Meta Analysis

Rachel Donahue, Yuli Jin, Xiang Li, Boyu Chen, Zhihui Zhang

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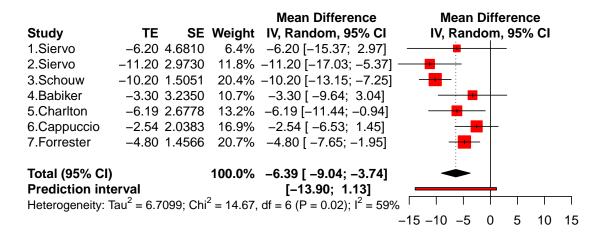
This is a report showing the results of a regenerated meta analysis on studies investigating the effects of dietary interventions on hypertension in Sub-Saharan Africa. The first table shows the studies and the data structure that fueled the underlying analysis, and included in this report are funnel plots with interpretations showing that there does not appear to be any publication bias, forest plots, bubble plots and a meta regression. The meta regression was fit with one predictor of study duration, and it has a small affect on SBP and DBP but is not significant.

Data Processing Results

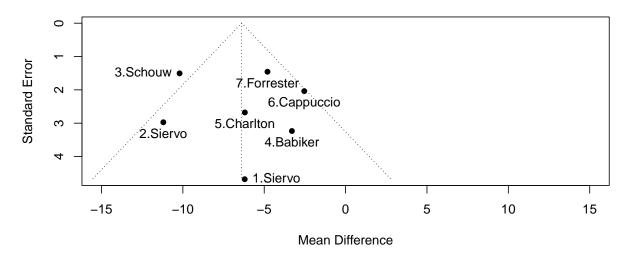
	StudyID	Author	Size	MeanDiff SBP	MeanDiff DBP	SE SBP	SE DBP	Duration M
_		G:	11		<u> </u>			
1	1	Siervo	11	-6.20	-1.800	4.6810	2.7140	2
2	1	Siervo	12	-11.20	-4.900	2.9730	1.6170	2
4	2	Schouw	137	-10.20	-3.900	1.5051	1.0204	24
5	3	Babiker	91	-3.30	-1.780	3.2350	1.9680	3
6	4	Charlton	80	-6.19	-0.595	2.6778	1.2367	6
7	5	Cappuccio	1013	-2.54	-3.950	2.0383	2.0127	6
8	6	Forrester	114	-4.80	-3.200	1.4566	1.0204	1.5

Forest & Funnel Plots

SBP Forest Plot

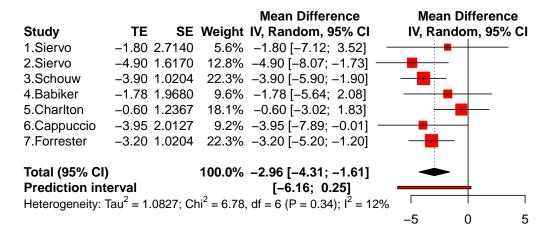


SBP Funnel Plot

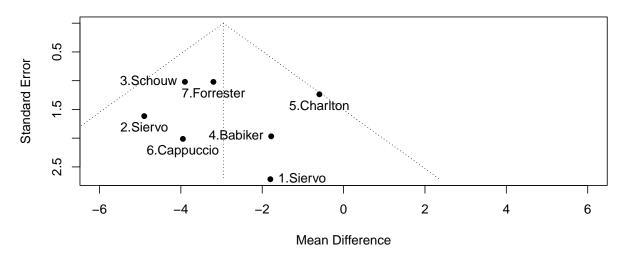


This is a fairly balanced funnel plot with an even amount of studies on either side of the mean difference line, and the studies relatively follow the expected funnel shape. The mean difference line is a negative value, which makes sense given that the studies are involving interventions to reduce SBP, it would be unlikely that there would be a study published with a positive mean difference. Overall this plot shows that there does not appear to be any publication bias.

DBP Forest Plot



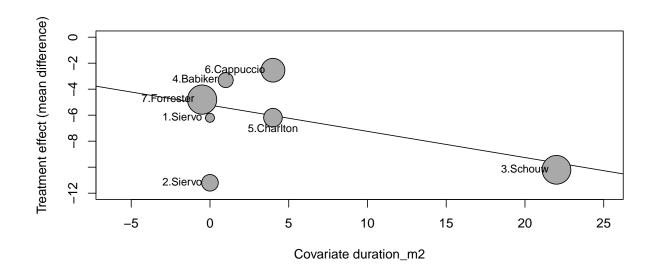
DBP Funnel Plot



Similar to SBP, this is a fairly balanced funnel plot with an even amount of studies on either side of the mean difference line, and the studies relatively follow the expected funnel shape. The mean difference line is a little higher but still negative value, it seems in one study there was a positive mean difference in DBP after intervention. Overall this plot indicates that there does not appear to be any publication bias.

Meta regression

```
##
## Mixed-Effects Model (k = 7; tau^2 estimator: SJ)
##
## tau^2 (estimated amount of residual heterogeneity):
                                                             5.8719 \text{ (SE = } 4.6832)
  tau (square root of estimated tau^2 value):
                                                             2.4232
## I^2 (residual heterogeneity / unaccounted variability): 48.46%
## H^2 (unaccounted variability / sampling variability):
                                                              1.94
## R^2 (amount of heterogeneity accounted for):
                                                             12.49%
##
## Test for Residual Heterogeneity:
## QE(df = 5) = 7.5186, p-val = 0.1848
##
## Test of Moderators (coefficient 2):
  QM(df = 1) = 1.7355, p-val = 0.1877
## Model Results:
##
##
                estimate
                               se
                                      zval
                                               pval
                                                       ci.lb
                                                                 ci.ub
                  -5.2263
                           1.5744
                                   -3.3196
                                            0.0009
                                                     -8.3120
                                                              -2.1406
##
  intrcpt
                                                     -0.5016
##
   duration_m2
                 -0.2016
                           0.1530
                                   -1.3174
                                            0.1877
                                                                0.0983
##
##
                   0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## Signif. codes:
```



```
##
## Mixed-Effects Model (k = 7; tau^2 estimator: SJ)
##
## tau^2 (estimated amount of residual heterogeneity):
                                                            1.2241 \text{ (SE = } 1.0624)
## tau (square root of estimated tau^2 value):
                                                            1.1064
## I^2 (residual heterogeneity / unaccounted variability): 32.91%
## H^2 (unaccounted variability / sampling variability):
                                                            1.49
## R^2 (amount of heterogeneity accounted for):
                                                            0.00%
## Test for Residual Heterogeneity:
## QE(df = 5) = 6.2005, p-val = 0.2872
##
## Test of Moderators (coefficient 2):
## QM(df = 1) = 0.2546, p-val = 0.6138
##
## Model Results:
##
##
                estimate
                                             pval
                                                      ci.lb
                                                               ci.ub
                              se
                                     zval
                 -2.7121
                          0.8533
                                  -3.1783
                                           0.0015
                                                   -4.3846
                                                             -1.0397
## intrcpt
                 -0.0409
                          0.0810
                                  -0.5046 0.6138
                                                   -0.1997
## duration_m2
                                                              0.1179
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
```

