## Here comes WELLNESS WAY 4U CARAVAN

.... LIFE Ko De Naya Andaaz

## **Simple Method At Your Premises**

TO Guide YOU to safeguard YOUR most Valuable Asset - YOUR WELLNESS.

SAVE on Your Healthcare Costs, Enhance your Health, Happiness & Productivity Index

## **Unique German Body & Mind Analysis** (BPR System\*\*\*)

Time : 1 Minute
Process : Non-Invasive

**Report**: Your CURRENT Physical & Emotional Bar Charts. **Benefits**: Helps you to take remedial measures, guides in

planning personalised wellness programs & track your

progress.

\*\*\* Combining computer technology with the Eastern & Western Holistic healing and medical sciences.



Your Life Style & Thought Process Management Tools\*\*\*\*\*

(My Wellness Tracker, Anger Vent Box, Stress Buster, Mind Jumble)

Log on to www.wellnessway4u.com

Time : 10 Minutes daily

**Process**: Self Appraisal, updating of your daily inputs.

Report : Overview of your CURRENT Food, Activity & Emotion

patterns.

**Benefits**: Our Personalised organising Guidelines for the above

report, preventive healthcare & planning personalised

wellness programs.

\*\*\*\*\*Food, Activity, Environment & Emotions have huge impact on our physical & emotional Health.



Rewards at various levels of your positive performance



Group Size: Minimum 15 persons for above German Analysis services at your premises.



Consultancy & Contents by :

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