#### 2010 USA RACE WALK GRAND PRIX SERIES

(Information on all events will be available at: http://www.usatf.org)

The USA Race Walking Grand Prix (USARWGP) is now in its 7th year. Through it USA Track & Field crowns its overall champions for Race Walking. The circuit is composed of the National Championship schedule of events plus a couple other key events. Races are contested from 1 mile to 50 kilometers for both men and women.

The 2010 USARWGP will have 10 races in the traditional Open division, of which 8 will include team scoring. The Junior Grand Prix, for athletes under 20 years of age (not turning 20 in 2010), will include 9 events, with distances ranging from 5,000 m to 20 km. The Masters circuit is for men and women over the age of 40.

Total prize money for the Open division of the circuit in 2010 is estimated to be just over \$50,000.

The wide range in distances provides the top race walkers in the U.S. an opportunity to compete against each other throughout the year. It also aids in developing the next group of international-level athletes for the USA National Team.

# 2010 RW Grand Prix Schedule / USA Open Men's and Women's National Championships

- Jan 29 USA 1 Mile Championships - Madison Sq. Gardens (Millrose Games), NYC, NY - Vince Peters - mv\_tc@sbcglobal.net
- Feb 7 USA 50 km RW National Championships - 7am - Surprise, AZ - Cliff Elkins <cliff elkins@vahoo.com> - www.usatf.org + 160 + 100 +
- Feb. 27-28 USA Indoor Track & Field Championships (3,000m W & 5,000m M) Albuquerque, NM www.usatf.org
- Apr 11 World RW Cup Team Selection (20k M&W, 10k Jr. M&W) - Ronkonkoma, NY - Gary Westerfield - garywesterfield@verizon.net
- USA 10 km Race Walk Championships (OM, OW, JM, JW) Albany, NY Don Lawrence walk2agoal@yahoocom gmail. com June 5
- USATF Outdoor Track & Field Championships (20k M & W) Eugene, Ore. www.usatf.org Jun 24-27 USATF Outdoor Track & Field Championships (20k M & W) - Eugene, Ore. - www.usatf.org

  USA 15 km RW Nationals Championships (OM/OW & JM/JW) - Minneapolis, MN - Bruce Leasure - racewalk-http://ecomeast.net
- Aug 15
- Sept. 12 USA 40 km RW National Championships (OM, OW, MM, MW) - Ocean Township, NJ - Elliott Denmen - Elliottden@aol.com
- Oct 3rd USA 1 Hour RW National Championships (OM, OW, JM, JW, MM, MW) - Waltham, MA - Justin Kuo - JKuo@usatfne.org
- Oct. 9 USA 5 km RW National Championships (OM, OW, JM, JW, MM, MW) - Kingsport, Tenn - Bobby Baker - RLBaker@chartertn.net
- Oct W/W? USA 30 km RW National Championships (OM, OW, MM, MW) - Ronkonkoma, NY - Gary Westerfield - garywesterfield@verizon.net

### 2010 RW Grand Prix For Juniors / USA Junior National Race Walk Championships

- Apr 11 World RW Cup Team Selection (20k M&W, 10k Jr. M&W) - Ronkonkoma, NY - Gary Westerfield - garywesterfield@yerizon.net Apr 24th
- Penn Relays Olympic Development RWs (10,000m M/5,000m W) Philadelphia, PA Jeff Salvage campsalvage@yahoo.com June 5 USA 10 km Race Walk Championships (OM, OW, JM, JW) - Albany, NY - Don Lawrence - walk2agoal@yahoo.com
- Jun. 26-27 USA Junior Outdoor Track & Field Championships (10,000m Jr. M&W) - Drake University - Des Moines, IA. - www.usatf.org/events
- Aug 15 USA 15 km RW Nationals Championships (OM/OW & JM/JW) - Minneapolis, MN - Bruce Leasure - racewalk-mn@comcast.net
- Aug TBD USA vs. Canada Junior Dual - TBD, Canada - Vince Peters <mv\_tc@sbcglobal.net> www.usatf.org
- Oct 3rd USA 1 Hour RW National Championships (OM, OW, JM, JW, MM, MW) - Waltham, MA - Justin Kuo - JKuo@usatfne.org
- Oct. 9 USA 5 km RW National Championships (OM, OW, JM, JW, MM, MW) - Kingsport, Tenn - Bobby Baker - RLBaker@chartertn.net
- Oct 3 USA 20 km RW National Championships (JM, JW) - Ronkonkoma, NY - Gary Westerfield - garywesterfield@verizon.net

## 2010 RW Grand Prix for Masters / USA Master M&W Race Walk Championships

- Feb 7 USA 50 km RW National Championships - 7am - Surprise, AZ, Cliff Elkins - 623-910-0480 - www.usatf.org
- Mar 26-27 USA Masters Indoor Track & Field (RW) Championships - ?? - www.usatf.org
- May 16 USA Masters 15 km RW Championships - Riverside, CA - Dave Snyder - <a href="mailto:cdo.com/der43@sbcglobal.net">cdo.com/der43@sbcglobal.net</a>>
- July 22-25 USA Masters Outdoor T&F Championships (5,000m MM & MW and 10K MM & MW) ?? www.usatf.org/events/ Sacurub CA
- Sep. 12 USA 40 km Master M&W Race Walk Championships - Ocean Township, NJ - Elliott Denmen - Elliottden@aol.com
- Oct 28 USA 1 Hour National Championships - Waltham, MA (Jr. M&W, OM & OW, MM & MW) - Justin Kuo - JKuo@usatfne.org
- Oct 9th 21 USA 5 km RW National Championships (OM, OW, JM, JW, MM, MW) Kingsport, Tenn Bobby Baker RLBaker@chartertn.net
- Oct WWW USA 30 km RW National Championships (OM, OW, MM, MW) Ronkonkoma, NY Gary Westerfield garywesterfield@verizon.net
- Nov 14 USA 20 km Masters M&W Race Walk National Championships - Coconut Beach, Fla - Daniel Koch <racewalker@bell???>

#### Newly awarded championships for the 2011 Calendar year: