"A Bond of Love & Commitment"



Making time for each other

- Going on holidays at least for 2 to 3 days in a year, will remind you
 how much you love your spouse
- Going out in the evening together if not always 2 to 3 times a month
- Enjoying 5 movie nights at home a month if you do not find time to go out.

Be TUNED IN to know more......

For more guidance & tips email to - marriage@wellnessway4u.com

A Chaitanya Wellness Research Institute