

****Patient Information****

Name: Robert Smith

Patient ID: RS45678

Age: 60

Gender: Male

Date of Report: August 15, 2025

Consulting Cardiologist: Dr. Laura Nguyen

****Reason for Consultation:****

Patient referred for evaluation of chest pain and palpitations.

****History:****

- Past Medical History: Hypertension (diagnosed 2018), Type 2 Diabetes (diagnosed 2020).
- Medications: Lisinopril 20 mg daily, Metformin 500 mg twice daily.
- Social History: Non-smoker, occasional alcohol, sedentary lifestyle.
- Symptoms: Intermittent chest pain (2-3 times/week, relieved by rest), palpitations.

****Physical Examination:****

- Vitals: BP 140/90 mmHg, HR 80 bpm, RR 16/min, SpO2 98%.
- Cardiac: Regular rhythm, no murmurs or gallops.
- Lungs: Clear to auscultation.
- Extremities: No edema.

****Diagnostic Tests:****

- ECG: Normal sinus rhythm, no ST-segment changes.
- Echocardiogram: Left ventricular ejection fraction 55%, mild hypertrophy.
- Stress Test: Scheduled for August 20, 2025.

****Assessment:****

- Chest pain likely non-cardiac (possible musculoskeletal or GI etiology).
- Palpitations may be related to anxiety or arrhythmia; further evaluation needed.
- Uncontrolled hypertension noted.

****Plan:****

1. Optimize BP control: Increase lisinopril to 40 mg daily.
2. Order Holter monitor to evaluate palpitations.
3. Recommend stress test to rule out ischemic heart disease.
4. Counsel on lifestyle: low-sodium diet, regular exercise.
5. Follow-up in 4 weeks or sooner if symptoms worsen.