

Patient Information and Treatment Authorization

Document Date: 02/17/23 WESTSTAR LONG BEACH

PATIENT I	NFORMATION #		WESTSTAR LONG BEACH
Name:	ARIANA RUBIN	SSN:	XXX-XX9999
Address:	1456 MCDONALD AVE	Sex:	F
City, Zip:	WILMINGTONCA90744	DOB:	02/13/1992
Home Ph:	(323)570-7792	Age:	31
Work Ph:		Email:	
Cell Ph:			
PATIENT I	NFORMATION #		
Date:	10/14/2022	Post Sx:	
Type:	PI	Sx Date:	
REFERRIN	G DOCTOR INFORMATION		
Name:	DOWNS, DAVID	Body Pts:	
Address:	455 OLD NEWPORT BLVD STE 101		
City, Zip:	NEWPORT BEACHCA92663		
Phone:	(949)933-7012	Dx:	
ATTORNE	Y INFORMATION		
Name:		Address:	
City, Zip:		Phone:	
EMPLOYM	ENT INFORMATION:		
Name:		Address:	
City, Zip:		Phone:	
PRIMARY	INSURANCE INFORMATION	SECONDAR	Y INSURANCE INFORMATION
Name:		Name:	
Address:		Address:	
Adj/Ph#:		Adj/Ph#:	
Type:		Type:	
Ins Name:		Ins Name :	
Pol#/Clm#:		Pol#/Clm#:	
RELEASE (OF INFORMATION and ASSIGNMENT	OF BENEFITS	
I hereby aut	horize West-Star Physical Therapy to rel his illness	ease information	requested by my insurance carrier
			2/17/23
ARIANA R	RUBIN	Γ	Date Signed



JOB INFORMATION #

Document Date: 02/17/23

PATIENT	#					
Name:	ARIANA RUBIN		SSN:	XXX	(-XX9999	
JOB INFO	RMATION #					
Job Title:						
T.1.D						
Job Descript	aon:					
ADDITIO	NAL JOB DETAIL	S				
			At worl	on avarage l	now much time Squatt	ing: Hours do you
During: Hoa Sit:	typical 8 hour day, H	low malthootusrs do you Hours	spend		low much time squatt	ing. Hours do you
		\exists	Squattin	g:		Hours
Stand:		Hours	Stooping	g/bending:		Hours
Walk:		Hours	Kneeling	g:		Hours
Drive:		Hours	Reachin	g Up :		Hours
	on average, how ma	ny hours do you work	Reachin	g Out :		Hours
per			Twisting	g :		Hours
Day/Shift:		Hours	Crawling	g:		Hours
Week:		Hours	Stair Cli			Hours
				Climbing:		Hours
				Computer:		Hours
				e Telephone :		Hours
			Pushing			Hours
			Pulling:			Hours
				Overhead:		Hours
At work n	ny job requires that	I lift	Constantly	Often	Sometimes	Never
10 lbs or less	• • •	1 IIIt C	Olistantiy	Offeli	Sometimes	Nevel
11 lbs to 25 ll						
26 lbs to 50 ll					_{}	
51 lbs to 75 ll	bs:	_				\exists
76 lbs to 100	Ibs:					\exists
over 100 Ibs	:					
At work, n	ny job includes	C	Constantly	Often	Sometimes	Never
	and Movement:					
	oot Movement :					
Power Grippi Precision Har					_	_{ }
Balancing:	numig.					
_	uter mouse/touch pad:	}			_{}_	-{ }
	for efficiency:	_				\dashv
	computer & telephone	:			\dashv	\dashv \models



INJURY INFORMATION

Document Date: 02/17/23

PATIENT #						
Name:	ARIANA RUBIN		SSN:	XXX-XX9999		
INJURY IN	FORMATION #					
Briefly describ	e your injury :					
					Yes	No
Did you go t	o the Emergency Ro	oom at a Hospital?				
If not an Em	ergency Room, Ad	you go to some other typ	pe of medical fa	cility?		
Were x-rays	taken?					
If an auto ac	cident, was the vehi	cle drivable after the acc	cident?			
Do you have	any previous injury	to the sense area?				
Are you still	being treated for th	is injury?				
If you are sti	ll being treated for t	his injury, by whom?				
Name:						
Address:						
City, Zip:						
Phone						



PAIN INFORMATION

Document Date: 02/17/23

PATIENT

Name: ARIANA RUBIN SSN: XXX-XX9999

PAIN INFORMATION

Draw the location of your pain on the body outlines using the following markers.

A = Achesches

B = Burning

N = Nurnbness

P = Pins & Needles

S = Stabbing

0 = Other







Document Date: 02/17/23

Name:	ARIANA RUBIN	SSN:	XXX-XX9999	
	INFORMATION			

I, AM OF LEGAL AGE AND HEREBY CERTIFY THAT I WENT TO WEST STAR PHYSICAL THERAPY OF MY OWN DISCRETION AND DECISION TO RECEIVE PHYSICAL THERAPY TREATMENTS. I UNDERSTAND THAT I MAY OR MAY NOT HAVE A DOCTORS REFERRAL AND THAT GETTING PHYSICAL THERAPY IS MY TREATMENT OF CHOICE. I ALSO UNDERSTAND THAT I WILL BE EVALUATED BY A LICENSED AND CERTIFIED PHYSICAL THERAPIST AND THAT THE THERAPISTS EVALUATION AND RECOMMENDATION WILL BE EXPLAINED TO ME BEFORE TREATMENT. I UNDERSTAND THAT THE PHYSICAL THERAPIST WILL COMMUNICATE WITH MY MEDICAL DOCTOR TO GET AUTHORIZATION FOR MY PHYSICAL THERAPY TREATMENTS. I ALSO UNDERSTAND THAT I CANNOT RECEIVE PHYSICAL THERAPY TREATMENTS FROM WEST STAR PHYSICAL THERAPY WITHOUT SIGNED AUTHORIZATION FROM MY MEDICAL DOCTOR. FURTHERMORE, I UNDERSTAND THAT PHYSICAL THERAPY, WHILE DESIGNED TO, IS NOT GUARANTEED TO IMPROVE MY CURRENT CONDITION.

IF MINOR:

NAME OF PARENT OF GUARDIAN:	
RELATIONSHIP:	
PATIENT SIGNATURE:	
Date	
WITNESSED BY:	
NAME OF STAFF MEMBER:	
SIGNATURE:	
Date	



Notice of Privacy Practices

Document Date: 02/17/23

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Name:	ARIANA RUBIN	SSN:	XXX-XX9999

PRIVACY INFORMATION Page (1 of 3)

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Uses and Disclosures

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Payment: Your health information may be used to seek payment from your health plan, from other sources of coverage such as an automobile insurer, or from credit card companies that you may use to pay for services. For example, your health plan may request and receive information on dates of service, services provided and the medical condition being treated.

Health Care Operations: Your health information may be used as necessary to support the day-to-day activities of and management of West Star Physical Therapy. For Example, information on the services you received may be used to support budgeting and financial reporting and activities to evaluate and promote quality.

Law Enforcement: your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law enforcement investigations and to comply with government mandated reporting.

Public Health Reporting: Your health care information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the states public health department.

Other Uses and Disclosures That Require Your Authorization: Disclosure of your health information or its use for any purpose other than those listed above requires your specific, written authorization. However, your decision to revoke authorization will not affect of undo any use or disclosure of information that occurred before you notified us of your decision to revoke your authorization.



PATIENT #

Notice of Privacy Practices

Document Date: 02/17/23

Name:	ARIANA RUBIN	SSN:	XXX-XX9999	
PRIVACY	INFORMATION Page (2 of 3)			
Appointme	ent Reminders: Your health info	rmation will be used by our	staff to send you appointment remin	iders.
interesting		ent of your medical condition	to send you information that you may also see of interest to you**	•

Please do not use my health information for the above-mentioned services.

Individual Rights: You have certain rights under the federal privacy standards. These include:

The right to request restrictions on the use and disclosure of your protected health care information;

The right to receive confidential communications concerning your medical condition and treatment;

The right to inspect and copy your protected health information;

The right to amend or submit corrections to your protected health care information;

The right to receive an accounting of how and to whom your protected health information has been disclosed;

The right to receive a printed copy of this notice

West Star Physical Therapy Duties: We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices.

We are also required to abide by the privacy policies and practices that are outlined in this notice.

Right to Revise Privacy Practices: As permitted by law, we reserve the right to amend to modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and state laws and regulations. Upon request, we will provide you with the most recently revised notice on any office visits. The revise policies and practices will be applied to all protected health information we maintain.



Notice of Privacy Practices

Document Date: 02/17/23

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Name:	ARIANA RUBIN	SSN:	XXX-XX9999

PRIVACY INFORMATIONPage (3 of 3)

Requests to Inspect Protected Health Information: You may generally inspect or copy the protected health information we maintain. As permitted by Federal Regulations we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records by contacting our corporate office. Your request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the request

Complaints: If you would like to submit a comment or complaint about our privacy practices, you can do so by sending a letter outlining your concerns to:

West Star Physical Therapy

If you believe that your privacy rights have been violated, you should call the matter to our attention by sending a letter describing the cause of concern to the same address. You will not be penalized or otherwise retaliated against for filing a complaint.

Contact Person: The address of the person you may contact for further information consenting privacy practices is:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

Effective Date: This notice is effective as of May 18, 2012



Notice of Privacy Practices

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PATIENT	#		
Name:	ARIANA RUBIN	SSN:	XXX-XX9999
PRIVACY	ACKNOWLEDGMENT INFORMATION		
acknowled	Acknowledgement of Receipeived, read and fully understand the Notice of lge and understand that West Stat Physical the outlined in the notice.	f Privacy Pr	actices for West Star Physical therapy and
	Patient : SIGNATURE:_ Date_		
Patient Re	presentative is required if the patient is a mine	or or patient	is an adult who is unable to sign this form.
	Relationship to Patient :_		