

Patient Information and Treatment Authorization

PATIENT I	NFORMATION#		WESTSTAR ANAHEIN
Name:	ARLINA NICOLE MARTINEZ	SSN:	XXX-XX9999
Address:	10812 CEDAR STREET	Sex:	F
City, Zip:	STANTONCA90680	DOB:	04/27/1986
Home Ph:	(714)457-5572	Age:	36
Work Ph:		Email:	
Cell Ph:			
PATIENT I	NFORMATION #		
Date:	02/08/2023	Post Sx:	
Type:	PI	Sx Date:	
REFERRIN	G DOCTOR INFORMATION		
Name:	KASHANI, HOUMAN	Body Pts:	
Address:	2214 S HOOVER ST		
City, Zip:	LOS ANGELESCA90007		
Phone:	(213)622-3100	Dx:	
ATTORNE	Y INFORMATION		
Name:		Address:	
City, Zip:		Phone:	
EMPLOYM	IENT INFORMATION:		
Name:		Address:	
City, Zip:		Phone:	
PRIMARY	INSURANCE INFORMATION	SECONDAR	Y INSURANCE INFORMATION
Name:		Name:	
Address:		Address:	
Adj/Ph#:		Adj/Ph#:	
Type:		Type:	
Ins Name :		Ins Name :	
Pol#/Clm#:		Pol#/Clm#:	
RELEASE (OF INFORMATION and ASSIGNME	ENT OF BENEFITS	
I hereby aut concerning t	horize WestStar Physical Therapy to	release information r	requested by my insurance carrier t of my insurance benefits to WestStar
		03/07/23	
ARLINA N	VICOLE MARTINEZ	Date Sig	gned



JOB INFORMATION #

PATIENT	#					
Name:	ARLINA NICOLE MAR	TINEZ	SSN:	XXX-X	X9999	
JOB INFO	RMATION#					
Job Title:						
Job Descript	ion:					
ADDITION	NAL JOB DETAILS					
During a typ	ical 8-hour day, How many	hours do you?		_	v much time do you	
Sit:	Нои	ırs	Squatting			Hours
Stand:	Hou	ırs	Stooping/	bending:		Hours
Walk:	Ног	ırs	Kneeling	:		Hours
Drive:	Hou	urs	Reaching	Up:		Hours
At work o	n average, how many ho	ours do vou work	Reaching	Out:		Hours
per	ii average, now many ne	ins do you work	Twisting	:		Hours
	11		Crawling	:		Hours
Day/Shift:	Hou		Stair Clin	nbing:		Hours
Week:	Но	ırs	Ladder Cl			Hours
			Using a C			Hours
				Telephone:		Hours
			Pushing:	relephone.		Hours
						\dashv
			Pulling:			Hours
			Lifting O	verhead:		Hours
At work, m	ny job requires that I lift	Con	stantly	Often	Sometimes	Never
10 lbs or less	:					
11 lbs to 25 lb	os:				1	
26 lbs to 50 lb	os:					
51 lbs to 75 lb	os:					
76 lbs to 100						
over 100 Ibs:						
At work, m	ny job includes	Con	stantly	Often	Sometimes	Never
	and Movement:					
	ot Movement :		}		}	{ }
Power Grippi		<u></u>	}		{ }	₹
Precision Han			}		{	{
Balancing:	-	}	}		\	₹
Use of compu	iter mouse/touch pad:		}		1	{
Timed work f	for efficiency:				1	$\langle \cdot \rangle$
Simultaneous	computer & telephone:		\longrightarrow		1	\downarrow



INJURY INFORMATION

PATIENT	`#				
Name:	ARLINA NICOLE M	ARTINEZ	SSN:	XXX-XX9999	
INJURY I	NFORMATION#				
Briefly desc	ribe your injury :				
					Yes No
Did you g	o to the Emergency Ro	oom at a Hospital?			
If not an E	Emergency Room, Ad	you go to some other ty	ype of medica	al facility?	
Were x-ra	ys taken?				
If an auto	accident, was the vehi	cle drivable after the ac	ccident?		
Do you ha	ive any previous injury	to the sense area?			
Are you st	till being treated for th	is injury?			
If you are	still being treated for	his injury, by whom?			
Name:					
Address:					
City, Zip:					
Phone					



PAIN INFORMATION

Document Date: 03/07/23

PATIENT

Name: ARLINA NICOLE MARTINEZ SSN: XXX-XX9999

PAIN INFORMATION

Draw the location of your pain on the body outlines using the following markers.

A = Achesches

B = Burning

N = Nurnbness

P = Pins & Needles

S = Stabbing

0 = Other







Document Date: 03/07/23

PATIENT #				
Name:	ARLINA NICOLE MARTINEZ	SSN:	XXX-XX9999	

WAIVER INFORMATION

I, AM OF LEGAL AGE AND HEREBY CERTIFY THAT I WENT TO WEST STAR PHYSICAL THERAPY OF MY OWN DISCRETION AND DECISION TO RECEIVE PHYSICAL THERAPY TREATMENTS. I UNDERSTAND THAT I MAY OR MAY NOT HAVE A DOCTORS REFERRAL AND THAT GETTING PHYSICAL THERAPY IS MY TREATMENT OF CHOICE. I ALSO UNDERSTAND THAT I WILL BE EVALUATED BY A LICENSED AND CERTIFIED PHYSICAL THEREAPIST AND THAT THE THERAPISTS EVALUATION AND RECOMMENDATION WILL BE EXPLAINED TO ME BEFORE TREATMENT. I UNDERSTAND THAT THE PHYSICAL THERAPIST WILL COMMUNICATE WITH MY MEDICAL DOCTOR TO GET AUTHORIZATION FOR MY PHYSICAL THERAPY TREATMENTS. I ALSO UNDERSTAND THAT I CANNOT RECEIVE PHYSICAL THERAPY TREATMENTS FROM WEST STAR PHYSICAL THERAPY WITHOUT SIGNED AUTHORIZATION FROM MY MEDICAL DOCTOR. FURTHERMORE, I UNDERSTAND THAT PHYSICAL THERAPY, WHILE DESIGNED TO, IS NOT GUARANTEED TO IMPROVE MY CURRENT CONDITION.

IF MINOR:

NAME OF PARENT OF GUARDIAN:	
RELATIONSHIP:	
PATIENT SIGNATURE:	
Date	
WITNESSED BY:	
NAME OF STAFF MEMBER:	
SIGNATURE:	
Date	



Document Date: 03/07/23

PA	TI	EN	T#
ΓA			- ++

Name:	ARLINA NICOLE MARTINEZ	SSN:	XXX-XX9999

PRIVACY INFORMATION Page (1 of 3)

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Uses and Disclosures

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Payment: Your health information may be used to seek payment from your health plan, from other sources of coverage such as an automobile insurer, or from credit card companies that you may use to pay for services. For example, your health plan may request and receive information on dates of service, services provided and the medical condition being treated.

Health Care Operations: Your health information may be used as necessary to support the day-to-day activities of and management of West Star Physical Therapy. For Example, information on the services you received may be used to support budgeting and financial reporting and activities to evaluate and promote quality.

Law Enforcement: your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law enforcement investigations and to comply with government mandated reporting.

Public Health Reporting: Your health care information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the states public health department.

Other Uses and Disclosures That Require Your Authorization: Disclosure of your health information or its use for any purpose other than those listed above requires your specific, written authorization. However, your decision to revoke authorization will not affect of undo any use or disclosure of information that occurred before you notified us of your decision to revoke your authorization.



Document Date: 03/07/23

PATIENT	#			
Name:	ARLINA NICOLE MARTINEZ	SSN:	XXX-XX9999	
PRIVACY	INFORMATION Page (2 of 3)			
Appointme	ent Reminders: Your health information will	be used by	our staff to send you appointment remi	inders.
interesting	on About Treatments: Your health information on the treatment and management of your m on describing only West Star related informati	edical cond	ition. From our database, we may also	

Please do not use my health information for the above-mentioned services.

Individual Rights: You have certain rights under the federal privacy standards. These include:

The right to request restrictions on the use and disclosure of your protected health care information;

The right to receive confidential communications concerning your medical condition and treatment;

The right to inspect and copy your protected health information;

The right to amend or submit corrections to your protected health care information;

The right to receive an accounting of how and to whom your protected health information has been disclosed;

The right to receive a printed copy of this notice

West Star Physical Therapy Duties: We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices.

We are also required to abide by the privacy policies and practices that are outlined in this notice.

Right to Revise Privacy Practices: As permitted by law, we reserve the right to amend to modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and state laws and regulations. Upon request, we will provide you with the most recently revised notice on any office visits. The revise policies and practices will be applied to all protected health information we maintain.



Document Date: 03/07/23

PATIENT

Name:	ARLINA NICOLE MARTINEZ	SSN:	XXX-XX9999

PRIVACY INFORMATIONPage (3 of 3)

Requests to Inspect Protected Health Information: You may generally inspect or copy the protected health information we maintain. As permitted by Federal Regulations we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records by contacting our corporate office. Your request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the request

Complaints: If you would like to submit a comment or complaint about our privacy practices, you can do so by sending a letter outlining your concerns to:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

If you believe that your privacy rights have been violated, you should call the matter to our attention by sending a letter describing the cause of concern to the same address. You will not be penalized or otherwise retaliated against for filing a complaint.

Contact Person: The address of the person you may contact for further information consenting privacy practices is:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

Effective Date: This notice is effective as of May 18, 2012



PATIENT	#		
Name:	ARLINA NICOLE MARTINEZ	SSN:	XXX-XX9999
PRIVACY	ACKNOWLEDGMENT INFORMATION		
acknowled	Acknowledgement of Receipeived, read and fully understand the Notice of lge and understand that West Stat Physical the outlined in the notice.	Privacy Pr	actices for West Star Physical therapy and
	Patient : SIGNATURE:_ Date_		
Patient Re	presentative is required if the patient is a minor	or or patient	is an adult who is unable to sign this form.
	Relationship to Patient :_		