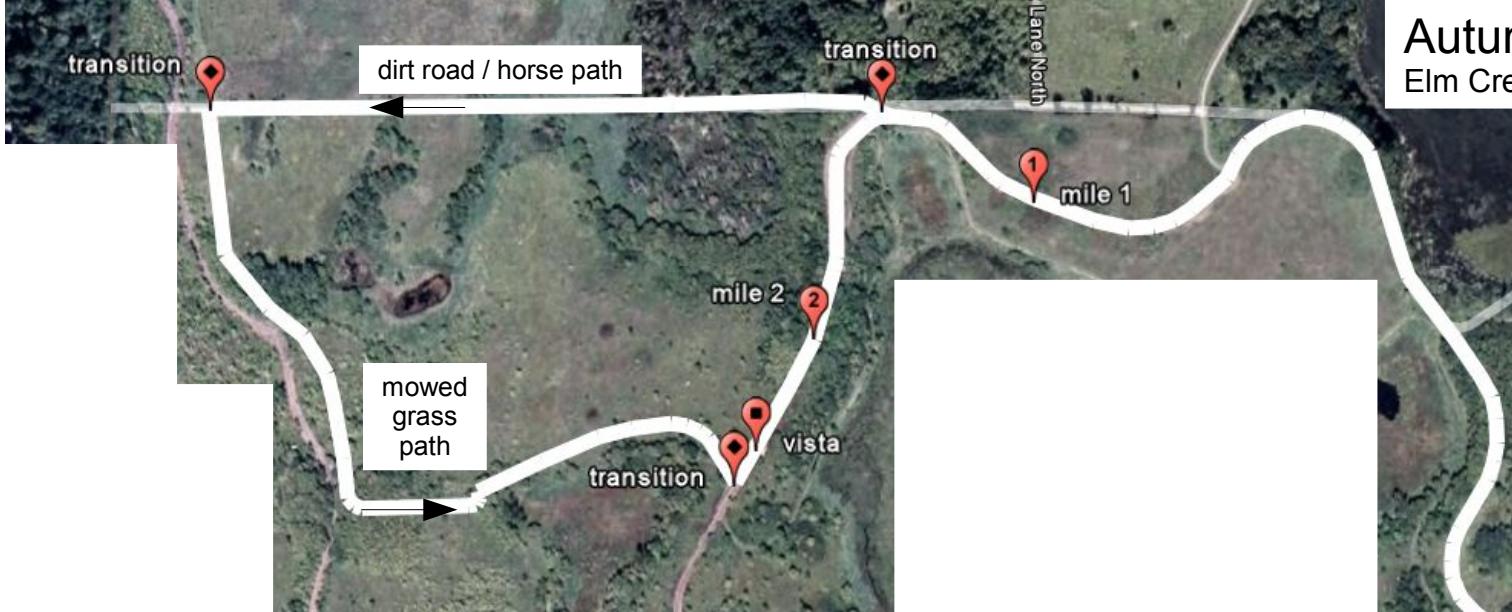


Autumn Woods Classic 5 km

Elm Creek Park, Maple Grove, MN



Course Measurer: Bruce Leasure
Measured on: August 1, 2008

Start: 2m south of first cross walk south of south edge of cross walk. Mark start line between PK nails on both sides of the road. PK nail on west is slightly closer to crosswalk because of bend in the road.

Finish: In approximate middle of large grassy area to the west. PK nails on both sides of the road are aligned with the tree that is closest to the road on the west. Make finish line between the PK nails.

Splits

1 mile: just before the transition from dirt road / horse path that is used on the way out. PK nail on the north edge of the road.

2 mile: 23m past the picnic table at the vista. PK nail on the west edge of the path.

3 mile: on the last turn to the left, before exiting the path. PK nail on the east edge of the path.

Required Cones: none

Recommended Cones or flagging or signs: to keep runners on the course, and to notify them of the surface change before it happens

Transitions: most of the course is on an asphalt bike / walk path. Transitions mark where the surface changes. Especially if conditions are wet, it is important to warn runners ahead of time when entering the mowed grass segment, as wet conditions will make the grass slick.

Course measured on the shortest path, assuming full access to path / road surface.

