

"Your quality TIME is important for your child"



➡ Move out from a give and take relationship

- Enquire about their concerns
- Enquire about their likes and dislikes and not nag at them
- Discuss a movie that the family has watched, in such a manner that parent child bonding increases.



Be TUNED IN to know more.....

For more guidance & tips email to - parenting@wellnessway4u.com

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