



**WestStar**

PHYSICAL THERAPY NETWORK

16025 Gale Ave #a6  
Industry, CA 91745  
T:(626)810-9901 F:(626)965-5261

## Initial Evaluation

Evaluation Date:09/01/2011  
Generated Date:09/01/2011

Name: CAMACHO, MIGUEL  
Gender: M  
Referring Doctor: CAPEN, DANIEL  
Diagnosis: 847.2 Sprains Strains Lumbar  
842.09 Sprains Strains Wrist

Date of Birth: 11/12/1964  
Account Number: \_\_\_\_\_  
First Seen: 08/25/2011

### Subjective:

#### Current Condition:

##### Details:

##### Chief Complaint:

Onset Date: 05/13/2002

Type of Injury: 6

##### Specific Injury:

##### TreatmentsDetail:

#### Pain History:

##### Pain Area:

##### Area:

##### Pain Description:

##### Area:

#### Functional Status:

##### Functional Activity:

Activity: Pt has increased pain and/or difficulty with:Prolonged sitting/driving,

#### Medical History:

Medical History: Hypertension,

Surgeries: N/A

Diagnostic Tests: MRI,Nerve conduction,

##### Medications:

#### Work Details:

Status: Currently Not Working

Occupation: COMMUNITY AND SOCIAL SERVICE

Job Requirement: bending over,lifting,proloned walking,

## Objective:

### WRIST(S)

ROM Pronation Degrees  
ROM Supination Degrees  
ROM Radial Deviation Degrees  
ROM Ulnar Deviation Degrees  
ROM Extension Degrees  
ROM Flexion Degrees  
SPECIAL Reverse Phalens PositiveNegative  
SPECIAL Tinel's PositiveNegative  
SPECIAL Phalen's PositiveNegative

### LUMBAR REGION

ROM Left Side Bend Degrees  
ROM Extension Degrees  
ROM Left Rotation Degrees  
ROM Flexion Degrees  
ROM Right Rotation Degrees  
ROM Right Side Bend Degrees  
SPECIAL Asis, Psis, Iliac Crest PositiveNegative

## Assessment:

Based on the objective and subjective data in conjunction with the stated outcome measurements physical therapy interventions are indicated at this time to address the patient's impairments and subsequent functional limitations.

## Plan:

Short Term Goals

Long Term Goals

Treatment Plan

Doctor's Order                      3 time(s) per week, for 4 week(s).

## Evaluation Performed By:

Therapist:                      BERNARD LOPEZ, RPT

License: