

Patient Information and Treatment Authorization

PATIENT I	NFORMATION #		WESTSTAR LONG BEACH
Name:	AMANDA ZARATE	SSN:	XXX-XX9999
Address:	5530 ACKERFIELD AVE APT 2	Sex:	F
City, Zip:	LONG BEACHCA90805	DOB:	10/04/1988
Home Ph:	(714)353-6716	Age:	34
Work Ph:		Email:	
Cell Ph:			
PATIENT I	NFORMATION #		
Date:	02/24/2023	Post Sx:	
Type:	PI	Sx Date:	
REFERRIN	G DOCTOR INFORMATION		
Name:	DESAI, RAJ	Body Pts:	
Address:	5170 SEPULVEDA BLVD STE 210		
City, Zip:	SHERMAN OAKSCA91403		
Phone:	(818)783-5001	Dx:	
ATTORNE	Y INFORMATION		
Name:		Address:	
City, Zip:		Phone:	
EMPLOYM	IENT INFORMATION:		
Name:		Address:	
City, Zip:		Phone:	
PRIMARY	INSURANCE INFORMATION	SECONDAR	Y INSURANCE INFORMATION
Name:		Name:	
Address:		Address:	
Adj/Ph#:		Adj/Ph#:	
Type:		Type:	
Ins Name :		Ins Name :	
Pol#/Clm#:		Pol#/Clm#:	
RELEASE (OF INFORMATION and ASSIGNMEN	NT OF BENEFITS	
I hereby aut	horize WestStar Physical Therapy to rechis illness upon request. I hereby authorapy for services rendered.	elease information r	
		04/28/23	
AMANDA	ZARATE	Date Sig	ned



JOB INFORMATION #

PATIENT	#					
Name:	AMANDA ZARATE		SSN:	xxx	(-XX9999	
JOB INFO	RMATION #					
Job Title:						
Job Descript	ion:					
ADDITION	NAL JOB DETAILS					
			A t xxxonla	on arrange h	now much time do you	anand ?
	ical 8-hour day, How ma		Squatting	_	low much time do you	Hours
Sit:		Iours		/bending:		Hours
Stand:		Iours -	Kneeling			Hours
Walk:		Iours	_			Hours
Drive:	[] F	Iours	Reaching			\rightarrow
At work, o	n average, how many	hours do you wor	·k Reaching			Hours
per			Twisting			Hours
Day/Shift:	E	Iours	Crawling			Hours
Week:	F	Iours	Stair Clir	nbing:		Hours
			Ladder C	limbing:		Hours
			Using a C	Computer:		Hours
			Using the	e Telephone :		Hours
			Pushing:			Hours
			Pulling:			Hours
			Lifting O	verhead:		Hours
At work, n	ny job requires that I li	ft	Constantly	Often	Sometimes	Never
10 lbs or less	:					
11 lbs to 25 ll	os:	_	{			
26 lbs to 50 ll	os:		}			$\exists \vdash$
51 lbs to 75 ll	os:					1
76 lbs to 100	Ibs:					
over 100 Ibs:						
At work, n	ny job includes		Constantly	Often	Sometimes	Never
Repetitive Ha	and Movement:					
Repetitive Fo	ot Movement:		}			
Power Grippi	ng:					1
Precision Har	ndling:		}			
Balancing:			}		\exists	1
	iter mouse/touch pad:			,		
Timed work f	for efficiency:					
Simultaneous	computer & telephone:			-		



INJURY INFORMATION

PATIENT	#					
Name:	AMANDA ZARATE		SSN:	XXX-XX9999		
INJURY II	NFORMATION #					
Briefly descr	ibe your injury :					
					Yes	No
Did you go	to the Emergency Room	n at a Hospital?				
If not an E	mergency Room, Ad yo	u go to some other typ	pe of medical fa	acility?		
Were x-ray	vs taken?					
If an auto a	accident, was the vehicle	drivable after the acc	cident?			
Do you hav	ve any previous injury to	the sense area?				
Are you sti	ll being treated for this i	njury?				
If you are s	still being treated for this	s injury, by whom?				
Name:						
Address:						
City, Zip:						
Phone						



PAIN INFORMATION

Document Date: 04/28/23

PATIENT

Name: SSN: XXX-XX9999

PAIN INFORMATION

Draw the location of your pain on the body outlines using the following markers.

A = Achesches

B = Burning

N = Nurnbness

P = Pins & Needles

S = Stabbing

0 = Other







Document Date: 04/28/23

PATIENT #			
Name:	AMANDA ZARATE	SSN:	XXX-XX9999

WAIVER INFORMATION

I, AM OF LEGAL AGE AND HEREBY CERTIFY THAT I WENT TO WEST STAR PHYSICAL THERAPY OF MY OWN DISCRETION AND DECISION TO RECEIVE PHYSICAL THERAPY TREATMENTS. I UNDERSTAND THAT I MAY OR MAY NOT HAVE A DOCTORS REFERRAL AND THAT GETTING PHYSICAL THERAPY IS MY TREATMENT OF CHOICE. I ALSO UNDERSTAND THAT I WILL BE EVALUATED BY A LICENSED AND CERTIFIED PHYSICAL THEREAPIST AND THAT THE THERAPISTS EVALUATION AND RECOMMENDATION WILL BE EXPLAINED TO ME BEFORE TREATMENT. I UNDERSTAND THAT THE PHYSICAL THERAPIST WILL COMMUNICATE WITH MY MEDICAL DOCTOR TO GET AUTHORIZATION FOR MY PHYSICAL THERAPY TREATMENTS. I ALSO UNDERSTAND THAT I CANNOT RECEIVE PHYSICAL THERAPY TREATMENTS FROM WEST STAR PHYSICAL THERAPY WITHOUT SIGNED AUTHORIZATION FROM MY MEDICAL DOCTOR. FURTHERMORE, I UNDERSTAND THAT PHYSICAL THERAPY, WHILE DESIGNED TO, IS NOT GUARANTEED TO IMPROVE MY CURRENT CONDITION.

IF MINOR:



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Name:	AMANDA ZARATE	SSN:	XXX-XX9999

PRIVACY INFORMATION Page (1 of 3)

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Uses and Disclosures

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Payment: Your health information may be used to seek payment from your health plan, from other sources of coverage such as an automobile insurer, or from credit card companies that you may use to pay for services. For example, your health plan may request and receive information on dates of service, services provided and the medical condition being treated.

Health Care Operations: Your health information may be used as necessary to support the day-to-day activities of and management of West Star Physical Therapy. For Example, information on the services you received may be used to support budgeting and financial reporting and activities to evaluate and promote quality.

Law Enforcement: your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law enforcement investigations and to comply with government mandated reporting.

Public Health Reporting: Your health care information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the states public health department.

Other Uses and Disclosures That Require Your Authorization: Disclosure of your health information or its use for any purpose other than those listed above requires your specific, written authorization. However, your decision to revoke authorization will not affect of undo any use or disclosure of information that occurred before you notified us of your decision to revoke your authorization.



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PATIENT #							
Name:	AMANDA ZARATE	SSN:	XXX-XX9999				
PRIVACY	INFORMATION Page (2 of 3)						
Appointme	ent Reminders: Your health information	n will be used by or	ur staff to send you appointment reminde	ers.			
interesting		our medical condit	d to send you information that you may it ion. From our database, we may also serbe of interest to you**				
	Please do not use my health i	nformation for the	above-mentioned services.				

Individual Rights: You have certain rights under the federal privacy standards. These include:

The right to request restrictions on the use and disclosure of your protected health care information;

The right to receive confidential communications concerning your medical condition and treatment;

The right to inspect and copy your protected health information;

The right to amend or submit corrections to your protected health care information;

The right to receive an accounting of how and to whom your protected health information has been disclosed;

The right to receive a printed copy of this notice

West Star Physical Therapy Duties: We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices.

We are also required to abide by the privacy policies and practices that are outlined in this notice.

Right to Revise Privacy Practices: As permitted by law, we reserve the right to amend to modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and state laws and regulations. Upon request, we will provide you with the most recently revised notice on any office visits. The revise policies and practices will be applied to all protected health information we maintain.



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Name:	AMANDA ZARATE	SSN:	XXX-XX9999

PRIVACY INFORMATIONPage (3 of 3)

Requests to Inspect Protected Health Information: You may generally inspect or copy the protected health information we maintain. As permitted by Federal Regulations we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records by contacting our corporate office. Your request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the request

Complaints: If you would like to submit a comment or complaint about our privacy practices, you can do so by sending a letter outlining your concerns to:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

If you believe that your privacy rights have been violated, you should call the matter to our attention by sending a letter describing the cause of concern to the same address. You will not be penalized or otherwise retaliated against for filing a complaint.

Contact Person: The address of the person you may contact for further information consenting privacy practices is:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

Effective Date: This notice is effective as of May 18, 2012



PATIENT	#		
Name:	AMANDA ZARATE	SSN:	XXX-XX9999
PRIVACY	ACKNOWLEDGMENT INFORMATION		
acknowled	Acknowledgement of Received, read and fully understand the Notice of Ige and understand that West Stat Physical the outlined in the notice.	f Privacy Pr	ractices for West Star Physical therapy and
	Patient : SIGNATURE:_ Date_		
Patient Re	Relationship to Patient:		t is an adult who is unable to sign this form.