

# "PARENTING SKILLS"



## ☞ SIMPLE RULES

- Give the children touch therapy which makes them free from stress.
- Sometimes let children enjoy the things that you don't like.
- Let them know how much hard work you are doing or have struggled in life.
- LOVE, FAITH, HOPE, TRUST, HEALTH & HYGIENE are solid foundations that values inculcations the more you give the more you get



Be TUNED IN to know more.....

For more guidance & tips email to - [parenting@wellnessway4u.com](mailto:parenting@wellnessway4u.com)

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