Rabia Majeed

📱 (+1) 209-877-3938 – 🏠 Merced, California - 95348

✉ rmajeed2@ucmerced.edu | 🖥 https://rabiamajeed839.wixsite.com/rmajeed-2 | 🔗 https://www.linkedin.com/in/rabia-majeed-40860195/

SUMMARY

Health Psychology researcher with significant academic and applied research experience. Proficient in mixed-methods research, experimental design, and data analysis. Skilled in investigating psychological determinants of health behaviors and providing recommendations for evidence-based behavior change interventions.

SKILLS

Research: Meta-analysis, Survey studies, Design science, Psychometric assessment, Focus group interviews, Semi-structured interviews
Technical: R, SPSS, Mplus
Statistical Analysis: Regression Analysis, Structural Equation Modeling, Bayesian Analysis, Factor Analysis, Multilevel Modeling, Content Analysis, Interpretative Phenomenological Analysis
Tools: Qualtrics, Google Workspace, Google Analytics, Zoom, Figma, Adobe Illustrator

EDUCATION

UNIVERSITY OF CALIFORNIA, MERCED — Merced, CA

Ph.D. in Psychological Sciences — May 2026

- **Focus:** Health Psychology
- **Certification:** Advanced training in Quantitative Methods, Measurements, and Statistics (QMMS)
- **Advisor:** Dr. Martin Hagger
- **Relevant Course Work:** Science of Behavior Change, Community-Engaged Research, Advance Psych Statistics II, Structural Equation Modeling, Multivariate Analysis, Measurement Theory & Psychometrics

UNIVERSITY OF CALIFORNIA, MERCED — Merced, CA

M.A. in Psychological Sciences (CGPA: 4.00/4.00) — Aug 2023

- **Focus:** Health Psychology
- **Advisor:** Dr. Martin Hagger
- **Thesis:** A meta-analytic review of self-management behaviors in Familial Hypercholesterolemia

GOVERNMENT COLLEGE UNIVERSITY, LAHORE — Pakistan

M.S. in Clinical Psychology (CGPA: 3.79/4.00) — June 2019

- **Advisors:** Dr. Mahwesh Arooj Naz
- **Thesis:** Identity Crisis, Emotional Intelligence and Suicidal Ideation in Emerging Adults

EXPERIENCE

UNIVERSITY OF CALIFORNIA, MERCED — Merced, CA

GRADUATE RESEARCH ASSISTANT — Sep 2021-Present

Applying Social Psychological Theories and advanced statistical methods to predict and change health behaviors, make evidence-based recommendations, and understand health outcomes.

- Conducted **meta-analytic review** using **R** examining self-management behaviors in Familial Hypercholesterolemia (FH) patients. Analyzed 1,500+ participants data to identify behavioral predictors (es 0.170-0.474), providing evidence-based intervention recommendations.
- Led the implementation of a large-scale multi-lab **experimental study** on thought suppression, coordinating with **37 international labs**. Managed data collection for 200+ participants using **double-blind procedure**, resulting in cross-cultural validation of theories.
- Led **qualitative research** on COVID-19 vaccine hesitancy among California Latinos. Conducted **8 focus groups** with 40+ participants using **design-focused approach**. Used **thematic analysis** to deliver culturally-tailored messaging recommendations to health organizations.
- Designed and executed a **survey** study using **Qualtrics** to assess public attitudes towards tobacco and cannabis use policies. Analyzed responses from 600 participants to provide actionable insights on public perception trends for policymakers.
- Moderated **focus group interviews** for tobacco policy research, using **qualitative analysis** methods to translate community perspectives into practical policy implementation strategies.
- Established **international research collaborations** with teams of **Australia** and **Finland**. Conducted 3 cross-country studies that identified patterns in health behaviors across diverse cultures.
- Developed and delivered **structured training sessions** for research assistants in **meta-analysis** methodology, including screening, data extraction, and quality assessment, resulting in improved team efficiency and research output quality.

GRADUATE TEACHING ASSISTANT — 2024

- Teaching Assistant for **Psychology and Film** [Spring 2024] and **Personality Psychology** [Fall 2024]
    - Maintained regular office hours and provided **timely feedback**, resulting in improved student engagement.
    - Designed and led **interactive discussions** and **guest lectures** on specialized topics including dark triad personality traits and role of emotions. Developed engaging multimedia content and case studies, resulting in 90% positive student feedback and increased class participation.

SOCIAL SCIENCE AND MEDICINE JOURNAL

EDITORIAL ASSOCIATE

California, USA

Sept 2021 – Dec 2023

Managed the editorial process for a leading interdisciplinary journal, overseeing manuscript progression from submission to publication

- Managed **editorial support** for manuscript submission using **ScholarOne**. Processed 200+ manuscripts monthly, reducing processing time by 20% through streamlined workflows.
- Developed manuscript tracking system using **Excel** and **data visualization tools**. Created automated dashboards improving tracking efficiency by 30%.
- Screened 200+ manuscripts monthly using **quality assessment frameworks**. Streamlined allocation process, increasing peer-review process advancement by 25%.
- Optimized **peer-review process** by strategically matching manuscripts with expert reviewers based on research expertise. Maintained a database of 1000+ reviewers and achieved 85% acceptance rate for review invitation acceptance.
- Led monthly **editorial strategy meetings** with editorial teams. Created structured agendas and documentation procedures, resulting in improved communication and 40% faster resolution of publication queries.

PUNJAB INSTITUTE OF MENTAL HEALTH (PIMH)

CLINICAL PSYCHOLOGIST

Pakistan

2019 – 2021

Implemented evidence-based cognitive-behavioral therapy (CBT) and dialectical behavior therapy (DBT) intervention for both in-patient and out-patient population, used standardized assessment tools to track treatment outcomes and improve therapeutic efficacy of various psychological disorders.

- Developed **therapy protocol** with team of **25 psychologists**. Successfully implemented standardized protocol across the hospital system, improving care consistency.
- Delivered **individualized psychotherapy** using CBT and DBT frameworks for major depressive disorder, anxiety disorders, post-traumatic stress disorders, and eating disorders. Achieved positive treatment outcomes through evidence-based intervention approaches and regular progress monitoring.
- Coordinated care for 40+ inpatients through **multidisciplinary collaboration**. Coordinated with team of psychiatrists and nurses to optimize treatment outcomes.
- Designed and facilitated **group-based psychotherapy** sessions and introduced music therapy interventions for in-patients, leading to increased treatment engagement and improved emotional expression among participants.
- Conducted psychological standardized **assessments and clinical interviews**, to generate data-driven insights, for idiosyncratic treatment plans and systematic outcome evaluations.

PUBLICATIONS, PEER-REVIEWED

1. Wang, D., Hagger, M., **Majeed, R.,** Zoe, G. (n.d.). Ironic effects of though suppression – A multilab registered replication report. Advances in Methods and Practices in Psychological Sciences [In-principle acceptance].
2. **Majeed, R.,** & Hagger, M. (n.d.). The trans-contextual model of motivation in education: Progress and new directions. In Motivation in Physical Education. Springer Education [In Submission].
3. **Majeed, R.,** Hamilton, K., Watts, G. F., & Hagger, M. S. (2024). Social cognition correlates of self-management behaviors in patients with Familial Hypercholesterolemia (FH): A meta-analytic review. Social Science & Medicine, 351, 116968. https://doi.org/10.1016/j.socscimed.2024.116968
4. Griffith, M., **Majeed, R.,** & Hagger, M. (2023). Psychological mediators of relations between socio-structural variables and physical activity: A proposed mechanistic model. Asian Journal of Sports and Exercise Psychology, https://doi.org/10.1016/j.ajsep.2023.09.001
5. **Majeed, R.,** Ahmad, M., & Gul, M. (2022). Exploration of Gender Role Conflicts in Transfeminine Individuals: An IPA Study. Pakistan Journal of Social and Clinical Psychology, 19(1), 20-26.

CONFERENCE PRESENTATIONS

1. Examining social cognition correlates of self-management behaviors in patients with Familial Hypercholesterolemia (FH)'. 81st Annual meeting, Society for Biopsychosocial Science and Medicine, Brighton, UK — March 2024
2. 'Examining social cognition correlates of self-management behaviors in patients with Familial Hypercholesterolemia (FH)'. Society of Behavioral Medicine, USA — April 2024
3. 'Introduction to Meta-Analysis: Step-by step process to conducting research', HAPI Lab, Australia — Nov 2023
4. 'Emotional regulation: Understanding emotions and their management'. SHARPP Lab, USA — Sep 2022

FELLOWSHIP AND AWARDS

1. Fulbright Foreign Student Program Fellowship — 2021-2026
2. Psychology Graduate Student Development Award, University of California, Merced — 2024
3. Graduate Student Supplemental Travel Awards, University of California, Merced — 2023
4. Social Science and Medicine Editorial Support — 2021-2023