

## CROCK POT

Recipe Chicken Alfredo Makes 4 servings

1 large or 2 small chicken breasts  
1 15oz jar Alfredo sauce (cooked & shredded)  
 $\frac{1}{2}$  c water

$\frac{1}{2}$  t garlic pwd  $\frac{1}{2}$  t pepper  $\frac{1}{2}$  t salt

8 oz penne pasta - uncooked

2 cups mozzarella cheese shredded

$\frac{1}{4}$  c parmesan cheese

- combine Alfredo sauce, water, garlic, & SP
  - Spray Crockpot - mix sauce & pasta
  - Put half on bottom - then chicken -  $\frac{1}{2}$  of
- From the kitchen of Cheese - rest of sauce -  
rest of cheese (over)

Put parmesan Cheese on top.

*P.* Cook on low  $2\frac{1}{2}$  - 3 hr.

I serve with a salad and bread.