Memory Test - Nervous System Class Test Online Foundation 1

Total Mark: 100 Time: 90 Min

1. A property shared by

- A) Skeletal and cardiac muscle is their striated microscopical appearance
- B) Skeletal and multiunit smooth muscle is that they are paralysed when their motor nerves are cut
- C) Cardiac and visceral smooth muscle is their spontaneous activity when denervated
- D) Skeletal and cardiac ventricular muscle is their stable resting membrane potential
- E) All varieties of muscle is that contraction strength is related to their initial length

Answer: T, T, T, T, T

Discussion:

Reference: (Ref: Rodde 6th/Q-297)

2. Functions of different neurotransmitters-

- A) Glutamate plays role in learning & memory
- B) Serotonin affects mood, hunger, sleep
- C) Lack of glycine causes insomnia
- D) Excess of GABA results in seizure & tremor
- E) Dopamine influence movement, emotion

Answer: T, T, F, F, T

Discussion:

Reference: (Ref: Guyton 13th/P-563-564)

3. Generalized sympathetic activity is characterized by

- A) Contraction of the radial muscle in the iris
- B) Increased urinary excretion of catecholamines
- C) Lipolysis in adipose tissue
- D) Decreased conduction rate in the atrio-ventricular bundle
- E) Relaxation of sphincteric smooth muscle in the alimentary tract

Answer: T, T, T, F, F

Discussion: Explanation: d) It increases and the PR interval shortens; higher heart rates are made possible. e) Sympathetic activity inhibits most smooth muscle in gut but contracts the sphincters.

Reference: (Ref: Rodde 6th/Q-287)

4. Nerve fibre types and their functions-

- A) A-□ fibre carries touch, pressure, vibration sense
- B) A-□ fibre carries temperature, deep pain sense
- C) B fibres are autonomic & most sensitive to local anaesthetic
- D) C fibres are preganglionic autonomic
- E) Conduction velocity is highest in A-□ fibre

Answer: T, F, F, F, F Discussion:

Reference: (Ref: Ganong 25th/P-94)

5. Neurones serving conscious muscle proprioception

- A) Conduct impulses at a similar rate to somatic motor neurones
- B) Have their cell bodies in the ipsilateral posterior horn of the spinal cord
- C) Use a different pathway from the primary neurones serving unconscious proprioception
- D) Synapse with secondary neurones whose axons project up the ipsilateral posterior (dorsal) columns of the spinal cord
- E) Synapse with neurones which cross the midline of the body in the brainstem

Answer: T, F, T, F, T

Discussion: b) They are in the posterior root ganglion d) The primary neurone axons pass up the ipsilateral posterior columns before synapsing with secondary neurones at the top of the spinal cord

Reference: (Ref: Rodde 6th/Q-280)

6. Parasympathetic nerves

- A) Have opposite effects to sympathetic nerves on intestinal smooth muscle
- B) Have opposite effects to sympathetic nerves on iris smooth muscle.
- C) Cause vasodilatation in skeletal muscle during prolonged exercise
- D) Cause sweat secretion in skin when body temperature rises
- E) Have longer postganglionic than preganglionic fibres

Answer: T, F, F, F, F

Discussion: Explanaiton: b) Both contract iris smooth muscle; however parasympathetics constrict the pupil by contracting circular muscle, sympathetics dilate it by contracting radial muscle. c) Skeletal muscle has no parasympathetic nerve supply; local metabolites are responsible for the vasodilatation d) Skin has no parasympathetic innervation; sympathetic cholinergic nerves are responsible for the increase in sweating when body temperature rises e) The reverse is the case

Reference: (Ref: Rodde 6th/Q-278)

7. Regarding muscle spindles 8. Regarding the blood brain barrier A) It is not present in the posterior pituitary A) Sense lengthening of the muscle B) Providethe efferent side of the stretch reflex B) It is impermeable to glucose C) Initiate monosynaptic reflex C) Lipid soluble drugs can pass through it easily D) Initiate polysynaptic reflex D) It is formed by tight junctions between capllary E) Protective muscle contraction endothelial cells & astrocyte foot plates Answer: T, F, T, F, T E) Bilirubin passes it to deposit in the basal ganglia Discussion: Answer: T, F, T, T, T Reference: [Davidson 23rd /P-1068] Discussion: Reference: (Ref: Ganong 25th/P-604-606) 9. Sensation carried out by lateral spinothalamic tract 10. An inhibitory post-synaptic potential A) Light touch (Cruole) A) May be recorded in a post-ganglionic sympathetic B) Pressure sensation neurone C) Tickling & itching B) May be recorded in an anterior horn motor neurone D) Temperature E) Sexual Sensation C) Does not exceed one millivolt in amplitude D) Moves membrane potential towards the equilibrium Answer: F, F, T, T, T potential for potassium Discussion: Reference: [Ref: Snell 7th /P-151] E) May summate in space and time with other excitatory and inhibitory potentials in the same neurone Answer: F, T, F, T, T Discussion: Reference: 11. CBF (Cerebral blood flow) increases when cpp is within 50 12. Features of upper motor neuron lesion A) Absent superficial reflex to 150 mmHg A) Viscosity of blood decreased B) Absent deep tendon reflex C) Spastic paralysis B) □PaO2 D) No clonus C) ☐ Pa CO2 D) 🛘 H+ Cone E) Babinski sign positive E) ☐ Venous pressure Answer: T, F, T, F, T Discussion: Answer: F, F, F, F, F Discussion: Exp: CBF is constant when CPP is within 50 to 150 Reference: [Ref: Snell neuroanatomy 7th/P- 168] this is called autoregulation Reference: [Ref: Guyton 13th /P-787, Ganong 25th /P-607] 13. Functions of B type fiber 14. Functions of tracts of Gall & Burdach are as follows A) Touch B) Pressure A) Two-point discrimination B) Stereogenesis C) Proprioception C) Joint sense D) Somatic motor D) Vibration sense E) pain Answer: T, T, F, F, F E) Unconscious kinesthesia Discussion: Answer: T, T, T, T, F Reference: (Ref: Ganong 25th/P-94) Discussion: Reference: (Ref: Snell Neuroanatomy 7th/P-143) 15. Limbic system consist of 16. Nerve fibres continue to conduct impulses when A) Ant.Thalamic nucleus A) Extracellular sodium is replaced by potassium B) Extracellular sodium is replaced by a non-diffusible B) Basal ganglia C) Fornix cation D) Cingulate Gyrus C) Temperature is lowered from 37 to 30oC E) Amygdaloid nucleus D) Temperature is lowered to below 0oC provided Answer: T, F, F, T, T freezing does not occur E) The sodium-potassium pump is inactivated Discussion: Answer: F, F, T, F, T **Reference:** [Ref: Snell neuroanatomy 7th/P-307,311] Discussion: Explanation: a) This would depolarize the fibres completely. b) Influx of cations is essential for depolarization. d) Nerve fibres stop conducting before

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tissue freezing occurs

Reference: (Ref: Rodde 6th/Q-282)

18. Non-myelinated axons differ from myelinated axons 17. Neurotransmitter of basal ganglia A) Dopamine in that they are A) Not sheathed in Schwann cells B) Glycine C) Glutamate B) Not capable of regeneration after section D) Acetylcholine C) Found only in the autonomic nervous system E) Somatostatin D) Less excitable E) Refractory for a longer period after excitation Answer: T, F, T, T, T Discussion: Answer: F, F, F, T, T Reference: [Ref: Ganong 25th/P-244, Ref: Snell neuroantomy Discussion: 7th/P406] Reference: (Ref: Rodde 6th/Q-290/P-125) 19. Regarding autonomic neurotransmitter-20. Resting nerve cell membranes are more permeable A) Preganglionic sympathetic neurotransmitter is norepinephrine A) Organic anions than to Cl_ anions B) Ach from preganlionic neuron binds with Muscarinic B) K_ ions than to Cl_ ions C) Na_ ions than to K_ ions D) Oxygen molecules than to glucose molecules C) Sympathetic postganglionic nerve in skeletal blood vessel release epinephrine E) Water molecules than to H_ ions D) Ach on nicotinic receptor generate fast EPSP Answer: F, F, F, T, T E) Ach on muscarinic receptor generate slow IPSP Discussion: a) Organic anions cannot cross the Answer: F, F, F, T, T membrane readily b) The permeability to Cl_ is about twice that to K_ c) K_ permeability is about 100 times Discussion: Reference: (Ref: Ganong 25th/P-260) Reference: (Ref: Rodde 6th/Q-291) 21. Spinal lemniscus is formed by 22. Transaction to the spinal cord at C6 level will A) Lateral spinothalamic tract B) Anterior spinothalamic tract A) Immediate spastic paralysis of the extremities C) Spino-olivary tract B) Diaphragmatic breathing only D) Spinotectral tract C) Urinary retention D) Paralytic ileus E) Spinoreticular tract Answer: T, T, F, T, F E) Exaggerated knee jerks Discussion: Answer: T, F, F, F, T Reference: (Ref: Snell 7th/P-147-149) Discussion: Reference: (Ref: Vision 8th/P-540) 23. What happens when ICP is elevated to > 33 mmHg over a 24. Which one are correctly paired short period cerebra blood flow is significantly reduced & A) Meissner's corpuscle - two point discrimination ischemia develops B) Free nerve ending -pain touch pressure A) Bradycardia C) Ruffians corpuscle □touch B) Tachycardia D) Pacinical corpuscle - Pressure and vibration C) Blood pressure raises E) Neusomuscular D) Blood pressure decrease Answer: T, T, F, T, T E) Respiration slowed Discussion: Answer: T, F, T, F, T Reference: [Ref: Snell 7th /P-115] Discussion: Reference: [Ref: Oxford handbook of clinical neurology 2nd /p-129+ Vision 8th /P-141-166] 26. A 16 months old girl presented with convulsion & 25. Which one Correct regrading post lumbar puneture fever, on examination you found babiniski's sign headache A) Younger Male are more Affected positive. Which factor responsible for this.. B) Younger Female are more affected A) Immature ventral corticospinal tract C) Ocurs in 10-30% of patient B) Immature reticoulospinal tract D) Headache usually begins after 24 hour C) Immature rubrospinal tract E) Most patients resolve completely within a week D) Immature leteral corticospinal tract Answer: F, T, T, T, T E) Immature vestibulospinal tract Discussion: Answer: D

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Discussion: Reference:

Reference: [Ref: Oxford handbook of neurology 2nd/P-388]

- 27. A 22-year-old man complaining of headache, nausea and feeling of being unwell for 2 days was seen in the Accident and Emergency Department. He was intolerant to bright light and sounds. Lumbar puncture performed by the on call consultant showed glucose < 40> 4.5 mg/dl and neutrophil leukocytosis. What is the most likely diagnosis?
- A) Cervical tumour
- B) Cerebral malaria
- C) Encephalitis
- D) Intracerebral haemorrhage
- E) Meningitis
 Answer: E
 Discussion:

Reference: (Ref: Pastest/Q-7.15)

- 28. A 32-year-old woman experienced the sudden onset of a severe cramping pain in the abdominal region. She also became nauseated. Visceral pain
- A) Shows relatively rapid adaptation
- B) Is mediated by B fibers in the dorsal roots of the spinal nerves
- C) Is poorly localized
- D) Resembles "fast pain" produced by noxious stimulation of the skin
- E) Causes relaxation of nearby skeletal muscles

Answer: C
Discussion:

Reference: (Ref: Gangon 25th/P-175)

- 29. A 40 years old man came to you with loss of facial expression on Rt. half on face loss of wrinkling of forehead on Rt, loss of taste. Loss of lacrimation hyperaquisis. What is the possible diagnosis?
- A) Supranuclear lesion of facial nerve
- B) Supranuclear lesion of vestibular nerve
- C) Nuclear lesion of vestibulo cochlear nerve
- D) Infranuclear lesion just below nerve to stapedius
- E) Nuclear or infranuclear lesion above the geniculate ganglion

Answer: E
Discussion:

Reference: (Ref: Snells Neuroanatomy 7th/P168)

- 30. A 40-year-old man loses his right hand in a farm accident. Four years later, he has episodes of severe pain in the missing hand (phantom limb pain). A detailed PET scan study of his cerebral cortex might be expected to show
- A) Expansion of the right hand area in his right primary somatosensory cortex
- B) Expansion of the right hand area in his left primary somatosensory cortex
- C) A metabolically inactive spot where his hand area in his left primary somatosensory cortex would normally be
- D) Projection of fibers from neighboring sensory areas into the right hand area of his right primary somatosensory cortex.
- E) Projection of fibers from neighboring sensory areas into the right hand area of his left primary somatosensory cortex.

Answer: E Discussion:

Reference: (Ref: Gangon 25th/P-176)

- 31. A 50-year-old woman undergoes a neurologic exam that indicates loss of pain and temperature sensitivity, vibratory sense, and proprioception in the left leg. These symptoms could be explained by
- A) A tumor on the right medial lemniscal pathway in the sacral spinal cord
- B) A peripheral neuropathy
- C) A tumor on the left medial lemniscal pathway in the sacral spinal cord
- D) A tumor affecting the right posterior paracentral gyrus
- E) A large tumor in the right lumbar ventrolateral spinal cord

Answer: D
Discussion:

Reference: (Ref: Gangon 25th/P-176)

- 32. A lesion of the posterior column—medial lemniscus system is most likely to affect:
- A) Fine touch
- B) Hearing
- C) Pain sensation
- D) Temperature sensation
- E) Visual acuity

Answer: A Discussion:

Reference: (Ref: Pastest/Q-7.12)

33. A middle-aged patient following a stroke developed dysarthria, nystagmus and a tremor that worsens with directed movement. This patient most probably has:

- A) Cerebellar disease
- B) Damage to pontine and caudate nuclei
- C) Hyperthyroidism
- D) Parkinsonism

Reference:

E) Spinal cord transection

Answer: A **Discussion:** Cerebellar diseases The patient in this vignette has cerebellar tremor as suggested by the signs and symptoms. Cerebellar tremor is a slow, broad tremor of the extremities that A Fine touch The posterior column—medial lemniscus pathway is the sensory pathway responsible for transmitting fine touch and conscious proprioceptive information from the body to the cerebral cortex. The name comes from the two structures that the sensation travels up: the posterior (or dorsal) columns of the spinal cord and the medial lemniscus in the brainstem. Because the posterior columns are also called dorsal columns, the pathway is often called the dorsal column-medial lemniscus system or DCML for short. (Also called posterior column—medial lernniscus or PCML pathway). Discriminative sensation is well developed in the fingers of humans and allows us to feel fine textures and determine what an unknown object in our hands is without looking at it. This fine sensation is detected by Meissner's corpuscles that lie in the dermis of the skin close to the epidermis. When these structures are stimulated by slight pressure, an action potential is started. The action potential travels up an axon (the cell body of the neurone will be in a dorsal root ganglion). (The neurones are classified as unipolar, so they are regarded as having just one long process, an axon.) Therefore, the sensation travels from the skin, along the axon, past the neuronal cell body and into the dorsal column of the spinal cord. The axons continue inside the spinal cord, running up the posterior (dorsal) column. Axons from the lower body are most medial (closer to the midline) and run in the gracile tract of the spinal column. Sensory axons from the upper body enter the spinal cord later, so are more lateral and travel up the cuneate tract. At the level of the closed medulla oblongata, these axons synapse with neurones in the gracile and cuneate nuclei. The secondary neurones (that start in the nuclei) cross over to the other side of the medulla (as internal arcuate fibres) to form the medial lemniscus. At the medulla, the medial lemniscus is orientated perpendicular to the way the fibres travelled in the posterior columns. For example, in the columns, lower limb is medial, upper limb is more lateral. At the medial lemniscus, axons from the leg are more ventral, arm fibres more dorsal. Fibres from the trigeminal nerve (supplying the head) come in dorsal to the arm fibres and travel up the lemniscus too. The medial lemniscus rotates 90 degrees at the pons. The secondary axons from neurones giving sensation to the head stay at around the same place, while the leg axons move outwards. The axons travel up the rest of the brainstem and synapse at the thalamus (at the ventral posterolateral nucleus). Neurones starting in the thalamus travel up the posterior limb of the internal capsule, and again, head and leg swap relative positions. The axons synapse in the primary sensory cortex, with lower body sensation most medial (eg, the paracentral lobule) and upper body more lateral.

34. A person met with an accident and the fracture of the 10th thoracic vertebra was found. It had damaged the left half of the spinal cord. Following clinical signs are seen in the patient on examination below the level of lesion.

- A) Ipsilateral loss of pain
- B) Ipsilateral loss of total sensation
- C) Contralateral spastic paralysis
- D) Ipsilateral flaccid paralysis
- E) Ipsilateral Babinski's sign is persent

Answer: E Discussion:

Reference: (Ref: Snells Neuroanatomy 7th/P-169)

35. Complete transection of the spinal cord at the level of T1 would most likely result in

- A) temporary loss of stretch reflexes below the lesion
- B) temporary loss of conscious proprioception below the lesion
- C) permanent loss of voluntary control of movement above the lesion
- D) permanent loss of consciousness above the lesion
- E) None of the above

Answer: A

Discussion: Transection of the spinal cord causes "spinal shock" and loss of all reflexes below the level of the lesion. These reflexes, which are local circuits within the spinal cord, will return with time or become hypersensitive.

Proprioception is permanently (rather than temporarily) lost because of the interruption of sensory nerve fibers. Fibers above the lesion are intact

Reference: (Ref: BRS Physiology 6th [III E 2]

36. Cutting which structure on the left side causes total blindness in the left eye?

- A) Optic nerve
- B) Optic chiasm
- C) Optic tract
- D) Geniculocalcarine tract

E)

Answer: A

Discussion: Explanation: Cutting the optic nerve from the left eye causes blindness in the left eye because the fibers have not yet crossed at the optic chiasm.

Reference:

37. During a neurological examination, a patient exhibited extension of his toes when the plantar surface of his foot was stroked. An additional neurological finding might be:

- A) Atrophy
- B) Fasciculations
- C) Hyporeflexia
- D) Hypotonia
- E) Spasticity

Answer: E
Discussion:

Reference: [Ref: Ganong 25th ed , page: 233, clinical box:

12-2]

38. In case of raised intracranial pressure. Which nerve most commonly affected?

- A) 3rd
- B) 5th
- C) 6th
- D) 7th
- E) 8th

Answer: C Discussion:

Reference: [Ref: Ganong/25th/P-607]

39. Muscle stretch leads to a direct increase in firing rate of which type of nerve?

- A) □-Motoneurons
- B) □-Motoneurons
- C) Group Ia fibers
- D) Group Ib fibers
- E) Group-II fibres

Answer: C

Discussion: Group Ia afferent fibers innervate intrafusal fibers of the muscle spindle. When the intrafusal fibers are stretched, the group Ia fibers fire and activate the stretch reflex, which causes the muscle to return to its resting length **Reference:** (Ref: BRS Physiology 6th [III B 3 b]

40. Nociceptors

- A) Are activated by strong pressure, severe cold, severe heat, and chemicals
- B) Are absent in visceral organs
- C) Are specialized structures located in the skin and joints $% \left(1\right) =\left(1\right) \left(1\right)$
- D) Are innervated by group II afferents
- E) Are involved in acute but not chronic pain

Answer: A Discussion:

Reference: (Ref: Gangon 25th/P-175)

41. Parkinsonism is a known disorder of motor function. The primary area involved in this disease is:

- A) Basal ganglia
- B) Motor cortex
- C) Neostriatum
- D) Red nucleus
- E) Substantia nigra

Answer: E Discussion:

Reference: (Ref: Pastest/Q-7.5)

42. Sensory receptor potentials

- A) are action potentials
- B) always bring the membrane potential of a receptor cell toward threshold
- C) always bring the membrane potential of a receptor cell away from threshold
- D) are graded in size, depending on stimulus intensity
- E) are all-or-none

Answer: D

Discussion: Receptor potentials are graded potentials that may bring the membrane potential of the receptor cell either toward (depolarizing) or away from (hyperpolarizing) threshold. Receptor potentials are not action potentials, although action potentials (which are all-or-none) may result if the membrane potential reaches threshold

Reference: (Ref: BRS Physiology 6th [II A 4 c]

43. The inability to perform rapidly alternating movements (dysdiadochokinesia) is associated with lesions of the

- A) Premotor cortex
- B) Motor cortex
- C) Cerebellum
- D) Substantia nigra

E) Medulla **Answer:** C

Discussion: Coordination of movement (synergy) is the function of the cerebellum. Lesions of the cerebellum cause ataxia, lack of coordination, poor execution of movement, delay in initiation of movement, and inability to perform rapidly alternating movements. The premotor and motor cortices plan and execute movements. Lesions of the substantia nigra, a component of the basal ganglia, result in tremors, lead-pipe rigidity, and poor muscle tone (Parkinson's disease)

Reference: (Ref: BRS Physiology 6th [III F 1 c, 3 c]

44. Which autonomic receptor is blocked by hexamethonium at the ganglia, but not at the neuromuscular junction?

- A) Adrenergic □ receptors
- B) Adrenergic □1 receptors
- C) Adrenergic □2 receptors
- D) Cholinergic muscarinic receptors
- E) Cholinergic nicotinic receptors

Answer: E

Discussion: The answer is E [I C 2 a]. Hexamethonium is a icotinic blocker, but it acts only at ganglionic (not neuromuscular junction) nicotinic receptors. This pharmacologic distinction emphasizes that nicotinic receptors at these two locations, although similar, are not identical.

Reference:

45. Which of the following has a much lower concentration in the cerebrospinal fluid (CSF) than in cerebral capillary blood?

- A) Na+
- B) K+
- C) Osmolarity
- D) Protein
- E) Mg2+ Answer: D Discussion:

Reference: (Ref: BRS Physiology 6th/ [V B; Table 2-9]

46. Which reflex is responsible for polysynaptic excitation of contralateral extensors?

- A) Stretch reflex (myotatic)
- B) Golgi tendon reflex (inverse myotatic)
- C) Flexor withdrawal reflex
- D) Subliminal occlusion reflex
- E) Crossed extensor reflex

Answer: C

Discussion: Flexor withdrawal is a polysynaptic reflex that is used when a persontouches a hot stove or steps on a tack. On the ipsilateral side of the painful stimulus, there is flexion (withdrawal); on the contralateral side, there is extension to maintain balance

Reference: (Ref: BRS Physiology 6th [III C 3]

47. A 28-year-old man was seen by a neurologist because he had experienced prolonged episodes of tingling and numbness in his right arm. He underwent a neurologic exam to evaluate his sensory nervous system. Which of the following receptors is correctly paired with the type of stimulus to which it is most apt to respond?

- A) Pacinian corpuscle and motion
- B) Meissner corpuscle and deep pressure
- C) Merkel cells and warmth
- D) Ruffini corpuscles and sustained pressure
- E) Muscle spindle and tension

Answer: D
Discussion:

Reference: (Ref: Gangon 25th/P-175)

48. A ventrolateral cordotomy is performed that produces relief of pain in the right leg. It is effective because it interrupts the

- A) Left dorsal column
- B) Left ventrolateral spinothalamic tract
- C) Right ventrolateral spinothalamic tract
- D) Right medial lemniscal pathway
- E) A direct projection to the primary somatosensory cortex

Answer: B Discussion:

Reference: (Ref: Gangon 25th/P-175)

49. Which of the following is a characteristic of nuclear bag fibers?

- A) They are one type of extrafusal muscle fiber
- B) They detect dynamic changes in muscle length
- C) They give rise to group Ib afferents
- D) They are innervated by □-motoneurons
- E) Detect static changes in muscle length

Answer: P

Discussion: Nuclear bag fibers are one type of intrafusal muscle fiber that make up muscle spindles. They detect dynamic changes in muscle length, give rise to group Ia afferent fibers, and are innervated by □-motoneurons. The other type of intrafusal fiber, the nuclear chain fiber, detects static changes in muscle length

Reference: (Ref: BRS Physiology 6th [III B 3 a (1)]

50. Which of the following is a feature of the sympathetic, but not the parasympathetic, nervous system?

- A) Ganglia located in the effector organs
- B) Long preganglionic neurons
- C) Preganglionic neurons release norepinephrine
- D) Preganglionic neurons release acetylcholine (ACh)
- E) Preganglionic neurons originate in the thoracolumbar spinal cord

Answer: E Discussion:

Reference: (Ref: BRS Physiology 6th /[I A, B; Table 2-1; Figure 2-1]