

## 2010 Minnesota Judged Racewalking Events

Date	Distance	Event Summary
3 January Sunday	1 mile judged racewalk + running events	<u>New Year Resolution Challenge</u> Doors open at 8am, races at 9am. Contact <u>Gary Westlund</u> 612-245-9160. Location: Sports & Recreation Center, <u>Bethel University</u> , 3900 Bethel Drive, Saint Paul, MN 55112-6999
17 January Sunday	1 mile judged racewalk + running events	<u>Challenge Isolation Races</u> Doors open at 8am, races at 9am. Contact <u>Gary Westlund</u> 612-245-9160. Location: Sports & Recreation Center, <u>Bethel University</u> , 3900 Bethel Drive, Saint Paul, MN 55112-6999
14 February Sunday	3000m judged racewalk + running events	<u>Challenge Hearts</u> Doors open at 8am, races at 9am. Contact <u>Gary Westlund</u> 612-245-9160. Location: Sports & Recreation Center, <u>Bethel University</u> , 3900 Bethel Drive, Saint Paul, MN 55112-6999
7 March Sunday	3000m judged racewalk + track & field events	<u>USATF JO/Open/Masters Minnesota Indoor Track &amp; Field Championships</u> USATF membership required. Location: University of Minnesota Fieldhouse, Minneapolis, MN
18 April Sunday	5k judged racewalk + 5k run + 5k walk	<u>TCRW Spring Fling 5km Racewalk</u> Start 8:30am. <u>Entry Form</u> . Contact: <u>Bruce Leasure</u> 651-330-9355. Location: <u>Jorvig Park</u> , 6125 MN-7, Saint Louis Park, MN
15 May Saturday	marathon/half/50km judged racewalk, nordic walk, walk	<u>We Walk! Marathon, Half Marathon and 50km</u> Start 7am. Contact <u>Dave Daubert</u> . Location: <u>Lake Wobegon Regional Trail</u> , St. Joseph, MN 56374
5-6 June Saturday	24 hour Centurion judged walk + 24 hour run + 24 hour walk	<u>FANS 24 Hour</u> One of the few chances each year to get USA Centurion. Can you walk 100 miles or 100km in 24 hours? For Centurion Walk, Contact: <u>Bruce Leasure</u> 651-330-9355. Start: 8am. Location: Lake Nokomis, Minneapolis, MN
6 June Sunday	5000m judged racewalk + track & field events	<u>Minnesota Open &amp; Masters Outdoor Track &amp; Field Championship</u> Start 9am. USATF membership required. <u>Printable Entry Form</u> . For more information: <a href="http://www.raceberryjam.com/opentf.html">http://www.raceberryjam.com/opentf.html</a> . Contact: Marc Hoyer (651) 777-4954. Location: Outdoor track at <u>Hamline University</u> , 1536 Taylor Ave, Saint Paul, MN
18 July Sunday	5k & 10k judged racewalk + 5k & 10k run + 5k & 10k walk	<u>USATF/MN 10km Racewalking Championships</u> Start 7:30am. <u>Entry Form</u> . Contact: <u>Bruce Leasure</u> 651-330-9355. Location: the bike path along <u>Water St underneath the Smith St High Bridge</u> . Park under the bridge.
15 August Sunday	15k judged racewalk + 5k/10k/20k judged racewalk + 3km monitored racewalk	<u>USA 15km Racewalking Championship</u> , <u>USA Junior 15km Racewalking Championship</u> , <u>WMA North, Central American and the Caribbean Region 15km Racewalking Championships</u> , <u>Open-to-All 5km, 10km, 15km Racewalk</u> , <u>20km Racewalk for Elite and Near Elite</u> , <u>Just for the Fun of It - 3km Racewalk</u> Start 6:30am. Contact: <u>Bruce Leasure</u> 651-330-9355. Location: <u>MidTown Greenway Trail</u> , 2901 Chicago Ave S, Minneapolis, MN 55407-1321
12 September Sunday	1 hour judged racewalk + 1 hour run + 1 hour walk	<u>USATF/MN 1hr Racewalking Championships</u> Start 7:30am. <u>Entry Form</u> . Contact: <u>Bruce Leasure</u> 651-330-9355. Location: Outdoor Track at <u>St. Paul Academy</u> , Wheeler Street and Juno Avenue, St. Paul, MN 55105.
17 October Sunday	5k & 10k judged racewalk + 5k & 10k run + 5k & 10k walk	<u>TCRW 5km</u> Start 7:30am. <u>Entry Form</u> . Contact: <u>Bruce Leasure</u> 651-330-9355. Location: the Gateway Trail along <u>Frost Ave in Maplewood</u> . Park in the trail access on the north side of Frost Ave.
7 November Sunday	5k judged racewalk + 5k run + 5k walk	<u>TCRW Fall Fling 5km Racewalk</u> Start 8:30am. <u>Entry Form</u> . Contact: <u>Bruce Leasure</u> 651-330-9355. Location: <u>Jorvig Park</u> , 6125 MN-7, Saint Louis Park, MN
5 December Sunday	1500m judged racewalk + running events	<u>Challenge Depression</u> Doors open at 8am, races at 9am. Contact <u>Gary Westlund</u> 612-245-9160. Location: Sports & Recreation Center, <u>Bethel University</u> , 3900 Bethel Drive, Saint Paul, MN 55112-6999
19 December Sunday	1 mile judged racewalk + running events	<u>Challenge Courage</u> Doors open at 8am, races at 9am. Contact <u>Gary Westlund</u> 612-245-9160. Location: Sports & Recreation Center, <u>Bethel University</u> , 3900 Bethel Drive, Saint Paul, MN 55112-6999