

Topic: Cybersecurity Fundamentals and Best Practices
Category: Security
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CONTENT:

CYBERSECURITY OVERVIEW:

Cybersecurity refers to the practice of protecting systems, networks, programs, and data from digital attacks. These attacks typically aim to access, change, or destroy sensitive information, extort money, or interrupt normal business processes.

CIA TRIAD (FUNDAMENTAL PRINCIPLES):

1. CONFIDENTIALITY:

- Ensuring information is not disclosed to unauthorized individuals
- Techniques: Encryption, Access Controls, Authentication
- Breach Examples: Data leaks, unauthorized access

2. INTEGRITY:

- Maintaining accuracy and completeness of data
- Techniques: Hashing, Digital Signatures, Checksums
- Breach Examples: Data tampering, unauthorized modifications

3. AVAILABILITY:

- Ensuring information is accessible when needed
- Techniques: Redundancy, Backups, DDoS Protection
- Breach Examples: Denial of Service attacks, ransomware

SECURITY THREAT LANDSCAPE:

1. MALWARE CATEGORIES:

- Viruses: Self-replicating code attaching to clean files
- Worms: Self-replicating across networks
- Trojans: Malware disguised as legitimate software
- Ransomware: Encrypts files and demands payment
- Spyware: Secretly monitors user activity
- Adware: Displays unwanted advertisements
- Rootkits: Grants remote control while hiding presence

2. ATTACK VECTORS:

- Phishing: Deceptive emails to steal credentials
- Social Engineering: Manipulating people to disclose information
- SQL Injection: Exploiting database vulnerabilities
- Cross-Site Scripting (XSS): Injecting malicious scripts
- Man-in-the-Middle (MitM): Intercepting communications
- Zero-Day Exploits: Attacks on unknown vulnerabilities

3. ADVANCED PERSISTENT THREATS (APTs):

- Long-term targeted attacks
- Sophisticated techniques and resources
- Often state-sponsored or organized crime

NETWORK SECURITY:

1. FIREWALL TECHNOLOGIES:

- Packet Filtering: Examines packet headers
- Stateful Inspection: Tracks connection state
- Next-Generation Firewalls (NGFW): Application awareness
- Web Application Firewalls (WAF): Protects web apps

2. INTRUSION DETECTION/PREVENTION SYSTEMS:

- IDS: Monitors and alerts on suspicious activity
- IPS: Actively blocks malicious activity
- Types: Network-based (NIDS/NIPS), Host-based (HIDS/HIPS)

3. VIRTUAL PRIVATE NETWORKS (VPNs):

- Secure remote access
- Encryption protocols: IPsec, OpenVPN, WireGuard
- Split tunneling vs full tunneling

IDENTITY AND ACCESS MANAGEMENT (IAM):

1. AUTHENTICATION METHODS:

- Single Factor: Password only
- Two-Factor Authentication (2FA): Password + something else
- Multi-Factor Authentication (MFA): Multiple factors
- Passwordless Authentication: Biometrics, security keys

2. ACCESS CONTROL MODELS:

- Discretionary Access Control (DAC): Owner decides
- Mandatory Access Control (MAC): System decides
- Role-Based Access Control (RBAC): Roles determine access
- Attribute-Based Access Control (ABAC): Attributes determine access

3. PRIVILEGED ACCESS MANAGEMENT (PAM):

- Just-In-Time access
- Session recording and monitoring
- Password vaulting

CRYPTOGRAPHY FUNDAMENTALS:

1. SYMMETRIC ENCRYPTION:

- Same key for encryption and decryption
- Algorithms: AES (128, 192, 256-bit), DES, 3DES, Blowfish
- Fast but key distribution challenge

2. ASYMMETRIC ENCRYPTION:

- Public/private key pairs
- Algorithms: RSA, ECC, Diffie-Hellman
- Digital signatures, key exchange

3. HASH FUNCTIONS:

- One-way functions for data integrity
- Algorithms: SHA-256, SHA-3, MD5 (deprecated)
- Password hashing with salts

4. DIGITAL CERTIFICATES:

- X.509 standard
- Certificate Authorities (CAs)
- Public Key Infrastructure (PKI)

CLOUD SECURITY:

1. SHARED RESPONSIBILITY MODEL:

- Cloud Provider: Security OF the cloud
- Customer: Security IN the cloud
- Varies by service model (IaaS, PaaS, SaaS)

2. CLOUD SECURITY BEST PRACTICES:

- Identity Federation
- Encryption at rest and in transit
- Network segmentation and security groups
- Continuous compliance monitoring

3. CLOUD SECURITY POSTURE MANAGEMENT (CSPM) :

- Continuous assessment of security settings
- Misconfiguration detection
- Compliance monitoring

SECURITY OPERATIONS (SecOps) :

1. SECURITY INFORMATION AND EVENT MANAGEMENT (SIEM) :

- Centralized log collection and analysis
- Real-time monitoring and alerting
- Tools: Splunk, QRadar, ArcSight, ELK Stack

2. SECURITY ORCHESTRATION, AUTOMATION, AND RESPONSE (SOAR) :

- Automated incident response
- Playbook execution
- Tools: Phantom, Demisto, Swimlane

3. THREAT INTELLIGENCE:

- Indicators of Compromise (IoCs)
- Threat feeds and intelligence platforms
- Threat hunting and analysis

INCIDENT RESPONSE FRAMEWORK:

1. PREPARATION:

- Incident response plan
- Communication plan
- Tools and resources

2. DETECTION AND ANALYSIS:

- Identifying incidents
- Determining scope and impact
- Triage and prioritization

3. CONTAINMENT, ERADICATION, AND RECOVERY:

- Isolating affected systems

- Removing malicious components
 - Restoring normal operations
4. POST-INCIDENT ACTIVITY:
- Lessons learned
 - Improving security controls
 - Legal and regulatory reporting

COMPLIANCE AND REGULATIONS:

1. MAJOR REGULATIONS:
 - GDPR: European data protection
 - HIPAA: Healthcare data protection (US)
 - PCI DSS: Payment card security
 - SOX: Financial reporting (US)
 - CCPA: California privacy law
2. SECURITY FRAMEWORKS:
 - NIST Cybersecurity Framework
 - ISO 27001/27002
 - CIS Controls
 - COBIT

EMERGING THREATS AND TRENDS:

1. ARTIFICIAL INTELLIGENCE IN SECURITY:
 - AI-powered threat detection
 - Automated response systems
 - Adversarial machine learning
2. QUANTUM COMPUTING THREATS:
 - Breaking current encryption
 - Post-quantum cryptography
 - Quantum key distribution
3. SUPPLY CHAIN ATTACKS:
 - Software dependencies
 - Third-party vendor risks
 - SolarWinds-type attacks
4. INTERNET OF THINGS (IoT) SECURITY:
 - Device vulnerabilities
 - Network segmentation
 - Firmware updates

CAREER PATHS IN CYBERSECURITY:

- Security Analyst
- Penetration Tester/Ethical Hacker
- Security Engineer/Architect
- Incident Responder
- Security Consultant
- Chief Information Security Officer (CISO)

SECURITY CERTIFICATIONS:

- CompTIA Security+
- CISSP (Certified Information Systems Security Professional)
- CEH (Certified Ethical Hacker)
- CISM (Certified Information Security Manager)
- OSCP (Offensive Security Certified Professional)

This comprehensive document covers essential cybersecurity knowledge for building secure systems and protecting against modern threats.