

# **Patient Information and Treatment Authorization**

PATIENT I	NFORMATION #		WESTSTAR LONG BEAC		
Name:	NANCY ZEPEDA	SSN:	XXX-XX9999		
Address:	2390 CEDER AVE APT 304	Sex:	F		
City, Zip:	LONG BEACHCA90806	DOB:	09/29/1986		
Home Ph:	(562)981-4284	Age:	36		
Work Ph:		Email:			
Cell Ph:					
PATIENT I	NFORMATION#				
Date:	09/29/2022	Post Sx:			
Type:	PI	Sx Date:			
REFERRIN	IG DOCTOR INFORMATION				
Name:	LARSON, LINDSAY	Body Pts :			
Address:					
City, Zip:	LAKEWOODCA				
Phone:	(562)630-3105	Dx:			
ATTORNE	Y INFORMATION				
Name:		Address:			
City, Zip:		Phone:			
EMPLOYN	MENT INFORMATION:				
Name:		Address:			
City, Zip:		Phone:			
PRIMARY	INSURANCE INFORMATION	SECONDAR	RY INSURANCE INFORMATION		
Name:		Name:			
Address:		Address:			
Adj/Ph#:		Adj/Ph#:			
Type:		Type:			
Ins Name :		Ins Name :			
Pol#/Clm#:		Pol#/Clm#:			
RELEASE (	OF INFORMATION and ASSIGN	MENT OF BENEFITS			
I hereby aut	thorize WestStar Physical Therapy	to release information r	requested by my insurance carrier t of my insurance benefits to WestStar		
		03/21/23			
NANCY ZEPEDA		Date Sig	Date Signed		



# **JOB INFORMATION #**

PATIENT	#							
Name:	NANCY ZEPEDA	1		SSN:	XXX	-XX9999		
JOB INFO	RMATION #							
Job Title:								
Job Descript	ion:							
ADDITION	NAL JOB DETAIL	S						
				A . 1	1	1 2 1	1 0	
	pical 8-hour day, How		?	At work, or Squatting:	_	ow much time do you	Hours	
Sit:		Hours		Stooping/b			Hours	
Stand:		Hours			ending.		Hours	
Walk:		Hours		Kneeling:	T		Hours	
Drive:		Hours		Reaching U			$\rightarrow$	
At work, o	n average, how ma	ny hours do you v	work	Reaching Out:			Hours	
per				Twisting:			Hours	
Day/Shift:		Hours		Crawling:			Hours	
Week:		Hours		Stair Climb			Hours	
		J		Ladder Clin	mbing:		Hours	
				Using a Co	mputer:		Hours	
				Using the 7	Telephone:		Hours	
				Pushing:			Hours	
				Pulling:			Hours	
				Lifting Ove	erhead:		Hours	
At work, n	ny job requires that	I lift	Constant	tly	Often	Sometimes	Never	
10 lbs or less								
11 lbs to 25 lb	os:			$\longrightarrow$		<b></b>	{	
26 lbs to 50 lb	os:			$\longrightarrow$		<b></b>	1	
51 lbs to 75 lb	os:							
76 lbs to 100								
over 100 Ibs:								
At work, m	ny job includes		Constant	tly	Often	Sometimes	Never	
Repetitive Hand Movement :								
Repetitive Foot Movement :								
Power Gripping :								
Precision Har	ndling:			[_			] []	
Balancing:	iter mouse/touch pad:					_	{	
				{ }_		_ }	{ }	
Timed work for efficiency : Simultaneous computer & telephone :				}		_{ }	{	
			l			] [	J [	



# **INJURY INFORMATION**

PATIENT	#					
Name:	NANCY ZEPEDA		SSN:	XXX-XX9999		
INJURY II	NFORMATION #					
Briefly descr	ibe your injury :					
					Yes	No
Did you go	to the Emergency R	oom at a Hospital?				
If not an E	mergency Room, Ad	you go to some other ty	pe of medical	facility?		
Were x-ray	vs taken?					
If an auto a	accident, was the veh	icle drivable after the acc	cident?			
Do you hav	ve any previous injur	y to the sense area?				
Are you sti	ill being treated for th	nis injury?				
If you are s	still being treated for	this injury, by whom?				
Name:						
Address:						
City, Zip:						
Phone						



### **PAIN INFORMATION**

Document Date: 03/21/23

### PATIENT #

Name: SSN: XXX-XX9999

#### PAIN INFORMATION #

Draw the location of your pain on the body outlines using the following markers.

A = Achesches

B = Burning

N = Nurnbness

P = Pins & Needles

S = Stabbing

0 = Other







WAIVER INFORMATION

Document Date: 03/21/23

PATIENT #						
Name:	NANCY ZEPEDA	SSN:	XXX-XX9999			

I, AM OF LEGAL AGE AND HEREBY CERTIFY THAT I WENT TO WEST STAR PHYSICAL THERAPY OF MY OWN DISCRETION AND DECISION TO RECEIVE PHYSICAL THERAPY TREATMENTS. I UNDERSTAND THAT I MAY OR MAY NOT HAVE A DOCTORS REFERRAL AND THAT GETTING PHYSICAL THERAPY IS MY TREATMENT OF CHOICE. I ALSO UNDERSTAND THAT I WILL BE EVALUATED BY A LICENSED AND CERTIFIED PHYSICAL THERAPIST AND THAT THE THERAPISTS EVALUATION AND RECOMMENDATION WILL BE EXPLAINED TO ME BEFORE TREATMENT. I UNDERSTAND THAT THE PHYSICAL THERAPIST WILL COMMUNICATE WITH MY MEDICAL DOCTOR TO GET AUTHORIZATION FOR MY PHYSICAL THERAPY TREATMENTS. I ALSO UNDERSTAND THAT I CANNOT RECEIVE PHYSICAL THERAPY TREATMENTS FROM WEST STAR PHYSICAL THERAPY WITHOUT SIGNED AUTHORIZATION FROM MY MEDICAL DOCTOR. FURTHERMORE, I UNDERSTAND THAT PHYSICAL THERAPY, WHILE DESIGNED TO, IS NOT GUARANTEED TO IMPROVE MY CURRENT CONDITION.

#### **IF MINOR:**

NAME OF PARENT OF GUARDIAN:	
RELATIONSHIP:	
PATIENT SIGNATURE:	
Date	
WITNESSED BY:	
NAME OF STAFF MEMBER:	
SIGNATURE:	
Date	



Document Date: 03/21/23

PATIENT #	
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Name:	NANCY ZEPEDA	SSN:	XXX-XX9999

### **PRIVACY INFORMATION** Page (1 of 3)

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

#### Uses and Disclosures

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Payment: Your health information may be used to seek payment from your health plan, from other sources of coverage such as an automobile insurer, or from credit card companies that you may use to pay for services. For example, your health plan may request and receive information on dates of service, services provided and the medical condition being treated.

Health Care Operations: Your health information may be used as necessary to support the day-to-day activities of and management of West Star Physical Therapy. For Example, information on the services you received may be used to support budgeting and financial reporting and activities to evaluate and promote quality.

Law Enforcement: your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law enforcement investigations and to comply with government mandated reporting.

Public Health Reporting: Your health care information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the states public health department.

Other Uses and Disclosures That Require Your Authorization: Disclosure of your health information or its use for any purpose other than those listed above requires your specific, written authorization. However, your decision to revoke authorization will not affect of undo any use or disclosure of information that occurred before you notified us of your decision to revoke your authorization.



Document Date: 03/21/23

PATIENT #						
Name:	NANCY ZEPEDA	SSN:	XXX-XX9999			
PRIVACY	Y INFORMATION Page (2 of 3)					
Appointm	ent Reminders: Your health informa	ation will be used by ou	ur staff to send you appointment reminders.			
interesting		of your medical condit	d to send you information that you may find ion. From our database, we may also send you be of interest to you**	1		
	Please do not use my heal	th information for the	phove-mentioned services			

Individual Rights: You have certain rights under the federal privacy standards. These include:

The right to request restrictions on the use and disclosure of your protected health care information;

The right to receive confidential communications concerning your medical condition and treatment;

The right to inspect and copy your protected health information;

The right to amend or submit corrections to your protected health care information;

The right to receive an accounting of how and to whom your protected health information has been disclosed;

The right to receive a printed copy of this notice

West Star Physical Therapy Duties: We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices.

We are also required to abide by the privacy policies and practices that are outlined in this notice.

Right to Revise Privacy Practices: As permitted by law, we reserve the right to amend to modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and state laws and regulations. Upon request, we will provide you with the most recently revised notice on any office visits. The revise policies and practices will be applied to all protected health information we maintain.



Document Date: 03/21/23

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Name:	NANCY ZEPEDA	SSN:	XXX-XX9999

#### PRIVACY INFORMATIONPage (3 of 3)

Requests to Inspect Protected Health Information: You may generally inspect or copy the protected health information we maintain. As permitted by Federal Regulations we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records by contacting our corporate office. Your request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the request

Complaints: If you would like to submit a comment or complaint about our privacy practices, you can do so by sending a letter outlining your concerns to:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

If you believe that your privacy rights have been violated, you should call the matter to our attention by sending a letter describing the cause of concern to the same address. You will not be penalized or otherwise retaliated against for filing a complaint.

Contact Person: The address of the person you may contact for further information consenting privacy practices is:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

Effective Date: This notice is effective as of May 18, 2012



PATIENT	#		
Name:	NANCY ZEPEDA	SSN:	XXX-XX9999
PRIVACY	ACKNOWLEDGMENT INFORMATION		
acknowled	Acknowledgement of Receipeived, read and fully understand the Notice of alge and understand that West Stat Physical the putlined in the notice.	F Privacy Pr	actices for West Star Physical therapy and
	Patient : SIGNATURE:_ Date_		
Patient Re	presentative is required if the patient is a minor	or or patient	t is an adult who is unable to sign this form.
	5 1 1 11 5 1		