

Recipe for: Granola

Makes: 1 gallon

From: Sue Dellalto, Deer Valley

dry ingredients

6 c oatmeal
2 1/2 c whole wheat flour
1 c powdered milk
3 c walnuts
1 c almonds
1/2 c sunflower seeds
1 c coconut
1 dash salt

wet ingred.

1 c brown sugar
1/2 c honey
1 c oil
1 c water
1 1/2 tsp vanilla
1 1/2 tsp maple flavoring
at end: 1 c chopped dates
1 c raisins



Mix liquid ingredients. Add to dry. Put mixture on cookie sheet. Bake in oven at 250° for 2 hours; stir every 15 minutes. Add raisins and dates.