```html
<!DOCTYPE html>
<html lang="en">
<head>
    <meta charset="UTF-8">
    <meta name="viewport" content="width=device-width, initial-scale=1.0">
    <title>Ayush Yadav R2</title>
    <style>
        body {
            font-family: 'Segoe UI', Tahoma, Geneva, Verdana, sans-serif;
            margin: 0;
            padding: 0;
            background: #f8f9fa;
            color: #333;
        }
        header {
            background: #ff4b5c;
            color: white;
            padding: 40px 20px;
            text-align: center;
        }
        header h1 {
            margin: 0;
            font-size: 2.5em;
        }
        header p {
            font-size: 1.2em;
        }
        nav {
            background: #333;
            display: flex;
            justify-content: center;
            flex-wrap: wrap;
        }
        nav a {
            color: white;
            padding: 15px 25px;
            text-decoration: none;
        }
        nav a:hover {
            background: #ff4b5c;
        }
        section {
            padding: 40px 20px;
            max-width: 1000px;
            margin: auto;
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        }
        h2 {
            color: #ff4b5c;
            margin-bottom: 20px;
        }
        .video-container {
            display: flex;
            flex-direction: column;
            gap: 20px;
        }
        iframe {
            width: 100%;
            height: 315px;
            border: none;
        }
        .contact a {
            display: inline-block;
            margin: 10px 10px 10px 0;
            padding: 10px 20px;
            background: #ff4b5c;
            color: white;
            text-decoration: none;
            border-radius: 5px;
        }
        .contact a:hover {
            background: #e03f4f;
        }
        footer {
            text-align: center;
            padding: 20px;
            background: #222;
            color: white;
        }
    </style>
</head>
<body>

<header>
    <h1>Ayush Yadav R2</h1>
    <p>120-Day Self-Life Transformation Series | Learn, Grow & Transform</p>
</header>

<nav>
    <a href="#about">About</a>
    <a href="#videos">Videos</a>
```

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        <a href="#contact">Contact</a>
    </nav>

    <section id="about">
        <h2>About Me</h2>
        <p>Hi! I am Ayush Yadav, the creator of R2 channel. Here, I teach mindset mastery, skill development, and life transformation techniques inspired by top creators. Join me and grow together!</p>
    </section>

    <section id="videos">
        <h2>Latest Videos</h2>
        <div class="video-container">
            <!-- Replace VIDEO_ID with your YouTube video IDs -->
            <iframe src="https://www.youtube.com/embed/VIDEO_ID1" allowfullscreen title="YouTube Video 1"></iframe>
            <iframe src="https://www.youtube.com/embed/VIDEO_ID2" allowfullscreen title="YouTube Video 2"></iframe>
        </div>
        <p>Watch more on <a href="https://www.youtube.com/@ayushyadav-r2" target="_blank">YouTube Channel</a></p>
    </section>

    <section id="contact">
        <h2>Contact Me</h2>
        <div class="contact">
            <a href="mailto:ayushyadav.r2@gmail.com">Email Me</a>
            <a href="https://www.instagram.com/ayushyadav-r2" target="_blank">Instagram</a>
            <a href="https://www.youtube.com/@ayushyadav-r2" target="_blank">YouTube</a>
        </div>
    </section>

    <footer>
        &copy; 2025 Ayush Yadav R2. All Rights Reserved.
    </footer>

</body>
</html>
```