

# "Your quality TIME is important for your child"



☞ Kids should be the topmost priority, because you brought them into the world

- Win their love & confidence, talk about how the child felt at school or at play



- Spend time with the child by playing sports on weekends
- Go for picnics or watch movies as a family.

Be TUNED IN to know more.....

For more guidance & tips email to - [parenting@wellnessway4u.com](mailto:parenting@wellnessway4u.com)

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