



# **Be Kind Rewind Leg Warmers**

By Brenda K. B. Anderson



Thanks to balletcore and TikTok, leg warmers are back in style, but to be honest I've never stopped wearing them. When you wear skirts year-round in a cold climate- it just makes sense to layer up! Whether you wear them for style or for practicality, these fun leg warmers will keep you and the kids warm through the winter. Quick to make, and easy to customize, this pattern relies on the linked double crochet stitch for a flat, stretchy fabric without gaps between stitches.

## **Sizes**

This pattern is graded for sizes 1 (2, 3, 4, 5) (6, 7, 8, 9, 10) and were designed to fit ages 3-5years (6-7years, 8-10years, tween, teen/adult S) (adult M, adult L, adult XL, adult 2X, adult 3x).

# **Finished Measurements**

Finished circumference of leg warmers: 8 (9, 10, 11, 12) (12.75, 13.75, 14.75, 15.75, 16.75)" to fit calf size of 9 (10, 11, 12, 13) (14, 15, 16, 17, 18)"

**Note:** choose a size that measures 1-1.5" smaller than calf circumference.

**Finished length of leg warmers:** 14.5 (16, 18.5, 20, 21) (21, 21, 21, 22, 22)"

**Note:** these leg warmers are extra-long and meant to be worn bunched around calves or pulled up onto knees, but are easily customized.

## **Materials**

- Approximately 216 (251, 340, 363, 439) (494, 520, 572, 644, 700) yds [198 (230, 311, 332, 401) (452, 475, 523, 589, 640) m] worsted weight yarn (CYCA#4), preferably an acrylic, wool, or acrylic-wool blend
- US H/8 [5.0mm] crochet hook or size needed to obtain gauge
- Locking stitch marker
- · Yarn Needle
- Optional: 1 yd [1m] of cord elastic to help top edge keep its shape



#### **Abbreviations**

**Blp** = back loop

Ch(s) = chain(s)

**ESC =** extended single crochet

(see notes)

Extended Single Crochet decrease =

ESC2tog (see notes)

**FPdc =** Front Post Double Crochet

(see notes)

**LDC** = Linked Double Crochet

(see notes)

Rnd(s) = round(s)

SI st = slip stitch

St(s) = stitch(es)

**YO =** yarn over



# **Yarn Used for Leg warmers Shown**

We Crochet Brava Stripe (worsted weight, 100% Acrylic; 218 yards [200m]/ 3.5 oz [100 grams]: Laguana #29616, OR Buttercream #29615, OR Orchid #29612; 2 (2, 2, 2, 3) (3, 3, 3, 4, 4) skeins.

## Gauge

Follow directions to create Top Ribbing, and a few rounds of LDC stitch pattern. Compare to circumference measurement, and/or try on to check fit before continuing. Stitch gauge is much more important than row gauge in this pattern.

15 sts and 10 rnds = 4" in FPDC, ESC ribbing pattern worked in the round. 15 sts and 6.25 rnds = 4" in LDC worked in the round

## **Notes**

Leg warmers are worked in the round from the top down in continuous rounds without joining. Leg warmers are easy to customize; simply work more rounds for a longer leg warmer, or fewer rounds for a shorter leg warmer. This will change yarn requirements. Be sure to watch the video tutorial on the Creative Crochet Corner for tips.

## **Special Stitches**

**Extended Single Crochet (ESC):** Insert hook into next st, yo and pull up loop, yo and pull through just one loop, yo and pull through two loops.

**Extended Single Crochet decrease (ESC2tog):** Insert hook under front loop of next st, insert hook under both loops (as normal) of following st, yo and pull up loop, (through both sts) yo and pull through just one loop, yo and pull through two loops. 1 decrease made. Note: this decrease is only used for certain sizes.

**Front post Double Crochet (FPdc):** Yo, insert hook from front to back, in space just before the post of the next stitch, then from back to front in space just after post of same stitch, yo, bring loop around the back of the post to the front, yo, pull through two loops, yo and pull through last two loops.

### **Linked Double Crochet (LDC)**

**To make a LDC when previous stitch is a DC:** Locate the diagonal bar that sits on the lower front of the DC stitch that was just made. Insert hook from right to left through this diagonal bar (or left to right if left-handed) yo and pull up loop (2 loops now on hook), insert hook into next st, yo and pull up loop (three loops now on hook), [yo and pull through 2 loops] twice. 1 LDC made.

**To make a LDC when previous stitch is a LDC:** insert hook from top to bottom through the horizontal bar in the previous st, yo and pull up loop (2 loops now on hook), insert hook into next st, yo and pull up loop (three loops now on hook), [yo and pull through 2 loops] twice. 1 LDC made.



**Linked Double Crochet through the back loop (LDC Blp):** insert hook from top to bottom through the horizontal bar in the previous st, yo and pull up loop (2 loops now on hook), insert hook into the back loop of next st, yo and pull up loop (three loops now on hook), [yo and pull through 2 loops] twice. 1 LDC Blp made.

## Instructions

#### **Top Ribbing:**

Cut a piece of yarn that measures about 2 (2, 2, 2, 2.5, 2.5) (2.5, 3, 3, 3) yds. Hold this strand of yarn together with the strand from the skein of yarn (it looks best if these pieces of yarn are similar in color). Using both strands, ch 24 (26, 30, 32, 36) (38, 40, 44, 46, 50), drop shorter strand and continuing with only one strand, make one more chain. 25 (27, 31, 33, 37) (39, 41, 45, 47, 51) chs total.

**Set-up Row:** Beginning with the second ch from hook and working into the bottom of the ch, 1 ESC into each st across, place stitch marker in first st of row. 24 (26, 30, 32, 36) (38, 40, 44, 46, 50) sts.

**Rnd 1:** Being careful not to twist first row, bring marked st next to st just worked, to begin working in spiral rounds. FPdc into marked st, [ESC in next st, FPdc in next st] around until one st remains, ESC in last st. Use stitch marker to keep track of beginning of rnds.

**Rnds 2-3 (2-3, 2-4, 2-4, 2-5) (2-5, 2-5, 2-5, 2-6, 2-6):** [FPdc into next st, Esc into following st] around. Do not fasten off.

#### **Body of Leg warmer**

#### Sizes 1(3, 5, 6, 8, 10):

Rnd 1: DC in next st, LDC into each st to end of rnd.

#### Sizes 2 (4, 7, 9):

**Rnd 1:** DC in next st, LDC in same st, LDC into each st to end of rnd. 1 st increased, 27 (33, 41, 47) sts.

#### All sizes:

**Rnds 2-20 (2-22, 2-25, 2-27, 2-28) (2-28, 2-28, 2-28, 2-29, 2-29):** LDC Blp into each st around. Work more or fewer rnds here to change the length of leg warmer. Do not fasten off.

#### **Bottom Ribbing**

#### Sizes 1(3, 5, 6, 8, 10):

**Rnds 1-3 (1-4, 1-5, 1-5, 1-5, 1-6):** [FPdc into next st, Esc into following st] around.



#### Sizes 2 (4, 7, and 9):

**Rnd 1:** FPdc in next st, ESC2tog, [FPdc in next st, ESC in following st] to end. 1 st decreased, 26 (32, 40, 46) sts.

Rnds 2-3, (2-4, 2-5, 2-6): [FPdc into next st, Esc into following st] around.

#### All Sizes:

Rnd 4 (4, 5, 5, 6) (6, 6, 6, 7, 7): Do not fasten off. Cut working yarn, leaving a 2 yd yarn tail. Hold ending tail together with strand connected to skein. Holding both strands together as one, sl st in the back loop of each st around.

Fasten off.

#### **Finishing**

Use beginning yarn tail to sew gap in ribbing at foundation edge. Weave in ends, block.

**Optional:** Use a yarn needle to thread cord elastic through the inside loops of the foundation chain as shown in the photo below. Adjust to desired circumference, tie ends in a tight knot and weave in tails.





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