

剣道



JAPAN AMERICA
SOCIETY OF IOWA

居合道

The Way of the Samurai

Sword Arts Presentation

March 12, 2016 – Southside Public Library

April 9, 2016 – Franklin Avenue Library

Join the Japan America Society of Iowa for live demonstrations of two Japanese Sword Martial Arts: Kendo and Iaido. Experience the art, technique, and discipline of using a Japanese sword (katana) in two ancient ways of the sword. After the presentation, stay and learn about the other activities that the Japan America Society of Iowa is organizing in greater Des Moines!



Kendo: The way of the Sword

Sat. March 12, 1:00-3:00 p.m.

Des Moines Southside Library

1111 SW Porter Ave, Des Moines, IA 50315

Kendo is a worldwide Japanese sword martial art that uses bamboo swords and protective armor and was originally developed as a safe form of sword training for samurai. To learn more about ways to watch and practice kendo in central Iowa, visit www.raccoonvalleykendo.com.

Iaido: The Way of Drawing a Sword

Sat. April 9, 1:00-3:00 p.m.

Franklin Avenue Library

5000 Franklin Ave, Des Moines, IA 50310

Iaido is a Japanese sword martial art that requires smooth and controlled movements to draw the sword from its scabbard, strike or cut an opponent, and then return the sword to the scabbard.



For more information, see www.japaniowa.org or email info@japaniowa.org

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