

<http://users/iekeland/web/welcome.html>

$$\begin{array}{l} \dot{x}=JH'(t,x) \\ x(0)=x(T) \end{array}$$

$$\begin{array}{l} H(t,\cdot) \\ \frac{x}{t} \rightarrow \infty \\ \|x\| \rightarrow \infty \\ \dot{H}(x) \\ C^1 \\ (A_\infty,B_\infty) \\ H \\ (0,b_\infty) \\ H \\ (A_\infty,B_\infty) \\ A_\infty \\ B_\infty \\ B_\infty - \\ A_\infty \end{array}$$

$$\gamma := \text{smallest eigenvalue of } B_\infty - A_\infty \qquad (1)$$

$$\lambda := \text{largest negative eigenvalue of } J\frac{d}{dt} + A_\infty \qquad (2)$$

$$\begin{array}{l} ?? \\ \lambda + \\ \gamma < \\ 0 \\ \dot{x}=JH'(x) \\ x(0)=x(T) \end{array}$$

$$\begin{array}{l} (3) \quad \overline{x} \\ \psi(u) = \int_o^T \left[ \frac{1}{2} \left( \Lambda_o^{-1} u, u \right) + N^*(-u) \right] dt \end{array}$$

$$\begin{array}{l} (4) \quad \Lambda \\ \overline{R}(\Lambda)_L^2 \\ N(x) := H(x) - \frac{1}{2} \left( A_\infty x, x \right) \end{array}$$

$$\begin{array}{l} (5) \\ N(x) \leq \frac{1}{2} \left( (B_\infty - A_\infty) x, x \right) + c \forall x. \end{array}$$

$$\begin{array}{l} (6) \quad H'(0) = \\ 0 \\ H(0) = \\ 0 \\ \delta := \liminf_{x \rightarrow 0} 2N(x) \|x\|^{-2}. \end{array}$$

$$\begin{array}{l} (7) \quad \gamma < \\ \frac{\gamma}{\lambda} < \\ \frac{\delta}{\overline{u}} \\ \frac{\overline{u}}{\overline{x}}(t) \neq 0 \forall t. \end{array}$$

$$\begin{array}{l} (8) \quad ?? \\ \delta' > \\ \frac{\delta}{\varepsilon} > \\ 0 \\ \|x\| \leq \varepsilon \Rightarrow N(x) \leq \frac{\delta'}{2} \|x\|^2. \end{array}$$

$$\begin{array}{l} (9) \quad \eta > \\ 0 \\ f \|x\| \leq \eta \Rightarrow N^*(y) \leq \frac{1}{2\delta'} \|y\|^2. \\ (10) \end{array}$$

$$\begin{array}{l} u_1 \\ \|hu_1\|_\infty \leq \\ \eta \\ ?? \\ h \\ \psi(hu_1) \leq \frac{h^2}{2} \frac{1}{\|u_1\|^2} + \frac{h^2}{2} \frac{1}{\|u_1\|^2} \end{array}$$

$$(14) \quad \frac{T}{2\pi}b_\infty < -E\left[-\frac{T}{2\pi}a_\infty\right] < \frac{T}{2\pi}\omega$$

$$\frac{\psi}{\frac{T}{\tilde{x}}E[\alpha]}\in\frac{\alpha}{a}\leq\frac{a}{a^+}=\frac{0}{\tilde{x}}$$

$$(15) \quad \frac{T}{2\pi}b_\infty < 1 < \frac{T}{2\pi}$$

$$T\in\left(\frac{2\pi}{\omega},\frac{2\pi}{b_\infty}\right).$$

$$(16) \quad \frac{\Lambda}{\frac{2\pi}{T}+a_\infty}+\frac{\lambda}{\frac{2\pi}{T}k_o+a_\infty}+\frac{2\pi}{T}k_o+a_\infty<0\leq\frac{2\pi}{T}(k_o+1)+a_\infty.$$

$$(17) \quad k_o=E\left[-\frac{T}{2\pi}a_\infty\right].$$

$$(18) \quad \frac{\gamma}{\delta} \lambda < \frac{b_\infty - a_\infty}{-} < -\frac{2\pi}{T}k_o - a_\infty < \omega - a_\infty$$

$$(19) \quad \frac{H^2_{C^2_{2n}\backslash\{0\}}}{H''(x)}\neq\frac{0}{\tilde{x}}\frac{\psi}{T}\frac{\tilde{x}}{x+}\frac{\xi}{\xi}\in^{2n}T\frac{\cdot}{\dot{x}}=JH'(x).$$

$$(20) \quad \xi = \frac{0}{\psi(x)} \geq \frac{\psi(\widetilde{x})}{\tilde{x}} \frac{\tilde{x}}{W^{1,2}\left( /T,^{2n}\right)} \frac{i_T(\widetilde{x})}{T} \frac{\tilde{x}}{(0,T)} i_T(\widetilde{x}) = 0.$$

$$(21) \quad \frac{\widetilde{x}}{T/k}i_T(\widetilde{x})=i_{kT/k}(\widetilde{x})\geq ki_{T/k}(\widetilde{x})+k-1\geq k-1\geq 1.$$

$$(22) \quad \frac{??}{\frac{\dot{x}}{\dot{T}}}\in(2\pi\omega^{-1},2\pi b_\infty^{-1})\\x_T(0)=\frac{x_T(T)}{T}\rightarrow\frac{1}{2\pi\omega^{-1}}$$



$$\frac{Q_f}{f+2}$$