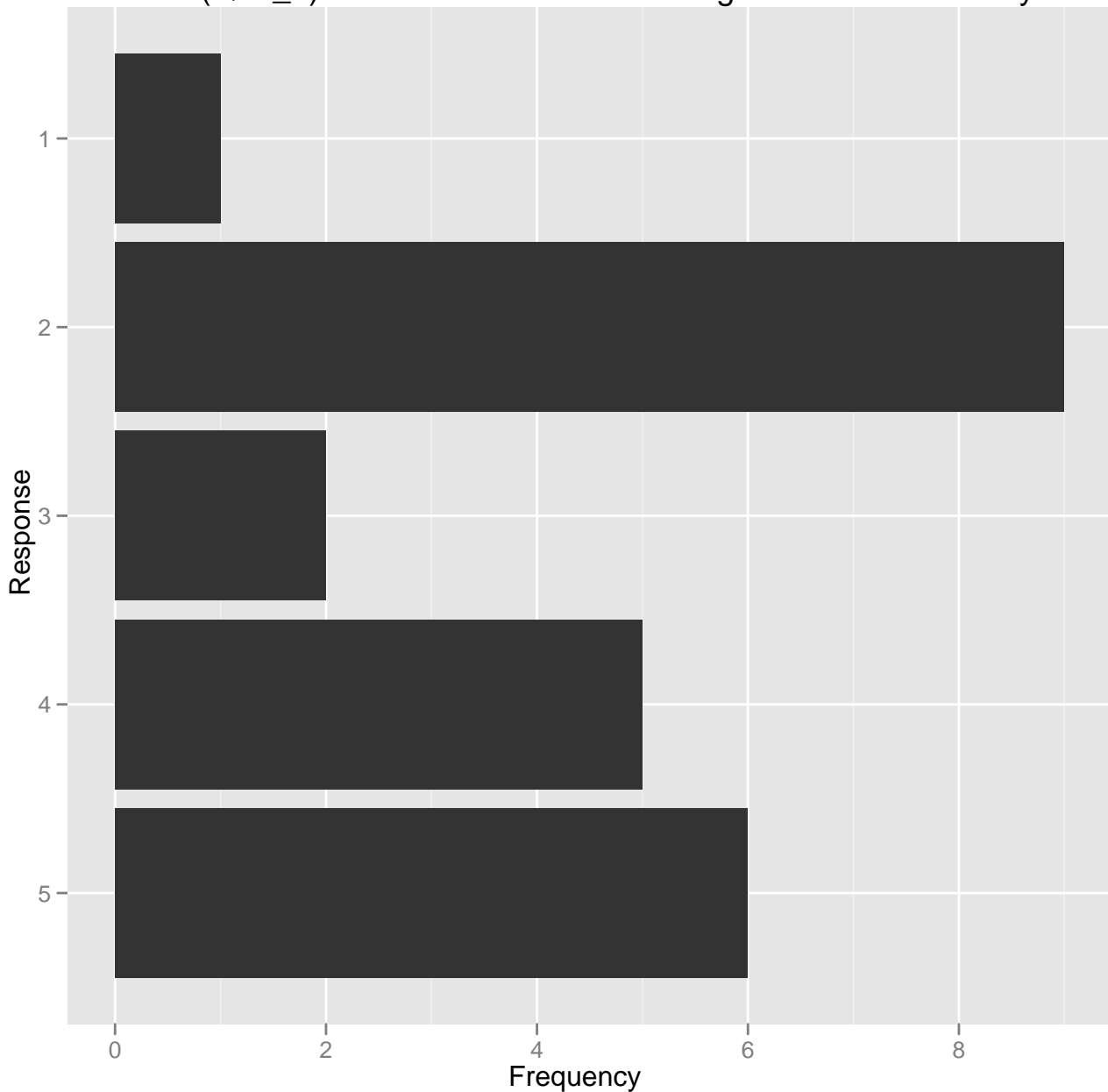
5 (Q54\_4):My memories (now) of my labor are mostly focused on my inner experie



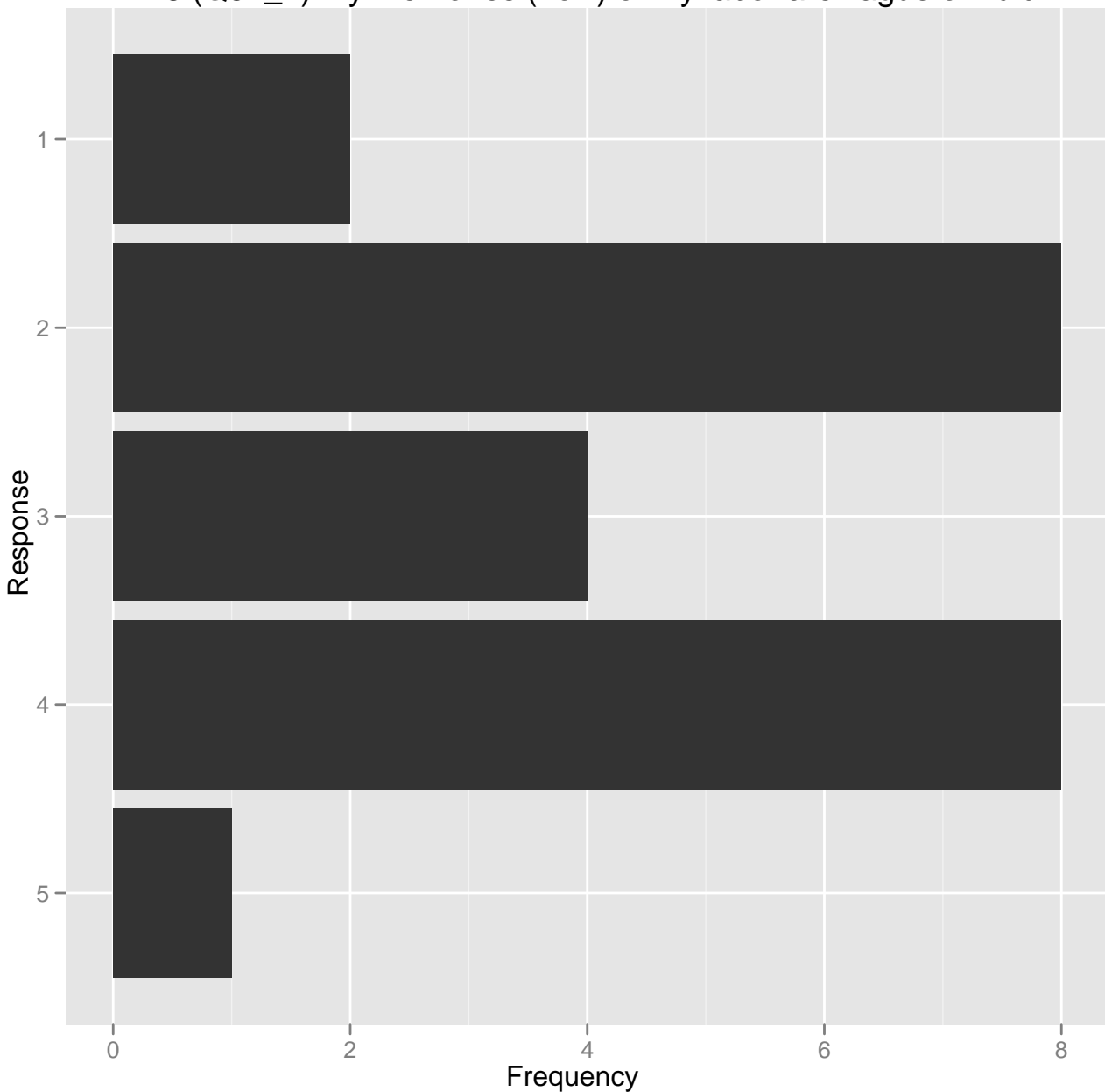
important factor in my labor (timing contractions, timing in between contractions, timing



# P127 (Q54\_6):I needed to be coached to give birth successfully

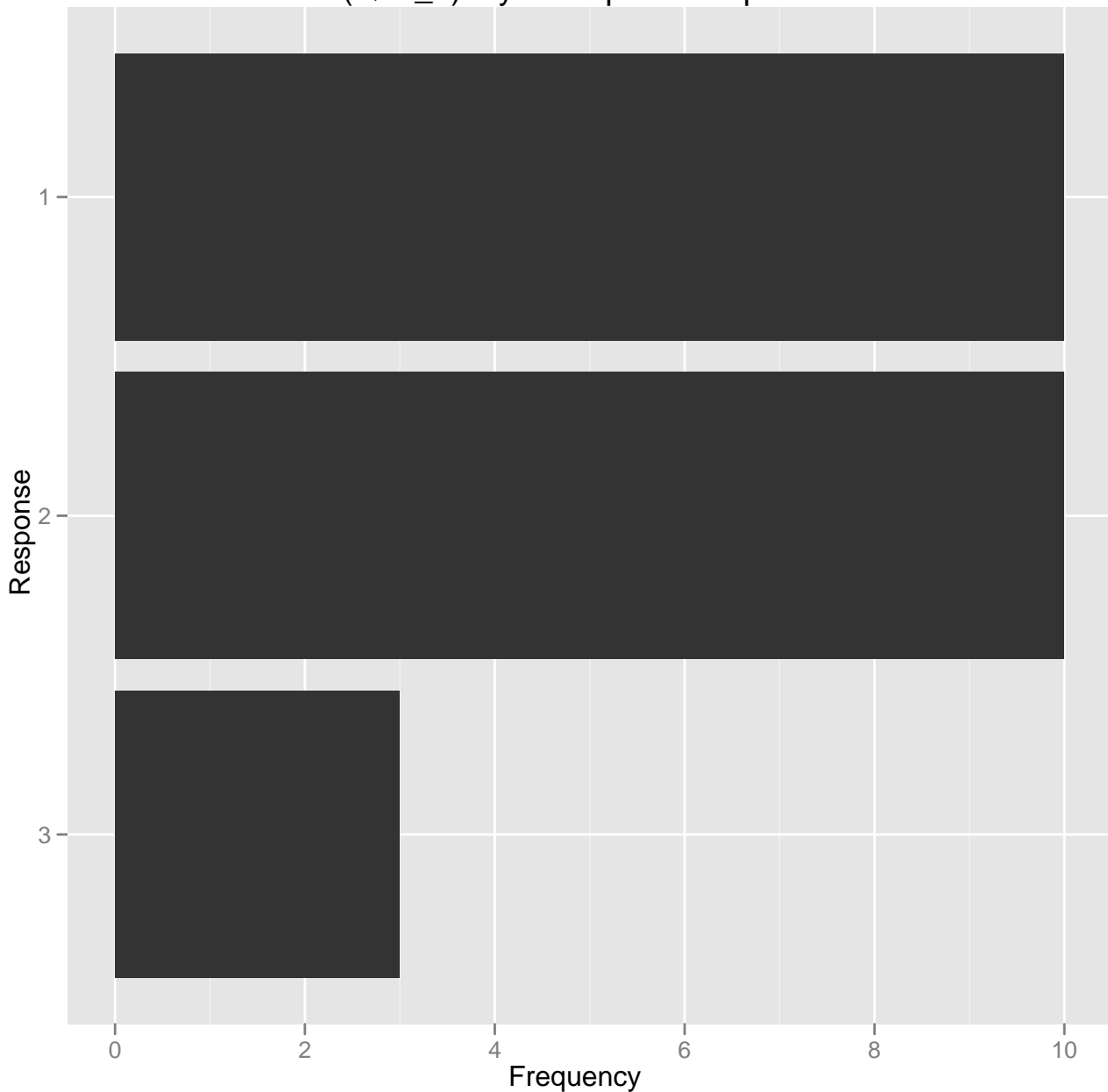


P128 (Q54\_7):My memories (now) of my labor are vague or fluid

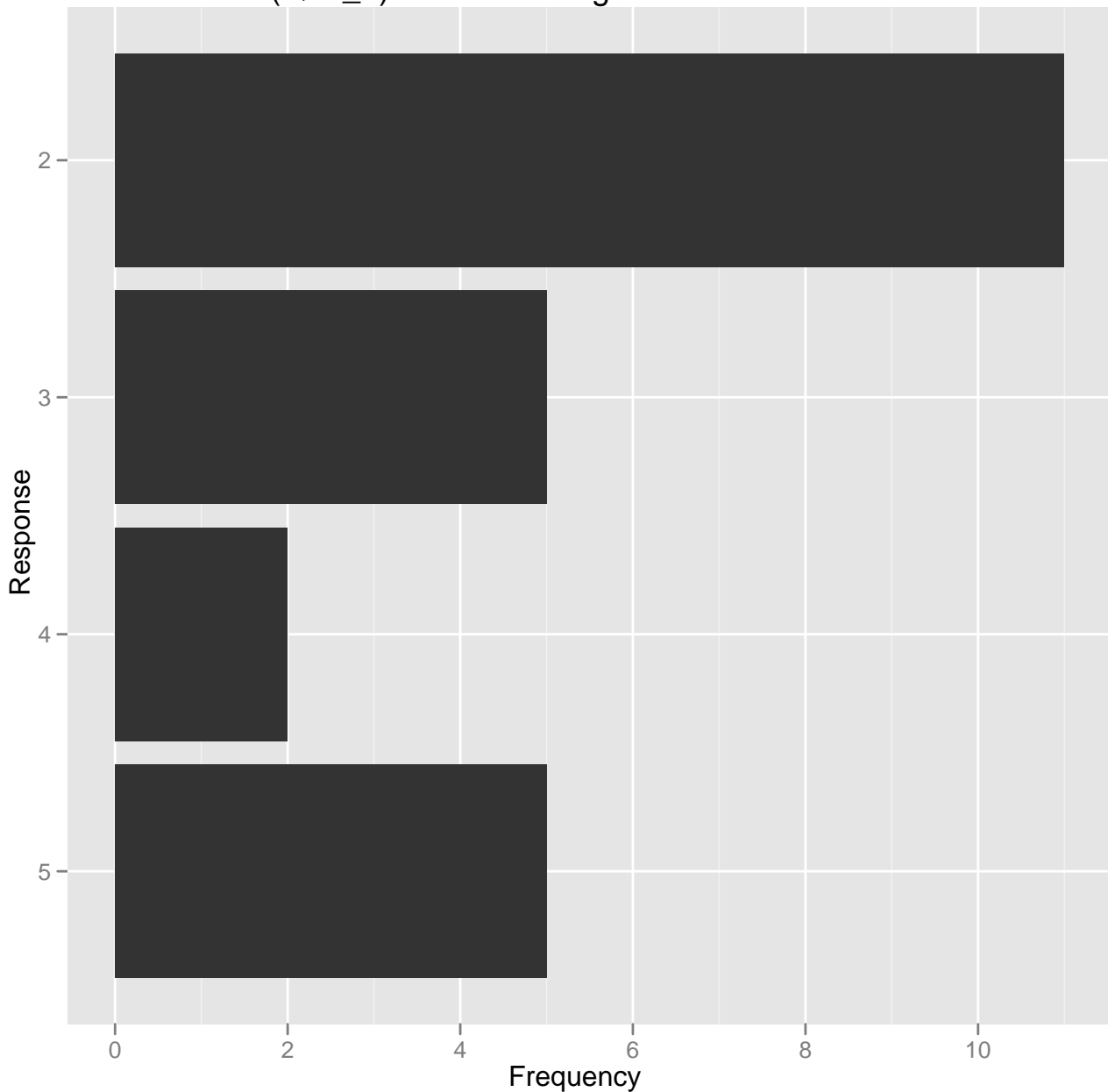




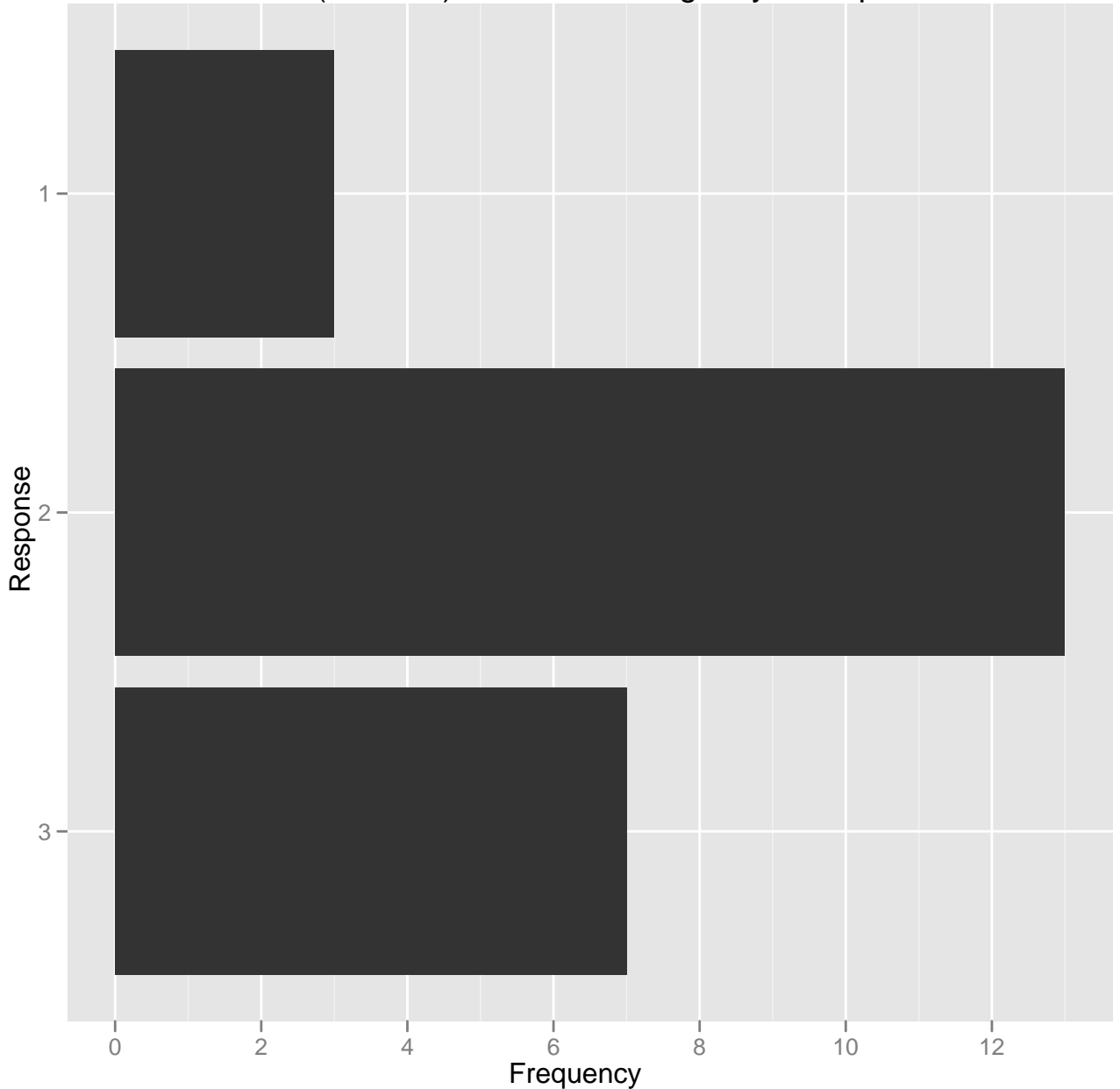
# P129 (Q54\_8):My labor pain was productive



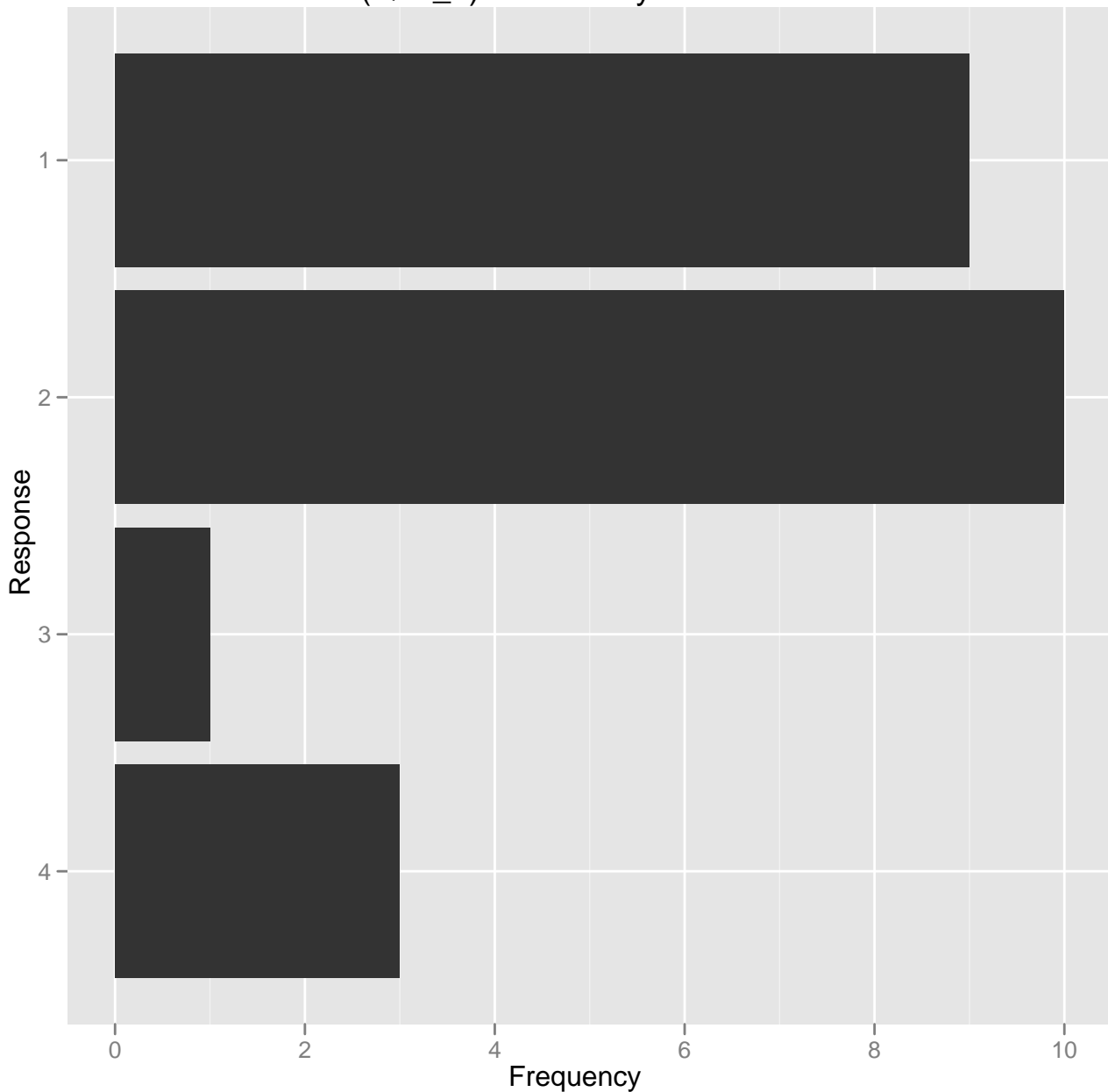
# P130 (Q54\_9):I was following directions for what to do



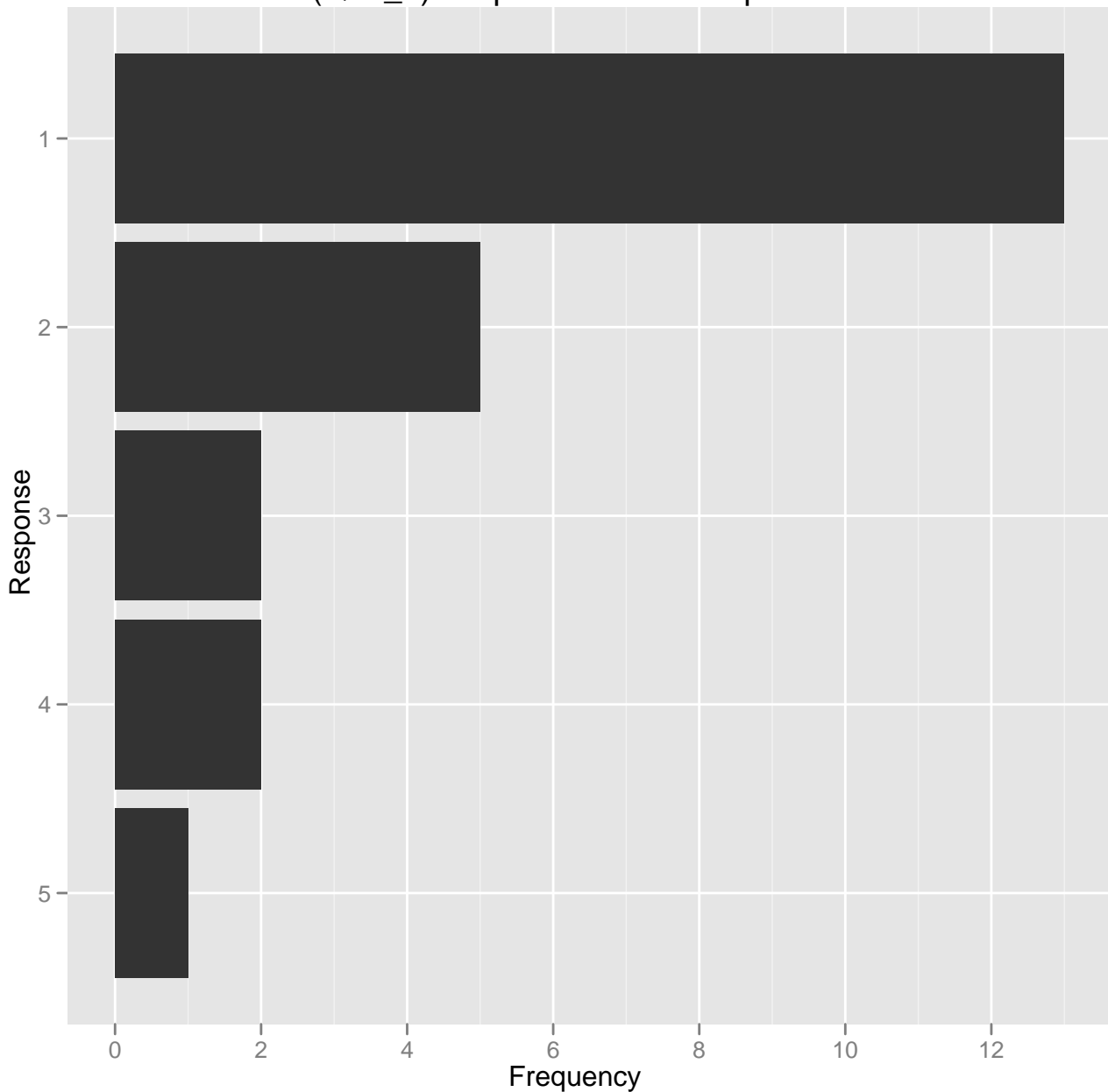
# P131 (Q54\_10):I traveled through my labor pain



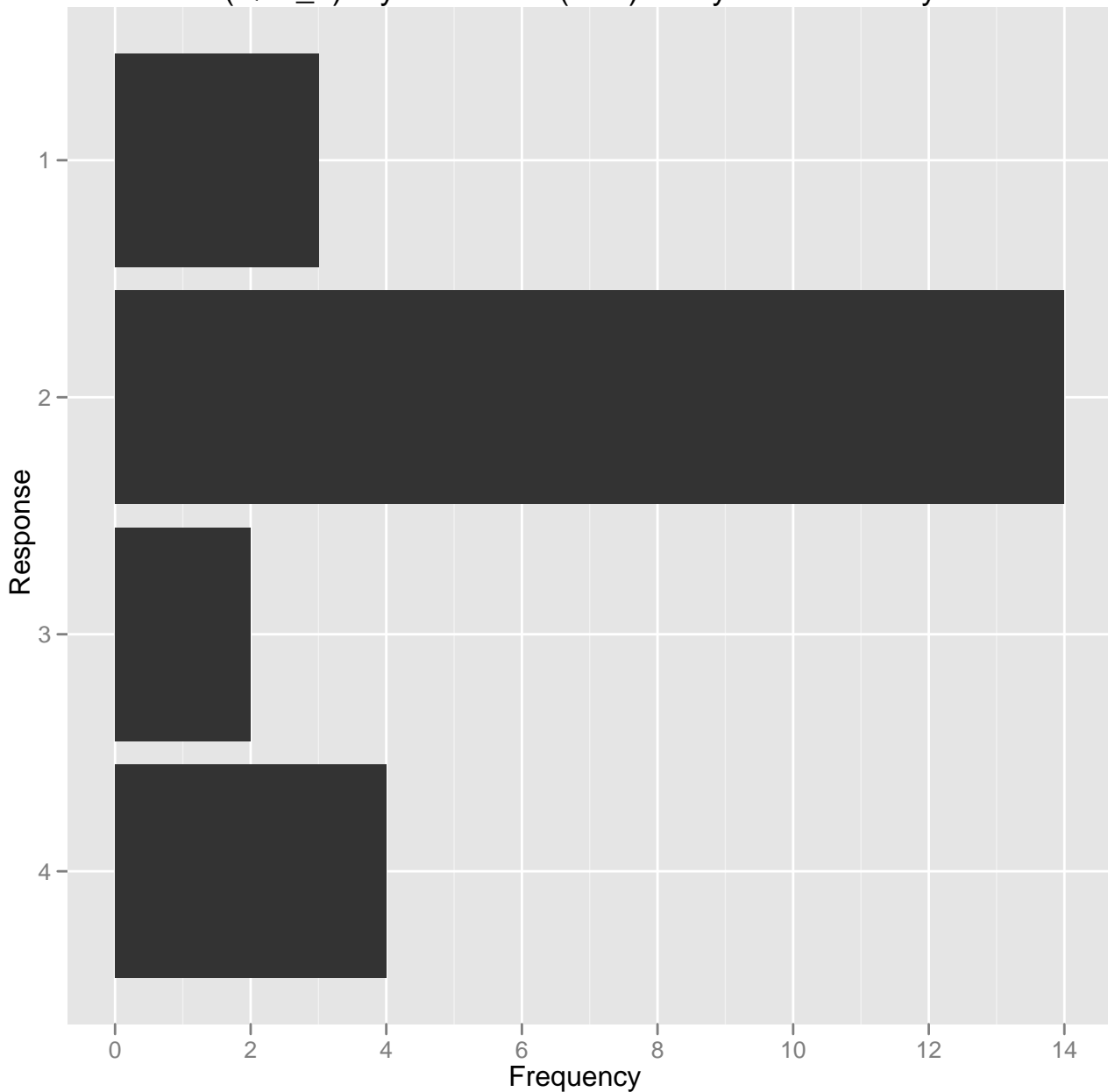
# P132 (Q55\_1):I was in my own little world



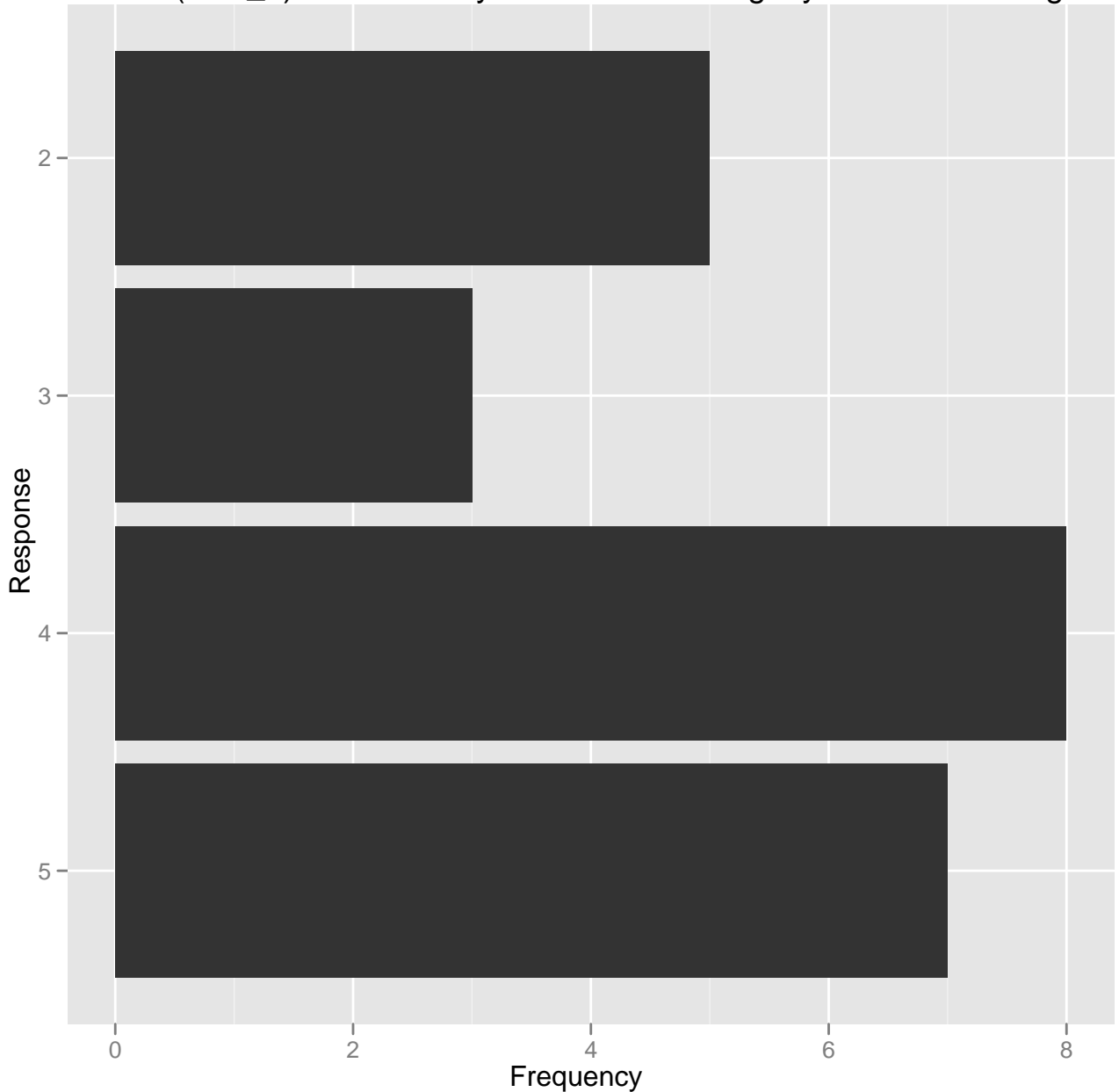
# P133 (Q55\_2):I coped well with the pain of labor



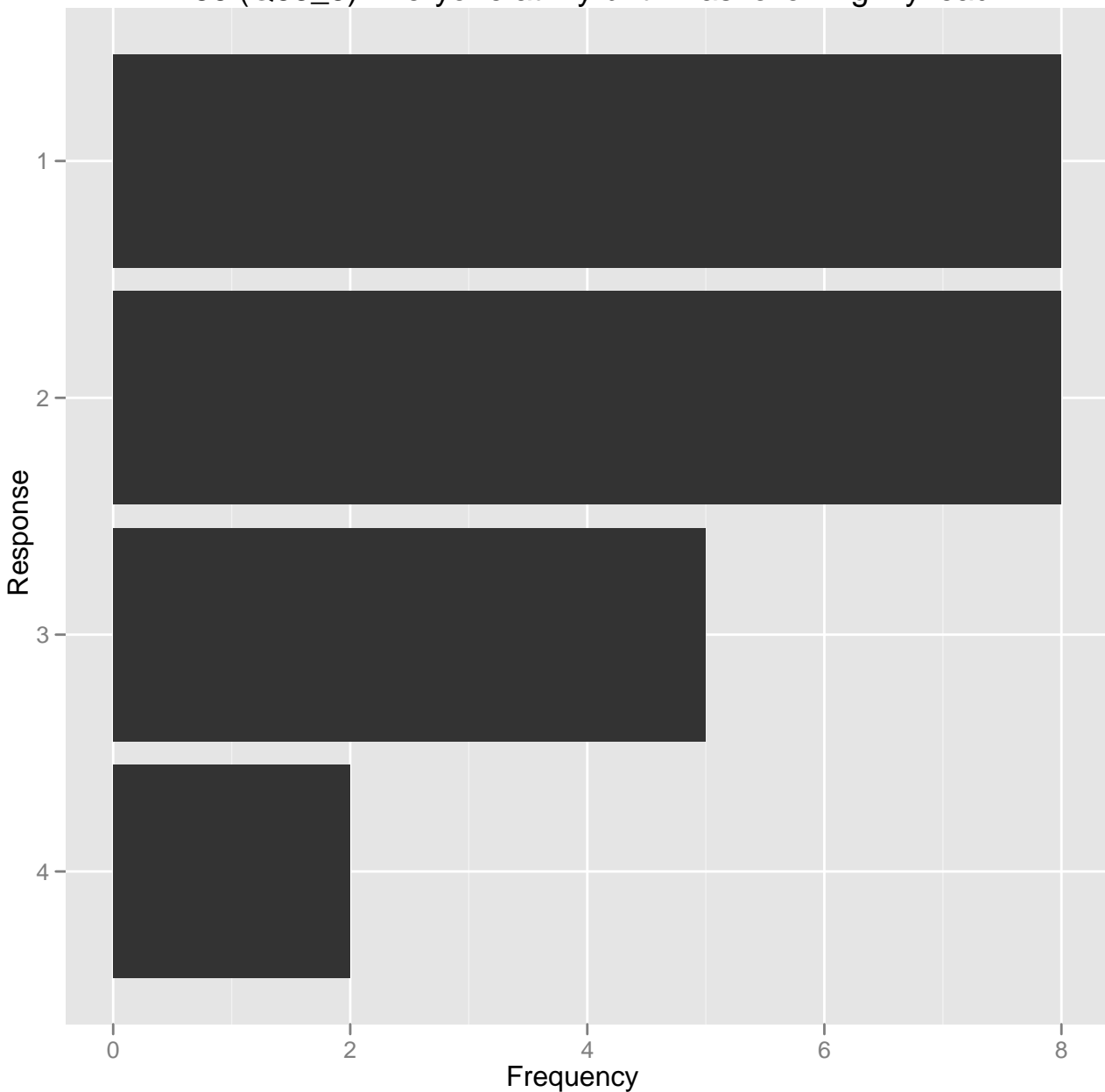
P134 (Q55\_3):My memories (now) of my labor are very vivid



P135 (Q55\_4):I was acutely aware of how long my labor was taking

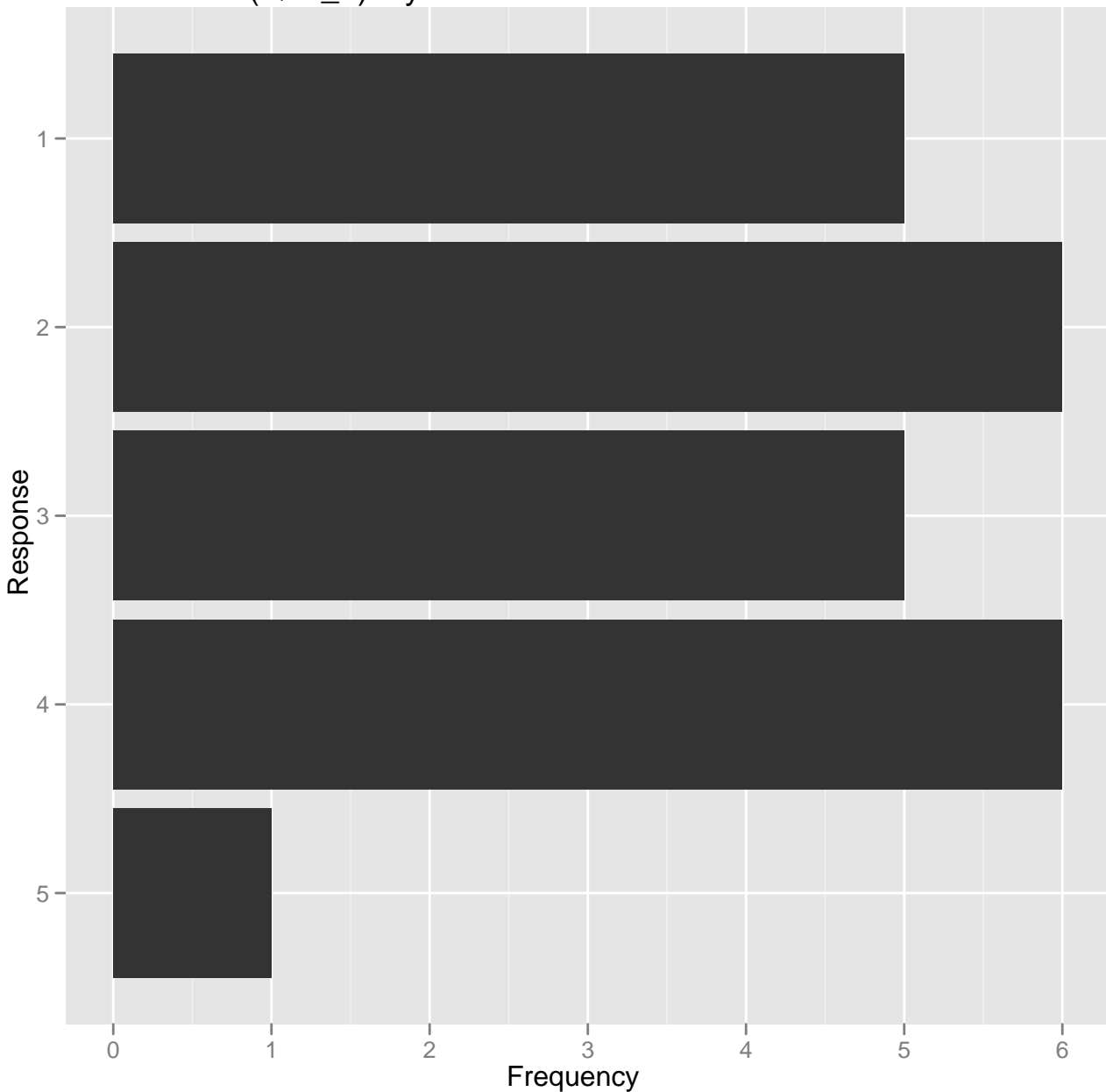


P136 (Q55\_5):Everyone at my birth was following my lead

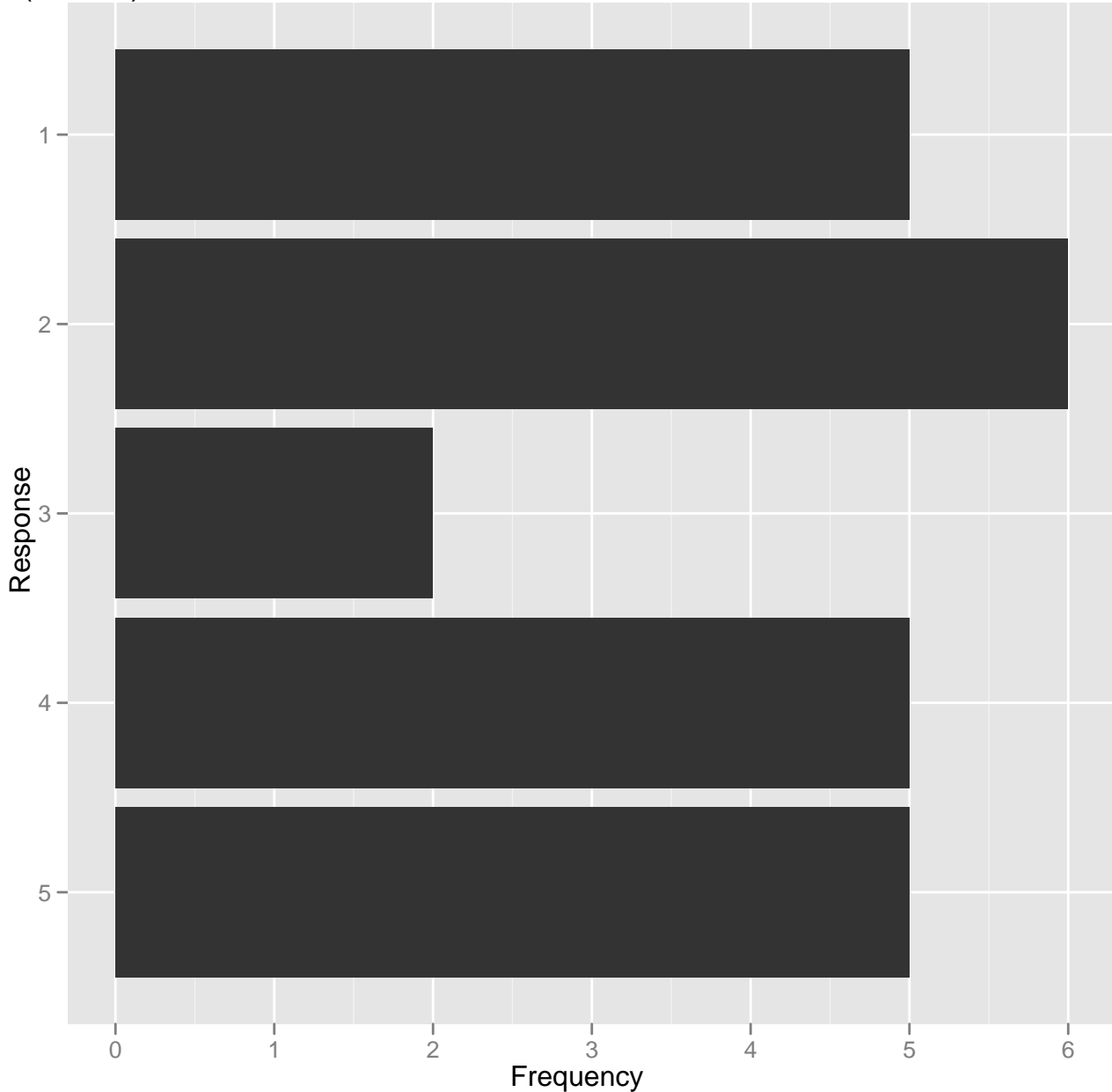




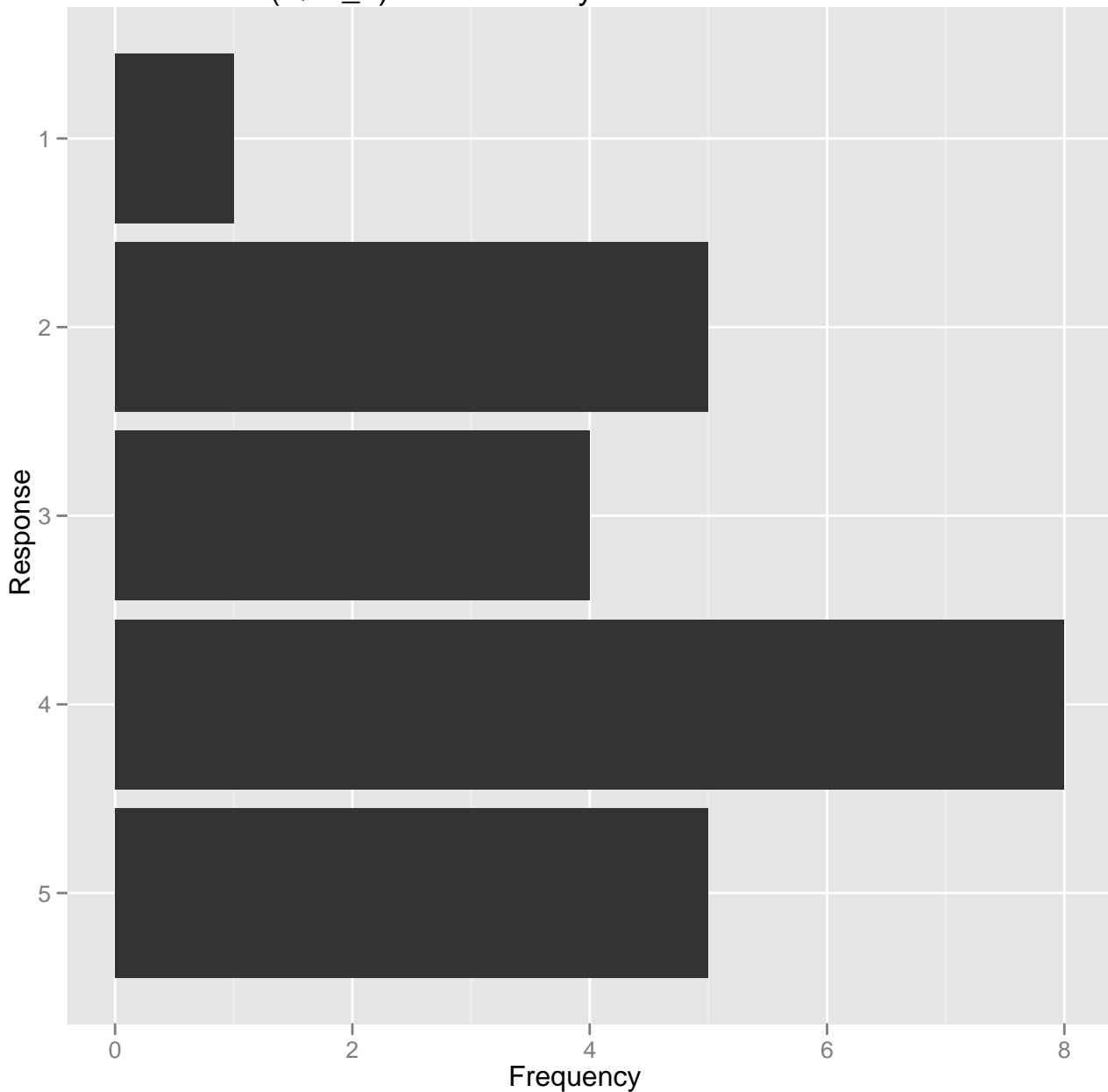
P137 (Q55\_6):My external environment felt distant to me



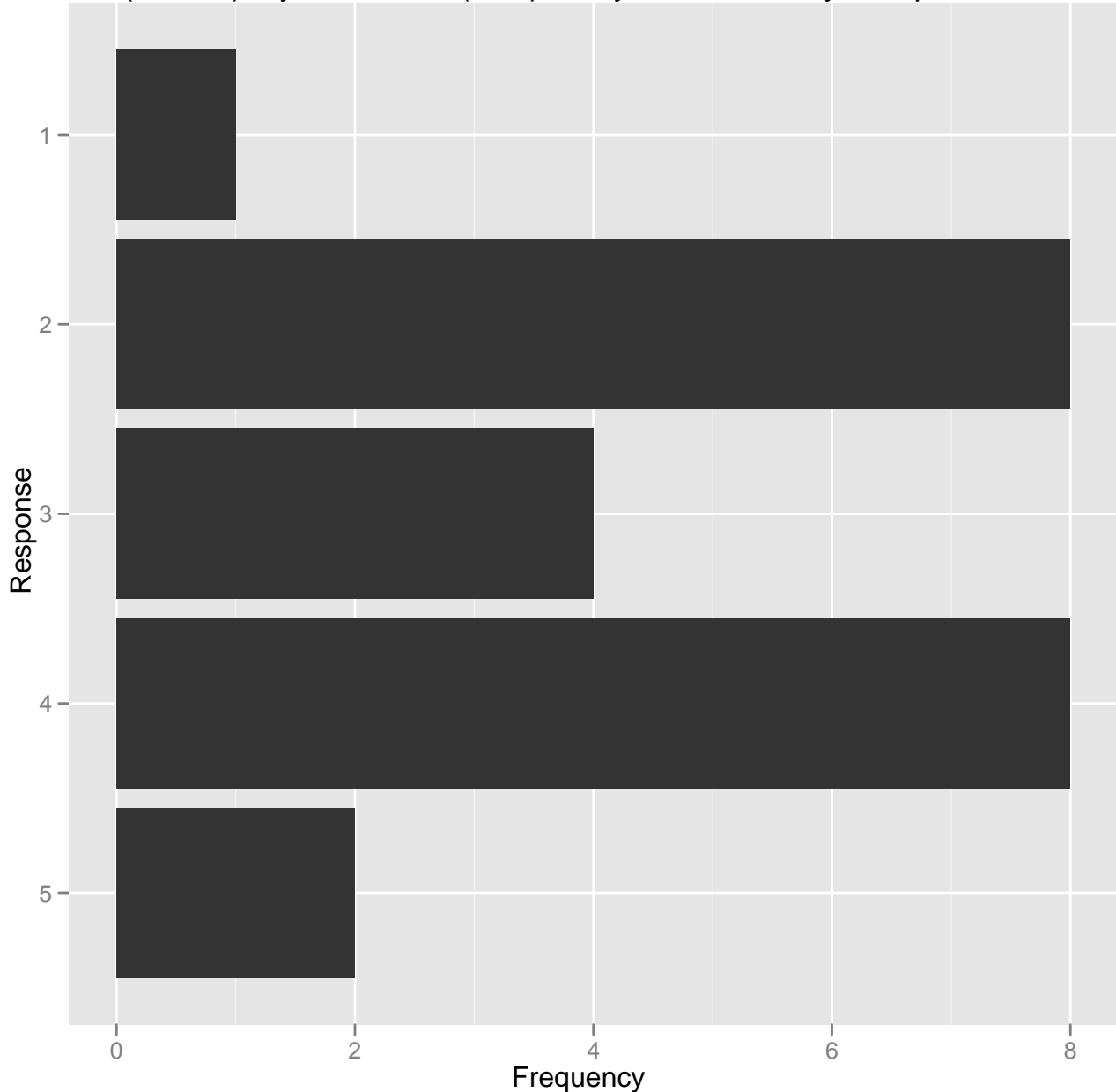
38 (Q55\_7):I felt connected to all the women who have labored and birthed before



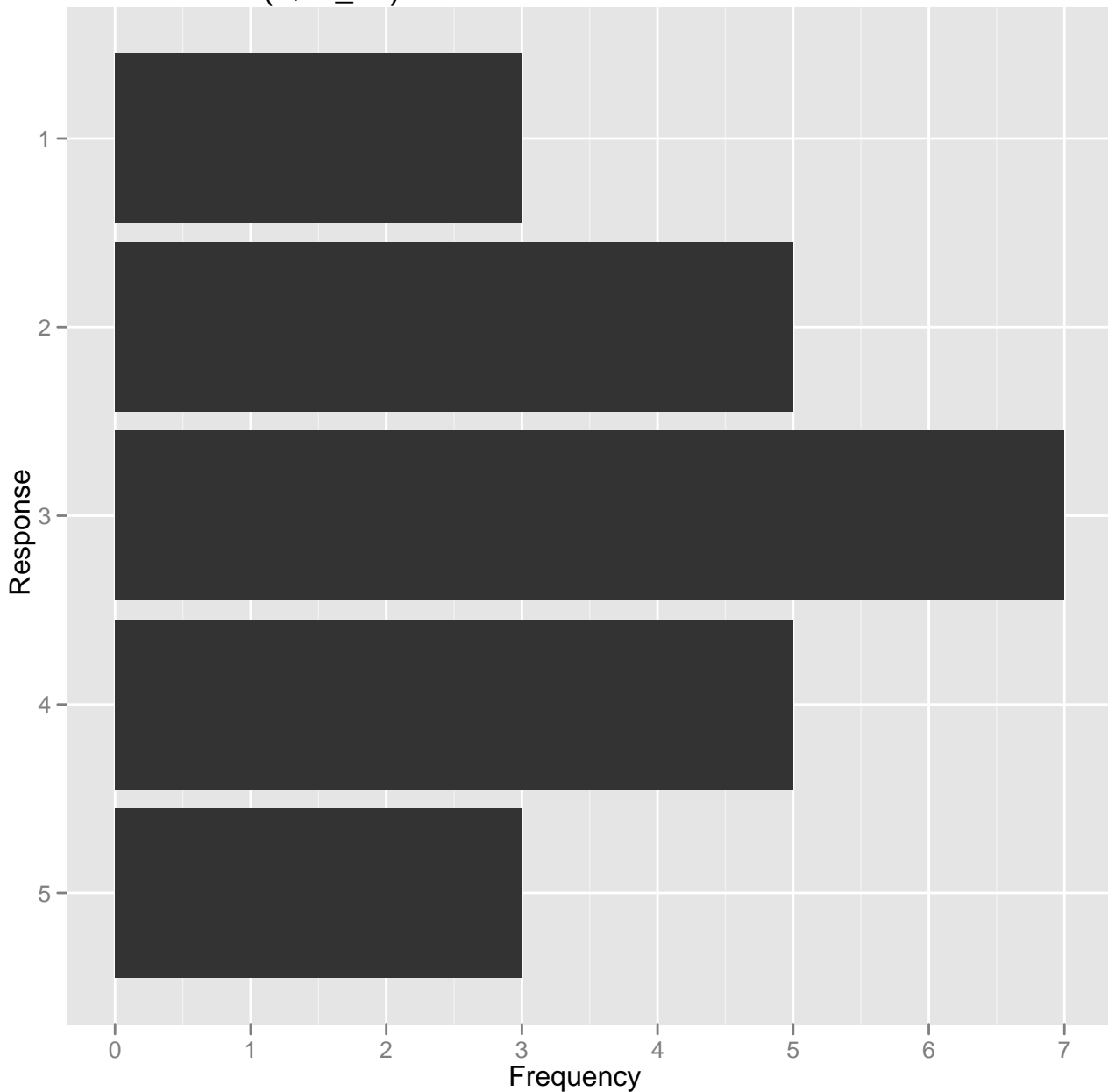
# P139 (Q55\_8):I found it very difficult to remain relaxed



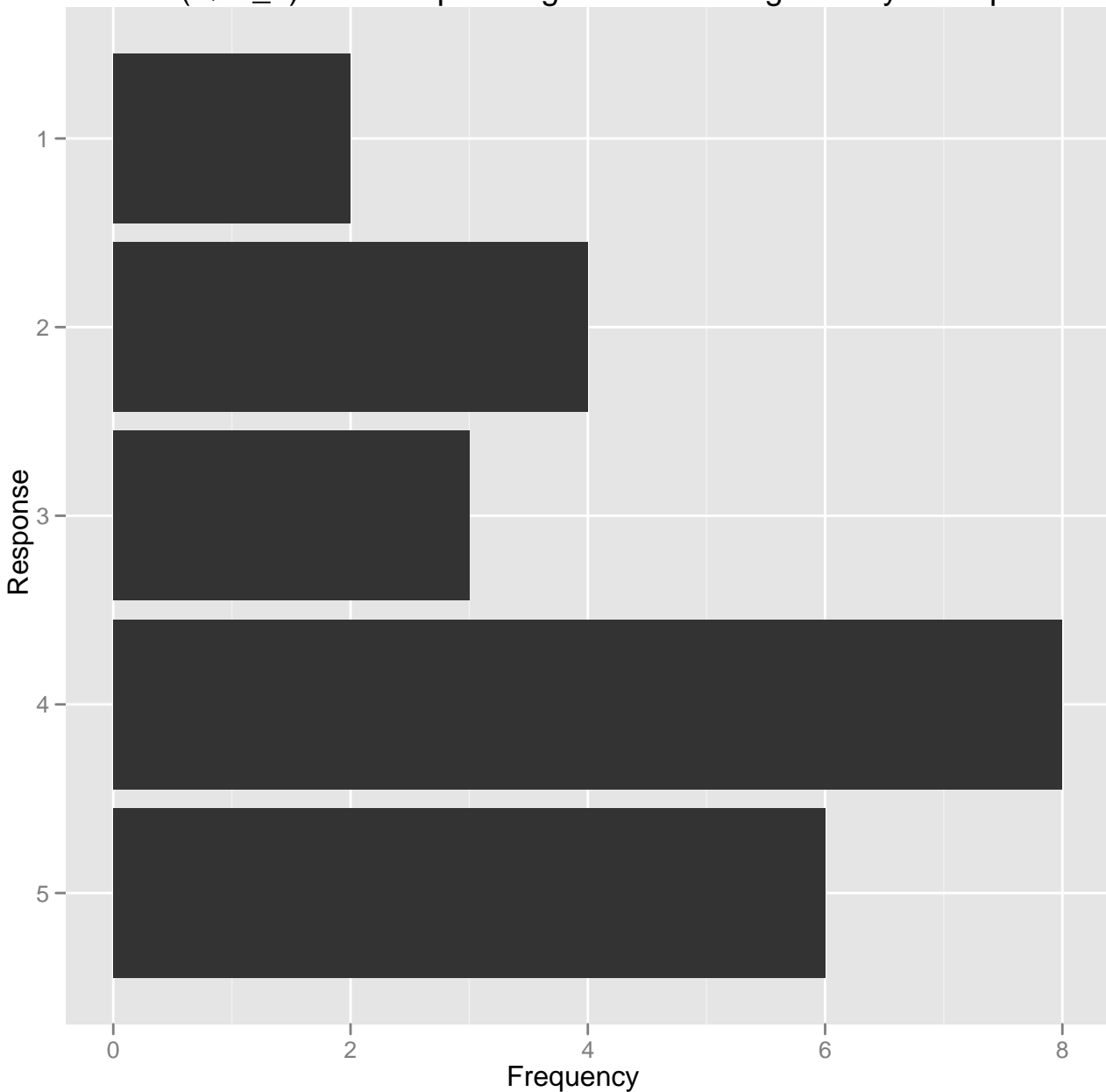
P140 (Q55\_9):My memories (now) of my labor are very sharp and detailed

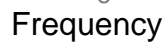


P141 (Q55\_10):I felt a sense of oneness with the world

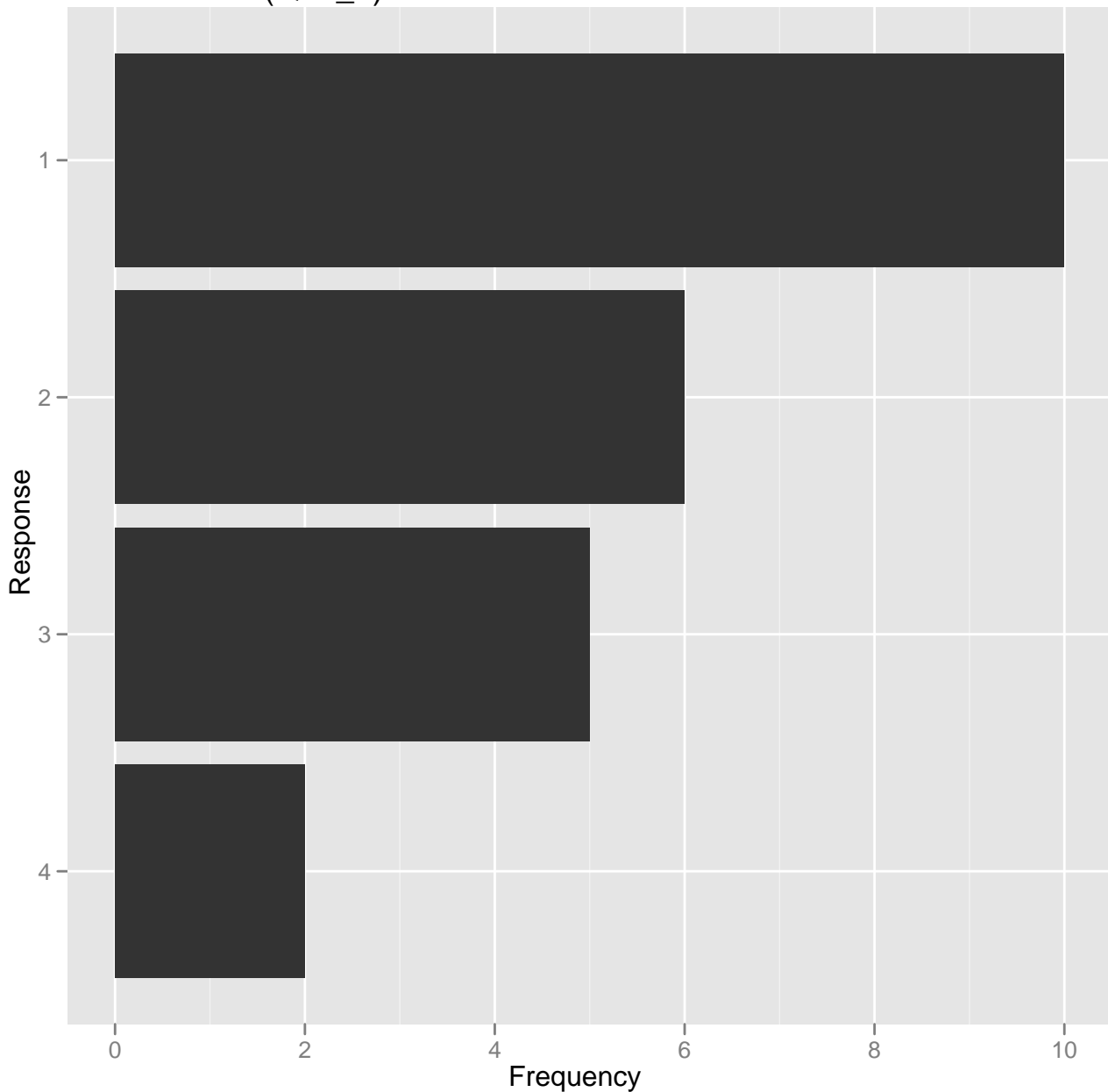


P142 (Q56\_1):I was helpless against the strength of my labor pain



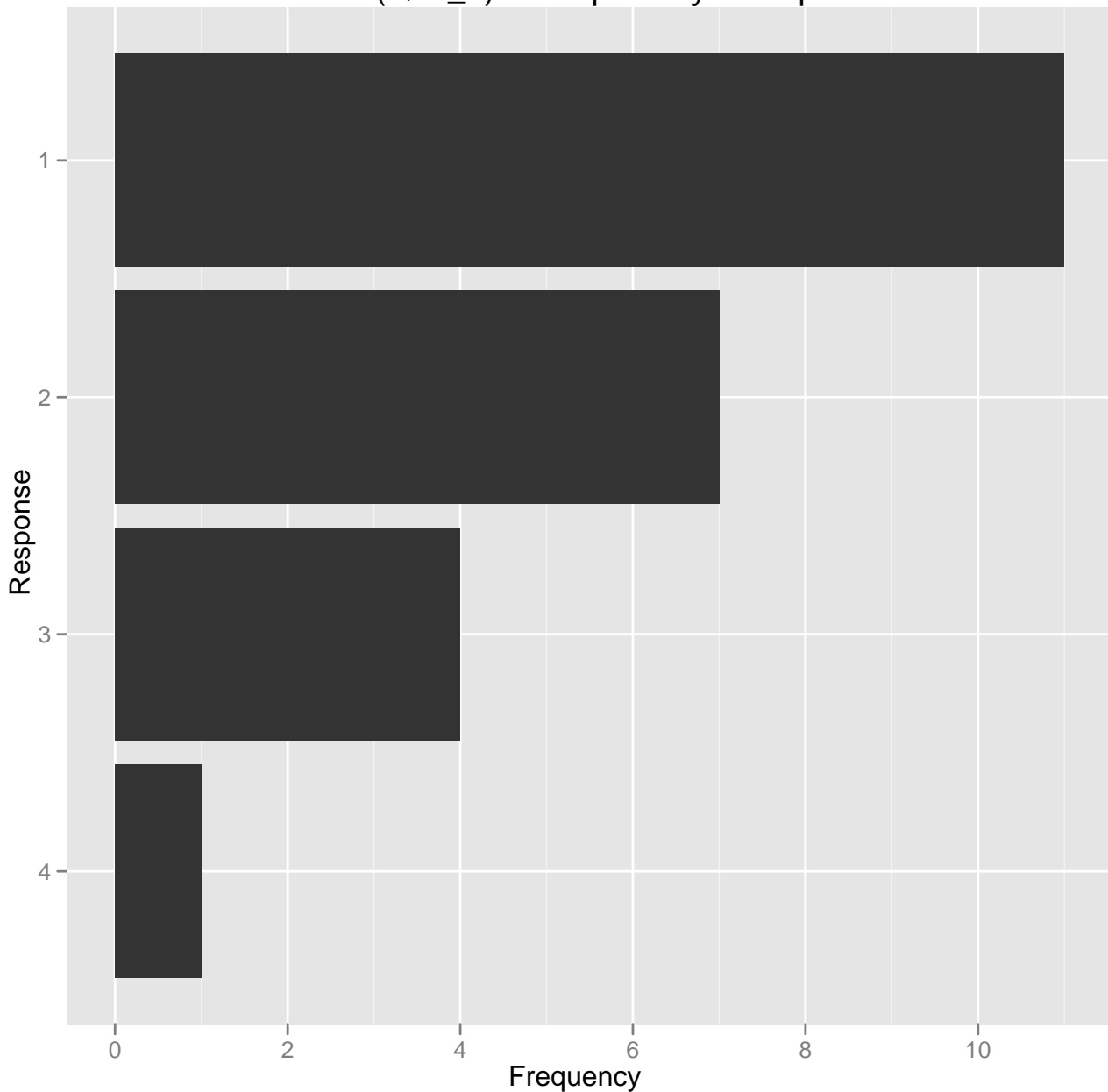


P144 (Q56\_3):Time seemed to slow down or stand still

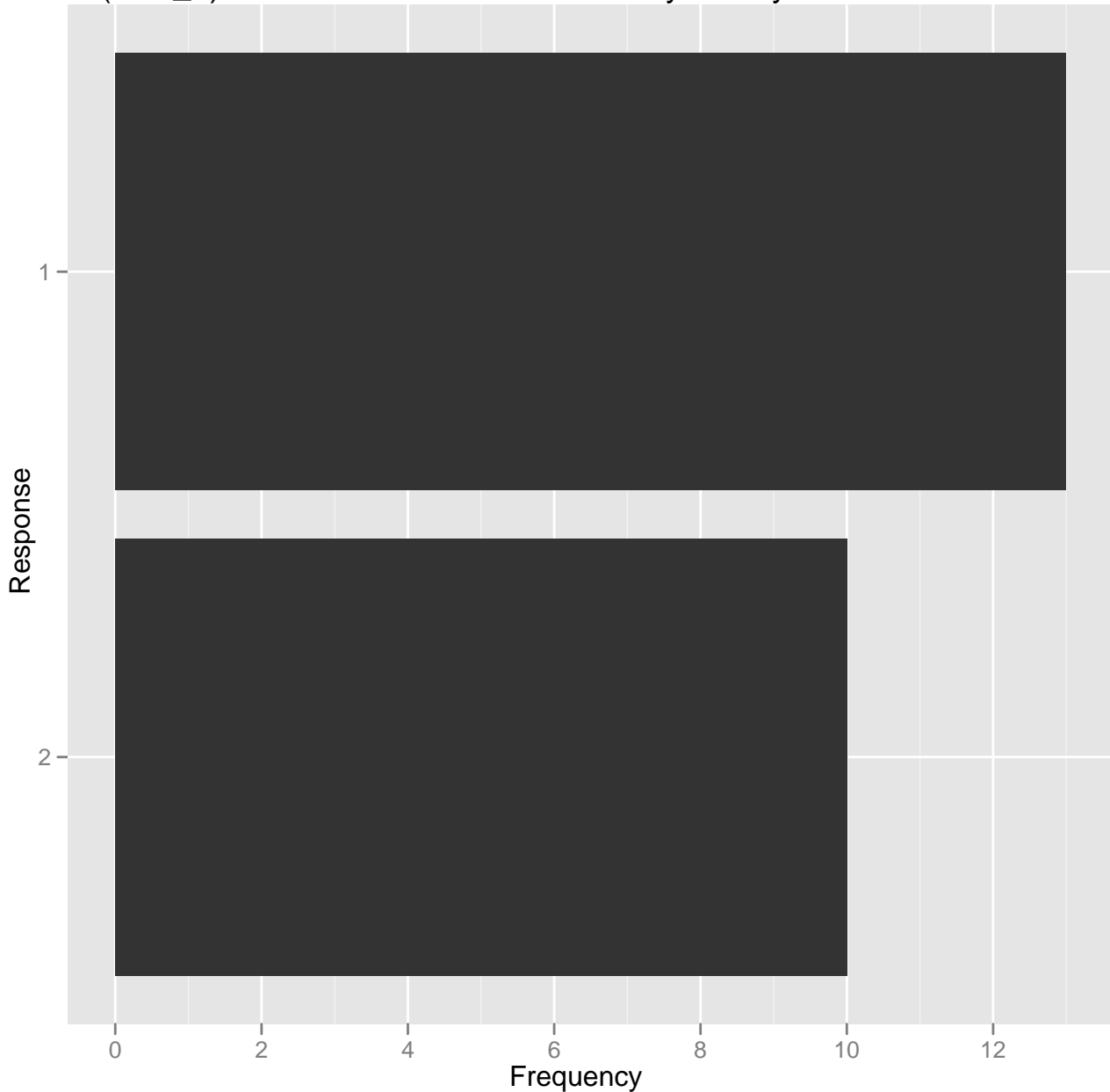




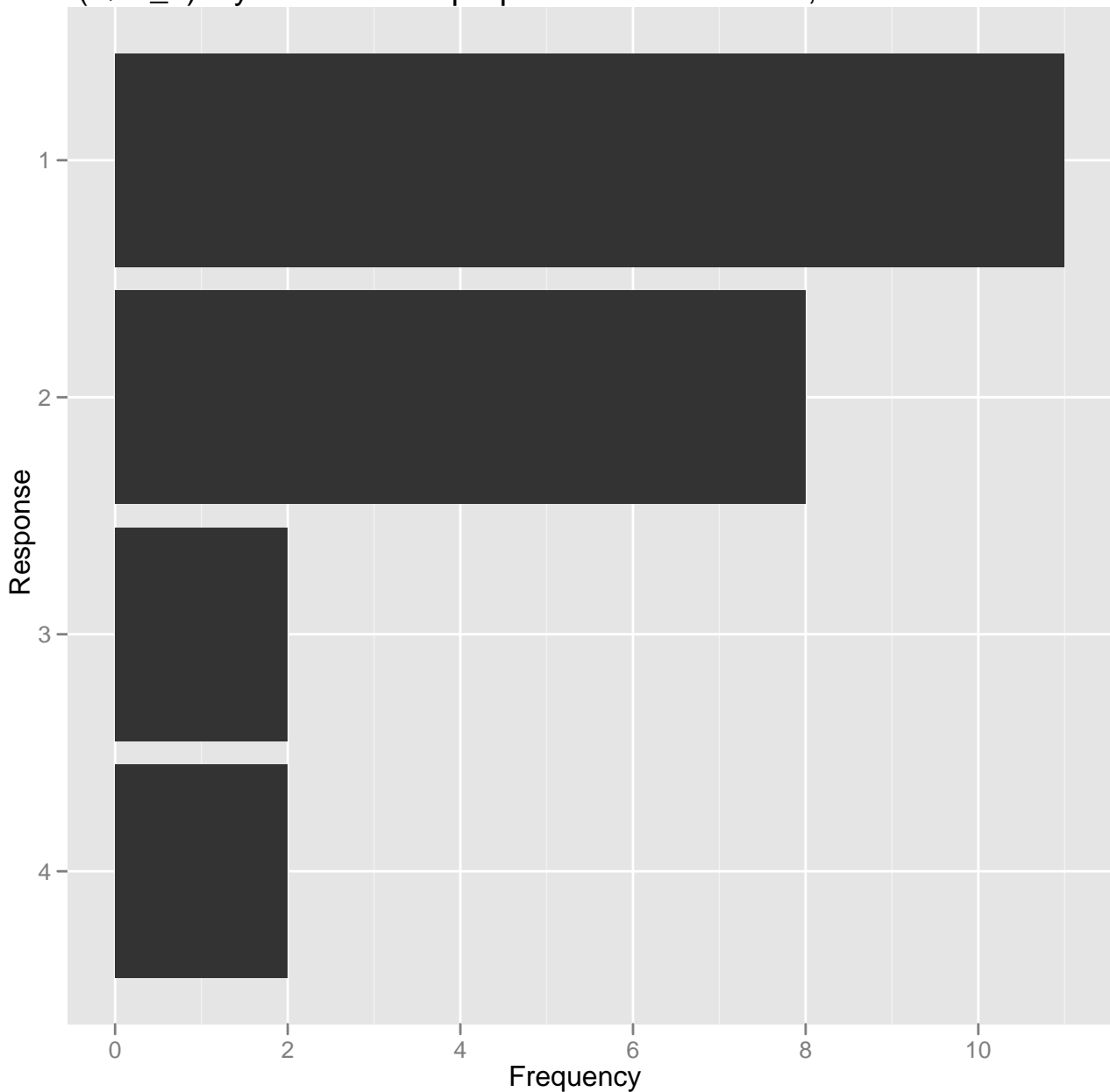
# P145 (Q56\_4):I accepted my labor pain



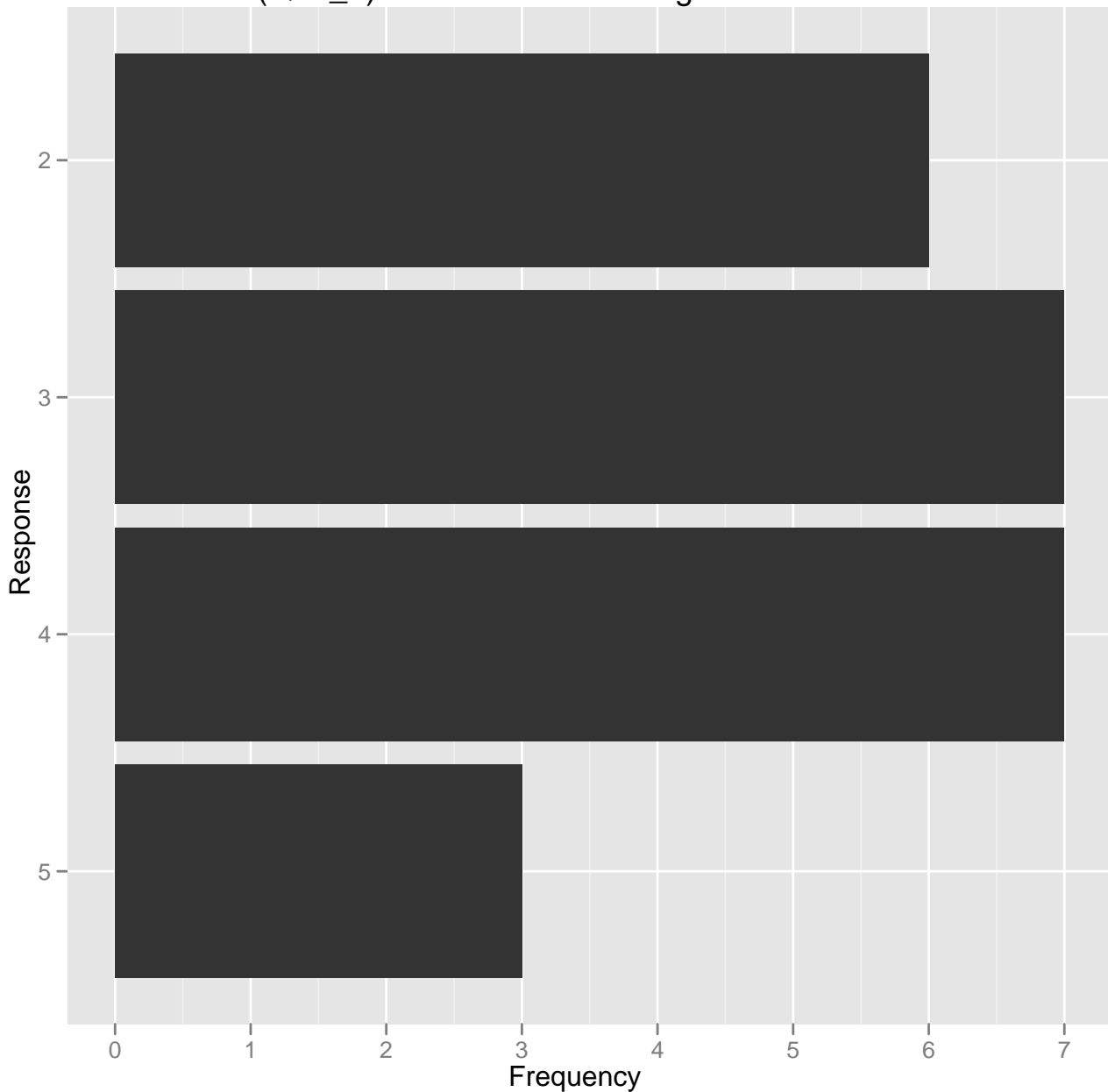
P146 (Q56\_5): I was oblivious to the world beyond my immediate environment



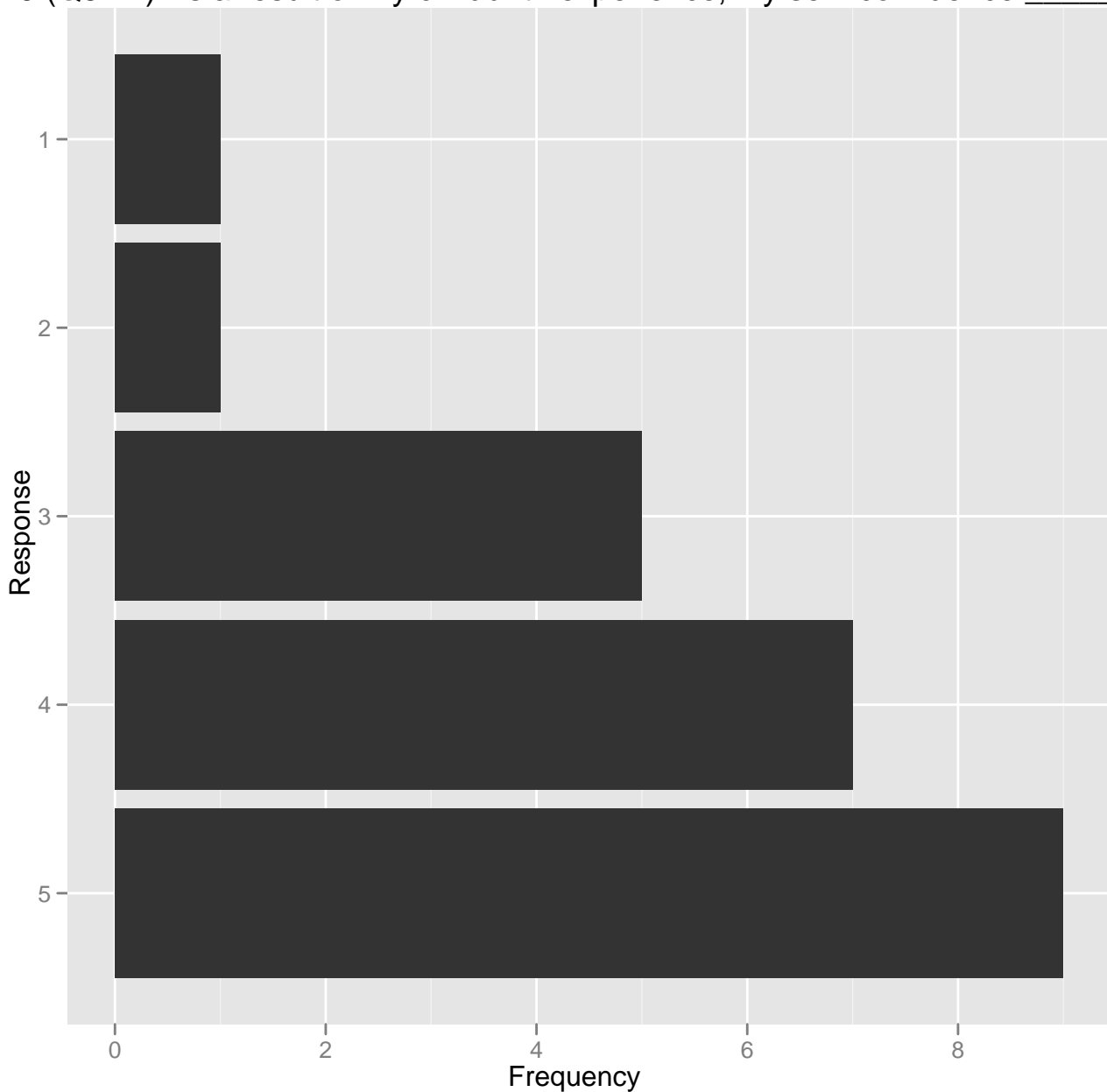
P147 (Q56\_6):My actions were purposeful and essential, not frantic or excessive



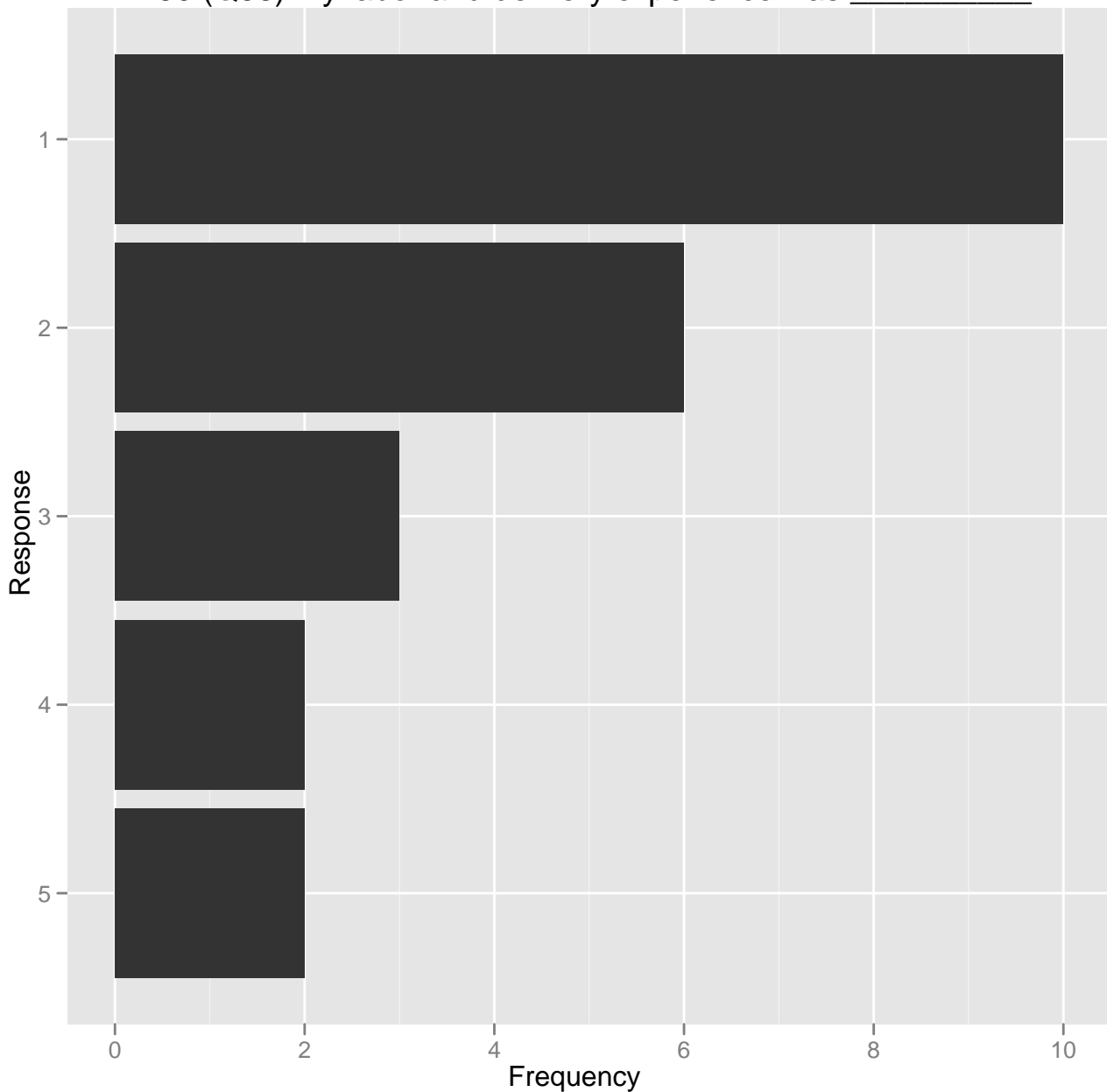
P148 (Q56\_7):I dreaded the coming of each contraction



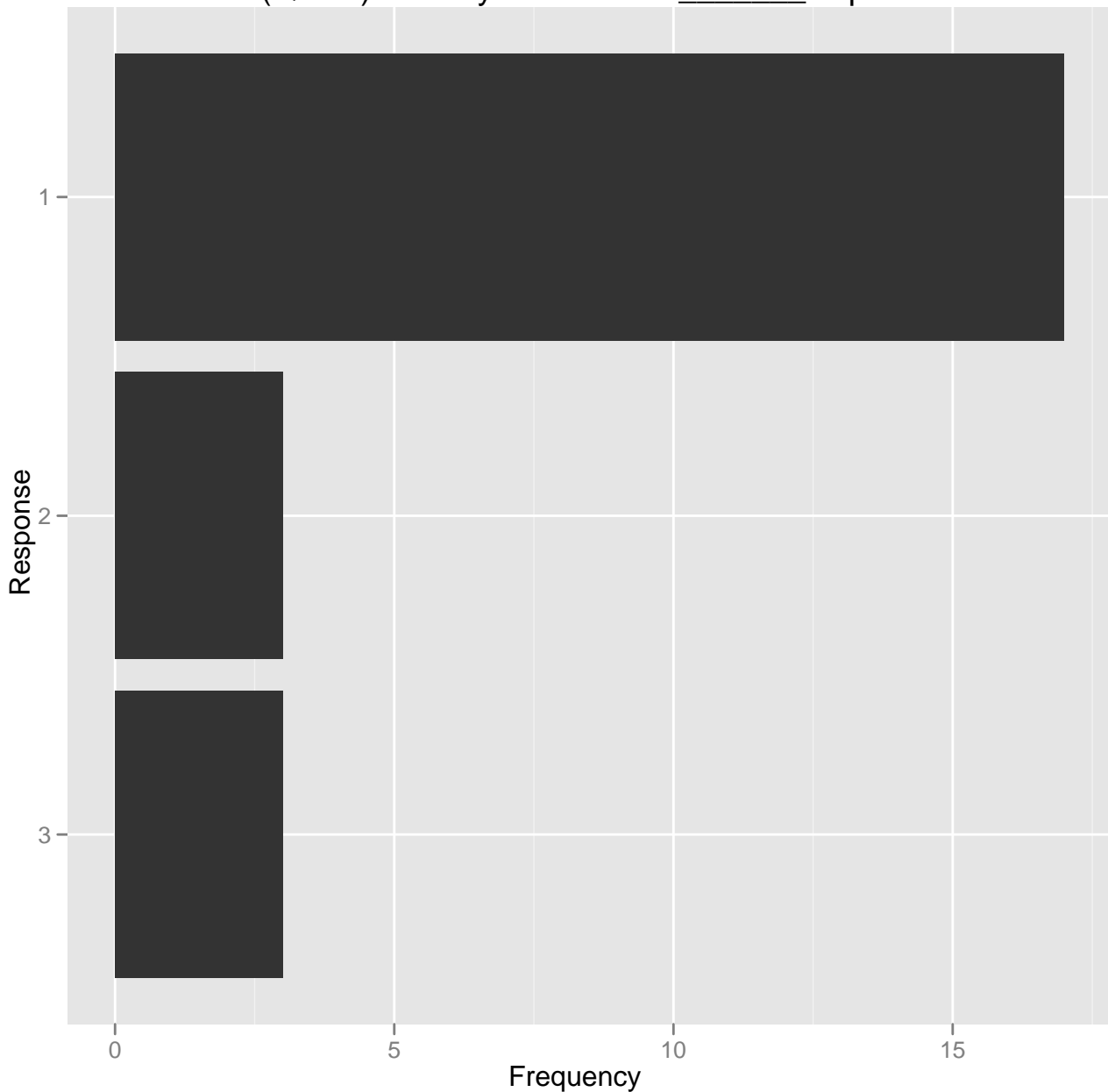
149 (Q57.1):As a result of my childbirth experience, my self-confidence \_\_\_\_\_



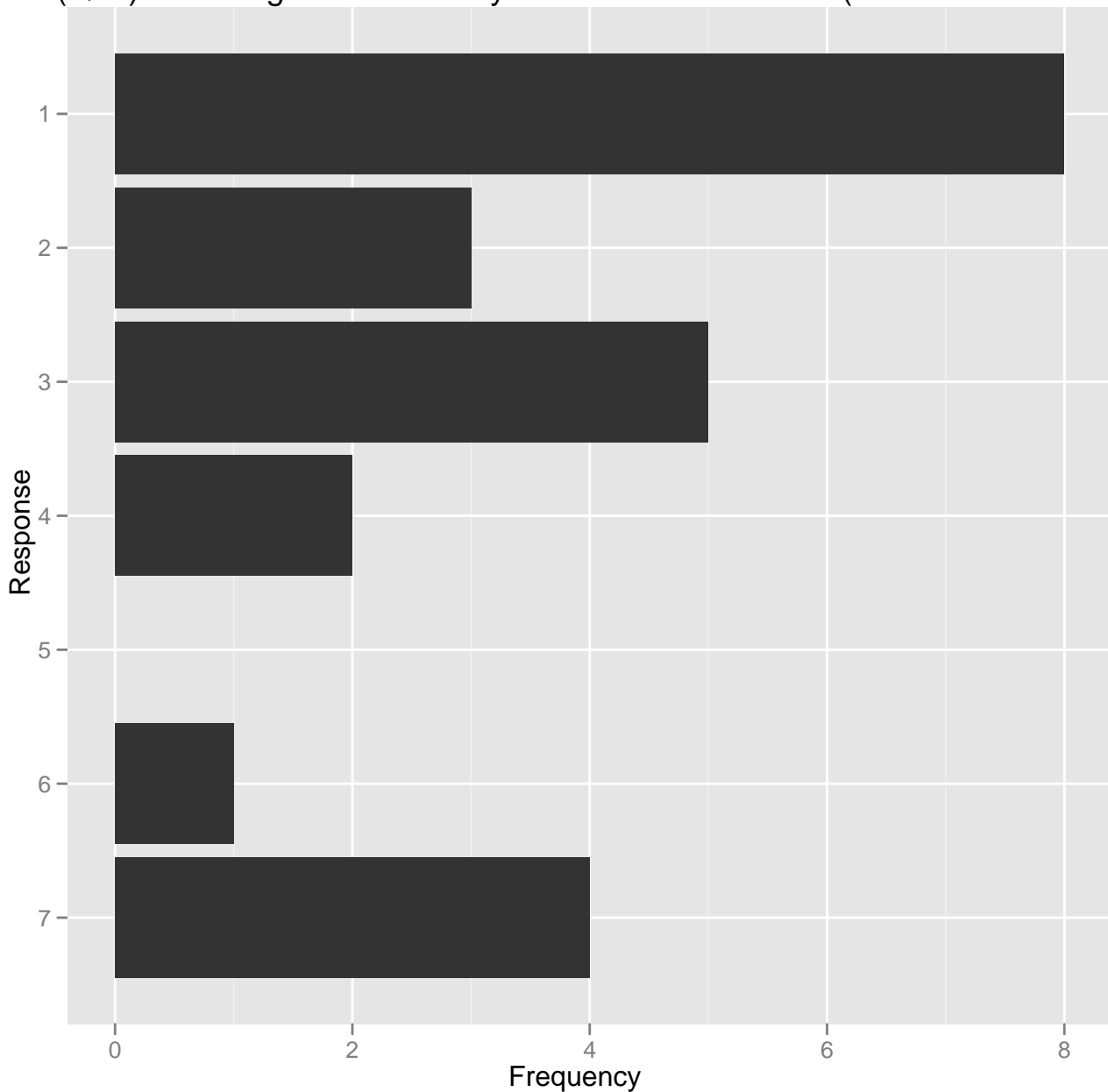
P150 (Q58):My labor and delivery experience was \_\_\_\_\_



P151 (Q59.1):I felt my labor was a \_\_\_\_\_ experience

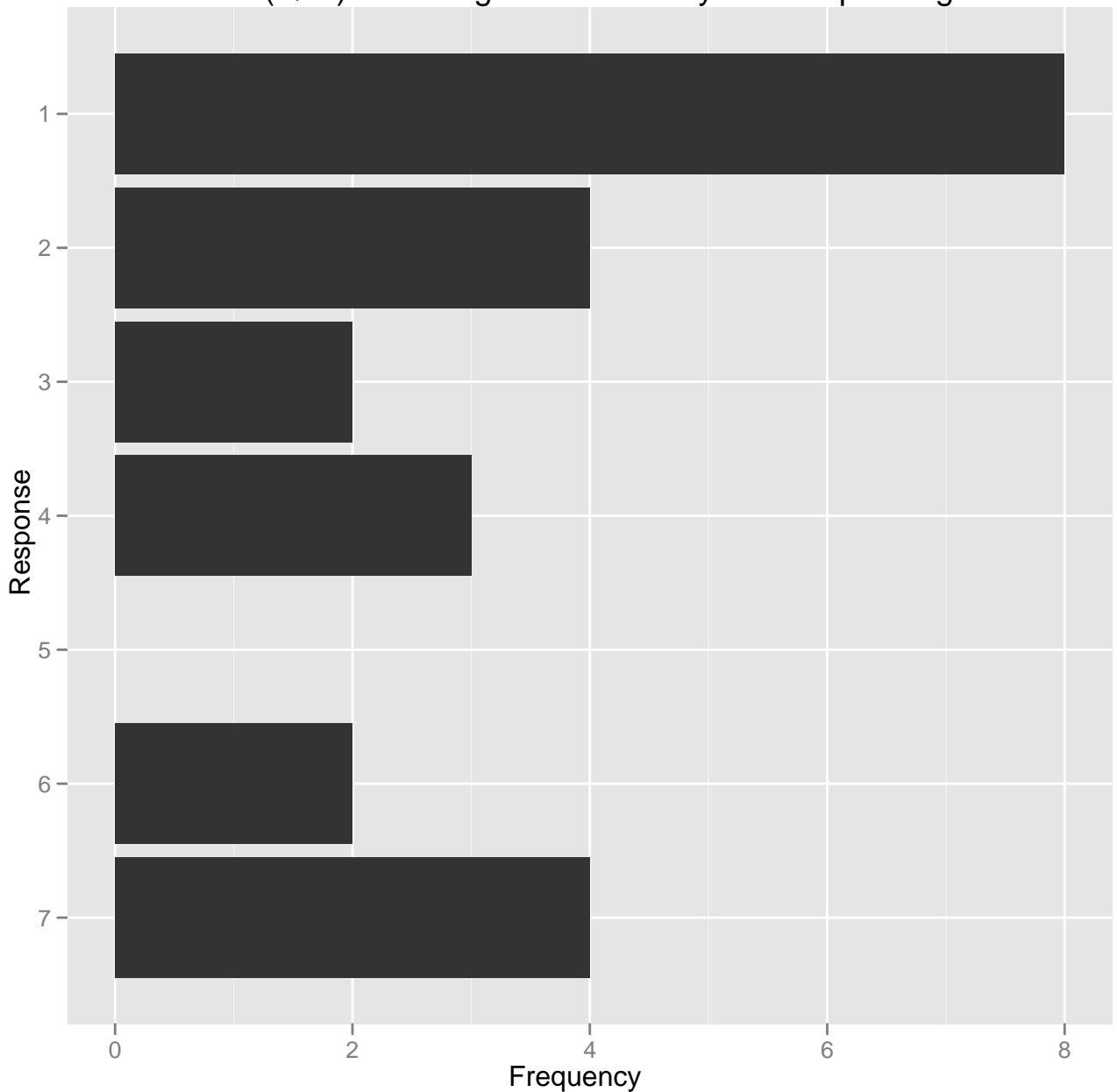


P152 (Q60):How long did it feel like you were in active labor (4cm or more dilated)?

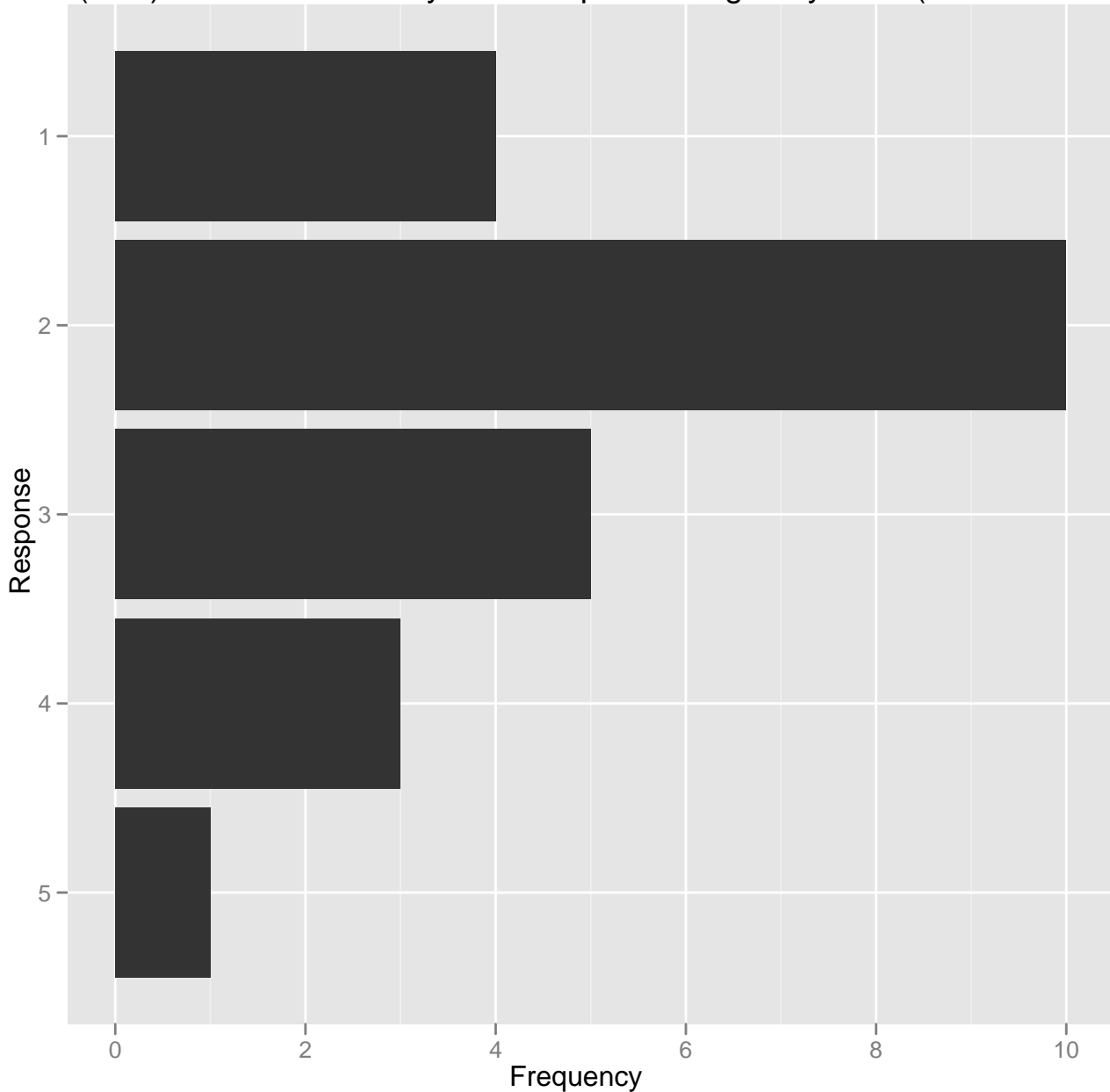




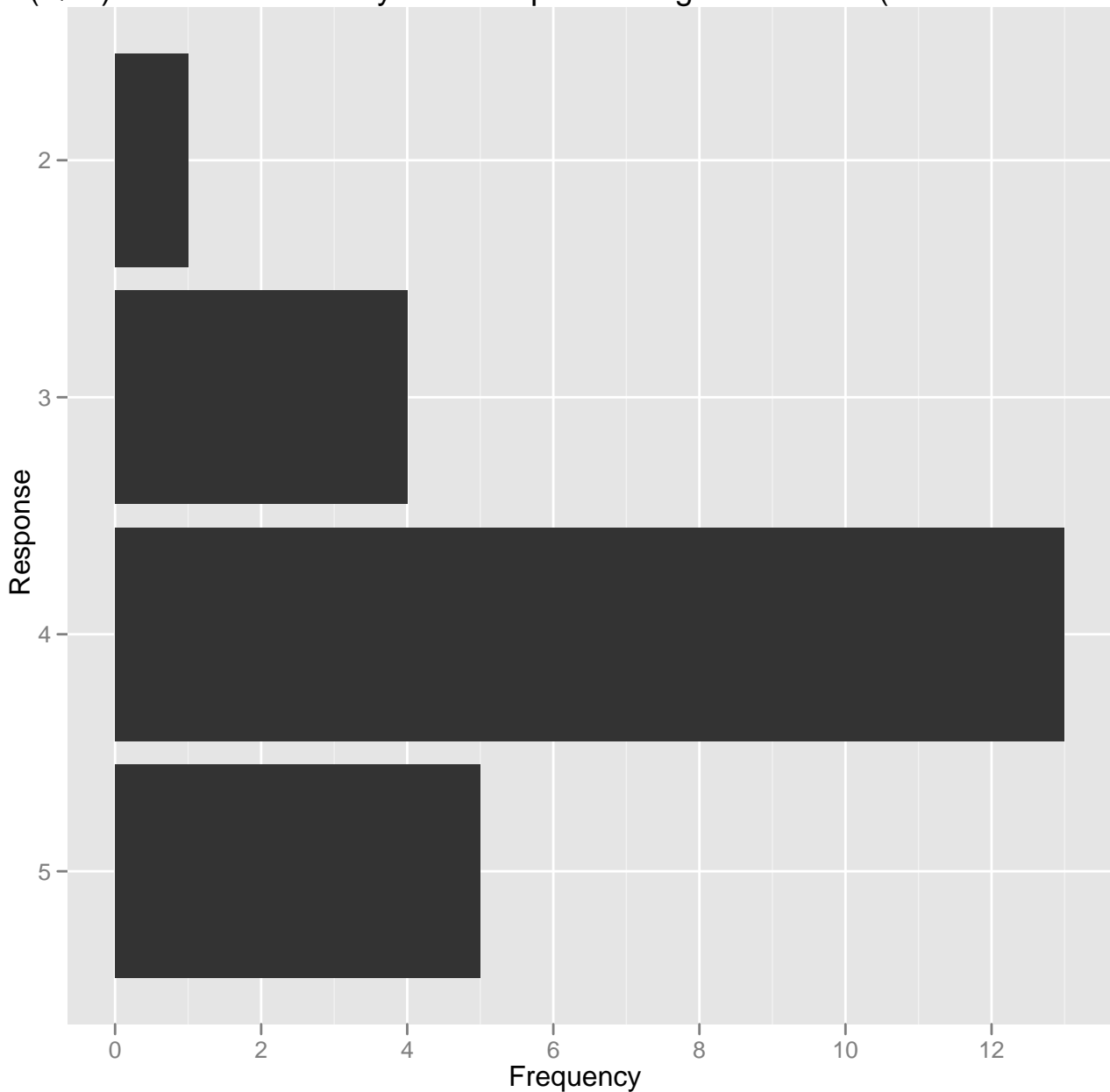
# P153 (Q61):How long did it feel like you were pushing?



P154 (Q62):How intense was your labor pain during early labor (0–4cm dilated)?



55 (Q63):How intense was your labor pain during active labor (4cm or more dilate



P156 (Q64):How intense was your labor pain during pushing?

