



Wellnessway4u.com

Life ko de Naya Andaaz



My Life Today

Input Process for Individuals - Same as Social Media – simply **talk about / review your** Daily Habits, relationship UPs & DOWNs & its possible triggers (Action – Reaction)

My Situation Today	Current Physical State
My Sleep Patterns	General Stressor
My Workout/ Activity	My Communication/ Interaction
My Food Today	My Workplace
My Relation/ Socializing	My Addictions



My Life Patterns

What

Track , Analyse & Manage better the pressure levels / non-productive / detrimental factors in your Physical & Emotional Life .

How

By applying various **combination of filters** such as keywords, criteria & Period (Days /Months /Years) .

Use

Key for better efficacy & planning individual specific treatment / therapy / coaching /counseling programs.



Benefits - WIN WIN SUPPORT TOOL FOR ALL

Individuals

Utilise your Online Consultation Forum to **reduce** non critical Healthcare Costs with Personalised Healthcare & Wellbeing Solutions.

Compare & Track effectiveness of Wellness Programs, Therapies, Coaching, Counselling etc for the duration of the program

Consistency of *Input process* pay off with **reward points and bonus points** at individual achievement levels as well as Referral.

Advisors

FACILITY -

- Setup your ONLINE Guidance Forum - a simple 24 x 7 support system / tool to facilitate Consultation & SAVE TIME for your Clients & yourself .
- Customise your dashboard with Themes, Wallpaper etc

PATIENT CENTRIC -

- Set patient specific questions for tracking required parameters.
- Track discussions
- Draw key insights from Individual's Life Patterns (**Individual Real Time Inputs – IRTI**) to plan their wellness programs.

Your REVENUE-

- Charging Fees to your patients/ clients is at your discretion.
- We do NOT take any margins on your Fees.
- Possibly an opportunity to be on Advisory Panel of Wellness Products & Services Providers.

Wellness Product and Service providers

Setup your ONLINE Guidance Forum - a simple 24 x 7 support system / tool to build Proactive Customer engagement. Specially for Nutraceuticals, Food Supplements, Sports & Fitness Equipments , Spas etc

- Generate **continuous, real-time Feedback** Data for Product Innovation & development
- Powerful medium for Marketing Promotion, Branding, POS.
- Collaborate with us as a Rewards Partner.