



WestStar

PHYSICAL THERAPY NETWORK

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Initial Evaluation

Evaluation Date:10/01/2012
Generated Date:10/15/2012

Name: CANZANO, MONICA
Gender: F
Referring Doctor: LARSEN, JOHN
Diagnosis: (Not Specified)

Date of Birth: 07/07/1964
Account Number: 123399
First Seen: 07/11/2012

Subjective

Current Condition:

Details:

Chief Complaint: Constant pain in her neck and back dull in nature

Onset Date: 11/02/2011

Type of Injury: 6

Specific Injury: Repetitive motion(s)

Treatments:

Treatment Detail:

Functional Status:

Functional Activity:

Activity: Pt has increased pain and/or difficulty with:bending over,carrying,lifting,Prolonged sitting/driving,prolonged typing/mousing,

Medical History:

Medical History: None except CA in 2010 but complete remission

Surgeries: NA

Diagnostic Tests: MRI

Medications: Tylenol

Work Details:

Status: Currently Working

Occupation: HEALTHCARE SUPPORT

Job Requirement: Prolonged computer activities, intermittent patient care such as lifting, pushing-pulling

Objective

Assessment

Details: Based on the objective and subjective data in conjunction with the stated outcome measurements physical therapy interventions are indicated at this time to address the patient's impairments and subsequent functional limitations.

Plan

Short Term Goals Time frame: Within 2-4 weeks
Decrease pain by: (1-3 points, 4-8 points, be pain free)
Increase ROM by: (5-10 degrees 10-20 degrees 20-30 degrees)
SQUAT ABILITY 60% B LE

Long Term Goals Time frame: Within 8 weeks
Independent with Finalized HEP
Return to Prior level of function

Treatment Plan Biofeedback,Heat,Heat,IF/Tens/HWave,Independent Home Exercise Program,Isokinetics,Joint Mobilizations,Soft Tissue Mobilization,Ther-ex,

Evaluation Performed By:

Therapist: AMY BATES

License: 35310