Alternatively, you can pass an id for the container using

Container::make(\$type, \$id, \$title) , where:

Parameter	Description
\$type	Identifier of the container type (accepted values are post_meta , term_meta , user_meta , comment_meta , nav_menu_item and theme_options).
\$id	Unique id of the container. Automatically prefixed with carbon_fields_container_
\$title	Title of the container.