## "A Bond of Love & Commitment"

- Be truthful & a honest partner
  - Plan things together- going for a movie, garden, picnic spot on weekends
  - Planning for kids discuss with regard how to keep them engaged in tasks they enjoy doing
  - Respect each others opinions & choose the best one.

Be TUNED IN to know more......

For more guidance & tips email to - marriage@wellnessway4u.com

A Chaitanya Wellness Research Institute