

Patient Information and Treatment Authorization

Name:	ALEJANDRO BALBUENA	SSN:	XXX-XX9999
Address:	4855 LA SENA AVE	Sex:	M
City, Zip:	BALDWIN PARKCA91705	DOB:	07/07/1990
Home Ph:	(626)412-9417	Age:	32
Work Ph:		Email:	
Cell Ph:			
PATIENT I	NFORMATION #		
Date:	10/03/2022	Post Sx:	
Type:	PI	Sx Date:	
REFERRIN	G DOCTOR INFORMATION		
Name:	ELDRINGHOFF, DAVID	Body Pts:	
Address:	5170 SEPULVEDA BLVD STE 210		
City, Zip:	SHERMAN OAKSCA91403		
Phone:	(818)995-8702	Dx:	
ATTORNE	Y INFORMATION		
Name:		Address:	
City, Zip:		Phone:	
EMPLOYM	ENT INFORMATION:		
Name:		Address:	
City, Zip:		Phone:	
PRIMARY 1	INSURANCE INFORMATION	SECONDAR	Y INSURANCE INFORMATION
Name:		Name :	
Address:		Address:	
Adj/Ph#:		Adj/Ph#:	
Type:		Type:	
Ins Name :		Ins Name :	
Pol#/Clm#:		Pol#/Clm#:	
RELEASE (OF INFORMATION and ASSIGNMEN	NT OF BENEFITS	
I hereby aut	horize WestStar Physical Therapy to rehis illness upon request. I hereby authorapy for services rendered.	elease information r	
		06/05/23	
ΔΙΕΙΔΝΟ	RO BALBUENA	— — — — — — — — — — — — — — — — — — —	ned



JOB INFORMATION #

PATIENT	#					
Name:	ALEJANDRO	O BALBUENA	SSN:	(xxx	K-XX9999	
JOB INFO	RMATION #					
Job Title:						
Job Descript	ion:					
ADDITION	NAL JOB DET	AILS				
			A 41	l 1		1 9
	oical 8-hour day, l	How many hours do you?	Squattir	_	how much time do you	Hours
Sit:		Hours		g/bending:		Hours
Stand:		Hours				Hours
Walk:		Hours	Kneelin			
Drive:		Hours	Reachin			Hours
At work, o	n average, how	many hours do you wo	rK.	Reaching Out:		Hours
per			Twisting			Hours
Day/Shift:		Hours	Crawling:			Hours
Week:		Hours	Stair Cl	imbing:		Hours
			Ladder	Climbing:		Hours
			Using a	Computer:		Hours
			Using th	ne Telephone :		Hours
			Pushing			Hours
			Pulling	•		Hours
			Lifting (Overhead:		Hours
At work, m	ny job requires	that I lift	Constantly	Often	Sometimes	Never
10 lbs or less	:					
11 lbs to 25 lb	os:					1
26 lbs to 50 lb	os:					
51 lbs to 75 lb						
76 lbs to 100						
over 100 Ibs:						
At work, n	ny job includes.	•••	Constantly	Often	Sometimes	Never
Repetitive Ha	and Movement:					
Repetitive Fo	ot Movement:					
Power Grippi						
Precision Har	ndling:					
Balancing:						
	iter mouse/touch p	ad:				
	For efficiency: computer & telepl	hono:				_
Simultaneous	computer & telepl	HOHE.		I	1.1	1.1



INJURY INFORMATION

PATIENT	#				
Name:	ALEJANDRO BALB	UENA	SSN:	XXX-XX9999	
INJURY I	NFORMATION#				
Briefly desc	ribe your injury :				
					Yes No
Did you go	to the Emergency Ro	oom at a Hospital?			
If not an E	mergency Room, Ad	you go to some other ty	pe of medica	al facility?	
Were x-ray	ys taken?				
If an auto	accident, was the vehi	cle drivable after the ac	cident?		
Do you ha	ve any previous injury	to the sense area?			
Are you st	ill being treated for th	is injury?			
If you are	still being treated for t	this injury, by whom?			
Name:					
Address:					
City, Zip:					
Phone					



PAIN INFORMATION

Document Date: 06/05/23

PATIENT

Name: ALEJANDRO BALBUENA SSN: XXX-XX9999

PAIN INFORMATION

Draw the location of your pain on the body outlines using the following markers.

A = Achesches

B = Burning

N = Nurnbness

P = Pins & Needles

S = Stabbing

0 = Other







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PATIENT #						
Name:	ALEJANDRO BALBUENA	SSN:	XXX-XX9999			

WAIVER INFORMATION

I, AM OF LEGAL AGE AND HEREBY CERTIFY THAT I WENT TO WEST STAR PHYSICAL THERAPY OF MY OWN DISCRETION AND DECISION TO RECEIVE PHYSICAL THERAPY TREATMENTS. I UNDERSTAND THAT I MAY OR MAY NOT HAVE A DOCTORS REFERRAL AND THAT GETTING PHYSICAL THERAPY IS MY TREATMENT OF CHOICE. I ALSO UNDERSTAND THAT I WILL BE EVALUATED BY A LICENSED AND CERTIFIED PHYSICAL THERAPIST AND THAT THE THERAPISTS EVALUATION AND RECOMMENDATION WILL BE EXPLAINED TO ME BEFORE TREATMENT. I UNDERSTAND THAT THE PHYSICAL THERAPIST WILL COMMUNICATE WITH MY MEDICAL DOCTOR TO GET AUTHORIZATION FOR MY PHYSICAL THERAPY TREATMENTS. I ALSO UNDERSTAND THAT I CANNOT RECEIVE PHYSICAL THERAPY TREATMENTS FROM WEST STAR PHYSICAL THERAPY WITHOUT SIGNED AUTHORIZATION FROM MY MEDICAL DOCTOR. FURTHERMORE, I UNDERSTAND THAT PHYSICAL THERAPY, WHILE DESIGNED TO, IS NOT GUARANTEED TO IMPROVE MY CURRENT CONDITION.

IF MINOR:

NAME OF PARENT OF GUARDIAN:	
RELATIONSHIP:	
PATIENT SIGNATURE:	
Date	
WITNESSED BY:	
NAME OF STAFF MEMBER:	
SIGNATURE:	
Date	



Notice of Privacy Practices

Document Date: 06/05/23

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Name:	ALEJANDRO BALBUENA	SSN:	XXX-XX9999

PRIVACY INFORMATION Page (1 of 3)

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Uses and Disclosures

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Payment: Your health information may be used to seek payment from your health plan, from other sources of coverage such as an automobile insurer, or from credit card companies that you may use to pay for services. For example, your health plan may request and receive information on dates of service, services provided and the medical condition being treated.

Health Care Operations: Your health information may be used as necessary to support the day-to-day activities of and management of West Star Physical Therapy. For Example, information on the services you received may be used to support budgeting and financial reporting and activities to evaluate and promote quality.

Law Enforcement: your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law enforcement investigations and to comply with government mandated reporting.

Public Health Reporting: Your health care information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the states public health department.

Other Uses and Disclosures That Require Your Authorization: Disclosure of your health information or its use for any purpose other than those listed above requires your specific, written authorization. However, your decision to revoke authorization will not affect of undo any use or disclosure of information that occurred before you notified us of your decision to revoke your authorization.



PATIENT #

Notice of Privacy Practices

Document Date: 06/05/23

Name:	ALEJANDRO BALBUENA	SSN:	XXX-XX9999				
PRIVACY	INFORMATION Page (2 of 3)						
Appointm	ent Reminders: Your health informati	ion will be used by or	ur staff to send you appointment re	minders.			
interesting	on About Treatments: Your health info on the treatment and management of on describing only West Star related in	f your medical condit	ion. From our database, we may al				

Please do not use my health information for the above-mentioned services.

Individual Rights: You have certain rights under the federal privacy standards. These include:

The right to request restrictions on the use and disclosure of your protected health care information;

The right to receive confidential communications concerning your medical condition and treatment;

The right to inspect and copy your protected health information;

The right to amend or submit corrections to your protected health care information;

The right to receive an accounting of how and to whom your protected health information has been disclosed;

The right to receive a printed copy of this notice

West Star Physical Therapy Duties: We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices.

We are also required to abide by the privacy policies and practices that are outlined in this notice.

Right to Revise Privacy Practices: As permitted by law, we reserve the right to amend to modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and state laws and regulations. Upon request, we will provide you with the most recently revised notice on any office visits. The revise policies and practices will be applied to all protected health information we maintain.



Notice of Privacy Practices

Document Date: 06/05/23

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Name:	ALEJANDRO BALBUENA	SSN:	XXX-XX9999

PRIVACY INFORMATIONPage (3 of 3)

Requests to Inspect Protected Health Information: You may generally inspect or copy the protected health information we maintain. As permitted by Federal Regulations we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records by contacting our corporate office. Your request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the request

Complaints: If you would like to submit a comment or complaint about our privacy practices, you can do so by sending a letter outlining your concerns to:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

If you believe that your privacy rights have been violated, you should call the matter to our attention by sending a letter describing the cause of concern to the same address. You will not be penalized or otherwise retaliated against for filing a complaint.

Contact Person: The address of the person you may contact for further information consenting privacy practices is:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

Effective Date: This notice is effective as of May 18, 2012



Notice of Privacy Practices

PATIENT	#		
Name:	ALEJANDRO BALBUENA	SSN:	XXX-XX9999
PRIVACY	ACKNOWLEDGMENT INFORMATION		
acknowled	Acknowledgement of Received, read and fully understand the Notice of a lige and understand that West Stat Physical the outlined in the notice.	f Privacy Pr	ractices for West Star Physical therapy and
	Patient : SIGNATURE:_ Date_		
Patient Re	presentative is required if the patient is a mine Name of Patient Representative:_ Relationship to Patient :_ SIGNATURE:_ Date_	•	t is an adult who is unable to sign this form.