

# Episodic Memories Predict Adaptive Value-Based Decision-Making

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Prior research illustrates that memory can guide value-based decision-making. For example, previous work has implicated both working memory and procedural memory (i.e., reinforcement learning) in guiding choice. However, other types of memories, such as episodic memory, may also influence decision-making. Here we test the role for episodic memory—specifically item versus associative memory—in supporting value-based choice. Participants completed a task where they first learned the value associated with trial unique lotteries. After a short delay, they completed a decision-making task where they could choose to reengage with previously encountered lotteries, or new never before seen lotteries. Finally, participants completed a surprise memory test for the lotteries and their associated values. Results indicate that participants chose to reengage more often with lotteries that resulted in high versus low rewards. Critically, participants not only formed detailed, associative memories for the reward values coupled with individual lotteries, but also exhibited adaptive decision-making only when they had intact associative memory. We further found that the relationship between adaptive choice and associative memory generalized to more complex, ecologically valid choice behavior, such as social decision-making. However, individuals more strongly encode experiences of social violations—such as being treated unfairly, suggesting a bias for how individuals form associative memories within social contexts. Together, these findings provide an important integration of episodic memory and decision-making literatures to better understand key mechanisms supporting adaptive behavior.

**Keywords:** episodic memory, value, decision-making, dictator game, associative memory

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Successfully navigating through the world requires individuals to integrate details from previous experiences with current environmental demands. The seemingly ubiquitous need for memory in decision-making would suggest that these two fields intimately collaborate to decompose the complex relationship between the representation of past experiences and the subsequent effects on choice. Although previous research has demonstrated that memory can influence decisions (Daw & Doya, 2006; Fischhoff, 1975; Hawkins & Hastie, 1990; E. J. Johnson, Häubl, & Keinan, 2007; Madan, Ludvig, & Spetch, 2014; Montague & Berns, 2002; Tversky & Kahneman, 1973; E. U. Weber et al., 2007), empirical

research directly integrating detailed assays of episodic memory and value-based decision-making has remained largely elusive, leaving critical questions unanswered. How does episodic memory influence value-based choice? How do individuals encode value into episodic memory and how are these memories then accessed during choice? And finally, is value encoding and retrieval domain general such that the same mechanism is deployed across various situational contexts? To address these questions, here we directly explore the interface between episodic memory processes and value-based decision-making.

Research on episodic memory and decision-making has predominantly been studied independently (E. U. Weber, Goldstein, & Barlas, 1995). Behavioral and neural investigations of episodic memory have revealed that representations of the past can be supported by at least two distinct processes, which has successfully fractionated episodic memory into discrete components (Brown & Aggleton, 2001; Davachi, 2006; Yonelinas & Jacoby, 2012). For instance, individuals can have memories for individual features of an experience without any retrieving any details of the context, which is known as item memory. Alternatively, individuals can recall the associative relationships between discrete features of an experience, resulting in memory for an item *and* the context in which it occurred. Unlike item memory, these associative memories can involve the recovery of dynamic multidimensional infor-

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mation reflecting specific, detailed experiences. Decades of rigorous trans-species research has elucidated the process by which these memory components are stored, represented, and retrieved (Davachi, 2006; Eichenbaum, Sauvage, Fortin, Komorowski, & Lipton, 2012). However, how item and associative memory guide decision-making has not been formally tested or described.

Historically, classic judgment and decision-making research has only loosely linked memory (broadly construed) with value-based choice. For example, some theorists have loosely drawn on working memory research to explain strategic decision-making. Early work demonstrating that working memory is limited (Miller, 1956) has been used as evidence that individuals do not act as pure “rationalists,” as decisions are often made under conditions where there is finite information (Simon, 1956; for a more comprehensive review see Weber et al., 1995). However, the transient nature of working memory representations may not be an ideal memory system to support decision-making in isolation, both because of its capacity limitations and fast decay rate.

More recently, the burgeoning field of value based decision-making has examined the intersection of choice and memory within the context of many, repeated experiences (Doll, Shohamy, & Daw, 2015; Palombo, Keane, & Verfaellie, 2015). Results reveal that across hundreds of trials, individuals can form simple stimulus–response associations that can guide subsequent choice (Daw & Doya, 2006). The processes underlying stimulus response learning are more characteristic of procedural memory (e.g., skill and condition memory, see Schacter & Tulving, 1994). Although this work has robustly identified a role for types of procedural memory in supporting stimulus-response learning, it does not preclude the possibility that associative memory may also be influencing choice. Problematically, however, exposing individuals to many, repeated experiences limits the ability to directly disambiguate incremental procedural memory from episodic memory, making it difficult to extract exactly how—and at what stage—episodic memory might influence choice. Despite these limitations, empirical work has demonstrated that the retrieval of prior experiences during choice shape decision-making (Gonzalez & Dutt, 2011; E. J. Johnson et al., 2007; Ludvig, Madan, & Spetch, 2015; Madan et al., 2014; E. U. Weber et al., 1995). However, many of these prior studies do not characterize the nature of these retrieved memories, making it difficult to extrapolate the exact role of episodic memory in decision-making.

Although these research fields indicate that memory and choice are intimately linked (Johnson et al., 2007; Ludvig, Madan, & Spetch, 2015; Madan et al., 2014; E. U. Weber et al., 1995), little is known about the quality of these memories, or the detailed nature of how they shape value based choice. Given the challenges of testing episodic memory in the context of repeated exposures, it is more efficacious to investigate episodic memory processes during decision-making by exploring choices based on a single prior experience. This approach harks back to more classic models of decision-making where single shot games were considered the archetypal mode of understanding behavior (Camerer, 2003). Indeed, in many everyday situations, individuals do not have the luxury of using many past experiences to guide choice. Instead, individuals routinely make decisions with limited prior information, where they have only experienced one previous relevant episode.

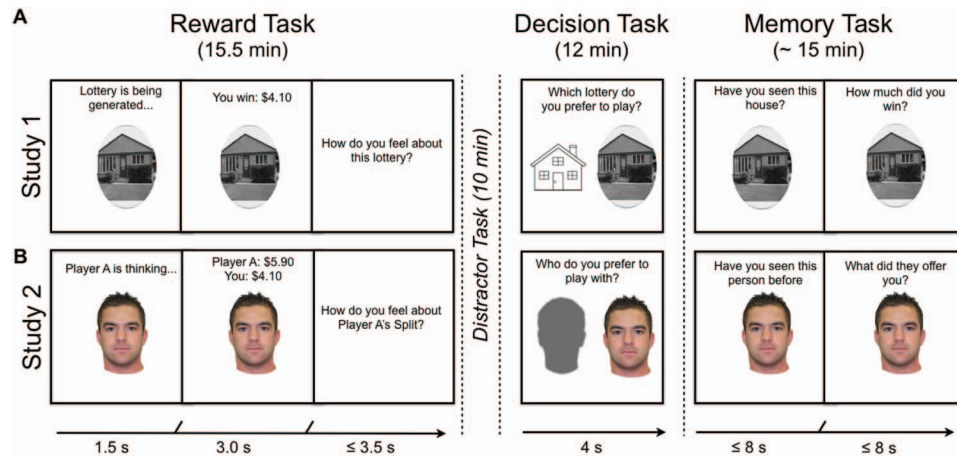
Based on previous work from the fields of episodic memory, decision-making, and learning, there are two candidate mechanisms that may underpin value-based choice. One possibility is that value-based choice does not rely on associative memory. In this case, only a simple representation of the previous experience is retrieved without any specific details (Schacter & Tulving, 1994). In line with this, a large literature on impression formation suggests that individuals infer the value of an individual or object without retrieving any specific details (Lee & Harris, 2013; Uleman, Blader, & Todorov, 2005). Indeed, patients with amnesia who have deficits in associative memory, still have intact impression formation (M. K. Johnson, Kim, & Risse, 1985). An alternative possibility is that at the time of a decision, individuals may retrieve enriched associative memories that consist of flexible relationships between specific features of the past experience (Davachi, 2006; Schacter & Tulving, 1994). In this case, retrieved memories are contextualized, containing complex details that are explicitly remembered (i.e., value, place, person, etc.). Theoretically, these types of associative memories would provide a highly informative representation of the previous experience that could optimally guide future choice. For example, when deciding whether or not to trust someone, it may be most efficient and beneficial to retrieve the specific actions and consequences of the past experience with that individual.

Decomposing whether value-based choice relies on associative-rich memories—as opposed to less detailed forms of item memory or even no episodic memory—will help characterize the dynamic processes and interplay between memory and choice. Our aim here was threefold: first, to identify and characterize whether individuals encode value representations into episodic memory. Second, to explore whether these episodic memories subserve value based decisions. And third, to test if this mechanism is deployed across contexts, including during simple, nonsocial choices and during more complex, social choices. In the current study, participants performed a decision-making task where they first encountered trial-unique lotteries that varied in their reward outcomes (“Reward Task”; Figure 1). After a short delay, participants completed a decision-making task in which they decided between selecting a previously encountered lottery or a new, never before seen lottery. Adaptive decisions are indicated by selecting lotteries that were previously associated with high rewards more often than those associated with low rewards. To probe episodic memory representations for these lotteries, participants completed a surprise memory test for the lottery and their associated value. We predicted that individuals would make adaptive choices during the decision-making phase (i.e., choose high value and avoid low value), and that this would be related to associative memory for the lotteries and their specific outcomes. We further test whether these predictions generalize to a more complex, ecologically valid social context where participants dyadically interact with other participants.

## Experiment 1

### Method

**Participants.** Participants were recruited from New York University and the surrounding New York City community. Informed consent was obtained from each participant in a manner



**Figure 1.** Task structure for Experiment 1 and 2. (A) In the nonsocial Reward task (lottery game), participants won high and low value amounts. (B) In the social Reward task (dictator game), participants received high and low offers. Across experiments, after the Reward tasks, participants completed a 10-min Distracter task (a simple math test) before completing a Decision task where they were asked which lottery or partner they would prefer to play with. Finally, at the end of the Experiment, participants completed a surprise Memory test in which we explicitly tested item memory and associative memory. To test for item memory, participants had to first indicate whether they had seen the face or house during the Reward task (i.e., old or new), and then state their confidence (1 = high confidence old, 2 = low confidence old, 3 = not sure, 4 = low confidence new, or 5 = high confidence new). To test for associative memory, if participants responded with a 1, 2, or 3, participants had to indicate how much money was associated with the house's outcome during the Reward task on a 5-point Likert scale (\$0–\$5 with \$1 increments). The face image is from the UTEP database (<http://iilab.utep.edu/stimuli.htm>). See the online article for the color version of this figure.

approved by the University Committee on Activities Involving Human Subjects. Participants were paid an initial \$10 and an additional monetary bonus accrued during the task. Experiment 1 included 30 participants (18 women; mean age  $23.6 \pm 4.0$  SD). Sample size was determined by pilot data (not presented here) demonstrating that  $N = 30$  was sufficient to procure significant results.

**Stimuli.** Stimuli for Experiment 1 consisted of 120 gray-scale images of houses (Krebs, Boehler, De Belder, & Egner, 2015). We randomized the presentation of stimuli appearing in the Reward, Decision, and Memory tasks across participants.

**Task design.** In Experiment 1, participants completed four tasks in the following order: Reward, Distracter, Decision, and Memory. During the Reward task, participants were instructed that they would be playing 60 trials of a game involving 60 independent lotteries which could pay up to \$5 (see Supplemental Materials for details). They were told that each lottery would be denoted by a particular trial-unique, house stimulus. Participants were instructed to pay attention to the houses they encountered because they might encounter them later in the experiment. Before starting the experiment, participants were required to correctly answer questions about the nature of the task to ensure comprehension.

**Reward task.** On each trial of the Reward task, participants observed for 1.5 s a screen that read, "Lottery is being generated" alongside a picture of a trial-unique house (Figure 1A). The text on the top of the screen was then replaced with the reward outcome associated with that lottery for 3 s. Finally, the participants had up to 3.5 s to indicate how they felt about the outcome of the lottery (1 = good, 2 = neutral, or 3 = bad). After their response, a fixation cross was shown with a jittered intertrial interval (ITI)

varying between 1 and 3 s. Lottery outcomes on each trial were randomly selected without replacement from a range of values between \$0.10–\$1.50 (low value) and \$3.60–\$5.00 (high value), each in 10 cent increments. Participants were told that one trial would be randomly selected to be paid out at the end of the experiment.

**Distracter task.** After the Reward task, participants completed a Distracter task—a 10-min task consisting of various math problems—to introduce a short delay before the Decision and Memory tasks (Duncan, Tomparry, & Davachi, 2014). On each trial of the Distracter task, participants were asked to solve a math problem, the solutions to which were all single digit responses. Subjects were given 9 s to solve each problem and were instructed to use the number keys on the keyboard to indicate their response. Participants did not receive feedback on their performance for this task. All participants had above chance performance on the Distracter task.

**Decision task.** After the Distracter task, participants completed the Decision task. In the Decision task participants were instructed that they would see two house stimuli representing two different lotteries (Figure 1A) and would have to decide which lottery they would prefer to play. On each trial, participants were presented with a pair of images and asked to choose between a trial-unique house and a schematic line drawing of a house (this house schematic was the same on every trial). The trial unique house was either a previously encountered house (from the Reward task) or novel, never before seen house. The schematic line drawing of a house was indicative of a new lottery that would be selected at random. In other words, on each trial, participants could select between a house stimulus (i.e., a previously encountered



stimulus or completely novel stimulus) and a schematic line drawing of a house (see Supplement Materials for more details). Participants had 4 s to respond and completed 90 trials. The trial-unique houses were selected randomly without replacement from the 60 houses presented during the reward task and 30 never before seen houses. During this task, participants only selected which lottery they preferred to play, and feedback about the lottery value was never given. This allowed us to gather information on individual preferences for lotteries.

**Memory task.** Finally, participants completed a surprise Memory task, where we probed item memory (i.e., recognition memory for houses) and associative memory (i.e., memory for the value associated with individual houses). On each trial, participants were shown a picture of a house, which was either previously shown during the Reward task (i.e., old) or was never shown (i.e., new). To probe item memory, participants had to indicate whether they had seen the house during the Reward task including their confidence (1 = high confidence old, 2 = low confidence old, 3 = not sure, 4 = low confidence new, or 5 = high confidence new). To probe associative memory, if participants responded with a 1, 2, or 3 in response to item memory, participants had to indicate how much money was associated with the house's outcome during the Reward task on a 5-point Likert scale (\$0–\$5, with \$1 increments). Participants had up to 8 s to make each response. We additionally tested whether individuals remembered which house they selected during the decision task, but these responses are not included in the current manuscript. After completing these four tasks, a single trial was selected from the Reward task to be paid out (this was in addition to the \$10 show up fee). Finally, participants were debriefed about the task.

#### Data analysis.

**Self report.** We first tested whether individuals reported feelings that were congruent with the lottery outcomes during the Reward task, with the prediction that low value wins would engender neutral to bad feelings. For each participant we ran a simple regression between reward outcome and individuals' self-report scores (1 = good, 2 = neutral, or 3 = bad). To test for significance, we submitted *r*-to-*z* transformed scores to one-sample *t* tests.

**Choice.** We next tested whether individuals were more likely to choose high versus low value houses during the Decision task, which would indicate that individuals use prior experience to guide decision-making. We ran a Generalized Linear Model (GLM), as implemented by MATLAB's "glmfit" function, with participants' choice behavior during the Decision task (selecting a previously seen house = 1, selecting the schematic house = 0) as the dependent variable, and *z*-scored outcomes (i.e., the reward of the house) during the Reward task as the independent variable. Trials in which participants had the opportunity of selecting the novel house stimuli was not entered into the GLM or included in reported analyses.

**Memory.** Item memory was delineated by correct recognition memory for the house stimuli alone. Associative memory was correct recognition of both the house stimuli and the associated value of the lottery (within a \$1 range). For the item memory analysis, we did not include responses in which participants indicating a "not sure" response (i.e., a 3). Further, we collapsed across high and low confidence responses because preliminary analysis showed that confidence did not influence across group compari-

sons (social vs. nonsocial) or the influence of item memory on adaptive decision-making. We calculated successful item memory as  $d'$ , in which the higher the  $d'$ , the better discrimination between old and new houses.  $d'$  was calculated as  $z\text{-score}(\text{Hit Rate}) - z\text{-score}(\text{False Alarm Rate})$ . We implemented standard correction procedures to account for hit rates of 1 and false alarm rates of 0 by adjusting extreme values by  $1/2N$ , where  $N$  is the number of old images for hit rates and novel foils for false alarms. To test for significance,  $d'$  scores were submitted to 1-sample *t* tests. Additionally, we estimated  $C$ , which measures biases in response criterion, as defined by  $-0.5 * (z\text{-score}(\text{Hit Rate}) + z\text{-score}(\text{False Alarm Rate}))$ . We calculated successful associative memory as the proportion of items in which the correct value was selected out of the items correctly identified as old ( $\% \text{ correct associative memory} / \% \text{ correct item memory}$ ). Because (a) participants did not evenly distribute their responses across the 5-point scale, and (b) source memory was conditionalized by item memory, we tested for significance of associative memory using the following permutation-based bootstrapping procedure: First, for each participant we shuffled associative memory responses (i.e., responses to the question "How much money was associated with the house?") and recalculated accuracy. This was repeated 10,000 times to generate a distribution of "chance" performance. Then, to determine significance, we selected a random value from each participant's distribution of chance performance to calculate the average "Group Chance" performance. This was repeated 10,000 times to generate a Group Chance distribution. *p* values were calculated by determining the probability of the mean accuracy according to the Group Chance distribution.

**Interaction of choice and memory.** To explicitly investigate the role of different types of memory on choice behavior during the Decision task, we ran an analysis of variance (ANOVA) where the dependent variable was choice, and value outcome and memory were within-subjects predictors. Outcome was split into binary categories of high (\$3.6–\$5.00) and low (\$0.10–\$1.50) values. Memory was split into three categories: no memory, item memory, and associative memory. For this analysis, participants were only included if they had at least two responses in each category of the ANOVA.

## Results

**Self-report.** During the Reward task, participants viewed lotteries that ranged in outcome values from \$0.10–\$5.00. Participants reported feeling more positively about high versus low value lotteries,  $t(29) = 16.5, p < .001$ , Cohen's  $d = 1.56$ , indicating that they were sensitive to the outcome value of the lotteries.

**Choice.** During the Decision task participants were asked to choose to play one of two lotteries, a specific, trial-unique lottery or a lottery chosen at random (Figure 1A). Since participants had already seen a portion of the houses during the Reward task, our first question was whether the outcomes of these past lotteries, that is, how much a participant previously won on a particular lottery, would guide future decisions to reengage with those lotteries. Using a logistic regression where value (i.e., outcomes from the Reward task) predicts choice, we found that participants selected lotteries more often when they had been previously associated with larger outcomes (mean  $0.13 \pm 0.05 SE$ , one sample *t* test,  $t(29) = 2.79, p = .009, d = 0.26$ ). That the value outcomes from the

Reward task predicts choice during the Decision task suggests that individuals use previous experiences to guide their current choice.

**Memory.** Before testing how episodic memory influences choice, we first characterized the content of individuals' memory for the lotteries. Participants successfully encoded lotteries from the Reward task, such that item memory,  $t(29) = 3.71, p = .001, d = 0.42$ , Table 1 and associative memory (permutation-based testing:  $p = .01$ ) were both significantly greater than chance. Next, we tested whether the value of the reward itself influenced memory. We did not find any significant differences in item memory,  $t(29) = 0.64, p = .53, d = 0.11$  or associative memory,  $t(29) = 1.6, p = .12, d = 0.29$  for high versus low reward lotteries.

**Interaction of choice and memory.** These prior analyses illustrate that not only do participants use prior experience to guide choice, but that they also have significant memories for lottery stimuli and their associated outcomes. However, they do not address what types of memories are deployed to support adaptive decision-making. In other words, do individuals rely on episodic memory to successfully select high value lotteries and avoid low value lotteries? To answer this, we ran an ANOVA on participants' choice behavior during the Decision task as the dependent variable, with outcome from the Reward task (high, low), and memory from the Memory task (no memory, item memory, or associative memory) as within-subjects, repeated-measures predictors (Figure 2A). This analysis revealed no main effect of memory ( $F(2) = 0.43, p = .23, \eta^2 = 0.12$ ), a significant main effect of reward ( $F(1) = 40.58, p < .001, \eta^2 = 0.66$ ) and a significant interaction of reward and memory ( $F(2) = 18.20, p < .001, \eta^2 = 0.59$ ). Post hoc  $t$  tests revealed that individuals only discriminated between choosing high and low value lotteries when they had intact associative memory. That is, when individuals remembered both the lottery stimulus and the associated value, they chose high lotteries more often than low lotteries (paired samples  $t$  test,  $t(21) = 6.65, p < .001, d = 0.89$ ). When participants only had item memory or no memory, we observed no differences between selecting high

versus low lotteries (item: paired samples  $t$  test,  $t(21) = -1.17, p = .26, d = -0.10$ ; no memory: paired samples  $t$  test,  $t(21) = 0.99, p = .28, d = 0.11$ ). This benefit of associative memory for adaptive choice was driven by individuals both selecting high reward lotteries (associative > item memory: all paired samples  $t$  tests,  $t(28) = 3.85, p < .001, d = 0.93$ ; associative > no memory:  $t(28) = 3.52, p = .002, d = 0.81$ ) and avoiding low reward lotteries (associative > item memory:  $t(28) = 3.39, p = .002, d = 0.84$ ; associative > no memory:  $t(28) = 3.22, p = .003, d = 0.48$ ). In short, adaptive choice necessitates intact associative memory.

## Experiment 2

In Experiment 1 we show that within the nonsocial domain, individuals have contextually enriched associative memories for past lotteries, and these memories are used to adaptively guide future choices to gamble. However, does the same mechanism guiding episodic memory and decision-making within the nonsocial domain contribute to more complex, ecologically valid decisions within the social domain? Based on the impression formation literature which illustrates that individuals can evaluate others in the absence of episodic memory (M. K. Johnson et al., 1985), one possibility is that value based decisions made in the social domain do not require episodic memories. In Experiment 2, we test this question by asking participants to interact with trial-unique players in a dictator game (Forsythe, Horowitz, Savin, & Sefton, 1994; Kahneman, Knetsch, & Thaler, 1986; Figure 1B).

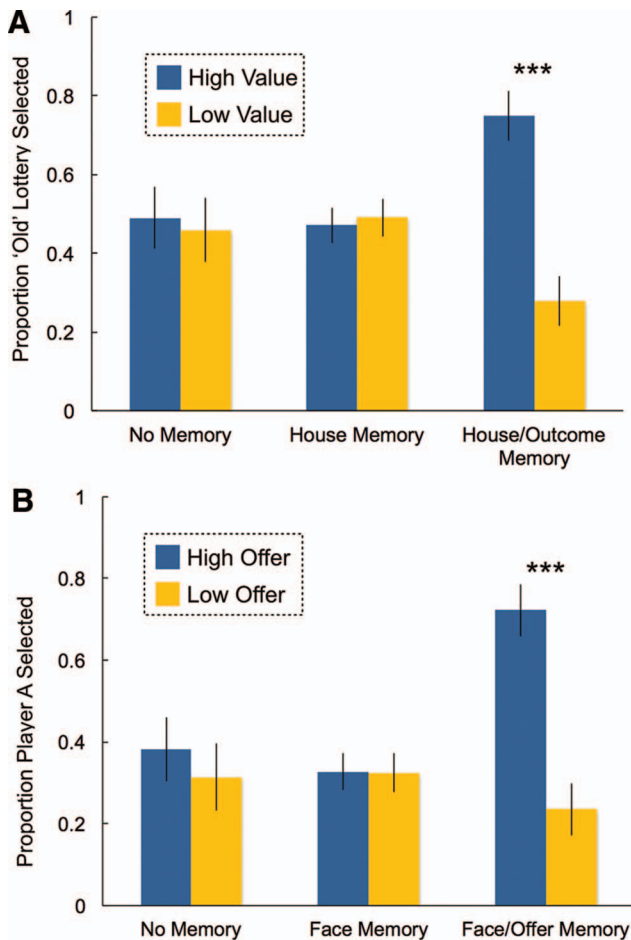
## Method

**Participants.** Recruitment, consent, and payment were identical to Experiment 1. In an attempt to match data collection for Experiment 1, we recruited 40 participants, as participants who failed to believe the social manipulation would be excluded from analysis. Experiment 2 included 32 participants (18 women; mean

Table 1  
Item and Associative Memory Performance

Condition	Item memory ( $d' \pm SE$ )	Response bias ( $C \pm SE$ )	Item HR (mean $\pm SE$ )	Item FAR (mean $\pm SE$ )	Associative memory (mean $\pm SE$ )
Experiment 1					
High	.29 $\pm$ .07	-.31 $\pm$ .11	.67 $\pm$ .04	.48 $\pm$ .04	.23 $\pm$ .02
Low	.24 $\pm$ .09	-.33 $\pm$ .12	.67 $\pm$ .04		.22 $\pm$ .03
Experiment 2					
High	.58 $\pm$ .07	-.23 $\pm$ .12	.65 $\pm$ .03	.55 $\pm$ .04	.13 $\pm$ .03
Low	.61 $\pm$ .08	-.24 $\pm$ .12	.64 $\pm$ .04		.30 $\pm$ .03
Experiment 3					
High	.63 $\pm$ .12	.15 $\pm$ .12	.49 $\pm$ .03	.21 $\pm$ .04	.18 $\pm$ .02
Low	.56 $\pm$ .10	.18 $\pm$ .11	.49 $\pm$ .03		.23 $\pm$ .02
Experiment 4					
High	.99 $\pm$ .11	.52 $\pm$ .12	.55 $\pm$ .04	.34 $\pm$ .04	.19 $\pm$ .03
Low	.99 $\pm$ .14	.52 $\pm$ .11	.54 $\pm$ .05		.40 $\pm$ .04
Experiment 5					
Nonsocial					
High	.45 $\pm$ .09	.09 $\pm$ .07	.54 $\pm$ .03	.39 $\pm$ .03	.25 $\pm$ .02
Low	.48 $\pm$ .07	.08 $\pm$ .08	.55 $\pm$ .03		.26 $\pm$ .03
Social					
High	1.23 $\pm$ .07	.13 $\pm$ .07	.66 $\pm$ .03	.25 $\pm$ .02	.16 $\pm$ .02
Low	1.29 $\pm$ .08	.11 $\pm$ .07	.68 $\pm$ .03		.27 $\pm$ .02

Note. HR = hit rate; FAR = false alarm rate.



**Figure 2.** Adaptive choice is predicted by associative—but not item—memory for the prior encounter. (A) In the lottery task (Experiment 1), we found that participants equally endorsed high and low value lotteries when they did not have any memory or only had item memory for the lottery alone. In contrast, when participants had associative memories of the lotteries and their outcomes, they chose high value lotteries more often than low value lotteries. (B) In the dictator game (Experiment 2), the same pattern of results was observed. Error bars reflect 1 SEM. \*\*\*  $p < .001$ . See the online article for the color version of this figure.

age  $23.6 \pm 4.0$  SD) after removing eight participants for not believing the social manipulation (see Supplemental Materials for details).

**Stimuli.** Stimuli consisted of 120 color images of White male faces. These 120 images were selected from a larger sample of 179 faces to be the most neutral in terms of “Attractiveness,” “Approachability,” and “Overall Positive or Negative Feeling,” as determined by a separate behavioral cohort ( $N = 24$ ; see Supplemental Materials).

**Task design.** We modified the task from Experiment 1 to investigate dyadic social interactions (Figure 1B). As in the previous study, participants completed the same tasks as Experiment 1 only this time the first and third tasks each contained a social component. The Reward task was the same as the lottery task in every respect except for a social component of “intent,” which was manipulated by stimulus type (faces vs. houses) and instructions.

Effectively, the Reward task was modeled after the Dictator game, in which an initial player, Player A, is endowed with \$10. Player A can then divide that money however he sees fit with a second player, Player B. Player B must always accept the division. In our task, participants were instructed that they would be playing multiple rounds of the game as Player B, and would encounter 60 different Player As, indicated by a trial unique face on each trial. In reality, each division was randomly generated and paired with a unique face. On each trial, participants first saw the text “Player A is thinking” and a picture of a trial-unique face for 1.5 s. The text on the top of the screen was then replaced with the amount of money Player A decided to keep (e.g., Player A: \$9.10) and how much money was being offered to Player B (e.g., You: \$0.90) for 3 s. Finally, the participants viewed a screen asking them to indicate how they felt about the outcome of Player A’s offer (1 = Good, 2 = Neutral, 3 = Bad), and had up to 3.5 s to respond. After their response, a fixation cross was shown with a jittered ITI varying between 1 and 3 s. As in the lottery game explained above, Player A’s monetary division on each trial was randomly selected without replacement from a range of high (ranging from \$3.60–\$5.00 in 10 cent increments) to low outcomes (ranging from \$0.10–\$1.50, in 10 cent increments).

After the Reward task (i.e., Dictator game), participants completed the Distracter, Decision, and Memory tasks, which were identical to Experiment 1, except house stimuli were replaced with face stimuli (Figure 1B). Thus, in the Decision task participants were making choices between trial-unique faces and a schematic gray face indicating the selection of a new Player A at random.

**Data analysis.** Data analyses were identical to Experiment 1 with one additional analysis. To explore the differences between memory in nonsocial and social conditions, we conducted a repeated-measures GLM predicting memory performance (both item and associative memory) with value (high, low) as a repeated measure, and group (Experiment 1, Experiment 2) as a between-subjects factor.

## Results

**Self-Report.** During the reward task, participants viewed outcomes from Player As that ranged in values from \$0.10–\$5.00. Replicating Experiment 1, participants reported more positive feelings toward the high versus low value outcomes,  $t(31) = 17.3$ ,  $p < .001$ ,  $d = 1.55$ , indicating that they were sensitive to Player As’ offers. There was no difference in self-report ratings of lottery outcomes in Experiment 1 and dictator offers in Experiment 2,  $t(60) = 0.11$ ,  $p = .91$ ,  $d = 0.03$ .

**Choice.** During the Decision task, we observed that participants selected to play with previously encountered players more often when they had made higher value offers during the Reward task (mean  $0.24 \pm .10$  se, paired samples  $t$  test;  $t(32) = 2.39$ ,  $p = .02$ ,  $d = 0.33$ ).

**Memory.** During the memory task, we found that participants successfully encoded the identity and offers of players from the Reward task (see Table 1), such that item memory,  $t(31) = 9.09$ ,  $p = .001$ ,  $d = 0.98$  and associative memory (permutation-based testing;  $p = .03$ ) were both significantly greater than chance. Next, we tested whether the offer value influenced memory. While there was no significant difference in item memory,  $t(31) = 0.40$ ,  $p = .69$ ,  $d = 0.07$ , we found that participants had better associative

memory for players that offered low versus high values,  $t(31) = 3.69$ ,  $p = .001$ ,  $d = 0.65$ ; Figure 3. Simply put, unlike in the nonsocial domain, in a social context where intention is salient, participants had better associative memory for low versus high outcomes.

In fact, comparing memory across Experiments 1 and 2, we found that associative memory was stronger for low value outcomes when the task was social compared to nonsocial (Value\*Group,  $F(1) = 5.08$ ,  $p = .03$ ,  $\eta^2 = 0.08$ ; Figure 3). However, the influence of value on item memory did not differ across groups (Value\*Group,  $F(1) = 0.55$ ,  $p = .83$ ,  $\eta^2 = 0.001$ ), as both groups showed no effect of value on item memory. Critically, there were no differences in response criteria (C) across groups (paired samples  $t$  test;  $t(60) = 0.45$ ,  $p = .65$ ,  $d = 0.22$ ), thus differences in response biases could not explain the item memory results.

**Interaction of choice and memory.** Next we quantified how different types of memory influenced decisions in the social domain. An ANOVA probing participants' choice behavior during the Decision task as the dependent variable with reward and memory as within-subjects, repeated-measures predictors (Figure 2B) revealed a main effect of memory ( $F(2) = 5.07$ ,  $p = .01$ ,  $\eta^2 = 0.33$ ), a main effect of reward (high and low;  $F(1) = 11.92$ ,  $p = .004$ ,  $\eta^2 = 0.44$ ), and a significant interaction of reward and memory ( $F(2) = 16.50$ ,  $p < .001$ ,  $\eta^2 = 0.60$ ). Post hoc  $t$  tests again revealed that individuals only discriminated between choosing high and low value partners when they had intact associative memory. That is, when individuals remembered both the face and the associated offer, they preferred to play with partners who offered high values compared to low values (paired samples  $t$  test;

$t(15) = 4.39$ ,  $p < .001$ ,  $d = 0.95$ ). In contrast, when participants exhibited item memory or no memory, we observed no differences between selecting high versus low value offers (item memory: paired samples  $t$  test,  $t(15) = 0.57$ ,  $p = .57$ ,  $d = 0.04$ ; no memory: paired samples  $t$  test,  $t(15) = 0.71$ ,  $p = .48$ ,  $d = 0.08$ ). In Experiment 2, the benefit of associative memory for adaptive choice was primarily driven by individuals selecting high value offers (associative > item memory: all paired samples  $t$  tests,  $t(15) = 3.79$ ,  $p = .002$ ,  $d = 0.95$ ; associative > no memory:  $t(15) = 4.02$ ,  $p = .001$ ,  $d = 1.0$ ). There was a trend between avoiding low value offers when comparing associative versus item memory,  $t(15) = 1.98$ ,  $p = .07$ ,  $d = 0.5$ , and a nonsignificant difference when comparing associative versus no memory,  $t(15) = 0.49$ ,  $p = .63$ ,  $d = 0.12$ .

### Experiment 3 and 4

In Experiments 1 and 2 we provide a novel characterization of how individuals bind value to stimuli of past experiences (i.e., associative memory) to guide adaptive choice. However, in these experiments, before testing memory, participants completed a decision task in which items were represented in the absence of their value. Because of this, prior item and associative memory results could have been influenced by re-exposure to items during the Decision task. To control for this, in Experiment 3 we eliminate the Decision task to test item and associative memory for lotteries without re-exposing houses. In Experiment 4, we eliminate the Decision task to test item and associative memory for players in the dictator game without re-exposing the faces. Analyses focused on determining (a) whether participants still had significant item and associative memory, and (b) whether participants continued to have biases in associative memory toward low value partners in the social dictator task, but not in the nonsocial lottery task.

### Method

**Participants.** Recruitment, consent, and payment were identical to Experiment 1 and 2. Experiment 3 included 31 participants (20 women; mean age  $22.9 \pm 4.3$  SD). Experiment 4 included 30 participants (18 women; mean age  $23.9 \pm 5.0$  SD) after removing eight participants for not believing the social manipulation (see Supplemental Materials for details).

**Stimuli and task design.** The stimuli and design in Experiments 3 and 4 were identical to Experiments 1 and 2, respectively, except the Decision task was removed. Thus, participants only completed the Reward, Distracter, and Memory task.

**Data analysis.** We probed item and associative memory as described in Experiments 1 and 2. To directly compare the main effect of memory across experiments, we conducted two-sample  $t$  tests. To compare differences in high versus low value memory across groups, we conducted a repeated-measures GLM predicting memory performance (both item and associative memory) with value (high, low) as a repeated measure and group as a between-subjects factor.

### Results

**Memory.** As in Experiment 1, in Experiment 3, we found that participants successfully encoded house stimuli and their associ-

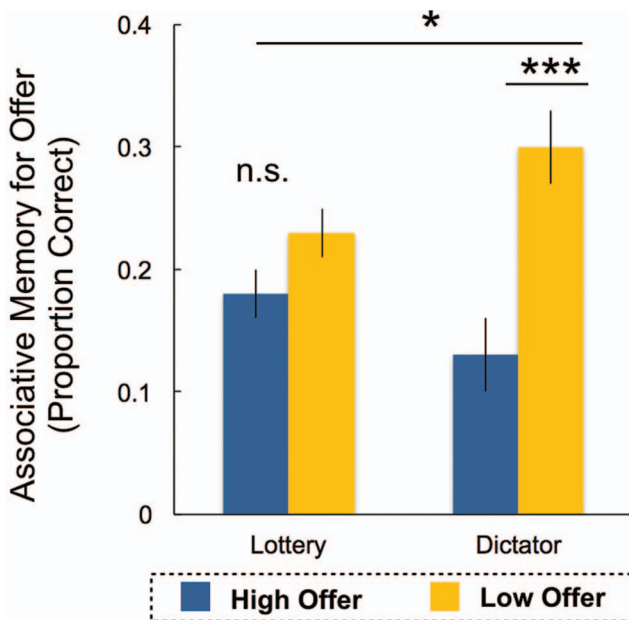


Figure 3. Memory is influenced by social intent. In the nonsocial condition (Experiment 1), we found no influence of outcome value on associative memory. However, in the matched social condition (i.e., the dictator game), associative memory was stronger for low versus high offers. Value's influence on associative memory was significantly larger in the social versus nonsocial domain. Error bars reflect SEM. \*  $p = .05$ , \*\*\*  $p < .001$ . See the online article for the color version of this figure.



ated values (see Table 1), such that item memory,  $t(30) = 5.54$ ,  $p < .001$ ,  $d = 1.0$  and associative memory (permutation-based testing:  $p = .01$ , one-tailed) were both significantly greater than chance. There was no significant difference in item memory (paired samples  $t$  test:  $t(30) = 0.9$ ,  $p = .37$ ,  $d = 0.16$ ) or associative memory (paired samples  $t$  test:  $t(30) = 0.28$ ,  $p = .78$ ,  $d = 0.05$ ) for high versus low lotteries. We also did not find that high versus low value wins differentially influenced item or associative memory across Experiments 1 and 3 (item memory: Value\*Group,  $F(1) = 0.02$ ,  $p = .89$ ,  $\eta^2 < 0.001$ ; associative memory: Value\*Group,  $F(1) = 1.67$ ,  $p = .2$ ,  $\eta^2 = 0.03$ ).

In Experiment 4, we found that participants successfully encoded players and their associated offer values (see Table 1), such that item memory (one-sample  $t$  test:  $t(29) = 8.3$ ,  $p < .001$ ,  $d = 1.51$ ) was significantly greater than chance, and a trend toward significant associative memory (permutation-based testing:  $p = .11$ ). There was no significant difference in item memory for high versus low offers (paired samples  $t$  test:  $t(29) = 0.04$ ,  $p = .97$ ,  $d = 0.004$ ). However, as in Experiment 2, participants in Experiment 4 had better associative memory for individuals that offered low versus high offers (paired samples  $t$  test:  $t(29) = 4.01$ ,  $p < .001$ ,  $d = 0.73$ ). Comparing the influence of an offer's value on item and associative memory across Experiments 2 and 4 did not reveal any value\*group interactions (item memory: Value\*Group,  $F(1) = 0.09$ ,  $p = .77$ ,  $\eta^2 = 0.001$ ; associative memory: Value\*Group,  $F(1) = 0.35$ ,  $p = .56$ ,  $\eta^2 = 0.006$ ).

Comparing memory across the nonsocial and social domains (Experiments 3 and 4, respectively), we again observed that associative memory for low value outcomes is greater in the social versus nonsocial task (Value\*Group,  $F(1) = 5.08$ ,  $p = .03$ ,  $\eta^2 = 0.08$ ). This was not the case for item memory, as we did not observe differences across groups (Value\*Group,  $F(1) = 0.55$ ,  $p = .83$ ,  $\eta^2 = 0.001$ ). However, there was a difference in response criteria (C) for item memory across groups (paired-samples  $t$  test:  $t(60) = 2.17$ ,  $p = .03$ ,  $d = 0.56$ ), which could in part be because of differences in response biases. Together, these findings suggest that the bias in associative memory toward low value outcomes in the social versus nonsocial domain persists even when items were only presented once during the decision phase.

## Experiment 5

Given that all previous Experiments were run between subjects, and that the instructions for the social manipulations in Experiments 2 and 4 included additional text on the presentation screen describing Player A's payout relative to Player B's payout, we ran an additional follow-up experiment. Experiment 5 was a within subjects design (both the Social and Nonsocial conditions were presented) and the instructions and task presentation for each condition were matched.

## Method

**Participants.** Participants were recruited from Amazon Mechanical Turk (AMT; Crump, McDonnell, & Gureckis, 2013; Mason & Suri, 2010). Informed consent was obtained from each participant in a manner approved by the University Committee on Activities Involving Human Subjects at New York University. Participants were paid an initial \$7 and an additional monetary

bonus (up to \$2) accrued during the task. Forty-nine participants completed the task, however, because of incomplete data or failure to demonstrate source memory, four participants were removed. The remaining sample included 45 participants (27 women; mean age  $39.1 \pm 12.9$  SD).

**Stimuli and task design.** Experiment 5 was a within subjects design in which participants completed a Reward task (both a Lottery and Dictator game) that were exactly the same as those described in Experiments 1 and 2, respectively; a Distractor Task which was a 10 min anagram puzzle, a Decision task (both a Nonsocial and Social Decision task which again was structurally identical to Experiments 1 and 2); and finally a Retrieval task (the same surprise memory test used in Experiments 1 and 2). For the Reward task, participants completed two blocks (social, nonsocial), and condition order was counterbalanced across participants. For the decision and memory tests social and nonsocial stimuli were intermixed. This design allowed us to make within-subject comparisons across social and nonsocial conditions.

Given that Experiment 2 used a social manipulation in which there was additional text on the presentation screen describing Player A's payout (e.g., "Player A receives \$5.90") relative to Player B's payout (e.g., "You receive \$4.10"), Experiment 5 provided participants with identical numerical information during the Reward task without emphasizing the participant's payout relative to Player A's payout (a form of social anchoring). In Experiment 5, the additional wording that referred to Player A's payout was removed, and instead participants only observed "You receive \$.41" during the Reward task. In addition, to ensure that the instructions between the two conditions were as similar as possible, we removed all references to words that could be construed as social anchoring (i.e., split). The instructions for the Social and Nonsocial tasks followed an identical structure and can be found in full in the supplement.

**Data analysis.** We probed ratings, memory, choice, and memory\*choice interactions as described in prior experiments with the exception that across condition comparisons (social, nonsocial) were tested as a within-subject factor.

## Results

**Self-report.** During the Reward task, participants viewed outcomes that ranged in values from \$0.01–\$0.50. Replicating prior experiments, participants reported more positive feelings toward the high versus low value outcomes (nonsocial:  $t(44) = 32.2$ ,  $p < .001$ ,  $d = 9.7$ ; social:  $t(44) = 13.3$ ,  $p < .001$ ,  $d = 4.0$ ). However, unlike the prior experiments relationships between self-report ratings and outcomes were stronger for lottery outcomes than dictator offers,  $t(44) = 3.99$ ,  $p < .001$ ,  $d = 0.77$ .

**Choice.** During the Decision task, we found a main effect of reward ( $F(1) = 9.26$ ,  $p = .004$ ,  $\eta^2 = 0.17$ ), such that participants selected to play with previously encountered lotteries and players more often when they were associated with higher rewards. Further, we found a main effect of condition ( $F(1) = 8.8$ ,  $p = .005$ ,  $\eta^2 = 0.17$ ), such that individuals selected old houses more often than old faces. Critically, the interaction between reward and condition was nonsignificant ( $F(1) = 0.08$ ,  $p = .78$ ,  $\eta^2 = 0.002$ ), indicating that reward influenced choice equivocally across social and nonsocial conditions.



**Memory.** As in prior experiments, we found that participants successfully encoded the identity of both lotteries and players (see Table 1), such that item memory was above chance (nonsocial:  $t(44) = 6.8, p < .001, d = 2.1$ ; social:  $t(44) = 18.12, p < .001, d = 5.5$ ). Across group comparisons revealed a main effect of condition ( $F(1) = 25.5, p < .001, \eta^2 = 0.37$ ), such that players were recognized better than lotteries. In line with Experiments 1–4, there was no main effect of reward ( $F(1) = 0.67, p = .42, \eta^2 = 0.02$ ) or a reward\*condition interaction ( $F(1) = 0.03, p = .86, \eta^2 = 0.001$ ), indicating there was no influence of reward outcome on item memory in either condition.

For associative memory we found that individuals had significant memory for lotteries and their associated value (permutation-based testing  $p < .001$ ), and were trending toward significance for players and their offers (permutation-based testing  $p = .11$ ). Across-condition comparisons revealed a main effect of condition ( $F(1) = 5.03, p = .03, \eta^2 = 0.10$ ) such that associative memory was better for houses than faces, and a main effect of reward ( $F(1) = 5.25, p = .03, \eta^2 = 0.11$ ) such that associative memory was better for low value compared with high value items. Critically, we replicated prior experiments by demonstrating a reward\*condition interaction ( $F(1) = 5.3, p = .03, \eta^2 = 0.11$ ), such that associative memory was biased toward low versus high value players,  $t(44) = 4.02, p < .001, d = 0.87$ , without any significant differences between low and high value lotteries,  $t(44) = 0.10, p = .92, d = 0.01$ .

**Interactions of choice and memory.** Finally, we probed choice behavior during the decision task as the dependent variable with reward, memory, and group as within-subjects, repeated measures predictors. This analysis revealed a main effect of reward ( $F(1) = 23.4, p < .001, \eta^2 = 0.54$ ), such that high value items were selected more often than low value items. Further, replicating the prior experiments, results indicated a reward\*memory interaction ( $F(1) = 8.3, p = .003, \eta^2 = 0.47$ , Figure 4). All other terms were nonsignificant, including memory ( $p = .23$ ), condition ( $p = .22$ ), reward\*memory ( $p = .53$ ), reward\*condition ( $p = .76$ ), memory\*condition ( $p = .18$ ), and reward\*memory\*condition ( $p = .66$ ). Critically, this last term indicates that memory similarly influenced adaptive choice behavior across social and nonsocial contexts. Post hoc  $t$  tests again revealed that individuals reliably discriminated between choosing high and low value items when they had intact associative memory,  $t(40) = 5.27, p < .001, d = 0.94$ . We observed no differences between selecting high versus low items when participants exhibited only item memory,  $t(40) = 0.71, p = .48, d = 0.1$  or no memory,  $t(40) = 0.55, p = .59, d = 0.09$ .

## Discussion

To make adaptive decisions, an individual should rely on the past as a predictor of the future. This requires that memories be retrieved and deployed when making a decision. Until now, prior work has mainly explored the effects of procedural and working memory on value based choice, without explicitly testing the role of episodic memory. We demonstrate that episodic memory—specifically, associative memory—supports domain general value-based decisions. Our results are three fold. First, individuals formed discrete associations between trial-unique stimuli and their value in both social and nonsocial domains. Second, individuals

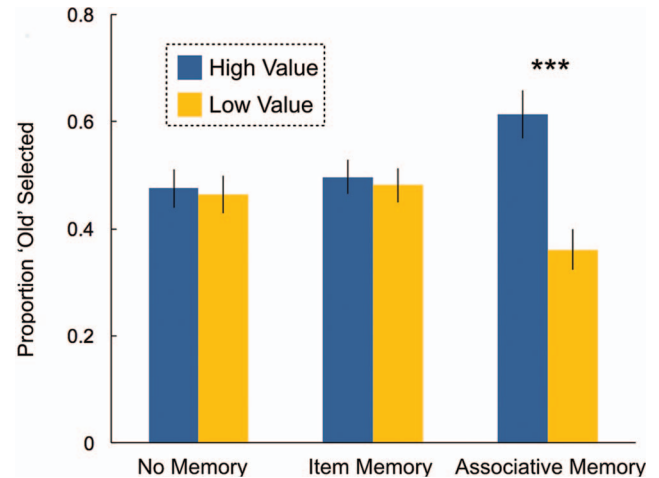


Figure 4. Replication that adaptive choice is predicted by associative—but not item—memory for the prior encounter. In a separate cohort of participants, we replicate findings from Experiment 1 and 2. Specifically, we found that participants endorsed high and low reward items equally when they did not have any memory or only had item memory. In contrast, when participants had associative memories of the item and their value, they chose high reward items more often than low reward items. Critically, within this within-subjects design we did not see any differences in the pattern of results ( $p = .66$ ) as a function of whether participants were selecting between lotteries (houses) or players (faces). Error bars reflect 1 SEM. \*\*\* $p < .001$ . See the online article for the color version of this figure.

were able to use these associative memories to choose adaptively in a subsequent decision-making task, selecting stimuli previously associated with higher, compared to lower, rewards. Finally, individuals were not able to discriminate between high and low value rewards unless they had intact associative memory. In other words, item memory did not appear to contribute to adaptive choice. These results support a new model of adaptive decision-making where enriched episodic memories—as opposed to simple, decontextualized signals—guide behavior.

Why would adaptive value based choice rely on associative memory as opposed to more impoverished forms of memory? Unlike item memory, associative memories provide contextually enriched representations of prior experiences (Eichenbaum et al., 2012; Tulving & Markowitsch, 1998). Critically, these detailed associative memories allow flexible access to all of the relevant information that could prove consequential for future choice (Davachi, 2006; Ranganath, 2010). Indeed, research that has probed the link between retrieval and value based preferences (E. J. Johnson et al., 2007; E. U. Weber et al., 1995, 2007), and associative priming and risky choice (Ludvig, Madan, & Spetch, 2015; Madan et al., 2014), implies that rich, associative memories likely support adaptive choice. Our findings confirm and extend these theoretical proposals: when deciding which lottery to play, remembering that you have previously seen a lottery (i.e., item memory) is insufficient in and of itself to make an adaptive decision. Rather, being able to retrieve specific, accurate details of the event (the lottery stimuli) and its associated outcomes (i.e., the payout the last time you gambled), allows an individual to use this information to select which lottery will optimize the highest payouts. We found this mechanism to be true for both approach and avoidance be-

havior; individuals systematically selected highly rewarding outcomes and avoided low reward outcomes. That this mechanism underpinned both approach and avoidance behavior suggests that associative memories are broadly utilized in supporting value based choice.

Previous work, however, has also demonstrated that an individual can exhibit adaptive behavior in the absence of episodic memory (Shohamy & Wagner, 2008; Wimmer & Shohamy, 2012), suggesting that other forms of memory, such as procedural memory, can also support value-based choice. Critically, these prior studies utilized paradigms where information was repeated over multiple trials, allowing individuals to incrementally learn information. Although there are times when many past experiences can collectively guide a choice, individuals must often make a decision after limited relevant experiences. Given this, we tried to capture a fairly simple decision space that would provide a robust model for how humans make decisions outside the laboratory. This perspective provided the framework for this work, where we asked individuals to rely on one past experience to guide future choice. An open question for future research is to characterize which domains of value-based decision-making rely on episodic memory.

Our results also shed light onto how individuals form memories about valuable events. While prior research has demonstrated that episodic memory is enhanced in situations in which encoding is explicitly incentivized (Adcock, Thangavel, Whitfield-Gabrieli, Knutson, & Gabrieli, 2006; Callan & Schweighofer, 2008; Shigemune, Tsukiura, Kambara, & Kawashima, 2014; Wolosin, Zeithamova, & Preston, 2012), relatively little research has investigated how individuals associate reward outcomes with items in episodic memory. In essence, do individuals have episodic memories for the value of discrete items? Here, we provide a novel characterization of associative memory, illustrating that individuals have the capacity to bind reward values to items. Critically, we find that individuals encode the discrete values of items with a high degree of accuracy, as opposed to a simplified binary value (i.e., high and low). We assayed source memory in a paradigm where participants were anticipating rewards, future work is needed to delineate the discrete contributions of reward anticipation and outcome on episodic memory.

Further, we illustrate that associative memory for stimuli and their value is highly sensitive to the context in which they are encoded. Specifically, we found that individuals interacting with others in the social condition exhibited a strong associative memory bias for the type of players they encountered. Unlike in the nonsocial domain where individuals had comparable memory for high and low rewards acquired from lotteries, in the social domain, individuals had much stronger associative memories for partners who treated them unfairly, supporting previous work that memory is asymmetrically biased for negative intent in the social domain (Bell & Buchner, 2011; Bell, Buchner, & Musch, 2010). That these tasks were matched in all aspects except for the social component provides compelling evidence that individuals more robustly encode associative memories of situations where social connections and relationships have been compromised by harmful intentions. In other words, low value offers—in the context of potentially high value offers (i.e., social intent)—have a greater lasting effect on memory. The fact that episodic memory is stronger for low values in the social domain challenges the long-held assumption that higher reward values always dictate better memory performance.

Instead, interpreting the actions of another individual can dictate when individuals incorporate reward into their representations of the environment.

Although prior work has emphasized the importance of integrating prior experiences with current task demands to guide choice (Doll et al., 2015; King-Casas et al., 2005; Shohamy & Adcock, 2010; E. U. Weber et al., 2007; Wimmer & Shohamy, 2012), rarely has research probed the specificity of episodic memory, particularly item versus associative memory, in guiding choice behavior. Across diverse contexts, our results demonstrate that individuals use rich, detailed episodic memories of prior experiences to guide value-based decision-making. Whereas classic models of value-based choice mainly focused on procedural memory, the data here provide a conceptual broadening of more nascent models of decision-making in which contextualized representations of a past experience underlie choice (Dolan & Dayan, 2013; Doll, Simon, & Daw, 2012). Further, these findings mark an important integration of episodic memory and decision-making literatures. Our findings dovetail with models of adaptive memory encoding where associative memories are specifically enhanced for valuable information to support optimal decisions in the future (Shohamy & Adcock, 2010). More mechanistic approaches, such as functional imaging and behavioral modeling, can help further unpack how episodic memory systems interact with known decision-making systems to support future choice.

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