## **Foot Volley**

## **Team Formation Rules:**

- 1. Girls and boys can form mixed teams.
- 2. Team composition: 5 (on field) + 2 (substitutes) A total of 7 players.
- 3. Team should comprise of players from minimum of 3 different batches.
- 4. The entire college is divided into 3 pools: 'A', 'B', 'C'.
- 5. Pool A consists of all football Inter IIT players from last two years.
- 6. Pool B consists of all girls volleyball Inter IIT players from last two years.
- 7. Pool C consists of all the rest of the players.
- 8. Team can consist of at most 2 players from both pools 'A' & 'B' combined.
- 9. If the team consists of two players from pool A, there must be a girl member in the team from pool C.
- 10. Staff and Faculty can make their own teams.

## **Game Rules:**

- 1. Only one bounce, inside your own half, is allowed every time ball crosses the net.
- 2. Maximum touches allowed = 3 (i.e. maximum 2 passes allowed between the players and the 3rd hit should cross the net onto the opposite side).
- 3. Every player has to play at least 1 set.
- 4. Consecutive touches by a player are not allowed, alternate touches are allowed.
- 5. Players must play on whistle.
- 6. If any player touches the net at any point of time during a rally, their team loses the point.
- 7. No player can cross any part of their body over the net onto the opposite side's court while hitting the ball.
- 8. Ball bouncing on the boundary lines is counted as IN.
- 9. Ball can be served by tossing and kicking it without bouncing on the ground. Missing to hit the ball will result in losing the point and the serve.
- 10. A player can serve at max 2 times as long as service does not break.
- 11. Service breaks if the team loses the point, the same player can't resume the service when they win their next point.
- 12. After a player has served once, he or she cannot serve again until all the teammates have served at least once.
- 13. Girls may use hands for service and playing.
- 14. Girls can use their hands behind the 2 meters line only.
- 15. Using hands in front of it is not allowed.
- 16. Girls may use their arms but only under the shoulder level.
- 17. Overarm shots are not allowed.
- 18. In-game substitutions are allowed at completion of half-set (8/15 or 6/11) or full set only.
- 19. Referee judgments are final.

## **Event Coordinator:**

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