

# **Patient Information and Treatment Authorization**

Document Date: 03/08/23
WESTSTAR LONG BEACH

PATIENT I	NFORMATION #		WESTSTAR LONG BEACH
Name:	TRACY ZARAGOZA	SSN:	XXX-XX9999
Address:	36 W LOUISE STREET APT 2	Sex:	F
City, Zip:	LONG BEACHCA90805	DOB:	12/01/1996
Home Ph:	(562)632-3976	Age:	26
Work Ph:		Email:	
Cell Ph:			
PATIENT I	NFORMATION#		
Date:	08/14/2022	Post Sx:	
Type:	PI	Sx Date:	
REFERRIN	G DOCTOR INFORMATION		
Name:	BERGEY, DARREN L	Body Pts:	
Address:	3420 BRISTOL STREET STE 700		
City, Zip:	COSTA MESACA92626		
Phone:	(714)485-3599	Dx:	
ATTORNE	Y INFORMATION		
Name:		Address:	
City, Zip:		Phone:	
EMPLOYM	IENT INFORMATION:		
Name:		Address:	
City, Zip:		Phone:	
PRIMARY	INSURANCE INFORMATION	SECONDAR	Y INSURANCE INFORMATION
Name:		Name :	
Address:		Address:	
Adj/Ph#:		Adj/Ph#:	
Type:		Type:	
Ins Name:		Ins Name :	
Pol#/Clm#:		Pol#/Clm#:	
RELEASE (	OF INFORMATION and ASSIGNMEN	T OF BENEFITS	
concerning t	chorize WestStar Physical Therapy to rethis illness upon request. I hereby authoerapy for services rendered.		
		03/08/23	
TRACY ZA	ARAGOZA	Date Sig	ned



# **JOB INFORMATION #**

Document Date: 03/08/23

PATIENT	#					
Name:	TRACY ZARAGO	)ZA	SSN:	XX	X-XX9999	
JOB INFO	RMATION#					
Job Title:						
Job Descript	ion:					
ADDITION	NAL JOB DETAIL	S				
During a typ	ical 8-hour day, How	many hours do you?	At work	x, on average,	how much time do y	ou spend?
Sit:		Hours	Squattin	g:		Hours
Stand:		Hours	Stooping	g/bending:		Hours
Walk:		Hours	Kneeling	g:		Hours
Drive:		Hours	Reaching	g Up :		Hours
At work o	n average how may	ノ ny hours do you wo	Reaching	g Out :		Hours
per	ii average, now ma	ny nours do you wo	Twisting	Twisting:		Hours
Day/Shift:		Hours	Crawling	Crawling:		Hours
		$\preceq$	Stair Cli	mbing:		Hours
Week:		Hours		Climbing:		Hours
				Computer:		Hours
				e Telephone :		Hours
			Pushing			Hours
			Pulling:			Hours
				Overhead:		Hours
				overneau.		Hours
	ny job requires that	I lift	Constantly	Often	Sometimes	Never
10 lbs or less						
11 lbs to 25 lb						
26 lbs to 50 lb						
51 lbs to 75 lb						
76 lbs to 100 over 100 lbs :		_				_
OVEL TOO IDS.						
At work, n	ny job includes		Constantly	Often	Sometimes	Never
Repetitive Ha	and Movement:					
Repetitive Fo	ot Movement:					$\dashv$
Power Grippi	ng:					
Precision Har	ndling:					
Balancing:						
	iter mouse/touch pad:					
	For efficiency:					
Simultaneous	computer & telephone	:				



# **INJURY INFORMATION**

Document Date: 03/08/23

PATIENT #	!					
Name:	TRACY ZARAGOZA	4	SSN:	XXX-XX9999		
INJURY IN	FORMATION #					
Briefly describ	oe your injury :					
					Yes	No
Did you go	to the Emergency Ro	oom at a Hospital?				
If not an Em	nergency Room, Ad	you go to some other typ	pe of medical	facility?		
Were x-rays	taken?					
If an auto ac	ecident, was the vehi	cle drivable after the acc	cident?			
Do you have	e any previous injury	to the sense area?				
Are you still	l being treated for th	is injury?				
If you are st	ill being treated for t	his injury, by whom?				
Name:						
Address:						
City, Zip:						
Phone						



### **PAIN INFORMATION**

Document Date: 03/08/23

### PATIENT #

Name: TRACY ZARAGOZA SSN: XXX-XX9999

### PAIN INFORMATION #

Draw the location of your pain on the body outlines using the following markers.

A = Achesches

B = Burning

N = Nurnbness

P = Pins & Needles

S = Stabbing

0 = Other







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PATIENT #					
Name: TRACY ZARAGOZA SSN: XXX-XX9999					

#### WAIVER INFORMATION

I, AM OF LEGAL AGE AND HEREBY CERTIFY THAT I WENT TO WEST STAR PHYSICAL THERAPY OF MY OWN DISCRETION AND DECISION TO RECEIVE PHYSICAL THERAPY TREATMENTS. I UNDERSTAND THAT I MAY OR MAY NOT HAVE A DOCTORS REFERRAL AND THAT GETTING PHYSICAL THERAPY IS MY TREATMENT OF CHOICE. I ALSO UNDERSTAND THAT I WILL BE EVALUATED BY A LICENSED AND CERTIFIED PHYSICAL THEREAPIST AND THAT THE THERAPISTS EVALUATION AND RECOMMENDATION WILL BE EXPLAINED TO ME BEFORE TREATMENT. I UNDERSTAND THAT THE PHYSICAL THERAPIST WILL COMMUNICATE WITH MY MEDICAL DOCTOR TO GET AUTHORIZATION FOR MY PHYSICAL THERAPY TREATMENTS. I ALSO UNDERSTAND THAT I CANNOT RECEIVE PHYSICAL THERAPY TREATMENTS FROM WEST STAR PHYSICAL THERAPY WITHOUT SIGNED AUTHORIZATION FROM MY MEDICAL DOCTOR. FURTHERMORE, I UNDERSTAND THAT PHYSICAL THERAPY, WHILE DESIGNED TO, IS NOT GUARANTEED TO IMPROVE MY CURRENT CONDITION.

#### **IF MINOR:**

NAME OF PARENT OF GUARDIAN:	
RELATIONSHIP:	
PATIENT SIGNATURE:	
Date	
WITNESSED BY:	
NAME OF STAFF MEMBER:	
SIGNATURE:	
Date	



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Name:	TRACY ZARAGOZA	SSN:	XXX-XX9999

#### **PRIVACY INFORMATION** Page (1 of 3)

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

#### Uses and Disclosures

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Payment: Your health information may be used to seek payment from your health plan, from other sources of coverage such as an automobile insurer, or from credit card companies that you may use to pay for services. For example, your health plan may request and receive information on dates of service, services provided and the medical condition being treated.

Health Care Operations: Your health information may be used as necessary to support the day-to-day activities of and management of West Star Physical Therapy. For Example, information on the services you received may be used to support budgeting and financial reporting and activities to evaluate and promote quality.

Law Enforcement: your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law enforcement investigations and to comply with government mandated reporting.

Public Health Reporting: Your health care information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the states public health department.

Other Uses and Disclosures That Require Your Authorization: Disclosure of your health information or its use for any purpose other than those listed above requires your specific, written authorization. However, your decision to revoke authorization will not affect of undo any use or disclosure of information that occurred before you notified us of your decision to revoke your authorization.



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PATIENT #					
Name:	TRACY ZARAGOZA	SSN:	XXX-XX9999		
PRIVACY	INFORMATION Page (2 of 3)				
Appointme	ent Reminders: Your health informa	ntion will be used by ou	ar staff to send you appointment reminders.		
interesting		of your medical condit	d to send you information that you may find ion. From our database, we may also send you be of interest to you**		
	Please do not use my heal	th information for the a	above-mentioned services.		

Individual Rights: You have certain rights under the federal privacy standards. These include:

The right to request restrictions on the use and disclosure of your protected health care information;

The right to receive confidential communications concerning your medical condition and treatment;

The right to inspect and copy your protected health information;

The right to amend or submit corrections to your protected health care information;

The right to receive an accounting of how and to whom your protected health information has been disclosed;

The right to receive a printed copy of this notice

West Star Physical Therapy Duties: We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices.

We are also required to abide by the privacy policies and practices that are outlined in this notice.

Right to Revise Privacy Practices: As permitted by law, we reserve the right to amend to modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and state laws and regulations. Upon request, we will provide you with the most recently revised notice on any office visits. The revise policies and practices will be applied to all protected health information we maintain.



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Name:	TRACY ZARAGOZA	SSN:	XXX-XX9999

### **PRIVACY INFORMATION**Page (3 of 3)

Requests to Inspect Protected Health Information: You may generally inspect or copy the protected health information we maintain. As permitted by Federal Regulations we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records by contacting our corporate office. Your request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the request

Complaints: If you would like to submit a comment or complaint about our privacy practices, you can do so by sending a letter outlining your concerns to:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

If you believe that your privacy rights have been violated, you should call the matter to our attention by sending a letter describing the cause of concern to the same address. You will not be penalized or otherwise retaliated against for filing a complaint.

Contact Person: The address of the person you may contact for further information consenting privacy practices is:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

Effective Date: This notice is effective as of May 18, 2012



Document Date: 03/08/23

PATIENT	#		
Name:	TRACY ZARAGOZA	SSN:	XXX-XX9999
PRIVACY	ACKNOWLEDGMENT INFORMATION		
acknowled	Acknowledgement of Received, read and fully understand the Notice of ge and understand that West Stat Physical thoutlined in the notice.	f Privacy Pr	actices for West Star Physical therapy and
	Patient : SIGNATURE: Date		
Patient Re	Relationship to Patient :_		is an adult who is unable to sign this form.