

Medical Summary

Symptoms

The patient reported frequent headaches, dizziness, fatigue, and nausea. They also mentioned having occasional shortness of breath.

Treatment

The doctor prescribed Ibuprofen 600mg three times a day for the headaches and dizziness, and Furosemide 40mg once a day for the shortness of breath. The patient is advised to rest, drink plenty of fluids, and consider reducing stress levels.

Diagnostic

Based on the symptoms, the doctor has preliminarily diagnosed the patient with hypertension and possible heart failure. Further tests are required to confirm the diagnosis and rule out other potential causes.

Illness History

The patient has a history of type 2 diabetes, which has been managed with diet and exercise.

Family History

There is a family history of heart disease among the patient's father and uncle.

Social History

The patient works in a high-stress environment and has been under a lot of work-related pressure lately. They also mentioned a history of smoking occasionally.