

Inter College Activities on International Yoga Day Govt. Degree College Billawar is going to organize series of inter-collegiate online competitions on the eve of International Yoga day on 21-06-2020.

The competitions include ;

(A) Poster making/Slogan writing/Painting competition on theme "Effect of yoga on Health" (about various yoga Assans).

(B) Essay writing competition on theme "Yoga, the key to wellness"

(C) 30-45 seconds Video making competition of performing yoga.

Guidelines for participants:

1. The size of file to be uploaded should not exceed 10 MB.
2. Best 3 entries in each category shall be awarded with e-certificate of merit.
- 3 Maximum word limit for essay writing is 500 words.
4. Participants can submit their contributions through the link

https://docs.google.com/forms/d/e/1FAIpQLSetgA-ALrXDviGyGwSpDTTyPLaNtNp-BulkTx_pMWfKmD2Kzw/viewform?usp=sf_link

4. The link will remain active from 15-06-2020 (10 am) to 19-06-2020 (2pm).

5. Participants can also submit their contributions directly to the given email addresses:

1)yashpaulbotany2017@gmail.com and 2)arungaur.ju@gmail.com

Regards:

Prof. Sunil Uppal

Principal

GDC Billawar

Organizing Committee:

1. Asstt. Prof. Yash Paul
2. Dr. Arun Sharma
3. Asstt. Prof. Rajni kumari
4. Asstt. Prof. Anil verma
5. Dr. Mohd Mageem

For any query contact Dr. Arun sharma (9419148949).