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Health & Wellbeing App

*Connecting employees to smarter support
with BHSF Connect - our health and
wellbeing app*

**BHSF Connect can
empower employees to take**

control of their own health and wellbeing.

What is BHSF Connect? Watch this short video to find out.

Our app puts these essential services at the fingertips of any workforce:

- Access to GPs and medical specialists
- Counselling services for emotional support
- Health, fitness and lifestyle guidance
- Discounts on hundreds of well-known brands

BHSF Connect doesn't just help employees, there are also benefits for employers. Our mobile app can help to:

- Reduce stress and anxiety across your workforce
- Increase employee engagement
- Improve absenteeism and presenteeism
- Save time, by offering a connected wellbeing solution
- Fulfil a company's wellbeing commitments

Our app is customisable – we can incorporate a company's branding, info and own employee benefits to make it their company's health and wellbeing app. We can also replace products in BHSF Connect if a company wants us to. As standard, BHSF Connect includes the following services:

- 24/7 access to a GP
- Confidential helpline for support with emotional, financial and legal matters
- Smarter spending – discounts and special offers on hundreds of well-known brands
- Discounted gym membership and nutritional advice
- A comprehensive care and special needs support service provided by Grace Consulting
- Access to private medical specialists
- Tips for cyber safety and an email scanning service
- An online health assessment
- A range of personal insurance products that employees might find useful

Important information you need to know:

- We can build a BHSF Connect scheme within 5 working days
- In order to access the service, you'll receive an access code unique to your organisation
- We'll send PDF marketing materials to the email address provided
- This service will be contracted for 12 months
- Management info is available

Need to know more? Give us a call on **0121 454 3601** or email **connect@bhsf.co.uk**

[Get in touch](#)

Want to know more?

Start making a positive impact on the health and wellbeing of your employees today. It's simple to give your employees access to our health and wellbeing app – BHSF Connect. Fill out the form below and we will be in touch.

First name Last name
Telephone number Email address Company name
 Number of employees in company

Confirm your preferred method(s) of contact:

☐ email ☐ phone

Read our full privacy policy **[here](#)**.

Find out more about our health and wellbeing services:

[Our services](#)



[Download our brochure >](#)

BHSF Connect is an app that connects essential health and wellbeing services, putting them at your workforce's fingertips.

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