## STAT 408 Applied Regression Analysis

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# Linear Regression and Causal Inference

#### Two Levels of Model Interpretation

Support we build a linear model

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \epsilon$$

- After we estimate the model parameter  $\hat{eta}_1$ , it has two levels of interpretation
- The first level is <u>association</u> One unit increase in  $X_1$  with the other predictors held constant will change  $\hat{\beta}_1$  in the response Y on average
- This interpretation may be unrealistic in some cases, and it does not provide causal relation

#### Causality

- Causal effect is the second level of model interpretation
  - The causal effect of an action is the <u>difference between the outcomes</u> where the action was or was not taken

- Suppose a study applied drug to patients
  - T = 0 for the control (placebo); T = 1 for the treatment (drug)
  - Let  $y_i^0$  be the control response for patient i
  - Let  $y_i^1$  be the treatment response for patient i
- The causal effect for patient i is then defined as

$$\delta_i = y_i^1 - y_i^0$$

### Causality

- The challenge in causal inference is that we can only apply treatment or control to patient i the same time,
  - Only  $y_i^0$  or  $y_i^1$  can be observed
- The unobserved outcome is called counterfactual outcome or potential outcome

This challenge cannot be solved in real word

#### Randomly Controlled Experiment

- Pseudo-optimal solution is to conduct randomly controlled experiment
  - Randomly assign treatment and control groups
  - Calculate the average difference of response between two groups

- Randomization (almost) guarantees the balance of other variables in treatment and control groups
  - Control and treatment group are "similar" except the assignment

- To avoid unbalance due to randomness, we further use <u>stratified randomization</u>
  - Randomly assign treatment and control separately in male and female to balance the gender

#### Observational Study

- In most cases, it is not practical or ethical to conduct a controlled experiment
  - Cannot randomly assign smoking, education, ...

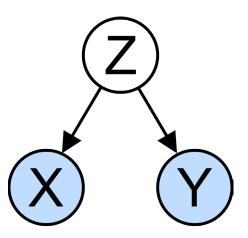
- We have to rely on observation study
  - Cannot control the assignment of treatment or control

- The balance of two groups are not guaranteed due to the possible existence of confounder
  - Exercise vs no-exercise: healthy people tend to do more exercise
  - College vs no-college: wealthy families more likely send children to college

#### Observational Study

Confounder affects both treatment/control and response Y

• The change of Y is "caused" by Z, not X



#### Observational Study: Example

- Let's explore if different voting methods have <u>causal effects</u> on election result
- The data is about the 2008 Dem primary election in New Hampshire

^	votesys <sup>‡</sup>	Obama <sup>‡</sup>	Clinton <sup>‡</sup>	dem <sup>‡</sup>	povrate <sup>‡</sup>	pci <sup>‡</sup>	Dean <sup>‡</sup>	Kerry <sup>‡</sup>	white <sup>‡</sup>	absentee <sup>‡</sup>	population	pObama <sup>‡</sup>
Hinsdale	Н	256	331	759	0.0637	16611	0.36610	0.34915	0.97232	0.040836	4213.0	0.3372859
Jaffrey	D	460	462	1223	0.0784	21412	0.24975	0.40967	0.96896	0.070138	5573.0	0.3761243
KeeneWard1	D	416	233	891	0.1072	20544	0.36375	0.29250	0.97132	0.043137	4567.4	0.4668911
KeeneWard2	D	588	402	1433	0.1072	20544	0.36239	0.28073	0.97132	0.054213	4567.4	0.4103280
KeeneWard3	D	503	427	1283	0.1072	20544	0.33471	0.30062	0.97132	0.068720	4567.4	0.3920499
KeeneWard4	D	503	436	1330	0.1072	20544	0.29429	0.32857	0.97132	0.041597	4567.4	0.3781955
KeeneWard5	D	544	424	1347	0.1072	20544	0.37594	0.29041	0.97132	0.076056	4567.4	0.4038604
Marlborough	Н	305	188	651	0.0354	19967	0.32768	0.29002	0.98059	0.049813	2064.0	0.4685100

- Each row is one district
- Votesys: ballot counted by hand (H); ballot counted by machine (D)
- We are interested in Obama vs. Clinton

#### Observational Study: Example

Among hand-counted ballots, Obama had more votes

```
colSums(newhamp[newhamp$votesys == 'H', c('Obama','Clinton')])
Obama Clinton
16926    14471
```

Among machine-counted ballots, Clinton had more votes

```
colSums(newhamp[newhamp$votesys == 'D', c('Obama','Clinton')])
Obama Clinton
86353 96890
```

• Let's fit a linear model with voting system as the predictor, and Obama's votes proportion as response

$$Y = \beta_0 + \beta_1 T + \epsilon$$

#### Observational Study: Example

lmod <- lm(pObama ~ votesys, data = newhamp)
summary(lmod)</pre>

```
Coefficients:
```

```
Estimate Std. Error t value Pr(>|t|) (Intercept) 0.352517   0.005173   68.148  < 2e-16 *** votesysH   0.042487   0.008509   4.993 1.06e-06 ***
```

- The hand voting increases Obama's vote share by 4% on average
- The result is significant
- Is it a causal effect?

- We suspect variable Z relates to both response (Obama votes) and treatment (machine or hand)
- We use linear model to model these two relations

$$Y = \beta_0^* + \beta_1^* T + \beta_2^* Z + \epsilon$$

$$Z = \gamma_0^* + \gamma_1^* T + \epsilon'$$

- If  $\beta_2^*$  is significant,  $\beta_1^*$  is insignificant,  $\gamma_1^*$  is significant, then Z is a confounder
  - Any change of T causes Z, and Z causes Y

- The identification of confounder Z relies on domain knowledge
- In this example political scientists propose Z as the variable Dean, the votes for Howard Dean in 2004 primary

$$Y = \beta_0^* + \beta_1^* T + \beta_2^* Z + \epsilon$$
 Imod <- Im(pObama ~ votesys + Dean, newhamp) summary(Imod)

#### Coefficients:

```
Estimate Std. Error t value Pr(>|t|)
(Intercept) 0.221119 0.011250 19.655 <2e-16 ***
votesysH -0.004754 0.007761 -0.613 0.541
Dean 0.522897 0.041650 12.555 <2e-16 ***
```

•  $\beta_2^*$  is significant and treatment (counting method) is no longer significant

• Next, let's model the relationship between Z and treatment

$$Z = \gamma_0^* + \gamma_1^* T + \epsilon'$$

```
Estimate Std. Error t value Pr(>|t|)
(Intercept) 0.251289   0.005985   41.986   <2e-16 ***
votesysH   0.090345   0.009845   9.177   <2e-16 ***
```

- $\gamma_1 > 0$  is significant
- We show that Z is a confounder in this problem

- Dean's voters prefer hand-counted ballot
  - $\ln Z = \gamma_0^* + \gamma_1^* T + \epsilon'$ ,  $\gamma_1^* > 0$
- Dean's voters also vote for Obama

• In 
$$Y = \beta_0^* + \beta_1^* T + \beta_2^* Z + \epsilon, \beta_2^* > 0$$

 Without knowing confounder, we observe hand-counted "causes" more Obama votes

But this is association: two variables happen to move simultaneously

- The previous linear model for causal inference is called covariate adjustment
  - With covariate Z fixed, how treatment affect response Y

$$Y = \beta_0^* + \beta_1^* T + \beta_2^* Z + \epsilon$$

- Covariate adjustment replies on the correct model specification
- A model-free way to infer causal effects is matching
  - Find observation pairs in treatment and control group with similar covariates, especially similar confounders
  - In clinical trials, match patients from two groups with same gender, age, income, health condition ...

• In our election data, we try to match based on the Dean variable

```
library(Matching)
newhamp$trt <- ifelse(newhamp$votesys == 'H',1,0)
mm <- GenMatch(newhamp$trt, newhamp$Dean, ties=FALSE)
match <- mm$matches[,1:2]</pre>
```

Match matrix save the indices of matched pairs

^	V1 <sup>‡</sup>	V2 <sup>‡</sup>
1	4	213
2	17	20
3	18	6
4	19	91
5	21	246
6	22	221
7	23	166

 We compute the difference of Obama votes among matched pairs and perform a one sample t-test to test the mean of difference

pdiff <- newhamp\$pObama[match[,1]] - newhamp\$pObama[match[,2]]</pre>

t.test(pdiff)

```
data: pdiff
t = -0.2337, df = 101, p-value = 0.8157
alternative hypothesis: true mean is not equal to 0
95 percent confidence interval:
   -0.01910950    0.01508153
sample estimates:
   mean of x
-0.002013984
```

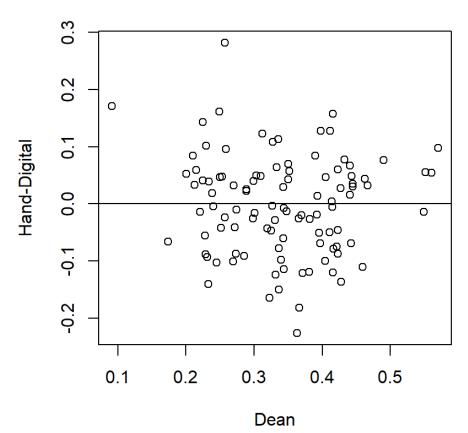
Statistically, there is no difference of Obama votes among matched pairs

• We plot the vote difference vs. matched variable Dean

pdiff <- newhamp\$pObama[match[,1]] - newhamp\$pObama[match[,2]]</pre>

t.test(pdiff)

 The matched pairs show no clear preference for hand or digital voting condition on Dean vote



• Matching is essentially a model-free covariate adjustment

• If matching seems very good, then why we still use linear regression?