Latent Patterns in Activities: A Field Study of How Developers Manage Context

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Abstract—In order to build efficient tools that support complex programming tasks, it is imperative that we understand how developers program. We know that developers create a context around their programming task by gathering some relevant information needed. We also know that developers decompose their tasks recursively into smaller units. However, important gaps exist in our knowledge about: (1) the role that context plays in supporting smaller units of tasks, (2) the relationship that might exist among these smaller units, and (3) how context flows across them. The goal of this research is to gain a better understanding of how developers structure their tasks and manage context through a field study of ten professional developers in an industrial setting. Our analysis reveals that developers decompose their tasks into smaller units with distinct goals, that specific patterns exist in how they sequence these smaller units, and that developers may maintain context between those smaller units with related goals.

Index Terms—context, task decomposition, field study

I. Introduction

Programming is a creative endeavor in which developers engage in different types of closely-related activities to complete a development task. They explore different solutions [1], review past histories [2], backtrack [3] and more. We need to know how these activities relate, interleave, and build upon each other to truly understand how developers work, which is essential if we wish to build tools that seamlessly support all the different programming activities.

Studying developers activity has been a topic of research for decades. As early as 1984 Vorburgh et al. studied programming environments, identifying 14 factors influencing team productivity [4]. More recently Ko et al. studied the information needs of developers [5] and Meyer et al. studied how developers work habits correspond with their perceptions of productivity [6].

From the collected work, two key observations emerge that are pertinent to the research questions explored in this paper.

First, developers work in short bursts of activities. For example, Gonzalez and Mark [7] and Meyer et. al. [6] found that developers organized their development tasks into smaller, basic units of work.

Second, as developers work on their task they create a context that drives their development activities. This context encompasses relevant information needed to complete the development task [8]. Eg. to fix a bug, a developer needs to know about the bug (from its description in the issue tracker), how to replicate the bug (discussion snippet in the issue

tracker), what the code currently does (lines of source code), and so on. All these information elements together create the context of the bug-fix task.

These two observations have been the source of much subsequent work. Some have built tools to recommend the project artifacts that are relevant to a developer's task [9]–[11]. Other work has looked further into how developers recursively decompose a development task into a hierarchy of subtasks" [12]. Yet others have investigated how developers' working style across subtasks correspond with their perception of productivity [6] or how productive developers' differentiate themselves from average productive developers based on how they decompose their (testing)tasks [13].

Despite all this work, important gaps still remain in our understanding of how developers actually go about solving complex programming tasks. Specifically, while research has identified the role that context plays in supporting development tasks and identified that developers decompose their tasks into smaller units, the relationship among these smaller units of work, or the role context plays in supporting these smaller units of tasks, or how context flows from one unit to another has not been studied thus far.

That is, while it is useful to study individual smaller units of tasks, it might be equally useful to understand how these units relate to one another. For instance, do patterns in how developers structure their development tasks into smaller units and do these correspond to specific types of development task (e.g, bug fix, refactoring code, implementation). As another example: how does context evolve from one smaller unit of task to another—is it tossed away upon the completion of a smaller unit of task and constructed anew for the next or is it carried forward?

In this paper, we aim to close this gap by observing developers in a field study. We observed ten software developers at a software company. We recorded their development activities as well as interactions with artifacts while they worked on their own development tasks, in their own programming environments. We also performed a follow-up survey which helped us validate our findings about how developers decompose tasks and create context.

Our work makes the following observations about development behavior:

• Different patterns emerge in how developers organize their tasks into smaller units of tasks.

- The patterns in which these smaller task units are organized depend on the type of the development task.
- The specific goal of a smaller unit of task is instrumental in creating the context surrounding it, which guides developers' interactions with artifacts.
- As developers move from one smaller unit of tasks to another they *sometimes* maintain the context and whether this happens is dependent on the relationship between the units of tasks.

Understanding these development behaviors is fundamental to tool builders and researchers who want to build development environments that better support programming activities.

II. DEFINITIONS

We present the definitions through a concrete scenario of Charlie.

Goal: The end towards which development effort is directed. For example, Charlie wants to refactor the code base. Goals are composed of subgoals. Figure 1 shows an example of a goal that is broken down into three subgoals. A developer may identify the subgoals right away, or create them organically as they proceed. For example, to refactor the code base, Charlie can have subgoals: understand why the code has to be refactored (Subgoal 1), identify the parts of the code that have to be refactored (Subgoal 2), and replace old code with new code (Subgoal 3).

Action: A development effort, that is, steps performed by a developer towards reaching their subgoal.

For example, to replace old code with new code (Subgoal 3), Charlie may take the following actions: (a_1) open the class file A in his editor (navigate), (a_2) read file A (read), (a_3) delete old extraneous section of code (edit), (a_4) add new code (edit), and (a_5) compile the results (execute). [See Table II]

Episode: A series of loosely connected actions that are performed continuously one after the other (temporally related) or performed to complete a subgoal.

For example, the above actions (a_1-a_5) compose an episode guided by Charlie's subgoal of replacing old code with new code (Subgoal 3). In Figure 1 this is Episode 4. Had Charlie been interrupted or taken other actions related to another subgoal, the above set of actions would be divided into two separate episodes.

Context: The information that is used to perform a development effort, which includes the artifact, the interaction with the artifact (observable), and the sensemaking of the artifact (not observable).

For example, Charlie reads lines of code (artifact) to understand why an incorrect piece of code needs to be refactored; the code artifact and the interaction (reading) is defined as the context. Similarly, Charlie may delete the "incorrect" code before he writes the new lines of code. Even though the artifact is the same, the different sensemaking creates two different contexts.

Working Context: We define the context that is required to complete actions in an episode as working context. Developers

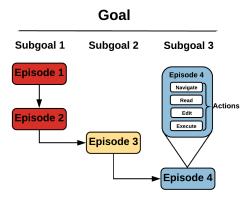


Fig. 1: Depiction of a Goal, subgoals, episodes, and actions.

may use parts (or all) of a working context from a prior episode when executing their actions in a current episode.

III. METHODOLOGY

We conducted a field study where we observed ten developers working on their programming tasks. Each session was about an hour long and included a 15 min retrospective interview(total observation time: 6 hrs, 40 min across ten sessions). We unobtrusively observed the workspace, computer-screens, and interactions of each developer as per the "fly on the wall" technique [14]. We then validated our findings through a follow-up survey, as per guidelines by Easterbrook et al. [15].

A. Study Design

Our study participants were recruited from Company X, a software startup in the USA.

The startup operates in the area of distributed developer tools/services. As a result, there are distinct areas of work such as: program analysis, UI, infrastructure/middleware support, and R&D. Due to this, we observed participants working with diverse languages and styles. Our participants volunteered to participate and were not compensated.

Table I presents demographic details, including developers' experiences (average 5 yrs 9 mo) and their preferred programming language.

TABLE I: Study Participant Demographics

Ptc.i	Gender	Exp.ii	Language(s)iii	Editor ^{iv}	
P1	M	21y 0m	Java	Eclipse	
P2	M	1y 11m	Clojure	Eclipse	
P3	M	1y 10m	Clojure, Java	Emacs	
P4	M	7y 3m	Clojure, Python	Emacs	
P5	M	2y 0m	Clojure, Java, Haskell	Emacs	
P6	M	2y 0m	TypeScript, Java, Clojure	VS Code	
P7	M	5y 0m	C/C++	Emacs	
P8	F	15y 0m	JavaScript, CSS	VS Code	
P9	M	0y 9m	C, Prolog	Sublime	
P10	F	1y 0m	Python	PyCharm	

ⁱ Ptc. = Participant ⁱⁱ Exp. = Years/months of software development experience ⁱⁱⁱ Preferred programming language(s) ^{iv} Editor used in session

We observed developers performing their regular development tasks in a typical workday. We demonstrated the thinkaloud protocol [16] and requested participants to verbalize their thoughts and interactions during the session, which we recorded using two separate microphones for redundancy. Each session was recorded using screen capture software (Zoom). Additionally, participants' physical workspace was video recorded to capture all artifacts, including paper and whiteboard media using video camera (GoPro).

For each session, one researcher was positioned behind the participant taking in-situ field notes. During the session, the researcher noted additional information of activities performed by the participant (e.g. reviewing design notes on paper before writing code in the editor). An additional researcher was located in a separate room not visible to the participant, who monitored the screen and audio recording of the participant to take secondary field notes. The first and second authors were responsible for the data collection and alternated between being primary and secondary (field) notetakers.

We time-boxed the sessions to 45 minutes to allow us the time to perform a retrospective interview (15-20 minutes). Longer sessions would have been undesirable as per the feedback of company management. We stopped participants at the 45 minute mark, except P6 who had completed his task early (after 34 minutes). He indicated that he would typically take a brief break before starting his next task, which he estimated would take longer than the 11 minutes we had remaining in the session.

At the end of the session, participants were asked to complete a brief demographic survey (see Table I). While the participant was completing the survey, the researchers briefly compared and discussed their field notes to identify the portions of the screen capture videos that were of interest or needed following up.

Researchers next performed a 15 minute retrospective interview in which the interviewers stepped through events of interest in the screen capture videos and asked the participant questions about those events.

B. Data Analysis

After all study sessions were complete, the third and fourth authors transcribed the retrospective interviews and thinkaloud verbalizations and annotated them with timestamps.

TABLE II: Action Codes

Action	Definition
Read	Examining information from artifacts (e.g. code, documentation, terminal output)
Edit	Any change made directly to code or related artifacts.
Navigate	Moving within or among artifacts (e.g. pulling files from Git, opening files, scrolling through a file).
Execute	Compiling and/or running code.
Ideate	Constructing mental model of future changes.

Coding was performed in three steps. First, each *action* was coded in the transcripts through multiple raters and high Inter Rater Reliability measures among them. Second, the units of

measurement—subgoals and episodes—were defined through negotiated agreement among the four authors using the first half of P4s data. Third, the patterns were identified through by analyzing these units from the entire dataset through negotiated agreement. A detailed description and walk-through of the coding scheme can be found on our companion site¹.

Coding of the session data (screen capture video, transcripts, and field notes) included coding: (1) the verbalized overall goal and subgoals within the session, (2) annotating the active artifacts (i.e. artifacts with which participant interacted with at that moment), and (3) actions taken by the participant, which is presented in Table II.

Prior to coding the *actions* in the data, we took two five minute segments from P4's data and unitized them into 24 and 22 actions, respectively. The first four authors then individually labeled each action with the codes described in Table II.

We calculate inter-rater reliability (IRR) using Fleiss Kappa. The kappa value was 0.647 (24 instances, 4 raters, p-value < 0.001) and 0.908 (23 instances, 4 raters, p-value < 0.001) in first and second rounds of coding respectively.

We next leveraged the combination of coded actions and verbalizations to identify the *subgoals*. We segmented the actions to their appropriate subgoal based upon timestamp of the action and the thematic topic of each subgoal. For most segments, the subgoal was readily discernible from the verbalizations. For example, P4 indicated "I need to create a new entry into this module." This verbalization occurred at the same time as P4 switched from the read action to the edit action, which provided further evidence of the transition between subgoals.

Additionally, we identified the *episodes* of actions within the data by using the actions, subgoals, and relationships between them. The transitions between episodes were identified based upon either a change in subgoal, or a period of non-development activity (e.g. interruptions or taking a break). For example, P6 mentioned: "Now I am going to move node methods from the hierarchy service." In this instance, the verbalization provided a clear delineation between episodes based upon the new subgoal that was described (moving node methods).

To ensure validity of the coding of episodes and subgoals, the first four authors incrementally coded the first half of the data of P4 using *negotiated agreement* to create a standardized coding scheme and improve it to an acceptable point where there was no more ambiguity in any of data points [17]. After this, the first and second authors coded the episodes and subgoals for the data from P1–P4, and the third and fourth authors coded the data for P5–P10.

C. Validation Survey

To validate the patterns of episodes that we found from the data analysis, we conducted a follow-up survey with our participants. We were unable to contact P8 since she had left the company prior to the start of the survey.

¹https://sarmaresearch.github.io/ICSE19-ContextGoalsPaper/

The survey consisted of two sets of questions and took about 15 minutes to complete. The full set of survey questions can be found on our companion site¹.

The first set of questions introduced a brief development scenario and provided participants with a set of information elements (e.g., Java compile error message indicating reference error, Java compile error message indicating memory out of bounds) and multiple software development actions (e.g., execute code in a terminal window). Participants had to match the information elements that they thought were relevant to the actions based on the description of the scenario.

The second set questions showed patterns in which episodes could be arranged, which are described later in Section IV-B. These patterns were described in text as well as graphically. Participants had to rank the patterns based on how frequently they used them, and then provide rationale behind their most-frequently used and least-frequently used pattern.

D. Limitations of the study

As any field study, our findings are derived from a limited number of observations regarding the development efforts of our participants in a single software development company. However, our participants performed different types of development tasks, ranging form implementing core program analysis, server management, web interface development, and analysis modeling. They also used varied environments such as, feature-rich IDEs like Eclipse to advanced code editors like Emacs. Our observational study intends to identify patterns that arise in common software development tasks. Generalizability, although desirable, was not a primary objective of our study. Instead we aim to present findings that can be transferred to various contexts providing contextual support to programmers [18].

While we only observed 10 developers for 45 minutes each, our primary units of analysis are the 242 episodes and 130 subgoals discovered during these sessions. The inherent nature of an observational think-aloud study might cause the data to be affected by the Hawthorne effect, response bias or create additional cognitive load in participants needing to think aloud [19]. Such limitations are prevalent in protocol studies and can be removed in additional studies that instrument a developers' workspace in the background.

As is the case in any qualitative study, our findings are subjective to the researchers' perceptions. We mitigated this threat through rigor in our analysis process by using four raters, maintaining inter-rater reliability and using a well defined coding scheme [20]. We also validated our findings with the perceptions of the developers through a follow-up survey.

IV. RESULTS

A. Goal Structuring

RQ1: How do developers structure their software development goals?

Developers structure their development goals into episodes of actions, each of which is driven by a particular subgoal. We observed 242 episodes driven by 130 distinct subgoals. Table III presents the individual number of episodes and

TABLE III: Goals, Episodes, and Subgoals in Field Study

Participant	Goal Type	Episodes	Subgoals	Duration ⁱ
P1	Debugging	38	10	0:46:43
P2	Implementing	23	12	0:47:36
P3	Refactoring	24	17	0:46:23
P4	Implementing	15	9	0:43:37
P5	Debugging	37	12	0:30:40
P6	Refactoring	10	8	0:34:06
P7	Refactoring	15	11	0:28:23
P8	Implementing	22	14	0:44:09
P9	Implementing	27	17	0:45:19
P10	Debugging	32	20	0:34:02
	Totals	242	130	6:40:58

ⁱ Duration of each study session (h:mm:ss)

subgoals per participant during the study, the duration (in hh:mm:ss format) of each session, and the goal type for the session (as verbally indicated by the participant at the start of each session).

On average study sessions were 40 minutes 6 seconds long, and included 24.2 episodes driven by 13 subgoals. The distribution of the episodes and subgoals across goal types reveal that not all goal types use the same structure.

Participants working on an *Implementation* goal (four participants) had an average study duration of 45 minutes, 10 seconds; with 21.75 episodes driven by 13 subgoals. The average time spent per episode was 2 minutes 5 seconds, whereas the average time spent per subgoal was 3 minutes 28 seconds.

Participants working on a *Refactoring* goal (three participants) had an average study duration of 36 minutes 17 seconds; with 16.33 episodes driven by 12 subgoals. The average time spent per episode was 2 minutes 13 seconds, whereas the average time spent per subgoal was 3 minutes 1 second.

For participants working on a *Debugging* goal, they deviated from the overall average. There were three participants working on Debugging goals and the average study duration was 37 minutes 8 seconds; with 35.67 episodes driven by 14 subgoals. The average time spent per episode was 1 minute 2 seconds, whereas the average time spent per subgoal was 2 minutes 39 seconds.

We found that Debugging goals require shorter, more frequent episodes of actions. Although the overall session was similar, participants working on a Debugging goal worked in more episodes—13.92 and 19.34 additional episodes—when compared to participants working on a Implementation or Refactoring goal, respectively. The average duration of the episodes for the Debugging goal was shorter: 1 minute 2 seconds and 1 minute 11 seconds shorter than the episodes for Implementation or Refactoring goals, respectively.

We hypothesize that debugging requires more cognitive load per episode of actions: Debugging requires locating the source of the bug, comprehending the code associated with the bug, and modifying the code to fix it. Whereas, Implementation and Refactoring actions relies more on sense-making and modifying the code, than finding specific parts of (faulty) code.

The average subgoal duration for Debugging was also the shortest (2 minutes, 39 seconds), which was 49 seconds and 22 seconds shorter than for Implementation and Refactoring sub-goals, respectively. This indicates that Debugging goals require more frequent context-switching between subgoals.

Gonzalez et al. [7] found that people average about 3 minutes on a task (which is synonymous with a subgoal in our study). Our results also show that, on average, subgoals last for 3 minutes 5 seconds. However, we also find that this varies according to the goal type and that developers purposefully structure their goals in order to switch between subgoals approximately every 3 minutes.

In summary, we find that, on average, developers structure their goals into 1.87 episodes that are focused on the same subgoal for about 3 minutes 5 seconds. The duration and frequency of these subgoals and episodes varies according to the goal type.

B. Patterns in Episodes Structuring across Subgoals

RQ2: What patterns do developers employ when working in and across subgoals?

Developers decompose their goals into subgoals, which drive episodes of actions. We observed that these episodes occur in patterns that are formed as a developer works through different subgoals over time.

Our participants structured episodes into five distinct patterns. We observed that participants arranged their episodes in sequence across different subgoals (*Sequential* pattern), concurrently across two subgoals (*Concurrent*), recursively into increasingly fine-grained subgoals (*Recursive*), by revisiting previous subgoals to reorient (*Grounding*), or by exploring two alternate subgoals (*Alternating*). Figure 2 illustrates each of these patterns.

1) **Sequential Pattern**: Developers work in sequential episodes that span different subgoals, the Sequential pattern. Each subgoal helps define subsequent subgoals.

TABLE IV:	Frequency	of Pattern	Instances	in	Field	Study

Ptc.i	Sequential	Concurrent	Grounding	Recursive	Alternate
P1	1	5	4	2	0
P2	2	1	1	1	0
P3	2	0	1	2	0
P4	1	0	2	1	0
P5	0	2	2	0	0
P6	2	0	1	0	0
P7	2	0	1	0	0
P8	3	0	2	0	0
P9	3	0	2	2	2
P10	4	1	3	1	0
Avg.ii	2.00	0.90	1.90	0.90	0.20

ⁱ Ptc. = Participant ii Average instances per participant for a given pattern.

Figure 2 (a) illustrates P3 decomposing his refactoring goal into three sequential subgoals. Towards Subgoal 1, P3 replicated a method related to the translator property ensuring that there were no errors in the process. After successfully completing this subgoal, he replicated several methods related to the conversion property (Subgoal 2). Finally, he created a query method to be used in the replicated properties (Subgoal 3). Throughout this sequence, P3 did not return to working on any prior subgoal.

The Sequential pattern was the most frequent pattern. We observed 20 instances of this pattern across 9 out of 10 participants (90%). This pattern was typically used during code experimentation. Table IV provides the distribution of pattern occurrences per participant.

Developers perceived the Sequential pattern to be useful and prevalent in their work. 8 of 9 validation survey participants indicated that they use the Sequential pattern either *sometimes* or *most of the time* (88.88%); see Table V for individual participant responses. Participants ranked the Sequential pattern as the most frequently used pattern(avg. rank: 1.55). P2 indicated:

"Using this pattern makes it easier to decompose complex tasks because previous stages are completed before moving on to the next."

2) **Grounding Pattern:** Developers reorient themselves to their overarching goal by revisiting a prior subgoal—the *Grounding* pattern. Grounding typically involves building and executing code, running tests, and checking system status; which are all time-intensive processes.

Figure 2 (b) illustrates P9 evaluating the data format of a query (Subgoal 1). He then edited the query (Subgoal 2), and created a method to wrap the output data (Subgoal 3). In order to ensure that the query was returning data in the correct format, he grounded himself by revisiting the original query (return to Subgoal 1). P9 had to recall the previous format of the query (episode 1) to evaluate whether his implementation was successful.

The frequency with which participants grounded themselves varied across participants. Eight participants (80%) grounded themselves after a single episode. For example, P9 explored different syntax to implement a sorting algorithm. He built and executed the code at several points to verify his solution. These executions represent instances of the Grounding pattern, which typically occurred when participants iterated through experimental solutions. We also observed four participants (40%) working through several episodes before grounding themselves. In these cases, participants typically grounded to evaluate their progress, reorient to the overarching goal, and transition to the next subgoal. For example, P1 grounded himself after six episodes and said:

"What I wanna try getting next is just to [implement another minor feature]"

8 of 9 validation survey responses (88.88%) indicated that participants use the Grounding pattern either *sometimes* or *most of the time*; see Table V for individual participant

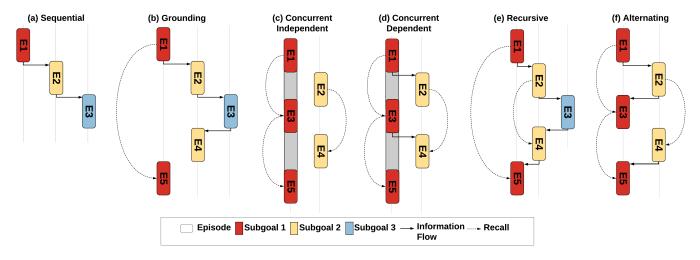


Fig. 2: Visual Illustration of Observed Patterns

responses. Participants ranked the *Grounding* pattern as the second most frequently used pattern (avg. rank: 2.11).

We conclude that when developers work on exploratory subgoals they evaluate their progress by "grounding". P4 said:

"[Grounding pattern] allows me to see the results of each step (like stepping through in a debugger)..."

3) **Concurrent Pattern:** Developers occasionally work concurrently towards one subgoal, while waiting on a process undertaken towards a different subgoal (e.g. builds, tests, code reviews); we refer to this as the *Concurrent* pattern.

Based on the relationships between subgoals, we observed two variations of the Concurrent pattern: independent and dependent concurrency. **Concurrent Independent** pattern instances emerge when the two concurrent subgoals are independent of each other (i.e. the completion of one subgoal is not required in order to complete the other subgoal). **Concurrent Dependent** pattern instances emerge when the two concurrent subgoals are dependent upon each other (i.e. a deviation in the expected behavior of the ongoing process related subgoal demands immediate attention).

Figure 2 (c) illustrates P5 triggering a build (Subgoal 1). While waiting for the build to finish, he began searching and reading documentation about a specific query API (Subgoal 2). When the build finished with an error notification, he switched back to the build configuration and made additional changes and triggered a new build (Subgoal 1). Instead of waiting for the build, P5 (again) returned to reading documentation about the query API (Subgoal 2). This is an occurrence of the *Concurrent Independent* pattern. During the study, P5 described this sequence of episodes by saying:

P5: "While this is running, I am going look for the query slice... I haven't interacted with the query interface in a couple months so I am going to familiarize myself with the code."

By contrast, the Concurrent Dependent pattern is illustrated in Figure 2 (d), which shows P1 running the tests (Subgoal 1) and starting to commit all modified files (Subgoal 2) prior to seeing the test results. Since he was working concurrently, P1 had already committed several files before some of the tests failed. This forced P1 to halt committing, fix the broken code, and restart the tests. P1 then had to revert his previous commits (Subgoal 2), and exclaimed: "Now, I gotta get rid of those [commits]!" Committing the modified files (Subgoal 2) was dependent upon the tests passing (Subgoal 1).

We observed nine instances of this pattern across 4 out of 10 participants (40%).

5 out of 9 survey participants (55.55%) stated that they use the Concurrent pattern either *sometimes* or *most of the time*. However, two participants indicated that they *never* use this pattern; see Table V for individual participant responses. Participants ranked the Concurrent pattern as the least frequently used (avg. rank: 4.11).

The episodes towards one of the subgoal in the Concurrent pattern are off-loadable either to Computer processes or other personnel, which might explain the low frequency with which participants use this pattern.

As P6 said: "[I will use the Concurrent pattern] if one of my tasks involves a lot of waiting or downtime." Additionally, a blocked subgoal can be attributed to coordination issues such as waiting for a code review, as indicated by P3: "[I will use the Concurrent pattern] when I have two subtasks completely unrelated and I'm waiting for code review in some of them."

Past work has shown that developers pursue two subgoals concurrently to increases productivity [6]. We similarly find that *independent* subgoals can be beneficial to a developers' productivity. However, we see that working on *dependent* subgoals can actually inhibit productivity and force unwanted context-switches.

4) **Recursive Pattern**: Developers decompose their subgoals into recursively nested subgoals. In this pattern, each subgoal is dependent upon the successive subgoals.

Figure 2 (e) illustrates P4 attempting to create a query function. He initially started to debug the existing query code (Subgoal 1). After realizing that a helper function was needed (Subgoal 2), he realized that an appropriate filter function was needed during implementation. After successfully implement-

ing the filter (Subgoal 3), he retraced back and completed the helper function (Subgoal 2) and query (Subgoal 1).

6 of 10 participants (60%) used the Recursive pattern. This pattern typically emerged when developers were working on a relatively unexplored problem space.

6 out of 9 validation survey participants stated that they *sometimes* or *most of the time* recursively structure their tasks (Table V). Recursive pattern was perceived as the third most frequently used pattern (avg. rank: 3.11).

The variation in the participants' ranking of the Recursive pattern suggest that the situations in which this pattern can be used are infrequent or complex. P9 stated he:

- "... would use it if I was facing a problem that I anticipate to be very large and complex."
- 5) Alternating Pattern: Developers occasionally work simultaneously on two or more subgoals that represent alternative solutions to a larger goal; we refer to this as the Alternating pattern. Developers switch frequently between episodes of actions towards each subgoal. Unlike the Concurrent pattern, in an Alternating pattern developers maintain some parts of their context towards the active subgoals at all times.

Figure 2 (f) illustrates P5 exploring two alternate solutions to a missing dependency error. P5 started implementing the solution from the first discussion forum posting (Subgoal 1), followed by implementing a different solution from another posting (Subgoal 2). P5 continued to move back and forth between working towards the two subgoals, iteratively completing portions of both solutions and comparing.

We observed two instances of this pattern by one participant (10%), thus making this pattern the least frequent in our study.

7 of 9 validation survey participants indicated that they *rarely* use the Alternating pattern.

Participants also ranked the Alternating pattern as the least frequently used pattern (avg. rank: 4.11), tied with the Concurrent pattern.

Alternately exploring solutions requires maintaining different contexts, as pointed out by P7:

"I use this pattern as a way to consider the context of a problem across different solutions."

The Alternating pattern occurred rarely in our study, partially due to the sessions being limited to one overarching goal, but also likely due to the high perceived costs of maintaining multiple simultaneous contexts.

To summarize, we observed that developers organize episodes in different patterns. These patterns have specific characteristics that enable specific kinds of subgoals. In our study, we found five distinct patterns used by real-world developers. These developers structured their individual episodes into sequential, grounded, concurrent, alternating, and recursive patterns for a variety of subgoals.

C. Managing Context across Episodes

RQ3: How do developers maintain context across episodes? The five distinct patterns observed in section IV-A enable different types of subgoals. Each pattern was associated with

unique artifacts and interaction with these artifacts. These interaction patterns contribute towards the working context of the developer. Recall, a working context is comprised of episodes, which are formed as developers gather information and interact with specific artifacts.

To understand how developers manage working context throughout their goal, we need to understand how developers interact with artifacts and how information flows across episodes. Developers likely gain relevant information through their interactions with artifacts; creating unique information flows for each pattern. To confirm our understanding of information flows across working contexts, we asked validation survey participants to examine several different scenarios and identify the relevant information that contributes to individual actions, episodes, and subgoals. The survey can be accessed from our companion site¹.

Figure 3 represents the responses from the survey participants to the five survey questions related to information relevancy and information flow for specific development patterns. We asked one question per pattern, using neutral language that avoids biasing responses towards any particular pattern. *Information elements* are shown as colored curved lines; The vertical heights correspond to the number of participants that perceived that element to be relevant to a particular action. *Actions* are shown in time sequence order along the horizontal axis; denoted as a₁ through a₈. Actions are divided into *episodes* and the borders between episodes are denoted by grey vertical lines.

1) **Sequential Pattern**: When developers structure episodes in the Sequential pattern, consecutive episodes share at least one artifact. These episodes also involve artifacts that are unique to an individual episode.

For example, during his session, P3 decomposed a goal of creating a query interface into three sequential episodes; each towards a different subgoal. Across these three episodes, P3 interacted with the query_interface file. All other artifacts were used in exactly one episode. Such observations suggest that participants maintain related information across sequential episodes.

The Sequential pattern (see Figure 3a) shows a gradual shift in the relevancy of information i.e. information flows across episodes. Examining the figure further, we see that participants perceived the information from *element 4* (green line) to be relevant across all four episodes. Other than *element 4*, every episode had unique information elements perceived to be relevant to them. The peaks of *element 1* (red line), *element 2* (purple line), *element 3* (blue line) and *element 5* (orange line) all show only one rise in relevancy, indicating that these had fairly localized relevancy that did not span across the episodes.

Thus, in the Sequential pattern, the working context overlaps between subsequent episodes. Since each subsequent episode is towards a new subgoal, some information and artifacts lose relevancy and are no longer part of the working context. However, there are also cases where some information

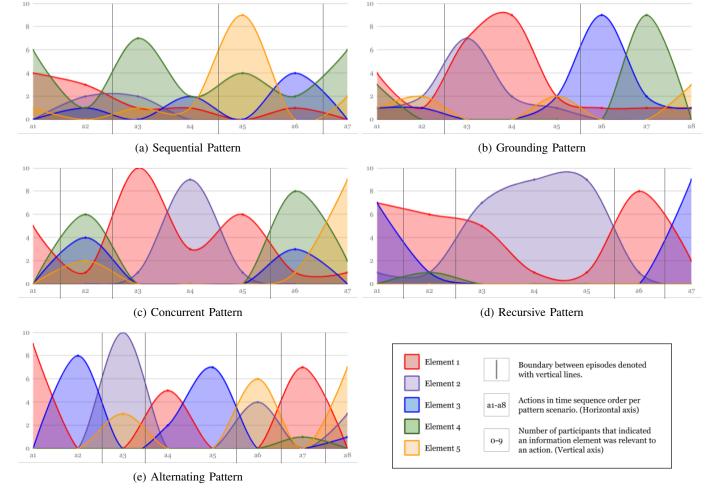


Fig. 3: Information Relevancy and Flow for Episode Patterns

remains in the working context over a longer period (e.g. *element 4* in Figure 3a).

2) Grounding Pattern: When developers work through many episodes, towards multiple subgoals, they require grounding in order to reorient themselves to the larger goal. The Grounding pattern occurs when developers interact with a different set of artifacts than what is required for their current subgoal.

Figure 3b shows information that participants found relevant in three episodes that adhere to the Grounding pattern. The first $(a_1 \text{ and } a_2)$ and last (a_6-a_8) episodes are instances of "grounding". The second episode (a_3-a_5) denotes an implementation which is then evaluated in the third episode.

We found that in this case information is relevant to individual episodes. The information about the implementation from the second episode (a_3-a_5) is no longer relevant once "grounded", as shown in the Figure 3b.

In conclusion, in a Grounding pattern a working context exists temporarily. Once "grounded", the elements in the working context are no longer relevant.

3) Concurrent Pattern: Instances of the Concurrent pattern occur when developers switch between subgoals before completing processes intended to address earlier subgoal(s). The

Concurrent pattern involves two consecutive episodes that do not share artifacts (i.e. developers work with two distinct sets of artifacts).

In the Concurrent pattern example described in Section IV-B3, P5 triggered a build (subgoal 1), and before the build could complete, he began examining the code structure of a particular query command (subgoal 2). In this example, the artifacts required for each subgoal are distinct and thus can be "concurrently" managed between episodes.

The Concurrent pattern indicates that information from one subgoal is irrelevant to the other subgoal. To verify this observation, we asked participants to identify relevant information for actions taken across two concurrent subgoals. The example Concurrent pattern provided in the validation survey had four episodes across two subgoals (shown in Figure 3c). The first (a_1) and third (a_3-a_5) episodes share the same subgoal, while the second (a_2) and fourth $(a_6$ and $a_7)$ episodes share a different subgoal.

Figure 3c shows *element 1* (red line) and *element 2* (purple line) to be relevant for the episodes sharing the first subgoal. Whereas information for *element 3* (blue line), *element 4* (green line), and *element 5* (orange line) was relevant for the episodes sharing the second subgoal. The separation between

these distinct sets of information, arising from their particular subgoals, provides evidence that information flows between episodes with shared subgoals, and not across episodes with separate subgoals.

From our observations, two separate working contexts exist when a developer concurrently works on two distinct subgoals.

4) **Recursive Pattern:** Developers decompose their subgoals recursively into other subgoals. In the Recursive pattern, each subgoal is associated with the next subgoal and, thus, a subgoal is likely to share artifacts with the next subgoal.

For example, P3 structured his task into three recursive subgoals. However, he interacted with three distinct sets of artifacts when working towards these subgoals.

Figure 3d shows the five episodes structured into three recursive subgoals for a scenario with a Recursive pattern. The first (a_1) and the last (a_7) episodes share subgoal 1, the second (a_2) and fourth $(a_4$ and $a_5)$ episodes share subgoal 2, and the third $(a_3$ and $a_4)$ episode was directed towards subgoal 3. Participants indicated that information *element 3* (blue line) to be highly relevant in subgoal 1, *element 1* (red line) to be relevant for subgoal 2, and *element 3* (blue line) to be the most relevant for subgoal 3.

The figure indicates that information flows symmetrically around the lowest level of recursive subgoals. In Figure 3d the axis of symmetry resides at the a_4 action, with the first two episodes (comprising a_1 and a_2) and the last two episodes (comprising a_6 and a_7) resides within their respective halves of the recursive scenario. Additionally, we see that information relevancy mirrors across the axis of symmetry with *element* I (red line) and *element* I (blue line) peaking in both halves, and *element* I (purple line) peaking around the axis.

Based on survey responses, we can conclude that for *Recursive subgoals, developers manage distinct working contexts* for each subgoal.

5) Alternating Pattern: In this pattern, developers switch between two subgoals of alternate solutions. Alternating subgoals have two distinct sets of artifacts, which combine together as time moves forward. This suggests that, as developers progress with comparing alternate solutions, information gained from episodes targeting one subgoal can be used in future episodes targeting another subgoal.

For example, P5 tried two alternate solutions to debug a missing dependency error. For the first few episodes, P5 interacted with separate artifacts for each subgoal. However, after the fourth episode, P5 used a combined set of all artifacts when working towards the two subgoals.

Figure 3e shows the information our participants perceived to be relevant across these five episodes that represent the Alternating pattern. For the first (a_1-a_2) and third (a_4-a_5) episodes, information *element 1* (red line) and *element 3* (blue line) were considered more relevant. For the second (a_3) and fourth (a_6) episodes, information *element 2* (purple line) and *element 5* (orange line) were considered relevant.

In the last episode (a₈), participants indicated that a combination of information elements (previously used separately) were now relevant together. This confirms our observation that,

in an Alternating pattern, information from episodes towards one subgoal will eventually be used towards another subgoal. Thus, in an Alternating pattern, developers start with two separate contexts that eventually combine into a single context.

V. RELATED WORK

A. Task Management

Perry et al. [21] conducted two empirical studies on the social and organizational processes of developers and found that developers work in two hour chunks, spending most of their time on writing code and having unplanned interactions with colleagues. Perlow [22] conducted a qualitative study of how optimally software engineers use their time at work. Gonzalez and Mark [7] also found work fragmentation is a common phenomena. Our observations also show work fragmentation among developers, with 242 distinct work episodes across participants.

Meyer et al. [6], [23] conducted two separate studies to investigate developers' daily activities and observed that developers spend their time on a wide variety of activities, switching regularly between them, and that they perceive context switches to be generally harmful to productivity. However, O'Conaill and Frohlich [24] and Hudson et al. [25] report that in many cases interruptions can be beneficial and bring relevant information. We find that developers don't just "switch" context, they maintain context to various degrees across these "switches" based on their current subgoal. Information, from both interactions and interruptions, that developers perceive as important flows across related episodes.

B. Information Needs & Flow

Many researchers [5], [26], [27] found that developers perceive questions about the rationale and intent of a code difficult to answer. The majority of questions developers ask relate to the aggregation of information into and across context. Their findings show that developers have significant information needs, which bolsters our research into understanding how developers manage context in their daily activities.

Sillito et al. [28], [29] conducted two qualitative studies of programmers' information needs when performing change tasks. They found that participants asked lower-level questions as part of answering higher-level questions. They further noted that participants sometimes asked linear questions and other times branched out questions about the same entity. We observed similar patterns in how developers structure their subgoals.

C. Context Management

Kersten and Murphy [11] introduce Mylar, a tool which captures the task context of program elements by monitoring the programmer's activity. Gasparic et al. [8] present a context model that includes thirteen contextual factors, (in four main categories: *who*, *what*, *where*, and *when*), captured in various situations to enhance interactions within an IDE.

Fritz et al. [30] introduce a model that capture context through developers' authorship and interaction information.

TABLE V: Pattern Validation through Member Checking

Ptc.i	Sequential		Concurrent		Grounding		Recursive		Alternate	
	Frequency	Rank	Frequency	Rank	Frequency	Rank	Frequency	Rank	Frequency	Rank
P1	Sometimes	2	Sometimes	4	Sometimes	3	Most of the time	1	Rarely	5
P2	Sometimes	1	Rarely	5	Sometimes	2	Sometimes	3	Sometimes	4
P3	Sometimes	2	Never	5	Most of the time	1	Rarely	3	Rarely	4
P4	Sometimes	2	Sometimes	3	Most of the time	1	Sometimes	4	Rarely	5
P5	Sometimes	2	Never	5	Rarely	1	Most of the time	3	Rarely	4
P6	Sometimes	1	Rarely	5	Sometimes	2	Sometimes	3	Rarely	4
P7	Sometimes	1	Sometimes	3	Sometimes	4	Sometimes	2	Sometimes	5
P9	Most of the time	1	Most of the time	2	Sometimes	4	Rarely	5	Rarely	3
P10	Rarely	2	Sometimes	5	Most of the time	1	Rarely	4	Sometimes	3
Avg.	Sometimes (1.6) ⁱⁱ	1.6	Never (4.1) ⁱⁱ	4.3	Sometimes (2.1) ⁱⁱ	1.9	Sometimes (3.1) ⁱⁱ	3.3	Rarely (4.1) ⁱⁱ	4.0

¹ Ptc. = Participant ¹¹ Frequency responses converted to numerical form for calculating averages (0: Never, 1: Rarely, 2: Sometimes, 3: Most of the time).

Petcharat and Murphy [31] introduce Spyglass, which suggests tools to aid program navigation based on the context of their work. Sedigheh and Murphy [32] captures context through three factors—discovery patterns, recent command usage, and elapsed time since last activity. In this paper we investigate the effect of developer's intention (of what they want to work on) on how they maintain context. We hypothesize that intention and interaction plays equally important roles when modelling context.

VI. CONCLUSION AND DISCUSSIONS

Our results show that individuals organize their development efforts into a series of episodes, which form different patterns. We found five such patterns: *Sequential*, *Grounding*, *Concurrent*, *Recursive*, and *Alternating*.

Studying context at a smaller granularity (subgoal) is important as development efforts typically occurred at the episode level. Furthermore, work thus far typically addresses the *how* and *when* developers perform context switches when working across tasks and its cognitive loads [8]. We are the first to start to observe how context (or parts of it) is maintained when developers move from one episode to another.

1) Implications for Researchers: We found that patterns in episodes are associated with the type of development task. For example, debugging tasks were "fast and furious", involved shorter episodes and more switching across subgoals. In contrast, developers were much more deliberate when implementing or refactoring, resulting in longer episodes and less frequent switches between subgoals.

Further research is needed to understand the role of the environment or programming language in task decomposition. While this was not our focus, our survey alludes to this: P1 (working in Java) stated that he "often" performs recursive tasks and ranked Recursive as his most frequent pattern.

Task decomposition may also depend on individual differences in problem solving styles [33]. For example, tinkerers who typically do things in small increments are likely to leverage the Grounding pattern, whereas planners are more likely to leverage Sequential pattern where they comprehensively

process all information needed to solve a task and then decompose it methodically into smaller, organized subgoals. Further studies will allow us to better understand these differences and design tools that are inclusive to all problem solving styles.

We used the participants' verbalizations to identify when subgoals changed. While this worked well for our qualitative analysis, an automated approach that identifies such boundaries will help in larger studies as well as building tools. We plan to experiment with machine learning and natural language processing approaches to identify these sub-goal boundaries automatically.

2) Implications for Tool Builders: Current recommendation tools [9]–[11] typically leverage the relationships between artifacts to recommend other relevant artifacts. Our results indicate that episode patterns impact which artifacts are considered relevant for the current subgoal. For instance, in the Sequential pattern an artifact was consistently used across all episodes. In contrast, in the Recursive pattern artifacts lost and then gained relevance when developers switched back to a subgoal. Leveraging this correspondence between patterns and artifact relevancy can help improve context-aware artifact recommendation.

Another area of tool improvement is interruption management. Development of tools like FlowLight [34] operationalizes the notion of interruptibility of a developer by using a physical indicator to signal when they are busy. However, such tools either encode interruptibility as a function of time or some physical aspect of developer interaction such as typing speed. In contrast, the end of an episode or a sub-goal is likely a better indicator of interruptibility. This nuanced understanding of episode patterns and subgoal structures provide further opportunities to improve interruption notification.

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