

# **Patient Information and Treatment Authorization**

PATIENTI	NFORMATION #		WESTSTAR RIVERSIDI
Name:	ERICA ZABALA	SSN:	XXX-XX9999
Address:	5800 HAMMER AVE	Sex:	F
City, Zip:	MIRA LOMACA91752	DOB:	12/25/1980
Home Ph:	(951)622-9935	Age:	42
Work Ph:		Email:	
Cell Ph:			
PATIENT I	NFORMATION #		
Date:	03/02/2023	Post Sx:	
Type:	WC	Sx Date:	
REFERRIN	G DOCTOR INFORMATION		
Name:	NATT, BALBIR	Body Pts:	
Address:	1044 LIVE OAK AVE		
City, Zip:	FONTANACA92337		
Phone:	(909)770-8293	Dx:	
ATTORNE	Y INFORMATION		
Name:		Address:	
City, Zip:		Phone:	
EMPLOYM	ENT INFORMATION:		
Name:		Address:	
City, Zip:		Phone:	
PRIMARY	INSURANCE INFORMATION	SECONDAR	RY INSURANCE INFORMATION
Name:		Name:	
Address:		Address:	
Adj/Ph#:		Adj/Ph#:	
Type:		Type:	
Ins Name :		Ins Name :	
Pol#/Clm#:		Pol#/Clm#:	
RELEASE (	OF INFORMATION and ASSIGNME	NT OF BENEFITS	
I hereby aut	horize WestStar Physical Therapy to 1	release information r	requested by my insurance carrier t of my insurance benefits to WestStar
		04/10/23	
ERICA ZA	BALA	Date Sig	ened



## **JOB INFORMATION #**

PATIENT	#					
Name:	ERICA ZABAL	A	SSN:	XX	X-XX9999	
JOB INFO	RMATION #					
Job Title:						
I.b.D.	•					
Job Descript	ion:					
ADDITION	NAL JOB DETAI	ILS				
			A t vycon	lr. on oxionooo	have much time do re	ou amand 9
	oical 8-hour day, Ho	w many hours do you?	Squattir	_	how much time do yo	Hours
Sit:		Hours		g/bending:		Hours
Stand:		Hours		_		Hours
Walk:		Hours	Kneelin			Hours
Drive:		Hours	Reachin			
At work, o	n average, how n	nany hours do you wo	rK	Reaching Out :		Hours
per			Twistin			Hours
Day/Shift:		Hours	Crawlin			Hours
Week:		Hours	Stair Cl	imbing:		Hours
			Ladder	Climbing:		Hours
			Using a	Computer:		Hours
			Using th	ne Telephone :		Hours
			Pushing	;:		Hours
			Pulling	•		Hours
			Lifting	Overhead:		Hours
At work, n	ny job requires the	at I lift	Constantly	Often	Sometimes	Never
10 lbs or less	:					
11 lbs to 25 ll	os:					
26 lbs to 50 ll	os:					
51 lbs to 75 ll						
76 lbs to 100						
over 100 Ibs						
At work, n	ny job includes		Constantly	Often	Sometimes	Never
	and Movement:					
Repetitive Fo	ot Movement :				$\rightarrow$	$\dashv$
Power Grippi	ng:					$\neg$
Precision Har	ndling:					
Balancing:						
	iter mouse/touch pad	:				
	for efficiency:					
Simultaneous	computer & telephor	ne:				



## **INJURY INFORMATION**

PATIENT	#				
Name:	ERICA ZABALA		SSN:	XXX-XX9999	
INJURY I	NFORMATION #				
Briefly descr	ribe your injury :				
					Yes No
Did you go	o to the Emergency R	Room at a Hospital?			
If not an E	mergency Room, Ad	you go to some other ty	pe of medical	facility?	
Were x-ray	ys taken?				
If an auto	accident, was the veh	icle drivable after the ac	cident?		
Do you ha	ve any previous injur	ry to the sense area?			
Are you still being treated for this injury?					
T.C.		4			
If you are	still being treated for	this injury, by whom?			
Name:					
Address:					
City, Zip:					
Phone					



## **PAIN INFORMATION**

Document Date: 04/10/23

#### PATIENT #

Name: SSN: XXX-XX9999

#### PAIN INFORMATION #

Draw the location of your pain on the body outlines using the following markers.

A = Achesches

B = Burning

N = Nurnbness

P = Pins & Needles

S = Stabbing

0 = Other







WAIVER INFORMATION

Document Date: 04/10/23

PATIENT #						
Name:	ERICA ZABALA	SSN:	XXX-XX9999			
		,				

I, AM OF LEGAL AGE AND HEREBY CERTIFY THAT I WENT TO WEST STAR PHYSICAL THERAPY OF MY OWN DISCRETION AND DECISION TO RECEIVE PHYSICAL THERAPY TREATMENTS. I UNDERSTAND THAT I MAY OR MAY NOT HAVE A DOCTORS REFERRAL AND THAT GETTING PHYSICAL THERAPY IS MY TREATMENT OF CHOICE. I ALSO UNDERSTAND THAT I WILL BE EVALUATED BY A LICENSED AND CERTIFIED PHYSICAL THEREAPIST AND THAT THE THERAPISTS EVALUATION AND RECOMMENDATION WILL BE EXPLAINED TO ME BEFORE TREATMENT. I UNDERSTAND THAT THE PHYSICAL THERAPIST WILL COMMUNICATE WITH MY MEDICAL DOCTOR TO GET AUTHORIZATION FOR MY PHYSICAL THERAPY TREATMENTS. I ALSO UNDERSTAND THAT I CANNOT RECEIVE PHYSICAL THERAPY TREATMENTS FROM WEST STAR PHYSICAL THERAPY WITHOUT SIGNED AUTHORIZATION FROM MY MEDICAL DOCTOR. FURTHERMORE, I UNDERSTAND THAT PHYSICAL THERAPY, WHILE DESIGNED TO, IS NOT GUARANTEED TO IMPROVE MY CURRENT CONDITION.

#### **IF MINOR:**

NAME OF PARENT OF GUARDIAN:	
RELATIONSHIP:	
PATIENT SIGNATURE:	
Date	
WITNESSED BY:	
NAME OF STAFF MEMBER:	
SIGNATURE:	
Date	



### **Notice of Privacy Practices**

Document Date: 04/10/23

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Name:	ERICA ZABALA	SSN:	XXX-XX9999

#### **PRIVACY INFORMATION** Page (1 of 3)

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

#### Uses and Disclosures

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Payment: Your health information may be used to seek payment from your health plan, from other sources of coverage such as an automobile insurer, or from credit card companies that you may use to pay for services. For example, your health plan may request and receive information on dates of service, services provided and the medical condition being treated.

Health Care Operations: Your health information may be used as necessary to support the day-to-day activities of and management of West Star Physical Therapy. For Example, information on the services you received may be used to support budgeting and financial reporting and activities to evaluate and promote quality.

Law Enforcement: your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law enforcement investigations and to comply with government mandated reporting.

Public Health Reporting: Your health care information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the states public health department.

Other Uses and Disclosures That Require Your Authorization: Disclosure of your health information or its use for any purpose other than those listed above requires your specific, written authorization. However, your decision to revoke authorization will not affect of undo any use or disclosure of information that occurred before you notified us of your decision to revoke your authorization.



PATIENT #

### **Notice of Privacy Practices**

Document Date: 04/10/23

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Name:	ERICA ZABALA	SSN:	XXX-XX9999				
PRIVACY	INFORMATION Page (2 of 3)						
Appointme	ent Reminders: Your health info	ormation will be used by our	staff to send you appointmen	nt reminders.			
interesting	on About Treatments: Your healt on the treatment and management on describing only West Star rela	ent of your medical condition	n. From our database, we ma				

Please do not use my health information for the above-mentioned services.

Individual Rights: You have certain rights under the federal privacy standards. These include:

The right to request restrictions on the use and disclosure of your protected health care information;

The right to receive confidential communications concerning your medical condition and treatment;

The right to inspect and copy your protected health information;

The right to amend or submit corrections to your protected health care information;

The right to receive an accounting of how and to whom your protected health information has been disclosed;

The right to receive a printed copy of this notice

West Star Physical Therapy Duties: We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices.

We are also required to abide by the privacy policies and practices that are outlined in this notice.

Right to Revise Privacy Practices: As permitted by law, we reserve the right to amend to modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and state laws and regulations. Upon request, we will provide you with the most recently revised notice on any office visits. The revise policies and practices will be applied to all protected health information we maintain.



## **Notice of Privacy Practices**

Document Date: 04/10/23

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Name:	ERICA ZABALA	SSN:	XXX-XX9999

#### **PRIVACY INFORMATION**Page (3 of 3)

Requests to Inspect Protected Health Information: You may generally inspect or copy the protected health information we maintain. As permitted by Federal Regulations we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records by contacting our corporate office. Your request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the request

Complaints: If you would like to submit a comment or complaint about our privacy practices, you can do so by sending a letter outlining your concerns to:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

If you believe that your privacy rights have been violated, you should call the matter to our attention by sending a letter describing the cause of concern to the same address. You will not be penalized or otherwise retaliated against for filing a complaint.

Contact Person: The address of the person you may contact for further information consenting privacy practices is:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

Effective Date: This notice is effective as of May 18, 2012



# **Notice of Privacy Practices**

PATIENT	#		
Name:	ERICA ZABALA	SSN:	XXX-XX9999
PRIVACY	ACKNOWLEDGMENT INFORMATION		
acknowled	Acknowledgement of Receipeived, read and fully understand the Notice of and understand that West Stat Physical the outlined in the notice.	f Privacy Pr	actices for West Star Physical therapy and
	Patient : SIGNATURE:_ Date_		
Patient Re	presentative is required if the patient is a minor	or or patient	t is an adult who is unable to sign this form.
	Name of Patient Representative:_ Relationship to Patient :_ SIGNATURE:_ Date_		