

PCOLCE (Procollagen C-Proteinase Enhancer) in Collagen Assembly and Fibrosis

Overview

Thesis: Procollagen C-endopeptidase enhancer 1 (PCOLCE, also known as PCPE-1) is a secreted glycoprotein that specifically accelerates the proteolytic maturation of fibrillar procollagens by bone morphogenetic protein-1 (BMP-1) and related enzymes, thereby promoting proper collagen fibril assembly ¹ ². Discovered in the 1980s as a co-factor enhancing procollagen processing ³, PCPE-1 binds the C-propeptide of procollagen and the BMP-1 protease, organizing the collagen triple-helix for efficient C-terminal cleavage ⁴ ⁵. This mechanism ensures timely conversion of procollagen to collagen, a rate-limiting step in fibrillogenesis ⁶ ⁴. In pathological conditions, PCPE-1 is markedly upregulated in fibrotic tissues, tightly correlating with excessive collagen deposition ⁷ ⁸. The following sections provide a structured overview: **(1.0)** PCPE-1's structure and binding properties, **(2.0)** its role in the collagen maturation process, and **(3.0)** its involvement in fibrosis as a potential biomarker and therapeutic target.

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graph TD
    Procollagen[Procollagen I/III trimer<br>(with C-propeptides)] -- binds --> PCPE-1[PCPE-1<br>(Enhancer protein)]
    Procollagen -- substrate for --> BMP-1[(BMP-1<br>C-proteinase)]
    PCPE-1 -- bridges --> BMP-1
    PCPE-1 -- CUB domains bind --> Procollagen
    PCPE-1 -- NTR binds --> HSPG[(Syndecan HSPGs)]
    BMP-1 -- tethered by --> Fibronectin[(Fibronectin ECM)]
    PCPE-1 -- also binds --> Fibronectin
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graph LR
    A[Procollagen secreted<br>with propeptides] --> B[PCPE-1 attaches<br>to procollagen C-propeptide]
    B --> C[BMP-1 cleaves C-propeptide<br>(PCPE-1 enhances efficiency)]
    C --> D[Tropocollagen released<br>& self-assembles into fibrils]
    D --> E[Collagen fibrils mature<br>(crosslinking and bundling)]
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1.0 PCPE-1 Structure and Binding Properties

¶1 Ordering: This section first outlines the identification and domain architecture of PCPE-1 (¶2), then details its binding interactions with collagen and protease partners that underlie its enhancer function (¶3).

¶2 Discovery & Composition: PCPE-1 was first identified in the mid-1980s as a protein co-purifying with procollagen C-proteinase activity, found to significantly increase the cleavage of type I procollagen's C-propeptide ³. By the 1990s, the human PCOLCE gene (encoding PCPE-1) was cloned and characterized, revealing a secreted glycoprotein of ~55 kDa ⁹. PCPE-1 is composed of two N-terminal CUB domains and one C-terminal netrin-like (NTR) domain ¹⁰, and it undergoes post-translational modifications (glycosylation, disulfide bonding) essential for proper folding and activity ¹¹. Notably, PCPE-1 itself has no enzymatic activity; its role is to bind procollagen and facilitate enzyme interaction ¹² ¹³. A homologous enhancer protein, PCPE-2 (gene *PCOLCE2*), shares the same domain structure but is less ubiquitously expressed and less studied in collagen metabolism ¹⁴ ¹⁵.

¶3 Binding Mechanism: The dual CUB domains of PCPE-1 bind tightly (sub-nanomolar K_{D}) to the C-propeptide region of fibrillar procollagens I-III ⁵. This binding is calcium-dependent and positions PCPE-1 in a 1:1 stoichiometry on the procollagen triple helix ¹⁶ ¹⁷. Meanwhile, the NTR domain mediates a weak but functionally important interaction with the BMP-1/tolloid protease ¹⁸. The NTR also binds heparan sulfate proteoglycans (e.g. syndecan family) on cell surfaces and fibronectin in the extracellular matrix ¹⁹ ²⁰. Through these interactions, PCPE-1 is thought to localize and orient the collagen substrate and enzyme together at the pericellular matrix. Importantly, PCPE-1's action is highly specific: it accelerates C-terminal procollagen cleavage without affecting other BMP-1 substrates or interfering with other metalloproteinases ²¹. This specificity allows PCPE-1 to boost collagen fibril formation selectively, ensuring fidelity of the collagen assembly process ¹ ²¹.

2.0 Role in Collagen Maturation and Fibrillogenesis

¶1 Ordering: This section describes the normal process of collagen fibrillogenesis (¶2) and then explains how PCPE-1 accelerates the critical procollagen processing step to drive efficient fibril assembly (¶3).

¶2 Procollagen Processing: Fibrillar collagens (types I, II, III) are synthesized as procollagens, each polypeptide bearing N- and C-terminal propeptide extensions that keep the molecule soluble ². After secretion into the extracellular space, these propeptides must be removed to allow the collagen triple helices (tropocollagen) to spontaneously assemble into quarter-staggered fibrils ². The C-propeptide removal is a key rate-limiting step catalyzed by procollagen C-proteinases (primarily BMP-1 and related tolloid metalloproteinases) ¹. BMP-1 cleaves the C-propeptides of procollagens I-III, triggering rapid lateral assembly of the trimmed collagen molecules into fibrils. Proper timing of this cleavage is critical: premature or inefficient cleavage can disrupt fibril formation, whereas efficient processing promotes robust and organized fibrillogenesis.

¶3 PCPE-1 Enhancement Mechanism: PCPE-1 greatly boosts the efficiency of C-propeptide cleavage, effectively acting as a co-factor for BMP-1. Kinetic studies have shown that PCPE-1 can increase the catalytic efficiency ($k_{\text{cat}}/K_{\text{M}}$) of BMP-1 by roughly 12-15-fold on type I and III procollagens ⁴. Mechanistically, the CUB domains of PCPE-1 bind the procollagen's C-propeptide "stalk" region near the BMP-1 cleavage site ⁵. By anchoring to two of the three collagen chains, PCPE-1 induces a conformational distortion that exposes one chain's cleavage site to the protease ²² ²³. This oriented complex both increases BMP-1's binding affinity for the substrate and its turnover rate ⁴ ²³. Once BMP-1 cleaves the first procollagen chain, the remaining two chains are cleaved in succession (aided by the altered substrate geometry), yielding a fully processed tropocollagen trimer ²⁴. Throughout this process, PCPE-1 may also transiently interact with BMP-1's non-catalytic domains via its NTR domain, further stabilizing the enzyme-substrate complex ¹⁸ ²⁵. The end result is an accelerated and synchronized release of C-propeptides,

ensuring that collagen monomers are converted into fibrils efficiently during extracellular matrix assembly. Notably, PCPE-1's enhancer function is dedicated to collagen maturation – no other BMP-1-dependent proteolytic events are influenced by PCPE-1, preserving other extracellular matrix processes unaffected ²¹ .

3.0 PCPE-1 in Fibrosis and Therapeutic Implications

¶1 Ordering: This section examines evidence linking PCPE-1 to fibrotic disease: first the overexpression of PCPE-1 observed in fibrotic tissues (¶2), then functional studies implicating PCPE-1 in fibrosis severity and its potential as a biomarker/therapeutic target (¶3).

¶2 Overexpression in Fibrotic Tissues: A growing body of research from the 1990s onward indicates that PCPE-1 is upregulated whenever pathological fibrosis occurs. Initial studies in 1997 showed that in a rat model of liver fibrosis (induced by chronic CCl₄ injury), hepatic stellate cells from cirrhotic livers had significantly higher *Pcolce* mRNA than those from healthy liver, and PCPE-1 protein became detectable in fibrotic liver tissue whereas it is normally absent in healthy liver ²⁶ . Since then, many reports have found PCPE-1 over-expression to be a consistent feature of fibrosis across multiple organs ⁷ ⁸ . For example, in cardiac fibrosis models, PCPE-1 levels in the heart increase several-fold in response to pro-fibrotic stimuli like myocardial infarction or chronic hypertension, closely mirroring the rise in collagen type I deposition ²⁷ ⁸ . Similar patterns are observed in lung, kidney, and skin fibrosis, where fibrotic lesions show elevated *PCOLCE* expression and protein levels compared to normal tissue ⁷ ²⁸ . PCPE-1 upregulation often appears early in the fibrogenic process, making it a candidate early marker of active fibrosis ²⁹ ³⁰ .

¶3 Functional Role and Target Potential: The correlation between PCPE-1 and fibrosis is not merely observational; recent functional studies suggest PCPE-1 actively contributes to fibrotic collagen accumulation. In one study, mice genetically deficient in PCPE-1 (*Pcolce* knockout) were protected from excessive collagen deposition in a diet-induced liver fibrosis model: despite similar injury (steatohepatitis), the *Pcolce*^{-/-} mice developed significantly less collagen fibrosis than wild-type, with ~50% reduction in insoluble collagen content ³¹ . Notably, the absence of PCPE-1 did not alter upstream inflammatory or pro-fibrotic gene expression, indicating that PCPE-1 specifically affects the collagen maturation/extracellular matrix output of fibrosis rather than its initiation ³¹ . Consistent with these findings, human studies report that PCPE-1 protein is markedly elevated in end-stage fibrotic organs (e.g. cirrhotic livers of NASH or hepatitis patients) compared to non-fibrotic controls ³² . Together, these data implicate PCPE-1 as a pro-fibrotic factor that amplifies collagen buildup. Accordingly, there is considerable interest in PCPE-1 as both a fibrosis biomarker and a therapeutic target ²¹ ³³ . Inhibiting PCPE-1's interaction with procollagen or with cell/ECM anchors could attenuate the reinforcement of collagen fibrogenesis, offering a novel anti-fibrotic strategy ³³ . Likewise, measuring PCPE-1 levels in circulation or tissue might help in early detection or monitoring of fibrotic progression ³⁴ ³⁵ . In summary, PCOLCE/PCPE-1 plays a critical role in normal collagen assembly and, when dysregulated, in pathological fibrosis – making it a focal point for ongoing research into fibrosis diagnostics and therapy.

Sources: Adar *et al.*, 1986 ³ ; Takahara *et al.*, 1995 ⁹ ; Lagoutte *et al.*, 2021 ²¹ ⁷ ; Weiss *et al.*, 2014 ¹ ²⁰ ; Sansilvestri-Morel *et al.*, 2022 ³¹ ; Ogata *et al.*, 1997 ²⁶ .

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