

Geneviève S. Fulton, M.A., LMFT #131130, SEP

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Professional Summary

Licensed Marriage & Family Therapist (LMFT) and Mental Performance Golf Academy (MPGA)–Certified Mental Performance Coach integrating trauma-informed psychotherapy with elite-level golf psychology. Specializes in resilience, focus, and performance under pressure for professional athletes and business leaders through coaching, workshops, and multidisciplinary collaboration.

Sport Psychology & Performance Coaching

- Provide consultations to PGA Tour, LET Access Series, LPGA Epson Tour, junior golfers, and business leaders using evidence-informed, neuroscience-based goal-setting frameworks
- Facilitate custom meditation and regulation practices to optimize performance
- Collaborate with physical therapist, nutritionist, caddie, and swing coach for a PGA Tour player
- Develop academy-wide coaching content and participate in interdisciplinary team meetings

Psychotherapy Experience (Multiple Clinical Settings, 2017-Present)

- Marvin Behavioral Health (Virtual, based in Marina del Rey, CA) – 2022-Present
- Octave (Virtual, based in San Francisco, CA) – 2022-Present
- Private Practice (Hybrid), Mill Valley, CA – 2022-Present
- MindHealth (Hybrid), Oakland, CA – 2022-2023
- Dr. Randy Daron (Hybrid), Mill Valley, CA – 2020-2022
- St. Vincent's School for Boys (In-person), San Rafael, CA – 2020-2021
- Empathi Relationship Counselor (Hybrid), San Francisco, CA – 2019-2020
- Hospice by the Bay (In-person), Larkspur, CA – 2018-2019
- JFK Community Counseling Center (In-person), Oakland, CA – 2017-2018

Psychotherapy Key Responsibilities:

- Provide trauma-informed psychotherapy for individuals and couples using attachment-based, somatic, and cognitive approaches encompassing clients ranging in age from 6 to 92.
- Conduct comprehensive assessments, assign DSM-5/ICD-10 diagnoses, and develop individualized treatment plans.
- Utilize EMR platforms (AdvancedMD, SimplePractice, EPIC, TheraNest) for documentation, billing, and care coordination.
- Collaborate with multidisciplinary teams and participate in clinical consultation groups.
- Facilitated play-based grief groups for children in 1st and 2nd grade in a school setting.

Education & Certifications

Mental Performance Golf Academy Coaching Certification, Virtual – April 2025

Emotionally Focused Therapy Externship, ICEEFT, Riverside, CA – July 2019

Somatic Experiencing Trauma Institute™, SEP Certificate, Berkeley, CA – July 2019

M.A. Counseling Psychology (MFT), JFK University, Pleasant Hill, CA – June 2018

Graduate Certificate in Sport Psychology, JFK University, Pleasant Hill, CA – June 2016

B.A. Economics, Minor in Mathematics, University of Colorado, Boulder – Aug 2004

Publications

Blom, L.C., Burke, K.L., Dillard, D., **Fulton, G.S.**, Granito, V. J., Lape, J., & Sachs, M.L. (2018). Surfing the net: Using internet for success. In K.L. Burke, M.L. Sachs, & R. Tomlinson (Eds.), *Directory of graduate programs in applied sport psychology* (12th ed, pp. 384-404). Indianapolis, IN: Association for Applied Sport Psychology.

Blom, L.C., Burke, K.L., Lape, J., & **Fulton, G.S.** (2015). Online sport psychology courses. In K.L. Burke, M.L. Sachs, & S.L. Schweighardt (Eds.), *Directory of graduate programs in applied sport psychology* (11th ed, pp. 341-351). Indianapolis, IN: Association for Applied Sport Psychology.

Workshops / Media / Conferences

- Led Stress Management Workshop to PGA of Australia members and pros (2025)
- Co-led Workshop on Stress Management to 16 members of the Northern California Golf Association (2025)
- Co-led workshop on mental performance benefits and the role of mindfulness to the LPGA Epson Tour (2025)
- Led a discussion and Q&A on the importance of mental skills in elite golf with PGA Tour pro Mark Hubbard on Live Instagram (2025)
- Featured on a podcast discussing clinical approaches to healing from perfectionism, integrating somatic experiencing, cognitive-behavioral therapy, and mindfulness, based on my master's thesis research (2025)
- Led a discussion and Q&A on resiliency in elite golf with PGA Tour and DP World Tour Champion Billy Horschel on Live Instagram (2025)
- Co-Led National Sport Psychology Conference, JFK University (2015)
- Presented as an Entrepreneurial Pitch Candidate, AASP SW Conference at JFK University (2015)

Leadership, Volunteering & Special Projects

- Initiated PGA Tour of Australia ACE Credit Pipeline (2025)
- Designed and implemented a stress-management class integrating digital tools (2025)
- Trauma Psychotherapist Expert Witness Testimony, Ohio (2024)
- Co-Editor, Graduate Directory in Applied Sport Psychology (2015, 2018)
- Volunteer, Mindful Life Project; Holistic Student Union
- Vice-President, JFK University Student Body (2015)
- Initiated U.S. Ski Association Internship Pipeline at JFK University (2015)
- Coordinated Safety Awareness Initiatives with White House Representatives (2015)
- Treasurer, Rios to Rivers (2012–2019)
- Treasurer, Sport Psychology Student Association, JFK University (2014–2015)
- President, 914 Waters HOA, Aspen, CO (2009–2011)

Continuing Education

- Marianne Bentzen: Awareness Practice-Witnessing from heart, breath and spine workshop (2025)
- Marvin Behavioral Health: Proactive Client Engagement (2025)
- NBCC Certificate in Evidence-Based Psychotherapy for Care of Clinicians (2024)
- Marianne Bentzen: Meditation Neuroscience Workshop (2024)
- "On the Edge of Life" Suicide Prevention Training (2024)
- Trailiant Cybersecurity Awareness (2024)
- Swiss Education Festival (Dr. Peter Levine, Marianne Bentzen, Prof. Dr. Joachim Bauer) (2023)
- European Society for Trauma & Dissociation International Congress (2023)
- Dr. Janina Fisher: Traumatic Attachment Training (2019)
- Dr. Howard Schubiner: Chronic Pain Treatment (2020)
- Peter Levine: Somatic Experiencing for Pain (2018)

Professional Memberships, Recognition & Additional Skills

- Marquis Who's Who of America Honoree (2024)
- California Association for Marriage and Family Therapy (2018–Present)
- Integral Transformational Practice Member & Meditation Leader (2020–Present)
- Octave Behavioral Health "Encounter All-Star" (2024)
- Marvin Behavioral Health "Therapist of the Month" (2022)
- Expert Witness Services:
 - Trial/Arbitration: Half Day \$2,500 | Full Day \$5,000
 - Depositions: \$250/hour
 - Document Review: \$200/hour

Interests

- Competitive and recreational golf
- Distance and Trail Running (Hop Run, Edinburgh, UK, 2023; St. Petersburg Halfathon, FL, 2024)
- Travel Writing – Completed *The Unorthodox Vagabond* and currently editing *The Golf Archetype*

References available upon request.