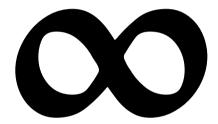
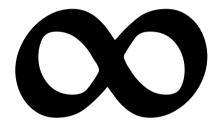
RAFAEL VALLE



FOR STRING QUARTET

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(2010 - 2013)

dur. c. 15 min

PERFORMANCE INSTRUCTIONS

On the piece

is the first piece of the Book of Meditations – a series of pieces based on the teachings of Kriya yoga and meditation practices. It was written after three days of fasting and meditation: the perception of time gradually changes, until one looses the sense of past and future. Once this state of mind is achieved and the intellectual mind is put to rest, one has the chance to contemplate fine nuances of our inner self, one becomes free.

In this sense, the dilation of time and its effect on our perception are used in the piece to enhance the nuances in sound and the many perceptions of time itself.

Tempo markings

The slow tempos in the piece require a peace of mind rarely seem nowadays. In that sense, the performers are allowed to proportionally modify the tempi in 20% (+/-) to better suit their own state of mind.

Improvised section

This section of the piece should resemble an aggressive and chaotic processed loop of the individual voices in their entirety.

To expand the musical gestures to body sounds and gestures, it is highly suggested that the performers breathe and move their bodies intensively according to each musical gesture performed.

The *perdendosi sino* ∞ must be as gradual as possible and take as much time as needed. It is suggested that the players breathe according to the taps of the foot during this *perdendosi*. If inner ∞ is achieved, savor the moment.

Amplification and Performance space

The use of amplification to amplify the many noisy sounds present in the piece and disembody sound is accepted. If the piece is not performed in a resonant space, the use of digital reverb to simulate such a space is more than welcome.

NOTATION

Clefs



The bridge clef is used to indicate the point of contact of the bow on the instrument. Lines or noteheads specify the position or horizontal movement of the bow. traditional bow direction notation is used to specify the vertical movement.

The combination of the two yields an oblique motion.

Bow Position

ST sul tasto

mST molto sul tasto

SP sul ponticello

mSP molto sul ponticello

On top of the bridge

Behind the bridge, on the strings

Pressed bowing on the cloth binding the strings

Bow Pressure

Increased bow pressure

flaut. Hasty bowing with extremely light bow pressure

ΠΠΠ At the frog with maximal bow pressure and extremely restrained bowing. Sound obtained resembles

a dry perforated rattling

Other actions with the bow

l.t. col legno tratto

l.b. col legno battuto

balzando Bouncing of the bow on the strings by its own weight

Contact point of the bow indicated as pitch. Used with col legno battuto and bow tip

Pizzicati

Bartók Pizzicato

b.t. Bow tip

t.s. Tension Screw

Harmonics

o Natural harmonic

n.h. Non harmonic

❖ Artificial harmonic

(\$\iff \text{ The bottom note (non harmonic) is to be played and the position of the bow should be used to

emphasize the specified harmonic.

Traditional Vibrato

s.v senza vibrato

p.v poco vibrato

c.v con vibrato

m.v molto vibrato

Vertical Vibrato

Rub the string vertically against the fingerboard to produce noise.

p.v.v poco vibrato verticale

c.v.v con vibrato verticale

m.v.v molto vibrato verticale

Other

I II III IV

Strings to be played

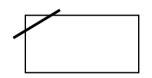
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Gradual transition from one manner of playing to another.

From fast tremolo to steady note and vice versa.

-ф-

Damp strings, local alteration.



Use notes in box to improvise fast rhythms, regarding the indicated dynamics and manner of playing.

Accidentals

4

1/4 tone lower

1/4 tone higher

b

1/2 tone lower

#

1/2 tone higher

4

3/4 tone lower

#

3/4 tone higher



...and that can only be when we see the one self in us seated above Nature and make our individual being one with it in being and consciousness and in its individual nature of action only an instrument of a supreme Will, the one Will that is really free.

Sri Aurobindo



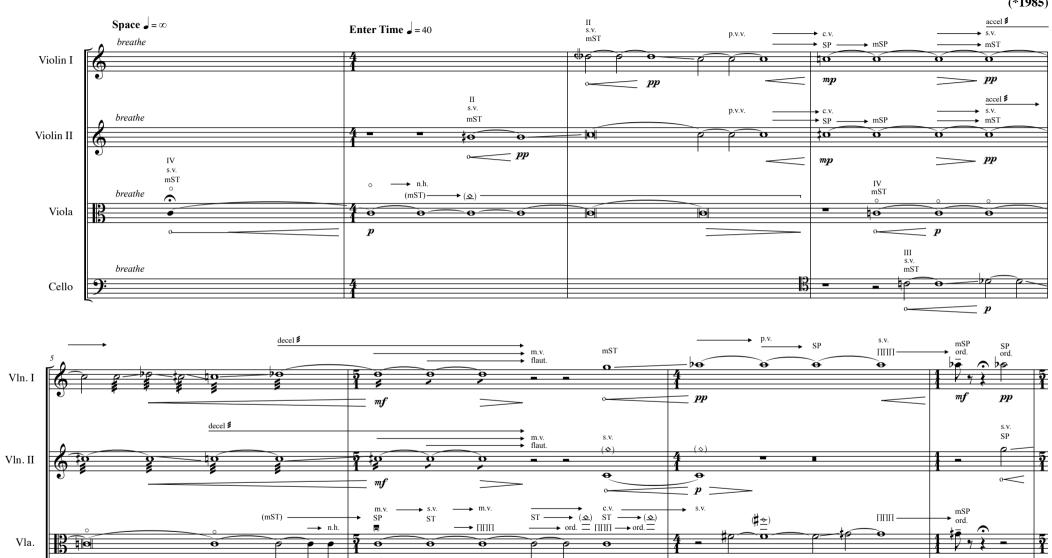
Rafael Valle (*1985)

mf

mSP

mf

(s.v.) ∏∏∏



mf

accel 🛢

8va_____



