

# 2010 NAIA Race Walk Qualifying Procedures & Standards

## D. Race Walk Procedures (From NAIA T&F Coach's Manual - Page 17):

The NAIA uses USATF Competition Rules to govern the race walk. (The race walk is not covered in the NCAA Rulebook which governs the remainder of the competition in track and field). For the purpose of posting a qualifying mark in the race walk, the following points of emphasis or exceptions to the rules covered in the USATF Competition Rules will be applied:

1. A minimum of three judges, currently certified as race walk judges by USATF or by another IAAF member federation, must be present to judge a qualifying race. The USATF recommends that there should be five judges for races on a track. Rule 232-3c. At the national championship there should be five judges (including the Chief Judge).
2. Men and women may compete simultaneously together in the same qualifying race.
3. Only marks from race walks conducted on a track are allowed. Road race marks are not to be used.
4. Multiple race walk distances may be contested simultaneously, however, each competitor must declare on the entry form which distance is being entered. (One race may have men and women contesting the 3K, 5K, 10K etc. at the same time.) Rule 232-3b. Times for other distances (but not places) are valid only if the competitor finishes the distance declared on the entry form. (Example – the competitor enters a race in which a 3K and 5K being conducted at the same time. The athlete declares the 5K, posts a 3K time and finishes the 5K. The 3K mark may be used as a qualifying mark regardless of whether or not the 5K mark meets the qualifying standard).
5. Only one qualifying mark may be posted per competitor per race. (Example – a competitor enters a race in which the 3k and 5k are being simultaneously contested. The competitor meets the qualifying standard at both distances. Only one of the marks may be submitted as a qualifying mark).
6. For the purpose of qualifying for the NAIA championship, the race walk distance being contested must be an official event listed in the meet schedule and clearly posted in the results. (Example – the 5K race walk is listed in the meet schedule. 3K split times are collected and posted in the results. The 3k split times are not valid as qualifying marks because the 3K was not an official event).

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| RW Qualifying Standards For 2010 Collegiate T&F Nationals |                 |                 |                 |                 |  |
|-----------------------------------------------------------|-----------------|-----------------|-----------------|-----------------|--|
| Race<br>Distance                                          | Men             |                 | Women           |                 |  |
|                                                           | Automatic       | Provisional     | Automatic       | Provisional     |  |
| <b>INDOORS: Men -3,000m Women – 3,000m</b>                | <b>16:00.00</b> | <b>16:30.00</b> | <b>18:20.00</b> | <b>18:50.00</b> |  |
| <b>OUTDOORS: Men -5,000m Women – 5,000m</b>               | <b>26:30.00</b> | <b>27:30.00</b> | <b>30:00.00</b> | <b>31:10.00</b> |  |