# Optimization Methods

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# Who am I >

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Director/Founder, Altius Al Solutions Inc.

-PhD in Theoretical Physics, Germany

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#### Superpowers:

- Microsoft Azure, Data Platform Solutions
- Big data Engineering, MLOPs
- Unsupervised ML / Statistical Methods

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"If you want to master something, teach it" ... Richard P. Feynman

# Agenda

- Taming ML models
  - Issues & challenges in ML
  - Bias vs. Variance in ML
- Optimizing Loss functions:
  - Gradient descent
  - Stochastic gradient descent
- Regularization
  - L1/Lasso
  - L2/ Ridge
  - Elastic-Net/Dropout
- Demo 1

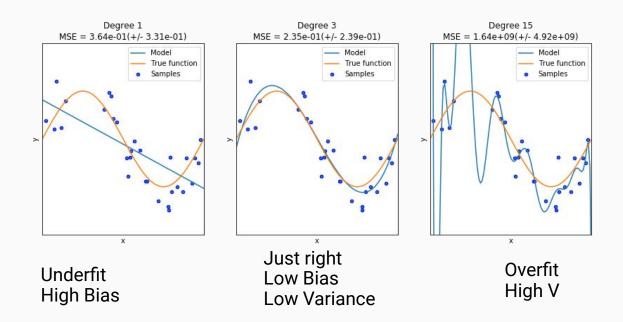


Part I

Taming ML models

### Issues & Challenges in ML 1

- Avoid overfitting and underfitting
- An over-fit model generalizes poorly: An underfit model fails to capture the general trend



## Bias & Variance | Classification

#### Bias to Variance Tradeoff

Bias (B): Inability of a model to find the true relationship between the features and the label in the training dataset. Difference between actual and predicted values

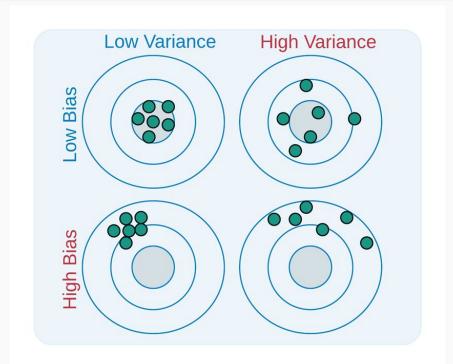
Variance (V): Sensitivity of a model to change in data. Difference between performance errors when used on different datasets

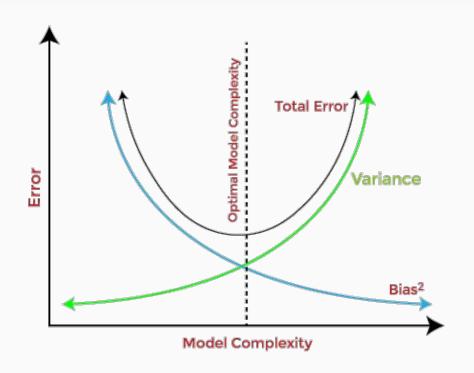
Bias and Variance Tradeoff

- •Overfit models: High V Low B
- Underfit models: Low V High B

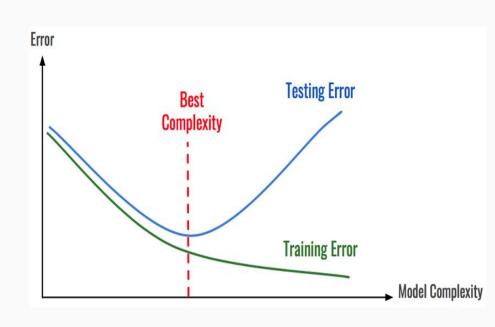
Optimal fits: Model with the right fit has a balance between bias and variance

### Bias vs. Variance contd.





- Data has two components
   components: signal (pattern) + noise
- Goal of machine learning: learn the signal, ignore the noise
- When the model is learning the noise,
   it is overfitting
- Avoid Overfitting
  - Reduce features: <u>FS/DRTs</u>
  - Reduce parameter space of fit parameters: Regularization



## Overfitting vs. Underfitting

#### Overfit models:

- a. Low performance error when used on training data
- b. High performance error when used on test/validation/unseen data
- c. Unpredictable performance (\*)
- d. More complex, have many (hyper)parameters

#### Under fit models

- a. High performance error when used on training data: High Bias
- b. High performance error when used test/validation/unseen data
- c. Consistently bad performance
- d. Simple, less parameters

Why we care about Bias/Generalizability?

## Taming ML models:

Feature Selection (See, W06D1)

- Filter methods
- Dimensional reduction

Regularization: Technique used to avoid overfitting by shrinking feature coefficients

- L1: Lasso Regressions
  - Shrinks coefficients of less important features to 0, and removes them
  - Generates simpler models
- L2: Ridge Regressions
  - Shrinks, but does not completely remove
  - Performs for models which depends on all features

Loss functions & Optimizations

# Summary

Overfitting vs. Underfitting

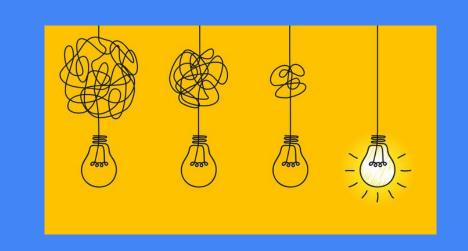
Simple vs. Complex

What is Bias & Variance?

What is error, and its relations to Bias & Variance?

Why we need regularization?

How to choose an optimal fit?



Part II

Regularization

### Loss/Cost functions: Introductions

A loss/cost function is a function that quantifies how far away the predicted values are from the actual values.

- Least/Mean squared error/L2 Loss: MSE is used for regression problems. It quantifies the difference between predicted and actual values by taking the squared difference and then averaging over all examples.
- MAE/L1 Loss: Absolute of the difference over all samples.
- Hinge loss: Classification problems e.g. support vector machines (SVMs). [convex]
- Logloss: Classification problems e.g. logistic regression. [convex]
- Huber Loss: Combination of L1/L2 loss

$$ext{MSE} = rac{1}{n} \sum_{i=1}^n (Y_i - \hat{Y_i})^2$$

$$MAE = rac{1}{2} \sum_{i=1}^{n} |\hat{y}_{i} - y_{i}|$$

# Regularization aka antidote to overfitting

- Constrain the parameter space by adding an additional loss term on the model parameters
- With this weight penalty, parameters can no longer vary freely

$$\mathcal{L}(\mathbf{X}, \mathbf{y}, \mathbf{w}) = \underbrace{V(\mathbf{X}, \mathbf{y}, \mathbf{w})}_{\text{prediction error}} + \lambda \underbrace{R(\mathbf{w})}_{\text{weight penalty}}$$

Where 
$$\lambda > 0$$

# L1/Lasso (least absolute shrinkage/selection operator)



- Uses an L1 penalty (penalizes weights based on their absolute value sum)
- In practice:
  - Prevents overfitting when there is a lot of collinearity (correlation) between the features
  - Model has reduced variance (more consistent model for small variations in the data)
  - Irrelevant features get weights of 0, instead of being used by the model to fit noise
  - Can be used for feature selection (pick the features with > 0 weight)

$$\mathcal{L}(\mathbf{X}, \mathbf{y}, \mathbf{w}) = V(\mathbf{X}, \mathbf{y}, \mathbf{w}) + \lambda |\mathbf{w}|$$

$$= V(\mathbf{X}, \mathbf{y}, \mathbf{w}) + \lambda \sum_{i=0}^{n} |w_i|$$

# L2/Ridge regression

- Uses an L2 penalty (penalizes weights based on their squared sum)
- In practice:
  - Prevents overfitting when there is a lot of collinearity (correlation) between the features
  - Model has reduced variance (more consistent model for small variations in the data)
  - Irrelevant features get small weights, instead of being used by the model to fit noise

$$\mathcal{L}(\mathbf{X}, \mathbf{y}, \mathbf{w}) = V(\mathbf{X}, \mathbf{y}, \mathbf{w}) + \lambda \mathbf{w}^T \mathbf{w}$$
$$= V(\mathbf{X}, \mathbf{y}, \mathbf{w}) + \lambda \sum_{i=0}^{n} w_i^2$$

# Elastic net regression

- Generally, we care about getting the best performance on the test set. We don't care if we do it using L1 or L2 regularization
- Elastic net uses both, each with their own λ

# Picking λ

- If  $\lambda$  is too small, we can overfit (model too complex)
- If  $\lambda$  is too large, we can underfit (model ignores prediction error)
- Like all other hyperparameters, the simplest way to pick it is to try a lot of values and see which works best when predicting unseen data (test set)

# Summary

Anti-overfitting is regularization

L1- can be used for feature selection.

L2- More useful, when all features are valuable.

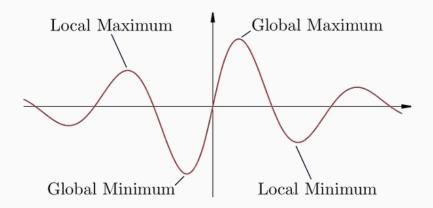
Regularization penalizes the feature /parameter space disallowing functional search space, creating simpler models

Alternatives, can be data augmentation.



## Questions?



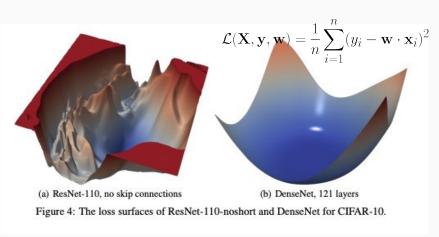


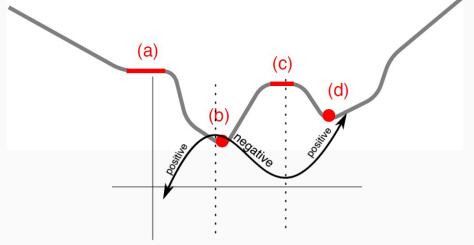
Part III
Optimizing Loss functions

### Loss functions | Contd.

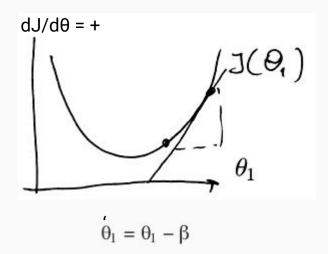
#### Properties of Loss functions

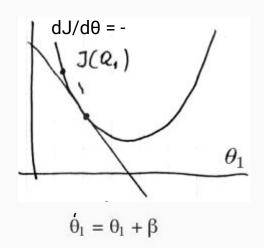
- Differentiability- MAE e.g. is non-differentiable. Differentiability is important because it allows the loss function to be minimized using gradient descent.
- Smoothness- A loss function is smooth if it changes gradually as the predicted values change.
- Convexity- Convex function guarantee 1 local minima. Easier to optimize. Loss landscapes of most complex models e..g NN's are non-convex i.e. have >1 minima \*harder to optimize\*.





### **Gradient Descent**





#### Intuition

Let's see how it works

- assuming that there's only one variable  $\theta_l$  and  $\theta_l \in \mathbb{R}$ 

$$\theta_1 = \theta_1 - \alpha \frac{d}{d\theta_1} J(\theta_1)$$

let's have a look at the partial derivative:

• 
$$\beta = \alpha \frac{d}{d\theta_1} J(\theta_1)$$

We can always use gradient descent to optimize a set of parameters, so long as the loss function is **differentiable** with respect to those parameters

#### Learning Rate

- when  $\alpha$  is too small we're taking very small steps too slow
- when  $\alpha$  is too large we're taking too big steps and may miss the minimum in this case not only may it fail to converge, but even diverge!

#### Approaching the minimum

- As we're approaching the local minimum, it takes smaller and smaller steps
- If  $\theta_1$  is at the local minimum, then  $\beta=0$  and  $\theta_1$  won't change

#### **Gradient Descent**

- 1) Initialize the parameters (e.g. randomly)
- 2) Compute the gradient of the loss function with respect to the parameters

The loss function would **increase** if we moved the parameters in the direction of this gradient

3) Move the parameters in the **opposite** direction of the gradient so that the loss function would **decrease** 

The parameters are now better because they result in a lower loss. This is the goal of training

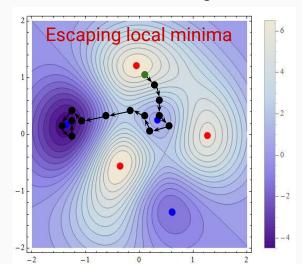
- 4) Repeat (2) and (3) several times so that the loss gradually decreases
  - **Learning rate:** Movement in gradient descent direction/update
    - Optimal setting is f(model parameters, loss function)
    - Empirically set i.e. trial & error
    - Can be annealed (changed online)
  - **Epochs:** No. of times we update the weights
    - Constant value
    - Can keep updating until loss stops decreasing (i.e. loss has converged)

### Stochastic gradient descent

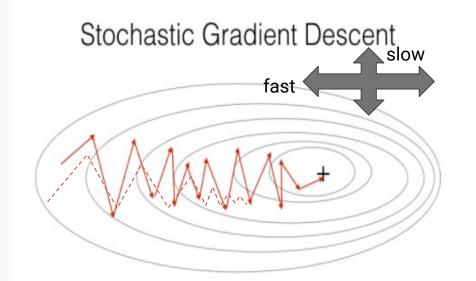
- Issues with gradient descent:
  - Computationally expensive and slow (uses the entire **X** dataset for each weight update)
  - Can get stuck in bad local minima (never goes uphill)
- Solution: stochastic gradient descent
  - Randomly select *one* data point (row in **X**) and update using its gradient
  - Results in noisy approximate of the true (full dataset) gradient

- In practice, using noisy updates converges to better solutions that are closer to the *global* 

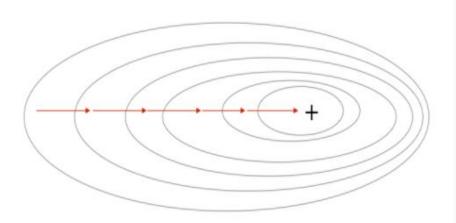
minimum (can escape bad local minima)



#### SGD vs. GD



## **Gradient Descent**



#### Algorithm: Stochastic Gradient Descent

```
Initialize \mathbf{w} (e.g. randomly)

for epoch \in nEpochs do

shuffle \mathbf{X}

for \mathbf{x}_i \in \mathbf{X} do

\mathbf{w}_{grad} = \frac{\partial}{\partial \mathbf{w}} \mathcal{L}(\mathbf{x}_i, y_i, \mathbf{w})

\mathbf{w} = \mathbf{w} - \alpha \mathbf{w}_{grad}

end

end
```

 $\alpha$  denotes the Learning Rate

#### Algorithm: Gradient Descent

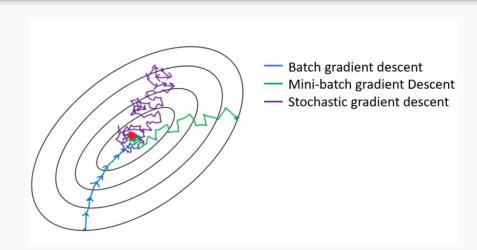
Initialize **w** (e.g. randomly) for  $epoch \in nEpochs$  do  $| \mathbf{w}_{grad} = \frac{\partial}{\partial \mathbf{w}} \mathcal{L}(\mathbf{X}, \mathbf{y}, \mathbf{w}) |$   $\mathbf{w} = \mathbf{w} - \alpha \mathbf{w}_{grad}$  end

 $\alpha$  denotes the Learning Rate

#### Mini-batch Gradient Descent

- Noise (i.e. randomness):
  - Small noise help find optimal solution by escaping local minima
  - Large noise slows training /sustained downhill progress
- Computational efficiency:
  - Big matrix multiplications OOM errors/memory overhead
  - Small matrix multiplications Time complexity bad

We often want something in between: estimate the gradient each iteration using *some*, *but not all* of the data



```
Algorithm: Mini-Batch Gradient Descent

Initialize \mathbf{w} (e.g. randomly)

for epoch \in nEpochs do

shuffle \mathbf{X}

for \mathbf{X}_{i:i+BS} \in \mathbf{X}, with i increasing by BS at a time do

\mathbf{w}_{grad} = \frac{\partial}{\partial \mathbf{w}} \mathcal{L}(\mathbf{X}_{i:i+BS}, \mathbf{y}_{i:i+BS}, \mathbf{w})

\mathbf{w} = \mathbf{w} - \alpha \mathbf{w}_{grad}

end

end

\mathbf{\alpha} denotes the Learning Rate
```

BS denotes the Batch Size

# Summary

Convexity

Learning rate

Momentum

**Epochs** 

Convergence

## Questions?



# Demo (1)

## Questions?



# Resources

Regularization Part 1: Ridge (L2) Regression - YouTube

Regularization Part 2: Lasso (L1) Regression - YouTube

Stochastic Gradient Descent, Clearly Explained!!! - YouTube

Regularization. What, Why, When, and How?

| by Akash Shastri | Towards Data Science

Loss Functions. Loss functions explanations and... | by Tomer Kordonsky | Artificialis | Medium

REGULARIZATION: An important concept in Machine Learning | by Megha Mishra |
Towards Data Science

Least squares - Wikipedia

Regularized least squares - Wikipedia

<u>Gradient Descent: 3Blue1Brown</u>

**GD** with momentum

Linear reg. With GD

# Thanks!

