

Pt Name : MR.JITENDRA SEN

Age/sex : 52 Yrs./Male

COLLECTION DATE : 07/03/2025

Ref By. : Dr. R.G.H.S.

REC. No : 30495

COLLECTION TIME : 12:54:23AM

S. No. : 33086

REPORTING DATE : 07/03/2025

REPORTING TIME : 2:57: PM

## COMPLETE BLOOD COUNT, WHOLE BLOOD

TEST	RESULT	NORMAL VALUE
RED BLOOD CELL COUNT	5.87	H 4.5-5.5 MILL./CUMM
HB (HEMOGLOBIN)	15.80	13.00-17.00 GM%
H.C.T. (HEMATOCRIT)	45.70	40-50 %
MEAN CORPUSCULAR VOLUME	78.00	L 83 - 101
MEAN CORPUSCULAR HEMOGLOBIN	26.90	L 27 - 32
MEAN CORPUSCULAR HB CONCENTRATION	34.50	31.50-35.00
RED CELLS DISTRIBUTION WIDTH	15.00	H 11.6 - 14 %
PLATELET COUNT	3.03	1.50 - 4.10 LACS/UL
MEAN PLATELETS VOLUME	8.30	6.8-10.9 fL
PDW [ PLATELET DISCTRIBUTION WIDTH ]	13.70	10-15 %
P.C.T.	0.251	0.100- 0.500
WHITE BLOOD CELL COUNT	7500	4000 - 10000 /CUMM


## DLC (DIFFERENTIAL LEUCOCYTE COUNT)

NEUTROPHILS	55.80	40 - 80 %
LYMPHYCYTES	33.30	20 - 40 %
MONOCYTES	10.90	H 02 - 10 %

The cell morphology is well preserved for 24 hr. However after 24 hrs a progressive increase in MCV and HCT is observed leading to decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

  
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KINDLY CORRELATE THE RESULT WITH CLINICAL FINDINGS.

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## BIO - CHEMISTRY EXAMINATION REPORT

Test	Result	Normal Value
BLOOD SUGAR - (F)	: 99.60	70-110 mg/dl
<b>RENAL FUNCTION TEST</b>		
BLOOD UREA	: 19.70	17-43 mg/dl
S.CREATININE	: 1.11	0.6-1.4 mg/dl
S.URIC ACID	: 4.50	4.0-7.0 mg/dl
S.CALCIUM	: 9.30	8.4-10.2 mg/dl
C- REACTIVE PROTEIN TEST	: 0.10	0.0 TO 5.0 mg/L
INORGANIC PHOS.	: 3.64	2.1-5.6 mg/dl
S.SODIUM (Na+)	: 136.9	136-149 meq/l
S.POTASSIUM (K+)	: 4.05	3.8-5.0 meq/l
S.CHLORIDE (Cl-)	: 104.0	98-106 meq/l

  
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## GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

Test	Result	Normal Value
GLYCOSYLATED HEMOGLOBIN (HBA1C%)	5.8	Non-Diabetic < 5.7 Pre-Diabetics 5.7 - 6.4 Diabetic >= 6.5 ADA Target : 7.0 Action Suggested : > 8.0

**ESTIMATED AVERAGE GLUCOSE(EAG) 118.76 H < 116**

### INTERPRETATION(S)

GLYCOSYLATED HEMOGLOBIN, BLOOD-GLYCOSYLATED HEMOGLOBIN, BLOOD

Glycation is a non-enzymatic addition of a sugar residue to amino groups of proteins. HbA1c is formed by the condensation of glucose with an N-terminal valine residue of each beta chain of hemoglobin to form an unstable Schiff base. It is the major fraction, constituting approximately 80% of HbA1. Formation of glycated hemoglobin (GHb) is essentially irreversible and the concentration in the blood depends on both the lifespan of the red blood cells (RBC) (120 Days) and the blood glucose concentration. The GHb concentration represents the integrated values of glucose over the period of 6 to 8 weeks. GHb values are free of day-to-day glucose fluctuations and are unaffected by recent exercise or food ingestion. Concentration of plasma glucose concentration in GHb depends on the time interval, with more recent values providing a larger content than earlier values.

Interpretation of GHb depends on RBC having a normal life span. Patients with hemolytic disease or other conditions with shortened RBC survival exhibit a substantial reduction of GHb. High GHb has been reported in iron deficiency anemia.

GHb has been firmly established as an index of long-term blood glucose concentration and as a measure of the risk of development of complications in patients with diabetes mellitus. The absolute risk of retinopathy and nephropathy are directly proportional to the mean of HbA1c. URIC ACID, SERUM - Causes of increased levels.

#### \* Dietary

- High Protein intake.
- Prolonged Fasting.
- Rapid Weight Loss.

#### \* Gout

- Lesch nyhan syndrome.
- Type 2 DM.
- Metabolic Syndrome.

#### \* Cause of Decreased levels


- low Zinc Intake
- OCP'S
- Multiple sclerosis

#### \* Nutritional tips to manage increased uric acid levels

- Drink plenty of Fluids
- Limit animal proteins
- High Fibre foods
- antioxidant Rich Foods.
- Vit C intake

  
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## LIPID PROFILE [CARDIAC RISK PROFILE]

NATURE OF SAMPLE	FASTING	
TEST	RESULT	REFERENCE RANGE
CHOLESTEROL	133.00	Desirable Level : < 200.00 mg/dl Borderline High : 200-239 mg/dl High : > 240.00 mg/dl
TRIGLYCERIDES	195.20 H	Desirable Level : < 150.00 mg/dl Borderline High : 150-199 mg/dl High : 200-499 mg/dl Very High : > 500 mg/dl
CHOLESTEROL HDL (HIGH DENSITY LIPOROTEIN)	39.80	Desirable Level : > 60.00 mg/dl Optimal : 40-59 mg/dl High : < 40 mg/dl
S. LDL CHOLESTEROL (LOW DENSITY LIPOROTEIN)	54 L	Optimal : 100.00 mg/dl Near Optimal : 100-129 mg/dl Borderline High : 130-159 mg/dl High : 160-190 mg/dl Very High : > 190 mg/dl
SERUM CHOLESTEROL V.L.D.L.	39 H	< 30 mg/dl
SERUM TC/HDL RATIO	3.34 :1	Low Risk : 3.3-4.4 Average Risk : 4.5-7.1 Moderate Risk : 7.2-11.0
SERUM LDL/HDL RATIO	1.36 :1 L	Desirable Level : 0.5-3.0 Borderline Risk : 3.0-6.0 High Risk : > 6.0
SERUM TOTAL LIPIDS	604	450-750mg/dl

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## LIVER FUNCTION TEST

Test	Result	Normal Value
ASPARTATE AMINOTRANSFERASE [AST/SGOT]	29.50	0 - 35.0 U/L
ALANINE AMINOTRANSFERASE [ALT/SGPT]	27.70	0 - 45.0 U/L
S.BILIRUBIN TOTAL	0.36	0-1.2 mg/dl
S.BILIRUBIN DIRECT	0.15	0-0.3 mg/dl
S.BILIRUBIN INDIRECT	0.21	0-0.9 mg/dl
S. ALKALINE PHOSPHATASE	63.0	53-119 U/L
S.TOTAL PROTEIN	7.40	6-8.3 gm/dl
S.ALBUMIN	4.04	3.2-5.0 gm/dl
GLOBULIN	3.40	H 2.5-3.3 gm/dl
S. A/G RATIO	1.19 : 1	1-2.3

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## SPECIALISED CHEMISTRY - HORMONE

Test	Result	Normal Value
<b>THYROID PANEL, SERUM</b>		
<b>T3</b>	1.71	0.69 TO 2.15 ng/mL
<b>T4</b>	70.1	52.0 TO 127.0 ng/mL
<b>TSH 3RD GENERATION</b>	2.35	0.3 TO 4.50 uIU/mL

### Interpretation

#### \* METHOD : CHEMILUMINESCENCE ( CLIA )

#### THYROID PANEL, SERUM Triiodothyronine

T3 , is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate. Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body. Excessive secretion of thyroxine in the body is hyperthyroidism and deficient secretion is called hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3

Levels in TOTAL T4 TSH3G TOTAL T3

Pregnancy (ig/dL) (IU/mL) (ng/dL)

First Trimester 6.6 - 12.4 0.1 - 2.5 81 - 190

2nd Trimester 6.6 - 15.5 0.2 - 3.0 100 - 260

3rd Trimester 6.6 - 15.5 0.3 - 3.0 100 - 260

Below mentioned are the guidelines for age related reference ranges for T3 and T4.

T3 T4

(ng/dL) (ig/dL)

New Born: 75 - 260 1-3 day: 8.2 - 19.9

. 1 Week: 6.0 - 15.9

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.


Kindly note: Method specific reference ranges are appearing on the report under biological reference range.

Reference:

**\*\*End Of Report\*\***

  
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