



Recipe for: Beef Stroganoff

From: Betty Lyons

- cubed sirloin
- 1 can mushrooms
- $\frac{1}{2}$ cish flour
- $\frac{1}{2}$ to $\frac{3}{4}$ cup sour cream
- 1 can beef consomme soup

Cubie beef, coat w/ flour. Brown in buttered skillet. Add salt & pepper. Cover with soup, add extra flour. Simmer together for $\frac{1}{2}$ hour. Add mushrooms. Add sour cream at end and heat. Serve over oodles (Inn Maid). Makes: 4 servings (adult)