

# A CONFUSION ABOUT THE STERN INTEGRAL INEQUALITY

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Everything below is pretty much directly adopted from my Bachelor's Thesis (which more or less just followed [Bra+19]), though I have tried to keep track of **additional terms** (marked in **red**) to strengthen the encountered inequalities into equalities.

The following is adopted from [Bra+19, Proposition 4.2] but (surely due to some mistake I made somewhere) I have seemingly proven an equality without even requiring any additional terms.

**Proposition 1.** *Let  $(\Omega, g)$  be a compact 3-dimensional oriented Riemannian manifold with piecewise smooth boundary  $\partial\Omega = P_1 \sqcup P_2$ , having outward unit normal  $\nu$ . Let  $u: \Omega \rightarrow \mathbb{R}$  be a harmonic function (i.e.  $\Delta u = 0$ ) such that  $\partial_\nu u = 0$  on  $P_1$  and  $|\nabla u| > 0$  on  $P_2$ . If  $\bar{u}$  and  $\underline{u}$  denote the maximum and minimum of  $u$  and  $S_t$  are  $t$ -level sets of  $u$ , then*

$$\begin{aligned} \int_{\underline{u}}^{\bar{u}} \int_{S_t} \frac{1}{2} \left( \frac{|\nabla^2 u|^2}{|\nabla u|^2} + R \right) dA + \int_{\partial S_t \cap P_1} H_{P_1} dl dt \\ = \int_{\underline{u}}^{\bar{u}} \left( 2\pi \chi(S_t) - \int_{\partial S_t \cap P_2} \kappa_{\partial S_t} dl \right) dt + \int_{\bar{P}_2} \partial_\nu |\nabla u| dA, \end{aligned}$$

where  $\chi(S_t)$  denotes the Euler characteristic of the level sets,  $\kappa_{\partial S_t}$  denotes the geodesic curvature of  $\partial S_t$  in  $S_t$  and  $H_{P_1}$  denotes the mean curvature of  $P_1$ .

*Proof of Proposition 1.* During the following proof, we will be considering

$$\phi_\varepsilon := \sqrt{|\nabla u|^2 + \varepsilon}$$

for  $\varepsilon > 0$  instead of  $|\nabla u|$ , since we cannot control the behavior of integrands like  $\Delta|\nabla u|$  and  $\partial_\nu |\nabla u|$  at critical points of  $u$  (where  $|\nabla u| = 0$ ).

We find

$$\begin{aligned} \Delta \phi_\varepsilon &= \nabla_i \nabla^i \sqrt{|\nabla u|^2 + \varepsilon} \\ &= \nabla_i \frac{\nabla^i |\nabla u|^2}{2\phi_\varepsilon} \\ &= \frac{\Delta |\nabla u|^2}{2\phi_\varepsilon} - \frac{|\nabla |\nabla u|^2|^2}{4\phi_\varepsilon^3} \\ &\stackrel{\text{Bochner's identity}}{=} \phi_\varepsilon^{-1} (|\nabla^2 u|^2 + \text{Ric}(\nabla u, \nabla u) - \phi_\varepsilon^{-2} |\nabla u|^2 |\nabla |\nabla u||^2). \end{aligned} \tag{1}$$

Thus on a regular level set  $S$  [Bra+19, Lemma 4.1] yields

$$\Delta \phi_\varepsilon = \frac{1}{2\phi_\varepsilon} (|\nabla^2 u|^2 + |\nabla u|^2 (R_\Omega - R_S) + 2 \cdot (1 - \phi_\varepsilon^{-2} |\nabla u|^2) |\nabla |\nabla u||^2). \tag{2}$$

Let now  $\mathcal{A} \subset [\underline{u}, \bar{u}]$  be an open set containing all the critical values of  $u$  (images of points where  $\nabla u = 0$ ), and let  $\mathcal{B} = [\underline{u}, \bar{u}] \setminus \mathcal{A}$  be the complementary set.

Then the divergence theorem yields

$$\begin{aligned} \int_{P_1 \cap u^{-1}(\mathcal{A})} \partial_\nu \phi_\varepsilon dA + \int_{P_1 \cap u^{-1}(\mathcal{B})} \partial_\nu \phi_\varepsilon dA + \int_{P_2} \partial_\nu \phi_\varepsilon dA &= \int_{\partial\Omega} \partial_\nu \phi_\varepsilon dA \\ &= \int_{\Omega} \Delta \phi_\varepsilon dV = \int_{u^{-1}(\mathcal{A})} \Delta \phi_\varepsilon dV + \int_{u^{-1}(\mathcal{B})} \Delta \phi_\varepsilon dV. \end{aligned} \quad (3)$$

We first deal with the integrals over  $P_1 \cap u^{-1}(\mathcal{A})$  and  $u^{-1}(\mathcal{A})$ . Since

$$\frac{|\nabla u|}{\phi_\varepsilon} |\nabla |\nabla u|| = \frac{1}{2\phi_\varepsilon} \nabla(g(\nabla u, \nabla u)) = \frac{g(\nabla^2 u, \nabla u)}{\phi_\varepsilon} \underset{\text{Cauchy-Schwarz}}{\leq} \frac{|\nabla^2 u| |\nabla u|}{\phi_\varepsilon} \underset{|\nabla u| \leq \phi_\varepsilon}{\leq} |\nabla^2 u|,$$

Eq. (1) and another application of Cauchy-Schwarz give on  $u^{-1}(\mathcal{A})$

$$\Delta \phi_\varepsilon \geq \phi_\varepsilon^{-1} \text{Ric}(\nabla u, \nabla u) \geq -|\text{Ric}| |\nabla u|.$$

Thus we can decompose into level sets of  $u$  using the coarea formula to get

$$\begin{aligned} - \int_{u^{-1}(\mathcal{A})} \Delta \phi_\varepsilon dV &\leq \int_{u^{-1}(\mathcal{A})} |\text{Ric}| |\nabla u| dV, \\ &= \int_{t \in \mathcal{A}} \int_{S_t} |\text{Ric}| dA dt \\ &\leq C \int_{t \in \mathcal{A}} \mathcal{H}^2(S_t) dt \end{aligned} \quad (4)$$

where  $\mathcal{H}^2(S_t)$  is the Hausdorff measure of the level sets and  $C$  is some constant bounding the Ricci curvature.

Similarly, on  $P_1 \cap u^{-1}(\mathcal{A})$  we have

$$\begin{aligned} \partial_\nu \phi_\varepsilon &= \frac{\nu^i \nabla_i \nabla_j u \nabla^j u}{\phi_\varepsilon}, \\ &= \frac{\nabla^i u \nabla_i \nabla_j u \nu^j}{\phi_\varepsilon} \\ &= \frac{g(\nabla \nabla u \nabla u, \nu)}{\phi_\varepsilon} \\ &= - \frac{g(\nabla \nabla u \nu, \nabla u)}{\phi_\varepsilon} \\ &\leq |\nabla u| |A_{P_1}| \leq |\nabla u| C \end{aligned}$$

where we have used  $g(\nabla u, \nu) = 0$  by the Neumann boundary condition of  $u$  on  $P_1$ . We thus get by the coarea formula

$$\int_{P_1 \cap u^{-1}(\mathcal{A})} \partial_\nu \phi_\varepsilon dA \leq \int_{t \in \mathcal{A}} \int_{P_1 \cap S_t} |A_{P_1}| dl dt \leq C \int_{t \in \mathcal{A}} \mathcal{H}^1(\partial S_t \cap P_1) dt. \quad (5)$$

Let us now deal with the integrals over  $P_1 \cap u^{-1}(\mathcal{B})$  and  $u^{-1}(\mathcal{B})$ . On  $P_1$  we have as before

$$\partial_\nu \phi_\varepsilon = -\frac{g(\nabla \nabla u \nu, \nabla u)}{\phi_\varepsilon}$$

where we have used the Neumann boundary condition in the last line. Let  $n$  now denote the normal vector  $n^i = \frac{\nabla^i u}{|\nabla u|}$  to  $S_t$ . This yields

$$\partial_\nu \phi_\varepsilon = -\phi_\varepsilon^{-1} |\nabla u|^2 A_{P_1}(n, n) = -\phi_\varepsilon^{-1} |\nabla u|^2 (H_{P_1} - \text{tr}_{S_t} A_{P_1}).$$

Let  $v \in T_p P_1 \cap T_p S_t$  be a normed vector (there are only two choices, since the vector space is one-dimensional). Then (as  $S_t$  is orthogonal to  $P_1$  by the Neumann boundary condition of  $u$  on  $P_1$ )

$$\text{tr}_{S_t} A_{P_1} = A_{\partial\Omega}(v, v) = \langle \nabla_v v, -n \rangle = \kappa_{S_t \cap P_1} = \kappa_{\partial S_t}.$$

Thus decomposing  $P_1$  into level sets of  $u$  using the coarea formula yields

$$\int_{P_1 \cap u^{-1}(\mathcal{B})} \partial_\nu \phi_\varepsilon dA = - \int_{t \in \mathcal{B}} \left( \int_{\partial S_t \cap P_1} \phi_\varepsilon^{-1} |\nabla u| (H_{P_1} - \kappa_{\partial S_t}) \right) dt. \quad (6)$$

Meanwhile on  $\mathcal{B}^{-1}$  applying the coarea formula and Eq. (2) produces

$$\begin{aligned} \int_{u^{-1}(\mathcal{B})} \Delta \phi_\varepsilon dV = \\ \frac{1}{2} \int_{t \in \mathcal{B}} \int_{S_t} \frac{|\nabla u|}{\phi_\varepsilon} \left( \frac{|\nabla^2 u|^2}{|\nabla u|^2} + (R_\Omega - R_{S_t}) + 2 \cdot (|\nabla u|^{-2} - \phi_\varepsilon^{-2}) \cdot |\nabla |\nabla u||^2 \right) dA dt. \end{aligned} \quad (7)$$

We combine Eq. (7) and Eq. (6) with Eq. (3) and obtain

$$\begin{aligned} & \frac{1}{2} \int_{t \in \mathcal{B}} \int_{S_t} \frac{|\nabla u|}{\phi_\varepsilon} \left( \frac{|\nabla^2 u|^2}{|\nabla u|^2} + R_\Omega \right) dA dt \\ & - \int_{t \in \mathcal{B}} \left( \frac{1}{2} \int_{S_t} \frac{|\nabla u|}{\phi_\varepsilon} R_{S_t} dA + \int_{\partial S_t \cap P_1} \frac{|\nabla u|}{\phi_\varepsilon} (\kappa_{\partial S_t} - H_{P_1}) \right) dt - \int_{P_2} \partial_\nu \phi_\varepsilon dA = \\ & \int_{P_1 \cap u^{-1}(\mathcal{A})} \partial_\nu \phi_\varepsilon dA - \int_{u^{-1}(\mathcal{A})} \Delta \phi_\varepsilon dV + \int_{t \in \mathcal{B}} \int_{S_t} (\phi_\varepsilon^{-2} - |\nabla u|^{-2}) \cdot |\nabla |\nabla u||^2. \end{aligned}$$

Taking absolute values and using Eq. (4) and Eq. (5) yields

$$\begin{aligned} & \left| \frac{1}{2} \int_{t \in \mathcal{B}} \int_{S_t} \frac{|\nabla u|}{\phi_\varepsilon} \left( \frac{|\nabla^2 u|^2}{|\nabla u|^2} + R_\Omega \right) dA dt \right. \\ & \left. - \int_{t \in \mathcal{B}} \left( \frac{1}{2} \int_{S_t} \frac{|\nabla u|}{\phi_\varepsilon} R_{S_t} dA + \int_{\partial S_t \cap P_1} \frac{|\nabla u|}{\phi_\varepsilon} (\kappa_{\partial S_t} - H_{P_1}) \right) dt - \int_{P_2} \partial_\nu \phi_\varepsilon dA \right| \leq \\ & C \int_{t \in \mathcal{A}} (\mathcal{H}^1(\partial S_t \cap P_1) + \mathcal{H}^2(S_t)) dt + \int_{t \in \mathcal{B}} \int_{S_t} (\phi_\varepsilon^{-2} - |\nabla u|^{-2}) \cdot |\nabla |\nabla u||^2. \end{aligned} \quad (8)$$

Since  $\Omega$  is compact and  $\mathcal{B}$  closed,  $|\nabla u|$  and  $|\nabla|\nabla u||$  are uniformly bounded from below on  $u^{-1}(\mathcal{B})$ . In particular note that the **additional term** is bounded! Also, on  $P_2$  (where  $|\nabla u| \neq 0$ ) we have

$$\partial_\nu \phi_\varepsilon = \frac{|\nabla u|}{\phi_\varepsilon} \partial_\nu |\nabla u| \rightarrow \partial_\nu |\nabla u| \quad \text{as } \varepsilon \rightarrow 0$$

We can thus now take the limit  $\varepsilon \rightarrow 0$  in Eq. (3) and get

$$\begin{aligned} & \left| \frac{1}{2} \int_{t \in \mathcal{B}} \int_{S_t} \left( \frac{|\nabla^2 u|^2}{|\nabla u|^2} + R_\Omega \right) dA dt \right. \\ & \quad \left. - \int_{t \in \mathcal{B}} \left( 2\pi \chi(S_t) - \int_{\partial S_t \cap P_2} \kappa_{\partial S_t} - \int_{\partial S_t \cap P_1} H_{P_1} \right) dt - \int_{P_2} \partial_\nu |\nabla u| dA \right| \leq \\ & \quad C \int_{t \in \mathcal{A}} (\mathcal{H}^1(\partial S_t \cap P_1) + \mathcal{H}^2(S_t)) dt + \mathbf{0}. \quad (9) \end{aligned}$$

where we have also applied the Gauss–Bonnet theorem to  $S_t$ .

By Sard’s theorem ([Sar42]), the set of critical values has measure 0 and we thus may take the measure of  $\mathcal{A}$  to be arbitrarily small. Since

$$t \mapsto \mathcal{H}^1(\partial S_t \cap P_1) + \mathcal{H}^2(S_t)$$

is integrable by the coarea formula, taking  $|\mathcal{A}| \rightarrow 0$  in Eq. (9) leads to

$$\begin{aligned} & \int_{\underline{u}}^{\bar{u}} \int_{S_t} \frac{1}{2} \left( \frac{|\nabla^2 u|^2}{|\nabla u|^2} + R \right) dA + \int_{\partial S_t \cap P_1} H_{P_1} dl dt \\ & \quad = \int_{\underline{u}}^{\bar{u}} \left( 2\pi \chi(S_t) - \int_{\partial S_t \cap P_2} \kappa_{\partial S_t} dl \right) dt + \int_{P_2} \partial_\nu |\nabla u| dA. \end{aligned}$$

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By carrying this result through the calculations in [Bra+19, Section 6], while only changing the step in Equation 6.4, where we do not use  $\chi(S_t) \leq 1$  and just leave  $\chi(S_t)$  as it is, one arrives at

**Corollary 2** (Equality version of [Bra+19, Theorem 1.2]). *Let  $(M_{\text{ext}}, g)$  be an exterior region of an asymptotically flat Riemannian 3-manifold  $(M, g)$  with mass  $m$ . Let  $u$  be a harmonic function on  $(M_{\text{ext}}, g)$  satisfying Neumann boundary conditions at  $\partial M$ , and which is asymptotic to one of the asymptotically flat coordinate functions of the associated end. Then there exists a closed region  $\Omega$  bounded by an infinite coordinate cylinder  $\partial\Omega$  such that all the level sets  $S_t$  of  $u$  meet  $\partial\Omega$  transversally and have Euler characteristic  $\chi(S_t \cap \Omega) \leq 1$ , and we have*

$$m = \frac{1}{16\pi} \int_{M_{\text{ext}}} \left( \frac{|\nabla^2 u|^2}{|\nabla u|} + R_g |\nabla u| \right) dV + \frac{1}{2} \int_{-\infty}^{\infty} (1 - \chi(S_t \cap \Omega)) dt.$$

*In particular, if the scalar curvature is nonnegative, then  $m \geq 0$ . Furthermore, if  $m = 0$  then  $(M, g) = (\mathbb{R}^3, \delta)$ .*

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## References

- [Bra+19] Hubert L. Bray, Demetre P. Kazaras, Marcus A. Khuri, and Daniel L. Stern. “Harmonic Functions and The Mass of 3-Dimensional Asymptotically Flat Riemannian Manifolds”. Nov. 15, 2019. arXiv: 1911.06754 [gr-qc]. URL: <http://arxiv.org/abs/1911.06754> (visited on 03/22/2022).
- [Sar42] Arthur Sard. “The Measure of the Critical Values of Differentiable Maps”. In: *Bulletin of the American Mathematical Society* 48.12 (1942), pp. 883–890. ISSN: 0273-0979, 1088-9485. DOI: 10.1090/S0002-9904-1942-07811-6. URL: <https://www.ams.org/bull/1942-48-12/S0002-9904-1942-07811-6/> (visited on 09/03/2023).