

Tisha Parmar

Toronto, ON | 647-806-6574 | tishap058@gmail.com

PROFESSIONAL SUMMARY

Medical Sciences undergraduate with hands-on experience in pharmacy operations, blood donor care, and high-volume healthcare environments. Proven ability to support patient safety, manage confidential health information, and collaborate with multidisciplinary teams. Seeking opportunities to further develop clinical, research, and patient-centered care skills.

EDUCATION

Western University

Bachelor of Medical Science (BMSc)

London, ON

Expected April 2027

- Relevant Coursework: Human Anatomy & Physiology, Cell Biology, and Microbiology & Immunology

LEADERSHIP & ENVOLVEMENTS

Canadian Blood Services

Blood Donor Volunteer

Brampton, ON

May 2025 - Present

- **Greet and support donors** throughout the donation process, helping maintain a calm, welcoming, and donor-centered environment during high-volume clinics
- **Stock and organize** food and supplies to maintain a clean recovery area
- Engage **professionally** with donors and staff to support smooth clinic operations
- Support clinic efficiency by assisting staff with donor flow, recovery area organization, and supply readiness

ISSO Swaminarayan Mandir

Cultural and Community Volunteer

Toronto, ON

January 2018 - Present

- Organize and facilitate **cultural and spiritual events**, including summer camps, festivals, and educational programs, fostering community engagement and cultural awareness
- Lead and supervise activities for **children and youth** during large-scale cultural programs, promoting teamwork, creativity, and inclusivity in groups of 30–100+ participants
- Support and manage **event logistics**, such as setting up venues, managing schedules, and ensuring smooth **execution of programs**

SRx Pharmacy

Pharmacist Assistant

Toronto, ON

June 2024 - September 2024

- Assisted **licensed pharmacist** in preparing and dispensing medications, ensuring accuracy and compliance with prescription orders
- Organized and **maintained inventory** by restocking shelves, labeling medications, and conducting regular audits to ensure optimal stock levels
- Supported **administrative tasks**, including updating patient records, processing prescription orders, and managing confidential information

- Provided exceptional **customer service** by addressing patient inquiries, clarifying medication instructions, and directing concerns to pharmacist as needed

Camp Manitou

Organizer and Leader

Ontario

September 2022 - May 2023

- Coordinated with team members to design and implement diverse activities, including team-building exercises, workshops, and recreational events
- Provided **leadership and mentorship** to students, promoting collaboration, inclusivity, and personal growth
- Planned and executed a **large-scale camp experience** for 200+ participants, fostering school spirit, collaboration, and community engagement

SKILLS & INTERESTS

Clinical & Healthcare Skills

- Patient and donor interaction
- Prescription processing & data entry
- Inventory management

Certifications

- Standard First Aid & CPR/AED

Technical Skills

- Proficiency in Microsoft Word tools, Excel and Powerpoint

Languages

- Fluent in English, Gujarati, and Hindi