

» RITUAL KIT

Candle:

White pillar + purple tea light

Oil:

Clary sage

Crystal:

Selenite + Lapis

Herb:

Bay leaf

Mini Ritual:

On the balcony, speak one sanctuary intention, then sweep a threshold.

△ HOUSEWITCH CHORE OF THE DAY

- ▣ △ indoor — Bedroom refresh: strip bedding, shake rugs, spritz linens.
- ▣ ✱ outdoor — Front courtyard tidy: sweep paths, trim one bush.
- ▣ ♣ plants — Dust leaves + water/fertilize one plant ready for growth.

☾ EVENING REFLECTION

Prompt 1:

What opened up today that I want more of?

Prompt 2:

What weight can I set down before sleep?

◆ UPCOMING EVENTS (YOU-ONLY)

Transit Notes:

Moon brushes natal Saturn, approaches Uranus; squares natal Jupiter. Saturn stations retrograde in Pisces.

Reflection:

Disciplined but awake; widen horizons without overextending.

☼ KITCHEN WITCH TIP

Idea:

Lemon-herb chicken & quinoa bowl with roasted peppers & zucchini.

Ingredient:

Dark leafy greens with garlic.

Treat:

Honey-cinnamon toast or berry yogurt.

🎨 CREATIVE FLOW OF THE DAY

Project:

Memoir

Mode:

Draft vignette about a horizon/expansion moment.

Time Box:

45–60 min

Bonus:

Skhem: brainstorm a threshold-crossing image.