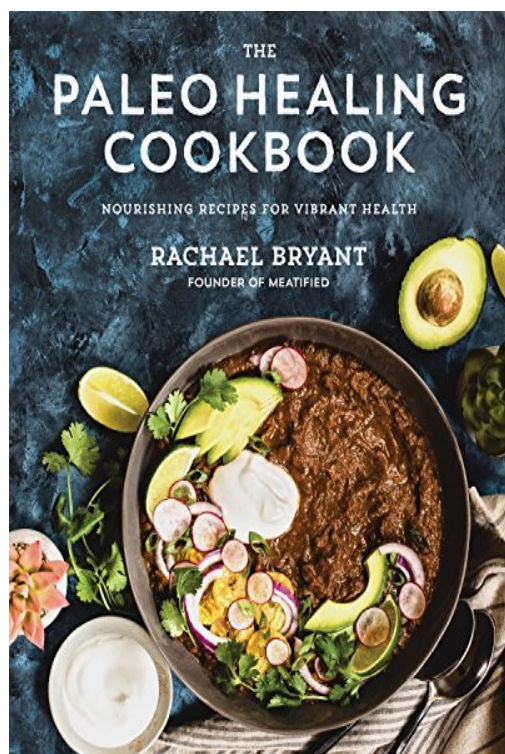


# EPUB Download The Paleo Healing Cookbook: Nourishing Recipes for Vibrant Health Download Online



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## Book Description

Over 120 Easy Recipes That Battle Autoimmune Illness and Heal Your BodyLet The Paleo Healing Cookbook show you just how delicious healing can be! Following the Paleo Autoimmune Protocol can reduce inflammation and ease your autoimmune symptoms with every bite. With over 120 simple, tasty and nutrient-dense recipes, this cookbook can help you heal your gut, regain your health and feel great. Recipes like Glazed & Baked Chicken Wings, Grilled Thai Beef Skewers, Baked Swedish Meatballs, Teriyaki Glazed Salmon, German Potato Salad and more take the guesswork out of the Paleo Autoimmune Protocol and open up a world of complex, bold and enticing flavors that your whole family is sure to love.