

```
<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Ayush Yadav R2 - 120 Days Transformation Journey</title>
  <link rel="stylesheet" href="https://cdn.jsdelivr.net/npm/font-awesome@6.4.0/css/all.min.css">
  <link href="https://fonts.googleapis.com/css2?family=Poppins:wght@300;400;500;600;700&family=Montserrat:wght@700;800;900&display=swap" rel="stylesheet">
  <style>
    * {
      margin: 0;
      padding: 0;
      box-sizing: border-box;
      font-family: 'Poppins', 'Segoe UI', sans-serif;
    }

    :root {
      --primary: #2563EB;
      --secondary: #1E40AF;
      --accent: #F59E0B;
      --dark: #0F172A;
      --light: #F1F5F9;
      --gradient: linear-gradient(135deg, var(--primary), var(--secondary));
    }

    body {
      background-color: var(--dark);
      color: var(--light);
      line-height: 1.6;
      overflow-x: hidden;
    }

    .container {
      max-width: 1200px;
      margin: 0 auto;
      padding: 20px;
    }

    header {
      display: flex;
      justify-content: space-between;
      align-items: center;
      padding: 20px 0;
```

```
border-bottom: 1px solid rgba(255, 255, 255, 0.1);
}
```

```
.logo-container {
  display: flex;
  align-items: center;
  gap: 15px;
}
```

```
.logo {
  width: 60px;
  height: 60px;
  display: flex;
  align-items: center;
  justify-content: center;
  border-radius: 12px;
  background: var(--gradient);
  color: white;
  font-weight: bold;
  font-size: 22px;
  box-shadow: 0 4px 15px rgba(37, 99, 235, 0.3);
}
```

```
.logo-text {
  display: flex;
  flex-direction: column;
}
```

```
.logo-text .main {
  font-size: 1.8rem;
  font-weight: 700;
  background: var(--gradient);
  -webkit-background-clip: text;
  -webkit-text-fill-color: transparent;
}
```

```
.logo-text .sub {
  font-size: 0.9rem;
  opacity: 0.8;
  letter-spacing: 2px;
}
```

```
nav ul {
  display: flex;
  list-style: none;
```

```
    gap: 30px;
}
```

```
nav a {
  color: white;
  text-decoration: none;
  font-weight: 500;
  transition: color 0.3s ease;
  position: relative;
}
```

```
nav a:hover {
  color: var(--primary);
}
```

```
nav a::after {
  content: "";
  position: absolute;
  bottom: -5px;
  left: 0;
  width: 0;
  height: 2px;
  background: var(--primary);
  transition: width 0.3s ease;
}
```

```
nav a:hover::after {
  width: 100%;
}
```

```
.hero {
  display: flex;
  flex-direction: column;
  align-items: center;
  text-align: center;
  padding: 80px 0 50px;
}
```

```
.hero h1 {
  font-size: 3.5rem;
  margin-bottom: 20px;
  font-family: 'Montserrat', sans-serif;
  background: linear-gradient(to right, var(--primary), var(--accent));
  -webkit-background-clip: text;
  -webkit-text-fill-color: transparent;
}
```

```
}
```

```
.hero p {  
  font-size: 1.2rem;  
  max-width: 700px;  
  margin-bottom: 40px;  
  opacity: 0.9;  
}
```

```
.cta-buttons {  
  display: flex;  
  gap: 20px;  
  margin-bottom: 50px;  
  flex-wrap: wrap;  
  justify-content: center;  
}
```

```
.btn {  
  padding: 15px 30px;  
  border-radius: 50px;  
  text-decoration: none;  
  font-weight: 600;  
  display: flex;  
  align-items: center;  
  gap: 10px;  
  transition: all 0.3s ease;  
}
```

```
.btn-primary {  
  background: var(--gradient);  
  color: white;  
  box-shadow: 0 4px 15px rgba(37, 99, 235, 0.3);  
}
```

```
.btn-primary:hover {  
  transform: translateY(-3px);  
  box-shadow: 0 8px 25px rgba(37, 99, 235, 0.5);  
}
```

```
.btn-secondary {  
  background: rgba(255, 255, 255, 0.1);  
  backdrop-filter: blur(10px);  
  color: white;  
  border: 1px solid rgba(255, 255, 255, 0.2);  
}
```

```
.btn-secondary:hover {  
  background: rgba(255, 255, 255, 0.2);  
  transform: translateY(-3px);  
}
```

```
.social-links {  
  display: flex;  
  gap: 15px;  
  flex-wrap: wrap;  
  justify-content: center;  
}
```

```
.social-icon {  
  width: 50px;  
  height: 50px;  
  border-radius: 50%;  
  display: flex;  
  align-items: center;  
  justify-content: center;  
  background: rgba(255, 255, 255, 0.1);  
  color: white;  
  font-size: 1.2rem;  
  transition: all 0.3s ease;  
}
```

```
.social-icon:hover {  
  transform: translateY(-5px);  
  background: var(--gradient);  
}
```

```
.section-title {  
  text-align: center;  
  margin: 60px 0 40px;  
  font-size: 2.2rem;  
  position: relative;  
  padding-bottom: 15px;  
  font-family: 'Montserrat', sans-serif;  
}
```

```
.section-title::after {  
  content: " ";  
  position: absolute;  
  bottom: 0;  
  left: 50%;
```

```
transform: translateX(-50%);
width: 80px;
height: 4px;
background: var(--gradient);
border-radius: 2px;
}
```

```
.features {
  display: grid;
  grid-template-columns: repeat(auto-fit, minmax(300px, 1fr));
  gap: 25px;
  margin-bottom: 60px;
}
```

```
.feature-card {
  background: rgba(255, 255, 255, 0.05);
  border-radius: 15px;
  padding: 30px;
  text-align: center;
  transition: transform 0.3s ease, box-shadow 0.3s ease;
  box-shadow: 0 5px 15px rgba(0, 0, 0, 0.1);
  backdrop-filter: blur(10px);
  border: 1px solid rgba(255, 255, 255, 0.1);
}
```

```
.feature-card:hover {
  transform: translateY(-10px);
  box-shadow: 0 15px 30px rgba(0, 0, 0, 0.2);
}
```

```
.feature-icon {
  width: 70px;
  height: 70px;
  border-radius: 50%;
  display: flex;
  align-items: center;
  justify-content: center;
  margin: 0 auto 20px;
  background: var(--gradient);
  font-size: 1.8rem;
}
```

```
.feature-card h3 {
  font-size: 1.4rem;
  margin-bottom: 15px;
}
```

```
    color: var(--accent);  
}
```

```
.about-section {  
    background: rgba(255, 255, 255, 0.05);  
    border-radius: 15px;  
    padding: 40px;  
    margin-bottom: 60px;  
    box-shadow: 0 5px 15px rgba(0, 0, 0, 0.1);  
    backdrop-filter: blur(10px);  
    border: 1px solid rgba(255, 255, 255, 0.1);  
}
```

```
.about-section h2 {  
    color: var(--accent);  
    margin-bottom: 20px;  
    text-align: center;  
}
```

```
.about-section p {  
    margin-bottom: 15px;  
    line-height: 1.8;  
}
```

```
.videos-container {  
    display: grid;  
    grid-template-columns: repeat(auto-fit, minmax(320px, 1fr));  
    gap: 25px;  
    margin-bottom: 60px;  
}
```

```
.video-card {  
    background: rgba(255, 255, 255, 0.05);  
    border-radius: 15px;  
    overflow: hidden;  
    transition: transform 0.3s ease, box-shadow 0.3s ease;  
    box-shadow: 0 5px 15px rgba(0, 0, 0, 0.1);  
    backdrop-filter: blur(10px);  
    border: 1px solid rgba(255, 255, 255, 0.1);  
}
```

```
.video-card:hover {  
    transform: translateY(-10px);  
    box-shadow: 0 15px 30px rgba(0, 0, 0, 0.2);  
}
```

```
.video-thumb {  
  width: 100%;  
  height: 180px;  
  background: #1a1a2e;  
  display: flex;  
  align-items: center;  
  justify-content: center;  
  font-size: 50px;  
  color: var(--primary);  
  position: relative;  
  overflow: hidden;  
}
```

```
.video-thumb::before {  
  content: "";  
  position: absolute;  
  width: 100%;  
  height: 100%;  
  background: linear-gradient(45deg, rgba(37, 99, 235, 0.2), rgba(59, 130, 246, 0.2));  
}
```

```
.video-info {  
  padding: 20px;  
}
```

```
.video-title {  
  font-size: 1.2rem;  
  margin-bottom: 10px;  
  font-weight: 600;  
}
```

```
.watch-btn {  
  display: inline-flex;  
  align-items: center;  
  gap: 8px;  
  padding: 8px 18px;  
  background: var(--primary);  
  color: white;  
  border-radius: 5px;  
  text-decoration: none;  
  font-weight: 500;  
  transition: background 0.3s ease;  
}
```



```
.watch-btn:hover {  
  background: var(--secondary);  
}
```

```
.contact-section {  
  background: rgba(255, 255, 255, 0.05);  
  border-radius: 15px;  
  padding: 40px;  
  text-align: center;  
  margin-bottom: 60px;  
  box-shadow: 0 5px 15px rgba(0, 0, 0, 0.1);  
  backdrop-filter: blur(10px);  
  border: 1px solid rgba(255, 255, 255, 0.1);  
}
```

```
.contact-title {  
  font-size: 1.8rem;  
  margin-bottom: 20px;  
}
```

```
.contact-email {  
  display: inline-flex;  
  align-items: center;  
  gap: 10px;  
  padding: 15px 30px;  
  background: rgba(255, 255, 255, 0.1);  
  border-radius: 50px;  
  font-size: 1.2rem;  
  text-decoration: none;  
  color: white;  
  transition: all 0.3s ease;  
  border: 1px solid rgba(255, 255, 255, 0.2);  
}
```

```
.contact-email:hover {  
  background: rgba(255, 255, 255, 0.2);  
  transform: scale(1.05);  
}
```

```
.contact-buttons {  
  display: flex;  
  gap: 15px;  
  justify-content: center;  
  flex-wrap: wrap;  
  margin-top: 20px;
```

```
}
```

```
.contact-btn {  
  display: inline-flex;  
  align-items: center;  
  gap: 8px;  
  padding: 12px 25px;  
  background: var(--primary);  
  color: white;  
  border-radius: 50px;  
  text-decoration: none;  
  font-weight: 500;  
  transition: all 0.3s ease;  
}
```

```
.contact-btn:hover {  
  background: var(--secondary);  
  transform: translateY(-3px);  
}
```

```
footer {  
  text-align: center;  
  padding: 30px;  
  border-top: 1px solid rgba(255, 255, 255, 0.1);  
  margin-top: 30px;  
  font-size: 0.9rem;  
  opacity: 0.7;  
}
```

```
@media (max-width: 768px) {  
  header {  
    flex-direction: column;  
    gap: 20px;  
  }
```

```
  nav ul {  
    gap: 15px;  
    flex-wrap: wrap;  
    justify-content: center;  
  }
```

```
  .hero h1 {  
    font-size: 2.5rem;  
  }
```

```

.cta-buttons {
  flex-direction: column;
}

.features, .videos-container {
  grid-template-columns: 1fr;
}

.contact-buttons {
  flex-direction: column;
  align-items: center;
}
}
</style>
</head>
<body>
<div class="container">
  <header>
    <div class="logo-container">
      <div class="logo">AY</div>
      <div class="logo-text">
        <span class="main">AyushYadav R2</span>
        <span class="sub">120 DAYS TRANSFORMATION</span>
      </div>
    </div>
  </div>

  <nav>
    <ul>
      <li><a href="#about">About</a></li>
      <li><a href="#features">Features</a></li>
      <li><a href="#videos">Videos</a></li>
      <li><a href="#contact">Contact</a></li>
    </ul>
  </nav>
</header>

  <section class="hero">
    <h1>Transform Your Life in 120 Days</h1>
    <p>Welcome to Ayush Yadav R2's 120 Days Self-Life Transformation Series. Get daily motivation, mindset building tips, and powerful thoughts that will push you closer to your goals.</p>

    <div class="cta-buttons">
      <a href="https://youtube.com/@ayushyadav-r2?si=JmwCoDSOr724spT8" class="btn btn-primary"
target="_blank">
        <i class="fab fa-youtube"></i> YouTube Channel
      </a>
    </div>
  </section>
</body>
</html>

```

```
<a href="#videos" class="btn btn-secondary">
  <i class="fas fa-play-circle"></i> Watch Videos
</a>
</div>
```

```
<div class="social-links">
  <a href="https://youtube.com/@ayushyadav-r2?si=JmwCoDSOr724spT8" class="social-icon"
target="_blank">
    <i class="fab fa-youtube"></i>
  </a>
  <a href="https://www.instagram.com/ayushyadavr2?igsh=MTlzYm9pYmRid3hjbw==" class="social-
icon" target="_blank">
    <i class="fab fa-instagram"></i>
  </a>
  <a href="mailto:ayushyadav47633@gmail.com" class="social-icon">
    <i class="fas fa-envelope"></i>
  </a>
</div>
</section>
```

```
<section id="about" class="about-section">
  <h2>Welcome to Ayush Yadav R2 App</h2>
  <p>This app is your companion for the 120 Days Self-Life Transformation Series created by Ayush
Yadav. Every day you'll get motivation, mindset building tips, skill development hacks, and powerful thoughts
that will push you closer to your goals.</p>
```

```
<p>☀️ What you get inside:</p>
<p>📺 Direct access to daily YouTube Shorts</p>
<p>📚 Mindset, productivity & self-growth lessons</p>
<p>💪 Health & fitness motivation</p>
<p>📈 Skill development ideas for students & creators</p>
<p>🔔 Never miss a video – instant reminders</p>
```

```
<p>This app is for those who want to stop wasting time and build a sharp mind, healthy body, and a
successful future.</p>
```

```
<p>👉 Follow the journey now and see the transformation in your own life.</p>
```

```
<p>Made with ❤️ by Ayush Yadav (R2).</p>
</section>
```

```
<h2 class="section-title" id="features">What You Get Inside</h2>
```

```
<div class="features">
  <div class="feature-card">
    <div class="feature-icon">
      <i class="fas fa-film"></i>
```

</div>

Daily YouTube Shorts</h3>

Direct access to daily motivation and transformation content in short, digestible videos.</p>

</div>

<div class="feature-card">

<div class="feature-icon">

<i class="fas fa-brain"></i>

</div>

Mindset Lessons</h3>

Powerful mindset building tips and productivity hacks to reprogram your thinking.</p>

</div>

<div class="feature-card">

<div class="feature-icon">

<i class="fas fa-dumbbell"></i>

</div>

Fitness Motivation</h3>

Health & fitness guidance to transform your body and boost your energy levels.</p>

</div>

<div class="feature-card">

<div class="feature-icon">

<i class="fas fa-laptop-code"></i>

</div>

Skill Development</h3>

Learn valuable skills for personal and professional growth as a student or creator.</p>

</div>

</div>

Popular Videos</h2>

<div class="videos-container">

<div class="video-card">

<div class="video-thumb">

<i class="fas fa-play-circle"></i>

</div>

<div class="video-info">

<h3 class="video-title">How to Do Mental Reprogramming</h3>

<i class="fas fa-play"></i> Watch Now

</div>

</div>

```
<div class="video-card">
  <div class="video-thumb">
    <i class="fas fa-play-circle"></i>
  </div>
  <div class="video-info">
    <h3 class="video-title">Building Self-Discipline</h3>
    <a href="#" class="watch-btn">
      <i class="fas fa-play"></i> Watch Now
    </a>
  </div>
</div>
```

```
<div class="video-card">
  <div class="video-thumb">
    <i class="fas fa-play-circle"></i>
  </div>
  <div class="video-info">
    <h3 class="video-title">Time Management Secrets</h3>
    <a href="#" class="watch-btn">
      <i class="fas fa-play"></i> Watch Now
    </a>
  </div>
</div>
</div>
```

```
<section id="contact" class="contact-section">
  <h2 class="contact-title">Get in Touch</h2>
  <a href="mailto:ayushyadav47633@gmail.com" class="contact-email">
    <i class="fas fa-envelope"></i> ayushyadav47633@gmail.com
  </a>
```

```
<div class="contact-buttons">
  <a href="https://www.instagram.com/ayushyadavr2?igsh=MTlzYm9pYmRid3hjbw==" class="contact-
btn" target="_blank">
    <i class="fab fa-instagram"></i> Instagram
  </a>
  <a href="https://youtube.com/@ayushyadav-r2?si=JmwCoDSOr724spT8" class="contact-btn"
target="_blank">
    <i class="fab fa-youtube"></i> YouTube
  </a>
  <a href="mailto:ayushyadav47633@gmail.com" class="contact-btn">
    <i class="fas fa-envelope"></i> Email
  </a>
</div>
</section>
</div>
```

<footer>

<p>Made with ❤️ by Ayush Yadav (R2) | © 2023 AyushYadav R2. All Rights Reserved.</p>

</footer>

<script>

// Simple animation for page elements

document.addEventListener('DOMContentLoaded', function() {

const elements = document.querySelectorAll('.feature-card, .video-card, .btn, .social-icon');

elements.forEach(element => {

element.style.opacity = 0;

element.style.transform = 'translateY(20px)';

});

setTimeout(() => {

elements.forEach((element, index) => {

setTimeout(() => {

element.style.transition = 'opacity 0.5s ease, transform 0.5s ease';

element.style.opacity = 1;

element.style.transform = 'translateY(0)';

}, 100 * index);

});

}, 300);

});

</script>

</body>

</html>