

# **Patient Information and Treatment Authorization**

	NFORMATION #	0.05	WESTSTAR DOWNTOWN LA
Name:	MELISSA COBAR	SSN:	XXX-XX9999
Address:	840 S HOBART	Sex:	F
City, Zip:	LOS ANGELESCA90005	DOB:	05/20/1996
Home Ph:	(310)967-9253	Age:	27
Work Ph:		Email:	
Cell Ph:			
PATIENT I	NFORMATION#		
Date:	07/07/2023	Post Sx:	
Type:	PI	Sx Date:	
REFERRIN	IG DOCTOR INFORMATION		
Name:	KASHANI, HOUMAN	Body Pts:	
Address:	2214 S HOOVER ST		
City, Zip:	LOS ANGELESCA90007		
Phone:	(213)622-3100	Dx:	
ATTORNE	Y INFORMATION		
Name:		Address:	
City, Zip:		Phone:	
EMPLOYM	IENT INFORMATION:		
Name:		Address:	
City, Zip:		Phone:	
PRIMARY	INSURANCE INFORMATION	SECONDAR	Y INSURANCE INFORMATION
Name :		Name:	
Address:		Address:	
Adj/Ph#:		Adj/Ph#:	
Type:		Type:	
Ins Name :		Ins Name :	
Pol#/Clm#:		Pol#/Clm#:	
RELEASE (	OF INFORMATION and ASSIGNMI	ENT OF BENEFITS	
concerning t	thorize WestStar Physical Therapy to this illness upon request. I hereby auth erapy for services rendered.		requested by my insurance carrier t of my insurance benefits to WestStar
		07/21/23	
MELISSA	COBAR	Date Sig	gned



# **JOB INFORMATION #**

PATIENT	#					
Name:	MELISSA COBA	R	SSN:	XX	X-XX9999	
JOB INFO	RMATION#					
Job Title:						
Job Descript	ion:					
ADDITIO	NAL JOB DETAIL	S				
D :	. 101 1 11	1 1 0	At work	on average	how much time do yo	ou spend ?
During a typ Sit:	oical 8-hour day, How	many hours do you?  Hours	Squattin	_	now much time do ye	Hours
Stand:		$\exists$		g/bending:		Hours
		Hours	Kneeling			Hours
Walk:		Hours	Reachin			Hours
Drive:		Hours	Reachin			Hours
	on average, how ma	ny hours do you wo	ork	Reaching Out : Twisting :		Hours
per						Hours
Day/Shift:		Hours	Crawling			$\longrightarrow$
Week:		Hours	Stair Cli			Hours
				Climbing:		Hours
			Using a	Computer:		Hours
			Using th	e Telephone :		Hours
			Pushing	:		Hours
			Pulling:			Hours
			Lifting (	Overhead:		Hours
At work, n	ny job requires that	I lift	Constantly	Often	Sometimes	Never
10 lbs or less	-					
11 lbs to 25 ll	bs:	}		<b></b>	<b></b>	<b>-</b>
26 lbs to 50 ll	bs:	}		<b>-</b>	$\rightarrow$	$\dashv$
51 lbs to 75 ll	bs:			<b></b>	$\dashv$	$\rightarrow$
76 lbs to 100	Ibs:					$\rightarrow$
over 100 Ibs	:					
At work, n	ny job includes		Constantly	Often	Sometimes	Never
	and Movement :					
	oot Movement :	_				
Power Grippi		}		<b></b>	<b></b>	$\rightarrow$
Precision Har	ndling:	}		<b></b>		$\rightarrow$
Balancing:		}		<b></b>	$\dashv$	$\dashv$
Use of compu	uter mouse/touch pad:	}			$\dashv$	$\dashv$
Timed work f	for efficiency:	}		<b></b>	$\dashv$	$\dashv$
Simultaneous	computer & telephone	:		<b>———</b>	$\rightarrow$	$\dashv$



# **INJURY INFORMATION**

PATIENT :	#					
Name:	MELISSA COBAR		SSN:	XXX-XX9999		
INJURY IN	NFORMATION#					
Briefly descri	be your injury :					
					Yes	No
Did you go	to the Emergency Re	oom at a Hospital?				
If not an Er	mergency Room, Ad	you go to some other ty	pe of medical	facility?		
Were x-ray	s taken?					
If an auto a	ccident, was the vehi	cle drivable after the acc	cident?			
Do you hav	e any previous injury	to the sense area?				
Are you stil	ll being treated for th	is injury?				
If you are s	till being treated for	this injury, by whom?				
Name:						
Address:						
City, Zip:						
Phone						



## **PAIN INFORMATION**

Document Date: 07/21/23

### PATIENT #

Name: MELISSA COBAR SSN: XXX-XX9999

### PAIN INFORMATION #

Draw the location of your pain on the body outlines using the following markers.

A = Achesches

B = Burning

N = Nurnbness

P = Pins & Needles

S = Stabbing

0 = Other







Document Date: 07/21/23

PATIENT #			
Name:	MELISSA COBAR	SSN:	XXX-XX9999

#### WAIVER INFORMATION

I, AM OF LEGAL AGE AND HEREBY CERTIFY THAT I WENT TO WEST STAR PHYSICAL THERAPY OF MY OWN DISCRETION AND DECISION TO RECEIVE PHYSICAL THERAPY TREATMENTS. I UNDERSTAND THAT I MAY OR MAY NOT HAVE A DOCTORS REFERRAL AND THAT GETTING PHYSICAL THERAPY IS MY TREATMENT OF CHOICE. I ALSO UNDERSTAND THAT I WILL BE EVALUATED BY A LICENSED AND CERTIFIED PHYSICAL THERAPIST AND THAT THE THERAPISTS EVALUATION AND RECOMMENDATION WILL BE EXPLAINED TO ME BEFORE TREATMENT. I UNDERSTAND THAT THE PHYSICAL THERAPIST WILL COMMUNICATE WITH MY MEDICAL DOCTOR TO GET AUTHORIZATION FOR MY PHYSICAL THERAPY TREATMENTS. I ALSO UNDERSTAND THAT I CANNOT RECEIVE PHYSICAL THERAPY TREATMENTS FROM WEST STAR PHYSICAL THERAPY WITHOUT SIGNED AUTHORIZATION FROM MY MEDICAL DOCTOR. FURTHERMORE, I UNDERSTAND THAT PHYSICAL THERAPY, WHILE DESIGNED TO, IS NOT GUARANTEED TO IMPROVE MY CURRENT CONDITION.

#### **IF MINOR:**

NAME OF PARENT OF GUARDIAN:	
RELATIONSHIP:	
PATIENT SIGNATURE:	
Date	
WITNESSED BY:	
NAME OF STAFF MEMBER:	
SIGNATURE:	
Date	



Document Date: 07/21/23

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Name:	MELISSA COBAR	SSN:	XXX-XX9999

### **PRIVACY INFORMATION** Page (1 of 3)

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

#### Uses and Disclosures

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Payment: Your health information may be used to seek payment from your health plan, from other sources of coverage such as an automobile insurer, or from credit card companies that you may use to pay for services. For example, your health plan may request and receive information on dates of service, services provided and the medical condition being treated.

Health Care Operations: Your health information may be used as necessary to support the day-to-day activities of and management of West Star Physical Therapy. For Example, information on the services you received may be used to support budgeting and financial reporting and activities to evaluate and promote quality.

Law Enforcement: your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law enforcement investigations and to comply with government mandated reporting.

Public Health Reporting: Your health care information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the states public health department.

Other Uses and Disclosures That Require Your Authorization: Disclosure of your health information or its use for any purpose other than those listed above requires your specific, written authorization. However, your decision to revoke authorization will not affect of undo any use or disclosure of information that occurred before you notified us of your decision to revoke your authorization.



Document Date: 07/21/23

PATIENT #							
Name:	MELISSA COBAR	SSN:	XXX-XX9999				
PRIVACY	Y INFORMATION Page (2 of 3)						
Appointm	ent Reminders: Your health informa	tion will be used by ou	ar staff to send you appointment remin	ders.			
interesting		of your medical condit	d to send you information that you may ion. From our database, we may also so oe of interest to you**	•			
	Please do not use my healt	th information for the	phove-mentioned services				

Individual Rights: You have certain rights under the federal privacy standards. These include:

The right to request restrictions on the use and disclosure of your protected health care information;

The right to receive confidential communications concerning your medical condition and treatment;

The right to inspect and copy your protected health information;

The right to amend or submit corrections to your protected health care information;

The right to receive an accounting of how and to whom your protected health information has been disclosed;

The right to receive a printed copy of this notice

West Star Physical Therapy Duties: We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices.

We are also required to abide by the privacy policies and practices that are outlined in this notice.

Right to Revise Privacy Practices: As permitted by law, we reserve the right to amend to modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and state laws and regulations. Upon request, we will provide you with the most recently revised notice on any office visits. The revise policies and practices will be applied to all protected health information we maintain.



Document Date: 07/21/23

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PA	 IIH.I	V	#

Name:	MELISSA COBAR	SSN:	XXX-XX9999

### PRIVACY INFORMATIONPage (3 of 3)

Requests to Inspect Protected Health Information: You may generally inspect or copy the protected health information we maintain. As permitted by Federal Regulations we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records by contacting our corporate office. Your request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the request

Complaints: If you would like to submit a comment or complaint about our privacy practices, you can do so by sending a letter outlining your concerns to:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

If you believe that your privacy rights have been violated, you should call the matter to our attention by sending a letter describing the cause of concern to the same address. You will not be penalized or otherwise retaliated against for filing a complaint.

Contact Person: The address of the person you may contact for further information consenting privacy practices is:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

Effective Date: This notice is effective as of May 18, 2012



PATIENT	#		
Name:	MELISSA COBAR	SSN:	XXX-XX9999
PRIVACY	ACKNOWLEDGMENT INFORMATION		
acknowled	Acknowledgement of Received, read and fully understand the Notice of lge and understand that West Stat Physical thoutlined in the notice.	f Privacy Pr	actices for West Star Physical therapy and
	Patient : SIGNATURE:_ Date_		
Patient Re	Relationship to Patient:		is an adult who is unable to sign this form.