

# **Patient Information and Treatment Authorization**

| PATIENT I    | NFORMATION #                         |                         | WESTSTAR HOLLYWOOI  |
|--------------|--------------------------------------|-------------------------|---|
| Name:        | DENISE ESPINOZA                      | SSN:                    | XXX-XX9999  |
| Address:     | 3623 WEST 113TH STREET               | Sex:                    | F   |
| City, Zip:   | INGLEWOODCA90303                     | DOB:                    | 07/19/2001  |
| Home Ph:     | (310)561-7857                        | Age:                    | 21  |
| Work Ph:     |                                      | Email:                  |   |
| Cell Ph:     |                                      |                         |   |
| PATIENT I    | INFORMATION#                         |                         |   |
| Date:        | 05/31/2023                           | Post Sx:                |   |
| Type:        | PI                                   | Sx Date:                |   |
| REFERRIN     | NG DOCTOR INFORMATION                |                         |   |
| Name:        | KASHANI, HOUMAN                      | Body Pts:               |   |
| Address:     | 2214 S HOOVER ST                     |                         |   |
| City, Zip:   | LOS ANGELESCA90007                   |                         |   |
| Phone:       | (213)622-3100                        | Dx:                     |   |
| ATTORNE      | Y INFORMATION                        |                         |   |
| Name:        |                                      | Address:                |   |
| City, Zip:   |                                      | Phone:                  |   |
| EMPLOYM      | MENT INFORMATION:                    |                         |   |
| Name:        |                                      | Address:                |   |
| City, Zip:   |                                      | Phone:                  |   |
| PRIMARY      | INSURANCE INFORMATION                | SECONDAR                | RY INSURANCE INFORMATION  |
| Name:        |                                      | Name:                   |   |
| Address:     |                                      | Address:                |   |
| Adj/Ph#:     |                                      | Adj/Ph#:                |   |
| Type:        |                                      | Type:                   |   |
| Ins Name :   |                                      | Ins Name :              |   |
| Pol#/Clm#:   |                                      | Pol#/Clm#:              |   |
| RELEASE (    | OF INFORMATION and ASSIGNM           | IENT OF BENEFITS        |   |
| I hereby aut | thorize WestStar Physical Therapy to | o release information r | requested by my insurance carrier<br>t of my insurance benefits to WestStar |
|              |                                      | 06/05/23                |   |
| DENISE E     | SPINOZA                              | Date Sig                | gned  |



# **JOB INFORMATION #**

| PATIENT         | #                     |                          |            |               |                     |           |
|-----------------|-----------------------|--------------------------|------------|---------------|---------------------|-----------|
| Name:           | DENISE ESPINO         | ZA                       | SSN:       | XX            | X-XX9999            |           |
| JOB INFO        | RMATION#              |                          |            |               |                     |           |
|                 |                       |                          |            |               |                     |           |
| Job Title:      |                       |                          |            |               |                     |           |
| Job Descript    | ion:                  |                          |            |               |                     |           |
| ADDITION        | NAL JOB DETAIL        | S                        |            |               |                     |           |
|                 |                       |                          |            |               |                     |           |
| During a typ    | oical 8-hour day, How | many hours do you?       | At work    | , on average, | how much time do yo | ou spend? |
| Sit:            |                       | Hours                    | Squatting  | g:            |                     | Hours     |
| Stand:          |                       | Hours                    | Stooping   | /bending:     |                     | Hours     |
| Walk:           |                       | Hours                    | Kneeling   | g :           |                     | Hours     |
| Drive:          |                       | Hours                    | Reaching   | g Up :        |                     | Hours     |
| At work o       | on average, how ma    | J<br>ny hours do vou vyo | Reaching   | g Out :       |                     | Hours     |
| per             | in average, now ma    | ny nours do you wo       | Twisting   | Twisting:     |                     | Hours     |
|                 |                       | 711                      | Crawling   | g:            |                     | Hours     |
| Day/Shift:      |                       | Hours                    | Stair Cli  | mbing:        |                     | Hours     |
| Week:           |                       | Hours                    |            | Climbing:     |                     | Hours     |
|                 |                       |                          |            | Computer:     |                     | Hours     |
|                 |                       |                          |            | e Telephone : |                     | Hours     |
|                 |                       |                          | Pushing    |               |                     | Hours     |
|                 |                       |                          | _          |               |                     | Hours     |
|                 |                       |                          | Pulling:   |               |                     |           |
|                 |                       |                          | Lifting (  | Overhead:     |                     | Hours     |
| At work, n      | ny job requires that  | I lift                   | Constantly | Often         | Sometimes           | Never     |
| 10 lbs or less  | :                     |                          |            |               |                     |           |
| 11 lbs to 25 ll |                       |                          |            |               |                     |           |
| 26 lbs to 50 ll |                       |                          |            |               |                     |           |
| 51 lbs to 75 ll |                       |                          |            |               |                     |           |
| 76 lbs to 100   |                       |                          |            |               |                     |           |
| over 100 Ibs :  | :                     |                          |            |               |                     |           |
| At work, n      | ny job includes       |                          | Constantly | Often         | Sometimes           | Never     |
| Repetitive Ha   | and Movement:         |                          |            |               |                     |           |
| Repetitive Fo   | oot Movement :        |                          |            | <b>———</b>    |                     | $\dashv$  |
| Power Grippi    | ing:                  |                          |            |               |                     | $\exists$ |
| Precision Har   | ndling:               |                          |            |               |                     |           |
| Balancing:      |                       |                          |            |               |                     |           |
|                 | iter mouse/touch pad: |                          |            |               |                     |           |
|                 | for efficiency:       |                          |            |               |                     |           |
| Simultaneous    | computer & telephone  | :                        |            |               |                     |           |



# **INJURY INFORMATION**

| PATIENT #        |                        |                            |                  |            |     |    |
|------------------|------------------------|----------------------------|------------------|------------|-----|----|
| Name:            | DENISE ESPINOZA        | 1                          | SSN:             | XXX-XX9999 |     |    |
| INJURY INF       | FORMATION #            |                            |                  |            |     |    |
| Briefly describe | e your injury :        |                            |                  |            |     |    |
|                  |                        |                            |                  |            | Yes | No |
| Did you go to    | o the Emergency Ro     | oom at a Hospital?         |                  |            |     |    |
| If not an Eme    | ergency Room, Ad       | you go to some other typ   | pe of medical fa | acility?   |     |    |
| Were x-rays      | taken?                 |                            |                  |            |     |    |
| If an auto acc   | cident, was the vehi   | cle drivable after the acc | cident?          |            |     |    |
| Do you have      | any previous injury    | to the sense area?         |                  |            |     |    |
| Are you still    | being treated for the  | is injury?                 |                  |            |     |    |
|                  |                        |                            |                  |            |     |    |
| If you are still | ll being treated for t | his injury, by whom?       |                  |            |     |    |
| Name:            |                        |                            |                  |            |     |    |
| Address:         |                        |                            |                  |            |     |    |
| City, Zip:       |                        |                            |                  |            |     |    |
| Phone            |                        |                            |                  |            |     |    |



### **PAIN INFORMATION**

Document Date: 06/05/23

### PATIENT #

Name: DENISE ESPINOZA SSN: XXX-XX9999

### PAIN INFORMATION #

Draw the location of your pain on the body outlines using the following markers.

A = Achesches

B = Burning

N = Nurnbness

P = Pins & Needles

S = Stabbing

0 = Other







Document Date: 06/05/23

| PATIENT # |                 |      |            |  |  |
|-----------|-----------------|------|------------|--|--|
| Name:     | DENISE ESPINOZA | SSN: | XXX-XX9999 |  |  |

#### WAIVER INFORMATION

I, AM OF LEGAL AGE AND HEREBY CERTIFY THAT I WENT TO WEST STAR PHYSICAL THERAPY OF MY OWN DISCRETION AND DECISION TO RECEIVE PHYSICAL THERAPY TREATMENTS. I UNDERSTAND THAT I MAY OR MAY NOT HAVE A DOCTORS REFERRAL AND THAT GETTING PHYSICAL THERAPY IS MY TREATMENT OF CHOICE. I ALSO UNDERSTAND THAT I WILL BE EVALUATED BY A LICENSED AND CERTIFIED PHYSICAL THEREAPIST AND THAT THE THERAPISTS EVALUATION AND RECOMMENDATION WILL BE EXPLAINED TO ME BEFORE TREATMENT. I UNDERSTAND THAT THE PHYSICAL THERAPIST WILL COMMUNICATE WITH MY MEDICAL DOCTOR TO GET AUTHORIZATION FOR MY PHYSICAL THERAPY TREATMENTS. I ALSO UNDERSTAND THAT I CANNOT RECEIVE PHYSICAL THERAPY TREATMENTS FROM WEST STAR PHYSICAL THERAPY WITHOUT SIGNED AUTHORIZATION FROM MY MEDICAL DOCTOR. FURTHERMORE, I UNDERSTAND THAT PHYSICAL THERAPY, WHILE DESIGNED TO, IS NOT GUARANTEED TO IMPROVE MY CURRENT CONDITION.

#### **IF MINOR:**

| NAME OF PARENT OF GUARDIAN: |  |
|-----------------------------|--|
| RELATIONSHIP:               |  |
| PATIENT SIGNATURE:          |  |
| Date                        |  |
| WITNESSED BY:               |  |
| NAME OF STAFF MEMBER:       |  |
| SIGNATURE:                  |  |
| Date                        |  |
|                             |  |



Document Date: 06/05/23

| TD A |           | TITLE |       |
|------|-----------|-------|-------|
|      | <br>IH IN | N II  | $\pi$ |

| Name: | DENISE ESPINOZA | SSN: | XXX-XX9999 |
|-------|-----------------|------|------------|

#### **PRIVACY INFORMATION** Page (1 of 3)

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

#### Uses and Disclosures

Treatment: Your health information may be used by staff members or disclosed to other health care professionals for the purpose of evaluating your health, diagnosing medical conditions and providing treatment. For Example, results of laboratory tests and procedures will be available in your medical record to all health professionals who may provide treatment or who may be consulted by staff members.

Payment: Your health information may be used to seek payment from your health plan, from other sources of coverage such as an automobile insurer, or from credit card companies that you may use to pay for services. For example, your health plan may request and receive information on dates of service, services provided and the medical condition being treated.

Health Care Operations: Your health information may be used as necessary to support the day-to-day activities of and management of West Star Physical Therapy. For Example, information on the services you received may be used to support budgeting and financial reporting and activities to evaluate and promote quality.

Law Enforcement: your health information may be disclosed to law enforcement agencies to support government audits and inspections, to facilitate law enforcement investigations and to comply with government mandated reporting.

Public Health Reporting: Your health care information may be disclosed to public health agencies as required by law. For example, we are required to report certain communicable diseases to the states public health department.

Other Uses and Disclosures That Require Your Authorization: Disclosure of your health information or its use for any purpose other than those listed above requires your specific, written authorization. However, your decision to revoke authorization will not affect of undo any use or disclosure of information that occurred before you notified us of your decision to revoke your authorization.



Document Date: 06/05/23

| PATIENT #   |  |                       |   |       |  |  |
|-------------|--|-----------------------|---|-------|--|--|
| Name:       | DENISE ESPINOZA                        | SSN:                  | XXX-XX9999  |       |  |  |
| PRIVACY     | INFORMATION Page (2 of 3)              |                       |   |       |  |  |
| Appointme   | ent Reminders: Your health information | on will be used by or | ur staff to send you appointment remind   | lers. |  |  |
| interesting |  | your medical condit   | d to send you information that you may ion. From our database, we may also so be of interest to you** |       |  |  |
|             | Please do not use my health            | information for the   | above-mentioned services.   |       |  |  |

Individual Rights: You have certain rights under the federal privacy standards. These include:

The right to request restrictions on the use and disclosure of your protected health care information;

The right to receive confidential communications concerning your medical condition and treatment;

The right to inspect and copy your protected health information;

The right to amend or submit corrections to your protected health care information;

The right to receive an accounting of how and to whom your protected health information has been disclosed;

The right to receive a printed copy of this notice

West Star Physical Therapy Duties: We are required by law to maintain the privacy of your protected health information and to provide you with this notice of privacy practices.

We are also required to abide by the privacy policies and practices that are outlined in this notice.

Right to Revise Privacy Practices: As permitted by law, we reserve the right to amend to modify our privacy policies and practices. These changes in our policies and practices may be required by changes in federal and state laws and regulations. Upon request, we will provide you with the most recently revised notice on any office visits. The revise policies and practices will be applied to all protected health information we maintain.



Document Date: 06/05/23

| TD A |           | TITLE |       |
|------|-----------|-------|-------|
|      | <br>IH IN | N II  | $\pi$ |

| Name: | DENISE ESPINOZA | SSN: | XXX-XX9999 |
|-------|-----------------|------|------------|

### **PRIVACY INFORMATION**Page (3 of 3)

Requests to Inspect Protected Health Information: You may generally inspect or copy the protected health information we maintain. As permitted by Federal Regulations we require that requests to inspect or copy protected health information be submitted in writing. You may obtain a form to request access to your records by contacting our corporate office. Your request will be reviewed and will generally be approved unless there are legal or medical reasons to deny the request

Complaints: If you would like to submit a comment or complaint about our privacy practices, you can do so by sending a letter outlining your concerns to:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

If you believe that your privacy rights have been violated, you should call the matter to our attention by sending a letter describing the cause of concern to the same address. You will not be penalized or otherwise retaliated against for filing a complaint.

Contact Person: The address of the person you may contact for further information consenting privacy practices is:

West Star Physical Therapy PO BOX 6209 Garden Grove, CA 92846

Effective Date: This notice is effective as of May 18, 2012



| PATIENT    | #  |               |  |
|------------|--|---------------|--|
| Name:      | DENISE ESPINOZA  | SSN:          | XXX-XX9999                                     |
| PRIVACY    | ACKNOWLEDGMENT INFORMATION   |               |  |
| acknowled  | Acknowledgement of Rece<br>eived, read and fully understand the Notice of<br>the ge and understand that West Stat Physical that<br>outlined in the notice. | of Privacy Pr | ractices for West Star Physical therapy and    |
|            | Patient :<br>SIGNATURE:<br>Date  |               |  |
| Patient Re | Relationship to Patient:   |               | t is an adult who is unable to sign this form. |