INTEGRATED PRICE MONITORING (Bantay Presyo)

MARKETS: COGON & CARMEN MARKET
DATE: April 7, 2025

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COMMODITY	SPECIFICATION	Carmen, Cagayan de Oro City			Cogon, Cag	ayan de Oro	City				
		Prevailing Price	High	Low	Prevailing Price	High	Low				
IMPORTED COMMERCIAL RICE											
Special	Blue tag	48.00	50.00	48.00	46.00	50.00	46.00				
Premium	Yellow tag	48.50	50.00	48.00	47.00	50.00	47.00				
Well milled	White tag	43.50	44.00	43.00	41.00	44.00	41.00				
Regular milled	White tag	n/a	n/a	n/a	n/a	n/a	n/a				
LOCAL COMMERCIAL RICE											
Special	Blue tag	55.00	55.00	53.00	54.00	55.00	53.00				
Premium	Yellow tag	51.50	53.00	48.50	48.00	53.00	48.00				
Well milled	White tag	45.00	47.50	44.00	43.75	47.50	43.75				
Regular milled	White tag	n/a	n/a	n/a	40.00	40.00	40.00				
FISH											
Bangus	med(3-4pcs/kg)	n/a	n/a	n/a	200.00	200.00	200.00				
Tilapia	med(5-6pcs/kg)	200.00	200.00	200.00	n/a	n/a	n/a				
Galunggong (Local)	med(12- 14pcs/kg)	160.00	160.00	160.00	160.00	160.00	160.00				
Galunggong (Imported)	med(12- 14pcs/kg)	n/a	n/a	n/a	n/a	n/a	n/a				
Alumahan	med(4-6pcs/kg)	n/a	n/a	n/a	130.00	130.00	130.00				
LIVESTOCK & POULTRY PRODUCTS											
Beef Rump	lean meat/ tapadera	430.00	430.00	420.00	420.00	430.00	420.00				
Beef Brisket	meat w/bones	410.00	410.00	380.00	n/a	n/a	n/a				
Pork Kasim		370.00	370.00	370.00	360.00	370.00	360.00				
Pork Liempo		370.00	370.00	370.00	370.00	370.00	370.00				
Whole Chicken	fully dressed	190.00	210.00	180.00	190.00	210.00	180.00				
Chicken Egg	medium size	8.75	8.75	8.00	8.75	8.75	8.00				
LOWLAND VEGETABLES											
Ampalaya	4-5 pcs/kg	85.00	100.00	80.00	77.50	100.00	77.50				
Sitao	3-4 small bundles	80.00	80.00	70.00	55.00	80.00	55.00				
Pechay (Native)	3-4 small bundles	80.00	80.00	80.00	60.00	80.00	60.00				
Squash	Suprema variety	30.00	40.00	20.00	40.00	40.00	20.00				
Eggplant	3-4 small bundles	50.00	60.00	40.00	65.00	65.00	40.00				
Tomato	15-18 pcs/kg	40.00	60.00	40.00	40.00	60.00	40.00				
HIGHLAND VEGETABLES											
Cabbage (Scorpio)	750 gm - 1 kg/head	60.00	60.00	40.00	37.50	60.00	37.50				
Carrots	8-10 pcs	60.00	80.00	40.00	35.00	80.00	35.00				
Habitchuelas (Baguio beans)		90.00	100.00	80.00	70.00	100.00	70.00				
White Potato	10-12 pcs	120.00	120.00	90.00	80.00	120.00	80.00				
Pechay (Baguio)		60.00	60.00	30.00	40.00	60.00	30.00				
Chayote		30.00	35.00	20.00	29.00	35.00	20.00				
SPICES											
Red Onion	13-15 pcs/kg	120.00	120.00	100.00	120.00	120.00	100.00				
Red Onion (Imported)		n/a	n/a	n/a	90.00	90.00	90.00				
White Onion		140.00	140.00	140.00	120.00	140.00	120.00				
White Onion (Imported)		140.00	170.00	120.00	150.00	170.00	120.00				
Garlic (Imported)		150.00	160.00	140.00	150.00	160.00	140.00				
Garlic (Native)		n/a	n/a	n/a	n/a	n/a	n/a				
Ginger		150.00	160.00	150.00	150.00	160.00	150.00				
Chilli (Labuyo)		80.00	100.00	50.00	80.00	100.00	50.00				
FRUITS											
Calamansi		50.00	50.00	45.00	50.00	50.00	45.00				
Banana (Lakatan)	8-10 pcs/kg	70.00	70.00	60.00	60.00	70.00	60.00				

соммодіту	SPECIFICATION	Carmen, Cagayan de Oro City			Cogon, Cagayan de Oro City		
	SPECIFICATION	Prevailing Price	High	Low	Prevailing Price	High	Low
Banana (Latundan)	10-12 pcs/kg	n/a	n/a	n/a	30.00	30.00	30.00
Papaya	2-3 pcs/kg	n/a	n/a	n/a	n/a	n/a	n/a
Mango (Carabao)	3-4 pcs/kg	135.00	150.00	130.00	120.00	150.00	120.00
OTHER BASIC COMMODITIES							
Sugar (Refined)		84.00	104.00	84.00	100.00	104.00	84.00
Sugar (Washed)		n/a	n/a	n/a	n/a	n/a	n/a
Sugar (Brown)		70.00	88.00	66.00	80.00	88.00	66.00
Cooking oil (Palm)	350 ml/bottle	n/a	n/a	n/a	n/a	n/a	n/a
Cooking oil (Palm)	1 Liter/bottle	90.00	100.00	90.00	100.00	100.00	90.00
CORN							
White Corn Grits #10		33.00	35.00	30.00	32.00	35.00	30.00
White Corn Grit #12		33.00	35.00	30.00	32.00	35.00	30.00
ROOTCROPS							
Sweet Potato		37.50	40.00	35.00	30.00	40.00	30.00
Cassava		n/a	n/a	n/a	12.00	12.00	12.00
Taro (gabi)		n/a	n/a	n/a	80.00	80.00	80.00

Prepared and Submitted by: DA RFO 10 - AMAD