

“Parenting is an Art”



☞ Reach out to your little one

- Pick their early signs of anger in childhood
- Monitor the content children watch on T.V, internet & games
- Improve play & sleep time of children
- If there is violence, gently reinforce concepts of good & bad.



Be TUNED IN to know more.....

For more guidance & tips email to - parenting@wellnessway4u.com

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