

# Digital Care

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# Contents

<b>Introduction</b>	<b>3</b>
<b>1 Chapter 1</b>	<b>4</b>
1.1 Introduction . . . . .	4
1.2 Digital Care App Requirements . . . . .	4
1.2.1 Functional Requirements . . . . .	4
1.2.2 Non-Functional Requirements . . . . .	4
1.3 Digital Care Task . . . . .	5
1.4 Conclusion . . . . .	5
<b>2 Chapter 2</b>	<b>6</b>
2.1 Introduction . . . . .	6
2.2 Program Purpose . . . . .	6
2.3 Survey Based on Asking Some Questions to People . . . . .	6
2.3.1 How to Improve the Program . . . . .	8
2.4 Similar Applications . . . . .	8
2.4.1 Teladoc Health . . . . .	8
2.5 Conclusion . . . . .	9
<b>3 Chapter 3</b>	<b>10</b>
3.1 Introduction . . . . .	10
3.2 Application Design . . . . .	10
3.2.1 Use Case Diagram . . . . .	10
3.2.2 Flowchart Diagram . . . . .	10
3.3 Conclusion . . . . .	10
<b>Conclusion</b>	<b>13</b>
<b>References</b>	<b>14</b>

## Introduction

Telemedicine is part of the digital revolution in healthcare, utilizing communication technologies to provide remote healthcare services without the need for both the patient and the healthcare provider to be in the same location. This broad field includes various technologies such as video consultations, remote patient monitoring using sensors, and secure online exchange of medical information.

The main goal of these applications is to improve access to healthcare, particularly in remote areas or those with limited medical services. They also play a crucial role in saving time and resources, facilitating diagnosis and treatment, and providing efficient follow-up for chronic conditions. For example, telemedicine technologies were widely used during the COVID-19 pandemic to deliver healthcare while minimizing the risk of infection.

The primary benefits of these applications include improving the efficiency of care delivery, increasing access to healthcare services, and reducing dependence on the traditional medical system. However, there are some challenges, such as the need to train both doctors and patients to use the technology, and ensuring the security and privacy of transmitted health data.

# 1 Chapter 1

## 1.1 Introduction

This chapter outlines the essential requirements necessary for the development and implementation of any application, categorized into functional and non-functional requirements.

Functional requirements focus on the core features and tasks the system must perform to meet user needs, such as user registration, scheduling, and ensuring secure data handling.

On the other hand, non-functional requirements address the overall quality and performance of the system, including ease of use, security, availability, and system performance.

Additionally, this chapter defines the key tasks necessary for ensuring the system's functionality and usability, such as providing consultations, managing system availability, and offering technical support.

These aspects ensure that the application operates smoothly while delivering a positive user experience.

## 1.2 Digital Care App Requirements

### 1.2.1 Functional Requirements

**Providing Remote Medical Consultations** The system must allow users to obtain medical consultations via phone or video.

**User Registration** The system must include an interface for registering new users and storing their personal information.

**Appointment Scheduling** The system must enable users to schedule appointments according to their schedules.

**Providing Reliable Medical Information** The system must include a library of medical information to help users understand their symptoms.

**Improving Communication between Patients and Doctors** The system must provide effective means of personal communication between patients and doctors.

**Providing Continuous Support for Common Health Problems** The system must allow users to receive continuous support for common health problems.

**Securing Personal Data** The system must include mechanisms to protect users' health information and personal data.

### 1.2.2 Non-Functional Requirements

**Ease of Use** The system must be user-friendly, with a simple and straightforward user interface.

**Security and Privacy** The system must include a strong security system to protect user data and ensure privacy.

**Availability** The system must be available 24/7 to meet users' needs at any time.

**Cost** The cost of the services should be reasonable, with subscription options suitable for students and low-income groups.

**Performance** The system must be able to handle a large number of users simultaneously without affecting performance.

**Technical Support** Technical support must be available to assist users with any issues they may encounter while using the system.

### 1.3 Digital Care Task

**Consultations** Allow users to obtain medical consultations via phone or video.

**System Availability** Ensure the system is available 24/7 to meet users' needs at any time.

**Cost Management** Provide affordable service options with flexible subscription models.

**Medical Information Library** Provide access to a library of reliable medical information to help users understand their symptoms.

**Data Security** Ensure secure handling of users' health information and personal data.

**Technical Support** Provide technical support to assist users with any issues they may encounter while using the system.

### 1.4 Conclusion

In conclusion, this chapter has outlined the critical functional and non-functional requirements necessary for the effective operation of the digital care app.

Key functions such as remote consultations, appointment scheduling, and data security are essential to meet user needs. Additionally, non-functional aspects like ease of use, availability, and system performance ensure a seamless and secure user experience.

The defined tasks further support the app's usability, ensuring it remains accessible and reliable for all users.

## 2 Chapter 2

### 2.1 Introduction

This chapter provides an overview of the purpose, problems addressed, and needs fulfilled by the digital care program.

It explores how the program facilitates access to healthcare through a digital platform, solving key challenges such as difficulty in reaching hospitals, long waiting times, and concerns about infection. Additionally, the chapter highlights the results of a survey conducted among students, offering insights into their preferences and concerns regarding virtual medical consultations.

It also discusses potential improvements to enhance the program's effectiveness, focusing on better communication, security, and ease of use. Furthermore, the chapter compares similar applications, such as Teladoc Health, emphasizing the strengths and limitations of these platforms in offering remote medical consultations.

### 2.2 Program Purpose

#### Problems it Solves

**Inability to Access Healthcare** Some people face difficulty in reaching hospitals due to lack of transportation or long distance.

**Long Waiting in Queues** Waiting for a long time to obtain medical advice is a major challenge for patients.

**Concern about Infection** Some may avoid going to the hospital due to infection.

#### Needs it Addresses

**Providing Immediate Remote Medical Consultations** Providing immediate remote medical consultations to patients.

**Continuous Support for Common Health Problems** Continuous support for common health problems without having to visit hospitals.

**Access to Reliable Medical Information** Access to reliable medical information to help them understand their symptoms.

### 2.3 Survey Based on Asking Some Questions to People

We conducted a survey of students to collect their opinions about this program and the result was as follows:

Based on the survey results, several points emerge about the importance of the program and improving program implementation.

The reasons that make students prefer virtual consultations vary between ease of access (41.2%), not needing to move (35.3%), in addition to infection concerns.

The conclusion shows that most students consider virtual medical consultations important, as 52.9% feel that the presence of the program is very important and effective.

Among the important advantages that students expect are ease of use (50%) and reducing costs (16.7%). These points indicate that the program can attract more users if it focuses on simplifying the process and providing lower costs compared to going to hospital.

The most common concerns are the lack of personal communication with the doctor (47.1%), and concerns related to privacy and information security (29.4%). These concerns must be addressed by providing data protection and providing effective means of communication that allow the patient to feel comfortable.

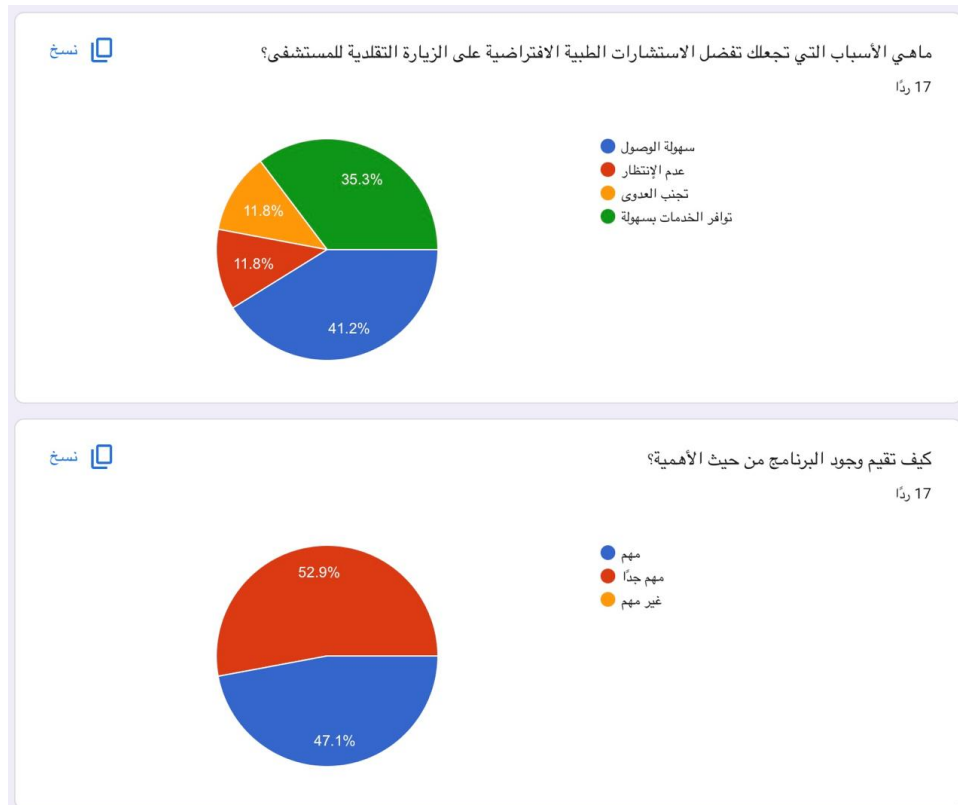


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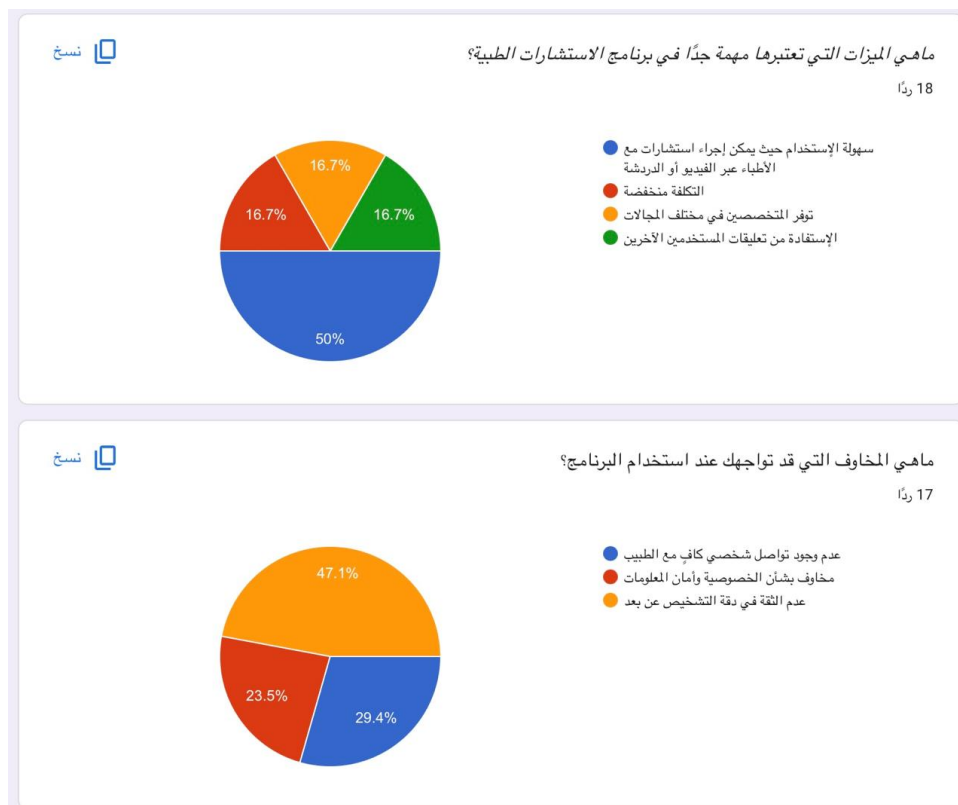


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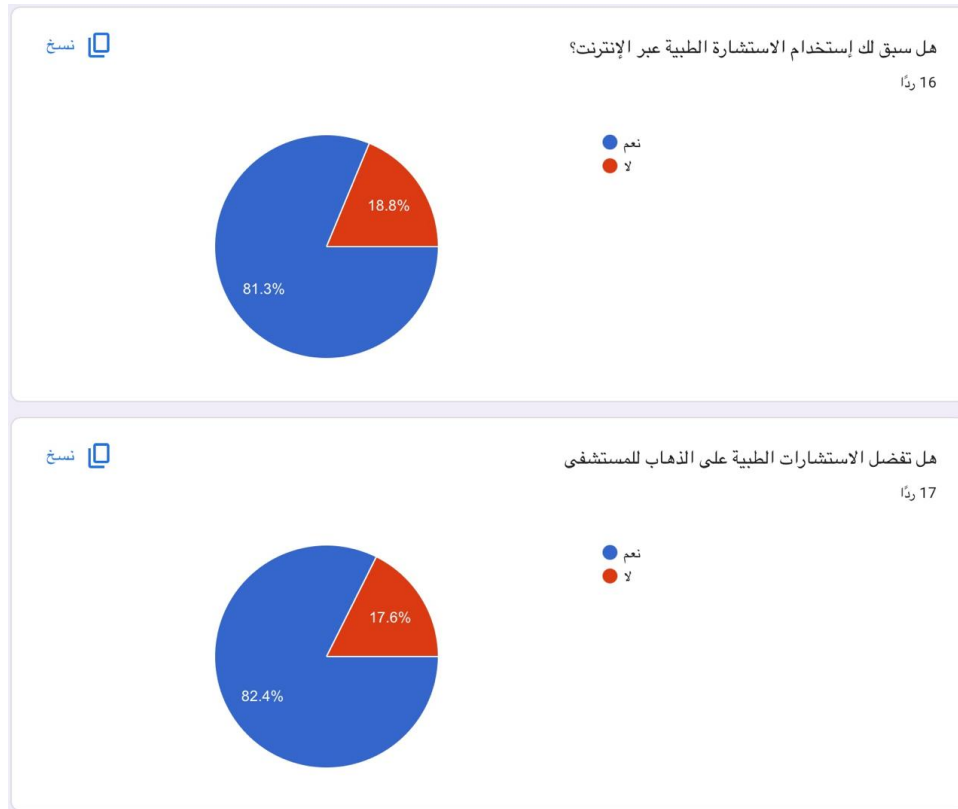


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### 2.3.1 How to Improve the Program

**Improve Communication between Patients and Doctors** Provide effective ways of personal communication so that the patient feels comfortable and reassured.

**Enhance Protection and Security** Provide a strong security system that protects users' health information and personal data.

**Ease of Use** Ensure that the system is easy to use, and provide users with a guide on how to use it effectively.

## 2.4 Similar Applications

There is a similar program for digital care:

### 2.4.1 Teladoc Health

**Advantages** Provides medical consultations via phone or video. Available 24 hours a day.

**Disadvantages** The cost of services may be high for some users. Lack of specialists in all health fields.

Teladoc Health	Digital Care	In Terms of
Phone or video consultations with professional doctors	Instant remote medical consultations	Services provided
Special services including mental health, dentistry, and other medical services	Support for common health problems	



Provides archives of health problems and the ability to communicate with specialist doctors	Providing reliable medical information	
Saves patient waiting time by providing instant consultations	Lack of access to health care	Problems it solves
Addresses challenges related to accessing care in isolated areas	Long waiting times for consultations	
Provides medical support to patients who are afraid to go to hospitals	Concern about infection, especially during epidemics	
Simple and easy to use interface but may require some initial registration	Focuses on facilitating appointments and consultations according to the user's schedule	Ease of use
Service costs may vary and often require subscriptions	It can be more financially convenient for students or low-income groups because it is low cost	Cost

## 2.5 Conclusion

In summary, this chapter emphasizes the crucial role that digital care programs play in delivering accessible, convenient, and fast healthcare services.

Survey results show strong support for virtual consultations, with students highlighting the importance of ease of access, lower costs, and addressing infection concerns.

However, improving communication between patients and doctors, along with enhancing data security, remains essential to addressing user concerns.

By focusing on these improvements, the program can boost user satisfaction and broaden its impact.

Furthermore, comparing similar platforms like Teladoc Health demonstrates the potential of digital care solutions to transform healthcare by providing flexible and dependable services that meet the needs of a diverse user base.

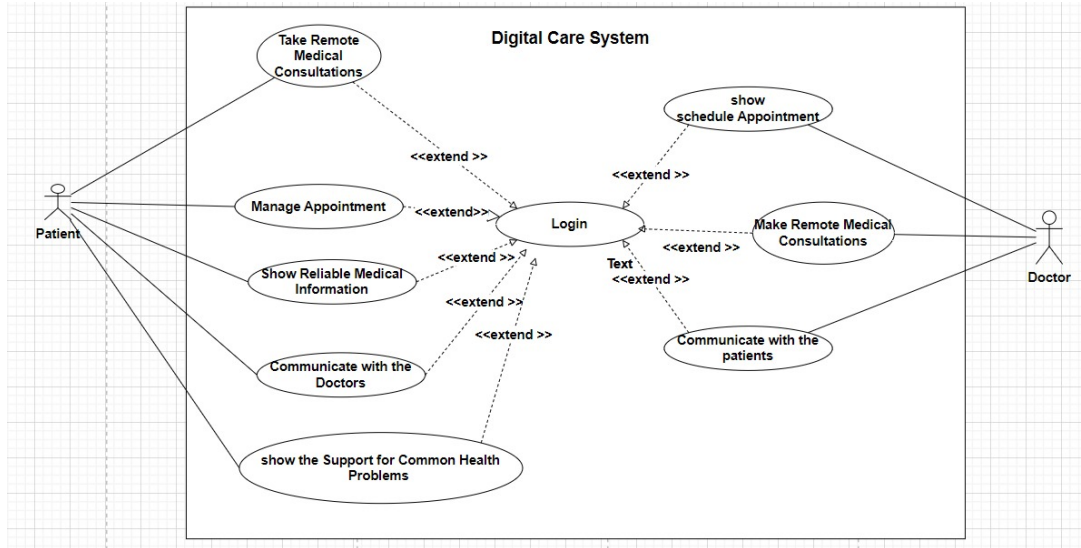


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## 3 Chapter 3

### 3.1 Introduction

In this chapter, we will explore the design of the digital healthcare system application through diagrams.

This chapter covers the Use Case Diagram and the Flowchart Diagram, which illustrate the main functions of the system and how it interacts with users, whether they are patients or doctors.

The system begins with a login process that allows users to access a variety of services such as remote medical consultations, appointment management, and communication with doctors.

These diagrams help clarify how the system operates in an organized and logical manner to ensure the provision of effective digital healthcare services.

### 3.2 Application Design

#### 3.2.1 Use Case Diagram

The focus is on the system's components and its main functions. The system starts with a login process, allowing patients and doctors to access a range of services. These services include:

- Telemedicine consultations, enabling patients to receive medical advice from their homes.
- Appointment management, allowing users to organize their appointments.
- Communication with doctors, facilitating interaction between patients and healthcare providers.
- Display of reliable medical information and support for common health issues.

#### 3.2.2 Flowchart Diagram

It presents the workflow of the login system. The user begins with the login process, where they can choose to create a new account or log in as an existing user. If the user is a patient, they can access medical consultations and appointment management, while doctors can add schedules and communicate with patients. This diagram illustrates how the different functions are connected in a logical and organized manner.

### 3.3 Conclusion

In conclusion, the application design of the digital healthcare system provides a clear and structured approach to delivering essential services like telemedicine consultations, appointment management, and communication between patients and doctors.

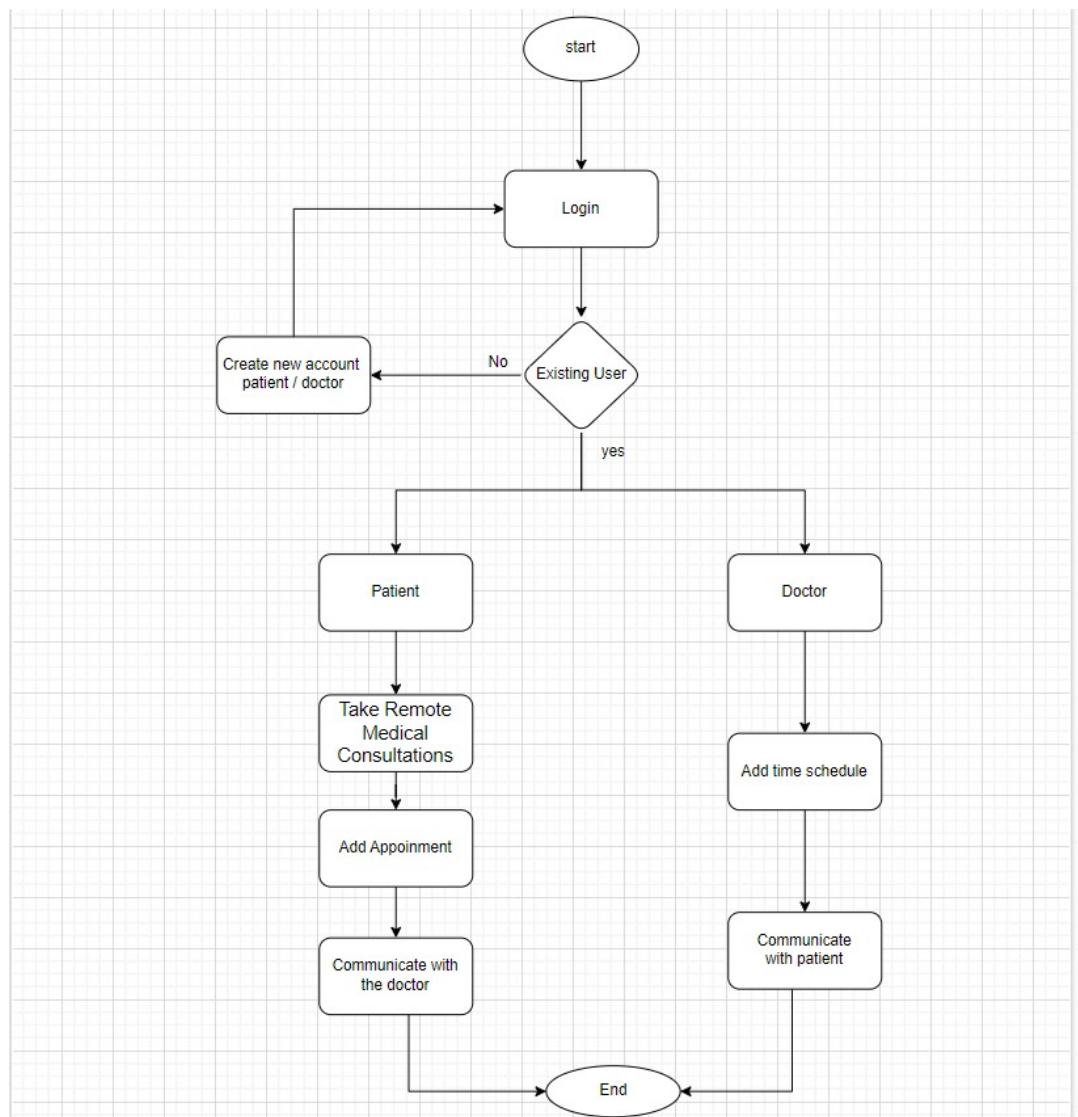


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The Use Case Diagram highlights the core functionalities, while the Flowchart Diagram demonstrates the user flow and the system's operations.

Together, these diagrams emphasize the system's ease of use, logical structure, and ability to meet the needs of both patients and healthcare providers, ensuring a streamlined and efficient healthcare experience.

## Conclusion

In conclusion, the requirements for implementing digital healthcare have been reviewed, encompassing both functional and non-functional requirements necessary to ensure the provision of reliable and effective medical consultation services. The importance of offering remote medical consultations, user registration, appointment scheduling, and securing personal data has been emphasized.

Additionally, the primary purposes of the application were discussed, such as facilitating access to healthcare and reducing issues related to waiting in hospitals, as well as concerns about infections. The results of a survey conducted with students indicated a significant interest in virtual services, highlighting the importance of ease of use and low costs to attract more users.

Finally, a comparison was made between the digital healthcare application and similar applications like Teladoc Health, emphasizing the features and drawbacks of each. The findings suggest that the digital healthcare application could be an ideal option to meet user needs if communication and security are improved, thereby enhancing their trust in using this service.

## References

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